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# DESCRIPTION

## BACKGROUND

### Technical Field

**[0001]** The present invention relates to liposomal topical formulations comprising finasteride or dutasteride entrapped in the liposomes, methods of making such formulations, and such formulations for use in treating androgenic alopecia (male pattern baldness).

### Description of the Related Art

**[0002]** Pattern hair loss in both men and women can be androgenic. It is generally believed that male sex hormones play a major role in the health of hair follicles. Hair follicles contain androgen receptors that bind with androgens; the resulting complexes could cause miniaturization of hair follicles and reduce nutrients being supplied to hair shafts.

**[0003]** As such, anti-androgens can be useful for management of hair loss. For instance, finasteride is the active ingredient in an oral formulation (marketed under the brand name Propecia®) for treating male pattern baldness. Finasteride's mechanism of action is inhibition of 5- $\alpha$ -reductase, the enzyme that converts testosterone into a more potent androgen, dihydrotestosterone (DHT). Oral finasteride can effectively lower DHT levels in scalp, which can arrest the progression of hair loss or promote new hair growth.

**[0004]** Although oral finasteride can be used to effectively treat hair loss in men, it is associated with a number of significant undesirable systemic side effects, which in turn can lead to poor patient compliance. For example, use of oral finasteride has been linked to low libido, erectile dysfunction, decreased arousal and problems with orgasm. See, e.g., Irwig, M.S., Kolukula, S. J. Sex. Med. 8(6), 1747-53 (2011). Generally, suppression of serum DHT is a marker for these and other undesirable side effects.

**[0005]** Based on early studies of finasteride, the occurrence of sexual dysfunction side-effects among finasteride users was thought to be around 2%, and appeared to reverse upon discontinuation of the drug. Over the past 10 years, however, accumulated evidence suggests the occurrence of erectile dysfunction among users is much higher than the 2% revealed in earlier studies. In addition, there has been evidence of permanent erectile dysfunction in certain individuals, a condition known as "post-finasteride syndrome." (PFS)

**[0006]** Some topical compositions containing finasteride are known in the art. For example, a topical solution formulation (known as P-3074) containing 0.25% w/w finasteride and employing

hydroxypropyl chitosan (HPCH) film-forming technology has been reported (Caserini et al. International Journal of Clinical Pharmacology and Therapeutics, 2016, 54:19-27). However, P-3074 was found to lower serum DHT in a strongly dose-dependent manner. At some doses, P-3074 suppressed serum DHT (when measured against a pre-treatment baseline) to an extent equal to (or in some cases, exceeding) that observed with conventional oral finasteride therapy. Moreover, it is unclear what dose of P-3074 is required to effectively treat androgenic alopecia. The document CN 106361703 discloses finasteride liposomes in a carbomer gel.

**[0007]** Accordingly, a need exists in the art for a composition that can deliver active pharmaceutical ingredients (APIs) topically to the skin while minimizing serum uptake of the same.

## BRIEF SUMMARY

**[0008]** Disclosed herein are pharmaceutical formulations for topical dermatological use. The formulations are particularly suited as a local depot for sustained and/or slow release of an active pharmaceutical ingredient (API), in particular, a dermally active agent, which is finasteride or dutasteride.

**[0009]** The topical formulations described herein are particularly suitable for treating male-pattern baldness. Although androgen receptors are present on scalp in general, they are at higher concentrations on balding scalp (e.g., in smaller follicles) than on non-balding scalp. Thus, highly localized delivery of 5- $\alpha$ -reductase inhibitors to the balding scalp can be effective in arresting, delaying or reversing hair loss. The topical formulations described herein provide a "depot" effect by which the 5- $\alpha$ -reductase inhibitors are largely retained in the outer layers of the skin, e.g., epidermis and part of the dermis, which are not as well-vascularized as the deeper parts of the skin, resulting in significantly lower serum concentrations of the  $\alpha$ -reductase inhibitors when compared with oral treatment or known topical treatments having the same inhibitors. In turn, the lower serum concentrations of the  $\alpha$ -reductase inhibitors are correlated with reduced serum DHT suppression (i.e., higher serum DHT concentrations). Given the association of serum DHT suppression with a number of adverse effects (e.g., sexual dysfunction), these topical formulations offer a more favorable risk-benefit profile when compared to the corresponding oral formulations or topical compositions (such as P-3074) due to the resultant minimized systemic exposure.

**[0010]** Thus, the invention provides a liposomal topical formulation, comprising: a plurality of liposomes; an aqueous gel matrix in which the plurality of liposomes are dispersed, wherein the aqueous gel matrix comprises a gelling agent, a water-soluble silicone compound that is a PEG-X silicone wherein X is an integer of 6-20 or a PPG-X-silicone wherein X is an integer of 8-20, a film forming agent that is a polysilsesquioxane compound at a concentration of 1-20% by weight of the total composition, and water; and finasteride or dutasteride entrapped in the liposomes. Preferably the film forming agent is poly(methylsilsesquioxane).

**[0011]** The invention further provides the liposomal topical formulation for use in the treatment or prevention of androgenic alopecia (male pattern baldness).

**[0012]** The invention further provides a method of making the liposomal topical formulation, comprising: forming a plurality of liposomes; and mixing the liposomes with a gelling agent, a water-soluble silicone compound that is a PEG-X silicone wherein X is an integer of 6-20 or a PPG-X silicone wherein X is an integer of 8-20, a film forming agent that is a polysilsesquioxane compound at a concentration of 1-20% by weight of the total composition, and finasteride or dutasteride, wherein finasteride or dutasteride becomes entrapped in the liposomes.

#### **BRIEF DESCRIPTION OF THE SEVERAL VIEWS OF THE DRAWINGS**

**[0013]** In the figures, identical reference numbers identify similar elements. The sizes and relative positions of elements in the figures are not necessarily drawn to scale and some of these elements are enlarged and positioned to improve figure legibility. Further, the particular shapes of the elements as drawn are not intended to convey any information regarding the actual shape of the particular elements, and have been solely selected for ease of recognition in the figures.

Fig. 1 illustrates the mean plasma concentration of finasteride at time points following topical administration of a 2.5% w/w composition of finasteride according to an embodiment of the present disclosure.

Fig. 2 shows a comparison of DHT serum concentration before treatment and at T0 (*i.e.*, pre-dose) of the 3rd week of treatment.

Fig. 3 shows the mean plasma concentration of DHT over a time course of 24 hours.

Fig. 4 depicts the finasteride permeation profiles through human epidermis using three types of formulations.

Fig. 5A-I depict scalp hair growth in subjects before and following topical administration of a finasteride formulation (2.5% w/w) according to an embodiment of this disclosure. More specifically, Fig. 5A depicts a subject at 0 months and after 6 months of treatment. Fig. 5B depicts a subject at 0 months and after 7 months of treatment. Fig. 5C depicts a subject at 0 months and after 13 months of treatment. Fig. 5D depicts a subject at 0 months and after 24 months of treatment. Fig. 5E depicts a subject at 0 months and after 6 months of treatment. Fig. 5F depicts a subject at 0 months and after 12 months of treatment. Fig. 5G depicts a subject at 0 months and after 6 months of treatment. Fig. 5H depicts a subject at 0 months and after 6 months of treatment. Fig. 5I depicts a subject at 0 months and after 14 months of treatment.

## DETAILED DESCRIPTION

**[0014]** Disclosed herein are liposomal topical formulations capable of highly-localized, slow release of an API which is finasteride or dutasteride. Advantageously, due to a local depot effect and barrier function provided by the silconic components of the formulations disclosed herein, the API penetrates through the stratum corneum of the epidermis and is largely confined to the epidermis and dermis. As a result, while a therapeutically effective local (skin) concentration of the API can be maintained; systemic exposure of the API is minimized. As a result, the liposomal topical formulations provide a therapeutic effect while reducing or eliminating side effects associated with systemic exposure, such as erectile dysfunction, sexual dysfunction and the like.

**[0015]** Optional additives may be present in the topical formulations disclosed herein. These additives serve as solvents, co-solvents, humectants, viscosity modifiers, antioxidants, stabilizers, penetration enhancers and the like.

**[0016]** The topical formulations have the consistency and spreadability of a gel or lotion. The topical formulations may also be in the forms of cream, spray, foam, serum, and the like.

**[0017]** These and other optional additives are described in further detail below.

### Liposomes

**[0018]** Liposomes are small vesicles comprising amphiphilic lipids arranged in bilayers. Liposomes may contain several concentric lipid bilayers separated by aqueous channels (multilamellar vesicles or MLVs), or alternatively, they may contain a single membrane bilayer (unilamellar vesicles), which may be small unilamellar vesicles (SUVs) or large unilamellar vesicles (LUVs).

**[0019]** The vesicle-forming amphiphilic lipids are preferably ones having two hydrocarbon chains, typically acyl chains, and a polar head group. There are a variety of synthetic vesicle-forming lipids and naturally-occurring vesicle-forming lipids, including the phospholipids, such as phosphatidylcholine, phosphatidylethanolamine, phosphatidic acid, phosphatidylinositol, and sphingomyelin, where the two hydrocarbon chains are typically between about 12-40, or more typically 14-22 carbon atoms in length. The hydrocarbon chains may contain varying degrees of unsaturation (*i.e.*, 0 to up to 6 double bonds). The two hydrocarbon chains (or fatty chains) are covalently linked to a polar head group, which typically comprises an ionized moiety such as phosphate or ammonium. The above-described lipids and phospholipids can be obtained commercially or prepared according to known methods in the art. Other suitable lipids include glycolipids and sterols such as cholesterol.

**[0020]** In a preferred embodiment, the vesicle-forming lipid is lecithin, an amphiphilic compound typically derived from animal and plant tissues (e.g., egg yolks or soya beans). In general, lecithin includes a diglyceride of two fatty acids such as stearic, palmitic, and oleic acids. The diglyceride is coupled (via the third hydroxyl group) to a phosphoric acid, which incorporates a choline moiety. The lipids of the lecithin group are also commonly called phosphatidylcholines. Lecithin can be hydrogenated in a controlled manner to yield hydrogenated lecithin. In some embodiments, the lecithin is a hydrogenated lecithin, for example, Lecinol S-10 (Nikkol Group, Nikko Chemical Co., Ltd.).

**[0021]** In an aqueous medium, the amphiphilic lipid molecules spontaneously arrange into vesicles having a bilayer membrane defining an aqueous interior compartment. Composed of two lipid monolayers, the bilayer membrane has a hydrophobic region wherein the tails of the two lipid monolayers orient toward the center of the bilayer and a hydrophilic region wherein the heads of the lipid monolayer orient toward the aqueous interior of the vesicles and the aqueous medium in which the liposomes are dispersed.

**[0022]** The amount of the vesicle-forming lipid in an aqueous medium must reach a critical concentration to form stable liposomes. Typically, lecithin may be present in an amount of 0.1-5% (w/w) by the total weight of the topical formulation. More typically, the amount may be in the range of 0.1-4%, 0.1-3%, 0.1-2%, 0.1-1% and 0.5-1% and the like.

#### **Active Pharmaceutical Ingredient (API)**

**[0023]** Liposomes are capable of solubilizing both water-soluble and lipid-soluble compounds, making them effective carriers of APIs. For a given API, depending on its solubility in water or lipid, it may be trapped in the aqueous interior compartment, the lipid bilayer, or both according to a partition coefficient. Polar APIs (e.g., salts) are hydrophilic and are largely trapped in the aqueous compartment; whereas nonpolar APIs are largely trapped in the lipid bilayer.

**[0024]** Liposomes are dynamic structures. The entrapped API, whether within the aqueous interior or the lipid bilayer, can be released in a slow or controlled manner.

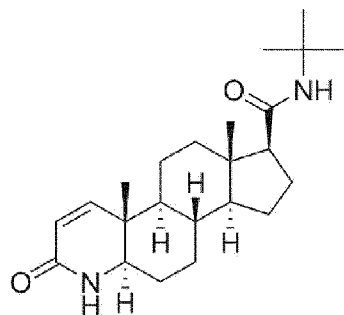
**[0025]** In various embodiments, suitable APIs are topically active agents that treat or reduce the symptoms of various dermatological disorders. Examples of the APIs include, without limitation, an antifungal agent, an antibiotic, an anti-hypertensive vasodilator, a steroid, an anti-acne agent, a topical anti-inflammatory agent, or combinations thereof.

**[0026]** The API is finasteride or dutasteride, which are 5- $\alpha$ -reductase inhibitors. 5- $\alpha$ -reductase has three isoforms, all involved in converting testosterone to dihydrotestosterone (DHT). Inhibitors of 5- $\alpha$ -reductase are therefore effective at reducing scalp DHT levels and arresting hair loss.

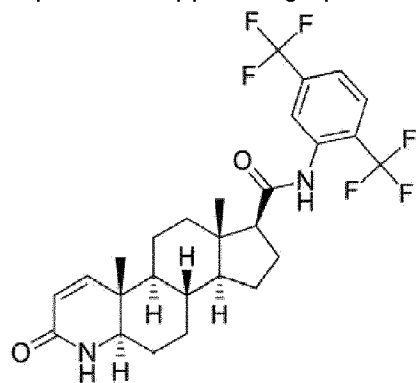
**[0027]** Finasteride and dutasteride are steroid compounds, which are highly lipophilic and can

be efficiently trapped in the lipid bilayers of liposomes of the topical formulations disclosed herein and released in a highly localized manner.

**[0028]** Finasteride (structure shown below) selectively inhibits Type II and Type III 5- $\alpha$ -reductase, typically reducing serum DHT levels by about 65-70% after sustained oral administration. Because finasteride does not inhibit Type I 5- $\alpha$ -reductase, it does not fully suppress DHT production.



**[0029]** Dutasteride (structure shown below) inhibits all three 5- $\alpha$ -reductase isoforms and is capable of suppressing up to 99% of DHT production after sustained oral administration.



**[0030]** The API may be loaded at a suitable amount depending on its efficacy, at strengths suitable for the treatment or prophylaxis of a particular disorder. A 5- $\alpha$ -reductase inhibitor may be loaded at about 0.5-5% (w/w) of the total weight of the topical formulation. More preferably the amount is in the range of 0.5-4%, 0.5-3%, 1-4%, 1-3%, 2-5%, 2.5-4%, 4-5% and the like. In preferred embodiments, finasteride or dutasteride is present at 2.5% (w/w) of the total weight of the topical formulation.

### **Gelling Agent**

**[0031]** A gelling agent is a hydrophilic polymer that is insoluble in water, but can absorb water and swell into up to 1000 times its original volume. The gelling agent, having absorbed water and having swollen into a gel, provides a matrix in which the liposomes can be uniformly dispersed.

**[0032]** Suitable gelling agents include, for example, acacia, alginic acid, bentonite, Carbopols (now known as carbomers), cellulose-based polymers, gelatin, poloxamers (Pluronic), polyvinyl alcohol, sodium alginate, tragacanth, and xanthan gum.

**[0033]** In a preferred embodiment, the gelling agent is a carbomer, which refers to a class of polymers of acrylic acid or acrylate (esters of acrylic acid) crosslinked by for example, divinyl glycol and polyalkenyl ethers. Carbomers readily absorb water without dissolving in water. The crosslinked structure allows the polymer to swell and form a gel-like consistency. Examples of polyacrylate polymers include, without limitation, polyacrylonitrile, polyacrylic acid and alkyl acrylate cross polymers. Polyacrylate polymers also include, but are not limited to, polyacrylic acid, polymethacrylic acid, polymethyl methacrylate, poly butylacrylate, poly 2-ethylhexyl acrylate or poly(C10-C30 alkyl acrylate) cross polymers. In certain embodiments, the acrylate polymer comprises a C10-C30 alkyl acrylate cross polymer, for example, Carbopol Ultrez® 21 (Lubrizol Advanced Materials, Inc.).

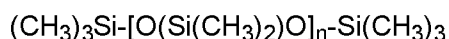
**[0034]** In other embodiments, cellulose-based polymers such as carboxymethyl cellulose, ethylcellulose, hydroxyethyl cellulose, hydroxypropyl cellulose, methylcellulose are used as gelling agents.

**[0035]** Gelling agents are used at concentrations of 0.5% to 10% by weight, depending on the agent and the target viscosity of the formulation. For carbomers (e.g., Carbopol Ultrez® 21), the amount by weight of the total topical formulation is about 0.1-5%. More typically the amount is in the range of 0.5-4%, 0.1-4%, 0.1-3%, 0.5-2%, 0.5-1% and the like. In preferred embodiments, the carbomer may be present at 0.8% (w/w) of the total weight of the topical formulation.

### **Water-Soluble Silicone Compounds**

**[0036]** Silicone, also known to as polysiloxane, is a class of organosilicon polymer having a plurality of silicon-carbon bonds and siloxane linkages (-Si-O-Si-) in the polymer backbone. Polysiloxane is typically a linear polymer but may be modified to contain branches or pendants of other chemical moieties or polymers.

**[0037]** The most common silicone is poly(dimethylsiloxane), or PDMS or dimethione, which has the following structure:



wherein n is an integer and the number of n determines the molecular weight, viscosity, density of the polydimethylsiloxane.

**[0038]** Unmodified PDMS is highly hydrophobic and not compatible with an aqueous-based

formulation. However, PDMS (or other polysiloxanes) can be modified to contain hydrophilic pendants or capping groups. Such hydrophilic groups include, for example, polyols such as polyethylene glycol (PEG) and polypropylene glycol (PPG). Examples of modified, water-soluble silicones include PEG-modified silicones or PPG-modified silicones.

**[0039]** The PEG or PPG moieties may be appended to any one or more of the repeating units by replacing one or more methyl groups or coupling to a modified methyl group having reactive groups such as hydroxyl. The PEG or PPG moieties may also replace the one or both of the end methyl group of PDMS. As the number of the ethylene oxide or propylene oxide units appended to the PDMS chain increases, the hydrophilicity increases and the modified PDMS becomes more and more water-soluble. Hydrophilicity can be measured by the hydrophile-lipophile balance (HLB) number. As used herein, the term "water-soluble silicone compound" refers to a silicone having a HLB of at least 10.

**[0040]** As used herein, the molecular weight of the silicone portion of the water-soluble silicone compound is less than 10,000, and more preferably, less than 8,000, or less than 6,000. In various embodiments, n is in the range of 20-100, more preferably, 20-80, or still more preferably, 30-60.

**[0041]** The water soluble silicone is represented by PEG-X silicone, wherein X is an integer of 6-20, preferably 8-20, or PPG-X silicone, wherein X is an integer of 8-20, wherein X represents the number of ethylene oxide units. More preferably, X is 8-15.

**[0042]** In a preferred embodiment, the water-soluble silicone compound is PEG-8 dimethicone, for example Silwax® WS-4 (Siltech Corporation, Toronto, Ontario).

**[0043]** In other embodiments, the water-soluble silicone compound is Bis-PEG-18 methyl ether dimethylpolysiloxane, wherein the two capping groups of the polysiloxane chain are PEG-18 (18 units of ethylene oxide).

**[0044]** The water-soluble silicone compound is used at concentrations of 0.5-20% or more preferably 5-20% (w/w) of the total weight of the topical formulation. In various embodiments, the amount of the water-soluble silicone compound is in the range of 5-15%, or 5-10% or 8-15% or 8-10% and the like. In preferred embodiments, the PEG-8 dimethicone may be present at 10% (w/w) of the total weight of the topical formulation.

#### **Film forming agents**

**[0045]** As used herein, "film forming agents" refers to organic or inorganic polymer or oligomers, or organic-inorganic copolymers that are capable of forming a cohesive film or mesh. The film forming agents used in the present invention are polysilsesquioxane compounds.

**[0046]** A polysilsesquioxane compound is a branched siloxane polymer having a chemical formula  $[\text{RSiO}_{3/2}]_n$ , wherein  $n$  is an integer greater than zero and  $R$  is at each occurrence independently H, alkyl, aryl, hydroxy or alkoxy.

**[0047]** As used herein,  $n$  is typically an integer up to 100.

**[0048]** As used herein, "alkyl" refers to a straight or branched hydrocarbon chain radical consisting solely of carbon and hydrogen atoms, containing no unsaturation, having from one to twelve carbon atoms, and which is attached to the rest of the molecule by a single bond. Preferably, the alkyl radical has one to eight carbon atoms, more preferably one to six carbon atoms. Examples of alkyl radicals include methyl, ethyl, *n*-propyl, 1-methylethyl (*iso*-propyl), *n*-butyl, *n*-pentyl, 1,1-dimethylethyl (*t*-butyl), 3-methylhexyl, 2-methylhexyl, and the like.

**[0049]** As used herein, "aryl" refers to a hydrocarbon ring system radical comprising hydrogen, 6 to 18 carbon atoms and at least one aromatic ring. For purposes of this invention, the aryl radical may be a monocyclic, bicyclic, tricyclic or tetracyclic ring system, which may include fused or bridged ring systems. Aryl radicals include, but are not limited to, aryl radicals derived from aceanthrylene, acenaphthylene, acephenanthrylene, anthracene, azulene, benzene, chrysene, fluoranthene, fluorene, *as*-indacene, *s*-indacene, indane, indene, naphthalene, phenalene, phenanthrene, pleiadene, pyrene, and triphenylene.

**[0050]** As used herein, "alkoxy" refers to a radical of the formula  $-\text{OR}_a$  where  $R_a$  is an alkyl radical as defined above containing one to twelve carbon atoms.

**[0051]** Polysilsesquioxane compounds generally adopt a cage-like or ladder-like structure with Si-O-Si linkages. In a preferred embodiment, the polysilsesquioxane compound is a poly(alkylsilsesquioxane). Still more preferably, the polysilsesquioxane compound is poly(methylsilsesquioxane) (*i.e.*,  $R$  is methyl), which is commercially available under the brand name Gransil PSQ® (Grand Industries, Inc., Elmwood Park, NJ).

**[0052]** Polysilsesquioxane compounds are especially preferred film-forming polymers. When applied topically (including on the scalp), a polysilsesquioxane compound, alone or together with the water-soluble silicone, is capable of forming a barrier, thereby slowing down the penetration and diffusion of the API. It is believed that the polysilsesquioxane compound forms a 3D mesh structure when applied to the skin. The mesh structure serves to entrap the liposomes in a mask-like covering of the scalp. The API (*e.g.*, finasteride) is released in a controlled fashion into the skin, where it is thereafter retained. Only very small amounts of finasteride are able to permeate entirely through the skin.

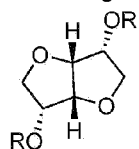
**[0053]** The polysilsesquioxane compound is present at concentrations of 1-20% (w/w) of the total weight of the topical formulation. In various embodiments, the amount of the water-soluble silicone is in the range of 1-10%, or 5-10% or 1-5% or 10-20% and the like. In a preferred embodiment, the polysilsesquioxane compound is Gransil PSQ®. Still more preferably, the Gransil PSQ® is present at 5% (w/w) of the total weight of the topical formulation.

**Optional Additives**

**[0054]** Solvents and co-solvents suitable for the topical formulation include, without limitation, one or more alcohols, or isosorbide.

**[0055]** Alcoholic solvents can be any solvent having at least one hydroxyl group. Alcoholic solvents can be miscible with both water and organic substances (such as PEG-silicone and polysilsesquioxane). The alcoholic solvent may be, without limitation, propanediol, phenoxyethanol, aminomethyl propanol and the like.

**[0056]** The optional additive may further include isosorbide, which is a versatile solvent that is compatible with both water and organic solvents. Isosorbide refers to a compound having the following structure:



wherein R at each occurrence, independently H or C<sub>1</sub>-C<sub>6</sub> alkyl. When at each occurrence R is methyl, the above compound is dimethyl disosorbide (or DMI), which is commercially available under the brand name Gransolve® DMI (Grant Industries, Elmwood Park, NJ).

**[0057]** The optional additive may further include a humectant, which helps to reduce moisture loss after the topical application is applied. An example of a suitable class of humectant is glyceryl derivatives, which refers to compounds derived from glycerol (1,2,3-propanetriol), wherein one or more of the hydrogens of the hydroxyl groups of glycerol are replaced by a straight or branched alkyl, alkenyl, or alkynyl chain. Glyceryl derivatives include mono-, di- and tri-esters of glycerin, for example, glyceryl caprylate (caprylyl glycol), ethylhexylglycerin, and mixtures thereof. In some embodiments, the glyceryl derivative is caprylyl glycol, for example Neofect® 403 (IMCD N. V., Rotterdam, The Netherlands).

**[0058]** In other embodiments, the composition optionally includes one or more preservatives to inhibit microbial activity. Suitable preservatives include mercury-containing substances such as merfen and thiomersal; stabilized chlorine dioxide; and quaternary ammonium compounds such as benzalkonium chloride, cetyltrimethylammonium bromide and cetylpyridinium chloride.

**[0059]** Still other embodiments of the composition include one or more surfactants to enhance physical stability or for other purposes. Suitable nonionic surfactants include polyoxyethylene fatty acid glycerides and vegetable oils, e.g., polyoxyethylene (60) hydrogenated castor oil; and polyoxyethylene alkylethers and alkylphenyl ethers, e.g., octoxynol 10, octoxynol 40.

**[0060]** Still other embodiments of the composition include one or more antioxidants to enhance chemical stability where required. Suitable antioxidants include, by way of example only,

butylated hydroxytoluene, butylated hydroxyanisole, Vitamin E, ascorbic acid and sodium metabisulfite.

#### **Method of Making the Topical Formulation**

**[0061]** The topical formulation of the present disclosure can be made sequentially by first forming the liposomes and then the gel matrix. Vesicle-forming lipids are mixed with water while stirring, whereby the lipids form into liposomes under the shear force of the mixing. To this mixture, a gelling agent, water-soluble silicone compound and a polysilsesquioxane compound can be added under stirring, until a homogeneous and uniform formulation is formed.

**[0062]** Additional optional additives can be added at any point of the process, preferably after the liposome formation.

**[0063]** As discussed herein, a liposomal topical base formulation may be formed without the API. The base formulation takes the form and consistency of a gel and thereafter can be loaded with one or more API(s).

**[0064]** Alternatively, the API is loaded during the formation of the liposome or after the formation of the liposome but before the formation of the gel matrix (*i.e.*, before adding a gelling agent).

**[0065]** The silicone components, including water-soluble silicone compound and, if present, a polysilsesquioxane compound may be added to the liposomes (with or without API). These silicone components are film-forming compounds and contribute to the depot effect of the API release from the topical formulation.

#### **Use of the Topical Formulation**

**[0066]** The topical formulation disclosed herein may be applied to the skin, including scalp, of a subject. "Subject" refers to an animal, such as a mammal, for example a human. The methods described herein can be useful for both human therapeutics and veterinary applications. In some embodiments, the subject is a mammal, and in some embodiments, the subject is human.

**[0067]** As discussed herein, due to the depot effect, the API may be released slowly and in a highly localized manner. In particular, as demonstrated in the Examples in which finasteride-loaded topical formulations were tested for skin permeation and retention, it was observed that the formulation according to the present disclosure resulted in steady state plasma concentration at about 1.5- to 5.5-fold less than known topical formulations with no siliconic

components. It was also observed that the flux and amount of finasteride that permeated the skin may be greatly reduced for formulations prepared according to embodiments of the present disclosure.

**[0068]** In some embodiments, the composition is administered in multiple doses. In some embodiments, dosing is about once, twice, three times, four times, five times, six times, or more than six times per day. In other embodiments, dosing is about once a month, once every two weeks, once a week, or once every other day. In yet another embodiment, the administration continues for more than about 6, 10, 14, 28 days, two months, six months, or one year. In some cases, continuous dosing is achieved and maintained as long as necessary. For example, in one embodiment, a composition of any one of the foregoing embodiments is administered once per day for 3 weeks.

**[0069]** Administration of the composition may continue as long as necessary. In some embodiments, a composition is administered for more than 1, 2, 3, 4, 5, 6, 7, 14, or 28 days. In some embodiments, a composition is administered chronically on an ongoing basis, *e.g.*, for the treatment or prophylaxis of chronic conditions.

**[0070]** A dermatological condition or disorder that may be addressed or treated by the topical formulations is androgenic alopecia (male pattern baldness).

## **EXAMPLES**

### **EXAMPLE 1**

#### **PREPARATION OF 2.5% w/w FINASTERIDE TOPICAL COMPOSITION**

**[0071]** A sanitized turbo-emulsifier was charged with water, followed by Lecinol S-10. The resultant mixture was stirred at high speed for 10 minutes at ambient temperature. While maintaining stirring, the mixture was warmed to 70 °C and stirred for an additional 60 minutes at 70 °C. Carbopol Ultrez® 21 was added and the resultant mixture was stirred at medium speed at 70 °C for 10 minutes and allowed to stand at a temperature of 70 °C for 30 minutes, ensuring the acrylate polymer was solvated. To the mixture was added a solution of finasteride in 1,3-propane diol and the resultant mixture was stirred at high speed for 10 minutes at 70 °C. While maintaining stirring, the mixture was allowed to cool to 30 °C and Neofect® 403, phenoxyethanol, Silwax® WS, and dimethyl isosorbide were added sequentially. To the resultant homogeneous mixture was added 2-amino-2-methylpropan-1-ol followed by stirring at high speed for 10 minutes. Thereafter, Gransil PSQ® was added to the mixture, followed by 10 minutes of high speed stirring to afford a homogeneous gel.

[0072] The final concentration of each respective component is shown in Table 1 below:

**Table 1.** Component concentrations for a 2.5% w/w finasteride topical composition

| Component<br>(Commercial Name) | Concentration<br>(% w/w) | INCI Name                                                  |
|--------------------------------|--------------------------|------------------------------------------------------------|
| Purified water                 | 59.9                     | Aqua                                                       |
| Lecinol S-10                   | 0.5                      | Hydrogenated Lecithin                                      |
| Carbopol Ultrez® 21            | 0.8                      | Acrylates/C 10-30 Alkyl Acrylate<br>Crosspolymer           |
| Finasteride                    | 2.5                      | -                                                          |
| 1,3-propanediol                | 10.0                     | Propanediol                                                |
| Neofect® 403                   | 0.8                      | Caprylyl Glycol/Glyceryl Caprylate/<br>Ethylhexyl glycerin |
| Phenoxyethanol                 | 0.2                      | Phenoxyethanol                                             |
| Silwax WS®                     | 10.0                     | PEG-8 Dimethicone                                          |
| Gransolve® DMI                 | 10.0                     | Dimethyl Isosorbide                                        |
| AMP                            | 0.3                      | (aminomethyl)propanol                                      |
| Gransil PSQ®                   | 5.0                      | Poly(methylsilsesquioxane)                                 |

## EXAMPLE 2

### PREPARATION OF GEL BASE

[0073] A sanitized turbo-emulsifier was charged with water, followed by Lecinol S-10. The resultant mixture was stirred at high speed for 10 minutes at ambient temperature. While maintaining stirring, the mixture was warmed to 70 °C and stirred for an additional 60 minutes at 70 °C. Carbopol Ultrez® 21 was added and the resultant mixture was stirred at medium speed at 70 °C for 10 minutes and allowed to stand at a temperature of 70 °C for 30 minutes, to achieve solvation of the acrylate polymer. While maintaining stirring, the mixture was allowed to cool to 30 °C and Nefect® 403, phenoxyethanol, Silwax® WS, and dimethyl isosorbide were added sequentially. To the resultant homogeneous mixture was added 2-amino-2-methylpropan-1-ol followed by stirring at high speed for 10 minutes. Gransil PSQ® was added to the mixture, followed by 10 minutes of high speed stirring to afford a homogeneous gel. The final concentration of each respective component is shown in Table 2 below:

**Table 2.** Component concentrations of a representative gel base

| Component<br>(Commercial Name) | Concentration (%)<br>w/w) | INCI Name |
|--------------------------------|---------------------------|-----------|
| Purified water                 | 72.4                      | Aqua      |

| Component<br>(Commercial Name) | Concentration (%)<br>w/w) | INCI Name                                                  |
|--------------------------------|---------------------------|------------------------------------------------------------|
| Lecinol S-10                   | 0.5                       | Hydrogenated Lecithin                                      |
| Carbopol Ultrez® 21            | 0.8                       | Acrylates/C 10-30 Alkyl Acrylate                           |
|                                |                           | Crosspolymer                                               |
| Neofect® 403                   | 0.8                       | Caprylyl Glycol/Glyceryl Caprylate/<br>Ethylhexyl glycerin |
| Phenoxyethanol                 | 0.2                       | Phenoxyethanol                                             |
| Silwax WS®                     | 10.0                      | PEG-8 Dimethicone                                          |
| Gransolve® DMI                 | 10.0                      | Dimethyl Isosorbide                                        |
| AMP                            | 0.3                       | (aminomethyl)propanol                                      |
| Gransil PSQ®                   | 5.0                       | Poly(methylsilsesquioxane)                                 |

**EXAMPLE 3****PREPARATION OF 2.5 w/w FINASTERIDE TOPICAL GEL VIA COMPOUNDING**

**[0074]** A mixture of finasteride (2.5 g) and the liposomal gel base of Example 2 (2.5 g) was levigated (*i.e.*, milled together) at ambient temperature in an electronic mortar and pestle (*e.g.*, Unguator E/S, Galenova, Inc., Saint-Hyacinthe, QC, Canada) for 5 minutes. Additional liposomal gel base (95 g) was added portionwise over 10 minutes and the levigation was continued until a visually-homogeneous mixture is obtained.

**EXAMPLE 4****PHARMACOKINETIC ANALYSIS OF SUBJECTS DOSED WITH 2.5% w/w FINASTERIDE TOPICAL COMPOSITION**

**[0075]** A pharmacokinetic (PK) and pharmacodynamic (PD) clinical study was performed to ascertain whether the topical liposomal formulation of Example 3 (*i.e.*, a 2.5% w/w finasteride topical liposomal composition) leads to modest systemic exposure of finasteride in human subjects, and to determine whether daily application of the topical liposomal formulation of Example 1 to the scalp for three weeks leads to an attenuation of the reduction of plasma dihydrotestosterone (DHT) observed with conventional finasteride therapy.

**Bioanalysis**

**[0076]** Ultra-high performance liquid chromatography/tandem mass spectrometry (UPLC-MS/MS) assays for the quantitation of finasteride and DHT in human plasma were developed and qualified.

**[0077]** The assay for finasteride employed a stable isotope-labeled (deuterated) internal standard and was qualified over a linear range of 0.05 ng/mL (lower limit of quantitation) to 50 ng/mL (coefficient of determination = 0.9985) using an 8-point calibration curve. The signal-to-noise ratio at the lower limit of quantitation was > 10. Quality control (QC) standards were prepared using finasteride in blank human plasma at nominal concentrations of 0.2 ng/mL (low QC), 1 ng/mL (mid QC) and 40 ng/mL (high QC). The quality control standards were analyzed in quadruplicate and the concentration of finasteride interpolated from the linear calibration curve using peak area ratio methodology versus the internal standard. Each replicate calculated concentration was within  $\pm 13\%$  of the nominal concentration for each of the low, mid and high QC standards. Blank samples were also injected at regular intervals in order to confirm the absence of analyte carry-over. The assay was therefore considered qualified for the accurate determination of finasteride in human plasma.

**[0078]** The assay for DHT employed a stable isotope-labeled (deuterated) internal standard and was qualified over a linear range of 50 pg/mL (lower limit of quantitation) to 10,000 pg/mL (coefficient of determination = 0.9988) using an 8-point calibration curve. The signal-to-noise ratio at the lower limit of quantitation was > 10. Quality control (QC) standards were prepared using DHT in blank human plasma at nominal concentrations of 50 pg/mL (low QC), 200 pg/mL (low-mid QC), 1,000 pg/mL (mid-high QC) and 8,000 pg/mL (high QC). The quality control standards were analyzed in quadruplicate and the concentration of DHT interpolated from the linear calibration curve using peak area ratio methodology versus the internal standard. Each replicate calculated concentration was within  $\pm 14\%$  of the nominal concentration for each of the low, mid and high QC standards. Blank samples were also injected at regular intervals in order to confirm the absence of analyte carry-over. The assay was therefore considered qualified for the accurate determination of DHT in human plasma.

## Study Design

**[0079]** In a controlled study, six male subjects not previously treated with finasteride, and one male subject previously treated with finasteride but who had discontinued finasteride therapy for the preceding seven days, were administered a pre-treatment blood draw to establish baseline levels of finasteride and DHT. No finasteride was detected in the previously untreated subjects; the previously treated subject had a baseline finasteride level of 0.098 ng/mL where the

lower limit of detection was 0.05 ng/mL. The subjects were provided with the formulation of Example 3 and were instructed to apply it daily (as a thin layer) to the scalp for 20 consecutive days. The subjects were then instructed to return to the clinic on the day of their final dose (*i.e.*, Day 21). After a pre-dose blood sample was taken, the subjects were administered their final (*i.e.*, 21<sup>st</sup>) dose. Blood samples were taken 1, 2, 4, 8 and 24 hours post-dose. The blood samples were processed to plasma and stored at -80 °C prior to UPLC/MS-MS analysis.

#### Assay Performance and Quality Control

[0080] A pharmacokinetic (PK) assay was developed to detect finasteride and dihydrotestosterone (DHT) concentrations in human serum, respectively. Assay performance was within standard acceptance criteria (*i.e.*, linearity of calibration curve, recovery of standards, bias of QC samples across operating range, etc.). It was noted that Test Subject 1 had a pre-test finasteride serum concentration of 0.098 ng/mL (98 pg/mL), which was ascribed to inadequate pre-study wash-out. All other test subjects had finasteride concentrations below the lower limit of quantitation (*i.e.*, < 50 pg/mL) of the assay, which was expected for the pre-test samples.

#### Pharmacokinetic Analysis of 2.5% w/w Finasteride Topical Composition

[0081] After dosing once per day for 3 weeks with the 2.5% w/w finasteride topical liposomal composition of Example 3, plasma levels were tested to determine the finasteride serum concentration. Results indicated that finasteride serum concentrations were consistent over the 24 hour PK monitoring interval (*i.e.*, between about 4.31 ng/mL and 7.37 ng/mL) and showed no dramatic increase (*i.e.*, "spike") post-dose. In contrast, oral formulations of finasteride typically show a dramatic increase in serum finasteride concentration following dosage. The stable serum concentration in the topical treatment indicates a slow and steady egress of finasteride from the skin into the plasma. These data reflect the "depot" or "anchor" effect of the composition when a 2.5% w/w finasteride topical liposomal composition is administered. That is, the concentration of finasteride on the skin remains highly localized and the therapeutic agent (*i.e.*, finasteride) is released slowly while the finasteride serum concentration does not show a dramatic or substantial increase. The results of the time course study are shown below in Table 3 and in Fig. 1.

**Table 3.** Mean finasteride serum concentration over 24 hours at steady state

| Time Point (hours) | Concentration $\pm \sigma^{\dagger}$ (ng/mL) |
|--------------------|----------------------------------------------|
| 0                  | 4.31 $\pm$ 2.82                              |
| 1                  | 3.97 $\pm$ 2.68                              |
| 2                  | 4.74 $\pm$ 2.75                              |

| Time Point (hours)                    | Concentration $\pm \sigma^\dagger$ (ng/mL) |
|---------------------------------------|--------------------------------------------|
| 4                                     | 4.95 $\pm$ 2.76                            |
| 8                                     | 6.84 $\pm$ 3.46                            |
| 24                                    | 7.37 $\pm$ 4.72                            |
| $\dagger \sigma$ = standard deviation |                                            |

[0082] The highest individual plasma concentration level detected was 13.90 ng/mL.

#### Pharmacodynamic Analysis of 2.5% w/w Finasteride Topical Composition

[0083] After 3 weeks of treatment as described above, a modest reduction in the concentration of dihydrotestosterone (DHT) in serum of 31%  $\pm$  21% (range: 0-53%) was observed. By way of comparison, typical reduction in DHT serum concentration for oral formulations range from 60 to 70%. That is, the present compositions show an approximately 2-fold less reduction of DHT serum concentration when compared with oral finasteride therapy.

[0084] The results were obtained by comparing the pre-test DHT serum concentration to the DHT serum concentration at  $T_0$  of the last treatment (*i.e.*, week 3). The data are shown below in Table 4 and in Fig. 2.

**Table 4.** DHT serum concentrations pre-test and  $T_0$  at week 3

| Test Subject                    | Pre-Test DHT Concentration (ng/mL) | Week 3 $T_0$ DHT Concentration (ng/mL) | Relative Decrease (%) |
|---------------------------------|------------------------------------|----------------------------------------|-----------------------|
| 1                               | 2.14                               | 2.14                                   | 0                     |
| 2                               | 3.20                               | 1.69                                   | 47                    |
| 3                               | 3.91                               | 2.49                                   | 36                    |
| 4                               | 6.65                               | 3.25                                   | 51                    |
| 5                               | 6.02                               | 5.45                                   | 9                     |
| 6                               | 6.08                               | 2.87                                   | 53                    |
| 7                               | 2.87                               | 2.25                                   | 22                    |
| Mean                            | 4.41                               | 2.87                                   | 31                    |
| Standard Deviation ( $\sigma$ ) | 1.80                               | 1.24                                   | 21                    |

[0085] In addition, the time course mean DHT serum concentration was remarkably consistent

over the 24 hour monitoring interval. The data show no sharp increase or drop in DHT serum concentration, which indicates slow, sustained release of the active therapeutic agent (i.e., finasteride). The results of the time course DHT serum concentration PD study are shown in Table 5 below and in Fig. 3.

**Table 5.** Mean DHT serum concentrations over 24 hours

| Time Point (hours) | Concentration $\pm \sigma^{\dagger}$ (ng/mL) |
|--------------------|----------------------------------------------|
| 0                  | $2.87 \pm 1.24$                              |
| 1                  | $2.59 \pm 1.37$                              |
| 2                  | $2.98 \pm 1.37$                              |
| 4                  | $2.70 \pm 1.16$                              |
| 8                  | $2.46 \pm 1.19$                              |
| 24                 | $2.81 \pm 1.30$                              |

## Conclusions

**[0086]** The data demonstrate that the delivery of finasteride by the liposomal formulation of finasteride is largely restricted to the top layers of the skin. While slow, sustained release of finasteride into systemic circulation was observed, the plasma finasteride levels were generally very modest (in no cases exceeding  $14 \text{ ng/mL}$ ). The mean reduction in plasma DHT by finasteride was far less pronounced with the composition of the liposomal formulation of finasteride (31%) than with oral finasteride therapy (60-70%). Therefore, the data shows that the liposomal formulation of finasteride effectively delivers finasteride to the skin with reduced systemic exposure and causes less reduction in systemic DHT levels than occurs with oral finasteride therapy.

## EXAMPLE 5

### STABILITY TESTING

**[0087]** The composition prepared according to Example 1 was subjected to stability testing. Stability tests were performed to determine physical stability, accelerated and long-term physico-chemical stability, and the absence of microbial contamination. The formulation was exceptionally robust under the testing conditions for each test administered.

#### Physical Stability

**[0088]** The formulation was centrifuged for 5 hours. Upon recovery of the sample, no phase separation was observed, which indicated that the formulation was physically stable under rigorous physical conditions.

#### **Accelerated and Long-Term Stability**

**[0089]** The formulation was also subjected to accelerated and long-term stability testing. For accelerated stability tests, samples were held at 40°C for 3 months. Long-term stability was tested by holding samples at 25°C for 12 months. The samples were then observed for any changes in physical characteristics. Advantageously, the formulation showed excellent stability at the conclusion of each study, which demonstrates that embodiments of the formulations disclosed herein have outstanding stability.

#### **Microbial Testing**

**[0090]** The formulation was tested for contamination. At time points of 0, 1, 3, and 12 months samples were tested for yeast, molds, and bacteria. At each time point the composition showed no detectable signs of microbial contamination or microbial growth. Accordingly, embodiments of formulations disclosed herein can be stored for long periods while remaining free of any unwanted contaminants.

#### **EXAMPLE 6**

#### **IN VITRO SKIN PERMEATION ASSESSMENT OF DUTASTERIDE**

**[0091]** To investigate the impact of the siliconic components in dutasteride-loaded formulations, in vitro tests were conducted to measure the permeation through and retention into skin epidermis of a dutasteride-loaded siliconic gel formulation made according to the same process of Example 1 (by replacing finasteride with dutasteride). As a comparison, a gel spray of dutasteride without silicone (PEG-8 Dimethicone or Poly(methylsilsesquioxane)) was also prepared. An original Franz-type diffusion cell system was modified to accommodate widened vertical columns and removal of the bowl shape. The diffusion area was 0.636 cm<sup>2</sup> with a receiver capacity of approximately 3.0 mL. The receiver volume for each cell was individually calibrated.

#### **Skin Preparation**

[0092] Human epidermis samples were prepared according to standard protocols. The samples were obtained from abdominal skin of two 30-50 year old Eurasiatic donors. The samples were used as a membrane between the two chambers in the Franz cells. After about 6-8 hours, fat cells were carefully removed from the full thickness skin. The skin sections were cut into 2.5 × 2.5 cm squares, sealed in aluminum foil and frozen at -20°C. Prior to preparation, the samples were thawed to room temperature, immersed in 60°C water, and the epidermis was gently separated from the remaining tissue with forceps and allowed to dry.

### **Skin Integrity**

[0093] Before being mounted on the Franz cell, each epidermal sheet was visually inspected to avoid any possible defects. Additionally, the electrical resistance of isolated epidermis was measured to ensure the integrity of the barrier membrane. Epidermis samples with a resistance above 18 kΩ/cm<sup>3</sup> were used for experiments.

### **Skin Permeation**

[0094] The upper and lower parts of the Franz cell were sealed with paraffin film and fastened together by a clamp. The membrane was positioned to act as a seal between the donor and receptor compartments. The skin was carefully mounted on the lower half of the Franz cell with the dermis facing downward and the stratum corneum in contact with the sample formulations. At the beginning of the experiment, the semisolid formulation was applied to the skin as donor phase (approximately 10 mg/0.636 cm<sup>2</sup>) using an excavated silicon cylinder. The receiver compartments were filled with a saline solution, which had been filtered through a 0.2 μm membrane and sonicated under vacuum to remove air. Samples were prepared such that no air bubbles were present between the receptor medium and the dermis in the receptor compartment.

[0095] The prepared Franz cells were stirred continuously using a magnetic stir bar at a temperature of 37°C. At time points of 1, 3, 5, 7, and 24 hours, 0.2 mL samples were taken from the receiver compartment and replaced with fresh medium. Sink conditions were maintained throughout the experiments. Three replicates per test preparation per donor were performed. Samples from the receiver compartment were tested using gas chromatography to determine concentrations of compounds that permeated through the epidermis.

### **Epidermis Retention**

[0096] Following the 24 hour permeation experiment described above, the epidermis samples were recovered and any residual formulation was removed from the surface of the epidermis, followed by a 10 mL methanol wash to remove any additional residual formulation. The

epidermis samples were cut into small pieces and collected in tubes containing 5 mL of methanol. Samples were sonicated for 30 minutes and left to stand. After standing for 24 hours, the supernatant was centrifuged at 3000 rpm for 10 minutes at 23°C and analyzed by HPLC.

#### Analysis of Dutasteride Concentration

**[0097]** Dutasteride concentration was determined using LC/MS-MS according to the following parameters:

Instrument: Acquity TQD (Waters) with ESI and triple quadrupole detector

Column: Poroshell 120 (Agilent) SB-C8 2.7  $\mu\text{m}$ ; 2.1  $\times$  100 mm

Mobile Phase: Phase A (5 mM buffer, 0.1% formic acid / Phase B (acetonitrile)

Chromatographic Method: 20% Phase A/80% Phase B - isocratic for 7 minutes

Injection Volume: 10  $\mu\text{L}$

Column Temperature: 40°C

Multiple Reaction Monitoring (MCM) was used for fragmentation at 529.4 > 95.27. Standards were prepared at concentrations of 10, 5 and 1  $\mu\text{g/mL}$  in methanol. Samples from the receiver compartment were injected without dilution.

#### Results - Dutasteride

**[0098]** In the receiver compartment, dutasteride was never detected, indicating that it did not permeate through human epidermis (skin) when subjected to the experimental conditions. The retained amounts of dutasteride in the human epidermis samples after 24 hours using the two different formulations were not statistically different. The results are summarized in Table 6 below.

**Table 6.** Permeation and retention data for dutasteride and human skin (n = 5)<sup>±</sup>

|                          | Permeated Amount<br>After 24 hours<br>( $\mu\text{g/cm}^2$ ) | Flux<br>( $\mu\text{g/cm}^2/\text{h}$ ) | Retained Amount<br>After 24 hours<br>( $\mu\text{g/cm}^2$ ) | %<br>retained      |
|--------------------------|--------------------------------------------------------------|-----------------------------------------|-------------------------------------------------------------|--------------------|
| Siliconic<br>Formulation | -                                                            | -                                       | 1.65 $\pm$ 0.58                                             | 0.81 $\pm$<br>0.28 |
| Spray<br>Formulation     | -                                                            | -                                       | 1.00 $\pm$ 0.45                                             | 0.49 $\pm$<br>0.22 |

† data reported as mean ± standard deviation

## EXAMPLE 7

### SKIN PERMEATION ASSESSMENT OF FINASTERIDE

**[0099]** A skin permeation study was used to determine the permeation profile of finasteride through human skin (epidermis) *in vitro*. Samples were prepared and were tested according to the methods described in Example 5. Three different formulations were prepared, (1) a formulation prepared according to Example 1 ("Formulation 1"), (2) a carbomer-based gel without siliconic components or liposomes ("carb gel"), and (3) a liposome gel without siliconic components ("lipo gel"), each with a finasteride concentration of 2.5 % w/w. Profiles for three different formulations through epidermis samples showed dramatically different permeation through epidermis as well as a calculated flux for Formulation 1 after 24 hours that was well below those of the other formulations tested (Fig. 4). It can be observed that Formulation 1 showed the lowest permeation profile and a calculated flux that was greatly reduced relative to the other formulations tested.

**[0100]** In order to compare the *in vitro* and *in vivo* data, an equation was used to calculate the steady-state plasma concentration of finasteride estimated on the basis of *in vitro* permeation data; the equation is given below:

$$C_{ss} = (A \times J) / CL$$

**[0101]**  $C_{ss}$  is the steady state plasma concentration for finasteride, A is the skin area available for diffusion, J is the *in vitro* permeation rate (flux;  $\mu\text{g}/\text{cm}^2\text{h}$ ) and CL is the systemic clearance after oral administration (165 mL/minute for finasteride). The calculated  $C_{ss}$  value for each formulation was compared to the maximum concentration at steady state ( $C_{max}$ ) obtained after daily oral administration of 1 mg finasteride capsules.

**[0102]** The application area of the gel was assumed to be 200  $\text{cm}^2$  and the clearance value of 165 mL/minute was used to estimate the plasma steady state concentration ( $C_{ss}$ ) from the *in vitro* experiments conducted with human skin from the same donor. These data are presented in Table 7 below.

**Table 7.** Permeation and retention data for finasteride and human skin†

|                                                 | Permeated Amount 24 h ( $\mu\text{g}/\text{cm}^2$ ) | Estimated <i>In vivo</i> Permeated Amount 24 h ( $\mu\text{g}/\text{cm}^2$ ) | Flux ( $\mu\text{g}/\text{cm}^2/\text{h}$ ) | $C_{ss}$ (ng/mL) | Retained Amount After 24 hours ( $\mu\text{g}/\text{cm}^2$ ) | Estimated <i>In vivo</i> Retained Amount 24 h ( $\mu\text{g}/\text{cm}^2$ ) |
|-------------------------------------------------|-----------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------------|------------------|--------------------------------------------------------------|-----------------------------------------------------------------------------|
| Formulation 1                                   | $0.66 \pm 0.24$                                     | 0.016                                                                        | $0.02 \pm 0.00$                             | 0.49             | $0.41 \pm 0.28$                                              | 0.081                                                                       |
| Carb Gel                                        | $1.55 \pm 0.06$                                     | 0.034                                                                        | $0.04 \pm 0.01$                             | 0.74             | $0.34 \pm 0.21$                                              | 0.066                                                                       |
| Lipos Gel                                       | $4.11 \pm 1.50$                                     | 0.241                                                                        | $0.13 \pm 0.01$                             | 2.69             | $0.49 \pm 0.39$                                              | 0.095                                                                       |
| †data reported as mean $\pm$ standard deviation |                                                     |                                                                              |                                             |                  |                                                              |                                                                             |

[0103] It was observed that when finasteride was administered to human skin in a formulation prepared according to embodiments of the present disclosure, the resulting steady state plasma concentration was between about 1.5- to 5.5-fold less than when administered according to other known topical formulations. It was also observed that the flux and amount of finasteride that permeated the skin was greatly reduced for formulations prepared according to embodiments of the present disclosure. As evidenced by the data in Table 7 and Fig. 4, these studies show the desirable "drug depot" qualities exhibited by the topical formulations prepared according to embodiments of the present invention.

#### EXAMPLE 8

##### TOPICAL FINASTERIDE STUDY

[0104] A clinical study was performed to assess the efficacy associated with the finasteride formulation described in Example 3.

[0105] Patients in the study were positively identified as having androgenic alopecia (male pattern baldness). The degree of baldness was subsequently assessed according to the Norwood Hamilton Scale. Individuals with more advanced loss on this scale were selected, as changes in hair loss density and new hair growth would be more easily assessed in these cases. Exclusion criteria included the use of finasteride or any other hair loss treatment and/or hormonal therapy within the prior six months.

[0106] Patients were instructed to apply the 2.5% w/w finasteride topical liposomal topical gel to the areas of the scalp affected by pattern baldness massaging the gel into the scalp. The patients were instructed to apply the gel once daily after a morning shower, after having towel-

dried the hair. Patients were instructed to not use hair-styling products during the course of the study.

**[0107]** All patients were informed of the known side-effects of oral finasteride. They were instructed to contact the physician conducting the study should they experience any of these side-effects. In addition, they were instructed to report any other symptoms experienced - including local issues at the site of gel application.

**[0108]** Follow-up assessments were initiated by patients once they had observed significant changes in their hair growth. Further follow-up assessments were performed at 6 monthly intervals, or time of visit of the study physician - depending on the patient's location. These assessments were documented using global photography of the scalp, focusing on areas affected by pattern baldness.

## **Results**

**[0109]** Nine patients were selected for the purposes of this study. All nine patients demonstrated increased hair density and new follicular growth. Improvement was noted in both the frontal zone and vertex areas. The area with the most apparent increased density was along the inferior border of the posterior crown area (see Fig.5A-5I). No side effects were reported during the study period, including a lack of sexual dysfunction or erectile dysfunction associated with oral finasteride.

## **Conclusion**

**[0110]** The data demonstrate that the 2.5% w/w finasteride topical liposomal gel was highly effective in halting the progression of pattern baldness. Also, the data demonstrate marked regrowth of affected follicles. Surprisingly, no local or systemic adverse effects were identified as a result of the 2.5% w/w finasteride topical liposomal composition.

# **REFERENCES CITED IN THE DESCRIPTION**

## **Cited references**

This list of references cited by the applicant is for the reader's convenience only. It does not form part of the European patent document. Even though great care has been taken in compiling the references, errors or omissions cannot be excluded and the EPO disclaims all liability in this regard.

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**Patentkrav**

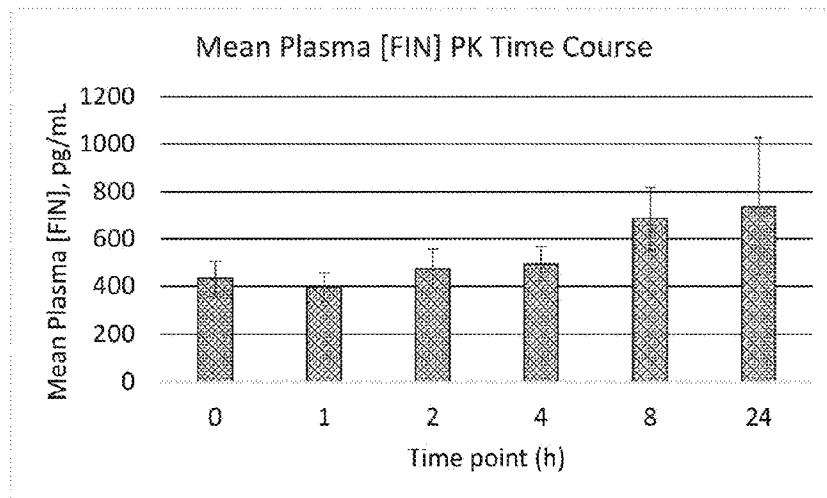
1. En liposomal topisk formulering, som består af:  
 et stort antal liposomer;  
 5 en vandig gelmatrix, i hvilken det store antal liposomer er dispergeret, hvor den vandige gelmatrix består af et geleringsmiddel, en vandopløselig silikoneforbindelse, som er en PEG-X-silikone, hvor X er et heltal mellem 6-20, eller en PPG-X-silikone, hvor X er et heltal mellem 8-20, et filmdannende middel, som er en polysilsesquioxan-forbindelse i en koncentration på 1-20% efter vægt af den  
 10 samlede sammensætning, og vand samt finasterid eller dutasterid indkapslet i liposomerne.
2. Den liposomale topiske formulering i påstand 1, hvor den vandopløselige silikoneforbindelse er en PEG-X-silikone, hvor X er et heltal mellem 6-20.
- 15 3. Den liposomale topiske formulering i påstand 1 eller påstand 2, hvor polysilsesquioxan-forbindelsen er en poly(alkylsilsesquioxan).
4. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, hvor polysilsesquioxan-forbindelsen har en koncentration i intervallet 1 til 10% efter vægt af den  
 20 samlede sammensætning.
5. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, hvor polysilsesquioxan-forbindelsen er poly(methylsilsesquioxan).
- 25 6. Den liposomale topiske formulering i påstand 5, hvor poly(methylsilsesquioxan) er til stede som 5% efter vægt af den samlede sammensætning.
7. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, hvor det  
 30 store antal liposomer indeholder lecitin, fortrinsvis hvor lecitet er et hydrogeneret lecitin.
8. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, hvor geleringsmidlet er en acrylatpolymer, fortrinsvis hvor acrylatpolymeren er en C10-C30-alkylacrylat-krydspolymer.
- 35 9. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, hvor den vandopløselige silikoneforbindelse er PEG-8-dimethicon.
10. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, hvor det  
 40 store antal liposomer har en koncentration i intervallet ca. 0,1 til 1,0% efter vægt af den samlede sammensætning.
11. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, hvor geleringsmidlet har en koncentration i intervallet ca. 0,3 til 1,3% efter vægt af den samlede  
 45 sammensætning.
12. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, hvor den vandopløselige silikoneforbindelse har en koncentration i intervallet ca. 6 til 14% efter vægt  
 50 af den samlede sammensætning.

13. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, som ydermere indeholder dimethylisosorbid (DMI).
- 5 14. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, som ydermere indeholder et eller flere spritholdige opløsningsmidler, fortrinsvis hvor den liposomale topiske formulering indeholder propandiol, phenoxyethanol eller aminomethylpropanol.
- 10 15. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, som ydermere indeholder et fugtighedsbevarende middel, fortrinsvis hvor det fugtighedsbevarende middel er caprylylglycol, ethylhexylglycerin eller en blanding heraf.
- 15 16. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, som ydermere indeholder et konserveringsmiddel.
17. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, som ydermere indeholder et overfladeaktivt stof.
- 20 18. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, som ydermere indeholder en antioxidant.
- 25 19. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, hvor finasterid eller dutasterid er til stede som 0,5-5% (w/w) af den samlede vægt af formuleringen, fortrinsvis hvor finasterid eller dutasterid er til stede som 0,5-4% eller 2-5% (w/w) af den samlede vægt af formuleringen.
- 30 20. Den liposomale topiske formulering i påstand 19, hvor finasterid eller dutasterid er til stede som 1-3% (w/w) af den samlede vægt af formuleringen, fortrinsvis hvor finasterid eller dutasterid er til stede som 2,5% (w/w) af den samlede vægt af formuleringen.
21. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, som indeholder finasterid.
- 35 22. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, som indeholder dutasterid.
23. Den liposomale topiske formulering i en hvilken som helst af påstandene ovenfor, til brug ved behandling eller forebyggelse af androgen alopeci.
- 40 24. Den liposomale topiske formulering til brug i påstand 23, hvor brugen omfatter administration én gang om dagen.
- 45 25. Den liposomale topiske formulering til brug i påstand 23, hvor brugen omfatter administration én gang om ugen.
26. Den liposomale topiske formulering til brug i påstand 23, hvor brugen omfatter administration én gang hver anden uge.

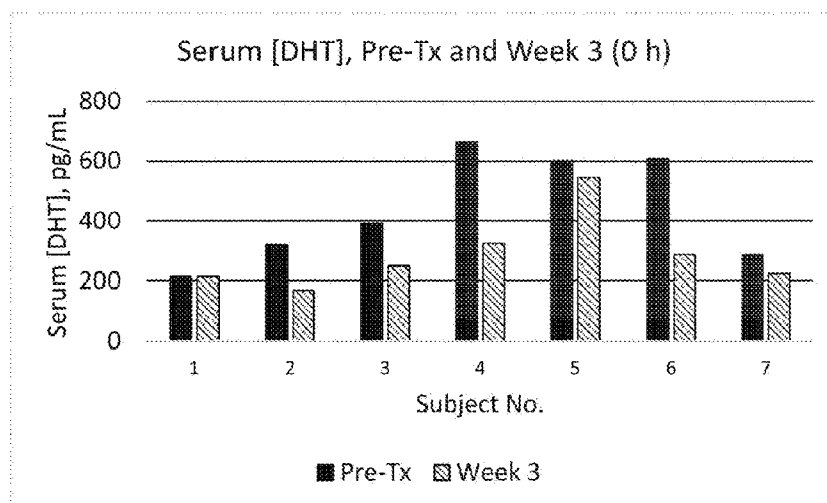
27. En metode til fremstilling af den liposomale topiske formulering i en hvilken som helst af påstandene 1 til 22, der omfatter:

5        dannelse af et stort antal liposomer, og  
      blanding af liposomerne med et geleringsmiddel, en vandopløselig  
      silikoneforbindelse, som er en PEG-X-silikone, hvor X er et heltal mellem 6-20, eller  
      en PPG-X-silikone, hvor X er et heltal mellem 8-20, et filmdannende middel, som er  
      en polysilsesquioxan-forbindelse i en koncentration på 1-20% efter vægt af den  
      samlede sammensætning, og finasterid eller dutasterid,  
      hvor finasterid eller dutasterid indkapsles i liposomerne.

# DRAWINGS



**FIG. 1**



**FIG. 2**

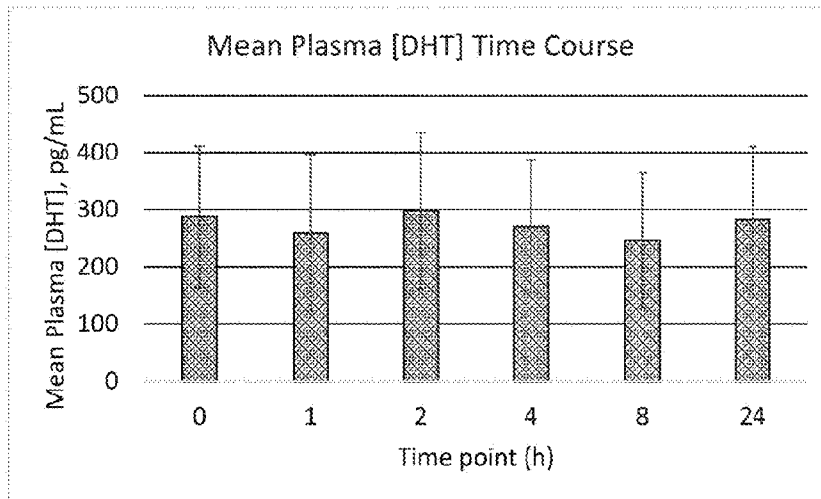


FIG. 3

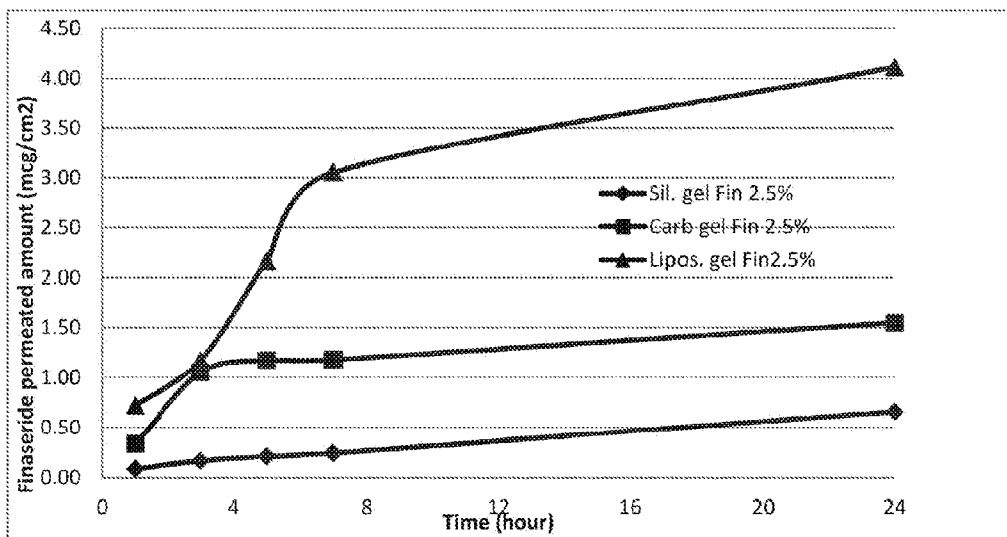
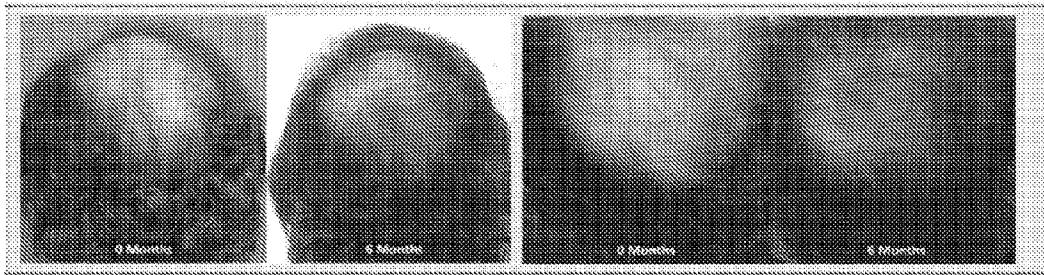
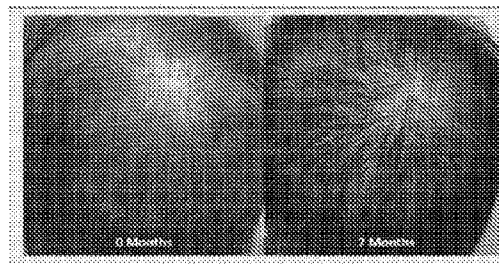


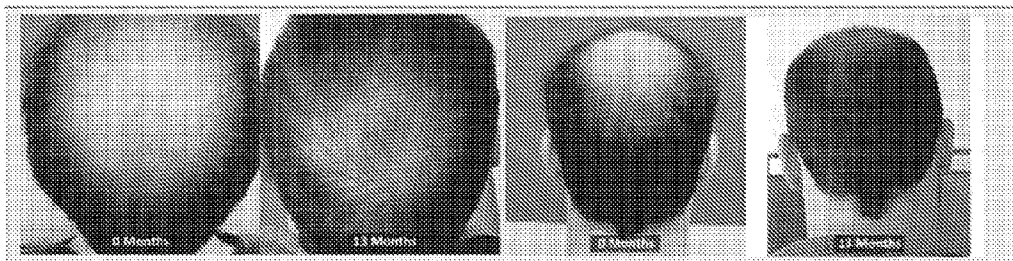
FIG. 4



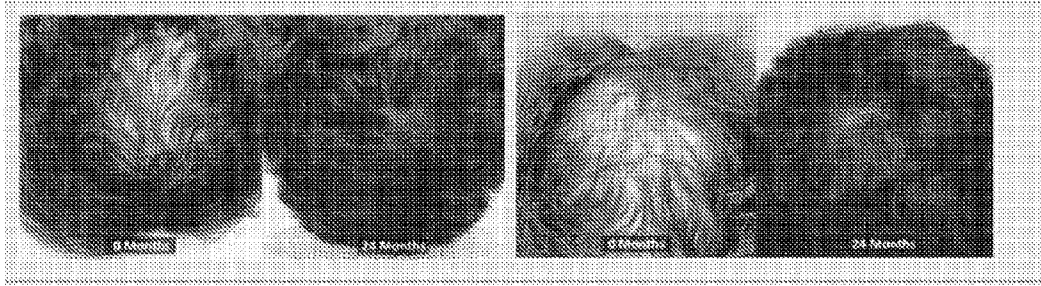
*FIG. 5A*



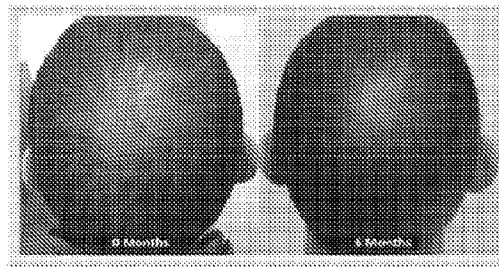
*FIG. 5B*



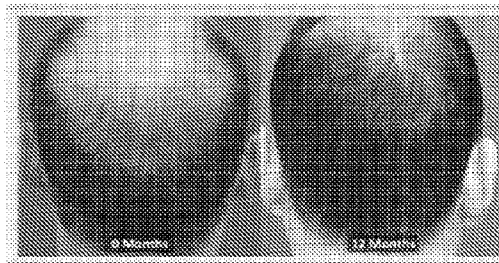
*FIG. 5C*



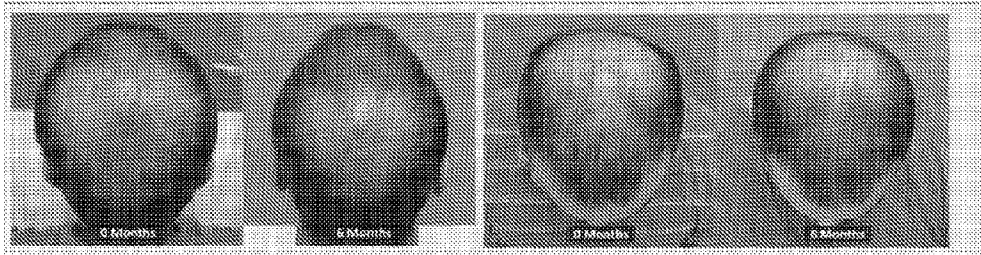
*FIG. 5D*



*FIG. 5E*



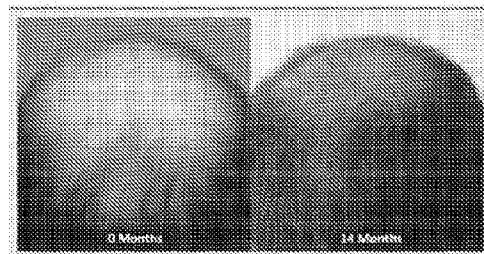
*FIG. 5F*



*FIG. 5G*



*FIG. 5H*



*FIG. 5I*