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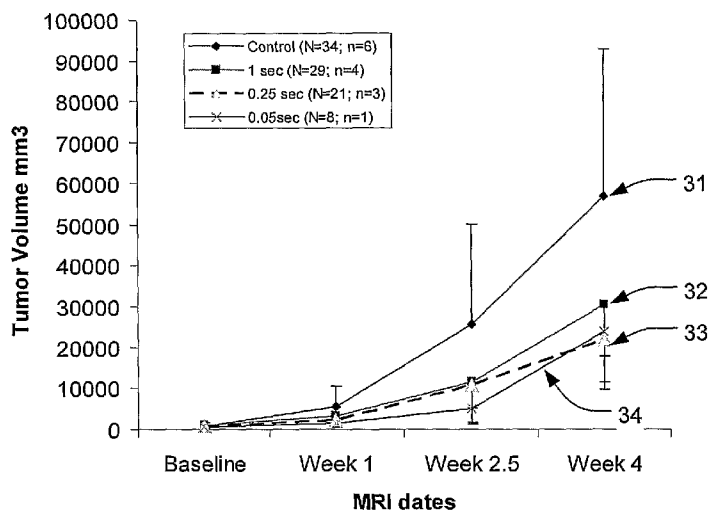
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(54) Title: OPTIMIZING CHARACTERISTICS OF AN ELECTRIC FIELD TO INCREASE THE FIELD'S EFFECT ON PROLIFERATING CELLS

VX-2 Tumor treatment in-vivo



(57) Abstract: AC electric fields at particular frequencies and field strengths have been shown to be effective for destroying rapidly proliferating cells such as cancer cells. The effectiveness of such fields is improved when the field is sequentially switched between two or more different directions. The effectiveness of such fields can be improved even further by choosing the rate at which the field is switched between the various directions.

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**OPTIMIZING CHARACTERISTICS OF AN ELECTRIC FIELD  
TO INCREASE THE FIELD'S EFFECT ON PROLIFERATING CELLS**

CROSS REFERENCE TO RELATED APPLICATIONS

[0001] This application claims the benefit of US provisional application No. 60/723,560, filed October 3, 2005, which is incorporated herein by reference.

BACKGROUND

[0002] US Patent Nos. 6,868,289 and 7,016,725, each of which is incorporated herein by reference, disclose methods and apparatuses for treating tumors using AC electric fields in the range of 1-10V/cm, at frequencies between 50 kHz and 500 kHz, and that the effectiveness of those fields is increased when more than one field direction is used (e.g., when the field is switched between two or three directions that are oriented about 90° apart from each other). Those alternating electric fields are referred to herein as Tumor Treating Fields, or TTFields.

SUMMARY OF THE INVENTION

[0003] The effectiveness of TTFields in stopping the proliferation of and destroying living cells that proliferate rapidly (e.g., cancer cells) can be enhanced by choosing the rate at which the field is switched between the various directions.

BRIEF DESCRIPTION OF THE DRAWINGS

[0004] FIG. 1 is a schematic representation of two pairs of insulated electrodes that alternately apply TTFields to target region.

[0005] FIG. 2 shows examples of waveforms that are suitable for switching the fields that are applied between the electrodes on and off.

[0006] FIG. 3 depicts the changes in growth rate of a glioma cell culture treated with alternating electric fields switched between two directions at different switching rates.

[0007] FIG. 4 is a graph of tumor volume vs. time for fields that were switched between two directions at different switching rates.

[0008] FIG. 5 is a block diagram of a system for generating the TTFIELDS in different directions.

[0009] FIG. 6 illustrates a preferred waveform for driving the electrodes.

#### DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS

[0010] Since electric fields sum as vectors, two or more fields with different directions cannot be applied simultaneously at a given location. Instead, the different field directions must be applied sequentially, by applying a first field in one direction for a certain period of time  $t_1$ , and then applying a second field in another direction for a period  $t_2$ . During  $t_2$  the first field is not active and during  $t_1$  the second field is inactive. When this cycle is repeated over and over, the result is that sequential field pulses of changing directions are applied in a cyclic manner.

[0011] The inventor has determined that that the effectiveness of TTFIELDS for destroying proliferating cells in tissue culture as well as malignant tumors in experimental animals is dependent on the rate of switching between the various directions of which the fields are applied. In a set of experiments, TTFIELDS were applied to the tissue cultures or experimental

animals by means of two pairs 11, 12 of insulated electrodes that alternately apply TTFields 15, 16 normal to each other, shown schematically in FIG. 1. The waveforms applied were 100 – 200 kHz alternating fields modulated to stay On and Off for half cycle durations ranging from 10 ms to 1000 ms.

**[0012]** FIG. 2 shows two examples of waveforms that are suitable for modulating the AC signals that were applied between the electrodes: a first pair A of 50% duty cycle waveforms 21, 22 time shifted with respect to each other such that one is on when the other is off, and a second pair B of 50% duty cycle waveforms 23, 24 that is similar to the first set of waveforms, but switched at twice the frequency. Note that each set of waveforms consists of two 50% duty cycle square waves that are shifted in phase by one half cycle with respect to each other.

**[0013]** FIG. 3 depicts the results of one set of experiments by plotting the changes in growth rate of a glioma cell culture (F98) treated with 200 kHz alternating electric field waveforms switched between two directions at different switching rates. Experimental data was also obtained for the case where the field was applied continuously in one direction only. (Note that the control baseline of 100% is for the case when no field was applied.) The data shows that some switching frequencies are more effective than others for reducing the proliferation of glioma tumor cells in culture. The highest effectiveness was found when the half cycle duration was 50 ms (with a similar Off duration) waveform. However, the effectiveness differences in the range of 250 ms to 50 ms were small. Within this range, the cell proliferation rate is reduced to about half of what it is when either a continuous field was applied, or when a 1000 ms half cycle duration waveform is used.

[0014] FIG. 4 is a graph of tumor volume vs. time for a set of experiment, and it shows the effect of 200 kHz TTFIELDS on Vx2 carcinoma growth in vivo, when the fields were applied in two different directions at different switching rates. In the experiment, tumors from the carcinoma line Vx2 were inoculated under the kidney capsule in rabbits. As expected, the tumor size increases with time during the 4 week follow up period in the control, non-treated, group of rabbits (curve 31). The growth rate was slower when the fields were applied in different directions with a switch in direction every 1000 ms (curve 32); and the growth rate was even slower when the field's direction was switched every 250 ms (curve 33) or every 50 ms (curve 34). Thus, we see that the effectiveness of the treatment is significantly higher for waveform having half duty cycle durations of between 50 and 250 ms, as compared with 1000 ms half cycles.

[0015] Based on the above, the following approach is recommended for tumor treatment with TTFIELDS: Treatment should be carried out with at least two field directions, such that each pair of electrodes is activated for On periods of a duration that is preferably between 50 and 250 ms, interposed by Off periods of a similar duration. The TTFIELDS basic alternation frequency (which corresponds to the carrier frequency in an amplitude modulation system) should preferably be in the range of 50 - 500 kHz, and more preferably in the range of 100-200 kHz. The field intensity is preferably at least 1 V/cm, and more preferably between 1 and 10 V/cm.

[0016] FIG. 5 is a block diagram of a system for generating the TTFIELDS in different directions by driving a first electrode pair 11 and a second electrode pair 12 that are positioned about a target. An AC signal generator 41 generates a sinusoid, preferably between 100 – 200 kHz, and a square wave generator 43 generates a square wave that resembles the wave 21 shown in FIG. 2. Preferably the output of the square wave is high

between 50 and 250 ms and low for an equal amount of time in every cycle, although duty cycles that deviate from 50% may also be used. An inverter 44 inverts this square wave, thereby providing the second wave 22 shown in FIG 2. The amplifiers 42 amplify the sinusoid when their control input is in one state, and shut off when their control input is in the other state. Since the control input for the two amplifiers are out of phase, the amplifiers will alternately drive either the first electrode pair 11 or the second electrode pair 12 to generate either the first field 15 or the second field 16 in the target region. Of course, persons skilled in the relevant arts will recognize that a wide variety of other circuits may be used to alternately drive either the first or second pair of electrodes. For example, a suitable switching circuit may be provided to route the output of a single amplifier to either the first or second pair of electrodes in an alternating manner, with the switching controlled by a single square wave.

[0017] As explained in patent 6,868,289, insulated electrodes are preferred for in vivo applications. Preferably, care should be taken to avoid overheating of the tissues by the capacitive currents and dielectric losses in the insulated electrodes. It is also preferable to avoid the generation of spikes during the switching process. This can be done, for example, by carrying out the switching itself while the AC signal is turned off and immediately afterwards turning the signal on. The rate of turning the field on  $t_3$  and off  $t_4$  should preferably be done at a rate that is slow relative to the reciprocal of the field frequency (i.e., the period  $t_5$ ), and fast relative to the half cycle duration  $t_1$ ,  $t_2$ , as seen in FIG. 6 for waveform 61. An example of a suitable turn-on rate  $t_3$  and turn-off rate  $t_4$  is to reach 90% of the steady-state values within about 1 - 5 ms. Circuitry for implementing this slow turn on may be implemented using a variety of approaches that will be apparent to persons skilled in the relevant arts, such as using a slow-rising control signal to drive an accurate AM

modulator, or by driving a gain control of the amplifier with a square wave and interposing a low pass filter in series with the gain control input.

[0018] While examples of the invention are described above in the context of F98 glioma and Vx2 carcinoma, the switching rate may be optimized for other cancers or other rapidly proliferating cells by running experiments to determine the best switching rate, and subsequently using that switching rate to treat the problem in future cases.

## WE CLAIM:

1. A method of treating a tumor comprising the step of:  
applying an electric field with a frequency between 50 and 500 kHz and a field strength of at least 1 V/cm to the tumor,  
cyclically changing the direction of the electric field between a first direction and a second direction, with the field applied for between 20 and 500 ms in the first direction and for between 20 and 500 ms in the second direction during each cycle.
2. The method of claim 1, wherein the field is applied for between 50 and 250 ms in the first direction and for between 50 and 250 ms in the second direction during each cycle.
3. The method of claim 2, wherein the field is applied for the same amount of time in the first direction as in the second direction during each cycle.
4. The method of claim 2, wherein the first direction is substantially normal to the second direction.
5. The method of claim 2, wherein the electric field has a frequency between 100 and 200 kHz.
6. The method of claim 5, wherein the field is applied for the same amount of time in the first direction as in the second direction during each cycle.



7. A method of treating a tumor comprising the steps of:
  - (a) applying a first electric field to the tumor in a first direction for a first period of time, wherein the first electric field has a frequency and field strength that damages dividing cells but leaves nondividing cells substantially unharmed, and wherein the first period of time is selected to increase the efficacy of the treatment;
  - (b) applying a second electric field to the tumor in a second direction for a second period of time that is subsequent to the first period of time, wherein the second electric field has a frequency and field strength that damages dividing cells but leaves nondividing cells substantially unharmed, and wherein the second period of time is selected to increase the efficacy of the treatment; and
  - (c) cyclically repeating steps (a) and (b).
8. The method of claim 7, wherein the first period of time is between 20 and 500 ms and the second period of time is between 20 and 500 ms.
9. The method of claim 7, wherein the first period of time is between 50 and 250 ms and the second period of time is between 50 and 250 ms.
10. The method of claim 9, wherein the first period of time is about equal to the second period of time.
11. The method of claim 7, wherein the first direction is substantially normal to the second direction.

12. A method of applying a therapeutic electric field to a target region, the method comprising:  
generating a periodic control signal with first and second output states, wherein the duration of the first state is between 20 and 500 ms and the duration of the second state is between 20 and 500 ms;  
generating a first AC signal when the control signal is in its first state and generating a second AC signal when the control signal is in its second state;  
applying the first AC signal across a first pair of insulated electrodes to induce a first electric field in the target region at a first direction, the first electric field having a field strength of at least 1 V/cm and a frequency between 50 and 500 kHz; and  
applying the second AC signal across a second pair of insulated electrodes to induce a second electric field in the target region at a second direction, the second electric field having a field strength of at least 1 V/cm and a frequency between 50 and 500 kHz.
13. The method of claim 12, wherein the duration of the first state is between 50 and 250 ms and the duration of the second state is between 50 and 250 ms.
14. The method of claim 13, wherein the duration of the first state is about the same as the duration of the second state.
15. The method of claim 13, wherein the electric field has a frequency between 100 and 200 kHz.
16. An apparatus for applying a therapeutic electric field to a target region, the apparatus comprising:

a first pair of insulated electrodes, each electrode having a conductor and a surface configured for placement against a patient's body that is insulated from the conductor;

a second pair of insulated electrodes, each electrode having a conductor and a surface configured for placement against a patient's body that is insulated from the conductor;

a square wave generator that generates a periodic control signal with first and second output states, wherein the duration of the first output state is between 20 and 500 ms and the duration of the second output state is between 20 and 500 ms;

an AC signal generator that generates a first AC signal across the conductors of the first pair of electrodes when the control signal is in the first output state and generates a second AC signal across the conductors of the second pair of electrodes when the control signal is in the second output state, the first and second AC signals having a frequency between 50 and 500 kHz.

17. The apparatus of claim 16, wherein the duration of the first output state is between 20 and 500 ms, the duration of the second output state is between 50 and 250 ms.
18. The apparatus of claim 17, wherein the first and second AC signals having a frequency between 100 and 200 kHz.
19. The apparatus of claim 16, wherein the AC signal generator comprises a single signal source and a switch that distributes an output of the single signal source to either the first pair of electrodes or the second pair of electrodes.

20. The apparatus of claim 16, wherein the AC signal generator comprises a first signal source operatively connected to the first pair of electrodes and a second signal source operatively connected to the second pair of electrodes.

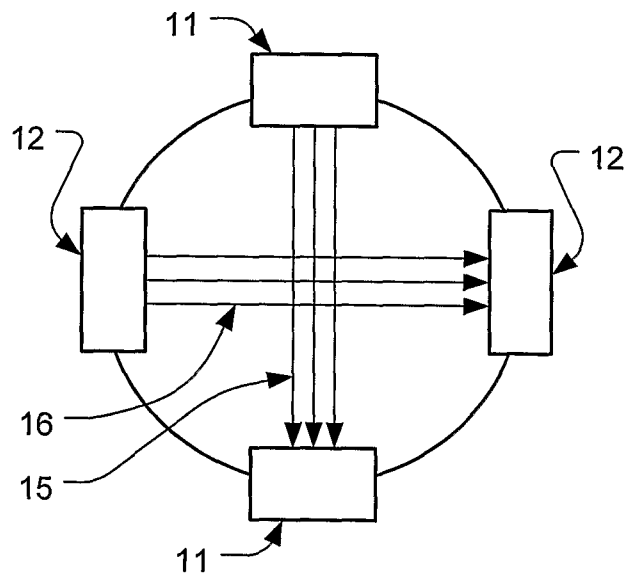


FIG. 1

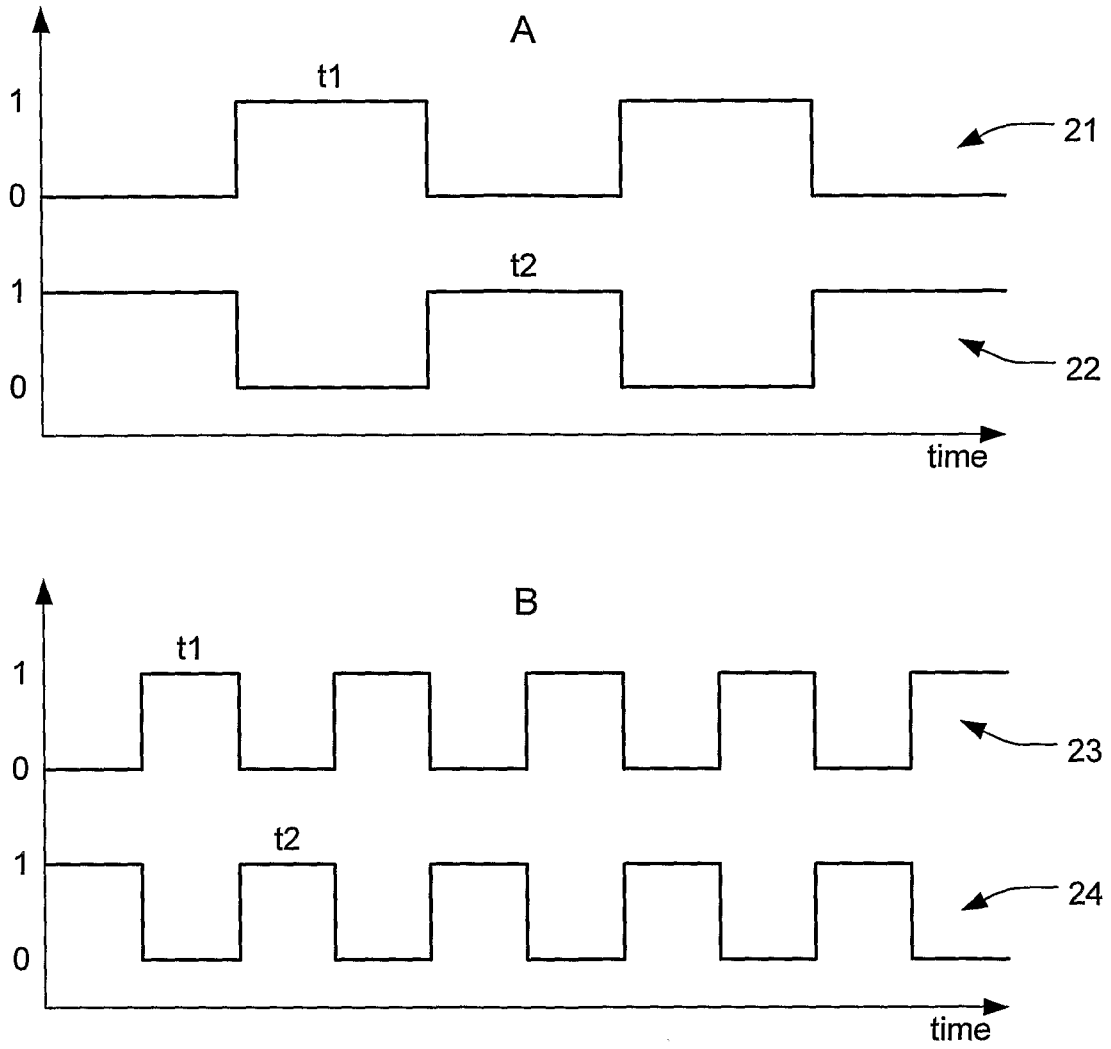


FIG. 2

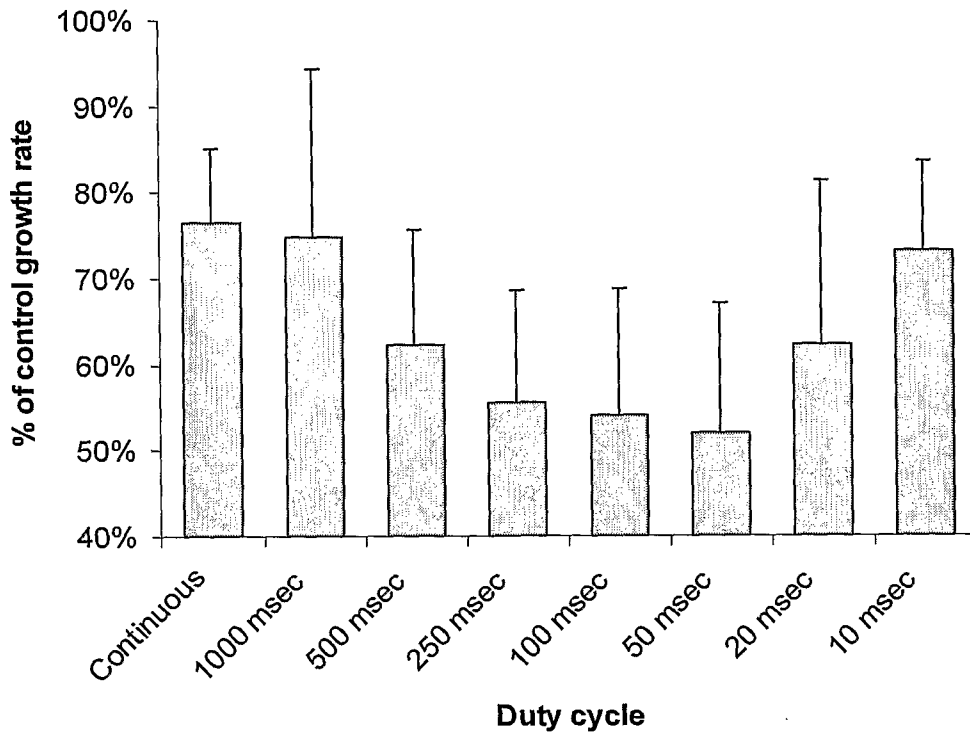


FIG. 3

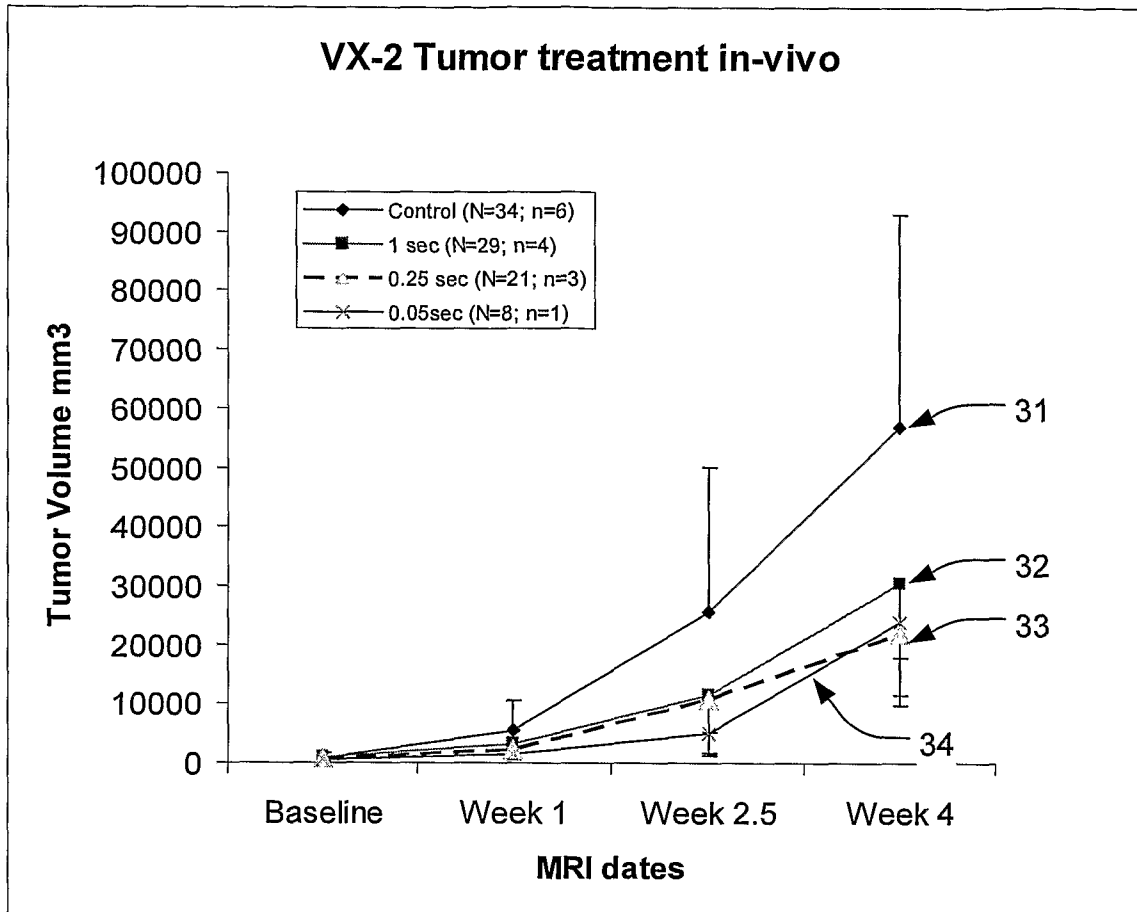


FIG. 4



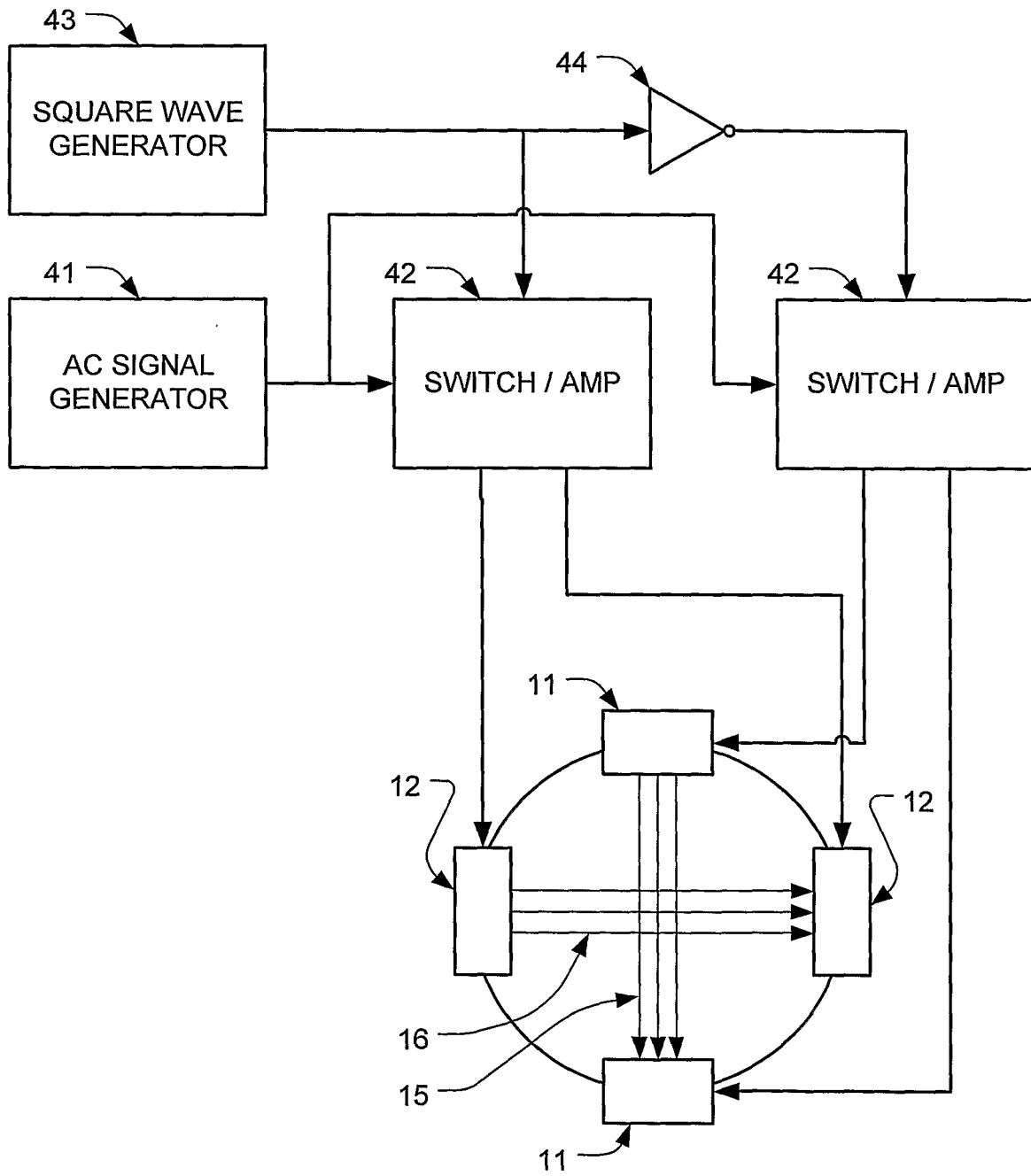


FIG. 5

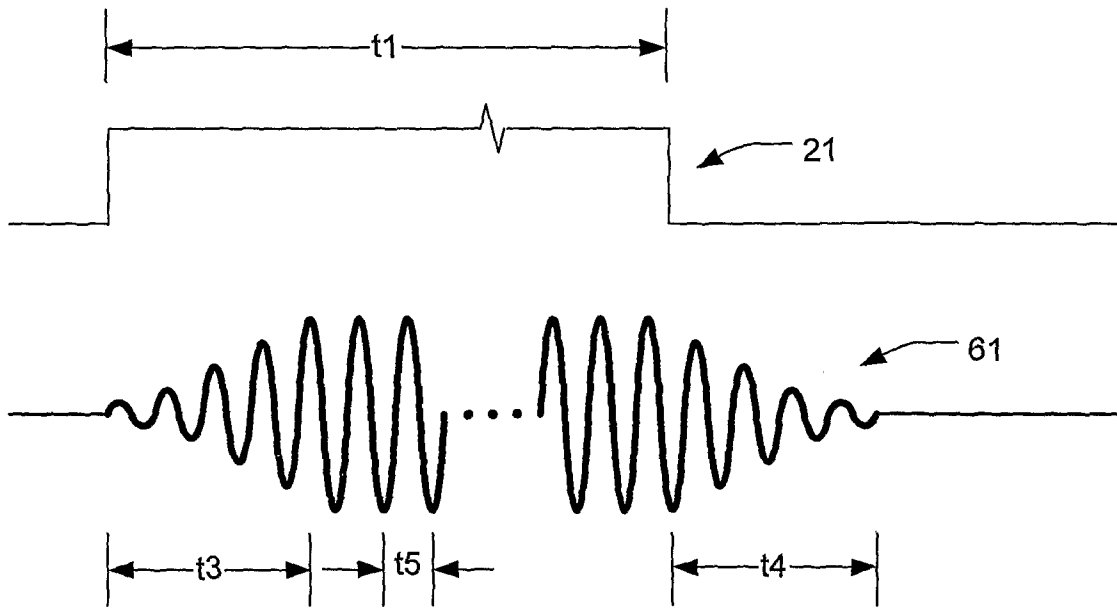


FIG. 6