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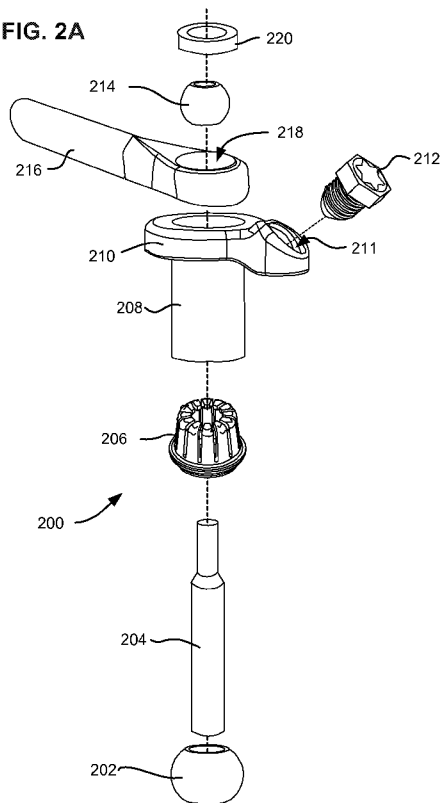
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(54) **Title:** LOAD-SHARING BONE ANCHOR HAVING A DEFLECTABLE POST AND CENTERING SPRING AND METHOD FOR DYNAMIC STABILIZATION OF THE SPINE

FIG. 2A



(57) **Abstract:** A dynamic spinal stabilization bone anchor supports the spine while preserving spinal motion. The dynamic bone anchor includes a deflectable post connected by a ball-joint to a threaded anchor. Deflection of the deflectable post is controlled by a centering spring or axial spring. The dynamic bone anchor may be used as a component of a dynamic stabilization system. The dynamic bone anchor provides load sharing while preserving range of motion and reducing stress exerted upon the bone anchors and spinal anatomy.

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**LOAD-SHARING BONE ANCHOR HAVING
A DEFLECTABLE POST AND CENTERING SPRING
AND METHOD FOR DYNAMIC STABILIZATION OF THE SPINE**

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BACKGROUND OF INVENTION

[0001] Back pain is a significant clinical problem and the costs to treat it, both surgical and medical, are estimated to be over \$2 billion per year. One method for treating a broad range of degenerative spinal disorders is spinal fusion. Implantable medical devices designed to fuse vertebrae of the spine to treat have developed rapidly over the last decade. However, spinal fusion has several disadvantages including reduced range of motion and accelerated degenerative changes adjacent the fused vertebrae.

[0002] Alternative devices and treatments have been developed for treating degenerative spinal disorders while preserving motion. These devices and treatments offer the possibility of treating degenerative spinal disorders without the disadvantages of spinal fusion. However, current devices and treatments suffer from disadvantages e.g., complicated implantation procedures; lack of flexibility to conform to diverse patient anatomy; the need to remove tissue and bone for implantation; increased stress on spinal anatomy; insecure anchor systems; poor durability, and poor revision options. Consequently, there is a need for new and improved devices and methods for treating degenerative spinal disorders while preserving motion.

SUMMARY OF INVENTION

[0003] The present invention includes a spinal implant system and methods that can dynamically stabilize the spine while providing for the preservation of spinal motion. Embodiments of the invention provide a dynamic stabilization system which includes: versatile components, adaptable stabilization assemblies, and methods of implantation. An aspect of embodiments of the invention is the ability to stabilize two, three and/or more levels of the spine by the selection of appropriate components of embodiments of the invention for implantation in a patient. Another aspect of embodiments of the invention is the ability to accommodate particular anatomy of the patient by providing a system of versatile components which may be customized to the anatomy and needs of a particular patient and procedure. Another aspect of the invention is to facilitate the process of implantation and minimize disruption of tissues during implantation.

[0004] Thus, the present invention provides new and improved systems, devices and methods for treating degenerative spinal disorders by providing and implanting a dynamic

spinal stabilization assembly which supports the spine while preserving motion. These and other objects, features and advantages of the invention will be apparent from the drawings and detailed description which follow.

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BRIEF DESCRIPTION OF THE DRAWINGS

[0005] FIGS. 1A and 1B are perspective views of a deflection system component mounted to an anchor system component according to an embodiment of the present invention.

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[0006] FIG. 1C is a perspective view of a connection system component mounted to an anchor system component according to an embodiment of the present invention.

[0007] FIG. 1D is a perspective view of a different connection system component mounted to an anchor system component according to an embodiment of the present invention.

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[0008] FIG. 1E is a posterior view of an anchor system for a multi-level dynamic stabilization assembly utilizing the anchor components of FIGS. 1A to 1D according to an embodiment of the present invention.

[0009] FIG. 1F is a posterior view of a multi-level dynamic stabilization assembly utilizing the components of FIGS. 1A to 1E according to an embodiment of the present invention.

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[0010] FIG. 2A is an exploded view of a deflection rod according to an embodiment of the present invention.

[0011] FIG. 2B is an enlarged view of the spring of FIG. 2A

[0012] FIG. 2C is a perspective view of the deflection rod of FIG. 2A, as assembled.

[0013] FIG. 2D is a sectional view of the deflection rod of FIGS. 2A and 2C.

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[0014] FIG. 2E is a partial sectional view of the deflection rod of FIGS. 2A and 2C.

[0015] FIGS. 2F and 2G are sectional views of the deflection rod of FIGS. 2A and 2C showing deflection of the post.

[0016] FIG. 3A is an exploded view of an alternative deflection rod according to an embodiment of the present invention.

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[0017] FIG. 3B is a perspective view of the deflection rod of FIG. 3A, as assembled.

[0018] FIG. 3C is a perspective view illustrating engagement of a bone anchor by a driver.

[0019] FIG. 3D is a sectional of the assembled deflection rod of FIG. 3B.

[0020] FIG. 4A is an exploded view of an alternative deflection rod according to an embodiment of the present invention.

[0021] FIG. 4B is an enlarged view of the spring of the deflection rod of FIG. 4A.

[0022] FIG. 4C is a perspective view of the deflection rod of FIG. 4A, as assembled.

5 [0023] FIG. 4D is a sectional view of the deflection rod of FIG. 4A, as assembled.

[0024] FIG. 5A is an exploded view of an alternative deflection rod according to an embodiment of the present invention.

[0025] FIG. 5B is a sectional view of the deflection rod of FIG. 5A, as assembled.

[0026] FIG. 5C is an enlarged view of a spring element of the deflection rod of FIG. 5A.

10 [0027] FIGS. 5D-5G show views of alternative spring elements suitable for use in the deflection rod of FIGS. 5A and 5B.

[0028] FIG. 6A is a transverse sectional view of a vertebra illustrating the implantation of a deflection rod and bone anchor according to an embodiment of the invention.

15 [0029] FIG. 6B is a lateral view of the spine illustrating a single level dynamic stabilization system utilizing a deflection rod according to an embodiment of the invention.

[0030] FIGS. 7A and 7B are perspective views of an alternate mount for connecting a deflection rod to a vertical rod according to an embodiment of the present invention.

[0031] FIGS. 8A-8E are perspective views of alternative combinations of deflection rods and bone anchors according to embodiments of the present invention.

20 [0032] FIG. 9A is a perspective view of a deflection rod assembled with a bone anchor according to an embodiment of the present invention.

[0033] FIG. 9B is a perspective view of an offset connector mounted to the bone anchor of FIG. 9A.

25 [0034] FIG. 9C is an exploded view of a dynamic rod according to an embodiment of the present invention.

[0035] FIG. 9D is a perspective view of the dynamic rod of FIG. 9C mounted to the bone anchor of FIG. 9A.

30 [0036] FIG. 10 is a posterior view of a multi-level dynamic stabilization assembly utilizing the components of FIGS. 9A to 9D according to an embodiment of the present invention.

[0037] FIG. 11 is a lateral view of a multi-level dynamic stabilization assembly utilizing the components of FIGS. 9A to 9D according to an embodiment of the present invention.

[0038] FIG. 12A is an exploded view of a deflection rod according to an embodiment of the present invention.

[0039] FIG. 12B is an enlarged view of the deflectable rod, mount and retainer of FIG. 12A

[0040] FIG. 12C is a perspective view of the spring of FIG. 12A.

[0041] FIGS. 12D and 12E are sectional views of the deflection rod of FIG. 12A.

5 [0042] FIG. 13A is an exploded view of an alternative deflection rod according to an embodiment of the present invention.

[0043] FIGS. 13B and 13C are sectional views of the deflection rod of FIG. 13A.

[0044] FIG. 14A through 14C show alternative spring designs which may be utilized in deflection rod of the present invention.

10 [0045] FIG. 15A is an exploded view of an alternative deflection rod according to an embodiment of the present invention.

[0046] FIGS. 15B and 15C are sectional views of the deflection rod of FIG. 15A.

[0047] FIG. 16A is an exploded view of an alternative deflection rod according to an embodiment of the present invention.

15 [0048] FIGS. 16B and 16C are sectional views of the deflection rod of FIG. 16A.

[0049] FIG. 17A is an exploded view of an alternative deflection rod according to an embodiment of the present invention.

[0050] FIGS. 17B and 17C are sectional views of the deflection rod of FIG. 16A.

20 **DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS**

[0051] The present invention includes a versatile spinal implant system and methods which can dynamically stabilize the spine while providing for the preservation of spinal motion. Alternative embodiments can be used for spinal fusion. An aspect of the invention is restoring and/or preserving the natural motion of the spine including the quality of motion as well as the range of motion. Still, another aspect of the invention is providing for load sharing and stabilization of the spine while preserving motion.

[0052] Another aspect of the invention is to provide a modular system which can be customized to the needs of the patient. Another aspect of embodiments of the invention is the ability to stabilize two, three and/or more levels of the spine by the selection of appropriate components for implantation in a patient. Another aspect of the invention is the ability to provide for higher stiffness and fusion at one level or to one portion of the spine while allowing for lower stiffness and dynamic stabilization at another adjacent level or to another portion of the spine. Embodiments of the invention allow for fused levels to be placed next to dynamically-stabilized levels. Such embodiments of the invention enable vertebral levels

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adjacent to fusion levels to be shielded by providing a transition from a rigid fusion level to a dynamically stable, motion preserved, and more mobile level.

[0053] Embodiments of the present invention provide for assembly of a dynamic stabilization system which supports the spine while providing for the preservation of spinal motion. The dynamic stabilization system has an anchor system, a deflection system, a vertical rod system and a connection system. The anchor system anchors the construct to the spinal anatomy. The deflection system provides dynamic stabilization while reducing the stress exerted upon the bone anchors and spinal anatomy. The vertical rod system connects different levels of the construct in a multilevel assembly and may in some embodiments include compound deflection rods. The connection system includes coaxial connectors and offset connectors which adjustably connect the deflection system, vertical rod system and anchor system allowing for appropriate, efficient and convenient placement of the anchor system relative to the spine. Alternative embodiments can be used for spinal fusion.

[0054] Embodiments of the invention include a construct with an anchor system, a deflection system, a vertical rod system and a connection system. The deflection system provides dynamic stabilization while reducing the stress exerted upon the bone anchors and spinal anatomy. The anchor system anchors the deflection system to the spine. The connection system connects the deflection system to the vertical rod system. The vertical rod system connects dynamic stabilization system components on different vertebra to provide load sharing and dynamic stabilization.

[0055] Embodiments of the present invention include a deflection rod which provides load sharing while preserving range of motion and reducing stress exerted upon the bone anchors and spinal anatomy. The deflection rod includes a deflectable post mounted within a bone anchor. Deflection of the deflectable post is controlled by a spring. A contact surface of the deflection rod is positioned to limit deflection of the deflectable post. The force-deflection properties of the deflection rod may be adapted and/or customized to the anatomy and functional requirements of the patient by changing the properties of the spring. Different deflection rods having different force-deflection properties may be utilized in different patients or at different spinal levels within the same patient depending upon the anatomy and functional requirements. Moreover deflection rods may be utilized at a spinal level with fusion at an adjacent spinal level.

[0056] Common reference numerals are used to indicate like elements throughout the drawings and detailed description; therefore, reference numerals used in a drawing may or may not be referenced in the detailed description specific to such drawing if the associated

element is described elsewhere. The first digit in a three digit reference numeral indicates the series of figures in which the referenced item first appears (or first two digits in a four digit reference numeral).

[0057] The terms “vertical” and “horizontal” are used throughout the detailed description to describe general orientation of structures relative to the spine of a human patient that is standing. This application also uses the terms proximal and distal in the conventional manner when describing the components of the spinal implant system. Thus, proximal refers to the end or side of a device or component closest to the hand operating the device, whereas distal refers to the end or side of a device furthest from the hand operating the device. For example, the tip of a bone screw that enters a bone would conventionally be called the distal end (it is furthest from the surgeon) while the head of the screw would be termed the proximal end (it is closest to the surgeon).

Dynamic Stabilization System

[0058] FIGS. 1A-1F introduce components of a dynamic stabilization system according to an embodiment of the present invention. The components include anchor system components, deflection rods, vertical rods and connection system components, including for example coaxial and offset connectors. The components may be implanted and assembled to form a dynamic stabilization system appropriate for the anatomical and functional needs of a patient.

[0059] FIG. 1A shows a bone anchor 102 and a deflection rod 104 connected to a vertical rod 106 by a ball joint 108. In other embodiments, the vertical rod may be mounted directly to the deflection rod. Deflection rod 104 is an example of a component of the deflection system. Deflection rod 104 is a component having controlled flexibility which allows for load sharing. The deflection rod 104 provides stiffness and support where needed to support the loads exerted on the spine during normal spine motion, which loads, the soft tissues of the spine are no longer able to accommodate since these spine tissues are either degenerated or damaged. Load sharing is enhanced by the ability to select the appropriate stiffness of the deflection rod in order to match the load sharing characteristics desired. For embodiments of this invention, the terms “deflection rod” and “loading rod” can be used interchangeably. Deflection rods, deflection rod mountings and alternative deflection rods are described in more detail below.

[0060] Deflection rod 104 includes a deflectable post 105 which may deflect relative to a collar 107. Collar 107 is adapted to secure the deflectable post 105 to bone anchor 102. Collar 107 secures deflection rod 104 within cavity 132 of bone anchor 102. In other embodiments, the deflection rod may be integrated with a bone anchor. When received in cavity 132, collar

107 is secured into a fixed position relative to bone anchor 102. Deflectable post 105 may still deflect in a controlled manner relative to bone anchor 102 thereby provide for load sharing while preserving range of motion of the patient. The stiffness/flexibility of deflection of the deflectable post 105 relative to the bone anchor 102 may be controlled and/or customized as will be described below.

5 [0061] As shown in FIG. 1A, collar 107 is designed to secure deflection rod 104 within a cavity 132 of bone anchor 102. As shown in FIG. 1A, a threaded aperture 142 extends obliquely through collar 107. The threaded aperture 142 receives a locking set screw 144 which, when seated (FIG. 1B), engages the housing 130 of bone anchor 102. Locking set screw 144 is positioned within threaded aperture 142 through collar 107. The locking set screw 144 thereby secures the deflection rod 104 in place within the housing 130 of bone anchor 102.

10 [0062] Bone anchor 102 is an example of a component of the anchor system. Bone anchor 102 includes a bone screw 120 and housing 130. As shown in FIG. 1A, bone anchor 102 is a bone screw 120 having one or more threads 124 which engage a bone to secure the bone anchor 102 onto a bone. The anchor system may include one or more alternative bone anchors known in the art e.g. bone hooks, expanding devices, barbed devices, threaded devices, adhesive and other devices capable of securing a component to bone instead of or in addition to bone screw 120.

15 [0063] As shown in FIG. 1A, deflection rod 104 is oriented in a co-axial, collinear or parallel orientation to bone anchor 102. This arrangement simplifies implantation, reduces trauma to structures surrounding an implantation site, and reduces system complexity. Arranging the deflection rod 104 co-axial with the bone anchor 102 can substantially transfer a moment (of) force applied by the deflectable post 105 from a moment force tending to pivot or rotate the bone anchor 102 about the axis of the shaft, to a moment force tending to act perpendicular to the axis of the shaft. The deflection rod can, thereby, effectively resist repositioning of the deflection rod and/or bone anchor 102 without the use of locking screws or horizontal bars to resist rotation. Further examples of coaxial deflection rods are provided below. Each of the deflection rods described herein may be used as a component of a dynamic stabilization system.

20 [0064] As shown in FIG. 1A, bone anchor 102 includes a housing 130 at the proximal end. Housing 130 includes a cavity 132 for receiving deflection rod 104. Cavity 132 is coaxial with threaded bone screw 120. Housing 130 also comprises a groove 134 for securing deflection rod 104 within housing 130. As shown in FIG. 1A, groove 134 is located at the

proximal end of housing 130. Groove 134 is designed to be engaged by the locking mechanism of a component mounted within cavity 132. For example, groove 134 is designed to be engaged by locking set screw 144 of deflection rod 104. When deflection rod 104 has been positioned within cavity 132 of bone anchor 102 as shown in FIG. 1B, locking set screw 144 is tightened to engage groove 134 of housing 130, thus, securing deflection rod 104 within housing 130. Alternative mechanisms and techniques may be used to secure the deflection rod to the bone anchor including for example, welding, soldering, bonding, and/or mechanical fittings including threads, snap-rings, locking washers, cotter pins, bayonet fittings or other mechanical joints.

10 **[0065]** Bone anchor 102 also includes a coupling 136 to which other components may be mounted. As shown in FIG 1A, coupling 136 is the external cylindrical surface of housing 130. Housing 130 thus provides two mounting positions, one coaxial mounting position and one external (or offset) mounting position. Thus, a single bone anchor 102 can serve as the mounting point for one, two or more components. A deflection rod 104 may be coaxially mounted in the cavity 132 of the housing and one or more additional components may be externally mounted to the outer surface of the housing—coupling 136. For example, a component of the connection system may be mounted to the outer surface 136 of the housing – such a connector may be called an offset head or offset connector. In some applications, a component of the connection system may be coaxially-mounted in the cavity 132 in place of a deflection rod 104 – such a connector may be called a coaxial head or coaxial connector.

20 **[0066]** It is desirable to have a range of different connectors which are compatible with the anchor system and deflection system. The connectors may have different attributes, including for example, different degrees of freedom, range of motion, and amount of offset, which attributes may be more or less appropriate for a particular relative orientation and position of two bone anchors and/or patient anatomy. It is desirable that each connector be sufficiently versatile to connect a vertical rod to a bone anchor in a range of positions and orientations while being simple for the surgeon to adjust and secure. It is desirable to provide a set of connectors which allows the dynamic stabilization system to be assembled in a manner that adapts a particular dynamic stabilization assembly to the patient anatomy rather than adapting the patient anatomy for implantation of the assembly (for example by removing tissue\bone to accommodate the system). In a preferred embodiment, the set of connectors comprising the connection system have sufficient flexibility to allow the dynamic stabilization system to realize a suitable dynamic stabilization assembly in all situations that will be encountered within the defined patient population.

[0067] In some embodiments of the present invention, a connection system component, e.g. a polyaxial connector may be mounted in the cavity 132 of a bone anchor 102 to secure the bone anchor to a vertical rod. For example, FIG. 1C shows coaxial head 150 which is a polyaxial connector which is coaxially mounted within the cavity 132 of the housing 130 of bone anchor 102. Coaxial head 150 is an example of a coaxial head or coaxial connector. Bone anchor 102 is the same bone anchor previously described with respect to FIGS. 1A and 1B. Coaxial head 150 comprises a rod 152 which is designed to fit within cavity 132 of housing 130. Coaxial head 150 also comprises a collar 154 and locking set screw 156. Locking set screw 156 is configured to engage groove 134 of bone anchor 102 in the same way as locking set screw 144 of deflection rod 104. Rod 152 and cavity 132 may, in some case, be circular in section (e.g. cylindrical), in which case rod 152 can rotate within cavity 132 until locked into place by fastener 134. In alternative embodiments, rod 152 may be polygonal in section such that it fits in one of a fixed number of possible positions.

[0068] Referring again to FIG. 1C, attached to rod 152 of coaxial head 150 is a yoke 164. Yoke 164 is connected to a ball 165 by a hexagonal pin 162. A saddle 163 is also mounted to ball 165 such that saddle 163 can pivot about two orthogonal axes relative to yoke 164. Saddle 163 has an aperture 168 through which a vertical rod may be passed. On one side of aperture 168 is a plunger 169. On the other side of aperture 168 is a locking set screw 167. When a vertical rod 106 (not shown) is positioned within aperture 168 and locking set screw 167 is tightened down, the locking set screw 167 forces the vertical rod 106 down onto the plunger 169. Plunger 169 is, in turn, forced down by the vertical rod 106 against ball 165. Plunger 169 engages ball 165, and ball 165 engages hexagonal pin 162, to lock saddle 163 in position relative to yoke 164 and secure a rod (e.g. vertical rod 106) to saddle 163. In this way, tightening set screw 167 secures the vertical rod 106 to the coaxial head 150 and also locks orientation of the coaxial head 150.

[0069] The ability to coaxially mount coaxial head 150 to a bone anchor 102 has several advantages over a standard polyaxial bone screw in which a polyaxial connector is an integral part of the device and may not be removed or exchanged. The bone anchor 102 is simpler to install and there is no risk of damage to the polyaxial connector during installation. A single coaxial head 150 can be manufactured and designed to mount to a range of different bone anchors thus allowing bone anchors to be selected as appropriate for the patient anatomy. After the bone anchor is installed the orientation of the yoke 164 can be adjusted without changing the screw depth (this is not possible in a standard polyaxial bone screw without also turning the screw). After the bone anchor is implanted, one of a range of different coaxial

heads may be installed without requiring removal of the bone anchor. Likewise, if a revision is required the coaxial head may be exchanged for a different component without necessitating removal of the bone anchor 102.

[0070] As described above, bone anchor 102 has a housing which can accept one coaxially-mounted component (e.g. a coaxial head) and one externally-mounted component (e.g. an offset connector). FIG. 1D shows a component of the connection system which may be mounted externally to the housing 130 of bone anchor 102 in conjunction with a coaxially-mounted component. FIG. 1D shows a perspective view of offset connector 170 mounted externally to housing 130 of bone anchor 102 in which a deflection rod 104 is coaxially mounted. Connector 170 may be termed an offset head or offset connector.

[0071] Offset connector 170 comprises six components and allows for two degrees of freedom of orientation and two degrees of freedom of position in connecting a vertical rod to a bone anchor. The six components of offset connector 170 are dowel pin 172, pivot pin 174, locking set screw 176, plunger 178, clamp ring 180 and saddle 182. Saddle 182 has a slot 184 sized to receive a rod which may be a vertical rod, e.g. vertical rod 106 of FIG. 1A. Locking set screw 176 is mounted at one end of slot 184 such that it may be tightened to secure a rod within slot 184.

[0072] Clamp ring 180 is sized such that, when relaxed it can slide freely up and down the housing 130 of bone anchor 102 and rotate around the housing 130. However, when locking set screw 176 is tightened on a rod, the clamp ring 180 grips the housing and prevents the offset connector 170 from moving in any direction. Saddle 182 is pivotably connected to clamp ring 180 by pivot pin 174. Saddle 182 can pivot about pivot pin 174. However, when locking set screw 176 is tightened on a rod, the plunger 178 grips the clamp ring 180 and prevents further movement of the saddle 182. In this way, operation of the single set screw 176 serves to lock the clamp ring 180 to the housing 130 of the bone anchor 102, fix saddle 182 in a fixed position relative to clamp ring 180 and secure a rod within the slot 184 of offset connector 170.

[0073] The above-described coaxial connector and offset connector are provided by way of example only. Alternative embodiments of coaxial heads and offset connectors can be found in the applications referenced below. These coaxial heads and offset connectors may be used in conjunction with the components herein described to permit assembly of a dynamic stabilization system appropriate to the functional needs and anatomy of a particular patient. In addition screws having an integrated connector may also be utilized to anchor components of

the dynamic stabilization system in fixed relationship to a vertebra, for example polyaxial screws.

[0074] The components of the dynamic stabilization system may be assembled and implanted in the spine of a patient to provide a multilevel dynamic stabilization assembly which provides dynamic stabilization of the spine and load sharing. In some embodiments, the first step is implantation of bone anchors in the vertebrae. In other embodiments, the bone anchors may be implanted with the deflection rod/connection component already installed and/or built in.

[0075] FIG. 1E, shows three adjacent vertebrae 191, 192 and 193. As a preliminary step, bone anchors 102a, 102b and 102c have been implanted in the vertebrae 191, 192 and 193 on the right side of the spinous process 194 between the spinous process 194 and the transverse process 195. A driver is inserted into the cavity 132a, 132b, 132c in order to drive the threaded portion of each bone anchor into the bone. In preferred procedures, the bone anchor is directed so that the threaded portion is implanted within one of the pedicles 196 angled towards the vertebral body 197. The threaded region of each bone anchor is fully implanted in the vertebrae 191, 192 and 193. A driver may alternatively and/or additionally engage the exterior surface of housing 130 in order to implant the bone anchor.

[0076] As shown in FIG. 1E, the housings 130a, 130b, 130c of each bone anchor remain partly or completely exposed above the surface of the vertebrae so that one or more of a connection system component and deflection component can be secured to each bone anchor 102a, 102b and 102c. Coaxial components may be coaxially-mounted inside each of cavities 132a, 132b, and 132c. Offset heads/connectors may also be externally-mounted to the outside surface of each of housings 130a, 130b and 130c. Note that bone anchors are also implanted on the left side of the spine.

[0077] After installation of the bone anchors, the deflection system components, vertical rod systems components and connection system components may be installed and assembled. FIG. 1F shows one way to assemble deflection system components and connection system components. As shown in FIG. 1F, a coaxial head 150 is installed in bone anchor 102c. An offset connector 170 is mounted externally to the housing of bone anchor 102b. A deflection rod 104a is coaxially mounted in the housing of bone anchor 102a. A deflection rod 104b is coaxially mounted in the housing of bone anchor 102b. A vertical rod 106a is connected at one end to deflection rod 104a by ball joint 108a. Vertical rod 106a is connected at the other end by in-line connector 170 to bone anchor 102b. A second vertical rod 106b is connected at

one end to deflection rod 104b by ball joint 108b. Vertical rod 106b is connected at the other end by coaxial head 160 to bone anchor 102c.

[0078] The dynamic stabilization assembly 190 of FIG. 1F thus has a vertical rod 106a, 106b stabilizing each spinal level (191-192 and 192-193). Each of the vertical rods 106a, 106b is secured rigidly at one end to a bone anchor (102b, 102c). Each of the vertical rods 106a, 106b is secured at the other end by a ball joint to a deflection rod 108a, 108b thereby allowing for some movement and load sharing by the dynamic stabilization assembly. Offset connector 170 and coaxial head 150 permit assembly of dynamic stabilization assembly 190 for a wide range of different patient anatomies and/or placements of bone anchors 102a, 102b and 102c. An identical or similar dynamic stabilization assembly would preferably be implanted on the left side of the spine. It should be noted that dynamic stabilization assembly 190 does not require horizontal bars or locking screws thereby reducing the exposure of tissue and/or bone to foreign bodies compared to systems with this additional hardware. The dynamic stabilization assembly of FIG. 1F, thereby, has a small footprint, potentially reducing the amount of displacement of tissue and/or bone, reducing trauma to tissue and/or bone during surgery. Further, the smaller footprint can reduce the amount of tissue that needs to be exposed during implantation.

[0079] The particular dynamic stabilization assembly shown in FIG. 1F is provided by way of example only. It is an aspect of preferred embodiments of the present invention that a range of components be provided and that the components may be assembled in different combinations and organizations to create different assemblies suitable for the functional needs and anatomy of different patients. Also, deflection rods having different force deflection characteristics may be incorporated at different spinal levels in accordance with the anatomical and functional requirements. Dynamic stabilization may be provided at one or more motion segments and in some cases dynamic stabilization may be provided at one or more motion segments in conjunction with fusion at an adjacent motion segment. Particular dynamic stabilization assemblies may incorporate combinations of the bone anchors, vertical rods, deflection rods, offset and coaxial connectors described herein, in the related applications, and standard spinal stabilization and/or fusion components, for example screws, rods and polyaxial screws. In particular the following related patent applications disclose components and assemblies useful in combination with the components and assemblies disclosed in the present patent application:

[0080] U.S. Patent Application No. 12/566,478, filed September 24, 2009, entitled “A Modular In-Line Deflection Rod And Bone Anchor System And Method For Dynamic Stabilization Of The Spine” (Attorney Docket No. SPART-01042US1); and

[0081] U.S. Patent Application No. 12/566,485, filed September 24, 2009, entitled
5 “Versatile Polyaxial Connector Assembly And Method For Dynamic Stabilization Of The Spine” (Attorney Docket No. SPART-01043US1); and

[0082] U.S. Patent Application No. 12/566,487, filed September 24, 2009, entitled
“Versatile Offset Polyaxial Connector And Method For Dynamic Stabilization Of The Spine”
(Attorney Docket No. SPART-01043US2); and

[0083] U.S. Patent Application No. 12/566,491, filed September 24, 2009, entitled “Load-
Sharing Bone Anchor Having A Deflectable Post and Method For Dynamic Stabilization Of
The Spine” (Attorney Docket No. SPART-01044US1); and

[0084] U.S. Patent Application No. 12/566,494, filed September 24, 2009, entitled “Load-
Sharing Component Having A Deflectable Post And Method For Dynamic Stabilization Of
15 The Spine” (Attorney Docket No. SPART-01044US5); and

[0085] U.S. Patent Application No. 12/566,498, filed September 24, 2009, entitled “Load-
Sharing Bone Anchor Having A Durable Compliant Member And Method For Dynamic
Stabilization Of The Spine” (Attorney Docket No. SPART-01044US6); and

[0086] U.S. Patent Application No. 12/566,504, filed September 24, 2009, entitled “Load-
20 Sharing Bone Anchor Having A Deflectable Post With A Compliant Ring And Method For
Stabilization Of The Spine” (Attorney Docket No. SPART-01044US7); and

[0087] U.S. Patent Application No. 12/566,507, filed September 24, 2009, entitled “Load-
Sharing Bone Anchor Having A Deflectable Post With A Compliant Ring And Method For
Stabilization Of The Spine” (Attorney Docket No. SPART-01044US8); and

[0088] U.S. Patent Application No. 12/566,511, filed September 24, 2009, entitled “Load-
Sharing Bone Anchor Having A Deflectable Post And Method For Stabilization Of The
Spine” (Attorney Docket No. SPART-01044US9); and

[0089] U.S. Patent Application No. 12/566,516, filed September 24, 2009, entitled “Load-
Sharing Bone Anchor Having A Deflectable Post And Method For Stabilization Of The
30 Spine” (Attorney Docket No. SPART-01044USA); and

[0090] U.S. Patent Application No. 12/566,519, filed September 24, 2009, entitled
“Dynamic Spinal Rod And Method For Dynamic Stabilization Of The Spine” (Attorney
Docket No. SPART-01044USC); and

[0091] U.S. Patent Application No. 12/566,522, filed September 24, 2009, entitled “Dynamic Spinal Rod Assembly And Method For Dynamic Stabilization Of The Spine” (Attorney Docket No. SPART-01044USD); and

5 [0092] U.S. Patent Application No. 12/566,529, filed September 24, 2009, entitled “Configurable Dynamic Spinal Rod And Method For Dynamic Stabilization Of The Spine” (Attorney Docket No. SPART-01044USE); and

[0093] U.S. Patent Application No. 12/566,531, filed September 24, 2009, entitled “A Spinal Prosthesis Having A Three Bar Linkage For Motion Preservation And Dynamic Stabilization Of The Spine” (Attorney Docket No. SPART-01044USF); and

10 [0094] U.S. Patent Application No. 12/566,534, filed September 24, 2009, entitled “Surgical Tool And Method For Implantation of A Dynamic Bone Anchor” (Attorney Docket No. SPART-01045US1); and

[0095] U.S. Patent Application No. 12/566,547, filed September 24, 2009, entitled “Surgical Tool And Method For Connecting A Dynamic Bone Anchor and Dynamic Vertical Rod” (Attorney Docket No. SPART-01045US2); and

15 [0096] U.S. Patent Application No. 12/566,551, filed September 24, 2009, entitled “Load-Sharing Bone Anchor Having A Deflectable Post And Centering Spring And Method For Dynamic Stabilization Of The Spine” (Attorney Docket No. SPART-01049US1); and

[0097] U.S. Patent Application No. 12/566,553, filed September 24, 2009, entitled “Load-Sharing Component Having A Deflectable Post And Centering Spring And Method For Dynamic Stabilization Of The Spine” (Attorney Docket No. SPART-01049US2); and

[0098] U.S. Patent Application No. 12/566,559, filed September 24, 2009, entitled “Load-Sharing Bone Anchor Having A Deflectable Post And Axial Spring And Method For Dynamic Stabilization Of The Spine” (Attorney Docket No. SPART-01053US1); and

25 [0099] U.S. Patent Application No. 12/130,395, filed May 30, 2008, entitled “A Deflection Rod System For A Dynamic Stabilization And Motion Preservation Spinal Implantation System And Method” (Attorney Docket No.: SPART-01037US1); and

[00100] U.S. Patent Application No. 12/130,095, filed May 30, 2008, entitled “A Spine Implant With A Deflection Rod System Including A Deflection Limiting Shield Associated With A Bone Screw And Method” (Attorney Docket No.: SPART-01039US2).

Deflection Rods/Loading Rods

[00101] One feature of embodiments of the present invention is the load sharing and range of motion provided by the deflection system and deflection rods of the deflection system. The

deflection rod provides stiffness and support where needed to support the loads exerted on the spine during normal spine motion thereby recovering improved spine function without sacrificing all motion. The deflection rod also isolates the anchor system components from forces exerted by the dynamic stabilization assembly; thereby reducing stress on the bone anchors and the bone to which they are attached. Moreover, by selecting the appropriate stiffness of the deflection rod to match the physiology of the patient and the loads that the patient places on the spine, a better outcome is realized for the patient.

[00102] The deflection rods of the present invention include in particular embodiments a deflectable post, a spring and a mounting/securing device. The deflectable post and mounting/securing device are typically made of biocompatible metal or metals, e.g. titanium and stainless steel. The spring is made of an elastic material, which may be a polymer or a metal. Suitable polymers include, for example, PEEK and Bionate[®]. Suitable metals include, for example, titanium, steel and Nitinol. The mounting/securing device secures the deflection rod to an anchoring device, for example, a bone screw, in a manner which allows deflection of the deflectable post. In some embodiments, the deflection rod is integrated with an anchoring device rather than selectably and/or removably mounted.

[00103] The deflectable post is configured to connect to the vertical rod system. The deflectable post may deflect relative to the anchoring device by compressing the spring. The deformation of the spring imparts force-deflection characteristics to the deflectable post. The movement of the deflectable post relative to the anchoring device allows controlled movement of the bone anchor (and vertebra in which it is implanted) relative to the vertical rod system. The deflection rod, thus, supports the vertebrae to which the bone anchors are attached while allowing movement of the vertebrae thereby providing for dynamic stabilization of the spine. In a dynamic stabilization assembly incorporating the deflection rod, the load sharing and deflection is provided by the deflection rod and to a lesser degree or not in the vertical rod such as the vertical rod 106 of FIG. 1A.

[00104] Deflection rods can be manufactured in a range from stiff configurations to compliant configurations by appropriate selection of the design, materials and dimensions of the post, spring and shield/housing. In particular, the spring rate of the spring can be adjusted to control the stiffness/flexibility of the deflection rod. Deflection rods having a particular stiffness/flexibility may be selected for use in a dynamic stabilization assembly based upon the physiological needs of a particular patient. In a preferred embodiment, deflection rod stiffness/flexibility is selected to provide load sharing in conjunction with from 50% to 100%

of the normal range of motion of a patient and more preferably 70% to 100% of the normal range of motion of a patient.

[00105] In some cases, certain of the deflection rods of a dynamic stabilization assembly can have a different stiffness or compliance than other of the deflection rods. Thus, in the same assembly, a first deflection rod can have a first flexibility or stiffness or rigidity, and a second deflection rod can have a second different flexibility or stiffness or rigidity depending on the needs of the patient. Particular embodiments of a dynamic stabilization assembly may utilize deflection rods having different deflection properties for each level and/or side of the dynamic stabilization assembly. In other words, one portion of a dynamic stabilization assembly may offer more resistance to movement than the other portion based on the design and selection of different on the deflection rods having different stiffness characteristics, if that configuration benefits the patient.

[00106] FIGS. 2A through 2G illustrate the design and operation of a first embodiment of a deflection rod according to an embodiment of the present invention. FIG. 2A shows an exploded view of deflection rod 200. Deflection rod 200 includes retainer 202, deflectable post 204, spring 206, shield 208, collar 210, screw 212 and ball 214. Deflection rod 200 connects to vertical rod 216 at a ball joint which includes ball 214, pocket 218 and cap 220. Shield 208 and collar 210 are securely attached to each other (or formed in one piece). A threaded aperture 211 passes obliquely through collar 210. Threaded aperture 211 is configured to receive a screw 212. Spring 206 is made of a compliant material which permits movement of deflectable post 204 relative to shield 208.

[00107] Retainer 202 may be a ball-shaped retainer 202 as shown. Retainer 202 may be formed in one piece with deflectable post 204 or may be securely attached to deflectable post 204. The retainer 202 may be attached by laser welding, soldering or other bonding technology. For example, retainer 202 in the form of a ball, disk, plate or other shape may be laser welded to the distal end of deflectable post 204. Alternatively, retainer 202 may mechanically engage the deflectable post 204 using, for example, threads. For example, a lock ring, toothed locking washer, cotter pin or other mechanical device can be used to secure deflectable post 204 within shield 208.

[00108] FIG. 2B shows an enlarged view of spring 206. As shown in FIG. 2B, spring 206 comprises a ring-shaped base 260 from which extends a plurality of lever arms 262. The lever arms extend upwards from base 260 and extend in towards the central axis of ring-shaped base 260. The lever arms 262 define an aperture 264 which is large enough for the passage of deflectable post 204 (not shown). The material of spring 206 is selected such that the lever

arms resist bending away from the position shown. Ring-shaped base 260 also includes rim 205 which is engaged by the lower edge of the shield 208 (See FIG. 2A). In some embodiments, spring 206 may be formed separately from deflection rod 200. For example, deflectable post 204 and spring 206 may be press fit into shield 208. Alternatively or
5 additionally, a biocompatible adhesive may be used to bond the spring 206 to the shield 208.

[00109] The stiffness of deflection rod 200 is affected by the spring rate of spring 206. The stiffness of the deflection rod 200 can be changed for example by increasing the spring rate of spring 206 and conversely, the stiffness may be reduced by decreasing the spring rate of spring 206. The spring rate of the spring 206 can be, for example, increased by increasing the
10 thickness of the lever arms 262 and/or decreasing the length of the lever arms 262. Alternatively and/or additionally changing the materials of the spring 206 can also affect the spring rate. For example, making spring 206 out of stiffer material increases the spring rate and thus reduces deflection of deflectable post 204 for the same amount of load – all other factors being equal. Spring 206 is preferably made of a biocompatible polymer or metal.
15 Spring 206 may, for example, be made from PEEK, Bionate[®] polycarbonate urethane, Nitinol, steel and/or titanium.

[00110] Spring 206 may have the same spring rate in each direction of deflection of the deflectable post (isotropic). The spring 206 may have different spring rates in different directions of deflection of the deflectable post (anisotropic). For example, the spring 206 can
20 be designed to have a different spring rate in different directions by adjusting, for example, the length, thickness and/or material of the lever arms 262 in one direction compared to another direction. A deflection rod 200 incorporating an anisotropic spring would have different force-deflection characteristics imparted to it by the spring 206 in different directions.

[00111] The stiffness of the deflection rod 200 is also affected by factors beyond the spring rate of spring 206. By changing the dimensions and or geometry of the deflectable post 204, spring 206 and the shield 208, the deflection characteristics of the deflection rod 200 can be changed. For example, the stiffness of the deflection rod 200 can be increased by increasing
25 the distance from the pivot point of the deflectable post 204 to the point of contact between the lever arms 262 surrounding aperture 264 and the deflectable post 204. Conversely, the stiffness of the deflection rod 200 can be decreased by decreasing the distance from the pivot
30 point of the deflectable post 204 to the point of contact between the lever arms 262 surrounding aperture 264 and the deflectable post 204.

[00112] The stiffness of the deflection rod may thus be varied or customized according to the needs of a patient by controlling the material and design of spring 206 and deflection rod 200. The deflection characteristics of the deflection rod 200 can be configured to approach the natural dynamic motion of the spine, while giving dynamic support to the spine in that region.

5 It is contemplated, for example, that the deflection rod can replicate a 70% range of motion and flexibility of the natural intact spine, a 50% range of motion and flexibility of the natural intact spine and a 30% range of motion and flexibility of the natural intact spine.

[00113] One feature of the present invention is to allow the efficient manufacture of a range of deflection rods having a range of different force-deflection characteristics. This can readily be accomplished by manufacturing a range of springs having different force-deflection characteristics and leaving the remainder of the components unchanged. In this way, a range of deflection rods may be manufactured with a small number of unique parts. In some cases, a kit is provided to a doctor having a set of deflection rods with different force-deflection characteristics from which the doctor may select the deflection rods most suitable for a particular patient. In other cases, the surgeon may select deflection rods prior to the procedure based upon pre-operative assessment.

[00114] Referring now to FIG. 2C, which shows a perspective view of a fully assembled deflection rod 200. When assembled, deflectable post 204 is positioned within spring 206 which is positioned within shield 208. A rim 205 on the outside surface of spring 206 is engaged by the lower edge of the shield 208. Ball-shaped retainer 202 is received in a partially spherical pocket 207 (See FIG. 2D) in the lower edge of spring 206. Deflectable post 204 may thus pivot in any direction about the center of ball-shaped retainer 202 as shown by arrows 230. (The lower half of ball-shaped retainer 202 is adapted to be received in a hemispherical pocket of the bone anchor (See FIG. 2D). The deflectable post 204 can also rotate about the longitudinal axis of the post and the bone anchor as shown by arrow 232.

[00115] Referring again to FIG. 2C, ball 214 is connected to the proximal end of deflectable post 204 to provide a component of a ball joint for connecting deflection rod 200 to a vertical rod 216. Ball 214 may be formed in one piece with deflectable post 204 or may be securely attached to deflectable post 204 using a joint, for example, a threaded joint, welded joint or adhesive joint. Retainer 202 is attached to the distal end of deflectable post 204 to prevent deflectable post 204 from being pulled out of spring 206. A cap 220 secures ball 214 within the pocket of vertical rod 216 creating a ball joint 222 which allows vertical rod 216 to rotate 360 degrees around the axis of deflectable post 204 (as shown by arrow 234) and also tilt away from the plane perpendicular to the axis of deflectable post 204 (as shown

by arrow 236). Thus, the vertical rod 216 is allowed to rotate and/or have tilting and/or swiveling movements about a center which corresponds with the center of the ball 214 of ball joint 222.

[00116] Fig. 2D shows a sectional view of deflection rod 200 through the longitudinal axis.

5 As shown in FIG. 2D spring 206 occupies the space between deflectable post 204 and shield 208 and is deformed by deflection of deflectable post 204 towards shield 208 in any direction. Spring 206 applies force to the deflectable post 204 to push deflectable post 204 towards the center position. FIG. 2D also shows how deflection rod 200 is mounted within the housing 130 of a bone anchor 102. Deflectable post is held in a position substantially coaxial or
10 collinear with bone anchor 102. Note that the bottom end of cavity 132 of housing 130 forms a hemispherical pocket which receives the distal end of retainer 202. Retainer 202 is thus trapped between spring 206 and housing 130 in a ball-joint that allows deflectable post 204 to pivot and rotate relative to bone anchor 102.

[00117] FIG. 2D, also illustrates the internal detail of the ball joint 222 which connects

15 vertical rod 216 and deflectable post 204 of deflection rod 200. The lower end of spring 206 includes spherical pocket 218 at one end. The proximal end of the deflectable post 204 is passed through aperture 219 in disk-shaped pocket 218 of the vertical rod 216. The diameter of deflectable post 204 is smaller than the diameter of the aperture 219. Once the proximal end of deflectable post 204 is passed through the aperture 219, ball 214 is attached to
20 deflectable post 204 using threading, fusing, gluing, press fit and/or laser welding techniques, for example. The diameter of the aperture 219 is less than the diameter of the ball 214 to prevent the ball 214 from passing back through the aperture 219. Once the ball 214 is positioned within the disk-shaped pocket 218 of the vertical rod 216, cap 220 is threaded, fused, glued, press fit and/or laser welded, for example, into pocket 218 thereby securing ball
25 214 within disk shaped pocket 218.

[00118] Fig. 2E shows a partial sectional view of a fully assembled deflection rod 200

along the axis indicated by line 2E—2E of FIG 2C. As shown in FIG. 2E, spring 206 occupies the space between deflectable post 204 and shield 208 and is deformed by deflection of deflectable post 204 towards shield 208 in any direction. Spring 206 resists deflection of
30 deflectable post 204 outwardly from a position that is collinear with the longitudinal axis of the spring 206. Spring 206 may be described for example as a centering spring. The spring rate of spring 206 is selected to generate the desired deflection/load characteristics for the deflection rod.

[00119] FIGS. 2F and 2G illustrate deflection of deflectable post 204. Applying a force to ball-joint 222 causes deflection of deflectable post 204 relative to shield 208 (and any bone anchor to which it may be mounted). Initially deflectable post 204 pivots about a pivot point 203 indicated by an X. In this embodiment, pivot point 203 is located at the center of ball-shaped retainer 202. In other embodiments, however, pivot point 203 may be positioned at a different location. For example, for other retainer shapes disclosed in the related applications referenced herein, the retainer may pivot about a point which is at the edge of the retainer or even external to the retainer. As shown in FIG. 2F, deflection of deflectable post 204 deforms the spring 206. The force required to deflect deflectable post 204 depends upon the dimensions of deflectable post 204, spring 206 and shield 208 as well as the attributes of the material of spring 206. In particular, the spring rate of spring 206 and elements thereof (See FIG. 2B) may be adjusted to impart the desired force-deflection characteristics to deflectable post 204.

[00120] As shown in FIG. 2G, after further deflection, deflectable post 204 comes into contact with limit surface 228 of shield 208. Limit surface 228 is oriented such that when deflectable post 204 makes contact with limit surface 228, the contact is distributed over an area to reduce stress on deflectable post 204 and limit surface 228. As depicted, the limit surface 228 is configured such that as the deflectable post 204 deflects into contact with the limit surface 228, the limit surface 228 is aligned/flat relative to the deflectable post 204 in order to present a larger surface to absorb any load and also to reduce stress or damage on the deflectable. Additional deflection may cause elastic deformation of deflectable post 204. Because deflectable post 204 is relatively stiff, the force required to deflect deflectable post 204 increases significantly after contact of deflectable post 204 with shield 208. For example, the stiffness may double upon contact of the deflectable post 204 with the limit surface 228. In a preferred embodiment, the proximal end of deflectable post 204 may deflect from 0.5 mm to 2 mm before making contact with limit surface 228. More preferably, deflectable post 204 may deflect approximately 1 mm before making contact with limit surface 228.

[00121] Thus, as load or force is first applied to the deflection rod by the spine, the deflection of the deflection rod responds about linearly to the increase in the load during the phase when deflection of deflectable post 204 causes compression of spring 206 as shown in FIG 2F. After about 1 mm of deflection, when deflectable post 204 contacts limit surface 228 (as shown in FIG. 2G) the deflection rod becomes stiffer. Thereafter, a greater amount of load or force needs to be placed on the deflection rod in order to obtain the same incremental amount of deflection that was realized prior to this point because further deflection requires

bending of deflectable post 204. Accordingly, the deflection rod provides a range of motion where the load supported increases about linearly as the deflection increases and then with increased deflection the load supported increases more rapidly in order to provide stabilization. Put another way, the deflection rod becomes stiffer or less compliant as the deflection/load increases.

[00122] FIGS. 3A-3D illustrate an alternative deflection rod 300. FIG. 3A shows an exploded view of alternative deflection rod 300. Deflection rod 300 includes ball-shaped retainer 302, deflectable post 304, spring 306, shield 308 and collar 310. In this embodiment, shield 308 and collar 310 are formed in one piece; however, they may be separate components. A mount 314 is present at the proximal end of deflectable post 304 suitable for connecting to a vertical rod. A ball may be used in place of mount 314 as previously described. In this embodiment, mount 314 is formed in one piece with deflectable post 304 and spherical retainer 302. In alternative embodiments, deflectable post 304 may be formed separately from and securely attached to one or more of mount 314 and retainer 302 by laser welding, soldering or other bonding technology. Alternatively, deflectable post 304 may be formed separately and mechanically engage one or more of mount 314 and retainer 302 using, for example, threads. For example, a lock ring, toothed locking washer, cotter pin or other mechanical device can be used to secure deflectable post 304 to one or more of mount 314 and retainer 302.

[00123] Spring 306 is made of an elastic material which permits movement of deflectable post 304 relative to shield 308. The spring 306 effectively controls and limits the deflection of the deflectable post 304. Spring 306 is preferably made of a polymer or a metal. For example, spring 306 may be made of Bionate[®], polycarbonate urethane, PEEK, Nitinol, steel or titanium. The properties of the material and dimensions of spring 306 are selected to achieve the desired spring rate of spring 306 and impart the desired force-deflection characteristics to deflectable post 304. In a preferred embodiment, spring 306 may be elastically deformed over a range of 0.5-2 mm by deflection of the deflectable post. Spring 306 fits inside shield 308 surrounding deflectable post 304. Spring 306 may be of the same design as spring 206 of FIG. 2B.

[00124] In this embodiment, deflection rod 300 is configured to be assembled with a bone anchor 320 prior to implantation of the bone anchor into a vertebra. Bone anchor 320 comprises a threaded bone screw 322 connected to a housing 330. The threads of bone screw 322 are designed to secure bone anchor 320 to a vertebra and may vary in configuration to be adapted to engage particular regions of a vertebra having greater or lesser bone density.

Alternative bone anchor configurations are illustrated in FIGS. 8A-8E. An assembly including a deflection rod and a bone anchor may be referred to herein as a dynamic bone anchor.

[00125] Housing 330 has a cavity 332 oriented along the axis of bone anchor 320 at the proximal end and configured to receive deflection rod 300. Housing 330 also has an outer surface 334 adapted for mounting a component, e.g. an offset connector. Housing 330 may in some embodiments be cylindrical as previously described. As shown in FIG. 3A, outer surface 334 of housing 330 may be provided with flutes 336 or other tool engagement features. Flutes 336 may be engaged by a driver that mates with flutes 336 for implanting and/or removing bone anchor 320.

[00126] Referring now to FIG. 3B, which shows a perspective view of a deflection rod 300 assembled with a bone anchor 320. When assembled, deflectable post 304 is positioned within spring 306 of FIG. 3A; spring 306 is positioned within shield 308 of FIG. 3A. Deflectable post 304, spring 306 and shield 308 are then placed in the cavity 332 of bone anchor 320. Threaded collar 310 is then secured in the threaded proximal end of cavity 332. Threaded collar 310 has two sockets 311 for receiving the pins of a pin wrench to allow threaded collar 310 to be tightened to threads 338 of housing 330. Threaded collar 310 is laser welded to housing 330 after installation to further secure the components. Threaded collar 310 secures deflectable post 304, spring 306 and shield 308 within cavity 332 of bone anchor 320. As shown again in FIG. 3B, outer surface 334 of housing 330 may be provided with flutes 336 or other tool engagement features. Flutes 336 may be engaged by a driver that mates with flutes 336 for implanting and/or removing bone anchor 320.

[00127] FIG. 3C illustrates the head of an open wrench 380 for driving bone anchor 320 into position. As shown in FIG. 3D, deflection rod 300 is already assembled with bone anchor 320 and thus a driver may not be inserted in the cavity of bone anchor 320. Open wrench 380 has a head 382 designed to engage the exterior surface 334 of housing 330. Exterior surface 334 is provided with features such as flutes 336 to facilitate engagement of housing 330 by open wrench 380. With such a tool, the housing 330 can be engaged and rotated about the longitudinal axis of the bone anchor 320 in order to drive the bone anchor into the bone. Open wrench 380 may be provided with a torque limiting or torque measuring component to facilitate installation of bone anchor 320. In alternative embodiments, a socket, wrench, pin wrench or the like may be used to engage housing 330 in place of an open wrench. In an alternative embodiment, a channel may be made through the long axis of deflectable post 304 communicating (when aligned) with a polygonal channel penetrating into the base of bone

anchor 320; an Allen wrench (or similar driver) then may be passed through the deflectable post 304 to engage the bone anchor 320 and drive the bone anchor 320 into the bone.

[00128] FIG. 3D shows a sectional view of deflection rod 300 as assembled with bone anchor 320 along the line 3D—3D of FIG. 3B. Ball-shaped retainer 302 is received in a hemispherical pocket 333 in the bottom of cavity 332. The bottom edge of spring 306 secures ball-shaped retainer 302 within hemispherical pocket 333 forming a ball-joint which allows post 304 to pivot and rotate around the center of ball-shaped retainer 302. Spring 306 is held in place by shield 308 which is secured to housing 330 by threaded collar 310.

[00129] When assembled, deflectable post 304 may pivot about the center of ball-shaped retainer 302. As shown in FIG. 3D spring 306 occupies the space between deflectable post 304 and shield 308 and is deformed by deflection of deflectable post 304 towards shield 308 in any direction. Spring 306 applies force to deflectable post 304 to push deflectable post 304 towards the center position. The force is applied by spring 306 to deflectable post 304 is dependent upon the spring rate of spring 306 and the amount of deflection. Spring 306 is designed and/or selected to impart the desired force-deflection characteristics to deflectable post 304.

[00130] After deflectable post 304 has deflected a certain amount, deflectable post 304 contacts the limit surface 328 of collar 310. Thereafter, further deflection of mount 314 requires bending of deflectable post 304. In this region then, spring 306 and deflectable post 304 both contribute to the desired force-deflection characteristics of deflection rod 300. Because deflectable post 304 is relatively stiff, the deflection rod 300 becomes substantially stiffer after contact between deflectable post 304 and limit surface 328. Put another way, the amount of deflection of mount 314 per additional unit of load decreases after contact between deflectable post 304 and limit surface 328. In a preferred embodiment, the stiffness of deflection rod 300 is increased by two times or more upon contact between deflectable post 304 and limit surface 328. Accordingly, the deflection rod provides a range of motion where the load supported increases about linearly as the deflection increases and then with increased deflection the load supported increases more rapidly in order to provide stabilization.

[00131] FIGS. 4A-4D illustrate an alternative deflection rod 400. FIG. 4A shows an exploded view of alternative deflection rod 400. Deflection rod 400 includes ball-shaped retainer 402, deflectable post 404, spring 406, shield 408 and collar 410. In this embodiment, shield 408 and collar 410 are formed as separate components. A mount 414 is present at the proximal end of deflectable post 404 suitable for connecting to a vertical rod. A ball may be used in place of mount 414 as previously described. In this embodiment, mount 414 is formed

in one piece with deflectable post 404 and retainer 402. In alternative embodiments, deflectable post 404 may be formed separately from and securely attached to one or more of mount 414 and retainer 402 by laser welding, soldering or other bonding technology. Alternatively, deflectable post 404 may be formed separately and mechanically engage one or more of mount 414 and retainer 402 using, for example, threads. For example, a lock ring, toothed locking washer, cotter pin or other mechanical device can be used to secure deflectable post 404 to one or more of mount 414 and retainer 402.

[00132] Spring 406 is made of an elastic material which permits movement of deflectable post 404 relative to shield 408. The spring 406 effectively controls and limits the deflection of the deflectable post 404. Spring 406 is preferably made of a polymer or a metal for example, PEEK, Bionate[®], titanium, steel or Nitinol. The spring rate of spring 406 is selected to achieve the desired force-deflection characteristics for deflectable post 404. The design, dimensions and material of spring 406 are selected to achieve the desired spring rate. In one preferred embodiment, spring 406 is made of PEEK and may be elastically deformed to allow from about 0.5 mm to 2 mm of travel in either direction by mount 414. Spring 406 fits inside shield 408 surrounding deflectable post 404. Spring 406 could be replaced with a spring similar to spring 206 of FIG. 2B.

[00133] In this embodiment, deflection rod 400 is configured to be assembled with a bone anchor 420 prior to implantation of the bone anchor. Bone anchor 420 comprises a threaded bone screw 422 connected to a housing 430. The threads of bone screw 422 are designed to secure bone anchor 420 to a vertebra and may vary in configuration so as to be adapted to engage particular regions of a vertebra having greater or lesser bone density.

[00134] Housing 430 of bone anchor 420 has a cavity 432 oriented along the axis of bone anchor 420 at the proximal end and configured to receive deflection rod 400. Housing 430 also has an outer surface 434 adapted for mounting a component, e.g. an offset connector. Housing 430 may, in some embodiments, be cylindrical as previously described. As shown in FIG. 4A, outer surface 434 of housing 430 may be provided with flutes 436 or other tool engagement features. Flutes 436 may be engaged by a driver that mates with flutes 436 for implanting and/or removing bone anchor 420.

[00135] FIG. 4B shows an enlarged view of spring 406. As shown in FIG. 4B, spring 406 comprises a plurality of spring elements 460. Each spring element 460 is in the form of a leaf spring. Each spring element 460 has a first end 462 and a second end 463 shaped to engage the shield and maintain the orientation of the spring elements 460. Between the first end 462 and second end 463, the spring elements curve in towards a raised middle section 464 which

is designed to engage the deflectable post 404 (see FIG. 4A). When the plurality of spring elements 460 is assembled, the middle sections 464 define an aperture 465 sized to receive the deflectable post 404. When assembled with deflectable post 404, movement of flexible post 404 pushes on middle section 464 of one or more spring element 460 causing the one or more
5 spring elements 460 to flatten out. The spring elements resist this deformation and apply a restoring force to the deflection rod 404 to cause it to return to the center position. The force applied to deflectable post 404 is dependent upon the spring rate of spring 406 and the amount of deflection of deflectable post 404.

[00136] Spring elements 460 may be individual elements as shown, or they may be joined
10 together, for example at the first ends 462 and/or second ends 463. If joined together, spring elements 460 may all be connected, or may be connected in two parts such that the two parts may be assembled from either side of deflectable post 404 during assembly with shield 408. Spring elements 460 may, in some embodiments, be formed in one piece, for example, machined or molded from a single block of material. In other embodiments, spring elements
15 460 may be formed as separate pieces and then attached to one another.

[00137] The spring rate of each spring element 460 may be controlled during design by choice of the design, dimensions and material of the spring element 460. For example, making the material of the spring elements 460 thicker or reducing the length of the spring element 460 can increase the spring rate of the spring element. Also, the material of the spring element
20 460 may be selected to achieve the desired force-deflection characteristics. The spring elements 460 may be identical thereby resulting in a force-deflection curve that is substantially uniform in all directions (isotropic). In other embodiments, the spring elements may have different spring rates thereby allowing the force-deflection curve of the deflection rod to be anisotropic – i.e. the deflection of deflectable post 404 has different force-deflection
25 characteristics in different directions.

[00138] Referring now to FIG. 4C, which shows a perspective view of a deflection rod 400 assembled with a bone anchor 420. When assembled, deflectable post 404 is positioned within spring 406 of FIG. 4A; spring 406 is positioned within shield 408 of FIG. 4A. Deflectable post 404, spring 406 and shield 408 are then placed in the cavity 432 of bone anchor 420.
30 Threaded collar 410 is then secured in the threaded proximal end of cavity 432. Threaded collar 410 has two sockets 411 for receiving the pins of a pin wrench to allow threaded collar 410 to be tightened to threads 438 of housing 430. Threaded collar 410 is laser welded to housing 430 after installation to further secure the components. Threaded collar 410 secures deflectable post 404, spring 406 and shield 408 within cavity 432 of bone anchor 420.

[00139] FIG. 4D shows a sectional view of deflection rod 400 as assembled with bone anchor 420 along the line 4D—4D of FIG. 4C. Ball-shaped retainer 402 is received in a hemispherical pocket 433 in the bottom of cavity 432. In this embodiment, the bottom edge of sleeve 408 secures ball-shaped retainer 402 within hemispherical pocket 433 forming a ball-joint which allows post 404 to pivot and rotate around the center of ball-shaped retainer 402. Shield 408 is held in position by collar 410 thereby securing retainer 402. Spring 406 is also secured by collar 410 between collar 410 and the bottom end of shield 408.

[00140] When assembled, deflectable post 404 may pivot about the center of ball-shaped retainer 402. Deflectable post 404 may also rotate about the long axis of the post. As shown in FIG. 4D, spring 406 occupies the space between deflectable post 404 and shield 408 and is deformed by deflection of deflectable post 404 towards shield 408 in any direction. Spring 406 applies force to the deflectable post 404 to push deflectable post 404 towards the center position. The force applied by spring 406 to deflectable post 404 depends upon the spring rate of spring 406 and the amount of deflection. Thus spring 406 imparts the desired force-deflection characteristics to the deflectable post 404.

[00141] After deflectable post has deflected a certain amount, deflectable post 404 contacts the limit surface 428 of collar 410. Thereafter, further deflection of mount 414 requires bending of deflectable post 404. In this region the, both spring 406 and deflectable post 404 contribute to the desired force-deflection characteristics of deflection rod 400. Because deflectable post 404 is relatively stiff, the deflection rod becomes substantially stiffer after contact between deflectable post 404 and limit surface 428. Put another way, the amount of deflection of mount 414 per additional unit of load decreases after contact between deflectable post 404 and limit surface 428. In a preferred embodiment, the stiffness of deflection rod 400 is increased by two times or more upon contact between deflectable post 404 and limit surface 428. Accordingly, the deflection rod provides a range of motion where the load supported increases about linearly as the deflection increases and then with increased deflection the load supported increases more rapidly in order to provide stabilization.

[00142] FIGS. 5A-5C show another alternative deflection rod having a different mechanism to secure the deflectable post to the deflection rod and/or the bone anchor and a different spring mechanism. The mechanisms of FIGS. 5A-5B may be adapted for use in other of the deflection rods described herein.

[00143] FIG. 5A shows an exploded view of alternative deflection rod 500. Deflection rod 500 includes ball-shaped retainer 502, post 504, spring 506, split-ring 538, collar 510, and mount 514. In this embodiment, ball-shaped retainer 502 is formed in one piece with post

504. In this embodiment deflection rod 500 is assembled with a bone anchor 520, which comprises a bone screw 522 connected to a housing 530. Housing 530 has a cavity 532 oriented along the axis of bone anchor 520 and configured to receive deflection rod 500. Housing 530 also has an outer surface adapted for mounting a component, e.g. an offset
5 connector. As shown in FIG. 5A, the outer surface of housing 530 is provided with flutes 531. Flutes 531 may be engaged by, e.g. an offset connector and/or a driver for implanting bone anchor 520.

[00144] In this embodiment, retainer 502 is a ball-shaped retainer. Mount 514 is suitable for connecting to a vertical rod. A second ball may be used in place of mount 514 as
10 previously described. In this embodiment, mount 514 is formed in one piece with deflectable post 504. In a preferred embodiment, mount 514, ball-shaped retainer 502 and deflectable post 504 are formed from a single piece of titanium. In alternative embodiments, deflectable post 504 may be formed separately from, and securely attached to, one or more of mount 514 and retainer 502 by laser welding, soldering or other bonding technology. Alternatively,
15 deflectable post 504 may be formed separately and mechanically engage one or more of mount 514 and retainer 502 using, for example, threads, a lock ring, toothed locking washer, cotter pin or other mechanism.

[00145] Spring 506 fits inside cavity 532 of housing 530 surrounding post 504. Spring 506 is inserted in cavity 532 of housing 530 over post 504. Threaded collar 510 is then secured in
20 the threaded proximal end of cavity 532. Threaded collar 510 has two sockets 511 for receiving the pins of a pin wrench to allow threaded collar 510 to be tightened to housing 530. Threaded collar 510 is laser welded to housing 530 after installation to further secure the components. Threaded collar 510 secures spring 506 within cavity 532 of bone anchor 520.

[00146] Fig. 5B shows a sectional view of a deflection rod 500 assembled with a bone
25 anchor 520. Ball-shaped retainer 502 may be locked in a ball-joint pocket in a variety of ways. Some suitable methods and devices for locking a ball in a ball-joint assembly are disclosed in U.S. Patent 4,666,330 titled "Ball Joint Assembly" to O'Connell et al.. As shown in FIG. 5B, ball-shaped retainer 502 fits in pocket 534 in the bottom of cavity 532 of housing 530. Pocket 534 is generally hemispherical. The entrance aperture 535 to pocket 534 is the
30 same diameter as ball-shaped retainer 502. However, entrance aperture 535 includes a groove 533 which receives a split-ring 538. Split-ring 538 has a larger diameter than aperture 535 but split-ring 538 is compressed slightly during installation. After passing through aperture 535, split-ring 538 expands outwards to occupy groove 533. Split-ring 538, when positioned in groove 533, reduces the effective diameter of aperture 535 and thereby prevents removal of

ball-shaped retainer 502. Other shapes of retainer and pocket may also be used as long as they pivotally secure the post 504 to the bone anchor 520 and allow the desired range of travel for post 504. In the deflection rod 500 of FIG. 5A-5B, no shield is needed between spring 506 and housing 530. By removing the thickness of the shield, the size/strength properties of the device may be enhanced.

[00147] When assembled, deflectable post 504 may pivot about the center of ball-shaped retainer 502. As shown in FIG. 5B, spring 506 occupies the space between post 504 and housing 530. Spring 506 is compressed by deflection of post 504 towards housing 530 in any direction. Spring 506 applies force to the deflectable post 504 to push deflectable post 504 towards the center position. The force applied by spring 506 to deflectable post 504 is dependent upon the spring rate of spring 506 and the amount of deflection of deflectable post 504. Thus, spring 506 initially imparts the desired force-deflection characteristics to post 504.

[00148] The interior surface of cavity 532 of housing 530 and/or collar 510 is shaped to provide the limit surface 572 to limit deflection of post 504. In a preferred embodiment, the spring may be compressed about 1 mm by deflection of the post 504 prior to contact of post 504 with limit surface 572 of collar 510. Thereafter, further deflection of mount 514 necessitates bending of post 504 and/or bone anchor 520. Post 504 and anchor 520 are stiffer than spring 506, thus upon contact of post 504 and limit surface 572, further deflection requires greater force per unit of deflection than prior to such contact. In preferred embodiments, the stiffness of the system increases to about double the stiffness of the spring after contact is made between post 504 and limit surface 572.

[00149] In this embodiment, spring 506 is formed from a plurality of planar springs 560. Spring 506 may comprise one or more planar springs 560. Planar springs 560 may be cut or stamped from a flat sheet of material. Spring 506 is preferably made of a biocompatible elastic polymer or metal. For example, planar springs 560 may be made from, Bionate®, Peek, Nitinol, steel and/or titanium. The properties of the design, dimensions and material of the spring 506 and deflectable post 504 are selected to achieve the desired force-deflection characteristics for deflectable post 504. In some embodiments, the number of planar springs 560 in a particular deflection rod may be selectable such that stiffer deflection rods have a larger number of planar springs 560 and more compliant deflection rods have a lower number of planar springs 560. In other embodiments, the spring rate of each spring 506 may be adjusted by design, dimension or material changes.

[00150] FIG. 5C shows an enlarged view of one possible embodiment of a planar spring 560. As shown in FIG. 5C, planar spring 560 comprises an inner ring 564 connected to an

outer ring 562 by a plurality of oblique lever arms 566. Outer ring 562 is sized to fit within cavity 532 of FIG. 5A. Inner ring 564 is sized so that aperture 565 just fits over post 504. The arrangement of lever arms 566 allows inner ring 564 to deflect laterally with respect to outer ring 562 by deforming lever arms 566. The lever arms resist the deformation. When assembled with post 504 and housing 530 inner ring 564 engages post 504 and outer ring 562 engages housing 530. When deflectable post 504 deflects towards housing 530, lever arms 566 are elastically deformed. Planar spring 560 imparts a return force upon post 504 upon deflectable post 504 pushing it away from housing 530 toward the center (neutral position). The force applied by spring 506 to deflectable post 504 is dependent upon the spring rate of spring 506 and the amount of deflection of deflectable post 504.

[00151] The spring/spring elements in the deflection rod of FIGS. 5A-5B are designed to elastically deform in the radial direction (relative to post 504). Alternative designs of springs may be used to control deflection of post 504 including, for example, spring washers, Belleville washers/disc springs, CloverDome™ spring washers, CloverSprings™, conical washers, wave washers, coil springs and finger washers. Examples of alternative springs which may be used in the deflection rod of FIGS. 5A-5B are shown in FIGS. 5D-5G.

[00152] FIG. 5D shows an enlarged view of an alternative embodiment of a planar spring 560d. As shown in FIG. 5D, planar spring 560d comprises an inner ring 564d connected to a plurality of oblique lever arms 566d. The outer ends 562d of lever arms 566d are positioned to fit within cavity 532. Inner ring 564d is sized so that aperture 565d just fits over post 504. The arrangement of lever arms 566d allows inner ring 564d to deflect laterally with respect to cavity 532 (FIG. 5B) by deforming lever arms 566d. The lever arms 566d resist the deformation. When assembled with post 504 and housing 530, planar spring 560d imparts a return force upon post 504 upon deflection of post 504 towards housing 530. One or more springs 560d may be used in the deflection rod of FIGS. 5A-5B.

[00153] FIG. 5E shows an enlarged view of an alternative embodiment of a spring 560e. As shown in FIG. 5E, spring 560e is a coil spring. The coil spring 560e is wound to form an inner ring 564e and an outer ring 562e. The outer ring 562e is sized to fit within cavity 532 (FIG. 5B). The inner ring 564e is sized so that aperture 565e just fits over post 504. Between inner ring 564e and outer ring 562e, are a plurality of helical coils 566e. The arrangement of coils 566e allows inner ring 564e to deflect laterally with respect to outer ring 562e by deforming coils 566e. The coils 566e resist the deformation. When assembled with post 504 and housing 530, coil spring 560e imparts a return force upon post 504 when post 504 deflects

towards housing 530 (FIG. 5B). One or more springs 560e may be used in the deflection rod of FIGS. 5A-5B.

[00154] FIGS. 5F and 5G show an enlarged view of an alternative embodiment of a spring 560f. FIG. 5G shows a side view of spring 560f in which it can be seen that spring 560f is a domed spring washer. The domed spring washer 560f has an inner aperture 564f and an outer circumference 562f. The outer circumference 562f is sized to fit within cavity 532 (FIG. 5B). The inner aperture 564f is sized to fit over post 504. Domed spring washer 560f has a plurality of interior and exterior cutouts 566f. These cutouts increase the compliance of domed spring washer 560f (but reduce stiffness). The cutouts are designed to allow the desired degree of lateral deformation while still providing the desired spring rate. The pattern of cutouts shown in FIG. 5F forms a clover pattern but other patterns may be used, for example, fingers. The design of domed spring washer 560f allows inner aperture 564f to deflect laterally with respect to outer circumference 562f by deforming the material of domed spring washer 560f. The material resists the deformation. When assembled with post 504 and housing 530, domed spring washer 560f imparts a return force upon post 504 when post 504 deflects towards housing 530. One or more spring washers 560f may be used in the deflection rod of FIGS. 5A-5B.

[00155] FIG. 6A is a sectional view illustrating the implantation of deflection rod 200 of FIG. 2A in a vertebra 640. As shown in FIG. 6A, a bone anchor 102 is oriented such that it passes through pedicle 642 into vertebral body 644 of vertebra 640. Note that the length of bone anchor 102 is selected based upon the anatomy of the patient. Thus, shorter bone anchors are used in smaller vertebrae and longer bone anchors are used in larger vertebrae. As shown in FIG. 6A, bone anchor 102 has shallower threads 650 adjacent housing 130. These shallow threads 650 engage the harder cortical bone 646 on the surface of the vertebra 640. Bone anchor 102 has deeper threads 652 towards the distal end of bone anchor 102. These threads 652 are better suited to engage the softer cancellous bone 648 within the vertebral body 644.

[00156] As shown in FIG. 6A deflection rod 200 is mounted within bone anchor 102 such that pivot point 203 is positioned below the surface of vertebra 640. Deflectable post 204 pivots about this pivot point 203 positioned close to or within vertebra 640. This is advantageous in that it places pivot point 203 of deflectable post 204 closer to the vertebral body 644 and thus closer to the natural instantaneous center of rotation of the spine. Placing pivot point 203 closer to the vertebral body 644 promotes natural motion and reduces non-physiological forces on the bones and strain on the system. Placing the pivot point 203 closer

to the vertebral body 644 also helps isolate bone anchor 102 from the relative motion between vertebra 640 and the vertical rod 216 which connects one vertebra to another vertebra. Pivot point 203 is preferably close to the surface of the vertebra 640 and more preferably pivot point 203 is within the vertebrae 640. Even more preferably, the pivot point 203 is positioned within the pedicle 642 of the vertebra 640 within the natural range of the instantaneous center of rotation of the spine. Although, in this embodiment, pivot point 203 is positioned at the center of retainer 202, in other embodiments, as described in the related applications referenced herein, the effective pivot point may be located at the edge of the retainer or even outside of the retainer.

10 [00157] FIG. 6B shows a lateral view of a dynamic stabilization assembly utilizing deflection rod 300 of FIG. 3A. As shown in FIG. 6B, deflection rod 300 is installed in bone anchor 320. Bone anchor 320 is implanted in a vertebra 640. A polyaxial screw 670 is implanted in a second vertebra 641. A vertical rod 660 is secured at one end to mount 314 of deflection rod 300. Mount 314 in this embodiment passes through an aperture in vertical rod 15 660. A threaded nut 662 secures vertical rod 660 directly to mount 314. The rigid connection between vertical rod 660 and deflection rod 300 provides a relatively stiff assembly. However, where greater range of motion/less stiffness is desired, vertical rod 660 may be connected to deflectable post 304 by a ball-joint, for example as previously described with respect to FIGS. 1A-1B.

20 [00158] Vertical rod 660 is mounted at the other end to the polyaxial head 672 of polyaxial screw 670. This screw 670 may be a standard polyaxial screw, for example, a 5.5mm polyaxial screw available in the marketplace. This screw 670 may, alternatively, be a bone anchor with a polyaxial head e.g. the polyaxial head previously described with respect to FIG. 1C. Alternatively, screw 670 may include a deflection rod and bone anchor as described 25 herein and a suitable connector to mount the deflection rod to the vertical rod 660. In a preferred embodiment, vertical rod 660 is a titanium rod 5.5mm in diameter as used in rigid spinal implants. The vertical rod 660 is secured to polyaxial head 672 using a threaded fitting, set screw 674, for example. The vertical rod 660 thereby supports the vertebrae while deflection rod 300 provides for load sharing and allows relative motion of vertebra 640 30 relative to vertebra 641. Thus, the dynamic stabilization assembly provides dynamic stabilization of the spine and load sharing. The dynamic stabilization assembly may be expanded to two or more levels using, for example, an offset connector mounted to the housing 330 of bone anchor 320. Thus, a modular system is provided which provides for the creation of a multi-level dynamic stabilization assembly.

[00159] FIGS. 7A and 7B show an alternative embodiment of deflection rod 700 which includes a mount 770 for connecting the deflection rod to a vertical rod. As shown in FIG. 7A, mount 770 includes a circular plate 774; the face of which is parallel to the longitudinal axis of deflectable post 704. A threaded pin 772 projects from the center of circular plate 774. 5 Threaded pin 772 is perpendicular to the longitudinal axis of deflectable post 704. On the face of circular plate 774 surrounding pin 772 are a plurality of radial splines 776.

[00160] Mount 770 is designed to mate with vertical rod 780 as also shown in FIG. 7A. Vertical rod 780 has at one end a circular plate 784; the face of which is parallel to the longitudinal axis of vertical rod 780. An aperture 782 passes through the center of circular 10 plate 784 and is sized to receive threaded pin 772. Aperture 782 is perpendicular to the longitudinal axis of vertical rod 780. On the face of circular plate 784 surrounding aperture 782 are a plurality of radial splines 786. The radial splines of vertical rod 780 are designed to mate with and engage the splines 776 of mount 770.

[00161] As shown in FIG. 7B, aperture 782 of vertical rod 780 is received over threaded 15 pin 772 of mount 770. The angle of vertical rod 780 relative to deflectable post 704 may be adjusted as shown by arrow 792. Adjustment of the relative angle of deflectable post 704 and vertical rod 780 combined with the ability of deflectable post 704 to rotate about its long axis (as shown by arrow 794) relative to bone anchor 720 provides two degrees of freedom and thus sufficient flexibility of installation to align vertical rod 780 with a bone anchor implanted 20 in another vertebrae. As shown in FIG 7B, a nut 790 engages threaded pin 772 to secure plate 774 to plate 784. Splines 776 of plate 774 are arranged facing splines 786 of plate 784. When nut 790 is tightened, splines 786 engage splines 776 to prevent rotation of vertical rod 780 about pin 772. Thus, when the nut 790 is tightened, the angle between deflectable post 704 and vertical rod 780 is fixed. The vertical rod mounting mechanism of FIGS. 7A and 7B may 25 be readily applied to any of the deflection rod systems described herein.

Alternative Bone Anchors

[00162] FIGS. 8A through 8E illustrate some possible variations in bone anchors of the anchoring system. The bone anchors each have a housing compatible with the deflection rods 30 of the deflection system and the offset heads/connectors of the connector system. In some embodiments, the deflection rod is installed/assembled in the bone anchor prior to implantation of the bone anchors in the body. In alternative embodiments, the bone anchors may be implanted in the body before installation of a deflection rod.

[00163] Bone anchor 810 of FIG. 8A is a bone screw having a threaded region 814 which extends up over most of a housing 812. A deflection rod 804 is installed in housing 812. The threaded region 814 may extend over a greater or lesser amount of housing 812 depending upon such factors as the length of the bone screw, the type of bone in which the screw is to be implanted and the desired height to which the housing 812 will extend above the bone surface after implantation. Bone anchor 810 may be useful to lower the depth of the pivot point of the deflection rod 804 closer to the natural instantaneous center of rotation of the spine. Note also that the distal thread depth 816 may be deeper than the proximal thread depth 818. The distal threads 818 are adapted for engagement of the soft cancellous bone while the proximal threads is adapted for engagement of the harder cortical bone at the surface of the vertebra.

[00164] Bone anchor 820 of FIG. 8B is a bone screw in which the screw-only section 824 is shorter in length than in bone screw 810 of FIG. 8A. A deflection rod 804 is installed in housing 822. Different lengths of screw-only section may be useful in different patients or different vertebrae as the size of the bone in which the anchor needs be implanted may vary considerably. For example, short bone screws are desirable where the dynamic stabilization system is to be implanted in smaller vertebrae. The physician may determine the length of bone screw appropriate for a particular patient by taking measurements during the procedure by determining measurements from non-invasive scanning, for example, X-ray NMR, and CT scanning. Note however, that housing 822 is preferably the same size and shape as the housings of the other bone anchors so as to be compatible with the same deflection rods, components and connectors.

[00165] Bone anchor 830 of FIG. 8C is a bone screw in which the screw-only section 834 has a smaller diameter and is shorter in length than in bone screw 810 of FIG. 8A. A deflection rod 804 is installed in housing 832. Different diameters of screw-only section may be useful in different patients or different vertebrae as the size of the bone in which the anchor needs be implanted may vary considerably. For example smaller diameter bone screws may be desirable where the dynamic stabilization system is to be implanted in smaller vertebrae. The physician may determine the diameter of bone screw appropriate for a particular patient by taking measurements during the procedure of by determining measurements from non-invasive scanning, for example, X-ray NMR, and CT scanning. Note however, that housing 832 is preferably the same size and shape as the housings of the other bone anchors so as to be compatible with the same deflection rods, components and connectors.

[00166] Bone anchor 840 of FIG. 8D is a bone screw in which the housing 842 has a rim 844 extending away from housing 842 where it transitions to the threaded region 846. A

deflection rod 804 is installed in housing 842. Rim 844 may serve to retain an offset head mounted to housing 842 in a way that it can rotate freely around housing 842 during installation. Rim 844 may also serve to widen the contact area between the bone anchor 840 where it meets the bone of the vertebra. This can act as a stop preventing over-insertion. This can also provide a wide base for stabilizing the housing against lateral motion and torque. Note that housing 842 is preferably the same size and shape as the housings of the other bone anchors so as to be compatible with the same deflection rods and connectors.

[00167] Bone anchor 850 of FIG. 8E illustrates a bone hook device 851 having a housing 852. A deflection rod 804 is installed in housing 852. Bone hook device 851 comprises a bar 854 to which housing 852 is rigidly connected. At either end of bar 854 is a bone hook 856 having a set screw 859 for securing the bone hook 856 to the bar 854. Each bone hook 856 has a plurality of sharp points 858 for engaging and securing the bone hook 856 to a vertebra. During use, the bone hooks 856 are urged towards each other until the sharp points engage and/or penetrate the surface of a bone. Set screws 859 are tightened to secure bone hooks 856 in position relative to bar 854 and thus secure housing 852 relative to the bone. Different arrangements of bone hooks and bars may be made suitable for attachment of the housing 852 to different types, sizes, shapes and locations of vertebra. Note that housing 852 is preferably the same size and shape as the housings of the other bone anchors so as to be compatible with the same deflection rods, components and connectors.

Alternate Dynamic Stabilization System

[00168] FIGS. 9A-11 introduce components of an alternate dynamic stabilization system according to an embodiment of the present invention. The components include anchor system components, deflection rods, vertical rods and connection system components, including for example coaxial and offset connectors. The components may be implanted and assembled to form a dynamic stabilization system appropriate for the anatomical and functional needs of a patient.

[00169] FIG. 9A shows a bone anchor 920 and a deflection rod 904. Deflection rod 904 is an example of a component of the deflection system. Deflection rod 904 is a component having controlled flexibility which allows for load sharing. The deflection rod 904 provides stiffness and support where needed to support the loads exerted on the spine during normal spine motion, which loads, the soft tissues of the spine are no longer able to accommodate since these spine tissues are either degenerated or damaged. Load sharing is enhanced by the ability to select the appropriate stiffness of the deflection rod in order to match the load

sharing characteristics desired. For embodiments of this invention, the terms “deflection rod” and “loading rod” can be used interchangeably. Deflection rods, deflection rod mountings and alternative deflection rods are described in more detail below.

[00170] Bone anchor 920 is an example of a component of the anchor system. Bone anchor
5 920 includes a housing 930 at the proximal end. Housing 930 has a bore 932 coaxial with the longitudinal axis of bone anchor 920. As shown in FIG. 9A, bone anchor 920 has a threaded shank 924 which engages a bone to secure the bone anchor 920 onto a bone. The anchor system may include one or more bone anchors including alternative bone anchors known in the art e.g. bone screws, bone hooks, expanding devices, barbed devices, threaded devices,
10 sutures, staples, adhesive and other devices capable of securing a component to bone instead of or in addition to bone anchor 920. Different bone anchors may be used to anchor the system to different positions in the spine depending upon the anatomy and needs of the patient.

[00171] Deflection rod 904 includes a deflectable post 905 which may deflect relative to a
15 bone anchor 920. Deflectable post 905 may deflect in a controlled manner relative to bone anchor 920 thereby provide for load sharing while preserving range of motion of the patient. The stiffness/flexibility of deflection of the deflectable post 905 relative to the bone anchor 920 may be controlled and/or customized as will be described below. An assembly comprising a deflection rod and a bone anchor may be referred to as a dynamic bone anchor.

[00172] A collar 910 is adapted to secure the deflectable post 905 within cavity 932 of
20 bone anchor 920. Collar 910 is secured into a fixed position relative to bone anchor 920 by threads and or a welded joint. As shown in FIG. 9A, bone anchor 920 includes a housing 930 at the proximal end. Housing 930 includes a cavity 932 for receiving deflection rod 904. Cavity 932 is coaxial with threaded bone anchor 920. The proximal end of cavity 932 is
25 threaded (not shown) to receive and engage collar 910. Alternative mechanisms and techniques may be used to secure the deflection rod to the bone anchor including for example, welding, soldering, bonding, and/or mechanical fittings including threads, snap-rings, locking washers, cotter pins, bayonet fittings or other mechanical joints.

[00173] As shown in FIG. 9A, deflection rod 904 and deflectable post 905 are oriented in a
30 co-axial, collinear or parallel orientation to bone anchor 920. This arrangement simplifies implantation, reduces trauma to structures surrounding an implantation site, and reduces system complexity. Arranging the deflection rod co-axial with the bone anchor 920 can substantially transfer a moment (of) force applied by the deflectable post 905 from a moment force tending to pivot or rotate the bone anchor 920 about the axis of the shaft, to a moment

force tending to act perpendicular to the axis of the shaft. The deflection rod can thereby effectively resist repositioning of the deflection rod and/or bone anchor 920 without the use of locking screws or horizontal bars to resist rotation. Moreover, because deflectable post 905 may undergo controlled deflection in response to loads exerted upon it by the vertical rod system, the deflectable post isolates the bone anchor 920 from many loads and motions present in the vertical rod system. Further examples of coaxial deflection rods are provided below. Each of the deflection rods described herein may be used as a component of a dynamic stabilization system.

[00174] Bone anchor 920 also includes a coupling 936 to which other components may be mounted. As shown in FIG. 9A, coupling 936 is the external cylindrical surface of housing 930. Housing 930 thus provides two mounting positions, one being the mount 914 of deflectable post 905 (a coaxial mounting position) and one being the surface of housing 930 (an external or offset mounting position). Thus, a single bone anchor 920 can serve as the mounting point for one, two or more components. A deflection rod 904 may be coaxially mounted in the cavity 932 of the housing 930 and one or more additional components may be externally mounted to the outer surface of the housing—coupling 936. For example, a component of the connection system may be mounted to the outer surface 936 of the housing – such a connector may be called an offset head or offset connector (See, e.g. FIG. 9B). In alternative embodiments, a component of the connection system may be coaxially-mounted in the cavity 932 in place of a deflection rod 904 – such a connector may be called a coaxial head or coaxial connector.

[00175] FIG. 9B shows a component of the connection system which may be mounted externally to the housing 930 of bone anchor 920 in conjunction with a coaxially-mounted component. FIG. 9B shows a perspective view of offset connector 940 mounted externally to housing 930 of bone anchor 920 in which a deflection rod 904 is coaxially mounted. Connector 940 may be termed an offset head or offset connector. Offset connector 940 comprises six components and allows for two degrees of freedom of orientation and two degrees of freedom of position in connecting a vertical rod to a bone anchor. The six components of offset connector 940 are dowel pin 942, pivot pin 944, locking set screw 946, plunger 948, clamp ring 941 and saddle 943. Saddle 943 has a slot 984 sized to receive a rod which may be a vertical rod e.g. vertical rod 906 of FIG. 9A. Locking set screw 946 is mounted at one end of slot 984 such that it may be tightened to secure a rod within slot 984.

[00176] Clamp ring 941 is sized such that, when relaxed it can slide freely up and down the housing 930 of bone anchor 920 and rotate around the housing 930. However, when locking

set screw 946 is tightened on a rod, the clamp ring 941 grips the housing and prevents the offset connector 940 from moving in any direction. Saddle 943 is pivotably connected to clamp ring 941 by pivot pin 944. Saddle 943 can pivot about pivot pin 944. However, when locking set screw 946 is tightened on a rod, the plunger 948 grips the clamp ring 941 and prevents further movement of the saddle 943. In this way, operation of the single set screw 946 serves to lock the clamp ring 941 to the housing 930 of the bone anchor 920, fix saddle 943 in a fixed position relative to clamp ring 941 and secure a rod within the slot 984 of offset connector 940.

[00177] The connector of FIG. 9B is provided by way of example only. It is desirable to have a range of different connectors which are compatible with the anchor system and deflection system. The connectors may have different attributes including, for example, different degrees of freedom, range of motion, and amount of offset which attributes may be more or less appropriate for a particular relative orientation and position of two bone anchors and/or patient anatomy. It is desirable that each connector be sufficiently versatile to connect a vertical rod to a bone anchor in a range of positions and orientations while being simple for the surgeon to adjust and secure. It is desirable to provide a set of connectors which allows the dynamic stabilization system to be assembled in a manner that adapts a particular dynamic stabilization assembly to the patient anatomy rather than adapting the patient anatomy for implantation of the assembly (for example by removing tissue\bone to accommodate the system). In a preferred embodiment, the set of connectors comprising the connection system have sufficient flexibility to allow the dynamic stabilization system to realize a suitable dynamic stabilization assembly in all situations that will be encountered within the defined patient population. Alternative embodiments of coaxial heads and offset connectors can be found in the related patent applications referenced above.

[00178] A vertical rod component may also be mounted to mount 914 of deflectable post 905. FIG. 9C shows an exploded view of a vertical rod 950. Vertical rod 950 includes an elongated rod 956 which is preferably a 5mm titanium rod. At one end of rod 956 is a pocket 957. Pocket 957 is shaped to receive a chrome ball 952. Ball 952 has a central aperture 953 shaped to receive mount 914 of deflection rod 904. Aperture 953 passes through the center of ball 952 and may be cylindrical or may be polygonal in section. Ball 952 is received in pocket 957 and then secured in place by cap 954. Cap 954 and pocket 957 may be threaded in order that cap 954 may be secured to rod 956. Cap 954 may also be secured to rod 956 by laser welding or other bonding technology. After being secured in pocket 957 by cap 954, ball 952 is still free to rotate within pocket 957. FIG. 9D shows vertical rod 950 mounted to a mount

914 of a deflectable post 905. As shown in FIG. 9D, mount 914 is passed through aperture 953 of ball 952 (not shown). A nut 960 is then secured to mount 914 securing ball 952 to mount 914. Nut 960 secures ball 952 to mount 914. However, vertical rod 950 may still rotate around ball 952 and pivot relative to deflectable post 905. Note that a connector 940, such as
5 shown in FIG. 9B, may be mounted to housing 930 to connect bone anchor 920 to a second vertical rod (not shown).

[00179] The components of the dynamic stabilization system may be assembled and implanted in the spine of a patient to provide a multilevel dynamic stabilization assembly which provides dynamic stabilization of the spine and load sharing. In some embodiments the
10 bone anchors may be implanted with the deflection rod/connection component already installed and/or built in. FIGS. 10 and 11, shows posterior and lateral views of three adjacent vertebrae 1091, 1092 and 1093. Referring first to FIG. 10, as a preliminary step, bone anchors 920a, 920b, 920c, and 920d comprising deflection rods 904a, 904b, 904c and 904d have been implanted in vertebrae 1091 and 1092 on the left and right sides of the spinous process 1094
15 between the spinous process 1094 and the transverse process 1095 in the pedicles 1096 of each vertebra. In the example shown in FIG. 10, polyaxial screws 1006a, 1006b are implanted in the pedicles 1096 of vertebra 1093.

[00180] In preferred procedures, the bone anchor is directed so that the threaded portion is implanted within one of the pedicles 1096 angled towards the vertebral body 1097 of each
20 vertebra. The threaded region of each bone anchor is fully implanted in the vertebrae 1091, 1092.

[00181] As shown in FIG. 11, the bone anchors 920a, 920b, 920c are long enough that the threaded portion of the bone anchor extends into the vertebral body 1097 of the vertebra. As shown in FIG. 10, the housings 930a, 930b, 930c, 930d of each bone anchor remain partly or
25 completely exposed above the surface of the vertebrae so a connection system component can be secured to each bone anchor 920a, 920b, 920c and 920d. In order to implant the bone anchors, a driver is used to engage the housing 930a, 930b, 930c, 930d of each bone anchor in order to drive the threaded portion of each bone anchor into the bone. The driver may have a torque-measuring and/or torque limiting function to assist in accurate implantation of the bone
30 anchor and avoid excess force being applied to the vertebrae. In alternative embodiments, the bone anchor may incorporate a torque limiting element, for example a secondary head which breaks away when the driver torque exceeds a predetermined torque limit.

[00182] After installation of bone anchors 920a, 920b, 920c, 920d and polyaxial screws 1006a, 1006b, the vertical rod system components and connection system components may be

installed and assembled. FIG. 10 shows, on the right side of the vertebrae, one way to assemble deflection system components and connection system components. (See also, lateral view of FIG. 11). Offset heads/connectors may be externally-mounted to the outside surface of each of housings 930a, 930b, 930c and 930d. An offset connector 940d is shown mounted to housing 930d or bone anchor 920d. A first vertical rod 950c is connected at one end to deflection rod 904c by ball joint 958c. Vertical rod 950c is connected at the other end by offset connector 940d to bone anchor 920d. A second vertical rod 950d is connected at one end to deflection rod 904d by ball joint 958d. Vertical rod 950d is connected at the other end to polyaxial screw 1006b.

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10 [00183] The dynamic stabilization assembly 1090 of FIGS. 10 and 11 thus has a vertical rod 950c, 950d stabilizing each spinal level (1091-1092 and 1092-1093). Each of the vertical rods 950c, 950d is secured rigidly at one end to a bone anchor (920b, 920c). Each of the vertical rods 906a, 906b is secured at the other end by a ball joint to a deflection rod 904c, 904d thereby allowing for some movement and load sharing by the dynamic stabilization assembly. Offset connector 940d permits assembly of the dynamic stabilization assembly for a wide range of different patient anatomies and/or placements of bone anchors 920a, 920b, 920c and 920d. An identical or similar dynamic stabilization assembly would preferably be implanted on the left side of the spine (See FIG. 10).

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20 [00184] It should be noted that the dynamic stabilization assembly of the present invention does not require horizontal bars or locking screws thereby reducing the exposure of tissue and/or bone to foreign bodies compared to systems with this additional hardware. The dynamic stabilization assembly thereby, has a small footprint, potentially reducing the amount of displacement of tissue and/or bone, reducing trauma to tissue and/or bone during surgery. Further, the smaller footprint can reduce the amount of tissue that needs to be exposed during
25 implantation.

[00185] The dynamic stabilization assembly and components shown in FIGS. 9A-11 are provided by way of example only. It is an aspect of preferred embodiments of the present invention that a range of components be provided and that the components may be assembled in different combinations and organizations to create different assemblies suitable for the functional needs and anatomy of different patients. Likewise deflection rod having different force deflection characteristics may be incorporated at different levels in accordance with the anatomical and functional requirements. Dynamic stabilization may be provided at one or more motion segments and in some cases dynamic stabilization may be provided at one or more motion segments in conjunction with fusion at an adjacent motion segment. Particular
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dynamic stabilization assemblies may incorporate various combinations of the bone anchors, vertical rods, deflection rods, offset and coaxial connectors described herein and in the related applications referenced above as well as standard spinal stabilization and/or fusion components, for example screws, rods and polyaxial screws.

5 [00186] Deflection rods according to the alternate embodiments of the present invention also provide load sharing while preserving range of motion and reducing stress exerted upon the bone anchors and spinal anatomy. The deflection rods share many of the functional characteristics and structural attributes of the deflection rods previously described. The deflection rods include a deflectable post mounted within a bone anchor. Deflection of the
10 deflectable post is controlled by a spring. Deflection of the deflectable post results in compression of the spring in an axial direction relative to the bone anchor – i.e. in a direction parallel to the longitudinal axis of the bone anchor. The force-deflection properties of the deflection rod may be adapted and/or customized to the anatomy and functional requirements of the patient by changing the properties of the spring. Different deflection rods having
15 different force-deflection properties may be utilized in different patients or at different spinal levels within the same patient depending upon the anatomy and functional requirements.

[00187] FIGS. 12A through 12E illustrate the design and operation of an alternate of a deflection rod according to the present invention. FIG. 12A shows an exploded view of deflection rod 1200. Deflection rod 1200 includes retainer 1202, deflectable post 1204, spring
20 1206, collar 1210, and mount 1214. Deflection rod 1200 is assembled with a bone anchor 1220. Bone anchor 1220 includes a threaded bone anchor 1224 having a housing 1230 at the proximal end. Housing 1230 contains a cavity 1232 which is coaxial with bone anchor 1224. Deflection rod 1200 is assembled within cavity 1232 such that deflectable post 1204 is generally coaxial or collinear with the longitudinal axis of bone anchor 1224 when not loaded.
25 The deflectable post 1204 is configured so that deflection of the deflectable post 1204 causes compression of spring 1206 in a direction generally parallel to the axis of bone anchor 1220. (See, e.g. FIGS. 12D & 12E).

[00188] FIG. 12B shows an enlarged perspective view of deflectable post 1204, retainer 1202 and mount 1214, which are made in one piece in this embodiment. Mount 1214 is
30 formed at the proximal end of deflectable post 1204 and includes a lip 1213, hexagonal portion 1215 and threaded portion 1216. Mount 1214 is configured for attachment of a vertical rod which may be secured in place over hexagonal portion 1215 against lip 1213 by a nut (not shown) secured to threaded portion 1216. A groove 1205 is provided between lip 1213 and hexagonal portion 1215 as strain relief.

[00189] Referring again to FIG. 12B, retainer 1202 is formed at the distal end of deflectable post 1204. Retainer 1202 has a curved proximal surface 1240 which is generally hemispherical. Deflectable post 1204 extends from the center of curved proximal surface 1240. At the edge of curved proximal surface 1240 is a lip 1242. The distal surface 1244 is generally planar and oriented perpendicular to the longitudinal axis of deflectable post 1204. The distal surface has a peripheral ridge 1246 adjacent the periphery for deflecting the spring 1206. The distal surface also has a central nub 1248 which forms the pivot point about which deflectable post 1204 may deflect. In alternative embodiments, retainer 1202 and/or mount 1214 may be formed separately from deflectable post 1204 and attached to deflectable post 1204 by laser welding, soldering or other bonding technology. Alternatively, retainer 1202 and/or mount 1214 may mechanically engage the deflectable post 1204 using, for example, threads.

[00190] FIG. 12C shows an enlarged perspective view of spring 1206. As shown in FIG. 12B, spring 1206 comprises a circular base 1260. From the middle of circular base 1260 protrudes a column 1264 having a curved indentation 1265 at the proximal end for receiving nub 1248 of deflectable post 1204. Extending laterally from column 1264 is a plurality of lever arms 1262. The material of spring 1206 is selected such that the lever arms resist bending away from the position shown. Circular base 1260 is designed to mate to the distal end of cavity 1232 to secure spring 1206 in position with lever arms 1262 held perpendicular to the longitudinal axis of bone anchor 1224 in the unloaded state.

[00191] The stiffness of deflection rod 1200 is affected by the spring rate of spring 1206. The stiffness of the deflection rod 1200 can be changed for example by increasing the spring rate of lever arms 1262 of spring 1206 and conversely the stiffness may be reduced by decreasing the spring rate of spring 1206. The spring rate of the lever arms 1262 of spring 1206 can be, for example, increased by increasing the thickness of the lever arms 1262 and/or decreasing the length of the lever arms 1262. Alternatively and/or additionally changing the materials of the spring 1206 can also affect the spring rate. For example, making spring 1206 out of stiffer material increases the spring rate and thus reduces deflection of deflectable post 1204 for the same amount of load – all other factors being equal. Spring 1206 is preferably made of a biocompatible polymer or metal. Spring 1206 may, for example, be made from PEEK, Bionate[®], Nitinol, steel and/or titanium.

[00192] Spring 1206 may have the same spring rate in each direction of deflection of the deflectable post (isotropic). The spring 1206 may have different spring rates in different directions of deflection of the deflectable post (anisotropic). For example, the spring 1206 can

be designed to have different spring rate in different directions by adjusting, for example, the length, thickness and/or material of the lever arms 1262 in one direction compared to another direction. A deflection rod 1200 incorporating an anisotropic spring would have different force-deflection characteristics imparted to it by the spring 1206 in different directions.

5 [00193] The stiffness of the deflection rod 1200 is also affected by factors beyond the spring rate of spring 1206. By changing the dimensions and or geometry of the deflectable post 1204, spring 1206 and the shield 1208, the deflection characteristics of the deflection rod 1200 can be changed. For example, the stiffness of the deflection rod 1200 can be increased by increasing the distance from the pivot point of the deflectable post 1204 to the point of
10 contact between the lever arms 1262 surrounding aperture 1264 and the deflectable post 1204. Conversely, the stiffness of the deflection rod 1200 can be decreased by decreasing the distance from the pivot point of the deflectable post 1204 to the point of contact between the lever arms 1262 surrounding aperture 1264 and the deflectable post 1204.

[00194] The stiffness of the deflection rod may thus be varied or customized according to
15 the needs of a patient by controlling the material and design of spring 1206 and deflection rod 1200. The deflection characteristics of the deflection rod 1200 can be configured to approach the natural dynamic motion of the spine, while giving dynamic support to the spine in that region. It is contemplated, for example, that the deflection rod can replicate a 70% range of motion and flexibility of the natural intact spine, a 50% range of motion and flexibility of the
20 natural intact spine and a 30% range of motion and flexibility of the natural intact spine.

[00195] One feature of the present invention is to allow the efficient manufacture of a range of deflection rods having a range of different force-deflection characteristics. This can readily be accomplished by manufacturing a range of springs having different force-deflection characteristics and leaving the remainder of the components unchanged. In this way a range of
25 deflection rods may be manufactured with a small number of unique parts. In some cases a kit is provided to a doctor having a set of deflection rods with different force-deflection characteristics from which the doctor may select the deflection rods most suitable for a particular patient. In other cases, the surgeon may select deflection rods prior to the procedure based upon pre-operative assessment.

30 [00196] Referring now to FIGS. 12D and 12E, which show sectional views of a fully assembled deflection rod 1200. When assembled, spring 1206 is positioned in the distal end of cavity 1232 of housing 1230. Retainer 1202 is inserted into cavity 1230 so that nub 1248 of retainer 1202 engages indentation 1265 of spring 1206. Ridge 1226 of retainer 1202 makes contact with lever arms 1262. Collar 1210 is positioned over deflectable post 1204 and

secured into the threaded opening of cavity 1232. Collar 1232 has a curved surface 1212 which is complementary to the curved surface 1240 of retainer 1202. Collar 1210 secures retainer 1202 within cavity 1230 and traps spring 1206 between retainer 1202 and housing 1230.

- 5 [00197] When assembled, deflectable post 1204 may pivot about the center of rotation defined by spherical surface 1240 – marked by an “X” in FIG. 12E. Deflectable post 1204 may also rotate about its longitudinal axis. Fig. 12E shows a partial sectional view of a fully assembled deflection rod 1200. As shown in FIG. 12E, spring 1206 occupies the space between retainer 1202 and housing 1230. When deflectable post 1204 deflects from a position
10 coaxial with bone anchor 1220, ridge 1226 pushes on spring 1206 compressing spring 1206. The spring 1206 is compressed in a direction parallel to the axis of bone anchor 1220. To put it another way a load applied transverse to the axis of the deflectable post 1204 as shown by arrow 1270 is absorbed by compression of spring 1206 in a direction generally parallel to the axis of bone anchor 1220 as shown by arrow 1272.
- 15 [00198] This arrangement means that less transverse forces are transmitted to the bone anchor 1220 by a load applied to deflectable post 1204 until deflectable post 1204 reaches the end of the range of motion and makes contact with the limit surface 1211 of collar 1210. Deflection rod 1200 effectively isolates bone anchor 1220 from these forces where the load is below a limit controlled by spring 1206. The spring rate of spring 1206 is selected to generate
20 the desired deflection/load characteristics for the deflection rod. The isolation of bone anchor 1220 from many transverse loads on deflectable post 1204 reduces the stress placed on bone anchor 1220 and the number of loading/unloading events experienced by the bone anchor/bone interface. This leads to a stronger and more durable connection between the bone anchor and the vertebra.
- 25 [00199] FIG. 12E illustrates deflection of deflectable post 1204. Applying a transverse load to deflectable post 1204 as shown by arrow 1270 causes deflection of deflectable post 1204 relative to shield 1208 (and any bone anchor to which it may be mounted). Initially deflectable post 1204 pivots about a pivot point 1203 indicated by an X. In this embodiment, pivot point 1203 is located at the center of ball-shaped retainer 1202. In other embodiments,
30 however, pivot point 1203 may be positioned at a different location. For example, for other retainer shapes disclosed in the related applications referenced above, the retainer may pivot about a point which is at the edge of the retainer or even external to the retainer. As shown in FIG. 12F, deflection of deflectable post 1204 deforms the spring 1206. The force required to deflect deflectable post 1204 depends upon the dimensions of deflectable post 1204, spring

1206 and shield 1208 as well as the attributes of the material of spring 1206. In particular, the spring rate of spring 1206 and elements thereof (See FIG. 12B) may be adjusted to impart the desired force-deflection characteristics to deflectable post 1204.

[00200] As shown in FIG. 12E, after further deflection, deflectable post 1204 comes into
5 contact with limit surface 1211 of collar 1210. Limit surface 1211 is oriented such that when
deflectable post 1204 makes contact with limit surface 1211, the contact is distributed over an
area to reduce stress on deflectable post 1204 and limit surface 1211. Lip 1242 of retainer
1202 is positioned so that it makes simultaneous contact with the lower limit surface 1213 of
10 collar 1210 on the opposite side of collar 1210. As depicted, the limit surface 1211 is
configured such that as the deflectable post 1204 deflects into contact with the limit surface
1211, the limit surface 1211 is aligned/flat relative to the deflectable post 1204 in order to
present a larger surface to absorb any load and also to reduce stress or damage on the
deflectable.

[00201] Additional deflection of deflectable post 1204 after contact with limit surface 1211
15 may cause elastic deformation (bending) of deflectable post 1204. Because deflectable post
1204 is relatively stiff, the force required to deflect deflectable post 1204 increases
significantly after contact of deflectable post 1204 with the limit surfaces 1211, 1213 of collar
1210. For example, the stiffness may double upon contact of the deflectable post 1204 with
the limit surfaces 1211, 1213 of collar 1210. In a preferred embodiment, the proximal end of
20 deflectable post 1204 may deflect from 0.5 mm to 2 mm before deflectable post 1204 makes
contact with limit surfaces 1211, 1213. More preferably deflectable post 1204 may deflect
approximately 1 mm before making contact with limit surfaces 1211, 1213.

[00202] Thus as load or force is first applied to the deflection rod by the spine, the
deflection of the deflection rod responds about linearly to the increase in the load during the
25 phase when deflection of deflectable post 1204 causes compression of spring 1206 as shown
in FIG. 12E. After about 1 mm of deflection, when deflectable post 1204 contacts limit
surface 1211 and lip 1242 contacts lower limit surface 1213 (as shown in FIG. 12E) the
deflection rod becomes stiffer. Thereafter a greater amount of load or force needs to be placed
on the deflection rod in order to obtain the same incremental amount of deflection that was
30 realized prior to this point because further deflection requires bending of deflectable post
1204. Accordingly, the deflection rod 1200 provides a range of motion where the load
supported increases about linearly as the deflection increases and then with increased
deflection the load supported increases more rapidly in order to provide stabilization. To put it

another way, the deflection rod 1200 becomes stiffer or less compliant as the deflection/load increases.

[00203] FIGS. 13A through 13C illustrate the design and operation of an alternative embodiment of a deflection rod according to an embodiment of the present invention.

5 Deflection rod 1300 is similar to deflection rod 1200 of FIGS. 12A-12E. FIG. 13A shows an exploded view of deflection rod 1300. FIGS. 13B and 13C show a sectional view of deflection rod 1300 as assembled.

[00204] As shown in FIG. 13A, deflection rod 1300 has a number of parts in common with deflection rod 1200 of FIGS. 12A-12E. Deflection rod 1300 includes retainer 1202,
10 deflectable post 1204, spring 1306, collar 1210, and mount 1214. Deflection rod 1300 is assembled with a bone anchor 1320. Bone anchor 1320 includes a threaded bone anchor 1324 having a housing 1330 at the proximal end. Housing 1330 contains a cavity 1332 which is coaxial with bone anchor 1224. Deflection rod 1300 is assembled within cavity 1332 such that
15 deflectable post 1204 is generally coaxial or collinear with the longitudinal axis of bone anchor 1324 when not loaded. The deflectable post 1204 is configured so that deflection of the deflectable post 1204 causes compression of spring 1306 in a direction generally parallel to the axis of bone anchor 1320. (See, e.g. FIGS. 14A & 14B).

[00205] Spring 1306 is similar in design to spring 1206 with the exception that spring 1306 has a central aperture 1365 in place of indentation 1265. Spring 1306 includes a central
20 aperture 1365 which passes all the way through spring 1306. As before, spring 1306 has a plurality of lever arms 1362. The material of spring 1306 is selected such that the lever arms resist bending away from the position shown. Annular base 1360 is designed to mate to the distal end of cavity 1332 to secure spring 1306 in position with lever arms 1362 held perpendicular to the longitudinal axis of bone anchor 1324 in the unloaded state.

25 **[00206]** Housing 1330 is similar to housing 1230 with the exception that a short column 1334 extends up from the distal end of cavity 1332 into cavity 1332. As shown in FIGS. 13B and 13C, a column 1334 in the distal end of cavity 1332 of housing 1330 is sized to fit within aperture 1365 of spring 1306. Column 1334 has a curved indentation 1335 at the proximal end for receiving nub 1248 of deflectable post 1204. Retainer 1202 is positioned within cavity
30 1332 such that nub 1248 engages curved indentation 1335 of column 1334. Thus retainer 1202 is trapped between column 1334 and collar 1210 and may pivot about a pivot point within nub 1248. Collar 1210 is secured to the proximal end of cavity 1332 thereby securing retaining 1202 in cavity 1332 and trapping spring 1306 between retainer 1202 and housing 1330.

[00207] Spring 1306 is received around column 1334 at the distal end of cavity 1332. The stiffness of deflection rod 1300 is affected by the spring rate of spring 1306. The stiffness of the deflection rod 1300 can be changed for example by increasing the spring rate of lever arms 1362 of spring 1306 and conversely the stiffness may be reduced by decreasing the spring rate of spring 1306. The spring rate of the lever arms 1362 of spring 1206 can be, for example, increased by increasing the thickness of the lever arms 1362 and/or decreasing the length of the lever arms 1362. Alternatively and/or additionally changing the materials of the spring 1306 can also affect the spring rate. For example, making spring 1306 out of stiffer material increases the spring rate and thus reduces deflection of deflectable post 1304 for the same amount of load – all other factors being equal. Spring 1306 is preferably made of a biocompatible polymer or metal. Spring 1306 may, for example, be made from PEEK, Bionate[®], Nitinol, steel and/or titanium.

[00208] Referring now to FIGS. 13B and 13C, which show sectional views of a fully assembled deflection rod 1300. When assembled, spring 1306 is positioned in the distal end of cavity 1332 of housing 1330. Retainer 1202 is inserted into cavity 1330 so that nub 1248 of retainer 1202 engages indentation 1335 of housing 1330. Ridge 1226 of retainer 1202 makes contact with lever arms 1362. Collar 1310 is positioned over deflectable post 1204 and secured into the threaded opening of cavity 1332. Collar 1232 has a curved surface 1212 which is complementary to the curved surface 1240 of retainer 1202. Collar 1210 secures retainer 1202 within cavity 1230 and traps spring 1306 between retainer 1202 and housing 1330.

[00209] Deflectable post 1204 may pivot about nub 1248. When assembled, deflectable post 1204 may pivot about the center of rotation defined by engagement of nub 1248 with curved indentation 1335 in FIGS. 13A, 13B. Deflectable post 1204 may also rotate about its longitudinal axis. Fig. 13B shows a partial sectional view of a fully assembled deflection rod 1300. As shown in FIG. 13B, spring 1306 occupies the space between retainer 1202 and housing 1330. When deflectable post 1204 deflects from a position coaxial with bone anchor 1320, ridge 1226 pushes on spring 1306 compressing spring 1306. The spring 1306 is compressed in a direction parallel to the axis of bone anchor 1320. To put it another way a load applied transverse to the axis of the deflectable post 1304 is absorbed by compression of spring 1306 in a direction generally parallel to the axis of bone anchor 1320.

[00210] As shown in FIG. 13C, when deflectable post 1204 deflects away from alignment with bone anchor 1324, retainer 1202 compresses spring 1206 between retainer 1202 and housing 1230. Spring 1206 is compressed in a direction parallel to the longitudinal axis of

bone anchor 1324. After a fixed amount of deflection, deflectable post 1204 makes contact with collar 1210. FIG. 13C illustrates deflection of deflectable post 1204. Applying a transverse load to deflectable post 1204 causes deflection of deflectable post 1204 relative to shield 1208 (and any bone anchor to which it may be mounted). Initially deflectable post 1204 pivots about a pivot point indicated by an X. In this embodiment, the pivot point is located at the center of nub 1248. In other embodiments, however, the pivot point may be positioned at a different location. For example, for other retainer shapes disclosed in the related applications referenced herein, the retainer may pivot about a point which is at the edge of the retainer or even external to the retainer. As shown in FIG. 13C, deflection of deflectable post 1204 deforms the spring 1306. The force required to deflect deflectable post 1204 depends upon the dimensions of deflectable post 1204, spring 1306 as well as the attributes of the material of spring 1306. In particular, the spring rate of spring 1306 and lever arms 1362 thereof (See FIG. 13A) may be adjusted to impart the desired force-deflection characteristics to deflectable post 1204.

[00211] The spring/spring elements in the deflection rod of FIGS. 13A-13C are designed to elastically deform in the longitudinal direction (relative to deflectable post 1204 and bone anchor 1220). Alternative designs of springs may be used to control deflection of deflectable post 1204 including, for example, spring washers, Belleville washers/disc springs, CloverDome™ spring washers, CloverSprings™, conical washers, wave washers, coil springs and finger washers. Examples of alternative springs which may be used in the deflection rod of FIGS. 13A-13C are shown in FIGS. 14A-14C

[00212] FIG. 14A shows an alternative annular spring 1406a which may be used in place of spring 1306 of FIGS. 13A-13C. As shown in FIG. 14A, spring 1406a is a multi-turn wave spring having an attached end plate 1370. Spring 1406a has a central aperture 1472 sized to fit over column 1334 of housing 1330 (see, e.g. FIGS. 13B, 13C). Spring 1406a may be manufactured such that when uncompressed it is slightly longer than the gap between retainer 1202 and housing 1330. Thus, spring 1406a is preloaded when assembled with bone anchor 1320. This reduces any slack that may occur in the force deflection response of deflectable post 1204 even if there is some relaxation of spring 1406a after assembly. Wave springs having on or more turns are advantageous in this application in that they may be design to have a high spring constant relative to the size of the spring and range of travel. The thickness of the metal, the number of turns of the spring and other dimensions may be are selected based upon the spring constant and range of deflection desired. An end plate 1470 as shown may be used to ensure that the force deflection characteristics of the deflection rod are

isotropic and independent of whether the direction of deflection is coincident with the peak or trough of the wave spring.

[00213] FIG. 14B shows an alternative annular spring 1406b which may be used in place of spring 1306 of FIGS. 13A-13C. As shown in FIG. 14B, spring 1406b has a ring of compliant polymer 1486 sandwiched between end plates 1480 and 1484. Spring 1406b has a central aperture 1482 sized to fit over column 1334 of housing 1330 (see, e.g. FIGS. 13B, 13C). Spring 1406b may be manufactured such that when uncompressed it is slightly longer than the gap between retainer 1202 and housing 1330. Thus, spring 1406b is preloaded when assembled with bone anchor 1320. This reduces any slack that may occur in the force deflection response of deflectable post 1204 even if there is some relaxation of spring 1406b after assembly. The material of compliant polymer ring 1486 may be selected to generate the desired spring constant. End plate 1480 may be used to protect the ring of compliant polymer 1486 from wear caused by motion of retainer 1202. End plate 1484 is designed to engage the distal end of cavity 1332, and secure compliant polymer ring 1486 in position. In some embodiments, the compliant polymer ring may be utilized without one or more of end plates 1484 and 1480.

[00214] A number of designs of spring washers are suitable for use in deflection rod 1300 of FIGS. 13A-13C. For example, FIG. 14C shows a clover spring washer 1406c. The washer 1406c is a type of domed spring washer with cutouts that increase the compliance. The clover spring and or other spring washers may be designed to provide the desired spring constant and deflection characteristics. One or more spring washers 1406c may be stacked to increase the spring constant. In some embodiments, a different number of spring washers may be utilized in different versions of the deflection rod in order to easily manufacture a range of deflection rods having different force/deflection characteristics. Alternatively, the dimensions of the washers may be selected to generate washers having the desired spring constant and range of deflection. Although a clover spring washer is shown, other spring washers such as Belleville washers, finger washers, conical washers, dome washers may be used in the deflection rod of FIGS. 13A-13C. FIG. 14C shows an alternative annular spring system 1406c which may be used in place of spring 1306 of FIGS. 13A-13C.

[00215] As shown in FIG. 14C, spring system 1406c includes a stack of spring washers 1490. Each spring washer 1490 has a central aperture 1492 sized to fit over column 1334 of housing 1330 (see, e.g. FIGS. 13B, 13C). Spring system 1406c may be designed such that when uncompressed it is slightly longer than the gap between retainer 1202 and housing 1330. Thus, spring 1406c is preloaded when assembled with bone anchor 1320. This reduces any

slack that may occur in the force deflection response of deflectable post 1204 even if there is some relaxation of spring 1406c after assembly. The material and configuration of spring washers 1490 may be selected to generate the desired spring constant. Although a cloverleaf design spring washer is shown alternative configurations of spring washers including, for example, dome washers, Belleville washers, and/or finger washers may be utilized to achieve the desired force deflection characteristics. Typically the spring washer will be formed of a biocompatible metal, for example steel or titanium.

[00216] FIGS. 15A-15C show views of an alternative deflection rod 1530 according to an embodiment of the invention. FIG. 15A shows an exploded view of the deflection rod 1530. FIGS. 15B and 15C show sectional views of the deflection rod 1530 with FIG. 15C illustrating deflection of deflection rod 1530 under load.

[00217] Referring first to FIG. 15A, deflection rod 1530 is assembled in cavity 1554 of housing 1552 of bone anchor 1550. A compliant disc 1536 is first placed into cavity 1554. With compliant disc 1536 in position, deflectable post 1534 is then inserted into cavity 1554. Deflectable post 1534 has a retainer in the form of control disc 1535 at the distal end. Control disc 1535 fits snugly against compliant disc 1536. Collar 1540 is then secured into the end of cavity 1554 by threads or the like. Collar 1540 may also be bonded or welded into place. The lower surface 1541 of collar 1540 is shaped to form the top portion of a pocket in which control disc 1535 may pivot and rotate. The edges of control disc 1535 and the walls of cavity 1554 are radiussed so that control disc 1535 may pivot over the desired range of travel. The edges of control disc 1535 and the walls of cavity 1554 interact to maintain the center of rotation of the control disc 1535 in a fixed position (shown by the X in FIGS. 15B and 15C).

[00218] Compliant disc 1536 is preferably made of a compliant biocompatible polymer. Compliant disc 1536 may, for example, be made from a polycarbonate urethane (PCU) such as Bionate[®]. If the compliant disc 1536 is comprised of Bionate[®], a polycarbonate urethane or other hydrophilic polymer, the compliant disc 1536 can also act as a fluid-lubricated bearing for rotation of the deflectable post 1534 relative to the longitudinal axis of the deflectable post 1534. In an embodiment, the compliant disc 1536 is made of PCU, is 2 mm thick when uncompressed and may be compressed to about 1 mm in thickness by deflection of the post.

[00219] As shown in FIG. 15A, compliant disc 1536 may be provided with voids and or relief to modulate response of the compliant disc 1536 to compression by the control disc 1536. As shown in FIG. 15A, compliant disc 1536 is provided with a plurality of grooves 1560 in the outer surface. The material of compliant disc 1536 may expand to fill these

grooves when compressed by controlled disc 1536. Such feature may also serve to reduce wear upon the compliant disc and prevent pinching of compliant disc 1536 between control disc 1535 and housing 1552. The compliant disc 1536 may also include polymer regions having different properties. For example, the compliant disc 1536 can include localized regions having one or more polymers with each region having a different hardness of stiffness or durometer. For example, regions in different directions from the center can have a higher hardness or stiffness or durometer so that as the deflectable post 1534 is deflected outwardly from a position that is collinear with the longitudinal axis the compliant disc 1536 provides more resistance to deflection in some directions as compared to others (an anisotropic force-deflection response). In alternative embodiments, a spring may be used in place of compliant disc 1536. For example one or more wave springs or spring washer may be used in place of compliant disc 1536.

[00220] FIG. 15B shows a sectional view of deflection rod 1530 when fully assembled. As shown in FIG. 15B control disc 1535 sits on top of compliant disc 1536 within cavity 1554 of housing 1552. Control disc 1535 is secured in a pocket formed by the walls of cavity 1554 and collar 1540. Deflectable post 1534 may pivot in any direction and rotate about its long axis. However, as shown in FIG. 15C, when deflectable post 1534 pivots, control disc 1535 also pivots compressing the material of compliant disc 1536. Compression of compliant disc 1536 by control disc 1535 imparts the deflectable post 1534 with a controllable force/load response which can be customized as previously described. A limit surface 1542 of collar 1540 is designed to make contact with deflectable post 1534 after a predetermined amount of deflection. Further deflection of the proximal end of deflectable post 1534 after contact with limit surface 1542 requires bending of deflectable post 1534. Thus the stiffness of deflectable rod 1530 will typically increase dramatically upon contact between deflectable post 1534 and limit surface 1542.

[00221] FIGS. 16A-16C illustrate an alternative deflection rod 1600. FIG. 16A shows an exploded view of alternative deflection rod 1600. Deflection rod 1600 includes retainer 1602, deflectable post 1604, spring 1606, collar 1610, and mount 1614. Deflection rod 1600 is assembled with a bone anchor 1620. Bone anchor 1620 includes a threaded bone anchor 1624 having a housing 1630 at the proximal end. Housing 1630 contains a cavity 1632 which is coaxial with bone anchor 1624. Deflection rod 1600 is assembled within cavity 1632 such that deflectable post 1604 is generally coaxial or collinear with the longitudinal axis of bone anchor 1624 when not loaded. In this embodiment, spring 1606 is trapped in cavity 1632 between retainer 1602 and collar 1610. The deflectable post 1604 is configured so that

deflection of the deflectable post 1604 causes compression of spring 1606 in a direction generally parallel to the axis of bone anchor 1620. (See, e.g. FIGS. 16B & 16C). Retainer 1602 is hemispherical and is received in a hemispherical pocket 1634 in the distal end of cavity 1632.

5 [00222] FIGS. 16B and 16C show a sectional view of deflection rod 1600 as assembled. Retainer 1602 is positioned within cavity 1632 such that it engages curved distal end 1634 of cavity 1632. Spring 1606 is received around deflectable post 1604. Collar 1610 is secured to the proximal end of cavity 1632 thereby trapping spring 1606 between collar 1610 and the flat upper surface 1603 of retainer 1602. Deflectable post 1604 may pivot about pivot point 1638.

10 As shown in FIG. 16C, when deflectable post 1604 deflects away from alignment with bone anchor 1620, retainer 1602 compresses spring 1606 between retainer 1602 and collar 1610. Spring 1606 is compressed in a direction parallel to the longitudinal axis of bone anchor 1620.

[00223] As shown in FIG. 16C, after further deflection, deflectable post 1604 comes into contact with limit surface 1672 of collar 1610. Limit surface 1672 is oriented such that when

15 deflectable post 1604 makes contact with limit surface 1672, the contact is distributed over an area to reduce stress on deflectable post 1604 and limit surface 1672. As depicted, the limit surface 1672 is configured such that as the deflectable post 1604 deflects into contact with the limit surface 1672, the limit surface 1672 is aligned/flat relative to the deflectable post 1604 in order to present a larger surface to absorb any load and also to reduce stress or damage on

20 the deflectable.

[00224] Additional deflection of deflectable post 1604 after contact with limit surface 1672 may cause elastic deformation (bending) of deflectable post 1604. Because deflectable post 1604 is relatively stiff, the force required to deflect deflectable post 1604 increases significantly after contact of deflectable post 1604 with the limit surface 1672. For example,

25 the stiffness may double upon contact of the deflectable post 1604 with the limit surface 1672 of collar 1610. In a preferred embodiment, the proximal end of deflectable post 1604 may deflect from 0.5 mm to 2 mm before deflectable post 1604 makes contact with limit surfaces 1672. More preferably deflectable post 1604 may deflect approximately 1 mm before making contact with limit surface 1672.

30 [00225] Thus as load or force is first applied to the deflection rod by the spine, the deflection of the deflection rod 1600 responds about linearly to the increase in the load during the phase when deflection of deflectable post 1604 causes compression of spring 1606 as shown in FIG. 16C. After about 1 mm of deflection, when deflectable post 1604 contacts limit surface 1672 the deflection rod 1600 becomes stiffer. Thereafter a greater amount of load or

force needs to be placed on the deflection rod in order to obtain the same incremental amount of deflection that was realized prior to this point because further deflection requires bending of deflectable post 1604. Accordingly, the deflection rod 1600 provides a range of motion where the load supported increases about linearly as the deflection increases and then with increased deflection the load supported increases more rapidly in order to provide stabilization. To put it another way, the deflection rod 1600 becomes stiffer or less compliant as the deflection/load increases.

[00226] The spring/spring elements in the deflection rod of FIGS. 16A-16C are designed to elastically deform in the longitudinal direction (relative to deflectable post 1604 and bone anchor 1620). The spring 1606 shown in FIGS. 16A-16C is a multi-turn wave spring. Alternative designs of springs may be used to control deflection of deflectable post 1604 including, for example, spring washers, Belleville washers/disc springs, CloverDome™ spring washers, CloverSprings™, conical washers, wave washers, coil springs and finger washers. Examples of alternative springs which may be used in the deflection rod of FIGS. 16A-16C are shown in FIGS. 14A-14C. As previously suggested the spring 1606 may be designed to be slightly longer than the space between the retainer 1602 and the collar 1610 in order to preload the spring and limit or preclude slack. A large preload force from spring 1606 may also be useful to secure retainer 1602 within pocket 1634.

[00227] FIGS. 17A-17C illustrate an alternative deflection rod 1700. FIG. 17A shows an exploded view of alternative deflection rod 1700. Deflection rod 1700 includes retainer 1702, deflectable post 1704, spring 1706, spring 1707, collar 1710, and mount 1714. Deflection rod 1700 is assembled with a bone anchor 1720. Bone anchor 1720 includes a threaded bone anchor 1724 having a housing 1730 at the proximal end. Housing 1730 contains a cavity 1732 which is coaxial with bone anchor 1724. Deflection rod 1700 is assembled within cavity 1732 such that deflectable post 1704 is generally coaxial or collinear with the longitudinal axis of bone anchor 1724 when not loaded. In this embodiment, spring 1706 is trapped in cavity 1732 between retainer 1702 and collar 1710 and spring 1707 is trapped between retainer 1702 and the distal end of cavity 1732. The deflectable post 1704 is configured so that deflection of the deflectable post 1704 causes compression of springs 1706 & 1707 in a direction generally parallel to the axis of bone anchor 1720. (See, e.g. FIGS. 17B & 17C).

[00228] Retainer 1702 is generally disc shaped and is received between spring 1706 & 1707 in cavity 1732. Springs 1706 and 1707 need not be identical but preferably have similar spring rates. The spring/spring elements in the deflection rod of FIGS. 17A-17C are designed to elastically deform in the longitudinal direction (relative to deflectable post 1704 and bone

anchor 1720). The springs 1706, 1707 shown in FIG. 17A are multi-turn wave springs. Alternative designs of springs may be used to control deflection of deflectable post 1704 including, for example, spring washers, Belleville washers/disc springs, CloverDome™ spring washers, CloverSprings™, conical washers, wave washers, coil springs and finger washers.

5 Examples of alternative springs which may be used in the deflection rod of FIGS. 17A-17C are shown in FIGS. 14A-14C. As previously suggested the springs 1706 & 1707 may be designed to be slightly longer than the space between the retainer 1702, collar 1710 and the distal end of cavity 1732. The springs 1706, 1707 must then be compressed during assembly which preloads the spring and limits or precludes slack. A large preload force from springs
10 1706 and 1707 may also be useful to hold retainer 1702 at a desired position within pocket 1734.

[00229] FIGS. 17B and 17C show a sectional view of deflection rod 1700 as assembled. Spring 1707 is first placed in cavity 1732. Retainer 1702 is positioned within cavity 1732. Spring 1706 is then placed over deflectable post 1704. Collar 1710 is secured to the proximal
15 end of cavity 1732 thereby trapping spring 1706 between collar 1710 and upper surface of retainer 1702 and trapping spring 1707 between the lower surface of retainer 1702 and the distal end of cavity 1732. Deflectable post 1704 may pivot about cavity 1732. As shown in FIG. 17C, when deflectable post 1704 deflects away from alignment with bone anchor 1720, retainer 1702 compresses springs 1706 and 1707 between retainer 1702 and collar 1710 and
20 distal end of cavity 1732. Springs 1706 and 1707 are compressed in a direction parallel to the longitudinal axis of bone anchor 1720.

[00230] As shown in FIG. 17C, after further deflection, deflectable post 1704 comes into contact with limit surface 1772 of collar 1710. Limit surface 1772 is oriented such that when deflectable post 1704 makes contact with limit surface 1772, the contact is distributed over an
25 area to reduce stress on deflectable post 1704 and limit surface 1772. As depicted, the limit surface 1772 is configured such that as the deflectable post 1704 deflects into contact with the limit surface 1772, the limit surface 1772 is aligned/flat relative to the deflectable post 1704 in order to present a larger surface to absorb any load and also to reduce stress or damage on the deflectable.

30 [00231] Additional deflection of deflectable post 1704 after contact with limit surface 1772 may cause elastic deformation (bending) of deflectable post 1704. Because deflectable post 1704 is relatively stiff, the force required to deflect deflectable post 1704 increases significantly after contact of deflectable post 1704 with the limit surface 1772. For example, the stiffness may double upon contact of the deflectable post 1704 with the limit surface 1772

of collar 1710. In a preferred embodiment, the proximal end of deflectable post 1704 may deflect from 0.5 mm to 2 mm before deflectable post 1704 makes contact with limit surfaces 1772. More preferably deflectable post 1704 may deflect approximately 1 mm before making contact with limit surface 1772.

5 [00232] Thus as load or force is first applied to the deflection rod by the spine, the deflection of the deflection rod 1700 responds about linearly to the increase in the load during the phase when deflection of deflectable post 1704 causes compression of spring 1706 as shown in FIG. 17C. After about 1 mm of deflection, when deflectable post 1704 contacts limit surface 1772 the deflection rod 1700 becomes stiffer. Thereafter a greater amount of load or
10 force needs to be placed on the deflection rod in order to obtain the same incremental amount of deflection that was realized prior to this point because further deflection requires bending of deflectable post 1704. Accordingly, the deflection rod 1700 provides a range of motion where the load supported increases about linearly as the deflection increases and then with increased deflection the load supported increases more rapidly in order to provide
15 stabilization. To put it another way, the deflection rod 1700 becomes stiffer or less compliant as the deflection/load increases.

Deflection Rod/Loading Rod Materials

[00233] Movement of the deflectable post relative to the bone anchor provides load sharing
20 and dynamic stabilization properties to the dynamic stabilization assembly. As described above, deflection of the deflectable post deforms the material of the spring. The spring applies a restoring force upon the deflectable post; the force being dependent upon the spring rate of the spring and the amount of deflection of the deflectable post. The design, dimensions and the material of the spring may be selected to achieve the desired spring rate. The
25 characteristics of the spring in combination with the dimensions of the other components of the deflection rod interact to generate the force-deflection curve of the deflection rod.

[00234] The design, dimensions and materials may be selected to achieve the desired force-deflection characteristics. By changing the dimensions of the deflectable post, spring and spring elements the deflection characteristics of the deflection rod can be changed. The
30 stiffness of components of the deflection rod can be, for example, increased by increasing the diameter of the deflectable post. Additionally, decreasing the diameter of the deflectable post will decrease the stiffness of the deflection rod. Alternatively and/or additionally, changing the materials which comprise the components of the deflection rod can also affect the stiffness

and range of motion of the deflection rod. For example, making the spring out of stiffer and/or harder material increases the load necessary to cause a given deflection of the deflection rod.

5 [00235] The deflectable post, bone anchor and vertical rods are preferably made of biocompatible implantable metals. The deflectable post can, for example, be made of, titanium, a shape memory metal for example Nitinol (NiTi) or stainless steel. In preferred
10 embodiments, the deflectable post is made of titanium or cobalt chrome. In preferred embodiments, the bone anchor and vertical rods are also made of titanium; however, other materials, for example, stainless steel may be used instead of or in addition to the titanium components. The ball of the vertical rod may also be made of cobalt chrome for its improved wear characteristics.

[00236] The spring can be formed by extrusion, injection, compression molding and/or machining techniques, as would be appreciated by those skilled in the art. In some
15 embodiments, the spring is formed separately. For example, a spring may be cut or machined from a biocompatible polymer and then assembled with the deflectable post and spring such as by being press fit into the shield. Alternatively or additionally, a fastener or biocompatible adhesive may be used to secure the spring to the shield and/or post.

[00237] The material of the spring is preferably a biocompatible and implantable polymer or metal having the desired deformation characteristics – elasticity and modulus. The material of the spring should also be able to maintain the desired deformation characteristics. Thus the
20 material of the spring is preferably durable, resistant to oxidation and dimensionally stable under the conditions found in the human body. The spring may, for example be made from a PEEK or a polycarbonate urethane (PCU) such as Bionate[®] or a surgical steel or titanium or Nitinol. If the spring is comprised of Bionate[®], a polycarbonate urethane or other hydrophilic polymer, the spring can also act as a fluid-lubricated bearing for rotation of the deflectable
25 post relative to the longitudinal axis of the deflectable post.

[00238] Other polymers or thermoplastics may be used to make the spring including, but not limited to, polyether-etherketone (PEEK), polyphenylsulfone (Radel[®]), or polyetherimide resin (Ultem[®]). Other polymers that may be suitable for use in some embodiments, for
30 example, other grades of PEEK, for example 30% glass-filled or 30% carbon filled, provided such materials are cleared for use in implantable devices by the FDA, or other regulatory body. Glass-filled PEEK is known to be ideal for improved strength, stiffness, or stability while carbon filled PEEK is known to enhance the compressive strength and stiffness of PEEK and lower its expansion rate.

[00239] Still other suitable biocompatible thermoplastic or thermoplastic polycondensate materials maybe be suitable, including materials that have good memory, are flexible, and/or deflectable have very low moisture absorption, and good wear and/or abrasion resistance, can be used without departing from the scope of the invention. These include
5 polyetherketoneketone (PEKK), polyetherketone (PEK), polyetherketoneetherketoneketone (PEKEKK), and polyetheretherketoneketone (PEEKK) and generally, a polyaryletheretherketone. Further, other polyketones can be used as well as other thermoplastics.

[00240] Still other polymers that can be used in the spring are disclosed in the following
10 documents including: PCT Publication WO 02/02158 A1, dated Jan. 10, 2002 and entitled Bio-Compatible Polymeric Materials; PCT Publication WO 02/00275 A1, dated Jan. 3, 2002 and entitled Bio-Compatible Polymeric Materials; and PCT Publication WO 02/00270 A1, dated Jan. 3, 2002 and entitled Bio-Compatible Polymeric Materials.

[00241] The design, dimensions and materials of the spring are selected in combination
15 with the design of the deflection rod to create a deflection rod having stiffness/deflection characteristics suitable for the needs of a patient. By selecting appropriate spring and spring rate the deflection characteristics of the deflection rod can be configured to approach the natural dynamic motion of the spine of a particular patient, while giving dynamic support to the spine in that region. It is contemplated, for example, that the deflection rod can be made in
20 stiffness that can replicate a 70% range of motion and flexibility of the natural intact spine, a 50% range of motion and flexibility of the natural intact spine and a 30% range of motion and flexibility of the natural intact spine. Note also, as described above, in certain embodiments, a limit surface cause the stiffness of the deflection rod to increase after contact between the deflectable post and the limit surface.

[00242] The foregoing description of preferred embodiments of the present invention has
25 been provided for the purposes of illustration and description. It is not intended to be exhaustive or to limit the invention to the precise forms disclosed. Many embodiments were chosen and described in order to best explain the principles of the invention and its practical application, thereby enabling others skilled in the art to understand the invention for various
30 embodiments and with various modifications that are suited to the particular use contemplated. It is intended that the scope of the invention be defined by the claims and their equivalents.

CLAIMS

What is claimed is:

- 5 1. A pedicle screw for spinal stabilization, the pedicle screw having a threaded shaft adapted to engage a bone and a longitudinal axis, characterized in that the pedicle screw comprises:
- a housing fixed to an end of the threaded shaft;
 - a cavity in the housing coaxial with the longitudinal axis;
 - 10 a post received in the cavity;
 - the post having a ball-shaped retainer at a distal end and a mount at a proximal end;
 - the ball-shaped retainer being secured in a pocket of the cavity of the housing such that the post may pivot about the ball-shaped retainer;
 - a spring positioned in the cavity of the housing between the post and the housing;
 - 15 whereby that pivoting of the post away from a position in which the longitudinal axis of the post is coaxial with the longitudinal axis causes compression of the spring and such that the spring applies a restoring force upon the post pushing the post towards a position in which the longitudinal axis of the post is coaxial with the longitudinal axis.
- 20 2. The device of claim 1, wherein said spring is made of a polymer.
3. The device of claim 1, wherein said spring is made of a superelastic metal.
4. The device of claim 1, wherein said spring is radially-compressible.
- 25 5. The device of claim 1, wherein said spring comprises a plurality of planar spring elements.

6. The dynamic spine stabilization component of claim 1, wherein said spring comprises a plurality of lever arms deployed around said post such that deflection of said post causes bending of said lever arms.

5

7. The device of claim 1, wherein said spring has an isotropic deflection profile.

8. The device of claim 1, wherein said spring has an anisotropic deflection profile.

10 9. The device of claim 1 wherein during deflection the deflection post first is urged against said spring and then is subsequently urged against a limit surface of said housing.

10. The device of claim 1, in combination with a spinal rod; wherein the spinal rod is secured to the mount substantially perpendicular to the post.

15 11. The device of claim 1, wherein said housing comprises a limit surface which contacts the post upon deflection of said post a first amount from the position in which the longitudinal axis of the post is aligned with the longitudinal axis.

12. The device of claim 1, wherein:

20 said housing comprises a limit surface which contacts the post upon deflection of said post a first amount from the position in which the longitudinal axis of the post is aligned with the bone anchor; and

wherein further deflection of said post beyond said first amount requires a larger load per unit of deflection than deflection of said post up to said first amount.

25

13. A dynamic spine stabilization device comprising:

a bone anchor having a housing and a longitudinal axis;

a cavity in the housing coaxial with the longitudinal axis;

a post received in the cavity;

the post having a retainer at a distal end and a mount at a proximal end;

the retainer being secured in a pocket of the cavity of the housing such that the post

5 may pivot within the housing;

a spring positioned in the cavity of the housing between the post and the housing such that pivoting of the post causes compression of the spring in a direction parallel to the longitudinal axis; and

wherein the spring applies a force upon the post pushing the post towards a position in

10 which the post is coaxial with the longitudinal axis.

14. The device of claim 13, wherein said spring comprises a plurality of lever arms arranged in a circle.

15 15. The device of claim 13, wherein said spring comprises a plurality of planar spring elements.

16. The device of claim 13, wherein said housing has a limit surface which contacts the post upon deflection of said post a first amount from the position in which the longitudinal axis of the post is coaxial with the bone anchor.

17. The device of claim 13, wherein:

said housing has a limit surface which contacts the post upon deflection of said post a first amount from the position in which the longitudinal axis of the post is coaxial with the

25 bone anchor; and

wherein further deflection of said post beyond said first amount requires a larger load per unit of deflection than deflection of said post up to said first amount.

18. The device of claim 13, wherein:

5 said housing has a limit surface which contacts the post upon deflection of said post a first amount from the position in which the longitudinal axis of the post is coaxial with the bone anchor; and

 wherein further deflection of said post beyond said first amount requires at least double the load per unit of deflection than deflection of said post up to said first amount.

10

19. The device of claim 13, wherein said post can pivot about a point in said bone anchor that is adapted to be implanted adjacent a surface of a vertebra.

20. The device of claim 13, wherein during deflection the post first is urged against said
15 spring and then is subsequently urged against a limit surface of said housing.

21. A spine stabilization device comprising:

 a bone anchor having a distal end adapted to engage a bone;

 a housing at a proximal end of said bone anchor;

20 a longitudinal bore in said housing;

 said bore being aligned with the bone anchor and having an open end and a closed end;

 a deflectable post having a proximal end, an elongated body and a distal end;

 the proximal end of said deflectable post extending from the open end of said

25 longitudinal bore;

 a curved retainer at the distal end of the deflectable post;

 the curved retainer being received in the longitudinal bore;

 a fastener which secures the curved retainer in the hemispherical pocket but allows the deflectable post to pivot relative to the bone anchor; and

a spring positioned within the bore between the deflectable post and the housing such that the spring flexibly resists pivoting of the deflectable post towards the housing wherein pivoting of the deflectable post causes compression of the spring in a direction parallel to the axis of the longitudinal bore.

5

22. The spine stabilization device of claim 21, further comprising:

a limit surface associated with the housing and positioned to contact the deflectable post after a first angle of pivoting of the deflectable post away from alignment with the bone anchor; and

10 wherein the limit surface resists further pivoting of said deflectable post beyond said first angle.

23. The spine stabilization device of claim 21, further comprising:

15 a limit surface associated with the housing and positioned to contact the deflectable post after a first angle of pivoting of the deflectable post away from alignment with the bone anchor; and

20 wherein deflection of the proximal end of the deflectable post after contact between the deflectable post and the limit surface requires at least double the load per unit of deflection than deflection of said post prior to contact between the deflectable post and the limit surface.

24. The spine stabilization device of claim 21, wherein the spring comprises a first portion in contact with the deflectable post, a second portion in contact with the housing and a flexible portion between the first portion and the second portion which is elastically deformed
25 by pivoting of the deflectable post towards the housing.

25. The spine stabilization device of claim 21, wherein the spring comprises a first portion in contact with the deflectable post, a second portion in contact with the housing and a flexible portion between the first portion and the second portion which is elastically deformed
30 by pivoting of the deflectable post towards the housing and wherein the third portion comprises a plurality of lever arms.

26. The spine stabilization device of claim 21, wherein the spring comprises a first portion in contact with the deflectable post, a second portion in contact with the housing and a

flexible portion between the first portion and the second portion which is elastically deformed by pivoting of the deflectable post towards the housing and wherein the third portion comprises a coil.

5 27. The spine stabilization device of claim 21, wherein the spring comprises one or more spring washers.

28. The spine stabilization device of claim 21, wherein the spring is radially compressed by deflection of the deflectable post.

10

29. A dynamic spine stabilization device comprising:

a bone anchor having a housing and a longitudinal axis;

a cavity in the housing coaxial with the longitudinal axis;

a post received in the cavity;

15 the post having a retainer at a distal end and a mount at a proximal end;

the retainer being secured in a pocket of the cavity of the housing such that the post may pivot within the housing;

a spring positioned in the cavity of the housing between the post and the housing such that deflection of the retainer in a direction perpendicular to the longitudinal axis causes

20 compression of the spring in a direction parallel to the longitudinal axis; and

wherein the spring applies a force upon the post pushing the post towards a position in which the post is coaxial with the longitudinal axis.

30. The device of claim 29, wherein:

25 said housing comprises a limit surface which contacts the post upon deflection of said post a first amount from the position in which the longitudinal axis of the post is coaxial with the bone anchor; and

wherein further deflection of said post beyond said first amount requires a larger load per unit of deflection than deflection of said post up to said first amount.

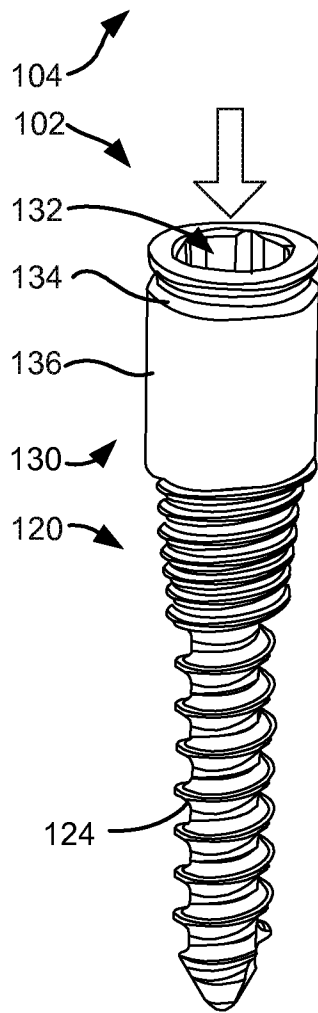
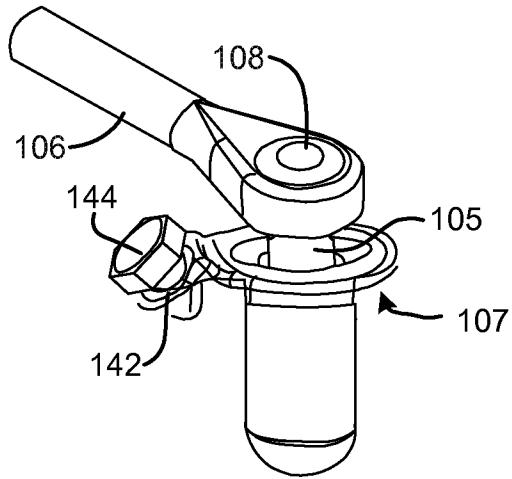


FIG. 1A

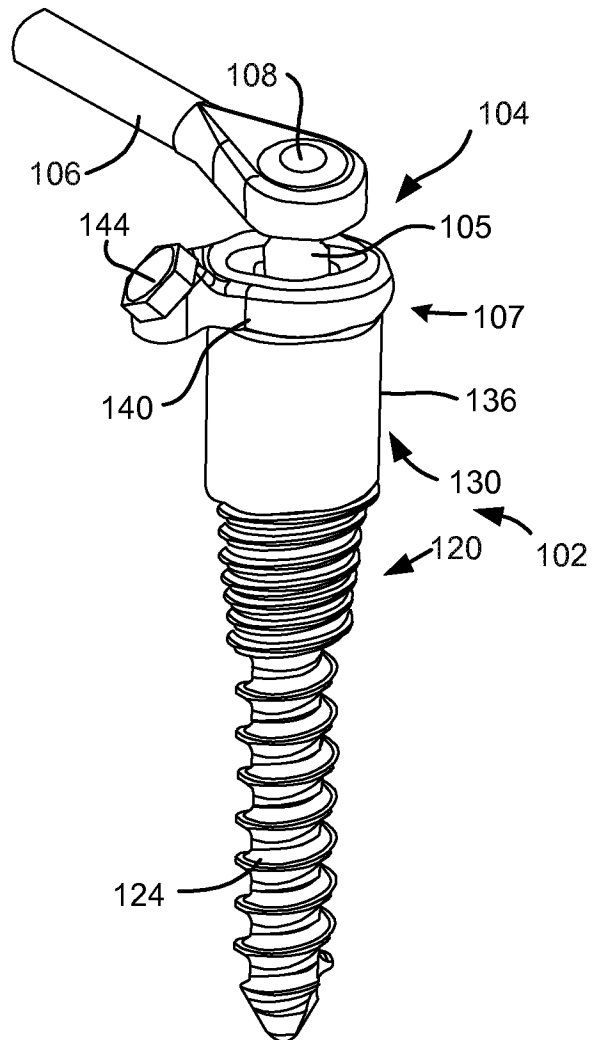


FIG. 1B

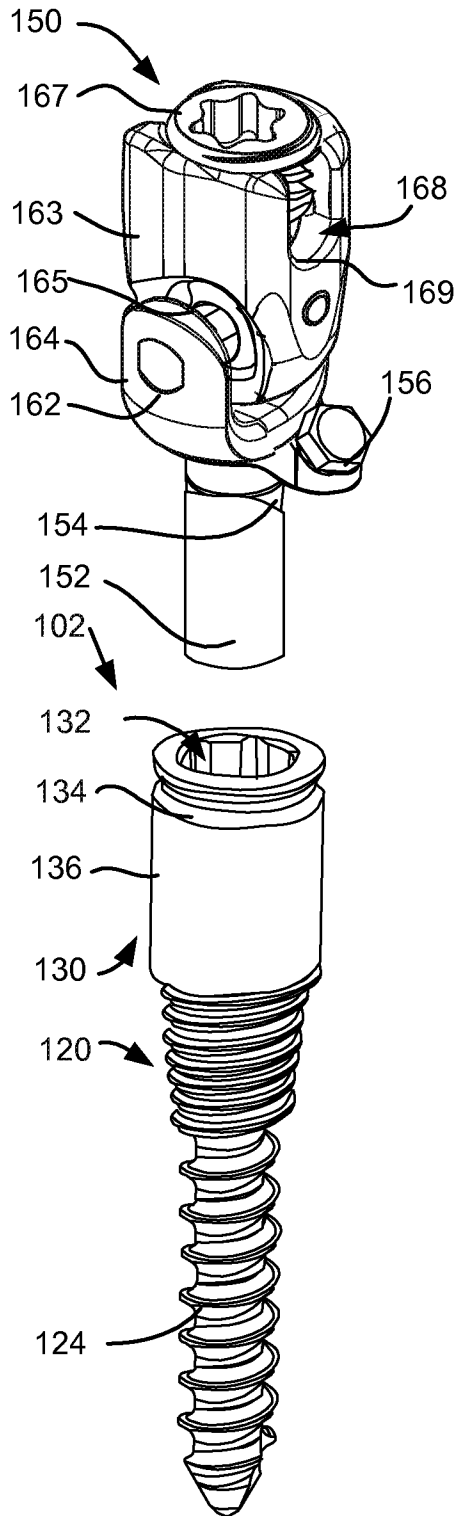


FIG. 1C

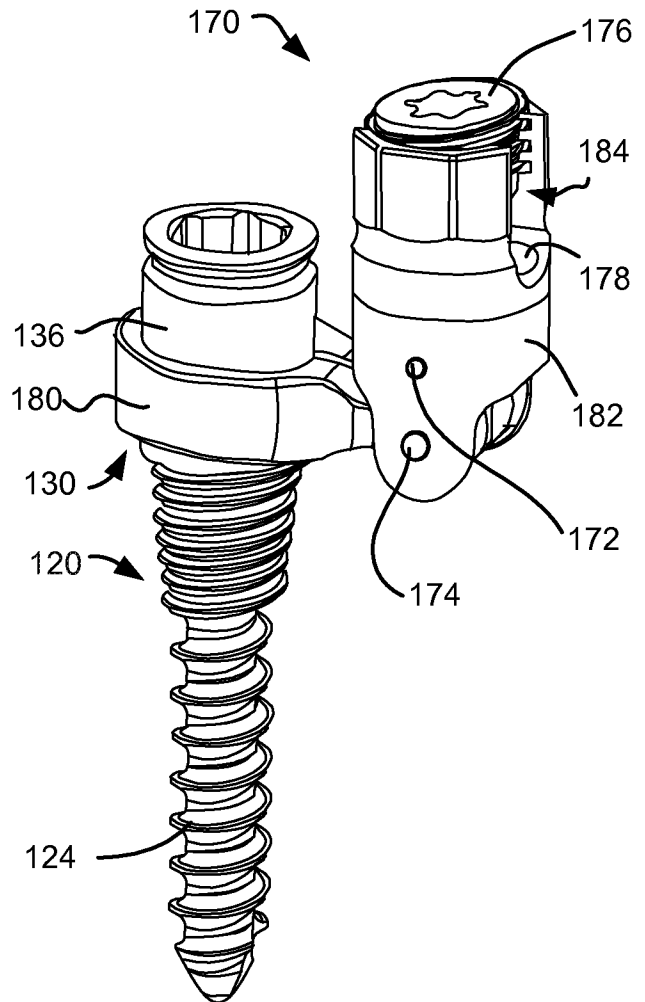


FIG. 1D

FIG. 1E

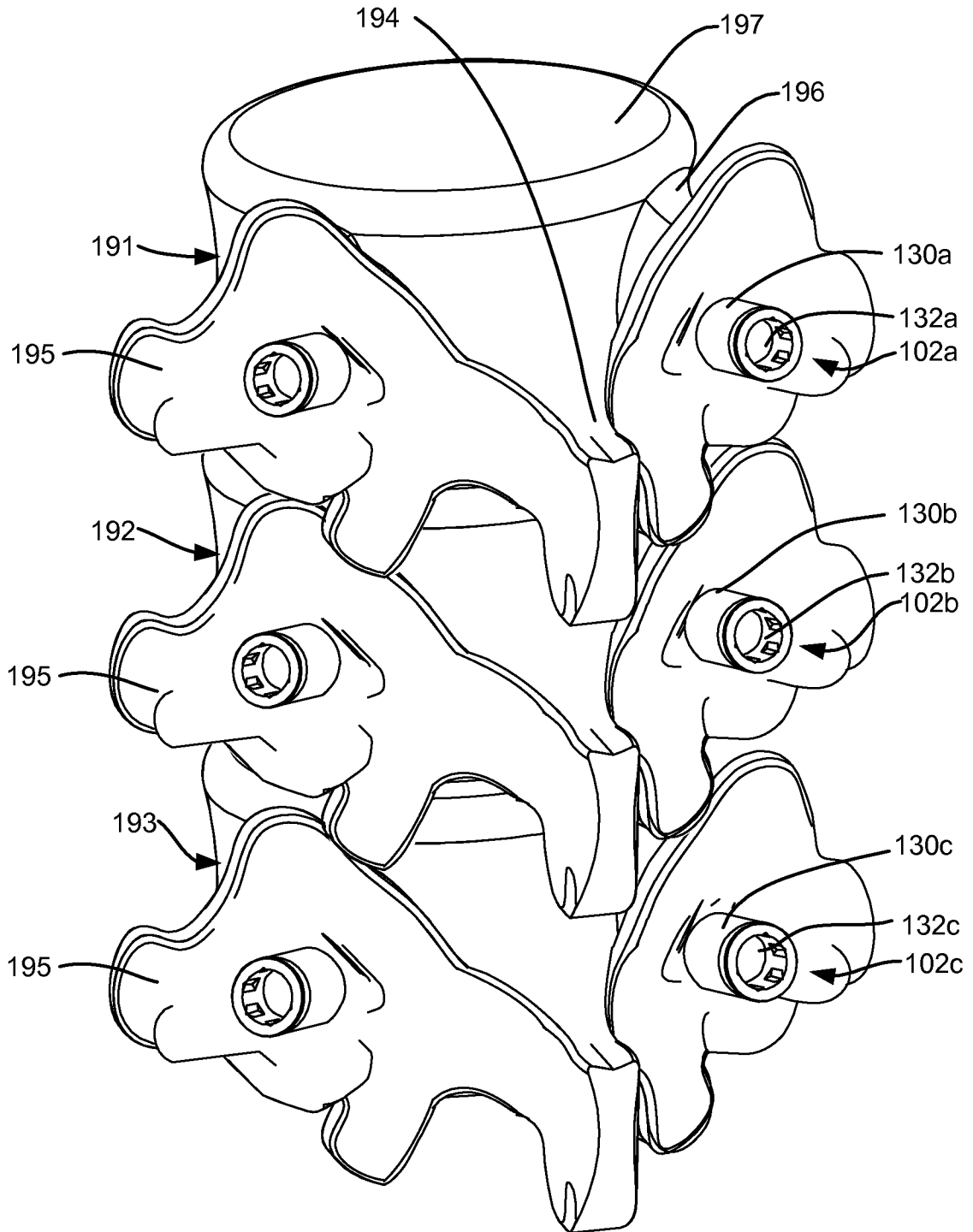


FIG. 1F

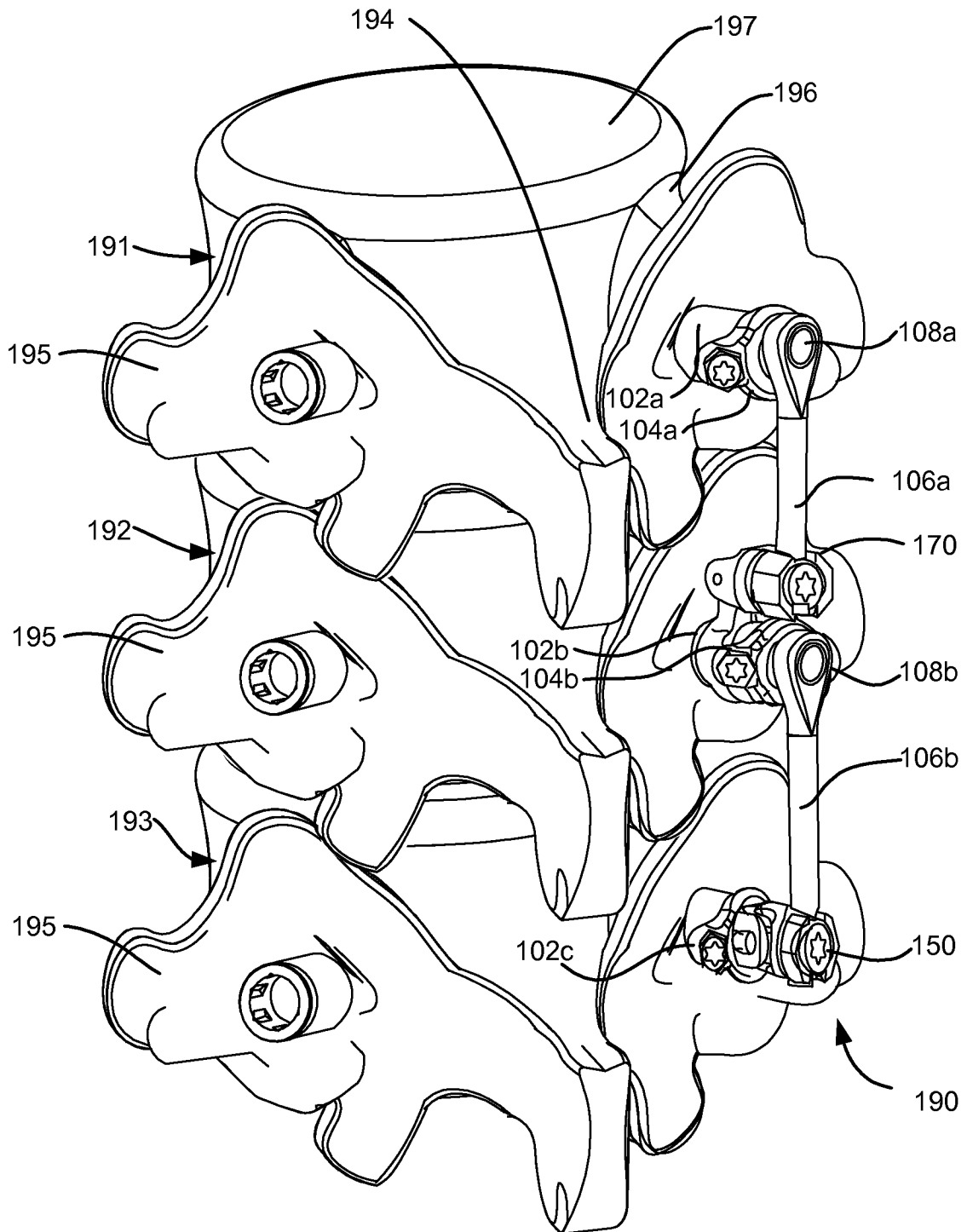


FIG. 2A

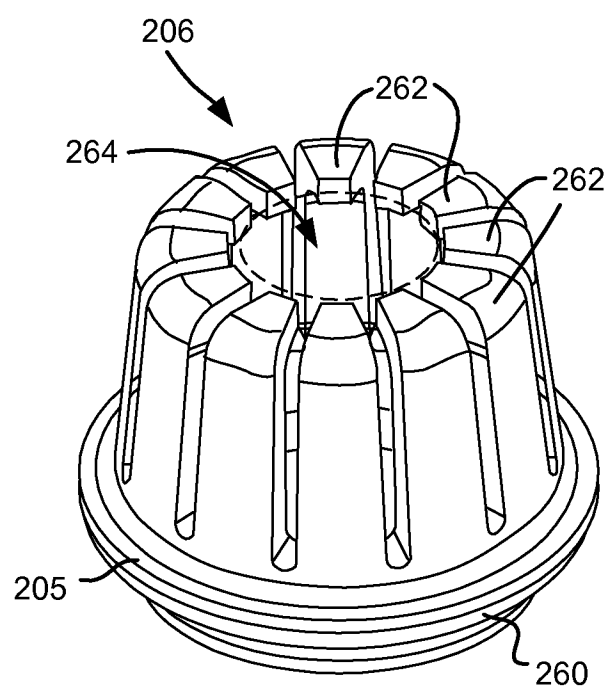
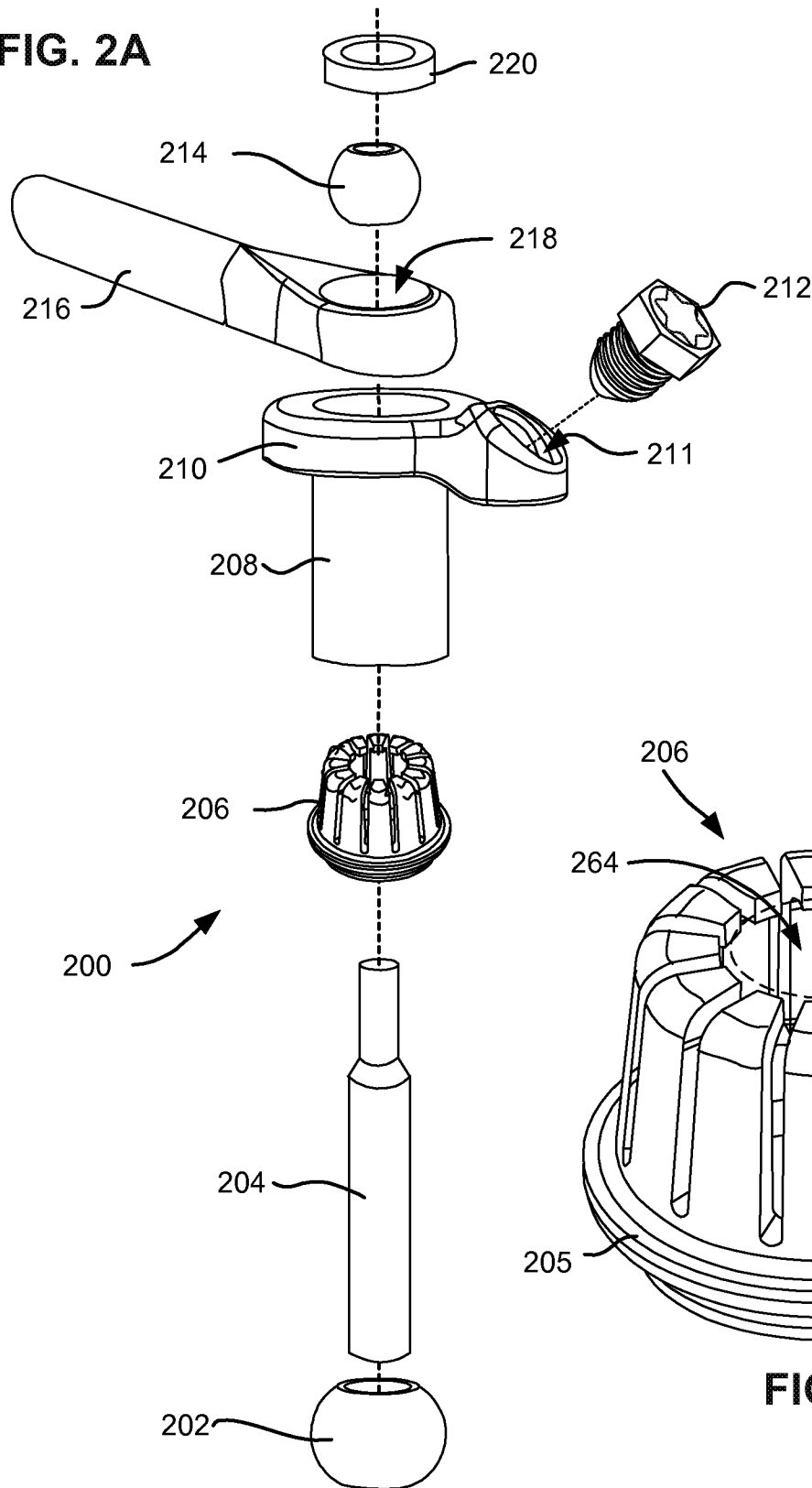


FIG. 2B

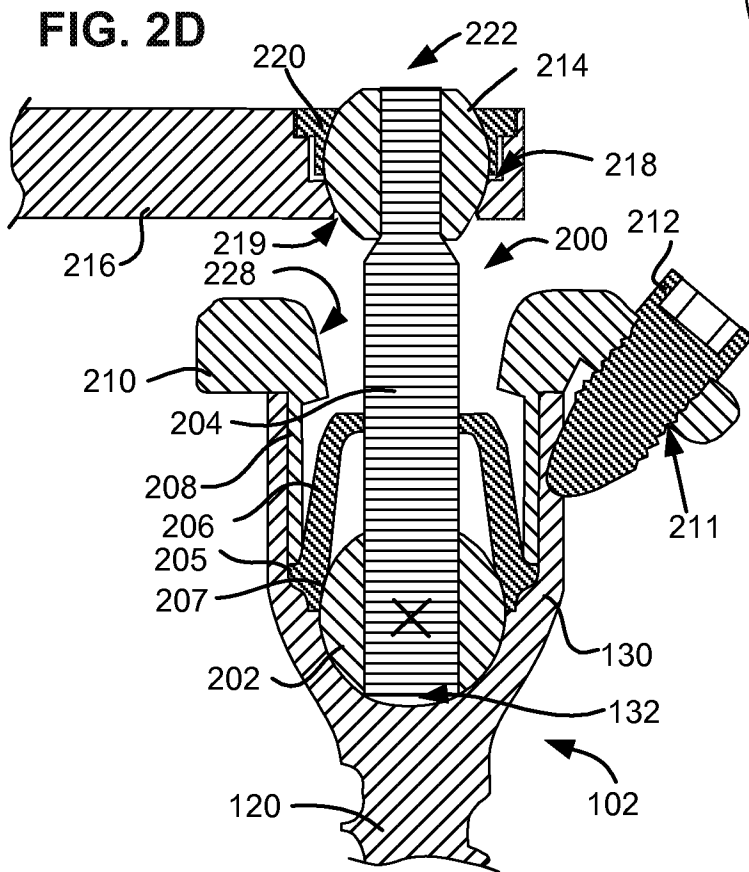
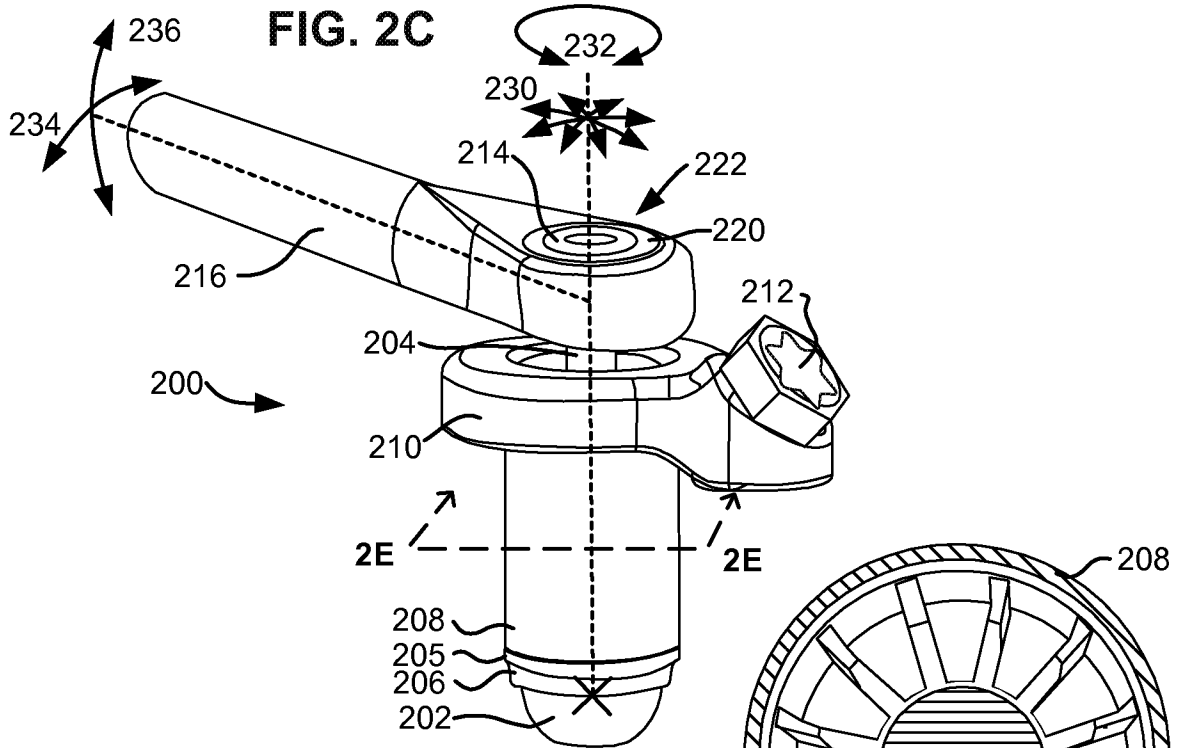


FIG. 2E

FIG. 2F

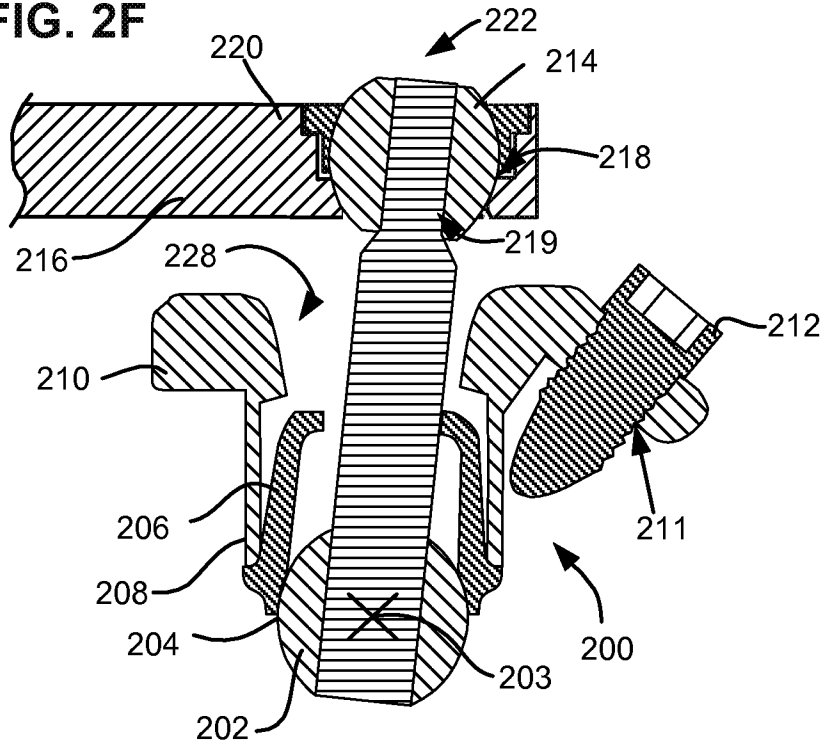
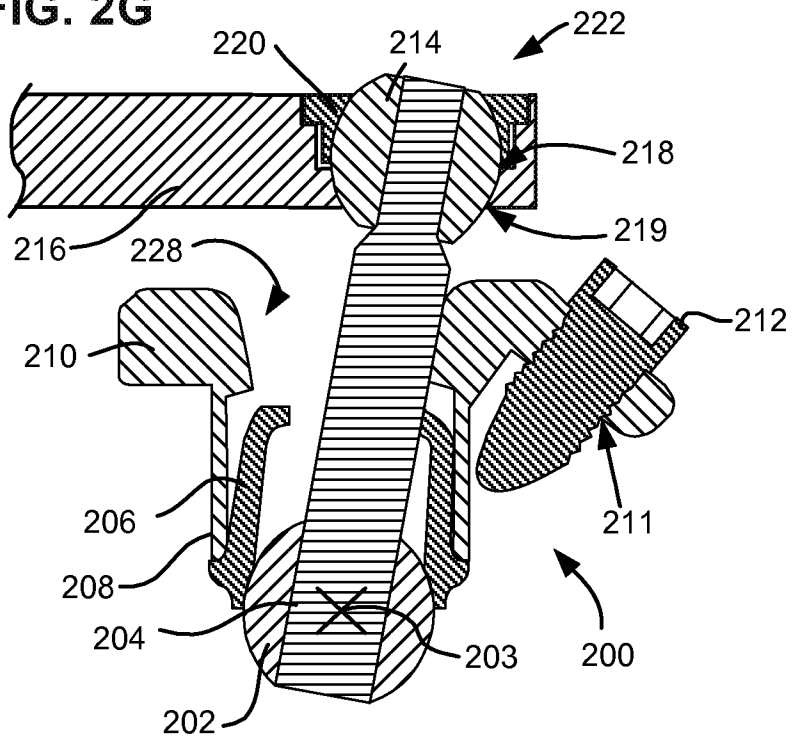


FIG. 2G



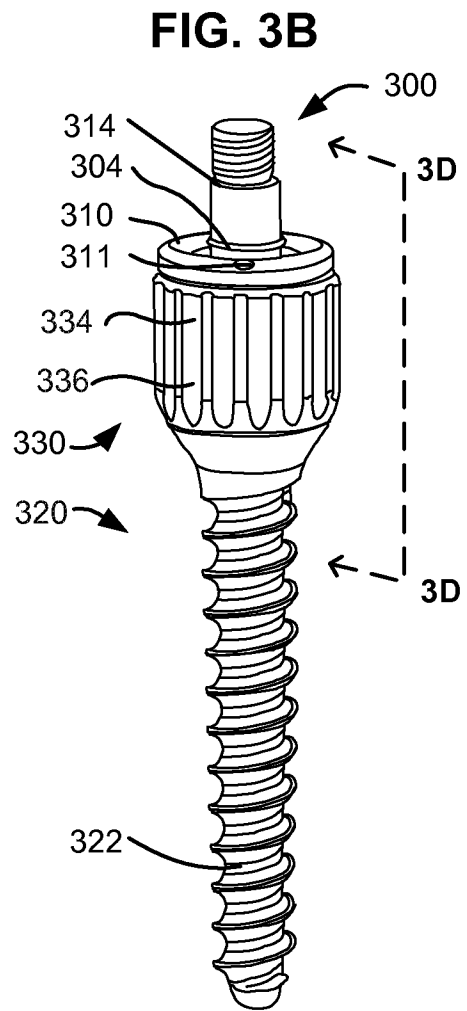
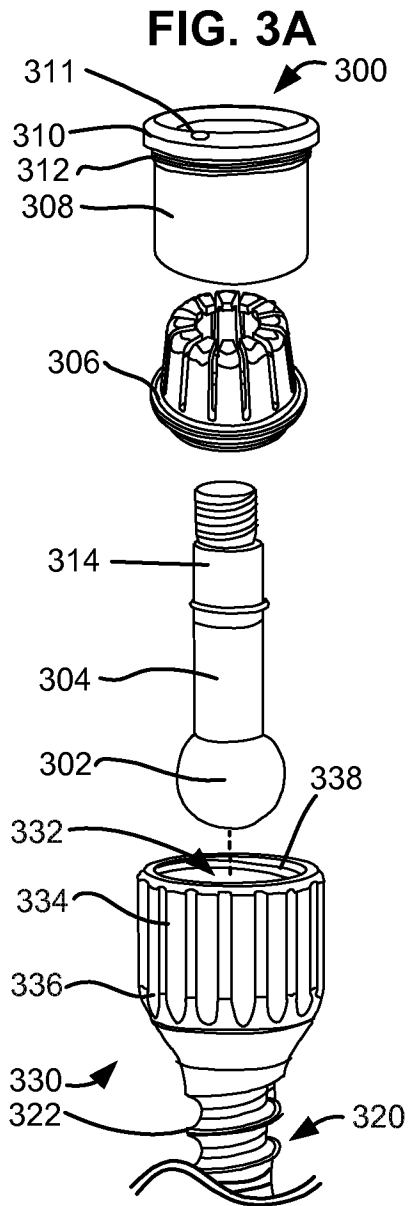


FIG. 3C

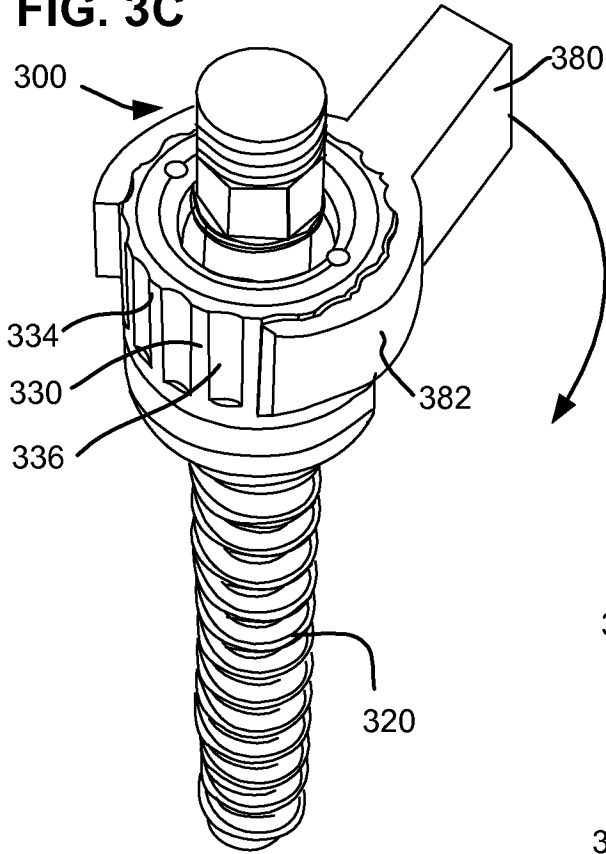
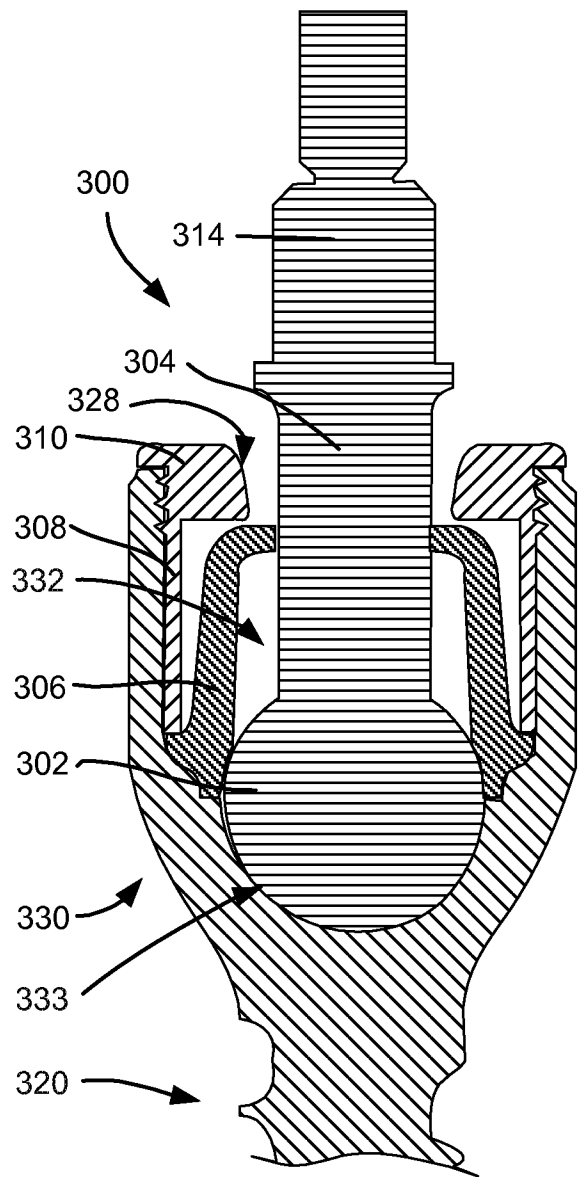


FIG. 3D



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FIG. 4A

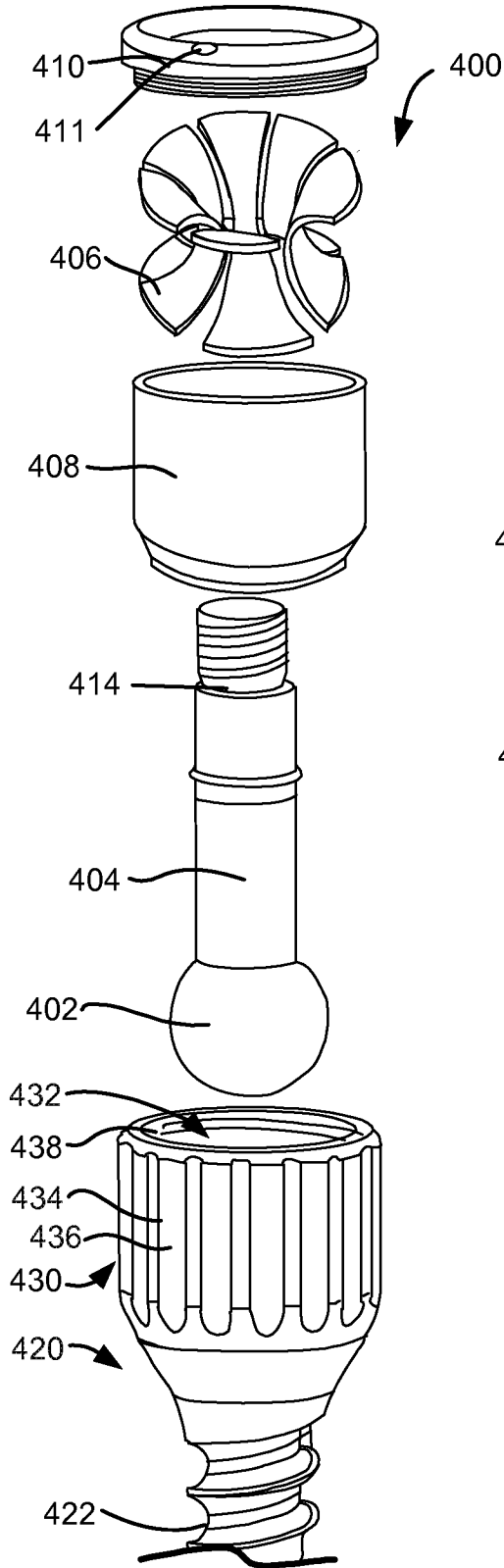


FIG. 4B

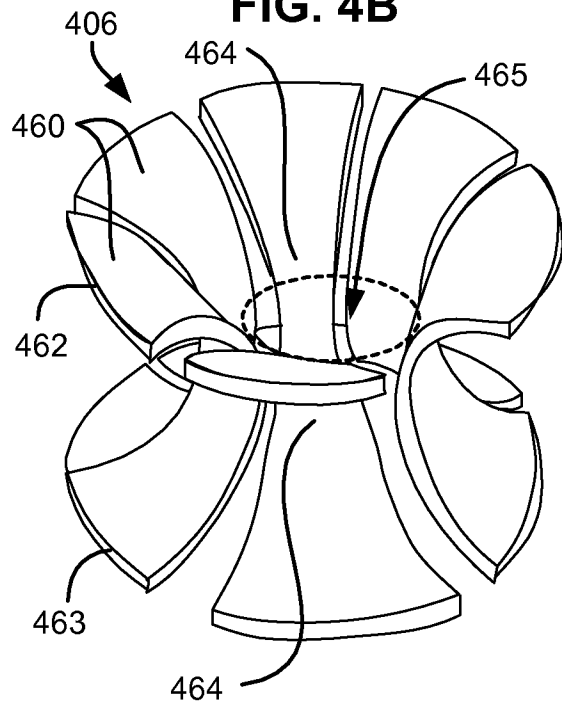


FIG. 4C

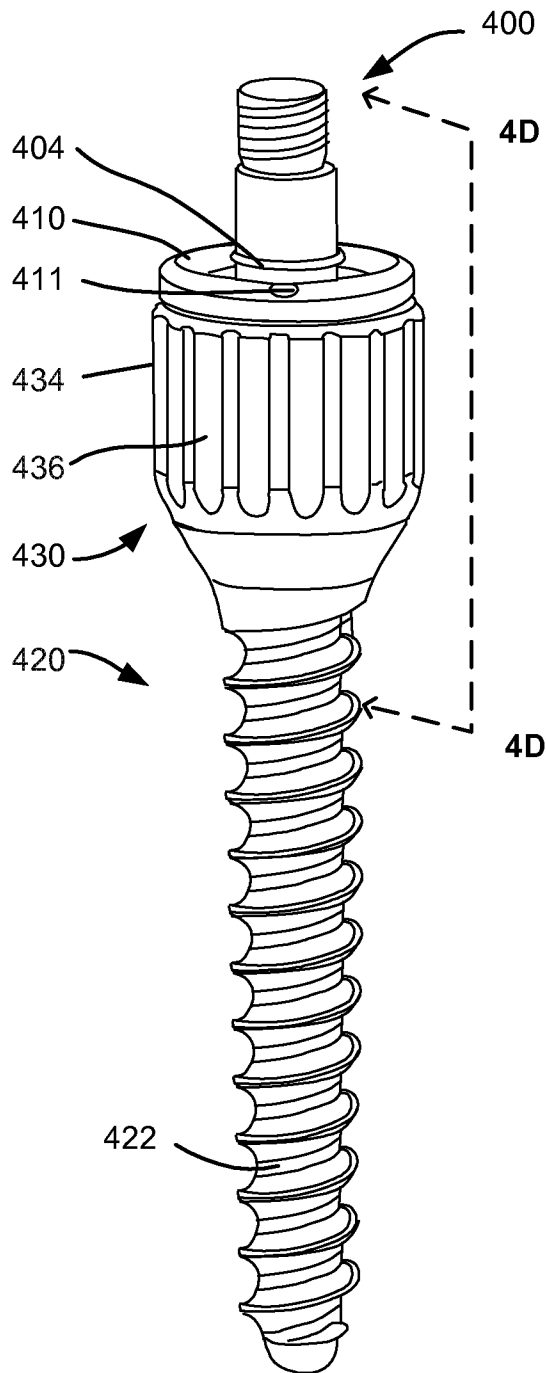


FIG. 4D

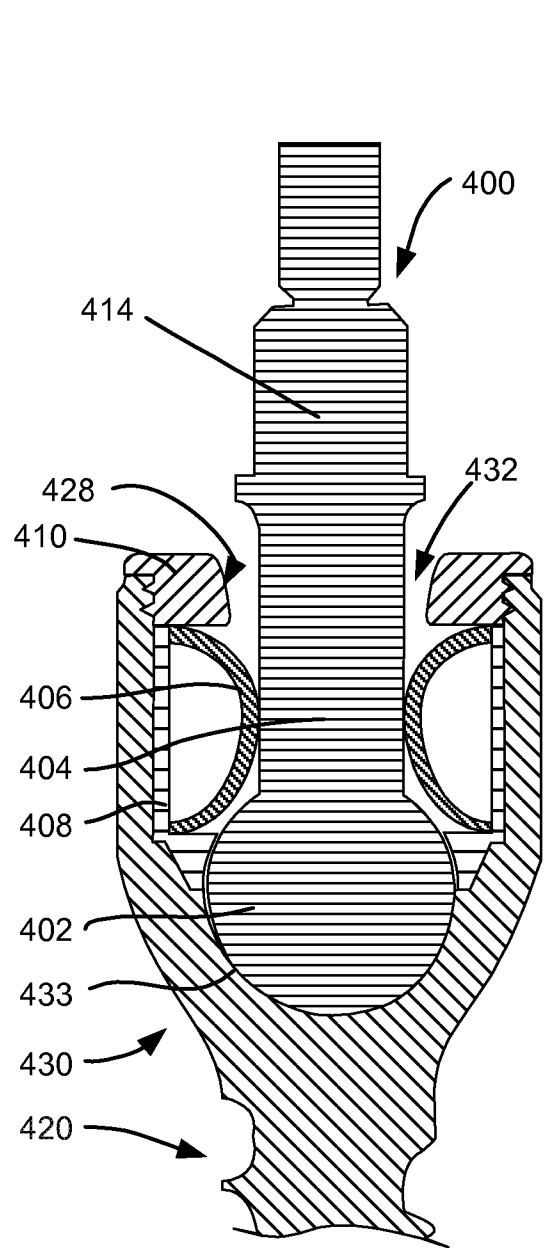


FIG. 5A

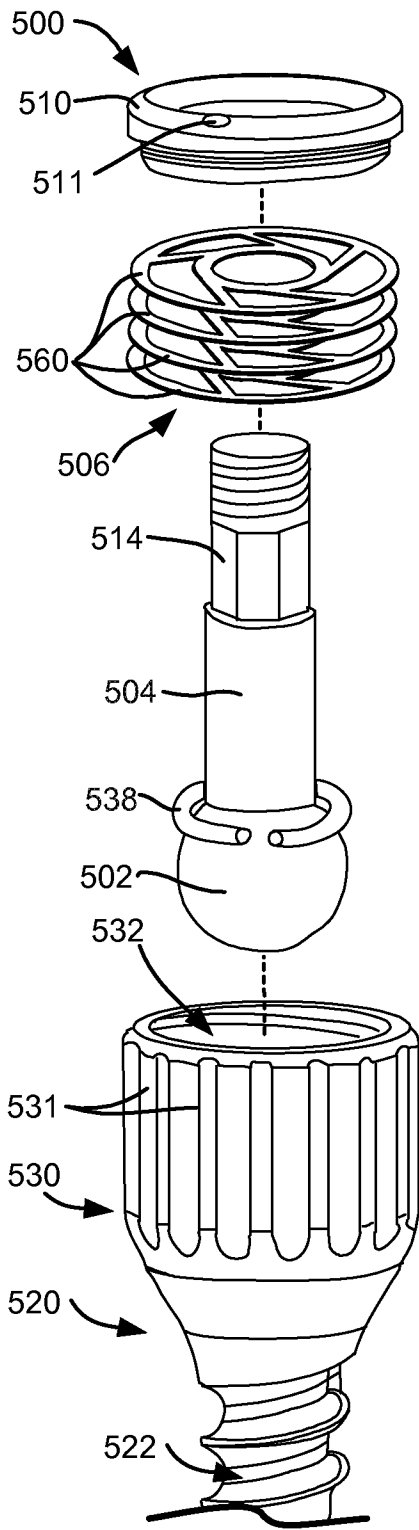


FIG. 5B

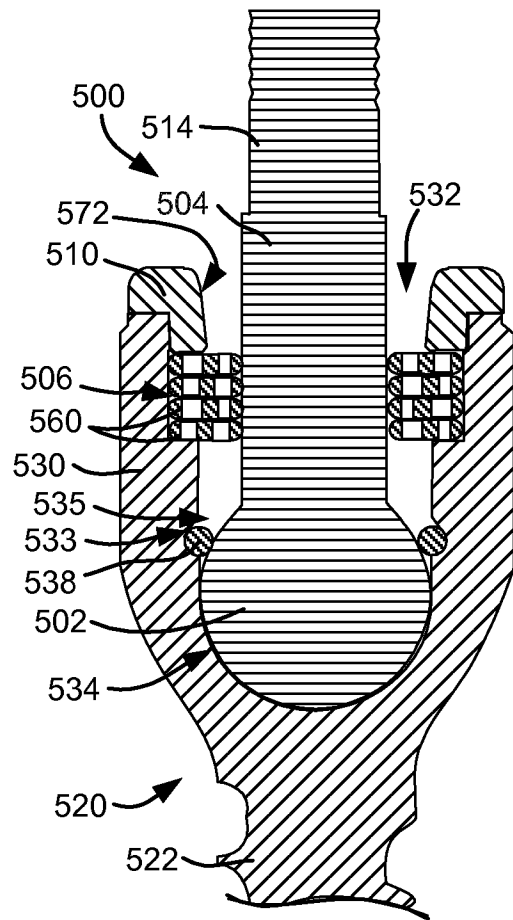


FIG. 5C

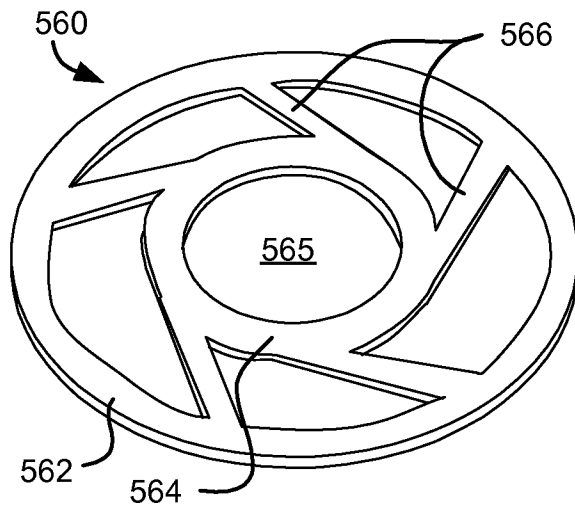


FIG. 5D

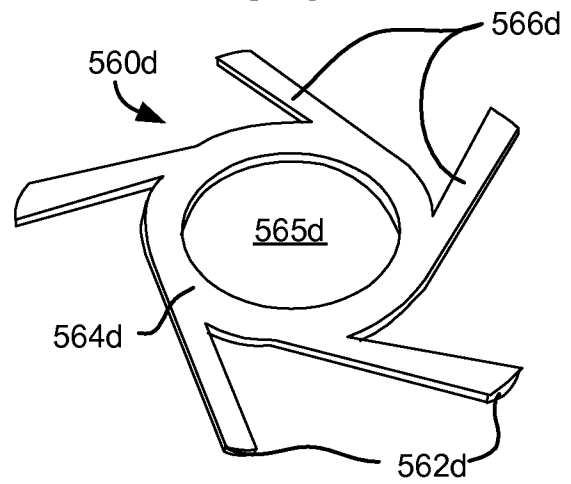


FIG. 5E

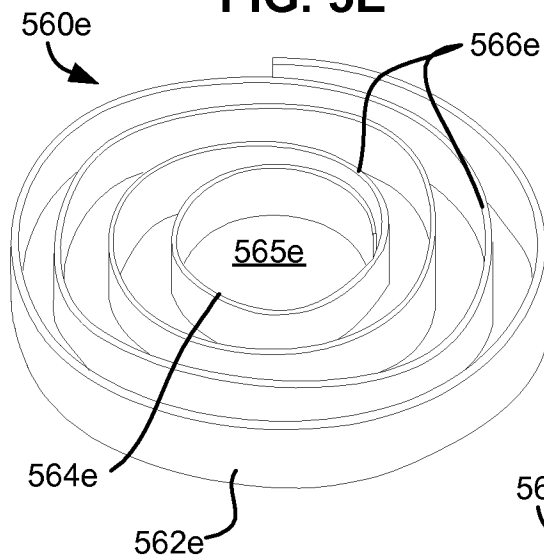


FIG. 5F

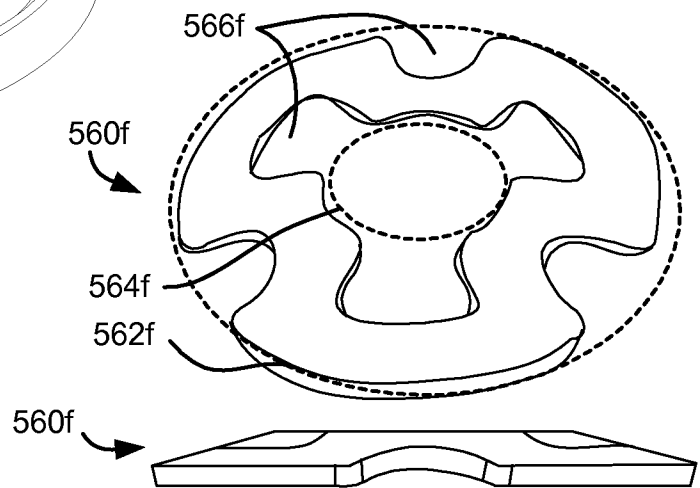


FIG. 5G

FIG. 7A

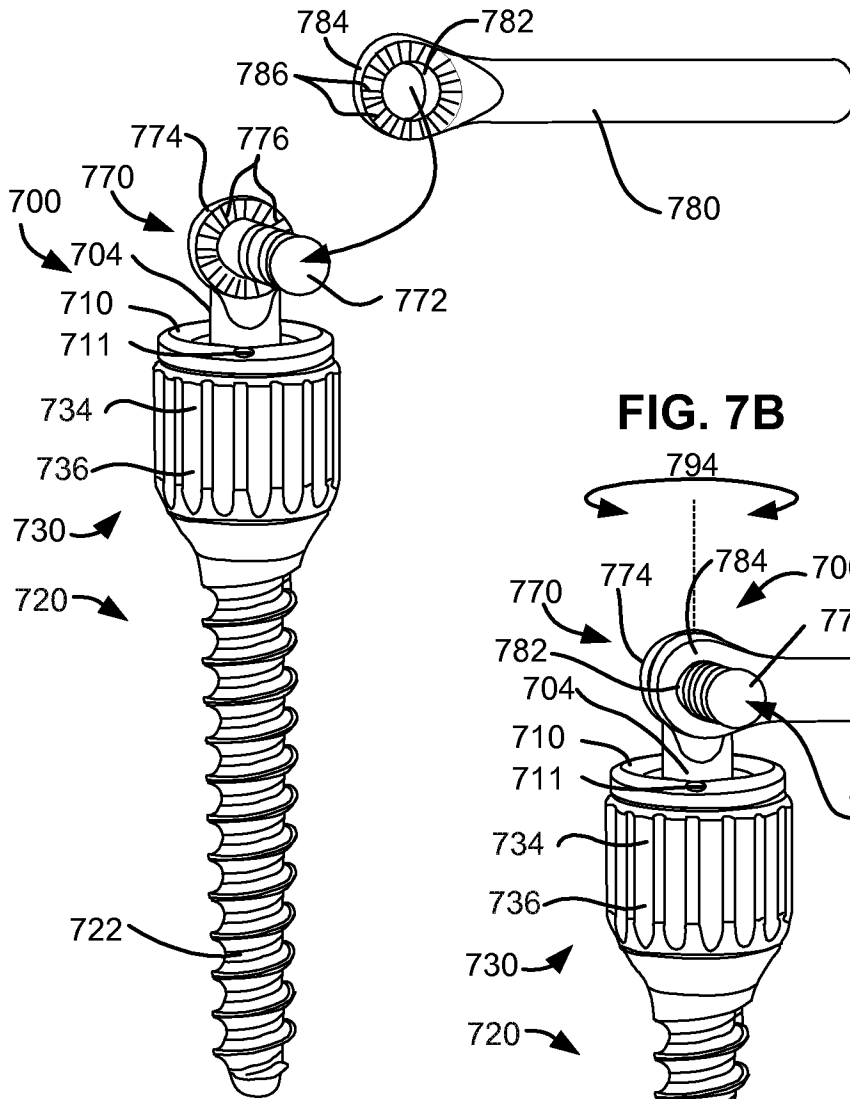


FIG. 7B

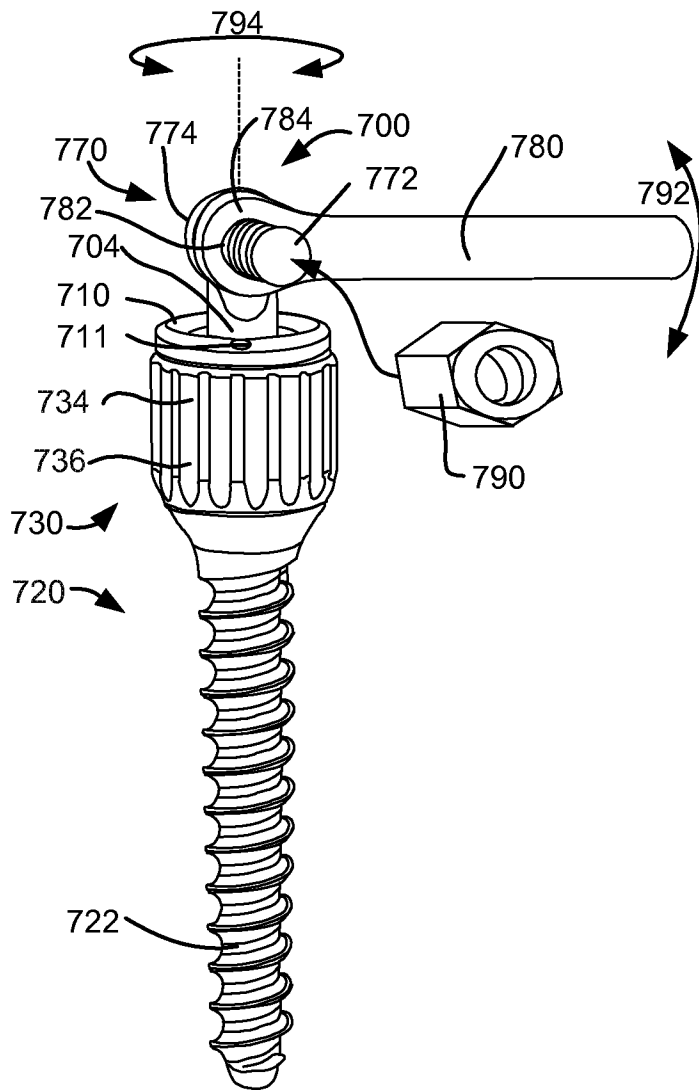


FIG. 8A

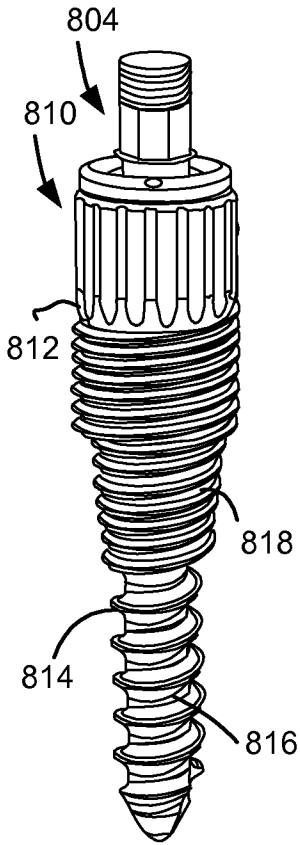


FIG. 8B

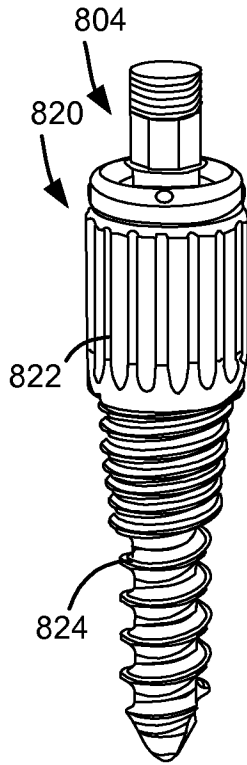


FIG. 8C

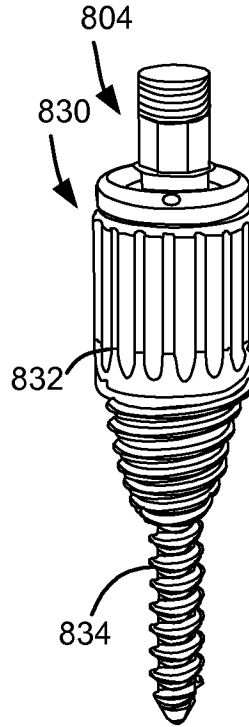


FIG. 8D

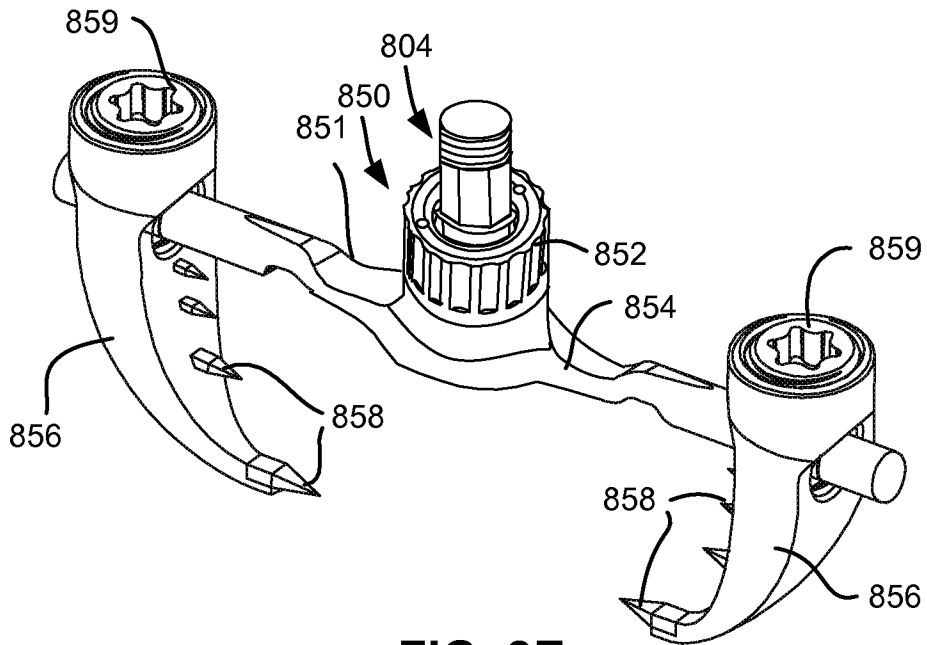
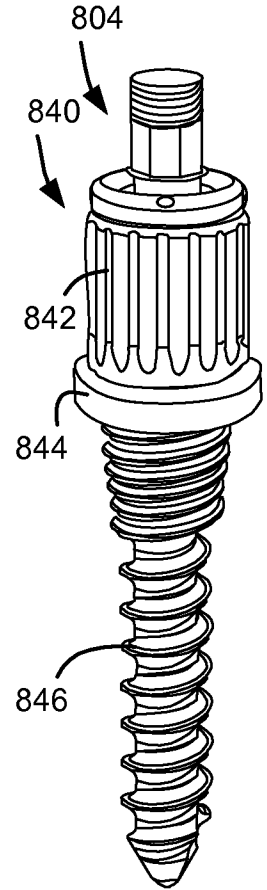
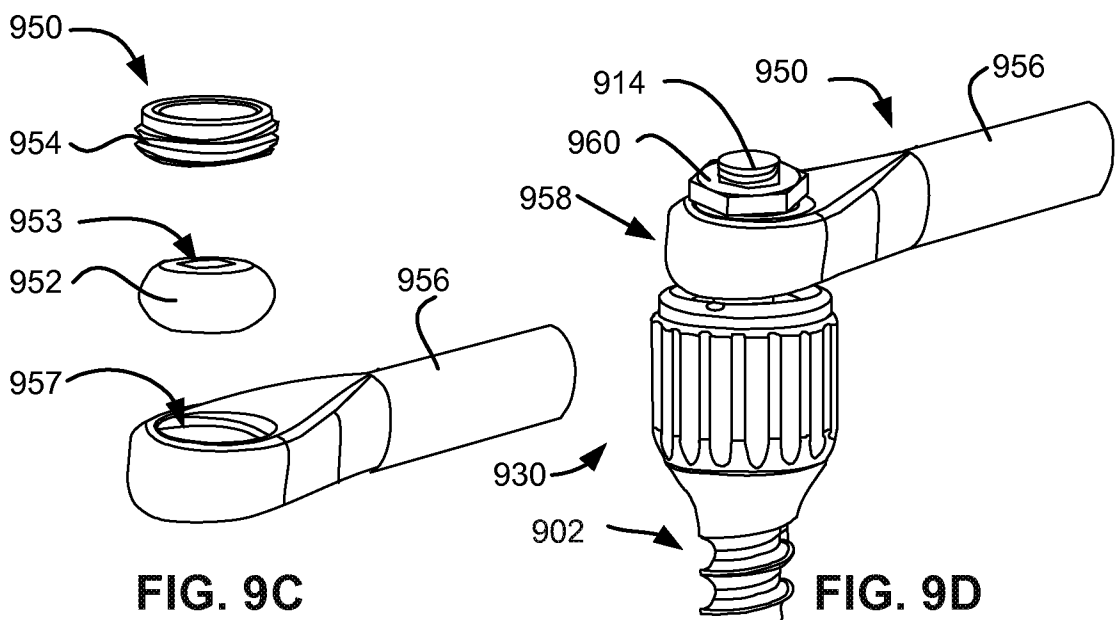
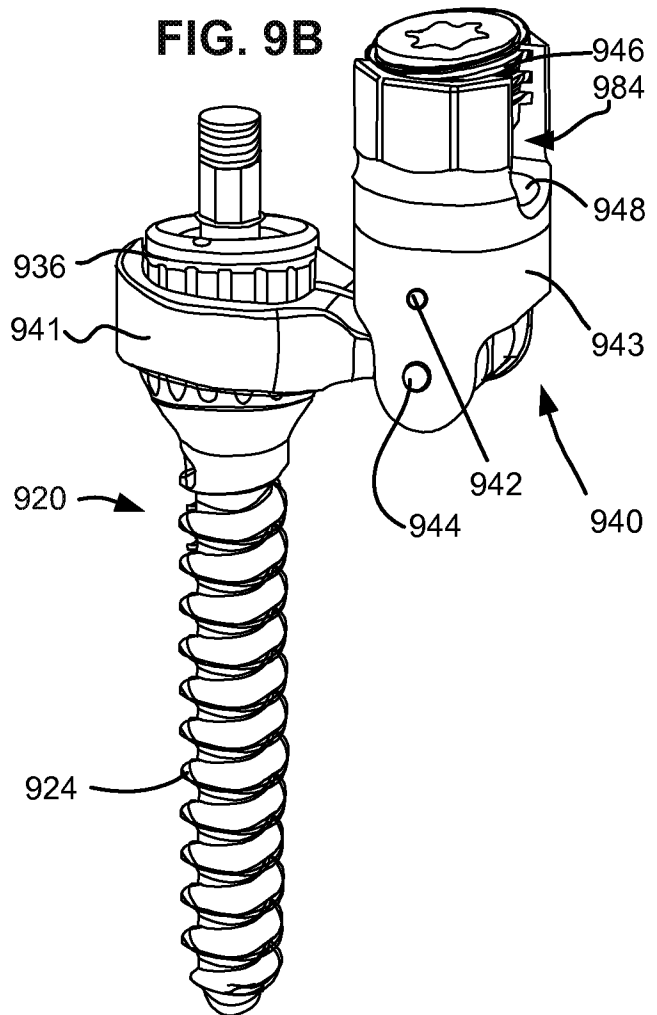
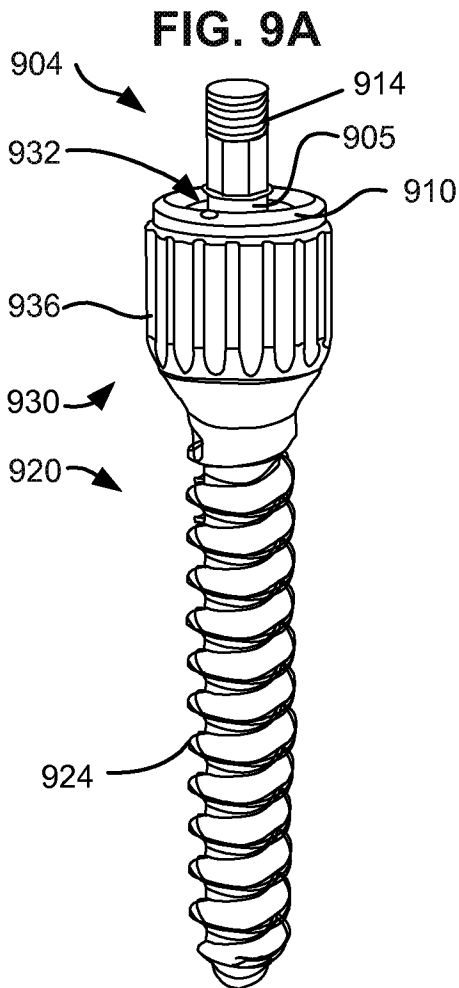


FIG. 8E



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FIG. 10

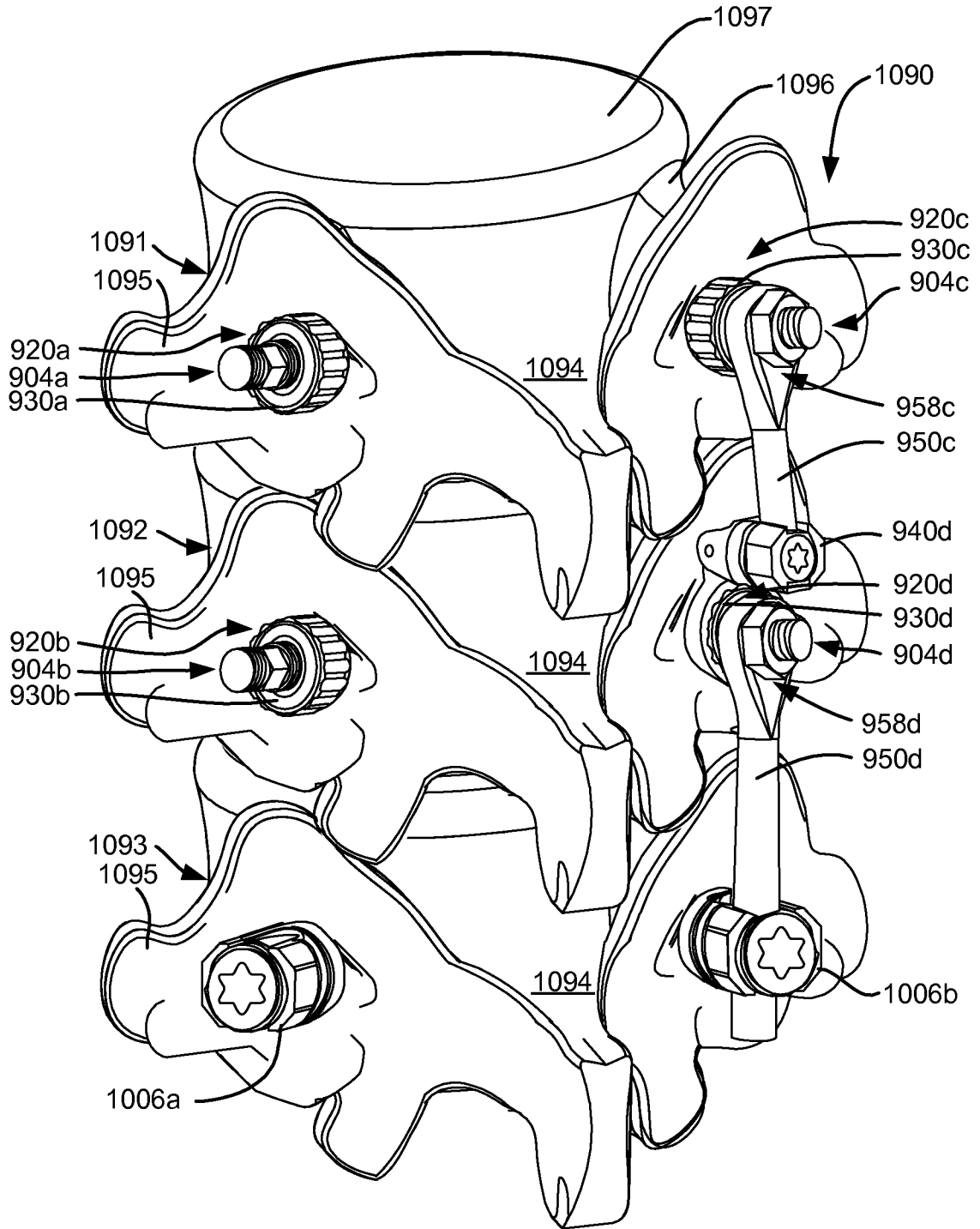


FIG. 11

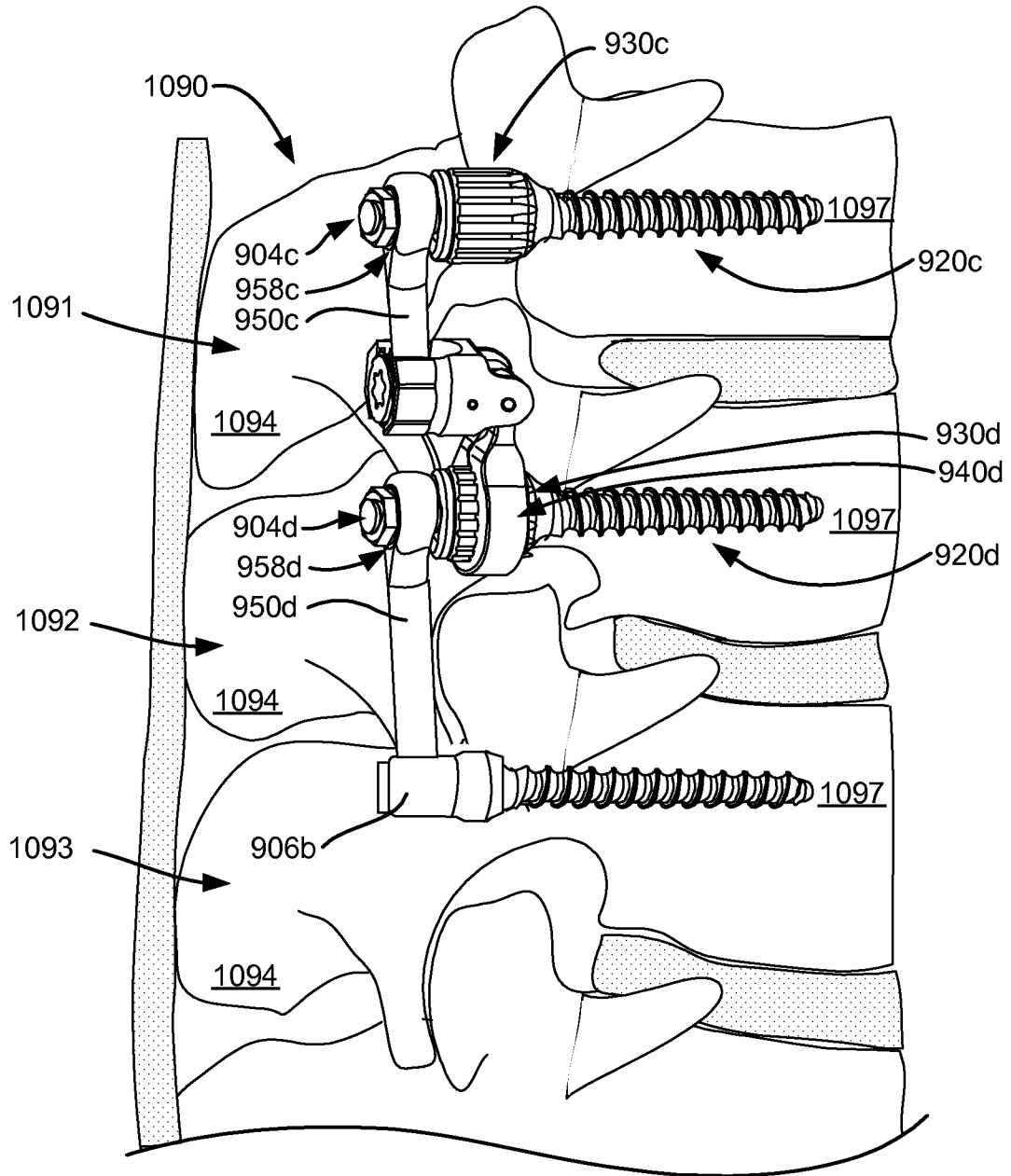


FIG. 12A

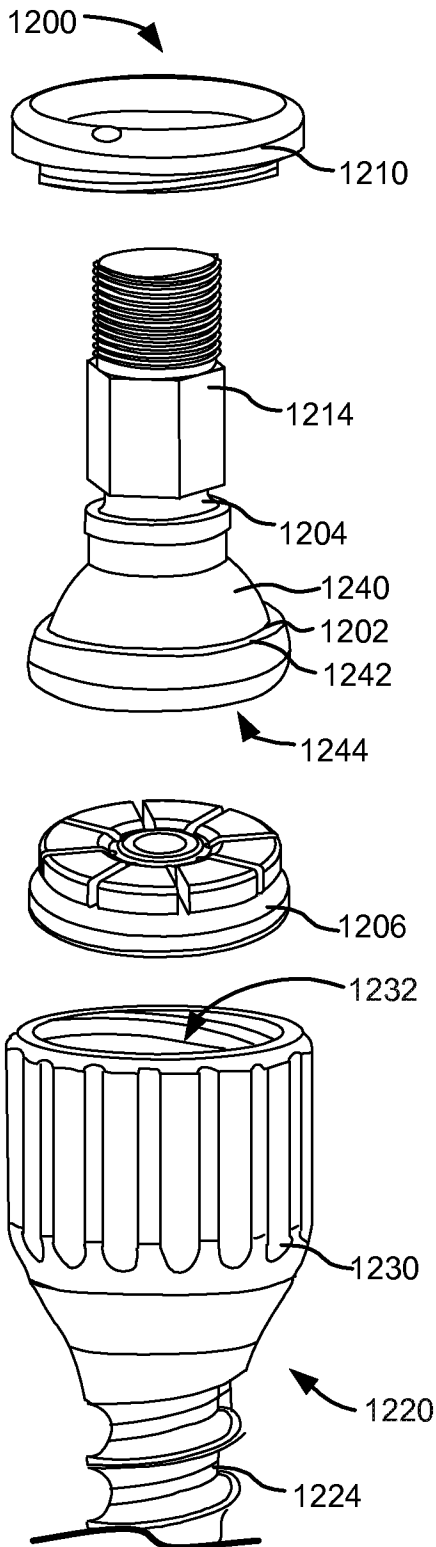


FIG. 12B

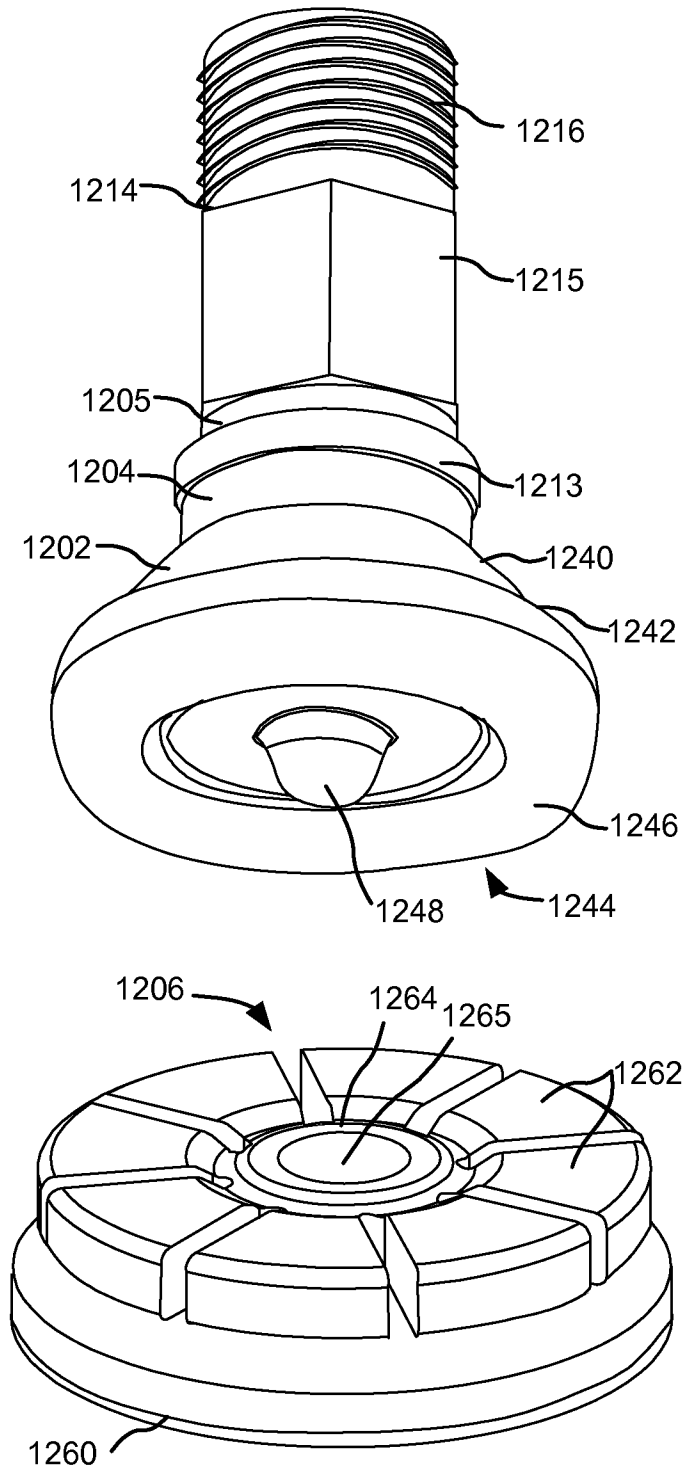


FIG. 12C

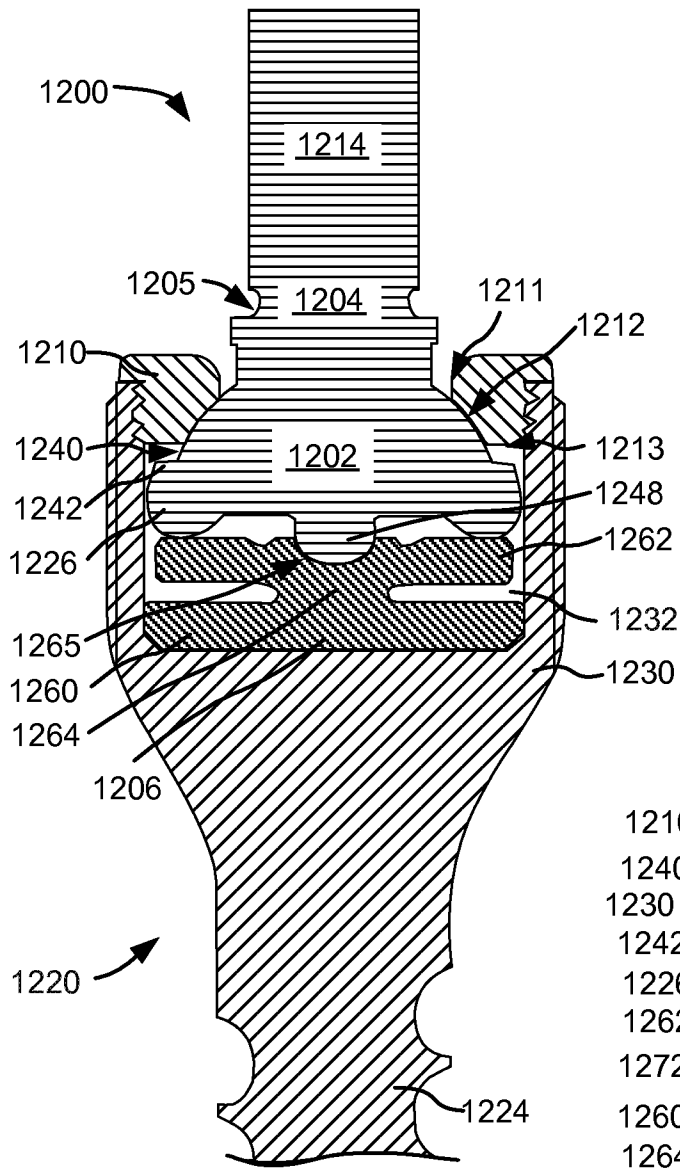


FIG. 12D

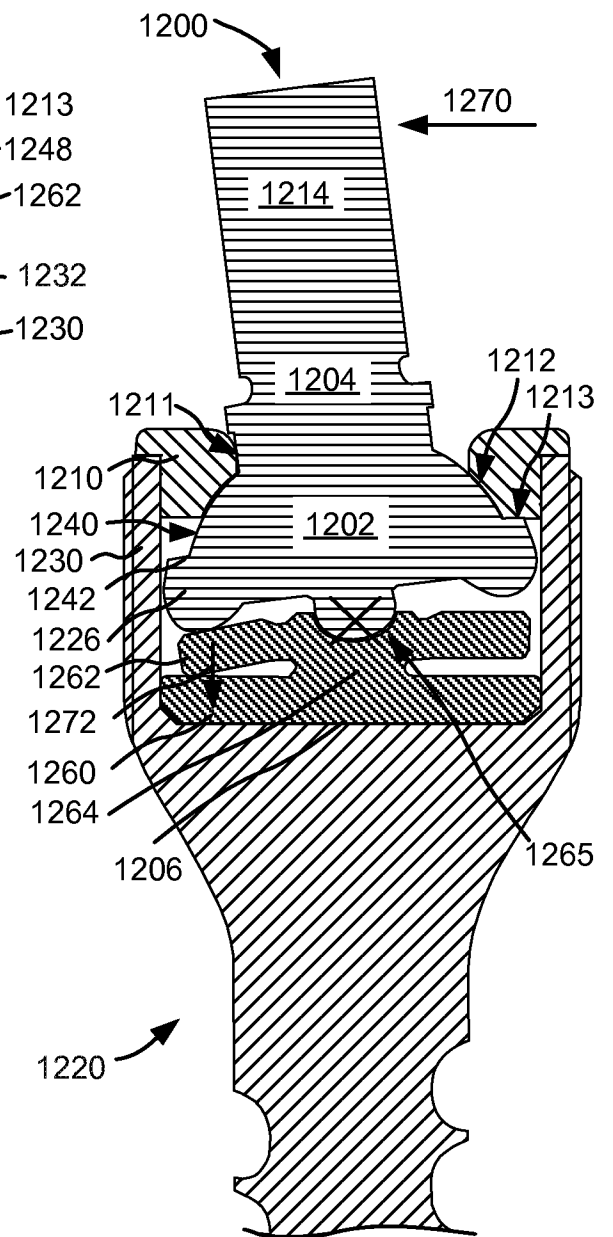


FIG. 12E

FIG. 13A

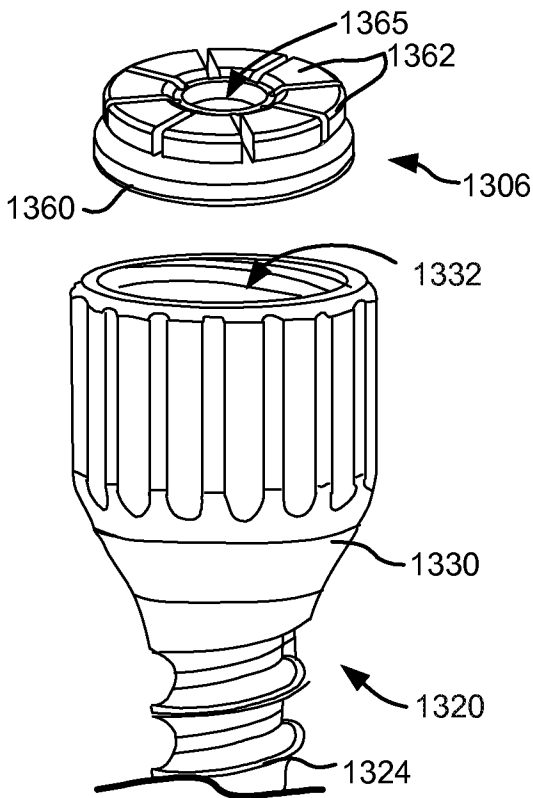
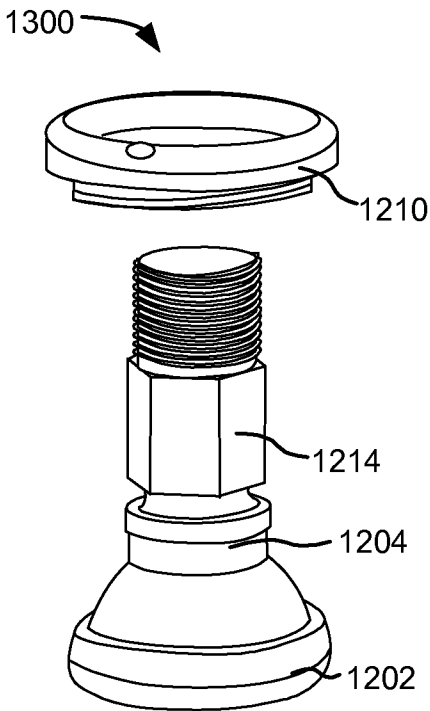


FIG. 13B

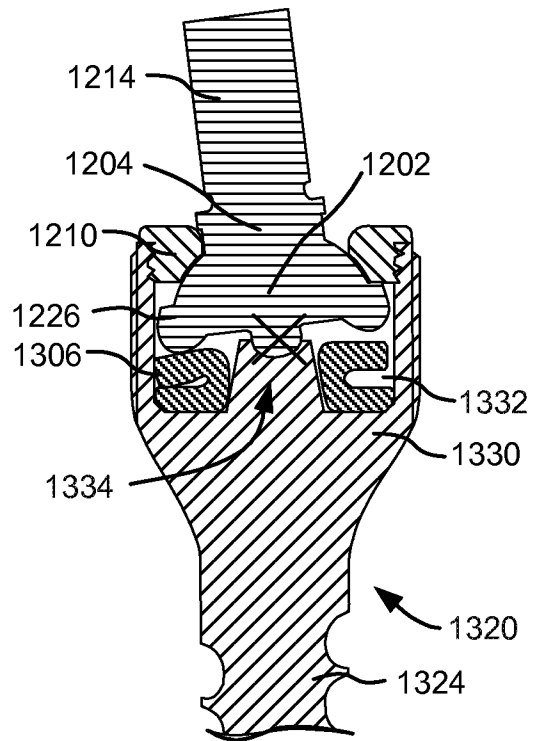
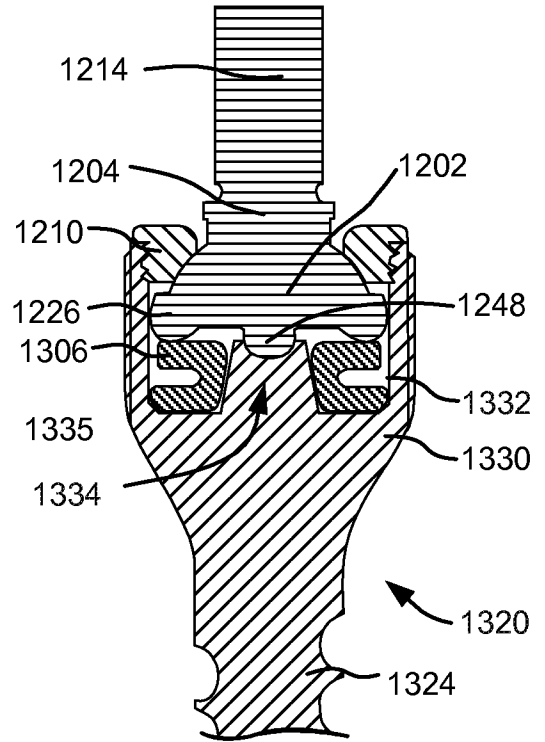


FIG. 13C

FIG. 14A

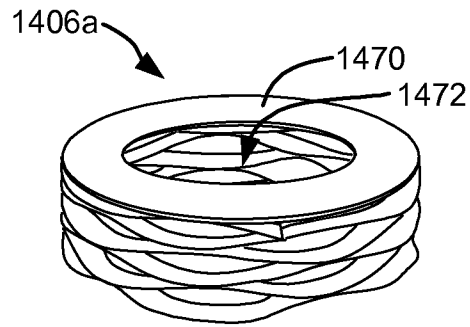


FIG. 14B

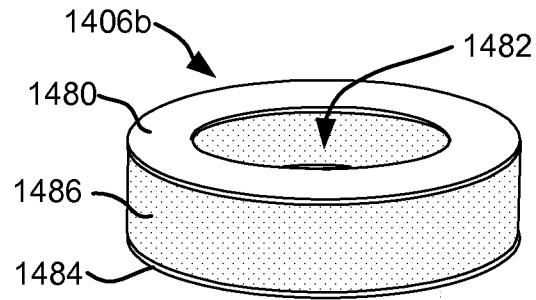


FIG. 14C

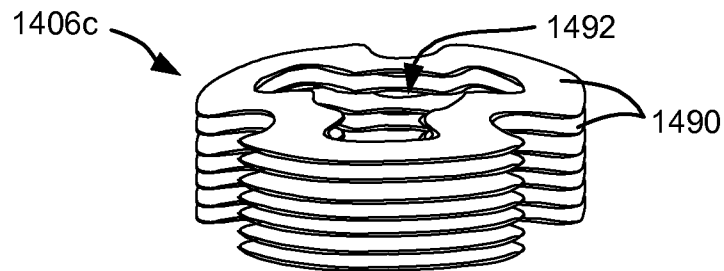


FIG. 15A

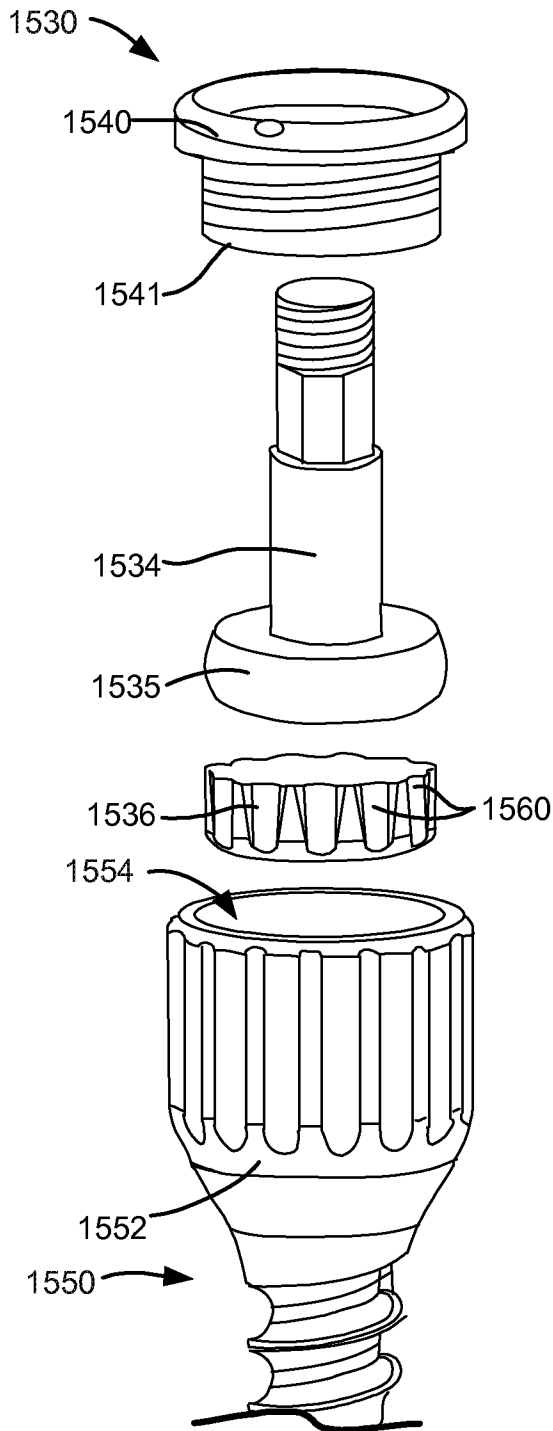


FIG. 15B

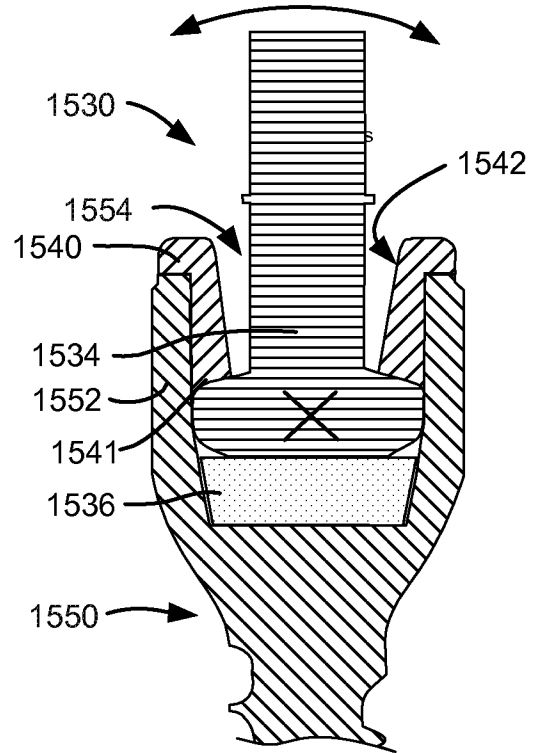


FIG. 15C

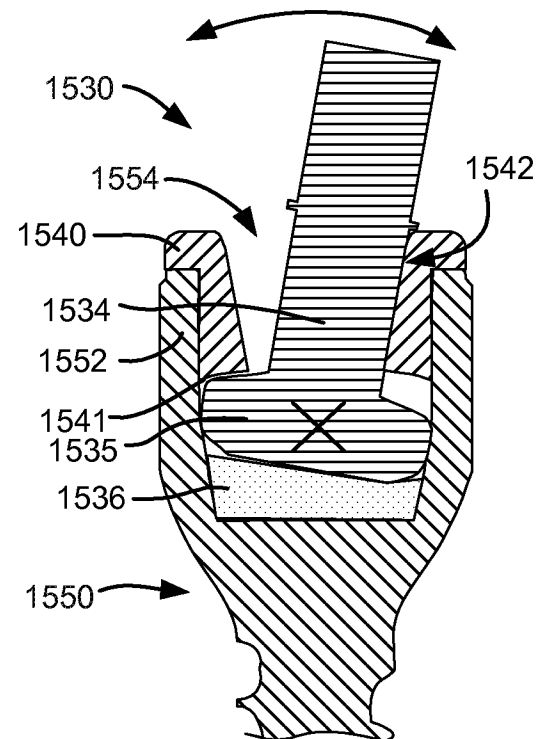


FIG. 16A

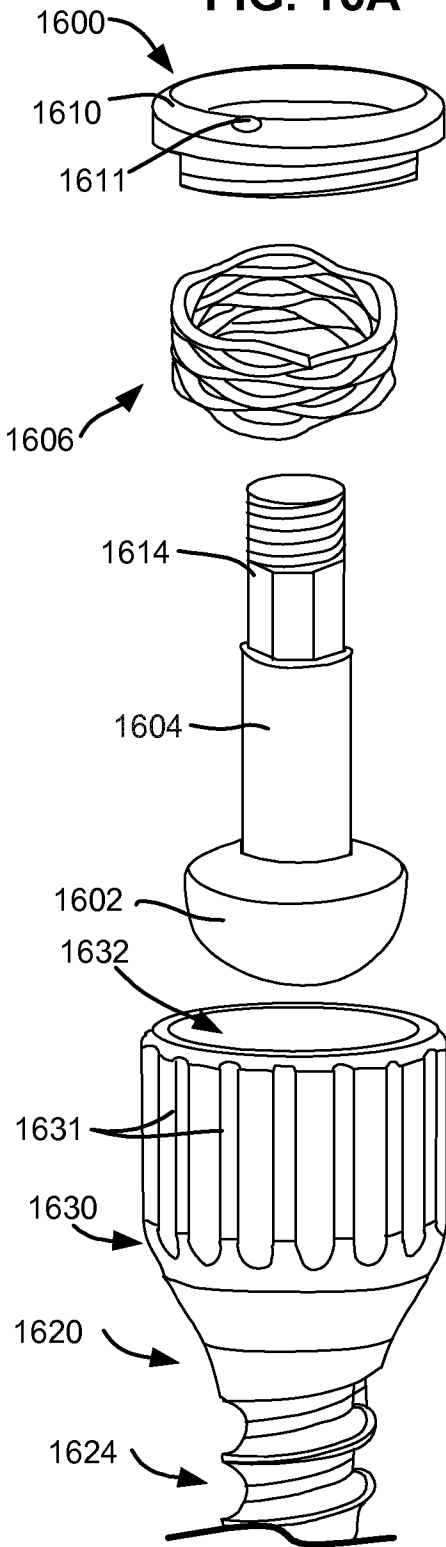


FIG. 16B

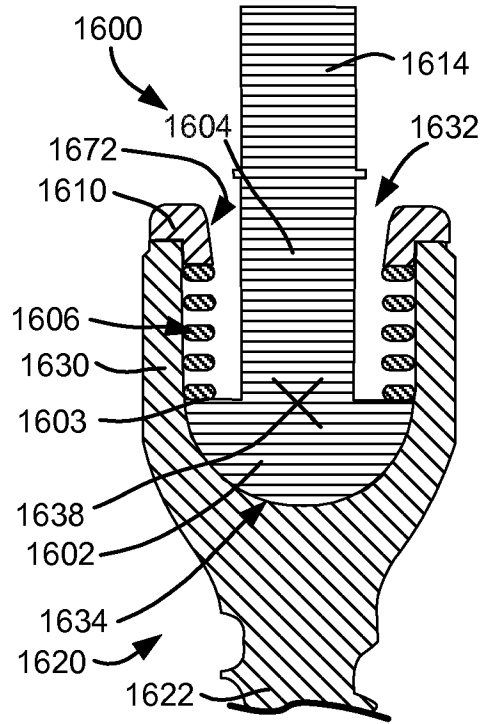


FIG. 16C

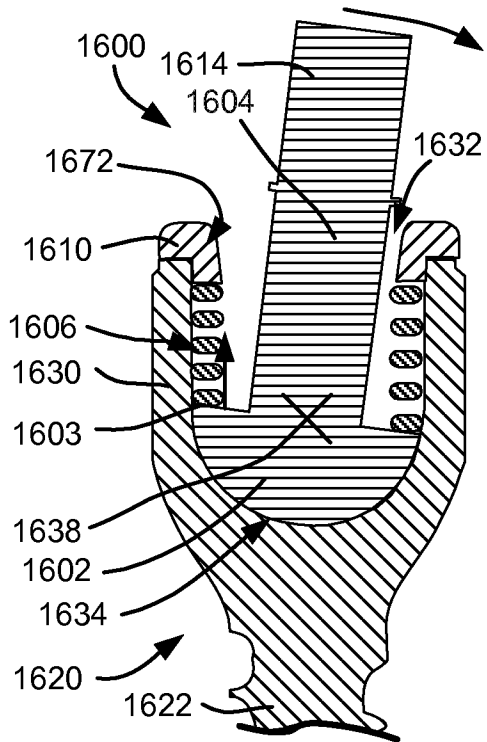


FIG. 17A

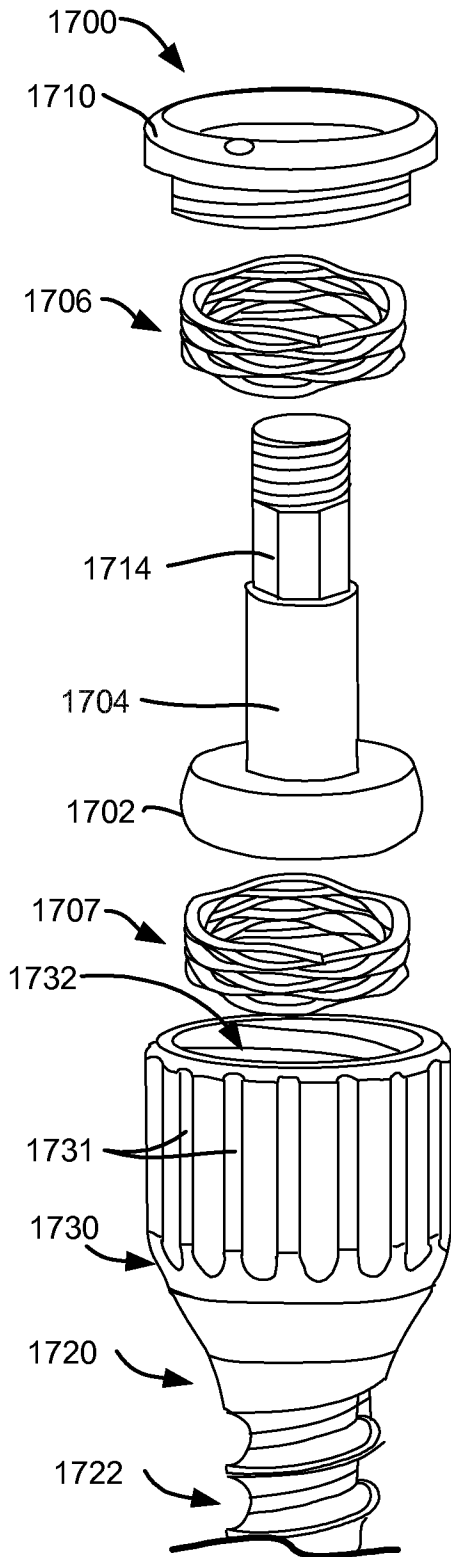


FIG. 17B

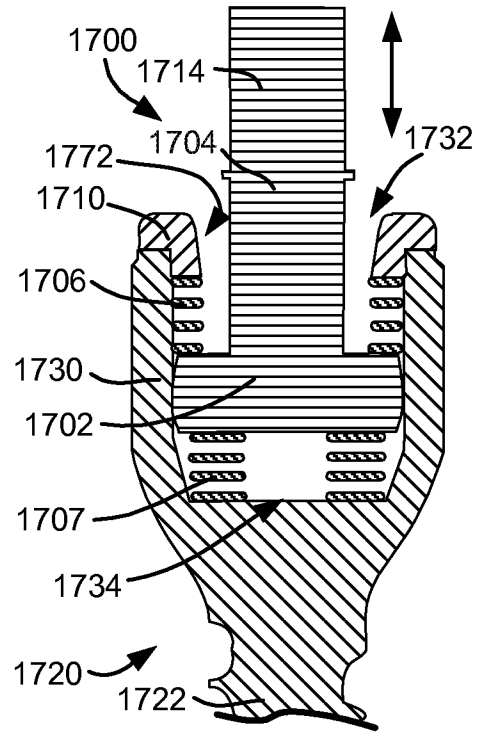


FIG. 17C

