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(54) Title: METHODS OF PROMOTING WEIGHT LOSS AND ASSOCIATED ARRAYS

(57) Abstract: The invention encompasses methods of modulating body fat or weight loss. In addition, the invention encompasses arrays that comprise biomolecules associated with an obese host microbiome or a lean host microbiome.



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METHODS OF PROMOTING WEIGHT LOSS AND ASSOCIATED ARRAYS

GOVERNMENTAL RIGHTS

[0001] This invention was made in part with government support under grant DK078669 awarded by the National Institutes of Health. The government has certain rights in the invention.

CROSS REFERENCE TO RELATED APPLICATIONS

[0002] This application claims the priority of US provisional application no. 61/076,887, filed 6/30/2008, and provisional application no. 61/101,011, filed 9/29/2008, each of which is hereby incorporated by reference in its entirety.

FIELD OF THE INVENTION

[0003] The present invention encompasses methods and arrays associated with body fat and/or weight loss.

REFERENCE TO SEQUENCE LISTING

[0004] A paper copy of the sequence listing and a computer readable form of the same sequence listing are appended below and herein incorporated by reference. Additionally, the sequence listing filed with the provisional application is also hereby incorporated by reference.

BACKGROUND OF THE INVENTION

[0005] According to the Centers for Disease Control (CDC), over sixty percent of the United States population is overweight, and greater than thirty percent are obese. This translates into more than 50 million adults in the United States with a Body Mass Index (BMI) of 30 or above. Obesity is also a worldwide health problem with an estimated 500 million overweight adult humans [body mass index (BMI) of 25.0-29.9 kg/m²] and 250 million obese adults (Bouchard, C (2000) N Engl J Med. 343, 1888-9). This epidemic of obesity is leading to worldwide increases in the prevalence of obesity-related disorders, such as diabetes, hypertension, cardiac pathology, and non-

alcoholic fatty liver disease (NAFLD; Wanless, and Lentz (1990) Hepatology 12, 1106-1110. Silverman, et al, (1990). Am. J. Gastroenterol. 85, 1349-1355; Neuschwander-Tetri and, Caldwell (2003) Hepatology 37, 1202-1219). According to the National Institute of Diabetes, Digestive and Kidney Diseases (NIDDK) approximately 280,000 deaths annually are directly related to obesity. The NIDDK further estimated that the direct cost of healthcare in the U.S. associated with obesity is \$51 billion. In addition, Americans spend \$33 billion per year on weight loss products. In spite of this economic cost and consumer commitment, the prevalence of obesity continues to rise at alarming rates. From 1991 to 2000, obesity in the U.S. grew by 61%.

[0006] Although the physiologic mechanisms that support development of obesity are complex, the medical consensus is that the root cause relates to an excess intake of calories compared to caloric expenditure. While the treatment seems quite intuitive, dieting is not an adequate long-term solution for most people; about 90 to 95 percent of persons who lose weight subsequently regain it. Although surgical intervention has had some measured success, the various types of surgeries have relatively high rates of morbidity and mortality.

[0007] Pharmacotherapeutic principles are limited. In addition, because of undesirable side effects, the FDA has had to recall several obesity drugs from the market. Those that are approved also have side effects. Currently, two FDA-approved anti-obesity drugs are orlistat, a lipase inhibitor, and sibutramine, a serotonin reuptake inhibitor. Orlistat acts by blocking the absorption of fat into the body. An unpleasant side effect with orlistat, however, is the passage of undigested oily fat from the body. Sibutramine is an appetite suppressant that acts by altering brain levels of serotonin. In the process, it also causes elevation of blood pressure and an increase in heart rate. Other appetite suppressants, such as amphetamine derivatives, are highly addictive and have the potential for abuse. Moreover, different subjects respond differently and unpredictably to weight-loss medications.

[0008] Because surgical and pharmacotherapy treatments are problematic, new non-cognitive strategies are needed to prevent and treat obesity and obesity-related disorders.

SUMMARY OF THE INVENTION

[0009] One aspect of the present invention encompasses an array comprising a substrate. The substrate has disposed thereon at least one nucleic acid indicative of, or modulated in, an obese host microbiome compared to a lean host microbiome. Alternatively, the substrate has disposed thereon at least one nucleic acid indicative of, or modulated in, a lean host microbiome compared to an obese host microbiome.

[0010] Another aspect of the present invention encompasses an array comprising a substrate. The substrate has disposed thereon at least one polypeptide indicative of, or modulated in, an obese host microbiome compared to a lean host microbiome. Alternatively, the substrate has disposed thereon at least one polypeptide indicative of, or modulated in, a lean host microbiome compared to an obese host microbiome.

[0011] Yet another aspect of the invention encompasses a method for modulating body fat or for modulating weight loss in a subject. The method typically comprises altering the microbiota population in the subject's gastrointestinal tract by modulating the relative abundance of Actinobacteria. In some embodiments, the the relative abundance is increased, in other embodiments, the relative abundance is decreased.

[0012] Still another aspect of the invention encompasses a composition. The composition usually comprises an antibiotic having efficacy against Actinobacteria but not against Bacteroidetes; and a probiotic comprising Bacteroidetes.

[0013] Other aspects and iterations of the invention are described more thoroughly below.

REFERENCE TO COLOR FIGURES

[0014] The application file contains at least one photograph executed in color. Copies of this patent application publication with color photographs will be provided by the Office upon request and payment of the necessary fee.

BRIEF DESCRIPTION OF THE FIGURES

[0015] **FIG. 1** depicts the technical replicates (analyzed at four different sequencing centers) cluster. Fecal DNA samples were split and sequenced separately at four different sequencing centers. Abbreviations: usc, Environmental Genomics Core Facility, University of South Carolina; ok, Advanced Center for Genome Technology, University of Oklahoma, ct; 454 Life Sciences Branford, CT; and ma, Josephine Bay Paul Center, Marine Biological Laboratory, Woods Hole Massachusetts. Unweighted UniFrac-based clustering was performed on the combined dataset. Colored boxes enclose samples from the same individual (also indicated by identical IDs followed by the number 1 or 2. The location of the sequencing facility follows each sample ID.) Randomly selected sequences were analyzed (≤ 500 per replicate). **FIGS. 1.1, 1.2, 1.3, 1.4, and 1.5** show details from **FIG. 1**.

[0016] **FIG. 2** depicts 16S rRNA gene surveys revealing familial similarity and reduced diversity of the gut microbiota in obese individuals. (A) Comparison of the average UniFrac distance (a measure of differences in bacterial community structure) between individuals over time (self), twin-pairs, twins and their mother, and unrelated individuals. Briefly, 1,000 sequences were randomly sampled from each V2/3 dataset, OTUs were chosen, a UniFrac tree was built from representative sequences, and random permutations were done on the resulting UniFrac distance matrix. Asterisks indicate significant differences between the indicated categories [Student's t-test with Monte Carlo (1,000 permutations); * $p < 10^{-5}$; ** $p < 10^{-14}$; *** $p < 10^{-41}$]. (B) Evidence of reduced diversity in the fecal microbiota of obese individuals. Phylogenetic diversity curves were generated by randomly sampling 1 to 10,000 sequences from each V6 16S rRNA dataset, and then calculating the total branch length leading to the sampled sequences (mean $\pm$ 95%CI shown).

[0017] **FIG. 3** depicts 16S rRNA gene surveys revealing evidence for familial aggregation and reduced diversity in the obese gut microbiome. (A,B) Comparison of the average UniFrac distance (a measure of differences in bacterial community structure) between related and unrelated individuals. Briefly, 10,000 sequences were randomly sampled from each V6 dataset (Panel A) and 200 sequences were randomly sampled from each full-length dataset (Panel B), OTUs were chosen, a

UniFrac tree was built from representative sequences, and random permutations were done on the resulting UniFrac distance matrix. Asterisks indicate significant differences between related and unrelated individuals [Student's t-test with Monte Carlo (1,000 permutations); * $p < 0.001$]. (C,D) Phylogenetic diversity curves for the obese and lean gut microbiome. Briefly, 1 to 1,000 sequences were randomly sampled from each V2/3 dataset (Panel C), and 1 to 200 sequences were randomly sampled from each full-length dataset (Panel D), and the average branch length leading to the sampled sequences was calculated. (E,F) Rarefaction curves for the obese and lean fecal microbiota. Briefly, 1 to 10,000 sequences were randomly sampled from each V6 dataset (Panel E), and 1 to 200 sequences were randomly sampled from each full-length dataset (Panel F). The average number of OTUs in each sample was then calculated (mean $\pm$ 95%CI shown).

[0018] **FIG. 4** depicts a graph illustrating the stratification of related and unrelated individuals concordant for physiological states of obesity versus leanness confirms familial similarity. (A,B) Comparison of the average UniFrac distance (a measure of differences in bacterial community structure) between related and unrelated individuals concordant for leanness (Panel A) or obesity (Panel B). Briefly, 1,000 sequences were randomly sampled from each V2/3 dataset, OTUs were chosen, a UniFrac tree was built from representative sequences, and random permutations were done on the resulting UniFrac distance matrix. Asterisks indicate significant differences between related and unrelated individuals [Student's t-test with Monte Carlo (1,000 permutations); * $p < 10^{-5}$].

[0019] **FIG. 5** depicts clustering of the fecal microbiotas of monozygotic (MZ) and dizygotic (DZ) twins and their mothers sampled at the beginning of the study and two months later. Unweighted UniFrac-based clustering. Colored boxes link samples from the same individual (also indicated by identical IDs followed by the number 1 or 2). 34 of the individuals were only sampled once. 1,000 randomly V2/3 16S rRNA gene sequences were analyzed per sample. **FIGS. 5.1, 5.2, 5.3, 5.4, 5.5, and 5.6** show details from **FIG. 5**.

[0020] **FIG. 6** depicts the relative abundance of the major gut bacterial phyla across 120 gut samples obtained at two different timepoints. Fecal samples were

collected at the initial and second timepoints (average interval between sample collection: 57 ± 4 days). The relative abundance of the major gut bacterial phyla is based on analysis of V2/3 16S rRNA gene sequences. Samples are organized based on the rank order abundance of Firmicutes in the initial timepoint.

[0021] **FIG. 7** depicts the number of shared phylotypes (OTUs) as a function of the number of sequences per sample. 50-3,000 sequences were randomly selected from each sample, obtained from 93 different individuals. All sequences were binned into 'species'-level phylotypes using a 97% identity threshold. Less stringent parameters were used for OTU binning at all levels of coverage to allow for analysis of 3,000 sequences per sample (density cutoff=0.65, maximum of 3000 nodes).

[0022] **FIG. 8** depicts the validation of annotation parameters using control datasets. (A-C) Percent of randomly fragmented annotated genes (KEGG v44) assigned to the correct KEGG orthologous group as a function of the (A) e-value, (B) % identity, or (C) bit-score cutoff used. (D-F) Sensitivity [true positives (TP) divided by true positives plus false negatives (FN)] as a function of the (D) e-value, (E) % identity, or (F) bit-score cutoff used. (G-I) Precision [true positives divided by true positives plus false positives (FP)] as a function of the (G) e-value, (H) % identity, or (I) bit-score cutoff used. The vertical gray line and circle indicates the cutoff values used in this analysis.

[0023] **FIG. 9** depicts the taxonomic profiles of microbial gene content in the human gut (fecal) microbiome. Full-length 16S sequences were obtained for each reference genome, likelihood parameters were determined using Modeltest, and a maximum-likelihood tree was generated using PAUP. Bootstrap values represent nodes found in >70 of 100 repetitions. Branches and distributions are colored by phylum: Bacteroidetes (orange), Firmicutes (blue), and Actinobacteria (green). Proteobacteria (*E. coli*) and Archaea (*M. smithii* and *M. stadtmanae*) are uncolored. The relative abundance of sequences homologous to each genome is depicted on a scale of 0 to 30% (BLASTX comparisons of microbiome datasets to reference genomes). Sample ID nomenclature: Family number, Twin number or mom, and BMI category (Le=lean, Ov=overweight, Ob=obese; e.g. F1T1Le stands for family 1, twin 1, lean).

[0024] **FIG. 10** depicts the assignment of fecal microbiome reads to sequenced reference human gut-derived Bacteroidetes and Firmicutes genomes. Histogram of the percent identity (mean $\pm$ SEM) obtained from sequence alignments between gut microbiome reads (n=18 datasets) and Firmicutes or Bacteroidetes reference genomes.

[0025] **FIG. 11** depicts the percent identity plots of the fecal microbiomes versus reference genomes. Each row (x-axis) represents a different genome. The y-axis shows the percent identity to microbiome sequences (red dots). The combined data from lean/overweight individuals are in the left column while the combined data from obese individuals are displayed in the right column. Supercontigs were used for draft genomes; the assembly version (v) can be found after the strain name. The lines found at 10% identity on each plot depict the sum of all sequences mapped across each genome.

[0026] **FIG. 12** depicts the dependence of percentage (A), quality (B), and accuracy (C-D) of sequence assignments on read-length. Two fecal samples were processed using extra-long read pyrosequencing (454 FLX Titanium kit; samples TS28 and TS29). 10,000 sequences from the maximum of each read-length distribution (between 490 and 505 nt) were randomly selected from each sample. Simulated reads were created by sampling the first 50-500 nt of each of these 10,000 sequences, and each simulated read was compared using NCBI-BLASTX against our custom gut genome database. Multiple BLAST thresholds were used (see key in panel A). (A) Percent of sequences assigned to the reference genomes as a function of read-length. (B) Average BLAST bit score as a function of read-length. (C) Percent of gene assignments (from the gut genome database) identical to full-length sequence as a function of read-length. (D) Percent of group assignments (same assigned COG as the full-length sequence) as a function of read-length.

[0027] **FIG. 13** depicts the relative abundance of bacterial phyla in 18 human gut microbiomes. (A-C) PCR-based 16S rRNA gene sequences [(A) full-length, (B) V2/3 region, and (C) V6]. (D-E) Microbiome data analyzed by BLAST comparisons [(D) NCBI non-redundant database and (E) a custom 42 gut genome database]. (F) Analysis of 16S rRNA gene fragments identified in each microbiome. (G) Correlation

matrix based on all pairwise comparisons (R^2) of the relative abundance of the four major phyla (Actinobacteria, Firmicutes, Bacteroidetes, and Proteobacteria) across all six methods.

[0028] **FIG. 14** depicts the metabolic pathway-based clustering and analysis of the human gut microbiome of MZ twins. (A) Metabolic pathways were tallied using the KEGG database and annotation scheme. Functional profiles were clustered using a single-linkage hierarchical clustering with a Pearson's distance metric. All pairwise comparisons were made of the profiles by calculating each R^2 value. (B) A linear regression of the relative abundance of Bacteroidetes versus the first principal component derived from a PCA analysis of KEGG metabolic profiles. (C) Comparisons of functional similarity between twin pairs, between twins and their mother, and between unrelated individuals. Asterisks indicate significant differences (Student's t-test with Monte Carlo; $p < 0.01$) and bars represent mean $\pm$ SEM.

[0029] **FIG. 15** depicts the functional profiles of MZ fecal microbiomes, based on the relative abundance of KEGG pathways, which stabilize after ~20,000 sequences are collected for a given sample. Datasets were randomly subsampled between 500 and 25,000 sequences. The average functional similarity (R^2) between the subsampled dataset and the full dataset is shown as a function of sequencing effort.

[0030] **FIG. 16** depicts the KEGG pathways and Carbohydrate Active Enzymes (CAZy) families whose representation is significantly different between Firmicutes and Bacteroidetes bins. Sequences from each of the 18 fecal microbiomes were binned based on sequence homology to the custom 42-member reference human gut genome database. (A) The frequency of each KEGG pathway was tallied for each bin and significantly different pathways were identified using a bootstrap re-sampling analysis (Xipe v2.4). Significantly different pathways reaching at least 0.6% relative abundance in at least two microbiomes were clustered using single-linkage hierarchical clustering and the Pearson's correlation distance metric. (B) The relative abundance of CAZy families in the Bacteroidetes and Firmicutes sequence bins. Asterisks indicate significant differences (Mann-Whitney test, $p < 0.0001$).

[0031] **FIG. 17** depicts the functional clustering of phylum-wide sequence bins and reference genomes from 36 human gut-derived Bacteroidetes and Firmicutes.

The frequency of each KEGG pathway in phylum-wide sequence bins, and in 10,000 'simulated reads' generated from each of the reference genomes (Readsim v0.10; ref. 56), was tallied and pathways reaching at least 0.6% relative abundance in at least two fecal microbiomes were clustered using principal components analysis (PCA). An 'average' Firmicutes and Bacteroidetes genome was generated by pooling all reads generated from genomes within each phylum.

[0032] **FIG. 18** depicts the comparison of taxonomic and functional variations in the human gut microbiome. (A) Relative abundance of major phyla across 18 fecal microbiomes from MZ twins and their mothers, based on BLASTX comparisons of microbiomes and the NCBI non-redundant database. (B) Relative abundance of COG categories across each sampled gut microbiome.

[0033] **FIG. 19** depicts the relative abundance of KEGG pathways and COG categories in the gut microbiomes of 18 individuals (6 MZ twin pairs and their mothers), plus 9 previously published adult microbiomes. 'Simulated reads' were generated from each of the 9 previously published microbiomes datasets obtained by capillary sequencing to mimic pyrosequencing reads, then re-annotated using the KEGG and STRING-extended COG databases. (A) The average relative abundance of KEGG pathways in MZ twin pairs and their mothers graphed as a function of the average relative abundance of KEGG pathways in the 9 previously published adult gut microbiome datasets. (B) The distribution of COG categories across all 27 datasets.

[0034] **FIG. 20** depicts the relative abundance of COG categories in 36 sequenced reference human gut-derived Firmicutes and Bacteroidetes genomes. 10,000 'simulated reads', generated from each of the reference genomes (Readsim v0.10), were annotated using the STRING-extended COG database.

[0035] **FIG. 21** depicts the average functional diversity and evenness of 'simulated reads' generated from reference genomes from gut Firmicutes or Bacteroidetes. (A) Functional diversity was calculated in EstimateS (v8.0), based on the abundance of each metabolic pathway across 10,000 'simulated reads' generated from each of the 36 reference genomes (Readsim v0.10). (B) Shannon evenness. Asterisks indicate significant differences (Mann-Whitney test, $p < 0.01$).

[0036] **FIG. 22** depicts the 'enzyme'-level functional groups shared between all or a subset of the sampled gut microbiomes. Sequences from each of the 18 microbiomes characterized in this study were assigned to (A) KEGG groups, (B) CAZy families, and (C) STRING annotations. Functional groups (inner circle), and the sequences assigned to each group (outer circle) were then tallied based on their co-occurrence in any combination of 1 to 18 microbiomes. For example, the outer aqua-colored segment in Panel A demonstrates that 96.2% of the total sequences generated from all 18 samples were assigned to functional groups that were common to all 18 microbiomes. (D) KEGG categories enriched or depleted in the core versus variable components of the gut microbiome. Sequences from each of the 18 fecal microbiomes were binned into the 'core' or 'variable' microbiome-based on the co-occurrence of KEGG orthologous groups (core groups were found in all 18 microbiomes while variable groups were present in fewer (<18) microbiomes; see **FIG. 20A**). General categories are shown. Asterisks indicate significant differences (Student's t-test, * $p < 0.05$, ** $p < 0.001$, *** $p < 10^{-5}$).

[0037] **FIG. 23** depicts the KEGG categories enriched or depleted in the core versus variable components of the gut microbiome. Sequences from each of the 18 fecal microbiomes were binned into the 'core' or 'variable' microbiome based on the co-occurrence of KEGG orthologous groups (core groups were found in all 18 microbiomes while variable groups were present in fewer (<18) microbiomes; see **FIG. 20A**). General categories are shown. Asterisks indicate significant differences (Student's t-test, * $p < 0.05$, ** $p < 0.001$, *** $p < 10^{-5}$).

[0038] **FIG. 24** depicts the clustering of pathways enriched or depleted in the core microbiome. Sequences from each of the 18 distal gut microbiomes were binned into the 'core' or 'variable' microbiome based on the co-occurrence of KEGG orthologous groups [core groups were found in all 18 microbiomes while variable groups were present in fewer (<18) microbiomes; see **FIG. 20A**]. The frequency of each KEGG pathway was tallied for each bin and significantly different pathways were identified using a bootstrap re-sampling analysis (Xipe v2.4). Pathways significantly enriched (yellow) or depleted (blue), reaching at least 0.6% relative abundance in at least two

microbiomes, were clustered using single-linkage hierarchical clustering and the Pearson's correlation distance metric.

DETAILED DESCRIPTION OF THE INVENTION

[0039] It has been discovered, as demonstrated in the Examples, that there is a relationship between the human gut microbiota and obesity. In particular, an obese human subject typically has fewer Bacteroidetes and more Actinobacteria compared to a lean subject. In some embodiments, an obese human subject has proportionately fewer Bacteroidetes and more Actinobacteria and Firmicutes compared to a lean subject. Taking advantage of these discoveries, the present invention provides compositions and methods to regulate energy balance in a subject. In particular, the invention provides nucleic acid sequences that are associated with obesity in humans. These sequences may be used as diagnostic or prognostic biomarkers for obesity risk, biomarkers for drug discovery, biomarkers for the discovery of therapeutic targets involved in the regulation of energy balance, and biomarkers for the efficacy of a weight loss program.

I. Modulation of Energy Balance in a Subject

[0040] The energy balance of a subject may be modulated by altering the subject's gut microbiota population. Generally speaking, to decrease energy harvesting, decrease body fat, or promote weight loss, the relative abundance of bacteria within the Bacteroidetes phylum (phylum is also known as a 'division') is increased and optionally, the relative abundance of bacteria within the Actinobacteria and/or Firmicutes phylum is decreased. Alternatively, to increase energy harvesting, to increase body fat, or promote weight gain, the relative abundance of Bacteroidetes is decreased and optionally, the relative abundance of Actinobacteria and/or Firmicutes is increased. Additional agents may also be utilized to achieve either weight loss or weight gain. Examples of these agents are detailed in section I(d).

(a) Altering the abundance of Bacteroides

[0041] The relative abundance of Bacteroidetes may be altered by increasing or decreasing the presence of one or more Bacteroidetes species that reside in the gut. Additionally, non-limiting examples of species may include *B. thetaiotaomicron*, *B. vulgatus*, *B. ovatus*, *P. distasonis*, *B. uniformis*, *B. stercoris*, *B. eggerthii*, *B. merdae*, and *B. caccae*. In one embodiment, the population of *B. thetaiotaomicron* is altered. In still another embodiment, the population of *B. vulgatus* is altered. In an additional embodiment, the population of *B. ovatus* is altered. In another embodiment, the population of *P. distasonis* is altered. In yet another embodiment, the population of *B. uniformis* is altered. In an additional embodiment, the population of *B. stercoris* is altered. In a further embodiment, the population of *B. eggerthii* is altered. In still another embodiment, the population of *B. merdae* is altered. In another embodiment, the population of *B. caccae* is altered. In a further embodiment, the species within the Bacteroidetes phylum may be as of yet unnamed.

[0042] The present invention also includes altering various combinations of Bacteroidetes species, such as at least two species, at least three species, at least four species, at least five species, at least six species, at least seven species, at least eight species, at least nine species, at least ten Bacteroidetes species, or more than ten species of Bacteroidetes. For example, the combination of *B. thetaiotaomicron*, *B. vulgatus*, *B. ovatus*, *P. distasonis*, and *B. uniformis* may be altered.

[0043] In an exemplary embodiment, the relative abundance of Bacteroidetes is increased to decrease energy harvesting, decrease body fat, or promote weight loss in a subject. Increased abundance of Bacteroidetes in the gut may be accomplished by several suitable means generally known in the art. In one embodiment, a food supplement that increases the abundance of Bacteroidetes may be administered to the subject. By way of example, one such food supplement is psyllium husks as described in U.S. Patent Application Publication No. 2006/0229905, which is hereby incorporated by reference in its entirety. In an exemplary embodiment, a probiotic comprising one or more Bacteroidetes species or strains may be administered to the subject. The amount of probiotic administered to the subject can and will vary depending upon the embodiment. The probiotic may comprise from about one

thousand to about ten billion cfu/g (colony forming units per gram) of the total composition, or of the part of the composition comprising the probiotic. In one embodiment, the probiotic may comprise from about one hundred million to about 10 billion organisms. The probiotic microorganism may be in any suitable form, for example in a powdered dry form. In addition, the probiotic microorganism may have undergone processing in order for it to increase its survival. For example, the microorganism may be coated or encapsulated in a polysaccharide, fat, starch, protein or in a sugar matrix. Standard encapsulation techniques known in the art can be used. For example, techniques discussed in U.S. Pat. No. 6,190,591, which is hereby incorporated by reference in its entirety, may be used.

[0044] Alternatively, the relative abundance of Bacteroidetes is decreased to increase energy harvesting, increase body fat, or promote weight gain in a subject. Decreased abundance of Bacteroidetes in the gut may be accomplished by several suitable means generally known in the art. In one embodiment, an antibiotic having efficacy against Bacteroidetes may be administered. Generally speaking, antimicrobial agents may target several areas of bacterial physiology: protein translation, nucleic acid synthesis, cell wall synthesis or potentially, the polysaccharide acquisition machinery. In an exemplary embodiment, the antibiotic will have efficacy against Bacteroidetes but not against Firmicutes. The susceptibility of the targeted species to the selected antibiotics may be determined based on culture methods or genome screening.

[0045] It is contemplated that the abundance of gut Bacteroidetes within an individual subject may be altered (i.e., increased or decreased) from about a couple fold difference to about a hundred fold difference or more, depending on the desired result (i.e., increased energy harvesting (weight gain) or decreased energy harvesting (weight loss)) and the individual subject. A method for determining the relative abundance of gut Bacteroidetes is described in the examples, alternatively, an array of the invention, described below, may be used to determine the relative abundance.

[0046] Stated another way, it is contemplated that the abundance of gut Bacteroidetes within an individual subject may be altered (i.e., increased or decreased) from about 1% to about 100% or more depending on the desired result (i.e., increased energy harvesting (weight gain) or decreased energy harvesting (weight loss)) and the

individual subject. For weight loss, the abundance may be altered by an increase of from about 20% to about 100%, from about 30% to about 100%, from about 40% to about 100%, from about 50% to about 100%, from about 60% to about 100%, from about 70% to about 100%, from about 80% to about 100%, or from about 90% to 100%. A method for determining the relative abundance of gut Bacteroidetes is described in the examples, alternatively, an array of the invention, described below, may be used to determine the relative abundance.

(b) Altering the abundance of Actinobacteria

[0047] The relative abundance of Actinobacteria may be altered by increasing or decreasing the presence of one or more species that reside in the gut. Representative, non-limiting species include *B.longum*, *B.breve*, *B.catenulatum*, *B.dentium*, *B.gallicum*, *B.pseudocatenulatum*, *C.aerofaciens*, *C.stercoris*, *C.intestinalis*, and *S.variabile*.

[0048] In an exemplary embodiment, the relative abundance of Actinobacteria is decreased to decrease energy harvesting, decrease body fat, or promote weight loss in a subject. Decreased abundance of Actinobacteria in the gut may be accomplished by several suitable means generally known in the art. In one embodiment, an antibiotic having efficacy against Actinobacteria may be administered. In an exemplary embodiment, the antibiotic will have efficacy against Actinobacteria but not against Bacteroidetes. The susceptibility of the targeted species to the selected antibiotics may be determined based on culture methods or genome screening.

[0049] Alternatively, the relative abundance of Actinobacteria is increased to increase energy harvesting, increase body fat, or promote weight gain in a subject. Increased abundance of Actinobacteria in the gut may be accomplished by several suitable means generally known in the art. In an exemplary embodiment, a probiotic comprising one or more Actinobacteria strains or species may be administered to the subject.

[0050] It is contemplated that the abundance of gut Actinobacteria may be altered (i.e., increased or decreased) from about a couple fold difference to about a hundred fold difference or more, depending on the desired result (i.e., increased energy

harvesting (weight gain) or decreased energy harvesting (weight loss)). A method for determining the relative abundance of gut Actinobacteria is described in the examples.

[0051] Stated another way, it is contemplated that the abundance of gut Actinobacteria may be altered (i.e., increased or decreased) from about 1% to about 100% or more depending on the desired result (i.e., increased energy harvesting (weight gain) or decreased energy harvesting (weight loss)). For weight loss, the abundance may be altered by a decrease of from about 20% to about 100%, from about 30% to about 100%, from about 40% to about 100%, from about 50% to about 100%, from about 60% to about 100%, from about 70% to about 100%, from about 80% to about 100%, or from about 90% to 100%. A method for determining the relative abundance of gut Actinobacteria is described in the examples.

(c) *Altering the abundance of Firmicutes*

[0052] The relative abundance of Firmicutes may be altered by increasing or decreasing the presence of one or more species that reside in the gut. Representative species include species from Clostridia, Bacilli, and Mollicutes. In one embodiment, the relative abundance of one or more Clostridia species is altered. In another embodiment, the relative abundance of one or more Bacilli species is altered. In yet another embodiment, the relative abundance of one or more Mollicutes species is altered. It is also contemplated that the relative abundance of several species of Firmicutes may be altered without departing from the scope of the invention. By way of non-limiting examples, a combination of one or more Clostridia species, one or more Bacilli species, and one or more Mollicutes species may be altered. In a further embodiment, the species within the Firmicutes phylum may be as of yet unnamed.

[0053] In some embodiments, the Mollicutes class is altered. For instance, *E. dolichum*, *E. cylindroides*, *E. bifforme*, or *C. innocuum* may be altered. In one embodiment, the species of the Mollicutes class may possess the genetic information to create a cell wall. In another embodiment, the species of the Mollicutes class may produce a cell wall. In a further embodiment, the species within the class Mollicutes may be as of yet unnamed.

[0054] In an exemplary embodiment, the relative abundance of Firmicutes is decreased to decrease energy harvesting, decrease body fat, or promote weight loss in a subject. Decreased abundance of Firmicutes in the gut may be accomplished by several suitable means generally known in the art. In one embodiment, an antibiotic having efficacy against Firmicutes may be administered. In an exemplary embodiment, the antibiotic will have efficacy against Firmicutes but not against Bacteroidetes. In another exemplary embodiment, the antibiotic will have efficacy against Mollicutes, but not Bacteroidetes. The susceptibility of the targeted species to the selected antibiotics may be determined based on culture methods or genome screening.

[0055] Alternatively, the relative abundance of Firmicutes is increased to increase energy harvesting, increase body fat, or promote weight gain in a subject. Increased abundance of Firmicutes in the gut may be accomplished by several suitable means generally known in the art. In an exemplary embodiment, a probiotic comprising Firmicutes may be administered to the subject.

[0056] It is contemplated that the abundance of gut Firmicutes may be altered (i.e., increased or decreased) from about a couple fold difference to about a hundred fold difference or more, depending on the desired result (i.e., increased energy harvesting (weight gain) or decreased energy harvesting (weight loss)). A method for determining the relative abundance of gut Firmicutes is described in the examples.

[0057] Stated another way, it is contemplated that the abundance of gut Firmicutes may be altered (i.e., increased or decreased) from about 1% to about 100% or more depending on the desired result (i.e., increased energy harvesting (weight gain) or decreased energy harvesting (weight loss)). For weight loss, the abundance may be altered by a decrease of from about 20% to about 100%, from about 30% to about 100%, from about 40% to about 100%, from about 50% to about 100%, from about 60% to about 100%, from about 70% to about 100%, from about 80% to about 100%, or from about 90% to 100%. A method for determining the relative abundance of gut Firmicutes is described in the examples.

(d) Additional weight modulating agents

[0058] Another aspect of the invention encompasses a combination therapy to regulate fat storage, energy harvesting, and/or weight loss or gain in a subject. In an exemplary embodiment, a combination for decreasing energy harvesting, decreasing body fat or for promoting weight loss is provided. For this embodiment, a composition comprising an antibiotic having efficacy against Firmicutes and/or Actinobacteria but not against Bacteroidetes; and a probiotic comprising Bacteroidetes may be administered to the subject. Additionally, an anti-archaeal compound may be included in the aforementioned composition to reduce the representation of gut methanogens and the efficiency of methanogenesis, thereby reducing the efficiency of fermentation of dietary polysaccharides by saccharolytic bacteria, such as Bacteroidetes. Other agents that may be included with the aforementioned composition are detailed below.

[0059] The compositions utilized in this invention may be administered by any number of routes including, but not limited to, oral, intravenous, intramuscular, intra-arterial, intramedullary, intrathecal, intraventricular, pulmonary, transdermal, subcutaneous, intraperitoneal, intranasal, enteral, topical, sublingual, or rectal means. The actual effective amounts of compounds comprising a weight loss composition of the invention can and will vary according to the specific compounds being utilized, the mode of administration, and the age, weight and condition of the subject. Dosages for a particular individual subject can be determined by one of ordinary skill in the art using conventional considerations. Those skilled in the art will appreciate that dosages may also be determined with guidance from Goodman & Gilman's The Pharmacological Basis of Therapeutics, Ninth Edition (1996), Appendix II, pp. 1707-1711 and from Goodman & Gilman's The Pharmacological Basis of Therapeutics, Tenth Edition (2001), Appendix II, pp. 475-493.

i. Fiaf polypeptide

[0060] A composition of the invention for promoting weight loss may optionally include either increasing the amount of a Fiaf polypeptide or the activity of a Fiaf polypeptide. Typically, a suitable Fiaf polypeptide is one that can substantially

inhibit LPL when administered to the subject. Several Fiaf polypeptides known in the art are suitable for use in the present invention. Generally speaking, the Fiaf polypeptide is from a mammal. By way of non-limiting example, suitable Fiaf polypeptides and nucleotides are delineated in Table A.

TABLE A	
Species	PubMed Ref.
<i>Homo sapiens</i>	NM_139314 NM_016109
<i>Mus musculus</i>	NM_020581
<i>Rattus norvegicus</i>	NM_199115
<i>Sus scrofa</i>	AY307772
<i>Bos taurus</i>	AY192008
<i>Pan troglodytes</i>	AY411895

[0061] In certain aspects, a polypeptide that is a homolog, ortholog, mimic or degenerative variant of a Fiaf polypeptide is also suitable for use in the present invention. In particular, the subject polypeptide will typically inhibit LPL when administered to the subject. A variety of methods may be employed to determine whether a particular homolog, mimic or degenerative variant possesses substantially similar biological activity relative to a Fiaf polypeptide. Specific activity or function may be determined by convenient in vitro, cell-based, or in vivo assays, such as measurement of LPL activity in white adipose tissue. In order to determine whether a particular Fiaf polypeptide inhibits LPL, the procedure detailed in the examples of U.S. Patent Application No. 20050239706, which is hereby incorporated by reference in its entirety, may be followed.

[0062] Fiaf polypeptides suitable for use in the invention are typically isolated or pure and are generally administered as a composition in conjunction with a suitable pharmaceutical carrier, as detailed below. A pure polypeptide constitutes at

least about 90%, preferably, 95% and even more preferably, at least about 99% by weight of the total polypeptide in a given sample.

[0063] The Fiaf polypeptide may be synthesized, produced by recombinant technology, or purified from cells using any of the molecular and biochemical methods known in the art that are available for biochemical synthesis, molecular expression and purification of the Fiaf polypeptides [see e.g., Molecular Cloning, A Laboratory Manual (Sambrook, et al. Cold Spring Harbor Laboratory), Current Protocols in Molecular Biology (Eds. Ausubel, et al., Greene Publ. Assoc., Wiley-Interscience, New York)].

[0064] The invention also contemplates use of an agent that increases Fiaf transcription or its activity. For example, an agent may be delivered that specifically activates Fiaf expression: this agent may be a natural or synthetic compound that directly activates Fiaf gene transcription, or indirectly activates expression through interactions with components of host regulatory networks that control Fiaf transcription. Suitable agents may be identified by methods generally known in the art, such as by screening natural product and/or chemical libraries using the gnotobiotic zebrafish model described in the examples of U.S. Patent Application No. 20050239706. In another embodiment, a chemical entity may be used that interacts with Fiaf targets, such as LPL, to reproduce the effects of Fiaf (e.g., in this case inhibition of LPL activity). In an alternative of this embodiment, administering a Fiaf agonist to the subject may increase Fiaf expression and/or activity. In one embodiment, the Fiaf agonist is a peroxisome proliferator-activated receptor (PPARs) agonist. Suitable PPARs include PPAR α , PPAR β/δ , and PPAR γ . Fenofibrate is another suitable example of a Fiaf agonist. Additional suitable Fiaf agonists and methods of administration are further described in Manards, et al., J. Biol Chem, 279, 34411 (2004), and U.S. Patent Publication No. 2003/0220373, which are both hereby incorporated by reference in their entirety.

ii. other compounds

[0065] The compositions of the invention that decrease energy harvesting, decrease body fat, or promote weight loss may also include several additional agents

suitable for use in weight loss regimes. Generally speaking, exemplary combinations of therapeutic agents may act synergistically to decrease energy harvesting, decrease body fat, or promote weight loss. Using this approach, one may be able to achieve therapeutic efficacy with lower dosages of each agent, thus reducing the potential for adverse side effects. In one embodiment, acarbose may be administered with a composition of the invention. Acarbose is an inhibitor of α -glucosidases and is required to break down carbohydrates into simple sugars within the gastrointestinal tract of the subject. In another embodiment, an appetite suppressant, such as an amphetamine, or a selective serotonin reuptake inhibitor, such as sibutramine, may be administered with a composition of the invention. In still another embodiment, a lipase inhibitor such as orlistat, or an inhibitor of lipid absorption such as Xenical, may be administered with a composition of the invention.

iii. restricted calorie diet

[0066] Optionally, in addition to administration of a composition of the invention for weight loss, a subject may also be placed on a restricted calorie diet. Restricted calorie diets may be helpful for increasing the relative abundance of Bacteroidetes and decreasing the relative abundance of Firmicutes and/or Actinobacteria. Several restricted calorie diets known in the art are suitable for use in combination with the compositions of the invention. Representative diets include a reduced fat diet, reduced protein, or a reduced carbohydrate diet.

iv. alteration of the gastrointestinal Archaeon population

[0067] An anti-archaeal compound may be included in a composition of the invention to decrease energy harvesting, decrease fat storage, and/or decrease weight gain. To promote weight loss in a subject, the gut archaeon population is altered such that microbial-mediated carbohydrate metabolism or its efficiency is decreased in the subject, whereby decreasing microbial-mediated carbohydrate metabolism or its efficiency promotes weight loss in the subject.

[0068] Accordingly, in one embodiment, the subject's gastrointestinal archaeal population is altered so as to promote weight loss in the subject. Typically, the

presence of at least one genera of archaeon that resides in the gastrointestinal tract of the subject is decreased. In most embodiments, the archaeon is generally a mesophilic methanogenic archaea. In one alternative of this embodiment, the presence of at least one species from the genera *Methanobrevibacter* or *Methanosphaera* is decreased. In another alternative embodiment, the presence of *Methanobrevibacter smithii* is decreased. In still another embodiment, the presence of *Methanosphaera stadtmanae* is decreased. In yet another embodiment, the presence of a combination of archaeon genera or species is decreased. By way of non-limiting example, the presence of *Methanobrevibacter smithii* and *Methanosphaera stadtmanae* is decreased.

[0069] To decrease the presence of any of the archaeon detailed above, methods generally known in the art may be utilized. In one embodiment, a compound having anti-microbial activities against the archaeon is administered to the subject. Non-limiting examples of suitable anti-microbial compounds include metronidazole, clindamycin, tinidazole, macrolides, and fluoroquinolones. In another embodiment, a compound that inhibits methanogenesis by the archaeon is administered to the subject. Non-limiting examples include 2-bromoethanesulfonate (inhibitor of methyl-coenzyme M reductase), N-alkyl derivatives of para-aminobenzoic acid (inhibitor of tetrahydromethanopterin biosynthesis), ionophore monensin, nitroethane, lumazine, propynoic acid and ethyl 2-butyrate. In yet another embodiment, a hydroxymethylglutaryl-CoA reductase inhibitor is administered to the subject. Non-limiting examples of suitable hydroxymethylglutaryl-CoA reductase inhibitors include lovastatin, atorvastatin, fluvastatin, pravastatin, simvastatin, and rosuvastatin. Alternatively, the diet of the subject may be formulated by changing the composition of glycans (e.g., polyfructose-containing oligosaccharides) in the diet that are preferred by polysaccharide degrading bacterial components of the microbiota (e.g., *Bacteroides* spp) when in the presence of mesophilic methanogenic archaeal species such as *Methanobrevibacter smithii*.

[0070] Generally speaking, when the archaeal population in the subject's gastrointestinal tract is decreased in accordance with the methods described above, the polysaccharide degrading properties of the subject's gastrointestinal microbiota is altered such that microbial-mediated carbohydrate metabolism or its efficiency is

decreased. Typically, depending upon the embodiment, the transcriptome and the metabolome of the gastrointestinal microbiota is altered. In one embodiment, the microbe is a saccharolytic bacterium. In one alternative of this embodiment, the saccharolytic bacterium is a *Bacteroides* species. In a further alternative embodiment, the bacterium is *Bacteroides thetaiotaomicron*. Typically, the carbohydrate will be a plant polysaccharide or dietary fiber. Plant polysaccharides may include starch, fructan, cellulose, hemicellulose, and pectin.

[0071] The compounds utilized in this invention to alter the archaeon population may be administered by any number of routes including, but not limited to, oral, intravenous, intramuscular, intra-arterial, intramedullary, intrathecal, intraventricular, pulmonary, transdermal, subcutaneous, intraperitoneal, intranasal, enteral, topical, sublingual, or rectal means.

[0072] The actual effective amounts of compound described herein can and will vary according to the specific composition being utilized, the mode of administration and the age, weight and condition of the subject. Dosages for a particular individual subject can be determined by one of ordinary skill in the art using conventional considerations. Those skilled in the art will appreciate that dosages may also be determined with guidance from Goodman & Gilman's *The Pharmacological Basis of Therapeutics*, Ninth Edition (1996), Appendix II, pp. 1707-1711 and from Goodman & Gilman's *The Pharmacological Basis of Therapeutics*, Tenth Edition (2001), Appendix II, pp. 475-493.

[0073] By way of non-limiting example, weight loss may be promoted by administering an HMG-CoA reductase inhibitor to a subject. In an exemplary embodiment, the inhibitor will selectively inhibit the HMG-CoA reductase expressed by *M. smithii* and not the HMG-CoA reductase expressed by the subject. In another embodiment, a second HMG CoA-reductase inhibitor may be administered that selectively inhibits the HMG CoA-reductase expressed by the subject in lieu of the HMG-CoA reductase expressed by *M. smithii*. In yet another embodiment, an HMG-CoA reductase inhibitor that selectively inhibits the HMG-CoA reductase expressed by the subject may be administered in combination with an HMG-CoA reductase inhibitor that selectively inhibits the HMG-CoA reductase expressed by *M. smithii*. One means

that may be utilized to achieve such selectivity is via the use of time-release formulations as discussed below or by otherwise altering the properties of the compounds so that they will not, or will, be efficiently absorbed from the gastrointestinal tract. Alternatively, the compound that selectively inhibits the HMG-CoA reductase expressed by *M. smithii* may be poorly absorbed by gastrointestinal tract of the subject. Compounds that inhibit HMG-CoA reductase are well known in the art. For instance, non-limiting examples include atorvastatin, pravastatin, rosuvastatin, and other statins.

[0074] These compounds, for example HMG-CoA reductase inhibitors, may be formulated into pharmaceutical compositions and administered to subjects to promote weight loss. According to the present invention, a pharmaceutical composition includes, but is not limited to, pharmaceutically acceptable salts, esters, salts of such esters, or any other adduct or derivative which upon administration to a subject in need is capable of providing, directly or indirectly, a composition as otherwise described herein, or a metabolite or residue thereof, e.g., a prodrug.

[0075] The pharmaceutical compositions maybe administered by several different means that will deliver a therapeutically effective dose. Such compositions can be administered orally, parenterally, by inhalation spray, rectally, intradermally, intracisternally, intraperitoneally, transdermally, buccally, as an oral or nasal spray, or topically (i.e. powders, ointments or drops) in dosage unit formulations containing conventional nontoxic pharmaceutically acceptable carriers, adjuvants, and vehicles as desired. Topical administration may also involve the use of transdermal administration such as transdermal patches or iontophoresis devices. The term parenteral as used herein includes subcutaneous, intravenous, intramuscular, or intrasternal injection, or infusion techniques. In an exemplary embodiment, the pharmaceutical composition will be administered in an oral dosage form. Formulation of drugs is discussed in, for example, Hoover, John E., Remington's Pharmaceutical Sciences, Mack Publishing Co., Easton, Pa. (1975), and Liberman, H. A. and Lachman, L., Eds., Pharmaceutical Dosage Forms, Marcel Decker, New York, N.Y. (1980).

[0076] The amount of an HMG-CoA reductase inhibitor that constitutes an "effective amount" can and will vary. The amount will depend upon a variety of factors, including whether the administration is in single or multiple doses, and individual subject

parameters including age, physical condition, size, and weight. Those skilled in the art will appreciate that dosages may also be determined with guidance from Goodman & Goldman's The Pharmacological Basis of Therapeutics, Ninth Edition (1996), Appendix II, pp. 1707-1711 and from Goodman & Goldman's The Pharmacological Basis of Therapeutics, Tenth Edition (2001), Appendix II, pp. 475-493.

[0077] As described above, an HMG-CoA reductase inhibitor may be specific for the *M. smithii* enzyme, or for the subject's enzyme, depending, in part, on the selectivity of the particular inhibitor and the area the inhibitor is targeted for release in the subject. For example, an inhibitor may be targeted for release in the upper portion of the gastrointestinal tract of a subject to substantially inhibit the subject's enzyme. In contrast, the inhibitor may be targeted for release in the lower portion of the gastrointestinal tract of a subject, i.e., where *M. smithii* resides, then the inhibitor may substantially inhibit *M. smithii*'s enzyme.

[0078] In order to selectively control the release of an inhibitor to a particular region of the gastrointestinal tract for release, the pharmaceutical compositions of the invention may be manufactured into one or several dosage forms for the controlled, sustained or timed release of one or more of the ingredients. In this context, typically one or more of the ingredients forming the pharmaceutical composition is microencapsulated or dry coated prior to being formulated into one of the above forms. By varying the amount and type of coating and its thickness, the timing and location of release of a given ingredient or several ingredients (in either the same dosage form, such as a multi-layered capsule, or different dosage forms) may be varied.

[0079] In an exemplary embodiment, the coating may be an enteric coating. The enteric coating generally will provide for controlled release of the ingredient, such that drug release can be accomplished at some generally predictable location in the lower intestinal tract below the point at which drug release would occur without the enteric coating. In certain embodiments, multiple enteric coatings may be utilized. Multiple enteric coatings, in certain embodiments, may be selected to release the ingredient or combination of ingredients at various regions in the lower gastrointestinal tract and at various times.

[0080] As will be appreciated by a skilled artisan, the encapsulation or coating method can and will vary depending upon the ingredients used to form the pharmaceutical composition and coating, and the desired physical characteristics of the microcapsules themselves. Additionally, more than one encapsulation method may be employed so as to create a multi-layered microcapsule, or the same encapsulation method may be employed sequentially so as to create a multi-layered microcapsule. Suitable methods of microencapsulation may include spray drying, spinning disk encapsulation (also known as rotational suspension separation encapsulation), supercritical fluid encapsulation, air suspension microencapsulation, fluidized bed encapsulation, spray cooling/chilling (including matrix encapsulation), extrusion encapsulation, centrifugal extrusion, coacervation, alginate beads, liposome encapsulation, inclusion encapsulation, colloidosome encapsulation, sol-gel microencapsulation, and other methods of microencapsulation known in the art. Detailed information concerning materials, equipment and processes for preparing coated dosage forms may be found in *Pharmaceutical Dosage Forms: Tablets*, eds. Lieberman et al. (New York: Marcel Dekker, Inc., 1989), and in *Ansel et al., Pharmaceutical Dosage Forms and Drug Delivery Systems*, 6th Ed. (Media, Pa.: Williams & Wilkins, 1995).

II. Biomarkers Comprising the Gut Microbiome

[0081] Another aspect of the invention encompasses use of the gut microbiome as a biomarker for obesity. The biomarker may be utilized to construct arrays that may be used for several applications including as a diagnostic or prognostic tool to determine obesity risk, judge the efficacy of existing weight loss regimes, aid in drug discovery, identify additional biomarkers involved in obesity or an obesity related disorder, and aid in the discovery of therapeutic targets involved in the regulation of energy balance, including but not limited to those that may directly affect the composition of the gut microbiome. Generally speaking, the array may comprise biomolecules modulated in an obese host microbiome or a lean host microbiome.

(a) Array

[0082] The array may be comprised of a substrate having disposed thereon at least one biomolecule that is modulated in an obese host microbiome compared to a lean host microbiome. Several substrates suitable for the construction of arrays are known in the art, and one skilled in the art will appreciate that other substrates may become available as the art progresses. The substrate may be a material that may be modified to contain discrete individual sites appropriate for the attachment or association of the biomolecules and is amenable to at least one detection method. Non-limiting examples of substrate materials include glass, modified or functionalized glass, plastics (including acrylics, polystyrene and copolymers of styrene and other materials, polypropylene, polyethylene, polybutylene, polyurethanes, TeflonJ, etc.), nylon or nitrocellulose, polysaccharides, nylon, resins, silica or silica-based materials including silicon and modified silicon, carbon, metals, inorganic glasses and plastics. In an exemplary embodiment, the substrates may allow optical detection without appreciably fluorescing.

[0083] A substrate may be planar, a substrate may be a well, i.e. a 364 well plate, or alternatively, a substrate may be a bead. Additionally, the substrate may be the inner surface of a tube for flow-through sample analysis to minimize sample volume. Similarly, the substrate may be flexible, such as a flexible foam, including closed cell foams made of particular plastics.

[0084] The biomolecule or biomolecules may be attached to the substrate in a wide variety of ways, as will be appreciated by those in the art. The biomolecule may either be synthesized first, with subsequent attachment to the substrate, or may be directly synthesized on the substrate. The substrate and the biomolecule may be derivatized with chemical functional groups for subsequent attachment of the two. For example, the substrate may be derivatized with a chemical functional group including, but not limited to, amino groups, carboxyl groups, oxo groups or thiol groups. Using these functional groups, the biomolecule may be attached using functional groups on the biomolecule either directly or indirectly using linkers.

[0085] The biomolecule may also be attached to the substrate non-covalently. For example, a biotinylated biomolecule can be prepared, which may bind

to surfaces covalently coated with streptavidin, resulting in attachment. Alternatively, a biomolecule or biomolecules may be synthesized on the surface using techniques such as photopolymerization and photolithography. Additional methods of attaching biomolecules to arrays and methods of synthesizing biomolecules on substrates are well known in the art, i.e. VLSIPS technology from Affymetrix (e.g., see U.S. Patent 6,566,495, and Rockett and Dix, "DNA arrays: technology, options and toxicological applications," *Xenobiotica* 30(2):155-177, all of which are hereby incorporated by reference in their entirety).

[0086] In one embodiment, the biomolecule or biomolecules attached to the substrate are located at a spatially defined address of the array. Arrays may comprise from about 1 to about several hundred thousand addresses or more. In one embodiment, the array may be comprised of less than 10,000 addresses. In another alternative embodiment, the array may be comprised of at least 10,000 addresses. In yet another alternative embodiment, the array may be comprised of less than 5,000 addresses. In still another alternative embodiment, the array may be comprised of at least 5,000 addresses. In a further embodiment, the array may be comprised of less than 500 addresses. In yet a further embodiment, the array may be comprised of at least 500 addresses.

[0087] A biomolecule may be represented more than once on a given array. In other words, more than one address of an array may be comprised of the same biomolecule. In some embodiments, two, three, or more than three addresses of the array may be comprised of the same biomolecule. In certain embodiments, the array may comprise control biomolecules and/or control addresses. The controls may be internal controls, positive controls, negative controls, or background controls.

[0088] The array may be comprised of biomolecules indicative of an obese host microbiome (e.g. the nucleic acid sequences listed in Table 13). Alternatively, the array may be comprised of biomolecules indicative of a lean host microbiome (e.g. the nucleic acid sequences listed in Table 14). A biomolecule is "indicative" of an obese or lean microbiome if it tends to appear more often in one type of microbiome compared to the other. Additionally, the array may be comprised of biomolecules that are modulated in the obese host microbiome compared to the lean host microbiome. As used herein,

“modulated” may refer to a biomolecule whose representation or activity is different in an obese host microbiome compared to a lean host microbiome. For instance, modulated may refer to a biomolecule that is enriched, depleted, up-regulated, down-regulated, degraded, or stabilized in the obese host microbiome compared to a lean host microbiome. In one embodiment, the array may be comprised of a biomolecule enriched in the obese host microbiome compared to the lean host microbiome. In another embodiment, the array may be comprised of a biomolecule depleted in the obese host microbiome compared to the lean host microbiome. In yet another embodiment, the array may be comprised of a biomolecule up-regulated in the obese host microbiome compared to the lean host microbiome. In still another embodiment, the array may be comprised of a biomolecule down-regulated in the obese host microbiome compared to the lean host microbiome. In still yet another embodiment, the array may be comprised of a biomolecule degraded in the obese host microbiome compared to the lean host microbiome. In an alternative embodiment, the array may be comprised of a biomolecule stabilized in the obese host microbiome compared to the lean host microbiome.

[0089] Generally speaking, an array of the invention may comprise at least one biomolecule indicative of, or modulated in, an obese host microbiome compared to a lean host microbiome. In one embodiment, the array may comprise at least 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 150, 155, 160, 165, 170, 175, 180, 185, 190, 195, 200, 205, 210, 215, 220, 225, 230, 235, 240, 245, 250, 255, 260, 275, 280, 285, 290, 295, 300, 305, 310, 315, 320, 325, 330, 335, 340, 345, 350, 355, 360, 365, 370, 375, 380, 385, 390, 395, or 400 biomolecules indicative of, or modulated in, an obese host microbiome compared to a lean host microbiome. In another embodiment, the array may comprise at least 200, at least 300, at least 400, at least 500, at least 600, at least 700, at least 800, or at least 900 biomolecules indicative of, or modulated in, an obese host microbiome compared to a lean host microbiome.

[0090] As used herein, “biomolecule” may refer to a nucleic acid, an oligonucleic acid, an amino acid, a peptide, a polypeptide, a protein, a lipid, a carbohydrate, a metabolite, or a fragment thereof. Nucleic acids may include RNA,

DNA, and naturally occurring or synthetically created derivatives. A biomolecule may be present in, produced by, or modified by a microorganism within the gut.

[0091] In one embodiment, the biomolecules of the array may be selected from the biomolecules listed in Table 13. For instance, the biomolecules of the array may be selected from the group comprising nucleic acids corresponding to SEQ ID NO:1 through SEQ ID NO:273. In another embodiment, the biomolecules of the array may be selected from the biomolecules listed in Table 14. For instance, the biomolecules of the array may be selected from the group comprising nucleic acids corresponding to SEQ ID NO:274 through SEQ ID NO:383. In yet another embodiment, the biomolecules of the array may be selected from the biomolecules listed in Table 13 and Table 14, for instance, the nucleic acids corresponding to SEQ ID NO:1 through SEQ ID NO:383.

[0092] Additionally, the biomolecule may be at least 70, 75, 80, 85, 90, or 95% homologous to a biomolecule listed in Table 13 or Table 14 above. In one embodiment, the biomolecule may be at least 80, 81, 82, 83, 84, 85, 86, 87, 88, or 89% homologous to a biomolecule derived from an accession number detailed above. In another embodiment, the biomolecule may be at least 90, 91, 92, 93, 94, 95, 96, 97, 98, or 99% homologous to a biomolecule derived from an accession number detailed above.

[0093] In determining whether a biomolecule is substantially homologous or shares a certain percentage of sequence identity with a sequence of the invention, sequence similarity may be defined by conventional algorithms, which typically allow introduction of a small number of gaps in order to achieve the best fit. In particular, "percent identity" of two polypeptides or two nucleic acid sequences is determined using the algorithm of Karlin and Altschul (Proc. Natl. Acad. Sci. USA 87:2264-2268, 1993). Such an algorithm is incorporated into the BLASTN and BLASTX programs of Altschul et al. (J. Mol. Biol. 215:403-410, 1990). BLAST nucleotide searches may be performed with the BLASTN program to obtain nucleotide sequences homologous to a nucleic acid molecule of the invention. Equally, BLAST protein searches may be performed with the BLASTX program to obtain amino acid sequences that are homologous to a polypeptide of the invention. To obtain gapped alignments for comparison purposes, Gapped

BLAST is utilized as described in Altschul et al. (Nucleic Acids Res. 25:3389-3402, 1997). When utilizing BLAST and Gapped BLAST programs, the default parameters of the respective programs (e.g., BLASTX and BLASTN) are employed. See <http://www.ncbi.nlm.nih.gov> for more details.

[0094] For each of the above embodiments, methods of determining biomolecules that are indicative of, or modulated in, an obese host microbiome compared to a lean host microbiome may be determined using methods detailed in the Examples.

[0095] The arrays may be utilized in several suitable applications. For example, the arrays may be used in methods for detecting association between two or more biomolecules. This method typically comprises incubating a sample with the array under conditions such that the biomolecules comprising the sample may associate with the biomolecules attached to the array. The association is then detected, using means commonly known in the art, such as fluorescence. "Association," as used in this context, may refer to hybridization, covalent binding, or ionic binding. A skilled artisan will appreciate that conditions under which association may occur will vary depending on the biomolecules, the substrate, and the detection method utilized. As such, suitable conditions may have to be optimized for each individual array created.

[0096] In yet another embodiment, the array may be used as a tool in a method to determine whether a compound has efficacy for treatment of obesity or an obesity-related disorder in a host. Alternatively, the array may be used as a tool in a method to determine whether a compound increases or decreases the relative abundance of Bacteriodes, Actinobacteria, or Firmicutes in a subject. Typically, such methods comprise comparing a plurality of biomolecules of the host's microbiome before and after administration of a compound, such that if the abundance of biomolecules associated with obesity decreased after treatment, or the abundance of biomolecules indicative of Bacteroides increases, or the abundance of biomolecules indicative of Firmicutes and/or Actinobacteria decreases, the compound may be efficacious in treating obesity in a host.

[0097] The array may also be used to quantitate the plurality of biomolecules of the host microbiome before and after administration of a compound.

The abundance of each biomolecule in the plurality may then be compared to determine if there is a decrease in the abundance of biomolecules associated with obesity after treatment.

[0098] In some embodiments, the array may be used as a diagnostic or prognostic tool to identify subjects that are susceptible to more efficient energy harvesting, and therefore, more susceptible to weight gain and/or obesity. Such a method may generally comprise incubating the array with biomolecules derived from the subject's gut microbiome to determine the relative abundance of nucleic acids or nucleic acid products associated with Bacteroidetes, Actinobacteria, or Firmicutes. In some embodiments, the array may be used to determine the relative abundance of Mollicutes, Mollicute-associated nucleic acids, or Mollicute-associated nucleic acid products in a subject's gut microbiome. Methods to collect, isolate, and/or purify biomolecules from the gut microbiome of a subject to be used in the above methods are known in the art, and are detailed in the examples.

(b) *microbiome profiles*

[0099] The present invention also encompasses use of the microbiome as a biomarker to construct microbiome profiles. Generally speaking, a microbiome profile is comprised of a plurality of values with each value representing the abundance of a microbiome biomolecule. The abundance of a microbiome biomolecule may be determined, for instance, by sequencing the nucleic acids of the microbiome as detailed in the examples. This sequencing data may then be analyzed by known software, as detailed in the examples, to determine the abundance of a microbiome biomolecule in the analyzed sample. The abundance of a microbiome biomolecule may also be determined using an array described above. For instance, by detecting the association between a biomolecules comprising a microbiome sample and the biomolecules comprising the array, the abundance of a microbiome biomolecule in the sample may be determined.

[0100] A profile may be digitally-encoded on a computer-readable medium. The term "computer-readable medium" as used herein refers to any medium that participates in providing instructions to a processor for execution. Such a medium

may take many forms, including but not limited to non-volatile media, volatile media, and transmission media. Non-volatile media may include, for example, optical or magnetic disks. Volatile media may include dynamic memory. Transmission media may include coaxial cables, copper wire and fiber optics. Transmission media may also take the form of acoustic, optical, or electromagnetic waves, such as those generated during radio frequency (RF) and infrared (IR) data communications. Common forms of computer-readable media include, for example, a floppy disk, a flexible disk, hard disk, magnetic tape, or other magnetic medium, a CD-ROM, CDRW, DVD, or other optical medium, punch cards, paper tape, optical mark sheets, or other physical medium with patterns of holes or other optically recognizable indicia, a RAM, a PROM, and EPROM, a FLASH-EPROM, or other memory chip or cartridge, a carrier wave, or other medium from which a computer can read.

[0101] A particular profile may be coupled with additional data about that profile on a computer readable medium. For instance, a profile may be coupled with data about what therapeutics, compounds, or drugs may be efficacious for that profile, or about other features of the subject's digestive health when consuming a given diet or set of diets. Conversely, a profile may be coupled with data about what therapeutics, compounds, or drugs may not be efficacious for that profile. Alternatively, a profile may be coupled with known risks associated with that profile. Non-limiting examples of the type of risks that might be coupled with a profile include disease or disorder risks associated with a profile. The computer readable medium may also comprise a database of at least two distinct profiles.

[0102] Such a profile may be used, for instance, in a method of selecting a compound for treating obesity or an obesity-related disorder in a host. Generally speaking, such a method would comprise providing a microbiome profile from the host and providing a plurality of reference microbiome profiles, each associated with a compound, and selecting the reference profile most similar to the host microbiome profile, to thereby select a compound for treating obesity or an obesity-related disorder in the host. The host profile and each reference profile may comprise a plurality of values, each value representing the abundance of a microbiome biomolecule.

[0103] The microbiome profiles may be utilized in a variety of applications. For example, the microbiome profiles may be used in a method for predicting risk for obesity or an obesity-related disorder in a host. The method comprises, in part, providing a microbiome profile from a host, and providing a plurality of reference microbiome profiles, then selecting the reference profile most similar to the host microbiome profile, such that if the host's microbiome is most similar to a reference obese microbiome, the host is at risk for obesity or an obesity-related disorder. The microbiome profile from the host may be determined using an array of the invention. The reference profiles may be stored on a computer-readable medium such that software known in the art and detailed in the examples may be used to compare the microbiome profile and the reference profiles.

[0104] The host microbiome may be derived from a subject that is a rodent, a human, a livestock animal, a companion animal, or a zoological animal. In one embodiment, the host microbiome is derived from a rodent, i.e. a mouse, a rat, a guinea pig, etc. In another embodiment, the host microbiome is derived from a human. In a yet another embodiment the host microbiome is derived from a livestock animal. Non-limiting examples of livestock animals include pigs, cows, horses, goats, sheep, llamas and alpacas. In still another embodiment, the host microbiome is derived from a companion animal. Non-limiting examples of companion animals include pets, such as dogs, cats, rabbits, and birds. In still yet another embodiment, the host microbiome is derived from a zoological animal. As used herein, a "zoological animal" refers to an animal that may be found in a zoo. Such animals may include non-human primates, large cats, wolves, and bears.

III. Kits

[0105] The present invention also encompasses a kit for evaluating a compound, therapeutic, or drug. Typically, the kit comprises an array and a computer-readable medium. The array may comprise a substrate, the substrate having disposed thereon at least one biomolecule that is modulated in an obese host microbiome compared to a lean host microbiome. The computer-readable medium may have a plurality of digitally-encoded profiles wherein each profile of the plurality has a plurality

of values, each value representing the abundance of a biomolecule in a host microbiome detected by the array. The array may be used to determine a profile for a particular host under particular conditions, and then the computer-readable medium may be used to determine if the profile is similar to known profile stored on the computer-readable medium. Non-limiting examples of possible known profiles include obese and lean profiles for several different hosts, for example, rodents, humans, livestock animals, companion animals, or zoological animals.

DEFINITIONS

[0106] The term “abundance” refers to the representation of a given taxonomic group (e.g. phylum, order, family, genera, or species) of microorganism present in the gastrointestinal tract of a subject.

[0107] The term “activity of the microbiota population” refers to the microbiome’s ability to harvest energy and nutrients.

[0108] The term “antagonist” refers to a molecule that inhibits or attenuates the biological activity of a Fiaf polypeptide and in particular, the ability of Fiaf to inhibit LPL, and/or the ability of the microbiota to regulate Fiaf. Antagonists may include proteins such as antibodies, nucleic acids, carbohydrates, small molecules, or other compounds or compositions that modulate the activity of a Fiaf polypeptide either by directly interacting with the polypeptide or by acting on components of the biological pathway in which Fiaf participates.

[0109] The term “agonist” refers to a molecule that enhances or increases the biological activity of a Fiaf polypeptide and in particular, the ability of Fiaf to inhibit LPL. Agonists may include proteins, peptides, nucleic acids, carbohydrates, small molecules (e.g., such as metabolites), or other compounds or compositions that modulate the activity of a Fiaf polypeptide either by directly interacting with the polypeptide or by acting on components of the biological pathway in which Fiaf participates.

[0110] The term “altering” as used in the phrase “altering the microbiota population” is to be construed in its broadest interpretation to mean a change in the representation of microbes or the functions/activities of microbial communities in the

gastrointestinal tract of a subject. The change may be a decrease or an increase in the presence of a particular microbial species, genus, family, order, or class, or change in the expression of microbial community associated nucleic acids or a change in the protein and metabolic products produced by members of the community.

[0111] "BMI" as used herein is defined as a human subject's weight (in kilograms) divided by height (in meters) squared.

[0112] An "effective amount" is a therapeutically-effective amount that is intended to qualify the amount of agent that will achieve the goal of a decrease in body fat, or in promoting weight loss.

[0113] Fas stands for fatty acid synthase.

[0114] Fiaf stands for fasting-induced adipocyte factor, also known as angiopoietin like protein 4 (Angpl14).

[0115] LPL stands for lipoprotein lipase.

[0116] The term "obesity-related disorder" includes disorders resulting from, at least in part, obesity. Representative disorders include metabolic syndrome, type II diabetes, hypertension, cardiovascular disease, and nonalcoholic fatty liver disease.

[0117] The term "metagenomics" refers to the application of modern genomic techniques to the study of the composition and operations of communities of microbial organisms sampled directly in their natural environments, by passing the need for isolation and lab cultivation of individual species.

[0118] PPAR stands for peroxisome proliferator-activator receptor.

[0119] A "subject in need of treatment for obesity" generally will have at least one of three criteria: (i) BMI over 30; (ii) 100 pounds overweight; or (iii) 100% above an "ideal" body weight as determined by generally recognized weight charts.

[0120] As various changes could be made in the above compounds, products and methods without departing from the scope of the invention, it is intended that all matter contained in the above description and in the examples given below, shall be interpreted as illustrative and not in a limiting sense.

[0121] The following examples are included to demonstrate preferred embodiments of the invention. It should be appreciated by those of skill in the art that

the techniques disclosed in the examples that follow represent techniques discovered by the inventors to function well in the practice of the invention. Those of skill in the art should, however, in light of the present disclosure, appreciate that many changes can be made in the specific embodiments that are disclosed and still obtain a like or similar result without departing from the spirit and scope of the invention. Therefore all matter set forth or shown in the accompanying drawings is to be interpreted as illustrative and not in a limiting sense.

EXAMPLES

[0122] The following examples illustrate various iterations of the invention.

Example 1: The gut microbiota is linked to family and BMI

[0123] The bacterial lineages of the human gut microbiota are largely unexplored. In this study, the lineages of gut microbiota of 31 monozygotic (MZ) twin pairs, 23 dizygotic (DZ) twin pairs, and where available their mothers (n=46), were characterized. (**Tables 1-5**). MZ and DZ co-twins and parent-offspring pairs provide an attractive paradigm for assessing the impact of genotype and shared early environment exposures on the gut microbiome. Moreover, genetically ‘identical’ MZ twin pairs gain weight in response to overfeeding in a more reproducible way than do unrelated individuals and are more concordant for body mass index (BMI) than dizygotic twin pairs, suggesting shared features of their energy balance influenced by host genotype.

Table 1: V2/31 16S rRNA gene sequencing statistics

Subject ID	Data ID time-point	Family number	Twin /Mom	Ancestry	Zygosity	BMI category	Months without Antibiotics	Total sequences
F1T1Le1	TS1	1	Twin	EA	MZ	Lean	>6	6415
F1T1Le2	TS1.2	1	Twin	EA	MZ	Lean	>6	1627
F1T2Le1	TS2	1	Twin	EA	MZ	Lean	NA	15495
F1T2Le2	TS2.2	1	Twin	EA	MZ	Lean	>6	1957
F1MOv1	TS3	1	Mom	EA	NA	Overweight	>6	7870
F1MOv2	TS3.2	1	Mom	EA	NA	Overweight	>6	1799
F2T1Le1	TS4	2	Twin	EA	MZ	Lean	>6	9343
F2T1Le2	TS4.2	2	Twin	EA	MZ	Lean	>6	2886

F2T2Le1	TS5	2	Twin	EA	MZ	Lean	>6	13991
F2T2Le2	TS5.2	2	Twin	EA	MZ	Lean	>6	3606
F2MOB1	TS6	2	Mom	EA	NA	Obese	>6	7717
F2MOB2	TS6.2	2	Mom	EA	NA	Obese	>6	4325
F3T1Le1	TS7	3	Twin	EA	MZ	Lean	>6	11808
F3T1Le2	TS7.2	3	Twin	EA	MZ	Lean	>6	2962
F3T2Le1	TS8	3	Twin	EA	MZ	Lean	>6	16793
F3T2Le2	TS8.2	3	Twin	EA	MZ	Lean	>6	632
F3MOv1	TS9	3	Mom	EA	NA	Overweight	>6	11291
F3MOB2	TS9.2	3	Mom	EA	NA	Obese	>6	2965
F4T1Ob1	TS10	4	Twin	AA	MZ	Obese	>6	2280
F4T1Ob2	TS10.2	4	Twin	AA	MZ	Obese	>6	979
F4T2Ob1	TS11	4	Twin	AA	MZ	Obese	>6	2458
F4T2Ob2	TS11.2	4	Twin	AA	MZ	Obese	>6	2437
F4MOB1	TS12	4	Mom	AA	NA	Obese	>1	2086
F4MOB2	TS12.2	4	Mom	AA	NA	Obese	>2	1692
F5T1Le1	TS13	5	Twin	EA	MZ	Lean	>6	8509
F5T1Le2	TS13.2	5	Twin	EA	MZ	Lean	>6	1689
F5T2Le1	TS14	5	Twin	EA	MZ	Lean	>6	15903
F5MOv1	TS15	5	Mom	EA	NA	Overweight	>6	15690
F5MOv2	TS15.2	5	Mom	EA	NA	Overweight	>6	3967
F5T1Le1	TS16	6	Twin	EA	MZ	Lean	NA	5975
F5T2Le1	TS17	6	Twin	EA	MZ	Lean	>6	1182
F7T1Ob1	TS19	7	Twin	EA	MZ	Obese	>6	21459
F7T1Ob2	TS19.2	7	Twin	EA	MZ	Obese	>6	3953
F7T2Ob1	TS20	7	Twin	EA	MZ	Obese	>6	32871
F7T2Ob2	TS20.2	7	Twin	EA	MZ	Obese	>6	5045
F7MOB1	TS21	7	Mom	EA	NA	Obese	>6	26781
F7MOB2	TS21.2	7	Mom	EA	NA	Obese	>6	4752
F8T1Le1	TS22	8	Twin	EA	MZ	Lean	>6	5110
F8T2Le1	TS23	8	Twin	EA	MZ	Lean	>6	1978
F9T1Le1	TS25	9	Twin	EA	MZ	Lean	>6	10017
F9T1Le2	TS25.2	9	Twin	EA	MZ	Lean	>6	4626
F9T2Le1	TS26	9	Twin	EA	MZ	Lean	>6	16757
F9T2Le2	TS26.2	9	Twin	EA	MZ	Lean	>6	5111
F9MOB1	TS27	9	Mom	EA	NA	Obese	>6	11885
F9MOB2	TS27.2	9	Mom	EA	NA	Obese	>6	2068
F10T1Ob1	TS28	10	Twin	EA	MZ	Obese	>6	6694
F10T2Ob1	TS29	10	Twin	EA	MZ	Obese	>6	2411
F10MOv1	TS30	10	Mom	EA	NA	Overweight	>6	8273
F10MLE2	TS30.2	10	Mom	EA	NA	Lean	>6	3280
F11T1Le1	TS31	11	Twin	EA	MZ	Lean	>6	18941
F11T1Le2	TS31.2	11	Twin	EA	MZ	Lean	>6	5842
F11T2Le1	TS32	11	Twin	EA	MZ	Lean	>6	9773
F11T2Le2	TS32.2	11	Twin	EA	MZ	Lean	>6	6178
F11MOv1	TS33	11	Mom	EA	NA	Overweight	>6	18037
F11MOv2	TS33.2	11	Mom	EA	NA	Overweight	>6	1593
F12T1Ob1	TS34	12	Twin	EA	MZ	Obese	>6	1730
F12T2Ob1	TS35	12	Twin	EA	MZ	Obese	>6	3887
F13T1Ob1	TS37	13	Twin	EA	MZ	Obese	>6	3534
F13T1Ob2	TS37.2	13	Twin	EA	MZ	Obese	>6	4458
F13T2Ov1	TS38	13	Twin	EA	MZ	Overweight	>6	3043
F13T2Ov2	TS38.2	13	Twin	EA	MZ	Overweight	>6	2566

F13MOB1	TS39	13	Mom	EA	NA	Obese	>6	5848
F13MOB2	TS39.2	13	Mom	EA	NA	Obese	>6	2146
F14T1Ob1	TS43	14	Twin	EA	MZ	Obese	>6	2905
F14T2Ob1	TS44	14	Twin	EA	MZ	Obese	>6	1621
F15T1Ob1	TS49	15	Twin	EA	MZ	Obese	>6	11936
F15T1Ob2	TS49.2	15	Twin	EA	MZ	Obese	>6	4220
F15T2Ob1	TS50	15	Twin	EA	MZ	Obese	>6	12672
F15T2Ob2	TS50.2	15	Twin	EA	MZ	Obese	>6	4603
F15MOB1	TS51	15	Mom	EA	NA	Obese	>6	13789
F15MOB2	TS51.2	15	Mom	EA	NA	Obese	>6	3284
F16T1Ob1	TS55	16	Twin	EA	DZ	Obese	>6	3817
F16T1Ob2	TS55.2	16	Twin	EA	DZ	Obese	>6	5210
F16T2Ob1	TS56	16	Twin	EA	DZ	Obese	>6	5147
F16T2Ob2	TS56.2	16	Twin	EA	DZ	Obese	>6	4490
F16MOB1	TS57	16	Mom	EA	NA	Obese	>0	8440
F16MOB2	TS57.2	16	Mom	EA	NA	Obese	>1	2365
F17T1Ob1	TS61	17	Twin	EA	DZ	Obese	>6	672
F17T1Ob2	TS61.2	17	Twin	EA	DZ	Obese	>6	3738
F17T2Ob1	TS62	17	Twin	EA	DZ	Obese	>6	2311
F17T2Ob2	TS62.2	17	Twin	EA	DZ	Obese	>6	3821
F17MOB1	TS63	17	Mom	EA	NA	Obese	>6	2132
F17MOB2	TS63.2	17	Mom	EA	NA	Obese	>6	1853
F18T1Ov1	TS64	18	Twin	EA	MZ	Overweight	>6	4571
F18T1Ov2	TS64.2	18	Twin	EA	MZ	Overweight	>6	4523
F18T2Ob1	TS65	18	Twin	EA	MZ	Obese	>6	2502
F18T2Ob2	TS65.2	18	Twin	EA	MZ	Obese	>6	3943
F18MOB1	TS66	18	Mom	EA	NA	Obese	>6	3491
F18MOB2	TS66.2	18	Mom	EA	NA	Obese	>6	6187
F19T1Ob1	TS67	19	Twin	EA	DZ	Obese	NA	988
F19T1Ob2	TS67.2	19	Twin	EA	DZ	Obese	NA	1861
F19T2Ob1	TS68	19	Twin	EA	DZ	Obese	>6	3870
F19T2Ob2	TS68.2	19	Twin	EA	DZ	Obese	>6	2242
F19MOB1	TS69	19	Mom	EA	NA	Obese	>6	5290
F19MOB2	TS69.2	19	Mom	EA	NA	Obese	>0	2305
F20T1Obt	TS70	20	Twin	EA	DZ	Obese	>6	2139
F20T1Ob2	TS70.2	20	Twin	EA	DZ	Obese	>6	2166
F20T2Ob1	TS71	20	Twin	EA	DZ	Obese	>6	3130
F20T2Ob2	TS71.2	20	Twin	EA	DZ	Obese	>6	2293
F20MOB1	TS72	20	Mom	EA	NA	Obese	>6	1674
F20MOB2	TS72.2	20	Mom	EA	NA	Obese	>6	376
F21T1Ob1	TS73	21	Twin	EA	DZ	Obese	>6	2963
F21T2Ob1	TS74	21	Twin	EA	DZ	Obese	>6	2177
F21T2Ob2	TS74.2	21	Twin	EA	DZ	Obese	>6	1791
F21MOB1	TS75	21	Mom	EA	NA	Obese	>6	1434
F21MOB2	TS75.2	21	Mom	EA	NA	Obese	>6	1887
F22T1Ob1	TS76	22	Twin	AA	MZ	Obese	>6	2977
F22T1Ob2	TS76.2	22	Twin	AA	MZ	Obese	>6	1962
F22T2Ov1	TS77	22	Twin	AA	MZ	Overweight	>6	2168
F22MOB1	TS78	22	Mom	AA	NA	Obese	>6	1460
F22MOB2	TS78.2	22	Mom	AA	NA	Obese	>6	2482
F23T1Ob1	TS82	23	Twin	AA	MZ	Obese	>6	1628
F23T1Ob2	TS82.2	23	Twin	AA	MZ	Obese	>6	1673
F23T2Ob1	TS83	23	Twin	AA	MZ	Obese	>6	1572

F23T2Ob2	TS83.2	23	Twin	AA	MZ	Obese	>6	3349
F23MOB1	TS84	23	Mom	AA	NA	Obese	>6	2215
F23MOB2	TS84.2	23	Mom	AA	NA	Obese	>6	2033
F24T1Ob1	TS85	24	Twin	EA	DZ	Overweight	>3	2385
F24T1Ov2	TS85.2	24	Twin	EA	DZ	Overweight	>6	2122
F24T1Ob1	TS86	24	Twin	EA	DZ	Obese	>1	4107
F24T2Ob2	TS86.2	24	Twin	EA	DZ	Obese	>3	1704
F24MOB1	TS87	24	Mom	EA	NA	Obese	>6	2605
F24MOB1	TS87.2	24	Mom	EA	NA	Obese	>6	1587
F25T1Ob1	TS88	25	Twin	EA	DZ	Obese	>4	2497
F25T1Ob2	TS88.2	25	Twin	EA	DZ	Obese	>6	2129
F25T2Ob1	TS89	25	Twin	EA	DZ	Obese	>6	2108
F25T2Ob2	TS89.2	25	Twin	EA	DZ	Obese	>6	3549
F25MOB1	TS90	25	Mom	EA	NA	Obese	>6	2615
F25MOB2	TS90.2	25	Mom	EA	NA	Obese	>6	2725
F26TtOb1	TS91	26	Twin	AA	MZ	Obese	>5	675
F26TtOb2	TS91.2	26	Twin	AA	MZ	Obese	>6	2307
F26T2Ob1	TS92	26	Twin	AA	MZ	Obese	>6	2036
F26T2Ob2	TS92.2	26	Twin	AA	MZ	Obese	>6	2335
F27T1Ob1	TS94	27	Twin	AA	MZ	Obese	>6	1861
F27T1Ob2	TS94.2	27	Twin	AA	MZ	Obese	>6	2511
F27T2Ob1	TS95	27	Twin	AA	MZ	Obese	>6	2842
F27T2Ob2	TS95.2	27	Twin	AA	MZ	Obese	>6	2550
F27MOB1	TS96	27	Mom	AA	NA	Obese	>6	1516
F27MOB2	TS96.2	27	Mom	AA	NA	Obese	>6	2909
F28T1Ob1	TS97	28	Twin	AA	DZ	Obese	>6	2326
F28T1Ob2	TS97.2	28	Twin	AA	DZ	Obese	>6	2944
F28T2Ob1	TS98	28	Twin	AA	DZ	Obese	>6	2970
F28T2Ob2	TS98.2	28	Twin	AA	DZ	Obese	>6	2851
F28MOv2	TS99.2	28	Mom	AA	NA	Overweight	>6	3136
F29T1Ob1	TS100	29	Twin	AA	MZ	Obese	>6	3504
F29T1Ob2	TS100.2	29	Twin	AA	MZ	Obese	>6	2616
F29T2Ob2	TS101.2	29	Twin	AA	MZ	Obese	>6	2387
F30T1Ob1	TS103	30	Twin	AA	MZ	Obese	>6	1473
F30T1Ob2	TS103.2	30	Twin	AA	MZ	Obese	>6	3012
F30T2Ob1	TS104	30	Twin	AA	MZ	Obese	>6	1970
F30T2Ob2	TS104.2	30	Twin	AA	MZ	Obese	>6	2895
F30MOB1	TS105	30	Mom	AA	NA	Obese	>6	1864
F30MOB2	TS105.2	30	Mom	AA	NA	Obese	>6	2096
F31T1Ob1	TS106	31	Twin	AA	MZ	Obese	>6	2698
F31T1Ob2	TS106.2	31	Twin	AA	MZ	Obese	>6	2250
F31T2Ob1	TS107	31	Twin	AA	MZ	Obese	>6	3132
F31T2Ob2	TS107.2	31	Twin	AA	MZ	Obese	>6	4521
F32T1Le1	TS109	32	Twin	EA	DZ	Lean	>6	2583
F32T1Le2	TS109.2	32	Twin	EA	DZ	Lean	>6	1682
F32T2Le1	TS110	32	Twin	EA	DZ	Lean	>6	2286
F32T2Le2	TS110.2	32	Twin	EA	DZ	Lean	>6	4408
F32MLe1	TS111	32	Mom	EA	NA	Lean	>6	3822
F32MLe2	TS111.2	32	Mom	EA	NA	Lean	>6	2597
F33T1Ob1	TS115	33	Twin	AA	MZ	Obese	>6	2619
F33T1Ob2	TS115.2	33	Twin	AA	MZ	Obese	>6	2017
F33T2Ob1	TS116	33	Twin	AA	MZ	Obese	>6	5558
F33T2Ob2	TS116.2	33	Twin	AA	MZ	Obese	>6	2440

F33MOB1	TS117	33	Mom	AA	NA	Obese	>6	3430
F33MOB2	TS117.2	33	Mom	AA	NA	Obese	>6	2932
F34T1Ob1	TS118	34	Twin	AA	DZ	Obese	>0	2209
F34T1Ob2	TS118.2	34	Twin	AA	DZ	Obese	>6	3030
F34T2Ob1	TS119	34	Twin	AA	DZ	Obese	>6	2791
F34T2Ob2	TS119.2	34	Twin	AA	DZ	Obese	>0	3828
F34MOB1	TS120	34	Mom	AA	NA	Obese	>6	97
F34MOB2	TS120.2	34	Mom	AA	NA	Obese	>6	3015
F35T1Le1	TS124	35	Twin	EA	DZ	Lean	>6	2336
F35T1Le2	TS124.2	35	Twin	EA	DZ	Lean	>6	2102
F35T2Ov1	TS125	35	Twin	EA	DZ	Overweight	>6	2381
F35T2Ov2	TS125.2	35	Twin	EA	DZ	Overweight	>6	1889
F35MOB1	TS126	35	Mom	EA	NA	Obese	>6	1733
F35MOB2	TS126.2	35	Mom	EA	NA	Obese	>6	2676
F36T1Le1	TS127	36	Twin	EA	DZ	Lean	>6	4119
F36T1Le2	TS127.2	36	Twin	EA	DZ	Lean	>6	1929
F36T2Le1	TS128	36	Twin	EA	DZ	Lean	>6	4698
F36T2Le2	TS128.2	36	Twin	EA	DZ	Lean	>6	2857
F36MLE1	TS129	36	Mom	EA	NA	Lean	>6	2628
F36MLE2	TS129.2	36	Mom	EA	NA	Lean	>6	2247
F37T1Ob1	TS130	37	Twin	AA	MZ	Obese	>6	3121
F37T1Ob2	TS130.2	37	Twin	AA	MZ	Obese	>1	3391
F37T2Ob1	TS131	37	Twin	AA	MZ	Obese	>6	3338
F37T2Ob2	TS131.2	37	Twin	AA	MZ	Obese	NA	3168
F37MOB1	TS132	37	Mom	AA	NA	Obese	>1	2586
F37MOB2	TS132.2	37	Mom	AA	NA	Obese	NA	4130
F38T1Ob1	TS133	38	Twin	AA	MZ	Obese	>6	2355
F38T1Ob2	TS133.2	38	Twin	AA	MZ	Obese	>6	3902
F38T2Ob1	TS134	38	Twin	AA	MZ	Obese	>3	1378
F38T2Ob2	TS134.2	38	Twin	AA	MZ	Obese	>5	2656
F38MOB1	TS135	38	Mom	AA	NA	Obese	>6	3068
F38MOB2	TS135.2	38	Mom	AA	NA	Obese	>6	2436
F39T1Ov1	TS136	39	Twin	AA	DZ	Overweight	>6	2962
F39T1Ob2	TS136.2	39	Twin	AA	DZ	Obese	>6	4164
F39T2Ob1	TS137	39	Twin	AA	DZ	Obese	>6	3748
F39T2Ob2	TS137.2	39	Twin	AA	DZ	Obese	>0	2902
F39MOB1	TS138	39	Mom	AA	NA	Obese	>6	3289
F39MOB2	TS138.2	39	Mom	AA	NA	Obese	>6	1369
F40T1Ob1	TS139	40	Twin	AA	DZ	Obese	>6	2756
F40T1Ob2	TS139.2	40	Twin	AA	DZ	Obese	>6	3195
F40T2Ob1	TS140	40	Twin	AA	DZ	Obese	>6	2698
F40T2Ob2	TS140.2	40	Twin	AA	DZ	Obese	>6	2851
F40MOB1	TS141	40	Mom	AA	NA	Obese	>6	2083
F40MOB2	TS141.2	40	Mom	AA	NA	Obese	>6	3125
F41T1Ob1	TS142	41	Twin	AA	DZ	Obese	>6	2432
F41T1Ob2	TS142.2	41	Twin	AA	DZ	Obese	>0	3466
F41T2Ob1	TS143	41	Twin	AA	DZ	Obese	>6	3944
F41T2Ob2	TS143.2	41	Twin	AA	DZ	Obese	>6	3721
F41MOB1	TS144	41	Mom	AA	NA	Obese	>6	2804
F41MOB2	TS144.2	41	Mom	AA	NA	Obese	>6	4354
F42T1Ob1	TS145	42	Twin	AA	DZ	Obese	>0	2738
F42T1Ob2	TS145.2	42	Twin	AA	DZ	Obese	>1	3633
F42T2Ob1	TS146	42	Twin	AA	DZ	Obese	>0	3214

F42T2Ob2	TS146.2	42	Twin	AA	DZ	Obese	>1	3380
F42Mob1	TS147	42	Mom	AA	NA	Obese	>2	3513
F42Mov2	TS147.2	42	Mom	AA	NA	Overweight	>4	4957
F43T1Ob1	TS148	43	Twin	EA	MZ	Obese	>6	6128
F43T2Ob1	TS149	43	Twin	EA	MZ	Obese	>5	11555
F43MOB1	TS150	43	Mom	EA	NA	Obese	>6	8045
F44T1Ob1	TS151	44	Twin	AA	DZ	Obese	>6	3800
F44T1Ob2	TS151.2	44	Twin	AA	DZ	Obese	>6	3210
F44T2Ob1	TS152	44	Twin	AA	DZ	Obese	>6	3326
F44T2Ob2	TS152.2	44	Twin	AA	DZ	Obese	>6	2742
F44Mov1	TS153	44	Mom	AA	NA	Overweight	>6	4118
F45T1Le2	TS154.2	45	Twin	AA	MZ	Lean	>6	1466
F45T2Le1	TS155	45	Twin	AA	MZ	Lean	>6	2267
F45T2Le2	TS155.2	45	Twin	AA	MZ	Lean	>6	2361
F45MOB1	TS156	45	Mom	AA	NA	Obese	>2	1694
F45MOB2	TS156.2	45	Mom	AA	NA	Obese	>6	1906
F46T1Ob1	TS160	46	Twin	AA	DZ	Obese	>6	2367
F46T1Ob2	TS160.2	46	Twin	AA	DZ	Obese	>6	2049
F46T2Ob1	TS161	46	Twin	AA	DZ	Obese	>6	2185
F46MOB1	TS162	46	Mom	AA	NA	Obese	>6	3564
F46MOB2	TS162.2	46	Mom	AA	NA	Obese	>6	4041
F47T1Le1	TS163	47	Twin	AA	MZ	Lean	>2	1624
F47T1Le2	TS163.2	47	Twin	AA	MZ	Lean	>3	2495
F47T2Le1	TS164	47	Twin	AA	MZ	Lean	>6	2651
F47T2Le2	TS164.2	47	Twin	AA	MZ	Lean	>6	3018
F47MLE1	TS165	47	Mom	AA	NA	Lean	>6	2767
F47MLE2	TS165.2	47	Mom	AA	NA	Lean	>6	2839
F48T1Ob1	TS166	48	Twin	AA	DZ	Obese	>2	3628
F48T1Ob2	TS166.2	48	Twin	AA	DZ	Obese	>6	3252
F48T2Ob1	TS167	48	Twin	AA	DZ	Obese	>6	2822
F48T2Ob2	TS167.2	48	Twin	AA	DZ	Obese	>6	4538
F48MOB1	TS168	48	Mom	AA	NA	Obese	>6	2882
F48MOB2	TS168.2	48	Mom	AA	NA	Obese	>6	4569
F49T1Ob1	TS169	49	Twin	AA	DZ	Obese	>6	4217
F49T1Ob2	TS169.2	49	Twin	AA	DZ	Obese	>6	3644
F49T2Ob1	TS170	49	Twin	AA	DZ	Obese	>3	2117
F49T2Ob2	TS170.2	49	Twin	AA	DZ	Obese	>6	2785
F50T1Ob1	TS178	50	Twin	AA	DZ	Obese	>6	2378
F50T1Ob2	TS178.2	50	Twin	AA	DZ	Obese	>6	2894
F50T2Ob1	TS179	50	Twin	AA	DZ	Obese	>6	2122
F50T2Ob2	TS179.2	50	Twin	AA	DZ	Obese	>6	3189
F50MLE1	TS180	50	Mom	AA	NA	Lean	>6	2132
F51T1Ob1	TS181	51	Twin	AA	DZ	Obese	>3	3455
F51T1Ob2	TS181.2	51	Twin	AA	DZ	Obese	>6	2812
F51T2Ov1	TS182	51	Twin	AA	DZ	Overweight	>6	7014
F51T2Ob2	TS182.2	51	Twin	AA	DZ	Obese	>6	6903
F51MOB1	TS183	51	Mom	AA	NA	Obese	>2	3243
F51MOB2	TS183.2	51	Mom	AA	NA	Obese	>6	2884
F52T1Le1	TS184	52	Twin	AA	MZ	Lean	>6	1925
F52T2Le1	TS185	52	Twin	AA	MZ	Lean	>6	2545
F52T2Le2	TS185.2	52	Twin	AA	MZ	Lean	>2	2538
F52MOv1	TS186	52	Mom	AA	NA	Overweight	>6	1735
F53T1Ob1	TS190	53	Twin	AA	MZ	Obese	NA	3165

F53T2Ob1	TS191	53	Twin	AA	MZ	Obese	>6	2720
F53MOv1	TS192	53	Mom	AA	NA	Overweight	>6	5067
F54T1Le1	TS193	54	Twin	EA	DZ	Lean	>6	1799
F54T1Le2	TS193.2	54	Twin	EA	DZ	Lean	>6	1739
F54T2Le1	TS194	54	Twin	EA	DZ	Lean	>6	2291
F54T2Le2	TS194.2	54	Twin	EA	DZ	Lean	>6	1612
F54MLe1	TS195	54	Mom	EA	NA	Lean	>6	2782
F54MLe2	TS195.2	54	Mom	EA	NA	Lean	>6	2462
TOTAL								119519

Table 2: V6 16S rRNA gene sequencing statistics

Subject ID^a	Data ID	Twin/Mom	Family	BMI	Sequences
F1T1Le1	TS1	Twin	1	Lean	25,140
F1T2Le1	TS2	Twin	1	Lean	42,186
F1MOv1	TS3	Mom	1	Overweight	17,726
F2T1Le1	TS4	Twin	2	Lean	25,705
F2T2Le1	TS5	Twin	2	Lean	26,608
F2MOB1	TS6	Mom	2	Obese	27,007
F3T1Le1	TS7	Twin	3	Lean	17,469
F3T2Le1	TS8	Twin	3	Lean	17,170
F3MOv1	TS9	Mom	3	Overweight	14,787
F5T1Le1	TS13	Twin	5	Lean	15,296
F5T2Le1	TS14	Twin	5	Lean	14,220
F5MOv1	TS15	Mom	5	Overweight	14,244
F7T1Ob1	TS19	Twin	7	Obese	43,635
F7T2Ob1	TS20	Twin	7	Obese	13,476
F7MOB1	TS21	Mom	7	Obese	23,714
F9T1Le1	TS25	Twin	9	Lean	20,491
F9T2Le1	TS26	Twin	9	Lean	27,626
F9MOB1	TS27	Mom	9	Obese	25,494
F10T1Ob1	TS28	Twin	10	Obese	20,905
F10T2Ob1	TS29	Twin	10	Obese	15,698
F10MOv1	TS30	Mom	10	Overweight	32,083
F11T1Le1	TS31	Twin	11	Lean	16,530
F11T2Le1	TS32	Twin	11	Lean	31,690
F11MOv1	TS33	Mom	11	Overweight	28,962
F15T1Ob1	TS49	Twin	15	Obese	22,201
F15T2Ob1	TS50	Twin	15	Obese	30,498
F15MOB1	TS51	Mom	15	Obese	22,691
F16T1Ob1	TS55	Twin	16	Obese	37,027
F16T2Ob1	TS56	Twin	16	Obese	31,512
F16MOB1	TS57	Mom	16	Obese	30,392
F43T1Ob1	TS148	Twin	43	Obese	26,458
F43T2Ob1	TS149	Twin	43	Obese	35,838
F43MOB1	TS150	Mom	43	Obese	23,463
				TOTAL	817,942

^aID nomenclature: Family number, Twin number or mother, and BMI category (Le=lean; Ov=overweight, Ob=obese; e.g. F1T1Le stands for family 1, twin 1, lean)

Table 3: Full-length 16S rRNA gene sequencing statistics

Subject ID ^a	Data ID	Twin/Mom	Family	BMI	Sequences
F1T1Le1	TS1	Twin	1	Lean	349
F1T2Le1	TS2	Twin	1	Lean	351
F1MOv1	TS3	Mom	1	Overweight	331
F2T1Le1	TS4	Twin	2	Lean	351
F2T2Le1	TS5	Twin	2	Lean	345
F2MOB1	TS6	Mom	2	Obese	348
F3T1Le1	TS7	Twin	3	Lean	237
F3T2Le1	TS8	Twin	3	Lean	354
F3MOv1	TS9	Mom	3	Overweight	357
F5T1Le1	TS13	Twin	5	Lean	337
F5T2Le1	TS14	Twin	5	Lean	350
F5MOv1	TS15	Mom	5	Overweight	338
F7T1Ob1	TS19	Twin	7	Obese	333
F7T2Ob1	TS20	Twin	7	Obese	340
F7MOB1	TS21	Mom	7	Obese	332
F9T1Le1	TS25	Twin	9	Lean	351
F9T2Le1	TS26	Twin	9	Lean	252
F9MOB1	TS27	Mom	9	Obese	343
F10T1Ob1	TS28	Twin	10	Obese	344
F10T2Ob1	TS29	Twin	10	Obese	337
F10MOv1	TS30	Mom	10	Overweight	261
F15T1Ob1	TS49	Twin	15	Obese	338
F15T2Ob1	TS50	Twin	15	Obese	319
F15MOB1	TS51	Mom	15	Obese	331
F16T1Ob1	TS55	Twin	16	Obese	353
F16T2Ob1	TS56	Twin	16	Obese	278
F16MOB1	TS57	Mom	16	Obese	348
F43T1Ob1	TS148	Twin	43	Obese	323
F43T2Ob1	TS149	Twin	43	Obese	340
F43MOB1	TS150	Mom	43	Obese	349
				TOTAL	9,920

^aID nomenclature: Family number, Twin number or mother, and BMI category (Le=lean; Ov=overweight, Ob=obese; e.g. F1T1LE stands for family 1, twin 1, lean)

Table 4: Phytotypes shared across $\geq 70\%$ of all individuals (V2/3 dataset: 1,000 random sequences/individual)^a

Phylo-type ID	Individuals with phylotype	% of individuals with phylotype	Number of reads grouped into phylotype	Highest relative abundance across all individuals	Lowest relative abundance across all individuals	Mean $\pm$ sem% of 16S rRNA gene sequences across all individuals	Taxonomic classification ^b
1	151	98.1	7942	28.7	0	6.53 $\pm$ 0.41	Bacteria; Firmicutes; Clostridia; Faecalibacterium

2	151	98.1	5375	25.5	0	4.41 ± 0.34	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus
3	144	93.5	2518	14.7	0	2.06 ± 0.16	Bacteria; Firmicutes; Clostridia; Clostridiales
4	143	92.9	5606	30.5	0	4.56 ± 0.41	Bacteria; Firmicutes; Clostridia; Clostridiales; Eubacterium rectale
5	140	90.9	1629	8.1	0	1.34 ± 0.11	Bacteria; Firmicutes; Clostridia; Clostridiales; Clostridium Clostridioforme
6	134	87.0	757	12.7	0	0.62 ± 0.09	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus; Ruminococcus schinkii
7	133	86.4	1485	12.2	0	1.23 ± 0.14	Bacteria; Firmicutes; Clostridia; Clostridiales; Coprococcus
8	133	86.4	1392	6.5	0	1.14 ± 0.10	Bacteria; Firmicutes; Clostridia; Clostridiales
9	133	86.4	1201	10.5	0	0.99 ± 0.12	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus
10	128	83.1	819	5.2	0	0.68 ± 0.06	Bacteria; Firmicutes; Clostridia; Clostridiales
11	127	82.5	747	3.7	0	0.62 ± 0.05	Bacteria; Firmicutes;

							Clostridia; Faecalibacterium
12	126	81.8	11598	51.6	0	9.39 ± 0.79	Bacteria; Bacteroidetes; Bacteroidales; Bacteroidaceae
13	125	81.2	2585	34.3	0	2.15 ± 0.31	Bacteria; Firmicutes; Clostridia; Faecalibacterium
14	123	79.9	3512	15.3	0	2.89 ± 0.25	Bacteria; Firmicutes; Clostridia; Faecalibacterium
15	120	77.9	792	8.4	0	0.66 ± 0.08	Bacteria; Firmicutes; Clostridia; Clostridiales; Clostridium nexile
16	118	76.6	632	2.7	0	0.52 ± 0.05	Bacteria; Firmicutes; Clostridia; Faecalibacterium
17	115	74.7	3422	43.3	0	2.79 ± 0.41	Bacteria; Bacteroidetes; Bacteroidales; Bacteroidaceae
18	113	73.4	441	2.3	0	0.37 ± 0.03	Bacteria; Firmicutes; Clostridia; Clostridiales; Clostridium nexile
19	112	72.7	1168	17.4	0	0.98 ± 0.16	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus
20	111	72.1	749	5.2	0	0.61 ± 0.07	Bacteria; Firmicutes; Clostridia; Clostridiales
21	108	70.1	640	3.5	0	0.53 ± 0.06	Bacteria; Firmicutes; Clostridia; Clostridiales;

							Ruminococcus
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^a 1,000 sequences were randomly sampled from a single timepoint for each individual

^b Based on the consensus taxonomy of $\geq 90\%$ sequences within each phylotype (best-BLAST-hit against the Greengenes database)

Table 5: Phylotypes shared across >90% of all individuals (V6 dataset: 10,000 random sequences/individual)

Phylo-type ID	Individuals with phylotype	% of individuals with phylotype	Number of reads grouped into phylotype	Highest relative abundance across all individuals	Lowest relative abundance across all individuals	Mean $\pm$ sem% of 16S rRNA gene sequences across all individuals	Taxonomic classification ^a
1	33	100.0	10400	9.7	0.011	3.40 $\pm$ 0.45	Bacteria; Firmicutes; Clostridia; Clostridiales; Clostridium nexile
2	33	100.0	5161	5.9	0.011	1.67 $\pm$ 0.23	Bacteria; Firmicutes; Clostridiales; Clostridium nexile; Clostridium fusiformis
3	33	100.0	6077	6.7	0.021	1.97 $\pm$ 0.32	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus
4	33	100.0	16600	26.8	0.011	5.36 $\pm$ 1.02	Bacteria; Firmicutes; Clostridia; Clostridiales; Eubacterium rectale
5	33	100.0	11654	12.5	0.011	3.78 $\pm$ 0.58	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus
6	32	97.0	3113	5.8	0.000	1.01 $\pm$ 0.23	Bacteria; Firmicutes; Clostridia; Clostridiales;

							Clostridium nexile
7	32	97.0	2908	4.2	0.000	0.96 ± 0.21	Bacteria; Bacteroidetes; Bacteroidales; Bacteroidaceae
8	32	97.0	2382	3.7	0.000	0.78 ± 0.13	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus
9	32	97.0	1712	4.4	0.000	0.56 ± 0.14	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus; Ruminococcus schinkii
10	31	93.9	3940	6.6	0.000	1.29 ± 0.26	Bacteria; Firmicutes; Clostridia; Faecalibacterium
11	31	93.9	3729	4.9	0.000	1.21 ± 0.18	Bacteria; Firmicutes; Clostridia; Clostridiales; Clostridium nexile
12	30	90.9	454	0.7	0.000	0.15 ± 0.03	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus
13	30	90.9	687	1.1	0.000	0.23 ± 0.04	Bacteria; Firmicutes; Clostridia
14	30	90.9	999	2.3	0.000	0.33 ± 0.08	Bacteria; Firmicutes; Clostridia; Peptostreptococace ae; Peptostreptococcus _anaerobius; Clostridium bifermentans
15	30	90.9	1241	5.3	0.000	0.40 ± 0.16	Bacteria; Firmicutes;

							Clostridia; Clostridiales; Clostridium bolteae
16	30	90.9	160	0.2	0.000	0.05 ± 0.01	Bacteria; Actinobacteria; Actinobacteridae; Actinomycineae
17	30	90.9	1417	2.0	0.000	0.46 ± 0.09	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus
18	30	90.9	1014	1.2	0.000	0.33 ± 0.06	Bacteria; Firmicutes; Clostridia; Clostridiales
19	30	90.9	1353	1.6	0.000	0.44 ± 0.08	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus; Ruminococcus luti
20	30	90.9	2686	6.0	0.000	0.88 ± 0.22	Bacteria; Firmicutes; Clostridia; Clostridiales; Clostridium clostridioforme
21	30	90.9	7454	12.2	0.000	2.43 ± 0.63	Bacteria; Firmicutes; Clostridia; Faecalibacterium

^aBased on the consensus taxonomy of >90% sequences within each phylotype (best-BLAST-hit against the Greengenes database)

Table 6: Phylotypes shared across ≥70% of all individuals (Full-length dataset; 200 random sequences/individual)

Phylo-type ID	Individuals with phylotype	% of individuals with phylotype	Number of reads grouped into phylotype	Highest relative abundance across all individuals	Lowest relative abundance across all individuals	Mean±sem % of 16S rRNA gene sequences across all individuals	Taxonomic Classifications ^a
1	28	93.3	378	17.9	0.0	7.81 ± 1.04	Bacteria; Firmicutes; Clostridia; Faecalibacterium

2	27	90.0	347	25.0	0.0	6.90 ± 1.20	Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus
3	26	86.7	128	9.9	0.0	2.62 ± 0.47	Bacteria; Firmicutes; Clostridia; Clostridiales
4	26	86.7	298	23.1	0.0	6.00 ± 1.14	Bacteria; Firmicutes; Clostridia; Clostridiales; Eubacterium rectale
5	26	86.7	127	12.0	0.0	2.64 ± 0.49	Bacteria; Firmicutes; Clostridia; Clostridiales; Clostridium clostridioform
6	22	73.3	110	10.9	0.0	2.33 ± 0.55	Bacteria; Bacteroidetes; Bacteroidales; Bacteroidaceae
7	22	73.3	87	5.7	0.0	1.76 ± 0.29	Bacteria; Firmicutes; Clostridia; Clostridiales; Clostridium nexile; Clostridium fusiformis
8	21	70.0	112	11.9	0.0	2.32 ± 0.49	Bacteria; Firmicutes; Clostridia; Clostridiales; Coprococcus
9	21	70.0	75	6.9	0.0	1.53 ± 0.32	Bacteria; Firmicutes; Clostridia; Clostridiales; Clostridium nexile
10	21	70.0	54	5.7	0.0	1.14 ± 0.23	Bacteria; Firmicutes; Clostridia; Clostridiales; Clostridium nexile

^aBased on the consensus taxonomy of >90% sequences within each phylotype (best-BLAST-hit against the Greengenes database)

Sample characteristics

[0124] Twin pairs who had been enrolled in the Missouri Adolescent Female Twin Study (MOAFTS) were recruited for this study (mean period of enrollment, 11.7±1.2 years; range, 4.4-13.0 years). The MOAFTS twin cohort, comprised of female like-sex twin pairs, was identified from Missouri birth records over the period 1994-1999, when the twins were median age 15. A total of 350 twins from the larger MOAFTS cohort completed screening interviews for the present study. Pairs most likely to meet study criteria were identified at the wave five interview of the MOAFTS twin cohort (which has 90% retention of wave four participants). Eligibility was then confirmed at screening interview. All twins were 25-32 years old, of European or African ancestry (EA and AA, respectively), were generally concordant for obesity (BMI>30 kg/m²) or leanness (BMI=18.5-24.9 kg/m²) [1 twin pair was lean/overweight (overweight defined as BMI ≥25 and <30) and 6 pairs were overweight/obese], and had not taken antibiotics for at least 5.49±0.09 months. Each participant completed a detailed medical, lifestyle,

and dietary questionnaire. Participants were broadly representative of the overall Missouri population with respect to BMI, parity, education, and marital status. Although all were born in Missouri, they currently live throughout the USA: 29% live in the same house, but some live >800 km apart. Since fecal samples are readily attainable and representative of interpersonal differences in gut microbial ecology, they were collected from each individual and frozen immediately. The collection procedure was repeated again with an average interval between sample collections of 57 ± 4 days.

Community DNA Preparation

[0125] Frozen de-identified fecal samples were stored at -80°C before processing. In order to homogenize each sample, a 10-20 g aliquot of each sample was pulverized in liquid nitrogen with a mortar and pestle. An aliquot (~500mg) of each sample was then suspended, while frozen, in a solution containing 500 μl of extraction buffer [200 mM Tris (pH 8.0), 200 mM NaCl, 20 mM EDTA], 210 μl of 20% SDS, 500 μl of a mixture of phenol:chloroform:isoamyl alcohol (25:24:1, pH 7.9), and 500 μl of a slurry of 0.1 mm-diameter zirconia/silica beads (BioSpec Products, Bartlesville, OK). Microbial cells were subsequently lysed by mechanical disruption with a bead beater (BioSpec Products) set on high for 2 min at room temperature, followed by extraction with phenol:chloroform:isoamyl alcohol, and precipitation with isopropanol. DNA obtained from three separate 10 mg frozen aliquots of each fecal sample were pooled ($\geq 200 \mu\text{g}$ DNA) and used for pyrosequencing (see below).

Full-length 16S rRNA sequence-based surveys

[0126] Five replicate PCR reactions were performed for each fecal DNA sample. To generate full length or near full length bacterial 16S rRNA amplicons, each 25 μl reaction contained 100 ng of gel purified DNA (Qiaquick, Qiagen), 10 mM Tris (pH 8.3), 50 mM KCl, 2 mM MgSO_4 , 0.16 μM dNTPs, 0.4 μM of the bacteria-specific primer 8F (5'-AGAGTTTGATCCTGGCTCAG-3'), 0.4 μM of the universal primer 1391R (5'-GACGGGCGGTGWGTRCA-3'), 0.4 M betaine, and 3 units of Taq polymerase (Invitrogen). Cycling conditions were 94°C for 2 min, followed by 25 cycles of 94°C for 1 min, 55°C for 45 sec, and 72°C for 2 min. Replicate PCRs were pooled and

concentrated (Millipore; Montage PCR filter columns). Full-length 16S rRNA gene amplicons (1.3kb) were then gel-purified using the Qiaquick kit (Qiagen), subcloned into TOPO TA pCR4.0 (Invitrogen), and the ligated DNA transformed into E. coli TOP10 (Invitrogen). For each sample, 384 colonies containing cloned 16S rRNA nucleic acid amplicons were processed for sequencing. Plasmid inserts were sequenced bi-directionally using vector-specific primers plus the internal primer 907R (5'-CCGTCAATTCCTTTRAGTTT-3').

[0127] 16S rRNA gene sequences were edited and assembled into consensus sequences using the PHRED and PHRAP software packages within the Xplorseq program. Sequences that did not assemble were discarded and bases with PHRED quality scores <20 were trimmed. Sequences were checked for chimeras using Bellerophon program version 3 with the default parameters (final dataset n=8,941 near full-length 16S rRNA gene sequences; for sequence designations see **Table 1**). Alignments for reference genome 16S rRNA gene sequences were manually edited in ARB.

V2/3 16S rRNA sequence-based surveys

[0128] Four replicate PCR reactions targeting the V2/3 region of bacterial 16S rRNA genes were performed on the same fecal DNA samples used above. Each 20 µl reaction contained 100 ng of gel purified DNA (Qiaquick, Qiagen), 8 µl 2.5X HotMaster PCR Mix (Eppendorf), 0.3 µM of the primer 8F [5'-GCCTTGCCAGCCCGCTCAG-*TCAGAGTTTGATCCTGGCTCAG*-3'; composite of 454 primer B (underlined), linker nucleotides (TC), and the universal bacterial primer 8F (italics)], and 0.3 µM of the primer 338R [5'-GCCTCCCTCGCGCCATCAGNNNNNNNNCA-*TGCTGCCTCCCGTAGGAGT*-3'; 454 Life Sciences primer A (underlined), a unique 8 base barcode (Ns), linker nucleotides (CA), and the broad-range bacterial primer 338R (italics)]. Cycling conditions were 95°C for 2 min, followed by 30 cycles of 95°C for 20 sec, 52°C for 20 sec, and 65°C for 1 min. Replicate PCRs were pooled and purified with Ampure magnetic purification beads (Agencourt).

[0129] PCR products were quantified with the bisbenzimidazole H assay. An aliquot of each PCR product was incubated for 5 min at room temperature in TNE reagent [10 mM Trizma HCl pH 8.1, 100mM NaCl, 1 mM EDTA, and 50 ng/ml freshly prepared bisbenzimidazole H (Sigma)]. Samples were read on a fluorometer or plate reader (excitation at 365nm, emission at 460nm) relative to a standard curve constructed using *E. coli* DNA (Sigma). Multiple pools, each containing approximately equimolar amounts of PCR products, were assembled for 454 FLX amplicon pyrosequencing (n=33-100 barcoded samples/pool). Technical replicates were analyzed from selected representatives of each pool across four different sequencing centers; results were highly reproducible, discriminating between individuals and between samples from the same individual over time (**FIG. 1**).

V6 16S rRNA sequence-based surveys

[0130] PCR reactions targeting the V6 region of bacterial 16S rRNA genes were performed on the same fecal DNA samples used above. Each 32 µl reaction contained 100 ng of gel purified DNA (Qiaquick, Qiagen), PCR buffer (PurePeak DNA polymerization mix, Thermo-Fisher), 0.625 mM PurePeak dNTPs (Thermo-Scientific), 0.625 µM Fusion Primer A, 0.625 µM Fusion Primer B, and 5U Pfu polymerase (Stratagene). The primer set included 5 forward primers (Fusion A) and 4 reverse primers (Fusion B) fused to the 454 Life Sciences adaptors A and B respectively. Cycling conditions were 94°C for 3 min, followed by 30 cycles of 94°C for 30 sec, 57°C for 45 sec, and 72°C for 1 min, with a final extension period of 72°C for 2 min. PCR products were purified with MinElute columns (Qiagen), and DNA was quantified using a Bioanalyzer (Agilent) and the PicoGreen assay (Invitrogen). Two pools of PCR products were constructed for 454 FLX amplicon pyrosequencing, composed of 18 and 20 samples, respectively (the second run contained 3 samples from the V2/3 region and 3 technical replicates, one additional sample (TS30) was sequenced in a third run, bringing the total number of V6 samples processed to 33). Since technical replicates were highly reproducible (see above and **FIG. 5**), datasets for a given individual's biospecimen were pooled for all subsequent analyses. Any sequences that did not have an exact match to the proximal primer or that contained one or more ambiguous

bases were removed as low quality. The proximal primer and any fuzzy matches (identified with BLAST and the fuzznuc program) to the distal primer were then trimmed from the sequences. Finally, any trimmed sequences shorter than 50 nucleotides were also removed as low quality.

Picking Operational Taxonomic Units (OTUs)

[0131] Pyrosequencing data was pre-processed to remove sequences with low quality scores, sequences with ambiguous characters, or sequences outside of the length bounds ($V6 < 50\text{nt}$, $V2/3 < 200\text{nt}$) and binned according to sample based on the error-correcting barcodes. Similar sequences were identified using the Megablast software and the following parameters: E-value 1^{-10} ; minimum coverage, 99%; and minimum pairwise identity, 97%. Candidate OTUs were identified as sets of sequences connected to each other at this level using the top 4000 hits per sequence. Each candidate OTU was considered valid if the average density of connection was above threshold; otherwise it was broken up into smaller connected components.

Tree building and UniFrac clustering for PCA analysis

[0132] A relaxed neighbor-joining tree was built from one representative sequence per OTU using Clearcut, employing the Kimura correction (the PH lanemask was applied to V2/3 data), but otherwise with default comparisons. Unweighted UniFrac was run using the resulting tree and the counts of each sequence in each sample. Principle component analysis (PCA) was performed on the resulting matrix of distances between each pair of samples. To determine if the UniFrac distances were on average significantly different for pairs of samples (i.e. between twin-pairs, between twins and their mother, or between unrelated individuals), a t-test was performed on the UniFrac distance matrix, and a p-value was generated for the t-statistic by permutation of the rows and columns as in the Mantel test, regenerating the t-statistic for 1000 random samples, and using the distribution to obtain an empirical p-value.

Taxonomy assignment

[0133] Taxonomy was assigned using the best-BLAST-hit against Greengenes (E-value cutoff of $1e^{-10}$, minimum 88% coverage, 88% percent identity) and the Hugenholtz taxonomy, downloaded May 12, 2008, excluding sequences annotated as chimeric (http://greengenes.lbl.gov/Download/Sequence_Data/Greengenes_format/).

Rarefaction and phylogenetic diversity measurements

[0134] To determine which individuals had the most diverse communities of gut bacteria, rarefaction plots and Phylogenetic Diversity (PD) measurements, as described by Faith (Biological Conservation 1992), were made for each sample. PD is the total amount of branch length in a phylogenetic tree constructed from the combined 16S rRNA dataset, leading to the sequences in a given sample. To account for differences in sampling effort between individuals, and to estimate the thoroughness of sampling of each individual, the accumulation of PD (branch length) with sampling effort was plotted in a manner analogous to rarefaction curves. The PD rarefaction curve for each individual was generated by applying custom python code that can be downloaded from <http://bayes.colorado.edu/unifrac>, to the Arb parsimony insertion tree.

Results

[0135] To characterize the bacterial lineages present in the fecal microbiotas of these 44 individuals, 16S rRNA sequencing was performed, targeting the full-length gene with an ABI 3730xl capillary sequencer. Additionally, multiplex sequencing with a 454 FLX pyrosequencer was used to survey the V2/3 variable region and the V6 hypervariable region (**Tables 1, 2 and 3**). Complementary phylogenetic and taxon-based methods were used to compare 16S rRNA sequences among fecal communities. Phylogenetic clustering with UniFrac is based on the principle that communities can be compared in terms of their shared evolutionary history, as measured by the degree to which they share branch length on a phylogenetic tree. This approach was complemented with taxon-based methods; these methods disregard some of the information contained in the phylogenetic tree of the taxa in question, but have the advantage that specific taxa unique to, or shared among, groups of samples

can be identified (e.g., those from lean or obese individuals). Prior to both types of analyses, 16S rRNA gene sequences were grouped into Operational Taxonomic Units (OTUs/phylotypes) using the furthest-neighbor-like algorithm and a sequence identity threshold of 97%, which is commonly used to define 'species'-level phylotypes. Taxonomic assignments were made using BLAST and Hugenholtz taxonomy annotations in the Greengenes database.

[0136] No matter which region of the 16S rRNA gene was examined (V2/3 or V6 pyrosequencing reads, or the near-complete gene from Sanger reads), individuals from the same family (a twin and her co-twin, or twins and their mother) had a more similar bacterial community structure than unrelated individuals (**FIGS. 2A and 3A, B**) and shared significantly more phylotypes [$G=55.2$, $p<10^{-12}$ (V2/3); $G=112.3$, $p<0.001$ (V6); $G=11.3$, $p<0.001$ (full-length)]. No significant correlation was seen between the degree of physical separation of family members' current homes and the degree of similarity between their microbial communities (defined by UniFrac). The observed familial similarity was not due to an indirect effect of the physiologic states of obesity versus leanness; similar results were observed after stratifying twin-pairs and their mothers by BMI category (concordant lean or concordant obese individuals; **FIG. 4**). Surprisingly, there was no significant difference in the degree of similarity in the gut microbiotas of adult MZ versus DZ twin-pairs (**FIG. 2A**). However, in the present study it was not assessed whether MZ and DZ twin pairs had different degrees of similarities at earlier stages of their lives.

[0137] Multiplex pyrosequencing of V2/3 and V6 amplicons allowed higher levels of coverage of community diversity compared to what was feasible using Sanger sequencing, reaching on average $3,984\pm232$ (V2/3) and $24,786\pm1,403$ (V6) sequences per sample. To control for differences in coverage between samples, all analyses were performed on an equal number of randomly selected sequences [200 full-length, 1,000 V2/3, and 10,000 V6]. At this level of coverage, there was little overlap between the sampled fecal communities: only 2, 5, and 21 phylotypes were found in >90% of the individuals surveyed (full-length, V2/3, and V6 data respectively). Moreover, the number of 16S rRNA gene sequences belonging to these phylotypes varied greatly between fecal microbiotas (**Tables 4, 5 and 6**).

[0138] Samples taken from the same individual at the initial collection point and 57 ± 4 days later were remarkably consistent with respect to the specific phylotypes found (**FIGS. 1** and **5**), but showed variations in the relative abundance of the major gut bacterial phyla (**FIG. 6**). There was no significant association between UniFrac distance and the time between sample collections. Overall, fecal samples from the same individual were much more similar to one another than samples from family members or unrelated individuals (**FIG. 2A**), demonstrating that short-term temporal changes in community structure within an individual are minor compared to inter-personal differences.

[0139] After assigning V2/3, V6 and full-length 16S rRNA gene sequences to bacterial taxa (see Example 3 below), it was found that obese individuals generally had a lower relative abundance of the Bacteroidetes and a higher relative abundance of the Firmicutes and Actinobacteria: the statistical significance of these observations varied depending upon the sequencing methods used (**Table 7**), likely due to differences in PCR conditions (for example, the 8F primer has a known bias against Actinobacteria).

[0140] In summary, across all methods, obesity was associated with a significant decrease in the level of diversity (**FIG. 2B** and **FIGS. 3C-F**). This reduced diversity suggests an analogy: the obese gut microbiota is not like a rainforest or reef, which are adapted to high energy flux and are highly diverse, but rather may be more like a fertilizer runoff where a reduced diversity microbial community blooms with abnormal energy input.

Table 7: Phylum-level taxonomic assignments^a

		lean			obese			p-value ^b
		mean	sem	N	mean	sem	N	
V2/3 (EA)	%Bacteroidetes	26.76	2.46	26	24.39	1.89	42	0.22
	%Firmicutes	71.48	2.50	26	72.57	1.92	42	0.36
	%Actinobacteria	0.72	0.14	26	1.70	0.58	42	0.05
V2/3 (AA) ^c	%Bacteroidetes	37.52	3.05	8	29.41	1.49	62	0.02
	%Firmicutes	60.74	3.04	8	68.14	1.42	62	0.03

	%Actinobacteria	0.97	0.40	8	1.27	0.21	62	0.26
V6 (EA)	%Bacteroidetes	6.85	1.25	12	3.15	0.93	16	0.01
	%Firmicutes	81.72	2.41	12	75.99	4.60	16	0.14
	%Actinobacteria	7.14	1.76	12	17.91	5.01	16	0.03
	%Bacteroidetes	11.44	2.77	10	7.58	2.35	16	0.15
Full-length (EA)	%Firmicutes	83.50	2.28	10	84.60	3.03	16	0.39
	%Actinobacteria	2.78	0.78	10	4.41	1.14	16	0.13
	%Bacteroidetes	42.60	8.75	6	34.69	8.16	9	0.26
BLAST (EA) ^d	%Firmicutes	51.54	8.35	6	51.25	5.47	9	0.49
	%Actinobacteria	2.07	0.33	6	10.34	3.35	9	0.02
	%Bacteroidetes							

^a A subset of each dataset was included in the analysis: 10,000 sequences/sample (V6), 1,000 sequences/sample (V2/3) and 200 sequences/sample (full-length). Sequences from the same individual across both timepoints were pooled.

^b Values are from a Student's t-test of the obese versus lean distribution

^c The AA lean individuals surveyed have significantly more Bacteroidetes and less Firmicutes than the lean EA individuals ($p < 0.05$)

^d BLASTX comparisons between microbiomes and NCBI non-redundant database

Example 2: Distribution of phylotypes in individuals

[0141] All hosts were searched for bacterial phylotypes present at high abundance using a sampling model based on a combination of standard Poisson and binomial sampling statistics.

Phylotype sampling model

[0142] A sampling model was developed that allows placement of bounds on the maximum abundance of any phylotype found across all samples. The principle here is that if a given phylotype made up not less than some proportion p of the microbiome of all humans, it is then possible to calculate (i) the number of samples of a given size expected to lack that phylotype due to sampling error, and (ii) the probability that an actual proportion p -hat as low as the minimum abundance would be observed in any sample.

[0143] The probability P of failing to observe a given microbe at proportion p in a sample of size n is given by Poisson statistics as simply e^{-pn} . For equal sample

sizes, the probability of observing the phylotype in at least k samples using binomial sampling with $\text{Pr}(\text{success}) = (1-P)$ can therefore be calculated. Then, the inverse binomial can be used to ask what value of P , and therefore of p , gives a specified probability (say, 5%) of observing a given phylotype in as few samples as actually observed for the most abundant phylotype. This calculation yields an upper bound for p (i.e. the value of p at which we can reject the idea that we would have seen the phylotype in as few samples as actually observed at the 95% confidence level).

[0144] For unequal sizes, there is no analytical solution to the equivalent of the binomial in which $\text{Pr}(\text{success})$ differs for each trial. Therefore, numerical optimization must be used to solve for p . Because the function relating p and the probability of observing the phylotype in at least a given number of samples is monotonic, a bisection search (bounded by $p=0$ and $p=1$) can be used to find the appropriate value of p for a desired confidence level. In practice, P was calculated for each sample, a vector of random numbers between 0 and 1 was chosen, and the number of times the random number at a given position was less than P was counted. Repeating this procedure for a fixed number of iterations (100,000 for the reported values) gives sufficiently smooth values to approximate the monotonic function and to allow the bisection search to converge on the same value of p to three significant figures across repeated trials.

[0145] In the case where a phylotype was found in all samples, a similar procedure could be used to identify the maximum value of p consistent with the observed minimum abundance of the phylotype whose minimum abundance across all samples is highest. In this case, instead of calculating the fraction of samples in which the phylotype was absent, (i) binomial sampling could be used to randomly sample the number of observed counts of a phylotype given the parametric value of p and the sample size of each sample, (ii) the minimum abundance across all samples could be measured, and (iii) this minimum abundance compared to the minimum abundance actually observed. Again, an analytical solution using extreme-value statistics is possible if sample sizes are equal, but the solution must be obtained by numerical methods (in this case, the same type of bisection search used above). The sampling model was implemented in Python using PyCogent.

Results

[0146] Using this model the full-length 16S rRNA dataset described in Example 1 was first analyzed. The most abundant 'species'-level phylotype in each sample made up 11% of that sample on average (range: 4.2%-22.0%), and the most abundant phylotype found across the combined dataset was found in 25 of the 27 fecal microbiotas (taxonomy assignment = Bacteria; Firmicutes; Clostridia; Clostridiales; Ruminococcus). These data are consistent with no phylotype being present at more than 1.3% abundance in all samples.

[0147] The deeper pyrosequencing data confirmed this result. In the V6 dataset, using even sampling of 10,000 sequences/sample, the most abundant phylotype in each sample made up 12% of that sample on average (range: 5.0%-36.6%). The overall most abundant phylotype was found in all 33 samples (Bacteria; Firmicutes; Clostridia; Clostridiales; Eubacterium rectale). However, in some samples, this phylotype was present in frequencies as low as 0.01%.

[0148] The sampling model allows one to ask what level of abundance in every individual the most abundant phylotype could have before its absence from, or limited representation in some samples becomes surprising. For example, with 1,000 sequences/samples, it would be very surprising if a species at 50% abundance across all samples in any out of 30 samples was missed, but it would not be surprising if a species at 0.00001% abundance were missed.

[0149] The sampling model (using 1000 random sequences per sample) indicated that this minimum observed abundance was consistent with a 'true abundance' of no more than 0.66%. In the V2/3 dataset, the most abundant phylotype in each sample made up 14.6% of that sample on average (range: 3.8%-47.1%). The overall most abundant phylotype was present in 270 of 274 samples at this depth of coverage (Bacteria; Bacteroidetes; Bacteroidales; Bacteroidaceae). The sampling model indicated that this frequency was consistent with a true abundance of no more than 0.53%. These results were confirmed, with excellent agreement, by the V6 data: at 1,000 sequences/sample, the maximum abundance OTU is found in 32 of 33 samples, consistent with an abundance of no more than 0.66%. However, at a coverage depth of

10,000 sequences/sample, this OTU is found in all 33 samples but at a minimum observed abundance of 0.02%, consistent with a true abundance of no more than 0.1%. Using all the V6 data without controlling for sampling effort, the minimum observed abundance is consistent with a true abundance of no more than 0.07% (the estimate of the true abundance falls with increased sample size because it is less likely that the low frequency would be observed due to sampling error when more total sequences contribute to the result). Thus, we conclude, with 95% confidence, based on the even sampling used for the other analyses in this study (i.e., 1,000 sequences/sample from V2/3, 10,000 sequences/sample for V6) that the maximum abundance of any OTU across all samples cannot exceed the V2/3 result of 0.53%, although the true maximum abundance might be as much as an order of magnitude lower than this based on the greater depth of coverage in the V6 samples.

[0150] In summary, the analysis showed that no phylotype is present at more than ~0.5% abundance in all of the samples in this study, and that although individual microbiotas are dominated by a few abundant phylotypes, these groups vary dramatically in their proportional representation in the sampled gut communities. Also, no phylotypes were detectable in all individuals sampled within this range of coverage (FIG. 7).

Example 3: Taxonomic assignments of metagenomic reads

[0151] The International Human Microbiome Project has emphasized the importance of sequencing the genomes of a panel of reference microbial strains. Therefore, shotgun pyrosequencing was used to sample the fecal microbiomes of 18 individuals representing 6 of the families described in Example 1.

Pyrosequencing of total community DNA

[0152] Shotgun sequencing runs were performed on the 454 FLX pyrosequencer from total community DNA of 3 lean European American MZ twin-pairs and their mothers plus 3 obese European American MZ twin pairs and their mothers, yielding 8,294,835 reads and 14,730 16S rRNA fragments. Two samples were also analyzed on a single run employing 454/Roche GS FLX Titanium extra long read

sequencing technology (**Tables 8 and 9**). Sequencing reads with degenerate bases ("Ns") were removed along with all duplicate sequences, as sequences of identical length and content are a common artifact of the pyrosequencing methodology. Finally, human sequences were removed by identifying sequences homologous to the *H.*

Table 8: Microbiome sequencing statistics

Subject ID ^a	Data ID	Twin/Mom	Family	BMI	Platform	Total nt	Number Reads	Filtered Reads ^b	16S rRNA gene fragments ^c
F1T1Le1	TS1	Twin	1	Lean	FLX	60,016,519	254,044	217,386	439
F1T2Le1	TS2	Twin	1	Lean	FLX	90,271,969	514,022	443,640	512
F1MOv1	TS3	Mom	1	Overweight	FLX	113,506,401	571,301	510,972	723
F2T1Le1	TS4	Twin	2	Lean	FLX	107,008,761	472,154	414,754	626
F2T2Le1	TS5	Twin	2	Lean	FLX	112,835,879	553,142	490,776	928
F2MOb1	TS6	Mom	2	Obese	FLX	135,976,476	623,027	535,763	1,039
F3T1Le1	TS7	Twin	3	Lean	FLX	146,946,832	607,386	555,853	1,188
F3T2Le1	TS8	Twin	3	Lean	FLX	113,177,766	468,769	414,497	976
F3MOv1	TS9	Mom	3	Overweight	FLX	137,564,473	552,870	499,499	934
F7T1Ob1	TS19	Twin	7	Obese	FLX	95,538,760	583,989	498,880	569
F7T2Ob1	TS20	Twin	7	Obese	FLX	108,342,331	550,695	495,040	829
F7MOb1	TS21	Mom	7	Obese	FLX	95,960,723	451,177	413,772	774
F10T1Ob1	TS28	Twin	10	Obese	Titanium	138,364,927	399,717	302,780	652
F10T2Ob1	TS29	Twin	10	Obese	Titanium	239,971,702	672,196	502,399	1,190
F10MOv1	TS30	Mom	10	Overweight	FLX	105,932,316	564,184	495,865	791
F15T1Ob1	TS49	Twin	15	Obese	FLX	104,449,087	596,149	519,072	769
F15T2Ob1	TS50	Twin	15	Obese	FLX	129,037,456	642,191	549,700	1,209
F15MOb1	TS51	Mom	15	Obese	FLX	101,531,105	557,165	434,187	582
					SUM	2,136,433,483	9,634,178	8,294,835	14,730

sapiens reference genome (BLASTN e-value<10⁻⁵, %identity>75, and score>50).

^a ID nomenclature: Family Number, Twin number or mom, and BMI category (Le = lean, Ov = overweight, Ob = Obese; e.g. F1T1Le Stands for family 1, twin 1, lean)

^b Sequences used after removing low quality, duplicate, and human sequences

^c 16S rRNA gene fragments identified in microbiome sequencing reads

Table 9: Microbiome BLAST statistics^a

Subject ID ^a	Data	Raw	Reads	% Seq-	Nucleotides	Mean	%	%	%	%	%	%
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	ID	Reads	Used	quences Used	Used	Read- length	Hsa	RDP	KEGG	STRING	NR	Gut
1Le1	TS1	254,044	217,386	85.6	51,708,794	237.9	0.42	0.21	29.1	34.5	54.9	57.9
2Le1	TS2	514,022	443,640	86.3	78,853,892	177.7	0.08	0.12	20.3	28.7	46.9	51.7
1Ov1	TS3	571,301	510,972	89.4	102,717,417	201.0	0.16	0.15	23.8	33.6	56.5	61.2
1Le1	TS4	472,154	414,754	87.8	95,003,113	229.1	0.14	0.15	26.2	44.5	72.3	74.9
2Le1	TS5	553,142	490,776	88.7	100,599,979	205.0	0.22	0.19	23.0	27.8	54.1	62.1
1Ob1	TS6	623,027	535,763	86.0	118,207,161	220.6	0.62	0.20	26.9	37.2	58.9	62.1
1Le1	TS7	607,386	555,853	91.5	134,889,015	242.7	0.13	0.22	26.9	34.0	58.4	61.7
2Le1	TS8	468,769	414,497	88.4	100,520,072	242.5	0.20	0.24	28.5	35.7	61.1	64.4
1Ov1	TS9	552,870	499,499	90.3	124,768,172	249.8	0.14	0.19	26.8	36.6	63.2	66.3
1Ob1	TS19	583,989	498,880	85.4	82,117,565	164.6	0.06	0.12	19.1	30.6	52.9	57.1
2Ob1	TS20	550,695	495,040	89.9	98,053,098	198.1	0.32	0.17	22.3	29.3	47.2	49.9
1Ob1	TS21	451,177	413,772	91.7	88,786,017	214.6	0.09	0.19	25.5	37.6	62.8	66.3
T1Ob1	TS28	399,717	302,780	75.7	101,434,082	335.0	0.06	0.36	24.5	28.4	53.2	55.5
T2Ob1	TS29	672,196	502,399	74.7	173,386,030	345.1	0.11	0.29	27.5	34.8	63.2	63.9
MOv1	TS30	564,184	495,865	87.9	94,405,318	190.4	0.21	0.16	22.4	32.0	54.7	60.7
T1Ob1	TS49	596,149	519,072	87.1	91,987,878	177.2	0.29	0.15	18.6	23.0	43.7	46.4
T2Ob1	TS50	642,191	549,700	85.6	111,999,603	203.7	0.24	0.22	24.6	29.4	51.9	57.9
MOv1	TS51	557,165	434,187	77.9	81,330,211	187.3	0.40	0.14	21.0	26.3	44.2	43.9
Average		535,232	460,824	86.1	101,709,301	223.5	0.22	0.19	24.3	32.5	55.6	59.1
Sum		9,634,178	8,294,835	-----	1,830,767,417	-----	-----	-----	-----	-----	-----	-----

^aKey: %sequences used=percentage of sequences remaining after removing low quality, duplicate, and human sequences; Hsa=reads matching the H.sapiens genome; %RDP=percentage of reads matching the RDP 16S rRNA database; %KEGG, %STRING, %NR=percentage of reads that were assignable to entries in these various databases; %Gut=percentage of reads assigned to the database of 42 reference genomes

Database searches and metabolic reconstructions

[0153] The distributions of taxa, genes, orthologs, metabolic pathways, and high-level gene categories were tallied based on the corresponding annotation of the best-BLAST-hit sequence found in each reference database. For KEGG analysis, the closest matching gene with an annotation was used, since many genes in the database remain unannotated, including all KEGG orthologous groups (KOs) assigned to genes with an identical e-value (commands -e 0.00001 -m 9 -b 100 were used to run NCBI BLASTX). Custom Perl scripts were used for all KEGG, STRING, and NCBI NR

analyses. Selected genes from recently sequenced reference genomes were manually annotated using NCBI-BLASTP searches against the KEGG, STRING, and NR database. The 42 reference genome database includes predicted proteins from draft or complete assemblies of *Alistipes putredinis*, *Bacteroides WH2*, *Bacteroides thetaiotaomicron* 3731, *Bacteroides thetaiotaomicron* 7330, *Bacteroides thetaiotaomicron* 5482, *Bacteroides fragilis*, *Bacteroides caccae*, *Bacteroides distasonis*, *Bacteroides ovatus*, *Bacteroides stercoris*, *Bacteroides uniformis*, *Bacteroides vulgatus*, *Parabacteroides merdae*, *Anaerostipes caccae*, *Anaerotruncus colihominis*, *Anaerofustis stercorihominis*, *Bacteroides capillosus*, *Clostridium bartlettii*, *Clostridium bolteae*, *Clostridium eutactus*, *Clostridium leptum*, *Clostridium ramosum*, *Clostridium scindens*, *Clostridium* sp.L2-50, *Clostridium spiroforme*, *Dorea longicatena*, *Eubacterium dolichum*, *Eubacterium eligens*, *Eubacterium rectale*, *Eubacterium siraeum*, *Eubacterium ventriosum*, *Faecalibacterium prausnitzii* M212, *Peptostreptococcus micros*, *Ruminococcus gnavus*, *Ruminococcus obeum*, *Ruminococcus torques*, *Collinsella aerofaciens*, *Bifidobacterium adolescentis*, *Bifidobacterium longum*, *Escherichia coli* K12, *Methanobrevibacter smithii*, and *Methanobrevibacter stadtmanae* (see <http://genome.wustl.edu/pub/> and NCBI GenBank). Draft assemblies of *Clostridium* sp. SS2-1 and *Clostridium symbiosum* were also used for functional clustering and diversity analyses (<http://genome.wustl.edu/pub/>). Coverage plots (percent identity plots) were generated using nucmer and mummerplot (part of the MUMmer v3.19 package), and default parameters.

[0154] Annotations were validated with simulated datasets (**FIG. 8**). To do so, the frequency of annotated genes from the KEGG database (v44) was first tallied across the aggregate human gut microbiomes (n=18 datasets). The 1,000 most frequent microbial genes were then used to generate 'simulated reads' between 50 and 500 nt long. The simulated reads were subsequently annotated (BLASTX against the KEGG database), with self-hits excluded. This analysis revealed a low rate of false positives (i.e. high precision), but using very short sequences (e.g. 50-100 nt) increased the rate of false negatives (lower sensitivity) (**FIG. 8**). Given the increased read-length relative 454 GS20 pyrosequencing data, simulated reads with an average length

comparable to our data (200-250 nt), demonstrated robust assignments with an e-value $<10^{-5}$, %identity >50 , and/or bit-score >50 . Using all three cutoffs, sequences 200 nt in length returned 81.5% of the correct assignments, with a precision of 0.93 and sensitivity of 0.88, similar to what was observed by re-annotating the original full-length gene sequences after ignoring self-hits. The KEGG cutoff criteria were also applied to BLASTX analysis results for STRING-based predictions, given the similar size of the databases.

[0155] ABI 3730xl capillary sequencing reads from 9 previously published adult human gut microbiomes were obtained from the NCBI TraceArchive. The full dataset from each sample was annotated by BLASTX comparisons against the KEGG and STRING database (see above; BLASTX e-value $<10^{-5}$, %identity >50 , and score >50). To allow quantitative comparisons between these datasets and pyrosequencing data, all forward sequencing reads was first extracted and then one 'simulated pyrosequencer read' from each longer capillary read was generated. Nucleotides spanning positions 100 to 322 were used from all capillary reads of suitable length, to avoid low quality regions that commonly occur at the beginning and end of the reads. These simulated reads were then annotated as described above.

[0156] 16S rRNA gene fragments were identified in each microbiome through BLASTN searches of the RDP database (version 9.33; e-value $<10^{-5}$; Bit-score >50 ; %identity >50 ; alignment length ≥ 100). Putative 16S rRNA gene fragments were then aligned using the NAST multi-aligner with a minimum template length of 100 bases and minimum %identity of 75%. Taxonomy was assessed after insertion into an ARB neighbor-joining tree.

[0157] Microbiomes were clustered based on their profiles after normalizing across all sampled communities (z-score), using the Pearson's correlation distance metric, followed by single-linkage hierarchical clustering in addition to Principal Components Analysis (Cluster3.0). Results were visualized using the Treeview Java applet. Functional diversity (Shannon index and evenness) was calculated using the number of assignments in each microbiome to each of the 254 pathways present in the KEGG database (EstimateS 8.0). The maximum possible index is the natural log of the total number of pathways: $\ln(254)$ or 5.54. Shannon evenness was calculated by

dividing the Shannon index for a given microbiome by the maximum possible index (scale of 0 to 1, with 1 representing a microbiome with all pathways found at an equal abundance). Results were compared to simulated metagenomic reads generated from 36 recently sequenced reference human gut-derived Bacteroidetes and Firmicutes genomes (<http://genome.wustl.edu/pub/organism/>). Reads were produced by ReadsIm v0.10, using the following options: -n 10000 -modlr normal -meanlr 223 -stdlr 0.3. The mean and standard deviation for length of the simulated reads was based on the observed read-length distribution of the 18 fecal microbiome datasets (**Table 9**).

Results

[0158] One fundamental parameter that governs the utility of reference genomes is the ability to accurately assign fragmentary reads from metagenomic datasets to these genomes. Therefore, the filtered pyrosequencing reads from the fecal microbiomes of 18 individuals from the 6 different families described in Example 1 (3 lean twin-pairs and their mothers; 3 obese twin pairs and their mothers; **Tables 1** and **2**) were compared to a custom database of 42 human gut associated bacterial and archaeal genomes (**FIG. 7**) using BLASTX, and validated these assignments independently against NCBI's non-redundant protein database. The relative abundance of sequences from the 18 individual microbiome datasets assigned to each reference genome was highly variable (see **FIG. 9**; $R^2=0.26\pm0.02$ for all pairwise comparisons of taxonomic profiles), consistent with the considerable heterogeneity in microbial community structure among the fecal microbiomes observed from sequencing 16S rRNA gene amplicons.

[0159] The custom database of 42 reference genomes included 23 Firmicutes but only 13 Bacteroidetes. Since the Firmicutes dominate the gut microbiotas of subjects (**FIG. 6**) and the reference genome database, it might be expected that reads assigned to Firmicutes would match the reference genomes more closely than reads assigned to Bacteroidetes. The opposite was true: on average, $46.3\pm2.6\%$ of the pyrosequencing reads assigned to Bacteroidetes matched the reference genomes at 100% identity, as compared to only $16.7\pm1.1\%$ of the reads assigned to Firmicutes ($p<10^{-4}$, Mann Whitney; **FIGS. 10** and **11**). This observation

underscores the high level of phylogenetic and genomic diversity within the gut-associated Firmicutes, indicates that the readily culturable sequenced gut Firmicutes are not closely related to the abundant gut genomes present in the 18 gut microbiomes, and suggests that future reference microbial genome sequencing efforts should be directed towards representatives of this dominant phylum.

[0160] The effect of technical advances that produce longer reads on improving these assignments was also tested by sequencing fecal community samples from one twin pair using next-generation Titanium pyrosequencing methods [average read length of 341 ± 134 nt (SD) versus 208 ± 68 for the standard FLX platform]. **FIG. 12** shows that the frequency and quality of sequence assignments is improved as read length increases from 200 to 350 nt.

[0161] **FIG. 13** summarizes the relative abundance of the major bacterial phyla present in these 18 microbiomes, as defined by six different approaches (sequencing full-length, V2/3 and V6 amplicons; BLAST comparisons of shotgun pyrosequencer reads with the NCBI non-redundant and the custom 42 gut genome databases, plus analysis of 16S rRNA gene fragments). Pairwise comparisons of relative abundance data from 16S rRNA gene fragments generated from shotgun sequencing reads correlate most closely with V2/3 PCR data (**FIG. 13** and **Table 7**).

Example 4: In silico functional analysis of gut microbiomes

[0162] The filtered sequences obtained in Example 3 from the 18 microbiomes were used to conduct a functional analysis of gut microbiomes.

CAZyme analysis

[0163] Metagenomic sequence reads described in Example 3 were searched against a library of modules derived from all entries in the Carbohydrate-Active enZymes (CAZy) database (www.cazy.org using FASTY, $e\text{-value} < 10^{-6}$). This library consists of ~180,000 previously annotated modules (catalytic modules, carbohydrate binding modules (CBMs) and other non-catalytic modules or domains of unknown function) derived from ~80,000 protein sequences. The number of sequencing reads matching each CAZy family was divided by the number of total

sequences assigned to CAZymes and multiplied by 100 to calculate a relative abundance. An R^2 value was calculated for each pair of CAZy profiles. The distribution of glycoside hydrolase similarity scores was then compared to the distribution of glycosyltransferase similarity scores.

Statistical analyses

[0164] Xipe (version 2.4) was employed for bootstrap analyses of pathway enrichment and depletion, using the parameters sample size=10,000 and confidence level=0.95. Linear regressions were performed in Excel (version 11.0, Microsoft). Mann-Whitney and Student's t-tests were utilized to identify statistically significant differences between two groups (Prism v4.0, GraphPad; Excel version 11.0, Microsoft). The Bonferroni correction was used to correct for multiple hypotheses. The Mantel test was used to compare distance matrices: the matrix of each pairwise comparison of the abundance of each reference genome, and the abundance of each metabolic pathway, were compared (Mantel program in Python using PyCogent; 10,000 replicates). Data are represented as mean $\pm$ SEM unless otherwise indicated.

[0165] Odds ratios were used to identify 'commonly-enriched' genes in the gut microbiome. In short, all gut microbiome sequences were compared against the custom database of 42 gut genomes (BLASTX e-value $<10^{-5}$, bitscore >50 , and %identity >50). A gene by sample matrix was then screened to identify genes 'commonly-enriched' in either the obese or lean gut microbiome (defined by an odds ratio greater than 2 or less than 0.5 when comparing the pooled obese twin microbiomes to the pooled lean twin microbiomes and when comparing each individual obese twin microbiome to the aggregate lean twin microbiome, or vice versa). The statistical significance of enriched or depleted genes was then calculated using a modified t-test (q-value <0.05 ; calculated with code kindly supplied by Mihai Pop and J.R. White, University of Maryland). To search for genes that were consistently enriched or depleted in all six MZ twin-pairs, a gene-by-sample matrix was generated based on BLASTX comparisons of each microbiome with our custom 42-genome database, and an odds ratio was calculated by directly comparing the frequency of each gene in each twin versus the respective co-twin. The analysis revealed only 49 genes

(odds ratio >2 or <0.5): they represent a variety of taxonomic groups, including Firmicutes, Bacteroidetes, and Actinobacteria and did not show any clear functional trends.

Results

[0166] Sequences matching 156 total CAZyme families were found within at least one human gut microbiome, including 77 glycoside hydrolase, 21 carbohydrate-binding module, 35 glycosyltransferase, 12 polysaccharide lyase, and 11 carbohydrate-esterase families (**Table 10A** and **B**). On average $2.62 \pm 0.13\%$ of the gut microbiome could be assigned to CAZymes (a total of 217,615 sequences), a percentage that is greater than the most abundant KEGG pathway in the gut microbiome ('Transporters'; $1.20 \pm 0.06\%$), and indicative of the abundant and diverse set of microbial genes in the distal gut microbiome directed towards accessing a wide range of polysaccharides.

[0167] Category-based clustering of the functions from each microbiome was performed using Principal Components Analysis (PCA) and hierarchical clustering. This analysis revealed two distinct clusters of gut microbiomes based on metabolic profile, corresponding to samples with an increased abundance of Firmicutes and Actinobacteria, and samples with a high abundance of Bacteroidetes (**FIG. 14A**). A linear regression of the first principal component (PC1, explaining 20% of the functional variance) and the relative abundance of the Bacteroidetes showed a highly significant correlation ($R^2=0.96$, $p<10^{-12}$; **FIG. 14B**). Functional profiles stabilized within each individual's microbiome after ~20,000 sequences had been accumulated (**FIG. 15**). Family members had more similar functional profiles than unrelated individuals (**FIG. 14C**), suggesting that shared bacterial community structure (who's there based on 16S rRNA analyses) also translates into shared community-wide relative abundance of metabolic pathways. Accordingly, a direct comparison of functional and taxonomic similarity disclosed a significant association: individuals that share similar taxonomic profiles also share similar metabolic profiles ($p<0.001$; Mantel test).

Table 10A: Relative abundance of CAZymes across 9 gut microbiomes (% of sequence assignments across all identified CAZymes)^a

Subject ID ^b	F1T1Le	F1T2Le	F1MOv	F2T1Le	F2T2Le	F2MOv	F3T1Le	F3T2Le	F3MOv
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Glycoside hydrolases	70.56	73.96	72.14	72.40	68.38	67.37	68.69	67.84	69.92
GH13	8.96	6.31	6.37	3.97	10.78	8.04	8.63	9.97	8.02
GH2	7.40	7.10	7.01	6.51	5.13	5.49	5.81	6.02	5.94
GH43	3.48	5.78	5.63	6.61	4.39	4.69	5.05	4.14	5.75
GH92	3.44	6.25	5.00	7.70	3.25	5.47	3.28	2.65	4.50
GH3	5.72	5.37	4.31	4.47	3.20	3.94	4.03	4.70	4.09
GH97	1.97	5.45	4.01	4.67	1.18	3.38	3.51	2.23	3.91
GH31	2.98	2.48	2.53	2.41	3.84	2.11	2.16	3.04	2.13
GH20	2.40	2.30	2.35	3.34	1.93	2.93	1.99	1.92	2.19
GH29	1.99	1.51	2.12	2.54	2.94	2.52	2.53	2.19	1.83
GH77	2.13	1.39	1.43	0.86	2.18	2.18	2.18	2.45	1.99
GH28	1.58	2.44	3.71	3.07	1.46	2.24	2.25	1.79	2.00
GH51	1.18	1.51	1.38	1.44	2.12	1.58	1.73	1.68	1.31
GH36	1.62	1.12	1.19	0.99	1.80	1.23	1.64	2.02	1.37
GH1	1.51	0.87	1.02	0.34	2.90	1.08	1.50	1.50	1.67
GH5	1.95	2.41	1.75	1.53	1.07	0.98	2.62	1.45	1.95
GH42	0.91	0.49	0.83	0.90	2.43	0.62	1.09	1.10	1.03
GH105	1.56	1.65	2.07	2.07	1.01	1.38	1.46	1.27	1.83
GHY95	1.56	1.18	1.36	1.24	0.91	1.21	1.22	1.04	0.99
GH32	0.91	0.61	0.70	0.75	2.12	1.18	1.05	0.91	0.84
GH78	1.91	1.09	1.22	1.61	0.60	0.70	1.05	0.89	1.25
Glycosyltransferases	20.25	17.20	17.49	16.26	23.34	21.64	22.09	22.78	19.66
GT2	5.66	6.26	6.31	5.58	7.68	7.91	7.14	7.48	7.39
GT4	3.55	3.76	3.96	4.44	4.93	4.43	4.64	4.60	4.20
GT35	4.75	2.47	2.07	1.62	4.75	2.85	3.58	3.91	2.90
GT28	1.51	0.85	0.89	0.53	1.51	1.00	1.34	1.48	1.00
GT5	1.74	0.77	0.79	0.33	1.72	0.81	1.38	1.62	1.15
GT51	0.77	0.78	0.75	0.74	0.99	1.08	0.92	1.17	0.80
Carbohydrate binding molecules	1.76	2.40	2.15	2.02	2.05	2.22	2.38	2.25	2.11
Carbohydrate esterases	5.89	4.70	5.45	5.53	5.00	5.81	5.64	5.36	6.04
CE4	1.53	1.01	1.03	0.78	1.41	1.04	1.16	1.27	1.20
Polysaccharide lyases	1.55	1.74	2.77	3.79	1.22	2.95	1.20	1.78	2.27

^a Groups found at an average relative abundance 1% are shown

^b ID nomenclature: Family number, Twin number or mother and BMI category (Le=lean, Ov=overweight, Ob=obese e.g. F1T1Le stands for family 1 twin 1 lean)

Table 10B: Relative abundance of CAZymes across 9 gut microbiomes (% of sequence assignments across all identified CAZymes)^a									
Subject ID^b	F4T1Ob	F4T2Ob	F4MOb	F5T1Ob	F5T2Ob	F5MOv	F6T1Ob	F6T2Ob	F6MOb
Glycoside hydrolases	73.46	70.45	71.57	64.19	69.11	69.96	68.15	69.61	71.50
GH13	4.68	8.36	6.37	11.17	11.80	7.05	12.34	16.84	11.19
GH2	6.43	6.53	6.53	5.52	5.40	5.93	5.69	5.64	6.21
GH43	5.80	6.49	5.00	4.34	6.57	5.04	5.05	5.59	4.56
GH92	7.66	4.36	6.72	1.71	1.73	5.70	1.93	0.60	3.59
GH3	3.46	3.77	4.27	3.89	5.07	3.75	3.75	4.29	3.41
GH97	4.06	3.95	3.62	0.96	1.25	3.96	1.22	0.28	1.87
GH31	2.67	2.06	2.49	2.86	3.37	2.52	2.81	3.99	2.79
GH20	3.33	2.45	3.32	1.09	1.17	3.12	1.66	0.92	3.18
GH29	3.93	1.53	3.31	1.80	1.47	2.59	1.51	0.93	1.81

GH77	1.32	1.95	1.49	2.87	2.95	1.62	2.64	3.47	2.04
GH28	2.63	1.99	2.49	1.64	1.01	2.31	1.44	0.54	1.11
GH51	1.73	2.29	1.51	1.80	2.74	1.40	1.71	2.34	1.60
GH36	1.24	1.79	1.39	1.52	1.92	1.28	2.20	2.63	2.37
GH1	0.72	0.79	0.71	2.01	2.50	1.35	3.74	2.29	2.25
GH5	1.37	2.56	1.30	1.29	1.37	0.90	0.84	1.22	0.95
GH42	0.94	0.44	0.98	1.80	2.82	0.93	2.26	3.87	2.06
GH105	1.77	0.83	1.63	0.95	0.50	1.65	0.98	0.39	0.83
GHY95	1.33	1.90	1.12	0.68	0.75	1.35	1.01	0.48	1.44
GH32	0.99	1.15	0.82	1.15	1.52	0.99	1.47	2.04	1.00
GH78	1.43	1.45	0.98	1.03	1.39	0.80	0.90	0.58	1.21
Glycosyltransferases	16.68	20.34	18.24	26.36	23.15	19.53	23.54	23.99	21.50
GT2	6.19	6.80	6.97	9.41	9.80	6.74	7.98	7.14	6.78
GT4	4.17	3.99	4.08	5.62	4.43	4.50	4.42	4.18	4.80
GT35	1.81	2.76	2.13	4.50	3.78	2.59	4.42	5.25	3.66
GT28	0.58	0.94	0.83	1.31	1.00	1.01	1.48	2.12	1.33
GT5	0.46	0.83	0.65	1.54	1.24	0.96	1.74	1.90	0.96
GT51	0.68	1.06	0.72	1.82	1.27	0.88	1.06	1.63	1.02
Carbohydrate binding molecules	1.90	2.06	2.15	2.66	2.88	2.08	2.22	2.28	1.98
Carbohydrate esterases	5.19	5.19	5.02	5.24	3.94	6.01	4.68	3.84	4.15
CE4	0.73	0.84	0.92	1.35	0.96	1.04	1.31	1.51	0.91
Polysaccharide lyases	2.78	1.95	3.02	1.55	0.93	2.43	1.43	0.28	0.87

^a Groups found at an average relative abundance 1% are shown

^b ID nomenclature: Family number, Twin number or mother and BMI category (Le=lean, Ov=overweight, Ob=obese e.g. F1T1Le stands for family 1 twin 1 lean)

Example 5: Different functions for Bacteroides and Firmicutes

[0168] Functional clustering of phylum-wide sequence bins representing reads from the Firmicutes or the Bacteroidetes showed discrete clustering by phylum (**FIG. 16A**). A direct comparison of the Firmicutes and Bacteroidetes sequence bins to simulated reads generated from 36 reference Bacteroides and Firmicute genomes represented in the 42 member custom database described in Example 3, revealed that the metabolic profile of each microbiome was similar to the 'average' metabolic profile of each phylum (**FIG. 17**). Bootstrap analyses of the relative abundance of metabolic pathways in the Firmicutes and Bacteroidetes, disclosed 26 pathways with a significantly different relative abundance (**FIG. 16A**). The Bacteroidetes were enriched for a number of carbohydrate metabolism pathways, while the Firmicutes were enriched for transport systems. The finding is consistent with information gleaned from a number of sequenced Bacteroidetes genomes that demonstrate expansive families of genes involved in carbohydrate metabolism, as well as the CAZyme analysis in Example 3,

which revealed a significantly higher relative abundance of glycoside hydrolases, carbohydrate-binding modules, glycosyltransferases, polysaccharide lyases, and carbohydrate esterases in the Bacteroidetes sequence bins (**FIG. 16B**).

Example 6: Identifying a core human gut microbiome

[0169] One of the major goals of the international human microbiome project is to determine whether there is an identifiable ‘core microbiome’ of shared organisms, genes, or functional capabilities found in a given body habitat of all or the vast majority of humans. Although all of the 18 gut microbiomes surveyed showed a high level of beta-diversity with respect to the relative abundance of bacterial phyla (**FIG. 18A**), analysis of the relative abundance of broad functional categories of genes (COG) and metabolic pathways (KEGG) revealed a generally consistent pattern regardless of the sample surveyed (**FIG. 18B and Table 11**): the pattern is also consistent with results obtained from a meta-analysis of previously published gut microbiome datasets from 9 adult individuals (**FIG. 19**). This consistency was not simply due to the broad level of these annotations, as a similar analysis of Bacteroidetes and Firmicutes reference genomes revealed substantial variation in the relative abundance of each category (**FIG. 20**). Furthermore, pair-wise comparisons of metabolic profiles revealed an average R^2 of 0.97 ± 0.0023 (**FIG. 14A**), indicating a high level of functional similarity between adult human gut microbiomes.

Table 11: Relative abundance of metabolic pathways in the gut microbiome (% of KEGG assignments)^a

KEGG Metabolic Pathway	Mean $\pm$ sem across all 18 microbiomes
Transporters	4.93 $\pm$ 0.21
Other replication, recombination and repair proteins	3.35 $\pm$ 0.04
ABC transporters	3.24 $\pm$ 0.13
General function prediction only	2.60 $\pm$ 0.06
Purine metabolism	2.29 $\pm$ 0.02
Other enzymes	2.16 $\pm$ 0.03
Aminoacyl-tRNA biosynthesis	2.14 $\pm$ 0.05
Glutamate metabolism	1.98 $\pm$ 0.03
Starch and sucrose metabolism	1.92 $\pm$ 0.03
Pyruvate metabolism	1.73 $\pm$ 0.02
Pyrimidine metabolism	1.70 $\pm$ 0.02
Peptidases	1.69 $\pm$ 0.05
Alanine and aspartate metabolism	1.58 $\pm$ 0.02

Glycine, serine and threonine metabolism	1.53 ± 0.02
Other translation proteins	1.37 ± 0.02
Galactose metabolism	1.37 ± 0.03
Glycolysis / Gluconeogenesis	1.35 ± 0.02
Other ion-coupled transporters	1.34 ± 0.06
Fructose and mannose metabolism	1.31 ± 0.03
Two-component system	1.31 ± 0.03
Ribosome	1.27 ± 0.03
Replication complex	1.18 ± 0.02
Phenylalanine; tyrosine and tryptophan biosynthesis	1.17 ± 0.02
Valine, leucine and isoleucine biosynthesis	1.15 ± 0.02
Carbon fixation	1.15 ± 0.01
Nitrogen metabolism	1.13 ± 0.02
Glycerolipid metabolism	1.07 ± 0.02
Oxidative phosphorylation	1.07 ± 0.03
Butanoate metabolism	1.05 ± 0.02
Chaperones and folding catalysts	.99 ± 0.01
Pentose phosphate pathway	.95 ± 0.01
Tyrosine metabolism	.95 ± 0.02
Histidine metabolism	.92 ± 0.02
Cell division	.91 ± 0.01
Aminosugars metabolism	.89 ± 0.03
Arginine and proline metabolism	.85 ± 0.01
Citrate cycle (TCA cycle)	.84 ± 0.02
Methionine metabolism	.83 ± 0.02
Lysine biosynthesis	.82 ± 0.01
RNA polymerase	.81 ± 0.02
Reductive carboxylate cycle (CO ₂ fixation)	.80 ± 0.03
Propanoate metabolism	.80 ± 0.01
Peptidoglycan biosynthesis	.79 ± 0.01
N-Glycan degradation	.78 ± 0.05
Urea cycle and metabolism of amino groups	.78 ± 0.01
Translation factors	.78 ± 0.02
Selenoamino acid metabolism	.77 ± 0.02
Glyoxylate and dicarboxylate metabolism	.73 ± 0.01
DNA polymerase	.72 ± 0.01
Pentose and glucuronate interconversions	.70 ± 0.02
Cysteine metabolism	.68 ± 0.02
Pantothenate and CoA biosynthesis	.67 ± 0.01
Nucleotide sugars metabolism	.67 ± 0.02
Glycosaminoglycan degradation	.66 ± 0.04
Function unknown	.66 ± 0.01
One carbon pool by folate	.65 ± 0.01
Sphingolipid metabolism	.64 ± 0.03
Protein export	.62 ± 0.01

^aPathways with an average relative abundance of > 0.6% are shown

[0170] Overall functional diversity was compared using the Shannon index, a measurement that combines diversity (the number of different types of metabolic pathways) and evenness (the relative abundance of each pathway). The

human gut microbiomes surveyed had a stable and high Shannon index value (4.63 ± 0.01), close to the maximum possible level of functional diversity (5.54; See Example 4). Despite the presence of a small number of abundant metabolic pathways (listed in **Table 11**), the overall functional profile of each gut microbiome is quite even (Shannon evenness of 0.84 ± 0.001 on a scale of 0 to 1), demonstrating that most metabolic pathways are found at a similar level of abundance. Interestingly, the level of functional diversity in each microbiome was significantly linked to the relative abundance of the Bacteroidetes ($R^2=0.81$, $p < 10^{-6}$); microbiomes enriched for Firmicutes/Actinobacteria had a decreased level of functional diversity. This observation is consistent with an analysis of simulated metagenomic reads generated from each of 36 Bacteroidetes and Firmicutes genomes (**FIG. 21**): on average, the Bacteroidetes genomes have a significantly higher level of both functional diversity and evenness (Mann-Whitney, $p < 0.01$).

[0171] At a finer level, 26-53% of 'enzyme'-level functional groups were shared across all 18 microbiomes, while 8-22% of the groups were unique to a single microbiome (**FIGS. 22A-C**). The 'core' functional groups present in all microbiomes were also highly abundant, representing 93-98% of the sequences found in the gut (fecal) microbiome. Given the higher relative abundance of these 'core' groups, >95% were found after 26.11 ± 2.02 Mb of sequence was collected from a given microbiome, whereas the 'variable' groups continue to increase substantially with each additional Mb sequence. Of course, any estimate of the total size of the core microbiome will be dependent upon sequencing effort, especially for functional groups found at a low abundance. On average, this survey achieved greater than 450,000 sequences per fecal sample, which, assuming an even distribution, would allow us to sample groups found at a relative abundance of 10^{-4} . In order to estimate the total size of the core microbiome based on the 18 sampled individuals, each microbiome was randomly sub-sampled in 1,000 sequence intervals (**FIG. 22D**). Based on this analysis, the core microbiome is approaching a total of 2,142 total orthologous groups (one site binding hyperbola curve fit to the resulting rarefaction curve, $R^2=0.9966$), indicating that 93% of functional groups (defined by STRING) found within the core microbiome, were already identified. Of these core groups, 64% (KEGG) and 56% (STRING) were also found in 9

previously published but much lower coverage datasets generated by capillary sequencing of adult fecal DNA (average of $78,413 \pm 2,044$ bidirectional reads/sample).

[0172] Metabolic reconstructions of the 'core' microbiome revealed significant enrichment for a number of expected functional categories, including those involved in transcription, translation, and amino acid metabolism (**FIG. 23**). Metabolic profile-based clustering indicated that the representation of 'core' functional groups was highly consistent across samples (**FIG. 24**), and includes a number of pathways likely important for life in the gut, such as those for carbohydrate and amino acid metabolism (e.g. fructose/mannose metabolism, aminosugars metabolism, and N-Glycan degradation). Variably represented pathways and categories include cell motility (only a subset of Firmicutes produce flagella), secretion systems, and membrane transport such as phosphotransferase systems involved in the import of nutrients, including sugars (**FIGS. 23** and **24**).

[0173] CAZyme profiles of glycoside hydrolases and glycosyltransferases were compared by calculating the R^2 value between each pair of microbiomes (see **Table 10** for families with a relative abundance $>1\%$). This analysis revealed that all individuals have a similar profile of glycosyltransferases (mean $R^2 = 0.96 \pm 0.003$), while the profiles of glycoside hydrolases were significantly more variable, even between family members (mean $R^2 = 0.80 \pm 0.01$; $p < 10^{-30}$, paired Student's t-test). This suggests that the number and spectrum of glycoside hydrolases is probably affected by external factors such as diet more than the glycosyltransferases.

Example 7: Obesity associated pathways

[0174] To identify metabolic pathways associated with obesity, only non-core associated (variable) functional groups were included in a comparison of the gut microbiomes of lean and obese twin pairs. A bootstrap analysis was used to identify metabolic pathways that were enriched or depleted in the variable obese gut microbiome. For example, similar to a mouse model of diet-induced obesity, the obese human gut microbiome was enriched for phosphotransferase systems involved in microbial processing of carbohydrates (**Table 12**). To identify specific genes that were significantly associated with obesity, all gut microbiome sequences were compared

against the custom database of 42 gut genomes described in example 3. A gene-by-sample matrix was then screened to identify genes 'commonly-enriched' in either the obese or lean gut microbiome (defined by an odds ratio >2 or <0.5 when comparing all obese twin microbiomes to the aggregate lean twin microbiome or vice versa). The analysis yielded 383 genes that were significantly different between the obese and lean gut microbiome (q-value < 0.05 ; 273 enriched and 110 depleted in the obese microbiome; see **Tables 13** and **14**). By contrast, only 49 genes were consistently enriched or depleted between all twin-pairs.

[0175] These obesity-associated genes were representative of the taxonomic differences described above: 75% of the obesity-enriched genes were from Actinobacteria (vs. 0% of lean-enriched genes; the other 25% are from Firmicutes) while 42% of the lean-enriched genes were from Bacteroidetes (vs. 0% of the obesity-enriched genes). Their functional annotation indicated that many are involved in carbohydrate, lipid, and amino acid metabolism (**Tables 13-14**). Together, they comprise an initial set of microbial biomarkers of the obese gut microbiome.

Table 12: Pathways enriched or depleted in obese gut microbiomes^a

Enriched	Fatty acid biosynthesis
	Nicotinate and nicotinamide metabolism
	Other ion-coupled transporters
	Pentose and glucuronate interconversions
	Phosphotransferase system (PTS)
	Protein folding and associated processing
	Signal transduction mechanisms
	Transcription factors
Depleted	Bacterial chemotaxis
	Bacterial motility proteins
	Benzoate degradation via CoA ligation
	Butanoate metabolism
	Citrate cycle (TCA cycle)
	Glycosaminoglycan degradation
	Other enzymes
	Oxidative phosphorylation

	Pyruvate/Oxoglutarate oxidoreductases
	Starch and sucrose metabolism
	Tryptophan metabolism

Table 13: Bacterial genes enriched in the gut microbiomes of obese MZ twins

SEQ. ID No.	Genome and NCBI proteinID	Annotation	COG	COG Categories	KEGG orthologous groups
1	Bifidobacterium_adolescentis_154486403	tRNA-ribosyltransferase	COG0343	J	K00773
2	Bifidobacterium_longum_23465114	Transcriptional regulators	COG1609	K	
3	Bifidobacterium_longum_23466186	ABC-type sugar transport system, periplasmic component	COG1653	G	
4	Bifidobacterium_adolescentis_154488903	Superfamily I DNA and RNA helicases	COG3973	R	
5	Bifidobacterium_adolescentis_154486727	DNA polymerase IV	COG0389	L	K02346
6	Bifidobacterium_adolescentis_154488882	peptide/nickel transport system ATP-binding protein	COG1123	R	K02031/2
7	Bifidobacterium_adolescentis_154488633	Trk-type K ⁺ transport systems	COG0168	P	
8	Bifidobacterium_adolescentis_154488131	Asp-tRNAAsn/Glu-tRNA ^{Gln} amidotransferase B subunit	COG0064	J	K02434
9	Bifidobacterium_adolescentis_154487571	Threonine dehydratase	COG1171	E	K01754
10	Bifidobacterium_adolescentis_154486641	Glucose-6-phosphate isomerase	COG0166	G	K01810
11	Bifidobacterium_adolescentis_154488790	ATP-dependent helicase Lhr and Lhr-like helicase	COG1201	R	K03724
12	Bifidobacterium_adolescentis_119025482	Predicted ATPase involved in cell division	COG2884	D	K09812
13	Bifidobacterium_adolescentis_154486531	Predicted phosphohydrolases	COG1409	R	
14	Bifidobacterium_adolescentis_154486606	tRNA-(guanine-N1)-methyltransferase	COG0336	J	K00554
15	Bifidobacterium_adolescentis_154486895	IMP dehydrogenase/GMP reductase	COG0516/7	FR	K00088
16	Bifidobacterium_adolescentis_154486720	Aspartate/tyrosine/aromatic aminotransferase	COG0436	E	K00812
17	Bifidobacterium_adolescentis_119026599	Cation transport ATPase	COG0474	P	K01529
18	Bifidobacterium_adolescentis_154486334	hypothetical protein			
19	Bifidobacterium_adolescentis_119025743	NAD/NADP transhydrogenase alpha subunit	COG3288	C	K00324
20	Bifidobacterium_longum_23336617	UspA and related nucleotide-binding proteins	COG0589	T	
21	Bifidobacterium_adolescentis_154486937	ABC-type sugar transport system	COG1653	G	K02027
22	Bifidobacterium_longum_23465912	hypothetical protein			
23	Bifidobacterium_longum_23335963	K ⁺ transporter	COG3158	P	K03549
24	Bifidobacterium_adolescentis_119025729	ABC-type transport system, Fe-S cluster assembly	COG0719	O	
25	Bifidobacterium_adolescentis_154487396	Glutamine synthetase adenyllyltransferase	COG1391	OT	K00982
26	Bifidobacterium_adolescentis_154488156	hypothetical protein			
27	Bifidobacterium_adolescentis_154486668	Acetyl/propionyl-CoA carboxylase	COG4770	I	K01946

28	Bifidobacterium_adolescentis_154487299	Nuclease subunit of the excinuclease complex	COG0322	L	K03703
29	Bifidobacterium_longum_23465540	Acetate kinase	COG0282	C	K00925
30	Clostridium_bartlettii_164687465	putative conjugative transposon protein	NOG13238		
31	Bifidobacterium_longum_23465037	Dipeptidase	COG4690	E	K08659
32	Bifidobacterium_adolescentis_154488210	Predicted hydrolase of the metallo-beta-lactamase superfamily	COG0595	R	K07021
33	Bifidobacterium_adolescentis_154487598	tRNA/rRNA methyltransferase protein			K00599
34	Bifidobacterium_adolescentis_119025149	hypothetical protein			
35	Bifidobacterium_adolescentis_154487052	hypothetical protein	NOG07592		
36	Bifidobacterium_adolescentis_154486554	PTS system, enzyme I			K00935
37	Bifidobacterium_longum_23335005	Selenocysteine lyase	COG0520	E	K01763
38	Bifidobacterium_longum_23465294	Branched-chain amino acid permeases	COG1114	E	K03311
39	Bifidobacterium_adolescentis_119025432	Acyl-CoA thioesterase	COG1946	I	K01076
40	Bifidobacterium_adolescentis_154486528	Aspartate-semialdehyde dehydrogenase	COG0136	E	K00133
41	Bifidobacterium_adolescentis_154487076	Predicted ATPase with chaperone activity	COG0606	O	K07391
42	Bifidobacterium_longum_23466221	Alcohol dehydrogenase, class IV	COG1454	C	K00048
43	Bifidobacterium_adolescentis_119025541	Phosphoribosylformylglycinamide synthase	COG0046/7	F	K01952
44	Bifidobacterium_adolescentis_119026031	Geranylgeranyl pyrophosphate synthase	COG0142	H	
45	Bifidobacterium_longum_23465502	Signal transduction histidine kinase	COG4585	T	
46	Bifidobacterium_adolescentis_154486631	Predicted metal-binding, possibly nucleic acid-binding protein	COG1399	R	
47	Bifidobacterium_adolescentis_154488013	Sugar (pentulose and hexulose) kinases	COG1070	G	K00853
48	Bifidobacterium_adolescentis_119025777	Aspartate carbamoyltransferase	COG0540	F	K00609
49	Bifidobacterium_adolescentis_119025510	Superfamily II DNA helicase	COG0514	L	K03654
50	Bifidobacterium_adolescentis_119026360	Protease II	COG1770	E	K01354
51	Bifidobacterium_adolescentis_119025672	Signal transduction histidine kinase	COG3920	T	
52	Bifidobacterium_adolescentis_154487392	Orotidine-5'-phosphate decarboxylase	COG0284	F	K01591
53	Bifidobacterium_adolescentis_154487114	Permeases of the major facilitator superfamily	COG0477	GEPR	
54	Bifidobacterium_adolescentis_119025804	Predicted Fe-S-cluster redox enzyme	COG0820	R	K06941
55	Bifidobacterium_longum_23465197	Permeases of the major facilitator superfamily	COG0477	GEPR	
56	Bifidobacterium_adolescentis_154487064	Superfamily II RNA helicase	COG4581	L	K01529
57	Bifidobacterium_longum_23465727	ABC-type dipeptide transport system	COG0747	E	K02035
58	Bifidobacterium_adolescentis_154486507	hypothetical protein			
59	Bifidobacterium_longum_23465472	Predicted transcriptional regulator	COG2865	K	
60	Bifidobacterium_adolescentis_154486695	ABC-type phosphate transport system	COG0226	P	K02040
61	Bifidobacterium_longum_23466332	Dihydroxyacid dehydratase/phosphogluconate dehydratase	COG0129	EG	K01687
62	Bifidobacterium_adolescentis_154489143	Predicted phosphatase/phosphohexomutase	COG0637	R	
63	Bifidobacterium_adolescentis_154486988	Phosphoribosylaminoimidazole	COG0026	F	K01589

		carboxylase			
64	Bifidobacterium_adolescentis_154486732	glycoside hydrolase family 77	COG1640	G	K00705
65	Bifidobacterium_adolescentis_154487590	Uncharacterized conserved protein	COG3247	S	
66	Bifidobacterium_adolescentis_154486669	Acetyl-CoA carboxylase	COG4799	I	K01966
67	Bifidobacterium_adolescentis_154488016	Homoserine kinase	COG0083	E	K00872
68	Bifidobacterium_adolescentis_119026221	glycoside hydrolase family 43			
69	Bifidobacterium_adolescentis_119025727	CTP synthase (UTP-ammonia lyase)	COG0504	F	K01937
70	Bifidobacterium_adolescentis_154486325	Uncharacterized protein conserved in bacteria	COG3583	S	
71	Bifidobacterium_adolescentis_119025371	Transcription elongation factor	COG0195	K	K02600
72	Bifidobacterium_adolescentis_154486867	Sugar (pentulose and hexulose) kinases	COG1070	G	K00854
73	Bifidobacterium_adolescentis_154487511	putative cell division protein			
74	Bifidobacterium_adolescentis_154487124	hypothetical protein			
75	Bifidobacterium_adolescentis_119025212	hypothetical protein			
76	Bifidobacterium_adolescentis_154487481	hypothetical protein			
77	Bifidobacterium_adolescentis_154488824	putative two-component sensor kinase			
78	Bifidobacterium_adolescentis_154488224	serine_threonine protein kinase			
79	Bifidobacterium_adolescentis_154487149	carbohydrate esterase family 1			
80	Bifidobacterium_adolescentis_154488135	rRNA methylases	COG0566	J	K00599
81	Bifidobacterium_adolescentis_154489172	glycoside hydrolase family 77	COG1640	G	K00705
82	Bifidobacterium_adolescentis_154487327	Superfamily II RNA helicase	COG4581	L	K03727
83	Bifidobacterium_adolescentis_119025670	Transcription elongation factor	COG0782	K	K03624
84	Bifidobacterium_adolescentis_154486326	Dimethyladenosine transferase	COG0030	J	K02528
85	Bifidobacterium_longum_23465077	glycosyl-transferase family 51	COG0744	M	K03693
86	Bifidobacterium_longum_23464647	hypothetical protein	NOG25707		
87	Bifidobacterium_adolescentis_154486363	hypothetical protein			
88	Bifidobacterium_adolescentis_154486438	Permeases of the major facilitator superfamily	COG0477	GEPR	
89	Bifidobacterium_longum_23335686	ABC-type antimicrobial peptide transport system	COG0577	V	K02004
90	Bifidobacterium_adolescentis_154486327	4-diphosphocytidyl-2C-methyl-D-erythritol 2-phosphate synthase	COG1947	I	K00919
91	Bifidobacterium_adolescentis_154488959	twitching motility protein PilT			K02669
92	Bifidobacterium_adolescentis_154486273	Leucyl-tRNA synthetase	COG0495	J	K01869
93	Bifidobacterium_adolescentis_154486329	tRNA nucleotidyltransferase/poly(A) polymerase	COG0617	J	K00970
94	Bifidobacterium_adolescentis_154487191	putative phage protein			
95	Bifidobacterium_adolescentis_154486270	DNA polymerase III, delta subunit	COG1466	L	K02340
96	Bifidobacterium_adolescentis_154486380	hypothetical protein			
97	Anaerostipes_caccae_167747544	Non-ribosomal peptide synthetase modules and related proteins	COG1020	Q	
98	Bifidobacterium_adolescentis_154486501	Predicted unusual protein kinase	COG0661	R	
99	Bifidobacterium_adolescentis_154486855	LacI-family transcriptional regulator			
100	Bifidobacterium_adolescentis_154486358	Hemolysins and related proteins	COG1253	R	K03699
101	Bifidobacterium_adolescentis_154486649	Acetylornithine deacetylase/Succinyl-diaminopimelate desuccinylase	COG0624	E	K01439
102	Bifidobacterium_adolescentis_119025555	Orotidine-5'-phosphate decarboxylase	COG0284	F	K01591
103	Bifidobacterium_longum_23465600	Gamma-glutamyl phosphate	COG0014	E	K00147

		reductase			
104	Bifidobacterium_adolescentis_154486786	FAD synthase/riboflavin kinase/FMN adenylyltransferase	COG0196	H	K00861/0953
105	Bifidobacterium_adolescentis_154488712	Ribonuclease D	COG0349	J	K03684
106	Bifidobacterium_adolescentis_154488649	N-acetylglutamate synthase (N-acetylornithine aminotransferase)	COG1364	E	K00620/0642
107	Bifidobacterium_adolescentis_154489082	Ribonucleoside-triphosphate reductase	COG1328	F	K00527
108	Bifidobacterium_adolescentis_154487141	transcriptional regulator, AraC family			
109	Bifidobacterium_longum_23335562	Acetyltransferase (isoleucine patch superfamily)	COG0110	R	K00680
110	Bifidobacterium_adolescentis_119025600	ABC-type amino acid transport system, permease component	COG0765	E	
111	Bifidobacterium_adolescentis_154486349	Recombinational DNA repair ATPase (RecF pathway)	COG1195	L	K03629
112	Bifidobacterium_adolescentis_154487341	Succinyl-CoA synthetase	COG0045	C	K01903
113	Bifidobacterium_adolescentis_154486419	Adenylosuccinate synthase	COG0104	F	K01939
114	Bifidobacterium_adolescentis_154486323	transcriptional regulator, AraC family			
115	Bifidobacterium_adolescentis_119025197	3-isopropylmalate dehydratase large subunit	COG0065	E	K01702/3
116	Bifidobacterium_adolescentis_154489094	Predicted dehydrogenases and related proteins	COG0673	R	
117	Bifidobacterium_longum_23336262	O-acetylhomoserine sulfhydrylase	COG2873	E	K01740
118	Bifidobacterium_longum_23465907	ABC-type dipeptide/oligopeptide/nickel transport systems	COG0601	EP	K02033
119	Bifidobacterium_adolescentis_154487000	Threonine aldolase	COG2008	E	K01620
120	Bifidobacterium_adolescentis_154487167	Sortase and related acyltransferases	COG1247	M	K03823
121	Bifidobacterium_longum_23465198	Thioredoxin reductase	COG0492/0526	OC	K00384
122	Bifidobacterium_adolescentis_154488926	Arabinose efflux permease	COG2814	G	
123	Bifidobacterium_longum_23465931	ABC-type antimicrobial peptide transport system, ATPase component	COG1136	V	K02003/4
124	Bifidobacterium_adolescentis_154486352	Type IIA topoisomerase (DNA gyrase/topo II, topoisomerase IV)	COG0188	L	K01863/2469
125	Bifidobacterium_adolescentis_119026009	Pyruvate-formate lyase-activating enzyme	COG1180	O	K04069
126	Bifidobacterium_adolescentis_154487279	Methionine synthase II (cobalamin-independent)	COG0620	E	K00549
127	Bifidobacterium_adolescentis_119025238	Acetolactate synthase	COG0440	E	K01653
128	Bifidobacterium_adolescentis_119025129	Signal recognition particle GTPase	COG0552	U	K03110
129	Bifidobacterium_adolescentis_154488132	Asp-tRNA ^{Asn} /Glu-tRNA ^{Gln} amidotransferase	COG0154	J	K02433
130	Bifidobacterium_adolescentis_154486940	ABC-type dipeptide transport system	COG0747	E	K02035
131	Bifidobacterium_adolescentis_154488789	Type IIA topoisomerase (DNA gyrase/topo II, topoisomerase IV)	COG0188	L	K01863/2469
132	Bifidobacterium_adolescentis_154487377	Long-chain acyl-CoA synthetases	COG1022	I	K01897
133	Bifidobacterium_adolescentis_154488794	DNA-directed RNA polymerase, sigma subunit	COG0568	K	K03086
134	Bifidobacterium_adolescentis_154488989	Superfamily I DNA and RNA helicases	COG0210	L	K01529
135	Bifidobacterium_adolescentis_154486903	Prolyl-tRNA synthetase	COG0442	J	K01881

136	Bifidobacterium_adolescentis_154488684	putative helicase			
137	Bifidobacterium_adolescentis_154486399	Lysophospholipase	COG2267	I	
138	Bifidobacterium_adolescentis_119026611	ABC-type sugar transport systems, ATPase components	COG3839	G	K05816
139	Bifidobacterium_adolescentis_154486670	Putative fatty acid synthase/reductase	COG0304/0331/2030/4981/4982	IQ	K00059/209/665/666/680
140	Bifidobacterium_adolescentis_154488852	ABC-type oligopeptide transport system	COG4166	E	K02035
141	Bifidobacterium_adolescentis_154486664	putative ABC-type sugar transport system			
142	Bifidobacterium_adolescentis_119025257	Ribonucleases G and E	COG1530	J	K01128
143	Bifidobacterium_adolescentis_154486472	ABC-type antimicrobial peptide transport system	COG0577	V	K02004
144	Bifidobacterium_adolescentis_154487036	hypothetical protein			
145	Bifidobacterium_adolescentis_154487636	glycoside hydrolase family 2	COG3250	G	K01190
146	Eubacterium_dolichum_160915695	glycoside hydrolase family 31			
147	Bifidobacterium_adolescentis_154489092	Aspartate/tyrosine/aromatic aminotransferase	COG0436	E	K00812
148	Bifidobacterium_adolescentis_119026440	hypothetical protein	NOG21350		
149	Bifidobacterium_adolescentis_119025397	Myosin-crossreactive antigen	COG4716	S	
150	Bifidobacterium_adolescentis_119026143	Glutamine amidotransferase	COG0118	E	K02501
151	Bifidobacterium_adolescentis_154487050	Universal stress protein UspA	COG0589	T	
152	Bifidobacterium_adolescentis_154486729	Phosphoglycerate dehydrogenase	COG0111	HE	
153	Bifidobacterium_adolescentis_154488261	Predicted hydrolases or acyltransferases	COG0596	R	
154	Bifidobacterium_adolescentis_154489101	hypothetical protein			
155	Bifidobacterium_adolescentis_154487476	Phosphotransacetylase	COG0280/0857	CR	K00625
156	Bifidobacterium_adolescentis_154488788	Uncharacterized proteins of the AP superfamily	COG1524	R	
157	Ruminococcus_obeum_153809835	putative ketose-bisphosphate aldolase			
158	Clostridium_leptum_160933115	hypothetical protein			
159	Bifidobacterium_adolescentis_119026429	Ribulose-5-phosphate 4-epimerase	COG0235	G	K03080
160	Bifidobacterium_adolescentis_154487579	glycoside hydrolase family 36	COG3345	G	K07407
161	Bifidobacterium_longum_23464678	hypothetical protein			
162	Bifidobacterium_adolescentis_154486391	Serine/threonine protein phosphatase	COG0631	T	K01090
163	Bifidobacterium_adolescentis_154486962	ABC-type amino acid transport/signal transduction systems	COG0834	ET	K02030
164	Bifidobacterium_adolescentis_154486954	DNA primase	COG0358	L	K02316
165	Bifidobacterium_adolescentis_154486993	Glutamine phosphoribosylpyrophosphate amidotransferase	COG0034	F	K00764
166	Bifidobacterium_adolescentis_154488913	HrpA-like helicases	COG1643	L	K03578
167	Bifidobacterium_adolescentis_154486787	Predicted ATP-dependent serine protease	COG1066	O	K04485
168	Bifidobacterium_adolescentis_154486493	Ammonia permease	COG0004	P	K03320
169	Bifidobacterium_adolescentis_154487494	Methenyl tetrahydrofolate cyclohydrolase	COG0190	H	K00288/1491
170	Bifidobacterium_adolescentis_119025196	Transcriptional regulator	COG1414	K	

171	Dorea_longicatena_153853202	hypothetical protein			
172	Bifidobacterium_adolescentis_154487329	putative transcriptional regulator			
173	Bifidobacterium_adolescentis_154487591	LacI-family transcriptional regulator			
174	Bifidobacterium_adolescentis_154486321	glycoside hydrolase family 3			
175	Bifidobacterium_adolescentis_119025741	GTPase	COG1159	R	K03595
176	Clostridium_scindens_167758922	dUTPase	COG0756	F	K01520
177	Bifidobacterium_adolescentis_119025587	Signal transduction histidine kinase	COG0642	T	
178	Bifidobacterium_adolescentis_154486470	Predicted membrane protein	COG4393	S	
179	Clostridium_scindens_167760262	putative sporulation protein			
180	Bacteroides_stercoris_167763769	hypothetical protein			
181	Anaerostipes_caccae_167746872	putative ABC transporter			
182	Bifidobacterium_adolescentis_154486920	ABC-type amino acid transport/signal transduction systems	COG0834	ET	K02030
183	Bifidobacterium_adolescentis_154487063	Uncharacterized conserved protein	COG2326	S	
184	Bifidobacterium_adolescentis_119025989	glycoside hydrolase family 13	COG0366	G	K01187
185	Clostridium_bartlettii_164687864	Lactoylglutathione lyase	COG0346	E	K01759
186	Bifidobacterium_adolescentis_154486443	ABC-type antimicrobial peptide transport system	COG0577	V	K02004
187	Bifidobacterium_adolescentis_154488245	NADH:flavin oxidoreductases/NADPH2 dehydrogenase	COG1902	C	K00354
188	Bifidobacterium_longum_23465963	atypical histidine kinase sensor of two-component system	NOG21560		
189	Bifidobacterium_adolescentis_154488949	hypothetical protein			
190	Bifidobacterium_adolescentis_154486865	maltose O-acetyltransferase			
191	Clostridium_scindens_167759009	cytidylate kinase			K00945
192	Bifidobacterium_adolescentis_154486901	ATP-dependent exoDNase	COG0507	L	
193	Ruminococcus_torques_153814251	hypothetical protein			
194	Bifidobacterium_adolescentis_119025327	Ribosomal protein L13	COG0102	J	K02871
195	Bifidobacterium_adolescentis_154488916	ABC-type antimicrobial peptide transport system	COG1136	V	
196	Bifidobacterium_adolescentis_119025389	putative histidine kinase sensor of two component system			
197	Ruminococcus_gnavus_154504598	Translation elongation factor P (EF-P)/initiation factor 5A (eIF-5A)	COG0231	J	K02356
198	Bifidobacterium_adolescentis_119026648	ribonuclease P	NOG21633		K03536
199	Clostridium_scindens_167760715	hypothetical protein			
200	Bifidobacterium_adolescentis_119026098	Uncharacterized conserved protein	COG2606	S	
201	Clostridium_scindens_167761320	ABC-type antimicrobial peptide transport system	COG1136	V	K02003
202	Bacteroides_stercoris_167762249	hypothetical protein			
203	Anaerostipes_caccae_167746530	putative ion channel			
204	Bifidobacterium_adolescentis_119025057	Serine/threonine protein kinase	COG0515	RTKL	
205	Clostridium_bartlettii_164686672	Molybdopterin biosynthesis enzymes	COG0521	H	K03638
206	Ruminococcus_obeum_153811887	hypothetical protein			
207	Clostridium_spiroforme_169349879	protein-Np-phosphohistidine-sugar phosphotransferase			K00890
208	Clostridium_amosum_167756439	type I restriction enzyme, S subunit			K01154
209	Bifidobacterium_adolescentis_119025640	Short-chain alcohol dehydrogenase of unknown specificity	COG4221	R	

210	Eubacterium_ventriosum_154483925	Uncharacterized conserved protein	COG2501	S	
211	Bifidobacterium_adolescentis_154487477	Phosphoketolase	COG3957	G	K01621/32/36
212	Bifidobacterium_adolescentis_154489149	Putative molecular chaperone	COG0443	O	K01529/4043/8070
213	Bifidobacterium_adolescentis_119025585	hypothetical protein			
214	Clostridium_scindens_167759334	ABC-type antimicrobial peptide transport system	COG1136	V	K02003
215	Anaerostipes_caccae_167748732	Serine-pyruvate aminotransferase/archaeal aspartate aminotransferase	COG0075	E	K03430
216	Ruminococcus_gnavus_154505702	Putative phage replication protein RstA	COG2946	L	K07467
217	Bifidobacterium_adolescentis_154486389	Cell division protein FtsI	COG0768	M	
218	Bifidobacterium_adolescentis_154488668	ABC-type cobalt transport system	COG1122	P	K02006
219	Bifidobacterium_adolescentis_154486277	Fructose-2,6-bisphosphatase/phosphoglycerate mutase	COG0406	G	K01834
220	Clostridium_scindens_167758556	hypothetical protein			
221	Dorea_longicatena_153855715	putative acetyltransferase			
222	Eubacterium_dolichum_160915136	ABC-type antimicrobial peptide transport system	COG1136	V	K02003
223	Bifidobacterium_adolescentis_119026205	Isoleucyl-tRNA synthetase	COG0060	J	K01870
224	Ruminococcus_obeum_153810514	glycoside hydrolase family 23	COG0741/91	M	
225	Eubacterium_eligens_Contig2011.538	putative phosphohydrolase			
226	Bifidobacterium_adolescentis_154487387	Transcriptional regulator	COG0583	K	
227	Ruminococcus_obeum_153812199	putative flavodoxin			
228	Bifidobacterium_adolescentis_154486996	Phosphoribosylformylglycinamide (FGAM) synthase	COG0046/7	F	K01952
229	Dorea_longicatena_153854194	Ornithine/acetylornithine aminotransferase	COG4992	E	K00818
230	Ruminococcus_gnavus_154505209	Predicted GTPases	COG1160	R	
231	Dorea_longicatena_153853531	Predicted transcriptional regulators	COG1695	K	
232	Ruminococcus_torques_153814203	Acetyltransferases	COG0456	R	K03826
233	Clostridium_scindens_167761371	putative ABC-type transport system			
234	Bifidobacterium_longum_38906105	F ₀ F ₁ -type ATP synthase	COG0055	C	K02112
235	Collinsella_aerofaciens_139439837	hypothetical protein			
236	Clostridium_leptum_160933570	ABC-type antimicrobial peptide transport system	COG0577/1136	V	K02003
237	Eubacterium_rectale_2731	putative sensor histidine kinase			
238	Bifidobacterium_adolescentis_154489126	ABC-type multidrug transport system	COG1132	V	K06147
239	Ruminococcus_obeum_153812105	putative conjugative transposon protein	NOG05968		
240	Dorea_longicatena_153853999	hypothetical protein			
241	Clostridium_bolteae_160937390	hypothetical protein			
242	Ruminococcus_torques_153814809	cytidylate kinase			K00945
243	Ruminococcus_obeum_153810530	hypothetical protein			
244	Clostridium_scindens_167758273	putative alanine racemase			
245	Clostridium_scindens_167760222	putative ABC transporter			
246	Dorea_longicatena_153854759	Sporulation protein	COG2088	M	K06412
247	Bifidobacterium_adolescentis_119025414	glycosyl-transferase family 4			

248	Ruminococcus_obeum_153813075	hypothetical protein			
249	Eubacterium_ventriosum_154482695	Queuine/archaeosine tRNA-ribosyltransferase	COG0343	J	K00773
250	Ruminococcus_obeum_153811892	hypothetical protein			
251	Ruminococcus_obeum_153810246	Type IV secretory pathway, VirB4 components	COG3451	U	
252	Dorea_longicatena_153854838	Ribosomal protein S16	COG0228	J	K02959
253	Dorea_longicatena_153855241	putative DNA gyrase, subunit A			
254	Collinsella_aerofaciens_139438412	putative transcriptional regulator			
255	Clostridium_leptum_160934853	putative ribosomal-protein-alanine acetyltransferase			
256	Eubacterium_rectale_3602	Type IV secretory pathway, VirD4 components	COG3505	U	
257	Bifidobacterium_adolescentis_154486460	ABC-type multidrug transport system	COG1132	V	K06147
258	Anaerostipes_caccae_167746203	exonuclease SbcC			K03546
259	Ruminococcus_obeum_153813732	hypothetical protein			
260	Eubacterium_ventriosum_154484729	protein-Np-phosphohistidine-sugar phosphotransferase			K00890
261	Eubacterium_rectale_3363	putative ABC transporter			
262	Ruminococcus_obeum_153809913	hypothetical protein			
263	Anaerostipes_caccae_167748861	putative arylsulfate sulfotransferase			
264	Eubacterium_eligens_Contig2011.154	Uncharacterized conserved protein	COG4283	S	
265	Clostridium_scindens_167759418	putative competence protein ComEA			
266	Eubacterium_rectale_3439	putative RNA-directed DNA polymerase			
267	Clostridium_bolteae_160940954	SAM-dependent methyltransferases	COG0500	QR	K00599
268	Ruminococcus_obeum_153811726	putative DNA topoisomerase			
269	Ruminococcus_obeum_153813044	putative transposase			
270	Eubacterium_rectale_2410	type I restriction enzyme, R subunit			K01152/3
271	Clostridium_bolteae_160941795	putative recombination protein			
272	Bifidobacterium_adolescentis_154486724	putative esterase			
273	Collinsella_aerofaciens_139438485	putative amidohydrolase			

Table 14: Bacterial genes enriched in gut microbiomes of lean MZ twins

EQ. o.	Genome and NCBI proteinID	Annotation	COG	COG Categories	KEGG orthologous groups
274	Bacteroides_capillosus_154500567	putative amidohydrolase			
275	Clostridium_leptum_160934848	putative acetyltransferase			
276	Ruminococcus_obeum_153810033	phosphocarrier protein HPr			K02784
277	Eubacterium_siraeum_167749283	putative ABC transporter related protein			
278	Bacteroides_capillosus_154497054	Polyribonucleotide nucleotidyltransferase	COG1185	J	K00962
279	Eubacterium_siraeum_167749675	Isoleucyl-tRNA synthetase	COG0060	J	K01870
280	Eubacterium_rectale_3617	hypothetical protein			

281	<i>Bacteroides capillosus</i> _154498345	putative sporulation protein			
282	<i>Parabacteroides merdae</i> _154490921	hypothetical protein			
283	<i>Bacteroides capillosus</i> _154500960	putative chromosome segregation protein			
284	<i>Ruminococcus torques</i> _153814925	putative sporulation protein			
285	<i>Clostridium scindens</i> _167758815	glycosyl-transferase family 4			
286	<i>Clostridium</i> _sp._L2_50_160893842	Protease subunit of ATP-dependent Clp proteases	COG0740	OU	K01358
287	<i>B_theta_WH2</i> _000545	putative type I restriction enzyme EcoAI specificity protein			
288	<i>Bacteroides capillosus</i> _154500843	trk system potassium uptake protein TrkA			K03499
289	<i>Clostridium bolteae</i> _160936948	putative two-component transcriptional regulator			
290	<i>Bacteroides capillosus</i> _154498005	ATP-dependent serine protease/cysteine S-methyltransferase	COG1066	O	K00567
291	<i>Parabacteroides merdae</i> _154492394	hypothetical protein			
292	<i>Bacteroides capillosus</i> _154498009	Fructose/tagatose bisphosphate aldolase	COG0191	G	K01622
293	<i>B_theta_3731</i> _000845	hypothetical protein			
294	<i>Anaerotruncus colihominis</i> _167769594	Predicted ATPase (AAA+ superfamily)	COG1373	R	
295	<i>Bacteroides capillosus</i> _154500228	putative translation protein			
296	<i>Anaerofustis stercorihominis</i> _169334667	putative DNA recombinase			
297	<i>B_theta_3731</i> _003400	hypothetical protein			
298	<i>Parabacteroides distasonis</i> _150008749	hypothetical protein			
299	<i>Bacteroides fragilis</i> _19068109	mobilization protein BmgA	NOG11714		
300	<i>Eubacterium dolichum</i> _160914154	glycoside hydrolase family 20	COG3525	G	K01207
301	<i>Bacteroides capillosus</i> _154497125	RNA methyltransferase, TrmH family			K03218
302	<i>Clostridium</i> _sp._L2_50_160894658	NTP pyrophosphohydrolases	COG0494/3323	LRS	K03574
303	<i>Parabacteroides merdae</i> _154494925	Glyceraldehyde-3-phosphate dehydrogenase	COG0057	G	K00134
304	<i>Bacteroides capillosus</i> _154496139	Type IIA topoisomerase (DNA gyrase/topo II, topoisomerase IV)	COG0188	L	K01863/2469
305	<i>Clostridium ramosum</i> _167755346	MoxR-like ATPase			K03924
306	<i>Bacteroides uniformis</i> _160888848	hypothetical protein			
307	<i>Ruminococcus gnavus</i> _154504651	Putative translation initiation inhibitor	COG0251	J	K07567
308	<i>Bacteroides uniformis</i> _160890270	putative phage protein			
309	<i>Bacteroides capillosus</i> _154500164	putative DNA recombinase			
310	<i>B_theta_WH2</i> _000807	sulfotransferase/FAD synthetase	COG0175	EH	K00957
311	<i>Bacteroides uniformis</i> _160892052	carbohydrate esterase family 4 and 12			
312	<i>Clostridium</i> _sp._L2_50_160893671	hypothetical protein			
313	<i>Bacteroides capillosus</i> _154500952	hypothetical protein			K09710
314	<i>Clostridium scindens</i> _167759293	putative ribonucleoside-triphosphate reductase activating protein			
315	<i>Bacteroides capillosus</i> _154498134	Predicted GTPases	COG1160	R	K03977

316	Bacteroides_capillosus_154500412	ribosomal protein			
317	Bacteroides_fragilis_60683403	Imidazolonepropionase and related amidohydrolases	COG1228	Q	K01468
318	Peptostreptococcus_micros_160946111	hypothetical protein	NOG15344		
319	B_theta_7330_001524	putative transposase			
320	Bacteroides_capillosus_154500229	putative peptidase			
321	Bacteroides_vulgatus_150006208	Integrase	COG0582	L	
322	Bacteroides_capillosus_154501540	hypothetical protein			
323	Bacteroides_stercoris_167762500	Site-specific recombinase XerD	COG4974	L	
324	Bacteroides_fragilis_60679880	glycoside hydrolase family 38	COG0383	G	K01191
325	Bacteroides_capillosus_154497979	putative replication protein			
326	Bacteroides_capillosus_154500160	putative helicase			
327	Bacteroides_stercoris_167752230	Retron-type reverse transcriptase	COG3344	L	
328	B_theta_WH2_003792	hypothetical protein	NOG14996		
329	Bacteroides_capillosus_154497731	hypothetical protein			
330	Parabacteroides_merdae_154494117	UDP-N-acetyl-D-mannosaminuronate dehydrogenase	COG0677	M	K02472
331	Bacteroides_caccae_153807847	2-succinyl-6-hydroxy-2,4- cyclohexadiene-1-carboxylate synthase	COG1165	H	K02551
332	Anaerotruncus_colihominis_167771309	N-acetylglutamate synthase (N- acetylornithine aminotransferase)	COG1364	E	K00618
333	B_theta_WH2_003808	putative outer membrane protein			
334	Eubacterium_dolichum_160914195	putative copper-translocating P-type ATPase			K01529
335	Bacteroides_fragilis_53715551	Predicted ATPase	COG1373	R	
336	Clostridium_bolteae_160937654	putative phage protein			
337	Bacteroides_fragilis_53712550	Alkyl hydroperoxide reductase	COG3634	O	K03387
338	Parabacteroides_merdae_154492101	hypothetical protein			
339	Clostridium_bolteae_160936352	Uncharacterized conserved protein	COG2606	S	
340	Bacteroides_uniformis_160889340	TraM			
341	B_theta_7330_002089	Adenine-specific DNA methylase	COG0827/46 46	KL	
342	B_theta_WH2_003982	putative outer membrane protein			
343	Bacteroides_capillosus_154496743	hypothetical protein			
344	Clostridium_bolteae_160941240	putative citrate lyase			
345	Bacteroides_capillosus_154496327	putative v-type ATPase			
346	Bacteroides_capillosus_154496839	putative cobalamin biosynthesis protein			
347	Bacteroides_fragilis_60683742	Small-conductance mechanosensitive channel	COG0668	M	
348	Eubacterium_siraeum_167749611	putative transcriptional regulator			
349	Parabacteroides_distasonis_150007998	Cobyric acid synthase	COG1492	H	K02232
350	Parabacteroides_distasonis_150008480	putative pyruvate formate-lyase 3 activating enzyme			
351	Bacteroides_capillosus_154496329	Na ⁺ -transporting two-sector ATPase/ATP synthase			K01549/50
352	Bacteroides_capillosus_154496850	hypothetical protein			
353	Bacteroides_capillosus_154496749	putative spore maturation protein			

354	Bacteroides_capillosus_154496148	putative spore protease			
355	Clostridium_bolteae_160937655	DNA polymerase			K00961
356	Bacteroides_fragilis_60683107	Putative copper/silver efflux pump	COG3696	P	K07239/7787
357	Bacteroides_capillosus_154496295	putative short-chain dehydrogenase/reductase			
358	Anaerotruncus_colihominis_167771023	stage V sporulation protein AC			K06405
359	B_theta_WH2_004992	ABC-type multidrug transport system	COG0842	V	K09686
360	Bacteroides_capillosus_154500409	Transcription antiterminator	COG0250	K	K02601
361	B_theta_3731_003445	putative tyrosine type site-specific recombinase	NOG36763		
362	B_theta_WH2_003671	putative 3-oxoacyl-[acyl-carrier-protein] synthase			
363	Parabacteroides_distasonis_150010457	hypothetical protein			
364	Bacteroides_fragilis_60681723	putative hydrolase lipoprotein	NOG09493		
365	Clostridium_scindens_167758928	putative transcriptional regulator			
366	Bacteroides_capillosus_154498046	Exonuclease VII small subunit	COG1722	L	K03602
367	Ruminococcus_gnavus_154504691	putative phage protein			
368	Anaerotruncus_colihominis_167772969	hypothetical protein			
369	Bacteroides_caccae_153808785	Predicted nucleoside-diphosphate sugar epimerases	COG1086	MG	
370	Alistipes_putredinis_167751920	phosphoglycolate phosphatase			K01091
371	Anaerotruncus_colihominis_167772790	hypothetical protein			
372	Parabacteroides_merdae_154494124	putative transcriptional regulator			
373	Bacteroides_caccae_153809523	glycoside hydrolase family 29	COG3669	G	K01206
374	Bacteroides_fragilis_46242778	TraO conjugation protein			
375	Bacteroides_capillosus_154499075	putative site-specific recombinase			
376	Anaerotruncus_colihominis_163816273	putative DNA helicase			
377	Bacteroides_capillosus_154495881	Pentose-5-phosphate-3-epimerase	COG0036	G	K01783
378	Bacteroides_uniformis_160887913	hypothetical protein			
379	Dorea_longicatena_153853397	putative phage protein			
380	Bacteroides_vulgatus_150003721	putative outer membrane protein			
381	B_theta_WH2_002145	putative outer membrane protein			
382	Bacteroides_capillosus_154500525	hypothetical protein			Lean-
383	Alistipes_putredinis_167752229	putative DNA primase	NOG22337		

Example 8: BMI categorization by ethnicity in participants in Missouri Adolescent Female Twin Study

[0176] BMI category by ethnicity for the entire MOAFTS wave 5 cohort, based on 3326 twins with complete data on height and weight is summarized in **Table 15**. Dizygotic (DZ) twins had a significantly higher mean BMI than monozygotic (MZ) twins [25.8±6.5 vs. 24.8±5.9, p<0.001, mean±sd], and a higher prevalence of

overweight (22.8 vs 20.9%) and obese (20.7 vs 16.1%; $\chi^2 = 31.6$, $p < 0.001$). This may reflect a higher dizygotic twinning rate among obese women (MZ twinning occurs randomly³⁹). BMI was more highly correlated in MZ twins than in DZ twins, both in EA pairs ($r_{MZ} = 0.80$, $r_{DZ} = 0.48$) and in AA pairs ($r_{MZ} = 0.73$, $r_{DZ} = 0.26$), and this remained true when analysis was restricted to pairs concordant for obesity (EA: $r_{MZ} = 0.61$, $r_{DZ} = 0.27$; AA $r_{MZ} = 0.62$, $r_{DZ} = -0.11$) or concordant for leanness (EA: $r_{MZ} = 0.43$, $r_{DZ} = 0.14$; AA: $r_{MZ} = 0.55$, $r_{DZ} = 0.39$). After age-adjustment, quantitative genetic modeling yielded an estimated additive genetic variance for BMI of 68% (95% Confidence Interval [CI]: 57-79%), shared environmental variance of 14% (95% CI: 2-24%), and non-shared environmental variance of 14% (95%CI: 17-21%). Data from the Behavioral Risk Factor Surveillance System for Missouri women of comparable age in 2006 yield higher rates of overweight and obesity in EA women (23.8% overweight and 25% obese) compared to rates observed in MOAFTS (19.6% overweight EA, 14.8% obese EA).

Table 15: BMI category in the Missouri Adolescent Female Twin Study^a

	Underweight (n=138)	Lean (n=1893)	Overweight (n=711)	Obese I (n=309)	Obese II (n=174)	Obese III (n=113)
EA (n=2860)	4.79	60.87	19.58	8.08	4.27	2.41
AA (n=478)	0.21	31.80	31.59	16.32	10.88	9.21

^aAll numbers are percentages. Underweight: $< 18.5 \text{ kg/m}^2$; Lean $18.5\text{-}24.9 \text{ kg/m}^2$; $25\text{-}29.9 \text{ kg/m}^2$; Obese I: $30\text{-}34.9 \text{ kg/m}^2$; Obese II: $35\text{-}39.9 \text{ kg/m}^2$; Obese III: $\geq 40 \text{ kg/m}^2$

[0177] Lean and obese women selected for inclusion in the biospecimen collection project were representative of the entire cohort of lean and obese MOAFTS twins in terms of parity (nulliparous/parous), educational attainment (more than high school education/high school education or less) and marital status (married or living with someone as married/not married; $p > 0.05$ for all comparisons). Obese EA women providing biospecimens had a mean BMI at wave 5 of 36.9 ± 4.7 compared with a mean among EA lean women of 21.4 ± 1.5 (mean $\pm$ sd). EA twins were selected as being stably lean across all waves of data collection (i.e., baseline at median age 15, one-year

follow-up, 5-year follow-up and 7-year follow-up), with a self-reported BMI of 18.5-24.9 kg/m².

Example 9: Comparison of amplification methods in taxonomic assignments

[0178] A frequently reported result from any 16S rRNA gene sequence-based survey is the relative abundance of bacterial phyla. Given the broad nature of these phyla and the fact that a relatively few phyla dominate the human distal gut microbiota, it might be expected that the relative abundance of each phylum be consistent regardless of the amplification and sequencing methods used. However, differences were observed between methods in this study (**FIGS. 13A-E**). Relative to the sampled gut microbiomes (defined by pyrosequencing of total community DNA), the full-length, V2/3, and V6 16S rRNA gene datasets were all significantly depleted for Bacteroidetes (paired Student's t-test, $p < 0.001$), and significantly enriched for Firmicutes ($p < 0.01$). One possible explanation for these differences is that the Bacteroidetes reference genomes are more closely related to those in the microbiomes than the Firmicutes reference genomes, thereby inflating estimates of the relative abundance of this phylum (**FIG. 10**). To address this potential confounding factor, 16S rRNA gene fragments from all 18 microbiome datasets were identified and classified them taxonomically. The results of this analysis confirmed that the three PCR-based methods underestimate the relative abundance of the Bacteroidetes (**FIG. 13F**). Moreover, results obtained from shotgun sequencing 16S rRNA gene fragments and PCR amplification of the V2/3 region showed the strongest correlation (**FIG. 13G**).

CLAIMS

What is claimed is:

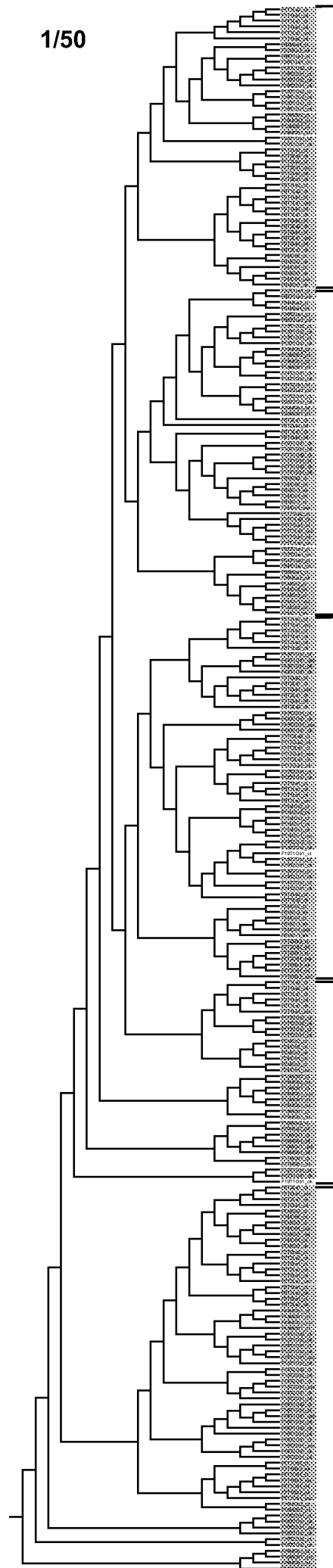
1. An array comprising a substrate, the substrate having disposed thereon
(a) at least one nucleic acid indicative of, or modulated in, an obese host microbiome compared to a lean host microbiome, or
(b) at least one nucleic acid indicative of, or modulated in, a lean host microbiome compared to an obese host microbiome.
2. The array of claim 1, wherein the nucleic acid comprises a nucleic acid sequence selected from the nucleic acid sequences listed in Table 13 or Table 14, or a nucleic acid sequence capable of hybridizing to a nucleic acid sequence listed in Table 13 or 14.
3. The array of claim 1, wherein the nucleic acid or nucleic acids are located at a spatially defined address of the array.
4. The array of claim 3, wherein the array has no more than 500 spatially defined addresses.
5. The array of claim 3, wherein the array has at least 500 spatially defined addresses.
6. The array of claim 1, wherein the nucleic acid sequence is selected from the group consisting of sequences encoded by SEQ ID NO:1-273.
7. The array of claim 1, wherein the nucleic acid sequence is selected from the group consisting of sequences encoded by SEQ ID NO:274-383.
8. An array comprising a substrate, the substrate having disposed thereon
(a) at least one polypeptide indicative of, or modulated in, an obese host microbiome compared to a lean host microbiome, or
(b) at least one polypeptide indicative of, or modulated in, a lean host microbiome compared to an obese host microbiome.

9. The array of claim 8, wherein the polypeptide is encoded by a nucleic acid sequence selected from the nucleic acid sequences listed in Table 13 or Table 14.
10. The array of claim 8, wherein the polypeptide or polypeptides are located at a spatially defined address of the array.
11. The array of claim 10, wherein the array has no more than 500 spatially defined addresses.
12. The array of claim 10, wherein the array has at least 500 spatially defined addresses.
13. The array of claim 9, wherein the nucleic acid sequence is selected from the group consisting of sequences encoded by SEQ ID NO:1-273.
14. The array of claim 9, wherein the nucleic acid sequence is selected from the group consisting of sequences encoded by SEQ ID NO:274-383.
15. A method for modulating body fat or for modulating weight loss in a subject, the method comprising altering the microbiota population in the subject's gastrointestinal tract by modulating the relative abundance of Actinobacteria.
16. The method of claim 15, further comprising modulating the relative abundance of Bacteroidetes.
17. The method of claim 16, further comprising modulating the relative abundance of Firmicutes.
18. The method of claim 16, wherein the relative abundance of Bacteroidetes is increased by about 1% to about 100% and the relative abundance of Actinobacteria is decreased by about 1% to about 100%.

19. The method of claim 16, wherein the relative abundance of Bacteroidetes is increased by administering a probiotic comprising Bacteroidetes to the subject.
20. The method of claim 15, wherein the relative abundance of Actinobacteria is decreased by administering an antibiotic to the subject.
21. The method of claim 20, wherein the antibiotic has efficacy against Actinobacteria but not against Bacteroidetes.
22. The method of claim 15, wherein the subject is a human diagnosed as obese or having an obesity related disorder; the relative abundance of Bacteroidetes is increased by administering a probiotic comprising Bacteroidetes to the human; and the relative abundance of Actinobacteria and Firmicutes is decreased by administering an antibiotic to the human.
23. The method of claim 22, further comprising placing the human on a calorie restricted diet.
24. The method of claim 23, wherein the diet is a reduced carbohydrate diet or a reduced fat diet.
25. The method of claim 15, further comprising modulating the Archae.
26. The method of claim 25, wherein the Archae are methanogenic.
27. The method of claim 14, wherein the Archae are decreased by administering an anti-Archaeal compound.
28. A method for decreasing body fat or for promoting weight loss in a subject, the method comprising altering the microbiota population in the subject's gastrointestinal tract by decreasing the relative abundance of Actinobacteria.

29. A method for increasing body fat or for promoting weight gain in a subject, the method comprising altering the microbiota population in the subject's gastrointestinal tract by increasing the relative abundance of Actinobacteria.
30. A composition comprising:
 - (a) an antibiotic having efficacy against Actinobacteria but not against Bacteroidetes; and
 - (b) a probiotic comprising Bacteroidetes.
31. The composition of claim 18, further comprising an antibiotic having efficacy against Firmicutes but not against Bacteroidetes.
32. The composition of claim 18, further comprising a compound selected from the group consisting of acarbose, Xenical, orlistat, an amphetamine and sibutramine.

FIG. 1



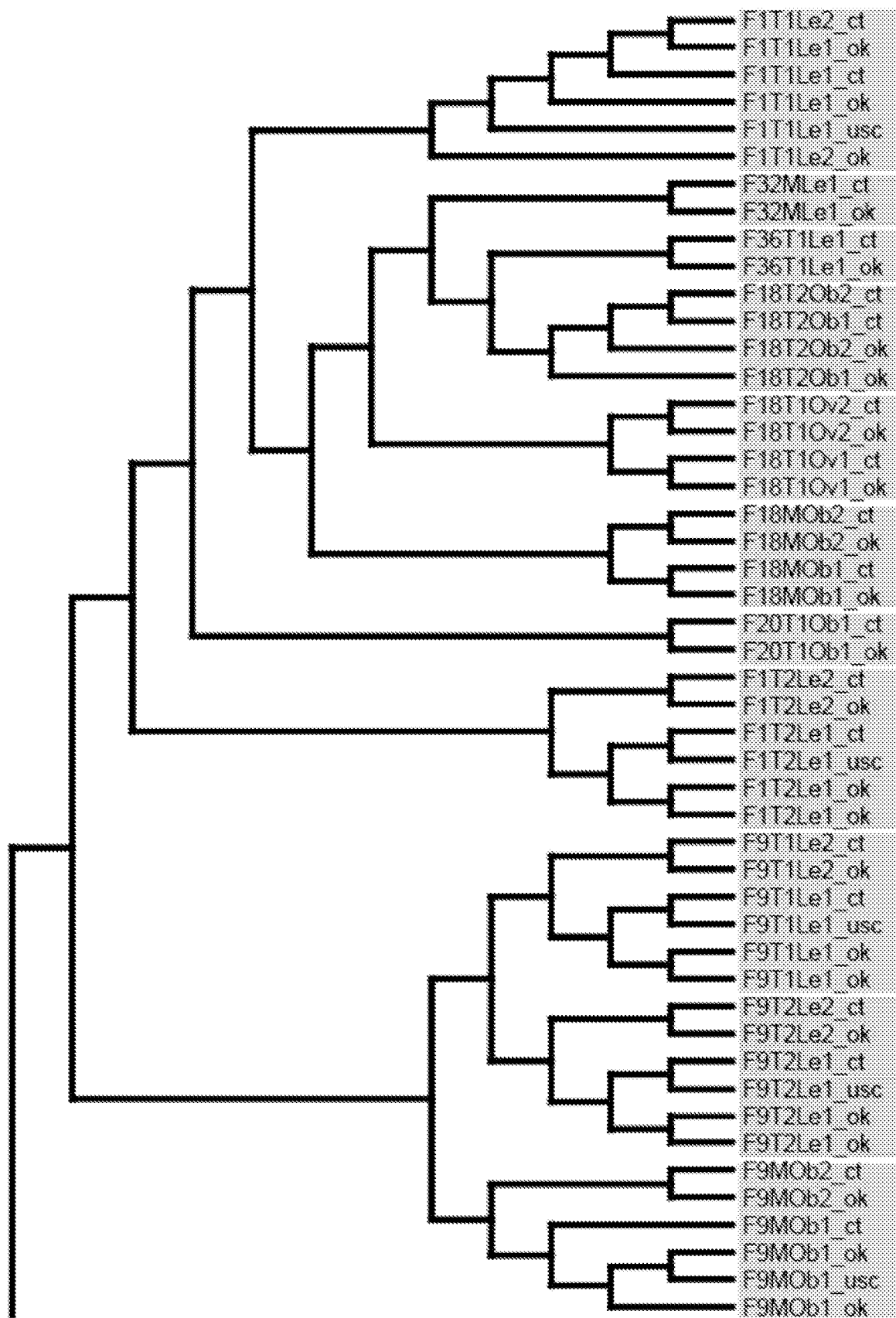
SEE FIG. 1.1

SEE FIG. 1.2

SEE FIG. 1.3

SEE FIG. 1.4

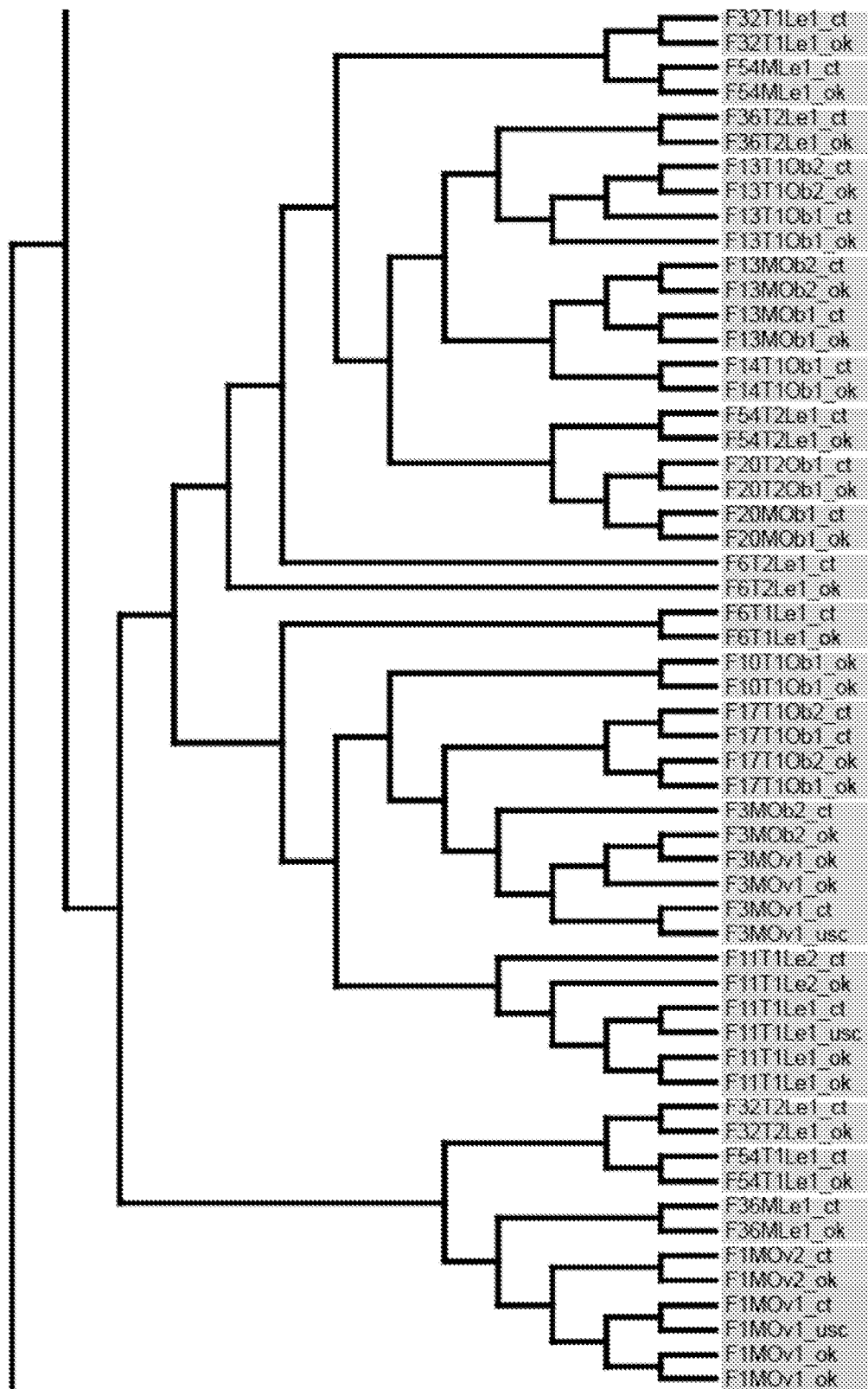
SEE FIG. 1.5



CONT. AT FIG. 1.2

FIG. 1.1

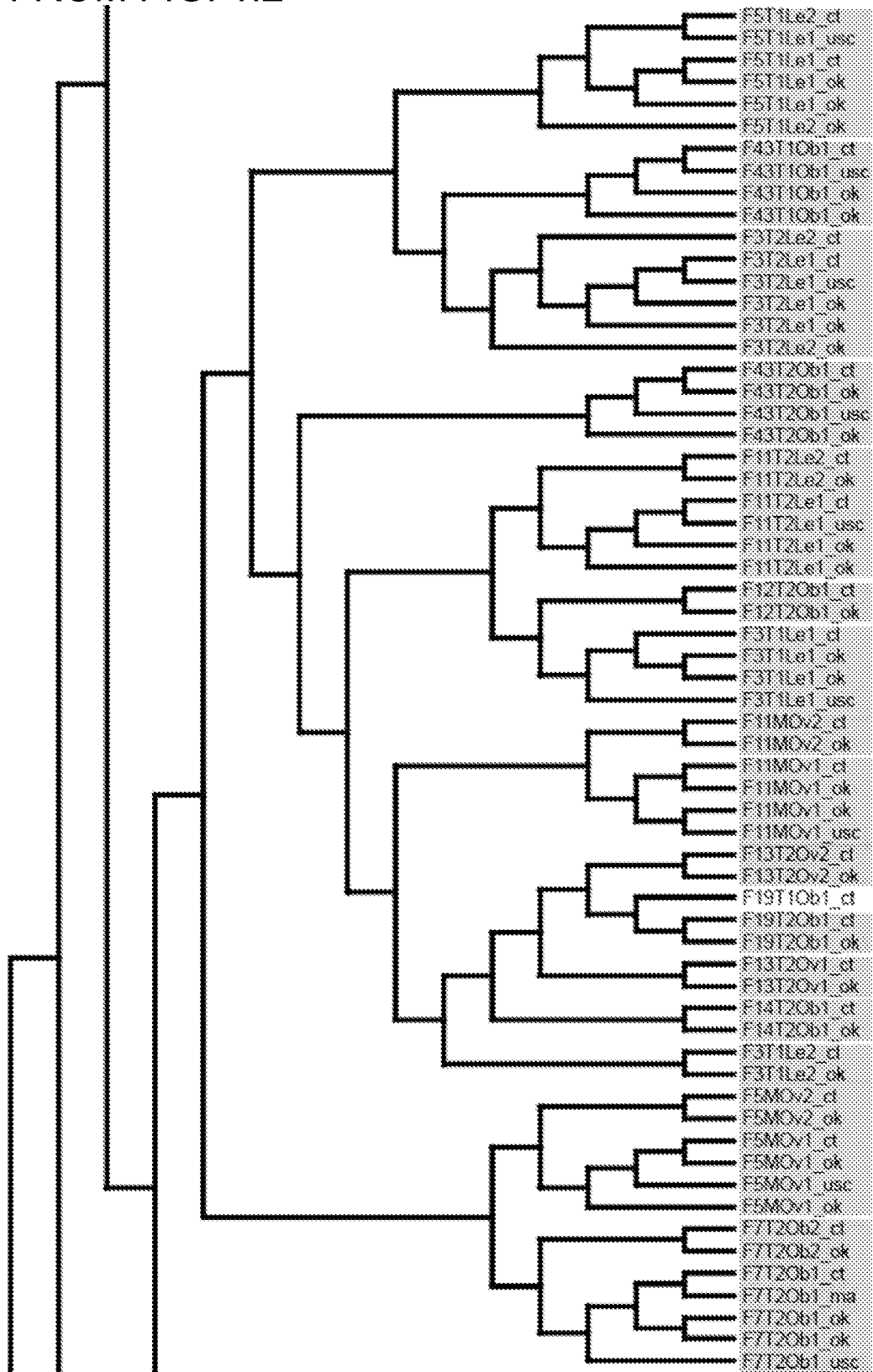
CONT. FROM FIG. 1.1



CONT. AT FIG. 1.3

FIG. 1.2

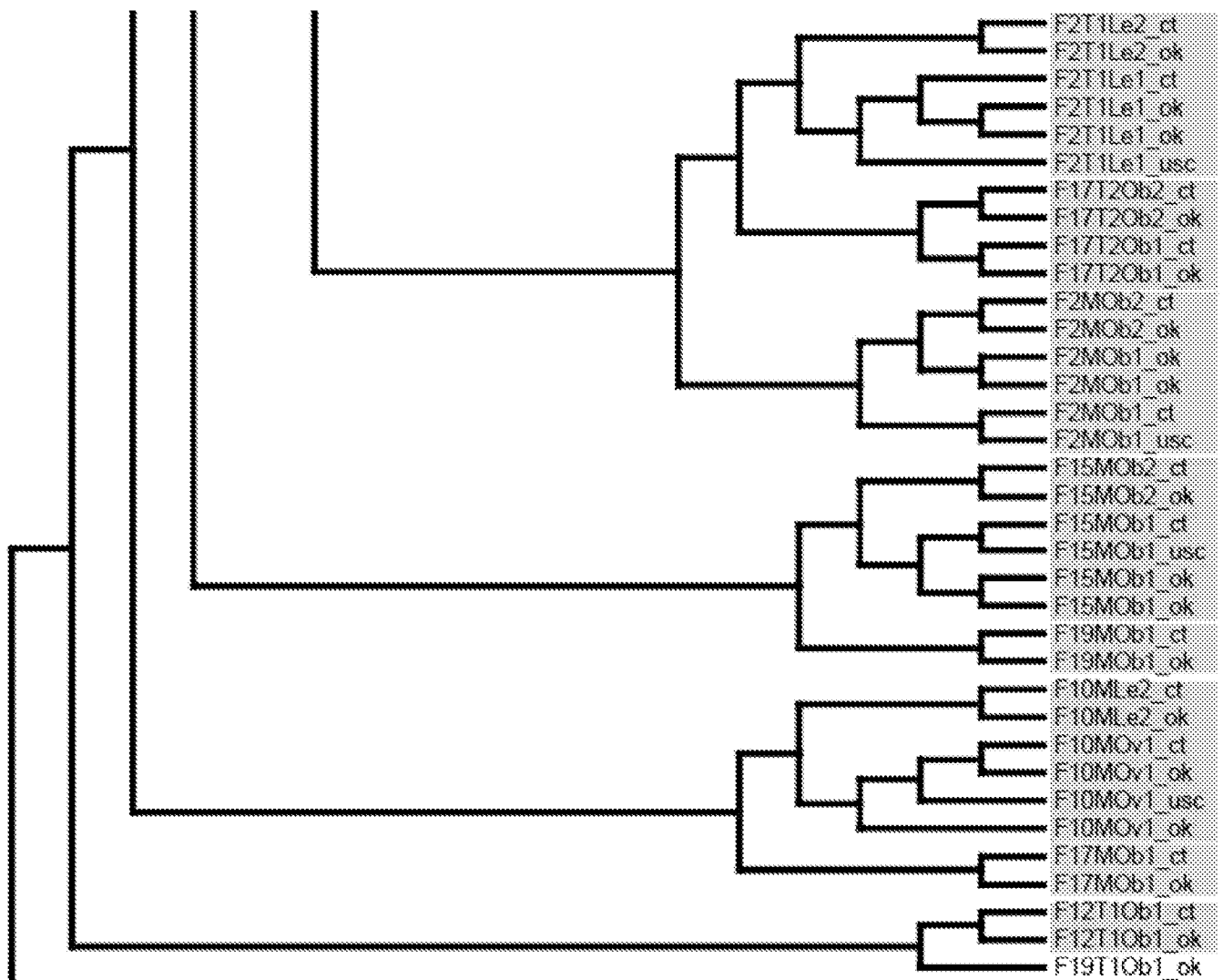
CONT. FROM FIG. 1.2



CONT. AT FIG. 1.4

FIG. 1.3

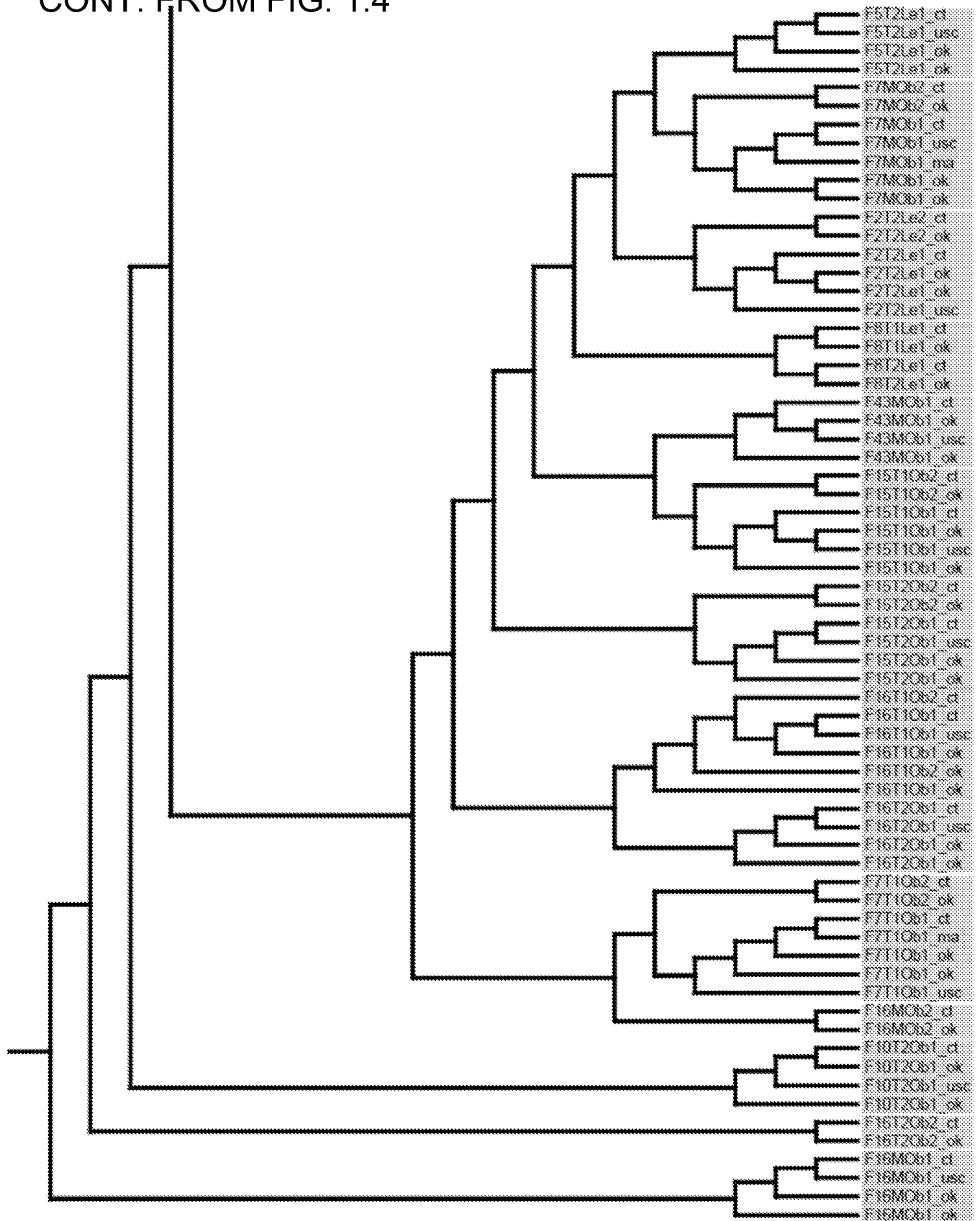
CONT. FROM FIG. 1.3

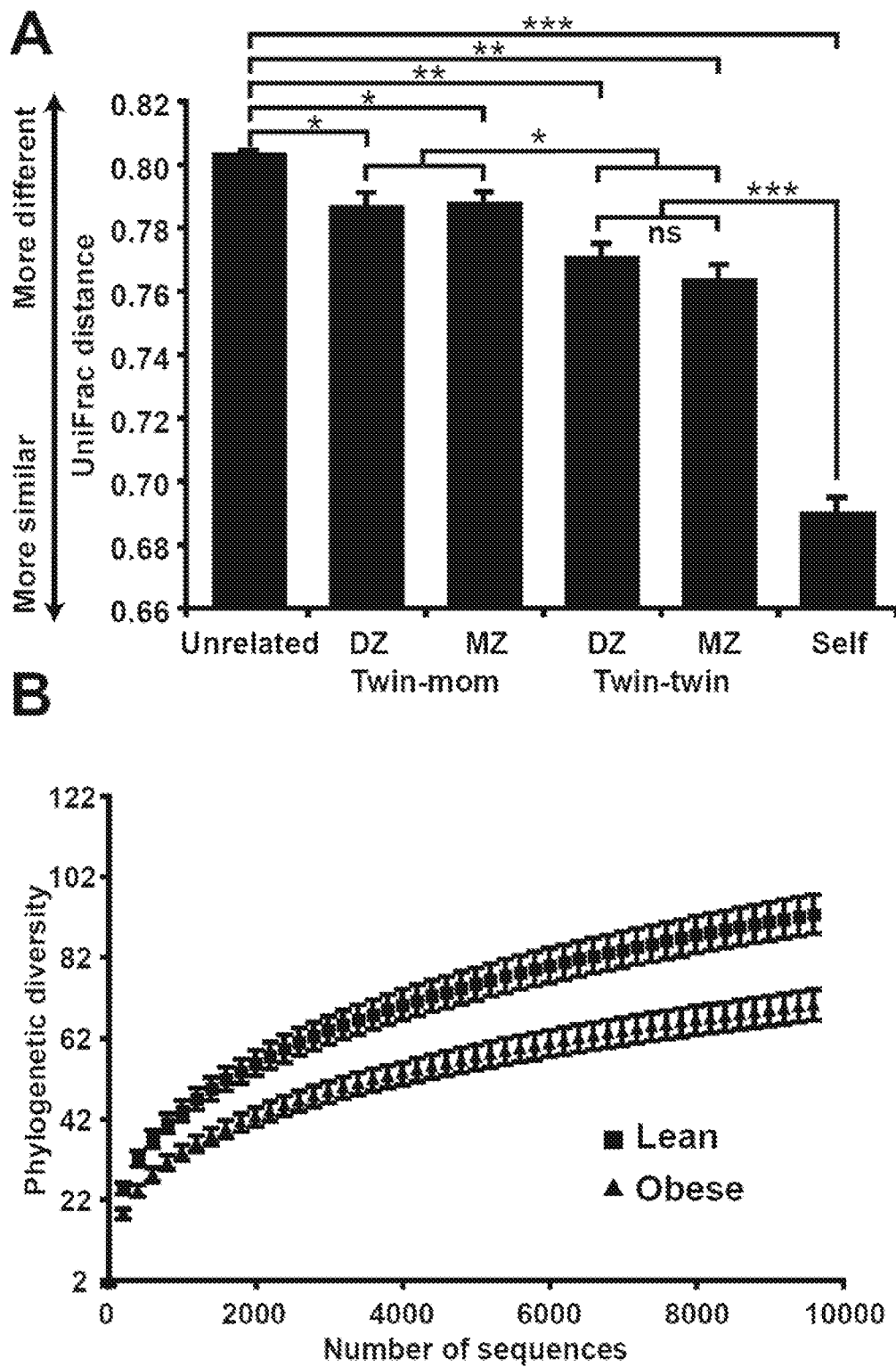


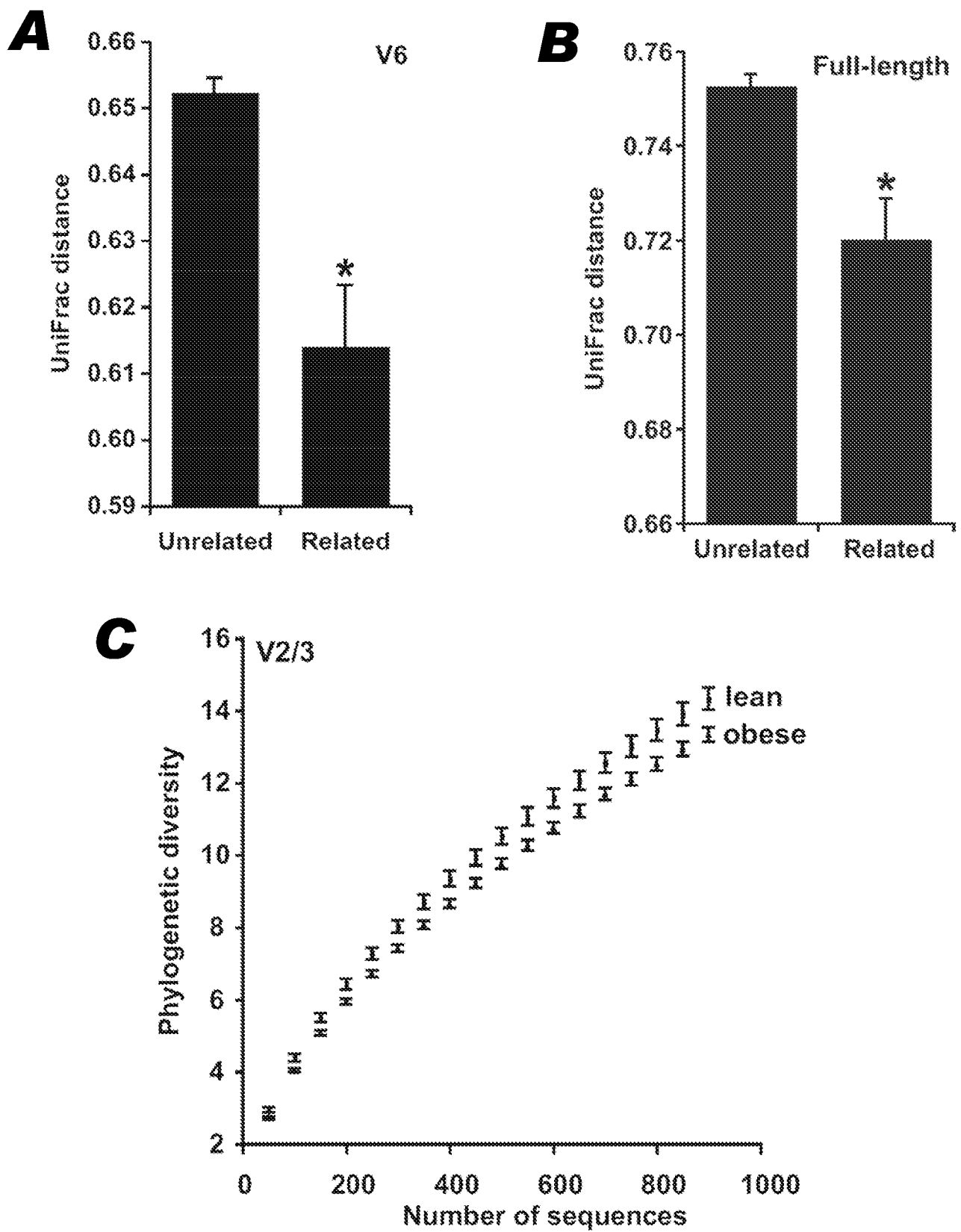
CONT. AT FIG. 1.5

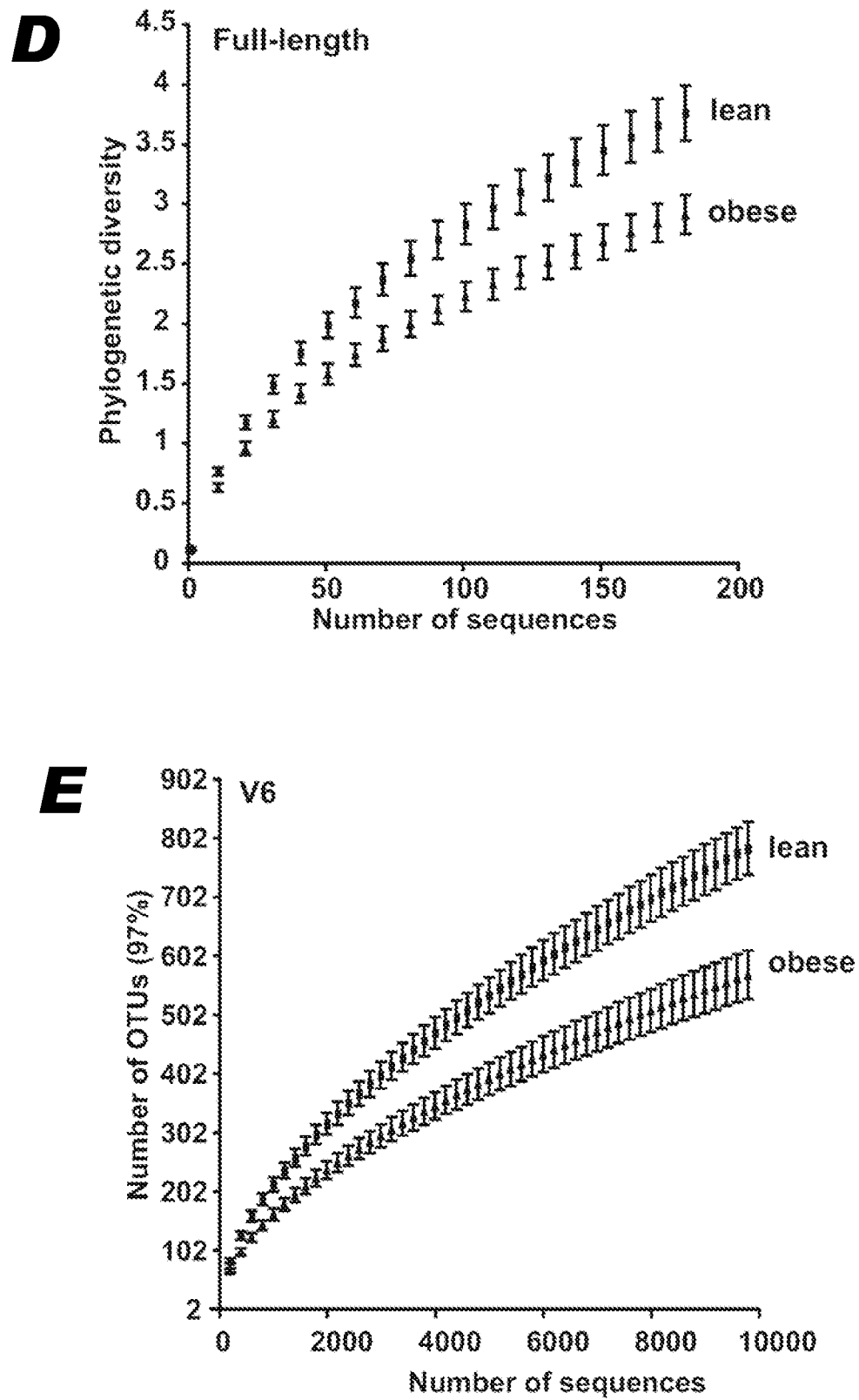
FIG. 1.4

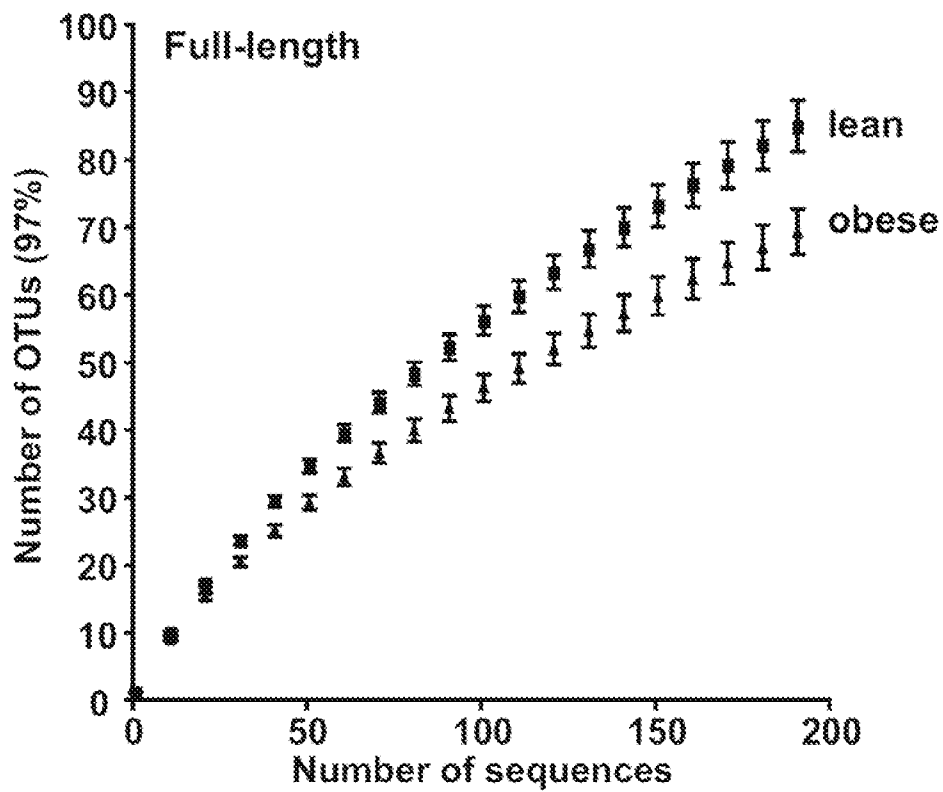
CONT. FROM FIG. 1.4

**FIG. 1.5**

**FIG. 2**

**FIG. 3**

**FIG. 3**

**FIG. 3F**

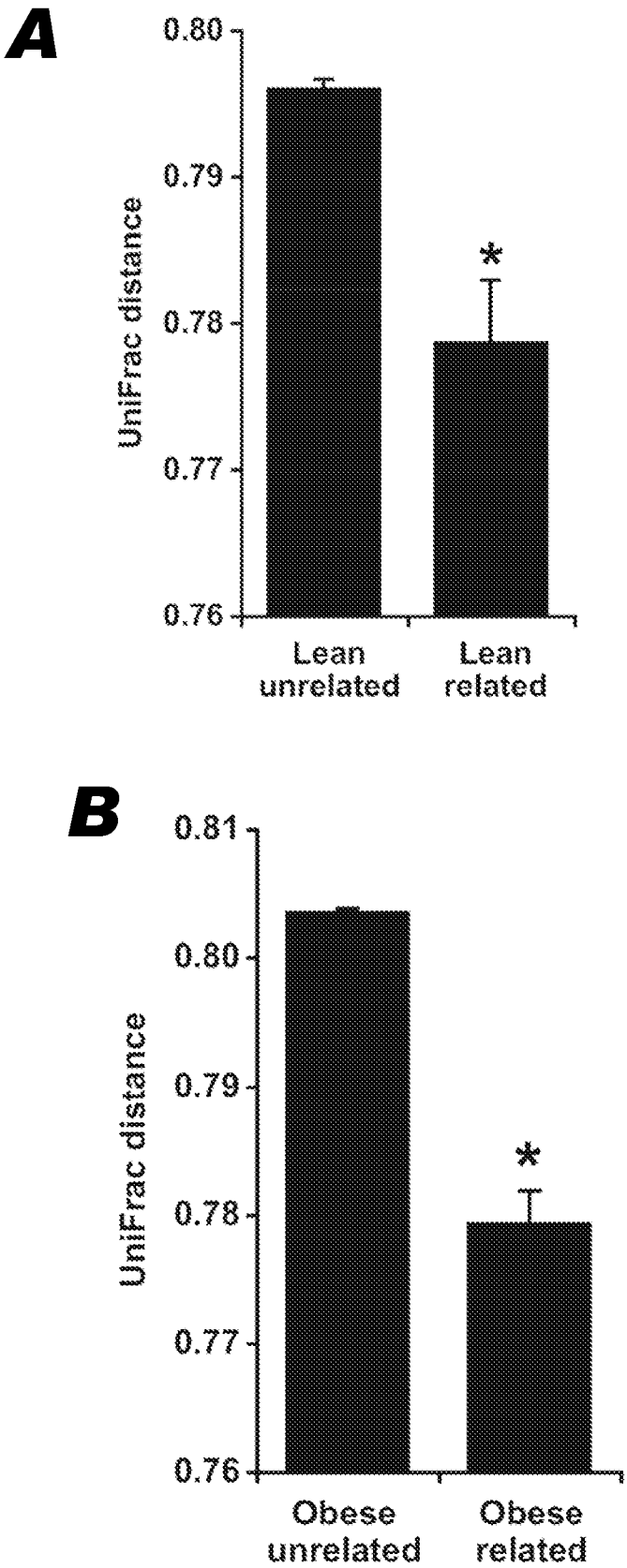
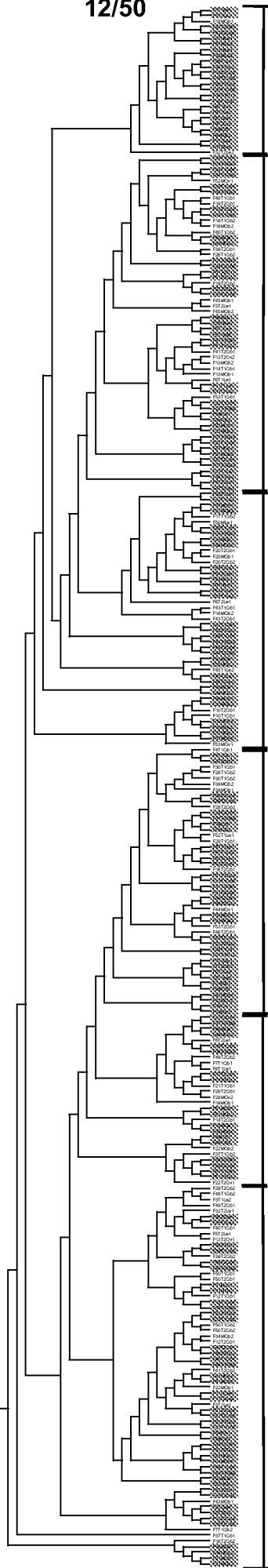


FIG. 4

FIG. 5



SEE FIG. 5.1

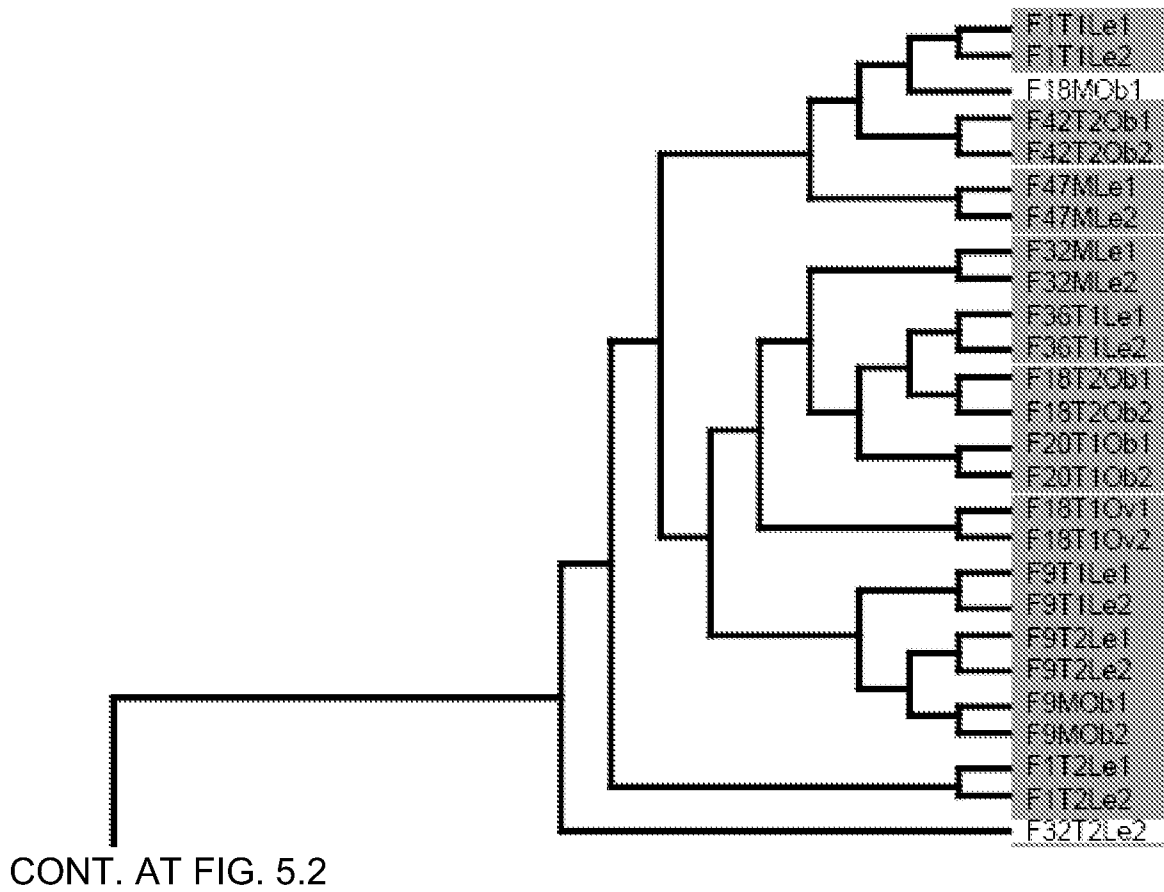
SEE FIG. 5.2

SEE FIG. 5.3

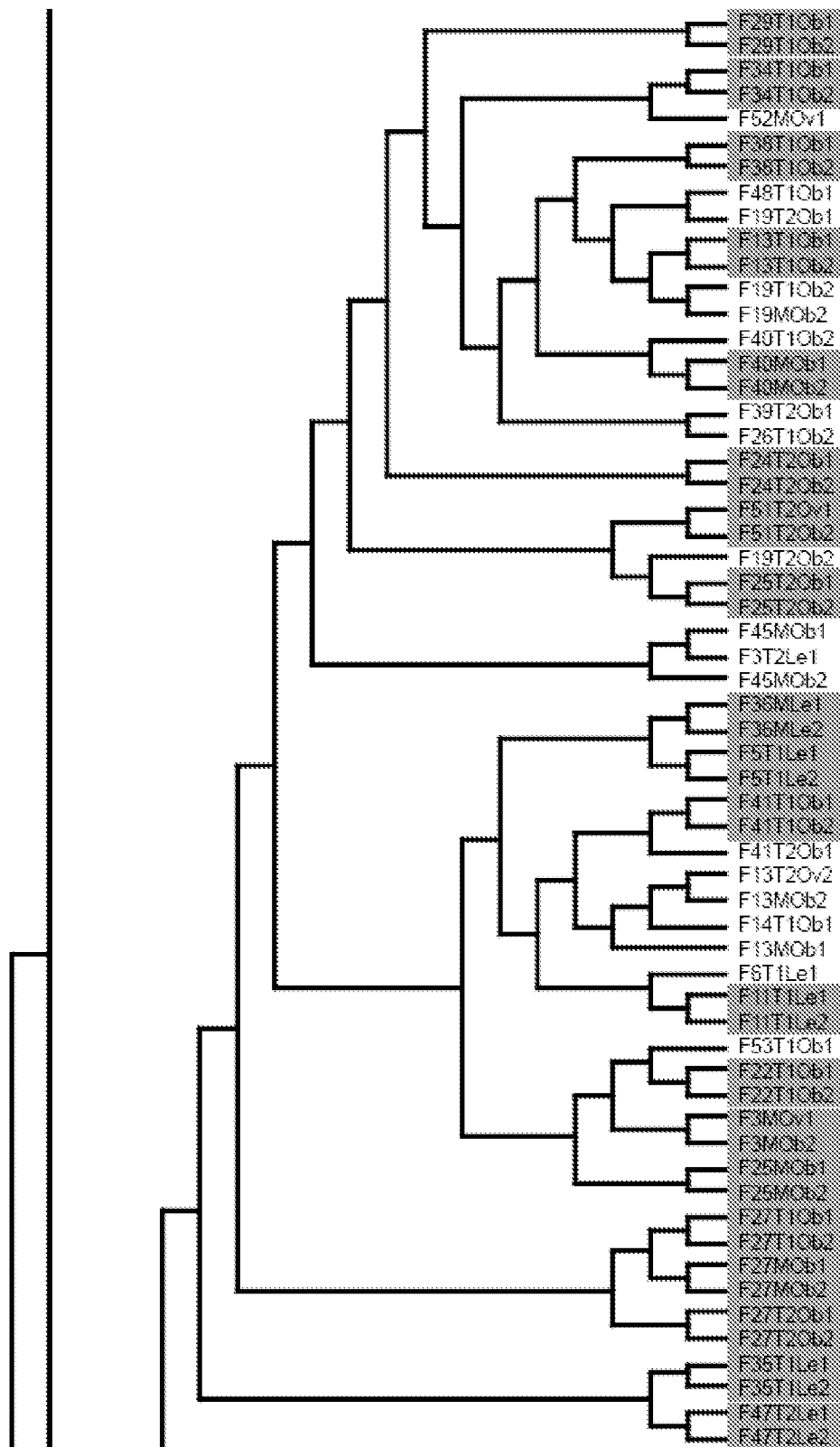
SEE FIG. 5.4

SEE FIG. 5.5

SEE FIG. 5.6

**FIG. 5.1**

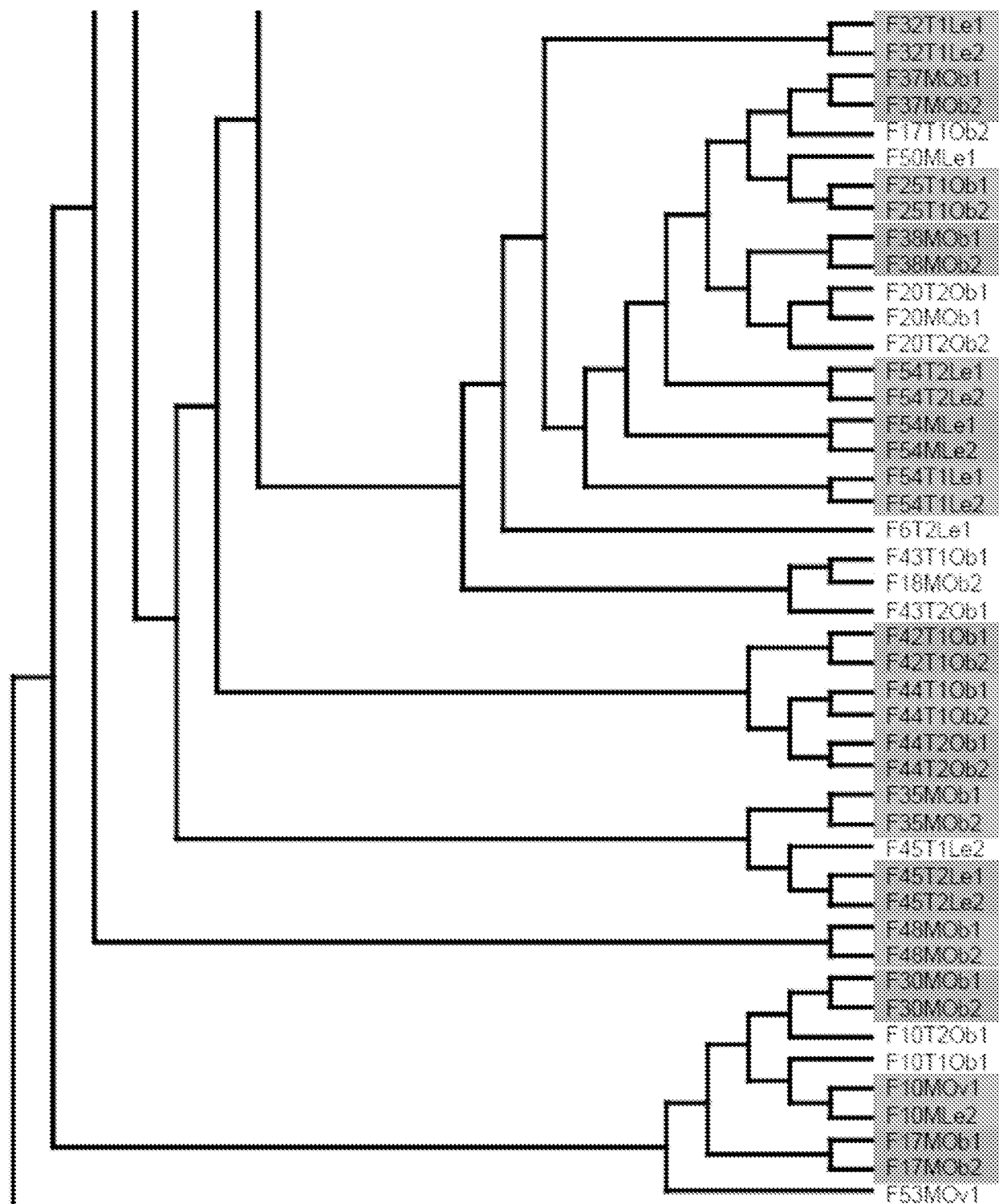
CONT. FROM FIG. 5.1



CONT. AT FIG. 5.3

FIG. 5.2

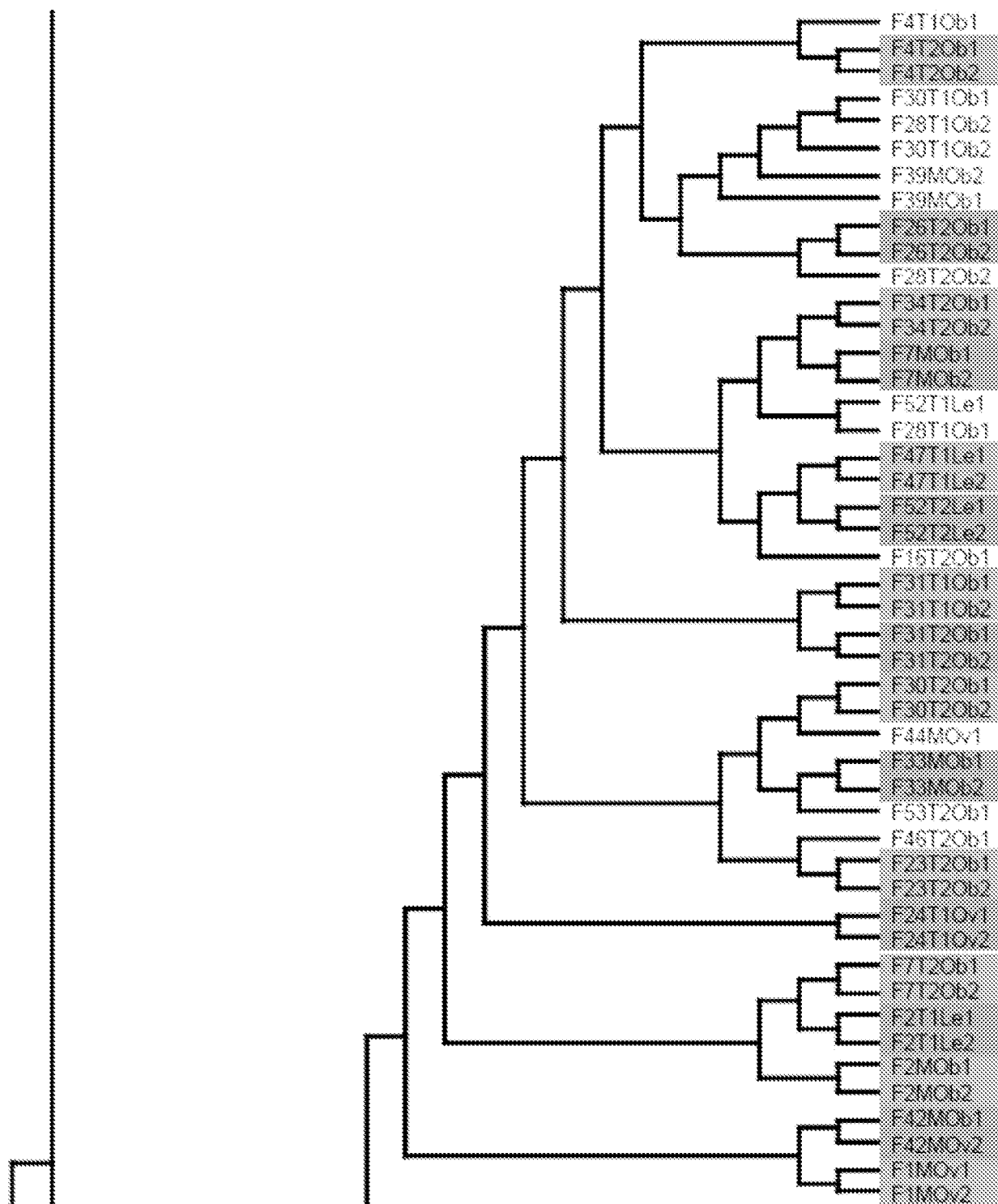
CONT. FROM FIG. 5.2



CONT. AT FIG. 5.4

FIG. 5.3

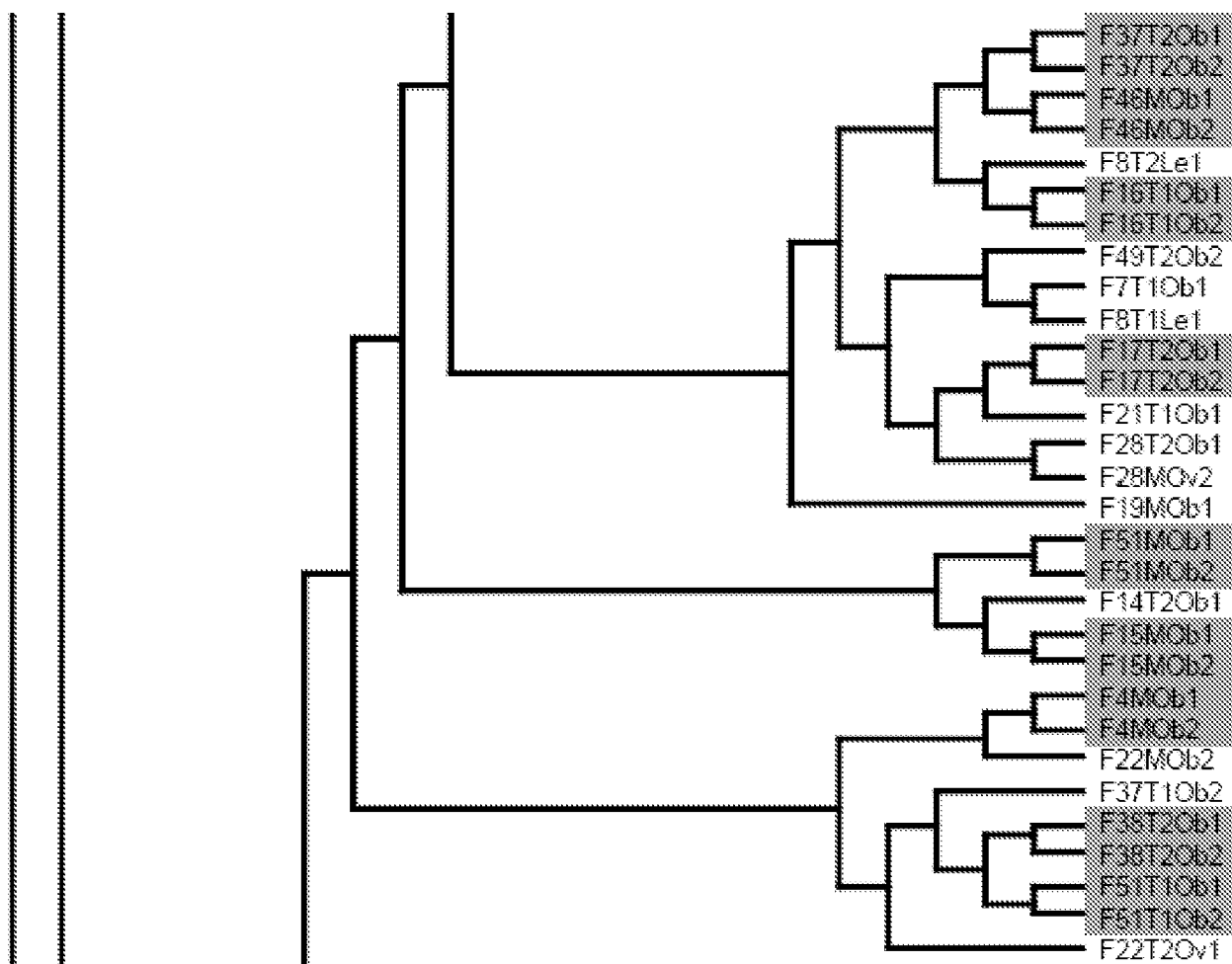
CONT. FROM FIG. 5.3



CONT. AT FIG. 5.5

FIG. 5.4

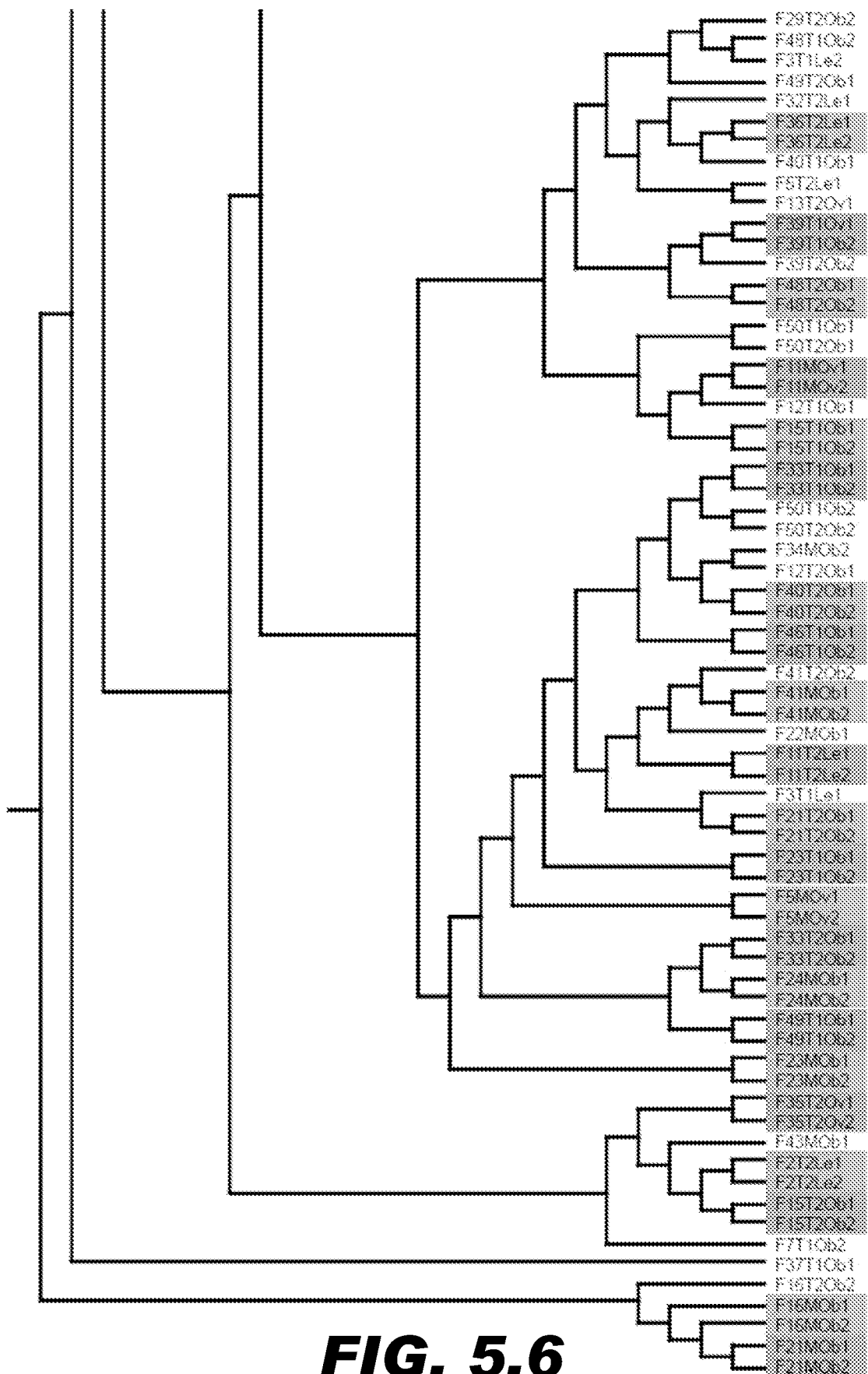
CONT. FROM FIG. 5.4

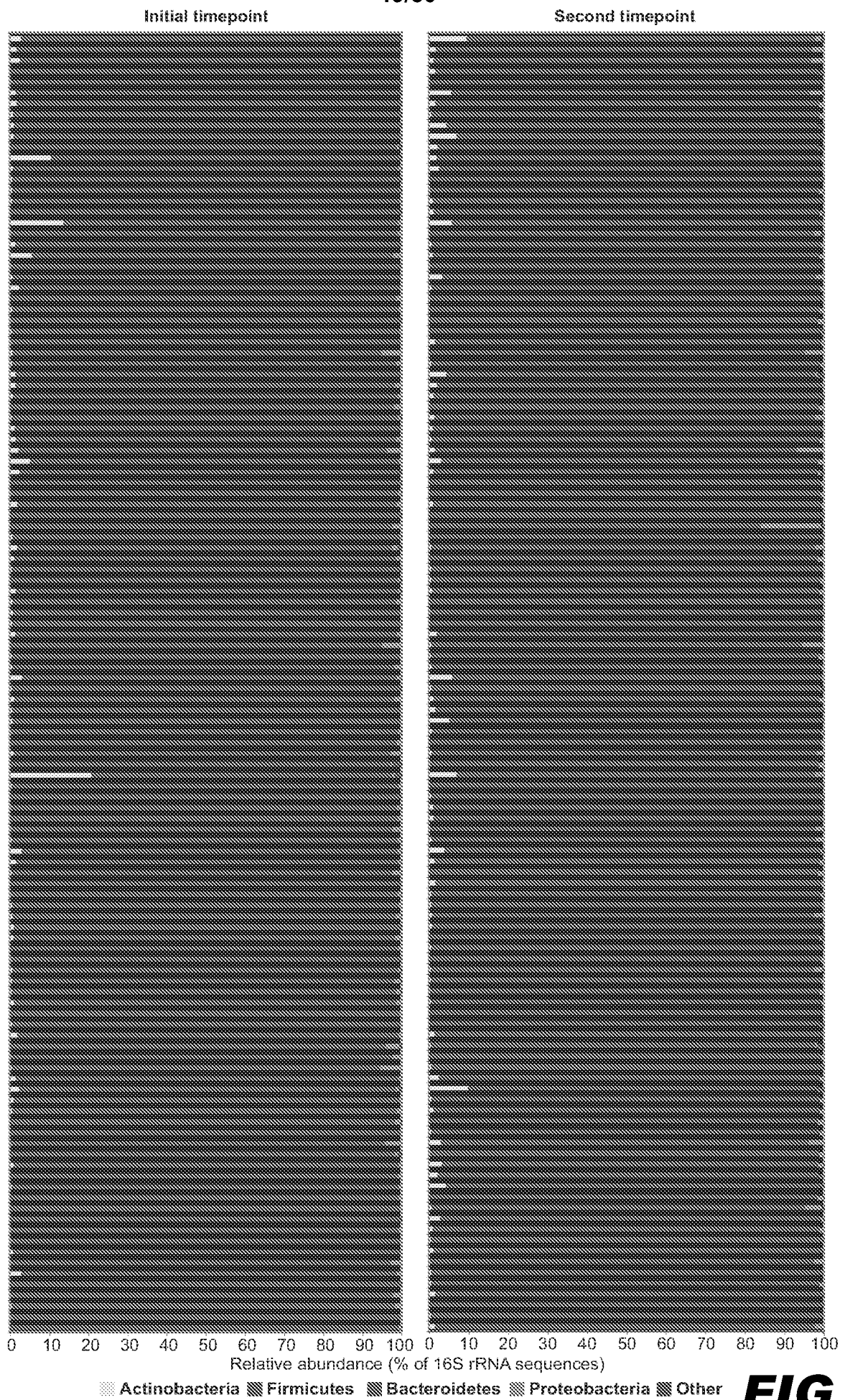


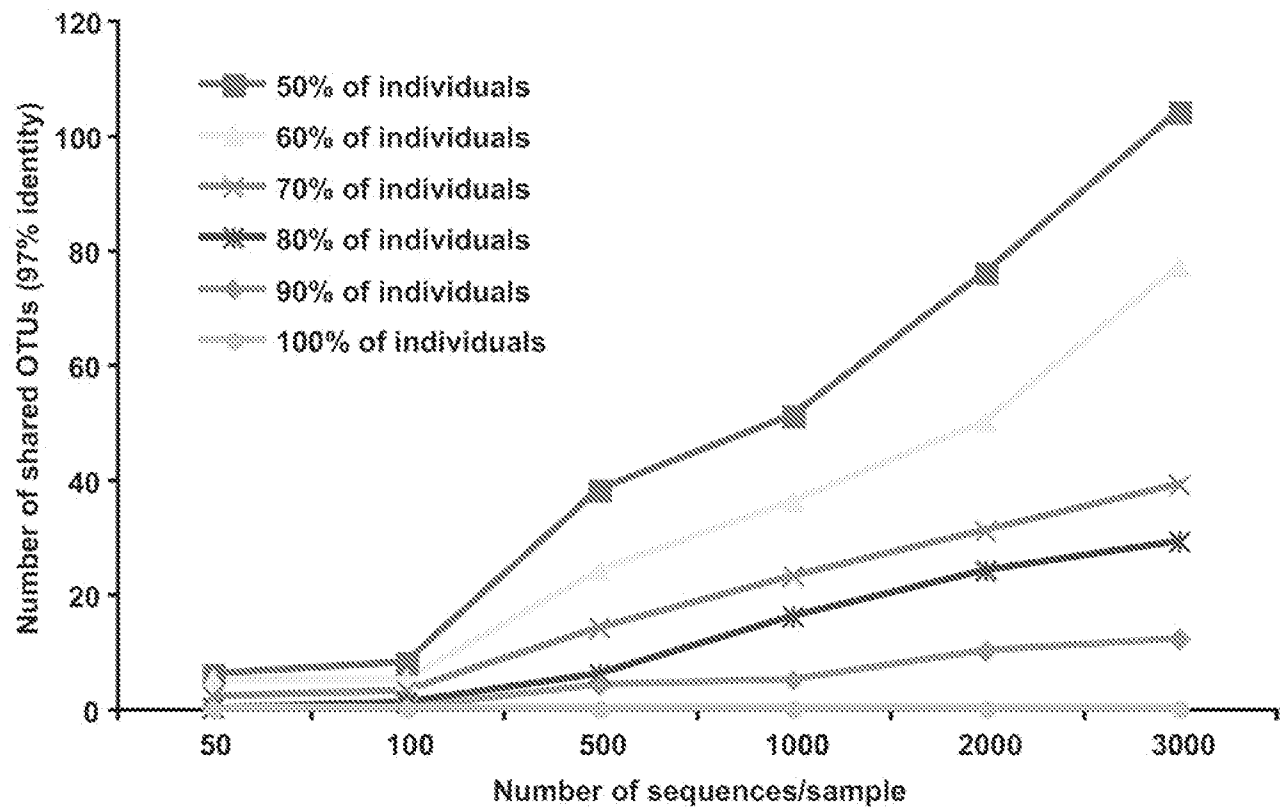
CONT. AT FIG. 5.6

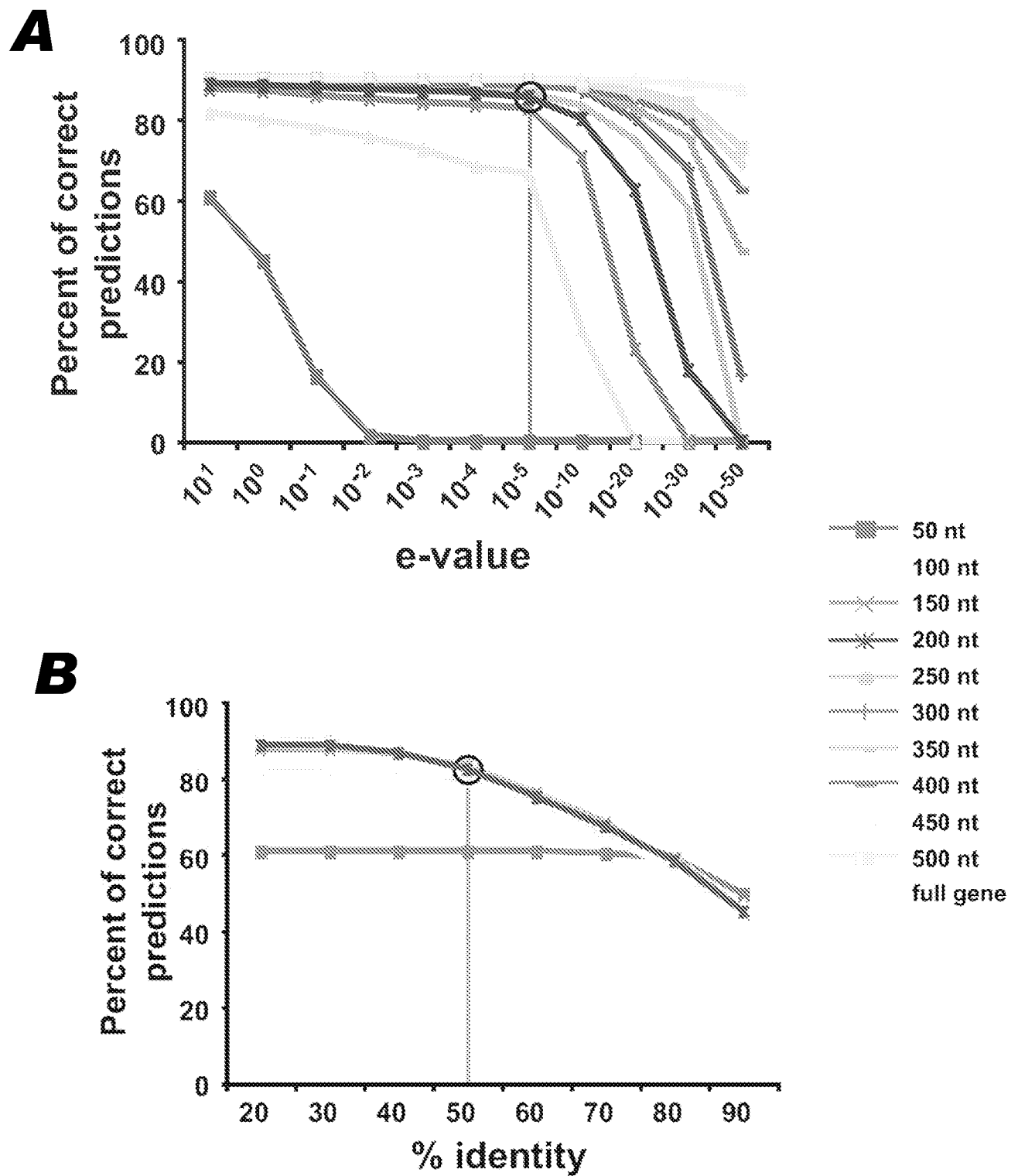
FIG. 5.5

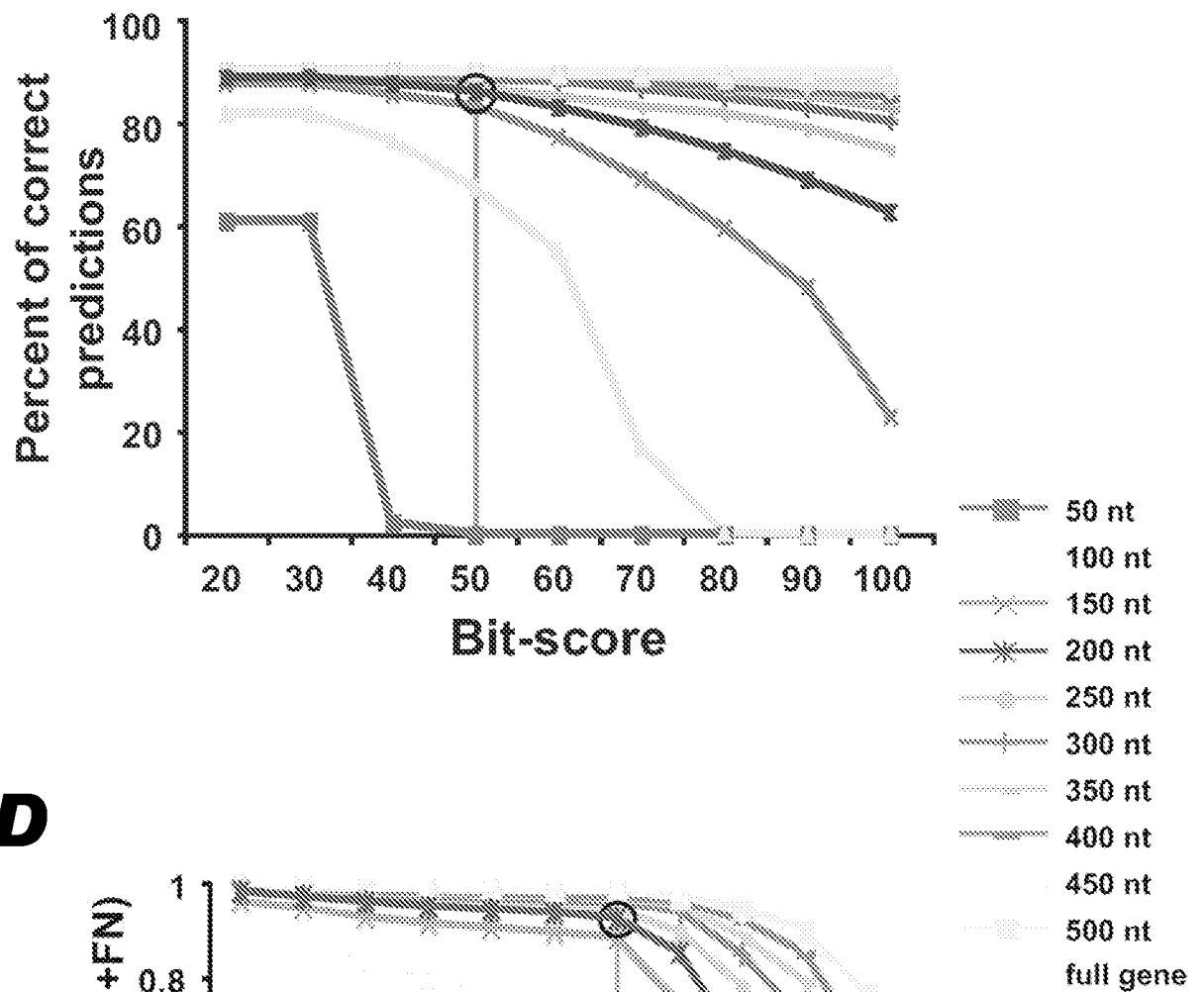
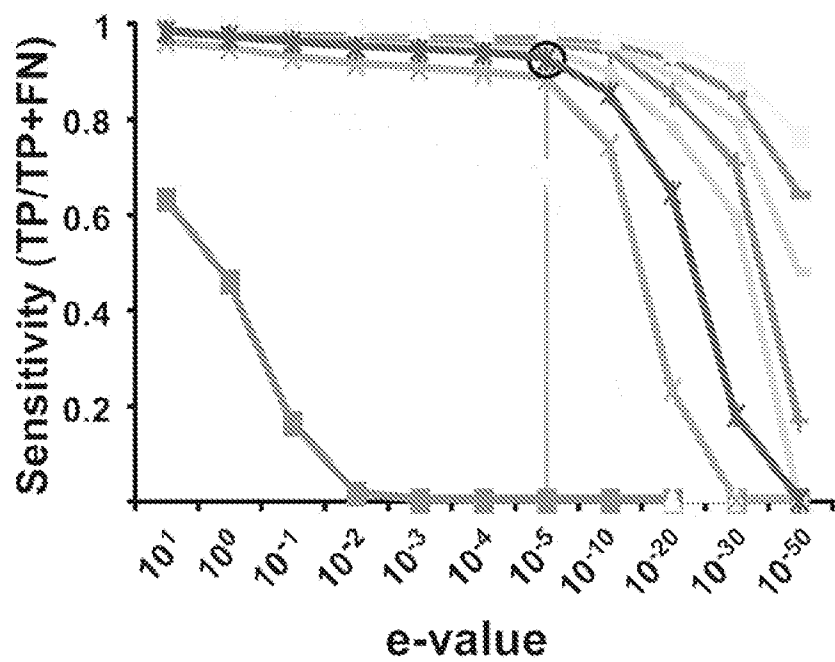
CONT. FROM FIG. 5.5

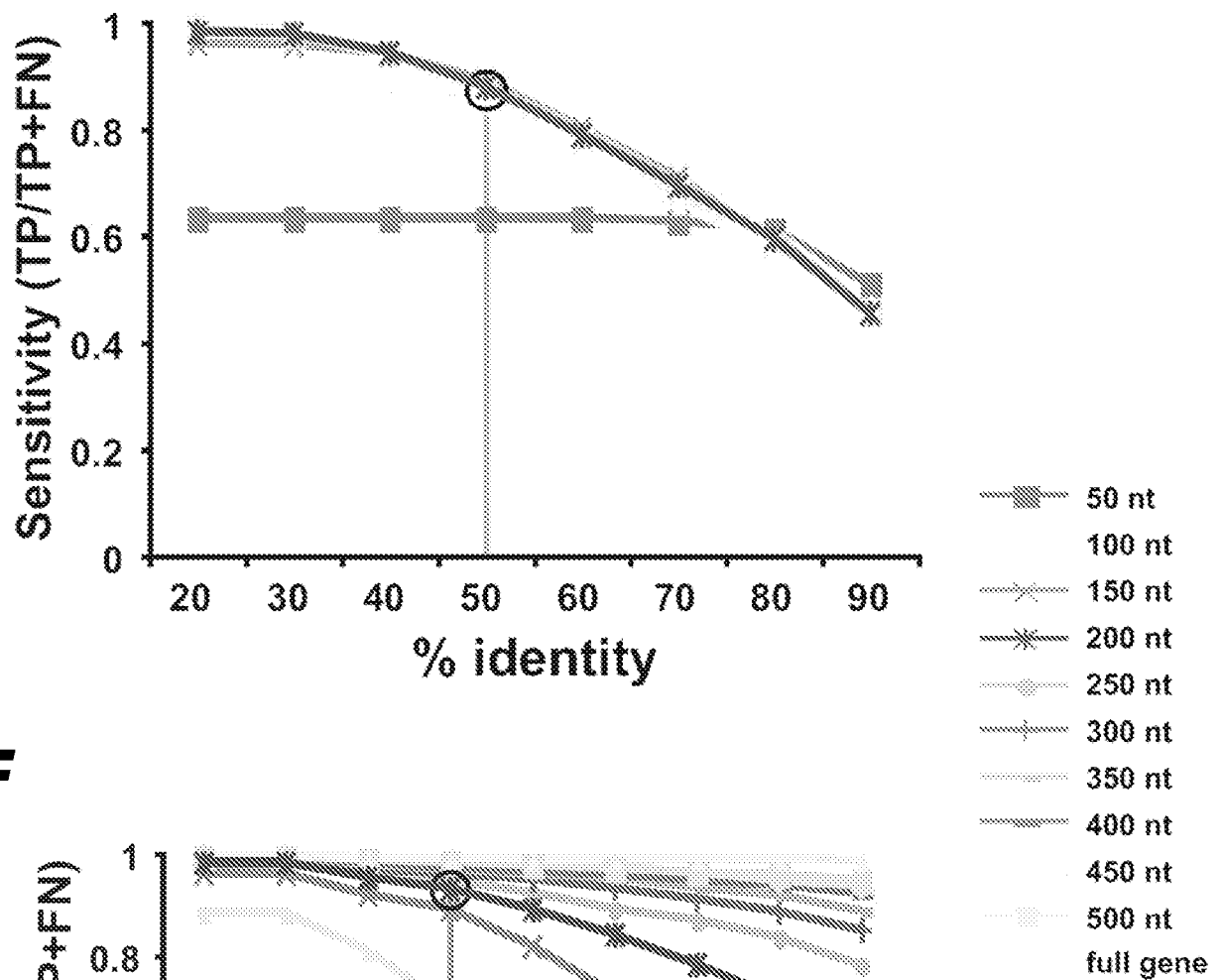
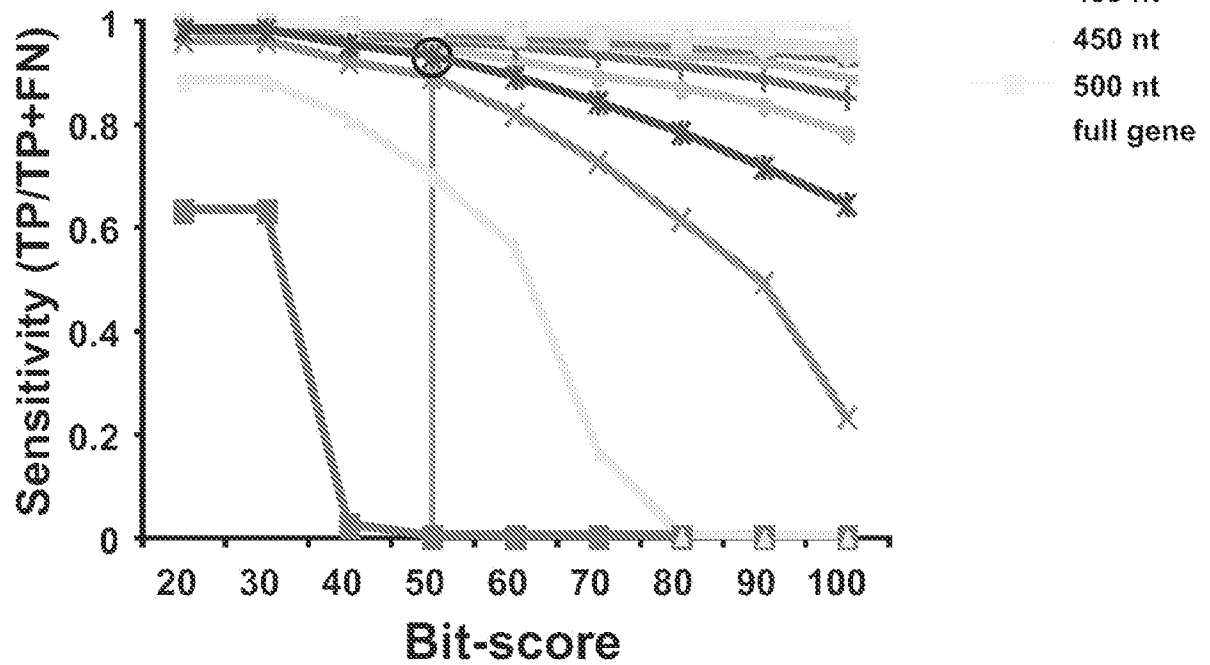
**FIG. 5.6**

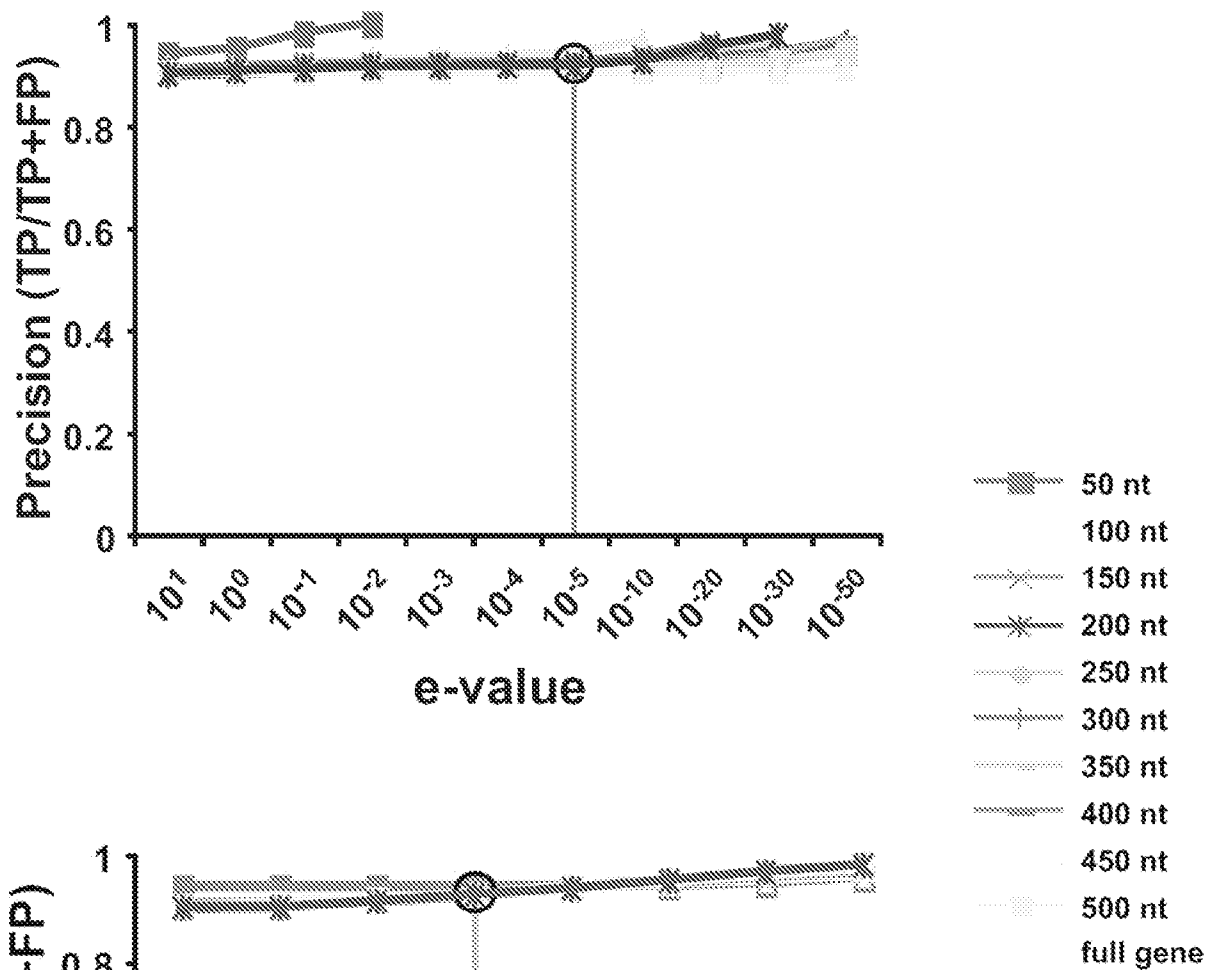
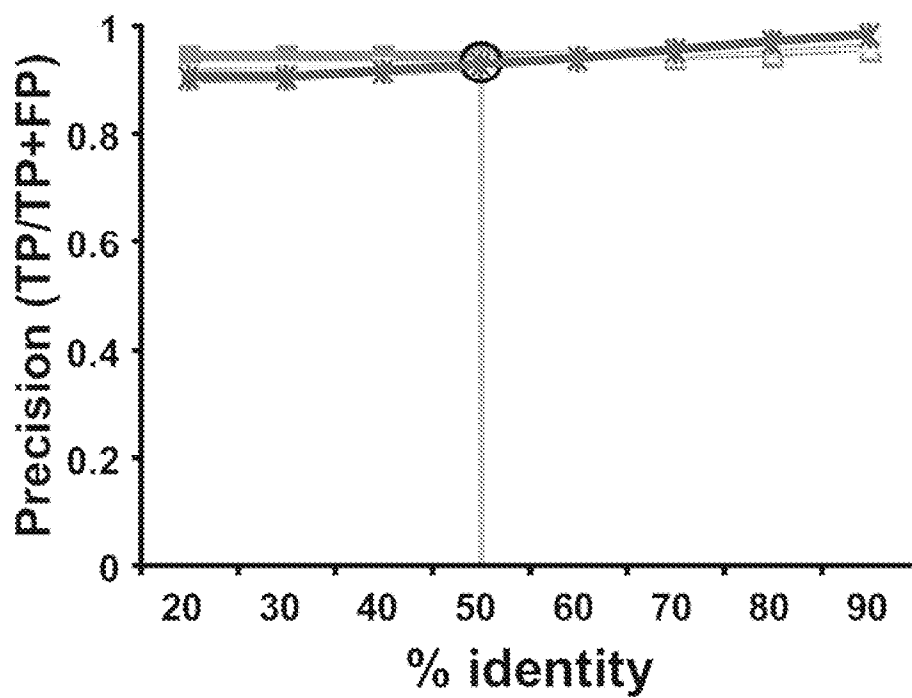
**FIG. 6**

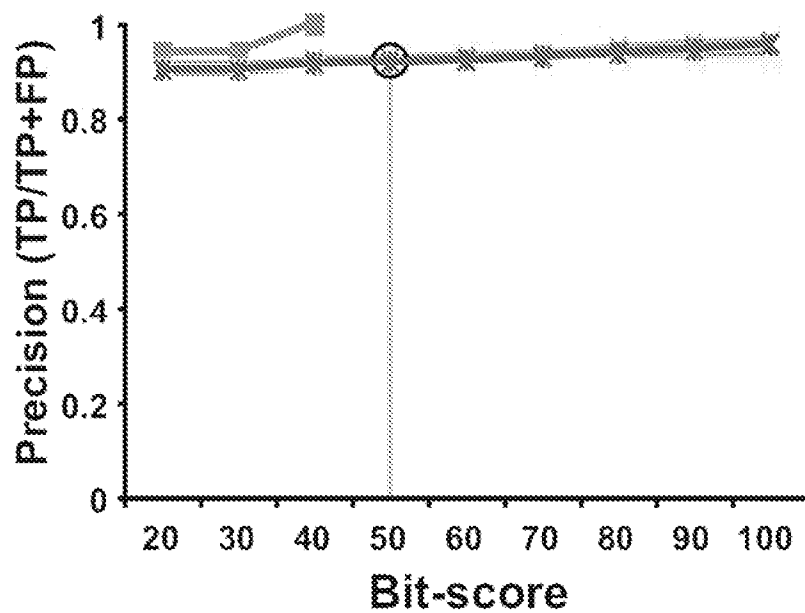
**FIG. 7**

**FIG. 8**

C**D****FIG. 8**

E**F****FIG. 8**

G**H****FIG. 8**



—■— 50 nt
—□— 100 nt
—×— 150 nt
—*— 200 nt
—◇— 250 nt
—+— 300 nt
—·— 350 nt
—○— 400 nt
—△— 450 nt
—▽— 500 nt
—●— full gene

FIG. 8I

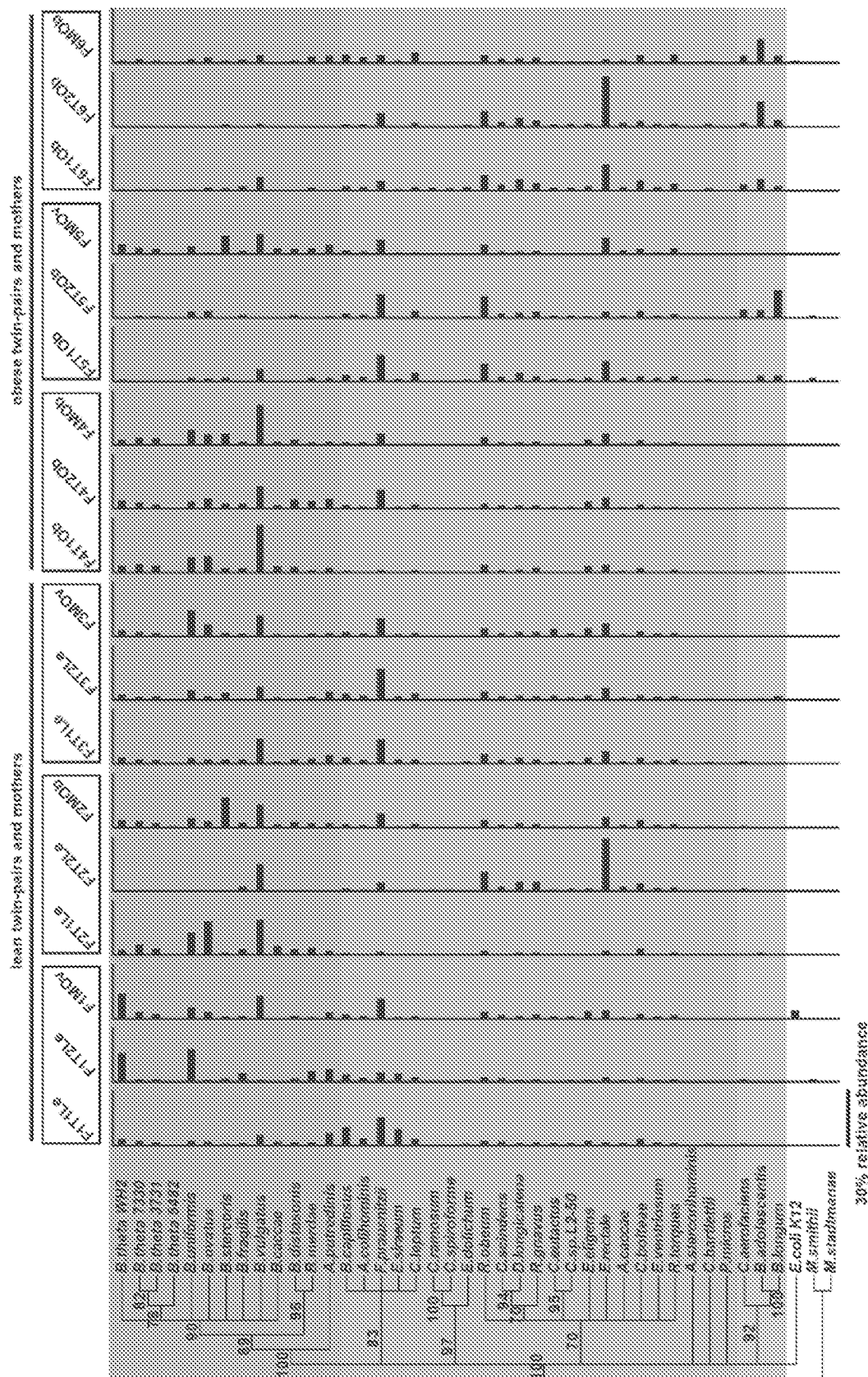


FIG. 9

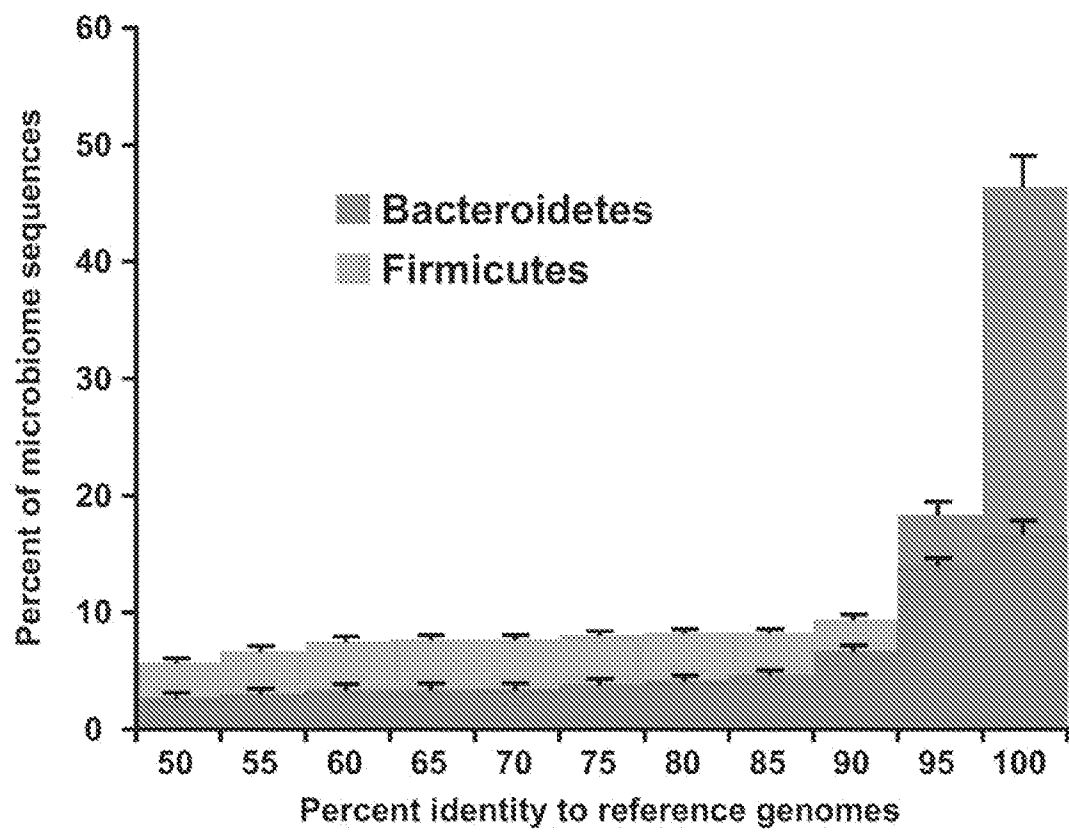
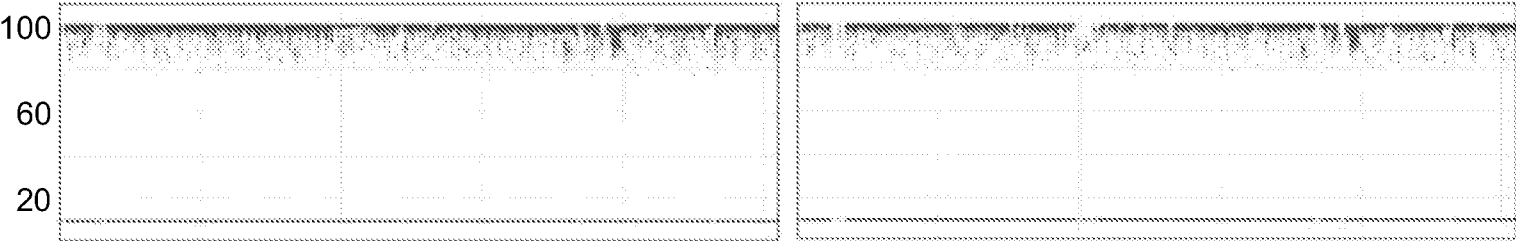
**FIG. 10**

FIG. 11

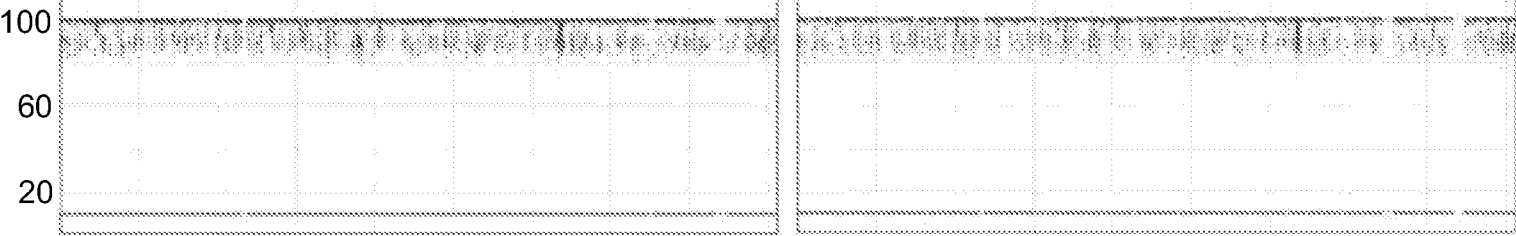
Lean/Overweight

Obese

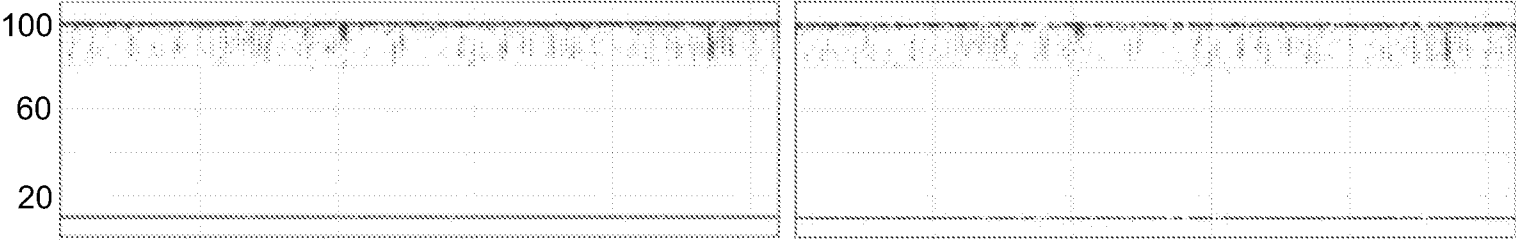
Alistipes putredinis v2.1



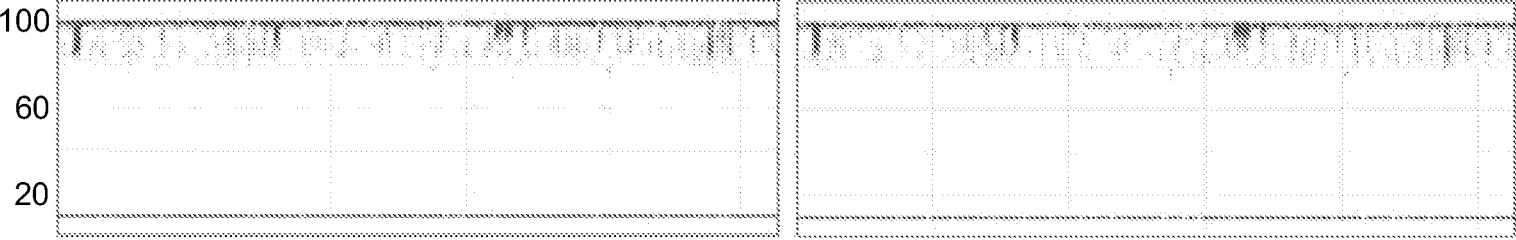
Bacteroides caccae v4.1



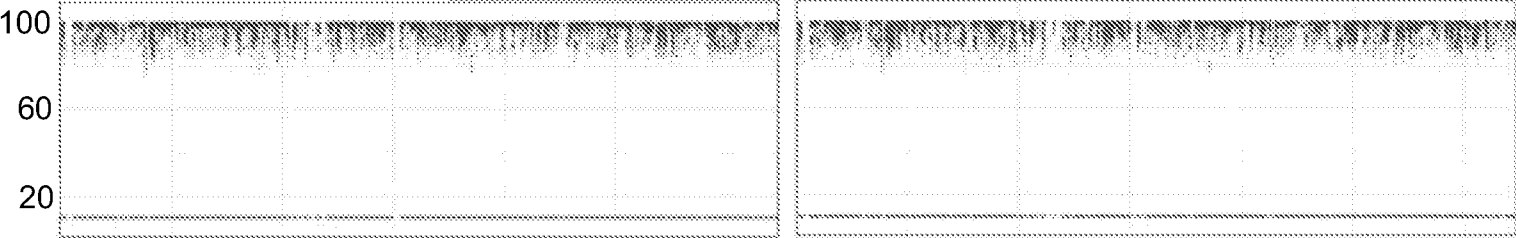
Bacteroides fragilis NCTC9343



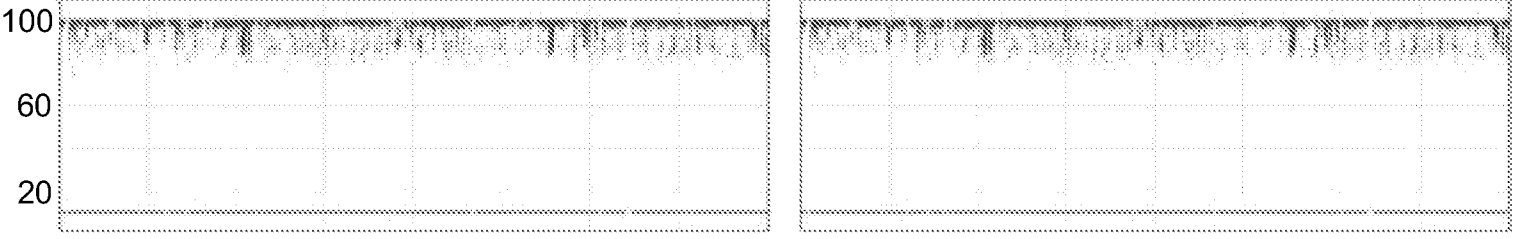
Bacteroides fragilis YCH46



Bacteroides ovatus v2.1



Bacteroides stercoris v2.1



Mb

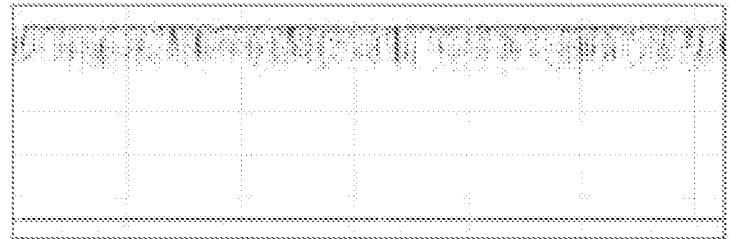
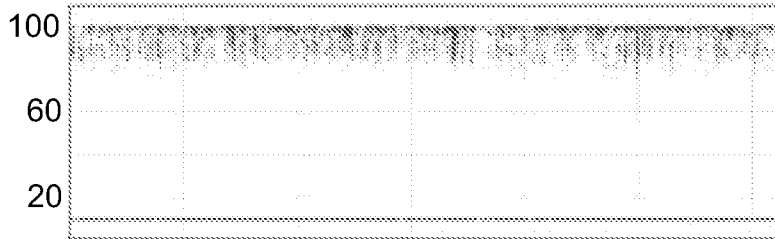
Mb

Lean/Overweight

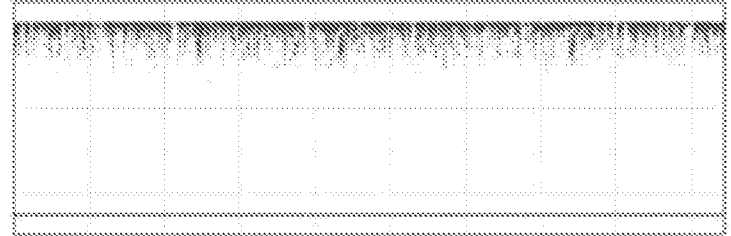
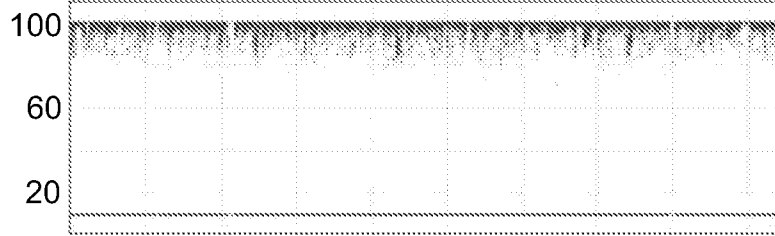
FIG. 11

Obese

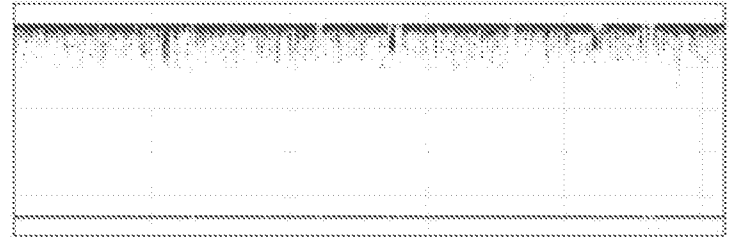
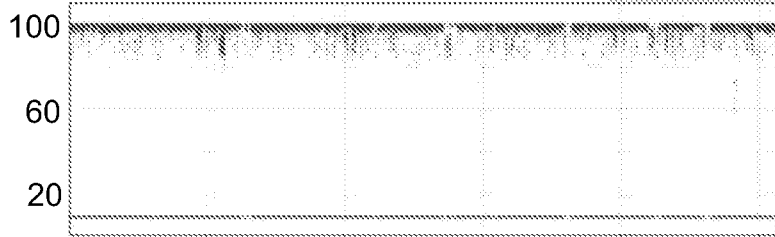
Bacteroides thetaiotaomicron VP15482



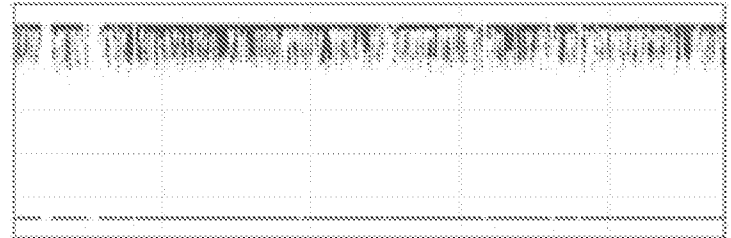
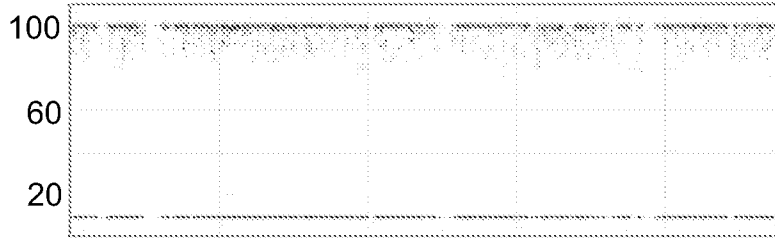
Bacteroides uniformis v3.1



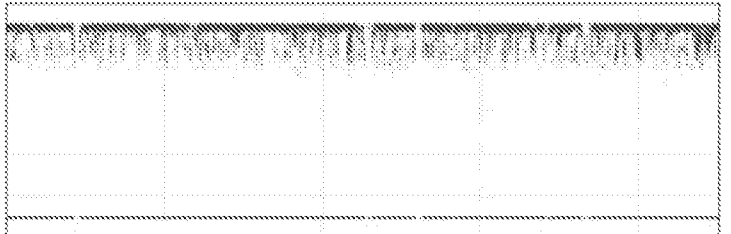
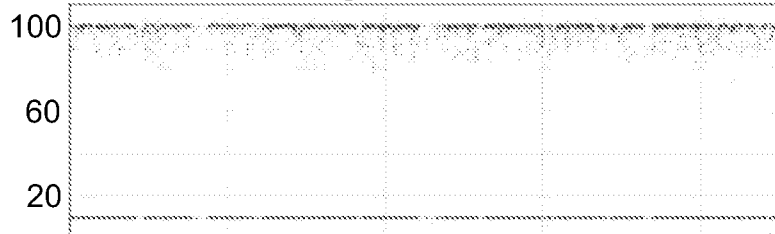
Bacteroides vulgatus ATCC8482



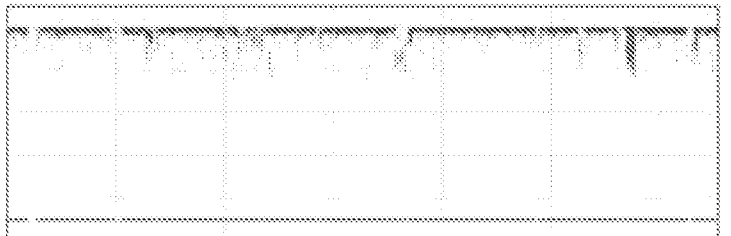
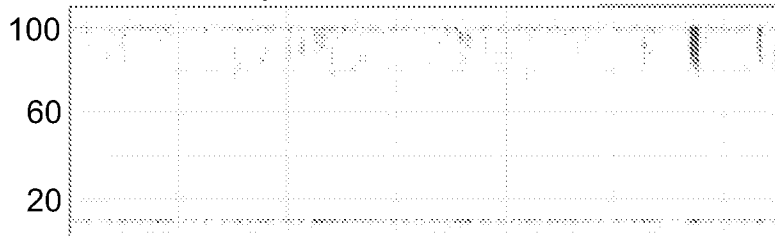
Bifidobacterium adolescentis v1.1



Bifidobacterium longum NCC2705



Clostridium leptum v3.1



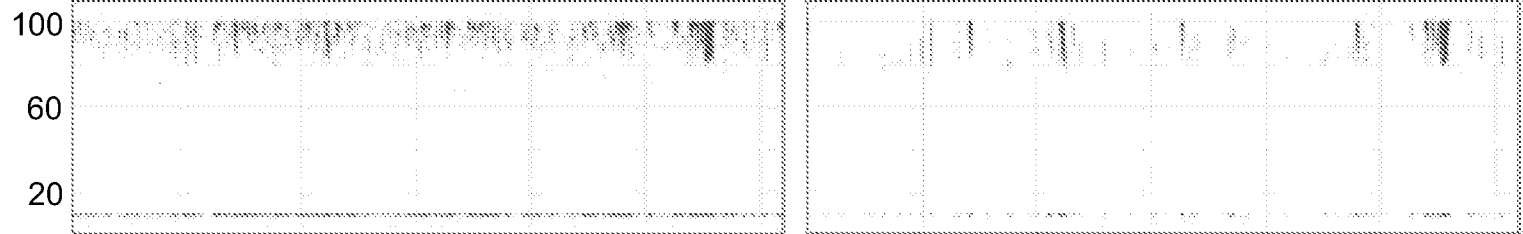
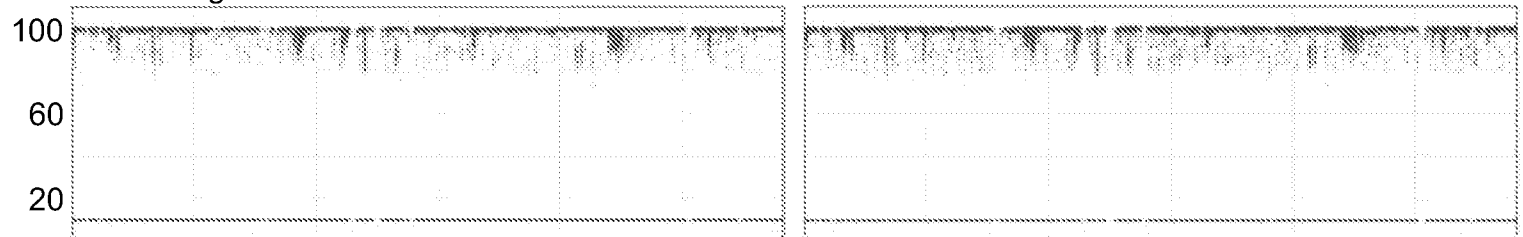
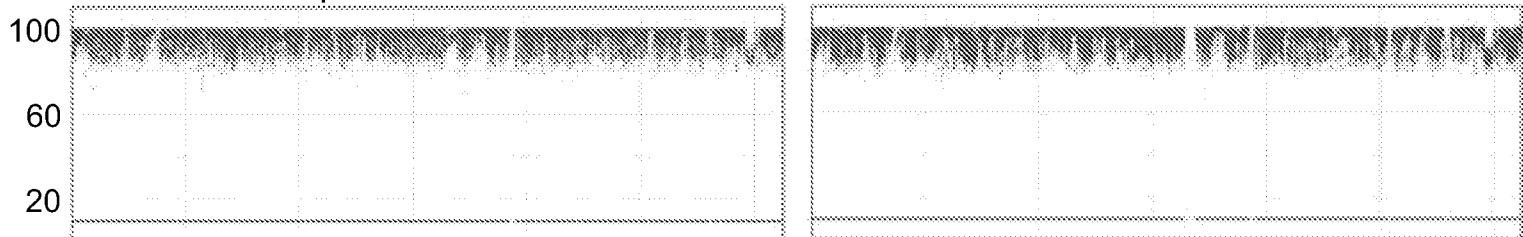
Mb

Mb

Lean/Overweight

FIG. 11

Obese

Collinsella aerofaciens v3.1*Coproccoccus eutactus* v2.1*Dorea longicatena* v2.1*Eubacterium siraeum* v3.1*Faecalibacterium prausnitzii* M21/2 v2.1*Methanobrevibacter smithii* ATCC35061

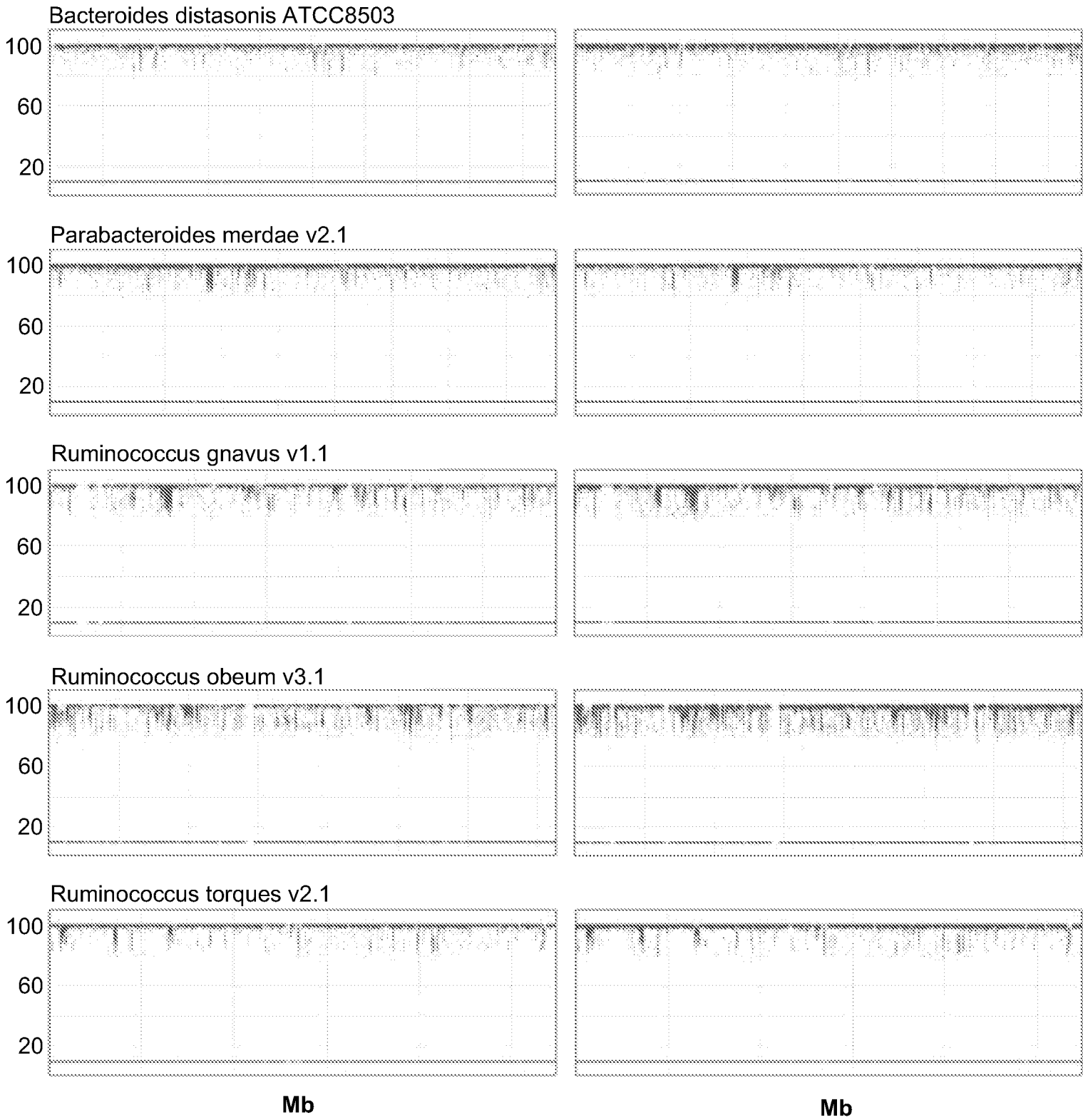
Mb

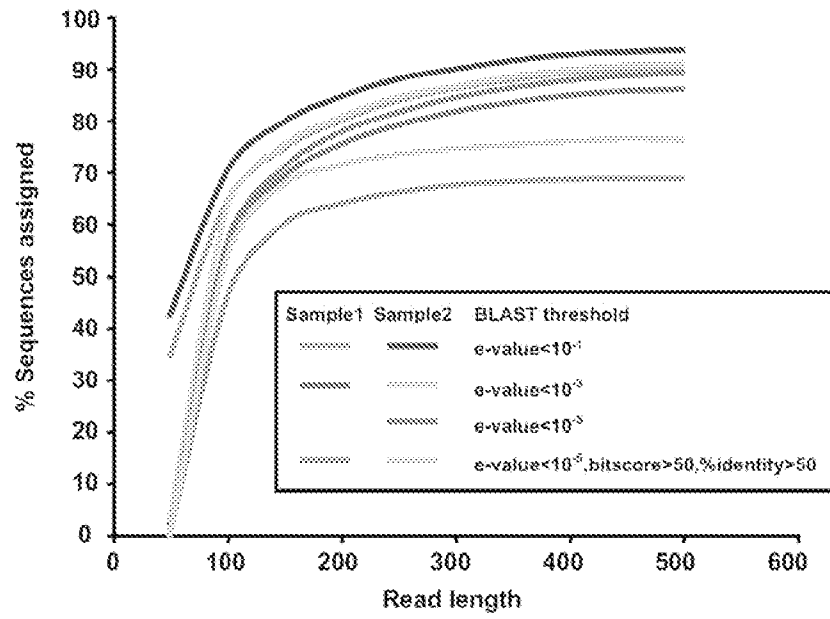
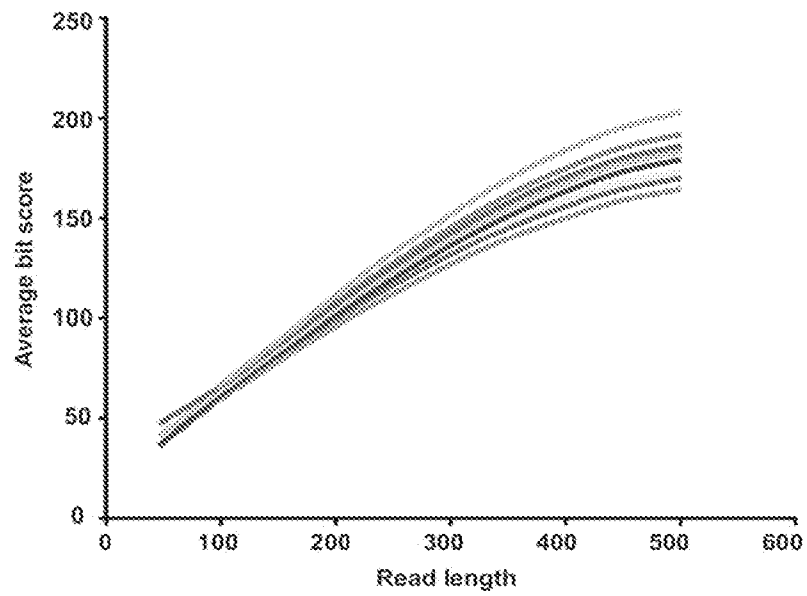
Mb

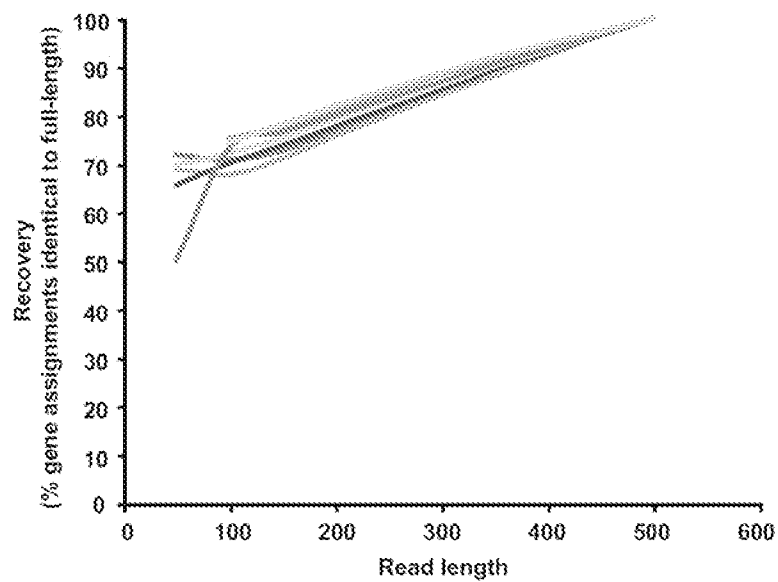
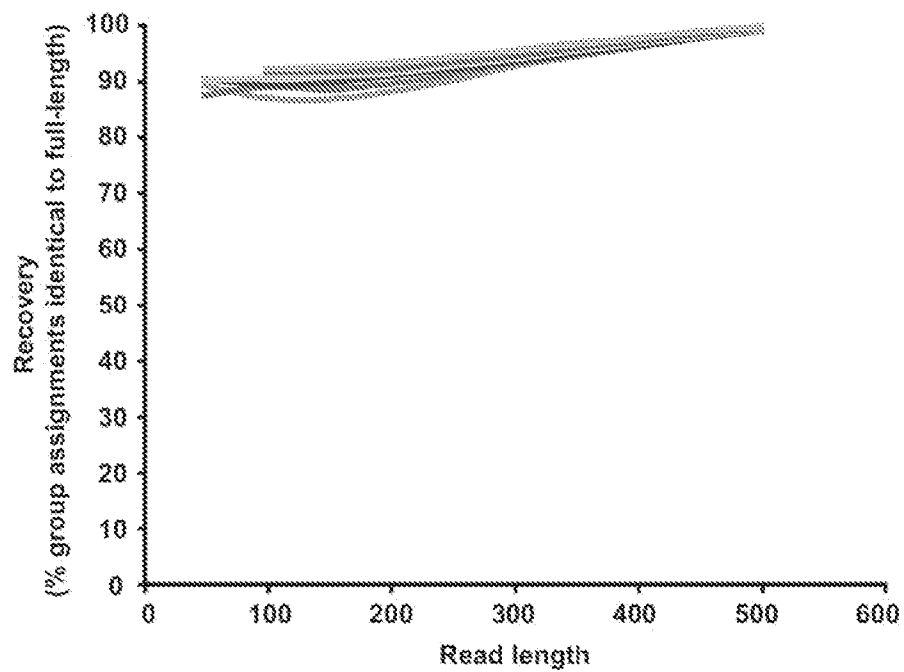
FIG. 11

Lean/Overweight

Obese

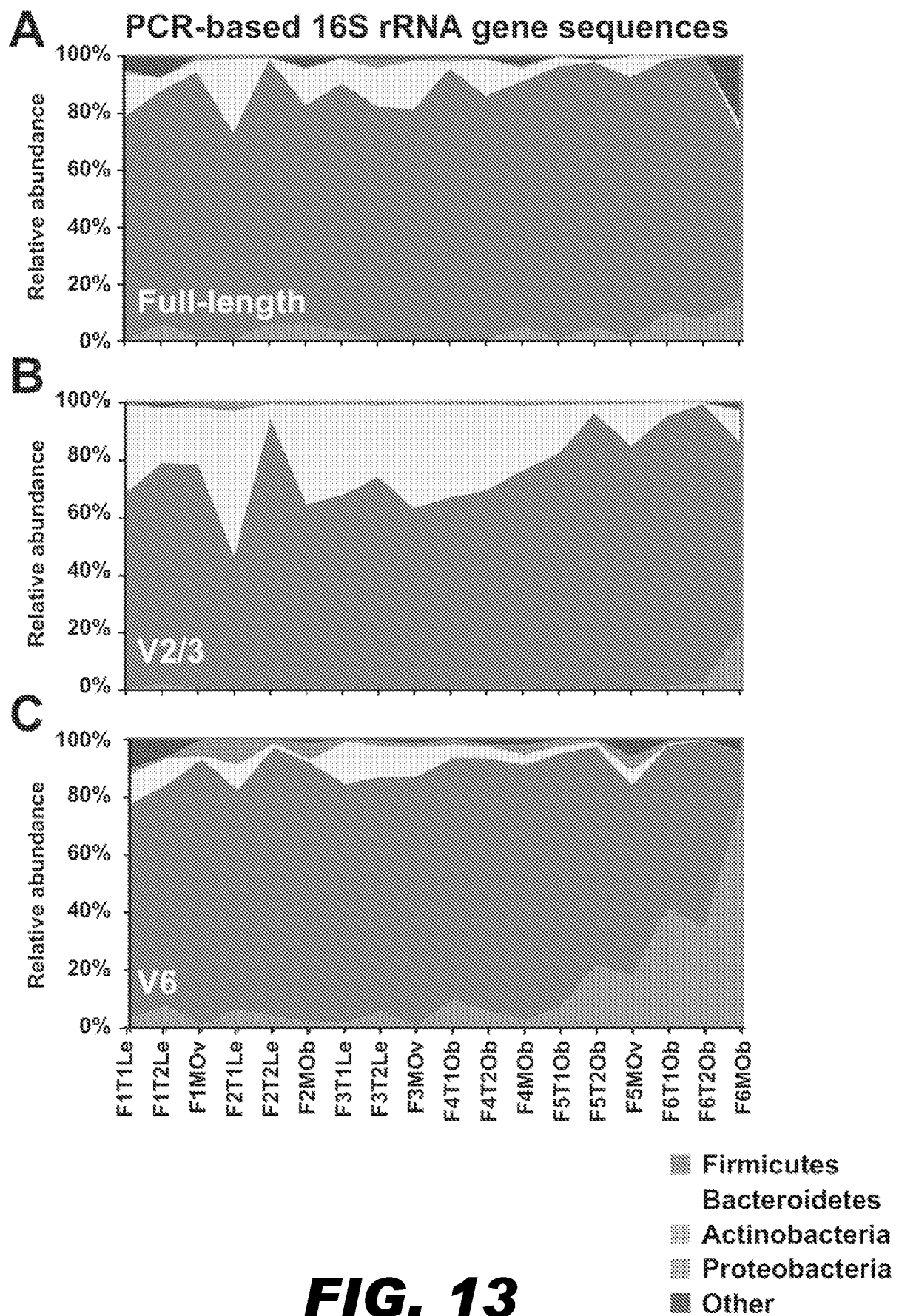


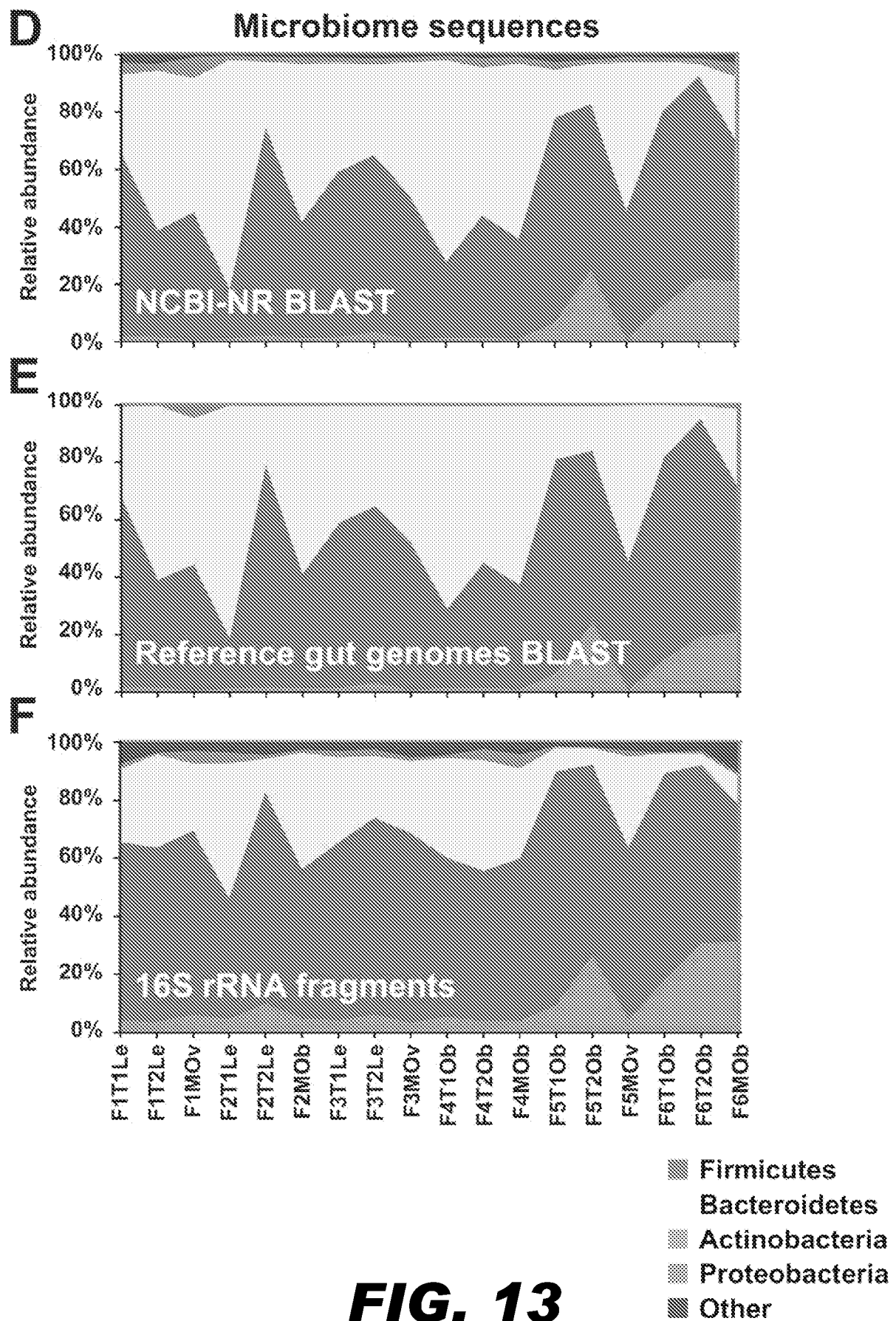
A**B****FIG. 12**

C**D**

Sample1	Sample2	BLAST threshold
		e-value<10 ⁻¹
		e-value<10 ⁻³
		e-value<10 ⁻⁵
		e-value<10 ⁻⁵ , bitscore>50, %identity>50

FIG. 12



**FIG. 13**

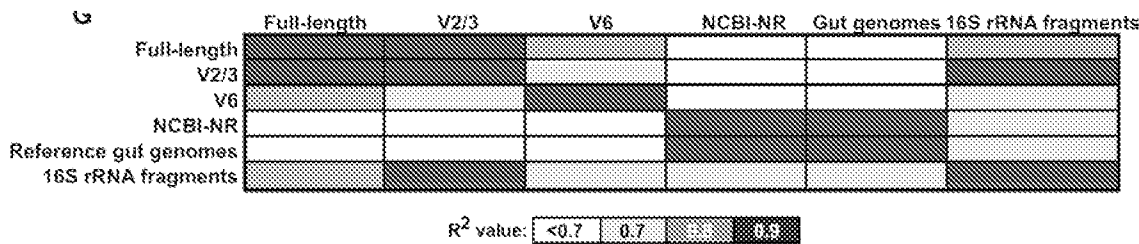


FIG. 13G

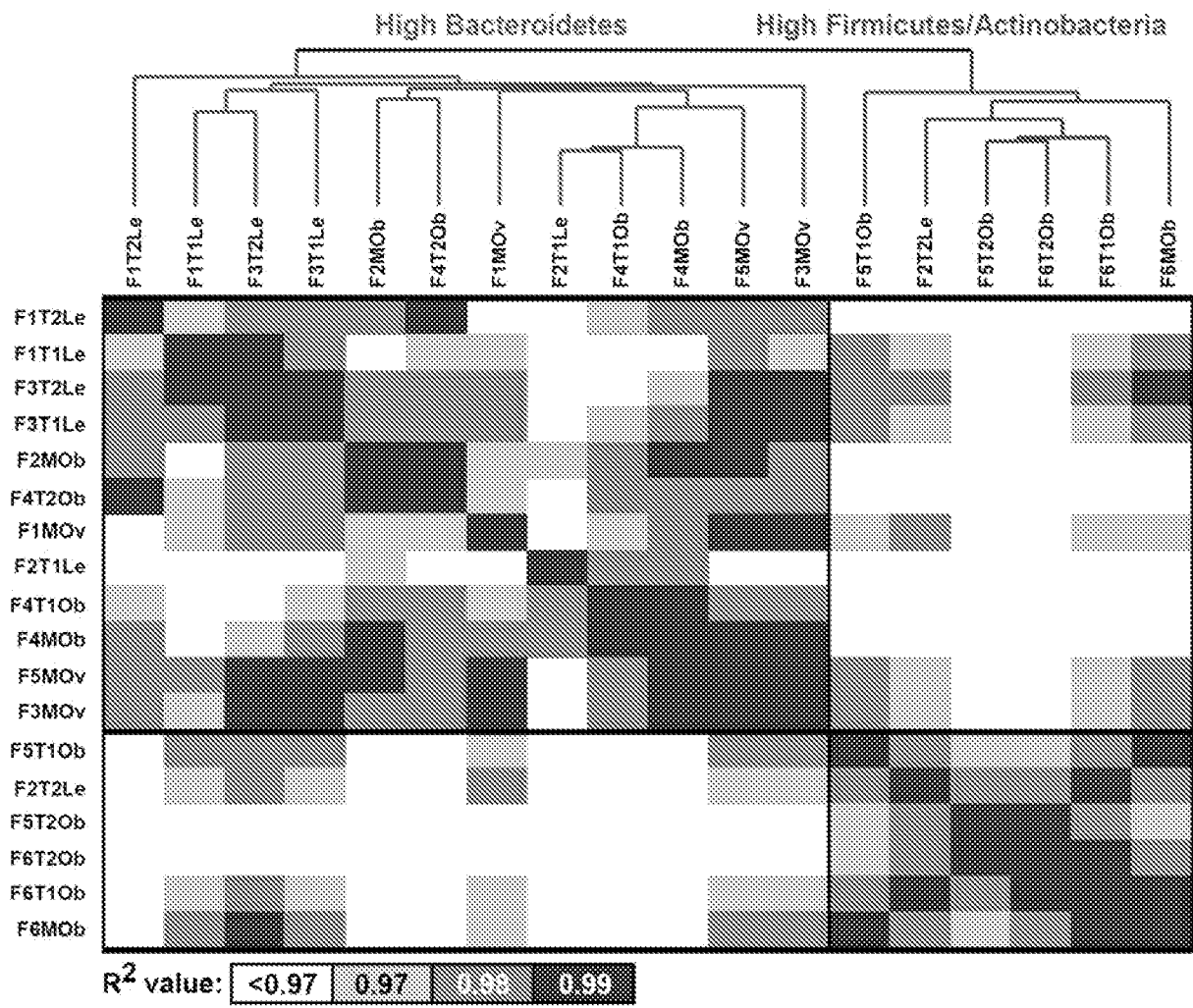


FIG. 14A

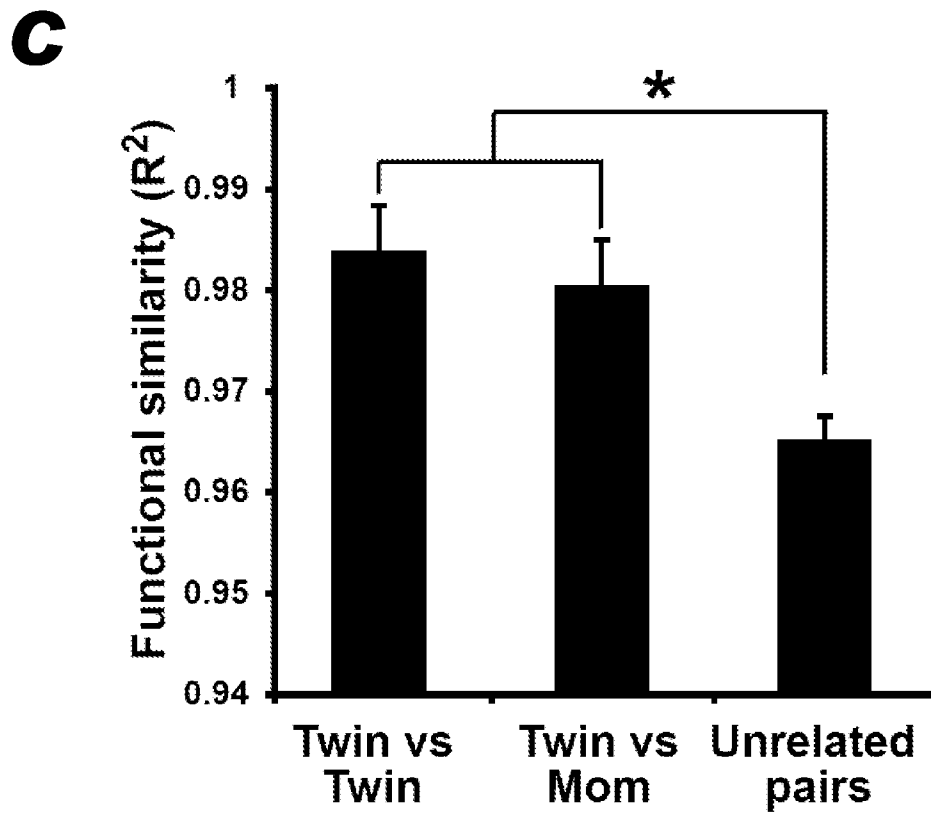
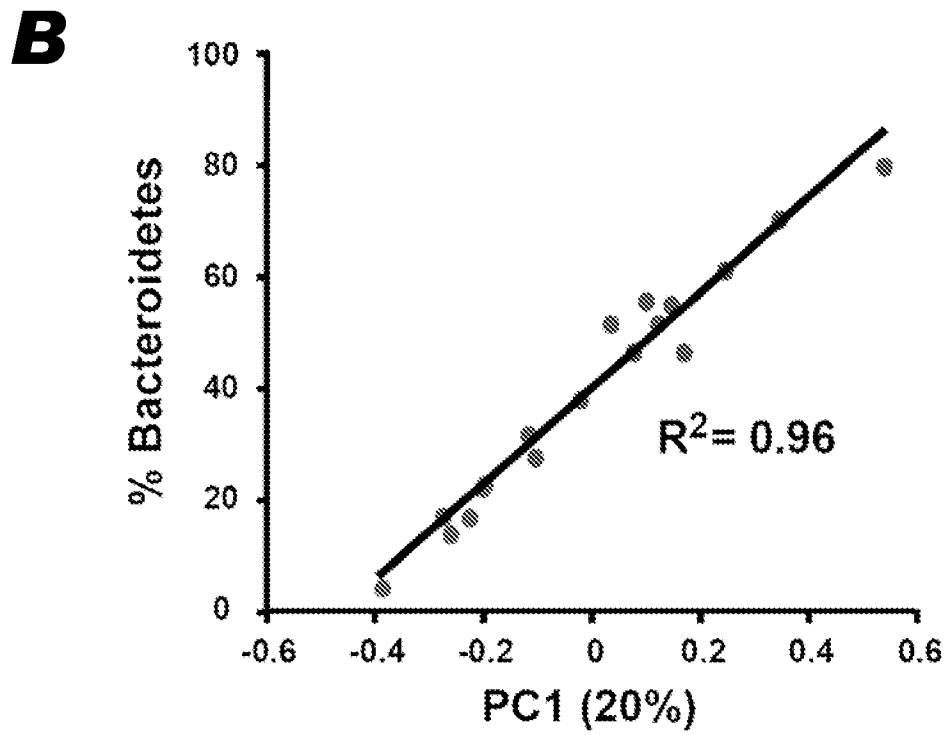
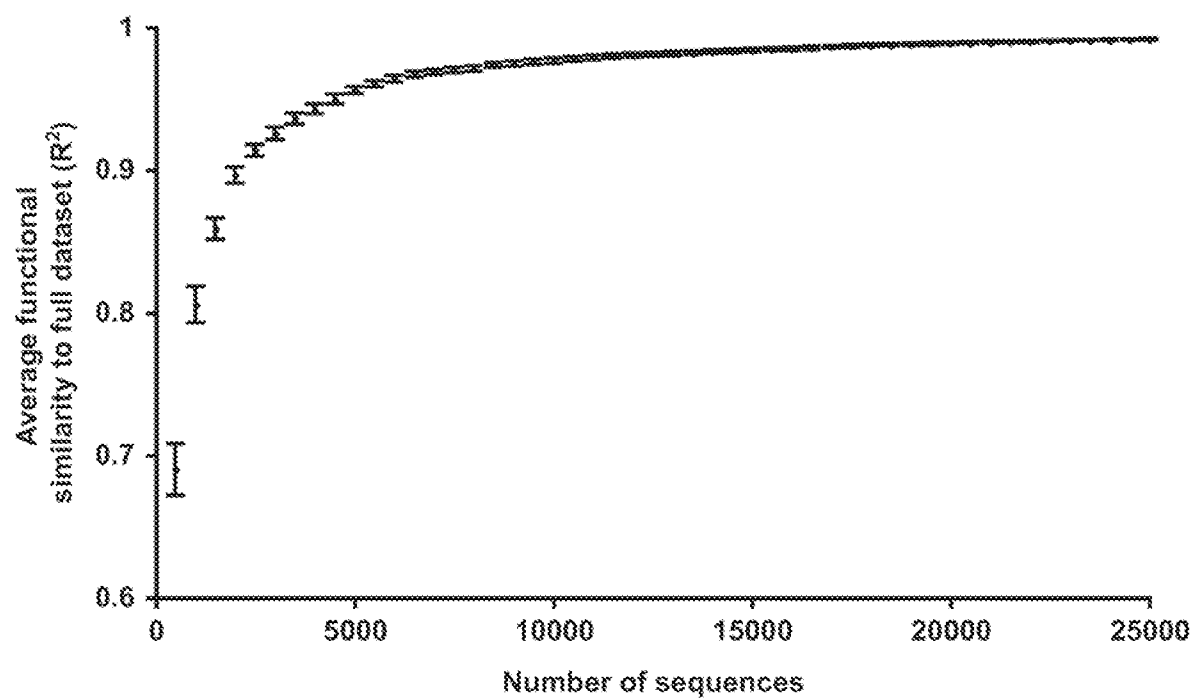


FIG. 14

**FIG. 15**

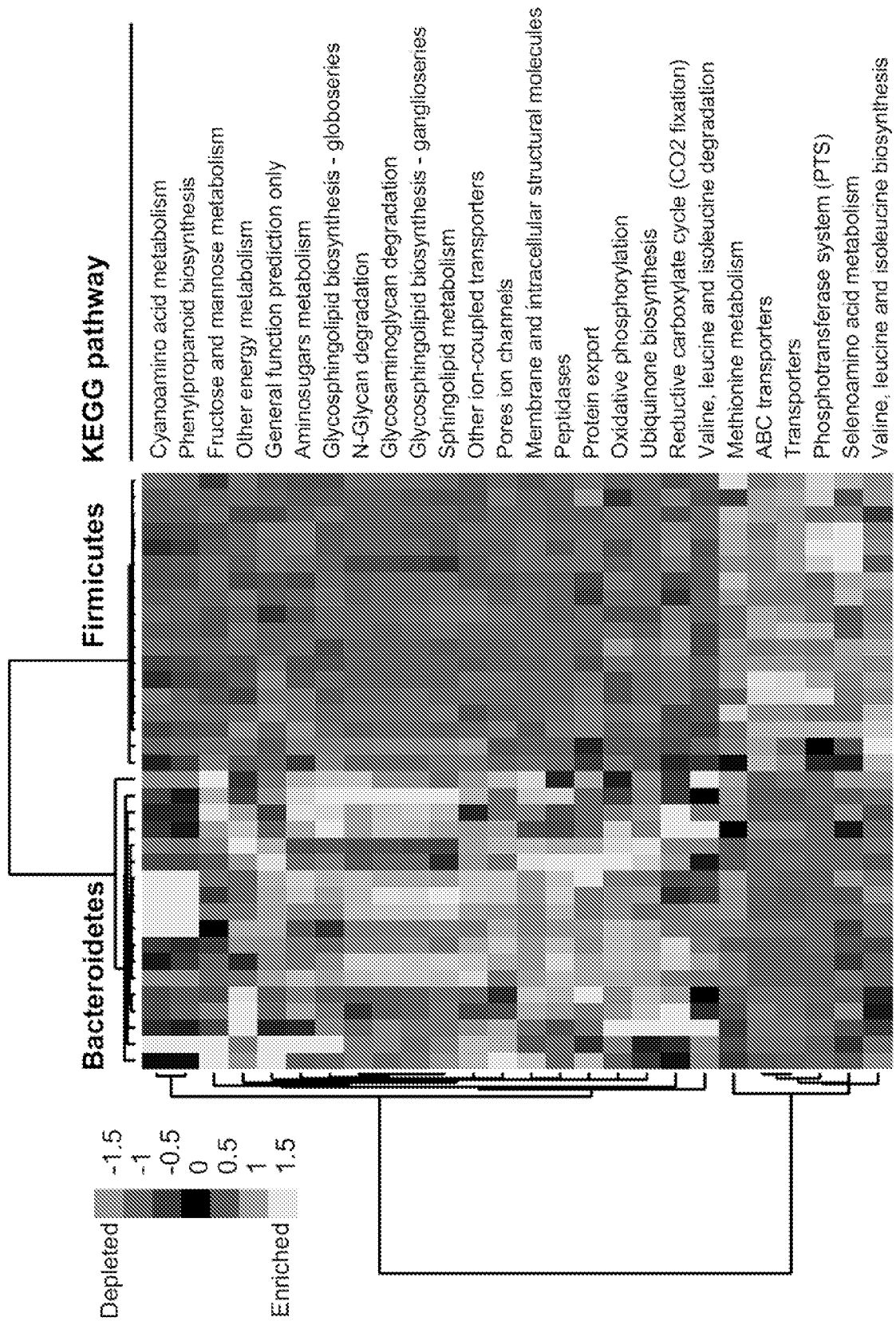
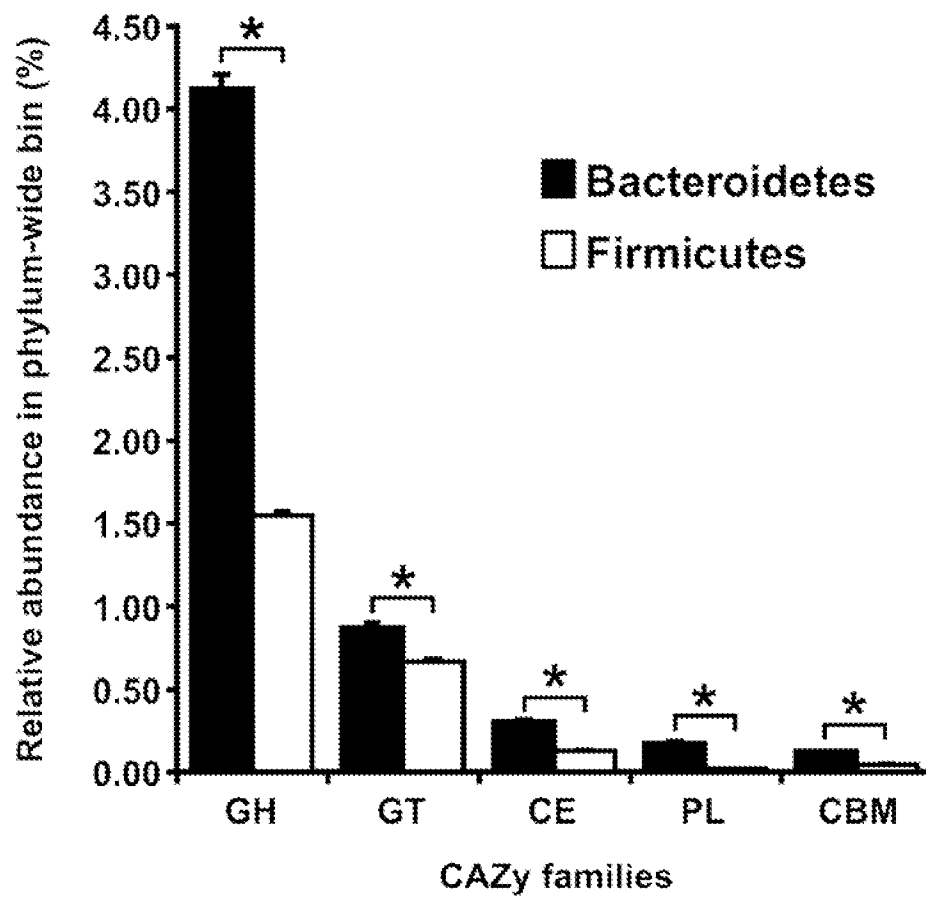


FIG. 16A

**FIG. 16B**

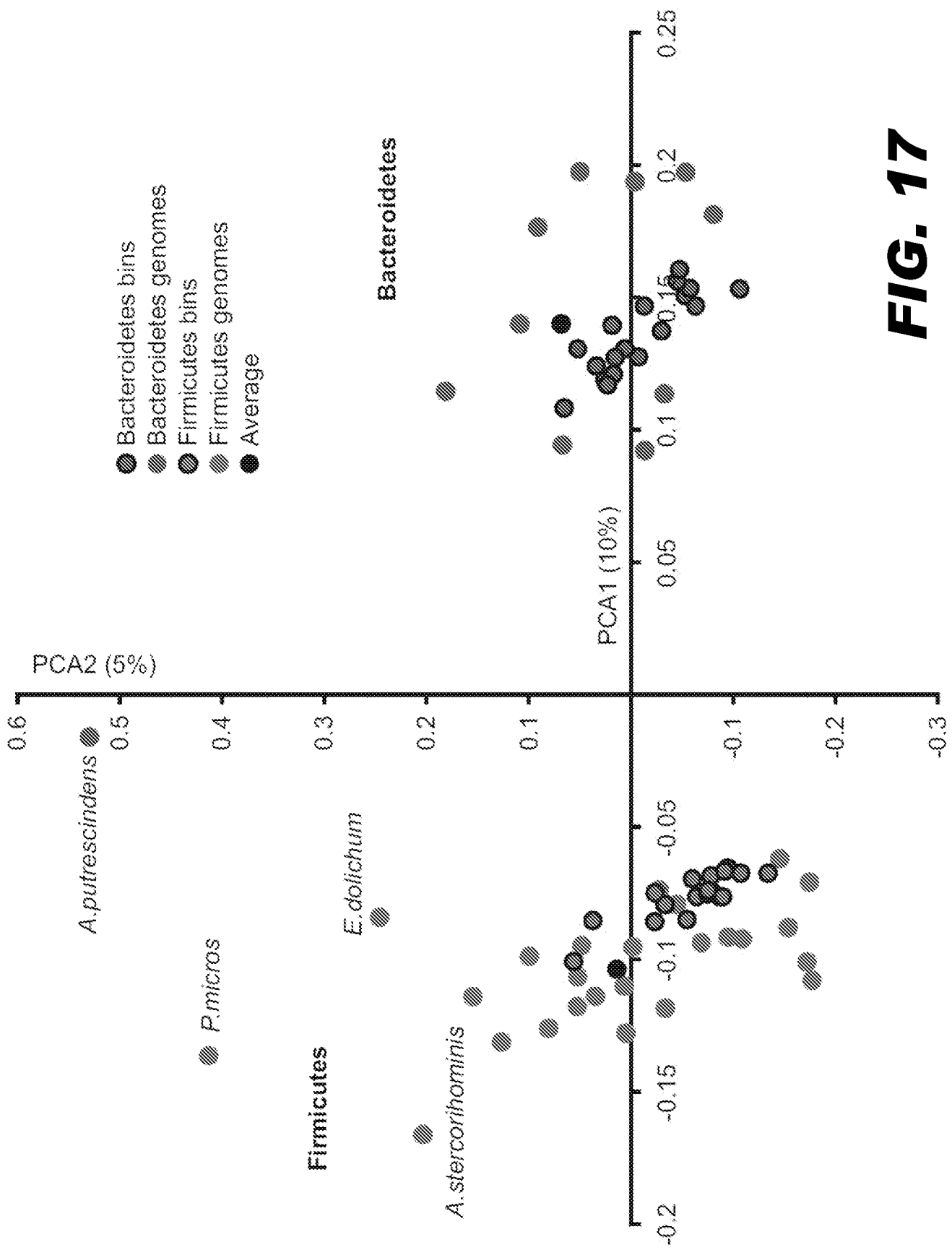
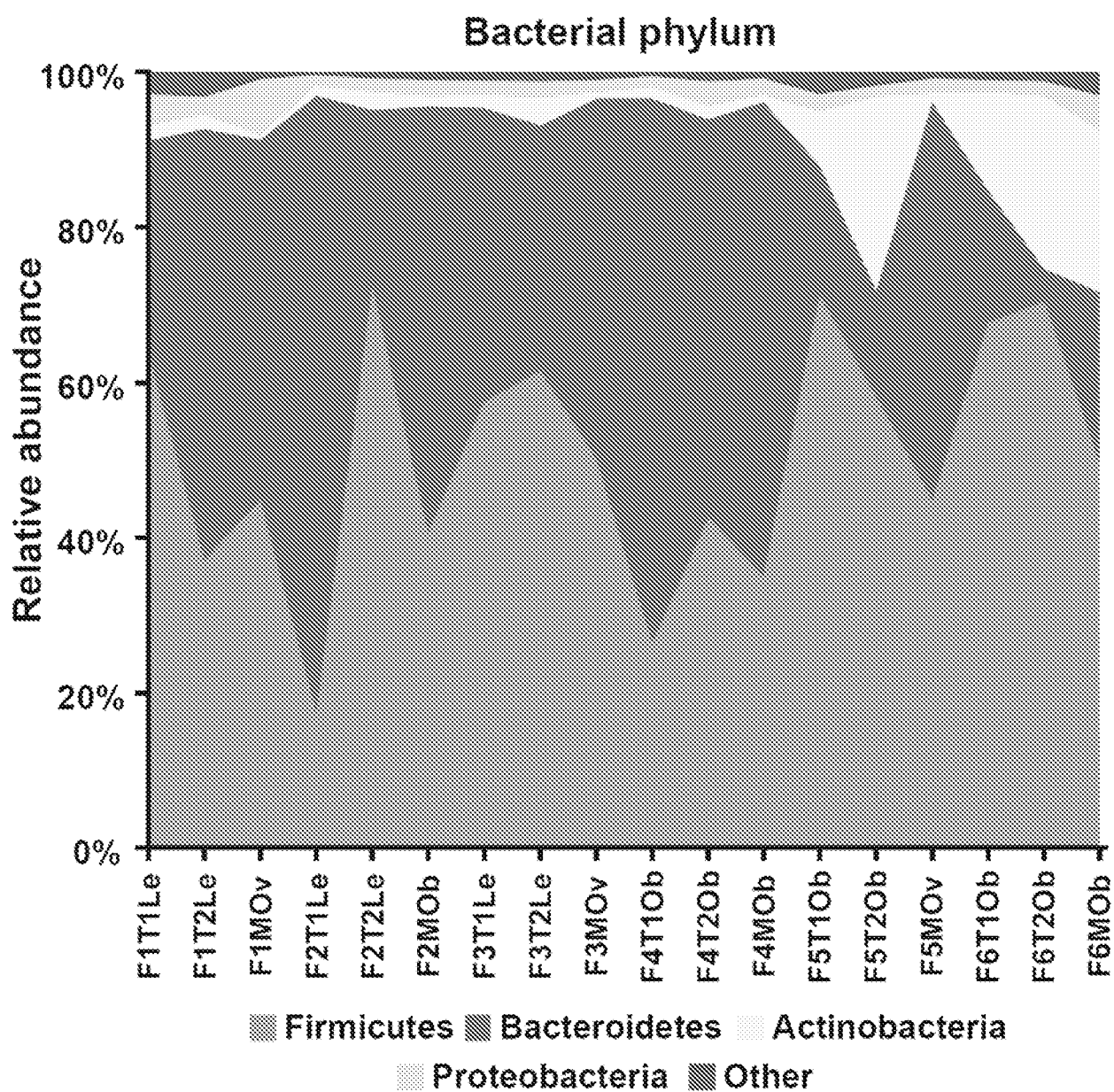
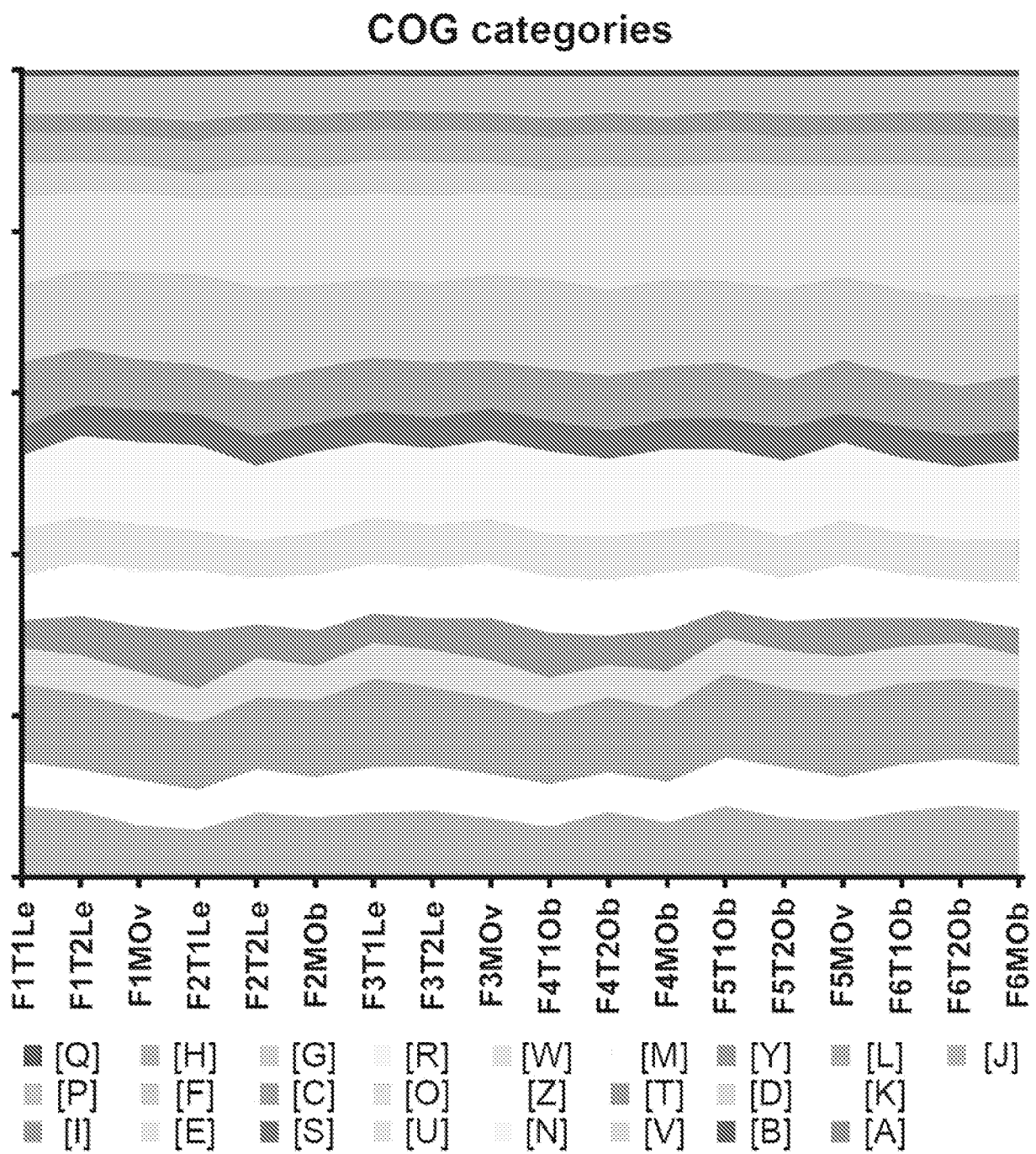
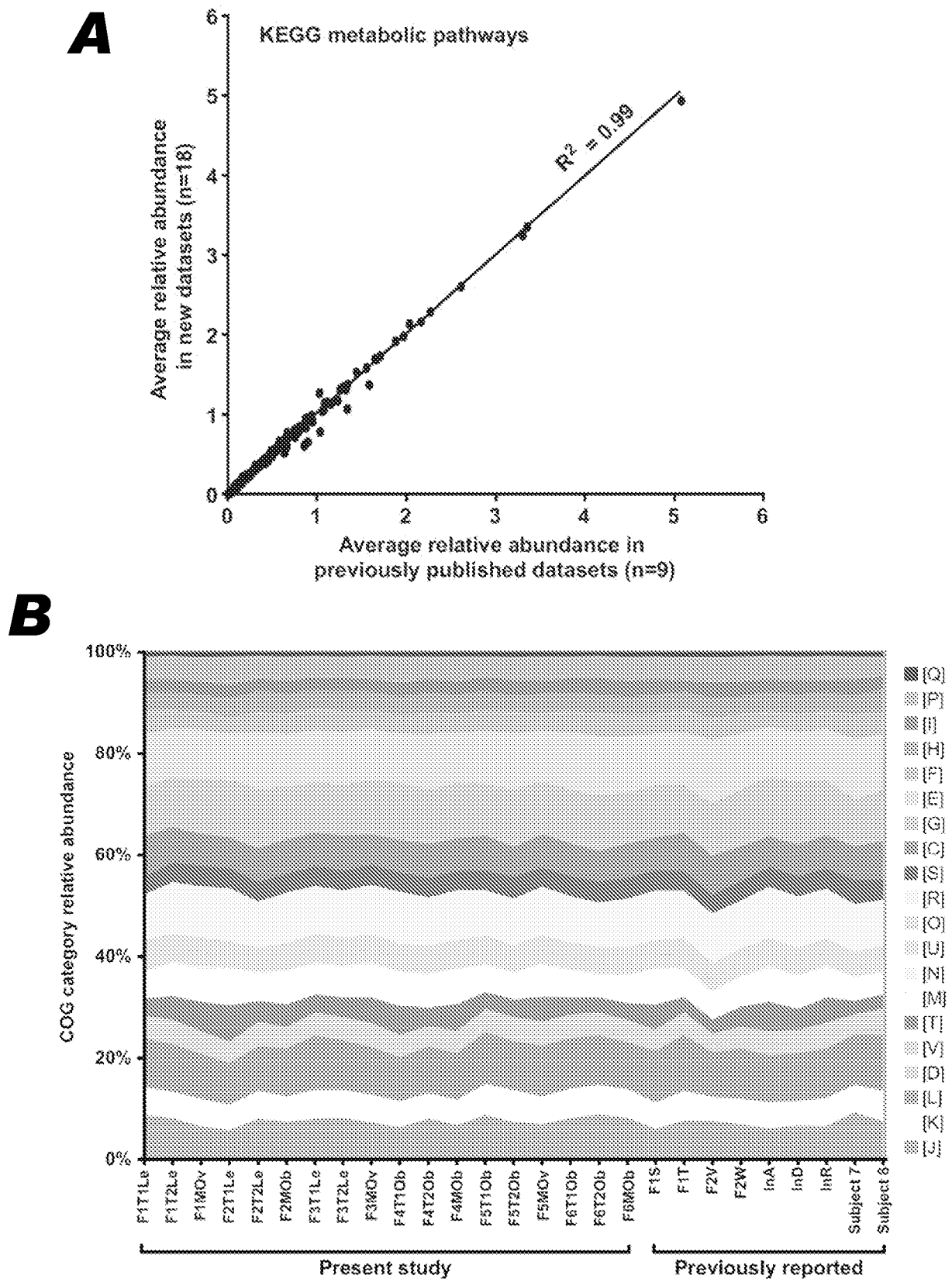


FIG. 17

**FIG. 18A**

**FIG. 18B**

**FIG. 19**

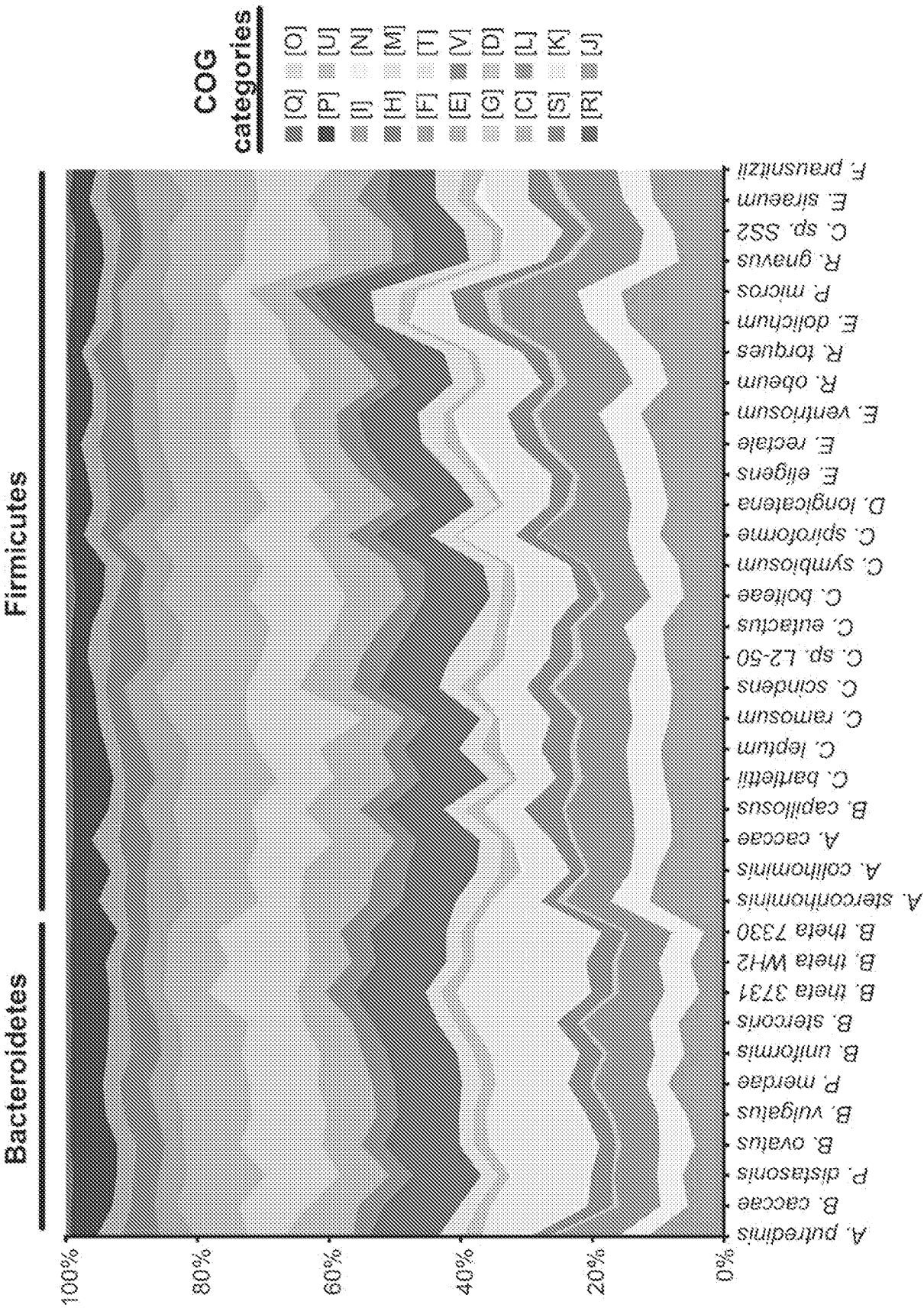
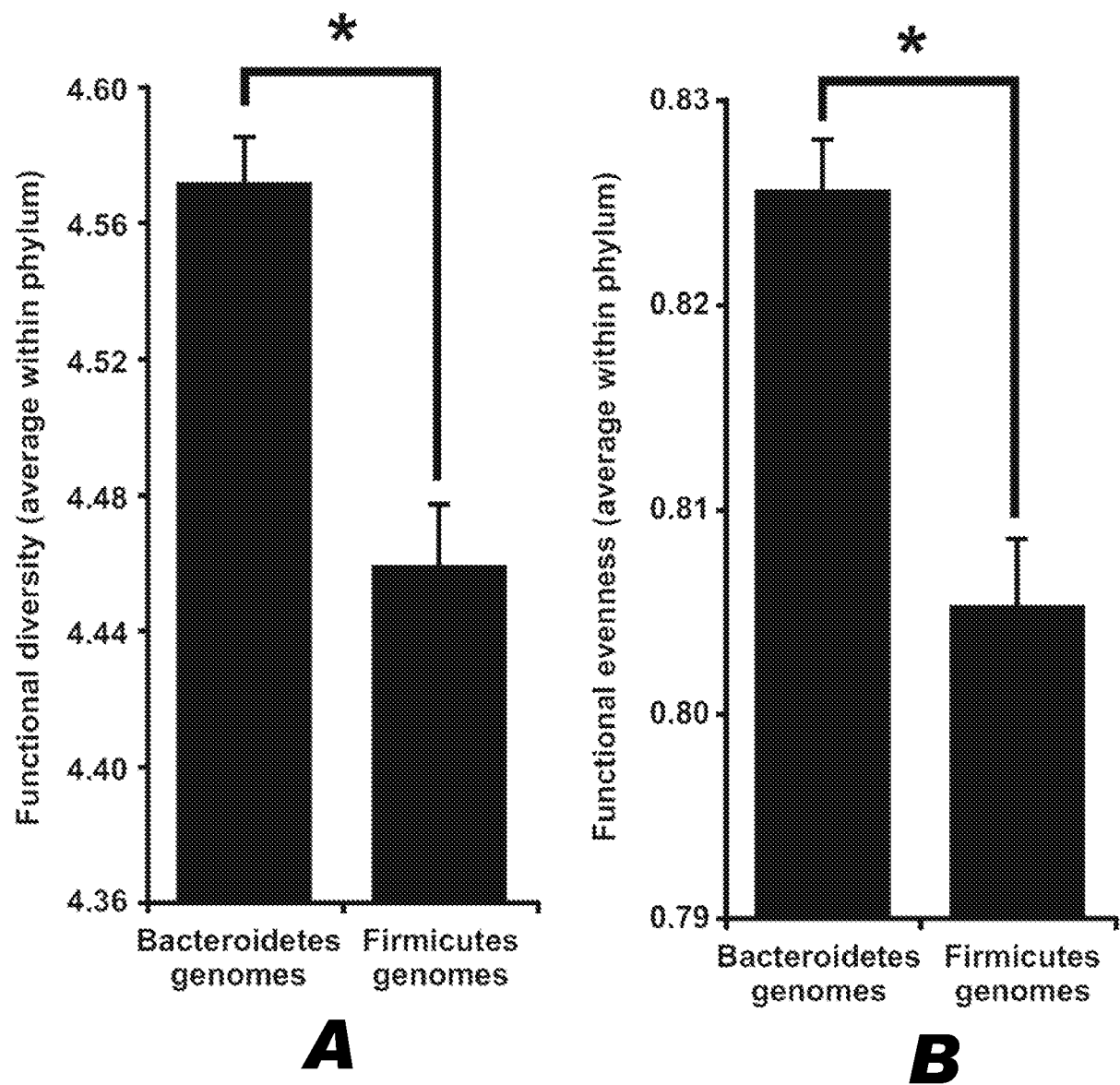
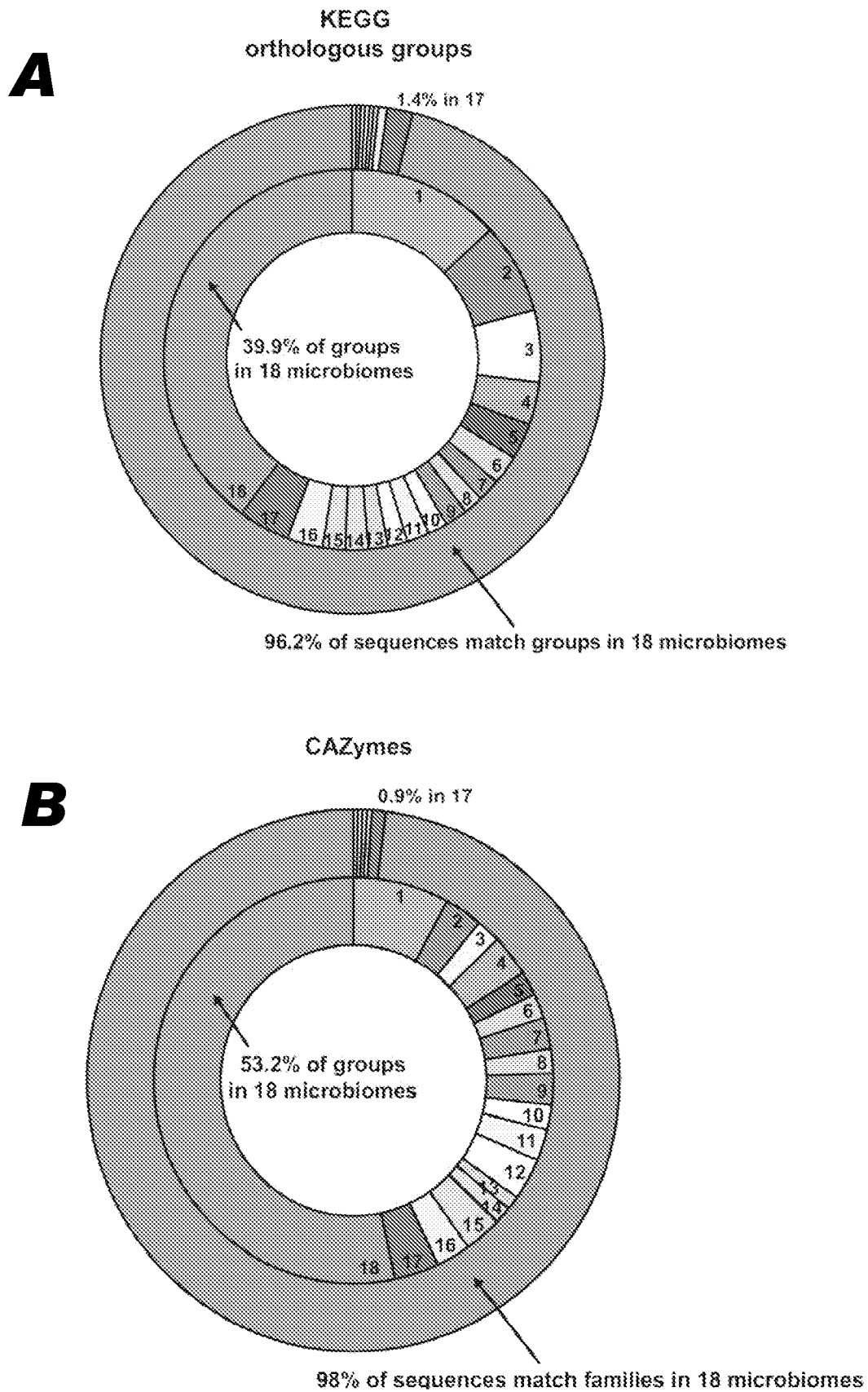
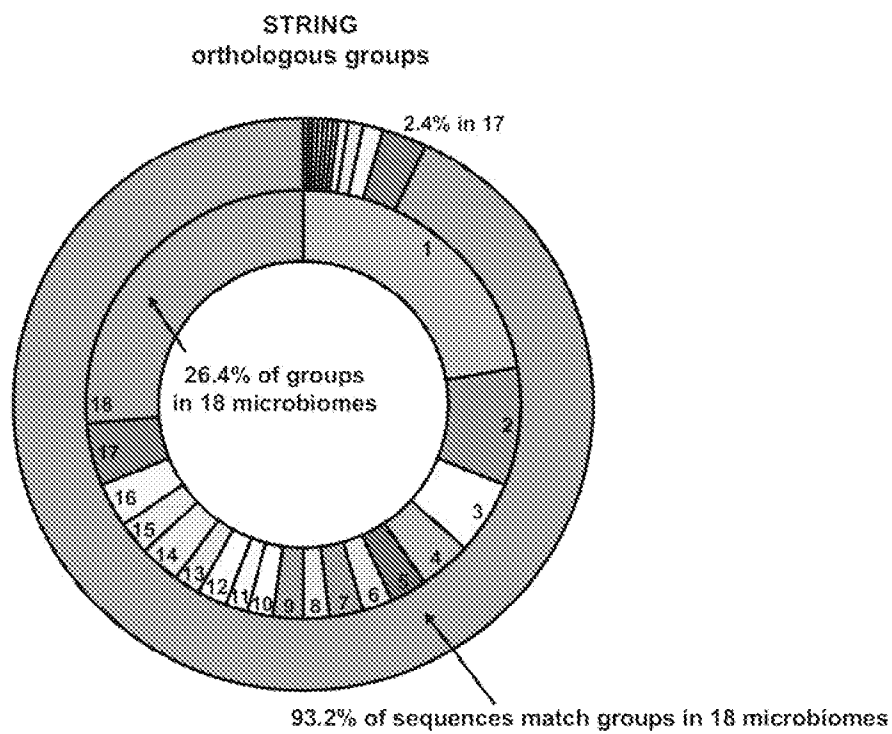
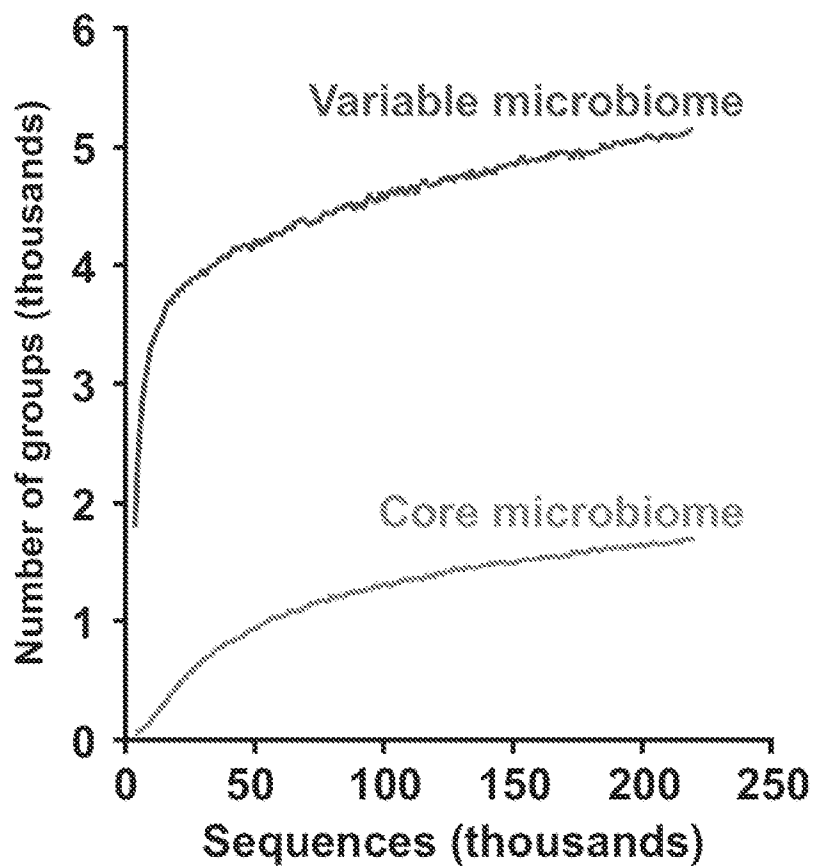


FIG. 20

**FIG. 21**

**FIG. 22**

C**D****FIG. 22**

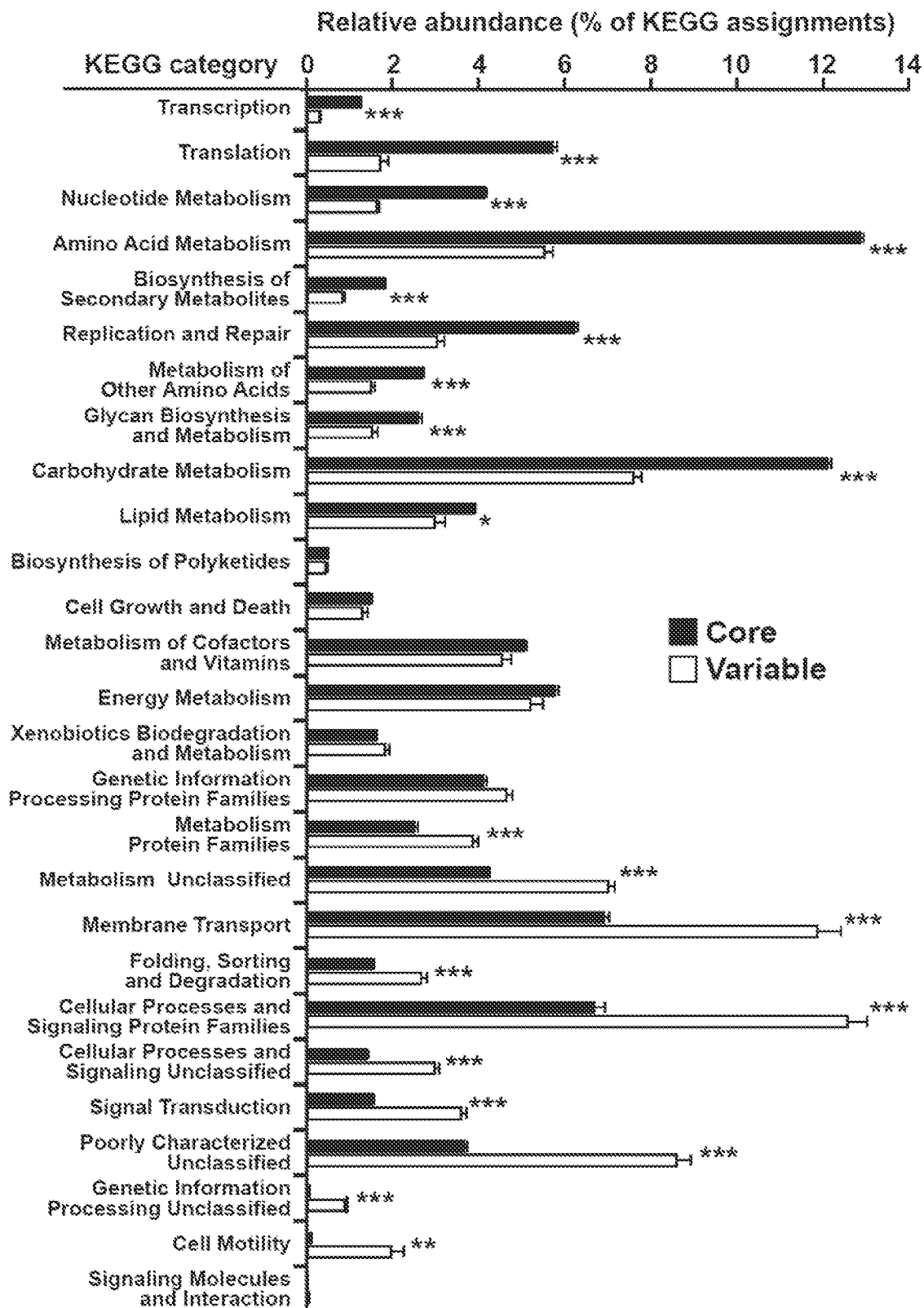
**FIG. 23**

FIG. 24