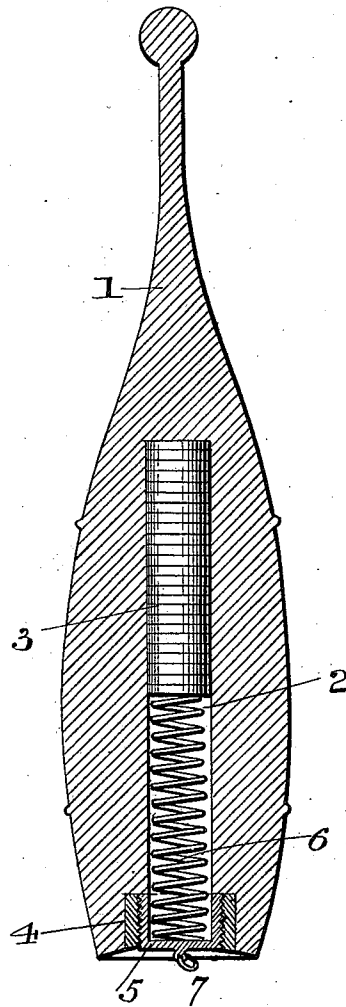


(No Model.)

G. A. SOLBERG.  
INDIAN CLUB.

No. 558,320.

Patented Apr. 14, 1896.



Witnesses  
*F. L. Ormand*  
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# UNITED STATES PATENT OFFICE.

GEORGE ALBERT SOLBERG, OF SUNBURG, MINNESOTA.

## INDIAN CLUB.

SPECIFICATION forming part of Letters Patent No. 558,320, dated April 14, 1896.

Application filed June 11, 1895. Serial No. 552,399. (No model.)

*To all whom it may concern:*

Be it known that I, GEORGE ALBERT SOLBERG, a citizen of the United States, residing at Sunburg, in the county of Swift and State of Minnesota, have invented certain new and useful Improvements in Indian Clubs; and I do declare the following to be a full, clear, and exact description of the invention, such as will enable others skilled in the art to which it appertains to make and use the same.

My invention relates to that class of exercising devices known as "Indian clubs."

The object of the invention is to provide a club of this character with means for varying its weight, thereby adapting it to the use of strong or weakly persons.

With this object in view, the invention consists of certain features of construction and combination of parts, which will be herein after fully described and claimed.

The drawing represents my improved Indian club in a longitudinal vertical sectional view.

1 denotes the club, having in its body portion a bore 2, adapted to contain weights 3 in the form of disks. A short tube 4 is secured in the bottom of the club and is provided with an interior screw-thread to receive the exteriorly-screw-threaded plug 5, between which and the lowermost disk is confined a coil-spring 6, the energy of which is exerted to hold the disks securely in the bore against movement. A ring 7 may be secured to the plug, and will serve as a means for removing

the plug, as well as for suspending the club from a nail or the like when not in use.

From the foregoing description, taken in connection with the accompanying drawing, the construction of my improved club will be understood without requiring further explanation. By removing from or adding to the club the disks the weight of the club may be changed to suit the person using it. The disks are prevented shifting from one end of the bore to the other by the coil-spring, thus insuring a proper balance of the club, as well as preventing the rattling of the disks.

Having thus described my invention, what I claim, and desire to secure by Letters Patent, is—

An Indian club provided with a longitudinal bore, the wall at the lower end of which is enlarged, an interiorly-screw-threaded collar secured in the enlarged part of the bore, removable weights located in said bore, an exteriorly-screw-threaded cap engaged with said collar, and provided with a ring by which it may be screwed to or unscrewed from the collar, by which the club may be hung from a nail, hook or the like, and a spring confined between said cap and the lowermost weight, substantially as described.

In testimony whereof I affix my signature in presence of two witnesses.

GEORGE ALBERT SOLBERG.

Witnesses:

OLE THONVOLD,  
H. C. ODNEY.