

(19) World Intellectual Property Organization  
International Bureau



(43) International Publication Date  
21 December 2007 (21.12.2007)

PCT

(10) International Publication Number  
**WO 2007/144467 A1**

(51) International Patent Classification:

*C12Q 1/68* (2006.01) *G01N 33/49* (2006.01)  
*G01N 33/92* (2006.01) *G06F 19/00* (2006.01)

(21) International Application Number:

PCT/FI2007/050344

(22) International Filing Date: 12 June 2007 (12.06.2007)

(25) Filing Language: English

(26) Publication Language: English

(30) Priority Data:

60/812,602 12 June 2006 (12.06.2006) US  
60/872,495 4 December 2006 (04.12.2006) US

(71) Applicant (for all designated States except US): **ZORA BIOSCIENCES OY** [FI/FI]; Biologinkuja 1, FI-02150 Espoo (FI).

(72) Inventors; and

(75) Inventors/Applicants (for US only): **LAAKSONEN, Reijo** [FI/FI]; Himminpolku 11, FI-37500 Lampäälä (FI). **Oresic, Matej** [SI/FI]; Kuunsirppi 2 B 74, FI-02210 Espoo (FI). **LEHTIMÄKI, Terho** [FI/FI]; Marjatanankatu 16, FI-33580 Tampere (FI). **PÄIVÄ, Hannu** [FI/FI]; Kynsilaukankatu 17, FI-33710 Tampere (FI).

(74) Agent: **KOLSTER OY AB**; Iso Roobertinkatu 23, P.O. Box 148, FIN-00121 Helsinki (FI).

(81) Designated States (unless otherwise indicated, for every kind of national protection available): AE, AG, AL, AM, AT, AU, AZ, BA, BB, BG, BH, BR, BW, BY, BZ, CA, CH, CN, CO, CR, CU, CZ, DE, DK, DM, DO, DZ, EC, EE, EG, ES, FI, GB, GD, GE, GH, GM, GT, HN, HR, HU, ID, IL, IN, IS, JP, KE, KG, KM, KN, KP, KR, KZ, LA, LC, LK, LR, LS, LT, LU, LY, MA, MD, ME, MG, MK, MN, MW, MX, MY, MZ, NA, NG, NI, NO, NZ, OM, PG, PH, PL, PT, RO, RS, RU, SC, SD, SE, SG, SK, SL, SM, SV, SY, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UZ, VC, VN, ZA, ZM, ZW.

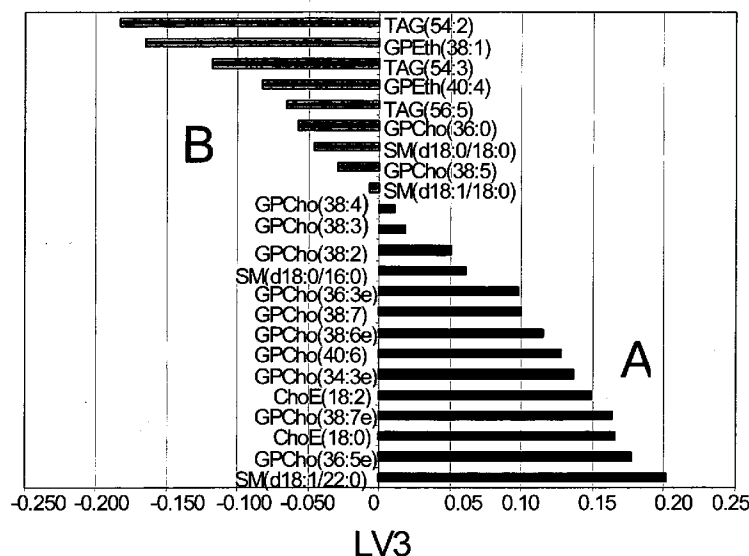
(84) Designated States (unless otherwise indicated, for every kind of regional protection available): ARIPO (BW, GH, GM, KE, LS, MW, MZ, NA, SD, SL, SZ, TZ, UG, ZM, ZW), Eurasian (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European (AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI, FR, GB, GR, HU, IE, IS, IT, LT, LU, LV, MC, MT, NL, PL, PT, RO, SE, SI, SK, TR), OAPI (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, ML, MR, NE, SN, TD, TG).

Published:

— with international search report

[Continued on next page]

(54) Title: DIAGNOSTIC METHOD FOR MYOPATHY



(57) Abstract: This invention provides a diagnostic method for determining statin induced myopathy. The method is especially applicable for determining warnings, early signs and also symptomatic myopathy. The method includes collecting a lipidomic profile from a biological sample such as blood or serum and comparing the obtained lipidomic profile to reference lipidomic markers. The reference lipidomic markers have been established by combining a pro-inflammatory muscle tissue gene expression profile with a lipidomic profile associated with high dosage statin treatment. This invention also relates to a kit for performing a method for determining statin induced myopathy.

WO 2007/144467 A1



- 
- *before the expiration of the time limit for amending the claims and to be republished in the event of receipt of amendments*
- For two-letter codes and other abbreviations, refer to the "Guidance Notes on Codes and Abbreviations" appearing at the beginning of each regular issue of the PCT Gazette.*

## Diagnostic method for myopathy

### Field of the invention

This invention relates to a diagnostic method for determining statin induced myopathy. The method is especially applicable for determining warn-  
5 ings, early signs and also symptomatic myopathy. The method includes collecting and comparing lipid biomarker patterns to reference lipidomic markers. The method also includes chemometric modelling and statistical analysis of the biomarker patterns. This invention further relates to a kit for performing a diagnostic method for determining statin induced myopathy.

### 10 Background of the invention

High levels of blood cholesterol is one of the major risk factors leading to atherosclerosis and cardiovascular diseases. Elevated cholesterol levels can be clinically lowered with 3-hydroxy-3-methylglutaryl-coenzyme A reductase inhibitors, collectively called statins. Statins have been showed in large  
15 clinical trial to effectively lower cholesterol blood levels. A vast amount of different statins exists today. High cholesterol values are very common in Europe and in USA and the use of statins to lower cholesterol values is increasing drastically. In EU-countries statin use increased from 1997 to 2002 by 30% on average.

20 Recent clinical data show that statin therapy is associated with adverse effects. The most prevalent and important adverse effect associated with statin therapy is myopathy. Myopathy is a collective term for various muscle related problems, such as muscle pain (myalgia), weakness and cramps (Paul D. Thompson et al, Am J Cardiol 2006, 97 [suppl]: 69C-76C). The exact mechanism for statin induced myopathy is still unclear. A recent study showed that  
25 clinically acceptable doses of atorvastatin and simvastatin resulted in lowered levels of plasma ubiquinone. Ubiquinone is a coenzyme that is involved in mitochondrial electron transport and is therefor involved in tissue energy metabolism. Statins such as atorvastatin and simvastatin clearly have an effect on  
30 skeletal muscle (Päivä et al, Clin Pharmacol Ther 2005; 78:60-8).

Metabolomics is a discipline dedicated to the systematic study of small molecules (*i.e.*, metabolites) in cells, tissues, and biofluids. Metabolites are the end products of cellular regulatory processes, and their levels can be regarded as the amplified response of biological systems to genetic or environmental changes. Clinicians have relied for decades on a small part of the  
35

information contained in the metabolome, for example measuring glucose to monitor diabetes and measuring cholesterol for cardiovascular health. New sophisticated metabolomic analytical platforms and informatic tools have already been developed that afford extended and sensitive measurement of the  
5 metabolome.

Lipids are known to play an important role as structural components (e.g., cell membranes), energy storage components, and as signalling molecules. Lipids are broadly defined as hydrophobic or amphipathic small molecules that may originate entirely or in part by carbanion based condensation of  
10 thioesters, and/or by carbocation based condensation of isoprene units. Lipidomics can be considered as a sub-field of metabolomics which aims to elucidate the biological processes in the context of lipids by measuring and characterizing the extended lipid profiles at the molecular level (lipidomic profiles). Traditional clinical lipid measures quantify total amounts of triglycerides, cholesterol, or lipoproteins. However, serum lipid profile is more complex at the  
15 molecular level. Current lipidomics platforms enable quantitative characterization of 100s of diverse lipid molecular species across multiple lipid classes such as sphingolipids, phospholipids, sterol esters, acylglycerols, sterols, bile acids, fatty acids, eicosanoids, and steroids.

Myopathy is today mainly diagnosed from the symptoms of the patient. Elevated creatine kinase (CK) levels can be used for testing patients with muscle symptoms. However, CK levels can be elevated due to other reasons such as exercise, and is not a reliable biomarker for statin induced myopathy. At the moment there is no diagnostic method or clinical test for diagnosing asymptomatic myopathy. Furthermore it is impossible to estimate the risk of a patient to develop myopathy when undergoing statin therapy. The present invention discloses a diagnostic method for determining the risk and early signs of  
20 statin induced myopathy.

### Summary of the invention

30 This invention discloses a method for determining statin induced myopathy comprising the steps:

- a) providing a biological sample from an individual prior to or during statin treatment,
- b) collecting a lipidomic profile from said biological sample,
- 35 c) comparing said collected lipidomic profile to reference lipidomic markers, wherein said reference lipidomic markers have been established by

combining a pro-inflammatory gene expression profile with a lipidomic profile connected to high dosage statin treatment.

The method is especially useful for determining the risk or early warning signs of statin induced myopathy. The method is also useful for determining statin induced myopathy in individuals showing clinical symptoms of myopathy.

Another aspect of the invention is to provide a kit for determining statin induced myopathy.

### Brief description of the figures

Figure 1 denotes partial least squares discriminant analysis (PLS/DA) of serum lipidomics data. Results after 8 week treatment from placebo (N=11), atorvastatin (N=14) (**A**), and simvastatin (N=12) (**B**) groups, with 132 identified lipid species included in analysis as variables. For each molecular species and each subject, its level after the 8 week treatment period was scaled by subtracting its median level across all subjects prior to treatment and divided by corresponding standard deviation. Four latent variables were used in the model ( $Q^2=0.46$ ). The labels are patient ID numbers. The lines outlining different groups are shown as a guide. The scores for Latent Variables (LV) 1 and 3 reveal serum lipid changes specific to the statin treatment (LV1) as well as statin-specific changes (LV3).

Figure 2 denotes loadings on LV3 for most important lipids in simvastatin (**B**) or atorvastatin (**A**) groups selected by VIP analysis from figure 1. Only lipids for which at least one of the two groups has VIP value greater than 2 are shown.

Figure 3 denotes PLS/DA analysis on combined muscle gene expression and serum lipid data. Results after intervention for the subjects from placebo (N=5), atorvastatin (N=6) (**A**), and simvastatin (N=6) (**B**) groups. Total 38 genes from four enriched pathways and 132 lipids were included in the analysis as variables. Data was autoscaled prior to multivariate analysis. Three latent variables were used in the model ( $Q^2=0.50$ ). The labels are patient ID numbers. The PLS/DA score plot reveals treatment-specific differences between the treatments are observed in molecular profiles after intervention.

### Detailed description of the invention

The objective of the present invention is to provide an early stage biomarker for statin induced myopathy. The early stage biomarker can be used

for determining a risk of developing myopathy as a result of cholesterol lowering treatment with statins before any symptoms of actual myopathy occurs. The biomarker can also be used for early warning signs of statin induced myopathy. The cholesterol lowering medication can be adjusted when early  
5 sign of myopathy is detected. Further the biomarkers can be used to determine statin induced myopathy, when clinical symptoms of myopathy already occurs. The inventors have now surprisingly found that lipidomic biomarkers can be used as biomarkers for statin induced myopathy.

The present invention provides a method for determining the risk  
10 and early warning signs for a patient to develop statin induced myopathy. The method is based on comparison of the established lipid profile from an individual to a reference lipidomic markers. The reference lipidomic markers are created by combining gene expression analysis data with serum lipidomics data. Gene expression profiles associated with high dose statin treatment have been  
15 detected by whole genome microarray analysis of muscle biopsies. The information from the microarray analysis and lipidomics analyses are combined and statistically modified to provide lipidomic markers useful for statin induced myopathy.

This invention discloses a method for determining myopathy. The  
20 method is useful for determining early signs of myopathy prior to any clinically observable signs occur. The benefits of the current method is that the statin treatment can be adjusted or stopped before any physical myopathy symptoms occur.

Another aspect of the current invention is to provide a method for  
25 determining statin induced myopathy in individuals already suffering from clinical myopathy symptoms. The method according to the current invention can be used as a biochemical diagnostic method for myopathy in patients already experiencing muscle pains and other symptoms of myopathy. The method can be used as a verification diagnostic method besides other clinical diagnosis of  
30 myopathy. Creatine kinase (CK) levels are usually measured in patients suspected of suffering from myopathy. The disclosed method can be used in parallel with CK level measurements. CK levels are not reliable biomarkers for myopathy since CK levels can be high because of e.g. small muscle injuries after exercise and physical activity. The current inventions provides more reliable  
35 biomarkers for statin induced myopathy than CK levels.

The current invention provides a method for determining statin induced myopathy comprising the steps:

a) providing a biological sample from an individual prior to or during statin treatment,

5 b) collecting a lipidomic profile from said biological sample,

c) comparing said collected lipid profile to reference lipidomic markers, wherein said reference lipidomic markers have been established by combining a pro-inflammatory gene expression profile with a lipidomic profile connected to high dosage statin treatment.

10 The difference between the collected lipidomic profile and the reference lipidomic markers indicates or is associated with statin induced myopathy. The difference between the collected lipidomic profile and the reference lipidomic markers can also be used for determining a risk of or susceptibility for developing statin induced myopathy.

15 The method according to the current invention can be used for determining a risk to develop statin induced myopathy as a result of statin treatment.

Further the method according to the current invention can be used for determining early warning signs of statin induced myopathy. The early  
20 warning signs can be determined before actual symptoms of myopathy occurs in the individual.

Still further the method according to the current invention can be used for determining statin induced myopathy in individuals already showing signs of myopathy. The current method can be a biochemical verification of  
25 clinically diagnosed myopathy.

The biological sample can be whole blood, serum, plasma sample or a tissue sample. Taking a blood sample of a patient is a part of normal clinical practice. The blood sample can be taken in connection with e.g. measuring the cholesterol levels in the patients. The collected blood sample can be prepared and serum or plasma can be separated with techniques well known for a  
30 person skilled in the art.

Collecting a lipidomic profile from said biological sample can be performed with various chemical and high resolution analytical techniques. Suitable analytical techniques include but are not limited to mass spectrometry and  
35 nuclear resonance spectroscopy. Any high resolution technique capable of re-

solving individual lipids or lipid classes and provide structural information of the same can be used to collect the lipid profile from the biological sample.

Collecting the lipidomic profile with mass spectrometry (MS) is one embodiment of the current invention. The MS instrument can be coupled to a  
5 high performance separation method such as HPLC or UPLC.

The analytical technique used for collecting the lipid profile should be able to quantify or measure either the exact amount or at least a relative amount of the individual lipids or lipid classes. The amount of the individual lipids or lipid classes in the collected lipidomic profile is used when comparing the  
10 collected lipid profile to the reference lipidomic biomarkers.

The reference lipidomic biomarkers can be established from the same individual receiving the statin treatment or it can be from a generalised population. If the same individual is used to create the reference lipidomic marker, then a sample is collected from the individual prior to statin treatment.  
15 The reference lipidomic marker is then created from that first lipid profile of that individual. This lipidomic marker is used as a base-line or starting point. A series of lipidomic profiles can be collected during statin treatment. These lipidomic profiles are then compared with the reference lipidomic marker that was created prior to statin treatment.

20 The reference lipidomic markers can also be created from a generalized population. If a generalized population is used then several lipid profiles from a population are combined and the lipidomic marker is created from this combination.

Preferably, the reference lipidomic markers are one or more lipid(s)  
25 selected from the lipids presented in table 1, more preferable in table 2.

The reference lipidomic marker is created by combining gene expression data with lipidomics analysis as described below. The levels or amounts of the individual lipids or lipid classes are compared to the levels or amounts of the individual lipids or lipid classes in the reference lipidomic bio-  
30 markers for determining statin induced myopathy.



Table 1

1	GPCho(0:0/16:0)	28	GPCho(O-34:3)	55	GPCho(O-38:7)	82	GPSe(36:0)	109	TG(51:3)
2	GPCho(16:0/0:0)	29	GPCho(36:0)	56	GPCho(40:4)	83	ChoE(18:0)	110	TG(52:0)
3	GPCho(O-16:2)	30	GPCho(36:1)	57	GPCho(O-40:4)	84	ChoE(18:1)	111	TG(52:1)
4	GPCho(0:0/18:0)	31	GPCho(36:1)	58	GPCho(40:6)	85	ChoE(18:2)	112	TG(52:1)
5	GPCho(18:0/0:0)	32	GPCho(36:2)	59	GPCho(40:7)	86	ChoE(20:4)	113	TG(52:2)
6	GPCho(0:0/18:1)	33	GPCho(O-36:2)	60	SM(d18:0/16:0)	87	ChoE(20:5)	114	TG(52:2)
7	GPCho(18:1/0:0)	34	GPCho(36:3)	61	SM(d18:0/18:0)	88	TG(46:0)	115	TG(52:3)
8	GPCho(0:0/18:2)	35	GPCho(O-36:3)	62	SM(d18:0/24:0)	89	TG(46:1)	116	TG(52:4)
9	GPCho(18:2/0:0)	36	GPCho(O-36:3)	63	SM(d18:1/16:0)	90	TG(46:2)	117	TG(52:5)
10	GPCho(18:3/0:0)	37	GPCho(36:4)	64	SM(d18:1/16:1)	91	TG(48:0)	118	TG(54:2)
11	GPCho(0:0/20:3)	38	GPCho(36:4)	65	SM(d18:1/18:0)	92	TG(48:0)	119	TG(54:2)
12	GPCho(20:3/0:0)	39	GPCho(O-36:4)	66	SM(d18:1/18:3)	93	TG(48:1)	120	TG(54:3)
13	GPCho(20:4/0:0)	40	GPCho(36:5)	67	SM(d18:1/20:0)	94	TG(48:1)	121	TG(54:3)
14	GPCho(20:4/0:0)	41	GPCho(36:5)	68	SM(d18:1/22:0)	95	TG(48:2)	122	TG(54:4)
15	GPCho(22:6/0:0)	42	GPCho(O-36:5)	69	SM(d18:1/22:1)	96	TG(48:3)	123	TG(54:4)
16	Cer(d18:1/22:0)	43	GPCho(38:2)	70	SM(d18:1/24:0)	97	TG(49:1)	124	TG(54:5)
17	DG(36:2)	44	GPCho(38:3)	71	SM(d18:1/24:1)	98	TG(50:0)	125	TG(54:6)
18	DG(44:12)	45	GPCho(38:4)	72	GPEtn(36:1)	99	TG(50:0)	126	TG(56:5)
19	GPCho(32:0)	46	GPCho(38:4)	73	GPEtn(36:2)	100	TG(50:1)	127	TG(56:5)
20	GPCho(O-32:0)	47	GPCho(38:4)	74	GPEtn(38:1)	101	TG(50:1)	128	TG(56:6)
21	GPCho(32:1)	48	GPCho(O-38:4)	75	GPEtn(O-38:1)	102	TG(50:2)	129	TG(56:7)
22	GPCho(O-32:1)	49	GPCho(38:5)	76	GPEtn(38:2)	103	TG(50:2)	130	TG(56:8)
23	GPCho(34:1)	50	GPCho(O-38:5)	77	GPEtn(38:4)	104	TG(50:2)	131	TG(56:9)
24	GPCho(O-34:1)	51	GPCho(38:6)	78	GPEtn(O-38:5)	105	TG(50:3)	132	TG(58:8)
25	GPCho(34:2)	52	GPCho(38:6)	79	GPEtn(O-38:6)	106	TG(50:4)		
26	GPCho(O-34:2)	53	GPCho(O-38:6)	80	GPEtn(40:4)	107	TG(51:1)		
27	GPCho(34:3)	54	GPCho(38:7)	81	GPEtn(42:6)	108	TG(51:2)		

GPCho = phosphatidylcholine Cer = ceramide DG = diacylglycerol SM = sphingomyelin

GPEtn = phosphatidylethanolamine ChoE = cholesterol ester TG = triacylglycerol

In order to understand the pathways associated with statin response in muscle, we performed whole genome microarray analysis in muscle biopsies. The biopsy samples were taken from three groups of individuals. The groups were individuals receiving only placebo, individuals receiving atorvastatin treatment and individuals receiving simvastatin treatment. Microarray experiments were performed in individuals who did not have any observed side effects such as muscle pain or creatine kinase elevations as a result of statin treatment.

**Table 2**

1	GPCho(34:3)	13	SM(d18:0/16:0)
2	GPCho(36:0)	14	SM(d18:0/18:0)
3	GPCho(36:3)	15	SM(d18:1/18:0)
4	GPCho(38:2)	16	SM(d18:1/22:0)
5	GPCho(38:3)	17	GPEtn(38:1)
6	GPCho(38:4)	18	GPEtn(40:4)
7	GPCho(38:5)	19	ChoE(18:0)
8	GPCho(O-38:5)	20	ChoE(18:2)
9	GPCho(38:6)	21	TG(54:2)
10	GPCho(38:7)	22	TG(54:3)
11	GPCho(O-38:7)	23	TG(56:5)
12	GPCho(40:6)		

GPCho = phosphatidylcholine

SM = sphingomyelin

GPEtn = phosphatidylethanolamine

ChoE = cholesterol ester

TG = triacylglycerol

10

First a single-gene analysis was performed to reveal affected genes in muscle by statin treatment. Only modest changes were recorded in the atorvastatin group as expression of five genes was observed to change significantly during the intervention. In the simvastatin group expression of genes changed significantly. Based on a hierarchical cluster analysis 20 genes were selected for further RT-PCR control in order to identify a gene expression based fingerprint for statin effect on human skeletal muscle.

As the recorded differences in single gene expressions in general were rather modest, we performed a gene set enrichment analysis (GSEA) to illuminate affected metabolic pathways that may not have appeared in the single gene analyses. In the GSEA no pathways appeared to be affected significantly in the atorvastatin or placebo group according to the criteria (FDR<0.25). Interestingly, in the simvastatin group 143 pathways were re-

20

corded to be up-regulated ( $\text{FDR} < 0.25$ ) during high dose simvastatin treatment. Due to the large number of affected pathways we limited our systematic analyses to the most affected pathways ( $\text{FDR} < 0.10$ ).

In order to investigate how the high dose statin treatment affects the plasma lipid profiles and whether the metabolism changes found in skeletal muscle are reflected in the plasma lipidome, we applied the lipidomics analysis. Samples subjects, prior and after the intervention from placebo, simvastatin, and atorvastatin groups were analyzed. Following the data processing, total 132 lipid molecular species were identified and included in the data analysis.

Partial Least Squares Discriminant Analysis (PLS/DA) revealed drug-specific changes in lipid profiles (Figure 1). The differences along the first latent variable (LV1), associated with changes due to statin treatment common to the two drugs, are expectedly associated with lowering of triacylglycerols and cholesterol esters in the statin intervention groups. The differences between the simvastatin and atorvastatin lipid profiles were found in the third latent variable (LV3). Following VIP (variable importance in the projection) analysis, the most important lipid species were identified for each intervention group. The list of loadings in direction of atorvastatin-simvastatin differences (LV3) for most important lipids in simvastatin and atorvastatin groups is shown in Figure 2. Notably, the main plasma lipid profile differences between the two statins appear lipid-class specific, with upregulation of several phosphatidylethanolamines and long chain triacylglycerols, and downregulation of ether phosphatidylcholine and cholesterol esters in the simvastatin group.

Gene expression analysis revealed upregulated pathways in skeletal muscle associated with inflammation and mitochondrial damage in the high dose simvastatin intervention group. We investigated if any of these changes are associated with the differences observed in the serum lipidome.

We selected a subset of genes based on GSEA analysis. Genes from PLC, tubby, eicosanoid biosynthesis, and sodd pathways were chosen, which were ranked 2nd to 5th based on FDR q-value. Total 38 gene expression profiles were included along with 132 lipids. The PLS/DA analysis on combined muscle gene expression and plasma lipid profile data revealed clear differences between the three treatment groups (Figure 3). The loadings reveal that the simvastatin group after treatment is primarily associated with the changes in multiple genes from eicosanoid synthesis pathways as well as

changes in multiple phosphatidylethanolamine and sphingomyelin molecular species. Since the Partial Least Squares analysis maximizes the product of variance matrix of measured variables (e.g. combined gene expression and lipid profile data) and correlation of measured data with properties of interest (e.g. treatment groups), these results clearly show that in the simvastatin group there is a high degree of correlation between the upregulated genes (pathways) and lipidomic markers.

Another aspect of the current invention is to provide a kit for performing a method for determining statin induced myopathy. The kit comprises reference lipids to form the lipidomic reference biomarkers and necessary reagents.

Lipids from the lipidomic analysis were named according to Lipid Maps (<http://www.lipidmaps.org>). For example, lysophosphatidylcholine with 16:0 fatty acid chain was named as monoacyl-glycerolphosphocholine GPCho(16:0/0:0). In case the fatty acid composition was not determined, total number of carbons and double bonds was marked. For example a phosphatidylcholine species GPCho(16:0/20:4) is represented as GPCho(36:4). However GPCho(36:4) could represent other molecular species such as GPCho(20:4/16:0) or GPCho(18:2/18:2). Such mass isomers may be separated chromatographically.

The following examples illustrate the invention but are not intended to limit the scope of the invention

## Examples

### Patients for the gene expression and lipidomic analyses

Plasma samples from 37 subjects of an earlier study (8) focusing on the effect of high dose statin treatment on skeletal muscle metabolism were used for plasma lipidome analysis. The subjects aged between 31 and 69 years and their average serum total cholesterol concentration was  $5.9 \pm 0.9$  mmol/L and serum triglycerides below 4.5 mmol/L. Muscle specimens from eighteen age matched men being treated either with atorvastatin (n=6), simvastatin (n=6) or placebo (n=6) were selected for whole genome wide expression analysis.

The study patients had never been treated with statins before. They were instructed to adhere to their normal diet during the study. Patients with familial hypercholesterolemia and patients with serum total cholesterol > 7.0 mmol/L in the initial screening were excluded. Other exclusion criteria were:

use of concurrent lipid altering medication or antioxidant vitamins, renal or hepatic dysfunction, and use of medication known to affect metabolism of atorvastatin or simvastatin. The study protocol was accepted by the Ethics Committee of the Tampere University Hospital and written informed consents were  
5 obtained from all participants.

### **Example 1. Gene expression analysis**

#### **Gene expression**

Microarray experiments were performed by using Sentrix® Human-  
6 Expression BeadChips analyzing over 46 000 known genes, gene candi-  
10 dates and splice variants (Illumina, San Diego, CA, USA) according to given instructions. The biopsy samples were homogenized using Ultra-Turrax (IKA Turrax T8 / S8N-5G, IKA-Werke, Staufen, Germany). The total RNA was extracted using TRIzol (#15596-018, Invitrogen Corporation, Carlsbad, CA), DNase treatment and a second RNA purification by Qiagen kits (#74106, and,  
15 #79254, Qiagen GmbH, Hilden, Germany), all by given instructions.

A 200 ng aliquote of total RNA from each sample were amplified to cDNA using Ambion's Illumina RNA Amplification kit following the instructions (cat no 11755, Ambion, Inc., Austin, TX, USA). In vitro transcripition (IVT) reaction of cDNA to cRNA was performed overnight (14h) including biotin-11-dUTP  
20 (PerkinElmer, cat no PC 3435-0402-Biotin-11-dUTP, >95%, NEL539001EA, PerkinElmer Life And Analytical Sciences, Inc., Boston, MA, USA) for labelling the cRNA product. Both before and after the amplifications the RNA/cRNA concentrations were checked with Nanodrop ND-1000 spectrophotometer (Nanodrop Technologies, Wilmington, DE, USA) and RNA/cRNA quality was  
25 controlled by BioRad's Experion Automated Electrophoresis System and RNA StdSens Analysis Kit (BioRad Laboratories, Inc., Hercules, CA, USA).

1500 ng of each sample cRNA was hybridized to Illumina's Sentrix® Mouse-6 Expression BeadChip arrays (Illumina, Inc., San Diego, CA, USA) at 55°C overnight (18 h) following the Illumina Whole-Genome Gene Expression  
30 Protocol for BeadStation (Doc. # 11176837 Rev. F, Illumina Inc.). Hybridized biotinylated cRNA was detected with 1 µg/ml Cyanine3-streptavidine (Amersham Biosciences #146065). BeadChips were scanned with Illumina BeadArray Reader.

Raw intensity data obtained from the Illumina platform were normal-  
35 ized with Inforsense Knowledge Discovery Environment (Inforsense, London,

UK) using non-linear cubic-spline normalization. The Inforsense KDE platform was also used to conduct single-gene analysis including fold-change calculations and filtering the probes.

According to the used selection criteria (1.5-fold change and p-value <0.05) expression of one gene was significantly changed in the placebo group. Only modest changes were recorded in the atorvastatin group as expression of five genes was observed to change significantly during the intervention. In the simvastatin group, however, expression of 111 genes changed significantly. Twenty-six genes were down-regulated and 85 genes were up-regulated.

## 10 Example 2. RT-PCR analysis

Based on a hierarchical cluster analysis (described in Example 1) 20 genes were selected for further RT-PCR control in order to identify a gene expression based fingerprint for statin effect on human skeletal muscle.

The microarray expression results recorded in the simvastatin group (n= 5, for one case there was not enough muscle RNA for PCR) were verified by RealTime Quantitative TaqMan PCR. Previously purified cRNA was used as starting material for cDNA synthesis. A 1000 ng–18 µl aliquote of cRNA was mixed with 1 µl Promega Random Primer (C1181, Promega U.S., Madison, WI, USA) and incubated in +70°C for 10 min. The following reagents were added leading to 25 µl total reaction volume: 1 µl of 10 µM dNTP blend (F09892, Applied Biosystems, Foster City, CA, USA), 1 µl of Promega M-MLV Reverse Transcriptase 200 U/µl (M3682) and 4 µl of M-MLV RT 5X reaction buffer. Finally the incubations were performed in the following order: 10 min in RT, 50 min in 45°C, and, 10 min in 70°C.

10 µl volume was used for PCR reaction, consisting of 2 µl aliquote of 1:10 diluted cDNA sample, and, Abgene ABsolute 2x QPCR ROX mix (AB-1139, Abgene, Epsom, UK). The primer concentrations were 300 nM, probe concentrations for Universal Probe Library (Exiqon, Vedbæk, Denmark) probes 100 nM and for ordinary long probes 200 nM. Finally the PCR reactions were performed in rtPCR system (ABI Prism 7700 Sequence Detection System, Applied Biosystems) having the following PCR procedure: 95°C for 15 min, and 40 cycles of 95°C for 15 s and 60°C for 1 min.

The RT-PCR analyses revealed that 5 genes seemed to be the most sensitive candidate markers of an early pre-myopathic statin effect in the simvastatin group: ALOX5AP (+3.6-fold, p=0.041), CCL5 (+11.9-fold, p=0.011),

COL3A1 (+27.1-fold,  $p=0.026$ ), MYL5 (+8.0-fold,  $p=0.021$ ), MYBPH (+49.0-fold,  $p=0.027$ ).

### Example 3. Lipidomics analysis of plasma

An aliquot (10 ml) of an internal standard mixture containing 11 lipid  
5 classes, and 0.05M sodium chloride (10 ml) was added to plasma samples  
(10 ml) and the lipids were extracted with chloroform/ methanol (2:1, 100ml).  
After vortexing (2 min), standing (1 hour) and centrifugation (10000 RPM, 3  
min) the lower layer was separated and a standard mixture containing 3 la-  
beled standard lipids was added (10 ml) to the extracts (the internal and exter-  
10 nal standards are listed in the Supplement). The sample order for LC/MS  
analysis was determined by randomization.

Lipid extracts were analysed on a Waters Q-ToF Premier mass  
spectrometer combined with an Acquity Ultra Performance LC™ (UPLC). The  
column, which was kept at 50°C, was an Acquity UPLCTM BEH C18 10 × 50  
15 mm with 1.7 mm particles. The binary solvent system included A. water (1%  
1M NH<sub>4</sub>Ac, 0.1% HCOOH) and B. LC/MS grade (Rathburn) acetonitrile/-  
isopropanol (5:2, 1% 1M NH<sub>4</sub>Ac, 0.1% HCOOH). The gradient started from  
65% A/ 35% B, reached 100% B in 6 min and remained there for the next 7 min.  
The total run time including a 5 min re-equilibration step was 18 min. The flow  
20 rate was 0.200 ml/min and the injected amount 0.75 ml. The temperature of  
the sample organizer was set at 10°C.

The lipid profiling was carried out on Waters Q-ToF Premier mass  
spectrometer using ESI+ mode. The data was collected at mass range of  $m/z$   
300-1200 with a scan duration of 0.2 sec. The source temperature was set at  
25 120 °C and nitrogen was used as desolvation gas (800L/h) at 250 °C. The  
voltages of the sampling cone and capillary were 39 V and 3.2 kV, respec-  
tively. Reserpine (50 mg/L) was used as the lock spray reference compound  
(5ml/min; 10 sec scan frequency).

Data was processed using MZmine software version 0.60 (14). Lip-  
30 ids were identified using internal spectral library. The normalization was per-  
formed using multiple internal standards as follows. All monoacyl lipids except  
cholesterol esters, such as monoacylglycerols and lysophospholipids were  
normalized with the 1-Heptadecanoyl-2-Hydroxy-sn-Glycero-3-Phospho-  
choline, all diacyl lipids except phosphatidylethanolamines and ethanolamine  
35 plasmalogens were normalized with 1,2-Diheptadecanoyl-sn-Glycero-3-  
Phosphocholine, the phosphatidylethanolamines and ethanolamine plasmalo-

gens were normalized with 1,2-Diheptadecanoyl-sn-Glycero-3-Phosphoethanolamine, and the triacylglycerols and cholesterol esters with triheptadecanoin.

5 Tandem mass spectrometry was used for the identification of selected molecular species of lipids. MS/MS runs were performed by using ESI+ mode, collision energy ramp from 15 to 30 V and mass range starting from m/z 150. The other conditions were as shown above.

Following the lipidomica analysis and data processing, total 132 lipid molecular species were identified and included in the data analysis.

10 Partial Least Squares Discriminant Analysis (PLS/DA) (17) revealed drug-specific changes in lipid profiles (Figure 1). The differences along the first latent variable (LV1), associated with changes due to statin treatment common to the two drugs, are expectedly associated with lowering of triacylglycerols and cholesterol esters in the statin intervention groups (Supplementary material).  
15 The differences between the simvastatin and atorvastatin lipid profiles were found in the third latent variable (LV3). Following VIP (variable importance in the projection) analysis, the most important lipid species were identified for each intervention group. The list of loadings in direction of atorvastatin-simvastatin differences (LV3) for most important lipids in simvastatin and atorvastatin groups is shown in Figure 2. Notably, the main plasma lipid profile differences between the two statins appear lipid-class specific, with upregulation  
20 of several phosphatidylethanolamines and long chain triacylglycerols, and downregulation of choline plasmalogens and cholesterol esters in the simvastatin group.



## Claims

1. A method for determining statin induced myopathy comprising the steps:
  - a) providing a biological sample from an individual prior to or during statin treatment,
  - b) collecting a lipidomic profile from said biological sample,
  - c) comparing said collected lipidomic profile to reference lipidomic markers, wherein said reference lipidomic markers have been established by combining a pro-inflammatory muscle tissue gene expression profile with a lipidomic profile associated with high dosage statin treatment.
2. The method according to claim 1, wherein the method is for determining a risk of said individual to develop statin induced myopathy.
3. The method according to claim 1, wherein the method is for determining early warning signs of statin induced myopathy in said individual.
4. The method according to claim 1, wherein the method is for determining statin induced myopathy in individuals showing symptoms of myopathy.
5. The method according to claim 1, wherein the pro-inflammatory gene expression profile is the pathway of arachidonate 5-lipoxygenase activating protein (ALOX5AP) gene (Uniprot ID:P20292).
6. The method according to claim 1, wherein said reference lipidomic markers are one or more lipid(s) selected from the lipids presented in table 1.
7. The method according to claim 1, wherein said reference lipidomic markers are one or more lipid(s) selected from the lipids presented in table 2.
8. The method according to claim 1, wherein said reference lipidomic markers are established from a lipidomic profile collected from the same individual as the lipidomic profile of (b) is collected and said reference lipidomic markers are established before said individual start statin treatment.
9. The method according to claim 1, wherein said reference lipidomic marker is established from lipidomic profiles collected from a healthy generalized population.

10. The method according to claim 1, wherein the expression of the ALOX5AP gene is further used as a biomarker.

11. A kit for performing the method according to claim 1, wherein the kit comprises the reference lipidomic markers and necessary reagents for  
5 performing the analysis.

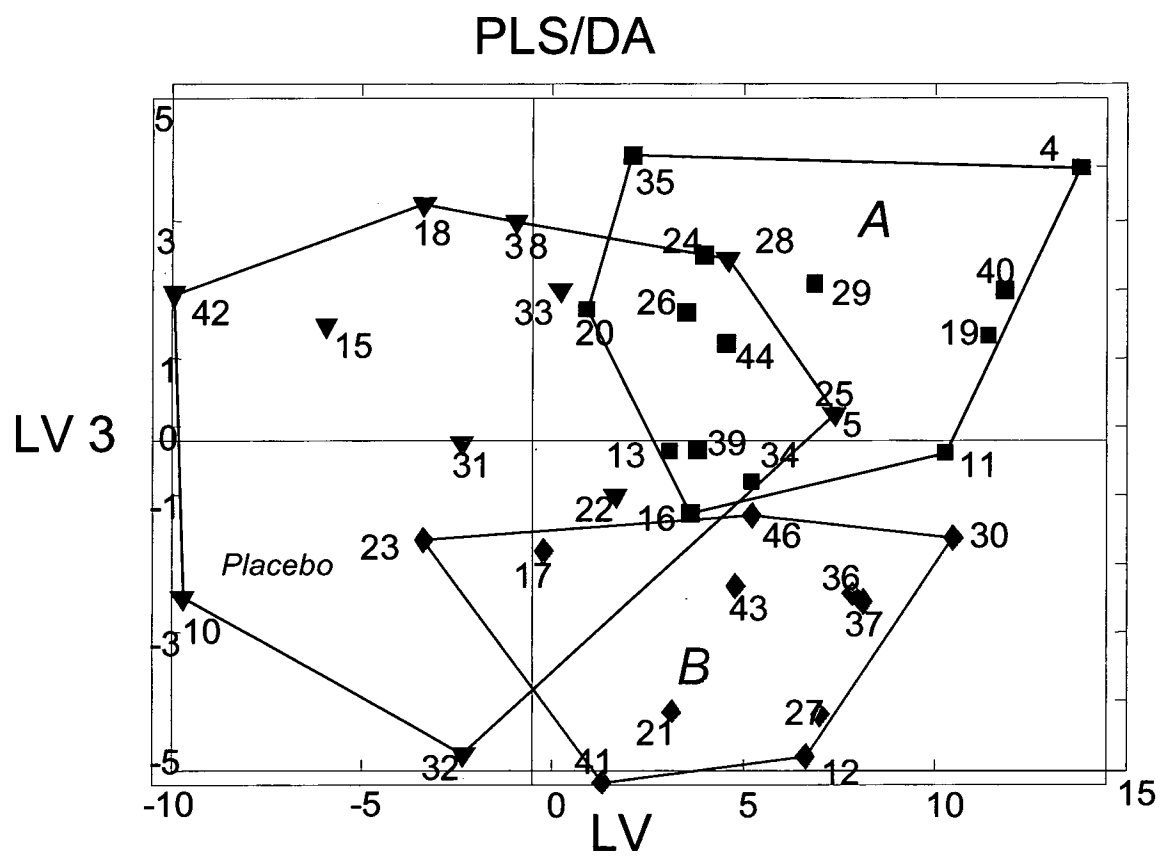


Fig. 2

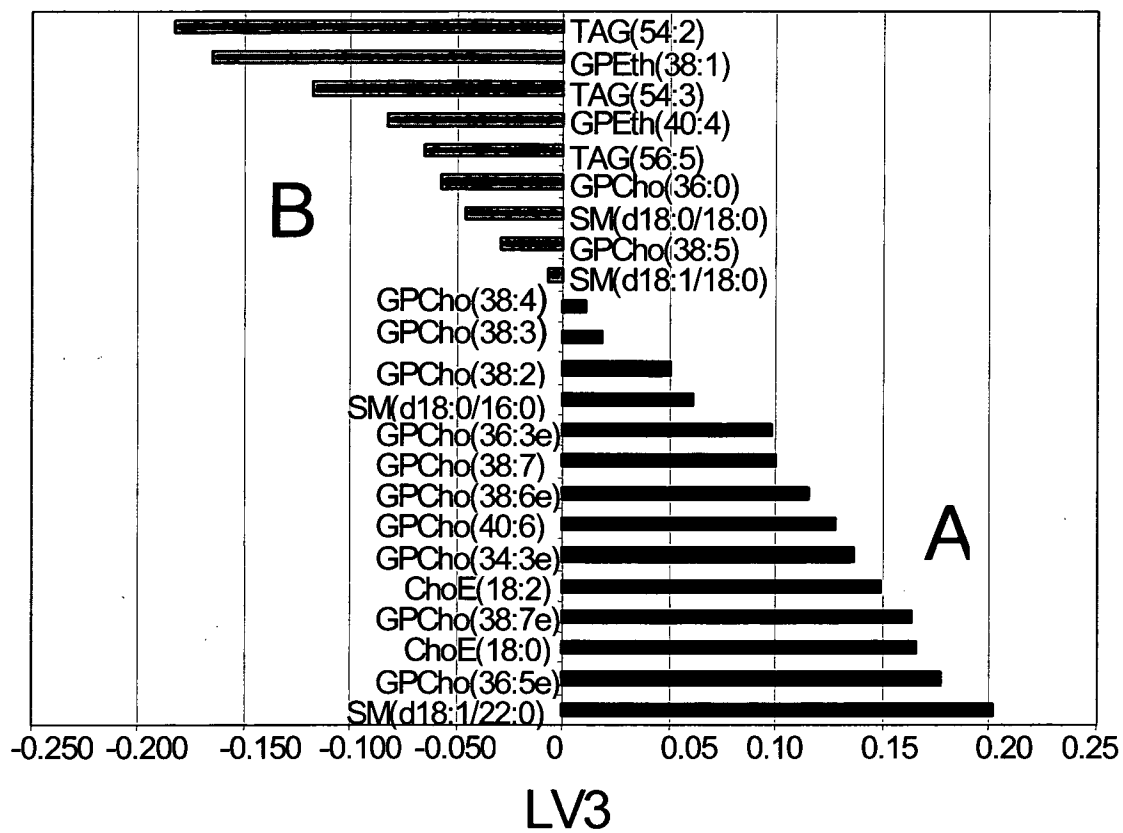
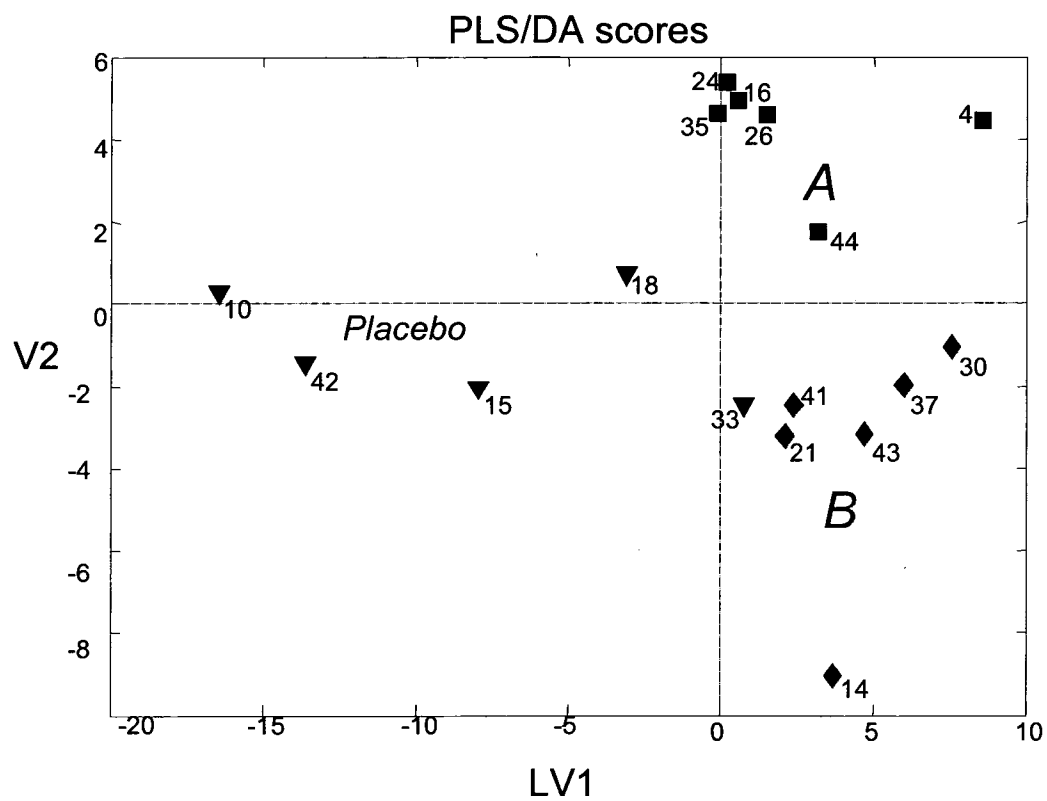


Fig. 3



## INTERNATIONAL SEARCH REPORT

International application No.

PCT/FI2007/050344

## A. CLASSIFICATION OF SUBJECT MATTER

See extra sheet

According to International Patent Classification (IPC) or to both national classification and IPC

## B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

IPC8: C12Q, G01N, G06F

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched  
FI, SE, NO, DK

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

EPO-INTERNAL, WPI, BIOSIS, MEDLINE, STN-CAPLUS

## C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
P, X	LAAKSONEN, R. et al. A Systems Biology Strategy Reveals Biological Pathways and Plasma Biomarker Candidates for Potentially Toxic Statin-Induced Changes in Muscle. PLoS ONE, December 2006, vol. 1, no. e97, pages 1-9, see p. 2, left column, lines 21-23	1-10
A	ORESIC, M. et al. Phenotype Characterisation Using Integrated Gene Transcript, Protein and Metabolite Profiling. Appl. Bioinformatics, 2004, vol. 3, pages 205-217, see abstract; p. 216, left column, lines 4-7	1-10
A	PHILLIPS, P.S. et al. Statin-Associated Myopathy with Normal Creatine Kinase Levels. Ann Intern Med, 2002, vol. 137, pages 581-585, see p. 583, right column, lines 6-13; p. 583, left column, line 14 - right column, line 7	1-10
A	WATKINS, S.M. Comprehensive Lipid Analysis: A Powerful Metanomic Tool for Predictive and Diagnostic Medicine. IMAJ, 2000, vol. 2, pages 722-724, see p. 722, left column, lines 17-25; p. 723, middle column, line 18 - right column, line 7	1-10



Further documents are listed in the continuation of Box C.



See patent family annex.

\* Special categories of cited documents:

"A" document defining the general state of the art which is not considered to be of particular relevance

"E" earlier application or patent but published on or after the international filing date

"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)

"O" document referring to an oral disclosure, use, exhibition or other means

"P" document published prior to the international filing date but later than the priority date claimed

"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention

"X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone

"Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art

"&amp;" document member of the same patent family

Date of the actual completion of the international search

04 September 2007 (04.09.2007)

Date of mailing of the international search report

09 October 2007 (09.10.2007)

Name and mailing address of the ISA/FI  
National Board of Patents and Registration of Finland  
P.O. Box 1160, FI-00101 HELSINKI, Finland

Facsimile No. +358 9 6939 5328

Authorized officer

Jukka Taskinen

Telephone No. +358 9 6939 500

## INTERNATIONAL SEARCH REPORT

International application No.

PCT/FI2007/050344

C (Continuation). DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	WO 03/005628 A2 (LIPOMICS TECHNOLOGIES INC.) 16 January 2003 (16.01.2003), see p. 38, lines 34-37; p. 56, lines 10-13	1-10
A	US 2005/0009005 A1 (WATKINS, S.M.) 13 January 2005 (13.01.2005), see p. 6, paragr. [0078]; p. 2, paragr. [0017]	1-10

## INTERNATIONAL SEARCH REPORT

### Information on patent family members

International application No.  
PCT/FI2007/050344

Patent document cited in search report	Publication date	Patent family members(s)	Publication date
WO 03/005628 A2	16/01/2003	None	
.....			
US 2005/0009005 A1	13/01/2005	None	
.....			



INTERNATIONAL SEARCH REPORT

International application No.  
PCT/FI2007/050344

CLASSIFICATION OF SUBJECT MATTER

Int.Cl.

**C12Q 1/68** (2006.01)

**G01N 33/92** (2006.01)

**G01N 33/49** (2006.01)

**G06F 19/00** (2006.01)