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(54) **Devices for treating pulmonary vasoconstriction and asthma**

Vorrichtung zum Behandeln einer Lungengefäßverengung und von Asthma

Dispositifs utilisés pour traiter la vasoconstriction pulmonaire et l'asthme

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DescriptionBackground of the Invention

[0001] This invention relates to the treatment of pulmonary vasoconstriction and to the treatment of asthma. This invention was made in the course of work supported by the U.S. Government, which has certain rights in the invention.

[0002] Asthma is a chronic disease characterized by intermittent, reversible, widespread constriction of the airways of the lungs in response to any of a variety of stimuli which do not affect the normal lung. Estimates of the prevalence of this disease in the U.S. population range from three to six percent.

[0003] In attempting to unravel the pathogenesis of asthma, the cellular and biochemical basis (sic) for three important features of the disease have been sought: chronic airway inflammation, reversible airflow obstruction, and bronchial hyperreactivity. Theories have pointed variously to abnormalities in autonomic nervous system control of airway function, in bronchial smooth muscle contractile properties, or in the integrity of the epithelial cell lining as features that distinguish asthmatic from normal airways.... Evidence suggests that the normal epithelial lining functions as more than a simple barrier: epithelial cells may produce a relaxing factor that actively maintains airway patency by causing relaxation of smooth muscle. Epithelial desquamation could contribute to bronchial hyperreactivity because a lesser amount of relaxing factor would be produced.

[0004] ("Asthma", Ch. 14-II in Scientific American Medicine, Vol. 2; Scientific American, Inc.; 1988, p. 2, 4)

[0005] Drugs used to treat asthma fall generally into two categories: those which act mainly as inhibitors of inflammation, such as corticosteroids and cromolyn sodium, and those which act primarily as relaxants of the tracheobronchial smooth muscle, such as theophylline and its derivatives, beta-adrenergic agonists, and anticholinergics. Some of these bronchodilators may be administered orally, while others are generally given by intravenous or subcutaneous injection or by inhalation of the drug in an appropriate form, such as aerosolized powder (i.e., delivered in the form of a finely divided solid, suspended in a gas such as air), or aerosolized droplets (delivered in the form of a fine mist). Asthma patients typically self-administer bronchodilator drugs by means of a portable metered-dose inhaler, employed as needed to quell or prevent intermittent asthma attacks.

[0006] Conceptually analogous to the narrowing of the airways of the lung which occurs in an asthma attack, vasoconstriction is a reversible narrowing of blood vessels attributable to contraction of the smooth muscle of the blood vessels. Such vasoconstriction can lead to abnormally high blood pressure (hypertension) in the affected portion of the circulatory system.

[0007] The mammalian circulatory system consists of two separate systems, the systemic circuit and the pulmonary circuit, which are pumped in tandem by the left and right sides of the heart, respectively. The pulmonary circulation transports the blood through the lungs, where it picks up oxygen and releases carbon dioxide by equilibrating with the concentrations of oxygen and carbon dioxide gas in the alveoli. The oxygen-rich blood then returns to the left side of the heart, from whence it is distributed to all parts of the body via the systemic circulation.

[0008] The systemic circulatory system of an adult human typically has a mean systemic arterial pressure ("SAP") of 80-100 mm Hg, whereas a typical mean pulmonary arterial pressure ("PAP") is approximately 12-15 mm Hg. Normal pulmonary capillary pressure is about 7-10 mm Hg. considering the interstitial fluid colloid osmotic pressure (14 mm Hg) and the plasma colloid oncotic pressure (28 mm Hg), as well as the interstitial free fluid pressure (1-8 mm Hg), the normal lung has a +1 mm Hg net mean filtration pressure (Guyton, Textbook of Medical Physiology, 6th Ed.; W.B. Saunders Co., Philadelphia, PA (1981), p. 295). This nearly balanced pressure gradient keeps the alveoli of a healthy lung free of fluid which otherwise might seep into the lung from the circulatory system.

[0009] An elevation of the PAP over normal levels is termed "pulmonary hypertension." In humans, pulmonary hypertension is said to exist when the PAP increases by at least 5 to 10 mm Hg over normal levels; PAP readings as high as 50 to 100 mm Hg over normal levels have been reported. When the PAP markedly increases, plasma can escape from the capillaries into the lung interstitium and alveoli: fluid buildup in the lung (pulmonary edema) can result, with an associated decrease in lung function that can in some cases be fatal.

[0010] Pulmonary hypertension may either be acute or chronic. Acute pulmonary hypertension is often a potentially reversible phenomenon generally attributable to constriction of the smooth muscle of the pulmonary blood vessels, which may be triggered by such conditions as hypoxia (as in high-altitude sickness), acidosis, inflammation, or pulmonary embolism. Chronic pulmonary hypertension is characterized by major structural changes in the pulmonary vasculature which result in a decreased cross-sectional area of the pulmonary blood vessels; this may be caused by, for example, chronic hypoxia, thromboembolism, or unknown causes (idiopathic or primary pulmonary hypertension).

[0011] Pulmonary hypertension has been implicated in several life-threatening clinical conditions, such as adult respiratory distress syndrome ("ARDS") and persistent pulmonary hypertension of the newborn ("PPHN"). Zapol et al., Acute Respiratory Failure, p. 241-273, Marcel Dekker, New York (1985); Peckham, J. Ped. 93:1005 (1978). PPHN, a disorder that primarily affects full-term infants, is characterized by elevated pulmonary vascular resistance, pulmonary arterial hypertension, and right-to-left shunting of blood through the patent ductus arteriosus and foramen ovale of the

newborn's heart. Mortality rates range from 12-50%. Fox, Pediatrics 59:205 (1977); Dworetz, Pediatrics 84:1 (1989). Pulmonary hypertension may also result in a potentially fatal heart condition known as "cor pulmonale", or pulmonary heart disease. Fishman, "Pulmonary Diseases and Disorders" 2nd Ed., McGraw-Hill, New York (1988).

[0012] Attempts have been made to treat pulmonary hypertension by administering drugs with known systemic vasodilatory effects, such as nitroprusside, hydralazine, and calcium channel blockers. Although these drugs may be successful in lowering the pulmonary blood pressure, they typically exert an indiscriminate effect, decreasing not only pulmonary but also systemic blood pressure. A large decrease in the systemic vascular resistance may result in dangerous pooling of the blood in the venous circulation, peripheral hypotension (shock), right ventricular ischemia, and consequent heart failure. Zapol (1985); Radermacher, Anaesthesiology 68:152 (1988); Vlahakes, Circulation 63:87 (1981). For example, when intravenous nitroprusside was administered to 15 patients for treatment of acute pulmonary hypertension due to ARDS, mean PAP decreased from 29.6 to 24.2 mm Hg and pulmonary vascular resistance (PVR) decreased by a mean of 32%, but mean systemic arterial pressure was reduced from 89.6 mm Hg to the unacceptably low level of 70 mm Hg (Zapol et al., 1985). Intravenous nitroprusside was not recommended for clinical treatment of pulmonary hypertension, since it "markedly impairs pulmonary gas exchange by increasing Q_{VA}/Q_T " (the mixing of venous and arterial blood via an abnormal shunt). Radermacher (1988).

[0013] Physiological relaxation of blood vessels has been reported to result from the release of a very labile non-prostanoid endothelium-derived relaxing factor (EDRF) by endothelial cells lining the blood vessels. EDRF stimulates the enzyme guanylate cyclase within the vascular smooth muscle, with the resulting increase in cyclic GMP causing relaxation of this muscle, and thereby reversing vasoconstriction. Ignarro et al., Proc. Natl. Acad. Sci. USA 84:9265 (1987) and Palmer et al., Nature 327:524 (1987) identified the vascular smooth muscle relaxation factor released by the endothelium of arteries and veins as nitric oxide ("NO"). NO is also believed to be produced by breakdown of organic nitrates such as nitroprusside and glyceryl trinitrate. Ignarro, Circ. Res. 65:1 (1989); Furchgott, FASEB J. 3:2007 (1989). Higenbottam et al., Ann. Rev. Resp. Dis. Suppl. 137:107 (1988), measured the vasodilatory effects of inhaled NO in seven patients with a chronic condition termed primary pulmonary hypertension. The average PAP of these patients when breathing 40 ppm NO was 56.7 mm Hg, compared to 59.6 mm Hg when breathing air without added NO, a difference of 2.9 mm Hg, or about 6% of the difference (" Δ PAP") between the pre-treatment PAP and what would be normal PAP. Higenbottam et al. reported an average 9% reduction in PVR in these patients during inhalation of NO. No corresponding decrease in SAP was observed.

[0014] When exposed to oxygen, NO gas is unstable and undergoes spontaneous oxidation to NO₂ and higher oxides of nitrogen. These higher nitrogen oxides are toxic to the lung, and can in high concentrations themselves produce pulmonary edema. NO is "the most rapidly binding ligand to haemoglobin so far discovered." Meyer, Eur. Resp. J. 2: 494 (1988). In a dilute aqueous solution exposed to oxygen, dissolved NO has a half life of less than 10 seconds due to rapid oxidation to inorganic nitrite and nitrate. Ignarro, FASEB J. 3:31 (1989). The Occupational Safety and Health Administration (OSHA) has set the time-weighted average inhalation limit for NO at 25 ppm for 10 hours. "NIOSH Recommendations for Occupational Safety and Health Standards," Morbidity and Mortality Weekly Report, Vol. 37, No. S-7, p. 21 (1988).

Summary of the Invention

[0015] In accordance with a first aspect of the present invention, an apparatus for introducing NO gas into the respiratory system of a mammal is provided, the apparatus comprising a source of pressurized NO-containing gas; a source of pressurized O₂-containing gas, preferably 100% O₂; a gas blender; means for controllably releasing said gases simultaneously from said sources into said blender, thereby continuously forming a gas mixture; and a tube having a lumen in communication with said blender, said tube being configured to route said gas mixture into the respiratory system of a mammal.

[0016] In another aspect, the present invention relates to an apparatus for introducing NO gas into the respiratory system of a mammal, comprising a source of pressurized NO-containing gas, a source of pressurized O₂-containing gas; a gas reservoir; means for controllably releasing said gases into said reservoir to form a gas mixture therewithin; a tube having a lumen in communication with said reservoir, said tube being configured to route said gas mixture into the respiratory system of a mammal; and a flowmeter, the setting on which is such that the residence half time of NO in said reservoir during use by said mammal is 15 seconds or less.

[0017] Another aspect of the present invention relates to an apparatus for introducing NO gas into the respiratory system of a patient, comprising: a source of pressurized NO gas, preferably NO diluted in an inert gas, preferably N₂; an enclosure, preferably a mask or a tent, suitable for providing an ambient atmosphere from which said patient can inhale; means for charging said atmosphere with NO from said source; and means for causing said atmosphere to have a high gas turnover rate.

[0018] Another aspect of the present invention relates to an apparatus for introducing NO gas into the respiratory system of a patient, comprising: a source of pressurized NO gas, preferably NO diluted in an inert gas, preferably N₂;

a ventilator comprising a ventilation circuit; and means for controllably releasing gas from said source into said ventilation circuit.

[0019] Another aspect of the present invention relates to an apparatus for introducing NO gas into the respiratory system of a mammal, comprising: a source of pressurized NO gas, preferably NO diluted in an inert gas, preferably N₂; a source of pressurized O₂-containing gas, preferably 100% O₂; a housing equipped with a flowmeter; and means for controllably releasing said gases from said sources into said housing to form a gas mixture; said housing being configured to route said gas mixture into the respiratory system of said mammal.

[0020] In another aspect the present invention relates to a gaseous mixture consisting of nitric oxide and an inert gas, preferably N₂, for use in a method of treating bronchoconstriction in a mammal, wherein said mixture is mixed with a continuous flow of an oxygen containing gas, to give an inhalable mixture. Another aspect of the present invention is a gaseous mixture consisting of nitric oxide and an inert gas, preferably N₂, for use in a method of treating bronchoconstriction in a mammal, wherein said mixture is mixed with an oxygen containing gas in a continuous flow to give an inhalable mixture. In yet another aspect the invention relates to a gaseous mixture containing nitric oxide, oxygen and less than 1 ppm NO₂, for use in therapy.

[0021] Also an aspect of the present invention is the use of gaseous nitric oxide (NO) or a gaseous mixture consisting of nitric oxide and an inert gas, preferably N₂, for the production of an inhalable medicament for treating or preventing bronchoconstriction in a mammal. The use of a gaseous mixture consisting of NO and an inert gas (preferably N₂) for the production of an inhalable medicament for treating or preventing bronchoconstriction or reversible pulmonary vasoconstriction in a mammal, wherein the inhalable medicament is prepared by mixing the gaseous mixture with a continuous flow of an oxygen containing gas, is another aspect of the invention, as is the use of a gaseous mixture consisting of NO and an inert gas (preferably N₂) for the production of an inhalable medicament for treating or preventing bronchoconstriction or reversible pulmonary vasoconstriction in a mammal, wherein the inhalable medicament is prepared by mixing the gaseous mixture with an oxygen containing gas in a continuous flow.

[0022] Yet another aspect of the present invention is the use of a nitric oxide-releasing compound for the production of a medicament for treating or preventing bronchoconstriction in a human. Another aspect thereof is the use of NO or a nitric oxide-releasing compound for the production of a medicament for improving gas exchange in the lungs of a mammal.

[0023] The invention furthermore relates to a mixture comprising a therapeutically-effective amount of gaseous nitric oxide and a pharmacoactive compound in the form of a liquid or solid suspended in the gas.

[0024] Another aspect of the invention is the use of an oxygen-containing gas mixture comprising NO at a therapeutically-effective concentration and containing less than 1 ppm NO₂, for the preparation of a medicament for the treatment or prevention of bronchoconstriction or for the treatment or prevention of reversible pulmonary vasoconstriction in a mammal.

[0025] Finally, the present invention provides methods of providing an inhalable medicament by mixing NO with a continuous flow of an oxygen-containing gas, or by mixing NO with an oxygen-containing gas in a continuous flow.

[0026] It will thus be appreciated that the invention features means for the prevention and treatment of asthma attacks or other forms of bronchoconstriction, of acute respiratory failure, or of reversible pulmonary vasoconstriction (i.e., acute pulmonary vasoconstriction or chronic pulmonary vasoconstriction which has a reversible component), in mammals (especially humans). An affected mammal is suitably identified (by, for example, traditional diagnostic, procedures, or by the diagnostic method as explained herein) and caused to inhale a therapeutically-effective concentration of gaseous nitric oxide or a therapeutically-effective amount of a nitric oxide-releasing compound. A bronchodilator treatment is herein said to be "therapeutically effective" in a given patient if it reduces the patient's airway resistance by 20% or more, as measured by standard methods of pulmonary mechanics. A pulmonary vasodilatory treatment is herein said to be "therapeutically effective" in a given patient if it can induce any one or more of the following: (1) prevention of the onset of pulmonary vasoconstriction following an injury (such as aspiration or trauma) that could be expected to result in pulmonary vasoconstriction; (2) a 20% or more decrease in the patient's Δ PVR (the difference between the patient's elevated PVR and "normal" PVR, with normal PVR assumed to be below 1 mmHg·min/liter for an adult human, unless found to be otherwise for a given patient); (3) a 20% or greater decrease in the patient's Δ PAP; (4) in adults with acute or chronic respiratory failure (e.g., due to asthma or pneumonia), an improvement in arterial oxygen tensions by at least 10mm Hg; or (5) in an infant, improved transpulmonary O₂ transport, as measured by a 10% or greater increase of upper body (pre-ductal) arterial O₂ saturation. PVR is computed by subtracting the pulmonary capillary wedge pressure (PCWP) (or left atrial pressure when available) from the mean pulmonary artery pressure (PAP), and dividing by the cardiac output (CO). PVR levels as high as 6-20 mmHg·min/liter have been observed in cases of severe ARDS (Zapol et al., N. Engl. J. Med. 296: 476-480, 1977).

[0027] The methods herein disclosed are useful for preventing (if given prior to the onset of symptoms) or reversing acute pulmonary vasoconstriction, such as may result from pneumonia, traumatic injury, aspiration or inhalation injury, fat embolism in the lung, acidosis, inflammation of the lung, adult respiratory distress syndrome, acute pulmonary edema, acute mountain sickness, asthma, post cardiac surgery acute pulmonary hypertension, persistent pulmonary hyperten-

sion of the newborn, perinatal aspiration syndrome, hyaline membrane disease, acute pulmonary thromboembolism, heparin-protamine reactions, sepsis, asthma, status asthmaticus, or hypoxia (including that which may occur during one-lung anesthesia), as well as those cases of chronic pulmonary vasoconstriction which have a reversible component, such as may result from chronic pulmonary hypertension, bronchopulmonary dysplasia, chronic pulmonary thromboembolism, idiopathic or primary pulmonary hypertension, or chronic hypoxia. Nitric oxide gas is preferably administered to a mammal with pulmonary vasoconstriction or asthma in accordance with one or more of the following:

- (a) administration for at least three minutes (more preferably at least six minutes);
- (b) administration in the absence of tobacco smoke;
- (c) the inhaled concentration of nitric oxide is at least 1 ppm, more preferably at least 20 ppm, and most preferably at least 80 ppm, with the concentration not exceeding 180 ppm of nitric oxide (such concentration being monitored by a technique such as chemiluminescence);
- (d) the nitric oxide is inhaled as a mixture including nitric oxide, oxygen (O₂), and nitrogen (N₂) gases, most preferably having an F₁O₂ (i.e., proportion of O₂ gas, by volume) of 0.21-0.99, the proportion of O₂ in air being 0.21; and
- (e) the concentration of NO₂ is monitored and kept within safe limits (e.g., less than 1 ppm). Inhalation of gaseous nitric oxide represents a major advance in asthma therapy, since the gas has no particles or droplets to disperse and transport to the respiratory tract. Gases have long free-diffusion pathways, bypass obstructions (such as constricted airways) readily, and dissolve directly in tissue without causing impaction bronchospasm. The beneficial effect of NO gas on bronchial smooth muscle tone is observed immediately following inhalation, making NO a useful first defense against bronchospasm that can be followed, if desired, by inhalation of longer-acting agents. Inhaled nitric oxide also provides a convenient means for diagnosing the reversibility of chronic pulmonary vasoconstriction in a mammal (in particular, a human): the affected mammal is caused to inhale gaseous nitric oxide, and any changes in PAP and cardiac output before and during NO inhalation are noted. If the PAP decreases upon inhalation of NO while the cardiac output remains constant or increases, or if the Δ PVR decreases by a significant amount (e.g., at least 20%, or preferably at least 30%), then the mammal's chronic pulmonary vasoconstriction would have been shown to have a reversible component potentially treatable with gaseous NO or with NO-releasing compounds (or with other types of vasodilators) administered systemically or by inhalation therapy.

[0028] Alternatively, a mammal (in particular, a human) with or at risk of developing bronchoconstriction (e.g., asthma) or reversible pulmonary vasoconstriction may be treated with a therapeutically-effective amount of a nitric oxide-releasing compound. Known nitric oxide-releasing compounds (also referred to as nitric oxide-donor or nitric oxide-generating compounds) useful in the methods and devices of the invention can be divided into three categories: (a) nitroso or nitrosyl compounds (e.g., S-nitroso-N-acetylpenicillamine, S-nitroso-L-cysteine, and nitrosoguanidine) characterized by an --NO moiety that is spontaneously released or otherwise transferred from the compound under physiological conditions such as obtain in the lung; (b) compounds in which NO is a ligand on a transition metal complex, and as such is readily released or transferred from the compound under physiological conditions (e.g., nitroprusside, NO-ferredoxin, or an NO-heme complex); and (c) nitrogen-containing compounds which are metabolized by enzymes endogenous to the respiratory and/or vascular system to produce the NO radical (e.g., arginine, glyceryl trinitrate, isoamyl nitrite, inorganic nitrite, azide, and hydroxylamine). Such types of nitric oxide-releasing compounds and methods for their synthesis are well known in the art (see, for example, the following publications, each of which is incorporated by reference herein: Edwards et al., *Biochemical Pharmacology* 30:2531-2538, 1981; Schmidt and Kukovetz, *Eur. J. Pharmacol.* 122:75-79, 1986; Curran et al., *FASEB J.* 5:2085-2092, 1991; Southern et al., *FEBS Lett.* 276:42-44, 1990; Garg et al., *J. Clin. Invest.* 83:1774-1777, 1989; Garg et al., *Biochem. Biophys. Res. Commun.* 171:474-479, 1990; Boje et al., *J. Pharmacol. Exp. ther.* 253:20-26, 1990; Bruene et al., *J. Biol. Chem.* 264:8455-8458, 1989; and McNamara et al., *Can. J. Physiol. Pharmacol.* 58:1446-1456, 1980). A compound known or believed to be such an NO-releasing compound can be directly tested for its efficacy in the method of the invention by the use of animal models in one of the *in vivo* assays described below. Alternatively, such a compound may first be screened for its ability to stimulate guanylate cyclase, the enzyme to which NO binds and thereby exerts its biological activity, in an *in vitro* assay such as is described by Ishii et al., *Am. J. Physiol.* 261:H598-H603, 1991. The stability of the compound during storage can be ascertained, for example, by subjecting the stored compound to serial measurements of UV light absorption at a wavelength characteristic of the NO-containing compound (typically 595 nm).

[0029] The nitric oxide-releasing compound selected for use in the method of the invention may be administered as a powder (i.e., a finely divided solid, either provided pure or as a mixture with a biologically-compatible carrier powder, or with one or more additional therapeutic compounds) or as a liquid (i.e., dissolved or suspended in a biologically-compatible liquid carrier, optionally mixed with one or more additional therapeutic compounds), and can conveniently be inhaled in aerosolized form (preferably including particles or droplets having a diameter of less than 10 μ m). Carrier liquids and powders that are suitable for inhalation are commonly used in traditional asthma inhalation therapeutics, and thus are well known to those who develop such therapeutics. The optimal dosage range can be determined by routine

procedures by a pharmacologist of ordinary skill in the art. For example, a useful dosage level for SNAP would be from 1 to 500 μ moles (preferably 1-200 μ moles) per inhaled dose, with the number of inhalations necessary varying with the needs of the patient.

[0030] Also within the invention is the use of a source of nitric oxide in the manufacture of a medicament or a device for improving lung function (e.g., to reverse bronchoconstriction, or to facilitate gas exchange within the lung) in a mammal, or in a kit for such an application. Such a source may be, for example, a mixture of compressed gases including NO, or an NO-generating compound, or any other known source of the chemical NO, so long as NO is delivered to the site within the airways where it can provide a beneficial effect in accordance with the invention. A kit within the invention would include, besides the source of nitric oxide, a set of instructions specifying how to use the source of nitric oxide to improve lung function (e.g., by inhalation of NO gas, or by inhalation of an NO-releasing compound).

[0031] Also within the invention is an inhaler device (preferably sufficiently lightweight to be considered portable, i.e. less than 5 kg, and more preferably less than 1 kg) suitable for the treatment or prevention of bronchoconstriction or pulmonary vasoconstriction, which device may be of a design similar to those inhalers currently available for the treatment of asthma attacks, and which contains either or both of (a) pressurized nitric oxide gas, and (b) a nitric oxide-releasing compound. Such a device would typically include a vessel containing pressurized gas containing at least 1 ppm (preferably at least 5 ppm, more preferably at least 40 ppm, and most preferably at least 100 ppm) nitric oxide; a housing defining a lumen and optionally a chamber containing an inhalable pharmaceutically-active agent, which chamber is in communication with the lumen; and a mechanism, such as a release valve operable by depressing the valve, for controllably releasing the gas into lumen or the chamber (thereby suspending the pharmaceutically-active agent in the released gas); the lumen being configured to route the released gas (and suspended agent, if any) into the respiratory system of a patient. The lumen may include a tube, mask, or rebreathing chamber such as those typically found on presently available inhaler devices. The device may also have a mechanism for optionally releasing the gas into the lumen in a manner that bypasses the compound in the chamber, thereby permitting the patient to first be treated with the nitric oxide-containing gas alone, followed if necessary by a dose of the pharmaceutically-active agent suspended in nitric oxide-containing gas. The pharmaceutically-active agent may, for example, be a bronchodilator compound in liquid or solid form. Such a compound could be any compound currently known or subsequently discovered to be effective in counteracting bronchconstriction. Types of drugs known to be useful in the inhalation treatment of asthma include cromolyn sodium; anticholinergic agents (such as atropine and ipratropium bromide); β_2 agonists (such as adrenaline, isoproterenol, ephedrine, salbutamol, terbutaline, orciprenaline, fenoterol, and isoetharine), methylxanthines (such as theophylline); calcium-channel blockers (such as verapamil); and glucocorticoids (such as prednisone, prednisolone, dexamethasone, beclomethasone dipropionate, and beclomethasone valerate), as described in Ch. 39 of Principles of Medical Pharmacology, Fifth Edition, Kalant and Roschlau, Ed. (B.C. Decker Inc., Philadelphia, 1989), herein incorporated by reference. The use and dosage of these and other effective bronchodilator drugs in inhalation therapy are well known to practitioners who routinely treat asthmatic patients.

[0032] In addition to or instead of the above-described bronchodilator drugs, the inhaler device of the invention may also contain an NO-releasing compound (such as SNAP, S-nitrosocysteine, nitroprusside, nitrosoguanidine, glyceryl trinitrate, isoamyl nitrite, inorganic nitrite, azide, or hydroxylamine), which would provide a long-lasting bronchodilating effect to complement the immediate effects obtained by inhaling NO gas. NO-releasing compounds could be tested for their usefulness in treating asthma attacks and/or reversible pulmonary vasoconstriction by *in vitro* and *in vivo* assays well known to practitioners who routinely develop therapies for these conditions. Criteria for selecting a therapeutically-useful NO-donor compound will include its stability in storage prior to inhalation and its ability to decompose to release NO at a therapeutically beneficial rate upon deposition in the appropriate part of the respiratory tract. For example, S-nitroso-N-acetylpenicillamine ("SNAP") has been shown to be stable in its solid form, but under physiological conditions (such as in the film of physiological fluid on the surface of the bronchiolar or alveolar lumen), the compound readily decomposes to release NO (Ignarro, Circ. Res., 1989). The nitric-oxide-releasing compound could be provided in powder form, or it could be dissolved or suspended in a biologically-compatible liquid carrier. The device of the invention could be a portable inhaler similar to those typically used by persons with asthma, but which contains a pressurized mixture of nitrogen gas (or another inert gas) and nitric oxide gas (instead of or in addition to an inert, liquified propellant such as a fluorocarbon, e.g., freon). Alternatively, the pharmaceutically-active agent included in the device of the invention may be an antimicrobial agent, or a surfactant suitable for the treatment of hyaline membrane disease.

[0033] In another preferred embodiment, the device of the invention would include

a vessel containing a nitric oxide-donor compound (e.g., in liquid or solid form) suspended in a liquified propellant; a housing defining (a) a port to which the vessel is mounted and (b) a lumen in communication with the port; and a mechanism for controllably releasing the propellant from the vessel into the lumen, thereby releasing the compound from the vessel into the lumen; such lumen being configured to route the compound into the respiratory system of a person.

[0034] Alternatively, the device could include

a vessel containing a compressed or liquified propellant gas (optionally including at least 1 ppm nitric oxide gas); a housing defining (a) a chamber containing a nitric oxide-donor compound and (b) a lumen in communication with the chamber; and

a mechanism for controllably releasing the gas from the vessel into the chamber (for example, in preset doses), thereby suspending the compound in the gas; the lumen being configured to route the compound into the respiratory system of a person. The device would preferably be a metered-dose inhaler similar to one of the many designs currently available, which would automatically dispense, in a puff intended for inhalation in a single or multiple breaths, a set amount of the bronchodilator substance (including the NO gas and/or the NO-releasing compound) when activated by the patient in need of treatment. A single device may optionally be designed to deliver, at the discretion of the patient, NO gas (diluted in an inert gas such as N₂), with or without the solid or liquid bronchodilator substance. Such a "two-stage" design would permit the patient to reserve use of the longer-acting solid or liquid bronchodilator substance until his or her airways had been opened by the puff of gaseous NO in N₂, thus cutting down on the dosage of the solid or liquid pharmaceutical necessary for lasting benefit. The optimal level of NO and/or NO-releasing compound to be dispensed can be determined by a pharmacologist using methods such as those set forth herein. It is expected that a useful inhaled dose of NO gas for the treatment of asthma would be at least 10 ppm for 1/2 min., and preferably from 100 to 300 ppm for one min, which could be achieved, for example, by packaging the compressed NO to be released from the nozzle of the inhaler (or into a rebreathing tube or mask) at at least 1,000 ppm in a mixture with N₂. Self-administered treatment of pulmonary vasoconstriction might require a concentration of 1,000 to 30,000 ppm NO in N₂ at the nozzle, to deliver 5 ml into a 500 ml tidal volume, in order to result in an effective level of 10 to 300 ppm NO in the lungs of the patient.

[0035] NO gas could also be used to bronchodilate and thereby improve the distribution of other agents administered by inhalation. Examples of such agents frequently administered by inhalation include antibiotics and other antimicrobials (e.g., pentamidine for treatment of pneumocystis pneumonia), and surfactant agents such as are given to infants with hyaline membrane disease.

[0036] The invention described herein provides a simple, safe, rapid, and efficacious treatment or preventative therapy for asthma attacks, for acute respiratory failure (e.g., ARDS or pneumonia), and for vasoconstrictive pulmonary hypertension. In one embodiment of the invention, a portable inhaler equipped with a cartridge of compressed NO or an aerosol container of an NO-releasing compound in powder or liquid form could be used to administer inhalation therapy for asthma or for pulmonary vasoconstriction either in a hospital setting or in an emergency field situation. Such an inhaler can be carried, for example, by a person at risk of developing hypoxia, such as a mountain climber, or by ski patrol personnel who can administer the inhalation therapy on an emergency basis to skiers stricken with hypoxic pulmonary edema. Similar inhalers containing bronchodilating agents are routinely carried by asthmatic individuals. In another embodiment of the invention, a cartridge of compressed NO or an aerosol container of an NO-releasing compound could be connected to a ventilation circuit and used to treat and stabilize newborn infants with PPHN during transport from the hospital where delivery occurred to one with an intensive care unit, or used to treat pneumonia and ARDS by mask therapy or mechanical ventilator in a hospital or emergency room.

[0037] When an NO-releasing compound is inhaled in solid or liquid form, the particles or droplets are deposited throughout the respiratory system, with larger particles or droplets tending to be deposited near the point of entry (i.e., in the mouth or nose) and smaller particles or droplets being carried progressively further into the respiratory system before being deposited in the trachea, bronchi, and finally the alveoli. (See, e.g., Hounam & Morgan, "Particle Deposition", Ch. 5 in Respiratory Defense Mechanisms. Part 1, Marcel Dekker, Inc., NY; ed. Brain et al., 1977; p. 125.) A particle/droplet diameter of 10 μ m or less is recommended for use in the method of the invention. Where pulmonary vasoconstriction is the target condition, particle/droplet size should in general be of a size distribution appropriate for deposition in the alveoli (i.e., averaging less than 5 μ m, with an ideal size around 1-3 μ m), while treatment of an asthma attack, which affects mainly the bronchi, would preferably be accomplished using an inhaled particle/droplet size of approximately 2-8 μ m. Determination of the preferred carrier (if any), propellant (which may include NO diluted in an inert gas such as N₂), design of the inhaler, and formulation of the NO-releasing compound in its carrier are well within the abilities of those of ordinary skill in the art of devising routine asthma inhalation therapies. The portable inhaler could contain a canister of compressed NO, preferably in an inert carrier gas such as N₂, or any alternative means of providing NO gas. Alternatively, or in addition, the inhaler could contain an NO-releasing compound either mixed in dry form with a propellant or held in a chamber separate from the propellant, or mixed with a liquid carrier capable of being nebulized to an appropriate droplet size, or in any other configuration known to those skilled in portable inhaler technology. A few of the several types of inhaler designs that have been developed to date are discussed in, for example, U.S. Patent Nos. 4,667,668; 4,592,348; 4,534,343; and 4,852,561, each of which patents is herein incorporated by reference. Other inhaler designs are described in the Physicians' Desk Reference, 45th Edition, Edward R. Barnhart, Publisher (1991).

Each of these and other aerosol-type inhalers can be adapted to accommodate the delivery of NO gas and/or NO-releasing compounds. Also useful for delivering an NO-releasing compound formulated in dry powder form is a non-aerosol-type inhaler device such as that developed by Allen & Hanburys, Research Triangle Park, North Carolina.

[0038] Since NO gas which enters the bloodstream is rapidly inactivated by combination with hemoglobin, the bronchodilatory effects of inhaled NO are limited to the ventilated bronchi and the vasodilatory effects of inhaled NO are limited to those blood vessels near the site of NO passage into the blood stream: i.e., pulmonary microvessels. Therefore, an important advantage of both the bronchodilating and the pulmonary vasodilating methods of the invention is that one can selectively prevent or treat bronchospasm and/or pulmonary hypertension without producing a concomitant lowering of the systemic blood pressure to potentially dangerous levels. The invention allows for effective reversal of pulmonary hypertension without the risk of underperfusion of vital organs, venous pooling, ischemia, and heart failure that may accompany systemic vasodilation. Such isolated pulmonary vasodilation is also important in treating PPHN in newborn infants, as systemic vasodilation aggravates the undesired mixing of oxygenated and de-oxygenated blood through the ductus arteriosus or the foramen ovale of newborns. Furthermore, by concomitantly bronchodilating and increasing blood flow to ventilated alveoli, the methods of the invention improve oxygen transport in patients with asthma or acute respiratory failure, providing an added benefit not seen with typical bronchodilatory therapies.

[0039] The invention also advantageously provides a simple, rapid, non-invasive method of diagnosing those forms of chronic pulmonary hypertension which will be responsive to NO inhalation therapy. These patients may benefit from long-term inhalation therapy by the method of the invention, or from chronic systemic treatment with NO-producing vasodilatory drugs, such as nitroprusside and glyceryl trinitrate, with calcium channel blockers, or with other types of vasodilators.

[0040] Other features and advantages of the invention will be apparent from the following detailed description, experimental information, and claims.

Detailed Description

[0041] The drawings are first described.

Drawings

[0042]

Fig. 1 is a graph of the NO dose response curve for lambs with U46619-induced pulmonary vasoconstriction.

Fig. 2 is a graph showing the effects of inhaling various concentrations of NO mixed with O₂, alternating with periods of breathing 60-70% O₂ without added NO, on the PAP of lambs receiving continuous infusions of U46619.

Fig. 3 is a strip chart recording illustrating the effect of causing a lamb with U46619-induced pulmonary vasoconstriction to inhale 80 ppm NO for 6 minutes.

Fig. 4 is a graph showing the effects of inhaling various concentrations of NO mixed with O₂, alternating with periods of breathing 60-70% O₂ without added NO, on the pulmonary vascular resistance (PVR) of lambs receiving continuous infusions of U46619.

Fig. 5 is a pair of graphs comparing the effect of 180 ppm inhaled NO with untreated controls breathing air on the PAP and PVR of sheep in which a heparin-protamine reaction has induced an elevated PAP and PVR.

Fig. 6 is a strip chart recording comparing treatment with PGI₂ and with NO inhalation in an adult human with severe ARDS.

Fig. 7 is a representation of the apparatus and conditions used to deliver NO gas to the lungs of guinea pigs in the course of experiments on bronchodilation, and a summary of the chemiluminescence data collected at each of three sites in the apparatus.

Fig. 8 is a graph illustrating the effects on nine normal (i.e., non-bronchoconstricted) guinea pig lungs of inhaling 300 ppm NO gas.

Fig. 9 is a graph illustrating the effects on lung resistance observed in nine experimentally bronchoconstricted guinea pigs during treatment with various concentrations of NO gas.

Fig. 10 is a graph comparing lung resistance upon treatment of eight experimentally bronchoconstricted guinea pigs with various concentrations of NO gas.

Figs. 11 and 12 are graphs illustrating the dose-response curve observed when nine experimentally bronchoconstricted guinea pigs were treated with various concentrations of NO gas, with response measured as lung resistance (Fig. 11) or as a percentage of the maximal lung resistance observed (Fig. 12).

Fig. 13 is a graph illustrating the effects on eight experimentally-bronchoconstricted guinea pig lungs of long-term (one hour) inhalation of 100 ppm NO, or of methacholine alone.

Fig. 14 is a graph illustrating the additive effects of inhaling both terbutaline and NO on lung resistance in three

experimentally-bronchoconstricted guinea pigs.

Fig. 15 is a graph illustrating the additive effects of inhaling both terbutaline and NO on lung compliance in three experimentally-bronchoconstricted guinea pigs.

Fig. 16 is a graph illustrating the changes in lung resistance observed in five experimentally-bronchoconstricted guinea pigs inhaling nebulized S-nitroso-N-acetylpenicillamine (SNAP).

Fig. 17 is a cross-sectional view of one embodiment of the inhaler device of the invention.

Fig. 18 is a cross-sectional view of a second embodiment of the inhaler device of the invention.

NO Inhalation Therapy for Pulmonary Vasoconstriction

[0043] The invention provides for the first time a simple, rapid, selective, and efficacious method of treating or preventing both acute and certain forms of chronic pulmonary hypertension, without concomitantly lowering the systemic blood pressure of the patient. Pulmonary hypertension is a widespread clinical manifestation, afflicting diverse groups of patients. Use of inhaled NO is currently envisioned for, but not limited to, patients afflicted with or at risk of developing the following: ARDS, pneumonia, asthma, acute pulmonary edema, acute or chronic hypoxia, alveolar hypoventilation states, high altitude pulmonary edema ("mountain sickness"), PPHN, hyaline membrane disease, acidosis, idiopathic pulmonary hypertension, sepsis, pulmonary thromboembolism, cor pulmonale secondary to pulmonary hypertension, perinatal aspiration syndrome, and acute pulmonary vasoconstriction in response to protamine reversal of heparin anticoagulation ("heparin-protamine reaction").

Method for administration

[0044] Compressed NO gas may be obtained from a commercial supplier such as Air Products and Chemicals, Inc. (Allentown, PA) or Airco (Murray Hill, NJ), typically as a mixture of 200-800 ppm NO in pure N₂ gas. It is vital that the NO be obtained and stored as a mixture free of any contaminating O₂ or higher oxides of nitrogen, as such higher oxides of nitrogen (which can form by reaction of O₂ with NO) are potentially harmful to lung tissues. If desired, purity of the NO may be demonstrated with chemiluminescence analysis, using known methods, prior to administration to the patient. The NO-N₂ mixture may be blended with air or O₂ through, for example, calibrated rotameters which have previously been validated with a spirometer. The final concentration of NO in the breathing mixture may be verified with a chemical or chemiluminescence technique well known to those in the field (e.g., Fontijn et al., Anal. Chem. 42:575-579, 1970). Any impurities such as NO₂ can be scrubbed by exposure to NaOH solutions, baralyme, or sodalime. As an additional control, the F₂O₂ of the final gas mixture may also be assessed. If desired, the ventilator may have a gas scavenger added to the expiratory outlet to ensure that significant amounts of NO will not escape into the adjacent environment.

[0045] In a hospital or emergency field situation, administration of NO gas could be accomplished, for example, by attaching a tank of compressed NO gas in N₂, and a second tank of oxygen or an oxygen/N₂ mixture, to an inhaler designed to mix two sources; by controlling the flow of gas from each source, the concentration of NO inhaled by the patient can be maintained at an optimal level.

[0046] NO may be administered to mammals suspected of having acute pulmonary vasoconstriction, at a concentration of from 1 ppm to 40 ppm in air, pure oxygen, or another suitable gas or gas mixture, for as long as needed. The concentration can be increased to 80 to 180 ppm for short periods of time: e.g., 5 min at 180 ppm NO, when an immediate dramatic effect is desired.

Assessment of pulmonary vascular pressure and flow

[0047] Pulmonary artery pressure is most accurately monitored with a flow-directed pulmonary artery (PA) catheter, placed percutaneously via a vein of a patient under local anaesthesia; PA flow is usually measured using thermal dilution via such a PA catheter. Alternative methods exist for indirect, non-invasive monitoring; e.g., cardiac ultrasound, monitoring of systolic time intervals, and range-gated doppler techniques. These alternative methods of monitoring may be superior whenever catheterization is impracticable, such as in emergency situations, in patients who are not good candidates for catheterization, or in on-going treatments or established protocols.

Pharmacological effect of nitric oxide

[0048] It is likely that inhaled NO acts by diffusing into the vascular space adjacent to the alveoli and causing relaxation of pulmonary vascular smooth muscle, thus permitting an increase in pulmonary blood flow and gas exchange. Preliminary evidence obtained in five humans with severe acute respiratory failure demonstrates that NO (approximately 20 ppm) inhaled during mechanical ventilation for periods up to one month reduces both pulmonary arterial pressure and Q_{VA}/Q_T (the right-to-left shunt: a measure of pulmonary oxygen transport inefficiency), thereby producing a marked increase of

the patients' blood oxygen levels. This suggests that NO vasodilation occurs only in ventilated alveoli and not in non-ventilated or collapsed alveoli, in marked contrast to results observed following intravenously administered vasodilators such as nitroprusside. By localizing delivery of NO in a gaseous form directly to the lungs, the dissolved NO can immediately exert its pharmacological effect on target vascular smooth muscle, prior to inactivation of the NO by binding to hemoglobin. At the same time, the rapid binding of NO to hemoglobin ensures that any vasodilatory action of inhaled NO is solely a local or selective effect in the blood vessels of the lung, with no concomitant vasodilation downstream in the systemic circulation.

Diagnosis and treatment of chronic pulmonary hypertension

[0049] Chronic pulmonary hypertension is characterized by the obstruction or structural narrowing of blood vessels in the lungs. To the extent that the chronic condition of a particular patient is caused or aggravated by spastic constriction of pulmonary vascular smooth muscle or bronchoconstriction, it may be at least partially ameliorated by inhalation of NO: such cases susceptible to treatment with NO, and potentially with systemic vasodilators, are readily identified by their response to a brief NO inhalation test (e.g., six minutes inhaling 80 ppm NO alternating with six minutes inhaling air without added NO, repeated for two to four cycles), while measuring PAP, PCWP, and cardiac output. Responsive cases (e.g., those in which the PVR is reduced by 20% or more) can then be treated either with portable NO inhalation therapy, with inhalation of NO-releasing compounds in solid or liquid form, or with NO-releasing systemic vasodilatory drugs such as glyceryl trinitrate or other non-specific systemic dilators (e.g., calcium channel blockers).

NO-releasing compound inhalation therapy for pulmonary vasoconstriction

[0050] The finding that inhalation of gaseous NO can effectively reverse certain forms of pulmonary vasoconstriction suggests yet another mode of inhalation therapy for pulmonary vasoconstriction, wherein an NO-releasing compound, rather than gaseous NO, is inhaled. This method will provide a longer-lasting beneficial effect than briefly inhaling gaseous NO, as the deposited NO-releasing compound would slowly release NO over a relatively long period of time. Formulation and dosage of a selected NO-releasing compound can be determined without undue experimentation by one of ordinary skill in the art. As one example, a typical single inhaled dose of an NO-releasing compound such as S-nitroso-N-acetylpenicillamine (SNAP) or S-nitrosocysteine in dry powder form could range from 60 to 650 μ g of the active compound (NO) per kg bodyweight, for approximately an hour of dilation. In sheep with experimentally-elevated PA pressure, inhalation of SNAP at 1.3 mg/kg produced a prolonged reduction in PA pressure.

Inhalation therapy for asthma

[0051] Like pulmonary vasoconstriction, spastic constriction of the airways such as occurs in asthma attacks can be reversed by inhalation of either gaseous NO or an NO-releasing compound in solid or liquid form. Gaseous NO would have the advantage of rapid diffusion without particles, and would also vasodilate the bronchodilated region, thereby improving arterial oxygen tensions. Administration would be as described above, and would typically be initiated upon the onset of an attack or when an attack is thought to be imminent. If chronic bronchodilation of a given patient is needed, the patient's entire ambient atmosphere could be charged with NO gas at a low dose (at a high gas turnover rate), such as with a mask or tent.

Inhalation devices

[0052] The inhalation therapy of the invention is preferably administered by the use of one of the inhalation devices of the invention. One of such devices 10 is illustrated in cross-section in Fig. 17, which shows a housing 14 defining a chamber 20 in communication with a lumen 16; a vessel 12 containing pressurized gas having at least 1 ppm nitric oxide dissolved in a liquified propellant or compressed inert gas, and/or which contains a suspension of a solid or liquid nitric oxide-donor therapeutic agent, which vessel 12 is slidably mounted in the chamber 20; a pressure-activated valve mechanism 18 for controllably releasing the pressurized contents of the vessel 12 into the lumen 16; and, constituting one end of the lumen 16, a rebreathing chamber 22 having one-way valves 24 through which air 28 can enter the rebreathing chamber 22, but through which the therapeutic gas cannot escape. A patient utilizes the device by pushing the upper end 26 of the vessel 12 which protrudes from the housing 14, thereby sliding the vessel 12 down into the chamber 20 and depressing the valve mechanism 18. This causes the pressurized contents of the vessel 12 to be released into the lumen 16 and the rebreathing chamber 22. The patient then inhales a portion of the contents of the rebreathing chamber 22, drawing air 28 through the one-way valve 24 into the rebreathing chamber 22 to replace the portion of the contents inhaled by the patient. A single dose of the therapeutic agent released from the vessel 12 into the rebreathing chamber 22 may take several breaths to be sufficiently inhaled by the patient. The total weight of this

device would be less than 200 grams, so that it is readily portable.

[0053] In another preferred embodiment 100, illustrated in Fig. 18, the housing 102 defines (a) a first chamber 104 containing an inhalable pharmaceutically-active compound 106 and (b) a lumen 108 in communication with the first chamber 104. A vessel 110 containing pressurized gas or liquified propellant comprising at least 1 ppm nitric oxide is slidably mounted in a second chamber 112 of the housing 102, such that pressure applied to the top of the vessel 114 causes a pressure-release valve located at the bottom of the vessel 116 to be depressed against the wall of the housing 102, thereby opening the valve and releasing a portion of the pressurized contents of the vessel 110 into the first chamber 104. The pressurized gases so released mix with and suspend as an aerosolized mist the compound 106 in the first chamber 104. This mist is then inhaled by the patient through the open mouthpiece end 118 of the lumen 108. At the option of the patient, tab 120 on springloaded hinge 122 may be manually depressed by the patient prior to and during the opening of the pressure release valve 116; this acts to temporarily close off the first chamber 104 from the path of the released pressurized gases, which then escape directly into the lumen 108, bypassing the first chamber 104 in which is located the therapeutic agent 106. By first inhaling the nitric oxide-containing gas without the therapeutic compound 106 suspended therein, the patient's airways are sufficiently opened to maximize the potential benefits of subsequently inhaling the more slowly-acting solid or liquid therapeutic compound 106, so the patient then releases tab 120, again pushes down on the top of the vessel 114 to open valve 116, and inhales from the open end mouthpiece 118 of lumen 108 the therapeutic compound 106 suspended in the pressurized gases so released.

Experimental Information

[0054] The applicants submit the following experimental animal and human data and approved protocol for human studies as examples in support of the application.

1. PULMONARY VASODILATION

A. Administration of gaseous nitric oxide to lambs

i. Methods

Surgical preparation of the animal model:

[0055] Eight Suffolk lambs weighing 25-35 kg underwent a sterile thoracotomy in order to place a left atrial line, tracheostomy and femoral artery line under general endotracheal anesthesia with halothane/oxygen three days before study. After three days of recovery the lambs underwent sterile placement of a 7 French thermal dilution pulmonary artery monitoring catheter under local anesthesia.

Study conditions:

[0056] Awake unanesthetized lambs were studied in order to avoid general anesthesia which can blunt hypoxic vasoconstriction. Lambs were placed in a Babraham cage and allowed to drink and eat ad lib. Two studies were performed 2 days apart on each of six lambs. After the study the lambs were sacrificed with an overdose of barbiturate and their lungs were fixed, stained and examined by light microscopy for pathological changes.

Administration of NO to lambs with pulmonary vasoconstriction induced with U46619:

[0057] On the first study day lambs breathing 60-70% oxygen were given an infusion of a potent pulmonary vasoconstrictor, the stable endoperoxide analog (5Z, 9a, 13E, 15S)-11,9-(Epoxy-methano)prosta-5,13-dien-1-oic acid (U46619, The Upjohn Company, Kalamazoo, MI) of thromboxane at a rate of 0.4-0.8 $\mu\text{g/kg/min}$. The tracheostomy was connected to a non-rebreathing circuit consisting of a 5 liter reservoir bag and one way valves to isolate inspired from expired gas. Expired gas was scavenged and discarded. The inspired gas was a precise mixture of oxygen and nitrogen immediately diluted with NO to produce the correct inspired concentration. Using volumetrically calibrated flowmeters, varying quantities of NO were mixed with N_2 to obtain the desired inspired NO concentration at an inspired oxygen concentration (F_iO_2) of 0.6-0.7. The reservoir bag was emptied after each level of NO inhalation. The residence half time of NO in the gas reservoir was 15 seconds or less to minimize conversion to NO_2 . NO was obtained from Air Products and Chemicals, Inc., Allentown, PA as a mixture of 235 ppm NO in pure N_2 . Chemiluminescence analysis demonstrated less than 12 ppm NO_2 in this mixture. Fontijn, Anal. Chem. 27:1903 (1981).

[0058] A pulmonary vasodilator dose response curve plotting changes in PAP as a function of inhaled NO concentration during U46619 infusion was produced for eight lambs breathing a series of increasing NO/ O_2 mixtures of 5, 10, 20, 40,

and 80 ppm NO for six minutes (Fig. 1). Each level of NO exposure was followed by six minutes of breathing the oxygen mixture without NO (Fig. 2). A second exposure to NO was examined for similar periods. Subsequently, a control period breathing the oxygen mixture was studied six minutes after ceasing U46619 infusion. At each three and six minute time period after administering or discontinuing NO during the study, we measured mean and phasic pulmonary artery pressure (PAP), left atrial pressure (LAP), systemic arterial pressure (SAP) and central venous pressure (CVP). All pressures were recorded on a Hewlett Packard multi-channel strip chart recorder with transducers zeroed to atmospheric pressure at the mid point of the thorax (e.g., see Fig. 3). Cardiac output (CO) was measured by thermal dilution as the average of two determinations injecting 5 ml of 0°C Ringers lactate. Pulmonary vascular resistance (PVR) and systemic vascular resistance (SVR) were computed by standard formulae; PVR measured at each inhaled NO concentration is shown in Fig. 4. Appropriate statistical analyses were performed, and all data were expressed as mean $\pm$ standard error.

Administration of NO to lambs with pulmonary vasoconstriction induced by hypoxia:

[0059] Five awake lambs were studied during a period of breathing a hypoxic gas mixture to induce acute hypoxic pulmonary hypertension. Three lambs were excluded due to sepsis and heart failure. Hemodynamic monitoring techniques similar to those described above were used. We employed a non-rebreathing circuit containing a 25 liter reservoir bag and the $F_{I}O_2$ was reduced to 0.06-0.08 to produce a mean PAP near 25 mm Hg at a P_aO_2 near 30 mm Hg. Either 40 or 80 ppm NO was then added to the inspired gas mixture. Total gas flows were maintained at 35 l/min to prevent rebreathing due to hyperventilation. The inspired $F_{I}O_2$ was monitored with an electrode (model 5590, Hudson Co., Temecala, CA) and pure CO_2 was added to the inspired gas to maintain the end tidal CO_2 concentration at 4.5-6%. Measurements of central hemodynamics and gas exchange were obtained at baseline, during hypoxia, and at 3 and 6 minutes of NO breathing during hypoxia. Comparisons were performed using paired t-tests.

ii. Results

[0060] Two control lambs with no drug infusion breathed 80 ppm NO at an $F_{I}O_2$ of 0.6-0.7. There was no change of mean PAP, SAP, CO or SVR in these lambs.

[0061] In eight lambs regression analyses of NO concentration during U46619 infusion vs. SVR, CO or mean SAP showed no significant change. However, all dose levels of NO inhalation produced a prompt reduction of the pulmonary vasoconstriction and pulmonary hypertension caused by U46619 infusion (Figs. 1, 2). The onset of pulmonary vasodilation occurred within seconds after beginning NO inhalation. The vasodilator effect was nearly maximal within three minutes (Fig. 3). Ceasing to inhale NO caused a return to the prior level of vasoconstriction within three to six minutes. The inhaled NO pulmonary vasodilator response curve of eight lambs is shown in Fig. 1. 5 ppm NO (an inhaled lung dose of 0.89 μ g/kg/min) significantly reduced the PA pressure, and an almost complete vasodilator response occurred by inhaling 40 or 80 ppm. After considering the minor reduction over time of baseline PAP during U46619 infusion, comparison of the vasodilator response of the second exposure to breathing 5, 10 and 20 ppm NO demonstrated no significant reduction from the prior series of exposures (Fig. 2). An additional study of four lambs inhaling 80 ppm NO for one hour during U46619 infusion demonstrated pulmonary vasodilation to a normal PAP, with pulmonary hypertension recurring after NO inhalation.

[0062] All five lambs in which acute hypoxic pulmonary hypertension had been induced demonstrated a marked increase of cardiac output. In each instance when 40 or 80 ppm of NO was added to the inspired hypoxic gas mixture, pulmonary artery pressure returned to control levels despite the maintenance of elevated cardiac output; mean PVR dropped 33% (Table 1). The P_aO_2 and P_vO_2 during hypoxia with and without NO were similar.

TABLE 1
ALTERATIONS OF HEMODYNAMICS AND GAS EXCHANGE

	CONTROL	HYPOXIA	HYPOXIA + 40-80 PPM NO
$F_{I}O_2$	0.21	0.06 - 0.08	0.06 - 0.08
P_aO_2 (mm Hg)	70.8 $\pm$ 4.4	28.2 $\pm$ 1.4*	31.1 $\pm$ 1.7*
P_vO_2 (mm Hg)	36.8 $\pm$ 2.5	16.6 $\pm$ 1.8*	19.8 $\pm$ 3.2
P_aCO_2 (mm Hg)	33.9 $\pm$ 1.4	38.6 $\pm$ 2.6	40.0 $\pm$ 2.7
pHa	7.47 $\pm$ 0.01	7.42 $\pm$ 0.03	7.40 $\pm$ 0.03
PAP (mm Hg)	16.7 $\pm$ 0.6	28.3 $\pm$ 2.2*	18.7 $\pm$ 1.1#
LAP (mm Hg)	5.2 $\pm$ 0.8	6.4 $\pm$ 0.5	4.2 $\pm$ 1.0
CO (l/min)	4.55 $\pm$ 0.13	7.08 $\pm$ 0.22*	7.56 $\pm$ 0.79*
PVR (mm Hg/l/min)	2.51 $\pm$ 0.11	3.07 $\pm$ 0.25	2.01 $\pm$ 0.35#

(continued)

ALTERATIONS OF HEMODYNAMICS AND GAS EXCHANGE

	CONTROL	HYPOXIA	HYPOXIA + 40-80 PPM NO
SAP (mm Hg)	103 ± 6	113 ± 7	106 ± 5#
CVP (mm Hg)	3.0 ± 1.3	3.5 ± 0.8	2.8 ± 1.6
SVR (mm Hg/l/min)	21.7 ± 1.4	16.2 ± 0.9*	13.7 ± 1.0*
	n=5, mean ± S.E.		
	* p<.01 value differs from control		
	# p<.01 NO+hypoxia value differs from hypoxia		

iii. Further Experiments

[0063] Fig. 5 illustrates the ability of 180 ppm inhaled NO to prevent the elevated PAP and PVR caused by the heparin-protamine reaction in nine awake sheep as compared to control air-breathing sheep. The heparin-protamine reaction was induced in these nine sheep by first administering heparin (200 U/kg; Elkins-Sinn, Cherry Hill, NJ) followed five minutes later (at time zero) by protamine (2 mg/kg; Elkins-Sinn). Each of these sheep also served as a control. Six additional sheep were given an intravenous infusion of sodium nitroprusside (40 µg/kg/min body weight; Elkins-Sinn) while breathing air (data not shown). The 180 ppm NO inhaled dose proved capable of lowering the heparin-protamine-induced PAP in this sheep model to a degree comparable to 40 µg/kg/min SNP infusion, and without the latter drug's propensity to cause marked systemic hypotension.

[0064] Lungs from three lambs which had breathed 80 ppm NO for 180 min were studied by light microscopy for evidence of morphological changes caused by breathing NO. No significant differences between these lungs and control lungs were observed.

B. Protocol for administration of gaseous NO to infants with Persistent Pulmonary Hypertension of the Newborn

[0065] The following is a description of an approved experimental protocol for the administration of NO to newborns at Massachusetts General Hospital.

Selection of participants:

[0066] Ten patients with persistent pulmonary hypertension of the newborn (PPHN) will be enrolled in the study.

a. Inclusion criteria

- infants under 1 week of age
- infants with arterial blood sampling sites in the pre- and post-ductal distribution
- infants requiring mechanical ventilatory support
- respiratory failure as defined by criteria of Short, Clin. Perinatol. 14:737-748, 1987
- infants may be receiving infusions of systemic vasodilators and/or buffers (bicarbonate)

b. Exclusion criteria

- prematurity as defined by a gestational age <37 weeks by examination, maternal-fetal ultrasound and dates
- birth weight <2500 g
- pulmonary hypoplasia as suggested by a history of oligohydramnios, congenital diaphragmatic hernia, congenital scoliosis, or features consistent with asphyxiating thoracic dystrophy
- unevacuated pneumothorax despite chest tube
- pneumopericardium or pneumomediastinum with hypotension
- fixed anatomic cardiac and vascular lesions (excluding isolated patent ductus arteriosus and patent foramen ovale)
- active pulmonary hemorrhage or platelet count <50,000/mm³
- cranial ultrasound within 24 hours of study entry providing evidence of intracranial hemorrhage
- hyperviscosity as defined by a venous hematocrit ≥70% within 24 hours of birth
- sepsis, as defined by positive blood cultures for pathogenic organisms
- those who do not have informed consent from a parent or legal guardian

Study procedure:

[0067] Selected patients will be maintained in a supine position and will receive 3 µg/kg fentanyl for sedation, and 0.1mg/kg pancuronium bromide for muscle relaxation (unless so treated within the previous hour). The infant will be transported to the catheterization suite accompanied by an attending pediatric anesthesiologist, where a flow directed pulmonary artery catheter will be placed percutaneously via a femoral vein under local anesthesia. The catheter will directly measure pulmonary artery pressure in order to accurately assess the degree of pulmonary hypertension and vasodilatory response to NO inhalation. Upon return to the Neonatal ICU, the F_iO_2 will be adjusted to 0.90. The patient will be allowed to equilibrate during this control phase for 20 minutes after all necessary nursing and medical interventions have ceased. If improvement, as defined below, has not occurred, an arterial blood sample will be obtained from a post-ductal site. NO in nitrogen will then be introduced into the breathing circuit by continuous flow. A one way valve will prevent back flow of oxygen into the NO tank. The same F_iO_2 (0.90) and flow rate will be maintained. The initial concentration of inspired NO will be 20 ppm. Improvement will be defined as a $P_aO_2 > 100$ mm Hg and a $A-aDO_2$ of <570 mm Hg (post-ductal sample). If no change is noted the concentration of inhaled NO will be increased to 40 ppm at a constant F_iO_2 and flow rate. A post-ductal arterial blood gas will again be measured. If the same criteria are again not met, the NO concentration will be increased to 80 ppm and a third arterial blood gas sampled. The breathing period for each concentration of NO will last 10 minutes.

[0068] Following termination of the treatment period, blood will again be obtained for arterial blood gas analysis. Samples will also be taken before and after NO exposure for analysis of methemoglobin and hemoglobin levels and reticulocyte count. A blood smear will be examined for evidence of Heinz bodies. These will be repeated 24 hours after treatment to assess any changes associated with NO breathing. The total volume of blood sampled will be less than 5 ml.

Statistical methodology:

[0069] Data will be assessed with an analysis of variance with repeated measures of unequal group sizes. Winer, "Single factor experiments having repeated measures on the same elements", in Statistical Principles in Experimental Design, 2d Ed., NY, McGraw-Hill, (1971), pp. 261-308. Post hoc testing will be with a Mann-Whitney U. Significance will be judged at the 5% level.

C. Results of administering NO to infants with persistent pulmonary hypertension of the newborn (PPHN)

[0070] First subject. Through compassionate use, nitric oxide was administered to an infant suffering from persistent pulmonary hypertension and congenital heart disease. As a result of prolonged ventilation, absence of a preductal arterial blood sampling site, and the existence of the atrial-ventricular (AV) canal, the patient was not included in the PPHN study mentioned above.

[0071] The patient was a 3225 gm, full term male who had been treated with extracorporeal membrane oxygenation (ECMO) because of the severity of his congenital heart disease and profound hypoxemia. He had been taken off ECMO and was being maintained intubated and ventilated in the newborn intensive care unit. He subsequently became progressively hypoxemic, as reflected in his post-ductal pulse oximetry (POX) values. By the time he was taken to the catheterization laboratory to confirm the existence of the A-V canal and to determine if some emergent cardiac surgery was needed, he was receiving maximal medical and ventilatory life support and remained dangerously hypoxemic. Under these circumstances, we were granted consent to treat the patient with nitric oxide.

[0072] Upon arrival to the catheterization laboratory, the patient was extremely cyanotic. He was treated with fentanyl, oxygen, hyperventilation and intravenous fluid boluses to stabilize him prior to administering NO. As shown in Table 2, the catheterization revealed severe pulmonary hypertension and an A-V canal. The shunting did not appear to correct with treatment with oxygen or hyperventilation.

TABLE 2
HEMODYNAMICS AND BLOOD GAS VALUES FOR NO INHALATION TREATMENT OF INFANT WITH PPHN

OFF	ARRIVAL	F_iO_2 1.0	F_iO_2 0.9	NO 20 ppm	NO 40 ppm	NO 80 ppm	OFF #1	NO 80 ppm
#2								
<u>O₂ SAT (%)</u>								
RA	23	61	67	67	72	74	14	-
PA	28	69	72	70	74	75	17	-

(continued)

HEMODYNAMICS AND BLOOD GAS VALUES FOR NO INHALATION TREATMENT OF INFANT WITH PPHN

5	POSTDUCTAL ART 19	63	74	84	85	74	88	28	85
10	POX 24		89	91	91	93	94	21	90
15	<u>POSTOUCTAL</u> <u>ARTERIAL</u> <u>PO₂ (mmHg):</u> ART 16	30	43	48	46	50	51	21	48
20	<u>MEAN</u> <u>PRESSURE</u> <u>(mmHg)</u> RA 5	6 -	4 -	4	5	4			
25	PA 53 -	57 -	52 -	47	50	52			
30	ART 47 -	52 -	50 -	45	45	43			
POX = pulse oximeter									

[0073] We utilized a regulator to step-down the pressure of the NO into a blender, which allowed us to adjust the relative amounts of the 800 ppm NO/N₂ and 100% N₂ supplies. Treating the patient with pure oxygen, we increased the flow of N₂ through a flow regulator into the inspiratory circuit of the breathing circuit of the breathing circuit until the F_IO₂ was 0.9. The effects are shown in Table 2. This provided a 1:10 dilution of the nitrogen gas. We then used the blender to adjust the relative amounts of N₂ and NO/NO₂ to provide 0 to 80 ppm of NO.

[0074] The data in Table 2 demonstrate that exposure to NO had no adverse effect on systemic blood pressure ("Mean Pressure-Art"), while inducing a modest increase in arterial saturation, pulse oximetry values, and arterial partial pressure of oxygen. This may reflect a stabilizing effect of the gas during this period. After the nitric oxide was discontinued and the central catheters were removed, the arterial saturation and oxygen gas tension precipitously dropped. The RA and PA values could not be determined, as the catheters had been removed. As other attempts to resuscitate the patient were failing, the nitric oxide was restarted in an attempt to improve the baby's condition. It succeeded in improving the oxygen saturation and blood gas tension. In a subsequent attempt to wean the patient off nitric oxide, again the patient's oxygenation level deteriorated to dangerously low levels. The patient was maintained on nitric oxide and returned to the newborn intensive care unit.

[0075] While in the intensive care unit, prostaglandin E1 was infused into the patient in an attempt to dilate the pulmonary vasculature. Despite a standard dosage of prostaglandin, nitric oxide could not be discontinued without the return of dangerously low oxygen saturations. The patient remained on nitric oxide until he could be placed on ECMO. This trial demonstrated the utility of nitric oxide in improving gas exchange in this patient with pulmonary hypertension and congenital heart disease. Subsequent subjects. Two more infants with PPHN have been treated by NO inhalation. Both had an excellent response to breathing NO at 20-80 ppm, showing increases in preductal oxygenation, and both survived longterm. One of the infants showed such rapid improvement with NO inhalation alone that ECMO was altogether avoided.

D. Results of administering NO to adults with Adult Respiratory Distress Syndrome

[0076] First subject. The patient, a 42-year old woman, had suffered for three weeks from adult respiratory distress syndrome (ARDS) due to aspiration pneumonia. There was diffuse pulmonary edema and a large Q_{VA}/Q_T (30%). After 21 days of venovenous extracorporeal membrane oxygenator support (3 liters/min blood flow), the mean PAP was 55 mm Hg.

[0077] The short term effects of inhaled nitric oxide were compared with those of i.v. prostacyclin (PGI_2 ; 5ng/kg/min). Mean pulmonary arterial pressure (PAP), right ventricular ejection fraction (RVEF) and gas exchange variables were evaluated. RVEF was assessed by thermodilution, and gas exchange alterations were analyzed using the multiple inert gas elimination technique (MIGET). MIGET and RVEF data were obtained on two different occasions. Ventilator settings were tidal volume 6 ml/kg, respiratory rate 14/min, $F_{I}O_2$ 0.4-0.48 and 5 cm H_2O of PEEP (positive end expiratory pressure).

TABLE 3
HEMODYNAMIC RESULTS OF TREATMENT OF ADULT WITH PULMONARY HYPERTENSION

	PGI2	Control	NO 18ppm	NO 36ppm	Control
#1 PAP(mm Mg)	46	54	42	37	49
PCWP(mm Mg)	12	15	15	15	14
MAP(mm Mg)	81	86	78	75	80
PaO ₃ (torr)	76	104	146	127	100
O _A /O _T %	57	38	26	33	30
low v _D /O%	0	2	1	0	0
v _D /v _T %	51	47	43	40	41
#2 PAP(am Mg)	42	52	38	36	50
PCWP(mm Mg)	14	14	14	12	14
MAP(mm Mg)	86	91	88	86	88
PaO ₃ (torr)	81	84	127	113	90
RVEF%	42	27	36	39	28

[0078] As illustrated in Fig. 6 and in Table 3, inhaled NO lowered PAP and improved RVEF as did i.v. PGI_2 , but, in contrast to PGI_2 , NO increased PaO₂ and decreased right-to-left shunt and v_D/v_T. Inhalation of 18 ppm NO in oxygen caused a reduction of mean PAP to 38-42 mm Hg (a decrease of 12-14 mm Hg) and reduced the PVR by 44%, the wedge pressure remaining constant near 15 mm Hg and the cardiac output near 7 liters/min and unchanged. There was a small additional vasodilation (2-5 mm Hg) caused by increasing the NO concentration to 36 ppm. Vasodilation with NO was sustained for about 1 1/2 hours, when administration was electively ceased. During NO inhalation, the Q_{VA}/Q_T , measured with sulphur hexafluoride, decreased from 38% to 26% (18 ppm NO) and 33% (36 ppm NO). There was no change of systemic arterial pressure with inhaled NO: unlike the systemic vasodilator PGI_2 , which increased Q_{VA}/Q_T to 57%, inhaled NO predominantly vasodilates the vasculature of ventilated lung regions. This trial is a clear demonstration of the selective ability of low levels (18-36 ppm) of inhaled NO to act as a potent pulmonary vasodilator in a patient with severe acute lung injury (ARDS), without increasing the shunt.

Subsequent subjects. Nine additional patients have been treated for ARDS by NO inhalation, for periods up to 28 days. Seven survived in spite of their severe respiratory distress symptoms, displaying marked reductions of Q_{VA}/Q_T during NO breathing, as well as a reduced PAP. No important increase of methemoglobin levels was observed. These results indicated that NO inhalation for up to several weeks is a promising therapy for acute respiratory failure.

E. Results of administering NO to humans with normal (non-constricted) and hypoxic (constricted) lungs

[0079] The effects of breathing 40 ppm NO were studied in five awake, healthy human volunteer subjects inhaling various gas mixtures for 10 min periods, with measurements starting at 6 min. Table 4 shows that in subjects breathing air with a normal (21% v/v) O₂ concentration, and whose lungs therefore were not vasoconstricted, NO has no pulmonary or systemic vasodilatory effect.

TABLE 4
EFFECTS OF 40 PPM NO ON THE NON-CONSTRICTED HUMAN LONG

		Air (21% O ₂) + 40 ppm NO	Air (21%O ₂)	Air (21% O ₂)
PAP	MmHg	13.7±1.7	14.0±1.8	15.4±2.8
PCWP	mmHg	9.1±1.7	10.1±2.5	9.9±2.2
CO	l/min	6.40±0.92	6.40±0.88	6.95±1.18
PVR	mmHg·min/l	0.72	0.61	0.79
MAP	mmHg	87.4±6.0	88.0±3.7	90.2±5.4
CVP	mmHG	5.7±1.4	6.3±1.7	6.1±1.6
PaO ₂	mmHg	99.6±7.5	94.7±16.3	95.3±14.5
PaCO ₂	mmHg	38±6	38±5	39±4
SaO ₂	%	97.6±0.4	96.0±1.0	97.1±1.2

Values given as X±S.D. n=5

[0080] In contrast, the same subjects breathing a relatively low level of oxygen (12% v/v) exhibited hypoxia-induced pulmonary vasoconstriction with elevated PAP and PVR, an effect that could be reversed completely by adding 40 ppm NO to the inhaled gas mixture (Table 5).

TABLE 5
EFFECTS OF 40 PPM NO ON THE HYPOXIC, VASCONSTRICTED HUMAN LUNG

		Air (21% O ₂)	12% O ₂ - 40 ppm NO	12% O ₂	Air (21% O ₂)
PAP	mmHg	14.3±2.3	19.1±2.6#	13.7±1.7*	15.7±2.2
PCWP	mmHg	8.8±1.9	8.5±1.3	8.5±2.2	9.2±1.6
CO	l/min	6.65±0.95	8.66±1.87	8.37±1.68	8.5±1.9
PVR	mmHg*min/l	0.83	1.22	0.62	0.76
MAP	mmHg	88.8±6.9	89.4±8.4	86.0±5.7	84.4±7.6
CVP	mmHg	5.9±3.0	5.6±2.2	5.2±2.6	5.0±1.9
PaO ₂	mmHg	99±14	47±5	45±5	45±8
PaCO ₂	mmHg	40±4	35±3	34±5	33±6
SaO ₂	%	97.5±1.0	85.4±3.4	83.9±5.7	82.6±11

n=5, x±5.0. # p<0.01 value differs from value in first column

* p<0.01 value differs from the previous situation

2. AIRWAY SMOOTH MUSCLE DILATION

A. Methods

Animal preparation

[0081] Male Hartley strain guinea pigs (300-440g body wt) were anesthetized with α -chloralose (50 mg/kg) and urethane (500 mg/kg) (Drazen et al., J. Appl. Physiol. 48:613-618, 1980). A tracheostomy was performed, and the animals were intubated with a tubing adaptor (ID 1.65 mm) and ventilated with a small animal ventilator (Harvard Apparatus, a division of Ealing Scientific, Natick, MA) at 8 ml/kg and 60 breaths/min. A jugular vein was cannulated for intravenous administration of drugs. The chest was opened by bilateral excision of a portion of the ribs anteriorly so that the lungs were exposed to atmospheric pressure (Shore and Drazen, J. Appl. Physiol. 67:2504-2511, 1989). A positive end expiratory pressure of 3-4 cmH₂O was provided.

Material

[0082] Guinea pigs were then placed inside a plethysmograph (Amdur and Mead, Am. J. Physiol. 192:363-368, 1958),

that was connected to a large reservoir containing copper mesh to maintain the plethysmograph isothermal. Plethysmograph pressure was measured with a differential pressure transducer (Celesco, Canoga Park, CA); the opposite side of this transducer was connected to a similar reservoir. Pressure at the airway opening was measured from a side tap in the tracheal canula. Transpulmonary pressure was measured with a differential pressure transducer (Celesco) as the difference between airway opening pressure and the pressure inside the plethysmograph. Flow was obtained by electrical differentiation of the volume (plethysmograph pressure) signal. Tidal volume was measured by recording the pressure changes in the body plethysmograph. Volume, flow, and transpulmonary pressure signals were recorded on a strip chart (General Scanning, Watertown, MA). Pulmonary resistance and dynamic compliance were calculated by a computer program according to the method of von Neergard and Wirz (Z. Klin. Med. 105:35-50, 1927; Z. Klin. Med. 105:52-82, 1927).

[0083] The apparatus and conditions used are diagrammed in Fig. 7. The inspired gas was a precise mixture of nitrogen and oxygen blended via a Y piece tube and immediately diluted with nitric oxide (NO) to produce the correct inspired concentration in a 5 liter gas mixture bag. With volumetrically calibrated flowmeters, varying quantities of NO mixed with N₂ were substituted for pure N₂ to obtain the desired NO concentration at an inspired oxygen concentration (FIO₂) of 0.30-0.32. The total inflow gas rate was maintained at 2.5 l/min. The gas mixture was then sent via a 3 cm ID tube filled with 90 ml of soda lime to scavenge nitrogen dioxide (Stavert and Lehnert, Inhal. Toxicol. 2:53-67, 1990), then through a filter before the ventilator. Just after the ventilator inflow tube, a vacuum was adjusted to maintain the gas mixture bag nearly empty and continuously drive fresh gas into the ventilator circuit. The expiratory gas from the ventilator was scavenged with a vacuum and set up to maintain a positive end expiratory pressure of 3-4 cm H₂O. NO was obtained from Air Products and Chemicals, Inc. (Allentown, Penn) as a mixture of 1,034 ppm NO in pure nitrogen. A chemiluminescence NO/NO_x analysis (Fontijn et al., Anal. Chem. 42:575-579, 1970) was performed before and after the soda lime filled tube, and just before the inspiratory valve of the ventilator (see Fig. 7) to assess the nitrogen dioxide concentration and adjust the flowmeters to provide the different levels of NO concentration.

Protocol

[0084] Twenty-four guinea pigs were studied. Three series of studies were completed on three separate groups of animals.

Group A

[0085] Nine guinea pigs were included in 3 sets of measurements.

i. NO effects on normal bronchial tone. After baseline measurements of tidal volume, lung resistance and dynamic compliance, the effects on baseline bronchial tone of inhaling 300 ppm NO at FIO₂ 0.30-0.32 for 6 to 10 minutes were evaluated (Fig. 8).

ii. Dose-response study of intermittent NO inhalation during methacholine infusion. After baseline measurements, the same guinea pigs were given an intravenous infusion of a potent bronchoconstrictor, methacholine, at a rate of 2.5-7.5 µg/kg/min in order to reach a medium level of bronchoconstriction (3 to 4 fold the baseline lung resistance). After a stable period, each animal was ventilated with a series of gas mixtures of 5, 10, 25, 50, 100 and 300 ppm NO for 10 minutes at constant FIO₂ (0.30-0.32). After each level of NO exposure, lungs were inflated to total capacity to minimize the effects of airway closure. A second exposure to 10 and 50 ppm NO for 10 minutes was performed, and each guinea pig was examined for the occurrence of acute tolerance. After the last level of NO ventilation, methacholine infusion was stopped and measurements done after a stable period of lung mechanics to obtain the reference point for the dose-response study. Only then were the lungs inflated to total lung capacity to reach a stable new baseline value (see Figs. 9-12).

iii. Study of tolerance to 1 hour of NO inhalation during methacholine infusion. Guinea pigs were given an infusion of methacholine to raise bronchial tone 3 to 4 fold, after which the animals were ventilated with a 100 ppm NO gas mixture for 1 hour at FIO₂ 0.30-0.32. Repeated airway measurements were obtained every 5 minutes and then 5 and 10 minutes after ceasing NO inhalation. Methacholine infusion was then discontinued and repeated measurements were obtained after a stable period of lung ventilation, and once again after lung inflation to total lung capacity. Methemoglobin levels were measured (Zwart et al., Clin Chem 27:1903-1907, 1981) at the time of the surgical procedure and again after the tolerance study (Fig. 13).

Group B.

[0086] Ten guinea pigs were included in 2 sets of experiments.

i. Study of tolerance of 80 minutes of methacholine infusion alone. To evaluate the stability of this bronchoconstrictor

model, guinea pigs were given an infusion of methacholine at a rate of 2.5-7.5 $\mu\text{g/kg/min}$ to reach the same level of bronchoconstriction as in the 1 hour NO inhalation study (see Fig. 13). Animals were ventilated with an oxygen/nitrogen gas mixture at constant FIO_2 (0.30-0.32). Repeated measurements were obtained every 5 minutes. At 10 and 70 minutes, flowmeters were adjusted to simulate NO ventilation. Methacholine infusion was then discontinued. Repeated measurements were obtained after a stable period of lung mechanics, and once again after lung inflation to total lung capacity.

ii. Study of co-regulation of airway smooth muscle tone by cyclic-AMP- and cyclic-GMP-dependent mechanisms. After baseline measurements, 5 guinea pigs were given a methacholine infusion to raise their lung resistance to the medium level of bronchoconstriction. The guinea pigs received first a terbutaline aerosol followed 10 minutes later by a 100 ppm NO inhalation for 6 minutes, while maintaining a constant FIO_2 (0.30-0.32). The terbutaline aerosol was given as follows: 4 ml of a 40 $\mu\text{g/ml}$ terbutaline solution was placed in the reservoir of a nebulizer (Respigard II) and driven by 4 l/min air. The nebulizer was connected via a stopcock to the Y piece of the ventilator circuit and to a tube immersed in 3-4 cm water. At the time of the nebulization, the ventilator was disconnected so that the nebulizer circuit was connected to the airway and 20 nebulized breaths of terbutaline at the same tidal volume were given. Then the ventilator was reconnected, and the nebulizer disconnected. At the end of the study, methacholine infusion was discontinued until stable lung mechanics had returned, and then the lungs were inflated to total lung capacity to reach a final baseline value. Repeated respiratory mechanics measurements were obtained and every 2 minutes during the NO and terbutaline periods (Figs. 14 and 15).

Group C:

[0087] Study of S-nitroso-N-acetylpenicillamine (SNAP) during methacholine bronchoconstriction. SNAP was prepared according to the method described in Field et al., J. Chem. Soc. Chem. Comm. (1978), 249-250, and was stored as crystals at 0°C for up to 120 days without detectable degradation (as assayed by absorbance at 595 nm).

[0088] After obtaining baseline respiratory measurements, 5 guinea pigs were given a methacholine infusion to raise their lung resistance to a medium level of bronchoconstriction. After two minutes, each guinea pig received a SNAP aerosol. The SNAP aerosol was given as follows: 200 mM of SNAP dissolved in an ethanol/water mixture (4 ml) was placed in the reservoir of a nebulizer (Respigard II) and driven by 4 l/min air. The nebulizer was connected via a stopcock to the Y piece of the ventilator circuit and to a tube immersed in 4 cm water. At the time of nebulization, the ventilator was disconnected so the nebulizer circuit was connected to the airway and 20 nebulized breaths of SNAP at the same tidal volume were given. Then the ventilator was reconnected and the nebulizer disconnected. At the end of the study (15 minutes) the methacholine infusion was discontinued until stable lung mechanics had returned; then the lungs were inflated to total lung capacity to reach a final baseline value. Repeated respiratory mechanics measurements were obtained every two minutes (Fig. 16).

B. Results

[0089] Inhalation of nitric oxide-containing gas mixtures produced a consistent, rapid and profound reduction of lung resistance and an increase of lung compliance (Figs. 9-12). Onset of dilation was rapid, beginning within a few seconds after inhalation. Nitric oxide inhalation reversed the profound bronchoconstriction caused by methacholine infusion, but also decreased the baseline bronchomotor tone of the anesthetized guinea pig without a methacholine infusion (Fig. 8). Nitric oxide inhalation produced bronchodilation at very low doses (5 ppm), although a greater and more rapid reduction of airway resistance was obtained at 100 or 300 ppm NO (Figs. 10, 11 and 12). Complete reversal of methacholine bronchoconstriction occurred at 300 ppm NO. There was no tolerance produced by NO breathing, since breathing 100 ppm NO effectively and stably reduced the airway resistance for one hour (Fig. 13). Methemoglobin levels remained below 5% after one hour of breathing 100 ppm NO. This model of producing airway constriction by methacholine infusion produced stably increasing levels of airway resistance for up to one hour (see Fig. 13), establishing the reliability and reproducibility of the above-described studies on the efficacy of NO as a bronchodilator.

[0090] During a methacholine infusion, the bronchodilating effects of NO are additive with the effects of inhaling a commonly nebulized bronchodilator, the β_2 agonist, terbutaline (Fig. 14). We have observed this additive bronchodilating effect to occur whether NO gas is administered before (Fig. 14) or after (Fig. 15) terbutaline. SNAP, a nitric oxide donor molecule, was nebulized for 20 breaths into the airways of 5 methacholine-bronchoconstricted guinea pigs. In each animal a prompt and profound reduction of lung resistance was produced which lasted about 15 minutes (Fig. 16). Thus, inhalation of NO donor compounds can also produce bronchodilation.

[0091] Other embodiments of the invention are within the following claims.

Claims

- 5 1. An apparatus for introducing NO gas into the respiratory system of a mammal, comprising a source of pressurized NO-containing gas; a source of pressurized O₂-containing gas, preferably 100% O₂; a gas blender ; means for controllably releasing said gases simultaneously from said sources into said blender, thereby continuously forming a gas mixture; and a tube having a lumen in communication with said blender, said tube being configured to route said gas mixture into the respiratory system of a mammal.
- 10 2. Apparatus according to Claim 1, wherein said tube comprises a nitrogen dioxide (NO₂) scavenger.
- 15 3. Apparatus according to Claim 1, wherein said tube comprises an NO₂ analyzer.
- 20 4. Apparatus according to Claim 1, wherein said NO in said source of pressurized NO is diluted in an inert gas, preferably N₂.
- 25 5. Apparatus according to Claim 1, wherein said tube comprises a mask configured to route said gas mixture into the respiratory system of a mammal.
- 30 6. An apparatus for introducing NO gas into the respiratory system of a mammal, comprising a source of pressurised NO-containing gas, a source of pressurized O₂-containing gas; a gas reservoir; means for controllably releasing said gases into said reservoir to form a gas mixture therewithin; a tube having a lumen in communication with said reservoir, said tube being configured to route said gas mixture into the respiratory system of a mammal; and a flowmeter, the setting on which is such that the residence half time of NO in said reservoir during use by said mammal is 15 seconds or less,
- 35 7. An apparatus for introducing NO gas into the respiratory system of a patient, comprising: a source of pressurized NO gas, preferably NO diluted in an inert gas, preferably N₂; an enclosure, preferably a mask or a tent, suitable for providing an ambient atmosphere from which said patient can inhale; means for charging said atmosphere with NO from said source; and means for causing said atmosphere to have a high gas turnover rate.
- 40 8. An apparatus for introducing NO gas into the respiratory system of a patient, comprising: a source of pressurized NO gas, preferably NO diluted in an inert gas, preferably N₂; a ventilator comprising a ventilation circuit; and means for controllably releasing gas from said source into said ventilation circuit.
- 45 9. Apparatus according to Claim 8, wherein said ventilation circuit comprises an NO₂ scavenger.
- 50 10. Apparatus according to Claim 8, wherein said ventilation circuit comprises an NO₂ analyzer.
- 55 11. Apparatus for introducing NO gas into the respiratory system of a mammal, comprising: a source of pressurized NO gas, preferably NO diluted in an inert gas, preferably N₂; a source of pressurized O₂-containing gas, preferably 100% O₂; a housing equipped with a flowmeter, and means for controllably releasing said gases from said sources into said housing to form a gas mixture; said housing being configured to route said gas mixture into the respiratory system of said mammal.
12. Apparatus according to Claim 11, wherein said housing comprises an NO₂ scavenger.
13. Apparatus according to Claim 11, wherein said housing comprises an NO₂ analyzer.
14. Apparatus according to Claim 11, wherein said housing comprises a mask configured to route said gas mixture into the respiratory system of a mammal.
15. A gaseous mixture consisting of nitric oxide and an inert gas, preferably N₂, for use in a method of treating bronchoconstriction in a mammal, wherein said mixture is mixed with a continuous flow of an oxygen containing gas to give an inhalable mixture.
16. A gaseous mixture consisting of nitric oxide and an inert gas, preferably N₂, for use in a method of treating bronchoconstriction in a mammal, wherein said mixture is mixed with an oxygen containing gas in a continuous flow to give an inhalable mixture.

17. A gaseous mixture containing nitric oxide, oxygen and less than 1 ppm NO₂, for use in therapy.
18. The gaseous mixture of claim 15 or 16 for the use specified therein, wherein the inhalable mixture contains nitric oxide in an amount of at least 1 ppm, preferably at least 5 ppm, 20 ppm or 40 ppm, and most preferably at least 80 or 100 ppm, but preferably not exceeding 180 ppm.
19. The gaseous mixture of claim 18 for the use specified therein, wherein the inhalable mixture consists of NO, N₂ and oxygen and less than 1 ppm NO₂.
20. The gaseous mixture of claim 17 for the use specified therein, wherein the gaseous mixture contains nitric oxide in an amount of at least 1 ppm, preferably at least 5 ppm, 20 ppm or 40 ppm, and most preferably at least 80 or 100 ppm, but preferably not exceeding 180 ppm.
21. The gaseous mixture of claim 17 or 20 for the use specified therein, wherein the gaseous mixture consists of NO, N₂ and oxygen and less than 1 ppm NO₂.
22. Use of gaseous nitric oxide (NO) or a gaseous mixture consisting of nitric oxide and an inert gas, preferably N₂, for the production of an inhalable medicament for treating or preventing bronchoconstriction in a mammal.
23. Use of a gaseous mixture consisting of NO and an inert gas (preferably N₂) for the production of an inhalable medicament for treating or preventing bronchoconstriction or reversible pulmonary vasoconstriction: in a mammal, wherein the inhalable medicament is prepared by mixing the gaseous mixture with a continuous flow of an oxygen containing gas.
24. Use of a gaseous mixture consisting of NO and an inert gas (preferably N₂) for the production of an inhalable medicament for treating or preventing bronchoconstriction or reversible pulmonary vasoconstriction in a mammal, wherein the inhalable medicament is prepared by mixing the gaseous mixture with an oxygen containing gas in a continuous flow.
25. Use of a nitric oxide-releasing compound for the production of a medicament for treating or preventing bronchoconstriction in a human.
26. The use according to claim 25, wherein the bronchoconstriction is associated with asthma.
27. The use according to any one of claims 25 or 26, wherein said compound is inhaled in an aerosolized form.
28. The use according to claim 27, wherein said aerosolized form comprises droplets less than 10 μm in diameter, said droplets comprising said compound in a suitable biologically-compatible liquid carrier.
29. The use according to claim 25 or 26, wherein said compound is inhaled in powder form comprising particles less than 10 μm in diameter.
30. The use according to any one of claims 25 to 29, wherein inhalation of the nitric oxide-releasing compound is preceded or accompanied by inhalation of a therapeutically-effective amount of gaseous nitric oxide.
31. Use of NO or a nitric oxide-releasing compound for the production of a medicament for improving gas exchange in the lungs of a mammal.
32. The use according to claim 25 or 31, further comprising identifying a mammal, in particular a human, in need of such treatment or prevention; or such improved gas exchange.
33. The use according to any one of claims 25 to 32, wherein said compound is selected from the group consisting of S-nitroso-N-acetylpenicillamine, S-nitrosocysteine, nitrosoguanidine, glyceryl trinitrate, isoamyl nitrite, inorganic nitrite, azide, and hydroxylamine.
34. The use according to any one of claims 31 to 33 wherein said nitric oxide-releasing compound is inhaled by such mammal in a gas comprising at least 1 ppm gaseous nitric oxide.

35. A mixture comprising a therapeutically-effective amount of gaseous nitric oxide and a pharmacoactive compound in the form of a liquid or solid suspended in the gas.
36. The mixture according to claim 35 for use as a medicament, in particular as an inhalable medicament.
37. The mixture according to claim 35, or the mixture according to claim 36 for the use specified therein, wherein said compound is in the form of a liquid aerosolized in said gas.
38. The mixture according to claim 35, or the mixture according to claim 36 for the use specified therein, wherein said compound is in the form of a powder suspended in said gas.
39. The mixture according to claim 35, or the mixture according to claim 36 for the use specified therein, wherein said pharmacoactive compound is selected from the group consisting of a bronchodilator, a surfactant and an antimicrobial drug.
40. Use of an oxygen-containing gas mixture comprising NO at a therapeutically-effective concentration and containing less than 1 ppm NO₂, for the preparation of a medicament for the treatment or prevention of bronchoconstriction or for the treatment or prevention of reversible pulmonary vasoconstriction in a mammal.
41. The use of claim 40 wherein the treatment or prevention of bronchoconstriction or the treatment or prevention of reversible pulmonary vasoconstriction is by a method which comprises inhaling by a mammal in need of said treatment or prevention a therapeutically-effective amount of said oxygen-containing gas mixture.
42. The use according to claim 41, wherein prior to said inhalation step, said medicament's NO₂ concentration is monitored.
43. The use according to claim 40, wherein said pulmonary vasoconstriction is acute pulmonary vasoconstriction.
44. The gaseous mixture according to any one of claims 15 to 21 for the use specified therein, or the use according to any one of claims 22 to 34 and 40 to 43, wherein the mammal is a human.
45. Use of the apparatus according to any one of claims 1 to 14 for the preparation of a gaseous mixture containing NO.
46. The use of claim 45, wherein the gaseous mixture is as defined in any one of claims 17, 20, and 21.
47. A method of providing an inhalable medicament by mixing NO with a continuous flow of an oxygen-containing gas.
48. A method of providing an inhalable medicament by mixing NO with an oxygen-containing gas in a continuous flow.
49. A method according to claim 47 or 48, wherein said mixing occurs in a ventilation circuit.

Patentansprüche

1. Vorrichtung zum Einleiten von NO-Gas in das Atmungssystem eines Säugetiers, die umfasst: eine Quelle für NO-haltiges Druckgas, eine Quelle für O₂-haltiges Druckgas, vorzugsweise 100 % O₂, einen Gasmischer, ein Mittel zur kontrollierbaren Abgabe besagter Gase gleichzeitig aus besagten Quellen in besagten Mischer, wobei kontinuierlich ein Gasgemisch gebildet wird, und einen Schlauch mit einem Lumen in Verbindung mit besagtem Mischer, wobei besagter Schlauch so konfiguriert ist, dass er besagtes Gasgemisch in das Atmungssystem eines Säugetiers leitet.
2. Vorrichtung nach Anspruch 1, wobei besagter Schlauch einen Stickstoffdioxid (NO₂)-Scavenger umfasst.
3. Vorrichtung nach Anspruch 1, wobei besagter Schlauch einen NO₂-Analysator umfasst.
4. Vorrichtung nach Anspruch 1, wobei besagtes NO in besagter Quelle für unter Druck gesetztes NO in einem inerten Gas, vorzugsweise N₂, verdünnt wird.
5. Vorrichtung nach Anspruch 1, wobei besagter Schlauch eine Maske umfasst, die so konfiguriert ist, dass sie besagtes

Gasgemisch in das Atmungssystem eines Säugetiers leitet.

6. Vorrichtung zum Einleiten von NO-Gas in das Atmungssystem eines Säugetiers, umfassend: eine Quelle für NO-haltiges Druckgas, eine Quelle für O₂-haltiges Druckgas, einen Gasbehälter, ein Mittel zur kontrollierbaren Abgabe besagter Gase in besagten Behälter, um darin ein Gasgemisch zu bilden, einen Schlauch mit einem Lumen in Verbindung mit besagtem Behälter, wobei besagter Schlauch so konfiguriert ist, dass er besagtes Gasgemisch in das Atmungssystem eines Säugetiers leitet, und einen Durchflussmesser, der so eingestellt ist, dass die Verweilhalbzzeit des NO in besagtem Behälter während des Gebrauchs durch besagtes Säugetier 15 Sekunden oder weniger beträgt.
7. Vorrichtung zum Einleiten von NO-Gas in das Atmungssystem eines Patienten, die umfasst: eine Quelle für NO-Druckgas, vorzugsweise in einem inerten Gas, vorzugsweise N₂, verdünntes NO, eine Umschließung, vorzugsweise eine Maske oder ein Zelt, die geeignet ist, eine Umgebungsatmosphäre bereitzustellen, in der besagter Patient inhalieren kann, ein Mittel zum Füllen besagter Atmosphäre mit NO aus besagter Quelle und ein Mittel, das dafür sorgt, dass besagte Atmosphäre eine hohe Gasumsatzrate besitzt.
8. Vorrichtung zum Einleiten von NO-Gas in das Atmungssystem eines Patienten, die umfasst: eine Quelle für NO-Druckgas, vorzugsweise in einem inerten Gas, vorzugsweise N₂, verdünntes NO, einen Ventilator, der einen Ventilationskreislauf umfasst, und ein Mittel zur kontrollierbaren Abgabe von Gas aus besagter Quelle in besagten Ventilationskreislauf.
9. Vorrichtung nach Anspruch 8, wobei besagter Ventilationskreislauf einen NO₂-Scavenger umfasst.
10. Vorrichtung nach Anspruch 8, wobei besagter Ventilationskreislauf einen NO₂-Analysator umfasst.
11. Vorrichtung zum Einleiten von NO-Gas in das Atmungssystem eines Säugetiers, die umfasst: eine Quelle für NO-Druckgas, vorzugsweise in einem inerten Gas, vorzugsweise N₂, verdünntes NO, eine Quelle für O₂-haltiges Druckgas, vorzugsweise 100 % O₂, ein Gehäuse, das mit einem Durchflussmesser ausgestattet ist, und ein Mittel zur kontrollierbaren Abgabe besagter Gase aus besagten Quellen in besagtes Gehäuse, um ein Gasgemisch zu bilden, wobei besagtes Gehäuse so konfiguriert ist, dass es besagtes Gasgemisch in das Atmungssystem des besagten Säugetiers leitet.
12. Vorrichtung nach Anspruch 11, wobei besagtes Gehäuse einen NO₂-Scavenger umfasst.
13. Vorrichtung nach Anspruch 11, wobei besagtes Gehäuse einen NO₂-Analysator umfasst.
14. Vorrichtung nach Anspruch 11, wobei besagtes Gehäuse eine Maske umfasst, die so konfiguriert ist, dass sie besagtes Gasgemisch in das Atmungssystem eines Säugetiers leitet.
15. Gasgemisch, bestehend aus Stickstoffmonoxid und einem inerten Gas, vorzugsweise N₂, für die Verwendung in einem Verfahren zur Behandlung von Bronchokonstriktion bei einem Säugetier, wobei besagtes Gemisch mit einem kontinuierlichen Fluss aus einem sauerstoffhaltigen Gas gemischt wird, um ein inhalierbares Gemisch zu ergeben.
16. Gasgemisch, bestehend aus Stickstoffmonoxid und einem inerten Gas, vorzugsweise N₂, für die Verwendung in einem Verfahren zur Behandlung von Bronchokonstriktion bei einem Säugetier, wobei besagtes Gemisch mit einem sauerstoffhaltigen Gas in einem kontinuierlichen Fluss gemischt wird, um ein inhalierbares Gemisch zu ergeben.
17. Gasgemisch, bestehend aus Stickstoffmonoxid, Sauerstoff und weniger als 1 ppm NO₂, zur Verwendung in der Therapie.
18. Gasgemisch aus Anspruch 15 oder 16 für die darin angegebene Verwendung, wobei das inhalierbare Gemisch Stickstoffmonoxid in einer Menge von mindestens 1 ppm, vorzugsweise mindestens 5 ppm, 20 ppm oder 40 ppm und am meisten bevorzugt mindestens 80 ppm oder 100 ppm, vorzugsweise jedoch nicht mehr als 180 ppm, enthält.
19. Gasgemisch aus Anspruch 18 für die darin angegebene Verwendung, wobei das inhalierbare Gemisch aus NO, N₂ und Sauerstoff sowie weniger als 1 ppm NO₂ besteht.
20. Gasgemisch aus Anspruch 17 für die darin angegebene Verwendung, wobei das Gasgemisch Stickstoffmonoxid

in einer Menge von mindestens 1 ppm, vorzugsweise mindestens 5 ppm, 20 ppm oder 40 ppm und am meisten bevorzugt mindestens 80 ppm oder 100 ppm, vorzugsweise jedoch nicht mehr als 180 ppm, enthält.

21. Gasgemisch aus Anspruch 17 oder 20 für die darin angegebene Verwendung, wobei das Gasgemisch aus NO, N₂ und Sauerstoff sowie weniger als 1 ppm NO₂ besteht.
22. Verwendung von gasförmigem Stickstoffmonoxid (NO) oder eines Gasgemischs, bestehend aus Stickstoffmonoxid und einem inerten Gas, vorzugsweise N₂, für die Produktion eines inhalierbaren Medikaments zur Behandlung oder Vorbeugung von Bronchokonstriktion bei einem Säugetier.
23. Verwendung eines Gasgemischs, bestehend aus NO und einem inerten Gas (vorzugsweise N₂), für die Produktion eines inhalierbaren Medikaments zur Behandlung oder Vorbeugung von Bronchokonstriktion oder reversibler pulmonaler Vasokonstriktion bei einem Säugetier, wobei das inhalierbare Medikament durch Mischen des Gasgemischs mit einem kontinuierlichen Fluss aus einem sauerstoffhaltigen Gas hergestellt wird.
24. Verwendung eines Gasgemischs, bestehend aus NO und einem inerten Gas (vorzugsweise N₂), für die Produktion eines inhalierbaren Medikaments zur Behandlung oder Vorbeugung von Bronchokonstriktion oder reversibler pulmonaler Vasokonstriktion bei einem Säugetier, wobei das inhalierbare Medikament durch Mischen des Gasgemischs mit einem sauerstoffhaltigen Gas in einem kontinuierlichen Fluss hergestellt wird.
25. Verwendung einer Stickstoffmonoxid abgebenden Verbindung für die Produktion eines Medikaments zur Behandlung oder Vorbeugung von Bronchokonstriktion beim Menschen.
26. Verwendung nach Anspruch 25, wobei die Bronchokonstriktion mit Asthma verbunden ist.
27. Verwendung nach einem der Ansprüche 25 oder 26, wobei besagte Verbindung in Aerosolform inhaliert wird.
28. Verwendung nach Anspruch 27, wobei besagte Aerosolform Tröpfchen mit einem Durchmesser von weniger als 10 µm umfasst, wobei besagte Tröpfchen besagte Verbindung in einem geeigneten biologisch kompatiblen flüssigen Träger umfassen.
29. Verwendung nach Anspruch 25 oder 26, wobei besagte Verbindung in Pulverform inhaliert wird, die Partikel mit einem Durchmesser von weniger als 10 µm umfasst.
30. Verwendung nach einem der Ansprüche 25 bis 29, wobei der Inhalation der Stickstoffmonoxid abgebenden Verbindung die Inhalation einer therapeutisch wirksamen Menge von gasförmigem Stickstoffmonoxid vorausgeht oder die Inhalation der Stickstoffmonoxid abgebenden Verbindung von der Inhalation einer therapeutisch wirksamen Menge von gasförmigem Stickstoffmonoxid begleitet wird.
31. Verwendung von NO oder einer Stickstoffmonoxid abgebenden Verbindung für die Produktion eines Medikaments zur Verbesserung des Gasaustauschs in den Lungen eines Säugetiers.
32. Verwendung nach Anspruch 25 oder 31, die ferner die Ermittlung eines Säugetiers, insbesondere eines Menschen, umfasst, das eine solche Behandlung oder Vorbeugung oder einen solchen verbesserten Gasaustausch benötigt.
33. Verwendung nach einem der Ansprüche 25 bis 32, wobei besagte Verbindung aus der Gruppe ausgewählt wird, die aus S-Nitroso-N-acetylpenicillamin, S-Nitroso-Cystein, Nitroso-Guanidin, Glycerintrinitrat, Isoamylnitrit, anorganischem Nitrit, Azid und Hydroxylamin besteht.
34. Verwendung nach einem der Ansprüche 31 bis 33, wobei besagte Stickstoffmonoxid abgebende Verbindung von einem solchen Säugetier in einem Gas inhaliert wird, das mindestens 1 ppm gasförmiges Stickstoffmonoxid umfasst.
35. Gemisch, das eine therapeutisch wirksame Menge gasförmiges Stickstoffmonoxid und eine pharmazeutisch wirksame Verbindung in Form einer Flüssigkeit oder eines Feststoffs, die bzw. der in dem Gas suspendiert ist, umfasst.
36. Gemisch nach Anspruch 35 zur Verwendung als Medikament, insbesondere als inhalierbares Medikament.
37. Gemisch nach Anspruch 35 oder das Gemisch nach Anspruch 36 für die darin angegebene Verwendung, wobei

besagte Verbindung in Form einer Flüssigkeit vorliegt, die in besagtem Gas aerolisiert wird.

38. Gemisch nach Anspruch 35 oder das Gemisch nach Anspruch 36 für die darin angegebene Verwendung, wobei besagte Verbindung in Form eines Pulvers vorliegt, das in besagtem Gas suspendiert wird.

39. Gemisch nach Anspruch 35 oder das Gemisch nach Anspruch 36 für die darin angegebene Verwendung, wobei besagte pharmazeutisch wirksame Verbindung aus der Gruppe ausgewählt wird, die aus einem Bronchodilator, einem oberflächenaktiven Stoff und einem antimikrobiellen Arzneimittel besteht.

40. Verwendung eines sauerstoffhaltigen Gasgemischs, das aus NO in einer therapeutisch wirksamen Konzentration besteht und weniger als 1 ppm NO₂ enthält, für die Herstellung eines Medikaments zur Behandlung oder Vorbeugung von Bronchokonstriktion oder zur Behandlung oder Vorbeugung von reversibler pulmonaler Vasokonstriktion bei einem Säugetier.

41. Verwendung aus Anspruch 40, wobei die Behandlung oder Vorbeugung von Bronchokonstriktion oder die Behandlung oder Vorbeugung von reversibler pulmonaler Vasokonstriktion mittels eines Verfahrens erfolgt, welches das Inhalieren einer therapeutisch wirksamen Menge des besagten sauerstoffhaltigen Gasgemischs durch ein Säugetier, das besagte Behandlung oder Vorbeugung benötigt, umfasst.

42. Verwendung nach Anspruch 41, wobei vor besagtem Inhalationsschritt die NO₂-Konzentration des besagten Medikaments überwacht wird.

43. Verwendung nach Anspruch 40, wobei es sich bei besagter pulmonaler Vasokonstriktion um eine akute pulmonale Vasokonstriktion handelt.

44. Gasgemisch nach einem der Ansprüche 15 bis 21 für die darin angegebene Verwendung oder die Verwendung nach einem der Ansprüche 22 bis 34 und 40 bis 43, wobei das Säugetier ein Mensch ist.

45. Verwendung der Vorrichtung nach einem der Ansprüche 1 bis 14 für die Herstellung eines Gasgemischs, das NO enthält.

46. Verwendung aus Anspruch 45, wobei das Gasgemisch der Definition in einem der Ansprüche 17, 20 und 21 entspricht.

47. Verfahren zur Bereitstellung eines inhalierbaren Medikaments durch Mischen von NO mit einem kontinuierlichen Fluss aus einem sauerstoffhaltigen Gas.

48. Verfahren zur Bereitstellung eines inhalierbaren Medikaments durch Mischen von NO mit einem sauerstoffhaltigen Gas in einem kontinuierlichen Fluss.

49. Verfahren nach Anspruch 47 oder 48, wobei besagtes Mischen in einem Ventilationskreislauf erfolgt.

Revendications

1. Appareillage servant à introduire du NO (monoxyde d'azote ou oxyde nitrique) à l'état gazeux dans le système respiratoire d'un mammifère, comprenant :

- une source de gaz sous pression, contenant du NO ;
- une source de gaz sous pression, contenant de l'oxygène O₂, et de préférence, 100 % d'oxygène ;
- un mélangeur de gaz ;
- des moyens qui permettent de faire passer ces gaz de façon régulée, simultanément, desdites sources dans ledit mélangeur, et de former ainsi en continu un mélange gazeux ;
- et un tube dont l'ouverture est en communication avec ledit mélangeur et dont la configuration permet d'acheminer ledit mélange gazeux dans le système respiratoire d'un mammifère.

2. Appareillage conforme à la revendication 1, dans lequel ledit tube contient un piège à dioxyde d'azote NO₂.

3. Appareillage conforme à la revendication 1, dans lequel ledit tube contient un analyseur à NO₂.
4. Appareillage conforme à la revendication 1, dans lequel ledit NO, dans ladite source de NO sous pression, est dilué dans un gaz inerte, qui est de préférence de l'azote N₂.
5. Appareillage conforme à la revendication 1, dans lequel ledit tube comprend un masque dont la configuration permet d'acheminer ledit mélange gazeux dans le système respiratoire d'un mammifère.
6. Appareillage servant à introduire du NO à l'état gazeux dans le système respiratoire d'un mammifère, comprenant :
 - une source de gaz sous pression, contenant du NO ;
 - une source de gaz sous pression, contenant de l'oxygène O₂ ;
 - un réservoir de gaz ;
 - des moyens qui permettent de faire passer ces gaz de façon régulée, simultanément, dans ledit réservoir, pour y former un mélange gazeux ;
 - et un tube dont l'ouverture est en communication avec ledit réservoir et dont la configuration permet d'acheminer ledit mélange gazeux dans le système respiratoire d'un mammifère ;
 - et un débitmètre, qui est réglé de telle sorte que, lorsque l'appareillage est employé par ledit mammifère, le demi-temps de séjour du NO dans ledit réservoir est de 15 secondes ou moins.
7. Appareillage servant à introduire du NO à l'état gazeux dans le système respiratoire d'un patient, comprenant :
 - une source de gaz NO sous pression, de préférence du NO dilué dans un gaz inerte, qui est de préférence de l'azote N₂ ;
 - une enceinte, de préférence un masque ou une tente, propre à fournir une atmosphère ambiante confinée que ledit patient peut inhaler ;
 - des moyens permettant de charger ladite atmosphère en NO provenant de ladite source ;
 - et des moyens permettant d'établir un taux élevé de renouvellement des gaz dans ladite atmosphère.
8. Appareillage servant à introduire du NO à l'état gazeux dans le système respiratoire d'un patient, comprenant :
 - une source de gaz NO sous pression, de préférence du NO dilué dans un gaz inerte, qui est de préférence de l'azote N₂ ;
 - un ventilateur comprenant un circuit de ventilation ;
 - et des moyens permettant de faire passer ce gaz, de façon régulée, de ladite source dans ledit circuit de ventilation.
9. Appareillage conforme à la revendication 8, dans lequel ledit circuit de ventilation contient un piège à NO₂.
10. Appareillage conforme à la revendication 8, dans lequel ledit circuit de ventilation contient un analyseur à NO₂.
11. Appareillage servant à introduire du NO à l'état gazeux dans le système respiratoire d'un patient, comprenant :
 - une source de gaz NO sous pression, de préférence du NO dilué dans un gaz inerte, qui est de préférence de l'azote N₂ ;
 - une source de gaz sous pression, contenant de l'oxygène O₂, et de préférence, 100 % d'oxygène ;
 - un logement, muni d'un débitmètre ;
 - et des moyens qui permettent de faire passer ces gaz de façon régulée, simultanément, desdites sources dans ledit logement, et de former ainsi un mélange gazeux ;
 - ledit logement présentant une configuration qui permet d'acheminer ledit mélange gazeux dans le système respiratoire dudit mammifère.
12. Appareillage conforme à la revendication 11, dans lequel ledit logement contient un piège à NO₂.
13. Appareillage conforme à la revendication 11, dans lequel ledit logement contient un analyseur à NO₂.
14. Appareillage conforme à la revendication 11, dans lequel ledit logement comprend un masque dont la configuration permet d'acheminer ledit mélange gazeux dans le système respiratoire d'un mammifère.

15. Mélange gazeux constitué d'oxyde nitrique et d'un gaz inerte, de préférence N_2 , destiné à être utilisé dans un procédé de traitement de la bronchoconstriction chez un mammifère, lequel mélange est mélangé avec un courant continu de gaz contenant de l'oxygène, de manière à donner un mélange inhalable.
- 5 16. Mélange gazeux constitué d'oxyde nitrique et d'un gaz inerte, de préférence N_2 , destiné à être utilisé dans un procédé de traitement de la bronchoconstriction chez un mammifère, lequel mélange est mélangé avec un gaz contenant de l'oxygène, en un courant continu, de manière à donner un mélange inhalable.
- 10 17. Mélange gazeux contenant de l'oxyde nitrique, de l'oxygène et moins de 1 ppm de NO_2 , pour son utilisation en thérapie.
- 15 18. Mélange gazeux conforme à la revendication 15 ou 16, pour l'utilisation qui y est indiquée, ledit mélange inhalable contenant de l'oxyde nitrique en une proportion d'au moins 1 ppm, de préférence d'au moins 5 ppm, 20 ppm ou 40 ppm, et surtout d'au moins 80 ou 100 ppm, mais de préférence d'au plus 180 ppm.
- 20 19. Mélange gazeux conforme à la revendication 18, pour l'utilisation qui y est indiquée, ledit mélange inhalable étant constitué de NO, de N_2 et d'oxygène et contenant moins de 1 ppm de NO_2 .
- 25 20. Mélange gazeux conforme à la revendication 17, pour l'utilisation qui y est indiquée, lequel mélange gazeux contient de l'oxyde nitrique en une proportion d'au moins 1 ppm, de préférence d'au moins 5 ppm, 20 ppm ou 40 ppm, et surtout d'au moins 80 ou 100 ppm, mais de préférence d'au plus 180 ppm.
- 30 21. Mélange gazeux conforme à la revendication 17 ou 20, pour l'utilisation qui y est indiquée, lequel mélange gazeux est constitué de NO, de N_2 et d'oxygène et contient moins de 1 ppm de NO_2 .
- 35 22. Utilisation d'oxyde nitrique (NO) à l'état gazeux, ou d'un mélange gazeux constitué d'oxyde nitrique et d'un gaz inerte, de préférence N_2 , en vue de la production d'un médicament inhalable conçu pour le traitement ou la prévention de la bronchoconstriction chez un mammifère.
- 40 23. Utilisation d'un mélange gazeux constitué de NO et d'un gaz inerte, de préférence N_2 , en vue de la production d'un médicament inhalable conçu pour le traitement ou la prévention de la bronchoconstriction ou de la vasoconstriction pulmonaire réversible chez un mammifère, dans laquelle on prépare le médicament inhalable en mélangeant ledit mélange gazeux avec un courant continu de gaz contenant de l'oxygène.
- 45 24. Utilisation d'un mélange gazeux constitué de NO et d'un gaz inerte, de préférence N_2 , en vue de la production d'un médicament inhalable conçu pour le traitement ou la prévention de la bronchoconstriction ou de la vasoconstriction pulmonaire réversible chez un mammifère, dans laquelle on prépare le médicament inhalable en mélangeant ledit mélange gazeux avec un gaz contenant de l'oxygène, en un courant continu.
- 50 25. Utilisation d'un composé libérant de l'oxyde nitrique en vue de la production d'un médicament conçu pour le traitement ou la prévention de la bronchoconstriction chez l'humain.
- 55 26. Utilisation conforme à la revendication 25, dans laquelle la bronchoconstriction est associée à de l'asthme.
27. Utilisation conforme à la revendication 25 ou 26, dans laquelle ledit composé est inhalé sous forme d'aérosol.
28. Utilisation conforme à la revendication 27, dans laquelle ladite forme d'aérosol comprend des gouttelettes de moins de 10 μm de diamètre, gouttelettes qui contiennent ledit composé au sein d'un véhicule liquide approprié, biologiquement compatible.
29. Utilisation conforme à la revendication 25 ou 26, dans laquelle ledit composé est inhalé sous forme d'une poudre comprenant des particules de moins de 10 μm de diamètre.
30. Utilisation conforme à l'une des revendications 25 à 29, dans laquelle l'inhalation du composé libérant de l'oxyde nitrique est précédée ou accompagnée de l'inhalation d'oxyde nitrique gazeux en une quantité thérapeutiquement efficace.
31. Utilisation de NO ou d'un composé libérant de l'oxyde nitrique en vue de la production d'un médicament conçu pour

améliorer l'échange de gaz dans les poumons d'un mammifère.

32. Utilisation conforme à la revendication 25 ou 31, qui comporte en outre l'identification d'un mammifère, en particulier un humain, qui a besoin d'un tel traitement ou d'une telle prévention, ou d'une telle amélioration de l'échange de gaz.
33. Utilisation conforme à l'une des revendications 25 à 32, pour laquelle ledit composé est choisi dans le groupe formé par les composés suivants : S-nitroso-N-acétyl-pénicillamine, S-nitroso-cystéine, nitrosoguanidine, trinitrate de glycérol, nitrite d'isoamyle, nitrite inorganique, azoture et hydroxylamine.
34. Utilisation conforme à l'une des revendications 31 à 33, dans laquelle ledit composé libérant de l'oxyde nitrique est inhalé par un tel mammifère, dans un gaz comprenant au moins 1 ppm d'oxyde nitrique gazeux.
35. Mélange comprenant de l'oxyde nitrique gazeux, en une quantité thérapeutiquement efficace, et un composé pharmacologiquement actif, sous forme de liquide ou de solide en suspension dans le gaz.
36. Mélange conforme à la revendication 35, pour son utilisation comme médicament, en particulier comme médicament inhalable.
37. Mélange conforme à la revendication 35, ou mélange conforme à la revendication 36 pour l'utilisation qui y est indiquée, dans lequel ledit composé se trouve sous forme de liquide en aérosol dans ledit gaz.
38. Mélange conforme à la revendication 35, ou mélange conforme à la revendication 36 pour l'utilisation qui y est indiquée, dans lequel ledit composé se trouve sous forme de poudre en suspension dans ledit gaz.
39. Mélange conforme à la revendication 35, ou mélange conforme à la revendication 36 pour l'utilisation qui y est indiquée, dans lequel ledit composé pharmacologiquement actif est choisi dans le groupe comprenant un broncho-dilatateur, un tensioactif et un médicament antimicrobien.
40. Utilisation d'un mélange de gaz contenant de l'oxygène, comprenant du NO en une concentration thérapeutiquement efficace et contenant moins de 1 ppm de NO₂, en vue de la préparation d'un médicament conçu pour le traitement ou la prévention de la bronchoconstriction ou pour le traitement ou la prévention de la vasoconstriction pulmonaire réversible chez un mammifère.
41. Utilisation conforme à la revendication 40, dans laquelle le traitement ou la prévention de la bronchoconstriction ou le traitement ou la prévention de la vasoconstriction pulmonaire réversible s'effectue par un procédé qui comprend l'inhalation, par un mammifère qui a besoin d'un tel traitement ou d'une telle prévention, d'une quantité thérapeutiquement efficace dudit mélange de gaz contenant de l'oxygène.
42. Utilisation conforme à la revendication 41, dans laquelle la concentration de NO₂ dans ledit médicament est surveillée avant ladite étape d'inhalation.
43. Utilisation conforme à la revendication 40, dans laquelle ladite vasoconstriction pulmonaire est une vasoconstriction pulmonaire aiguë.
44. Mélange gazeux conforme à l'une des revendications 15 à 21, pour l'utilisation qui y est indiquée ou pour une utilisation conforme à l'une des revendications 22 à 34 et 40 à 43, ledit mammifère étant un humain.
45. Utilisation d'un appareillage conforme à l'une des revendications 1 à 14, pour la préparation d'un mélange gazeux contenant NO.
46. Utilisation conforme à la revendication 45, dans laquelle le mélange gazeux est conforme à l'une des revendications 17, 20 et 21.
47. Procédé de préparation d'un médicament inhalable, par mélange de NO avec un courant continu de gaz contenant de l'oxygène.
48. Procédé de préparation d'un médicament inhalable, par mélange de NO avec un gaz contenant de l'oxygène, en un courant continu.

- 49.** Procédé conforme à la revendication 47 ou 48, dans lequel ladite opération de mélange a lieu dans un circuit de ventilation.

5

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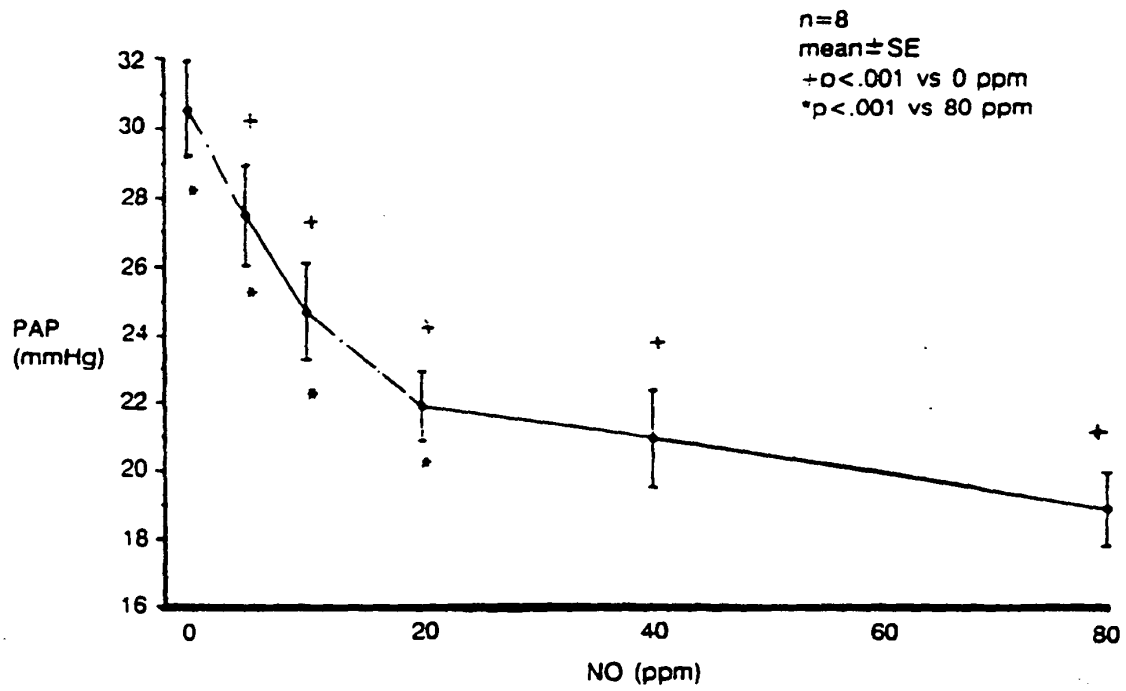


FIG. 1

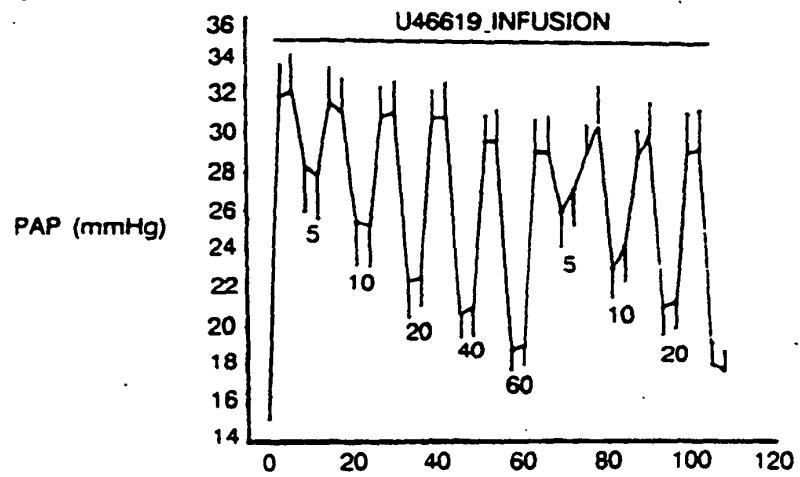
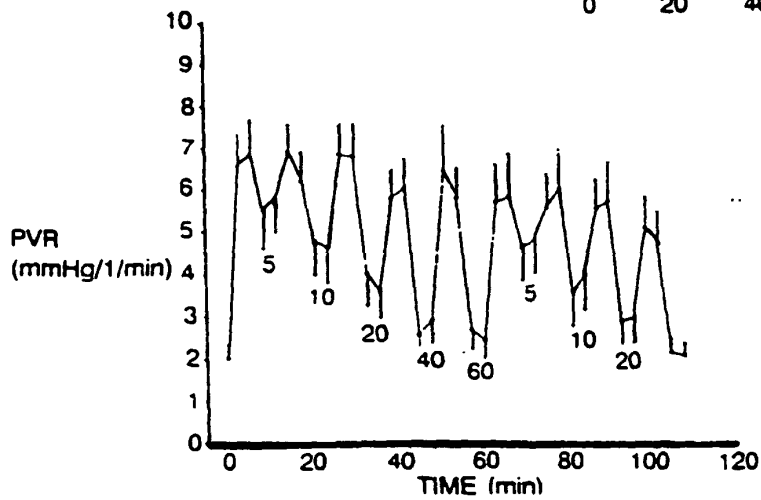


FIG. 2



n=8
mean $\pm$ SE

FIG. 4

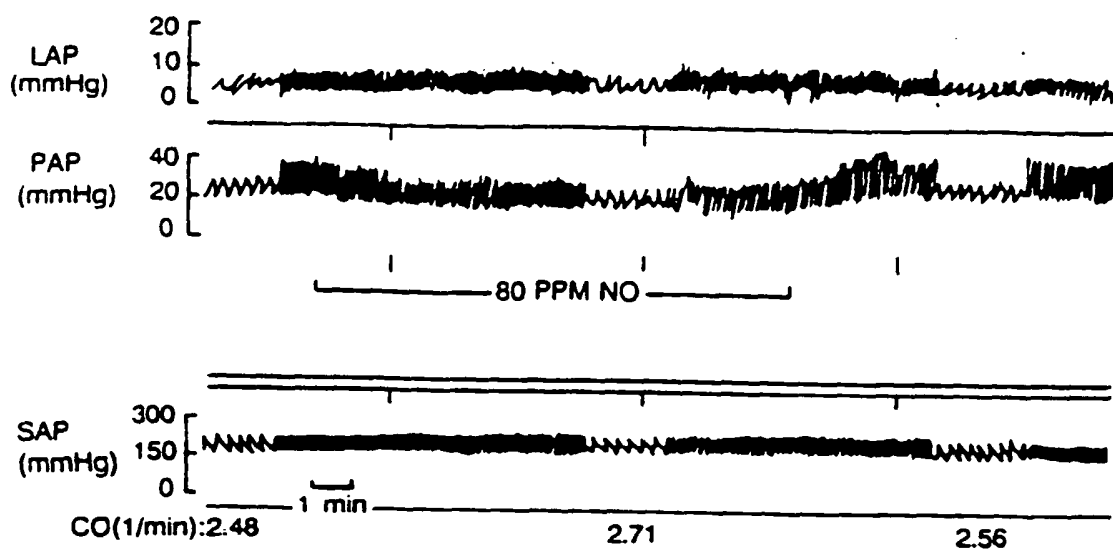


FIG. 3

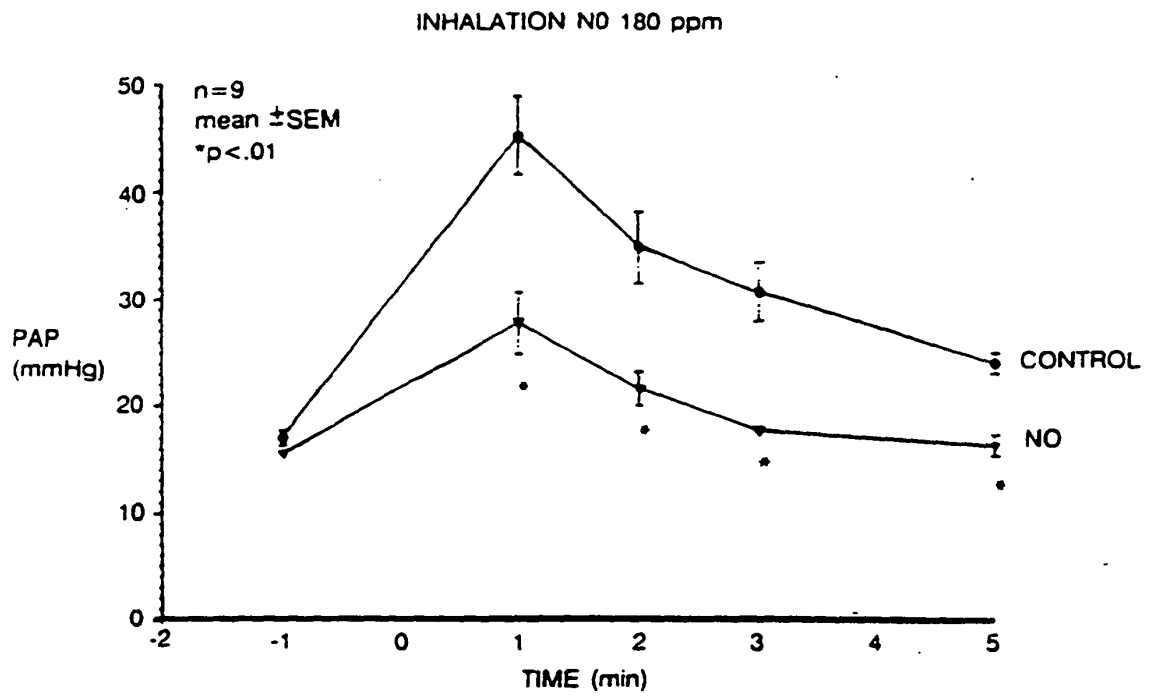
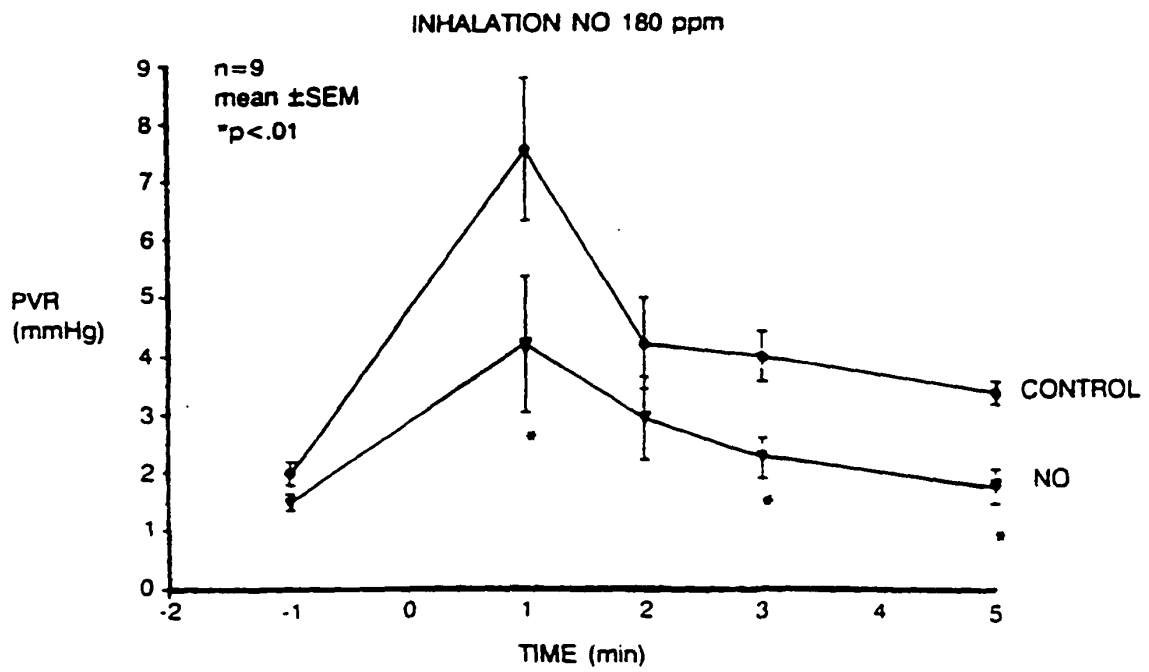


FIG. 5a



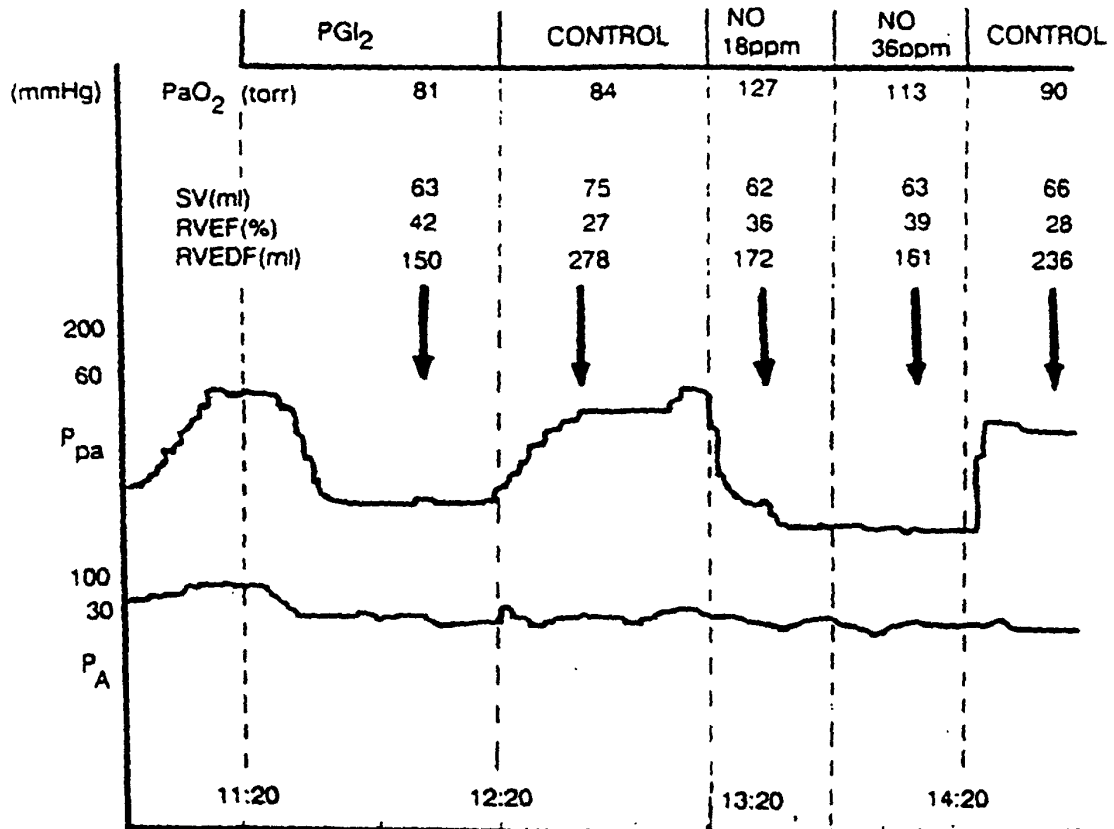


FIG. 6

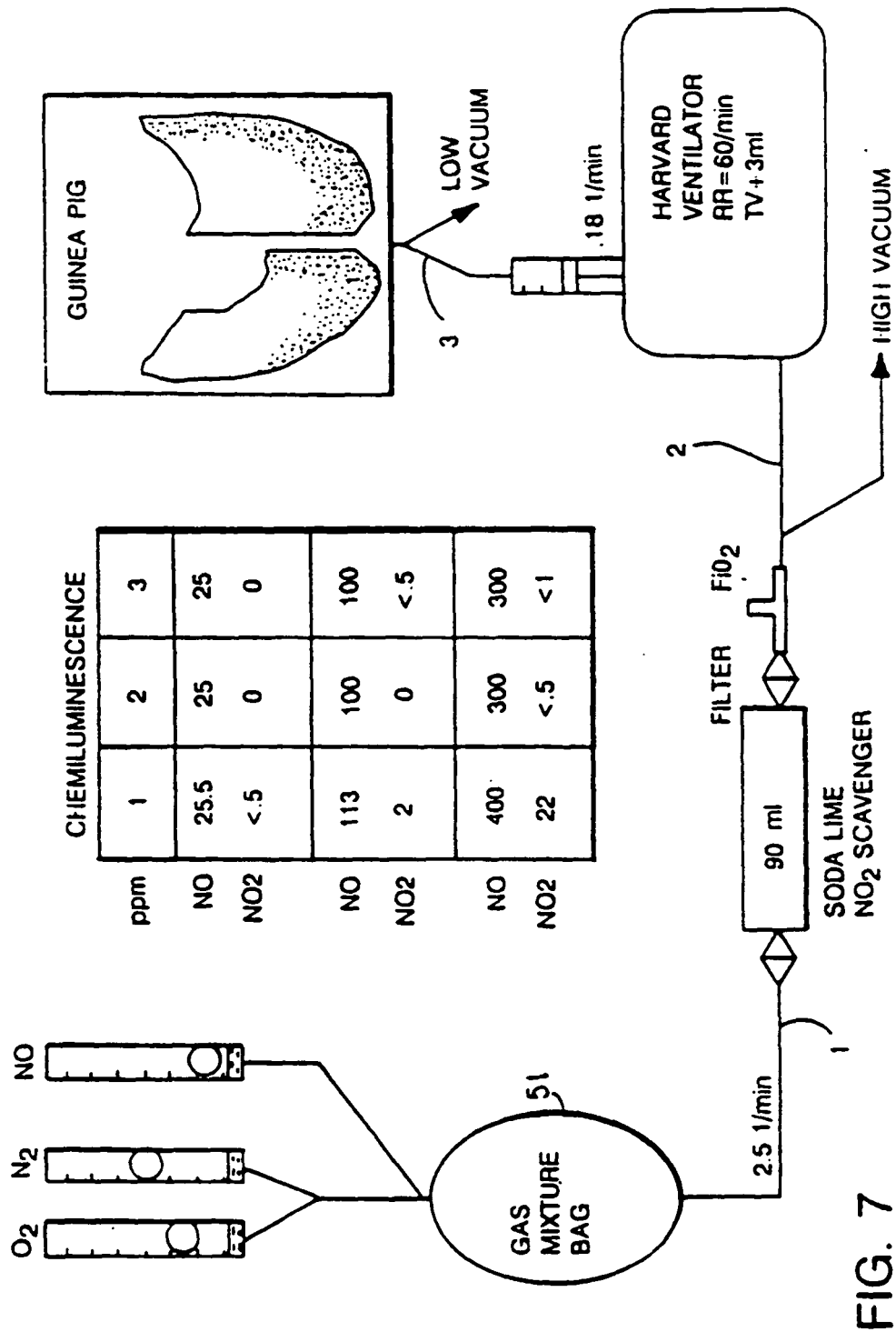


FIG. 7

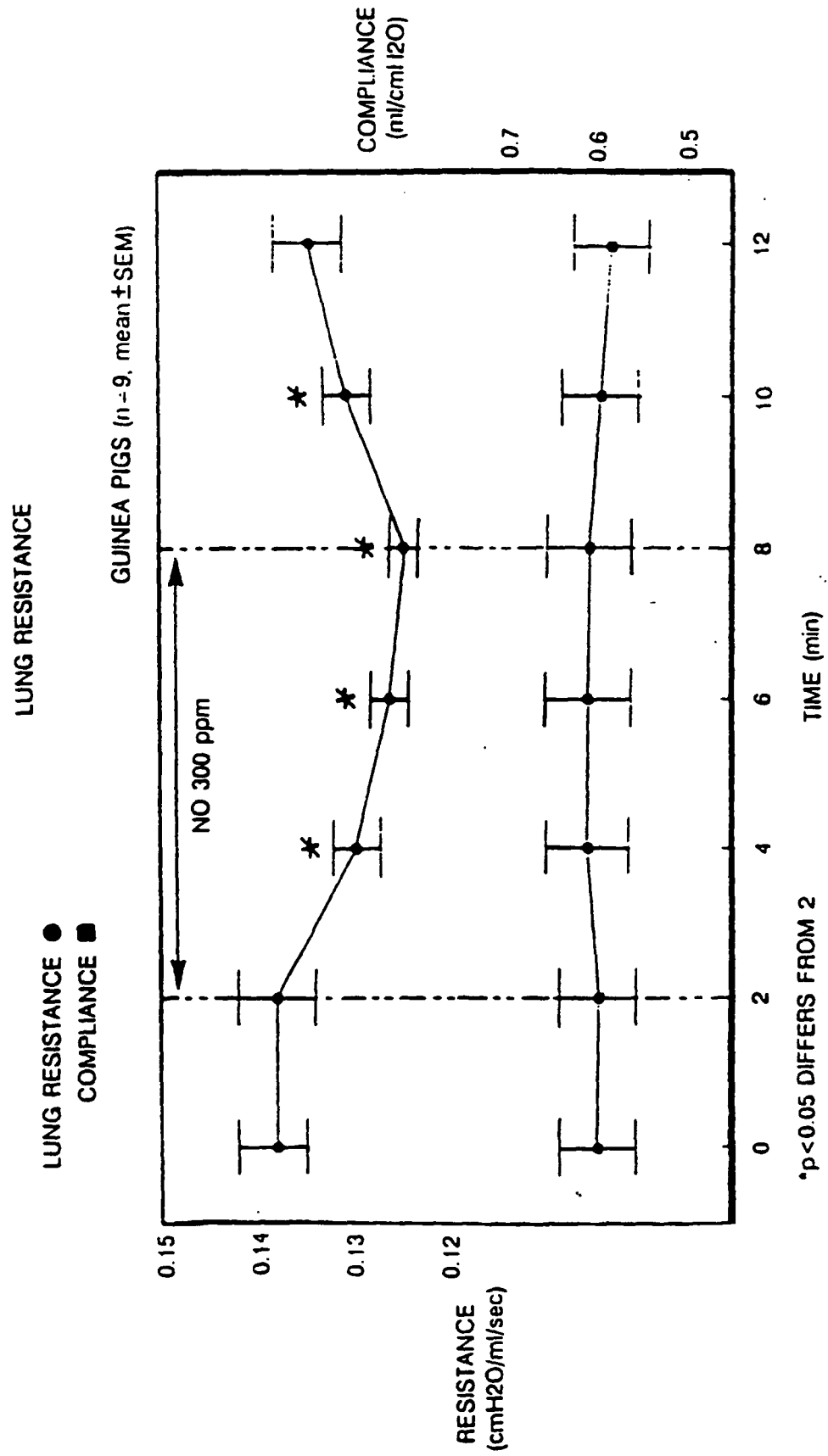


FIG. 8

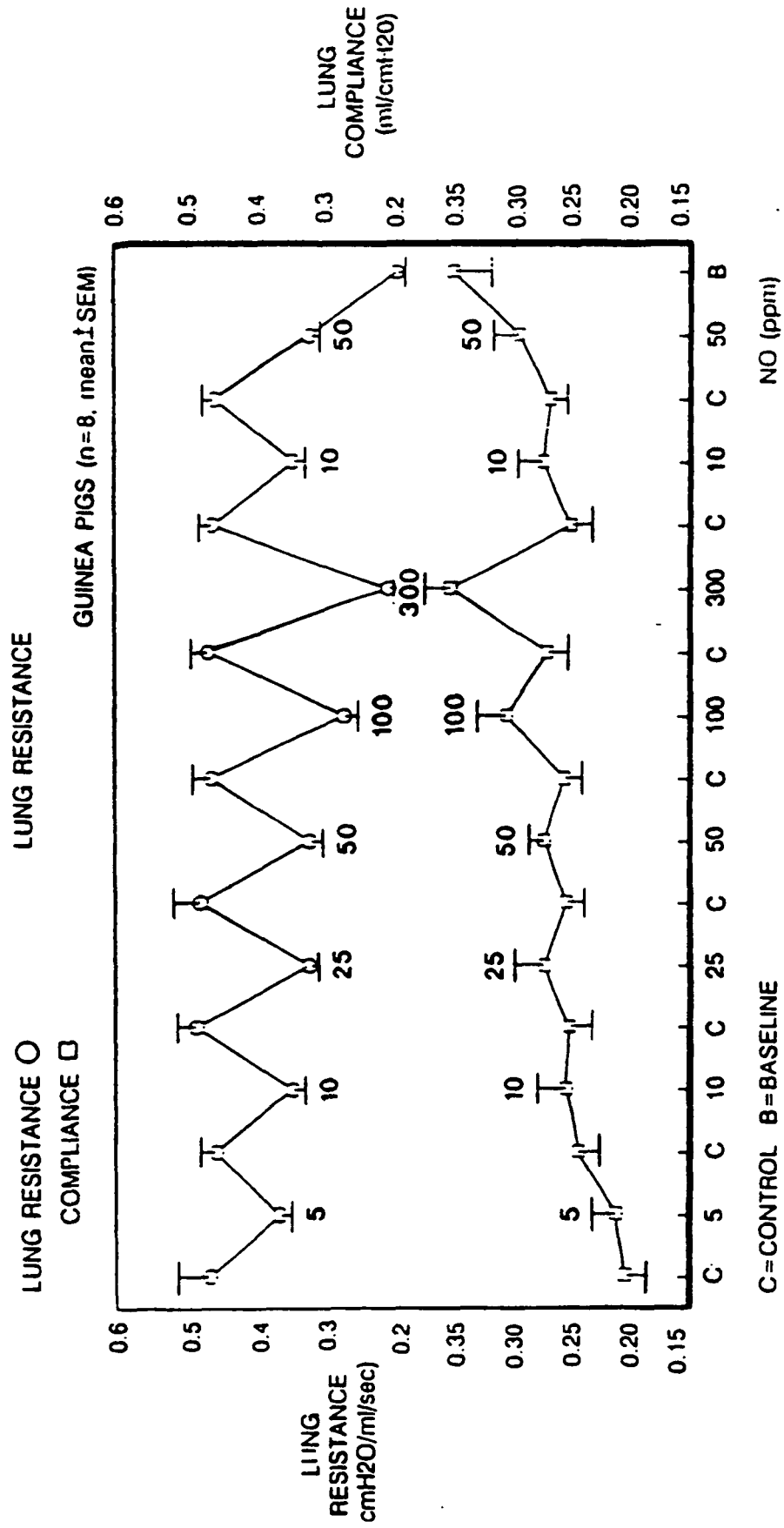
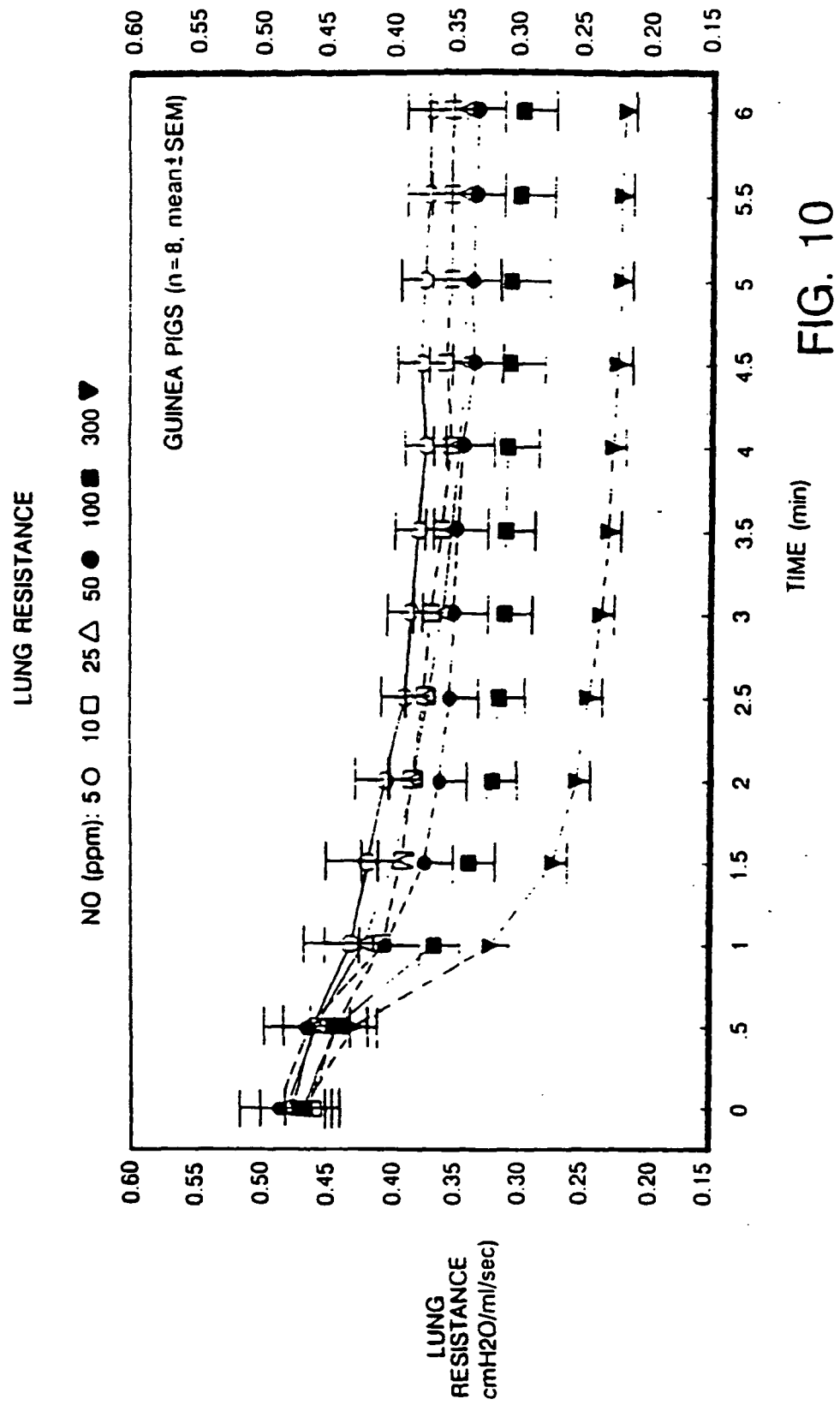
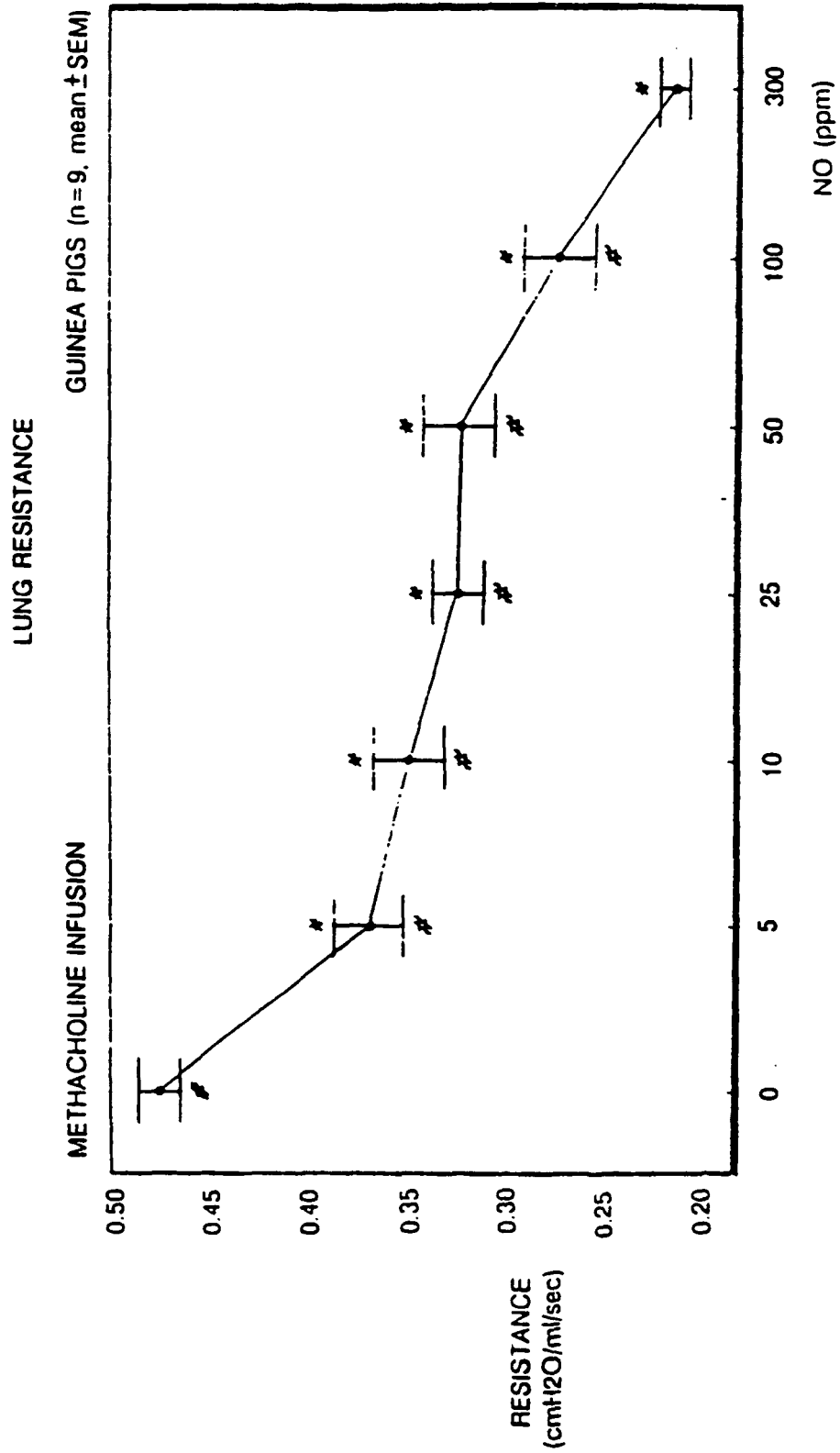


FIG. 9





*P < 0.05 vs 0 ppm
#P < 0.05 vs 300 ppm

FIG. 11

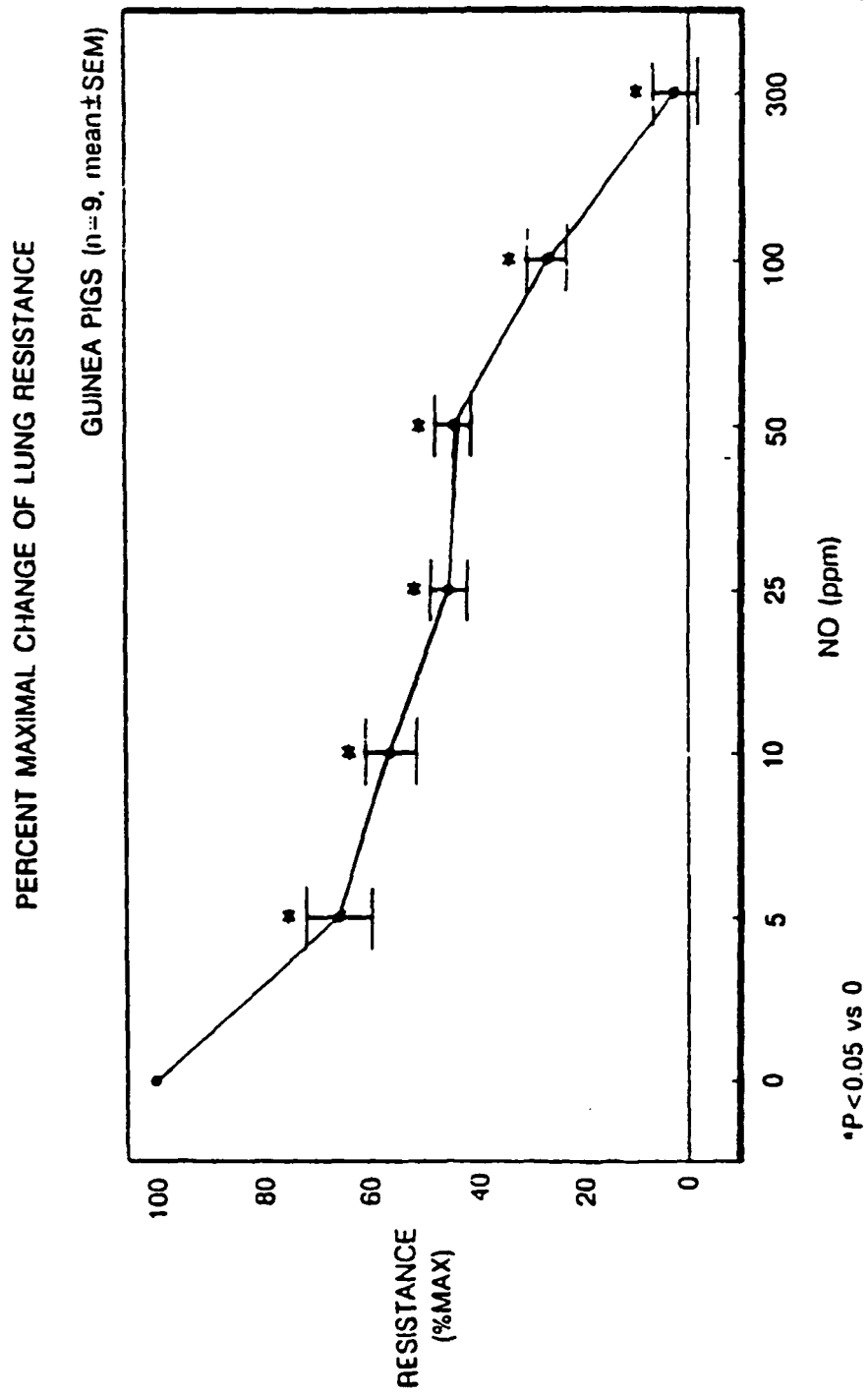


FIG. 12

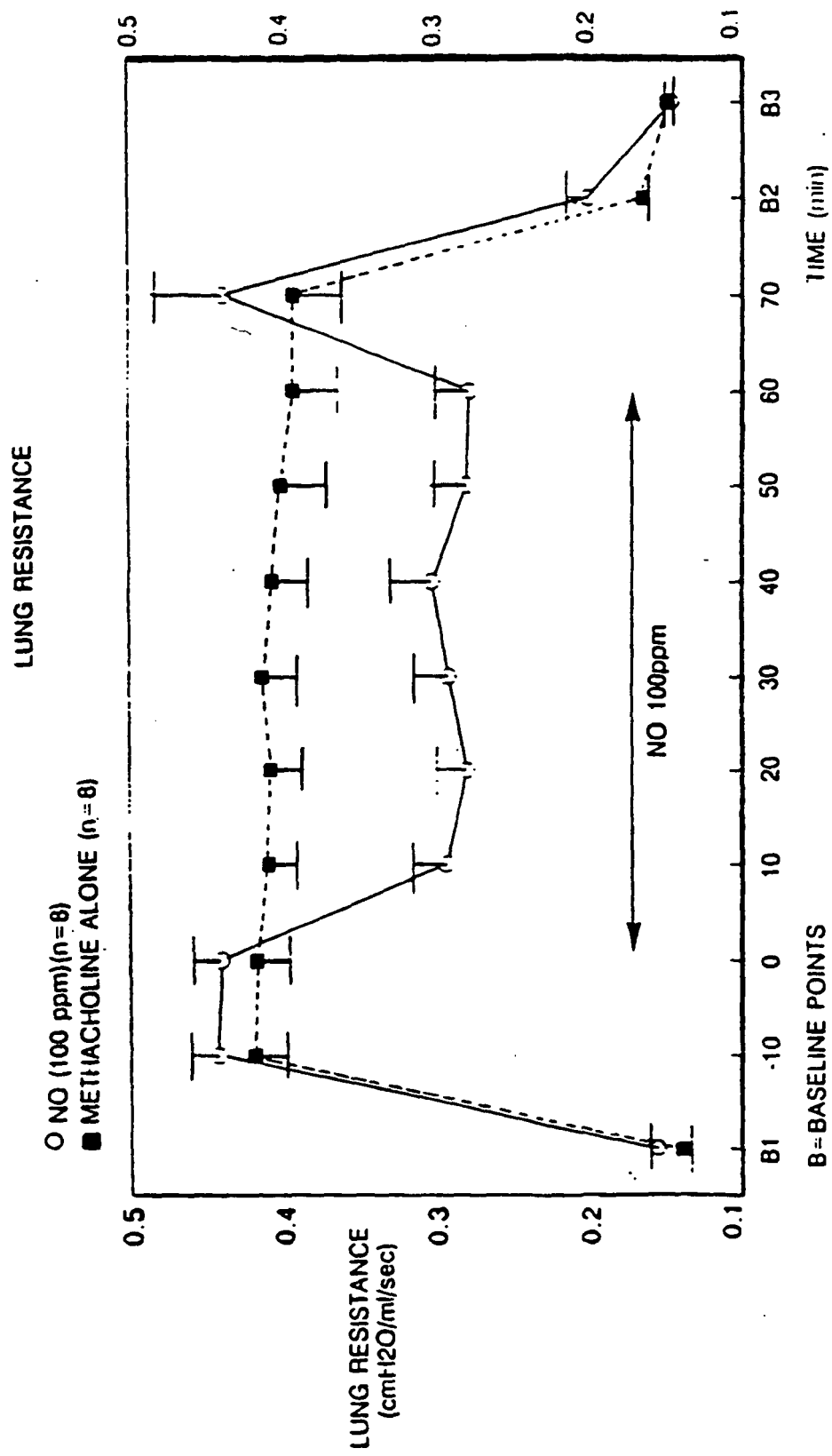


FIG. 13

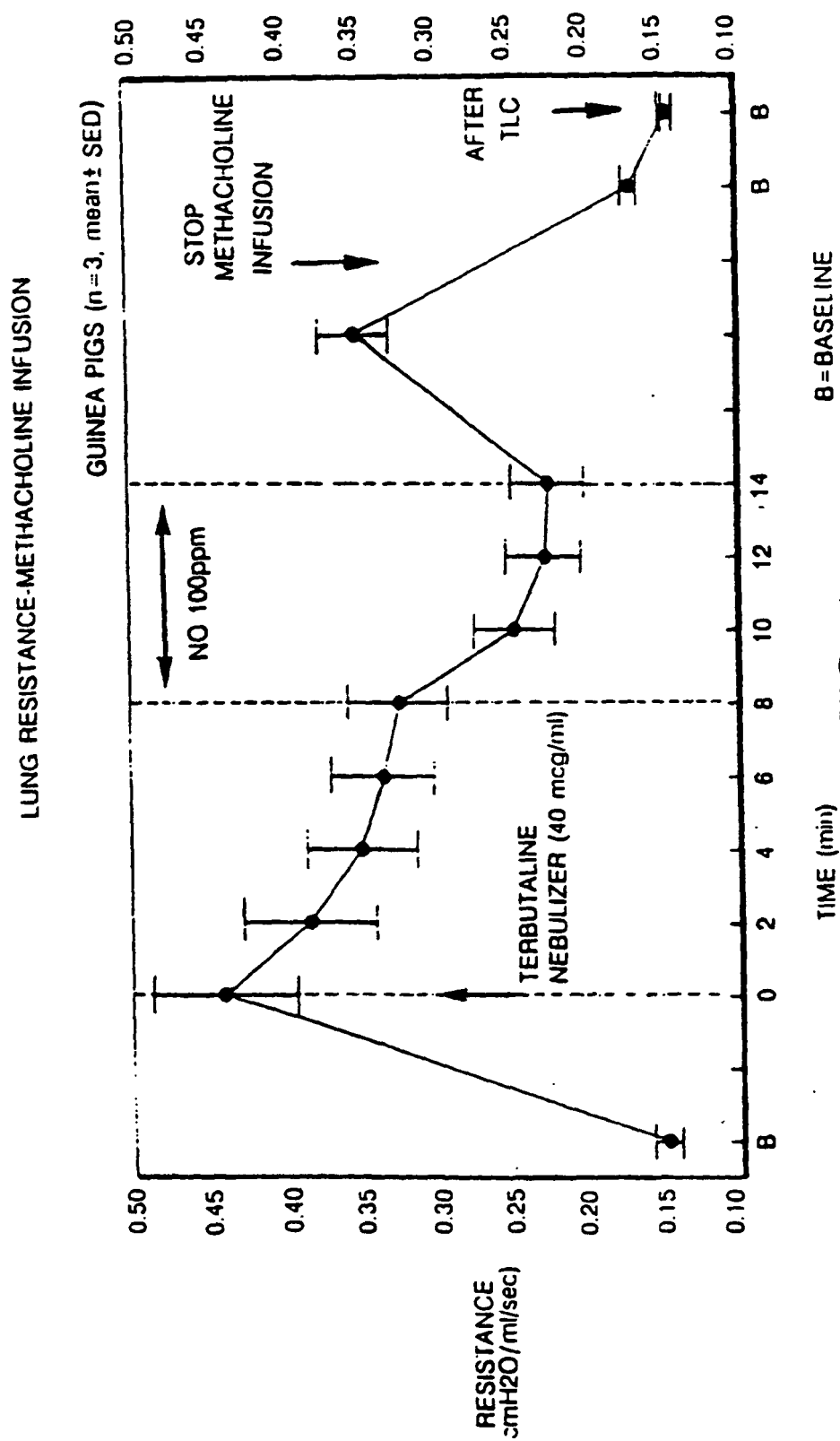


FIG. 14

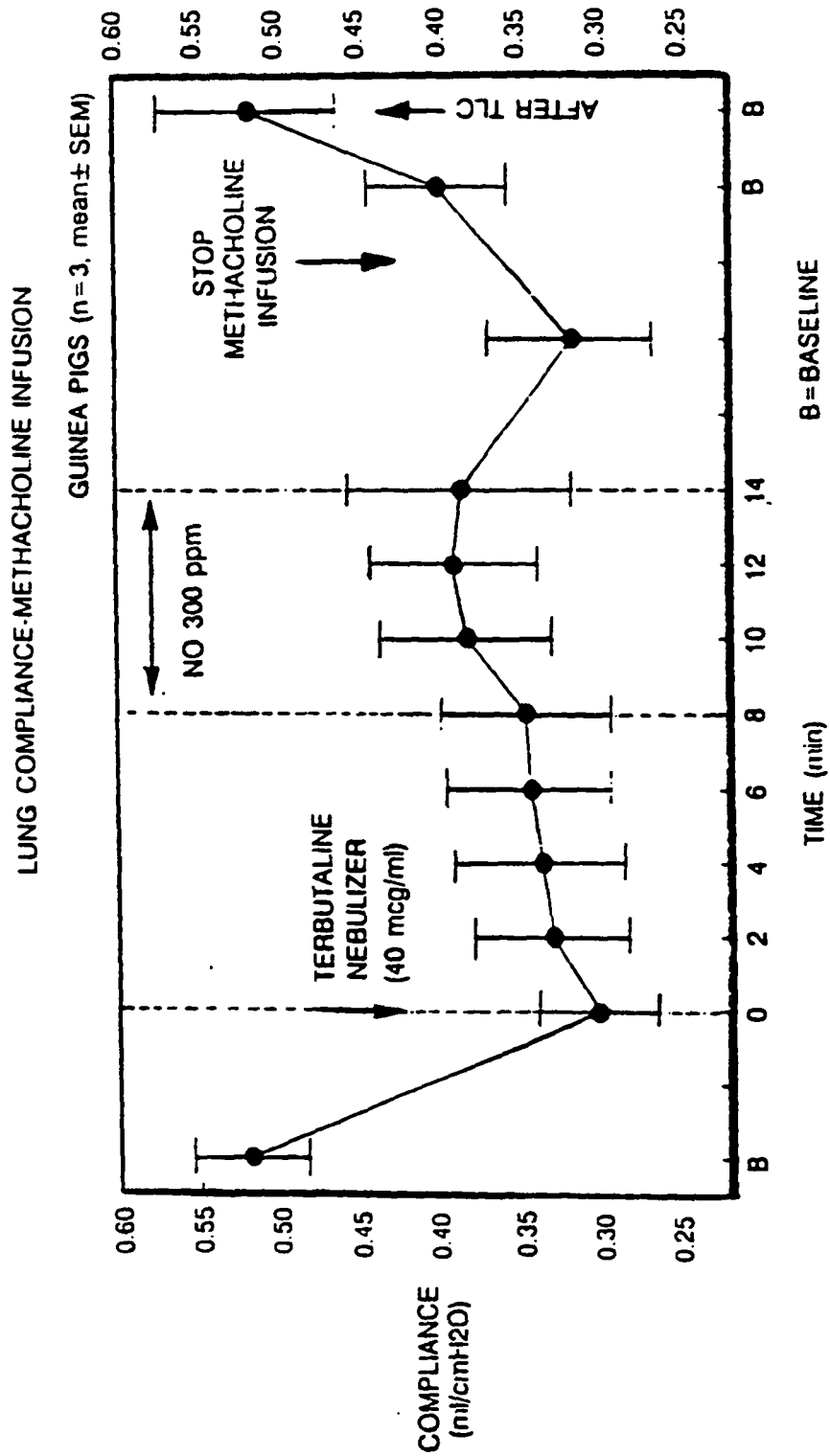


FIG. 15

LUNG RESISTANCE-GUINEA PIG #23

 #1
  #2

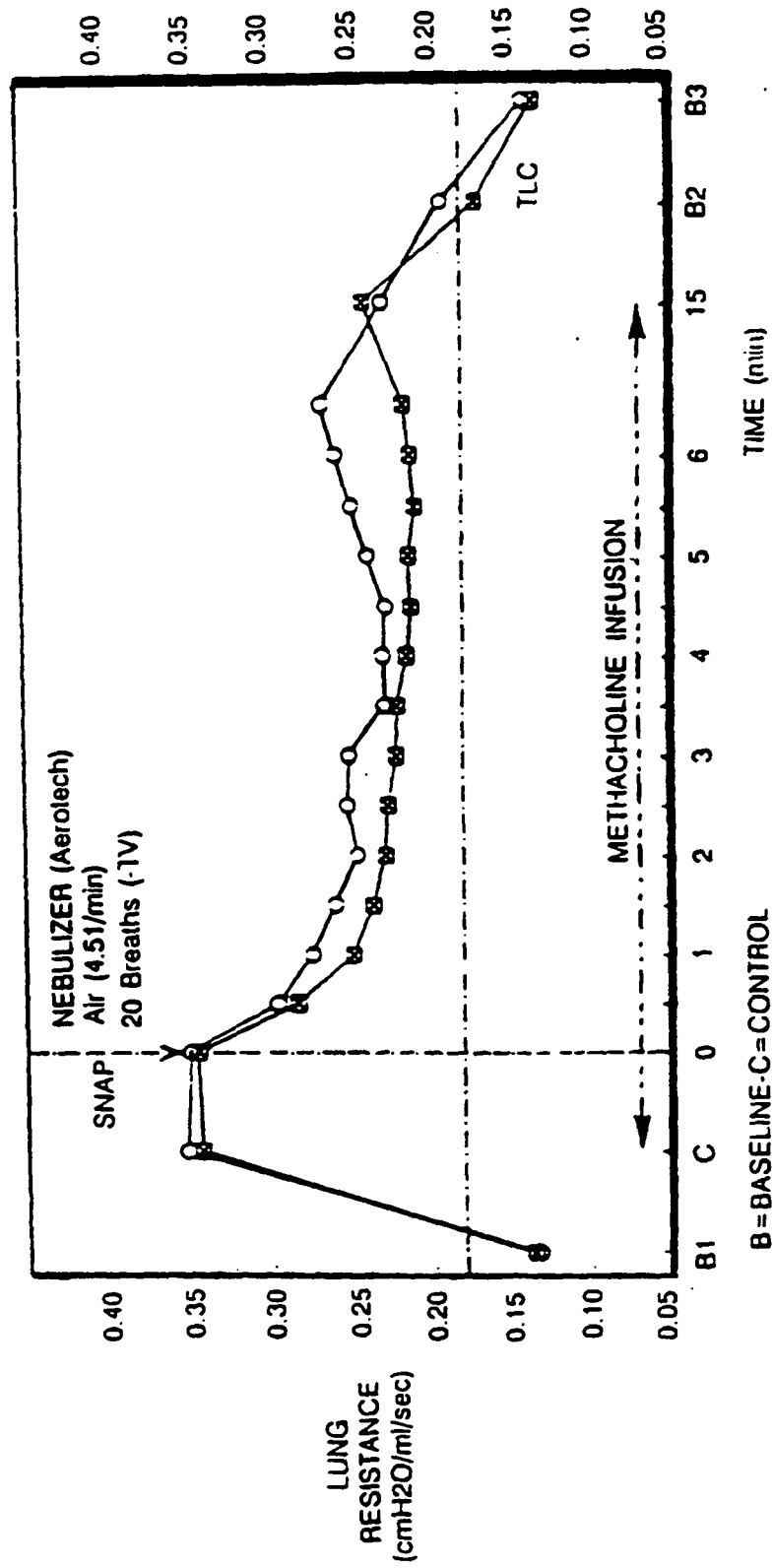


FIG. 16

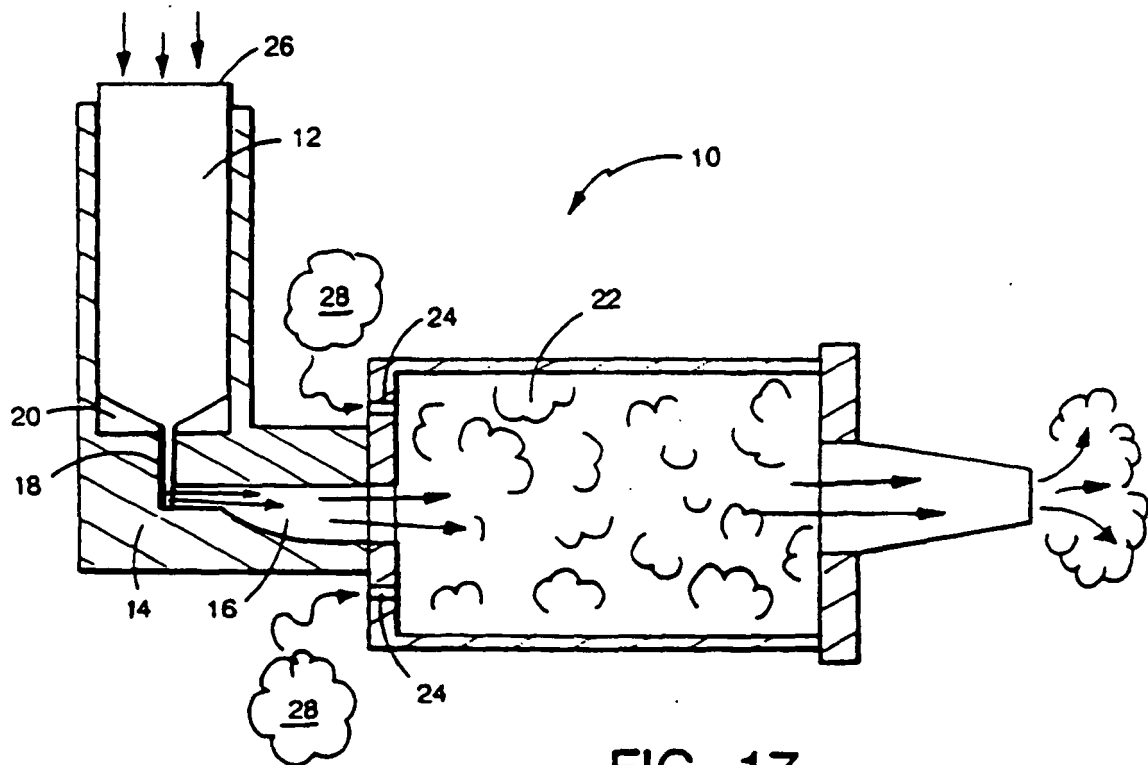


FIG. 17

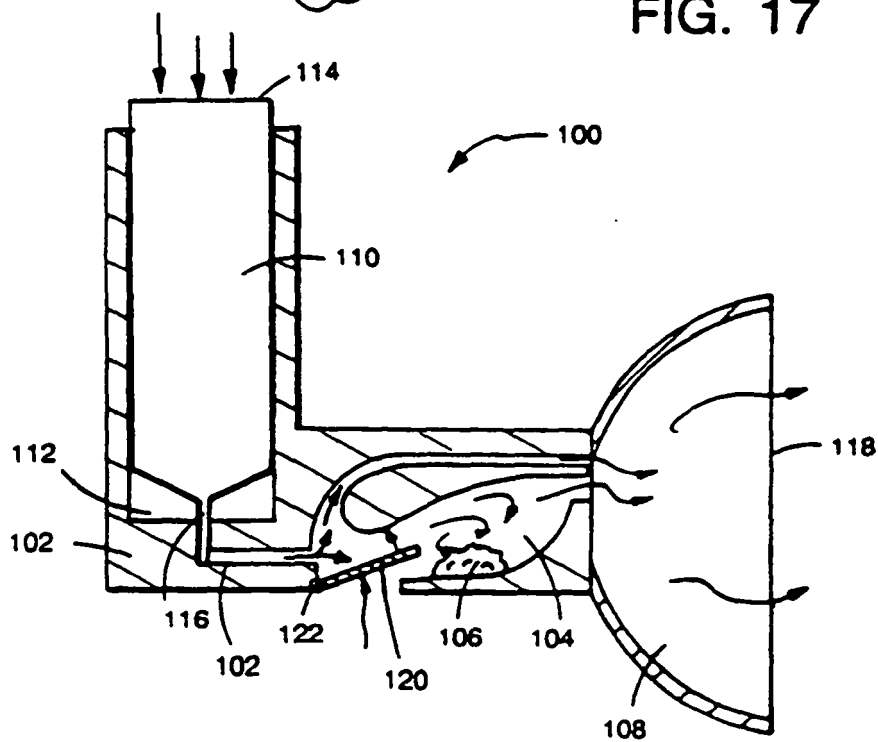


FIG. 18

REFERENCES CITED IN THE DESCRIPTION

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