A. MATYSEK.

EXERCISING DEVICE.

APPLICATION FILED MAR. 24, 1919.

1,366,200. Patented Jan. 18, 1921.

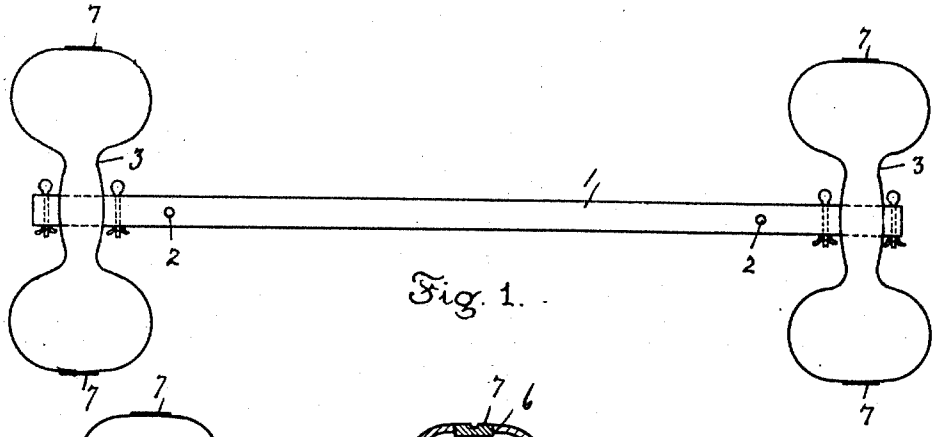


Fig. 1.

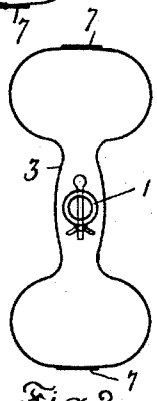


Fig. 2.

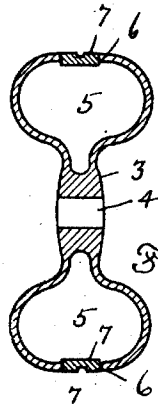


Fig. 3.

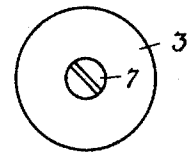


Fig. 4.

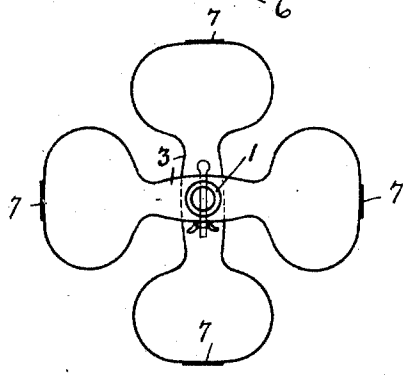


Fig. 5.

Inventor:
Antone Matysek
By Chapin & Ferguson
Attorneys

UNITED STATES PATENT OFFICE.

ANTONE MATYSEK, OF BALTIMORE, MARYLAND.

EXERCISING DEVICE.

1,366,200. Specification of Letters Patent. **Patented Jan. 18, 1921.**

Application filed March 24, 1919. Serial No. 284,682.

To all whom it may concern:

Be it known that I, ANTONE MATYSEK, a citizen of the United States, residing at Baltimore, in the State of Maryland, have invented certain new and useful Improvements in Exercising Devices, of which the following is a specification.

This invention relates to improvements in exercising devices, and has for its object to provide a cheap and simple device in which the weight can be increased or diminished, or changed from one end to the other, when desired.

The invention consists of the novel construction and arrangement hereinafter more fully set forth in the following specification and pointed out in detail in the appended claim.

In the accompanying drawings,—

Figure 1 is a side elevation of my invention.

Fig. 2 is an end view of Fig. 1.

Fig. 3 is a vertical section of one of the weights.

Fig. 4 is an end view of one of the weights.

Fig. 5 is an end view showing both weights at one end of the bar.

Referring to the accompanying drawings, forming part of this specification, and in which like reference numerals designate like parts throughout the several views thereof. 1 designates a bar having a number of apertures 2 extending therethrough, and 3 weights or dumb-bells. The said weights 3 are each provided with an aperture 4 through the center thereof and through which the bar 1 projects, and have hollow ends 5 each provided with an aperture 6 leading thereto and a nut 7 to close said aperture in said hollow ends. Said hollow ends 5 may be filled when desired to increase the weight of the weights 3, and the contents may be removed therefrom to decrease their weight. The said weights 3 are adjustable along said bar 1 and are held to the adjusted position by the bolts 8 passing through the apertures 2.

Thus it will be seen that should it be desired to use the exercising device with the weights 3 at each end, the latter can be secured thereto as shown in Fig. 1, and should it be desired to use same with the weights at one end, the said weights can be secured in position as shown in Fig. 5.

Having thus described my invention, what I claim is:

An exercising device comprising a bar having a number of apertures therethrough, a number of weights each having a central aperture through which said bar projects and hollow ends each provided with a threaded aperture, a nut to fit each of said threaded apertures, and bolts projecting through the apertures in said bar to hold the weights to their adjusted position.

In testimony whereof I affix my signature.

ANTONE MATYSEK.