A freestanding martial arts dummy is arranged for self-supporting from the ground. The dummy has a vertically extending cylindrical body member that carries one or more outwardly extending arms, having at least three outwardly extending legs, including respective leg slots provided in the body, said outwardly extending legs support the cylindrical body. Having at least two caster wheels affixed to said outwardly extending legs for transport and storage.
FIG. 3
FREESTANDING MARTIAL ARTS DUMMY

BACKGROUND OF THE INVENTION

1. Field of the Invention

The present invention relates to a freestanding martial arts dummy that is utilized for training of martial arts movements and, more particularly but not exclusively, to Kung Fu. The present invention relates to a martial arts dummy supported from at least three legs, and in which will enable the dummy to be free of restrictions from a wall or stand support system, to train 360 degrees around the dummy.

2. Description of the Related Art

Practitioners in martial arts often use various devices to simulate an opponent and thereby enabling the martial artist to practice the movements they are learning.

One particular device of interest in martial arts and Kung Fu is the wooden dummy referred to either as Mook Jung, Wing Chun dummy, or Wooden Man. Such a dummy is in the form of a cylindrical vertically extending body that includes several outwardly extending arms, and a forwardly and downwardly extending leg. Such dummies are often mounted on stands, others are supported from a wall mounting structure and are carried on a pair of horizontally arranged, bars or slots, while allowing the dummy to be freestanding the unit is free from prior art restrictions allowing the practitioner a wider range in practicing various movements.

The known support arrangements for such dummies do not allow for mobility of the dummy. Accordingly, the relatively unyielding dummy cannot simulate the reactions of a human when many movements are applied to it. It is therefore desirable to provide a freestanding arrangement that enables the dummy to be supported by its own structure which yields in response, has a wider workout radius, is open to a larger variety of impacts applied to it by a practitioner practicing martial arts movements.

BRIEF SUMMARY OF THE INVENTION

Briefly stated, in accordance with one aspect of the present invention, a freestanding arrangement provided for supporting a martial arts dummy. The dummy includes a cylindrical body member with slots for receiving respective legs forming the support of the device.

BRIEF DESCRIPTION OF THE SEVERAL VIEWS OF THE DRAWINGS

These and other features, aspects and advantages of the present invention will become better understood with regard to the following description, appended claims and accompanying drawings, where:

FIG. 1 is a perspective view of a freestanding martial arts dummy;
FIG. 2 is a front view thereof;
FIG. 3 is a side view thereof;
FIG. 4 is a top view thereof.

DISCLOSURE OF INVENTION

The present invention is directed to an improved martial arts training device which overcomes the disadvantages of prior art devices. In the present invention the dummy has a self-supporting structure (form follows function) using the front leg, which is traditionally used to simulate an opponent's leg, tapering it down to the ground becoming one of the supports. Enables the practitioner to use a 360 degree workout radius, is more responsive than other rigid dummy-type training devices that attach to a wall or stand that are currently available on the market. Is not permanently affixed to a structure or cumbersome due to a support system, which allows for ease of mobility and storage via caster wheels. Additionally, the present invention is much less expensive than other rigid dummy-type training devices currently available on the market.

In accordance with an important feature of the invention, at least three legs become the support for the device from a foundation.

In accordance with another important feature of the invention, the traditional front leg is tapered downward becoming a support for the device.

In accordance with another important aspect of the invention, two or more caster wheels are utilized.

In accordance with an important aspect of the invention, once installed, the dummy is substantially movable with respect to the cylindrical body.

In accordance with another preferred embodiment of the invention, the cylindrical body is not attached to a wall or stand.

In accordance with another important aspect of the invention, the unit has a 360-degree workout radius.

Other features and advantages of the present invention will become apparent from the following detailed description, taken in conjunction with the accompanying drawings, which illustrate, by way of example, the principles of the invention.

DETAILED DESCRIPTION OF THE INVENTION

Referring to the drawings, and particularly to FIG. 1 thereof, there is shown a martial arts dummy (14) being used by a martial art student (13) that is supported with three wooden or metal outwardly extending legs (5, 6, and 7) that taper to the ground. Dummy (14) is in the form of a Mook Jung dummy and includes a cylindrical body (1) that can be of tubular form. Dummy (14) includes three outwardly extending wooden arms (2, 3, and 4) held in place with wooden dowels (8, 9 and 10). As shown outwardly extending legs (5, 6 and 7), extends through respective, slots provided in body (1). Includes two caster wheels (11 and 12) affixed to outwardly extending legs (5 and 7). However, the number of arms and legs, the positions of the arms and legs, and the orientation of the respective arms and legs can be changed, and it should be understood that the arm leg arrangement shown is merely illustrative of one possible dummy configuration.

The preferred embodiments of the invention described herein are exemplary and numerous modifications, dimensional variations, and rearrangements can be readily envisioned to achieve an equivalent result, all of which are intended to be encompass within the scope of the present invention.

What is claimed is:
1. A freestanding mobile exercise device, comprising:
a. a cylindrical body;
b. at least one outwardly projecting arm attached to said device;
c. at least two caster wheels attached to said device;
d. at least three outwardly projecting legs attached to said device;
e. at least one outwardly projecting arm shaped and dimensioned to simulate a limb of a martial arts opponent; and
f. at least one said outwardly projecting leg shaped and dimensioned to simulate a limb of a martial arts opponent.

2. A mobile exercise device as claimed in claim 1, wherein the device is a martial arts dummy.

3. A freestanding as claimed in claim 1, wherein the martial arts dummy includes slots for receiving respective legs, said legs support the device from the ground.

4. The martial arts dummy as claimed in claim 2, wherein the martial arts device is free standing.

5. The martial arts dummy as claimed in claim 2, wherein the device has caster wheels affixed to supporting legs, and wherein said device may be turned or tilted onto said caster wheels for martial arts practice or transport and storage.