

Patent Application

(21) Application number: **2012095725**

(71) Applicant:

**NESTEC S.A. AV. NESTLÉ 55 CH-1800
VEVEY CH**(22) Date of filing: **20.07.2011**(30) Priority: **EP 10170478.1 22.07.2010**

(72) Inventor:

**DOGAN, NIHAN ROUTE DES MONTS-
DE-LAVAU 460 CH-1090 LA CROIX-
SUR-LUTRY CH
DOLEAC, FRÉDÉRIC 5 RUE DU PRÉ
JEAN F-25160 VAUX ET CHANTEGRUE
FR
HENTZEL, STÉPHANE ROUTE DE
ROVRAY, 33 CH-1462 YVONAND CH
PLEISCH, HANS PETER CH. ENTRE
DEUX VILLES 2 CH-1802 CORSEAUX
CH
RAEDERER, MARC CH. DE BELLEVUE
17 CH-1052 LE MONT-SUR-LAUSANNE
CH**

(54) Title:

**A CAPSULE FOR THE PREPARATION OF A FOOD
PRODUCT IN A FOOD PREPARATION MACHINE AT HIGH
PRESSURE**

(57) Abstract:

The present invention relates to a capsule for delivering a food product by injection of a fluid under pressure into the capsule, said capsule comprising a chamber defined by capsule side walls, a flexible bottom wall and a top wall, said chamber containing at least one ingredient to be dissolved and/or extracted by said injection fluid, and a beverage dispensing structure comprising at least one dispensing opening disposed through the bottom wall, wherein said beverage dispensing structure comprises a pressure retaining element adapted to retain a certain predetermined dissolution and/or extraction pressure in the chamber, disposed in the vicinity of the bottom wall, which comprises a protrusion in correspondence to the dispensing opening so that said protrusion is disposed into the corresponding opening and restricts its diameter at the time injection fluid inside the capsule chamber moves said membrane towards said pressure retaining means.



(51) International Patent Classification:
B65D 85/804 (2006.01)

(21) International Application Number:
PCT/EP2011/062455

(22) International Filing Date:
20 July 2011 (20.07.2011)

(25) Filing Language: English

(26) Publication Language: English

(30) Priority Data:
10170478.1 22 July 2010 (22.07.2010) EP

(71) Applicant (for all designated States except US):
NESTEC S.A. [CH/CH]; Av. Nestlé 55, CH-1800 Vevey (CH).

(72) Inventors; and

(75) Inventors/Applicants (for US only): **DOGAN, Nihan** [TR/CH]; Route des Monts-de-Lavaux 460, CH-1090 La Croix-sur-Lutry (CH). **DOLEAC, Frédéric** [FR/FR]; 5 Rue du Pré Jean, F-25160 Vaux et Chantegrue (FR). **HENTZEL, Stéphane** [FR/CH]; Route de Rovray, 33, CH-1462 Yvonand (CH). **PLEISCH, Hans Peter** [CH/CH]; Ch. Entre deux villes 2, CH-1802 Corseaux (CH). **RAEDERER, Marc** [DE/CH]; Ch. de Bellevue 17, CH-1052 Le Mont-sur-Lausanne (CH).

(74) Common Representative: **NESTEC S.A.**; Attn Samuel ODET, Av. Nestlé 55, CH-1800 Vevey (CH).

(81) Designated States (unless otherwise indicated, for every kind of national protection available): AE, AG, AL, AM, AO, AT, AU, AZ, BA, BB, BG, BH, BR, BW, BY, BZ, CA, CH, CL, CN, CO, CR, CU, CZ, DE, DK, DM, DO, DZ, EC, EE, EG, ES, FI, GB, GD, GE, GH, GM, GT, HN, HR, HU, ID, IL, IN, IS, JP, KE, KG, KM, KN, KP, KR, KZ, LA, LC, LK, LR, LS, LT, LU, LY, MA, MD, ME, MG, MK, MN, MW, MX, MY, MZ, NA, NG, NI, NO, NZ, OM, PE, PG, PH, PL, PT, RO, RS, RU, SC, SD, SE, SG, SK, SL, SM, ST, SV, SY, TH, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UZ, VC, VN, ZA, ZM, ZW.

(84) Designated States (unless otherwise indicated, for every kind of regional protection available): ARIPO (BW, GH, GM, KE, LR, LS, MW, MZ, NA, SD, SL, SZ, TZ, UG, ZM, ZW), Eurasian (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European (AL, AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI, FR, GB, GR, HR, HU, IE, IS, IT, LT, LU, LV, MC, MK, MT, NL, NO, PL, PT, RO, RS, SE, SI, SK, SM, TR), OAPI (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, ML, MR, NE, SN, TD, TG).

Declarations under Rule 4.17:

— as to applicant's entitlement to apply for and be granted a patent (Rule 4.17(ii))

[Continued on next page]

(54) Title: A CAPSULE FOR THE PREPARATION OF A FOOD PRODUCT IN A FOOD PREPARATION MACHINE AT HIGH PRESSURE

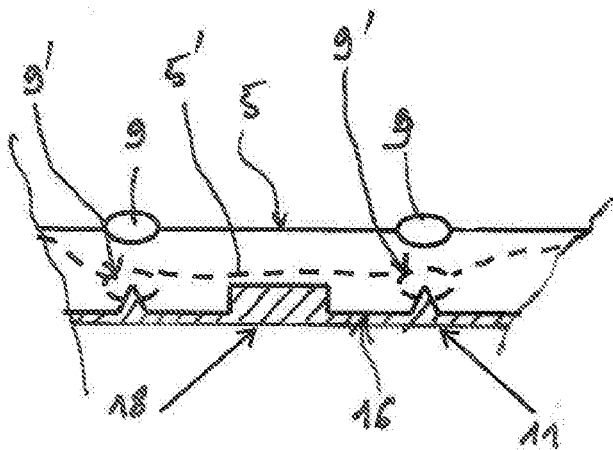


Figure 3

(57) Abstract: The present invention relates to a capsule for delivering a food product by injection of a fluid under pressure into the capsule, said capsule comprising a chamber defined by capsule side walls, a flexible bottom wall and a top wall, said chamber containing at least one ingredient to be dissolved and/or extracted by said injection fluid, and a beverage dispensing structure comprising at least one dispensing opening disposed through the bottom wall, wherein said beverage dispensing structure comprises a pressure retaining element adapted to retain a certain predetermined dissolution and/or extraction pressure in the chamber, disposed in the vicinity of the bottom wall, which comprises a protrusion in correspondence to the dispensing opening so that said protrusion is disposed into the corresponding opening and restricts its diameter at the time injection fluid inside the capsule chamber moves said membrane towards said pressure retaining means.



-
- | | | | | |
|---|--|-------------------|---|--|
| — | <i>as to the applicant's entitlement to claim the priority of the earlier application (Rule 4.17(iii))</i> | Published: | — | <i>with international search report (Art. 21(3))</i> |
| — | <i>of inventorship (Rule 4.17(iv))</i> | | — | <i>with amended claims (Art. 19(1))</i> |

5

**A CAPSULE FOR THE PREPARATION OF A FOOD PRODUCT IN A FOOD
PREPARATION MACHINE AT HIGH PRESSURE**

10

15

20

Field of the invention

The present invention concerns a capsule for the preparation of food products, for instance, the preparation of beverages of the coffee type, which require high
25 extraction and/or dissolution pressure by a fluid injected in the capsule.

Background of the invention

In the rest of the present specification, the invention will be described in
30 reference to beverages preparation, more particularly coffee. However, this should not be taken as limiting the scope of the present specification and claims. The present invention is generally directed to the preparation of any food or nutritional product that can be prepared by injection of a fluid into a capsule or pod in a food preparation machine, and which involves a high fluid pressure inside the capsule to extract or dissolve the ingredient(s) contained
35 therein. Such food or nutritional products can include for instance soluble coffee and/or powdered roast and ground coffee beans, dairy products, such as milk preparation, infant

milk, soups, ice cream, chocolate-based products, teas or herbal infusions, semi-liquid or liquid desserts.

Capsules containing a substance for the preparation of beverages such as coffee, by extraction or mixing at high pressure are well known, particularly in the domain of espresso coffee, or soluble coffee preparation, and are particularly interesting from a hygiene perspective, as well as for the product freshness it guarantees. Consumer friendliness and ease of preparation is also a particular advantage of such systems.

The capsules may be closed capsules serving as a chamber for the injection of water and opening in order to release the liquid beyond a certain pressure threshold by means of the rupturing of a face of the capsule in contact with elements that are in relief. Alternatively, some capsules are used which comprise fluid inlet and/or product outlet openings which are pre-existing at the time the user introduces the said capsule into the food preparation machine.

Water is usually injected by means of perforation through the capsule using a needle or spikes. An example of an extraction system of this type is described in Patent EP 0 512 470 B1 or, alternatively, EP 0 870 457. In another possible alternative, the capsule has its own release-type means for rupturing a capsule film or membrane and thereby releasing the liquid extract when a pressure threshold has been achieved inside the capsule.

The capsules may also be permeable chambers of the filter type or, alternatively, semi-permeable chambers comprising a filter component.

In all cases, internal pressure in the capsule chamber is a main driver for the creation of foam in dissolution products and for the creation of cream – or crema – for powdered roast and ground coffee. It is also the main driver for creation of crema in ground coffee extraction. Crema is very important for consumers as it provides controlled aroma release as well as for its own mouth feel.

It is known to use substances to be mixed (soluble or dispersible substances) and substances to be extracted under pressure using the same machine so as to offer a wider variety of beverages. For example, on using one and the same machine, it is possible to prepare an “espresso” coffee when the capsule contains a ground coffee, as well as a cappuccino.

The injection, mixing or wetting conditions have a considerable influence on the quality of the beverage produced. Depending on whether a substance, resulting from grinding, pressed down into a capsule is involved, or, alternatively, a substance to be dissolved or dispersed in a liquid, such as a soluble coffee or a milk-based substance such as a cappuccino, or the like is involved, the way in which the water circulates through the capsule has an influence on the extraction or mixing conditions and thus on the final quality of the beverage.

Thus, a product such as coffee has to be dissolved or dispersed rapidly and completely, producing preferably foam with a specific texture. In the case of products to be extracted, such as ground coffee, the optimum wetting conditions are different. The product must be thoroughly wetted, thereby optimizing the water/coffee contact surface, without creating preferred routes for the water through the bed of coffee. The creation of a privileged route through the bed of coffee may result in too sudden an increase in pressure and thus too rapid a release of the extract despite the fact that the extraction time is insufficient and part of the coffee has not yet been correctly wetted.

There is a need for a capsule wherein the flow of product through the capsule outlet when said capsule is open, is controlled so that the pressure inside the capsule is kept at a consistent level during the whole extraction and/or dissolution step, while still allowing a proper dispensing of the product.

Summary of the invention

The objectives set out above are met by the present invention with a capsule for delivering a food product by injection of a fluid under pressure into the capsule when said capsule is inserted into a receptacle of a food preparation machine, said capsule comprising a chamber defined by capsule side walls, a flexible bottom wall and optionally a top wall, said chamber containing at least one ingredient to be dissolved and/or extracted by said injection fluid, and a beverage dispensing structure comprising at least one dispensing opening disposed through the bottom wall, characterized in that said beverage dispensing structure further comprises a pressure retaining element adapted to retain a certain predetermined dissolution and/or extraction pressure in the chamber for the mixing of said injection fluid with said ingredient, said pressure retaining element being disposed in the vicinity of the bottom wall, outside of the chamber, said pressure retaining element comprising at least one protrusion disposed in correspondence to said at least one dispensing opening so that said protrusion is disposed into the corresponding opening and restricts its section, at least at the time injection fluid inside the capsule chamber presses onto the bottom membrane and moves said membrane towards said pressure retaining means.

By "in correspondence" is meant that the symmetrical axis of the protrusion is substantially aligned with the centre of the dispensing opening.

By restricting, but not closing completely the outlet openings of the capsule, the flow of product is guaranteed, yet simultaneously the pressure inside the capsule is kept sufficiently high to allow a proper wetting, dissolution, foaming and/or extraction of the material contained inside the capsule.

Advantageously, said pressure retaining element is an integral extension of the capsule bottom wall. By extension, it is meant that, although a separate function element of the capsule, it can be molded integrally with the capsule walls, and especially the capsule bottom wall, and therefore be linked structurally to the latter.

5 In one particular embodiment of the invention, at least one protrusion of the pressure retaining element has a radial cross-sectional shape differs from the shape of the opening it corresponds to. Alternatively, or in addition, at least one protrusion of the pressure retaining element has a general longitudinal profile such that its radial cross section generally increases from apex to base.

10 In the latter case where the radial cross section of a protrusion generally increases from apex to base, said protrusion can advantageously have a general shape chosen from the following: an hemisphere, a truncated hemisphere, an elliptical paraboloid, a thorn-like cone, a polyhedron such as a tetrahedron, a truncated tetrahedron, a cone, a truncated cone, a pyramid, a truncated pyramid, or a combination thereof. Of course, other
15 similar shape can be applied, as long as the principle of radial cross-section increase from apex to base of the protrusion applies.

With such a shape, it is ensured that the product – for e.g. coffee - extracted and/or dissolved inside the coffee chamber can flow out of the capsule through the dispensing holes of the capsule bottom wall, and that the dispensing holes are not fully
20 clogged by the corresponding protrusions.

During extraction and/or dissolution, as injection fluid is injected into the capsule chamber, pressure inside the said chamber builds up, pressing the bottom wall of the capsule towards the pressure retaining means, so that the dispensing openings of the bottom wall are partially obstructed by the protrusions. The distance between the bottom
25 membrane and the pressure retaining means – particularly the base of the protrusions – is adapted so that when the highest pressure inside the capsule is reached, the deformation of the bottom membrane does not exceed a point where the dispensing holes would be clogged.

Preferably, the radial cross section at the base portion of the protrusions is not greater than the diameter of the dispensing openings they correspond to, and the
30 distance between said protrusion base and the bottom membrane of the capsule is greater than 0.1 mm, more preferably greater 0.2 mm, at maximum deformation of the said bottom membrane. The open area for product flow can be adjusted using the viscosity of the product and according to the pressure needed for the type of product. For instance, pressure can be pre adjusted to provide the type of foam preferred by the consumer for a specific milk-based
35 product. For instance, smooth creamy textured foam/emulsion composed of small bubbles in milk foam can be achieved with a smaller open area with preferably less than 1.0 mm distance.

In any case, if the radial cross section at the base portion of the protrusions is greater than the diameter of the dispensing openings they correspond to, then the maximum deformation point of the capsule bottom membrane shall be adapted such that each dispensing opening of the membrane is not clogged by the corresponding protrusion when the pressure inside the capsule reaches its highest point.

In a preferred embodiment of the present invention, the pressure retaining element comprises at least one cushion disposed in the vicinity of said at least one protrusion, said cushion having a height smaller than, or equal to, said protrusion, for maintaining the capsule bottom wall at a distance from the protrusion base if said bottom wall is moved under the influence of fluid pressure inside the capsule, such that the diameter of said opening is greater than the radial cross-section of the protrusion it corresponds to.

In a first alternative embodiment of the invention, said at least one dispensing opening is pre-pierced in the capsule bottom wall at the time said capsule is placed said machine for use.

In a second alternative embodiment of the invention, said at least one opening is created through the capsule bottom wall thickness by:

- local dissolution of the capsule bottom wall material upon effect of temperature of the injection fluid when said fluid contacts the internal surface of said bottom wall, and/or upon chemical reaction between the bottom wall material and the injection fluid, and/or

- effect of the fluid pressure inside the capsule chamber onto a predetermined area of the bottom wall, which is pre-pierced but in a closed position and opens after local deformation of the bottom wall, or which is a weakened area of the bottom wall, and/or

- effect of mechanical means disposed outside of said capsule, onto said capsule bottom wall.

Brief description of the drawings

Additional features and advantages of the present invention are described in, and will be apparent from, the description of the presently preferred embodiments which are set out below with reference to the drawings in which:

Figure 1 is a schematic profile partial cut view of a capsule according to the invention, placed in a capsule holder;

Figure 2 is a schematic profile cut view of an alternative embodiment of the capsule illustrated in figure 1;

Figure 3 is a schematic enlarged profile view of pressure retaining means according to the invention.

Detailed description of the invention

5

Figure 1 illustrates a first embodiment of the invention, wherein a capsule 1 is provided that is suitable for delivering a food product by injection of a fluid under pressure through a needle 2, into the capsule when said capsule is inserted into a receptacle of a food preparation machine – not illustrated in the drawing –. The capsule 1 comprises a chamber 3 defined by capsule side walls 4, a flexible bottom wall 5 and a top wall 6.

The chamber 3 contains a mass of powdered roast and ground coffee 7 to be extracted by said injection fluid under pressure. The mass of coffee 7 is enclosed in the chamber 3 between the bottom side 5 of the capsule, and a filter wall 8 which is disposed parallel to, yet at a certain distance below the top wall 6 of the capsule. This filter wall 8 has at least two advantages: it breaks the jet of water expelled from the injection needle 2 and slows down the speed of water, and it keeps the powdered coffee 7 under a certain compressed configuration so that the coffee mass is held together and so that the water injected into the capsule chamber does not spill the powder through the capsule chamber volume, which is highly undesirable.

As shown in **figure 1**, the capsule 1 further comprises beverage dispensing structure, with a plurality of dispensing openings 9 disposed through the bottom wall 5.

The capsule further comprises a pressure retaining element 10 disposed as a part of the bottom wall 5, but outside of the chamber 3.

Said pressure retaining element 10 comprises a plurality of protrusions 11 disposed in correspondence to said the dispensing openings 9, so that each protrusion 11 is disposed into the corresponding opening 9 and restricts its section, at least at the time injection fluid inside the capsule chamber 3 presses onto the bottom membrane 5 and moves said membrane towards said pressure retaining means 10.

As illustrated in **figure 1**, the pressure retaining means is an extension of the capsule walls, which is disposed underneath the capsule's bottom wall 5.

As shown in **figure 1**, the capsule is disposed in a capsule holder 12. Such holders are well known in the art, and will not be described in more details in the present application.

The pressure retaining element 10 further comprises a dispensing opening in the shape of a hopper 13, through which the product prepared inside the capsule chamber and dispensed through dispensing openings 9 can flow.

Turning to **figure 2**, a capsule is shown in cut schematic view. The capsule as presented comprises a cup-shaped body with side walls 4 and an upper edge 14. On the drawing, the upper side of the capsule is left open, however it could be closed with a membrane or similar wall, for instance as described above with reference to figure 1.

5 In this particular embodiment, the pressure retaining element 10 comprises a plurality of protrusions in the shape of rods 15 which extend from a lower wall 16 of the pressure retaining means 10. The said wall 16 is a portion extending from the side walls 4 of the capsule, and integrally moulded therewith. The said pressure retaining element 10 could however be a separate element assembled to the capsule.

10 As illustrated in **figure 2**, the bottom wall 5 of the capsule is a flexible membrane that is pierced with multiple dispensing holes 9, similar to the embodiment already described with reference to **figure 1**. This membrane can be a pierced film, a mesh, a paper filter, or similar air and liquid permeable material.

15 As explained above in reference with figure 1, the protrusions 15 are shaped and sized so that they fit the openings 9 of the bottom wall 5, in such a way that each protrusion 15 is disposed into the corresponding opening 9 and restricts its section, at least at the time injection fluid inside the capsule chamber 3 presses onto the bottom membrane 5 and moves said membrane towards said pressure retaining means 10.

20 The wall 16 of the pressure retaining means 10 comprises a dispensing opening 17 for the product prepared inside the capsule to flow out, for instance into a cup.

25 As illustrated in **figure 2**, in the capsule according to the invention, not all the dispensing openings 9 are necessarily partially closed by corresponding protrusions. Some of them may be left fully open, as long as the principle of the invention to restrict at least partially the flow of product out of the bottom membrane 5 is respected. However, it is highly preferred that the flow regulation be applied to all dispensing openings 9 of the bottom membrane 5.

30 **Figure 3** is an enlarged partial schematic view showing the structural relationship between the bottom flexible membrane 5 of the capsule 1 and the pressure retaining element 10.

As can be seen in the **figure 3**, the bottom membrane 5 comprises a plurality of dispensing openings 9. Correspondingly, the pressure retaining element 10 comprises a plurality of cone-shaped protrusions 11 pointing towards the openings 9.

35 In the embodiment shown in **figure 3**, the general longitudinal profile of the protrusions 11 is such that their radial cross section generally increases from apex to base.

When fluid is injected inside the capsule, pressure builds-up inside the capsule chamber, and as a result, the flexible bottom membrane 5 is pressed outwardly,

towards the wall 16 of the pressure retaining element 10. The position of the deformed membrane at this point is represented in **figure 3** in dotted lines.

The positioning of the flexible bottom membrane 5 in the rest state should be such that, depending on the flexibility of the material that is used for manufacturing this membrane, and depending on the maximum pressure level inside the capsule during the product preparation, the position of the deformed membrane 5' should be as illustrated in dotted lines in **figure 3**, i.e. the protrusions 11 should partially fill the space defined by the openings 9, without completely clogging them. In this position, the flow of output product is restricted, thus allowing the pressure inside the capsule chamber to be maintained at a sufficient level for the extraction and/or dissolution to be qualitatively good. Also, the wetting of the ingredient or ingredients contained inside the capsule and meant to be extracted and/or dissolved is good, due to the fact that the flow of output product is slowed down.

The positioning of the membrane 5', relative to the pressure retaining means wall 16 is also determined by the size and shape of the protrusions 11.

In a particularly advantageous working mode of the present invention, the pressure retaining means 10 further comprises at least one, but preferably a plurality of supporting cushions 18 that protrude in the same direction as the protrusions 11. As shown in **figure 3**, a supporting cushion supports the bottom membrane 5' of the capsule in its deformed state, to guarantee that the said membrane 5' does not go beyond a certain position where it would be completely clogged by the protrusions 11 of the pressure retaining element 10. In that extreme position, the membrane 5' rests onto the cushions 18. Said cushions are preferably disposed in between the protrusions, and their height does not exceed the height of the protrusions 11. As shown in **figure 3**, the cushions can have a cylindrical shape, but other similar shapes can also be applied, such as mushroom-like, truncated-cone, truncated pyramid, cubic, etc, or a combination thereof. The cushions are disposed such that they do not align with dispensing openings 9 of the bottom membrane 5, 5'.

As an alternative to the embodiment shown in figure 3, it is possible to restrict the flow of product out of the dispensing openings of the bottom membrane in another way. In one case – not represented in the drawing – the pressure retaining element does not comprise cushions as previously described. In this case, the longitudinal profile of the protrusions is similar to that shown in figure 2: the cross section of the protrusions does not vary from apex to base. In this case, the regulation / restriction of the product flow through the dispensing openings of the capsule is obtained by the difference of radial cross-sectional shape between the dispensing openings and their corresponding protrusions. For instance, if a dispensing opening has a circular shape, the corresponding protrusion can be designed to have a cross or triangular shape in the radial plan. As the radial shapes do not fit exactly,

vertical channels are created through which the product can flow, although the said flow is restricted so as to maintain a substantial internal pressure in the capsule chamber.

Ideally, the flow restriction according to the present invention should be made such that the internal pressure inside the capsule chamber is kept as constant as possible throughout product dispensing.

It should be understood that various changes and modifications to the presently preferred embodiments described herein will be apparent to those skilled in the art. Such changes and modifications can be made without departing from the spirit and scope of the present invention and without diminishing its attendant advantages. It is therefore intended that such changes and modifications be covered by the appended claims.

Claims

1. A capsule (1) for delivering a food product by injection of a fluid under pressure into the capsule when said capsule is inserted into a receptacle of a food preparation machine, said capsule comprising a chamber (3) defined by capsule side walls (4), a flexible bottom wall (5) and optionally a top wall (6), said chamber (3) containing at least one ingredient to be dissolved and/or extracted by said injection fluid, and a beverage dispensing structure comprising at least one dispensing opening (9) disposed through the bottom wall (5), characterized in that said beverage dispensing structure further comprises a pressure retaining element (10, 11, 13, 15, 16) adapted to retain a certain predetermined dissolution and/or extraction pressure in the chamber for the mixing of said injection fluid with said ingredient and disposed in the vicinity of the bottom wall (5), outside of the chamber (3), said pressure retaining element comprising at least one protrusion (11, 15) disposed in correspondence to said at least one dispensing opening (9) so that said protrusion is disposed into the corresponding opening and restricts its section, at least at the time injection fluid inside the capsule chamber presses onto the bottom membrane and moves said membrane (5) towards said pressure retaining element (10, 11, 13, 15, 16).

2. A capsule (1) according to claim 1, wherein said pressure retaining element (10, 11, 13, 15, 16) is an integral extension of the capsule bottom wall (5).

3. A capsule (1) according to any of the preceding claims 1 or 2, wherein at least one protrusion (11, 15) of the pressure retaining element has a radial cross-sectional shape that differs from the shape of the opening (9) it corresponds to.

4. A capsule (1) according to any of the preceding claims 1 to 3, wherein at least one protrusion (11) has a general longitudinal profile such that its radial cross section generally increases from apex to base.

5. A capsule (1) according to claim 4, wherein said protrusion (11, 15) has a general shape chosen from the following: an hemisphere, a truncated hemisphere, an elliptical paraboloid, a thorn-like cone, a polyhedron such as a

tetrahedron, a truncated tetrahedron, a cone, a truncated cone, a pyramid, a truncated pyramid, or a combination thereof.

5 6. A capsule (1) according to any of the preceding claims 4 or 5, wherein said pressure retaining element (10) comprises at least one cushion (18) disposed in the vicinity of said at least one protrusion (11, 15), said cushion (18) having a height smaller than, or equal to, said protrusion, for maintaining the capsule bottom wall (5) at a distance from the protrusion base if said bottom wall is moved under the influence of fluid pressure inside the capsule,
10 such that the diameter of said opening is greater than the radial cross-section of the protrusion it corresponds to.

 7. A capsule (1) according to any of the preceding claims 1 to 6, wherein said at least one opening (9) is pre-pierced in the capsule bottom wall (5) at
15 the time said capsule is placed in said machine for use.

 8. A capsule (1) according to any of the preceding claims 1 to 6, wherein said at least one opening (9) is created through the capsule bottom wall (5) by:
20 - local dissolution of the capsule bottom wall material upon effect of temperature of the injection fluid when said fluid contacts the internal surface of said bottom wall, and/or upon chemical reaction between the bottom wall material and the injection fluid, and/or
 - effect of the fluid pressure inside the capsule chamber onto a predetermined area of the bottom wall, which is pre-pierced but in a
25 closed position and opens after local deformation of the bottom wall, or which is a weakened area of the bottom wall, and/or
 - effect of mechanical means disposed outside of said capsule, onto said capsule bottom wall.