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Traditional Chinese medicines composition pillow.

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The invention provides a traditional Chinese medicines composition pillow, which comprises a part A and a part B, wherein part A and part B are connected by a detachable connector; part A and part B are respectively filled with traditional Chinese medicines; users can combine part A and part B at will according to their own needs. The invention can disperse wind-cold, wind-heat, contribute to the relaxation of cervical vertebra and shoulder muscle ligaments, and significantly improve sleep quality; the traditional Chinese medicines filler of the invention is pure natural, pollution-free, sustainable and without drug-dependent and other side effects; The invention adopts a suit made of bamboo fiber material, which is soft and comfortable, overcomes the shortcomings that insomnia patients are sensitive to sound and cannot adapt to the rubbing sound of husks of *Fagopyrum esculentum* Moench, and has the effects of air permeability, mildew resistance and durability.

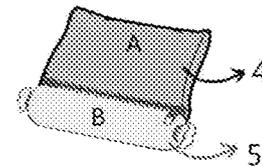


Fig. 2

Traditional Chinese medicines composition pillow

TECHNICAL FIELD

The invention relates to the medical field of traditional Chinese medicines, and in particular to a traditional Chinese medicines composition pillow.

5 BACKGROUND

Insomnia is called sleeplessness in traditional Chinese medicines. Mild insomnia patients have difficulty falling asleep all night, or wake up easily even when they are asleep, or may fall asleep and wake up at times throughout the night, and severe insomnia patients have trouble sleeping all night. Over time, insomnia will lead to physical disorders, headaches, dizziness, 10 palpitations, forgetfulness and depression, seriously affecting the quality of daily work and life.

The number of people suffering from various types of sleep disorders in the world accounts for 27% of the population, i.e. three out of ten people suffer from insomnia. In 2001, the International Foundation for Mental Health and Neuroscience designated 21st March as the Global Sleep Day, which was formally introduced into China by the China Sleep Research Society in 15 2003, in order to arouse the awareness of all people on the importance of sleep.

In recent years, the vast majority of people suffering from insomnia symptoms have taken sleeping pills to help them fall asleep, and taking sleeping pills for a long term can cause iatrogenic disease. Meanwhile, Chinese medicines pillows used for helping sleep appeared in the market, which not only can help patients fall asleep, but also can avoid the side effects of sleeping pills. 20 The use of medicinal pillows to help sleep is a folk tradition, as early as in the Zhou hou bei jin fang (Recipes for Emergencies to Be Kept Close at Hand) by Ge Hong (284-364) of Jin Dynasty, there is a record of steaming soybean pillow for treating insomnia.

Therefore, it has become an urgent problem to provide a traditional Chinese medicines composition pillow with clear components, excellent performance and suitable for modern 25 application.

SUMMARY

In order to solve the above problems, the invention provides a traditional Chinese medicines composition pillow, which comprises a part A and a part B, wherein the part A is connected with the part B through a detachable connector;

the part A comprises an outer layer, an inner layer and traditional Chinese medicines compositions; the outer layer wraps the inner layer, and the inner layer is filled with the traditional Chinese medicines compositions; the part B comprises a case and traditional Chinese medicines, and the case is filled with the traditional Chinese medicines;

5 the traditional Chinese medicines compositions comprise husks of *Fagopyrum esculentum* Moench, leaflets of *Phyllanthus emblica* L., leaves of *Artemisia argyi* Lévi. et Vant. and flower bud of *Magnolia Biondii* Pamp. in a mass ratio of 4: 4: 1: 1;

the leaves of *Artemisia argyi* Lévi. et Vant. and flower bud of *Magnolia Biondii* Pamp. are filled in the pillow corner, and the leaflets of *Phyllanthus emblica* L. and husks of *Fagopyrum*
10 *esculentum* Moench are filled in the inner pillow bag.

Preferably, the detachable connector is a zipper.

Preferably, the inner layer is made of cotton cloth and the outer layer is made of bamboo fiber.

Preferably, the traditional Chinese medicines is leaves of *Artemisia argyi* Lévi. et Vant.

Preferably, the preparation method of the traditional Chinese medicines filler comprises the
15 following steps: collecting husks of *Fagopyrum esculentum* Moench, leaflets of *Phyllanthus emblica* L., leaves of *Artemisia argyi* Lévi. et Vant. and flower bud of *Magnolia Biondii* Pamp. from the field, washing with water, drying in the air, and then filling into the pillow.

The invention has the following advantages:

(1) The invention has the effects of promoting flow of qi and blood, inducing resuscitation
20 with fragrance, calming the nerves and helping sleep.

(2) At the same time, the invention can properly adjust the height and posture, improve the posture, adjust the cervical vertebra, relieve the imbalance between body and mind, and re-establish a good sleep and awakening rhythm.

(3) The invention can disperse wind-cold and wind-heat, contribute to the relaxation of the
25 muscle ligaments of cervical vertebrae and shoulders, and significantly improve the sleep quality.

(4) The traditional Chinese medicine filler of the invention is pure natural, pollution-free, sustainable, without drug-dependent and other side effects.

(5) The invention adopts a suit made of bamboo fiber material, which is soft and comfortable, overcomes the shortcomings that insomnia patients are sensitive to sound and cannot adapt to the

rubbing sound of husks of *Fagopyrum esculentum* Moench, and has the effects of air permeability, mildew resistance and durability. LU505502

(6) The traditional Chinese medicines fillers of the invention are not simply mixed, but play a good sleep-aiding effect according to the distribution of drugs in different parts of the pillow.

5 (7) Users can combine Part A and Part B at will according to their own needs.

BRIEF DESCRIPTION OF THE FIGURES

In order to clearly explain the embodiment of the present invention or the technical scheme in the prior art, the figures needed in the description of the embodiment or the prior art will be briefly introduced below. Obviously, the figures in the following description are only the embodiment of the present invention, and other figures can be obtained according to the provided figures without creative labor for ordinary people in the field. 10

Fig. 1 is a filling diagram of a traditional Chinese medicines composition pillow of the present invention.

Fig. 2 is an overall structural diagram of the present invention.

15 DESCRIPTION OF THE INVENTION

In the following, the technical scheme in the embodiment of the invention will be clearly and completely described with reference to the attached figures. Obviously, the described embodiment is only a part of the embodiment of the invention, but not the whole embodiment. Based on the embodiments in the present invention, all other embodiments obtained by ordinary technicians in the field without creative labor belong to the scope of protection of the present invention. 20

Embodiment 1

With reference to Figs. 1-2, a traditional Chinese medicines composition pillow comprises a part A and a part B, wherein the part A is connected with the part B through a zipper.

The part A comprises a bamboo fiber outer layer 4, a cotton cloth inner layer 1 and traditional Chinese medicine compositions; the bamboo fiber outer layer 4 wraps the cotton cloth inner layer 1, and the cotton cloth inner layer 1 is filled with the traditional Chinese medicine compositions; the part B comprises a case 5 and leaves of *Artemisia argyi* Lévi. et Vant., and the inside of the case 5 is filled with leaves of *Artemisia argyi* Lévi. et Vant. 25

The traditional Chinese medicines compositions comprise husks of *Fagopyrum esculentum* Moench, leaflets of *Phyllanthus emblica* L., leaves of *Artemisia argyi* Lévi. et Vant. and flower bud of *Magnolia Biondii* Pamp. in a mass ratio of 4: 4: 1: 1.

5 The leaves of *Artemisia argyi* Lévi. et Vant. is filled in the first pillow corner 3, the flower bud of *Magnolia Biondii* Pamp. is filled in the second pillow corner 2, and the leaflets of *Phyllanthus emblica* L. and husks of *Fagopyrum esculentum* Moench are filled in the inner pillow bag.

10 The preparation method of the traditional Chinese medicines filler is to collect husks of *Fagopyrum esculentum* Moench, leaflets of *Phyllanthus emblica* L., leaves of *Artemisia argyi* Lévi. et Vant. and flower bud of *Magnolia Biondii* Pamp. from the field, washing with water, drying in the air, and then filling into a pillow.

15 The principle of sleep aid is that proper ventilation channels are formed between the husks of *Fagopyrum esculentum* Moench, which is more conducive to the natural breathing of human skin and is natural and comfortable. leaves of *Artemisia argyi* Lévi. et Vant. smells fragrant, which helps to dispel cold and relieve pain in shoulder and neck. flower bud of *Magnolia Biondii* Pamp. has the functions of calming the heart, calming the nerves and relieving stuffy nose because of the fragrant smell.

20 The above description of the disclosed embodiments enables those skilled in the art to make or use the invention. Many modifications to these embodiments will be obvious to those skilled in the art, and the general principles defined herein can be implemented in other embodiments without departing from the spirit or scope of the invention. Therefore, the present invention is not to be limited to the embodiments shown herein, but is to be accorded the widest scope consistent with the principles and novel features disclosed herein.

CLAIMS

1. A traditional Chinese medicines composition pillow, characterized by comprising a part A and a part B, wherein the part A is connected with the part B through a detachable connector;

the part A comprises an outer layer, an inner layer and traditional Chinese medicines compositions; the outer layer wraps the inner layer, and the inner layer is filled with the traditional Chinese medicines compositions; the part B comprises a case and traditional Chinese medicines, and the case is filled with the traditional Chinese medicines;

the traditional Chinese medicines compositions comprise husks of *Fagopyrum esculentum* Moench, leaflets of *Phyllanthus emblica* L., leaves of *Artemisia argyi* Lévi. et Vant. and flower bud of *Magnolia Biondii* Pamp. in a mass ratio of 4: 4: 1: 1;

the leaves of *Artemisia argyi* Lévi. et Vant. and flower bud of *Magnolia Biondii* Pamp. are filled in the pillow corner, and the leaflets of *Phyllanthus emblica* L. and husks of *Fagopyrum esculentum* Moench are filled in the inner pillow bag.

2. The traditional Chinese medicines composition pillow according to claim 1, characterized in that the detachable connector is a zipper.

3. The traditional Chinese medicines composition pillow according to claim 1, characterized in that the inner layer is made of cotton cloth and the outer layer is made of bamboo fiber.

4. The traditional Chinese medicines composition pillow according to claim 1, characterized in that the traditional Chinese medicines is leaves of *Artemisia argyi* Lévi. et Vant.

5. The traditional Chinese medicines composition pillow according to claim 1, characterized in that the preparation method of the traditional Chinese medicines filler comprises the following steps: collecting husks of *Fagopyrum esculentum* Moench, leaflets of *Phyllanthus emblica* L., leaves of *Artemisia argyi* Lévi. et Vant. and flower bud of *Magnolia Biondii* Pamp. from the field, washing with water, drying in the air, and then filling into the pillow.

1. Das Kombinationskissen der Traditionellen Chinesischen Medizin ist dadurch gekennzeichnet, daß es einen Teil A und einen Teil B umfasst, wobei der Teil A mit dem Teil B
5 durch ein abnehmbares Verbindungsstück verbunden ist;

Der A-Teil umfasst eine äußere Schicht, eine innere Schicht und eine Zusammensetzung der traditionellen chinesischen Medizin; Die äußere Schicht umhüllt eine innere Schicht, und die innere Schicht ist mit der Zusammensetzung der traditionellen chinesischen Medizin gefüllt; der B-Teil umfasst einen Mantel und eine traditionelle chinesische Medizin, wobei die Innenseite des
10 Mantels mit der traditionellen chinesischen Medizin gefüllt ist;

Die chinesische medizinische Zusammensetzung besteht aus Buchweizenschalen, Phyllanthus emblica-Blättern, Artemisia argyi-Blättern und Magnolia grandiflora in einem Massenverhältnis von 4 : 4 : 1 : 1;

Die Blätter von Artemisia argyi und Magnolia grandiflora sind im Hinterhauptswinkel
15 gefüllt, und die Blätter und Buchweizenschalen von Phyllanthus emblica sind im Hinterhauptsack gefüllt.

2. Das Kombinationskissen der Traditionellen Chinesischen Medizin nach Patentanspruch 1 ist dadurch gekennzeichnet, daß das abnehmbare Verbindungsstück ein Reißverschluss ist.

3. Das Kombinationskissen der Traditionellen Chinesischen Medizin nach Patentanspruch 1
20 ist dadurch gekennzeichnet, daß die innere Schicht ein Baumwollgewebe und die äußere Schicht ein Bambusfasermaterial ist.

4. Das Kombinationskissen der Traditionellen Chinesischen Medizin nach Patentanspruch 1 ist dadurch gekennzeichnet, daß die Traditionelle Chinesische Medizin ein Artemisia argyi-Blatt ist.

25 5. Das Kombinationskissen der Traditionellen Chinesischen Medizin nach Patentanspruch 1, dadurch gekennzeichnet, dass das Zubereitungsverfahren des Füllstoffs der traditionellen chinesischen Medizin das Ernten von Buchweizenschalen, Phyllanthus emblica-Blättern, Artemisia argyi-Blättern und Magnolia grandiflora vom Feld, Waschen mit Wasser, Trocknen und Einlegen in das Kissen umfasst.

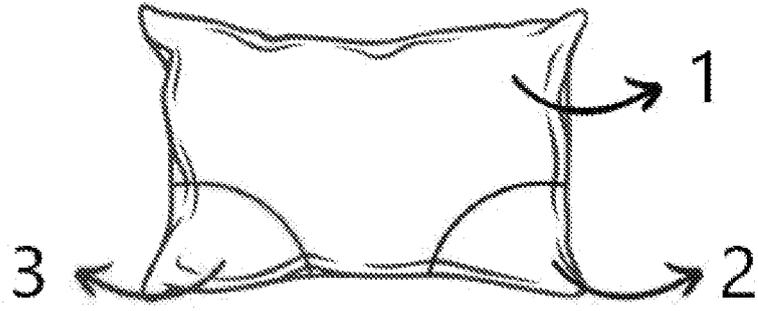


Fig. 1

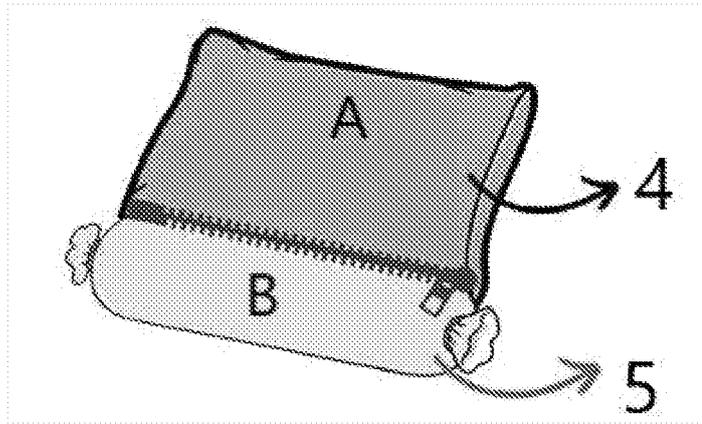


Fig. 2