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(54) **METHOD AND APPARATUS FOR SENSING  
RESPIRATORY PRESSURE IN AN  
IMPLANTABLE STIMULATION SYSTEM**

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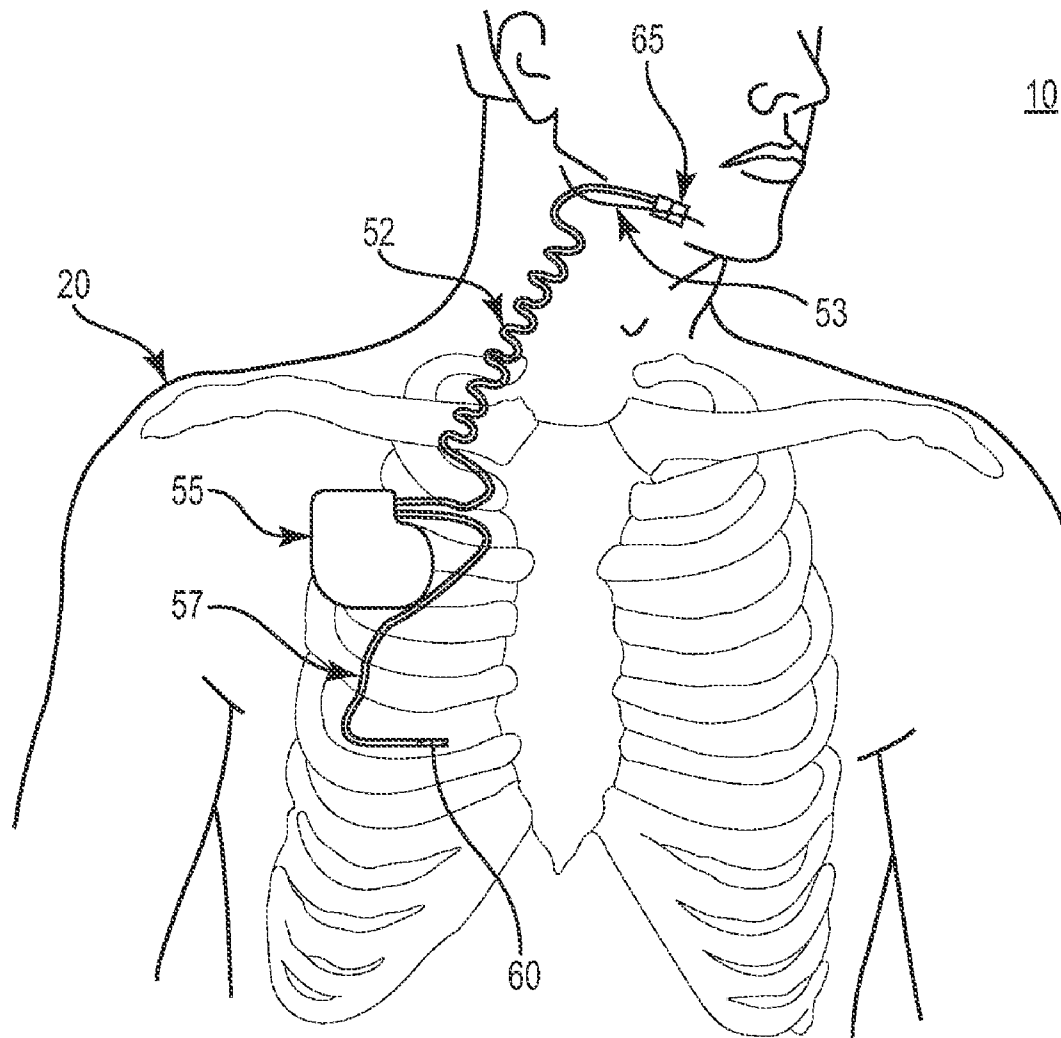
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(57) **ABSTRACT**

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A method and system for sensing respiration in the treatment  
of sleep apnea is disclosed.



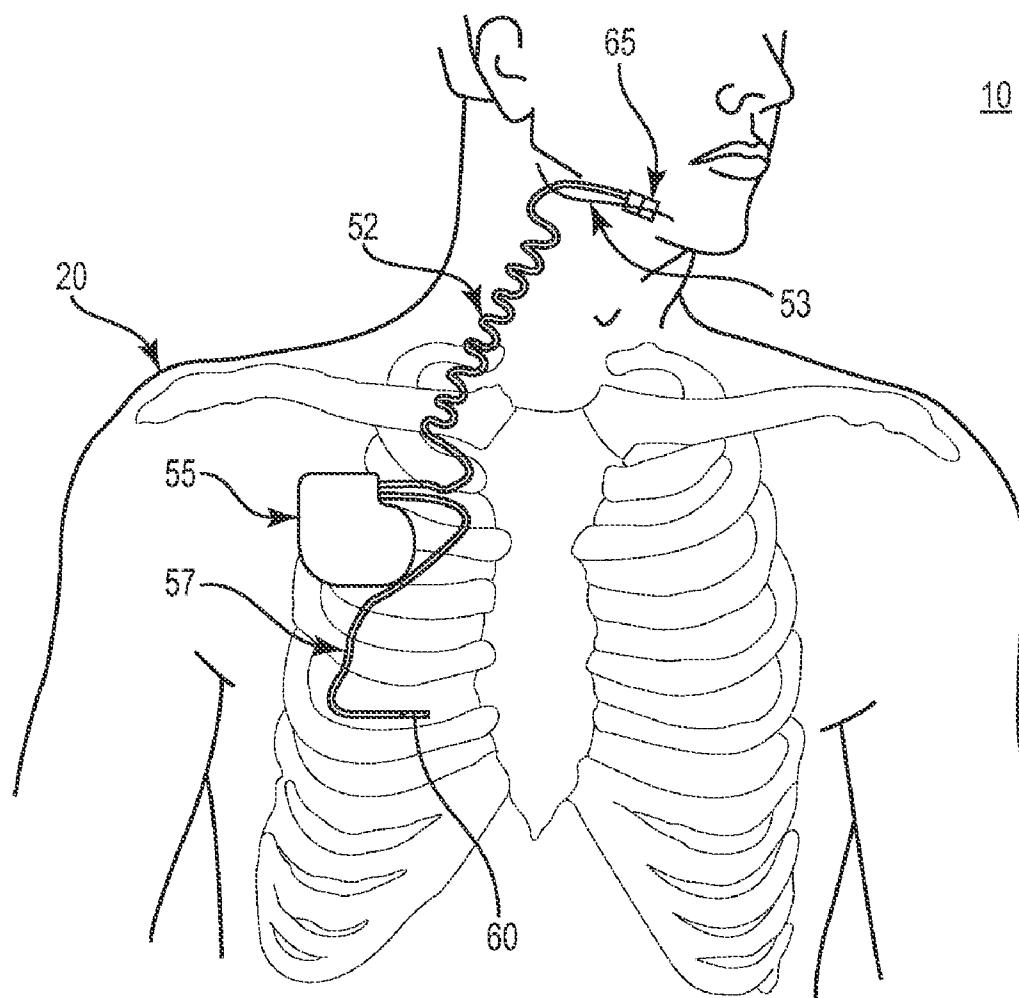
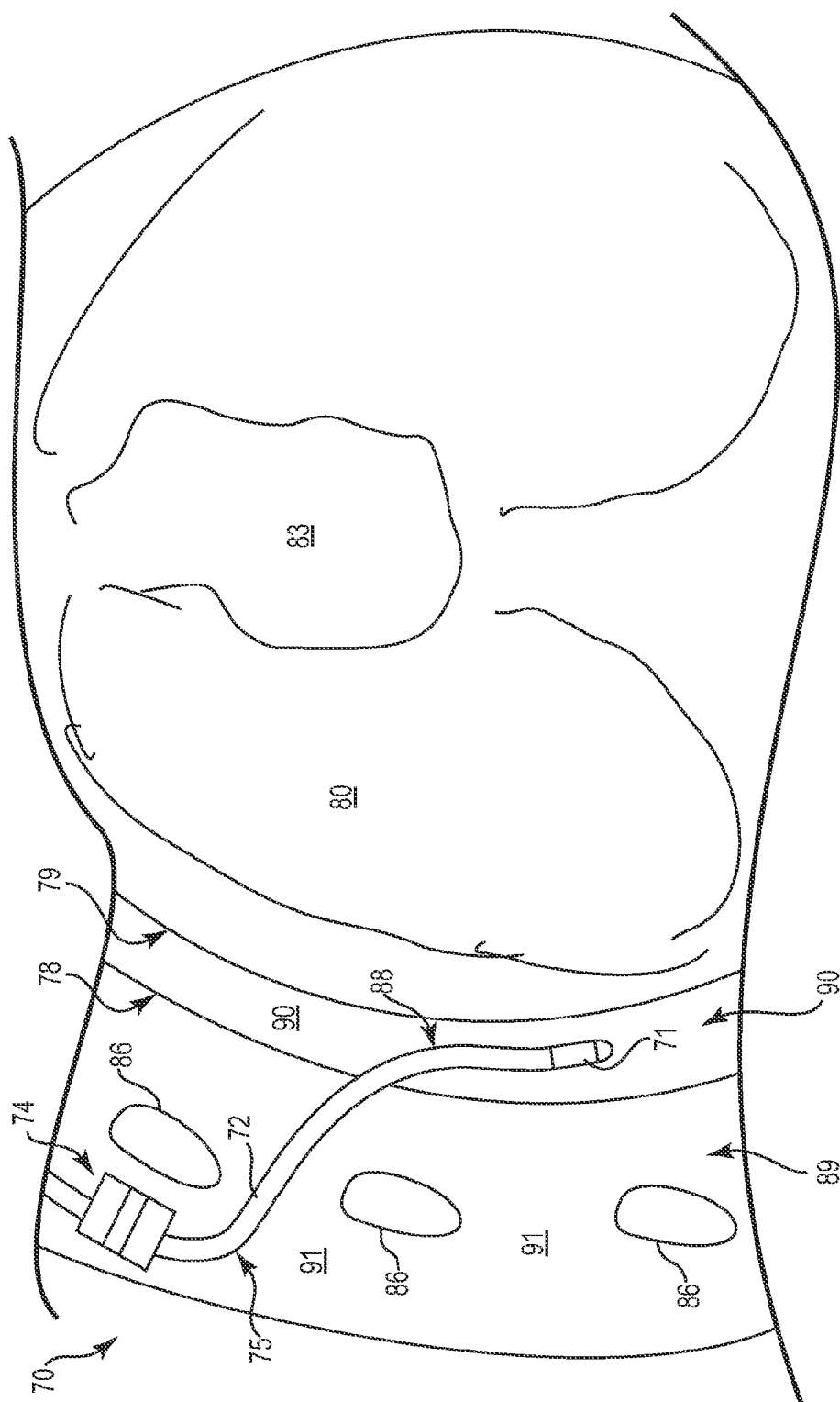
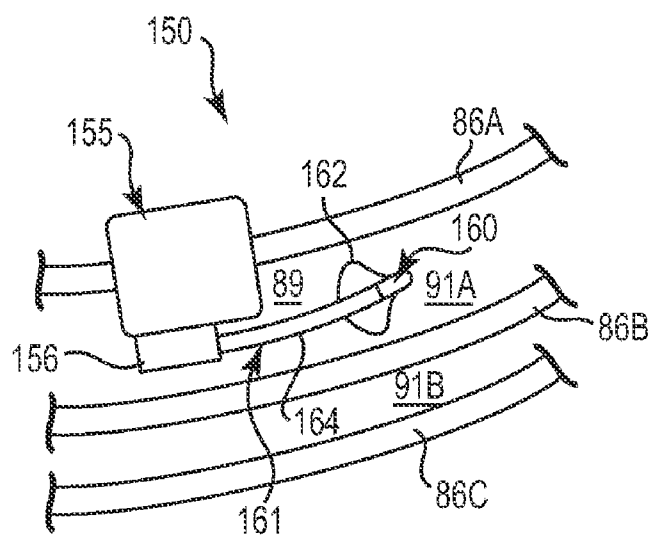
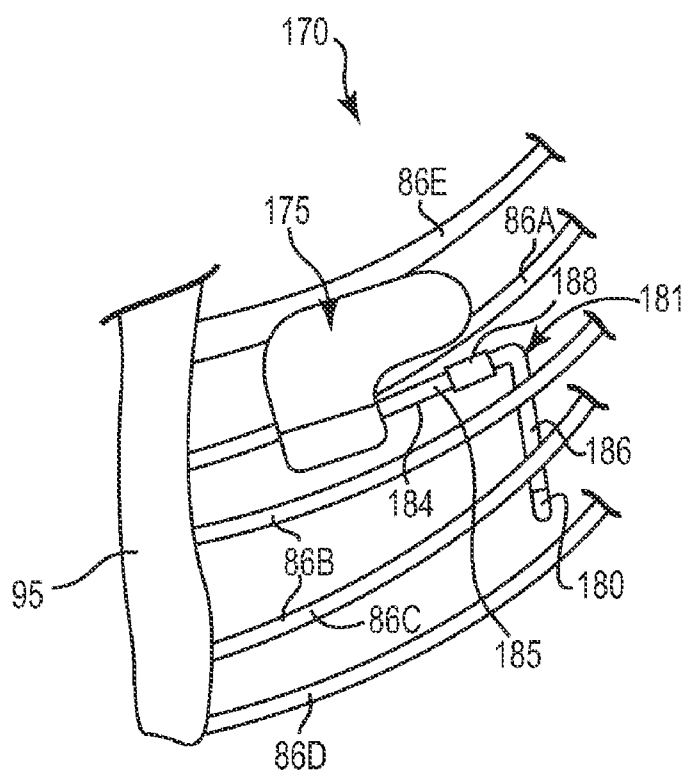


Fig. 1

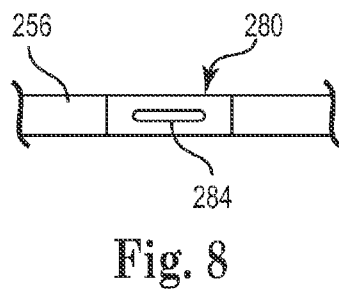
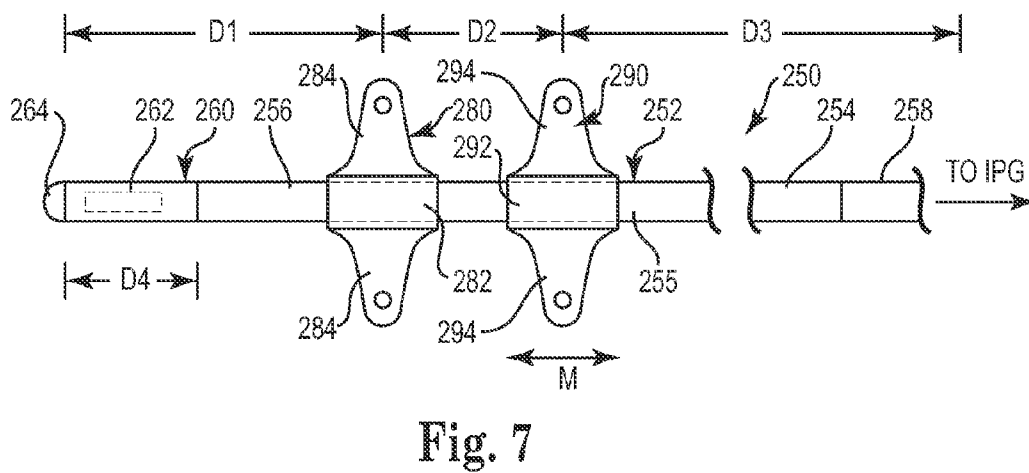
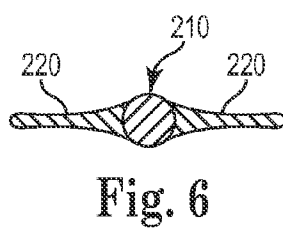
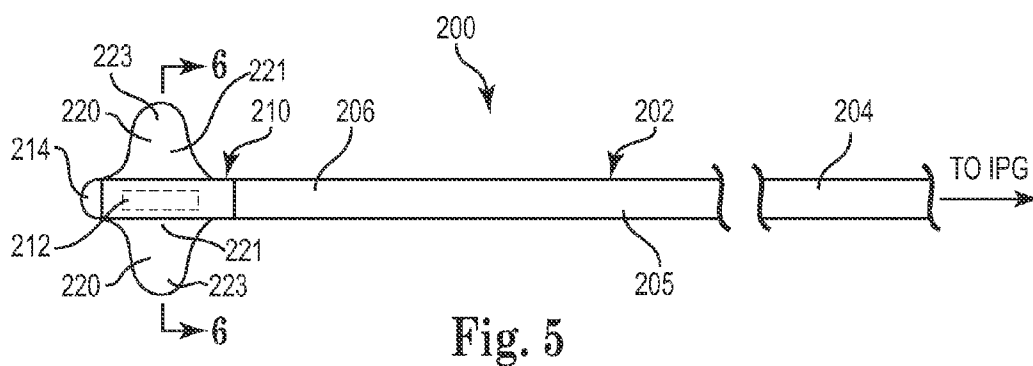
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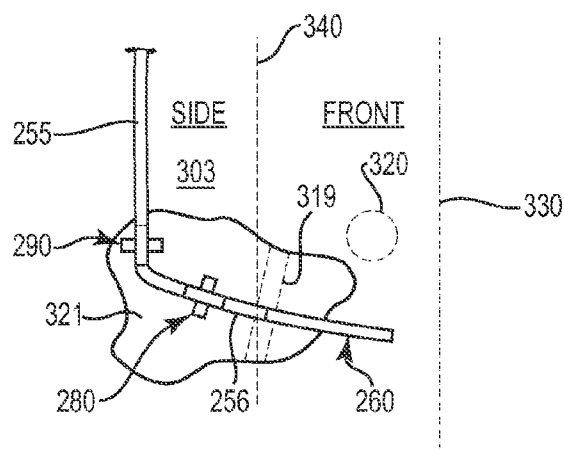
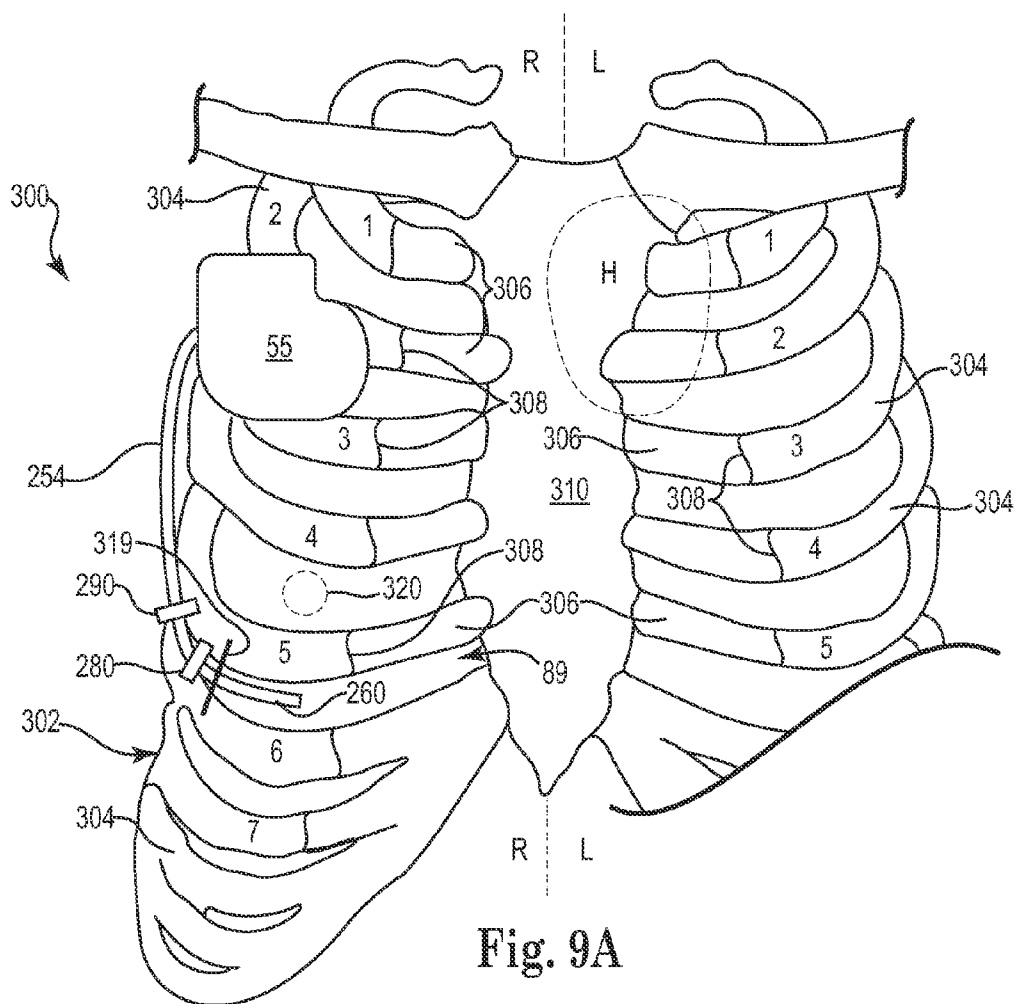


**Fig. 3**



**Fig. 4**





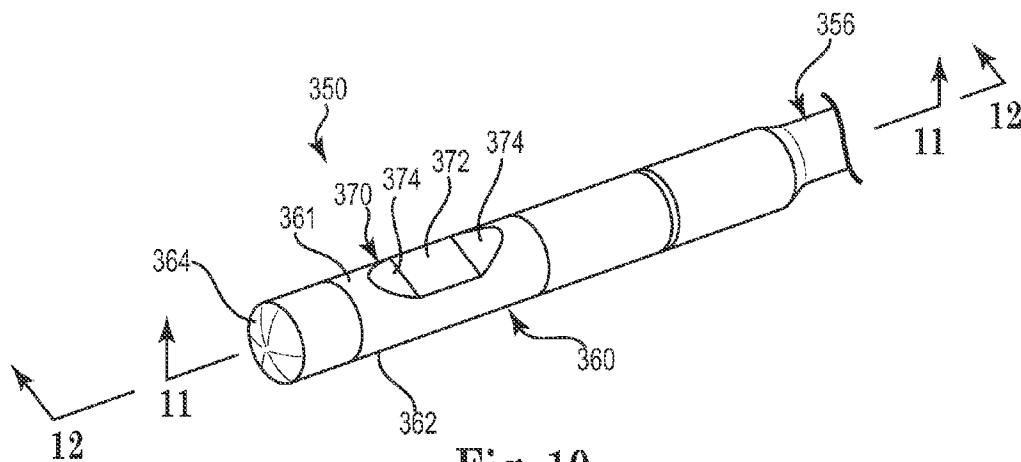


Fig. 10

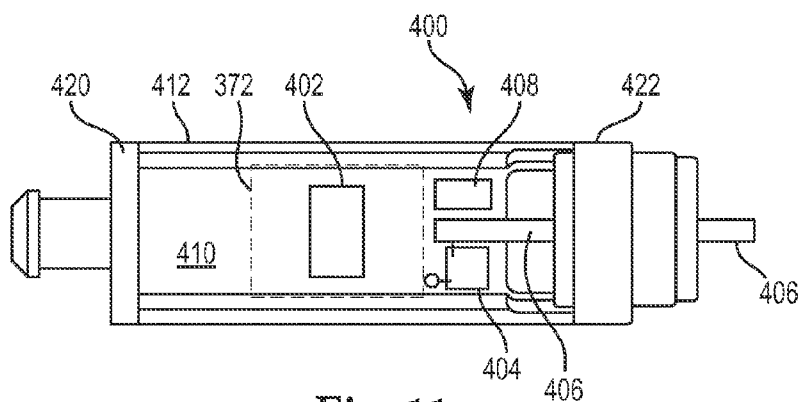


Fig. 11

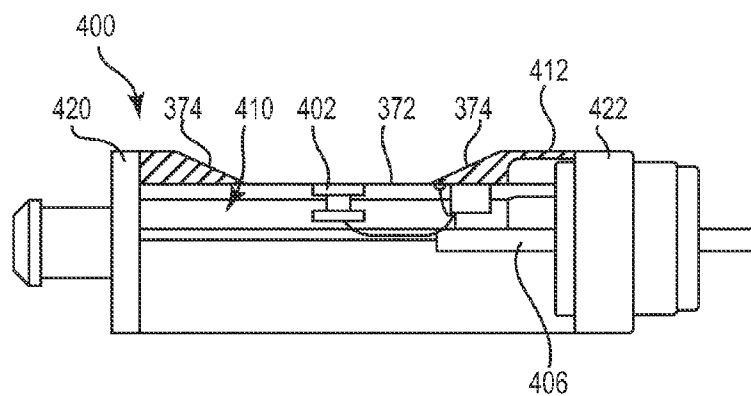


Fig. 12

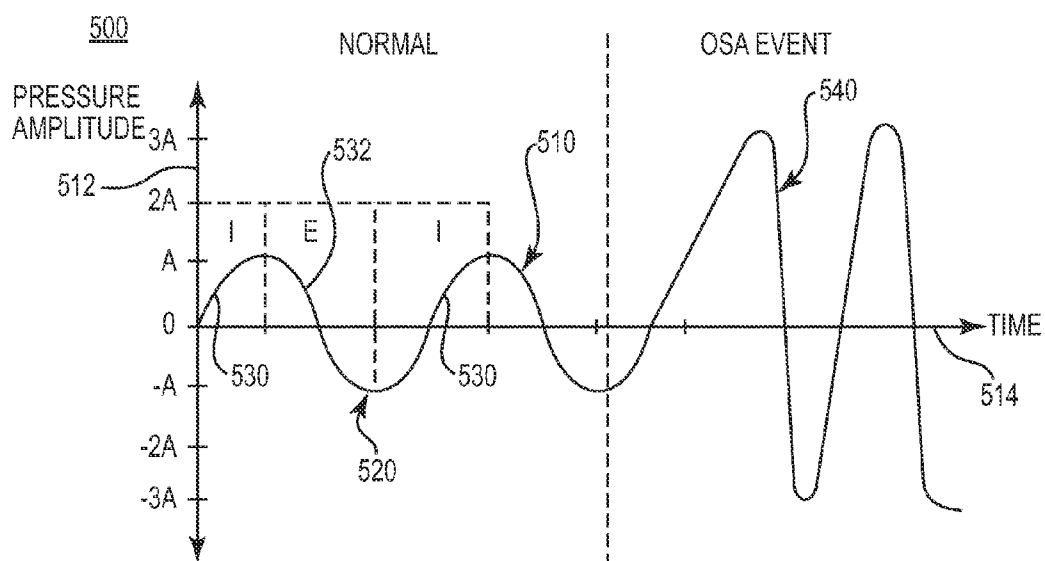


Fig. 13

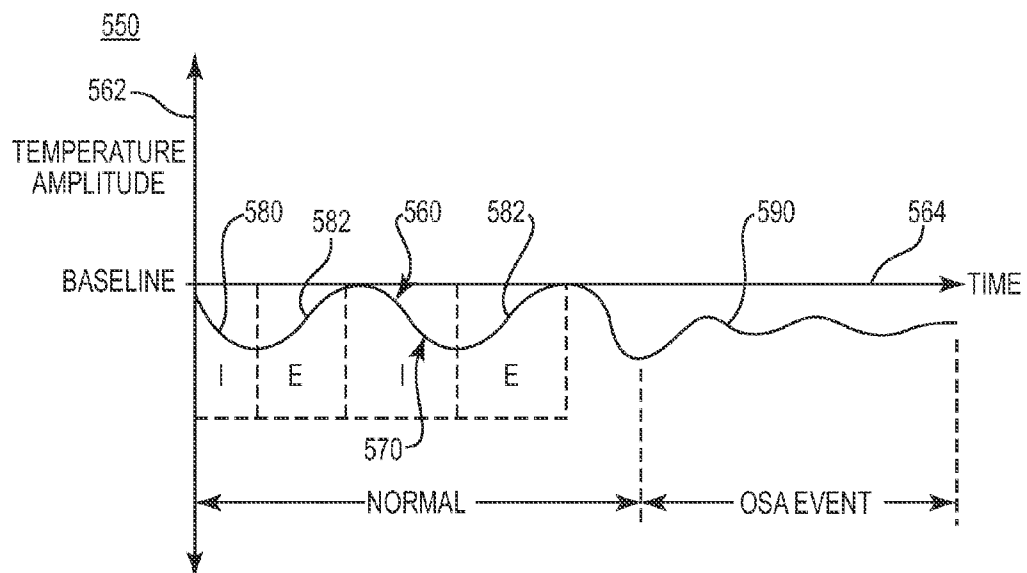


Fig. 14



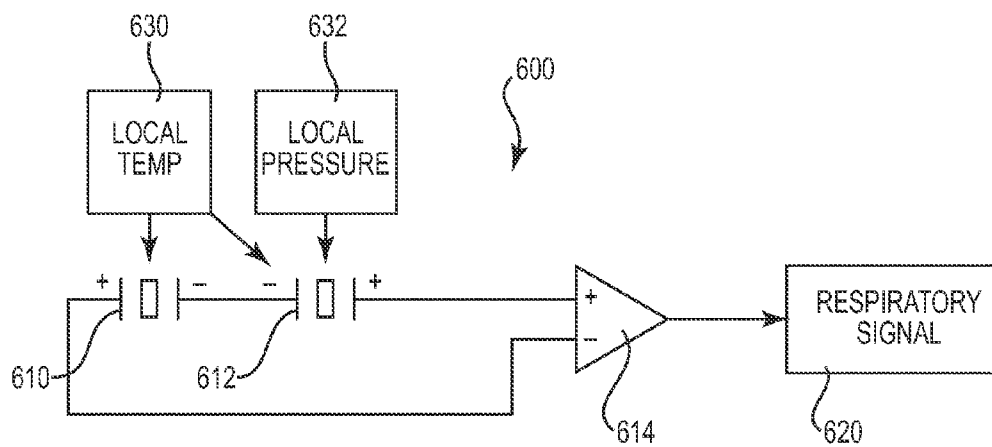


Fig. 15

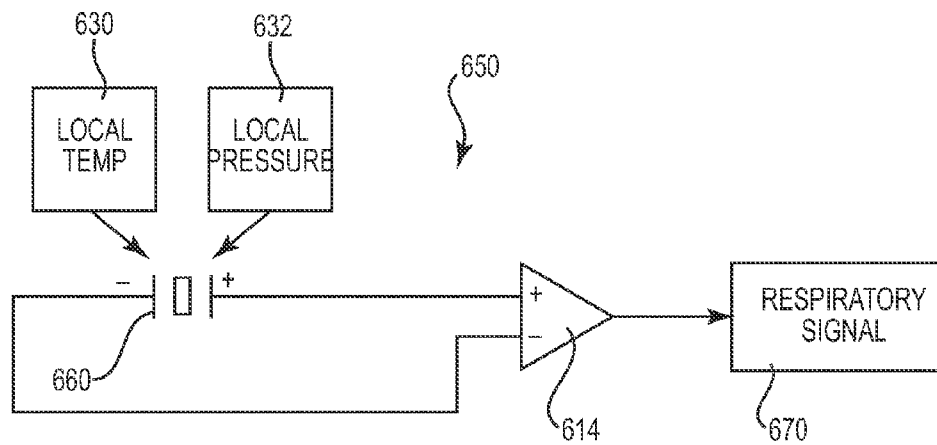


Fig. 16

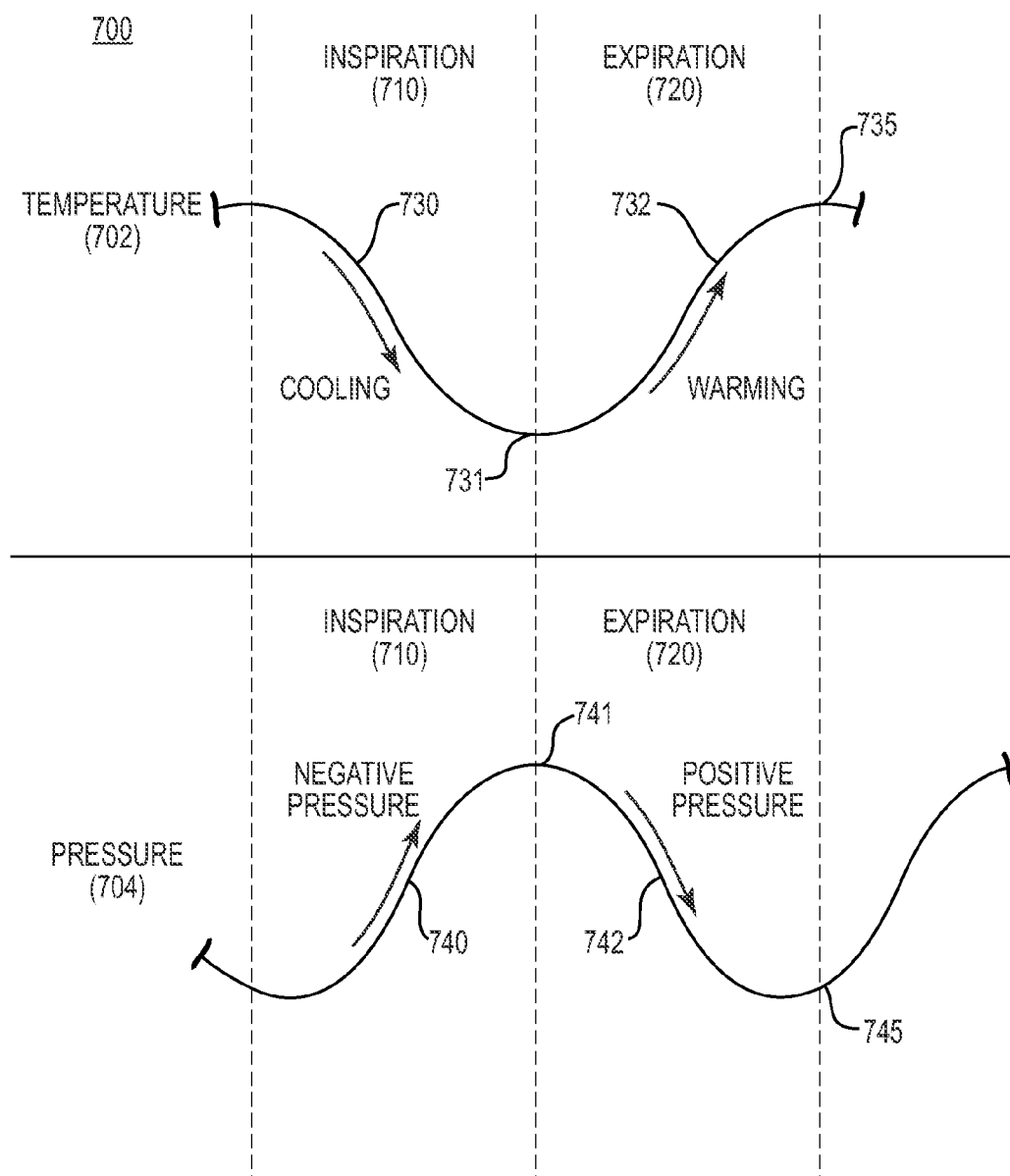


Fig. 17

## METHOD AND APPARATUS FOR SENSING RESPIRATORY PRESSURE IN AN IMPLANTABLE STIMULATION SYSTEM

### CROSS-REFERENCE TO RELATED APPLICATIONS

[0001] This application claims priority under 35 U.S.C. §119(e) to U.S. Provisional Patent Application Ser. No. 61/053,344, filed on May 15, 2008 and PCT Application No. PCT/US2009/04427, filed May 15, 2009, both of which are incorporated herein by reference.

### TECHNICAL FIELD

[0002] The invention relates generally to an implantable stimulation system for stimulating and monitoring soft tissue in a patient, and more particularly, the invention relates to a method and apparatus for sensing respiratory pressure to control delivery of therapy to nerve tissue.

### BACKGROUND

[0003] Sleep apnea generally refers to the cessation of breathing during sleep. One type of sleep apnea, referred to as obstructive sleep apnea (OSA), is characterized by repetitive pauses in breathing during sleep due to the obstruction and/or collapse of the upper airway, and is usually accompanied by a reduction in blood oxygenation saturation.

[0004] One treatment for obstructive sleep apnea has included the delivery of electrical stimulation to the hypoglossal nerve, located in the neck region under the chin. Such stimulation therapy activates the upper airway muscles to maintain upper airway patency. In treatment of sleep apnea, increased respiratory effort resulting from the difficulty in breathing through an obstructed airway is avoided by synchronized stimulation of an upper airway muscle or muscle group that holds the airway open during the inspiratory phase of breathing. For example, the genioglossus muscle is stimulated during treatment of sleep apnea by a cuff electrode placed around the hypoglossal nerve.

[0005] In addition to positioning an electrode to deliver the therapy to the nerve, obstructive sleep apnea treatment may include the use of a sensor that is surgically implanted in a region that has pressure continuity with the intrapleural space, such as the suprasternal notch, the space between the trachea and esophagus, or by being attached to either of the trachea or esophagus. The sensor may also be positioned intercostally, or secured in a position for sensing pressure at the posterior side of the manubrium. The suprasternal notch and manubrium of the sternum are well known structures on the upper chest that are in anatomical continuity with the intrapleural space. Changes in intrapleural pressure provide a characteristic respiratory effort waveform, and therefore the sensor enables respiratory effort waveform information to be utilized to determine increased respiratory effort, which is then used to control delivery of therapy in response to determined increases in respiratory effort.

[0006] The location for placement of the sensor is, at least in part, chosen as a function of a delay, i.e. the propagation time associated with a pressure waveform characteristic of respiratory effort propagating from the respiratory point of origin to the sensor position. The chosen location is also a function of the amount of filtering necessary to achieve a usable sensed signal at a particular location, i.e. the amount of filtering that is used to remove waveforms other than the

waveform associated with the desired sensed characteristic, such as the filtering required to remove cardiac waveform activity, for example.

[0007] However, in some conventional locations for sensor placement, the sensed signal tends to be corrupted by an added signal artifacts caused by cardiac vessels because of the close proximity of cardiac vessels to the sensor. In addition, implanting the sensor using the known placement positions tends to be an invasive procedure.

[0008] Accordingly, significant challenges remain in providing effective respiratory sensing in the treatment of sleep apnea.

### BRIEF DESCRIPTION OF THE DRAWINGS

[0009] The accompanying drawings are included to provide a further understanding of embodiments and are incorporated in and constitute a part of this specification. The drawings illustrate embodiments and together with the description serve to explain principles of embodiments. Other embodiments and many of the intended advantages of embodiments will be readily appreciated as they become better understood by reference to the following detailed description. The elements of the drawings are not necessarily to scale relative to each other. Like reference numerals designate corresponding similar parts. Accordingly, aspects and features of the present disclosure will be appreciated as the same becomes better understood by reference to the following detailed description of the embodiments when considered in connection with the accompanying drawings, wherein:

[0010] FIG. 1 is a front view schematically illustrating an implantable stimulation system deployed in a patient, according to one embodiment of the present disclosure;

[0011] FIG. 2 is a schematic illustration of a sensor lead deployed intrapleurally, according to one embodiment of the present disclosure;

[0012] FIG. 3 is a front view schematically illustrating an implantable stimulation system, with a subcutaneous, extrapleural placement, as deployed in a patient, according to one embodiment of the present disclosure;

[0013] FIG. 4 is a front view schematically illustrating an implantable stimulation system, with an intrapleural placement, as deployed in a patient, according to another embodiment of the present disclosure;

[0014] FIG. 5 is a top plan view of a sensor lead, according to one embodiment of the present disclosure;

[0015] FIG. 6 is a sectional view as taken along lines 6-6 of FIG. 5, according to one embodiment of the present disclosure;

[0016] FIG. 7 is a top plan view of a sensor lead, according to one embodiment of the present disclosure;

[0017] FIG. 8 is a partial side view of an anchor of the sensor lead of FIG. 7, according to one embodiment of the present disclosure;

[0018] FIG. 9A is a front view schematically illustrating an implantable stimulation system including a respiratory sensor as deployed in a patient, according to one embodiment of the present disclosure;

[0019] FIG. 9B is a schematic illustration of a method of implanting the sensor lead of FIG. 9A, according to one embodiment of the present disclosure;

[0020] FIG. 10 is a perspective view of a sensor lead, according to one embodiment of the present disclosure;

[0021] FIG. 11 is a sectional view as taken along lines 11-11 of FIG. 10, according to one embodiment of the present disclosure;

[0022] FIG. 12 is a sectional view as taken along lines 12-12 of FIG. 10, according to one embodiment of the present disclosure;

[0023] FIG. 13 is diagram schematically illustrating a respiratory pressure signal, according to one embodiment of the present disclosure;

[0024] FIG. 14 is diagram schematically illustrating a respiratory-associated temperature signal, according to one embodiment of the present disclosure;

[0025] FIG. 15 is a diagram schematically illustrating a respiratory sensing circuit, according to one embodiment of the present disclosure;

[0026] FIG. 16 is a diagram schematically illustrating a respiratory sensing circuit, according to another embodiment of the present disclosure; and

[0027] FIG. 17 is a diagram schematically illustrating both pressure and temperature components of a respiratory signal, according to one embodiment of the present disclosure.

#### DETAILED DESCRIPTION OF EMBODIMENTS

[0028] The following detailed description is merely exemplary in nature and is not intended to limit the present disclosure or the application and uses of the embodiments of the present disclosure. Furthermore, there is no intention to be bound by any expressed or implied theory presented in the preceding technical field, background, brief summary or the following detailed description.

[0029] Accordingly, in the following Detailed Description, reference is made to the accompanying drawings, which form a part hereof, and in which is shown by way of illustration specific embodiments in which the present invention may be practiced. In this regard, directional terminology, such as “top,” “bottom,” “front,” “back,” “leading,” “trailing,” etc., is used with reference to the orientation of the Figure(s) being described. Because components of embodiments can be positioned in a number of different orientations, the directional terminology is used for purposes of illustration and is in no way limiting. It is to be understood that other embodiments may be utilized and structural or logical changes may be made without departing from the scope of the present disclosure. The following detailed description, therefore, is not to be taken in a limiting sense, and the scope of the present invention is defined by the appended claims.

[0030] FIG. 1 is a schematic diagram of an implantable stimulation system, according to an embodiment of the present disclosure. As illustrated in FIG. 1, an example of an implantable stimulation system 10 according to one embodiment of the present disclosure includes an implantable pulse generator (IPG) 55, capable of being surgically positioned within a pectoral region of a patient 20, and a stimulation lead 52 electrically coupled with the IPG 55 via a connector (not shown) positioned within a connection port of the IPG 55. The lead 52 includes an electrode or electrode system 65 and extends from the IPG 55 so that the electrode system 65 is positioned in proximity to a desired nerve, such as the hypoglossal nerve 53 of the patient 20, to enable stimulation of the nerve 53, as described below in detail. In one embodiment, an implantable stimulation system in which lead 52 may be utilized, for example, is described in U.S. Pat. No. 6,572,543 to Christopherson et al., which is incorporated herein by reference in its entirety. In this exemplary system, a sensor

lead 57 is electrically coupled to the IPG 55 and extends from the IPG 55 so that a sensor or transducer 60 can be positioned in the patient 20 for sensing of respiratory effort. However, it is understood that respiratory sensing embodiments described herein can be used with other implantable stimulation systems for treating sleep apnea.

[0031] In some embodiments, system 10 also comprises additional sensors to obtain further physiologic data associated with respiratory functions, such as various sensors distributed about the chest area for measuring a trans-thoracic bio-impedance signal, an electrocardiogram (ECG) signal, or other respiratory-associated signals.

[0032] In some embodiments, the sensing and stimulation system for treating obstructive sleep apnea is a totally implantable system which provides therapeutic solutions for patients diagnosed with obstructive sleep apnea. In other embodiments, one or more components of the system are not implanted in a body of the patient. A few non-limiting examples of such non-implanted components include external sensors (e.g., impedance, heart rate, etc.), an external processing unit, or an external power source. Of course, it is further understood that the implanted portion(s) of the system provides a communication pathway to enable transmission of data and/or controls signals both to and from the implanted portions of the system relative to the external portions of the system. The communication pathway includes a radiofrequency (RF) telemetry link or other wireless communication protocols.

[0033] Whether partially implantable or totally implantable, the system is designed to stimulate the hypoglossal nerve during inspiration to thereby prevent obstructions or occlusions in the upper airway during sleep. In one embodiment, the implantable system comprises an implantable pulse generator (IPG), a peripheral nerve cuff stimulation lead, and a respiratory sensing lead.

[0034] In one embodiment, the sensor 60 is a respiratory pressure sensor that is surgically implanted in a region that has pressure continuity with the pleura via an intrapleural placement or an extrapleural placement (including but not limited to an intercostal placement), as will be further described in association with FIG. 2. The location for placement of the sensor 60 is, at least in part, chosen as a function of a delay, i.e. the propagation time associated with a pressure waveform characteristic of respiratory effort propagating from the respiratory point of origin to the sensor position. The chosen location is also a function of the amount of filtering or signal processing necessary to achieve a usable sensed signal at a particular location, i.e. the amount of filtering that is necessary to remove waveforms other than the waveform associated with the desired sensed characteristic, such as the filtering required to remove cardiac waveform activity, for example. The positioning of the sensor 60 enables the IPG 55 to receive respiratory effort waveform information and to use this information to control delivery of the therapy.

[0035] As schematically illustrated in FIG. 2, in one embodiment of the present disclosure, an implantable stimulation system 10 comprises a sensing system 70 including a lead 75 configured to place a respiratory pressure sensor 71 within an intrapleural space 90 so that sensor 71 is positioned in close proximity to the lung 80. In this arrangement, the sensor 71 becomes directly coupled relative to the respiratory pressures at the pleura. In another aspect, the intrapleural space 90 includes the cavity between the parietal pleura 78 and a pulmonary pleura 79. Finally, it will be understood that

FIG. 2 illustrates generous spacing between adjacent anatomical structures for illustrative purposes.

[0036] In the one embodiment, lead 75 includes a lead body 72 that supports sensor 71 at its distal end and an anchor 74 (such as a wing-like fixation member) located at a more proximal portion of lead body 72. The anchor 74 ensures that sensor 71 remains positioned to orient the membrane portion of the sensor to face along the lung 80 subsequent to implantation of the sensor 71. The lead body 72 is positioned through an inter-costal space 91 into the pleural space 90 (with a position of sensor 71 and lead body 72 as indicated by reference numeral 88) so that the IPG 55 (FIG. 1) receives sensor waveforms from the sensor 71, thereby enabling the IPG 55 (FIG. 1) to deliver electrical stimulation synchronously with inspiration, according to a therapeutic treatment regimen in accordance with embodiments of the present disclosure.

[0037] As further illustrated by FIG. 2, the lead 75 will be inserted so that lead body 72 extends through the intercostal space (e.g. between two ribs 86) to position the sensor 71 for placement intrapleurally, as indicated generally via indicator 90. In one embodiment, the lead 75 incorporates a piezo-electric crystal mounted into a sealed housing and capable of monitoring intra-thoracic pressure associated with respiration. In other embodiments, monitoring the respiratory pressure comprises monitoring other physiological data indicative of respiratory pressure (in addition to or instead of monitoring intra-thoracic pressure). The sensor 71 is powered by the IPG 55 (FIG. 1) and the IPG 55 also contains internal circuitry to accept and process the respiration signal from the lead 75.

[0038] In one embodiment, the system includes a lead anchor 74 located remotely (by a distance of several centimeters or so) from where the sensor 71 is placed intrapleurally. Tissue movements on the sensor and lead can induce unwanted signal components as well as lead migration/dislodgement; therefore anchoring of the lead body 72, close to where the lead 75 enters the thoracic cavity is warranted. With this in mind, the anchor 74 will be sutured to a subcutaneous connective tissue, such as an intra-costal muscle or fascia during implant, and the anchor 74 is fixed or secured to the lead body 72 and not allowed to slide.

[0039] In other embodiments, the respiratory sensor can be any one of an airflow sensor, a pressure sensor, a volume sensor, an accelerometer, an acoustic sensor, a temperature sensor, a mechanical strain sensor, or an effort sensor.

[0040] To achieve the placement of the sensor 60 in the positions shown and described in association with FIGS. 1-2, several different approaches can be taken as illustrated in association with at least FIGS. 3-4.

[0041] FIG. 3 schematically illustrates an implantable stimulation system 150, with a subcutaneous, extrapleural placement, according to one embodiment of the present disclosure. As shown in FIG. 3, system 150 includes an IPG 155 and a sensor lead 161. In one embodiment, the IPG 155 includes at least substantially the same features and attributes as IPG 55 (FIG. 1).

[0042] In general terms, the sensor lead 161 is configured to detect and/or measure respiratory effort in a manner substantially similar to the sensor 60, as previously described in association with FIGS. 1-2, except for having a generally shorter length for sensor lead 161. With this in mind, as shown in FIG. 3, sensor lead 161 includes sensor portion 160, lead body 164, and stability mechanism 162. In one aspect, lead body 164 has a relatively short length such that with the IPG

155 mounted generally over one or more ribs (e.g. such as ribs 86A, 86B, etc.), lead body 164 forms a generally straight portion extending directly from the header 156 of IPG 155 to cause lead body 164 to extend generally parallel to ribs 86A, 86B. It will be understood that, in some embodiments, lead body 164 will have a length greater than that shown in FIG. 3.

[0043] As illustrated in FIG. 3, sensor lead 161 is implanted in a subcutaneous, extrapleural region 89 (which also includes but is not limited to placement intercostally between a pair of spaced apart ribs 86) that is external to the parietal pleura 78 (FIG. 2). In this subcutaneous, extrapleural position 89 the sensor portion 160 can be against the parietal pleura 78 or within the tissues (which includes several layers of the muscle and related connective tissues) that are external to the parietal pleura 78 and which are accessible between an adjacent pair of ribs. In one aspect, in this arrangement the sensor portion 160 becomes indirectly coupled relative to the respiratory pressures which are present at the pleural space 90.

[0044] In this arrangement, sensor lead 161 terminates at sensor portion 160 between that same pair of ribs 86A, 86B. In other words, the sensor lead 161 originates from the IPG 155 between adjacent ribs 86A and 86B, and with sensor lead 161 being generally straight, the entire sensor lead 161 remains within this intercostal space 91A between ribs. Accordingly, in this embodiment, sensor lead 161 does not extend across ribs 86A, 86B in either a superior orientation (toward the head) or an inferior orientation (toward the feet) relative to this intercostal space 91B.

[0045] In general terms, the stability mechanism 162 of sensor lead 161 ensures that the sensor portion 160 remains generally fixed in a target location so that a membrane portion of the sensor portion 160 is located to be facing along the lung subsequent to implantation of the sensor 160. Being made from a resilient material, the stability mechanism 162 is flexible enough to facilitate its positioning and not interfere with the surrounding tissues, while still having enough stiffness to hold or maintain its position. In this secured position, the sensor portion 160 is located between ribs 86A, 86B in either of an intrapleural or extrapleural implanted configuration (as previously described in association with FIG. 2).

[0046] In one embodiment, the stability mechanism 162 includes a pair of wings that extend laterally outward from both sides of the sensor portion 160, as later described in more detail in association with FIGS. 5-6. In some other embodiments, the stability mechanism 162 comprises one or more pairs of anchor elements (e.g. arms) that extend laterally outward from both sides of the sensor lead 161, as later described in more detail in association with at least FIGS. 7-8. In one aspect, these wings or arms of the stability mechanism 162 prevent lateral shifting and/or prevent rotation of the sensor portion 160 to ensure that an active portion of the sensor portion 160 is oriented to face toward the pleura and lungs.

[0047] One of the other approaches that achieves an intrapleural placement (consistent with the embodiment of FIG. 2) of a sensor lead is schematically illustrated in association with FIG. 4, according to one embodiment of the present disclosure. As shown in FIG. 4, implantable stimulation system 170 includes an IPG 175 and a sensor lead 181. In one embodiment, the IPG 175 includes at least substantially the same features and attributes as IPG 55 (FIG. 1).

[0048] In general terms, the sensor lead 181 is configured to detect and/or measure respiratory effort in a manner substantially similar to the sensor 60, as previously described in

association with FIGS. 1-2, except for having a generally shorter length for sensor lead 181. With this in mind, as shown in FIG. 3, sensor lead 181 includes sensor portion 180, lead body 185 (with proximal lead portion 184 and distal lead portion 186), and stability mechanism 188. In one aspect, lead body 185 has a relatively short length such that with the IPG 155 mounted generally over a pair of ribs 86E, 86A, the proximal lead portion 184 forms a generally straight portion extending directly from the header 176 of IPG 155 to cause proximal lead portion 184 to extend between, and generally parallel to, the spaced apart ribs 86A, 86B (which separately connect to manubrium 95 as later described in more detail in association with FIG. 9A).

[0049] In one aspect, stability mechanism 188 (e.g., anchor 280 in FIG. 7) is located along the proximal lead portion 184 and secures the proximal lead portion 184 relative to intercostal tissue or adjacent tissues. In another aspect, with proximal lead portion 184 anchored via the stability mechanism 188, distal lead portion 186 forms a generally perpendicular angle relative to the proximal lead portion 184 such that distal lead portion 186 is arranged to extend downward underneath one or more ribs 86D, 86E before terminating at sensor portion 180 within the intrapleural space (as shown in FIG. 2).

[0050] In this arrangement, the distal lead portion 186 is oriented to be generally perpendicular to a longitudinal axis of the ribs (or relative to a longitudinal axis of a length of the patient's body) to maintain the sensor portion 180 in a generally vertical orientation within the pleura 90 (FIG. 2). This orientation ensures that normal, cyclical movements of the lungs 80 (FIG. 2) during respiration in a generally vertical orientation (toward and away from the head) do not substantially affect the sensing performed by the sensor portion 180 because a longitudinal axis of the sensor portion 180 is aligned along the direction of movement (and not transverse to) of the lungs.

[0051] Nevertheless, it will be understood that in some other embodiments, the sensor portion 180 can be implanted intrapleurally with the distal lead portion 186 extending generally parallel to the longitudinal axis of the ribs to orient the sensor portion 180 in a generally horizontal position within the pleura 90. In these embodiments, portions of the distal lead portion 186 proximal to the sensor portion 180 will be positioned between, and extend generally parallel to, an adjacent pairs of ribs in a manner substantially similar to that shown in FIG. 1 or 3.

[0052] In some embodiments, the stability mechanism 188 of the embodiment of FIG. 4 can be exchanged for the stability mechanism 162 of the embodiment of FIG. 3 (or the stability mechanism provided by wing-like members 220 of FIG. 5), and vice versa.

[0053] Among other features, the embodiments of FIGS. 3-4 allow a relatively simple implantation of an IPG and its sensor lead. While an implantation of the IPG and sensor lead on a right side of the patient's body is preferred, in some other embodiments an implantation of the IPG and sensor lead can be made on a left side of the patient's body.

[0054] FIG. 5 is a top plan view schematically illustrating a sensor lead 200, according to one embodiment of the present disclosure. In general terms, sensor lead 200 provides a sensor portion 210 including a pair of wing-like members 220 configured to stabilize the position of sensor portion 210 in its implanted location, in manner substantially similar to that previously described in association with at least FIG. 3. As illustrated in FIG. 5, sensor lead 200 comprises a lead body

202 and sensor portion 210. Lead body 202 includes a distal portion 206 supporting sensor portion 210, a mid-portion 205, and a proximal portion 204 configured to extend to (and connect with) IPG 55 of FIG. 1.

[0055] In one aspect, sensor portion 210 includes a distal tip 214, which is preferably made of a soft radiopaque material to be visible under fluoroscopy or other radiograph visualization techniques. In another aspect, sensor portion 210 includes the wing-like members 220, which extend outward from opposite sides of the sensor portion 210. While the wing-like members 220 can take a variety of shapes, the members 220 shown in FIG. 6 have a tapered shape in which each member 220 has a generally wide base 221 and the wing-like members 220 become progressively narrower toward curved tip 223. As further shown in the sectional view of FIG. 6, wing-like members 220 have a generally flat cross-sectional shape. However, in some embodiments, the base 221 is thicker than the tip 223 to ensure robust attachment of the members 220 relative to a body of the sensor portion 220.

[0056] In one embodiment, the wing-like members 220 do not include any holes or other features configured to facilitate suturing (or other fastening techniques) of the wing-like members 220 relative to the tissues. Instead, the generally large surface area and resiliency of the wing-like members 220 as they extend outward from the sensor portion 210 provide frictional engagement relative to, and physical abutment to, surrounding tissues. In this way, the wing-like members 220 provide a mechanism that maintains the position of sensor portion 210 in a proper orientation relative to the tissue to be sensed. In particular, in some embodiments, the sensor portion 210 includes a directional sensor element 212 (shown in dashed lines) with sensor portion 210 implanted to cause the directional sensor element 212 face the pleura and target lung tissue. In this arrangement, the wing-like members 220 prevent rotation of the directional sensor element away from the target tissue, while also preventing migration of the sensor portion 210 up, down, left, or right relative its implanted position in the body.

[0057] In another aspect, sensor element 212 is configured to perform pressure sensing with sensor element 212 comprising an electronic sensor element that includes one or more piezo-crystal elements, as later described in more detail in association with FIGS. 10-12.

[0058] FIG. 7 is a top plan view schematically illustrating a sensor lead 250, according to one embodiment of the present disclosure. As illustrated in FIG. 7, sensor lead 250 comprises lead body 252 and sensor portion 260. In one embodiment, sensor lead 250 comprises substantially the same features and attributes as sensor 60 as previously described in association with at least FIGS. 1-2. As shown in FIG. 7, sensor portion 260 includes distal tip 264 and sensor element 262. In one aspect, sensor portion 260 has a length (D4) of about 1-3 centimeters.

[0059] Lead body 252 includes midportion 255, a proximal portion 254, and a distal portion 256. The distal portion 256 supports sensor portion 260 while the proximal portion 254 configured to extend to, and connect with, IPG 55 (FIG. 1).

[0060] In some embodiments, sensor lead 250 includes a first anchor element 280 mounted onto, or formed as part of, lead body 252. In one aspect, first anchor element 280 has a fixed position relative to a length of lead body 252 and includes a pair of arms 284 extending outward from opposite sides of a central portion 282 of anchor element 280. In this position, the arms 284 extend generally perpendicular to a

longitudinal axis of the lead body **252**. In one embodiment, as illustrated in the side view of FIG. 8, each arm **284** has a thickness substantially less than a diameter of the lead body **252**.

[0061] In another aspect, each arm **284** includes a hole **285** configured to facilitate suturing (or other fastening techniques) of the arm **284** to surrounding tissues. In some embodiments, the fixed position of first anchor element **280** along lead body **252** is spaced apart a distance (D1) of about 4 to 9 centimeters from the distal tip **264**. In other embodiments, the distance (D1) is about 2 to 6 centimeters. In one aspect, this arrangement ensures the sensor lead **250** will extend an adequate distance inside the thoracic cavity or intercostal space to achieve optimal sensing while preventing dislodgements of the sensor lead from its intercostal deployment. Moreover, the resilient arms **284** maintain the orientation of the directional sensor portion **260** to face the lungs or pleura by preventing rotational movement of the sensor portion and/or preventing significant lateral shifting of the sensor portion **260**. However, the sensor lead is relatively short enough to avoid interference with cardiac functions, as will be further described in association with FIGS. 9A-9B.

[0062] In some embodiments, in addition to fixed first anchor element **280**, sensor lead **250** includes a second anchor element **290**, as illustrated in FIG. 7. In one aspect, this second anchor element **290** is movable along a length of lead body **252** to enable adjusting the position of the second anchor element **290** before securing it relative to surrounding tissues. In this arrangement, the distance (D2) between the respective anchor elements **280**, **290** can vary as desired to effect a robust implantation of sensor lead **250**. In one non-limiting use, second anchor element **290** is configured to secure proximal portion **254** of sensor lead **250** after tunneling along a lateral side **303** of the body to and/or from the implanted site of the IPG **55** (FIG. 1).

[0063] In one aspect, other than its movable position (as represented by directional arrow M in FIG. 7), second anchor element **290** has substantially the same features and attributes as first anchor element **280**. Accordingly, second anchor element **290** has a pair of arms **294** extending outward from opposite sides of central portion **292**.

[0064] However, it is understood that in other embodiments, the second anchor element **290** can have a fixed position along a length of lead body **252** such that the distance (D2) between the respective anchor elements **280**, **290** does not vary.

[0065] In some embodiments, lead body **252** includes an outer diameter that is no greater than an outside diameter of the sensor portion **260**. Further, in some embodiments, it will be understood that the sensor portion **260** and distal portion **256** of lead body **252** are dip coated with thinned medical adhesive to facilitate maintaining the sensor portion **260** in a desired location relative to the target tissue at which sensing is to take place. At the same time, dip coating also softens the sensor surfaces and provides further electrical insulation.

[0066] It will be understood that because the sensor portion **260** will be inserted into the pleural cavity (or adjacent to the pleura, but within the thoracic cavity), the outside diameter of the lead body **252** should be minimized (in concert with the lead body conductor **406** shown in FIG. 11) to optimize the flexibility of the device. This arrangement acts to minimize any local stresses on the sensor portion **260** in the pleural cavity. Likewise, in the situation in which the sensor lead **250** and sensor portion **260** are deployed in an extra-pleural con-

figuration, then a relatively small outer diameter of the sensor portion **260** will minimize stress on the pleura.

[0067] FIG. 9A is front view schematically illustrating a method **300** of implanting a sensor lead **250** of an implantable stimulation system, according to one embodiment of the present disclosure. As illustrated in FIG. 9A, IPG **55** is implanted in a pectoral region of a patient (FIG. 1) in a manner known to the art such that IPG **55** is positioned over a couple of ribs **304** (such as upper ribs **2** and **3**) of a ribcage **302**. In some embodiments, the IPG **55** is implanted on a right side (R) of the patient, generally opposite the left side (L) at which the heart H (shown in dashed lines) is located. With further reference to FIG. 9A, a sensor lead **250** extends from the IPG **55** while a stimulation lead (not shown) extends from IPG **55** in a direction opposite the sensor lead **250** for coupling to a target nerve.

[0068] As illustrated in FIG. 9A, each rib **304** is joined, via a costochondral joint **308**, to a costal cartilage **306**. Each costal cartilage **306** is joined to manubrium **310**. In one embodiment of method **300**, sensor lead **250** is implanted to position sensor portion **260**, via intercostal placement, in substantially the same as previously described in association with at least FIGS. 2-4. However, in addition, as shown in method **300**, proximal portion **254** of lead body **252** extends down a lateral side **303** of the rib cage **302** (and generally parallel to a longitudinal axis of the body) and distal portion **256** of lead body **252** extends generally parallel to the proximal portion **254**. In this arrangement, distal portion **256** and sensor portion **260** extend generally parallel to ribs **304**. In one aspect, the point **319** of intercostal entry is selected such that sensor portion **260** will become positioned lateral (toward an outer side of the body) to the costochondral joint **308**. In some embodiments, sensor portion **260** is positioned directly below or inferior to the nipple **320**. While the nipple is not related functionally to the position of the sensor portion **260**, the nipple **320** provides a positional marker relative to a desired location between a lateral side of the body and a midline of the body. In particular, method **300** includes implanting the sensor lead **250** and sensor portion **260** away from the lateral side **303** because that location would compromise the accuracy of the readings from sensor portion **260** when the patient lies on that side of their body to sleep. At the same time, method **300** includes implanting the sensor portion **260** as far away, both laterally and longitudinally, as possible from heart H in order to minimize the effect of cardiac activity on the readings of sensor portion **260**. While FIG. 9A shows placement of the sensor portion **260** between the fifth and sixth ribs **304**, it will be understood that in other embodiments, placement of the sensor portion **260** could take place between any pair of adjacent ribs within the group of ribs **304** extending from the first uppermost rib **304** through the seventh uppermost rib **304**.

[0069] Moreover, in some embodiments, method **300** also includes implanting the sensor portion **260** over an adequate volume of lung tissue in order to obtain a representative measurement of respiratory effect and activity. This latter constraint practically limits the distance that sensor portion **260** can be located away from heart H because sensor portion **260**, in this embodiment, will have to overlie some portion of lung tissue.

[0070] Putting all of these constraints together, the sensor lead **250** is implanted to position sensor portion **260** longitudinally between a fifth rib and a sixth rib (over a corresponding portion of lung tissue). At the same time, the sensor

portion 260 is positioned lateral (toward a side of the body) of the costochondral joint 208 of either the fifth or sixth rib with the sensor portion 260 also being located directly below or medial to the nipple. However, it is understood that in some other embodiments, the sensor lead 250 and sensor portion 260 can be deployed between a different set of adjacent ribs, such as within the first through seventh rib space, and more preferably within the second through sixth rib space, etc.

[0071] Moreover, with this positioning shown in FIG. 9A, first anchor 280 (which is itself fixed relative to lead body 252) is secured in a fixed position at a lateral side 303 of the body within the subcutaneous, extrapleural tissue region 89 that is external to the parietal pleura 78 (FIG. 2) and lateral to the intercostal entry site 319 for the sensor portion 260. In another aspect, the second anchor 290 is located closer toward the IPG 55, and secured to a lateral side 303 of the body as previously described. Because the second anchor 290 is movable, the position of securing the second anchor 290 can be varied to optimize stability of the proximal portion 254 of lead 250 while also supporting the secured position of first anchor 280. Once the desired location of the second anchor 290 is achieved, sutures or other fastening mechanisms are used to fix the second anchor 290 relative to the lead body 252 and relative to subcutaneous connective tissues.

[0072] In some embodiments, the deployment location of sensor portion 260 below the nipple 320 (i.e., toward the feet) carries a functional consideration. In particular, by deploying the sensor lead 250 and sensor portion 260 intercostally within the extrapleural region 89 between the fifth and sixth ribs (or between the sixth and seventh ribs), one can avoid penetrating or disturbing the pectoral muscles, and thereby perform the most minimally invasive procedure to place the sensor portion 260 relative to the pleura 90.

[0073] FIG. 9B is a diagram that schematically illustrates the position of the sensor lead 250 and sensor portion 260 relative to an incision area 321 and without illustrating the rib cage, as in FIG. 9A. As illustrated in FIG. 9B, the first and second anchors 280, 290 are located on a side portion 303 of the body to cause sensor portion 260 to be positioned lateral (toward outside of body) relative to a costochondral joint (represented by dashed lines 330) of nearby ribs. Moreover, the first anchor 280 is located and secured relative to body tissues external to the intercostal entry site 319 with the distal portion 256 of the lead extending through the intercostal entry site 319 to place the sensor portion 260 within the pleura 90 (see FIG. 2) or in the subcutaneous, extrapleural region 89 between the adjacent ribs (e.g., see FIG. 3 or 9A).

[0074] FIG. 10 is a perspective view that schematically illustrates a sensor portion 360 of a lead 350 for an implantable stimulation system, according to one embodiment of the present disclosure. In one embodiment, the sensor portion 360 has at least substantially the same features and attributes as sensor portions 60, 260 as previously described herein. As illustrated in FIG. 10, sensor portion 360 is supported by a distal portion 356 of a lead body and at the other end, includes a distal tip 364. In one aspect, sensor portion 360 comprises a top portion 361 with its recessed portion 370 and a bottom portion 362.

[0075] In general terms, via recessed portion 370, sensor portion 360 provides a directional sensor lead with the recessed portion 370 defining the direction or orientation of sensing. With reference to the previously described wings

162 in FIG. 3 or wings 220 in FIG. 5, these wings act to keep recessed portion 370 in a desired orientation that faces the target tissue to be sensed.

[0076] In one embodiment, this recessed portion 370 defines a membrane portion 372 interposed between a pair of sloped walls 374 on opposite sides of the membrane portion 372. The membrane portion 372 forms part of a sensor element 400 contained within housing 412 of sensor portion 360.

[0077] FIG. 11 is a sectional view as taken along lines 11-11 of FIG. 10, and FIG. 12 is side sectional view as taken along lines 12-12 of FIG. 10, both of which schematically illustrate sensor element 400, according to one embodiment of the present disclosure. In one aspect, this sectional view depicts membrane portion 372 in dashed lines. As illustrated in FIGS. 11-12, sensor element 400 comprises a housing 412 that contains a pressure sensing element 402 (e.g., pressure transducer) configured to measure sensed changes through or along membrane portion 372 and a temperature sensing element 404 (e.g., temperature transducer) configured to measure temperature. In one embodiment, the pressure sensing element 402 is electrically coupled to the temperature sensing element 404, which acts as a temperature compensation unit for pressure sensing element 402. In one aspect, the temperature sensing element 404 is positioned away from the membrane portion 372 and the pressure sensing element 402, so that these respective sensing elements 402, 404 are laterally spaced apart to each other, rather than in a stacked configuration.

[0078] In some embodiments, the temperature sensing element 404 is electrically coupled to the pressure sensing element 402 in order to cancel temperature effects and thereby produce a sensor element 400 that produces a sensed respiratory signal that primarily indicates changes in pressure and not temperature.

[0079] However, it is also understood that when pressure sensing element 402 comprises a piezo-electric element, pressure sensing element 402 is substantially more sensitive to changes in temperature than to changes in pressure. Accordingly, in some other embodiments, instead of attempting to cancel out temperature effects, the change in temperature sensed via the piezo-based pressure sensing element 402 is used as a factor in determining whether or not an obstructive sleep apnea event has occurred. As later illustrated in more detail in association with FIGS. 12-13 and 17, a temperature signal can be used, independent of or with a pressure signal, to identify an obstructive sleep apnea event.

[0080] Sensor element 400 also includes a transistor 408 to process or amplify the signals measured via the pressure sensing element 402 and the temperature sensing element 404. In some embodiments, the pressure sensing element 402 and/or the temperature sensing element 404 are piezo-electric transducers. In one aspect, the respective elements 402, 404 are in electrical communication with a conductive feed element 406 of sensor portion 260 of lead 250 that provides electrical connection out of the hermetically sealed housing 412. This feed element 406, in turn, communicates signals to IPG 55 (FIG. 1) to indicate a respiratory state or effort.

[0081] In some embodiments, the respiratory-associated signals produced from the pressure sensing element 402 and the temperature sensing element 404 are mapped independently, as illustrated in FIGS. 13-14. As illustrated in FIG. 13, a diagram 500 illustrates a signal 510 mapped as pressure (512) over time (514). Signal 510 includes cyclical patterns of inspiration (I) and expiration (E), with diagram 500 also



illustrating the nature of these patterns during normal respiration (signal portion 520) and during an obstructive apnea (OSA) event (signal portion 540). During normal respiration, signal portion 520 includes inspiration portions 530 and expiration portions 532 which have a nominal amplitude (A) and which correspond to generally uniform cyclical amplitudes of respiratory pressure. However, during an OSA event, signal portion 540 reveals a substantially greater amplitude of respiratory pressure (such as, 3A or three times the nominal amplitude A in a non-limiting example), indicating increased respiratory efforts through the inspiratory and expiratory phases of the respiration cycle during an obstructive event. Accordingly, these dramatic changes in the cyclical amplitudes of the pressure signal are used to detect obstructive sleep apnea and/or to trigger stimulation therapy for treating the sleep apnea.

[0082] As illustrated in FIG. 14, a diagram 550 illustrates a signal 560 mapped as temperature (562) over time (564). Signal 560 includes cyclical patterns of inspiration (I) and expiration (E), with diagram 550 also illustrating the nature of these patterns during normal respiration (signal portion 570) and during an obstructive apnea (OSA) event (signal portion 590). During normal respiration, signal portion 570 includes inspiration portions 580 and expiration portions 582 which have a nominal amplitude (A), and which correspond to generally uniform cyclical amplitudes of the sensed temperature. However, during an OSA event, signal portion 590 reveals little difference between the peaks of the cyclical amplitudes of temperature between inspiration and expiration phases of the respiratory cycle, indicating a reduction of airflow. Accordingly, this lack of difference in the cyclical amplitudes of the temperature signal is used to detect obstructive sleep apnea and/or to trigger stimulation therapy for treating the sleep apnea.

[0083] Because such a temperature signal provides useful information regarding a state of respiration (normal vs. obstructive), one of the embodiments of the sensor element 400 described above used the temperature sensing element 404 independent of the pressure sensing element 404, i.e. not to compensate for temperature effects on the pressure signal. This temperature signal can stand alone or be combined with a pressure signal. Moreover, one of those embodiments, the piezo-electric sensing element 402 is used as a temperature sensor alone apart from pressure.

[0084] FIG. 15 is diagram schematically representing an equivalent circuit 600 of the measurement of temperature and pressure via a sensor element, such as sensor element 400 of FIGS. 11-12, to produce a sensed respiratory signal 620. As illustrated in FIG. 15, circuit 600 includes a first piezo-electric element 610, a second piezo-electric element 612, and a transistor 614 (e.g., a transistor amplifier circuit). In one embodiment, a local tissue temperature 630 (where the sensor element 400 is implanted and oriented) is sensed via first piezo-electric element 610 and via second piezo-electric element 612. Likewise, a local tissue pressure 632 (where the sensor element 400 is implanted and oriented) is sensed via second piezo-electric element 612. In this arrangement, the pressure signal (captured via first sensing element 610) and the temperature signal (captured via second sensing element 612) are summed into one signal 620. In one embodiment, the first and second piezoelectric elements 610, 612 are electrically coupled together, to permit cancellation of the temperature effects on the sensing of pressure by the second piezo-electric element.

[0085] In another embodiment, as illustrated schematically in FIG. 16, an equivalent circuit 650 for producing a sensed respiratory signal 670 includes just one piezo-electric element 660 and a transistor amplifier 614. In this embodiment, both a local tissue temperature 630 and a local pressure 632 (where the sensor element 400 is implanted and oriented) is sensed via the one piezo-electric element 660. It will be further understood that in some embodiments, various combinations of piezoelectric elements with different locations, different sizes, and/or different polarity connections could be created to scale the temperature and pressure responses.

[0086] In some other embodiments, the circuit 600 of FIG. 15 and the circuit of FIG. 16 are both implemented in a single sensor housing and, in this arrangement, both of the sensed pressure and sensed temperature signals would be sent separately from each other to the IPG 55.

[0087] In some embodiments, a temperature signal and a pressure signal could be provided as input to the pulse generator (e.g., IPG 55 in FIG. 1) as two separate signals to preserve maximum signal content.

[0088] FIG. 17 is a diagram 700 schematically illustrating a juxtaposition of an independent respiratory temperature signal 702 (through cycles of inspiration 710 and expiration 720) relative to a pressure signal 704 (through cycles of inspiration 710 and expiration 720). As shown in FIG. 17, during inspiration 710 the temperature falls in a cooling segment 730 (due to air temperature) and rises in a warming segment 732 (due to blood flow). Likewise, during inspiration 710, the pressure rises in a negative pressure segment 740 and falls during a positive pressure segment 742. As illustrated by FIG. 17, the lowest value 731 of the temperature signal 702 occurs simultaneously with a peak 741 of the pressure signal 704. In one aspect, in this embodiment, the piezo-electric element is mounted and connected with the appropriate polarities to cause the cooling temperature during inspiration and the negative pressure during inspiration to be additive. In this way, one can create an additive temperature and pressure signal.

[0089] In this way, the signals from both transducers, such as pressure and temperature, can be either utilized in combination, or utilized separately in a standalone configuration to determine whether therapy should be delivered. For example (of utilizing the signals separately) if the pressure is determined to increase beyond a predetermined pressure threshold while at the same time no changes in temperature are sensed due to restricted or obstructed airflow into the lungs, it is concluded that an obstruction has taken place, and therefore therapy is delivered or increased based on the sensed obstruction.

[0090] However, if the pressure is determined to increase beyond the predetermined pressure threshold while at the same time the temperature is also determined to increase beyond a predetermined temperature threshold (which indicates a deep breath rather than an obstruction), then therapy may be withheld. Alternatively, in this situation, further indicators such as input from an activity sensor, for example, may be required before delivery of therapy it is concluded that an obstruction has occurred and therapy is commenced.

[0091] In some embodiments, a sensed temperature signal is used to indicate a polarity of the sensed respiratory pressure and thereby differentiate inspiratory phases from expiratory phases of sensed respiratory pressure. In particular, as shown in FIG. 17, an inspiratory and expiratory pattern of the sensed temperature signal can be correlated with an inspiratory and

expiratory pattern of the sensed respiratory signal. This arrangement is useful in certain instances in which the sensed respiratory pressure signal becomes inverted. In this situation, using the sensed temperature signal to differentiate the inspiratory and expiratory phases allows the IPG 55 to properly synchronize an application of electrical stimulation relative to the inspiratory phase, the expiratory phase, and/or a transition between the respective inspiratory and expiratory phases.

**[0092]** With reference to the sensed respiratory pressure signal shown in FIG. 17, it is further understood that peak 741 generally corresponds to a transition region (e.g. end of inspiration and/or onset of expiration) between the inspiratory phase (710) and the expiratory phase (720). Likewise, with further reference to the sensed temperature pressure signal shown in FIG. 17, it is understood that valley 731 generally corresponds to a transition region (e.g. end of inspiration and/or onset of expiration) between the inspiratory phase (710) and the expiratory phase (720). Moreover, it will be understood by those skilled in the art that such transition regions include information regarding the onset of inspiration, onset of expiration, and other related respiration timing fiducials. In one aspect, this information is used to trigger or synchronize the application of an electrical stimulation signal from IPG 55 to a stimulation lead (FIG. 1).

**[0093]** The pressure and temperature contribution to the sensor are provided above as illustrations of potential sources of input to the sensor signal. Other input is also possible, such as the local mechanical force associated with respiratory movement or other motion.

**[0094]** Embodiments of the present disclosure provide accurate sensing of respiratory effort suitable for detecting, and/or triggering therapy on, an obstructive sleep apnea event. With sensitivity to pressure and/or temperature, a sensing element provides robust capture of respiratory behavior to more accurately indicate the presence or absence of an obstructive sleep apnea event, thereby leading to a more efficacious delivery of therapy.

**[0095]** While at least one exemplary embodiment has been presented in the foregoing description, it should be appreciated that variations exist. It should also be appreciated that the exemplary embodiment or exemplary embodiments are only examples, and are not intended to limit the scope, applicability, or configuration of the present disclosure in any way. Rather, the foregoing description will provide those skilled in the art with a convenient road map for implementing the exemplary embodiment or exemplary embodiments. It should be understood that various changes can be made in the function and arrangement of elements without departing from the scope of the present disclosure.

What is claimed is:

1. A method of treating a respiratory dysfunction, the method comprising:

positioning a sensor portion of a lead, via an intercostal access point, into an implanted location in which the sensor portion is coupled relative to respiratory pressures of a pleural space;

sensing, via the sensor portion at the implanted location, at least one of a temperature and the respiratory pressure; and

identifying a respiratory event based on a substantial change in the amplitude of at least one of the sensed temperature and the sensed respiratory pressure.

2. The method of claim 1, wherein the respiratory event includes an obstructive sleep apnea event.

3. The method of claim 1, comprising:

triggering the application of an electrical stimulation signal, from an implantable pulse generator coupled to the sensor portion, based on the substantial change in the amplitude of at least one of the sensed temperature and the sensed respiratory pressure.

4. The method of claim 3, comprising:

synchronizing the application of the electrical stimulation signal according to cyclical respiration waveform parameters, including at least one of:

a portion of inspiratory phase;

a portion of an expiratory phase; or

a transition region between the respective inspiratory and expiratory phases.

5. The method of claim 1, wherein identifying the respiratory event comprises:

using the sensed temperature to indicate a polarity of the sensed respiratory pressure to differentiate inspiratory phases from expiratory phases of sensed respiratory pressure.

6. The method of claim 1, wherein sensing at least one of the pressure and the temperature includes:

providing a first piezo-electric transducer within the sensor portion to sense the pressure and a second piezo-electric transducer within the sensor portion to sense the temperature, independently from sensing the pressure; and maintaining electrical independence between the first and second piezo-electric transducers.

7. The method of claim 6, wherein identifying the respiratory event includes:

identifying a substantial increase in the cyclical amplitudes of the sensed pressure relative to a pressure threshold and identifying, at generally the same time, a substantial decrease in the cyclical amplitudes of the sensed temperature.

8. The method of claim 6, comprising:

summing a signal of the sensed pressure and a signal of the sensed temperature to produce a measured respiratory signal;

wherein identifying the respiratory event includes:

identifying a substantial change in the amplitude of the measured respiratory signal.

9. The method of claim 1, wherein positioning the sensor portion comprises:

providing the sensor portion as a directional sensing element including a single side of the sensor portion configured to sense the respiratory pressure;

facing the directional sensing element directly toward the lungs from the extrapleural position or the intrapleural position.

10. The method of claim 1, wherein positioning the sensor portion comprises:

arranging the implanted location to correspond to a subcutaneous, extrapleural position in which the sensor portion is indirectly coupled relative to the respiratory pressures of the pleural space.

11. The method of claim 1, wherein positioning the sensor portion further comprises:

locating and forming the intercostal access point between a pair of immediately adjacent ribs on one side of a patient's body; and

inserting and advancing a distal portion of the sensor lead, including the sensor portion, through the intercostal access point to orient the distal portion to be generally parallel to the adjacent ribs and pointing toward a centerline of the body.

**12.** The method of claim **11**, wherein positioning the sensor portion comprises:

arranging the implanted location of the sensor portion to be lateral to a costochondral joint of the adjacent ribs.

**13.** The method of claim **12**, wherein positioning the sensor portion includes causing the implanted location to be inferior to, and aligned with, a nipple on the one side of patient's body such that the alignment of the sensor portion and the nipple is generally parallel to a longitudinal axis of the patient's body.

**14.** The method of claim **12**, wherein locating and forming the intercostal access point comprises locating the intercostal access point between the adjacent pair of ribs within a group of ribs extending from a second uppermost rib through a seventh uppermost rib.

**15.** The method of claim **14**, wherein the adjacent pair of ribs comprises the fifth uppermost rib and the sixth uppermost rib.

**16.** The method of claim **11**, wherein locating and forming the intercostal access point comprises at least one of:

locating the intercostal access point inferior to a pectoral muscle of the patient's body; or

locating the intercostal access point between a second uppermost rib and a sixth uppermost rib, of the patient's body.

**17.** The method of claim **11**, wherein positioning the sensor portion comprises:

securing, via a fixed first anchor on the sensor lead that is proximal to the sensor portion, the sensor lead relative to a subcutaneous connective tissue that is external to the intercostal access point.

**18.** The method of claim **17**, wherein securing the sensor lead comprises:

providing the first anchor as a pair of arms that extend generally perpendicular to, and outwardly from, opposite sides of a body of the sensor lead;

providing the sensor portion as a directional sensing element including a single side of the sensor portion configured to sense the respiratory pressure; and

orienting the arms, in their secured position relative to the subcutaneous connective tissue, in a direction generally perpendicular to the ribs to maintain the sensor portion to be generally parallel to the ribs and to maintain the single side of the sensor portion to face toward the lungs of the patient's body.

**19.** The method of claim **17**, comprising:

securing, via a selectively movable second anchor on the sensor lead that is proximal to the fixed first anchor, the sensor lead relative to a tissue at a lateral side portion of the patient's body; and

arranging a proximal portion of the sensor lead, proximal to the fixed first anchor, to extend along the lateral side of the patient's body for connection to an implantable pulse generator.

**20.** The method of claim **17**, wherein the fixed first anchor is spaced apart from the sensor portion about 3 to 9 centimeters along a length of the sensor lead.

**21.** The method of claim **1**, wherein positioning the sensor portion comprises:

arranging the implanted location to correspond to an intrapleural position in which the sensor portion is directly coupled relative to the respiratory pressures of the pleural space.

**22.** The method of claim **21**, wherein positioning the sensor portion comprises:

locating and forming the intercostal access point between a pair of immediately adjacent ribs on a patient's body; and

inserting and advancing a distal portion of the sensor lead, including the sensor portion, through the intercostal access point to insert the sensor portion into the intrapleural position in which the sensor portion is positioned and maintained between the parietal pleura and the pulmonary pleura.

**23.** The method of claim **22**, wherein positioning the sensor portion comprises:

securing, via a fixed first anchor on the sensor lead that is proximal to the sensor portion, the sensor lead relative to a subcutaneous connective tissue that is external to the intercostal access point.

**24.** The method of claim **23**, wherein positioning the sensor portion comprises:

maintaining in the implanted location, via the first anchor, an active side of the sensor portion in an orientation that faces toward the lungs.

**25.** The method of claim **24**, wherein inserting and advancing the distal portion of the sensor lead comprises:

arranging portions of the sensor lead proximal to the sensor portion to extend generally perpendicular to a longitudinal axis of the ribs.

**26.** An implantable respiratory sensor system comprising:

a sensor lead including a lead body and a sensor portion, the sensor portion extending from the lead body and including at least a pressure transducer;

a first anchor located at a fixed position on the lead body.

**27.** The sensor system of claim **26**, comprising:

a second anchor located on the lead body proximal to the first anchor and being selectively movable along a length of the lead body.

**28.** The sensor system of claim **26**, wherein the sensor portion defines a directional sensing element configured to sense respiratory pressures on a single side of a sensor portion, and wherein the first anchor is configured to maintain the single side in an orientation facing toward the lungs.

**29.** The sensor system of claim **28**, wherein the first anchor includes a pair of resilient wings that extend outwardly from opposite sides of, and generally perpendicular to, the sensor lead, each wing having an outer tip and a base wider than the outer tip, and each wing omitting a suture hole.

**30.** The sensor system of claim **29**, wherein the first anchor is located at the sensor portion adjacent a distal end of the sensor lead.

**31.** The sensor system of claim **26**, wherein the first anchor is proximal to and spaced apart from the sensor, the first anchor including a pair of arms that extend outwardly from opposite sides of the lead body and generally parallel to the lead body, wherein each arm includes a suture hole.

**32.** The sensor system of claim **26**, wherein the fixed first anchor is spaced apart from the sensor about 3 to 9 centimeters along a length of the sensor lead.

**33.** The sensor system of claim **26**, wherein the sensor system includes:

an implantable pulse generator electrically coupled to the sensor portion and configured to monitor the sensed pressure and to identify a substantial change in a cyclical amplitude of the sensed pressure.

**34.** The sensor system of claim **33**, wherein the implantable pulse generator is configured to perform, based on the identified substantial change in the cyclical amplitude of the sensed pressure, at least one of:

detection of a respiratory dysfunction; and  
synchronizing delivery of an electrical stimulation therapy, applied via the implantable pulse generator and a stimulation lead, to treat the detected respiratory dysfunction.

**35.** The sensor system of claim **34**, wherein the respiratory dysfunction comprises an obstructive sleep apnea event.

**36.** The sensor system of claim **34**, wherein the sensor portion comprises a temperature transducer in addition to the pressure transducer, wherein signals of each of the respective pressure and temperature transducers are electrically independent from one another.

**37.** The sensor system of claim **36**, wherein at least one of the pressure transducer and the temperature transducer comprise a piezo-electric transducer.

**38.** The sensor system of claim **36**, wherein the implantable pulse generator is configured to perform the synchronized delivery of the stimulation therapy based on a substantial decrease in a cyclical amplitude of the sensed temperature that occurs generally at the same time as the substantial change in the cyclical amplitude of the sensed pressure when the substantial change comprises a substantial increase.

**39.** The sensor system of claim **38**, wherein the implantable pulse generator is configured to withhold delivery of the stimulation therapy upon a combination of an absence of the

substantial decrease of a cyclical amplitude of the sensed temperature and the substantial increase in the cyclical amplitude of the sensed pressure.

**40.** An implantable respiratory sensor system comprising:  
a sensor lead including a lead body and a directional sensor portion, the directional sensor portion extending from the lead body and including a housing that contains at least:

a pressure transducer located on a single side of the housing to define a directionality of the sensor portion; and

a temperature transducer that is electrically independent of the pressure transducer;

a first anchor located at a fixed position on the lead body that is spaced proximally from the sensor portion by a distance of about 3 to 9 centimeters, the first anchor configured with a pair of elements extending generally outward from opposite sides of the lead body to maintain the single side in an orientation facing toward the lungs;  
a second anchor located on the lead body proximal to the first anchor and being selectively movable along a length of the lead body.

**41.** The sensor system of claim **40**, wherein the elements of the first anchor include a pair of resilient wings that extend outwardly from opposite sides of, and generally perpendicular to, the sensor lead, each wing having an outer tip and a base wider than the outer tip, and each wing omitting a suture hole.

**42.** The sensor system of claim **41**, wherein the first anchor is located at the sensor portion adjacent a distal end of the sensor lead.

**43.** The sensor system of claim **26**, wherein the elements of the first anchor include a pair of arms that extend outwardly from opposite sides of the lead body and generally parallel to the lead body, wherein each arm includes a suture hole.

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