A Trigger Strengthening Device that is made of a plastic, rubber or metal handle with a metal coil spring device molded into the pistol grip handle of the device so the user can exercise and strengthen the trigger finger while holding the device in a pistol grip fashion. This will isolate the exercise to the trigger finger alone, while keeping the rest of the hand gripped firmly on the pistol grip/handle of the device. The spring device of the invention will have a plastic or rubber slip-on or molded-on pad for the trigger finger to be placed on for the process of the exercise. The handle of the device may be solid or hollow.
TRIGGER FINGER STRENGTHENING DEVICE

BACKGROUND OF THE INVENTION

1. Field of the Invention

The present invention relates to a device designed to exercise the trigger finger of a pistol or rifle shooter. More specifically, the present invention relates to a trigger finger strengthening device that not only strengthens the trigger finger but keeps the rest of the hand isolated in a comfortable firm grip on the pistol grip/handle of the device.

2. Prior Art

Trigger finger strength is directly related to trigger control and trigger control is an important factor in pistol and rifle shooting for both novice and expert alike. In the past shooters were limited to hand strengthening devices that exercise the entire hand, which when repeating this action when shooting, causes the shooter to grip and release the entire pistol. This results in a milking action, which causes the entire pistol or rifle to move slightly when shooting, resulting in poor accuracy. No device is known to exercise the trigger finger alone while keeping the rest of the hand in a firm pistol grip on a simulated pistol grip handle.

SUMMARY OF THE INVENTION

The principal object of the present invention is to provide a pistol and rifle shooters with a trigger finger strengthening device that will strengthen the trigger finger alone and keep the rest of the shooting hand in a proper and comfortable pistol grip on the handle of the device.

It is also an object of the present invention to provide such a device which is simple, inexpensive and of long lasting construction.

Another object of the invention is to provide such a device that requires little or no maintenance, possibly a drip of oil on the spring coil occasionally.

The foregoing objects can be accomplished by providing a pistol shaped hand grip with a fixed molded in coil or leaf spring for the trigger finger to be placed on for the purpose of strengthening and exercising the trigger finger alone while keeping the rest of the hand isolated in the firm grip on the pistol grip/handle of the device. This action is consistent with the actual shooting of a rifle or pistol.

As all shooters know, trigger finger strength means and relates to trigger control and trigger control directly relates to better accuracy when shooting.

BRIEF DESCRIPTION OF DRAWINGS AND PICTURES

FIG. 1 A Drawing of the device in action with the shooter placing trigger finger (4) on the Trigger Pad (3) of the Spring (1) Connected to the Pistol Grip Handle (2) of the Device ready to begin the pressing exercise action.

FIG. 2 A Cutaway drawing of the entire device showing spring (1) inserted and secured in the Possibly Hol...