

(57) **Abrégé(suite)/Abstract(continued):**

drive mechanism (14) is configured to move the body-engaging element (12) through a repetitive cyclic motion which includes an operative motion along a first path including a primarily vertical lifting motion followed by a primarily horizontal tensioning motion, and a return motion along a second path, the second path lying generally below the first path. The body-engaging element (12) preferably includes at least one surface configured for engaging a rear surface of both of the subject's legs from the knees downwards.

