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(54) Title: METHOD AND DEVICE FOR SELECTING EXERCISES

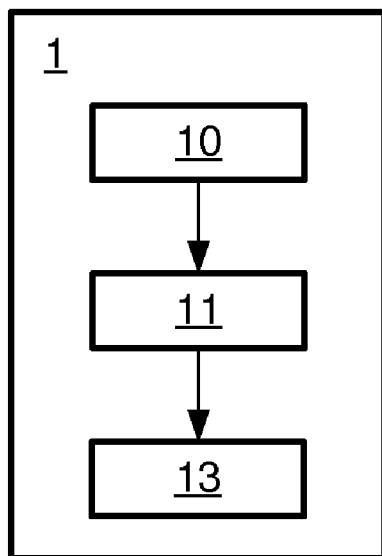


FIG. 1

(57) Abstract: To provide a fast and systematic selection of exercises for a training plan of a user, the invention proposes a method and device for selecting exercises, each of a plurality of exercises (E1 to E5) being associated with a set of characteristics, and each characteristic of the set of characteristics being associated with a set of categories (C1 and C2) for classifying the plurality of exercises, the method comprising the steps of: A. selecting, according to input reflecting answers to a first set of questions related to a given characteristic among said set of characteristics, a subset of categories (C1) from a set of categories (C1 and C2) which is associated with said given characteristic, wherein said answers to the first set of questions reflect information of said user; B. determining a set of exercises based on said selected subset of categories (C1). The method takes each category as a whole and selects proper categories, and then determines proper exercises from the exercises in the determined proper categories. The present invention enables the proper exercises to be obtained faster and more systematically as compared to selecting the proper exercise from a number of exercises by checking them one by one.



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— *as to applicant's entitlement to apply for and be granted a patent (Rule 4.17(ii))*

— *before the expiration of the time limit for amending the claims and to be republished in the event of receipt of amendments (Rule 48.2(h))*

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INTERNATIONAL SEARCH REPORT

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A. CLASSIFICATION OF SUBJECT MATTER
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ADD.

According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)
G06F

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

EP0-Internal

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	US 2004/038190 A1 (ABRAHAM-FUCHS KLAUS [DE] ET AL) 26 February 2004 (2004-02-26) cited in the application paragraph [0015] - paragraph [0029] paragraph [0037] - paragraph [0047] claim 29	1-15
A	----- US 5 524 645 A (WILLS BRUCE R [US]) 11 June 1996 (1996-06-11) column 4, line 48 - column 7, line 67	1-15
A	----- WO 02/41231 A2 (UNIV JOHNS HOPKINS [US]; GREENBERG ROBERT S [US]; SELLERS WILLIAM A [U]) 23 May 2002 (2002-05-23) paragraph [0020] - paragraph [0048] -----	1-15

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Further documents are listed in the continuation of Box C.

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See patent family annex.

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INTERNATIONAL SEARCH REPORT

Information on patent family members

International application No

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