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(54) **Title:**

**COMBINED DRUG ADMINISTRATION**

(57) **Abstract:**

The present invention is directed to the combined administration of and. The invention provides a combination comprising (a) a thioester or prodrug of the active form thereof, and (b) at least one an esterase inhibitor. Also provided are a pharmaceutical composition, package, and a kit comprising the aforementioned active ingredients, as well as a method for treatment and prophylaxis of a cardiovascular disorder involving the use of the aforementioned active ingredients.

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(54) Title: COMBINED DRUG ADMINISTRATION

(57) Abstract: The present invention is directed to the combined administration of and. The invention provides a combination comprising (a) a thioester or prodrug of the active form thereof, and (b) at least one an esterase inhibitor. Also provided are a pharmaceutical composition, package, and a kit comprising the aforementioned active ingredients, as well as a method for treatment and prophylaxis of a cardiovascular disorder involving the use of the aforementioned active ingredients.



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## COMBINED DRUG ADMINISTRATION

The present invention is directed to the combined administration of an esterase inhibitor and a thioester.

In a first aspect the present invention provides a process for increasing the bioavailability of a thioester, wherein a dosage form containing an esterase inhibitor is administered in combination  
5 with a dosage form containing the thioester.

The dosage form containing the esterase inhibitor may be administered at the same time as the dosage form containing the thioester or it may be administered in a sequence whereby the administration of the dosage form containing the esterase inhibitor is preferably prior to the administration of the dosage form containing the thioester, e.g. 1 to 60 minutes, e.g. 1 to 40  
10 minutes, e.g. 1 to 20 minutes prior to the administration of the thioester.

The term “esterase” denotes a group of enzymes which in a chemical reaction with water split esters into an acid and an alcohol, e.g. a thioester into an acid and a thioalcohol. Examples for an esterase inhibitor include inhibitors of human carboxylesterases (Sato et al., *Chemico-Biological Interactions* 162:195-211 (2006) such as Benzil derivatives, e.g., 1-{4-  
15 [oxo(phenyl)acetyl]phenyl}-2-phenylethane-1,2-dione (Wadkins et al., *J. Med. Chem.* 48:2906-2915 (2005), or trifluoromethyl-ketones, e.g. 3-(dodecylsulfonyl)-1,1,1-trifluoropropane-2,2-diol (Wadkins et al., *Molecular Pharmacology* 71:713-723 (2007), or nitrophenylester derivatives, e.g. 4-benzyl-piperidine-1-carboxylic acid 4-nitrophenyl ester, or sulfonamide derivatives, e.g. 4-chloro-N-(4-{[(4-chlorophenyl)sulfonyl]amino}phenyl)benzenesulfonamide (Wadkins et al.  
20 *Molecular Pharmacology* 65(6):1336-1343 (2004). Other examples of esterase inhibitors include inhibitors of lipase such as orlistat and cetilistat (Birari and Bhutani, *Drug Disc. Today* 12:379-389 (2007)). Orlistat (tetrahydrolipstatin, 1-(3-hexyl-4-oxo-oxetan-2-yl)tridecan-2-yl 2-formyl-amino-4-methyl-pentanoate) is commercially available in a capsule dosage form. Each capsule contains the active ingredient, orlistat, and also contains the inactive ingredients microcrystalline  
25 cellulose, sodium starch glycolate, sodium lauryl sulfate, povidone, and talc.

The invention also provides a combination comprising a thioester, preferably of formula I, or prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo* and at least an esterase inhibitor.

In another embodiment the invention provides a pharmaceutical composition comprising (a) a thioester, preferably of formula (I) or a prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo*, (b) at least an esterase inhibitor and (c) one or more pharmaceutically acceptable carriers. The carriers or excipients must be acceptable in the sense of being compatible with the other ingredients and not deleterious to the recipient thereof.

The invention further provides a package comprising separate dosage units, of which (a) at least one dosage unit comprises (a) a thioester, preferably of formula (I), or a prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo*, and (b) at least one other dosage unit comprises an esterase inhibitor. A "package" is understood to be any package useful for stable storage of the dosage units. The package may, for example, be a glass or plastic (e. g. , a high-density polyethylene) container generally used for packaging and storage of tablets.

Another form of packaging is a blister pack. Blister packs are well known in the packaging industry and are being widely used for the packaging of pharmaceutical unit dosage forms (e. g. , tablets, capsules, and the like). Blister packs generally consist of a sheet of relatively stiff material covered with a foil of a preferably transparent plastic material. During the packaging process recesses are formed in the plastic foil. The recesses have the size and shape of the tablets or capsules to be packed. Next, the tablets or capsules are placed in the recesses and the sheet of relatively stiff material is sealed against the plastic foil at the face of the foil which is opposite from the direction in which the recesses were formed. As a result, the tablets or capsules are sealed in the recesses between the plastic foil and the sheet. Preferably the strength of the sheet is such that the tablets or capsules can be removed from the blister pack by manually applying pressure on the recesses whereby an opening is formed in the sheet at the place of the recess. The tablet or capsule can then be removed via the opening.

The invention additionally provides a kit comprising (a) a first pharmaceutical composition comprising a therapeutically effective amount of (i) a thioester, preferably of formula (I), or a prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo*, and (ii) a pharmaceutically acceptable carrier, (b) a second pharmaceutical composition comprising (i) at least one esterase inhibitor, and (ii) a pharmaceutically acceptable carrier, (c) prescribing information, and (d) a container, wherein the first and second pharmaceutical

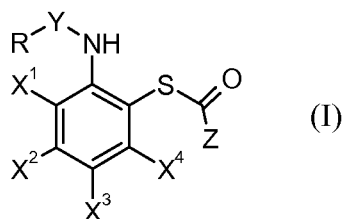
compositions can be the same or different, and wherein the prescribing information includes advice to a patient regarding co-administration of a thioester, preferably of formula (I), or a prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo*, and the esterase inhibitor.

- 5 The invention additionally provides a method for the treatment or prophylaxis of a cardiovascular disorder in a patient, which comprises treating the patient with a therapeutically effective amount of a combination of (a) a thioester, preferably of formula (I), or a prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo*, and (b) at least one esterase inhibitor. Preferably the esterase inhibitor is administered prior to the administration  
10 of the dosage form containing the thioester.

The cardiovascular disorders include, but are not limited to, cardiovascular disease, coronary heart disease, coronary artery disease, hypoalphalipoproteinemia (low levels of HDL cholesterol), hyperbetalipoproteinemia (high levels of LDL cholesterol), hypercholesterolemia, hyperlipidemia, and atherosclerosis. Additional cardiovascular disorders which can be treated or  
15 prevented include, but are not limited to, hypertension, hypertriglyceridemia, hyperlipidoproteinemia, peripheral vascular disease, angina, ischemia, primary hypercholesterolemia (homozygous and heterozygous familial and nonfamilial), mixed dyslipidemia (Frederickson Types IIa and IIb), and myocardial infarction. Following treatment with the above-described combination, the progression of atherosclerotic plaques is preferably  
20 slowed or arrested (e. g. , in coronary arteries, in carotid arteries, and/or in the peripheral arterial system) in a patient. Preferably, the atherosclerotic plaques regress following treatment (e. g. , in coronary arteries, in carotid arteries, and/or in the peripheral arterial system) in a patient.

Examples for a thioester include those disclosed e.g. in EP 1020439 A1, e.g. compounds of formula I

25



wherein

R is C<sub>1</sub>-C<sub>10</sub>alkyl, C<sub>2</sub>-C<sub>10</sub>alkenyl, haloC<sub>1</sub>-C<sub>4</sub>alkyl, C<sub>3</sub>-C<sub>10</sub>cycloalkyl, C<sub>5</sub>-C<sub>8</sub>cycloalkenyl, C<sub>3</sub>-C<sub>10</sub>cycloalkylC<sub>1</sub>-C<sub>10</sub>alkyl, aryl, aralkyl or a 5- or 6-membered heterocyclic group having 1 to 3 nitrogen, oxygen or sulfur atoms,

X<sup>1</sup>, X<sup>2</sup>, X<sup>3</sup> and X<sup>4</sup> independently are hydrogen, halogen, C<sub>1</sub>-C<sub>4</sub>alkyl, haloC<sub>1</sub>-C<sub>4</sub>alkyl,

5 C<sub>1</sub>-C<sub>4</sub>alkoxy, cyano, nitro, acyl or aryl,

Y is -CO- or -SO<sub>2</sub>; and

Z is C<sub>1</sub>-C<sub>10</sub>alkyl, C<sub>3</sub>-C<sub>10</sub>cycloalkyl or C<sub>3</sub>-C<sub>10</sub>cycloalkylC<sub>1</sub>-C<sub>10</sub>alkyl.

In a preferred embodiment of the present invention the thioester is thioisobutyric acid S-(2-{[1-(2-ethyl-butyl)-cyclohexanecarbonyl]-amino}-phenyl) ester.

- 10 The thioester may be formulated in any conventional formulation including capsule formulations or tablet formulations. An example of a thioester tablet formulation is disclosed in WO2004/082593 and given in Table 1.

Table 1: Example of a tablet formulation of COMPOUND A

| Ingredient                              | amount (mg) | content (%) |
|-----------------------------------------|-------------|-------------|
| Thioester (COMPOUND A)                  | 300         | 54.8        |
| Hydroxypropyl methylcellulose 2910      | 18          | 3.3         |
| Crospovidone                            | 119.8       | 21.9        |
| Talc                                    | 18          | 3.3         |
| Low-substituted Hydroxypropyl cellulose | 90          | 16.5        |
| Magnesium stearate                      | 1.2         | 0.2         |
| Total                                   | 547         | 100.0       |

- 15 The combined oral administration of an esterase inhibitor and a thioester provides for an increase in stability and the bioavailability of the thioester in the gastrointestinal tract of patients which is shown by the following test results:

**Example 1: Stability of thioisobutyric acid S-(2-{[1-(2-ethyl-butyl)-cyclohexanecarbonyl]-amino}-phenyl) ester**

- 20 Stock solutions:

(a) FeSSIF (Fed State Simulated Intestinal Fluid) and phosphate buffered saline solution:

| Ingredient                            | phosphate buffered saline solution | Pro-FeSSIF 1.11x | Concentrate (FeSSIF 10x) | FeSSIF  |
|---------------------------------------|------------------------------------|------------------|--------------------------|---------|
| Sodium chloride                       | 3.2 g                              | 6.6 g            |                          | 202 mM  |
| Sodium dihydrogen-phosphate dihydrate | 2.0 g                              |                  |                          | -----   |
| Acetic acid                           |                                    | 4.8 g            |                          | 144 mM  |
| Sodium taurocholate                   |                                    |                  | 806 mg                   | 15 mM   |
| Lecithin                              |                                    |                  | 300 mg                   | 3.75 mM |
| Sodium hydroxide 1N                   | ad pH 6.5                          | ad pH 6.5        |                          | pH 6.5  |
| Water to total volume of              | 500 mL                             | 500 mL           | 10 mL                    |         |

FeSSIF = 1 part concentrate + 9 parts Pro-FeSSIF

(b) Stock A = drug solution (0.5 mg/mL):

5 mg of thioisobutyric acid S-(2-{[1-(2-ethyl-butyl)-cyclohexanecarbonyl]-amino}-phenyl) ester (COMPOUND A) were dissolved in 50  $\mu$ L ethanol and 950  $\mu$ L mixed micelles Soybean lecithin / Sodium glycocholate (158 / 97 mg/mL) in water were added. One part of the mixture was diluted with 9 parts of phosphate buffered saline solution at pH 6.5.

(c) Stock B = esterase inhibitor solution (1.0 mg/mL)

5 mg 1-(3-hexyl-4-oxo-oxetan-2-yl)tridecan-2-yl 2-formyl-amino-4-methyl-pentanoate (COMPOUND B) were dissolved in 250  $\mu$ L ethanol. 4.75 mL mixed micelles soybean lecithin/sodium glycocholate ( 30/ 80.6 mg/mL) were added to give a solution of 1 mg/mL COMPOUND B.

(d) Stock C = Lipase in phosphate buffered saline solution (PBS) pH 6.5 (example given at 24 mg/mL, with a final enzyme activity of about 450 U/mL)

15 240 mg Lipase (Lipase from Hog Pancreas, 20.6U/mg Lipase, CAS No. 9001-62-1, Fluka, Art. No. 62300) were weighed into a vial and dissolved by stirring in 10 mL phosphate buffered saline solution pH 6.5. Any undissolved material was removed by centrifugation during 5 min at 5000rpm. The supernatant was used for the experiments and diluted with PBS to obtain the Lipase at the final concentration of 0.55 mg/mL.

20 200  $\mu$ L 1-(3-hexyl-4-oxo-oxetan-2-yl)tridecan-2-yl 2-formyl-amino-4-methyl-pentanoate solution (stock B) were injected in 1.6 mL Lipase solution (stock C)(from stock C to obtain a final enzyme concentration of 0.55 mg/mL). To this, 200  $\mu$ L drug solution (stock A) were

injected at time zero. The mixture was incubated at 37°C, while mixing gently with a rotating shaker at about 2rpm. At regular intervals 200 µL samples were taken and diluted immediately with 600 µL isopropanol. The combined solution/suspension was centrifuged during 5 min at 3000 rpm and the concentration of COMPOUND A as well as its potential degradation products were determined in the supernatant by HPLC analysis.

To obtain the value at time zero, 600 µL isopropanol were added to 180 µL of a 0.55 mg/mL Lipase in phosphate buffered saline solution to inhibit the enzymes followed by the addition of 20 µL drug solution (stock A).

| Time  | +100µg/mL COMPOUND B |           | w/o COMPOUND B |           |
|-------|----------------------|-----------|----------------|-----------|
| (min) | COMPOUND A           | Disulfide | COMPOUND A     | Disulfide |
| 0     | 46.9                 |           |                |           |
| 5     | 48.2                 | < 0.2     | 27.2           | 16.4      |
| 10    | 48.2                 | < 0.2     | 14.7           | 26.8      |
| 15    | 48.2                 | < 0.2     | 7.3            | 33.1      |
| 20    | 48.0                 | < 0.2     | 4.1            | 36.3      |
| 30    | 48.3                 | < 0.2     | < 0.1          | 38.0      |
| 60    | 40.1                 | < 0.2     | < 0.1          | 32.3      |

Concentration in µg/mL of COMPOUND A (theoretical concentration is 50 µg/mL) and

Disulfide with 0.55 mg/mL (11U/mL) Lipase

**Example 2: Comparison of different experimental procedures and influence of the lipase inhibitor concentration on stability of thioisobutyric acid S-(2-{{1-(2-ethyl-butyl)-cyclohexanecarbonyl}-amino}-phenyl) ester**

**Procedure A** (Premix of Lipase and COMPOUND B, followed by addition of COMPOUND A):

1600 µL Lipase in phosphate buffered saline solution (from stock C) to obtain a final enzyme concentration of 0.55 mg/mL) were mixed with 200 µL COMPOUND B (stock B) and pre-incubated during 5 min at 37°C. At time zero 200 µL drug solution (stock A) were added. The mixture was incubated at 37°C. After 10 min, the reaction was stopped by dilution of one part of the mixture with 3 parts of isopropanol.

**Procedure B** (Premix of COMPOUND B and COMPOUND A, followed by addition of Lipase):

100 µL drug solution (stock A) were mixed with 0, 12, 25 or 50 µL esterase inhibitor solution (stock B) and 100, 88, 75 or 50 µL FeSSIF concentrate (Lecithin 37.5 mM and Sodium

-7-

taurocholate 150 mM) were added to make up 200  $\mu$ L of a solution with COMPOUND B concentrations of 0, 12, 25 or 50  $\mu$ g/mL. At time zero, 800  $\mu$ L Lipase in phosphate buffered saline solution (from stock C to obtain final enzyme concentrations of 0.55 mg/mL) were added. The reaction mixture was incubated at 37°C and stopped after 10 minutes by diluting one part of the reaction mixture with 3 parts Isopropanol.

|                             | Procedure A<br>(Lipase + COMPOUND B,<br>then COMPOUND A) |           | Procedure B<br>(COMPOUND B + COMPOUND A,<br>then Lipase) |           |
|-----------------------------|----------------------------------------------------------|-----------|----------------------------------------------------------|-----------|
| COMPOUND B<br>( $\mu$ g/mL) | COMPOUND A<br>( $\mu$ g/mL)                              | SD (n =3) | COMPOUND A<br>( $\mu$ g/mL)                              | SD (n =3) |
| 0                           | 14.7                                                     | n.d.      | 23.0                                                     | 1.0       |
| 12                          | n.d.                                                     | n.d.      | 46.4                                                     | 0.6       |
| 25                          | n.d.                                                     | n.d.      | 46.5                                                     | 1.0       |
| 50                          | 46.4                                                     | 0.7       | 46.1                                                     | 1.1       |
| 100                         | 48.2                                                     | 0.8       | n.d.                                                     | n.d.      |

Concentration in  $\mu$ g/mL of COMPOUND A (theoretical concentration 50  $\mu$ g/ml) with 0.55 mg/mL (11U/mL) Lipase

**Procedure B'** (Premix of COMPOUND B and COMPOUND A, followed by addition of Lipase):

- 10 The tests were repeated as described under procedure B but with final COMPOUND B concentration of 0, 3, 6, 12  $\mu$ g/ml.

| COMPOUND B ( $\mu$ g/ml) | COMPOUND A ( $\mu$ g/ml) |
|--------------------------|--------------------------|
| 0                        | 14.2                     |
| 3                        | 45.9                     |
| 6                        | 46.5                     |
| 12                       | 45.7                     |

Concentration in  $\mu$ g/mL of COMPOUND A (theoretical concentration is 50  $\mu$ g/mL) after 10 min incubation with 0.55 mg/mL (11U/mL) Lipase

**Procedure C** (Premix of COMPOUND A and Lipase, followed by addition of COMPOUND B):

- 15 Remark: Final COMPOUND B concentration: 3  $\mu$ g/ml  
1<sup>st</sup> experiment:

220  $\mu$ L drug solution (stock A) and 220  $\mu$ L FeSSIF concentrate (Lecithin 37.5 mM and Sodium taurocholate 150 mM) were mixed. At time zero the reaction was started by addition of 1700  $\mu$ L Lipase in phosphate buffered saline solution (from stock C to obtain a final enzyme concentration of 0.55 mg/mL). The mixture was incubated at 37°C and after 5 min, a 200  $\mu$ L sample was taken for HPLC analysis. Then 60  $\mu$ L COMPOUND B solution (stock B) previously diluted 1:10 in phosphate buffered saline solution (corresponds to 100  $\mu$ g/mL COMPOUND B) was added and as a function of time, samples of 200  $\mu$ L were taken, diluted immediately with 600  $\mu$ L isopropanol and centrifuged for 5 min at 3000 rpm. The supernatant was analyzed by HPLC.

10 2<sup>nd</sup> experiment (identical to experiment 1 but different order of reagent addition):

1700  $\mu$ L Lipase in phosphate buffered saline solution (from stock C to obtain a final enzyme concentration of 0.55 mg/mL) were mixed with 220  $\mu$ L FeSSIF concentrate and at time zero 220  $\mu$ L drug solution (stock A) was added. After 7 min of incubation, a 200  $\mu$ L sample was taken, 60  $\mu$ L diluted COMPOUND B solution (stock B) was added and continued as described for the 1<sup>st</sup>

15 experiment.

| Time  | +3 $\mu$ g/mL COMPOUND B at T= 5min |           | +3 $\mu$ g/mL COMPOUND B at T= 7min |           |
|-------|-------------------------------------|-----------|-------------------------------------|-----------|
| (min) | COMPOUND A                          | Disulfide | COMPOUND A                          | Disulfide |
| 0     | 45.3                                |           | 45.3                                |           |
| 5     | 41.5                                | 5.3       | 40.4                                | 6.6       |
| 10    | 39.1                                | 5.8       | 38.4                                | 7.6       |
| 15    | 39.3                                | 5.6       | 38.2                                | 7.2       |
| 20    | 39.1                                | 5.6       | 37.9                                | 7.6       |
| 25    | 39.3                                | 5.8       | 37.8                                | 7.6       |
| 30    | 39.3                                | 5.8       | 37.9                                | 7.2       |

Concentration in  $\mu$ g/mL of COMPOUND A (theoretical concentration is 50  $\mu$ g/mL) and Disulfide after incubation with 0.55 mg/mL (11U/mL) Lipase

By these experiments it could be demonstrated that the lipase inhibitor COMPOUND B efficiently prevents lipase induced hydrolytic degradation of COMPOUND A. The presence of the esterase inhibitor effectively maintained the stability of COMPOUND A and inhibited formation of disulfide.

**Example 3: Influence of the lipase inhibitor concentration on stability of thioisobutyric acid S-(2-([1-(2-ethyl-butyl)-cyclohexanecarbonyl]-amino)-phenyl) ester in human intestinal fluids**

**Procedure D** (COMPOUND A and COMPOUND B in solution):

- 5 **Fasted Intestinal Fluids:** the fluids from 4 different subjects were collected with a nasojejunal tube after fasting overnight and pooled.

**Stimulated Intestinal Fluids:** the fluids from 3 different subjects were collected after fasting overnight with a nasojejunal tube and pooled. For the stimulation, twenty minutes before the beginning of the collection, volunteers were provided with chewing-gums and were asked to  
10 chew over a 15 minutes period, maintaining the taste by replacing the sticks of gum approximately every 2 minutes.

**Stock solutions**

(a) **Stock D** = drug solution (5 mg/mL):

- 5 mg of thioisobutyric acid S-(2-([1-(2-ethyl-butyl)-cyclohexanecarbonyl]-amino)-phenyl) ester  
15 (COMPOUND A) were dissolved in 50  $\mu$ L ethanol and 950  $\mu$ L mixed micelles solution containing Soybean lecithin / Sodium glycocholate (158 / 97 mg/mL) in water were added.

(b) **Stock E** = esterase inhibitor solution (0.3 mg/mL)

- 3 mg 1-(3-hexyl-4-oxo-oxetan-2-yl)tridecan-2-yl 2-formyl-amino-4-methyl-pentanoate  
(COMPOUND B) were dissolved in 1 mL ethanol. 100  $\mu$ L of this solution was diluted with 900  
20  $\mu$ L FeSSIF concentrate (10x).

(c) **Stock F** = premix of COMPOUND A and COMPOUND B (respectively 500 and 30  $\mu$ g/mL)  
100  $\mu$ L drug solution (stock D) were mixed with 100  $\mu$ L esterase inhibitor solution (stock E) and  
800  $\mu$ L pro-FaSSIF were added.

- (d) **Stock G** = premix of COMPOUND A and COMPOUND B (respectively 500 and 10  $\mu$ g/mL)  
25 100  $\mu$ L premix (stock F) were mixed with 200  $\mu$ L drug solution (stock A).

(e) **Stock H** = premix of COMPOUND A and COMPOUND B (respectively 500 and 20  $\mu$ g/mL)  
200  $\mu$ L premix (stock F) were mixed with 100  $\mu$ L drug solution (stock A).

- 315  $\mu$ L intestinal fluids (fasted and stimulated) were pre-heated at 37°C for about 5 min. At time  
zero, 35  $\mu$ L of premix solutions were added, i.e. either stock A, stock G, stock H or stock F, to  
30 obtain 50  $\mu$ g/mL of COMPOUND A and final concentrations of COMPOUND B of 0, 1, 2 or 3

µg/mL. The samples were incubated at 37°C while gently stirring. The reaction was stopped after 2 min or after 10 min by dilution of 1 part of the reaction mixture with 3 parts of isopropanol and the resulting mixture was centrifuged for 5 min at 5'000 rpm. The supernatant was analyzed by HPLC.

| COMPOUND B conc.<br>(µg/mL) | COMPOUND A (µg/mL) |        | Disulfide (µg/mL) |        |
|-----------------------------|--------------------|--------|-------------------|--------|
|                             | 2 min              | 10 min | 2 min             | 10 min |
| 0                           | 0.48               | 0.48   | 31.56             | 32.68  |
| 1                           | 18.00              | 1.58   | 15.43             | 21.53  |
| 2                           | 36.91              | 28.59  | 7.75              | 10.66  |
| 3                           | 43.72              | 37.24  | 5.16              | 6.81   |

- 5 Concentration in µg/mL of COMPOUND A (theoretical concentration is 50 µg/mL) and Disulfide in intestinal fluid obtained from fasted subjects

| COMPOUND B conc.<br>(µg/mL) | COMPOUND A (µg/mL) |        | Disulfide (µg/mL) |        |
|-----------------------------|--------------------|--------|-------------------|--------|
|                             | 2 min              | 10 min | 2 min             | 10 min |
| 0                           | 0.48               | 0.48   | 39.95             | 40.16  |
| 1                           | 26.06              | 2.76   | 18.82             | 28.59  |
| 2                           | 38.92              | 24.93  | 10.79             | 14.95  |
| 3                           | 46.91              | 40.48  | 8.33              | 10.36  |

Concentration in µg/mL of COMPOUND A (theoretical concentration is 50 µg/mL) and Disulfide in intestinal fluid obtained from subjects after stimulation

By the above experiments it is evident that the presence of COMPOUND B stabilizes dissolved

- 10 COMPOUND A towards hydrolysis in intestinal fluids and reduces the formation of the disulfide.

**Example 4: Influence of the lipase inhibitor concentration on stability of thioisobutyric acid S-(2-{{1-(2-ethyl-butyl)-cyclohexanecarbonyl}-amino}-phenyl) ester in human intestinal fluids**

- 15 **Procedure E** (COMPOUND A and COMPOUND B in suspension, excess compound separated by centrifugation):

**Stock J** = COMPOUND B suspension (2 mg/mL)

100  $\mu$ L FeSSIF concentrate and 900  $\mu$ L pro-FeSSIF pH6.5 were added to 4 mg commercially available Orlistat formulation (Xenical<sup>®</sup>) containing 2 mg lipase inhibitor 1-(3-hexyl-4-oxo-oxetan-2-yl)tridecan-2-yl 2-formyl-amino-4-methyl-pentanoate (COMPOUND B) in a vial and the formulation was dispersed by gently stirring during 15 min to obtain a fine homogenous suspension.

500  $\mu$ L freshly thawed intestinal fluids (fasted and stimulated state) were added to 1 mg COMPOUND A in a 1 mL glass vial immediately followed by the addition of either 0, 10 or 20  $\mu$ L COMPOUND B suspension (stock J) corresponding to 0, 40 or 80  $\mu$ g/mL COMPOUND B. The amount of COMPOUND B was 0, 2% or 4% COMPOUND B relative to COMPOUND A.

10 The mixture was incubated at 37°C with gentle stirring. Samples of 90  $\mu$ L were removed as function of time and centrifuged at 13'000 rpm (about 12'000 xg) for 5 min. 50  $\mu$ L of the supernatant was diluted with 150  $\mu$ L isopropanol, centrifuged at 5'000 rpm for 5 min and the clear supernatant was analyzed by HPLC.

| Time   | HIF-fasted ( $\mu$ g/mL) |             |            | HIF-stimulated ( $\mu$ g/mL) |             |            |
|--------|--------------------------|-------------|------------|------------------------------|-------------|------------|
|        | COMPOUND A               | Thio-phenol | Di-sulfide | COMPOUND A                   | Thio-phenol | Di-sulfide |
| 15 min | 1.62                     | 0.00        | 218.12     | 3.09                         | 2.55        | 49.80      |
| 30 min | 1.86                     | 3.41        | 514.94     | 0.52                         | 24.33       | 158.53     |
| 1h     | 0.49                     | 29.55       | 994.29     | 0.62                         | 89.14       | 348.73     |
| 2h     | 0.49                     | 125.39      | 1260.90    | 0.82                         | 149.88      | 500.57     |
| 4h     | 0.49                     | 151.84      | 1313.31    | 1.31                         | 208.98      | 619.27     |

Concentration in  $\mu$ g/mL of COMPOUND A (Thioester), Thiophenol and Disulfide in fasted and stimulated human intestinal fluids (HIF) without COMPOUND B.

| Time   | HIF-fasted ( $\mu$ g/mL) |             |           | HIF-stimulated ( $\mu$ g/mL) |             |           |
|--------|--------------------------|-------------|-----------|------------------------------|-------------|-----------|
|        | COMPOUND A               | Thio-phenol | Disulfide | COMPOUND A                   | Thio-phenol | Disulfide |
| 15 min | 1.12                     | 0.16        | 110.57    | 0.74                         | 0.16        | 40.71     |
| 30 min | 11.75                    | 3.85        | 363.56    | 0.55                         | 0.89        | 102.65    |
| 1h     | 111.05                   | 13.54       | 646.50    | 10.53                        | 75.39       | 343.60    |
| 2h     | 217.35                   | 25.60       | 902.02    | 32.71                        | 149.23      | 565.70    |
| 4h     | 281.66                   | 64.21       | 1075.49   | 221.31                       | 349.31      | 764.51    |

Concentration in  $\mu\text{g/mL}$  of COMPOUND A (Thioester), Thiophenol and Disulfide in fasted and stimulated human intestinal fluids (HIF) with 40  $\mu\text{g/mL}$  COMPOUND B.

| Time   | HIF-fasted ( $\mu\text{g/mL}$ ) |             |           | HIF-stimulated ( $\mu\text{g/mL}$ ) |             |           |
|--------|---------------------------------|-------------|-----------|-------------------------------------|-------------|-----------|
|        | COMPOUND A                      | Thio-phenol | Disulfide | COMPOUND A                          | Thio-phenol | Disulfide |
| 15 min | 5.62                            | 0.16        | 31.75     | 1.00                                | 0.48        | 54.34     |
| 30 min | 16.36                           | 0.16        | 95.68     | 11.80                               | 4.51        | 115.01    |
| 1h     | 89.60                           | 2.11        | 281.19    | 64.63                               | 6.38        | 211.64    |
| 2h     | 230.34                          | 8.13        | 458.77    | 131.64                              | 7.64        | 291.49    |
| 4h     | 336.00                          | 12.61       | 578.53    | 171.25                              | 7.11        | 345.98    |

Concentration in  $\mu\text{g/mL}$  of COMPOUND A (Thioester), Thiophenol and Disulfide in fasted and stimulated human intestinal fluids (HIF) with 80  $\mu\text{g/mL}$  COMPOUND B.

- 5 The above experiments show that the addition of COMPOUND B in form of a suspension stabilizes the thioester which is present in excess in intestinal fluids against hydrolysis and subsequent oxidation of the thiol formed.

**Example 5: Influence of the lipase inhibitor concentration on stability of thioisobutyric acid S-(2-([1-(2-ethyl-butyl)-cyclohexanecarbonyl]-amino)-phenyl) ester in human intestinal fluids**

10

**Procedure F** (COMPOUND A and COMPOUND B in suspension, the degradation immediately stopped without separation of excess compound):

**Stock K** = COMPOUND B suspension (0.5 mg/mL)

Dilute 1 part of COMPOUND B suspension (stock J) with 3 parts of FeSSIF pH6.5 solution.

- 15 500  $\mu\text{L}$  freshly thawed intestinal fluids (fasted and stimulated state) were added to 1.2 mg COMPOUND A in a 1 mL glass vial. The suspended compound was stirred for 15 min at 37°C to obtain wetting and a homogenous suspension. In parallel, 4 glass vials were prepared with 20  $\mu\text{L}$  of a COMPOUND B suspension at different concentrations. These concentrations were obtained by mixing FeSSIF pH6.5 and COMPOUND B suspension (stock K) in different ratios, respectively 1:0, 1:3, 1:1, 0:1 to obtain 0, 1, 2 and 4% related to COMPOUND A. At time zero, 20 100  $\mu\text{L}$  COMPOUND A suspension preincubated at 37°C were added to the 20  $\mu\text{L}$  COMPOUND B suspension. The mixture was incubated at 37°C with gentle stirring. After 15

min and 60 min, the reaction was stopped by mixing a 50  $\mu$ L sample with 150  $\mu$ L isopropanol and centrifuged at 5'000 rpm during 5 min. The clear supernatant was analyzed for the hydrolysis product and its oxidized form by HPLC.

| COMPOUND<br>B conc.<br>( $\mu$ g/mL) | T = 15 min                  |                             |                            | T = 60 min                  |                             |                            |
|--------------------------------------|-----------------------------|-----------------------------|----------------------------|-----------------------------|-----------------------------|----------------------------|
|                                      | COMPOUND<br>A ( $\mu$ g/mL) | Thiophenol<br>( $\mu$ g/mL) | Disulfide<br>( $\mu$ g/mL) | COMPOUND<br>A ( $\mu$ g/mL) | Thiophenol<br>( $\mu$ g/mL) | Disulfide<br>( $\mu$ g/mL) |
| 0                                    | 1111.92                     | 12.07                       | 512.32                     | 182.50                      | 22.18                       | 1004.67                    |
| 20                                   | 1299.01                     | 9.58                        | 367.37                     | 718.26                      | 15.27                       | 569.98                     |
| 40                                   | 1381.23                     | 5.42                        | 290.53                     | 598.81                      | 8.36                        | 331.72                     |
| 80                                   | 1728.95                     | 6.34                        | 290.06                     | 826.93                      | 10.49                       | 299.09                     |

Concentration in  $\mu$ g/mL of Compound A, Thiophenol and Disulfide in fasted human intestinal fluids (HIF) with 0, 20, 40 and 80  $\mu$ g/mL COMPOUND B corresponding to 0, 1, 2 and 4% with regard to the Thioester concentration.

| COMPOUND<br>B conc.<br>( $\mu$ g/mL) | T = 15 min                  |                             |                            | T = 60 min                  |                             |                            |
|--------------------------------------|-----------------------------|-----------------------------|----------------------------|-----------------------------|-----------------------------|----------------------------|
|                                      | COMPOUND<br>A ( $\mu$ g/mL) | Thiophenol<br>( $\mu$ g/mL) | Disulfide<br>( $\mu$ g/mL) | COMPOUND<br>A ( $\mu$ g/mL) | Thiophenol<br>( $\mu$ g/mL) | Disulfide<br>( $\mu$ g/mL) |
| 0                                    | 1569.58                     | 68.88                       | 392.71                     | 400.63                      | 412.83                      | 903.76                     |
| 20                                   | 2034.38                     | 13.26                       | 252.67                     | 1503.21                     | 29.88                       | 459.09                     |
| 40                                   | 2163.01                     | 8.30                        | 215.76                     | 1515.41                     | 20.48                       | 269.78                     |
| 80                                   | 1945.50                     | 5.58                        | 186.77                     | 1449.03                     | 8.51                        | 212.28                     |

Concentration in  $\mu$ g/mL of Compound A, Thiophenol and Disulfide in fasted human intestinal fluids (HIF) with 0, 20, 40 and 80  $\mu$ g/mL COMPOUND B corresponding to 0, 1, 2 and 4% with regard to the Thioester concentration.

10 By these experiments it could be demonstrated that the esterase inhibitor COMPOUND B efficiently prevents gastrointestinal enzyme induced hydrolytic degradation of COMPOUND A.

### Claims

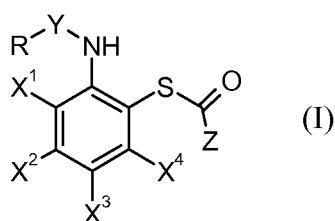
1. A process for increasing the bioavailability of a thioester, wherein a dosage form containing an esterase inhibitor is administered in combination with a dosage form containing the thioester.
2. The process according to claim 1 wherein the dosage form containing the esterase inhibitor is  
5 administered at the same time as the dosage form containing the thioester.
3. The process according to claim 1 wherein the dosage form containing the esterase inhibitor is administered prior to the administration of the dosage form containing the thioester.
4. The process according to claim 3, wherein the dosage form containing the esterase inhibitor is administered 1 to 60 minutes, e.g. 1 to 40 minutes, e.g. 1 to 20 minutes prior to the  
10 administration of the dosage form containing the thioester.
5. The process according to claim 1 wherein the esterase inhibitor is 1-(3-hexyl-4-oxo-oxetan-2-yl)tridecan-2-yl 2-formyl-amino-4-methyl-pentanoate.
6. The process according to claim 1 wherein the thioester is thioisobutyric acid S-(2-{[1-(2-ethylbutyl)-cyclohexanecarbonyl]-amino}-phenyl) ester.
- 15 7. A process according to claim 1 wherein the ratio of an esterase inhibitor to thioester is between 1:100 and 1:5.
8. A combination comprising a thioester or prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo* and at least an esterase inhibitor.
9. A pharmaceutical composition comprising (a) a thioester or a prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo*, (b) at least an esterase inhibitor  
20 and (c) one or more pharmaceutically acceptable carriers.
10. A package comprising separate dosage units, of which (a) at least one dosage unit comprises (a) a thioester or a prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo*, and (b) at least one other dosage unit comprises an esterase inhibitor.
- 25 11. A kit comprising (a) a first pharmaceutical composition comprising a therapeutically effective amount of (i) a thioester or a prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo*, and (ii) a pharmaceutically acceptable carrier, (b) a

-15-

second pharmaceutical composition comprising (i) at least one esterase inhibitor, and (ii) a pharmaceutically acceptable carrier, (c) prescribing information, and (d) a container, wherein the first and second pharmaceutical compositions can be the same or different, and wherein the prescribing information includes advice to a patient regarding co-administration of a thioester, or a prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo*, and the esterase inhibitor.

12. A method for the treatment or prophylaxis of a cardiovascular disorder in a patient, which comprises treating the patient with a therapeutically effective amount of a combination of (a) a thioester, preferably of formula (I), or a prodrug that forms S-[2-([1-(2-ethylbutyl) cyclohexyl] carbonyl] amino) phenyl] thiol *in vivo*, and (b) at least one esterase inhibitor.

13. A combination, a pharmaceutical composition, a package, a kit, or a method according to claim 8, 9, 10, 11 or 12 respectively, wherein the thioester is of formula (I)



wherein

R is C<sub>1</sub>-C<sub>10</sub>alkyl, C<sub>2</sub>-C<sub>10</sub>alkenyl, haloC<sub>1</sub>-C<sub>4</sub>alkyl, C<sub>3</sub>-C<sub>10</sub>cycloalkyl, C<sub>5</sub>-C<sub>8</sub>cycloalkenyl, C<sub>3</sub>-C<sub>10</sub>cycloalkylC<sub>1</sub>-C<sub>10</sub>alkyl, aryl, aralkyl or a 5- or 6-membered heterocyclic group having 1 to 3 nitrogen, oxygen or sulfur atoms,

X<sup>1</sup>, X<sup>2</sup>, X<sup>3</sup> and X<sup>4</sup> independently are hydrogen, halogen, C<sub>1</sub>-C<sub>4</sub>alkyl, haloC<sub>1</sub>-C<sub>4</sub>alkyl, C<sub>1</sub>-C<sub>4</sub>alkoxy, cyano, nitro, acyl or aryl,

Y is -CO- or -SO<sub>2</sub>; and

Z is C<sub>1</sub>-C<sub>10</sub>alkyl, C<sub>3</sub>-C<sub>10</sub>cycloalkyl or C<sub>3</sub>-C<sub>10</sub>cycloalkylC<sub>1</sub>-C<sub>10</sub>alkyl.

14. A combination, a pharmaceutical composition, a package, a kit, or a method according to claim 13, wherein the esterase inhibitor is 1-(3-hexyl-4-oxo-oxetan-2-yl)tridecan-2-yl 2-formyl-amino-4-methyl-pentanoate.

15. The novel methods, combination, pharmaceutical composition, kit and use of such substantially as described herein before.