



US 20040158254A1

(19) **United States**

(12) **Patent Application Publication**  
**Eisermann**

(10) **Pub. No.: US 2004/0158254 A1**

(43) **Pub. Date: Aug. 12, 2004**

(54) **INSTRUMENT AND METHOD FOR  
MILLING A PATH INTO BONE**

**Related U.S. Application Data**

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(60) Provisional application No. 60/446,963, filed on Feb. 12, 2003.

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**Publication Classification**

(51) **Int. Cl.<sup>7</sup>** ..... **A61B 17/16**

(52) **U.S. Cl.** ..... **606/79**

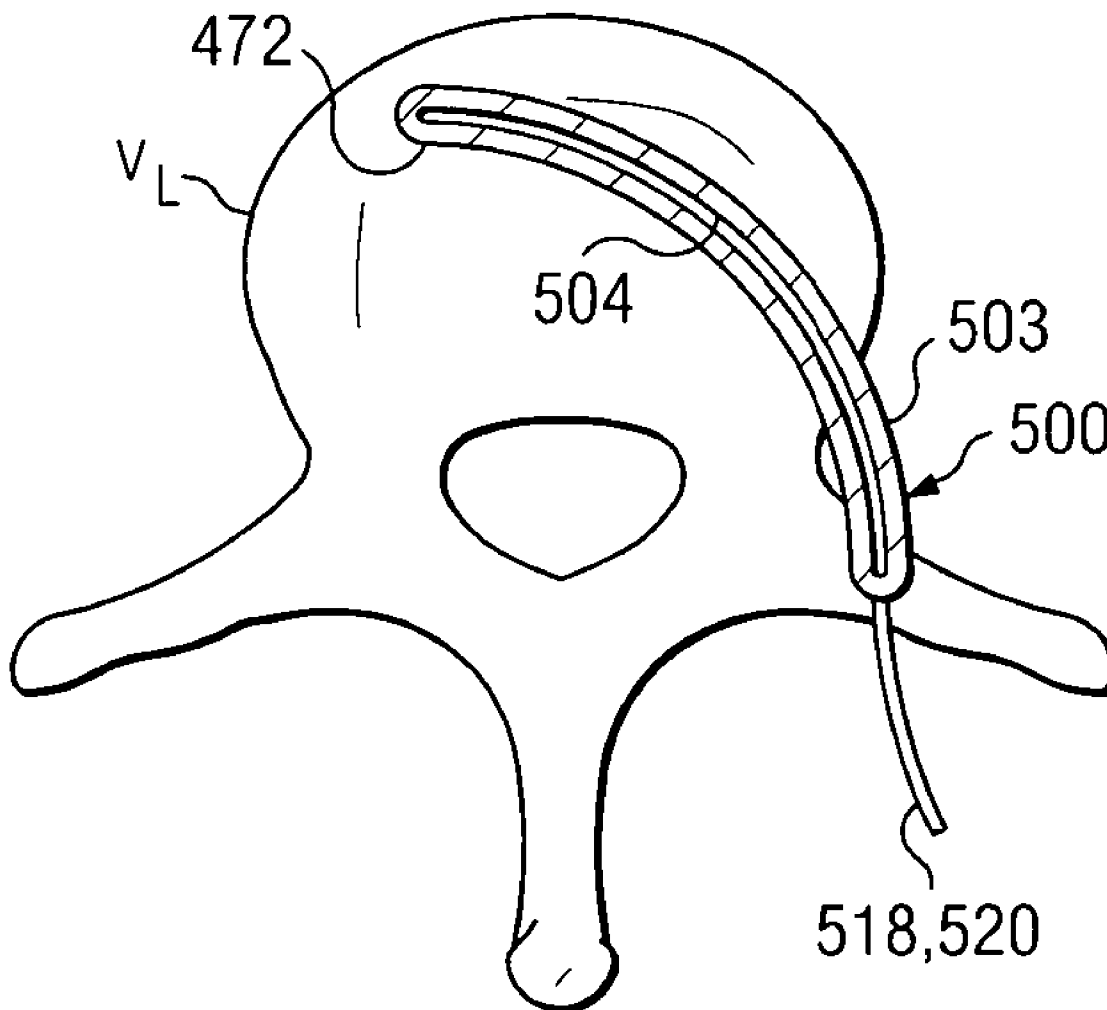
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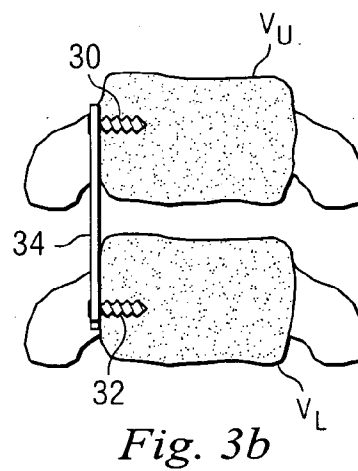
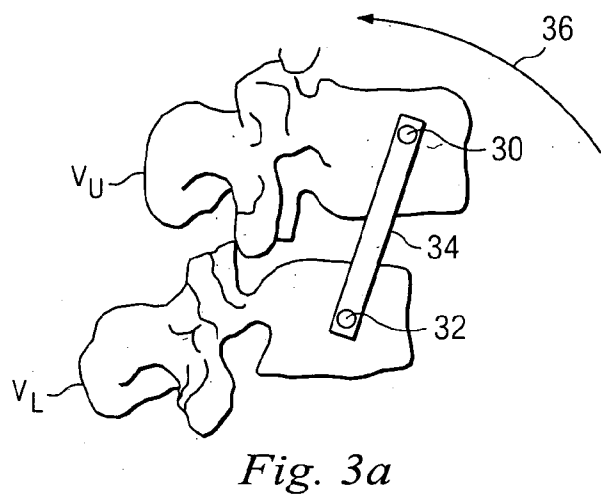
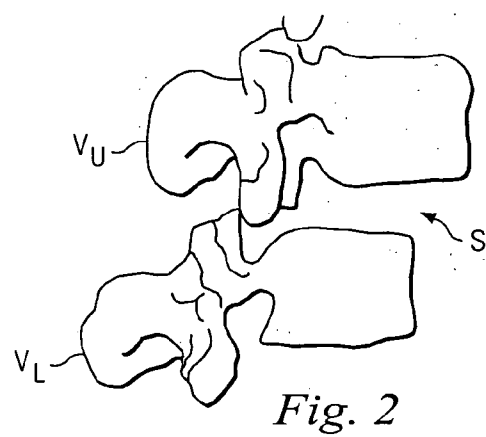
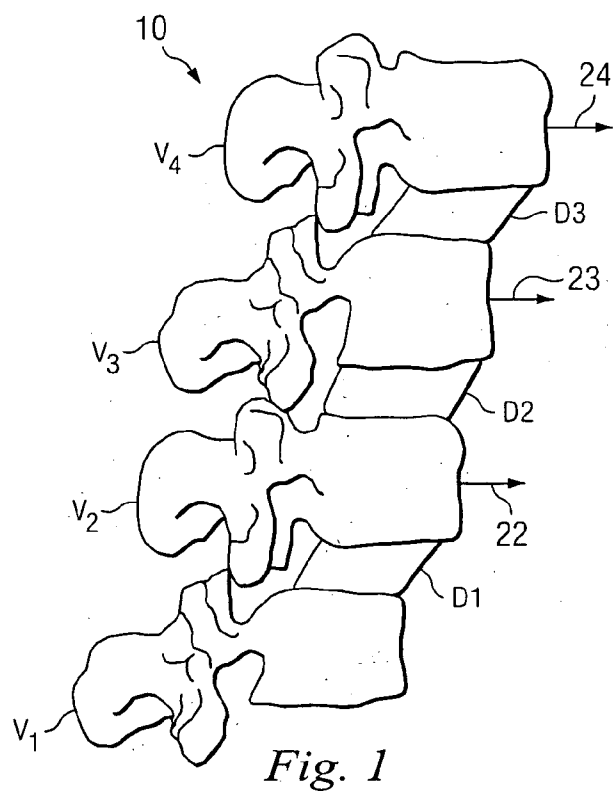
(57) **ABSTRACT**

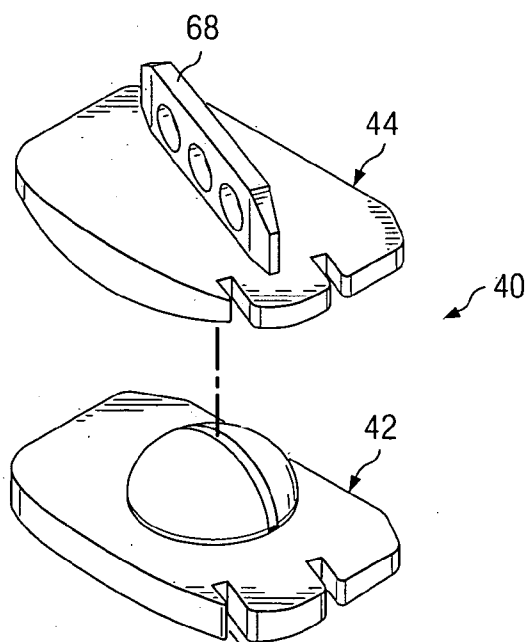
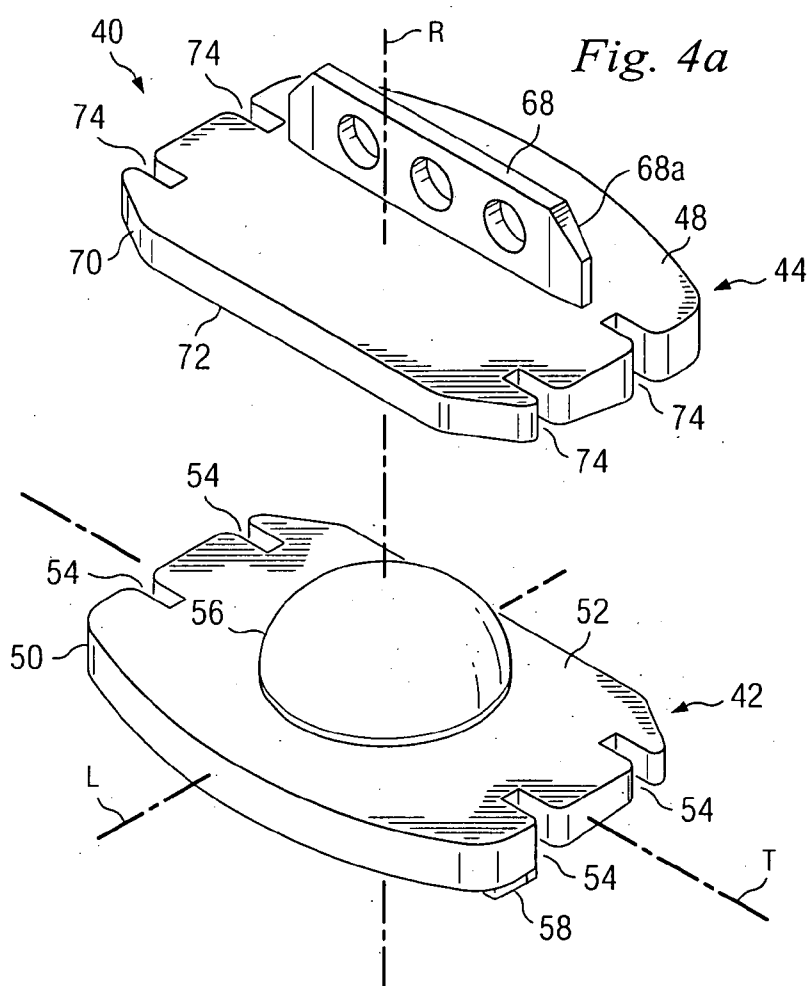
An instrument and method for cutting a path in bone are provided. The instrument includes a curved guide member defining a curved opening extending therein, and a bit member positioned within the opening of the guide member. The bit member is adapted to move within the opening of the guide member to cut a path in bone.

(21) Appl. No.: **10/752,724**

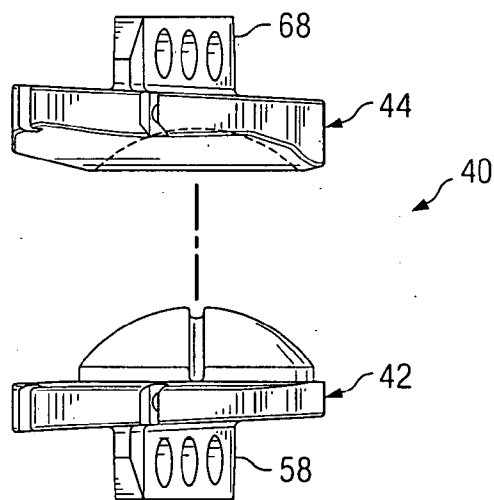
(22) Filed: **Jan. 7, 2004**



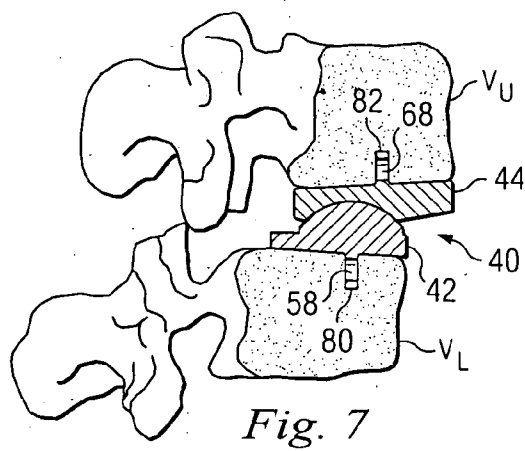
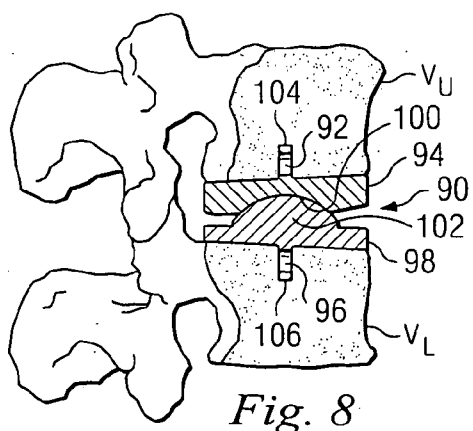
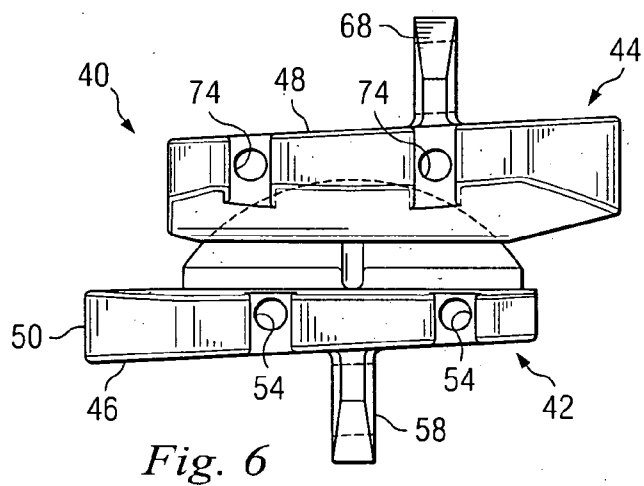
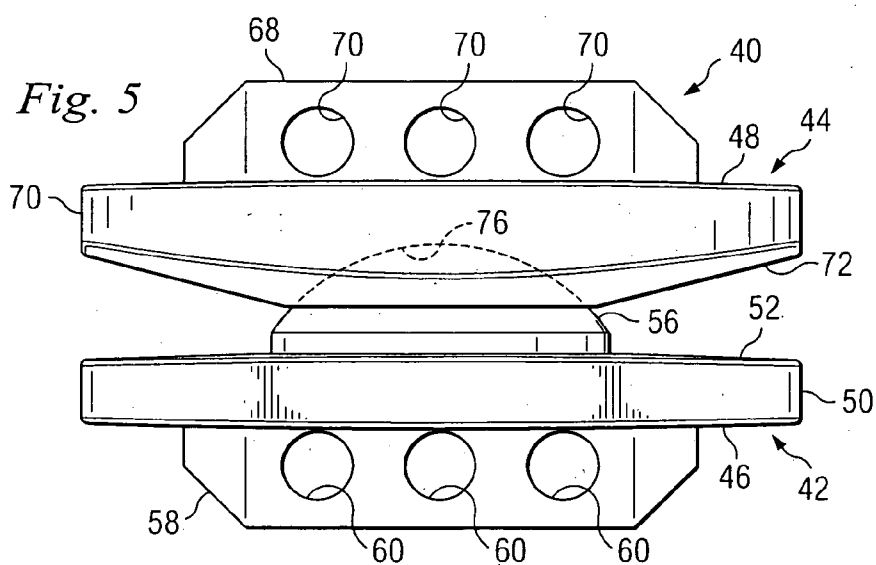




*Fig. 4b*



*Fig. 4c*



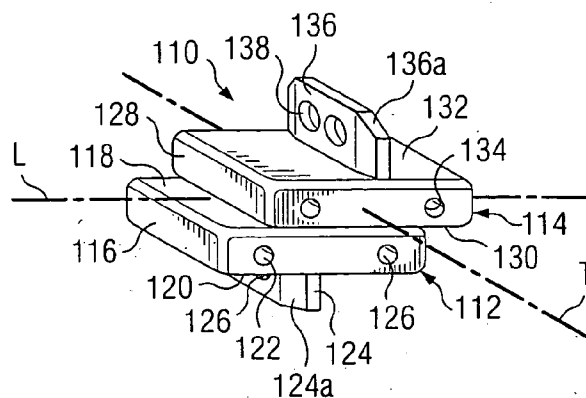


Fig. 9

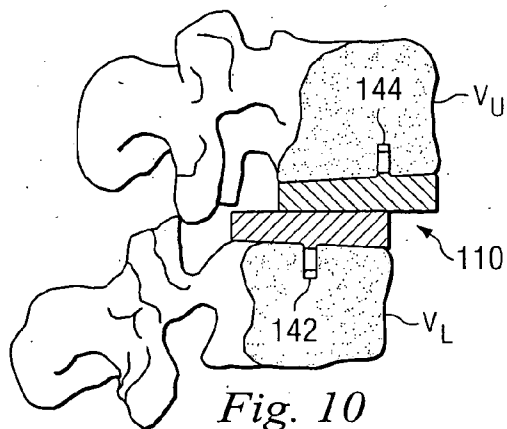


Fig. 10

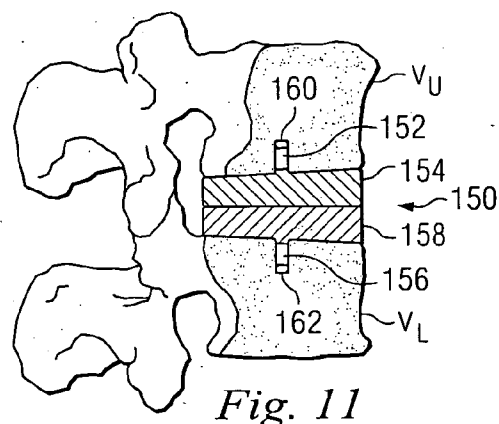


Fig. 11

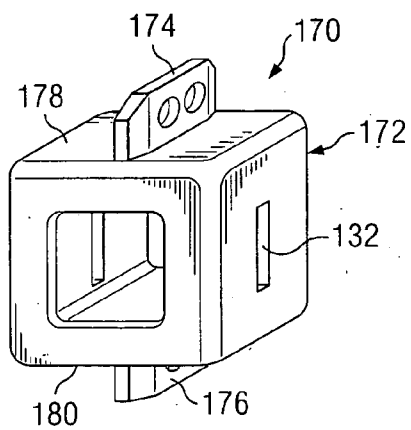


Fig. 12

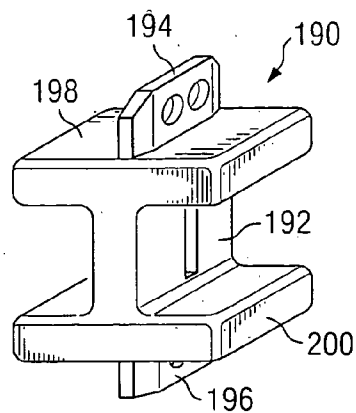


Fig. 13

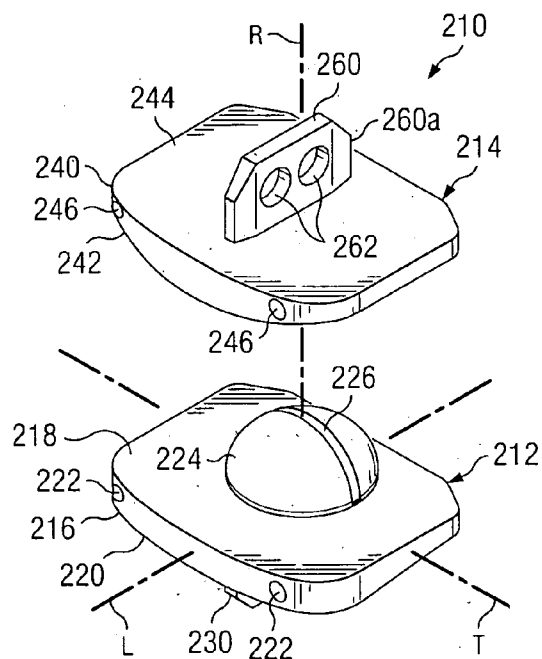


Fig. 14

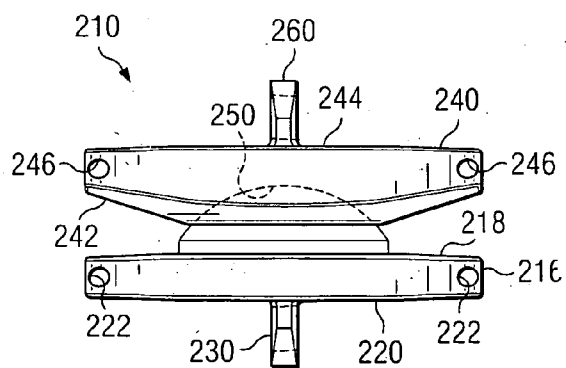


Fig. 15

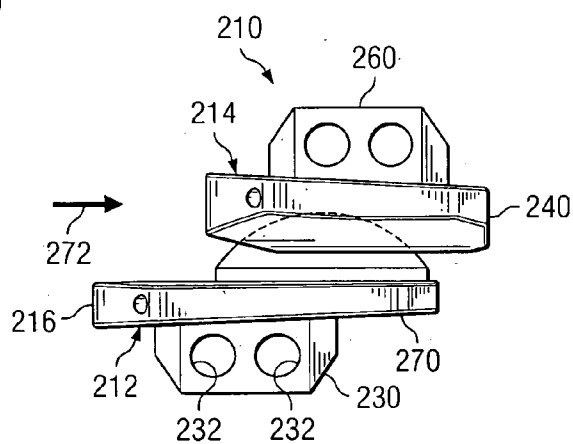
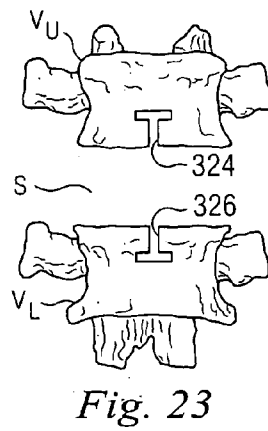
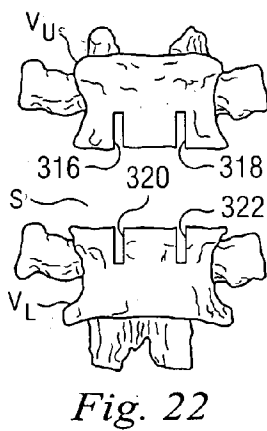
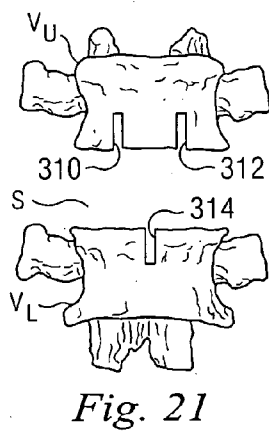
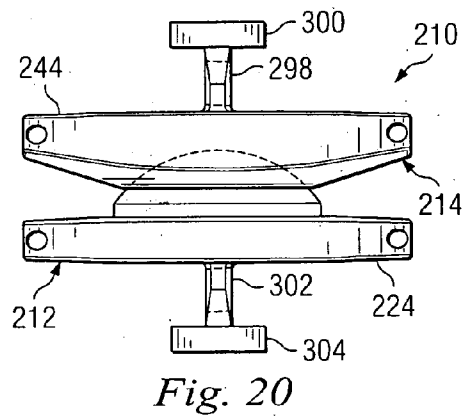
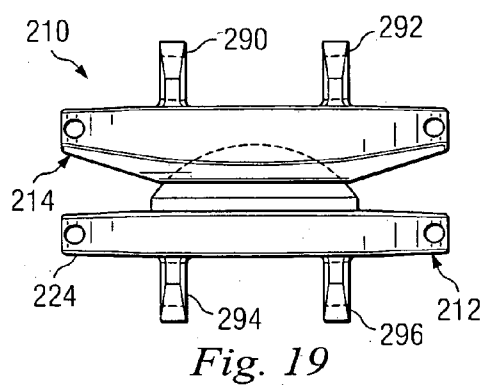
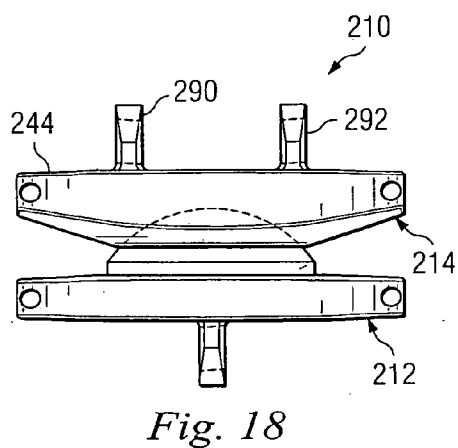
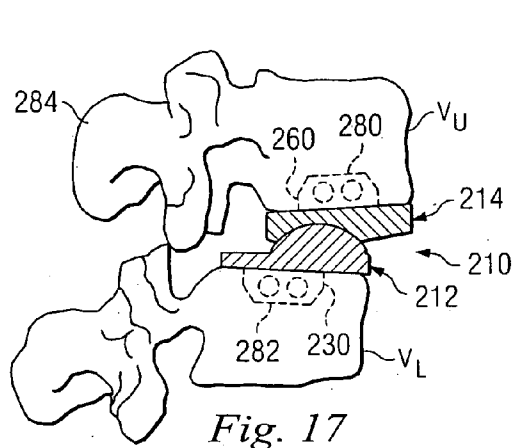
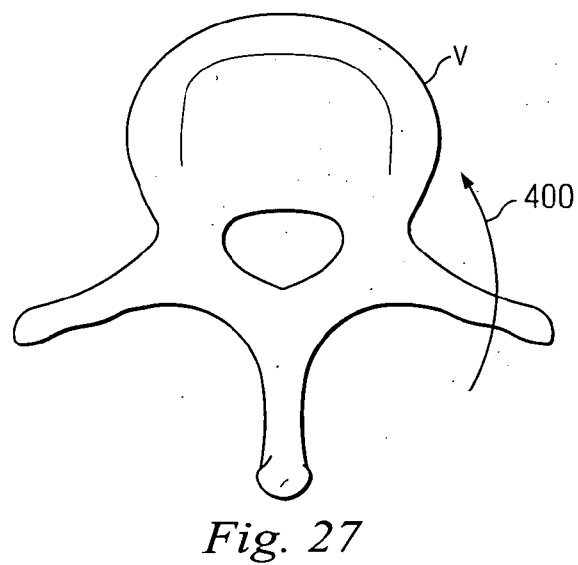
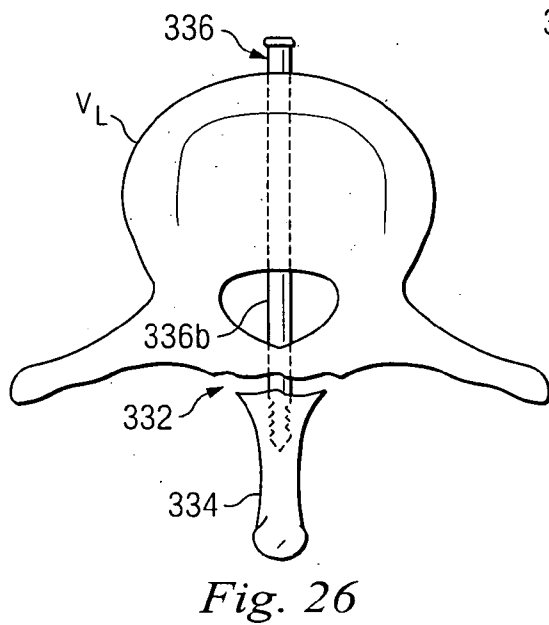
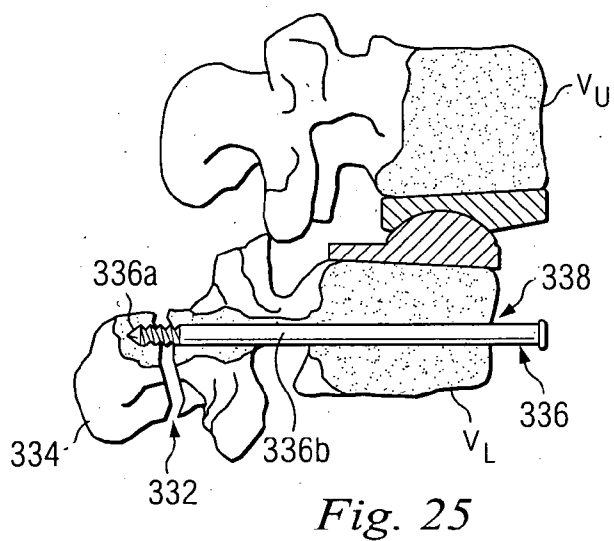
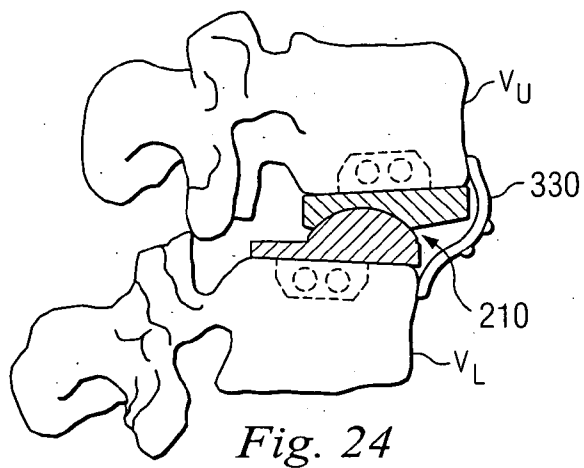


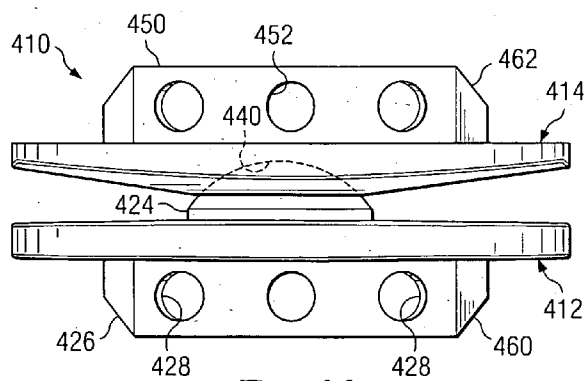
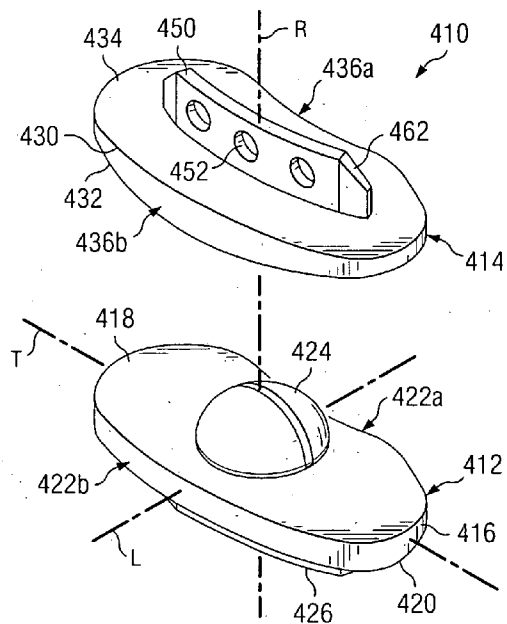
Fig. 16



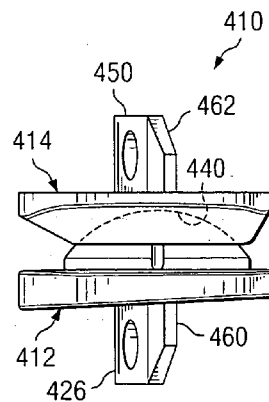




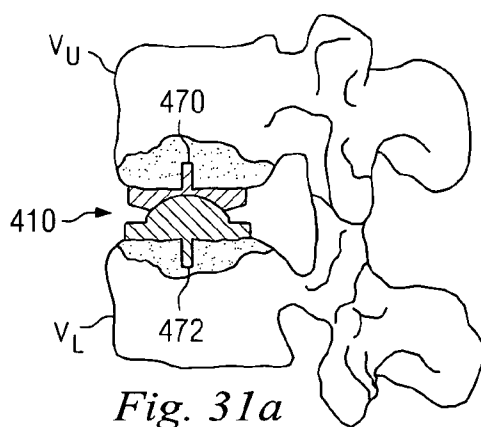
*Fig. 28*



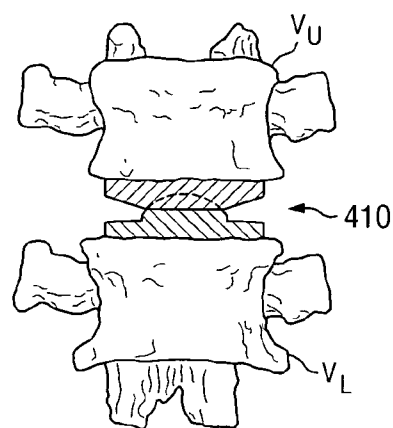
*Fig. 29*



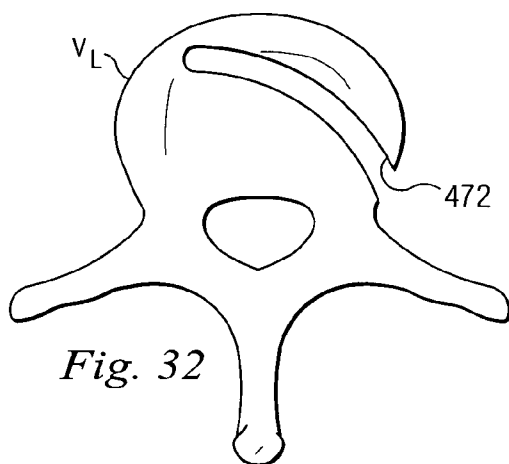
*Fig. 30*



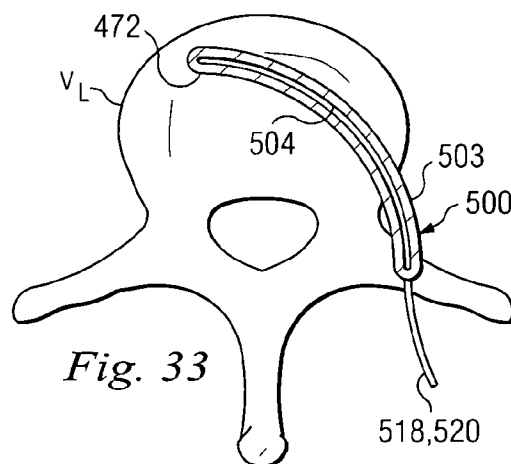
*Fig. 31a*



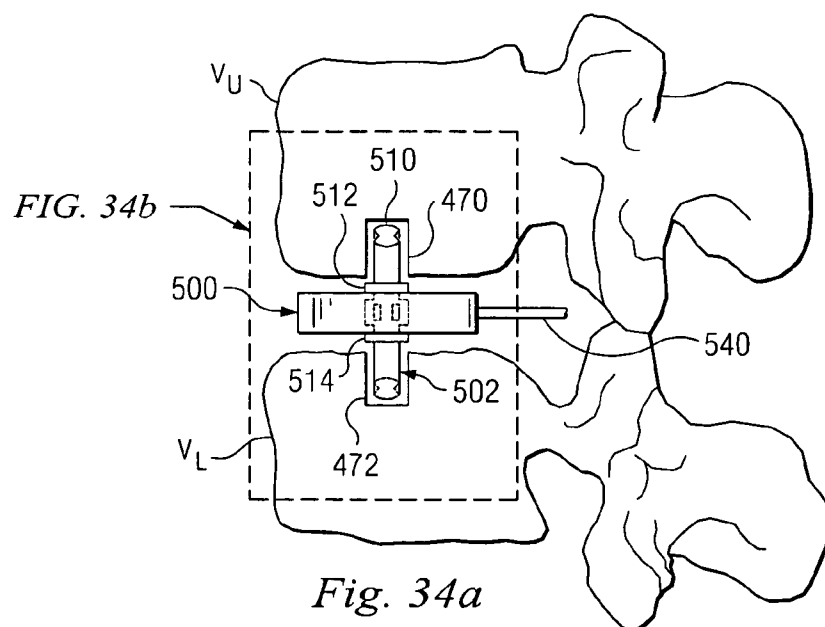
*Fig. 31b*



*Fig. 32*



*Fig. 33*



*Fig. 34a*

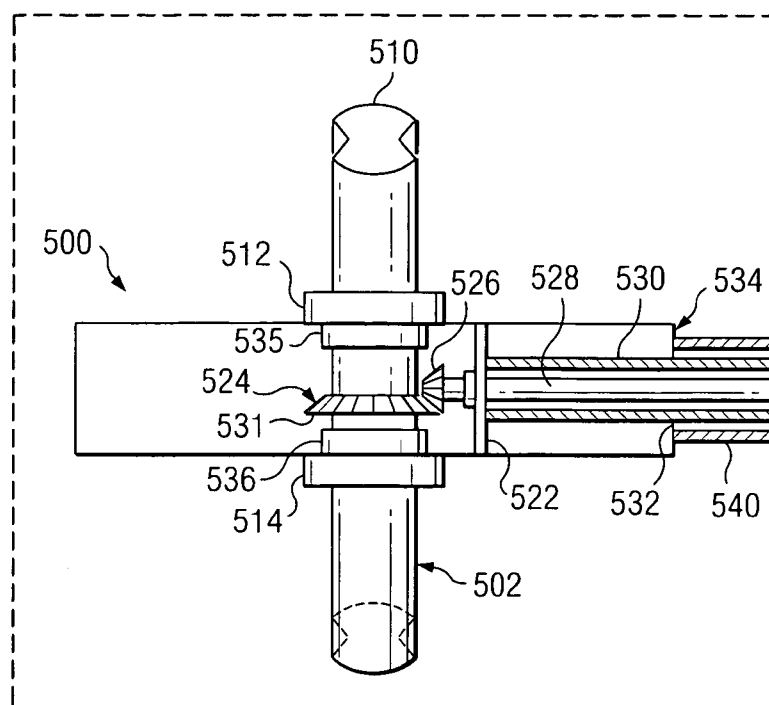


Fig. 34b

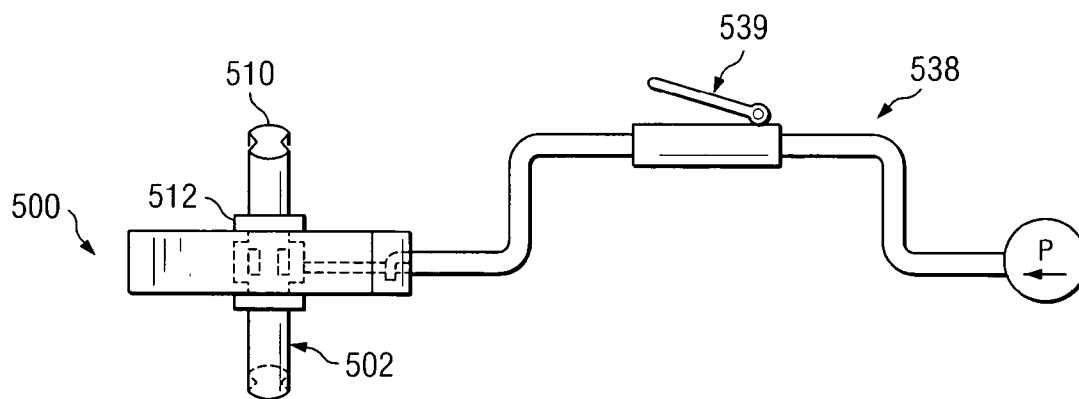


Fig. 34c

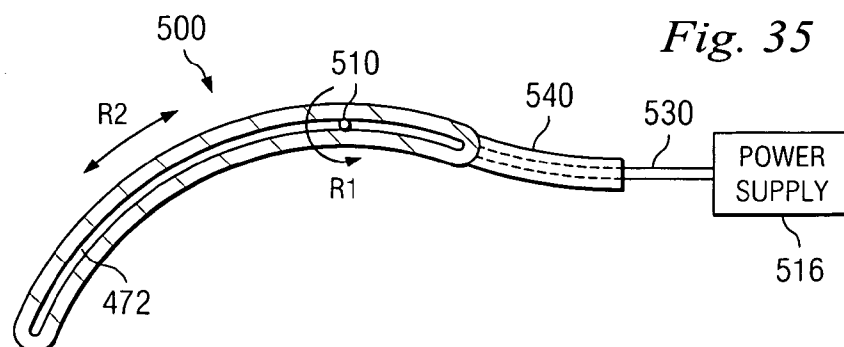
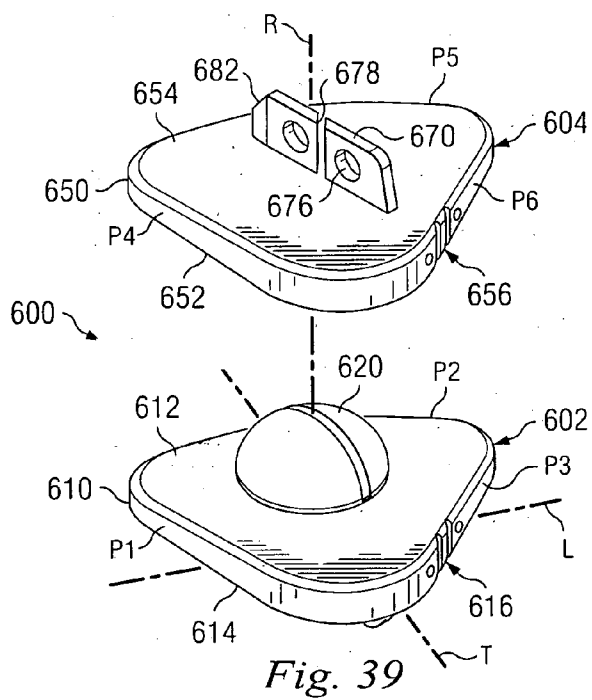
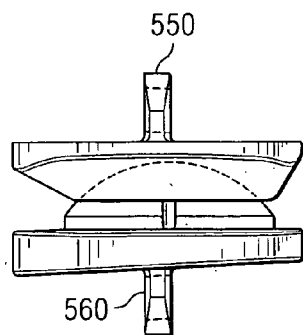
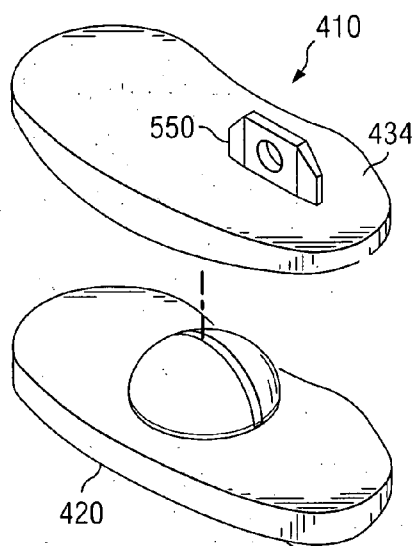
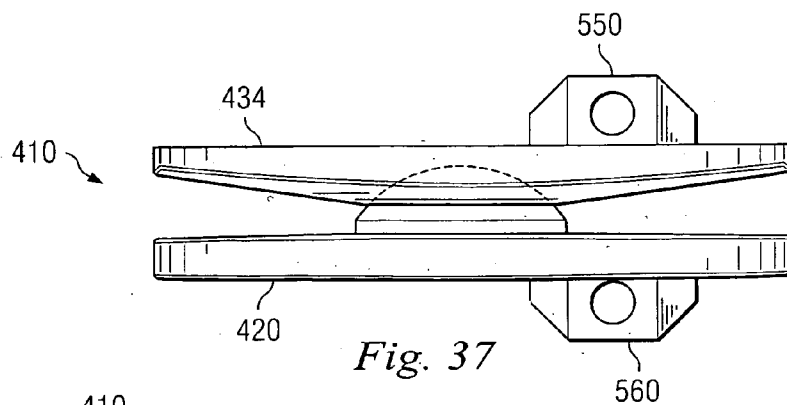


Fig. 35



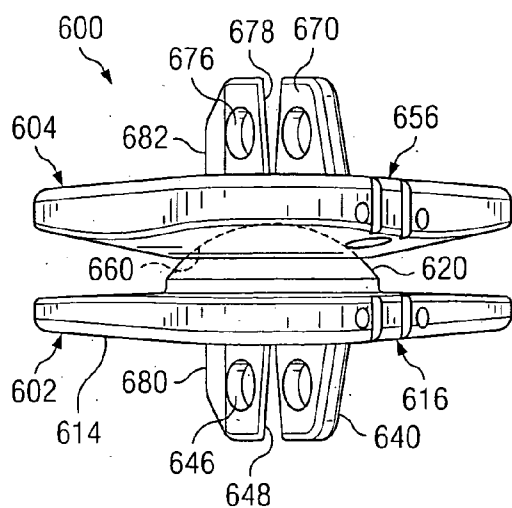


Fig. 40

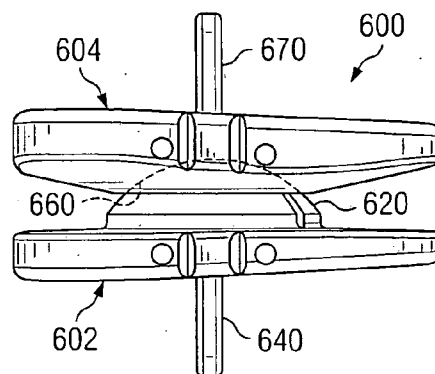


Fig. 41

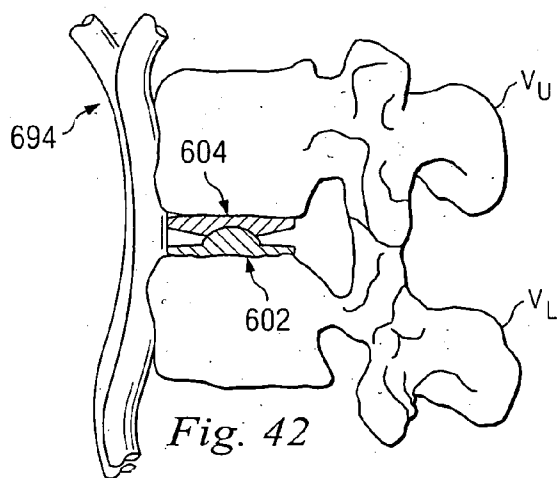


Fig. 42

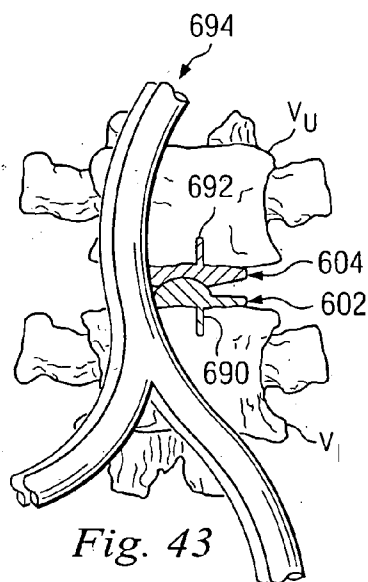


Fig. 43

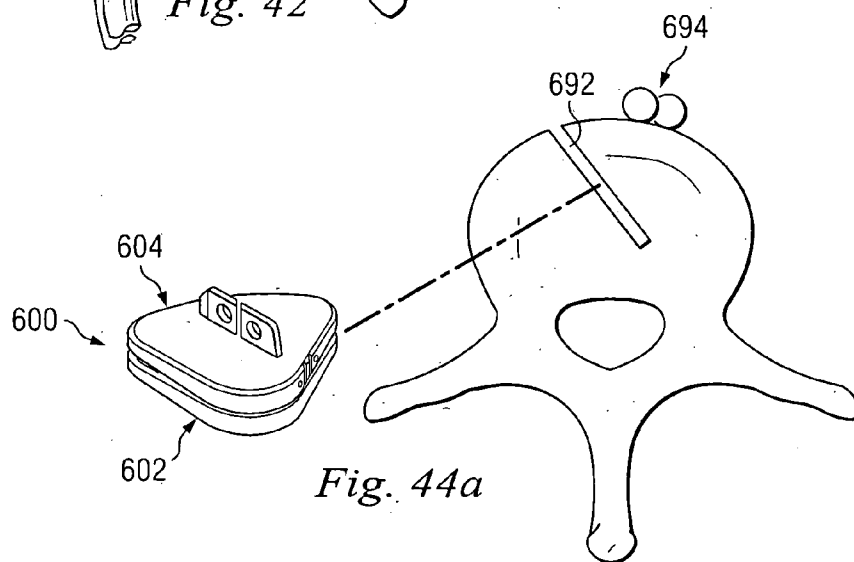
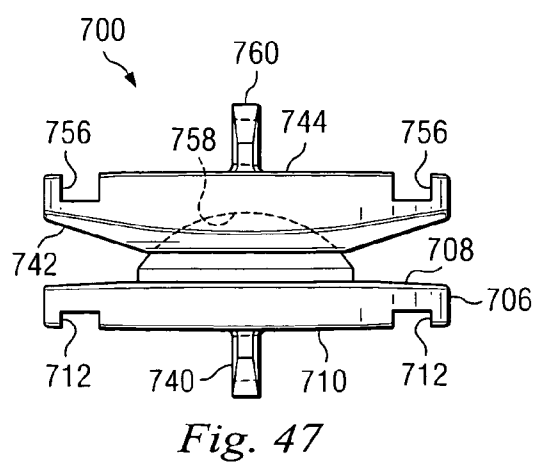
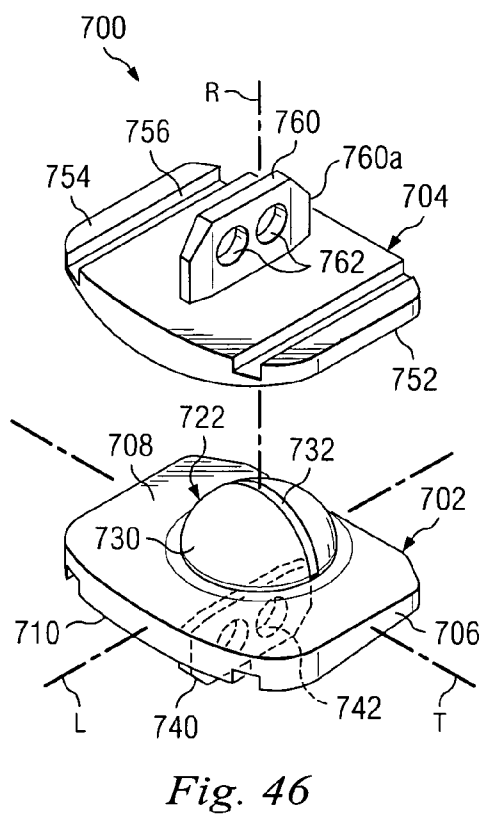
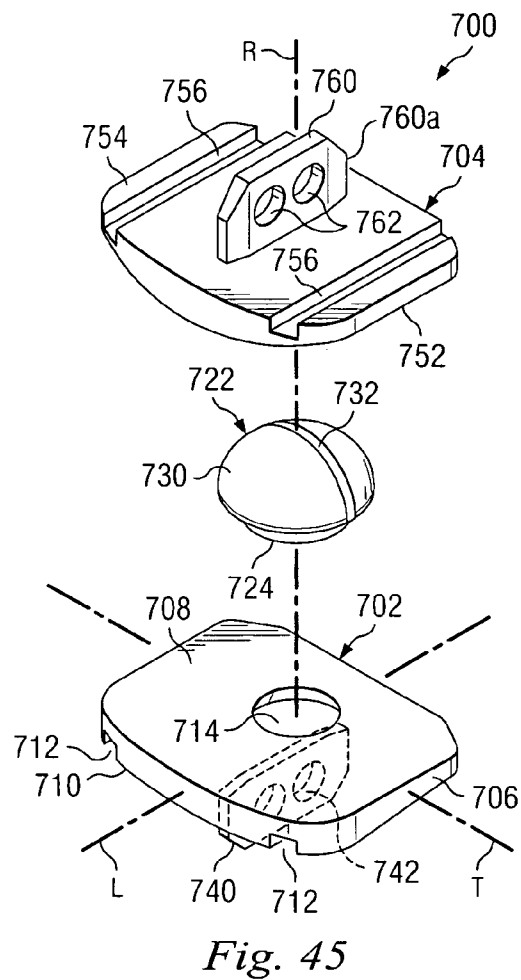
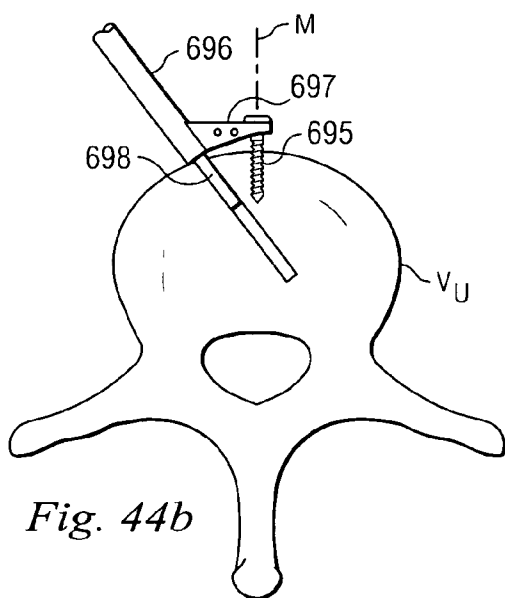
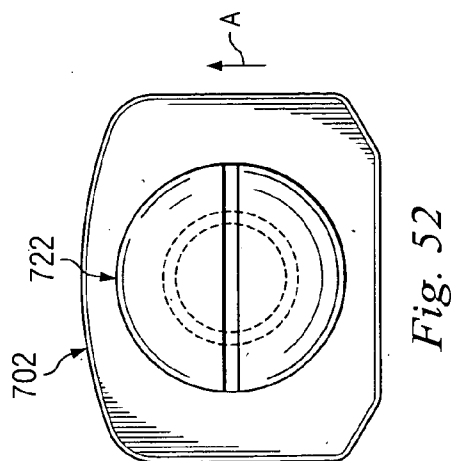
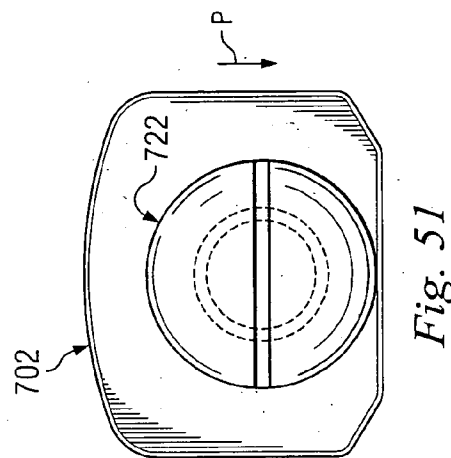
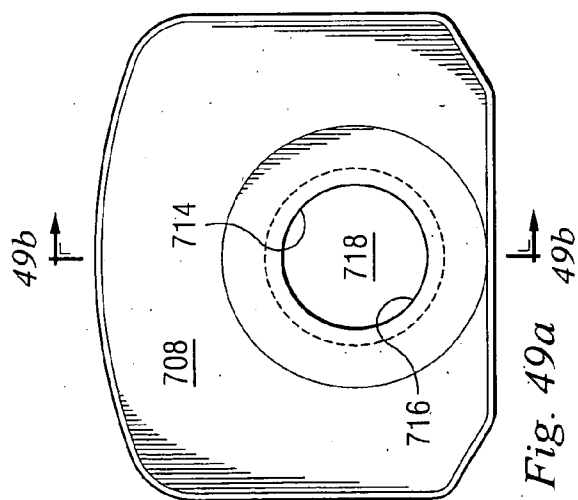
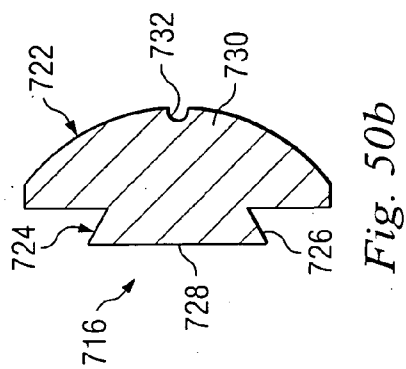
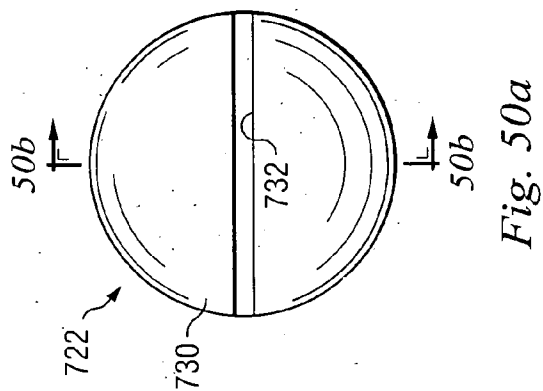
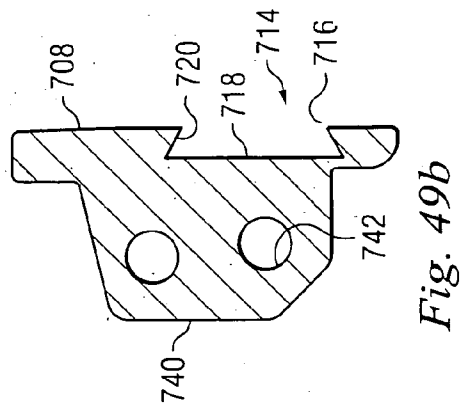
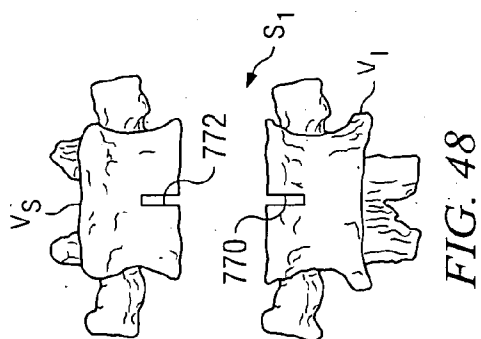


Fig. 44a





## INSTRUMENT AND METHOD FOR MILLING A PATH INTO BONE

### CROSS-REFERENCE TO RELATED APPLICATION

[0001] This application claims the benefit of U.S. Provisional Application No. 60/446,963 filed on Feb. 12, 2003. U.S. Provisional Application No. 60/446,963 is herein incorporated by reference for all legitimate purposes.

### BACKGROUND

[0002] The present disclosure relates generally to the field of orthopedics and spinal surgery, and in some embodiments, the present disclosure relates to intervertebral prosthetic joints for use in the total or partial replacement of a natural intervertebral disc, and methods and tools for use therewith.

[0003] In the treatment of diseases, injuries or malformations affecting spinal motion segments, and especially those affecting disc tissue, it has long been known to remove some or all of a degenerated, ruptured or otherwise failing disc. In cases involving intervertebral disc tissue that has been removed or is otherwise absent from a spinal motion segment, corrective measures are taken to ensure the proper spacing of the vertebrae formerly separated by the removed disc tissue.

[0004] In some instances, the two adjacent vertebrae are fused together using transplanted bone tissue, an artificial fusion component, or other compositions or devices. Spinal fusion procedures, however, have raised concerns in the medical community that the bio-mechanical rigidity of intervertebral fusion may predispose neighboring spinal motion segments to rapid deterioration. More specifically, unlike a natural intervertebral disc, spinal fusion prevents the fused vertebrae from pivoting and rotating with respect to one another. Such lack of mobility tends to increase stresses on adjacent spinal motion segments.

[0005] Additionally, several conditions may develop within adjacent spinal motion segments, including disc degeneration, disc herniation, instability, spinal stenosis, spondylosis and facet joint arthritis. Consequently, many patients may require additional disc removal and/or another type of surgical procedure as a result of spinal fusion. Alternatives to spinal fusion are therefore desirable.

[0006] In particular, this disclosure relates to an instrument that aids in the insertion of alternatives to spinal fusion.

### SUMMARY

[0007] An instrument for cutting a path in bone is provided. The instrument includes a curved guide member defining a curved opening extending therein, and a bit member positioned within the opening of the guide member. The bit member is adapted to move within the opening of the guide member to cut a path in bone.

[0008] In another embodiment, an instrument for cutting a path in bone is provided. The instrument includes a curved guide member defining a curved opening extending therein, a bit member positioned within the opening of the guide member, a rotatable element operatively connected to the bit member to impart rotational movement to the bit member,

and a handle operatively connected to the bit member to impart translational movement to the bit member. The bit member is adapted to cut a curved path into bone via rotational movement in and translational movement through the guide member.

[0009] In yet another embodiment, a method for cutting a curved path into bone is provided. The method includes providing an instrument having a curved guide member, the curved guide member defining a curved opening therein, positioning a bit member within the opening of the guide member, actuating the instrument to impart rotational movement to the bit member, engaging the bit member with bone, and imparting a translational force to the bit member to cut a curved path in bone.

### BRIEF DESCRIPTION OF THE DRAWINGS

[0010] FIG. 1 is a lateral view of a portion of a spondylosed vertebral column.

[0011] FIG. 2 is a lateral view of a pair of adjacent vertebral endplates of FIG. 1.

[0012] FIG. 3a is a lateral view of the pair of adjacent vertebral endplates of FIG. 2 with a rod and screw arrangement.

[0013] FIG. 3b is a longitudinal, partial sectional view of the pair of adjacent vertebral bodies of FIG. 3a.

[0014] FIG. 4a is an isometric view of an articulating prosthetic joint for lateral insertion according to one embodiment of the present disclosure.

[0015] FIG. 4b is an isometric view of an articulating prosthetic joint for lateral insertion according to another embodiment of the present disclosure.

[0016] FIG. 4c is a front view of the articulating prosthetic joint for lateral insertion of FIG. 4b.

[0017] FIG. 5 is a longitudinal view of the prosthetic joint of FIG. 4a.

[0018] FIG. 6 is a lateral view of the prosthetic joint of FIG. 4a.

[0019] FIG. 7 is a lateral, partial sectional view of the prosthetic joint of FIG. 4a disposed between a pair of spondylosed vertebral endplates.

[0020] FIG. 8 is a lateral, partial sectional view of an alternative articulating prosthetic joint disposed between a pair of vertebral endplates.

[0021] FIG. 9 is an isometric view of an alternative articulating prosthetic joint according to another embodiment of the present disclosure.

[0022] FIG. 10 is a lateral, partial sectional view of the prosthetic joint of FIG. 9 disposed between a pair of spondylosed vertebral endplates.

[0023] FIG. 11 is a lateral, partial sectional view of an alternative articulating prosthetic joint disposed between a pair of vertebral endplates.

[0024] FIG. 12 is an isometric view of a disc prosthesis according to another embodiment of the present disclosure.



[0025] FIG. 13 is an isometric view of an alternative disc prosthesis according to another embodiment of the present disclosure.

[0026] FIG. 14 is an isometric view of an alternative articulating prosthetic joint for anterior insertion according to another embodiment of the present disclosure.

[0027] FIG. 15 is a longitudinal view of the prosthetic joint of FIG. 14.

[0028] FIG. 16 is a lateral view of the prosthetic joint of FIG. 14.

[0029] FIG. 17 is a lateral view of the prosthetic joint of FIG. 14 disposed between a pair of spondylosed vertebral endplates.

[0030] FIG. 18 is a longitudinal view of an alternative articulating prosthetic joint for anterior insertion according to another embodiment of the present disclosure.

[0031] FIG. 19 is a longitudinal view of an alternative articulating prosthetic joint for anterior insertion according to yet another embodiment of the present disclosure.

[0032] FIG. 20 is a longitudinal view of an alternative articulating prosthetic joint for anterior insertion according to yet another embodiment of the present disclosure.

[0033] FIG. 21 is a longitudinal view of a pair of vertebral endplates having slots for receiving the prosthetic joint of FIG. 18.

[0034] FIG. 22 is a longitudinal view of a pair of vertebral endplates having slots for receiving the prosthetic joint of FIG. 19.

[0035] FIG. 23 is a longitudinal view of a pair of vertebral endplates having slots for receiving the prosthetic joint of FIG. 20.

[0036] FIG. 24 is a lateral, partial sectional view of the prosthetic joint of FIG. 14 disposed between a pair of spondylosed vertebral endplates and an orthopedic implant.

[0037] FIG. 25 is a lateral, partial sectional view of the prosthetic joint of FIG. 14 disposed between a pair of spondylosed vertebral endplates and a lag screw.

[0038] FIG. 26 is a schematic top view of the arrangement depicted in FIG. 25.

[0039] FIG. 27 is a schematic top view of a vertebral body depicting a path for transforaminal insertion.

[0040] FIG. 28 is an isometric view of an alternative articulating prosthetic joint for transforaminal insertion according to another embodiment of the present disclosure.

[0041] FIG. 29 is a lateral view of the prosthetic joint of FIG. 28.

[0042] FIG. 30 is a longitudinal view of the prosthetic joint of FIG. 28.

[0043] FIG. 31a is a lateral, partial sectional view of the prosthetic joint of FIG. 28 disposed between a pair of vertebral endplates.

[0044] FIG. 31b is a longitudinal, partial sectional view of the prosthetic joint of FIG. 28 disposed between a pair of vertebral endplates.

[0045] FIG. 32 is a schematic top view depicting a transforaminal slot formed in a vertebral endplate.

[0046] FIG. 33 is a schematic top view depicting a milling apparatus shown inserted above a vertebral endplate.

[0047] FIG. 34a is a lateral view of the milling apparatus of FIG. 33 shown disposed between a pair of adjacent vertebral endplates.

[0048] FIG. 34b is a detailed view of a milling tool of the milling apparatus of FIG. 34a.

[0049] FIG. 34c is a detailed view of an alternative milling tool.

[0050] FIG. 35 is a schematic view of the milling apparatus of FIG. 33.

[0051] FIG. 36 is an isometric view of an alternative articulating prosthetic joint for transforaminal insertion according to another embodiment of the present disclosure.

[0052] FIG. 37 is a lateral view of the prosthetic joint of FIG. 36.

[0053] FIG. 38 is a longitudinal view of the prosthetic joint FIG. 36.

[0054] FIG. 39 is an isometric view of an alternative articulating prosthetic joint for anterior-oblique insertion according to another embodiment of the present disclosure.

[0055] FIG. 40 is a longitudinal view of the prosthetic joint of FIG. 39.

[0056] FIG. 41 is a lateral view of the prosthetic joint of FIG. 39.

[0057] FIG. 42 is lateral, partial sectional view of the prosthetic joint of FIG. 39 disposed between a pair of vertebral endplates.

[0058] FIG. 43 is a longitudinal, partial sectional view of the prosthetic joint of FIG. 39 disposed between a pair of vertebral endplates.

[0059] FIG. 44a is a top, schematic view depicting a slot formed in a vertebral endplate for receiving the prosthetic joint of FIG. 39.

[0060] FIG. 44b is a schematic view depicting an alignment process associated with the insertion of the prosthetic joint of FIG. 39.

[0061] FIG. 45 is an exploded view an alternative prosthetic joint according to yet another embodiment of the present disclosure.

[0062] FIG. 46 is an isometric view of the prosthetic joint of FIG. 45.

[0063] FIG. 47 is a longitudinal view of the prosthetic joint of FIG. 46.

[0064] FIG. 48 is a longitudinal view of a pair of adjacent vertebral endplates.

[0065] FIG. 49a is a plan view of an articular component of the prosthetic joint of FIG. 45.

[0066] FIG. 49b is a sectional view of the articular component of FIG. 49a taken along the line 49b-49b.

[0067] FIG. 50a is a plan view of a modular projection member of the prosthetic joint of FIG. 45.

[0068] FIG. 50b is a sectional view of the modular projection member of FIG. 50a taken along the line 50b-50b.

[0069] FIG. 51 is a plan view of the modular projection member of FIG. 50a inserted into the articular component of FIG. 49a.

[0070] FIG. 52 is a plan view of the modular projection member of FIG. 50a inserted into the articular component of FIG. 49a depicting the modular projection member in a different position relative to FIG. 51.

### DESCRIPTION

[0071] For the purposes of promoting an understanding of the principles of the invention, reference will now be made to the embodiments, or examples, illustrated in the drawings and specific language will be used to describe the same. It will nevertheless be understood that no limitation of the scope of the invention is thereby intended. Any alterations and further modifications in the described embodiments, and any further applications of the principles of the invention as described herein are contemplated as would normally occur to one skilled in the art to which the invention relates. As such, individual features of separately described embodiments can be combined to form additional embodiments. In addition, examples of deformities such as spondylolisthesis are discussed; however, it is understood that the various prosthetic devices described herein can be adapted for use between not only spondylosed vertebrae, but substantially aligned vertebrae as well.

#### [0072] I. Lateral Correction

[0073] In many cases of deformity, such as spondylolisthesis, one or more vertebral bodies can be displaced with respect to other vertebrae or the sacrum. In such a deformity, it is desirable to reduce the extent of displacement, by re-positioning the displaced bodies from their previous position. A spondylolisthesis reduction can be a technically demanding procedure requiring great care to prevent neurological impairment and damage to surrounding soft tissue.

[0074] Referring now to FIG. 1, shown therein is a lateral view of a portion of a spinal column 10, illustrating a group of adjacent upper and lower vertebrae V1, V2, V3, V4 separated by natural intervertebral discs D1, D2, D3. The illustration of four vertebrae is only intended as an example. Another example would be a sacrum and one vertebrae.

[0075] As shown in the drawing, the vertebrae V2 is dislocated from the vertebrae V1 in a direction shown by arrow 22. Likewise, vertebrae V3 is dislocated in a direction shown by arrow 23 and vertebrae V4 is dislocated in a direction shown by arrow direction 24. It is desired that the position of vertebrae V2, V3, V4 be corrected by moving them in a direction opposite to the arrows 22, 23, 24, respectively.

[0076] Referring now to FIG. 2, for the sake of further example, two of the displaced vertebrae will be discussed, designated as the lower vertebrae V<sub>L</sub> and the upper vertebrae V<sub>U</sub>. In one embodiment, some or all of the natural disc that would have been positioned between the two vertebrae V<sub>L</sub>, V<sub>U</sub> is typically removed via a discectomy or a similar surgical procedure, the details of which would be known to

one of ordinary skill in the art. Removal of the diseased or degenerated disc results in the formation of an intervertebral space S between the upper and lower vertebrae V<sub>U</sub>, V<sub>L</sub>.

[0077] In the present embodiment, it is desired to insert a prosthetic joint into the intervertebral space S, similar to the prosthetic joint disclosed in U.S. Ser. No. 10/042,589 filed Jan. 9, 2002, which is incorporated by reference. However, certain changes are required of the above-referenced prosthetic joint. For the following description, the prosthetic joints discussed and described can be identical to those disclosed in the above-referenced patent application, with the exceptions discussed and suggested below.

[0078] Spondylolisthesis has not heretofore been corrected from the lateral surgical approach. However, in some instances, correction of spondylolisthesis may be desirable from a lateral approach due to the presence of vessels and/or the nervous plexus. In some embodiments, the lateral approach may be particularly pertinent when correcting spondylolisthesis in the lumbar region of the spine, although it will be understood that other regions of the spine are also contemplated.

[0079] Referring to FIGS. 3a and 3b, correction of spondylolisthesis can be addressed from a lateral approach by, for example, providing a pair of bone screws 30, 32 for insertion into the vertebrae V<sub>U</sub>, V<sub>L</sub>, respectively. In one embodiment, the bone screws 30, 32 are bi-cortical. However, it is understood that the bone screws may alternatively be uni-cortical. Moreover, the bone screws 30, 32 may be formed of a variety of materials such as any resorbable material, titanium, and PEEK. The PEEK embodiment is advantageous due to the radiotranslucent properties resulting from the use of PEEK material. It is further understood that the bone screws 30, 32 may alternatively be of any other mechanical structure, and as such, may take the form of pins or rivets, for example. Moreover, the bone screws 30, 32 are not limited to having threaded portions to engage the vertebrae V<sub>U</sub>, V<sub>L</sub>.

[0080] The bone screws 30, 32 may be linked to one another via a rod 34, which is configured to rotate about both of the bone screws. It is understood that a variety of connecting members may be used other than the rod 34. For example, a non-uniform linkage member may be used to link the bone screws 30, 32. A non-uniform linkage member may provide a plurality of slots and/or grooves that can be engaged in order to aid in its rotation about the bone screws. The rod 34 may be connected prior to insertion of the bone screws 30, 32 into the vertebrae V<sub>U</sub>, V<sub>L</sub>, or alternatively, may be subsequently connected after placement of the screws. By applying a rotating force to the rod 34 in the direction of arrow 36, the upper vertebra V<sub>U</sub> is encouraged back into a desired position relative to the lower vertebra V<sub>L</sub>. The rotating force can be applied, for example, by a rotatable wrench (not shown) that can be used by a surgeon. It is understood that the upper vertebra V<sub>U</sub> may not reach entirely to a fully corrected position in relation to the lower vertebra V<sub>L</sub>, but the displacement can at least be reduced.

[0081] Although not depicted, in another embodiment, it is contemplated that the spondylosed vertebrae V<sub>U</sub>, V<sub>L</sub> can be addressed from both lateral directions. Thus, a pair of bone screws substantially identical to the bone screws 30, 32 may be inserted into the vertebrae V<sub>U</sub>, V<sub>L</sub> on the opposite side from and in the opposite direction to the bone screws

**30, 32.** In such an arrangement, the rod **34** can be replaced with a ratcheting system that engages each of the bone screw pairs, and as such, the vertebrae  $V_U$ ,  $V_L$  can be rotated relative to one another to encourage the vertebrae into a desired position relative to one another.

[0082] Still further, the rod **34** may include any number and type of engagement means to receive any number and type of rotating tools used by a surgeon; For example, a keyed connection may provide more stability when engaging the rod **34** with a corresponding rotating tool. In other examples, a clamping tool may be used and corresponding clamping notches may be formed in the rod **34** to receive the clamping tool. Such an arrangement may aid in achieving the force necessary for rotation.

[0083] Moreover, additional rods **34** and bone screws **30, 32** are contemplated for use in rotating the spondylosed vertebrae  $V_U$ ,  $V_L$  back into a desired position relative to one another. Additional rods **34** and bone screws **30, 32** may provide additional stability during the procedure.

[0084] Furthermore, although depicted as a substantially lateral insertion, the insertion of the bone screws **30, 32** into the vertebrae  $V_U$ ,  $V_L$  can be slightly angled relative to the lateral direction. Such angling of the bone screws **30, 32** during insertion may provide a preferred gripping angle from which the surgeon can begin rotation of the vertebrae  $V_U$ ,  $V_L$  relative to one another.

[0085] Referring to FIGS. 4a, 5, and 6, shown therein is one embodiment of an offset intervertebral articulating prosthetic joint **40** for insertion into the intervertebral space S (FIG. 2) to aid in the correction of spondylolisthesis. The articulating prosthetic joint **40** extends generally along a longitudinal axis L and includes a first articular component **42** and a second articular component **44**. The articular components **42, 44** cooperate to form the prosthetic joint **40** which is sized and configured for disposition within the intervertebral space S (FIG. 2) between adjacent vertebral bodies  $V_U$ ,  $V_L$  (FIG. 2).

[0086] The prosthetic joint **40** provides relative pivotal and rotational movement between the adjacent vertebral bodies to maintain or restore motion substantially similar to the normal bio-mechanical motion provided by a natural intervertebral disc. More specifically, the articular components **42, 44** are permitted to pivot relative to one another about a number of axes, including lateral or side-to-side pivotal movement about longitudinal axis L and anterior-posterior pivotal movement about a transverse axis T. It should be understood that in one embodiment of the disclosure, the articular components **42, 44** are permitted to pivot relative to one another about any axes that lies in a plane that intersects longitudinal axis L and transverse axis T.

[0087] Furthermore, the articular components **42, 44** are permitted to rotate relative to one another about a rotational axis R. Although the prosthetic joint **40** has been illustrated and described as providing a specific combination of articulating motion, it should be understood that other combinations of articulating movement are also possible, such as, for example, relative translational or linear motion, and such movement is contemplated as falling within the scope of the present disclosure.

[0088] Although the articular components **42, 44** of prosthetic joint **40** may be formed from a wide variety of

materials, in one embodiment of the disclosure, the articular components **42, 44** are formed of a cobalt-chrome-molybdenum metallic alloy (ASTM F-799 or F-75). However, in alternative embodiments of the disclosure, the articular components **42, 44** may be formed of other materials such as titanium or stainless steel, a polymeric material such as polyethylene, or any other biocompatible material that would be apparent to one of ordinary skill in the art.

[0089] The articular components **42, 44** each include a bearing surface **46, 48**, respectively, that may be positioned in direct contact with vertebral bone and is preferably coated with a bone-growth promoting substance, such as, for example, a hydroxyapatite coating formed of calcium phosphate. Additionally, the bearing surfaces **46, 48** of the articular components **42, 44**, respectively, may be roughened prior to being coated with the bone-growth promoting substance to further enhance bone on-growth. Such surface roughening may be accomplished by way of, for example, acid etching, knurling, application of a bead coating, or other methods of roughening that would occur to one of ordinary skill in the art.

[0090] Articular component **42** includes a support plate **50** having an articular surface **52** and the opposite bearing surface **46**. Support plate **50** is sized and shaped to substantially correspond to the size and shape of a vertebral endplate of the adjacent vertebral body  $V_L$  (FIG. 2). The support plate **50** may include one or more notches **54** or other types of indicia for receiving or engaging with a corresponding portion of a surgical instrument (not shown) to aid in the manipulation and insertion of the prosthetic joint **40** within the intervertebral space S (FIG. 2) between the adjacent vertebral bodies  $V_U$ ,  $V_L$  (FIG. 2). The surgical instrument (not shown) is preferably configured to hold the articular components **42, 44** at a predetermined orientation and spatial relationship relative to one another during manipulation and insertion of the prosthetic joint **40**, and to release the articular components **42, 44** once properly positioned between the adjacent vertebrae.

[0091] In one embodiment of the disclosure, the articular component **42** includes a projection **56** having a convex shape, which may be configured as a spherical-shaped ball (half of which is shown). It should be understood that other configurations of the projection **56** are also contemplated, such as, for example, cylindrical, elliptical or other arcuate configurations or possibly non-arcuate configurations. It should also be understood that the remaining portion of articular component **42** may take on planar or non-planar configurations, such as, for example, an angular or conical configuration extending about the projection **56**.

[0092] A flange member or keel **58** extends from the bearing surface **46** and is configured for disposition within a preformed opening in the adjacent vertebral endplate. As with the bearing surface **46**, the keel **58** may be coated with a bone-growth promoting substance, such as, for example, a hydroxyapatite coating formed of calcium phosphate. Additionally, the keel **58** may be roughened prior to being coated with the bone-growth promoting substance to further enhance bone on-growth. In one embodiment, the keel **58** extends along the transverse axis T and is substantially centered along the bearing surface **46**. However, it should be understood that other positions and orientations of the keel **58** are also contemplated.

[0093] In one embodiment, the keel 58 transversely extends along a substantial portion of the articular component 42. Such an embodiment would accommodate insertion of the prosthetic joint 40 using a lateral approach as opposed to, for example, an anterior approach. In a further embodiment, the keel 58 may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel 58 may be configured as a winged keel, including a lateral portion (not shown) extending across the main body portion of keel 58.

[0094] In one embodiment, the keel 58 includes three openings 60 extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebral bodies  $V_U$ ,  $V_L$  (FIG. 2). However, it should be understood that any number of openings 60 may be defined through the keel 58, including a single opening or two or more openings. It should also be understood that the openings 60 need not necessarily extend entirely through the keel 58, but may alternatively extend partially therethrough. It should further be understood that the keel 58 need not necessarily define any openings 60 extending either partially or entirely therethrough. Additionally, although the openings 60 are illustrated as having a circular configuration, it should be understood that other sizes and configurations of openings 60 are also contemplated.

[0095] In one embodiment, the articular component 44 includes a support plate 70 having an articular surface 72 and the opposite bearing surface 48. Support plate 70 may be sized and shaped to substantially correspond to the size and shape of a vertebral endplate of the adjacent vertebral body  $V_U$ . The support plate 70 may include one or more notches 74 or other types of indicia for receiving and engaging with a corresponding portion of a surgical instrument, such as discussed above with reference to articular component 42.

[0096] In one embodiment, the articular surface 72 includes a recess 76. In one embodiment, the recess 76 has a concave shape, and is configured as a spherical-shaped socket. However, it should be understood that other configurations of the recess 76 are also contemplated, such as, for example, cylindrical, elliptical or other arcuate configurations or possibly non-arcuate configurations. The remaining portion of the articular surface 72 can be angled or otherwise configured to facilitate the insertion and/or use of the prosthesis.

[0097] Although the concave recess 76 is illustrated as having a generally smooth, uninterrupted articular surface, it should be understood that a surface depression or cavity may be defined along a portion of the recess 76 to provide a means for clearing out matter, such as particulate debris, that is disposed between the abutting articular components 42, 44. In such case, the convex articular surface of the projection 56 may alternatively define a generally smooth, uninterrupted articular surface. In another embodiment, each of the convex projection 56 and the concave recess 76 may define a surface depression to facilitate removal of particulate matter disposed between the abutting articular components 42, 44.

[0098] A flange member or keel 68, configured similar to the keel 58 of articular component 42, extends from the bearing surface 48. In one embodiment, the keel 68 extends along the transverse axis T and is offset from the center of

the bearing surface 48. Such an embodiment would accommodate insertion of the prosthetic joint 40 using a lateral approach. However, it should be understood that other shapes, positions and orientations of the keel 68 are also contemplated. For example, in FIGS. 4b and 4c, the keels 58 and 68 may be angled relative to the transverse axis T to aid in the circumvention of veins, arteries, bony portions, or other obstacles that may be in place during insertion of the prosthetic joint 40. Also, the keel 68 may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel 68 may be configured as a winged keel, including a transverse portion extending across the main body portion of the keel 68.

[0099] In one embodiment, and referring to FIG. 5, the keel 68 also includes three openings 70 extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebra. However, it should be understood that any number of openings 70 may be defined through keel 70, including a single opening or two or more openings. It should also be understood that the openings 70 need not necessarily extend entirely through the keel 68, but may alternatively extend partially therethrough. It should further be understood that the keel 68 need not necessarily define any openings 70 extending either partially or entirely therethrough. Additionally, although the openings 70 are illustrated as having a circular configuration, it should be understood that other sizes and configurations of openings 70 are also contemplated. As discussed above, the bearing surfaces 46, 48 that are in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance. Specifically, the bearing surface 48 and the surface of the keel 68 can be coated with hydroxyapatite to promote bony engagement with the adjacent vertebral body  $V_U$ . As also discussed above, the bearing surface 48 and the surface of keel 68 can be roughened prior to application of the hydroxyapatite coating.

[0100] In some embodiments, one or both of the keels 58, 68 may include a sharp forward edge, illustrated by edge 68a of FIG. 4. By having such an edge, insertion of the keel into the associated vertebral body is facilitated. Also, the edge 68a can be of sufficient sharpness that the adjacent vertebral bodies do not require a slot for receiving the keel 68, discussed in greater detail below.

[0101] Referring to FIG. 7, to accommodate insertion of the offset prosthetic joint 40 within a spondylosed intervertebral space, the partially corrected upper and lower vertebrae  $V_U$ ,  $V_L$  can be prepared to accept the prosthetic joint 40 (shown in section in FIG. 7a) therebetween. Specifically, elongate openings or slots 80, 82 may be formed along the vertebral endplates of the upper and lower vertebrae  $V_L$ ,  $V_U$ , respectively, at a predetermined width and to a predetermined depth. The slots 80, 82 can be laterally offset from each other to accommodate the displaced vertebrae  $V_L$  and/or  $V_U$ . In one embodiment, the elongate slots 80, 82 are rectangular-shaped and extend laterally through the vertebrae  $V_L$ ,  $V_U$ , respectively. In a specific embodiment, the slots 80, 82 are formed by chiseling or curetting. However, other methods of forming slots 80, 82 are also contemplated as would occur to one of ordinary skill in the art, such as, for example, by drilling or reaming. Furthermore, for some

embodiments of the prosthetic joint **40**, the keels **58** and/or **68** can form their own corresponding slots **80**, **82**, respectively.

[0102] Referring to **FIG. 8**, in one embodiment, the upper and lower vertebrae  $V_U$ ,  $V_L$  may be fully corrected, and thus, an alternative articulating prosthetic joint **90** may be used in correcting spondylolisthesis. The articulating joint **90** may be substantially similar to the prosthetic joint **40** with the exception of the orientation of various elements of the articulating joint **90**. For example, to accommodate insertion into fully corrected upper and lower vertebrae  $V_U$ ,  $V_L$ , the articulating joint **90** may include a laterally-extending keel **92** that is substantially centered on an upper articulating component **94** of the articulating joint and a laterally-extending keel **96** that is substantially centered on a lower articulating component **98**. Furthermore, the upper articulating component **94** may include a recess **100** that is substantially centered to correspond to a substantially centered projection **102** extending from the lower articulating component **98**. In one embodiment, the upper and lower articulating components **94**, **98** are substantially flush with one another when disposed between fully corrected upper and lower vertebrae  $V_U$ ,  $V_L$ .

[0103] To accommodate insertion of the offset prosthetic joint **90**, the fully corrected upper and lower vertebrae  $V_U$ ,  $V_L$  can be prepared to accept the prosthetic joint **90** therebetween. Specifically, elongate openings or slots **104**, **106** may be formed along the vertebral endplates of the upper and lower vertebrae  $V_U$ ,  $V_L$ , respectively, at a predetermined width and to a predetermined depth. The slots **104**, **106** can be substantially aligned with each other to accommodate the fully corrected upper and lower vertebrae  $V_U$ ,  $V_L$ . In one embodiment, the elongate slots **104**, **106** are rectangular-shaped and extend laterally through the vertebrae  $V_U$ ,  $V_L$ , respectively. In a specific embodiment, the slots **104**, **106** are formed by chiseling or curetting. However, other methods of forming slots **104**, **106** are also contemplated as would occur to one of ordinary skill in the art, such as, for example, by drilling or reaming. Furthermore, for some embodiments of the prosthetic joint, the keels **92** and/or **96** can form their own corresponding slots **104**, **106**, respectively.

[0104] Referring to **FIG. 9**, in an alternative embodiment, a slidable prosthetic joint **110** can be used to help with the lateral approach for treating spondylolisthesis. The sliding joint **110** extends generally along the longitudinal axis **L** and includes a first slidable component **112** and a second slidable component **114**. The slidable components **112**, **114** cooperate to form the sliding joint **110** which is sized and configured for disposition within an intervertebral space between adjacent vertebral bodies.

[0105] The sliding joint **110** provides movement between the adjacent vertebral bodies to maintain or restore some of the motion similar to the normal bio-mechanical motion provided by a natural intervertebral disc. More specifically, the slidable components **112**, **114** are permitted to translate relative to one another in the axial plane.

[0106] Although the slidable components **112**, **114** of prosthetic joint **110** may be formed from a wide variety of materials, in one embodiment, the slidable components **112**, **114** are formed of a cobalt-chrome-molybdenum metallic alloy (ASTM F-799 or F-75). However, in alternative embodiments, the slidable components **112**, **114** may be

formed of other materials such as titanium or stainless steel, a polymeric material such as polyethylene, or any other biocompatible material that would be apparent to one of ordinary skill in the art. The surfaces of the slidable components **112**, **114** that are positioned in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance, such as, for example, a hydroxyapatite coating formed of calcium phosphate. Additionally, the surface of the slidable components **112**, **114** that are positioned in direct contact with vertebral bone are preferably roughened prior to being coated with the bone-growth promoting substance to further enhance bone on-growth. Such surface roughening may be accomplished by way of, for example, acid etching, knurling, application of a bead coating, or other methods of roughening that would occur to one of ordinary skill in the art.

[0107] Slidable component **112** includes a support plate **116** having a slidable surface **118** and an opposite bearing surface **120**. Support plate **116** is preferably sized and shaped to substantially correspond to the size and shape of the vertebral endplate of an adjacent vertebra. The support plate **116** can include one or more notches **122** or other types of indicia for receiving and engaging with a corresponding portion of a surgical instrument (not shown) to aid in the manipulation and insertion of the prosthetic joint **110** within an intervertebral space between adjacent vertebrae. The surgical instrument (not shown) is preferably configured to hold the slidable components **112**, **114** at a predetermined orientation and spatial relationship relative to one another during manipulation and insertion of the prosthetic joint **110**, and to release the slidable components **112**, **114** once properly positioned between the adjacent vertebrae.

[0108] A flange member or keel **124** extends from the bearing surface **120** and is configured for disposition within a preformed opening in the adjacent vertebral endplate. In one embodiment, the keel **124** extends perpendicularly from the bearing surface **120** and is approximately centrally located along the bearing surface **120**. However, it should be understood that other positions and orientations of the keel **124** are also contemplated.

[0109] In one embodiment, the keel **124** transversely extends along a substantial portion of the support plate **114**. Such an embodiment would accommodate insertion of the prosthetic joint **110** using a lateral approach. In a further embodiment, the keel **124** may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel **124** may be configured as a winged keel, including a transverse portion extending across the main body portion of keel **124**.

[0110] The keel **124** also includes openings **126** extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebra. However, it should be understood that any number of openings **126** may be defined through keel **124**, including a single opening or three or more openings. It should also be understood that the openings **126** need not necessarily extend entirely through the keel **124**, but may alternatively extend partially therethrough. It should further be understood that the keel **124** need not necessarily define any openings **126** extending either partially or entirely therethrough. Additionally, although the openings **126** are illustrated as having a circular

configuration, it should be understood that other sizes and configurations of openings **126** are also contemplated. As discussed above, the surfaces of the slidable component **112** that are in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance. Specifically, the bearing surface **120** and the surfaces of the keel **124** can be coated with hydroxyapatite to promote bony engagement with the adjacent vertebrae. As also discussed above, the bearing surface **120** and the surfaces of keel **124** can be roughened prior to application of the hydroxyapatite coating.

[0111] In one embodiment, the slidable component **114** includes a support plate **128** having a slidable surface **130** and an opposite bearing surface **132**. Support plate **128** is preferably sized and shaped to substantially correspond to the size and shape of the vertebral endplate of an adjacent vertebra. The support plate **128** can include one or more notches **134** or other types of indicia for receiving and engaging with a corresponding portion of a surgical instrument, such as discussed above with reference to slidable element **112**.

[0112] A flange member or keel **136**, configured similar to the keel **124** of slidable component **112**, extends from the bearing surface **132**. In one embodiment, the keel **136** extends perpendicularly from the bearing surface **132** and is offset along the bearing surface **132** to accommodate spondylosed displacements of the vertebrae. Also, the offset position of the keel **136** helps in the circumvention of veins, arteries, bony portions, or other obstacles that may be in place during the insertion of the joint **110**. It should be further understood that other positions, shapes, orientations, and quantities of the keel **136** are also contemplated. It should also be understood that the keel **136** may also be differently positioned, shaped or oriented, or more keels **136** can be used, for similar or additional reasons.

[0113] In one embodiment, the keel **136** transversely extends along a substantial portion of the support plate **128**. Such an embodiment would accommodate insertion of the prosthetic joint **110** using a lateral approach as opposed to another approach such as an anterior approach. In a further embodiment, the keel **136** may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel **136** may be configured as a winged keel, including a transverse portion extending across the main body portion of keel **136**.

[0114] The keel **136** also includes three openings **138** extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebra. However, it should be understood that any number of openings **138** may be defined through keel **136**, including a single opening or three or more openings. It should also be understood that the openings **138** need not necessarily extend entirely through the keel **136**, but may alternatively extend partially therethrough. It should further be understood that the keel **136** need not necessarily define any openings **138** extending either partially or entirely therethrough. Additionally, although the openings **138** are illustrated as having a circular configuration, it should be understood that other sizes and configurations of openings **138** are also contemplated. As discussed above, the surfaces of the slidable component **114** that are in direct contact with vertebral bone are preferably

coated with a bone-growth promoting substance. Specifically, the bearing surface **132** and the surfaces of the keel **136** can be coated with hydroxyapatite to promote bony engagement with the adjacent vertebrae. As also discussed above, the bearing surface **132** and the surfaces of keel **136** can be roughened prior to application of the hydroxyapatite coating.

[0115] In some embodiments, one or both of the keels **124**, **136** may include a sharp forward edge, illustrated by edges **124a**, **136a**. By having such an edge, insertion of the keels **124**, **136** into the associated vertebral body is facilitated. Also, the edges **124a**, **136a** can be of sufficient sharpness that the vertebral body does not require a slot for receiving the keels **124**, **136**, respectively, discussed in greater detail below.

[0116] Referring to FIG. 10, to accommodate insertion of the prosthetic joint **110** within a spondylosed intervertebral space, the lower and upper vertebrae  $V_L$ ,  $V_U$  can be prepared to accept the prosthetic joint **110** therebetween. Specifically, elongate openings or slots **142**, **144**, may be formed along the vertebral endplates of the lower and upper vertebrae  $V_L$ ,  $V_U$ , respectively, at a predetermined width and to a predetermined depth. The slots **142**, **144** can be laterally offset from each other to accommodate the displaced vertebrae  $V_L$  and/or  $V_U$ . In one embodiment of the disclosure, the elongate slots **142**, **144** are rectangular-shaped and extend laterally through the vertebrae  $V_L$ ,  $V_U$ . In a specific embodiment, the slots **142**, **144** are formed by chiseling or curetting. However, other methods of forming slots **142**, **144** are also contemplated as would occur to one of ordinary skill in the art, such as, for example, by drilling or reaming. Furthermore, for some embodiments of the prosthetic joint, the keels **124** and/or **136** can form their own corresponding slots.

[0117] Referring to FIG. 11, in one embodiment, the upper and lower vertebrae  $V_U$ ,  $V_L$  may be fully corrected, and thus, an alternative articulating joint **150** may be used in correcting spondylolisthesis. The articulating joint **150** may be substantially similar to the articulating joint **110** with the exception of the orientation of the keel. For example, to accommodate insertion into fully corrected upper and lower vertebrae  $V_U$ ,  $V_L$ , the articulating joint **150** may include a keel **152** that is substantially centered on an upper articulating component **154** of the articulating joint and a keel **156** that is substantially centered on a lower articulating component **158**. In one embodiment, the upper and lower articulating components **154**, **158** are substantially flush with one another when disposed between fully corrected upper and lower vertebrae  $V_U$ ,  $V_L$ .

[0118] To accommodate insertion of the offset prosthetic joint **150**, the fully corrected upper and lower vertebrae  $V_U$ ,  $V_L$  can be prepared to accept the prosthetic joint **150** therebetween. Specifically, elongate openings or slots **160**, **162** are formed along the vertebral endplates of the upper and lower vertebrae  $V_U$ ,  $V_L$ , at a predetermined width and to a predetermined depth. The slots **160**, **162** can be substantially aligned with each other to accommodate the fully corrected upper and lower vertebrae  $V_U$ ,  $V_L$ . In one embodiment, the elongate slots **160**, **162** are rectangular-shaped and extend laterally through the vertebrae  $V_U$ ,  $V_L$ , respectively. In a specific embodiment, the slots **160**, **162** are formed by chiseling or curetting. However, other methods of forming

slots **160, 162** are also contemplated as would occur to one of ordinary skill in the art, such as, for example, by drilling or reaming. Furthermore, for some embodiments of the prosthetic joint, the keels **152** and/or **156** can form their own corresponding slots **160, 162**, respectively.

[0119] Referring to **FIGS. 12 and 13**, fusion plates and cages can also be outfitted with one or more keels and laterally inserted, in a manner consistent with the motion-preserving embodiments discussed above and superior to conventional fusion arrangements. Referring specifically to **FIG. 12**, a lateral prosthesis **170** includes a cage **172**, an upper keel **174**, and a lower keel **176**. The cage **172** connects to the upper and lower keels **174, 176** through support plates **178, 180**, respectively. The cage **172** can include many features of the LT-CAGE™ lumbar tapered fusion device provided by Medtronic Sofamor Danek of Memphis, Tenn., and can be used to contain biological material and/or other bone growth promoting materials. Also, the lateral keels **174, 176** can help to maintain the corrected vertebrae displacement while fusion is occurring.

[0120] Referring to **FIG. 13**, a prosthesis **190** includes a plate **192**, an upper keel **194**, a lower keel **196**, an upper support plate **198**, and a lower support plate **200**. The plate **192** can be used to maintain a desired distance between the two support plates **198, 200** and promote fusion. Since the plate **192** can be relatively thin, the remainder of the disc space can be filled with biological material, bone material, and or other bone growth promoting materials.

## [0121] II. Anterior Correction

[0122] In some instances, correction of spondylolisthesis may be desirable from the anterior approach. Referring to **FIGS. 14-16**, shown therein is an intervertebral articulating prosthetic joint **210** according to an alternative embodiment of the present disclosure. The prosthetic joint **210** extends generally along a longitudinal axis L and includes a first articular component **212** and a second articular component **214**. The articular components **212, 214** cooperate to form the articulating joint **210** which is sized and configured for disposition within an intervertebral space between a pair of vertebral bodies, such as the intervertebral space S between the adjacent vertebral bodies  $V_U, V_L$ .

[0123] The prosthetic joint **210** provides relative pivotal and rotational movement between the adjacent vertebral bodies  $V_U, V_L$  to maintain or restore motion substantially similar to the normal bio-mechanical motion provided by a natural intervertebral disc. More specifically, the articular components **212, 214** are permitted to pivot relative to one another about a number of axes, including lateral or side-to-side pivotal movement about longitudinal axis L and anterior-posterior pivotal movement about a transverse axis T. It should be understood that in one embodiment, the articular components **212, 214** are permitted to pivot relative to one another about any axes that lies in a plane that intersects longitudinal axis L and transverse axis T. Additionally, the articular components **212, 214** are permitted to rotate relative to one another about a rotational axis R. Although the prosthetic joint **210** has been illustrated and described as providing a specific combination of articulating motion, it should be understood that other combinations of articulating movement are also possible, such as, for example, relative translational or linear motion, and are contemplated as falling within the scope of the present disclosure.

[0124] Although the articular components **212, 214** of prosthetic joint **210** may be formed from a wide variety of materials, in one embodiment, the articular components **212, 214** are formed of a cobalt-chrome-molybdenum metallic alloy (ASTM F-799 or F-75). However, in alternative embodiments, the articular components **212, 214** may be formed of other materials such as titanium or stainless steel, a polymeric material such as polyethylene, or any other biocompatible material that would be apparent to one of ordinary skill in the art. The surfaces of the articular components **212, 214** that are positioned in direct contact with vertebral bone may be coated with a bone-growth promoting substance, such as, for example, a hydroxyapatite coating formed of calcium phosphate. Additionally, the surface of the articular components **212, 214** that are positioned in direct contact with vertebral bone may be roughened prior to being coated with the bone-growth promoting substance to further enhance bone on-growth. Such surface roughening may be accomplished by way of, for example, acid etching, knurling, application of a bead coating, or other methods of roughening that would occur to one of ordinary skill in the art.

[0125] Articular component **212** includes a support plate **216** having an articular surface **218** and an opposite bearing surface **220**. Support plate **216** may be sized and shaped to substantially correspond to the size and shape of the vertebral endplate of an adjacent vertebra. The support plate **216** can include one or more notches **222** or other types of indicia for receiving and engaging with a corresponding portion of a surgical instrument (not shown) to aid in the manipulation and insertion of the articulating joint **210** within an intervertebral space between adjacent vertebrae. The surgical instrument (not shown) is preferably configured to hold the articular components **212, 214** at a predetermined orientation and spatial relationship relative to one another during manipulation and insertion of the articulating joint **210**, and to release the articular components **212, 214** once properly positioned between the adjacent vertebrae.

[0126] In one embodiment, the articular surface **218** includes a projection **224** having a convex shape, which may be configured as a spherical-shaped ball (half of which is shown). It should be understood that other configurations of the projection **224** are also contemplated, such as, for example, cylindrical, elliptical or other arcuate configurations or possibly non-arcuate configurations. It should also be understood that the remaining portion of articular surface **218** may take on planar or non-planar configurations, such as, for example, an angular or conical configuration extending about the projection **224**.

[0127] In one embodiment, the convex articular surface of the projection **224** is interrupted by a surface depression or cavity **226** extending along the projection **224**. In one embodiment, the surface depression **226** is configured as a groove. However, it should be understood that other types of surface depressions are also contemplated, including no depression at all. One purpose of the groove **226** is to facilitate the removal of matter disposed between abutting portions of the articular components **212, 214**. More specifically, the groove **226** may aid in clearing out matter such as, for example, particulate material, that is disposed between the abutting articular surfaces of components **212, 214**.

[0128] A flange member or keel **230** extends from the bearing surface **220** and is configured for disposition within a preformed opening in the adjacent vertebral endplate. In one embodiment, the keel **230** extends perpendicularly from the bearing surface **220** and is approximately centrally located along the bearing surface **220**. However, it should be understood that other positions and orientations of the keel **230** are also contemplated.

[0129] In one embodiment, the keel **230** extends along substantially the entire length of the support plate **216**. Such an embodiment would accommodate insertion of the articulating joint **210** using an anterior approach. In a further embodiment, the keel **230** may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel **230** may be configured as a winged keel, including a transverse portion (not shown) extending across the main body portion of keel **230**.

[0130] The keel **230** also includes a pair of openings **232** extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebra. However, it should be understood that any number of openings **232** may be defined through keel **230**, including a single opening or three or more openings. It should also be understood that the openings **232** need not necessarily extend entirely through the keel **230**, but may alternatively extend partially therethrough. It should further be understood that the keel **230** need not necessarily define any openings **232** extending either partially or entirely therethrough. Additionally, although the openings **232** are illustrated as having a circular configuration, it should be understood that other sizes and configurations of the openings **232** are also contemplated. As discussed above, the surfaces of the articular component **212** that are in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance. Specifically, the bearing surface **220** and the surfaces of the keel **230** can be coated with hydroxyapatite to promote bony engagement with the adjacent vertebrae. As also discussed above, the bearing surface **220** and the surfaces of keel **230** can be roughened prior to application of the hydroxyapatite coating.

[0131] In one embodiment, the articular component **214** includes a support plate **240** having an articular surface **242** and an opposite bearing surface **244**. Support plate **240** may be sized and shaped to substantially correspond to the size and shape of the vertebral endplate of an adjacent vertebra. The support plate **240** can include one or more notches **246** or other types of indicia for receiving and engaging with a corresponding portion of a surgical instrument, such as discussed above with reference to articular component **212**.

[0132] In one embodiment, the articular surface **242** includes a recess **250**, which has a convex shape, such as that of a spherical-shaped socket. However, it should be understood that other configurations of the recess **250** are also contemplated, such as, for example, cylindrical, elliptical or other arcuate configurations or possibly non-arcuate configurations. The remaining portion of the articular surface **242** can be angled or otherwise configured to facilitate the insertion and/or use of the articulating joint **210**.

[0133] Although the concave recess **250** is illustrated as having a generally smooth, uninterrupted articular surface, it should be understood that a surface depression or cavity may

be defined along a portion of the recess **250** to aid in clearing out matter, such as particulate debris, that is disposed between the abutting articular surfaces of articular components **212**, **214**. In such case, the convex articular surface of the ball **224** may alternatively define a generally smooth, uninterrupted articular surface. In another embodiment, each of the convex projection **224** and the concave recess **250** may define a surface depression to facilitate removal of particulate matter disposed between the abutting articular surfaces.

[0134] A flange member or keel **260**, configured similar to the keel **230** of articular component **212**, extends from the bearing surface **244**. In one embodiment, the keel **260** extends perpendicularly from the bearing surface **244** and is approximately centrally located along bearing surface **244**. However, it should be understood that other positions and orientations of the keel **260** are also contemplated. It should also be understood that the articular component **214** may include two or more keels **260** extending from the bearing surface **244**.

[0135] In one embodiment, the keel **260** extends along substantially the entire length of the support plate **240**. Such an embodiment would accommodate insertion of the prosthetic joint **210** using an anterior approach. In a further embodiment, the keel **260** may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel **260** may be configured as a winged keel, including a transverse portion (not shown) extending across the main body portion of keel **260**.

[0136] The keel **260** also includes a pair of openings **262** extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebra. However, it should be understood that any number of openings **262** may be defined through keel **260**, including a single opening or three or more openings. It should also be understood that the openings **262** need not necessarily extend entirely through the keel **260**, but may alternatively extend partially therethrough. It should further be understood that the keel **260** need not necessarily define any openings **262** extending either partially or entirely therethrough. Additionally, although the openings **262** are illustrated as having a circular configuration, it should be understood that other sizes and configurations of openings **262** are also contemplated. As discussed above, the surfaces of the articular component **214** that are in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance. Specifically, the bearing surface **244** and the surfaces of the keel **260** can be coated with hydroxyapatite to promote bony engagement with the adjacent vertebrae. As also discussed above, the bearing surface **244** and the surfaces of keel **260** can be roughened prior to application of the hydroxyapatite coating.

[0137] In some embodiments, one or both of the keels **230**, **260** may include a sharp forward edge, illustrated by edge **260a** of FIG. 14. By having such an edge, insertion of the keel into the associated vertebral body is facilitated. Also, the edge **260a** can be of sufficient sharpness that the vertebral body does not require a slot for receiving the keel **260**, discussed in greater detail below.

[0138] To work with dislocated vertebrae, such as vertebrae VI-V5 of FIG. 1 associated with spondylolisthesis, it



is recognized that the task of fully correcting and aligning a spondylosed segment may not be achievable or desirable by the surgeon. Therefore, the basic articulation described in co-pending and presently incorporated U.S. Ser. No. 10/042,589 now has an associated displacement to correspond to the vertebrae displacement. That is, for the amount of displacement between two adjacent spondylosed vertebrae, the articulation of the prosthetic joint **210** is made to correspond thereto. In some embodiments, such displacement can be effected by positioning one or more of the projection **224** in an offset position on the articular surface **218** of the articular component **212**, and positioning one or more of the recess **250** in an offset position on the articular surface **242** of the articular component **214**. This allows an uncorrected or partially corrected displacement to be mobilized.

[0139] More particularly, and referring to **FIGS. 14 and 17**, the projection **224** is offset relative to the articular surface **218**. For example, when the lower vertebra ( $V_L$  of **FIG. 17**) is offset in the posterior direction (illustrated by arrow P in **FIG. 17**), the articular component **212** may be configured such that the projection **224** is offset in the anterior direction relative to the articular surface **218**. Continuing this example, the upper vertebra  $V_U$  is therefore offset from the lower vertebra  $V_L$  in the anterior direction (illustrated by arrow A in **FIG. 17**), and thus, the articular component **214** may be configured such that the recess **250** is offset in the posterior direction relative to the articular surface **242**. In this manner, the articular components **212**, **214** can be configured to engage one another via the projection **224** and the recess **250**, yet be offset from one another to accommodate the spondylosed relationship of the upper and lower vertebrae  $V_U$ ,  $V_L$  of **FIG. 17**.

[0140] Referring now to **FIG. 16**, in another embodiment, the articulating joint **210** may be modified such that the support plate **216** includes an extended section **270** to accommodate a more pronounced displacement relative to **FIG. 17** (illustrated by arrow **272**) and/or provide additional stability against subluxation. The projection **224** may be positioned on the extended section **270** to provide for the more pronounced displacement between articular components **212**, **214**.

[0141] Referring to **FIGS. 2 and 17**, to accommodate insertion of the prosthetic joint **210** within the intervertebral space S, the upper and lower vertebrae  $V_U$ ,  $V_L$  can be prepared to accept the prosthetic joint **210** therebetween. Specifically, elongate openings or slots **280**, **282** are formed along the vertebral endplates of the upper and lower vertebrae  $V_U$ ,  $V_L$ , respectively, at a predetermined width and to a predetermined depth. In one embodiment, the elongate slots **280**, **282** are rectangular-shaped and extend from an anterior side **284** of the vertebrae  $V_U$ ,  $V_L$  toward a posterior side. In a specific embodiment, the slots **280**, **282** are formed by chiseling or curetting. However, other methods of forming the slots **280**, **282** are also contemplated as would occur to one of ordinary skill in the art, such as, for example, by drilling or reaming. Furthermore, for some embodiments of the prosthetic joint **210**, the keels **230** and/or **260** can form their own corresponding slots **280**, **282**, respectively. The preparation and example sizes of the slots **280**, **282** are described in further detail in co-pending and presently incorporated U.S. Ser. No. 10/042,589.

[0142] Referring now to **FIGS. 18-20**, in other embodiments, one or both of the articular components **212**, **214** may

include different numbers of keels and/or modified keels. Referring specifically to **FIG. 18**, two keels, designated **290** and **292**, extend from the bearing surface **244** and are configured for disposition within preformed openings in the adjacent vertebral endplate. In one embodiment, both keels **290**, **292** extend perpendicularly from the bearing surface **244** and are parallel and equally spaced along a central portion of the bearing surface **244**.

[0143] Referring specifically to **FIG. 19**, two keels, designated **294** and **296**, extend from the bearing surface **224** and are configured for disposition within preformed openings in the adjacent vertebral endplate. In one embodiment, both keels **294**, **296** extend perpendicularly from the bearing surface **224** and are parallel and equally spaced along a central portion of the bearing surface **224**. It should be understood that other positions and orientations of the keels **290**, **292**, **294**, and **296** are also contemplated.

[0144] Referring specifically to **FIG. 20**, a keel **298** extends from the bearing surface **244** similar to the keel **260** of **FIG. 14**, except that the keel **298** includes a laterally-extending or "winged" portion **300** opposing the bearing surface **244**. The winged portion **300** can provide several functions, including maintaining the bearing surface **244** tightly against the body  $V_U$ , and substantially preventing any longitudinal movement of the articular component **214**. Similarly, a keel **302** extends from the bearing surface **224** and includes a winged portion **304** opposing the bearing surface **224**. The winged portion **304** can provide several functions, including maintaining the bearing surface **224** tightly against the body  $V_L$ , and substantially preventing any longitudinal movement of the articular component **212**.

[0145] Referring to **FIGS. 21-23**, to accommodate insertion of the above-described alternative prosthetic joints **210** within the intervertebral space S, the upper and lower vertebrae  $V_U$ ,  $V_L$  can be prepared to accept each of the articulating joints **210** therebetween. Referring specifically to **FIG. 21**, for the configuration of the prosthetic joint **210** of **FIG. 18**, multiple slots **310** and **312** are formed along the vertebral endplate of the upper vertebrae  $V_U$ , and a single slot **314** is formed along the vertebral endplate of the lower vertebrae  $V_L$ . Referring specifically to **FIG. 22**, for the configuration of the prosthetic joint **210** of **FIG. 19**, multiple slots **316**, **318** and **320**, **322** are formed along the vertebral endplates of the upper vertebrae  $V_U$ , and lower vertebrae  $V_L$ , respectively. Referring specifically to **FIG. 23**, for the configuration of the prosthetic joint **210** of **FIG. 20**, winged slots **324**, **326** are formed along the vertebral endplates of the upper vertebrae  $V_U$  and the lower vertebrae  $V_L$ , respectively. The preparation of the slots **310**, **312**, **314**, **316**, **318**, **320**, **322**, **324**, **326** can be accomplished in a similar manner to those discussed above with respect to **FIG. 17**. For the winged slots **324**, **326**, a standard chisel can be used, or alternatively, a unique wing-shaped chisel can be used.

[0146] Referring to **FIG. 24**, in addition to the prosthetic joint **210**, a woven orthopedic implant **330** can be used to act as an artificial ligament between the two vertebrae  $V_U$ ,  $V_L$ . One embodiment of the woven implant **330** is disclosed in U.S. Ser. No. 10/082,579, which is incorporated by reference. The implant **330** functions as a natural ligament would function, and helps to stabilize and further secure the two vertebrae  $V_U$ ,  $V_L$  together, and helps to discourage further displacement (or prevent the displacement from returning to the way it was pre-surgery).

[0147] Referring to FIGS. 25 and 26, it is contemplated that a pars fracture, such as is illustrated by a fracture in a bony element 332 that connects a posterior element, such as an articular process 334 to the vertebra  $V_L$ , may also be treated during correction of spondylolisthesis from the anterior approach. It is understood that the fractured bony element 332 is exaggerated in the FIG. 25 for the sake of improved clarity. The pars fracture can be repaired by driving a lag screw 336 having a threaded portion 336a and a non-threaded portion 336b into an opening 338 in the vertebral body  $V_L$ , through the bony element 332, and into the articular process 334. In some embodiments, all or part of the opening 338 can be pre-drilled with a drill or chisel (not shown). The lag screw 336 is inserted and accessed through the anterior direction, and multiple screws can be used to repair multiple processes. By capturing the fractured posterior element and tightening the lag screw 336, the vertebrae  $V_L$  is repaired.

### [0148] III. Transforaminal Prosthetic Joint

[0149] In some instances, it is often difficult to approach and clear 4 defective intervertebral disc space due to potential damage to important anatomical structures such as nerve roots, dura, ligamentum flavum and interspinous ligament. For example, preservation of the ligamentous structures is of great importance to restore biomechanical stability of the segment and its adjacent counterparts. In these situations, a transforaminal approach may allow clearance of the entire intervertebral disc space by opening the neuroforamen on one side. After appropriate clearance, it is possible to achieve further enlargement of the cleared intervertebral compartment by posterior trans-pedicle distraction. While this approach has been used for fusion techniques, such as Transforaminal Lumbar Interbody Fusion, or TLIF, it has not heretofore been used with motion preserving implants.

[0150] Referring to FIG. 27, in a transforaminal approach, the disc V is approached as shown by the arrow 400. The approach is between a posterior approach and a lateral approach, and in some cases, only one side of the disc needs to be exposed (right or left) in order to perform the procedure.

[0151] Referring to FIGS. 28-30, shown therein is an intervertebral articulating prosthetic joint 410 according to another form of the present disclosure. The articulating joint 410 extends generally along a longitudinal axis L and includes a first articular component 412 and a second articular component 414. The articular components 412, 414 cooperate to form the articulating joint 410 which is sized and configured for disposition within an intervertebral space between adjacent vertebral bodies.

[0152] The prosthetic joint 410 provides relative pivotal and rotational movement between the adjacent vertebral bodies to maintain or restore motion substantially similar to the normal bio-mechanical motion provided by a natural intervertebral disc. More specifically, the articular components 412, 414 are permitted to pivot relative to one another about a number of axes, including lateral or side-to-side pivotal movement about longitudinal axis L and anterior-posterior pivotal movement about a transverse axis T. It should be understood that in one embodiment, the articular components 412, 414 are permitted to pivot relative to one another about any axes that lies in a plane that intersects longitudinal axis L and transverse axis T. Additionally, the

articular components 412, 414 are preferably permitted to rotate relative to one another about a rotational axis R. Although the articulating joint 410 has been illustrated and described as providing a specific combination of articulating motion, it should be understood that other combinations of articulating movement are also possible and are contemplated as falling within the scope of the present disclosure. It should also be understood that other types of articulating movement are also contemplated, such as, for example, relative translational or linear motion.

[0153] Although the articular components 412, 414 of prosthetic joint 410 may be formed from a wide variety of materials, in one embodiment, the articular components 412, 414 are formed of a cobalt-chrome-molybdenum metallic alloy (ASTM F-799 or F-75). However, in alternative embodiments, the articular components 412, 414 may be formed of other materials such as titanium or stainless steel, a polymeric material such as polyethylene, or any other biocompatible material that would be apparent to one of ordinary skill in the art.

[0154] The surfaces of the articular components 412, 414 that are positioned in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance, such as, for example, a hydroxyapatite coating formed of calcium phosphate. Additionally, the surface of the articular components 412, 414 that are positioned in direct contact with vertebral bone are preferably roughened prior to being coated with the bone-growth promoting substance to further enhance bone on-growth. Such surface roughening may be accomplished by way of, for example, acid etching, knurling, application of a bead coating, or other methods of roughening that would occur to one of ordinary skill in the art.

[0155] Articular component 412 includes a support plate 416 having an articular surface 418 and an opposite bearing surface 420. Support plate 416 may be sized and shaped to substantially correspond to the size and shape of the vertebral endplate of an adjacent vertebra. In one embodiment, the support plate 416 is shaped to facilitate a transforaminal insertion approach. As such, the support plate 416 includes curved side portions 422a, 422b, which are defined as the generally elongated portions of the support plate 416 extending between articular surface 418 and the bearing surface 420. Although not shown, the support plate 416 can include one or more notches or other types of indicia for receiving and engaging with a corresponding portion of a surgical instrument (also not shown) to aid in the manipulation and insertion of the prosthetic joint 410 within an intervertebral space between adjacent vertebrae. The surgical instrument (not shown) is preferably configured to hold the articular components 412, 414 at a predetermined orientation and spatial relationship relative to one another during manipulation and insertion of the prosthetic joint 410, and to release the articular components 412, 414 once properly positioned between the adjacent vertebrae.

[0156] In one embodiment, the articular surface 418 includes a projection 424 having a convex shape, which may be configured as a spherical-shaped ball (half of which is shown). It should be understood that other configurations of the projection 424 are also contemplated, such as, for example, cylindrical, elliptical or other arcuate configurations or possibly non-arcuate configurations. It should also

be understood that the remaining portion of articular surface **418** may take on planar or non-planar configurations, such as, for example, an angular or conical configuration extending about the projection **424**.

[0157] A flange member or keel **426** extends from the bearing surface **410** and is configured for disposition within a preformed opening in the adjacent vertebral endplate. In one embodiment, the keel **426** extends perpendicularly from the bearing surface **420** and is approximately centrally located along the bearing surface **420**. However, it should be understood that other positions and orientations of the keel **426** are also contemplated.

[0158] In one embodiment, the keel **426** transversely extends along a substantial portion of the support plate **416**. The keel **426** is curved, generally in a direction similar to the arrow **400** of FIG. 27. The degree of curvature of the keel **426** may be substantially similar to and congruous with the degree of curvature of the side portions **422a**, **422b**. Such an embodiment would accommodate insertion of the prosthetic joint **410** using a transforaminal approach as opposed to the anterior or lateral approaches discussed above. In a further embodiment, the keel **426** may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel **426** may be configured as a winged keel, including a transverse portion (not shown) extending across the main body portion of keel **426**.

[0159] The keel **426** also includes three openings **428** extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebra. However, it should be understood that any number of openings **428** may be defined through keel **426**, including a single opening or three or more openings. It should also be understood that the openings **428** need not necessarily extend entirely through the keel **426**, but may alternatively extend partially there-through. It should further be understood that the keel **426** need not necessarily define any openings **428** extending either partially or entirely therethrough. Additionally, although the openings **428** are illustrated as having a circular configuration, it should be understood that other sizes and configurations of openings **428** are also contemplated. As discussed above, the surfaces of the articular component **412** that are in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance. Specifically, the bearing surface **420** and the surfaces of the keel **426** can be coated with hydroxyapatite to promote bony engagement with the adjacent vertebrae. As also discussed above, the bearing surface **420** and the surfaces of keel **426** can be roughened prior to application of the hydroxyapatite coating.

[0160] In one embodiment, the articular component **414** includes a support plate **430** having an articular surface **432** and an opposite bearing surface **434**. Support plate **430** may be sized and shaped to substantially correspond to the size and shape of the vertebral endplate of an adjacent vertebra. In one embodiment, the support plate **430** is shaped to facilitate a transforaminal insertion approach. As such, the support plate **416** includes curved side portions **436a**, **436b**, which are defined as the generally elongated portions of the support plate **430** extending between articular surface **432** and the bearing surface **434**. Although not shown, the support plate **430** can include one or more notches or other

types of indicia for receiving and engaging with a corresponding portion of a surgical instrument, such as discussed above with reference to articular element **412**.

[0161] In one embodiment, the articular surface **432** includes a recess **440** having a concave shape, which may be configured as a spherical-shaped socket. However, it should be understood that other configurations of the recess **440** are also contemplated, such as, for example, cylindrical, elliptical or other arcuate configurations or possibly non-arcuate configurations. The remaining portion of the articular surface **432** can be angled or otherwise configured to facilitate the insertion and/or use of the prosthesis.

[0162] Although the concave recess **440** is illustrated as having a generally smooth, uninterrupted articular surface, it should be understood that a surface depression or cavity may be defined along a portion of the recess **440** to provide a means for clearing out matter, such as particulate debris, that is disposed between the abutting articular surfaces of components **412**, **414**. In such case, the convex articular surface of the ball **424** may alternatively define a generally smooth, uninterrupted articular surface. In another embodiment, each of the convex projection **424** and the concave recess **440** may define a surface depression to facilitate removal of particulate matter disposed between the abutting articular surfaces.

[0163] A flange member or keel **450**, configured similar to the keel **426** of articular component **412**, extends from the bearing surface **434**. In one embodiment, the keel **450** can be centrally located, and is positioned directly or parallel in-line with the keel **450**. The keel **450** is curved, in a direction similar to the keel **426** and the arrow **400** of FIG. 27. The degree of curvature of the keel **450** may be substantially similar to and congruous with the degree of curvature of the side portions **436a**, **436b**. Such an embodiment would accommodate insertion of the prosthetic joint **410** using a transforaminal approach as opposed to the anterior or lateral approaches discussed above. In some embodiments, the position of the keel **450** can be offset to help circumvent veins, arteries, bony portions, or other obstacles that may be in place during the insertion of the joint **410**.

[0164] It should also be understood that the keel **450** may also be differently positioned, shaped or oriented, or more keels **450** can be used, for similar or additional reasons. Also, the keel **450** may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel **450** may be configured as a winged keel, including a transverse portion (not shown) extending across the main body portion of keel **450**.

[0165] In one embodiment, the keel **450** also includes three openings **452** extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebra. However, it should be understood that any number of openings **452** may be defined through keel **450**, including a single opening or three or more openings. It should also be understood that the openings **452** need not necessarily extend entirely through the keel **450**, but may alternatively extend partially therethrough. It should further be understood that the keel **450** need not necessarily define any openings **452** extending either partially or entirely there-through. Additionally, although the openings **452** are illustrated as having a circular configuration, it should be under-

stood that other sizes and configurations of openings **452** are also contemplated. As discussed above, the surfaces of the articular component **414** that are in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance. Specifically, the bearing surface **434** and the surfaces of the keel **450** can be coated with hydroxyapatite to promote bony engagement with the adjacent vertebrae. As also discussed above, the bearing surface **434** and the surfaces of keel **450** can be roughened prior to application of the hydroxyapatite coating.

[0166] In some embodiments, one or both of the keels **426**, **450** may include a sharp forward edge, illustrated by edges **460**, **462**, respectively, of FIG. 28c. By having such an edge, insertion of the keel into the associated vertebral body is facilitated. Also, the edges **460**, **462** can be of sufficient sharpness that the vertebral bodies do not require a slot for receiving the keels **426**, **450**, discussed in greater detail below.

[0167] Referring to FIGS. 31a and 31b, to accommodate insertion of the prosthetic joint **410** within the intervertebral space, the upper and lower vertebrae  $V_U$ ,  $V_L$  can be prepared to accept the prosthetic joint **410** therebetween. Referring specifically to FIG. 31a, for the configuration of the prosthetic joint **410** of FIGS. 28-30, multiple slots **470**, **472** are formed along the vertebral endplates of the upper vertebrae  $V_U$  and the lower vertebrae  $V_L$ . The slots **470**, **472** can be created by the keels **426**, **450** themselves, or can be prepared beforehand.

[0168] Referring also to FIG. 32, it may be desirable to prepare one or more of the slots **470**, **472** before the prosthetic joint **410** is inserted between the upper and lower vertebrae  $V_U$ ,  $V_L$ . The slots **470**, **472** can be curved, as illustrated by the slot **472**, in accordance with the curved keels **426**, **450**, to facilitate the movement of the prosthetic joint **410** during insertion.

[0169] Referring to FIGS. 33-35, as an alternative to chiseling, which provides only for the cutting of straight slots, a milling guide **500** may be used in conjunction with a milling tool **502** to cut the curved slots **470**, **472** (represented by **472** in FIG. 32) in the upper and lower vertebral bone  $V_U$ ,  $V_L$ . The milling guide **500** and milling tool **502** may be formed of any material including biocompatible materials such as titanium. The milling guide **500** includes an elongated curved member **503**, which defines a curved opening **504** to correspond to the shape of the desired curve for the slots **470**, **472**. Of course, the degree of curvature of the milling guide **500**, and therefore the curved opening **504**, may vary depending on the desired curve of the slots **470**, **472**. In one embodiment, the milling guide **500** is formed of a pliable material that retains a rigid shape upon reforming such that the degree of curvature of the curved opening **504** may be altered without having to swap out milling guides. The milling guide **500**, and therefore the curved opening **504**, is also of sufficient length so that if the slots **470**, **472** need to be continued through any posterior elements of the vertebrae, such extension of the slots can be accomplished at the same time.

[0170] Referring specifically to FIGS. 34a and 34b, in one embodiment, the milling tool **502** includes a milling bit **510** that is positioned to be rotated and translated in the curved opening **504**. In one embodiment, the milling bit **510** is a double fluted routing bit, that may extend simultaneously into the upper and lower vertebrae  $V_U$ ,  $V_L$ .

[0171] The milling bit **510** is also adapted to receive a translational force such that the milling bit can be moved back and forth in the curved opening **504**. Referring to FIG. 34b, in one embodiment, a milling bit handle **530** is connected in any conventional manner to a housing **522** (a portion of which is shown). The handle **530** extends from the housing **522** and through a slot **532** formed in a proximal end **534** of the milling guide **500** relative to a surgeon (not depicted). As such, the handle **530** can be translated by a surgeon, thereby translating the milling bit **510** through the curved opening **504**. In this manner, the handle **530** is adapted to impart translational movement to the milling bit **510**. To accommodate movement of the milling bit **510** within the curved opening **504**, a pair of bearing assemblies **512**, **514** may be positioned adjacent to the housing **522** to guide the milling bit **510** along the curved opening.

[0172] The housing **522** houses a rotation assembly, which, in one embodiment, is a gear assembly **524**. The gear assembly **524** includes a drive gear **526** connected to and extending annularly around a rotatable shaft **528**. The shaft **528** is rotatable via an external source represented by power supply **516** (FIG. 35). In one embodiment, the shaft **528** is housed within the handle **530**.

[0173] The gear assembly **524** further includes a bit gear **531**, which is connected to and extends annularly around the milling bit **510**. The bit gear **531** is positioned on the milling bit **510** such that the bit gear is orthogonal relative to and in contact with the drive gear **526**. Thus, rotation of the shaft **528** imparts rotation to the milling bit **510** via the gear assembly **524**. A pair of annular shoulders **535**, **536** are also connected to the milling bit **510** such that the milling bit can easily move back and forth through the curved opening **504** without slippage in the upper or lower directions as viewed in FIG. 34b. It is understood that the gear assembly **524** is merely exemplary of an assembly that may be used to impart rotational motion to the milling bit **510**. Other types of rotation-imparting assemblies are contemplated as falling within the present disclosure such as pneumatic-type systems.

[0174] Referring to FIG. 34c, in one such embodiment, a pneumatic system **538** may be employed to impart rotation to the milling bit **510**. In one embodiment, a Medtronic Midas Rex® Legend™ motor is used to supply power (represented by P) to the pneumatic system. A conventional valve **539** is used to control the air flow and pressure supplied to rotate the milling bit **510**. In still other embodiments, manual or combination power supplies are contemplated as being the preferred power supply **516** (FIG. 34b) and P (FIG. 34c).

[0175] Referring again to FIGS. 34a and 34b, a guide handle **540** is further provided such that the milling guide **500** is independently movable relative to the milling bit **510**. Thus in one embodiment, the milling guide **500** can be held via the guide handle **540** with one hand while the milling bit **510** may be moved within the curved opening **504** via the handle **530** with the other hand. In some embodiments, the handle **530** may extend through the guide handle **540** as shown in FIG. 34b. As a result, and referring to FIG. 35, the milling bit **510** is adapted to rotate in a direction indicated by arrow R1, and is adapted to be translated through the curved opening **504** in the directions indicated by arrow R2.

[0176] In operation, the milling guide **500** and the milling tool **502** can be used to cut a slot, such as the slot **472**, to

prepare the vertebral body  $V_L$  to receive the lower portion of the prosthetic joint **410**. The surgeon first selects the desired amount of curvature to impart to the slot **472** and selects or configures the corresponding milling guide **500**. The surgeon then approaches the vertebral body  $V_L$  from the transforaminal approach to position the milling guide **500** into the disc space between the upper and lower vertebrae  $V_U$ ,  $V_L$  and to abut the milling bit **510** against the upper and lower vertebrae  $V_U$ ,  $V_L$ . Upon proper positioning, the surgeon may then actuate the milling tool **502** via the power supply **516** to begin cutting into the upper and lower vertebrae  $V_U$ ,  $V_L$  with the milling bit **510**.

[0177] The milling guide **500** may be held by the surgeon or via an external instrument such that the milling guide is stationary during translational movement of the milling bit **510** through the milling guide. The curvature of the milling guide **500** guides the milling bit **510** transforaminally through the upper and lower vertebrae  $V_U$ ,  $V_L$  to cut a transforaminal slot, such as the slot **472** depicted in the lower vertebra  $V_L$  FIG. 32, to prepare the upper and lower vertebrae to receive the transforaminal prosthetic joint **410**.

[0178] In an alternative embodiment, the keels of the prosthetic joint **410** may take alternative shapes and configurations to assist in the curved, transforaminal approach used in inserting the joint. Referring to FIGS. 36-38, the keels, designated **550** and **560**, extend from the bearing surfaces **434** and **420**, respectively. The keels **550**, **560** are relatively short and thus extend along a short portion of the bearing surfaces **434**, **420**, respectively, in comparison to the keels **450**, **426** of FIGS. 28-30. The relative shortness of the keels **550**, **560** may aid such keels in following the openings **470**, **472**, respectively. In addition, the shortness of the keels **550**, **560** and the ease with which such keels follow the openings **470**, **472**, respectively, allows the keels to be configured as either straight or curved keels, which increases the design options of the prosthetic joint **410**. The keels **550**, **560** may also be tapered to assist in insertion of the keels into the upper and lower vertebrae  $V_U$ ,  $V_L$ .

#### [0179] IV. Anterior-Oblique Prosthetic Joint

[0180] Another approach that can be used to avoid potential damage to important anatomical structures such as nerve roots, dura, ligamentum flavum and interspinous ligament is the anterior oblique approach. For example, the straight anterior approach to the disc space between vertebra **L4** and **L5**, as well as the superior disc levels, can present high surgical risks during the insertion of a total disc replacement implant because of the attachment of the major vessels to the anterior aspect of the spine.

[0181] Referring to FIGS. 39-41, shown therein is an intervertebral articulating prosthetic joint **600** according to another form of the present disclosure. The prosthetic joint **600** extends generally along a longitudinal axis **L** and includes a first articular component **602** and a second articular component **604**. The articular components **602**, **604** cooperate to form the prosthetic joint **600** which is sized and configured for disposition within an intervertebral space between adjacent vertebral bodies.

[0182] The prosthetic joint **600** provides relative pivotal and rotational movement between the adjacent vertebral bodies to maintain or restore motion substantially similar to the normal bio-mechanical motion provided by a natural

intervertebral disc. More specifically, the articular components **602**, **604** are permitted to pivot relative to one another about a number of axes, including lateral or side-to-side pivotal movement about longitudinal axis **L** and anterior-posterior pivotal movement about a transverse axis **T**. It should be understood that in a preferred embodiment, the articular components **602**, **604** are permitted to pivot relative to one another about any axes that lies in a plane that intersects longitudinal axis **L** and transverse axis **T**. Additionally, the articular components **602**, **604** may be permitted to rotate relative to one another about a rotational axis **R**. Although the articulating joint **600** has been illustrated and described as providing a specific combination of articulating motion, it should be understood that other combinations of articulating movement are also possible and are contemplated as falling within the scope of the present disclosure. It should also be understood that other types of articulating movement are also contemplated, such as, for example, relative translational or linear motion.

[0183] Although the articular components **602**, **604** of prosthetic joint **600** may be formed from a wide variety of materials, in one embodiment, the articular components **602**, **604** are formed of a cobalt-chrome-molybdenum metallic alloy (ASTM F-799 or F-75). However, in alternative embodiments of the invention, the articular components **602**, **604** may be formed of other materials such as titanium or stainless steel, a polymeric material such as polyethylene, or any other biocompatible material that would be apparent to one of ordinary skill in the art. The surfaces of the articular components **602**, **604** that are positioned in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance, such as, for example, a hydroxyapatite coating formed of calcium phosphate. Additionally, the surface of the articular components **602**, **604** that are positioned in direct contact with vertebral bone are preferably roughened prior to being coated with the bone-growth promoting substance to further enhance bone on-growth. Such surface roughening may be accomplished by way of, for example, acid etching, knurling, application of a bead coating, or other methods of roughening that would occur to one of ordinary skill in the art.

[0184] Articular component **602** includes a support plate **610** having an articular surface **612** and an opposite bearing surface **614**. Support plate **610** may be sized and shaped to substantially correspond to the size and shape of the vertebral endplate of an adjacent vertebra. In one embodiment, the support plate **610** is shaped in a triangular-like configuration to facilitate an oblique insertion approach from either the left or right side of the spine, and as such, includes side portions **P1**, **P2** and **P3**. The side portions **P1**, **P2** and **P3** may take a variety of configurations including curved (illustrated by **P2**) or straight (illustrated by **P1** and **P3**) configurations.

[0185] The support plate **610** can include one or more notches **616** or other types of indicia for receiving and engaging with a corresponding portion of a surgical instrument (also not shown) to aid in the manipulation and insertion of the prosthetic joint **600** within an intervertebral space between adjacent vertebrae. The surgical instrument (not shown) is preferably configured to hold the articular components **602**, **604** at a predetermined orientation and spatial relationship relative to one another during manipulation and insertion of the prosthetic joint **600**, and to release

the articular components **602**, **604** once properly positioned between the adjacent vertebrae.

[0186] In one embodiment, the articular surface **612** includes a projection **620** having a convex shape, which may be configured as a spherical-shaped ball (half of which is shown). It should be understood that other configurations of the projection **620** are also contemplated, such as, for example, cylindrical, elliptical or other arcuate configurations or possibly non-arcuate configurations. It should also be understood that the remaining portion of articular surface **612** may take on planar or non-planar configurations, such as, for example, an angular or conical configuration extending about the projection **620**.

[0187] A flange member or keel **640** extends from the bearing surface **614** and is configured for disposition within a preformed opening in the adjacent vertebral endplate. In one embodiment, the keel **640** extends perpendicularly from the bearing surface **614** and is approximately centrally located along the bearing surface **614**. However, it should be understood that other positions and orientations of the keel **640** are also contemplated. Furthermore, more keels **640** can be used, for similar or additional reasons.

[0188] In one embodiment, the keel **640** extends along a substantial portion of the support plate **610**. The keel **640** is straight, but extends along a direction towards the notches **616** and is parallel with one of the side portions **P1** of the support plate **610**. In the present example, the keel **640** is positioned between the transverse axis **T** and lateral axis **L**. Such an embodiment accommodates insertion of the prosthetic joint **600** using an oblique approach as opposed to the anterior, lateral, or transforaminal approaches discussed above. In a further embodiment, the keel **640** may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel **640** may be configured as a winged keel, including a transverse portion (not shown) extending across the main body portion of keel **640**.

[0189] The keel **640** also includes a pair of openings **646** extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebra. Additionally, a gap **648** may also be formed in the keel **640** to further facilitate bone through-growth. The gap **648** also provides a reference point such that an X-ray can be used to evaluate the positioning and alignment of the support plate **602** during insertion of the prosthetic joint **600**. It should be understood that any number of openings **646** or gaps **648** may be defined through keel **640**, including a single opening or gap or several openings and gaps. It should also be understood that the openings **646** and gap **648** need not necessarily extend entirely through the keel **640**, but may alternatively extend partially therethrough. It should further be understood that the keel **640** need not necessarily define any openings **646** or gaps **648** extending either partially or entirely therethrough. Additionally, although the openings **646** are illustrated as having a circular configuration, it should be understood that other sizes and configurations of openings **646** are also contemplated. As discussed above, the surfaces of the articular component **602** that are in direct contact with vertebral bone may be coated with a bone-growth promoting substance. Specifically, the bearing surface **614** and the surfaces of the keel **640** can be coated with hydroxyapatite to promote bony engagement with the adjacent vertebrae. As

also discussed above, the bearing surface **614** and the surfaces of keel **640** can be roughened prior to application of the hydroxyapatite coating.

[0190] In one embodiment, the articular component **604** includes a support plate **650** having an articular surface **652** and an opposite bearing surface **654**. Support plate **650** may be sized and shaped to substantially correspond to the size and shape of the vertebral endplate of an adjacent vertebra. In one embodiment, the support plate **610** is shaped in a triangular-like configuration to facilitate an oblique insertion approach from either the left or right side of the spine, and as such, includes side portions **P4**, **P5** and **P6**. The side portions **P4**, **P5** and **P6** may take a variety of configurations including curved (illustrated by **P5**) or straight (illustrated by **P4** and **P6**) configurations. The support plate **650** can include one or more notches **656** or other types of indicia for receiving and engaging with a corresponding portion of a surgical instrument, such as discussed above with reference to articular component **602**.

[0191] In one embodiment, the articular surface **652** includes a recess **660** having a convex shape, which may be configured as a spherical-shaped socket. However, it should be understood that other configurations of the recess **660** are also contemplated, such as, for example, cylindrical, elliptical or other arcuate configurations or possibly non-arcuate configurations. The remaining portion of the articular surface **652** can be angled or otherwise configured to facilitate the insertion and/or use of the prosthesis.

[0192] Although the concave recess **660** is illustrated as having a generally smooth, uninterrupted articular surface, it should be understood that a surface depression or cavity may be defined along a portion of the recess **660** to provide a means for clearing out matter, such as particulate debris, that is disposed between the abutting articular surfaces of components **602**, **604**. In such case, the convex articular surface of the ball **620** may alternatively define a generally smooth, uninterrupted articular surface. In another embodiment of the invention, each of the convex projection **620** and the concave recess **660** may define a surface depression to facilitate removal of particulate matter disposed between the abutting articular surfaces.

[0193] A flange member or keel **670**, configured similar to the keel **640** of articular component **602**, extends from the bearing surface **654**. In one embodiment, the keel **670** can be centrally located, and is positioned directly or parallel in-line with the keel **640**. The keel **640** is straight, but extends along a direction towards the notches **656** and is parallel with one of the side portions **P4** of the support plate **650**. Such an embodiment accommodates insertion of the prosthetic joint **600** using an oblique approach as opposed to the anterior, lateral, or transforaminal approaches discussed above. In some embodiments, the position of the keel **670** can be offset to help circumvent veins, arteries, bony portions, or other obstacles that may be in place during the insertion of the joint **600**.

[0194] It should be further understood that other positions, shapes, orientations, and quantities of the keel **670** are also contemplated. It should also be understood that more keels **670** can be used, for similar or additional reasons. Also, the keel **670** may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel **670** may be configured as a

winged keel, including a transverse portion (not shown) extending across the main body portion of keel 670.

[0195] In one embodiment, the keel 670 also includes a pair of openings 676 extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebra. Additionally, a gap 678 may also be formed in the keel 670 to further facilitate bone through-growth. The gap 678 also provides a reference point such that an X-ray can be used to evaluate the positioning and alignment of the support plate 604 during insertion of the prosthetic joint 600. It should be understood that any number of openings 676 or gaps 678 may be defined through keel 670, including a single opening or gap or several openings or gaps. It should also be understood that the openings 676 and gap 678 need not necessarily extend entirely through the keel 670, but may alternatively extend partially therethrough. It should further be understood that the keel 670 need not necessarily define any openings 676 or gaps 678 extending either partially or entirely therethrough; Additionally, although the openings 676 are illustrated as having a circular configuration, it should be understood that other sizes and configurations of openings 676 are also contemplated. As discussed above, the surfaces of the articular component 602 that are in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance. Specifically, the bearing surface 654 and the surfaces of the keel 670 can be coated with hydroxyapatite to promote bony engagement with the adjacent vertebrae. As also discussed above, the bearing surface 654 and the surfaces of keel 670 can be roughened prior to application of the hydroxyapatite coating.

[0196] In some embodiments, one or both of the keels 640, 670 may include a sharp forward edge, illustrated by edges 680, 682. By having such an edge, insertion of the keels 640, 670 into the associated vertebral body is facilitated. Also, the edges 680, 682 can be of sufficient sharpness that the vertebral body does not require a slot for receiving the keel 640, 670, discussed in greater detail below.

[0197] Referring to FIGS. 42-44a, to accommodate insertion of the prosthetic joint 600 within the intervertebral space, the upper and lower vertebrae  $V_U$ ,  $V_L$  can be prepared to accept the prosthetic joint 600 therebetween. Referring specifically to FIG. 43, for the configuration of the prosthetic joint 600 of FIGS. 38-40, multiple slots 690, 692 are formed along the vertebral endplates of the lower vertebrae  $V_L$  and the upper vertebrae  $V_U$ , respectively. The slots 690, 692 can be created by the keels 640, 670 themselves, or can be prepared beforehand by one or more of the methods discussed above. It can be seen from FIGS. 42-44, that if one or more vessels 694 are obstructing a straight anterior approach, the oblique approach will allow for an anterior/lateral insertion. The implant 600 design also ensures a sufficient contact surface for contacting the bony endplates of the vertebrae  $V_U$ ,  $V_L$ .

[0198] Referring to FIG. 44b, in one embodiment, the prosthetic joint 600 can be inserted into the intervertebral space via instrumentation such as the 4-in-1 guide as disclosed in co-pending application U.S. Ser. No. 10/430,473, which is herein incorporated by reference. In one example of an insertion process for inserting the prosthetic joint 600, the midline M of the vertebrae  $V_U$ ,  $V_L$  is located using imaging equipment and a pin 695 is inserted into the upper vertebra  $V_U$  along the midline. An oblique guide member 696 is then

connected to the pin 695 via a flange 697 and a handle (not shown) associated with the oblique guide member 696 is then adjusted to a proper position. An oblique pin 698 of the oblique guide member 696 is then impacted into the upper vertebra  $V_U$  to fix the oblique guide member, thereby indicating the entering reference point and the direction of implant insertion for the prosthetic joint 600. The 4-in-1 guide (not shown) can then be used to implant the prosthetic joint 600 into the intervertebral space from an anterior-oblique approach, the details of which are more fully discussed in co-pending application U.S. Ser. No. 10/430,473.

#### [0199] V. Mobile-Bearing Prosthetic Joint

[0200] In another embodiment, the above-described prosthetic joints can be modified to provide for translational movement as well as rotational movement. For example, referring to FIGS. 45-47, a mobile-bearing prosthetic joint for anterior insertion is generally referred to by reference numeral 700. It is understood that the mobile-bearing prosthetic joint 700 is described with respect to anterior insertion for the sake of clarity only, and therefore, a variety of insertion directions are contemplated for the mobile-bearing prosthetic joint.

[0201] The prosthetic joint 700 extends generally along a longitudinal axis L and includes a first articular component 702 and a second articular component 704. The articular components 702, 704 cooperate to form the prosthetic joint 700 which is sized and configured for disposition within an intervertebral space between a pair of vertebral bodies, such as an intervertebral space S1 between adjacent vertebral bodies  $V_S$ ,  $V_I$  (FIG. 48).

[0202] The prosthetic joint 700 provides relative pivotal and rotational movement between the adjacent vertebral bodies  $V_S$ ,  $V_I$  to maintain or restore motion substantially similar to the normal bio-mechanical motion provided by a natural intervertebral disc but with the added element of translational motion. More specifically, the articular components 702, 704 are permitted to pivot relative to one another about a number of axes, including lateral or side-to-side pivotal movement about a longitudinal axis L and anterior-posterior pivotal movement about a transverse axis T. It should be understood that in one embodiment, the articular components 702, 704 are permitted to pivot relative to one another about any axes that lies in a plane that intersects longitudinal axis L and transverse axis T. Additionally, the articular components 702, 704 are permitted to rotate relative to one another about a rotational axis R. In addition, the articular components 702, 704 are permitted to translate relative to one another as will be further described.

[0203] Although the articular components 702, 704 of prosthetic joint 700 may be formed from a wide variety of materials, in one embodiment, the articular components 702, 704 are formed of a cobalt-chrome-molybdenum metallic alloy (ASTM F-799 or F-75). However, in alternative embodiments, the articular components 702, 704 may be formed of other materials such as titanium or stainless steel, a polymeric material such as polyethylene, or any other biocompatible material that would be apparent to one of ordinary skill in the art. The surfaces of the articular components 702, 704 that are positioned in direct contact with vertebral bone may be coated with a bone-growth promoting substance, such as, for example, a hydroxyapatite coating formed of calcium phosphate. Additionally, the surface of

the articular components **702**, **704** that are positioned in direct contact with vertebral bone may be roughened prior to being coated with the bone-growth promoting substance to further enhance bone on-growth. Such surface roughening may be accomplished by way of, for example, acid etching, knurling, application of a bead coating, or other methods of roughening that would occur to one of ordinary skill in the art.

[0204] Articular component **702** includes a support plate **706** having an articular surface **708** and an opposite bearing surface **710**. Support plate **706** may be sized and shaped to substantially correspond to the size and shape of the vertebral endplate of an adjacent vertebra. The support plate **706** can include one or more notches **712** or other types of indicia for receiving and engaging with a corresponding portion of a surgical instrument (not shown) to aid in the manipulation and insertion of the articulating joint **700** within an inter-vertebral space between adjacent vertebrae. The surgical instrument (not shown) is preferably configured to hold the articular components **702**, **704** at a predetermined orientation and spatial relationship relative to one another during manipulation and insertion of the articulating joint **700**, and to release the articular components **702**, **704** once properly positioned between the adjacent vertebrae.

[0205] In one embodiment, and referring to FIGS. 49a and 49b, a recess **714** is formed in the articular surface **708**. A circumferential edge **716** defining the recess **714** along the articular surface **708** is in a concentric relationship with a recess surface **718**, yet has a smaller diameter relative to the recess surface due to a diverging circular side **720** (FIG. 48b) of the recess **714**. Although described with reference to having a circular shape, it is understood that the recess **714** may take any number of shapes such as square, triangular, or rectangular shapes.

[0206] Referring to FIGS. 50a and 50b, the recess **714** (FIG. 49b) is designed to receive a portion of a modular projection member **722**. The projection member **722** includes a flange portion **724**, which is shaped to correspond to the shape of the recess **714**. As such, the flange portion **724** includes a diverging circumferential side **726**, which terminates at a substantially planar engagement surface **728**. The engagement surface **728** is adapted to engage the substantially planar recess surface **718** (FIG. 49b). It is understood, however, that although depicted as being substantially planar, the engagement surface **728** and the recess surface **718** may take any number of corresponding shapes. The diameter of the engagement surface **728** is smaller than the diameter of the recess surface **718**, thereby allowing translation of the modular projection member **722** relative to the articular component **702**.

[0207] The remaining portion of the modular projection member **722** is defined by a projection **730** having a convex shape, which may be configured as a spherical-shaped ball (half of which is shown). It should be understood that other configurations of the projection **730** are also contemplated, such as, for example, cylindrical, elliptical or other arcuate configurations or possibly non-arcuate configurations. It should also be understood that the remaining portion of articular surface **708** may take on planar or non-planar configurations, such as, for example, an angular or conical configuration extending about the projection **224**.

[0208] In one embodiment, the convex articular surface of the projection **730** is interrupted by a surface depression or

cavity **732** extending along the projection **730**. In one embodiment, the surface depression **732** is configured as a groove. However, it should be understood that other types of surface depressions are also contemplated, including no depression at all. One purpose of the groove **732** is to facilitate the removal of matter disposed between abutting portions of the articular components **702**, **704**. More specifically, the groove **732** may aid in clearing out matter such as, for example, particulate material, that is disposed between the abutting articular surfaces of components **702**, **704**.

[0209] Referring to FIGS. 45 and 49b, a flange member or keel **740** extends from the bearing surface **710** and is configured for disposition within a preformed opening in the adjacent vertebral endplate (such as  $V_1$  in FIG. 47). In one embodiment, the keel **740** extends perpendicularly from the bearing surface **710** and is approximately centrally located along the bearing surface **710**. However, it should be understood that other positions and orientations of the keel **740** are also contemplated.

[0210] In one embodiment, the keel **740** extends along substantially the entire length of the support plate **706**. Such an embodiment would accommodate insertion of the articulating joint **700** using an anterior approach. However, as discussed above, other approaches such as lateral, transforaminal, and anterior-oblique approaches are also contemplated for insertion of the prosthetic joint **700**. In a further embodiment, the keel **740** may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel **740** may be configured as a winged keel, including a transverse portion (not shown) extending across the main body portion of keel **740**.

[0211] The keel **740** also includes a pair of openings **742** extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebra. However, it should be understood that any number of openings **742** may be defined through keel **740**, including a single opening or three or more openings. It should also be understood that the openings **742** need not necessarily extend entirely through the keel **740**, but may alternatively extend partially there-through. It should further be understood that the keel **740** need not necessarily define any openings **742** extending either partially or entirely therethrough. Additionally, although the openings **742** are illustrated as having a circular configuration, it should be understood that other sizes and configurations of the openings **742** are also contemplated. As discussed above, the surfaces of the articular component **702** that are in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance. Specifically, the bearing surface **710** and the surfaces of the keel **740** can be coated with hydroxyapatite to promote bony engagement with the adjacent vertebrae. As also discussed above, the bearing surface **710** and the surfaces of keel **740** can be roughened prior to application of the hydroxyapatite coating.

[0212] Referring to FIGS. 45-47, in one embodiment, the articular component **704** includes a support plate **750** having an articular surface **752** and an opposite bearing surface **754**. Support plate **750** may be sized and shaped to substantially correspond to the size and shape of the vertebral endplate of an adjacent vertebra. The support plate **750** can include one



or more notches **756** or other types of indicia for receiving and engaging with a corresponding portion of a surgical instrument, such as discussed above with reference to articular component **702**.

[0213] In one embodiment, the articular surface **752** includes a recess **758** (FIG. 47), which has a convex shape, such as that of a spherical-shaped socket. However, it should be understood that other configurations of the recess **758** are also contemplated, such as, for example, cylindrical, elliptical or other arcuate configurations or possibly non-arcuate configurations. The remaining portion of the articular surface **752** can be angled or otherwise configured to facilitate the insertion and/or use of the articulating joint **700**.

[0214] Although the concave recess **758** is illustrated as having a generally smooth, uninterrupted articular surface, it should be understood that a surface depression or cavity may be defined along a portion of the recess **758** to aid in clearing out matter, such as particulate debris, that is disposed between the abutting articular surfaces of articular components **702**, **704**. In such case, the convex articular surface of the projection **730** may alternatively define a generally smooth, uninterrupted articular surface. In another embodiment, each of the convex projection **730** and the concave recess **758** may define a surface depression to facilitate removal of particulate matter disposed between the abutting articular surfaces.

[0215] A flange member or keel **760**, configured similar to the keel **740** of articular component **702**, extends from the bearing surface **754**. In one embodiment, the keel **760** extends perpendicularly from the bearing surface **754** and is approximately centrally located along bearing surface **754**. However, it should be understood that other positions and orientations of the keel **760** are also contemplated. It should also be understood that the articular component **704** may include two or more keels **760** extending from the bearing surface **754**.

[0216] In one embodiment, the keel **760** extends along substantially the entire length of the support plate **750**. Such an embodiment would accommodate insertion of the prosthetic joint **700** using an anterior approach. However, as discussed above, other approaches such as lateral, transforaminal, and anterior-oblique approaches are also contemplated for insertion of the prosthetic joint **700**. In a further embodiment, the keel **760** may be angled, tapered, or configured in some other shape to facilitate the functional demands of the keel. In still another embodiment, the keel **760** may be configured as a winged keel, including a transverse portion (not shown) extending across the main body portion of keel **760**.

[0217] The keel **760** also includes a pair of openings **762** extending therethrough to facilitate bone through-growth to enhance fixation to the adjacent vertebra. However, it should be understood that any number of openings **762** may be defined through keel **760**, including a single opening or three or more openings. It should also be understood that the openings **762** need not necessarily extend entirely through the keel **760**, but may alternatively extend partially therethrough. It should further be understood that the keel **760** need not necessarily define any openings **762** extending either partially or entirely therethrough. Additionally, although the openings **762** are illustrated as having a circular configuration, it should be understood that other sizes and

configurations of openings **762** are also contemplated. As discussed above, the surfaces of the articular component **704** that are in direct contact with vertebral bone are preferably coated with a bone-growth promoting substance. Specifically, the bearing surface **754** and the surfaces of the keel **760** can be coated with hydroxyapatite to promote bony engagement with the adjacent vertebrae. As also discussed above, the bearing surface **754** and the surfaces of keel **760** can be roughened prior to application of the hydroxyapatite coating.

[0218] In some embodiments, one or both of the keels **740**, **760** may include a sharp forward edge, illustrated by edge **760a** of FIGS. 45 and 46. By having such an edge, insertion of the keel **740**, **760** into the associated vertebral body is facilitated. Also, the edge **760a** can be of sufficient sharpness that the vertebral body does not require a slot for receiving the keel **760**, discussed in greater detail below.

[0219] Referring to FIG. 45, the mobile-bearing prosthetic joint **700** is assembled by inserting the modular projection **722** member into the recess **714** formed in the articular surface **708** of articular component **702**. Upon assembly, the prosthetic joint **700** is ready to be inserted into the disc space **S1** between adjacent vertebral bodies  $V_S$ ,  $V_I$  (FIG. 48).

[0220] Referring to FIG. 48, to accommodate insertion of the prosthetic joint **700** within the intervertebral space **S1**, the adjacent vertebral bodies  $V_S$ ,  $V_I$  can be prepared to accept the prosthetic joint **700** therebetween. For the configuration of the prosthetic joint **700** of FIGS. 45-47, slots **770**, **772** are formed along the vertebral endplates of the vertebrae  $V_S$  and the vertebrae  $V_I$ , respectively. The slots **770**, **772** can be created by the keels **740**, **760** themselves, or can be prepared beforehand by one or more of the methods discussed above.

[0221] Upon insertion into the disc space **S1**, the prosthetic joint **700** allows translational movement of the articular component **704** relative to the articular component **702** due to the engagement of the modular projection **722** with the concave recess **758** of articular component **704**. For example, in FIG. 51, the modular projection member **722** is shown in a posterior position (which would result in movement of the articular component **704** in the posterior direction **P**), while in FIG. 52, the modular projection member **722** is shown in an anterior position (which would result in movement of the articular component **704** in the anterior direction **A**). FIGS. 51 and 52 are of course only exemplary of the translational movement allowed by the implementation of modular projection member **722** and the corresponding recess **714**, and thus, the amount of translational movement of the modular projection member **722**, and therefore the articular component **704**, relative to the articular component **702** can vary, including in directions other than **P** and **A**.

[0222] Furthermore, the positioning of the modular projection member **722** within the recess **714** of the articular component **702** allows the modular projection to spin relative to the articular component **702**. Thus, in such an embodiment, the modular projection member **722** adds the benefit of being able to impart rotation to the articular component **704** (via the engagement with the recess **758**) independent of translational movement imparted to the articular component **704**. Such independent relationship

between translational and rotational movement adds to the amount of mobility experienced at the prosthetic joint **700** relative to prosthetic joints for which translational movement is dependent upon rotational movement and vice versa.

[0223] The present disclosure has been described relative to several preferred embodiments. Improvements or modifications that become apparent to persons of ordinary skill in the art after reading this disclosure are deemed within the spirit and scope of the application. For example, the articulating components of the above-described articulating joints may be reversed without departing from certain aspects of the disclosure. Accordingly, it is understood that several modifications, changes and substitutions are intended in the foregoing disclosure and, in some instances, some features of the disclosure will be employed without a corresponding use of other features. It is also understood that all spatial references, such as “longitudinal” and “transverse,” are for illustrative purposes only and can be varied within the scope of the disclosure. Accordingly, it is appropriate that the appended claims be construed broadly and in a manner consistent with the scope of the disclosure.

What is claimed is:

1. A system for simultaneously removing portions of proximate endplates of adjacent vertebral bodies, the system comprising:

a guide member defining an extended opening extending therein, the guide member being configured to fit in a disc space between the two vertebral bodies;

a bit member positioned within the opening of the guide member, the bit member including a superior cutting portion for cutting the end plate of a superior vertebral body, and an inferior cutting portion for cutting the end plate of an inferior vertebral body;

a rotatable element operatively connected to the bit member to impart rotational movement to the superior and inferior cutting portions, and operatively connected to the guide member for moving the bit member along at least a portion of the extended opening.

2. An instrument for cutting a path in bone, comprising a non-linear guide member defining a non-linear opening extending therein, and a bit member positioned within the opening of the guide member, the bit member being adapted to move within the opening of the guide member to cut a path in bone.

3. The instrument of claim 2 wherein the bit member comprises at least one bearing assembly disposed adjacent to the guide member to accommodate positioning of the bit member within the opening of the guide member.

4. The instrument of claim 2 further comprising at least one rotatable element to accommodate rotational movement of the bit member within the opening of the guide member.

5. The instrument of claim 4 wherein the rotatable element is a gear assembly.

6. The instrument of claim 2 wherein the bit member extends from a first vertebra to an adjacent second vertebra.

7. The instrument of claim 4 further comprising a power source operatively connected to the rotatable element of the bit member for imparting rotational movement to the bit member.

8. The instrument of claim 7 further comprising a conduit extending from the guide member for housing a shaft associated with the power source and the rotatable element.

9. The instrument of claim 8 wherein the conduit is operatively connected to the bit member and is adapted to impart translational movement to the bit member.

10. The instrument of claim 2 wherein the non-linear guide member provides a relatively smooth curvature and a degree of curvature of the curved guide member corresponds to a predetermined cutting path.

11. The instrument of claim 10 wherein the predetermined cutting path accommodates a transforaminal approach for cutting vertebral bone.

12. The instrument of claim 2 wherein non-linear guide member provides a relatively smooth curvature and a degree of curvature of the guide member is variable.

13. The instrument of claim 8 further comprising a handle connected to the guide member.

14. The instrument of claim 13 wherein the handle is disposed concentrically about the conduit.

15. An instrument for cutting a path in bone, comprising a curved guide member defining a curved opening extending therein, a bit member positioned within the opening of the guide member, a rotatable element operatively connected to the bit member to impart rotational movement to the bit member, a handle operatively connected to the bit member to impart translational movement to the bit member, wherein the bit member is adapted to cut a curved path into bone via rotational movement in and translational movement through the guide member.

16. The instrument of claim 15 wherein the curved path cut into bone corresponds to a transforaminal approach to the bone.

17. The instrument of claim 15 further comprising at least one bearing assembly to accommodate positioning of the bit member within the curved opening of the guide member.

18. The instrument of claim 15 wherein the degree of curvature of the guide member is variable to correspond to a predetermined cutting path.

19. A method for cutting a curved path into bone, comprising providing an instrument having a curved guide member, the curved guide member defining a curved opening therein, positioning a bit member within the opening of the guide member, actuating the instrument to impart rotational movement to the bit member, engaging the bit member with bone, and imparting a translational force to the bit member to cut a curved path in bone.

20. The method of claim 19 wherein the curved cutting path is variable.

21. The method of claim 18 wherein actuating the instrument imparts rotational movement to the bit member via a gear assembly.

22. The method of claim 18 wherein actuating the instrument imparts rotational movement to the bit member via a pneumatic system.