

(12) INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

(19) World Intellectual Property
Organization
International Bureau



(10) International Publication Number
WO 2015/095918 A1

(43) International Publication Date
2 July 2015 (02.07.2015)

(51) International Patent Classification:

A61K 36/9068 (2006.01) A61P 25/06 (2006.01)
A61P 29/00 (2006.01)

(21) International Application Number:

PCT/AU2014/001164

(22) International Filing Date:

24 December 2014 (24.12.2014)

(25) Filing Language:

English

(26) Publication Language:

English

(30) Priority Data:

2013905080 24 December 2013 (24.12.2013) AU

(71) Applicant: **INNOVATIVE HERBAL PRODUCTS**

(AUST) PTY LTD [AU/AU]; Suite 106, Building A, 20
Lexington Drive, Bella Vista, New South Wales 2153
(AU).

(72) Inventors: **DALE, Michael J.**; 880 Chandler Road, Ar-

midale, New South Wales 2350 (AU). **MACLEOD, Ken-**
neth R.; 38 Grandview Grove, Seaforth, New South Wales
2092 (AU).

(74) Agent: **GRIFFITH HACK**; GPO Box 4164, Sydney, New

South Wales 2001 (AU).

(81) Designated States (unless otherwise indicated, for every

kind of national protection available): AE, AG, AL, AM,
AO, AT, AU, AZ, BA, BB, BG, BH, BN, BR, BW, BY,
BZ, CA, CH, CL, CN, CO, CR, CU, CZ, DE, DK, DM,
DO, DZ, EC, EE, EG, ES, FI, GB, GD, GE, GH, GM, GT,
HN, HR, HU, ID, IL, IN, IR, IS, JP, KE, KG, KN, KP, KR,
KZ, LA, LC, LK, LR, LS, LU, LY, MA, MD, ME, MG,
MK, MN, MW, MX, MY, MZ, NA, NG, NI, NO, NZ, OM,
PA, PE, PG, PH, PL, PT, QA, RO, RS, RU, RW, SA, SC,
SD, SE, SG, SK, SL, SM, ST, SV, SY, TH, TJ, TM, TN,
TR, TT, TZ, UA, UG, US, UZ, VC, VN, ZA, ZM, ZW.

(84) Designated States (unless otherwise indicated, for every

kind of regional protection available): ARIPO (BW, GH,
GM, KE, LR, LS, MW, MZ, NA, RW, SD, SL, ST, SZ,
TZ, UG, ZM, ZW), Eurasian (AM, AZ, BY, KG, KZ, RU,
TJ, TM), European (AL, AT, BE, BG, CH, CY, CZ, DE,
DK, EE, ES, FI, FR, GB, GR, HR, HU, IE, IS, IT, LT, LU,
LV, MC, MK, MT, NL, NO, PL, PT, RO, RS, SE, SI, SK,
SM, TR), OAPI (BF, BJ, CF, CG, CI, CM, GA, GN, GQ,
GW, KM, ML, MR, NE, SN, TD, TG).

Published:

— with international search report (Art. 21(3))



WO 2015/095918 A1

(54) Title: TREATMENT OF PAIN

(57) Abstract: The invention relates to a method of treating or preventing pain, or a condition associated with pain, in a subject in need thereof, comprising applying topically an effective amount of an extract of Zingiber Officinale (ginger), and to topical compositions and articles of manufacture comprising an extract of Zingiber Officinale.

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Treatment of Pain**Field of the Invention**

The present invention relates to a method for treating or preventing pain, and a composition for
5 treating or preventing pain.

Background

Pain is one of the most common reasons for physician consultation. Pain can interfere with a person's quality of life and general functioning.

10 One example of pain that has significant effects on a person's quality of life is migraine headache (migraine). Migraine is a chronic neurovascular disorder characterized by recurrent attacks of severe headache and autonomic nervous system dysfunction. Subjects suffering
15 from migraine experience recurrent attacks of severe, pulsating and disabling headache, vomiting, photo- and phonophobia, and malaise. Approximately one third of migraine sufferers experience migraine with aura. An aura is a transient focal neurological phenomena that occurs
20 before or during headache, and includes visual, sensory, language or motor disturbances.

The pathophysiology of migraine is only partly understood. In this regard, migraine appears to be associated with a wave of vasoconstriction followed by
25 reactive vasodilation. The main elements involved in the generation of migraine pain are: cranial blood vessels, the trigeminal innervation of vessels and the reflex connections of the trigeminal systems with the cranial para-sympathetic outflow.

30 Treatment of pain, including migraine, consists of non-pharmacological and pharmacological approaches. Pharmacological treatment includes analgesics such as non-steroidal anti-inflammatory drugs (NSAIDS); triptans such

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as sumatriptan; ergotamines such as ergotamine and hydro
ergotamine. However, ergotamines are associated with
side-effects including hypotension, tiredness, increased
weight and breathlessness, while triptans are associated
5 with side-effects such as dizziness, heaviness or pressure
on chest and arms, shortness of breath and chest pain.

Non-pharmacological therapies include
acupuncture, oral administration of magnesium, co-enzyme,
riboflavin, vitamin B, and/or various plant extracts.

10 There is a need for alternative therapies for the
treatment of pain, such as migraine.

Summary

A first aspect provides a method of treating or
15 preventing pain, or a condition associated with pain, in a
subject in need thereof, comprising applying topically an
effective amount of an extract of Zingiber Officinale
(ginger).

An alternative first aspect is the use of an
20 extract of Zingiber officinale in the manufacture of a
medicament for treating or preventing pain, or a condition
associated with pain, in a subject in need thereof,
wherein the medicament is for topical administration, or
an extract of Zingiber officinale for use in treating or
25 preventing pain, or a condition associated with pain, in a
subject in need thereof, wherein the extract is for
topical administration.

A second aspect provides a method of treating or
preventing migraine, or a condition associated with
30 migraine, in a subject in need thereof, comprising
applying topically an effective amount of an extract of
Zingiber officinale.

An alternative second aspect is the use of an

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extract of *Zingiber officinale* in the manufacture of a medicament for treating or preventing migraine, or a condition associated with migraine, in a subject in need thereof, wherein the medicament is for topical administration, or an extract of *Zingiber officinale* for use in treating or preventing migraine, or a condition associated with migraine, in a subject in need thereof, wherein the extract is for topical administration.

A third aspect provides a topical composition comprising an extract of *Zingiber officinale*.

A fourth aspect provides an article of manufacture comprising an extract of *Zingiber officinale* and a device for topical administration of the extract.

A fifth aspect provides a kit for treating or preventing pain or a condition associated with pain in a subject in need thereof comprising an extract of *Zingiber officinale* for topical administration.

A sixth aspect provides a topical composition comprising:

- (a) one or more gingerols selected from the group consisting of 6-gingerol and 10-gingerol; and/or
- (b) one or more gingerdiones selected from the group consisting of 6-gingerdione and 8-gingerdione; and/or
- (c) one or more shogaols selected from the group consisting of 6-shogaol, 8-shogaol, and 10-shogaol, and a pharmaceutically acceptable carrier.

A seventh aspect provides a method of treating or preventing pain, or a condition associated with pain, in a subject in need thereof, comprising applying an effective amount of a topical composition comprising:

- (a) one or more gingerols selected from the group consisting of 6-gingerol and 10-gingerol; and/or

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(b) one or more gingerdiones selected from the group consisting of 6-gingerdione and 8-gingerdione; and/or

(c) one or more shogaols selected from the group consisting of 6-shogaol, 8-shogaol, and 10-shogaol,
5 and a pharmaceutically acceptable carrier.

An alternative seventh aspect provides use of

(a) one or more gingerols selected from the group consisting of 6-gingerol and 10-gingerol; and/or

(b) one or more gingerdiones selected from the group
10 consisting of 6-gingerdione and 8-gingerdione; and/or

(c) one or more shogaols selected from the group consisting of 6-shogaol, 8-shogaol, and 10-shogaol,
in the manufacture of a topical composition for treating
or preventing pain, or a condition associated with pain,
15 in a subject in need thereof, or a topical composition
comprising:

(a) one or more gingerols selected from the group consisting of 6-gingerol and 10-gingerol; and/or

(b) one or more gingerdiones selected from the group
20 consisting of 6-gingerdione and 8-gingerdione; and/or

(c) one or more shogaols selected from the group consisting of 6-shogaol, 8-shogaol, and 10-shogaol,
and a pharmaceutically acceptable carrier,

for use in treating or preventing pain, or a condition
25 associated with pain, in a subject in need thereof.

An eighth aspect provides an article of manufacture comprising a topical composition comprising:

(a) one or more gingerols selected from the group consisting of 6-gingerol and 10-gingerol; and/or

(b) one or more gingerdiones selected from the group
30 consisting of 6-gingerdione and 8-gingerdione; and/or

(c) one or more shogaols selected from the group consisting of 6-shogaol, 8-shogaol, and 10-shogaol,

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and a pharmaceutically acceptable carrier,
and a device for topical administration of the
composition.

5 A ninth aspect provides a kit for treating or
preventing pain, or a condition associated with pain, in a
subject in need thereof comprising a topical composition
comprising:

- (a) one or more gingerols selected from the group
consisting of 6-gingerol and 10-gingerol; and/or
- 10 (b) one or more gingerdiones selected from the group
consisting of 6-gingerdione and 8-gingerdione; and/or
- (c) one or more shogaols selected from the group
consisting of 6-shogaol, 8-shogaol, and 10-shogaol,
and a pharmaceutically acceptable carrier.

15 A tenth aspect provides a method of treating or
preventing pain, or a condition associated with pain, in a
subject in need thereof, comprising applying topically an
effective amount of a subcritical and/or supercritical CO₂
extract of *Zingiber officinale*.

20 An alternative tenth aspect is the use of a
subcritical and/or supercritical CO₂ extract of *Zingiber
officinale* in the manufacture of a medicament for treating
or preventing pain, or a condition associated with pain,
in a subject in need thereof, wherein the medicament is
25 for topical administration, or a subcritical and/or
supercritical CO₂ extract of *Zingiber officinale* for use in
treating or preventing pain, or a condition associated
with pain, in a subject in need thereof, wherein the
extract is for topical administration.

30 An eleventh aspect provides a method of treating
or preventing migraine, or a condition associated with
migraine, in a subject in need thereof, comprising
applying topically an effective amount of a subcritical

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and/or supercritical CO₂ extract of Zingiber officinale.

An alternative eleventh aspect is the use of a subcritical and/or supercritical CO₂ extract of Zingiber officinale in the manufacture of a medicament for treating or preventing migraine, or a condition associated with migraine, in a subject in need thereof, wherein the medicament is for topical administration, or a subcritical and/or supercritical CO₂ extract of Zingiber officinale for use in treating or preventing migraine, or a condition associated with migraine, in a subject in need thereof, wherein the extract is for topical administration.

A twelfth aspect provides a topical composition comprising a subcritical and/or supercritical CO₂ extract of Zingiber officinale.

A thirteenth aspect provides an article of manufacture comprising a subcritical and/or supercritical CO₂ extract of Zingiber officinale and a device for topical administration of the extract.

A fourteenth aspect provides a kit for treating or preventing pain, or a condition associated with pain, in a subject in need thereof comprising a topical composition comprising a subcritical and/or supercritical CO₂ extract of Zingiber officinale.

Brief Description of the Drawings

Figure 1 is a schematic representation of an example of an arrangement of components for supercritical CO₂ extraction.

30

Detailed Description

The present disclosure relates to the treatment and prevention of pain or conditions associated with pain.

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The pain that can be treated by the method and composition as disclosed herein includes, for example, migraine, arthritis pain, menstrual pain, muscular pain. In one embodiment, the pain is migraine pain. In one
5 embodiment, the migraine pain is migraine pain associated with aura. As used herein, "migraine pain associated with aura" is migraine which is preceded by, or occurs simultaneously with, an aura. An aura is a visual, sensory, language or motor disturbance which precedes the
10 onset of, or occurs during, migraine headache. Visual disturbances may include, for example, scintillating scotoma and blurred vision. Sensory disturbances may include, for example, pins and needles in arms, hands, nose and/or mouth; vertigo, etc. In another embodiment,
15 the pain is arthritis pain. In another embodiment, the pain is menstrual pain.

The inventors have found that topical administration of an extract of *Zingiber officinal* is effective at treating pain such as migraine. Topical
20 application has the advantages that it is convenient and easy to apply rapidly, has less risk of toxicity and therefore offers a safer alternative to subjects concerned about side effects of oral medication. In addition, the reduction in treatment complexity increases the chance of
25 patient compliance. The extract may also be used to treat or prevent conditions associated with pain. As used herein, a "condition associated with pain" is a condition which is caused by pain and/or occurs simultaneous with, or shortly before or after pain. Examples of such
30 conditions include nausea, vomiting, photophobia, phonophobia, and malaise.

The method comprises applying topically, typically at or near the site of pain, an extract of

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Zingiber officinale. Typically, the extract is an extract of Zingiber officinale rhizome. In one embodiment, the extract of Zingiber officinale is an extract of dried Zingiber officinale.

5 In one embodiment, the extract of Zingiber officinale comprises one or more gingerols. Examples of gingerol include 6-gingerol, 8-gingerol, 10-gingerol and 12-gingerol. In one embodiment, the extract of Zingiber officinale comprises one or more shogaols. Examples of
10 shogaols include 6-shogaol, 8-shogaol and 10-shogaol. In one embodiment, the extract of Zingiber officinale comprises one or more gingerdiones. Examples of gingerdiones include 6-gingerdione and 8-gingerdione. In one embodiment, the extract of Zingiber officinale
15 comprises gingerdiol. Typically, the gingerdiol is 6-gingerdiol. In various embodiments, the extract of Zingiber officinale comprises:

- (a) one or more gingerols and one or more shogaols;
- (b) one or more gingerols and one or more
20 gingerdiones;
- (c) one or more shogaols and one or more gingerdiones;
- (d) one or more gingerols, one or more shogaols and one or more gingerdiones.

25 In one embodiment, the amount of gingerols in the extract is in the range of from about 2% to 40%, 5% to 40%, 5% to 35%, 6% to 35%, 7% to 30%, 8% to 30%, 8% to 25%, weight per weight of extract.

In one embodiment, the amount of shogaol in the
30 extract is in the range of from 0.3 to 7%, 0.3 to 6%, 0.3 to 5%, 0.4 to 5%, 0.4 to 4%, 0.5 to 4%, 0.7% to 4%, 0.8% to 3.5%, 0.9% to 3.0%, 1% to 3%, weight per weight of extract.

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In one embodiment, the amount of gingerdiones in the extract is in the range of from about 0.2% to 10%, 0.3% to 10%, 0.5% to 10%, 0.6% to 10%, 0.7% to 10%, 0.8% to 10%, 0.9% to 10%, 1.0% to 10%, or 1.0% to 9%, weight per weight of extract.

In one embodiment, the extract comprises:

- (a) one or more gingerols selected from the group consisting of 6-gingerol, 8-gingerol A, 8-gingerol B, 10-gingerol, and 12-gingerol;
- 10 (b) one or more gingerdiones selected from the group consisting of 6-gingerdione, 8-gingerdione; and
- (c) one or more shogaols selected from the group consisting of 6- shogaol, 8-shogaol, and 10-shogaol.

15 In one embodiment, the extract comprises:

- (a) one or more gingerols selected from the group consisting of 6-gingerol, 8-gingerol A, 8-gingerol B, 10-gingerol, and 12-gingerol;
- (b) one or more gingerdiones selected from the group consisting of 6-gingerdione, 8-gingerdione;
- 20 (c) one or more shogaols selected from the group consisting of 6- shogaol, 8-shogaol, and 10-shogaol; and
- (d) 6-gingerdiol.

25 In various embodiments, the extract comprises:

- (a) 6-gingerol;
- (b) 6-gingerdione;
- (c) 8-gingerdione;
- (d) 10-gingerol;
- 30 (e) 6-shogaol;
- (f) 10-shogaol;
- (g) 6-gingerdiol;
- (h) 6-gingerol, 6-gingerdione;

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- (i) 6-gingerol, 8-gingerdione;
- (j) 6-gingerol, 10-gingerol,
- (k) 6-gingerol, 6-gingerdiol,
- (l) 6-gingerol, 6-gingerdione, 8-gingerdione;
- 5 (m) 6-gingerol, 6-gingerdione, 10-gingerol;
- (n) 6-gingerol, 6-gingerdione, 10-shogaol;
- (o) 6-gingerol, 6-gingerdione, 6-gingerdiol;
- (p) 6-gingerol, 6-gingerdione, 8-gingerdione, 10-gingerol;
- 10 (q) 6-gingerol, 6-gingerdione, 8-gingerdione, 10-shogaol;
- (r) 6-gingerol, 6-gingerdione, 8-gingerdione, 6-gingerdiol;
- (s) 6-gingerol, 6-gingerdione, 8-gingerdione, 10-shogaol;
- (t) 6-gingerol, 8-gingerdione, 10-gingerol;
- 15 (u) 6-gingerol, 8-gingerdione, 10-shogaol;
- (v) 6-gingerol, 8-gingerdione, 6-gingerdiol;
- (w) 6-gingerol, 6-gingerdione, 8-gingerdione, 10-shogaol, 6-gingerdiol;
- (x) 6-gingerol, 10-shogaol;
- 20 (y) 6-gingerol, 10-shogaol, 6-gingerdiol;
- (z) 6-gingerol, 6-gingerdione, 10-gingerol, 8-gingerdione, 10-shogaol, 6-gingerdiol, 6-shogaol,
- (aa) 6-gingerol, 6-gingerdione, 10-gingerol, 8-gingerdione, 10-shogaol, 6-gingerdiol, 6-shogaol, 8-gingerol A
- 25 (bb) 6-gingerol, 6-shogaol;
- (cc) 6-gingerol, 6-shogaol, 6-gingerdione;
- (dd) 6-gingerol, 6-shogaol, 8-gingerdione;
- (ee) 6-gingerol, 6-shogaol, 6-gingerdione, 8-gingerdione;
- 30 (ff) 6-gingerol, 6-shogaol, 6-gingerdione, 8-gingerdione, 10-shogaol; or
- (gg) 6-gingerol, 6-shogaol, 6-gingerdione, 8-gingerdione, 10-shogaol, 6-gingerdiol.

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In embodiments where the extract comprises 6-gingerol, the amount of 6-gingerol in the extract may, in some embodiments, be in the range of from about 2% to 40%, 5% to 40%, 6% to 35%, 7% to 30%, 8% to 30%, 9% to 25%, or
5 10% to 20%, weight per weight of extract.

In embodiments where the extract comprises 6-gingerdione, the amount of 6-gingerdione in the extract may, in some embodiments, be in the range of from about 0.2% to 10%, 0.2% to 8%, 0.2% to 7%, 0.3% to 6%, 0.3% to
10 5%, or 0.4% to 5%, weight per weight of extract.

In embodiments where the extract comprises 8-gingerdione, the amount of 8-gingerdione in the extract may, in some embodiments, be in the range of from about 0.02% to 10%, 0.05% to 8%, 0.1% to 7%, 0.2% to 6%, 0.3% to
15 6%, 0.4% to 6%, 0.5% to 6%, 0.6% to 6%, or 0.5% to 5%, weight per weight of extract.

In embodiments where the extract comprises 10-gingerol, the amount of 10-gingerol in the extract may, in some embodiments, be in the range of from about 0.15% to
20 10%, 0.2% to 9%, 0.3% to 8%, 0.4% to 7%, 0.5% to 7%, 0.6% to 7%, 0.7% to 7%, 0.8% to 7%, 0.9% to 7%, 1% to 7%, 1% to 6%, 1% to 5%, 1.5% to 5%, 2% to 5%, 2% to 6%, or 2% to 7%, weight per weight of extract.

In embodiments where the extract comprises 10-shogaol, the amount of 10-shogaol in the extract may, in some embodiments, be in the range of from about 0.04% to
25 3%, 0.04 to 2%, 0.05% to 2%, 0.06% to 2%, 0.1% to 1.5%, 0.2% to 1.5%, 0.06 to 1.5%, or 0.06% to 1%, weight per weight of extract.

30 In embodiments where the extract comprises 6-gingerdiol, the amount of 6-gingerdiol in the extract may, in some embodiments, be in the range of from about 0.25%

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to 5%, 0.25% to 4%, 0.25% to 3%, or 0.3% to 3%, weight per weight of extract.

In embodiments where the extract comprises 6-shogaol, the amount of 6-shogaol in the extract may, in some
5 embodiments, be in the range of from about 0.2% to 10%, 0.25% to 9%, 0.3% to 8%, 0.4% to 7%, 0.5% to 6%, 0.6% to 5%, 0.7% to 5%, 0.2% to 5%, or 0.2 to 6%, weight per weight of extract.

In embodiments where the extract comprises 8-gingerol
10 A, the amount of 8-gingerol A in the extract may, in some embodiments, be in the range of from about 0 % to 10%, 0% to 8%, 0% to 7%, 0.01 to 6%, or 0.01% to 5%, weight per weight of extract.

In embodiments where the extract comprises 8-gingerol
15 B, the amount of 8-gingerol B in the extract may, in some embodiments, be in the range of from about 0 % to 10%, 0% to 8%, 0% to 7%, 0.01 to 6%, or 0.01% to 5%, weight per weight of extract.

In one embodiment, the amount of gingerols,
20 gingerdiones and gingerdiols in the extract is in the range of from 2.5% to 50%, 5% to 50%, 10% to 50%, 15% to 50%, 15% to 45%, 15% to 40%, or 15% to 35%, weight per weight of extract.

In one embodiment, the amount of shogaols in the
25 extract is in the range of from 0.3% to 7%, 0.3% to 6%, 0.3% to 5%, 0.4% to 5%, 0.4% to 4%, 0.5% to 4%, 0.7% to 4%, 0.8% to 3.5%, 0.9% to 3.0%, or 1% to 4%, weight per weight of extract.

The compounds 6-gingerol, 8-gingerol A, 8-gingerol B,
30 6-gingerdiol, 6-gingerdoine, 10-gingerol, 12-gingerol, 8-gingerdione, 6-shogaol, 8-shogaol, 10-shogaol, zingerone and 6-paradol are non-volatile compounds.

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Typically, the extract of *Zingiber officinale* further comprises volatile compounds. As used herein, a "volatile compound" is a compound which has a vapour pressure that is greater than or equal to 0.001 kPa at 25°C. Typically, a volatile compound is volatilized at room temperature. Volatile compounds in the extract of *Zingiber officinale* may include, for example, one or more of camphene, limonene, β -phellandrene, 1,8 cineole, linalool, borneol, α -terpineol, geraniol, neral, geranial, geranyl acetate, α -zingiberene, ar-curcumene, trans α -farnesene, β -bisabolene, trans muurolo 4,5 diene, β -sesquiphellandrene, and zingiberenol.

The inventors have found that extracts which exhibit greater efficacy for topical treatment of pain have an area percent ratio of volatile compounds to non-volatile compounds that is less than about 44.06. The "area percent" for a compound in a sample refers to the relative proportion of that compound expressed as a percentage of all compounds in the sample. The area percent of a compound is typically the area under a curve of a chromatogram that corresponds to that compound, expressed as a percentage of the total area under the curve of the chromatogram for the whole sample. Typically, the chromatogram is a chromatogram from gas chromatography. Typically, the gas chromatography is with a flame ionization detector (GC/FID). Methods for GC/FID and determining the area under the curve for components in a sample are known in the art. Methods for GC, including GC/FID, are described in, for example, Harris, D.C. (1999) "24. Gas Chromatography." Quantitative Chemical Analysis (Fifth ed.), Freeman and Company; Grob, R.L and E.F. Barry

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(2004). Modern Practice of Gas Chromatography (4th Edition). John Wiley & Sons.

The area percent ratio of volatile compounds to non-volatile compounds in a sample is the area percent for volatile compounds in the sample divided by the area percent for non-volatile compounds in the sample.

In one embodiment, the area percent of volatile compounds is the area percent of the compounds camphene, limonene, β -phellandrene, 1,8 cineole, linalool, borneol, α -terpineol, geraniol, neral, geranial, geranyl acetate, α -zingiberene, ar-curcumene, trans α -farnesene, β -bisabolene, trans muurola 4,5 diene, β -sesquiphellandrene, and zingiberenol.

In one embodiment, the area percent of non-volatile compounds is the area percent of the compounds 6-gingerol, 8-gingerol A, 8-gingerol B, 6-gingerdiol, 6-gingerdoine, 10-gingerol, 12-gingerol, 8-gingerdione, 6-shogaol, 8-shogol, 10-shogaol, zingerone and 6-paradol.

The inventors have found that an extract having a volatile to non-volatile area % ratio of 44.06 following GCFID has low efficacy in topical treatment of pain, and that extracts having a volatile to non-volatile area % ratio of 0.16 following GCFID are corrosive to the skin. The inventors have found that extracts having the greatest efficacy in the topical treatment of pain have a volatile to non-volatile area % ratio in the range of from 0.02 to 44, typically in the range of from 2 to 20, more typically in the range of 3.0 to 15.

In one embodiment, the extract comprises an area % ratio of volatile to non-volatile compounds in the range of from 0.02 to 44.0, 0.1 to 44.0, 0.2 to 44.0, 0.02 to 40.0, 0.1 to 40.0, 0.5 to 40.0, 0.02 to 35, 0.05 to 35.0,

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0.1 to 35.0, 1.0 to 35.0, 0.05 to 30.0, 0.1 to 30.0, 1.0 to 30.0, 0.05 to 25.0, 0.1 to 25.0, 0.5 to 25.0, 1.0 to 25.0, 0.05 to 20.0, 0.1 to 20.0, 0.5 to 20.0, 1.0 to 20.0, 0.05 to 18.0, 0.1 to 18.0, 0.5 to 18.0, 1.0 to 18.0, 0.05 to 15.0, 0.1 to 15.0, 0.5 to 15.0, 1.0 to 15.0, 2.0 to 40.0, 2.0 to 35.0, 2.0 to 30.0, 2.0 to 25.0, 2.0 to 20.0, 2.0 to 15.0, 3.0 to 40.0, 3.0 to 35.0, 3.0 to 30.0, 3.0 to 25.0, 3.0 to 20.0, or 3.0 to 15.0. Typically, the area % is as determined by GCFID.

10 In one embodiment, the extract of *Zingiber officinale* comprises:

(a) gingerols, gingerdiones and gingerdiols in an amount in the range of from 2.5% to 50%, 5% to 50%, 10% to 50%, 15% to 50%, 15% to 45%, 15% to 40%, or 15% to 35%, weight per weight of extract; (b) shogaols in an amount in the range of from 0.3% to 7%, 0.3% to 6%, 0.3% to 5%, 0.4% to 5%, 0.4% to 4%, 0.5% to 4%, 0.7% to 4%, 0.8% to 3.5%, 0.9% to 3.0%, or 1% to 4%, weight per weight; and

(c) volatile and non-volatile compounds in an amount to give an area % ratio of volatile compounds to non-volatile compounds in the range of from 0.02 to 44.0, 0.1 to 44.0, 0.2 to 44.0, 0.02 to 40.0, 0.1 to 40.0, 0.5 to 40.0, 0.02 to 35, 0.05 to 35.0, 0.1 to 35.0, 1.0 to 35.0, 0.05 to 30.0, 0.1 to 30.0, 1.0 to 30.0, 0.05 to 25.0, 0.1 to 25.0, 0.5 to 25.0, 1.0 to 25.0, 0.05 to 20.0, 0.1 to 20.0, 0.5 to 20.0, 1.0 to 20.0, 0.05 to 18.0, 0.1 to 18.0, 0.5 to 18.0, 1.0 to 18.0, 0.05 to 15.0, 0.1 to 15.0, 0.5 to 15.0, 1.0 to 15.0, 2.0 to 40.0, 2.0 to 35.0, 2.0 to 30.0, 2.0 to 25.0, 2.0 to 20.0, 2.0 to 15.0, 3.0 to 40.0, 3.0 to 35.0, 3.0 to 30.0, 3.0 to 25.0, 3.0 to 20.0, or 3.0 to 15.0. Typically the area % is as determined by GC-FID.

30 In one embodiment, the extract of *Zingiber officinale* comprises:

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(a) gingerols, gingerdiones and gingerdiols in an amount to give an area % in the range of from 0.04 to 2, 0.04 to 1.8, 0.04 to 1.5, 0.1 to 1.5;

(b) shogaols in an amount to give an area % in the
5 range of from 0.90 to 20, 0.94 to 18, 0.94 to 16, 0.94 to 15, 0.94 to 14, 1.0 to 13, 1.5 to 13, 2.0 to 13, 2.5 to 13, 3.0 to 13, 3.5 to 13, 3.0 to 14, 3.0 to 15, 3.0 to 16;
and

(c) volatile and non-volatile compounds in an amount
10 to give an area % ratio of volatile compounds to non-volatile compounds in the range of from 0.02 to 44.0, 0.1 to 44.0, 0.2 to 44.0, 0.02 to 40.0, 0.1 to 40.0, 0.5 to 40.0, 0.02 to 35, 0.05 to 35.0, 0.1 to 35.0, 1.0 to 35.0, 0.05 to 30.0, 0.1 to 30.0, 1.0 to 30.0, 0.05 to 25.0, 0.1
15 to 25.0, 0.5 to 25.0, 1.0 to 25.0, 0.05 to 20.0, 0.1 to 20.0, 0.5 to 20.0, 1.0 to 20.0, 0.05 to 18.0, 0.1 to 18.0, 0.5 to 18.0, 1.0 to 18.0, 0.05 to 15.0, 0.1 to 15.0, 0.5 to 15.0, 1.0 to 15.0, 2.0 to 40.0, 2.0 to 35.0, 2.0 to 30.0, 2.0 to 25.0, 2.0 to 20.0, 2.0 to 15.0, 3.0 to 40.0,
20 3.0 to 35.0, 3.0 to 30.0, 3.0 to 25.0, 3.0 to 20.0, or 3.0 to 15.0.

Typically the area % is as determined by GC/FID.

In one embodiment, the volatile compounds are one or
25 more compounds selected from the group consisting of camphene, limonene, β -phellandrene, 1,8 cineole, linalool, borneol, α -terpineol, geraniol, neral, geranial, geranyl acetate, α -zingiberene, ar-curcumene, trans, trans α -farnesene, β -bisabolene, trans muurola 4,5 diene, β -sesquiphellandrene, and zingiberenol.

30 In one embodiment, the area percent of volatile compounds is the area percent of the compounds camphene, limonene, β -phellandrene, 1,8 cineole, linalool, borneol,

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α -terpineol, geraniol, neral, geranial, geranyl acetate, α -zingiberene, ar-curcumene, trans α -farnesene, β -bisabolene, trans muurola 4,5 diene, β -sesquiphellandrene, and zingiberenol.

5 In one embodiment, the area percent of non-volatile compounds is the area percent of the compounds 6-gingerol, 8-gingerol A, 8-gingerol B, 6-gingerdíol, 6-gingerdoíne, 10-gingerol, 12-gingerol, 8-gingerdione, 6-shogaol, 8-shogaol, 10-shogaol, zingerone and 6-paradol.

10 In one embodiment, the extract comprises 6-paradol. In embodiments where the extract comprises 6-paradol, the amount of 6-paradol in the extract may, in some embodiments, be in the range of from about 0.05% to 3%, 0.05% to 2.5%, 0.05% to 2%, 0.05% to 1.5%, 0.05% to 15 1.4%, or 0.05% to 1.3%, area % of the extract.

In one embodiment, the extract comprises zingerone. In embodiments where the extract comprises zingerone, the amount of zingerone in the extract may, in some embodiments, be in the range of from about 0.1% to 20 1.5%, 0.1% to 1.3%, 0.1 to 1.2%, 0.2 to 1.2% area % of the extract.

The extract may be prepared by extraction processes known in the art. In one embodiment, the extract is a solvent extract. An example of a solvent suitable 25 for preparing the extract is a supercritical or subcritical gas. As used herein, a "supercritical gas" is a gas at supercritical temperature and pressure. A "subcritical gas" is a gas at subcritical temperature and pressure.

30 The subcritical temperature and pressure is the temperature and pressure at which the gas is not supercritical. A gas becomes supercritical when its

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temperature and pressure are above its critical point (i.e. where distinct liquid and gas phases do not exist, and/or at which no phase boundaries exist).

In one embodiment, the extract is a subcritical gas extract of *Zingiber officinale*. Typically, the subcritical gas extract of *Zingiber officinale* is a subcritical CO₂ extract of *Zingiber officinale*. The inventors have found that extracts, such as subcritical and supercritical CO₂ extracts, of *Zingiber officinale* are effective at treating pain following topical application at or near the site of pain. As used herein, a "subcritical gas extract" is an extract prepared by treating a material with a gas at subcritical temperature and pressure. It will be appreciated by those skilled in the art that a gas at subcritical temperature and pressure will typically be a liquid. Subcritical temperature and pressure will vary depending on the type of gas used. In embodiments in which the gas is CO₂, the subcritical temperature is typically in the range from 12°C to 31°C, more typically 15°C to 31°C, still more typically 20°C to 30°C, still more typically 24°C to 29°C, still more typically 25°C to 28°C. It will be appreciated by those skilled in the art that subcritical conditions may be maintained at temperatures higher than 31°C by maintaining the pressure to below 1100psi.

Typical subcritical pressures range from 800 to 1500 psi (5.51 MPa to 10.35 MPa), such as from 800 (5.51 MPa) to 1100 psi (7.58 MPa), 900 psi (6.21 MPa) to 1000 psi (6.90 MPa), 940 psi (6.48 MPa) to 990 psi (6.83 MPa), 941 psi (6.49 MPa) to 990 psi (6.83 MPa), or 942 psi (6.5 MPa) to 986 psi (6.8 MPa). It will be appreciated by those skilled in the art that subcritical conditions may be maintained at CO₂ pressures higher than 1100psi by

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maintaining the temperature below 31.1°C.

Subcritical gas extraction typically involves pumping gas, such as CO₂, at a temperature of from 12°C to 31°C and a pressure of from 800 to 1500 psi through the
5 plant material.

In another embodiment, the extract of Zingiber officinale is a supercritical gas extract of Zingiber officinale. As used herein, a "supercritical gas extract" is an extract prepared by treating a material with a gas
10 at supercritical temperature and pressure. Supercritical temperature and pressure will vary depending on the type of gas used. Typically, the supercritical gas extract of Zingiber officinale is a supercritical CO₂ extract of Zingiber officinale. In embodiments in which the gas is
15 CO₂, the supercritical temperature is above 31.1°C and the supercritical pressure is above 1100 psi. Thus, supercritical extraction involves heating the gas, such as CO₂, to above 31.1°C (87°F) and pumping it through the plant material at about 1100 psi or above.

20 In some embodiments in which the gas is CO₂, the extraction is carried out at a temperature in the range of from 20°C to 50°C, 20°C to 45°C, 20°C (293.15K) to 40°C (313.15K), 25°C to 40°C, 30°C to 40°C, 35°C to 45°C, 35°C to 40°C, 38°C to 42°C, or 38°C to 40°C.

25 In some embodiments in which the gas is CO₂, the extraction is carried out at a pressure in the range of from 800 psi (5.51 MPa) to 3000 psi (20.68 Mp), 1000 psi (6.9 MPa) to 3000 psi, 1100 psi (7.6MPa) to 3000psi (20.68MPa), 1500psi (10.34MPa) to 3000 psi (20.68MPa), 2000psi (13.79MPa) to 3000psi (20.68MPa),
30 2500psi (17.24MPa) to 3000psi (20.68MPa), 2800psi (19.31MPa) to 3000psi (20.68MPa). In one embodiment, the pressure is 2900psi (20MPa).

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Methods for the preparation of subcritical and supercritical gas extracts of plant material are known in the art and are described in, for example, Int. J. Chem. Sci.: 8(2) (2010), pp. 729-743; WO09/055849.

5 In one embodiment, the Zingiber officinale is dried. Drying of Zingiber officinale results in production of shogaol from gingerols. On dehydration of Zingiber Officinale, gingerols lose a molecule of water to form the corresponding shogaols. Thus, extracts of dried
10 Zingiber officinale have higher levels of shogaol than extracts of fresh Zingiber officinale. Without wishing to be bound by theory, the inventors believe that the presence of shogaol improves topical efficacy of the extract. Without wishing to be bound by theory, the
15 inventors believe there is a synergy created by the combination of shogaols and gingerols in the extract which results in an efficacious extract. Dehydration of 6-gingerol to 6-shogaol is also favoured at high drying temperatures and acidic pH.

20 In one embodiment, the method of treating or preventing pain or a condition associated with pain comprises applying topically an extract of Zingiber officinale as described herein.

As used herein, "applying topically" refers to
25 application to the skin. Typically the application to the skin is at or near the site of pain. The inventors have found that topical application of Zingiber officinale extract at or near the site of pain can effectively relieve pain, including difficult to treat pain such as
30 migraine. As described herein, topical application of an extract of Zingiber officinale to the forehead and/or neck area of migraine sufferers resulted in relief of migraine pain, typically within 1 hour of its application.

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Further, the inventors have found that topical application of the extract of *Zingiber officinale* at the first indications of onset of a migraine, such as for example, neck stiffness, aura (such as visual
5 disturbances, pins and needles sensations), at a site on the head or neck or where the first indications are experienced, can reduce the severity of the migraine or prevent onset of the migraine.

The extract of *Zingiber officinale* can be applied
10 topically to any portion of the body which results in pain relief. For migraine headaches, the extract can be applied to the forehead and/or other parts of the face, the neck, and/or the site at which first indications of onset of a migraine occur.

15 The extract of *Zingiber officinale* is applied topically. The present invention therefore provides a topical composition comprising an extract of *Zingiber officinale*. In one embodiment, the extract of *Zingiber officinale* is a solvent extract of *Zingiber officinale*.
20 Typically, the solvent is CO₂. In one embodiment, the extract of *Zingiber officinale* is a subcritical gas extract of *Zingiber officinale*. In another embodiment, the extract of *Zingiber officinale* is a supercritical gas extract of *Zingiber officinale*. In one embodiment, the
25 subcritical gas extract of *Zingiber officinale* is a subcritical CO₂ extract of *Zingiber officinale*. In one embodiment, the supercritical gas extract of *Zingiber officinale* is a supercritical CO₂ extract of *Zingiber officinale*.

30 The topical composition comprising an extract of *Zingiber officinale* may contain the extract as the sole component, or the composition may comprise other components. In one embodiment, the extract of *Zingiber*

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officinale is the only active ingredient in the composition. In one embodiment, the composition consists of the extract of Zingiber officinale. In various embodiments, the composition comprises from 50-100%
5 extract of Zingiber officinale, 60-100% extract of Zingiber officinale, 70-100% extract of Zingiber officinale, 80-100% extract of Zingiber officinale, 90-100% extract of Zingiber officinale, 95-100% extract of Zingiber officinale, 98-100% extract of Zingiber
10 officinale, 99-100% extract of Zingiber officinale. In one embodiment, the topical composition comprises 100% extract of Zingiber officinale.

The composition may comprise the extract of Zingiber officinale on its own, or formulated with any
15 pharmaceutically acceptable carrier, provided the carrier does not adversely affect the efficacy of the extract. As used herein, "pharmaceutically acceptable" refers to a substance which does not interfere with the effectiveness of the biological activity of the active ingredients and
20 which is not toxic to the subject. The suitability of the carrier for formulation of the composition can be readily tested by those skilled in the art. Suitable carriers include: low molecular weight peptides such as hydrolysates of wheat or other plant material, amino
25 acids, emulsions such as oil-in-water, water-in-oil, and water-in-oil-in water emulsions; anhydrous liquid solvents such as oils (e.g. mineral oil), alcohols (e.g. ethanol, isopropanol), silicones (e.g. dimethicone, cyclomethicone).

30 The inventors envisage that topical compositions can be formulated from the components of the extract of Zingiber officinale described herein in isolated or purified form. Thus, the invention also provides a

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topical composition comprising one or more gingerols, one or more shogaols and/or one or more gingerdiones.

In various embodiments, the topical composition comprises:

- 5 (a) one or more gingerols and one or more shogaols;
- (b) one or more gingerols and one or more gingerdiones;
- (c) one or more shogaols and one or more gingerdiones;
- 10 (d) one or more gingerols, one or more shogaols and one or more gingerdiones.

In one embodiment, the topical composition comprises:

- 15 (a) one or more gingerols selected from the group consisting of 6-gingerol and 10-gingerol; and/or
- (b) one or more gingerdiones selected from the group consisting of 6-gingerdione, 8-gingerdione; and/or
- (c) one or more shogaols selected from the group consisting of 6-shogaol, 8-shogaol, and 10-shogaol.

20 In one embodiment, the topical composition comprises:

- (a) one or more gingerols selected from the group consisting of 6-gingerol and 10-gingerol;
- (b) one or more gingerdiones selected from the group consisting of 6-gingerdione, 8-gingerdione;
- 25 (c) one or more shogaols selected from the group consisting of 6-shogaol, 8-shogaol, and 10-shogaol; and
- (d) 6-gingerdiol.

30 In one embodiment, the topical composition comprises:

- (a) one or more gingerols selected from the group consisting of 6-gingerol, 8-gingerol A, 8-gingerol B, 10-gingerol, and 12-gingerol;

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(b) one or more gingerdiones selected from the group consisting of 6-gingerdione, 8-gingerdione; and

(c) one or more shogaols selected from the group consisting of 6- shogaol, 8-shogaol, and 10-shogaol.

5 In one embodiment, the extract comprises:

(a) one or more gingerols selected from the group consisting of 6-gingerol, 8-gingerol A, 8-gingerol B, 10-gingerol, and 12-gingerol;

10 (b) one or more gingerdiones selected from the group consisting of 6-gingerdione, 8-gingerdione;

(c) one or more shogaols selected from the group consisting of 6- shogaol, 8-shogaol, and 10-shogaol; and

(d) 6-gingerdiol.

15 In various embodiments, the topical composition comprises:

(a) 6-gingerol;

(b) 6-gingerdione;

(c) 8-gingerdione;

20 (d) 10-gingerol;

(e) 6-shogaol;

(f) 10-shogaol;

(g) 6-gingerdiol;

(h) 6-gingerol, 6-gingerdione;

25 (i) 6-gingerol, 8-gingerdione;

(j) 6-gingerol, 10-gingerol;

(k) 6-gingerol, 6-gingerdiol;

(l) 6-gingerol, 6-gingerdione, 8-gingerdione;

(m) 6-gingerol, 6-gingerdione, 10-gingerol;

30 (n) 6-gingerol, 6-gingerdione, 10-shogaol;

(o) 6-gingerol, 6-gingerdione, 6-gingerdiol;

(p) 6-gingerol, 6-gingerdione, 8-gingerdione , 10-gingerol;

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- (g) 6-gingerol, 6-gingerdione, 8-gingerdione, 10-shogaol;
 (r) 6-gingerol, 6-gingerdione, 8-gingerdione, 6-gingerdiol;
 (s) 6-gingerol, 6-gingerdione, 8-gingerdione, 10-shogaol;
 5 (t) 6-gingerol, 8-gingerdione, 10-gingerol;
 (u) 6-gingerol, 8-gingerdione, 10-shogaol;
 (v) 6-gingerol, 8-gingerdione, 6-gingerdiol;
 (w) 6-gingerol, 6-gingerdione, 8-gingerdione, 10-shogaol, 6-gingerdiol;
 10 (x) 6-gingerol, 10-shogaol;
 (y) 6-gingerol, 10-shogaol, 6-gingerdiol;
 (z) 6-gingerol, 6-gingerdione, 10-gingerol, 8-gingerdione, 10-shogaol, 6-gingerdiol, 6-shogaol;
 (aa) 6-gingerol, 6-gingerdione, 10-gingerol, 8-gingerdione, 10-shogaol, 6-gingerdiol, 6-shogaol, 8-gingerol A;
 15 (bb) 6-gingerol, 6-shogaol;
 (cc) 6-gingerol, 6-shogaol, 6-gingerdione;
 (dd) 6-gingerol, 6-shogaol, 8-gingerdione;
 20 (ee) 6-gingerol, 6-shogaol, 6-gingerdione, 8-gingerdione;
 (hh) 6-gingerol, 6-shogaol, 6-gingerdione, 8-gingerdione; 10-shogaol; or
 (ff) 6-gingerol, 6-shogaol, 6-gingerdione, 8-gingerdione 10-shogaol, 6-gingerdiol.

25 In one embodiment, the amount of gingerols in the composition may be in the range of from about 2% to 40%, 5% to 40%, 6% to 35%, 7% to 30%, 8% to 30%, 8% to 25% weight per weight of composition.

30 In one embodiment, the amount of shogaol in the composition may be in the range of from 0.3 to 5%, 0.4 to 4%, 0.5 to 4%, 0.6% to 4%, 0.7% to 4%, 0.8% to 3.5%, 0.9% to 3.0%, or 1% to 3% weight per weight of composition.

In one embodiment, the amount of gingerdiones in

the composition is in the range of from about 0.2% to 10%, 0.3% to 10%, 0.5% to 10%, 0.6% to 10%, 0.7% to 10%, 0.8% to 10%, 0.9% to 10%, 1.0% to 10%, or 1.0% to 9%, weight per weight of extract.

5 In embodiments where the composition comprises 6-gingerol, the amount of 6-gingerol in the composition may, in some embodiments, be in the range of from about 2% to 40%, 5% to 40%, 6% to 35%, 7% to 30%, 8% to 30%, 9% to 25%, or 10% to 20%, weight per weight of composition.

10 In embodiments where the composition comprises 6-gingerdione, the amount of 6-gingerdione in the composition may, in some embodiments, be in the range of from about 0.2% to 10%, 0.2% to 8%, 0.2% to 7%, 0.3% to 6%, 0.3% to 5%, or 0.4% to 5%, weight per weight of
15 composition.

 In embodiments where the composition comprises 8-gingerdione, the amount of 8-gingerdione in the composition may, in some embodiments, be in the range of from about 0.02% to 10%, 0.05% to 8%, 0.1% to 7%, 0.2% to
20 6%, 0.3% to 6%, 0.4% to 6%, 0.5% to 6%, 0.6% to 6%, or 0.5% to 5%, weight per weight of composition.

 In embodiments where the composition comprises 10-gingerol, the amount of 10-gingerol in the composition may, in some embodiments, be in the range of from about
25 0.15% to 10%, 0.2% to 9%, 0.3% to 8%, 0.4% to 7%, 0.5% to 7%, 0.6% to 7%, 0.7% to 7%, 0.8% to 7%, 0.9% to 7%, 1% to 7%, 1% to 6%, 1% to 5%, 1.5% to 5%, 2% to 5%, 2% to 6%, or 2% to 7%, weight per weight of composition.

 In embodiments where the composition comprises 10-
30 shogaol, the amount of 10-shogaol in the composition may, in some embodiments, be in the range of from about 0.04% to 3%, 0.04 to 2%, 0.05% to 2%, 0.06% to 2%, 0.1% to 1.5%,

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0.2% to 1.5%, 0.06 to 1.5%, or 0.06% to 1%, weight per weight of composition.

In embodiments where the composition comprises 6-gingerdiol, the amount of 6-gingerdiol in the composition may, in some embodiments, be in the range of from about 0.25% to 5%, 0.25% to 4%, 0.25% to 3%, or 0.3% to 3%, weight per weight of composition.

In embodiments where the composition comprises 6-shogaol, the amount of 6-shogaol in the composition may, in some embodiments, be in the range of from about 0.2% to 10%, 0.25% to 9%, 0.3% to 8%, 0.4% to 7%, 0.5% to 6%, 0.6% to 5%, 0.7% to 5%, 0.2% to 5%, or 0.2 to 6%, weight per weight of composition.

In embodiments where the composition comprises 8-gingerol A, the amount of 8-gingerol A in the composition may, in some embodiments, be in the range of from about 0% to 10%, 0% to 8%, 0% to 7%, 0.01 to 6%, or 0.01% to 5%, weight per weight of composition.

In embodiments where the composition comprises 8-gingerol B, the amount of 8-gingerol B in the composition may, in some embodiments, be in the range of from about 0% to 10%, 0% to 8%, 0% to 7%, 0.01 to 6%, or 0.01% to 5%, weight per weight of composition.

In one embodiment, the topical composition further comprises one or more volatile compounds. In one embodiment, the area % ratio of volatile to non-volatile compounds in the composition is in the range of from 0.02 to 44.0, 0.1 to 44.0, 0.2 to 44.0, 0.02 to 40.0, 0.1 to 40.0, 0.5 to 40.0, 0.02 to 35, 0.05 to 35.0, 0.1 to 35.0, 1.0 to 35.0, 0.05 to 30.0, 0.1 to 30.0, 1.0 to 30.0, 0.05 to 25.0, 0.1 to 25.0, 0.5 to 25.0, 1.0 to 25.0, 0.05 to 20.0, 0.1 to 20.0, 0.5 to 20.0, 1.0 to 20.0, 0.05 to 18.0, 0.1 to 18.0, 0.5 to 18.0, 1.0 to 18.0, 0.05 to 15.0, 0.1

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to 15.0, 0.5 to 15.0, 1.0 to 15.0, 2.0 to 40.0, 2.0 to 35.0, 2.0 to 30.0, 2.0 to 25.0, 2.0 to 20.0, 2.0 to 15.0, 3.0 to 40.0, 3.0 to 35.0, 3.0 to 30.0, 3.0 to 25.0, 3.0 to 20.0, or 3.0 to 15.0. Typically, the area % is as
5 determined by GCFID.

In one embodiment, the topical composition comprises:

- (a) gingerols, gingerdiones and gingerdiols in an amount in the range of from 2.5% to 50%, 5% to 50%, 10% to
10 50%, 15% to 50%, 15% to 45%, 15% to 40%, or 15% to 35%, weight per weight of composition;
- (b) shogaols in an amount in the range of from 0.3% to 7%, 0.3% to 6%, 0.3% to 5%, 0.4% to 5%, 0.4% to 4%, 0.5% to 4%, 0.7% to 4%, 0.8% to 3.5%, 0.9% to 3.0%,
15 or 1% to 4%, weight per weight of composition; and
- (c) volatile and non-volatile compounds in an amount to give an area % ratio of volatile to non-volatile compounds in the range of from 0.02 to 44.0, 0.1 to 44.0, 0.2 to 44.0, 0.02 to 40.0, 0.1 to 40.0, 0.5 to
20 40.0, 0.02 to 35, 0.05 to 35.0, 0.1 to 35.0, 1.0 to 35.0, 0.05 to 30.0, 0.1 to 30.0, 1.0 to 30.0, 0.05 to 25.0, 0.1 to 25.0, 0.5 to 25.0, 1.0 to 25.0, 0.05 to 20.0, 0.1 to 20.0, 0.5 to 20.0, 1.0 to 20.0, 0.05 to 18.0, 0.1 to 18.0, 0.5 to 18.0, 1.0 to 18.0, 0.05 to
25 15.0, 0.1 to 15.0, 0.5 to 15.0, 1.0 to 15.0, 2.0 to 40.0, 2.0 to 35.0, 2.0 to 30.0, 2.0 to 25.0, 2.0 to 20.0, 2.0 to 15.0, 3.0 to 40.0, 3.0 to 35.0, 3.0 to 30.0, 3.0 to 25.0, 3.0 to 20.0, or 3.0 to 15.0.

In one embodiment, the topical composition comprises:

- 30 (a) gingerols, gingerdiones and gingerdiols in an amount to give an area % in the range of from 0.04 to 2, 0.04 to 1.8, 0.04 to 1.5, 0.1 to 1.5;

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(b) shogaols in an amount to give an area % in the range of from 0.90 to 20, 0.94 to 18, 0.94 to 16, 0.94 to 15, 0.94 to 14, 1.0 to 13, 1.5 to 13, 2.0 to 13, 2.5 to 13, 3.0 to 13, 3.5 to 13, 3.0 to 14, 3.0 to 15, 3.0 to 16; and

(c) volatile and non-volatile compounds in an amount to give an area % ratio of volatile compounds to non-volatile compounds in the range of from 0.02 to 44.0, 0.1 to 44.0, 0.2 to 44.0, 0.02 to 40.0, 0.1 to 40.0, 0.5 to 40.0, 0.02 to 35, 0.05 to 35.0, 0.1 to 35.0, 1.0 to 35.0, 0.05 to 30.0, 0.1 to 30.0, 1.0 to 30.0, 0.05 to 25.0, 0.1 to 25.0, 0.5 to 25.0, 1.0 to 25.0, 0.05 to 20.0, 0.1 to 20.0, 0.5 to 20.0, 1.0 to 20.0, 0.05 to 18.0, 0.1 to 18.0, 0.5 to 18.0, 1.0 to 18.0, 0.05 to 15.0, 0.1 to 15.0, 0.5 to 15.0, 1.0 to 15.0, 2.0 to 40.0, 2.0 to 35.0, 2.0 to 30.0, 2.0 to 25.0, 2.0 to 20.0, 2.0 to 15.0, 3.0 to 40.0, 3.0 to 35.0, 3.0 to 30.0, 3.0 to 25.0, 3.0 to 20.0, or 3.0 to 15.0.

Typically, the area percent of volatile compounds is the area percent of the compounds camphene, limonene, β -phellandrene, 1,8 cineole, linalool, borneol, α -terpineol, geraniol, neral, geranial, geranyl acetate, α -zingiberene, ar-curcumene, trans α -farnesene, β -bisabolene, trans muurolo 4,5 diene, β -sesquiphellandrene, and zingiberenol.

Typically, the area percent of non-volatile compounds is the area percent of the compounds 6-gingerol, 8-gingerol A, 8-gingerol B, 6-gingerdiol, 6-gingerdoine, 10-gingerol, 12-gingerol, 8-gingerdione, 6-shogaol, 8-shogoal, 10-shogaol, zingerone and 6-paradol.

Typically the area % is as determined by GC/FID.

In one embodiment, the topical composition further comprises 6-paradol. In embodiments where the composition

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comprises 6-paradol, the amount of 6-paradol in the composition may, in some embodiments, be in the range of from about 0.05% to 3%, 0.05% to 2.5%, 0.05% to 2%, 0.05% to 1.5%, 0.05% to 1.4%, or 0.05% to 1.3%, area % of the composition.

In one embodiment, the topical composition further comprises zingerone. In embodiments where the extract comprises zingerone, the amount of zingerone in the extract may, in some embodiments, be in the range of from about 0.1% to 1.5%, 0.1% to 1.3%, 0.1 to 1.2%, 0.2 to 1.2% area % of the composition.

The components of the topical composition can be obtained in isolated form from, for example, Sigma-Aldrich Inc. (St. Louis, MO, USA)

The topical composition may include a pharmaceutically acceptable carrier as described herein.

In some embodiments, the topical compositions described herein may be in the form of ointments, pastes, creams, lotions, gels, solutions or patches. In certain embodiments, the compositions are creams, which may further contain saturated or unsaturated fatty acids such as stearic acid, palmitic acid, oleic acid, palmato-oleic acid, acetylene, or aryl oleyl alcohols, stearic acid. Creams may also contain a non-ionic surfactant, for example, polyoxy-40-stearate.

The present invention further provides a method of treating or preventing pain, or a condition associated with pain, in a subject in need thereof, comprising applying topically an effective amount of the topical composition described herein.

Further provided is the use of a topical composition as described herein in the manufacture of a medicament for treating or preventing pain, or a condition

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associated with pain, in a subject in need thereof,
wherein the medicament is for topical administration, or a
topical composition as described herein for use in
treating or preventing pain, or a condition associated
5 with pain, in a subject in need thereof, wherein the
topical composition is for topical administration.

In one embodiment, the pain is migraine.

As used herein, "treating" means affecting a subject,
tissue or cell to obtain a desired pharmacological and/or
10 physiological effect and includes inhibiting the
condition, i.e. arresting its development; or relieving or
ameliorating the effects of the condition i.e., cause
reversal or regression of the effects of the condition.

As used herein, "preventing" means preventing a condition
15 from occurring in a cell or subject that may be at risk of
having the condition, but does not necessarily mean that
condition will not eventually develop, or that a subject
will not eventually develop a condition. Preventing
includes delaying the onset of a condition in a cell or
20 subject. In one embodiment, treating achieves the result
of relieving pain in the recipient subject. In one
embodiment, preventing achieves the result of preventing
the onset of pain in a recipient subject.

As used herein, the term "subject" refers to a mammal
25 such as a human. Typically, the mammal is a human.

Another aspect of the invention provides an article
of manufacture comprising an extract of Zingiber
officinale and a device for topical administration of the
extract. In one embodiment, the device comprises a
30 dispenser for topical administration of the extract. In
one embodiment, the dispenser is a roll-on dispenser for
rolling application of the extract. In one embodiment,
the device is a transdermal patch. The transdermal patch

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may include a reservoir layer that contains the extract or composition, an adhesive portion for adhering to the skin of the subject around the affected area, a backing portion for handling the transdermal patch, and an occlusive layer
5 that may facilitate increasing the humidity around the application site, thereby facilitating the increase of transdermal absorption of the active ingredients.

As used herein, an "effective amount" is an amount sufficient to produce a desired effect. For example, an
10 effective amount may be an amount sufficient to treat or prevent pain.

Another aspect of the invention provides a method of extracting a substance from a raw material, comprising combining the raw material with solvent at a temperature
15 in the range of from 293.15K to 313.15K and a pressure in the range of from 10 to 25 MPa. Typically, the solvent is CO₂. In one embodiment, the solvent and raw material are combined in a weight ratio (S/F ratio) of 20 to 1, 19
20 to 1, 18 to 1, 17 to 1, 16 to 1, 15 to 1, 14 to 1, 13 to 1, 12 to 1, 11 to 1, 10 to 1, 9 to 1, 8 to 1, 7 to 1 solvent to raw material. Typically, the S/F ratio is 15 to 1.

In one embodiment, the temperature is 313K and the pressure is 20 MPa.

25 In one embodiment, the raw material is from Zingiber officinale (ginger), such as Zingiber officinale rhizome. Typically, the Zingiber officinale is dried. Typically, the raw material is ground dried Zingiber officinale.

All publications mentioned in this specification are
30 herein incorporated by reference. It will be appreciated by persons skilled in the art that numerous variations and/or modifications may be made to the invention as shown in the specific embodiments without departing from the

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spirit or scope of the invention as broadly described. The present embodiments are, therefore, to be considered in all respects as illustrative and not restrictive.

The disclosure will now be described by way of reference only to the following non-limiting examples. It should be understood, however, that the examples following are illustrative only, and should not be taken in any way as a restriction on the generality of the invention described herein.

10

Examples

Example 1: Preparation of *Zingiber officinale* extract

Sliced or whole *Zingiber officinale* rhizome was dried in 2 continuous drying drums. Raw sliced or whole ginger was rotated in a first drum with air input at a temperature of 80°C until the ginger was semi dried. The semi dried ginger was then transferred to a second rotating drum with air input at a temperature of 63°C until a moisture content of less than or equal to 12% was obtained.

The dried rhizome was then ground into a coarse powder. Subcritical extracts were prepared by placing the dried rhizome into the extraction chamber of a Subcritical Extractor (D.D.F. (Australia) Pty Ltd) and extracting the rhizome with CO₂ at a temperature of from 25°C to 28°C and a pressure of from 6.5 to 6.8 MPa. Supercritical extracts were prepared by placing the dried rhizome into the extraction chamber of a Supercritical Extractor and extracting the rhizome at a temperature of 293.15 ~ 313.15K and a pressure of 10~25 MPa.

35

Table 1

Experimental conditions and extraction yields for the ginger extraction with CO₂ as solvent and hydrodistillation.

Run	Solvent	T (K)	P (MPa)	Density ^d (kg m ⁻³)	Extraction yield ^a	Time of extraction (min)	Extraction percent (wt%) ^b
1	CO ₂	293.15	10.00	856.21	1.68	180	93.85
2	CO ₂	293.15	25.00	964.10	1.90	180	106.14
3	CO ₂	333.15	10.00	289.53	0.24	180	13.41
4	CO ₂	333.15	25.00	788.70	2.62	180	146.37
5 ^c	CO ₂	313.15	17.50	814.68	1.88 (±0.09)	180	105.03
7	Hydro-distillation	≈370.15	≈94 × 10 ⁻³	-	1.79 (±0.10)	180	100.00

a - (Mass of extract per mass of dried material) × 100.

b - (Mass of extract obtained with the pressurized solvent at the end of extraction period per mass of oil extracted using hydrodistillation) × 100.

c - Average value and standard deviation of triplicate runs.

d - CO₂ densities were obtained from Angus et al. (1976) International Tables of the Fluid State, vol. 3, Carbon Dioxide, Pergamon Press, Oxford.

The highest yields obtained for the ginger extracts were 26.2 g extract/kg ginger using super-critical CO₂ at 25.0 MPa and 333.15 K. In the case of supercritical CO₂ the pressure and temperature have a positive effect on the yield.

Regarding the effects of pressure and temperature on the composition of the extracts obtained in this work using CO₂ as the solvent, the results show that, with the

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exception of geranial and zingiberene, the compounds were present in the extracts in higher mass fraction when the extraction conditions of lower temperature and pressure (Run 1) were applied.

5 The resulting extracts were assessed by NMR, FTIR and GC/FID for content and were subsequently tested on subjects for efficacy.

Example 2: Analysis of Zingiber Officinale Extracts

10

Nuclear Magnetic Resonance (NMR), Fourier Transform Infrared (FTIR) and Gas Chromatography (GC) Mass Spectrometric analysis were conducted on 4 subcritical extracts and 1 supercritical extract of Zingiber officinale, and the results compared.

15

Subcritical (A, B, D and E) and supercritical extracts (C) were dissolved in $CDCl_3$ and analysed by NMR. Levels of gingerol were determined by comparison of the gingerol signal (methoxy signal *a* in formula 1 below) to an internal Eretic NMR spike. The molecular weight of 6-gingerol was used for mass calculation.

20

In addition to NMR, each sample was diluted 1:100 in absolute ethanol and an aliquot of the solution analysed by GC-MS to identify any volatile components present using a mass spectral library.

25

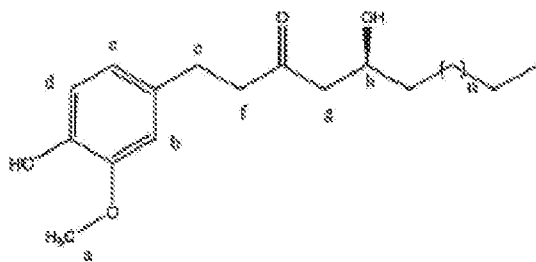
The results of the analysis are shown in Table 2. Table 3 shows a summary of the gingerol and shogaol levels in the extracts produced from Example 1. Subcritical CO_2 extracts are designated A (N11808-1), B (N11808-2), D (N11879-1) and E (N11931-1). C (N11808-3) is a supercritical CO_2 extract.

30

The structure of gingerols and shogaol is shown below with the individual protons labeled *a* to *h* (in gingerol) and *i* and *j* in shogaol.

35

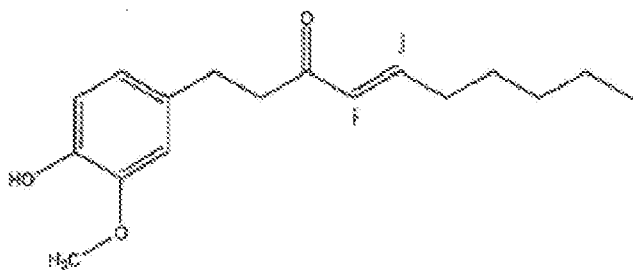
Gingerols:



wherein n is 1, 2, 3.

5

Shogaol:



10

Table 2

No	Chemical Shift	Protons identified/ Comment	% of total components detected				
			A	B	C	D	E
9	~10.2-9.2	Phenols/acids suspected	0.27	0.35	0.13	0.19	0.92
8	~7.6-7.0	Aromatics	0.49	1.15	1.25	0.84	0.83
7	~7.0-6.6	Gingerol <i>b,c,d</i> , Shogaol <i>i</i>	3.71	3.04	0.80	3.34	2.91
6	~6.6-6.2	Unsaturation - terpene	0.79	0.79	0.83	0.64	0.66
5	~6.2	Shogaol <i>j</i>	0.16	0.21	0.08	0.1	0.06
4	~6.4	Unsaturation - terpene and gingerol <i>h</i>	9.14	11.7 5	12.75	10.8 3	10.3 4
3	~4-3.9	Gingerol methoxy <i>a</i>	3.70	3.40	0.77	3.20	3.83
2	~3-2.75	Gingerol <i>e</i>	4.71	3.98	2.20	4.62	3.98

	~2.75-0.5	Aliphatic contains terpene and alkyl side chain of gingerol, including f	77.0 3	75.3 9	81.21	76.2 4	77.1 6
10	~3.8-3.2	Not identified	-	-	-	-	0.37

Table 3

	A	B	C	D	E
Gingerol	8%	12-24%	8%	14%	~12.6%
Shogaol*	~0.7%	~1-3%	~0.6%	~1.3%	~0.7%

+ based on magnitude of signal ratios

5 NMR results show that gingerols and shogaols are present in both subcritical and supercritical extracts of dried *Zingiber officinale*. The concentration of gingerols (by signal ratio comparison) in extracts obtained by subcritical CO₂ extraction was higher than obtained by
 10 supercritical CO₂ extraction. The supercritical extraction had a higher ratio of non-gingerol to gingerol components.

GC indicated the presence of terpenes such as Zingiberene and Farnesene, gingerol and shogaol. The supercritical extraction sample had a higher ratio of
 15 terpene to gingerol.

FTIR analysis also indicated that supercritical extracts had a higher ratio of terpene to gingerol.

Example 3: Treatment of migraine pain

20 5 ml aliquots of *Zingiber officinale* extract prepared by subcritical CO₂ extraction as described above were dispensed into bottles having a roll-on applicator. 19 subjects who were prone to suffering from migraine pain
 25 were each given a roll-on applicator containing the extract, and each subject applied 6 rolls of the extract across the forehead following onset of migraine pain.

100% of subjects reported significant relief of migraine pain within 60 minutes of application of the extract, with 89% of subjects reporting total relief of migraine pain some of the time, and 37% of subjects reporting total relief of migraine pain 100% of the time. 37% of subjects also reported total relief and lower incidence of migraine pain.

Example 4: Treatment of arthritis and period pain

10

Topical application of the extract to the knee of a subject suffering from arthritis of the knee resulted in significant relief of arthritis pain.

15 Topical application of the extract to the stomach of a woman suffering from menstrual pain resulted in significant relief of the menstrual pain.

These results indicate that extracts of *Zingiber officinale* are effective at treating a number of different types of pain or inflammation by topical administration.

20

Example 5: Preparation of further subcritical extracts of *Zingiber officinale*

Zingiber officinale from the variety Queensland and Jumbo was dried and ground and as described above in Example 1. Subcritical extracts of the *Zingiber officinale* were prepared using CO₂ at different temperatures and/or pressures by placing the dried rhizome into the extraction chamber of a Subcritical Extractor (D.D.F. (Australia) Pty Ltd) as described in WO 09/055849. The conditions for the extraction are set out in Table 4.

Table 4

Extract	F	G	H
Variety	Queensland	Queensland	Jumbo
Temperature (°C)	25-28	28	26
Pressure (MPa)	6.2-6.8	6.4	6.4

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The extracts obtained under the above conditions were designated extracts E, G and H.

**Example 5: Preparation of Supercritical extracts of
5 Zingiber Officinale**

The rhizome of Brazilian and Queensland ginger was dried and ground as described in Example 1 except that the % moisture content of the Brazilian ginger was 19.3%.
10 Supercritical extracts were prepared using a 0.3 Litre extractor for the Brazilian ginger, and a 1 Litre extractor for the Queensland ginger. A schematic diagram of the extraction equipment used for the extraction is shown in Figure 1. Referring to Figure 1, dried ginger
15 was placed into extraction cell E-2 (13), and CO₂ passed through the extraction cell at the temperature, pressure and S/F ratio as set out in Table 5. In more detail, liquid CO₂ in CO₂ reservoir (1) was passed through non-return valve 3 and subsequently passed through cooling
20 bath 5. The CO₂ was then pumped by CO₂ pump 9 through heating bath 12 where the CO₂ was heated. The heated CO₂ was pumped from heating path 12 where it passed through inlet 22 of extraction cell 13. The pressure of the CO₂ in the extraction cell was controlled by valve 2 in
25 conjunction with pressure gauge 4. The temperature of the extraction cell was maintained by temperature controller 15 which was linked to heating elements 21. Extract passed through outlet 23, micrometering valve 16 and was collected in vessel 18.

30 The extraction cells used were SFE-2 (1 litre) from Applied Separations Allentown PA USA, and have the dimensions 0.212m height and 0.078m diameter. The parameters of the extraction are set out in Table 5.

Table 5

	Brazilian ginger (I)	Queensland ginger (J)
Extraction unit	0.3-L extractor	1-L extractor
Moisture (%) of ginger	19.3	8.4
Apparent density of the bed (kg/m ³)	708.9	902.2
Dry Ginger	66.95	872.48
S/F Ratio (mass of solvent/mass of ginger)	15	15
Extraction yield (% dry basis)	3.9	3.3
Temperature	313K	313K
Pressure	20MPa	20MPa

For these extractions, the solvent (S) to dry feed (F) mass ratio (S/F) was maintained at a constant 15. That is, a quantity of solvent equal to 15 times the mass of raw material was used. Maintaining the same S/F ratio ensures that the same amount of solvent is used in different extraction beds because it is not influenced by solvent flow variation.

The above extracts for Brazilian ginger was designated I and the above extract for Queensland ginger was designated J.

In addition to the above extracts, an extract from Indian ginger was prepared using the supercritical method described in Example 5 (designated Indian), and a further extract was prepared using the subcritical method described in Example 5 (designated K).

Extracts F, G, H, I, J, K and Indian were assessed for their ability to prevent or treat migraine, and analyses by GC/FID and HPLC for their content, as described below.

Example 6: Assessment of Efficacy of Subcritical and Supercritical Extracts of Zingiber officinale

25

The extracts F, G, H, I, J, K and Indian were assessed for their ability to prevent or reduce migraine.

1 ml aliquots of Zingiber officinale extract F prepared by subcritical CO₂ extraction as described above were dispensed into 3 ml bottles having a roll-on applicator. 27 subjects who were prone to suffering from migraine pain were each given a roll-on applicator containing the extract, and each subject applied 6 rolls of the extract across the forehead following onset of prodrome migraine symptoms, such as aura.

23 subjects, of which 21 were female and 2 male, reported their results daily. Of the 23 subjects, 21 followed the recommended protocol of applying the Zingiber officinale extract at their first sign of prodrome migraine symptoms. Of these 100% of female subjects reported stopping migraine with the topical application, and overall 95% of test subjects reported stopping migraine with the topical application. The results with extract F are set out in Table 6.

Table 6:

Description	Result
Qualified Participants	27
Lost contact	4
Opportunity Set	23
Of Which Female	21
Of Which Male	2
Experienced Stopping a Migraine	18
Non Compliant	2
Experienced Stopping a Migraine & Compliant	95%
Experienced Stopping a Migraine & Compliant & Female	100%

20

1 ml aliquots of Zingiber officinale extracts G, H, I, J, K and Indian were subsequently supplied to the 3 most chronic migraine sufferers as a comparison for efficacy against Extract F. Extracts G, H, I, J and K all exhibited efficacy in preventing or reducing migraine. The Indian extract was shown to have the least efficacy, with only limited reduction or prevention of migraine. The results are summarized in Table 7.

25

Extracts H and J had improved patient acceptance as compared to original extract F or the other two Extracts G and I. During the trial period 100% relief from migraines were reported for extracts H and J. Extracts H and J were also reported to have stronger anti-nausea benefits.

Table 7:

Extract	Efficacy*
F	4/4
G	3/4
H	4/4
I	2/4
J	4/4
K	3/4
Indian	1/4

*efficacy was assessed with 4 representing 100% relief from migraine and 0 representing no relief from migraine.

Example 7: Analysis of Zingiber officinale extracts

The non-volatile components of extracts F, G, H, I, J, K and India were assessed using High Performance Liquid Chromatography. A stock solution of reference standards was prepared by dissolving 5mg of reference standard (Sigma-Aldrich) in 5ml of methanol. A serial dilution of each standard was prepared to create a five-point standard curve. Samples were run using an Agilent 1100, DAD Detector and a Phenomenex Synergi C18, 4µm, 250mm x 4.6 mm column. Values of w/w% were calculated for test samples using a linear regression formula generated from the standard curve using the HPLC instrument software. The results of HPLC are shown in Table 8.

Table 8:

	K	F	G	H	J	I	Indian
Efficacy	3/4	4/4	3/4	4/4	4/4	2/4	1/4
HPLC Assay	%w/w	% w/w	% w/w	% w/w	% w/w	% w/w	% w/w
6-gingerol	15.50	11.71	13.08	11.23	17.15	14.77	1.35
8-gingerol A	2.64	2.50	0.04	1.29	3.14	2.31	0.17
8-gingerol B	0.04	0.05	2.24	0.02	0.04	0.06	0.47
6-gingerdiol	1.74	2.04	0.50	0.34	0.45	0.37	0.23
6-gingerdione	0.45	0.52	3.45	1.67	3.47	3.31	0.18
10-gingerol	3.72	3.23	3.11	1.76	4.62	3.62	0.11
12-gingerol	0.00	0.00	0.11	0.03	0.12	0.12	0.00
8-gingerdione	0.70	0.73	3.76	0.47	4.61	3.69	0.01
Total Gingerols & gingerdiones	24.78	20.77	26.29	16.81	33.60	28.25	2.51
6-shogaol	2.41	0.92	4.31	2.67	2.00	0.28	1.27
8-shogaol	0.45	0.20	0.65	0.36	0.43	0.14	0.43
10-shogaol	0.64	0.30	0.74	0.33	0.43	0.07	0.03
Total shogaols	3.49	1.42	5.71	3.37	2.86	0.49	1.73

5

The results show that extracts which are most effective at treating or preventing migraine have higher amounts of gingerols, gingerdiones and shogaols compared to an extract having low efficacy. In this regard, all extracts showing higher efficacy had higher amounts of 6-gingerol, 6-gingerdione, 6-gingerdiol, 10-gingerol and 10-shogaol than extract with low (1/4) efficacy.

The volatile and non-volatile components of extracts F, G, H, I, J, K and Indian were analysed by Gas chromatography with flame ionization detector (GCFID) (such as an Agilent 6980 gas chromatograph, with separation performed on a 50m x 320µm id x 1.05µm HP-5 column (Agilent), with helium as a carrier gas at about 85kPa, and temperature program 50°C to 280°C at 2°C/min) to determine the compounds present in these extracts. 1µl of sample was dissolved in 1ml of 98% ethanol or 10mg of sample dissolved in 10ml HPLC grade acetone. The dissolved sample was injected into the GCFID and the

20

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retention time, peak area, and percent area determined, in conjunction with ISO, BP or USO guidance for essential oils, from the GC report. The results of the analysis are shown in Table 9.

5

Table 9

	EXTRACT	K	F	G	H	J	I	Indian
Volatiles	Efficacy	3/4	3/4	3/4	4/4	4/4	2/4	1/4
	Camphene	3.05	2.08	0.99	1.44	2.52	0.12	0.36
	Limonene			0.45	0.69	0.90	0.19	0.3
	β -phellandrene	2.68	2.34	1.10	1.00	3.40	0.65	0.58
	L δ cineole	1.82	1.32	1.14	2.01	1.53	0.59	0.89
	Linalool			0.38	0.46	0.41	0.35	0.48
	Borneol	1.02		0.61	0.76	0.64	0.50	1.07
	α -terpineol			0.50	0.67	0.45	0.39	0.56
	Geraniol			1.07	1.29	1.18	0.58	
	Neral	1.22	3.35	0.61	1.75	1.74	2.57	
	Geranial	2.03	6.33	1.02	2.96	3.19	4.03	
	Geranyl acetate		2.14	2.64	0.72	1.69	0.25	
	α -zingiberene	27.49	23.52	20.49	11.67	19.92	23.80	28.98
	Ar-curcumene	11.05	12.94	15.34	12.18	12.24	12.05	19.89
	Trans, trans α -farnesene	5.09	4.16	5.03	4.37	4.11	3.89	7.51
	β -bisabolene	2.82	2.33	3.00	2.63	2.19	2.28	4.29
	Trans munrola 4,5 diene			1.00	0.76	0.88	0.85	1.46
	β -sesquiphellandrene	10.61	8.36	9.79	7.72	8.67	8.85	13.8
Zingiberenol	0.57	0.48	0.90	0.97	0.52	0.67	0.46	
	Total Area % volatiles	69.45	69.35	66.06	54.05	66.18	62.61	80.63
Non-volatiles	Trans-6-shogaol	3.37	2.27	5.58	7.25	3.23	1.03	0.86
	Gingerols	0.42	0.21	0.61	0.34	1.10	1.05	0.04
	Trans-8-shogaol	0.66	0.44	0.93	1.22	0.69	0.30	0.08
	Trans-8-dihydro shogaol	0.64	0.90	1.12	3.36	1.39	1.56	
	Trans 10-shogaol	0.58	0.47	0.86	0.45	1.51	2.46	
	6-paradol	0.09	0.51	0.66	1.14	0.61	0.76	0.16
	Zingerone	0.31	0.22	1.07	1.00	0.65	0.29	0.69
	Total Area % non-volatiles	6.07	5.02	10.83	14.76	9.18	7.45	1.83

10

The area % ratio of volatile compounds to non-volatile compounds was calculated from the GC/FID data for extracts Indian, F, G, H, I, J and K as well as for extracts that were obtained from Queensland Zingiber officinale under very high pressure (L). The ratio of the

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area % of volatile to non-volatile compounds was determined by dividing the total area % for volatile compounds with the total area % for non-volatile compounds, as determined by GC/FID (Table 9).

- 5 The ratio of the area % volatile to weight % non-volatile was calculated by dividing the total area % of volatile compounds determined by GC/FID (Table 9) with the total weight per weight percent for the non-volatile compounds determined by HPLC (Table 8).
- 10 The results are summarised in Table 10.

Table 10:

Extract	Indian	K	I	G	F	J	H	L
Efficacy rating out of 4	1	3	2	3	4	4	4	Very Hot Blistered skin
Area % Ratio volatile/non volatile compounds	44.06	11.44	8.40	6.10	13.82	7.21	3.66	0.02
Area % volatile/% w/w non volatile compounds	19.02	2.46	2.18	2.06	3.13	1.82	2.68	

- The results showed that extracts of Zingiber officinale having the most efficacy had an area % ratio of volatile to non-volatile in the range of from 3.0 to 15. The extract with the least efficacy in the treatment of migraine had an area % ratio of 44.06. An extract having an area % ratio of 0.02 was corrosive to the skin.
- 20 Extracts having no non-volatile components showed no efficacy (data not shown).

- Without wishing to be bound by theory, the inventor believes that non-volatile components in the extract (such as gingerols, gingerdiones and shogaols) are necessary for the efficacy of the extract, while volatile components,
- 25

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such as essential oils, serve at least in part to reduce the caustic effects of the non-volatile components.

Whilst specific embodiments of a method and composition for treating or preventing pain have been described, it should be appreciated that the method and composition may be embodied in other forms.

For example, the extract may be formulated with pharmaceutically acceptable carriers or excipients.

10 In the claims which follow, and in the preceding description, except where the context requires otherwise due to express language or necessary implication, the word "comprise" and variations such as "comprises" or "comprising" are used in an inclusive sense, i.e. to
15 specify the presence of the stated features but not to preclude the presence or addition of further features in various embodiments of the method and composition as disclosed herein.

20

Claims

1. A method of treating or preventing pain, or a condition associated with pain, in a subject in need thereof, comprising applying topically an effective amount of an extract of *Zingiber officinale*.
2. The method of claim 1, wherein the extract is a solvent extract of *Zingiber officinale*.
3. The method of claim 2, wherein the solvent is CO₂.
4. The method of any one of claims 1 to 3, wherein the extract is a subcritical CO₂ extract of *Zingiber officinale*.
5. The method of any one of claims 1 to 3, wherein the extract is a supercritical CO₂ extract of *Zingiber officinale*.
6. The method of any one of claims 1 to 5, wherein the extract is an extract of *Zingiber officinale* rhizome.
7. The method of any one of claims 1 to 6, wherein the *Zingiber officinale* is dried.
8. The method of any one of claims 1 to 7 wherein the extract of *Zingiber officinale* comprises from about 0.3 to about 7% shogaol.
9. The method of any one of claims 1 to 8, wherein the extract of *Zingiber officinale* comprises from about 2% to about 40% gingerol.
10. The method of any one of claims 1 to 9, wherein the extract of *Zingiber officinale* comprises from about 0.2% to about 10% gingerdiones.
11. The method of any one of claims 1 to 10, wherein the pain is migraine pain.
12. A topical composition comprising an extract of *Zingiber officinale*.
13. The composition of claim 12, wherein the extract is a solvent extract of *Zingiber officinale*.
14. The composition of claim 13, wherein the solvent is CO₂.

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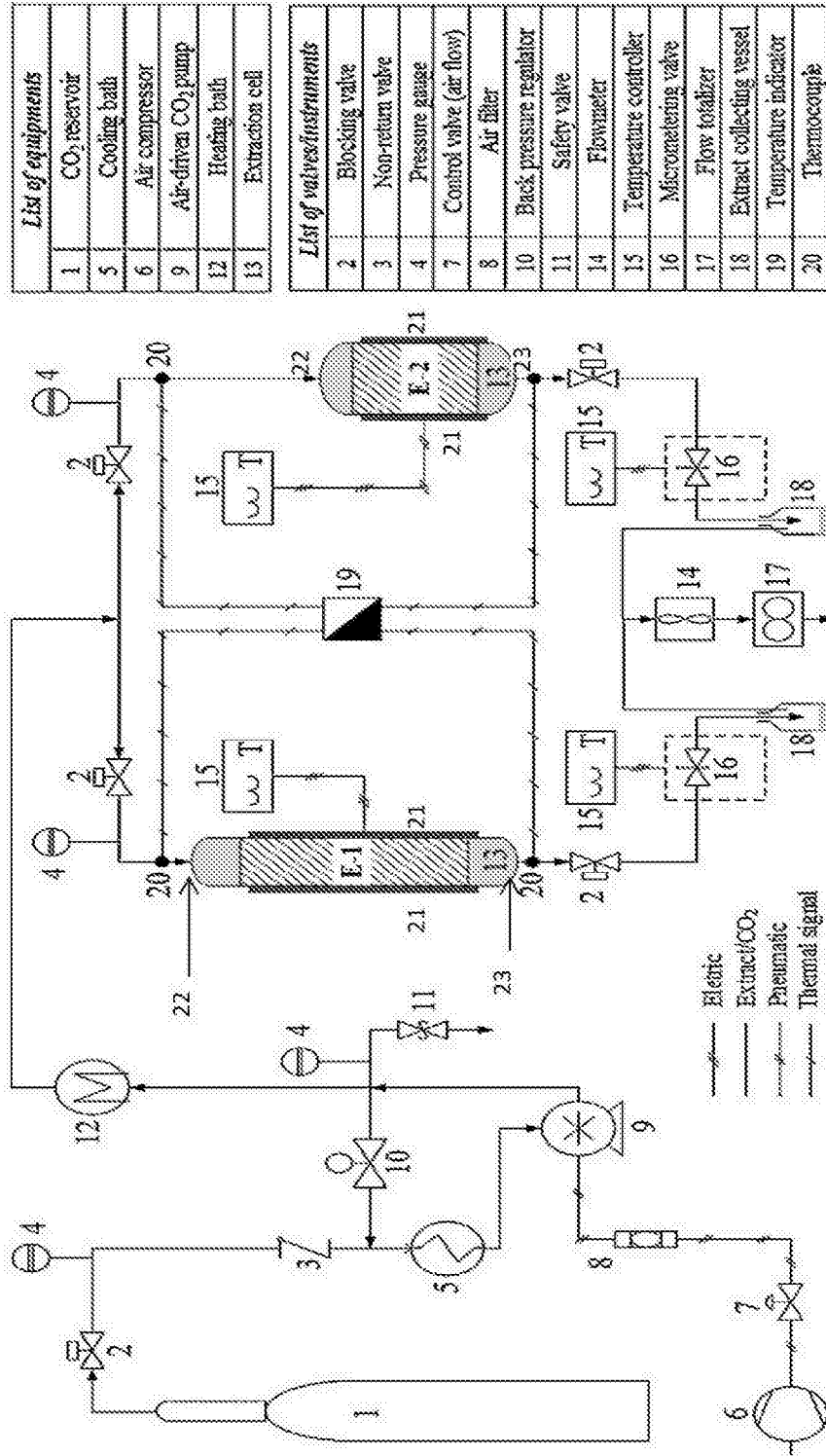
15. The composition of any one of claims 12 to 14,
wherein the extract is a subcritical CO₂ extract of
Zingiber officinale.
16. The composition of any one of claims 12 to 14,
5 wherein the extract is a supercritical CO₂ extract of
Zingiber officinale.
17. The composition of any one of claims 12 to 16,
wherein the extract is an extract of Zingiber
officinale rhizome.
- 10 18. The composition of any one of claims 12 to 17,
wherein the Zingiber officinale is dried.
19. The composition of any one of claims 12 to 18
wherein the extract of Zingiber officinale comprises
from about 0.3 to about 7% shogaol.
- 15 20. The composition of any one of claims 12 to 19,
wherein the extract of Zingiber officinale comprises
from about 2% to about 40% gingerol.
21. The composition of any one of claims 12 to 20,
wherein the extract of Zingiber officinale comprises
20 from about 0.2% to about 10% gingerdiones.
22. An article of manufacture comprising an extract of
Zingiber officinal and a device for topical
administration of the extract.
23. A kit for treating or preventing pain or a condition
25 associated with pain in a subject in need thereof,
comprising an extract of Zingiber officinale for
topical administration.
24. A topical composition comprising:
(a) one or more gingerols selected from the group
30 consisting of 6-gingerol and 10-gingerol; and/or
(b) one or more gingerdiones selected from the group
consisting of 6-gingerdione and 8-gingerdione;
and/or
(c) one or more shogaols selected from the group
35 consisting of 6- shogaol, 8-shogaol, and 10-shogaol,

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and a pharmaceutically acceptable carrier.

25. A method of treating or preventing pain, or a condition associated with pain, in a subject in need thereof, comprising applying topically an effective amount of a subcritical and/or supercritical CO₂ extract of *Zingiber officinale*.
- 5
26. A method of treating or preventing migraine, or a condition associated with migraine, in a subject in need thereof, comprising applying topically an effective amount of a subcritical and/or supercritical CO₂ extract of *Zingiber officinale*.
- 10
27. A topical composition comprising a subcritical and/or supercritical CO₂ extract of *Zingiber officinale*.
- 15
28. The method of any one of claims 1 to 11, 25 or 26, wherein the extract comprises an area % ratio of volatile compounds to non-volatile compounds in the range of from 3.0 to 15.
- 20
29. The topical composition of any one of claims 12 to 21, 24 or 27, wherein the composition comprises a ratio of area % volatile compounds to non-volatile compounds in the range of from 3.0 to 15.

Figure 1



List of equipments	
1	CO ₂ reservoir
5	Cooling bath
6	Air compressor
9	Air-driven CO ₂ pump
12	Heating bath
13	Extraction cell

List of valves/instruments	
2	Blocking valve
3	Non-return valve
4	Pressure gauge
7	Control valve (air flow)
8	Air filter
10	Back pressure regulator
11	Safety valve
14	Flowmeter
15	Temperature controller
16	Micrometering valve
17	Flow totalizer
18	Extract collecting vessel
19	Temperature indicator
20	Thermocouple

INTERNATIONAL SEARCH REPORT

International application No.

PCT/AU2014/001164

A. CLASSIFICATION OF SUBJECT MATTER

A61K 36/9068 (2006.01) A61P 29/00 (2006.01) A61P 25/06 (2006.01)

According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

Databases: WPI, Medline, EPODOC, XPTK, BIOSIS, CAPLUS. Keywords: Zingiber, ginger, gingerol, gingerdione, shogaol, pain, migraine, headache, analgesic, topical, skin, cream, emulsion, lotion, ointment, foam, gel, paste, patch, carbon dioxide, CO₂, super critical, sub critical, near critical.Applicant and/or Inventor searches of the patent and non-patent literature was performed using Patentscope (<http://www.wipo.int/patentscope/en/>), and PubMed (<http://www.ncbi.nlm.nih.gov/pubmed>)

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
Documents are listed in the continuation of Box C		



Further documents are listed in the continuation of Box C



See patent family annex

* Special categories of cited documents:	"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention
"A" document defining the general state of the art which is not considered to be of particular relevance	"X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone
"E" earlier application or patent but published on or after the international filing date	"Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art
"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)	"&" document member of the same patent family
"O" document referring to an oral disclosure, use, exhibition or other means	
"P" document published prior to the international filing date but later than the priority date claimed	

Date of the actual completion of the international search 18 February 2015	Date of mailing of the international search report 18 February 2015
Name and mailing address of the ISA/AU AUSTRALIAN PATENT OFFICE PO BOX 200, WODEN ACT 2606, AUSTRALIA Email address: pct@ipaustralia.gov.au	Authorised officer Monica Graham AUSTRALIAN PATENT OFFICE (ISO 9001 Quality Certified Service) Telephone No. 0262833179

INTERNATIONAL SEARCH REPORT		International application No.
C (Continuation). DOCUMENTS CONSIDERED TO BE RELEVANT		PCT/AU2014/001164
Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
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X	WO 2002/080682 A1 (NEW CHAPTER, INC.) 17 October 2002 (see abstract, page 6 paragraph 2, page 9 paragraph 7 and claims)	12-14, 16, 17, 19-21, 24, 27 and 29
X	WO 2010/062581 A2 (THE REGENTS OF THE UNIVERSITY OF MICHIGAN) 03 June 2010 (see abstract, paragraphs [0035], [0037] and [0039] and claims)	12-14, 16, 17, 19-24, 27 and 29
X	VEDAVATHY, S. "Tribal medicine - The real alternative." Indian Journal of Traditional Knowledge (01 July 2002) vol. 1, no. 1, pages 25-31. (see page 27 right column paragraph 3)	1, 6-12 and 17-24
X	JP S61263909 A (SHISEIDO CO LTD) 21 November 1986, *Abstract only (see EPODOC abstract)	12, 17-20 and 22-24
X	CN 103127473 A (WU DONGHONG) 05 June 2013, *Abstract only (see WPI abstract)	1, 6-10, 12 and 17-24
X	US 7368135 B1 (ANDERSON, L.A.) 06 May 2008 see abstract, column 4 lines 47-50 and claims	1, 7-10, 12 and 17-24
A	US 2011/0280976 A1 (CASTOR, T.) 17 November 2011	1-29

INTERNATIONAL SEARCH REPORT

Information on patent family members

International application No.

PCT/AU2014/001164

This Annex lists known patent family members relating to the patent documents cited in the above-mentioned international search report. The Australian Patent Office is in no way liable for these particulars which are merely given for the purpose of information.

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US 7368135 B1	06 May 2008		
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End of Annex

Due to data integration issues this family listing may not include 10 digit Australian applications filed since May 2001.

Form PCT/ISA/210 (Family Annex)(July 2009)