(12) INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(19) World Intellectual Property Organization

International Bureau



(10) International Publication Number WO 2011/120898 A1

(43) International Publication Date 6 October 2011 (06.10.2011)

(51) International Patent Classification:

A23L 1/03 (2006.01) C12N 9/42 (2006.01) C12N 9/88 (2006.01) A23L 1/24 (2006.01) A23L 1/22 (2006.01) A23L 1/212 (2006.01)

C12N 9/24 (2006.01) A23D 7/005 (2006.01)

(21) International Application Number:

PCT/EP2011/054691

(22) International Filing Date:

28 March 2011 (28.03.2011)

(25) Filing Language: English

(26) Publication Language: English

(30) Priority Data:

PCT/CN2010/000421 1 April 2010 (01.04.2010) CN

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- (81) Designated States (unless otherwise indicated, for every kind of national protection available): AE, AG, AL, AM, AO, AT, AU, AZ, BA, BB, BG, BH, BR, BW, BY, BZ, CA, CH, CL, CN, CO, CR, CU, CZ, DE, DK, DM, DO, DZ, EC, EE, EG, ES, FI, GB, GD, GE, GH, GM, GT, HN, HR, HU, ID, IL, IN, IS, JP, KE, KG, KM, KN, KP, KR, KZ, LA, LC, LK, LR, LS, LT, LU, LY, MA, MD, ME, MG, MK, MN, MW, MX, MY, MZ, NA, NG, NI, NO, NZ, OM, PE, PG, PH, PL, PT, RO, RS, RU, SC, SD, SE, SG, SK, SL, SM, ST, SV, SY, TH, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UZ, VC, VN, ZA, ZM, ZW.
- (84) Designated States (unless otherwise indicated, for every kind of regional protection available): ARIPO (BW, GH, GM, KE, LR, LS, MW, MZ, NA, SD, SL, SZ, TZ, UG, ZM, ZW), Eurasian (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European (AL, AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI, FR, GB, GR, HR, HU, IE, IS, IT, LT, LU, LV, MC, MK, MT, NL, NO, PL, PT, RO, RS, SE, SI, SK, SM, TR), OAPI (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, ML, MR, NE, SN, TD, TG).

Published:

with international search report (Art. 21(3))

(54) Title: EDIBLE PRODUCT AND USE OF SUCH PRODUCT FOR INCREASING THE BIOAVAILABILITY OF MI-CRONUTRIENTS COMPRISED IN VEGETABLES OR FRUIT

(57) Abstract: The present invention provides an edible product comprising 10-99 wt.% of an aqueous phase; 0.1-90 wt.% of an oil phase; 0-40 wt.% of solid or semi-solid particles; and active plant cell wall degrading enzyme. Another aspect of the invention relates to the use of the aforementioned edible product for increasing the bioavailability of one or more micronutrients that are comprised in the vegetable and/or fruit components of a salad, said use comprising combining the product and the salad.

EDIBLE PRODUCT AND USE OF SUCH PRODUCT FOR INCREASING THE BIOAVAILABILITY OF MICRONUTRIENTS COMPRISED IN VEGETABLES OR FRUIT

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TECHNICAL FIELD OF THE INVENTION

The present invention provides an oil and enzyme containing edible product for increasing the bioavailability of one or more micronutrients that are comprised in vegetables or fruit.

BACKGROUND OF THE INVENTION

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It is well-known that fruit and vegetables are an important source of micronutrients such as vitamins and minerals. It is less well-known, however, that following consumption of fresh vegetables or fresh fruit the human body is often capable of utilizing only a fraction of the micronutrients contained therein. This phenomenon is commonly referred to as the limited oral bioavailability of micronutrients that are contained in a particular fresh vegetable or fresh fruit. Here the term "oral bioavailability" refers to the fraction of the total amount of an ingested micronutrient that ultimately reaches the systemic circulation. Thus, an oral bioavailability of 20% means that only 20% of the ingested amount of micronutrient reaches the systemic circulation.

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The oral bioavailability of a micronutrient that is contained within fresh vegetables of fresh fruit is determined by three successive processes. First the micronutrient must be released

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PCT/EP2011/054691

from the vegetable or fruit matrix into the juices of the gastrointestinal tract. The extent to which a micronutrient is released from a vegetable or fruit into the gastrointestinal tract determines its so called bioaccessibility. Secondly, the released nutrient must enter the intestinal epithelium where it is incorporated in chylomicrons which are transported via the lymph into the bloodstream near the heart (absorption). Finally, in order to reach the systemic circulation the micronutrient that has been transported into the portal vein must pass the liver without being metabolized. Consequently, oral bioavailability of a micronutrient is determined by its bioaccessibility, its absorption and its metabolism.

In case of fresh vegetables and fresh fruit limited bioavailability of micronutrients is mainly associated with limited bioaccessibility, especially in case the micronutrient is an oil-soluble micronutrient such as an oil-soluble vitamin or provitamin. Hence, in order to effectively enhance the oral bioavailability of micronutrients in fresh vegetables and fresh fruit, the bioaccessibility of these micronutrients should be increased.

Brown et al. (Carotenoid bioavailability is higher from salads ingested with full-fat than with fat-reduced salad dressing as measured with electrochemical detection, Am J Clin Nutr (2004); 80, 396-403) have reported that the results of a study that aimed to quantify the appearance of carotenoids in plasma chylomicrons after subjects ingested fresh vegetable salads with fat-free, reduced-fat and full-fat salad dressings. The authors found that after ingestion of salads with fat-free salad the appearance of carotenoids in plasma chylomicrons was negligible. After ingestion of the salads with reduced-fat

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salad dressing, the appearance of the carotenoids in plasma chylomicrons increased relative to that after ingestion of the salads with fat-free salad dressing. Similarly, the appearance of the carotenoids in plasma chylomicrons was higher after the ingestion of salads with full-fat than with reduced-fat salad dressing. However, the beneficial effect on carotenoid bioavailability that can be achieved with full-fat dressings is at least to some extent outweighed by the undesirably high caloric content of such dressings. In addition, the increase in oral bioavailability that can be realized by these conventional full-fat dressings is limited, probably because these dressings have essentially no impact on the bioaccessibility of oil soluble micronutrients contained in the fresh vegetable or the fresh fruit.

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Hence, there is a need for alternative means for increasing the bioavailability of nutrients that are contained in fresh vegetables and fresh fruit.

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SUMMARY OF THE INVENTION

The present inventors have succeeded in finding a new way to increase the bioavailability of nutrients that are contained in vegetables and fruit. The inventors have developed an oil containing edible product that, when consumed within 30 minutes of consuming a vegetable or a fruit containing one or more micronutrients, substantially increases the bioavailability of said micronutrients. The edible product of the present invention is characterized in that it comprises 10-99 wt.% of an aqueous phase; 0.1-90 wt.% of an oil phase; 0-40 wt.% of solid or semi-solid particles; and active plant

cell wall degrading enzyme selected from pectinase, cellulase and combinations thereof.

JP 2000/157169 describes an oil-in-water emulsion for use in bread making, comprising 10-80 wt.% oil, water, 5-30 wt.% vinegar, 3-20 wt.% egg component, a glycolytic enzyme and optionally 1-3 wt.% stabilizer, seasoning, spice or the like.

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The inventors have found that if the present edible product is consumed at about the same time as vegetables or fruit, the active cell wall degrading enzyme is capable of increasing the bioavailability of the micronutrients present in said vegetables or fruit. This increase in bioavailability results from the interaction between the enzyme and the salad components after the salad has been ingested. The oil phase of the edible product further enhances the bioavailability enhancing effect of the cell wall degrading enzyme.

Although the inventors do not wish to be bound by theory, it is believed that the favorable effect of the cell wall degrading enzyme on the bioavailability of nutrients contained in fresh vegetables and/or fresh fruit is largely attributable to the impact of the enzyme on the bioaccessibility of said micronutrients. By degrading components that are contained in the cell walls of the vegetable or fruit components whilst these components are passing through the gastrointestinal tract, the enzyme is believed to contribute to the release of micronutrients that would otherwise remain entrapped in these components until they reach a part of said gastrointestinal tract where they can no longer be absorbed. The oil components of the oil phase facilitate absorption of the micronutrients that are released a result of the activity of the cell wall

degrading enzyme. Thus, because the present edible product enhances both bioaccessibility and absorption of micronutrients contained in vegetables or fruit, the edible product is surprisingly effective in raising the bioavailability of said micronutrients.

The present invention also relates to the use of an edible product for increasing the bioavailability of one or more micronutrients that are comprised in a vegetable or a fruit, wherein said edible product comprises 10-99 wt.% of an aqueous phase; 0.1-90 wt.% of an oil phase; 0-40 wt.% of solid or semi-solid particles; and active plant cell wall degrading enzyme; and wherein said use comprises consuming the edible product within 30 minutes of consuming said vegetable or fruit.

Furthermore, the invention provides a salad comprising at least 50 wt.% of vegetable and/or fruit components and at least 3 wt.% of an edible product comprising 10-99 wt.% of an aqueous phase; 0.1-90 wt.% of an oil phase; 0-40 wt.% of solid or semi-solid particles; and active plant cell wall degrading enzyme.

25 DETAILED DESCRIPTION OF THE INVENTION

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Accordingly, one aspect of the invention relates to an edible product comprising 10-99 wt.% of an aqueous phase; 0.1-90 wt.% of an oil phase; 0-40 wt.% of solid or semi-solid particles; and active plant cell wall degrading enzyme selected from pectinase, cellulase and combinations thereof.

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PCT/EP2011/054691

The term "oil" as used herein refers to a lipid material that can be liquid or solid at ambient temperature. Throughout this document, unless indicated otherwise, the terms "oil" and "fat" are used interchangeable.

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Unless indicated otherwise, the term "bioavailability" as user herein should be construed as "oral bioavailability".

The term "consuming" as used herein refers to the ingestion of a material, e.g. the oil containing edible product, the vegetable or the fruit.

Examples of edible products encompassed by the present invention include: dressings (including salad dressings), mayonnaise, cooking oils, kitchen fats (e.g. kitchen margarine), sauces, soups, spreads, beverages and desserts (e.g. ice cream). Preferably, the edible product is selected from the group consisting of dressings, mayonnaise, sauces and desserts. Even more preferably, the edible product is a dressing or a mayonnaise. Most preferably, the edible product is a dressing, especially a salad dressing. The aqueous phase of the edible product of the present invention preferably has been acidified. Typically, the aqueous phase of the dressing has a pH in the range of 2.0-5.5, more preferably of 2.5-5.0. Food grade acids that may suitably be applied in the edible product include acetic acid, citric acid, lactic acid, sorbic acid, phosphoric acid, malic acid, benzoic acid, tartaric acid, ascorbic acid and combinations thereof. Most preferably, the acid is selected from acetic acid, citric acid and combinations thereof.

According to a particularly preferred embodiment, the edible

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product contains at least 0.1 g/l of a food-grade acid as described herein before.

According to yet another advantageous embodiment of the

5 present invention, the aqueous phase of the dressing contains

0.01-10 wt.%, more preferably 0.05-5 wt.% of protein.

Examples of proteins and protein sources that may suitably be incorporated in the aqueous phase include milk protein, egg protein, rice protein, corn protein, soy protein, mustard

10 flour and combinations thereof. The inclusion of protein not only has a favorable impact on the taste and texture of the dressing but is also believed to further boost the advantageous bioavailability enhancing effect of the dressing.

The edible product of the present invention may suitably be combined with the vegetable or the fruit prior to consumption, e.g. by pouring it over said vegetable or fruit. In order to ensure that the product will cling to the vegetable or fruit, it is advantageous to incorporate one or more viscosifiers.

20 Advantageously, the edible product of the present invention has a viscosity of at least 200 mPa.s, said viscosity being determined by Brookfield, spindle RV3, 30 rpm, at 20°C. Even more preferably, the edible product has a viscosity of at least 350 mPa.s.

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In accordance with a particularly preferred embodiment of the present invention the edible product comprises 0.5-90 wt.% of an oil phase and 10-99 wt.% of an aqueous phase. Even more preferably, the edible product comprises 1-90 wt.% of an oil phase and 10-99 wt.% of an aqueous phase. The benefits of the present invention are particularly appreciated in case the edible product comprises 5-85 wt.%, especially 10-50 wt.% of

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an oil phase. Despite the relatively low concentration of oil phase, these edible products can achieve a significant increase in oral bioavailability of the oil soluble micronutrients present in a vegetable or a fruit that is consumed at about the same time as the edible product. Thus, the favorable bioavailability effect of such low caloric products can be equal or even exceed the effect observed for conventional products having much higher oil content.

The oil phase of the present edible product preferably contains at least 80 wt.%, more preferably at least 90 wt.% of glycerides selected from the group of triglycerides, diglycerides, monoglycerides, phospholipids and combinations thereof.

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Typically, in the edible products of the present invention the oil phase and the aqueous phase together represent at least 70 wt.% of the product and the product may further comprise 0-30 wt.% of solid particles, e.g herbs, spices, vegetable or fruit. In order to protect the latter particles against premature enzymatic digestion, they may be coated with a protective layer (e.g. fat or wax).

In accordance with one advantageous embodiment, the edible

25 product of the present invention is an oil-in-water emulsion.

According to an alternative embodiment, the edible product is

non-emulsified and comprises a layer of aqueous phase and a

layer of oil phase, e.g. a dressing comprising an aqueous

layer and an oil layer resting on the aqueous layer. The

30 latter type of dressing is usually shaken to produce an

emulsion that can be applied onto a salad.

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The plant cell wall degrading enzyme in the present edible productpreferably is a pectinase as pectinases were found to be particularly effective. Examples of pectinases that are particularly suitable for use in the present edible product include polygalacturonase (EC 3.2.1.15) and pectin lyases (EC 4.2.2.10). Naturally, also combinations of these enzymes may be used. According to a particularly preferred embodiment, the pectinase employed in the edible product is polygalacturonase, most preferably endo-polygalacturonase.

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It will be understood that the edible product of the present invention should contain a sufficient amount of the active cell wall degrading enzyme activity to achieve a substantial increase in bioavailability of micronutrients contained in a vegetable or a fruit. According to an especially preferred embodiment, the edible product exhibits sufficient pectinase activity to cause a viscosity decrease at 20°C and a shear rate of 1 s⁻¹ of at least 20% when 30 μ l of the product is mixed with 2 ml of a 3.5% (w/w) pectin solution, using the test procedure described in the Examples. More preferably, the edible product exhibits sufficient pectinase activity to cause a viscosity decrease of at least 40%, even more preferably of at least 50% and most preferably of at least 60% in the aforementioned assay

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The cellulase that can be employed in the present edible product is suitably selected from endo-cellulase, exocellulase and combinations thereof. Preferably, the edible product exhibits sufficient cellulase activity to cause a viscosity decrease at 20°C and a shear rate of 1 s⁻¹ of at least 20% when 30 μ l of the product is mixed with 2 ml of a 1.5% (w/w) carboxymethyl cellulose solution, using the test

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procedure described in the Examples. More preferably, the edible product exhibits sufficient cellulase activity to cause a viscosity decrease of at least 40%, even more preferably of at least 50% and most preferably of at least 60% in the aforementioned assay.

The inventors have found that surprisingly good results can be obtained if the edible product exhibits both significant pectinase and cellulase activity. Hence, in accordance with a particularly preferred embodiment, the edible product exhibits sufficient pectinase activity to cause a viscosity decrease of at least 20% in the aforementioned pectinase assay and, in addition, the edible product exhibits sufficient cellulase activity to cause a viscosity decrease of at least 20% in the above mentioned cellulase assay.

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It is preferred that the edible product contains only a limited amount of substrate that can be digested by the cell wall degrading enzyme. Accordingly, in a preferred embodiment the edible product contains less than 0.5 wt.%, more preferably less than 0.1 wt.% and most preferably less than 0.03 wt.% of pectin that can be digested in situ by the cell wall degrading enzyme. Likewise, the edible product preferably contains less than 0.5 wt.%, more preferably less than 0.1 wt.%, and most preferably less than 0.03 wt.% of cellulose that can be digested in situ by the cell wall degrading enzyme.

Another aspect of the invention relates to an edible product

30 as defined herein before, wherein the edible product is

packaged in a sealed container, said container carrying one or

more statements indicating that the consumption of the edible

product increases the bioavailability of micronutrients that are comprised in vegetables or fruit.

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PCT/EP2011/054691

In accordance with a particularly preferred embodiment, the edible product is a salad dressing and the one or more statements on the container indicate that the salad dressing can be used on a salad to increase the bioavailability of micronutriens that are comprised in the vegetable or fruit components of the salad.

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A further aspect of the invention relates to a salad comprising at least 50 wt.% of vegetable and/or fruit components and at least 3 wt.% of an edible product comprising 10-99 wt.% of an aqueous phase; 0.1-90 wt.% of an oil phase; 0-40 wt.% of solid or semi-solid particles; and active plant cell wall degrading enzyme. The cell wall degrading enzyme is advantageously selected from pectinase, cellulase, hemicellulase and combinations thereof.

20 According to a particularly preferred embodiment, the salad comprises an edible product as defined herein before.

Particularly preferred is a salad that comprises at least 40 wt.%, preferably at least 70 wt.% of one or more vegetables selected from lettuce, tomato, carrot, beetroot and

25 combinations thereof.

Yet another aspect of the present invention relates to the use of an edible product for increasing the bioavailability of one or more micronutrients that are comprised in a vegetable or a fruit, wherein said edible product comprises 10-99 wt.% of an aqueous phase; 0.1-90 wt.% of an oil phase; 0-40 wt.% of solid or semi-solid particles; and active plant cell wall degrading enzyme; and wherein said use comprises consuming the edible

product within 30 minutes of consuming said vegetable or fruit. The cell wall degrading enzyme is advantageously selected from pectinase, cellulase, hemicellulase and combinations thereof.

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According to a particularly preferred embodiment, the edible product that is used for increasing the bioavailability of one or more micronutrients is an edible product as defined herein before.

PCT/EP2011/054691

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According to one embodiment of the above mentioned use, the edible product and the vegetable or fruit are consumed separately, i.e. ingested separately, but the time period between these separate consumption events does not exceed 30 minutes. Here the time period between these consumption events is defined as the time period that starts with the end of the first event and that ends with the start of the other event. According to a particularly preferred embodiment, the edible product is consumed within 20 minutes, most preferably within 10 minutes of consuming the vegetable or the fruit. It should be understood that in accordance with this embodiment, the edible product can be consumed prior or after consumption of the vegetable or the fruit.

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According to another, particularly preferred embodiment, the edible product is combined with the vegetable or the fruit prior to consumption. Examples of this particular embodiment include the combination of a salad and a salad dressing, the combination of cooked vegetables and a sauce, and the combination of fruit and a dessert.

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The edible product of the present invention can suitably be used to enhance the bioavailability of a wide range of micronutrients, especially oil soluble micronutrients. Examples of such oil-soluble micronutrients include provitamin A, vitamin E, vitamin K and lycopene. Examples of provitamin A whose bioavailability can be enhanced effectively by using the present edible product include α -carotene, β -carotene, γ -carotene and β -cryptoxanthin.

PCT/EP2011/054691

- The fruit or vegetable containing the micronutrients can be fresh or cooked. According to a particularly preferred embodiment, the vegetable or fruit is a fresh vegetable or a fresh fruit.
- In accordance with a particularly preferred embodiment of the present use, the edible product is a salad dressing and the vegetable or fruit is a component of a salad. Advantageously, said salad dressing is combined with the salad prior to consumption. Preferably, the salad comprises at least 40 wt.%, more preferably at least 70 wt.% of one or more fresh vegetables selected from lettuce, tomato, carrot, beetroot and combinations thereof.

In accordance with the present use, the salad dressing can be combined with the salad in numerous ways. A convenient way of combining the dressing with the salad is to pour the salad dressing over a freshly prepared salad.

The invention is further illustrated by means of the following, non-limiting examples.

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EXAMPLES

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Assay for determining pectinase activity:

A solution containing 3.5 wt.% of low methoxyl pectin and having a pH of 3.0 is prepared as follows:

- Add 3.5 g LM citrus pectin (Grindsted® pectin LC 950 from Danisco) and citric acid (0.19 g/l) to 96 g demineralised water under continuous mixing and then add 0.876g NaCl;
- Mix the solution for at least 30 min;
- 10 Heat the solution for 5 min at 100 °C.

Pectinase activity is measured using the following procedure:

- Take at least two samples from the product to be tested;
- Prepare a control sample by heating it to 10 minutes at 95
 C to destroy pectinase activity;
- Add 30 ul of each sample to 2 ml of the LM pectin solution and transfer them into an Eppendorf;
 - Turn the Eppendorf upside down 3x;
 - Incubate the samples 15 min at 37 °C using an Eppendorf thermostatic shaker at 1000 rpm;
- Heat the samples for 10 min 95°C;
 - Measure the difference in viscosity between the test sample and the control sample using a TA AR 1000 rheometer (cone plate diameter 4 cm, gap 71 micron, angle 1.59°). Method: flow procedure; parameters: peak hold; hold at 1 s⁻¹ shear, duration 1 min (20 data points); equilibration 1 min, at 20 °C.

Activity is given as % decrease in viscosity of the pectin solution compared with a standard dressing (sample without enzyme activity).

Assay for determining cellulase activity:

Procedure is identical to the procedure described above for the pectinase assay, except that instead of solution containing 3.5 wt.% of LM pectin, a solution containing 1.5 wt.% of carboxymethyl cellulose is employed.

Example 1

Dressings were prepared on the basis of the formulation depicted in Table 1.

Table 1

Ingredient	W t%
Aqueous solution of salt and	53.513
sucrose	55.515
Vinegar White	17.400
Vegetable oil	21.300
Herbs & spices	3.500
Flavouring & colouring	0.800
Xanthan gum	0.180
Calcium Disodium EDTA	0.007
Enzyme preparation	3.300
Total	100

- 15 The following commercially available enzyme preparation were included in the dressings:
 - A. Depol™ 670L (Biocatalysts Ltd., Wales, UK)
 - B. Glucanase 5XL (Biocatalysts Ltd., Wales, UK)
 - C. Depol™ 40L (Biocatalysts Ltd., Wales, UK)
- 20 D. Cellulase C013L (Biocatalysts Ltd., Wales, UK)
 - E. Ultrazyme™AFP L (Novozymes A/S, Bagsvaerd, Denmark)
 - F. Viscozyme™ L (Novozymes A/S, Bagsvaerd, Denmark)
 - G. Rapidase® FC (DSM Food Specialties B.V, Delft, the Netherlands)

16

- H. Klerzyme® 150 (DSM Food Specialties B.V, Delft, the Netherlands)
- I. Pectinase 62L (Biocatalysts Ltd., Wales, UK)

All of the dressings so prepared exhibited a pectinase activity of at least 60% in the pectinase assay described herein before. Most of the dressings further exhibited a cellulase activity of at least 60% in the cellulase assay described herein before.

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Example 2

The effect of the different enzyme preparations on the bioaccessibility of lipophilic micronutrients contained in a salad was assessed in an *in vitro* bioaccessibility test. To this end, model dressings were prepared in accordance with the recipe described in Table 2.

Table 2

Ingredient	Control	Enzyme
	(wt%)	(wt%)
Aqueous solution of salt	98.13	95.63
and sucrose		
Acetic acid (100%)	0.62	0.62
Lecithin #	1.25	1.25
Enzyme preparation	_	2.5

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These model dressing were subjected to an *in vitro* bioaccessibility test using the following protocol.

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Salad samples were prepared by adding 200 grams Romaine

Lettuce + 200 grams of water in a blender and processing them

[#] Epikuron™ 200, Cargill, Inc.

until salad particles were obtained which were comparable to the size after normal chewing. 50 grams of this salad mixture (comprising 25 grams salad) was then put into the reaction vessel of the in-vitro digestion model. Onto this, 10 grams of the salad dressing was added by separately pipetting the aqueous phase, the oil phase, and the enzyme preparation of the dressing. In case of the control, enzyme was replaced by water.

Effects on bioaccessibility were evaluated by determining the 10 nutrient content of the vegetable and by measuring the in vitro extraction of micronutrients in digestive juices. Artificial digestive juices were prepared based on human physiology and added to the products, mixed and incubated 15 according to physiological pH and transit times. The fraction of micronutrients that is released from the salad components into the aqueous volume (dissolved or solubilised in mixed micelles) of the digestive juices after centrifugation and filtration represents the bioaccessible fraction. The relative in vitro accessibility of a micronutrient can be calculated as 20 the in vitro accessible amount over the total amount of that nutrient present in the vegetable and expressed as a percentage.

25 The results of the study are summarized in Table 3 (β -carotene), Table 4 (lutein) and Table 5 (folate).

Table 3

β-carotene	% Bioacessibility (Average ± SD)	
	Control	Invention 5
Depol™ 670L	48.2 ± 9.1	111.8 ± 9.0
Glucanase 5XL	56.1 ± 1.6	105.3 ± 7.7
Depol™ 40L	48.2 ± 9.1	98.8 ± 13.3
Cellulase C013L	57.1 ± 7.8	87.5 ± 7.1
Viscozyme™ L	53.8 ± 0.2	93.6 ± 2.9
Ultrazyme™ AFP L	57.1 ± 7.8	84.9 ± 0.3
Klerzyme® 150	61.4 ± 5.2	106.0 ± 5.4
Rapidase® FC	52.7 ± 2.4	$104.9 \pm 6.1_{15}$

Table 4

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Lutein	% Bioacessibility (Average ± SD)	
	Control	Invention
Depol™ 670L	56.1 ± 5.6	91.8 ± 1.5
Glucanase 5XL	54.3 ± 2.9	95.6 ± 9.8
Depol™ 40L	56.1 ± 5.6	88.7 ± 10.7
Cellulase C013L	56.2 ± 4.0	87.2 ± 3.4
Viscozyme™ L	53.4 ± 1.5	83.5 ± 3.4
Ultrazyme™ AFP		
L	56.2 ± 2.9	83.2 ± 3.2
Pectinase 62L	56.2 + 4.0	80.6 + 1.7

Table 5

Folate	% Bioacessibility (Average ± SD)	
	Control	Invention
Cellulase C013L	37.2 ± 1.2	90.6 ± 23.3

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These results clearly demonstrate that edible products containing active cell wall degrading enzymes having pectinase

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and/or cellulase activity are capable of substantially enhancing the bioaccessibility of micronutrients that are contained in fruit or vegetables if these edible products are consumed together with such fruit or vegetables.

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Example 3

The effect of pectinase and cellulase activity on the bioaccessibility of lipophilic micronutrients contained in a salad was assessed using the *in vitro* bioaccessibility test described in Example 2. This time, instead of commercial enzyme preparations that typically exhibit a wide spectrum of enzyme activities, highly purified enzyme preparations were used, i.e. a pure endo-polygalacturonase (Polygalacturonase M2 (A. aculeatus), supplied by Megazyme) and a pure cellulase (Carezyme 1000L®; C2605 Cellulase from Aspergillus sp., supplied by Sigma).

The compositions of the model dressings employed in the bioaccessibility test are described in Table 6.

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Table 6

Ingredient	Dressing	Dressing	Dressing
	I	II	III
Aqueous solution of salt	95.63 wt.%	93.13 wt.%	90.63 wt.%
and sucrose			
Acetic acid (100%)	0.62 wt.%	0.62 wt.%	0.62 wt.8
Lecithin #	1.25 wt.%	1.25 wt.%	1.25 wt.%
Polygalacturonase	2.5 wt.%		2.5 wt.%
Cellulase		5.0 wt.%	5.0 wt.%

The results obtained from the bioaccessibility test (increased in bioavailability) are depicted in Table 7.

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Table 7

β-carotene	Bioaccessibility (%) ± SD
Dressing I	37.6 ± 0.3
Dressing II	48.8 ± 3.8
Dressing III	72.5 ± 7.1

These results show that the combined action of polygalacturonase and cellulase produces a surprisingly big increase in bioaccessibility of lipophilic micronutrients.

Example 4

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The effect of cell wall degrading enzymatic activity on the bioaccessibility of vitamin C contained in a salad was assessed using the *in vitro* bioaccessibility test described in Example 2.

The compositions of the model dressings employed in the bioaccessibility test are described in Table 8.

Table 8

Ingredient	Control	Enzyme
	(wt%)	(wt%)
Aqueous solution of salt	98.13	95.63
and sucrose		
Acetic acid (100%)	0.62	0.62
Lecithin #	1.25	1.25
Enzyme preparation	_	2.5

[#] Epikuron™ 200, Cargill, Inc.

20 The results obtained from the bioaccessibility test after digestion of salad with the respective salad dressings are depicted in Table 9.

Table 9

	Bio accessible Ascorbic acid (mg/l)	% increase compared with reference
1) Reference	75	0
2) Cytolase	103	37
3) Viscozyme	103	37
4) Ultrazyme	105	40
5) Depol 392	89	19
6) Rapidase TF	90	20
7) Rapidase FC	88	17
8) Klerzyme	103	37

[#] Ascorbic acid concentration was measured using Reflectoquant™ strips from Merck, Germany

CLAIMS

- 1. An edible product comprising 10-99 wt.% of an aqueous phase; 0.1-90 wt.% of an oil phase; 0-40 wt.% of solid or semisolid particles; and active plant cell wall degrading enzyme selected from pectinase, cellulase and combinations thereof.
- 2. Edible product according to claim 1, wherein the aqueous phase has a pH in the range of 2.0-5.5, preferably of 2.5-5.0.
- 3. Edible product according to claim 1 or 2, wherein the aqueous phase contains at least 0.1 g/l of food-grade acid selected from acetic acid, citric acid, lactic acid, sorbic acid, phosphoric acid, ascorbic acid and combinations thereof.
- 4. Edible product according to any one of the preceding claims, wherein the product contains 1-90 wt.% of an oil phase.
- 5. Edible product according to any one of the preceding claims, wherein the oil phase and the aqueous phase together represent at least 70 wt.% of the product and wherein the product comprises up to 30 wt.% of solid or semi-solid particles.
- 6. Edible product according to any one of the preceding claims, wherein the product has a viscosity of at least 200 mPa.s, said viscosity being determined by Brookfield, spindle RV3, 30 rpm, at 20°C.

- 7. Edible product according to any one of the preceding claims, wherein the active plant cell wall degrading enzyme is pectinase.
- 8. Edible product according to claim 7, wherein the pectinase is selected from polygalacturonase (EC 3.2.1.15) and pectin lyases (EC 4.2.2.10).
- 9. Edible product according to claim 8, wherein the pectinase is polygalacturonase, preferably endo-polygalacturonase.
- 10. Edible product according to any one of the preceding claims, wherein the product exhibits sufficient pectinase activity to cause a viscosity decrease at 20°C and a shear rate of 1 s⁻¹ of at least 20% when 30 μ l of the product is mixed with 2 ml of a 3.5% (w/w) pectin solution, using the test procedure described in the specification.
- 11. Edible product according to any one of the preceding claims, wherein the product exhibits sufficient cellulase activity to cause a viscosity decrease at 20°C and a shear rate of 1 s⁻¹ of at least 20% when 30 μ l of the product is mixed with 2 ml of a 1.5% (w/w) carboxymethyl cellulose solution, using the test procedure described in the specification.
- 12.A salad comprising at least 50 wt.% of vegetable and/or fruit components and at least 3 wt.% of an edible product comprising 10-99 wt.% of an aqueous phase; 0.1-90 wt.% of an oil phase; 0-40 wt.% of solid or semi-solid particles; and active plant cell wall degrading enzyme.
- 13. Salad according to claim 12, wherein the edible product is an edible product according to any one of claims 1-11.

24

PCT/EP2011/054691

- 14. Salad according to claim 12 or 13, wherein the salad comprises at least 40 wt.%, preferably at least 70 wt.% of one or more vegetables selected from lettuce, tomato, carrot, beetroot and combinations thereof.
- 15. Use of an edible product for increasing the bioavailability of one or more micronutrients that are comprised in a vegetable or a fruit, wherein said edible product comprises 10-99 wt.% of an aqueous phase; 0.1-90 wt.% of an oil phase; 0-40 wt.% of solid or semi-solid particles; and active plant cell wall degrading enzyme; and wherein said use comprises consuming the edible product within 30 minutes of consuming said vegetable or fruit.
- 16. Use according to claim 15, wherein the edible product is an edible product according to any one of claims 1-11.
- 17. Use according to claim 16, wherein the edible product is a salad dressing and wherein said salad dressing is combined with a salad containing the vegetable or the fruit prior to consumption.

INTERNATIONAL SEARCH REPORT

International application No PCT/EP2011/054691

A. CLASSIFICATION OF SUBJECT MATTER INV. A23L1/03 A23L1/24

C12N9/88

A23L1/212

A23L1/22 A23D7/005 C12N9/24

C12N9/42

ADD.

According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

 $\begin{array}{ll} \mbox{Minimum documentation searched (classification system followed by classification symbols)} \\ \mbox{A23D} & \mbox{A23L} & \mbox{C12N} \end{array}$

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

EPO-Internal, BIOSIS, FSTA, PAJ, WPI Data

C. DOCUM	C. DOCUMENTS CONSIDERED TO BE RELEVANT		
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Α	30 October 2008 (2008-10-30) abstract paragraphs [0007], [0010], [0015] examples 1-2	12-17	
Υ	US 2007/020744 A1 (JOLLY JAMES F [US] ET	1,4-10	
Α	AL) 25 January 2007 (2007-01-25) paragraphs [0005], [0008], [0010], [0011], [0034], [0037], [0053], [0057] example 8 claim 1	12-17	
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X Further documents are listed in the continuation of Box C.	X See patent family annex.
"A" document defining the general state of the art which is not considered to be of particular relevance "E" earlier document but published on or after the international filing date "L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified) "O" document referring to an oral disclosure, use, exhibition or other means "P" document published prior to the international filing date but later than the priority date claimed	"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention "X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone "Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art. "&" document member of the same patent family
Date of the actual completion of the international search 9 June 2011	Date of mailing of the international search report $04/07/2011$
Name and mailing address of the ISA/ European Patent Office, P.B. 5818 Patentlaan 2 NL - 2280 HV Rijswijk Tel. (+31-70) 340-2040, Fax: (+31-70) 340-3016	Authorized officer Couzy, François

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INTERNATIONAL SEARCH REPORT

International application No
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