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(54) **Title:** COMPOSITION COMPRISING A SEROTONIN RECEPTOR AGONIST AND A DIKETOPIPERAZINE FOR TREATING MIGRAINES

(57) **Abstract:** A method for treating migraines is disclosed. The method utilizes a rapid drug delivery system which prevents de-activation or degradation of the active agent, including small molecules and peptides being administered to a patient in need of treatment. In particular, the drug delivery system is designed for inhalation for delivery of drugs to the pulmonary circulation in a rapid and therapeutically effective manner.

COMPOSITION COMPRISING A SEROTONIN RECEPTOR AGONIST AND A DIKETOPIPERAZINE FOR TREATING MIGRAINES

### **CROSS-REFERENCE TO RELATED APPLICATIONS**

**[0001]** This application claims the benefit of United States Provisional Application No. 61/412,339, filed November 10, 2010, which is incorporated by reference herein in its entirety.

**[0002]** This application is also a continuation-in-part of United States Patent Application No. 12/258,341, filed on October 28, 2008, which claims the benefit of United States Provisional Application numbers 60/982,368 filed October 24, 2007; 60/985,620 filed November 5, 2007; 61/033,740 filed March 4, 2008; 61/052,127 filed May 9, 2008; 61/022,274 filed January 18, 2008; and 61/094,823 filed September 5, 2008. The entire contents of each of these applications are incorporated by reference herein.

**[0003]** This application is also a continuation-in-part of PCT/US11/41303, filed on June 21, 2011, which claims the benefit of U.S. provisional patent application number 61/411,775, filed on November 9, 2010 and U.S. Provisional Patent Application 61/357,039, filed June 21, 2010. The entire contents of each of these applications are incorporated by reference herein.

### **TECHNICAL FIELD**

**[0004]** Methods and compositions for treating migraine are disclosed. The methods comprise administering a pharmaceutical formulation comprising a small molecule, including triptans such as sumatriptan to a patient in need of treatment using a drug delivery system for pulmonary inhalation. In particular, drug delivery system comprising a breath powered dry powder inhaler for oral inhalation are described.

### **BACKGROUND**

**[0005]** Drug delivery systems for the treatment of disease which introduce active ingredients into the circulation for the treatment of disease are numerous and include oral, transdermal, subcutaneous and intravenous administration. While these systems have been used for quite a long time and can deliver sufficient medication for the treatment of many diseases, there are numerous challenges associated with these drug delivery mechanisms. In particular, delivery of effective amounts of proteins and peptides to treat a target disease has been problematic. Many factors are involved in introducing the right amount of the active agent, for example, preparation of the proper

drug delivery formulation so that the formulation contains an amount of active agent that can reach its site(s) of action in an effective amount.

**[0006]** The active agent should be stable in the drug delivery formulation and the formulation should allow for absorption of the active agent into the circulation and remain active so that it can reach the target site(s) of action at effective therapeutic levels while minimizing the amount of dose to be administered. Thus, in the pharmacological arts, drug delivery systems which can deliver a stable active agent are useful.

### **SUMMARY**

**[0007]** Method of introducing an active agent such as a serotonin receptor modulator, including serotonin receptor agonists or serotonin receptor antagonists, into the circulatory system of a mammal are disclosed herein. The methods comprise a drug delivery system which prevents deactivation or degradation of the active agent being administered to a patient in need of treatment. In particular, the drug delivery system is designed for pulmonary drug delivery such as by inhalation, for delivery of active agents to the pulmonary circulation in a therapeutically effective manner. In one embodiment, the drug delivery system has advantages over other methods of drug delivery, for example, oral, subcutaneous and intravenous administration of drug products that are sensitive to enzymatic deactivation, or prevents other small molecules from degradation in the local peripheral and vascular tissue prior to reaching the target site.

**[0008]** In one embodiment disclosed herein, a method for providing an active agent to a patient in need thereof is disclosed comprising selecting an active agent subject to degradation in the patient wherein effectiveness of the active agent is reduced by the degradation; associating the active agent with a diketopiperazine to produce a pharmaceutical composition suitable for pulmonary inhalation; and providing the pharmaceutical composition to the patient so that the active agent reaches the target site with substantially no degradation or deactivation in therapeutically effective amounts at lower doses than standard dosing with other routes of administration.

**[0009]** Also disclosed herein is a method of treating a disease or condition comprising selecting a patient being treated with or a patient with a condition treatable by a labile active agent; providing a composition comprising the labile active agent in

association with a diketopiperazine; and administering the composition to the patient via pulmonary inhalation; thereby treating the disease or condition.

**[0010]** In another embodiment, a drug delivery system avoids degradation of the active agent from first pass metabolism, wherein the active agent is administered into the arterial circulation in the lungs and is delivered to the target organ in therapeutically effective levels, by avoiding degradation that occurs in venous blood circulation, in peripheral tissue, in the gastrointestinal system or in the liver. In this embodiment, active agents can be delivered at lower concentrations than is required through other routes of administration. In a particular embodiment, the active agent is a small molecule including, molecules that bind to serotonin receptors and are serotonin receptor agonists. In one embodiment, the molecules induce vasoconstriction of blood vessels in the brain, relieve swelling and headaches. In one embodiment, the compositions are used for the treatment of moderate to severe headaches that interfere with a subject's performance of daily tasks, and showing symptoms of nausea, vomiting and sensitivity to light and noise.

**[0011]** In another embodiment, the diketopiperazine is 2,5-diketo-3,6-di(4-X-aminobutyl)piperazine; wherein X is selected from the group consisting of succinyl, glutaryl, maleyl, and fumaryl; or a pharmaceutically acceptable salt thereof. In another embodiment, the pharmaceutical composition is an inhalable dry powder formulation. In yet another embodiment, the inhalable dry powder formulation further comprises a pharmaceutically acceptable carrier or excipient.

**[0012]** In one embodiment, the inhalable dry powder formulation is provided to the patient by pulmonary inhalation using a dry powder inhalation system. In another embodiment, the system comprises a dry powder inhaler with or without a container and a dry powder formulation.

**[0013]** In an exemplary embodiment, a method is provided for treating a migraine headache, which method comprises administering to a patient in need of treatment a dry powder composition by oral inhalation; wherein the dry powder composition comprises an active agent for treating migraines, including, a triptan such as sumatriptan, almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, zolmitriptan and pharmaceutically acceptable salts thereof, and a substituted diketopiperazine such as fumaryl diketopiperazine, or a salt of the diketopiperazine such as disodium fumaryl diketopiperazine. The dry powder composition can be administered to the patient at the

time of onset of the migraine headache as needed by the patient or as determined and instructed by the physician. In one embodiment, the dose of the triptan can reduce or avoid unwanted side effects associated with injectable or tablet drug therapy, including, flushing, sweating, vertigo, fatigue, tingling, drowsiness, dizziness, dry mouth, heartburn, abdominal pain, abdominal cramps, weakness, feeling of warmth or coldness, bitter taste from tablets and nasal sprays, and local burning from injection site by providing a reduced amount of triptan required with other modes of administration.

**[0014]** In a particular embodiment, a method of treating symptoms associated with migraine comprises administering to a subject in need of said treatment a therapeutically effective amount of a dry powder pharmaceutical composition by inhalation comprising a triptan, including, sumatriptan, almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, zolmitriptan and pharmaceutically acceptable salts thereof, and a substituted diketopiperazine in a composition comprising bis[3,6-(N-fumaryl-4-aminobutyl)]-2,5-diketopiperazine or bis[3,6-(N-fumaryl-4-aminobutyl)]-2,5-diketopiperazine disodium salt. In certain embodiments, the pharmaceutical composition can comprise a dry powder comprising a pharmaceutically acceptable carrier or other inactive agents. In some embodiments, the amount of triptans in the dry powder composition, for example, sumatriptan succinate can vary depending on the subject's requirements, for example, the triptan can be in amounts 1 mg or greater. In example embodiments, the amount of sumatriptan or a salt thereof, including, sumatriptan succinate in a powder for pulmonary inhalation can be administered in a range of from about 1 mg to about 50 mg. In another embodiment, the triptan is a salt of rizatriptan, including, but not limited to benzoate. In other embodiments, the triptan salts can be, for example, almotriptan malate, frovatriptan succinate, eletriptan hydrobromide, and naratriptan hydrochloride. In certain embodiments, the dry powder composition can optionally comprise an amino acid such as an aliphatic amino acid, for example, alanine, glycine, leucine, isoleucine, norleucine at amounts ranging from about 0.5% to about 30% by weight. In one particular embodiment, the dry powder composition comprises the amino acid L-leucine. In some embodiments, a pharmaceutical composition may comprise microparticles, wherein a microparticle may comprise 1) a diketopiperazine, and at least one of: a serotonin receptor agonist, such as a triptan, and an aliphatic amino acid. A triptan, and/or an aliphatic amino acid may be incorporated into, adhered to, complexed with, or coated onto a diketopiperazine microparticle. In some embodiments, a diketopiperazine microparticle may be coated

with at least one of a serotonin receptor agonist, such as a triptan, and an aliphatic amino acid.

**[0015]** In alternative embodiments, the method of treating a migraine headache can comprise a combination therapy administering a dry powder composition comprising a triptan by oral inhalation, and optionally, administering a second medication or drug, for example, selective serotonin reuptake inhibitor such as fluoxetine and duloxetine, which can be given by other routes of administration such as oral tablets or injections. In one embodiment, the combination therapy can comprise a dry powder composition comprising the triptan and one or more additional drug(s) that can be administered by inhalation.

**[0016]** In another embodiment of the disclosed method, the step of administering the composition to the patient comprises pulmonary administration of the dry powder composition by inhalation using a breath powered, dry powder inhaler with or without a container, wherein the container can be a cartridge, such as a unit dosing cartridge for a reusable inhaler, or a single use inhaler. In this and other embodiments, the dry powder inhaler system comprises a high resistance dry powder inhaler having air flow resistance values through its conduits in use of about 0.0065 to about 0.200  $\sqrt{(\text{kPa})/\text{L}}$  per minute, wherein the dry powder inhaler in use has an air flow distribution of from about 10% to about 30% through the container, which generates peak inhalation pressure differentials of about 2 kPa to about 20 kPa, and peak flow rates of between 7 L to about 70 L per minute.

#### **BRIEF DESCRIPTION OF THE DRAWINGS**

**[0017]** FIG. 1 depicts an HPLC chromatogram of a solution containing sumatriptan- $\text{Na}_2\text{FDKP}$  spray-dried powders.

**[0018]** FIG. 2 A and B are scanning electron micrographs of three powders made by the present method comprising sumatriptan- $\text{Na}_2\text{FDKP}$ . Panels A and B represent powder particles without L-leucine. The powder particles with 10% leucine (Panel C and D) and the powder particles made with 20% leucine (Panel E and F).

**[0019]** FIG 3 depicts a graph of dose-normalized sumatriptan concentrations in blood samples following administration of sumatriptan- $\text{Na}_2\text{FDKP}$  by insufflation compared to sumatriptan administered by SC injection and sumatriptan nasal spray by instillation for a period of 4 hrs after administration.

**[0020]** FIG. 4 depicts a graph showing the mean sumatriptan levels in blood in dogs following sumatriptan administered as a nasal spray, sumatriptan administered intravenously and sumatriptan- $\text{Na}_2\text{FDKP}$  by insufflation compared to control dogs exposed to air insufflation.

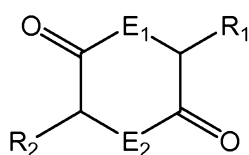
**[0021]** FIG. 5 depicts a graph of pharmacodynamic data showing the effects of intravenously administered sumatriptan compared to Imitrex® administered by nasal instillation and sumatriptan- $\text{Na}_2\text{FDKP}$  by insufflation on blood vessel diameter.

#### **DEFINITION OF TERMS**

**[0022]** Prior to setting forth the invention, it may be helpful to provide an understanding of certain terms that will be used hereinafter:

**[0023]** Active Agents: As used herein "active agent" includes drugs, pharmaceutical substances and bioactive agents. Active agents can be small molecules, which are typically less than about 1,000 in molecular weight, do not necessarily have repeated units. Active agents can also be organic macromolecules including nucleic acids, synthetic organic compounds, polypeptides, peptides, proteins, polysaccharides and other sugars, and lipids. Peptides, proteins, and polypeptides are all chains of amino acids linked by peptide bonds. Peptides are generally considered to be less than 40 amino acid residues, but may include more. Proteins are polymers that typically contain more than 40 amino acid residues. The term polypeptide as is known in the art and as used herein, can refer to a peptide, a protein, or any other chain of amino acids of any length containing multiple peptide bonds, though generally containing at least 10 amino acids. The active agents can fall under a variety of biological activity classes, such as vasoactive agents, neuroactive agents, hormones, anticoagulants, immunomodulating agents, cytotoxic agents, antibiotics, antiviral agents, antigens, and antibodies. More particularly, active agents may include, in a non-limiting manner, insulin and analogs thereof, growth hormone, parathyroid hormone (PTH), ghrelin, granulocyte macrophage colony stimulating factor (GM-CSF), glucagon-like peptide 1 (GLP-1), and analogs of such peptides, alkynes, cyclosporins, clopidogrel and PPACK (D-phenylalanyl-L-prolyl-L-arginine chloromethyl ketone), antibodies and fragments thereof, including, but not limited to, humanized or chimeric antibodies; F(ab), F(ab)<sub>2</sub>, or single-chain antibody alone or fused to other polypeptides; therapeutic or diagnostic monoclonal antibodies to cancer antigens, cytokines, infectious agents, inflammatory mediators, hormones, and cell surface antigens.

**[0024]** Diketopiperazine: As used herein, "diketopiperazine" or "DKP" includes diketopiperazines, derivatives, analogs and modifications thereof, in both the salt and non-salt form of any of the foregoing, falling within the scope of the general Formula 1, wherein the ring atoms E<sub>1</sub> and E<sub>2</sub> at positions 1 and 4 are either O or N and at least one of the side-chains R<sub>1</sub> and R<sub>2</sub> located at positions 3 and 6 respectively contains a carboxylic acid (carboxylate) group. Compounds according to Formula 1 include, without limitation, diketopiperazines, diketomorpholines and diketodioxanes and their substitution analogs.



Formula 1

**[0025]** Diketopiperazines, in addition to making aerodynamically suitable microparticles, can also facilitate the delivery of active agents by rapidly dissolving at physiologic pH thereby releasing the active agent and speeding its absorption into the circulation. Diketopiperazines can be formed into particles that incorporate a drug or particles onto which a drug can be adsorbed. The combination of a drug and a diketopiperazine can impart improved drug stability. These particles can be administered by various routes of administration. As dry powders these particles can be delivered by inhalation to specific areas of the respiratory system, depending on particle size. Additionally, the particles can be made small enough for incorporation into an intravenous suspension dosage form. Oral delivery is also possible with the particles incorporated into a suspension, tablets or capsules.

**[0026]** In one embodiment, the diketopiperazine is 3,6-di(fumaryl-4-aminobutyl)-2,5-diketopiperazine (fumaryl diketopiperazine, FDKP). The FDKP can comprise microparticles in its acid form or salt forms which can be aerosolized or administered in a suspension.

**[0027]** In another embodiment, the DKP is a derivative of 3,6-di(4-aminobutyl)-2,5-diketopiperazine, which can be formed by (thermal) condensation of the amino acid lysine. Exemplary derivatives include 3,6-di(succinyl-4-aminobutyl)-, 3,6-di(maleyl-4-aminobutyl)-, 3,6-di(glutaryl-4-aminobutyl)-, 3,6-di(malonyl-4-aminobutyl)-, 3,6-di(oxalyl-4-aminobutyl)-, and 3,6-di(fumaryl-4-aminobutyl)-2,5-diketopiperazine. U.S. Patent

Nos. 5, 352,461, 5,503,852, 6,071,497, and 6,331,318, each of which is incorporated herein by reference for all that it teaches regarding diketopiperazines and diketopiperazine-mediated drug delivery, also describe examples of DKPs that may be used. The use of DKP salts is described in U.S. Patent No. 7,820,676, which is hereby incorporated by reference for all it teaches regarding diketopiperazine salts. Pulmonary drug delivery using DKP microparticles is disclosed in U.S. Patent No. 6,428,771, which is hereby incorporated by reference in its entirety. Further details related to adsorption of active agents onto crystalline DKP particles can be found in U.S. Patent Nos. 7,799,344 and 7,803,404, which are hereby incorporated by reference in their entirety.

**[0028]** Drug delivery system: As used herein, "drug delivery system" refers to a system for delivering one or more active agents.

**[0029]** Dry powder: As used herein, "dry powder" refers to a fine particulate composition that is not suspended or dissolved in a propellant, carrier, or other liquid. It is not meant to necessarily imply a complete absence of all water molecules.

**[0030]** Percent respirable fraction per fill (%RF/Fill): As used herein "%RF/Fill" refers to the amount of powder particles emitted from an inhaler, or drug delivery system, which particles are in the respirable range and can be smaller than 5.8  $\mu\text{m}$ , normalized by the total amount of powder filled into inhaler or drug delivery system. In some embodiments, the inhaler comprises a cartridge for containing the dry powder.

**[0031]** Microparticles: As used herein, the term "microparticles" includes particles of generally 0.5 to 100 microns in diameter and particularly those less than 10 microns in diameter. Various embodiments will entail more specific size ranges. The microparticles can be assemblages of crystalline plates with irregular surfaces and internal voids as is typical of those made by pH controlled precipitation of the DKP acids. In such embodiments the active agents can be entrapped by the precipitation process or coated onto the crystalline surfaces of the microparticle. The microparticles can also be spherical shells or collapsed spherical shells comprising DKP salts with the active agent dispersed throughout. Typically such particles can be obtained by spray drying a co-solution of the DKP and the active agent. The DKP salt in such particles can be amorphous. The foregoing descriptions should be understood as exemplary. Other forms of microparticles are contemplated and encompassed by the term.

**[0032]** Peripheral tissue: As used herein, "peripheral tissue" refers to any connective or interstitial tissue that is associated with an organ or vessel.

**[0033]** Potentiation: Generally, potentiation refers to a condition or action that increases the effectiveness or activity of some agent over the level that the agent would otherwise attain. Similarly it may refer directly to the increased effect or activity. Pulmonary inhalation: As used herein, "pulmonary inhalation" is used to refer to administration of pharmaceutical preparations by inhalation so that they reach the lungs and in particular embodiments the alveolar regions of the lung. Typically inhalation is through the mouth, but in alternative embodiments it can entail inhalation through the nose.

#### **DETAILED DESCRIPTION**

**[0034]** There is disclosed methods for the treatment of a disease or disorder utilizing a drug delivery system that can effectively deliver an active agent to the pulmonary circulation so that the active agent enters the pulmonary circulation and can be delivered in a therapeutic amount to the site(s) of action. The methods of treatment of disease or disorders comprise administering to a patient a formulation which can deliver the active agent directly or indirectly into the pulmonary circulation, and thereby to the arterial circulation, and can avoid degradation of the active agent by enzymes or other mechanisms in the local peripheral and/or vasculature tissues of the lungs. In one embodiment, the method comprises the effective therapeutic delivery of active agents using a drug delivery system which allows for very rapid lung absorption of the active agent into the circulation and increases its effective bioavailability. In this embodiment, lower dosages of an active agent can be delivered by this method of administration. In similar embodiments effective doses can be achieved where they were not feasible by other modes of administration.

**[0035]** In embodiments herein, there is disclosed a method for the treatment of disease. The inventors have identified the need to deliver drugs directly to the systemic circulation, in particular, the arterial circulation in a noninvasive fashion so that the drug reaches the target organ(s) prior to returning through the venous system. This approach may paradoxically result in a higher peak target organ exposure to active agents than would result from a comparable administration via an intravenous, subcutaneous or other parenteral route. A similar advantage can be obtained versus oral administration as, even with formulations providing protection from degradation in the digestive tract, upon absorption the active agent also enters the venous circulation.

**[0036]** In one embodiment, the drug delivery system can be used with any type of active agent that is rapidly metabolized and/or degraded by direct contact with the local degradative enzymes or other degradative mechanisms, for example, oxidation, phosphorylation or any modification of the molecules including small molecules, proteins or peptides, in the peripheral or vascular venous tissue encountered with other routes of administration such as oral, intravenous, transdermal, and subcutaneous administration. In this embodiment, the method can comprise the step of identifying and selecting an active agent which activity is metabolized or degraded by oral, subcutaneous or intravenous administration. This contrasts with peptides such as insulin which can be delivered effectively by such modes of administration. In these embodiments, the method of administering a drug is advantageous for, for example, rapid onset of treatment since the drug can reach the target organ more rapidly through the arterial circulation without invasive therapy such as injections.

**[0037]** In certain embodiments, the method of treatment of a disease or disorder comprises the step of selecting a suitable carrier for inhalation and delivering an active substance to pulmonary alveoli. In this embodiment, the carrier can be associated with one or more active agents to form a drug/carrier complex which can be administered as a composition that avoids rapid degradation of the active agent in the peripheral and vascular venous tissue of the lung. In one embodiment, the carrier is a diketopiperazine.

**[0038]** The method described herein can be utilized to deliver many types of active agents, including small molecules and biologicals. In particular embodiments, the method utilizes a drug delivery system that effectively delivers a therapeutic amount of an active agent, including, small molecules or peptide hormones, rapidly into the arterial circulation. In one embodiment, the one or more active agents include, but are not limited to peptides, proteins, lipokines, small molecule pharmaceuticals, nucleic acids and the like, which is/are sensitive to degradation or deactivation; formulating the active agent into a dry powder composition comprising a diketopiperazine and delivering the active agent(s) into the systemic circulation by pulmonary inhalation using a cartridge and a dry powder inhaler. In one embodiment, the method comprises selecting a peptide that is sensitive to enzymes in the local vascular or peripheral tissue of, for example, the dermis, or lungs. The present method allows the active agent to avoid or reduce contact with peripheral tissue, venous or liver metabolism/degradation. In

another embodiment, for systemic delivery the active agent should not have specific receptors in the lungs.

**[0039]** In alternate embodiments, the drug delivery system can also be used to deliver therapeutic peptides or proteins of naturally occurring, recombinant, or synthetic origin for treating disorders or diseases, including, but not limited to adiponectin, cholecystokinin (CCK), secretin, gastrin, glucagon, motilin, somatostatin, brain natriuretic peptide (BNP), atrial natriuretic peptide (ANP), parathyroid hormone, parathyroid hormone related peptide (PTHrP), IGF-1, growth hormone releasing factor (GHRF), granulocyte-macrophage colony stimulating factor (GM-CSF), anti-IL-8 antibodies, IL-8 antagonists including ABX-IL-8; integrin beta-4 precursor (ITB4) receptor antagonist, enkephalins, nociceptin, nocistatin, orphanin FQ2, calcitonin, CGRP, angiotensin, substance P, neurokinin A, pancreatic polypeptide, neuropeptide Y, delta-sleep-inducing peptide, prostaglandins including PG-12, LTB receptor blockers including, LY29311, BIIL 284, CP105696; vasoactive intestinal peptide; triptans such as sumatriptan and lipokines such as C16:1n7 or palmitoleate or analogs thereof. In yet another embodiment, the active agent is a small molecule drug,

**[0040]** In some embodiments, the dry powder formulation is a stable composition and can comprise microparticles which are suitable for inhalation and which dissolve rapidly in the lung and rapidly deliver a drug, such as a serotonin receptor agonist, to the pulmonary circulation. Suitable particle sizes for pulmonary administration can be less than 10  $\mu\text{m}$  in diameter, and preferably less than 5  $\mu\text{m}$ . Exemplary particle sizes that can reach the pulmonary alveoli range from about 0.5  $\mu\text{m}$  to about 5.8  $\mu\text{m}$  in diameter. Such sizes refer particularly to aerodynamic diameter, but often also correspond to actual physical diameter as well. Such particles can reach the pulmonary capillaries and can avoid extensive contact with the peripheral tissue in the lung. In this embodiment, the drug can be delivered to the arterial circulation in a rapid manner and avoid degradation of the active ingredient by enzymes or other mechanisms prior to reaching its target or site of action in the body. In one embodiment, dry powder compositions for pulmonary inhalation comprising a serotonin receptor modulator such as a serotonin receptor agonist and FDKP can comprise microparticles wherein from about 35% to about 75% of the microparticles have an aerodynamic diameter of less than 5.8  $\mu\text{m}$ .

**[0041]** The methods of delivery presented in various embodiments can provide a more direct path to an active agent's site of action. Thus in addition to the avoidance of degradation, though in some instances still in part due to it, the biodistribution of the active agent can differ from that achieved with modes of delivery that entail absorption into and travel through the venous circulation prior to reaching sites of action in the body. Thus, sampling of venous blood to determine active agent concentration may underestimate the concentration of active agent at a site of action when using embodiments of the present disclosure while, in comparison, overestimating it when other modes of administration are used. The more labile an active agent is the greater this effect can be. For active agents with multiple effects and sites of action, a different constellation of effects may be observed as the relative concentrations at different sites of action will differ from that achieved using other modes of administration. This can further contribute to greater effective bioavailability, avoidance of unwanted effects and the like.

**[0042]** In one embodiment, the inhalable formulation comprises a dry powder formulation comprising the a serotonin receptor agonist with a diketopiperazine, including 2,5-diketo-3,6-di(4-X-aminobutyl)piperazine; wherein X is selected from the group consisting of succinyl, glutaryl, maleyl, and fumaryl, or a salt of the diketopiperazine. In this embodiment, the inhalable formulation can comprise microparticles for inhalation comprising the active ingredient with the aerodynamic characteristics as described above. In one embodiment, the amount of active ingredient can be determined by one of ordinary skill in the art, however, the present microparticles can be loaded with various amounts of active ingredient as needed by the patient. For example, for a serotonin receptor agonist, the microparticles can comprise from about 1% (w/w) to about 75% (w/w) of the active ingredient in the formulation. In certain embodiments, the inhalable formulations can comprise from about 10% (w/w) to about 30% (w/w) of the pharmaceutical composition and can also comprise a pharmaceutically acceptable carrier, or excipient, such as a surfactant, such as polysorbate 80. In this embodiment, a serotonin receptor agonist can be administered to the patient from once to about four times a day or as needed by the patient with doses ranging from about 0.05 mg up to about 5 mg in the formulation.

**[0043]** In one embodiment, the formulation comprising the active ingredient can be administered to the patient in a dry powder formulation by inhalation using a dry powder inhaler such as the inhaler disclosed, for example, in U.S. Patent No. 7,305,986 and

U.S. Patent Application Serial No. 10/655,153 (US 2004/0182387), which disclosures are incorporated herein by reference. Repeat inhalation of dry powder formulations comprising the active ingredient can also be administered as needed. In some embodiments, the formulation can be administered once, twice, three or four times a day.

**[0044]** In still yet a further embodiment, the method of a migraine comprises the administration of an inhalable dry powder composition comprising a diketopiperazine having the formula 2,5-diketo-3,6-di(4-X-aminobutyl)piperazine, wherein X is selected from the group consisting of succinyl, glutaryl, maleyl, and fumaryl. In this embodiment, the dry powder composition can comprise a diketopiperazine salt. In still yet another embodiment, there is provided a dry powder composition, wherein the diketopiperazine is 2,5-diketo-3,6-di-(4-fumaryl-aminobutyl)piperazine, with or without a pharmaceutically acceptable carrier, or excipient.

**[0045]** In another exemplary embodiment, a method for treating migraines using a therapeutically effective pharmaceutical composition comprising a powder for pulmonary delivery is disclosed, wherein the powder comprises microparticles of a diketopiperazine and an active agent such as a serotonin receptor agonist for treating migraines. In this embodiment, the pharmaceutical composition comprises, for example, a diketopiperazine, including, FDKP or an FDKP salt, for example, a divalent salt of FDKP, including disodium FDKP, and a small molecule, including a vasoconstrictor as the active agent. Examples of vasoconstrictors are serotonin receptor agonists including, triptans such as sumatriptan, almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, zolmitriptan and pharmaceutically acceptable salts thereof, including sumatriptan succinate, rizatriptan benzoate, almotriptan malate. In one embodiment, the vasoconstrictor, for example, a triptan can be provided to a patient in need of treatment in amounts ranging from at least about 0.1 mg, at least about 1 mg, at least about 5 mg, about 50 mg or less, about 40 mg or less, about 1 mg to about 50 mg, about 5 mg to about 30 mg, about 10 mg. to about 20 mg, about 1 mg, about 10 mg, about 20 mg, or any amount in a range bounded by, or between, any of these values. A pharmaceutical composition comprising a triptan may be given regularly, including daily, twice daily, thrice daily, etc., and/or may be given as need at the onset of migraine symptoms. In one embodiment, the triptan can be administered to the patient by inhalation. In a particular embodiment, the triptan is provided to a patient by oral inhalation for delivery to the arterial circulation in the lungs.

**[0046]** In an exemplary embodiment, the drug delivery formulation can comprise an aliphatic amino acid, for example, alanine, glycine, leucine, isoleucine, norleucine, and serine. In certain embodiments, the aliphatic amino acid is from about 0.5% to about 30% by weight of the composition. In a particular embodiment, the pharmaceutical composition comprises L-leucine. In one embodiment, the pharmaceutical composition comprises a dry powder for oral inhalation comprising FDKP disodium salt, sumatriptan and L-leucine.

### EXAMPLES

**[0047]** The following examples are included to demonstrate certain embodiments. It should be appreciated by those of skill in the art that the techniques disclosed in the examples elucidate representative techniques that function well in the practice of the present invention. However, those of skill in the art should, in light of the present disclosure, appreciate that many changes can be made in the specific embodiments that are disclosed and still obtain a like or similar result without departing from the spirit and scope of the invention.

#### EXAMPLE 1

##### **Preparation and characterization of Sumatriptan-Disodium Fumaryl Diketopiperazine (Sumatriptan-Na<sub>2</sub>FDKP) Dry Powder**

**[0048]** Sumatriptan-Na<sub>2</sub>FDKP powder was prepared from commercially available tablets of sumatriptan succinate. Sumatriptan succinate (Imitrex®, GlaxoSmithKline) was extracted from crushed tablets suspended in HPLC grade water to form a solution. The solution was then filtered through 0.45 μm nylon syringe filters to remove undissolved excipients and the filtrate was processed through a quaternary amine ion exchange extraction column to eliminate the succinate group. The sumatriptan in solution at a concentration greater than 10 mg/mL was then combined with a solution of Na<sub>2</sub>FDKP at a concentration greater than about 10 mg/mL in solution. The Na<sub>2</sub>FDKP was either prepared earlier or prepared from the FDKP free acid by dissolution with two equivalents of sodium hydroxide. In some experiments, the ratio of the concentration of sumatriptan starting solution to FDKP was greater than 1. The solution was spray dried (Büchi Mini Spray Dryer Model B-290) at an inlet temperature of from about 145 °C to about 200 °C and an outlet temperature of from about 75 °C to about 85 °C. The drying gas was nitrogen set at a flow rate of about 670 L/hr. A dried powder was obtained.

**[0049]** To ascertain the amount of sumatriptan in the powder, a sample of the powder was dissolved in an HPLC solution and assayed for content using a high pressure liquid chromatography (HPLC) system. The HPLC method quantifies sumatriptan in the presence of FDKP. FIG. 1 depicts an HPLC chromatogram of a solution of the dissolved powder, which shows that the two compounds can be easily separated and identified. Powders were also tested by thermal analysis (TGA and DSC) and cascade impaction. Table 1 shows representative data of Sumatriptan- $\text{Na}_2\text{FDKP}$  powder characteristics made by the instant method, wherein the ratio of sumatriptan succinate concentration to FDKP in solution was about 1.5.

Table 1

Sumatriptan (% by weight)	Assay (wt%)			Cascade impaction	
	FDKP	% LOD	Total	% RF/fill	% CE
38.8*	37.0	3.4	79.2	17.9	68.0

\*Target Sumatriptan level = 40%

**[0050]** Sumatriptan- $\text{Na}_2\text{FDKP}$  powders made by the present method contained up to about 40% by weight of sumatriptan. The water content determined by loss on drying (LOD) was about 3.4%. The percent respirable fraction per fill was about 18%, and the amount of powder delivered by or emitted from the inhaler (cartridge emptying, CE) was about 68% using a using a breath powered inhaler as described in U.S. Patent Application Serial No. 12/473,125 (US 2009/0308390), which disclosure is incorporated by reference in its entirety.

**[0051]** Table 2 illustrates the characterization of the bulk dry powder.

Table 2

Sumatriptan (% by weight)	Assay (wt%)			Cascade impaction	
	FDKP	% LOD	Total	% RF/fill	% CE
38.8*	37.0	3.4	79.2	17.9	68.0

\*Target Sumatriptan level = 40%

## EXAMPLE 2

### Sumatriptan- $\text{Na}_2\text{FDKP}$ Dry Powder – Pharmacokinetic (PK) and Pharmacodynamic (PD) Studies in Rats

**[0052]** *Powder preparation and characterization:* Sumatriptan- $\text{Na}_2\text{FDKP}$  powder was prepared as described in Example 1 above, except that the sumatriptan succinate

was purchased from LGM Pharma (Boca Raton, FL) and L-leucine was added to study whether the aerodynamic performance of the resulting spray-dried powder formed would be improved. Three feed solutions were prepared at 4.5% total solids concentration for a 5 g scale. The feed solutions were prepared by adding FDKP disodium salt, sumatriptan succinate, and L-leucine (0 - 20 wt%) to de-ionized water with mixing. The solutions were titrated with dilute aqueous ammonia to pH 6.00. The resulting clear feed solutions were vacuum filtered through a 0.2  $\mu\text{m}$  PES filter membrane and spray dried as described in Example 9, however, the drying gas flow was set at 25 kg/hr, the atomization flow was about 4 kg/hr and the atomization pressure was set at 4 bar. The sumatriptan succinate concentration (dry basis) in each solution was 56% to obtain a 40% sumatriptan target load. The powders were analyzed by HPLC, cascade impaction, Karl Fischer titration, scanning electron microscopy (SEM) and tap and bulk density. The results of these studies are shown in Table 2 and FIG. 2.

**Table 2**

% L-leucine	Sumatriptan Assay (wt%)	%RF/fill	%CE	%water	Bulk density g/mL	Tapped density g/mL
0	39.8	9.8	58.8	1.9	0.25	0.38
10	37.6	61.3	93.3	5.2	0.18	0.38
20	38.8	63.3	88.2	4.4	0.18	0.31

**[0053]** The data in Table 2 illustrate that the target and measured sumatriptan content for the bulk sumatriptan- $\text{Na}_2\text{FDKP}$  powders are comparable. Aerodynamic performance improved with the addition of leucine. The powder without leucine had a %RF/fill of 9.8% with 58.8% CE, the addition of 10% leucine increased %RF/fill to 61.3% with 93.3% CE, and the addition of 20% leucine increased RF/fill to 63.3.% with 88.2% CE. The leucine-containing sumatriptan- $\text{Na}_2\text{FDKP}$  powders had higher residual water content than the leucine-free powder. The addition of leucine also reduced the bulk powder density by approximately 30%.

**[0054]** FIG. 2 is a scanning electron micrograph of the three powders characterized in Table 2. As shown in panels A – F, each powder had distinct morphology. The particles without leucine were fused fragments with no uniform shape (Panel A and B). The particles with 10% leucine (Panel C and D) were substantially spherical with smooth surfaces and the particles made with 20% leucine (Panel E and F) have a raisin-like or shriveled morphology, typical of insulin- FDKP salt powders.

**[0055]** *Stability of Sumatriptan-Na<sub>2</sub>FDKP powders:* Powders were also tested to determine their degree of stability. Samples of powder were incubated for a period of three months in an open dish exposed at 25 °C/60% relative humidity (RH) and at 40 °C/70% RH. Samples of the powders were assayed by the HPLC method at 1, 2 and 3 months after the start of the experiments. The results are presented in Tables 3 and 4 below.

**Table 3**

	Storage Condition: 25°C/60%RH			
	Sumatriptan Assay			
	<i>Initial</i>	<i>1 month</i>	<i>2 months</i>	<i>3 months</i>
0% L-leucine powder	39.8 (100%)	38.9% (98%)	39.9% (100%)	39.6% (98%)
10% L-leucine powder	37.6 (100%)	39.1% (104%)	40.0% (106%)	39.0% (104%)
20% L-leucine powder	38.8 (100%)	38.9% (100%)	40.2% (104%)	39.4% (102%)

**Table 4**

	Storage Condition: 40°C/75%RH		
	Sumatriptan Assay		
	<i>Initial</i>	<i>7 days</i>	<i>14 days</i>
0% L-leucine powder	39.8 (100%)	38.0 (95%)	37.8 (95%)
10% L-leucine powder	37.6 (100%)	38.8 (103%)	38.6 (103%)
20% L-leucine powder	38.8 (100%)	39.3 (101%)	39.3 (101%)

**[0056]** The data show that there was no degradation of the sumatriptan in the composition even after three months of exposure to 25 °C/60% RH with or without L-leucine. At higher temperature, 40 °C/70% RH, however, an insignificant, but slight decrease in sumatriptan content is observed after 1 and 2 weeks of incubation when compared to the samples containing L-leucine.

**[0057]** *Inhalation studies in rats using Sumatriptan-Na<sub>2</sub>FDKP powders:* Powders prepared as described above were used in these experiments. The PK profile of sumatriptan administered as sumatriptan-Na<sub>2</sub>FDKP powder (37.4% sumatriptan by weight) by pulmonary insufflation was evaluated and compared to sumatriptan nasal spray administered by pulmonary instillation or sumatriptan administered by intravenous injection or subcutaneous injection in female Sprague Dawley rats (n=6/group) (Table 5).

**Table 5**

Group	Test Article	Achieved Sumatriptan Dose (mg)
1	Air Control	0
2	Sumatriptan by intravenous injection	0.358
3	Sumatriptan by subcutaneous injection	0.358
4	Sumatriptan nasal spray by pulmonary instillation	0.483
5	Sumatriptan-Na <sub>2</sub> FDKP powder by pulmonary insufflation	0.169*

\* mean achieved dose

**[0058]** Blood samples for sumatriptan analysis were collected before dosing and at 2, 5, 10, 15, 30, 60, 90, 120 and 240 minutes after dosing. Animals were divided into two subsets (n = 3/timepoint) for blood collection. Sumatriptan in serum was analyzed using an established LCMS assay. Maximum concentration and bioavailability of sumatriptan insufflated as sumatriptan-Na<sub>2</sub>FDKP powder was higher than the sumatriptan administered by liquid instillation (nasal spray formulation) and comparable to sumatriptan administered by subcutaneous injection (Figure 3). FIG. 3 shows that the time to maximum concentration was 5 minutes in the insufflation group versus 15 minutes in the pulmonary liquid instillation group. Overall dose-normalized exposure was similar for sumatriptan pulmonary insufflation and pulmonary liquid instillation, but the PK profiles are quite different. Sumatriptan was well tolerated across all treatment groups. Pharmacokinetic parameters were calculated using noncompartmental methods and the nonlinear regression program WinNonlin v5.2 (Table 5) based on the mean concentration curve (n = 3/time point/formulation) after correction for the actual administered dose. Table 6 summarizes representative pharmacokinetic data in female Sprague Dawley rats.

**Table 6**

Group	Route	AUC	C <sub>max</sub>	t <sub>max</sub>	t <sub>1/2</sub>	Bioavailability
		(min,ng/mL)/mg	ng/mL/mg	min	min	%
2	IV	273,729	26,719	2	30.4	100
3	SC	99,583	2309	5	36.6	36.4
4	LIS	70,063	776	15	45.8	25.6
5	INS	69,411	2145	5	24	25.4

\*IV=Intravenous injection; SC=subcutaneous injection; LIS=Pulmonary liquid instillation; INS=pulmonary insufflation

**[0059]** It is apparent that the bioavailability of sumatriptan administered as Na<sub>2</sub>FDKP sumatriptan powder by pulmonary insufflation was comparable to sumatriptan nasal spray administered by liquid instillation, but its PK profile (t<sub>max</sub>, C<sub>max</sub>) resembled SC injection.

### EXAMPLE 3

#### Sumatriptan-Na<sub>2</sub>FDKP Dry Powder – PK and PD Studies in Beagle Dogs

**[0060]** Pharmacodynamic Study: The pharmacodynamic and pharmacokinetic profiles of sumatriptan were evaluated in an accepted migraine model in anesthetized dogs. The pathogenesis of migraine is primarily due to a marked and prolonged period of vasodilation of cranial vessels. A model of migraine was induced by a single intra-arterial injection of capsaicin which produces carotid vasodilation. Animals received either air control (n = 2), sumatriptan by intranasal instillation using a microsyringe (0.28 mg/kg; n = 3), sumatriptan-Na<sub>2</sub>FDKP dry powder by pulmonary insufflation (0.28 mg/kg sumatriptan; n = 3) or sumatriptan by intravenous bolus injection into a peripheral vessel (0.03 mg/kg; n = 2). Heart rate, systolic, diastolic, mean arterial blood pressures, and carotid blood flow and diameter (mean, maximum, minimum flow) were monitored and recorded continuously. Data were collected continuously and reported as 1-minute averages at specific time points after sumatriptan administration. The study summary is presented in Tables 7 and the results are shown in FIG. 5.

**Table 7.** Experimental design

Group No.	No. of Animals	Model Induction	Test Material	Dose Levels (mg/kg)	Dose Regimen <sup>a,b</sup>	Monitoring Period
1	2	Capsaicin administered intra-arterially via a 1-minute infusion  (56 µg/min; 1 mL/min)	Control	0	Intra-tracheal (insufflator)	30 minutes of stable baseline followed by 5 minutes of monitoring after administration of capsaicin and prior to sumatriptan administration.
2	3		Sumatriptan <sup>c</sup>	0.28	Nasal spray (microsprayer)	
3	3		Sumatriptan Na <sub>2</sub> FDKP powder	0.29 <sup>d</sup>	Intra-tracheal (insufflator)	
4	2		Sumatriptan <sup>c</sup>	0.030	Intravenous	Monitoring continued through at least 3 hours after dosing with test article

<sup>a</sup> Animals were anesthetized during all dosing procedures.

<sup>b</sup> Dosing with the appropriate test article commenced 5 minutes after model induction.

<sup>c</sup> Commercially available product (Imitrex<sup>®</sup>).

<sup>d</sup> Equivalent to 0.75 mg/kg powder dose based on 38% content of active ingredient Sumatriptan-Na<sub>2</sub>FDKP powder.

**[0061]** Blood samples from the dogs for sumatriptan analysis were collected before dosing and at 2, 5, 10, 15, 30, 60, 90, 120 and 240 minutes after dosing. Sumatriptan in serum was analyzed using an established LCMS assay.

**[0062]** Based on the PK data, one animal in the sumatriptan-Na<sub>2</sub>FDKP powder group-treated appeared not to have not received test article, presumably due to technical difficulties. This animal showed unusually marked vasoconstriction which was suspect. Another animal in this group showed poor vasoconstriction and high levels of sumatriptan exposure. It was assumed that the tubes for blood samples from these two animals were inadvertently switched during collection. Therefore, data presented herewith were evaluated with (n = 3) and without (n = 2) the mis-dosed animal. Both sets of data suggest similar results.

**[0063]** Blood pressure and heart rate were unaltered by the administration of sumatriptan or control article, regardless of the route of administration. Systemic exposure of sumatriptan was associated with reductions in vasodilation. All groups, including the control, had reduction in carotid artery diameters from the end of capsaicin administration through 3 hours after dosing. Insufflation of sumatriptan-Na<sub>2</sub>FDKP powder resulted in a more pronounced constriction of the carotid artery than the intra-nasal and intravenous routes of administration. The magnitude of vasoconstriction varied significantly between dose groups, so the data were analyzed in terms of vessel

diameter relative to baseline diameter, or as a change in vessel diameter from the end of capsaicin dosing, or from baseline.

**[0064]** The pharmacokinetic profiles of sumatriptan administered as sumatriptan- $\text{Na}_2\text{FDKP}$  dry powder, nasal spray, or intravenous injection (FIG. 4) were consistent with the previous PK study in rats. FIG. 4 depicts the pharmacokinetic profile of sumatriptan FDKP salt powder (38% sumatriptan) administered by pulmonary insufflation, sumatriptan administered by nasal instillation, and intravenous injection in female dogs wherein the data are plotted as  $\pm$  SD. The data show that the time to maximum mean peak circulating sumatriptan concentrations ( $T_{\text{max}}$ ) was 5 minutes for the sumatriptan-FDKP salt powder and 60 minutes for nasal instillation. Even though  $C_{\text{max}}$  and bioavailability were much lower for the sumatriptan- $\text{Na}_2\text{FDKP}$  dry powder, animals insufflated with sumatriptan- $\text{Na}_2\text{FDKP}$  exhibited a similar but faster pharmacodynamic response than those receiving the nasal spray.

**[0065]** FIG. 5 shows results from these experiments. The data indicate that reduction in vessel diameter from the end of capsaicin to the end of experiment was largest in the group treated with the sumatriptan- $\text{Na}_2\text{FDKP}$  powder. The variability in initial vasodilation between groups complicates the analysis, but Group 2 (nasal spray) and group 3 (sumatriptan- $\text{Na}_2\text{FDKP}$  dry powder) responded comparably to capsaicin. The group treated with sumatriptan- $\text{Na}_2\text{FDKP}$  dry powder experienced a larger net constriction in blood vessels and, moreover, the effect had a faster onset of action.

**[0066]** While the invention has been particularly shown and described with reference to particular embodiments, it will be appreciated that variations of the above-disclosed and other features and functions, or alternatives thereof, may be desirably combined into many other different systems or applications. Also that various presently unforeseen or unanticipated alternatives, modifications, variations or improvements therein may be subsequently made by those skilled in the art which are also intended to be encompassed by the following claims.

**[0067]** Unless otherwise indicated, all numbers expressing quantities of ingredients, properties such as molecular weight, reaction conditions, and so forth used in the specification and claims are to be understood as being modified in all instances by the term "about." Accordingly, unless indicated to the contrary, the numerical parameters set forth in the specification and attached claims are approximations that may vary depending upon the desired properties sought to be obtained by the present invention.

At the very least, and not as an attempt to limit the application of the doctrine of equivalents to the scope of the claims, each numerical parameter should at least be construed in light of the number of reported significant digits and by applying ordinary rounding techniques. Notwithstanding that the numerical ranges and parameters setting forth the broad scope of the invention are approximations, the numerical values set forth in the specific examples are reported as precisely as possible. Any numerical value, however, inherently contains certain errors necessarily resulting from the standard deviation found in their respective testing measurements.

**[0068]** The terms “a,” “an,” “the” and similar referents used in the context of describing the invention (especially in the context of the following claims) are to be construed to cover both the singular and the plural, unless otherwise indicated herein or clearly contradicted by context. Recitation of ranges of values herein is merely intended to serve as a shorthand method of referring individually to each separate value falling within the range. Unless otherwise indicated herein, each individual value is incorporated into the specification as if it were individually recited herein. All methods described herein can be performed in any suitable order unless otherwise indicated herein or otherwise clearly contradicted by context. The use of any and all examples, or exemplary language (e.g., “such as”) provided herein is intended merely to better illuminate the invention and does not pose a limitation on the scope of the invention otherwise claimed. No language in the specification should be construed as indicating any non-claimed element essential to the practice of the invention.

**[0069]** Groupings of alternative elements or embodiments disclosed herein are not to be construed as limitations. Each group member may be referred to and claimed individually or in any combination with other members of the group or other elements found herein. It is anticipated that one or more members of a group may be included in, or deleted from, a group for reasons of convenience and/or patentability. When any such inclusion or deletion occurs, the specification is deemed to contain the group as modified thus fulfilling the written description of all Markush groups used in the appended claims.

**[0070]** Certain embodiments of this invention are described herein, including the best mode known to the inventors for carrying out the invention. Of course, variations on these described embodiments will become apparent to those of ordinary skill in the art upon reading the foregoing description. The inventor expects skilled artisans to

employ such variations as appropriate, and the inventors intend for the invention to be practiced otherwise than specifically described herein. Accordingly, this invention includes all modifications and equivalents of the subject matter recited in the claims appended hereto as permitted by applicable law. Moreover, any combination of the above-described elements in all possible variations thereof is encompassed by the invention unless otherwise indicated herein or otherwise clearly contradicted by context.

**[0071]** Furthermore, numerous references have been made to patents and printed publications throughout this specification. Each of the above-cited references and printed publications are individually incorporated herein by reference in their entirety.

**[0072]** In closing, it is to be understood that the embodiments disclosed herein are illustrative of the principles of the present invention. Other modifications that may be employed are within the scope of the invention. Thus, by way of example, but not of limitation, alternative configurations of the present invention may be utilized in accordance with the teachings herein. Accordingly, the present invention is not limited to that precisely as shown and described.

We claim:

1. A pharmaceutical composition comprising an effective amount of a serotonin receptor agonist, an aliphatic amino acid, and a diketopiperazine or a salt thereof.
2. The pharmaceutical composition of claim 1, which is a dry powder.
3. The pharmaceutical composition of any one of the preceding claims, wherein the serotonin receptor agonist is a vasoconstrictor.
4. The pharmaceutical composition of any one of the preceding claims, wherein the serotonin receptor agonist is a triptan.
5. The pharmaceutical composition of claim 4, wherein the triptan is selected from the group consisting of sumatriptan, almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, zolmitriptan and pharmaceutically acceptable salts thereof,
6. The pharmaceutical composition of claim 4, wherein the triptan is sumatriptan succinate.
7. The pharmaceutical composition of claim 4, wherein the triptan is rizatriptan benzoate.
8. The pharmaceutical composition of any one of the preceding claims, comprising 3,6-bis-[(N-fumaryl-4-aminobutyl)]-2,5-diketopiperazine or a salt thereof, and sumatriptan or rizatriptan.
9. The pharmaceutical composition of any one of the preceding claims, comprising 3,6-bis-[(N-fumaryl-4-aminobutyl)]-2,5-diketopiperazine and sumatriptan in a dry powder form.
10. The pharmaceutical composition of claim 5, 8 or 9, wherein the sumatriptan is greater than 1 mg in the composition.
11. The pharmaceutical composition of claim 1, wherein the aliphatic amino acid is alanine, glycine, leucine, isoleucine, norleucine, or serine.
12. The pharmaceutical composition of claim 1 or 11, wherein the aliphatic amino acid is about 0.5% to about 30% by weight of the composition.
13. The pharmaceutical composition of any one of the preceding claims, wherein the composition further comprises L-leucine.
14. The pharmaceutical composition of any one of the preceding claims, wherein the diketopiperazine is 2,5-diketo-3,6-di(4-X-aminobutyl)piperazine; wherein X is selected from the group consisting of succinyl, glutaryl, maleyl, and fumaryl; or a pharmaceutically acceptable salt thereof.

15. The pharmaceutical composition of any one of the preceding claims, wherein the diketopiperazine is 3,6-bis-[(N-fumaryl-4-aminobutyl)]-2,5-diketopiperazine or a salt thereof.

16. The pharmaceutical composition of claim 15, wherein a diketopiperazine salt is 3,6-bis-[(N-fumaryl-4-aminobutyl)]-2,5-diketopiperazine disodium salt.

17. The pharmaceutical composition of any one of the preceding claims, further comprising a pharmaceutically acceptable carrier or excipient.

18. The pharmaceutical composition of any one of the preceding claims, wherein the pharmaceutical composition is manufactured as a unit dose for oral inhalation.

19. The pharmaceutical composition of any one of claims 1-18 when administered to a mammal for the treatment of symptoms associated with migraine.

20. The pharmaceutical composition of claim 19, wherein the pharmaceutical composition is administered by inhalation.

21. The pharmaceutical composition of claim 20, wherein the pharmaceutical composition is administered to said patient by pulmonary inhalation using a breath powered, dry powder inhalation system.

22. The pharmaceutical composition of claim 21, wherein the breath powered, dry powder inhalation system comprises a cartridge containing said the pharmaceutical composition.

23. The pharmaceutical composition of any one of claims 19-22, wherein the serotonin receptor agonist is for treating moderate to severe head pain associated with the migraine.

24. A pharmaceutical composition when administered to a mammal for the treatment of symptoms associated with migraine comprising: a dry powder composition comprising 3,6-bis-[(N-fumaryl-4-aminobutyl)]-2,5-diketopiperazine, L-leucine and a triptan, wherein a therapeutically effective amount of said dry powder composition is administered to said patient by oral inhalation.

25. A method of treating symptoms associated with migraine comprising: administering to a subject in need of treatment for migraine symptoms a pharmaceutical composition according to any one of claims 1-18.

26. The method of claim 25, wherein the pharmaceutical composition is administered by inhalation.

27. The method of claim 26, wherein the pharmaceutical composition is administered to said patient by pulmonary inhalation using a breath powered, dry powder inhalation system.

28. The method of claim 27, wherein the breath powered, dry powder inhalation system comprises a cartridge containing said pharmaceutical composition.

29. The method of any one of claims 25-28, wherein the serotonin receptor agonist is for treating moderate to severe head pain associated with the migraine.

30. A method of treating a migraine comprising:

providing a patient with moderate to severe migraine symptoms a breath powered dry powder inhaler comprising a dry powder composition comprising 3,6-bis-[(N-fumaryl-4-aminobutyl)]-2,5-diketopiperazine, L-leucine and a triptan; and

wherein a therapeutically effective amount of said dry powder composition is administered to said patient by oral inhalation.

31. The method of claim 30, wherein the 3,6-bis-[(N-fumaryl-4-aminobutyl)]-2,5-diketopiperazine is in a salt form.

32. The method of claim 30, wherein the 3,6-bis-[(N-fumaryl-4-aminobutyl)]-2,5-diketopiperazine is in a non-salt form.

33. The pharmaceutical composition or method of any one claims 1-29, wherein the diketopiperazine is in a salt form.

34. The pharmaceutical composition or method of any one claims 1-29, wherein the diketopiperazine is in a non-salt form.

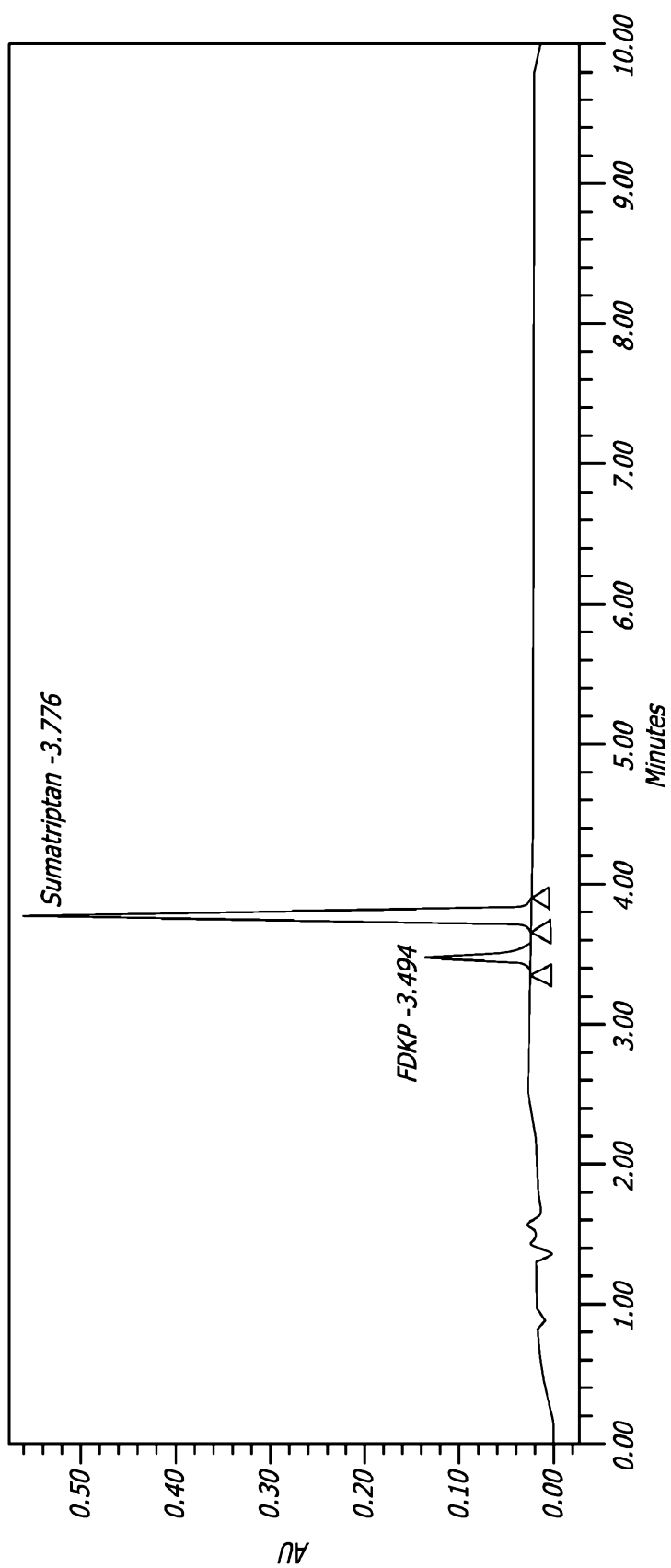


FIG. 1

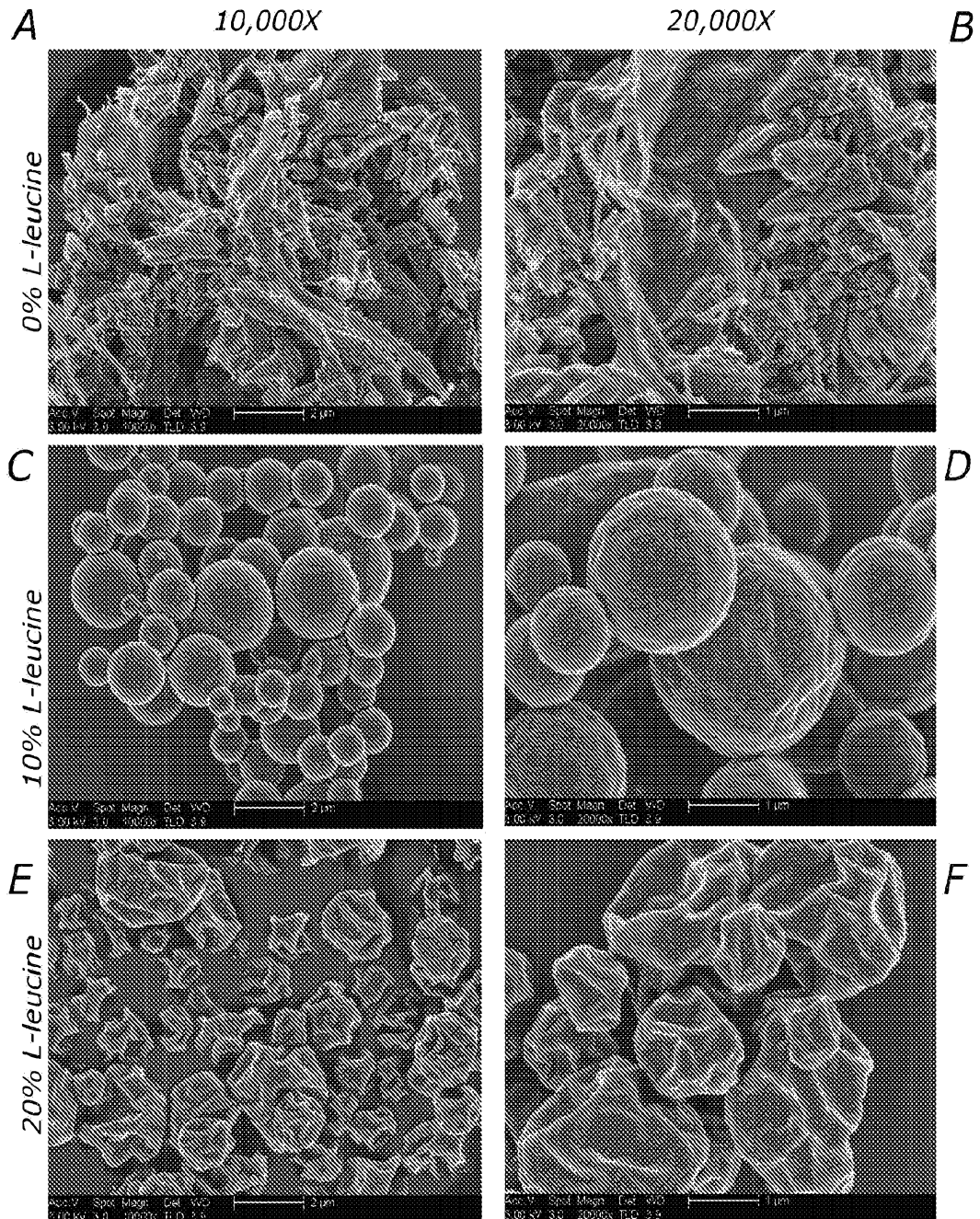
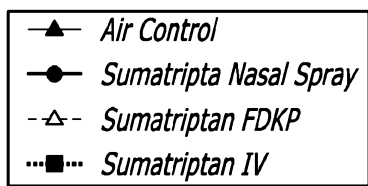
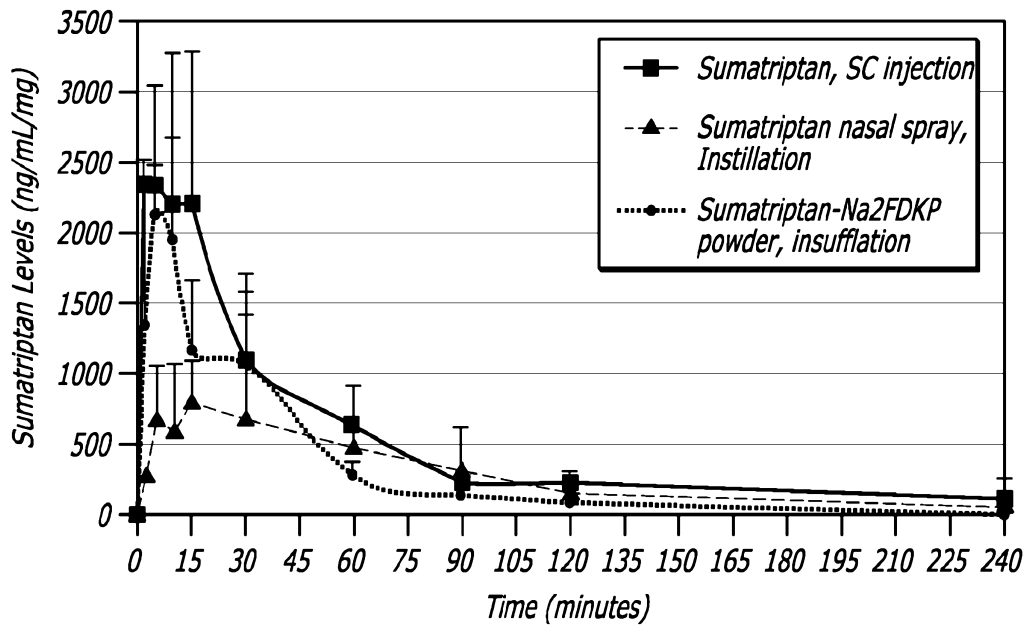
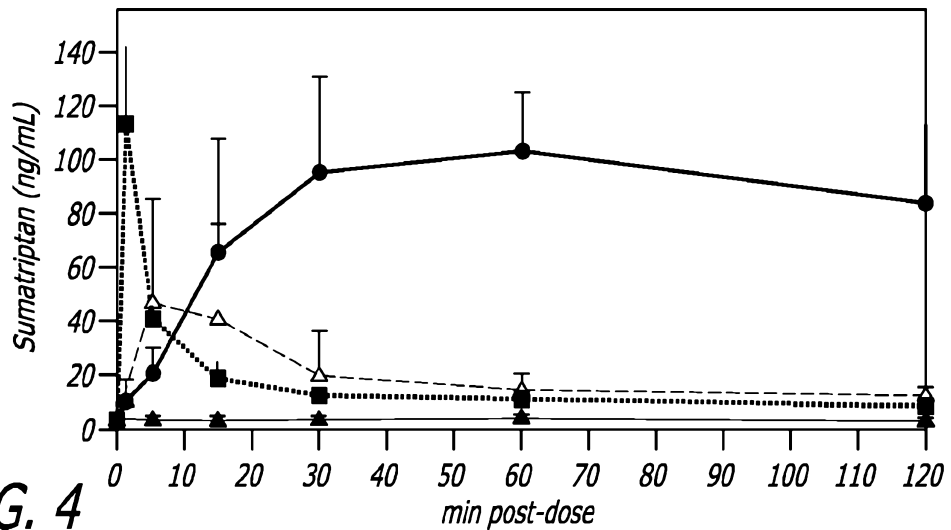


FIG. 2

**FIG. 3**



Mean Sumatriptan levels in Dogs



**FIG. 4**

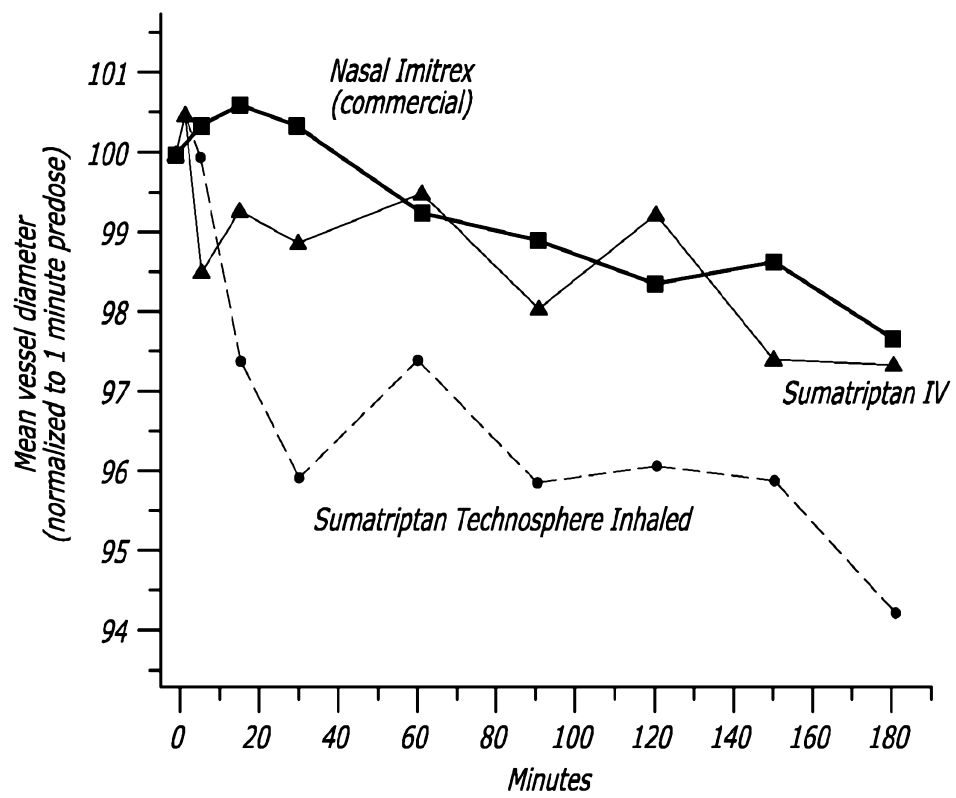


FIG. 5