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(54) Titre : COMPOSITIONS DE MATIERES GRASSES
(54) Title: FAT COMPOSITION

(57) **Abrégé/Abstract:**

The invention provides a fat composition comprising: (A) a fat containing at least 15% by weight of diglycerides; (B) a fatty acid L-ascorbic ester; and (C) a component selected from among catechin, rosemary extract, sage extract and turmeric extract. The fat composition is excellent in oxidation stability, flavor and appearance.



ABSTRACT

The invention provides a fat composition comprising:

- 5 (A) a fat containing at least 15% by weight of diglycerides;
- (B) a fatty acid L-ascorbic ester; and
- (C) a component selected from among catechin, rosemary extract, sage extract and turmeric extract.
- 10 The fat composition is excellent in oxidation stability, flavor and appearance.

DESCRIPTION

FAT COMPOSITION

5 TECHNICAL FIELD

The present invention relates to a diglyceride-containing fat composition excellent in oxidation stability, flavor, appearance and the like.

10 BACKGROUND ART

Diglycerides are oxidized by heating or storage for a long period of time like triglycerides. As compositions for improving the oxidation stability of diglycerides, have been known, for example, the following
15 fat compositions. A liquid general-purpose fat composition in which ascorbyl palmitate and tocopherol are added a fat composition containing diglycerides in a high proportion (Japanese Patent Application Laid-Open No. 176181/1998) and an edible fat composition in which an
20 antioxidant extracted from a natural product such as green tea is incorporated into diglycerides (Japanese Patent Application Laid-Open No. 96992/1992).

However, the oxidation stability of the above-described fat compositions has been sufficient for
25 household edible fats, but not always sufficient for institutional fats used under severe conditions. When the amounts of ascorbyl palmitate, tocopherol and the

like are increased in order to further improve the oxidation stability of the above fat compositions, there has arisen a problem the flavor and appearance of the fat compositions are deteriorated by the flavor and color
5 tone of these substances.

It is therefore an object of the present invention to provide a diglyceride-containing fat composition which is excellent in oxidation stability and also excellent in flavor and appearance

10

DISCLOSURE OF THE INVENTION

The object of the present invention has been achieved by providing a fat composition comprising the following components (A), (B) and (C):

15 (A) a fat containing at least 15% by weight of diglycerides;

(B) a fatty acid L-ascorbate ester; and

(C) a component selected from among catechin, rosemary extract, sage extract and turmeric extract.

20 In the fat composition according to the present invention, the oxidation stability of the diglyceride-containing fat is sharply improved by using (B) the Fatty acid L-ascorbate ester and the component (C) such as catechin in combination. The oxidation stability of the
25 diglyceride-containing fat can be improved to some extent by a combination of tocopherol and a fatty acid L-ascorbate ester, or the component (C) such as catechin.

When the amount of such a component is increased for the purpose of further improving the oxidation stability, however, there has arisen a problem the appearance and flavor of the fats are deteriorated. However, it has not been known at all that when (B) the Fatty acid L-ascorbate ester and the component (C) are incorporated into the diglyceride-containing fat in combination, both components act synergistically, and consequently the oxidation stability of the fat can be sharply improved and that since the incorporating amounts thereof can be controlled, sourness and puckery taste are not given and coloring is not caused, and consequently a fat composition preferable for edible oil can be provided. The reason why the components (B) and (C) act synergistically on the diglyceride-containing fat is not always clearly known. However, it is inferred that a factor is that their action as an antioxidant is easy to be exhibited in the diglycerides because the polarity of the component (C) such as catechin and the Fatty acid L-ascorbate ester is close to the polarity of the diglycerides compared with that of tocopherol, and both components are comparatively easy to be dissolved in the diglycerides.

25 BEST MODE FOR CARRYING OUT THE INVENTION

In the fat used in the present invention, the content of diglycerides is preferably at least 15% by

weight (hereafter indicated merely by "%"), more preferably at least 30%, particularly preferably higher than 50%. The content of the diglycerides is preferably not higher than 95% from the viewpoint of production of the diglycerides. The content of monoglycerides is preferably not higher than 2%, particularly preferably not higher than 1.5%. The remainder in the fat is triglycerides. When the content of the diglycerides exceeds 50% in particular, a plain feeling of such a fat composition as an edible oil is more improved, and moreover it may be used as a food material hard to put on fat in *tempura*, fries, margarine, mayonnaises, dressings, etc.

The number of carbon atoms in acyl groups constituting each of the diglycerides is preferably 8 to 24, particularly preferably 16 to 22. The amount of unsaturated acyl groups is preferably at least 55%, more preferably at least 70%, particularly preferably at least 90% based on all the acyl groups. The diglycerides can be obtained by an optional process such as transesterification of a fat with glycerol or esterification of a fatty acid derived from such a fat with glycerol. The reaction method thereof may be either a chemical reaction method making use of an alkali catalyst or the like or a biochemical reaction method making use of a lipolytic enzyme such as lipase.

Examples of a fat used as a raw material for the

diglyceride-containing fat include vegetable oils such as soybean oil, rapeseed oil, palm oil, rice oil or corn oil, animal oils such as beef tallow or fish oil, and hardened oils, fractionated oils and random transesterified oils thereof. It is preferred that a solid oil at normal temperature, for example, palm oil, or a hardened oil of any of various kinds of oils be used, since such effects that the oxidation stability of the diglyceride-containing fat is further improved, and oil spots on the surface of a food product fried with such a fat are also suppressed are expected.

(B) The fatty acid L-ascorbate ester is preferably dissolved in the diglyceride-containing fat, more preferably a higher fatty acid ester the number of carbon atoms of the acyl group in which is 12 to 22, particularly preferably L-ascorbyl palmitate or L-ascorbyl stearate, most preferably L-ascorbyl palmitate. The content of B) the fatty acid L-ascorbate ester in the fat composition according to the present invention is preferably at least 0.006%, more preferably 0.01 to 0.05%, particularly preferably 0.02 to 0.04% from the viewpoints of the improvement of oxidation stability, flavor and coloring.

Among the substances of the component (C), the catechin may be of either pyrogallol type or catechol type, and examples thereof include epicatechin, epigallocatechin, epicatechin gallate and

epigallocatechin gallate. At least one of these compounds may be used, or a catechin-containing plant such as a green tea leaf may be used by extracting it with hot water, or an organic solvent such as ethanol or chloroform and suitably concentrating, purifying and drying the resultant extract. From the viewpoint of further improving the oxidation stability, the ash content in catechin is at most 10%, preferably at most 5%, particularly preferably at most 2%, most preferably at most 1%. The cause that the oxidation stability is improved by the use of the catechin having a low ash content is not always clearly known. However, it is inferred that a factor is that when the content of ash (metals and the like) is low, the chelating ability of polyphenol is lowered. The term "ash" as used herein means salts containing potassium, phosphorus or the like. In the present invention, the ash content is a value measured in accordance with the ignition residue testing method described in Official Document Manual of Food Additives (Hirokawa Shoten, 1987). Examples of a method for lowering the ash content in catechin include a method of extracting green tea leaves with an organic solvent, a method of separating through a column and a method of additionally desalting after the process described above. As the catechin low in ash content, may also be used a commercially available product sold in the form of powder or a preparation thereof. Examples of commercially

available catechin products having an ash content of at most 5% include "YK-85" (product of YMC Co.), "Sunphenone 100S" (product of Taiyo Kagaku Co., Ltd.), "Polyphenone 70S" (product of MITSUI NORIN CO., LTD.) and "Teafulon 5 90S" (product of Itoen K.K.).

The content of catechin in the fat composition according to the present invention is preferably at least 0.004%, more preferably 0.008 to 0.08%, particularly preferably 0.01 to 0.06% in terms of pure catechin from 10 the viewpoint of imparting good antioxidant property to the fat composition.

Among the substances of the component (C), the rosemary extract and sage extract are products by respectively drying and grinding leaves of rosemary and 15 sage which are plants of *Lamiaceae*, and extracting them with water, hot water, hexane, ethanol, acetone, ethyl acetate or a mixed solvent thereof. In the present invention, besides the above-described extracts with the organic solvent, oleo-resin preparations prepared from 20 these extracts, or preparations of rosmarinol, calsonol, isorosmarol, etc. which are constituents thereof may also be used. Products (hereinafter referred to as deodorized products) obtained by subjecting these extracts to a deodorizing treatment by a method under reduced pressure, 25 a method under heating and reduced pressure, a supercritical extraction method, a column adsorption method or the like are particularly preferred from the

viewpoint of flavor. The amount of a solvent remaining in these deodorized products is preferably at most 20 ppm, particularly preferably at most 15 ppm. Examples of commercially available rosemary extracts include Herbalox Type O, Herbalox Type HT-O, Herbalox Type 25, Duralox NMH and Duralox NM-1 (all, products of Kalsec Co.), and Reomi-ru E and Reomi-ru IO (both, product of Lion Corporation). Examples of commercially available sage extracts include Herbalox Type S-O and Herbalox Type S-W (both, products of Kalsec Co.). Commercially available deodorized products include Herbalox Type HT-O (product of Kalsec Co.).

The content of these rosemary extracts or sage extracts in the fat composition according to the present invention is preferably 200 to 5,000 ppm, more preferably 500 to 3,500 ppm, particularly preferably 1,000 to 3,000 ppm in terms of dewatered and desolvated products from the viewpoint of imparting good antioxidant property to the fat composition.

Among the substances of the component (C), the turmeric extract is a product by drying and powdering rhizomes of turmeric (*curcuma*) which is a plant of *Zingiberaceae*, and extracting it with chloroform, methanol, hexane, ethanol or a mixed solvent thereof. In the present invention, besides the above-described extract with the organic solvent, oleo-resin preparations or curcumin preparations prepared from this extract may

also be used. Examples of commercially available turmeric extracts include Turmeric Type 97, Turmeric Type 30 and Turmeric Extract (all, products of Kalsec Co.), and Curcumin Powder (product of Lion Corporation).

5 The content of the turmeric extract in the fat composition according to the present invention is preferably 50 to 1,000 ppm, particularly preferably 100 to 1,000 ppm in terms of curcumin from the viewpoint of imparting good antioxidant property to the fat
10 composition.

 In the present invention, the rosemary extract, sage extract and turmeric extract have effects of reducing smelling (oily smell) inherent in oil upon cooking and of preventing increase in acidic value (AV)
15 that is caused by heating and hydrolysis of a fat itself. In particular, the deodorized products of the rosemary extract and sage extract are excellent in the effect of preventing the increase in AV.

 When catechin and the fatty acid L-ascorbate ester
20 are used, the mixing ratio (weight ratio) between them is preferably 0.03 to 3, more preferably 0.2 to 2, particularly preferably 0.5 to 1.5 in order to improve the effect by the combined use. The mixing ratio (weight ratio) of the rosemary extract or sage extract to the
25 fatty acid L-ascorbate ester is preferably 1 to 20, more preferably 3 to 15, particularly preferably 5 to 10. The mixing ratio (weight ratio) of the turmeric extract to

the fatty acid L-ascorbate ester is preferably 0.1 to 5,
more preferably 0.2 to 3, particularly preferably 0.3 to
2. Incidentally, even if the component (C) and the fatty
acid L-ascorbate ester are incorporated into a
5 triglyceride, both components do not act synergistically,
and no great oxidation-stabilizing effect is brought
about.

Among the substances of the component (C), catechin
and the rosemary extract are particularly preferred in
10 the present invention. As the component (C), at least
two of these substances may be used in combination.

The fat composition according to the present
invention preferably further comprises silicone. The
oxidation stability of the fat composition according to
15 the present invention is still more improved by
containing the silicone in the composition, and the
deterioration of flavor upon use of the fat composition
is also improved. Examples of the silicone include
preparations (KS-66, KS-69, KF-96, KM-72, etc., all
20 products of Shin-Etsu Chemical Co., Ltd.; THF450, TSA737,
etc., all products of Toshiba Silicone Co., Ltd.) known
as antifoaming agents for food, such as dimethyl
polysiloxane. The content of the silicone in the fat
composition according to the present invention is
25 preferably at least 0.00003%, particularly preferably
0.0001 to 0.001%.

The fat composition according to the present

invention may further comprise an antioxidant such as butylhydroxytoluene, butylhydroxyanisole, tocopherol or L-proline in addition to the above-described components.

The fat composition according to the present invention can be obtained by adding the components (B) and (C) and other components to the diglyceride-containing fat and suitably heating and stirring the resultant mixture. The components (B) and (C) may also be dissolved in a solvent such as ethanol in advance before the addition thereof.

The fat composition thus obtained is stable to long-time heating and storage and useful as, for example, an edible oil. The fat composition according to the present invention is also useful as an antioxidant that can improve the oxidation stability of an ordinary edible oil by adding it to the edible oil. The fat composition according to the present invention is suitable for use in producing fried confectionery of rice, wheat, corn, potato and sweet potato type, such as fried cookie, potato chips, fabricated potato and snack confectionery, fried potato, fried chicken, fries, doughnut, instant noodles, etc.

EXAMPLES

Examples 1 to 11 and Comparative Examples 1 to 11:

A component (B), a component (C), vitamin E, L-ascorbic acid and/or silicone were added to a fat

composed mainly of diglycerides or triglycerides in accordance with their corresponding compositions shown in Tables 1 and 2, and the resultant mixtures were separately stirred to produce respective fat compositions.

Table 1

	Example										
	1	2	3	4	5	6	7	8	9	10	11
High diglyceride-containing fat derived from soybean ¹⁾	100 g	100 g	100 g	100 g	-	100 g	-	-	-	-	-
High diglyceride-containing fat derived from rapeseed ²⁾	-	-	-	-	100 g	-	100 g	100 g	100 g	100 g	100 g
Palm oil	-	-	-	-	-	-	-	-	-	-	-
High triglyceride-containing fat derived from soybean ³⁾	-	-	-	-	-	-	-	-	-	-	-
Silicone ⁴⁾	2 ppm	2 ppm	2 ppm	-	-	-	2 ppm	2 ppm	2 ppm	2 ppm	2 ppm
L-Ascorbyl palmitate ⁵⁾	250 ppm	250 ppm	250 ppm	300 ppm	300 ppm	250 ppm	250 ppm	250 ppm	250 ppm	250 ppm	250 ppm
L-Ascorbic acid ⁶⁾	-	-	-	-	-	-	-	-	-	-	-
Catechin ⁷⁾	50 ppm	100 ppm	200 ppm	200 ppm	200 ppm	100 ppm	-	-	-	-	-
Catechin ⁸⁾	-	-	-	-	-	-	300 ppm	500 ppm	-	-	-
Catechin ⁹⁾	-	-	-	-	-	-	-	-	-	-	-
Rosemary extract ¹⁰⁾	-	-	-	-	-	-	-	-	2500ppm	-	-
Sage extract ¹¹⁾	-	-	-	-	-	-	-	-	-	2500ppm	-
Turmeric extract ¹²⁾	-	-	-	-	-	-	-	-	-	-	250 ppm

1) Triglycerides 13.0%, diglycerides 86.9%, monoglyceride 0.1%.

2) Triglycerides 14.2%, diglycerides 85.7%, monoglyceride 0.1%.

3) "Soybean Oil" (product of Nisshin Oil Mills, Ltd.).

4) "KS-86" (product of Shin-Etsu Chemical Co., Ltd.).

7) "YM-85" (product of YMC Co.; catechin purity: 90%, ash content: 0.5%).

8) "Thea-Flan 90S" (product of Itoen K.K.; catechin purity: 90%, ash content: 0.3%).

9) "Thea-Flan 30S" (product of Itoen K.K.; catechin purity: 38%, ash content: 7.5%).

10) "Herberlox HT-O" (product of Kalsec Co.).

11) "Herberlox S-O" (product of Kalsec Co.).

12) "Turmeric 30" (product of Kalsec Co.).

Numeric values in 4) to 12) indicate amounts incorporated into the respective fats.

Table 2

	Comparative Example										
	1	2	3	4	5	6	7	8	9	10	11
High diglyceride-containing fat derived from soybean ¹⁾	100 g	100 g	100 g	-	-	-	100 g	100 g	100 g	100 g	100 g
High diglyceride-containing fat derived from rapeseed ²⁾	-	-	-	-	-	-	-	-	-	-	-
Palm oil	-	-	-	-	-	100 g	-	-	-	-	-
High triglyceride-containing fat derived from soybean ³⁾	-	-	-	100 g	100 g	-	-	-	-	-	-
Silicone ⁴⁾	2 ppm	2 ppm	2 ppm	2 ppm	2 ppm	2 ppm	2 ppm	2 ppm	2 ppm	2 ppm	2 ppm
L-Ascorbyl palmitate ⁵⁾	-	250 ppm	300 ppm	-	250 ppm	-	-	-	-	-	-
L-Ascorbic acid ⁶⁾	-	-	-	-	-	-	-	250 ppm	-	-	-
Catechin ⁷⁾	-	-	-	-	100 ppm	-	-	-	-	-	-
Catechin ⁸⁾	-	-	-	-	-	-	-	-	-	-	-
Catechin ⁹⁾	-	-	-	-	-	-	-	-	-	-	-
Rosemary extract ¹⁰⁾	-	-	-	-	-	-	400 ppm	100 ppm	-	-	-
Sage extract ¹¹⁾	-	-	-	-	-	-	-	-	2500ppm	-	-
Turmeric extract ¹²⁾	-	-	-	-	-	-	-	-	-	2500ppm	-
Vitamin E ¹³⁾	-	-	2000ppm	-	-	-	-	-	-	-	250 ppm
				-	-	-	-	-	-	-	-

1) to 12) are the same as those described in Table 1.

5 Numeric values in 4) to 13) indicate amounts incorporated into the respective fats.

Test Example 1

With respect to the respective fat compositions prepared above, the induction time was determined in accordance with the following method (CDM test: Standard
5 oils and fats analyzing test method (edited by The Japan Oil Chemists' Society). More specifically, while a sample was heated to 120°C in a reaction vessel, clean air was introduced to collect volatile decomposition
10 products formed by oxidation in water, thereby measuring the time (hr) up to a turning point where the electric conductivity of water rapidly changed. The fat compositions were evaluated as to flavor and appearance in accordance with the following respective evaluation standards. The results are shown in Table 3.

15 (Flavor)

◎: Far excellent because no unpleasant taste such as sourness or puckery taste was observed;

○: Excellent because an unpleasant taste was scarcely observed;

20 △: An unpleasant taste such as sourness or puckery taste was somewhat observed;

×: Poor because an unpleasant taste was observed.

(Appearance)

25 ○: Good because neither insoluble matter nor coloring was observed;

×: Poor because insoluble matter or coloring was observed.

Each of these fat compositions was used to fry tempura repeatedly 30 times, and the thirtieth tempura was evaluated as to flavor. The results are shown in Table 3. The cooking method and evaluation method of the 5 tempura are as follows:

(Cooking of tempura)

Coating of tempura: egg/water/soft flour = 50/150/100

Cooker and amount of oil:

10 Oil (600 g) was put into a Chinese pan having a diameter of 30 cm. On and after the second cooking, the oil decreased was supplied to conduct cooking.

Oil temperature: 180°C

Material: Four prawns, and each 4 pieces of pimento, lotus root, pumpkin and eggplant.

15 (Evaluation method)

Ten panelists

(Flavor of cooked product)

- 20 ◎: Far excellent because no unpleasant taste due to deterioration of the fat was observed;
- : Excellent because an unpleasant taste due to deterioration of the fat was scarcely observed;
- △: An unpleasant taste due to deterioration of the fat was somewhat observed;
- 25 ×: Poor because an unpleasant taste due to deterioration of the fat was observed.

Table 3

	Induction time (hr)	Flavor of fat composition	Appearance	Flavor of cooked product
Ex. 1	8.4	◎	○	◎
Ex. 2	13.5	◎	○	◎
Ex. 3	20.7	○	○	◎
Ex. 4	20.7	○	○	○
Ex. 5	20.9	○	○	○
Ex. 6	13.4	◎	○	○
Ex. 7	23.4	○	○	◎
Ex. 8	24.9	○	○	◎
Ex. 9	21.5	◎	○	◎
Ex. 10	21.3	◎	○	◎
Ex. 11	9.3	◎	○	○
Comp. Ex. 1	3.5	◎	○	△
Comp. Ex. 2	5.5	◎	○	△
Comp. Ex. 3	6.9	◎	○	△
Comp. Ex. 4	3.9	◎	○	△
Comp. Ex. 5	7.4	◎	×	△
Comp. Ex. 6	18.9	◎	○	○
Comp. Ex. 7	4.6	◎	○	△
Comp. Ex. 8	4.7	◎	×	△
Comp. Ex. 9	5.4	◎	○	△
Comp. Ex. 10	5.2	◎	○	△
Comp. Ex. 11	3.5	◎	○	△

The fat composition of Comparative Example 6 was a
hardened fat composed mainly of triglycerides and very
5 high in oxidation stability. The fat compositions of
Comparative Examples 1, 4 and 8 were very low in

oxidation stability. The fat composition of Comparative Example 8 was very poor in appearance because L-ascorbic acid was not dissolved. The fat composition of Comparative Example 2 was improved in oxidation stability compared with the fat composition of Comparative Example 1, but the effects thereof were not always sufficient. Comparative Example 2 indicates that even if the Fatty acid L-ascorbate ester is incorporated by itself, the oxidation stability is not sufficiently improved. The fat composition of Comparative Example 3 was improved in oxidation stability compared with the fat composition of Comparative Example 1, but the effects thereof were not always sufficient. The fat composition of Comparative Example 5 was good in flavor, but poor in appearance because catechin and L-ascorbyl palmitate were not completely dissolved, and the oxidation stability-improving effect thereof was low. Comparative Example 5 indicates that even if catechin and L-ascorbyl palmitate were incorporated into the fat composed mainly of triglycerides, the effect by the combined use thereof is not sufficient. Comparative Example 7 indicates that even if catechin having an ash content exceeding 5% is used without being combined with the Fatty acid L-ascorbate ester, the improvement in oxidation stability of the fat composition is insufficient.

On the other hand, all the fat compositions according to Examples 1 to 11 were improved in oxidation

stability by leaps and bounds compared with the fat composition of Comparative Example 1. Among these, the fat compositions of Examples 2 to 10 making combined use of catechin having an ash content not higher than 5%, or the rosemary extract or sage extract and the Fatty acid L-ascorbate ester and the fat composition of Example 11 were far excellent. In particular, the fat compositions of Examples 3 to 5 and 7 to 10 were superior in oxidation stability to the fat composition of Comparative Example 6. All the fat compositions according to Examples 1 to 11 were excellent in flavor and appearance.

Test Example 2:

Each of the fat compositions prepared in Examples 1, 2 and 9 and Comparative Example 1 was used to make the following cooking evaluation.

(Evaluation in fried potato)

Each of the above-described fat compositions was used to produce fried potato repeatedly 100 times in accordance with the following process, and the hundredth fried potato was evaluated as to flavor.

Cooker and amount of oil:

Oil (23 kg) was put into a gas fryer (FG-400 type, manufactured by Tsuji Kikai K.K.). The oil decreased was supplied every 10 frying operations.

Oil temperature: 180°C

Material:

After potatoes (DANSHAKU IMO) were each washed with

water with the skin on, vertically cut in a comb-like form into 4 to 6 pieces, the pieces were exposed to water for 15 minutes. Thereafter, water on the surface of each piece was fully wiped off to provide materials.

Frying: In an operation, pieces (500 g) of potato were fried for 6 minutes in the oil to obtain fried potato.

(Evaluation in fried chicken)

Each of the above-described fat compositions was used to produce fried chicken repeatedly 100 times in accordance with the following process, and the hundredth fried chicken was evaluated as to flavor.

Cooker and amount of oil:

Oil (10 kg) was put into an electric fryer (SEF-D9A type, manufactured by Sanyo Electric Co., Ltd.). The oil decreased was supplied every 10 frying operations.

Oil temperature: 170°C

Material:

After chicken was cut into bite-sized pieces, to which small amounts of common salt, pepper and lemon juice were added, and the mixture was fully stirred, the chicken pieces were coated with wheat flour to provide materials.

Frying: In an operation, the chicken pieces (200 g) were fried for 7 minutes in the oil to obtain

fried chicken.

(Evaluation in doughnut)

Each of the above-described fat compositions was used to produce doughnut repeatedly 100 times in accordance with the following process, and the hundredth doughnut was evaluated as to flavor.

Cooker and amount of oil:

Oil (10 kg) was put into an electric fryer (SEF-D9A type, manufactured by Sanyo Electric Co., Ltd.).

10 The oil decreased was supplied every 10 frying operations.

Oil temperature: 180°C

Material:

15 Sugar (30 parts by weight; hereinafter indicated merely by "parts"), shortening for kneading (New Econa, product of Kao Corporation; 8 parts) and common salt (1 part) were mixed, and the mixture was stirred in a vertical mixer equipped with a beater. While gradually adding egg (20 parts) and water (35 parts), the mixture was then stirred until the mixture became creamy. Soft flour (80 parts), strong flour (20 parts) and baking powder (3 parts) were added, and the resultant mixture was stirred for 90 seconds. After the resultant dough was left to stand at room temperature for 20 minutes, it was rolled to a thickness of about 1 cm and punched by a punching die for doughnut to provide materials.

20

25

Frying: In an operation, 5 punched pieces of the dough were fried for 7 minutes in the oil while sometimes reversing, thereby obtaining doughnut.

5 (Evaluation in potato chips)

Each of the above-described fat compositions was used to produce potato chips repeatedly 140 times in accordance with the following process, and the 140th potato chips were evaluated as to flavor and packaged
10 with an aluminum foil laminate to evaluate the potato chips as to flavor after storing them for 1 month.

Cooker and amount of oil:

Oil (23 kg) was put into a gas fryer (FG-400 type, manufactured by Tsuji Kikai K.K.). The oil
15 decreased was supplied every 10 frying operations.

Oil temperature: 180°C

Material:

After potatoes (DANSHAKU IMO) were each peeled, sliced to a thickness of 1.5 mm, and washed with
20 water and hot water in accordance a method known per se in the art to remove starch on the surface of each slice and soluble matter. Water on the surface was wiped off to provide materials.

Frying: In an operation, slices (500 g) of potato
25 were fried for 2.5 minutes in the oil to obtain potato chips.

Storing conditions:

Condition (1) temperature 20°C, humidity 65 ± 5%,
1 month;

Condition (2) temperature 40°C, humidity 75 ± 5%,
1 month

5 (Evaluation in instant noodles (bagged noodles))

Each of the above-described fat compositions was
used to produce instant noodles repeatedly 140 times in
accordance with the following process, and the 140th
instant noodles were evaluated as to flavor and packaged
10 into a bag made of polypropylene to evaluate the instant
noodles as to flavor after storing them for 1 month.

Cooker and amount of oil:

Oil (23 kg) was put into a gas fryer (FG-400 type,
manufactured by Tsuji Kikai K.K.). The oil
15 decreased was supplied every 10 frying operations.

Oil temperature: 150°C

Material:

After brackish water (30 g; obtained by dissolving 4
g of brackish water powder in 1 L of water) was
20 added to wheat flour (100 g), and they were mixed
for 10 minutes, the mixture was combined and rolled
repeatedly in a noodle-making machine (XIR type,
manufactured by Suzuki Menki K.K.) and cut by a
cutting blade No. 18 to obtain noodles having a
25 section of about 1.7 mm square. Thereafter the
noodles were steamed for 1 minute in accordance with
a method known per se in the art and allowed to cool

to provide materials (steamed noodles).

Frying: In an operation, the steamed noodles (50 g x 10 samples) were fried for 1 minutes in the oil to obtain instant noodles.

5 Storing conditions:

Condition (1) temperature 20°C, humidity 65 ± 5%,
1 month;

Condition (2) temperature 40°C, humidity 75 ± 5%,
1 month

10 Reconstituting conditions with boiling water:

A sample of the instant noodles thus obtained was placed into boiling water (100 g) and continuously heated for 3 minutes as it is.

(Evaluation in instant noodles (cupped noodles))

15 Each of the above-described fat compositions was used to produce instant noodles repeatedly 140 times in accordance with the following process, and the 140th instant noodles were evaluated as to flavor and packaged into a container made of foamed polypropylene to evaluate
20 the instant noodles as to flavor after storing them for 1 month.

Cooker and amount of oil:

Oil (23 kg) was put into a gas fryer (FG-400 type, manufactured by Tsuji Kikai K.K.). The oil

25 decreased was supplied every 10 frying operations.

Oil temperature: 150°C

Material:

After brackish water (30 g; obtained by dissolving 4 g of brackish water powder in 1 L of water) was added to wheat flour (100 g), and they were mixed for 10 minutes, the mixture was combined and rolled repeatedly in a noodle-making machine (XIR type, manufactured by Suzuki Menki K.K.) and cut by a cutting blade No. 22 to obtain noodles having a section of about 1.4 mm square. Thereafter the noodles were steamed for 1 minute in accordance with a method known per se in the art and allowed to cool to provide materials (steamed noodles).

Frying: In an operation, the steamed noodles (50 g x 10 samples) were fried for 1 minutes in the oil to obtain instant noodles.

15 Storing conditions:

Condition (1) temperature 20°C, humidity 65 ± 5%,
1 month;

Condition (2) temperature 40°C, humidity 75 ± 5%,
1 month

20 Reconstituting conditions with boiling water:

Boiling water (100 g) was poured into the container of the cupped noodles thus obtained, and the noodles were left to stand for 3 minutes as it is.

25 (Evaluation as to flavor)

The evaluation was made in the same manner as in Test Example 1.

Table 4

Fat composition used	Flavor of fried potato	Flavor of fried chicken	Flavor of dough-nut	Potato chip			Instant noodle (bagged noodle)			Instant noodle (cupped noodle)		
				Flavor of cooked product	Flavor of product stored under condition (1)	Flavor of product stored under condition (2)	Flavor of cooked product	Flavor of product stored under condition (1)	Flavor of product stored under condition (2)	Flavor of cooked product	Flavor of product stored under condition (1)	Flavor of product stored under condition (2)
Fat composition of Ex. 1	◎	◎	◎	◎	◎	○	◎	◎	○	◎	◎	○
Fat composition of Ex. 2	◎	◎	◎	◎	◎	○	◎	◎	○	◎	◎	○
Fat composition of Ex. 9	◎	◎	◎	◎	◎	○	◎	◎	○	◎	◎	○
Fat composition of Comp. Ex. 1	△	△	△	△	×	×	△	×	×	△	×	×

When the fat composition according to Example 1, 2 or 9 was used, all the cooked products obtained were excellent flavor. With respect to the potato chips and instant noodles (bagged noodles and cupped noodles), the flavor was scarcely deteriorated even after stored for 1 month. On the other hand, when the fat composition of Comparative Example 1 was used, all the cooked products were not very good in flavor. In particular, the flavor of the potato chips and instant noodles (bagged noodles and cupped noodles) was markedly deteriorated by storage for 1 month.

INDUSTRIAL APPLICABILITY

The fat compositions according to the present invention are hard to be oxidized even when heated or stored for a long period of time and also excellent in flavor and appearance. Accordingly, they are particularly useful as food materials for business and the like. Although only solid hardened fats have heretofore been present as fat compositions very high in oxidation stability, the fat compositions according to the present invention are liquid at normal temperature though their oxidation stability is very high, and so they are also excellent in handling property and workability.

CLAIMS

1. A fat composition comprising:
 - (A) a fat containing at least 15% by weight of diglycerides;
 - (B) 0.01 to 0.05% by weight of fatty acid L-ascorbic ester; and
 - (C) a component selected from 0.008 to 0.08% by weight of catechin (in terms of pure catechin), 200 to 5000 ppm by parts of rosemary extract (in terms of dewatered and desolvated products), 200 to 5000 ppm by parts of sage extract (in terms of dewatered and desolvated products) and 50 to 1000 ppm by parts of turmeric extract (in terms of curcumin).
2. The fat composition according to Claim 1, wherein the catechin is that having an ash content of at most 5% by weight.
3. The fat composition according to Claim 1 or 2, which further comprises silicone.
4. The fat composition according to any one of Claims 1 to 3, wherein the silicone is contained 0.0001 to 0.001% by weight.
5. The use of the fat composition according to any one of claims 1 to 4 as a frying oil.
6. A method of producing a confectionary selected from the group consisting of fried rice, fried wheat, fried corn, fried potato, fried sweet potato, fried chicken, fries, doughnut and instant noodles comprising heating a confectionary selected from the group consisting of rice, wheat, corn, potato, sweet potato, chicken and dough, in the fat composition of claim 1.