REAGENT AND METHOD FOR ASSAYING LACTATE DEHYDROGENASE

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8 Claims

ABSTRACT OF THE DISCLOSURE

Substantially anhydrous, solid assay materials for the determination, inter alia, of Reagent for Assaying Lactate Dehydrogenase, are rendered storage stable by the presence of certain polyhydric compounds preferably mannitol, sorbitol, lactose or polyvinyl alcohol.

This application is a divisional of my copending application Ser. No. 561,757, filed June 30, 1966 now U.S. Pat. 3,413,198, which in turn is a continuation-in-part of my copending application Ser. No. 520,004, filed Oct. 30, 1963 and now abandoned.

The present invention relates to processes and compositions for preparing reagent mixtures for detecting and measuring the presence of certain components in a biological sample. It also relates to the novel reagent mixtures.

In the clinical diagnosis of certain pathological conditions, it is frequently valuable to know the amount of activity or the quantity of certain substances present in a specimen of a biological or other fluid, or tissue. One of the more effective means that has been proposed for making assays of such specimens is to provide a liquid reagent which contains one or more biological components. When a given reagent is mixed with the specimen, the components are effective to cause an enzymatic reaction that involves the unknown substance. By observing this reaction, it is possible to determine the quantity or amount of activity of the unknown originally present.

Since such reagents contain one or more biological components such as enzymes, coenzymes and/or substrates, etc., the reagent has inherently been of a very unstable nature and has very little if any shelf life. To insure the reagent being at optimum strength it must be prepared at or immediately prior to the time the assay is made. In addition, heretofore the various components such as the enzymes, coenzymes, substrates, etc., included in the reagent have been very unstable. To insure these components being at their optimum it has been necessary for the components to be stabilized in a concentrated form.

When it has been desired to make a biological assay of the present type, a "kit" containing the several different components which may be dry, or in solutions, has been obtained. If the components are in a dry form, aqueous solutions are formed, and maintained separately until just prior to use.

The various components for the reagent are present in separate containers and maintained separately from each other. Some of these solutions and particularly those containing the enzymes are necessarily in a concentrated form in order to preserve their activity.

When employing a "kit" of this type, to assay a specimen, it is necessary to first reconstitute the components to the required strength by adding a specified amount of another liquid such as water to various solutions. After all of the various components have been reconstituted, the appropriate quantities of each are combined to form the reagent. A predetermined quantity of the reagent is then mixed with the specimen to produce the desired assay reactions. The accuracy of the final assay is also dependent upon the accuracy with which the component has been reconstituted, the accuracy with which the reconstituted components are combined to form the resultant reagent and the accuracy with which the reagent is measured when it is mixed with the specimen. It may thus be seen that the accuracy of the assay is dependent upon the skill of the operator and the accuracy with which he prepares and uses the reagent.

It can be readily appreciated that the foregoing process is very time-consuming particularly when considering the time for using and cleaning the substantial amounts of equipment such as various pieces of glassware, measuring instruments, etc. If any of the equipment has any foreign matter thereon, the reagent may easily be contaminated whereby the results of the assay will be misleading.

It should also be noted that after the reagent is fully prepared, at least one of the components therein and particularly the enzymes are quite unstable and rapidly lose their activity. As a consequence, if the reagent is not used within a matter of a few hours following its preparation, it must be discarded and, therefore, wasted. The percentage of the reagent wasted in this manner becomes very large where only a few assays are made at infrequent intervals.

It may thus be seen that although the foregoing "kits" have been capable of producing the desired reactions and permitting the desired assays to be made they have not been entirely satisfactory for numerous reasons. For example, they have not only been very time-consuming and wasteful, but have also required a person of sufficient skill to insure the accurate preparation of the reagents and their being used in the proper manner. Also, because of the possibility of substantially human errors such reagents have induced a certain degree of unpredictable error in the results of the assay.

It is an object of the present invention to provide means which will be effective to overcome the foregoing difficulties. More particularly, it is proposed to provide new and novel assay materials useful in making biological assays and the method for preparing the materials. All of the assay materials are in a dry, solid state that may be easily handled and used. The assay materials include components such as enzymes, coenzymes and/or substrates which have heretofore been very unstable. Moreover, the combining of such components tends to reduce their stability. However, stabilizers are included that are effective to maintain or preserve the activity of each of the components and of the entire assay material. Each of the components including those containing the enzymes may be stabilized individually and used as such for any desired purpose. Also, the components may be combined together to form a new and novel assay material. The resultant assay material contains all of the components except water, for making a liquid reagent that can be used
to make a biological assay of the above described type. Although the assay material contains various components such as enzymes, coenzymes and/or substrates, etc., the material is in a dry, solid form and will be very stable and have a long shelf life. This will permit the assay material to be packaged into containers which are easy to handle and use. Each of the containers may include a quantity of the assay material that is just the right amount for making a particular number of assays, for example a single assay. The assay material may be stored in separate compartments which contain an agent which, among other things, is effective in increasing the volume of the assay material to a standard size whereby the quantity of the assay material required to produce a single assay will always be a standard amount. In order to make an assay, the contents of one of a standard size container may be mixed with a predetermined quantity of water to produce a liquid reagent that is suitable for making a single assay. In addition, this agent can facilitate handling during manufacture and increase shelf life. A preferred agent is mannitol. It will thus be seen that the possibility of human errors is eliminated and a relatively inexperienced person may prepare the liquid reagent and make the desired assay without any time-consuming measurements, using any large quantities of glassware, etc.

The term enzymatic assay is defined as the use of an enzyme as a component of a reagent for the determination of a substance or another enzyme, or for the determination of an enzyme in a biological sample. These and other objectives and advantages of the present invention will become readily apparent from the following detailed description of a limited number of embodiments of the present invention.

The present invention is particularly adapted to be embodied in a dry assay material for determining in a specimen of fluid, particularly of biological origin, the quantity or the amount of activity of a certain unknown. In the present instance, the unknowns are in a class which for convenience may be divided into four separate groups. The groups include enzymes such as carboxylases, dehydrogenases, hydrolyases, isomerases, oxidases, phosphatases and transferases. By way of example, this group includes: lactate dehydrogenase, alkaline phosphatase, glucose oxidase, muscle phosphorylase, glutamate-oxaloacetate transaminase, phosphoenolpyruvate carboxylase, cholinesterase, glutamate-pyruvate transaminase, malate dehydrogenase, acid phosphatase, prostatic acid phosphatase, esterase, diesterase, lipase, amylase, and leucine-α-amidase. For example, 6- and 4-phosphatase of dehydrogenase, isocitrate dehydrogenase, alpha-hydroxybutyrate dehydrogenase, aldolase, glutamate dehydrogenase, uricase, galactosidase, triose phosphate isomerase, carbonic anhydrase, leucine aminopeptidase, 3-phosphoglycerate dehydrogenase, trypsin and chymotrypsin. Also included are kinases, like creatine kinase.

The second group includes biochemical intermediates or metabolites. By way of example, the second group includes: glucose, lactate acid, pyruvic acid, adenosine triphosphate, phenylpyruvic acid, 3-methoxy-4-hydroxy mandelic acid, cholesterol, creatinine, creatine, urea, uric acid, aspartic acid and glycine.

The third group includes chemical constituents of cells or biological fluids which, by way of example, may include dissolved carbon dioxide, triglycerides, protein, starch, glycogen, hemoglobin and insulin.

The fourth group includes drugs and toxins such as antitoxin A, disopropylthiophosphate, sulfathiazole, ethanol, acetaldehyde and barbiturates. To assay a specimen for one of the unknowns within a class, a liquid reagent may be mixed with the specimen to produce an enzymatic reaction. The particular reaction which occurs depends on the unknown and that which occurs should produce an effect which can be easily measured. By way of example, the optical density of the assay mixture at some predetermined wavelength may change in proportion to the extent of the reaction.

In the present invention, the liquid reagent is prepared by dissolving a dry, solid assay material in water. When this solution is mixed with the specimen, an enzymatic reaction will be formed that includes a substrate that will enter into the reaction, an enzyme that will catalyze the reaction, and a coenzyme that will be oxidized or reduced in the course of the reaction so as to produce a desired change in the assay mixture, for example, its optical density. All of the above components of the assay mixture are contained in the assay material. In addition, one or more substances are included in the assay material to stabilize the assay material and preserve the activity of the various components. In addition, one or more buffer substances may also be provided that will be effective to maintain the conditions in the assay mixture suitable for the reaction to occur at an optimum rate.

The assay material is in a dry, powdered form and contains all of the components except water, for producing an enzymatic assay when combined with the specimen. Since the assay material is very stable, the powder may be pre-measured into portions which are of just the right amount for producing an assay reaction in a single specimen or an integral number of specimens. The premeasured quantity of the assay material may be dissolved directly into a suitable quantity of water to form a liquid reagent. The liquid reagent may then be mixed with the specimen to induce the assay reaction in the specimen.

If the unknown being assayed is an enzyme, the reagent will not necessarily include an enzyme. Accordingly, in one embodiment, the assay material is free of any enzymes but includes one or more components such as a substrate that will react at a rate or to the extent that is determined by the amount of activity of the unknown enzyme or enzyme originally present in the specimen.

In a second embodiment of the assay material, a substrate is included which will react with the unknown and an enzyme included in the reagent, that will catalyze the reaction. In order to prepare an assay material of this embodiment, the first step is to select one or more substrates and one or more enzymes that will be effective to produce an enzymatic assay reaction and insure its occurring in the desired manner. The particular enzymes that are chosen will, of course, depend upon the particular unknown to be assayed and the particular reaction which it is desired to create. However, the enzymes will normally be chosen from a class that includes carboxy- lases, dehydrogenases, hydroxylases, isomerases, oxidases, phosphatases, and transferases. By way of example, this class includes: lactate dehydrogenase, alkaline phosphatase, glucose oxidase, muscle phosphorylase, glutamate-oxaloacetate transaminase, phosphoenolpyruvate carboxylase, cholinesterase, glutamate-pyruvate transaminase, malate dehydrogenase, acid phosphatase, prostatic acid phosphatase, esterase, diesterase, lipase, amylase, and leucine-α-amidase. For example, 6- and 4-phosphatase of dehydrogenase, isocitrate dehydrogenase, alpha-hydroxybutyrate dehydrogenase, aldolase, glutamate dehydrogenase, uricase, galactosidase, triose phosphate isomerase, carbonic anhydrase, leucine aminopeptidase, 3-phosphoglycerate dehydrogenase, trypsin and chymotrypsin. Also included are kinases, like creatine kinase.
powder in which the enzyme is very stable. To accomplish this, one or more stabilizing compounds may be added to the solution containing the enzymes. The particular stabilizers added to the enzyme solution will, in part, vary with the particular enzyme that is to be stabilized. However, for enzymes of this type, at least one stabilizer is chosen from one or more of the following groups. Under some circumstances it has been found to be advantageous to employ a combination of stabilizers which may include a stabilizer from several of the following groups or even a stabilizer from each group.

Group I—Miscellaneous gums or polysaccharides such as gum tragacanth, gum caragae, tragacanth, algic acid and pectin substances. Gum acacia has been found to be particularly well suited for this purpose. In addition to or as an alternative to the gums, the stabilizer may include other polymers containing hydroxy groups or other hydrophilic substitute groups which render the resultant polymer essentially soluble in water such as, polyvinyl-pyrrolidones, carboxvam and polyvinyl alcohol. This will also insure all of the assay material dissolving rapidly in the water when the reagent is prepared. However, it is also possible to use any other polymers which because of large chain or hydrophobic substitute groups is only partially soluble in water but which equilibrate with the aqueous phase such as ion exchange resins, ion exchange cellulose, carboxymethyl cellulose.

Group II.—A buffer consisting of a hydroxalkylamine such as triis (hydroxymethyl) aminoethane or a tertiary amine such as triethanolamine.

Group III.—A sequestering or complexing agent such as ethylene diamine tetroacetic acid or one of its salts which has been found to be particularly well suited.

Group IV.—An inert soluble protein such as bovine serum albumin.

Group V.—Salts of a polyvalent anion such as ammonium sulfate, or sodium potassium tartrate, which have been found particularly suitable.

Group VI.—Sulfhydryl compound such as diithioerythritol, cysteine, or reduced glutathione, which have been found particularly suitable.

After one or more of the stabilizers of the class described above has been completely dissolved or uniformly dispersed throughout the entire mixture, the enzyme or enzymes in the solution are very stable. It has been found that by adding these stabilizers to the solution, the activity of the enzymes is often increased. This is believed to result from the elimination of the effects of certain inhibitors which are usually present with the enzymes. In the event it is desired to decrease the activity of the solution, the solution may be diluted by adding water. Conversely, if it is desired to concentrate or increase the amount of activity of this enzyme solution, a portion of the liquid may be removed. Preferably, the liquid is removed by evaporation while the solution is maintained at a relatively low temperature. It may thus be seen that a very stable enzyme solution is provided at this point and that the stability of the solution is independent of the concentration of the enzyme or the salts therein and exhibits stability over a wider range of temperature.

It is an overall objective to provide an integrated assay material, which is dry, stable, enzymatic, pyridine nucleotide linked, and uniform in results under varying climatic and storage conditions.

The above described stabilized enzyme solution may be used for numerous purposes as a solution. However, under some circumstances such as the preparation of the present assay material, it may be desirable to convert the solution into a dry mixture or powder containing the enzyme. This may be accomplished by lyophilizing or freeze drying the solution. More particularly, the entire solution is frozen to provide a solid mass and placed under a vacuum. The vacuum is of sufficient magnitude to cause the frozen liquid to sublime. The frozen mass is kept under this vacuum for a period sufficient to insure all of the water, etc., being removed. This will leave a solid residue that contains the enzyme or enzymes in intimate relation with the stabilizers, such as acacia, etc. These stabilizers are effective in preserving the activity of the enzyme for an extended period of time even though the enzyme is in the solid state.

The term stabilizer, as used herein, broadly relates to a substance which prevents the change or destruction of a reagent component. It has three major aspects in the present invention, namely: (1) to allow for convenient handling of the components during manufacture; (2) to permit the preparation and storage of the components in dry form; and (3) to provide long-term shelf-life of the finished product.

The residue will normally be in a fluffy or flaky condition. However, if it is desired, the residue may be ground until it is reduced to a finely powdered mixture. The grinding may be accomplished by any suitable means such as a ball mill. The fact that the powder mixture is substantially dry contributes to the chemical stability of the enzymes. It also contributes to the physical stability of the mixture and substantially eliminates the tendency to form compact or hygroscopic masses, etc. Since the mixture can be maintained as a loose powder it will be easy to handle and process. Also, it can be easily measured either volumetrically or gravimetrically. At this point a powder is provided that includes one or more enzymes in a very stable form. Since the powder does not include any form of substrate, it can be used as an enzyme for any desired purpose. For example, among other things, the enzyme powder may be employed to complete the preparation of the present assay material.

In order to complete the preparation of the assay material the other components such as the buffers, substrates, coenzymes, and bulking-stabilizing agents may be prepared for mixing with the stabilized enzymes. It is one of the primary purposes of the buffer materials to maintain the conditions suitable for the assay reaction to occur at an optimum rate. When the assay material is dissolved in water, the buffers will, among other things, be effective to maintain the pH of the liquid reagent. In addition, when the liquid reagent is, in turn, mixed with a specimen containing the unknown, the pH of the resultant specimen mixture will still be suitable for the assay reaction to occur.

The particular buffer material that is employed in any particular assay material will be dependent upon the particular assay reaction to be conducted and the other components in the assay material. However, normally, they will be in a class that includes the salts of polyvalent inorganic anions and organic amines together with the acids and salts thereof. By way of example, the salts of polyvalent inorganic anions may include at least sodium and potassium phosphates and sodium and potassium pyrophosphates. By way of example, organic amines and acids, and their salts may include at least tris (hydroxymethyl) amino-methane and imidazole (and their salts, such as the hydrochloride, succinate, sulfate,), succinic, aspartic, and glutamic acids (and their salts such as the sodium, potassium, and lithium, glycyglycine, and glycine.

The buffer materials may be prepared in the form of a dry powder that is mixed directly with the lyophilized powder containing the enzyme and the stabilizer. The resultant powder will contain all the enzymes required for the assay reaction. Because of the stabilizers and buffers present in the powder, the enzymes will be very stable. This resultant powder like the enzyme powder first described, will not be hygroscopic, in contrast to corresponding mixing mixtures prepared by lyophilization of the combined buffer and enzyme solutions.

The substrate is effective for reaction with the unknown in the specimen. Accordingly, the particular substrate that is employed in any particular assay material will be dependent upon the nature of the unknown and
the particular assay reaction that it is desired to produce. Normally, the substrate will be in a class of biochemicals whose chemical reactions will be specifically catalyzed by the classes of enzymes previously described. The following are some of the substrates that fall within this class: Alanine, alpha-, or beta- kетoglutaric acid, aspartic acid, fructose-1, 6-diphosphate and glucose.

When the assay material is dissolved to form a liquid reagent and the reagent is mixed with the specimen, the substrate reaction with the unknown component, in order for the reaction to occur successfully, it is necessary for the enzyme to catalyze the reaction. The quantity of the substrate and the amount of activity of the enzyme contained in the reagent are in excess of that required to cause all of the unknown to completely react or to react at a desired rate. As a result the only factor that limits the assay reaction will be the quantity or amount of activity of the unknown.

When the substrates are in a pure solid dry form, they may be ground into a dry powder suitable for mixing with the lyophilized powder.

The coenzyme enters into the reaction and is converted from one form to another form. The extent to which the coenzyme is converted is determined by the extent to which the assay reaction progresses. The coenzyme will then be readily converted from one form (such as oxidized) to another form (such as reduced). In addition the coenzyme has a light absorption at some particular wavelength only when it is in one of these forms. When it is in the other form, it is transparent at the designated wavelength, although the absorption band may be any desired wavelength that is convenient to use. However, it is desirable that it be distinct from the intense absorption bands of the rest of the components in the assay material and the substances in the specimen. This will insulate all of the substances in the reagent and the specimen, except the coenzyme, being transparent or substantially transparent although some of the various components may absorb limited quantities of light in the region of the selected wavelength and they will not vary during the period of assay whereby the only variable will be the coenzyme in the absorbing form. Thus by measuring the optical density at the designated wavelength, the amount of the coenzyme converted may be determined. More specifically, by measuring the amount of change or rate of change of the optical density at the designated wavelength, the amount or rate of the assay reaction may be measured. It has been found that the pyridine nucleotides are particularly well suited for this purpose. When they are in their reduced form, they show absorption of ultraviolet light with a maximum value at a wavelength of about 340 millimicrons. By employing a coenzyme of this class in all forms of the assay material, the assay reactions may be observed by always measuring the optical density at this wavelength.

Coenzymes of this class have a limited amount of stability in a solid form. They can be stored in a solid form for only short periods of time. The stability of the coenzyme may be increased by preparing a lyophilized powder of the coenzyme and acacia. Further increases in the stability of the coenzyme may be obtained by mixing with mannitol. Accordingly, the coenzyme may be ground into a powder and mixed directly with the lyophilized powder containing the enzyme, stabilizer, and buffer.

Herefore, substrates, enzymes and coenzymes, and buffers have been dissolved in the solution containing the enzyme before lyophilization. The complete solution may then be lyophilized to provide a dry residue containing all of the components of the assay. However, it has been found, as a practical matter, the resultant assay material may also be lyophilized. As residue sometimes tends to absorb varying or unpredictable quantities of moisture. As a result when prepared in this man-

ner it is desirable for the resultant mixture to be hermetically sealed within a container. However, even when hermetically sealed, the mixture may still be unstable and tend to develop colored specks due to local decomposition and in a very short time completely decompose or lose its activity. It has also been found that the mixture tends to form into lumps which makes it difficult to handle and measure into small units of identical amounts on a volumetric or weight basis.

In addition to the foregoing components it has also been found desirable to add a bulking-stabilizing agent to the mixture. This agent may be a polyhydric substance such as mannitol, sorbitol, lactose, polyvinyl alcohol or polymers having from 1 to 5 hydroxyl groups per monomeric unit. The bulking agent is not active in the assay reaction. Accordingly, the quantity of the bulking agent added to the assay material is not critical and may be varied throughout a wide range. However, the bulking agent performs several unexpected and useful functions. First of all, the bulking agent tends to further increase the stability of the assay material for several reasons. Such agents have the ability to absorb moisture and prevent the moisture from affecting the assay material so that the assay material may be stored at temperatures as high as 50 °C. Second, the moisture-absorbing properties of the bulking agent increase the stability of the assay material in that the moisture will be absorbed by the bulking agent and prevent moisture from affecting the assay material.

Third, since the bulking agent does not enter into the reaction or affect the components in the assay material, the quantity of the bulking agent added to the assay material may vary over a wide range. Once a batch of the assay material has been prepared, its strength or amount of activity may be determined. The bulking agent may then be added to standardize the assay material to a predetermined level. This will result in the assay material always having a predetermined amount of activity per unit irrespective of the batch in which it is prepared. Of the agents listed above, mannitol is preferred.

After the assay material has had the bulking agent added, it may be divided into units of a standard predetermined size. The size normally will be large enough to make a single assay or an integral number of assays. Each of these units may then be packaged into a container such as a capsule, glass vial, etc.

It will thus be seen that a plurality of substantially identical packages such as foil containers or capsules may be provided. Each of these capsules will contain just a sufficient quantity of the assay material for making a single assay of a specimen. In order to make an assay, a package containing the assay material for making the particular assay is selected. The assay material contained in the package is all pre-measured and of a predetermined activity. Accordingly, it may be dissolved directly in a standard amount of water so as to form a liquid reagent. This liquid reagent is then mixed with the speci-
men to produce an enzymatic reaction. The extent of or the rate at which the reaction occurs will be a function of the quantity or amount of activity of the original unknown. Every test irrespective of the particular type of assay, will involve the conversion of a coenzyme from one form to another form wherein one form has an optical absorption at a predetermined wavelength. Accordingly, the optical density of the specimen at that wavelength will vary as a function of the unknown. Thus, by measuring at optical density of the medium at different times, it will be possible to compute the quantity or amount of activity of the unknown in the original specimen.

The invention sought to be patented in a principal process of making aspect, is described as residing in the concept of preparing an assay reagent, useful, inter alia, as an aid in the clinical diagnosis of pathological conditions to determine the presence of, quantity of, or amount of activity of an enzyme in a biological specimen by mixing therewith a lyophilized, stabilized, catalytic reagent while in substantially anhydrous particulate form, comprising a dry coenzyme, a dry buffer, a dry second enzyme capable of catalyzing the conversion of the coenzyme to the other form of the coenzyme, dry substrates, effective to react with the enzyme of which the present quantity or activity is to be determined.

The invention sought to be patented in a second embodiment of a principal process of making aspect, is described as residing in the concept of preparing an assay reagent, useful, inter alia, as an aid in the clinical diagnosis of pathological conditions to determine the presence of, quantity of, or amount of activity of an unknown in a biological specimen by mixing therewith a lyophilized, stabilized, catalytic reagent while in substantially anhydrous particulate form, and comprising a dry coenzyme, a dry buffer, a dry substrate, effective to react with the unknown of which the present quantity of activity is to be determined, a dry first enzyme capable of catalyzing the reaction of the unknown with the substrate to form an intermediate product, a dry second enzyme capable of catalyzing the reaction of the intermediate product and the coenzyme.

The invention sought to be patented in a third embodiment of a principal process of making aspect, is described as residing in the concept of preparing an assay reagent, useful, inter alia, as an aid in the clinical diagnosis of pathological conditions to determine the presence of, quantity of, or amount of activity of an enzyme in a biological specimen by mixing therewith a lyophilized, stabilized, catalytic reagent while in substantially anhydrous particulate form, comprising a dry coenzyme, a dry buffer, and a dry substrate effective to react with the coenzyme, of which the quantity of activity present is to be determined to form the other form of the coenzyme.

The invention sought to be patented in a fourth embodiment of a process of making aspect is described as residing in the concept of preparing an assay reagent, useful, inter alia, as an aid in the clinical diagnosis of pathological conditions to determine the presence of, quantity of, or amount of activity of lactate dehydrogenase in a biological specimen by mixing therewith a lyophilized, stabilized, catalytic reagent while in substantially anhydrous particulate form including the combination of: the dry substrate comprising sodium pyruvate; a dry coenzyme reduced diphosphorydine nucleotide; a dry stabilizing-bulking agent from the class that includes polyhydric substances with 1 to 5 hydroxyl groups per monomeric unit; and a dry buffer from the class that includes the salts of phosphate anions, organic acids and amines, and the salts of said acids and amines; which involves determining the optical density of the solid reagent after forming a liquid reagent therefrom, and again following a predetermined incubation period after admixing the specimen.

The invention sought to be patented in a fifth embodiment of a process of making aspect is described as residing in the concept of preparing an assay reagent, useful, inter alia, as an aid in the clinical diagnosis of pathological conditions to determine the presence of, quantity of, or amount of activity of lactate dehydrogenase in a biological specimen by mixing therewith a lyophilized, stabilized, catalytic reagent while in substantially anhydrous particulate form including the combination of: the dry substrate comprising lithium lactate; a dry coenzyme diphosphorydine nucleotide; a dry stabilizing-bulking agent comprising polyhydric substances with from 1 to 5 hydroxyl groups per monomeric unit; and a dry buffer from the class that includes the alkali metal phosphates and glycerine-iodide carbonate which involves determining the optical density of the solid reagent after forming a liquid reagent therefrom, and again following a predetermined incubation period after admixing the specimen.

The invention sought to be patented in a first composition of matter aspect is described as residing in the concept of a substantially anhydrous solid reagent useful, inter alia, as an aid in clinical diagnosis of pathological conditions to determine the presence of, quantity of, or amount of activity of lactate dehydrogenase in a biological specimen by mixing therewith a lyophilized, stabilized, catalytic reagent while in substantially anhydrous particulate form including the combination of: the dry substrate lithium lactate; the dry coenzyme diphosphorydine nucleotide; a dry stabilizing-bulking agent comprising polyhydric substances with from 1 to 5 hydroxyl groups per monomeric unit; and a dry buffer from the class that includes the alkali metal phosphates and glycerine-iodide carbonate.

EXAMPLE A

An example of the second embodiment is a solid assay material that is particularly adapted to be employed in preparing a reagent for assaying the amount of lactate dehydrogenase or LDH present in a serum. When this assay material is fully prepared, it will consist of the dry mixture of the following substances:

Buffer—Disodium hydrogen phosphate and potassium dihydrogen phosphate
Substrate—Sodium pyruvate
Coenzyme—DPNH
Stabilizer—Mannitol

In order to prepare a large number of capsules containing this assay material, the following procedures may be employed. A batch of dry assay material that may be divided into small quantities and packaged into standard size capsules. Wherever quantities are specified, they are suitable for preparing a batch that will yield about 10,000 capsules. It should be understood, however, that the amounts indicated may be varied to satisfy any particular requirements.

The assay material may be prepared by first combining the following materials to form a dry buffer mixture in the indicated amount:

| G. Disodium hydrogen phosphate | 200–400 |
| Potassium dihydrogen phosphate | 40–80 |
| Mannitol | 1,000–2,000 |

These three ingredients are first ground into a fine powder by any suitable means such as in a ball mill. After these materials have been finely ground and are thoroughly mixed, a small quantity of the powder may be dissolved in a suitable quantity of water. The pH of the resultant solution should be in the range of about 7.2 to 7.4. If it is not within this range, additional quantities of one of the two ingredients may be added to the mixture to bring the pH into the desired range. The buffer powder may then be dried under vacuum and in the presence of a moisture absorbing agent such as phos-
In order to use one of the capsules to make an assay of the amount of activity of the lactate dehydrogenase present in a serum, a specimen of the serum is first obtained. Following this, the assay material in one of the capsules of this example is dissolved in a suitable quantity of water. This will form a liquid reagent having the right size for making a single assay of the serum. This liquid reagent may then be mixed with the specimen. As soon as the reagent and the specimen are mixed together, the following reaction will occur:

\[ \text{pyruvate} + \text{DPNH} \rightarrow \text{lactate} + \text{DPN}^+ \]

This reaction is dependent upon being catalyzed by the enzyme lactate dehydrogenase present in the serum. Accordingly, the only factor which will limit the amount of the DPNH which is converted into DPN under the test conditions will be the amount of activity of the lactate dehydrogenase originally present in the specimen.

**EXAMPLE B**

Another example of the second embodiment of a solid assay material that is particularly adapted to be employed in preparing a reagent for assaying the amount of lactate dehydrogenase or LDH present in a serum is as follows. When this assay material is fully prepared, it will consist of the dry mixture of the following substances:

- Buffer—Glycine and sodium carbonate
- Substrate—Lithium lactate
- Coenzyme—(DPN) diphasphopyridine nucleotide
- Stabilizer—Mannitol

In order to prepare a large number of capsules containing this assay material, the following procedure may be employed to produce a batch of dry assay material that may be divided into small quantities and packaged into standard size capsules. Wherever quantities are specified, they are suitable for preparing a batch that will yield about 10,000 capsules. It should be understood, however, that the amounts indicated may be varied to satisfy any particular requirements.

The assay material may be prepared by first combining the following materials to form a dry buffer mixture in the indicated amounts:

- **G.**
  - Glycine: 180–315
  - Sodium carbonate: 80–120
  - Mannitol: 1,000–2,000

These three ingredients are first ground into a fine powder by any suitable means such as in a ball mill. After these materials have been finely ground and are thoroughly mixed, a small quantity of the powder may be dissolved in a suitable quantity of water. The pH of the resultant solution should be in the range of about 8.4 to 8.6. If it is not within this range, additional quantities of one of the two ingredients may be added to the mixture to bring the pH into the desired range. The buffer powder may then be dried under vacuum and in the presence of a moisture absorbing agent such as phosphorus pentoxide (P₂O₅) at a temperature of about 40°C until all of the moisture is removed.

In addition to the buffer powder, a coenzyme and substrate powder may be prepared by combining the following materials in the indicated ranges:

- **G.**
  - Lithium lactate: 50–100
  - DPN: 30–40

In order to obtain the optimum assay reaction from the assay material, the exact amount of the lithium lactate is critical. Accordingly, the quantity of the lithium lactate to be added to the mixture should be carefully determined by means of a series of assays. In order to make the assays, a plurality of assay liquids may be pre-
pared by combining the indicated amounts of the following solutions:

<table>
<thead>
<tr>
<th></th>
<th>Mil.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Glycine-sodium carbonate buffer 1 g. above powder</td>
<td>2.8</td>
</tr>
<tr>
<td>DPN 33 mg./ml. water</td>
<td>0.1</td>
</tr>
<tr>
<td>Serum</td>
<td>0.020</td>
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The buffer may be prepared by dissolving 1.0 g. of the glycine-sodium carbonate containing powder described above in 10 milliliters of water. The DPN solution is formed by dissolving approximately 33 milligrams of the DPN in 1 milliliter of water. A serum containing a suitable quantity of lactate dehydrogenase may be used as a source of enzyme. At the same time, about 750 milligrams of the lithium lactate to be employed is dissolved into about 10 milliliters of water.

After all of these solutions have been prepared, the indicated quantities of the serum, DPN and buffer solutions may be combined with each other to form an assay liquid. A suitable quantity of the lactate solution, for example, 0.05 milliliters is then added to the assay liquid. The optical density of the solution at 340 millimicrons is measured at periodic intervals and recorded. Following this, the foregoing solution is repeated with increasing amount of the lactate solution (for example, 0.10 milliliters, 0.15 milliliters, 0.20 milliliters, etc.). The optical density of the assay liquids at 340 millimicrons is periodically measured and recorded. This procedure is continued until the exact amount of the lactate solution required to produce the maximum rate of change of the optical density at 340 millimicrons is determined.

The amount of lithium lactate is that required to be added to the assay mixture to produce the optimum rate of change in the optical density can then be determined. This quantity of the lactate and the DPN are then added to the assay mixture. The amount of DPN that is added will be determined by performing the above assay as for lactate but where the optimum amount of lactate is used and the volume of DPN solution is varied. Normally, this will be in the general range of 0.1 ml. After the lithium lactate and DPN have been added to the previously prepared mixture, the resultant mixture may be ground and pulverized by any suitable means such as ball mill to form the powdered assay material. Following this, the assay material may be dried under vacuum.

At this point, a dry powder is provided that contains the substrate lithium lactate and coenzyme diphosphopyridine nucleotide together with mannitol (as an example). As long as this powder is maintained dry, it is very stable and will have a very long shelf life. Accordingly, it may now be divided into a plurality of small parts that are just large enough to be mixed with water to form a liquid reagent suitable for making a single assay of a serum. Each of these parts may then be packaged into a suitable container such as a capsule for subsequent use. If it is desirable that the same size capsule be employed at all times, the standard size may be large enough to accept the largest quantity of the bulking and stabilizing agent, mannitol, added to the assay material may be selected to bring the total volume of each part up to a size that will just fill the capsule.

In order to use one of the capsules to make an assay of the amount of activity of the lactate dehydrogenase present in a serum, a specimen of the serum is first obtained. Following this, the assay material in one of the capsules of this example is dissolved in a suitable quantity of water. This will form a liquid reagent having the right size for making a single assay of the serum. This liquid reagent may thus be mixed with the specimen. As soon as the reagent and the specimen are mixed together, the following reaction will occur:

\[ \text{LDH} \quad \text{lactate} + \text{DPN} \rightarrow \text{pyruvate} + \text{DPNH} \]

This reaction is dependent upon being catalyzed by the enzyme lactate dehydrogenase present in the serum. Accordingly, the only factor which will limit the rate at which the DPN is converted into DPNH will be the amount of activity of the lactate dehydrogenase originally present in the specimen.

From the foregoing examples, it is evident that any of the alkali metal salts of either pyruvic acid or lactic acid may be employed as substrates in these assays for LDH. The sodium pyruvate and lithium lactate are disclosed as exemplary salts, and are presently preferred for their superior stability.

What is claimed is:

1. A method of assaying a specimen for the enzyme lactate dehydrogenase, using an assay material comprising a solid, water-soluble, substantially anhydrous mixture of:
   (a) the substrate being an alkali metal salt of pyruvic acid;
   (b) the coenzyme reduced diphosphopyridine nucleotide;
   (c) a buffer capable of maintaining the pH between 7.2 and 7.4, and;
   (d) the bulking-stabilizing agent mannitol, which includes the steps of:
      (i) dissolving in water said material, thereby to produce a liquid reagent having a measurable optical density;
      (ii) mixing said liquid reagent with said specimen to form a specimen-reactant assay mixture, and
      (iii) measuring the rate of change of the optical density of the reacting specimen-assay mixture.

2. An assay material for assaying a specimen for the unknown lactate dehydrogenase, comprising a solid, water-soluble, substantially anhydrous, storage-stable mixture of:
   (a) the substrate being an alkali metal of pyruvic acid;
   (b) the coenzyme reduced diphosphopyridine nucleotide;
   (c) a buffer capable of maintaining the pH between 7.4 and 7.6, and;
   (d) the bulking-stabilizing agent mannitol.

3. A method of assaying a specimen for the enzyme lactate dehydrogenase using an assay material comprising a solid, water soluble, substantially anhydrous mixture of:
   (a) the substrate being an alkali metal salt of lactic acid;
   (b) the coenzyme diphosphopyridine nucleotide;
   (c) a buffer capable of maintaining the pH between 8.4 and 8.6, and;
   (d) the stabilizing-bulking agent mannitol, which includes the steps of:
      (i) dissolving in water said material thereby to produce a liquid reagent having a measurable optical density;
      (ii) mixing said liquid reagent with said specimen to form said specimen-reactant assay mixture; and
      (iii) measuring the rate of change in optical density of the reacting specimen-reactant assay mixture.

4. An assay material for assaying a specimen for the unknown lactate dehydrogenase, comprising a solid, water-soluble, substantially anhydrous, storage-stable mixture of:
   (a) the substrate being an alkali metal salt of lactic acid;
   (b) the coenzyme diphosphopyridine nucleotide;
   (c) a buffer capable of maintaining the pH between 8.4 and 8.6; and
   (d) the stabilizing-bulking agent mannitol.

5. The method of claim 1 in which (a) is sodium pyruvate.

6. The assay material of claim 2 in which (a) is sodium pyruvate.
7. The method of claim 3 in which (a) is lithium lactate.
8. The material of claim 4 in which (a) is lithium lactate.

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ALVIN E. TANENHOLTZ, Primary Examiner

U.S. Cl. X.R.