



US 20050089564A1

(19) **United States**

(12) **Patent Application Publication**
Daggy et al.

(10) **Pub. No.: US 2005/0089564 A1**

(43) **Pub. Date: Apr. 28, 2005**

(54) **RAPIDLY DISINTEGRATING
METHYLCELLULOSE TABLETS**

(75) Inventors: **Bruce Daggy**, Pine Brook, NJ (US);
Naresh I. Mehta, Ledgewood, NJ
(US); **Priyashri Nayak**, Randolph, NJ
(US)

Correspondence Address:

CHARLES N.J. RUGGIERO, ESQ.
**OHLANDT, GREELEY, RUGGIERO &
PERLE, L.L.P.**
10th FLOOR
ONE LANDMARK SQUARE
STAMFORD, CT 06901-2682 (US)

(73) Assignee: **SmithKline Beecham Corporation**

(21) Appl. No.: **10/993,983**

(22) Filed: **Nov. 19, 2004**

Related U.S. Application Data

(60) Continuation of application No. 10/464,968, filed on Jun. 19, 2003, which is a division of application No. 09/485,627, filed on Feb. 14, 2000, now Pat. No. 6,350,469, filed as 371 of international application No. PCT/US98/17405, filed on Aug. 21, 1998.

(60) Provisional application No. 60/056,899, filed on Aug. 22, 1997. Provisional application No. 60/087,662, filed on Jun. 2, 1998.

Publication Classification

(51) **Int. Cl.⁷ A61K 9/20**
(52) **U.S. Cl. 424/464**

(57) **ABSTRACT**

The present invention relates to a rapidly disintegrating tablet for oral administration. The tablet has a methylcellulose, a diluent, a disintegrating agent, and a binding agent. The diluent, the disintegrating agent, and the binding agent are separate ingredients. There is also a process for treating constipation in a human.

RAPIDLY DISINTEGRATING METHYLCELLULOSE TABLETS

FIELD OF THE INVENTION

[0001] The present invention relates to an improved process for preparing compressed methylcellulose containing tablets which meet USP disintegration standards.

BACKGROUND OF THE INVENTION

[0002] The history of cellulose ethers, such as methylcellulose and carboxymethylcellulose suggests that these agents are effective as bulk laxatives. Their mechanism of action involves increasing both the water content of, and the bulk content of the stool, as well as lubricating the stool; thereby relieving constipation.

[0003] Cellulose ethers have been administered as bulk laxatives in dosage forms comprising of tablets, suspensions, and bulk powders; the latter as sugar-free or in compositions containing high amounts of sugar.

[0004] Cellulose ethers administered as suspensions in water may contain high concentrations of sucrose or other sugars and flavors. In such formulations, the sugar competes with the cellulose ether for available water, thereby preventing the cellulose ether from hydrating sufficiently to form a gel. The advantages of using a suspension formulation is that the cellulose ether is dispersed sufficiently to avoid any significant lumping in the digestive tract. However, these suspensions are viscous, semi-gelatinous, and visually unappealing to the consumer. Another disadvantage is the unpalatability of the suspensions due to the slimy mouth feel and extreme sweetness of such suspensions. Hence, these dosage forms have not gained significant consumer acceptance.

[0005] Bulk powders of cellulose ethers often exhibit lumping of individual particles and gelation and thus, remain undissolved as they pass through the digestive tract. Additionally, administration of bulk powders has caused cramping, nausea, and vomiting in some patients. Therefore, bulk powders are not the preferred dosage form for cellulose ethers.

[0006] Palatable and visually appealing bulk powders have, however, been accomplished by addition of water or another aqueous liquid to a dry powder mix of a water-soluble cellulose ether and a dispersing agent/sweetening component, typically sugar. This technology is disclosed in South African patent No. 84,1044, published Sep. 26, 1984. The pitfall with these compositions is that they contain about 400 calories of nutritive value per dose, primarily due to the high sugar content. This high caloric value is not acceptable to the average consumers or to users suffering from blood sugar disorders, including diabetics. Elderly people are normally, the common strata of the population that suffers from constipation and the more frequent users of laxatives, and are also commonly suffering with blood sugar disorders. The consumption of large quantities of sugar could aggravate blood sugar disorders.

[0007] Sugar encrusted cellulose ethers have been proposed as alternatives to the bulk powders containing high amounts of sugar. Such formulations have 1) less sugar such as natural sugar or combination of sugars such as sucrose, glucose, fructose or corn syrup solids; 2) lower caloric value; and 3) are readily dispersed in cold aqueous liquids.

[0008] Citrucel® Orange Flavor, a bulk forming laxative containing methylcellulose as its active ingredient, was first introduced into the market in 1986. This product contains 15 g of sucrose in a 19 g adult dose, which corresponds to a 2 g dose of methylcellulose. To decrease the sugar content of this product, a natural flavored formula lower in caloric value, and containing only 1 g sucrose, was developed and introduced in 1988. Additional patent protection for this product has focused on producing a sugar-free and virtually calorie-free powder. The product has a sugar-free sweetener, a dispersing agent, other excipients, and flavoring and was marketed in 1991 as Sugar Free Citrucel® Orange Flavor.

[0009] There still remains a need in the art to develop a rapidly disintegrating solid dosage form of a bulk agent, preferably methylcellulose, which is convenient to take and transport, sugar free, and easily administered to the consumer having blood sugar disorders or diabetics, for instance.

SUMMARY OF THE INVENTION

[0010] The present invention relates to an improved process for preparing methylcellulose tablets which are readily dispersible and meet United States Pharmacopoeia standards for disintegration. The methylcellulose is compressed into tablets which contain an edible calcium salt, in preferred w/w ratios. Preferably the tablets rapidly disintegrate, *in vitro* in 0.1N hydrochloric acid and water at $37\pm 0.5^\circ\text{C}$.

DETAILED DESCRIPTION OF THE INVENTION

[0011] There is a common belief that tableted cellulose ethers do not readily dissolve in the digestive tract because these cellulose ethers are highly hygroscopic. The outer portion of the tablet is said to form a gel-like hydrate that prevents the tablet from breaking up and greatly retards the hydration of the inner portion of the tablet. The present invention overcomes this art recognized problem and involves preparation of a novel composition, and process of making, by which a rapidly disintegrating tablet of methylcellulose is prepared.

[0012] The tablets are prepared by a novel process involving a high-shear wet granulation method, followed by fluidized bed drying, milling, mixing with the other ingredients, and compression.

[0013] The present invention is to a methylcellulose tablet which comprises methylcellulose having a viscosity of >1000 centipoise, and at least one excipient selected from an edible calcium salt. It is recognized that the formulation will also include diluents and fillers well known to the skilled artisan.

[0014] The tablet formulations of the present invention are advantageous over other dosage forms of methylcellulose because of their convenience of administration and rapid disintegration. This is in contrast to tablets of methylcellulose, formulated as 100% w/w methylcellulose in a 0.5 gm caplet which have been found not to disintegrate in 0.1N HCl solution, using a conventional dissolution apparatus even after two hours. The present tablets should disintegrate in 0.1N HCl from about 20 to about 30 minutes, preferably from about 10 to about 19 minutes, and more preferably less than 10 minutes; and in water, the tablets should disintegrate

from about 25 to about 30 minutes, preferably from about 15 to about 24 minutes, and more preferably less than 15 minutes.

[0015] It has been found that low molecular weight (mw) methylcellulose is less effective for use as a laxative, and therefore is less desirable for use in a rapidly disintegrating tablet formulation. Higher molecular weight methylcellulose is therefore both desirable and necessary in the present invention. The fibers must have a sufficient viscosity to gel and retain water in the gut to provide the stool bulking and softening for laxation use.

[0016] By using the testing methods for methylcellulose under standard conditions, such as those found in the USP XXII, p. 894, Apparent Viscosity method for Methylcellulose, or as discussed in Handbook of Pharmaceutical Excipients, APHA, a preferred methylcellulose for use herein should have a viscosity of >1000 centipoises (cps), preferably >2000 centipoises, more preferably >3000 centipoises, and most preferably >4000 centipoise. Higher molecular weight methylcellulose than those described is also desirable, however, the commercial availability of this grade of methylcellulose being the limiting feature. At present the upper limit commercially available is about 6000 cps, which is encompassed within the scope of this invention. One presently available methylcellulose product for use herein is Methocel A4M, made by Dow Chemical Company, Midland Mich. as Dow Methocel A4M, having a viscosity of about 3000 to about 5,600 cps, which is within 75 to 140% of the desired target viscosity herein.

[0017] Some of the additional diluents or fillers for use in this formulation are preferably swellable agents, and may include, but are not limited to, various grades of microcrystalline cellulose, such as Avicel PH101, Avicel PH102, & Avicel PH200; Corn starch; or Starch 1500.

[0018] The edible calcium salts suitable for use herein include but are not limited to, dibasic calcium phosphate dihydrate, calcium phosphate anhydrous, and tribasic calcium phosphate; or mixtures thereof. A preferred edible calcium salt is the dibasic calcium phosphate dihydrate salt, which salt also provides good compressibility.

[0019] If microcrystalline cellulose is added, it is preferably from about 50 to 180 microns in size, more preferably about 50. Avicel PH 101 has a mean particle size of about 50; Avicel PH 102 has a mean particle size of about 100; and Avicel PH 200 has a mean particle size of about 190 microns. Preferably the preferred microcrystalline cellulose is Avicel PH 101.

[0020] It is noted that the ratio of methylcellulose to edible calcium salt, and additional diluents will depend upon the diluent chosen, and is within the skill of the art to determine with preciseness the necessary ratios.

[0021] Suitable ratios for particular diluents however, are described below:

[0022] For Methylcellulose:Dibasic calcium phosphate, dihydrate, from about 2 to about 4:1, preferably from about 2.6-3.1:1;

[0023] For Methylcellulose:Calcium phosphate, anhydrous from about 2 to about 4:1, preferably from about 3.1:1

[0024] Methylcellulose:Tribasic calcium phosphate, WG® from about 2 to about 4:1, preferably from about 3.1:1

[0025] For Methylcellulose: microcrystalline cellulose, from about 2:1 to about 14:1. Preferably for Avicel PH 101 from about 2.2-13.5:1; for Avicel PH 102 from about 2.4-8.3:1; and for Avicel PH 200 from about 2.4-4:1.

[0026] For Methylcellulose: Corn starch from about 7.5 to about 15, preferably from about 13.5:1;

[0027] For Methylcellulose: Starch 1500, from about 2.0 to about 5.0:1, preferably from about 2.4:1;

[0028] For Methylcellulose: Explotab, from about 5 to about 25:1, preferably from about 8.1 to about 21.3:1.

[0029] It is recognized that with the edible calcium salt, the formulation must also have an ingredient which keeps the granules together, i.e. a binding agent. A preferred binding agent is PVP, or the alternative agents noted below.

[0030] In addition to the above noted edible calcium salt(s), optional diluents or fillers, and binding agent(s), the formulation may also include additional components such as, but are not limited to, a wetting agent, (super)disintegrant(s), a second binding agent(s), dye(s) or colouring agents, and lubricants, which are preferably used to prepare a tablet that is wetted readily, and is rapidly disintegrated in 0.1N hydrochloric acid and water, the USP test standard test for methylcellulose.

[0031] A preferred wetting agent is sodium lauryl sulfate.

[0032] A preferred lubricant is magnesium stearate.

[0033] A preferred binding agent is polyvinylpyrrolidone, or PVP, such as Povidone 29K/32. Preferably, the PVP is present in an amount of about 4 to about 6.5% w/w.

[0034] A preferred disintegrating agent is sodium starch glycolate, such as Explotab®. Preferably, the sodium starch glycolate is present in an amount of about 3 to about 8% w/w.

[0035] As various excipients and diluents will be formulated together, and used in combination herein, suggested % w/w ratios for various formulations are presented below. While not all of these ratios include the edible calcium salts, these are merely illustrative of the invention and the skilled artisan will readily recognize how to formulate the product of this invention with the addition of the edible calcium salts.

[0036] Sodium lauryl sulfate: Explotab: Dibasic calcium phosphate, dihydrate: Povidone 29K/32: Magnesium stearate include: 0.38-0.40:3.5-7.9:20.6-24.8:4.0-6.5:0.5-1.0

[0037] Sodium lauryl sulfate: Explotab: Tribasic calcium phosphate WG®: Povidone 29K/32: Magnesium stearate include: 0.40:3.5:21.6:6.4:1.0

[0038] Sodium lauryl sulfate: Explotab: Calcium phosphate, anhydrous: Povidone 29K/32: Magnesium stearate include: 0.40:3.5:21.6:6.4:1.0

[0039] Methylcellulose: sodium lauryl sulfate (SLS), from about 60 to about 170:1, preferably from about 155:1-170:1;

- [0040] Methylcellulose:Povidone, preferably PVP 29K/32, from about 8 to about 22:1, preferably from about 10.4:1-16.7:1;
- [0041] Methylcellulose:Magnesium stearate from about 50 to about 150;1, preferably from about 58-132:1;
- [0042] Sodium lauryl sulfate:Explotab:Avicel PH 101®: Povidone 29K/32:Magnesium stearate include: 0.35-0.46:3.05-6.17:4.38-27.13:4.38-6.66:0.76-1.14
- [0043] Sodium lauryl sulfate:Explotab:Avicel PH 102: Povidone 29K/32:Magnesium stearate include: 0.35-0.46:4.9-6.17:9.21-25.53:4.38-6.66:0.76-1.14
- [0044] Sodium lauryl sulfate:Avicel PH 200®: Povidone 29K/32:Magnesium stearate include: 0.38-0.42:19.27-25.53:5.99-6.66:0.94-1.04
- [0045] Sodium lauryl sulfate:Explotab:Corn starch: Povidone 29K/32:Magnesium stearate include: 0.36-0.38:3.66-7.07:4.35-4.68:4.35-4.68:0.88-0.95
- [0046] Sodium lauryl sulfate:Explotab:Starch 1500®: Povidone 29K/32:Magnesium stearate include: 0.36-0.38:3.66-7.07:24.05-25.89:4.35-4.68:0.88-0.95
- [0047] Not wishing to be limited to the explicit excipients noted above, the following alternative agents may also be used herein.
- [0048] Alternatives lubricants to magnesium stearate include, but are not limited to, calcium stearate, sodium stearate, Cab-O-Sil, Syloid, stearic acid and talc.
- [0049] Alternatives binding agents to PVP include but are not limited to, hydroxypropylcellulose, hydroxypropyl methylcellulose, acacia, gelatin, tragacanth, pregelatinized starch and starch.
- [0050] Alternatives disintegrants to Explotab® include but are not limited to, sodium carboxymethylcellulose, Ac-di-sol®, carboxymethylcellulose, veegum, alginates, agar, guar, tragacanth, locust bean, karaya, pectin, and crospovidone.
- [0051] Alternative wetting agents to sodium lauryl sulfate, include but are not limited to, magnesium lauryl sulfate.
- [0052] All of these formulations can be prepared with and without sugar. A sugar-free formulation has the advantage that it can be administered easily to consumers with blood sugar disorders or to diabetics in need of such preparations.
- [0053] Another advantageous property of the present invention is that the formulations contain calcium, such as dibasic calcium phosphate dihydrate. These formulations, for instance, will contain approximately an 80 mg/dose, anticipating formulating a 0.5 gm/tablet×2 tablets/dose of methylcellulose. If desired the amount of calcium can be increased in these tablets to provide increased therapeutic value to the consumer.
- [0054] The amount of methylcellulose present in each dose, as well as the number of doses of laxative taken per day, will depend somewhat on the age, sex, size of the patient, severity of the patient's particular problem, the advice of the treating physician, if any, and the particular taste and habits of the patient. Accordingly, the tablets of this invention are advantageously administered in a single dose which may contain as much as 500 to 1000 mg of methylcellulose tablet, or in a plurality of smaller doses containing as little as 250 mg per tablet. Most preferably, for laxative effect, each tablet will contain about 500 mg methylcellulose and the patient may take 1 to 2 tablets per dose. This dosage, of 1000 mg should adequately provide optimal laxative efficacy. Therefore, a preferred range of methylcellulose per tablet is optimally from about 450 to 550 mg, preferably about 500 mg; or alternatively from about 200 to about 300 mg for a smaller tablet, preferably about 250 mg; or even in increments of about 125 mg tablet, i.e. 75 to 175 mg per tablet.
- [0055] While preferably the compressed tablets are uncoated, they may, if desired, be coated with any suitable coating agent well known in the art. Suitably the coating agents are those used for immediate release purposes and will dissolve in the gastric juices. Such coating agents are well known to those skilled in the art and include, but are not limited to hydroxypropyl methylcellulose, or methyl cellulose, or 20% w/w Opadry II, orange in water.
- [0056] As will readily be seen by the working examples, there are various combinations of intra and extragranular mixing which are possible using the ingredients herein. All are encompassed within the scope of this invention. Generally, the high viscosity methylcellulose, such as Methocel A4M, will first be granulated with a binder, such as povidone, a wetting agent, such as sodium lauryl sulfate, and a suitable colouring agent to form the intragranular mixture which is then granulated. These granular components are then admixed with additional wetting agents, and disintegrating agents and finally blended with lubricant. This final granular mixture is then blended and compressed into the tablets of the present invention.
- [0057] Therefore, an aspect of the present invention is a process for preparing a tablet formulation which comprises
- [0058] a) blending together to form an intragranular mixture high viscosity methylcellulose of >3000 cps, a wetting agent, povidone or sodium starch glycolate, and an edible calcium salt; and
- [0059] b) adding to the mixture of step (a) a PVP aqueous solution, or alternatively spraying the mixture of step (a) with a PVP aqueous solution; and preparing granulates; and
- [0060] c) blending together an extragranular mixture of an edible calcium salt, a wetting agent; a lubricating agent; povidone or sodium starch glycolate or a mixture thereof; and
- [0061] d) compacting the granulates of step (b) with the extragranular mixture of step (c).
- [0062] Another aspect of the present invention is a process for the manufacture of a pharmaceutical tablet, which process comprises mixing
- [0063] a) granulates comprising high viscosity methylcellulose of >3000 cps, a wetting agent, povidone or sodium starch glycolate, an edible calcium salt; and
- [0064] b) blending together an extragranular mixture of an edible calcium salt, a wetting agent; a lubricating agent; povidone or sodium starch glycolate or a mixture thereof; and

[0065] c) compacting the granulates of step (b) with the granular mixture of step (a); and

[0066] d) compressing into a tablet.

[0067] Another aspect of the present invention is the method of relieving constipation by increasing the water content of the stool, or by providing a lubricating effect on the stool in a mammal in need thereof, which method comprises administering to said mammal, an effective amount of a high viscosity methylcellulose compressed into a tablet with a suitable diluent.

[0068] Methods of Preparation

[0069] The following examples illustrates the invention but is not intended to limit the scope thereof. All parts and percentages are by weight unless otherwise indicated. The disintegration time of the formulations described in the Tables below were obtained by using a conventional disintegration apparatus.

EXAMPLE 1

[0070]

TABLE I

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	67.27
Dibasic Calcium phosphate, dihydrate	0.0370	4.98
Sodium lauryl sulfate	0.0015	0.20
Dye/Colouring agent	0.0010	0.13
Povidone 29K/32	0.0480	6.46
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5875	79.04
Sodium lauryl sulfate	0.0015	0.20
Sodium starch glycolate	0.0260	3.50
Dibasic Calcium phosphate, dihydrate	0.1245	16.75
Magnesium stearate	0.0038	0.51
TOTAL	0.7433	100.00

[0071] The process of preparing the rapidly disintegrating tablet of methylcellulose is carried out using specified quantities of ingredients, such as those mentioned in TABLE I above, using the following steps:

[0072] 1. Preparation of Povidone K29/32 (PVP) Solution

[0073] The specified amount of PVP was weighed and added to the weighed quantity of water and stirred till all the PVP was dissolved completely.

[0074] 2. Preparation of Phase A

[0075] Accurately weighed amounts of Methocel A4M, calcium phosphate, dibasic dihydrate, sodium lauryl sulfate, and colouring agent, such as any suitable FD&C Aluminium lake, were transferred to a Key Hi-shear granulator and mixed for about 10 minutes with impellor speed at 135 rpm and chopper speed at 10%. The PVP solution was sprayed onto the mixture in the granulator at a rate of approx. >200 mL/min. Once addition of PVP solution was complete, the

chopper was stopped. The mixing was continued in the granulator till resistance reads about 130-135 watts and the time noted to reach that wattage. A sample was withdrawn from the wet granulation to record loss on drying (% LOD). The moist granules were dried in the Aeromatic Fluid bed dryer in portions till the % LOD reading approximated 1.0-3.0%. The temperature of the air in the fluid bed dryer was maintained at approx. 90-95° C. and the sample was found to be dry at an outlet air temperature of approx. 32-52° C. The dried granules were milled through a 12# screen in the Fitz Mill at a high speed. The granules were weighed and percent yield calculated. The moisture content was measured for the dry granules. A sample from the granules was withdrawn and analyzed for particle size distribution, bulk and tap density, flow index, and moisture studies. The granules were weighed and ingredients of Phase B were calculated based on the weight of remaining granules.

[0076] 3. Preparation of the Final Blend

[0077] To the weighed milled granules produced in Phase A above, specified amounts of sodium lauryl sulfate, sodium starch glycolate (Explotab®), and dibasic calcium phosphate, dihydrate were added into the V-blender and mixed about 10 minutes. Magnesium stearate was then added to the blend and mixed for an additional 3 minutes or so. Samples from different sections of the V-blender were drawn and submitted for analyzing blend uniformity. A sample from the final blend was analyzed for particle size distribution, bulk and tap density, flow index, and moisture studies. The granules were then weighed.

[0078] 4. Compression of Methylcellulose Tablets

[0079] The final blend was charged into the hopper of a Stokes single punch 'F' tablet press and compressed into caplets with a suitable tooling. Target hardness desired is between 10 and 25, preferably 8-12 SCU, a preferred target weight of each tablet of less than 750 mg; an estimated friability of less than 2.0%, more preferably less than 1.0%, and target disintegration times below 30 minutes in water and acid (shorter disintegration times, less than 10 minutes, more preferably less than 8 minutes, in 0.1N HCl and less than 15 minutes in water, more preferably about 8 minutes, are preferred). The tablets were packaged in Ziplock bags. The tablets were tested for weight variation, hardness, disintegration in acid and water, friability, moisture (% LOD), thickness, viscosity, and content uniformity.

[0080] The formulation in TABLE I exhibited a disintegration time of less than 5 minutes in 0.1N HCl and less than 9 minutes in water by the conventional USP method using Disintegration Apparatus with disks.

[0081] The disintegration time for the formulation of Table 1, Example 1, was less than 5 minutes in 0.1N HCl was less than 9 minutes in water.

[0082] It is noted that Examples 2 to 6, and 11 to 15 are Avicel based formulations, and Examples 7 to 10 are strach based formulations which do not contain an edible calcium salt excipients. These are merely for illustration purposes, and may be formulated to include the edible calcium salts as desired using the teachings of this invention and working examples 1, and 16 to 23.

EXAMPLE 2

[0083] A formulation containing both Avicel PH 101® and Explotab®, intra and extragranularly as shown in TABLE II

below, exhibited an average disintegration time of less than 1 minute in 0.1N HCl at $37\pm 0.5^\circ$ C. using the automated disintegration apparatus.

TABLE II

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	60.31
Avicel PH 101 ®	0.0370	4.46
Sodium lauryl sulfate	0.0015	0.18
Povidone 29K/32	0.0370	4.46
Explotab ®	0.0300	3.62
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.6055	73.03
Sodium lauryl sulfate	0.0017	0.21
Sodium starch glycolate	0.0253	3.05
Avicel PH 101 ®	0.1880	22.67
Magnesium stearate	0.0086	1.04
TOTAL	0.8291	100.00

EXAMPLE 3

[0084] A formulation containing Avicel PH101® intragranularly, extragranular Avicel PH 102® and Explotab®, intra and extragranularly, as shown below in TABLE III exhibited an average disintegration time of less than 3 minutes in 0.1N HCl at $37\pm 0.5^\circ$ C. using the automated disintegration apparatus.

TABLE III

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	59.24
Avicel PH 101 ®	0.0370	4.38
Sodium lauryl sulfate	0.0015	0.18
Povidone 29K/32	0.0370	4.38
Explotab ®	0.0300	3.56
Dye/colouring agent	0.0040	0.47
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.6095	72.21
Sodium lauryl sulfate	0.0015	0.18
Sodium starch glycolate	0.0220	2.61
Avicel PH 102 ®	0.2035	24.11
Magnesium stearate	0.0075	0.89
TOTAL	0.8440	100.00

EXAMPLE 4

[0085] A formulation containing Avicel PH 101® intragranularly, extragranular Avicel PH 102® and Explotab®, intra and extragranularly as shown in TABLE IV below exhibited an average disintegration time of less than 2 minutes in 0.1N HCl at $37\pm 0.5^\circ$ C. using the automated disintegration apparatus.

TABLE IV

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	59.52
Avicel PH 101 ®	0.0370	4.41
Sodium lauryl sulfate	0.0015	0.18
Povidone 29K/32	0.0370	4.41
Explotab ®	0.0300	3.57
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.6055	72.08
Sodium lauryl sulfate	0.0015	0.18
Sodium starch glycolate	0.0220	2.62
Avicel PH 102 ®	0.2035	24.23
Magnesium stearate	0.0075	0.89
TOTAL	0.8400	100.00

[0086] In an alternative embodiment of Example 4 a coated version of the formulation shown in TABLE IV was tested for disintegration time. The coating solution used was 20% w/w Opadry II, Orange in water. The average disintegration time of coated tablets was less than one minute in 0.1N HCl at $37\pm 0.5^\circ$ C. using the automated disintegration apparatus.

EXAMPLE 5

[0087] A formulation containing Avicel PH101® intragranularly, extragranular Avicel PH 102® and Explotab®, intra and extragranularly as shown in TABLE V exhibited an average disintegration time of less than one minute in 0.1N HCl at $37\pm 0.5^\circ$ C. using the automated disintegration apparatus.

TABLE V

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	60.24
Avicel PH 101 ®	0.0370	4.46
Sodium lauryl sulfate	0.0015	0.18
Povidone 29K/32	0.0370	4.46
Explotab ®	0.0300	3.62
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.6055	72.95
Sodium lauryl sulfate	0.0015	0.18
Sodium starch glycolate	0.0110	1.33
Avicel PH 102 ®	0.2045	24.64
Magnesium stearate	0.0075	0.90
TOTAL	0.8300	100.00

EXAMPLE 6

[0088] A formulation containing Avicel PH101® intragranularly, extragranular Avicel PH102® and no Explotab®

as shown in TABLE VI below, exhibited an average disintegration time of less than 3 minutes in 0.1N HCl and less than 2 minutes at $37\pm 0.5^\circ$ C. using the automated disintegration apparatus. The disintegration times using the conventional apparatus were about 1 minute in acid and less than 2 minutes in water.

TABLE VI

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	67.94
Avicel PH 101 ®	0.0370	5.03
Sodium lauryl sulfate	0.0015	0.20
Povidone 29K/32	0.0370	5.03
Dye/Colouring Agent	0.0010	0.14
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5765	78.34
Sodium lauryl sulfate	0.0011	0.15
Avicel PH 102 ®	0.1527	20.75
Magnesium stearate	0.0056	0.76
TOTAL	0.7359	100.00

EXAMPLE 7

[0089] A formulation containing corn starch intragranularly, extragranular Starch 1500 and no Explotab® as shown in TABLE VII exhibited an average disintegration time of less than 16 minutes in 0.1N HCl at $37\pm 0.5^\circ$ C. using the automated disintegration apparatus.

TABLE VII

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	63.29
Corn starch	0.0370	4.68
Sodium lauryl sulfate	0.0015	0.19
Povidone 29K/32	0.0370	4.68
Dye/Colouring Agent	0.0010	0.13
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5765	72.97
Sodium lauryl sulfate	0.0015	0.19
Starch 1500 ®	0.2045	25.89
Magnesium stearate	0.0075	0.95
TOTAL	0.7900	100.00

EXAMPLE 8

[0090] A formulation containing corn starch intragranularly, extragranular Starch 1500 and intragranular Explotab® as shown in TABLE VIII exhibited an average disintegration time of less than 14 minutes in 0.1N HCl at $37\pm 0.5^\circ$ C. using the automated disintegration apparatus.

TABLE VIII

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	61.00
Corn starch	0.0370	4.51
Sodium lauryl sulfate	0.0015	0.18
Povidone 29K/32	0.0370	4.51
Explotab ®	0.0300	3.66
Dye/Colouring Agent	0.0010	0.12
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.6065	73.98
Sodium lauryl sulfate	0.0015	0.18
Starch 1500 ®	0.2045	24.93
Magnesium stearate	0.0075	0.91
TOTAL	0.8200	100.00

EXAMPLE 9

[0091] A formulation containing corn starch intragranularly, extragranular Starch 1500 and intra as well as extragranular Explotab® as shown in TABLE IX exhibited an average disintegration time of less than 13 minutes in 0.1N HCl at $37\pm 0.5^\circ$ C. using the automated disintegration apparatus.

TABLE IX

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	59.88
Corn starch	0.0370	4.43
Sodium lauryl sulfate	0.0015	0.18
Povidone 29K/32	0.0370	4.43
Explotab ®	0.0300	3.59
Dye/Colouring Agent	0.0010	0.12
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.6065	72.63
Sodium lauryl sulfate	0.0015	0.18
Starch 1500 ®	0.2045	24.49
Explotab ®	0.0150	1.80
Magnesium stearate	0.0075	0.90
TOTAL	0.8350	100.00

EXAMPLE 10

[0092] A formulation containing corn starch intragranularly, extragranular Starch 1500 and intra as well as extragranular Explotab® (in higher amounts than shown above in Example 9, TABLE IX) as shown in TABLE X exhibited an average disintegration time of less than 11 minutes in 0.1N HCl and less than 18 minutes in water at $37\pm 0.5^\circ$ C. using the automated disintegration apparatus.

TABLE X

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	58.82
Corn starch	0.0370	4.35
Sodium lauryl sulfate	0.0015	0.18
Povidone 29K/32	0.0370	4.35
Explotab ®	0.0300	3.53
Dye/Colouring Agent	0.0010	0.12
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.6065	71.35
Sodium lauryl sulfate	0.0015	0.18
Starch 1500 ®	0.2045	24.05
Explotab ®	0.0300	3.54
Magnesium stearate	0.0075	0.88
TOTAL	0.8500	100.00

EXAMPLE 11

[0093] Various formulation containing Avicel PH101® intragranularly and different levels of extragranular Avicel PH102® (as shown in Examples 6, 7, and 8 above) were made to observe their effect on disintegration time of the tablets.

[0094] The formulation in TABLE XI, below, exhibited an average disintegration time of less than one minute in 0.1N HCl and less than 2 minutes in water at 37±0.5° C. using the automated disintegration apparatus. The conventional disintegration apparatus yielded less than 1 minute in both acid and water.

TABLE XI

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	62.42
Avicel PH 101 ®	0.0370	4.62
Sodium lauryl sulfate	0.0015	0.19
Povidone 29K/32	0.0480	5.99
Dye/Colouring Agent	0.0010	0.12
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5875	73.34
Sodium lauryl sulfate	0.0015	0.19
Avicel PH 102 ®	0.2045	25.53
Magnesium stearate	0.0075	0.94
TOTAL	0.8010	100.00

EXAMPLE 12

[0095] The formulation in TABLE XII exhibited an average disintegration time of less than 5 minutes in 0.1N HCl and less than 7 minutes in water at 37±0.5° C. using the automated disintegration apparatus. The conventional dis-

integration apparatus yielded less than 5 minutes in acid and less than 8 minutes in water.

TABLE XII

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	69.35
Avicel PH 101 ®	0.0370	5.13
Sodium lauryl sulfate	0.0015	0.21
Povidone 29K/32	0.0480	6.66
Dye/Colouring Agent	0.0010	0.14
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5875	81.48
Sodium lauryl sulfate	0.0015	0.21
Avicel PH 102 ®	0.1245	17.27
Magnesium stearate	0.0075	1.04
TOTAL	0.7210	100.00

EXAMPLE 13

[0096] The formulation in TABLE XIII exhibited an average disintegration time of less than 10 minutes in 0.1N HCl and less than 14 minutes in water at 37±0.5° C. using the automated disintegration apparatus. The conventional disintegration apparatus yielded less than 14 minutes in acid and less than 22 minutes in water.

TABLE XIII

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	76.10
Avicel PH 101 ®	0.0370	5.63
Sodium lauryl sulfate	0.0015	0.23
Povidone 29K/32	0.0480	7.31
Dye/coloring agent	0.0010	0.15
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5875	89.42
Sodium lauryl sulfate	0.0015	0.23
Avicel PH 102 ®	0.0605	9.21
Magnesium stearate	0.0075	1.14
TOTAL	0.6570	100.00

EXAMPLE 14

[0097] Two formulations containing Avicel PH101® intragranularly with different levels of extragranular Avicel PH 200® (shown in TABLE XIV and XV below) were made to observe the effect on disintegration time of tablets.

[0098] The formulation in TABLE XIV exhibited an average disintegration time of less than 7 minutes in 0.1N HCl and less than 9 minutes in water at 37±0.5° C. using the automated disintegration apparatus. The conventional dis-

integration apparatus yielded less than 8 minutes in acid and less than 13 minutes in water.

TABLE XIV

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	62.42
Avicel PH101 ®	0.0370	4.62
Sodium lauryl sulfate	0.0015	0.19
Povidone 29K/32	0.0480	5.99
Dye/Coloring Agent	0.0010	0.12
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5875	73.34
Sodium lauryl sulfate	0.0015	0.19
Avicel PH200 ®	0.2045	25.53
Magnesium stearate	0.0075	0.94
TOTAL	0.8010	100.00

EXAMPLE 15

[0099] The formulation in TABLE XV exhibited an average disintegration time of less than 4 minutes in 0.1N HCl and less than 7 minutes in water at 37±0.5° C. using the automated disintegration apparatus. The conventional disintegration apparatus yielded less than 5 minutes in acid and less than 9 minutes in water.

TABLE XV

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	69.35
Avicel PH101 ®	0.0370	5.13
Sodium lauryl sulfate	0.0015	0.21
Povidone 29K/32	0.0480	6.66
Dye/Coloring Agent	0.0010	0.14
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5875	81.48
Sodium lauryl sulfate	0.0015	0.21
Avicel PH200 ®	0.1245	17.27
Magnesium stearate	0.0075	1.04
TOTAL	0.7210	100.00

EXAMPLE 16

[0100] A formulation containing a calcium source from the intragranular and extragranular excipient, dibasic calcium phosphate, dihydrate with extragranular Explotab® is shown in TABLE XVI.

[0101] The formulation in TABLE XVI exhibited an average disintegration time of less than 6 minutes in 0.1N HCl and less than 9 minutes in water at 37±0.5° C. using the automated disintegration apparatus. The conventional dis-

integration apparatus yielded less than 5 minutes in acid and less than 12 minutes in water.

TABLE XVI

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	66.93
Dibasic Calcium phosphate, dihydrate	0.0370	4.95
Sodium lauryl sulfate	0.0015	0.20
F, D, and C Yellow #6	0.0010	0.13
Povidone 29K/32	0.0480	6.43
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5875	78.65
Sodium lauryl sulfate	0.0015	0.20
Sodium starch glycolate	0.0260	3.48
Dibasic Calcium phosphate, dihydrate	0.1245	16.67
Magnesium stearate	0.0075	1.00
TOTAL	0.7470	100.00

EXAMPLE 17

[0102] A formulation containing a calcium source from the intra and extragranular excipient, dibasic calcium phosphate, dihydrate with a higher amount of extragranular Explotab® than in Example 17, is shown below in TABLE XVII.

[0103] The formulation in TABLE XVII exhibited an average disintegration time of less than 9 minutes in 0.1N HCl and less than 14 minutes in water at 37±0.5° C. using the automated disintegration apparatus. The conventional disintegration apparatus yielded less than 6 minutes in acid and less than 12 minutes in water.

TABLE XVII

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	65.19
Dibasic Calcium phosphate, dihydrate	0.0370	4.82
Sodium lauryl sulfate	0.0015	0.20
F, D, and C Yellow #6	0.0010	0.13
Povidone 29K/32	0.0480	6.26
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.6105	79.60
Sodium lauryl sulfate	0.0015	0.20
Sodium starch glycolate	0.0230	3.00
Dibasic Calcium phosphate, dihydrate	0.1245	16.23
Magnesium stearate	0.0075	0.97
TOTAL	0.7670	100.00

EXAMPLE 18

[0104] Formulations containing a calcium source from the intra and extragranular excipient, dibasic calcium phos-

phate, dihydrate with different levels of extragranular Explotab®, in combination with similar amount of intragranular Explotab®, are shown below in TABLE XVIII and XIX (Example 19).

[0105] The formulation in TABLE XVIII exhibited an average disintegration time of less than 6 minutes in 0.1N HCl and less than 11 minutes in water at 37±0.5° C. using the automated disintegration apparatus.

TABLE XVIII

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	65.19
Dibasic Calcium phosphate, dihydrate	0.0370	4.82
Sodium lauryl sulfate	0.0015	0.20
Sodium starch glycolate	0.0230	3.00
F, D, and C Yellow #6	0.0010	0.13
Povidone 29K/32	0.0480	6.26
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.6105	79.60
Sodium lauryl sulfate	0.0015	0.20
Sodium starch glycolate	0.0230	3.00
Dibasic Calcium phosphate, dihydrate	0.1245	16.23
Magnesium stearate	0.0075	0.97
TOTAL	0.7670	100.00

EXAMPLE 19

[0106] The formulation in TABLE XIX exhibited an average disintegration time of less than 9 minutes in 0.1N HCl and less than 14 minutes in water at 37±0.5° C. using the automated disintegration apparatus.

TABLE XIX

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	63.86
Dibasic Calcium phosphate, dihydrate	0.0370	4.73
Sodium lauryl sulfate	0.0015	0.19
Sodium starch glycolate	0.0230	2.94
F, D, and C Yellow #6	0.0010	0.13
Povidone 29K/32	0.0480	6.13
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.6105	77.97
Sodium lauryl sulfate	0.0015	0.19
Sodium starch glycolate	0.0390	4.98
Dibasic Calcium phosphate, dihydrate	0.1245	15.90
Magnesium stearate	0.0075	0.96
TOTAL	0.7830	100.00

EXAMPLE 20

[0107] Formulations containing a calcium source from the intra and extragranular excipient, dibasic calcium phos-

phate, dihydrate with extragranular Explotab® are shown in TABLE XX and XXI (Example 21) below.

[0108] The formulation in TABLE XX exhibited an average disintegration time of less than 5 minutes in 0.1N HCl and less than 13 minutes in water at 37±0.5° C. using the automated disintegration apparatus.

TABLE XX

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	66.89
Dibasic Calcium phosphate, dihydrate	0.0370	4.95
Sodium lauryl sulfate	0.0015	0.20
F, D, and C Yellow #6	0.0010	0.13
Povidone 29K/32	0.0300	4.01
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5695	76.19
Sodium lauryl sulfate	0.0015	0.20
Sodium starch glycolate	0.0445	5.95
Dibasic Calcium phosphate, dihydrate	0.1245	16.66
Magnesium stearate	0.0075	1.00
TOTAL	0.7475	100.00

EXAMPLE 21

[0109] The formulation in TABLE XXI exhibited an average disintegration time of less than 7 minutes in 0.1N HCl and less than 9 minutes in water at 37±0.5° C. using the conventional disintegration method.

TABLE XXI

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	64.52
Dibasic Calcium phosphate, dihydrate	0.0370	4.77
Sodium lauryl sulfate	0.0015	0.19
F, D, and C Yellow #6	0.0010	0.13
Povidone 29K/32	0.0480	6.19
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5875	75.81
Sodium lauryl sulfate	0.0015	0.19
Sodium starch glycolate	0.0235	3.03
Dibasic Calcium phosphate, dihydrate	0.1550	20.00
Magnesium stearate	0.0075	0.97
TOTAL	0.7750	100.00

EXAMPLE 22

[0110] A formulation containing a calcium source from the intra and extragranular excipient, calcium phosphate, anhydrous with extragranular Explotab® is indicated in TABLE XXII.

[0111] The formulation in TABLE XXII exhibited an average disintegration time of less than 11 minutes in 0.1N

HCl and less than 19 minutes in water at $37\pm 0.5^\circ$ C. using the conventional disintegration apparatus.

TABLE XXII

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	66.93
Calcium phosphate, Anhydrous	0.0370	4.95
Sodium lauryl sulfate	0.0015	0.20
F, D, and C Yellow #6	0.0010	0.13
Povidone 29K/32	0.0480	6.43
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5875	78.65
Sodium lauryl sulfate	0.0015	0.20
Sodium starch glycolate	0.0260	3.48
Calcium phosphate, Anhydrous	0.1245	0.67
Magnesium stearate	0.0075	1.00
TOTAL	0.7470	100.00

EXAMPLE 23

[0112] A formulation containing a calcium source from the intra and extragranular excipient, tribasic calcium phosphate WG® with extragranular Explotab® is indicated in TABLE XXIII.

[0113] The formulation in TABLE XXIII exhibited an average disintegration time of less than 13 minutes in 0.1N HCl and less than 24 minutes in water at $37\pm 0.5^\circ$ C. using the conventional disintegration apparatus.

TABLE XXIII

Swallowable Methylcellulose Tablets		
Formula Ingredient	g/tablet	(% w/w)
<u>Phase A</u>		
Methocel A4M	0.5000	66.93
Tribasic Calcium phosphate, WG ®	0.0370	4.95
Sodium lauryl sulfate	0.0015	0.20
F, D, and C Yellow #6	0.0010	0.13
Povidone 29K/32	0.0480	6.43
DI water	q.s.	q.s.
<u>Phase B</u>		
Phase A	0.5875	78.65
Sodium lauryl sulfate	0.0015	0.20
Sodium starch glycolate	0.0260	3.48
Tribasic Calcium phosphate, WG ®	0.1245	16.67
Magnesium stearate	0.0075	1.00
TOTAL	0.7470	100.00

[0114] All publications, including but not limited to patents and patent applications, cited in this specification are herein incorporated by reference as if each individual publication were specifically and individually indicated to be incorporated by reference herein as though fully set forth.

[0115] The above description fully discloses the invention including preferred embodiments thereof. Modifications and

improvements of the embodiments specifically disclosed herein are within the scope of the following claims. Without further elaboration, it is believed that one skilled in the art can, using the preceding description, utilize the present invention to its fullest extent. Therefore the Examples herein are to be construed as merely illustrative and not a limitation of the scope of the present invention in any way. The embodiments of the invention in which an exclusive property or privilege is claimed are defined as follows.

1.-28. (canceled)

29. A rapidly disintegrating tablet for oral administration comprising

a methylcellulose;

a diluent;

a disintegrating agent; and

a binding agent,

wherein the diluent, the disintegrating agent and the binding agent are separate ingredients.

30. The tablet of claim 29, wherein the methylcellulose is an intragranulated methylcellulose.

31. The tablet of claim 29, wherein the diluent is an edible calcium salt.

32. The tablet of claim 31, wherein the edible calcium salt is selected from the group consisting of dibasic calcium phosphate dihydrate, calcium phosphate anhydrous, tribasic calcium phosphate, and any mixtures thereof.

33. The tablet of claim 29, wherein the disintegrating agent is an intragranular disintegrant.

34. The tablet of claim 29, wherein the disintegrating agent is present in an amount about 3% w/w to about 8% w/w.

35. The tablet of claim 29, wherein the disintegrating agent is selected from the group consisting of sodium starch glycolate, sodium carboxymethylcellulose, sodium croscarmellose, carboxymethylcellulose, veegum, alginate, agar, tragacanth, locust bean, karaya, pectin, crospovidone, and any mixtures thereof.

36. The tablet of claim 29, wherein the binding agent is present in an amount about 4% w/w to about 6.5% w/w.

37. The tablet of claim 29, wherein the binding agent is selected from the group consisting of PVP, hydroxypropylcellulose, hydroxypropyl methylcellulose, acacia, gelatin, tragacanth, pregelatinized starch, starch, and any mixtures thereof.

38. The tablet of claim 29, further comprising a wetting agent.

39. The tablet of claim 38, wherein the wetting agent is selected from the group consisting of sodium lauryl sulfate, magnesium lauryl sulfate, and any mixture thereof.

40. The tablet of claim 29, further comprising a lubricating agent.

41. The tablet of claim 40, wherein the lubricating agent is selected from the group consisting of magnesium stearate, calcium stearate, sodium stearate, colloidal silicon dioxide, Syloid, stearic acid, talc, and any mixtures thereof.

42. The tablet of claim 29, further comprising a second diluent that is an ingredient that is separate from the diluent.

43. The tablet of claim 42, wherein the second diluent is selected from the group consisting of microcrystalline cellulose, corn starch, pregelatinized starch, and any mixtures thereof.

44. The tablet of claim 29, wherein the methylcellulose has a viscosity of >1000 centipoise.

45. The tablet of claim 29, wherein the methylcellulose has a viscosity of >2000 centipoise.

46. The tablet of claim 29, wherein the methylcellulose has a viscosity of >3000 centipoise.

47. The tablet of claim 29, wherein the methylcellulose has a viscosity of >4000 centipoise.

48. The tablet of claim 29, wherein the tablet will disintegrate in water in about 25 minutes to about 30 minutes.

49. The tablet of claim 29, wherein the tablet will disintegrate in water in about 15 minutes to about 24 minutes.

50. The tablet of claim 29, wherein the tablet will disintegrate in water in less than about 15 minutes.

51. The tablet of claim 50, wherein the methylcellulose is present in an amount about 450 mg to about 550 mg.

52. The tablet of claim 50, wherein the methylcellulose is present in an amount about 500 mg.

53. The tablet of claim 50, wherein the methylcellulose is present in an amount about 200 mg to about 300 mg.

54. The tablet of claim 50, wherein the methylcellulose is present in an amount about 250 mg.

55. A process for treating constipation in a human, which process comprises ingestion by the human of the tablet of claim 29.

56. A process for treating constipation in a human, which process comprises ingestion by the human of the tablet of claim 38.

57. A process for treating constipation in a human, which process comprises ingestion by the human of the tablet of claim 40.

58. A process for treating constipation in a human, which process comprises ingestion by the human of the tablet of claim 52.

59. A process for treating constipation in a human, which process comprises ingestion by the human of the tablet of claim 54.

* * * * *