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(54) **METHODE DE TRAITEMENT DE MALADIES PROSTATIQUES
AU MOYEN DE FORMULATIONS DE VITAMINE D A
LIBERATION RETARDEE ET/OU PROLONGEE**

(54) **METHOD OF TREATING PROSTATIC DISEASES USING
DELAYED AND/OR SUSTAINED RELEASE VITAMIN D
FORMULATIONS**

(57) L'invention concerne une méthode de traitement de maladies prostatiques (comme le cancer de la prostate ou l'hyperplasie) par administration d'une 1 alpha-hydroxyprévitamine D et/ou d'une vitamine D activée, sous la forme d'une formulation à libération retardée ou d'une formulation à libération retardée et prolongée. Tant la formulation à libération retardée que la formulation à libération retardée prolongée apportent des taux sanguins accrus de vitamine D active, sans entraîner de risque important d'hypercalcémie associée à d'autres dosages oraux de préparations de vitamine D, et produisent les effets bénéfiques au tissu prostatique malade.

(57) Method of treating prostatic conditions such as prostate cancer and hyperplasia by administering 1.alpha.-hydroxyprevitamin D or activated vitamin D or a combination thereof in a sustained release form or a delayed and sustained release formulation. Both the sustained release form and the delayed, sustained release form deliver increase active vitamin D blood levels without significant risk of hypercalcemia associated with other oral dosing of vitamin D forms, to provide the beneficial effect to the diseased prostate tissue.



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(21) International Application Number: PCT/US97/22034 (22) International Filing Date: 10 December 1997 (10.12.97) (30) Priority Data: 08/775,447 30 December 1996 (30.12.96) US (71) Applicant: BONE CARE INTERNATIONAL, INC. [US/US]; 313 West Beltline Highway, Madison, WI 53713 (US). (72) Inventors: BISHOP, Charles, W.; 5 LaPointe Terrace, Madison, WI 53719 (US). KNUTSON, Joyce, C.; 24 North Prospect Avenue, Madison, WI 53705 (US). VALLIERE, Charles, R.; 5040 Hardy Trail, Waunakee, WI 53597 (US). (74) Agents: WELCH, Teresa, J. et al.; Stroud, Stroud, Willink, Thompson & Howard, Suite 300, 25 West Main Street, P.O. Box 2236, Madison, WI 53701-2236 (US).	(81) Designated States: AM, AT, AU, BB, BG, BR, BY, CA, CH, CN, CZ, DE, DK, EE, ES, FI, GB, GE, HU, IS, JP, KE, KG, KP, KR, KZ, LK, LR, LT, LU, LV, MD, MG, MN, MW, MX, NO, NZ, PL, PT, RO, RU, SD, SE, SG, SI, SK, TJ, TM, TT, UA, UG, UZ, VN, ARIPO patent (GH, GM, KE, LS, MW, SD, SZ, UG, ZW), European patent (AT, BE, CH, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, ML, MR, NE, SN, TD, TG). Published <i>With international search report.</i> (88) Date of publication of the international search report: 15 October 1998 (15.10.98)	
(54) Title: METHOD OF TREATING PROSTATIC DISEASES USING DELAYED AND/OR SUSTAINED RELEASE VITAMIN D FORMULATIONS		
(57) Abstract Method of treating prostatic conditions such as prostate cancer and hyperplasia by administering 1 α -hydroxyvitamin D or activated vitamin D or a combination thereof in a sustained release form or a delayed and sustained release formulation. Both the sustained release form and the delayed, sustained release form deliver increase active vitamin D blood levels without significant risk of hypercalcemia associated with other oral dosing of vitamin D forms, to provide the beneficial effect to the diseased prostate tissue.		

METHOD OF TREATING PROSTATIC DISEASES
USING DELAYED AND/OR
SUSTAINED RELEASE VITAMIN D FORMULATIONS

CROSS-REFERENCE TO RELATED APPLICATIONS

5 This application is a continuation-in-part of Ser. No. 08/485,354,
June 7, 1995, which is a divisional of Ser. No. 08/196,116, February 22,
1994, now U.S. Patent No. 5,529,991, which is a 371(a) of
PCT/US93/059612, January 6, 1994, which is a continuation-in-part of
Ser. No. 07/901,886, June 22, 1992, now abandoned, and all of which are
10 incorporated herein by reference.

STATEMENT REGARDING FEDERALLY SPONSORED
RESEARCH OR DEVELOPMENT

Not Applicable

BACKGROUND OF THE INVENTION

15 This invention relates generally to a method of treating
hyperproliferative prostatic diseases, and in particular, to the use of delayed
and/or sustained release oral medicaments that deliver an active vitamin D
compound and, more specifically, to delayed and/or sustained release
activated vitamin D or oral 1α -hydroxyprevitamin D, to inhibit the
20 hyperproliferative cellular activity of these diseases and promote cell
differentiation.

 The prostate gland is found exclusively in male mammals and is
subject to certain proliferative diseases. A proliferation of basal and stroma
cells of the prostate gland gives rise to benign prostatic hyperplasia which
25 is one common prostate disease. Another common prostate disease is
prostate cancer, especially prostatic adenocarcinoma. Both prostatic

hyperplasia and prostate cancer have a high rate of incidence in the aging human male population. Approximately one out of every four males above the age of 55 suffers from a prostate disease of some form or another.

Prostate cancer is currently the second most frequent cause of cancer death after lung cancer among American males. Mortality rates for prostate cancer increase logarithmically with age and are two times higher in U.S. blacks than whites. Internationally, mortality rates are highest in U.S. blacks and in northern Europe and are lowest in Japan. It is projected that by the year 2000, a 90% increase in annual incidence of the disease and a 37% increase in annual mortality rates will be observed. Although prostate cancer may be a relatively indolent neoplasm in the elderly, the overall decrease in life span in patients with this disease is approximately 10 years. Adenocarcinoma of the prostate is the most common of the fatal pathophysiological prostate cancers, and most often involves a malignant transformation of epithelial cells in the peripheral region of the prostate gland.

Improvement in the treatment of prostate cancer has centered on early detection. In recent years, screening tests which detect certain proteins or peptides secreted by the prostate gland, i.e., markers, (e.g, prostate-specific antigen (PSA), prostatic acid phosphatase (PAP), prostatic inhibin (PIP)), have increased the power to diagnose this disease in asymptomatic patients.

Treatment of prostate cancer in men under the age of 65 has focused on radical surgery, e.g., prostatectomy, and/or radiotherapy, but the impact of these aggressive approaches on overall survival remains debatable. The approach to treatment of men over the age of 65 historically has been more conservative, and is based on the ablation or control of testosterone production. This result is usually achieved by surgical castration, by administration of pituitary gonadotropin inhibitors such as estrogens or luteinizing hormone releasing hormone (LHRH) analogues, or a combination of these treatment methods. Estrogens such as diethylstilbestrol are potent

inhibitors of the release from the pituitary gland of luteinizing hormone (LH), the gonadotropin that regulates testosterone production, and consequently, estrogen administration can cause a fall in testosterone to castration levels. Maximum suppression of plasma testosterone is typically achieved by
5 3 mg/day of diethylstilbestrol. Other estrogens such as conjugated estrogens are about as equally effective in the lowering of the plasma level as diethylstilbestrol. However, diethylstilbestrol has a poor cardiovascular profile, and death from cardiovascular disease is not uncommon in patients treated with large doses of diethylstilbestrol. Thus, while dosages of up to
10 3 mg/day of diethylstilbestrol are typically safe, this treatment regime is not indicated for men with preexisting cardiovascular disease.

Prostatic carcinoma often metastasizes to the pelvis and lumbar vertebrae, causing bone loss and associated pain. Hormone manipulation often may result in significant palliation of metastatic prostate cancer, with
15 improvement of bone pain and other disease-associated symptoms. Androgen ablation or control is, thus, also a major adjunctive therapy in advanced metastatic prostate cancer.

Despite initial improvement on hormonal treatment, a majority of patients with locally unresectable or metastatic disease will progress and
20 fail to respond to further hormonal therapies. In this large group of patients, other forms of treatment are far less effective. Radiotherapy often may relieve the symptoms of bone pain, but is not curative. Over time, the disease will progress with a fatal outcome.

As noted hereinabove, prostatic hyperplasia is another common
25 proliferative disease of the prostate gland. This disorder affects men over the age of 45 and increases in frequency with age. Prostatic hyperplasia begins in the periurethral region as a localized proliferation and progresses to compress the remaining normal gland. The hyperplasia can compress and obstruct the urethra. Treatment includes surgery, and administration
30 of pituitary gonadotropin inhibitors and/or 5 α -reductase enzyme inhibitors.

In another area of physiology and biochemistry, the vitamin D area, extensive research during the past two decades has established important biologic roles for vitamin D apart from its classic role in bone and mineral metabolism. Specific nuclear receptors for $1\alpha,25$ -dihydroxyvitamin D_3 , the hormonally active form of vitamin D, are present in cells from diverse organs not involved in calcium homeostasis. For example, Miller et al., 52 *Cancer Res.* (1992) 515-520, have demonstrated biologically active, specific receptors for $1,25$ -dihydroxyvitamin D_3 in the human prostatic carcinoma cell line, LNCaP.

It has been reported that certain vitamin D compounds and analogues are potent inhibitors of malignant cell proliferation and inducers/stimulators of cell differentiation. $1\alpha,25$ -dihydroxyvitamin D_3 has been shown to regulate growth and promote the differentiation of many malignant cells. For example, U.S. Patent No. 4,391,802 issued to Suda et al. discloses that 1α -hydroxyvitamin D compounds, specifically $1\alpha,25$ -dihydroxyvitamin D_3 and 1α -hydroxyvitamin D_3 , possess potent antileukemic activity by virtue of inducing the differentiation of malignant cells (specifically leukemia cells) to nonmalignant macrophages (monocytes), and are useful in the treatment of leukemia. Antiproliferative and differentiating actions of $1\alpha,25$ -dihydroxyvitamin D_3 and other vitamin D_3 analogues have been reported with respect to prostate cancer cell lines. More recently, an association between vitamin D receptor gene polymorphism and prostate cancer risk has been reported, suggesting that vitamin D receptors may have a role in the development, and possible treatment, of prostate cancer.

These previous studies have focused exclusively on vitamin D_3 compounds. Even though these compounds may indeed be highly effective in promoting differentiation in malignant cells in culture, their practical use in differentiation therapy as anticancer agents is severely limited because of their equally high potency as agents affecting calcium metabolism. At the levels required *in vivo* for effective use as antileukemic agents, these same compounds can induce markedly elevated and potentially dangerous

blood calcium levels by virtue of their inherent calcemic activity. That is, the clinical use of $1\alpha,25$ -dihydroxyvitamin D_3 and other vitamin D_3 analogues as anti-cancer agents is precluded, or severely limited, by the risk of hypercalcemia. This indicates a need for vitamin D therapies with
5 greater specific activity and selectivity of action, i.e., vitamin D compounds and/or formulations with antiproliferative and differentiating effects but which have less calcemic activity. In particular, there is a need for vitamin D therapies that can be administered orally to provide the active vitamin D blood level necessary for antiproliferative and prodifferentiative
10 effects without the risk of hypercalcemia. The need for such vitamin D therapies is no greater than in the treatment of prostate hyperplastic and neoplastic prostatic diseases.

BRIEF SUMMARY OF THE INVENTION

The present invention provides a method of treating prostatic disease
15 conditions such as those characterized by hyperproliferative cell growth and/or abnormal cell differentiation, e.g., prostate cancer and prostatic hyperplasia. The method includes the administration of a delayed and/or sustained release vitamin D therapy to a subject suffering from such diseases to inhibit abnormal cell growth and promote cell differentiation.
20 The delayed and/or sustained release vitamin D therapy includes 1α -hydroxyprevitamin D compounds and/or active vitamin D compounds in a delayed and/or sustained release formulation.

The foregoing, and other advantages of the present invention, are realized in one aspect thereof in a method of inhibiting the
25 hyperproliferative activity of human prostatic cancer or hyperplastic cells, comprising treating the cells with an effective amount of a vitamin D therapy which is a delayed and/or sustained release vitamin D formulation. The treating step includes inhibiting proliferation of, and inducing and enhancing differentiation in such prostatic cells, and the preferred route of
30 administration is oral. The sustained release vitamin D formulation includes

1 α -hydroxyprevitamin D and/or an active vitamin D in a sustained release matrix. The delayed sustained release formulation further includes an enteric coat of the active ingredient(s).

Preferred among the 1 α -hydroxyprevitamin D compounds for the sustained release or the delayed sustained release formulation in accordance with the present invention are 1 α ,25-dihydroxyprevitamin D₃, 1 α ,24-dihydroxyprevitamin D₃, 1 α -hydroxyprevitamin D₃, 1 α ,25-dihydroxyprevitamin D₂, 1 α ,24-dihydroxyprevitamin D₂, 1 α -hydroxyprevitamin D₂, 1 α ,25-dihydroxyprevitamin D₄, 1 α ,24-dihydroxyprevitamin D₄, and 1 α -hydroxyprevitamin D₄. Preferred among the active vitamin D compounds are 1 α ,25-dihydroxyvitamin D₃, 1 α ,24-dihydroxyvitamin D₃, 1 α -hydroxyvitamin D₃, 1 α ,25-dihydroxyvitamin D₂, 1 α ,24-dihydroxyvitamin D₂, 1 α -hydroxyvitamin D₂, 1 α ,25-dihydroxyvitamin D₄, 1 α ,24-dihydroxyvitamin D₄, and 1 α -hydroxyvitamin D₄.

The effective or therapeutic amount of the 1 α -hydroxyprevitamin D compound, in unit dosage form, is 0.01 μ g/kg/day to 2.0 μ g/kg/day, and similarly, the amount of active vitamin D in delayed and/or sustained release form is 0.01 μ g/kg/day to 2.0 μ g/kg/day.

The invention further is a method of treating human prostate cancer, comprising administering to a male subject who has prostate cancer an effective amount of vitamin D compound which compound is 1 α -hydroxyprevitamin D or an active vitamin D in delayed and/or sustained release form and which has a hypercalcemia risk substantially lower than that of 1 α ,25-dihydroxyvitamin D₃ administered, alone or in previously known formulations, to decrease or stabilize the cellular abnormal proliferative activity of the cancer. Thus, in addition to ameliorating prostatic conditions, the formulations of present invention overcome the inherent inadequacies of presently known oral vitamin D formulations, by providing a delayed and/or sustained release vitamin D oral medicament.

In one embodiment, the oral medicament is a sustained release (SR) vitamin D which includes a 1 α -hydroxyprevitamin D compound or an active

vitamin D compound in a sustained release matrix (hereinafter "SR pre D" and "SR active D," respectively). The 1α -hydroxyprevitamin D is preferably represented by formula (I) or (II) as defined hereinbelow. The compounds of formulas (I) and (II) include 1α -hydroxyprevitamin D, $1\alpha,24$ -dihydroxyprevitamin D, and $1\alpha,25$ -dihydroxyprevitamin D.

In accordance with the SR pre D formulation of the medicament of invention, i.e., 1α -hydroxyprevitamin D as the active ingredient, 1α -hydroxyprevitamin D acts as a prodrug for the active vitamin D to inhibit abnormal cell proliferation of and induce or enhance cell differentiation in prostatic diseases. The sustained increase in the blood level of the active 1α -hydroxyvitamin D or its metabolite provided by administration of 1α -hydroxyprevitamin D is achieved with significantly less hypercalcemia than that resulting from oral dosing of the $1\alpha,25$ -dihydroxyvitamin D_3 .

In the SR pre D, the 1α -hydroxyprevitamin D is provided in a form that remains relatively stable at room temperature, and is solvent-free. The 1α -hydroxyprevitamin D is then administered to an animal or human being in an oral dosage formulation. As the 1α -hydroxyprevitamin D is released from the oral dosage formulation, it is absorbed from the intestine. 1α -hydroxyprevitamin D is inactive, i.e., does not bind to the vitamin D receptor protein and does not stimulate intestinal calcium absorption. As the 1α -hydroxyprevitamin D is warmed by the core temperature of the animal or human being, it is thermally converted to the corresponding activated 1α -hydroxyvitamin D. The thermal conversion to the active form takes a sufficiently long period of time such that most of this conversion occurs in the time period after the 1α -hydroxyprevitamin D has been absorbed from the intestine of the animal or human being. Thus, the SR pre D produces a greater sustained blood level of the corresponding activated vitamin D with significantly less stimulation of intestinal calcium absorption than is obtained by administering orally the corresponding activated vitamin D itself.

In the SR active D formulation of the present invention, activated vitamin D is incorporated in sustained release matrix suitable for oral administration. That is, the activated vitamin D is formulated so that it is bound in a matrix which provides a sustained release when exposed to the contents of the intestine.

In a second embodiment, the oral composition of the present invention is a delayed and sustained release (DSR) vitamin D, e.g., a sustained release vitamin D with an enteric coating. The 1α -hydroxyprevitamin D or activated vitamin D-containing matrix is suitably covered with an enteric coating that is resistant to disintegration in gastric juices. The enteric coated, sustained release formulation of vitamin D, i.e., delayed sustained release vitamin D, (hereafter referred to as "DRS pre D" and "DSR activated or active D," respectively) is then administered orally to an animal or a human. As the DSR pre D or DSR activated D of the invention travels past the proximal portion of the small intestine, the enteric coating dissolves. The 1α -hydroxyprevitamin D or active vitamin D-containing matrix is exposed to intestinal fluids, and 1α -hydroxyprevitamin D or activated vitamin D is gradually released over a sustained period of time and absorbed from the intestine. Since the major portion of activated vitamin D of corresponding 1α -hydroxyvitamin from the hydroxylated previtamin is absorbed at a point beyond the proximal portion of the small intestine, a reduced stimulation of calcium uptake from the intestine occurs. This reduces the risk of hypercalcemia and hypercalciuria, thus increasing the therapeutic window. The gradual release also allows a greater sustained level of activated vitamin D compound in the serum to be obtained and, hence, provides a beneficial effect on diseased prostatic tissue.

The oral DSR composition of present invention may also suitably include a combination of activated previtamin D and activated vitamin D (hereafter referred to as "DSR activated pre D and D"). This embodiment of the invention includes one or more of the compounds of formulas (I), (II),

(III), and/or (IV), defined hereinafter, contained in an enteric coated, sustained release formulation suitable for oral administration.

Thus, for treatment of prostatic diseases, e.g., prostatic cancer or hyperplasia, a subject is provided orally an effective amount of SR vitamin D which is 1α -hydroxyprevitamin D and/or active vitamin D in a sustained release matrix, or an effective amount of DSR activated vitamin D or DSR activated pre D, or an effective amount of DSR activated pre D and D, thereby increasing the blood level of activated vitamin D in an animal or human being, inhibiting prostatic cellular proliferation, and inducing or enhancing cell differentiation.

For treatment of prostate conditions in accordance with the present invention, SR vitamin D or DSR vitamin D is suitably administered alone as an active ingredient (i.e., as a first anticancer agent) or in a mixture including a second anticancer agent, an androgen ablation agent, a 5α -reductase inhibitor or combinations thereof.

In another aspect, the invention is a pharmaceutical composition which includes a first anticancer agent that is an SR vitamin D or a DSR vitamin D and an agent selected from the group consisting of (i) a second anticancer agent, (ii) a bone agent, (iii) an androgen ablation agent and (iv) a 5α -reductase inhibitor and combinations thereof, and a physiologically acceptable carrier. The active vitamin D compound is present in a dosage range of about $0.01 \mu\text{g}/\text{kg}/\text{day}$ to about $2.0 \mu\text{g}/\text{kg}/\text{day}$; the active previtamin D is also present in a dosage range of $0.01 \mu\text{g}/\text{kg}/\text{day}$ to $2.0 \mu\text{g}/\text{kg}/\text{day}$.

Other advantages and a fuller appreciation of specific adaptations, compositional variations, and physical attributes will be gained upon an examination of the following detailed description of preferred embodiments, taken in conjunction with the figures of the drawing and appended claims. It is expressly understood that the drawings are for the purpose of illustration and description only, and are not intended as a definition of the limits of the invention.

BRIEF DESCRIPTION OF THE DRAWING(S)

The preferred exemplary embodiment of the present invention will hereinafter be described in conjunction with the appended drawing wherein like designations refer to like elements throughout and in which:

5 Figure 1 is a graph of the time course conversion of certain 1α -hydroxyprevitamins to the vitamin form; and

Figure 2 is a graph of the expected results of active vitamin D concentration versus time after administration of DSR activated D.

DETAILED DESCRIPTION OF THE INVENTION

10 The present invention provides an effective method for the treatment of neoplastic and hyperplastic diseases. Particularly, the present invention relates to therapeutic methods for inhibiting, ameliorating or alleviating the hyperproliferative cellular activity of diseases of the prostate, e.g., prostatic cancer and prostatic hyperplasia. The present invention provides a novel
15 treatment for a patient suffering from a hyperproliferative disease such as prostatic cancer or prostatic hyperplasia which includes administering a medicament that is 1α -hydroxyprevitamin D or a DSR active vitamin D or active previtamin D. The medicament is provided to the patient without causing dose-limiting hypercalcemia and hypercalciuria, i.e.,
20 unphysiologically high and deleterious blood calcium levels and urine calcium levels, respectively. These attributes are achieved through certain chemical and physical properties of the compositions of the present invention.

In accordance with the invention, when effective amounts of
25 SR vitamin D or DSR vitamin D therapies are administered to patients with prostatic cancer or prostatic hyperplasia, the proliferative activity of the abnormal prostatic cells is inhibited or alleviated, and cell differentiation is induced or promoted, with significantly less hypercalcemia and hypercalciuria than is observed after the same amount of activated
30 vitamin D is administered in previously known formulations. Thus, the

medicament of the present invention has an improved therapeutic index. The effective amounts of active ingredient in SR and DSR formulations for treatment of prostatic neoplastic and hyperplastic conditions ranges from about 0.01 $\mu\text{g}/\text{kg}/\text{day}$ to about 2.0 $\mu\text{g}/\text{kg}/\text{day}$ for 1α -hydroxyprevitamin D, and 0.01 $\mu\text{g}/\text{kg}/\text{day}$ to 2.0 $\mu\text{g}/\text{kg}/\text{day}$ for active vitamin D.

It is known that vitamin D₃ must be hydroxylated in the C-1 and C-25 positions before it is activated, i.e., before it will produce a biological response. A similar metabolism appears to be required to activate other forms of vitamin D, e.g., vitamin D₂ and vitamin D₄. Therefore, as used herein, the term "activated vitamin D" or "active vitamin D" are intended to refer to a vitamin D compound or analogue that has been hydroxylated in at least the C-1 position of the A ring of the molecule and binds or is converted/metabolizes to a compound that binds the vitamin D receptor (VDR). In other words, as to the latter, a 1α -hydroxyvitamin D is further hydroxylated to a compound which is then capable of binding the VDR. Similarly, the term "activated previtamin D" refers to a previtamin D compound that has been hydroxylated in at least the C-1 position of the A ring and is converted/metabolizes to a compound that binds the VDR.

Also, as used herein, the term "lower" as a modifier for alkyl or acyl is meant to refer to a straight or branched hydrocarbon chain having 1 to 4 carbon atoms. Specific examples of such hydrocarbon chains are methyl, ethyl, propyl, butyl, isobutyl, *t*-butyl, ethenyl, propenyl, butenyl, isobutenyl, isopropenyl, formyl, acetyl, propionyl or butyryl. The term "aromatic acyl" is meant to refer to an unsubstituted benzoyl group or substituted benzoyl group such as nitrobenzoyl or dinitrobenzoyl. The term "treat" or "treatment" is meant to refer to alleviation, amelioration, repair or prevention of prostatic diseases as well as inhibition of cellular abnormal or hyperproliferation, and promotion, inducement and/or enhancement of cell differentiation.

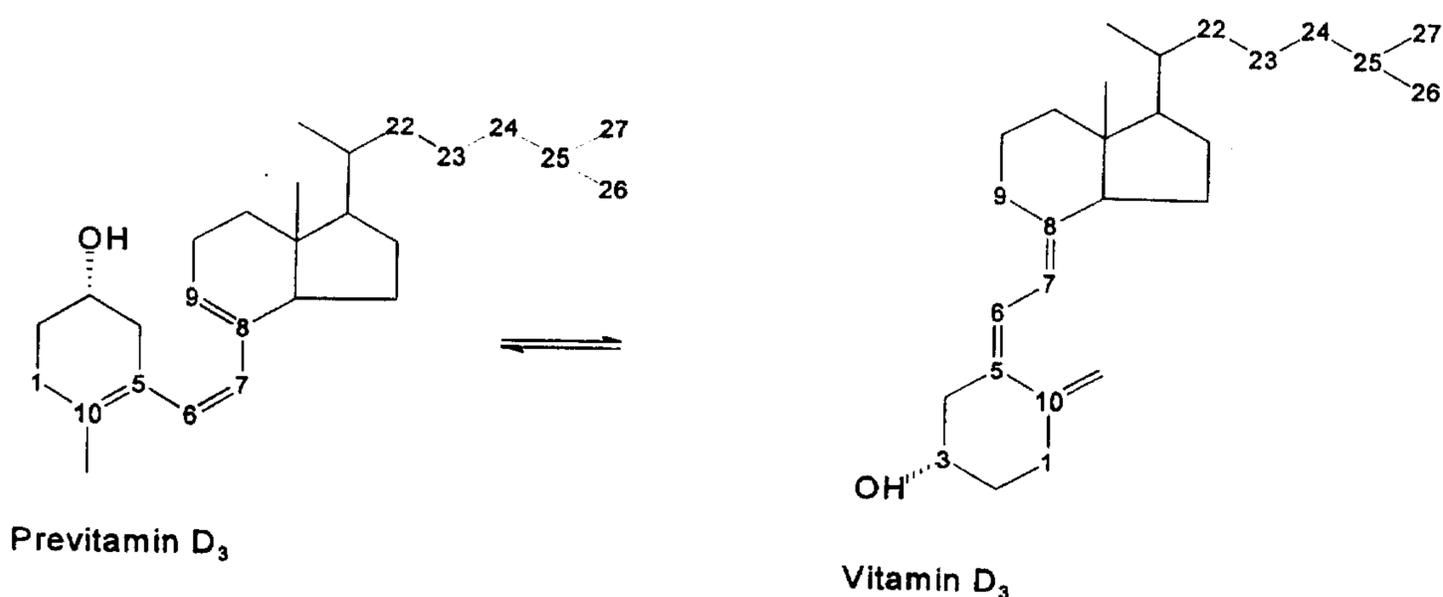
The 1α -hydroxyprevitamin D compounds and active vitamin D compounds in SR and DSR form of the present invention are those that

have effective antiproliferative and cell differentiation activity (i.e., reversal of malignant transformation), particularly with respect to cells of prostatic diseases, e.g., prostatic cancer and prostatic hyperplasia, but have a lower tendency or inability to cause the undesired side effects of hypercalcemia and/or hypercalciuria. In other words, the compositions or medicaments of the present invention act as antiproliferative agents and cell differentiation agents when exposed to malignant or other hyperproliferative cells without significantly altering calcium metabolism. The delayed and sustained release action of the formulations of the present invention make them useful and preferred agents for safely inhibiting hyperproliferation and achieving malignant cell differentiation. The formulations of the present invention, thus, overcome the shortcomings of the known active vitamin D formulations mentioned above, and can be considered preferred agents for the control and treatment of malignant diseases such as prostate cancer as well as benign prostatic hyperplasia.

The preferred embodiments of the compositions or medicaments of present invention used in the therapeutic methods for ameliorating certain prostatic conditions are described herein as follows.

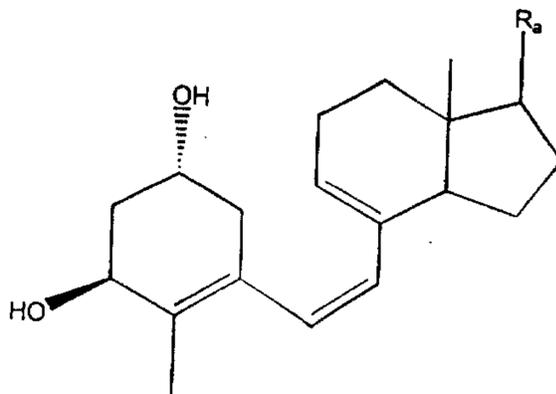
A first embodiment of the medicament of present invention is an SR formulation which includes substantially pure 1α -hydroxyprevitamin D or an active vitamin D contained in a sustained release matrix. It has been found that when substantially pure 1α -hydroxyprevitamin D is administered orally, it produces a greater sustained increase in the blood level of activated vitamin D and significantly less hypercalcemia and hypercalciuria than the same amount of activated vitamin D administered orally in previously known formulations. 1α -Hydroxyprevitamin D is, therefore, useful in the treatment of prostatic conditions. As used herein, the term "substantially pure" means at least 85% pure 1α -hydroxyprevitamin D. The term "sustained" as used herein means a blood level which remains relatively constant (i.e., ± 10 pg/ml or $\pm 10\%$ of the mean value) for a period greater than a defined period, i.e., typically greater than 4 hours.

It is known that vitamin D₃ is synthesized endogenously in the skin of animals and man from 7-dehydrocholesterol by an ultraviolet-mediated photochemical reaction which breaks the B ring of the 7-dehydrocholesterol between carbon-4 and carbon-9 to form previtamin D₃. The triene previtamin D₃ is unstable and over time thermally converts to vitamin D₃. At normal body temperature an equilibrium exists between previtamin D₃ and vitamin D₃, as seen below.



As vitamin D₃ is further metabolized *in vivo* this equilibrium shifts to the vitamin D₃ form. A similar conversion and equilibrium state exists for 1 α -hydroxyprevitamin D.

The 1 α -hydroxyprevitamin D of the present invention preferably has the general formula (I):

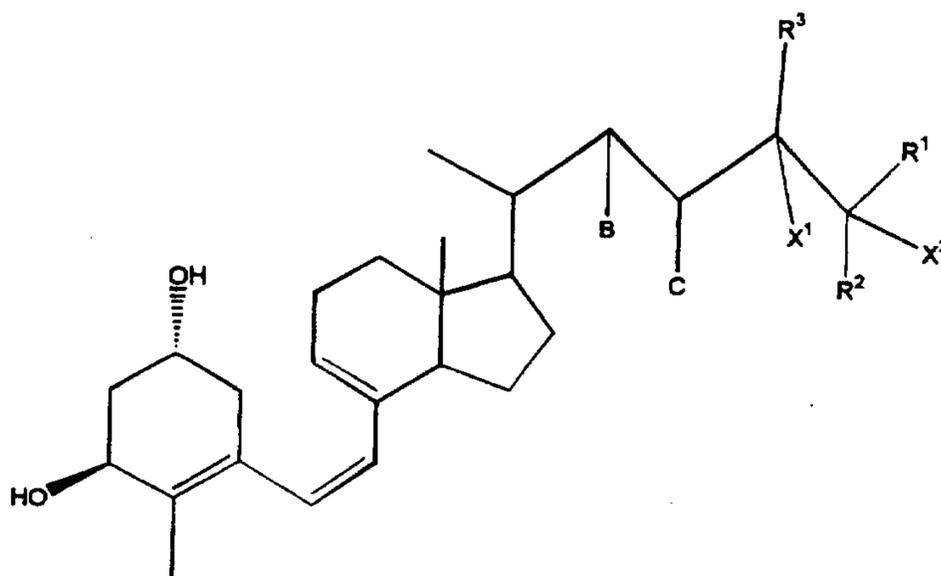


(I)

wherein R_a is a side chain having at least 7 carbon atoms, and can be branched or unbranched, saturated or unsaturated, hetero-substituted or

nonhetero-substituted, cyclic or noncyclic, and wherein the thermal isomer of the 1α -hydroxyprevitamin D of the general formula (I) is an active vitamin D and increases the serum calcium of the vitamin D-deficient rat as determined by standard methods used by biochemists in the vitamin D area.

5 Among the preferred 1α -hydroxyprevitamin D of this embodiment of the present invention are those having the formula (II):



(II)

wherein B and C are either hydrogen or a carbon—carbon bond forming a double bond between C-22 and C-23; R^1 and R^2 are each independently
 10 hydrogen, hydroxy, fluoro, lower alkyl, lower fluoroalkyl, O-lower alkyl, lower alkenyl, lower fluoroalkenyl, O-lower alkenyl, O-lower acyl, O-aromatic acyl, lower cycloalkyl, or taken together with the carbon to which they are binded, form a C_3 - C_8 cyclocarbon ring; R^3 is hydrogen,
 15 fluoro, lower alkyl, lower alkenyl, lower fluoroalkyl, lower fluoroalkenyl, O-lower alkyl, O-lower alkenyl, O-lower acyl, O-aromatic acyl or lower cycloalkyl; X^1 is hydrogen or hydroxyl; and X^2 is hydrogen, hydroxyl, or, taken with R^1 or R^2 , constitutes a double bond. Preferred among the compounds of formula (II), i.e., preferred 1α -hydroxy-previtamin D compounds, are:

20 $1\alpha,25$ -dihydroxyprevitamin D_3 [$1\alpha,25$ -(OH) $_2$ preD $_3$];

$1\alpha,24,25$ -trihydroxyprevitamin D_3 [$1\alpha,24,25$ -(OH) $_3$ preD $_3$];

- 1α -hydroxyprevitamin D₃ [1α -(OH)preD₃];
 1α ,24-dihydroxyprevitamin D₃ [1α ,24-(OH)₂preD₃];
 1α ,24-dihydroxy-25-fluoro-previtamin D₃ [1α ,24-(OH)₂-25-FpreD₃];
 1α ,25-dihydroxyprevitamin D₂ [1α ,25-(OH)₂preD₂];
5 1α ,24,25-trihydroxyprevitamin D₂ [1α ,24,25-(OH)₃preD₂];
 1α -hydroxyprevitamin D₂ [1α -(OH)preD₂];
 1α ,24-dihydroxyprevitamin D₂ [1α ,24-(OH)₂preD₂];
 1α ,24-dihydroxy-25-fluoro-previtamin D₂ [1α ,24-(OH)₂-25-FpreD₂];
 1α ,25-dihydroxyprevitamin D₄[1α ,25-(OH)₂preD₄];
10 1α ,24,25-trihydroxyprevitamin D₄[1α ,24,25-(OH)₃preD₄];
 1α -hydroxyprevitamin D₄[1α -(OH)preD₄];
 1α ,24-dihydroxyprevitamin D₄[1α ,24-(OH)₂preD₄]; and
 1α ,24-dihydroxy-25-fluoro-previtamin D₄[1α ,24-(OH)₂-25-FpreD₄].

Among those compounds of formula (II) that have a chiral center in
 15 the side chain, e.g., at C-24, it is understood that both epimers (e.g., R and
 S) and the racemic mixture are within the scope of the present invention.

In a preferred embodiment, the compounds of formulas (I) or (II) are
 provided in a substantially pure, crystalline, solvent-free form. As such the
 1α -hydroxyprevitamin D remains quite stable at room temperature with
 20 minimal conversion to the 1α -hydroxyvitamin D form. The compounds of
 formulas (I) or (II), i.e., 1α -hydroxyprevitamin D, can be readily
 manufactured in crystalline form according to the procedure described in
 Vandewalle et al. U.S. Patent 4,539,153.

The 1α -hydroxyprevitamin D compounds of this embodiment can be
 25 processed in accordance with conventional methods of pharmacy to
 produce medicinal agents for administration to patients, e.g., mammals,
 including human beings. For example, dosage forms of the compounds of
 formulas (I) or (II) with conventional excipients, include admixtures suitable
 for oral administration. Dosage forms of the 1α -hydroxyprevitamin D can
 30 be combined with any nontoxic pharmaceutically acceptable carrier, such
 as cornstarch, lactose, or sucrose, which does not deleteriously react with

the active compounds. The formulation can be produced in tablet, capsule, powders, troches and lozenges. Whatever method of formulation is used, care should be taken to avoid extended exposure to solvents and heat as under such conditions there will be a tendency for a portion of
5 1 α -hydroxyprevitamin D to convert to the 1 α -hydroxyvitamin D form. Because heat and dissolution are preferably avoided, the preferred method of tablet formulation is the method known as dry granulation, i.e., the 1 α -hydroxyprevitamin D is solvent-free and heat stable at room temperature.

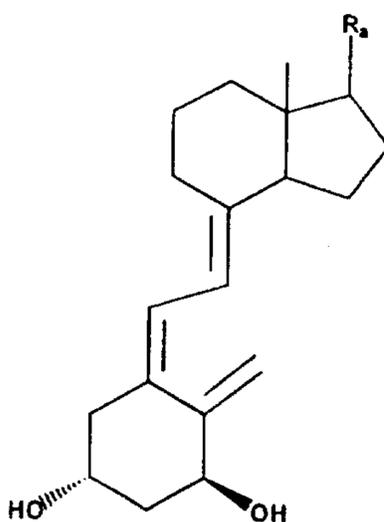
10 The 1 α -hydroxyprevitamin D is administered to the animal or human in oral dosage formulation. As the 1 α -hydroxyprevitamin D is released from the oral dosage formulation, it is absorbed from the intestine. 1 α -Hydroxyprevitamin D does not interact with the vitamin D receptor protein of the enterocytes and, therefore, does not stimulate intestinal
15 calcium absorption.

It is also known that the binding of activated vitamin D with the vitamin D receptor protein of the enterocyte induces the release of enzymes which degrade a significant portion of the unbound activated vitamin D present in the intestine. Such degradation decreases the amount of
20 activated vitamin D available for absorption into the blood stream. Since 1 α -hydroxyprevitamin D does not bind with the vitamin D receptor protein there is no such enzyme induction. Thus, less degradation occurs in the intestine and a greater amount is available for absorption into the blood stream than is the case with the corresponding activated vitamin D.

25 As the 1 α -hydroxyprevitamin D is warmed by the core temperature of the animal or human being, it is thermally converted to the corresponding activated vitamin D. The reaction time for thermal conversion to the active form is sufficiently long so that most of the conversion occurs over time after the 1 α -hydroxyprevitamin D has been absorbed. Thus, the
30 1 α -hydroxyprevitamin D oral dosage formulation produces a greater sustained blood level of the corresponding activated vitamin D with

significantly less stimulation of intestinal calcium absorption than is possible with a comparable oral dosage amount of the activated vitamin D itself. Thus, oral administration of 1α -hydroxyprevitamin D provides greater sustained blood levels of active vitamin D for treatment of prostatic neoplastic and hyperplastic cells without significant calcemic activity than with comparable oral administration of the active vitamin D itself.

The active vitamin D of the SR formulation of the medicament of the present invention is preferably a 1α -hydroxyvitamin D having the general formula (III):



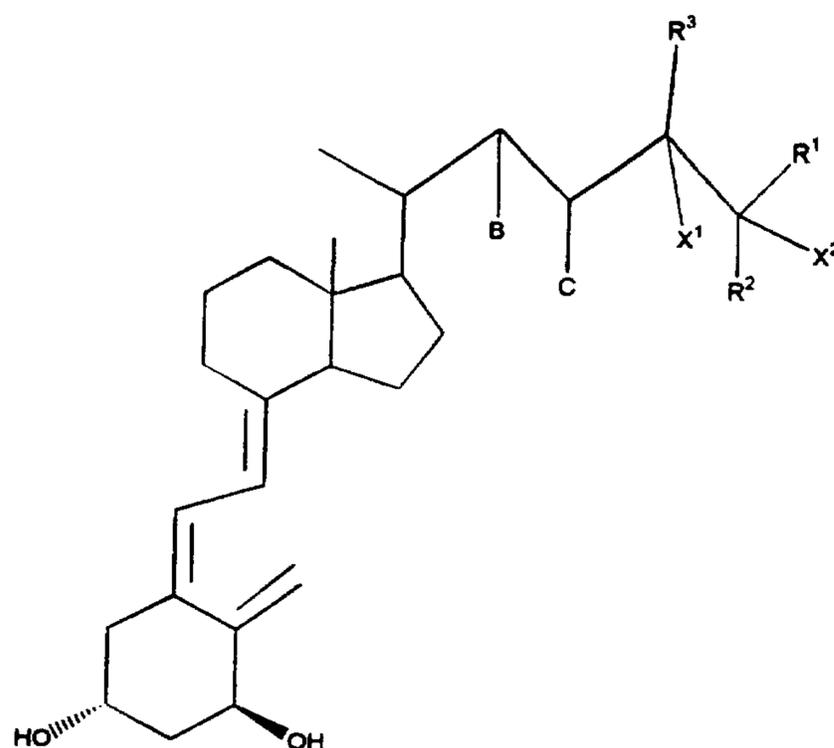
10

(III)

wherein R_a is a side chain having at least 7 carbon atoms, and can be branched or unbranched, saturated or unsaturated, hetero-substituted or nonhetero-substituted, cyclic or noncyclic, or any vitamin D compound or homologue which binds with the vitamin D receptor protein.

15

Among the preferred 1α -hydroxyvitamin D compounds of this embodiment of the present invention are those having the formula (IV):



(IV)

wherein B and C are either hydrogen or a carbon—carbon bond forming a double bond between C-22 and C-23; R¹ and R² are each independently hydrogen, hydroxy, fluoro, lower alkyl, lower fluoroalkyl, O-lower alkyl, lower alkenyl, lower fluoroalkenyl, O-lower alkenyl, O-lower acyl, O-aromatic acyl, lower cycloalkyl, or taken together with the carbon to which they are binded, form a C₃-C₈ cyclocarbon ring; R³ is hydrogen, fluoro, lower alkyl, lower alkenyl, lower fluoroalkyl, lower fluoroalkenyl, O-lower alkyl, O-lower alkenyl, O-lower acyl, O-aromatic acyl or lower cycloalkyl; X¹ is hydrogen or hydroxyl; and X² is hydrogen, hydroxyl, or, taken with either R¹ or R², constitutes a double bond. Preferred among the compounds of formula (IV), i.e., the preferred 1 α -hydroxyvitamin D compounds, are:

- 1 α ,25-dihydroxyvitamin D₃ [1 α ,25-(OH)₂D₃];
- 1 α ,24,25-trihydroxyvitamin D₃ [1 α ,24,25-(OH)₃D₃];
- 1 α -hydroxyvitamin D₃ [1 α -(OH)D₃];
- 1 α -hydroxy-25-fluoro-vitamin D₃ [1 α -(OH)-25-FD₃];
- 1 α ,24-dihydroxyvitamin D₃ [1 α ,24-(OH)₂D₃];
- 1 α ,24-dihydroxy-25-fluoro-vitamin D₃ [1 α ,24-(OH)₂-25-FD₃];
- 1 α ,25-dihydroxyvitamin D₂ [1 α ,25-(OH)₂D₂];
- 1 α ,24,25-trihydroxyvitamin D₂ [1 α ,24,25-(OH)₃D₂];

- 1α-hydroxyvitamin D₂ [1α-(OH)D₂];
1α-hydroxy-25-fluoro-vitamin D₂ [1α-(OH)-25-FD₂]
1α,24-dihydroxyvitamin D₂ [1α,24-(OH)₂D₂];
1α,24-dihydroxy-25-fluoro-vitamin D₂ [1α,24-(OH)₂-25-FD₂];
5 1α,25-dihydroxyvitamin D₄ [1α,25-(OH)₂D₄];
1α,24,25-trihydroxyvitamin D₄ [1α,24,25-(OH)₃D₄];
1α-hydroxyvitamin D₄ [1α-(OH)D₄];
1α-hydroxy-25-fluoro-vitamin D₄ [1α-(OH)-25-FD₄];
1α,24-dihydroxyvitamin D₄ [1α,24-(OH)₂D₄]; and
10 1α,24-dihydroxy-25-fluoro-vitamin D₄ [1α,24-(OH)₂-25-FD₄].

Among those active vitamin D compounds that have a chiral center in the side chain, e.g., 1α,24-dihydroxyvitamin D₂, it is understood that both epimers (e.g., R and S) and the racemic mixture are within the scope of the present invention.

15 The compounds of formula (III) and (IV) of this embodiment can be processed in accordance with conventional methods of pharmacy to produce sustained release medicinal agents (more specifically described below) for administration to patients, e.g., mammals, including humans. For example, dosage forms of the compounds of formulas (III) and (IV) with
20 conventional excipients, include admixtures suitable for oral administration. Dosage forms of the 1α-hydroxyvitamin D can be combined with any nontoxic pharmaceutically acceptable carrier, such as cornstarch, lactose, or sucrose, which does not deleteriously react with the active compounds. The SR formulation can be produced in tablet or capsule form.

25 A very preferred formulation of this embodiment is a matrix which binds the 1α,25-dihydroxyvitamin D₃ along with an acceptable pharmaceutical excipient and which permits a slow, relatively steady release of the 1,25-dihydroxyvitamin D₃ over a period of four to eight hours.

30 The means for providing sustained (i.e., controlled) release of the active ingredient may be selected from any of the known sustained-release

delivery systems for controlling the release of an active ingredient over a course of about four or more hours including the wax matrix system, and the Eudragit RS/RL system (of Rohm Pharma, GmbH, Weiterstadt, Germany).

5 The wax matrix system disperses the active ingredient(s) in a wax binder which slowly dissolves in body fluids to gradually release the active ingredient(s).

 The preferred controlled-release oral drug delivery system is the Eudragit RL/RS system in which the active ingredient, activated vitamin D,
10 is combined with a sustained release matrix, and sprayed into granules having a dimension of 25/30 mesh. The granules are then uniformly coated with a thin polymeric lacquer which is water insoluble but slowly water permeable. The coated granules can be mixed with optional additives such as antioxidants, stabilizers, binder, lubricant, processing aids and the like.
15 The mixture may be compacted into a tablet which, prior to use, is hard and dry or it may be poured into a capsule. After the tablet or capsule is swallowed and comes into contact with the aqueous intestinal fluids, the thin lacquer begins to swell and slowly allows permeation of intestinal fluids. As the intestinal fluid slowly permeates the lacquer coating, the
20 active ingredients are slowly released. By the time the tablet has passed through the intestinal tract, about four to eight hours, the active ingredients will have been slowly but completely released. Accordingly, the ingested tablet will effect a sustained release of the activated vitamin D as well as any other active ingredient.

25 The Eudragit system is comprised of high permeability lacquers (RL) and low permeability lacquers (RS). The permeability of the coating and thus the time course of drug release can be titrated by varying the proportion of RS to RL coating material.

 For further details of the Eudragit RL/RS system, reference is made
30 to technical publications available from Rohm Tech, Inc. 195 Canal Street, Maiden, Massachusetts, 02146. See also, K. Lehmann, D. Dreher "Coating

of tablets and small particles with acrylic resins by fluid bed technology," *Int. J. Pharm. Tech. & Prod. Mfr.* 2(r), 31-43 (1981).

In the second embodiment of the medicament or composition of the present invention, one or more of activated vitamin D compounds or one
5 or more substantially pure 1α -hydroxyprevitamin D or combinations thereof are included in an enteric coated, sustained release formulation. In other words, an enteric coated, sustained release formulation is a delayed, sustained (DSR) formulation of the compounds of formula (I) and (II), or (III) and (IV) or combinations thereof.

10 Surprisingly, it has been found that the DSR activated D formulation of the invention significantly increases the therapeutic window of the activated vitamin D compound. That is, the risk of hypercalcemia and hypercalciuria is significantly decreased and the therapeutic effectiveness is significantly increased for the activated vitamin D when orally
15 administered in the DSR activated D formulation as compared to the same amount of activated vitamin D orally administered in heretofore known oral formulations of those compounds. Furthermore, the DSR activated D formulation permits a higher sustained blood level of the activated vitamin D to be obtained than was possible with previously known oral
20 formulations of the activated vitamin D compound.

To prepare the DSR formulations of this embodiment of the medicament of the present invention, the coated granules of formulas (I), (II), (III) or (IV), described hereinbefore, are either formed into a tablet or put
25 into a capsule, and the tablet or capsule is coated with an enteric-coating material which dissolves at a pH of 6.0 to 7.0 to form the DSR formulation. One such pH dependent enteric-coating material is Eudragit L/S which dissolves in intestinal fluid but not in the gastric juices. Other enteric-coating materials may be used such as cellulose acetate phthalate (CAP) which is resistant to dissolution by gastric juices but readily disintegrates
30 due to the hydrolytic effect of the intestinal esterases.

The particular choice of enteric-coating material is not of significance as long as a sustained or controlled release over a period of 4 to 8 hours is obtained and release is delayed until the DSR formulation reaches the intestine. Although not essential to the invention, it is preferred that release is delayed until the DSR formulation has reached beyond the proximal part of the small intestine.

Those skilled in the art will also appreciate that the formulations of the present invention may also be encapsulated in other time-release delivery systems such as a liposome delivery system, polysaccharides exhibiting a slow release mechanism, salistic or other polymer implants or microspheres. In such time release delivery systems, the active compound is suitably protected with differentially degradable coatings, e.g., by microencapsulation, multiple coatings, etc., and such means effect continual dosing of compositions contained therein.

While the preferred embodiments are described above, it should be understood that the only limitation as to the kind of active vitamin D compound used in this invention is that the vitamin D compound itself or its *in vivo* metabolite binds with the vitamin D receptor protein. The only limitation as to the 1α -hydroxyprevitamin D is that it converts thermally to an active vitamin D compound in which it or its *in vivo* metabolite binds with the VDR.

The compounds of 1α -hydroxyprevitamin D and active vitamin D, preferably of formulas (I), (II), (III) and (IV), are useful as active compounds in the pharmaceutical compositions of the above described embodiments. Such compositions suitably may include physiologically acceptable excipients or vehicles. These pharmaceutical compositions constitute another aspect of the invention. The dosage forms may also contain adjuvants, such as preserving or stabilizing adjuvants.

As noted hereinbefore, the pharmacologically active compounds of this invention can be processed in accordance with conventional methods of pharmacy to produce medicinal agents for administration to patients,

e.g., mammals including humans. For example, the compounds of formulas (I) or (II) can be employed in admixtures with conventional excipients, e.g., pharmaceutically acceptable carrier substances suitable for enteral (e.g., oral) or parenteral application which do not deleteriously react with the active compounds.

Suitable pharmaceutically acceptable carriers for compounds of formulas (III) and (IV) include but are not limited to water, salt solutions, alcohols, gum arabic, vegetable oils (e.g., corn oil, cottonseed oil, peanut oil, olive oil, coconut oil), fish liver oils, oily esters such as Polysorbate 80, polyethylene glycols, gelatine, carbohydrates (e.g., lactose, amylose or starch), magnesium stearate, talc, silicic acid, viscous paraffin, fatty acid monoglycerides and diglycerides, pentaerythritol fatty acid esters, hydroxy methylcellulose, polyvinyl pyrrolidone, etc. The compounds of formulas (I) and (II) should, on the other hand, be formulated as substantially solvent-free.

For oral application, particularly suitable are tablets, dragees, lozenges, powders, or capsules as described hereinbefore. A sweetener can be used if a sweetened vehicle is desired. Generally, for treatment of prostatic hyperproliferative diseases, the compositions of this invention are dispensed in dosages comprising about 0.1 $\mu\text{g}/\text{kg}/\text{day}$ to about 2.0 $\mu\text{g}/\text{kg}/\text{day}$ for 1α -hydroxyprevitamin D and about 0.1 $\mu\text{g}/\text{kg}/\text{day}$ to 2.0 $\mu\text{g}/\text{kg}/\text{day}$ for active vitamin D with a pharmaceutically acceptable carrier in a suitable matrix and/or enteric coated in accordance with the embodiments of the present invention.

It will be appreciated that the actual preferred amounts of active compound in a specific case will vary according to the efficacy of the specific compound employed, the particular compositions formulated, the mode of application, and the particular situs and organism being treated. For example, the specific dose for a particular patient depends on the age, body weight, general state of health, on the diet, on the timing and mode of administration, on the rate of excretion, and on medicaments used in

combination and the severity of the particular disorder to which the therapy is applied. Dosages for a given host can be determined using conventional considerations, e.g., by customary comparison of the differential activities of the subject compounds and of a known agent, such as by means of an appropriate conventional pharmacological protocol.

The compositions in accordance with the present invention may also contain other therapeutically valuable substances or may contain more than one of the compounds specified herein and in the claims in admixture. Advantageously, the compounds of formulas (I), (II), (III) and (IV) or combinations thereof together with other therapeutic agents can be orally administered in accordance with the above described embodiments in dosage amounts of 0.1 to 2.0 μg per day for 1α -hydroxyprevitamin D and 0.1 μg to 2.0 $\mu\text{g}/\text{day}$ for active vitamin D.

Included within the scope of the present invention is the co-administration of effective dosages of the anti-hyperproliferative compounds of the present invention in SR or DSR form with known androgen ablation or control agents or testosterone level lowering agents such as estrogens (e.g., diethylstilbestrol), LHRH analogues, and 5α -reductase enzyme inhibitors such as finasteride, antiestrogens (e.g., TamoxifenTM), and antiandrogens (e.g., flutamide). (See, e.g., U.S. Patent 5,372,996, incorporated herein by reference.) It is anticipated that a symbiotic effect is obtainable with these various combinations, and will provide an increased therapeutic effect. Also, there is the potential to provide therapy wherein the adverse side effects with some of these agents, e.g., the deleterious cardiovascular effects of estrogen, are considerably reduced compared to when these agents are used alone in larger dosages. Possible dose ranges of these co-administered androgen-control or testosterone level-lowering agents are 0.002 to 0.20 $\mu\text{g}/\text{kg}/\text{day}$.

Further included within the scope of the present invention is the co-administration of effective dosages of the 1α -hydroxyprevitamin D or the active vitamin D in the DSR or SR formulations of the present invention

as first anticancer agents with a second anticancer agent, e.g., a cytotoxic agent, particularly in metastatic prostate cancer wherein relapse has occurred following hormonal treatment. Such agents may suitably include estramustine phosphate, prednimustine, cisplatin, 5-fluoro-uracil, melphalan, hydroxyurea, mitomycin, idarubicin, methotrexate, adriamycin and daunomycin. It is anticipated that an active vitamin D of formula (III) or (IV) or a 1α -hydroxyprevitamin D of formula (I) or (II) used in combination with various anticancer drugs can give rise to a significantly enhanced cytotoxic effect on cancerous cells, thus providing an increased therapeutic effect. Specifically, as a significantly increased growth inhibitory effect is obtained with the above disclosed combinations utilizing lower concentrations of the anticancer drugs compared to the treatment regimes in which the drugs are used alone, there is the potential to provide therapy wherein adverse side effects associated with the anticancer drugs are considerably reduced than normally observed with the anticancer drugs used alone in larger doses. Possible dose ranges of these co-administered second anticancer agents are 0.1 to 1 $\mu\text{g}/\text{kg}/\text{day}$.

Also included within the scope of the present invention is the co-administration of effective dosages of the compound of formulas (I), (II), (III) or (IV) with other hormones or agents, e.g., estrogens, which are known to ameliorate bone diseases or disorders. It is noted above that prostate cancer often metastasizes to bone, causing bone loss and associated pain. Such bone agents may include conjugated estrogens or their equivalents, calcitonin, bisphosphonates, calcium supplements, cobalamin, pertussis toxin and boron. Possible dose ranges for these co-administered agents are provided in Table 1.

TABLE 1

5

Possible Oral Dose Ranges for Various Agents
Co-Administered With 1 α -Hydroxyvitamin D of Formula (I)

	Agent	Dose Ranges		
		<u>Broad</u>	<u>Preferred</u>	<u>Most Preferred</u>
	Conjugated Estrogens or Equivalent (mg/day)	0.3-5.0	0.4-2.4	0.6-1.2
	Sodium Fluoride (mg/day)	5-150	30-75	40-60
10	Calcitonin (IU/day)	5-800	25-500	50-200
	Bisphosphonates (mg/day)	0.50-20	1-15	5-10
	Calcium Supplements (mg/day)	250-2500	500-1500	750-1000
	Cobalamin (μ g/day)	5-200	20-100	30-50
	Pertussis Toxin (mg/day)	0.1-2000	10-1500	100-1000
15	Boron (mg/day)	0.10-3000	1-250	2-100

Antiestrogens such as TamoxifenTM are also known bone agents which may be used in conjunction with the compounds and compositions of the present invention.

20

The embodiments of the present invention are further explained by the following examples which should not be construed by way of limiting the scope of the present invention. In the following examples, high pressure liquid chromatography (HPLC) was performed on a Waters Chromatograph, using a Zorbax Sil ODS column.

Time Course of 1 α -hydroxyprevitamin D Conversion to 1 α -hydroxyvitamin D

Example 1: 1 α -OH-D₂, 1 α ,24-(OH)₂preD₂ and 1 α ,25-(OH)₂D₃

A series of experiments were conducted which address the *in vitro* conversion of previtamin to vitamin for three 1 α -hydroxyprevitamin D's: 1 α -hydroxyprevitamin D₂, 1 α ,24-dihydroxyprevitamin D₂ and 1 α -hydroxyprevitamin D₃. Each 1 α -hydroxyprevitamin D was dissolved in ethanol, incubated at 37°C in a water bath, and samples taken at two-hour intervals. An analytical HPLC separation was performed on each sample to quantify the thermal conversion of the previtamin to the vitamin form. The data collected were normalized to account for the presence of any vitamin form in the initial formulation ($\leq 10\%$). The results are presented in Figure 1 which is a plot of % previtamin versus time in hours. Linear regression lines were generated for each previtamin. From these, the half-life of thermal conversion, i.e., the time for 50% of the previtamin to thermally convert to the vitamin form, was determined as follows:

1 α -hydroxyprevitamin D ₂	12.9 h
1 α ,24-dihydroxyprevitamin D ₂	12.2 h
1 α ,25-dihydroxyprevitamin D ₃	17.7 h

These data indicate that at normal body temperature, the 50% conversion of 1 α -hydroxylated previtamin D to 1 α -hydroxylated vitamin *in vitro* is greater than 12 hours. *In vivo*, one would expect a similar rate of conversion. Thus, contrary to conventional wisdom, 1 α -hydroxyprevitamins have a rate of conversion suitable for an oral medication formulation.

**Bioavailability and Pharmacokinetic Testing
of 1α -hydroxyprevitamin D**

Example 2: $1\alpha,24$ -(OH)₂*preD*₂

An experiment was conducted which assessed the oral bioavailability
5 of $1\alpha,24$ -dihydroxyprevitamin D₂ (" $1,24$ -(OH)₂*preD*₂"). In this experiment,
normal rats maintained on a normal diet were assigned randomly to
treatment and control groups. The rats were orally administered single
doses of $1\alpha,24$ -(OH)₂*preD*₂ in a fractionated coconut oil (FCO) (1.5 μ g,
which was approximately 7.5 μ g/kg). The control group received only the
10 vehicle. For both groups, blood was obtained at 6 hours postdosing and
analyzed for serum levels of the vitamin form, $1\alpha,24$ -dihydroxyvitamin D₂.

The data are summarized in Table 2 below.

TABLE 2

**Serum Levels of $1\alpha,24$ -dihydroxyvitamin D₂ ($1\alpha,24$ -(OH)₂D₂) in Rats
At 6 Hours After Single Oral Doses of
15 $1\alpha,24$ -dihydroxyprevitamin D₂ ($1\alpha,24$ -(OH)₂*preD*₂)**

<u>Test Compound</u>	<u>Dose (μg)</u>	<u>n</u>	<u>Serum $1\alpha,24$-(OH)₂D₂ (pg/mL)*</u>
Vehicle	0.000	5	13.8 \pm 4.2
$1\alpha,24$ -(OH) ₂ <i>preD</i> ₂	1.5	5	65.5 \pm 10.1

20 *values are mean \pm SD

These data confirm that orally administered $1\alpha,24$ -(OH)₂*preD*₂ is
bioavailable, as evidenced by increased circulating $1\alpha,24$ -(OH)₂D₂. These
results are surprising and unexpected.

Example 3: $1\alpha,25$ -(OH)₂*preD*₃

25 Male weanling rats are fed a diet deficient in vitamin D and with
normal calcium (0.47%). After a period of four weeks has elapsed, the rats

are divided into two groups, and orally administered either $1\alpha,25\text{-(OH)}_2\text{preD}_3$ ($0.25 \mu\text{g/kg}$) in a vehicle such as lactose or the vehicle (control) alone. Four hours after administration, the rats are killed and their blood level of $1\alpha,25\text{-(OH)}_2\text{D}_3$ is measured using a standard technique.

5 Following this procedure demonstrates that the blood level of $1\alpha,25\text{-(OH)}_2\text{D}_3$ in rats that are administered $1\alpha,25\text{-(OH)}_2\text{preD}_3$ is significantly elevated over the blood level of control animals.

Example 4: $1\alpha,25\text{-(OH)}_2\text{preD}_3$

10 Male weanling rats are fed a vitamin D-deficient diet containing normal Ca (0.47%) and P (0.3%). After four weeks on this diet, the rats are separated into seventeen groups and orally administered either $1\alpha,25\text{-(OH)}_2\text{D}_3$ or $1\alpha,25\text{-(OH)}_2\text{preD}_3$ in a vehicle such as lactose or the vehicle alone (control). One group is killed 8 hours after dosing with the vehicle. Eight groups are orally administered a single dose of either
15 $1\alpha,25\text{-(OH)}_2\text{preD}_3$ or $1\alpha,25\text{-(OH)}_2\text{D}_3$ and killed at 2, 4, 6, 9, 12, 18, 24, and 48 hours after dosing. The blood is collected and analyzed for $1\alpha,25\text{-(OH)}_2\text{D}_3$ levels.

The results demonstrate that dosing with $1\alpha,25\text{-(OH)}_2\text{preD}_3$ results in increased $1\alpha,25\text{-(OH)}_2\text{D}_3$ serum levels. The results further demonstrate
20 that the increase in serum $1\alpha,25\text{-(OH)}_2\text{D}_3$ is more gradual and sustained for a greater duration than the $1\alpha,25\text{-(OH)}_2\text{D}_3$ pharmacokinetics observed after dosing with $1\alpha,25\text{-(OH)}_2\text{D}_3$.

Example 5: Comparison of Bioavailability— $1\alpha,25\text{-(OH)}_2\text{preD}_3$ v. $1\alpha,25\text{-(OH)}_2\text{D}_3$

25 Three-week-old rats were maintained on a vitamin D-deficient diet containing normal levels of calcium and phosphorus for 3-6 weeks until marked hypocalcemia was observed. The rats then were assigned randomly to treatment groups and were orally administered single doses of

1 $1\alpha,25\text{-(OH)}_2\text{preD}_3$ or $1\alpha,25\text{-(OH)}_2\text{D}_3$ in a fractionated coconut oil (0.255 μg , which was approximately 1.5 $\mu\text{g}/\text{kg}$). A control group received only the vehicle. For all treatment groups, blood was obtained at 12 hours postdosing, and analyzed for serum levels of the vitamin form.

5 The data are summarized in Table 3 below.

Table 3
Serum Levels of $1\alpha,25\text{-dihydroxyvitamin D}_3$ ($1\alpha,25\text{-(OH)}_2\text{D}_3$) in Rachitic Rats at 12 Hours After Single Oral Doses of $1\alpha,25\text{-dihydroxyprevitamin D}_3$ ($1\alpha,25\text{-(OH)}_2\text{preD}_3$)

Test Compound	Dose (μg)	n	Serum $1\alpha,25\text{-(OH)}_2\text{-D}_3$ (pg/mL \pm SD)
Vehicle	0.000	8	14.7 \pm 5.1
$1\alpha,25\text{-(OH)}_2\text{preD}_3$	0.255	6	615.4 \pm 298.1**
$1\alpha,25\text{-(OH)}_2\text{D}_3$	0.255	6	326.8 \pm 192.0

**p < 0.01 relative to $1\alpha,25\text{-(OH)}_2\text{D}_3$

20 These data show that oral $1\alpha,25\text{-(OH)}_2\text{preD}_3$ produced significantly more serum $1\alpha,25\text{-(OH)}_2\text{D}_3$ than oral $1\alpha,25\text{-(OH)}_2\text{D}_3$. These data confirm that orally administered $1\alpha,25\text{-(OH)}_2\text{preD}_3$ is bioavailable, as evidenced by increased circulating $1\alpha,25\text{-(OH)}_2\text{D}_3$. They also show that $1\alpha,25\text{-(OH)}_2\text{preD}_3$ has greater bioavailability than the active form of the vitamin, $1\alpha,25\text{-(OH)}_2\text{D}_3$.

VDR Binding Analyses

25 **Example 6:** $1\alpha,25\text{-(OH)}_2\text{preD}_3$

The VDR binding affinity of $1\alpha,25\text{-(OH)}_2\text{preD}_3$ was compared to that of $1\alpha,25\text{-(OH)}_2\text{D}_3$, its active vitamin form.

1 $1\alpha,25\text{-(OH)}_2\text{preD}_3$ or $1\alpha,25\text{-(OH)}_2\text{D}_3$ were incubated with the
 vitamin D receptor protein and tracer amounts of $^3\text{H-}1\alpha,25\text{-(OH)}_2\text{D}_3$ under
 standard conditions for a competitive binding assay. The amount of $1\alpha,25\text{-}$
 $(\text{OH})_2\text{preD}_3$ and $1\alpha,25\text{-(OH)}_2\text{D}_3$ competitor was varied between 7.8 and
 5 1000 pg or 1.0 and 25 pg, respectively.

Concurrent with the incubations for binding, a tube of $1\alpha,25\text{-}$
 $(\text{OH})_2\text{preD}_3$ was incubated at the same temperature and for the same length
 of time to assess the amount of $1\alpha,25\text{-(OH)}_2\text{preD}_3$ that had equilibrated to
 the vitamin form. HPLC analysis indicated that at the end of the incubation
 10 period approximately 2% of the $1\alpha,25\text{-(OH)}_2\text{preD}_3$ had equilibrated to the
 vitamin form. The level of binding of the $1\alpha,25\text{-(OH)}_2\text{preD}_3$ form was
 corrected for the amount of the vitamin form that had been generated
 during the assay procedure. The results of the binding analyses are given
 in Table 4.

15

TABLE 4

**Binding of $1\alpha,25\text{-dihydroxyprevitamin D}_3$ to
 Vitamin D Receptor *in vitro***

	<u>Amount $1,25\text{-preD}_3$ (pg/tube)</u>	<u>Total Detectable Binding (pg/tube)</u>	<u>Corrected Binding (pg/tube)</u>
20	7.8	ND	ND
	15.6	ND	ND
	31.3	ND	ND
	62.5	1.88	0.6
	125	3.02	0.5
25	250	6.32	1.3
	500	12.0	2.0
	1000	20.5	0.5

The data shown in Table 4 above show that the $1\alpha,25\text{-(OH)}_2\text{preD}_3$ has little or no affinity for the VDR, i.e., has an affinity for the receptor less than 0.01 of the affinity of the $1\alpha,25\text{-(OH)}_2\text{D}_3$, thus $1\alpha,25\text{-(OH)}_2\text{preD}_3$ must equilibrate to the $1\alpha,25\text{-(OH)}_2\text{D}_3$ form before it is biologically active.

5 **Example 7:** $1\alpha,24\text{-(OH)}_2\text{preD}_2$

A comparison of VDR binding affinities between $1\alpha,24\text{-(OH)}_2\text{preD}_2$ and its vitamin form, $1\alpha,24\text{-(OH)}_2\text{D}_2$, is conducted as described in Example 6. The results show that $1\alpha,24\text{-(OH)}_2\text{preD}_2$ has substantially less affinity for the receptor than does its vitamin form, $1\alpha,24\text{-(OH)}_2\text{D}_2$.

10 **Example 8:** $1\alpha,24\text{-(OH)}_2\text{preD}_4$

A comparison of VDR binding affinities between $1\alpha,24\text{-(OH)}_2\text{preD}_4$ and its vitamin form, $1\alpha,24\text{-(OH)}_2\text{D}_4$, is conducted as described in Example 6. The results show that $1\alpha,24\text{-(OH)}_2\text{preD}_4$ has substantially less affinity for the receptor than does its vitamin form, $1\alpha,24\text{-(OH)}_2\text{D}_4$.

15 **Acute Hypercalcemia Testing
of 1α -hydroxyprevitamin D**

Example 9: $1\alpha,25\text{-(OH)}_2\text{preD}_3$

Male weanling rats are fed a vitamin D-deficient diet containing normal Ca (0.47%) and P (0.3%). After approximately 4-6 weeks on this diet, the rats are separated into five groups and orally administered either $1\alpha,25$ -dihydroxyvitamin D_3 (0.06 or 0.12 $\mu\text{g/kg/day}$) or $1\alpha,25$ -dihydroxyprevitamin D_3 (0.06 or 0.12 $\mu\text{g/kg/day}$) in a vehicle such as lactose, or the vehicle alone (control), for 3 days. All animals are exsanguinated 24 hours after the last dose and the blood is analyzed for serum calcium and serum phosphorus. The results demonstrate that dosing with $1\alpha,25$ -dihydroxyvitamin D_3 causes a greater rise in serum calcium and

20
25

serum phosphorus than comparable dosing with $1\alpha,25$ -dihydroxy-previtamin D_3 .

**Bioavailability and Pharmacokinetic Testing of
Delayed, Sustained Release Form of Active Vitamin D
(DSR Active Vitamin D)**

5

Example 10: Formulation with equal parts Eudragit L100 and S100 and testing thereof

An appropriate amount of activated vitamin D was dissolved in ethanol and combined with the matrix components listed in Table 4 and sprayed onto 850 g 25/30 mesh nonpareil beads. After drying, the beads were coated with the enteric coat also listed in Table 5.

10

TABLE 5

Component	Ingredient	Amount (g)
Matrix	Eudragit RS100	50
	Methanol	50
	Ethanol with drug	
	Distilled water	5
	Acetone	qs to 500
Enteric coat	A TEC (acetyl triethyl citrate, a plasticizer)	54
	Methanol	600
	Distilled water	30
	Eudragit L100	153
	Eudragit S100	153
	Talc	40
	Acetone	qs to 4000

15

After formulation the beads (500 mg/capsule) were packaged in #0 gelatin capsules for administration to dogs.

Dogs (Beagles, males and females, 13 kg and 9 kg, respectively) were administered 5 capsules/day of formulation (DSR-008). Blood was drawn for baseline determination, 24 hours after dosing but prior to subsequent dosing, and the serum calcium determined. Dose administration was terminated after 2 days with serum calcium levels significantly above normal.

Five capsules/day of the above formulation (DSR-008) were administered to a female dog for 7 days. The normal serum calcium range in female dogs is 10.0 to 12.4 mg/dl with a mean of 11.2 mg/dl. The serum calcium at baseline of this experiment was 11.7 mg/dl; the subsequent values on successive days were as follows: 12.1, 12.3, 12.7, 13.1, 13.5, and 15.1 mg/dL.

These results demonstrate that the biological activity of the active vitamin D in this DSR formulation is revealed over a sustained period.

Example 11: Formulation with unequal amounts Eudragit L100 and S90, and testing thereof

An appropriate amount of activated vitamin D was dissolved in ethanol and combined with the matrix components listed in Table 6 and sprayed onto 850 g 25/30 mesh nonpariel beads. After drying, the beads were coated with the enteric coat also listed in Table 6.

TABLE 6

Component	Ingredient	Amount (g)
Matrix	Eudragit RS100	10
	Methanol	10
	Ethanol with drug	
	Distilled water	1
	Acetone	qs to 100
Enteric coat	A TEC (acetyl triethyl citrate, a plasticizer)	68
	Methanol	750
	Distilled water	35
	Eudragit L100	338
	Eudragit S90	49
	Talc	50
	Acetone	qs to 5000

5 After formulation the beads (500 mg/capsule) are packaged in #0 gelatin capsules for administration to dogs.

Dogs (as in Example 10) were administered 5 capsules/day of formulation (DSR-010). Blood was drawn for baseline determination, 24 hours after dosing but prior to subsequent dosing, and the serum calcium determined. Dose administration was terminated after 2 days with serum calcium levels significantly above normal.

Five capsules/day of the above formulation (DSR-010) were administered to a female dog for 2 days. The normal serum calcium range in female dogs is 10.0 to 12.4 mg/dl with a mean of 11.2 mg/dl. The serum calcium at baseline was 10.9; the subsequent values on successive days were as follows: 13.8 and 16.1 mg/dl.

These data show that the active vitamin D in this DSR formulation is readily bioavailable.

Example 11: Formulation with stearic acid matrix, and testing thereof.

An appropriate amount of activated vitamin D was dissolved in ethanol and combined with the matrix components listed in Table 7 and sprayed onto 850 g 25/30 mesh nonpareil beads. After drying, the beads
5 were coated with the enteric coating also listed in Table 7.

TABLE 7

Component	Ingredient	Amount (g)
Matrix	Stearic acid	10
	Ethanol with drug	
	Acetone	qs to 90
Enteric coat	A TEC (acetyl triethyl citrate, a plasticizer)	68
	Methanol	750
	Distilled water	35
	Eudragit L100	338
	Eudragit S90	49
	Talc	50
	Acetone	qs to 5000

10 After formulation the beads (500 mg/capsule) are packaged in #0 gelatin capsules for administration to dogs.

Dogs (as in Example 10) were administered 5 capsules/day of formulation (DSR-012). Blood was drawn for baseline determination, 24 hours after dosing but prior to subsequent dosing, and the serum
15 calcium determined. Dose administration was terminated after 2 days with serum calcium levels significantly above normal.

Five capsules/day of the above formulation (DSR-012) were administered to a male dog for 2 days. The normal serum calcium range in male dogs at this facility is 10.6 to 12.0 mg/dl with a mean of 11.3 mg/dl.

The serum calcium at baseline was 11.4 mg/dl; the subsequent values on successive days were as follows: 14.2 and 15.5 mg/dl.

These data illustrate that the active vitamin D in this DSR formulation is readily bioavailable.

5 **Example 13:** DSR $1\alpha,25-(OH)_2D_3$

A dog receives a capsule of $1\alpha,25$ -dihydroxyvitamin D_3 drug formulated as illustrated in this invention (DSR). Another dog receives a similar amount of the $1\alpha,25$ -dihydroxyvitamin D_3 in fractionated coconut oil (FCO). Blood is drawn at 0, 0.5, 1, 1.5, 2, 3, 4, 6, 9, 15, 24, 36, and
10 72 hours after dose administration. The blood is analyzed for active vitamin D levels. The animal administered the drug in the capsule formulation shows a slower rise in blood concentration of active vitamin D, a lower maximum concentration of active vitamin D in the blood and prolonged elevation of active vitamin D blood level relative to the animal
15 receiving the drug in fractionated coconut oil.

The graph of Figure 2 depicts the blood levels of active vitamin D expected from the above example.

These procedures demonstrate that dosing animals with the formulation described in accordance with the present invention results in
20 $1\alpha,25$ -dihydroxyvitamin D_3 serum levels with a slower rise and longer duration than the $1\alpha,25$ -dihydroxyvitamin D_3 pharmacokinetics observed after dosing with $1\alpha,25$ -dihydroxyvitamin D_3 in fractionated coconut oil.

Example 14: Delayed and sustained levels of active vitamin D in serum

25 Patients are administered two micrograms of $1\alpha,25-(OH)_2D_3$ formulated as described in this invention. Blood samples collected 0, 2, 6, 8, and 12 hours after dose administration are analyzed for $1\alpha,25-(OH)_2D_3$ levels. The results indicate that the levels of $1\alpha,25-(OH)_2D_3$ at 2, 6, and

8 hours are increased over the level at 0, but are below levels considered to cause hypercalcemia. These results indicate a delayed and sustained release of $1\alpha,25\text{-(OH)}_2\text{D}_3$.

Example 15: Acute Hypercalcemia Testing

5 Patients are administered 2.0 micrograms of calcitriol formulated as described in this invention once daily for 7 days. An overnight urine collection after the last dose, and blood drawn 24 hours after the last dose are analyzed for calcium content. No hypercalcemia or hypercalciuria is observed, indicating low toxicity.

10 **Prostate Cell VDR Binding of Active Vitamin D**

Example 16: $1\alpha,24\text{-(OH)}_2\text{D}_2$

VDR binding of vitamin D compounds by prostate cells is demonstrated using the techniques of Skowronski et al., 136 *Endocrinology* (1995) 20-26, which is incorporated herein by reference. Prostate-derived
15 cell lines are cultured to near confluence, washed and harvested by scraping. Cells are washed by centrifugation, and the cell pellet resuspended in a buffered salt solution containing protease inhibitors. The cells are disrupted by sonication while cooling on ice. The supernatant obtained from centrifuging the disrupted cells at 207,000 x g for 35 min at
20 4°C is assayed for binding. 200 μL of soluble extract, (1-2 mg protein/ml supernatant) is incubated with a 1 nM $^3\text{H-}1\alpha,25\text{-(OH)}_2\text{D}_3$ and increasing concentrations of $1\alpha,24\text{-(OH)}_2\text{D}_2$ (0.01-100 nM) for 16-20 hrs at 4°C. Bound and free hormones are separated with hydroxylapatite using standard procedures. Specific binding is calculated by subtracting
25 nonspecific binding obtained in the presence of a 250-fold excess of nonradioactive $1\alpha,25\text{-(OH)}_2\text{D}_3$ from the total binding measured. The results demonstrate that $1\alpha,24\text{-(OH)}_2\text{D}_2$ has strong affinity for prostate VDR,

indicating that $1\alpha,24\text{-(OH)}_2\text{D}_2$ has potent biological activity in respect of prostate cells.

Example 17: $1\alpha,24\text{-(OH)}_2\text{D}_4$

5 The procedure of Example 16 is repeated using the active vitamin D analogue $1\alpha,24$ -dihydroxyvitamin D_4 , and the specific binding is determined. The results demonstrate that $1\alpha,24\text{-(OH)}_2\text{D}_4$ has strong affinity for prostate VDR, indicating that $1\alpha,24\text{-(OH)}_2\text{D}_2$ has potent biological activity in respect of prostate cells.

Example 18: $1\alpha,25\text{-(OH)}_2\text{D}_4$

10 The procedure of Example 16 is repeated using the active vitamin D analogue $1\alpha,25$ -dihydroxyvitamin D_4 , and the specific binding is determined. The results demonstrate that $1\alpha,25\text{-(OH)}_2\text{D}_4$ has strong affinity for prostate VDR, indicating that $1\alpha,25\text{-(OH)}_2\text{D}_2$ has potent biological activity in respect of prostate cells.

15 **Inhibition of Prostate Cell Proliferation by Active Vitamin D**

Example 19: $1\alpha,24\text{-(OH)}_2\text{D}_2$

Inhibition of cell proliferation is demonstrated using the techniques of Skowronski et al., 132 *Endocrinology* (1993) 1952-1960 and 136 *Endocrinology* (1995) 20-26, both of which are incorporated herein by
20 reference. The cell lines, LNCaP and PC-3, which are derived from human prostate adenocarcinoma, are seeded in six-well tissue culture plates at a density of about 50,000 cells/plate. After the cells have attached and stabilized, about 2-3 days, the medium is replenished with medium containing vehicle or the active vitamin D analogue, $1\alpha,24\text{-(OH)}_2\text{D}_2$, at
25 concentrations from 10^{-11} to 10^{-7} M. Medium containing test analogue or vehicle is replaced every three days. After 6-7 days, the medium is

removed, and the cells are rinsed, precipitated with cold 5% trichloroacetic acid, and washed with cold ethanol. The cells are solubilized with 0.2N sodium hydroxide, and the amount of DNA determined by standard procedures. The results show that cultures incubated with $1\alpha,24\text{-(OH)}_2\text{D}_2$ in accordance with the present invention have significantly fewer cells than the control cultures.

Example 20: $1\alpha,24\text{-(OH)}_2\text{D}_4$

The procedure of Example 19 is repeated using the active vitamin D analogue $1\alpha,24\text{-(OH)}_2\text{D}_4$, and the cell number is determined. Cultures incubated with $1\alpha,24\text{-(OH)}_2\text{D}_4$ have significantly fewer cells than the control cultures.

Example 21: $1\alpha,25\text{-(OH)}_2\text{D}_4$

The procedure of Example 19 is repeated using the active vitamin D analogue $1\alpha,25\text{-(OH)}_2\text{D}_4$, and the cell number is determined. Cultures incubated with $1\alpha,25\text{-(OH)}_2\text{D}_4$ have significantly fewer cells than the control cultures.

Stimulation of Prostate Cell Differentiation by Active Vitamin D

Example 22: $1\alpha,24\text{-(OH)}_2\text{D}_2$

Using the techniques of Skowronski et al., 132 *Endocrinology* (1993) 1952-1960 and 136 *Endocrinology* (1995) 20-26, both of which are incorporated herein by reference, cells of the cell line, LNCaP, which is derived from a human metastatic prostate adenocarcinoma and known to express PSA, are seeded in six-well tissue culture plates at a density of about 50,000 cells/plate. After the cells have attached and stabilized, about 2-3 days, the medium is replenished with medium containing vehicle or the active vitamin D analogue, $1\alpha,24\text{-(OH)}_2\text{D}_2$, at concentrations from

10^{-11} to 10^{-7} M. After 6-7 days, the medium is removed and stored at -20°C for prostate specific antigen (PSA) analysis.

The cells are rinsed, precipitated, and the amount of DNA determined by standard procedures. The cells are resuspended, and the cell number
5 determined. PSA is measured by standard known methods. Cultures incubated with $1\alpha,24\text{-(OH)}_2\text{D}_2$ have significantly more PSA than control cultures when expressed as mass of PSA/cell.

Example 23: $1\alpha,24\text{-(OH)}_2\text{D}_4$

The procedure of Example 22 is repeated except the active vitamin D
10 analogue is $1\alpha,24\text{-(OH)}_2\text{D}_4$. The PSA is measured and cultures incubated with $1\alpha,24\text{-(OH)}_2\text{D}_4$ have significantly more PSA than control cultures when expressed as mass of PSA/cell.

Example 24: $1\alpha,25\text{-(OH)}_2\text{D}_4$

The procedure of Example 22 is repeated except the active vitamin D
15 analogue is $1\alpha,25\text{-(OH)}_2\text{D}_4$. The PSA is measured and cultures incubated with $1\alpha,25\text{-(OH)}_2\text{D}_4$ have significantly more PSA than control cultures when expressed as mass of PSA/cell.

Clinical Studies

Example 25: $1\alpha,24\text{-(OH)}_2\text{preD}_2$

20 Patients with advanced androgen-independent prostate cancer participate in an open-labeled study of $1\alpha,24\text{-(OH)}_2\text{preD}_2$. Qualified patients are at least 40 years old, exhibit histologic evidence of adenocarcinoma of the prostate, and present with progressive disease which had previously responded to hormonal intervention(s). On admission
25 to the study, patients begin a course of therapy with oral $1\alpha,24\text{-(OH)}_2\text{preD}_2$ lasting 26 weeks, while discontinuing any previous use of calcium

supplements, vitamin D supplements, and vitamin D hormone replacement therapies. During treatment, the patients are monitored at regular intervals for: (1) hypercalcemia, hyperphosphatemia, hypercalciuria, hyperphosphaturia and other toxicity; (2) evidence of changes in the progression of metastatic disease; and (3) compliance with the prescribed test drug dosage.

The study is conducted in two phases. During the first phase, the maximal tolerated dosage (MTD) of daily oral $1\alpha,24\text{-(OH)}_2\text{preD}_2$ is determined by administering progressively higher dosages to successive groups of patients. All doses are administered in the morning before breakfast. The first group of patients is treated with $25\ \mu\text{g}$ of $1\alpha,24\text{-(OH)}_2\text{preD}_2$. Subsequent groups of patients are treated with 50, 75 and $100\ \mu\text{g/day}$. Dosing is continued uninterrupted for the duration of the study unless serum calcium exceeds $11.6\ \text{mg/dL}$ or other toxicity of grade 3 or 4 is observed, in which case dosing is held in abeyance until resolution of the observed toxic effect(s) and then resumed at a level which has been decreased by $10.0\ \mu\text{g}$.

Results from the first phase of the study show that the MTD for $1\alpha,24\text{-(OH)}_2\text{preD}_2$ is above $20.0\ \mu\text{g/day}$, a level which is 10- to 40-fold higher than can be achieved with $1\alpha,25\text{-(OH)}_2\text{D}_3$. Analysis of blood samples collected at regular intervals from the participating patients reveal that the levels of circulating $1\alpha,24\text{-(OH)}_2\text{D}_2$ increase proportionately with the dosage administered, rising to maximum levels well above $100\ \text{pg/mL}$ at the highest dosages, and that circulating levels of $1\alpha,25\text{-(OH)}_2\text{D}_3$ are suppressed, often to undetectable levels. Serum and urine calcium are elevated in a dose responsive manner. Patients treated with the MTD of $1\alpha,24\text{-(OH)}_2\text{preD}_2$ for at least six months report that bone pain associated with metastatic disease is significantly diminished.

During the second phase, patients are treated with $1\alpha,24\text{-(OH)}_2\text{preD}_2$ for 24 months at 0.5 and 1.0 times the MTD. After two years, CAT scans, x-rays and bone scans used for evaluating the progression of metastatic

disease show stable disease or partial remission at the lower dosage, and partial or complete remission at the higher dosage.

Example 26: DSR $1\alpha,25-(OH)_2D_2$

The study of Example 25 is repeated for the active vitamin D
5 compound, $1\alpha,25-(OH)_2D_2$ in DSR form. The results of the phase one
study indicate that patients treated with the MTD of DSR $1\alpha,25-(OH)_2D_2$
for at least six months report that bone pain associated with metastatic
disease is significantly diminished. The results of the phase two study
10 indicate that after two years, CAT scans, x-rays and bone scans used for
evaluating the progression of metastatic disease show stable disease or
partial remission at the lower dosage, and partial or complete remission at
the higher dosage.

In summary, the present invention provides methods for treating
prostatic diseases such as prostate cancer and prostatic hyperplasia by
15 administration of an oral SR or DSR formulation of 1α -hydroxyprevitamin D
or activated vitamin D or combinations thereof. The formulations of the
present invention significantly reduce the risk of hypercalcemia and
hypercalciuria associated with heretofore known formulations of activated
vitamin D. Furthermore, the formulation of the invention produces higher
20 levels of activated vitamin D for a greater sustained time per administration
than is obtained with heretofore known oral formulations of activated
vitamin D, resulting in improved blood levels of active vitamin D reaching
the diseased prostate cells.

While the present invention has now been described and exemplified
25 with some specificity, those skilled in the art will appreciate the various
modifications, including variations, additions, and omissions, that may be
made in what has been described. Accordingly, it is intended that these
modifications also be encompassed by the present invention and that the

scope of the present invention be limited solely by the broadest interpretation that lawfully can be accorded the appended claims.

CLAIM(S)

1. A method of inhibiting the hyperproliferative cellular activity of human prostatic cancer or hyperplasia, comprising administering to a subject suffering therefrom and having a stomach and a small intestine, an effective amount of an oral medicament including a vitamin D compound which is 1α -hydroxyprevitamin D or an active vitamin D contained in a matrix, said matrix having means for releasably binding and controllably releasing said active vitamin D over a sustained period of time.
2. The method of claim 1, wherein said oral medicament further comprises an enteric coating which prevents release of said vitamin D compound, said coating being resistant to dissolution in the stomach but predisposed to dissolution in the intestine so as to prevent release of said vitamin D compound until said medicament is in the intestine.
3. The method of claim 2, wherein the small intestine has proximal, middle and distal portions, and said enteric coating is further resistant to dissolution in the proximal portion of the intestine but predisposed to dissolution in the middle and distal portion of the intestine so as to prevent release of said vitamin D compound until said medicament has traveled to the middle portion of the intestine.
4. The method of claim 2, wherein said enteric coating is resistant to dissolution in an environment having a pH less than 6.0.
5. The method of claim 3, wherein said enteric coating is resistant to dissolution in an environment having a pH less than 6.0.
6. The method of claim 1, wherein said 1α -hydroxyprevitamin D is $1\alpha,25$ -dihydroxyprevitamin D_3 , $1\alpha,24$ -dihydroxyprevitamin D_3 , 1α -hydroxyprevitamin D_3 , $1\alpha,25$ -dihydroxyprevitamin D_2 , $1\alpha,24$ -dihydroxy-

previtamin D₂, 1 α -hydroxyprevitamin D₂, 1 α ,24-dihydroxyprevitamin D₄,
1 α ,25-dihydroxyprevitamin D₄ or 1 α -hydroxyprevitamin D₄.

7. The method of claim 1, wherein said active vitamin D is
1 α ,25-dihydroxyvitamin D₃, 1 α ,24-dihydroxyvitamin D₃, 1 α -hydroxy-
5 vitamin D₃, 1 α ,25-dihydroxyvitamin D, 1 α ,24-dihydroxyvitamin D,
1 α -hydroxyvitamin D₂, 1 α ,24-dihydroxyvitamin D, 1 α ,25-dihydroxy-
vitamin D₄ or 1 α -hydroxyvitamin D₄.

8. A method for the treatment of prostatic diseases characterized
by abnormal cell differentiation or cell proliferation, comprising
10 administering to a male human in need of such treatment an effective
proliferation-inhibiting amount of an oral medicament which is
1 α -hydroxyprevitamin D compound or a vitamin D compound contained in
a matrix, said vitamin D compound being an active vitamin D or a
1 α -hydroxyprevitamin D, said matrix having means for releasably binding
15 and controllably releasing said vitamin D compound over a sustained period
of time.

9. The method of claim 8, wherein said proliferation-inhibiting
amount of 1 α -hydroxyprevitamin D is 0.01 μ g/kg/day to 2.0 μ g/kg/day.

10. The method of claim 8, wherein said proliferation-inhibiting
20 amount of active vitamin D is 0.01 μ g/kg/day to 2.0 μ g/kg/day.

11. A method of treating human prostate cancer, comprising
administering to a male subject who has prostate cancer an effective
amount of a composition having a first anticancer agent which is
1 α -hydroxyprevitamin D, a sustained release form of an active vitamin D
25 compound or a delayed, sustained release form of an active vitamin D
compound.

12. The method of claim 11, wherein said composition has a hypercalcemia risk substantially lower than that of $1\alpha,25$ -dihydroxyvitamin D_3 .

5 13. The method of claim 11, wherein said composition is administered in a mixture including a second anticancer agent selected from the group consisting of estramustine phosphate, prednimustine, cisplatin, 5-fluoro-uracil, melphalan, hydroxyurea, mitomycin, idarubicin, methotrexate, adriamycin and daunomycin.

10 14. The method of claim 13, wherein said second anticancer drug is present in the mixture in the range of about 0.002 to 0.02 $\mu\text{g}/\text{kg}/\text{day}$.

15 15. A pharmaceutical composition, comprising

- (a) a first anticancer agent which is a vitamin D compound selected from the group consisting of a 1α -hydroxyprevitamin D, an SR active vitamin D, DSR active vitamin D, and combinations thereof; and
- (b) an agent selected from the group consisting of (i) a second anticancer agent, (ii) a bone agent, (iii) an androgen control agent, (iv) a 5α -reductase inhibitor and combinations thereof.

20 16. The pharmaceutical composition of claim 15, wherein said active vitamin D compound is selected from the group consisting of $1\alpha,25$ -dihydroxyvitamin D_3 , $1\alpha,24$ -dihydroxyvitamin D_3 , 1α -hydroxyvitamin D_3 , $1\alpha,25$ -dihydroxyvitamin D_2 , $1\alpha,24$ -dihydroxyvitamin D_2 , 1α -hydroxyvitamin D_2 , $1\alpha,24$ -dihydroxyvitamin D_4 , $1\alpha,25$ -dihydroxyvitamin D_4 and 1α -hydroxyvitamin D_4 .

25 17. The pharmaceutical composition of claim 15, wherein said 1α -hydroxyprevitamin D compound is selected from the group consisting of $1\alpha,25$ -dihydroxyprevitamin D_3 , $1\alpha,24$ -dihydroxyprevitamin D_3 ,

1 α -hydroxyprevitamin D₃, 1 α ,25-dihydroxyprevitamin D₂, 1 α ,24-dihydroxy-
previtamin D₂, 1 α -hydroxyprevitamin D₂, 1 α ,24-dihydroxyprevitamin D₄,
1 α ,25-dihydroxyprevitamin D₄ and 1 α -hydroxyprevitamin D₄.

18. The pharmaceutical composition of claim 15, wherein said
5 second anticancer agent is selected from the group consisting of
estramustine phosphate, prednimustine, cisplatin, 5-fluoro-uracil,
melphalan, hydroxyurea, mitomycin, idarubicin, methotrexate, adriamycin
and daunomycin.

19. The pharmaceutical composition of claim 15, wherein said
10 active vitamin D compound is present in a dosage range of about
0.01 μ g/kg/day to about 2.0 μ g/kg/day.

20. The pharmaceutical composition of claim 15, wherein said
1 α -hydroxyprevitamin D compound is present in a dosage range of about
0.01 μ g/kg/day to about 2.0 μ g/kg/day.

21. The pharmaceutical composition of claim 15, wherein said
15 androgen control agent is selected from the group consisting of an
estrogen, LHRH analogue, an antiestrogen and an antiandrogen.

22. The pharmaceutical composition of claim 15, wherein said
5 α -reductase enzyme inhibitor is finasteride.

23. The pharmaceutical composition of claim 15, wherein said
20 bone agent is selected from the group consisting of a conjugated estrogen,
an antiestrogen, calcitonin, sodium fluoride, a bisphosphonate, a calcium
supplement, cobalamin, pertussis toxin and boron.

24. A method of treating a human to alleviate the hyperproliferative cellular activity of prostatic cancer or hyperplasia, comprising administering to a male human in need thereof a therapeutically effective amount of 1α -hydroxyprevitamin D or active vitamin D in a formulation which is a
5 sustained release form or a delayed, sustained release form, to decrease or stabilize prostate cancer or hyperplasia cellular activity and to effect a decreased risk of hypercalcemia.

1/2

SUMMARY OF NORMALIZED pre-VITAMIN % pre-VITAMIN @ 37C

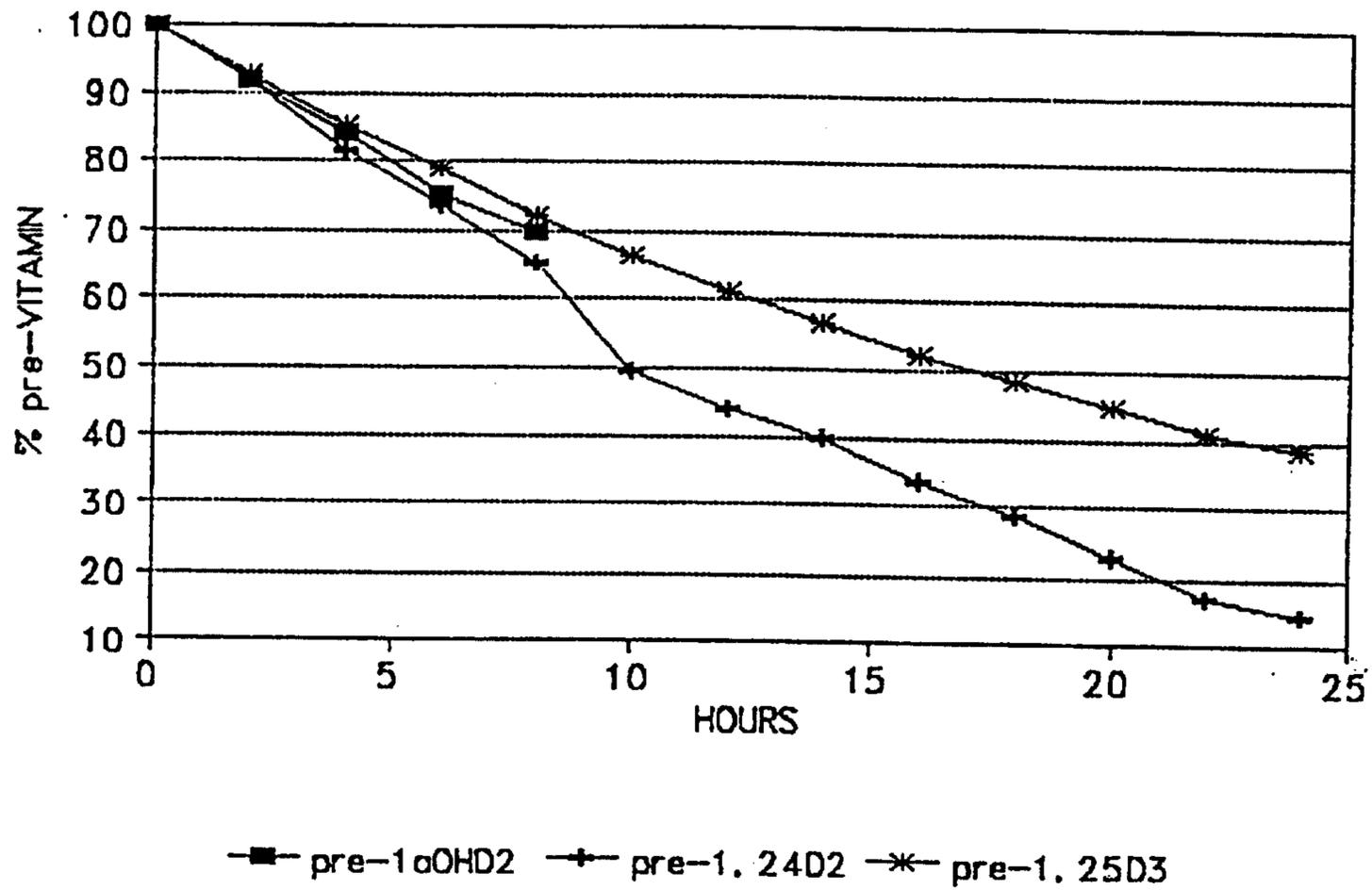


FIG. 1

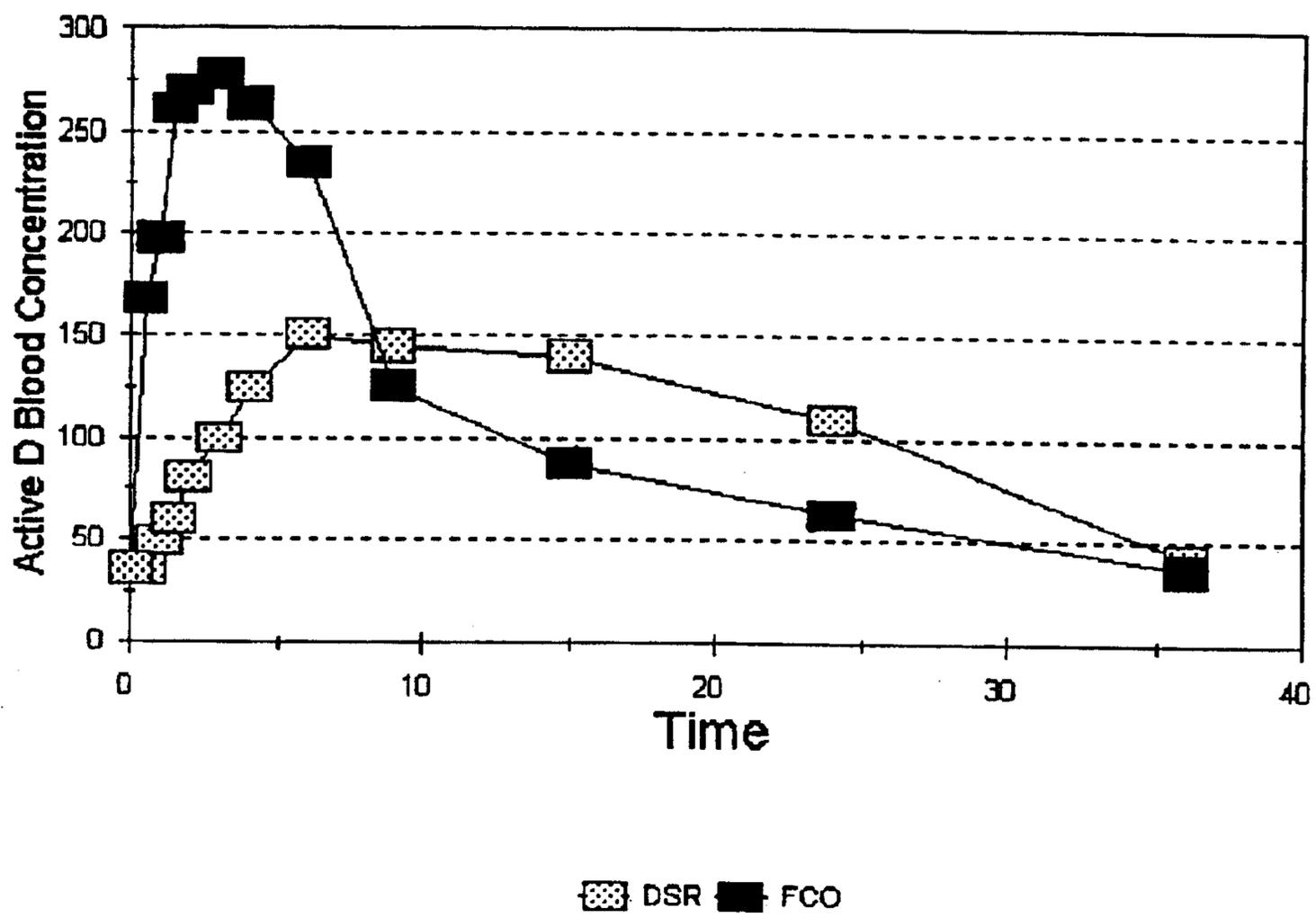


FIG. 2