



(11) (21) (C) **2,000,543**  
(22) 1989/10/12  
(43) 1990/04/12  
(45) 2001/02/13

(72) Bullara Leo A., US

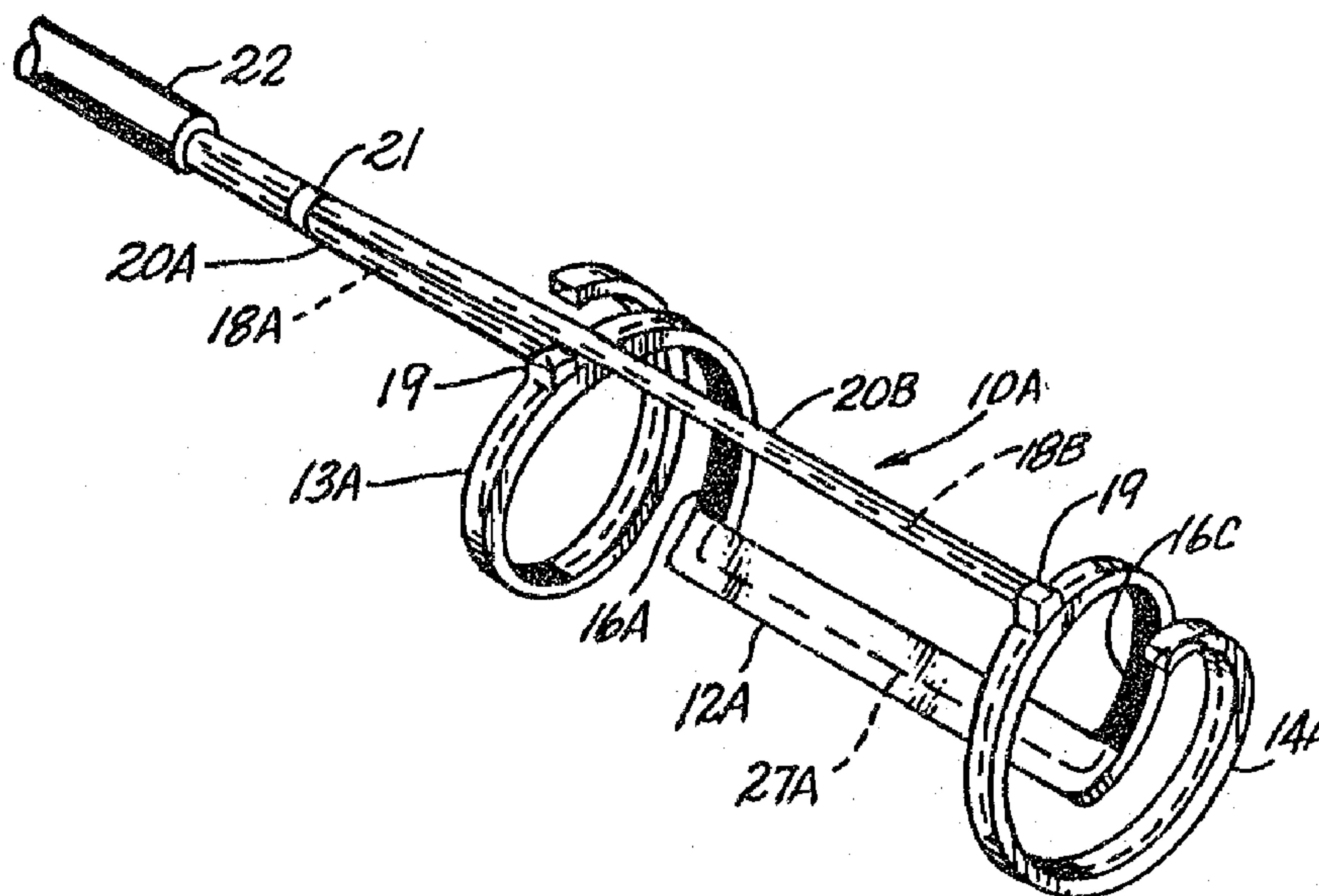
(73) HUNTINGTON MEDICAL RESEARCH INSTITUTES, US

(51) Int.Cl.<sup>5</sup> A61N 1/05

(30) 1988/10/12 (07/256,702) US

(54) **ELECTRODE HELICOIDAL BIDIRECTIONNEL POUR  
STIMULATION NERVEUSE**

(54) **BIDIRECTIONAL HELICAL ELECTRODE FOR NERVE  
STIMULATION**



(57) A circumneural electrode assembly having a pair of spaced-apart and oppositely directed helical portions which can be opened by an insertion tool to fit the assembly over a peripheral or cranial nerve. One or more conductive electrodes on the inner surfaces of the helical portions intimately contact the nerve surface to deliver electrical stimulating signals, or alternatively, to block nerve conduction or to sense evoked potentials. The surgically implanted assembly is stable in position on the nerve, and is installed with a minimum of nerve manipulation and possible resulting trauma. The assembly preserves the advantages of previously disclosed spiral electrodes, while greatly simplifying installation, particularly in a nerve which is deeply recessed in overlying muscle or arteries.

2000543

BIDIRECTIONAL HELICAL ELECTRODE  
FOR NERVE STIMULATION

Abstract of the Disclosure

A circumneural electrode assembly having a pair of spaced-apart and oppositely directed helical portions which can be opened by an insertion tool to fit the assembly over a peripheral or cranial nerve. One or more conductive electrodes on the inner surfaces of the helical portions intimately contact the nerve surface to deliver electrical stimulating signals, or alternatively, to block nerve conduction or to sense evoked potentials. The surgically implanted assembly is stable in position on the nerve, and is installed with a minimum of nerve manipulation and possible resulting trauma. The assembly preserves the advantages of previously disclosed spiral electrodes, while greatly simplifying installation, particularly in a nerve which is deeply recessed in overlying muscle or arteries.

1

5

H29:19190/RRP

-1-

10

BIDIRECTIONAL HELICAL ELECTRODE  
FOR NERVE STIMULATION

Background of the Invention

15

This invention relates to an electrode assembly which is implantable in a human or animal body around a nerve. Typically, the electrode is connected by a wire or wires to an implanted electronic biostimulator which can be remotely programmed, or by an electronic circuit commanded by an external wireless telemetry transmitter to deliver electrical signals to the nerve. The thus-stimulated nerve in turn causes a reaction in one or more muscles to achieve a desired result, such as bladder control for a patient who has lost normal control due to injury or disease.

20

25

My U.S. Patent 4,573,481 (the disclosure of which is incorporated herein by reference) describes in greater detail the various types of nerve-stimulating electrodes (e.g. cuff electrodes) which have been used in the past, and the problems which have been encountered with installation and use of these prior-art units. For brevity, the reader is referred to this patent for further background information.

30

35

The aforementioned patent discloses a spiral or helical electrode which solves many of the shortcomings of earlier designs, and is wound around the nerve of

1 interest during surgical installation. Excellent  
results have been obtained with this electrode, but  
there are occasions where space around the nerve is  
limited, and the manipulation of the helix to wind it  
5 around the nerve demands skillful and painstaking care  
by the surgeon.

The electrode assembly (and associated installation  
tool) of the present invention incorporates the  
important advantages of my earlier helical design, and  
10 provides significant placement simplification and  
reduction of trauma risk during installation. Broadly,  
the new assembly is a flexible electrode-supporting  
matrix forming two oppositely directed helical portions  
extending from a central bridge or junction. Each  
15 helical portion extends circumferentially somewhat more  
than 360 degrees (typically about 420 to 540 degrees).

During installation, a tweezer-like tool has a pair  
of pins or tines which are fitted into the open central  
bore of the helical matrix. The tines are then expanded  
20 to distort and open the flexible helices so a laterally  
open passage is formed along the length of the matrix.  
The electrode assembly is then fitted over the nerve in  
a direction generally perpendicular to the length of the  
nerve. The tines are withdrawn to enable the matrix to  
25 close gently around the nerve to place one or more  
conductive electrodes in intimate contact with the nerve  
surface. Contrarotation of the several spiral or  
helical matrix portions provides a further advantage of  
improved electrode-assembly anchorage and resistance to  
30 unwanted movement along the nerve in response to  
movement of adjacent tissue or skeletal structure.

#### Summary of the Invention

The invention is directed to a circumneural  
35 electrode assembly which includes a supportive flexible

1 and insulating matrix formed into two oppositely  
directed helical portions which are centrally joined,  
and have free outer ends. The helical portions extend  
5 circumferentially at least one full turn, and preferably  
about one-half additional turn, for a total extent in  
the range of 360 degrees to 720 degrees. A thin and  
flexible conductive ribbon (preferably surface-roughened  
platinum) is secured to the inner surface of one of the  
helical portions, and multiple electrodes can be  
10 provided on one or both portions. A connecting wire or  
cable extends from the electrode and matrix for coupling  
to an electronic package which is normally implanted  
elsewhere in the patient's body.

The assembly is hollow, thus providing an open and  
15 generally cylindrical central passage throughout its  
longitudinal extent. A tweezer-like installation tool  
has a pair of separable pins or slender tines which are  
closed together for insertion in the central passage.  
Separation of the tines distorts the flexible matrix and  
20 electrode out of the helical shape into an open-sided  
configuration which permits the assembly to be slipped  
over the surgically exposed peripheral nerve in a  
direction generally perpendicular to the length of the  
nerve. With the assembly fitted over the nerve, the  
25 tool is withdrawn, and the assembly resiliently returns  
to the undistorted helical shape to encircle the nerve  
with the electrode in conductive contact with the nerve  
surface.

30

35

1 Brief Description of the Drawings

FIG. 1 is a pictorial view of a monopolar electrode assembly with closely spaced helical portions;

5 FIG. 2 is a view similar to FIG. 1, but showing a multipolar electrode assembly with more widely spaced helical portions;

FIG. 3 is a plan view of the electrode assembly of FIG. 2 as distorted into an unwound flat shape;

10 FIG. 4 is a view similar to FIG. 3, and showing the flattened configuration of the FIG. 1 assembly;

FIG. 5 is a pictorial view of an installation tool for the assembly;

15 FIG. 6 shows the installation tool fitted and expanded within the electrode assembly to open the helical portions which are positioned for placement over a nerve;

FIG. 7 shows the tool being removed after placement of the assembly around the nerve;

20 FIG. 8 is an end view of a portion of the assembly as expanded by the tool over the nerve; and

FIG. 9 is an enlarged section through one of the helical portions.

25

30

35

1 Description of the Preferred Embodiments

5 A first embodiment of an electrode assembly 10 according to the invention is shown in Fig. 1. The assembly includes a preformed resilient and insulating matrix 11 having a central junction or bridge portion 12. Two helical portions 13 and 14 extend integrally from the bridge portion, and the helical portions advance away from the bridge portion in opposite directions. Each helical portion extends around at least 360 degrees, and preferably about 420 to 540 degrees. The pitch of the helical turns is small, and adjacent windings are typically spaced apart by less than the axial width of the helical-portion turns, and preferably by about one-third the turn axial width.

15 Assembly 10 is a monopolar configuration having a single conductive electrode 16 secured on the inner surface of helical portion 13. The electrode is a thin and flexible metal ribbon embedded in the inner matrix surface, but with the inwardly facing surface of the ribbon fully exposed for electrical contact with a nerve. Depending on the type of nerve stimulation desired, the electrode may extend around a full turn of the helical portion, or somewhat less than a full turn as shown in Fig. 1.

25 A connection means for coupling the electrode to a source (not shown) of electrical signals is formed by a flexible multistrand wire 18 welded to the outer embedded surface of the electrode. The wire extends radially outwardly from the electrode to a small button or dimple 19 integrally formed with helical portion 13. The wire is bent 90 degrees within the dimple to extend parallel to the central axis of the helix, and is insulated by a surrounding tubular jacket 20 joined to the dimple.

1            Fig. 4 shows the inner surface of assembly 10 when  
unwound into a flat configuration. This view is  
provided only for clarifying the assembly structure, and  
the assembly is not constructed in flat form, nor is it  
5 normally distorted or unrolled to this condition during  
manufacture or use.

The electrode configuration and the spacing of the  
helical portions can be varied according to the planned  
nerve-stimulation program, and a typical variation is  
10 shown in FIGS. 2 and 3 as an electrode assembly 10A  
having a matrix 11A. In this second embodiment, bridge  
portion 12A is significantly lengthened to increase the  
axial spacing of oppositely directed helical portions  
13A and 14A.

15           Both of these helical portions are provided with a  
pair of conductive electrodes 16 A-B and 16 C-D, and the  
electrodes of each pair may be driven by a double lead  
cabel 18A (and 18B for electrodes 16 C-D), depending on  
the planned nerve-stimulation protocol. The insulated  
20 lead-wire jackets 20A and 20B are preferably joined by a  
drop of adhesive 21 and fitted into a surrounding  
tubular jacket 22 as they extend away from the assembly.  
Jacket 22 limits the bending radius of the connecting  
wire, and helps to prevent kinking, work hardening, and  
25 possible eventual breakage of wire strands during body  
movement.

The inside diameter of the helical portions is  
selected to be a close or very gently compressive fit  
on the nerve to be stimulated. Most peripheral nerves  
30 which are candidates for electrical stimulation have  
outside diameters in the range of about 1.0 to 7.0  
millimeters, and this accordingly establishes the range  
of typical inside diameters of the helical portions.  
When electrodes are provided in both helical portions,  
35 bridge portion 12A will typically have an axial length



1 in the range of 7 to 10 mm (though shorter or longer  
dimensions may be used) for effective stimulation and  
good evoked response at low power levels.

5 The supportive matrix of the assembly is preferably  
formed by a ribbon of medical-grade silicone elastomer,  
and an acceptable and commercially available uncured  
formulation is Dow Corning MDX4-4210. The connecting  
wires should have high flexibility and integrity, and a  
10 Teflon-coated 25-strand stainless-steel wire in a  
silicone-rubber jacket is satisfactory. The electrodes  
are preferably thin and high-purity annealed platinum  
ribbons about one millimeter in width and 0.025 mm thick  
for good flexibility. The ribbon is preferably surface  
15 roughened (abrasion with 25 micrometer diamond abrasive  
is a suitable technique) for increased effective area of  
the nerve-contacting face, and to enable mechanical  
bonding with the matrix material.

Prototype electrode assemblies have been made by  
the methods disclosed in the aforementioned U.S. Patent  
20 4,573,481. Briefly, and with reference to Fig. 9, an  
arbor or mandrel 25 is provided with a helical groove 26  
corresponding in dimension to the desired geometry of  
the matrix. Each electrode 16 is fitted against the  
base of the groove, and is securely positioned and  
25 pressed against the groove base by a tightly wrapped  
strand 27 of 5-0 Dacron suture material. Intimate  
contact of the electrode against the mandrel is  
important to prevent any flow of silicone elastomer  
between the facing surfaces. Wire 18 is prewelded to  
30 the radially outer surface of the electrode, and the  
joint is insulated with an epoxy material such as sold  
under the trademark Epoxylite.

The liquid components of the silicone elastomer are  
then mixed and degassed to eliminate bubbles, and the  
35 elastomer is applied to the mandrel to fill groove 26

1 which defines the bridge and helical portions of the  
matrix. The elastomer is cured by heating to complete  
the formation of the assembly which is then gently  
stripped away from the mandrel. It is important that  
5 the cured matrix have good shape retention combined with  
high flexibility and resiliency, and the aforementioned  
silicone elastomer satisfies these requirements.

In a typical configuration, matrix 11 has a  
generally rectangular cross section, with an axial width  
10 of about 1.2 mm, and a radial thickness in the range of  
about 0.6 to 0.8 mm. The lower end of the thickness  
range is used for electrode assemblies intended for  
nerves of small diameter, and the larger thickness is  
selected for larger nerves to maintain approximately  
15 constant radial stiffness of the helical turns.

An installation tool 30 for the electrode assembly  
is shown in Fig. 5, and the tool is a modified surgical  
tweezer having a pair of legs 31 extending from a base  
junction 32 to tips 33. The legs are normally biased  
20 apart to separate tips 33, but the tips can be brought  
together by squeezing the tweezer in conventional  
fashion.

The tweezer is modified by addition of a pair of  
tines or pins 34, each of which is welded or brazed to a  
25 respective leg tip 33. The pins are parallel, and  
extend at about 45 degrees from the longitudinal axes of  
the legs. This angulation permits the pins to be  
oriented parallel to a nerve as described below, with  
the tweezer body extending upwardly away from the nerve  
30 for manipulation by the surgeon and good visibility of  
the electrode assembly. The pins are longer than the  
axial dimension of the electrode assembly to be  
installed, and are typically about 18 mm long.

Although the pins may have a simple circular cross  
35 section, a preferred trough-shaped cross section is

1 shown in Fig. 8. The concave side of this cross  
section forms a shallow depression or seat 35 to  
receive the circumferential ends of the helical portions  
(or the corresponding end of the matrix bridge portion),  
5 and thus to support the opened electrode during the  
installation procedure described below. The trough-  
shaped cross section also minimizes pin size for fitting  
within helical assemblies of very small inside  
diameter.

10 Referring to Figs. 6-7, a peripheral nerve 36 is  
surgically exposed in preparation for installation of  
electrode assembly 10. Pins 34 of the installation tool  
are compressed together by squeezing the tweezers, and  
the adjacent pins are slipped through the hollow  
15 interior of the helical electrode assembly. Gripping  
force on the tweezers is then relaxed, permitting the  
pins to separate and thereby open the electrode assembly  
so it can be lowered over nerve 36 as shown in Fig. 6.

20 Tool 30 is initially positioned within the  
electrode assembly such that when the pins are  
separated, one pin will be close to bridge portion 12,  
and the other pin will be adjacent the free ends of  
helical portions 13 and 14. The resulting unwrapping or  
unwinding of flexible matrix 11 and associated electrode  
25 or electrodes opens the helical turns to form a  
laterally open passage 37 to receive the nerve as shown  
in Fig. 8.

30 When the spread electrode assembly has been placed  
over the top of the nerve, the tweezers pins can be moved  
toward each other beneath the nerve, and continued  
lowering of the tweezers tips withdraws the pins from  
within the electrode. The tweezers is then sufficiently  
reopened to provide clearance between the pins and the  
nerve so the tool can be withdrawn.

1           When the tool pins are removed, the shape memory of  
resilient matrix 11 causes an automatic self-closing  
action of helical portions 13 and 14 around nerve 36.  
The preferred slight compressive fit of the helical  
5 portions places the electrode or electrodes in the  
desired intimate contact with the nerve for good  
electrical conduction of stimulating signals.

          In some implantations of the electrode assembly,  
there may be only a very slight clearance between the  
10 undersurface of the nerve and the underlying body  
structure. In this situation, the electrode assembly is  
fitted over the nerve as already described, and the tool  
pins are then compressed together and gently withdrawn  
from the electrode matrix by a sideways movement  
15 parallel to the nerve axis. The tips are then again  
spread sufficiently to be withdrawn over the opposed  
sides of the nerve.

          Separation of the installation-tool pins within the  
helical portions causes unwinding of the helical turns  
20 by a sliding movement of the matrix inner surface on the  
pins. Preferably, the pins are Teflon coated to  
minimize frictional resistance to this sliding motion of  
the silicone-rubber matrix over the pins.

          In common with the helical electrode of my earlier  
25 aforementioned patent, the new electrode assembly has  
the significant advantages of minimum interference with  
desirable fluid exchange between the nerve and  
surrounding tissue, and minimum risk of excessive nerve  
compression which can cause nerve damage. The new  
30 assembly is even more capable of resiliently  
accommodating nerve swelling or edema resulting from the  
implantation surgery. Similarly, the assembly has good  
longitudinal flexibility to accommodate bending of the  
associated nerve during limb articulation or other body  
35 movement. Good electrical contact of the electrode and

## 2000543

-11-

1 nerve is also achieved, with little risk of tissue-  
ingrowth problems encountered with cuff electrodes.

5 The oppositely directed turns of the helical  
portions provide an important advantage of good  
assembly anchorage and resistance to axial movement of  
the assembly along the nerve in response to adjacent  
muscle movement or limb articulation. The anchoring  
effect arises from an opening separation of the distal  
helical portion which reduces the matrix inside diameter  
10 to increase the gripping action of the matrix around the  
nerve. The tight pitch of the helical portions, and the  
capability of using multiple electrodes, enables use of  
multiple stimulus sites along and around the nerve for  
selective stimulation of nerve bundles.

15 Apart from these important features, an outstanding  
advantage of the new assembly is ease of installation,  
and freedom from any need to wind the assembly manually  
around the nerve. In addition to reducing surgical  
manipulation and possible nerve trauma, the simple open-  
20 lower-close installation sequence permits placement even  
when the exposed nerve is deeply recessed in the body  
with very small undersurface clearance.

25 Although described above in terms of an assembly  
with two helical portions of opposite rotation  
direction, the invention extends to a single helical  
portion which is useful where axial exposure of the  
nerve is limited. In both configurations, the helical  
turn extends around at least 360 degrees to provide  
complete encirclement of the nerve, and preferably about  
30 one-half turn beyond a full circle. If desired, the  
electrode ribbon may extend along the entire inner  
circumference of the helical matrix to provide constant  
stiffness, and any unwanted conductive contact is  
avoided by applying an insulating coating (EpoxyLite is  
35 suitable) to portions of the exposed electrode surface.

1           The extent of the matrix helical turn is preferably  
kept less than two full turns for several reasons.  
First, a greater circumferential extent of the helical  
portion requires a greater separation of the  
5 installation-tool pins to open the assembly for fitting  
over the nerve, and this separation should be minimized  
so the tool pins can be fitted within a narrow incision.  
A second factor is to limit distortion of the electrode  
ribbon which may decrease the desired intimate contact  
10 of the electrode against the nerve surface.

          There has been described an electrode assembly  
which incorporates the important advantages of my  
earlier design, while offering a significant improvement  
in ease of installation over a nerve to be electrically  
15 stimulated.

20

25

30

35

2000543

WHAT IS CLAIMED IS:

1. An electrode assembly for implantation on a nerve, comprising:

a flexible supporting matrix of dielectric material, the matrix forming a pair of spaced-apart and oppositely directed helical portions, each helical portion extending circumferentially at least 360 degrees and less than 720 degrees;

a flexible, conductive electrode secured to an inner surface of one of the helical portions; and

a flexible connection means connected to the electrode and extending from the matrix for connection to an electronic device;

the assembly having a central passage longitudinally therethrough and sized to conform to the external dimension of the nerve, whereby a tool can be inserted in the passage to expand the helical portions to open a lateral passage along the full length of the assembly to enable the assembly to be fitted over and closed upon the nerve.

2. The assembly defined in claim 1 wherein the helical portions each have adjacent turns which are spaced apart less than the axial width of the matrix to minimize the axial length of the assembly while providing space between the adjacent turns to permit fluid passage to the nerve.

3. The assembly defined in claim 1 wherein the helical portions are joined by a matrix bridge portion which extends generally parallel to a central axis of the helical portions.

## 2000543

4. The assembly defined in claim 1 wherein a flexible conductive electrode is secured to the inner surface of each helical portion, and the connection means comprises stranded wires secured to the respective electrodes and extending from the outer surface of the respective helical portions.

5. The assembly of claim 1 wherein each helical portion extends circumferentially about one and one-half turns.

6. The assembly of claim 1 wherein each helical portion extends circumferentially in the range of about 420 to 540 degrees.

7. The combination comprising:  
an electrode assembly for implantation on a nerve, the assembly comprising:

a flexible supporting matrix of dielectric material, the matrix forming a helix with at least one turn and less than two turns, the helix having a central passage longitudinally therethrough and sized to conform to the external dimension of the nerve;

a flexible conductive electrode secured to an inner surface of the matrix helix;

a flexible connection means connected to the electrode and extending from the matrix for connection to an electronic device; and

an insertion tool having a portion which is fitted and expanded within the central passage to expand the helical portion and thereby to form a laterally open passage along the length of the assembly so the assembly can be fitted over and closed upon the nerve upon removal of the tool portion.



8. The combination defined in claim 7 wherein the insertion tool has a pair of separable legs, each leg having a free end defining a pin, the pins being generally parallel and juxtaposed when the legs are moved toward each other so the pins can be inserted and expanded within the electrode assembly.

9. The combination defined in claim 8 wherein the tool pins are oriented at an angle to longitudinal axes of the respective legs.

10. The combination defined in claim 9 wherein the angle is about 45 degrees.

11. The combination defined in claim 8 wherein each pin defines a concave depression for receiving the matrix.

12. A method for installing a flexible and hollow helical electrode assembly around a nerve, the helical assembly having non-overlapping turns, comprising the steps of:

a. expanding the electrode assembly to open a lateral passage generally parallel to a central axis of the assembly, the passage being of sufficient size to accommodate the nerve;

b. moving the expanded assembly in a direction toward the nerve so the nerve passes through the passage;

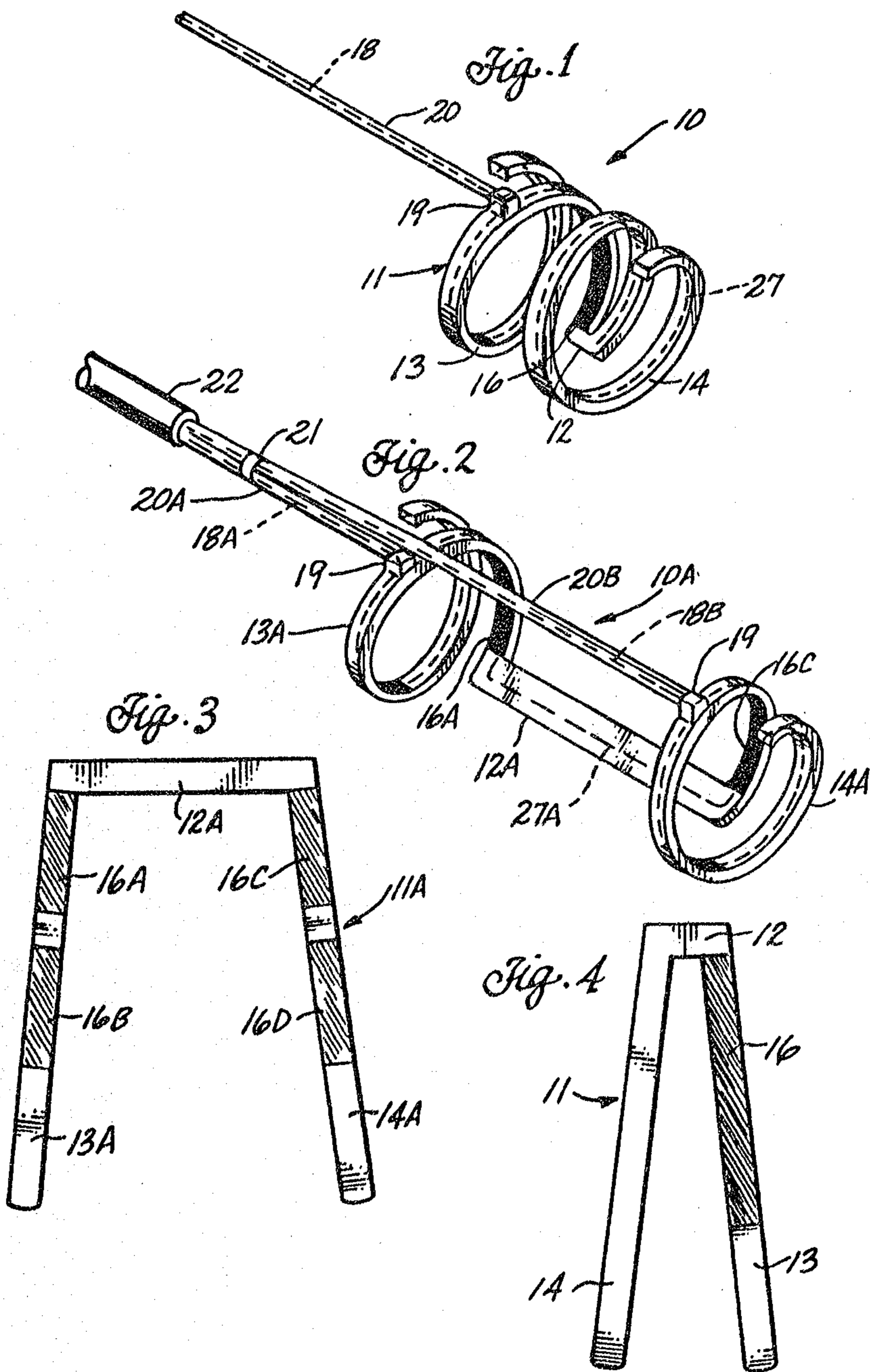
c. permitting the electrode assembly to return to a helical configuration around the nerve.

2000543

13. The method defined in claim 12 wherein the expanding step is performed with a tool having a pair of pins which are movable together for fitting within the hollow assembly, the pins then being movable away from each other to expand the assembly and thereby to form the lateral passage.

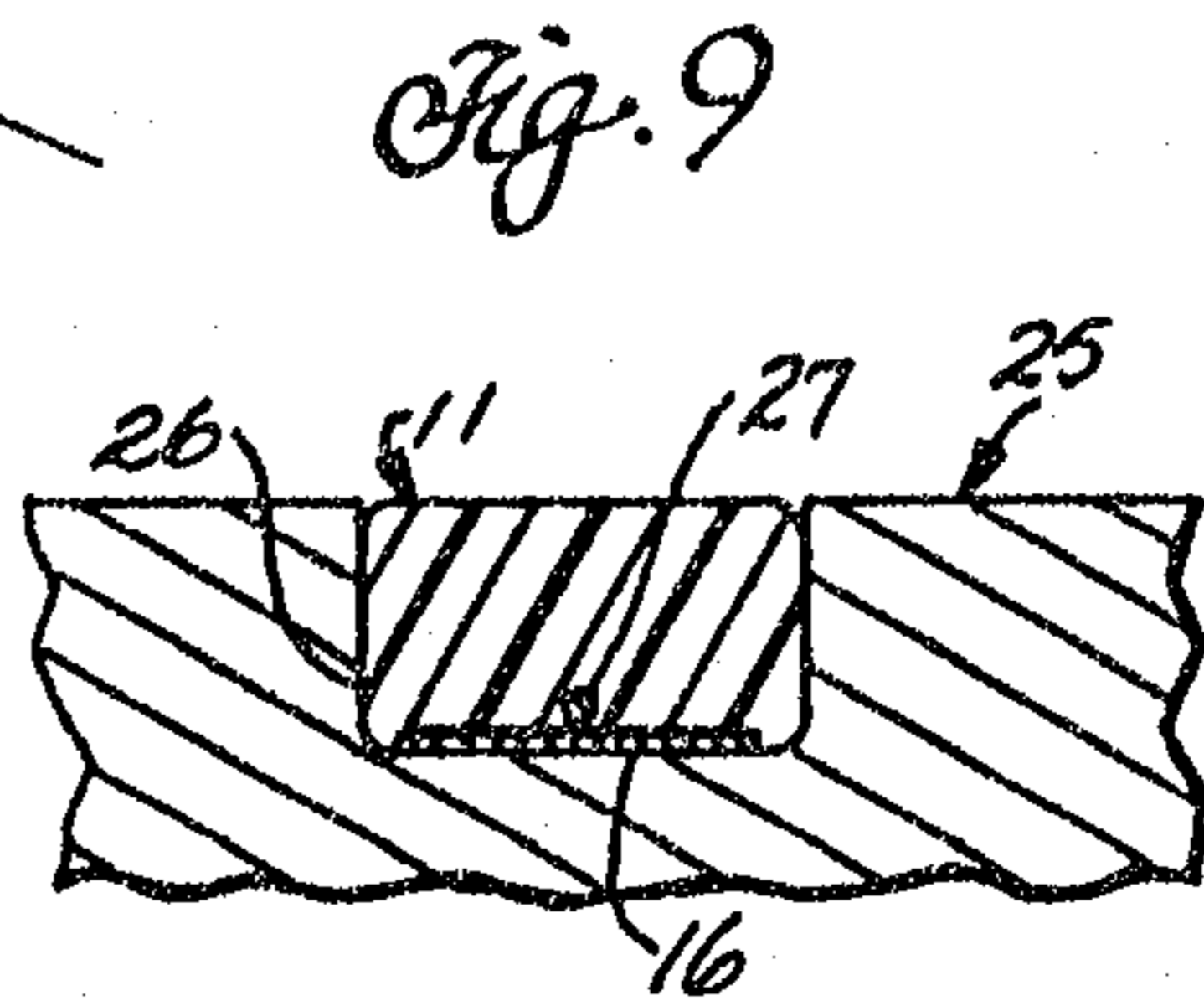
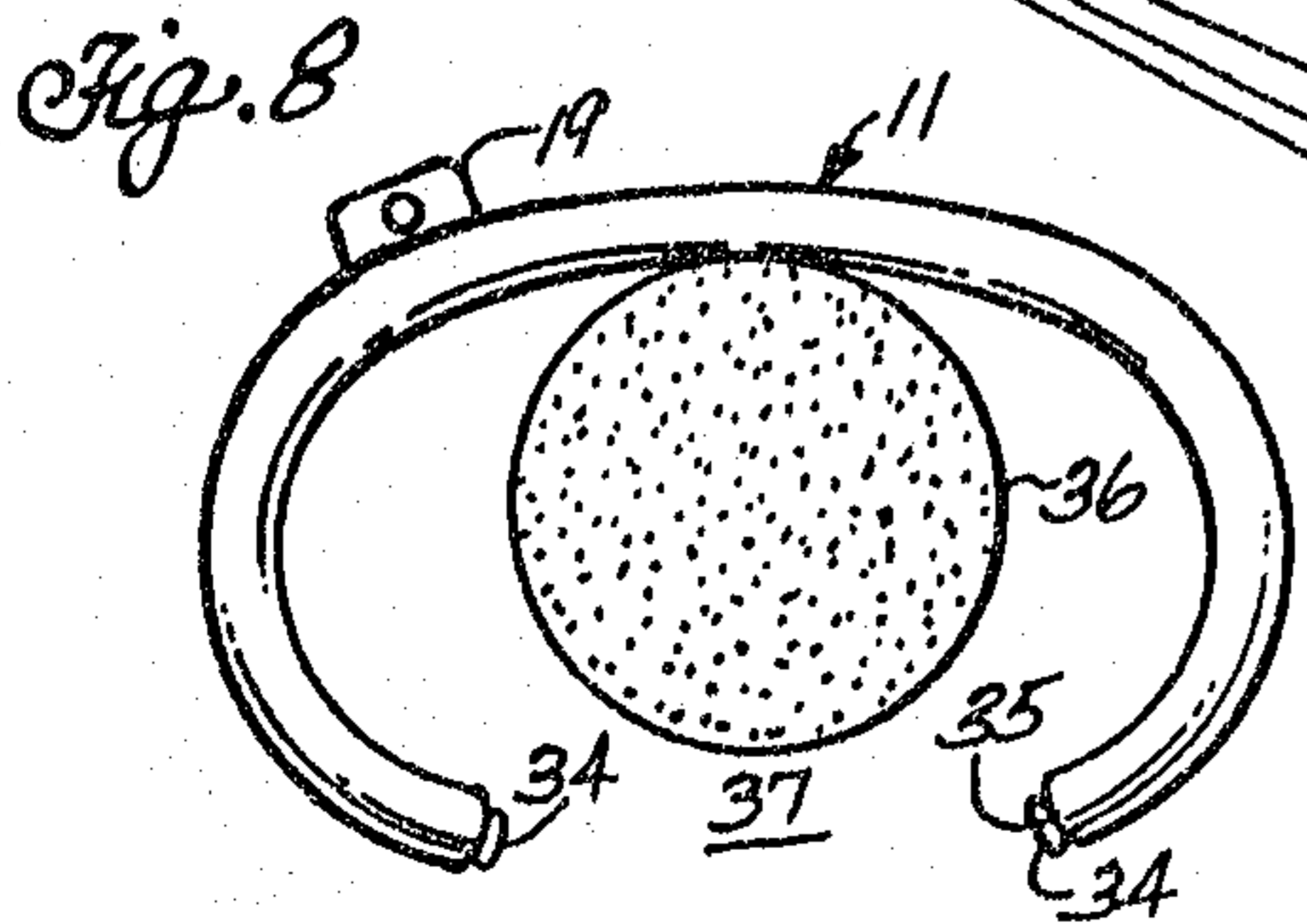
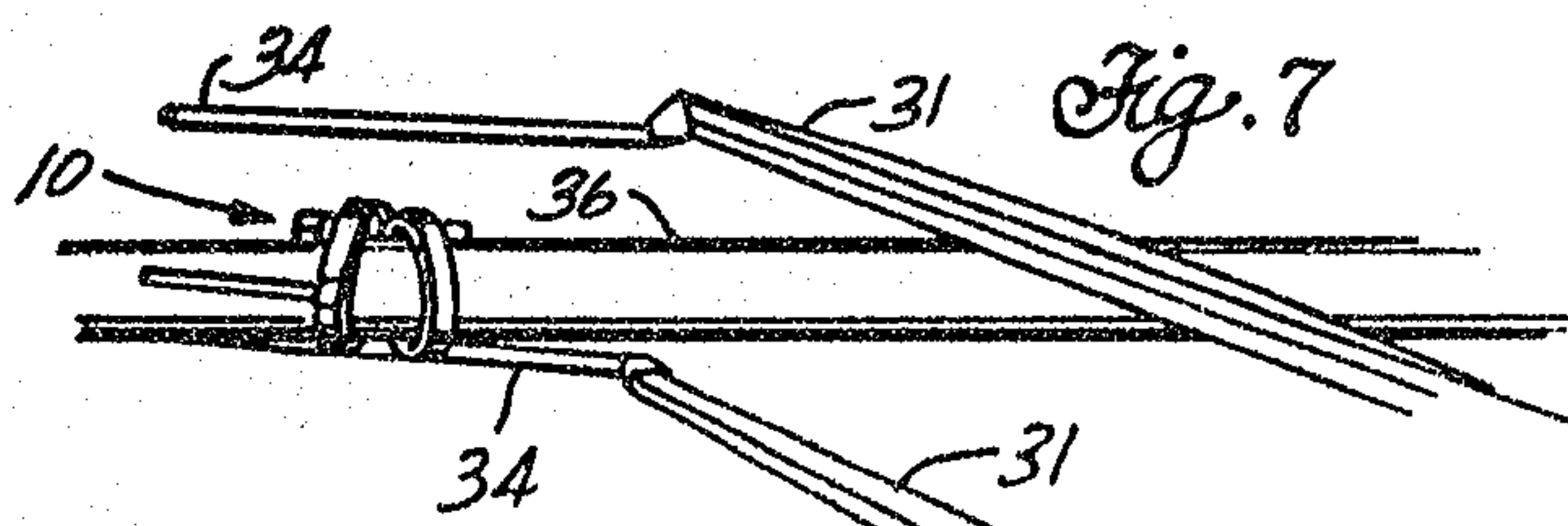
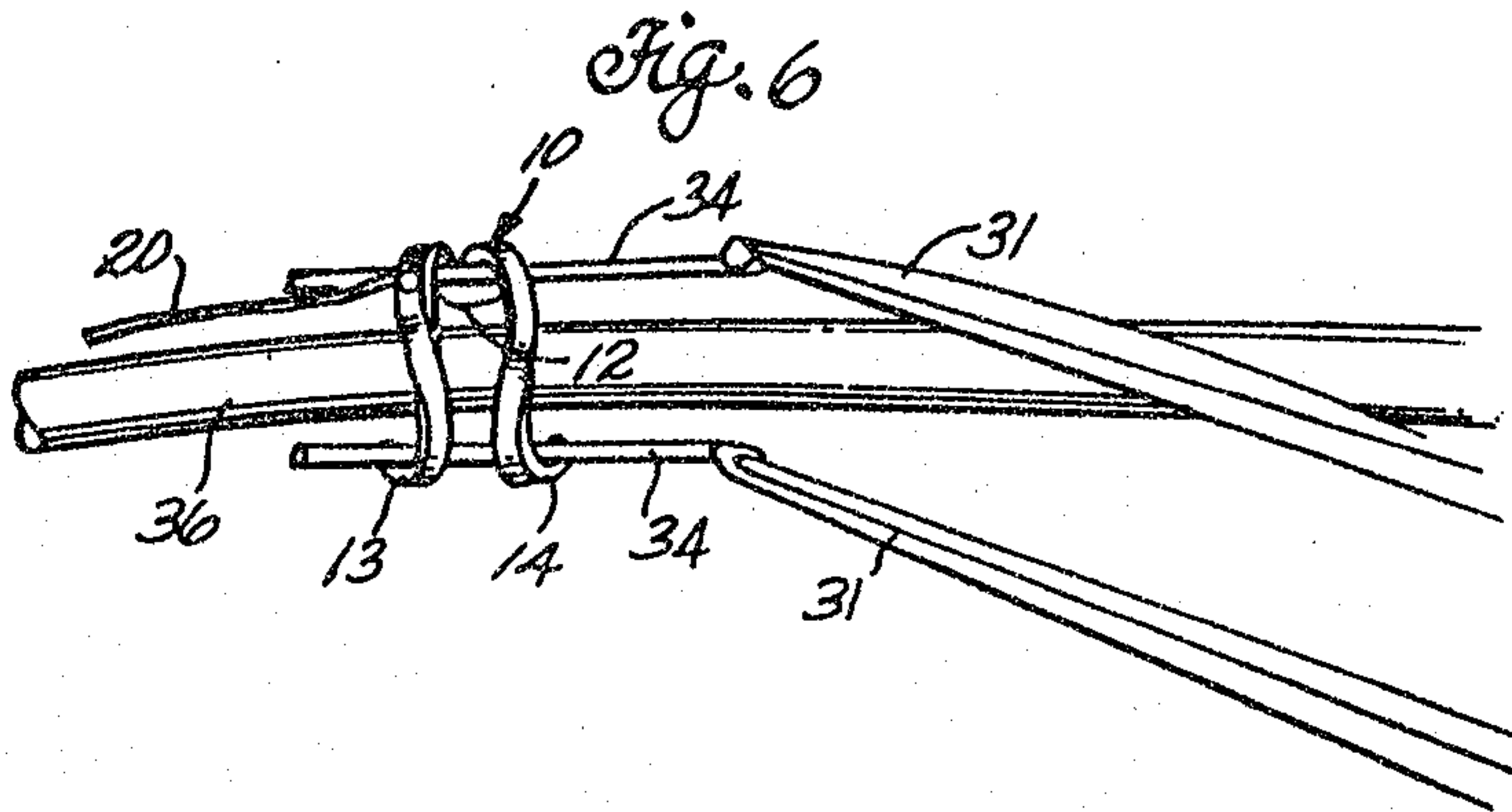
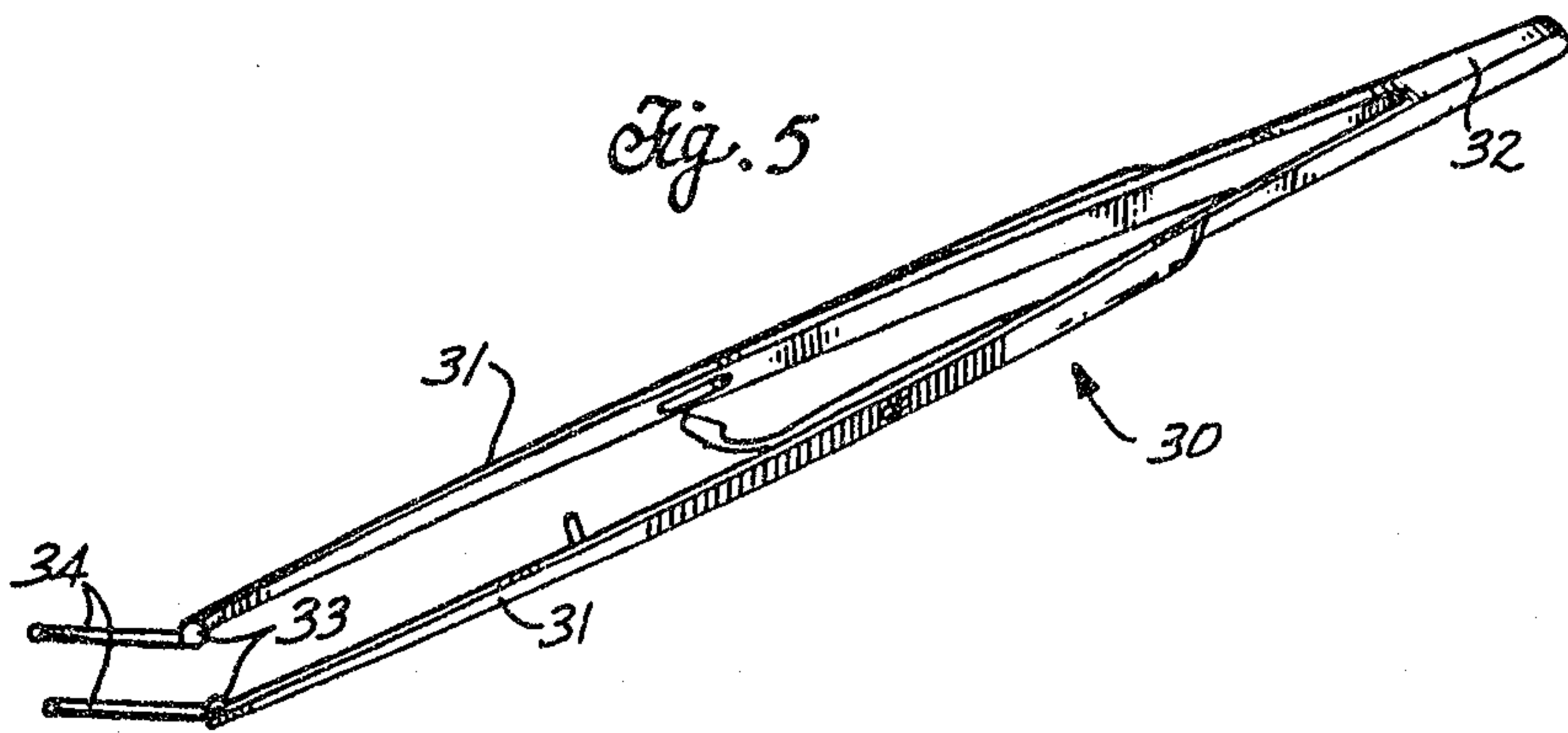
**2000543**

14. The invention according to any one of the foregoing claims and substantially as described herein.



*[Handwritten Signature]*  
Agents for the Applicant/s

2000543



*W. H. & S. H.*  
Agents for the Applicant/s

