

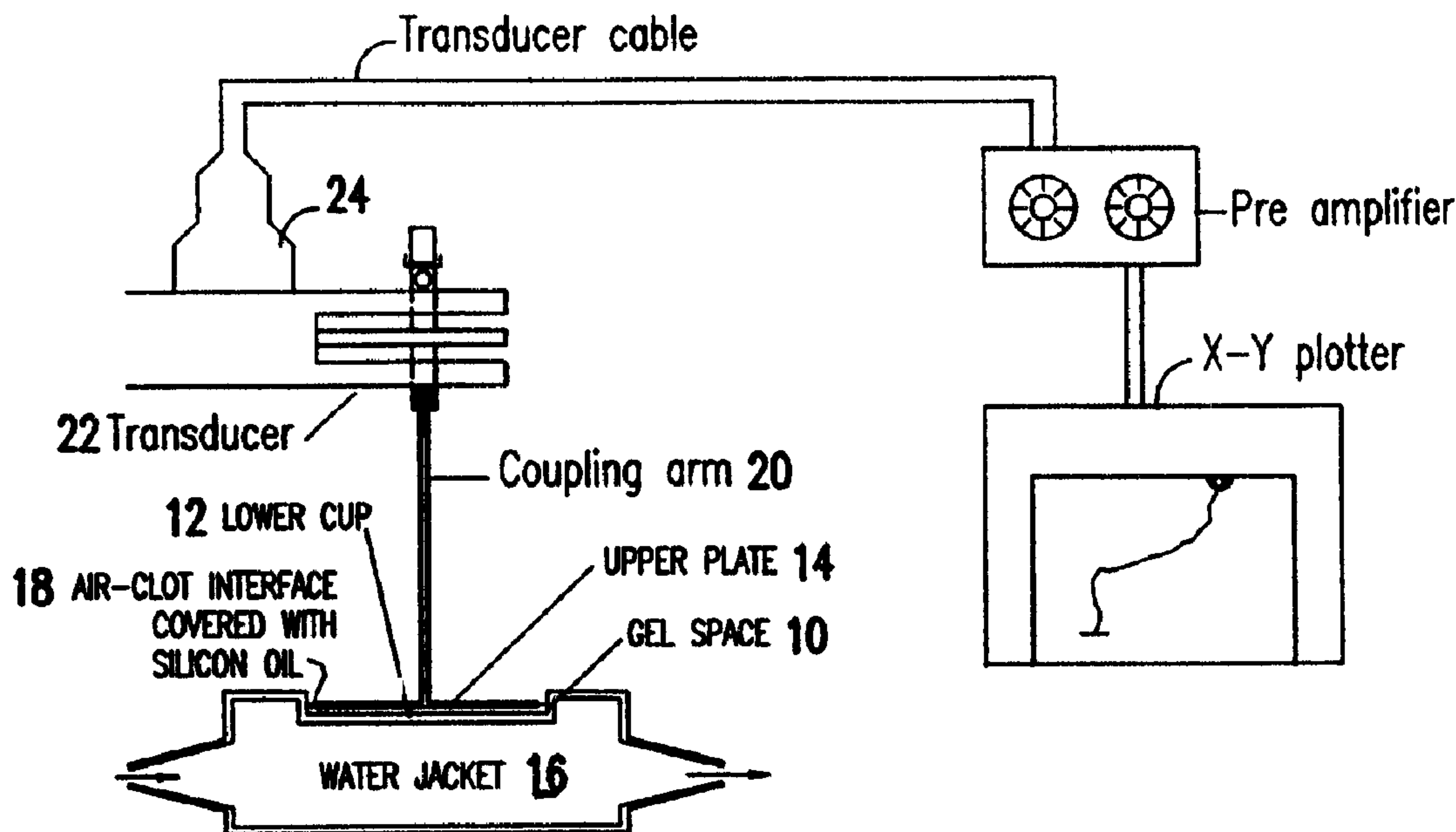


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(54) Titre : INSTRUMENTS ET METHODE D'EVALUATION DE L'ELASTICITE D'UN CAILLOT, DE LA FORCE DEPLOYEE ET DE LA FLEXIBILITE DES ERYTHROCYTES PENDANT LA FORMATION ET LA DISSOLUTION DES CAILLOTS

(54) Title: INSTRUMENTATION AND METHOD FOR EVALUATING CLOT ELASTIC MODULUS, FORCE DEVELOPMENT AND ERYTHROCYTE FLEXIBILITY DURING CLOTTING AND DISSOLUTION



(57) Abrégé/Abstract:

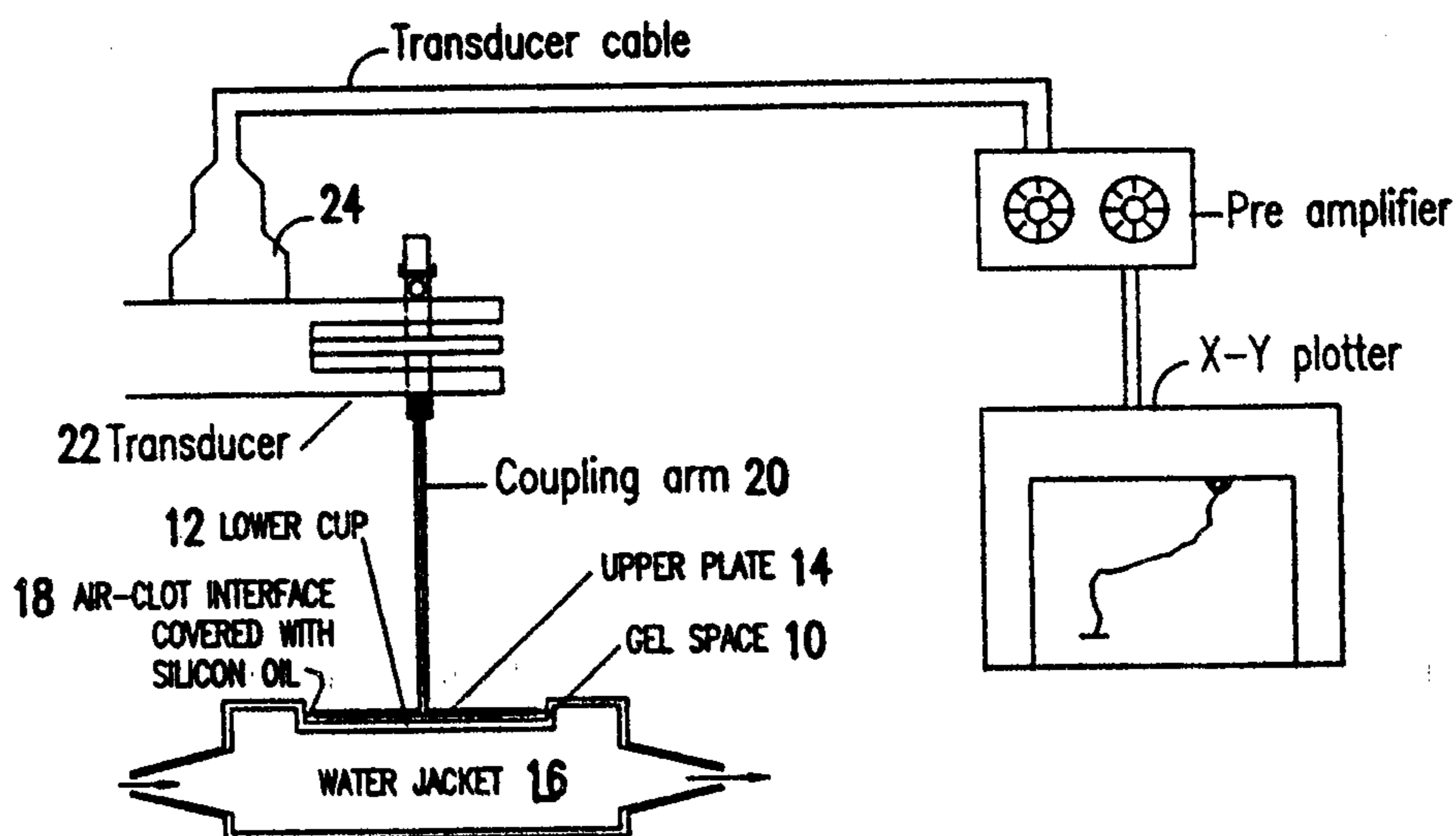
Intermittent application and removal of a compressive force on a blood sample (8) positioned between a pair of plates (12 and 14) throughout clot formation and dissolution provides a standard for using voltage output from a transducer (22) to determine force and elastic modulus parameters. Force development arises from the internal actions of the platelets during clot retraction. Elastic modulus provides a measure of the stiffness of the clot. Clotting can be measured as an increase in force development and clot elastic modulus. Clot dissolution can be determined by a dramatic decrease in force development and in elastic modulus. Providing the blood sample with a clot dissolving agent such as tPA allows determining the fibrinolytic potential of whole blood and, thus, aids in identifying patients at risk for thrombosis due to a decreased ability to dissolve clots. Clot elastic modulus provides a measure of erythrocyte flexibility.



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**(57) Abstract**

Intermittent application and removal of a compressive force on a blood sample (8) positioned between a pair of plates (12 and 14) throughout clot formation and dissolution provides a standard for using voltage output from a transducer (22) to determine force and elastic modulus parameters. Force development arises from the internal actions of the platelets during clot retraction. Elastic modulus provides a measure of the stiffness of the clot. Clotting can be measured as an increase in force development and clot elastic modulus. Clot dissolution can be determined by a dramatic decrease in force development and in elastic modulus. Providing the blood sample with a clot dissolving agent such as tPA allows determining the fibrinolytic potential of whole blood and, thus, aids in identifying patients at risk for thrombosis due to a decreased ability to dissolve clots. Clot elastic modulus provides a measure of erythrocyte flexibility.

INSTRUMENTATION AND METHOD FOR EVALUATING
CLOT ELASTIC MODULUS, FORCE DEVELOPMENT AND
ERYTHROCYTE FLEXIBILITY DURING CLOTTING AND
DISSOLUTION

5

DESCRIPTION

BACKGROUND OF THE INVENTION

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Field of the Invention

This invention is generally related to blood analysis instrumentation and, more particularly, to instrumentation and techniques for monitoring the platelet function and clot structure of a blood sample during both clotting and dissolution of clots. In addition, the invention provides a new method of assessing erythrocyte flexibility.

20

Description of the Prior Art

U.S. Patent 4,986,964 to Carr et al. discloses a clot retractometer which measures force development during platelet mediated clot retraction. This instrument has been shown to be a novel gauge of platelet function (see, Carr et al., *Blood Coagulation and Fibrinolysis*, 2:303-308 (1991), Carr et al., *Am. J. of Med. Sci.*, 302:13-18 (1991), and Carr et al., *Blood*, 78:482A (1991)). However, clot retraction is dependent on intact platelet membrane structure, normal platelet metabolic function, fibrin structure and normal platelet-fibrin interactions. Changes in clot

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retraction are sensitive to a spectrum of both fluid phase and platelet abnormalities. Force development is completely dependent on platelet function and if platelet function is abnormal or if no platelets are present, force development will be completely absent.

While force development is dependent on platelet function, the degree of deformation of a blood clot is dependent in large measure on fibrin structure. If the clot structure is very rigid, as sometimes occurs in diseases such as multiple myeloma, clot deformation may be minimal even with large force development. The elastic modulus of a blood clot (gel) is a commonly used measurement of rigidity. For years, clinicians and investigators have been measuring gel elastic modulus as a screen of clot "integrity", meaning a determination of whether the blood possesses the structural characteristics necessary to impede and eventually stop the flow of blood at a site of injury.

There are currently two types of elastic modulus measurements being performed on blood clots: tensile (linear stretching) modulus and torsional (twisting) modulus. Tensile modulus measurement techniques have been described in Ferry et al., *J. Am. Chem. Soc.* 69:388-400 (1947), Ferry, *Adv. Protein Chem.* 4:1-78 (1948), and Ferry et al., *Arch. Biochem.* 34:424 (1951). Clot tensile modulus measurements have been performed on cylindrical clots formed in and subsequently removed from clot forming chambers or vessels. Because manipulation of the clot is required for these types of measurements, there is a chance of inducing

irreversible structural changes in the clot and, thereby altering, in unknown ways, the measured elastic modulus. Torsional modulus measurement techniques for blood clots have been described in
5 U.S. Patent 4,317,363 to Shen, and Carr and Shen et al., *Analytical Biochem.* 72:202-211 (1976).

Measurement of clot torsional elastic modulus avoids clot manipulation by forming the clot directly within the vessel in which the measurement is made.

10 Elasticity measurements can be made on a spectrum of specimens ranging from purified solutions to plasma. Unfortunately, the interpretation of elastic modulus variations is difficult in complex systems. Changes in elastic
15 modulus of clots made from purified protein solutions generally reflect changes in fibrin structure. In systems containing cellular elements such as erythrocytes and platelets, changes in elastic modulus may result from fibrin structural
20 alteration or from altered cell function. Since elastic modulus is a complex function multiple variables, the utility of an isolated elastic modulus measurement is limited. Thus, elastic modulus measurements have not been routinely
25 performed on patient specimens.

When tissue injury occurs, bleeding is halted and vascular integrity is restored by activation of the hemostatic mechanism. A complex combination of blood protein interactions and cellular activations
30 leads first to the formation of a platelet plug and subsequently to the production of the fibrin-platelet clot. Since the amount of blood loss is directly proportional to the time required

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to stop the bleeding, both sets of reactions occur rapidly. While the ability to stop injury-induced blood loss is critical, the capability of turning flowing blood into a solid is a source of serious problems. Clot formation within a vessel leads to decreased flow, ischemic damage and, if the clot is not removed, eventual tissue infarction.

To avoid clot formation in non-injured tissue and to prevent clot propagation from the site of injury to other locations within the vascular bed, the coagulation system is balanced by a series of potent inhibitors. Furthermore, the clot itself is designed as a temporary patch. Once bleeding stops and tissue repair is initiated, the clot is dissolved by the enzyme plasmin.

Under normal conditions, the coagulation system remains in a fine balance. Pathologic alterations of the system may induce a risk of hemorrhage or increase the potential for thrombosis. An example of the former would be the bleeding disorder of hemophilia which results from a low level of Factor VIII, a blood clotting protein. An example of the latter would be recurrent venous thrombosis in individuals who have decreased levels of the coagulation inhibitor antithrombin III. Patients with decreased ability to remove clots, decreased fibrinolytic potential, are also at risk for thrombosis.

Currently, the evaluation of patients for increased risk of bleeding is accomplished through a series of coagulation screening tests. The prothrombin time (PT) and partial thromboplastin time (PTT) identify patients at risk for bleeding

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and direct the clinician to more specific tests to define the cause of the increased risk. If the PT is prolonged (i.e. takes longer to clot than normal plasma), the patient is at increased risk for
5 bleeding. Since prolongations of the PT are known to occur in specific factor deficiencies, the appropriate factor levels can be measured to define the abnormality. Unfortunately, screening tests for fibrinolytic potential are presently not available.
10 Furthermore, tests which identify patients at risk for thrombosis due to decreased ability to dissolve clots have not been reported and are not in use.

Clot dissolution can be monitored using clot optical density measurements or by measurement of
15 radioactive material release from the clot. The optical density technique relies on the fact that clot formation increases the turbidity of the plasma sample while clot dissolution reduces turbidity back to baseline, pre-clot values (see, Carr et al.,
20 *Thromb. Haemostas.*, 67:106-110 (1992)). In this technique, clotting is monitored as a rise in turbidity, while clot dissolution is seen as a fall in clot turbidity. The radioactive tracer technique involves the addition of radiolabelled clotting
25 protein, for example ^{125}I labelled fibrinogen, to the patient sample (see, Carr et al., *Thromb. Haemostas.*, 67:106-110 (1992) and Knight et al.,
Thromb. Haemostas., 46:593-596 (1981)). As clotting occurs, the labelled fibrinogen is incorporated into
30 the clot structure. During subsequent clot dissolution, radioactive fragments are released. The rate of radioactivity release is proportional to the rate of clot dissolution.

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5 A major problem with the turbidity technique is that it cannot be utilized in systems containing erythrocytes. A major problem with the tagged fibrinogen technique is the necessity for using
10 radioactive material. Moreover, a divergence in results has been observed with the two techniques. When dissolution is rapid, both techniques yield comparable dissolution times. However, when
15 dissolution is delayed, dissolution times measured by the turbidity technique tend to be longer than those measured by ¹²⁵I release (see, Carr et al., *Thromb. Haemostas.*, 67:106-110 (1992)).

Altered erythrocyte deformability is thought to play a role in multiple disease processes.
15 Unfortunately, measurement of erythrocyte flexibility remains somewhat problematic. Currently, the majority of investigators have utilized erythrocyte filtration techniques to measure flexibility. The common feature of these
20 methods is the flowing of erythrocytes through filters which typically have pores of uniform size. Erythrocytes either flow through under low pressure (e.g., a static column of blood), or a forced through at higher pressures. Results are reported
25 as a "filtration index". Filtration techniques have several major deficiencies. First, they are difficult to reproduce. Results vary from laboratory to laboratory, and may vary over time in the same laboratory. Second, they fail to take into
30 account the possibility that microvascular channels may be flexible. Third, they ignore possible contributions of the clotting system. Another prior method of measuring erythrocyte flexibility is

called ektocytometry. This method involves the deformation of cells in shear fields with simultaneous monitoring of shape change.

5 Ektocytometry has the advantage of being a non-flow method of monitoring erythrocyte flexibility; however, it is indirect, expensive, and not widely available. In view of the above, it would be advantageous to have an inexpensive and reproducible method of evaluating erythrocyte flexibility.

10

SUMMARY OF THE INVENTION

It is an object of this invention to provide instrumentation and a method for making a new
15 elastic modulus measurement on blood samples called the "compression" elastic modulus.

It is another object of this invention to provide an apparatus and technique for using the same blood sample to measure platelet mediated force
20 development and clot elastic modulus.

It is another object of this invention to provide a superior method of monitoring clot destruction than the turbidity and radiolabelling techniques described in the prior art.

25 It is another object of this invention to provide instrumentation and a method for obtaining quantitative measurements of both clot structure development and clot dissolution on the same blood sample.

30 It is yet another object of this invention to provide instrumentation and a method for assessing erythrocyte flexibility.

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According to the invention, simultaneous measurements of force development and clot elastic modulus are performed on a blood sample positioned between a pair of spaced apart plates, at least one of which is connected to a transducer. Clot retraction, which is the pulling force exerted by the blood clot to move the two plates together during clotting, is directly related to transducer output. Clot compression elastic modulus is equivalent to tensile elastic modulus and is determined as a function of the transducer output when the two plates are compressed towards each other under a fixed amount of force. The clot retraction and clot elastic modulus measurements are used to identify clot formation and dissolution, as well as to assess erythrocyte flexibility. Experiments utilizing an agent which induces fibrinolysis shows that clot destruction can be readily identified from a dramatic drop in force development (clot retraction) and a dramatic decrease in clot elastic modulus. Experiments conducted using normal and sickled erythrocytes shows a measurable effect on clot elastic modulus.

25

BRIEF DESCRIPTION OF THE DRAWINGS

The foregoing and other objects, aspects and advantages will be better understood from the following detailed description of the preferred embodiments of the invention with reference to the drawings, in which:

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Figures 1a and 1b are a schematic drawing of a clot retractometer similar to that described in U.S.

Patent 4,986,964 to Carr and an enlarged view of the sensor configuration for the clot retractometer, respectively;

5 Figure 2 is a graph of a force calibration curve where voltage output from a transducer is plotted versus displacement of a plate;

10 Figure 3 is a graph showing raw data obtained using the instrumentation of Figures 1a and 1b where a known force is applied intermittently during both clot formation and dissolution and x-y plotter pen deflection is detected with respect to time;

15 Figure 4 is a graph showing processed data from Figure 3 where a voltage output is plotted with respect to time, wherein a spiking upper curve reflects the application of the externally applied force and a smooth lower curve reflects the internal forces developed from within the clot;

Figure 5 is a graph which plots force versus time throughout clot formation and dissolution;

20 Figure 6 is a graph which plots elastic modulus versus time throughout clot formation and dissolution;

25 Figure 7 is a graph which plots the change in voltage for the applied force with respect to time; and

30 Figures 8a-c are graphs showing the elastic modulus development during clotting for platelet poor plasma (PPP), platelet rich plasma (PRP), and whole blood, respectively.

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**DETAILED DESCRIPTION OF THE PREFERRED
EMBODIMENTS OF THE INVENTION**

5 With reference to the drawings, and particularly to Figures 1a and 1b, there is shown a modified clot retractometer similar to that described in U.S. Patent 4,986,964. A blood sample (gel) 8 is positioned in gel space 10 between a thermostated lower cup 12 and upper plate 14. The
10 blood sample 8 can be whole blood, plasma, platelet rich plasma (PRP) or platelet poor plasma (PPP), etc. Several different elements can be used for thermostatic control. Figure 1 shows only one example wherein fluid flowing through a water jacket
15 16 maintains the temperature of the blood sample 8. Maintaining the temperature at or around body temperature (35-38°C) and controlling the microenvironment of the blood sample yields reproducible results for clot retraction
20 measurements. The preferred microenvironmental conditions for the blood sample 8 are approximately pH 7.4, ionic strength of approximately 1.0 to 2.0, and calcium ion concentration of 5 mM to 10 mM. To prevent evaporation of the blood sample 8 during a
25 measurement cycle, the air-clot interface 18 between the upper plate 14 and lower cup 12 should be covered with silicone oil or some other suitable material.

30 During clotting, platelets within the blood sample 8 adhere to the bottom of the cup 10 and plate 14, and exert a downward pulling force. A coupling arm 20 connects the upper plate 14 to a transducer 22. Movement of the plate 14 towards the

cup 10 under the influence of clot retraction exerts a strain on the transducer 22 which outputs a voltage which is proportional to the force exerted by the platelets during clot retraction. This
5 voltage can be sent by wire connections 24 to an amplifier and the amplified signals can be plotted on a plotter or output on a cathode ray tube (CRT) or other output device. The transducer 22 may be a GRASS,TM Model FT03 strain gauge available from the
10 Grass Instrument Company of Quincy, Mass., or any other suitable device.

Figure 2 shows that there is a linear relationship between the displacement of the upper plate 14 towards the lower cup 12 and the transducer
15 22 output. Hence, the downward pulling force exerted during clot retraction can simply be determined by comparing the signals output from the transducer 22 when the blood sample is clotting with signals output from the transducer 22 when different
20 calibrated weights are suspended from the transducer 22. The inverse slope of the line in Figure 2 serves as a displacement calibration constant (C_d), whereby voltages developed during clot retraction can be converted to directly to force measurements
25 by multiplying them by the force calibration constant.

With reference back to Figures 1a and 1b, by applying a known amount of force 26 to the upper plate 14, which can be by application of weight or
30 by other means, the blood sample 8 between the upper plate 14 and lower cup 12 can be compressed. The degree of deflection of the upper plate 14 towards the lower cup 12 caused by the application of the

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force is sensed by the transducer 22 which provides a voltage output. With the knowledge of the amount of force applied and by detecting the degree of displacement of the upper plate 14 towards the lower cup 12 under the influence of the applied force, the clot elastic modulus of the blood sample can be calculated. It is the inventor's discovery that compressing a blood clot between a pair of plates is directly analogous to pulling on opposite ends of the blood clot, as is done in traditional tensile elastic modulus measurements, because the force in each case is equal (e.g., a weight resting on top of a sample exerts the same force on the sample as a weight suspended from the sample). Therefore, this invention contemplates determining a "compression" elastic modulus of a sample.

Therefore, a particular advantage of this instrumentation is that both the clot elastic modulus and force development can be determined for single blood sample. Clot elastic modulus is a measure of clot structure and force development is a measure of platelet function. Another key advantage of this invention is that the clot elastic modulus and force development can be monitored on a blood sample during both clot formation and clot dissolution. The data generated are both quantitative and physically well defined. Force is measured in dynes, and elastic modulus is reported in dynes/cm². Measurements can be made on samples of whole blood, plasma, platelet poor plasma (PPP), or platelet rich plasma (PRP), etc.

For exemplary purposes, the following method and data analysis illustrate the utility of this

invention in monitoring clot elastic modulus and force development during clotting and dissolution.

METHOD 1

5

Patient blood is obtained by venipuncture and is collected in sodium citrate (0.38%) which serves as an anticoagulant. Two milliliters (mls) of blood sample 8 (e.g., whole blood) is placed in the thermostated sample cup. At time zero, human α -thrombin (1 NIHU/ml), which is a clotting agent, and human tissue plasminogen activator (tPA) (50 IU/ml), which is a clot dissolving agent, are simultaneously added to the blood sample 8. Other clotting agents and clot dissolving agents might also be used within the practice of this invention including tissue thromboplastin, Russel Viper Venom, Reptilase, batroxobin (as well as other snake venom enzymes) as clotting agents, and including prourokinase, urokinase, streptokinase (as well as its modified species, e.g., acetylated forms, etc.) as fibrinolytic agents (clot dissolving). The upper plate 14 is lowered into position. Silicone oil is layered on the exposed blood-air interface 18. Signals from the transducer 22 are recorded throughout clotting and dissolution.

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Every thirty seconds, a downward force is applied to the forming clot. In a preferred operation, the force remains in place for 15 seconds, is removed for 15 seconds, and then the cycle repeats. The application of the force produces small downward displacements of the upper plate 14. Deflection of the upper plate 14 towards

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the lower cup produces a voltage potential which is recorded on an X-Y plotter. The magnitude of the voltage is directly and linearly proportional to the amount of displacement of the upper plate 14.

5 As clotting proceeds, the structure becomes more rigid and the amount of displacement for a given force decreases. Structural rigidity or integrity can be quantified as the clot elastic modulus. The modulus is simply the ratio of stress
10 applied to strain produced. In this case, the stress is the force applied, and the strain is the amount of deflection of the upper plate 14. Both parameters are known and the elastic modulus is calculated for each voltage spike.

15 The tPA added to the blood sample 8 at time zero, cleaves the pro-enzyme plasminogen to its active form plasmin (see, Lijnen, *Semin Thromb Hemostas*, 8:2-10 (1982)). Other clot dissolving
20 agents would have a similar effect. This activation process is greatly enhanced in the presence of fibrin which forms during clotting. Once activated, plasmin cleaves fibrin at multiple sites (see, Francis, *J. Clin. Inves.*, 66:1033-1043 (1980) and Marder, *Ann NY Acad. Sci.*, 408:397-406 (1983)). As
25 fibrin fibers are partially cut at multiple points along their length, the structural integrity of the network (clot) is increasingly compromised and the clot elastic modulus declines. At some point, the clot simply falls apart, the elastic modulus falls
30 to zero and deflections produced by the applied force return to their pre-clot value. The time at which the elastic modulus falls to baseline can be defined as the "tCLT" for "tPA-induced clot lysis

time".

DATA ANALYSIS 1

5 Figure 3 is an example of raw data obtained
when a force is applied intermittently to the upper
plate as a clot forms and is dissolved as described
in the method discussed above. In this case,
10 citratated whole blood was clotted with thrombin
(1u/ml) and calcium (10mM) which were added at time
equal zero. Tissue plasminogen activator (tPA) was
also added at time zero to induce subsequent clot
dissolution. Upward deflections of the curve
represent force transmission to the transducer. The
15 overall gradual rise and subsequent fall of the
curve is due to forces generated within the clot.
The spikes super-imposed on the smooth curve are the
result of external forces applied to the clot.
Specifically, the spikes result from the
20 intermittent application of the weight or other
known amount of force to the upper plate.

 Figure 4 shows a plot of the voltage output
with respect to time which is derived from the raw
data shown in Figure 3. As set forth in Equation 1,
25 the deflection of the x-y plotter shown in Figure 3
is converted to voltage based on the gain constant
of the plotter.

$$\text{Eq. 1 (Voltage)} = (\text{Deflection}) \times (\text{gain Constant})$$

30

In the case illustrated in Figure 3, each block was
equal to 2 mV and a simple conversion yields the
spiking upper curve displayed in Figure 4.

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Also shown on Figure 4 is a smooth lower curve that reflects the forces originating from within the clot. In contrast, the spiking upper curve is produced by external forces (e.g., the

5 intermittently applied weight). With reference to the smooth lower curve, it can be observed that there is a short lag period followed by a steep upward deflection, a subsequent plateau, and finally a gradual decline.

10 The data in the smooth lower curve can be converted to true force measurements utilizing concurrent information from the "spiking" data of the upper curve. Each spike represents the amount of voltage generated by a known force. Since the

15 transducer output is linear with respect to force, the ratio of output voltage to force provides a constant for converting the data in Figure 4 into force measurements shown in Figure 5. It is possible to apply a known force at the end of clot

20 retraction rather than intermittently; however, such a method would only approximate force based on final clot structure and may tend to cause an overestimate of early force development. In contrast, a technique which has intermittent application of a

25 known force measures the clot structure at each time point. This information allows the "true" force to be calculated. As clot formation approaches completion, both techniques yield the same results.

30 Figure 5 shows the blood sample undergoes a short lag phase followed by rapid force development. However, unlike the voltage data shown in Figure 4, Figure 5 reveals that force transmission does not plateau. Following a period of gradual decline (600

to 1600 seconds), force transmission drops precipitously to near baseline values. The lag phase corresponds to the time required for fibrin assembly, platelet attachment and generation of a network of adequate mechanical resilience to allow transmission of forces to the upper plate. The rapid upward spike (time period A) is due to forces generated by platelets during clot retraction where the platelets exert a pulling force on the upper plate towards the lower cup. The gradual decline in force beginning at 600 seconds (time period B) results from a gradual weakening of the clot network during early plasmin mediated fibrinolysis. At approximately 1600 seconds, total network collapse occurs, resulting in a catastrophic fall in force transmission (time period C).

The ratio of applied force to induced material deformation is the elastic modulus of a material. Materials which resist deformation have a high elastic modulus. In this process, a known force (STRESS) is applied to the upper surface of the clot, and the amount of deformation (STRAIN) is measured. Equation 2 shows the elastic modulus is simply the ratio of STRESS to STRAIN:

25

$$\text{Eq. 2} \quad \text{Elastic Modulus (EM)} = \text{STRESS} / \text{STRAIN}$$

Stress is typically defined as force per unit area (Equation 3):

30

$$\text{Eq. 3} \quad \text{Stress} = \text{Applied Force} / \text{Area Applied}$$

In the present case, the force applied is a standard

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weight of known mass (m), (g) is the gravitational force constant, and the area of application is simply the area of the upper plate 14. Since the upper plate is circular with a radius of (r), the stress is simply indicated by Equation 4:

$$\text{Eq. 4} \quad \text{Stress} = (mg) / \pi r^2$$

Strain is the degree of shape change induced by the applied force. In the present case, the initial gel dimension (L) in the axis of the applied force is simply the distance between the cup 12 and the plate 14. The amount of deformation is simply the distance moved (s) by the upper plate 14 when the force is applied. Hence, Equation 5 shows that strain can be calculated as follows:

$$\text{Eq. 5} \quad \text{Strain} = s / L$$

Thus, elastic modulus can be quickly calculated using either Equations 6 or 7.

$$\text{Eq. 6} \quad \text{Elastic Modulus} = [(mg) / (\pi r^2)] / (s/L)$$

$$\text{Eq. 7} \quad \text{Elastic Modulus} = [g / (\pi r^2)] * [mL/s]$$

where g equals 980 cm/sec² and π equals 3.14159.

The other constants are a function of the instrumentation employed. For example, the radius r of the upper plate can be 1 or more centimeters (good results have been obtained when r = 1.75 cm), m is simply the mass of the applied weight and can be 2 gm, 5 gm, etc., L is the gap between the cup 12 and plate 14 and is typically set on the order of

millimeters (good results have been obtained when $L = 2$ mm), and s is the deflection distance of the upper plate 14 towards the cup 12. As explained above, since the transducer 22 is a displacement transducer, the voltage generated by the transducer is a linear function of the distance (deflection) moved by the upper plate 14 towards the lower cup 12.

Equation 8 relates the voltage output to the distance moved (s) by the upper plate.

$$\text{Eq. 8} \quad \text{Voltage} = s / C_d$$

C_d is a displacement calibration constant (see Figure 2 above where C_d is the inverse slope of the line in Figure 2) which relates the displacement of the plate 14 to the voltage output of the transducer. The curve shown in Figure 2 can be generated by moving the plate 14 a known distance towards the cup and detecting the voltage output of the transducer 22. The slope of the curve which results yields the force calibration constant C_d . In the instrument used in the experiments described above, C_d was equal to 3.85×10^{-4} mm/mV. Thus, Equations 9 and 10 can be used to calculate Elastic Modulus (EM).

$$\text{Eq. 9} \quad \text{EM} = [(g) / (\pi r^2)] [(ml) / (VC_d)]$$

$$\text{Eq. 10} \quad \text{EM} = [(gml) / (\pi r^2)] (1/V)$$

30

Figure 6 shows elastic modulus versus time for the blood sample throughout the clotting and dissolution phases, where the elastic modulus was

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calculated using the above equations and the voltage and force data provided in Figures 4 and 5. There are two problems with the calculation scheme discussed above for which adjustment is needed.

5 First, the transducer itself has elastic properties. Second, unclotted fluid in the sample cup exerts a buoyant force on the upper plate. Thus, even in the absence of a clot, a substantial elastic modulus is measured. This problem is avoided by arbitrarily
10 assigning a value of zero to the initial elastic modulus measurement. This is entirely reasonable since the elastic modulus of water is zero. "Re-zeroing" the system at the beginning of the measurement effectively counterbalances the
15 influences of the inherent elastic properties of the apparatus. Hence, the excess elastic modulus generated during clotting and subsequent events is measured after "rezeroing". The effect of re-zeroing the system is seen as a shift between the
20 solid and broken lines in Figure 6.

Figure 7 shows another means by which the clot dissolution can be easily identified. Specifically, the effect of fibrinolysis on clot structure is easily appreciated by examining changes in spiking
25 data versus time. Each spike represents the amount of downward deflection of the upper plate when a standard force is applied. The force applied is the same for each spike. During time period A, fibrin network formation proceeds and the gel's mechanical
30 strength increases. As a consequence, the gel's resistance to deformation increases and the amount of deflection of the upper plate declines. This is easily appreciated in Figure 7 where the lower point

of the spike data has been normalized to zero. During time period B, the fibrin network is gradually weakened by plasmin induced fiber strand breaks. This is seen as a gradual increase in the amount of deflection versus time. At approximately 1600 seconds, network collapse begins to occur and resistance to deformation rapidly declines with the return of deflection values back to pre-clot levels.

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A particular advantage of the present technique is that the force development and elastic modulus of a single blood sample can be determined throughout the stages of both blood clotting and clot dissolution. Thus, the instrumentation and analysis technique of this invention allows of single sample of whole blood (or plasma) to be used to provide information about clotting time (lag phase), platelet function (force development), and adequacy of clot structure (elastic modulus). As discussed above, the "true" force is calculated by periodically applying a weight to the blood sample throughout the clotting cycle. This periodic application of the weight and calculation cycle takes account of the fact that the elastic modulus of the blood sample changes during clotting. Hence, force development during early stages of clotting are more accurately determined.

30
Another particular advantage of the present technique is that the fibrinolytic potential of a patient's blood can be easily identified. Specifically, by providing the blood sample with tPa, the time period for clot dissolution can be determined. By comparing the time for clot dissolution with the response determined for normal

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blood samples, patients at risk for thrombosis due to a decreased ability to dissolve clots can be identified and treated. Other clot dissolving agents might also be used. All that would be required would be to determine a standard dissolution time for normal blood, so that when the dissolution time for a sample under test strays beyond a normal period, the patient's blood can be identified as having reduced fibrinolytic potential. This measurement has not been available for whole blood prior to the development of this instrument and analysis technique.

Another aspect of this invention is concerned with the measurement of erythrocyte deformability or flexibility. Erythrocyte flexibility is an important parameter in diseases such as sickle cell disease.

There is increasing evidence that the coagulation system is activated in sickle cell disease. Markers of platelet activation, such as platelet factor 4 and beta-thromboglobulin, are elevated. Fibrinogen level is elevated in stable state sickle cell disease and is increased even higher during vaso-occlusive crisis. Markers of thrombin activation, such as prothrombin fragment II, and fibrin generation, such as fibrinopeptide A, are elevated in sickle cell disease. D-dimer levels, indicating deposition and subsequent dissolution of crosslinked fibrin, are routinely elevated in sickle cell disease and show a peak during vaso-occlusive crisis. While levels of some coagulant proteins are elevated, natural anticoagulant levels, including ATIII, protein C and

protein S are decreased in sickle cell disease. Finally, the plasma of sickle cell disease contains prothrombic spicules originating from the membrane of SS erythrocytes. These spicules, with altered phospholipid conformation, have been shown to enhance clotting in assays such as the Russell Viper venom test. In summary, sickle cell disease is a state characterized by circulating procoagulants, elevation of certain clotting factors, depression of natural anticoagulants, and laboratory evidence of both platelet and fluid phase coagulant activation. Whether and active pathogenic component of simple epiphenomenon, activation of hemostatic process occurs in sickle cell disease.

The role of clotting in vaso-occlusive clotting events remains to be defined. Based on the laboratory findings presented above, some investigators classify sickle cell disease as a state of chronic DIC. If clotting is a component of the microvascular process involved with vaso-occlusive crisis, interactions of fibrin and erythrocytes may be important. Decreased or absent blood flow due to sludging of erythrocytes must further raise the risk of thrombosis in involved vessels. Clots formed in the microcirculation must certainly contain erythrocytes. In sickle cell disease, these clots may contain a combination of reversibly and irreversibly sickled cells. It has been demonstrated that normal erythrocytes will flow out of macroscopic clots. The phenomenon of erythrocyte washout is due to the large, inherent pore size of fibrin gels and to the remarkable deformability of the normal erythrocytes. Most

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recently, it was demonstrated that there is decreased bulk flow through and decreased red cell washout from clots containing sickled erythrocytes.

5 The long term objective in sickle cell disease is to reduce significant associated morbidity and mortality. If intermittent vascular occlusion did not occur in sickle cell disease, this goal would be accomplished. Since SS hemoglobin containing cells exhibit altered shape and decreased ability to pass
10 through nondeformable pores, a primary goal of current research is to develop ways of enhancing the deformability of SS hemoglobin containing erythrocytes.

An investigation using the instrumentation of
15 Figures 1a and 1b was conducted to study the effects of erythrocytes on clot elastic modulus. Clot elastic modulus was measured according to the procedures described above. As shown below, by comparing the elastic modulus of clots containing
20 red cells to similar clots formed in the absence of red cells, the relative contribution of erythrocytes to clot elastic modulus can be assessed. In addition, this study compared the relative effects of normal and sickled erythrocytes on clot elastic
25 modulus. As shown below, less flexible, sickled erythrocytes have a greatly increased elastic modulus when compared to normal erythrocytes. The effect of poloxamer 188, a rheologic agent, on sickle cell flexibility was also investigated, and
30 it is shown below that this agent can significantly increase sickle cell flexibility. The investigation and results presented below are for exemplary purposes only, and do not limit the scope of the

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invention in any way.

METHOD 2

5 Human thrombin, greater than 90% alpha, was
purchased as lyophilized powder from Sigma Chemical
Company. The material with a specific activity of
4300 NIH units/ml was dissolved in water, diluted
10 with 0.10 M NaCl to a final concentration of 20
units/mL, divided into 1 mL lots, and frozen at
-90°C. Thrombin was free of plasmin and
plasminogen. Nanopure water was used in the
preparation of all solutions.

Human blood was obtained in citrated glass
15 tubes by sterile venipuncture of normal volunteers.
PPP was prepared by spinning at low speed to remove
large formed elements and then respinning at 20,000g
for twenty minutes to remove platelets. PPP was
pooled, maintained at room temperature, and utilized
20 within four hours. The buffy coat was carefully
removed from the surface of the packed erythrocytes
and the red cells were maintained at room
temperature. The fibrinogen concentration of plasma
samples was determined by a modified method of
25 Clauss, *Acta. Haematol.*, 17:237 (1957).

Blood containing hemoglobin SS bearing cells
was obtained via venipuncture from volunteers with
documented sickle cell disease. PPP and packed
erythrocytes were prepared as outlined above. The
30 packed erythrocytes were treated with sodium
metabisulfite by mixing equal volumes of red cells
and 3% sodium metabisulfite. The mixture was
covered and incubated at room temperature for one

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hour. Sickling of the cells was confirmed by
microscopic examination of the blood. The
percentage of sickled cells, typically >90%, was
determined by counting 200 cells. The mixture of
5 cells and sodium metabisulfite was subsequently
centrifuged at 2,000g for five minutes and the
sodium metabisulfite containing supernatant was
removed.

Elasticity measurements were made by placing
10 PPP, PRP or whole blood in the thermostated sample
cup 12 of the clot retractometer. At time zero,
human α -thrombin (1 NIH unit/ml) was added. The
upper plate 14 was lowered into position, silicone
oil was layered on the exposed blood-air interface
15 18, and the measurement was initiated. Every thirty
seconds a downward force was applied to the forming
clot. This force remained in place for fifteen
seconds, was removed for fifteen seconds, and the
cycle repeated. The application of the force
20 produced small downward displacements of the upper
plate. These deflections generated a voltage
potential which was recorded on an X-Y plotter. As
discussed in detail above, the magnitude of the
voltage was directly and linearly proportional to
25 the amount of displacement. As clotting continued,
the structure became more rigid and the amount of
displacement for a given force decreased.
Structural rigidity or integrity was quantified as
the clot elastic modulus.

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DATA ANALYSIS 2

Figures 8a-c demonstrate the impact of cellular elements on clot formation and structure. Figure 8a shows the clot formation in PPP. Thrombin (1 NIH u/ml) and calcium (10 mM) were added to citrated PPP at time zero. Other clotting conditions included: temperature 37°C, pH 7.4, and ionic strength 0.15. Since fibrin structure also affects clot modulus, factors which alter fibrin formation (e.g., ionic strength, calcium concentration, pH) need to be strictly controlled. The voltage spikes are produced by repetitively placing a known downward force on the clot. Each voltage spike yields one elastic modulus measurement. The deflections decline in amplitude as the clot develops increased structural resilience, i.e., increased elastic modulus. The minimal gradual upswing in baseline voltage is caused by weak clot retraction forces that result from residual platelet contamination. Figure 8b presents data obtained during clotting of PRP. The gradual upward swing of the curve is due to platelet mediated force development during clot retraction. The height of each voltage spike is inversely proportional to the elastic modulus. When compared to Figure 8c, the voltage spikes caused by the external force are seen to be smaller. Thus clots formed in the presence of platelets have higher elastic properties. Figure 8c presents data obtained during clotting of whole blood (hematocrit was approximately 40%) and demonstrates the effect of erythrocytes on clot elastic modulus. The effect is rather profound, with at least a doubling of

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elastic modulus.

The effects of erythrocytes on clot elastic modulus in the absence of platelets was evaluated by forming clots from a mixture of packed cells and PPP. Table 1 summarizes the results of these studies which were conducted with normal and sickled erythrocytes.

Table 1

| Sample | Force (Dynes) | Stress (Dynes/cm ²) | Deflection (mV) | Strain | E.M. (dynes/cm ²) |
|---------------|------------------|------------------------------------|--------------------|--------|----------------------------------|
| 10 PPP | 4,900 | 509.3 | 74 | 0.0285 | 17,900 |
| PPP + P188 | 4,900 | 509.3 | 144 | 0.0554 | 9,200 |
| PPP + RBC | 4,900 | 509.3 | 39.4 | 0.0152 | 33,600 |
| PPP+RBC+P188 | 4,900 | 509.3 | 52.6 | 0.0203 | 25,150 |
| 15 PPP + SRBC | 4,900 | 509.3 | 26.4 | 0.0102 | 50,100 |
| PPP+SRBC+P188 | 4,900 | 509.3 | 78.4 | 0.0302 | 16,900 |

where PPP is platelet poor plasma, P188 is Poloxamer 188, RBC is red blood cells, and SRBC is sickled RBC

As can be seen from Table 1, normal erythrocytes, hematocrit=40%, increased the elastic modulus of PPP from 17,900 to 33,600 dynes/cm². When sickled erythrocytes were used, the elastic modulus increased to 50,100 dynes/cm². Addition of poloxamer 188, a copolymer with unique rheologic properties, to the sickled cell system prior to clotting reduced the elastic modulus to 16,900 dynes/cm². Similar, but much smaller, reductions occurred with normal red cells (33,600 dynes/cm² without poloxamer 188, and 25,150 dynes/cm² with poloxamer 188). Since poloxamer 188 is known to effect fibrin assembly, it is not surprising that effects were noted even in the absence of erythrocytes. In fact, the decrease in elastic modulus observed when poloxamer was combined with

normal red blood cells might be entirely due to the effect of poloxamer 188 on fibrin structure.

5 Figures 8a-c show that there is a significant erythrocyte induced increase in clot elastic modulus. Comparison of the compression elastic modulus of clots formed from PPP with clots formed with PPP plus erythrocytes allows assessment of "excess" elastic modulus due to erythrocytes. Table 1 shows monitoring the compression elastic modulus allows altered erythrocyte deformability of SS cells to be detected. Specifically, a higher elastic modulus is detected for sickled cells than for normal cells. Table 1 also shows the potentially therapeutic effect of the rheologic agent poloxamer 15 188. Specifically, a tremendous decrease in elastic modulus is observed with poloxamer 188 is added to sickled cells, and this decrease can be attributed to an increase in erythrocyte flexibility. From Figures 8a-c and Table 1, it can be seen that 20 monitoring the compression elastic modulus of a blood sample can provide valuable insight into the flexibility of erythrocytes and the effect of certain agents on erythrocyte flexibility.

25 While the invention has been described in terms of its preferred embodiments, those skilled in the art will recognize that the invention can be practiced with modification within the spirit and scope of the appended claims.

THE EMBODIMENTS OF THE INVENTION IN WHICH AN EXCLUSIVE PROPERTY OR PRIVILEGE IS CLAIMED ARE DEFINED AS FOLLOWS:

1. An apparatus for analyzing blood and plasma samples (8), comprising a means for analyzing platelet function of a sample (8) utilizing a common pair of spaced apart plates (12, 14), said means for analyzing platelet function being provided by a measurement of force development between said pair of spaced apart plates (12, 14); characterized in that

a means (26) for applying a known amount of force to said spaced apart plates (12, 14) is provided which biases said spaced apart plates towards each other;

a means for analyzing clot structure for the same sample is provided by a measurement of clot elastic modulus;

wherein both said means for analyzing platelet function and said means for analyzing clot structure for the same sample (8) utilize said common pair of spaced apart plates (12, 14), and a means (22) for sensing is positioned to sense the relative movement of said spaced apart plates (12, 14) towards each other.

2. An apparatus as recited in claim 1 characterized in that said means (26) for applying is intermittently actuatable.

3. An apparatus as recited in claim 1 characterized in that said means (22) for sensing is a displacement sensor which monitors movement of said first plate (14) being connected to said displacement sensor (22) towards a second plate (12) of said pair of spaced apart plates.

4. An apparatus as recited in claim 1 characterized in that said apparatus is adapted for determining the retraction force and elastic modulus characteristics of said blood and plasma samples (8), the spacing (10) of

said spaced apart plates (12, 14) allows platelets in a blood sample to adhere to both of said pair of spaced apart plates, said means (22) for sensing comprises one or more sensors, a means for monitoring a pulling force is provided for monitoring the pulling force exerted by a sample (8) between said pair of spaced apart plates, a means (26) for compressing is provided for compressing a blood sample (8) between said pair of spaced apart plates (12, 14), and a means for monitoring a degree of compressive movement is provided for monitoring the degree of compressive movement of said pair of spaced apart plates (12, 14) towards one another exerted by said means (26) for compressing said sample (8).

5. An apparatus as recited in claim 4 characterized by a means for correlating output from said means for monitoring a pulling force with platelet mediated force development.

6. An apparatus as recited in claim 4 characterized by a means for correlating output from said means for monitoring a degree of compressive movement with clot elastic modulus.

7. An apparatus as recited in claim 1 characterized in that said apparatus is adapted for measuring clot retraction force, a displacement sensor (22) is connected to at least one of said pair of spaced apart plates (12, 14); and a means for intermittently compressing a blood sample (8) is provided, said blood sample being provided between said pair of spaced apart plates (12, 14).

8. An apparatus as recited in claim 7 characterized in that said means for intermittently compressing includes a means for displacing a first plate (14) of

said pair of spaced apart plates towards a second plate (12) of said pair of spaced apart plates.

9. A method for determining an elastic modulus of a sample, comprising the steps of:

positioning a sample (8) between a pair of spaced apart plates (12, 14);

compressing said sample between said pair of spaced apart plates by means of applying a known amount of force to said spaced apart plates;

monitoring electrical output from a sensor connected to at least one of said pair of spaced apart plates during said compressing step; and

calculating an elastic modulus of said sample based on a relationship between said electrical output and a degree of compression exerted during said compressing step.

10. A method as recited in claim 9, wherein the spacing (10) of said pair of spaced apart plates (12, 14) allows platelets in said blood sample to adhere to both of said plates; a pulling force is monitored which is exerted on one of said plates pulling said plates towards each other while said blood sample is clotting; and a force development is determined from measurements made during said monitoring step.

11. A method as recited in claim 9, wherein blood and plasma samples are analyzed; said blood sample (8) is provided with a clot dissolving or clot destroying agent, said blood sample is allowed to clot and to dissolve, said blood sample is compressed between said pair of spaced apart plates (12, 14) intermittently with respect to time while said blood sample is clotting and dissolving, and a dissolution time for a clot formed from said blood sample is identified.

12. A method as recited in claim 11 wherein the step of identifying includes the step of analyzing a clot retraction force for said blood sample with respect to time.

13. A method as recited in claim 11 wherein said step of identifying includes the step of analyzing an elastic modulus of said blood sample with respect to time.

14. A method as recited in claim 11 further comprising the step of providing said blood sample with a clotting agent.

15. A method as recited in claim 9, wherein blood and plasma samples are analyzed, said blood samples is compressed intermittently with respect to time between said pair of spaced apart plates while said blood sample is clotting; and a clot retraction force and a clot elastic modulus are determined for said blood sample with respect to time.

16. A method as recited in claim 9, wherein said compression elastic modulus is related to erythrocyte flexibility.

17. A method as recited in claim 16 wherein the step of compressing is performed by displacing a first plate (14) of said pair of spaced apart plates towards a second plate (12) of said pair of spaced apart plates.

18. A method as recited in claim 17 wherein said step of compressing is performed intermittently with respect to time.

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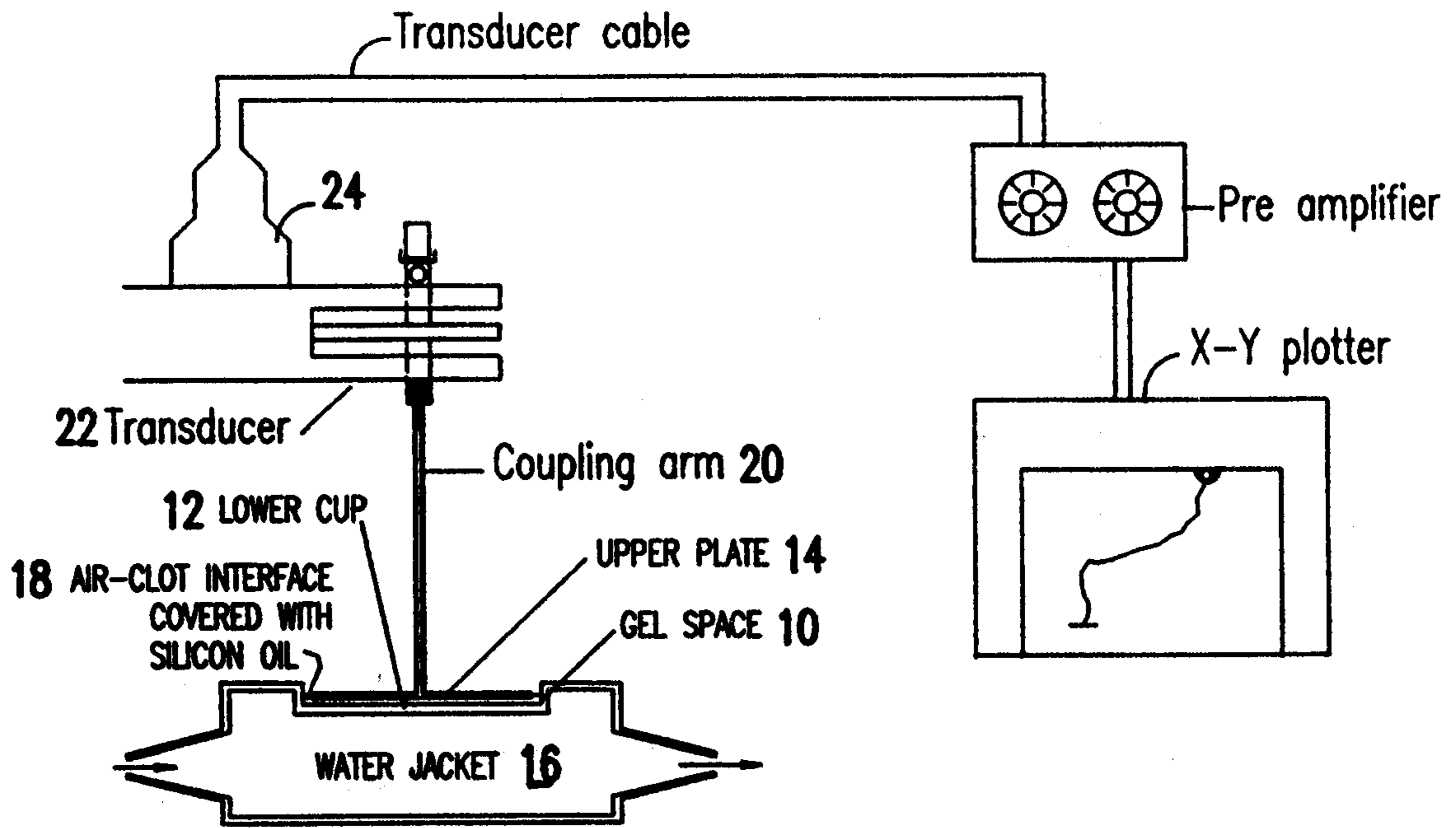


FIG. 1a

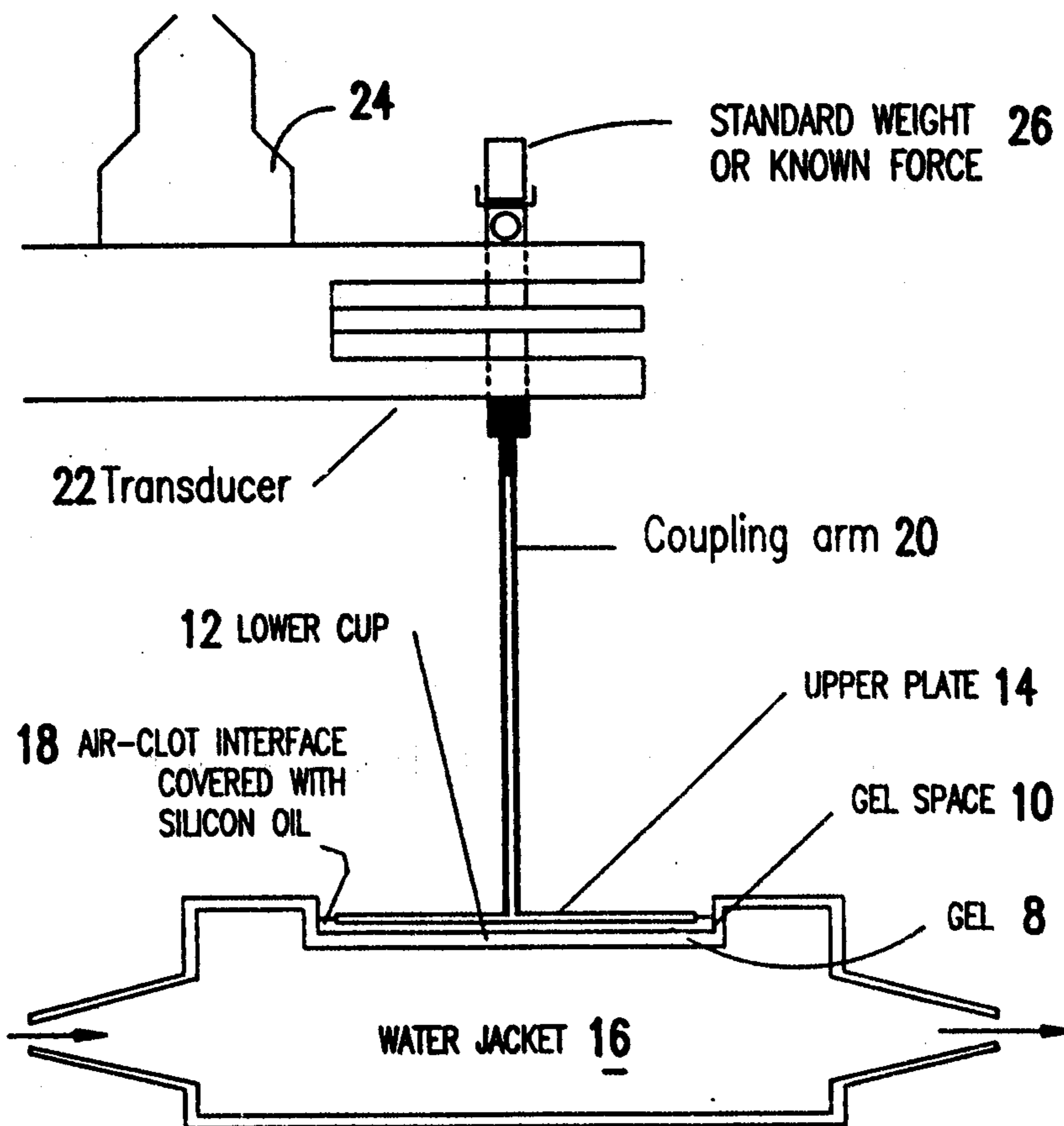


FIG. 1b

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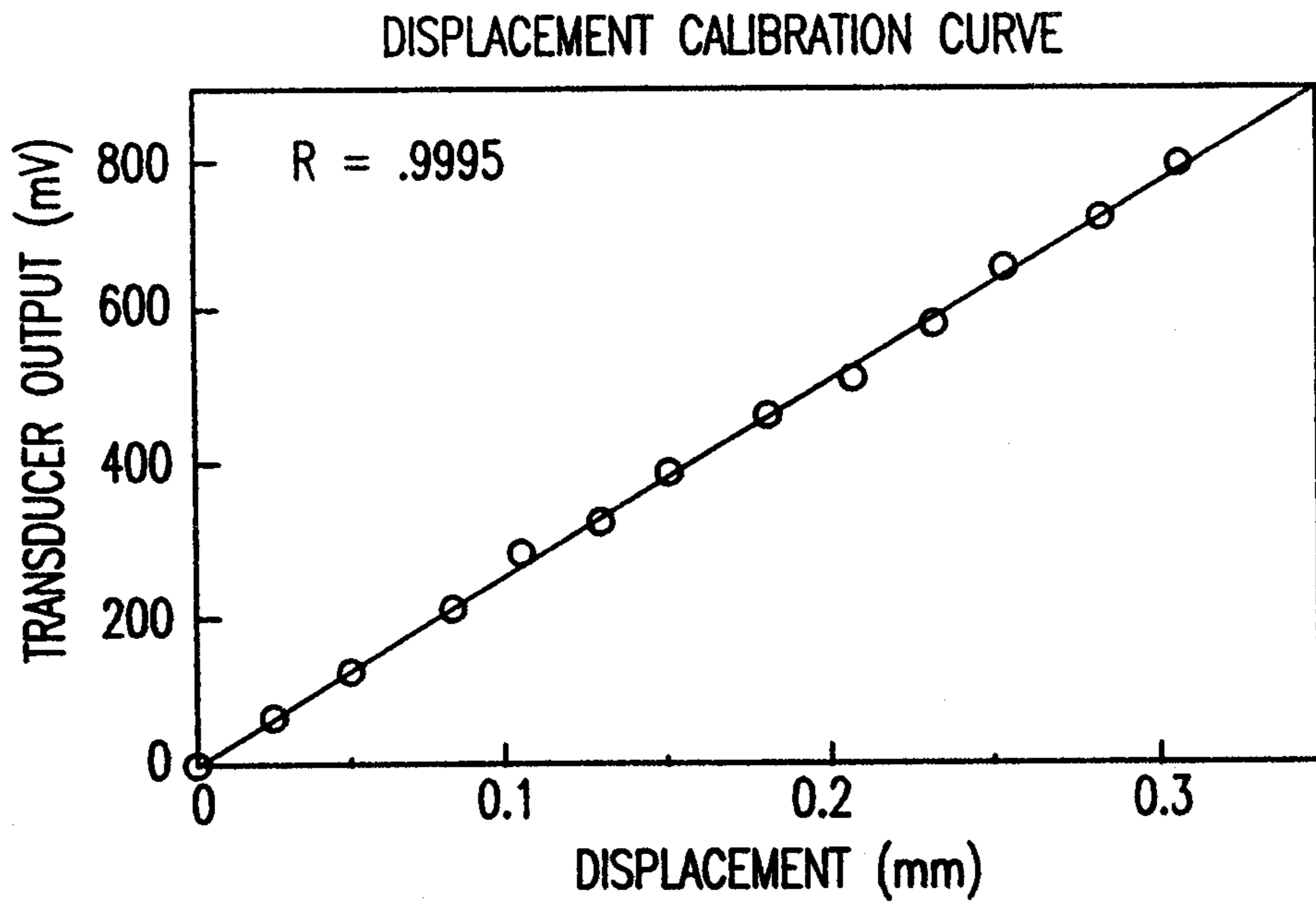


FIG.2

THROMBIN MEDIATED CLOTTING AND TPA MEDIATED DISSOLUTION OF A WHOLE BLOOD CLOT (Unprocessed Data)

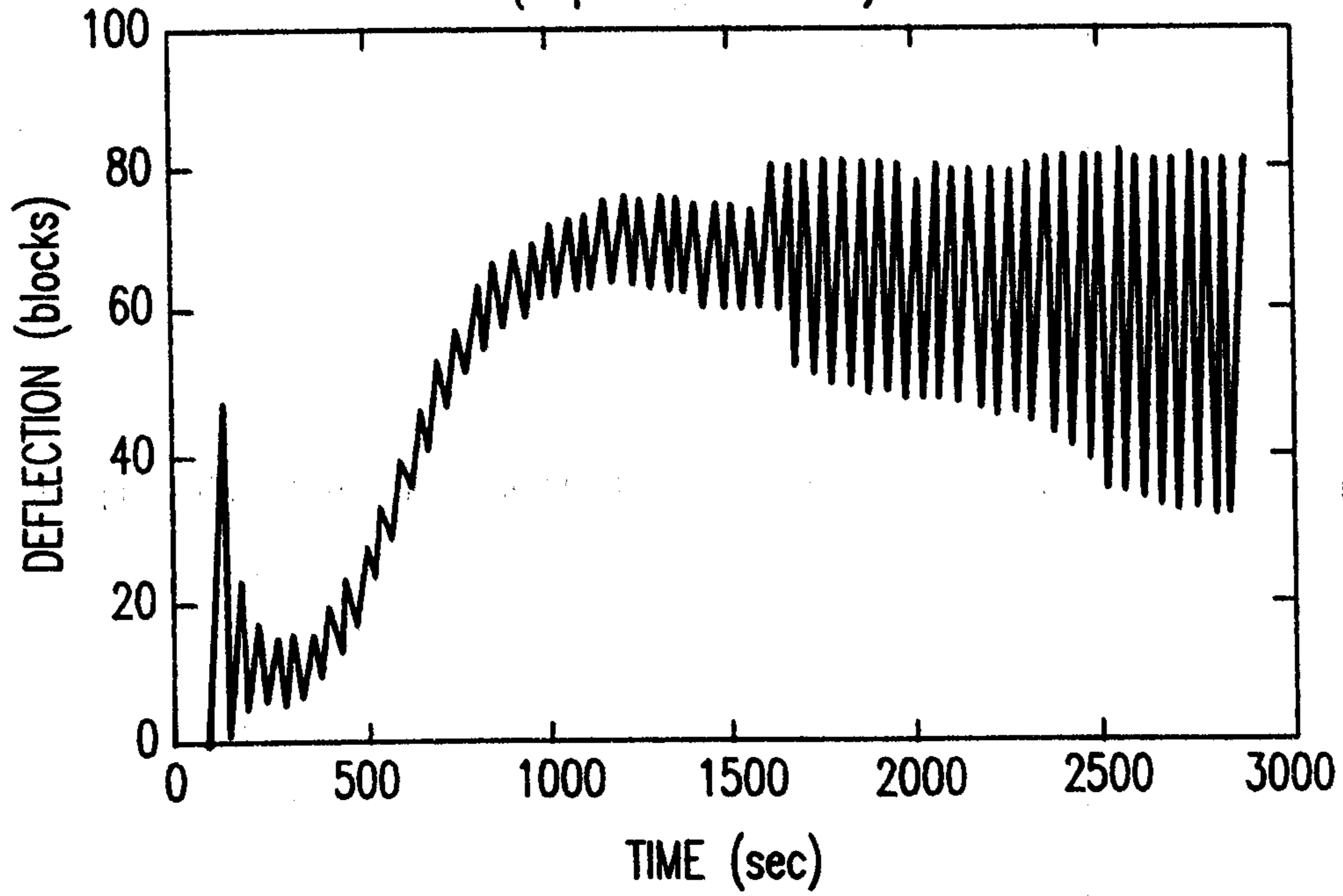


FIG.3

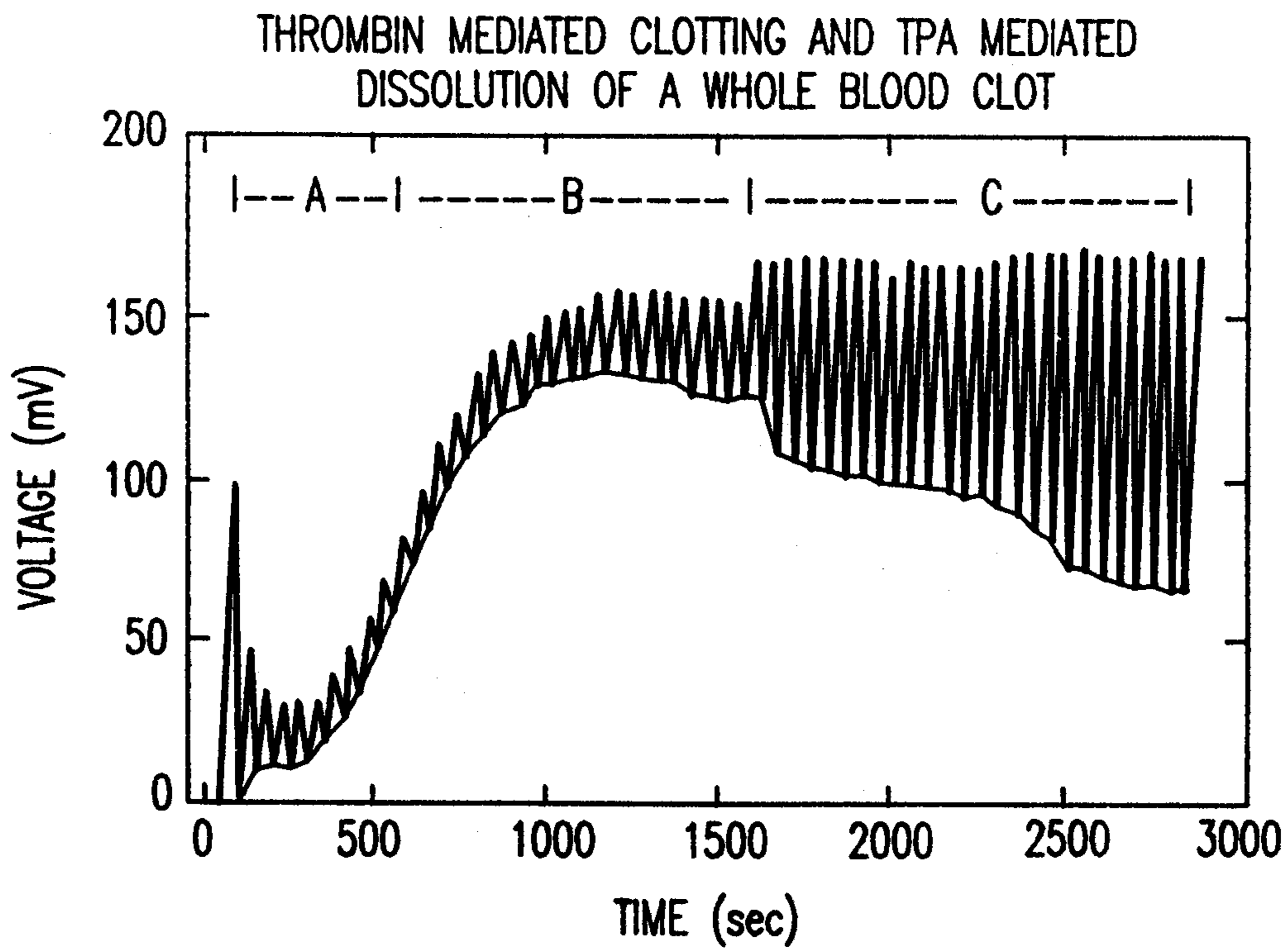


FIG.4

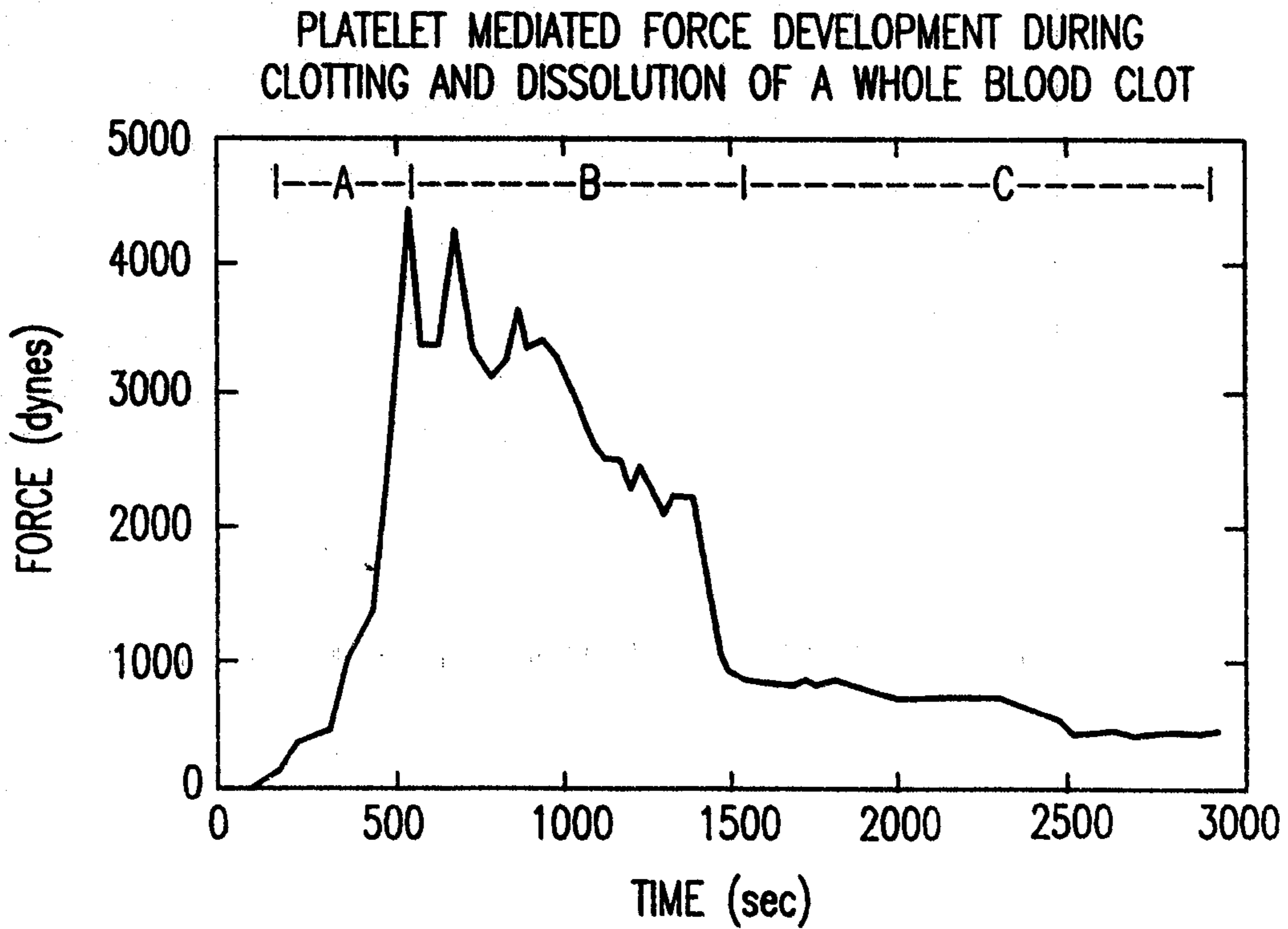


FIG.5

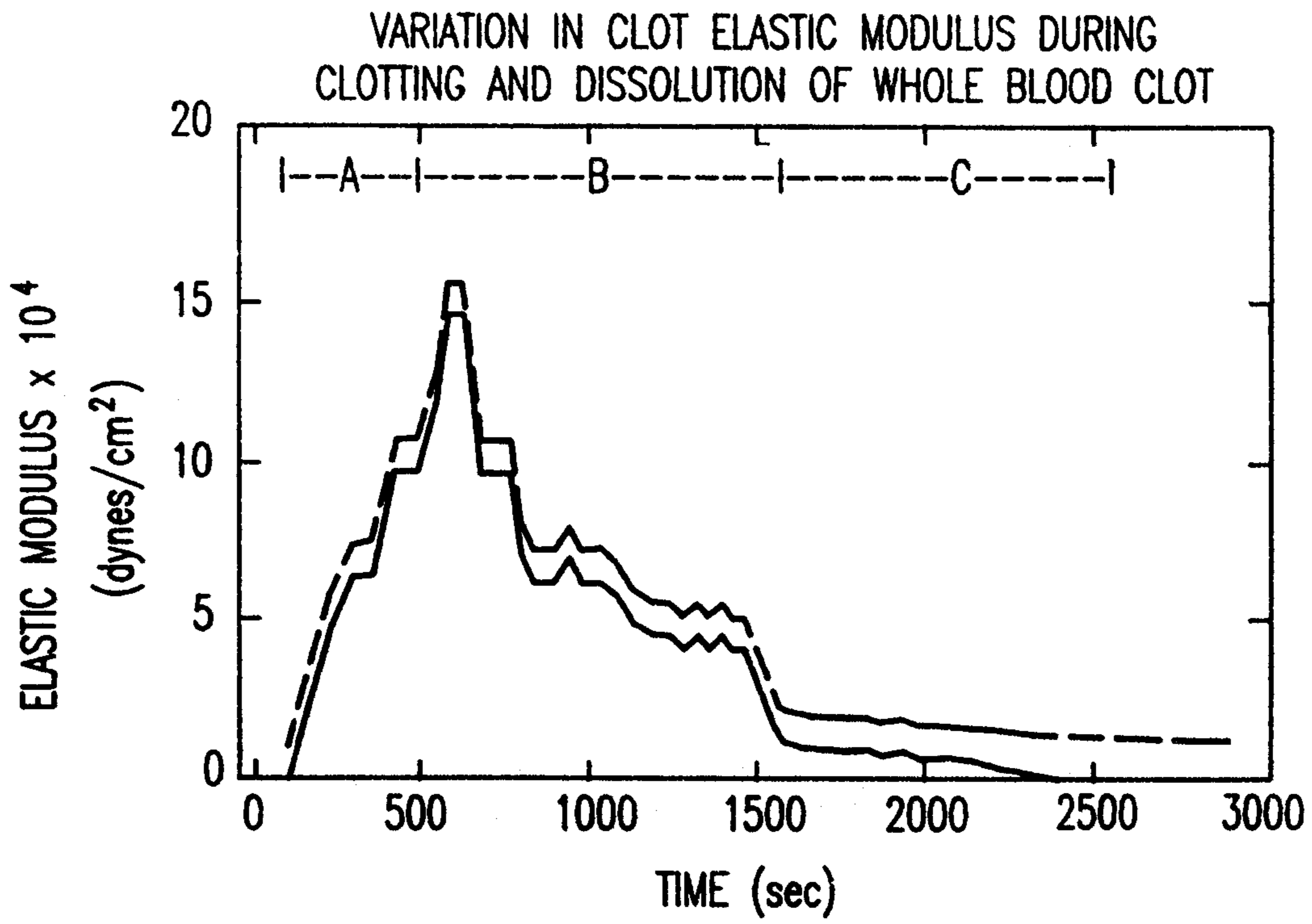


FIG. 6

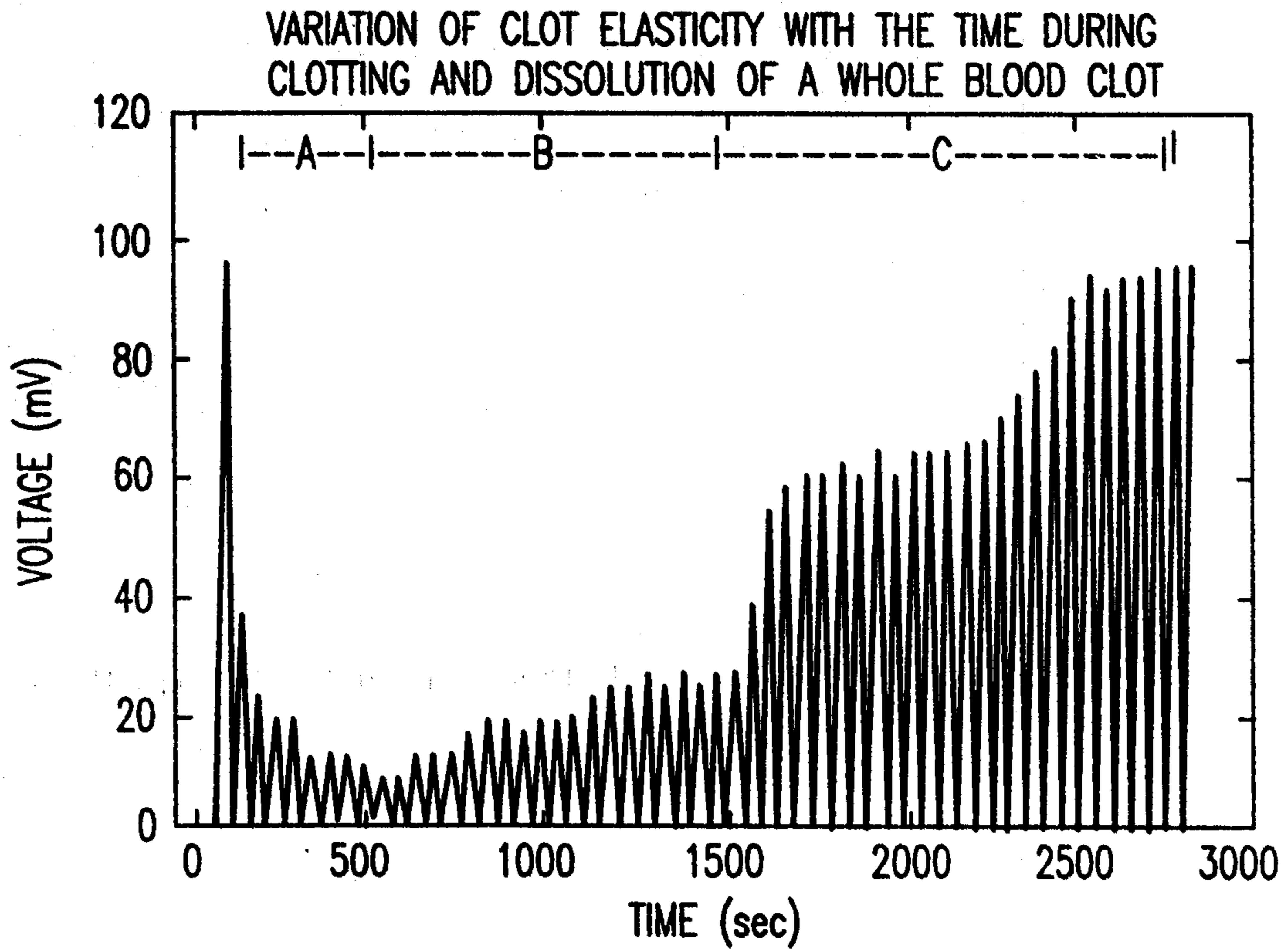


FIG. 7

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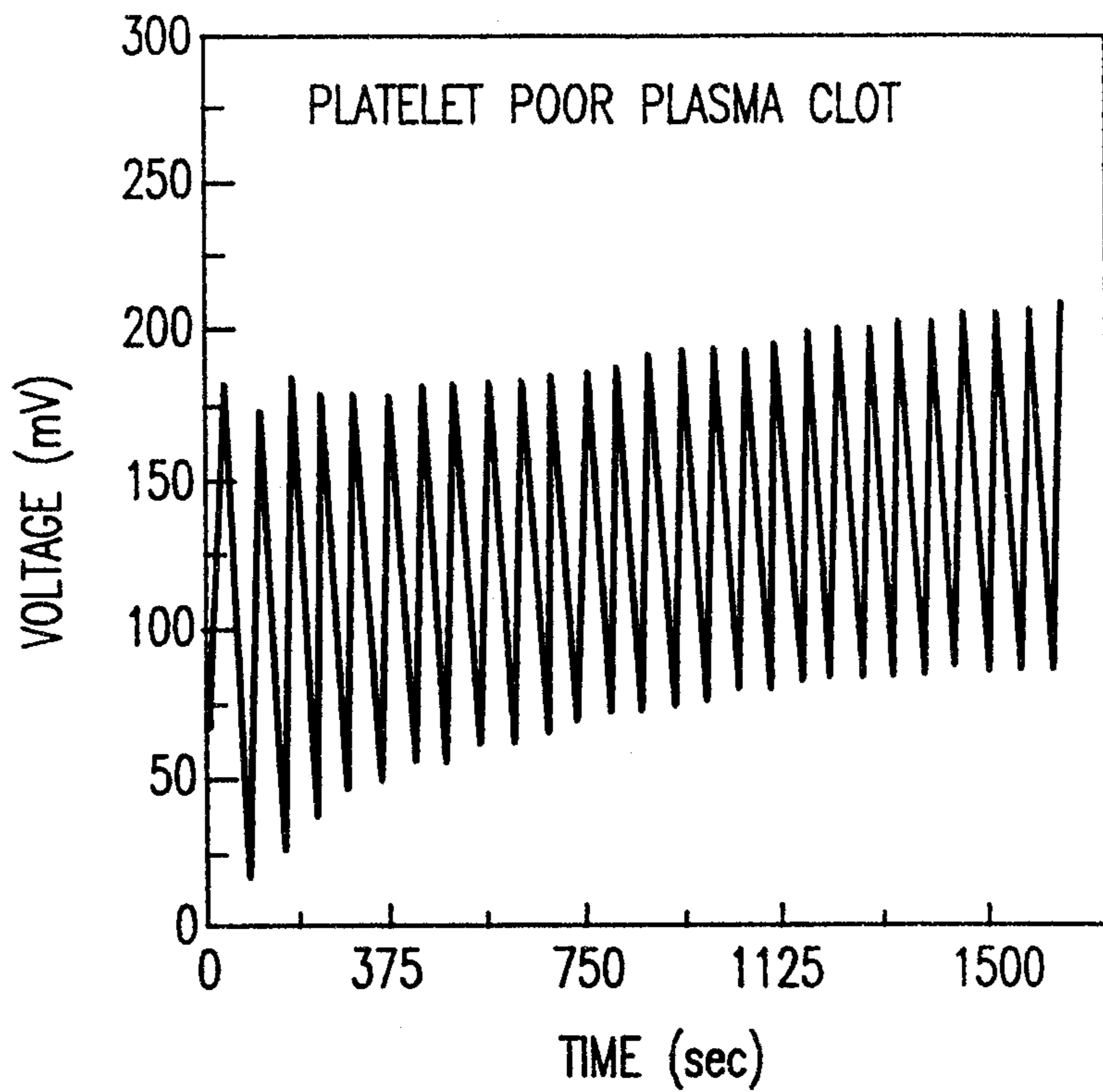


FIG.8A

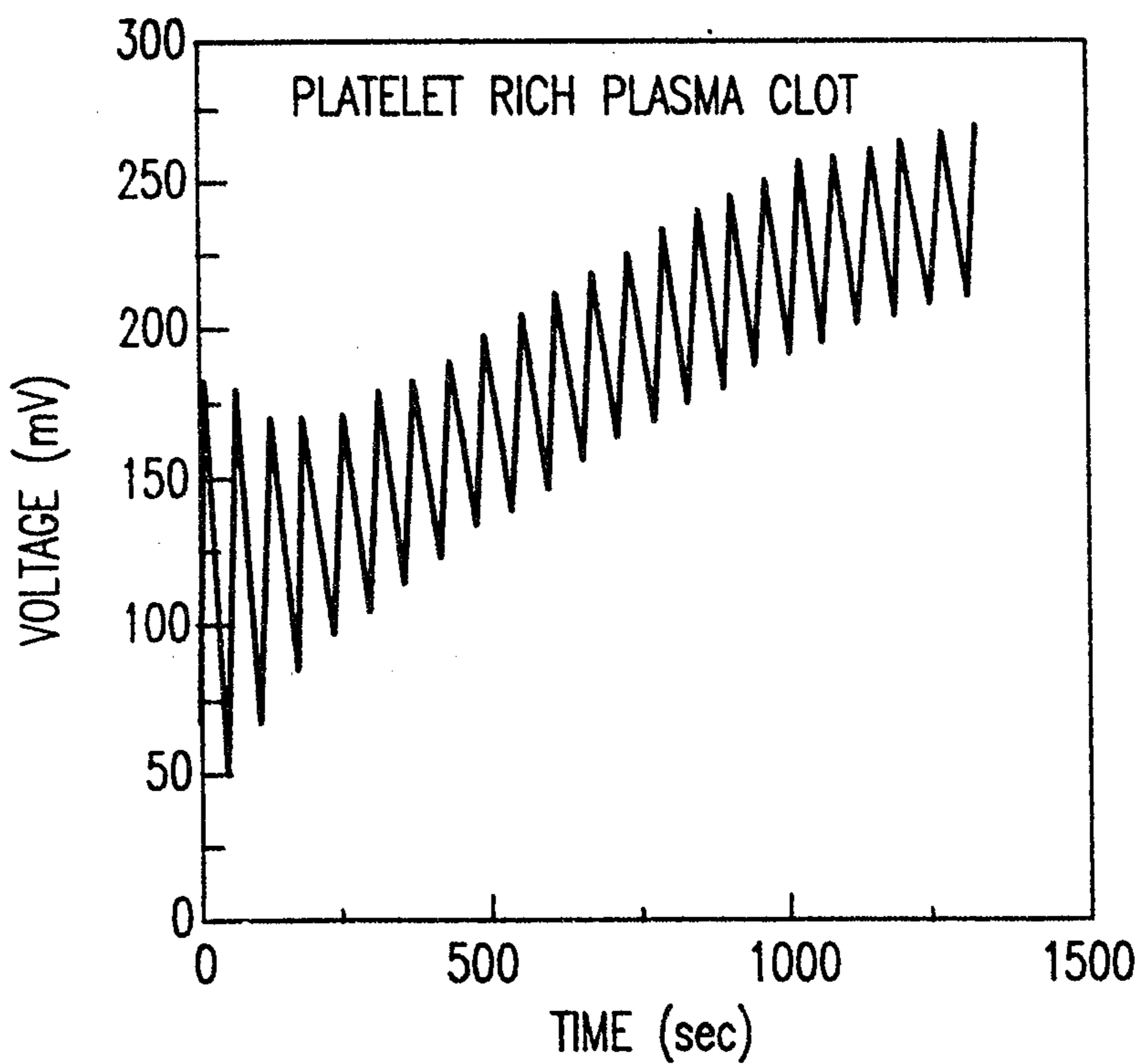


FIG.8B

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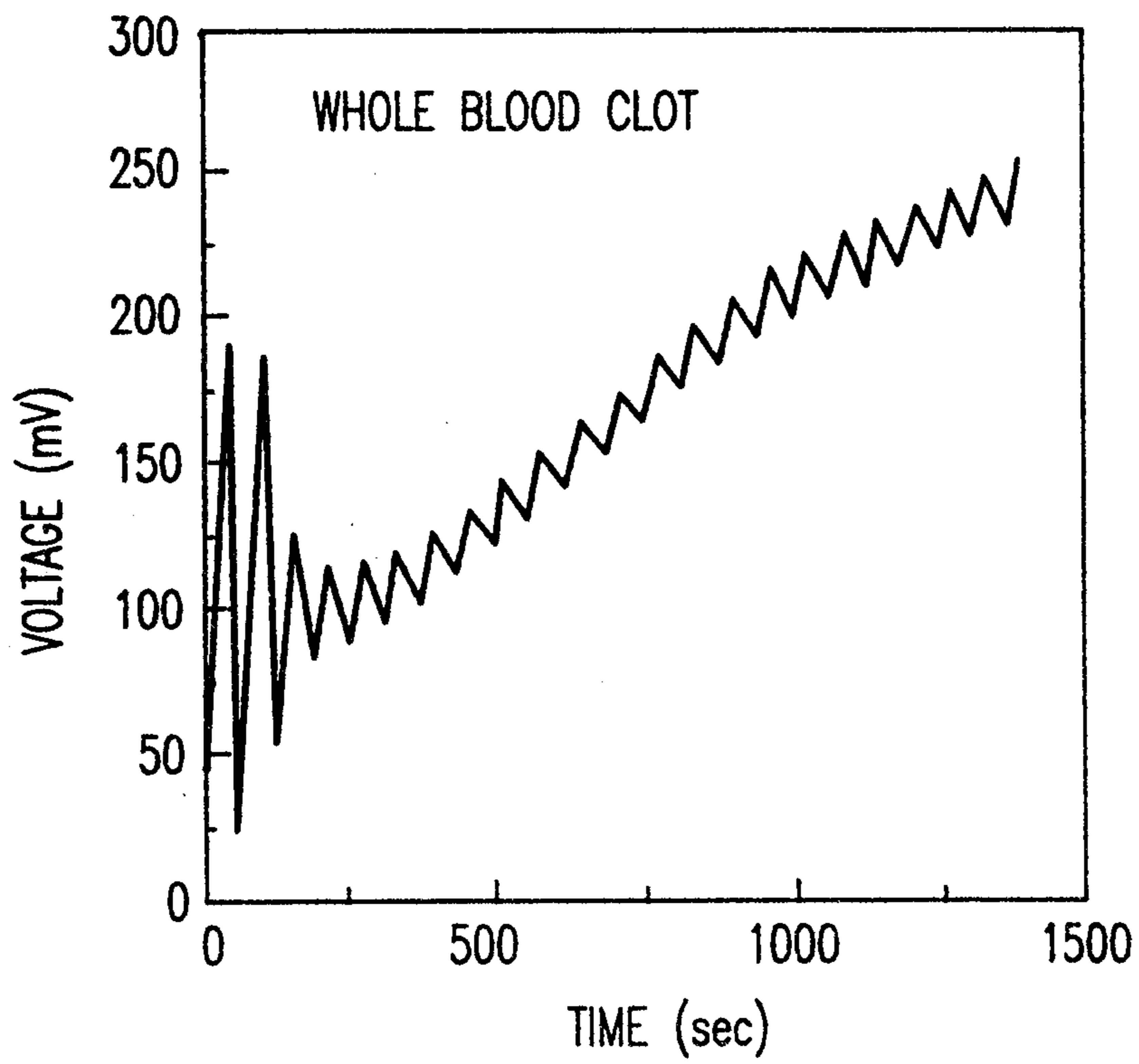


FIG.8C

