(19) World Intellectual Property **Organization**

International Bureau





(43) International Publication Date 18 December 2003 (18.12.2003)

PCT

(10) International Publication Number WO 2003/103777 A3

A63B 21/072 (51) International Patent Classification⁷:

(21) International Application Number:

PCT/US2003/018011

(22) International Filing Date: 6 June 2003 (06.06.2003)

(25) Filing Language: English

English (26) Publication Language:

(30) Priority Data:

60/387,298 7 June 2002 (07.06.2002) US 60/400,244 31 July 2002 (31.07.2002) US 60/400.894 1 August 2002 (01.08.2002) US 10/456,977 5 June 2003 (05.06.2003) US

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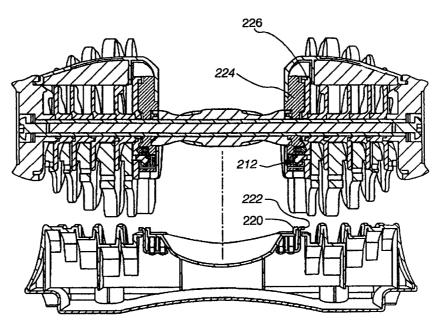
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- (81) Designated States (national): AE, AG, AL, AM, AT, AU, AZ, BA, BB, BG, BR, BY, BZ, CA, CH, CN, CO, CR, CU, CZ, DE, DK, DM, DZ, EC, EE, ES, FI, GB, GD, GE, GH, GM, HR, HU, ID, IL, IN, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MA, MD, MG, MK, MN, MW, MX, MZ, NI, NO, NZ, OM, PH, PL, PT, RO, RU, SC, SD, SE, SG, SK, SL, TJ, TM, TN, TR, TT, TZ, UA, UG, UZ, VC, VN, YU, ZA, ZM, ZW.
- (84) Designated States (regional): ARIPO patent (GH, GM, KE, LS, MW, MZ, SD, SL, SZ, TZ, UG, ZM, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, BG, CH, CY, CZ, DE, DK, EE, ES, FI, FR, GB, GR, HU, IE, IT, LU, MC, NL, PT, RO, SE, SI, SK, TR), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, ML, MR, NE, SN, TD, TG).

Declaration under Rule 4.17:

as to the identity of the inventor (Rule 4.17(i)) for all designations

[Continued on next page]

(54) Title: ADJUSTABLE DUMBBELL SYSTEM



(57) Abstract: A dumbbell is described including a handle having a grip and at least one end, an inner plate (226) mounted on the handle adjacent the grip, in a fixed rotational orientation, a support (224) rotationally mounted on the handle adjacent the inner plate, at least one collar rotationally mounted on the handle adjacent the support plate (224), and rotationally fixed with the support plate (224), a selector knob rotationally mounted in the handle adjacent the at least one collar, and rotationally fixed with the collar, a weight plate removably mounted on the handle adjacent the at least one collar, and a means for selectively securing the support plate (224) to the inner plate (226) to resist the rotation of the support plate, collar and selector knob with respect to the inner plate and



WO 2003/103777 A3



Published:

with international search report

(88) Date of publication of the international search report: $$31\ March\ 2005$

For two-letter codes and other abbreviations, refer to the "Guidance Notes on Codes and Abbreviations" appearing at the beginning of each regular issue of the PCT Gazette.

INTERNATIONAL SEARCH REPORT

Internation al application No.

		PCT/U.3: 3		3/18011	
A. CLASSIFICATION OF SUBJECT MATTER IPC(7) :A63B 21/072 US CL :482/106					
According to International Patent Classification (IPC) or to both national classification and IPC					
B. FIELDS SEARCHED					
Minimum documentation searched (classification system followed by classification symbols)					
U.S. : 4	482/106, 92, 93, 107-109				
Documentation searched other than minimum documentation to the extent that such documents: are included in the fields searched					
Electronic data base consulted during the international search (name of data base and, where principally icable, search terms used)					
C. DOCUMENTS CONSIDERED TO BE RELEVANT					
Category*	* Citation of document, with indication, where appropriate, of the relevant passag:			Relevant to claim No.	
A, P	US 6,461,282 B1 (FENELON) 08 October 2002, entire document. 1-31				
A, P	US 6,416,446 B1 (KRULL) 09 July 2002, entire document.			1-31	
A	US 6,261,211 B1 (SUAREZ et al) 17 July 2001, entire docur: ent. 1-31				
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Further documents are listed in the continuation of Box C. See patent family an ex.					
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than the priority date claimed Date of the actual completion of the international search		Date of mailing of	the internat (ıal search report	
08 AUGUST 2008		25 NOV	2003		
Name and mailing address of the ISA/US Commissioner of Patents and Trademarks Box PCT Washington DC 90981		Authorized officer GLENN RICH	IMAN DE	we Russell for	

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