TOPICAL USE OF PROBIOTIC BACILLUS SPORES TO PREVENT OR CONTROL MICROBIAL INFECTIONS

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ABSTRACT

Compositions including an isolated Bacillus species, spores or an extracellular product of B. coagulans, suitable for topical application, for inhibiting growth of yeast, fungus, bacteria or Herpes simplex virus are disclosed. Methods of inhibiting growth of yeast, fungus, bacteria or Herpes simplex virus by topical application of compositions that include an isolated Bacillus species, spores or an extracellular product of a B. coagulans strain are disclosed.
TOPICAL USE OF PROBIOTIC BACILLUS SPORES TO PREVENT OR CONTROL MICROBIAL INFECTIONS

TECHNICAL FIELD

[0001] This invention relates to utilizing a probiotic Bacillus organism in a therapeutic composition as a topical agent, and specifically relates to the use of compositions derived from Bacillus coagulans for prevention and control of microbial infections.

BACKGROUND OF THE INVENTION


[0004] Increasing numbers of pathogenic microorganisms have developed antibiotic resistance, requiring the development and use of second and third generation antibiotics. Microorganisms that are resistant to multiple drugs have also developed, often with multiple drug resistance spreading between species, leading to serious infections that cannot be controlled by use of antibiotics.

[0005] Opportunistic microbial infections often occur in immunodeficient individuals. Immunodeficient individuals have impaired natural immunity allowing pathogenic microorganisms to survive and grow, either internally or externally, due to the individual’s diminished immune response to the pathogen. Immunodeficiency can result from genetic conditions, diseases such as AIDS, or therapeutic treatments such as cancer therapy (chemotherapy or radiation treatment) and drug-mediated immunosuppression following organ transplant. Inhibition of pathogenic microorganisms by probiotics is useful for preventing or treating opportunistic infections, particularly in immunodeficient individuals.

[0006] Thus, there is a need for preventive and therapeutic agents that can control the growth of pathogenic microorganisms without the use of antibiotic chemicals to which the microorganisms already are or can become resistant. Probiotics can be applied either internally or externally to restore the balance of beneficial microorganisms to pathogens, without contributing to the evolution of drug-resistant pathogens.

[0007] Lactic acid producing bacteria (e.g., Bacillus, Lactobacillus and Streptococcus species) have been used as food additives and there have been some claims that they provide nutritional and therapeutic value (Gorbach S. L., Ann. Med. 22 (1):37-41, 1990; Reid, G. et al., Clin. Microbiol. Rev. 3 (4):335-344, 1990). Some lactic acid producing bacteria (e.g., those used to make yogurt) have been suggested to have antimitogenic and antitumorigenic properties useful for preventing human tumors (Poll-Žobel B. L., et al., "Nutr. Cancer" 20 (3):261-270, 1993; U.S. Pat. No. 4,347,240). Some lactic acid producing bacteria also produce bacteriocins which are inhibitory metabolites responsible for the bacteria’s antimicrobial effects (Klaenhammer T. R., "FEMS Microbiol. Rev." 12 (1-3):39-85, 1993; Dancourt S. F. & Nettles C. G., J. Dairy Sci. 76 (8):2366-2379, 1993).

[0008] Selected Lactobacillus strains that produce antibiotics have been disclosed as effective for treatment of infections, sinusitis, hemorrhoids, dental inflammations, and other inflammatory conditions (U.S. Pat. No. 4,314,995). L. reuteri produces antibiotics with activity against Gram negative and Gram positive bacteria, yeast and a protease (U.S. Pat. No. 5,413,960 and U.S. Pat. No. 5,439,678). L. casei ssp. rhamnosus strain LC-705, DSM 7061, alone or in combination with a Propionibacterium species, in a fermentation broth has been shown to inhibit yeast and molds in food and silage (U.S. Pat. No. 5,373,488). Also, antifungal Serratia species have been added to animal rations to reduce injury and/or silage to preserve the animal feedstuffs, particularly S. rubidae FB299, alone or combined with an antifungal B. subtillis strain FB260 (U.S. Pat. No. 5,371,011).

[0009] Bacillus coagulans is a non-pathogenic gram positive spore-forming bacteria that produces L(+)-lactic acid (dextrorotatory) in homofermentation conditions. It has been isolated from natural sources, such as heat-treated soil samples inoculated into nutrient medium (Berger’s Manual of Systematic Bacteriology, Vol. 2, Sneath, P. H. A. et al., eds., Williams & Wilkins, Baltimore, Md., 1986). Purified B. coagulans strains have served as a source of enzymes including endonucleases (e.g., U.S. Pat. No. 5,200,336), amylase (U.S. Pat. No. 4,980,180), lactase (U.S. Pat. No. 4,323,651) and cyclo-malto-dextrin glucono- transferase (U.S. Pat. No. 5,102,800). B. coagulans has been used to produce lactic acid (U.S. Pat. No. 5,079,164). A strain of B. coagulans (referred to as L. sporogenes Sakaguti & Nakayama (ATCC 31284)) has been combined with other lactic acid producing bacteria and B. naatio to produce a fermented food product from steamed soybeans (U.S. Pat. No. 4,110,477). B. coagulans strains have also been used as animal feed additives for poultry and livestock to reduce disease and improve feed utiliza-
tion and, therefore, to increase growth rate in the animals (International PCT Pat. Applications No. WO 9314187 and No. WO 9411492).

SUMMARY OF THE INVENTION

[0010] It has now been discovered that Bacillus species possess the ability to exhibit probiotic activity in aerobic conditions such as on skin or mucous membrane tissues and thereby treat, control and/or inhibit numerous conditions caused by microbial infections. The invention describes therapeutic compositions, articles of manufacture and methods of use for inhibiting various microbial infections caused by bacteria, yeast, fungus or virus, which utilize isolated Bacillus species.

[0011] There are several Bacillus species useful according to the present invention, including Bacillus coagulans, Bacillus subtilis, Bacillus laterosporus and Bacillus lavo-locas. Although exemplary of the invention, Bacillus coagulans is only a model for the other Bacillus species, and therefore the invention is not to be considered as limiting.

[0012] According to the invention, there is provided a composition comprising an isolated Bacillus species in a pharmaceutically acceptable carrier suitable for topical application to skin or a mucous membrane of a mammal. In one embodiment of the composition, the Bacillus species is included in the composition in the form of spores. In another embodiment, the Bacillus species is included in the composition in the form of a dried cell mass. In the composition, the carrier may be an emulsion, cream, lotion, gel, oil, ointment, suspension, aerosol spray, powder, aerosol powder or semi-solid formulation.

[0013] According to a preferred aspect of the invention, there is provided a composition comprising an extracellular product of a Bacillus coagulans species in a pharmaceutically acceptable carrier suitable for topical application to skin or a mucous membrane of a mammal. In one embodiment, the extracellular product is a supernatant or filtrate of a culture of an isolated Bacillus coagulans species. The carrier may be an emulsion, cream, lotion, gel, oil, ointment, suspension, aerosol spray, powder, aerosol powder or semi-solid formulation.

[0014] According to another aspect of the invention, there is provided a method of preventing bacterial, yeast, fungal or viral infection including the steps of applying topically to skin or a mucous membrane of a mammal a probiotic composition comprising an isolated Bacillus species; and allowing the Bacillus species to grow topically for sufficient time to inhibit growth of bacteria, yeast, fungus or virus. One embodiment further includes the steps of providing spores of the Bacillus species in the probiotic composition, and allowing the spores to germinate after the applying step. In one embodiment, the step of allowing the Bacillus species to grow inhibits growth of one or more microbe species selected from the group consisting of Staphylococcus species, Streptococcus species, Pseudomonas species, Escherichia coli, Gardnerella vaginalis, Propionibacterium acnes, Aeromonas hydrophilia, Aspergillus species, Proteus species, Aeromonas species, Clostridium species, Klebsiella species, Candida species and Trichophyton species. Also inhibited are certain virus species. In another embodiment, the applying step is applying a probiotic composition in the form of a cream, lotion, gel, oil, ointment, suspension, aerosol spray, powder, aerosol powder or semi-solid formulation.

[0015] According to another aspect of the invention, there is provided a method of inhibiting growth of bacteria, yeast, fungus, virus or a combination thereof; including the steps of applying topically to skin or a mucous membrane a composition comprising an extracellular product of an isolated Bacillus coagulans species, and allowing the composition to be present for sufficient time to inhibit growth of bacteria, yeast, fungus, virus or any combination thereof. In one embodiment, the applying step includes applying the composition in the form of a cream, lotion, gel, oil, ointment, suspension, aerosol spray, powder, aerosol powder or semi-solid formulation.

[0016] According to another aspect of the invention, there is provided a composition comprising an isolated Bacillus species applied to a flexible article that is intended to be worn by or attached to skin or a mucous membrane of an animal to allow probiotic activity of the isolated Bacillus species to occur adjacent to or on the skin or mucous membrane.

[0017] According to another aspect of the invention, there is provided a method of inhibiting growth of bacteria, yeast, fungus, virus or any combination thereof, including the steps of applying a composition comprising an isolated Bacillus species to a solid surface, contacting the solid surface with the applied Bacillus species thereon to skin or a mucous membrane of a mammal, and allowing the solid surface to contact the skin or mucous membrane for sufficient time to allow initiation of probiotic activity of the isolated Bacillus species to inhibit growth of bacteria, yeast, fungus, virus or a combination thereof adjacent to or on the skin or mucous membrane. In one embodiment of the applying step includes applying the composition to a diaper, pliable material for wiping skin or a mucous membrane, dermal patch, adhesive tape, absorbent pad, tampon or article of clothing. In another embodiment the applying step includes impregnating the composition into a fibrous or nonfibrous solid matrix.

[0018] The invention also describes a therapeutic system for treating, reducing or controlling microbial infections comprising a container comprising a label and a therapeutic composition as described herein, wherein said label comprises instructions for use of the composition for treating infection.

[0019] The invention provides several advantages. In particular, insofar as there is a detrimental effect to the use of antibiotics because of the potential to produce antibiotic-resistant microbial species, it is desirable to have an antimicrobial therapy which does not utilize conventional antimicrobial reagents. The present invention does not contribute to the production of future generation of antibiotic-resistant pathogens.

[0020] It should be understood that both the foregoing general description and the following detailed description are exemplary and explanatory only and are not restrictive of the invention as claimed.

DETAILED DESCRIPTION OF THE INVENTION

[0021] The present invention is directed to the discovery that Bacillus species can be used in therapeutic compositions as a probiotic for preventing or controlling microbial infections. As discussed further, the compositions can be formulated in many configurations because the bacterium is presented as a viable organism, either as a vegetative cell or as a spore, and colonizes the tissue of interest. The cells/spores can be presented in compositions suited for topical application to a tissue, or in suspensions such as a bath, or on flexible materials such as diapers, band-aids, tampons and the like.
personal articles, all directed at the objective of introducing the bacteria topically to skin or a mucous membrane tissue.

A Bacillus species can be a species selected from the group of Bacillus coagulans, Bacillus subtilis, Bacillus laterosporus and Bacillus laevolacticus, all of which have the ability to form spores, and can colonize tissue aerobically. Thus, although many of the examples herein refer to the Bacillus coagulans species in particular, it is intended that any of the Bacillus species can be used in the compositions, articles of manufacture, systems and method of the present invention.

A Bacillus species is particularly suited for the present invention due to the properties in common between species of the Bacillus genus, including in particular the ability to form spores which are relatively resistant to heat and other conditions, making them ideal for storage (shelf-life) in product formulations, and ideal for survival and colonization of tissues under conditions of pH, salinity, and the like on tissues subjected to microbial infection. Additional useful properties include non-pathogenic, aerobic, facultative and heterotrophic, rendering these species safe, and able to colonize skin and mucous membrane tissues.

There are a variety of different Bacillus species, including, but not limited to many different strains available through commercial and public sources, such as the American Tissue Culture Collection (ATCC). For example, Bacillus coagulans strains are available as ATCC Accession Numbers 15949, 8038, 55670, 11369, 23498, 51232, 11014, 31284, 12245, 10545 and 7050. Bacillus subtilis strains are available as ATCC Accession Numbers 10783, 15818, 15819, 27505, 13542, 15575, 33234, 9943, 6051a, 25369, 11838, 15811, 27370, 7003, 15563, 4944, 27689, 43223, 55033, 49822, 15561, 15562, 49760, 13933, 29056, 6557, 21359, 21360, 7067, 21394, 15244, 7060, 14593, 7999, 31002, 31003, 31004, 7480, 9858, 13407, 21554, 21555, 27328 and 31524. Bacillus laterosporus strains are available as ATCC Accession Numbers 6456, 6457, 29653, 9141, 533694, 31932 and 64, including Bacillus laterosporus BOD. Bacillus laevolacticus strains are available as ATCC Accession Numbers 23495, 23493, 23494, 23549 and 23492.

The growth of these various Bacillus species to form cell cultures, cell pastes and spore preparations is generally well known in the art. Exemplary culture and preparative methods are described herein for Bacillus coagulans and can readily be used for the other Bacillus species.

Exemplary methods and compositions are described herein using Bacillus coagulans as a probiotic for controlling, treating or reducing microbial infections.

As used herein, “probiotic” refers to microorganisms (e.g., bacteria, yeast, viruses and/or fungi) that form at least a part of the transient or endogenous flora and, thus, have a beneficial prophylactic and/or therapeutic effect on the host organism. Probiotics are generally known to be safe by those skilled in the art. Although not wishing to be bound by any particular mechanism, the probiotic activity of Bacillus species is thought to result from competitive inhibition of growth of pathogens due to superior colonization, parasitism of undesirable microorganisms, lactic acid production and/or other extracellular products having antimicrobial activity, or combinations thereof. These products and activities of Bacillus may act synergistically to produce the beneficial probiotic effect.

A Bacillus coagulans Compositions

We have demonstrated that purified Bacillus coagulans is exemplary and preferred as a probiotic for biological control of various microbial pathogens.

Because B. coagulans forms heat-resistant spores, it is particularly useful for making pharmaceutical compositions for treating microbial infections. Topical formulations that include viable B. coagulans spores in a pharmaceutically acceptable carrier are particularly preferred for making and using both preventive and therapeutic compositions. The term “topical” is used broadly to include both epidermal and/or skin surfaces, as well as mucosal surfaces of the body.

B. coagulans is non-pathogenic and is generally regarded as safe (i.e., GRAS classification by the U.S. Food and Drug Administration). The Gram positive rods have a cell diameter of greater than 1.0 μm with variable swelling of the sporangium, without parasporal crystal production.

1. Growth of B. coagulans

B. coagulans is aerobic and facultative, grown typically in nutrient broth, pH 5.7 to 6.8, containing up to 2% (by wt) NaCl, although neither NaCl nor KCl are required for growth. A pH of about 4 to about 6 is optimum for initiation of growth from spores. It is optimally grown at about 30°C to about 55°C, and the spores can withstand pasteurization. It exhibits facultative and heterotrophic growth by utilizing a nitrate or sulphate source. Additional metabolic characteristics of B. coagulans are summarized in Table 1.

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>B. coagulans Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>Catalase production</td>
<td>Yes</td>
</tr>
<tr>
<td>Acid from D-Glucose</td>
<td>Yes</td>
</tr>
<tr>
<td>Acid from L-Arabinose</td>
<td>Variable</td>
</tr>
<tr>
<td>Acid from D-Xylose</td>
<td>Variable</td>
</tr>
<tr>
<td>Acid from D-Mannitol</td>
<td>Variable</td>
</tr>
<tr>
<td>Gas from Glucose</td>
<td>Yes</td>
</tr>
<tr>
<td>Hydrolysis of Casein</td>
<td>Variable</td>
</tr>
<tr>
<td>Hydrolysis of Gelatin</td>
<td>No</td>
</tr>
<tr>
<td>Hydrolysis of Starch</td>
<td>Yes</td>
</tr>
<tr>
<td>Utilization of Citrate</td>
<td>Variable</td>
</tr>
<tr>
<td>Utilization of Propionate</td>
<td>No</td>
</tr>
<tr>
<td>Degradation of Tyrosine</td>
<td>No</td>
</tr>
<tr>
<td>Degradation of Phenylalanine</td>
<td>No</td>
</tr>
<tr>
<td>Nitratre reduced to Nitrite</td>
<td>Variable</td>
</tr>
<tr>
<td>Allantoin or Urate Required</td>
<td>No</td>
</tr>
</tbody>
</table>

B. coagulans can be grown in a variety of media, although it has been found that certain growth conditions produce a culture which yields a high level of sporulation. For example, sporulation is enhanced if the culture medium includes 10 milligrams per liter of manganese sulfate, yielding a ratio of spores to vegetative cells of about 80:20. In addition, certain growth conditions produce a bacterial spore which contains a spectrum of metabolic enzymes particularly suited for the present invention, i.e., control of microbial infections. Although spores produced by these particular growth conditions are preferred, spores produced by any compatible growth conditions are suitable for producing a B. coagulans useful in the present invention.

Suitable media for growth of B. coagulans include Nutristart 701, PDB (potato dextrose broth), TSB (tryptic soy broth) and NB (nutrient broth), all well known and available from a variety of sources. Media supplements containing enzymatic digests of poultry and fish tissue, and containing food yeast are particularly preferred. A preferred supplement

TABLE 1
produces a media containing at least 60% protein, and about 20% complex carbohydrates and 6% lipids. Media can be obtained from a variety of commercial sources, notably DIFCO (Detroit, Mich.), Oxoid (Newark, N.J.), BBL (Cockeysville, Md.) and Troy Biologicals (Troy, Mich.).

A preferred procedure for preparation of \textit{B. coagulans} is as follows. \textit{B. coagulans} Hammber bacterium was inoculated and grown in nutrient broth containing 5 g Peptone, 3 g Meat extract, 10-30 mg MnSO$_4$ and 1,000 ml distilled water, adjusted to pH 7.0, using a standard airtight fermentation vessel at 30$^\circ$ C. The range of MnSO$_4$ acceptable for sporulation is 1 mg/l to 1 g/l. The vegetative cells can actively reproduce up to 65$^\circ$ C, and the spores are stable up to 90$^\circ$ C. After fermentation, the \textit{B. coagulans} Hammber bacterial cells are collected using standard methods (e.g., filtration, centrifugation) and the collected cells and spores can be lyophilized, spray dried, air dried or frozen. As described herein, the supernatant from the cell culture can be collected and used as an extracellular agent referred by \textit{B. coagulans} which has antimicrobial activity useful in a formulation of this invention.

A typical yield from the above culture is about 100 to 150 billion cells/spores per gram before drying. Spores maintain at least 90% viability after drying when stored at room temperature for up to seven years, and thus the effective shelf life of a composition containing \textit{B. coagulans} Hammber spores at room temperature is about 10 years.

2. Extracellular Products Having Antimicrobial Activity

\textit{B. coagulans} cultures contain secreted products which have antimicrobial activity. These secreted products are useful in therapeutic compositions according to the present invention. Cell cultures are harvested as described above, and the culture supernatants are collected, by filtration or centrifugation, or both, and the resulting supernatant contains antimicrobial activity useful in a therapeutic composition. The preparation of a \textit{B. coagulans} extracellular product is described in the Examples.

3. Sources of \textit{B. coagulans}

Purified \textit{B. coagulans} bacterium are available from the American Type Culture Collection (Rockville, Md.) using the following accession numbers: \textit{B. coagulans} Hammber NRS T27 (ATCC#11104), \textit{B. coagulans} Hammber strain C (ATCC#11369), \textit{B. coagulans} Hammber (ATCC#31284), and \textit{B. coagulans} Hammber NCA 4259 (ATCC#15949). Purified \textit{B. coagulans} bacterium are also available from the Deutsche Sammlung von Mikroorganismen und Zellkulturen GmbH (Braunschweig, Germany) using the following accession numbers: \textit{B. coagulans} Hammber 1915$^{\text{AT}}$ (DSM#2356), \textit{B. coagulans} Hammber 1915$^{\text{AT}}$ (DSM#2383, corresponds to ATCC#11104), \textit{B. coagulans} Hammber$^{\text{AT}}$ (DSM#2384, corresponds to ATCC#11369), and \textit{B. coagulans} Hammber$^{\text{AT}}$ (DSM#2385, corresponds to ATCC#15949). \textit{B. coagulans} bacterium can also be obtained from commercial suppliers such as Sabinsa Corporation (Piscataway, N.J.).

These \textit{B. coagulans} strains and their growth requirements have been described previously (Baker et al., \textit{Can. J. Microbiol.} 6:557-563, 1960; Blumenstock, "\textit{Bacillus coagulans} Hammber 1915 und andere thermophile oder mesophile, säuretolerante \textit{Bacillus}-Arten-eine taxonomische Untersuchung", Doctoral thesis, Univ. Göttingen, 1984; Nakamura et al, \textit{Int. J. Syst. Bacteriol.} 38:63-73, 1988). Strains of \textit{B. coagulans} can also be isolated from natural sources (e.g., heat-treated soil samples) using well known procedures (Bergey’s Manual of Systemic Bacteriology, Vol. 2, p. 1117, Sneath, P. H. A. et al., eds., Williams & Wilkins, Baltimore, Md., 1986). The results described herein were obtained with \textit{B. coagulans} Hammber obtained from the American Type Culture Collection (ATCC#31284) which was grown as described herein and stored in lyophilized aliquots at -20$^\circ$ C. All \textit{B. coagulans} that exhibit the properties described herein are considered equivalents of this strain.

\textit{B. coagulans} had previously been mischaracterized as a \textit{Lactobacillus} in view of the fact that as originally described, this bacterium was labeled as \textit{Lactobacillus spores}\textit{ergen}} (See Nakamura et al., cited above). However, this was incorrect because the bacterium of this invention produces spores and through metabolism excretes L(+)-lactic acid, both aspects which provide key features to its utility. Instead, these developmental and metabolic aspects required that the bacterium be classified as a lactic acid \textit{bacillus}, and therefore it was renamed.

4. Probiotic Antimicrobial Activity of \textit{B. coagulans}

Pathogenic bacteria inhibited by \textit{B. coagulans} activity include \textit{Staphylococcus aureus}, \textit{S. epidermidis}, \textit{Streptococcus pyogenes}, \textit{S. spp.}, \textit{Pseudomonas aeruginosa}, \textit{Escherichia coli} (enteric hemorrhagic species), \textit{Clostridium perfringens}, \textit{C. difficile}, \textit{Gardnerella vaginalis}, \textit{Propionibacterium acnes}, \textit{Aeromonas hydrophilia}, \textit{Aspergillus species}, \textit{Proteus species} and \textit{Klebsiella species}. Pathogenic yeast and other fungus inhibited by \textit{B. coagulans} activity include \textit{Candida albicans}, \textit{C. tropicalis} and \textit{Trichophyton mentagrophytes}, \textit{T. interdigitale}, \textit{T. rubrum}, and \textit{T. yaoundei}. \textit{B. coagulans} activity also inhibits Herpes simplex viruses I and II. These pathogens can cause diaper rash, oral, genital, cervical and vaginal yeast infections, toxic shock syndrome, chronic mucocutaneous candidiasis, dermatophytosis, bacterial vaginosis, tinea fungal infections such as ringworm, athlete’s foot and jock itch, scalp and nail fungal infections, superficial skin disorders such as erysipelas, open wound infections, acne, abscess, boil, eczema, dermatitis, contact dermatitis, hyper sensitivity, contact lesions, bed sores, diabetic lesions, miscellaneous opportunistic infections, oral and genital viral lesions, and the like conditions as are well known in the art. Therefore, topical use of compositions containing the \textit{B. coagulans} active agents that inhibit these pathogens are useful in preventing or treating these conditions.

Antimicrobial activity of a therapeutic composition of this invention against many of the above-described pathogens is described in the Examples. In addition, it is contemplated that the present therapeutic compositions can be used, when formulated for administration to the relevant tissue, to treat infections as described below:

<table>
<thead>
<tr>
<th>Infecting Microbe</th>
<th>Condition</th>
</tr>
</thead>
<tbody>
<tr>
<td>\textit{T. mentagrophytes}</td>
<td>tinea pedis, athlete’s foot</td>
</tr>
<tr>
<td>\textit{T. interdigitale}</td>
<td>tinea pedis, athlete’s foot</td>
</tr>
<tr>
<td>\textit{T. mentagrophytes}</td>
<td>tinea versicolor, ring worm</td>
</tr>
<tr>
<td>\textit{T. mentagrophytes}</td>
<td>tinea barbae, face/neck inflammation</td>
</tr>
<tr>
<td>\textit{T. rubrum}</td>
<td>dermatophytosis</td>
</tr>
<tr>
<td>\textit{T. yaoundei}</td>
<td>Ring worm on scalp</td>
</tr>
</tbody>
</table>

\textit{Candida species}:

| \textit{C. albicans} | systemic candidiasis |
| \textit{C. albicans} | chronic mucocutaneous candidiasis, mycosis and thymoma |
Other skin and mucous membrane infecting microbes and dermatophytes can also be treated using the present compositions and methods.

B. Fructooligosaccharides

Fructooligosaccharides (FOS) are a class of sugars particularly useful in the context of the present invention. FOS are a simple class of natural carbohydrates comprising polymers of fructose and glucose. FOS are non-digestible, fructose polymers that are utilized almost exclusively by the indigenous Bifidobacteria and Lactobacillus in the intestinal tract and can be similarly utilized by Bacillus. Deleterious bacteria such as Clostridium, Staphylococcus, Salmonella and E. Coli cannot metabolize FOS and therefor use of FOS in combination with Bacillus allows the beneficial and probiotic bacteria to grow and to replace any undesirable or pathogenic microorganisms.

The use of FOS in therapeutic compositions of the present invention provides a synergistic effect thereby increasing the effectiveness of the Bacillus-containing compositions of this invention. This synergy is manifest at least by increasing the ability of the bacterium to grow by increasing the food supplement for Bacillus which preferentially selects for growth of Bacillus over many other bacteria in the infected tissue. Thus, the presence of FOS in the formulation allows for more effective microbial inhibition by increasing the ability of Bacillus to grow and therefore provide its benefit.

FOS can be obtained from a variety of natural sources, including commercial suppliers. As a product isolated from natural sources, the components can vary widely and still provide the beneficial agent, namely FOS. FOS typically has a polymer chain length of from about 4 to 200 sugar units, with the longer lengths being preferred. For example, the degree of purity can vary widely so long as functional FOS is present in the formulation. Preferred FOS formulations contain at least 50% by weight of fructooligosaccharides compared to simple monosaccharides such as glucose, fructose or sucrose, preferably at least 80% fructooligosaccharides, more preferably at least 90% and most preferably at least 95% fructooligosaccharides. Sugar content and composition can be determined by any of a variety of complex carbohydrate analytical detection methods as is well known.

Preferred sources of FOS include inulin, Frutafit IQ™ from Imperial Suiker Unie (Sugar Land, Tex.), Nutra-Flora™ from Americal Ingredients, Inc., (Anaheim, Calif.), Fabrehm, Inc., (Fairfield, Conn.), and FrutiTrimFat Replacers and Sweeteners (Emeryville, Calif.).

C. Therapeutic Compositions

Compositions of this invention suitable for use in preventing, treating or controlling microbial infections comprise an active ingredient that is a Bacillus species bacterium (e.g., vegetative cell) or spore, Bacillus coagulans, Bacillus coagulans spores, extracellular antimicrobial or antibiotic metabolites of B. coagulans, or combinations thereof in various formulations.

The active Bacillus ingredients comprise about 0.1% to about 50% by weight of the final composition, preferably 1% to 10% by weight, in a formulation suitable for topical administration.

The formulation for a therapeutic composition of this invention may include other probiotic agents or nutrients for promoting spore germination and/or Bacillus growth. The compositions may also include known antimicrobial agents, known antiviral agents, known antifungal agents, all of which must be compatible with maintaining viability of the Bacillus active agent when Bacillus organisms or spores are the active agent. The other agents in the compositions can be either synergists or active agents. Preferably, the known antimicrobial, antiviral and/or antifungal agents are probiotic agents compatible with Bacillus. The compositions may also include known antioxidants, buffering agents, sunscreens and cosmetic agents, including coloring agents, fragrances, oils, essential oils, lubricants, moisteners or drying agents. Antioxidants such as vitamin E may be included. Sunscreens such as para-aminobenzoic acid may be included. Lubricants such as synthetic or natural beeswax may also be included. Thickening agents may be added to the compositions such as polyvinylpyrrolidone, polyethylene glycol or carboxymethylcellulose.

Fragrances and essential oils are particularly suited for the compositions used in personal hygiene products and methods, and can include sea salts, herbs or herb extracts, fragrance oils from a large variety of plants or animals, and fragrances from a large variety of plants or animals, as are all well known.

Preferred fragrances useful in a composition of this invention include African violet, frankincense & myrrh, lavender, vanilla, gardenia, honeysuckle, sandalwood, musk, jasmine, lotus, orange blossom, patchouli, heather, magnolia, amber, rose, and the like fragrances.

Preferred oils, including essential or fragrant oils, include almond, aloe, amber, apple, apricot, bayberry, benzoin, cactus blossom, carnation, carnageenan, cedarwood, cinnamon, cloves, coconut, cedar, copal, emu, eucalyptus, franipani, frankincense & myrrh, gardenia, grapefruit, heater, herbs, honeysuckle, jasmine, jojoba, kelp, lavender, lemon, lilac, lotus, magnolia, mulberry, musk, myrrh, narcissus, orange blossom, patchouli, peach, pinon pine, plumaria, rose, rosemary, safflower, sage, sandalwood, spirulina, strawberry, vanilla, violet, wisteria, and the like oils. A particularly preferred oil for use in a composition of the invention is emu oil, typically used in an amount of about 1% to 75% by weight.

In addition, the fragrances and essential oils can be provided in various bath salt and bath soap compositions. Salts and soaps are also well known in the art and can include
sea salts, desert salts, mineral salts, sodium sesquicarbonate, magnesium sulfate, and the like commonly used bath salts.

[0054] Fragrances, oils and salts are well known in the art, can be obtained from a variety of natural and commercial sources, and are not considered to limiting to the invention. Exemplary commercial sources include Innovative Body Science (Carlsbad, Calif.), Scents of Paradise Sun Burst Technology, Inc. (Salt, Ore.), Intercontinental Fragrances, Inc. (Houston, Tex.), Scentsastics, Inc. (Fl. Lauderdale, Fla.), Michael Giordano International, Inc. (North Miami, Fla.).

[0055] Chemicals used in the present compositions can be obtained from a variety of commercial sources, including Spectrum Quality Products Inc (Gardena, Calif.), Seltzer Chemicals, Inc. (Carlsbad, Calif.) and Jerehme Industries, Inc. (Newark, N.J.).

[0056] The active agents are combined with a carrier that is physiologically compatible with the skin, membrane or mucosal tissue of a human or animal to which it is topically administered. That is, the carrier is preferably substantially inactive except for surfactant properties used in making a suspension of the active ingredients. The compositions may include other physiologically active constituents that do not interfere with the efficacy of the active agents in the composition.

[0057] A typical therapeutic composition will contain in a one gram dosage formulation from 10<sup>7</sup> to 10<sup>11</sup>, preferably 2 x 10<sup>7</sup> to 10<sup>10</sup>, colony forming units (CFU) of viable Bacillus bacteria (i.e., vegetative cell) or bacterial spore. In one preferred embodiment a therapeutic composition may include from about 10 milligrams (mg) to one gram of fructooligosaccharides. The formulation may be completed in weight using any of a variety of carriers and/or binders. A preferred carrier is micro-crystalline cellulose (MCC) added in an amount sufficient to complete the one gram dosage total weight. Particularly preferred formulations for a therapeutic composition of this invention are described in the Examples.

[0058] Carriers can be solid-based dry materials for formulations in powdered form, and can be liquid or gel-based materials for formulations in liquid or gel forms, which forms depend, in part, upon the routes or modes of administration.

[0059] Typical carriers for dry formulations include trehalose, maltodextrin, rice flour, micro-crystalline cellulose (MCC), magnesium stearate, microcrystalline cellulose (MCC), magnesium stearate, microcrystalline cellulose (MCC), magnesium stearate, steatite, PEG, glacto-oligosaccharides (GOS), dextrose, sucrose, tate, and the like carriers.

[0060] Where the composition is dry and includes evaporated oils that produce a tendency for the composition to cake (adherence of the component spores, salts, powders and oils), it is preferred to include dry fillers which distribute the components and prevent caking. Exemplary anti-caking agents include MCC, tate, diatomaceous earth, amorphous silica and the like, typically added in an amount of from about 1 to 95% by weight.

[0061] Suitable liquid or gel-based carriers are well known in the art, such as water and physiological salt solutions, urea, alcohols and glycols such as methanol, ethanol, propanol, butanol, ethylene glycol and propylene glycol, and the like. Preferably, water-based carriers are about neutral pH.

[0062] Suitable carriers include aqueous and oleaginous carriers such as, for example, to white petrolatum, isopropyl myristate, lanolin or lanolin alcohols, mineral oil, fragrant or essencial oil, narturium extract oil, sorbitan mono-ooleate, propylene glycol, ceteylstenyl alcohol (together or in various combinations), hydroxypropyl cellulose (MW=100,000 to 1,000,000), detergents (e.g., poloxyl stearate or sodium laurel sulfate) and mixed with water to from a lotion, gel, cream or semi-solid composition. Other suitable carriers comprise water-in-oil or oil-in-water emulsions and mixtures of emulsifiers and emollients with solvents such as sucrose stearate, sucrose cocoate, sucrose distearate, mineral oil, propylene glycol, 2-ethyl-1,3-hexanediol, polyoxypropylene-15-stearyl ether and water. For example, emulsions containing water, glycerol stearate, glycerin, mineral oil, synthetic spermatozontes, cetyl alcohol, butyrate, propylparaben and methylparaben are commercially available. Preservatives may also be included in the carrier including methylparaben, propylparaben, benzyl alcohol and ethylene diamine tetracetate salts. Well-known flavorings and/or colorants may also be included in the carrier. The composition may also include a plasticizer such as glycerol or polyethylene glycol (MW=800 to 20,000).

The composition of the carrier can be varied so long as it does not interfere significantly with the pharmacological activity of the active ingredients or the viability of the Bacillus cells or spores.

[0063] A therapeutic composition can be formulated to be suitable for application in a variety of ways, for example in a cream for skin (e.g., ringworm or athlete's foot), in a wash for the mouth (e.g., oral thrush), in a douche for vaginal application (e.g., vaginitis), in a powder for dusting (e.g., dermatitis), in a liquid for toe nails (e.g., tinea pedis), in a bath salt or bath powder for treating genital, foot or other tissue infections in a bath, and the like as described in more detail in the Examples. Other formulations will be readily apparent to one skilled in the art.

D. Therapeutic Methods for Treating Microbial Infections

[0064] The present invention contemplates a method for treating, reducing or controlling microbial infections in a variety of skin and mucosal membrane tissues using a therapeutic composition or therapeutic article of manufacture of this invention. Optimally the compositions effectively reduce the yeast, fungal and/or viral titre in the treated individual, particularly at the site of application of the topical composition. For example, the pathogenic microbial titre in lesions is significantly reduced with topical treatment of affected areas of the skin or mucous membrane. The disclosed methods of treatment also reduce symptoms of pathogenic microbial infection (e.g., pain associated with infected or microbial-caused lesions) and promote more rapid healing than seen without Bacillus treatment.

[0065] The method of the present invention includes administration of a composition containing the active Bacillus ingredient to a human or animal to treat or prevent microbial, i.e., bacterial, yeast, fungal or viral, infection. Administration is preferably to the skin or a mucous membrane using a cream, lotion, gel, oil, ointment, suspension, aerosol spray, powder, semi-solid formulation (e.g., a suppository), or article of manufacture, all formulated to contain a therapeutic composition of this invention using methods well known in the art.

[0066] Application of the compositions containing the active Bacillus agent effective in preventing or treating a microbial infection generally consist of one to ten applications of 10 mg to 10 g of a composition per application for one day up to one month. Applications are generally once every twelve hours and up to once every four hours. Preferably two to four applications of the composition per day, of about 0.1 g to 5 g per application, for one to seven days are sufficient to prevent or treat a microbial infection. For topical applica-
tions, the compositions are preferably applied to lesions daily as soon as symptoms (e.g., pain, swelling or inflammation) are detected. Of course, the specific route, dosage and timing of the application will depend, in part, on the particular pathogen and/or condition being treated and the extent of the condition.

[0067] A preferred method involves the application of from $10^{1}$ to $10^{12}$ viable bacterium or spore per day, preferably from $10^{3}$ to $10^{12}$, and more preferably about from $5 \times 10^{3}$ to $10^{10}$ viable bacterium or spore per day. In addition, a preferred method optionally comprises application of a composition that additionally contains from 10 mg to 20 gms of fructooligosaccharide per day, preferably about 50 mg-10 gm, and more preferably about from 150 mg to 5 gms of fructooligosaccharide per day, to promote growth of the probiotic Bacillus species over the growth of the pathogen.

[0068] In the case of a therapeutic bath, one embodiment provides for the addition and admixing of a composition of dry Bacillus spores to a prepared bath that may contain soaps, oils, fragrances, salts, and the like bath components, followed by contacting the infected tissue to the bath water, as by “taking a bath” in the conventional sense. In this embodiment, the therapeutic probiotic spores can be packaged in a system with instructions as described herein. A typical bath would provide $10^{5}$ to $10^{12}$ CFU of bacterial cells or spores, preferably about $1 \times 10^{3}$ to $5 \times 10^{5}$ CFU of cells or spores per bath.

[0069] Specific methods for treating a microbial infection are described in the Examples, and include diaper rash, vaginal yeast infection, opportunistic skin infection, tinea funga l infection, superficial skin infection, acne, cold sores, genital Herpes lesions, athlete’s foot, and the like.

[0070] Unless defined otherwise, all scientific and technical terms used herein have the same meaning as commonly understood by those skilled in the relevant art. Unless otherwise defined, all technical and scientific terms used herein have the same meaning as commonly understood at the time the invention was made.

E. Therapeutic Systems for Treating Microbial Infections

[0071] The invention further contemplates a therapeutic system for treating, reducing and/or controlling microbial infections comprising a container or a packaging containing a probiotic and a therapeutic composition according to the present invention, wherein said container comprises instructions for use of the composition for treating said infection.

[0072] Typically, the system is present in the form of a package containing a therapeutic composition of this invention, or in combination with packaging material. The packaging material includes a label or instructions for use of the components of the package. The instructions indicate the contemplated use of the packaged component as described herein for the methods or compositions of the invention.

[0073] For example, a system can comprise one or more unit dosages of a therapeutic composition according to the invention. Alternatively, the system can contain bulk quantities of a therapeutic composition. The label contains instructions for using the therapeutic composition in either unit dose or in bulk form as appropriate, and may include information regarding storage of the composition, disease indications, dosages, routes and modes of administration and the like information.

[0074] Furthermore, depending upon the particular contemplated use, the system may optionally contain either combined or in separate packages one or more of the following components: FOS: bath salts, soaps and oils (for a bath use), and the like components. One particularly preferred system comprises unit dose packages of Bacillus spores for use in combination with a conventional bath salt or bath soap product, together with instructions for using the Bacillus probiotic in a therapeutic method.

F. Articles of Manufacture

[0075] The invention also contemplates various articles of manufacture which utilize the beneficial aspects of the present invention by combination of the therapeutic composition with various medical or personal hygiene devices so as to reduce or prevent microbial infections associated with the use of these devices. The invention comprises compositions of Bacillus and/or isolated B. coagulans active agent applied to a solid surface or impregnated into a solid matrix of any device or article of manufacture that is intended to be in contact with skin or a mucous membrane. Preferably the solid surface is a flexible article that can be worn on or wiped on the skin or mucous membrane. More preferably, when the flexible item carrying the Bacillus and/or the isolated active agent is to be worn on the skin it includes a means for attaching the article to the skin such as, for example, an adhesive layer, interengaging hook and pile (Velcro®) connectors, or other well-known means of attachment such as ties, snap closures, elastic, buttons and the like.

[0076] Specific embodiments which include Bacillus and/or isolated B. coagulans active agent are diapers, towelettes (e.g., baby wipes or feminine hygiene towelettes), tampons, dermal patches, adhesive tape, absorbent pads, articles of clothing (e.g., underclothes, sleeping apparel), bath towels, wash cloths, and the like. The article may be made of fibrous woven, knitted or nonwoven materials, occlusive or nonocclusive films or membranes, synthetic polymer fibers, films, membranes and foams (e.g., nylon, polytetrafluoroethylene (PTFE, such as Teflon® or Gore-Tex®), polystyrene, polycarbonate, polyvinyl chloride and polysulfone). All of these forms are well known in the art and include, for example, knitted or woven fabrics, nonwoven fabrics such as felt and batting, fiber balls of cotton, rayon, cellulose or synthetic fibers and the like materials.

[0077] The Bacillus and/or B. coagulans isolated active agent can be applied to the solid surface using any of a variety of known methods including, for example, applying a powder, spray drying the probiotic onto the material or soaking the material in a solution containing the probiotic and then using the wetted material or drying the material before use. Porous material may contain the Bacillus and/or the isolated active agent in the pores or interstices of the solid material. The Bacillus and/or the isolated active agent can be attached by adhesion, such as by attachment to an adhesive layer that is then applied to the skin (e.g., in a bandage or dermal patch). The Bacillus and/or the isolated active agent can be impregnated into the solid material during the manufacturing process of the flexible article (e.g., added to a synthetic composition before or during the polymerization process). The pressure and heat resistance of Bacillus spores makes them particularly suitable for incorporation into the material during manufacturing. Any of the solid materials carrying Bacillus and/or the isolated active agent can be packaged individually or in groups, suitable for holding the treated material using standard packaging materials (e.g., in a shrink wrapper,
sealed packet, protective wrapper or dispensing container suitable for holding dry or wet materials).

[0078] The article of manufacture can have applied thereon any of the additional/optional components of a therapeutic composition of this invention, including carriers, salts, FOS, fragrances, and the like.

[0079] Any of a variety of methods for placing the therapeutic composition onto a subject article can be used, and therefore the invention need not be so limited. However, preferred methods include a “spray-dry” method in which the material is exposed in a low humidity chamber to an atomized mix containing a liquid composition, where the chamber is subsequently exposed to about 80-100 degrees Fahrenheit to dry the liquid, thereby impregnating the material of the article with the components of the composition. A typical load is from $10^5$ to $10^6$ cfu of bacteria/spores per ml of atomizing mix, to place that same amount on about one square inch of external surface of fibrous carrier/article material. The dry article is then ready for storage in a sterile package for use.

EXAMPLES

[0080] The following examples relating to this invention are illustrative and should not, of course, be construed as specifically limiting the invention. Moreover, such variations of the invention, now known or later developed, which would be within the purview of one skilled in the art are to be considered to fall within the scope of the present invention hereinafter claimed.

Example 1

[0081] Antimicrobial Activity of B. coagulans

[0082] The ability of B. coagulans to inhibit various fungal pathogens was demonstrated using an in-vitro assay. The tested fungal strains of Trichophyton species are available from the American Type Culture Collection (ATCC) (Rockville, Md.) and their ATCC accession numbers are shown in Table 2. In the assay, potato-dextrose plates (DFCO®, Detroit, Mich.) were prepared using standard procedures and were inoculated individually with a confluent bed (about $1.7 \times 10^5$) of various species of the fungus Trichophyton. Inhibition by B. coagulans was tested by placing on the plate about $1.5 \times 10^5$ colony forming units (CFU) in 10 ml of broth or buffer, plated directly in the center of the potato-dextrose plate with one test locus per plate. The size of each test locus was about 8 mm in diameter and a minimum of three tests were performed for each inhibition assay. The negative control was a 10 ml drop of sterile saline solution, and the positive control was a similar volume of 2% miconazole (1-[2-(2,4-dichlorophenyl)-2-[(2,4-dichlorophenyl)methoxy]ethyl]-1H-imidazole in an inert cream. The plates were then incubated for about 18 hr at 30°C when the zone of inhibition was measured. As used herein, “excellent inhibition” means the zone was 10 mm or greater in diameter, and “good inhibition” means the zone was greater than 2 mm in diameter but less than 10 mm in diameter.

[0083] The results of in vitro inhibition by B. coagulans are shown in Table 2. For each of the Trichophyton species tested, the disease condition associated with an infection is indicated in column 2 of Table 2. For comparison, no zone of inhibition was seen with the negative control. Good inhibition (about 8.5 mm diameter, mean average of three tests) was seen with the positive control.

<table>
<thead>
<tr>
<th>Pathogen</th>
<th>Related Disease</th>
<th>Inhibition Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>T. mentagrophytes (ATCC® 4808)</td>
<td>Tinea pedis (Athlete’s Foot)</td>
<td>Excellent</td>
</tr>
<tr>
<td>T. interdigitale (ATCC® 9120)</td>
<td>Tinea pedis (Athlete’s Foot)</td>
<td>Excellent</td>
</tr>
<tr>
<td>T. mentagrophytes (ATCC® 36107)</td>
<td>Tinea versicolor (Ring Worm)</td>
<td>Excellent</td>
</tr>
<tr>
<td>T. mentagrophytes (ATCC® 8125)</td>
<td>Tinea barbae (Face &amp; Neck Inflammation)</td>
<td>Good</td>
</tr>
<tr>
<td>T. mentagrophytes (ATCC® 28187)</td>
<td>Tinea pedis</td>
<td>Excellent</td>
</tr>
<tr>
<td>T. rubrum (ATCC® 18753)</td>
<td>Mild Dermatophytosis</td>
<td>Good</td>
</tr>
<tr>
<td>T. yasundei (ATCC® 13947)</td>
<td>Ring Worm, Scalp</td>
<td>Good</td>
</tr>
</tbody>
</table>

[0084] Similarly, the ability of B. coagulans to inhibit various yeast pathogens was demonstrated in vitro for four species of Candida, all of which are available from the American Type Culture Collection (Rockville, Md.) with their ATCC accession numbers shown in Table 3. In the assay, potato-dextrose plates (DFCO®, Detroit, Mich.) were prepared using standard procedures and were inoculated individually with a confluent bed about $1.7 \times 10^6$ of the four species of Candida. Inhibition by B. coagulans was tested by placing on the plate about $1.5 \times 10^5$ CFU in 10 ml of broth or buffer, plated directly in the center of the potato-dextrose plate with one test locus of about 8 mm in diameter per plate. A minimum of three tests were performed for each inhibition assay. The negative control was a 10 ml drop of a sterile saline solution and the positive control was a 10 ml volume of miconazole cream. The plates were then incubated for about 18 hr at 30°C when the zone of inhibition was measured using the same criteria as defined earlier herein. No inhibition was seen with the negative control and good inhibition (about 8.7 mm diameter, average of three tests) was seen with the positive control.

[0085] The results of the in vitro tests are shown in Table 3 with the pathological conditions in humans associated with infection by the Candida species shown in column 2.

<table>
<thead>
<tr>
<th>Species</th>
<th>Pathology</th>
<th>Inhibition Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Candida albicans (ATCC® 26555)</td>
<td>Chronic Mucocutaneous, Candidiasis, Yeast and Mycelial Phase</td>
<td>Excellent</td>
</tr>
<tr>
<td>C. albicans (ATCC® 4203)</td>
<td>Systemic Candidiasis</td>
<td>Excellent</td>
</tr>
<tr>
<td>C. albicans (ATCC® 4487)</td>
<td>Yeast and Mycelial Phase</td>
<td>Excellent</td>
</tr>
<tr>
<td>C. tropicalis (ATCC® 62377)</td>
<td>Cervical Yeast Infection</td>
<td>Excellent</td>
</tr>
</tbody>
</table>

[0086] Similarly, the ability of B. coagulans to inhibit opportunistic bacterial pathogens was demonstrated in vitro for Pseudomonas aeruginosa and Staphylococcus aureus which are part of a standard bacterial pathogen screen (U.S. Food and Drug Administration) and are commercially available on solid support disks (DFCO®, BACTROL® disk set). In the assay, potato-dextrose plates (DFCO®, BACTROL®) were prepared using standard procedures and were inoculated individually with a confluent bed $1.5 \times 10^5$ of each of the four species of
bacteria. Inhibition by *B. coagulans* was tested by placing on the plate about 1.5x10^6 CFU in 10 μl of broth or buffer, plated directly in the center of the potato-dextrose plate with one test locus of about 8 mm in diameter per plate. A minimum of three test loci were used for each assay. The negative control was a 10 μl drop of a sterile saline solution and the positive control was a 10 μl volume of glutaraldehyde. The plates were then incubated for about 18 hr at 30°C. When the zone of inhibition was measured using the same criteria as defined earlier herein. No inhibition was seen with the negative control and excellent inhibition (about 16.2 mm diameter, average of three tests) was seen with the positive control. Excellent inhibition was also seen for both opportunistic pathogens, *P. aeruginosa* and *S. aureus*.

Example 2

Formulation of a Therapeutic Composition

Formulation 1: Bathing Formulation (Per Bath/Dosage)

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>B. coagulans</em></td>
<td>250,000,000 spores (~18 mg)</td>
</tr>
<tr>
<td>bath salts (sea &amp; mineral salts)</td>
<td>10 gm</td>
</tr>
<tr>
<td>fructooligosaccharides (FOS)</td>
<td>1 gm</td>
</tr>
<tr>
<td>microcrystalline cellulose (MCC)</td>
<td>5 gm</td>
</tr>
<tr>
<td>fragrance</td>
<td>Trace</td>
</tr>
</tbody>
</table>

Formulation 2: Topical Ointment (Per ml)

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>B. coagulans</em> extract (Example 3B)</td>
<td>100 ul</td>
</tr>
<tr>
<td>lanolin</td>
<td>780 ul</td>
</tr>
<tr>
<td>Emu oil</td>
<td>100 ul</td>
</tr>
<tr>
<td>geranium essential oil</td>
<td>20 ul</td>
</tr>
<tr>
<td>fragrance</td>
<td>Trace</td>
</tr>
</tbody>
</table>

Formulation 3: Topical Liquid for Dropper Application (Per ml)

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>B. coagulans</em> extract (Example 3B)</td>
<td>500 ul</td>
</tr>
<tr>
<td>Emu oil</td>
<td>450 ul</td>
</tr>
<tr>
<td>geranium essential oil</td>
<td>20 ul</td>
</tr>
<tr>
<td>Tween-80 detergent</td>
<td>30 ul</td>
</tr>
<tr>
<td>fragrance</td>
<td>Trace</td>
</tr>
</tbody>
</table>

Formulation 4: Powder (Per Gram)

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>B. coagulans</em></td>
<td>100,000,000 spores (~8 mg)</td>
</tr>
<tr>
<td>talc</td>
<td>992 mg</td>
</tr>
<tr>
<td>powdered lavender fragrance</td>
<td>Trace</td>
</tr>
</tbody>
</table>

Example 3A

Preparation of *B. coagulans* Spores

A culture of dried *B. coagulans* spores was prepared as follows. Ten million spores were inoculated into a one liter culture containing 24 gms potato dextrose broth, 10 gms of enzymic digest of poultry and fish tissue, 5 gms of FOS and 10 gms MnSO4. The culture was maintained for 72 hours under a high oxygen environment at 37 degrees Centigrade to produce culture having about 150 billion cells per gram of culture. Thereafter, the culture was filtered to remove culture medium liquid, and the bacterial pellet was resuspended in water and freeze-dried. The freeze-dried powder is then ground to a fine powder using standard good manufacturing practice (GMP). The powder is then combined into Formulation 1 or Formulation 4 as described in Example 2 to form dry powder compositions.

Example 3B

Preparation of *B. coagulans* Extracellular Products

A one liter culture of *B. coagulans* was prepared as described in Example 3A except the FOS was omitted. The culture was maintained for 5 days as described, at which time FOS was added at 5 gm/liter, and the culture was continued. 20 ml of carrot pulp was then added at day 7, and the culture was harvested when the culture became saturated (no substantial cell division). The culture was first autoclaved for 30 minutes at 250 degrees Fahrenheit, and then centrifuged at 4000 rpm for 15 min. The resulting supernatant was collected and filtered and then filtered through a Buchner funnel through a 0.8 micron (μ) filter, and the filtrate (pass through) was collected and further filtered through a 0.2 μ NaI gel vacuum filter. The resulting pass-through was collected (about 900 milliliters) to form a liquid containing an extracellular product, and used in inhibition studies.

Following the assay described in Example 1 using *Candida albicans*, one milliliter of the above-produced extracellular product was added to the test plate in place of the bacterium. After the same culturing time, a zone of inhibition of about 10 to 25 millimeters was observed, indicating a potent antimicrobial activity "excellent" quality, using the terminology of Example 1.

The liquid containing the extracellular product was formulated into a liquid ointment composition for use in direct application onto a tissue using a dropper, such as would be convenient to treat a fungal infection of the toe nail. This liquid ointment was prepared by combining the liquid extracellular product produced above with Emu essential oil in a ratio of about 8:2, and the fragrances were added to produce an aesthetic component.

Alternatively, one can use any liposomal or oil based transdermal delivery component in place of the Emu oil. The typical ratio of probiotic extracellular product to carrier or delivery component is a range of from about 1 to 90% probiotic, and preferably about 10 to 75% probiotic.

Example 4

Topical Application to Prevent Diaper Rash

A powder, aerosol spray liquid, or aerosol spray powder containing *B. coagulans* active agent, preferably *B. coagulans* spores, is applied to diapers by the consumer before use. Alternatively, disposable diapers supplied from the manufacturer may contain *B. coagulans* active agent,
preferably \textit{B. coagulans} spores, impregnated into the diaper material where it would be adjacent to the child's skin when in use. When the diaper becomes wet by urine and/or fecal material, the spores are activated, usually within about twenty minutes. \textit{B. coagulans} spore germination and \textit{B. coagulans} growth after spore germination produce sufficient antifungal, including anti-yeast, activity to inhibit growth of yeast and fungal organisms in the diapers and on the child's skin, thus preventing diaper rash or other diaper-associated opportunistic infections.

Alternatively or in addition to treating diapers with \textit{B. coagulans}, the child's skin in the diaper area can be treated with a saturated soft cloth wipe, powder, aerosol spray liquid, aerosol spray powder, lotion, cream or ointment containing \textit{B. coagulans} active agent. Optimally, the \textit{B. coagulans} formulation is applied to the child's skin after bathing and/or when the diapers are changed.

Suitable formulations include a powder of talc and optionally fragrance containing about 10\(^6\) to 10\(^9\) \textit{B. coagulans} spores per gram. Other suitable powder formulations contain talc, mineral oil, magnesium carbonate, DMDDM hydantoin and about 10\(^3\) to about 10\(^9\) \textit{B. coagulans} spores per gram or about 10\(^3\) to about 10\(^9\) \textit{B. coagulans} spores per gram of a corn starch and calcium carbonate powder. An aerosol powder that includes an isotinate or other well known propellant made using standard methods is also suitable. An aerosol spray may be formulated by combining about 10\(^3\) to about 10\(^9\) \textit{B. coagulans} spores per gram in isotropic myristate, about 60\% (w/w) SD alcohol 40-B, and isotunate that is the propellant using standard methods. A manual pump spray containing about 10\(^3\) to about 10\(^9\) \textit{B. coagulans} spores per gram of a neutral aqueous solution with no chemical propellant is also suitable. A suitable spray formulation includes alcohol, glycerin, purified water and methylparaben in addition to the \textit{B. coagulans} probiotic. A cream formulation includes aloe vera gel, isotropic myristate, methylparaben, polysorbate 60, propylparaben, purified water, sorbitan monostearate, sorbitol solution, stearic acid and about 10\(^3\) to about 10\(^9\) \textit{B. coagulans} spores per gram. Another protective cream contains vitamins A and D equivalent to the concentration found in cod liver oil, ceteth-20, cotton seed oil, glycerin, glycerol monostearate, optional fragrance, methylparaben, mineral oil, potassium stearate, propylparaben and about 10\(^3\) to about 10\(^9\) \textit{B. coagulans} spores per gram. An ointment contains cod liver oil, lanolin oil, methylparaben, propylparaben, t alc, optional fragrance and about 10\(^3\) to about 10\(^9\) \textit{B. coagulans} spores per gram. Another ointment formulation includes petrolatum, water, paraffin, propylene glycol, milk protein, cod liver oil, aloe vera gel, optional fragrance, potassium hydroxide, methyl paraben, propyl paraben, vitamins A, D and E and about 10\(^3\) to about 10\(^9\) \textit{B. coagulans} spores per gram. A soft cloth pad (i.e., a baby wipe) is soaked in an aqueous solution (e.g., water, amphoteric 2, aloe vera gel, DMDDM hydantoin or an aqueous solution of 30\%-70\% alcohol) and about 10\(^3\) to about 10\(^9\) \textit{B. coagulans} spores per gram.

Example 5
Topical Treatment of Vaginal Yeast Infection

Bath products, including granulated or powdered bubble bath, bath crystals, bath salts, bath oils, powders, aerosol micro particulates and the like, for treatment of vaginal \textit{Candida albicans} and/or \textit{C. tropicalis} infections are produced in any of a variety of well-known formulations containing \textit{B. coagulans} spores as follows. For bubble baths, bath crystals, bath salts, bath oils and the like which are placed in bath water, about 5\times10\(^9\) \textit{B. coagulans} spores are used per standard bath (about 30 to 100 gal), such that a bath powder composition comprises about 150-200\times10\(^9\) spores per gram of powder. For aching (talc-type) powders, about 1\times10\(^9\) \textit{B. coagulans} spores per gm of talc, powdered oatmeal, cornstarch or similar powdered substance are used. For aerosols of microparticulates, about 1\times10\(^7\) \textit{B. coagulans} spores per ml of carrier are used.

A bath oil contains about 10\(^9\) \textit{B. coagulans} spores per ml of an oil blended formulation such as mineral oil, laureth-4, quaternium-18 hectorite and phenylcarbamol. Natural oil based formulations containing about W \textit{B. coagulans} spores per ml of a mixture that includes, for example, olive oil, grape seed oil, emu oil, sweet almond oil, geranium oil, grapefruit oil, mandarin oil and peppermint oil are also suitable, with or without fragrance.

A suitable nonsoap emollient cleanser includes sodium octoxyln-2 ethanol sulfate solution in water, petrolatum, octoxynol-3, mineral oil or lanolin oil, cocamid MEA, optional fragrance, imidazolidinyl urea, sodium benzoate, tetrasodium EDTA, methykellhalose, adjusted to pH 6.5 to 7.5, and about 10\(^9\) to about 10\(^10\) \textit{B. coagulans} spores per gm. Other suitable cleansers include well known water, glycerin and sodium oleate based formulas, adjusted to about pH 7.0, and containing about 10\(^7\) to about 10\(^9\) \textit{B. coagulans} spores per gm. Hard milled soaps made by standard methods may also include about 10\(^9\) to about 10\(^10\) \textit{B. coagulans} spores/g because the spores can withstand pressure and heat during soap manufacturing.

A soft cloth towelette soaked in a solution of water, potassium sorbate, disodium EDTA and containing about 10\(^3\) to about 10\(^9\) \textit{B. coagulans} spores per towelette can be used to clean the external vaginal area. Additional components to the formulation may include DMDDM hydantoin, isopropyl myristate, methylparaben, polysorbate 60, propylene glycol, propylparaben or sorbitan stearate. The disposable towelette is used to gently wipe the perivaginal area and then discarded.

In addition, vaginal suppositories or inserts containing about 1\times10\(^7\) \textit{B. coagulans} spores in an inert solid formulation are useful for mucosal treatment of \textit{C. albicans} and/or \textit{C. tropicalis} infections. Such formulations are well known in the art and can be made, for example, from a combination of corn starch, lactose, a metal stearate (e.g., magnesium stearate) and povidone. One to three inserts should be used per day while symptoms (e.g., vaginal itch and/or whitish discharge) are detected, with optimally about one insert per day used for a total of three to seven days, preferably at bedtime.

Example 6
Prevention and/or Treatment of Opportunistic Skin Infections

Opportunistic skin infections with \textit{Pseudomonas} and or \textit{Staphylococcus} species (typically \textit{P. aeruginosa}, \textit{S. epidermidis}, \textit{S. aureus}) commonly occur in conjunction with skin allergies (e.g., allergic reactions to plant irritants such as poison ivy), bed sores, diabetic lesions or other types of skin lesions. Probiotic formulations containing \textit{B. coagulans} spores (10\(^7\) to 10\(^10\) inl depending on the formulation and the application) and/or supernatant or filtrate containing extracellular bacteriocins produced by \textit{B. coagulans} are useful for preventing or treating opportunistic skin pathogens. Additionally, probiotic \textit{B. coagulans} formulations are useful to
prevent infection with methicillin-resistant Staphylococcus aureus (MRSA), particularly following injury or surgical incisions. A water-in-oil or oil-in-water emulsion, cream, lotion, powder, aerosol powder, or aerosol spray containing about 1x10^5 to about 1x10^6 B. coagulans spores per ml is used. Some suitable carriers are described herein, and others are well known in the art.

[0108] The skin is cleaned with soap and water and dried thoroughly. Then the B. coagulans containing formulation is applied to the skin, making sure that the formulation reaches between toes, under breasts, under arms, or other areas where the skin may become moist or exhibit friction chafing.

[0109] In addition to treating the skin topically with an emulsion, cream, lotion, powder, aerosol powder, or aerosol spray containing B. coagulans probiotic, the skin may be cleansed with a probiotic formulation such as described herein.

Example 7
Treatment of Tinea Fungal Infections

[0110] Ringworm (tinea versicolor) is caused by localized infections of the skin of the trunk and neck by dermatophyte fungus which colonizes the outer layer of the skin resulting in generally circular patches of white, brown or pink flaking skin that are often itchy. Once ringworm is detected, the affected area and a surrounding about 1 to 10 cm² area is treated twice daily with a cream or lotion containing 10% by weight B. coagulans spores. Suitable carriers are described herein, optimally containing about 10^5 to about 10^10 B. coagulans spores per ml of carrier.

[0111] For treatment of tinea cruris (jock itch), a powder containing about 10^7 to about 10^9 B. coagulans spores per ml of colloidal silicon dioxide, isopropyl myristate, talc and optional fragrance is applied to the groin area to provide relief of itching, chafing, burning rash and irritation. Treatment is twice daily, generally after bathing and at bedtime, until symptoms are no longer detected.

[0112] Clothing, particularly underclothes and nightclothes that come in contact with the trunk and neck are sprayed with an aerosol containing about 1% to about 20% B. coagulans active agent in a suitable carrier such as described herein to prevent the spread of the infection to additional areas of the body.

Example 8
Treatment of Superficial Skin Infections

[0113] Superficial infections with Staphylococcus species (e.g., S. aureus, S. epidermidis) of a blocked sweat or sebaceous gland cause pustules, boils, abscesses, styes or carbuncles. These superficial skin infections may be accompanied by a blistering rash, particularly in babies, due to bacterial toxins released by the Staphylococcus species.

[0114] A water-in-oil or oil-in-water emulsion, cream, lotion, or gel, containing about 1x10^6 to about 1x10^8 B. coagulans spores per ml may be used. An exemplary topical gel is prepared by mixing together equal volumes of propylene glycol and water, 1% by weight hydroxypropyl cellulose (MW 100,000 to 1,000,000) and lyophilized B. coagulans culture to a final concentration of 1x10^5 to about 1x10^7 B. coagulans spores per ml of the combination, and allowing the stirred mixture to sit for 3 to 5 days to form a gel. Other formulations are presented herein.

[0115] The B. coagulans-containing emulsion, cream, lotion, or gel is applied to the area of the skin showing superficial skin infections (pustules, boils, abscesses, styes or carbuncles) or rash and gently rubbed into the skin and allowed to air-dry. Applications are at least once per day, preferably two to three times per day (e.g., morning and night), or after each washing of the infected area for those areas which are washed frequently (e.g., the hands or diaper area). Applications are continued until skin inflammation has subsided and the skin appears normal to the observer. In cases where scabbing has occurred, in the infected area, once daily applications are continued until the scabs are no longer present.

Example 9
Acne Treatment

[0116] For treatment or prevention of acne vulgaris, a cleanser containing B. coagulans active ingredient obtained from a supernatant of bacterial culture is applied daily as a skin care product for removing excess dirt and oil and for preventing opportunistic infection of the skin. A suitable cleanser includes bentonite, cocoamphodiacetate, optional fragrance, glycerin, iron oxides, magnesium silicate, sodium borohydride, sodium chloride, sodium cocoyl, sodium tallowate, talc, tetrasodium EDTA, titanium dioxide, trisodium HEDTA, water and about 1% to about 20% (v/v) of an aqueous supernatant or filtrate of a B. coagulans culture grown to saturation.

[0117] A similar cleanser, particularly for sensitive skin, includes about 30-50% colloidal oatmeal, suspended in a base of water, glycerin, diethylaminochloride, petrolatum, isopropyl palmitate, cetyl alcohol, dimethicone, sodium chloride, adjusted to pH 7.0, and containing about 5% to about 50% (v/v) of an aqueous supernatant or filtrate of a B. coagulans culture grown to saturation.

[0118] Alternatively, the skin may be cleansed using any well known cleanser and then a cream containing B. coagulans active ingredient from a culture supernatant or filtrate is applied to the skin in a thin film about once every two days to about three times daily as needed. A suitable cream includes about 10-12% alcohol (w/w) bentonite, optional fragrance, iron oxides, potassium hydroxide, propylene glycol, titanium dioxide, purified water and about 0.5% to about 60% (v/v) of an aqueous supernatant or filtrate of a B. coagulans culture grown to saturation.

[0119] The above formulation is suited for treating acne caused by Propionibacterium acne and by Staphylococcus epidermidis.

Example 10
Treatment of Cold Sores or Genital Herpes Lesions

[0120] Cold sores, generally around or in the mouth are caused by the virus Herpes simplex I. Similar lesions around the genitals are caused by Herpes simplex II. Herpes simplex infections can also cause painful finger or toe swelling (Whitlow). Both types of Herpes simplex lesions or Whitlow can be treated with a cream, lotion or gel ointment containing about 1x10^5 to about 1x10^10 B. coagulans spores per ml.

[0121] For oral cold sores, a soothing emollient lip balm contains allantoin, petrolatum, titanium dioxide at cosmetically acceptable levels, and about 10% to about 10^10 B. coagulans spores per ml. The lip balm may further include a sunscreen (e.g., padimate O). An alternative emollient lip balm contains the same base ingredients mixed to form an emulsion.
with 0.5% to 20% (v/v) of an aqueous supernatant or filtrate of a B. coagulans culture grown to saturation. The lip balm is applied to the lips and affected area to form a light film as a prophylactic when prodromal symptoms are felt (tingling, itching, burning) or when a lesion is visible. The lip balm should be applied as often as needed (e.g., every hour when a lesion is present) and generally once per day at bedtime.

[0123] For oral cold sores, the B. coagulans spores or extracellular agent in culture supernatant or filtrate may be formulated into a semi-solid lip balm containing about 20-40% white petrolatum, wax paraffin, mineral oil, isopropyl lanolate, camphor, lanolin, isopropyl myristate, cetyl alcohol, carnuba wax, methylparaben, propylparaben, titanium dioxide and optionally fragrance and coloring agents.

[0124] For genital herpes lesions, a cream or ointment is formulated using standard methods as described herein containing about 1 x 10^6 to about 1 x 10^9 B. coagulans spores per ml and/or 0.5% to 20% (v/v) of an aqueous supernatant or filtrate of a B. coagulans culture grown to saturation. The cream or ointment is applied at least twice daily as needed.

Example 11

[0124] Ear Drops or Ear Wash Containing B. coagulans Spores

[0125] For prevention or treatment of outer ear canal infections, an aqueous formulation that includes about 1 x 10^6 to about 1 x 10^9 B. coagulans spores per ml and/or 0.1% to 15% (v/v) of an aqueous supernatant or filtrate of a B. coagulans culture grown to saturation is used. The spores and/or supernatant is added to a sterile aqueous solution of 5-50% glycine, 0.1-5% propylene glycol and sodium stannate or sodium chloride. An alternative formulation includes about 1 x 10^7 to about 1 x 10^10 B. coagulans spores per ml and/or 0.1% to 15% (v/v) of an aqueous supernatant or filtrate of a B. coagulans culture grown to saturation in a sterile aqueous solution of 5-25% glycine, 5-10% alcohol and polysorbate 20.

[0126] To apply, the user tilts the head sideways and about 3 to 10 drops of the ear formulation is added to the ear using a standard dropper applicator, without having the applicator enter the ear canal. The head is kept tilted for several minutes or the ear is lightly plugged with a wad of cotton to allow the solution to remain in the ear for up to 15 minutes. Then the head is tilted and excess solution is allowed to drain from the ear. Gentle washing with a soft rubber bulb ear syringe containing warm water may be used to remove excess. The probiotic solution can be applied occasionally or daily for up to about five days. A physician should be consulted if there is drainage, discharge, rash, severe irritation in the ear or if the patient experiences dizziness.

Example 12

Prophylactic or Treatment for Athlete’s Foot

[0127] For prevention or treatment of athlete’s foot (tinea fungal infection), the feet are washed with soap and water, dried thoroughly and a powder, cream, ointment or gel, such as those described in the above examples is applied to the entire foot area. Optimally, the formulation includes about 10^6 to about 10^9 B. coagulans spores or 0.5% to 20% B. coagulans supernatant or filtrate. Daily treatments are continued as needed.

[0128] Additionally, athlete’s foot may be prevented or treated by using a standard insole insert (e.g. a fabric, fiber or synthetic foam) having sprayed on the surface or impregnated therein with the B. coagulans probiotic or extracellular antifungal product. Such treated insoles may be worn daily for up to two to three months when they are replace with fresh treated insoles.

[0129] The invention has been described in the above examples using a variety of formulations, although it should be apparent that various other carrier agents that are compatible with the probiotic compositions may be substituted in the examples to give similar results. Accordingly, the invention may be embodied in other specific forms without departing from it in spirit. The examples are to be considered in all respects only as illustrative and not as restrictive, and the scope of the invention is indicated by the claims that follow. All modifications which come within the meaning and range of the lawful equivalency of the claims are to be embraced within their scope.

What is claimed is:

1. A composition comprising a Bacillus species in a pharmaceutically acceptable carrier suitable for topical application to skin or a mucous membrane of a mammal.

2. The composition of claim 1, wherein the Bacillus species is included in the composition in the form of spores.

3. The composition of claim 1, wherein the Bacillus species is included in the composition in the form of a dried cell mass.

4. The composition of claim 1 wherein said Bacillus species is selected from the group consisting of Bacillus coagulans, Bacillus subtilis, Bacillus laterosporus and Bacillus lalvulicites.

5. The composition of claim 1 wherein said composition comprises contains 10^7 to 10^12 viable bacterium or spore per gram of composition.

6. The composition of claim 1 further comprising an effective amount of a fructo-oligosaccharide (FOS).

7. The composition of claim 6 wherein said FOS is present in an amount of from about 100 to 1000 milligrams per gram of composition.

8. The composition of claim 6 wherein said FOS is present in an amount of from about 100 to 500 milligrams per gram of composition.

9. The composition of claim 1, wherein the carrier is an emulsion, cream, lotion, gel, ointment, suspension, aerosol spray, powder, aerosol powder or semi-solid formulation.

10. A composition comprising an extracellular product of a Bacillus coagulans strain in a pharmaceutically acceptable carrier suitable for topical application to skin or a mucous membrane of a mammal.

11. The composition of claim 10 wherein the extracellular product is a supernatant or filtrate of a culture of a Bacillus coagulans strain.

12. The composition of claim 10, wherein the carrier is an emulsion, cream, lotion, gel, ointment, suspension, aerosol spray, powder, aerosol powder or semi-solid formulation.

13. The composition of claim 10 which further comprises about 1-75% emu oil by weight.

14. A method of preventing bacterial, yeast, fungal or viral infection comprising:

applying topically to skin or a mucous membrane of a mammal a probiotic composition comprising a Bacillus species; and

allowing the Bacillus species to grow topically for sufficient time to inhibit growth of bacteria, yeast, fungus or virus.
15. The method of claim 14, further comprising the steps of providing spores of the *Bacillus* species in the probiotic composition, and allowing the spores to germinate after the applying step.

16. The method of claim 14 wherein said *Bacillus* species is selected from the group consisting of *Bacillus coagulans*, *Bacillus subtilis*, *Bacillus laterosporus* and *Bacillus laevolacticus*.

17. The method of claim 14 wherein said composition comprises contains $10^3$ to $10^5$ viable bacterium or spore per gram of composition.

18. The method of claim 14 wherein said administering comprises applying from $10^9$ to $10^{10}$ viable bacterium or spore per day.

19. The method of claim 14 wherein said administering comprises applying from $5 \times 10^8$ to $10^9$ viable bacterium or spore per day.

20. The method of claim 14 further comprising an effective amount of a fructo-oligosaccharide (FOS).

21. The method of claim 20 wherein said FOS is present in an amount of from about 10 to 1000 milligrams per gram of composition.

22. The method of claim 20 wherein said FOS is present in an amount of from about 100 to 500 milligrams per gram of composition.

23. The method of claim 14, wherein the step of allowing the *Bacillus* species to grow inhibits growth of one or more microbes selected from the group consisting of *Staphylococcus* species, *Pseudomonas* species, *Escherichia coli*, *Proteus* species, *Klebsiella* species, *Candida* species and *Trichophyton* species.

24. The method of claim 14, wherein the applying step comprises applying a probiotic composition in the form of a cream, lotion, gel, oil, ointment, suspension, aerosol spray, powder, aerosol powder or semi-solid formulation.

25. A method of inhibiting growth of bacteria, yeast, fungus, virus or a combination thereof, comprising:
   - applying topically to skin or a mucous membrane a composition comprising an extracellular product of a *Bacillus coagulans* strain; and
   - allowing the composition to be present for sufficient time to inhibit growth of bacteria, yeast, fungus, virus or any combination thereof.

26. The method of claim 25, wherein the applying step comprises applying the composition in the form of a cream, lotion, gel, oil, ointment, suspension, aerosol spray, powder, aerosol powder or semi-solid formulation.

27. The method of claim 25 wherein said composition further comprises about 1-75% emu oil by weight.

28. An article of manufacture comprising a flexible article and an effective amount of a *Bacillus* species applied to said flexible article, wherein said flexible article is intended to be worn by or attached to skin or a mucous membrane of a mammal to allow probiotic activity of the isolated *Bacillus* species to occur adjacent to or on the skin or mucous membrane.

29. The article of manufacture of claim 28 wherein said *Bacillus* species is selected from the group consisting of *Bacillus coagulans*, *Bacillus subtilis*, *Bacillus laterosporus* and *Bacillus laevolacticus*.

30. The article of manufacture of claim 28 wherein said effective amount is about $10^2$ to $10^3$ viable bacterium or spore per article.

31. The article of manufacture of claim 28 further comprising an effective amount of a fructo-oligosaccharide (FOS).

32. The article of manufacture of claim 31 wherein said FOS is present in an amount of from about 10 to 1000 milligrams per article.

33. The article of manufacture of claim 28 wherein said article is selected from the group consisting of a bandage, a tampon, a feminine hygiene napkin, or an article of clothing.

34. A method of inhibiting growth of bacteria, yeast, fungus, virus or a combination thereof, comprising:
   - applying a composition comprising a *Bacillus* species to a solid surface;
   - contacting the solid surface with the applied *Bacillus* species thereon to skin or a mucous membrane of a mammal; and
   - allowing the solid surface to contact the skin or mucous membrane for sufficient time to allow initiation of probiotic activity of the isolated *Bacillus* species to inhibit growth of bacteria, yeast, fungus, virus or a combination thereof adjacent to or on the skin or mucous membrane.

35. The method of claim 34 wherein the solid surface comprises a flexible article selected from the group consisting of a diaper, pliable material for wiping skin or a mucous membrane, dermal patch, adhesive tape, absorbent pad, tampon or article of clothing.

36. The method of claim 34 wherein the applying step comprises impregnating the composition into a fibrous or nonfibrous solid matrix.

37. The method of claim 34 wherein the *Bacillus* species is included in the composition in the form of spores.

38. The method of claim 34 wherein the *Bacillus* species is included in the composition in the form of a dried cell mass.

39. The method of claim 34 wherein said *Bacillus* species is selected from the group consisting of *Bacillus coagulans*, *Bacillus subtilis*, *Bacillus laterosporus* and *Bacillus laevolacticus*.

40. The method of claim 34 wherein said composition comprises contains $10^2$ to $10^3$ viable bacterium or spore per gram of composition.

41. The method of claim 34 further comprising an effective amount of a fructo-oligosaccharide (FOS).

42. The method of claim 41 wherein said FOS is present in an amount of from about 10 to 1000 milligrams per gram of composition.

43. The method of claim 41 wherein said FOS is present in an amount of from about 100 to 500 milligrams per gram of composition.

44. A therapeutic system for inhibiting growth of bacteria, yeast, fungus, virus, or a combination thereof comprising a container comprising a label and a composition comprising *Bacillus* according to claim 1 wherein said label comprises instructions for use of the composition for inhibiting said growth.