

ORGANISATION AFRICAINE DE LA PROPRIETE INTELLECTUELLE
(O.A.P.I.)

(19)



(11) N°

010341

(51) Inter. Cl.⁶

A61K 31/505, 31/70, 31/165

(12) BREVET D'INVENTION

(21) Numéro de dépôt: 60946

(22) Date de dépôt: 31.12.1996

(30) Priorité(s): EP

01.07.1994 N° 94201897.9

(24) Délivré le: 07.10.1997

(45) Publié le: 07 OCT. 1997

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(54) Titre: Anti-HIV triple combination.

(57) Abrégé:

The present invention relates to a therapeutic combination comprising zidovudine, lamivudine and loviride for the treatment of Human Immunodeficiency Virus (HIV) infections and especially for the treatment of AIDS or AIDS-related complex (ARC).

ANTI-HIV TRIPLE COMBINATION

5 The present invention relates to a therapeutic combination comprising zidovudine, lamivudine and loviride for the treatment of Human Immunodeficiency Virus (HIV) infections and especially for the treatment of AIDS or AIDS-related complex (ARC).

10 It is now 13 years since Acquired Immunodeficiency Syndrome (AIDS) sprang into medical and public awareness as a fatal disease of the immune system. More than three million people have developed full-blown AIDS; most have already died. Responsible estimates of the number of cases of HIV infection likely to have occurred by the year 2000 range from 40 million to more than 110 million.

15 It is now generally accepted that the Human Immunodeficiency Virus (HIV) is the aetiological agent of AIDS and AIDS-related complex (ARC). Not only is it believed that HIV is the primary cause of AIDS but also that HIV-infection alone will usually cause profound immune dysfunction over time with lethal consequences for the patient. Due to public attention, AIDS has become one of the most intensively studied diseases and HIV has become the most intensively studied virus in history. In spite of all this
20 scientific effort, still there is no effective cure or even satisfactory treatment for this life threatening condition.

The antiviral drugs that have been approved in the U.S.A. for treatment of HIV infection, i.e. 3'-azido-3'-deoxythymidine (AZT), dideoxycytidine (ddC) and dideoxyinosine (ddI), all work by interfering with the reverse transcription. However,
25 HIV shows a high rate of mutation and within months variant reverse transcriptases appear in the body that can produce viral DNA even in the presence of said reverse transcriptase inhibitors. In other words HIV becomes resistant to these drugs. This resistance, as well as the toxicity of the nucleoside type reverse transcriptase inhibitors explain why the benefits of drugs like AZT are only temporary.
30 "Convergent triple therapy" has been devised to circumvent this problem of resistance. One study showed that a combination of zidovudine, dideoxyinosine and one other drug, nevirapine or pyridinone, produced *in vitro* viral isolates incompatible with HIV replication (Chow Y-K et al, Nature, volume 361, (1993)). However, the results of this experiments are incorrect because also unintended mutations were discovered in the
35 reverse transcriptase inhibitor of the non-viable virus (Chow Y-K et al, Nature, volume 364 (1993)).

WO 93/23021 describes therapeutic combinations for the treatment of HIV-infections comprising zidovudine and an agent serving to enhance the antiviral activity of zidovudine against HIV populations otherwise resistant to zidovudine. This patent application shows that zidovudine resistant viruses could be made zidovudine sensitive again by exposing *in vitro* said viruses to "chloro-TIBO" (9-chloro-4,5,6,7-tetrahydro-5-methyl-6-(3-methyl-2-butenyl)-5-imidazo[4,5,i-jk] benzodiazepine-2(1H)-thione), or FTC ((-)-2',3'-dideoxy-5-fluoro-3'-thiacytidine) and lamivudine.

EP-A-0,513,917 describes double combinations of lamivudine and an inhibitor of HIV replication. Said patent application encompasses *in vitro* data showing that there is some synergistic anti-HIV activity when using combinations of lamivudine together with zidovudine, dideoxyinosine, Ro 31-8539 (N'-benzyl-3[4a(S),8a(S)-3(S)-(tert-butylcarbamoyl)decahydroisoquinolin-2-yl]-2(R)-hydroxypropyl]-N'-(quinolin-2-yl-carbamoyl)-L-asparaginamide), or TIBO ((+)-S-4,5,6,7-tetrahydro-5-methyl-6-(3-methyl-2-butenyl)imidazo(4,5,1-jk)(1,4)-benzodiazepin-2-(1H)thione).

The problem to be solved is to find a combination of compatible agents which shows efficacy against HIV-infection *in vivo* and which is tolerable by HIV-infected patients. The term "compatible" means that one agent (called hereinafter "component") does not act negatively on the pharmacokinetic profile of another agent.

Unexpectedly we have found that the triple combination comprising zidovudine, lamivudine and loviride shows synergistic activity in important clinical "surrogate marker" tests, i.e. the CD4 cell count and the p24 antigen count. Moreover the combination is well tolerated by the patients and the components are compatible with each other. What is even more surprising is that the clinical situation of patients receiving the triple combination improved dramatically.

The components of the present triple combination are all known in the art.

Zidovudine, which has the chemical name 3'-azido-3'-deoxythymidine (AZT), is now well established as a useful chemotherapeutic agent for the treatment of HIV-infections. Zidovudine is also used for the treatment of patients who have an asymptomatic HIV infection or who are anti-HIV-antibody-positive. Zidovudine can be prepared, for example, as described in US 4,724,232.

Lamivudine, which has the chemical name (-)-2',3'-dideoxy-3'-thiacytidine (3TC), is described in European Patent Specification No. 0,382,526. Lamivudine is an antiviral nucleoside analogue containing an oxathiolane residue in place of the sugar residue.

Loviride, which has the chemical name $(\pm)\text{-}\alpha\text{-}[(2\text{-acetyl-5-methylphenyl})\text{amino}]\text{-2,6-dichlorobenzeneacetamide}$ is described in European Patent Application EP-A-0,538,301. Loviride is an antiviral non-nucleoside reverse transcriptase inhibitor of the $\alpha\text{-anilinophenylacetamide}$ ($\alpha\text{-APA}$) type.

As already mentioned above, it was unexpectedly found that the combination of these three components shows a remarkable synergistic anti-HIV activity *in vivo*.

A first remarkable feature is that the median CD4 cell count increased up to almost 60 % from baseline and remains at more than 25 % above baseline for at least 5 months. (Baseline is the number of CD4-count at the start of the therapy.) The CD4 count of patients receiving established anti-HIV drugs like zidovudine or lamivudine normally shows an increase of about 20% and then said CD4 count decreases again. Even patients receiving a double combination of zidovudine and loviride only show a CD4 increase of about 30% which declines after some weeks.

The CD4 cell count is an important biomedical parameter, a so-called "surrogate marker" (not to be confused with markers which are present in the cell membrane), for determining the condition of the immune system of an HIV infected patient and which predicts the clinical condition of said patient. On and in the cell membrane of T-lymphocytes there are several markers present. Those markers, which are mostly glycoproteins, allow for identification of the T-lymphocytes. For most of these markers monoclonal antibodies have been prepared which allow modern biomedical techniques to detect cells having these markers. The monoclonal antibody OKT4 recognizes T-helper/inducer cells. According to the "Clusters of Differentiation" (CD) nomenclature the marker recognized by the OKT4 antibody is called CD4 marker, cells having this marker are called CD4 cells. T-lymphocytes with CD4 markers are also called T4-cells. The CD4 cell count is important because the CD4 cells and especially the T4-cells are infected and impaired by HIV. Indeed, the coat of the HIV-virion (a HIV-virus particle) bears a viral protein "spike" that can bind tightly to the above described CD4 markers. This property makes such CD4 bearing cells vulnerable to HIV-infection. When the "spike" of a virion binds to a CD4 bearing cell, the membranes of the virus and the cell fuse. The virus core and its contents are then brought inside the cell. Once an HIV virion has entered a cell, a complex sequence of events follows that, if completed, leads to the budding of new virus particles from the infected cell. Through different cytopathic mechanisms CD4 cells are progressively killed or destroyed in the course of HIV infection. The loss of CD4 cells is the primary course of the extensive impairment of the

immune system. Hence, the amount of CD4 cells is an important parameter for the condition of the immune system.

Another "surrogate marker" used to measure the stage of the infection is to measure the amount of p24 antigen. p24 is a core protein of the HIV-virion. Hence measuring the amount of p24 antigen in plasma gives an estimate of the viral load, i.e. the number of viruses present in the body.

However, the only true marker for the patient is, of course, his clinical condition and his well being. Although this parameter is very hard to quantify the results shown hereinunder are convincing enough to support the present invention.

Examples of viral infections and associated clinical conditions which can be treated or prevented with the invention, include human retroviral infections such as HIV, e.g. HIV-1 or HIV-2, and human T-cell lymphotropic virus (HTLV), e.g. HTLV-I or HTLV-II-infections. The combination of the present invention is especially useful for the treatment of AIDS and related clinical conditions such as AIDS-related complex (ARC), progressive generalized lymphadenopathy (PGL), AIDS-related neurological conditions, such as multiple sclerosis. The combination of the present invention may be particularly applicable to the treatment of asymptomatic infections, primary infections or diseases caused by or associated with HIV.

It will be appreciated that in accordance with the present invention the components of the combination may be administered simultaneously, concurrently or sequentially.

The compounds employed in accordance with the present invention may be administered to patients in a conventional manner. As indicated above, the components of the above combinations may be administered simultaneously (e.g. in a unitary pharmaceutical formulation) or separately (e.g. in separate pharmaceutical formulations). In general, the combinations may be administered by topical, oral, rectal or parenteral (e.g. intravenous, subcutaneous or intramuscular) routes. It will be appreciated that the route may vary with, for example, the severity of the condition of the patient to be treated.

The respective doses of the components are in the range of 0.5 to 120 mg/kg per day, preferably in the range of 1 to 90 mg/kg and most preferably in the range of 3 to 20 mg/kg per day. The desired dose is preferably presented as two, three, four, five, six or more sub-doses administered at appropriate intervals throughout the day. These subdoses may be administered in unit dose forms, for example, containing a total of 10

to 1500 mg, preferably 20 to 1000 mg, and most preferably 50 to 700 mg of component per unit dose form.

5 The preferred regime is 200 mg zidovudine t.i.d., lamivudine 300 mg b.i.d. and loviride 100 mg t.i.d.

10 The weight ratio of each couple of components of the triple combination taken on a daily basis may vary in a range from 1/10 to 10/1. More interestingly the weight ratio of each couple varies between 1/2 and 2/1.

The weight ratio zidovudine/lamivudine/loviride is preferably 1/1/0.5.

Experimental part

15 The triple combination of zidovudine (200 mg t.i.d.), lamivudine (300 mg b.i.d.) and loviride (100 mg t.i.d.) versus the double combination of zidovudine (200 mg t.i.d.) and loviride (100 mg t.i.d.) was assessed in an open case-control study. Twenty HIV-1 infected patients with a positive p24 antigen test at baseline were included.

Both combinations were well tolerated. Serious drug-induced safety-related abnormalities were not observed. No clinically relevant pharmacokinetic interaction was

20 noted between lamivudine and zidovudine or loviride. The median CD4 count (% versus baseline) during therapy in the group of patients treated with the triple combination were compared with the median CD4 count in the group of patients treated with the double combination in Table 1.

25 The median p24 antigen count (% versus baseline) of the group of patients treated with the triple combination were compared with the median p24 antigen count of the group of patients treated with double combination in Table 2.

Clinical evaluation

30 Ten patients started the triple combination therapy. Nine patients on the triple combination therapy completed 20 weeks of treatment. One patient dropped out of the study because of an intercurrent infection.

35 Seven out of 10 patients who received the triple combination therapy improved clinically. After treatment, several patients with ARC symptoms and a poor clinical condition at baseline felt clinically very well, started working or travelling again. The two other patients maintained a stable clinical condition.

Table 1

	CD4 count (% versus baseline)	
	triple combination	double combination
start of therapy	100 %	100 %
month 1	153 %	132 %
month 2	143 %	93 %
month 3	148 %	95 %
month 4	144 %	96 %

5 Table 2

	p24 antigen count (% versus baseline)	
	triple combination	double combination
start of therapy	100 %	100 %
month 1	22 %	56 %
month 2	18 %	72 %
month 3	33 %	79 %
month 4	57 %	79 %

Claims

1. A combination comprising zidovudine, lamivudine and loviride.
- 5 2. A combination as claimed in claim 1 wherein the weight ratio
zidovudine/lamivudine/loviride is about 1/1/0.5.
3. A composition comprising a pharmaceutically acceptable carrier and as an active
10 ingredient an effective amount of zidovudine, lamivudine and loviride.
4. A composition as claimed in claim 3 wherein the weight ratio of
zidovudine/lamivudine/loviride is about 1/1/0.5.
- 15 5. A process of preparing a composition as claimed in claims 3 or 4 wherein a
pharmaceutically acceptable carrier is intimately mixed with zidovudine, lamivudine
and loviride.
6. Use of a combination as claimed in claim 1 as a medicine.
- 20 7. Use of a combination as claimed in claim 1 for the manufacture of a medicament for
the treatment of patients suffering from HIV-infection.
8. A use as claimed in claims 6 or 7 wherein the components are administered
25 simultaneously.
9. A use as claimed in claims 6 or 7 wherein the components are administered
concurrently.
- 30 10. A use as claimed in claims 6 or 7 wherein the components are administered
sequentially.