

(12) STANDARD PATENT
(19) AUSTRALIAN PATENT OFFICE

(11) Application No. **AU 2015292856 B2**

(54) Title
Expandable coating compositions and use thereof

(51) International Patent Classification(s)
C09D 5/02 (2006.01) **C09J 11/08** (2006.01)
C09D 201/00 (2006.01) **C09J 201/00** (2006.01)
C09J 5/06 (2006.01)

(21) Application No: **2015292856** (22) Date of Filing: **2015.07.21**

(87) WIPO No: **WO16/014486**

(30) Priority Data

(31) Number	(32) Date	(33) Country
62/027,826	2014.07.23	US

(43) Publication Date: **2016.01.28**

(44) Accepted Journal Date: **2018.12.06**

(71) Applicant(s)
Henkel IP & Holding GmbH

(72) Inventor(s)
Huang, Tianjian;Thompson, Kristina;Waski, Daniel;Getty, Kris

(74) Agent / Attorney
Spruson & Ferguson, GPO Box 3898, Sydney, NSW, 2001, AU

(56) Related Art
WO 2007091961 A1
US 4094685 A



(43) International Publication Date
28 January 2016 (28.01.2016)

(10) International Publication Number
WO 2016/014486 A1

(51) International Patent Classification:

C09D 5/02 (2006.01) *C09J* 11/08 (2006.01)
C09D 201/00 (2006.01) *C09J* 201/00 (2006.01)
C09J 7/04 (2006.01) *C09J* 5/06 (2006.01)

(21) International Application Number:

PCT/US2015/041275

(22) International Filing Date:

21 July 2015 (21.07.2015)

(25) Filing Language:

English

(26) Publication Language:

English

(30) Priority Data:

62/027,826 23 July 2014 (23.07.2014) US

(71) Applicant: **HENKEL IP & HOLDING GMBH**
[DE/DE]; Henkelstrasse 67, 40589 Duesseldorf (DE).

(72) Inventors; and

(71) Applicants (*for US only*): **HUANG, Tianjian** [US/US];
22 Runyon Street, Hillsborough, New Jersey 08844 (US).
THOMPSON, Kristina [US/US]; 34 Studer Road, Clinton,
New Jersey 08809 (US). **WASKI, Daniel** [US/US];
238 N. Carolina Avenue, Elmhurst, Illinois 60126 (US).
GETTY, Kris [US/US]; 1413 Wincanton Drive, Deer-
field, Illinois 60015 (US).

(74) Agents: **LEHMANN, SunHee** et al.; Henkel Corporation,
One Henkel Way, Rocky Hill, Connecticut 06067 (US).

(81) Designated States (*unless otherwise indicated, for every
kind of national protection available*): AE, AG, AL, AM,
AO, AT, AU, AZ, BA, BB, BG, BH, BN, BR, BW, BY,
BZ, CA, CH, CL, CN, CO, CR, CU, CZ, DE, DK, DM,
DO, DZ, EC, EE, EG, ES, FI, GB, GD, GE, GH, GM, GT,
HN, HR, HU, ID, IL, IN, IR, IS, JP, KE, KG, KN, KP, KR,
KZ, LA, LC, LK, LR, LS, LU, LY, MA, MD, ME, MG,
MK, MN, MW, MX, MY, MZ, NA, NG, NI, NO, NZ, OM,
PA, PE, PG, PH, PL, PT, QA, RO, RS, RU, RW, SA, SC,
SD, SE, SG, SK, SL, SM, ST, SV, SY, TH, TJ, TM, TN,
TR, TT, TZ, UA, UG, US, UZ, VC, VN, ZA, ZM, ZW.

(84) Designated States (*unless otherwise indicated, for every
kind of regional protection available*): ARIPO (BW, GH,
GM, KE, LR, LS, MW, MZ, NA, RW, SD, SL, ST, SZ,
TZ, UG, ZM, ZW), Eurasian (AM, AZ, BY, KG, KZ, RU,
TJ, TM), European (AL, AT, BE, BG, CH, CY, CZ, DE,
DK, EE, ES, FI, FR, GB, GR, HR, HU, IE, IS, IT, LT, LU,
LV, MC, MK, MT, NL, NO, PL, PT, RO, RS, SE, SI, SK,
SM, TR), OAPI (BF, BJ, CF, CG, CI, CM, GA, GN, GQ,
GW, KM, ML, MR, NE, SN, TD, TG).

Published:

— with international search report (Art. 21(3))

(54) Title: EXPANDABLE COATING COMPOSITIONS AND USE THEREOF

(57) Abstract: The present invention is directed to impact resistant and/or thermally insulative coating compositions for protective packages. Particularly, the protective packages include envelopes, pillows and Gusseted bags that house fragile and/or perishable objects during transport or mailing. The coating composition, upon heat or radiation trigger, expands at least 2500% in volume. The protective packages coated with the coating composition provide impact resistance, high strength, thermal insulation and light-weighting.



WO 2016/014486 A1

EXPANDABLE COATING COMPOSITIONS AND USE THEREOF

FIELD OF THE INVENTION

[0001] The present invention relates to impact resistant and/or thermally insulative coating compositions for protective packages. The coating composition, upon heat or radiation trigger, expands at least 2500% in volume. Packages coated with the coating composition provide impact resistance, high strength, thermal insulation and light-weighting. Particularly, this invention relates to an envelope, pillow or package bag that will house a fragile and/or perishable object during transport or mailing as protective package.

BACKGROUND OF THE INVENTION

[0002] Traditional and widely used protective packaging materials include various padding or filler materials that are useful as impact and/or thermal insulations. For instance, package bag lined with plastic bubble wraps or foamed inserts, used alone or in conjunction with foam “peanuts” and bubble wraps are used for shipping fragile objects. Also, mailers with an outer pouch and an inner inflated liner are available; however, they are bulky in size or special machinery is required to force and seal the air in the liner as described in US 2011/019121.

[0003] Because large portions of the traditional protective packaging materials are made out of plastic, they do not biodegrade and thus, have a negative impact on the environment.

[0004] The present invention seeks to improve protective packaging, through the use of a coating composition that provides impact resistance, high strength, and light-weighting to renewable and/or recyclable substrates. The present invention provides more environmentally and economically sound protective packages for shipping fragile and/or perishable objects. The present invention also seeks to minimize dependence on special machinery with readily available appliances, e.g., ovens and microwaves.

SUMMARY OF THE INVENTION

[0005] The present invention relates to coating compositions for protective packages that provide impact resistance, high strength, thermal insulation and light-weighting. The present invention further provides an article that comprises the coating composition applied onto a substrate. The coating composition, upon heat or radiation trigger, expands at least 2500% in

volume. The article with the expanded volume can house a fragile and/or perishable object during transport or mailing with substantially less plastic materials.

[0006] In one embodiment, there is provided a coating composition comprising a water-based polymer prepared by emulsion polymerization; a plurality of expandable microspheres having a T_0 (onset of expansion) and T_m (maximum expansion); and optionally an additive. The water-based polymer has a modulus less than 0.3MPa and a $\tan\delta$ greater than 0.35 at $(T_m - T_0)/2$.

[0007] Another embodiment provides a process for forming a protective packaging article comprising the steps, (1) preparing a composition comprising a water-based polymer prepared by emulsion polymerization and a plurality of expandable microspheres having a T_0 and T_m ; (2) applying the coating composition onto a substrate, which is a paper, paperboard, wood, or foil; (3) drying the coating composition to substantially remove the water; and (4) expanding the composition. The water-based polymer has a modulus less than 0.3MPa and a $\tan\delta$ at $(T_m - T_0)/2$ is greater than 0.35. The drying temperature is less than T_0 and the expanding temperature is T_0 or greater.

[0008] Yet another embodiment is directed to a protective packaging article comprising a substrate and a coating composition comprising a water-based polymer prepared by emulsion polymerization; a plurality of expandable microspheres having a T_0 and T_m ; and optionally an additive. The water-based polymer has a modulus less than 0.3MPa and a $\tan\delta$ greater than 0.35 at $(T_m - T_0)/2$. The substrate is a paper, paperboard, wood, metallic paper, metallic paperboard or foil. In some embodiments, the substrates may be a recycled or recyclable plastic or plastic film.

DETAILED DESCRIPTION OF THE INVENTION

[0009] The present invention provides a coating composition that provides impact resistance, high strength, thermal insulation and light-weighting upon heating or applying radiation to the coating composition. The coating composition and the article made with the coating composition is more environmentally sound, e.g., reduces plastic waste.

[0010] The present invention is based on the discovery that a coating composition for protective packages comprising a water-based polymer, a plurality of expandable microspheres having a T_0 and T_m , and optionally an additive provide impact resistance, high strength, and light-weighting. The coating compositions described herein may be applied onto recyclable and renewable

substrates of a protective package, and upon heating or applying radiation to the coating composition, the expandable microspheres expand. The protective packaging products useful herein include flexible envelope or pillow that will house a fragile and/or perishable object during transport or mailing without using bulky packaging materials.

[0011] The coating composition may be made from any number of materials. Desirably, the coating composition includes a water-based polymer prepared by emulsion polymerization; a plurality of expandable microspheres having a T_0 and T_m ; and optionally a wax dispersion additive. The water-based polymer has a modulus less than 0.3MPa at $(T_m - T_0)/2$ and a $\tan\delta$ at $(T_m - T_0)/2$ greater than 0.35. The coating composition may further include one or more preservatives, tackifiers, plasticizers, humectants or fillers. Other materials that do not adversely affect the coating composition and expansion properties of the coating composition may be used as desired.

[0012] The coating composition includes a water-based polymer prepared by emulsion polymerization. The emulsion polymer may be present in the coating composition in any amount, and desirably is present in an amount of from about 50% to about 99.5 wt%, preferably from about 50% to about 70 wt%, by weight of the coating composition prior to setting of the composition. Depending on the emulsion polymer, the solid levels vary from about 40 wt% to about 60 wt%, based on the emulsion polymer.

[0013] The water-based polymer may be selected so that it can be highly plasticized by water. This allows efficient expansion for the microspheres during heating. Preferably, the emulsion polymer is stabilized by hydrophilic protective colloids. The water-based polymer prepared by emulsion polymerization may be a single grade or a mixture of synthetic emulsion polymer or polymers of a natural origin. The water-based polymer prepared by emulsion polymerization may include any desired polymer components, including vinyl acetate ethylene dispersion, polyvinyl acetate, polyvinyl acetate polyvinyl alcohol, dextrin stabilized polyvinyl acetate, polyvinyl acetate copolymers, vinyl acetate ethylene copolymers, vinylacrylic, styrene acrylic, acrylic, styrene butyl rubber, polyurethane and mixtures thereof. Particularly preferred emulsion polymer components are vinyl acetate ethylene dispersion, vinylacrylic, styrene acrylic, acrylic, and polyvinyl acetate.

[0014] In one embodiment, the water-based polymer has an elastic modulus less than 0.3 MPa at the mid-point of the expandable microspheres T_0 and T_m : $(T_m - T_0)/2$. All reported modulus measurements, unless otherwise stated, were conducted in accordance with ASTM D5026. In another embodiment, the water-based polymer has a $\tan\delta$ greater than 0.35 at $(T_m - T_0)/2$ of the expandable microspheres.

[0015] The coating composition further includes a plurality of pre-expanded or expandable microspheres having a polymeric shell and a hydrocarbon core. The pre-expanded microspheres are fully expanded and do not need to undergo further expansion. The expandable microspheres useful in the present invention should be capable of expanding in size in the presence of heat and/or radiation energy (including, for example, microwave, infrared, radiofrequency, and/or ultrasonic energy). The microspheres useful in the present invention include, for example, heat expandable polymeric microspheres, including those having a hydrocarbon core and a polyacrylonitrile shell (such as those sold under the trade name DUALITE®) and other similar microspheres (such as those sold under the trade name EXPANCEL®). The expandable microspheres may have any unexpanded size, including from about 12 microns to about 30 microns in diameter. In the presence of heat, the expandable microspheres of the present invention may be capable of increasing in diameter by about 3 times to about 10 times. Upon expansion of the microspheres in the coating composition, the coating composition becomes a foam-like material, which has improved impact resistance and insulation properties. It may be desired, as will be explained below, that the expansion of the microspheres takes place in a partially set coating composition.

[0016] The expandable microspheres have a particular temperature at which they begin to expand (T_0) and a second temperature at which they have reached maximum expansion (T_m). Different grades of microspheres have different onset expansion temperature and maximum expansion temperature. For example, one particularly useful microsphere has a T_0 of about 80°C to about 100°C. While any particular grade of microspheres may be used in the present invention, the T_0 and T_m of the microspheres should be taken into account when formulating and processing. The temperature at which the microspheres have reached maximum expansion (T) is desirably from about 120°C to about 130°C.

[0017] Although the choice of the particular microspheres and their respective T_0 and T_m is not critical to the invention, the processing temperatures may be modified depending upon these temperatures. Before the coating composition is fully dried, these microspheres are able to move within the composition and are able to expand. Once the coating composition is fully dry, however, the microspheres are substantially locked in place, making expansion thereof difficult, if not impossible.

[0018] In preferred embodiments, it is desirable that the expandable microspheres be present in the coating composition in an amount of from about 10% to about 40% by weight of the coating composition prior to setting of the composition, and more desirably from about 15% to about 30% by weight of the adhesive coating composition prior to setting of the composition. The expansion ratio of the expandable microspheres and the loading level of the microspheres will be related to each other.

[0019] Depending on the fully expanded size of the microspheres, the amount of the expandable microspheres in the coating composition can be adjusted. Depending upon the particular expandable microspheres used in the composition, the desired amount of the microspheres in the composition may be modified. Typically, if the coating composition includes too high a concentration of expandable microspheres, there will be insufficient adhesion and strength upon expansion of the microspheres, thereby weakening the structural integrity of the composition.

[0020] It has been discovered that the addition of 10% to about 40% of expandable microspheres by weight of the coating composition prior to setting allows for improved structural integrity. The expanded coating has a greater than 2000%, preferably greater than 2500%, total volume expansion from a wet or partially-dry coating. Typically, polymers with low glass transition temperature (T_g) and high modulus at the expansion temperatures of the microsphere are selected as the basis binder for the coating compositions. Applicants have discovered that selecting binder polymers that have a modulus less than 0.3MPa and a $\tan\delta$ greater than 0.35 at the microsphere expansion temperatures results in higher expansion ratios of the coating.

[0021] The coating composition optionally includes a wax dispersion additive. Non-limiting wax dispersion additives include paraffin wax, beeswax, synthetic polyethylene wax, and the like. The melting point of the wax dispersion additive is desirably less than T_0 of the expandable

microspheres. In one embodiment, the wax dispersion additive has a melting point less than 100°C.

[0022] Other additives include tackifiers, plasticizers, and preservative, e.g., biocide. Exemplary preservatives include 1,2-benzisothiazolin-3-one, 5-chloro-2-methyl-4-isothiazolin-3-one and 2-Methyl-4-isothiazolin-3-one. Typically, preservatives may be used in the amount of from about 0.05% to about 0.5% by weight of the coating composition prior to setting of the composition.

[0023] The adhesive composition may optionally include any polar solvent, particularly water, in the formulation.

[0024] The coating composition optionally further includes any defoamer, humectants, surfactant, colorant, crosslinkers, preservatives, filler, pigment, dye, stabilizer, rheology modifier, polyvinyl alcohol, and mixtures thereof. These components can be included in an amount of from about 0.05% to about 15% by weight of the coating composition prior to setting of the composition.

[0025] The addition of a crosslinker will further increase the structural integrity of the coating after the microspheres are expanded.

[0026] Although the coating composition can start to coalesce at room temperature, the coating composition may still have high moisture content and will be substantially fluid. A form of energy may be introduced to the coating composition to expand the microspheres before fully drying the coating. The form of energy is typically heat from conduction, induction or radiation. For a coating containing pre-expanded microspheres, no additional form of energy is necessary.

[0027] For both expandable and pre-expanded microsphere containing coatings, heaters and fans may be used to drive off the excess water to aid in drying the coatings. In a particularly desirable embodiment of manufacturing a protective article, the coating composition may be applied to the surface (or surfaces) of a substrate and subjected to heat sufficient to coalesce the coating. At the onset of coating coalescence and while the coating is still substantially fluid-like, the coating may aid in holding the microspheres in place, but will allow the microspheres the freedom to expand. In one embodiment, the heat may then be raised to a temperature sufficient to expand the microspheres. It is preferable for the heater to be set to a temperature range between the T_0 and T_m of the microspheres. Finally, the heat may be raised again to a temperature sufficient to

fully drive the water off the coating composition. Heat may be applied by any desired method, including in an oven or through the use of heated rollers. It should be noted that the various stages (onset of setting, expansion of the microspheres, and fully drying the coating) may be achieved by radiation energy, either as a replacement for, or in addition to, direct heat. That is, for example, the various steps may be achieved by use of microwave or radiofrequency radiation. Conduction, convection, and/or induction heating method may be used in the process as the heat source. Additionally, forced air is used in conjunction with the heat. In addition, the process may include any combination of heat application and radiation application. For example, the initial coalescence of the coating may be achieved through direct heat, while the expansion of the microspheres may be achieved through application of radiation energy.

[0028] Other additives may be included in the composition to increase the coalescence of the coating, if desired.

[0029] The inventive coating composition is particularly suitable for protective packages that will house a fragile and/or perishable object during transport or mailing. Exemplary protective packages include envelope, pillow, Gusseted bag and the like. The coated protective packages provide impact resistance, high strength, thermal insulation and light-weighting.

[0030] Another embodiment provides a method of preparing a protective package article, including the steps of: (1) preparing a composition comprising a water-based polymer prepared by emulsion polymerization and a plurality of expandable microspheres having a T_0 and T_m ; (2) applying the coating composition onto a substrate, which is a paper, paperboard, wood, metallic paper, metallic paperboard, foil or plastic film; (3) drying the coating composition to substantially remove the water; and (4) expanding microspheres in the composition.

[0031] In another embodiment, a method of preparing a multi-substrate protective package article includes the steps of: (1) preparing a composition comprising a water-based polymer prepared by emulsion polymerization and a plurality of expandable microspheres having a T_0 and T_m ; (2) applying the coating composition onto a portion of a first substrate; (2b) optionally, drying the coating composition to substantially remove the water; (3) applying an adhesive composition onto a different portion of the first substrate; (3b) optionally, drying the coating composition to substantially remove the water; (4) bringing a second substrate onto the first substrate, whereby the adhesive and the coating compositions are interposed in between the two

substrates; and (5) expanding microspheres in the composition. The substrates are independently selected from a paper, paperboard, wood, metallic paper, metallic paperboard, foil or plastic film. Depending on the desired process and the coating composition, steps (2b) or (3b) can optionally be added to the method to efficiently remove the water. In some embodiment, the coating composition and the adhesive composition, steps (2) and (3), may be applied simultaneously. It is preferable the coating composition and adhesive composition are applied to different areas of the substrate. Moreover, to enhance impact resistance and thermal insulation, the adhesive includes microspheres. In another embodiment, the adhesive may be applied to a second substrate, or both substrates. Yet in a further embodiment, the coating composition may be applied to both a first and a second substrate to increase impact resistance and thermal insulation. It is further envisioned that multilayer, greater than two substrates may be used to prepare a multi-substrate protective package article to further increase impact resistance and thermal insulation.

[0032] The expansion of the microspheres may be performed with heat from conduction, convection or induction. Additionally, forced air is used in conjunction with the heat. The water-based polymer has a modulus less than 0.3MPa and a $\tan\delta$ value greater than 0.35 at $(T_m - T_0)/2$ of the microspheres. The drying temperature of the water-based polymer binder is less than T_0 and the expanding temperature is T_0 or greater. The expanded microspheres in the coating provide impact resistance, high strength, thermal insulation and light-weighting for the protective package.

[0033] The substrates include fibreboards, chipboards, corrugated boards, corrugated mediums, solid bleached boards (SBB), solid bleached sulphite boards (SBS), solid unbleached board (SLB), white lined chipboards (WLC), kraft papers, kraft boards, coated papers, binder boards, reduced basis weight substrates, metallic papers, metallic paperboards, foils, plastics or plastic films.

[0034] The microspheres on the protective package may be expanded immediately prior to use or pre-made in advance and stored until needed. Before expansion, the protective packages are in a thin-state and remain in a collapsed state and occupy less space. Upon introduction of energy, e.g., heat from conduction, convection, induction or radiation, the microspheres in the

coating expand on the protective package. Equipment that forces air into the cavity of the protective package is unnecessary with the inventive coating composition.

[0035] In another embodiment, there is provided a protective package with multi-substrate layers. The package includes an inner substrate and an outer substrate of the package. The package further includes a coating applied onto either one or both layers of the package, where the coating composition comprises a plurality of expandable microspheres secured thereto, where the plurality of expandable microspheres has been expanded and the coating composition has been dried. Thus, the protective package includes an article having an adhered, foam-like composition on one or both sides thereof.

[0036] The coating composition may be applied onto the surface of the substrate in any configuration desired, including in a series of dots, stripes, waves, checkerboard patterns, any general polyhedron shapes, and combinations thereof. In addition, if desired, the coating composition may be applied to the entire surface of the substrate of the package. In certain embodiments, the outer edges of the substrates are not coated with the coating composition and are reserved for an adhesive. The substrates are then adhered together at the edges to form the multi-substrate layers, which can form the protective package, e.g., envelope, pillow, Gusseted bags, and the like.

[0037] The coating composition may be applied in the presence of heat if desired; however, it is important that the heat at application not be so high as to fully set the coating composition before expanding the expandable microspheres.

[0038] The inventive adhesive is particularly suitable for consumer packages that require protection and insulation during mailing and transportation.

[0039] The present invention may be better understood through analysis of the following examples, which are non-limiting and are intended only to help explain the invention.

EXAMPLES

Example 1 – Water-based Polymer Binder

[0040] Water-based polymer with the following modulus and $\tan\delta$ values measured at $(T_m - T_0)/2$ of expandable microspheres DUALITE® U020-130D microsphere are shown in Table 1.

Table 1

Binder	Modulus at $(T_m - T_0)/2$ (Pa)	Tan δ at $(T_m - T_0)/2$
A	0.16×10^6	0.43
B	$< 0.084 \times 10^6$	0.61
Comparative X	0.37×10^6	0.34

Example 2 – Coating Compositions

[0041] Coating compositions were prepared having the following components.

Table 2

Component	Sample 1 (wt%)	Sample 2 (wt%)	Sample 3 (wt%)	Comparative Sample A (wt%)
Water-based resin emulsion A	61.65	30.00	61.65	--
Water-based resin emulsion B	--	31.65	--	--
Comparative Water-based resin emulsion X	--	--	--	61.65
Expandable microspheres DUALITE® U020-130D	20.8	20.8	20.8	20.8
Wax additive	7.80	7.80	0	7.80
water	9.75	9.75	17.55	9.75

Example 3 – Expansion Ratios

[0042] The coating composition was applied onto a paper substrate and heated for 25 seconds at 265°F, 275°F or 285°F. The volume percent increases are shown in Table 3.

Table 3

T / time	Expansion Ratios (V/V %)			
	Sample 1	Sample 2	Sample 3	Comparative Sample
265°F / 25 sec	2950 %	3500%	2550%	1800%
275°F / 25 sec	4050 %	4600%	2850%	2100%
285°F / 25 sec	5250 %	6650%	3000%	2500%

[0043] As shown in Table 3, Samples 1, 2 and 3 had higher expansion ratios than the Comparative Sample at all temperatures. Thus, coatings formed with binders having a modulus

less than 0.3MPa and $\tan\delta$ greater than 0.35 at $(T_m - T_0)/2$ of the microspheres allowed the microspheres to expand more at each of the tested temperatures.

[0044] The addition of a wax dispersion additive also increased the expansion ratios. Samples 1 and 2 that contain wax additive also had higher expansion ratios than coating without the wax additive, Sample 3.

CLAIMS

1. A coating composition comprising:
 - (a) a water-based polymer prepared by emulsion polymerization;
 - (b) a plurality of expandable microspheres having a T_0 (onset of expansion) and T_m (maximum expansion); and
 - (c) optionally, an additive.wherein the polymer has a modulus less than 0.3MPa and a $\tan\delta$ is greater than 0.35 at $(T_m - T_0)/2$.
2. The coating of claim 1, wherein the polymer has a modulus less than 0.2MPa and the $\tan\delta$ is greater than 0.4.
3. The coating of claim 1, wherein the water-based polymer has an absolute slope, which is \log (elastic modulus) verses temperature, of greater than 0.014.
4. The coating of claim 3, wherein the water-based polymer has an absolute slope, which is \log (elastic modulus) verses temperature, of greater than 0.025.
5. The coating of claim 1, wherein the water-based polymer is selected from the group consisting of vinyl acetate ethylene dispersion, polyvinyl acetate, polyvinyl acetate polyvinyl alcohol, dextrin stabilized polyvinyl acetate, polyvinyl acetate copolymers, vinyl acetate ethylene copolymers, vinyl acrylic, styrene acrylic, acrylic, styrene butyl rubber, polyurethane and mixtures thereof.
6. The coating of claim 1, wherein the expandable microspheres have a polymeric shell and a hydrocarbon core.
7. The coating of claim 1, wherein the expandable microspheres have a T_0 of less than 80°C.
8. The coating of claim 7, wherein the expandable microspheres have a T_0 of less than 90°C.

9. The coating of claim 1, wherein the expandable microspheres have a T_m of greater than 150°C.
10. The coating of claim 9, wherein the expandable microspheres have a T_m of greater than 130°C.
11. The coating of claim 1, wherein the additive is selected from the group consisting of tackifiers, plasticizers, wax dispersion additive, preservative, and mixtures thereof.
12. The coating of claim 11, wherein the wax dispersion additive has a melting point less than 100°C.
13. The coating of claim 12, wherein the wax dispersion additive is selected from the group consisting of paraffin, beeswax, synthetic polyethylene wax, and mixtures thereof.
14. The coating of claim 1, further comprising a defoamer, humectants, surfactant, colorant, crosslinkers, preservatives, filler, pigment, dye, stabilizer, rheology modifier, polyvinyl alcohol, and mixtures thereof.
15. The coating of claim 1, wherein the coating comprises less than or equal to 30 dry weight percent of the expandable microspheres.
16. A process for forming an article comprising the steps of:
 - (a) preparing a coating composition comprising (i) a water-based polymer prepared by emulsion polymerization and (ii) a plurality of expandable microspheres having a T_0 and T_m ; wherein the polymer has a modulus less than 0.3MPa and a $\tan\delta$ is greater than 0.35 at $(T_m - T_0)/2$;
 - (b) applying the coating onto a substrate, which is a paper, paperboard, wood, foil, plastic or plastic film;

- (c) drying the coating to substantially remove the water, wherein the drying temperature is less than T_0 ; and
- (d) expanding the composition at a temperature of T_0 or greater.

17. A process for forming an article comprising the steps of:

- (a) preparing a coating composition comprising (i) a water-based polymer prepared by emulsion polymerization and (ii) a plurality of expandable microspheres having a T_0 and T_m ; wherein the polymer has a modulus less than 0.3MPa and a $\tan\delta$ is greater than 0.35 at $(T_m - T_0)/2$;
- (b) applying the coating onto a substrate, which is a paper, paperboard, wood, foil, plastic or plastic film;
 - (b1) optionally, drying the coating to substantially remove the water, wherein the drying temperature is less than T_0 ;
- (c) applying an adhesive composition onto a different portion of the first substrate;
- (d) optionally, drying the coating to substantially remove the water, wherein the drying temperature is less than T_0 ;
- (e) expanding the composition at a temperature of T_0 or greater.

18. The process of claim 17, wherein steps (b) and (c) are conducted as a single step.

19. An article comprising a substrate and a composition comprising the adhesive of claim 1.

20. The article of claim 19 which is a shipping or mailing protective package.