Title: ASSESSMENT OF PULMONARY VASCULAR RESISTANCE VIA PULMONARY ARTERY PRESSURE

Abstract: Methods and systems for assessing pulmonary or systemic vascular resistance in a patient using pressure measurements are disclosed. An illustrative method of measuring pulmonary vascular resistance includes electrically inducing a retrograde pressure pulse within the heart, sensing at least one arterial pressure parameter in response to the retrograde pressure pulse using a pressure sensor located within a pulmonary artery, and computing a value of the pulmonary vascular resistance using the at least one sensed arterial pressure parameter. Data from multiple pulmonary vascular resistance assessments can be taken over an extended period of time within the patient to aid in detecting an underlying cardiac or pulmonary condition such as cardiogenic pulmonary edema.

Fig. 1
ASSESSMENT OF PULMONARY VASCULAR RESISTANCE VIA PULMONARY ARTERY PRESSURE

TECHNICAL FIELD

[0001] The present invention relates generally to methods and systems for measuring hemodynamic parameters within a patient’s body. More specifically, the present invention pertains to methods and systems for assessing pulmonary or systemic vascular resistance in a patient.

BACKGROUND

[0002] Pulmonary vascular resistance (PVR) is an important hemodynamic variable that affects prognosis and therapy in a wide range of cardiovascular and pulmonary conditions. In the diagnosis and treatment of cardiogenic pulmonary edema, for example, pulmonary vascular resistance can be used as an indicator for the distension of small pulmonary vessels, which typically occurs in early stages of heart decompensation in response to elevated left atrial pressures. In addition to the diagnosis and treatment of pulmonary edema, pulmonary vascular resistance can also be utilized as an indicator for other conditions, including pulmonary hypertension, pulmonary embolisms, and atelectasis. Since changes in pulmonary vascular resistance often occur in the early stage of diseases such as pulmonary edema, the periodic measurement of this parameter over time may provide a useful indicator for the early detection of an acutely worsening heart failure.

[0003] A variety of different techniques have been employed for measuring pulmonary vascular resistance. In one such method disclosed in United States Patent No. 7,204,798, for example, an inflatable balloon catheter is used to induce a change in volume and/or pressure within a heart chamber during systole, and then inject a fluid into the heart chamber during diastole. A sensor is then used to measure the pressure and/or volume at a location within the heart.
(e.g., the left ventricle or aorta), which can then be used to compute various hemodynamic parameters, including pulmonary vascular resistance. While providing a means for calculating pulmonary vascular resistance, such methods typically require the insertion of a catheter within the body, and are therefore not useful in measuring long term trends that occur over longer periods of time.

**SUMMARY**

[0004] The present invention pertains to methods and systems for measuring pulmonary or systemic vascular resistance within a patient. An illustrative method of measuring pulmonary vascular resistance within a patient includes electrically inducing a retrograde pressure pulse within the patient's heart using a pulse generator, sensing at least one arterial pressure parameter in response to the retrograde pressure pulse using a pressure sensor located within a pulmonary artery, and computing a value of the change in pulmonary vascular resistance using the at least one sensed arterial pressure parameter. In some embodiments, data from multiple pulmonary vascular resistance assessments can be trended over a period of time to aid in detecting an underlying cardiovascular or pulmonary condition such as cardiogenic pulmonary edema.

[0005] An illustrative system for measuring pulmonary vascular resistance within a patient includes a pulse generator including at least one lead adapted to induce a retrograde pressure pulse within the left atrium of the heart, a pressure sensor implanted within a pulmonary artery and adapted to sense an arterial pressure waveform in response to the retrograde pressure pulse, and a processor adapted to compute a value of pulmonary vascular resistance using the sensed arterial pressure waveform. The processor may comprise a component or module of the pulse generator, the pressure sensor, or an external monitoring device in communication with the pulse generator and/or pressure sensor.
While multiple embodiments are disclosed, still other embodiments of the present invention will become apparent to those skilled in the art from the following detailed description, which shows and describes illustrative embodiments of the invention. Accordingly, the drawings and detailed description are to be regarded as illustrative in nature and not restrictive.

**BRIEF DESCRIPTION OF THE DRAWINGS**

- Figure 1 is a schematic view of an illustrative system for measuring pulmonary vascular resistance within a patient's heart;
- Figure 2 is an equivalent electrical circuit modeling the pulmonary vasculature of a patient;
- Figure 3 is a simplified equivalent electrical circuit modeling the pulmonary vasculature of a patient;
- Figure 4 is a flow chart showing an illustrative method of measuring pulmonary vascular resistance within a patient using the system of Figure 1;
- Figures 5A-5B are several graphs showing an illustrative ECG waveform and pulmonary artery pressure waveform in response to pacing signals provided by the pulse generator during the assessment mode of operation;
- Figure 6 is a flow chart showing an illustrative method of trending data from multiple pulmonary vascular resistance assessments taken over an extended period of time for detecting a cardiovascular or pulmonary condition within a patient; and
- Figure 7 is a flow chart showing an illustrative method of producing a trend of pulmonary vascular resistance.

While the invention is amenable to various modifications and alternative forms, specific embodiments have been shown by way of example in the drawings and are described in detail below. The intention, however, is not to limit the invention to the particular embodiments described. On the contrary, the invention is intended to
cover all modifications, equivalents, and alternatives falling within the scope of the invention as defined by the appended claims.

DETAILED DESCRIPTION

[0015] Figure 1 is a schematic view of an illustrative system 10 for measuring pulmonary vascular resistance within a patient. In the embodiment of Figure 1, the system 10 includes a pulse generator 12, a remote pressure sensor 14 implanted deeply within the patient's body such as in one of the pulmonary arteries leading from the patient's heart 16, and an external monitor 18 positioned at a location outside of the patient's body. The heart 16 includes a right atrium 20, a right ventricle 22, a left atrium 24, and a left ventricle 26. The left atrium 24 and left ventricle 26 are separated by the mitral valve 28. The right ventricle 22 includes an outflow tract 30 that delivers blood during ventricular systole to the main pulmonary artery 32, the right pulmonary artery 34 and the left pulmonary artery 36, which, in turn, flows into the pulmonary capillaries 38 of the lungs 40, 42. The blood fed into the pulmonary capillaries 38 is oxygenated and returned back to the heart 16 via the pulmonary veins 44, 46, 48, 50, as shown.

[0016] The pulse generator 12 can be implanted subcutaneously within the body, typically at a location such as in the patient's chest or abdomen, although other implantation locations are possible. In some embodiments, the pulse generator 12 is a dual-chamber pacemaker adapted to provide atrioventricular (AV) pacing therapy to the patient's heart 16. A number of leads 52, 60 provide electrical stimulus to the right ventricle 24 and right atrium 22, which during normal pulse generator operation, can be used to synchronize the operation of the heart 16. A first lead 52 may be used for pacing ventricular contractions in the heart 16, and includes a proximal section 54 coupled to a header 56 of the pulse generator 12 and a distal section 58 implanted within the right ventricle 22 of the heart 16. A second lead 60, in turn, may be used for pacing atrial contractions in the heart 16, and includes a proximal section 62 coupled to the header
56 and a distal section 64 implanted within the right atrium 20 of the heart 16. An electrode 66,68 on each of the leads 52,60 can be configured to provide electrical stimulus energy for pacing the heart 16 and/or for sensing electrical activity occurring within the heart 16.

[0017] Although the system 10 depicts a dual-chamber pacemaker for use in providing atrioventricular pacing to the right atrium 20 and right ventricle 22 of the heart 16, in other embodiments, the system 10 may comprise a dual-chamber pacemaker adapted to pace the left atrium 24 and left ventricle 26 of the heart 16, or can comprise an implantable cardiac defibrillator (ICD) capable of providing electrical shocks to the heart 16. In some embodiments, the pulse generator 12 includes both pacing and defibrillation capabilities. The pacing therapy provided by the pulse generator 12 can be used to deliver bradycardia therapy, cardiac resynchronization therapy, or antitachycardia pacing therapy. In some embodiments, the pulse generator 12 is capable of pacing an atria to produce a retrograde pressure pulse within the heart 16, as discussed further herein, but does not provide pacing therapy.

[0018] During normal pulse generator operation, the leads 52,60 are configured to convey electrical signals between the pulse generator 12 and the heart 16. In those embodiments where the pulse generator 12 is a dual-chamber pacemaker operable in an AV pacing mode, for example, the leads 52,60 can be utilized to deliver electrical therapeutic stimulus energy for providing atrioventricular pacing to the heart 16. In those embodiments where the pulse generator 12 is operable in a defibrillation mode, one or more of the leads 52,60 can be utilized to deliver electrical shocks to the heart 16 in response to an event such as ventricle fibrillation. In an assessment mode of operation, and as further discussed herein, the leads 52,60 can also be utilized to periodically provide reverse, ventricular-atrial (VA) stimulus energy to the heart 16. This reverse, ventricular-atrial pacing can be utilized to induce a retrograde pressure pulse (i.e., a cannon wave) within the pulmonary arteries 32,34,36 that can be sensed by the
pressure sensor 14 and used to calculate various hemodynamic properties, including pulmonary vascular resistance (PVR).

[0019] In some embodiments, the pressure sensor 14 can be implanted at a location within the right side of the heart 16 such as in the main pulmonary artery 32 or a branch of the main pulmonary artery such as the right or left pulmonary artery 34,36. In the illustrative system 10 of Figure 1, for example, the pressure sensor 14 is implanted within the left pulmonary artery 36. An illustrative pressure sensor suitable for use in sensing arterial pressure within the body is described, for example, in United States Patent No. 6,764,446, entitled "Implantable Pressure Sensors and Methods for Making and Using Them," the contents of which is incorporated herein by reference in its entirety. The pressure sensor 14 can be implanted at other locations within the pulmonary vasculature, and can be configured to perform one or more other designated functions, including the sensing of other physiological parameters within the body. Example physiological parameters that can also be sensed using the pressure sensor 14 can include, but are not limited to, blood flow, temperature, strain, acceleration, as well as various electrical, chemical and/or magnetic properties within the body.

[0020] Although the embodiment of Figure 1 illustrates a remote pressure sensor 14 that is chronically implanted within the body, in other embodiments the pressure sensor 14 may comprise an acute or semi-acute sensing device that can be temporarily inserted into the patient's body for sensing arterial pressure. In one alternative embodiment, for example, the pressure sensor 14 can be coupled to or formed integrally with a catheter that can be temporarily inserted into the body for sensing blood pressure within a pulmonary artery or a systemic artery. Other devices that are temporarily or permanently insertable within the body can also be used for obtaining blood pressure measurements within a pulmonary artery or a systemic artery.

[0021] The pressure sensor 14 can be used in conjunction with the pulse generator 12 and/or the external monitor 18 to optimize
pacing and/or defibrillation therapy, to predict decompensation of a heart failure patient, or to provide other monitoring and/or therapy functions. In certain embodiments, for example, the pressure sensor 14 can be utilized in conjunction with the pulse generator 12 to control atrioventricular (AV) pacing therapy to the patient based at least in part on a measure of pulmonary vascular resistance. Other devices such as a pulmonary sound sensor, satellite pacing device, or other sensing and/or therapy-delivering device may also be used in conjunction with the pulse generator 12 and pressure sensor 14.

[0022] The pressure sensor 14 can be configured to communicate with the pulse generator 12 and/or the external monitor 18 via a wireless or wired telemetry link. In some embodiments, for example, an acoustic telemetry link may be used to establish bi-directional wireless communications between the pressure sensor 14 and the pulse generator 12, and/or between the pressure sensor 14 and the external monitor 18. An example wireless telemetry system employing acoustic transducers is described, for example, in United States Patent No. 7,024,248, entitled "Systems and Methods For Communicating With Implantable Devices," the contents of which are incorporated herein by reference in its entirety. Other types of telemetry modes such as RF, inductive, electromagnetic, and optical may also be utilized to establish a wireless telemetry link between the pressure sensor 14 and the pulse generator 12 and/or external monitor 18. In some embodiments, the pressure sensor 14 can communicate with other devices implanted within the body via either a wireless or wired telemetry link.

[0023] The external monitor 18 is configured to monitor an arterial pressure waveform signal transmitted by the pressure sensor 14. Based on this signal, a processor 70 within the external monitor 18 is configured to determine various hemodynamic parameters associated with the heart 16, including pulmonary vascular resistance. In some embodiments, other hemodynamic parameters can also be
determined from the arterial pressure waveform sensed by the pressure sensor 14.

[0024] Although the external monitor 18 can be tasked to determine hemodynamic parameters such as pulmonary vascular resistance, in other embodiments other internal or external devices can be configured to compute such parameters. In one alternative embodiment, for example, the pulse generator 12 includes a processor adapted to compute hemodynamic parameters such as pulmonary vascular resistance based on the arterial pressure waveform signal from the pressure sensor 14. In another alternative embodiment, the pressure sensor 14 includes a processor adapted to compute pulmonary vascular resistance based on the sensed arterial pressure waveform signal.

[0025] The vascular system can be modeled as an equivalent electrical circuit, which as discussed further herein, can be used by the processor 70 to compute a measure of pulmonary vascular resistance from a retrograde pressure pulse induced within the pulmonary arteries 32,34,36 when the pulse generator 12 operates in an assessment mode of operation. An illustrative equivalent electrical circuit 72 for modeling the pulmonary vascular system of a patient is shown in Figure 2. The equivalent electrical circuit 72 may represent, for example, several analogous electrical elements that can be used to model the mechanical properties of the heart 16 and the pulmonary vasculature.

[0026] As shown in Figure 2, the pump pressure and the mechanical resistance to the blood flow within the right ventricle 22 of the heart 16 can be modeled in the circuit 70, respectively, as a voltage source 74 (V_{RV}) and a resistor 76 (R_{RV}). The mechanical resistance of the blood flow 76 (R_{RV}) may represent, for example, the flow resistance to the pump pressure (V_{RV}) within the right ventricle 22 and pulmonic valve during a cardiac cycle. The pump pressure and the mechanical resistance to the blood flow within the left atrium 24 of the heart 16, in turn, can be modeled in the circuit 70, respectively, as a voltage source
78 ($V_{LA}$) and a resistor 80 (RLA). The mechanical resistance of the
blood flow ($R_{LA}$) may represent, for example, the flow resistance to the
pump pressure ($V_{LA}$) entering the left atrium 24 from the pulmonary
veins 44,46,48,50.

[0027] The flow resistance within the pulmonary vasculature,
and in particular the pulmonary arteries 32,34,36 and the pulmonary
veins 44,46,48,50, can be modeled within the circuit 70, respectively,
as resistors 82 ($R_A$) and 84 ($R_V$). The flow resistance within the
capillaries 38 of the lungs 40,42, in turn, can be modeled within the
circuit 70 as a resistor 86 ($R_C$). The compliance of the pulmonary
arteries 32,34,36 and the pulmonary veins 44,46,48,50 can be
modeled in the circuit 70, respectively, as capacitors 88 ($C_A$) and 90
($C_V$). The capacitors 86,88 may comprise, for example, modeled
compliance values for the pulmonary arteries 32,34,36 and pulmonary
veins 44,46,48,50.

[0028] A number of physiological assumptions can be used to
simplify the mechanical to electrical relationship of the heart 16 and the
pulmonary vasculature. For example, and as further shown in a
simplified equivalent electrical circuit 92 in Figure 3, the compliance
values within the pulmonary vessels, including the pulmonary artery
and pulmonary vein compliances ($C_A$), ($C_V$), can be ignored within the
circuit 92. In addition, since the resistance within the pulmonary
vascular tree is dominated primarily by the capillary resistance ($R_C$) due
to their relatively small size and longer path, the resistances ($R_A$) and
($R_V$) can also be ignored within the circuit 92. The voltages ($VRV$),($V_{LA}$)
representing the pump pressure within the right ventricle 22 and left
atrium 24 (i.e., $V_{RV} + V_{LA}$) may be further expressed as a single voltage
source 94, as shown.

[0029] From the simplified electrical circuit 92, the pump
pressure within the pulmonary artery, represented as voltage "$V_{PA}$" in
Figure 3, can be determined using Ohm's law as follows:

(1) $V_{PA} = IRR_V$;
where "I" in the above expression represents the electrical equivalent of blood flow within the pulmonary arteries 32,34,36. A measure of the blood flow I within the circuit 92, in turn, can be determined from the following equation:

\[ I = \frac{V}{(R_{RV} + R_C + R_{RL})}. \]

From this value, the expression in (2) above can then be expressed as follows:

\[ VPA = \frac{VRRV}{(RRV + R_c + RLA)}. \]

The above expression (3) can then be expressed in terms of the capillary resistance \( R_c \) as follows:

\[ R_c = \frac{VRRV}{PA} - RRV - RLA. \]

To determine changes in capillary resistance \( R_c \), the pressure sensor 14 can be configured to take at least two measurements when a retrograde pressure pulse is induced by the pulse generator 12 during the assessment mode of operation, as reflected in the following two equations:

\[ Rd = \frac{VIRRVA}{PA} - RRV - RLA; \]
\[ Rc2 = \frac{V2RRV2A}{PA2} - RRV2 - RLA2. \]

where \( R_{C_i} \) can be determined from a first pressure measurement taken by the pressure sensor 14 during ventricular-atrial (VA) pacing of the heart 16, and \( R_{C_2} \) can be determined from a second pressure measurement taken by the pressure sensor 14 during the ventricular-atrial (VA) pacing. Based on these sensed pressure measurements, the change in the capillary resistance \( \Delta R_c \) can then be determined from the following expression:

\[ \Delta R_c = R_{C_i} - R_{C_2} = \frac{V}{RRV/PA} - RRV - RLA - (\frac{V2RRV2A}{PA2} - RRV2 - RLA2). \]
Assuming that $V_i = V_2$, $RRVI = RRV_2$, and $RLAI = RLA_2$, the above expression (7) can then be simplified as follows:

$\Delta_{RC} = VRV(1A/PA1 - 1A/PA2)$.  

The term "$V(RV)$" in the above expression (8) may be assumed to be a known constant, $K$, yielding:

$\Delta_{RC} = K(1A/PA1 - 1A/PA2)$.  

As can be seen from equation (9) above, a change in pulmonary capillary resistance ($\Delta_{RC}$) can thus be estimated based on the pulse pressure measurements (i.e., $V_{PA1}$, $V_{PA2}$) sensed by the pressure sensor 14 during the assessment mode of operation when the pulse generator 12 provides ventricular-athal pacing to induce a retrograde pressure pulse within the pulmonary arteries 32,34,36. Since the change in capillary resistance ($\Delta_{RC}$) correlates to the change in pulmonary vascular resistance due to the dominance of the capillary resistance to the overall resistance within the pulmonary vasculature (i.e., $Rc = (RA + RV)$), an estimate of the change in pulmonary vascular resistance can thus be determined by measuring changes in arterial pressure that occur within the pulmonary arteries 32,34,36.

[0030] Figure 4 is a flow chart showing an illustrative method 96 of measuring pulmonary vascular resistance within a patient using the system 10 of Figure 1. Method 96 may represent, for example, an algorithm or routine used by the external monitor processor 70 of Figure 1 to compute a measure of pulmonary vascular resistance based on a retrograde pressure pulse sensed by the pressure sensor 14. Alternatively, and in other embodiments, the method 96 may represent an algorithm or routine run by another device located inside or outside of the patient's body. In some embodiments, for example, the method 96 may be performed by the pulse generator 12, another implant located within the body, or by the pressure sensor 14.

[0031] As shown in Figure 4, the method 96 may begin generally at block 98, when the pulse generator 12 switches from a normal mode
of operation to an assessment mode of operation used to compute pulmonary vascular resistance. In some embodiments, for example, the pulse generator 12 may switch from the normal operation mode to the assessment operation mode in response to a command or signal received from the external monitor 18. In other embodiments, the pulse generator 12 may switch to the assessment mode at a predetermined time period (e.g., once a day, once a week, one a month, etc.) programmed within the pulse generator 12.

[0032] When in the assessment mode, the pulse generator 12 may temporarily suspend normal pacing activity provided by the leads 52,60 (block 100). Once suspended, the pulse generator 12 is then configured to electrically induce a retrograde pressure pulse within the left atrium 24 of the patient's heart 16. In certain embodiments, for example, the retrograde pressure pulse is induced by first pacing the right ventricle 22 using the ventricular lead 52 at a first time period immediately before an intrinsic atrial contraction (block 102). For example, in some embodiments the ventricular lead 52 can be configured to deliver an electrical pacing stimulus at a time period of about 150ms before an intrinsic atrial contraction.

[0033] Subsequent to the first, ventricular pace, the pulse generator 12 may next pace the right atrium 24 at a second time period using the atrial lead 60 (block 104). In certain embodiments, for example, the atrial lead 60 can be configured to deliver an electrical pacing stimulus at a period of about 100 ms after the first, ventricular pace, which causes the right and left atria 22,24 to contract. Since the mitral valve 28 will be closed during the atrial contraction as a result of the atrial pace, a retrograde pressure wave (i.e., an a-wave) is produced within the left atrium 24 (block 106). This retrograde pressure pulse wave then propagates through the pulmonary veins 44,46,48,50 and pulmonary capillaries 38 and back into the pulmonary arteries 32,34,36 (block 108).

[0034] The pressure sensor 14 can be prompted to take one or more arterial pressure measurements to determine the amplitude and
morphology characteristics of the retrograde pressure pulse wave, which as discussed above with respect to Figures 2-3, can be correlated with changes in the pulmonary vascular resistance. In one embodiment, for example, the pressure sensor 14 may sample a first arterial pressure parameter within the pulmonary artery at a first time period (block 110) subsequent to the VA pacing provided by the pulse generator 12. The first arterial pressure parameter may represent, for example, \( V_{PA} \) in equation (9) discussed herein with respect to Figures 2-3. The pressure sensor 14 may then sample a second arterial pressure parameter at a second time period (block 112) after the first sampled arterial pressure parameter. The second arterial pressure parameter may represent, for example, \( V_{PA} \) in equation (9) discussed above.

[0035] The pressure sensor 14 can be configured to communicate the sensed arterial pressure measurements to the pulse generator 12 and/or the external monitor 18 (block 114). The pulse generator 12 and/or external monitor 18 may then analyze the amplitude and/or morphology of the arterial pressure measurements taken to determine the time rate of change of the arterial pressure waveform in response to the retrograde pressure pulse wave (block 116). Based on this change, a value of the pulmonary vascular resistance is then estimated (block 118). In certain embodiments, for example, the change in pulmonary vascular resistance may be estimated by correlating the pulmonary capillary resistance value \( (\Delta R_{AC}) \) computed using equation (9) discussed above with a correlation factor. In certain embodiments, the pressure pulse (i.e., conduction) velocity alone can be provide a useful diagnostic parameter for assessing a cardiovascular or pulmonary condition.

[0036] In some embodiments, the detection of elevated pulmonary arterial pressures without a significant increase in pulmonary vascular resistance can also be used to exclude the diagnosis of certain conditions such as chronic obstructive pulmonary disease (COPD), worsening pulmonary hypertension, or other non-
cardiogenic conditions that cause an increase in pulmonary arterial pressure. In some cases, an increase in pulmonary vascular resistance in conjunction with other sensed parameters can also be used to diagnose certain conditions. For example, an increase in pulmonary vascular resistance in conjunction with pulmonary artery distension may be used to aid in diagnosing a condition such as chronic obstructive pulmonary disease (COPD) or an increase in pulmonary hypertension.

[0037] In some embodiments, changes in the systemic pressure morphology can also be measured to determine the systemic vascular resistance (SVR) and/or systemic conduction velocities. The pacing provided to the right atrium 22 of the heart 16 at step 104 also causes the right atrium 22 to simultaneously contract along with the left atrium 24, producing a retrograde pressure pulse from the right atrium 22 that propagates into the systemic arteries and veins. A pressure sensor implanted within the aorta, the peripheral vasculature, or the superior vena cava can be used to take pressure measurements to determine the amplitude and morphology characteristics of the retrograde pressure pulse wave induced within the systemic vasculature. In some embodiments, for example, the pressure sensor may sample first and second pressure parameters at a location such as the aorta or the superior vena cava, and then determine a time rate of change in the pressure waveform in response to the retrograde pressure pulse wave. Based on this change, a value of the systemic vascular resistance and/or systemic conduction velocity can then be estimated.

[0038] Figures 5A-5B are several graphs showing an illustrative electrocardiograph (ECG) waveform and pulmonary artery pressure waveform in response to pacing signals provided by the pulse generator 12 during the assessment mode of operation. The electrical activity of the heart 16 in response to several AV and VA pacing pulses provided by the pulse generator 12 is depicted in a first graph 120 in Figure 5A. Figure 5A may represent, for example, a sensed ECG waveform 122 of the heart 16 in response to several pacing pulses.
provided to the heart 16 using the dual-chamber pacing leads 52,60 of
the system 10 of Figure 1.

[0039] During normal device operation, the pulse generator 12
may provide several atrioventricular (AV) pacing pulses \( A_S^i,V_S^i \), and
\( As^2,Vs^2 \) to the heart 16, which as shown on the ECG waveform 122,
results in the characteristic P-wave and QRS complex electrical
signature of the heart 16. In response to normal AV pacing, and as
further shown in the graph 126 of Figure 5B, the pressure sensor 14
senses an arterial pressure waveform 128 within a pulmonary artery
32,34,36. As shown from the arterial pressure waveform 128, the
pulmonary artery pressure increases at points 130 and 132 in response
to the AV pacing pulses \( A_S^i,V_S^i \), and \( A_S^2,V_S^2 \) provided by the pulse
generator 12.

[0040] When the assessment mode of operation is initiated, the
pulse generator 12 provides retrograde VA conduction by supplying a
first, ventricular pacing pulse \( V_P \) to the right ventricle 22 of the heart 16
at a point in time immediately prior to an intrinsic atrial contraction,
causing the mitral valve 28 to close and the right ventricle 22 and left
ventricle 26 to contract. A second pacing pulse \( A_P \) following the first,
ventricular pacing pulse \( V_P \), may then be provided to the right atrium 20,
causing the right atrium 20 and left atrium 24 to contract and produce a
retrograde pressure pulse wave that propagates through the pulmonary
veins 44,46,48,50, the pulmonary capillaries 38, and back into the
pulmonary arteries 32,34,36.

[0041] As can be further seen in Figure 5B, the ventricular pace
\( V_P \) provided by the ventricular lead 52 causes the arterial pressure
waveform 128 to initially spike at point 134 (i.e., systolic peak pressure)
as a result of the ventricular contraction in the right ventricle 22. The
pressure pulse induced in the left atrium 24 during ventricular systole
provides a transient change in the pressure in the pulmonary arteries
32,34,36. At a second section 136 of the arterial pressure waveform
128, once the retrograde pressure pulse wave propagates from the left
atrium 24 back to the pulmonary arteries 32,34,36, the morphology of
the retrograde pressure pulse wave changes as a result of the right ventricular systolic pulse caused by the ventricular pace $V_p$. The morphology of the arterial pressure waveform 128 at this section 136 can be analyzed in order to determine a measure of pulmonary vascular resistance within the pulmonary vasculature. In one embodiment, for example, the method 96 of Figure 4 can be used to obtain an estimate of the change in pulmonary vascular resistance by sampling a first arterial pressure measurement and a second arterial pressure measurement, computing a value of the change in pulmonary capillary resistance induced by the retrograde pressure pulse based on the first and second arterial pressure measurements, and then determining a value of the change in pulmonary vascular resistance from the change in capillary resistance.

[0042] In some embodiments, the morphology of the pulmonary artery pressure waveform 128 may be used to identify changes in vascular resistance by analyzing the timing of the retrograde pressure wave. The timing of the retrograde pressure wave indicates the pressure pulse velocity, which, in turn, is correlated to the vascular resistance. The time period at which the reflected wave reaches the pressure sensor can be seen in Figure 5B as the difference in time $\Delta T$ between the systolic peak pressure 134 and the reflected peak pressure at 136. In general, the shorter the time difference $\Delta T$ between the ventricular systolic peak pressure (134) and the reflected peak pressure (136), the higher the vascular resistance. Conversely, the longer the time difference $\Delta T$ between the ventricular systolic peak pressure (134) and the reflected peak pressure (136), the lesser the vascular resistance.

[0043] Figure 6 is a flow chart showing an illustrative method 138 of trending data from multiple pulmonary vascular resistance assessments taken over a period of time. In some embodiments, for example, the method 138 can be used by the system 10 of Figure 1 to permit the early detection of an acutely worsening heart failure due to conditions such as cardiogenic pulmonary edema, pulmonary
hypertension, pulmonary embolisms, and/or atelactasis. The method 138 can also be used to detect other conditions where changes in pulmonary vascular resistance can occur over time. Although the method 138 is described with respect to pulmonary vascular resistance assessments, in other embodiments the method 138 may also be used to detect and analyze trends in systemic vascular resistance using a similar approach.

[0044] The method 138 may begin generally at block 140, in which a first PVR assessment is made by the system 10 to determine an initial pulmonary vascular resistance (PVR) value. In some embodiments, for example, the first PVR assessment value may comprise a measure of the change in pulmonary vascular resistance occurring in response to a retrograde pressure pulse induced by ventricular-atrial conduction. In some embodiments, the first PVR assessment value may comprise a running average of the change in pulmonary vascular resistance.

[0045] Subsequent to the initial assessment, the system 10 may then determine one or more subsequent pulmonary vascular resistance assessment values (block 142), which is/are then compared against the first PVR assessment value (block 144) to determine whether a change has occurred indicating the onset of an underlying condition such as cardiogenic pulmonary edema. In some embodiments, for example, a second PVR assessment value may be taken at a much later period of time (e.g., one month) after the initial PVR assessment value and then compared against the initial PVR assessment value to determine whether a significant change has occurred in the PVR over that time period. If no change is detected at decision block 146, the system 10 continues to take additional PVR assessments 148, which can then be compared against one or more prior assessment values. If a significant change in PVR is detected, the system 10 may next compare that value against a reference PVR value (block 150) and determine whether the change in PVR is sufficiently large to indicate the presence of an underlying condition (block 152). If not sufficiently
large, the system 10 may take one or more additional PVR assessment values. Otherwise, if the system 10 determines that the change in PVR is sufficiently large (e.g., greater than 5%), then the system 10 may trigger a flag causing the pulse generator 12 and/or external monitor 18 to output a message or alert to the patient or caregiver indicating that an underlying condition is suspected (block 154).

[0046] Figure 7 is a flow chart showing another illustrative method 156 of producing a trend of pulmonary vascular resistance. The method 156 may begin generally at block 158, in which a first PVR assessment is made by the system 10 to determine an initial pulmonary vascular resistance (PVR) value. Subsequent to the initial assessment, the system 10 may then determine one or more subsequent pulmonary vascular resistance values (block 160). The one or more subsequent pulmonary vascular resistance values are then compared against the first PVR assessment value to determine a trend in the PVR (block 162). An example trend in the PVR may be, for example, a significant increase or decrease in PVR over a predetermined period of time.

[0047] In some embodiments, the PVR trend is transmitted to an external monitor (block 162) located on or near the patient (e.g., a programming unit) or at a location remote from the patient (e.g., a remote monitoring unit). From the PVR trend, the external monitor may then determine whether a condition is suspected (block 164). If a condition is suspected, the external monitor may then output a message or alert to the patient or caregiver indicating that an underlying condition is suspected (block 166).

[0048] In some embodiments, the PVR trend(s) can be used for controlling the sensitivity and/or specificity of the message or alert provided to the patient or caregiver. For example, if a PVR trend indicates a condition such as heart decompensation, the external monitor may increase the sensitivity at which the message or alert is triggered in order to alert the patient or caregiver of further possible heart decompensation. The external monitor may also adjust the level
of specificity of the message or alert generated to inform the patient or
clinician that the particular type of condition suspected is heart
decompensation. The adjustment of the sensitivity and specificity of
the alert or message generated may then be used as an aid by the
clinician in performing additional testing or diagnostics on the patient to
confirm the suspected condition.

[0049] Various modifications and additions can be made to the
exemplary embodiments discussed without departing from the scope of
the present invention. For example, while the embodiments described
above refer to particular features, the scope of this invention also
includes embodiments having different combinations of features and
embodiments that do not include all of the described features.
Accordingly, the scope of the present invention is intended to embrace
all such alternatives, modifications, and variations as fall within the
scope of the claims, together with all equivalents thereof.
CLAIMS
What is claimed is:

1. A method of measuring pulmonary vascular resistance within a patient, the method comprising:
   electrically inducing a retrograde pressure pulse from the left atrium of the heart using a pulse generator;
   sensing at least one arterial pressure parameter in response to the retrograde pressure pulse using a pressure sensor located within a pulmonary artery of the patient; and
   computing a value of the change in pulmonary vascular resistance using the at least one sensed arterial pressure parameter.

2. The method of claim 1, wherein electrically inducing a retrograde pressure pulse from the left atrium of the patient's heart includes:
   providing an electrical stimulus to a ventricle of the heart at a first time period prior to an intrinsic atrial contraction; and
   providing an electrical stimulus to an atrium of the heart at a second time period subsequent to the first time period.

3. The method of claim 1, wherein computing a value pulmonary vascular resistance using the at least one sensed arterial pressure parameter includes computing a value of the change in pulmonary vascular resistance.
4. The method of claim 3, wherein sensing at least one arterial pressure parameter includes sensing a first arterial pressure parameter and a second arterial pressure parameter.

5. The method of claim 4, wherein computing a value of the change in pulmonary vascular resistance includes comparing the first arterial pressure parameter against the second arterial pressure parameter.

6. The method of claim 5, wherein computing a value of the change in pulmonary vascular resistance in response to the retrograde pressure pulse includes comparing an amplitude of the first arterial pressure parameter against an amplitude of the second arterial pressure parameter.

7. The method of claim 5, wherein computing a value of the change in pulmonary vascular resistance in response to the retrograde pressure pulse includes computing a measure of the change in pulmonary capillary resistance in response to the retrograde pressure pulse.

8. The method of claim 3, wherein computing a value of the change in pulmonary vascular resistance in response to the retrograde pressure pulse includes analyzing the morphology of the at least one sensed arterial pressure parameter.

9. The method of claim 3, wherein computing a value of the change in pulmonary vascular resistance in response to the retrograde pressure pulse is performed by an external monitor in wireless communication with the pressure sensor.
10. The method of claim 3, wherein computing a value of the change in pulmonary vascular resistance in response to retrograde pressure pulse is performed by a processor of the pulse generator.

11. The method of claim 3, wherein computing a value of the change in pulmonary vascular resistance in response to the retrograde pressure pulse is performed by a processor of the pressure sensor.

12. The method of claim 1, further including computing one or more additional values of the pulmonary vascular resistance, and comparing the one or more additional values against a previously computed value to determine a change in pulmonary vascular resistance.

13. The method of claim 1, further including trending data from multiple pulmonary vascular resistance values taken over a period of time.

14. The method of claim 13, wherein trending data from multiple pulmonary vascular resistance values over a period of time includes:

- taking a first pulmonary vascular resistance assessment at a first time period within the patient;
- taking a second pulmonary vascular resistance assessment at a second time period subsequent to the first time period;
- comparing the second pulmonary vascular resistance assessment against the first pulmonary vascular resistance assessment and determining a trend in the pulmonary vascular resistance; and
detecting a cardiac or pulmonary condition within the patient based on the first and second pulmonary vascular resistance assessments.

15. A method of measuring pulmonary or systemic vascular resistance within a patient, the method comprising:

   electrically inducing a retrograde pressure pulse from an atrium of the heart using a pulse generator;

   sensing at least one pressure parameter in response to the retrograde pressure pulse using a pressure sensor located within a body lumen of the patient;

   and

   computing a value of pulmonary or systemic vascular resistance using the at least one sensed pressure parameter.

16. A system for measuring pulmonary vascular resistance within a patient, the system comprising:

   a pulse generator including at least one lead adapted to induce a retrograde pressure pulse from the left atrium of the heart;

   a pressure sensor adapted to sense an arterial pressure waveform within a pulmonary artery; and

   a processor adapted to compute a value of pulmonary vascular resistance in response to the retrograde pressure pulse based the sensed arterial pressure waveform.
17. The system of claim 16, wherein the at least one lead includes:

a first lead adapted to provide an electrical pacing stimulus to a ventricle of the patient's heart; and

a second lead adapted to provide an electrical pacing stimulus to an atrium of the patient's heart.

18. The system of claim 16, wherein the processor is a component of the pulse generator.

19. The system of claim 16, wherein the processor is a component of an external monitoring device in wireless communication with the pressure sensor.

20. The system of claim 16, wherein the pulse generator is operable between a normal mode of operation for providing atrioventricular pacing to the patient's heart and an assessment mode of operation for inducing the retrograde pressure pulse within the pulmonary artery.

21. The system of claim 16, wherein the processor is configured to compute a value of a change in pulmonary vascular resistance in response to the retrograde pressure pulse from at least two arterial pressure parameters sensed by the pressure sensor.

22. The system of claim 16, wherein the processor is configured to compute a value of a change in pulmonary vascular resistance in response to the retrograde pressure pulse by computing a change in pulmonary capillary resistance.

23. The system of claim 16, wherein the processor is configured to compute a value of a change in pulmonary vascular
resistance in response to the retrograde pressure pulse by analyzing the morphology of the arterial pressure waveform.
**Fig. 2**

**Fig. 3**
Fig. 4
Fig. 6
Fig. 7

156

158
TAKE A FIRST PVR ASSESSMENT VALUE

160
TAKE ONE OR MORE SUBSEQUENT PVR ASSESSMENT VALUE(S)

162
COMPARE THE ONE OR MORE SUBSEQUENT PVR ASSESSMENT VALUE(S) AGAINST THE FIRST PVR ASSESSMENT VALUE TO DETERMINE A TREND IN THE PVR

164
TRANSMIT PVR TREND TO AN EXTERNAL MONITOR

166
OUTPUT MESSAGE OR ALERT INDICATING THAT A CONDITION IS SUSPECTED
## B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

**A61B**

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

**EPO-Internal, EMBASE**

## C. DOCUMENTS CONSIDERED TO BE RELEVANT

<table>
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<tr>
<th>Category</th>
<th>Citation of document, with indication, where appropriate, of the relevant passages</th>
<th>Relevant to claim No</th>
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</table>
page 8, line 20 - page 9, line 3; figures 5,6,7  
page 10, line 7 - line 29  
page 12, line 23 - page 14, line 13 | 16 |

**Further documents are listed in the continuation of Box C**

- **X** See patent family annex

- **T** later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention

- **X** document of particular relevance, the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone

- **Y** document of particular relevance, the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art

- **&** document member of the same patent family

**Date of the actual completion of the international search**

16 December 2009

**Date of mailing of the international search report**

30/12/2009

**Name and mailing address of the ISA/Authorized officer**

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Daoukou, Eleni
<table>
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<td>page 394, right-hand column, line 10 - page 395, left-hand column, line 25 page 395, left-hand column, line 49 - right-hand column, line 23 page 396, left-hand column, line 30 - page 397, right-hand column, line 15; figure 2 page 399, left-hand column, line 19 - line 33 page 401, right-hand column, line 42 - line 50</td>
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<td>A</td>
<td>US 5 423 323 A (ORTH JEFFREY L [US]) 13 June 1995 (1995-06-13) column 6, line 34 - column 7, line 25; figure 1 column 9, line 58 - line 65; figure 3 column 12, line 50 - column 14, line 60</td>
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<td>16-17</td>
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INTERNATIONAL SEARCH REPORT

This international search report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1. X Claims Nos.: 1-5 because they relate to subject matter not required to be searched by this Authority, namely:
   Rule 39.1(iv) PCT - Method for treatment of the human or animal body by surgery

2. □ Claims Nos.: because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out, specifically:

3. J claims Nos.: because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

This International Searching Authority found multiple inventions in this international application, as follows:

1. □ As all required additional search fees were timely paid by the applicant, this international search report covers all searchable claims.

2. □ As all searchable claims could be searched without effort justifying an additional fees, this Authority did not invite payment of additional fees.

3. □ As only some of the required additional search fees were timely paid by the applicant this international search report covers only those claims for which fees were paid, specifically claims Nos.:

4. □ No required additional search fees were timely paid by the applicant. Consequently, this international search report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:

Remark on Protest

□ The additional search fees were accompanied by the applicant’s protest and, where applicable, the payment of a protest fee.

□ The additional search fees were accompanied by the applicant’s protest but the applicable protest fee was not paid within the time limit specified in the invitation.

□ No protest accompanied the payment of additional search fees.
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