The present invention provides methods and compositions to prevent or treat a hematopoietic disorder such as thrombocytopenia or neutropenia by administering to a subject an effective amount of a steroid such as 3,7,16,17-tetrahydropyrano-androst-5-ene, 3,16,17-trihydroxyandrostan-3,16,17-dihydroxy-16-haloandrostan-3-one or 3,17-dihydroxy-16-haloandrostan-3-one.
THERAPEUTIC TREATMENTS FOR BLOOD CELL DEFICIENCIES

FIELD OF THE INVENTION

The present invention provides methods and compositions to prevent or treat a hematopoietic disorder such as thrombocytopenia or neutropenia by administering to a subject a steroid such as 3,7,16,17-tetrahydroxy-androst-5-ene, 3,16,17-trihydroxyandrostane, 3-hydroxy-16-haloandrostan-17-one or 3,17-dihydroxy-16-haloandrostan, which is optionally combined with an agent that enhances monocyte or neutrophil activity.

BACKGROUND OF THE INVENTION

Hemopoiesis is the formation and development of the various types of blood cells and their progenitor cells. Mature cells are found in circulation or tissues such as the lymph nodes or the thymus. Many of the stem cells that give rise to mature forms reside in the bone marrow, although some may circulate in the blood for some time. Clinical blood cell deficiencies such as thrombocytopenia, neutropenia or erythropenia can arise from causes such as impaired hemopoiesis or abnormal loss or destruction of mature or immature blood cells.

Thrombocytopenia ("TP"), abnormally low platelet counts, can arise from impaired platelet production, sequestration of platelets in the spleen or abnormal loss of circulating platelets. Impaired production can result from causes such as chemotherapies or radiation therapies. Abnormal loss of circulating platelets is often associated with autoreactive antibodies that bind to platelets and reduce their life span. These underlying causes give rise to the various clinical forms of TP, such as autoimmune neonatal TP, immune thrombocytopenic purpura, radiation induced TP, chemotherapy induced TP and amegakaryocitic TP.
A number of treatment options are available and the selection of a treatment typically depends on the source of the disorder and its severity. Treatments include administering one or more of glucocorticoid steroids (e.g., prednisone, prednisolone), human IgG antibodies, anti-Rh(D)+ antibodies for Rh(D)+ patients, an androgen such as danazol, vinca alkaloids (e.g., vincristine, vinblastine), thrombopoietin and immunosuppressants (e.g., azathioprine, cyclophosphamide). Splenectomy is also indicated, for example when first line treatments fail. The goal of treatment is typically to increase platelet counts to 20,000 mm⁻³ or more typically to at least about 50,000 mm⁻³ and to maintain these levels.

Although the treatment options to increase platelet levels are generally known, they usually have a number of drawbacks. For example, infusion of IgG antibodies is not always effective and the treatment is relatively expensive. Other treatments, such as prednisone are also not always effective and they typically are discontinued or tapered off after several weeks due to toxicity. Splenectomy, which is relatively expensive and invasive, is also not always effective.

The sources of thrombocytopenia and treatment options have been described. See, e.g., *Hematology - Basic Principles and Practice*, 3rd edition, R. Hoffman, E.J. Benz Jr. et al., editors, Churchill Livingstone, New York, 2000 (see, e.g., Chapters 126-129 and 131 at pages 2096-2154 and 2172-2186), PCT publication WO 200035466.

Neutropenia ("NP"), is considered to exist clinically when neutrophils drop to below a level considered normal. NP can arise from impaired production of neutrophil precursors or mature neutrophils, movement of neutrophils from the circulation to tissue, abnormal circulating neutrophil loss or a combination of these causes. Impaired neutrophil production can be acquired from, e.g., treatment with a cytotoxic or cytostatic drug, chemotherapy, radiation therapy or an autoimmune response. The abnormal loss of circulating neutrophils in autoimmunity is associated with autoreactive antibodies that bind to the cells and reduce their life span. These underlying causes give rise to the various clinical forms of NP, such as postinfectious NP, drug-induced NP, autoimmune NP, or chronic idiopathic NP.

The sources of NP and treatment options have been described. See, e.g., *Hematology - Basic Principles and Practice*, 3rd edition, R. Hoffman, E.J. Benz Jr. et al., editors, Churchill Livingstone, New York, 2000 (see, e.g., Chapters 19, 41, 51,
79, 134 and 137 at pages 297-331, 720-762, 939-979, 1443-1500, 2220-2248 and 2257-2263).


U.S. patents 4,908,358 and 4,902,681 describe the capacity of compounds such as 5α-pregnan-3,20-dione, cortexolone, 17-hydroxyprogesterone and 16α-methylprogesterone to inhibit the clearance of antibody-coated cells from circulation in disorders such as immune thrombocytopenic purpura or immune hemolytic anemia.

U.S. patents 5,532,230, 5,686,438, 5,753,640 and 5,811,418 and J. Bratt and M. Heimburger, *Scand. J. Rheumatol.* 1999 28:308-313 describe the capacity of compounds such as 3β,7β-dihydroxyandrost-5-ene-17-one, prednisolone, and 3β-hydroxyandrost-5-ene-17-one to limit tissue damage in ischemic tissues by inhibiting adhesion of cells such as neutrophils to endothelial cells or to treat pulmonary hypertension.

U.S. patent 5,859,000 describes the capacity of compounds such as 3β,7β-dihydroxyandrost-5-ene-17-one and 3β-hydroxyandrost-5-ene-17-one to reduce mast cell mediated allergic reactions.

U.S. patent 5,763,433 and PCT publication WO 96/35428 describe the capacity of compounds related to dehydroepiandrosterone and 16α-halodehydroepiandrosterone to modulate immune responses and to treat conditions certain immune related conditions such as systemic lupus erythematosus.

U.S. patents 5,925,630, 5,939,545 and 5,962,443 describe the capacity of 19-nor-pregnane steroids, 3α-hydroxy-5α-pregnan-20-one and related steroids to
modulate certain neurological activities such as hypothalamic function and GABA receptor activity.


Administration of proteins is typically expensive, given factors such as the complexity of producing pharmaceutical grade material.


There is a current need for cost-effective pharmaceutical agents or treatment methods that are more effective in treating deficiencies of blood cells or reducing their symptoms. The present invention provides therapeutic agents and treatment methods to treat hemopoiesis deficiencies and disorders such as thrombocytopenia and neutropenia. The agents and methods are thus useful to reduce one or more symptoms associated with any of these conditions. Also, the use of the invention
agents and methods can be combined with one or more conventional treatments for these disorders.

SUMMARY OF THE INVENTION

Accordingly, the invention provides a method to enhance hemopoiesis in a subject in need thereof comprising administering to the subject, or delivering to the subject's tissues, an effective amount of a compound of formula 1

![Chemical Structure](image_url)

wherein,

10 each R₁, R², R³, R⁴, R⁵, R⁶ and R¹₀ independently are -H, -OR⁻¹, -SR⁻¹, -N(R⁻¹)₂, -O-Si-(R⁻¹)₃, -CN, -NO₂, -OSO₃H, -OPO₃H, an ester, a thioester, a phosphoester, a phosphothioester, a phosphonoester, a sulfite ester, a sulfate ester, an amide, an amino acid, a peptide, an ether, a thioether, an acyl group, a thioacyl group, a carbonate, a carbamate, a thioacetal, a halogen, an optionally substituted alkyl group, an optionally substituted alkenyl group, an optionally substituted alkynyl group, an optionally substituted aryl moiety, an optionally substituted heteroaryl moiety, an optionally substituted heterocycle, an optionally substituted monosaccharide, an optionally substituted oligosaccharide, a nucleoside, a nucleotide, an oligonucleotide, a polymer, or,

15 one more of R₁, R², R³, R⁴, R⁵, R⁶, R¹₀, R¹⁵, R¹⁷ and R¹₈ are =O or =S and the hydrogen atom or the second variable group that is bonded to the same carbon atom is absent, or,

all R³ and R⁴ together comprise a structure of formula 2
R^7 is -CHR^10-, -CHR^10-CHR^10-, -CHR^10-CHR^10-CHR^10-, -CHR^10-O-CHR^10-, -CHR^10-S-CHR^10-, -CHR^10-NR^{PR}-CHR^10-, -O-, -O-CHR^10-, -S-, -S-CHR^10-, -NR^{PR}- or -NR^{PR}-CHR^10-;

R^8 and R^9 independently are -CHR^10-, -CHR^10-CHR^10-, -O-, -O-CHR^10-, -S-, -S-CHR^10-, -NR^{PR}- or -NR^{PR}-CHR^10-, or R^8 or R^9 independently is absent, leaving a 5-membered ring;

R^{13} independently is C_{1-6} alkyl;
R^{16} independently are -CH$_2$-, -O-, -S- or -NH-;

D is a heterocycle or a 4-, 5-, 6- or 7-membered ring that comprises saturated carbon atoms, wherein 1, 2 or 3 ring carbon atoms of the 4-, 5-, 6- or 7-membered ring are optionally independently substituted with -O-, -S- or -NR^{PR}- or where 1, 2 or 3 hydrogen atoms of the heterocycle or where 1 or 2 hydrogen atoms of the 4-, 5-, 6- or 7-membered ring are substituted with -OR^{PR}, -SR^{PR}, -N(R^{PR})$_2$, -O-Si-(R^{13})$_3$, -CN, -NO$_2$, an ester, a thioester, a phosphoester, a phosphothioester, a sulfite ester, a sulfate ester, an amide, an amino acid, a peptide, an ether, a thioether, an acyl group, a thioacyl group, a carbonate, a carbamate, a thioacetal, a halogen, an optionally substituted alkyl group, an optionally substituted alkenyl group, an optionally substituted alkynyl group, an optionally substituted aryl moiety, an optionally substituted heteroaryl moiety, an optionally substituted monosaccharide, an optionally substituted oligosaccharide, a nucleoside, a nucleotide, an oligonucleotide or a polymer, or,

one more of the ring carbons are substituted with =O or =S,

or D comprises two 5- or 6-membered rings, wherein the rings are fused or are linked by 1 or 2 bonds, provided that the compound is not 5-androstene-3β-ol-17-one, 5-androstene-3β,17β-diol, 5-androstene-3β,7β,17β-triol or a derivative of any of these three compounds that can convert to these compounds by hydrolysis.
Related aspects include a method to enhance thrombopoiesis, myelopoiesis or erythropoiesis in a subject by administering to the subject, or delivering to the subject's tissues, an effective amount of a formula 1 compound.

The invention may be more fully understood with reference to the following description. The invention is not limited to the exemplary embodiments and should be recognized as contemplating all modifications within the skill of an ordinary artisan.
DETAILED DESCRIPTION

Definitions. As used herein the following terms or phrases have the definitions given here, unless otherwise expressly stated or implied by context.

An "excipient", "carrier", "pharmaceutically acceptable carrier" and the like mean a component or an ingredient that is acceptable in the sense of being compatible with the other ingredients of invention compositions or formulations and not overly deleterious to the patient or animal to which the formulation is to be administered. As used here, "excipients" include solids and liquids, such as lactose, sucrose, starch, microcrystalline cellulose, cellulose, benzyl benzoate, cottonseed oil, N,N-dimethylacetamide, a C_{12-12} alcohol (e.g., ethanol), glycerol, peanut oil, a polyethylene glycol ("PEG"), vitamin E, poppyseed oil, propylene glycol, safflower oil, sesame oil, soybean oil and vegetable oil. Excipients comprise one or more components typically used in the pharmaceutical formulation arts, e.g., fillers, binders, disintegrants and lubricants.

A "subject" means a human or animal. Usually the animal is a vertebrate such as a primate, rodent, domestic animal or game animal. Primates include chimpanzees, cynomologous monkeys, spider monkeys, and macaques, e.g., Rhesus. Rodents include mice, rats, woodchucks, ferrets, rabbits and hamsters.

Domestic and game animals include cows, horses, pigs, deer, bison, buffalo, felines, e.g., domestic cat, canines, e.g., dog, avian species, e.g., chicken, emu, ostrich, and fish, e.g., trout, catfish and salmon. Subject includes any subset of the foregoing, e.g., all of the above, but excluding one or more groups or species such as humans, primates or rodents.

Expressions that refer to "a formula 1 compound(s)", "a formula 1 compound" and the like mean that one or more than one formula 1 compound is used or is present, typically 1, 2, 3 or 4. Generally the formula 1 compound is present in a composition or formulation that contains a pharmaceutically acceptable carrier.

"Alkyl" as used here means linked normal, secondary, tertiary or cyclic carbon atoms, i.e., linear, branched or cyclic. The number of carbon atoms in an alkyl group or moiety is 1 to about 20, unless otherwise specified, e.g., C_{1-8} alkyl means an alkyl moiety containing 1, 2, 3, 4, 5, 6, 7 or 8 carbon atoms. Examples include methyl, ethyl, 1-propyl (n-propyl), 2-propyl (i-propyl, -CH(CH_{3})_{2}), 1-butyl (n-butyl), 2-methyl-1-
propyl (t-butyl, -CH₂CH(CH₃)₂), 2-butyl (s-butyl, -CH(CH₃)CH₂CH₃), 2-methyl-2-propyl (t-butyl, -C(CH₃)₂), 1-pentyl (n-pentyl), 2-pentyl (-CH(CH₃)CH₂CH₂CH₃), 3-pentyl (-CH(CH₂CH₃)₂), 2-methyl-2-butyl (-C(CH₃)₂CH₂CH₃), 3-methyl-2-butyl (-CH(CH₃)CH(CH₃)₂), 3-methyl-1-butyl (-CH₂CH₂CH(CH₃)₂), 2-methyl-1-butyl (-CH₂CH(CH₃)CH₂CH₃), 1-hexyl, 2-hexyl (-CH(CH₃)CH₂CH₂CH₂CH₃), 3-hexyl (-CH₂CH₂CH₃(CH₂CH₂CH₃)), 2-methyl-2-pentyl (-C(CH₃)₂CH₂CH₃), 3-methyl-2-pentyl (-CH(CH₃)CH(CH₃)CH₂CH₃), 4-methyl-2-pentyl (-CH(CH₃)CH₂CH₂CH₃), 3-methyl-3-pentyl (-C(CH₃)₂CH₂CH₃), 2-methyl-3-pentyl (-CH₂CH₂CH₃CH(CH₃)₂), 2,3-dimethyl-2-butyl (-C(CH₃)₂CH(CH₃)₂), 3,3-dimethyl-2-butyl (-CH(CH₃)C(CH₃)₂), cyclopropyl, cyclobutyl, cyclopentyl and cyclohexyl.

"Alkenyl" means linked normal, secondary, tertiary or cyclic carbon atoms where one or more double bonds (e.g., -CH=CH-) are present, typically 1, 2 or 3, usually 1 or 2. The number of carbon atoms in an alkenyl group or moiety is 2 to about 20, unless otherwise specified, e.g., C₁-₈ alkenyl means an alkenyl moiety containing 1, 2, 3, 4, 5, 6, 7 or 8 carbon atoms.

"Alkynyl" means linked normal, secondary, tertiary or cyclic carbon atoms where one or more triple bonds (-C≡C-) are present, typically 1, 2 or 3, usually 1. The number of carbon atoms in an alkynyl group or moiety is 2 to about 20, unless otherwise specified, e.g., C₁-₈ alkynyl means an alkynyl moiety containing 1, 2, 3, 4, 5, 6, 7 or 8 carbon atoms.

"Aryl" means phenyl or naphthyl.

"Substituted alkyl", "substituted alkenyl" and "substituted alkynyl" mean an alkyl, alkenyl or alkynyl group that has a substituent(s) linked to a carbon atom or substituent(s) that interrupt a carbon atom chain. Substituents include ethers (-O-), ketones (-C(O)-), -ORPR, -C(O)ORPR, -C(O)O-, -C(S)ORPR, -C(S)O-, -OC(O)-, -C(O)H, -OCH₂-, -OCH₂CH₂-, -OCH₂O-, -OCH₂CH₂O-, -NRPR-, -N(RPR)₂, -NHRPR, -NHC(O)-, -CH₂-NRPR-, -CH₂-NHARPRI, -CH₂-NHHC(O)-, -C(O)NH-, -C(O)NHRPR, -OC(O)NRPR-, -OC(O)NHARPRI, -NRPRI-C(O)NRPRI, -NRPRI-C(O)NHARPRI, -NRPRCH₂-, -NRPRCH₂CH₂-, -S-, -SRPR, -S(O)-, -S(O)PR, -S(O)H, -CN, -NO₂, halogen, and combinations of these moieties where RPR independently is hydrogen, a protecting group or both RPR together are a protecting group. Substituents are independently chosen when more than one is
Akenyl and alkynyl groups that comprise a substituent(s), are typically substituted at a carbon that is one or more methylene moiety removed from the double bond, e.g., separated at least by one, two or more -CH2- moieties.

"Heterocycle" or "heterocyclic" means by way of example and not limitation the heterocycles described in Paquette, Leo A.; "Principles of Modern Heterocyclic Chemistry" (W. A. Benjamin, New York, 1968), particularly Chapters 1, 3, 4, 6, 7, and 9; "The Chemistry of Heterocyclic Compounds, A series of Monographs" (John Wiley & Sons, New York, 1950 to present), in particular Volumes 13, 14, 16, 19, and 28; and J. Am. Chem. Soc. 1960, 82:5566.

Examples of heterocycles include by way of example and not limitation pyridyl, thiazolyl, tetrahydrothiophenyl, sulfur oxidized tetrahydrothiophenyl, pyrimidiny1, furanyl, thienyl, pyrrolyl, pyrazolyl, imidazolyl, tetrazolyl, benzofuranyl, thianaphthalenyl, indoly1, indolenyl, quinolinyl, isoquinolinyl, benzimidazolyl, piperidiny1, 4-piperidony1, pyrrolidiny1, 2-pyrrolidony1, pyrroliny1, tetrahydrofurany1, tetrahydroquinoliny1, tetrahydroisoquinoliny1, decahydroquinoliny1, octahydroisoquinoliny1, azociny1, triaziny1, 6H-1,2,5-thiadiaziny1, 2H,6H-1,5,2dithiaziny1, thienyl, thianthrenyl, pyranyl, isobenzofurany1, chromeny1, xantheny1, phenoxathiiny1, 2H-pyrroly1, isothiazolyl, isoxazolyl, pyrazinyl, pyridazinyl, indolizinyl, isoindoly1, 3H-indoly1, 1H-indazoly1, puriny1, 4H-quinolizinyl, phthalazinyl, naphthyridiny1, quinoxaliny1, quinazoliny1, cinnoliny1, pteridiny1, 4aH-carbazolyl, carbazolyl, β-carboliny1, phenanthridiny1, acridiny1, pyrimidiny1, phenanthroliny1, phenaziny1, phenothiaziny1, furazany1, phenoxaziny1, isochromany1, chromany1, imidazolidiny1, imidazoliny1, pyrazolidiny1, pyrazoliny1, piperaziny1, indoliny1, isoindoliny1, quinuclidiny1, morpholiny1, oxazolidiny1, benzothiazolyl, benzisoxazolyl,
By way of example and not limitation, carbon bonded heterocycles are bonded at position 2, 3, 4, 5, or 6 of a pyridine, position 3, 4, 5, or 6 of a pyridazine, position 2, 4, 5, or 6 of a pyrimidine, position 2, 3, 5, or 6 of a pyrazine, position 2, 3, 4, or 5 of a furan, tetrahydrofuran, thiofurane, thiophene, pyrrole or tetrahydropyrrole, position 2, 4, or 5 of an oxazole, imidazole or thiazole, position 3, 4, or 5 of an isoxazole, pyrazole, or isothiazole, position 2 or 3 of an aziridine, position 2, 3, or 4 of an azetidine, position 2, 3, 4, 5, 6, 7, or 8 of a quinoline or position 1, 3, 4, 5, 6, 7, or 8 of an isoquinoline. Still more typically, carbon bonded heterocycles include 2-pyridyl, 3-pyridyl, 4-pyridyl, 5-pyridyl, 6-pyridyl, 3-pyridazinyl, 4-pyridazinyl, 5-pyridazinyl, 6-pyridazinyl, 2-pyrimidinyl, 4-pyrimidinyl, 5-pyrimidinyl, 6-pyrimidinyl, 2-pyrazinyl, 3-pyrazinyl, 5-pyrazinyl, 6-pyrazinyl, 2-thiazolyl, 4-thiazolyl, or 5-thiazolyl.

By way of example and not limitation, nitrogen bonded heterocycles are bonded at position 1 of an aziridine, azetidine, pyrrole, pyrrolidine, 2-pyrroline, 3-pyrroline, imidazole, imidazolidine, 2-imidazoline, 3-imidazoline, pyrazole, pyrazoline, 2-pyrazoline, 3-pyrazoline, piperidine, pipеразине, indole, indoline, 1H-indazole, position 2 of a isoindole, or isoindoline, position 4 of a morpholine, and position 9 of a carbazole, or β-carboline. Typically, nitrogen bonded heterocycles include 1-aziridyl, 1-azetidyl, 1-pyrrolyl, 1-imidazolyl, 1-pyrrolazolyl, and 1-piperidinyl.

"Heteroaryl" means an aromatic ring or two or more fused rings that contain one or more aromatic rings where the ring or fused rings comprise 1, 2, 3 or more heteroatoms, usually oxygen (-O-), nitrogen (-NX-) or sulfur (-S-) where X is -H, a protecting group or C_{1-6} alkyl, usually -H. Examples are as described for heterocycle.

"Alcohol" as used herein means an alcohol that comprises a C_{2-12} alkyl moiety substituted at a hydrogen atom with one hydroxyl group. Alcohols include ethanol, n-propanol, i-propanol, n-butanol, i-butanol, s-butanol, t-butanol, n-pentanol, i-pentanol, n-hexanol, cyclohexanol, n-heptanol, n-octanol, n-nonanol and n-decanol. The carbon atoms in alcohols can be straight, branched or cyclic. Alcohol includes any subset of the foregoing, e.g., C_{2-4} alcohols (alcohols having 2, 3 or 4 carbon atoms).

"Halogen" means fluorine, chlorine, bromine or iodine.

"Protecting group" means a moiety that prevents the atom to which it is linked from participating in unwanted reactions. For example, for -OR^{PR}, R^{PR} may be
hydrogen or a protecting group for the oxygen atom found in a hydroxyl, while for -
C(O)-OR\textsuperscript{PR}, R\textsuperscript{PR} may be hydrogen or a carboxyl protecting group, for -SR\textsuperscript{PR}, R\textsuperscript{PR} may be hydrogen or a protecting group for sulfur in thiols for instance, and for -
NHR\textsuperscript{PR} or -N(R\textsuperscript{PR})\textsubscript{2}, R\textsuperscript{PR} may be hydrogen or a nitrogen atom protecting group for
primary or secondary amines. Hydroxyl, amine and other reactive groups are found
in formula 1 compounds at, e.g., R\textsuperscript{1} or R\textsuperscript{2}. These groups may require protection
against reactions taking place elsewhere in the molecule. The protecting groups for
oxygen, sulfur or nitrogen atoms are usually used to prevent unwanted reactions with
electrophilic compounds, such as acylating used, e.g., in steroid chemistry.

"Ester" means a moiety that comprises a -C(O)-O- structure that is
bonded to the steroid nucleus. Typically, esters as used here comprise an
organic moiety containing about 1-50 carbon atoms (e.g., about 2-20 carbon
atoms) and 0 to about 10 independently selected heteroatoms (e.g., O, S, N, P,
Si), where the organic moiety is bonded to a formula 1 steroid nucleus at, e.g.,
R\textsuperscript{1}-R\textsuperscript{8}, R\textsuperscript{10}, R\textsuperscript{15}, R\textsuperscript{17} or R\textsuperscript{18}, through the -C(O)-O- structure, e.g., organic moiety-
C(O)-O-steroid or organic moiety-O-C(O)-steroid. The organic moiety usually
comprises one or more of any of the organic groups described above, e.g., C\textsubscript{1-20}
alkyl moieties, C\textsubscript{2-20} alkenyl moieties, C\textsubscript{2-20} alkynyl moieties, aryl moieties, C\textsubscript{2-9}
heterocycles or substituted derivatives of any of these, e.g., comprising 1, 2, 3, 4
or more substituents, where each substituent is independently chosen. Typical
substitutions for hydrogen or carbon atoms in these organic groups include 1, 2,
3, 4 or more, usually 1, 2, or 3 -O-, -S-, -NR\textsuperscript{PR}- (including -NH-), -C(O)-, =O, =S,
=N-OH, =N(R\textsuperscript{PR})\textsubscript{2} (including -NH\textsubscript{2}), -C(O)OR\textsuperscript{PR} (including -C(O)OH), -OC(O)R\textsuperscript{PR}
(including -O-C(O)-H), -OR\textsuperscript{PR} (including -OH), -SR\textsuperscript{PR} (including -SH), -NO\textsubscript{2}, -CN,
-NHC(O)-, -C(O)NH-, -OC(O)-, -C(O)O-, -O-A8, -S-A8, -C(O)-A8, -OC(O)-A8, -
C(O)-A8, =N-, =N-, =N-OH, =CH\textsubscript{2}, =CH-(CH\textsubscript{2})\textsubscript{3-4}CH\textsubscript{3}, -OPO\textsubscript{3}(R\textsuperscript{PR})\textsubscript{2}, -OPO\textsubscript{3}H\textsubscript{2}, -
OSO\textsubscript{3}H\textsubscript{2}, halogen, monosaccharide, oligosaccharide or polymer moieties or
atoms, where each R\textsuperscript{PR} is -H, an independently selected protecting group or both
R\textsuperscript{PR} together comprise a protecting group, and A8 is C\textsubscript{1-8} alkyl, C\textsubscript{2-8} alkenyl, C\textsubscript{2-8}
alkynyl, C\textsubscript{1-4} alkyl-aryl (e.g., benzyl), aryl (e.g. phenyl) or C\textsubscript{0-4} alkyl-C\textsubscript{2-9}
heterocycle. Substitutions are independently chosen. The organic moiety
includes compounds defined by the R\textsubscript{4} variable. The organic moieties exclude
obviously unstable moieties, e.g., -O-O-, except where such unstable moieties
are transient species that one can use to make a compound with sufficient
chemical stability for one or more of the uses described herein. The
substitutions listed above are typically substituents that one can use to replace
one or more carbon atoms, e.g., -O- or -C(O)-, or one or more hydrogen atom,
e.g., halogen, -NH₂ or -OH.

"Thioester" means a moiety that comprises a -C(S)-O- structure. Typically,
thioesters as used here comprise an organic moiety containing about 1-50 carbon
atoms (e.g., about 2-20 carbon atoms) and 0 to about 10 independently selected
heteroatoms (e.g., O, S, N, P, Si), where the organic moiety is bonded to a formula 1
steroid nucleus at, e.g., R¹-R⁶, R¹⁰, R¹⁵, R¹⁷ or R¹⁸, through the -C(S)-O- structure,
e.g., organic moiety-C(S)-O-steroid or organic moiety-O-C(S)-steroid. The organic
moiety is as described above for esters.

"Thioacetal" means a moiety that comprises a -C(O)-S- structure. Typically,
thioacetals as used here comprise an organic moiety containing about 1-50 carbon
atoms (e.g., about 2-20 carbon atoms) and 0 to about 10 independently selected
heteroatoms (e.g., O, S, N, P, Si), where the organic moiety is bonded to a formula 1
steroid nucleus at one or more of, e.g., R¹-R⁶, R¹⁰, R¹⁵, R¹⁷ or R¹⁸, through the -C(O)-
S- structure, e.g., organic moiety-C(O)-S-steroid or organic moiety-S-C(O)-steroid.
The organic moiety is as described above for esters.

"Phosphoester" or "phosphate ester" means a moiety that comprises a
-O-P(OR⁵R⁶)(O)-O- structure where R⁵R⁶ is hydrogen (-H), a protecting group or an
organic moiety as described for esters. Typically, phosphoesters as used here
comprise a hydrogen atom, a protecting group or an organic moiety containing about
1-50 carbon atoms and 0 to about 10 independently selected heteroatoms (e.g., O,
S, N, P, Si) linked to a formula 1 steroid nucleus at one or more of, e.g., R¹-R⁶, R¹⁰,
R¹⁵, R¹⁷ or R¹⁸, through the -O-P(OR)(O)-O- structure, e.g., organic moiety-O-
P(O)(OH)-O-steroid. The organic moiety is as described above for esters.

"Phosphothioester" means a moiety that comprises a -O-P(SR⁵R⁶)(O)-O-
structure where R⁵R⁶ is -H, a protecting group or an organic moiety as described for
esters. Typically, phosphothioesters as used here comprise a hydrogen atom, a
protecting group or an organic moiety containing about 1-50 carbon atoms and 0 to
about 10 independently selected heteroatoms (e.g., O, S, N, P, Si) linked to a
formula 1 steroid nucleus at one or more of, e.g., R¹-R⁶, R¹⁰, R¹⁵, R¹⁷ or R¹⁸, through
the -O-P(O)(O)-O- structure, e.g., organic moiety-O-P(O)(SH)-O-steroid. The organic moiety is as described above for esters.

"Phosphonoester" means a moiety that comprises a -P(OR\textsuperscript{PR})(O)-O- structure where R\textsuperscript{PR} is -H, a protecting group or an organic moiety as described for esters.

Typically, phosphonoesters as used here comprise a hydrogen atom, a protecting group or an organic moiety containing about 1-50 carbon atoms and 0 to about 10 independently selected heteroatoms (e.g., O, S, N, P, Si) linked to a formula 1 steroid nucleus at one or more of, e.g., R\textsuperscript{1}-R\textsuperscript{6}, R\textsuperscript{10}, R\textsuperscript{15}, R\textsuperscript{17} or R\textsuperscript{18}, through the -P(OR\textsuperscript{PR})(O)-O- structure, i.e., organic moiety-P(OR\textsuperscript{PR})(O)-O-steroid or steroid-P(OR\textsuperscript{PR})(O)-O-organic moiety. The organic moiety is as described above for esters.

"Sulfate ester" means a moiety that comprises a -O-S(O)(O)-O- structure.

Typically, sulfate esters as used here comprise a hydrogen atom, a protecting group or an organic moiety containing about 1-50 carbon atoms and 0 to about 10 independently selected heteroatoms (e.g., O, S, N, P, Si) linked to a formula 1 steroid nucleus at one or more of, e.g., R\textsuperscript{1}-R\textsuperscript{6}, R\textsuperscript{10}, R\textsuperscript{15}, R\textsuperscript{17} or R\textsuperscript{18}, through the -O-S(O)(O)-O- structure, e.g., organic moiety-O-S(O)(O)-O-steroid. The organic moiety is as described above for esters.

"Sulfite ester" means a moiety that comprises a -O-S(O)-O- structure.

Typically, sulfite esters as used here comprise an organic moiety containing about 1-50 carbon atoms and 0 to about 10 independently selected heteroatoms (e.g., O, S, N, P, Si) linked to a formula 1 steroid nucleus at one or more of, e.g., R\textsuperscript{1}-R\textsuperscript{6}, R\textsuperscript{10}, R\textsuperscript{15}, R\textsuperscript{17} or R\textsuperscript{18}, through the -O-S(O)-O- structure, e.g., organic moiety-O-S(O)-O-steroid. The organic moiety is as described above for esters.

"Thioacetal" means a moiety that comprises a -S-C(O)- structure. Typically, thioacetal groups as used here comprise an organic moiety containing about 1-50 carbon atoms and 0 to about 10 independently selected heteroatoms (e.g., O, S, N, P, Si) linked to a formula 1 steroid nucleus at one or more of, e.g., R\textsuperscript{1}-R\textsuperscript{6}, R\textsuperscript{10}, R\textsuperscript{15}, R\textsuperscript{17} or R\textsuperscript{18}, through the -S-C(O)- structure, e.g., organic moiety-S-C(O)-steroid or steroid-S-C(O)-organic moiety. The organic moiety is as described above for esters.

"Amide" means an organic moiety as described for ester that comprises 1, 2, 3, 4 or more -C(O)-NR\textsuperscript{PR}- moieties, usually 1 or 2, where R\textsuperscript{PR} is -H or a protecting group, R\textsuperscript{PR} is usually H. In embodiments where one or more of, e.g., R\textsuperscript{1}-R\textsuperscript{6}, R\textsuperscript{10}, R\textsuperscript{15}, R\textsuperscript{17} or R\textsuperscript{18}, is an amide, the -C(O)NR\textsuperscript{PR}- group is linked to the steroid nucleus at R\textsuperscript{1}-.
R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> or R<sup>18</sup>, i.e., organic moiety-C(O)NR<sup>PR</sup>-steroid or steroid-C(O)NR<sup>PR</sup>-
organic moiety.

"Ether" means an organic moiety as described for ester that comprises 1, 2, 3, 4 or more -O- moieties, usually 1 or 2. In embodiments where one or more of, e.g.,
R<sup>1</sup>-R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> or R<sup>18</sup>, is an ether, the -O- group is bonded to the steroid nucleus
at R<sup>1</sup>-R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> or R<sup>18</sup>, i.e., organic moiety-O-steroid.

"Thioether" means an organic moiety as described for ester that comprises 1,
2, 3, 4 or more -S- moieties, usually 1 or 2. In embodiments where one or more of,
2, 3, 4 or more -C(O)- groups. In some embodiments, the -C(O)- group is linked to
e.g., R<sup>1</sup>-R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> or R<sup>18</sup>, is an ether, the -S- group is bonded to the steroid
class at R<sup>1</sup>-R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> or R<sup>18</sup>, i.e., organic moiety-S-steroid.

"Acyl group" means an organic moiety as described for ester that comprises 1,
2, 3, 4 or more -C(O)- groups. In some embodiments, the -C(S)- group is linked to
the steroid nucleus at one or more of, e.g., R<sup>1</sup>-R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> or R<sup>18</sup>, e.g., organic
moiety-C(O)-steroid.

"Thioacyl" means an organic moiety as described for ester that comprises 1,
2, 3, 4 or more -C(S)- groups. In some embodiments, the -C(S)- group is linked to
the steroid nucleus at one or more of, e.g., R<sup>1</sup>-R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> or R<sup>18</sup>, e.g., organic
moiety-C(S)-steroid.

"Carbonate" means an organic moiety as described for ester that comprises 1,
2, 3, 4 or more -O-C(O)-O- structures. Typically, carbonate groups as used here
comprise an organic moiety containing about 1-50 carbon atoms and 0 to about 10
independently selected heteroatoms (e.g., O, S, N, P, Si) linked to a formula 1
steroid nucleus at one or more of, e.g., R<sup>1</sup>-R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> or R<sup>18</sup>, through the -O-
C(O)-O- structure, e.g., organic moiety-O-C(O)-O-steroid.

"Carbamate" means an organic moiety as described for ester that comprises 1,
2, 3, 4 or more -O-C(O)NR<sup>PR</sup>- structures where R<sup>PR</sup> is -H, a protecting group or an
organic moiety as described for ester. Typically, carbamate groups as used here
comprise an organic moiety containing about 1-50 carbon atoms and 0 to about 10
heteroatoms (e.g., O, S, N, P, Si) linked to a formula 1 steroid nucleus at one or
more of, e.g., R<sup>1</sup>-R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> or R<sup>18</sup>, through the -O-C(O)-NR<sup>PR</sup>- structure, e.g.,
organic moiety-O-C(O)-NR<sup>PR</sup>-steroid or steroid-O-C(O)-NR<sup>PR</sup>-organic moiety.

As used herein, "monosaccharide" means a polyhydroxy aldehyde or ketone
having the empirical formula (CH<sub>2</sub>O)<sub>n</sub> where n is 3, 4, 5, 6 or 7. Monosaccharide
includes open chain and closed chain forms, but will usually be closed chain forms. Monosaccharide includes hexofuranose, pentofuranose and related sugars such as glucuronic acid, 2'-deoxyribose, ribose, arabinose, xylose, their 2'-deoxy and 3'-deoxy derivatives and their 2',3'-deoxy derivatives. Monosaccharide also includes the 2',3'-dideoxydidehydro derivative of ribose. Monosaccharides can be the D-, L- or DL-isomers. They include glucose, fructose, mannose, idose, galactose, allose, gulose, altrose, talose, fucose, erythrose, theose, lyxose, erythrulose, ribulose, xylulose, ribose, arabinose, xylose, psicose, sorbose, tagatose, glyceraldehyde, dihydroxyacetone and their monodeoxy derivatives such as rhamnose. When one or more monosaccharides are bonded directly to the steroid, they are independently selected and they are linked to the steroid nucleus at one or more of, e.g., R^1\text{-}R^6, R^{10}, R^{15}, R^{17} or R^{18}, through, e.g., the -O- ether structure, i.e., steroid-O-monosaccharide. The linkage between the monosaccharide the steroid is in the \( \alpha \) or \( \beta \) configuration and the configuration of the atom that is bonded to the steroid is also either in the \( \alpha \) or \( \beta \) configuration.

Optionally substituted "monosaccharide" comprises any C3-C7 sugar, D-, L- or DL-configurations, e.g., erythrose, glycerol, ribose, deoxyribose, arabinose, glucose, mannose, galactose, fucose, mannose, glucosamine, N-acetyleneuraminic acid, N-acetylgalactosamine, N-acetylglucosamine or glucuronic acid that is optionally substituted at one or more hydroxyl groups. Suitable substitutions include a protecting group for one or more hydroxyl groups, e.g., acetate. Other substitutions include carboxyl, azido, cyano, -O-C_{1-6} alkyl, -S-C_{1-6} alkyl, -O-C_{2-6} alkenyl, -S-C_{2-6} alkenyl, optionally protected amine, optionally protected carboxyl, halogen, thiol or protected thiol. Independently selected monosaccharides are linked to a formula 1 steroid nucleus at one or more of R^1\text{-}R^6, R^{10}, R^{15}, R^{17} or R^{18}, through the -O- ether structure, i.e., steroid-O-substituted monosaccharide. The manner of linkage to the steroid is the same as described for monosaccharides.

Optionally substituted "oligosaccharide" comprises two, three, four or more of any C3-C7 monosaccharides that are covalently linked to each other. The linked sugars may have D-, L- or DL-configurations. Suitable sugars and substitutions are as described for monosaccharides and optionally substituted monosaccharides. Independently selected monosaccharides are linked to a formula 1 steroid nucleus at one or more of, e.g., R^1\text{-}R^6, R^{10}, R^{15}, R^{17} or R^{18}, through the -O- ether structure, i.e.,
steroid-O-optionally substituted oligosaccharide. The manner of linkage to the steroid is the same as described for monosaccharides, as are the linkages between the monosaccharides that comprise the oligosaccharide.

Optionally substituted alkyl group, optionally substituted alkenyl group,
5 optionally substituted alkynyl group, optionally substituted aryl moiety and optionally substituted heterocycle mean substitutions that include \( C_{1-20} \) alkyl moieties, \( C_{2-20} \) alkenyl moieties, \( C_{2-20} \) alkynyl moieties, aryl moieties, \( C_{2-9} \) heterocycles or substituted derivatives of any of these. Typical substitutions for these organic groups include 1, 2, 3, 4 or more, usually 1 or 2, independently selected -O-, -S-, -NR\(^{PR}\), -C(O)-, -N(R\(^{PR}\))\(_2\), -C(O)OR\(^{PR}\), -OC(O)R\(^{PR}\), -OR\(^{PR}\), -SR\(^{PR}\), -NO\(_2\), -CN, -NHC(O)-, -C(O)NH-, -OC(O)-, -C(O)O-, -O-A8, -S-A8, -C(O)-A8, -OC(O)-A8, -C(O)O-A8, =N-, =N=, -OP(O)\(_2\)R\(^{PR}\), -OSO\(_3\)H or halogen moieties or atoms, where R\(^{PR}\) independently is -H, a protecting group or both R\(^{PR}\) together are a protecting group and A8 is \( C_{1-8} \) alkyl, \( C_{1-8} \) alkynyl, \( C_{1-8} \) alkynyl, \( C_{1-4} \) alkyl-aryl (e.g., benzyl), aryl (e.g. phenyl) or \( C_{1-4} \) alkyl-C\(_{1-5}\) heterocycle. Substitutions are independently chosen. The organic moieties as described here, and for other any other moieties described herein, exclude obviously unstable moieties, e.g., -O-O-, except where such unstable moieties are transient species that one can use to make a compound with sufficient chemical stability for the one or more of the uses described herein. When bonded directly to the steroid, these moieties are typically bonded through an ether, ester or other linkage as described above, e.g., optionally substituted \( C_{1-8} \) alkyl -O-steroid, optionally substituted \( C_{1-8} \) alkyl-C(O)-O-steroid or optionally substituted \( C_{1-8} \) alkyl-O-C(O)-O-steroid.

Polymer means biocompatible organic polymers, e.g., PEGs and polyhydroxyalkyl polymers.

PEG means an ethylene glycol polymer that contains about 20 to about 2000000 linked monomers, typically about 50-1000 linked monomers, usually about 100-300. Polyethylene glycols include PEGs containing various numbers of linked monomers, e.g., PEG20, PEG30, PEG40, PEG60, PEG80, PEG100, PEG115, PEG200, PEG300, PEG400, PEG500, PEG600, PEG 1000, PEG1500, PEG2000, PEG3350, PEG4000, PEG4600, PEG5000, PEG6000, PEG8000, PEG11000, PEG12000, PEG2000000 and any mixtures thereof. When a PEG is bonded to the
steroid at one or more of R\(^1\)-R\(^{16}\) and R\(^{19}\) it can be bonded through a terminal or an internal hydroxyl.

"Amino acid" means an amino acid moiety that comprises any naturally-occurring or synthetic amino acid residue, i.e., any moiety comprising at least one carboxyl and at least one amino residue directly linked by one, two three or more carbon atoms, typically one (\(\alpha\)) carbon atom. The nature and identity of the intervening structure located between the carboxyl and amino groups can have a variety of structures including those described herein. Typically, amino acids are linked to the steroid through the amine group have sufficient conformation and length to be capable of autocatalytic hydrolysis of the amino acid-steroid bond and release of the steroid. This can occur when the free carboxyl is generated \textit{in vivo} by deesterification, deamidation or peptidolytic cleavage of the precursor containing a linkage between the amino acid's amine group and the steroid. Hydrolysis of the bond between an amino acid's carboxyl or amino group and the steroid can also occur by chemical or enzymatic activity, e.g., esterase cleavage or non-enzymatic hydrolysis.

"Leukopenia" means a deficiency of one or more types of leukocytes in a subject, e.g., a neutrophil, eosinophil, basophil, monocyte or dendritic cell deficiency.

"Myelomonocytic cells" mean basophils, eosinophils, neutrophils, dendritic cells and monocytes. Most of these cells are believed to be derived from the CFU-GM precursor cell, which normally resides in the bone marrow. Earlier stem cells give rise to the CFU-GM progenitor cell.

"Myelopoiesis" means any or all steps in the process that begins with that begin with the earliest precursor or stem cell and ending with the maturation of a myelomonocytic cell, which is typically observed as increased myelomonocytic cells in circulation. "Thrombopoiesis" means any or all steps in the process that begins with that begin with the earliest precursor or stem cell and ending with the maturation of a platelet, which is typically observed as increased platelets in circulation. "Erythropoiesis" means any or all steps in the process that begins with that begin with the earliest precursor or stem cell and ending with the maturation of a red cell, which is typically observed as increased red cells in circulation.
"Neutrophils" as used herein mean mature white blood cells that arise from precursor cells such as myelocytes, metamyelocytes and band forms and that has a cytoplasm that is not acidophilic or basophilic like eosinophils or basophils.

"Platelets" mean the small anucleate circulating cells that are associated with thrombus or clot formation. These cells arise from a line of precursor cells that include BFU-Mk cells, CFU-Mk cells, promegakaryoblasts and megakaryocytes.

"Red cells" or "red blood cells" mean the oxygen carrying cells in blood. They arise from precursors that include BFU-E and CFU-E cells.

Phrases such as a "subject in need" and the like mean a subject having a leukocyte, platelet or red cell deficiency. This means a cell level below that considered normal for the subject. Such deficiencies are typically seen as a reduced number of circulating leukocytes or platelets, or for red cells, a reduced red cell mass, which is typically measured as a reduced hemoglobin value, red cell count or a reduced hematocrit. Typically these deficiencies arise from acquired causes, e.g., autoimmune responses, drug-induced toxicities, etc., and not congenital disorders.

Similarly, a subject or patient that is "subject to" (or a like phrase) a blood cell deficiency means one for which the possibility of deficiency is reasonably anticipated. Such subjects include a patient on a drug regimen with side effects that may lead to a blood cell deficiency, or a patient who will undergo surgery, a radiation therapy or a chemotherapy or who will donate blood or tissue products, e.g., a bone marrow donor (for, e.g., transplant purposes) or an apheresis donor.

When used in the context of tissue that is associated with the development, movement or function of the blood cells, "tissue" means the tissues normally associated with these functions, e.g., blood, bone marrow, lymph nodes, gut-associated lymphoid tissue, skin-associated lymphoid tissue, liver, lung, thymus or spleen.

Unless stated or implied by context, expressions of a percentage of a liquid ingredient, e.g., an excipient, in an invention composition or formulation mean the ingredient's percent by volume (v/v). Thus, 20% propylene glycol means 20% v/v propylene glycol is present in an invention composition or formulation. The amount of excipient indicated in invention compositions is not affected by the form used, e.g., NF or USP grade solvent or excipient. Thus, a composition that comprises about 30% polyethylene glycol 300 NF can instead comprise a USP counterpart.
Proteins that affect hemopoiesis such as granulocyte colony stimulating factor ("G-CSF"), granulocyte macrophage colony stimulating factor ("GM-CSF"), macrophage colony stimulating factor ("M-CSF"), interleukin 2 ("IL-2"), interleukin 3 ("IL-3"), interleukin 4 ("IL-4"), IL-6, interleukin 11 ("IL-11"), EPO, TPO, stem cell factor ("SCF"), interferon and γ-interferon refer to recombinant or naturally-produced human or animal proteins that are glycosylated or deglycosylated or any biologically active fragments, isoforms or homologs of any of these molecules. Unless otherwise specified, the nomenclature for these proteins as used herein is generally is derived from the molecules found in humans, while homologs found in other species may have a different nomenclature. Deglycosylation of any of these proteins may be complete or partial. Fragments or deglycosylated proteins are generally suitable provided that they retain at least some of biological activity, e.g., at least about 20-30% (on a mole basis) of the activity of the native molecule or preferably at least about 60%. Any of these molecules may optionally be bonded to a carrier molecule such as a serum albumin or a polymer such as polyethylene glycol. See e.g., N.C. Daw et al., *Blood* 1998 91:466-474, N. Wrighton et al., *Science* 1996 273:458-463, S. Cwiria et al., *Science* 1997 276:1696-1699 and U.S. patent 6,121,238.

As used herein terms such as "neutrophil or monocyte stimulator" mean a non-protein agent that can stimulate a biological activity of neutrophils or monocytes or the number of these cells in circulation.

Invention embodiments. The formula 1 compounds encompass numerous genera and species of compounds. Any of these compounds are suitable for preventing or treating any of the conditions disclosed herein or in the cited references.

The compounds include ones wherein, for carbon atoms with two bonded variable groups, one variable group is -H and the other is another moiety. In formula 1 compounds, R^5 and R^6 are often independently C_{1-4} alkyl, e.g., -CH₃, or C_{1-4} hydroxyalkyl, e.g., -CH₂OH, where the hydroxyl group optionally comprises a moiety that can hydrolyze to give the free -OH moiety. Typically, R^5 and R^6 are both -CH₃, which are usually both in the β-configuration. For carbon atoms with two variable groups that are bonded to the same carbon atom (R^1, R^2, R^3 or R^4 at positions 3, 7, 16 and 17), each variable group is independently chosen and one of the two at each position can be -H, while one, two three or all of the others can be a moiety other
than -H, e.g., -OH, -SH, a C<sub>1-10</sub> ester, a C<sub>1-10</sub> ether, a C<sub>1-10</sub> thioether or a carbonate. When a double bond is present at one or more of the 1-2, 4-5, 5-6 or 16-17 positions, the variable group that is bonded to the carbon at these positions is typically -H or optionally substituted C<sub>1-6</sub> alkyl, e.g., -CH<sub>3</sub> or -C<sub>2</sub>H<sub>5</sub>, optionally substituted alkenyl or optionally substituted aryl.

R<sup>1</sup>-R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> and R<sup>18</sup> include moieties, e.g., esters, thioesters, carbonates, amino acids, peptides and/or carbamates, that are chemically and/or enzymatically hydrolyzable, often under physiological conditions. Such moieties are independently chosen. Typically these moieties will give rise to -OH, -SH or -NH<sub>2</sub> at these positions on the steroid nucleus.

In other embodiments, one or more of R<sup>1</sup>-R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> or R<sup>18</sup>, usually one or two, comprises an amino acid or a peptide, while the remaining groups are independently selected from the moieties defined herein. In these embodiments, the peptides are typically dimers (dipeptides) or trimers (tripeptides). For example one of R<sup>1</sup>-R<sup>4</sup> comprises an amino acid or peptide and the remaining R<sup>1</sup>-R<sup>6</sup>, R<sup>10</sup>, R<sup>15</sup>, R<sup>17</sup> or R<sup>18</sup> independently comprise -OH, =O, an ester, an ether, a carbonate or a carbamate, while R<sup>3</sup> is a halogen, hydroxyl or an ester and R<sup>5</sup> and R<sup>8</sup> independently are -H, -(CH<sub>2</sub>)<sub>n</sub>-CH<sub>3</sub>, -(CH<sub>2</sub>)<sub>n</sub>-CH<sub>2</sub>OH, or -(CH<sub>2</sub>)<sub>n</sub>-CH<sub>2</sub>F, -(CH<sub>2</sub>)<sub>2</sub>-O-(CH<sub>2</sub>)<sub>2</sub>-CH<sub>3</sub>, where n is 0, 1, 2, 3, 4, 5, 6, 7 or 8 often 0, 1, or 2, usually 0. Typically the ester, carbonate or carbamate are hydrolyzable under physiological conditions.

Formula 1 compounds that comprise one or more hydrolyzable moieties typically comprise acyl groups, esters, ethers, thioethers, amides, amino acids, peptides, carbonates, monosaccharides and/or carbamates. In general, the structure of hydrolyzable moieties is not critical and can vary. In some of embodiments, these moieties contain a total of about 4 to about 10 carbon atoms and in other embodiments, these moieties comprise about 10 to about 20 carbon atoms. These hydrolyzable moieties in other embodiments comprise an organic moiety, as described above for ester, that contains 2, 3, 4, 5, 6, 7, 8, 9, 10, 11 or 12 carbon atoms and 1, 2, 3, 4, 5 or 6 independently selected heteroatoms, e.g., oxygen, nitrogen or sulfur. These hydrolyzable moieties can comprise no groups that are charged in plasma, blood, intracellular cytoplasm or in the gut, or they can comprise 1, 2, 3 or more positive, negative or positive and negative charges under one or more of these conditions. The charges may be fractional depending on the group
and the conditions it is under. These hydrolyzable moieties may comprise 1, 2, 3, 4 or more substitutions at a hydrogen atom(s) and/or a carbon atom(s), e.g., -OH, protected hydroxyl, -SH, protected thiol, carboxyl, protected carboxyl, amine, protected amine, -O-, -S-, -CO-, -CS-, alkoxy, alkylthio, alkenyloxy, aryl, -OP(O)(O)-O-, -OS(O)(O)-O- and/or heterocycle. Such substitutions are independently selected.

Formula 1 compounds that comprise a hydrolyzable moiety(ies) may include one or more independently chosen -O-CHR²⁴C(O)OR²⁵, -S-CHR²⁴C(O)OR²⁵, -NH-CHR²⁴C(O)OR²⁵, -O-CHR²⁴C(S)OR²⁵, -S-CHR²⁴C(S)OR²⁵, -NH-CHR²⁴C(S)OR²⁵, -O-CHR²⁴OC(O)R²⁵, -S-CHR²⁴OC(O)R²⁵, -NH-CHR²⁴OC(O)R²⁵, -O-CHR²⁴C(O)N(R²⁵)₂, -S-CHR²⁴C(O)N(R²⁵)₂, -NH-CHR²⁴C(O)N(R²⁵)₂, -O-CHR²⁴OR²⁵, -S-CHR²⁴OR²⁵, -NH-CHR²⁴OR²⁵, -O-CHR²⁴C(R²⁵)₂CH₂OX, -S-CHR²⁴C(R²⁵)₂CH₂OX, -NH-CHR²⁴C(R²⁵)₂CH₂OX, -O-CHR²⁴C(R²⁵)₂CH₂OX, -S-CHR²⁴C(R²⁵)₂CH₂OX or -NH-CHR²⁴C(R²⁵)₂CH₂OX, groups that one or more of, e.g., R¹-R⁶, R¹⁰, R¹⁵, R¹⁷ or R¹⁸, comprise. For these hydrolyzable moieties, R²⁴ independently is -H, -CH₂-C₆H₅, -CH₂CH₂-C₆H₅, C₁₈ alkyl, C₂₈ alkenyl, aryl or heterocycle where each alkyl, alkenyl, aryl and heterocycle moiety is independently optionally substituted with 1, 2, or 3, usually 1, -O-, -S-, -NH-, halogen, aryl, -OX, -SX, -NHX, ketone (=O) or -CN moieties or the C₁₈ alkyl is optionally substituted with 3, 4, 5 or 6 halogens, and X is -H or a protecting group. Exemplary R²⁴ are -H, -CH₃, -C₂H₅, -CH₂-C₁₅ optionally substituted alkyl, -CH₂CH₂-C₁₄ optionally substituted alkyl and -CH₂CH₂-O-C₁₄ optionally substituted alkyl. R²⁵ independently is -H, -CH₂-C₆H₅, -CH₂CH₂-C₆H₅, C₁₂-alkyl, C₂₁₂ alkyl, aryl, heterocycle, -CH₂-heterocycle or -CH₂-aryl, where each alkyl alkylbenzyl, aryl, heterocycle, -CH₂-heterocycle or -CH₂-aryl moiety is independently optionally substituted with 1 or 2, usually 1, -O-, -S-, -NH-, halogen, aryl, -OX, -SX, -NHX, ketone (=O), -C(O)OX or -CN moieties or the C₁₂ alkyl, C₂₁₂ alkylbenzyl or aryl, are optionally independently substituted with 3, 4, 5 or 6 halogens, where X is -H or a protecting group, or the aryl, heterocycle, -CH₂-heterocycle or -CH₂-aryl moieties are optionally independently substituted with 1, 2 or 3 C₁₄ alkyl moieties or with 1, 2 or 3 C₁₄ alkoxy moieties at the aryl moiety or at the heterocycle, usually at a ring carbon. Exemplary R²⁵ are -H, -CH₃, -C₂H₅, -C₃H₇, -C₄H₉, -C₆H₁₃, -C₆H₅, -C₆H₄OH, -C₆H₄OCH₃, -C₆H₄F, -CH₂-C₁₅ optionally substituted alkyl, -CH₂CH₂-C₁₄ optionally substituted alkyl and -CH₂CH₂-O-C₁₄ optionally substituted alkyl.
In some embodiments, the formula 1 compounds have the structure

wherein, $R^1$, $R^2$, $R^3$, $R^4$, $R^5$, $R^6$ and $R^{10}$ independently are -H, -OR$_{PR}$, -SR$_{PR}$, -N(R$_{PR}$)$_2$, -O-Si-(R$^{13}$)$_3$, -CN, -SCN -NO$_2$, an ester, a thioester, a phosphoester, a phosphothioester, a phosphonoester, a sulfite ester, a sulfate ester, an amide, an amino acid, a peptide, an ether, a thioether, an acyl group, a thioacyl group, a carbonate, a carbamate, a thioacetal, a halogen, an optionally substituted alkyl group, an optionally substituted alkenyl group, an optionally substituted alkynyl group, an optionally substituted aryl moiety, an optionally substituted monosaccharide, an optionally substituted oligosaccharide, a nucleoside, a nucleotide, an oligonucleotide, a polymer, or, one more of $R^1$, $R^2$, $R^3$, $R^4$, $R^5$, $R^6$, $R^{10}$, $R^{15}$, $R^{17}$ and $R^{18}$ are =O or =S and the hydrogen atom that is bonded to the same carbon atom is absent, or, $R^3$ and both $R^4$ together comprise a structure of formula 2.

Embodiments of formula 1 compounds include or exclude any subset, species or genus of compounds within the definition of formula 1, provided that at least one compound remains. Compounds that are optionally excluded from the formula 1 compounds are one or more of 5-androstene-3β-ol-17-one (dehydroepiandrosterone), 5-androstene-3β,17β-diol, 5-androstene-3β,7β,17β-triol and derivatives that can hydrolytically convert to these compounds. Compounds that are excluded from formula 1 compounds comprises one or all compounds that are disclosed in one or more prior art references or publications, e.g., one or more compounds that are disclosed in any reference cited herein.

Exemplary embodiments of species and genera of formula 1 compounds are named as described below.

**Group 1.** Exemplary embodiments include the formula 1 compounds named according to the compound structures shown in Tables A and B below. Each compound named in Table B is depicted as a compound having formula B.
where R⁵ and R⁶ are both -CH₃, there is no double bond at the 1-2, 4-5, 5-6 or 16-17 positions, one each of R¹, R², R³ and R⁴ is hydrogen, R⁷, R⁸ and R⁹ are all -CH₂- and the other R¹, R², R³ and R⁴ are the substituents shown in Table A. The compounds named according to Tables A and B are referred to as "group 1" compounds.

Compounds named in Table B are named by numbers assigned to R¹, R², R³ and R⁴ according to the following compound naming convention, R¹.R².R³.R⁴, based on the numbered chemical substituents depicted in Table A. Each Table A number specifies a different structure for each of R¹, R², R³ and R⁴. When R¹, R², R³ or R⁴ is a divalent moiety, e.g., =O, the hydrogen at the corresponding position is absent. Thus, the group 1 compound named 1.2.1.1 is a formula B structure with a β-hydroxyl bonded to carbons at the 3- and 7-positions (the variable groups R¹ and R² respectively), an α-bromine bonded to carbon 16 (the variable group R³) and double bonded oxygen (=O) at carbon 17 (the variable group R⁴), i.e., 1.2.1.1 has the structure shown below.

Similarly, the group 1 compound named 10.3.6.2 has the structure shown below.
Table B names the group 1 compounds.

![Chemical Structure](image)

### TABLE A

<table>
<thead>
<tr>
<th>R¹</th>
<th>R²</th>
<th>R³</th>
<th>R⁴</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>R¹</td>
<td>1</td>
<td>-OH</td>
</tr>
<tr>
<td></td>
<td>1 -OH</td>
<td>1</td>
<td>-H</td>
</tr>
<tr>
<td></td>
<td>2 =O</td>
<td>2</td>
<td>-OH</td>
</tr>
<tr>
<td></td>
<td>3 -SH</td>
<td>3</td>
<td>=O</td>
</tr>
<tr>
<td></td>
<td>4 =S</td>
<td>4</td>
<td>-SH</td>
</tr>
<tr>
<td>10</td>
<td>5 -O-CH₃</td>
<td>5</td>
<td>=S</td>
</tr>
<tr>
<td></td>
<td>6 -O-S(O)(O)-O’Na⁺</td>
<td>6</td>
<td>-O-C(O)CH₃</td>
</tr>
<tr>
<td></td>
<td>7 -O-S(O)(O)-O-C₂H₅</td>
<td>7</td>
<td>-CH₃</td>
</tr>
<tr>
<td></td>
<td>8 -CH₃</td>
<td>8</td>
<td>-OCH₃</td>
</tr>
<tr>
<td></td>
<td>9 -H</td>
<td>9</td>
<td>-Cl</td>
</tr>
<tr>
<td>15</td>
<td>10 -O-β-glucuronide</td>
<td>10</td>
<td>-Br</td>
</tr>
</tbody>
</table>

### TABLE B

<table>
<thead>
<tr>
<th>R³</th>
<th>R⁴</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>=O</td>
</tr>
<tr>
<td>2</td>
<td>-OH</td>
</tr>
<tr>
<td>3</td>
<td>=H</td>
</tr>
<tr>
<td>4</td>
<td>-SH</td>
</tr>
<tr>
<td>5</td>
<td>=S</td>
</tr>
<tr>
<td>6</td>
<td>-Br</td>
</tr>
<tr>
<td>7</td>
<td>-I</td>
</tr>
<tr>
<td>25</td>
<td>8 -O-C(O)-CH₃</td>
</tr>
<tr>
<td></td>
<td>9 -O-C(O)-CH₂CH₃</td>
</tr>
<tr>
<td></td>
<td>10 =S</td>
</tr>
</tbody>
</table>
Additional exemplary formula B compound groups include the following compound groups disclosed below. Unless otherwise specified, the configurations of all hydrogen atoms and variable or "R" groups for the following compound groups are as defined for the group 1 compounds of formula B above.

**Group 2.** This group comprises compounds named in Table B having R¹, R², R³ and R⁴ substituents that are defined in Table A wherein the R¹, R², R³ and R⁴ substituents are bonded to the steroid nucleus as described for group 1 compounds, except that a double bond at the 5-6 position is present. Thus, group 2 compound 1.3.1.1 has the structure

![Structure of 1.3.1.1](image)

**Group 3.** This group comprises compounds named in Table B having R¹, R², R³ and R⁴ substituents defined in Table A wherein the R¹, R², R³ and R⁴ substituents are bonded to the steroid nucleus as described for group 1 compounds, except that double bonds at the 1-2- and 5-6 positions are present. Thus, group 3 compound 2.2.5.1 has the structure

![Structure of 2.2.5.1](image)
Group 4. This group comprises compounds named in Table B having \( R^1 \), \( R^2 \), \( R^3 \) and \( R^4 \) substituents defined in Table A wherein the \( R^1 \), \( R^2 \), \( R^3 \) and \( R^4 \) substituents are bonded to the steroid nucleus described for group 1 compounds, except that a double bond at the 1-2 position is present. Thus, group 4 compound 5.2.7.8 has the structure

![Structure of 5.2.7.8](image)

Group 5. This group comprises compounds named in Table B having \( R^1 \), \( R^2 \), \( R^3 \) and \( R^4 \) substituents defined in Table A wherein the \( R^1 \), \( R^2 \), \( R^3 \) and \( R^4 \) substituents are bonded to the steroid nucleus described for group 1 compounds, except that a double bond at the 4-5 position is present.

Group 6. This group comprises compounds named in Table B having \( R^1 \), \( R^2 \), \( R^3 \) and \( R^4 \) substituents defined in Table A wherein the \( R^1 \), \( R^2 \), \( R^3 \) and \( R^4 \) substituents are bonded to the steroid nucleus described for group 1 compounds, except that double bonds at both the 1-2 and 4-5 positions are present.

Groups 7-1 through 7-6. These groups comprise the 6 compound groups described above, except that \( R^5 \) is hydrogen instead of methyl. Thus, group 7-1 has the same steroid nucleus as group 1 above, i.e., no double bond is present, but \( R^5 \) is -H. Group 7-2 comprises the same steroid nucleus as group 2 above, i.e., a double bond is present at the 5-6-position, but \( R^5 \) is -H. Compound groups 7-3 through 7-6 are assigned a steroid nucleus in the same manner. Thus, the group 7-1 through group 7-6 compounds named 1.2.1.9 have the structures

![Structure of 1.2.1.9](image)

Group 7-1 compound 1.2.1.9,
Groups 8-1 through 8-6. These groups comprise each compound named in groups 1-6, except that R\(^5\) of formula B is -CH\(_2\)OH instead of methyl. The groups 8-1 through group 8-6 compounds have structures that are named in the same manner as group 1-6 compounds, except that -CH\(_2\)OH instead of methyl is present at R\(^5\). These groups are named in the same manner as groups 7-1 through 7-6. Thus, group 8-1 and group 8-2 compounds named 1.2.1.9 have the structures
Groups 9-1 through 9-6. These groups comprise each compound named in compound groups 1-6, except that \( R^6 \) of formula B is hydrogen instead of methyl. The groups 9-1 through group 9-6 compounds have structures that are named in the same manner as group 7-1 through 7-6 compounds, except that \(-H\) instead of methyl is present at \( R^6 \). Thus, group 9-1 and group 9-2 compounds named 1.2.1.9 have the structures

Groups 10-1 through 10-6. These groups comprise each compound named in compound groups 1-6 where \( R^6 \) of formula 1 is \(-CH_2OH\) instead of methyl. The groups 10-1 through group 10-6 compounds have structures that are named in the same manner as group 7-1 through 7-6 compounds, except that \(-CH_2OH\) instead of
methyl is present at R^3. Thus, group 10-1 and group 10-2 compounds named 1.2.1.9 have the structures

![Group 10-1 Compound 1.2.1.9](image)

and

![Group 10-2 Compound 1.2.1.9](image)

**Groups 11-1 through 11-10.** These groups comprise each compound named in compound groups 1 through 10-6 where R^1 substituents 1-10 listed in Table A are replaced with the following substituents:

1. \(-\text{O-C(O)-CH}_2\text{CH}_2\text{CH}_2\text{CH}_3\) (\(-\text{O-C(O)-CH}_2\text{CH}_2\text{CH}_2\text{CH}_3\) replaces \(-\text{OH}\), which is R^1 substituent 1 in Table A)
2. \(-\text{O-C(O)-CH}_2\text{CH}_2\text{CH}_2\text{CH}_2\text{CH}_3\)
3. \(-\text{O-C(O)-CH}_2\text{CH}_2\text{OCH}_2\text{CH}_3\)
4. \(-\text{O-C(O)-CH}_2\text{CH}_2\text{OCH}_2\text{CH}_2\text{OCH}_2\text{CH}_3\)
5. \(-\text{O-C(O)-CH}_2\text{CH}_2\text{OCH}_2\text{CH}_2\text{OCH}_2\text{CH}_3\)
6. \(-\text{O-C(O)-CH}_2\text{CH}_2\text{OCH}_2\text{CH}_2\text{CH}_2\text{CH}_3\)
7. \(-\text{O-C}_6\text{H}_4\text{Cl}\)
8. \(-\text{O-C}_6\text{H}_5\text{F}_2\)
9. \(-\text{O-C}_6\text{H}_4\text{O(CH}_2)_2\text{O-CH}_2\text{CH}_3\)
10. \(-\text{O-C}_6\text{H}_4\text{O-C(O)-O(CH}_2)_n\text{CH}_3\)

The group 11-1 through group 11-6 compounds have structures that are named in the same manner as group 7-1 through 7-6 compounds, except that substituents 1-10 of table A are replaced by the substituents 1-10 at R^1 listed above. Thus group 11-1 and 11-2 compounds named 1.2.1.9 have the structures

![Group 11-1 Compound 1.2.1.9](image)
Group 11-7-1 and 11-7-2 compounds named 1.2.1.9 have the structures

5 \[
\text{CH}_3(\text{CH}_2)_3\text{C(O)-O-H} \quad \text{group 11-7-1 compound}
\]

10 Group 11-8-1 and 11-8-2 compounds named 1.2.1.9 have the structures

15 \[
\text{CH}_3(\text{CH}_2)_3\text{C(O)-O-H} \quad \text{group 11-8-2 compound}
\]
Groups 12-1 through 12-10-6. These groups comprise each compound named in groups 1 through 10-6 where R¹ substituents 1-10 listed in Table A are replaced with the following groups:

5  1 -O-P(O)(O)-OCH₂CH(CH₃)CH₃ (-O-P(O)(O)-OCH₂CH(CH₃)CH₃ replaces -OH, which is R¹ substituent 1 in Table A)
   2 -O-P(O)(O)-OCH₂CH₂CH₂CH₂CH₃
   3 -O-P(O)(O)-OCH₂CH₂CH₂CH₂CH₂CH₃
   4 -O-P(O)(O)-OCH₂CH₂CH(CH₂CH₂)CH₃
10  5 -O-CH₂CH₂CH₂CH₂CH₂CH₃
    6 -O-C₂H₅
    7 -O-CH₂CH₂CH₃
    8 -O-CH₂CH₂CH₂CH₃
    9 -O-CH(CH₃)CHCH₃
15  10 -O-C(CH₃)₃

Groups 13-1 through 13-10-6. These groups comprise each compound named in groups 1 through 10-6 where R¹ substituents 1-10 listed in Table A are replaced with the following groups:

20  1 -O-(CH₂)₄CH₃ (-O-(CH₂)₄CH₃ replaces -OH, which is R¹ substituent 1 in Table A)
   2 -O-C(O)-NH₂
   3 -O-C(O)-NHCH₃
   4 -O-C(O)-NHC₂H₅
   5 -O-C(O)-NHCH₂CH₂CH₃
25  6 -O-C(O)-NHCH₂CH₂OCH₂CH₃
    7 -O-C(O)-CH₃
    8 -O-C(O)-C₂H₅
    9 -O-C(O)-CH₂CH₂CH₃
   10 -O-C(O)-CH₂CH₂CH₂CH₃
30

Groups 14-1 through 14-10-6. These groups comprise each compound named in groups 1 through 10-6 where R¹ substituents 1-10 listed in Table A are replaced with the following groups:

35  1 -O-CH₂C₆H₅
    2 -O-CH₂C₆H₅
    3 -O-CH₂C₆H₄OCH₃
    4 -O-CH₂C₆H₄OCH₃
    5 -O-CH₂C₆H₄F
40  6 -O-CH₂C₆H₄F
    7 -O-CH₂C₆H₃(OCH₃)₂
    8 -O-CH₂C₆H₃(OCH₃)₂
9  -O-CH₂C₆H₄OCH₂CH₃
10  -O-CH₂C₆H₄OCH₂CH₃

Groups 15-1 through 15-10-6. These groups comprise each compound named in groups 1 through 10-6 where R¹ substituents 1-10 listed in Table A are replaced with the following groups:

1  -O-C(O)-CH₂CH₂NH₂  (-O-C(O)-CH₂CH₂NH₂ replaces -OH, which is R¹ substituent 1 in Table A)
2  -O-C(O)-CH₂CH₂CH₂NH₂
3  -O-C(O)-CH₂OH
4  -O-C(O)-CH₂CH₂OH
5  -O-C(O)-CH₂CH₂CH₂OH
6  -O-C(O)-CH₂SH
7  2  -O-C(O)-CH₂CH₂SH
8  -O-C(O)-CH₂CH₂CH₂SH
9  -O-S(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-C₅H₅
10  -O-P(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-C₅H₅

Groups 16-1 through 16-10-6. These groups comprise each compound named in groups 1 through 10-6 where R¹ substituents 1-10 listed in Table A are replaced with the following groups:

1  -O-C(O)-A₄-NH₂, where A₄-NH₂ is a 4 carbon alkyl group substituted with -NH₂ (-O-C(O)-A₄-NH₂ replaces -OH, which is R¹ substituent 1 in Table A)
2  -O-C(O)-A₆-NH₂, where A₆-NH₂ is a 6 carbon alkyl group substituted with -NH₂
3  -O-C(O)-A₈-NH₂, where A₈-NH₂ is a 8 carbon alkyl group substituted with -NH₂
4  -O-C(O)-A₄-OH, where A₄-OH is a 4 carbon alkyl group substituted with -OH or -O-
5  -O-C(O)-A₆-OH, where A₆-OH is a 6 carbon alkyl group substituted with -OH or -O-
6  -O-C(O)-A₈-OH, where A₈-OH is a 8 carbon alkyl group substituted with -OH or -O-
7  -O-S(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-C₃H₇
8  -O-P(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-C₃H₇
9  -O-S(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-C₄H₉
10  -O-P(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-C₄H₉

Groups 17-1 through 17-10-6. These groups comprise each compound named in compound groups 1 through 10-6 where R¹ substituents 1-10 listed in Table A are replaced with the following groups:

1  -O-S(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-C₆H₁₃
2  -O-P(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-C₆H₁₃
3  -O-S(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-C₆H₁₇
4 -O-P(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-C₆H₁₇
5 -O-S(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-CH₂C₅H₁₀OH
6 -O-P(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-CH₂C₅H₁₀OH
7 -O-S(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-CH₂C₅H₉OH
8 -O-P(O)(O)-O-CH₂-CH(O-C(O)-OH)-CH₂-O-C(O)-CH₂C₃H₆OH
9  -monosaccharide, e.g., -glucose, -rhamnose
10  oligosaccharide, e.g., a disaccharide

Groups 18-1 through 18-10-6. These groups comprise each compound
named in groups 1 through 10-6 where Rᵣ substituents 1-10 listed in Table A are
replaced with the following groups:
1  -O-C(O)CH₂NH₂
2  -O-C(O)C(CH₃)H-NH₂
3  -O-C(O)C(CH₂C₅H₉)H-NH₂
4  -O-C(O)-O-NHC(CH₃)H-CO₂H
15 5  -O-C(O)-O-NHCH₂-CO₂H
6  -O-C(O)-O-NH(CH₂C₅H₉)H-CO₂H
7  -O-C(O)-CF₃
8  -O-C(O)-CH₂CF₃
9  -O-C(O)-CH₂CF₃
20 10  -O-C(O)-(CH₂)₃CH₃

Groups 19-1 through 19-10-6. These groups comprise each compound
named in compound groups 1 through 10-6 where Rᵣ substituents 1-10 listed in
Table A are replaced with the following groups:
1  -O-C(O)-O-CH₃
25 2  -O-C(O)-O-CH₂CH₃
3  -O-C(O)-O-C₃H₇
4  -O-C(O)-O-C₄H₉
5  -O-C(O)-O-C₆H₁₃
30 6  -O-C(O)-O-C₆H₅
7  -O-C(O)-O-C₆H₄OH
8  -O-C(O)-O-C₆H₄OCH₃
9  -monosaccharide, e.g., -glucose, -rhamnose
10  oligosaccharide, e.g., a disaccharide

Groups 20-1 through 20-10-6. These groups comprise each compound
named in groups 1 through 10-6 where Rᵣ substituents 1-10 listed in Table A are
replaced with the following groups:
1  -O-C(O)-S-CH₃
2  -O-C(O)-S-CH₂CH₃
3  -O-C(O)-S-C₃H₇
40 4  -O-C(O)-S-C₄H₉
5  -O-C(O)-S-C₆H₁₃
6  -O-C(O)-S-C₆H₅
7  -O-C(O)-S-C₆H₄OH
8  -O-C(O)-S-C₆H₄OCH₃
9 -O-C(O)-S-C₆H₄OCH₂CH₃
10 -O-C(O)-S-C₆H₄F

Groups 21-1 through 21-10-6. These groups comprise each compound named in compound groups 1 through 10-6 where R⁴ substituents 1-10 listed in Table A are replaced with the following groups:

1 -O-C(S)-O-CH₃
2 -O-C(S)-O-CH₂CH₃
3 -SH
4 =S
5 -O-C(S)-O-C₆H₁₃
6 -O-C(O)-O-CH₂C₆H₅
7 -O-C(O)-O-CH₂C₆H₄OH
8 -O-C(O)-O-CH₂C₆H₄OCH₃
9 -O-C(O)-O-CH₂C₆H₄OCH₂CH₃
10 -O-C(O)-O-CH₂C₆H₄F

Groups 22-1 through 22-10-6. These groups comprise each compound named in compound groups 1 through 10-6 where R⁵ substituents 1-10 listed in Table A are replaced with the following groups:

1 -O-C(S)-O-CH₃
2 -O-C(S)-O-CH₂CH₃
3 -O-C(S)-O-C₃H₇
4 -O-C(S)-O-C₆H₉
5 -O-C(S)-O-C₆H₁₃
6 -O-C(O)-O-CH₂C₆H₅
7 -O-C(O)-O-CH₂C₆H₄OH
8 -O-C(O)-O-CH₂C₆H₄OCH₃
9 -monosaccharide, e.g., -glucose, -rhamnose
10 oligosaccharide, e.g., a disaccharide

Groups 23-1 through 23-10-6. These groups comprise each compound named in compound groups 1 through 10-6 where R⁶ substituents 1-10 listed in Table A are replaced with the following groups:

1 -O-C(S)-O-CH₃
2 -O-C(S)-O-CH₂CH₃
3 -O-C(S)-O-C₃H₇
4 -O-C(S)-O-C₆H₉
5 -O-C(S)-O-C₆H₁₃
6 -O-C(O)-O-CH₂C₆H₅
7 -O-C(O)-O-CH₂C₆H₄OH
8 -O-C(O)-O-CH₂C₆H₄OCH₃
9 -monosaccharide, e.g., -glucose, -rhamnose
10 oligosaccharide, e.g., a disaccharide
Groups 24-1 through 24-10-6. These groups comprise each compound named in compound groups 1 through 10-6 where R² substituents 1-10 listed in Table A are replaced with the following groups:

5 1 -O-C(O)-O-C₆H₅
   2 -O-C(O)-O-C₆H₄OCH₃
   3 -SH
   4 =S
   5 -O-CHR²⁴-C(O)-OR²⁵
   6 -O-CHR²⁴-C(O)-R²⁵
   7 -O-CHR²⁴-C(O)-N(R²⁵)₂
   8 -O-CHR²⁴-C(O)-NHR²⁵
   9 -O-CHR²⁴-C(O)-NH₂
   10 -O-CHR²⁴-C(O)-OC₆H₅

15 Groups 25-1 through 25-10-6. These groups comprise each compound named in compound groups 1 through 10-6 where R³ substituents 1-10 listed in Table A are replaced with the following groups:

20 1 -O-C(O)-O-C₆H₅
   2 -O-C(O)-O-C₆H₄OCH₃
   3 -O-CH₂CH₂-O-CH₃
   4 -S-CH₂CH₂-O-CH₃
   5 -O-CHR²⁴-C(O)-OR²⁵
   6 -O-CHR²⁴-C(O)-R²⁵
   7 -O-CHR²⁴-C(O)-N(R²⁵)₂
   8 -O-CHR²⁴-C(O)-NHR²⁵
   9 -O-CHR²⁴-C(O)-NH₂
   10 -O-CHR²⁴-C(O)-OC₆H₅.

Groups 26-1 through 26-25-10-6. These groups comprise each compound named in compound groups 1 through 25-10-6 wherein R² in formula B is -O-, instead of -CH₂-. Thus the 26-1 and 26-2 compounds named 1.2.5.9 have the structures

![Chemical structure](image)

group 26-1 compound 1.2.5.9, and
The compound group 26-8-1 and compound group 26-8-2 compounds named 1.2.5.9 have the structures

The group 26-11-1 and 26-11-2 compounds named 1.2.5.9 have the structures
Groups 27-1 through 27-25-10-6. These groups comprise each compound named in compound groups 1 through 25-10-6 wherein R^6 in formula B is -O-, instead of -CH_2-. Thus, the 27-1 and 27-2 compounds named 1.2.5.9 have the structures

![Chemical structure](image1)

group 27-1 compound 1.2.5.9, and

![Chemical structure](image2)

group 27-2 compound 1.2.5.9.

The group 27-8-1 and group 27-8-2 compounds named 1.2.5.9 have the structures

![Chemical structure](image3)

group 27-8-1 compound 1.2.5.9, and

![Chemical structure](image4)

group 27-8-2 compound 1.2.5.9.

The group 27-11-1 and 27-11-2 compounds named 1.2.5.9 have the structures
Groups 28-1 through 28-25-10-6. These groups comprise each compound named in compound groups 1 through 25-10-6 wherein $R^9$ in formula B is -O-, instead of -CH$_2$- and no double bond is present at the 1-2 position. Thus, there is, e.g., no group 28-3, 28-4, 28-6, 28-8-3, 28-8-4 or 28-8-6, since a 1-2 double bond is present in these compounds and a ring oxygen at the 2 position would be charged. The 28-1, 28-2 and 28-5 compounds named 1.2.5.9 have the structures
The group 28-8-1 and group 28-8-2 compounds named 1.2.5.9 have the structures

The group 28-11-1 and 28-11-2 compounds named 1.2.5.9 have the structures
Groups 29-1 through 29-25-10-6. These groups comprise each compound named in compound groups 1 through 25-10-6 wherein R^2 is -NH-, instead of -CH_2-. The compounds are named as described for compound groups 26-1 through 26-25-10-6.

Groups 30-1 through 30-25-10-6. These groups comprise each compound named in compound groups 1 through 25-10-6 wherein R^8 is -NH-, instead of -CH_2-. The compounds are named as described for compound groups 26-1 through 26-25-10-6.

Groups 31-1 through 31-25-10-6. These groups comprise each compound named in compound groups 1 through 25-10-6 wherein R^9 is -NH-, instead of -CH_2- and no double bond is present at the 1-2 position. Thus, there is, e.g., no group 31-3, 31-4, 31-6, 31-8-3, 31-8-4 or 31-8-6. The compounds are named as described for compound groups 26-1 through 26-25-10-6.

Groups 32-1 through 32-25-10-6. These groups comprise each compound named in compound groups 1 through 25-10-6 wherein two of R^7, R^8 and R^9 independently are -NH-, -O- or -S- instead of -CH_2-. The compounds are named as described for compound groups 26-1 through 26-25-10-6.

Groups 33-1 through 33-25-10-6. These groups comprise each compound named in compound groups 1 through 25-10-6 wherein each of R^7, R^8 and R^9 independently are -NH-, -O- or -S- instead of -CH_2-. The compounds are named as described for compound groups 26-1 through 26-25-10-6.

Groups 34-1 through 34-25-10-6. These groups comprise each compound named in compound groups 1 through 25-10-6 wherein R^7 is -S-, instead of -CH_2-. The compounds are named as described for compound groups 26-1 through 26-25-10-6.

Groups 35-1 through 35-25-10-6. These groups comprise each compound named in compound groups 1 through 25-10-6 wherein R^8 is -S-, instead of -CH_2-. The compounds are named as described for compound groups 26-1 through 26-25-10-6.

Groups 36-1 through 36-25-10-6. These groups comprise each compound named in compound groups 1 through 25-10-6 wherein R^8 is -S-, instead of -CH_2- and no double bond is present at the 1-2 position. There is, e.g., no group 36-3, 36-
4, 36-6, 36-8-3, 36-8-4 or 36-8-6. The compounds are named as described for compound groups 26-1 through 26-25-10-6.

Groups 37-1 through 37-25-10-6. These groups comprise each compound named in all of the compound groups 1 through 36-25-10-6 described above wherein
5 $R^1$ is not divalent, e.g., is not =O, and it is in the $\alpha$-configuration, instead of the $\beta$-configuration as shown in formula B.

Groups 38-1 through 38-25-10-6. These groups comprise each compound named in all of the compound groups 1 through 36-25-10-6 described above wherein
10 $R^2$ is not divalent, e.g., is not =O, and it is in the $\alpha$-configuration, instead of the $\beta$-configuration as shown in formula B.

Groups 39-1 through 39-25-10-6. These groups comprise each compound named in all of the compound groups 1 through 36-25-10-6 described above wherein
15 $R^3$ is not divalent, e.g., is not =O, and it is in the $\beta$-configuration, instead of the $\alpha$-configuration as shown in formula B.

Groups 40-1 through 40-25-10-6. These groups comprise each compound named in all of the compound groups 1 through 36-25-10-6 described above wherein
20 $R^4$ is not divalent, e.g., is not =O, and it is in the $\alpha$-configuration, instead of the $\beta$-configuration as shown in formula B.

Groups 41-1 through 41-25-10-6. These groups comprise each compound named in all of the compound groups 1 through 36-25-10-6 described above wherein
25 $R^2$ and $R^4$ is not divalent, e.g., they is not =O, and they are both in the $\alpha$-configuration, instead of the $\beta$-configuration as shown in formula B.

Groups 42-1 through 42-25-10-6. These groups comprise each compound named in all of the compound groups 1 through 36-25-10-6 described above wherein, when hydrogen is present at the 5-position, it is in the $\beta$-configuration, instead of the $\alpha$-configuration as shown in formula B.

In other embodiments, the formula 1 compounds include one or more of the following: (1) one $R^1$ is as described in the compound groups described above and the second $R^1$ is a moiety other than hydrogen, e.g., -OH, -SH, an ester, an ether, optionally substituted alkyl, a heterocycle or an optionally substituted monosaccharide; (2) one $R^2$ is as described in the compound groups described above and the second $R^2$ is a moiety other than hydrogen, e.g., -OH, -SH, an ester, an ether, optionally substituted alkyl, a heterocycle or an optionally substituted
monosaccharide; (3) one \( R^3 \) is as described in the compound groups described above and the second \( R^3 \) is a moiety other than hydrogen, e.g., -OH, -SH, an ester, an ether, optionally substituted alkyl, a heterocycle or an optionally substituted monosaccharide; (4) one \( R^4 \) is as described in the compound groups described above and the second \( R^4 \) is a moiety other than hydrogen, e.g., -OH, -SH, an ester, an ether, optionally substituted alkyl, a heterocycle or an optionally substituted monosaccharide; (5) 1 and 2 applies, i.e., one \( R^1 \) and one \( R^2 \) are as described in the compound groups described above and the second \( R^1 \) and \( R^2 \) are a moiety other than hydrogen, e.g., independently selected -OH, -SH, ester, ether, optionally substituted alkyl, heterocycle or optionally substituted monosaccharide; (6) 1 and 3 applies; (7) 1 and 4 applies; (8) 2 and 3 applies; (9) 2 and 4 applies; (10) 3 and 4 applies; (11) 1, 2 and 3 applies; (12) 1, 2 and 4 applies; or (13) 2, 3 and 4 applies.

Any of the compounds or genera of compounds that are named herein, including those named in compound groups 1 through 42-25-10-6 are suitable for use in any of the methods described herein.

In some embodiments, one, or more of \( R^1\)-\( R^6 \), \( R^{10} \), \( R^{15} \), \( R^{17} \) and \( R^{18} \) independently have the structure(s) and/or independently comprise the named compounds, -H, -OH, =O, -SH, =S, -NH2, -CN, -N3, halogen, =CH2, =NOH, =NOC(O)CH3, -C(O)-CH3, -C(O)-(CH2)1,4-CH3, -CCH, -CCCH3, -CH=CH2, -CH2=CH2, -O-C(O)-(CH2)m-(CF2)n-CH3, -O-C(O)-(CH2)m-(CF2)n-CH3, -O-C(O)-(CH2)m-(CF2)n-CH3, -O-C(O)-(CH2)m-(CF2)n-CH3, -O-C(O)-O-(CH2)m-(CF2)n-CH3, -O-C(O)-O-(CH2)m-(CF2)n-CH3, -O-C(O)-O-(CH2)m-(CF2)n-CH3, -O-C(O)-O-(CH2)m-(CF2)n-CH3, -O-C(O)-O-(CH2)m-(CF2)n-CH3, -O-C(O)-O-(CH2)m-(CF2)n-CH3, (where m is 1, 2, 3, 4, 5, 6, 7, 8, 9 or 10, n is 0, 1, 2, 3, 4, 5, 6, 7, 8, 9 or 10, usually n is 0), -CH(CH3)-(CH2)2-, C(O)NH-CH2COOH, -CH(CH3)-(CH2)2-C(O)NH-CH2SO3H, -OSi(CH3)2C(O)Cs(CH3)3, -C(OH)=CHCH3, =CH(CH2)0,15CH3, -(CH2)0,14CH2F, -(CH2)0,14Br, -(CH2)0,14Cl, -(CH2)0,14CH2I, -(CH2)2,10-0-(CH2)2,14CH3, -(CH2)2,10-0-(CH2)2,14CH3, -(CH2)2,10-0-(CH2)2,14CH3, -(CH2)2,10-0-(CH2)2,14CH3, -(CH2)2,10-0-(CH2)2,14CH3, -(CH2)2,10-0-(CH2)2,14CH3, -(CH2)2,10-0-(CH2)2,14CH3, -(CH2)2,10-0-(CH2)2,14CH3, -(CH2)2,10-0-(CH2)2,14CH3, -(CH2)2,10-0-(CH2)2,14CH3, -(CH2)2,10-0-(CH2)2,14CH3, -(CH2)2,10-0-(CH2)2,14CH3.
(CH₂)₂·10·O-(CH₂)₀·4·CH₃, -O·C(S)·(CH₂)₂·10·S·-(CH₂)₀·4·CH₃, -O·C(S)·-(CH₂)₂·10·NH·(CH₂)₀·4·CH₃, -(CH₂)₀·10·NH₂, -(CH₂)₀·15·CH₃, -(CH₂)₀·15·CN, -(CH₂)₀·15·CH=CH₂, -(CH₂)₀·15·NHCH(O), -(CH₂)₀·15·NH·(CH₂)₀·15·CH₃, -(CH₂)₀·15·CCH, -(CH₂)₀·15·OC(O)CH₃, -(CH₂)₀·15·OCH(OH)CH₃, -(CH₂)₀·15·C(O)OCH₃, -(CH₂)₀·15·C(O)OCH₂CH₃, -(CH₂)₀.

5  15·C(O)·(CH₂)₀·15·CH₃, -(CH₂)₀·15·C(O)·(CH₂)₀·15·CH₂OH, -O·(CH₂)₁·18·NH₂, -(O·(CH₂)₁·18·NH·(CH₂)₁·15·CH₃, -(O·(CH₂)₁·15·CN, -(O·(CH₂)₁·15·CH=CH₂, -(O·(CH₂)₁·15·NHCH(O), -(O·(CH₂)₁·15·NH·(CH₂)₁·15·CH₃, -(O·(CH₂)₁·15·CCH, -(O·(CH₂)₁·15·OC(O)CH₃, -(O·(CH₂)₁·15·OCH(OH)CH₃, -(O·(CH₂)₁·15·C(O)OCH₃, -(O·(CH₂)₁·15·C(O)OCH₂CH₃, -(O·(CH₂)₁·15·C(O)·(CH₂)₀·15·CH₂OH, -(O·(CH₂)₁·15·OC(O)·(CH₂)₀·15·NH₂, -(O·(CH₂)₁·15·OC(O)·(CH₂)₀·15·CH₃, -(O·(CH₂)₁·15·CN, -(O·(CH₂)₁·15·CH=CH₂, -(O·(CH₂)₁·15·NHCH(O), -(O·(CH₂)₁·15·NH·(CH₂)₁·15·CH₃, -(O·(CH₂)₁·15·CCH, -(O·(CH₂)₁·15·OC(O)CH₃, -(O·(CH₂)₁·15·OCH(OH)CH₃, -(O·(CH₂)₁·15·C(O)OCH₃, -(O·(CH₂)₁·15·C(O)OCH₂CH₃, -(O·(CH₂)₁·15·OC(O)·(CH₂)₀·15·CH₃, -(O·(CH₂)₁·15·C(O)·(CH₂)₀·15·CH₂OH, phosphoenolpyruvate, D-glucosamine, glucuronic acid, glucuronic acid, pantothenic acid, pyruvic acid, glucose, fructose, mannose, sucrose, lactose, fucose, rhamnose, galactose, ribose, 2'-deoxyribose, 3'-deoxyribose, glycerol, 3-phosphoglycerate, a PEG (PEG-20, PEG-100, PEG-200, PEG-1000), a polyoxyalkylene polymer, glycine, alanine, phenylalanine, threonine, proline, 4-hydroxyproline or an oligonucleotide or analog that comprises about 4 to about 21 monomers. When a substituent is an oligonucleotide or a polymer usually only a one of these is bonded to the formula 1 compound. Typically, when R¹·R² and R⁴·R⁶ comprise one or more of these substituents (or others described herein), the substituent is present in the β-configuration, while R³ typically comprises a substituent in the β-configuration. In some embodiments, R² is in the α-configuration.

In some embodiments, one or more of R¹·R⁶, R¹₀, R¹⁵, R¹⁷ and R¹⁸ independently comprise a nucleoside, a nucleotide, an oligonucleotide or an analog of any of these moieties. Typically, such moieties are linked to the steroid nucleus through a terminal hydroxyl, thiol, acyl moiety or amine at the 5', 3' or 2' positions, when a hydroxyl, thiol, acyl moiety or amine is present at that position. For oligonucleotides and oligonucleotide analogs, the linkage to the steroid occasionally is through a sugar hydroxyl at an internal 2' position.
Analogs of phosphodiester linkages include phosphorothioate linkages and others as described in the cited references. Oligonucleotide coupling groups means any moiety suitable for generating a phosphodiester linkage or phosphodiester analog linkage between adjacent nucleotides or their analogs. Suitable oligonucleotide coupling groups include -OH, H-phosphonate, alkylphosphonamidites or phosphoramidites such as β-cyanoethyl-phosphoramidite, N, N-diisopropylamino-β-cyanoethoxyphosphine and others as described in the cited references. Suitable purine and pyrimidine bases include adenine, guanine, cytosine, thymine, uracil and others as described in the cited references. Suitable nucleosides, nucleotides, oligonucleotides and their analogs have been described, see e.g., U.S. patents 4725677, 4973679, 4997927, 4415732, 4458066, 5047524, 4959463, 5212295, 5386023, 5489677, 5594121, 5614622, 5624621; and PCT publication Nos. WO 92/07864, WO 96/29337, WO 97/14706, WO 97/14709, WO 97/31009, WO 98/04585 and WO 98/04575 all of which are incorporated herein by reference. The formula 1 compounds, e.g., those named in any of the compound groups 1 through 42-25-10-6, are suitable for linkage to oligonucleotides modulate the lipophilicity of oligonucleotides or the transport or permeation of an oligonucleotide into cells. Such linkages may be biologically labile to facilitate release of the steroid from the oligonucleotide once the conjugate has entered the cell.

Table 2 shows these and other exemplary moieties that one or more of R^1-R^6, R^10, R^15, R^17 and R^18 independently can comprise. Pr means a protecting group. These moieties are often bonded to one or more of the R^1, R^2 and R^4 positions, usually to one or two of those positions. For structures with more than one of a given variable, e.g., X in structure A3 or A5, each is independently selected.
TABLE 2

\[
\begin{align*}
\text{A} & \quad \text{B} \\
\left(\text{C}_{\text{n}}\right)\text{OPO}_{\text{3HX}} & \quad \left(\text{C}_{\text{n}}\right)\text{OCH}_{\text{3}} \\
n = 0, 1, 2, 3, 4, 5 & \quad n = 1, 2, 3, 4, 5 \\
X = \text{H, Pr} & \\
\end{align*}
\]

\[\text{C} \quad \text{D} \quad \text{E} \quad \text{G} \quad \text{F} \quad \text{G} \quad \text{H} \quad \text{I} \quad \text{J} \quad \text{K} \quad \text{L} \quad \text{M} \quad \text{N} \quad \text{O} \quad \text{P} \quad \text{Q} \quad \text{R} \quad \text{S} \quad \text{T} \quad \text{U} \quad \text{V} \quad \text{W} \quad \text{X} \quad \text{Y} \quad \text{Z}
\]

\[\begin{align*}
\text{X} = \text{-H, -C(O)CH}_{\text{3}} \\
\end{align*}
\]

\[\begin{align*}
\text{X} = \text{-H, } \text{Y} = \text{CH}_{\text{3}}, \text{-OCH}_{\text{3}}, \text{Br, Cl, F, I}
\end{align*}
\]
Q
\[
\text{O} \quad \text{O} \\
\quad \text{CH}_3
\]
\[n = 1, 2, 3, 4, 5, 6\]

R
\[
\text{O} \quad \text{O} \\
\quad \text{CH}_3
\]
\[n = 1, 2, 3, 4, 5, 6\]

S
\[
\text{O} \quad \text{O} \\
\quad \text{CH}_3 \\
\quad \text{CH}_3
\]
\[n = 1, 2, 3, 4, 5, 6\]

T
\[
\text{O} \quad \text{O} \\
\quad \text{CH}_3 \\
\quad \text{CH}_3
\]
\[n = 1, 2, 3, 4, 5, 6\]

U
\[
\text{\equiv} \\
\quad \text{CH}_3 \\
\quad \text{CH}_3
\]
\[n = 0, 1, 2, 3, 4, 5, 6\]
\[X = \text{CH}_3, \text{Cl}\]

V
\[
\text{OH} \\
\quad \text{CH}_3
\]

W
\[
\text{\equiv} \quad \text{CH}_2
\]

X
\[
\text{OH} \\
\quad \text{CH}_3 \\
\quad \text{CH}_3 \\
\quad \text{CH}_3 \\
\quad \text{CH}_3
\]
\[n = 0, 1, 2, 3, 4, 5, 6\]
In some embodiments, an R³ and an R⁴ of the formula 1 compounds comprises a ring(s) structure. Exemplary compounds of formula 2 include the following structures,
wherein, $R^{16}$ independently are $-\text{CH}_2$, $-\text{O}$, $-\text{S}$ or $-\text{NH}$; $R^{15}$, $R^{17}$ and $R^{18}$ independently are $-\text{H}$, $-\text{OR}^{PR}$, $-\text{SR}^{PR}$, $-\text{N}(\text{R}^{PR})_2$, $-\text{O-Si-(R}^{13})_3$, $-\text{CN}$, $-\text{NO}_2$, $-\text{OSO}_3\text{H}$, $-\text{OPO}_3\text{H}$, an ester, a thioester, a phosphoester, a phosphothioester, a phosphonoester, a sulfite ester, a sulfate ester, an amide, an amino acid, a peptide,
an ether, a thioether, an acyl group, a thioacyl group, a carbonate, a carbamate, a thioacetal, a halogen, an optionally substituted alkyl group, an optionally substituted alkenyl group, an optionally substituted alkynyl group, an optionally substituted aryl moiety, an optionally substituted heteroaryl moiety, an optionally substituted monosaccharide, an optionally substituted oligosaccharide, a nucleoside, a nucleotide, an oligonucleotide, a polymer, or, one or more of \( R^{15}, R^{17} \) and \( R^{18} \) independently are \( =O \) or \( =S \) and the hydrogen atom that is bonded to the same carbon atom is absent; and \( R^{19} \) is nitrogen or \( CH \).

Such compounds include any of these structures wherein one, two or three of \( R^7, R^8 \) and \( R^9 \) are independently \(-O-, -S-, or -NH-\) or wherein one or both of \( R^8 \) and \( R^6 \) independently are \(-H, -CH_3, -CH_2OR^{PR}, -CH_2OH, -CH_2SH, -CH_2SR^{PR}, -CH_2O-C(O)-C_{1-10} \) alkyl, \(-CH_2S-C(O)-C_{1-10} \) alkyl, \(-CH_2O-C(O)-C_{1-10} \) alkenyl, \(-CH_2S-C(O)-C_{1-10} \) alkenyl, \(-CH_2O-C(O)-C_{0-4} \) alkyl-heterocycle, \(-CH_2S-C(O)-C_{0-4} \) alkyl-heterocycle, \(-CH_2O-C(O)-C_{0-4} \) alkyl-phenyl, \(-CH_2S-C(O)-C_{0-4} \) alkyl-phenyl, wherein any \( C_{1-10} \) alkyl, heterocycle or phenyl moiety is optionally substituted with one or more substituents, wherein the one or more substituents are one, two, three or more independently selected \(-O-, =O, -OR^{PR}, -S-, =S, -SR^{PR}, -NH-, -N(R^{PR})_2 \) or \(-C(O)-NH-\), wherein each \( R^{PR} \) independently is \(-H \) or a protecting group.

Other embodiments of the invention and related subject matter include the following numbered embodiments.

1. A method to treat a blood cell deficiency in a subject comprising administering to the subject, or delivering to the subject’s tissues, an effective amount of a compound of formula 1.

2. The method of embodiment 1 wherein the formula 1 compound has the structure
wherein one, two or three of $R^7$, $R^8$ and $R^9$ are -CH$_2$- or -CH= and wherein the configuration of hydrogen atoms at the 5 (if present), 8, 9 and 14 positions respectively are $\alpha.\alpha.\alpha.\alpha$, $\alpha.\alpha.\alpha.\beta$, $\alpha.\alpha.\alpha.\beta$, $\alpha.\beta.\alpha.\alpha$, $\alpha.\beta.\alpha.\beta$, $\alpha.\beta.\alpha.\beta$, $\beta.\beta.\alpha.\alpha$, $\beta.\beta.\alpha.\beta$, $\beta.\beta.\beta.\beta$, $\beta.\beta.\beta.\alpha$ or $\beta.\beta.\beta$. Typically $\alpha.\alpha.\beta.\alpha$ or $\beta.\alpha.\beta.\alpha$.

3. The method of embodiment 2 wherein the formula 1 compound has the structure

4. The method of embodiment 3 wherein $R^1$, $R^2$ and $R^4$ independently are -OH, -SCN, a C2-C20 ester or C1-C20 alkoxy, $R^3$ is -H and two or three of $R^7$, $R^8$ and $R^9$ are -CH$_2$-.

5. The method of embodiment 3 or 4 wherein the formula 1 compound has the structure

15
6. The method of any of embodiments 3-5 wherein the configuration of hydrogen atoms at the 5 (if present), 8, 9 and 14 positions respectively are \( \alpha.\alpha.\beta.\alpha \) or \( \beta.\alpha.\beta.\alpha \).

7. The method of embodiment 1 wherein the formula 1 compound has the structure

![Chemical Structure Diagram]

wherein one \( R^4 \) is absent when there is a double bond at the 16-17 position and wherein \( R^7, R^8 \) and \( R^9 \) are independently selected and wherein one, two or three of \( R^7, R^8 \) and \( R^9 \) are not \( -\text{CH}_2- \) or \( -\text{CH}= \) and wherein hydrogen atoms at the 5 (if present), 8, 9 and 14 positions respectively are in the \( \alpha.\alpha.\alpha.\alpha, \alpha.\alpha.\alpha.\beta, \alpha.\alpha.\beta.\alpha, \alpha.\beta.\alpha.\alpha, \alpha.\beta.\alpha.\beta, \alpha.\beta.\beta.\beta, \beta.\beta.\alpha.\alpha, \beta.\beta.\alpha.\beta, \beta.\beta.\beta.\beta, \beta.\beta.\beta.\beta \) or \( \beta.\beta.\beta.\beta \) configurations, typically \( \alpha.\alpha.\beta.\alpha \) or \( \beta.\alpha.\beta.\alpha \).

8. The method of embodiment 7 wherein \( R^8 \) is \( -\text{CH}_2-, -\text{O}-, -\text{S}- \) or \( -\text{NH}- \).

9. The method of embodiment 7 or 8 wherein \( R^7 \) is \( -\text{CH}_2-\text{CHR}^{10}, -\text{CH}_2-, -\text{O}-\text{CHR}^{10} \) or \( -\text{O}-\text{C(O)}- \).

10. The method of embodiment 7, 8 or 9 wherein \( R^8 \) or \( R^9 \) is absent.

11. The method of embodiment 7 or 8 wherein \( R^7 \) and \( R^9 \) independently are \( -\text{CHR}^{10}, -\text{CH}_2-, -\text{CH}=, -\text{O}-, -\text{S}- \) or \( -\text{NH}- \), wherein \( R^{10} \) is \( -\text{OH}, -\text{SH}, \) a \( \text{C}_{1-30} \) organic moiety, a \( \text{C}_{1-30} \) ester, \( \text{C}_{1-10} \) optionally substituted alkyl, \( \text{C}_{1-10} \) optionally substituted alkoxy, \( \text{C}_{1-10} \) optionally substituted alkenyl or \( \text{C}_{1-10} \) optionally substituted alkynyl.

20
12. The method of embodiment 1 wherein the formula 1 method has the structure

wherein hydrogen atoms at the 5 (if present), 8, 9 and 14 positions respectively are in the α.α.α.α, α.α.α.β, α.α.β.α, α.β.α.α, β.α.α.α, α.α.β.β, α.β.α.β, β.α.α.β, β.α.β.α, β.β.α.α, α.β.β.α, α.β.β.β, β.α.β.β, β.β.α.β, β.β.β.α or β.β.β.β configurations, typically α.α.β.α or β.α.β.α.

13. The method of embodiment 12 wherein R⁴ is -OH, =O, -SH, -SCN, a C₅-30 ester or C₁-30 alkoxy, wherein the ester or alkoxy moiety is optionally substituted
with one, two or more independently selected substituents, which are optionally
selected from -F, -Cl, -Br, -I, -O-, =O, -S-, -NH-, -R^{PR}, -OR^{PR}, -SR^{PR} or -NHR^{PR}.

14. The method of embodiment 12 or 13 wherein R^1 is -OH, =O, -SH, -SCN, a C_{1-30} ester or C_{1-30} alkoxy, wherein the ester or alkoxy moiety is optionally
substituted with one, two or more independently selected substituents, which are
optionally selected from -F, -Cl, -Br, -I, -O-, =O, -S-, -NH-, -R^{PR}, -OR^{PR}, -SR^{PR} or -NHR^{PR}.

15. The method of any of embodiments 1-14 wherein a second R^1 is
present and it is a moiety other than hydrogen, e.g., -OH, -SH, -SCN, a C_{1-30} ester,
C_{1-30} alkoxy, C_{1-30} alkynyl or a monosaccharide wherein the ester, alkoxy, alkynyl or
monosaccharide is optionally substituted with one, two or more independently
selected substituents, which are optionally selected from -F, -Cl, -Br, -I, -O-, =O, -S-, -NH-, -R^{PR}, -OR^{PR}, -SR^{PR} or -NHR^{PR}.

16. The method of any of embodiments 1-15 wherein a second R^2 is
present and it is a moiety other than hydrogen, e.g., -OH, -SH, -SCN, a C_{1-30} ester or
C_{1-30} alkoxy, C_{1-30} alkynyl or a monosaccharide wherein the ester, alkoxy, alkynyl or
monosaccharide is optionally substituted with one, two or more independently
selected substituents, which are optionally selected from -F, -Cl, -Br, -I, -O-, =O, -S-, -NH-, -R^{PR}, -OR^{PR}, -SR^{PR} or -NHR^{PR}.

17. The method of any of embodiments 1-16 wherein a second R^3 is
present and it is a moiety other than hydrogen, e.g., -OH, -SH, -SCN, a C_{1-30} ester or
C_{1-30} alkoxy, C_{1-30} alkynyl or a monosaccharide wherein the ester, alkoxy, alkynyl or
monosaccharide is optionally substituted with one, two or more independently
selected substituents, which are optionally selected from -F, -Cl, -Br, -I, -O-, =O, -S-, -NH-, -R^{PR}, -OR^{PR}, -SR^{PR} or -NHR^{PR}.

18. The method of any of embodiments 1-17 wherein a second R^4 is
present and it is a moiety other than hydrogen, e.g., -OH, -SH, -SCN, a C_{1-30} ester or
C_{1-30} alkoxy, C_{1-30} alkynyl or a monosaccharide wherein the ester, alkoxy, alkynyl or
monosaccharide is optionally substituted with one, two or more independently
selected substituents, which are optionally selected from -F, -Cl, -Br, -I, -O-, =O, -S-, -NH-, -R^{PR}, -OR^{PR}, -SR^{PR} or -NHR^{PR}.

19. The method of any of embodiments 1-18 wherein there is a double
bond at the 1-2 position.
20. The method of any of embodiments 1-18 wherein there is a double bond at the 4-5 position.
21. The method of any of embodiments 1-18 wherein there is a double bond at the 5-6 position.
22. The method of any of embodiments 1-18 wherein there is a double bond at the 16-17 position.
23. The method of any of embodiments 1-18 wherein there are double bonds at the 1-2 and 4-5 positions.
24. The method of any of embodiments 1-18 wherein there are double bonds at the 1-2 and 5-6 positions.
25. The method of any of embodiments 1-18 wherein there are double bonds at the 1-2 and 16-17 positions.
26. The method of any of embodiments 1-18 wherein there are double bonds at the 4-5 and 16-17 positions.
27. The method of any of embodiments 1-18 wherein there are double bonds at the 5-6 and 16-17 positions.
28. The method of any of embodiments 1-18 wherein there are double bonds at the 1-2, 4-5 and 16-17 positions.
29. The method of any of embodiments 1-18 wherein there are double bonds at the 1-2, 5-6 and 16-17 positions.
30. A compound of formula 1, e.g., a compound in any compound group or embodiment disclosed herein.
31. A composition comprising a compound of formula 1, e.g., a compound in any compound group or embodiment disclosed herein, and an excipient.
32. Use of a compound of formula 1, e.g., a compound in any compound group or embodiment disclosed herein, to manufacture a medicament for the treatment of a blood cell deficiency, e.g., NP of TP, in a subject, e.g., a mammal or a human.
33. A product produced by the process of contacting a formula 1 compound, e.g., a compound in any compound group or embodiment disclosed herein, and an excipient.
34. A kit comprising a formulation that comprises a unit dosage or a multiple dosage comprising a formula 1 compound, e.g., a compound in any
compound group or embodiment disclosed herein, and one or more excipients
wherein the formulation is dispensed in a suitable container, wherein the kit further
comprises a label that provides information about one or more of (1) the formula 1
compound's chemical structure, (2) any recommended dosing regimen, (3) any
adverse effects of administering the formula 1 compound to a subject that are
required to be disclosed and (4) the amount of the formula 1 compound that is
present in each unit dose or in the entire container.

Exemplary synthesis methods. By way of exemplification and not limitation,
the following methods are suitable to prepare the one or more of the compounds
disclosed herein. Starting materials and straightforward variations of the schemes
are found, e.g., in the following references, all of which are incorporated herein by

Scheme 1. For the structures shown in scheme 1, R^5-R^9 are as defined for formula 1 compounds. Thus, when R^5 and R^6 are both -CH_3 in the β-configuration, R^7, R^8 and R^9 are all -CH_2-, H at the 9 and 14 positions are in the α-configuration, acetate at the 3-position is in the β-configuration, and H at the 8 position is in the β-configuration, the first compound in scheme 1 is DHEA acetate. The acetate groups at the 3, 7, 16, 17 or other positions in this scheme and in other schemes disclosed herein may independently be other ester moieties as described herein, e.g., C_2-C_50 esters including -C(O)-(CH_2)_0-4-(CF_2)_0-4-CF_3, including -C(O)-CF_3, -C(O)-C_2-29 optionally substituted alkyl, -C(O)-CH_2-C_2-28 optionally substituted alkenyl, -C(O)-CH_2-C_2-28 optionally substituted alkynyl, -C(O)-(CH_2)_0-6 optionally substituted phenyl, or -C(O)-(CH_2)_0-6 optionally substituted heterocycle or other organic moieties as disclosed herein or in the cited references.

Typical substituents for these organic moieties are as described herein, including one, two, three or more independently selected -O-, =O, optionally
protected hydroxyl, -S-, optionally protected thiol, -NH-, optionally protected -NH₂, optionally protected -C(O)OH, -C(O)-NH-, -C(O)-NH₂, -NH₂-C(O)-H, -NH₂-C(O)-C₀₄H₁₀₂, -NH₂-C(O)-O-C₀₄H₁₀₂, -CN, -NO₂, -N₃ or halogen. Reactive groups are protected as needed, e.g., =O would usually be protected in the LiCR reaction that is used to generate compound 1 in scheme 1 below.

**Scheme 1**

![Scheme 1 Diagram](image)

**Scheme 2.** Compounds of formula 2 are prepared from structure A compounds shown in scheme 1 using the last two steps of Scheme 1: (1)

---

**Abbreviations:**
- LDA = lithium diisopropyl amide; MCPBA = m-chloroperbenzoic acid; TMSCI = trimethylchlorosilane; DMAP = 4-dimethylaminopyridine; Dibromantin = 1,3-dibromo-4,4-dimethylhydantoin.
- R = CR³; R¹ = -H or a C1-C50 organic moiety as described herein, e.g., -H, -C₁₋₂₀ optionally substituted alkyl, -C₁₋₂₀ optionally substituted alkenyl, -C₁₋₂₀ optionally substituted alkynyl, -(CH₂)₅₋₁₀ optionally substituted phenyl or -(CH₂)₅₋₁₀ optionally substituted heterocycle.
dibromatin, (2) LiBr, (3) Li-C-R, where R is CR^A and R^A is -H or -C_{1-12} optionally substituted alkyl. When R^7, R^8 and R^9 are all -CH_{2-}, H at the 9 and 14 positions are in the \( \alpha \)-configuration and H at the 8 position is in the \( \beta \)-configuration the first compound in scheme 1 is DHEA acetate. Typical substituents for the R^A alkyl moiety includes one, two or more independently selected -O-, optionally protected =O, optionally protected hydroxyl, -S-, optionally protected thiol, -NH-, optionally protected -NH_2, optionally protected -C(O)OH, -C(O)-NH-, -C(O)-NH_2, -NH_2-C(O)-H, -NH_2-C(O)-C_{0-4}H_{1-9}, -NH_2-C(O)-O-C_{0-4}H_{1-9}, -CN, -NO_2, -N_3 or halogen.

Scheme 2

Scheme 3. The allylic bromination at C-7 is done as in Scheme 1. R and R^A are as defined in Schemes 1 and 2.
Scheme 4. The addition of lithium reagent (lithium acetylide when R is -CH) to the 17-position >C=O in the presence of the bromide at C-16 results in epoxide formation or in a pinacol rearrangement. Alternatively, compounds without of structure 3 can be dehydrated by mild acid catalysis to form compounds of formula 4 by treatment of the alkene with Br₂, H₂O. R and R⁴ are as defined in Schemes 1 and 2.
Scheme 5. Sodium borohydride gives a mixture of epimers at C-7, which may be separated by standard methods, e.g., HPLC, TLC or column chromatography. To obtain the pure 7α-OH compound, allylic bromination followed by hydrolysis is accomplished as described in Schemes 1 and 3.
Scheme 5

Scheme 6

Scheme 6. Formula 6 compounds are prepared by treatment of the acetate with lithium acetylide as in Schemes 1, 2, 3 or 4. R and R⁸ are as defined in Schemes 1 and 2.

Scheme 7. Formula 7 compounds are prepared from the 3-acetate with reagents described in Schemes 1 and 4. R and R⁸ are as defined in Schemes 1 and 2.
Scheme 8. Formula 8 compounds are prepared from the formula A compounds by sodium borohydride reduction at C-17 followed by acetylation.

Scheme 9. The starting material is made using reactions described in Schemes 1 and 3.
Scheme 10. Reduction and acetylation at C-3 and hydrolysis and oxidation at C-17 will allow formula 10a and 10b compounds to undergo functionalization as shown in Schemes 1-9 at C-3, C-16 and C-17. The 7-oxo acetate can be substituted for the formula A compound 3-acetate and functionalization at C-3, C-16 and C-17 is achieved similarly for 7-oxo compounds using the reactions shown in schemes 1-9.

Treatment of 10a with LDA, followed by alkylation of the enolate allows introduction of side chains such as R10, which may be, e.g., C1-C20 alkyl (methyl, ethyl), C1-C20 alkenyl (CH2=CH-(CH2)0-6), benzyl, -(CH2)1,4-O-(CH2)0,4-CH3.
Schemes 1-9 show the introduction of the hydroxyl function at the positions shown. Methods to convert hydroxyl to other functional groups are accomplished essentially as described, e.g., in the references cited herein. For example, esters, of formula 1-10c compounds, such as -O-C(O)-R^8 where R^8 is a C_{1-50} organic moiety, are prepared from the steroid alcohol by treatment with the appropriate acid anhydride or acid chloride (R^8-C(O)-Cl) to form any desired ester. Ethers, such as -O-R^8, are prepared from alcohols by formation of the alkaline metal alkoxide (Na^+ or K^+) followed by treatment with a primary or secondary iodide (R^8-I). Thionoesters, R^8-C(S)-O-, are prepared by treating the R^8-C(O)-O- ester with Lawesson’s reagent.

Sulfates, NaO-S(O)(O)-O-, R^8-O-S(O)(O)-O-, e.g., CH_3(CH_2)_{10-18}-S(O)(O)-O-, are prepared by treatment of alcohols with chlorosulfonic acid followed by NaOH or alternatively by oxidation of sulfites using KMnO_4. If the alkyl (e.g., methyl) ester is desired alkylchloro-sulfonate (methylchloro-sulfonate) can be used. Sulfites HO-S(O)-O- and ammonium salts NH_4 O-S(O)-O-, or R^8 O-S(O)-O- esters (e.g., CH_3 O-S(O)-O-) are prepared by standard methods. The ammonium salts are prepared by treatment of alcohols with ammonia and sulfur dioxide. The esters such as alkyl, alkenyl and alkynyl esters (e.g., methyl ester) are obtained when alcohols are treated with alkylchlorosulfite (e.g., methylichlorosulfite), alkenylchlorosulfite or...
alkynychlorosulfite in the presence of a suitable base such as triethylamine. Phosphoesters, $R^8\text{O-P(OR^{PR})}(O)-O^-$ are prepared by treating the alcohol with diethylchlorophosphate in the presence of $\text{Na}_2\text{CO}_3$. Alternatively, if the alcohol is treated with phosphoric acid diesters in the presence of triphenylphosphine ($\text{PPh}_3$) and diethylazodicaboxylate (DEAD) the corresponding triesters are formed with inversion (Mitsunobu reaction).

Phosphothioesters, $R^8\text{O-P(SR^{PR})}(O)-O^-$ are generated by treatment of alcohols with the monothio analog of diethylchlorophosphate as described for phosphoesters yielding the phosphothioesters. Carbonates, $R^8\text{O-C(O)-O^-}$ are generated from the corresponding steroid alcohol using the chloroformate ($R^8\text{C(O)-Cl}$), e.g., $C_{1-20}$ alkyl, alkenyl or alkynyl chloroformates (e.g. $\text{CH}_3(\text{CH}_2)_{\text{b-S-C(O)Cl}}$). Carbamates, $R^8\text{-NH-C(O)-O^-}$ are made from steroid alcohols by treatment with isocyanates ($R^8\text{N=CO}$) or NaOCN in the presence of trifluoroacetic acid. Aminoacid esters, ZNX-CHY-C(O)-O^- are generated by coupling the steroid alcohol with the acid chloride of the N-protected amino acid.

Oxidation of hydroxyl groups that are linked to the steroid nucleus is used to obtain ketones and related functionalities. For example, conversion of alcohols to ketones can be achieved using a variety of oxidizing agents such as $\text{CrO}_3$ in $\text{AcOH}$, or pyridinium dichloridate, pyridinium dichromate or oxalyl chloride with triethylamine (Swern oxidation). Thio ketones (=S) are prepared by treating ketones with Lawesson's reagent ($2,4$-bis($4$-methoxyphenyl)-$1,3,2,4$-dithiadiphosphetene-$2,4$-disulfide; commercially available from Aldrich). Thioacetals, -C($\text{SR}^8$)($\text{SR}^8$) are prepared from ketones (-C(O))- by treatment with $R^8$-SH thiols under acid catalysis conditions (e.g., $\text{HCl}$). Phosphonoesters, R$^8$-P(OR$^{PR}$)(O)^-$, are generated by addition of the phosphorus acid diester to ketones in the presence of KF to yield hydroxy phosphonoesters. One may optionally remove the hydroxy group using a dehydration and hydrogenation sequence.

Substitution of hydroxyl groups is used to generate a number of functionalities. For example, thiols, -SH, are prepared from alcohols by conversion of the alcohol with inversion to the bromide using $\text{PBr}_3$. Treatment of the bromide with thiourea followed by $\text{NaOH}$ gives the thiol. Thioethers, R$^8$-S-, are prepared from thiols by treatment with $\text{NaOH}$ and the required halide, e.g., alkyl halide. Alternatively, alcohol derivatives like tosylates or mesylates can be displaced by
thiolate anions, $R^B$-S\(^-\), to yield the thioether. Thioesters, $R$-C(O)-S\(^-\), are prepared by treating the tosylate (mesylate) of the alcohol with the sodium salt of the thioacid.

Substitution of hydroxyl groups can be used to generate both esters, $R^B$O-C(O)-, and amides, $NHR^B$-C(O)-, linked to the steroid at carbon atoms. For amides and amines, $R^B$ is H, a protecting group or a C\(_n\)-alkyl organic moiety. These are synthesized from the steroid bromide with inversion by displacement with NaCN. The cyanide group can be hydrolyzed to the amide or the acid. The acid is esterified or treated by standard peptide coupling reactions with an O-protected amino acid in the presence of a suitable carboxyl activating agents such as dicyclohexylcarbodiimide (DCC) to form steroid -C(O)-NH-CHY-C(O)-OR, where Y is the side chain of an amino acid or a C\(_1\)-C\(_{10}\) organic moiety and R is a protecting group (or hydrogen when deprotected).

Amines and derivatives of amines, e.g., $R^B$NH\(-\), $R^B$-C(O)NH\(-\), $R^B$O(C(O)-NH\(-\) or $R^B$O-C(O)-CHR\(^B\)-NH\(-\) linked to steroid carbon atoms, are typically prepared by standard methods. For example, amines (NH\(_2\)-steroid) are generally prepared using the Hoffmann rearrangement (Br\(_2\), NaOH) from the amide (NH\(_2\)-C(O)-steroid) or the Curtius rearrangement (NaN\(_3\)) from the acid chloride of the steroid. The $R^B$ substituent can subsequently be introduced by alkylation. Steroid alcohols can be used as starting materials under standard Mitsunobu conditions (PPh\(_3\), DEAD) to yield N-Boc sulfonamides using N-(t-butoxycarbonyl)-p-toluenesulfonamide. One can selectively remove either protecting group. Treatment with trifluoroacetic acid affords the sulfonamide ($R^B$-S(O)(O)-NH-steroid). Alternatively, sodium naphthalenide deprotects to give the N-Boc compound. Amines (NH\(_2\)-steroid) can be converted to amides ($R^B$NH-C(O)-steroid) using acyl chlorides ($R^B$-C(O)-Cl). Treatment with ethyl chloroformate gives the N-carbamate ($R^B$O-C(O)-NH-steroid). The amine (NH\(_2\)-steroid) can be alkylated with an $\alpha$-bromoester ($R^B$-C(O)-CHY-NH\(_2\)) to yield the amio acid substituted steroid ($R^B$-O-C(O)-CHY-NH-steroid).

Where reactions such as substitutions give a product mixture, the desired intermediate is optionally separated from other products or at least partially enriched (e.g., enriched at least about 10-fold, usually at least about 50-100-fold) from other products before subsequent reactions are conducted. Substitution at steroid carbon atoms will generally proceed with greatest efficiency at the 3-position, which is relatively sterically unhindered and C-17 is generally somewhat less accessible than
the C-3 position. The relative reactivities of the C-3, C-7, C-17 and C-16 positions allows one to use their reactivities to control the sequential introduction of different functional groups into the same steroid molecule. Also, groups, such as hydroxyl at more reactive positions, C-3 or C-17, may be sequentially protected or deprotected to allow introduction of functional groups at other positions, such as C-7 or C-16.

Polymers such as PEG are linked to the compounds essentially as described above. For example, PEG2000 or PEG3000 is linked to the steroid at the 3, 7, 16, 17 or other positions by an ether linkage (PEG-O-steroid) using a PEG alkoxide (PEG-ONa), to displace the steroid bromide. Alternatively, PEG-Br can be treated with the steroid alkoxide. Polyethylene glycol esters such as those described in U.S. patent 5681964 can also be prepared using a suitable formula 1 compound and the methods described therein. Monosaccharides or polysaccharides and oligonucleotides are linked to steroid hydroxyl groups using known methods, see e.g., U.S. patent 5627270.

Formula 1 steroid analogs that comprise one or more ring heteroatoms are synthesized according to the following methods.

Scheme 11. Formula 1 compounds that comprise two or three ring heteroatoms are prepared as shown in the schemes. In the scheme, X is =CH2, -NH-, -O-, or -S-; R40 is -H or -Br; R41 is an organic moiety having about 12 carbon atoms or less, typically C1 – C8 optionally substituted alkyl (e.g., methyl, hydroxymethyl, ethyl, propyl) or C2 – C8 optionally substituted alkenyl having a single double bond (e.g., vinyl) with 1, 2, 3 or more independently selected substituents (e.g., -OH, -COOH, -O-) and with any substituents that comprise a functional group generally being protected. Preparation of compound 20 from 19 is accomplished using a glycol such as HOC(CH3)2C(CH3)2OH in acid (H+)

Schemes 12A-12D. Compounds of structure 12 are generated as shown in the schemes below. Most of the reactions are conducted essentially as described.

Compounds of structure 12 where X is NH, S and CH₂ are prepared as shown in schemes 12B, 12C and 12D respectively.
Scheme 12B

42 \[ \xrightarrow{H^+, \text{H}_2\text{O}} \] 43

1) \( \text{NH}_4\text{OH}, \text{heat} \)
2) \( \text{H}_2\text{O} \)

43 \[ \xrightarrow{\text{tosyl chloride, pyridine}} \] 44

5

44 \[ \xrightarrow{\text{potassium butoxide, butanol}} \] 45

45 \[ \xrightarrow{\text{Zn, THF}} \] 46

X = NH

12
Scheme 12C

43 \[ \rightarrow \]
1) $\text{H}_2\text{S}$
2) $\text{H}_2\text{O}$, heat

47 \[ \rightarrow \] tosyliclode, pyridine

48 \[ \rightarrow \] potassium butoxide, butanol

5 \[ \rightarrow \] Zn, THF

$x = \text{S}$

Scheme 12D

39 \[ \rightarrow \] Ph$_3$PBr, THF

10

50
50 \[ \text{HCl, H}_2\text{O} \rightarrow \]
\[ \text{sodium t-butoxide, H}_2\text{O} \rightarrow \]

51 \[ \text{oxalyl chloride} \rightarrow \]

52 \[ \text{Li (1% Na), THF, -78\degree C} \rightarrow \]

5 \[ \text{Zn, THF} \rightarrow \]

53 \[ \text{X = CH}_2 \rightarrow \]

43 \[ \text{HO-CH}_3 \rightarrow \]

54 \[ \text{PBr}_3 \rightarrow \]

92
Scheme 13. The scheme and reactions shown below are used to prepare the compound of structure 13 and related compounds that are used to introduce oxygen, carbon, nitrogen or sulfur into the R^7 and R^8 positions of formula 1 compounds. The reactant in the preparation of compound 63, 3-chloro-2-methylpropene (reg. No. 563-47-3), is available commercially (e.g., Aldrich, Fluka).
Scheme 13

HO-CH₃  \xrightarrow{THF}  HO-CH₃

58  \xrightarrow{Ph₃P-O-S-CH₃}  59  \xrightarrow{potassium t-butoxide}  \xrightarrow{butanol}  60

reg. No. 199998-50-0

60  \xrightarrow{AgNO₃, H₂O}  61

\xrightarrow{1,4-dioxane}  62  \xrightarrow{potassium t-butoxide}  63

62  \xrightarrow{H⁺, H₂O}  64
Compound 59 and analogs of compound 59 where CH₂, S or NH CH₂ replaces oxygen are prepared as shown in the following reactions. Conditions suitable for conversion of compound 106 to 107 have been described (T. Hamada et al., Heterocycles 12: 647, 1979; T. Hamada et al., J. Am. Chem. Soc. 108: 140, 1986).
66 Li, THF \[\rightarrow\] BrLi\(\rightarrow\) 78

75 \(\rightarrow\) 78 \(\rightarrow\) THF

79 \(\rightarrow\) H\(^+\), H\(_2\)O \(\rightarrow\) 80

80 \(\rightarrow\) PBr\(_3\) \(\rightarrow\) 81

81 \(\rightarrow\) 1) PPh\(_3\), THF \(\rightarrow\) 2) t-butyllithium \(\rightarrow\) 82

82 \(\rightarrow\) 12, THF \(\rightarrow\) 83
R\(^{41}\)Li, THF

1) ozonolysis
2) aldol condensation

1) ozonolysis
2) aldol condensation

H\(^+\), H\(_2\)O

1) KOH
2) CH\(_2\)O ~ 1 eq.

NaBH\(_4,\) ethanol

H\(^+\), H\(_2\)O

\(\beta\)-methoxyethoxymethyl chloride (MEM-Cl)

H\(_3\)C

Cl

H\(_3\)C

Cl
105 \text{PPh}_3, \text{THF} \quad 1) \quad \text{Ph}_3\text{P} = \text{NH}^{\text{Tos}} \quad 2) \quad \text{t}-\text{butyllithium} \\
106 \quad \text{NaBH}_4, \text{hv} \quad 107 \\
\text{H}_3\text{C} - \text{C} - \text{OCH}_3 \\
\begin{align*}
\text{PPh}_3 & \quad \text{R}^{\text{PR}} & \quad \text{R}^{\text{PR}} & = -\text{CH}_2\text{-S-CH}_3 & \quad 108 \\
\text{OH} & 
\end{align*}
108 \quad \text{H}^+ \\
109 \\
109 \quad \text{PBr}_3 \quad 1) \quad \text{R}^{\text{PR}} & \quad \text{CH}_3 & \quad \text{MgBr} & \quad 110 \\
2) \quad \text{Mg} \\
110 \quad \text{CH}_2\text{Cl} \quad \text{H}_3\text{C} - \text{CH}_2 \\
111 \\
111 \quad \text{I}^+ & \quad \text{Me}^- & \quad \text{acetone, H}_2\text{O} & \quad (\text{or HgCl}_2, \text{H}_2\text{O}) & \quad 112
Conversion of the methyl ketone \((-\text{C}(\text{O})-\text{CH}_3)\) moiety in compounds having the structure

\[
\begin{align*}
\text{R}^{41}\text{Li, THF} & \quad \text{124} \\
\text{125} & \quad \text{126}
\end{align*}
\]

(R-\text{C}(\text{O})-\text{CH}_3) to other functionalities is accomplished as follows. The methyl ketone is cleaved to yield a carboxyl moiety using, e.g., \(\text{Br}_2\) or \(\text{I}_2\) in base, followed by treatment with acid \((\text{H}_3\text{O}^+)\) essentially as described (S.J. Chakrabarty Oxidations in Organic Chemistry Part C, W. Trahn nousy, editor, Academic Press, NY, 1987,

Compounds of structure 11 are brominated using N-bromosuccinimide to obtain steroids and analogs with bromine at the 7-position.

\[
\begin{align*}
\text{Cl}_3\text{C} & \text{O} \\
\text{H}_3\text{C} & \text{O} \\
\text{Cl}_3\text{C} & \text{O} \\
\text{H}_3\text{C} & \text{O} \\
\end{align*}
\]

\[\xrightarrow{\text{NBS}}\]

\[\begin{align*}
\text{Cl}_3\text{C} & \text{O} \\
\text{H}_3\text{C} & \text{O} \\
\text{Cl}_3\text{C} & \text{O} \\
\text{H}_3\text{C} & \text{O} \\
\end{align*}\]

The 11A compounds are deprotected to yield the aldehyde compounds 12. As shown in scheme 11, the bromine atom is ultimately found at the 7-position. The bromine may be converted to a hydroxyl by reaction of the steroid with base (e.g., aqueous KOH), and the hydroxyl may in turn be protected using known methods, e.g., using CsH₅-CH₂-Br and base (KOH). The alcohol is protected and deprotected essentially using described methods, see, e.g., W.H. Hartung et al., Org. React. 7: 263, 1953; E.J. Rerst et al., J. Org. Chem. 29: 3725, 1968; A.M. Felix et al., J. Org. Chem. 43: 4194, 1978; D.A. Evans et al., J. Am. Chem. Soc. 101: 6789, 1979; international publication number WO 98/02450. Similar reactions are used to convert a bromine at other positions to a hydroxyl. Other substituents are linked to the steroids as described in schemes 1-10.

Alternative routes to introduce a functional group into the 7-position are also suitable. For example, formula 1 compounds that have a double bond at the 5-6 position and are unsubstituted at the 7-position are optionally protected, e.g., hydroxyl groups are protected with acetate, and a ketone is introduced into the 7-position by oxidation with chromic acid essentially as described (U.S patent 2170124). The carbonyl (=O) at 7 is reduced to a hydroxyl using mild conditions, e.g., Al(Oi-Pr)₃, to avoid reducing the 5-6 double bond. The use of stronger reducing conditions, e.g., reduction with LiBH₄ in THF, leads to conversion of the 7-carbonyl to hydroxyl and to reduction of the 5-6 double bond and other double bonds that may be present in the molecule.
Selective hydrogenation of a double bond at the 16-17 position without reduction of a double bond at 5-6 is accomplished using H₂ and Pd. In general, ketones (=O) can be protected using a glycol, e.g., reaction with ethylene glycol in p-toluenesulfonic acid and benzene, before subsequent oxidation or reduction reactions are conducted.

Various groups that may comprise the formula 1 compounds described herein, e.g., hydroxyl groups or ketones bonded to the steroid nucleus, or substituted alkyl groups, substituted heterocycles, amino acids and peptides, can contain one or more reactive moieties such as hydroxyl, carboxyl, amino or thiol. Intermediates used to make formula 1 compounds may be protected as is apparent in the art. Noncyclic and cyclic protecting groups and corresponding cleavage reactions are described in "Protective Groups in Organic Chemistry", Theodora W. Greene (John Wiley & Sons, Inc., New York, 1991, ISBN 0-471-62301-6) (hereafter "Greene") and will not be detailed here. In the context of the present invention, these protecting groups are groups that can be removed from the molecule of the invention without irreversibly changing the covalent bond structure or oxidation/reduction state of the remainder of the molecule. For example, the protecting group, -R²PR, that is bonded to an -O- or -NH- group can be removed to form -OH or -NH₂, respectively, without affecting other covalent bonds in the molecule. At times, when desired, more than one protecting group can be removed at a time, or they can be removed sequentially. In compounds of the invention containing more than one protecting group, the protecting groups are the same or different.

Protecting groups are removed by known procedures, although it will be understood that the protected intermediates fall within the scope of this invention. The removal of the protecting group may be arduous or straight-forward, depending upon the economics and nature of the conversions involved. In general, one will use a protecting group with exocyclic amines or with carboxyl groups during synthesis of a formula 1 compound. For most therapeutic applications amine groups should be deprotected. Protecting groups commonly are employed to protect against covalent modification of a sensitive group in reactions such as alkylation or acylation. Ordinarily, protecting groups are removed by, e.g. hydrolysis, elimination or aminolysis. Thus, simple functional considerations will suffice to guide the selection

Determination of whether a group is a protecting group is made in the conventional manner, e.g., as illustrated by Kocienski, Philip J.; "Protecting Groups" (Georg Thieme Verlag Stuttgart, New York, 1994) (hereafter "Kocienski"), Section 1.1, page 2, and Greene Chapter 1, pages 1-9. In particular, a group is a protecting group if when, based on mole ratio, 90% of that protecting group has been removed by a deprotection reaction, no more than 50%, typically 25%, more typically 10%, of the deprotected product molecules of the invention have undergone changes to their covalent bond structure or oxidation/reduction state other than those occasioned by the removal of the protecting group. When multiple protecting groups of the same type are present in the molecule, the mole ratios are determined when all of the groups of that type are removed. When multiple protecting groups of different types are present in the molecule, each type of protecting group is treated (and the mole ratios are determined) independently or together with others depending on whether the deprotection reaction conditions pertinent to one type are also pertinent to the other types present. In one embodiment of the invention, a group is a protecting group if when, based on mole ratio determined by conventional techniques, 90% of that protecting group has been removed by a conventional deprotection reaction, no more than 50%, typically 25%, more typically 10%, of the deprotected product molecules of the invention have undergone irreversible changes to their covalent bond structure or oxidation/reduction state other than those occasioned by the removal of the protecting group. Irreversible changes require chemical reactions (beyond those resulting from aqueous hydrolysis, acid/base neutralization or conventional separation, isolation or purification) to restore the covalent bond structure or oxidation/reduction state of the deprotected molecule of the invention.

Protecting groups are also described in detail together with general concepts and specific strategies for their use in Kocienski, Philip J.; "Protecting Groups" (Georg Thieme Verlag Stuttgart, New York, 1994), which is incorporated by reference in its entirety herein. In particular Chapter 1, Protecting Groups: An
Overview, pages 1-20, Chapter 2, Hydroxyl Protecting Groups, pages 21-94, Chapter 3, Diol Protecting Groups, pages 95-117, Chapter 4, Carboxyl Protecting Groups, pages 118-154, Chapter 5, Carbonyl Protecting Groups, pages 155-184, Chapter 6, Amino Protecting Groups, pages 185-243, Chapter 7, Epilog, pages 244-252, and Index, pages 253-260, are incorporated with specificity in the context of their contents. More particularly, Sections 2.3 Silyl Ethers, 2.4 Alkyl Ethers, 2.5 Alkoxycarboxylic Ethers (Acetals), 2.6 Reviews (hydroxy and thiol protecting groups), 3.2 Acetals, 3.3 Silylene Derivatives, 3.4 1,1,3,3-Tetraisopropyldisiloxanylidene Derivatives, 3.5 Reviews (diol protecting groups), 4.2 Esters, 4.3 2,6,7-Trioxabicyclo[2.2.2]octanes [OBO] and Other Ortho Esters, 4.4 Oxazolines, 4.5 Reviews (carboxyl protecting groups), 5.2 O,O-Acetals, 5.3 S,S-Acetals, 5.4 O,S-Acetals, 5.5 Reviews (carbonyl protecting groups), 6.2 N-Acyl Derivatives, 6.3 N-Sulfonylethyl Derivatives, 6.4 N-Sulfonyl Derivatives, 6.5 N-Alkyl Derivatives, 6.6 N-Silyl Derivatives, 6.7 Imine Derivatives, and 6.8 Reviews (amino protecting groups), are each incorporated with specificity where protection/deprotection of the requisite functionalities is discussed. Further still, the tables "Index to the Principal Protecting Groups" appearing on the inside front cover and facing page, "Abbreviations" at page xiv, and "reagents and Solvents" at page xv are each incorporated in their entirety herein at this location.

Typical hydroxyl protecting groups are described in Greene at pages 14-118 and include Ethers (Methyl); Substituted Methyl Ethers (Methoxymethyl, Methylthiomethyl, t-Butyldimethylsilyl)methoxymethyl, Benzoxymethyl, p-Methoxybenzoxymethyl, (4-Methoxyphenoxymethyl), Guaiacolmethyl, t-Butoxymethyl, 4-Pentenoxymethyl, Siloxymethyl, 2-Methoxyethoxymethyl, 2,2,2-Trichloroethoxymethyl, Bis(2-chloroethoxy)methyl, 2-(Trimethylsilyl)ethoxymethyl, Tetrahydropropyranyl, 3-Bromotetrahydropropyranyl, Tetrahydropiropyranyl, 1-Methoxycyclohexyl, 4-methoxytetrahydropropyranyl, 4-Methoxytetrahydropropyranyl, 4-Methoxytetrahydropropyranyl S,S-Dioxyd, 1-[(2-Chloro-4-methyl)phenyl]-4-methoxypiperidin-4-yl, 1,4-Dioxan-2-yl, Tetrahydrofuran, Tetrahydrothiofuran, 2,3,3a,4,5,6,7,7a-Octahydro-7,8,8-trimethyl-4,7-methanobenzofuran-2-yl); Substituted Ethyl Ethers (1-Ethoxymethyl, 1-(2-Chloroethoxy)ethyl, 1-Methyl-1-methoxyethyl, 1-Methyl-1-benzyloxyethyl, 1-
Methyl-1-benzyloxy-2-fluoroethyl, 2,2,2-Trichloroethyl, 2-Trimethylsilyl ethyl, 2-(Phenylselenyl)ethyl, t-Butyl, Allyl, p-Chlorophenyl, p-Methoxyphenyl, 2,4-Dinitrophenyl, Benzyl); Substituted Benzyl Ethers (p-Methoxybenzyl, 3,4-Dimethoxybenzyl, o-Nitrobenzyl, p-Nitrobenzyl, p-Halobenzyl, 2,6-Dichlorobenzyl, p-Cyanobenzyl, p-Phenylbenzyl, 2- and 4-Picolyl, 3-Methyl-2-picolyl N-Oxido, Diphenylmethyl, p, p'-Dinitrobenzhydryl, 5-Dibenzosuberyl, Triphenylmethyl, alpha-Naphthyl diphenylmethyl, p-Methoxyphenyl diphenylmethyl, Di(p-methoxyphenyl) phenylmethyl, Tri(p-methoxyphenyl) methyl, 4-(4'-Bromophenacyloxy) phenyl diphenylmethyl, 4,4', 4''-Tris(4,5-dichlorophthalimidophenyl)methyl, 4,4', 4''-
Tris(levulinoyloxyphenyl)methyl, 4,4', 4''-Tris(benzoyloxyphenyl)methyl, 3-(Imidazol-1-ylmethyl)bis(4', 4''-dimethoxyphenyl)methyl, 1,1-Bis(4-methoxyphenyl)-1'-pyrenylmethyl, 9-Anthryl, 9-(9-Phenyl)xanthene, 9-(9-Phenyl-10-oxo)anthryl, 1,3-Benzodithiolan-2-yl, Benzoisothiazol, S,S-Dioxido); Silyl
Ethers (Trimethylsilyl, Triethylsilyl, Triisopropylsilyl, Dimethylisopropylsilyl, Diethylisopropylsilyl, Dimethylhexylsilyl, t-Butyldimethylsilyl, t-Butyldiphenylsilyl, Tribenzylsilyl, Tri-p-xylylsilyl, Triphenylsilyl, Diphenylmethylsilyl, t-Butylmethoxyphenylsilyl); Esters (Formate, Benzoylformate, Acetate, Choroacetate, Dichloroacetate, Trichloroacetate, Trifluoroacetate, Methoxyacetate, Triphenyl-methoxyacetate, Phenoxyacetate, p-Chlorophenoxyacetate, p-poly-Phenylacetate, 3-Phenylpropionate, 4-Oxopentanoate (Levulinate), 4,4-(Ethyleneedithio)pentanoate, Pivaloate, Adamantoate, Crotonate, 4-Methoxycrotonate, Benzoate, p-Phenyl benzoate, 2,4,6-Trimethylbenzoate (Mesitoate); Carbonates (Methyl, 9-Fluorenylmethyl, Ethyl, 2,2,2-Trichloroethyl, 2-(Trimethylsilyl)ethyl, 2-(Phenylsulfonyl)ethyl, 2-(Triphenylphosphonio)ethyl, Isobutyl, Vinyl, Allyl, p-Nitrophenyl, Benzyl, p-Methoxybenzyl, 3,4-Dimethoxybenzyl, o-Nitrobenzyl, p-Nitrobenzyl, S-Benzyl Thiacarbonate, 4-Ethoxy-1-naphthyl, Methyl Dithiocarbonate); Groups With Assisted Cleavage (2-Iodobenzoate, 4-Azidobutrate, 4-Nitro-4-methylpentanoate, o-(Dibromomethyl) benzoate, 2-Formylbenzenesulfonate, 2-(Methylthiomethoxy)ethyl Carbonate, 4-(Methylthiomethoxy) butyrate, 2-(Methylthiomethoxymethyl)benzoate); Miscellaneous Esters (2,6-Dichloro-4-methylphenoxycetate, 2,6-Dichloro-4-(1,1,3,3-tetramethyl-
butyl)phenoxyacetate, 2,4-Bis(1,1-dimethylpropyl)phenoxyacetate,
Chorodiphenoyletacetate, Isobutyrate, Monosuccinoate, (E)-2-Methyl-2-butenoate
(Tigloate), α-(Meoxycarbonyl)benzoate, p-poly-Benzoate, α-Naphthoate,
Nitrate, Alkyl N,N,N', N-Tetramethylphosphorodiamidate, N-Phenylcarbamate,
Borate, Dimethyl(phosphinothioyl, 2,4-Dinitro-phenylsulfenate); and Sulfonates
(Sulfate, Methanesulfonate (Mesylate), Benzysulfonate, Tosylate (Tos)).

More typically hydroxy protecting groups include substituted methyl ethers,
substituted benzyl ethers, silyl ethers, and esters including sulfonic acid esters, still
more typically, trialkylsilyl ethers, tosylates and acetates.

Typical 1,2- and 1,3-diol protecting groups are described in Greene at
pages 118-142 and include Cyclic Acetals and Ketals (Methylene, Ethylidene, 1-
t-Butylethylidene, 1-Phenylethylidene, (4-Methoxyphenyl)ethylidene, 2,2,2-
Trichloroethyldene, Acetonide (Isopropylidene), Cyclopentylidene,
Cyclohexylidene, Cycloheptylidene, Benzylidene, p-Methoxybenzylidene, 2,4-
Dimethoxybenzylidene, 3,4-Dimethoxybenzylidene, 2-Nitrobenzylidene); Cyclic
Ortho Esters (Methoxymethylene, Ethoxymethylene, Dimethoxymethylene, 1-
Methoxyethylidene, 1-Ethoxyethylidene, 1,2-Dimethoxyethylidene, alpha-
Methoxybenzylidene, 1-(N,N-Dimethylamino)ethylidene Derivative, alpha-(N,N-
Dimethylamino)benzylidene Derivative, 2-Oxacyclopentylidene); and Silyl
Derivatives (Di-t-butylsilylene Group, 1,3-(1,1,3,3-Tetraisopropylsiloxy)
Derivative, Tetra-t-butoxydisiloxane-1,3-diylidene Derivative, Cyclic Carbonates, Cyclic Boronates, Ethyl Boronate, Phenyl
Borionate).

More typically, 1,2- and 1,3-diol protecting groups include epoxides and
acetonides.

Typical amino protecting groups are described in Greene at pages 315-
385 and include Carbamates (Methyl and Ethyl, 9-Fluorenmethyl, 9(2-
Sulfo)fluoroethylmethyl, 9-(2,7-Dibromo)fluoroethylmethyl, 2,7-Di-t-buthyl-[9-(10,10-
dioxo-10,10,10-tetrahydrothioxanthyl)]-methyl, 4-Methoxy-phenacyl);
Substituted Ethyl (2,2,2-Trichloroethyl, 2-Trimehylsilylthethyl, 2-Phenylethyl, 1-(1-
Adamantyl)-1-methylethyl, 1,1-Dimethyl-2-haloethyl, 1,1-Dimethyl-2,2-
dibromoethyl, 1,1-Dimethyl-2,2,2-trichloroethyl, 1-Methyl-1-(4-biphenylyl)ethyl, 1-
(3,5-Di-t-butylphenyl)-1-methylethyl, 2-(2'- and 4'-Pyridyl)ethyl, 2-(N,N-
Dicyclohexylcarboxamido)ethyl, t-Butyl, 1-Adamantyl, Vinyl, Allyl, 1-
Isopropylallyl, Cinnamyl, 4-Nitrocinnamyl, 8-Quinolyl, N-Hydroxypropenidinyl,
Alkylthiio, Benzyl, p-Methoxybenzyl, p-Nitrobenzyl, p-Bromobenzyl, p-
Chlorobenzyl, 2,4-Dichlorobenzyl, 4-Methylsulfonylbenzyl, 9-Anthrylmethyl,
Diphenylmethyl); Groups With Assisted Cleavage (2-Methylthioethyl, 2-
Methylsulfonylethyl, 2-(p-Toluene sulfonylethyl), [2-(1,3-Dithianyl)]methyl, 4-
Methylthiophenyl, 2,4-Dimethylthiophenyl, 2-Phosphonoethyl, 2-
Triphenylphosphonioisopropyl, 1,1-Dimethyl-2-cyanoethyl, m-Choro-p-
acycloxybenzyl, p-(Dihydroxyboryl)benzyl, 5-Benzisoxazolylmethyl, 2-
(Trifluoromethyl)-6-chromonylmethyl); Groups Capable of Photolytic Cleavage
(m-Nitrophenyl, 3,5-Dimethoxybenzyl, o-Nitrobenzyl, 3,4-Dimethoxy-6-
nitrobenzyl, Phenyl(o-nitrophenyl)methyl); Urea-Type Derivatives
(Phenothiazinyl-(10)-carbonyl Derivative, N'-p-Toluene sulfonylaminocarbonyl, N'-
Phenylaminothiocarbonyl); Miscellaneous Carbamates (t-Amyl, S-Benzyl
Thiocarbamate, p-Cyanobenzyl, Cyclobutyl, Cyclohexyl, Cyclopentyl,
Cyclopropylmethyl, p-Decyloxybenzyl, Diisopropylmethyl, 2,2-
Dimethoxyarboxyvinyl, o-(N,N-Dimethyl-carboxamido)benzyl, 1,1-Dimethyl-3-
(N,N-dimethylcarboxamido)propyl, 1,1-Dimethylpropynyl, Di(2-pyridyl)methyl, 2-
Furanylmethyl, 2-Iodoethyl, Isobornyl, Isobutyl, Isonicotinyl, p-(p'-
Methoxyphenylazobenzyl, 1-Methylcyclobutyl, 1-Methylcyclohexyl, 1-Methyl-1,
Cyclopropylmethyl, 1-Methyl-1-(3,5-dimethoxyphenyl)ethyl, 1-Methyl-1-(p-
phenylazophenyl)ethyl, 1-Methyl-1-phenylethyl, 1-Methyl-1-(4-pyridyl)ethyl,
Phenyl, p-(Phenylazo)-benzyl, 2,4,6-Tri-t-butylphenyl, 4-
(Trimethylammonium)benzyl, 2,4,6-Trimethylbenzyl); Amides (N-Formyl, N-
Acetyl, N-Choroacetyl, N-Trichoroacetyl, N-Trifluoroacetyl, N-Phenylacetyl, N-3-
Phenylpropionyl, N-Picolinoyl, N-3-Pyridylcarboxamide, N-Benzoylphenylalanyl
Derivative, N-Benzyl, N-p-Phenylbenzyl); Amides With Assisted Cleavage (N-
o-Nitrophenylacetyl, N-o-Nitrophenoxycetyl, N-Acetoacetyl, (N'-
Dithiobenzyloxy carbonylamino)acetyl, N-3-(p-Hydroxyphenyl)propionyl, N-3-(o-
Nitrophenyl)propionyl, N-2-Methyl-2-(o-nitrophenoxy)propionyl, N-2-Methyl-2-(o-
phenylazophenoxy)propionyl, N-4-Chlorobutryl, N-3-Methyl-3-nitrobutyryl, N-o-
Nitrocinnamoyl, N-Acetylmethionine Derivative, N-o-Nitrobenzoyl, N-o-
(Benzoyloxymethyl)benzoyl, 4,5-Diphenyl-3-oxazolin-2-one); Cyclic Imide
Derivatives (N-Phthalimide, N-Dithiasuccinoyl, N-2,3-Diphenylmaleoyl, N-2,5-Dimethylpyrrolid, N-1,1,4,4-Tetramethyl-disilazacyclopentane Adduct, 5-Substituted 1,3-Dimethyl-1,3,5-triazacyclohexan-2-one, 5-Substituted 1,3-Dibenzyl-1,3,5-triazacyclohexan-2-one, 1-Substituted 3,5-Dinitro-4-pyridonyl); N-Alkyl and N-Aryl Amines (N-Methyl, N-Allyl, N-[2-(Trimethylsilyl)ethoxy]methyl, N-3-Acetoxypropyl, N-(1-Isopropyl-4-nitro-2-oxo-3-pyrrolin-3-yl), Quaternary Ammonium Salts, N-Benzyl, N-Di(4-methoxyphenyl)methyl, N-5-Dibenzosuberyl, N-Triphenylmethyl, N-(4-Methoxyphenyl)diphenylmethyl, N-9-Phenyfluoren-9-yl, N-2,7-Dichloro-9-fluorenylmethylene, N-Ferrocenylmethyl, N-2-Picolylamine N'-Oxide); Imine Derivatives (N-1,1-Dimethylthiomyethylene, N-Benzylidene, N-p-Methoxybenzylidene, N-Diphenylmethylene, N-[2-Pyridy1]mesityl)methylene, N,N,N'-Dimethylaminomethylenine, N,N'-Isopropylidene, N-p-Nitrobenzylidene, N-Salicylidene, N-5-Chlorosalicylidene, N-(5-Chloro-2-hydroxyphenyl]phenylmethylene, N-Cyclohexylidene); Enamine Derivative (N-(5,5-Dimethyl-3-oxo-1-cyclohexenyl)); N-Metal Derivatives (N-Borane Derivatives, N-Diphenylborinic Acid Derivative, N-[Phenyl(pentacarbonylorhodium- or -tungsten)]carbenyl, N-Copper or N-Zinc Chelate); N-N Derivatives (N-Nitro, N-Nitroso, N-Oxide); N-P Derivatives (N-Diphenylphosphinyl, N-Dimethylthiophosphinyl, N-Diphenylthiophosphinyl, N-Dialkyl Phosphoryl, N-Dibenzy1 Phosphoryl, N-Diphenyl Phosphoryl); N-Si Derivatives; N-S Derivatives; N-Selenyl Derivatives (N-Benzeneselenyl, N-o-Nitrobenzeneselenyl, N-2,4-Dinitrobenzeneselenyl, N-Pentachlorobenzeneselenyl, N-2-nitro-4-methoxybenzeneselenyl, N-Triphenylmethyselenyl, N-3-Nitropyridineselenyl); and N-Sulfonl Derivatives (N-p-Toluencesulfonyl, N-Benzencesulfonyl, N-2,3,6-Trimethyl-4-methoxybenzenesulfonyl, N-2,4,6-Trimethoxybenzenesulfonyl, N-2,6-Dimethyl-4methoxybenzenesulfonyl, N-Pentamethylbenzenesulfonyl, N-2,3,5,6,7-Tetramethyl-4-methoxybenzenesulfonyl, N-4-methoxybenzenesulfonyl, N-2,4,6-Trimethoxybenzenesulfonyl, N-2,6-Dimethoxy-4-methylbenzenesulfonyl, N-2,2,5,7,8-Pentamethylchroman-6-sulfonyl, N-Methanesulfonyl, N- beta-Trimethylsilylthanesulfonyl, N-9-Anthracesulfonyl, N-4-(4',8'-Dimethoxynaphthylmethyl)benzenesulfonyl, N-Benzylsulfonyl, N-Trifluoromethylsulfonyl, N-Phenacylsulfonyl).
More typically, amino protecting groups include carbamates and amides, still more typically, N-acetyl groups.

Groups capable of biological cleavage typically include prodrugs. A large number of such groups are described in "Design of Prodrugs", Hans Bundgaard (Elsevier, N.Y., 1985, ISBN 0-444-80675-X) (Bundgaard) and will not be detailed here. In particular, Bundgaard, at pages 1-92, describes prodrugs and their biological cleavage reactions for a number of functional group types. Prodrugs for carboxyl and hydroxyl groups are detailed in Bundgaard at pages 3 to 10, for amides, imides and other NH-acidic compounds at pages 10 to 27, amines at pages 27 to 43, and cyclic prodrugs at pages 62 to 70. These moieties are optionally bonded to the steroid at one two or more of R₁-R₆, R₁⁰, R₁⁵, R₁⁷ and R₁₈.

Therapeutic applications. Aspects of the invention include methods to treat or prevent various blood cell deficiencies such as TP or NP. Without being bound to any theory, the treatment methods may result in enhanced hemopoiesis or the treatment methods may reduce the loss of cells such as platelets or neutrophils. Increased platelet or neutrophil production or reduced loss is typically observed as increased circulating blood cell counts. Thus, invention aspects comprise methods to treat or prevent neutropenia in a subject in need thereof, comprising administering to a subject in need, or delivering to the subject's tissues, an effective amount of a formula 1 compound.

Normal ranges of various white blood cells or blood components in adult (about 18-49 years of age) human blood are as follows. Total adult white blood cell counts average about 7500/mm³, with an approximate normal range of about 4.5 - 11.0 x 10⁹/mm³. The normal basophil level is about 35 mm⁻³, with a normal range of about 10-100/mm³. The normal adult neutrophil level is about 4400/mm³, with a normal range of about 2000-7700/mm³. The normal eosinophil level is about 275 mm⁻³, with a normal range of about 150-300/mm³. The normal monocyte level is about 540 mm⁻³, with a normal range of about 300-600/mm³. The normal adult platelet level is about 2.5 x 10⁹/mm³, with a normal range of about 2.1 x 10⁹ - 2.9 x 10⁹/mm³. The normal adult red cell mass corresponds to about 4.6 x 10¹² red cells/L in females and about 5.2 x 10¹² red cells/L in males.

Thus, a human patient in need of treatment will typically have, or be subject to, a cell count below these values. As used herein, neutropenia means generally a
circulating neutrophil count of less than about 1800/mm$^3$, generally a count of about 1500/mm$^3$ or less. Thrombocytopenia generally means a circulating platelet count of less than about 1.9 x 10$^5$/mm$^3$, generally a count of less than about 1.2 x 10$^5$/mm$^3$. Anemia generally means a red cell mass corresponding to less than about 4.0 x 10$^{12}$ red cells/L in adult females and less than about 4.5 x 10$^{12}$ red cells/L in adult males (a hemoglobin level of less than about 12.0 g/dL in adult females and less than about 13.5 g/dL in adult males).

In some cases, the diagnosis of a deficiency may cover a cell count that falls outside these ranges, due, e.g., to individual variations in a subject's age, sex, race, animal strain or normal blood cell status for the individual. Such variations are identified by known means such as by identification of a change from the subject's normal status or by multiple cell measurements over time that reveal a deficiency. See, e.g., *Hematology - Basic Principles and Practice*, 2nd edition, R. Hoffman, E.J. Benz Jr. et al., editors, Churchill Livingstone, New York, 1995. Subjects with an identified or identifiable deficiency outside these standard ranges are included in the definition of a blood cell deficiency or a subject in need of treatment, as used herein.

Specific conditions that are amenable to prophylaxis or treatment by the invention methods include the acquired blood cell deficiencies. Exemplary deficiencies or groups of deficiencies are neonatal alloimmune TP, immune TP, immune thrombocytopenic purpura, thrombotic thrombocytopenic purpura, post-transfusion purpura, radiation associated TP, chemotherapy associated TP (e.g., NSAID treatments such as with indomethacin, ibuprofen, naproxen, phenylbutazone, piroxicam or zompirac, or β-lactam antibiotic treatments such as with ampicillin, carbenacillin, penicillin G, ticarcillin, or cephalosporin treatments such as with cefazolin, cefoxitin or cephalothin, anticoagulant treatments such as heparin, hirudin, lepirudin or aspirin, treatment with plasma expanders or psychotropic drugs), amegakaryocytic TP, chemotherapy associated TP, radiation associated TP, TP associated with solid organ allograft or xenograft rejection or immune suppression therapy in solid organ or other tissue transplants (e.g., liver, lung, kidney, heart, bone marrow, hematopoietic stem cell or endothelial cell transplant, implant or transfusion), cardiopulmonary bypass surgery or chemotherapy associated TP (e.g., an anticancer, antiviral, antibacterial, antifungal or antiparasite therapy), cardiovascular disease or therapy associated TP (e.g., congenital cyanotic heart
disease, valvular heart disease, pulmonary embolism, pulmonary hypertension
disorders or diltiazem, nifedipine, nitroglycerin or nitroprusside therapy), TP
associated with chronic or acute renal failure or treatment for these conditions (e.g.,
dialysis), TP associated with infection such as a virus or bacterial infection,
postinfectious NP, drug-induced NP, autoimmune NP, chronic idiopathic NP,
basophilic leukopenia, eosinophilic leukopenia, monocytic leukopenia, neutrophilic
leukopenia, cyclic NP, periodic NP, chemotherapy associated NP, radiation
associated NP, chemotherapy associated NP, radiation associated NP, NP
associated with solid organ allograft or xenograft rejection or immune suppression
therapy in solid organ or other tissue transplants (e.g., liver, lung, kidney, heart, bone
marrow, hematopoietic stem cell or endothelial cell transplant, implant or
transfusion), chemotherapy associated leukopenia, radiation associated leukopenia,
leukopenia associated with solid organ allograft or xenograft rejection or immune
suppression therapy in solid organ or other tissue transplants (e.g., liver, lung,
kidney, heart, bone marrow, hematopoietic stem cell or endothelial cell transplant,
implant or transfusion), immune hemolytic anemias, anemia associated with chronic
or acute renal failure or treatment for these conditions (e.g., dialysis), anemia
associated with chemotherapy (e.g., isoniazid, prednisone) or anemia associated
with radiation therapy.

Some of the blood cell deficiencies are associated with, or caused by, other
therapeutic treatments, e.g., cancer chemotherapy, anti-pathogen chemotherapy,
radiation therapy and chemotherapy for suppression of autoimmunity or immune
suppression therapy for organ or tissue transplantation or implantation. In many
cases it would be medically sound to continue the treatment associated with causing
or exacerbating the blood cell deficiency. Thus, one would generally conduct the
invention methods with subjects who are undergoing another therapy at the same
time or near the same time, e.g., within a few days to within about 1-6 months. Such
subjects typically will have an identified blood cell deficiency such as a NP or a TP,
e.g., as disclosed herein. However, the formula 1 compounds are generally suitable
for preventing the onset of such deficiencies, and they can thus be used
prophylactically in these indications. The invention includes all of these
embodiments.
In some embodiments, the invention method is accomplished using an effective amount of one or more growth factors or cytokines as a means to further enhance the effect of the formula 1 compounds for their intended uses or to modulate their effects. Suitable growth factors and cytokines are as described herein or in the cited references. For example, when one administers the formula 1 compound to enhance generation of platelets in humans or other subjects, or their precursor cells such as BFU-Mk, CFU-Mk, immature megakaryocytes or mature postmitotic megakaryocytes, one can also administer one or more of G-CSF, GM-CSF, SCF, Steel factor ("SF"), leukemia inhibitory factor ("LIF"), interleukin-1α, ("IL-1α"), IL-3, IL-6, IL-11, TPO, EPO, their isoforms, their derivatives (e.g., linked to a PEG or fusions such as PIXY321) or their homologs for other species. Similarly, administration of the formula 1 compound to enhance the generation or function of myelomonocytic cells such as neutrophils, basophils or monocytes in humans or other subjects, one can also administer one or more of G-CSF, GM-CSF, M-CSF, LIF, TPO, SF, interleukin-1 ("IL-1"), IL-2, IL-3, IL-4, interleukin-5 ("IL-5"), IL-6, IL-11, interleukin-12 ("IL-12"), interleukin-13 ("IL-13"), FLT3 ligand, their isoforms, homologs or derivatives (e.g., linked to a PEG or fusions such as PIXY321) or their homologs for other species. To enhance generation of red cells or their precursor cells such as CFU-GEMM, BFU-E or CFU-E in humans being treated with a formula 1 compound, one can co-administer one or more of G-CSF, GM-CSF, IL-1, IL-3, IL-6, TPO, EPO, transforming growth factor-β1, their isoforms, their derivatives (e.g., linked to a PEG or fusions such as PIXY321) or their homologs for other species. See, e.g., Hematology - Basic Principles and Practice, 3rd edition, R. Hoffman, E.J. Benz Jr. et al., editors, Churchill Livingstone, New York, 2000 (see, e.g., Chapters 14-17 at pages 154-260). The co-administration of such factors in these methods is intended to enhance the efficacy of the formula 1 compound treatment, which is optionally measured by taking suitable blood or tissue, e.g., bone marrow, samples at one or more times before and after the compounds have been administered. Such co-administration will generally be compatible with a subject’s condition and other therapeutic treatments. Co-administration of such factors can precede, be simultaneous with, or follow the times of administration of the formula 1 compound(s) to the subject. Dosages of such growth factors would generally be similar to those previously described, e.g., typically an initial course of treatment comprises
administering about 1.0 to about 20 μg/kg/d for about 1-10 days, or as described in, e.g., *Hematology - Basic Principles and Practice*, 3rd edition, R. Hoffman, E.J. Benz Jr. et al., editors, Churchill Livingstone, New York, 2000 (see, e.g., Chapter 51 at pages 939-979 and the references cited therein).

In cases where a subject’s blood cell deficiency is caused by, or associated with another therapy, the invention contemplates that the other therapy will continue, if this is reasonable under the circumstances. The timing of other therapies can precede, be simultaneous with, or follow the times of administration of the formula 1 compound(s) to the subject. For example, chemotherapy for some malignancies is accompanied by myelosuppression or a deficiency in one or more blood cell types, e.g., TP or NP. Continued treatment would be called for in some cases, and then the invention methods would be employed to deliver to the subject an effective amount of a formula 1 compound. Thus, alkylating agents, antimicrotubule agents, antimetabolites, topoisomerase I or II inhibitors, or platinum compounds such as one or more of mechloretamine, vincristine, vinblastine, bleomycin, doxorubicin, epirubicin, tamoxifen, cyclophosphamide, etoposide, methotrexate, ifosfamide, melphalan, chlorambucil, busulfan, carmustine, lomustine, streptozocin, dacarbazine, vinorelbine, paclitaxel (taxol), docetaxel, cytosine arabinoside, hydroxyurea, fludarabine, 2'-chlorodeoxyadenosine, 2'-deoxycoformycin, 6-thioguanine, 6-mercaptopurine, 5-azacytidine, gemcitabine, arabinofuranosylguanine, daunorubicin, mitoxantrone, amsacrine, topotecan, irinotecan, cisplatin, carboplatin, pilcamycin, procarbazine, asparaginase, aminoglutethimide, actinomycin D, azathioprine and gallium nitrate may be administered in conjunction with administration of any formula 1 compound(s) that is disclosed herein. Treatments with other therapeutic agents such as heparin or nucleoside analogs such as 3-thiacytosine, azidothymidine or dideoxycytosine, or other antimicrobials such as cephalosporin, quinine, quinidine, gold salts (e.g., aurothioglucoce), ciprofloxacin, clarithromycin, fluconazole, fusidic acid, gentamycin, nalidixic acid, penicillins, pentamidine, rifampicin, sulfa antibiotics, suramin or vancomycin may result in a blood cell deficiency(s) and they can thus be combined with administration of a formula 1 compound to treat the deficiency, or to ameliorate a symptom thereof. Similarly, anti-inflammatory drugs (e.g., salicylates), cardiac drugs (e.g., digitoxin), β-blockers or antihypertensive drugs (e.g., oxprenolol or
captopril), diuretics (e.g., spironolactone), benzodiazepines, (e.g., diazepam) or antidepressants (e.g., amitriptyline, doxepin). Any of these methods also optionally include co-administration of one or more of the growth factors described above, e.g., IL-3, G-CSF, GM-CSF or TPO.

In related embodiments, the activity or numbers of neutrophils or monocytes is enhanced by co-administering the formula 1 compound with an neutrophil or monocyte stimulator, which is an non-protein agent or molecule that can stimulate the activity or number of neutrophils or monocytes in a subject. This aspect of the present invention encompasses any technique to enhance neutrophil or monocyte counts or activity. Means to accomplish this include administering an effective amount of a formula 1 compound and an effective amount of one or more of lithium, e.g., in the form of a salt such as lithium carbonate or chloride, deuterium oxide, levamisole (an anthelminthic agent), lactoferrin, thyroxine, tri-iodothyromine, anthrax toxin, ascorbic acid, l-palmitoyl-lysophosphatidic acid, a calcium ionophore, e.g., A23187, cytochalasin B, sodium butyrate, piracetamine, micronized L-arginine, hydroxyurea and a bacterial lipopolysaccharide.

The neutrophil or monocyte stimulator can be administered at various time relative to administration of the formula 1 compound, including about 2-4 hours to about 1 or 2 weeks before administering the formula 1 compound and including administration that is essentially simultaneous with administering the formula 1 compound. Typically a neutrophil or monocyte stimulator will be dosed according to known methods, including daily dosing of about 0.01 mg/kg/day to about 25 mg/kg/day. For example, about 1 g/day of ascorbic acid (e.g., about 0.5 to about 1.5 g/day) can be administered to humans. When deuterium oxide is used as a neutrophil or monocyte stimulator, liquid aqueous formulations may comprise a formula 1 compound and deuterium oxide in place of some or all of the water. Naturally occurring water contains approximately 1 part of deuterium oxide per 6500 parts water. Thus, the water present in a formulation may comprise, e.g., at least 1 part D₂O in 6000 parts H₂O, or at least 1 part in 100 parts, or about 50 parts or more per 100 parts of water. These aqueous formulations may comprise one or more additional excipients such as a cyclodextrin such as β-hydroxypropylcyclodextrin. Formulations comprising cyclodextrin and deuterium oxide, or comprising cyclodextrin, deuterium oxide and water, may thus comprise deuterium oxide in an
amount greater than 1 part per 6500 parts water, such as 1 part deuterium oxide per 1 - 100 parts water, e.g., 50 parts deuterium oxide per 100 parts water. The amount of cyclodextrin can be in the range of from about 2 to about 85 grams per liter of water and/or deuterium oxide, such as in the range of from about 5 to about 70 grams per liter of water and/or deuterium oxide, one example of a suitable amount being in the range of about 45 grams per liter of water and/or deuterium oxide.

In conducting any of the invention methods disclosed herein, one can monitor the subject's clinical condition at any relevant time before, during or after administration of the formula 1 compounds, which treatments are optionally combined with any of the other agents or treatments disclosed herein, such as cytokines, interleukins or an agent or molecule that can stimulate the activity or number of neutrophils or monocytes. The subject's blood can be drawn on one, two or more occasions in advance of treatment to, e.g., obtain a baseline or initial level of white or red blood cells, to verify a presumptive diagnosis of a blood cell deficiency or to determine a blood parameter such as circulating myelomonocyte counts, circulating neutrophil counts, circulating platelet counts or the myeloperoxidase index. Then, during the course of treatment or thereafter the subject's blood can be drawn on one, two or more occasions to follow the subject's response.

The formula 1 compounds are believed to be effective in facilitating release of myeloperoxidase from granulated neutrophils. The enzyme generates free hydrogen peroxide. Some of the formula 1 compounds, e.g., compounds with a halogen such as bromine or iodine at, e.g., the 16 position, can be metabolized to provide a source of halogen. In cases where the halogen is released, the released halogen can react with hydrogen peroxide (H₂O₂) to generate hypohalogenous acid such as hypobromous acid (HOBr). Exemplary compounds include a halogenated formula 1 compound such as 16-bromoepiandrosterone. Alternatively, a halogen salt, e.g., KBr, NaBr, KI or NaI, can be administered to the subject to provide a source of halogen. The halogen source can be administered to a subject as a component in a formulation that comprises a formula 1 compound or it can be administered separately. Hypohalogenous acid is a potent antimicrobial agent, which may be effective in reducing pathogens in the circulatory system of subjects with a blood cell deficiency who also have a pathogen infection. Hypohalogenous acid that is generated in vivo would provide benefits to such subject as shown by, e.g., a
reduced quantitative circulating viral or bacterial culture measurement, without the toxicity that is normally associated with its direct administration to a subject. Biological activities of white blood peroxidase enzymes have been described, see, e.g., M. Saran et al., *Free Radical Biol. Med.* 1999 26:482-490, W. Wu et al., *J. Clin. Invest.* 2000 105:1455-1463 and Z. Shen et al., *Biochemistry* 2000 39:5474-5482.

Invention embodiments include methods that comprise administering to a subject in need thereof an effective amount of a formula 1 compound and an effective amount of at least one form of interferon, such as γ-Interferon or a growth factor or interleukin such as G-CSF or IL-6. Interferons can enhance the biological activity of the white cells that arise from increased hemopoiesis. This can be particularly useful when the subject's circulating blood cell deficiency is associated with, e.g., an infection or a chemotherapy that suppresses hemopoiesis. Administration of a growth factor or an interleukin such as IL-6 can facilitate hemopoiesis by stimulating quiescent stem cells or other progenitors that give rise to deficient cell types. Related embodiments replace growth factor or interferon administration partially or completely by increasing endogenous production in the subject using conventional methods, e.g., administering double stranded RNA to stimulate γ-IFN.

For cases where γ-IFN is administered, the administration is usually relatively constant, e.g., daily. This is because in patients in whom γ-IFN is not generated endogenously in significant amounts, there is a tendency for levels of γ-IFN to drop relatively quickly, i.e., within one day. In other words, in a patient in whom initially, γ-IFN levels are close to zero, it should be administered in an amount which is effective to bring γ-IFN levels to within normal levels, e.g., up to 10 nanograms per milliliter, and a similar amount of γ-IFN should be administered each day thereafter.


In embodiments where the subject has, or is susceptible to, an infection, administration of the formula 1 compound is optionally accompanied by administration of an agent that can inhibit γ-glutamylcysteine synthetase in the subject. Such inhibition can enhance the capacity of the formula 1 compounds to inhibit replication of pathogens or to sensitize pathogens to metabolites derived from the formula 1 compounds. Suitable γ-glutamylcysteine synthetase inhibitors include buthionine-sulfoximine (BSO), which may be in the form of, e.g., L-buthionine-S-sulfoximine or L-buthionine-R-sulfoximine. Other compounds which can be used to perform this function include sesquiterpene lactones and butylated hydroxy anisole. All of these are commercially available. Such compounds, e.g., BSO, make infected cells more susceptible to the action of the formula 1 compounds, in particular, halogenated formula 1 compounds, e.g., 16-bromoepiandrosterone. The effects of hypohalogenous acid can be enhanced by the administration of an inhibitor of γ-glutamylcysteine synthetase, such as BSO, which, as discussed herein, can render infected cells more susceptible to hypohalogenous acid.

Some compounds that inhibit γ-glutamylcysteine synthetase have significant toxicity toward at least some subjects. Such compounds are suitable for this purpose if such toxicity can be counteracted or kept to levels which are acceptable. Such compounds include pentathionine-sulfoximine, hexathionine-sulfoximine, heptathionine-sulfoximine, prothionine-sulfoximine and methionine sulfoximine. When these compounds are used, they are used in amounts that limits their toxicity.

In any of the methods disclosed herein, a treatment may be interrupted briefly or for extended periods of time. The reason for such interruption can be any of a wide variety, e.g., patient non-compliance, apparent improvement in a subject's condition or by design. Any such interruption would not take a regimen outside the scope of the present invention. For example, a patient might miss a day or several days of administration. Similarly, the regimen might call for administration of one or more compounds for one or more day, and then non-administration of the one or more compounds for one or more day, and then resumption of the administration of the one or more compounds. Furthermore, a regimen according to the present
invention can be altered in view of a patient's current condition, and can continue for any length of time, including the entire subject's lifetime.

Dosages of the formula 1 compounds and the other therapeutuic agents described herein are suitably determined depending on the individual case. Factors that affect dosing include a subject's symptoms, age, sex and the route of administration. The amount of a therapeutic agent that is incorporated into a pharmaceutical formulation varies with the dosage form, solubility and chemical properties of the compound, administration route, administration scheme and the like. An effective amount for a particular patient may vary depending on factors such as the condition being treated, the overall health of the patient, the method route and dose of administration and the severity of side effects. Dosages should be varied according to side effects (if any) and blood cell counts, which may be monitored frequently, e.g., every several days or at longer intervals such as weekly or monthly. In some aspects, the dose begins with an amount somewhat less than the optimum dose and it is increased by small increments thereafter until the desired or optimum effect is achieved.

For administration of γ-IFN, a volume of about 1 mL of a solid or liquid sublingual formulation that comprises about 100 micrograms of γ-IFN may be used. An exemplary liquid formulation comprises a saline solution containing 45 weight % β-hydroxypropylcyclodextrin. It would be expected that such a dosage would provide in the range of 30 to 40 micrograms of γ-IFN to the patient's blood. Such sublingual formulations would be held under the patient's tongue for a period of time sufficient to allow some or all of the γ-IFN to be delivered to the patient while held under the patient's tongue. Such administration has not been previously known in the art, in which conventionally, it has been thought that administration of γ-IFN must be by injection, e.g., subcutaneous injection. Subcutaneous injection of γ-IFN is associated with unwanted side effects, including fatigue, headache, night sweats, fever, local pain at the injection site, nausea, vomiting, diarrhea and others. The above-described sublingual γ-IFN formulations of the present invention is an aspect of the present invention, which can be of use in accordance with other aspects of the present invention as described herein. In general, however, a wide variety of routes of administration could be employed for γ-IFN in accordance with the present invention, including those disclosed in U.S. Patent No. 5,145,677.
In some aspects, the formula 1 compound is present in a formulation that comprises both micronized and non-micronized material. As used here, the expression "micronized" means that the compound has been micronized in accordance with any process for micronizing, a number of which are known in the art. The micronized particles preferably include a percentage which are less than about 10 μm in diameter, typically 5 μm or less. For example, at least about 80% of the formula 1 compound in a formulation of micronized comprises particles have a diameter of less than 5 microns. An alternative to micronizing a compound is to solubilize the compound and incorporate it into liposomes of appropriate size. The manufacture of liposomes and the insertion of active ingredients into such liposomes are well known in the art.


In general, formulations suitable for oral administration are prepared as discrete units such as capsules, cachets or tablets each containing a predetermined amount of an active ingredient, e.g., a formula 1 compound, an interferon and/or an interleukin. Such formulations may comprise a powder, granules, a solution or a suspension in an aqueous liquid, a non-aqueous liquid or as an oil-in-water liquid emulsion or a water-in-oil liquid emulsion. The active ingredient(s) may also be presented as a bolus, electuary or paste.

A tablet or capsule may be made made by compression or molding, optionally with one or more excipients. Tablets may be prepared by compressing in a suitable
machine a formula 1 compound in a free-flowing form such as a powder or granules, optionally mixed with a binder, lubricant, inert diluent, preservative, surface active or dispersing agent. Exemplary excipients for formulations such as tablets or parenteral solutions include lactose, sucrose, dextrose, a cellulose such as a microcrystalline cellulose or carboxymethyl cellulose, a lubricant such as magnesium stearate, a preservative such as EDTA, a starch such as corn starch and an α-, β- or γ-cyclodextrin such as hydroxypropyl-β-cyclodextrin. Molded tablets may be made by molding in a suitable machine a mixture of the powdered active ingredient(s) moistened with an inert liquid diluent. The tablets may optionally be coated or scored and optionally are formulated so as to provide slow or controlled release of the active ingredient(s) therefrom.

Formulations suitable for parenteral administration include aqueous sterile injection solutions which may contain anti-oxidants, buffers, bacteriostats and solutes which render the formulation isotonic with the blood of the intended recipient.

Aqueous and non-aqueous sterile suspensions optionally include suspending agents, thickening agents or complexing agents, including an α-, β- or γ-cyclodextrin such as hydroxypropyl-β-cyclodextrin. Parenteral formulations may comprise a powder or granular material that contains a formula 1 compound and optionally one or more additional excipients, which is dispensed in a suitable container, e.g., a sterile hermetically sealed vial, to which one or more liquid excipients are added.

The formulations are presented in unit-dose or multi-dose containers, for example sealed ampules and vials, and may be stored in a freeze-dried (lyophilized) condition requiring only the addition of the sterile liquid excipient, for example water for injection, immediately prior to use. Extemporaneous injection solutions and suspensions are prepared from sterile powders, granules and tablets of the kind previously described. Preferred unit dosage formulations are those containing a daily dose or unit daily sub-dose, as herein above recited, or an appropriate fraction thereof.

Invention formulations include controlled release pharmaceutical formulations containing an active ingredient(s) ("controlled release formulations") in which the release of the active ingredient(s) is controlled and regulated to allow less frequency dosing or to improve the pharmacokinetic or toxicity profile of a given active ingredient(s).
An effective dose of active ingredient(s) depends at least on the nature of the condition being treated, toxicity, whether the compound(s) is being used prophylactically (lower doses) or against an active infection or condition, the method of delivery, and the pharmaceutical formulation, and will be determined by the clinician using conventional dose escalation studies. It can be expected to be from about 0.05 to about 30 mg/kg body weight for a daily dosage. For example, for topical delivery, the daily candidate dose for an adult human of approximately 70 kg body weight will typically range from about 3 mg to about 1200 mg, generally between about 10 mg and about 350 mg, and may take the form of a single dose or multiple subdoses using one or several administration routes or sites. Solid or liquid unit dosages may comprise about 10 mg, 25 mg, 50 mg, 100 mg, 200 mg, 300 mg, 400 mg or 500 mg of a formula 1 compound. Dosages for oral administration and parenteral administration will generally comprise about 10 to about 1000 mg/day of a formula 1 compound.

The formula 1 compounds can be administered daily or intermittently, i.e., dosing on one day, followed by no dosing for at least a day and then repeated dosing after that. An exemplary regimen is a weekly schedule where dosing is every other day for 3 doses, followed by no dosing for 2 days and then optionally followed by dosing is every other day for 3 doses again. Daily dosing regimens include dosing for 2, 3, 4, 5, 6, 7 or more consecutive days, optionally followed by no dosing for 1, 2, 3, 4 or more days (or about 4 to about 24 weeks) and then a repeated dosing for 2, 3, 4, 5, 6, 7 or more consecutive days.

In other related treatment regimens, the subject receives 1-5 daily formula 1 compound doses in the first week of treatment, followed by no dosing with a formula 1 compound for about 1-30 weeks, typically about 4-20 weeks, and this is then optionally followed by another week with 1-5 daily doses.

At the end of a treatment regimen, dosing of the formula 1 compound may be tapered off over a period of days or several weeks, e.g., each week after the initial dosing regimen is complete, the daily dose is reduced by about 25-50% and this is administered for a week, optionally followed by another week of dosing with a further 25-50% reduced daily dose.

It should be understood that in addition to the ingredients particularly mentioned above the formulations of this invention may include agents or excipients
that are conventional in the art having regard to the type of formulation in question, for example those suitable for oral administration may include flavoring agents. The invention further provides for the use of veterinary compositions that comprise at least one formula 1 compound together with a veterinary excipient(s) therefor. Generally, veterinary excipients are materials useful for the purpose of administering the composition and may be solid, liquid or gaseous materials that are otherwise inert or acceptable in the veterinary art and are compatible with the formula 1 compound(s). These veterinary compositions may be administered orally, parenterally or by any other desired route.

Formulations that comprise a liposome or lipid complex that comprises a formula 1 compound(s), are also invention embodiments for treating subjects suffering from a blood cell deficiency such as TP or NP. Such formulations are prepared according to known methods, e.g., U.S. patents 4427649, 5043165, 5714163, 5744158, 5783211, 5795589, 5795987, 5798348, 5811118, 5820848, 5834016 and 5882678. The liposomes optionally contain an additional therapeutic agent(s), e.g., amphotericin B, cis-platin, Adriamycin, a protease inhibitor, a nucleoside analog or a nucleotide analog, such as one of the agents mentioned herein. The liposomes can be delivered to a subject by any standard route, e.g., oral, aerosol or parenteral (e.g., i.v.) administration. Liposome formulations can be used to enhance delivery of the formula 1 compound(s) to certain cell types such as tumor cells (see e.g., U.S. patent 5714163) or to cells of the reticuloendothelial system ("RES"). The RES includes macrophages, mononuclear phagocytic cells, cells lining the sinusoids of the spleen, lymph nodes, and bone marrow, and the fibroblastic reticular cells of hematopoietic tissues.

The following examples further exemplify, but are not intended to limit the invention.

Example 1. Enhanced hemopoiesis in mammals with immune injury from radiation exposure. Animal experiments are used to demonstrate the effect of formula 1 compounds on hemopoiesis after immune system injury due to radiation.

Hemopoiesis in the murine immune system after radiation is optionally examined because of the similar responses of murine and human hemopoiesis to drugs and toxic insults (see, e.g., J.H. Hendry and B.I. Lord, editors, Radiation toxicology: Bone marrow and leukaemia 1995 Taylor & Francis Inc., London).
In an exemplary protocol, B6D2F1/J female mice (Jackson Laboratory, Bar Harbor, ME), 18-24 weeks of age, 22-30 g body weight, are obtained and held in quarantine for two weeks. Up to 10 mice are housed in sanitized 46 x 24 x 15 cm polycarbonate boxes with filter covers (Microisolator; Lab Products, Inc, Maywood, NJ) on autoclaved hardwood chip bedding. Mice are given feed and acidified (pH 2.5) water freely. The animal holding room is maintained with conditioned fresh air at approximately 21 °C and 50° (±10%) relative humidity and with a 12-h light/dark full spectrum lighting cycle.

Mice are placed in ventilated Plexiglas containers and exposed bilaterally to gamma-radiation from a 60Co source. Exposure time is adjusted so that each animal received a midline tissue-absorbed dose of 1-12 Gy at a nominal dose rate of 0.4 Gy/min at ambient temperature. Using a standardized technique, the midline dose rate is measured by placing a 0.5 cc tissue-equivalent ionization chamber at the center of a 2.5-cm diameter cylindrical acrylic mouse phantom. The tissue-air ratio, defined as the ratio of the dose rate measured in the phantom to the dose rate in free air, for this array is about 0.96. Variation within the exposure field is less than about 4%. Dosimetric measurements are made in accordance with the American Association of Physicists in Medicine protocol for the determination of absorbed dose from high-energy photon and electron beams (Med. Phys. 1983 10:741-771).

Sham-irradiated mice are treated in the same way as the irradiated animals, except that the animals are not irradiated.

Various formula 1 compounds e.g., compounds such as those in the compound groups described herein are formulated with a suitable vehicle (e.g., PEG-400) or sterile 0.9% NaCl (saline) optionally containing other excipients such as a cyclodextrin. The compounds are injected subcutaneously in a volume of about 0.1 mL or they are delivered orally or they are administered by another route. Doses typically range from about 1 mg/kg to about 350 mg/kg, e.g., about 1, 10, 20, 40, 80, 160 or 320 mg/ kg.

Blood (0.6-1.0 mL) is obtained from halothane-anesthetized mice by cardiac puncture using a heparinized syringe attached to a 21-gauge needle. Blood is collected in EDTA-containing sample tubes. Mice are euthanized by cervical dislocation after blood collection. White blood cell (WBC), red blood cell (RBC) and platelet (PLT) counts are performed using, e.g., a Hematology System 9000.
(Biochem Immunosystems). Wright-stained blood smears from the same samples are made for differential counts of neutrophils and lymphocytes by light microscopy.

Hemopoietic progenitor cells committed to granulocyte-macrophage differentiation (GM-CFC) are assayed by a single-layer modification of a double-layer semisolid agar technique essentially as described (Patchen et al. Adv. Space Res. 1992 12:223-248). For example, femoral marrow is extracted and cell suspensions are prepared by flushing with 3 mL of McCoy's 5A medium containing 10% heat-inactivated fetal bovine serum (HIFBS; Hyclone, Logan, UT). Each cell suspension represented a pool of marrow from four femurs, i.e., both femurs from each of two mice. The total number of nucleated cells in each suspension is determined with, e.g., a Coulter counter. The agar-medium mixture consisted of equal volumes of 0.66% agar and double-strength supplemented CMRL 1066 medium (Gibco, Grand Island, NY). The medium is supplemented with final concentrations of 10% HIFBS, 5% tryptic soy broth, 5% heat-inactivated horse serum, antibiotics, and L-serine. One milliliter of the agar-medium mixture is added to each 35-mm plastic Petri dish (two dishes per suspension) and mixed with 50 μL of 0.1 ng/μL recombinant mouse GM-CSF (Genzyme, Cambridge, MA). Cell suspensions are then mixed into the agar-medium mixture to a final concentration of 0.5 x 10^5 cells/mL for unirradiated animals, and 1.0 x 10^5 or 1.5 x 10^5 cells/mL for irradiated animals to ensure sufficient colonies per plate for quantitation. Control experiments are done to confirm linearity of colonies at cell concentrations of 0.5-1.5 x 10^5 cells/ mL. Colonies (> 50 cells) are counted after seven days incubation in a 37 °C humidified environment containing 5% CO₂. The average of the counts for the two dishes is taken as the value for each pool. About six animals are used per group in each of two experiments.

For histological examination of myeloid hyperplasia in bone marrow after administration of the formula 1 compound, mice are euthanized with halothane, tissues are immersed in formalin, bones are decalcified and routine H&E-stained 6-μm paraffin sections are prepared.

For induced-infection studies, a clinical isolate of K. pneumoniae, capsule type 5 (strain AFRRRI 7), that is kept frozen at 70 °C in skim milk, is grown overnight at 35 °C on Trypticase Soy Agar (Becton-Dickinson, Sparks, MD). Five typical colonies are inoculated into 8 mL of brain heart infusion broth (Becton-Dickinson)
and incubated overnight at 35 °C. Two milliliters of this overnight suspension is inoculated into 95 mL of prewarmed brain heart infusion broth. The culture is incubated at 35 °C with shaking for approximately 2.5 h. The optical density of bacterial growth is monitored with a spectrophotometer at a wavelength of 550 nm.

Late log-phase cells are ished and suspended in cold saline to yield \(10^9\) viable bacteria per mL. Appropriate dilutions for inoculations are made in cold saline.

To induce a bacterial infection, all mice are injected sc with \(K.\) *pneumoniae* four days after sham-irradiation or irradiation when circulating leukocytes are depressed. Mice are inoculated sc rather than iv or ip, to establish infection leading to sepsis, but not rapid septic shock. After sc inoculations of \(K.\) *pneumoniae* in the mice, the infection remains largely localized to the injection site. \(K.\) *pneumoniae* are not detectable in blood of inoculated mice until a few hours before death.

Different doses of the bacteria are inoculated for each of three radiation dose levels (0, 1 or 3 Gy) to approximate the LD\(_{95/30}\), because the effects of radiation on hemopoiesis and susceptibility to infection are dependent on the dose of radiation. The LD\(_{95/30}\) for bacteria at each radiation dose is calculated from probit analysis. The actual doses are estimated by dilution plating of inocula onto Trypticase Soy Agar and incubating overnight at 35 °C. Since different bacterial doses are expected to be needed for different radiation doses, the LD\(_{95/30}\) is estimated for each group and different mortality rates are observed in the vehicle-injected control groups. Bacterial doses for induced-infection experiments are prepared and calculated in the same manner.

Animals are checked frequently, e.g., once or twice daily, six or seven days per week, to monitor survival and to euthanize mice that are in a moribund state. To verify that mortality in the induced-infection experiments is associated with \(K.\) *pneumoniae* injection, heart blood from recently deceased animals (or moribund animals euthanized by cervical dislocation) is cultured overnight at 35 °C on Columbia sheep blood agar plates (Becton-Dickinson, Sparks, MD). Colonies are identified as \(K.\) *pneumoniae* by a suitable means, e.g., Biolog analysis.

For histological analysis of bone marrow, coded slides are scored blind using a five-level semiquantitative scale and the results analyzed with a randomization t-test to obtain exact P-values. Thirty-day survival values are compared using the generalized Savage (Mantel-Cox) procedure (BMDP Statistical Software, Inc, Los
Angeles, CA). To calculate dose reduction factors (DRFs), probit analysis is performed on mortality data.

To test the ability of formula 1 compounds to ameliorate radiation-induced defects in hemopoiesis, mice are exposed to bilateral whole-body gamma-radiation and receive a dose of 3 Gy (or are sham-irradiated). One hour after irradiation or sham-irradiation, mice are injected with 320 mg/kg AED or PEG-400 vehicle. Between-group differences in blood cell elements, e.g., neutrophils, GM-CFC and platelets are generally determined. Irradiation results in a decrease in neutrophils at about four days after radiation compared to sham-irradiated animals.

Example 2. Enhanced hemopoiesis in mammals with immune injury from radiation exposure. In another exemplary protocol, C57BL/6J male mice six week old are obtained from Jackson Bar Harbor Laboratory. Animals are weighed for three consecutive times to ascertain that they are gaining weight prior to experimentation. Animals are exposed to whole body irradiation of 6 to 8 Gy depending on the experiments, using, e.g., JL Sheperd & Associates Mark 68 $^{137}$CS gamma unit. A single or several daily subcutaneous injections of a formula 1 compound is administered to the animals. Animals in survival experiments are monitored for about 21 days. A sublethal dose of about $2.0 \times 10^2$ pfu/mouse of human coxsackievirus B4 is administered to the animals to test for the capacity of the formula 1 compounds to enhance hemopoiesis and immune function. This virus dose is administered by e.g., intraperitoneal or subcutaneous injection about 1 to about 48 hours before or after whole body radiation exposure. Spleen and bone marrow preparation are stained for either one or two color FACS analysis essentially as described (e.g., M.E. Payette et al., J. Immunol. 1999 163:223).

Fluorescence activated cell sorting ("FACS") analysis is performed over a period of, e.g., about 21 days on spleen and bone marrow cells of mice exposed to about 6 Gy whole body irradiation and treated with a formula 1 compound and compared with untreated irradiated animals. Spleen cells are stained for cells such as CD4$^+$ and CD8$^+$ cells while bone marrow cells are stained for, e.g., CD11b /Mac-1 and B200.

Example 3. Enhancement of hemopoiesis in a human patient. A patient infected with the HIV virus was treated with 16α-bromoeiandosterone ("BrEA"), using a physiological saline formulation containing 10 mg/mL of BrEA in solution,
36% w/v hydroxypropyl-β-cyclodextrin and 20 mg/mL of micronized BrEA in suspension. The patient received two courses of treatment. The first course consisted of subcutaneous injection once per day of 80 mg of BrEA for 10 days. The second course of treatment commenced 74 days later and used the same formulation, except that deuterium oxide replaced water in the formulation. The second treatment course consisted of subcutaneous injection once per day of 80 mg of BrEA for 15 days. The patient's blood parameters were obtained at the start and at the end of each course of treatment. The results shown below indicated that the BrEA compound enhanced blood cell counts as shown by increased blood platelets and neutrophils after the second course of treatment or by increased NK cells after either treatment.

<table>
<thead>
<tr>
<th>Blood parameter</th>
<th>1st Course</th>
<th>2nd Course</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>start</td>
<td>end</td>
</tr>
<tr>
<td>WBC (x 10^9/L)</td>
<td>2.38</td>
<td>2.47</td>
</tr>
<tr>
<td>platelets (μL^-1)</td>
<td>142</td>
<td>146</td>
</tr>
<tr>
<td>neutrophils (x 10^9/L)</td>
<td>0.92</td>
<td>0.8</td>
</tr>
<tr>
<td>monocytes (x 10^9/L)</td>
<td>0.35</td>
<td>0.3</td>
</tr>
<tr>
<td>basophils (x 10^9/L)</td>
<td>0.02</td>
<td>0.01</td>
</tr>
<tr>
<td>CD16^-/56^- NK cells (mm^-3)</td>
<td>186</td>
<td>348</td>
</tr>
<tr>
<td>CD4^- T cells (mm^-3)</td>
<td>93</td>
<td>116</td>
</tr>
<tr>
<td>T suppressor cells (mm^-3)</td>
<td>344</td>
<td>452</td>
</tr>
</tbody>
</table>

Example 4. Parenteral formulation comprising micronized and non-micronized formula 1 compound. To 1 L of physiological saline was added 450 g of hydroxypropyl-β-cyclodextrin to obtain a clear solution, which was brought to a volume of 1250 mL with saline. 12.5 g of 16α-bromoeiandrosterone was then added and the solution was stirred for 2 hours with a magnetic mixer. The solution was filter sterilized and 25 g of sterile micronized (average particle diameter of about 5 μm) 16α-bromoeiandrosterone was added. The solution was stirred for 20 hours at medium speed to obtain a solution with micronized material 16α-bromoeiandrosterone in suspension and non-micronized material in solution. Prior to use the solution is shaken and dispensed into sealed sterile vials for storage or it is directly dispensed into a syringe for immediate use by injection. A variation of this protocol would substitute deuterium oxide for some or all of the water. Other variations would utilize a different formula 1 compound such as one of those named herein.
Example 5. Non-aqueous parenteral formulation containing a formula 1 compound. A formulation comprising 100 mg/mL 16α-bromoepiandrosterone ("BrEA"), ~30% v/v PEG300, 30% v/v propylene glycol, 30% v/v benzyl benzoate and 2% v/v benzyl alcohol is prepared by suspending BrEA in polyethylene glycol 300, and sequentially adding propylene glycol and benzyl benzoate, to form a solution, which is diluted to the final desired volume with additional propylene glycol. An exemplary procedure is described below.

The calculated amount of polyethylene glycol 300 is added to a compounding vessel. Then, while mixing, the calculated amount of BrEA is added to the vessel, and mixed for at least 5 minutes to form a smooth, creamy liquid propylene glycol is added to the vessel, and mixed for a minimum of 5 minutes to form a uniform suspension. The calculated amount of benzyl benzoate is added to the vessel, and mixed for approximately 5 minutes to form a translucent liquid suspension. Propylene glycol is then added to achieve the desired final formulation, and mixed for approximately 5 minutes. The drug solution is transferred to a volume dispensing device set to deliver 1.2 mL per vial. Under nitrogen pressure, the solution is filtered through two 0.2 μm polyvinylidene fluoride filters in series into 2 cc amber glass vials. The vials are capped with Teflon-coated, butyl-rubber stoppers and crimp sealed.

Example 6. Subcutaneous formulation. A BrEA formulation is prepared essentially as described above. The formulation contains 50 mg/mL BrEA, 40% v/v PEG 200, 2% v/v benzyl alcohol, 2% v/v benzyl benzoate and ~ 66% v/v propylene glycol (qs). The formulation is particularly suitable for subcutaneous administration of BrEA.

Example 7. Preparation of BrEA hemihydrate - procedure 1. Crude BrEA is prepared by bromination of epiandrosterone, followed by crystallization from methanol. BrEA hemihydrate, i.e., (BrEA)$_2$·H$_2$O, is prepared by dissolving 25 g of crude BrEA in 75 mL of refluxing ethanol with moderate agitation. To the BrEA solution 12.5 mL of water is slowly added while maintaining the solution at reflux with agitation. Agitation of the solution is maintained and the solution is then allowed to cool to about 20-25°C and kept at about 20-25°C for about 15 minutes to obtain a suspension of BrEA hemihydrate crystals. The crystals are recovered by filtration, washed with a solution of 25 mL of water:ethanol (5:1 v/v) at about 20-
25°C and then vacuum dried for about 13 hours at 50-60°C until the product weight is constant. The crystals are primarily rod and needle shaped, with smaller amounts of other shapes such as tablets.

Example 8. Preparation of BrEA hemihydrate - procedure 2. The hemihydrate is prepared by dissolving 10 g of crude BrEA in 40 mL of refluxing acetone with moderate agitation. To the BrEA solution 4.0 mL of water is slowly added while maintaining the solution at reflux with agitation. Agitation of the solution is maintained and the solution is then allowed to cool to about 20-25°C and kept at about 20-25°C for about 15 minutes to obtain a suspension of BrEA hemihydrate crystals. The crystals are recovered by filtration, washed with a solution of 6.0 mL of water:acetone (10:1 v/v) at about 20-25°C and then vacuum dried overnight (about 13-15 hours) at 50-60°C until the product weight is constant.

Example 9. Liposome formulation. Liposomes suitable for parenteral administration are prepared as follows. 400 mg of phosphatidyl choline and 80 mg of BrEA are dissolved in chloroform and methanol (2:1 v/v) and the solution is dried by rotary evaporation under reduced pressure. The resulting film is rehydrated by adding 8.0 mL of a 0.9% w/v NaCl solution and agitating the solution. The sizes of the liposomes are optionally measured, e.g., by photon correlation spectroscopy (Malvern Zetasizer 3000 or equivalent). The liposomes are optionally sized by, e.g., sonication to reduce the average size below 400 mn, or by filtration using suitable filters. Similar procedures are used to prepare liposome preparations that contain a formula 1 compound at about 15-100 mg/mL. The formulation is used to deliver the compound orally or parenterally (e.g., intramuscular, intravenous or subcutaneous).

Example 10. BrEA formulation. Two lots of a non-aqueous BrEA formulation are made at a BrEA concentration of 50 mg/mL in 25% v/v polyethylene glycol 300, 12.5% v/v dehydrated ethyl alcohol, 5% v/v benzyl benzoate, and 57.5% v/v propylene glycol essentially as follows. The excipients are as follows. Propylene glycol, USP, Arco Chemical, polyethylene glycol, 300, NF, Union Carbide dehydrated ethanol, USP, McCormick Distilling, benzyl benzoate, USP, Spectrum Pharmaceuticals.

The formulation is prepared by suspending BrEA in polyethylene glycol 300, and sequentially adding propylene glycol, benzyl benzoate, and dehydrated ethyl
alcohol to form a solution, which is diluted to the final desired volume with additional propylene glycol. An exemplary procedure is described below.

The calculated amount of polyethylene glycol 300 is added to a compounding vessel. Then, while mixing, the calculated amount of BrEA is added to the vessel, and mixed for at least 5 minutes to form a smooth, creamy liquid propylene glycol is added to the vessel, and mixed for a minimum of 5 minutes to form a uniform suspension. The calculated amount of benzyl benzoate is added to the vessel, and mixed for approximately 5 minutes to form a translucent liquid suspension. Dehydrated alcohol is added to the vessel, and mixed for approximately 5 minutes to form a clear, colorless solution. Propylene glycol is then added to achieve the desired final formulation, and mixed for approximately 5 minutes. The drug solution is transferred to a volume dispensing device set to deliver 1.2 mL per vial. Under nitrogen pressure, the solution is filtered through two 0.2 μm polyvinylidene fluoride filters in series into 2 cc amber glass vials, which are then sealed.

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All citations or references are incorporated herein by reference in their entirety.

Although exemplary methods, compositions, formulations and kits in accordance with the present invention have been described, those skilled in the art will appreciate that modifications not specifically described may be made without departing from the spirit and scope of the invention that is disclosed or claimed.
CLAIMS

What is claimed is:

1. A method to enhance hemopoiesis in a subject in need thereof
   comprising administering to the subject, or delivering to the subject's tissues, an
   effective amount of a compound of formula 1

   \[ \text{R前段时间,} \]

   each \( R^1, R^2, R^3, R^4, R^5, R^6 \) and \( R^{10} \) independently are \(-\text{H, -OR}^{PR}, -\text{SR}^{PR}, -\text{N(R}^{PR})_2, -\text{O-Si-(R}^{13}_3, -\text{CN, -NO}_2, -\text{OSO}_3\text{H, -PO}_3\text{H, an ester, a thioester, a}

   phosphoester, a phosphothioester, a phosphonooester, a sulfite ester, a sulfate ester,
   an amide, an amino acid, a peptide, an ether, a thioether, an acyl group, a thioacyl
   group, a carbonate, a carbamate, a thioacetal, a halogen, an optionally substituted
   alkyl group, an optionally substituted alkenyl group, an optionally substituted alkynyl
   group, an optionally substituted aryl moiety, an optionally substituted heteroaryl
   moiety, an optionally substituted heterocycle, an optionally substituted
   monosaccharide, an optionally substituted oligosaccharide, a nucleoside, a
   nucleotide, an oligonucleotide, a polymer, or,
   one more of \( R^1, R^2, R^3, R^4, R^5, R^6, R^{10}, R^{15}, R^{17} \) and \( R^{18} \) are \( =\text{O or =S and the}
   hydrogen atom or the second variable group that is bonded to the same carbon atom
   is absent, or,

   all \( R^3 \) and \( R^4 \) together comprise a structure of formula 2
5 R^8 and R^9 independently are -CHR^10-, -CHR^10-CHR^10-, -O-, -O-CHR^10-, -S-, -S-CHR^10-, -NR^PR- or -NR^PR-CHR^10-, or R^8 or R^9 independently is absent, leaving a 5-membered ring;  
10 R^{13} independently is C_1-6 alkyl;  
R^{16} independently are -CH_2-, -O-, -S- or -NH-;  
D is a heterocycle or a 4-, 5-, 6- or 7-membered ring that comprises saturated carbon atoms, wherein 1, 2 or 3 ring carbon atoms of the 4-, 5-, 6- or 7-membered ring are optionally independently substituted with -O-, -S- or -NR^PR- or where 1, 2 or 3 hydrogen atoms of the heterocycle or where 1 or 2 hydrogen atoms of the 4-, 5-, 6- or 7-membered ring are substituted with -OR^PR-, -SR^PR-, -N(R^PR)_2, -O-Si(R^{13})_3, -CN, -NO_2, an ester, a thioester, a phosphoester, a phosphothioester, a sulfite ester, a sulfate ester, an amide, an amino acid, a peptide, an ether, a thioether, an acyl group, a thioacyl group, a carbonate, a carbamate, a thioacetal, a halogen, an optionally substituted alkyl group, an optionally substituted alkenyl group, an optionally substituted alkynyl group, an optionally substituted heteroaryl moiety, an optionally substituted monosaccharide, an optionally substituted oligosaccharide, a nucleoside, a nucleotide, an oligonucleotide or a polymer, or,  
20 one more of the ring carbons are substituted with =O or =S,  
or D comprises two 5- or 6-membered rings, wherein the rings are fused or are linked by 1 or 2 bonds, provided that the compound is not 5-androstene-3β-ol-17-one, 5-androstene-3β,17β-diol, 5-androstene-3β,7β,17β-triol or a derivative of any of these three compounds that can convert to these compounds by hydrolysis  
2. The method of claim 1 wherein the subject's circulating platelets, red cells, mature myelomonocytic cells, or their precursor cells, in circulation or in tissue is detectably increased.  
3. The method of claim 2 wherein the subject's circulating platelets are detectably increased.
4. The method of claim 3 wherein the method optionally further comprises administration of an effective amount of G-CSF, GM-CSF, IL-3, IL-6, IL-11, erythropoietin or thrombopoietin.

5. The method of claim 2 wherein the subject's circulating myelomonocytic cells are detectably increased.

6. The method of claim 2 wherein the circulating myelomonocytic cells are neutrophils.

7. The method of claim 2 wherein the method further comprises administration of an effective amount of G-CSF, GM-CSF, M-CSF, IL-3, IL-5 or IL-6.

8. The method of claim 2 wherein the myelomonocytic cells are basophils, neutrophils or eosinophils.

9. The method of claim 2 wherein the subject's circulating red cells are detectably increased.

10. The method of claim 9 wherein the subject is has renal failure.

11. The method of claim 9 wherein the method further comprises administration of an effective amount of G-CSF, GM-CSF, IL-3, IL-6 or erythropoietin.

12. The method of claim 2 wherein the formula 1 compound is present in a composition comprising an acceptable carrier and the method optionally further comprises administration of a neutrophil or monocyte stimulator.

13. The method of claim 12 wherein neutrophil or monocyte stimulator is a TNF, a lithium salt, duterium oxide, levamisole, lactoferrin, thyroxine, triiodothyromine, anthrax toxin, ascorbic acid, L-palmitoyl-lysophosphatidic acid, a calcium ionophore, cytochalasin B, sodium butyrate, piracetamine, micronized L-arginine, hydroxyurea or a bacterial lipopolysaccharide.

14. The method of claim 2 further comprising the steps of obtaining blood from the subject before administration of the formula 1 compound and measuring the subject's white or red cell counts and optionally, on one, two, three or more occasions, measuring the subject's circulating white cell counts after administration of the formula 1 compound.

15. The method of claim 2 wherein the formula 1 compound is a compound named in any of the compound groups disclosed herein.
16. The method of claim 1 wherein the subject has, or is subject to developing, thrombocytopenia or neutropenia.

17. The method of claim 16 wherein the subject has thrombocytopenia or neutropenia.

18. The method of claim 1 wherein about 0.05 mg to about 30 mg of the formula 1 compound is administered per kg of the subject's weight per day.

19. The method of claim 1 wherein the compound of formula 1 has formula

20. The method of claim 19 wherein $R^1$ is -OH, alkoxy or an ester, $R^2$ is -OH, =O, alkoxy or an ester, $R^3$ is -H, -OH, alkoxy, an ester or a halogen, one $R^4$ is -H or it is absent and the other $R^4$ is -OH, =O, -SH, -C(O)-CH$_3$, alkoxy or an ester and wherein $R^1$, $R^2$ and $R^3$ are independently in the $\alpha$ or the $\beta$ configuration when they are not =O.

21. The method of claim 20 wherein there is no double bond present in the molecule.

22. A method to enhance thrombopoiesis, myelopoiesis or erythropoiesis in a subject comprising administering to the subject, or delivering to the subject's tissues, an effective amount of the compound of claim 1.

23. The method of claim 23 wherein the subject has or is subject to thrombocytopenia or neutropenia.

24. The method of claim 23 wherein the subject has thrombocytopenia or neutropenia.

25. The method of claim 22 wherein the subject is a human.

26. The method of claim 22 wherein the formula 1 compound is a compound named in any of the compound groups disclosed herein.

27. The method of claim 22 wherein about 0.05 mg to about 30 mg of the formula 1 compound is administered per kg of the subject's weight per day.
28. The method of claim 27 wherein the formula 1 compound is present in a composition that comprises a pharmaceutically acceptable carrier.

29. The method of claim 28 wherein the pharmaceutically acceptable carrier is deuterium oxide, which comprises at least about 20% v/v of the water in the composition.

30. The method of claim 19 wherein the subject's myeloperoxidase index is enhanced.

31. The method of claim 30 wherein the formula 1 compound is present in a composition that comprises one or more pharmaceutically acceptable carriers, which optionally include a halogen salt.