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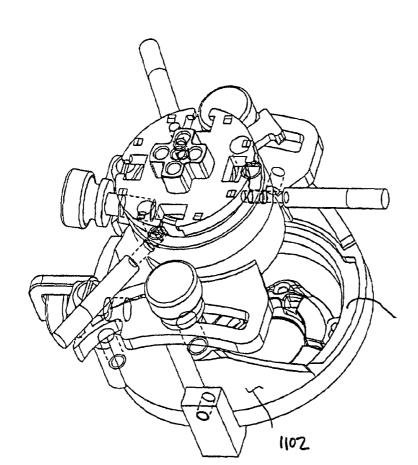
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(54) Title: DEEP ORGAN ACCESS DEVICE AND METHOD



(57) Abstract: Devices and methods provide accurate targeting, placement, and/or stabilization of an electrode or other instrument(s) into the brain or other body organ, such as to treat severe tremor or other neurological disorders. Targeting is performed using any form of image-guidance, including real-time MRI, CT, or frameless surgical navigation systems.

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#### DEEP ORGAN ACCESS DEVICE AND METHOD

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#### Cross-Reference To Related Application

This patent application claims the benefit of priority, under 35 U.S.C.

Section 119(e), to U.S. Provisional Patent Application Serial Number

60/195,663, filed April 7, 2000, the disclosure of which is incorporated herein by reference in its entirety.

#### Field of the Invention

This document relates generally to, among other things, surgical placement of a medical instrument deeply into an organ, such as a brain, and specifically, but not by way of limitation, to accurate targeting, placement, and/or acute or chronic stabilization of such an instrument.

#### Background

In placing a medical device or instrument deeply into an organ, such as a brain, it is often advantageous to precisely target, place, and then secure the device for a period of time that may be several days or even indefinitely. Examples of such devices include catheters, needles, and drug and biological agent delivery instruments, as well as electrical mapping, stimulating and/or ablation leads.

Targeting such a device is not always an exact science. The target is not always visible from preoperative images. Even when using image-guided minimally invasive techniques, with such imaging modalities magnetic resonance imaging (MRI), computed tomography (CT), frameless surgical navigation systems, and the like, there is often a need for some tweaking or small adjustment in trajectory to accurately hit the target. A single trajectory approach would mean that the need to move the target slightly laterally would require removing the device and then reintroducing it, sometimes as close as 2 mm away from the original entry site.

One approach to positioning an instrument, such as a deep brain stimulation electrode, uses a conventional stereotactic frame system that is secured to the patient. In this approach, preoperative images of the patient are used to determine the proper trajectory to the target, as measured and aligned relative to the frame. Using accessories mounted to the frame, the electrode is aligned and advanced through a burr hole in the skull to the predetermined target. A base is then inserted into and/or around the burr hole. Various "tool holes" and slots in the base are deformed as the base is slid over the electrode. The tool holes in the base are squeezed together as the base is inserted into the burr hole. When the base is released, it springs back outward against the inside diameter of the burr hole. The stereotactic accessories must then be carefully removed while holding the device in place. This step can be clumsy and inexact. If the electrode moves, it must be repositioned. Before securing the carefullypositioned device to the patient, the equipment used to introduce the device and maintain trajectory must be removed. This action can often dislodge the device requiring the entire placement procedure to be repeated. Even after the stereotactic accessories have been removed, the electrode or other device must be secured. This procedure may also cause electrode movement. In one example, a silicone rubber cap is fit into place to capture and protect the electrode. Placing the rubber cap may cause further electrode movement.

One disadvantage of this approach is that the instrument positioning is attempted using only a presumed target location, based on the preoperative images, and not an actual determination of the needed trajectory to the target. Another disadvantage is that the stereotactic frame system is both expensive and unwieldy. Yet another disadvantage is that the electrode may move at any one of several times during the procedure and therefore require repositioning. For these and other reasons, the present inventors have recognized that there is a need for improved targeting, placement, and secure stabilization of a deep brain electrode or other medical instrument.

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Summary

This document discusses, among other things a device and method for instrument targeting, placement, and/or stabilization. This system may be used with any instrument, but it is particularly useful with a deep brain neurological stimulation electrode to treat severe tremor or other disorders. The system allows any of a number of imaging modalities, including MRI, CT, and frameless surgical navigation. The MRI environment typically provides both real-time brain images and real-time MRI imaging of trajectory-alignment fiducial markings, although preoperative MRI images of the brain could also be used. The frameless surgical navigation typically uses retrospective brain images (e.g., previously-acquired preoperative MRI images of the brain) and real-time imaging recognition of trajectory-alignment fiducial markings (e.g., using light-emitting diodes, reflective globes, etc.). Both environments, therefore, provide image-guided alignment of the instrument's trajectory to the target location. Such techniques provide accurate placement of the electrode or other medical instrument. It also provides acute and/or chronic stabilization of the instrument. The system includes, among other things, an alignment/targeting system, an instrument introducer system, and a stabilizer system. Other aspects of the present system and methods will become apparent upon reading the following detailed description of the invention and viewing the drawings that form a part thereof.

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#### Brief Description of the Drawings

In the drawings, which are not necessarily drawn to scale, like numerals describe substantially similar components throughout the several views. Like numerals having different letter suffixes represent different instances of substantially similar components. The drawings illustrate generally, by way of example, but not by way of limitation, various embodiments discussed in the present document.

Figure 1 is a cross-sectional view example of an electrode that has been implanted and secured using the devices and methods discussed herein.

Figure 2 is a perspective view example of a base and a cap.

Figure 3 is an exploded perspective view example of an assembly of a base, a stabilizer, and a cap.

Figure 4 is a perspective view example of a stabilizer.

Figure 5 is an exploded perspective view example of a base, a stabilizer, 5 and a cap.

Figure 6 provides two perspective view examples of a base and a burrhole centering device.

Figure 7 is a perspective view example of a tool for placing the stabilizer, securing the introduced instrument, and removing the cap.

Figure 8 is a perspective view example of an instrument-securing base and a equipment-supporting base.

Figure 9 is another perspective view example of an instrument-securing base and an equipment-supporting base.

Figure 10 is a further perspective view example of an instrumentsecuring base and an equipment-supporting base.

Figures 11 and 12 are perspective view examples of a tower-like instrument alignment and introduction guide assembly, also referred to as a deep brain access device.

Figure 13 is an exploded perspective view example of portions of a deep 20 brain access device.

Figure 14 is a perspective view example of adjusting an instrument trajectory using portions of a deep brain access device with MRI, CT, or another imaging modality.

Figure 15 is a perspective view example of adjusting an instrument
trajectory using portions of a deep brain access device with a frameless surgical navigational system.

Figure 16 is a perspective view example of an MRI-imagable alignment stem.

Figure 17 is a perspective view example of an adapter for receiving a 30 frameless surgical navigation instrument.

Figure 18 is a perspective view example of a technique for introducing an instrument along the previously established trajectory using a peel-away sheath and stylet.

Figure 19 provides two perspective view examples of a multilumen insert portion of a deep brain access device.

Figure 20 is a perspective view example of a hub and stylets.

Figure 21 is a perspective view example of a single peel-away sheath.

Figure 22 is a perspective view example of a guide bridge mounted onto a multilumen insert of a deep brain access device.

Figure 23 is a perspective view example of an offset guide bridge.

Figure 24 is a perspective view example of a center guide bridge.

Figures 25 and 26 are perspective view examples, respectively, of a remote introducer mounted onto a deep brain access device.

Figure 27 is a perspective view alternate example of an instrumentsecuring base.

Figure 28 is a perspective view example of a ball-housing socket on a translational stage.

Figure 29 is a perspective view example of an alternate remote introducer mounted to a deep brain access device.

Figure 30 is a cross-sectional view example of an alternate deep brain access device.

Figure 31 is a perspective view example of a ball and inner sleeve with guide lumens.

Figure 32 provides various perspective and cross-sectional view examples of a peel-away sheath with depth markers, a stylet, and a deep brain access device receiving the sheath and stylet.

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Figure 33 provides various perspective and cross-sectional view examples of an alternate stabilizer.

Figure 34 provides various perspective view examples of another alternate stabilizer and accompanying tool.

Figure 35 provides various perspective and cross-sectional view examples of a guide alternative to the peel-away sheaths.

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Figure 36 provides a perspective and a cross-sectional view examples of a sheath having rotatable components for allowing side access, which is useful as an alternative to the peel-away sheath.

Figure 37 is a cross-sectional view example of an alternative deep brain access device, mounted to a skull, and a remote introducer mounted to the deep brain access device.

Figure 38 is a perspective view example of an alternative deep brain access device providing a pivoting base, an arc-like path, and a ball-and-socket movement for adjusting a trajectory of an instrument being introduced into the brain.

Figure 39 is a perspective view illustrating an alternate example of a multilumen insert including imaging-recognizable fiducial markings.

### **Detailed Description**

The following detailed description refers to the accompanying drawings, which form a part of this detailed description and illustrate specific embodiments of the invention. These embodiments are described in sufficient detail to enable those skilled in the art to practice the invention. However, other embodiments may be used, thus structural, logical and electrical changes may be made to this description without departing from the spirit and scope of the invention. The following detailed description is, therefore, not to be taken in a limiting sense, as the scope of the invention is defined only by the appended claims.

One example of trajectory guides for surgical applications is discussed in Truwit et al., International Patent Application No. PCT/US98/10008 (International Publication No. WO 98/51229), which is incorporated herein by reference.

Figure 1 is a cross-sectional view illustrating an example of a flexible primary medical instrument, such as an implanted deep brain neurostimulator electrode 100. Figure 1 also illustrates portions of a secondary medical device,

such as deep brain access device 102, and portions of a patient's brain in which electrode 100 and access device 102 are used. Electrode 100 includes a distal end 100A and a proximal end 100B. Proximal end 100B emerges from under a skin flap of the patient into which it has been inserted. Access device 102 includes, among other things, a base 104 access plate or ring secured concentrically around and/or in a burr hole 106 in the skull. Base 104 provides an access opening that is approximately the same diameter as a standard burr hole. Electrode 100 extends through burr hole 106 into a target location 108 in the brain, and is held in place by stabilizer 110. Access device 102 also includes a substantially rigid cap 112 that covers burr hole 106, stabilizer 110, and base plate 104, and is overlaid by a tapered low profile flexible (e.g., silicone or other elastomer) conformal cap 114 to soften the profile of the implanted apparatuses under the patient's scalp to more closely match the skull surface 116.

A suitable hole in conformal cap 114 and/or the overlying skin flap permits any upturned proximal portion 100B of electrode 100 to be exposed outside the skin flap, if desired. In this example, conformal cap 114 includes an engaging lip that mates with a lip of cap 112 or base 104. This holds conformal cap 114 in place.

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In one example, portions of access device 102 allow attachment by other apparatuses during targeting/alignment, positioning, and/or acutely or chronically securing the implanted instrument. Although designed for use with a trajectory alignment system, stabilizer 110 can be used alone to stabilize catheters, needles, and drug and biological agent delivery instruments, as well as electrodes used for any purpose (*e.g.*, electrical mapping, stimulation, or ablation) that have been placed using alternate targeting and placement methods and systems.

Figure 2 is a perspective view of an example base 104. In this example, base 104 is attached to the patient's skull by any suitable fastening device, such as bone screws 200A and 200B. Alternatively, base 104 is secured by threads that screw into burr hole 106. Other examples of attachment to the skull or other

portions of the patient's body include adhesive, suction and other techniques. Base 104 includes one or more grooves 202 for receiving the proximal end 100B of electrode 100, or other flexible instrument, which is laterally bent into groove 202 for conformally exiting base 104, so that proximal end 100B of electrode 100 lies generally parallel to the skull surface 116. Proximal end 100B of electrode 100 extends along skull surface 116 for a clinically appropriate distance. Cap 112 covers portions of burr hole 106, and the assembly of base 104 and electrode 100. In this example, base 104 includes recesses 204A-B, such as for receiving respective pry lip extensions 206A-B of cap 112.

Figure 3 is an exploded view illustrating an example of an assembly of base 104, stabilizer 110, and cap 112. Cap 112 includes a relatively larger top 300 and a relatively smaller, generally cylindrical base 302. Cap 112 includes male finger or female receptacle snap-fits 304 (or other attachment device(s)) that are coupled to respective mating female receptacle or male finger snap-fits 306 of base 104 so that, when assembled, cap 112 is coupled to base 104, within its center opening 307, and covers stabilizer 110. The cylindrical base portion 302 of cap 112 includes at least one opening 308 permitting electrode 100 to exit base 104 via groove 202.

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In the example of Figure 3, stabilizer 110 includes a disk 310 coupled to
20 a cam 312. Cam 312 rotates, with respect to disk 310, about an axis
perpendicular to the plane of disk 310, to create and substantially close opening
314 in which electrode 100 is either passed freely (when open) or clamped
(when closed) Thus, cam 312 is understood to include any form of clamping
device. Figure 3 illustrates cam 312 in its open position. Stabilizer 110 also
25 includes snap-fits or other fastening features for coupling it to base 104. In the
example of Figure 3, stabilizer 110 can be snapped into base 104 in any
rotational orientation. That is, the user can rotate stabilizer 110 a full 360
degrees to choose a specific rotational orientation with respect to base 104, and
then snap stabilizer 110 into base 104 at that orientation. Moreover, elongate
30 opening 314 extends radially from the center of the disk-like stabilizer 110 to its

outer circumference. Along with the full rotational coupling capability of stabilizer 110, this allows an instrument, such as electrode 100, to be clamped within opening 314 in any location over the full area of opening 307 in base 104. This provides additional precision in placing the electrode 100 or other instrument.

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Figure 4 is a perspective view illustrating a closer view of stabilizer 110 in which cam 312 is in a closed position. Figure 4 also illustrates coupling features 400A-B for coupling stabilizer 110 to base 104. In this example, one or more recesses 402A-B, or other engaging features, is provided. By using a tool that engages at least one of recesses 402A-B, stabilizer 110 can be placed into base 104 and snap-coupled thereto. Cam 312 also includes one or more recess 404, or other engaging feature. By using a tool that engages recess 404, cam 312 can be moved between open and substantially closed positions. In this example, cam 312 also includes a catch 406 that prevents unwanted accidental movement of cam 312 into the open position when cam 312 is intended to be in the closed position to secure electrode 100 or other medical instrument. In this manner, cam 312 locks into the closed position, and is opened by pressing down on a tool engaging recess 404. This allows catch 406 to slide under disk 310.

Figure 5 is an exploded view of an alternate embodiment in which stabilizer 110 includes strain relief features 500A-B, either of which may be used to secure a small amount of slack in electrode 100 or other instrument. Also in this example, a plurality of grooves 202 in base 104, and a corresponding plurality of grooves 308 in cap 112, allows electrode 100 to laterally exit base 104.

Figure 6 provides two perspective views of an example base positioner 600 device for centering base 104 around burr hole 106 (of known diameter) in the skull. A distal portion 602 of positioner 600 is appropriately sized to be received into center opening 307 of base 104 and further into burr hole 106. This centers base 104 concentrically around burr hole 106. Bone screws 200A-B are temporarily captured within openings in extension wings 604A-B of

positioner 600, such that bone screws 200A-B are aligned to corresponding openings in base 104. Bone screws 200A-B are then loosely secured to the patient's skull, such that base 104 is properly positioned and centered around burr hole 106. Wings 604A-B are scored or otherwise constructed so as to separate when bone screws 200A-B are more securely tightened, thereby releasing bone screws 200A-B so that they can fasten base 104 to the patient's skull. Positioner 600 is then removed, such as by snapping it out of base 104, leaving base 104 securely fastened in the proper position with respect to burr hole 106.

Figure 7 is a perspective view of an example of a tool 700 for performing procedures with respect to, among other things, base 104, cap 112, and/or stabilizer 110. In this example, tool 700 includes a handle 702, a first engaging arm 704, and a second engaging arm 706. The end of arm 704 is appropriately sized to engage one of recesses 402A-B of disk 310 of stabilizer 110 for placing stabilizer 110 into base 104. The end of arm 706 is appropriately sized to engage recess 404 in cam 312 for moving cam 312 between its open and closed positions. In this example, at least one of ends 704 and 706 is appropriately sized for being inserted into one of recesses 204A-B (see Figure 2) of base 104, and under one of corresponding extensions 206A-B for prying cap 112 away from base 104.

Figure 8 is a perspective view of an example of a different base, such as support base 800. In this example, support base 800 provides a ring-like or any other (e.g., cylindrical) suitable platform 802 for supporting other surgical equipment, such as for targeting/alignment of the trajectory of the instrument being introduced, and/or for introducing the instrument after such proper alignment is obtained. In this example, the equipment support base 800 is separate from instrument securing base 104, however, these two bases could alternatively be integrally formed or otherwise joined. In the example of Figure 8, however, support base 800 is secured directly to the patient's skull over and around securing base 104, using bone screws 804A-C through legs extending

downward from platform 802, by using any other appropriate affixation technique.

Figure 9 is a perspective view of an alternate example of a base 800, secured directly to the patient's skull by four bone screws 804A-D through respective legs extending downward from platform 802. This four-legged example advantageously allows for a smaller incision (e.g., in the direction of the instrument exit slot of base 104) into the patient's skull than the three-legged example of Figure 8. Because the legs in the example of Figure 9 are closer together than the legs in the example of Figure 8, the skin does not have to be laterally spread apart as far to allow placement of the example of Figure 9. Such a reduced lateral skin-spreading in turn reduces the required length of the incision slit.

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Figure 10 is a perspective view of an alternate example of a support base 800. In this example, support base 800 is secured by any suitable means to instrument-securing base 104, which, in turn, is secured to the patient's skull, such as discussed above. In the example of Figure 10, legs 1000A-D space platform 802 away from base 104. Each of legs 1000A-D includes one or more snap-fit features 1002 for engaging corresponding mating features on base 104. Tightening screws 1004A-B are each captured by a respective threaded portion of platform 802, and extend downward to press against base 104 when base 104 and platform 802 are snapped together. By adjusting screws 1004A-B, support base 800 is backed away from instrument-securing base 104 so that these two bases are more tightly coupled to each other. This provides added stability to platform 802.

Figures 11 and 12 are perspective views of an example of a tower-like instrument alignment and introduction guide assembly, also referred to as a deep brain access device 1100. DBA device 1100 can also be regarded as including base 104, stabilizer 110, cap 112, and support base 800. A tower base 1102 of device 1100 snaps onto and rotates upon the ring-like or other platform 802 of Figures 8 – 10, such as by one or more snap-fitting side blocks 1104. Side

blocks 1104 provide added stability to prevent tower base 1102 from rocking from side-to-side on platform ring 802. A curved saddle 1106 is coupled to and seated on a curved portion of tower base 1102, such as by at least one arcuate sliding joint, as illustrated. The curved portions of saddle 1106 and tower base 1102 can be tilted with respect to each other to alter a trajectory angle of an instrument being introduced, and can be secured to fix this aspect of the trajectory angle of the instrument.

An affixation mechanism, such as thumbscrew 1108, passes through an opening in tower base 1102 and engages a portion of platform 802 to prevent further rotation of tower base 1102 with respect to platform 802 once a desired rotational position has been obtained. In this example, a capturing device, such as L-shaped arm 1110, retains thumbscrew 1108 together with tower base 1102.

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Another affixation mechanism, such as thumbscrew 1112, passes through a slotted opening (tilt slot) in saddle 1106 and engages a portion of tower base 1102 to prevent further riding of the curved portion of saddle 1106 along the curved portion of tower base 1102 once a desired trajectory angle has been obtained. This example also includes attachment fasteners 1113A-B passing through corresponding slots in saddle 1106 for additionally securing saddle 1106 to tower base 1102. Attachment fasteners 1113A-B include screws passing through respective retainer brackets, each of which includes a curved surface conforming to a curved surface of saddle 1106.

Also in this example, an interior portion of a socket 1114 on saddle 1106 provides a socket portion of a ball-and-socket joint. An affixation mechanism, such as thumbscrew 1116, passes through a threaded opening in socket 1114 to secure the position of a ball housed therein. Socket 1114 also includes fine-tuning thumbscrews 1118A-C, which pass through threaded openings in socket 1114 for further adjusting the exact position of a ball within socket 1114. Socket 1114 further carries a multilumen instrument guide insert assembly 1120. Multilumen insert 1120 includes a tapered sleeve that is releasably coupled, by

release tab 1122 and associated structure(s), within a cylindrical opening through the spherical ball housed within socket 1114.

To release the multilumen insert 1120 from the ball, the tab 1122 is pressed inward toward the sleeve. This forces or wedges a portion of the release tab 1122 against a top portion of the ball and aids in releasing the multilumen insert 1120 from the ball. The top portion of multilumen insert 1120 provides a multilumen guide having a plurality of openings, such as the center opening 1124A and side openings 1124B-E; these openings are also referred to as lumens. Openings 1124B-E are spaced apart from center opening 1124A by a known predetermined distance. Therefore, if electrode 100 is inserted through center opening 1124A, and misses its target location 108 in the brain, it can be inserted into one of the side openings 1124B-E, without readjusting the trajectory, to reach a target at a known distance away from center opening 1124A in the plane of the multilumen insert 1120. In this example, multilumen insert 1120 also includes T-shaped receptacles or recesses 1126A-D for receiving further equipment, as discussed below. In one embodiment, multilumen insert 1120 includes one or more fiducial points (e.g., LEDs, reflective globes, or microcoils), such as for trajectory alignment in a frameless surgical navigation system or in an MRI environment.

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Figure 13 is an exploded perspective view of an example of portions of deep brain access device 1100, including instrument-securing access base 104, support base 800, tower base 1102, saddle 1106, socket 1114A, ball 1300, multilumen insert 1120, and other associated components. As illustrated in Figure 13, tower base 1102 includes a bottom or groove portion 1302 that engages platform 802, such as using hooked side blocks 1104, and allows tower base 1102 to rotate about the ring-like or other platform 802.

Figure 13 also illustrates a cylindrical opening 1306 through ball 1300, which is seated in socket 1114A. Multilumen insert 1120 includes a tapered sleeve 1308 or barrel portion that fits snugly within opening 1306. Release 1122 includes a ring portion that fits over the exterior of sleeve 1308. To release

multilumen insert 1120 from ball 1300, the tab portion of release 1122 is pressed inward toward sleeve 1308. This forces or wedges a portion of release 1122 against the top portion of ball 1300 and aids in releasing sleeve 1308 of multilumen insert 1120 from ball 1300. The tapered barrel provided by sleeve 1308 of multilumen insert 1120 includes, in one example, a closed end with openings corresponding to lumens 1124A-E of multilumen insert 1120.

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Figure 14 is a perspective view illustrating an example of adjusting an instrument trajectory using portions of deep brain access device 1100 with MRI, CT, PET, or another imaging modality. In Figure 14, multilumen insert 1120 has been removed, and an imagable reference device, such as alignment stem 1400, has been inserted into the cylindrical passageway of ball 1300 in its place. In this example, alignment stem 1400 includes at least two fiducial points that are recognizable by the imaging modality. The various above-described positioning mechanisms of deep brain access device 1100 are adjusted to make the fiducial points collinear with the target location 108 in the brain. In one example, this may include adjusting the rotation of tower 1102 on platform 802, adjusting the tilt of saddle 1106 with respect to tower 1102, adjusting the spherical position of ball 1300 within socket 1114, and then fine tuning the exact position of ball 1300 using one or more of screws 1118A-C. The imaging modality includes a computer or other processor that provides a display indicating the relative alignment between the trajectory of alignment stem 1400 and target location 108. This display further indicates when the trajectory becomes collinear with target location 108 during the positioning process. The positioning mechanisms provide locking devices that are then locked in, and the alignment stem 1400 is replaced by multilumen insert 1120 for continuing the procedure of introducing electrode 100 or other instrument along this trajectory to target location 108 in the brain.

Figure 15 is a perspective view illustrating an example of adjusting an instrument trajectory using portions of deep brain access device 1100 in conjunction with a frameless surgical navigational system. Examples of such

systems use LEDs, light reflecting globes, or other spatially-separated fiducial markers to establish a desired instrument trajectory orientation. In the frameless example of Figure 15, multilumen insert 1120 remains in place within the cylindrical passageway of ball 1300. Adapter 1500 is inserted into center lumen 1124A of multilumen insert 1120. In this example, adapter 1500 includes a center-bored seat 1502 that snugly receives a portion of frameless navigation reference device instrument. The frameless navigation reference instrument provides spatially-separated fiducial points that are recognized by the frameless imaging modality. These fiducial points are viewed, using the appropriate imaging modality, while the various positioning mechanisms of the deep brain access device are adjusted, to orient the instrument's trajectory toward the desired target location 108 in the brain, then locked in. The frameless navigation instrument is then removed from center-bored seat 1502 of adapter 1500. Adapter 1500 is then removed from center lumen 1124A of multilumen insert 1120 for continuing the procedure of introducing electrode 100 or other instrument along this trajectory to brain target location 108.

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Figure 16 is a perspective view illustrating an example of alignment stem 1400 when separated from deep brain access device 1100. In this example, alignment stem 1400 is filled with an imagable fluid provided through a one-way valve 1600 at a proximal end of alignment stem 1400. A distal end of alignment stem 1400 includes a protuberance or other extension 1602. In this example, extension 1602 is a thin cylindrical container having a distal tip 1604. Distal tip 1604 is located at the pivot point of ball 1300 when ball 1300 is seated in socket 1114 of saddle 1106. In this example, imagable fiducial points are provided at proximal valve 1600 and distal tip 1604. The trajectory is established by adjusting the various positioning mechanisms of deep brain access device 1100 so that these imagable fiducial points are collinear with target location 108 in the brain. In one example, the exact position of target location 108 is obtained using real-time imaging of the brain while the positioning mechanisms of deep brain access device 1100 are being adjusted. In another example, preoperative brain

images are used to determine the position of target location 108 while adjusting the various positioning mechanisms of deep brain access device 1100. Figure 16 also illustrates a release mechanism 1606, which includes knob 1608 and ramp 1610. By imparting a force on knob 1608 toward ball 1300, ramp 1610 engages the top of ball 1300 to assist in releasing alignment stem 1400 from the cylindrical passageway of ball 1300. Then, multilumen insert 1120 is reinserted into the cylindrical passageway of ball 1300, for introducing electrode 100 or other medical instrument(s) through lumen(s) 1124 of multilumen insert 1120.

Figure 17 is a perspective view illustrating an example of frameless adapter 1500 when separated from deep brain access device 1100. In this example, adapter 1500 includes stainless steel pin, having a distal tip 1700, that is appropriately sized for being inserted into center lumen 1124A of multilumen insert 1120. When fully inserted, distal tip 1700 is located the pivot point of ball 1300 when ball 1300 is seated in socket 1114 of saddle 1106. In this example, a frameless navigation instrument with frameless imagable fiducial points is inserted into center-bored seat 1502 at the proximal end of adapter 1500, or onto the outer portion of adapter 1500, or otherwise coupled to adapter 1500 by any other appropriate coupling technique.

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Figure 18 is a perspective view illustrating an example of a technique for introducing an instrument along the previously established trajectory to target location 108 in the brain. In Figure 18, multilumen insert 1120 is used to guide a distal end of a secondary medical instrument, such as an elongate lumenal catheter or peel-away sheath, for example, one of sheaths 1800A-C, toward target location 108. Before sheath 1800 is inserted into one of lumens 1124A-E of multilumen insert 1120, however, a stylet is inserted through a hollow center bore or lumen of sheath 1800. This prevents coring of brain tissue by the hollow center bore of sheath 1800 and, in one embodiment, provides additional rigidity for performing the insertion and obtaining an accurate path along the established trajectory toward target location 108.

The example of Figure 18 illustrates a triple sheath assembly 1802, with linearly-arranged sheaths 1800A-C, appropriately spaced apart for being inserted into three linearly-arranged lumens 1124 of multilumen insert 1120. This example similarly illustrates a triple stylet assembly 1804 in which three linearly-arranged stylets are spaced apart for insertion in the linearly-arranged 5 sheaths 1800A-C. This triple sheath/stylet illustration is merely an example. The exact number of sheaths 1800 and corresponding stylets being introduced ranges from a single sheath/stylet to the number of available lumens 1124 in multilumen insert 1120. After sheath assembly 1802 and stylet assembly 1804 10 has been guided approximately to target location 108, stylet assembly 1804 is removed and a guide bridge is secured to multilumen insert 1120 for guiding electrode 100 into the center bore of one of sheaths 1800A-C for positioning electrode 100 at target location 108. The sheaths 1800A-C are then removed by pulling apart handles 1806A-B. In the illustrated example, each sheath 1800 breaks into two pieces as it is being extracted.

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Figure 19 provides two perspective views of an example of multilumen insert 1120, which includes the tapered barrel-like sleeve 1308 that is inserted into center hole 1306 of ball 1300. Lumens 1124A-E extend from the top of multilumen insert 1120 through the barrel sleeve 1308. As discussed above, side lumens 1124B-E are appropriately radially-spaced (e.g., 3 millimeters, center-tocenter) from center lumen 1124A to provide capability for repositioning of electrode 100 by a known amount by simply removing electrode 100 from center lumen 1124A and reinserting it into a desired one of side lumens 1124B-E. Figure 19 also illustrates receptacles 1126A-D, opposing pairs of which are used for receiving a guide bridge or other equipment desired to be mounted to the top of multilumen insert 1120.

Figure 20 is a perspective view illustrating an alternate example of a stylet assembly 2000, including a hub 2002 for uniting 1-5 stylets 2004A-C for insertion into corresponding peel-away or other sheaths inserted through corresponding lumens 1124 of multilumen insert 1120. In one embodiment, hub

2002 includes a Touhy-Borst adapter, or other suitable adapter for gripping stylets 2004A-C.

Figure 21 is a perspective view illustrating an example of a single peel-away sheath 2100 including a distal tip 2102, a proximal end 2104, and a center bore or lumen extending therebetween. Handles 2106A-B are included at proximal end 2104. Sheath 2100 is peeled away and extracted by pulling apart handles 2106A-B.

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Figure 22 is a perspective view illustrating an example of a guide lumen selector, such as guide bridge 2200 having tabs or legs that are snap-mounted onto an opposing pair of receptacles 1126A-D of multilumen insert 1120. In this example, guide bridge 2200 includes a cylindrical guide tube 2202 extending upward from a base portion of guide bridge 2200. Guide tube 2202 includes a center bore hole 2204 for passing electrode 100 or other instrument therethrough. A proximal portion of guide tube 2202 includes a lip 2206 extending outward circumferentially around the perimeter of guide tube 2202. In one example, the center bore hole 2204 is tapered inward in a direction away from lip 2206. That is, an inner diameter of bore hole 2204 necks down so the instrument passed therethrough is automatically centered as it approaches the base portion of guide bridge 2200. In this example, guide bridge 2200 also assists in holding the sheath(s) in place as the electrode is being passed through a sheath to target location 108. The handle portions of the sheath do not pass through guide tube 2202, but instead, exit under the sides of guide bridge 2200. In one example, guide bridge 2200 includes a wedge-like ridge on its underside to assist in splitting the peel-away sheath.

Figures 23 and 24 are perspective views illustrating an offset guide bridge 2300 and a center guide bridge 2400, respectively. Lumens 1124A-E provide a primary guide device for electrode 100 or other instrument, and the selected one of offset guide bridge 2300 and center guide bridge 2400 provides a secondary guide device for electrode 100 or other instrument. Offset guide bridge 2300 is selected when the instrument being introduced is intended to pass

through one of side lumens 1124B-E in multilumen insert 1120. In this example, guide tube 2202 is offset from the center of the base of offset guide bridge 2300, such that its center bore 2204 is aligned with one of side lumens 1124B-E of multilumen insert 1120. Alignment with the particular desired side lumen is obtained by appropriately rotating the orientation of offset guide bridge 2300 and snapping tabs 2302A-B into corresponding opposing pairs of receptacles 1126. By contrast, in center guide bridge 2400, guide tube 2202 is centered on the base portion of center guide bridge 2400, such that its center bore 2204 aligns with center lumen 1124A of multilumen insert 1120 when center guide bridge 2400 is snapped into opposing pairs of receptacles 1126 of multilumen insert 1120. In each of the examples of Figures 23 and 24, an outside portion of lip 2206 is threaded for engaging other equipment. Alternatively, other equipment may be mounted onto guide tube 2202 by using a compression fit to a threaded or unthreaded lip 2206.

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15 Figures 25 and 26 are perspective views of deep brain access device 1100, on which a center guide bridge 2400 is mounted to multilumen insert 1120. In these examples, an introducer 2500 mechanism is mounted onto guide tube 2202 using a compression fitting to lip 2206. Introducer 2500 includes a slide 2502 mechanism on which a sliding clamp 2504 rides toward and away 20 from deep brain access device 1100 and, therefore, toward and away from burr hole 106 in the skull or other entry portal. Clamp 2504 holds the electrode 100 or other instrument being introduced. In one example, introducer 2500 is operated remotely by controls 2506A-B to slide clamp 2504 along slide 2502, and therefore, to introduce the instrument being held by clamp 2504 into and/or 25 out of the brain along the predetermined trajectory in a controlled manner. One example of an appropriate remote introducer 2500 is the Fathom® Remote Introducer available from Image-Guided Neurologics, Inc. of Melbourne, Florida U.S.A. Another example of an appropriate remote introducer 2500 is described in Skakoon et al. U.S. Patent Application Serial No. , entitled "Medical 30 Device Introducer," filed on April 5, 2001 and assigned to the assignee of the

present patent application, the disclosure of which is incorporated herein by reference in its entirety.

Figure 27 is a perspective view of an alternate example of an instrument-securing base 2700. In this example, base 2700 is centered around burr hole 106 and secured to the skull using bone screws 2702A-D extending through openings in leg portions. Base 2700 includes two opposing mating slides 2704A-B that move toward and away from each other, and that mate and engage each other to clamp electrode 100 or other instrument therebetween. One or more slots 202 are provided for providing a lateral exit for electrode 100, as discussed above. Other equipment is either attached directly to the skull around base 2700, or attached indirectly to the skull, though base 2700, such as by snapping or clamping such equipment to receiving sides 2706A-B.

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Figure 28 is a perspective view of a ball-housing socket 2800, used as an alternative to socket 1114. In this example, socket 2800 rides on a sliding translational stage 2802 on a mount 2804 coupled to saddle 1106 or other portion of deep brain access device 1100. This example includes a squeeze release 2806 for disengaging mount 2804 from saddle 1106 or other affixation point of deep brain access device 1100. Alternatively, mount 2804 is affixed to securing base 2700 by a hooked engagement mechanism 2808 that engages an underside of securing base 2700, or by using any other appropriate coupling technique. Thumbscrew 2810 engages a threaded opening in mount 2804 and also engages and controls translational movement of sliding stage 2802. Thumbscrew 2812 engages a threaded opening in mount 2804 and secures the position of stage 2802 to prevent unwanted translational movement after its desired position is obtained. Either thumbscrew may be captured to prevent accidental separation from mount 2804.

Figure 29 is a perspective view illustrating a remote introducer 2900, provided as an alternative to introducer 2500. In this example, introducer 2900 is coupled to a portion of deep brain access device 2901, such as by using a Touhy-Borst adapter 2902 threaded onto a lip of a guide tube, similar to lip 2206

of guide tube 2202. In this example, electrode 100 is inserted through a peel-away sheath 2100 (after removing a stylet). Sheath 2100 is secured to a squeeze-release clamp 2904 that slides toward and away from the skull along slide 2906. In this example, advancement and retraction of clamp 2904 is remotely controlled using controls 2506A-B.

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Figure 30 is a cross-sectional view illustrating a deep brain access device 3000, provided as an alternative to deep brain access device 1100. In this example, base 104 is secured to the skull using bone screws. A pedestal or tower 3002 is secured to base 104 as illustrated or, alternatively, is secured directly to the skull. Tower 3002 includes a socket 3004 housing a ball 3006. Ball 3006 includes a center opening that receives a rotating inner barrel sleeve 3008. In this example, sleeve 3008 includes one or more lumens 3010A-C extending therethrough for passing and guiding instruments, sheaths, stylets, etc. An affixation device, such as thumbscrew 3012, fixes the position of ball 3006 when the desired trajectory alignment has been obtained, such as by using the MRI, CT, PET, or frameless navigational guidance techniques discussed above. Proximal portions of lumens 3010A-C include recesses for snapping into place lips on devices inserted therein, such as alignment stem (or frameless adapter) 3014 and/or Luer stem 3016. A remote introducer may be attached to Luer stem 3016, as discussed above. Luer stem 3016 may include a wedge 3018, for assisting in splitting a peel-away sheath inserted through corresponding lumen 3010 before Luer stem 3016 is inserted therein. Luer stem 3016 may also include orientation tabs 3020 to appropriately align the wedge to provide the desired assistance in splitting the peel-away sheath.

Figure 31 is a perspective view illustrating an example of ball 3006 and sleeve 3008, including an illustration of the ball-and-socket movement of ball 3006 and rotational movement of sleeve 3008 within ball 3006. In this example, lumens 3010 include associated transverse grooves 3100 extending laterally in opposite directions from the lumens 3010 to opposing edges of sleeve 3008.

Grooves 3100 receive and/or hold peel-away portions of one or more peel-away sheaths inserted into respective lumens 3010.

Figure 32 provides various perspective and side views of portions of deep brain access device 3000 and associated components. In this example, a three prong titanium stylet 3200 assembly is inserted into corresponding lumens of a triple peel-away plastic sheath 3202 assembly. One or more prongs of sheath 3202 includes depth markers 3204. The combined sheath 3202 and stylet 3200 is inserted into corresponding lumens 3010 of guide sleeve 3008 to the desired depth, as indicated by depth markers 3204 on sheath 3202. The proximal portion of sheath 3202 is then separated as illustrated in Figure 32 and flattened out laterally. Wedge 3206 on a proximal handle portion of stylet 3200 may assist in splitting sheath 3202. This establishes the prongs of sheath 3202 at the desired depth. Stylet 3200 is then removed, and electrode 100 or another instrument is introduced into position through the sheath 3202.

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Figure 33 provides exploded perspective and cross-sectional views of a stabilizer 3300, which can serve as an alterative to stabilizer 110. In this example, stabilizer 3300 includes a substantially rigid ring-like base 3302, a substantially rigid upper plate, 3304, and a soft middle plate 3306 interposed between upper plate 3304 and lower ring 3302. Upper plate 3304 and middle plate 3306 include corresponding openings 3308. A neurostimulating electrode 100 or other instrument is passed through one of these openings 3308. A soft male protuberance around the opening in middle plate 3306 is received within a female receptacle around the opening in upper plate 3304. When upper plate 3304 is clamped down against base 3302, the soft protuberance is squeezed against the electrode 100, holding it securely in place.

Figure 34 is a perspective view of an stabilizer 3400, which provides an alternative to stabilizer 110. In this example, stabilizer 3400 is rubber or any other flexible material that tends to return to its original shape. A spreader 3402 is used to open a slot 3406 in stabilizer 3400, which is then inserted into an instrument-securing base-plate fastened to the skull. When electrode 100 or

other instrument is properly positioned, the spreader is removed, allowing stabilizer 3400 to return to its original shape with the slot 3406 closed around the electrode 100 to hold it securely in place.

Figure 35 provides a perspective view and several cross-sectional views illustrating a sheath-substitute guide 3500, which provides an alternative to the peel-away sheaths discussed above. In this example, guide 3500 includes one or more elongate guides 3500A-C that do not have a central bore lumen for guiding an instrument through. Instead, each guide 3500A-C includes a cross-section that is formed for guiding an instrument along its side. In this example, the cross-section is crescent-shaped so as to provide a degree of mating to the outer 10 diameter of electrode 100, stylet 3502, or other instrument that is introduced into the patient along the side of the guide 3500. In one example, guide 3500 is introduced in tandem with removable stylet 3502, which provides additional rigidity to the introduction process. In another example, guide 3500 is 15 introduced without removable stylet 3502. Because guide 3500 does not use a central bore lumen, coring of brain tissue during its introduction may be of less concern. Guide 3500 allows access to the adjacent electrode 100 along its entire length, allowing electrode 100 to be gripped and/or secured very close to the skull (such as using instrument-securing base 104) before guide 3500 is 20 removed. This prevents excessive movement of electrode 100 during extraction of guide 3500, which provides more accurate placement of electrode 100 or other instrument.

Figure 36 provides a perspective view and a cross-sectional view illustrating a sheath 3600 assembly, which provides another alternative to the peel-away sheaths discussed above. In this example, sheath 3600 assembly includes one or more elongate sheaths 3600A-C. Each elongate sheath 3600 includes an open slot along its length, or a portion thereof. In the illustrated example, each elongate sheath 3600 includes two C-shaped portions 3602A-B that rotate with respect to each other by manipulating a handle portion of the sheath 3600. When the C-shaped portions 3602A-B are rotated into a closed

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position, they together effectively provide a central lumen 3604 through which electrode 100 or other instrument may be passed. When the C-shaped portions 3602A-B are rotated into an open position, they together effectively provide an open slot along their length, allowing access to electrode 100 or other instrument that has been inserted therethrough. This allows electrode 100 to be gripped and/or secured very close to the skull (such as using instrument-securing base 104) before sheath 3600 is removed. This prevents excessive movement of electrode 100 during extraction of sheath 3600, which provides more accurate placement of electrode 100 or other instrument. In this example, stylet(s) may be inserted into the lumen 3604 before sheath 1600 is introduced, to avoid coring of brain tissue.

Figure 37 is a cross-sectional view illustrating an example of deep brain access device 3000 mounted onto the patient's skull with remote introducer 2500 mounted onto Luer stem 3016, which is snapped into central lumen 3010B.

Neurostimulating electrode 100 is held by introducer 2500, and passed through central lumen 3010B to target location 108 of the brain.

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Figure 38 is a cross-sectional view illustrating an alternate example of a deep brain access device 3800. This example illustrates a base 3802, which is centered around burr hole 106 and secured to the skull. A tower 3804 is secured to base 3802 or, alternatively, directly to the skull. Tower 3804 includes mounting legs 3806 and 3808, which are affixed to base 3802 or to the skull. The mounting legs 3806 and 3808 are coupled to a pedestal 3810 by pivot pins 3812 and 3814. Pins 3812 and 3814 are aligned to provide a longitudinal axis about which pedestal 3810 pivots until locked in place by thumbscrew 3816, which engages one of the pins 3812 and 3814. Thus, pedestal 3810 would be capable of pivoting into and out of the drawing of Figure 38.

In the example of Figure 38, pedestal 3810 includes an arc 3818 extending between leg extensions 3820A-B that are coupled to pivot pins 3812 and 3814. Arc 3818 is curved, so that a center portion 3822, away from leg extensions 3820A-B, would be more distant from the viewer of Figure 38 than

the portions of arc 3818 that are closer to leg extensions 3820A-B. Arc 3818 includes a slot 3824 extending substantially along its length between leg extensions 3820A-B. A socket 3826 engages and rides along slot 3824, until locked into position by securing thumbscrew 3828 against arc 3818. Socket 3826 houses a ball 3006 that can be adjusted spherically until locked into place by one or more thumbscrews. Ball 3006 includes a center sleeve 3008 having one or more lumens, as discussed above with respect to Figure 30. In the example of Figure 38, a Luer stem 3016 is snapped into a center lumen of sleeve 3008, and a remote introducer 2500 is mounted onto the Luer stem for guiding electrode 100 to target location 108.

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Figure 39 is a perspective view illustrating an alternate example of a multilumen insert 1120. In this example, multilumen insert 1120 includes one or more fiducial markers 3900A-C (e.g., LEDs, reflective globes, or MRI-imagable microcoils), such as for trajectory alignment in a frameless surgical navigation system or in an MRI environment. This illustration shows three such imagable fiducial markers 3900A-C defining a plane. Fiducials 3900A-C are supported on respective arms extending from an attachment extension 3902, which is coupled by an fastener, such as screw 3904, to an arm 3906 that extends upward and outward from the planar face plate 3908 of multilumen insert 1120. This coupling is performed (e.g., using integral alignment guides or, alternatively, performing a calibration adjustment) so that a predetermined known spatial relationship exists between the plane formed by imagable fiducials 3900A-C and the plane of face plate 3908, which is orthogonal to the instrument trajectory axis through each of lumens 1124A-E. Consequently, imaging fiducials 3900A-C are viewed in conjunction with adjusting the various positioning mechanisms of the deep brain access device to obtain and fix the desired instrument trajectory with respect to the entry portal. Although, in this example, imaging fiducials 3900A-C are illustrated as being attached and in a known spatial relationship to plate 3908, imaging fiducials 3900A-C may alternatively be attached to any other component of the deep brain access device so as to establish a known spatial

relationship between the fiducials 3900A-C and an axial trajectory provided by one or more of lumens 1124A-E. As another alternative, any component of the deep brain access device includes an adapter for receiving one of several commercially available surgical navigation instruments. Such surgical navigation instruments similarly provide imaging-recognizable fiducials. Such an adapter should be oriented such that the spatial relationship between the surgical navigation instrument and the instrument trajectory is known, thereby allowing imaging of the fiducials to assist in adjusting the trajectory to target location 108.

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The discussed devices and methods may be used in with frameless surgical navigation or with MRI or other imaging. Such techniques permit realtime determination and confirmation of anatomical placement of the instrument for improving targeting and placement accuracy. Other advantages include, among other things, an alignment apparatus that uses a localized coordinate system in which positioning and aligning is based on a coordinate system relative to the patient's skull and the skull entry point rather than a stereotactic frame; real-time imaging that eliminates the need for retrospective imaging and also allows direct confirmation of the anatomical placement; an anatomically determined initial targeting angle (the angle between the body or skull surface and the theoretical target) that is selected based on the patient's actual anatomy; a unique center-of-arc principle using rotation about the nominal trajectory axis. thus simplifying optimization of the first angular adjustment; a locking ball-andsocket arrangement for easy and accurate direct targeting under real-time imaging or frameless surgical navigation; peel-away or alternative sheaths that allow the device to be easily secured into position; access to the base plate assembly so that the electrode can be captured at the surface of the skull immediately after successful placement and before disassembly of the targeting apparatus; and visible (under the imaging method chosen, e.g., under CT or MRI) alignment stems.

Similarly, the stabilization system provides for *in situ* stabilization immediately upon proper placement, through use of a disk and cam arrangement, thus eliminating inadvertent movement during disassembly of the alignment apparatus, and reducing the likelihood of the electrode moving after

5 implantation; the snap-fit solid cap protects the electrode and its capture mechanism from damage; the stabilization system is substantially sealed to minimize ingress and egress; the base plate is securely attached to the body; a special tool facilitates placement of the base plate correctly into the burr hole, thus assuring adequate clearance for proper assembly of all parts, as well as prepositioning apparatus for easy attachment; and the electrode is captured by clamping it in a gap between two parts, therefore electrode damage cannot occur because the gap size is limited by a physical stop.

Although the examples primarily discuss targeting, placement, and stabilization of a deep brain electrode, this is just an example of one of the possible procedures that can be done using the body portal type trajectory guide. Numerous other procedures will be accomplished using this device. In addition, the device will give rise to other future surgical procedures.

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It is to be understood that the above description is intended to be illustrative, and not restrictive. For example, the above-described embodiments may be used in combination with each other. Many other embodiments will be apparent to those of skill in the art upon reviewing the above description. The scope of the invention should, therefore, be determined with reference to the appended claims, along with the full scope of equivalents to which such claims are entitled. In the appended claims, the terms "including" and "in which" are used as the plain-English equivalents of the respective terms "comprising" and "wherein."

#### What Is Claimed Is:

1. A method including:

securing a base portion of a guide lumen carrying assembly around an entry portal in a surface;

rotating at least a portion of the guide lumen carrying assembly about a first axis that is substantially concentric to the entry portal and substantially orthogonal to the surface; and

tilting at least a portion of the assembly so that a second axis, extending concentrically through the guide lumen, is at a desired angle with the first axis.

2. The method of claim 1, further including spherically adjusting a portion of the guide-lumen carrying assembly to orient a trajectory provided by the second axis in a desired direction with respect to the entry portal.

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- 3. The method of claim 2, further including fixing a position of the guide lumen.
- 4. The method of claim 3 in which fixing the position of the guide lumen includes at least one of: securing the rotating portion of the guide-lumen assembly; securing the tilting portion of the guide-lumen carrying assembly; and securing the spherically adjustable portion of the guide lumen carrying assembly.
- 5. The method of claim 2, in which spherically adjusting includes adjusting an orientation of a ball housed in a socket.
  - 6. The method of claim 5, in which spherically adjusting includes moving a position of the ball within the socket using at least one threaded member engaging the ball.

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7. The method of claim 1, further including fixing a position of the guide lumen.

- 8. The method of claim 1, further including introducing an instrument through the guide lumen and the portal substantially along a trajectory provided by the second axis.
- 9. The method of claim 8, in which introducing the instrument includes introducing at least one instrument selected from the group consisting essentially of a sheath, a stylet, a guide, a primary medical instrument, and an electrode.

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- 10. The method of claim 8, in which introducing the instrument includes: coupling a sliding clamp to a portion of the guide-lumen carrying assembly; clamping a portion of the instrument to the clamp; and advancing the sliding clamp toward the entry portal.
- 11. The method of claim 8, in which introducing the instrument includes: inserting a stylet into a lumen of a sheath; and advancing the stylet and sheath through the guide lumen and the entry portal.
- 12. The method of claim 11, further including removing the stylet from the lumen of the sheath.
- 13. The method of claim 12, further including inserting an electrode into the lumen of the sheath and through the guide-lumen and through the entry portal.
  - 14. The method of claim 13, further including retracting the sheath from the entry portal by peeling the sheath into more than one piece.
- 30 15. The method of claim 13, further including adjusting a distance by which the sheath extends into the entry portal by viewing an indicator on the sheath.

16. The method of claim 1, further including receiving, into the guide-lumen, a portion of an imagable device.

- The method of claim 16, in which receiving the portion of the imagable device includes receiving an imagable device selected from the group consisting essentially of an MRI-imagable alignment stem, a CT-imagable alignment stem, and a frameless surgical navigation instrument.
- 10 18. The method of claim 16, in which the rotating and tilting are performed in conjunction with real-time viewing of the imagable device, using a corresponding imaging modality, to align a trajectory of the second axis with a target location located through the entry portal beyond the surface.
- 15 19. The method of claim 1, further including:
  securing a base access plate to the surface around the entry portal;
  introducing an instrument through the entry portal to a target location
  beyond the surface; and

securing the introduced instrument to the base access plate.

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- 20. The method of claim 19, further including concentrically aligning the base access plate to the entry portal.
- 21. The method of claim 20, in which the aligning includes:
- inserting a screw-carrying positioner through an opening in the base access plate and into the entry portal to position the base access plate concentrically around the entry portal;

screwing the base access plate to the surface, thereby releasing the screws from the screw-carrying positioner; and

removing the positioner.

22. The method of claim 19, in which securing the introduced instrument includes clamping the introduced instrument.

- 23. The method of claim 19, further including laterally exiting the instrument 5 from the base plate.
  - 24. The method of claim 1, further including capping the entry portal.
- 25. The method of claim 1, further including introducing an instrument through the guide lumen and the entry portal toward a target location beyond the surface of the entry portal.
  - 26. The method of claim 25, in which the guide lumen is a first guide lumen, and further including reintroducing the instrument through a second guide lumen offset from the first guide lumen by a predetermined distance.
  - 27. The method of claim 1, in which the guide lumen carrying assembly provides a plurality of guide lumens, and further including selecting a particular one of the guide lumens for introducing an instrument by at least one of orienting and coupling a guide lumen selector to the guide lumen carrying assembly.
  - 28. A method including: securing a base access plate to a surface around an entry portal; introducing an instrument through the entry portal to a target location
- beyond the surface; and securing the introduced instrument to the base access plate.
  - 29. The method of claim 28, further including concentrically aligning the base access plate to the entry portal.

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30. The method of claim 28, in which the aligning includes:
inserting a screw-carrying positioner through an opening in the base access
plate and into the entry portal to position the base access plate concentrically around

the entry portal;

screwing the base access plate to the surface, thereby releasing the screws from the screw-carrying positioner; and

removing the positioner.

- 31. The method of claim 28, in which securing the introduced instrument includes clamping the introduced instrument.
  - 32. The method of claim 28, in which securing the introduced instrument includes:

selecting an orientation of a stabilizing clamp from a full 360 degree range
of available orientations with respect to the base access plate; and
coupling the stabilizing clamp to the base access plate in the selected
orientation.

- 33. The method of claim 32, further including:
- selecting a radial position of the introduced instrument in an elongate opening extending from a center region of the stabilizing clamp; and clamping the introduced instrument at the selected radial position.
- 34. The method of claim 28, further including laterally exiting the instrument 25 from the base plate.
  - 35. The method of claim 28, further including capping the entry portal.
  - 36. The method of claim 28, further including:
- securing a base portion of a guide lumen carrying assembly around an entry portal in a surface;

rotating at least a portion of the guide lumen carrying assembly about a first axis that is substantially concentric to the entry portal and substantially orthogonal to the surface; and

slidably tilting at least a portion of the assembly so that a second axis,
extending concentrically through the guide lumen, is at a desired angle with the first axis.

#### 37. A method including:

securing a base portion of a multiple primary guide lumen carrying assembly around an entry portal in a surface;

orienting a secondary guide lumen, with respect to a plurality of coupling locations of the primary guide lumen carrying assembly, such that the secondary guide lumen aligns with a desired one of the multiple primary guide lumens; and

coupling the secondary guide lumen to the primary guide lumen carrying assembly in the selected orientation.

- 38. The method of claim 37, further including introducing an instrument through the secondary guide lumen and the aligned one of the primary guide lumens.
- 20 39. The method of claim 38, further including:
  introducing a sheath into the aligned one of the primary guide lumens; and
  holding the sheath at the secondary guide lumen as the instrument is inserted

through the secondary guide lumen and the aligned one of the primary guide lumens

through the sheath.

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- 40. The method of claim 39, further including securing the instrument near the secondary guide lumen before removing the sheath.
- 41. The method of claim 40, in which removing the sheath includes pulling the sheath out in a plurality of pieces.

#### 42. A method including:

introducing a sheath through a portal in a surface to a target location; introducing an instrument through the sheath to the target location; rotating first and second portions of the sheath with respect to each other to

5 create an access opening in the sheath above the surface of the portal, thereby exposing a portion of the instrument;

securing an exposed portion of the instrument; and removing the sheath.

#### 10 43. A method including:

securing a base portion of a guide lumen carrying assembly around an entry portal in a surface, the guide lumen providing a trajectory axis, and the body portal providing a portal normal axis that is orthogonal to the surface of the body portal;

adjusting an angle between the trajectory axis and the portal normal axis by

pivoting an arcuate portion of the guide lumen carrying assembly with respect to the
base; and

adjusting the angle between the trajectory axis and the portal normal axis by sliding a portion of the guide lumen carrying assembly along the arcuate portion of the guide lumen carrying assembly.

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- 44. The method of claim 43, further including spherically adjusting the guide lumen with respect to the arcuate portion of the guide lumen carrying assembly.
- 45. The method of claim 43, further including introducing a primary medical device along the trajectory axis.
  - 46. An access device including:
    - a mounting unit having a mounting plane; and
- a primary guide assembly that defines at least one insertion axis, the guide 30 assembly being attached to the support structure by at least one joint.

47. The access device of claim 46, in which the at least one joint includes a rotating joint allowing rotation of the primary guide structure about a rotation axis normal to the mounting plane.

- 5 48. The access device of claim 47, further including a first locking device that fixes an orientation of the rotating joint.
  - 49. The access device of claim 47, in which the at least one joint includes an arcuate sliding joint capable of adjusting an insertion angle of at least one insertion axis with respect to the mounting plane.
  - 50. The access device of claim 49, in which the at least one joint includes a ball and socket joint, coupled to the arcuate sliding joint, allowing further adjustment of the insertion angle.

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- 51. The access device of claim 50, further including a third locking device that fixes the ball and socket joint within a range of motion.
- 52. The access device of claim 50, in which the primary guide assembly is detachable from the ball-and-socket joint, a portion of the primary guide assembly fitting within a ball of the ball-and-socket joint using a tapered outside surface so that the primary guide assembly is held in the ball by a wedge formed by the tapered outside surface.
- 53. The access device of claim 50, in which the ball-and-socket joint further includes a plurality of ball adjustment contacts, each ball adjustment contact being adjustable with respect to a socket of the ball-and-socket joint, and each ball adjustment contact being in communication with the ball.

54. The access device of claim 53, in which the plurality of ball adjustment contacts include threaded members that are threaded through the socket, and contact the ball.

- 5 55. The access device of claim 49, further including a second locking device that fixes the insertion angle within a range of motion.
  - 56. The access device of claim 46, further including a reference device coupled to the primary guide assembly wherein the reference device locates at least one of the insertion axes.
  - 57. The access device of claim 56, in which the reference device includes a number of light emitting diodes.
- 15 58. The access device of claim 56, in which the reference device includes a number of light reflectors.
  - 59. The access device of claim 56, in which the reference device includes one or more electrical coils.
  - 60. The access device of claim 46, in which at least one insertion axis includes a central insertion axis and a peripheral insertion axis.
- 61. The access device of claim 46, in which at least one insertion axis includes a central insertion axis and four peripheral insertion axes.
  - 62. The access device of claim 46, further including a secondary guide device, having a secondary insertion axis, the secondary guide device being coupled to the primary guide assembly.

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63. The access device of claim 62, in which the secondary insertion axis is collinear with the central insertion axis.

- 64. The access device of claim 62, in which the secondary insertion axis is collinear with one of the peripheral insertion axes.
  - 65. An access system including:

an access device including:

a mounting unit having a mounting plane;

a primary guide assembly that defines at least one insertion axis, the guide assembly being attached to the mounting unit by at least one joint; and

an alignment device coupled to the primary guide assembly, a portion of the alignment device being visible using an imaging device.

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- 66. The access system of claim 65, in which the alignment device includes a fluid filled stem that is visible using magnetic resonance imaging (MRI).
- 67. The access system of claim 65, further including a processor that indicates when the insertion axis is aligned with a target within a patient.
  - 68. An access system including:

an access device including:

a mounting unit having a mounting plane;

a primary guide assembly that defines at least one insertion axis, the guide assembly being attached to the mounting unit by at least one joint; and

30 69. The access system of claim 68, further including at least one stylet adapted for insertion through the at least one sheath.

at least one sheath adapted for insertion through the primary guide assembly.

70. The access system of claim 69, in which the sheath covers a first longitudinal portion of the stylet, leaving a second longitudinal portion of the stylet exposed.

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- 71. The access system of claim 68, in which the sheath includes a peel-away portion.
- 10 72. The access system of claim 68, in which the sheath includes:
  - a first sheath portion; and
  - a second sheath portion capable of rotating with respect to the first sheath portion such that when rotated from a first position to a second position a longitudinal sheath opening is exposed.

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- 73. An access system including: an access device including:
  - a mounting unit having a mounting plane;
  - a primary guide assembly that defines at least one insertion axis, the guide assembly being attached to the mounting unit by at least one joint; and
  - a device introducer that controllably moves a primary device along the insertion axis.
- 25 74. The access system of claim 73, in which the device introducer includes a locally mounted indicator device that is capable of locating a position of a primary medical device along the insertion axis.
- 75. The access system of claim 74, in which the locally mounted indicator device includes at least one of a linear encoder and a potentiometer.

76. An access system including: an access device including:

a mounting unit having a mounting plane;

a primary guide assembly that defines at least one insertion axis, the guide assembly being attached to the mounting unit by at least one joint; and

a fixing device coupled to the mounting unit, the fixing device being capable of fixing the location of a primary device along the insertion axis.

- 10 77. The access system of claim 76, wherein the fixing device includes:
  - a body, the body having an opening with a first surface;
  - a fixing unit, the fixing unit having a second surface that is adjustable with respect to the first surface; and
- a locking device capable of holding the fixing unit in a position with respect to the body such that the first and second surfaces engage the primary medical device, fixing it in a location along the insertion axis.
  - 78. The access system of claim 77, further including a cap that is capable of substantially covering an insertion opening in the mounting unit.

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- 79. The access system of claim 78, further including a groove that allows a primary device to remain fixed in a location along the insertion axis, while the insertion opening is covered with the cap.
- 25 80. The access system of claim 76, further including a removable centering device, the removable centering device including:
  - a centering body;
  - a number of insertion opening contacts coupled to the centering body; and an attachment device that is removably coupled to the mounting unit during
- 30 a mounting procedure.

81. An access device including:

a mounting unit having a mounting plane;

a primary guide assembly that defines at least one insertion axis, the guide assembly being attached to the support structure by a number of joints including:

a pivot joint capable of adjusting a first insertion angle of at least one insertion axis with respect to a first direction in the mounting plane; and an arcuate sliding joint capable of adjusting a second insertion angle of at least one insertion axis with respect to a second direction in the mounting plane.

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- 82. The access device of claim 81, further including a ball-and-socket joint, coupled to the arcuate sliding joint, allowing further adjustment of the orientation of the primary guide assembly.
- 15 83. The access device of claim 82, further including a device introducer coupled to the primary guide assembly that controllably moves a primary device along the insertion axis.
  - 84. A primary device retention system including:
- a base having a mounting plane and an insertion opening, the base being capable of being attached to a body; and
  - a fixing device coupled to the base, the fixing device being capable of fixing the location of a primary device within the body.
- 25 85. The system of claim 84, wherein the fixing device includes:
  - a first portion, the first portion having an opening that includes a first surface;
  - a second portion, the second portion having a second surface that is adjustable with respect to the first surface; and

a locking device capable of holding the second portion in a position with respect to the first portion such that the first and second surfaces engage the primary device, fixing it in a location within the body.

- 5 86. The system of claim 85, in which the fixing device is coupled to the base such that the fixing device is capable of rotating about an axis normal to the mounting plane.
- 87. The system of claim 86, in which the first surface includes a radially oriented planar surface.
  - 88. The system of claim 87, in which the base includes: at least one opening to accommodate a proximal portion of the primary device;
- the fixing device being capable of rotating the radially oriented planar surface into alignment with the at least one opening and fixing the location of the primary device within the body while the proximal portion of the primary device is routed in the at least one opening.
- 20 89. The system of claim 84, further including a cap that is capable of covering the insertion opening in the base.
  - 90. A device for immobilizing a primary instrument, including: a base; and
- attached to the base, a stabilizer to engage the instrument, the stabilizer including a movable cam to define an opening sized and shaped to immobilize the instrument.
- 91. A device for immobilizing a primary instrument, including: a base;

a resilient lower plate stabilizer to engage the instrument, the lower plate stabilizer being configured to rest on the base and including at least one flexible opening sized and shaped to at least partially surround the instrument when normally relaxed and to immobilize the instrument when compressed inwardly toward the instrument; and

an upper plate that is relatively more rigid than the resilient lower plate stabilizer, configured to rest on the resilient lower plate, and comprising a feature complementary to the normally relaxed size and shape of each flexible opening of the resilient lower plate stabilizer, yet shaped and sized to compress each such flexible opening inwardly upon compression of the upper plate and lower plate together.

- 92. A device for immobilizing a primary instrument, including: a base:
- attachable to the base, a resilient detachable C-shaped stabilizer to engage the instrument, the C-shaped stabilizer being configured to rest on the base and defining a flexible wedge-shaped angular opening sized and shaped to immobilize the instrument when normally relaxed yet release the instrument when expanded circumferentially away from the instrument; and
  - attachable to the wedge-shaped opening of the C-shaped stabilizer, a separate spreader that includes a pair of surfaces angularly spaced from each other by an amount greater than the amount of the flexible wedge-shaped angular opening of the resilient C-shaped stabilizer when normally relaxed.

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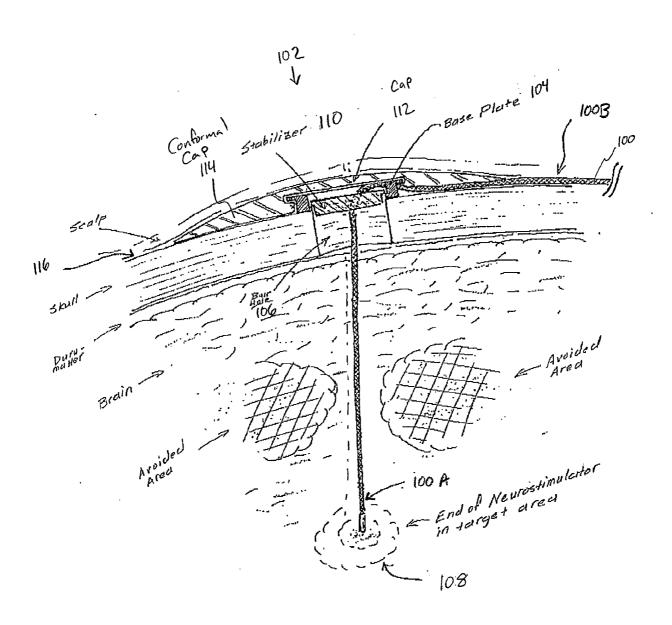


FIGURE 1

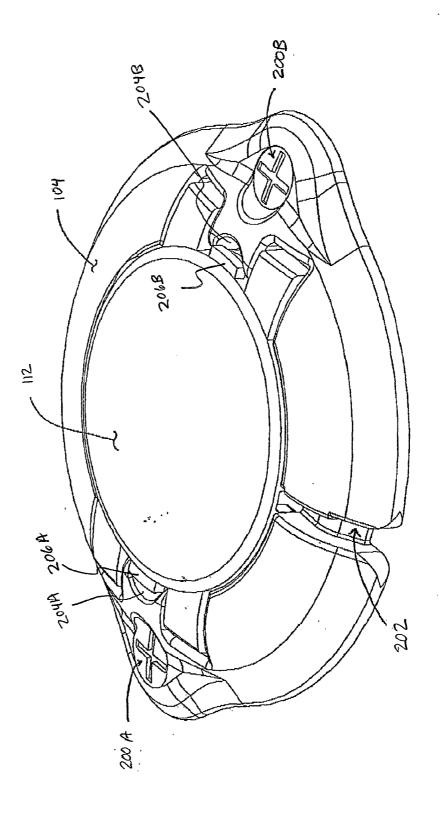
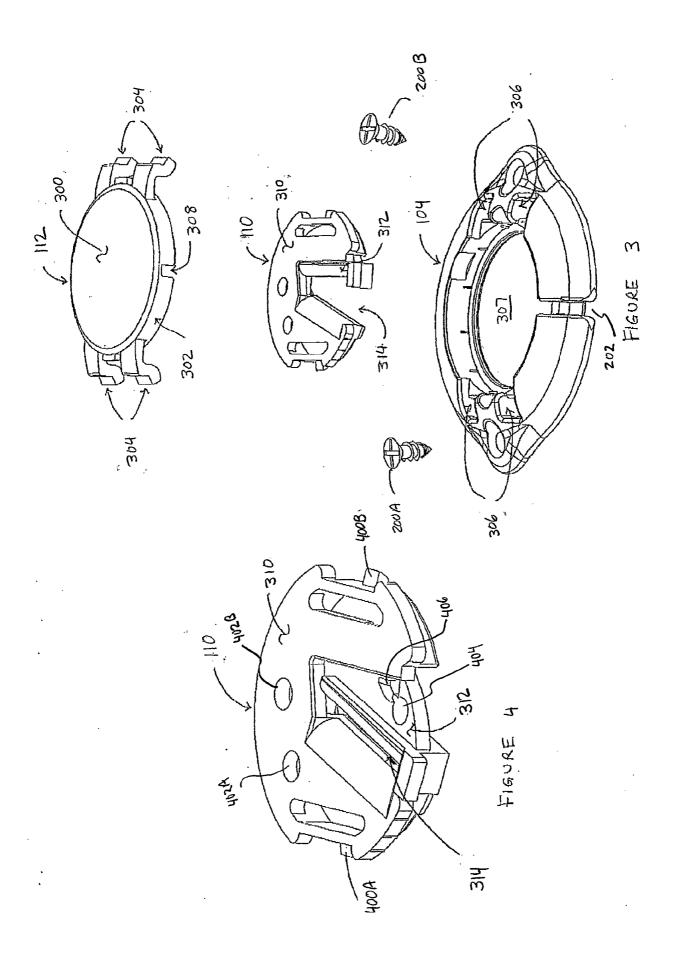
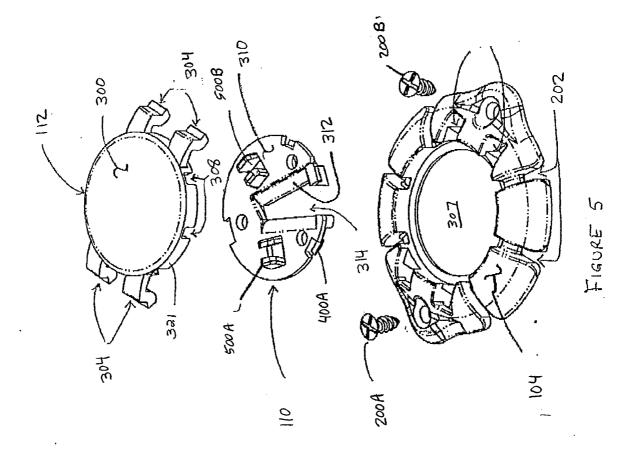
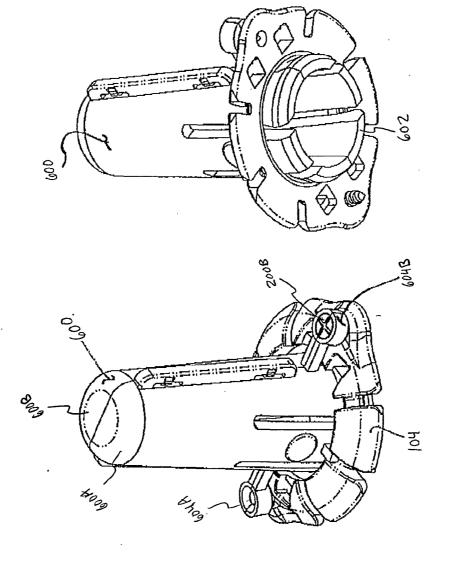


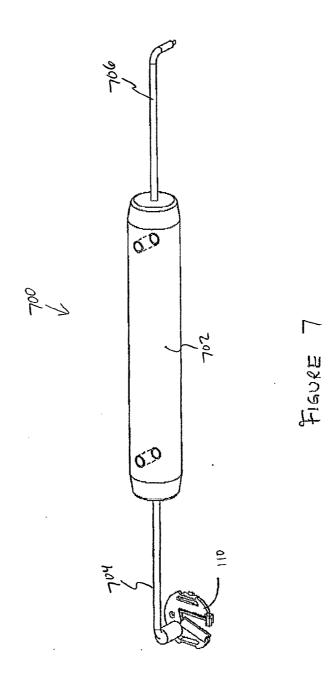
FIGURE 2



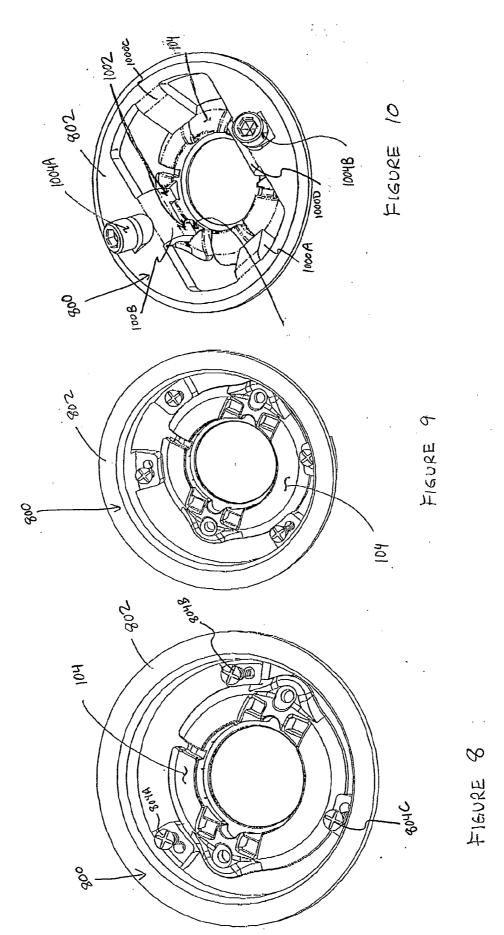




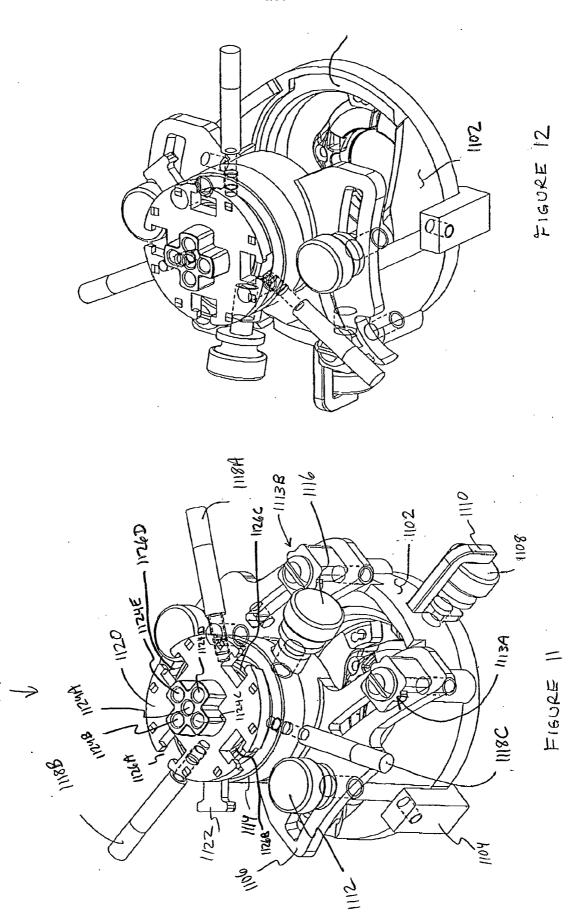
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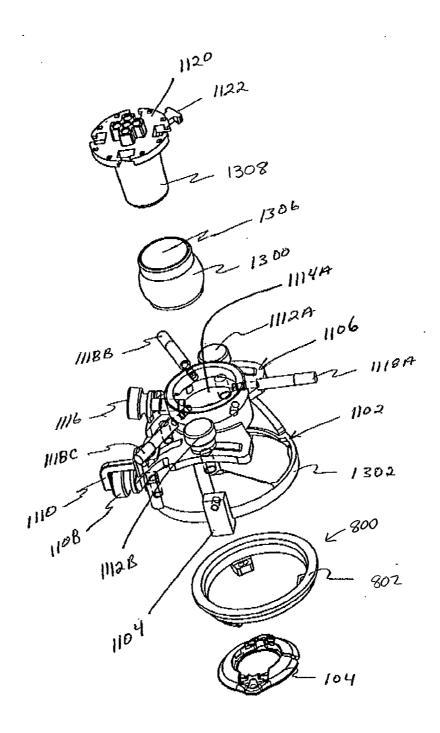
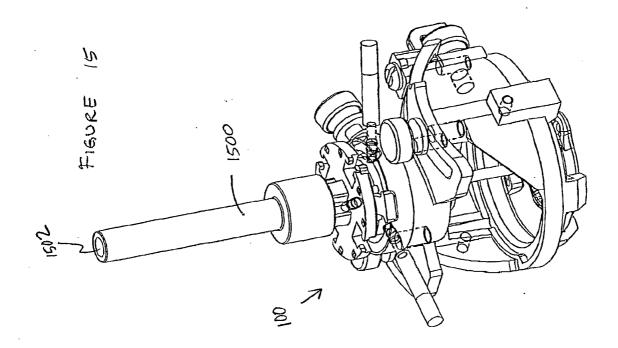
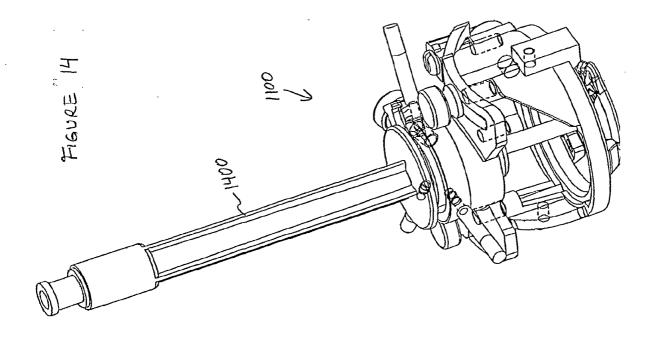
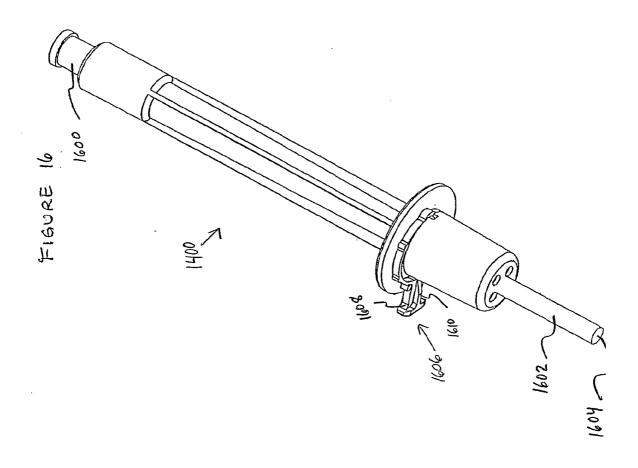
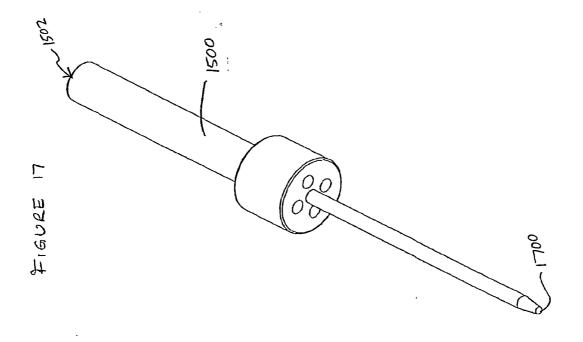


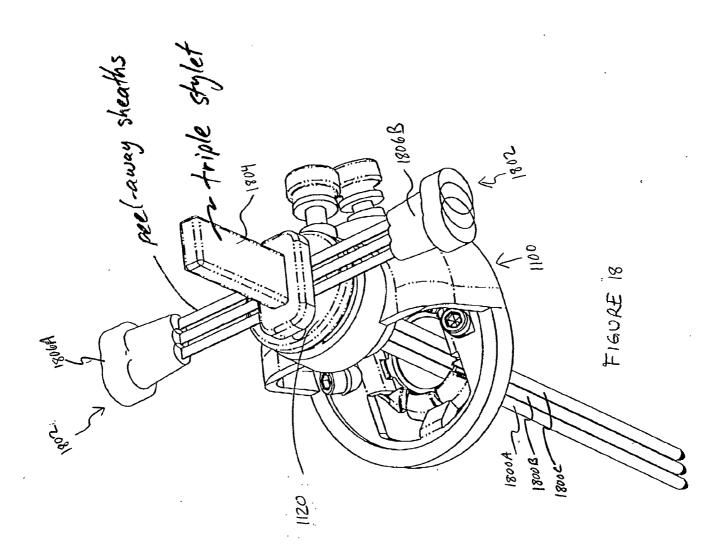
Figure 13











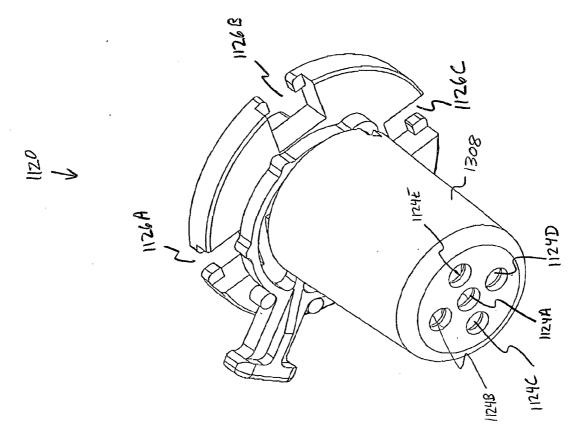
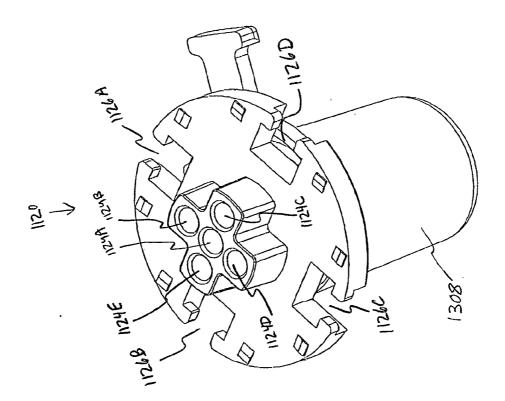
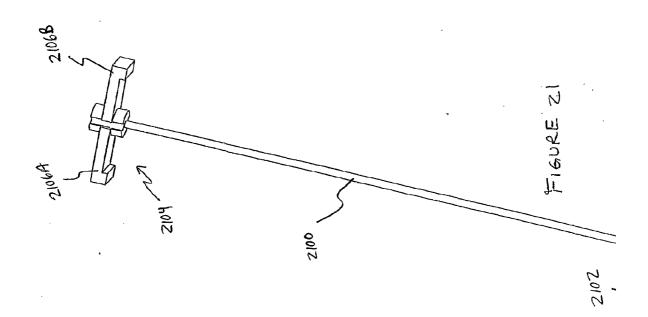
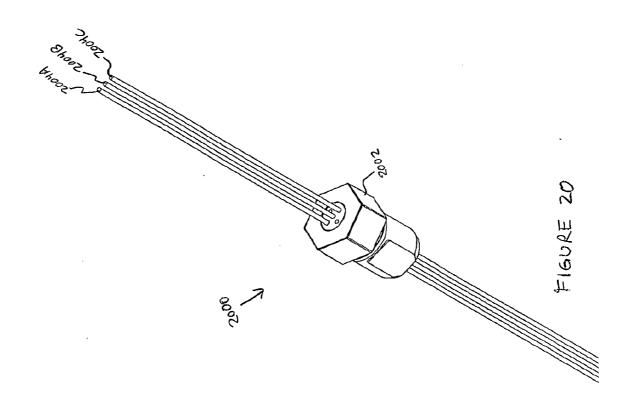
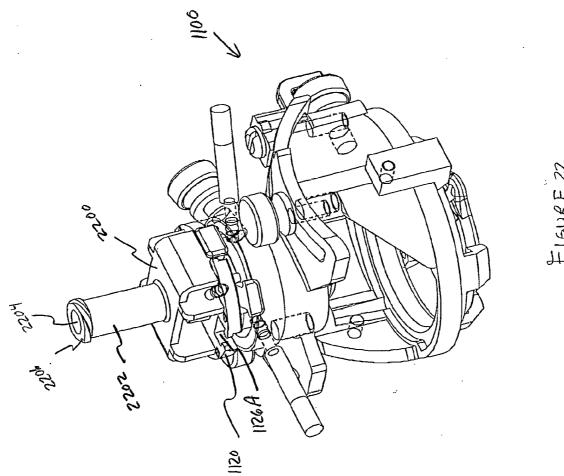


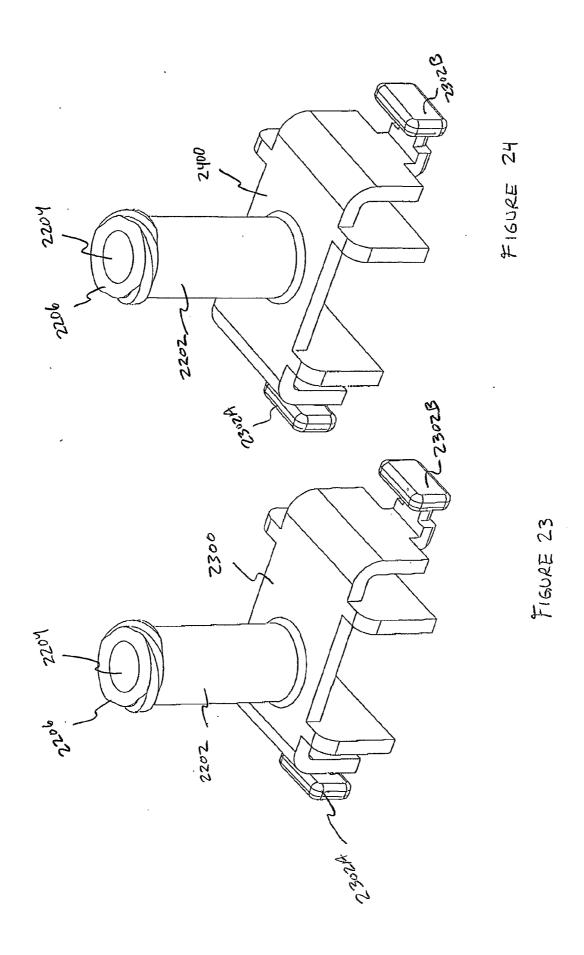
FIGURE 19

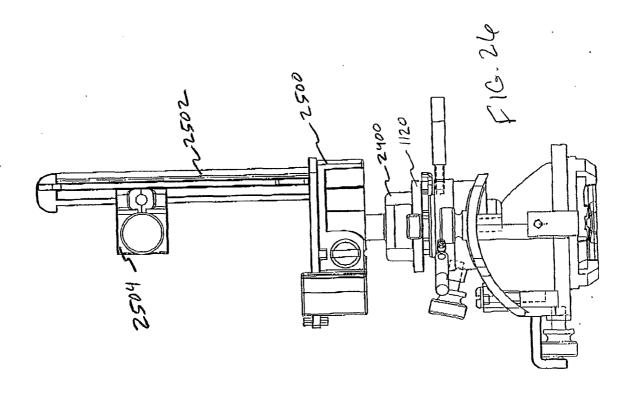


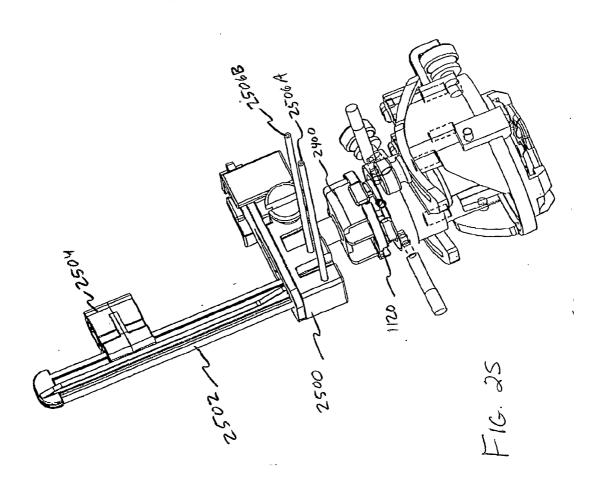


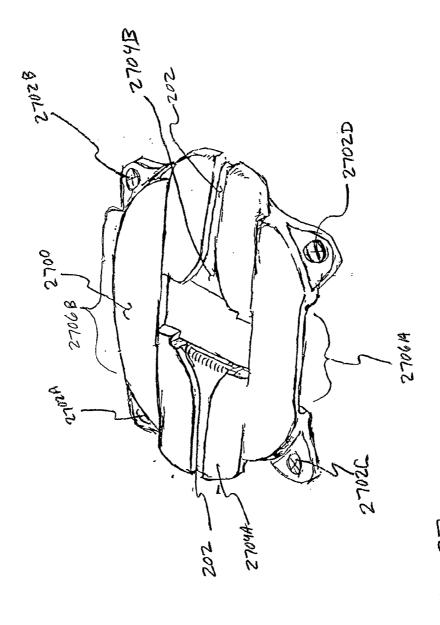




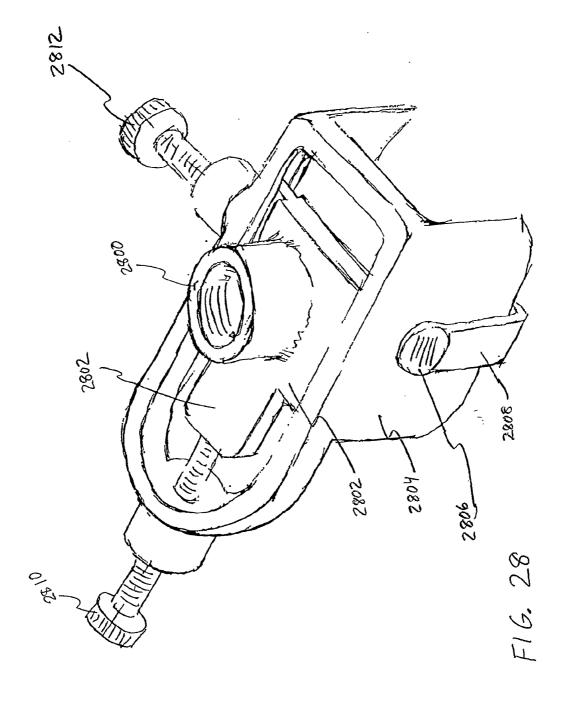


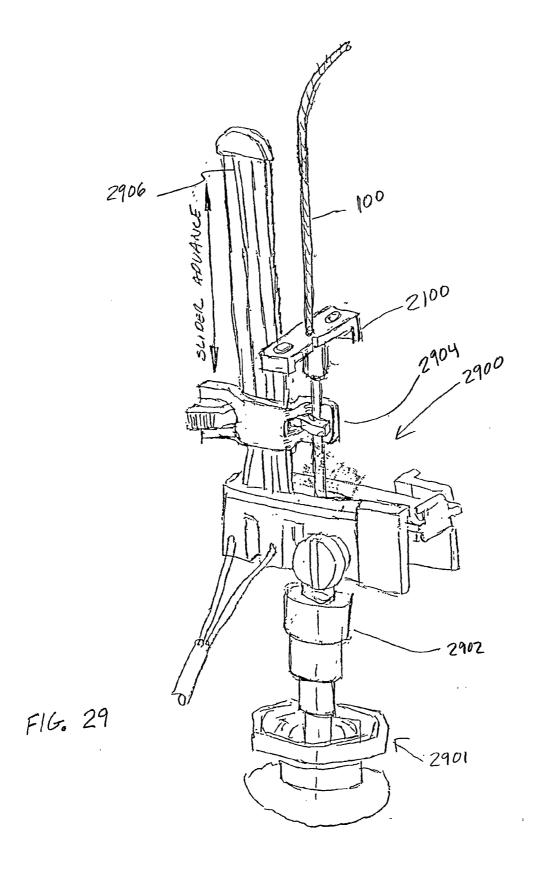


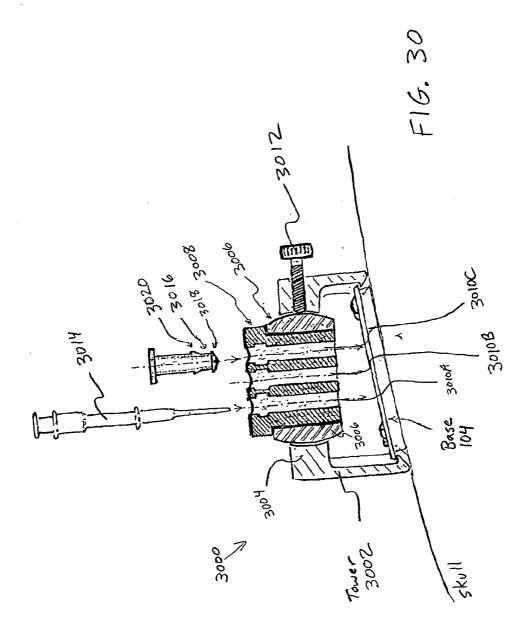




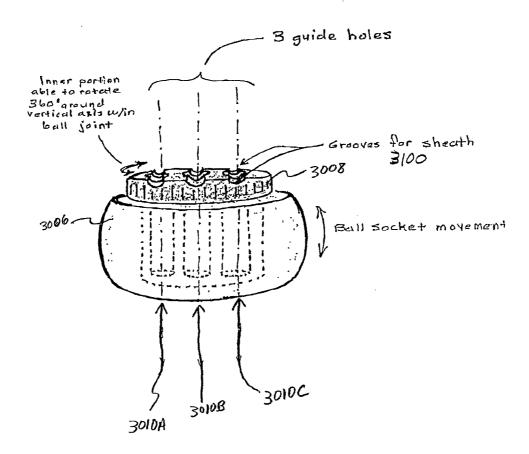
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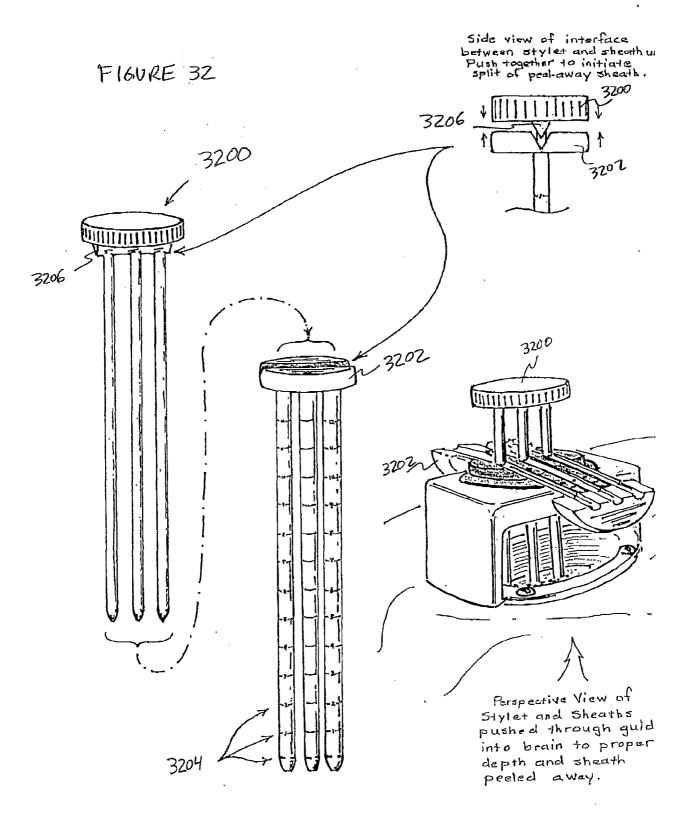


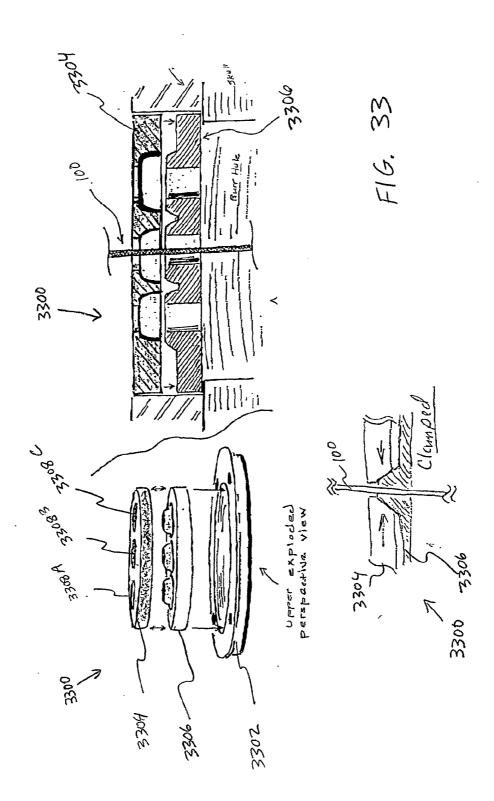




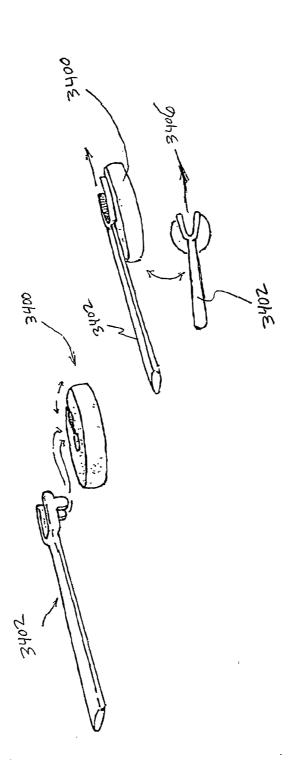
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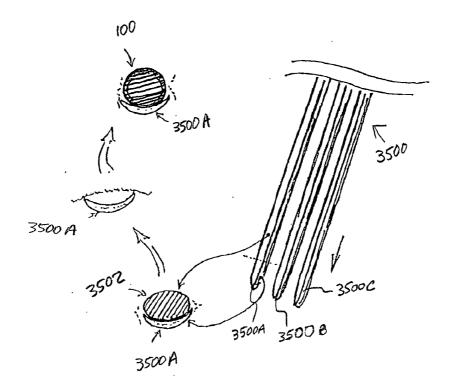






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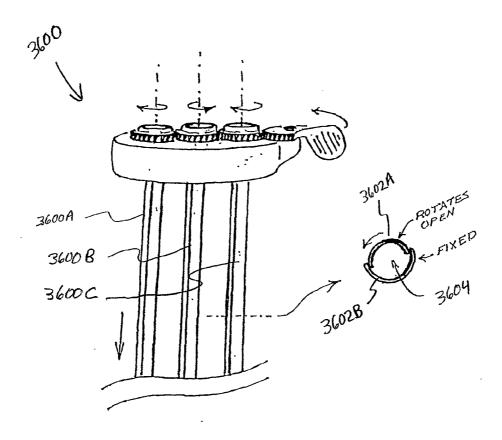


FIG. 36

