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(54) Title: METHODS AND COMPOSITIONS COMPRISING 10-HYDROXY-2-DECENOIC ACID

(57) Abstract: Disclosed herein are compositions for use in treating anxiety, inflammatory conditions, fertility-related disorders, for increasing cognitive performance and managing weight comprising 10-Hydroxy-2-decenoic acid or a derivative thereof and preferably at least one polyunsaturated fatty acid. The preferred polyunsaturated fatty acid is DHA.

Methods and Compositions Comprising 10-Hydroxy-2-decenoic acid

[0001] This application claims the benefit of the filing date of United States Provisional Patent Application No. 61/990,283 filed May 8, 2014, the disclosure of which is hereby incorporated herein by reference.

[0002] Disclosed herein are compositions for treating anxiety, inflammatory conditions and fertility-related disorders, and for increasing cognitive performance and managing weight comprising 10-Hydroxy-2-decenoic acid and at least one polyunsaturated fatty acid. Further disclosed herein are methods for treating anxiety, inflammatory conditions and fertility-related disorders, and for increasing cognitive performance and managing weight, comprising administration of 10-Hydroxy-2-decenoic acid, wherein such method may further comprise administration of at least one polyunsaturated fatty acid.

[0003] Queen bee acid (10-hydroxy-2-decenoic acid) is the predominant fatty acid constituent of royal jelly. Royal jelly is harvested from a select population of cells that specifically support the growth and development of queen bee larvae and is provided to the queen bee by the drones. Royal jelly is believed to play a role in the enhanced size, fertility and lifespan of queen bees. It is believed that queen bee acid (10-hydroxy-2-decenoic acid) is one of the principal active components of royal jelly.

[0004] Queen bee acid inhibits histone deacetylases and is now recognized as the epigenetic switch for the queen bee larvae phenotype (Spannhoff et al., Histone Deacetylase Inhibitor Activity in Royal Jelly Might Facilitate Caste Switching in Bees, *EMBO Reports*, Vol. 12, No. 3, 2011). Other *in vitro* effects of queen bee acid include antitumor activity (Townsend et al., Studies on the *in vitro* Antitumor Activity of Fatty Acids: I. 10-Hydroxy-2-decenoic Acid from Royal Jelly, *Cancer Res*, 1960; 20:503-510; Izuta et al., 10-Hydroxy-2-decenoic Acid, a Major Fatty Acid from Royal Jelly Inhibits VEGF-induced Angiogenesis in Human Umbilical Vein Endothelial Cells, *eCam*, 2009;6(4):489-494) and stimulation of

neurogenesis from stem cells while inhibiting gliogenesis (Hattori et al., Royal Jelly Facilitates Restoration of the Cognitive Ability in Trimethyltin-Intoxicated Mice, *eCAM* 2009). These findings suggest that queen bee acid may be an active component of royal jelly.

[0005] It has now been found that queen bee acid (10-hydroxy-decenoic acid) has an effect in the treatment of anxiety, inflammatory conditions and fertility-related disorders, and may increase cognitive performance and help manage weight, wherein managing weight is maintaining weight in a subject having a diseased state, or weight loss, particularly where such weight loss is due to age or stress.

[0006] The queen bee acid can be in the form of a free fatty acid, salt, fatty acid ester (e.g., methyl or ethyl ester), monoacylglycerol (MAG), diacylglycerol (DAG) triacylglycerol (TAG), and/or phospholipid (PL) or mixtures thereof. Preferably, the queen bee acid is in the free fatty acid or salt form.

[0007] Disclosed herein are compositions for treating anxiety, inflammatory conditions and fertility-related disorders, and for increasing cognitive performance and managing weight comprising 10-Hydroxy-2-decenoic acid and at least one polyunsaturated fatty acid. Further disclosed herein are methods for treating anxiety, inflammatory conditions and fertility-related disorders, and for increasing cognitive performance and managing weight, comprising administration of 10-Hydroxy-2-decenoic acid, wherein such method may further comprise administration of at least one polyunsaturated fatty acid.

[0008] In a preferred embodiment, the composition comprises 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA). Preferably, the composition comprises a PUFA that is an omega-3 fatty acid. More preferably, the composition comprises an omega-3 fatty acid with 20 or 22 carbon atoms. Most preferably, the composition comprises a PUFA that is an omega-3 fatty acid and is *all-cis*-docosa-4,7,10,13,16,19-hexaenoic acid, also known as docosahexaenoic acid (DHA).

[0009] In one embodiment, the methods disclosed herein comprise administration of 10-Hydroxy-2-decanoic acid or a derivative thereof for treating anxiety, inflammatory conditions and fertility-related disorders, and for increasing cognitive performance and managing weight.

[0010] In one embodiment, the methods further comprise administration of at least one polyunsaturated fatty acid (PUFA). Preferably, the PUFA is an omega-3 fatty acid. More preferably, the PUFA is *all-cis*-docosa-4,7,10,13,16,19-hexaenoic acid, also known as docosahexaenoic acid (DHA).

[0011] Disclosed herein are compositions for treating anxiety, inflammatory conditions and fertility-related disorders, and for increasing cognitive performance and managing weight comprising 10-Hydroxy-2-decanoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA). Further disclosed herein are methods for treating anxiety, inflammatory conditions and fertility-related disorders, and for increasing cognitive performance and managing weight, wherein such methods comprise administration of 10-Hydroxy-2-decanoic acid or a derivative thereof, and further comprising administration of at least one polyunsaturated fatty acid.

[0012] In a further embodiment, compositions are provided comprising about 0.2 mg to about 5000 mg 10-Hydroxy-2-decanoic acid and about 100 mg to about 4000 mg DHA in the form preferably of one or more capsules. Preferably, the respective amounts are about 12 mg to about 300 mg 10-Hydroxy-2-decanoic acid mg and about 100 mg to about 1500 mg DHA. In the one or more capsules, the 10-Hydroxy-2-decanoic acid may be provided in a form of a free acid or an ester. In particular, the free acid preferably is provided separate from DHA. In case both components are provided as esters, the QBA-ester may be combined with DHA in one dosage form. An advantage of providing the components in ester-form is that the components show improved stability, and can be provided in combined capsules.

[0013] The features and advantages of the invention may be more readily understood by those of ordinary skill in the art upon reading the following detailed description. It is to be appreciated that certain features of the invention that are, for clarity reasons, described above and below in the context of separate embodiments, may also be combined as to sub-combinations thereof.

[0014] Embodiments identified herein as exemplary are intended to be illustrative and not limiting.

[0015] The term “about” is intended to capture variations above and below the stated number that may achieve substantially the same results as the stated number.

[0016] The term “therapeutically-effective amount” refers to that amount of a compound sufficient to modulate one or more of the symptoms of the condition or disease being treated. A “therapeutically-effective amount” and/or dosage range for compounds used in the method of treatment of the invention may be determined by one of ordinary skill in the art via known criteria including age, weight, and response of the individual patient, and interpreted within the context of the disease being treated and/or prevented.

[0017] “10-Hydroxy-2-decanoic acid” may be alternatively referred to as “Queen Bee Acid” or “QBA”. It is understood that 10-Hydroxy-2-decanoic acid is the chemical formula for “Queen Bee Acid (“QBA””).

[0018] Fatty acids are classified based on the length and saturation characteristics of the carbon chain. Fatty acids present in a microbial oil can have from 4 to 28 carbon atoms and are termed short chain, medium chain, or long chain fatty acids based on the number of carbons present in the chain. Fatty acids are termed saturated fatty acids when no double bonds are present between the carbon atoms, and are termed unsaturated fatty acids when double bonds are present. Unsaturated long chain fatty acids are monounsaturated when only

one double bond is present and are polyunsaturated when more than one double bond is present.

[0019] Polyunsaturated fatty acids (PUFAs) are classified based on the position of the first double bond from the methyl end of the fatty acid; omega-3 (n-3) fatty acids contain a first double bond at the third carbon, while omega-6 (n-6) fatty acids contain a first double bond at the sixth carbon. For example, docosahexaenoic acid (DHA) is an omega-3 long chain polyunsaturated fatty acid (LC-PUFA) with a chain length of 22 carbons and 6 double bonds, often designated as "22:6n-3."

[0020] In one embodiment, the PUFA is selected from an omega-3 fatty acid, an omega-6 fatty acid, and mixtures thereof. In another embodiment, the PUFA is selected from long-chain polyunsaturated fatty acids (LC-PUFAs). In another embodiment, the LC PUFA has 20 carbon atoms or more, preferably C20 or C22 carbon atoms. In a still further embodiment, the PUFA is selected from docosahexaenoic acid (DHA), eicosapentaenoic acid (EPA), docosapentaenoic acid (DPA), arachidonic acid (ARA), gamma-linolenic acid (GLA), dihomo-gamma-linolenic acid (DGLA), stearidonic acid (SDA), and mixtures thereof. In another embodiment, the PUFA is selected from DHA, ARA, and mixtures thereof. In a further embodiment, the PUFA is ARA. In yet a further embodiment, the PUFA is DHA.

[0021] The PUFAs can be in the form of a free fatty acid, salt, fatty acid ester (e.g., methyl or ethyl ester), monoacylglycerol (MAG), diacylglycerol (DAG), triacylglycerol (TAG), and/or phospholipid (PL), or mixtures thereof. Preferably, the PUFA is in the ethyl ester or glyceryl ester form, like the TAG form.

[0022] Any source of PUFA can be used in the compositions and methods of the invention, including, for example, animal, plant and microbial sources. Preferred polyunsaturated fatty acid (PUFA) sources can be any source of PUFA that are suitable for use in the present invention.

[0023] Examples of animal sources include aquatic animals (e.g., fish, marine mammals, crustaceans, rotifers, etc.). Examples of plant sources include microalgae, flaxseeds, rapeseeds, corn, evening primrose and borage. Examples of microorganisms include microalgae, protists, bacteria and fungi (including yeast). The use of a microorganism source, such as microalgae, can provide organoleptic advantages. Preferably, the polyunsaturated fatty acid source comprises microalgae or microalgal oils.

[0024] Preferably, when microorganisms are the source of polyunsaturated fatty acids, the microorganisms are cultured in a fermentation medium in a fermenter. Alternatively, the microorganisms can be cultured photosynthetically in a photobioreactor or pond. Preferably, the microorganisms are lipid-rich microorganisms, more preferably, the microorganism are selected from the group consisting of microalgae, bacteria, fungi and protists, more preferably, the microorganisms are selected from the group consisting of dioflagellates, yeast and fungi of the genus *Mortierella*. Preferably, the microorganisms comprise microorganisms of the genus *Cryptocodonium* and order *Thraustochytriales* and filamentous fungi of the genus *Mortierella*, and more preferably, microorganisms are selected from the genus *Thraustochytrium*, *Schizocythrium*, or mixtures thereof.

[0025] In accordance with the present invention, the polyunsaturated fatty acids that are used in the compositions described herein are in a variety of forms, for example, such forms include, but are not limited to, a highly purified algal oil comprising a PUFA, a plant oil comprising the PUFA, triglyceride oil comprising the PUFA, phospholipid comprising the PUFA, a combination of protein and phospholipids comprising the PUFA, dried marine microalgae comprising the PUFA, sphingolipids comprising the PUFA, esters of the PUFA, free fatty acid, a conjugate of the PUFA with another bioactive molecule, and conjugates thereof.

[0026] Disclosed herein are compositions for treating anxiety, inflammatory conditions and fertility-related disorders, and for increasing cognitive performance and managing weight comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA).

[0027] One embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for treating anxiety. Preferably, the PUFA is an omega-3 fatty acid. More preferably, the PUFA is *all-cis*-docosa-4,7,10,13,16,19-hexaenoic acid, also known as docosahexaenoic acid (DHA).

[0028] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for treating anxiety wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day and the PUFA is administered in an amount of about 100 mg/day to about 4000 mg/day.

[0029] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and docosahexaenoic acid for treating anxiety wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day and the docosahexaenoic acid is administered in an amount of about 100 mg/day to about 4000 mg/day.

[0030] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for treating anxiety wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 12 mg/day to about 300 mg/day and the PUFA is administered in an amount of about 100 mg/day to about 1500 mg/day.

[0031] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and docosahexaenoic acid for treating anxiety wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 12 mg/day to about 300 mg/day and the docosahexaenoic acid is administered in an amount of about 100 mg/day to about 1500 mg/day.

[0032] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for treating an inflammatory condition. Preferably, the PUFA is an omega-3 fatty acid. More preferably, the PUFA is *all-cis*-docosa-4,7,10,13,16,19-hexaenoic acid, also known as docosahexaenoic acid (DHA).

[0033] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for treating an inflammatory condition wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day and the PUFA is administered in an amount of about 100 mg/day to about 4000 mg/day.

[0034] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and docosahexaenoic acid for treating an inflammatory condition wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day and the docosahexaenoic acid is administered in an amount of about 100 mg/day to about 4000 mg/day.

[0035] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for treating an inflammatory condition wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 12 mg/day to about 300 mg/day and the PUFA is administered in an amount of about 100 mg/day to about 1500 mg/day.

[0036] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and docosahexaenoic acid for treating an inflammatory condition wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 12 mg/day to about 300 mg/day and the docosahexaenoic acid is administered in an amount of about 100 mg/day to about 1500 mg/day.

[0037] Preferably, the inflammatory condition comprises a gastrointestinal disorder. More preferably, the inflammatory condition is colitis.

[0038] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for increasing cognitive performance. Preferably, the PUFA is an omega-3 fatty acid. More preferably, the PUFA is *all-cis*-docosa-4,7,10,13,16,19-hexaenoic acid, also known as docosahexaenoic acid (DHA).

[0039] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for increasing cognitive performance wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day and the PUFA is administered in an amount of about 100 mg/day to about 4000 mg/day.

[0040] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and docosahexaenoic acid for increasing cognitive performance wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day and the docosahexaenoic acid is administered in an amount of about 100 mg/day to about 4000 mg/day.

[0041] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for increasing cognitive performance wherein the 10-Hydroxy-2-decenoic acid or derivative

thereof is administered in an amount of about 12 mg/day to about 300 mg/day and the PUFA is administered in an amount of about 100 mg/day to about 1500 mg/day.

[0042] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and docosahexaenoic acid for increasing cognitive performance wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 12 mg/day to about 300 mg/day and the docosahexaenoic acid is administered in an amount of about 100 mg/day to about 1500 mg/day.

[0043] Preferably, the increasing cognitive performance comprises increased speed of learning, improved memory retention, and combinations thereof.

[0044] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for managing weight. In one embodiment, managing weight is managing weight in a subject having a diseased state. In another embodiment, managing weight is weight loss. In one embodiment, the weight loss is associated with aging. In another embodiment, the weight loss is associated with stress. Preferably, the PUFA is an omega-3 fatty acid. More preferably, the PUFA is *all-cis*-docosa-4,7,10,13,16,19-hexaenoic acid, also known as docosahexaenoic acid (DHA).

[0045] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for managing weight wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day and the PUFA is administered in an amount of about 100 mg/day to about 4000 mg/day. In one embodiment, managing weight is managing weight in a subject having a diseased state. In another embodiment, managing weight is weight loss. In one embodiment, the weight loss is associated with aging. In another embodiment, the weight loss is associated with stress.

[0046] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and docosahexaenoic acid for managing weight wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day and the docosahexaenoic acid is administered in an amount of about 100 mg/day to about 4000 mg/day. In one embodiment, managing weight is managing weight in a subject having a diseased state. In another embodiment, managing weight is weight loss. In one embodiment, the weight loss is associated with aging. In another embodiment, the weight loss is associated with stress.

[0047] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for managing weight wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 12 mg/day to about 300 mg/day and the PUFA is administered in an amount of about 100 mg/day to about 1500 mg/day. In one embodiment, managing weight is managing weight in a subject having a diseased state. In another embodiment, managing weight is weight loss. In one embodiment, the weight loss is associated with aging. In another embodiment, the weight loss is associated with stress.

[0048] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and docosahexaenoic acid for managing weight wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 12 mg/day to about 300 mg/day and the docosahexaenoic acid is administered in an amount of about 100 mg/day to about 1500 mg/day. In one embodiment, managing weight is managing weight in a subject having a diseased state. In another embodiment, managing weight is weight loss. In one embodiment, the weight loss is associated with aging. In another embodiment, the weight loss is associated with stress.

[0049] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for treating fertility-related disorders. Preferably, the PUFA is an omega-3 fatty acid. More preferably, the PUFA is *all-cis*-docosa-4,7,10,13,16,19-hexaenoic acid, also known as docosahexaenoic acid (DHA).

[0050] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for treating fertility-related disorders wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day and the PUFA is administered in an amount of about 100 mg/day to about 4000 mg/day.

[0051] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and docosahexaenoic acid for treating fertility-related disorders wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day and the docosahexaenoic acid is administered in an amount of about 100 mg/day to about 4000 mg/day.

[0052] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and at least one polyunsaturated fatty acid (PUFA) for treating fertility-related disorders wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 12 mg/day to about 300 mg/day and the PUFA is administered in an amount of about 100 mg/day to about 1500 mg/day.

[0053] Another embodiment is directed to a composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, and docosahexaenoic acid for treating fertility-related disorders wherein the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 12 mg/day to about 300 mg/day and the docosahexaenoic acid is administered in an amount of about 100 mg/day to about 1500 mg/day.

[0054] Preferably, the fertility-related disorder comprises idiosyncratic infertility, polycystic ovarian syndrome, and primary ovarian insufficiency.

[0055] In some embodiments, the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day, in an amount of about 0.4 mg/day to about 4500 mg/day, in an amount of about 0.6 mg/day to about 4000 mg/day, in an amount of about 0.8 mg/day to about 3500 mg/day, in an amount of about 1 mg/day to about 3000 mg/day, in an amount of about 2 mg/day to about 2500 mg/day, in an amount of about 3 mg/day to about 2000 mg/day, in an amount of about 4 mg/day to about 1500 mg/day, in an amount of about 5 mg/day to about 1000 mg/day, in an amount of about 6 mg/day to about 900 mg/day, in an amount of about 7 mg/day to about 800 mg/day, in an amount of about 8 mg/day to about 700 mg/day, in an amount of about 9 mg/day to about 600 mg/day, in an amount of about 10 mg/day to about 500 mg/day, in an amount of about 11 mg/day to about 400 mg/day, in an amount of about 12 mg/day to about 300 mg/day, in an amount of about 12 mg/day, in an amount of about 15 mg/day, in an amount of about 20 mg/day, in an amount of about 30 mg/day, in an amount of about 40 mg/day, in an amount of about 50 mg/day, in an amount of about 60 mg/day, in an amount of about 70 mg/day, in an amount of about 80 mg/day, in an amount of about 90 mg/day, in an amount of about 100 mg/day, in an amount of about 125 mg/day, in an amount of about 150 mg/day, in an amount of about 175 mg/day, in an amount of about 200 mg/day, in an amount of about 225 mg/day, in an amount of about 250 mg/day, in an amount of about 275 mg/day, in an amount of about 300 mg/day.

[0056] In some embodiments, the PUFA is administered in an amount of about 100 mg/day to about 4000 mg/day, in an amount of about 125 mg/day to about 4500 mg/day, in an amount of about 150 mg/day to about 4000 mg/day, in an amount of about 175 mg/day to about 3500 mg/day, in an amount of about 200 mg/day to about 3000 mg/day, in an amount

of about 225 mg/day to about 2500 mg/day, in an amount of about 250 mg/day to about 2000 mg/day, in an amount of about 275 mg/day to about 1500 mg/day, in an amount of about 300 mg/day to about 1000 mg/day, in an amount of about 325 mg/day to about 900 mg/day, in an amount of about 100 mg/day, in an amount of about 125 mg/day, in an amount of about 150 mg/day, in an amount of about 175 mg/day, in an amount of about 200 mg/day, in an amount of about 225 mg/day, in an amount of about 250 mg/day, in an amount of about 275 mg/day, in an amount of about 300 mg/day, in an amount of about 325 mg/day, in an amount of about 350 mg/day, in an amount of about 375 mg/day, in an amount of about 400 mg/day, in an amount of about 425 mg/day, in an amount of about 450 mg/day, in an amount of about 475 mg/day, in an amount of about 500 mg/day, in an amount of about 525 mg/day, in an amount of about 550 mg/day, in an amount of about 575 mg/day, in an amount of about 600 mg/day, in an amount of about 625 mg/day, in an amount of about 650 mg/day, in an amount of about 675 mg/day, in an amount of about 700 mg/day, in an amount of about 725 mg/day, in an amount of about 750 mg/day, in an amount of about 775 mg/day, in an amount of about 800 mg/day, in an amount of about 825 mg/day, in an amount of about 850 mg/day, in an amount of about 875 mg/day, in an amount of about 900 mg/day.

[0057] In some embodiments, the composition comprising 10-Hydroxy-2-decanoic acid or a derivative thereof and at least one polyunsaturated fatty acid further comprises a pharmaceutically acceptable carrier. In one embodiment, the pharmaceutically acceptable carrier is selected from a solid carrier and a liquid carrier.

[0058] Solid carriers include, but are not limited to, for example, powders, tablets, dispersible granules, capsules, cachets, and suppositories. A solid carrier can be one or more substances, which may also act as diluents, flavoring agents, solubilizers, lubricants, suspending agents, binders, or tablet disintegrating agents. A solid carrier can also be an encapsulating material.

[0059] Tablets, powders, cachets, and capsules can be used as solid dosage forms suitable for oral administration.

[0060] Liquid dosage forms include, but are not limited to, for example, solutions, suspensions, and emulsions.

[0061] Disclosed herein are methods for treating anxiety, inflammatory conditions and fertility-related disorders, and for increasing cognitive performance and managing weight, wherein such methods comprise administration of 10-Hydroxy-2-decenoic acid or a derivate thereof. The methods may further comprise administration of at least one polyunsaturated fatty acid.

[0062] One embodiment is directed to a method of treating anxiety in a subject in need thereof, comprising administering a therapeutically effective amount of 10-Hydroxy-2-decenoic acid or a derivative thereof. Another embodiment is directed to use of 10-Hydroxy-2-decenoic acid or a derivative thereof for treating anxiety.

[0063] Another embodiment is directed to a method of treating an inflammatory condition in a subject in need thereof, comprising administering a therapeutically effective amount of 10-Hydroxy-2-decenoic acid or a derivative thereof. Another embodiment is directed to use of 10-Hydroxy-2-decenoic acid or a derivative thereof for treating an inflammatory condition. Preferably, the inflammatory condition comprises a gastrointestinal disorder. More preferably, the inflammatory condition is colitis.

[0064] Another embodiment is directed to a method of increasing cognitive performance in a subject, comprising administering a therapeutically effective amount of 10-Hydroxy-2-decenoic acid or a derivative thereof. Another embodiment is directed to use of 10-Hydroxy-2-decenoic acid or a derivative thereof for increasing cognitive performance. Preferably, the increasing cognitive performance comprises increased speed of learning, improved memory retention, and combinations thereof.

[0065] Another embodiment is directed to a method for managing weight in a subject in need thereof, comprising administering a therapeutically effective amount of 10-Hydroxy-2-decenoic acid or a derivative thereof. In one embodiment, the managing weight is managing weight loss. Another embodiment is directed to use of 10-Hydroxy-2-decenoic acid or a derivative thereof for managing weight. In one embodiment, managing weight is managing weight in a subject having a diseased state. In another embodiment, managing weight is weight loss. In one embodiment, the weight loss is associated with aging. In another embodiment, the weight loss is associated with stress.

[0066] Another embodiment is directed to a method for treating fertility-related disorders in a subject in need thereof, comprising administering a therapeutically effective amount of 10-Hydroxy-2-decenoic acid or a derivative thereof. Another embodiment is directed to use of 10-Hydroxy-2-decenoic acid or a derivative thereof for treating fertility-related disorders. Preferably, the fertility-related disorder comprises idiosyncratic infertility, polycystic ovarian syndrome, and primary ovarian insufficiency.

[0067] In some embodiments, the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day, in an amount of about 0.4 mg/day to about 4500 mg/day, in an amount of about 0.6 mg/day to about 4000 mg/day, in an amount of about 0.8 mg/day to about 3500 mg/day, in an amount of about 1 mg/day to about 3000 mg/day, in an amount of about 2 mg/day to about 2500 mg/day, in an amount of about 3 mg/day to about 2000 mg/day, in an amount of about 4 mg/day to about 1500 mg/day, in an amount of about 5 mg/day to about 1000 mg/day, in an amount of about 6 mg/day to about 900 mg/day, in an amount of about 7 mg/day to about 800 mg/day, in an amount of about 8 mg/day to about 7000 mg/day, in an amount of about 9 mg/day to about 600 mg/day, in an amount of about 10 mg/day to about 500 mg/day, in an amount of about 11 mg/day to about 400 mg/day, in an amount of about 12 mg/day to about 300 mg/day, in an

amount of about 12 mg/day, in an amount of about 15 mg/day, in an amount of about 20 mg/day, in an amount of about 30 mg/day, in an amount of about 40 mg/day, in an amount of about 50 mg/day, in an amount of about 60 mg/day, in an amount of about 70 mg/day, in an amount of about 80 mg/day, in an amount of about 90 mg/day, in an amount of about 100 mg/day, in an amount of about 125 mg/day, in an amount of about 150 mg/day, in an amount of about 175 mg/day, in an amount of about 200 mg/day, in an amount of about 225 mg/day, in an amount of about 250 mg/day, in an amount of about 275 mg/day, in an amount of about 300 mg/day. Preferably, the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 0.2 mg/day to about 5000 mg/day. More preferably, the 10-Hydroxy-2-decenoic acid or derivative thereof is administered in an amount of about 12 mg/day to about 300 mg/day.

[0068] The methods disclosed herein may further comprise administering a therapeutically effective amount of at least one polyunsaturated fatty acid (PUFA). Preferably, the PUFA is an omega-3 fatty acid. More preferably, the PUFA is *all-cis*-docos-4,7,10,13,16,19-hexaenoic acid, also known as docosahexaenoic acid (DHA).

[0069] In some embodiments, the PUFA is administered in an amount of about 100 mg/day to about 4000 mg/day, in an amount of about 125 mg/day to about 4500 mg/day, in an amount of about 150 mg/day to about 4000 mg/day, in an amount of about 175 mg/day to about 3500 mg/day, in an amount of about 200 mg/day to about 3000 mg/day, in an amount of about 225 mg/day to about 2500 mg/day, in an amount of about 250 mg/day to about 2000 mg/day, in an amount of about 275 mg/day to about 1500 mg/day, in an amount of about 100 mg/day, in an amount of about 125 mg/day, in an amount of about 150 mg/day, in an amount of about 175 mg/day, in an amount of about 200 mg/day, in an amount of about 225 mg/day, in an amount of about 250 mg/day, in an amount of about 275 mg/day, in an amount of about 300 mg/day, in an amount of about 325 mg/day, in an amount of about 300 mg/day to about

1000 mg/day, in an amount of about 325 mg/day to about 900 mg/day, in an amount of about 350 mg/day, in an amount of about 375 mg/day, in an amount of about 400 mg/day, in an amount of about 425 mg/day, in an amount of about 450 mg/day, in an amount of about 475 mg/day, in an amount of about 500 mg/day, in an amount of about 525 mg/day, in an amount of about 550 mg/day, in an amount of about 575 mg/day, in an amount of about 600 mg/day, in an amount of about 625 mg/day, in an amount of about 650 mg/day, in an amount of about 675 mg/day, in an amount of about 700 mg/day, in an amount of about 725 mg/day, in an amount of about 750 mg/day, in an amount of about 775 mg/day, in an amount of about 800 mg/day, in an amount of about 825 mg/day, in an amount of about 850 mg/day, in an amount of about 875 mg/day, in an amount of about 900 mg/day. Preferably, the PUFA is administered in an amount of about 100 mg/day to about 4000 mg/day. More preferably, the PUFA is administered in an amount of about 100 mg/day to about 1500 mg/day

[0070] In some embodiments, the subject preferably is a warm-blooded animal. In some embodiments, the warm-blooded animal is a mammalian species. Exemplary mammalian species include but are not limited to, for example, humans and domestic animals, such as, for example, dogs, cats and horses. Preferred species are humans.

[0071] In some embodiments, the subject is a middle-aged animal, wherein “middle-aged” refers to an age at which the animal reaches approximately half its expected life span. For human, this is considered to be about 45 years or older. In some embodiments, the subject is a senior or an aged animal, which means for human to be of 55 years age or older, preferably 60 years or older.

[0072] Some of the generally preferred embodiments of the present invention can be described as follows:

- The combination of QBA and a C20-C22 PUFA for use in the improvement of cognitive performance of humans, wherein QBA is used in an amount of 0.2-5000 mg

per day, preferably 10-500 mg/day, and wherein the C20-C22 PUFA is used in an amount of 100-4000 mg/day, preferably 200-2000 mg/day.

- In the above preferred embodiment, the C20-C22 PUFA preferably comprises DHA in at least 50% of the omega-3-PUFA;
- In the above preferred embodiments, the DHA is preferably in the form of the ethyl ester or in the form of a tri-glyceride ester;
- In the above preferred embodiments, the QBA preferably is in the form of a free fatty acid or salt thereof, or an ethyl ester or glycerol ester, more preferably in the form of a free fatty acid or salt thereof.
- The above described preferences apply equally to the other disorders described in this specification, including inflammatory conditions, fertility related disorders, anxiety, cognitive function, and managing weight.

EXAMPLES

Example 1

[0073] The concentration-response characteristics of 10-Hydroxy-2-decenoic acid's (Queen Bee Acid; QBA) potential neurodevelopmental and brain health benefits were assessed *in vitro*.

[0074] Neurons from the brain's hippocampus were derived from embryonic day (E17) rat pups and incubated with QBA for 7 days. The cultures were then stained with neuron-specific marker, microtubule associated protein-2a (Map2a) and cell nuclei were stained with 4',6-diamidino-2-phenylindole (DAPI). Fluorescent images of the staining were then captured with a confocal microscope. The staining was quantitated by dividing the percent area of the Map2a staining by the number of neurons. As shown by the results in Table 1, QBA increased the growth of brain cells in culture.

Table 1: *In vitro* Neurite Extension

QBA Dose (μ M)	%Map2a Staining/Neuron
0.00	0.24
0.10	0.29
0.30	0.32
1.00	0.30
3.00	0.31
10.00	0.32
30.00	0.32
100.00	0.27

[0075] Neurons from the brain's hippocampus were derived from E17 pups and incubated for 7 days. The cells were pre-treated with QBA for 48 hours and subsequently challenged with glutamate (25 μ M) for 24 hours. The cultures were then stained with propidium iodide, a marker of cell death, and with tetramethylrhodamine ethyl ester (TMRE), a marker for mitochondrial health. The fluorescence of each of these markers was then quantitated with a fluorimeter. As shown by the results in Tables 2 and 3, QBA decreased cell death and increased cell health after the age-related neurodegenerative insult of glutamate toxicity.

Table 2: Cell Death

QBA Dose (μM)	Cell Death (% Control)
0.00	100.00
0.10	92.52
0.30	90.43
1.00	88.78
3.00	94.07
10.00	92.78
30.00	90.69
100.00	91.76

Table 3: Mitochondrial Health

QBA Dose (μM)	Mitochondrial Health (% Control)
0.00	100.00
0.10	101.94
0.30	112.27
1.00	110.50
3.00	106.39
10.00	111.02
30.00	114.72
100.00	123.80

[0076] Neurons from the brain's hippocampus were derived from E17 pups and incubated for 7 days. The neurons were then pre-treated with QBA for 48 hours and subsequently exposed to a hypoxia (< 0.3% O₂) for 48 hours. The cultures were stained with

calcein AM, a marker of live cells, and with ethidium homodimer, a marker for dead cells.

The fluorescence of each of these markers was then quantitated with a fluorimeter.

[0077] As shown by the results in Tables 4 and 5, QBA decreased cell death and increased cell health after the age-related insult of low oxygen exposure.

Table 4: *In vitro* Hypoxia Cell Death

QBA Dose (μ M)	Cell Death (% Control)
0.00	100.00
0.10	86.26
0.30	83.62
1.00	83.00
3.00	82.20
10.00	85.13
30.00	82.29
100.00	86.39

Table 5: *In vitro* Cell Health

QBA Dose (μ M)	Cell Viability (% Control)
0.00	100.00
0.10	109.72
0.30	112.76
1.00	118.80
3.00	121.04
10.00	117.65
30.00	115.05
100.00	111.82

Example 2

[0078] The dose-response characteristics of 10-Hydroxy-2-decanoic acid's (QBA's) potential brain health benefits during aging were assessed for mood in older rats (18-20 months old).

[0079] Rats were fed QBA and subjected to an elevated plus-maze. The elevated plus-maze was elevated ~85 cm above the floor and consisted of two open and two closed arms of the same size (50x10 cm). The closed arms were surrounded by walls 40 cm high, and the arms were constructed of black acrylic slabs that radiated from a central platform (10x10 cm) to form a plus sign. Each rat was placed in the central platform facing one of the open arms, and its behavior was recorded during a 5-min testing period with video capture software. More time spent in the open arms is an indication of reduced anxiety-like state. Rats were tested at 18 months old (N=11-13 per group).

[0080] In the open field test each rat was placed in a novel environment consisting of an arena measuring 100 × 100 x 40 cm. Rats were placed in the middle of the chamber and behavior in the open field was recorded for thirty minutes with a digital camera and measured by software. More time spent in the center of the area is an indication of a reduced anxiety-like state. Rats were tested at 15 months old (N=11-12 per group).QBA (24 mg/kg/d) decreased anxiety in 15-18-month old male rats as measured by the time in the open arms of the elevated plus maze (Table 5) and by the number of center entries in the open field arena (Table 6).

Table 5: Time in Open Arms – Elevated Plus Maze

QBA Dose (mg/kg/day)	Time (s) in Open Arm
0	15.2
0.4	48.5
4	52.2
12	37.1
24	69.8

Table 6: Center Entries – Open Field

QBA Dose (mg/kg/day)	Center Entries (#)
0	1.46
0.4	1.82
4	2.50
12	1.82
24	3.75

Example 3

[0081] The dose-response characteristics of 10-Hydroxy-2-decanoic acid's (QBA's) in combination with DHA for potential brain health benefits during aging were assessed for mood in 19-20 month-old male rats (N=11-14 per group). Rats were fed QBA alone or QBA + DHA and subjected to an elevated plus-maze.

[0082] QBA + DHA decreased anxiety in rats similar to QBA alone as measured by the time in the open arms of the elevated plus maze (Table 7).

Table 7: Time in Open Arms – Elevated Plus Maze

QBA Dose (mg/kg/day)	DHA Dose (% weight of diet)	Time (s) in Open Arm
0	0.00	4.1
12	0.00	31.7
24	0.00	31.7
0	0.07%	32.4
12	0.07%	36.3
24	0.07%	34.8

Example 4

[0083] Cultures of the RAW264.7 mouse macrophage cell line were pre-treated with 10-Hydroxy-2-decanoic acid (QBA) for 1 hour prior to stimulation with lipopolysaccharide (LPS, 100 ng/mL). After 24 hours of incubation, interleukin 1 β (IL-1 β) and tumor necrosis factor- α (TNF α) levels were determined by Luminex technology and cell numbers were measured using Alamar Blue. Results are given as a ratio of cytokine concentration/cell number.

[0084] As shown in Tables 9 and 10, QBA reduced the production of IL-1 β and TNF α in immune cells.

Table 9: IL-1 β levels

QBA Dose (μ M)	IL-1 β (pg/mL)/Cell Numbers
0	0.00406
50	0.00386
100	0.00402
500	0.00242
1000	0.00242
2500	0.00097
5000	0.00067
Dexamethasone	0.0013

Table 10: TNF α levels

QBA Dose (μ M)	TNF α (pg/mL)/Cell Numbers
0	0.585
50	0.409
100	0.456
500	0.427
1000	0.261
2500	0.252
5000	0.150
Dexamethasone	0.153

Example 5

[0085] Human peripheral blood mononuclear cells (PBMC) were pre-treated with 10-Hydroxy-2-decenoic acid (QBA) for 1 hour prior to stimulation with α CD3/CD28. After 72 hours of incubation, cell number was assessed by Cell Titer Glow.

[0086] As shown by the results in Table 11, concentrations of greater than 500 μ M reduced the proliferation of human immune cells.

Table 11: Proliferation of PBMC

QBA Dose (μ M)	Cell Numbers
0	563265
50	517020
100	472678
500	442008
1000	344026
2500	104291
5000	1601
Cyclosporine	79667

Example 6

[0087] The dose-response characteristics of 10-Hydroxy-2-decenoic acid's (QBA's) potential brain health benefits during aging were assessed for cognitive performance in older male rats (16-17 months old; N=10-12 per group). Rats were fed QBA for 4-5 months prior to behavioral assessment. Spatial learning and memory performance was tested using the Barnes circular maze which consists of a 4-ft diameter, gray circular platform raised 90 cm above the floor level with 20 holes, 10 cm in diameter, evenly spaced around the

circumference. Animals were trained to locate a black escape tunnel beneath one of the holes in response to aversive light stimuli. The latency to enter the escape box in each of two trials across four trial days was recorded. Shorter latencies across and within trial days is an indication of better cognitive performance.

[0088] As shown by the results in Table 12, QBA increased the speed of learning acquisition in older (aged 16-17 months old) male rats as measured by the Barnes maze task.

Table 12: Learning Acquisition – Barnes maze task

QBA Dose (mg/kg/day)					
	0	0.4	4	12	24
Trial Day	Escape Latency (s)*				
1	98.4	98.8	106.7	79.3	109.8
2	65.9	63.4	43.4	30.7	48.4
3	66.8	63.4	43.4	30.7	48.4
4	41.7	24.7	23.6	24.3	34.3

*Values are the average of two trial runs

Example 7

[0089] Aged male rats were fed 10-Hydroxy-2-decanoic acid (QBA) for approximately 7 months from 11-months to 18-months of age and the weight of rats was recorded.

[0090] QBA helped to maintain healthy body weight in a cohort of aging male rats (N=11-14 per group). The data was analyzed using a repeated measures ANOVA and the data showed a small but significant increase for all doses versus the control (0 mg/kg/day QBA).

Table 13: Weight

	QBA Dose (mg/kg/day)				
	0	0.4	4	12	24*
Study Day	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)
0	528.5	509.6	509.8	508.7	516.8
7	502.1	516.1	518.9	508.8	510.9
21	507.8	524.4	527.4	508.0	530.8
29	502.6	508.6	511.6	490.2	512.3
36	520.6	523.1	526.8	511.7	546.4
50	555.6	554.6	567.3	554.3	574.6
57	557.0	559.5	571.0	551.4	586.8
64	572.5	566.7	576.4	567.6	594.2
71	565.6	568.6	576.2	574.1	598.5
78	567.5	570.3	584.8	573.1	600.7
85	577.2	577.3	587.5	574.6	608.8
92	578.6	581.3	584.3	581.2	614.9
99	582.4	583.8	595.4	584.5	618.1
106	585.6	592.7	592.5	591.2	626.7
113	585.9	593.2	594.7	591.2	628.4
120	584.4	596.8	592.2	586.1	628.6
127	588.1	590.7	592.4	593.3	630.3
141	606.2	589.8	593.1	595.8	632.0
148	595.2	578.0	588.0	592.9	635.4
155	597.2	585.4	587.8	591.1	636.3

	QBA Dose (mg/kg/day)				
	0	0.4	4	12	24*
Study Day	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)
162	594.0	593.6	589.5	580.5	637.3
169	596.2	601.7	594.0	588.2	628.4
176	620.5	573.6	601.7	593.0	643.9
182	603.4	588.7	588.0	590.6	646.0
190	604.4	584.1	597.8	599.5	649.5
197	602.3	582.6	597.7	600.8	653.3
204	599.8	580.1	601.8	595.5	644.4
211	597.3	575.8	596.6	599.6	647.8
217	597.2	582.6	595.9	593.7	650.6

*Significantly different (p<0.05) in Tukey's post hoc test from control

Example 8

[0091] Aged male rats were fed 10-Hydroxy-2-decenoic acid (QBA) for approximately 7 months from 12-months to 20-months of age and the weight of rats was recorded.

[0092] QBA helped to maintain healthy body weight in a cohort of aging male rats (N=11-14 per group). The data was analyzed using a repeated measures ANOVA and the data showed a small but significant increase for all doses versus the control (0 mg/kg/day QBA or 0 mg/kg/day QBA + 0.07% DHA).

Table 14: Weight

	QBA Dose (mg/kg/day)						
	0	12	24	0	12	24	
DHA (% weight of diet)	0.00	0.00	0.00	0.07%	0.07%	0.07%	
Study Day	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	
0	553.2	547.0	551.5	552.9	545.6	561.8	
4	567.8	560.9	566.8	568.8	560.0	571.4	
11	578.6	571.5	573.4	579.8	569.4	579.8	
18	590.1	580.1	585.7	592.4	579.7	591.6	
25	595.8	584.5	593.1	594.4	585.6	595.6	
32	596.4	590.8	596.0	600.5	588.2	599.8	
39	596.4	591.7	599.7	605.1	588.7	600.1	
46	597.4	594.3	601.5	607.2	590.9	597.7	
53	600.3	595.4	601.8	610.6	595.5	607.4	
60	596.2	598.7	606.5	614.6	598.3	611.0	
67	602.8	597.8	607.5	616.2	600.5	617.5	
74	604.0	603.7	611.8	617.6	604.2	614.5	
81	607.7	607.3	614.5	619.7	609.9	619.8	
88	609.0	608.5	617.8	623.2	611.1	619.9	
95	612.0	612.8	620.2	624.8	614.2	621.1	
102	616.2	614.5	623.9	629.4	616.2	623.6	
109	617.1	617.0	627.4	632.9	619.5	625.9	
116	621.6	617.2	630.3	636.3	624.2	626.7	
123	613.9	617.3	629.2	631.2	622.0	626.0	

	QBA Dose (mg/kg/day)						
	0	12	24	0	12	24	
DHA (% weight of diet)	0.00	0.00	0.00	0.07%	0.07%	0.07%	
Study Day	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	Avg Wt (g)	
130	612.8	616.9	630.3	635.2	620.2	625.4	
137	615.2	621.5	633.5	633.1	624.4	629.4	
144	619.9	619.1	642.1	632.5	626.2	627.5	
151	624.0	620.5	638.6	634.6	625.4	633.4	

Example 9

[0093] Aged male rats were fed 10-Hydroxy-2-decenoic acid (QBA) for approximately 7 months from 12-months to 20-months of age and the weight of rats was recorded (N=11-14 per group). During the last month of QBA feeding animals were subjected to the psychological stress of the Barnes maze.

[0094] QBA and QBA + DHA mitigated weight loss associated with the psychological stress, but DHA alone did not produce the same results. The data was analyzed using a repeated measures ANOVA and the data showed a small but significant increase for all doses versus the control (0 mg/kg/day QBA or 0 mg/kg/day QBA + 0.07% DHA).

Table 15: Weight after Barnes maze

	QBA Dose (mg/kg/day)						
	0	12	24	0	12	24	
DHA (% weight of diet)	0.00	0.00	0.00	0.07%	0.07%	0.07%	
Behavior Stress Day	% Change	% Change	% Change	% Change	% Change	% Change	
7	-0.55	-0.15	-0.15	-0.76	-0.33	-0.12	
14	-1.07	-0.20	0.02	-0.57	-0.47	-0.21	
21	-0.88	0.56	0.54	-0.88	0.23	0.47	
28	-0.26	0.63	0.74	-0.56	0.58	0.17	
35	0.51	0.87	1.32	-0.23	0.48	1.07	

Example 10

[0095] Adult female Long-Evans rats (3 months-old) with abnormal ovulatory cycles were fed diets containing 10-Hydroxy-2-decenoic acid (QBA) or no QBA for six (6) weeks. Female rats having normal ovulatory cycle were used as positive controls and were not fed QBA.

[0096] As shown in Table 16, supplementation with QBA at 12 mg/kg/day resulted in a similar proportion of normal to abnormal ovulatory cycle animals as the positive control group.

Table 16: Ovulatory Cycle Status

QBA dose (mg/kg/day)	Ovulatory Cycle Status	
	Normal	Abnormal
0 (negative)	7	8
0.4	8	7
4	6	9
12	11	4
24	3	12
0 (positive)	13	2

Example 11

[0097] Young adult female Long-Evans rats (3 months-old) with abnormal ovulatory cycles were fed diets containing 10-Hydroxy-2-decenoic acid (QBA) or no QBA for eight (8) weeks and then mated with a male rat. Female rats having normal ovulatory cycles were used as positive controls and were not fed QBA. The conception index was determined. The conception index is a measure of conception efficiency and is equal to the number of pregnancies divided by the number of discernable mating sessions multiplied by 100.

[0098] As shown by the results in Table 17, supplementation with QBA increased the conception index.

Table 17: Conception Index

QBA dose (mg/kg/day)	Conception Index (%)
0 (negative)	90.9
0.4	112.5
4	107.7
12	225.0
24	200.0
0 (positive)	112.5

Example 12

[0099] Mice (45 days of age) were fed 60 mg/kg body weight/day QBA (equivalent to 24 mg/kg/d in rats; HED of ~240 mg/day, N=10) or a control diet (N=15) for 28 days. Mice fed QBA had a greater percentage increase in body weight than mice fed the control diet with no differences in food consumption. After 28 days, all 10 of the mice fed QBA and 10 of the 15 control mice were subjected to a cell transfer insult wherein the mice were considered to be in a colitis-related disease state. The undiseased controls (N=5) and the diseased controls (N=10) continued on their control diets, and the diseased QBA-fed animals continued on their QBA diets (60 mg/kg body weight/day QBA), for an additional 49 days.

[00100] QBA-treated mice in a diseased state maintained their weight similar to the undiseased control mice and were found to be no different than the undiseased controls. In contrast, the diseased controls lost significant weight in comparison to the undiseased controls over the course of the study.

Table 18: Weight Management

	Undiseased Control	Diseased + QBA	Diseased Control
Day	% Original Wt	% Original Wt	% Original Wt
0	0.00	0.00	0.00
3	2.36	1.93	0.35
7	4.42	5.33	4.38
10	4.95	9.91	7.27
14	4.84	9.09	7.25
17	3.80	9.10	6.56
21	8.35	12.60	9.99
24	11.34	15.47	12.56
28*	13.87	16.19	15.02
31	14.32	18.82	15.83
35	16.52	20.65	16.08
38	16.20	19.66	14.48
42	18.05	21.27	17.31
45	21.49	22.86	20.02
49	22.91	24.04	21.99
52	21.80	24.05	19.20
56	21.96	22.29	18.19
59	24.01	21.83	17.24
63	26.01	23.89	16.72
66	24.72	22.42	16.00
70	26.68	22.95	16.01

73	28.72	21.96	15.29
77	27.65	20.56	17.84

WHAT IS CLAIMED IS:

1. A composition comprising 10-Hydroxy-2-decenoic acid or a derivative thereof, for use in treating anxiety, fertility-related disorders, inflammatory conditions, improving cognitive performance, or managing weight.
2. The composition for use of claim 1, wherein the composition further comprises at least one polyunsaturated fatty acid (PUFA).
3. The composition for use of claim 2, wherein the PUFA is an omega-3 fatty acid. The composition for use of claim 3, wherein the PUFA is docosahexaenoic acid (DHA).
4. The composition for use according to any one of claims 1-4, wherein the 10-Hydroxy-2-decenoic acid is administered in an amount of about 0.2 mg/day to about 5000 mg/day and the PUFA is administered in an amount of about 100 mg/day to about 4000 mg/day.
5. A composition according to any one of claims 1-5 for use in treating anxiety.
6. A composition according to any one of claims 1-5 for use in treating fertility-related disorders.
7. The composition for use according to claim 7, wherein the fertility-related disorder comprises idiosyncratic infertility, polycystic ovarian syndrome and primary ovarian insufficiency.
8. A composition according to any one of claims 1-5 for use in treating an inflammatory condition.
9. The composition for use according to claim 9, wherein the inflammatory condition comprises a gastrointestinal tract disorder.
10. The composition for use according to claim 10, wherein the inflammatory condition is colitis.
11. A composition according to any one of claims 1-5 for use in increasing cognitive performance.

12. A composition according to any one of claims 1-5 for managing weight .
13. The composition for use according to claim 13, wherein the managing weight is maintaining weight in a subject having a diseased state.
14. The composition for use according to claim 13, wherein the managing weight is weight loss.
15. The composition for use according to claim 15, wherein the weight loss is associated with aging.
16. The composition for use according to claim 15, wherein the weight loss is associated with stress.
17. Composition for use according to any one of claims 1-17, wherein the composition is used for treatment of a human.
18. Composition for use according to any one of claims 1-18, wherein the 10-Hydroxy-2-decenoic acid is in the form of a free fatty acid or salt thereof.
19. Composition for use according to any one of claims 2-19, wherein the PUFA is in the form of an ethyl ester or a glyceride ester.
20. A composition comprising about 0.2 mg to about 5000 mg 10-Hydroxy-2-decenoic acid and about 100 mg to about 4000 mg DHA, preferably, the respective amounts are about 12 mg to about 300 mg and about 100 mg to about 1500 mg.
21. A composition according to claim 21, wherein the composition is in the form of one or more capsules.
22. Use of 10-Hydroxy-2-decenoic acid or a derivative thereof for treating anxiety, fertility-related disorders, inflammatory conditions, improving cognitive performance, or managing weight, preferably as described in any one of claims 1-20.
23. A method of treating anxiety, fertility-related disorders, inflammatory conditions, improving cognitive performance, or managing weight in a subject in need thereof,

comprising administering a therapeutically effective amount of 10-Hydroxy-2-decenoic acid or a derivative thereof, preferably as described in any one of claims 1-20.

INTERNATIONAL SEARCH REPORT

International application No.

PCT/US 15/29790

A. CLASSIFICATION OF SUBJECT MATTER

IPC(8) - A01N 37/02 (2015.01)

CPC - A61K31/22; A61K31/22; A61K31/22

According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)
CPC - A61K31/22; A61K31/22; A61K31/22

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched
USPC -514/549; 514/547 (see search terms below)

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)
PatBase, PubWest, ProQuest Dialog, Google Scholar, Google

Search Terms: 10-Hydroxy-2-decenoic acid, polyunsaturated or PUFA or docosahexaenoic or DHA, anxiety, fertility, infertility, inflammatory, cognitive, weight, mg. Day, 10-Hydroxydecanoic acid, 10-Hdec

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	WO 2013/003689 A2 (Miller) 03 January 2013 (03.01.2013) para [0005]-[0006], [0028], [0053], [0079], [0085]	1-3, 3a, 4, 20-21
X	Effects of Hydroxydecine (10-hydroxy-2-decenoic acid) on skin barrier structure and function in vitro and clinical efficacy in the treatment of UV-induced xerosis. Eur J Dermatol. 2011 Nov-Dec;21(6):906-15. abstract	1
Y	US 2005/0065212 A1 (Pineau et al.) 24 March 2005 (24.03.2005) abstract	1
X, E	US 2014/0271844 A1 (Miller) 18 September 2014 (18.09.2014) para [0015], [0031], [0056]	1

Further documents are listed in the continuation of Box C.

* Special categories of cited documents:	
"A" document defining the general state of the art which is not considered to be of particular relevance	"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention
"E" earlier application or patent but published on or after the international filing date	"X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone
"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)	"Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art
"O" document referring to an oral disclosure, use, exhibition or other means	"&" document member of the same patent family
"P" document published prior to the international filing date but later than the priority date claimed	

Date of the actual completion of the international search

08 July 2015 (08.07.2015)

Date of mailing of the international search report

28 JUL 2015

Name and mailing address of the ISA/US

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INTERNATIONAL SEARCH REPORT

International application No.

PCT/US 15/29790

Box No. II Observations where certain claims were found unsearchable (Continuation of item 2 of first sheet)

This international search report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1. Claims Nos.:
because they relate to subject matter not required to be searched by this Authority, namely:

2. Claims Nos.:
because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out, specifically:

3. Claims Nos.: 5-19 and 22-23
because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

Box No. III Observations where unity of invention is lacking (Continuation of item 3 of first sheet)

This International Searching Authority found multiple inventions in this international application, as follows:

1. As all required additional search fees were timely paid by the applicant, this international search report covers all searchable claims.
2. As all searchable claims could be searched without effort justifying additional fees, this Authority did not invite payment of additional fees.
3. As only some of the required additional search fees were timely paid by the applicant, this international search report covers only those claims for which fees were paid, specifically claims Nos.:

4. No required additional search fees were timely paid by the applicant. Consequently, this international search report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:

Remark on Protest

- The additional search fees were accompanied by the applicant's protest and, where applicable, the payment of a protest fee.
- The additional search fees were accompanied by the applicant's protest but the applicable protest fee was not paid within the time limit specified in the invitation.
- No protest accompanied the payment of additional search fees.