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(54) Titre : METHODES ET COMPOSITIONS D'UTILISATION DE METABOLITES DE TERFENADINE EN
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(54) Title: METHODS AND COMPOSITIONS USING TERFENADINE METABOLITES IN COMBINATION WITH
LEUKOTRIENE INHIBITORS

(57) **Abrégé/Abstract:**

Methods and pharmaceutical compositions employing a terfenadine metabolite and a leukotriene inhibitor for the treatment or prevention of inflammation or allergic disorders, such as asthma, or symptoms thereof. Also included are methods and compositions employing a terfenadine metabolite, a leukotriene inhibitor, and a decongestant for the treatment or prevention of inflammation or allergic disorders, such as asthma, or symptoms thereof.

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(21) International Application Number: PCT/US99/08077 (22) International Filing Date: 13 April 1999 (13.04.99) (30) Priority Data: 09/059,570 14 April 1998 (14.04.98) US (71) Applicant: SEPRACOR INC. [US/US]; 111 Locke Drive, Marlborough, MA 01752 (US). (72) Inventor: RUBIN, Paul, D.; 37 Greystone Lane, Sudbury, MA 01776 (US). (74) Agents: LAWRENCE, Stanton, T., III et al.; Pennie & Edmonds LLP, 1155 Avenue of the Americas, New York, NY 10036 (US).		(81) Designated States: AE, AL, AM, AT, AU, AZ, BA, BB, BG, BR, BY, CA, CH, CN, CU, CZ, DE, DK, EE, ES, FI, GB, GD, GE, GH, GM, HR, HU, ID, IL, IN, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MD, MG, MK, MN, MW, MX, NO, NZ, PL, PT, RO, RU, SD, SE, SG, SI, SK, SL, TJ, TM, TR, TT, UA, UG, UZ, VN, YU, ZA, ZW, ARIPO patent (GH, GM, KE, LS, MW, SD, SL, SZ, UG, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, CH, CY, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, GW, ML, MR, NE, SN, TD, TG). Published <i>With international search report.</i> <i>Before the expiration of the time limit for amending the</i> <i>claims and to be republished in the event of the receipt of</i> <i>amendments.</i>
(54) Title: METHODS AND COMPOSITIONS USING TERFENADINE METABOLITES IN COMBINATION WITH LEUKOTRIENE INHIBITORS (57) Abstract Methods and pharmaceutical compositions employing a terfenadine metabolite and a leukotriene inhibitor for the treatment or prevention of inflammation or allergic disorders, such as asthma, or symptoms thereof. Also included are methods and compositions employing a terfenadine metabolite, a leukotriene inhibitor, and a decongestant for the treatment or prevention of inflammation or allergic disorders, such as asthma, or symptoms thereof.		

**METHODS AND COMPOSITIONS USING TERFENADINE METABOLITES
IN COMBINATION WITH LEUKOTRIENE INHIBITORS**

1. FIELD OF THE INVENTION

The invention relates to methods of treating asthma, allergic conditions, and inflammation. In another aspect, this invention relates to the use of antihistamines and leukotriene inhibitors, and to compositions containing them.

2. BACKGROUND OF THE INVENTION

Terfenadine is an antagonist of the H-1 histamine receptor protein, which mediates the response antagonized by conventional antihistamines. Terfenadine is well absorbed but is extensively metabolized. See Okerholm et al., Biopharmaceutics and Drug Distribution, 2: 185-190 (1981). Two main metabolites have been identified and one of the metabolites, fexofenadine, chemically named 4-[1-hydroxy-4-[4-(hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid, is reported to have antihistaminic activity. See Gartiez et al., Arzneimittel Forschung/Drug-Research; 32: 1185-1190 (1982).

Recently, the FDA has approved the use of fexofenadine as a prescription antihistamine (ALLEGRA®) for allergic rhinitis. Fexofenadine is said to have the beneficial effects of terfenadine while having a reduced risk of cardiotoxicity. See, e.g., U.S. Patent No. 5,375,683.

It has been suggested that the moderate effectiveness of some H₁-antihistamines are due to their additional activity against leukotrienes, particularly LTD₄. In one study of guinea pigs, the increase in airway resistance caused by LTD₄ (leukotriene D₄) was suppressed by terfenadine. See Akagi et al., Oyo Yakuri, 35: 361-371 (1988). Another study was conducted that investigated the development of dual antagonists of H₁- and LTD₄- receptors. Twenty (20) H₁-antihistamines with diverse chemical structures were tested for activity against LTD₄-induced contraction in

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isolated guinea-pig ileum and displacement of [³H]LTD₄ from guinea-pig lung membrane proteins [M. Zhang et al., *Inflamm. res.* 46:Supp. I S93-S94 (1997)]. The results indicated the drugs were weakly active in inhibiting LTD₄-induced
5 contraction of guinea pig ileum. The study further mentioned a possible mechanism for loratadine and terfenadine, but concluded that the mechanism does not appear to warrant great attention for drug development.

Similarly, F. Baroody et al. report that
10 terfenadine treatment partially inhibits the early nasal response to allergen challenge and subsequent reactivity to a challenge with methacholine without affecting the influx of eosinophils into nasal secretions. Treatment tended to decrease levels of tryptase, prostaglandin D₂ and leukotriene
15 C₄, but the differences did not achieve statistical significance relative to the placebo [F. Baroody et al., *Arch. Otolaryngol. Head Neck Surg.*, 122:309-316 (Mar. 1996)].

Compounds within the class of non-sedating antihistamines have been known to cause severe adverse
20 electrophysiologic side-effects when administered to a human. These adverse side-effects are associated with a prolonged QT interval and include, but are not limited to, ventricular fibrillation and cardiac arrhythmias, such as ventricular tachyarrhythmias or torsades de pointes. Quercia et al.,
25 Hosp. Formul. 28: 137, 142 (1993); Knowles, Canadian Journal Hosp. Pharm., 45: 33,37 (1992); Craft, British Medical Journal, 292: 660 (1986); Simons et al., Lancet, 2: 624 (1988); and Unknown, Side Effects of Drugs Annual, 12: 142 and 14: 135. More recently, clinical practitioners have
30 noted an increase in the occurrence of these cardiac arrhythmias upon co-administration of terfenadine with other drugs such as ketoconazole and erythromycin or upon overdose of terfenadine. Quercia et al., Hosp. Formul. 28: 137, 142 (1993).

35 Leukotrienes augment neutrophil and eosinophil migration, neutrophil and monocyte aggregation, leukocyte adhesion, increase capillary permeability, and smooth muscle

contraction, all of which contribute to inflammation, edema, mucus secretion, and bronchoconstriction. For example, zileuton, commercially available as ZYFLO®, is a specific inhibitor of 5-lipoxygenase and has the chemical name (+)-1-5 (1-Benzo[b]thien-2-ylethyl)-1-hydroxyurea. Zileuton is known to inhibit leukotriene (LTH₄, LTC₄, LTD₄, and LTE₄) formation *in vitro*. Zileuton is an inhibitor *ex vivo* of LTB₄ formation in several species and inhibits leukotriene-dependent smooth muscle contractions *in vitro* in guinea pig and human airways. 10 One study of 373 patients indicated that 600 mg of zileuton four times daily were required to provide efficacy, while 400 mg failed to do so. In some patients, zileuton was reported to cause headache, pain, asthenia, dyspepsia, nausea, and myalgia. [Physician's Desk Reference, 52 ed., Medical 15 Economics Co., Inc., 474-76 (1998)].

Zafirlukast, sold commercially as ACCOLATE®, is another type of leukotriene inhibitor. This leukotriene inhibitor is a leukotriene receptor antagonist (LTRA) of leukotriene D₄ and E₄, and has the chemical name 4-(5-20 cyclopentyloxy-carbonylamino-1-methyl-indol-8-ylmethyl)-3-methoxy-N-o-tolylsulfonfylbenzamide. Cysteinyl leukotriene production and receptor occupation have been correlated with the pathophysiology of asthma. *In vitro* studies indicated that zafirlukast antagonized the contractile activity of 25 three leukotrienes in conducting airway smooth muscle from laboratory animals and humans; prevented intradermal LTD₄-induced increases in cutaneous vascular permeability; and inhibited inhaled LTD₄-induced influx of eosinophils into animal lungs. In some patients, zafirlukast has been 30 reported to cause headache, infection, nausea, diarrhea, pain, asthenia, abdominal pain, dizziness, myalgia, fever, vomiting, SGPT elevation, and dyspepsia. [Physician's Desk Reference, 52 ed., Medical Economics Co., Inc., 3148-49 (1998)].

3. SUMMARY OF THE INVENTION

The present invention represents an improvement over terfenadine and the terfenadine metabolites, as well as the leukotriene inhibitor, technology presently available.

5 This invention relates to novel pharmaceutical compositions comprising: (a) a metabolite of terfenadine; (b) a leukotriene inhibitor; and optionally (c) a decongestant; and a pharmaceutically acceptable carrier or excipient. A "metabolite of terfenadine" or a "terfenadine
10 metabolite," as defined herein, includes 4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetates, 4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid (fexofenadine), and 1-[p-(2-
15 hydroxymethyl-2-propyl)phenyl]-4-[4-(α -hydroxy- α -phenylbenzyl)-1-piperidinyl]butanol, or an optically pure stereoisomer of any of the above compounds, or a pharmaceutically acceptable salt of any of the above compounds or stereoisomers (See, e.g., U.S. Patent No.
20 5,375,683).

The compositions of the invention employing a terfenadine metabolite and a leukotriene inhibitor, and optionally a decongestant, possess potent antihistaminic activity and are useful in treating, preventing, or managing
25 asthma, asthma symptoms, allergic rhinitis, inflammation, and other allergic disorders, as well as dermatitis. The compositions employing a terfenadine metabolite and a leukotriene inhibitor are preferred, and these provide an improvement in overall therapy relative to terfenadine or a
30 terfenadine metabolite alone. In addition, the compositions of the invention reduce or avoid adverse effects associated with administration of other non-sedating antihistamines or derivatives thereof, such as terfenadine, including, but not limited to, cardiac arrhythmias, drowsiness, nausea, fatigue,
35 weakness and headache. The compositions of a terfenadine metabolite and a leukotriene inhibitor are also useful in combination with non-steroidal anti-inflammatory agents or

other non-narcotic analgesics for the treatment or prevention of cough, cold, cold-like, and/or flu symptoms and the discomfort, headache, pain, fever, and general malaise associated therewith. The aforementioned combinations (e.g.,
5 a terfenadine metabolite and a leukotriene inhibitor) may optionally include one or more other active components including a decongestant, cough suppressant/antitussive, or expectorant.

Additionally, the novel pharmaceutical compositions
10 of the invention are useful in treating, preventing, or managing motion sickness, vertigo, diabetic retinopathy, small vessel complications due to diabetes and such other conditions as may be related to the activity of these derivatives as antagonists of the H-1 histamine receptor.
15 The compositions can be used to treat or prevent these disorders while reducing or avoiding adverse effects associated with administration of other non-sedating antihistamines including α -aryl-4-substituted piperidinoalkanol derivatives, such as terfenadine.

20 In one embodiment, this invention provides for a method of preventing or treating asthma or asthma symptoms in a human which comprises administering to a human a therapeutically effective amount of a terfenadine metabolite and a therapeutically effective amount of a leukotriene
25 inhibitor.

The invention also provides a method of preventing or treating asthma or asthma symptoms in a human, comprising administering to a human a composition, said composition comprising (i) a therapeutically effective amount of a
30 terfenadine metabolite or a pharmaceutically acceptable salt thereof; (ii) a leukotriene inhibitor selected from the group consisting of 5-lipoxygenase inhibitors, 5-lipoxygenase activating protein antagonists, and leukotriene receptor antagonists; (iii) optionally a therapeutically effective
35 amount of a decongestant; and a pharmaceutically acceptable carrier or excipient.

This invention is further directed to a method of preventing or treating asthma or the symptoms of asthma in a human which comprises administering to a human therapeutically effective amounts of a terfenadine metabolite, a leukotriene inhibitor, and a decongestant.

In a second embodiment, the invention also provides for a method of preventing or treating allergic rhinitis in a human which comprises administering to a human a therapeutically effective amount of a terfenadine metabolite, or a pharmaceutically acceptable salt thereof, a leukotriene inhibitor, and optionally a decongestant, such that all three active ingredients are used.

In a third embodiment, the invention provides for a method of preventing or treating dermatitis in a human which comprises administering to a human a therapeutically effective amount of a terfenadine metabolite or a pharmaceutically acceptable salt thereof, a leukotriene inhibitor, and optionally a decongestant, such that all three active ingredients are used.

In a fourth embodiment, the invention provides for a method of preventing or treating inflammation in a human which comprises administering to a human a therapeutically effective amount of a terfenadine metabolite or a pharmaceutically acceptable salt thereof, a leukotriene inhibitor, and optionally a decongestant, such that all three active ingredients are used.

In a fifth embodiment, the invention provides for a method of preventing or treating a condition responsive to leukotriene inhibition in a human which comprises administering to a human a therapeutically effective amount of a terfenadine metabolite or a pharmaceutically acceptable salt thereof, a leukotriene inhibitor, and optionally a decongestant, such that all three active ingredients are used.

It should be recognized that the compositions and methods include the use of optically pure stereoisomers of the terfenadine metabolites, as well as pharmaceutically

acceptable salts of the stereoisomers. Thus, the invention includes the (R)- and (S)- enantiomer, and the racemic mixture, or a pharmaceutically acceptable salt thereof, of each terfenadine metabolite. The methods and compositions
5 preferably employ racemic fexofenadine, or optically pure (R)-fexofenadine or (S)-fexofenadine, or pharmaceutically acceptable salts thereof, more preferably (R)-fexofenadine substantially free of (S)-fexofenadine or (S)-fexofenadine substantially free of (R)-fexofenadine, or pharmaceutically
10 acceptable salts thereof.

The invention encompasses the treatment, prevention, and/or management of asthma, the symptoms of asthma, dermatitis, allergic rhinitis, or inflammation using a metabolite of terfenadine, preferably fexofenadine, and a
15 leukotriene inhibitor. The invention also encompasses the treatment, prevention, and/or management of these disorders with a terfenadine metabolite, a leukotriene inhibitor, and optionally a decongestant. The invention encompasses the treatment, prevention, and/or management of these disorders
20 using a single unit dosage form that contains a terfenadine metabolite, a leukotriene inhibitor and optionally a decongestant, such that a terfenadine metabolite and a leukotriene inhibitor or all three active ingredients are used. However, it should be recognized that combination
25 therapy by separate administration of each active ingredient is also contemplated. The methods and compositions of this invention are believed to reduce or avoid adverse effects associated with the administration of non-sedating antihistamines, such as terfenadine. The methods and
30 compositions described herein are believed to provide superior or improved therapy over prior art methods and compositions involving a terfenadine metabolite in the absence of a leukotriene inhibitor, or a leukotriene inhibitor in the absence of a terfenadine metabolite.
35 Without being limited by theory, it is believed that the combination of a terfenadine metabolite, a leukotriene inhibitor, and optionally a decongestant, provides superior,

improved, and synergistic effects unachievable by any of these compounds alone.

4. DETAILED DESCRIPTION OF THE INVENTION

5 The administration of a terfenadine metabolite, a leukotriene inhibitor, and optionally a decongestant, in the methods of the present invention may be either concurrently or sequentially, *i.e.*, a terfenadine metabolite, a leukotriene inhibitor, and the optional decongestant may be
10 administered as a combination (a single unit dosage) or concurrently but separately. They may also be provided by the sequential administration of a terfenadine metabolite, leukotriene inhibitor, and the optional decongestant, by sequential administration of a terfenadine metabolite,
15 decongestant, and leukotriene inhibitor, by sequential administration of leukotriene inhibitor, a terfenadine metabolite, and decongestant, or in any other possible order, such as decongestant followed by concurrent administration of a terfenadine metabolite and leukotriene inhibitor. The
20 compositions administered in each of these methods may be concurrent, sequential, or in any combination of concurrent and/or sequential.

 Adverse effects to be reduced or avoided by the methods and compositions of the present invention include,
25 but are not limited to: cardiotoxicity, such as cardiac arrhythmia or cardiac conduction disturbances; drowsiness; nausea; fatigue; weakness; and headache.

 Terfenadine metabolites and the isomers and salts thereof, particularly fexofenadine and the isomers and salts
30 thereof, and other non-sedating antihistamines have antihistaminic activity and provide therapy and a reduction of symptoms for a variety of conditions and disorders related to allergic rhinitis and other allergic disorders, diabetes mellitus, and other conditions; however, such drugs, while
35 offering the expectation of efficacy, may cause adverse effects. Utilizing a metabolite of terfenadine, preferably fexofenadine, in combination with a leukotriene inhibitor,

and optionally with a decongestant, results in clearer dose-related definitions of efficacy, diminished adverse effects, a superior therapy due to synergistic activity, and accordingly, an improved therapeutic index. It is, therefore, more desirable to use the compositions and methods of the invention than to use terfenadine, or a metabolite thereof, or a leukotriene inhibitor separately.

One of ordinary skill in the art is readily able to synthesize fexofenadine or the other metabolites of terfenadine, as well as their optically pure stereoisomers and salts thereof, used in the compositions and methods of the invention, such as by following the teachings of U.S. Patent Nos. 4,254,129; 5,578,610; 5,581,011; 5,589,487; and 5,663,412.

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The term "adverse effects" as used herein includes, but is not limited to, cardiac arrhythmias, cardiac conduction disturbances, appetite stimulation, weight gain, sedation, gastrointestinal distress, headache, dry mouth, constipation, and diarrhea. The term "cardiac arrhythmias" includes, but is not limited to, ventricular tachyarrhythmias, torsades de pointes, and ventricular fibrillation.

The phrase "therapeutically effective amount" as used herein means the amount of a terfenadine metabolite that provides a therapeutic benefit in the treatment, prevention, or management of conditions that are responsive to histamine antagonists, such as urticaria, allergic rhinitis, inflammation, symptomatic dermographism, dermatitis, asthma, allergic asthma, retinopathy or other small vessel disorders associated with diabetes mellitus, and the symptoms associated with asthma or allergic rhinitis such as bronchoconstriction, cough, cold, cold-like, wheezing, dyspnea, and/or flu symptoms including, but not limited to, sneezing, rhinorrhea, lacrimation, and dermal irritation.

The phrase "therapeutically effective amount" as used herein means the amount of leukotriene inhibitor that

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provides a therapeutic benefit in the treatment, prevention, or management of conditions that are responsive to leukotriene inhibitors, such as urticaria, allergic rhinitis, symptomatic dermographism, dermatitis, asthma, inflammation, 5 retinopathy or other small vessel disorders associated with diabetes mellitus, and the symptoms associated with asthma and allergic rhinitis such as bronchoconstriction, cough, cold, cold-like, wheezing, dyspnea, and/or flu symptoms including, but not limited to, sneezing, rhinorrhea, 10 lacrimation, and dermal irritation.

The phrase "therapeutically effective amount" with respect to decongestant as used herein means that amount of decongestant alone, or in combination with other drugs, that provides a therapeutic benefit in the treatment, prevention, 15 or management of any condition that is responsive to decongestants, such as congestion of the respiratory tract and/or the sinuses, and the symptoms associated with congestion, such as cough, cold, cold-like, wheezing, dyspnea, and/or flu symptoms including, but not limited to, 20 sneezing, rhinorrhea, lacrimation, and dermal irritation.

The term "asthma" as used herein is defined as a disorder characterized by increased responsiveness of the trachea and bronchi to various stimuli, which results in symptoms that include, but are not limited to, wheezing, 25 cough, shortness of breath, bronchoconstriction, dyspnea, and the like. Asthma includes, for example, allergic asthma.

The term "dermatitis" as used herein means that disorder caused by inflammation to the skin including endogenous and contact dermatitis such as, but not limited 30 to: actinic dermatitis (or photodermatitis), atopic dermatitis, chemical dermatitis, cosmetic dermatitis, dermatitis aestivalis, and seborrheic dermatitis.

The term "inflammation" as used herein is a fundamental pathologic process of a dynamic complex of 35 cytologic and chemical reactions that occur in the affected blood vessels and adjacent tissues in response to an injury or abnormal stimulation caused by a physical, chemical, or

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biologic agent, including: the local reactions and resulting morphologic changes; the destruction or removal of the injurious material; and the responses that lead to repair and healing. The typical signs of inflammation are redness, heat or warmth, swelling, pain, and occasionally inhibited or lost function. All of the signs may be observed in certain instances, although any particular sign is not necessarily always present.

The term "leukotriene inhibitor" as used herein includes any agent or compound that inhibits, restrains, retards or otherwise interacts with the action or activity of leukotrienes, such as, but not limited to, 5-lipoxygenase ("5-LO") inhibitors, 5-lipoxygenase activating protein ("FLAP") antagonists, and leukotriene receptor antagonists ("LTRAs"), including leukotriene receptor antagonists ("LTRAs"). An exemplary LTRA is leukotriene D₄ ("LTD₄") receptor antagonist.

The term "5-lipoxygenase inhibitor" or "5-LO inhibitor" as used herein includes any agent or compound that inhibits, restrains, retards or otherwise interacts with the enzymatic action of 5-lipoxygenase, such as, but not limited to, zileuton, docebenone, piri-post, and ICI-D2318.

The term "5-lipoxygenase activating protein antagonist" or "FLAP antagonist" as used herein includes any agent or compound that inhibits, restrains, retards or otherwise interacts with the action or activity of 5-lipoxygenase activating protein, such as, but not limited to, MK-591 and MK-886.

The term "leukotriene receptor antagonist" or "LTRA" as used herein includes any agent or compound that inhibits, restrains, retards or otherwise antagonizes the activity of receptors that are responsive to leukotrienes, including those responsive to leukotriene D₄. Exemplary LTRAs include, but are not limited to, sodium 1-(((R)-(3-(2-(6,7-difluoro-2-quinolinyl)ethynyl)phenyl)-3-(2-(2-hydroxy-2-propyl)phenyl)thio)methyl)cyclopropaneacetate; 1-(((1(R)-(3-(2-(2,3-dichlorothieno[3,2-b]pyridin-5-yl)-(E)-

ethenyl)phenyl)-3-(2-(1-hydroxy-1-methylethyl)phenyl)propyl)thio)methyl)cyclopropaneacetic acid or sodium or other salts thereof, pranlukast, zafirlukast (ICI-204219), and montelukast (MK-476), the latter of which
5 is sold commercially as SINGULAIR®.

The magnitude of a prophylactic or therapeutic dose of a terfenadine metabolite or leukotriene inhibitor in the acute or chronic management of a disorder or condition will vary with the severity of the condition to be treated and the
10 route of administration. The dose, and perhaps the dose frequency, will also vary according to the age, body weight, and response of the individual patient. Suitable total daily dose ranges can be readily determined by those skilled in the art. In general, the total daily dose range for a
15 terfenadine metabolite, for the conditions described herein, is from about 0.01 mg to about 500 mg administered in single or divided doses. For example, a preferred oral daily dose range should be from about 1 mg to about 500 mg. A more preferred oral dose is about 20 mg to about 200 mg. A
20 preferred oral daily dose range of decongestant, such as pseudoephedrine, should be from about 50 mg to about 300 mg, more preferably, about 150 mg to about 250 mg. In addition, suitable oral daily dosage ranges of leukotriene inhibitor can be readily determined by those skilled in the art. For
25 example, see the Physician's Desk Reference® 1998 for suitable dosages presently used for known leukotriene inhibitors. For example, for 5-lipoxygenase inhibitors, the oral daily dose range should be from about 20 mg to 2,500 mg, preferably from about 20 mg to 800 mg. For leukotriene
30 receptor antagonists, the oral daily dose range should be from about 2 mg to 200 mg, preferably from about 5 mg to 20 mg. For 5-lipoxygenase activating protein antagonists, the oral daily dose range should be from about 20 mg to about 2,500 mg.

It is further recommended that children, patients aged over 65 years, and those with impaired renal or hepatic
35 function initially receive low doses, and that they then be titrated based on individual response(s) or blood level(s). It may be necessary to use dosages outside these ranges in

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some cases as will be apparent to those skilled in the art. Further, it is noted that the clinician or treating physician will know how and when to adjust, interrupt, or terminate therapy in conjunction with individual patient response.

5 The term "therapeutically effective amount of a terfenadine metabolite or a pharmaceutically acceptable salt thereof" is encompassed by the above-described dosage amounts. In addition, the terms "said composition comprising (i) a therapeutically effective amount of a
10 terfenadine metabolite or a pharmaceutically acceptable salt thereof; and (ii) a therapeutically effective amount of a leukotriene inhibitor" and "said composition comprising (i) a therapeutically effective amount of a terfenadine metabolite or a pharmaceutically acceptable salt thereof; (ii) a
15 therapeutically effective amount of a leukotriene inhibitor; and (iii) a therapeutically effective amount of a decongestant" are also encompassed by the above-described dosage amounts and dose frequency schedule.

Any suitable route of administration may be
20 employed for providing the patient with an effective dosage of a terfenadine metabolite and leukotriene inhibitor according to the methods of the present invention. For example, oral, intraoral, rectal, parenteral, epicutaneous, transdermal, subcutaneous, intramuscular, intranasal,
25 sublingual, buccal, intradural, intraocular, intrarespiratory, or nasal inhalation and like forms of administration may be employed. Oral administration is generally preferred. For the methods to treat dermatitis, however, topical administration is preferred.

30 The pharmaceutical compositions used in the methods of the present invention, which are sterile and stable, include a terfenadine metabolite, the metabolic derivative of terfenadine, or a pharmaceutically acceptable salt thereof, a leukotriene inhibitor, and optionally a decongestant, as the
35 active ingredient. The compositions may also contain a pharmaceutically acceptable carrier or excipient, and optionally, other therapeutic ingredients.

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The term "pharmaceutically acceptable salt" refers to a salt prepared from pharmaceutically acceptable non-toxic acids or bases including inorganic acids or bases or organic acids or bases. Examples of such inorganic acids are hydrochloric, hydrobromic, hydroiodic, sulfuric, and phosphoric. Appropriate organic acids may be selected, for example, from aliphatic, aromatic, carboxylic and sulfonic classes of organic acids, examples of which are formic, acetic, propionic, succinic, glycolic, glucuronic, maleic, furoic, glutamic, benzoic, anthranilic, salicylic, phenylacetic, mandelic, embonic (pamoic), methanesulfonic, ethanesulfonic, pantothenic, benzenesulfonic, stearic, sulfanilic, algenic, and galacturonic. Examples of such inorganic bases include metallic salts made from aluminum, calcium, lithium, magnesium, potassium, sodium, and zinc. Appropriate organic bases may be selected, for example, from N,N-dibenzylethylenediamine, chloroprocaine, choline, diethanolamine, ethylenediamine, meglumine (N-methylglucamine), lysine and procaine.

The compositions for use in the methods of the present invention can include suitable excipients or carriers such as starches, sugars, microcrystalline cellulose, diluents, granulating agents, lubricants, binders, disintegrating agents, and the like.

Dosage forms include tablets, troches, dispersions, suspensions, solutions, capsules, patches, gel caps, syrups, elixirs, gels, powders, magmas, lozenges, ointments, creams, pastes, plasters, lotions, discs, suppositories, nasal or oral sprays, aerosols, and the like.

Because of their ease of administration, tablets and capsules represent the most advantageous oral dosage unit form, in which case solid pharmaceutical carriers are employed. If desired, tablets may be coated by standard aqueous or nonaqueous techniques.

In addition to the common dosage forms set out above, the compound for use in the methods of the present invention may also be administered by controlled release

means and/or delivery devices such as those described in U.S. Patent Nos. 3,845,770; 3,916,899; 3,536,809; 3,598,123; and 4,008,719.

- 5 Pharmaceutical compositions for use in the methods of the present invention may be prepared by any of the methods of pharmacy, but all methods include the step of bringing into association the active ingredient with the carrier which constitutes one or more necessary ingredients.
- 10 In general, the compositions are prepared by uniformly and intimately admixing the active ingredient with liquid carriers or finely divided solid carriers or both, and then, if necessary, shaping the product into the desired presentation.
- 15 For example, a tablet may be prepared by compression or molding, optionally, with one or more accessory ingredients. Compressed tablets may be prepared by compressing in a suitable machine the active ingredient in a free-flowing form such as powder or granules, optionally
- 20 mixed with a binder, lubricant, inert diluent, surface active or dispersing agent. Molded tablets may be made by molding, in a suitable machine, a mixture of the powdered compound moistened with an inert liquid diluent.

 The invention is further defined by reference to

25 the following example describing in detail the preparation of the composition and the compositions used in the methods of the present invention, as well as their utility. It will be apparent to those skilled in the art that many modifications, both to materials and methods, may be practiced which are

30 within the scope of this invention.

5. EXAMPLES

5.1. Example 1

A. Preparation of methyl R-4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate

5 4-(α -hydroxy- α -phenylbenzyl)piperidine (4.3 g) was combined with methyl p-(4-chloro-1-oxobutyl)- α,α -dimethylbenzeneacetate (4.5 g), potassium bicarbonate (2.9 g), potassium iodide (ca. 50 mg), and methyl isobutyl ketone (50 mL) and heated to reflux for 48 hrs. Additional 4-(α -
10 hydroxy- α -phenylbenzyl)piperidine (1.1 g) was added, and heating was continued for an additional 48 hrs. Upon cooling the mixture to room temperature, water was added and the pH of the solution was adjusted to ca. 12 by addition of aqueous sodium hydroxide. The mixture was extracted with ethyl
15 acetate. The ethyl acetate solution was washed with saturated aqueous sodium bicarbonate and brine and dried over sodium sulfate. The ethyl acetate was removed on a rotary evaporator and the residue was treated with 25% ethyl acetate in hexane. The resulting precipitate was filtered and air
20 dried to give methyl 4-[1-oxo-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate. This intermediate precipitate (2.4 g) was combined with tetrahydrofuran (10 mL) and (+)- β -chlorodiisopinocampheylborane (4.5 g) and stirred for 48
25 hrs. Methanol (10 mL) and sodium bicarbonate (1.5 g) were added to the reaction solution, and the mixture was stirred for 12 hrs. The mixture was diluted with ethyl acetate (200 mL) and washed with saturated aqueous sodium bicarbonate to give methyl R-4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-
30 piperidinyl)butyl]- α,α -dimethylbenzeneacetate.

B. R-(+)-4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid [R-(+)-terfenadine carboxylate].

35 Methyl R-4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate (1.2 g) was combined with potassium hydroxide (0.4 g) and ethanol (5 mL),

and the mixture was heated to reflux for 7 hours. The ethanol was removed on a rotary evaporator and the residue was dissolved in water (2 mL). The aqueous solution was acidified with glacial acetic acid to provide a solid which was recrystallized two times from 1:1 methanol/ethyl acetate to give R-4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid (R-terfenadine carboxylate) (mp=213-215°C).

10 C. Preparation of methyl S-4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate.

4-(α -hydroxy- α -phenylbenzyl)piperidine (4.3 g) was combined with methyl p-(4-chloro-1-oxobutyl)- α,α -dimethylbenzene-acetate (4.5 g), potassium bicarbonate (2.9 g),
15 potassium iodide (ca. 50 mg), and methyl isobutyl ketone (50 mL) and heated to reflux for 48 hours. Additional 4-(α -hydroxy- α -phenylbenzyl)piperidine (1.1 g) was added, and heating was continued for an additional 48 hours. Upon cooling the mixture to room temperature, water was added and
20 the pH of the solution was adjusted to ca. 12 by addition of aqueous sodium hydroxide. The mixture was extracted with ethyl acetate. The ethyl acetate solution was washed with saturated aqueous sodium bicarbonate and brine and dried over sodium sulfate. The ethyl acetate was removed on a rotary
25 evaporator and the residue was treated with 25% ethyl acetate in hexane. The resulting precipitate was filtered and air dried to give methyl 4-[1-oxo-4-(4-hydroxydiphenyl-methyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate. This intermediate precipitate (2.4 g) was combined with
30 tetrahydrofuran (10 mL) and (-)- β -chlorodiisopinocampheylborane (4.5 g) and stirred for 48 hours. Methanol (10 mL) and sodium bicarbonate (1.5 g) were added to the reaction solution and the mixture was stirred for 12 hours. The mixture was diluted with ethyl acetate
35 (200 mL) and washed with saturated aqueous sodium bicarbonate to give methyl S-4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-

piperidinyl)butyl]- α,α -dimethylbenzeneacetate. If the
aforementioned intermediate precipitate was to be reacted
with racemic β -chlorodiisopinocampheylborane, then a racemic
mixture of methyl 4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-
5 piperidinyl)butyl]- α,α -dimethylbenzeneacetate would be
produced.

D. S-(-)-4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-
piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid
[S-(-)-terfenadine carboxylate].

10 Methyl S-4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-
piperidinyl)butyl]- α,α -dimethylbenzeneacetate (1.2 g) was
combined with potassium hydroxide (0.4 g) and ethanol (5 mL)
and the mixture was heated to reflux for 7 hours. The
ethanol was removed on a rotary evaporator and the residue
15 was dissolved in water (2 mL). The aqueous solution was
acidified with glacial acetic acid to provide a solid which
was recrystallized two times from 1:1 methanol/ethyl acetate
to give S-(-)-4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-
piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid [(S)-
20 terfenadine carboxylate] (mp=215-218°C).

Various modifications of the invention in addition
to those shown and described herein will be apparent to those
skilled in the art from the foregoing description. Such
25 modifications are also intended to fall within the scope of
the appended claims.

The above disclosure includes all the information
deemed essential to enable those skilled in the art to
practice the claimed invention.
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What is claimed is:

1. Use of a therapeutically effective amount of a terfenadine metabolite and a therapeutically effective amount of a leukotriene inhibitor in the preparation of a medicament for treating or preventing asthma or symptoms thereof in a human;

wherein the terfenadine metabolite is a 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl- 1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate, 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl- 1-piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid (fexofenadine), 1 -[p-(2-hydroxymethyl-2-propyl)phenyl]-4-[4-(α -hydroxy- α -phenylbenzyl)-1 -piperidinyl]butanol, an optically pure stereoisomer thereof, or a pharmaceutically acceptable salt of any of the aforementioned compounds or stereoisomers; and

wherein the leukotriene inhibitor is selected from the group consisting of 5-lipoxygenase inhibitors, 5-lipoxygenase activating protein antagonists, leukotriene receptor antagonists, pharmaceutically acceptable salts thereof and mixtures thereof;

with the proviso that when the terfenadine metabolite is fexofenadine, the leukotriene inhibitor is not selected from the group consisting of:

(a) montelukast;

(b) 1-(((R)-(3-(2-(6,7-difluoro-2-quinolinyl)ethenyl)phenyl)-3-(2-(2-hydroxy-2-propyl)phenyl)thio)methyl)cyclopropaneacetic acid;

(c) 1-(((1(R)-3(3-(2-(2,3 dichlorothieno [3,2-b] pyridin-5-yl)-(E)-ethenyl) phenyl)-3-(2(1-hydroxy-1-methylethyl)phenyl)propyl)thio)methyl)cyclopropaneacetic acid;

(d) pranlukast;

(e) zafirlukast; and

(f) [2-[[2-(4-tert-butyl-2-thiazolyl)-5-benzofuranyl]oxymethyl]phenyl]acetic acid.

2. The use of claim 1, wherein the medicament further comprises a pharmaceutically acceptable carrier or excipient.

3. The use of claim 1 or 2, wherein the medicament further comprises a therapeutically effective amount of a decongestant, or a pharmaceutically acceptable salt thereof.

4. The use of claim 1, wherein the human has asthma.

5. Use of a therapeutically effective amount of a terfenadine metabolite and a therapeutically effective amount of a leukotriene inhibitor in the preparation of a medicament for treating or preventing dermatitis in a human;

wherein the terfenadine metabolite is a 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate, 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl- 1 -piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid (fexofenadine), 1-[p-(2-hydroxymethyl-2-propyl)phenyl]-4-[4-(α -hydroxy- α -phenylbenzyl)- 1 -piperidinyl]butanol, an optically pure stereoisomer thereof, or a pharmaceutically acceptable salt of any of the aforementioned compounds or stereoisomers; and

wherein the leukotriene inhibitor is selected from the group consisting of 5-lipoxygenase inhibitors, 5-lipoxygenase activating protein antagonists, leukotriene receptor antagonists, pharmaceutically acceptable salts thereof, and mixtures thereof;

with the proviso that when the terfenadine metabolite is fexofenadine, the leukotriene inhibitor is not selected from the group consisting of:

- (a) montelukast;
- (b) 1-(((R)-(3-(2-(6,7-difluoro-2-quinolinyl)ethenyl)phenyl)-3-(2-(2-hydroxy-2-propyl)phenyl)thio)methyl)cyclopropaneacetic acid;
- (c) 1-(((1(R)-3(3-(2-(2,3 dichlorothieno [3,2-b] pyridin-5-yl)-(E)-ethenyl) phenyl)-3-(2(1-hydroxy-1-methylethyl)phenyl)propyl)thio)methyl)cyclopropaneacetic acid;
- (d) pranlukast;
- (e) zafirlukast; and
- (f) [2-[[2-(4-tert-butyl-2-thiazolyl)-5-benzofuranyl]oxymethyl]phenyl]acetic acid.

6. The use of claim 5, wherein the medicament further comprises a pharmaceutically acceptable carrier or excipient.

7. The use of claim 5 or 6, wherein the medicament further comprises a therapeutically effective amount of a decongestant, or a pharmaceutically acceptable salt thereof.

8. Use of a therapeutically effective amount of a terfenadine metabolite and a therapeutically effective amount of a leukotriene inhibitor in the preparation of a medicament for treating or preventing allergic rhinitis in a human;

wherein the terfenadine metabolite is a 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate, 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl- 1 -piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid (fexofenadine), 1-[p-(2-hydroxymethyl-2-propyl)phenyl]-4-[4-(α -hydroxy- α -

phenylbenzyl)- 1 -piperidinyl]butanol, an optically pure stereoisomer thereof, or a pharmaceutically acceptable salt of any of the aforementioned compounds or stereoisomers; and

wherein the leukotriene inhibitor is selected from the group consisting of 5-lipoxygenase inhibitors, 5-lipoxygenase activating protein antagonists, leukotriene receptor antagonists, pharmaceutically acceptable salts thereof, and mixtures thereof;

with the proviso that when the terfenadine metabolite is fexofenadine, the leukotriene inhibitor is not selected from the group consisting of:

- (a) montelukast;
- (b) 1-(((R)-(3-(2-(6,7-difluoro-2-quinolinyl)ethenyl)phenyl)-3-(2-(2-hydroxy-2-propyl)phenyl)thio)methyl)cyclopropaneacetic acid;
- (c) 1-(((1(R)-3(3-(2-(2,3 dichlorothieno [3,2-b] pyridin-5-yl)-(E)-ethenyl) phenyl)-3-(2(1-hydroxy-1-methylethyl)phenyl)propyl)thio)methyl)cyclopropaneacetic acid;
- (d) pranlukast;
- (e) zafirlukast; and
- (f) [2-[[2-(4-tert-butyl-2-thiazolyl)-5-benzofuranyl]oxymethyl]phenyl]acetic acid.

9. The use of claim 8, wherein the medicament further comprises a pharmaceutically acceptable carrier or excipient.

10. The use of claim 8 or 9, wherein the medicament further comprises a therapeutically effective amount of a decongestant, or a pharmaceutically acceptable salt thereof.

11. Use of a therapeutically effective amount of a terfenadine metabolite and a therapeutically effective amount of a leukotriene inhibitor in the preparation of a medicament for treating or preventing inflammation in a human;

wherein the terfenadine metabolite is a 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate, 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl-1 -piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid (fexofenadine), 1-[p-(2-hydroxymethyl-2-propyl)phenyl]-4-[4-(α -hydroxy- α -phenylbenzyl)-1 -piperidinyl]butanol, an optically pure stereoisomer thereof, or a pharmaceutically acceptable salt of any of the aforementioned compounds or stereoisomers; and

wherein the leukotriene inhibitor is selected from the group consisting of 5-lipoxygenase inhibitors, 5-lipoxygenase activating protein antagonists, leukotriene receptor antagonists, pharmaceutically acceptable salts thereof, and mixtures thereof;

with the proviso that when the terfenadine metabolite is fexofenadine, the leukotriene inhibitor is not selected from the group consisting of:

(a) montelukast;

(b) 1-(((R)-(3-(2-(6,7-difluoro-2-quinolinyl)ethenyl)phenyl)-3-(2-(2-hydroxy-2-propyl)phenyl)thio)methyl)cyclopropaneacetic acid;

(c) 1-(((1(R)-3(3-(2-(2,3 dichlorothieno [3,2-b] pyridin-5-yl)-(E)-ethenyl) phenyl)-3-(2(1-hydroxy-1-methylethyl)phenyl)propyl)thio)methyl)cyclopropaneacetic acid;

(d) pranlukast;

(e) zafirlukast; and

(f) [2-[[2-(4-tert-butyl-2-thiazolyl)-5-benzofuranyl]oxymethyl]phenyl]acetic acid.

12. The use of claim 11, wherein the medicament further comprises a pharmaceutically acceptable carrier or excipient.

13. The use of claim 11 or 12, wherein the medicament further comprises a therapeutically effective amount of a decongestant, or a pharmaceutically acceptable salt thereof.

14. Use of a therapeutically effective amount of a terfenadine metabolite and a therapeutically effective amount of a leukotriene inhibitor in the preparation of a medicament for treating or preventing asthma or a symptom thereof, an allergic condition, inflammation, and combinations thereof;

wherein the terfenadine metabolite is a 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate, 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl-1 -piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid (fexofenadine), 1-[p-(2-hydroxymethyl-2-propyl)phenyl]-4-[4-(α -hydroxy- α -phenylbenzyl)-1 -piperidinyl]butanol, an optically pure stereoisomer thereof, or a pharmaceutically acceptable salt of any of the aforementioned compounds or stereoisomers; and

wherein the leukotriene inhibitor is selected from the group consisting of 5-lipoxygenase inhibitors, 5-lipoxygenase activating protein antagonists, leukotriene receptor antagonists, pharmaceutically acceptable salts thereof, and mixtures thereof;

with the proviso that when the terfenadine metabolite is fexofenadine, the leukotriene inhibitor is not selected from the group consisting of:

(a) montelukast;

(b) 1-(((R)-(3-(2-(6,7-difluoro-2-quinolinyl)ethenyl)phenyl)-3-(2-(2-hydroxy-2-propyl)phenyl)thio)methyl)cyclopropaneacetic acid;

(c) 1-(((1(R)-3(3-(2-(2,3 dichlorothieno [3,2-b] pyridin-5-yl)-(E)-ethenyl) phenyl)-3-(2(1-hydroxy-1-methylethyl)phenyl)propyl)thio)methyl)cyclopropaneacetic acid;

(d) pranlukast;

(e) zafirlukast; and

(f) [2-[[2-(4-tert-butyl-2-thiazolyl)-5-benzofuranyl]oxymethyl]phenyl]acetic acid.

15. The use of claim 14, wherein the medicament further comprises a pharmaceutically acceptable carrier or excipient.

16. The use of claim 14 or 15, wherein the medicament further comprises a therapeutically effective amount of a decongestant, or a pharmaceutically acceptable salt thereof.

17. The use of claim 14, wherein the condition is asthma or a symptom thereof.

18. The use of claim 14, wherein the condition is an allergic condition.

19. The use of claim 14, wherein the condition is inflammation.

20. The use of claim 1, 2, 5, 6, 8, 9, 11, 12, 14, or 15, wherein the terfenadine metabolite is racemic fexofenadine, or a pharmaceutically acceptable salt thereof.

21. The use of claim 1, 2, 5, 6, 8, 9, 11, 12, 14, or 15, wherein the terfenadine metabolite is (R)-fexofenadine, or a pharmaceutically acceptable salt thereof substantially free of (S)-fexofenadine.

22. The use of claim 1, 2, 5, 6, 8, 9, 11, 12, 14, or 15, wherein the terfenadine metabolite is (S)-fexofenadine, or a pharmaceutically acceptable salt thereof substantially free of (R)-fexofenadine.

23. The use of claim 17, 18, or 19, wherein the amount of the terfenadine metabolite suitable for administration is from about 0.01 mg to about 500 mg per day.

24. The use of claim 23, wherein the amount of the terfenadine metabolite suitable for administration is from about 20 mg to about 200 mg per day.

25. The use of claim 1, 2, 5, 6, 8, 9, 11, 12, 14, or 15, wherein the leukotriene inhibitor is a 5-lipoxygenase inhibitor.

26. The use of claim 25, wherein the 5-lipoxygenase inhibitor is selected from the group consisting of zileuton, docebenone, piriprost, ICI-D2318, and mixtures thereof.

27. The use of claim 1, 2, 5, 6, 8, 9, 11, 12, 14, or 15, wherein the leukotriene inhibitor is a 5-lipoxygenase activating protein antagonist.

28. The use of claim 27, wherein the 5-lipoxygenase activating protein antagonist is selected from the group consisting of MK-591, MK-886, and mixtures thereof.

29. The use of claim 1, 2, 5, 6, 8, 9, 11, 12, 14, or 15, wherein the leukotriene inhibitor is a leukotriene receptor antagonist.

30. The use of claim 29, wherein the leukotriene receptor antagonist is selected from the group consisting of zafirlukast, montelukast, pranlukast, sodium 1-((R)-(3-(2-(6,7-difluoro-2-quinolinyl)ethenyl)phenyl)-3-(2-(2-hydroxy-2-propyl)phenyl)thio)methycyclopropaneacetate, 1-(((1 (R)-3-(3-

(2-(2,3-dichlorothieno[3,2-b]pyridine-5-yl)-(E)-ethenyl)phenyl)-3-(2-(1-hydroxy-1-methylethyl)phenyl)propyl)thio)methyl)cyclopropaneacetic acid, a salt thereof; and a mixture thereof.

31. The use of claim 1, 2, 5, 6, 8, 9, 11, 12, 14, or 15, wherein the medicament is suitable for administration as a nasal or oral spray.

32. The use of claim 1, 2, 5, 6, 8, 9, 11, 12, 14, or 15, wherein at least one of the terfenadine metabolite and the leukotriene inhibitor is suitable for administration as a nasal or oral spray.

33. The use of claim 1, 2, 5, 6, 8, 9, 11, 12, 14, or 15, wherein at least one of the terfenadine metabolite and the leukotriene inhibitor is suitable for administration in an oral solid dosage form.

34. A pharmaceutical composition which comprises a terfenadine metabolite and a leukotriene inhibitor selected from the group consisting of a 5-lipoxygenase inhibitor, 5-lipoxygenase activating protein antagonist, leukotriene receptor antagonist, and a mixture thereof;

wherein the terfenadine metabolite is a 4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate, 4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid (fexofenadine), 1-[p-(2-hydroxymethyl-2-propyl)phenyl]-4-[4-(α -hydroxy- α -phenylbenzyl)-1-piperidinyl]butanol, an optically pure stereoisomer thereof, or a pharmaceutically acceptable salt of any of the aforementioned compounds or stereoisomers;

wherein the 5-lipoxygenase inhibitor is selected from the group consisting of zileuton, docebenone, piriprost, ICI-D2318, and mixtures thereof;

wherein the 5-lipoxygenase activating protein antagonist is selected from the group consisting of MK-591, MK-886, and mixtures thereof;

wherein the leukotriene receptor antagonist is selected from the group consisting of zafirlukast, montelukast, pranlukast, sodium 1-((R)-(3-(2-(6,7-difluoro-2-quinolinyl)ethenyl)phenyl)-3-(2-(2-hydroxy-2-propyl)phenyl)thio)methylcyclopropaneacetate, 1-(((1 (R)-3-(3-(2-(2,3-dichlorothieno[3,2-b]pyridine-5-yl)-(E)-ethenyl)phenyl)-3-(2-(1 -hydroxy- 1 -methylethyl)phenyl)propyl)thio)methyl)cyclopropaneacetic acid, a salt thereof; and a mixture thereof;

with the proviso that when the terfenadine metabolite is fexofenadine, the leukotriene inhibitor is not selected from the group consisting of:

(a) montelukast;

(b) 1-(((R)-(3-(2-(6,7-difluoro-2-quinolinyl)ethenyl)phenyl)-3-(2-(2-hydroxy-2-propyl)phenyl)thio)methyl)cyclopropaneacetic acid;

(c) 1-(((1(R)-3(3-(2-(2,3 dichlorothieno [3,2-b] pyridin-5-yl)-(E)-ethenyl) phenyl)-3-(2(1-hydroxy-1-methylethyl)phenyl)propyl)thio)methyl)cyclopropaneacetic acid;

(d) pranlukast;

(e) zafirlukast; and

(f) [2-[[2-(4-tert-butyl-2-thiazolyl)-5-benzofuranyl]oxymethyl]phenyl]acetic acid.

35. The pharmaceutical composition of claim 34 further comprising a decongestant, or a pharmaceutically acceptable salt thereof.

36. The pharmaceutical composition of claim 34, wherein the composition comprises from about 0.01 to about 500 mg of the terfenadine metabolite and from about 20 mg to about 2,500 mg of the 5-lipoxygenase inhibitor.

37. The pharmaceutical composition of claim 34, wherein the composition comprises from about 0.01 to about 500 mg of the terfenadine metabolite and from about 2 mg to about 200 mg of the leukotriene receptor antagonist.

38. The pharmaceutical composition of claim 34, wherein the composition comprises from about 0.01 to about 500 mg of the terfenadine metabolite and from about 20 mg to about 2,500 mg of the 5-lipoxygenase activating protein antagonist.

39. The composition of claim 34, 35, 36, 37, or 38, wherein the terfenadine metabolite is racemic fexofenadine, or a pharmaceutically acceptable salt thereof.

40. The composition of claim 34, 35, 36, 37, or 38, wherein the terfenadine metabolite is (S)-fexofenadine, or a pharmaceutically acceptable salt thereof, substantially free of (R)-fexofenadine.

41. The composition of claim 34, 35, 36, 37, or 38, wherein the terfenadine metabolite is (R)-fexofenadine, or a pharmaceutically acceptable salt thereof, substantially free of (S)-fexofenadine.

42. The composition of claim 34, 35, 36, 37, or 38, suitable for administration as a nasal or oral spray.

43. The composition of claim 34, 35, 36, 37, or 38, wherein at least one of the terfenadine metabolite and the

leukotriene inhibitor is suitable for administration as a nasal or oral spray.

44. The composition of claim 34, 35, 36, 37, or 38, wherein at least one of the terfenadine metabolite and the leukotriene inhibitor is suitable for administration in an oral solid dosage form.

45. A pharmaceutical composition for treating or preventing asthma or a symptom thereof, an allergic condition, inflammation, and combinations thereof which comprises from 0.01 to 500 mg of a 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate, 4-[1-hydroxy-4-(4-hydroxydiphenylmethyl-1 -piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid, 1-[p-(2-hydroxymethyl-2-propyl)phenyl]-4-[4-(α -hydroxy- α -phenylbenzyl)-1-piperidinyl]butanol, an optically pure stereoisomer thereof, or a pharmaceutically acceptable salt of any of the aforementioned compounds or stereoisomers; and from 20 to 2,500 mg of 5-lipoxygenase inhibitor, or a pharmaceutically acceptable salt thereof.

46. A pharmaceutical composition for treating or preventing asthma or a symptom thereof, an allergic condition, inflammation, and combinations thereof which comprises from 0.01 to 500 mg of a terfenadine metabolite which is 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate, 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl-1 -piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid, 1-[p-(2-hydroxymethyl-2-propyl)phenyl]-4-[4-(α -hydroxy- α -phenylbenzyl)-1-piperidinyl]butanol, an optically pure stereoisomer thereof, or a pharmaceutically acceptable salt of any of the aforementioned compounds or stereoisomers; and from 2 to 200 mg of leukotriene receptor antagonist, or a pharmaceutically acceptable salt thereof;

with the proviso that when the terfenadine metabolite is fexofenadine, the leukotriene receptor antagonist is not selected from the group consisting of:

- (a) montelukast;
- (b) 1-(((R)-(3-(2-(6,7-difluoro-2-quinolinyl)ethenyl)phenyl)-3-(2-(2-hydroxy-2-propyl)phenyl)thio)methyl)cyclopropaneacetic acid;
- (c) 1-(((1(R)-3(3-(2-(2,3 dichlorothieno [3,2-b] pyridin-5-yl)-(E)-ethenyl) phenyl)-3-(2(1-hydroxy-1-methylethyl)phenyl)propyl)thio)methyl)cyclopropaneacetic acid;
- (d) pranlukast;
- (e) zafirlukast; and
- (f) [2-[[2-(4-tert-butyl-2-thiazolyl)-5-benzofuranyl]oxymethyl]phenyl]acetic acid.

47. A pharmaceutical composition for treating or preventing asthma or a symptom thereof, an allergic condition, inflammation, and combinations thereof which comprises from 0.01 to 500 mg of a 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl-1-piperidinyl)butyl]- α,α -dimethylbenzeneacetate, 4-[1 -hydroxy-4-(4-hydroxydiphenylmethyl-1 -piperidinyl)butyl]- α,α -dimethylbenzeneacetic acid, 1-[p-(2-hydroxymethyl-2-propyl)phenyl]-4-[4-(α -hydroxy- α -phenylbenzyl)-1-piperidinyl]butanol, an optically pure stereoisomer thereof, or a pharmaceutically acceptable salt of any of the aforementioned compounds or stereoisomers; and from 20 to 2,500 mg of 5-lipoxygenase activating protein antagonist, or a pharmaceutically acceptable salt thereof.