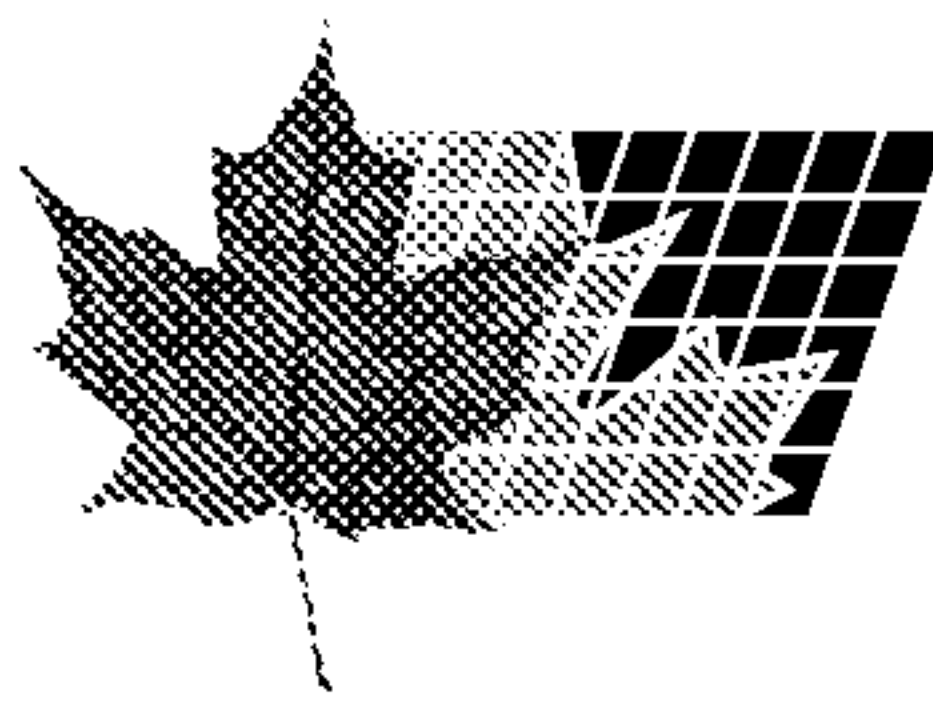




(72) CAUWENBERGH, GERARD F., US

(71) JOHNSON & JOHNSON CONSUMER COMPANIES, INC., US

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(54) **METHODES PERMETTANT D'AMELIORER L'ETAT DU
CHEVEU ET DU CUIR CHEVELU**

(54) **METHODS FOR IMPROVING THE HEALTH OF HAIR AND
SCALP**

(57) L'invention concerne une méthode permettant de faire augmenter le nombre de cheveux en phase anagène chez un individu. Ladite méthode consiste à appliquer un azole ou un pyrithione de zinc, ou des mélanges de ces produits, sur une zone où l'on souhaite faire augmenter le nombre de cheveux en phase anagène. L'invention concerne également une méthode permettant de réduire la perte des cheveux, laquelle méthode consiste à appliquer une dose efficace d'azole ou de pyrithione de zinc sur une zone où l'on souhaite obtenir un tel résultat. L'invention concerne enfin une méthode permettant d'accroître le diamètre d'une tige capillaire, laquelle méthode consiste à appliquer, de façon locale, une dose efficace d'un azole sur une zone où l'on souhaite obtenir un accroissement du diamètre des cheveux.

(57) A method of increasing the amount of anagen hair in a human comprising applying an azole or zinc pyrithione, or mixtures thereof to an area of a human where an increase in the amount of anagen hair is desired. Also provided is a method of reducing the shedding of hair in a human comprised of applying an effective amount of an azole or zinc pyrithione to an area of a human where such a reduction is desired. Further provided is a method of increasing the diameter of a hair shaft comprising topically applying an effective amount of an azole to an area of a human where an increase in the diameter is desired.

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(21) International Application Number: PCT/US98/26259 (22) International Filing Date: 10 December 1998 (10.12.98) (30) Priority Data: 60/069,993 18 December 1997 (18.12.97) US (71) Applicant: JOHNSON & JOHNSON CONSUMER COMPANIES, INC. [US/US]; Grandview Road, Skillman, NJ 08558 (US). (72) Inventor: CAUWENBERGH, Gerard, F.; 10 Beechtree Lane, Plainsboro, NJ 08536 (US). (74) Agents: CIAMPORCERO, Audley, A. et al.; Johnson and Johnson, One Johnson & Johnson Plaza, New Brunswick, NJ 08933-7003 (US).		(81) Designated States: AL, AM, AT, AU, AZ, BA, BB, BG, BR, BY, CA, CH, CN, CU, CZ, DE, DK, EE, ES, FI, GB, GE, GH, GM, HR, HU, ID, IL, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MD, MG, MK, MN, MW, MX, NO, NZ, PL, PT, RO, RU, SD, SE, SG, SI, SK, SL, TJ, TM, TR, TT, UA, UG, UZ, VN, YU, ZW, ARIPO patent (GH, GM, KE, LS, MW, SD, SZ, UG, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, CH, CY, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, GW, ML, MR, NE, SN, TD, TG). Published <i>With international search report.</i> <i>Before the expiration of the time limit for amending the claims and to be republished in the event of the receipt of amendments.</i>
(54) Title: METHODS FOR IMPROVING THE HEALTH OF HAIR AND SCALP (57) Abstract A method of increasing the amount of anagen hair in a human comprising applying an azole or zinc pyrithione, or mixtures thereof to an area of a human where an increase in the amount of anagen hair is desired. Also provided is a method of reducing the shedding of hair in a human comprised of applying an effective amount of an azole or zinc pyrithione to an area of a human where such a reduction is desired. Further provided is a method of increasing the diameter of a hair shaft comprising topically applying an effective amount of an azole to an area of a human where an increase in the diameter is desired.		

METHODS FOR IMPROVING THE HEALTH OF HAIR AND SCALP

CROSS-REFERENCE TO RELATED APPLICATION

10 This Application claims the benefit of United States Provisional Application Number 60/069,993 filed on 18 December 1997, which is incorporated by reference in its entirety.

BACKGROUND OF THE INVENTION

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1. Field of the Invention

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The present invention relates to methods of improving the health of hair and the scalp. More particularly, this invention relates to methods for reducing hair shedding, methods for increasing hair diameter, and methods for maintaining hair in the anagen phase for a prolonged period of time.

2. Description of Prior Art

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30

Dandruff ("pityriasis capitis sicca") and seborrheic dermatitis ("pityriasis capitis oleosa") are two related clinical manifestations of one common dermatological disorder that involves the scalp as well as other areas of the body having a high density of sebaceous glands. While dandruff is primarily a scaling condition, it is often also associated with some inflammation. See e.g. Dawber, P., "The Scaly and Itchy Scalp," Hair and Scalp Disorders 191-227 (1995). Typically dandruff is expressed on the scalp, but other areas of the body that are predisposed to seborrheic dermatitis also often show mild scaling without obvious signs of

5 inflammation. In seborrheic dermatitis, the inflammatory counterpart of the same disorder, erythema is always present, and the inflammatory infiltrate is more pronounced. See e.g. Ford, G. P., et al., 111 Br. J. Dermatol 603-07 (1984)("Ford").

Those of skill in the art have come to the consensus that both
10 dandruff and seborrheic dermatitis are two aspects of the same disease. See Ford; Sabouraud, R., "Maladies Due Cuir Chevelu II," Les Maladies Desquamatives, 207-327 (1904); and Van Vloten, W., et al., "Eczeem," 8 Dermatologie and Venereologie 90 - 109 (1996). It is well known that individuals who have dandruff will, if the condition is not treated, often
15 develop the more inflammatory aspect - seborrheic dermatitis, while those having seborrheic dermatitis might show scaling only during the periods of less pronounced inflammation. Although those skilled in the art generally agree that the lipophylic yeast, *Pityrosporum ovale* ("*P. ovale*"), is a key contributor in the pathogenesis of seborrheic dermatitis and dandruff, it is
20 likewise accepted that both conditions should not be regarded as an infection. Rather, it is the yeast's overcolonization of the scalp and other body areas having a high density of sebaceous glands that causes a very mild inflammatory reaction, i.e. dandruff, or a moderate inflammatory reaction, i.e. seborrheic dermatitis, redness, as well as an accelerated
25 turnover of the epidermis. See Ford and Arese, J., et al., "Effect of Ketoconazole Medicated Shampoos on Squamometry and *Malassezia Ovalis* Load in Pityriasis Capitis," 58 Cutis 235-37 (1996).

Typical primary symptoms of dandruff and seborrheic dermatitis include scaling, redness, and itching; however, several other clinical
30 manifestations such as seborrhea (oiliness), telogen effluvium (shedding), thin shaft diameter, androgenic alopecia, and reduction in percent anagen hairs have also been reported in conjunction with this disorder. See Shuster, S., "Psoriatic Alopecia," 87 Br. J. Dermatol. 74 - 77 (1972);

5 Rushton, D.H., et al., "Natural Progression of Male Pattern Baldness in
Young Men," 16 Clin. Exp. Dermatol. 188 - 192 (1991); Bergfeld, F.W.,
"Hair Disorders" Dermatology 1541 - 1560 (1992); and Pierard-Franchimont,
C., et al., "Approche Physiopathologique de la Seborrhee Du Cuir Chevelu,"
115 Ann. Dermatol. Venereol. 451 - 53 (1988).

10 Various methods have been employed to stimulate the growth of hair
and/or increase its diameter; however, these methods are not without their
shortcomings. One known method employs the application of minoxidil to
areas such as the scalp for purposes for stimulating hair growth and
prolonging the period of time that hair is in the anagen phase.

15 Unfortunately, this method has been found to be effective in only a small
proportion of users. Another known method for increasing hair diameter
involves the application of silicone-containing treatments to areas such as
the scalp. Disadvantageously, this method produces a "build-up" of silicone
on the hair that tends to dull its physical appearance.

20 It would be desirable to provide a method of treating seborrheic
dermatitis and dandruff by improving these alternative manifestations
indicative of an unhealthy scalp.

SUMMARY OF THE INVENTION

25 In accordance with this invention, there is provided a method of
increasing the amount of anagen hair in a human comprising, consisting
essentially of, and/or consisting of applying an effective amount of an agent
which inhibits the growth of *P. ovale* or a mixture thereof to an area of a
30 human where an increase in the amount of anagen hair is desired.

In another embodiment of this invention, there is provided a method
of reducing the shedding of hair in a human comprising, consisting
essentially of, and/or consisting of topically applying an effective amount of

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5 an agent which inhibits the growth of *P. ovale* or a mixture thereof to an area of the human where a decrease in the shedding is desired.

10 In yet another embodiment of this invention, there is provided a method of increasing the diameter of a hair shaft comprising, consisting essentially of, and/or consisting of topically applying an effective amount of an imidazole, a triazole, selenium sulfide, a lithium-containing product, or mixtures thereof to an area of a human wherein an increase in the diameter is desired.

15 The methods of this invention not only are effective in alleviating symptoms indicative of unhealthy hair and scalp, but also are effective in treating two underlying, related clinical manifestations, dandruff and seborrheic dermatitis.

BRIEF DESCRIPTION OF THE DRAWINGS

20 The invention will be more fully understood and further advantages will be come apparent when reference is made to the following detailed description of the invention and the accompanying drawings in which:

FIG. 1 is a graph of the percent change in amount of anagen hair from baseline in a 6 month period versus the amount of panelists.

25 FIG. 2 is a graph of the percent change in hair diameter from baseline in a 6 month period versus the amount of panelists.

30 FIG. 3 is a scattergram of the baseline sebum excretion rate ($\mu\text{g}/\text{cm}^2/\text{hr}$) versus the sebum excretion rate ($\mu\text{g}/\text{cm}^2/\text{hr}$) six months later for subjects using a ketoconazole -containing shampoo (FIG. 3A) and a zinc pyrithione shampoo (FIG. 3B).

FIG. 4 is a graph of the percent change in hair loss reduction from baseline versus the length of treatment from baseline at one, three and six month intervals.

DESCRIPTION OF THE PREFERRED EMBODIMENTS

As used herein, "anagen hair" shall mean hair that is in the growth phase.

10 In all embodiments of the present invention, the active ingredients may be applied to a desired area via any inert vehicle or carrier suitable for topical applications including, but not limited to a shampoo, a soap, a gel, a cream, a lotion, a solution, and the like (hereinafter collectively "Medium"). The Medium, which can either be oil-based or preferably water-based, may
15 be designed to be left on the skin and not washed shortly after application. In an alternative, preferred embodiment, the Medium may be designed to be rinsed off within a given amount of time after application. In the latter embodiment wherein the active ingredients are incorporated into a shampoo, the shampoo is applied to wet hair, and the hair is washed in
20 accordance with known practices.

The areas to which the active ingredients may be applied include one or more of those areas typically affected by seborrheic dermatitis and dandruff, which include but are not limited to the scalp and other hairy areas, body folds, behind the ears, areas of the body having a high density
25 of sebaceous glands, and/or areas having an increased presence of *P. ovale*.

In the first embodiment of this invention, an anagen hair-inducing agent is comprised of any agent capable of inhibiting the growth of *P. ovale*. Examples of suitable anagen hair-inducing agents include, but are not
30 limited to, imidazoles, triazoles, zinc pyrithione (including zinc pyrithione in its ultramicronized form), selenium sulfide, lithium-containing products such as lithium salts including but not limited to lithium succinate, or mixtures thereof, which are topically applied in an effective amount to an area of a

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5 human where an increase in the amount of anagen hair is desired.
Preferred areas include those which possess or had possessed hair such
as, for example, the scalp.

While various imidazoles may be employed, the preferred
compounds include, but are not limited to ketoconazole; dichlorophenyl
10 imidazolodioxalan, which is commercially available from Janssen
Pharmaceutica, N.V., under the tradename, "Elubiol"; clotrimazole;
itraconazole; miconazole; climbazole; tioconazole; sulconazole;
butoconazole; fluconazole; and any possible stereo isomers thereof and
mixtures thereof. Ketoconazole and ultra-micronized zinc pyrithione are
15 preferred anagen hair-inducing agents.

The topical application of the anagen hair-inducing agent is
performed by applying a dilute solution of the anagen hair-inducing agent to
a desired area. The amount of anagen hair-inducing agent used in this
embodiment shall be an amount effective for increasing the amount of
20 anagen hair in a desired area of a human. As used herein "amount
effective" shall mean an amount sufficient to cover the region of skin surface
where an indication exists as well as to ameliorate the indication. Although
the amount of anagen hair-inducing agent used will depend upon, for
example, the amount of anagen hair desired and a human's tolerance
25 and/or receptiveness to the particular anagen hair-inducing agent selected,
typically from about 0.001 mg/sq. mm to about 1000 mg/ sq. mm, and
preferably from about 0.1 mg/sq. mm to about 50 mg/ sq. mm of anagen
hair-inducing agent is typically applied to the skin's surface. Such
appropriate amounts of anagen hair-inducing agent may be delivered to a
30 desired area when the amount of the anagen hair-inducing agent is present
in the desired Medium in an amount, based upon the total weight of the
Medium, of from about 0.01 percent to about 20 percent, and preferably
from about 0.5 percent to about 5 percent.

5 The anagen hair-inducing agent is preferably applied topically to the
desired areas of the body at regular intervals, and more preferably from
about 1 to about 7 times per week. In one embodiment, the anagen hair-
inducing agent may be applied more frequently during the initial stages of
10 treatment, e.g. from about 4 to about 7 times per week until the desired
effect is achieved, then less frequently when maintenance is desired, e.g.
from about 1 to about 2 times per week. It is preferable to continue use of
the agent in order to maintain the resulting increase in amount of anagen
hair, that is to keep the hair growing for a longer period of time.

15 The anagen hair-inducing agent should remain on the desired area of
the human at least for about 15 seconds, preferably from about 15 seconds
to about 5 minutes, and more preferably from about 60 seconds to about 3
minutes.

20 Media containing the anagen hair-inducing agent may be prepared
by combining the anagen hair-inducing agent with the other components
commonly present in the Media under ambient conditions via any mixing
devices commonly used in the art. When ketoconazole is used as the
anagen hair-inducing agent, it is preferable to incorporate an antioxidant
component in the Media as set forth in U.S. Patent No. 5,456,851, which is
incorporated by reference herein. Butylated hydroxytoluene (BHT) and
25 butylated hydroxyanisole (BHA) are the antioxidants of choice. Details of
how to prepare a cream containing the anagen hair-inducing compound are
disclosed in U.S. Patent No. 4,942,162, which is incorporated by reference
herein, and details of how to prepare a shampoo containing the anagen
hair-inducing compound are disclosed in U.S. Patent No. 5,456,851.

30 In another aspect of the present invention, a hair shedding reductant
comprised of any agent capable of inhibiting the growth of *P. ovale* is
topically applied in an effective amount to an area of a human where a
decrease in the amount of hair shedding is desired. Preferred areas include

5 those which possess hair such as, for example, the scalp. Examples of
suitable hair shedding reductants include, but are not limited to, imidazoles,
triazoles, elubiol, zinc pyrithione (including zinc pyrithione in its
ultramicronized form), selenium sulfide, lithium-containing products such as
lithium salts including but not limited to lithium succinate, or mixtures
10 thereof.

Examples of suitable imidazoles include, but are not limited to those
set forth above. Ketoconazole and ultra-micronized zinc pyrithione are
preferred hair shedding reductant agents.

15 The amount of hair shedding reductant used in this embodiment shall
be an amount effective for decreasing the amount of shedding hair in a
desired area of the human. This amount, as well as the method for
preparing the Media containing the hair shedding reductant and the method
for using such Media are similar to those respective amounts and methods
provided above for the Media containing the anagen hair-inducing agent.

20 In another aspect of the present invention, a hair diameter increasing
agent comprised of imidazoles, triazoles, selenium sulfide, lithium-
containing products such as lithium salts including but not limited to lithium
succinate, or mixtures thereof (including mixtures with zinc pyrithione) is
topically applied in an effective amount to an area of a human where in an
25 increase in hair diameter is desired. Preferred areas include those which
possess hair such as, for example, the scalp.

Examples of suitable imidazoles include, but are not limited to those
set forth above. Ketoconazole is the preferred hair diameter increasing
agent. In embodiments wherein zinc pyrithione is used in combination with
30 a hair diameter increasing agent, the zinc pyrithione is present in an
amount, based upon the total weight of the solution comprised of the hair
diameter increasing agent, of from about 0.25 percent to about 2 percent.

5 The amount of hair diameter increasing agent used in this
embodiment shall be an amount effective for increasing the diameter of hair
shafts in a desired area of the human. This amount, as well as the method
for preparing the Media containing the hair diameter increasing agent and
the method for using such Media are similar to those respective amounts
10 and methods provided above for the Media containing the anagen hair-
inducing agent.

 In nearly all embodiments of the present invention, positive results
were apparent as early as about 2 weeks after the first use. However, after
using the anagen hair inducing agent for about 6 months in accordance with
15 the process of the present invention, we have unexpectedly found that the
number of anagen hairs in the treated area increased by a percentage of up
to about 40 percent. Further, we have also unexpectedly found that the
number of hairs shed in the treated area after 6 months of use of the hair
shedding reductant in accordance with the process of this invention
20 decreased by a percentage of up to about 20 percent.

 In addition, we have unexpectedly found that after using the hair
diameter increasing agent for about 6 months in accordance with the
process of the present invention, the diameter of the hair shafts in the
treated area increased by up to a percentage of about 50 percent. Similarly,
25 we have found that the oiliness of these treated areas also decreased by
about 9% during this period. In view of these results, we have discovered a
correlation between sebum excretion rate and hair diameter, i.e. that those
who experienced a greater than 20% increase in hair diameter also
experience about a 6% decrease in sebum excretion rate. Conversely,
30 those who did not use the hair diameter increasing agent and who
experienced about a 5% decrease in hair diameter also had about a 20%
increase in scalp oiliness. We believe that the use of products which are

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5 capable of reducing the oil of the treated area, e.g. scalp, will also enhance the thickness of hair when used on a regular basis.

The invention illustratively disclosed herein suitably may be practiced in the absence of any component, ingredient, or step which is not specifically disclosed herein. Several examples are set forth below to further illustrate the nature of the invention and the manner of carrying it out. However, the invention should not be considered as being limited to the details thereof.

EXAMPLES

The following shampoos were used in the Examples below:

15 Shampoo A: a 1% ketoconazole shampoo available from Neutrogena Corporation under the tradename, "Long Lasting Dandruff Shampoo."

Shampoo B: a 1% zinc pyrithione shampoo available from the Procter & Gamble Company under the tradename, "New Head & Shoulders."

20 The following test methods were performed in the Examples below:

1) Pilary Index (% μm): The pilary index was calculated as the product of the percent of anagen hair and the hair shaft diameter (μm).

For the baseline assessment, hair samples were identified on the vertex area then plucked out with a rubber-tipped tweezer. The removed hair sample was placed under a microscope in order to count the hair strands and to identify the hair cycle stage for each respective strand, i.e. anagen (growing), telogen (ending), or catagen (resting). From these resulting trichograms the proportion of hairs in the anagen phase was obtained.

30 A computerized image analysis of the same hair samples was performed using a MOP Videoplan analyzer manufactured by Kontron GmbH in order to measure the average diameter of the hair shafts in accordance with the directions provided therewith.

5 By using a 3-point midline and facial coordinate system with nose tip, ear and fontanelle coordinates, precise relocation of the sample site was achieved for measurements taken after the baseline assessment.

10 2) Hair shedding: The amount of hairs shed was evaluated by a semi-quantitative count of the hairs collected immediately after the last shampoo usage by the subject, which typically was about 24 hours before a subject visited the laboratory for evaluation. The hairs were collected in a small transparent envelope and then compared with a series of similar reference envelopes kept at the laboratory. Each reference envelope contained a multiple of 10 hairs. The number of hairs shed in the subject's envelope was matched to a reference standard.

15 3) Sebum excretion ($\mu\text{g}/\text{cm}^2/\text{hour}$): A sample site near the hairline was located using the above 3-point midline and facial coordinate system. One hour after cleaning the skin of the site with a 70% ethanol solution, the amount of sebum excreted at that area was measured by holding a probe of a computerized Model SM810 Courage sebumeter from Khazaka, GmbH to the site until an excretion value was provided on the sebumeter.

20 Using the above-mentioned 3-point system, precise relocation of the sample site was achieved for measurements taken after the baseline assessment.

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Example 1: Comparative Testing: Percent Hairs in Anagen Phase

30 Forty-four adult males who ranged in age from 18 to 65 years old, had mild to moderate dandruff, and had mild androgenic alopecia of the vertex, were assigned to shampoo 2 to 3 times per week with Shampoo A, and forty-three other males having the same characteristics were similarly assigned to shampoo with Shampoo B. Before beginning to shampoo with their assigned shampoo, the baseline pilary index value was calculated for

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5 each male. After 6 months of shampooing according to this regime, the pilary index value for each male was recalculated.

10 As evidenced in Table 1 below and in FIG. 1, both the ketoconazole-containing shampoo and the zinc pyrithione -containing shampoo beneficially improved the percent of anagen hairs by 8.3% and 10.3%, respectively.

TABLE 1: EFFECT OF KETOCONAZOLE AND ZINC PYRITHIONE
ON PERCENT HAIRS IN ANAGEN PHASE

CHANGE IN AMOUNT OF ANAGEN HAIRS (%)	KETOCONAZOLE N = 44	ZINC PYRITHIONE N = 43
> 20	3	8
10 to 19	13	11
0 to 9	20	14
-1 to -10*	8	8
-11 to -20*	0	2

15 * a negative value reflects a decrease in the amount of hairs in anagen phase

This Example shows that ketoconazole and zinc pyrithione are effective in increasing the number of anagen hairs, i.e. in keeping the hair growing for a longer period of time.

20 Example 2: Comparative Testing: Change in Hair Diameter

Example 1 was repeated but the baseline and 6 month values for hair diameter were measured.

As evidenced in Table 2 and in FIG. 2, the ketoconazole-containing shampoo beneficially increased the hair shaft diameter by about 11%,

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5 whereas the diameter was slightly decreased by about 3% in those subjects using the zinc pyrithione -containing shampoo.

TABLE 2: EFFECT OF KETOCONAZOLE AND ZINC PYRITHIONE
ON CHANGE IN HAIR DIAMETER

CHANGE IN HAIR DIAMETER (%)	KETOCONAZOLE N = 44	ZINC PYRITHIONE N = 43
> 20	6	2
10 to 19	10	2
0 to 9	19	6
-1 to -10 **	9	29
-11 to -20 **	0	4

** a negative value reflects a decrease in the hair diameter

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This Example shows that ketoconazole, as opposed to zinc pyrithione, is more effective in increasing the diameter of a hair shaft.

Example 3: Comparative Testing: Change in Sebum Excretion Rate

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Example 2 was repeated, except the baseline and 6 month sebum excretion rate was measured.

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As evidenced in FIG. 3A and FIG. 3B, the sebum excretion rate for those subjects using the ketoconazole-containing shampoo decreased over the 6 month period by about 6%, while the sebum excretion rate for those subjects using the zinc pyrithione-containing shampoo increased by about 7%. Since this correlation addressed two biological parameters in relation to each other, the correlation is apparent independent from the type of shampoo used as illustrated in Table 3 and Table 4 below, which shows that the greater the reduction in the amount of sebum excretion, the greater the change in hair diameter.

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TABLE 3: CHANGES IN HAIR DIAMETER IN RELATION TO SCALP OIL
CHANGE (CATEGORIES INDEPENDENT FROM TYPE OF SHAMPOO
USED)

CATEGORY: CHANGE IN SCALP OILINESS (%)	MEAN CHANGE IN HAIR DIAMETER (%)
> 10 DECREASE (Mean = 14.4)	+ 11
from 5 DECREASE TO 5 INCREASE (Mean = -.6)	3.7
> 10 INCREASE	-3.6 ***

*** a negative value reflects a decrease in hair diameter

**TABLE 4: CHANGES IN SCALP OILINESS IN RELATION TO HAIR
DIAMETER CHANGE
(CATEGORIES INDEPENDENT FROM TYPE OF SHAMPOO USED)**

CATEGORY: CHANGE IN HAIR DIAMETER (%)	MEAN CHANGE IN SCALP OIL (%)
> 20 INCREASE (Mean = 30.5)	- 6.25 ****
FROM 10 TO 19 INCREASE (Mean = 13.6)	-2.2 ****
FROM -4 TO 9 (Mean = .7)	.5
FROM 5 TO 10 DECREASE (Mean = -6.4)	5.4
> 10% DECREASE (Mean = -12)	.6

**** a negative value reflects a decrease in the amount of oil produced

This Example shows that ketoconazole is effective in both reducing the amount of sebum excretion while also increasing the diameter of hair shafts. By contrast, zinc pyrithione is comparatively less effective in reducing the amount of sebum excreted and further appears to contribute to a decrease in the diameter of hair shafts. Thus, the Example suggests a relationship between reducing the production of sebum in order to increase hair diameter.

Example 4: Comparative Testing: Hair Shedding

Fifty males who ranged in age from 26 to 56 years old, had mild to moderate dandruff, and had mild androgenic alopecia of the vertex were

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5 assigned to shampoo 2 to 3 times per week with Shampoo A, and fifty other males having the same characteristics were similarly assigned to shampoo with Shampoo B.

10 Before beginning to shampoo with their assigned shampoo, the baseline shedding value was calculated for each male. At baseline, about 1/3 of the subjects in both groups had low hair loss, i.e. about 20 to about 30 shafts, 1/3 of the subjects had moderate hair loss, i.e. about 30 to about 40 shafts, and 1/3 of the subjects had high hair loss, i.e. more than about 40 shafts.

15 After 1, 3, and 6 months of shampooing according to this regime, the shedding value for each male was recalculated. As illustrated in FIG. 4, the subjects who used the ketoconazole shampoo exhibited a significant reduction in hair loss in after only one month of treatment, and a highly significant reduction after three and six months of treatment. At six months of treatment, both groups exhibited significant reductions from base line levels of hair loss.

20 As further illustrated in Table 5 below, we found that the change in hair loss at six months was related to the baseline hair loss measurement:

Table 5

Six Month Change in Hair Loss

Degree of Hair Loss of Subjects (Baseline)	Reduction in Hair Loss from Baseline by Subjects Using Ketoconazole Shampoo A (%)	Reduction in Hair Loss from Baseline by Subjects Using Zinc Pyrithione Shampoo B (%)
Low	1	-2
Moderate	9	6
High	17	9

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5 At baseline, the degree of hair loss in the two groups was nearly
identical. However, Table 5 shows that as the degree of baseline hair loss
was increased, the difference in the reduction of hair loss at six months
became more pronounced. Moreover, of those participants who dropped
out of the study, 4 of the 6 dropouts in the group using Shampoo A had high
10 baseline levels of hair loss, while 5 of the 7 dropouts in the group using
Shampoo B had low baseline levels of hair loss. Therefore, the group using
Shampoo A lost subjects expected to have a superior result, while the group
using Shampoo B lost subjects who were expected to have a relatively low
improvement in hair loss reduction.

15 Although this Example shows that ketoconazole and zinc pyrithione
are both effective in hair loss reduction, it is apparent that ketoconazole is
the preferred agent for hair loss reduction. This Example also shows that
the improvement in hair loss reduction occurs relatively soon after using
ketoconazole. Further, this Example shows that the reduction in hair loss is
20 more dramatic in those subjects exhibiting a relatively excessive hair loss
before treatment.

 While preferred embodiments have been described in the foregoing
detailed description, it will be recognized that there is no intent to limit the
invention by such disclosure, but rather it is intended to cover all
25 modifications and variations falling within the spirit and scope of the
invention as defined in the appended claims.

5 WHAT IS CLAIMED IS:

1. A method of increasing the amount of anagen hair in a human comprised of topically applying an effective amount of an agent which inhibits the growth of *P. ovale* or mixture thereof to an area of the human wherein an increase in the amount of anagen hair is desired.

10 2. The method of claim 1 wherein the agent is comprised of an imidazole, a triazole, zinc pyrithione, selenium sulfide, a lithium-containing product, or mixtures thereof.

15 3. The method of claim 1 wherein the imidazole is ketoconazole; dichlorophenyl imidazolodioxalan; clotrimazole; itraconazole; miconazole; climbazole; tioconazole; sulconazole; butoconazole; fluconazole; or any possible stereo isomers thereof and mixtures thereof.

4. The method of claim 1 wherein the agent is ketoconazole, zinc pyrithione, or mixtures thereof.

20 5. The method of claim 1 wherein the anagen hair inducing agent is topically applied in an amount of from about 0.001 mg/sq. mm to about 1000 mg/ sq. mm to the area.

6. The method of claim 1 wherein the anagen hair inducing agent is applied in a water-based medium or an oil-based medium.

7. The method of claim 6 wherein the medium is water-based.

25 8. The method of claim 6 wherein the medium contains, based upon the total weight of the medium, from about 0.01 percent to about 20 percent anagen hair inducing agent.

30 9. The method of claim 6 wherein the medium contains, based upon the total weight of the medium, from about 0.5 percent to about 5 percent anagen hair inducing agent.

10. The method of claim 6 wherein the medium is a cream.

11. The method of claim 5 wherein the medium is a shampoo.

5 12. The method of claim 1 wherein the anagen hair inducing agent is applied from about 1 to about 7 times per week.

10 13. A method of reducing the shedding of hair in a human comprised of topically applying an effective amount of an agent which inhibits the growth of *P. ovale* or mixture thereof to an area of the human wherein a decrease in the amount of shedding is desired.

 14. The method of claim 13 wherein the agent is comprised of an imidazole, a triazole, zinc pyrithione, selenium sulfide, a lithium-containing product, or mixtures thereof.

15 15. The method of claim 13 wherein the imidazole is ketoconazole; dichlorophenyl imidazolodioxalan; clotrimazole; itraconazole; miconazole; climbazole; tioconazole; sulconazole; butoconazole; fluconazole; or any possible stereo isomers thereof and mixtures thereof.

 16. The method of claim 13 wherein the agent is ketoconazole, zinc pyrithione, or mixtures thereof.

20 17. The method of claim 13 wherein the hair shedding reductant is topically applied in an amount of from about 0.001 mg/sq. mm to about 1000 mg/ sq. mm to the area.

 18. The method of claim 13 wherein the hair shedding reductant is applied in a water-based medium or an oil-based medium.

25 19. The method of claim 18 wherein the medium is a water-based medium.

 20. The method of claim 18 wherein the medium contains, based upon the total weight of the medium, from about 0.01 percent to about 20 percent hair shedding reductant.

30 21. The method of claim 20 wherein the medium contains, based upon the total weight of the medium, from about 0.5 percent to about 5 percent hair shedding reductant.

 22. The method of claim 18 wherein the medium is a cream.

20

5 23. The method of claim 18 wherein the medium is a shampoo.

 24. The method of claim 13 wherein the hair shedding reductant is applied from about 1 to about 7 times per week.

 25. A method of increasing the diameter of a hair shaft in a human comprised of topically applying an effective amount of a hair diameter
10 increasing agent comprised of an imidazole, a triazole, selenium sulfide, lithium-containing product or mixtures thereof to an area of the human wherein a decrease in the amount of shedding is desired

 26. The method of claim 25 wherein the imidazole is ketoconazole, elubiol, or mixtures thereof.

15 27. The method of claim 25 wherein the hair diameter increasing agent is topically applied in an amount of from about 0.001 mg/sq. mm to about 1000 mg/ sq. mm to the area.

 28. The method of claim 25 wherein the hair diameter increasing agent is applied in a water-based medium or an oil-based medium.

20 29. The method of claim 28 wherein the medium is a water-based medium.

 30. The method of claim 28 wherein the medium contains, based upon the total weight of the medium, from about 0.01 percent to about 20 percent hair diameter increasing agent.

25 31. The method of claim 28 wherein the medium contains, based upon the total weight of the medium, from about 0.5 percent to about 5 percent hair diameter increasing agent.

 32. The method of claim 28 wherein the medium is a cream.

 33. The method of claim 29 wherein the medium is a shampoo.

30 34. The method of claim 25 wherein the hair diameter increasing agent is applied from about 1 to about 7 times per week.

 35. The method of claim 25 wherein said hair diameter increasing agent is combined with zinc pyrithione.

5 36. A method for increasing the thickness of hair in humans
comprising topically applying an oil reducing agent to a desired area.

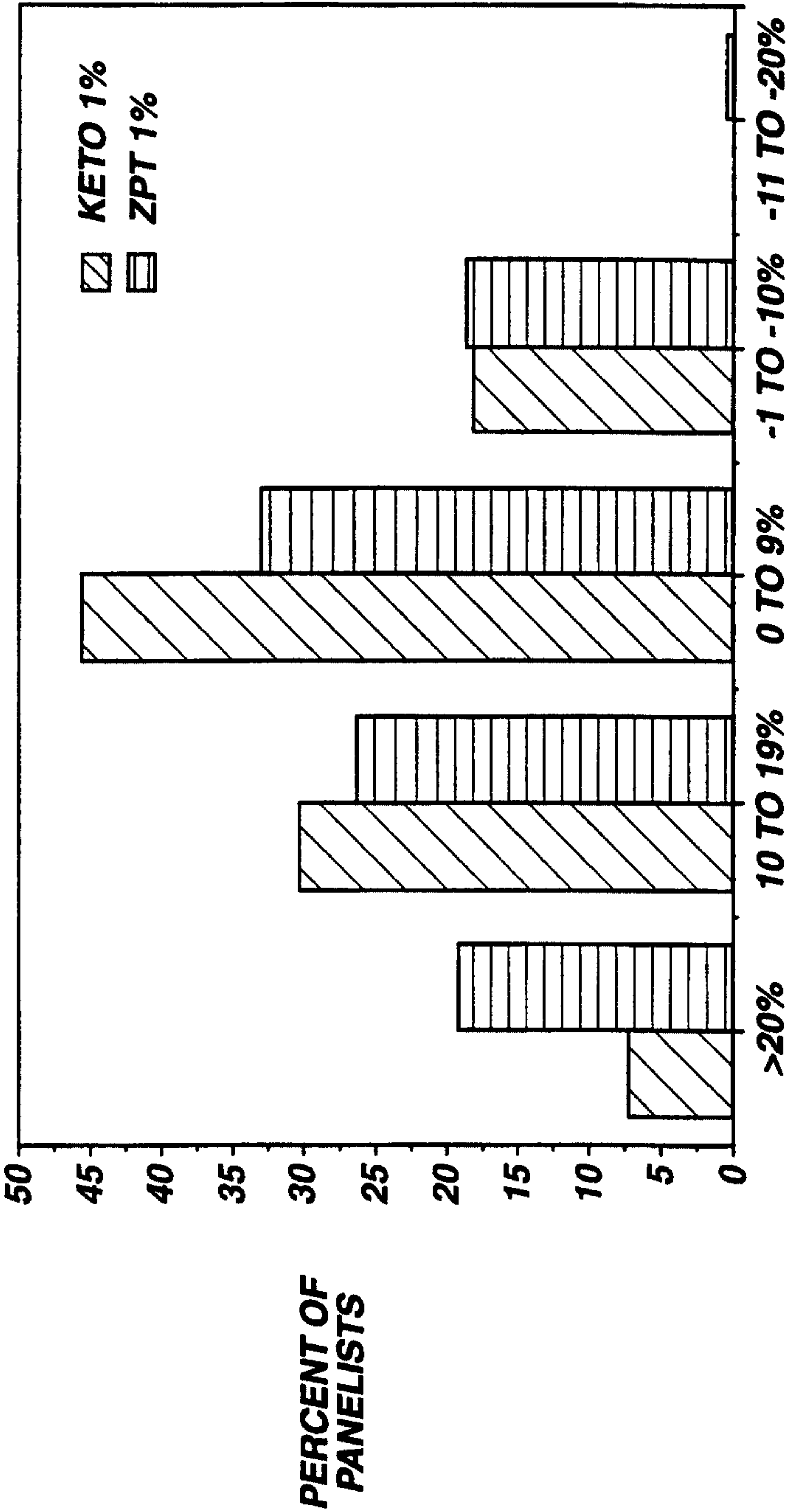
37. The method of claim 36 wherein the agent is applied in an oil-
based or a water-based medium.

10 38. The method of claim 37 wherein the medium is in the form of a
shampoo.

39. The method of claim 37 wherein the medium is in the form of a
cream.

15 40. A method for increasing the period of time during which hair
grows in a human comprised of topically applying an effective amount of an
agent which inhibits the growth of *P. ovale* or mixture thereof to a desired
area of the human.

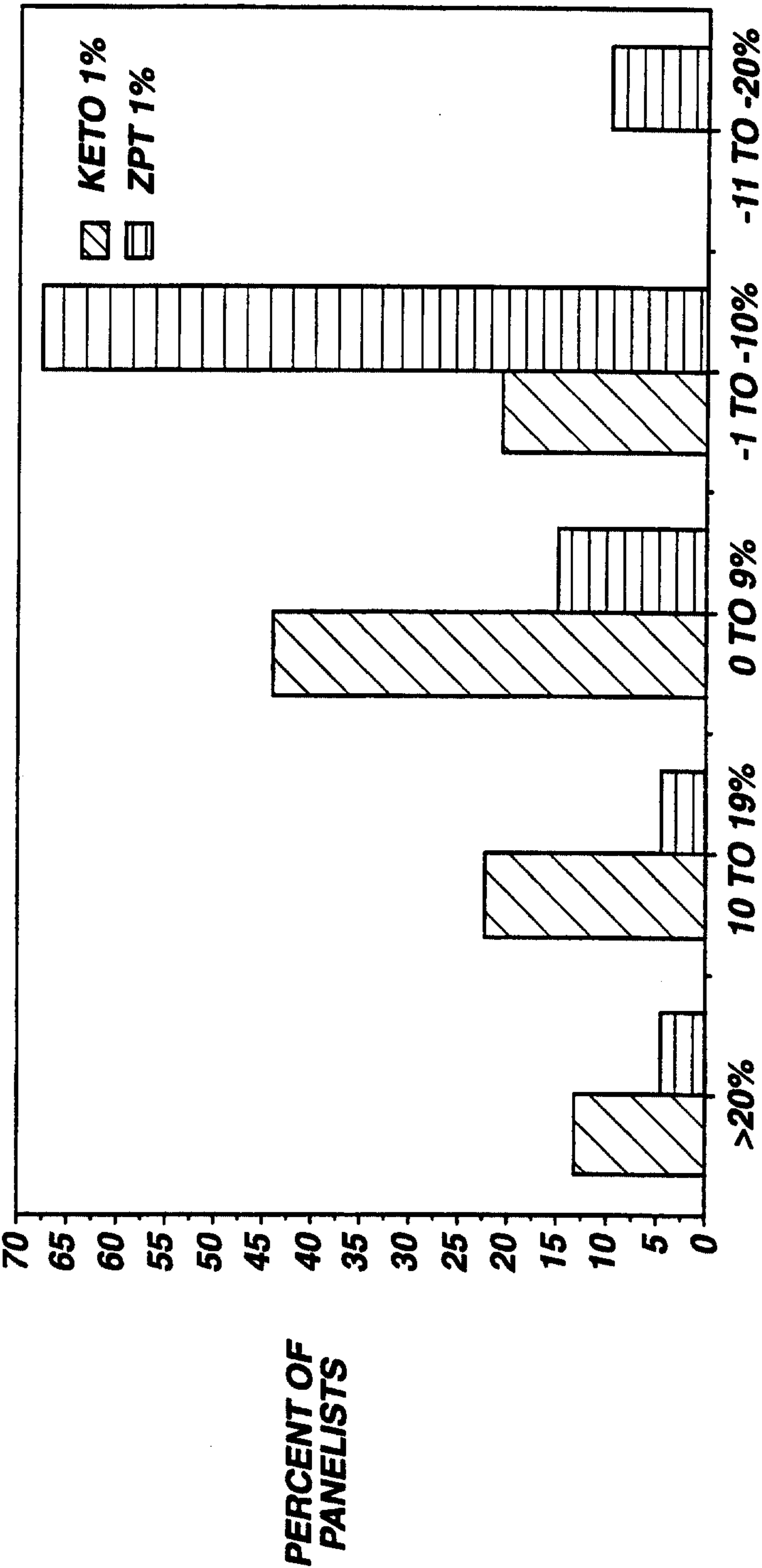
FIG. 1 KETOCONAZOLE 1% VS ZINC PYRITHIONE 1%
CHANGE IN PERCENT ANAGEN HAIR IN 6 MONTH PERIOD



% CHANGE CATEGORIES

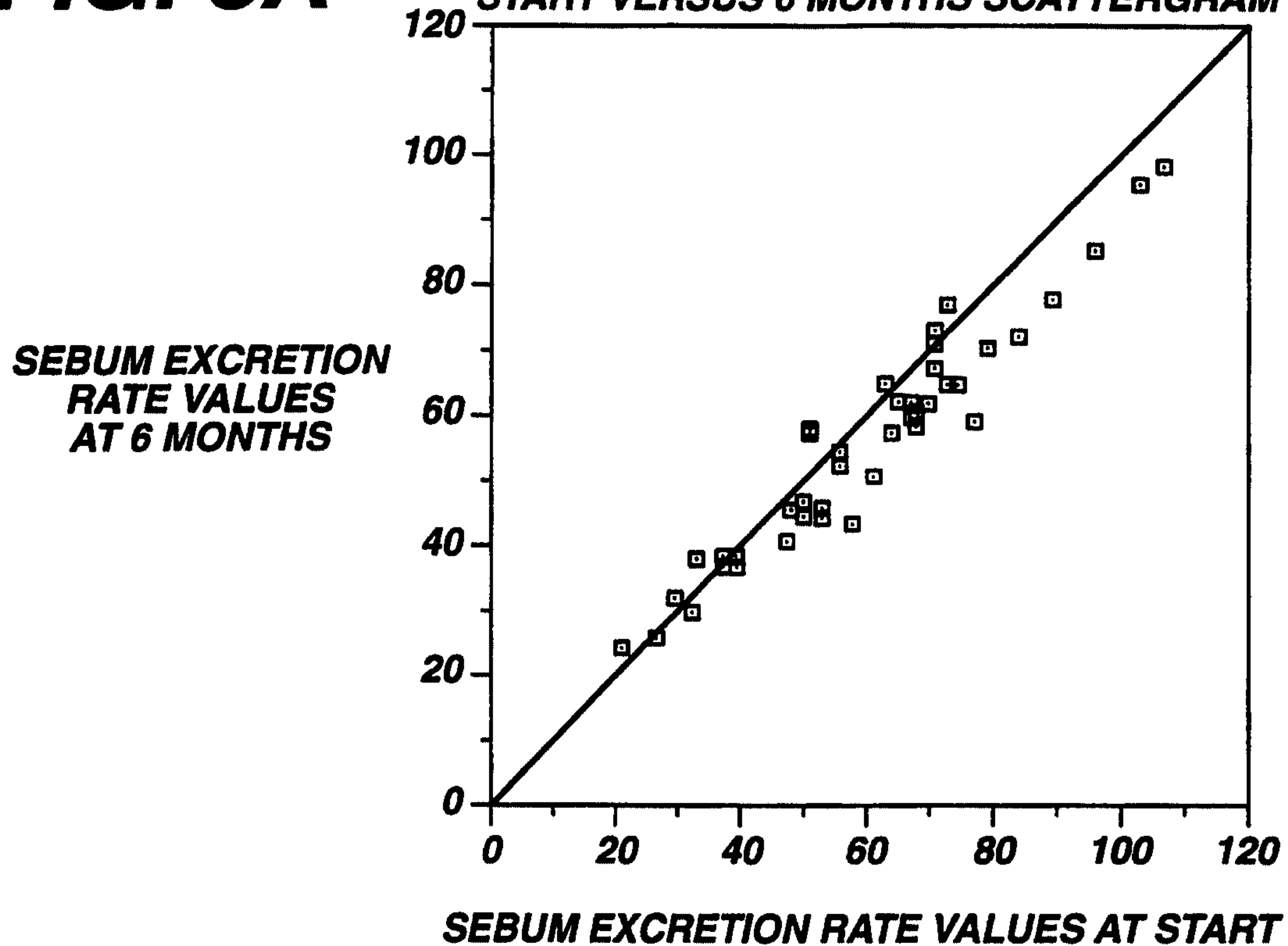
(mean K = 8.3% & mean ZPT = 10.3% N.S.)

FIG. 2 KETOCONAZOLE 1% VS ZINC PYRITHIONE 1%
PERCENT CHANGE HAIR DIAMETER IN 6 MONTHS PERIOD



(mean K = 10.5% & mean ZPT = -3% p<0.01)

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FIG. 3A**KETOCONAZOLE GROUP-SEBUM EXCRETION RATES
START VERSUS 6 MONTHS SCATTERGRAM****FIG. 3B****ZINC PYRITHIONE GROUP-SEBUM EXCRETION RATES
START VERSUS 6 MONTHS SCATTERGRAM**