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(54) **TRANSLUMINAL DEVICES, SYSTEMS AND METHODS FOR ENLARGING INTERSTITIAL PENETRATION TRACTS**

**Related U.S. Application Data**

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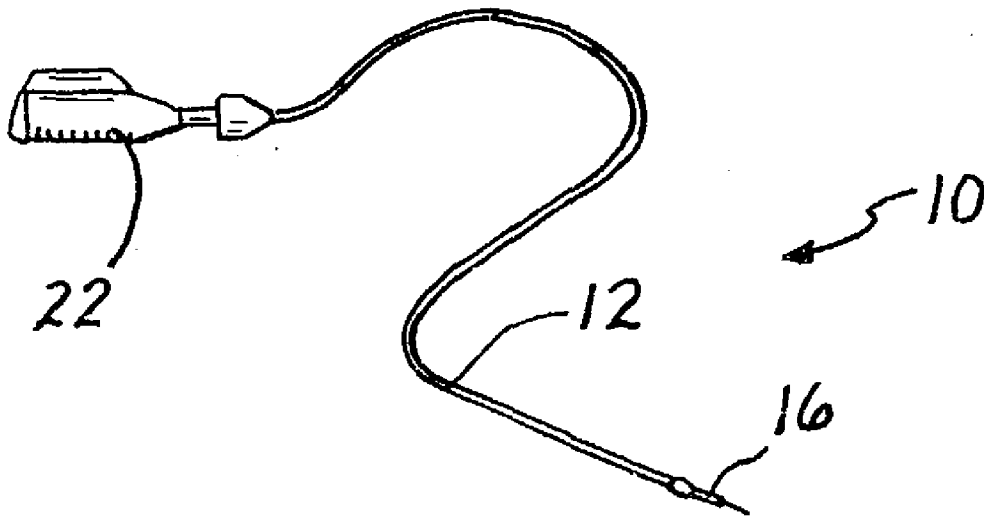
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**ABSTRACT**

Methods, apparatus and systems for enlarging interstitial penetration tracts which have been formed between blood vessels or elsewhere within the body of a mammalian patient. Included are debulking-type tract enlarging systems, dilation-type tract enlarging systems, tissue-slicing-type tract enlarging systems and two-catheter-type tract enlarging systems.

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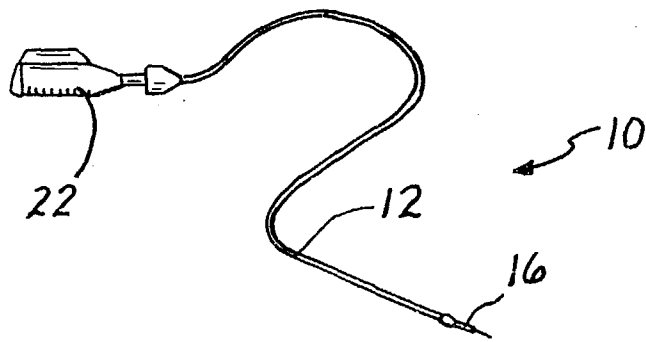


Fig. 1

Fig. 2

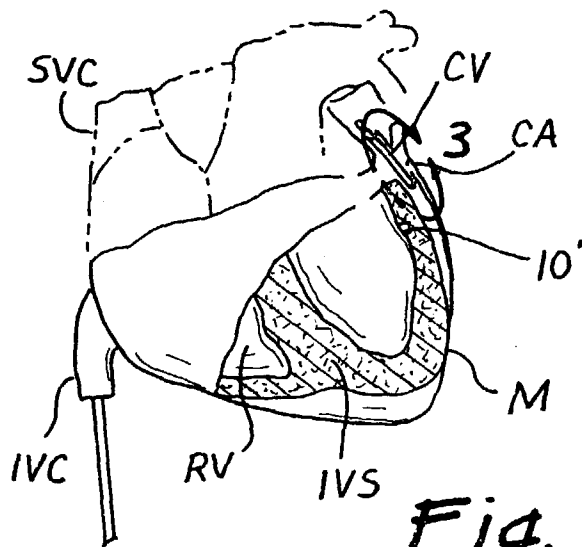
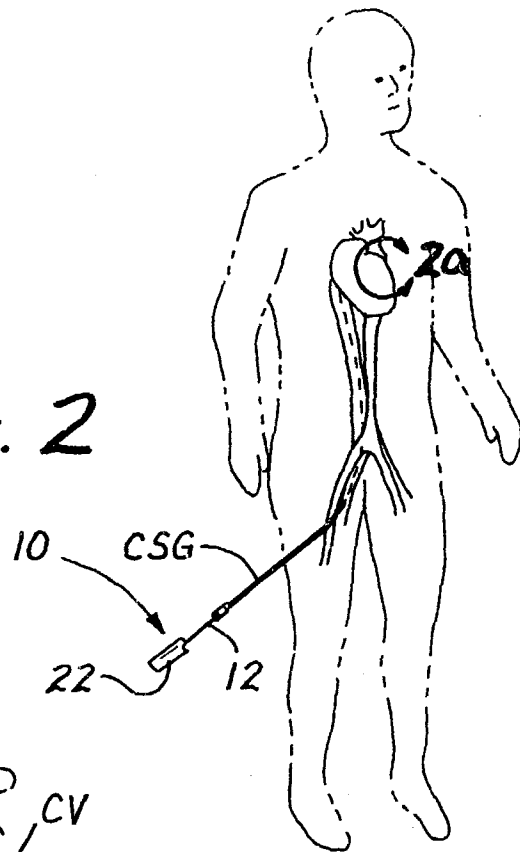


Fig. 2a

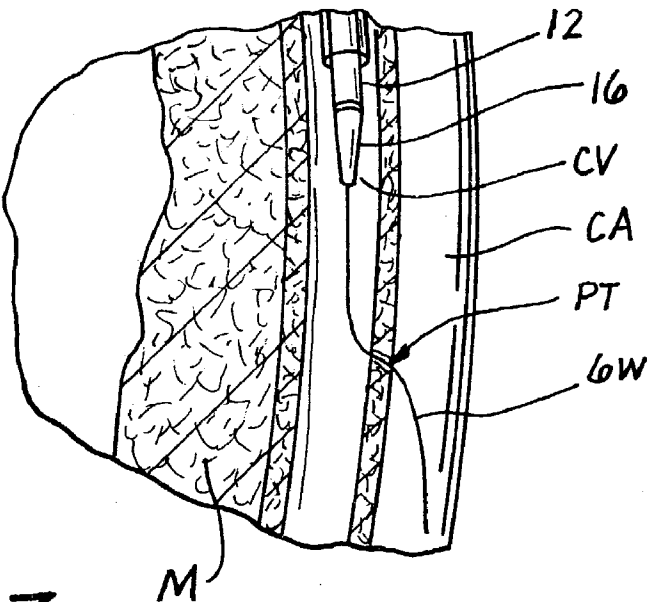


Fig. 3

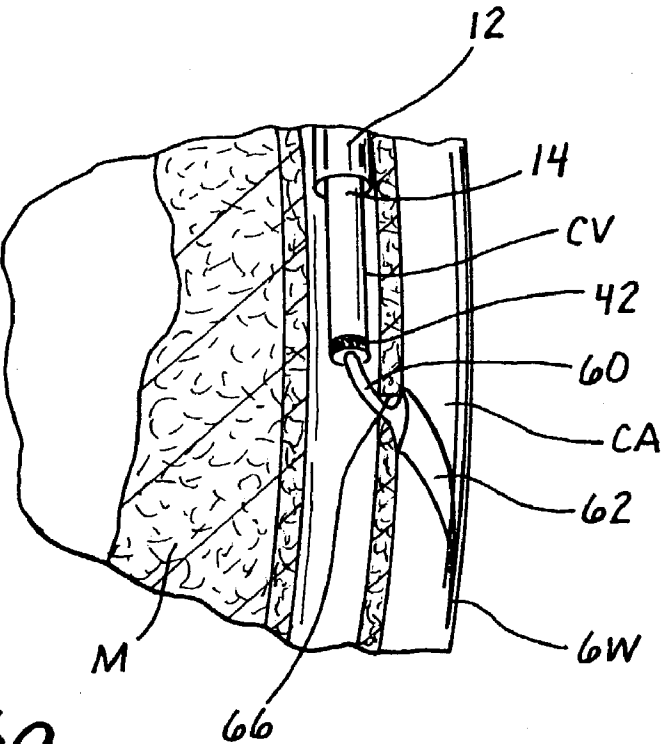


Fig. 3a

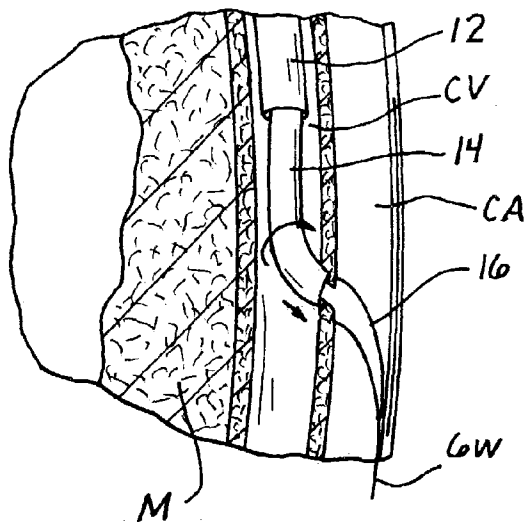


Fig. 3b

Fig. 3c

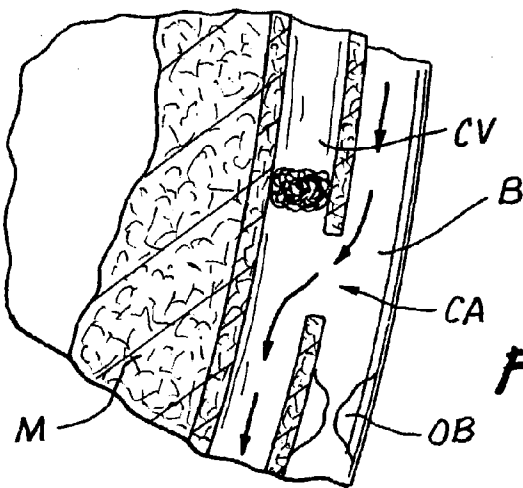
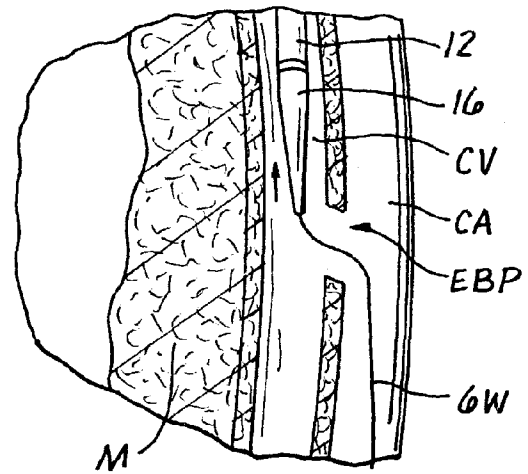
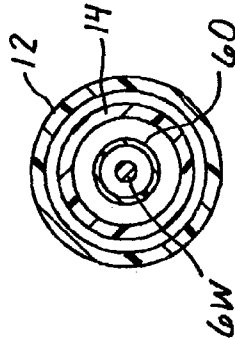
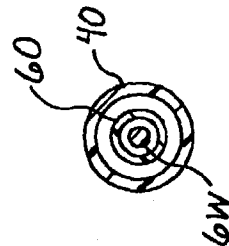
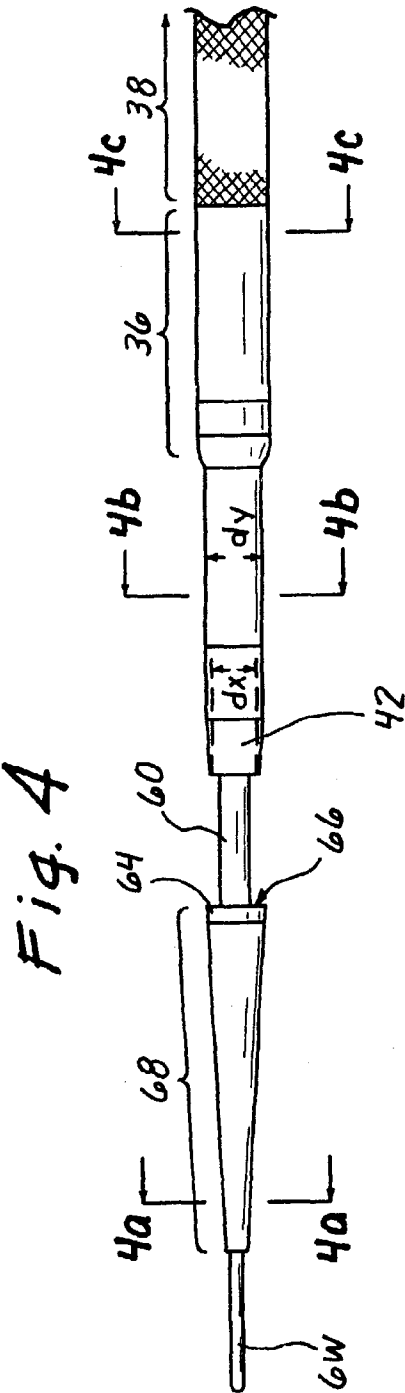
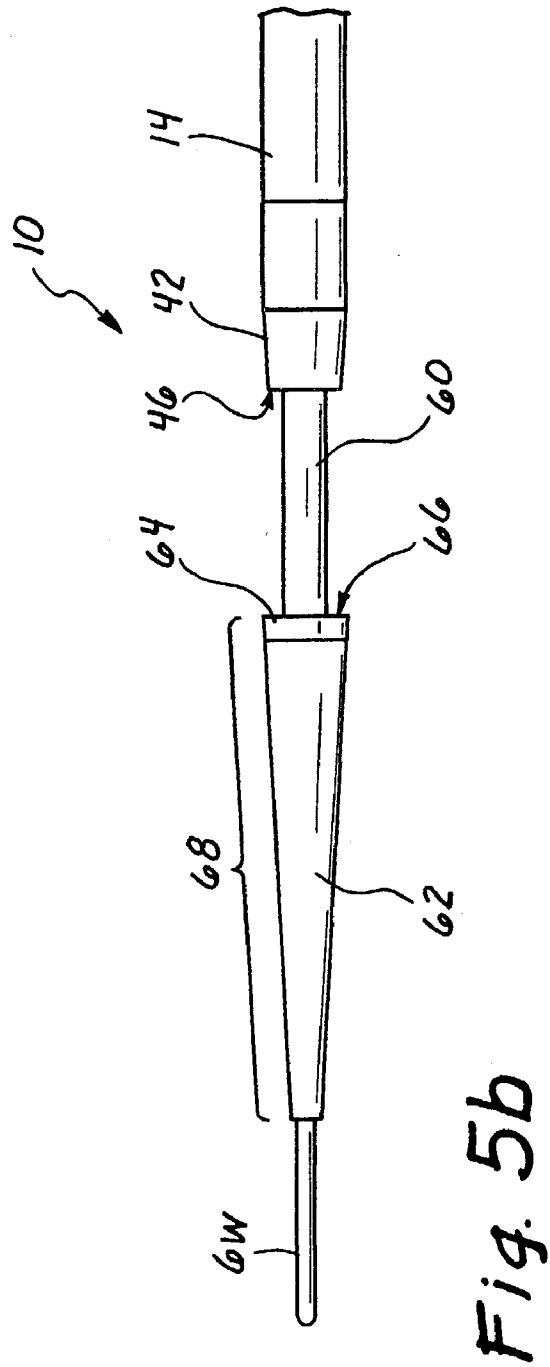
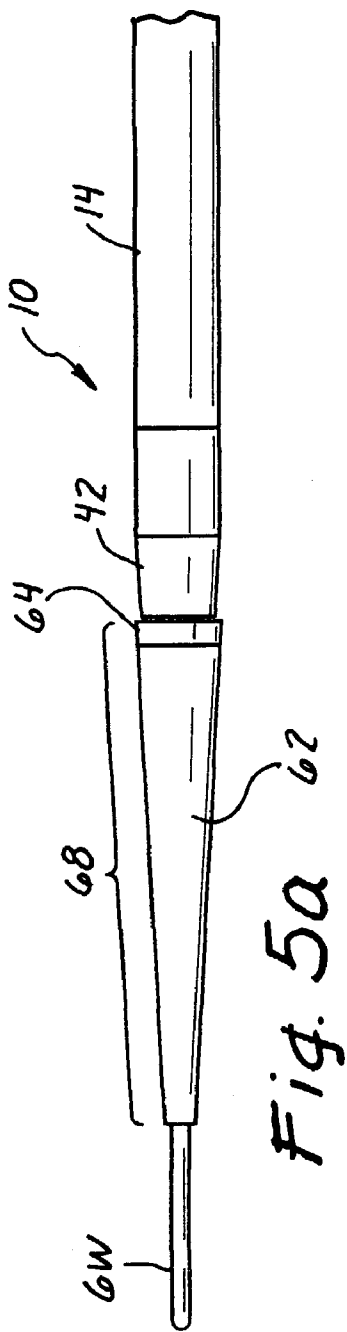
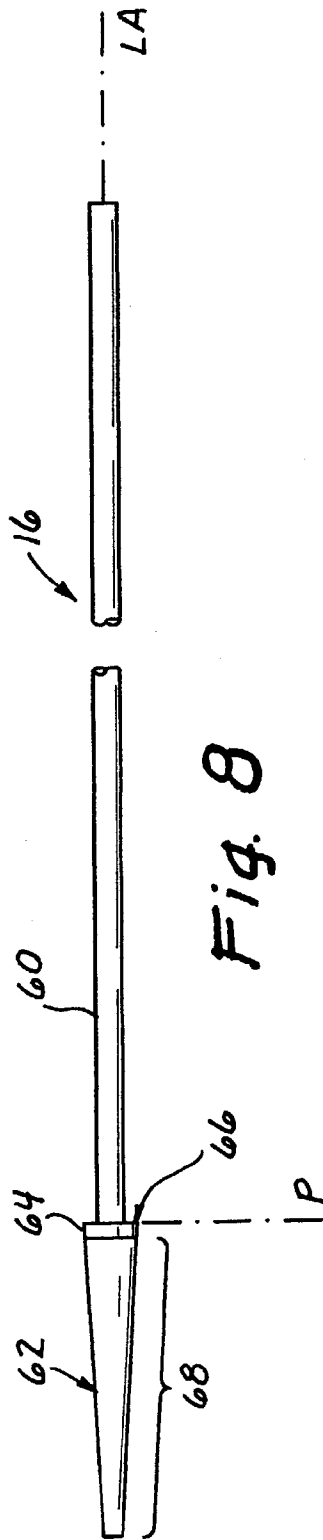
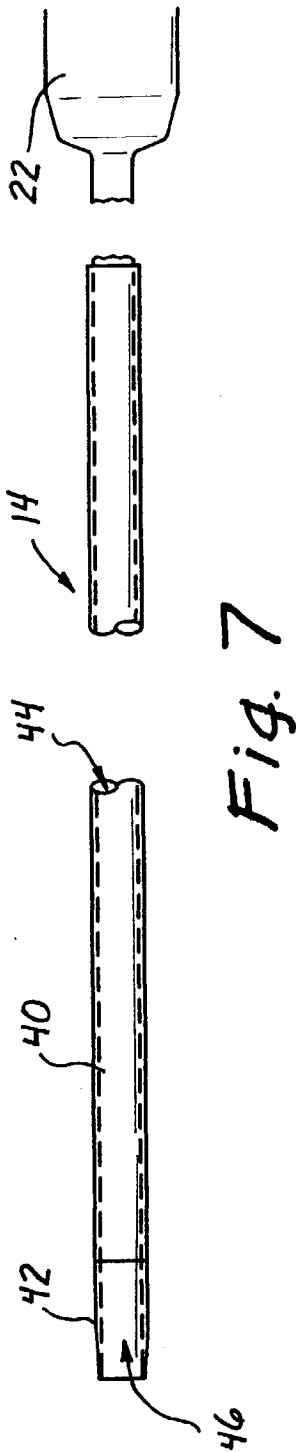
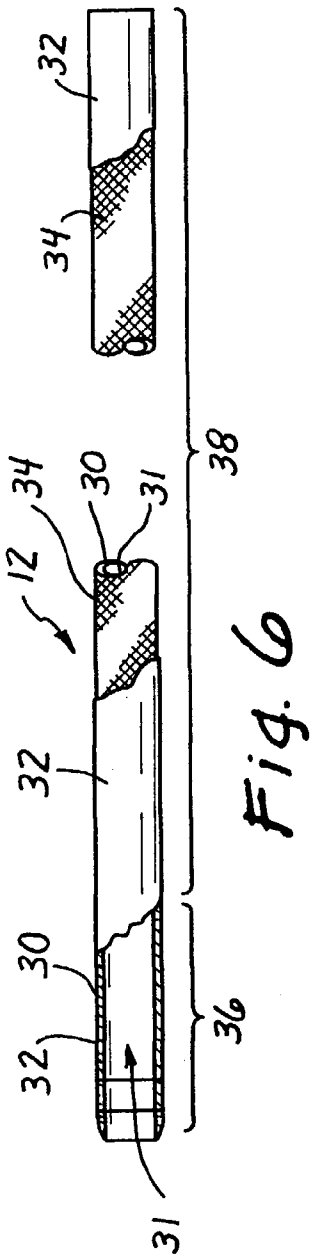


Fig. 3d







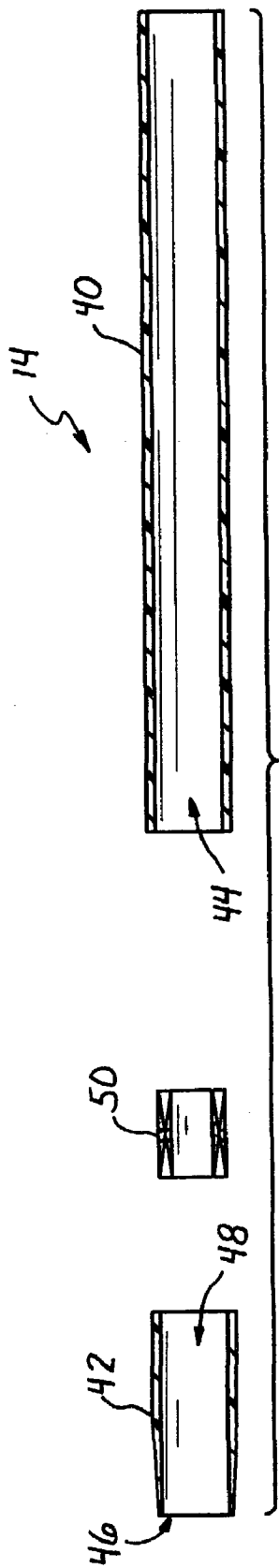


Fig. 7a

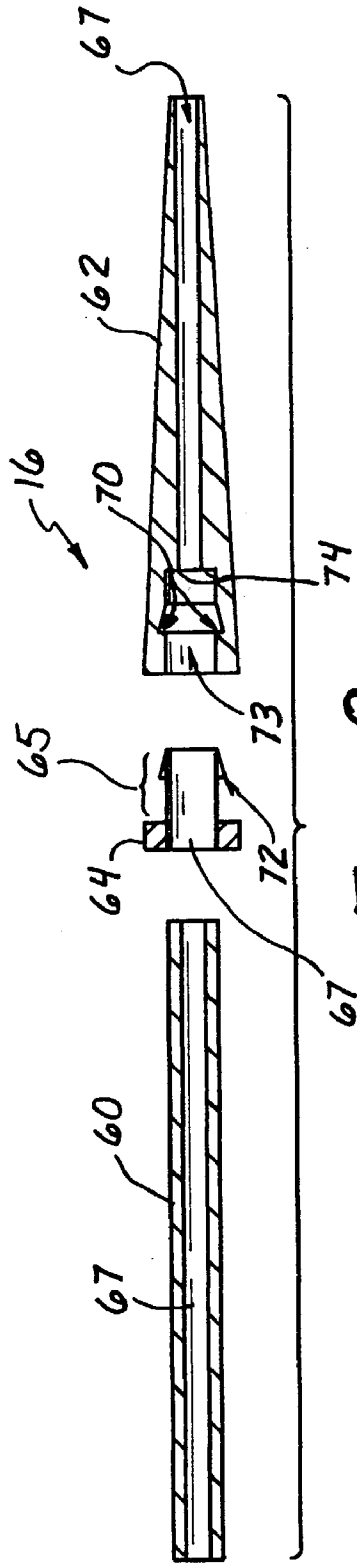
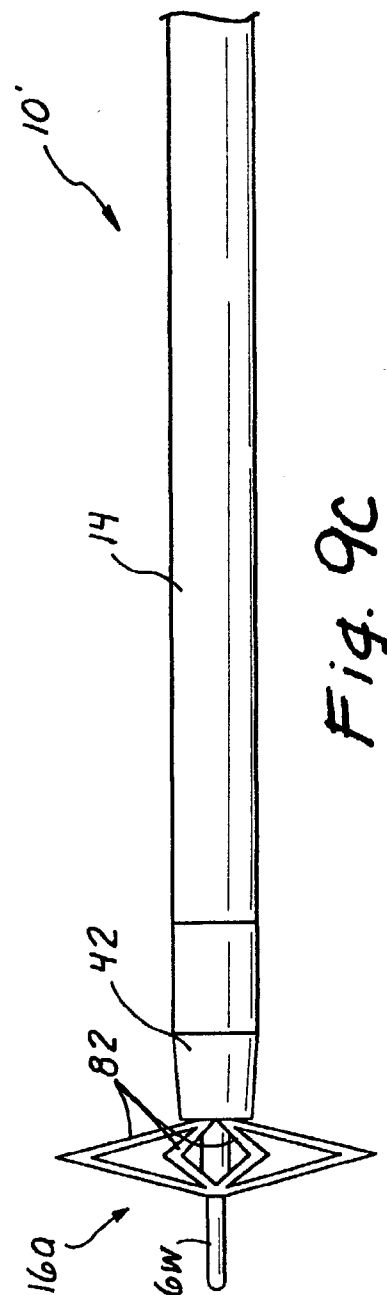
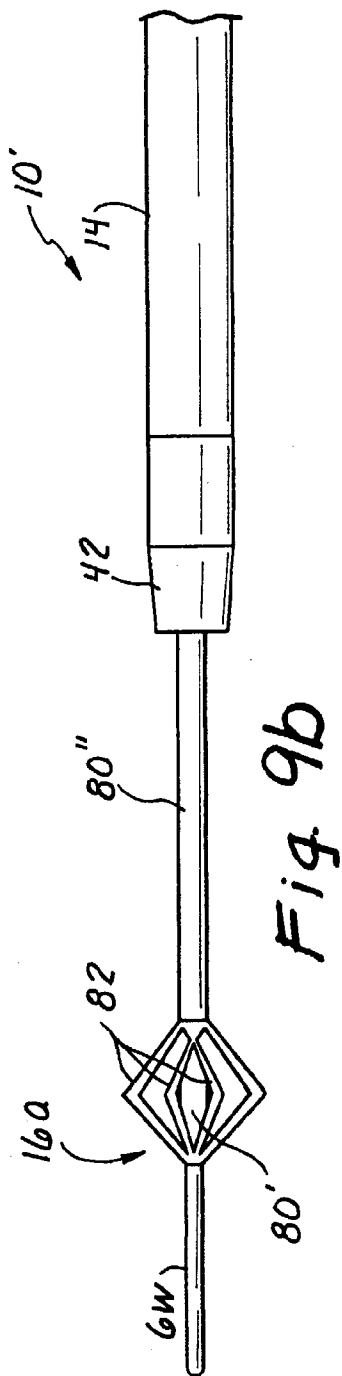
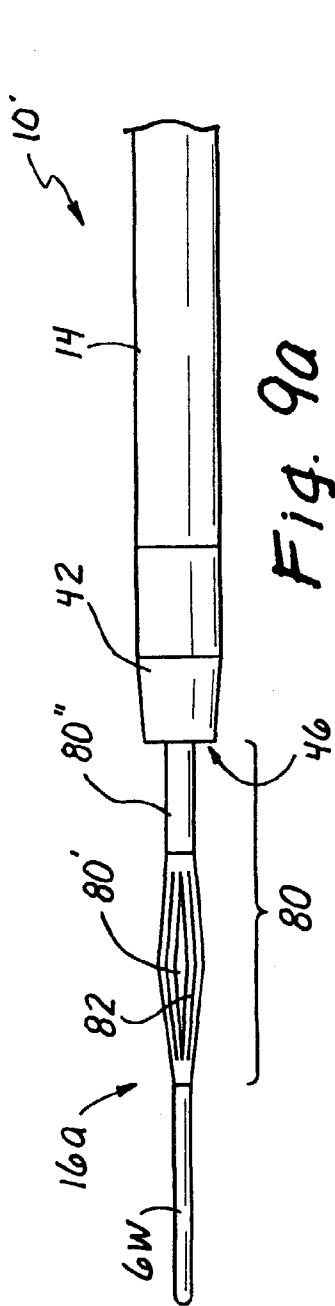


Fig. 8a





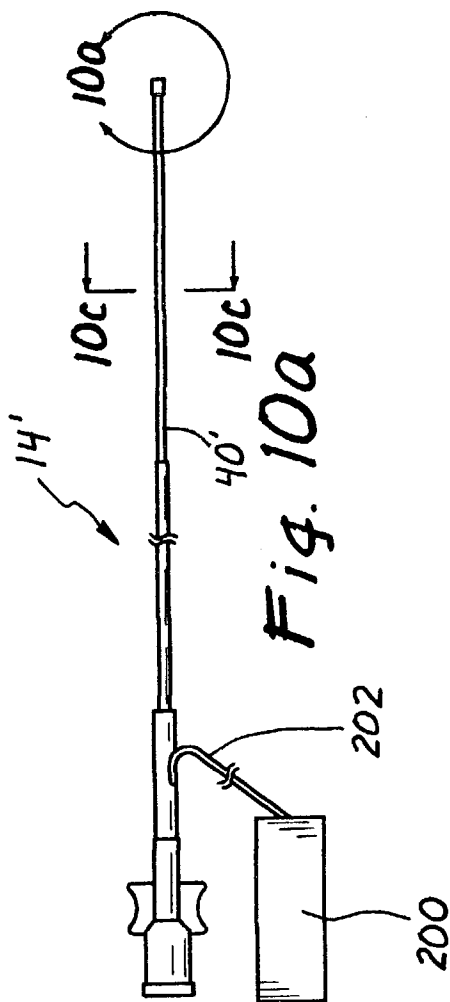


Fig. 10a

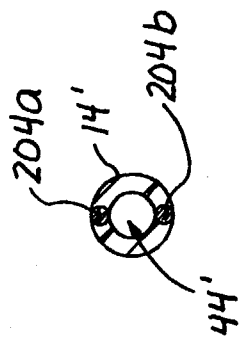


Fig. 10c

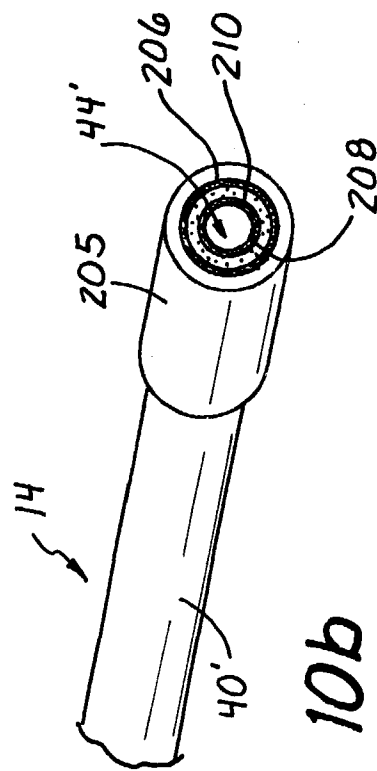
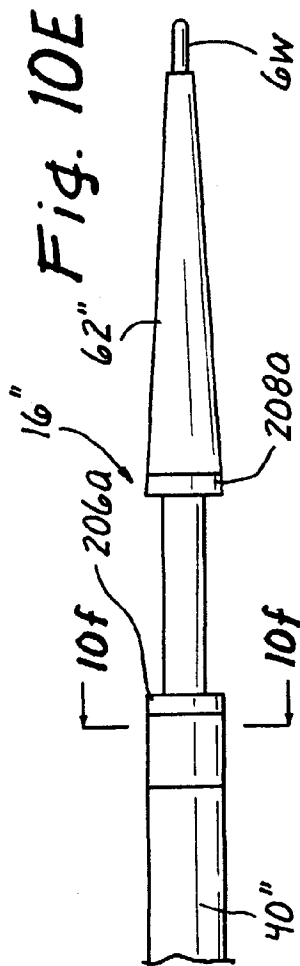
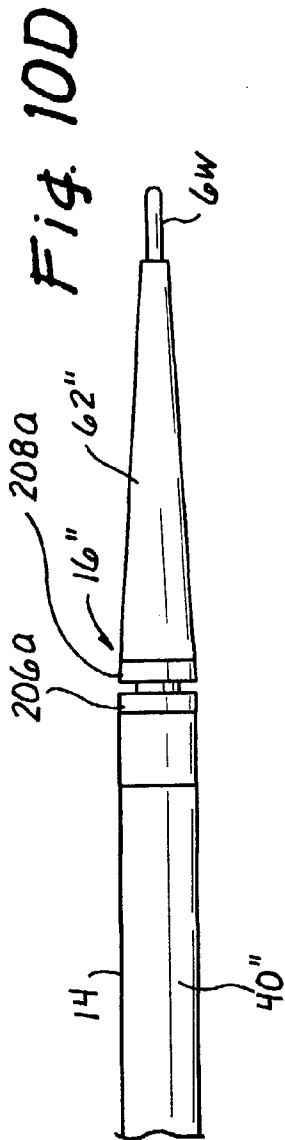
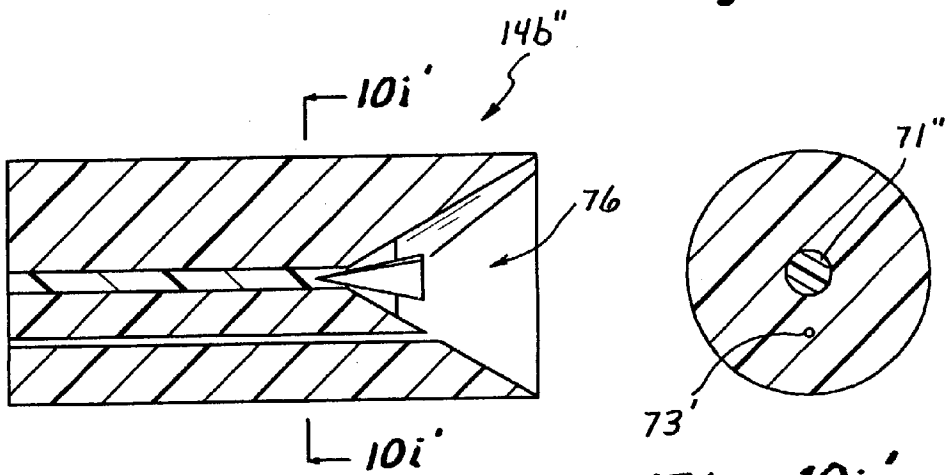
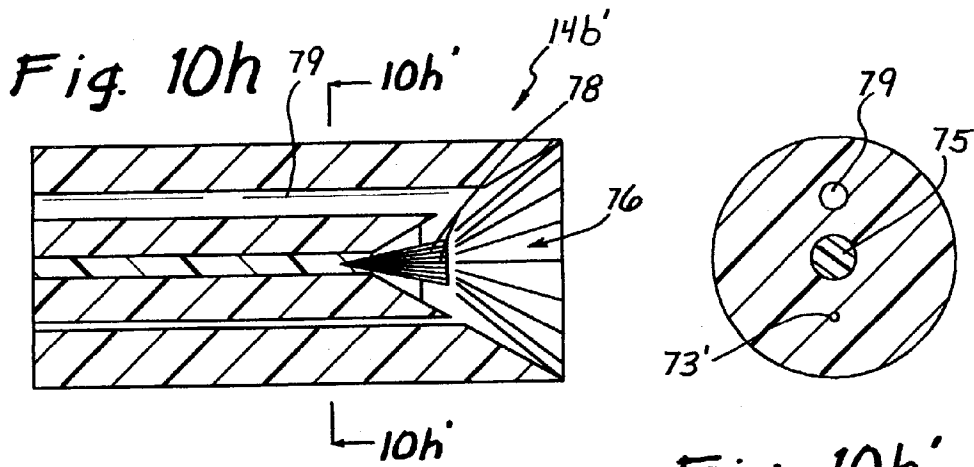
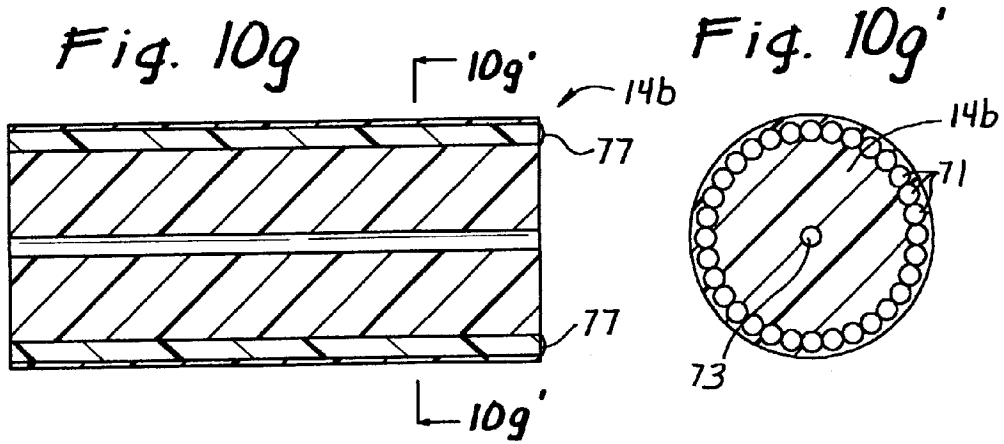


Fig. 10b





*Fig. 10i*

*Fig. 10i'*

Fig. 11a

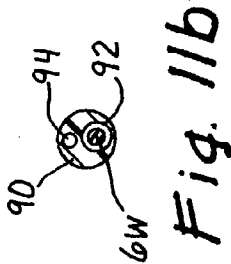
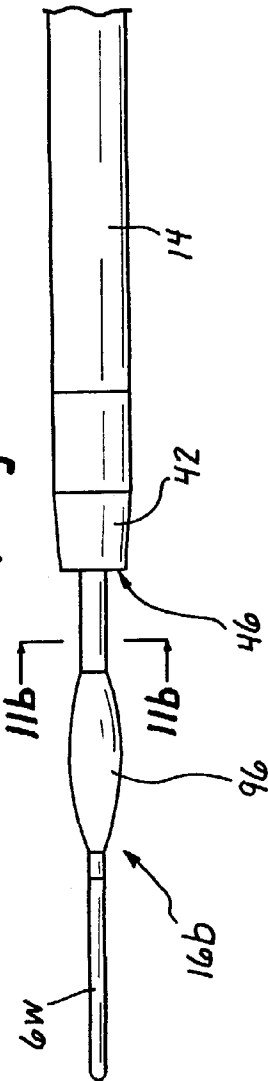


Fig. 11c

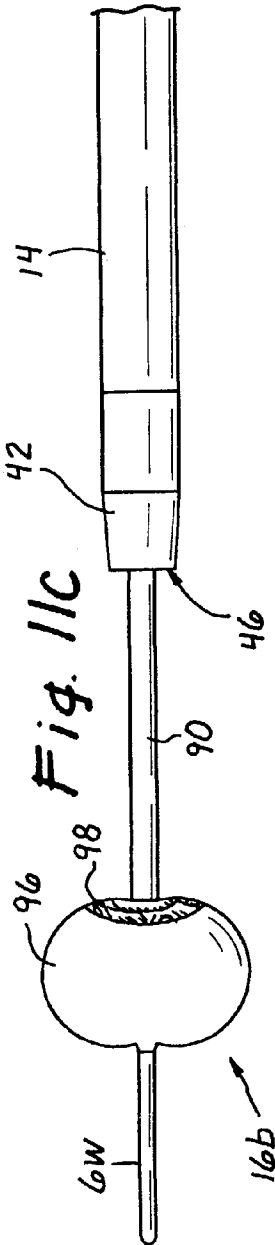
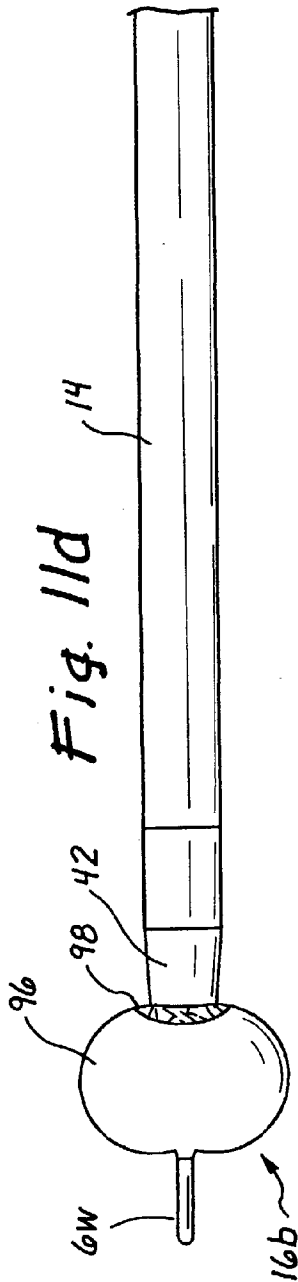


Fig. 11d



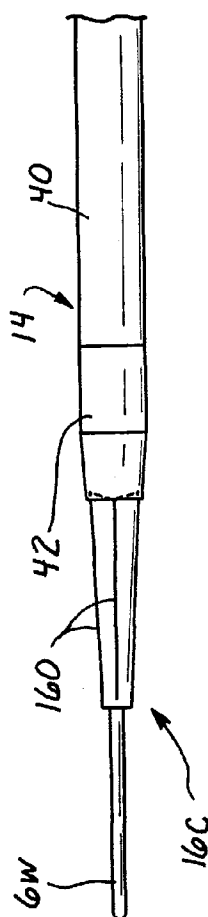


Fig. 11e

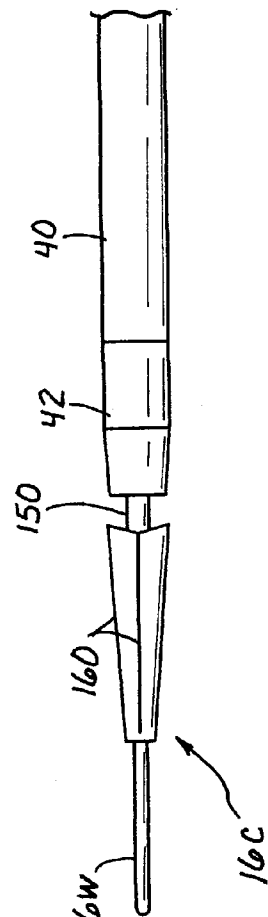


Fig. 11f

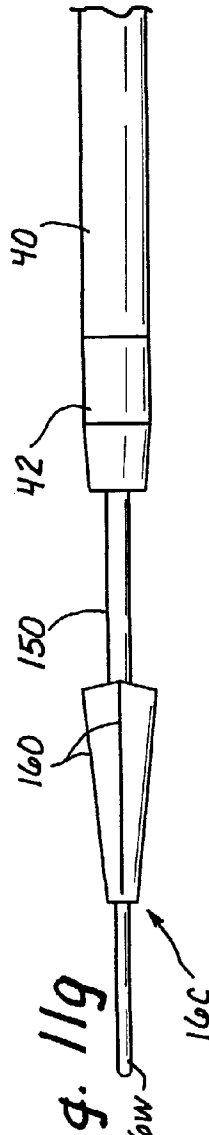


Fig. 11g

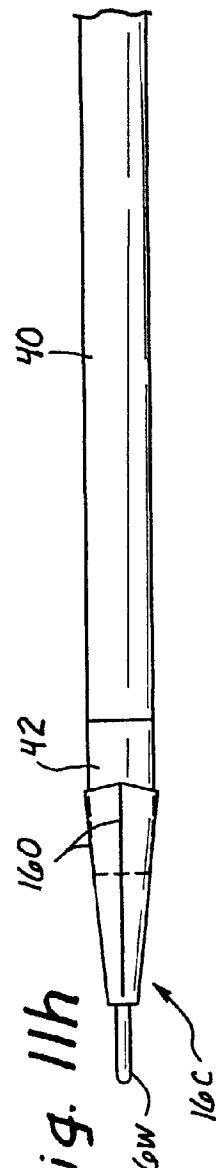
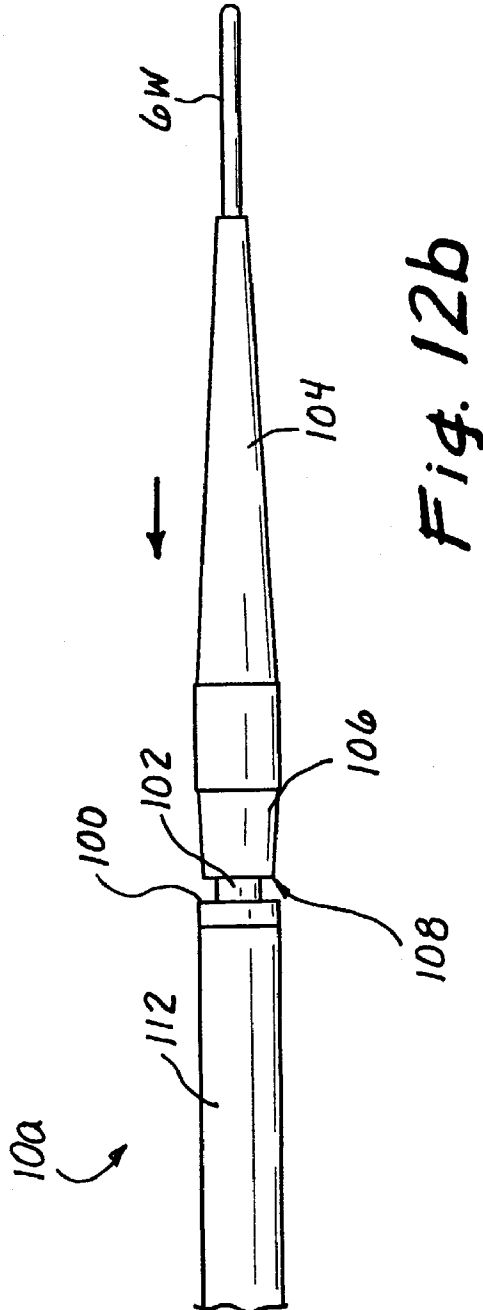
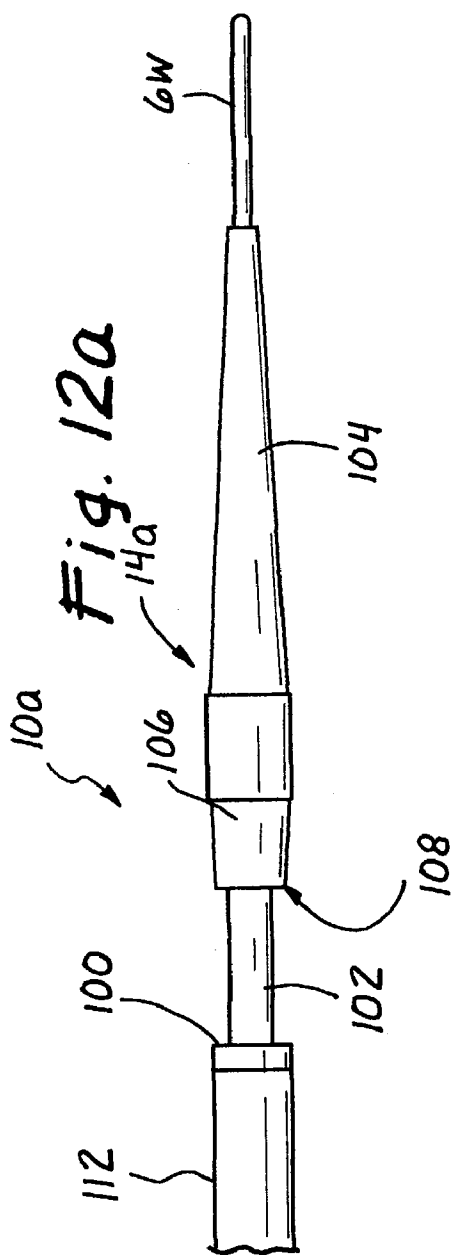
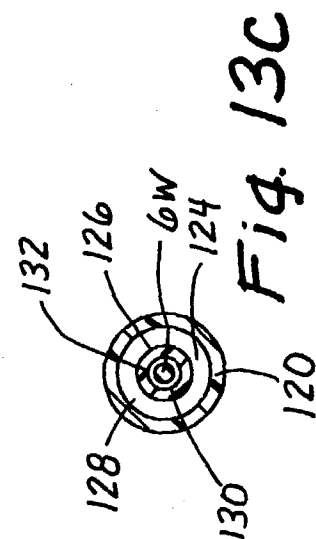
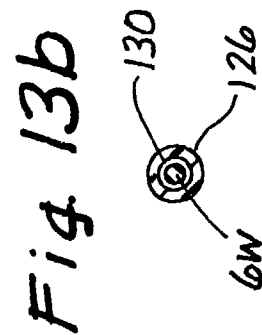
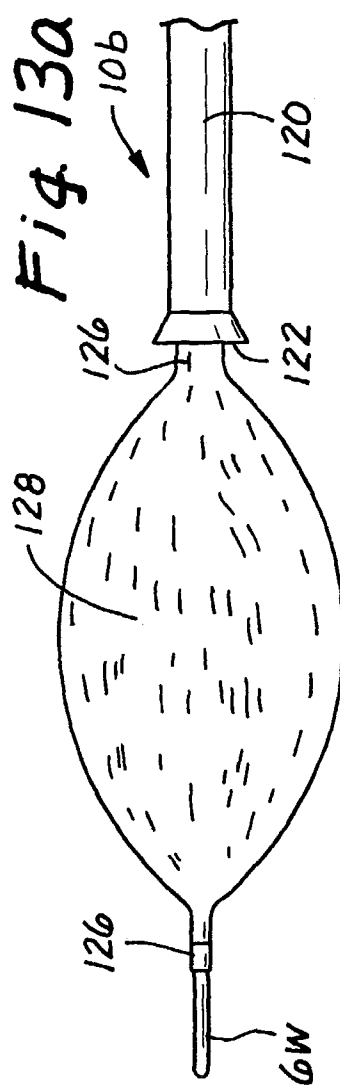
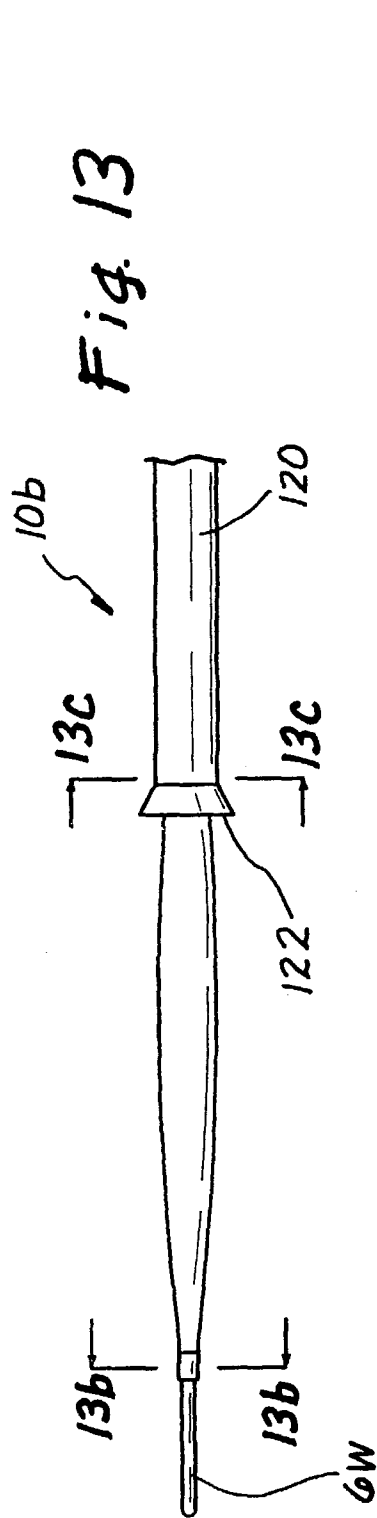
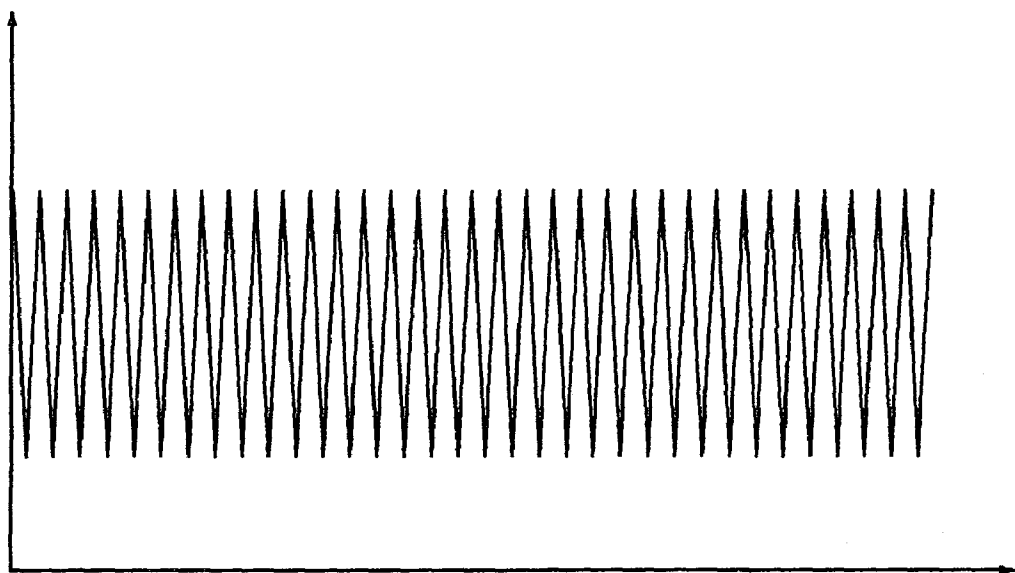


Fig. 11h

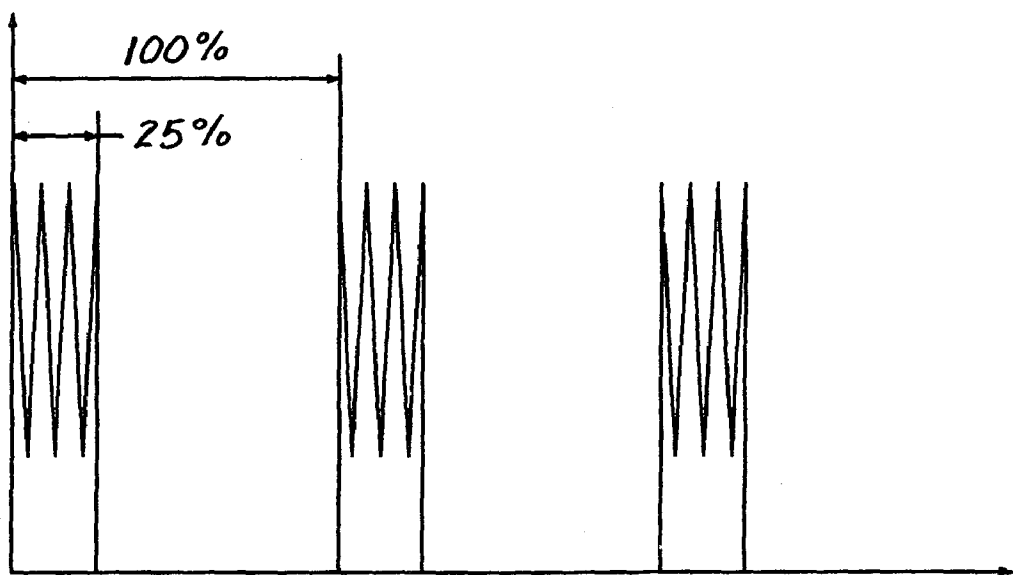








*Fig. 14*



*Fig. 15*

Fig. 16

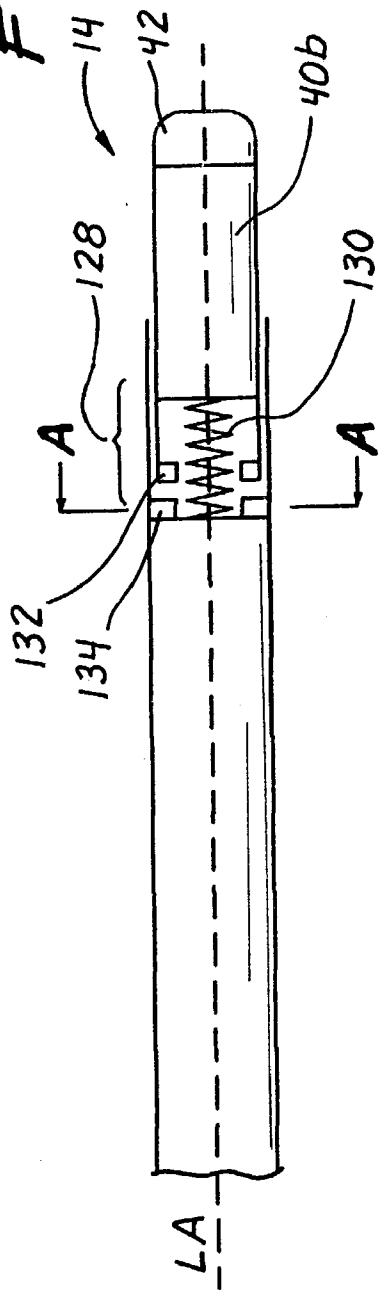
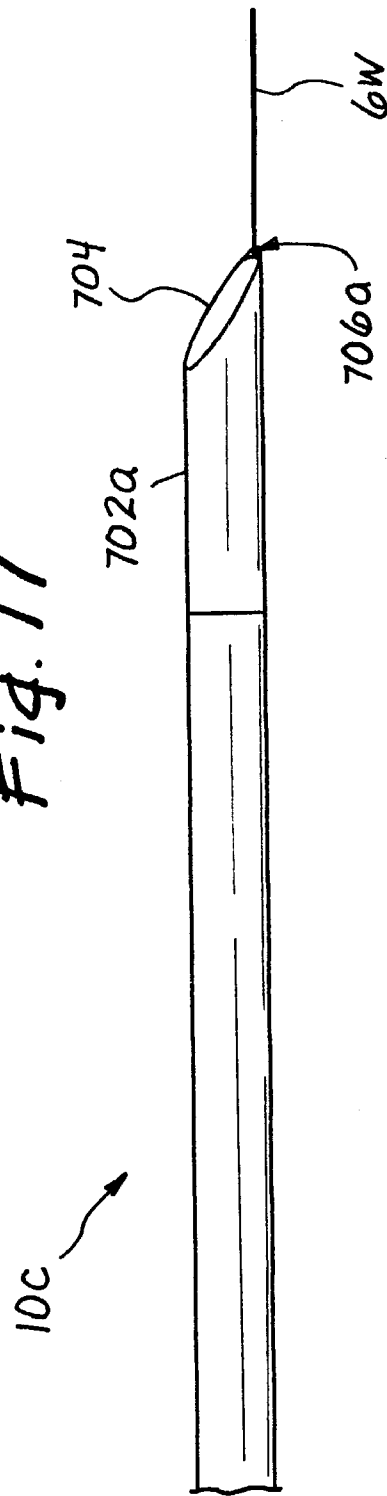


Fig. 17



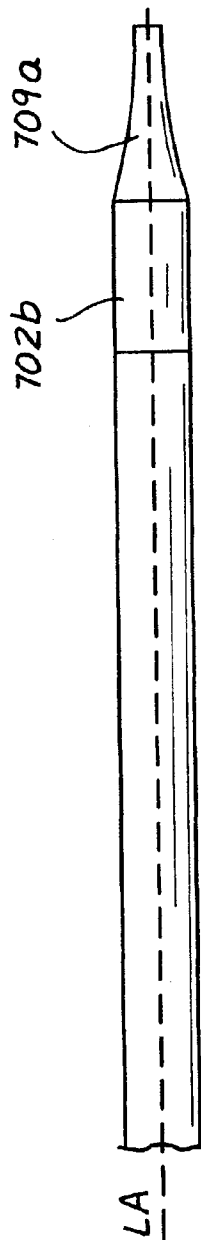
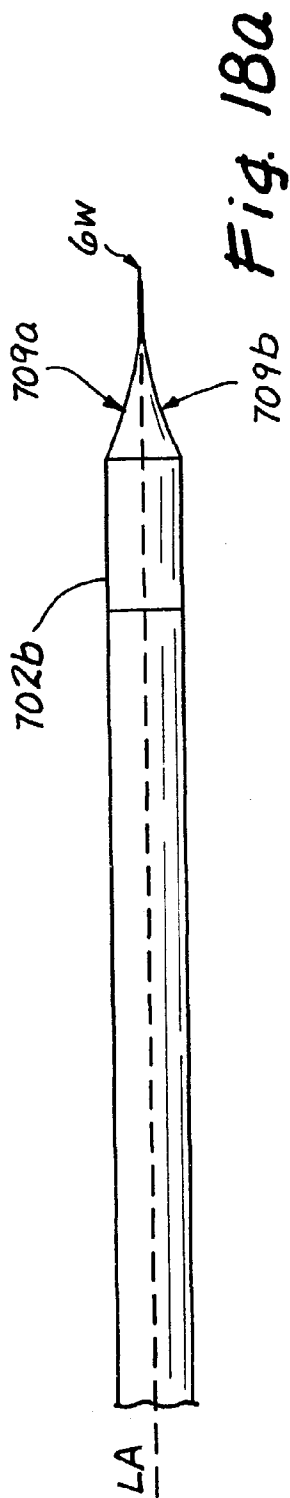


Fig. 18b

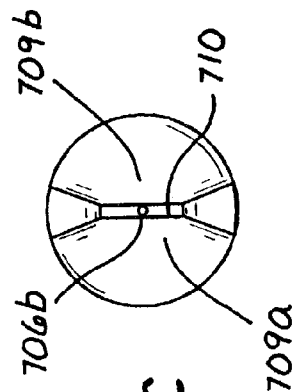


Fig. 18c

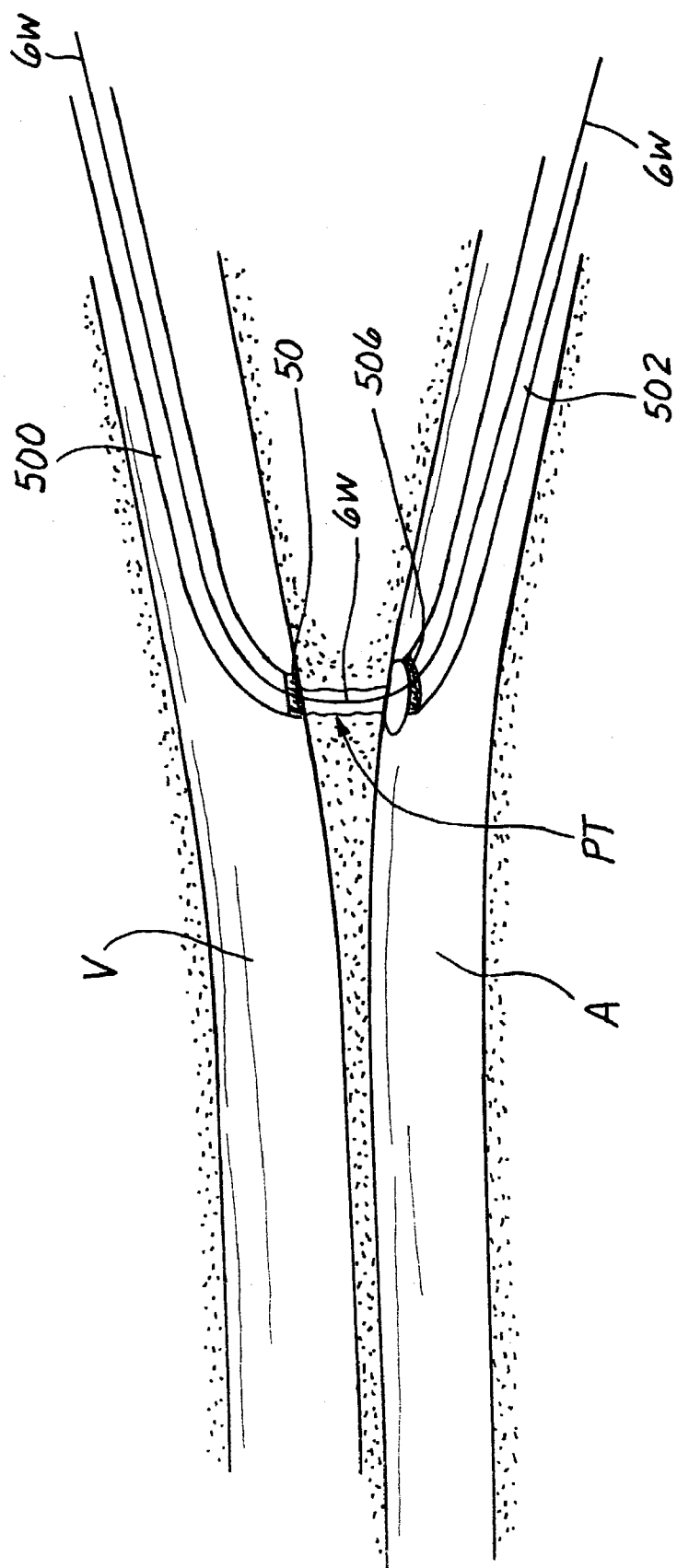


Fig. 19

## TRANSLUMINAL DEVICES, SYSTEMS AND METHODS FOR ENLARGING INTERSTITIAL PENETRATION TRACTS

### FIELD OF THE INVENTION

**[0001]** The present invention relates generally to medical devices and methods, and more specifically to transluminal devices, systems and methods which are useable to enlarge interstitial tracts (e.g., man made puncture tracts or small passageways) which extend between two (2) anatomical conduits (e.g., blood vessels) or otherwise through tissue(s) within a mammalian body.

### BACKGROUND OF THE INVENTION

**[0002]** Applicant has devised several new medical procedures wherein passageway-forming catheters are advanced into anatomical conduits (e.g., blood vessels) and are used to create one or more interstitial passageways which extend outwardly, from the conduit in which the catheter is positioned, to another conduit or anatomical structure. Some of these procedures may be used to form flow-through passageways between the anatomical conduit (e.g., blood vessel) in which the passageway-forming catheter is positioned, and another anatomical conduit (e.g., another blood vessel) or a different location on the same anatomical conduit (e.g., a downstream site on the same blood vessel). Alternatively, these procedures may be used to form access passageways between the anatomical conduit (e.g., blood vessel, urethra, fallopian tube, etc.) and another anatomical structure (e.g., a tumor, organ, muscle, nerve, etc.).

**[0003]** In at least some of applicant's procedures, the interstitial passageway(s) are initially formed by advancing a tissue-penetrating element (e.g., a small diameter needle or a flow of tissue-penetrating energy) from the passageway-forming catheter, through the wall of the anatomical conduit in which the catheter is positioned, and into the target location. In some cases, the interstitial passageway which is formed by the initial passage of the tissue-penetration element from the passageway-forming catheter is of relatively small diameter—and must subsequently be enlarged (e.g., debulked, dilated, expanded, stretched) to accommodate the desired flow of biological fluid (e.g., blood) or passage of other substances/ devices therethrough.

**[0004]** In particular, as described in applicant's earlier-filed U.S. patent applications Ser. No. 08/730,327 and 08/730,496, such enlargement of the initially formed interstitial passageway (e.g., penetration tract) may be particularly important when the procedure is being performed to by-pass an obstruction within a coronary artery. For example, in some of applicant's procedures, a primary interstitial passageway is formed between an obstructed coronary artery and an adjacent coronary vein, such that blood will flow from the obstructed artery into the adjacent coronary vein. In such applications, the arterial blood which enters the adjacent coronary vein through the primary interstitial passageway is allowed to retroperfuse the ischemic myocardium by retrograde flow through the coronary vein. In other of applicant's procedures, one or more secondary interstitial passageways are formed between the coronary vein into which the arterial blood has flowed and the obstructed artery (or some other coronary artery) to allow arterial blood which has entered the coronary vein to reenter

the obstructed artery (or some other coronary artery), after having bypassed the arterial obstruction. Thus, in either of these interventional procedures, it is important that the primary and/or secondary interstitial passageway(s) remain patent and sufficiently large in diameter to support the continued flow of arterial blood to the myocardium. However, the task of enlarging the small diameter interstitial passageway(s) (e.g., puncture tracts) formed by the initial passage of the tissue-penetrating element presents numerous technical challenges.

**[0005]** Although the prior art has included a number of catheter-based devices which may be used to enlarge or remove obstructive matter from the lumen of a blood vessel or other anatomical conduit (e.g., a blood vessel). These devices include; atherectomy catheters, embolectomy catheters, balloon angioplasty catheters, laser ablation catheters, etc. However, these prior art lumen-enlarging/lumen-clearing devices have typically not been intended for use in small diameter puncture tracts which diverge at an angle from the conduit lumen in which the catheter is located, as is typically the case in applicant's above-summarized interventional procedures.

**[0006]** Accordingly, there exists a need for the design and development of a new device, system and method for enlarging interstitial penetration tracts (e.g., man-made punctures or small passageways) which extend between adjacent anatomical conduits (e.g., blood vessels) within a mammalian body.

### SUMMARY OF THE INVENTION

**[0007]** The present invention provides devices which are useable in combination with each other (i.e., as a system) to enlarge an interstitial tract (e.g., a small diameter penetration tract through tissue) which extends from a blood vessel or other anatomical conduit of the body. The devices and systems of the present invention generally fall into three (3) major classifications—1) debulking-type tract enlargement systems, 2) dilating-type tract-enlargement systems, and 3) slicing-type tract enlargement systems.

**[0008]** In accordance with the invention, one debulking-type tract enlargement system (referred to herein as an "advanceable" debulker) generally comprises: a) an elongate, pliable, tubular sheath sized for insertion into the lumen of an anatomical conduit from which the interstitial tract extends, said sheath having a lumen which extends longitudinally therethrough; b) a counter-traction member which is advanceable, i.) through the lumen of the tubular sheath and ii.) at least partially through the interstitial tract, such that the countertraction member engages or becomes positioned in relation to tissue which lies adjacent the interstitial tract to thereafter exert proximally-directed force upon such tissue; and, c) a debulker (e.g., a tissue removing apparatus or flow of energy) which is advanceable out of the lumen of the sheath in a distal direction (i.e., substantially opposite the proximally-directed force being exerted by the countertraction member) to remove tissue from the area adjacent the tract.

**[0009]** Further in accordance with the invention, there is provided another debulking-type tract enlargement system (referred to herein as a "retractable" debulker) generally comprises: a) an elongate, pliable, tubular sheath sized for insertion into the lumen of an anatomical conduit from

which the interstitial tract extends, said sheath having a lumen which extends longitudinally therethrough, and b) a pull-back debulker (e.g., a tissue-removing apparatus or flow of energy) which is i.) initially advanceable out of the lumen of the sheath in a distal direction so as to pass through the penetration tract which is to be enlarged, and ii.) thereafter retractable in the proximal direction so as to remove tissue which lies adjacent the interstitial tract, thereby enlarging the interstitial tract.

**[0010]** Still further in accordance with the invention, there is provided a dilating-type tract enlargement system (referred to herein as a "dilating" system) which generally comprises: a) an elongate, pliable, tubular sheath sized for insertion into the lumen of an anatomical conduit from which the interstitial tract extends, said sheath having a lumen which extends longitudinally therethrough, and b) a dilator (e.g., an elongate member) having at least one tissue-dilating member (e.g., a tapered, frusto-conical member, balloon or radially deployable member(s)) formed thereon, such dilator being advanceable into the penetration tract which is to be enlarged, and is subsequently useable to dilate such penetration tract, thereby resulting in the desired enlargement thereof. A positioning surface may be formed on the dilator to abut against tissue which lies adjacent the passageway in a manner which will enable the operator to determine that the dilator has been advanced to its desired position and is properly located to allow the dilate the interstitial tract as desired.

**[0011]** Still further in accordance with the invention, there is provided a slicing-type tract enlargement system (referred to herein as a "tissue-slicing" system) which generally comprises a) an elongate shaft which is advanceable through the interstitial tract, and b) at least one tissue slicing member which extends or is extendable from the shaft to incise or cut tissue which lies adjacent the interstitial tract as the shaft is advanced and/or retracted through the tract. In some embodiments, the tissue slicing member(s) may be initially disposed in a radially compact configuration which is flush with, or only slightly protrusive beyond, the outer surface of the shaft, thereby allowing the shaft to be advanced through the interstitial tract without cutting or disrupting the surrounding tissue. Thereafter, the tissue slicing member(s) is/are shifted to a radially expanded configuration wherein such tissue-slicing member(s) extend or protrude laterally from the shaft so as to slice, incise or cut at least some of the tissue which surrounds the tract. The tissue-slicing member(s) need not be concentric about the shaft, but rather may be of substantially flat configuration so as to create a defined incision or cut in the tissue. Moreover, the tissue-slicing member(s) may be configured so as not to completely sever and remove tissue in the manner of the above-summarized debulking-type embodiment, but rather may simply form a slit or incision adjacent the tract such that the surrounding tissue will continuously or intermittently separate to allow flow of fluid (e.g., blood) therethrough.

**[0012]** Still further in accordance with the invention, there is provided a two-catheter type tract enlarging system (referred to herein as a "two-catheter" system) which is specifically useable to enlarge an interstitial tract or passageway which has been formed between two adjacent anatomical conduits (e.g., blood vessels). Such two-catheter system generally comprises a) a first catheter having a tract-enlarging apparatus (e.g., a debulker, dilator or tissue-

slicing member of the above-described nature) which is advanceable from an opening at or near the distal end of that catheter, and b) a second catheter which has an anvil member (e.g., an abutable surface or receiving cavity) which is sized and configured to correspond with the leading end of the tract-enlarging apparatus of the first catheter. The first catheter is positioned in one of the anatomical conduits, and the second catheter is positioned in the other anatomical conduit, with its anvil member located next to the interstitial tract or passageway which is to be enlarged. Thereafter, the tract enlarging apparatus is advanced through the tract or passageway until it registers with (e.g., abutts against or is received with) the anvil member of the second catheter. As the tract enlarging apparatus is being advanced, the anvil member serves to provide counterforce against the tissue adjacent the initially formed tract or passageway so as to prevent unwanted protrusion or "tenting" of the tissue into the second anatomical conduit, and to ensure efficient cutting of the tissue in cases where a debulking or tissue slicing type tract enlarging apparatus is used.

**[0013]** Still further in accordance with the invention, either the debulking-type, dilating type, tissue-slicing type or two catheter type tract enlargement systems of the present invention may incorporate a guidewire lumen which extends longitudinally through the i.) tract enlarging member (e.g., debulker, dilator or tissue slicing member) to permit the tract enlarging member to be advanced over a small guidewire which has previously been passed through the penetration tract which is to be enlarged. Thus, the provision of such guidewire lumen may permit the system to be used to dilate penetration tracts which are of extremely small diameter, or which have become substantially closed off due to constriction of the surrounding tissue, provided that a guidewire was previously inserted through such penetration tract.

**[0014]** Still further in accordance with the invention, energy such as radio-frequency energy or electrical resistance heat may be applied to the tract enlarging member (e.g., debulker, dilator, or tissue slicing member) to enhance the tract-enlarging efficiency thereof.

**[0015]** Still further objects and advantages of the present invention will become apparent to those of skill in the relevant art, upon reading and understanding of the following detailed description of the invention and the accompanying drawings.

#### BRIEF DESCRIPTION OF THE DRAWINGS

**[0016]** FIG. 1 is a perspective view of a debulking-type tract enlarging system of the present invention.

**[0017]** FIG. 2 is a schematic perspective view of a human body having the tract enlarging system of FIG. 1 operatively inserted into the coronary vasculature.

**[0018]** FIG. 2a is an enlarged, cut-away view of segment 2a-2a of FIG. 2.

**[0019]** FIG. 3 is an enlarged sectional view through line 3-3 of FIG. 2a.

**[0020]** FIGS. 3a-3d are step-wise showings of a presently preferred method for using the tract enlarging system of FIG. 1 to debulk and enlarge an interstitial penetration tract which has been created between a coronary artery and an adjacent coronary vein.

[0021] FIG. 4 is an enlarged, side elevational view of the distal portion of the tract enlarging system of FIG. 1.

[0022] FIG. 4a is a cross sectional view through line 4a-4a of FIG. 4.

[0023] FIG. 4b is a cross sectional view through line 4b-4b of FIG. 4.

[0024] FIG. 4c is a cross sectional view through line 4c-4c of FIG. 4.

[0025] FIG. 5a is a side elevational view of the distal portion of the tract enlarging system of FIG. 1 disposed in a retracted configuration.

[0026] FIG. 5b is a side elevational view of the distal portion of the tract enlarging system of FIG. 1 disposed in a retracted configuration.

[0027] FIG. 6 is a longitudinal sectional view of the distal portion of the subselective sheath component of the system of FIG. 1.

[0028] FIG. 7 is a longitudinal sectional view of the distal portion of the tissue cutter component of the system of FIG. 1.

[0029] FIG. 7a is an exploded, longitudinal sectional view of the distal portion of the tissue cutter of FIG. 7.

[0030] FIG. 8 is a side elevational view of the counter-traction member component of the system of FIG. 1.

[0031] FIG. 8a is an exploded, longitudinal sectional view of the distal portion of the counter-traction member of FIG. 8.

[0032] FIG. 9a shows a first alternative counter-traction member having a tissue-engaging member formed of radially expandable members, wherein the radially expandable members are in their collapsed configuration.

[0033] FIG. 9b shows the first alternative counter-traction member of FIG. 9a, with its radially expandable members in a partially expanded configuration.

[0034] FIG. 9c shows the first alternative counter-traction member of FIG. 9a, with its radially expandable members in their fully expanded configuration.

[0035] FIG. 10a is a side elevational view of a debulking-type tract enlarging system which is equipped with a first type of an energy emitting debulker (e.g., a radio-frequency system).

[0036] FIG. 10b is an enlarged perspective view in the distal end of the energy-emitting debulker of FIG. 10.

[0037] FIG. 10c is a cross sectional view through line 10c-10c of FIG. 10a.

[0038] FIG. 10d is a side elevational view of the distal portion of another alternative debulking-type system which comprises an energy-emitting debulker in conjunction with an energy emitting counter-traction member, and wherein the energy emitting counter-traction member is in a retracted position.

[0039] FIG. 10e shows the system of FIG. 10c with its energy-emitting countertraction member in its extended position.

[0040] FIG. 10f is a cross sectional view through line 10e-10e of FIG. 10d.

[0041] FIG. 10g is a side elevational view of the distal portion of another energy-emitting debulker which incorporates an annular array of laser-transmitting optical fibers.

[0042] FIG. 10g' is a distal end view of the debulker of FIG. 10g.

[0043] FIG. 10h is a side elevational view of the distal portion of another energy-emitting debulker which incorporates a central laser-transmitting optical fiber (or fiber bundle) in combination with a prism which disseminates the laser light in an annular array to effect the desired severing or vaporization of tissue.

[0044] FIG. 11a shows a debulking-type tract enlarging system having an advanceable debulker and a second alternative counter-traction member having a tissue-engaging member formed of an inflatable balloon, wherein the inflatable balloon is in its non-inflated, collapsed configuration.

[0045] FIG. 11b is a cross sectional view through line 11b-11b of FIG. 11a.

[0046] FIG. 11c shows the second alternative counter-traction member of FIG. 11a, with its balloon in a fully inflated, expanded configuration.

[0047] FIG. 11d shows the second alternative countertraction member of FIG. 11a, with its balloon in its fully inflated, expanded configuration and the shaft fully retracted into the lumen of the debulker.

[0048] FIG. 11e shows a debulking-type tract enlarging system having an advanceable debulker and a third alternative counter-traction member which comprises a plurality of outwardly splayable tissue-engaging members, wherein the tissue-engaging members are in their radially collapsed configuration and the counter-traction member is only slightly advanced out of the debulker.

[0049] FIG. 11f shows the system of FIG. 11e wherein the tissue-engaging members are in their radially expanded configuration and the counter-traction member is being further advanced out of the debulker.

[0050] FIG. 11g shows the system of FIG. 11f wherein the tissue-engaging members are in their radially expanded configuration and the counter-traction member is fully advanced out of the debulker.

[0051] FIG. 11h shows the system of FIG. 11g wherein the tissue-engaging members are in their radially expanded configuration and the counter-traction member has been fully retracted such that the distal end of the debulker engages the interior of the expanded tissue-engaging members.

[0052] FIG. 12a is a side elevational view of the distal portion of a retractable debulking-type tract enlarging system of the present invention, wherein the retractable debulker is disposed in a distally extended position.

[0053] FIG. 12b is a view of the system of FIG. 12a, wherein the debulker is disposed in a partially retracted position.

[0054] FIG. 13 is a side elevational view of a dilation-type tract enlarging system of the present invention, disposed with its dilator (i.e. balloon) in a stowed (i.e., deflated) position.

[0055] FIG. 13a is view of the system of FIG. 13, disposed with its dilator (i.e., balloon) in an operative (i.e., inflated) position.

[0056] FIG. 13b is a cross sectional view through line 13b-13b of FIG. 13. FIG. 13c is a cross sectional view through line 13c-13c of FIG. 13.

[0057] FIG. 14 is a graphic illustration of a continuous emission of radiofrequency energy in accordance with the present invention.

[0058] FIG. 15 is a graphic illustration of intermittent or pulsed emission of radiofrequency energy in accordance with the present invention.

[0059] FIG. 16 is a longitudinal sectional view of the distal portion of a debulker of the present invention which incorporates an apparatus for controlling the pressure applied by the debulker and/or for signifying when the debulking procedure is complete.

[0060] FIG. 17 is a side elevational view of the distal portion of a tissue-cutting type of tract enlarging system of the present invention.

[0061] FIG. 18a is a side elevational view of an alternative tissue-cutting tip for the system of FIG. 17.

[0062] FIG. 18b is a top plan view of the alternative tissue-cutting tip of FIG. 18a.

[0063] FIG. 18c is a distal end view of the alternative tissue cutting tip of FIG. 18a.

[0064] FIG. 19 is a schematic showing of two adjacent blood vessels having a penetration tract formed therebetween, and a two-catheter tract enlarging system of the present invention operatively disposed therein to enlarge the penetration tract.

#### DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS

[0065] The preferred embodiments and examples described in the following paragraphs, and shown in the accompanying drawings, should be considered as exemplars, rather than limitations on the devices, systems and methods of the present invention.

[0066] The particular embodiments described in detail below include debulking-type tract enlarging systems 10 and 10a, dilating-type tract enlargement systems 10b, and tissue-slicing-type tract enlarging systems 10c.

#### [0067] A. Debulking-Type Systems

[0068] Generally, the debulking-type systems 10, 10a serve to remove (e.g., cut, sever, ablate, vaporize, etc.) tissue which surrounds or lies adjacent to the initially formed interstitial tract thereby enlarging the tract. The description set forth in the following paragraphs includes a distally advanceable debulking-type system 10 as well as a proximally retractable debulking-type system 10a.

#### [0069] 1. Advanceable Debulking-type Systems

[0070] FIGS. 1-9 show a preferred, distally-advanceable debulking-type tract enlarging system 10 which is useable to enlarge a penetration tract. As shown in detail in FIGS. 4-8a, this distally advanceable debulking system 10 generally comprises a) a subselective sheath 12, b) a distally-

advanceable debulker 14 which is passable out of the subselective sheath, in a distal direction DD, and a counter-traction member 16 which is advanceable through the penetration tract ahead of the debulker 14, and engageable with tissue adjacent the tract to exert a counter-force (i.e. a force directed in the proximal direction PD) upon the tissue which is to be severed by the distally advancing debulker 14. It is also to be understood that the counter-traction member 16 may simply be positioned adjacent the tissue such that it does not actually exert force against the tissue until the debulker 14 is advanced into contact with the tissue, at which time the tissue will then be compressed between the debulker and the counter-traction member 16 as the debulking procedure is performed.

#### Subselective Sheath

[0071] The subselective sheath 12 of the embodiment shown in the drawings comprises a flexible tube which is sized to be advanceable into the anatomical conduit from which the interstitial penetration tract extends. With particular reference to the showings of FIG. 4, 4c and 6, the preferred subselective sheath 12 comprises inner wall 30 preferably formed of polytetrafluoroethylene (PTFE), an outer wall 32 preferably formed of polyether block amide polymer (e.g., Pebax™), and a braid 34 captured between inner 30 and outer 32 walls, such braid 34 terminating distally at a location which is approximately 2-10 mm from the distal end of the sheath 12. In this manner, there is defined a non-braided distal portion 36 of approximately 2-10 mm and a braided proximal portion 38. The presence of the braid 34 within the proximal portion 38 of the sheath 12 enhances its strength and resistance to crimping or kinking, while the non-braided distal portion 36 of the sheath 12 remains soft and pliable to avoid injury or damage to the walls of blood vessels or other tissues, as the sheath 12 is advanced. For use in coronary blood vessels, the sheath 12 will preferably have an outer diameter of 0.050-0.150 inch and an inner lumen diameter of 0.040-0.140 inch.

[0072] In some embodiments, the subselective sheath 12 may have lumen which curves laterally and exits through an outlet port formed in the sidewall of the sheath 12. Such side outlet sheath (not shown) may be advanced to a position where the side outlet aperture is in direct alignment with the penetration tract PT which is to be enlarged. Thereafter, the debulker 14 may be advanced out of the side outlet aperture and directly through tissue which surrounds the penetration tract PT.

#### Advanceable Debulker

[0073] The debulker 14 of the embodiment shown in the drawings comprises a rotating tissue cutter which, when advanced in the distal direction and concurrently rotated, will sever and remove a cylindrical mass of tissue which surrounds the penetration tract. With particular reference to the showings of FIGS. 7 and 7a, this preferred debulker 14 comprises a flexible tube 40 which has a lumen 44 extending longitudinally therethrough, and an annular cutting member 42 mounted on the distal end thereof. The annular cutting member 42 has a sharpened leading edge 46 and a hollow bore 48 which extends therethrough. The cutting member 42 is mounted securely on the distal end of the tube, preferably such that the bore 46 of the annular cutting member 42 is in direct axial alignment with the lumen 44 of the tube 40, and



the outer surface of the cutting member **42** is flush with the outer surface of the tube **40**. The tube **40** is preferably formed of a flexible plastic such as polyether block amide polymer (e.g., Pebax™) and the cutter member **42** is preferably formed of a rigid material such as stainless steel. In embodiments intended for use in coronary blood vessels, this debulker **14** will preferably have an outer diameter of 0.05-0.13 inches and an inner (lumen) diameter of 0.04-0.12 inches. A plurality of bearing members **50** may be mounted at spaced-apart locations within the lumen **44** of the debulker **14** to facilitate rotation of the debulker **41** about a central shaft (e.g., the shaft **60** of the countertraction member **16**). A drive motor/handpiece **22** may be mounted on the proximal end of the debulker **14**, as shown in FIGS. **1** and **7**. This drive motor/handpiece **22**, when actuated, will rotationally drive the debulker **14**, at a suitable rate of rotation to facilitate the desired severing of tissue. In applications where the debulker **14** is being used to sever soft tissue, it is preferable that the motor/handpiece **22** be capable of driving the debulker **14** at 60-300 revolutions per minute. One example of a commercially available drive motor/handpiece **22** which may be used is the MDV Motor Drive Unit manufactured by DVI, Inc.

#### Counter-traction Member

[0074] The counter-traction member **16** of the embodiment shown in the drawings serves to pass through the interstitial tract to be enlarged, ahead of the debulker, and prevents unwanted protrusion or "tenting" of the tissue into the adjacent anatomical conduit, thereby enhancing the tissue cutting efficiency of the debulker. With particular reference to the showings of FIGS. **4**, **4a**, **8** and **8a**, the preferred counter-traction member **16** comprises an elongate, pliable shaft **60** having a dilator/tissue-engaging member **62** mounted on the distal end thereof, and a guidewire lumen **67**. The tract dilator/tissue engaging member **62** comprises a frustoconical body **68** and a cutting-engagement plate **64** formed on the proximal end thereof. The proximal surface **66** of the cutting-engagement plate **64** is disposed in a plane P which is substantially perpendicular to the longitudinal axis LA of the shaft **60**. The frustoconical portion is preferably formed of soft plastic such as polyether block amide polymer (e.g., Pebax™) and the cutting/engagement plate **64** is preferably formed of hard material such as polycarbonate or stainless steel. As shown in the exploded view of FIG. **8a**, a cavity **73** may be formed in the proximal end of the dilator/engagement plate **62**, including a shaft receiving portion **74** and an annular groove **70**. The distal portion **65** of the cutter/engagement plate **64** is inserted into cavity **73** such that an annular shoulder **72** formed about the proximal portion **65** will frictionally engage a corresponding annular groove **70** formed about the interior of the cavity **73**, thereby holding the cutting/engagement plate **64** in fixed position on the distal end of the dilator/engagement member **62**. The distal end of the shaft **60** is then inserted through the bore **67** of the cutting/engagement plate **64** until it bottoms out in the shaft receiving portion **74** of the cavity **73**. An adhesive or thermal compression bonding may be used to securely hold the shaft in contact with the dilator/engagement member **62**. Additionally or alternatively, the proximal portion **65** of the cutting/engagement plate **64** may act as a ferrule, exerting radial inward pressure against the shaft to frictionally hold the shaft in its inserted position within the cavity. The counter-traction member **16** also acts to protect

the adjacent vessel or luminal anatomical structure from iatrogenic trauma (e.g., perforation, laceration) as the debulker is advanced.

[0075] It is to be appreciated that various other types of tissue-engaging members may be utilized in addition to, or as an alternative to the particular counter-traction member **16** shown in FIGS. **1-8**. Some examples of alternative types of countertraction members **16a**, **16b**, **16c** are shown in FIGS. **9a-9c** and **11a-11h**.

[0076] With reference to FIGS. **9a-9c** one alternative counter-traction member **16a** comprises a telescoping shaft **80** formed of a distal shaft portion **80'** and a proximal shaft portion **80''**, having a plurality of radially expandable members **82** disposed about the shaft **80**, as shown. Preferably, a guidewire lumen (not shown) extends longitudinally through the shaft **80**. Each radially expandable member **82** has a distal end which is affixed to the distal shaft portion **80'** and a proximal end which is affixed to the proximal shaft portion **80''**. As shown in FIG. **9a**, when the distal shaft portion **80'** is fully advanced in the distal direction, the radially expandable members will be in a radially collapsed configuration of diameter D, which is sufficiently small to be advanceable through the previously formed penetration tract. Thereafter, as shown in FIGS. **9b** and **9c**, the distal shaft portion **80'** may be retracted into the proximal shaft portion **80''** to cause the radially expandable members to bow or expand outwardly. Thus, when the distal shaft portion **80'** is partially retracted the radially expandable members **82** may assume a partially expanded configuration of diameter D<sub>2</sub> when the distal shaft member **80'** is fully retracted the radially expandable members **82** will assume a fully expanded configuration of diameter D<sub>3</sub>.

[0077] Referring to FIGS. **11a-11d**, another alternative counter-traction member **16b** comprises an elongate shaft **90** which has a guidewire lumen **92** and a balloon inflation/deflation lumen **94** extending therethrough, and a balloon **96** mounted thereon. With the balloon in its deflated state as shown in FIG. **1 Oa**, the shaft **90** is advanceable over a guidewire and through the penetration tract PT which is to be enlarged. After the balloon **96** has emerged out of the opposite end of the penetration tract PT, inflation fluid is injected through the inflation/deflation lumen **94** to inflate the balloon **96** as shown in FIG. **10c**. As described in more detail herebelow, the inflated balloon **96** will abut against and engage the tissue which surrounds the penetration tract PT, and will exert proximally directed force on such tissue while the debulker **14** is advanced through the tissue. As shown in FIG. **1 Od**, after the tissue has been fully severed, the shaft **90** will be fully retracted into the lumen **44** of the debulker **14** and the cutting surface **46** of the annular cutting member **42** will abut against a reinforced region **98** of the balloon. Such reinforced region **98** is sufficiently resistant to cutting or puncture to prevent the annular cutting member **42** from bursting or penetrating through the wall of the balloon **96**. Referring to FIGS. **11e-11h**, there is shown yet another counter-traction member **16c** which comprises an elongate shaft **150** having a plurality of resilient or spring loaded, outwardly splayable members **160** which are attached at their distal ends to the shaft **150**. The proximal ends of the splayable members **160** are biased to a radially expanded configuration as shown in figures **11f-11h**, but are initially compressible to a radially compact configuration wherein they may be received within the lumen **44** of the debulker,

as shown in **FIG. 11e**. Initially, with the splayable members **160** are placed in their radially compact configuration and retracted at least partially within the lumen **44** of the tubular member **40** of the debulker **14**. After the system has been inserted in the body and positioned adjacent the interstitial tract to be enlarged, the shaft **150** is advanced in the distal direction to drive the splayable members **160** through the interstitial tract. As the proximal ends of the splayable members emerge from the distal end of the interstitial tract, they will spring outwardly to their radially expanded configuration and will engage the tissue adjacent the distal end of the tract. Thereafter, proximally directed pressure may be applied to the shaft as the debulker **40** is advanced in the distal direction. This results in the desired counter-traction on the tissue being severed by the annular cutting member **42**. At its end of the tract enlarging procedure, the leading edge **46** of the annular cutting member **42** will be nested within and in contact with the splayable members **160**, as shown in **FIG. 11h**. In this manner, as will be more fully appreciated after reading the explanation of the detailed operation of the device set forth herebelow, the tissue which has been severed from the area surrounding the interstitial tract will be received within the lumen **44** of the debulker, for subsequent removal from the body.

#### Operation of the Distally Advanceable Debulking-type System

**[0078]** Prior to operation, the system **10** is assembled in the manner shown in **FIG. 5a**, such that the shaft **60** of the counter-traction member **16** is slidably and rotatably disposed within the lumen **44** of the debulker **14** (i.e. extending through the bearings **50** located within the lumen **44** of the debulker **14**) and the countertraction member **16** and debulker **14** are positioned within the lumen **31** of the sheath **12**. This system **10** may then be utilized to enlarge a small penetration tract PT which has been formed between an anatomical conduit and some other anatomical conduit or cavity within the body. For purposes of illustrating and explaining the operation of the present invention, **FIGS. 3a-3d** show a specific coronary revascularization procedure wherein an interstitial passageway is to be formed between a coronary vein CV and an adjacent coronary artery CA, to permit arterial blood to flow into the coronary vein CV.

**[0079]** With reference to **FIGS. 3a-3d**, after an interstitial penetration tract PT has been formed between a coronary artery CA and coronary vein CV, a small guidewire GW is passed through such penetration tract PT. The guidewire GW is passed, proximal end first, into the distal end of the guidewire lumen **67** which extends through the counter-traction member **16**. With the debulker **14** and countertraction member **16** disposed within the lumen **31** of the subselective sheath **12**, the system **10** is advanced over the guidewire GW until the distal end of the subselective sheath **12** becomes positioned within the coronary vein CV at a location approximately 0.10 inch (i.e., 2-3 mm) from the penetration tract PT. Thereafter, as shown in **FIG. 3**, the counter-traction member is further advanced such that the dilator/engagement member **62** will pass through the penetration tract PT and into the coronary artery CA. As the dilator/engagement member emerges into the lumen of the coronary artery CA the tissue surrounding the penetration tract PT will elastically retract about the distal portion of the shaft and the proximal surface **66** of the cutting/engagement plate **64** will abut against the coronary artery wall immedi-

ately adjacent the opening of the penetration tract PT into the coronary artery CA. Thereafter, proximally directed pressure is applied to the counter-traction member **16** while concurrently advancing the debulker **14** in the distal direction, as shown in **FIG. 3a**. As the advancing debulker **14** comes into contact with the tissue which surrounds the penetration tract PT, the drive motor/handpiece **22** is actuated so as to rotate the debulker at approximately 60-300 RPM. As shown in **FIG. 3b**, this causes the sharpened leading edge **46** of the cutting member **42** to cut a cylindrical bolus of tissue as the rotating debulker **14** continues to advance. The application of proximally directed pressure on the counter-traction member **16** concurrently with the distally directed advancement of the debulker **14** prevents the surrounding tissue from "tenting" and enhances the cutting efficiency of the debulker **14**. Also, because the tissue which is being severed is located directly behind the cutting/engagement plate **64**, the severed bolus of tissue will be prevented from escaping into the coronary artery CA, and will be forced into the lumen of the debulker **14** whereby it may be extricated and removed from the body along with the debulker **14**, as illustrated in **FIG. 3c**. This results in the formation of an enlarged bloodflow passageway EBP, as desired.

**[0080]** As shown in **FIG. 3d**, and in accordance with applicants methodology described in earlier-filed U.S. patent applications Ser. No. 08/730,327 and 08/730,496, one or more embolic blockers B or other flow-blocking means may be utilized to prevent arterial blood which enters the coronary vein CV through the enlarged bloodflow passageway EBP from flowing in the venous return direction, and to cause such arterial blood to flow through the coronary vein CV in the retrograde direction, thereby bypassing the obstruction OB located in the adjacent coronary artery CA.

#### **[0081]** 2. Retractable Debülking-type Systems

**[0082]** **FIGS. 12a-12b** show an example of a retractable debülking-type tract enlargement system **10a**, of the present invention. This system **10a** comprises a proximal counter-force member **112** in combination with a retractable debülker **14a**, as shown in **FIGS. 12a** and **12b**.

#### Proximal Counter-force Member

**[0083]** The proximal counter-force member **112** comprises a tube having a lumen (not shown) which extends longitudinally therethrough and an annular cutting/engagement plate **100** formed on the distal end thereof. The annular cutting/engagement plate **100** serves to engage a pull-back tissue cutter formed on the proximal end of the retractable debülker **14a**. In embodiments where the retractable debülker is rotatable, a plurality of bearings **50** of the type described hereabove may be coaxially disposed at spaced apart locations within the lumen of the proximal counter-force member **112**.

#### Retractable Debülker

**[0084]** The retractable debülker **14a** of this embodiment comprises a shaft **102** having a flexible frusto-conical dilator **104** formed thereon, and an annular cutter member **106** mounted on the proximal end of the dilator **104**, as shown. The frusto-conical dilator **104** may be constructed and configured the same as the frustoconical body **68** described hereabove. The annular cutting member **106** may be con-

structed and configured the same as the annular cutting member **42** of the first embodiment described hereabove. This annular cutting member **106** has a sharpened proximal edge **108** which will sever tissue when retracted there-through. A guidewire lumen(not shown) extends longitudinally through the shaft **102** and through the frusto-conical dilator. Optionally, the retractable debulker **14a** may be rotatably driven by a drive motor/handpiece **22** as described hereabove.

#### Operation of the Retractable Debulker Type System

**[0085]** Prior to operation, this retractable debulking type system **1 Oa** is assembled such that shaft **100** the retractable debulker **14a** is slidably and (and in some cases rotatably) disposed within the lumen of the proximal counter-force member **112**. In embodiments wherein the debulker **14a** is rotatable, the shaft **102** will extend through any bearings **50** disposed within the lumen of the counter-force member **112**. The shaft **102** may initially be retracted such that the proximal sharpened edge **108** of the annular cutter **106** is in abutment with the annular cutting plate **100**. The counter-force member **112** and retractable debulker **14a** are positioned within the lumen **31** of a subselective sheath **12** as described hereabove. This system **1 Oa** may then be utilized to enlarge a small penetration tract PT which has been formed through the sidewall of and extending outwardly from an anatomical conduit of the body, and through which a guidewire has been inserted.

**[0086]** The guidewire GW which extends through the penetration tract is inserted into the distal end of the guidewire lumen (not shown) of the retractable debulker **14a**. The subselective sheath **12** having the counterforce member **112** and retractable debulker positioned therewith, is maneuvered into the anatomical conduit from which the penetration tract extends. Thereafter, the shaft **102** of the retractable debulker **14a** is advanced such that the dilator **104** is forced through the penetration tract. After the sharpened proximal edge **108** of the retractable debulker **14a** has emerged out of the opposite end of the penetration tract, the tissue which surrounds the penetration tract will elastically constrict about the shaft. The counter-force member **112** is then advanced until the distal annular cutting plate **100** is in abutment with the wall of the portion of the wall of the anatomical conduit which surrounds the proximal end of the penetration tract.

**[0087]** Thereafter, distally directed counter-force is applied to the counter-force member **112** while the retractable debulker **14a** is retracted in the proximal direction. Optionally, the retractable debulker **14a** may be rotated concurrently with its retraction. As the debulker **14a** is retracted, the sharpened proximal edge **108** of the annular cutting member **106** will sever a generally cylindrical bolus of tissue which surrounds the puncture tract, thereby accomplishing the desired enlargement of the initially formed penetration tract. The severed bolus of tissue will be drawn into, and captured within, the lumen (not shown) of the counter-force member **112** as the sharpened proximal edge **108** of the annular cutting member **106** is retracted into contact with the annular cutting plate **100**.

**[0088]** Thereafter, the counter-force member **112** (having the severed bolus of tissue contained therewithin) and the retractable debulker **14a**, may be removed from the body along with the subselective sheath **12**.

**[0089]** 3. Sizing and Shaping of the Debulker to Optimize Flow Channel

**[0090]** In ether debulking type system **10**, **10a** the particular geometry of the cutter member **42** can assist in creation of the optimal passage, such as the enlarged bloodflow passageway EBP of the foregoing example. For example, the annular cutting member **42** need not be of circular cross-sectional configuration as shown in **FIG. 7a**, but rather may be of oblong or oval configuration. Such oblong or oval shape of the annular cutting member **42**, when advanced through the puncture tract without rotation thereof, will form a channel of oval or oblong cross-sectional shape.

**[0091]** Also, as shown on **FIG. 4**, the annular cutting member **42** may be of tapered outer diameter, such that its distal cutting edge is of a first diameter  $d_x$  and its proximal end is of a second diameter  $d_y$ . Such tapering of the annular cutting member **42** causes the tissue which is cut by the cutting edge **46** to expand as the debulker **14** is advanced, thereby resulting in a more predictable diameter of the resultant channel.

**[0092]** 4. Optional Energy-delivery Features which may be Incorporated into Any of these Tract-Enlarging Systems

**[0093]** It will be appreciated that certain types of energy (e.g., laser, radio-frequency energy, electrical resistance heat, etc.) may be delivered to a tract-enlarging apparatus such as the debulker **14, 14a** and/or counter-traction member **16, 16a, 16c** to enhance the tract-enlarging efficiency of the system. Specific examples of systems which incorporate such energy emitting components are shown in **FIGS. 10a-10f**.

**[0094]** **FIGS. 10a-10c** show one energy-emitting debulking-type system which incorporates a bipolar, energy-emitting debulker **14'**. **FIGS. 10d-10f** show another energy-emitting, debulking-type system one electrode is located on an energy-emitting debulker **14''** and another electrode is located on an energy-emitting counter-traction member **16''**.

**[0095]** With reference to the particular embodiment shown in **FIGS. 10a-10c**, the bipolar, radiofrequency debulker **14'** comprises an elongate tubular member **40'** having a hollow lumen **44'** extending longitudinally therethrough. First and second energy-transmitting members **204a, 204b** extend longitudinally through the tubular member **44'**, as shown in the cross sectional view of **FIG. 10c**. A debulking electrode tip **205** is mounted on the distal end of the tubular member. Such electrode tip **205** incorporates a first radiofrequency-emitting electrode **206** and a second radiofrequency-emitting electrode **208**, as shown in **FIG. 10b**. The first energy transmitting member **204a** is connected to the first electrode **206** and the second energy transmitting member **204b** is connected to the second electrode **208**. An annular insulator body **210** is disposed between the electrodes **204a, 204b**. A bipolar radiofrequency generator **200** is connected by way of a wire **202** to the first and second energy transmitting members **204a, 204b** such that a circuit is completed between the generator **200** and the respective first and second electrodes **206, 208**. Thus, as the debulker is advanced in the distal direction through the interstitial passageway, the generator may be energized to cause radiofrequency current to pass between the annular distal surfaces of the first and second electrodes **206, 208**, thereby effecting bipolar cutting or ablation of the tissue which surrounds the interstitial tract.

[0096] In the alternative bipolar energy-emitting system shown in **FIGS. 10d-10f**, the first electrode **206a** is mounted on the distal end of the debulker **14"** and the second electrode **208a** is mounted on the proximal end of the countertraction member **16"**, as shown. In this embodiment, the first energy transmitting member **204a** extends through the tubular member **40"** of the debulker **14"** while the second energy transmitting member **204b** extends through the shaft **60"** of the countertraction member **16"**. Here again, the first energy transmitting member **204a** is connected to the first electrode **206a** of the second energy transmitting member **204b** is connected to the second electrode **208a**. In this manner when a bipolar radiofrequency generator **200** is connected to the energy transmitting members **204a, 204b**, a circuit is completed between the generator and the first and second electrodes **206a, 208a** such that radiofrequency current will pass between the electrodes **206a, 206b** in a manner which cuts or ablates the tissue which surrounds the interstitial tract.

[0097] As those skilled in the art will appreciate, although bipolar embodiments are shown in **FIGS. 10a-10f**, similar monopolar embodiments may also be devised through the alternate use of a separate antenna or plate electrode which attaches to the patient's body to complete the circuit. Such monopolar embodiments may utilize only a single electrode **204** or **206** to accomplish the desired cutting or ablation of tissue.

[0098] In applications where radiofrequency energy is applied to the debulker **14, 14a**, the radiofrequency energy may be applied continuously at 100 KHz-2 MHz, and preferably at about 500 KHz (i.e., 70 watts) until the cutting operation is complete. Alternatively, such radiofrequency energy may be delivered intermittently, in pulsed fashion, to avoid necrosis or damage to the adjacent tissue. Preferably, as illustrated graphically in **FIGS. 14a** and **14b**, when pulsed radiofrequency energy is used in lieu of continuous energy, the duty cycle of the pulsed energy will be optimized to provide efficient tissue cutting while avoiding damage to surrounding tissue.

[0099] **FIGS. 10g-10i** show variants of a laser emitting debulker **14b**, wherein laser energy is used to cut or vaporize the tissue. The embodiment shown in **FIGS. 10g** and **10g'** comprises an elongate flexible member having a guidewire lumen **73** extending longitudinally therethrough, and a plurality of longitudinally extending, parallel optical fiber bundles **71** disposed in a generally circular array about the outer perimeter of the member, such optical fiber bundles **71** terminating distally in lenses or other laser emitting surfaces **77** such that a generally conical or annular pattern of laser light is projected from the distal end of the debulker **14b**.

[0100] **FIGS. 10<sub>h</sub>** and **10h'** show an alternative laser emitting debulker **14b'** wherein a central laser-transmitting optical fiber bundle **75** extends longitudinally through a portion of the debulker **14b'** and terminates proximal to a generally conical cavity **76** formed in the distal end of the debulker **14b'**. A stationary prism **77** having a plurality of light guide grooves **78** formed thereabout, is mounted on the distal end of the fiber bundle **75** such that a generally conical pattern of laser light is projected from the prism, through the conical cavity **76** and out of the distal end of the debulker **14b'**. An optional suction lumen **79** may be provided in any of these laser embodiments, to enhance their efficiency (as described

more fully herebelow) and/or to aspirate away any residue or tissue particle which become severed during the procedure.

[0101] **FIGS. 10i** and **10i'** show another alternative laser emitting debulker **14b"** wherein the central laser-transmitting optical fiber bundle **75'** is rotatable, terminates proximal to a generally conical cavity **76** formed in the distal end of the debulker **14b"**. A stationary prism **77** having a single light guide groove **78** formed thereon as shown, is mounted on the distal end of the rotatable fiber bundle **75'** such that as laser energy is passed through the optical fiber bundle **75'** concurrently with its rotation, a generally conical pattern of laser light will be projected from the rotating prism mounted on the end of the rotating fiber bundle **75'**, and such laser light pattern will be projected through the conical cavity **76'** and out of the distal end of the debulker **14b"**.

[0102] 4. Optional Application of Negative Pressure Through Debulker Lumen

[0103] In either embodiment of the debulking-type system **10, 10a**, negative pressure may be applied through the lumen of the debulker **14, 14a** to a) tension the tissue being cut so as to improve the cutting efficiency and/or predictability of the cut and/or b) draw the severed tissue into the lumen of the debulker **14, 14a** so as to capture and prevent escape of such severed tissue. Additionally, when suction or negative pressure is applied through the lumen of the debulker **14, 14a**, the operator may monitor the amount of negative pressure being generated as an indicator of whether the cutting tip **46, 46a** is presently in contact with tissue. In this manner, the operator may promptly discern when the cutting tip **46, 46a** has passed fully through the desired tissue and into the opposite blood vessel or other cavernous space.

[0104] 5. Optional Apparatus for Enabling Operator to Determine When Debulking Operation is Complete

[0105] In either debulking-type system **10, 10a**, an optional sensor apparatus may be incorporated into the system **10, 10a** to provide feedback or signal(s) to enable the operator to determine when the debulking operation is complete so that the advancement or retraction of the debulker **14, 14a** may be terminated at an appropriate time. As shown in **FIG. 16**, the sensor apparatus **126** may comprise any suitable type of sensor which will indicate when the cutting edge **46** of the annular cutting member **42** is no longer in contact with tissue. Examples of the types of sensor apparatus **126** which may be used include sensors which measure impedance, temperature and/or electromagnetic resistance. Additionally, in systems **10, 10a** which utilize pulsed energy (**FIG. 15**) in combination with a temperature sensor **126**, the temperature sensed by the sensor **126** may be used to manually or automatically (i.e., by a microprocessor or other controller) adjust the duty cycle of the pulsed energy to avoid exceeding a maximum desired temperature (e.g., the thermal necrosis temperature of the tissue—or some other temperature which has been identified as the maximum temperature to which the surrounding tissue may be heated).

[0106] 6. Optional Apparatus for Controlling the Force Applied by the Debulker

[0107] As shown in **FIG. 16**, either of the debulking-type systems **10, 10a** may include a force controlling apparatus **128** for controlling the force applied by the debulker **14, 14a**

upon the tissue being severed. In the particular embodiment shown the debulker **14** has a flexible tubular shaft **40** formed of a proximal segment **40a** and a distal segment **40b**. The distal segment **40b** is slidably received within the lumen of the proximal segment **40a**, as shown. The force controlling apparatus **128** comprises a spring **130** which is attached to the proximal and distal portions **40a**, **40b** of the tube **40** such that, when the distal end of the debulker **14** is pressed against tissue, the spring **130** will compress, thereby normalizing or regulating the force which is applied to the tissue. In embodiments where the debulker emits energy (e.g., radio-frequency energy, resistance heat) first and second energy-transmission contacts **132**, **134** such that energy will be emitted from the debulker only when the contacts **132**, **134** are in abutment with each other. In this manner, such contact can be maintained only so long as the debulker **14** is engaging tissue, and when the debulker **14** emerges into the other vessel of open space, the spring **130** will relax causing contacts **132**, **134** to separate and the flow of energy through the debulker **14** to cease.

#### [0108] B. Dilation-type Systems

[0109] FIGS. **12-12c** show a dilation-type tract enlarging system **10b** of the present invention. This dilation-type system **10b** generally comprises a) a tubular member **120** having a distal tissue-abutting rim **122**, and a lumen **124** extending longitudinally therethrough and b) a shaft **126** having a balloon **128** mounted thereon, a guidewire lumen **130** extending longitudinally therethrough, and an inflation/deflation lumen **132** extending from the proximal end thereof to the interior of the balloon. A guidewire which has previously been passed through the penetration tract which is to be enlarged, is inserted into the distal end of the guidewire lumen **130**. Thereafter, with the balloon **128** in its deflated state (FIG. **12**) and the balloon-bearing portion of the shaft **126** positioned ahead of the tissue abutment rim **122**, the system **10b** is advanced over the guidewire GW until the tissue abutment rim **122** abuts against or otherwise registers with tissue which surrounds or lies adjacent the proximal end of the penetration tract. Such abutment of the rim **122** against the tissue at the proximal end of the tract will deter further advancement of the system **10b**, and will signify to the operator that the balloon **128** has become positioned within the penetration tract. Thereafter, inflation fluid is passed into the balloon **128** through the inflation/deflation lumen **132**, causing the balloon **128** to inflate. Such inflation of the balloon serves to dilate the tissue surrounding the penetration tract, thereby accomplishing the desired enlargement of the penetration tract. After the desired dilation of the penetration tract has been completed, the inflation fluid may be withdrawn from the balloon **128** and the system **10b** is withdrawn from the body.

#### [0110] C. Tissue-slicing Type Systems

[0111] FIGS. **17-18b** show tissue-cutting tract enlarging catheters **10c** of the present invention. These tissue cutting catheters **10c** comprise a flexible catheter **700** having a tissue cutting distal tip **702a** or **702b** mounted thereon.

[0112] In the embodiment shown in FIG. **17**, the tissue cutting distal tip **702a** is a generally cylindrical solid member which has a beveled leading edge **704** and a guidewire lumen **706a** extending longitudinally there-through, as shown.

[0113] In the embodiment shown in FIGS. **18a-18c**, the tissue cutting distal tip **702b** has two (2) tapered lateral

surfaces **709a**, **709b** which converge to form a distal end **710**. A central guidewire lumen **706b** extends through the distal end **710**, as shown.

[0114] These tissue cutting catheters **10c** may be advanced over a guidewire and through a small penetration tract, such that the beveled distal edge **704** or lateral surfaces **706a** & **706b** will slice or slit the tissue without actually removing any tissue.

#### [0115] D. Two Catheter Tract-Enlarging Systems

[0116] FIG. **19** shows a two-catheter tract enlarging system **10d** which comprises a) a first catheter **500** having a tract-enlarging apparatus (not shown) (e.g., a debulker, dilator or tissue-slicing member of the above-described nature) advancable from an opening **504** at or near the distal end of the first catheter **500**, and b) a second catheter **502** which has an anvil member **506** (e.g., an abutable surface or receiving cavity) which is sized and configured to correspond with the leading end of the tract-enlarging apparatus of the first catheter. The first catheter **500** is positioned in one of the anatomical conduits V, and the second catheter is positioned in the other anatomical conduit A, with its anvil member **506** located next to the penetration tract or passageway PT which is to be enlarged. Thereafter, the tract enlarging apparatus (not shown) is advanced through the tract or passageway PT until it registers with (e.g., abuts against or is received with) the anvil member **506** of the second catheter. As the tract enlarging apparatus (not shown) is being advanced, the anvil member **506** serves to provide counterforce against the tissue adjacent the initially formed tract or passageway PT so as to prevent unwanted protrusion or "tenting" of the tissue into the second anatomical conduit A, and to ensure efficient cutting of the tissue in cases where a debulking or tissue slicing type tract enlarging apparatus is used.

[0117] Although exemplary embodiments of the present invention have been shown and described, it will be apparent to those having ordinary skill in the art that a number of changes, modifications, or alterations to the invention as described herein may be made, none of which depart from the spirit of the present invention. All such changes, modifications and alterations should therefore be seen as within the scope of the present invention as described herein and recited in the following claims.

What is claimed is:

1. An advanceable debulking system for enlarging an interstitial tract which extends outwardly from the lumen of an anatomical conduit, said system comprising:

a counter-traction member which is advanceable, in a first direction, at least partially through the interstitial tract, said counter-traction member having at least one tissue engagement surface formed thereon to engage tissue which is adjacent the interstitial tract, said counter-traction member being useable to apply a force which is directed in a second direction substantially opposite said first direction, upon the tissue which has been engaged by said tissue-engagement member; and,

a debulker which is advanceable out of the lumen of the sheath, in the first direction, to remove tissue which lies adjacent the interstitial tract, thereby enlarging the interstitial tract.

2. The system of claim 1 wherein the debulker is an elongate member having a lumen which extends longitudinally therethrough, and wherein said counter-traction member extends coaxially through the lumen of the debulker.

3. The system of claim 1 wherein the debulker has a distal end, and wherein a tissue-receiving chamber is formed in the distal end of the debulker such that tissue which has been removed by the debulker will enter said tissue-receiving chamber.

4. The system of claim 1 wherein a guidewire lumen extends through said counter-traction member such that said counter-traction member may be advanced over a guidewire which extends through the interstitial tract.

5. The system of claim 1 further comprising a sheath having a lumen extending longitudinally therethrough, the lumen of said sheath being sized to permit said debulker and said countertraction member to pass therethrough.

6. The system of claim 5 wherein said sheath has a distal end opening out of which said debulker and said counter-traction member are passable.

7. The system of claim 6 wherein said sheath has a side opening out of which said debulker and said countertraction member are passable.

8. The system of claim 7 wherein the lumen of the sheath further comprises a deflector surface which is configured and located to deflect said debulker out of said side opening as said debulker is advanced in the distal direction there-through.

9. The system of claim 1 wherein said debulker comprises an elongate member having a distal end whereupon an annular cutter is mounted, said annular cutter having a sharpened leading edge so as to sever tissue as it is advanced in the first direction.

10. The system of claim 9 wherein at least the annular cutter of said debulker is rotatable.

11. The system of claim 9 further comprising a motor for rotatably driving at least the annular cutter of said debulker.

12. The system of claim 1 wherein said countertraction member comprises an elongate shaft having a radially expandable tissue-engaging apparatus formed thereon, said radially expandable tissue-engaging apparatus having:

- a) a radially collapsed configuration which is sufficiently small in diameter to pass at least partially through the interstitial tract; and,
- b) a radially expanded configuration which is sufficiently large in diameter to engage tissue which surrounds the interstitial tract.

12. The system of claim 11 wherein said radially expandable apparatus is selected from the group of radially expandable apparatus consisting of:

- i.) a balloon;
- ii.) at least one barb;
- iii.) at least one hook;
- iv.) a plurality of outwardly curving tissue engagement members, each of said having proximal and distal ends which are attached to the shaft and outwardly curving mid-sections, the mid sections of said tissue engagement members being curved outwardly from said shaft when said
- v.) a plurality of splayable tissue engagement members having distal ends which are unattached to the shaft of

the counter-traction member and positioned at spaced apart locations thereabout, the distal ends of said tissue engagement members being splayable outwardly from the shaft when in their radially expanded configuration;

and,

vi.) a resilient tubular member which has a radially flared distal end, the flared distal end of said resilient tubular member being advanceable, in the first direction, from the distal end of the shaft of said counter-traction member.

13. The system of claim 1 wherein the debulker further comprises: at least one energy-transmitting member which may be connected to an energy source, said energy transmitting member being operative to transmit energy from an energy source connected thereto, to a location on the debulker at which said energy will enhance the ability of the debulker to remove tissue.

14. The system of claim 13 wherein the energy-transmitting member is a member which transmits radio-frequency energy.

15. The system of claim 14 further comprising: a radio-frequency generator attached to said energy-transmitting member.

16. The system of claim 14 wherein said debulker is an elongate member which has a tissue-severing surface formed on the distal end thereof, and wherein the energy-transmitting member is positioned and constructed to transmit radiofrequency energy to the tissue-severing surface of the debulker.

17. The system of claim 16 wherein the tissue-severing surface comprises a leading edge formed on an annular cutting member.

18. The system of claim 1 further comprising: A dilator formed on the distal end of said counter-traction member to dilate the interstitial tract as the counter-traction member is advanced therethrough.

19. The system of claim 18 wherein the dilator is a frusto-conical dilator member having a distal end of a first diameter and a proximal end of a second diameter larger than said first diameter.

20. The system of claim 18 wherein: the counter-traction member has a longitudinal axis; and, an annular tissue-abutment surface is formed on the proximal end of the frus which is generally perpendicular to the longitudinal axis of the counter-traction member.

21. The system of claim 20 wherein: an annular cutting member is formed on the distal end of the debulker; and, the annular tissue abutment surface comprises a cutting plate which is sized, configured and positioned such that when the debulker is advanced in the first direction, the annular cutting member will register with the cutting plate.

22. A retractable debulking system for enlarging an interstitial tract which extends outwardly from the lumen of an anatomical conduit, said system comprising:

a tubular, proximal counter-force member which has at least one tissueengaging surface formed on the distal end thereof, said proximal counter-force member being advanceable into the lumen of the anatomical conduit from which said interstitial tract extends such that its tissue-engaging surface engages tissue adjacent the interstitial tract; and, a retractable debulker which is advanceable out of the distale end of the proximal counter-force member and through the interstitial tract

in a first direction, said debulker being subsequently retractable in a second direction opposite said first direction, said debulker having a at least one tissue removing surface formed on the proximal end thereof to remove tissue located adjacent the interstitial tract as the debulker is retracted in the second direction through the interstitial tract; said proximal counter-traction member being operative to apply a counterforce in the first direction against the tissue adjacent the interstitial tract, as the debulker is being retracted in the second direction to remove said tissue.

**23.** The system of claim 22 wherein the retractable debulker has a proximal tissue cutting surface, and wherein a tissue-receiving chamber is formed with the debulker adjacent to said tissue cutting surface, such that tissue which has been removed by the debulker will enter said tissue-receiving chamber.

**24.** The system of claim 22 wherein a guidewire lumen extends through said retractable debulker such that said retractable debulker may be advanced over a guidewire which extends through the interstitial tract.

**25.** The system of claim 22 further comprising a sheath having a lumen extending longitudinally therethrough, the lumen of said sheath being sized to permit said debulker and said countertraction member to pass therethrough.

**26.** The system of claim 25 wherein said sheath has a distal end opening out of which said debulker and said countertraction member are passable.

**27.** The system of claim 25 wherein said sheath has a side opening out of which said debulker and said countertraction member are passable.

**28.** The system of claim 27 wherein the lumen of the sheath further comprises a deflector surface which is configured and located to deflect said debulker out of said side opening as said debulker is advanced in the distal direction therethrough.

**29.** The system of claim 22 wherein said retractable debulker comprises an elongate member having a proximal end whereupon an annular cutter is mounted, said annular cutter having a sharpened leading edge so as to sever tissue as it is retracted the proximal direction through the penetration tract.

**30.** The system of claim 29 wherein at least the annular cutter of said retractable debulker is rotatable.

**31.** The system of claim 9 further comprising a motor for rotatably driving at least the annular cutter of said debulker.

**32.** A laser debulking apparatus, useable for enlarging an interstitial penetration tract, said apparatus comprising:

an elongate flexible member having a guidewire lumen extending longitudinally therethrough;

a plurality of laser transmitting members extending longitudinally through said flexible member, said laser transmitting members being disposed in a generally annular array,

each of said laser transmitting members having a distal end associated with a laser light transmitting surface

whereby laser light from that laser transmitting member will be projected from said flexible member, such that when laser energy is concurrently passed through all of said laser transmitting members, a generally annular pattern of laser light will be projected from said apparatus.

**33.** The apparatus of claim 32 further comprising a suction lumen extending through said flexible member to apply suction to the area into which said pattern of laser light is projected.

**34.** A laser debulking apparatus, useable for enlarging an interstitial penetration tract, said apparatus comprising:

an elongate flexible member having a guidewire lumen extending longitudinally therethrough;

a laser transmitting member extending longitudinally through said flexible member;

a prism having at least one light guide groove formed therein, said prism being rotatably positioned on the end of said laser transmitting member such that laser energy which passes through said laser transmitting member will pass into said prism and will be caused by said at least one light guide groove and the concurrent rotation of said prism, to be projected in a generally conical pattern from said apparatus.

**35.** The apparatus of claim 34 further comprising a suction lumen extending through said flexible member to apply suction to the area into which said pattern of laser light is projected.

**36.** The apparatus of claim 34 wherein said laser transmitting member is rotatable, and wherein said prism is mounted on the distal end of said laser transmitting member so as to rotate concurrently with said laser transmitting member.

**37.** A laser debulking apparatus, useable for enlarging an interstitial penetration tract, said apparatus comprising:

an elongate flexible member having a guidewire lumen extending longitudinally therethrough;

a laser transmitting member extending longitudinally through said flexible member;

a prism having a plurality of light guide grooves formed therein, said light guide grooves being disposed in a generally annular array, said prism being positioned on the end of said laser transmitting member such that laser energy which passes through said laser transmitting member will pass into said prism and will be caused by said plurality light guide grooves to be projected in a generally conical pattern, from said apparatus.

**38.** The apparatus of claim 37 further comprising a suction lumen extending through said flexible member to apply suction to the area into which said pattern of laser light is projected.

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