J. L. Dibble,

Exercising Club,

No. 64,081. Patented Apr. 23, 1867.

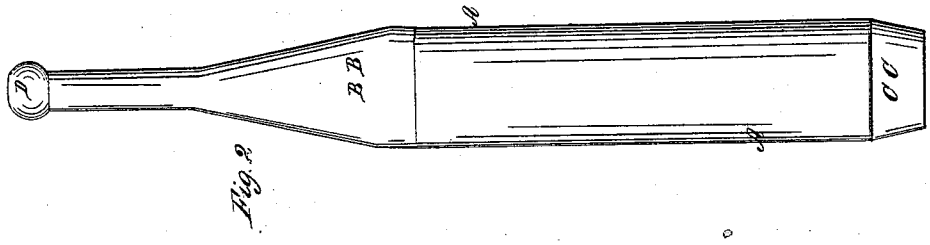


Fig. 2.

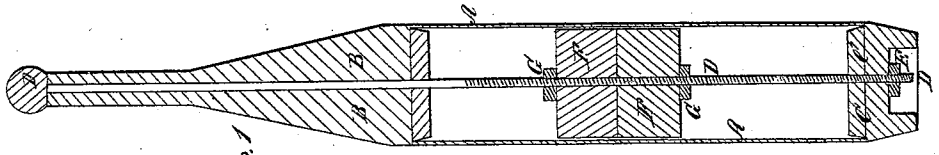


Fig. 1.

Witnesses;
Robert D. Dibble
Herbert Eills

Inventor;
John L. Dibble

AM. PHOTO-LITHO. CO. N.Y. (OSBORNE'S PROCESS)

United States Patent Office.

JOHN L. DIBBLE, OF NEW YORK, N. Y.

Letters Patent No. 64,081, *dated April* 23, 1867.

EXERCISING CLUB.

The Schedule referred to in these Letters Patent and making part of the same.

TO ALL WHOM IT MAY CONCERN:

Be it known that I, JOHN L. DIBBLE, of the city of New York, county and State of New York, have invented a new and improved Exercising Club, (commonly called Indian clubs,) for gymnastic purposes; and I do declare that the following is a full, clear, and exact description thereof, which will enable those skilled in the art to make and to use the same, reference being had to the accompanying drawing, forming a part of this specification, in which—

The drawing marked Figure 1 represents a sectional elevation of the instrument.

The drawing marked Figure 2 represents the perspective elevation of the instrument.

The invention consists of a metallic cylindrical shell or tube, A A, into the ends of which are fitted the turned blocks B B and C C, the block B B forming the handle to the instrument, and the block C C the base or butt of the same. The whole is firmly held together by the central rod D D D, and secured by the nut E. F F represent one or more metallic weights, as may be needed to give the required weight to the club. The central rod D D D passes through the centre of these weights, which are secured at any desired point on the rod by the nuts G G.

Mode of using: The instrument is grasped firmly by the handle, and swung to and fro, around, and about the head, in a manner well known to gymnasts.

The advantages of the invention are economy of space, the ability to increase the weight of the instrument by adding to the weights, and ability to regulate the balance of the instrument by means of the nuts G G.

I claim as new, and desire to secure by Letters Patent—

The metallic cylindrical shell A A, and the central rod D D D, as arranged and combined with the blocks B B and C C, and adjustable weights F F, the whole forming an exercising club substantially as herein described and set forth.

JOHN L. DIBBLE.

Witnesses:

HERBERT EELLS,

ROBERT D. DIBBLE.