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(54) Title: METHODS FOR MEASURING TELOMERE LENGTH (57) Abstract Methods and compositions for the measurement of telomere length have application in medical diagnostic, prognostic, and therapeutic procedures. The methods for measuring telomere length include primer extension-based methods and probe-based methods. The primer extension methods involve elongation of telomeric, linker, and/or subtelomeric based primers under conditions such that the telomere serves as a template for primer extension and that the resultant primer extension products can be compared to standards of known length to provide a measure of telomere length. The probe based methods allow for telomere length measurements using DNA from lysed or whole cells and involve hybridizing an excess of probe to all telomeric repeat sequences in the telomere, measuring the amount of bound probe, and correlating the amount of bound probe measured with telomere length.		

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5 METHODS FOR MEASURING TELOMERE LENGTH

Background of the Invention

Field of Invention

 The present invention relates to methods and reagents
10 for the measurement of telomere length. The invention has
 applications in the fields of molecular biology, cell
 culture technology, and medical therapeutics and diagnostics
 technology.

15 Description of Related Disclosures

 Telomeres are specialized nucleoprotein structures at
 the ends of chromosomes that are important in maintaining
 chromosome stability and function (Blackburn, 350 Nature
 569, 1991; all references cited herein are incorporated by
20 reference herein). Telomeres function through prevention of
 aberrant recombination and degradation at the ends of the
 chromosomes (Henderson et al., 29 Biochemistry 732, 1990;
 Bourgain et al., 19 Nucl. Acids Res. 1541, 1991),
 organization of the sub-nuclear architecture (Gilson et al.,
25 3 Trends Cell Biol. 128, 1993), and involvement in the
 transcriptional suppression of genes at distal loci (Sen et al.,
 334 Nature 410, 1988). Telomeres are typically composed
 of a tandem repetitive array of a short sequence.

 In humans, the telomeres are composed of many kilobases
30 of simple tandem 5'-TTAGGG repeats (Moyzis et al., 85 Proc.
 Natl. Acad. Sci. USA 6622, 1988). These repeats are arranged
 such that the G-rich strand runs 5' to 3' towards the end of
 the chromosome and sometimes extends beyond the 5' end to
 generate a single-stranded 5'-(TTAGGG)_n overhang, where n is
35 typically 9 to 35 (but n can be more than 35 or less than
 9). During DNA synthesis, the termini of the chromosomes are
 not fully replicated (Watson, 239 Nature New Biology 197,
 1972) by the action of DNA polymerase. Incomplete
 replication occurs at the 3' end of each of the two template

strands of the chromosome, because the RNA primer needed to initiate synthesis in effect masks the 3' end of the template. The RNA primer is degraded after strand synthesis, and, as there are no additional sequences beyond the 3' end of the template to which primers can anneal, the portion of the template to which the RNA primer hybridized is not replicated. In the absence of other enzymes, the chromosome is thus shortened with every cell division. This phenomena is referred to as the "end-replication problem" and is believed to be a key factor in the onset of cellular senescence and aging.

Evidence for this end-replication problem was provided by demonstrating that, in normal human somatic cells (e.g., fibroblasts, endothelial, and epithelial cells), telomeres shorten by 50-200 bp with each cell doubling (Harley *et al.*, 345 Nature 458, 1990; Allsopp *et al.*, 89 Proc. Natl. Acad. Sci. USA 10114, 1992). As a consequence, all normal human somatic cells have a limited capacity to proliferate, a phenomenon that has come to be known as the Hayflick limit, after which the cells enter replicative senescence. In human fibroblasts, this limit occurs after 50-100 population doublings, after which the cells remain in a viable but quiescent state for many months. See, Goldstein, 249 Science 1129, 1990.

Cellular immortalization (the acquisition of unlimited replicative capacity) is an abnormal escape from cellular senescence. See, Shay *et al.*, 196 Exp. Cell Res. 33, 1991. Cells can escape from cellular senescence by adding telomeric DNA to the telomeres to overcome the end-replication problem. Most eukaryotic species utilize a novel enzyme, telomerase, to generate telomeric DNA *de novo*, thus compensating for, rather than avoiding terminal deletions of telomeric repeat sequences. The enzyme human telomerase can add 5'-TTAGGG repeats to the 3' end of telomeric DNA, thus extending the DNA and preventing telomere shortening. Telomerase is a complex of protein components and an integral RNA component. The RNA component of the human enzyme contains a short region complementary to the human telomeric repeat sequence (Feng *et al.*, 269 Science 1236,

1995). This complementary sequence allows the telomerase RNA to serve as a template for the catalytic extension of the 3' telomeric termini (Greider et al., 337 Nature 331, 1989). Cycles of elongation and translocation allow human
5 telomerase to extend processively the 3' region of chromosomes with 5'-TTAGGG repeats.

Telomere shortening occurs systematically with each cell division, and telomerase activation stabilizes telomeres; therefore, knowledge of the telomere length and
10 the presence or lack of telomerase activity can provide information about the replicative history and the proliferative potential of cells. Harley, 256 Mutation Research 271, 1991, suggests that telomeres may act as a mitotic clock. The progressive shortening of telomeres can
15 be viewed as the means by which cells count divisions; a sufficiently short telomere(s) can signal replicative senescence in normal cells (Wright and Shay, 8 Trends Genetics 193, 1992).

U.S. Patent No. 5,489,508, issued February 2, 1996; PCT
20 Pub No. 95/13381, published May 18, 1995; and PCT Pub. No. 95/13382, published May 18, 1995, describe, inter alia methods by which the length of telomeres can be measured. One approximate measure of telomere length, the length in nucleotides of the sum of all telomeric repeat sequences, is
25 the length of a "terminal restriction fragment" (TRF). The TRF is defined as the length (or average length) of fragments generated by complete digestion of the genomic DNA with a restriction enzyme that does not cleave nucleic acids composed entirely of tandem arrays of the specific telomeric
30 repeat sequence of interest. These large fragments can, depending on the restriction enzyme used and the source of the telomeric DNA, comprise both telomeric repeats and also "subtelomeric" DNA. Subtelomeric DNA is composed of DNA sequences adjacent to the tandem telomeric repeat sequences
35 and generally contains telomeric repeat sequences interspersed with variable telomere-like sequences (Cross et al., 18 Nucl. Acid Res. 6649, 1990; deLange et al., 10 Mol. Cell Biol. 518, 1990; Brown et al., 63 Cell 119, 1990). Mean

TRF length can provide a measure of telomere length of telomeres in a cell or a cell population.

TRF length measurement entails digesting genomic DNA with a restriction enzyme, typically one with a four-base recognition sequence (e.g., *AluI*, *HinfI*, *MspI*, *RsaI*, and *Sau3A*), used individually or in combination. This digestion results in the production of short fragments of non-telomeric DNA and longer fragments of telomeric DNA. The digested DNA is electrophoresed, and a Southern blot is performed by hybridizing the DNA to a radiolabeled telomeric probe, such as for human telomeres, 5'-(TTAGGG)₃ or 5'-(CCCTAA)₃. The telomeric DNA can then be visualized by autoradiography and mean lengths of terminal restriction fragments calculated from densitometric scans using computer programs known in the art. See, Harley *et al.*, 345 *Nature* 458, 1990.

Another method for telomere length measurement (see PCT Pub. No. 95/13882, *supra*) involves the synthesis of DNA complementary to the telomeres of genomic DNA. The synthesized DNA can be labeled or unlabeled, and the length of this DNA can be determined by gel electrophoresis or other techniques known in the art. Alternatively, telomere length can be measured by the "anchored terminal primer" method, or by a modified Maxam-Gilbert reaction (see PCT Pub. No. 95/13382, *supra*). These two techniques provide for a more direct measurement of telomere length by exclusion of "the subtelomeric region" in the analysis.

Telomere length serves as a biomarker for cell turnover. Thus, information on the relative age, proliferative capacity, and other cellular characteristics associated with telomere and telomerase status can be obtained by measuring telomere length. Measurement of telomere length can be used to diagnose and stage cancer and other diseases as well as cell senescence. Other applications for telomere length measurement include determining the efficacy of treatment with a telomere length modulating compound (Feng *et al.*, 269 *Science* 1236, 1995); discovering agents that modulate telomere length, telomerase

activity, or the rate of telomere loss; and determining the presence of telomerase activity.

There remains a need for more rapid, reliable, accurate, and efficient methods for measuring telomere length so that the full potential of such applications can be realized. This invention meets this and other needs.

Summary of the Invention

The present invention provides improved methods for measuring telomere length. The methods of the invention can be performed rapidly and provide increased sensitivity, efficiency, reliability, and accuracy. Moreover, these methods are amenable to automation and high through-put formats and provide, in some embodiments, a means to measure the telomere length of an individual chromosome, to compare interchromosomal variance in telomere length, and to measure telomere length of a specific cell population within a mixture of cells. In addition, the methods allow one to sort cells and/or chromosomes on the basis of telomere length. The present invention provides numerous advantages over the conventional method of telomere length measurement.

In one aspect of the invention, a method for measuring telomere length is provided that comprises the steps of:

(a) covalently attaching an oligonucleotide linker to a telomere for which a measure of length is desired;

(b) contacting a primer comprising a sequence sufficiently complementary to said linker to hybridize specifically thereto under conditions such that said primer extends to form a primer extension product complementary to said telomere; and

(c) correlating telomere length with primer extension product size, thereby providing a measure of telomere length.

In one embodiment, the method involves replication or amplification of the telomere sequences by, for example, "polymerase chain reaction" (PCR) amplification. A product defined by extension of two primers, a "forward" primer complementary in sequence to the linker covalently bound to

the 3' end of the telomere and a second primer complementary to a subtelomeric region of the chromosome, is exponentially amplified by this method. This method provides an accurate and sensitive measurement of the telomere length. In a preferred embodiment of this method, a double-stranded oligonucleotide linker is used, and prior to the ligation of the linker, the chromosomal DNA is treated with a nuclease to generate blunt ends to improve ligation. Those of skill in the art will recognize that the use of two primers for the extension step provides for exponential amplification but that linear amplification, with a single primer, can also be used to determine telomere length in accordance with the method of the invention.

Another embodiment of the primer extension method of the invention provides a rapid means for measuring telomeres using only one primer. In this method, a primer complementary to the covalently bound linker is extended using a polymerase and either (i) only those nucleotides complementary to the nucleotides in the telomeric repeat; or (ii) those nucleotides and a nucleotide analog known as a chain terminator, such as a dideoxynucleotide. One or more of the nucleotides can be labeled. For human telomeres, exclusion of dGTP and/or addition of dideoxy GTP (ddGTP) nucleotide results in termination of primer extension at the first C nucleotide relative to the 3' end of the G-rich strand of the chromosome. Denaturation and repeated cycles of primer extension and denaturation result in multiple copies of the telomeric region. One then measures the size of the extension products to estimate telomere length. For example, if one uses a labeled nucleotide, and the label is a radioactive label, one can measure telomere length by correlating scintillation counts of labeled nucleotide incorporated into primer extension products with telomere length.

In another aspect of the invention, one can optionally dispense with the linker altogether. In one alternate embodiment of this method, a subtelomeric primer is used as the sole primer, eliminating the need for ligating or otherwise covalently attaching a linker to the 3' end of the

telomere. As noted above, repeated steps of primer extension and denaturation generate multiple single-stranded copies of the telomeric region. In another alternate embodiment, nucleotide analogs known as chain terminators are employed in the primer extension step. This method comprises the steps of:

(a) contacting double-stranded chromosomal DNA in a sample with a primer having a sequence sufficiently complementary to a 3' end of a telomere to hybridize therewith in the presence of a mixture of nucleotides and a dideoxynucleotide under conditions such that said primer extends to form a primer extension product terminating with said dideoxynucleotide; and

(b) correlating telomere length with primer extension product size to provide a measure of telomere length.

In this embodiment, the use of a specific dideoxynucleotide in the primer extension step provides a means to replicate only the telomeric portion of the chromosome. The dideoxynucleotide selected depends on the telomeric repeat sequence and the particular strand of the telomere that will serve as the template for primer extension. One selects a dideoxynucleotide that will not be incorporated until the primer has been extended past the telomeric region. Incorporation of a labeled nucleotide or dideoxynucleotide into the extension product, or probe-based identification of the extension products on a gel, provides a means to determine extension product size, which correlates with telomere length.

In another aspect of the invention, one can avoid the use of labeled nucleotides and gel electrophoresis by employing labeled probes to measure telomere length. This method comprises the steps of:

(a) contacting denatured chromosomal DNA with a labeled probe having a sequence complementary to a telomere repeat sequence under conditions such that said probe hybridizes specifically to telomeric DNA;

(b) measuring amount of bound probe; and

(c) correlating said amount of bound probe measured with telomere length.

As noted above, this method does not require the use of gels, as in the conventional assay for telomere length determination, and is conducive to high through-put or automated processes, which is especially useful for clinical applications. In a preferred embodiment, the analysis of telomere length utilizes imaging techniques that allow for not only intercellular and intracellular telomere length determination and comparison, but also the separation of cells or chromosomes based on telomere length.

The methods of the invention are broadly applicable to the measurement of telomere length in any sample from any origin. The methods are especially useful and applicable to the measurement of telomere length in samples of biological material obtained from humans. Such samples will contain cells or cellular materials and will typically be obtained from humans for the purposes of determining remaining proliferative capacity or lifespan of the cells in the sample, diagnosing medical conditions, or identifying disease or proliferative states. These and other aspects of the invention are described in more detail below, beginning with a brief description of the accompanying drawings.

Brief Description of the Drawings

Figure 1 illustrates a PCR-based telomere length measurement using a linker ligated or attached by tailing to the telomere, a primer complementary in sequence to the linker, and a subtelomeric primer.

Figure 2 graphically represents the results of probing different amounts of DNA with a telomere-specific probe using the modified dot-blot method (see Example 1). The graph shows that the signal increased with increased amount of telomeric DNA.

Figure 3 shows a comparison of mean TRF length (in kb) analysis by the conventional method (Fig. 3A) for S2C and BJ cells at various population doubling levels (PDL), from higher PDL (lanes 1 and 8, Fig. 3A) to lower PDL (lanes 7 and 18, Fig. 3A), with the slot-blot method

(Fig. 3B), a variation of the dot-blot method. In Fig. 3B, each row shows the amount of probe bound for cells at a certain PDL or to control DNA (λ HdIII+Sau3A is the negative control and Rep4 is the positive control) of varying amounts, as shown in the key to the Figure, all as described in more detail in Example 2.

Description of the Preferred Embodiments

The present invention provides improved methods for measuring telomere length. Telomeres are nucleoprotein structures at the ends of chromosomes and have been shown to function in chromosomal stabilization, position, and replication. Telomeres are also believed to serve as the mitotic clock for signaling cellular senescence. Because chromosomes of normal somatic cells have been shown to lose about 50-200 nucleotides of telomeric sequence per cell division, telomere length measurement provides a means for determining the proliferative lifespan of a cell. Numerous diseases are characterized by accelerated cell proliferation (hyperproliferative states) or decreased proliferative capacity. Therefore, improved telomere length measurements help meet the need for improved diagnostic and prognostic methodology.

To facilitate understanding of the invention, the disclosure of the invention is organized in sections as follows. First, a definition section is provided to define terms and phrases used commonly throughout the disclosure. This definition section includes a comprehensive description of the types of samples, primers, probes and labels that can be used with the invention. The next section describes methods of the invention for measuring telomere length. The methods for measuring telomere length are divided into two major categories, primer extension based methods and probe based methods. The probe based methods section is further subdivided to describe telomere length measurements using DNA from lysed cells and using whole cells. Then, various applications of the invention are described; this description is followed by detailed examples illustrating the invention.

Definitions

To assist in the understanding of the invention, the following terms as used herein are defined below.

5 "Abnormal chromosome" means a chromosome which has undergone a deletion, addition, or translocation such that the telomeric region is adjacent to chromosomal DNA not normally adjacent to the telomere.

10 "Blot" means a DNA-binding filter or substrate, such as nitrocellulose or a Silent MonitorTM Biodyne B membrane.

15 "Branched DNA probe" or "bdna probe" means a probe designed for branched DNA signal amplification (Urdea, 12 BioTech. 926, 1994; U.S. Patent No: 5,124,246), which involves amplification of the signal produced upon probe hybridization to a target nucleic acid. The bdna probe is comprised of a hybridizing portion complementary to the telomeric repeats (e.g., 5'-(CCCTAA)_n-3' or its permutations, where n comprises 8 or more nucleotides in length, preferably 12 to 15 to 20 or more nucleotides in length), and so hybridizes with telomeric nucleic acid. The probe further comprises a branched region that provides multiple secondary probe binding sites. After washing to remove unbound probe, a labeled secondary probe specific for the branches of the bdna is hybridized to the bdna and is detected via the label. The signal increases in direct proportion to the secondary probe-accessible-sites on the bdna molecule; thus a rare population of target nucleic acids can be detected by bdna hybridization. Sensitivity can be further enhanced by probing the telomeric-repeat-complementary-bdna with a secondary bdna probe specific for the branches of the primary bdna probe (and a tertiary probe specific for the secondary probe, and so on), thereby presenting more numerous hybridization sites for the labeled probe. PNA probes as well as other modified nucleic acid probes, can also be used as bdna probes.

35 "Change in telomere length" means that the average or mean telomere length of chromosomal DNA in a particular cell population or sample is increased or decreased relative to other normal somatic cells in an individual or relative to

normal somatic cells in other individuals, i.e., those not suffering from a disease condition.

"Label" means a chemical used to facilitate identification and/or quantitation of a target substance.

5 Illustrative labels include fluorescent (e.g., FITC or rhodamine), phosphorescent, chemiluminescent, enzymatic, and radioactive labels, as well as chromophores. Any of a wide variety of labeled reagents can be used for purposes of the present invention. For instance, one can use one or more
10 labeled nucleoside triphosphates, primers, linkers, or probes in the methods of the invention. The term label can also refer to a "tag" that can bind specifically to a labeled molecule. For instance, one can use biotin as a tag and then use avidinylated or streptavidinylated horseradish
15 peroxidase (HRP) to bind to the tag, and then use a chromogenic substrate (e.g., tetramethylbenzamine) to detect the presence of HRP. In a similar fashion, the tag can be an epitope or antigen (e.g., digoxigenin), and an enzymatically, fluorescently, or radioactively labeled
20 antibody can be used to bind to the tag. For purposes of the present invention, the telomeric repeat itself can be a tag. Telomeric repeat binding proteins are known in the art and bind to either double-stranded or single-stranded telomeric repeats. If the labeling method involves the use of a
25 protein, then native or recombinant proteins can be used; typically, such proteins would be purified for use and detected by virtue of a label attached to the particular protein or an antibody specific for the particular protein.

"Linker" means a single- or double-stranded
30 oligonucleotide composed of nucleotides that is to be ligated to another oligonucleotide or nucleic acid.

"Linker sequence" means the nucleotide sequence of a linker.

"Long polymerase chain reaction (PCR)" means PCR
35 amplification conditions suitable for amplification of a relatively large nucleic acid (see Cheng, "Efficient PCR of Long Targets", New Horizons in Gene Amplification Technologies: New Techniques and Applications; San Francisco, CA (1994)); typically, the amplified nucleic acid

has a length greater than about 200 nucleotides, but the use of the word "long" is not intended to limit the length of the nucleic acid that can be amplified.

5 "Metaphase spread" refers to a cluster of chromosomes that are derived from cells that have been blocked in metaphase as a result of growth in the presence of a spindle formation inhibitor, such as colcemid. The cell is treated with a hypotonic buffer to cause swelling and burst upon dropping on a surface. Upon bursting, the chromosomes are released out of the cell and disperse onto the surface in clusters. Typically, the chromosomes are spread out on a microscope slide to facilitate visualization and microscopic analysis.

15 "Modified rate of telomere loss" means an increase or decrease in telomere loss over a defined time period (e.g., a year) or biological occurrence (e.g., a population doubling) relative to other normal somatic cells in that individual, or to normal somatic cells in other individuals, i.e., individuals not suffering from a disease condition.

20 "Oligonucleotide" means a molecule consisting of covalently linked naturally occurring or synthetically constructed nucleotides and/or nucleotide analogs. As used in this disclosure, oligonucleotides are generally primers, probes, and linkers composed of deoxyribonucleotides.

25 However, the oligonucleotides of the invention can also be composed of ribonucleotides, modified analogs of ribo- or deoxyribonucleotides (i.e., synthetic or non-naturally occurring), or mixtures of any of the same. Usually, nucleotide monomers in an oligonucleotide are linked by a phosphodiester bonds. However, as will be apparent to one in the art, alternate linkages can be used, including phosphorothioate, phosphorodithioate, phosphoroselenate, phosphorodiselenoate, phosphoranilidate, phosphoroamidate, peptide, and the like linkages. For example, a peptide

30 nucleic acid (PNA) is an oligonucleotide with peptide bonds instead of phosphodiester bonds. Because a PNA has no charge, a PNA has a higher binding affinity than a deoxyribonucleic acid.

35

"Primer" means an oligonucleotide designed to hybridize to a target nucleic acid and then be extended by the addition of nucleotides or an oligonucleotide. A primer is typically extended by action of a polymerase or ligase. Typically, an oligonucleotide primer will be 8 or more nucleotides in length, preferably 12 to 15 to 20 or more nucleotides in length.

"Probe" means an oligonucleotide designed to hybridize specifically with a target nucleic acid. Because human telomeres comprise repeats of sequence 5'-TTAGGG-3', a telomeric probe, unless otherwise indicated, will be identical or complementary to a sequence contained within a sequence of two or more such repeats, i.e., the probe will comprise a sequence such as 5'-CCCTAA-3', (for an RNA probe, 5'-CCCUAA-3'), or 5'-CTAACC-3', for example. Typically, an oligonucleotide probe will be 8 or more nucleotides in length, preferably 12 to 15 to 20 or more nucleotides in length.

"Proliferative capacity" means the inherent ability of a cell or cells in a tissue to divide for a number of divisions (the "Hayflick" limit) under normal proliferation conditions.

"Riboprobe" means a probe comprised of ribonucleotides. A telomeric riboprobe can be produced by transcription of multiple, tandem telomere repeat sequences in a recombinant host cell, typically *E.coli*, as described in Example 1.

"Sample" means a composition of matter comprising a cell or cell extract. The methods of the present invention can be applied to any type of sample. Samples of particular interest include cell samples such as normal or diseased tissue samples, e.g., tumor samples, obtained for purposes of diagnostic or prognostic analysis. For diagnosis, telomere length measurement may be performed on a particular cell type, on all cells in a tissue (where various cell types may be present), or on extracts of a cell or cells where extract refers to a whole cell extract or a subfraction thereof, such as a specific chromosome from a cell. Typically, but not in all instances, the sample is treated to render the telomeric DNA in the cells more

accessible. The preparation of the DNA can be accomplished by any of a variety of methods, depending upon the method for measuring telomere length to be employed.

5 "Senescent state" means that state in which a cell has lost the ability to replicate even in the presence of normally appropriate replicative signals.

 "Spot" means the area taken up by a specific fluorescent signal in a FISH analysis image; spot size corresponds to the amount of probe hybridized to a telomere.

10 "Subtelomeric DNA" or "Subtelomeric region" means chromosomal DNA located immediately adjacent (100 to 500 bp but can be up to 1 kb) to the tandem telomeric repeats of the telomeric DNA and generally contains telomeric repeat sequences interspersed with imperfect telomeric repeat or
15 other variable sequences.

 "Subtelomeric region of an abnormal chromosome" means the chromosomal DNA immediately adjacent (100 to 500 bp but up to 1 kb) to a telomere of an abnormal chromosome, e.g., the region adjacent to a telomere from a diseased cell, such
20 as those found in α -thalassaemia patients or formed by recombination-based chromosome truncation (Farr *et al.*, 88 *PNAS* 7006, 1991).

 "Telomeric DNA" or "Telomeric region" means the chromosomal DNA located on the ends of a chromosome
25 consisting of a tandem repeat array of a short sequence. In humans, the telomere region is composed of 5'-TTAGGG-3' repeats and the corresponding complementary sequence. The telomeric regions of different organisms differ with respect to telomeric repeat sequence. The telomeric repeat sequence
30 of telomeres from a variety of organisms, including human, *Tetrahymena*, other fungi, and non-human mammals, are known. For instance, *Tetrahymena* telomeres consist of repeats of sequence 5'-TTGGGG-3', and the corresponding complementary sequences. Consequently, if one is using the present
35 methodologies to determine telomere length of telomeres in a sample of human origin, one will employ a probe or primer distinct from that employed if the sample is, for example, of fungal origin. For convenience, human telomeric region and human telomeric repeat sequences are typically referred

to herein for illustrative purposes. This illustrative use is not intended to limit the invention, and those of skill in the art will recognize that the present methods can be used to measure telomere length of telomeres from any
5 organism.

"Terminal restriction fragment" or "TRF" means the length (or average length) of restriction fragments that are generated by complete digestion of the genomic DNA with one or more restriction enzyme(s) that do(es) not cleave nucleic
10 acids composed entirely of tandem arrays of telomeric repeat sequences and that comprise both telomeric repeats and subtelomeric DNA.

"3' end of the telomere" means the single-stranded region of the telomere; in humans this region is located on the G-rich strand, and is composed of a 5'-(TTAGGG)_n repeat
15 sequence, where n is typically 9 to 35 (but n can be more than 35 or less than 9).

Primer Extension Based Methods for Measuring Telomere Length

20 The present invention provides methods for measuring telomere length. In one embodiment, the method comprises the steps of:

(a) covalently attaching an oligonucleotide linker to a telomere for which a measure of length is
25 desired;

(b) contacting a primer comprising a sequence sufficiently complementary to said linker to hybridize specifically thereto under conditions such that said primer extends to form a primer extension product complementary to
30 said telomere; and

(c) correlating telomere length with primer extension product size, thereby providing a measure of telomere length.

In one embodiment, this method involves contacting the
35 telomere with a linker under conditions in which the linker is ligated by the action of a DNA or RNA ligase that can "blunt-end" ligate together two single-stranded RNA or DNA molecules. This method can also be employed using a double-stranded linker. Alternatively, the linker can be attached

nucleotide-by-nucleotide by a terminal transferase and specific dNTPs (dCTP, dTTP, dGTP or dATP, depending on the sequence to be added). Terminal transferase can add multiple monomers of a specified dNTP to the 3' end of the telomere;
5 the added nucleotides can then serve as a primer annealing site.

An oligonucleotide complementary in sequence to the sequence of the linker is used as a primer in the replication step. This oligonucleotide is referred to as the
10 "forward primer". In addition to the forward primer, a second primer can preferably be used. The telomere sequences are replicated or amplified, for example, by PCR amplification with a first primer specific for the linker sequence and a second primer specific for a subtelomeric
15 region of the chromosome. The primers can be extended by any means that requires the presence of the telomeric region for primer extension to occur; preferred means are mediated by a template-dependent DNA or RNA polymerase, a template dependent DNA or RNA ligase, or a combination of the two.
20 Telomeric nucleic acids in a sample are covalently bound to a linker, and a primer complementary to the linker and/or a subtelomeric primer provide(s) a substrate for either DNA or RNA polymerase or DNA ligase to produce primer extension product(s) complementary to the telomeric region.

25 As noted above, if the primer extension reagent is a DNA polymerase, and a second primer is present, one has the requisite components for PCR, a process more fully described in U.S. Patent Nos. 4,683,195; 4,683,202; and 4,965,188, provided the appropriate buffer and nucleoside triphosphates
30 are present in the reaction mixture. Taq polymerase (available from Perkin-Elmer) is a preferred polymerase in PCR amplification, although other polymerases, especially thermostable polymerases, can be employed. Taq polymerase can misincorporate nucleotides in the primer extension. If
35 misincorporation presents a problem, and typically, the misincorporation is at such a low frequency that no problem is encountered unless the amplification products are very long, then another polymerase with a lower frequency of misincorporation, i.e., Pfu, Pwo, or Vent can be employed,

or a mixture of such polymerases, i.e., Taq polymerase/Vent DNA polymerase in a ratio range of 100:1 to 10:1, can be employed. The appropriate selection of a polymerase or a polymerase mixture can provide optimal extension of the primer extension product.

Once a primer extension product has formed, one can disassociate or denature (typically by heat denaturation, but other methods, i.e., enzyme or chemical mediated processes, such as helicase mediated denaturation, can be used) the primer extension product from the telomeric region. If additional primer and primer extension reagent is present in the sample, then a new primer/telomere complex can form, leading to the production of additional primer extension products. One can repeat the process of primer extension and denaturation several to many times, as desired. Typically, primer extension and denaturation of extended primer/telomere complexes will be performed at least 5, 10, 15, 20, to 30 or more times. Moreover, if a second primer complementary to the subtelomeric region of the extended primer is present in the reaction mixture, one can increase the replication products (both extended primer and the complementary extended sequence) dramatically, because the two primers mediate PCR amplification of the telomere.

The PCR cycles are composed of cycle times and temperatures that can vary widely, depending upon the sample, detection format, and application. Typically, long PCR reaction conditions are employed. The simplest PCR cycle comprises a duplex nucleic acid denaturation step followed by a primer annealing and extension step. The denaturation step typically involves heating at any of a relatively wide range of temperatures for an amount of time sufficient to denature but not damage the DNA. In similar fashion, the time and temperature of the primer annealing step depend on the reaction buffer and primer sequence, concentration, and composition, as well as the specificity required by the practitioner. The time and temperature of the primer extension step depend upon the type of DNA polymerase or ligase employed. Those of skill in the art will recognize

and understand that the present invention is not limited by the times, temperatures, and reaction condition variations in buffer and other reaction components that can be employed.

5 The second primer used in this embodiment is a primer comprising sequences complementary to the subtelomeric region and is designated the "subtelomeric primer." Figure 1 illustrates this method, showing P1 as the subtelomeric primer, P2 as the forward primer, and the zigzag line
10 indicates the junction between the subtelomeric region and the telomere (the figure is not drawn to scale). In this Figure, the telomere is a human telomere and so comprises the human telomeric repeat 5'-TTAGGG-3' and complementary repeat sequences. The region depicted by heavy right angled
15 slashed lines in Figure 1 represents the subtelomeric region complementary to the subtelomeric primer. Preferably, the subtelomeric primer does not comprise a telomeric repeat sequence and so is a non-telomeric repeat sequence of the subtelomeric region. Preferably, the subtelomeric primer
20 anneals to the subtelomeric region within 50 base pairs of the junction with the telomeric region. Extension of these primers in multiple cycles of primer annealing and extension amplifies the telomeric region by producing multiple replicates of the same.

25 If the primer extension product is generated by PCR, then, as noted above, one also employs a primer specific for the subtelomeric region. This primer is a site specific and, preferably, a chromosome specific primer. The subtelomeric primer is complementary to a sequence in the subtelomeric
30 region that is present in at least one chromosome, but optionally present in two or more, up to and including all chromosomes, of the cell or cell population of interest. Subtelomeric regions of many different chromosomes are known in the art. Additional subtelomeric regions of normal and
35 abnormal chromosomes can be determined using cloning and sequencing procedures known in the art.

Primers specific for a subtelomeric region of a normal chromosome include novel primers based on the heretofore unpublished TelBam 8 probe sequence, specific for chromosome

7q, such as TEL8-1, 5'-TGCAATTATTTTACTATCTGTTATCGG-3' (SEQ. ID NO.:1); and TEL8-2, 5'-TGACCTGTTTTAAAGAGTATGCTCAG-3' (SEQ. ID NO.:2). Nucleic acids comprising all or portions of the TelBam 8 probe sequence can be cloned as described in Brown *et al.*, 63 *Cell* 119, 1990.

Other illustrative subtelomeric primers include XpJCTN, 5'-CCCTCTGAAAGTGGACCWATCAG-3' (SEQ. ID NO.:3), where XpJCTN is a mixture of two primers, in one of which W is A and in the other of which W is T; 40BPXpJCTN, 5'-CTTTTATTCTCTAATCTGCTCCC-3' (SEQ. ID NO.:4); 400BPXpJCTN, 5'-TAGGGGTTGTCTCAGGGTCCTA-3' (SEQ. ID NO.:5); REV40BPXpJCTN, 5'-GGGAGCAGATTAGAGAATAAAAG-3' (SEQ. ID NO.:6); and revXpJCTN, 5'-CTGATWGGTCCACTTTCAGAGGG-3' (SEQ. ID NO.:7), which are based on sequences in the pseudo-autosomal region of the X and Y chromosomes (Baird *et al.* 14 *The EMBO Journal* 5433, 1995)

By attaching a linker to the 3' end(s) of the chromosome(s), and using a forward primer specific for the linker and a primer complementary to the subtelomeric region of a chromosome (e.g., a primer incorporating a subtelomeric sequence, such as the sequence of the TelBam 8 probe or the pseudo-autosomal region of chromosomes X and Y), PCR amplification can generate multiple copies or replicates of the telomeric region, which can in turn be used to measure telomere length. The PCR primer extension products are, for example, separated by size on a gel. If the amplification products have been labeled, i.e., by incorporation of a labeled nucleotide or hybridization to a labeled probe, then one can use size standards to determine telomere length. Direct incorporation of labeled nucleotides into the amplification products allows for elimination of the steps comprising denaturing the DNA in the gel, neutralizing the gel, drying the gel, hybridizing a probe to the gel, removing unbound probe from the gel, and exposing the gel, typically undertaken in conventional probe-based methods. Relative to conventional methods, which can require about a week to complete, the PCR-based method for measuring telomere length is quick, accurate, sensitive, and requires significantly less sample to perform.

In a preferred embodiment of this method, the linker is a double-stranded oligonucleotide, and the telomeric DNA is treated prior to linker attachment to remove or fill in single-stranded regions. In this embodiment, as exemplified
5 in Example 4, the DNA is treated with a nuclease (i.e., Bal31, Mung bean, or other nuclease) and/or DNA polymerase, such as T4 or Pfu (these polymerases possess 3' to 5' exonuclease activity in combination with their 5' to 3' polymerase activity), to generate blunt-ended, double-
10 stranded telomere ends prior to ligation of the double-stranded linker.

While those of skill in the art will recognize that any double-stranded linker can be used, so long as the linker sequence differs from the telomeric repeat sequence, a
15 particularly preferred double-stranded linker is composed of complementary single-stranded oligonucleotides SLIC-II and aSLIC (see Edwards *et al.*, 19 Nucl. Acids Res. 5227, 1991), shown below.

5'-GGAATTCTGGTCGACGGATCCTGA-3' SLIC-II (SEQ. ID NO.:8)
20 3'-CCTTAAGACCAGCTGCCTAGGACT-5' aSLIC (SEQ. ID NO.:9)

The 5' end of the SLIC-II oligonucleotide can be constructed so as to terminate with a 5'-phosphate, whereas the 3' end of this oligonucleotide can be constructed with a terminal 2',3'-dideoxyadenosine group to prevent the linker from
25 ligating to another linker. Likewise, the complementary aSLIC oligonucleotide can be constructed so that the 3' end terminates with a 2'3'-dideoxycytidine to prevent ligation to another linker. A double-stranded oligonucleotide formed by hybridization of SLIC-II to aSLIC so constructed cannot
30 self-ligate.

The double-stranded oligonucleotide linker formed by SLIC-II hybridizing to aSLIC also contains restriction sites to facilitate cloning or other applications. This double-stranded oligonucleotide linker can be ligated to the 3' end
35 of the blunted telomere using a ligase (i.e., T4 DNA ligase or other ligase). A primer complementary to SLIC-II, such as aSLIC, 5'-CCGTCGACCAGAATTCC-3' (SEQ. ID NO.:10) or 5'-CAGGATCCGTCGACCAG-3' (SEQ. ID NO.:11), can be used to generate the desired primer extension product. As noted

above, the use of a second, subtelomeric primer for extension provides a means for PCR amplification of the telomeric region. Separation of the PCR amplified primer extension products by size on a gel and visualization of the products, for comparison to a standard(s) of known length(s), provides the length of the telomere DNA in the sample.

While the PCR based embodiments of the present invention are quite useful, the present method can be practiced using any method of primer extension to provide target amplification or with a method that provides for signal amplification or both, as described below. Moreover, target amplification can be achieved by means other than PCR. These methods include the ligase chain reaction (Barany, 88 Proc. Natl. Acad. Sci. USA 189, 1991), nucleic acid sequence-based amplification (Compton, 350 Nature 91, 1991), self-sustained sequence replication (Guatelli *et al.*, 87 Proc. Natl. Acad. Sci. USA 1874, 1990), and strand displacement amplification (Walker *et al.*, 89 Proc. Natl. Acad. Sci. USA 392, 1992). While PCR and other amplification methods provide for exponential accumulation of primer extension products, even linear accumulation of primer extension products can provide useful results. Thus, one can use a single primer and merely make many copies of the telomeric region from this one primer, as described more fully below.

This invention provides a method to measure telomere length using linear amplification. This method exploits the fact that the human telomeric repeat sequence lacks guanidine residues in the C-rich strand; however, this method is generically applicable to telomeres of any origin that comprise repeat sequences that lack one or more nucleotides. In this embodiment, a primer complementary to the covalently bound linker is added to the genomic telomere DNA in the presence of only three (for human telomeres, dATP, dTTP, and dCTP) of the four nucleoside triphosphates. These three dNTPs form the complement to the G-rich stand of a human telomere. Usually, the primer or at least one of the triphosphates is labeled with a detectable label, e.g. a

radioisotope or a fluorescent molecule, which label is retained upon incorporation into the primer extension product.

The primer is extended by means of a primer extension reagent, e.g., a DNA polymerase such as the Klenow fragment of DNA polymerase I, T7 DNA polymerase, or Taq DNA polymerase or the Stoffel fragment thereof. Exclusion of dGTP results in termination of the primer extension at the first C nucleotide of the chromosome. Thus, sequences complementary to the primer located outside the telomeric and/or subtelomeric region would not serve as templates for primer extension products due to the lack of dGTP. Denaturation of the primer extension product from the telomeric DNA followed by repeated cycles of primer extension results in the generation of multiple copies or replicates of one strand, for human chromosomes, the G-rich strands, of the telomeric region. For many purposes, a simple measure of the label incorporated suffices to quantitate telomere length, although one can also measure the length directly by gel electrophoresis and comparison to standards of known length.

In a preferred embodiment, the annealed primer is extended in the presence of a mixture of dideoxy GTP (ddGTP), dCTP, dATP, and dTTP by a polymerase (for human telomeres). The method differs from the previous embodiment in that, instead of leaving one or more nucleotides out of the reaction mixture, one uses a chain-terminating nucleotide(s) in place of the otherwise missing nucleotide(s). Polymerization proceeds until the polymerase encounters the first cytosine residue (for humans) in the subtelomeric region. The enzyme will then incorporate the ddGTP nucleotide and further extension will be terminated due to the presence of the ddGTP. The primer extension reaction can be repeated as many times as desired. The length of the extended DNA can be determined by gel electrophoresis and comparison to standards, as described above. In addition, the amount of DNA synthesized can be determined by measuring the label incorporated into the primer extension products or the amount of probe hybridized to the primer

extension products, which will be directly proportional to telomere length. While the manner of determining primer extension size may vary depending upon the method of analysis selected, any of the methods described can be used.

5 In another embodiment of this method, linear extension products generated using a subtelomeric primer serve to provide a measure of telomere length. This embodiment eliminates the need for ligating or otherwise covalently attaching a linker to the 3' end of the telomere. As above,
10 this embodiment is ideally suited for linear amplification resulting in multiple copies of the telomeric region.

If the subtelomeric primer selected is not specific or unique to the subtelomeric region, then the primer extension products generated from the subtelomeric region can be
15 distinguished from those generated from an internal chromosomal region by hybridizing with a probe that is specific to a telomeric region or a region immediately adjacent to the telomeric repeat sequences. Alternatively, if the subtelomeric primer hybridizes to multiple sites
20 within the subtelomeric region, then one can hybridize a primer specific to a region immediately adjacent to the telomeric repeat sequences, and this second subtelomeric primer can be annealed to the first primer extension products and extended with DNA polymerase and the size of
25 the second primer extension products determined as described above to provide a measure of the subtelomeric length in the first primer extension products.

Another embodiment of the invention involving the use of chain-terminating synthetic nucleotide(s), such as a
30 dideoxynucleotide, eliminates the need to attach a linker covalently to the 3' end of the telomere. This method comprises the steps of:

(a) contacting double-stranded chromosomal DNA in a sample with a primer having a sequence sufficiently
35 complementary to the 3' end of a telomere to hybridize therewith in the presence of a mixture of nucleotides and a dideoxynucleotide under conditions such that said primer extends to form a primer extension product terminating with said dideoxynucleotide; and

(b) correlating telomere length with primer extension product size to provide a measure of telomere length.

As noted above, this method can be used as a variation of the linker-based method, where the primer is complementary to a linker added to the 3' end of the telomere, but in a preferred embodiment, no linker is required. In this embodiment, an oligonucleotide sequence complementary to the 3' single-stranded region of the telomere, i.e., 5'-(CCCTAA)₄-3' (SEQ. ID NO.:12), is annealed to the telomeric DNA termini. The annealed primer is extended in the presence of a mixture of dideoxy GTP (ddGTP), dCTP, dATP, and dTTP by a polymerase (for human telomeres). In a preferred embodiment, one of the nucleotides is labeled (typically, in any method involving incorporation of a labeled nucleotide, especially a radioactively labeled nucleotide, only a small fraction of the total nucleotide is labeled, and so the labeled nucleotide is referred to as a "tracer"). The polymerization will proceed until the polymerase encounters the first cytosine residue in the subtelomeric region, as described above. The DNA is then denatured and separated by size on a gel. Incorporation of a labeled nucleotide provides for easy identification of the length of the extension product on a gel and direct correlation of telomere length from signal intensity. One can, however, also use a labeled probe to detect primer extension products.

In a more preferred embodiment of this method, the genomic DNA is fragmented with a restriction enzyme that cuts DNA, but not telomeric DNA, frequently, i.e., for human chromosomes, *HinfI* or any other restriction enzymes with relatively short recognition sequences, and subsequently treated with a polymerase (i.e., DNA polymerase I or the Klenow fragment thereof, Taq polymerase or the Stoffel fragment thereof) in the presence of ddGTP, dCTP, dATP and dTTP, prior to addition of the primer. This treatment fills in nicks and gaps in the genomic DNA and blocks any potential priming sites in the genomic DNA with a ddGTP chain terminator. Pretreatment of the DNA to fill in gaps

and nicks can result in increased sensitivity and decreased background signal. An oligonucleotide primer with a sequence complementary to the 3' single strand region of the telomere is then added and annealed to the telomeric DNA termini and
5 extended as discussed above. As before, telomere length is determined by correlation to the size of the primer extension products.

The foregoing methods involve the use of a primer and the detection of primer extension products to measure
10 telomere length. The following two sections describe methods using a probe to measure telomere length.

Probe Based Methods for Measuring Telomere Length

15 In another aspect of the invention, labeled probes are employed to measure telomere length. This method comprises the steps of:

(a) contacting denatured chromosomal DNA with a labeled probe having a sequence complementary to a telomere
20 repeat sequence under conditions such that said probe hybridizes specifically to telomeric DNA;

(b) measuring amount of bound probe; and

(c) correlating said amount of bound probe measured with telomere length.

25 In these probe-based methods, the probe is added in excess, so that all or substantially all of the telomeric repeats in the telomere are hybridized to the probe. Typically, the correlation step involves the use of standards of known length or the use of conversion factors to convert the
30 amount of bound probe to a measure of telomere length.

This aspect of the invention provides a method for measuring telomere length in which an oligonucleotide probe is hybridized to telomere repeat sequences. The amount of probe hybridized is determined and then correlated to
35 provide a measure of telomere length. This method can be practiced without the gel based size separation step used in other methods. Thus, this aspect of the invention provides a rapid, high through-put method for measuring telomere length.

In a preferred embodiment, this method involves preparing DNA extracts of cells, incubating the extract with an oligonucleotide probe complementary to telomere repeat sequences, and determining amount of probe bound as a
5 measure of telomere length. For convenience, the cells can be grown in a 24, 48, or 96-well microtiter plate.

To practice the method, the cells from each well are collected and the DNA isolated by standard DNA extraction procedures. The DNA extract solution can be passed through a
10 DNA-binding filter, such as nitrocellulose or Biodyne B membrane, to remove other potentially interfering substances. The filter is then contacted with a labeled oligonucleotide probe having a sequence complementary to telomere repeat sequences. After unbound probe is removed,
15 the amount of probe bound to the filter is then quantified, and the amount of probe bound provides a measure of telomere length. This method, called the dot-blot method, is exemplified in Example 1 below. As with other embodiments, standards of known telomere length can be employed to help
20 correlate the signal from bound probe with telomere length. In a preferred embodiment, this method is carried out in a 24, 48, or 96-well plate and is automated. Preferably, Pall SILENT MONITOR™ 96-well test plates, having 0.4 μ M Biodyne B membrane located at the bottom of each well, are used.

25 In another embodiment, the invention provides a method of measuring telomere length in which the genomic (chromosomal) DNA is bound to a solid phase using a modified dot-blot method called the slot-blot. This aspect of the invention is illustrated in Example 2. The slot-blot is
30 described for a distinct application in Kafatos et al., 7 Nucl. Acid Res. 1541, 1979, and has been used to determine the relative concentrations of nucleic acids in a mixture. A distinct DNA to membrane cross-linking step and unique filtration apparatus distinguish this method from the dot-
35 blot method described above. In this embodiment of the invention, samples of nucleic acid (i.e., genomic DNA) are spotted on and cross-linked to a nitrocellulose filter (e.g., Schleicher & Schuell nitrocellulose filter) using UV irradiation, and the nucleic acid on the filter is

hybridized with a labeled oligonucleotide probe. Typically, the genomic DNA is sheared or cleaved into smaller fragments prior to binding to the solid phase. The genomic DNA is cleaved or sheared enzymatically or mechanically, i.e., with
5 restriction endonucleases, sonication, or other methods known in the art. In a preferred method, the cleaved DNA is probed with a riboprobe. The amount of probe hybridized to the nucleic acid in each of the slots is quantitated, and the quantitated amount is correlated with telomere length,
10 e.g., by comparing to a standard.

In another embodiment, one measures the loss of or decrease in bound probe observed after treatment of the genomic DNA with a known amount of exonuclease that degrades DNA specifically from the ends of the chromosome to measure
15 telomere length. A preferred exonuclease is Bal31, an exonuclease that digests single- or double-stranded DNA specifically from the end of a DNA, such as the end of a telomere. The rate of Bal31 digestion is about 50 bp/min. Thus, when chromosomal DNA is digested with Bal31, DNA
20 internal to the telomeres is digested last while telomeric DNA is digested first. The method can be conveniently carried out by spotting Bal31 enzyme (i.e., serial dilutions) on a DNA binding membrane, i.e., nitrocellulose, located on the bottom of each well of a plate, binding
25 genomic DNA to the membrane, incubating under conditions where the nuclease enzyme is active for a specific period of time, denaturing the enzyme and DNA, and hybridizing the remaining DNA to a telomeric probe, i.e., for human DNA, a probe comprising 5'-TTAGGG-3' repeats, under hybridizing
30 conditions. The amount of probe hybridization, which should decrease with increasing Bal31 concentration or reaction time, can again be used to determine the telomere length. Preferably, this method is carried out in a multi-well, i.e., 96-well, format and, more preferably, is automated. If
35 desired, telomeres of known length or cells comprising telomeres of known length can be used as standards.

Telomere Length Measurement in Whole-Cells

The methods of the invention can be applied to whole cells, as well as cell extracts. In one embodiment, whole cells are attached to a solid support or surface; the cells
5 are permeabilized; the cellular DNA is denatured; and a labeled telomere probe (or a mixture of labeled probes) is added and hybridized to the telomeric repeats in the denatured DNA. In preferred embodiments, a fluorescein tag and "anti-fade" agents, as described below, are used, and
10 the results of this "fluorescence *in situ* hybridization" (FISH) are analyzed using confocal microscopy. See Trask *et al.*, 91 Proc. Natl. Acad. Sci. USA 9857, 1979, incorporated herein by reference.

In a preferred embodiment, this method is used to
15 measure telomere lengths of chromosomes in a metaphase spread. Chromosomes are stained or labeled with a chromosomal dye (e.g., DAPI/DA); the slides are preferably prepared using antifade mounting medium (e.g. 9:1 glycerol:PBS containing 0.1% p-phenylenediamine buffered to
20 pH 8.0 with 0.5 M carbonate/bicarbonate buffer). The fluorescent signal is preferably amplified. The results can be analyzed with an image generator in conjunction with an inverted fluorescence microscope.

FISH analysis of cells or metaphase spreads of cells
25 can be used for a variety of purposes: to determine average relative telomere lengths in cells in a tissue sample; to determine the longest telomere length in cells in a sample; to detect the presence of certain types of cells, i.e. certain stem cells can be identified by their long
30 telomeres; to determine the size distribution of telomere lengths in a sample; to determine changes in telomere length in a cell population over time or after treatment with an agent or exposure to certain conditions; and to detect different cell types within a tissue, i.e., cancer cells can
35 be identified by their having telomeres of a different length than that observed in normal cells, such as cells adjacent to tumor cells.

Quantitative FISH analysis with confocal microscopy using signal integration also allows one to obtain an

objective measure of the distribution of telomere lengths on different chromosomes and to identify chromosomes which have lost a critical amount of telomeric DNA, indicative of the presence of aberrant cells. The method requires only
5 relatively small samples and allows for direct measurement of telomere length on a chromosome-by-chromosome and cell-by-cell basis. The intensity of signal from bound probe per chromosome or cell is proportional to the number of telomeric repeats, and thus to the telomere length. The
10 method also provides a means to investigate telomere heterogeneity in cell or tissue samples; such information can be especially useful when combined with information regarding the presence and amount of telomerase activity in the sample (Harley *et al.* PCT Pub. No. 95/13381, published
15 May 18, 1995).

Many variations of *in situ* hybridization can be applied in the methods of the invention. For example, a variation of the *in situ* hybridization detection method involves primed
20 *in situ* labeling ("PRINS"; Koch, J., in "Nonradioactive *in situ* Hybridization Application Manual" (1992), Boehringer Mannheim, 31-33). This method involves the use of a primer but is discussed in this section for ease of understanding. Detection of telomere repeats by PRINS involves using an
25 oligonucleotide primer specific for telomere repeats and chain elongation incorporating labeled nucleotides. In a typical protocol, a PRINS reaction mixture (10 μ l) of 5% (v/v) glycerol; 10 mM Tris-HCl, pH 8.3; 100 mM KCl; 0.05% (w/v) Tween 20; 0.75 mM EGTA; 2.5 mM $MgCl_2$; 0.4 μ M return primer; 200 μ M dATP, dGTP, dCTP; 110 μ M dTTP; 90 mM labeled
30 dUTP is placed on a fixed, permeabilized sample, sealed with a coverslip, anchored with nail polish, overlayed with mineral oil, and incubated at 70°C for 30 minutes to 3 hours. After completion of the PRINS, the sample is washed 3 times in wash buffer (0.6 M NaCl and 0.06 M sodium citrate
35 (4X SSC); 0.05% Tween 20) heated to 70°C for 2 minutes, and the signal observed as described above. To reduce the background signals that can arise from direct incorporation of fluorescent labels during primer extension, indirect

detection using unlabeled dNTPs and unlabeled primers can be used and the product detected using a labeled probe.

In an additional preferred embodiment, the method allows one to determine cellular DNA content simultaneously with measuring telomere length. Cellular DNA content can indicate whether a cell is proliferating or senescent. If the cell is proliferating, the chromosomal DNA content can increase up to two-fold. Consequently, the signal intensity of the bound telomeric probe for a rapidly proliferating cell with short telomeres can be equal to or stronger than that of a non-dividing cell with longer telomeres. Thus, this method may be useful to normalize the measured signal intensity of the telomeric probe with respect to DNA content. The method comprises the steps of attaching cells or metaphase spreads to a support; denaturing the cellular DNA; contacting the chromosomal DNA with a labeled telomeric probe and a DNA specific dye; hybridizing the denatured DNA with the probe; and measuring the amount of probe hybridized and cellular DNA content simultaneously using flow cytometry. This method allows one to determine cell cycle position as well as telomere length. The intensity of signal from bound probe per chromosome or cell is proportional to the number of telomeric repeats, and thus to the telomere length. One advantage of this method is that cells can then be sorted, e.g., using a flow cytometer (Coulter EPICS ELITE fluorescence activated cell sorter (FACS)), based on telomere length. The instrument can be programmed to deflect the cells into specific tubes based upon telomere length.

As noted above, the invention provides for the measurement of the length of a telomere of an individual chromosome. Flow cytometry facilitates this analysis. A combination of fluorescent dyes (e.g., chromomycin A3, a major or minor groove binding dye with relative GC specificity, and bisbenzimidazole 33242, a groove binding dye with relative AT-specificity) in conjunction with a probe hybridized to the telomeric region, can be used to direct the flow cytometer to analyze and sort isolated metaphase chromosomes by telomere length. The chromosomes can be labeled to obtain a direct measure of the telomere length of

an individual chromosome and subsequently sorted using a three-laser flow cytometer. The measurement is made by quantifying the fluorescent intensity for each individual chromosome using flow cytometry analysis. Alternatively, 5 simultaneous three-color staining methods, in which the chromosomes are prepared, sorted, and subsequently hybridized in solution, can be applied to telomere length analysis of individual chromosomes.

The methods of the invention can be performed rapidly 10 and provide increased sensitivity, efficiency, reliability and accuracy. Moreover, these methods for telomere length measurement can be employed in a high through-put and/or automated process format. These telomere length measurement methods can be used for diagnostic, prognostic, and research 15 applications.

Applications

Telomere length measurement has useful application in medical diagnostics, prognostics, and therapeutics. Such 20 applications include, but are not limited to: (i) determination of the proliferative lifespan of cells; (ii) identification and analysis of the effectiveness of agents capable of extending, maintaining, or reducing telomere length; (iii) diagnosis of disease or medical conditions 25 characterized by a different telomere length in a patient relative to an individual not having the disease or particular medical condition; (iv) prognosis of disease or medical conditions as correlated to telomere length; and (v) identification of cells, cell types, or cell populations. In 30 general, measurement of telomere length provides a powerful means to assess and monitor cellular lifespan for a variety of useful purposes.

The length of the telomeres of the chromosomes in a cell is indicative of the proliferative capacity of that 35 cell, and so provides an indicator of the health of an individual or organism comprising such cells. Certain populations of cells may lose telomeres at a greater rate than the other cells within an individual. Rapid and/or extended proliferation of those cells may make that cell

population age-limited or senescent, with negative impact on an individual relying on that cell population for health. The diagnostic procedures described herein can be used to indicate the potential life span of any cell type, as well
5 as to follow telomere loss over time, so that revised estimates of life span can be made over time.

Telomere length measurement can be used to monitor the effectiveness of various therapeutics in expanding and/or reducing the proliferative lifespan of cells. In one
10 example, cells treated with an oligonucleotide comprising telomeric sequences had a reduced rate of telomere loss and an increased proliferative capacity of about 10 population doublings. Conversely, the treatment of cells with AZT or other small organic molecule inhibitors of telomerase can
15 increase telomere loss and reduce the proliferative capacity of the treated cells. Telomere length measurements facilitate the analysis of the efficacy of such agents on cells. See U.S. Patent No. 5,489,508, issued February 2, 1996.

20 Telomere length measurement can also be used to monitor the effectiveness of cancer chemotherapeutics during treatment. Telomere length measurement provides a means to determine the effectiveness of a telomerase inhibitor or other agent (i.e., a retinoid) that represses telomerase
25 expression, because telomere length will decrease over time in dividing cancer cells in which there is inhibition of telomerase or telomerase expression. Measuring the telomere length of chromosomes in tumor cells can provide information regarding the proliferative capacity of such cells, both
30 before and after administration of telomerase inhibitors or other treatments that affect telomere length. In a related application, one can measure the telomere length of telomeres in hematopoietic stem cells (HSCs) such as CD34+ cells, prior to use in bone marrow transplantation. The
35 longer the telomeres, the more likely the cells will successfully engraft.

The methods of the invention are also generally useful in discovering agents that modulate telomere length. Cells can be treated with test agents (e.g., synthetic compounds,

fermentation extracts, nucleic acid preparations, and other agents) during culture to determine the effect of such test agents on telomere length and telomere maintenance of specific chromosomes.

5 In diagnostic applications of the invention, telomere length measurement can detect a change in telomere length and/or the rate of telomere loss. A tissue can have a spectrum of cells of different proliferative capacity. Average telomere length for a tissue will be informative of
10 the state of the tissue generally. Multiple measurements of telomere length over time can be used to determine the rate at which the telomere length changes over time.

In addition, telomere length measurement methods of the invention can be used to diagnose the presence of abnormal
15 chromosomes. If one uses a primer specific for a known subtelomeric region of an abnormal chromosome, such as chromosome 6 from cells of α -thalassaemia patients, the primer based methods of the invention can be used to diagnose the disease states associated with such cells. The
20 presence of primer extension products is indicative of the presence of the abnormal chromosome indicative of the disease state.

In prognostic applications of the invention, telomere length measurement can detect whether a cellular disease,
25 such as cirrhosis of the liver or muscular dystrophy, has affected the proliferative capacity of the diseased tissue so as to impact the recuperative capacity of the patient. In other situations, such as those involving injury to a tissue, as in surgery, wounds, burns, and the like, the
30 ability of cells, e.g., fibroblasts, to regenerate will be of interest, and telomere length, a function of proliferative capacity, provides such information. Similarly, in the case of bone loss, osteoarthritis, or other disease requiring reformation of bone, the renewal or
35 proliferative capacity of osteoblasts and chondrocytes will be of interest, and again, telomere length provides an indicator of proliferative capacity. In addition to cellular diseases, diseases associated with aging can be diagnosed using the present methods. In these applications, telomere

length provides an indicator of proliferative capacity, because the longer the telomere of a cell, the greater the potential replicative capacity that cell possesses.

5 A variety of diseases and disease states are amenable to diagnostic and prognostic evaluation by telomere length measurement. For example, there is a reduction in telomere length and replicative capacity in fibroblasts from patients with the accelerated aging syndrome Hutchison-Gilford progeria relative to age-matched normal individuals (Allsopp
10 et al., 89 Proc. Natl. Acad. Sci. USA 10114, 1992). Accelerated telomeric loss is also associated with immunosenescence, such as that occurring prematurely in lymphocytes of individuals with Down's Syndrome (DS). DS patients show many features of premature aging, and
15 lymphocytes from DS patients lose telomeres at three times the rate of age-matched controls (Vaziri et al., 52 Am. J. Hum. Genet. 661, 1993). Accelerated cellular turnover and concomitant telomere loss per cell division correlate with the premature aging phenotype, and telomere loss or short
20 telomeres in immune cells is a biomarker of immunosenescence. Any disease associated with a higher rate of cell turnover or division is amenable to diagnosis and prognosis with the present invention.

For example, atherosclerosis in part results from a
25 higher rate of cell turnover in the intimal and medial tissue in areas of atherosclerotic plaque relative to the surrounding normal tissue. Cells derived from these regions of atherosclerotic plaque undergo more cellular divisions than cells from plaque-free areas, in effect rendering the
30 cells in plaque areas older and nearer to the end of their maximum replicative lifespan. Telomere length serves as a biomarker of cell turnover in tissues involved in atherosclerosis. In general, telomere loss in intimal and medial tissue underlying an atherosclerotic plaque is
35 greater than that in plaque-free regions.

Formation of atherosclerotic plaques occurs more often in the iliac artery than in the iliac vein, and as expected, the decrease in mean TRF length in one test was shown to be significantly greater, over the age range, 20-60 years, for

iliac arteries (-100 by/yr, $P=0.01$) than for iliac veins (-47 bp/yr, $P=0.14$). See U.S. Patent No. 5,489,508, issued February 2, 1996. This decrease in mean TRF for plaque regions versus plaque-free regions of medial tissue from the same blood vessel is consistent with augmented cell turnover of tissue associated with atherosclerotic plaques. These results indicate that telomere length is a biomarker for cell turnover and proliferative capacity in tissues associated with cardiovascular disease, including cells of intimal and medial tissues.

Telomere length can be used not only as a biomarker for a disease condition but also as a prognostic indicator of disease stage. For example, in one study, telomere length measurements of CD28-CD8+ cells of HIV-infected subjects had significantly shorter TRF lengths than those of uninfected controls. In addition, the telomere length measurements of the lymphocyte subset of CD28-CD8+ cells compared to CD28+CD8+ cells in HIV-infected individuals for all subjects studied were consistently shorter. In fact, the mean TRF lengths of CD28-CD8+ cells of the HIV-infected subjects (5-7 kb) were similar to those observed for centenarians and for senescent T-cell cultures. Because loss of telomeric DNA is a marker of cell division, telomere shortening in CD8+ cells can be attributed to extensive cell division or turnover. Therefore, telomere shortening in the CD8+ cells can be ascribed to immune exhaustion that results from chronic-immune system activation and as such can be an indicator of HIV disease progression. Thus, telomere length in all cells such as CD8+ cells, CD4+ cells, and other cells of the immune system can be used for prognosis of the course of HIV infection or AIDS.

After a disease is diagnosed, telomere length measurement can be used to determine whether the disease is at an early or late stage of disease progression. For leukemia, telomere length is indicative of the time since disease onset and the relative rate of abnormal cell proliferation. Leukemic cells that have been dividing at increased rates for long periods of time have shorter telomeres than normal bone marrow cells. There is a

progressive decrease in mean TRF length in blood and bone marrow leukocytes during the course of chronic lymphoid leukemia (CLL): the average TRF lengths in one study of CLL patients were: normal individuals (controls) 10.0-16.0 kb; 5 early-stage CLL, 7.9 kb; and late stage CLL, 4.4 kb (Counter et al., 85 Blood 2315, 1995).

In chronic myeloid leukemia (CML) patients, there is a wide variation in TRF of bone marrow cells, i.e., the TRF is 2.8-12.8 kb. In one study of 44 CML patients, nine had a 10 mean TRF length within the age-matched normal range. The remainder of the patients had short telomeres (average 5.6 kb) as compared to those of age-matched normal peripheral blood mononuclear cells. Those patients with shorter TRF lengths at the time of diagnosis experienced a shorter 15 interval until blast crisis and responded less well to treatment than did patients with normal TRF. Telomere length depends upon the number of cell divisions and so, as illustrated in chronic CML patients, represents a new marker of disease state. CML patients having leukocytes with normal 20 TRFs may be at an early stage of the disease and thus respond better to therapy.

In a similar fashion, the mean TRF was much shorter in the leukocytes of acute myeloid leukemia (AML) patients than in control leukocytes of bone marrow and peripheral blood 25 from normal individuals. In addition, blast cells from seven AML patients had shorter telomeres than blood mononuclear cells isolated during remission (Yamada et al., 95 J. Clin. Invest. 1117, 1995). Thus, the presence of leukocytes (or other cells) with short TRF length is indicative of late 30 stage or acute phase disease in these leukemias.

Telomere length measurement can also be used to diagnose fertility problems. In one study, telomere length was measured in sperm cells from both fertile and infertile males. Sperm cells from certain infertile males had 35 significantly shorter telomeres than did sperm cells from the fertile males.

The methods of the invention have application in determining the proliferative capacity of a tissue as well as individual cells or cell types within a tissue. Many

tissues regenerate from only a small number of stem cells. With *in situ* hybridization, one can identify and quantitate telomere length in such stem cells on an individual as well as collective basis. These methods allow one to determine
5 telomere length on a chromosome-by-chromosome basis and to evaluate interchromosomal variance of telomere length. These measurements are made by quantitating the fluorescent intensity of bound probe for each individual cell nucleus or chromosome using confocal microscopy or flow cytometry
10 analysis. Flow cytometry provides the added benefit of allowing the sorting of cells or chromosomes based on telomere length and cell type or chromosome identity (i.e., X chromosome separated from the Y and all other chromosomes). These sorted cells or chromosomes can then
15 used as desired, i.e., for manipulation and/or subsequent therapeutic reintroduction into cell or, individual. These and other applications of the invention are further elaborated in the Examples below.

20

Examples

The following examples describe specific aspects of the invention to illustrate the invention and to provide a description of the methods for those of skill in the art. The examples should not be construed as limiting the
25 invention, as the examples merely provide specific methodology useful in understanding and practicing the invention.

Example 1

30

Dot-Blot Method for Measuring Telomere Length

This example describes a dot-blot method for measuring telomere length. Telomere length is determined by correlating the signal intensity of probe bound to the telomere region to telomere length. To facilitate
35 understanding of the method, a number of different DNA preparation steps that can be used in the process are described. In addition, although solution compositions are provided, those of skill in the art will recognize that variations of these solutions can readily be made by

appropriately modifying the concentrations of the various components in, as well as the composition of, the solution.

Two six-well plates of 293 cells seeded at 100,000 cells/well and one six-well plate of 293 seeded cells at
5 75,000 cells/well were washed twice with cold phosphate buffered saline solution (1x PBS is composed of 10 mM K₃PO₄ and 150 mM NaCl) to remove residual growth media. Cell membranes were lysed by adding 1.5 ml of extraction buffer (extraction buffer is 10 mM Tris, pH 8.0, 0.1 M
10 ethylenediaminetetraacetic acid (EDTA), pH 8.0, 0.1 M NaCl, 0.5% sodium dodecyl sulfate (SDS), and 100 µg/ml proteinase K) to each well and incubating the samples at 50°C for 3-16 hours; an additional aliquot (15 µl) of 10 mg/ml proteinase K was typically added after 1 hour.

15 After this incubation, the cellular RNA in the sample was degraded by adding 15 µl of 500 µg/ml DNase-free RNase to each well and incubating the samples for an additional hour at 37°C. The lysed cell extracts (referred to below as "DNA stock solutions") were then removed from the wells and
20 transferred to tubes. The tubes were then heated at 65°C for 10-20 minutes (at this point, the solutions can be snap frozen for later use). Alternate or additional DNA preparation steps can be used, e.g., enzymatic digestion (i.e., with proteolytic, RNase, or restriction enzymes),
25 phenol extraction, and/or ethanol (EtOH) precipitation.

To demonstrate linearity of signal intensity to DNA concentration, aliquots of the DNA stock solutions, 150 µl, 75 µl, 37.5 µl, and 18.75 µl, were transferred from the tubes and spotted into individual wells of 96-well plates
30 (Costar). The DNA was denatured in a solution of 0.4 M NaOH and 10 mM EDTA, and the contents were transferred to 96-well filter plates. The filters were rinsed with 160 µl of 0.4 M NaOH, vacuum filtered, rinsed with a solution of 0.3 M NaCl and 0.03 M sodium citrate (2x SSC) to remove the denaturing
35 solution, and dried.

³²P-labeled riboprobe was prepared by combining in a sterile Eppendorf™ tube 50 µl of 5x transcription buffer (purchased from Stratagene), 10 µl of HindIII-digested pBLRep4 (1 µg/µl, purchased from Stratagene), 10 µl of 10 mM

rATP, 10 μ l of 10 mM rCTP, 10 μ l of 10 mM rGTP, 10 μ l of 0.75 M dithiothreitol (DTT, purchased from Stratagene), 50 μ l of 32 P-UTP (0.25 mCi), 2 μ l of T3 RNA Polymerase (purchased from Stratagene), and 98 μ l of DEPC-treated water and incubating in a 37°C water bath for 30 minutes. Plasmid pBLRep4 comprises 100 telomere repeat sequences (5'-TTAGGG-3') inserted into the EcoRI site of the plasmid pBluescriptIISK+ (Stratagene). After incubation, the tube was pulse spun in a Pico FugeTM (Stratagene) and then 10 μ l of RNase free DNase I (Boehringer Mannheim) was added, followed by incubation at 37°C for 15 minutes. To the resultant mixture was added 260 μ l of phenol/chloroform/isoamyl alcohol (PCIA, 26:25:1 ratio); the solution was vortexed and then centrifuged in a Pico FugeTM (Stratagene) for approximately 4 minutes. After centrifugation, the top aqueous layer is transferred into another sterile, Eppendorf tube into which is also added approximately 26 μ l of 3 M sodium acetate. The reaction is mixed and then approximately 650 μ l of 200 proof ethanol is added with mixing. The probe is precipitated out by maintaining the temperature of the tube at -20°C for at least 30 minutes. The tube is then centrifuged for 10 minutes in the Pico FugeTM (Stratagene). The supernatant is discarded and the pellet is resuspended in 100 μ l of 1x TE buffer (1x TE buffer is composed of 10 mM Tris and 1 mM EDTA). The total volume in the tube is then brought up to 1 ml with 1x TE buffer. The resuspended probe can be stored at -20°C until used.

The DNA on the filters was then hybridized with 50 μ l (50 μ Ci/ μ g DNA) of the 32 P-UTP labeled riboprobe (comprising repeats of the sequence 5'-CCCTAA-3', as discussed above) in hybridization buffer (hybridization buffer is composed of 6x SSC, 1x Denhardt's solution, 20 mM sodium phosphate, pH 7.2, and 0.4% SDS) overnight at 65°C. The filters were washed four to five times in a wash solution composed of 1x SSC and 0.1% SDS and then exposed for at least 1 hour in a PhosphoImagerTM cassette (Molecular Dynamics) and scanned. Figure 2 shows the results presented graphically. The signal

intensity increased with the amount of DNA, as demonstrated by this graph.

Known concentrations of DNA samples prepared from various cells (OVCAR 4, OVCAR 3, OVCAR 5, OVCAR 8, and SK-OV-3) were analyzed with this method to measure differences in telomere length. As a comparison, the TRF lengths of these cells were also determined using a conventional method. Table 1 shows that signal intensity generally increased with increased TRF using the dot-blot method.

Table 1

Dot-Blot Method: Signal Intensity and TRF Length

Sample	TRF(kb)	2 μ g DNA	1 μ g DNA	0.5 μ g DNA	0.25 μ g DNA	0.125 μ g DNA
OVCAR 5	2.39	NT	851742	439777	211908	104927
OVCAR 3	3.55	2701170	1326068	608263	247371	NT
OVCAR 4	4.89	3235960	1600895	688627	262075	NT
OVCAR 8	7.51	2901921	1406973	633572	267539	NT
SK-OV-3	10.69	5612527	2880505	1359104	512160	NT

NT - not tested.

15

For example, SK-OV-3 cells, which have the greatest TRF of the cells in these samples (10.69 kb), also exhibited the strongest signal using the dot-blot method at each concentration tested.

20

These data show, as predicted, that the TRF length also includes at least a portion of the length of the subtelomeric region. Using this method, one can calculate the length of the subtelomeric region included in the TRF length. This ability to distinguish subtelomeric length versus 5'-TTAGGG-3' telomeric repeat length has important implications in disease therapy and prognosis. Because the signal strength generated by this method is a more accurate indicator of replicative capacity than TRF length, this method can be used to determine which patients have a better prognosis and to determine the required duration of treatments, such as telomerase inhibition treatment. For example, as demonstrated in Table 1, OVCAR 8 comprises a

30

shorter telomeric repeat region than OVCAR 4; however, the TRF of OVCAR 8 is greater, indicating that the TRF length for OVCAR 8 includes a greater portion of the subtelomeric region than that of OVCAR 4. Because the telomeric repeat length is indicative of the remaining proliferative capacity of the cell, a cancer patient with a tumor composed of cells like the OVCAR 8 cells would require a shorter period of treatment with a telomerase inhibitor than a patient with a tumor composed of cells such as OVCAR 4 cells, even though TRF length analysis would suggest otherwise. While the telomere length measurements undertaken in this example were for immortal cell lines, this method can also be used for mortal cell lines as a measure of replicative capacity.

15

Example 2

Slot-Blot Method for Measuring Telomere Length

This example illustrates use of the slot-blot method for measuring telomere length. In this process, the DNA is cross-linked to a solid phase prior to hybridization with a probe.

About 1.5 μ g of total genomic DNA from BJ cells (human foreskin fibroblast) and S2C cells (human skin fibroblast) at different PDL was completely digested overnight with a mixture of restriction enzymes *EcoRI* and *HindIII*. In addition, 1.25 μ g of plasmid pBLRep4 was digested with restriction enzyme *XbaI* and used as a standard control. This amount of the plasmid is equivalent to 52.6 pmol of the DNA consisting of 5'-TTAGGG-3' repeats. The negative control, 1.5 μ g of Lambda phage DNA, was digested with restriction enzymes *Sau3A* and *HindIII* and used to calculate the background signal.

The digested DNA was extracted with phenol/chloroform, precipitated with ethanol, and then resuspended in 100 μ l of 1x TE buffer (1x TE buffer is composed of 10 mM Tris and 1 mM EDTA). To this solution was added and mixed thoroughly 200 μ l of 5x SSC.

A Schleicher & Schuell Minifold II™ apparatus was used to prepare the filters employed in the slot blot method. The blotting paper was wetted with 5x SSC, and each slot of the

apparatus was rinsed with about 300 μ l of 5x SSC. The digested DNA samples were then loaded into designated slots. To generate a standard curve on the blot, the digested plasmid pBLRep4 was diluted serially, and 0.009375 μ g, 0.00625 μ g, 0.003125 μ g, and 0.0015625 μ g were then loaded onto separate slots. All liquid was vacuum filtered through the blot; the DNA was retained on the blot. The blot was then removed and placed on a piece of 3 MM Whatman, paper (VWR) and air dried for 30 minutes.

The DNA was denatured by placing the blot on a stack of 3 MM paper soaked with a solution of 0.5 N NaOH and 1.5 M NaCl for 30 minutes. The DNA was then neutralized by placing the blot on 3 MM paper soaked with a solution of 0.5 M Tris (pH 7.4) and 1.5 M NaCl for 30 minutes. Following neutralization, the DNA was cross-linked to the blot with a UV STRATALINKER 1800™ device (Stratagene). Then, the DNA was incubated in 15 ml of prehybridization buffer (prehybridization buffer is composed of 5x SSC, 5x Denhardt's solution (1 g of Ficoll (Type 400, Pharmacia), 1 g of polyvinylpyrrolidone, 1 g of bovine serum albumin (Fraction V, Sigma, and sufficient water to make 100 ml), 0.02 M phosphate (pH 6.5), 0.1 mg/ml salmon sperm DNA, 0.5% SDS, and 50% formamide) for 2 hours. This treatment was followed by hybridization of the DNA in 15 ml of prehybridization buffer containing ³²P-labeled 5'-TTAGGGTTAGGGTTAGGG-3' (SEQ. ID NO.:13) probe (1 million cpm/ml), and incubation overnight at 37°C.

After probe hybridization, the blot was washed once with 500 ml of a solution composed of 1x SSC and 0.1% SDS for 10 minutes at room temperature, then washed twice with 500 ml of the same wash solution at 37°C for 20 minutes, and then placed in a PhosphoImager™ detector overnight. The signal intensity of the hybridized probe was then analyzed.

The signal intensity of probe hybridization in cells at different PDL was converted to a relative number that reflected the average length of telomeres according to the standard curve generated using the pBLRep4 control. The results, shown in Table 2, demonstrated generally a decrease

in telomere length with increased PDL. The results correlate well with the corresponding TRF lengths and signal strength determined by conventional methods (see Figure 3).

5

Table 2

Slot-Blot Method: PDL, Signal Intensity ("SI"), and Relative Signal Intensity ("RSI")

BJ Cells			S2C Cells			Control	
PDL	SI	RSI	PDL	SI	RSI	pBLRep4 (pmol)	SI
27.5	357338	100	30	286761	100	0.06576	76976
28.6	346486	97	39	258953	90	0.132	155074
41.2	280452	71	44	262724	91	0.263	285200
46.6	293800	81	47	209496	71	0.394	402212
57.2	270484	74	53	159030	52		
69.2	219510	59	62	157456	52		
72.2	230505	62	69.2	166010	54		
73.5	194970	53	71.2	150172	49		
80.0	219628	59	73.2	174636	58		
88.2	119028	29					
91.4	113223	28					

10 The results in Table 2 show generally that bound probe
 signal intensity decreases with increased PDL. In addition,
 similar results were obtained for BJ cells and S2C cells,
 and signal intensity increased with increased amounts of the
 control, pBLRep4. The pBLRep4 plasmid results can be used to
 15 produce a standard curve generated by graphing known amounts
 of telomere repeat sequence versus the corresponding signal
 intensity determined using the slot-blot method. A standard
 curve generated using the data for pBLRep4 in Table 2 shows
 a linear increase in signal with increased amounts of
 20 pBLRep4.

Example 3

Flow Cytometry for Telomere Length Quantitation

This example illustrates a method for measuring telomere length of the chromosomes of an individual cell.

The method can be performed simultaneously with the analysis of cellular DNA content. This methodology also allows one to sort cells or chromosomes based on telomere length.

5 Growing cells are harvested by trypsinization and washed in PBS (phosphate-buffered saline), as per standard procedures. The washed cells are then fixed by adding freshly made, cold (4°C) 3:1 100% anhydrous methanol:glacial acetic acid to the resuspended cell pellet with gentle mixing. Cells can be stored at 4°C prior to analysis.

10 Alternatively, if one desires to measure the telomere length of a specific chromosome, the cells can be lysed to release intact nuclei, which are then fixed by incubation overnight in 2% paraformaldehyde (pH 7.0). Lysing the cells is accomplished by suspending the cells in 20 mM NaCl, 10 mM
15 MgCl₂, 20 mM Tris (pH 7.2); incubating the cell suspension at 37°C for 5 minutes; adding an equal volume of triton X-100 and mixing. For convenience, only analysis of intact cells, as opposed to nuclei, is described below. Those of skill in the art will recognize that this method is equally
20 applicable to the analysis of telomeres of specific chromosomes.

Prior to hybridization, the cells are centrifuged and washed three times with PBS. Cells are then treated with
25 RNase A for 20 minutes at 37°C (100 µg/ml in PBS) followed by pepsin treatment (1 mg/ml, pH 2.0) for 5 minutes at 37°C.

The cells are centrifuged and then resuspended in hybridization buffer composed of 70% deionized formamide containing FITC-labeled PNA probe, sonicated salmon sperm DNA (or other commercially available reagent to prevent non-
30 specific probe hybridization), and 10 mM Tris (pH 7.2), at room temperature for 2-8 hours. Because all cells fluoresce, a control experiment is conducted under the same conditions, except that the PNA probe is unlabeled to determine background fluorescence.

35 After the hybridization step, the cells are washed to remove unbound probe. The cells are washed three times in a solution composed of 70% formamide, 10 mM Tris (pH 7.2), and 0.05% triton X-100. The cells are then resuspended in PBS and analyzed on a flow cytometer.

Alternatively, a labeled DNA probe can be used in place of the PNA probe. If a DNA probe is used, the following procedure is implemented after fixing the cells. The DNA is denatured by adding 0.5 ml of a solution consisting of 70% deionized formamide and 2x SSC to the cell pellet (~ 1 million cells) and heating to 70°C in a water bath for 2-5 minutes. The cells are then cooled on ice and centrifuged. The cell pellet is kept on ice until adding the probe to prevent renaturation of the DNA. The labeled DNA probe (i.e., biotin or digoxigenin) is suspended in 250 μ L of hybridization solution (70% formamide, 2x SSC, 2x Denhardt's solution, 10% dextran sulfate, 50 mM Tris, pH 7.5), heated at 75-80°C for 10 minutes to denature the DNA, and cooled on ice. The cooled probe is added to the cell pellet and hybridized at 37°C overnight. The cells are then washed in 50% formamide and 2x SSC at room temperature, collected by centrifugation, then resuspended in a solution containing streptavidin-FITC or a FITC-labeled antidigoxigenin antibody. The resultant mixture is incubated at room temperature for one hour and the cells are collected by centrifugation and washed thoroughly. A control can be performed with streptavidin lacking the FITC label or employing a non-labeled antibody in the procedure.

The cells are analyzed using a flow cytometer. A standard optics and filter arrangement for a FITC-generated signal is used (488 nm excitation, 525 nm bandpass filter for emission). The signals to be collected include log and linear FITC fluorescence (525 nm) and light scatter (0° angle and 90° angle) as correlated parameters.

During flow cytometry, the cell passes a laser at a wavelength which generates scattered light and fluorescence signals from the cell. The photomultiplier tube detects the generated photons, and the signal is passed through a digital-to-analog converter. The signal can be amplified. The resultant signals can be displayed either linearly or logarithmically. Logarithmic displays provide better separation of the peaks, whereas linear displays generally provide more sensitivity.

The cells can also be counterstained with a DNA specific dye such as propidium iodide (PI) to measure cellular DNA content simultaneously. If counterstaining is used, the same filter set-up as described above is used (the
5 PI signal is measured using a 610 nm bandpass filter). This set-up will allow determination of cell cycle position and cellular DNA content, as well as quantitation of the hybridized probe signal. The intensity of signal from bound probe per chromosome or cell is proportional to the number
10 of telomeric repeats and to the telomere length. As the signal intensity is measured, the instrument can be programmed to deflect the cells into specific tubes based upon the signal and the corresponding telomere length.

15

Example 4

PCR-Based Telomere Measurement

This example describes a PCR-based method for measuring telomere length. The telomeric DNA is first treated with an exonuclease to generate blunt ends, and then, a double-
20 stranded linker is attached to the 3' end of the telomere. A forward primer complementary to the linker and a subtelomeric return primer complementary to the subtelomeric region of chromosome X and Y are extended by PCR in the presence of nucleotide triphosphates. The long PCR primer
25 extension products are then separated by size on a gel, and size standards on the gel are used to determine telomere length.

Genomic DNA is digested with Bal31 nuclease (4 U/ μ g DNA, Boehringer Mannheim) for 5 minutes at 30°C to remove
30 modified nucleotides at the ends of the telomeres and to blunt-end the DNA. Following the digestion, the Bal31 nuclease is inactivated by the addition of 0.2 M ethylenedis(oxyethylenenitrilo)-tetraacetic acid (EGTA) to a final concentration of 15 mM. The DNA is then extracted
35 using phenol/chloroform, precipitated with ethanol, and resuspended in 1x T4 DNA polymerase buffer (1x T4 DNA polymerase buffer is composed of 50 mM NaCl, 10 mM Tris-HCl, 10 mM MgCl₂, 1 mM dithiothreitol, pH 7.9) to a final DNA concentration of 0.1-0.5 μ g/ μ l. To improve blunt-ending

efficiency, the DNA is treated with T4 DNA polymerase (New England Biolabs) in a mixture comprising 0.25 mM dNTPs (0.0625 mM each of dATP, dGTP, dCTP and dTTP) for 30 minutes at 37°C. The T4 DNA polymerase is inactivated by heating for 15 minutes at 65°C. Alternative nucleases and DNA polymerases can be substituted in this reaction, i.e., Mung Bean nuclease or Pfu DNA polymerase. In addition, the Bal31 treatment of the DNA can be eliminated; and the DNA can be treated directly with T4 DNA polymerase in the presence of dNTPs to generate blunt ends.

The double-stranded linker SLIC-II/aSLIC is prepared by adding equimolar amounts of the phosphorylated SLIC-II oligonucleotide, 5'-GGAATTCTGGTCGACGGATCCTGA-3' (SEQ. ID NO.:8), and the non-phosphorylated complementary oligonucleotide aSLIC, 3'-CCTTAAGACCAGCTGCCTAGGACT-5' (SEQ. ID NO.:9), at room temperature, heating to 94°C for 3-4 minutes, placing the reaction vessel containing the oligonucleotides in a water bath pre-heated to 65-70°C, and cooling the vessel to room temperature. The annealing efficiency is checked by digesting 0.5 pmol of the prepared linker with *EcoRI* followed by electrophoretic analysis (15% polyacrylamide gel) of the digestion products and an untreated linker control. The ratio of the single-stranded, double-stranded, and digested double-stranded oligonucleotide bands on the gel provides a measure of the efficiency of the annealing process and a check that annealing is in the correct register.

The double-stranded linker is ligated onto the blunt ends of the DNA by combining, at 16°C, the blunt-ended DNA (0.1-0.5 µg), the phosphorylated linker (SLIC-II/aSLIC, 1 µg), deionized water (17 µl), 10x blunt-end ligation buffer containing 10 mM ATP (2 µl, New England Biolabs), and T4 DNA ligase (1 µl, 400 U, New England Biolabs). The reaction is allowed to proceed for 6-8 hours and then quenched by heat inactivation of the T4 DNA ligase for 15 minutes at 65°C. As a positive control to determine ligation efficiency, a radioactively labeled SLIC-II/aSLIC linker is prepared as above using ³²P-labeled SLIC-II and ligated to T4 DNA

polymerase-treated, *Mbo*I digested DNA from BJ cells and/or *Hinf*I/*Rsa*I digested DNA from BJ cells.

PCR amplification of the telomeric region is accomplished by combining 0.1 μ g of DNA ligated to SLIC II/aSLIC; 5 μ l of 2.5 mM dNTPs (0.0625 mM each of dATP, dGTP, dCTP and dTTP) solution; 5 μ l of 10x long PCR buffer (20 mM Tris·HCl (pH 9.0), 150 μ g/ml BSA, 3.5 mM MgCl₂, and 16 mM (NH₄)₂SO₄); 40 pmol of revXpJCTN primer (5'-CTGATWGGTCCACTTTTCAGAGGG-3', (SEQ. ID NO.:7)), 1 μ l of ExTaqTM DNA polymerase (Oncor); and deionized water to a total volume of 50 μ l. The reaction vessel is then transferred to a thermal cycler for 30 cycles, each cycle comprising incubation temperatures and periods of 94°C for 1 min. and 65°C for 1 min. and a final incubation at 72°C for 10 min.

The amplified primer extension products are resolved on a 0.5% agarose gel. The telomere length is determined by comparison of the primer extension products with size standards.

The reagents employed in the examples are commercially available or can be prepared using commercially available instrumentation, methods, or reagents known in the art. The foregoing examples illustrate various aspects of the invention and practice of the methods of the invention. The examples are not intended to provide an exhaustive description of the many different embodiments of the invention. Thus, although the foregoing invention has been described in some detail by way of illustration and example for purposes of clarity of understanding, those of ordinary skill in the art will realize readily that many changes and modifications can be made thereto without departing from the spirit or scope of the appended claims.

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(2) INFORMATION FOR SEQ ID NO: 1:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 27
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 1:

TGCAATTATT TTACTATCTG TTATCGG 27

(2) INFORMATION FOR SEQ ID NO: 2:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 26
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 2:

TGACCTGTTT TAAAGAGTAT GCTCAG 26

(2) INFORMATION FOR SEQ ID NO: 3:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 23
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 3:

CCCTCTGAAA GTGGACWAT CAG 23

(2) INFORMATION FOR SEQ ID NO: 4:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 23
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 4:

CTTTTATTCT CTAATCTGCT CCC 23

51

(2) INFORMATION FOR SEQ ID NO: 5:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 22
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 5:

TAGGGGTTGT CTCAGGTCC TA 22

(2) INFORMATION FOR SEQ ID NO: 6:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 23
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 6:

GGGAGCAGAT TAGAGAATAA AAG 23

(2) INFORMATION FOR SEQ ID NO: 7:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 23
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 7:

CTGATWGGTC CACTTTCAGA GGG 23

(2) INFORMATION FOR SEQ ID NO: 8:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 24
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

52

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 8:

GGAATTCTGG TCGACGGATC CTGA 24

(2) INFORMATION FOR SEQ ID NO: 9:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 24
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 9:

TCAGGATCCG TCGACCAGAA TTCC 24

(2) INFORMATION FOR SEQ ID NO: 10:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 17
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 10:

CCGTCGACCA GAATTCC 17

(2) INFORMATION FOR SEQ ID NO: 11:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 17
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 11:

CAGGATCCGT CGACCAG 17

(2) INFORMATION FOR SEQ ID NO: 12:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 24
(B) TYPE: nucleic acid

53

(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 12:

CCCTAA CCCT AACCCCTAACC CTAA 24

(2) INFORMATION FOR SEQ ID NO: 13:

(i) SEQUENCE CHARACTERISTICS:

(A) LENGTH: 18
(B) TYPE: nucleic acid
(C) STRANDEDNESS: single
(D) TOPOLOGY: linear

(ii) SEQUENCE DESCRIPTION: SEQ ID NO: 13:

TTAGGGTTAG GGTTAGGG 18

Claims

We claim:

1. A method for measuring telomere length, said
5 method comprising the steps of:
 - (a) covalently attaching an oligonucleotide linker to a telomere for which a measure of length is desired;
 - (b) contacting a primer comprising a sequence
10 sufficiently complementary to said linker to hybridize specifically thereto under conditions such that said primer extends to form a primer extension product complementary to said telomere; and
 - (c) correlating telomere length with primer
15 extension product size, thereby providing a measure of telomere length.
2. The method of Claim 1, wherein a template-dependent DNA polymerase is present in the reaction mixture
20 and said primer is extended by addition of nucleotides to said primer by said DNA polymerase.
3. The method of Claim 2, wherein step (b)
25 additionally comprises steps of:
 - (1) heating said reaction mixture to denature duplex DNA molecules; and
 - (2) cooling said reaction mixture to a temperature
30 at which complementary nucleic acids can hybridize and said primers can extend.
4. The method of Claim 3, wherein said heating and cooling steps are repeated at least from 5 to 30 times, and said primer is present in amounts sufficient for the formation of primer extension products during each cooling
35 step.
5. The method of Claim 4, wherein one of said nucleotides is labeled.

6. The method of Claim 4, wherein said primer is labeled.

7. The method of Claim 4, wherein said primer extension product size is determined by measuring hybridizing a probe to said primer extension products and measuring amount of probe bound.

8. The method of Claim 4, wherein said primer extension products are separated from other components of said reaction mixture by gel electrophoresis.

9. The method of Claim 4, wherein one of said nucleotides is a dideoxynucleotide.

10. The method of Claim 4, wherein said telomere is a human telomere.

11. The method of Claim 4, wherein a second primer is added in step (b), said second primer having a sequence sufficiently complementary to a subtelomeric region of said telomere under conditions such that said primer upon contact with said subtelomeric region hybridizes specifically thereto and extends to form a primer extension product complementary to said telomere.

12. The method of Claim 11, wherein one of said nucleotides is labeled.

13. The method of Claim 11, wherein said primer is labeled.

14. The method of Claim 11, wherein said primer extension product size is determined by hybridizing a probe to said primer extension products and measuring amount of probe bound.

15. The method of Claim 11, wherein said primer extension products are separated from other components of said reaction mixture by gel electrophoresis.

5 16. The method of Claim 11, wherein said telomere is a human telomere.

17. A method of measuring telomere length, said method comprising the steps of:

10 (a) contacting denatured chromosomal DNA with a labeled probe having a sequence complementary to a telomere repeat sequence under conditions such that said probe hybridizes specifically to telomeric DNA;

 (b) measuring amount of bound probe; and

15 (c) correlating said amount of bound probe measured with telomere length.

18. The method of Claim 17, wherein said DNA is immobilized on a solid support.

20

19. The method of Claim 17, wherein prior to step (b), said DNA is digested with a nuclease for a specific time.

20. The method of Claim 17, wherein said telomere is a
25 human telomere.

PCR-Based Telomere Measurement

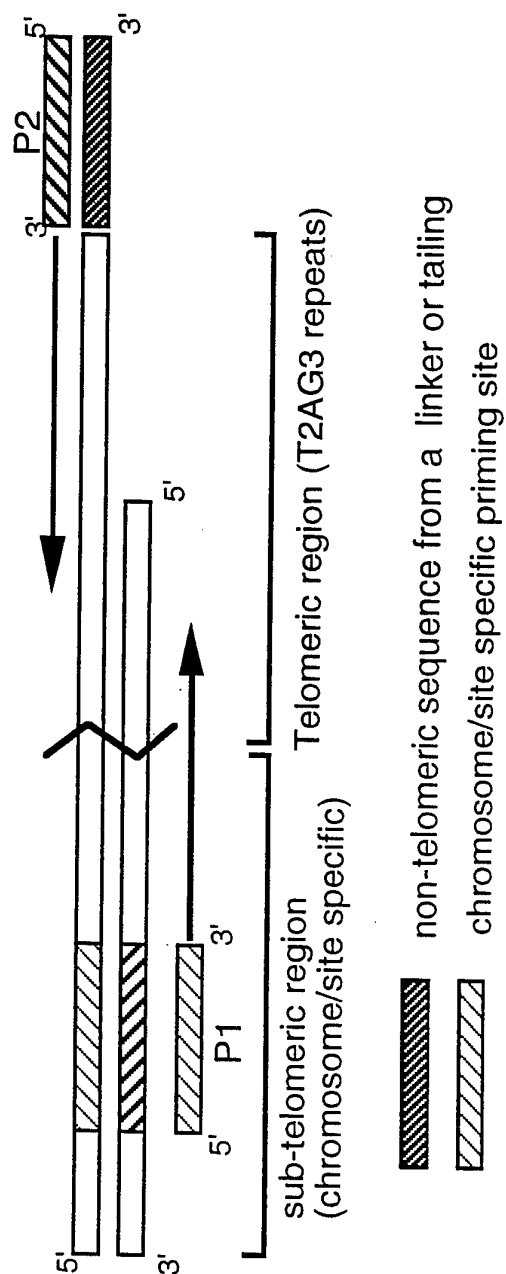


FIG. 1

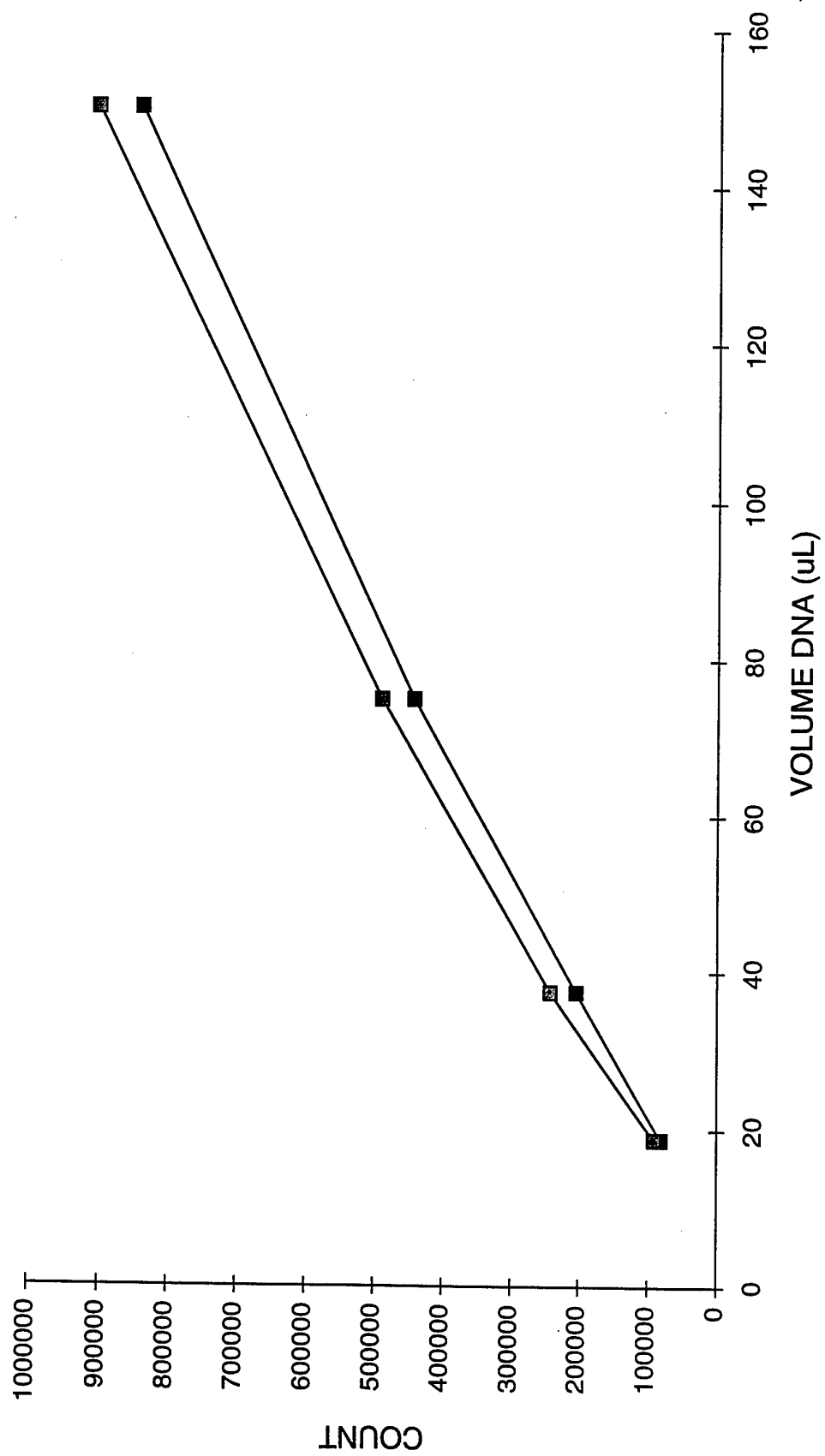


FIG. 2

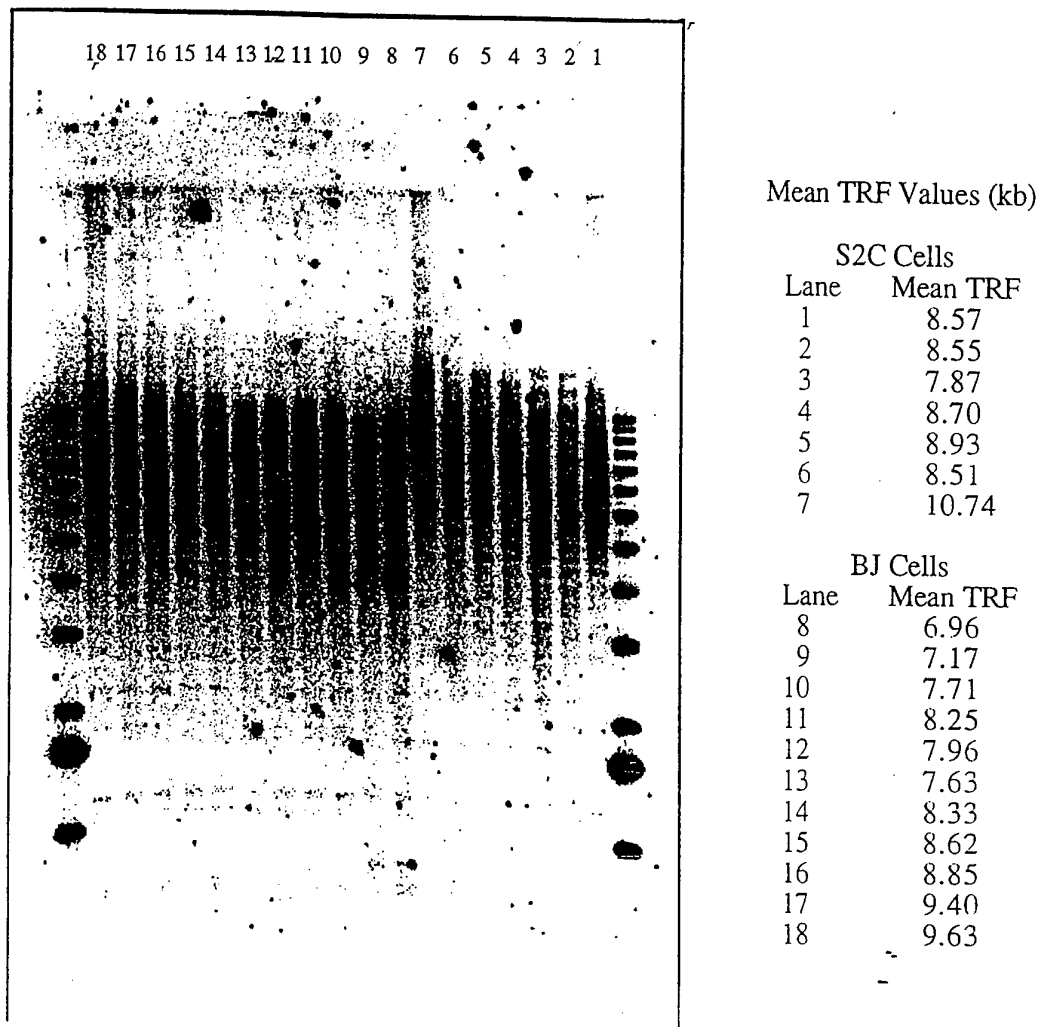


FIGURE 3A

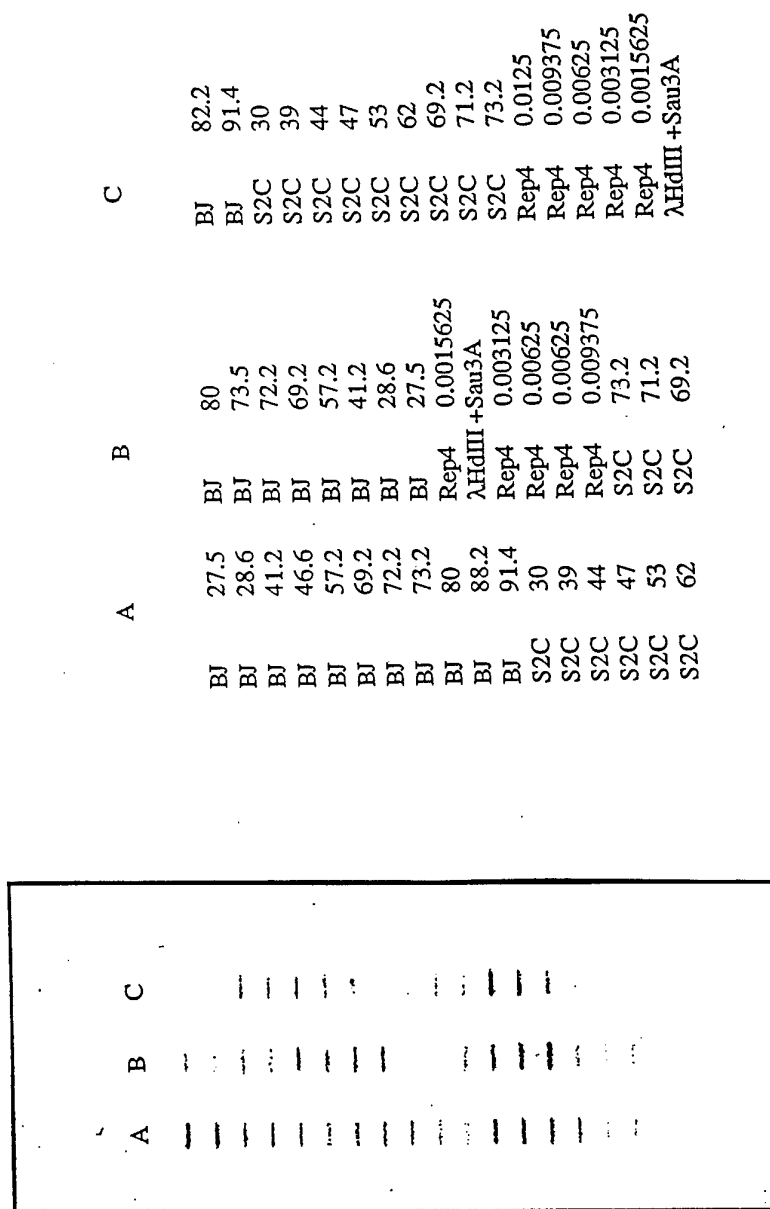


FIGURE 3B

INTERNATIONAL SEARCH REPORT

International application No.
PCT/US96/10035**A. CLASSIFICATION OF SUBJECT MATTER**

IPC(6) : C12Q 1/68; C12P 19/34; C07H 21/04; G01N 33/48

US CL : 435/6, 91.2; 536/ 24.3, 24.33; 436/64

According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

U.S. : 435/6, 91.2; 536/ 24.3, 24.33; 436/64

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

Please See Extra Sheet.

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A, P	US, A, 5,489,508 (WEST ET AL.) 06 February 1996, see entire document.	1-20
Y	Proceedings of the National Academy of Sciences, Volume 91, issued April 1994, C.M. Counter, "Telomerase activity in human ovarian carcinoma", pages 2900-2904, especially page 2900.	17-20
A	Science, Volume 266, issued 23 December 1994, N.W. Kim et al, " Specific Association of Human Telomerase Activity with Immortal Cells and Cancer", 2011-2014, see entire article.	1-16
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Y		17-20

☒ Further documents are listed in the continuation of Box C.
 ☐ See patent family annex.

* Special categories of cited documents:	"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention
"A" document defining the general state of the art which is not considered to be of particular relevance	"X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone
"E" earlier document published on or after the international filing date	"Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art
"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)	"&" document member of the same patent family
"O" document referring to an oral disclosure, use, exhibition or other means	
"P" document published prior to the international filing date but later than the priority date claimed	

Date of the actual completion of the international search

21 JULY 1996

Date of mailing of the international search report

27 AUG 1996

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INTERNATIONAL SEARCH REPORT

International application No.
PCT/US96/10035

C (Continuation). DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
Y	Gene, Volume 137, issued 31 December 1993, C. Burgtorf et al, "A telomere-like satellite (GGGTCAT) _n comprises 4% of genomic DNA of Drosophila hydei and is located mainly in centromeric heterochromatin of all large acrocentric chromosomes", pages 287-291, see especially page 288, column 2.	17-20
A, P	Nucleic Acids Research, Volume 23, Number 18, issued 25 September 1995, W.E. Wright, "Modifications of a telomeric repeat amplification protocol (TRAP) result in increase reliability, linearity, and sensitivity", pages 3794-3795, see entire article.	1-20

INTERNATIONAL SEARCH REPORT

International application No.
PCT/US96/10035

B. FIELDS SEARCHED

Electronic data bases consulted (Name of data base and where practicable terms used):

APS, BIOSIS, BIOTECHABS, BIOTECHDS, BIOBUSINESS, CABA, CANCERLIT, DISSABS, DRUGU, EMBASE, MEDLINE, SCISEARCH, USPATFULL, WPIDS, JAPIO

search terms: telomeres, telomerase, PCR amplification, TRAP, linkers, adaptors, slot blots, or dot blots.