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 (54) Title: USE OF A FAT PARTICLES IN THE PREPARATION OF FARINACEOUS PRODUCTS

(57) **Abrégé/Abstract:**

The invention provides a method for the preparation of a farinaceous mixture by mixing together the following ingredients: 100 parts by weight of a farinaceous component selected from flour, cereals, starch and combinations thereof; 0.01-10 parts by weight of fat particles in the form of powder, said fat particles containing at least 65 wt.% of triglycerides; at least 30 parts by weight of one or more aqueous ingredients to provide 10-50 % water by weight of the farinaceous mixture; and 0-100 parts by weight of one or more other ingredients; wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50 µm. The application of very fine fat particles has unexpected beneficial effects on farinaceous products that are similar to those that can be obtained by adding emulsifiers. The fat powder can therefore be used as a partial or complete replacement for emulsifiers in farinaceous products such as, for example, bread. The invention further provides bakery ingredient mixes and uncooked farinaceous products containing the aforementioned fat particles.

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(54) Title: USE OF A FAT PARTICLES IN THE PREPARATION OF FARINACEOUS PRODUCTS

(57) Abstract: The invention provides a method for the preparation of a farinaceous mixture by mixing together the following ingredients: 100 parts by weight of a farinaceous component selected from flour, cereals, starch and combinations thereof; 0.01-10 parts by weight of fat particles in the form of powder, said fat particles containing at least 65 wt.% of triglycerides; at least 30 parts by weight of one or more aqueous ingredients to provide 10-50 % water by weight of the farinaceous mixture; and 0-100 parts by weight of one or more other ingredients; wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50 µm. The application of very fine fat particles has unexpected beneficial effects on farinaceous products that are similar to those that can be obtained by adding emulsifiers. The fat powder can therefore be used as a partial or complete replacement for emulsifiers in farinaceous products such as, for example, bread. The invention further provides bakery ingredient mixes and uncooked farinaceous products containing the aforementioned fat particles.



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## USE OF A FAT PARTICLES IN THE PREPARATION OF FARINACEOUS PRODUCTS

### TECHNICAL FIELD OF THE INVENTION

5 The present invention relates to a method of preparing a farinaceous product comprising the addition of fat particles and to the use of said fat particles as an emulsifier replacer in the preparation of farinaceous products.

The invention also provides farinaceous products obtained by said method and bakery ingredient mixes comprising the aforementioned fat powder.

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### BACKGROUND OF THE INVENTION

Bread, pizza, cakes, pastries, croissants, brioches, panettones, pies, doughnuts, Berliner, muffins, tarts, quiches, cookies, scones, crackers, pretzels, rusk, tortillas, are all examples of farinaceous products, i.e of starch containing products. The basic ingredients for the preparation of such farinaceous products are flour and/or starch, water, milk and eggs. A wide variety of additional ingredients may be used in the preparation of these farinaceous products. Examples of such ingredients include yeast, baking powder, fat, sugar, salt and various additives.

Additives or baking aids are nowadays extensively used in the bakery industry. Among the commonly used baking aids in farinaceous products are emulsifiers. Emulsifiers are compounds having polar/hydrophilic and non-polar/lipophilic moieties. As a result, emulsifiers are able to migrate to the interface between a lipid or air phase and an aqueous phase.

Emulsifiers may be used to reduce the interfacial tension between lipid/water interfaces in doughs or batters, thereby improving gas retention and foam formation, and improving the dispersion of shortening/fat throughout a dough or batter. Emulsifiers are known to interact with gluten and this interaction can be used to achieve increased dough elasticity, improved fermentation stability, oven spring, a finer crumb and increased product volume. Moreover, emulsifiers are capable of forming complexes with starch resulting in improved freshness, softness and improved anti-staling properties of baked products.

In S.P. Cauvain and L.S. Young, Baked Products: Science, Technology and Practice, BakeTran, High Wycombe, Bucks UK, Blackwell Publishing, 2006, page 89, it is described that emulsifiers may be particularly useful when fat-reduced recipes are being prepared for the manufacture of all baked product groups since, in such cases, the emulsifier is more powerful

than the fat on a weight basis at promoting many of the required properties, for example batter aeration and gas-bubble stability.

The Codex Alimentarius, or food code, has been created to regulate the specifications of additives, among which are emulsifiers, used in the food industry. Each country has its own set of regulations on what food ingredients are considered safe and at what usage levels. The regulations in the US are for example laid down in the US Code of Federal Regulations, Title 21 – Food and Drugs, whereas the European regulations are laid down in Regulation (EC) No 1333/2008 of the European Parliament and the Council of 16 December 2008 on Food Additives. According to European regulation, safe food additives are allocated a so-called E-number. These E-numbers have to be indicated on the packaging label of the food product.

All of the emulsifiers, except eggs, used in the preparation of farinaceous products have been allocated E-numbers. Food additives having E-numbers have been subjected to extensive testing before they are allowed to be included in foods and drinks. Nevertheless, in recent years, there has been an increasing public concern about possible health risks relating to the use of food additives. Hence, from a consumer perspective there is an increased preference towards food products not comprising additives having an E-number, i.e. food products having a so-called ‘clean label’.

Due to, among other things, the ever-increasing population of the world, there is a continuous need for cheaper food ingredients and alternative cost-effective production routes for food products. Emulsifiers are among the most expensive ingredients in bakery products. Hence, there is a need for cheap alternatives that may fully or partially replace these emulsifiers without impairing the beneficial properties of emulsifiers in bakery products.

Fats and shortenings are added to farinaceous products for a variety of purposes. Fats and shortenings lubricate a dough, thereby facilitating mixing properties of the dough and resulting in improved dough handling during molding and sheeting. Other purposes of using fats and shortenings in farinaceous products relate to improved taste, softening of the crumb of baked products and to improved shelf-life of baked products.

B.E. Brooker, *The Role of Fat in the Stabilisation of Gas Cells in Bread Dough*, *Journal of Cereal Science* 24 (1996), 187-188, describes the mechanism by which fat which remains solid at proofing temperature, improves loaf volume during baking of bread. Breads were prepared comprising either 1 wt. %, based on the weight of the flour, of commercial bakery shortening (Ambrex) having a slip melting point of 45°C, an experimental shortening consisting of a mixture of hardened palm oil and rapeseed oil in a ratio 1:4 having a slip melting point of 41°C, or soya oil. The authors observe that electron microscopy has shown

that during dough mixing by the Chorleywood Bread Process, fat crystals develop a crystal–water interface as they emerge from droplets of shortening and that they then adsorb to the gas–liquid interface of bubbles. In this process, the interface surrounding each crystal coalesces with the gas–liquid interface of the bubble. This adsorption process was not  
5 observed when triglyceride was added to doughs in the form of oil.

US 3,528,823 describes a fluid shortening consisting essentially of:

- a) from 0.1% to 4% by weight of at least one ester of a polyglycerol
- b) from 1% to 10% by weight of at least one normally solid triglyceride
- c) from 2% to 15% by weight of at least one ester of propylene glycol
- 10 d) the balance of said composition being essentially at least one edible normally liquid triglyceride;

said polyglycerol ester (a) and said normally solid triglyceride (b) being in the form of a stable suspension.

US 3,582,355 discloses a method for the preparation of a mixed product of flour and  
15 fat particles, the fat particles having a size of less than 50  $\mu\text{m}$ . In an example, flour material is blown into a chamber to form a dusty atmosphere of flour particles. Subsequently, a molten fatty material comprising 40 wt% stearyl tartrate, 40 wt% lecithin and 20 wt% refined and deodorized lard is sprayed into the atmosphere of flour particles. The temperature of the atmosphere in the chamber is maintained at a sufficiently low temperature to let the melted  
20 particles solidify into solid fat particles. Subsequently, the flour particles and fat particles are allowed to settle to form a mixed product. The mixed product is intended for use in bread.

WO 2002/100183 relates to micronized fat particles and their use in food products such as baked products. The micronized fat particles comprise fat ingredients and non-fat ingredients. The micronized particles have a mean weight diameter (MWD) of between 700  
25 and 4000  $\mu\text{m}$ .

WO 2004/037004 describes lipid-encapsulated functional bakery ingredients for use in the preparation of a dough. Example 3 describes the preparation of 4 doughs comprising 60 mg fat-coated amylase granules per 3000 g of wheat flour. These granules consist of 10 wt. % amylase and 90 wt. % lipid coating. The particle size of the granules is in the range of 200-  
30 400  $\mu\text{m}$ .

US 2005/0123667 describes oil/fat powders comprising 15 to 79.9 wt. % of a glyceride mixture containing 5 to 84.9 wt. % of triglycerides, 0.1 to 5 wt. % of monoglycerides, 15 to 94.9 wt. % of diglycerides, 20 to 84.9 wt. % of one or at least two powder forming bases selected from carbohydrates, proteins and peptides and 0.1 to 5 wt% of

water, wherein at least 50 wt. % of all the fatty acids are unsaturated fatty acids. It is mentioned that the oil/fat powders can be used in the preparation of bakery foods such as cookies, crackers, biscuits and short bread.

Application Examples 4 and 7 describe the preparation of biscuit from batter comprising 30 wt% of wheat flour and 20 wt% of oil/fat powder, based on dry weight. As can be deduced from tables 3, 4 and 5 the oil/fat powders contain substantial quantities of maltodextrin/dextrin. Furthermore, the oil/fat components employed either largely consist of diglycerides or of a liquid oil, i.e. rapeseed oil.

WO 2012/079955 describes a process for compacting a microporous fat powder in an extruder, said microporous fat powder having the following characteristics:

- a fat content of at least 50 wt.%;
- a solid fat content at 20°C (N<sub>20</sub>) of least 10 wt.%;
- a freely settled density in the range of 10 to 200 g/l, preferably in the range of 20 to 150 g/l; and
- a particle size distribution with at least 90 vol.% of the particles having a diameter in the range of 3 to 400 µm.

This international patent application describes the use of the compacted microporous fat powder as an oil structuring agent in spreads, kitchen margarines, bakery margarines, said use comprising mixing of the fat powder with a liquid oil.

It is an object of the invention to provide farinaceous products of high quality using no, or reduced quantities of emulsifier.

## SUMMARY OF THE INVENTION

The inventors have unexpectedly found that the aforementioned goal can be achieved by using a fat powder composed of very small fat particles in the preparation of the farinaceous product.

The method according to the invention comprises the preparation of a farinaceous mixture by mixing together the following ingredients:

- 100 parts by weight of a farinaceous component selected from flour, cereals, starch and combinations thereof;
- 0.01-10 parts by weight of fat particles in the form of powder, said fat particles containing at least 65 wt.% of triglycerides;
- at least 30 parts by weight of one or more aqueous ingredients to provide 10-50 % water by weight of the farinaceous mixture; and

- 0-100 parts by weight of one or more other ingredients;

wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50  $\mu\text{m}$ .

The inventors have found that the application of a fat powder containing these very fine fat particles has unexpected beneficial effects on farinaceous products. Said beneficial effects, which are similar to those that can be obtained by adding emulsifiers, include:

- improved dough handling;
- improved stabilization of gas bubbles during leavening, leading to increased product volume and finer structure, and;
- improved anti-staling products of baked products.

The fat powder can therefore be used as a partial or complete replacement for emulsifiers in farinaceous products such as, for example, bread.

The invention further provides particulate bakery ingredient mixes containing the aforementioned fat particles; one or more bulk ingredients selected from flour, polysaccharide, sugar, oil and combinations thereof, and one or more functional ingredients selected from enzymes, ascorbic acid, chemical leavening agent, baker's yeast, active lactic acid bacteria and combinations thereof.

Finally, the invention provides an uncooked farinaceous product comprising a farinaceous component selected from flour, starch and combinations thereof; water; the fat particles as defined herein before; and one or more other ingredients.

## **DETAILED DESCRIPTION OF THE INVENTION**

Accordingly, in a first aspect, the invention relates to a method of preparing a farinaceous product, said method comprising the preparation of a farinaceous mixture by mixing together the following ingredients:

- 100 parts by weight of a farinaceous component selected from flour, starch and combinations thereof;
- 0.01-10 parts by weight of fat particles in the form of powder, said fat particles containing at least 65 wt.% of triglycerides;
- at least 30 parts by weight of one or more aqueous ingredients to provide 10-50 % water by weight of the farinaceous mixture; and
- 0-100 parts by weight of one or more other ingredients;

wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50  $\mu\text{m}$ .

The term 'farinaceous product' as used herein refers to food products comprising flour, starch and combinations thereof as a main ingredient. The term 'farinaceous product' encompasses uncooked products such as dough or batter, as well as partially and fully cooked products that can be produced by, for instance, baking, frying, boiling, steaming and/or microwaving of dough or batter.

The term 'cereal' as used herein, refers to grains of grasses that are grown as a crop. Examples of cereals include wheat, rye, barley, oat, millet, rice and maize. The term 'cereal' also encompasses cereal bran, cereal flakes and crushed cereal grains (grit).

The term 'flour' as used herein, refers to a powder which is obtained by grinding cereal grains, beans, or other seeds.

The term 'starch' as used herein, unless indicated otherwise, refers to an industrially produced starch product that has been isolated from a plant source.

The term 'fat' as used herein, unless indicated otherwise, refers to lipids, notably lipids such as triglycerides, diglycerides, monoglycerides, phospholipids and combinations thereof.

The term 'fat particles' as used herein, unless indicated otherwise, refers to fat particles containing at least 65 wt.% of triglycerides.

The particle size distribution of the fat particles can suitably be determined by means of dry powder laser diffraction. Dry powder laser diffraction measurements use an air stream to disperse and carry the fat particles through the laser beam of a Laser Diffraction Particle Size Distribution Analyzer.

The particle size distribution can be measured with a laser diffraction/scattering particle size distribution analyzer Microtrac S3500 Laser Diffraction Systems (ex NIKKISO CO., LTD.). A sample feeding device for dry measurement, i.e., one-shot dry-type sample conditioner TurboTrac (ex NIKKISO CO., LTD.) is used to provide a homogeneous sample to the Microtrac analyzer.

Conditions under which the TurboTrac supplies a sample are as described below. A dust collector is used as a vacuum source applying a suction force of 450 W.

A 50% particle diameter ( $D_{50}$ ) as an accumulated value on a volume basis is determined, on the base of accumulating the incidences of particles within the fractions of two particle sizes. The width of the fractions is increased such that the 10-log of the ratio of the upper and lower size is 0.075. The control and the analysis are performed with the software (version 10.3.3-202D) provided with the equipment.

Measurement conditions are as follows: a SetZero time of 20 seconds, a measuring time of 20 seconds, and the number of times of measurement of once. The refractive index of a

particle is regarded as 1.45, the shape of the particle is regarded as a non-spherical shape, and a measurement upper limit and a measurement lower limit are set to 2000  $\mu\text{m}$  and 0.289  $\mu\text{m}$ , respectively. The measurement is performed in a normal-temperature, normal-humidity (23°C., 50% RH) environment.

5 Whenever reference is made to a percentage of the fat particles, unless indicated otherwise, this percentage refers to the volume weighted percentage.

Whenever reference is made to fat particles is should be understood that these particles may form loose agglomerates. Thus, when determining the diameter of individual fat particles within a fat powder, care should be taken to de-agglomerate the fat powder. This may be  
10 achieved by subjecting the fat powder to conditions of mild shear to break up the agglomerates (without damaging the principal fat particles) before determining the diameter of the fat particles.

Unless indicated otherwise, the verbs 'comprise', 'contain' and their conjugations are used in their non-limiting sense to mean that items following the word are included, without  
15 excluding items not specifically mentioned. In addition, reference to an element by the indefinite article 'a' or 'an' does not exclude the possibility that more than one of the element is present, unless the context clearly requires that there be one and only one of the elements. The indefinite article 'a' or 'an' thus usually means 'at least one'.

The flour that is employed in the present method is preferably selected from cereal  
20 flours from wheat, rye, barley, oat, maize, rice, ancient cereals such as emmer, einkorn and spelt, pseudo cereals like buckwheat, amaranth, quinoa and others, soy flour, so called whole meal flours and all combinations thereof. Preferably, the flour is selected from white and/or whole meal wheat flour, and combinations thereof.

The farinaceous component that is used in the present method preferably contains at  
25 least 60 wt.%, more preferably at least 90 wt.% and most preferably at least 95 wt.% flour.

The fat particles used in the present method are applied in the form of a fat powder, especially a fat powder that is free-flowing at 20°C.

The bulk density of the aforementioned fat powder typically is in the range of 0.01-0.5 g/ml, more preferably in the range of 0.02-0.3 g/ml. Bulk density as used herein refers to  
30 freely settled bulk density and is defined as the mass of a plurality of particles of the material divided by the total volume they occupy without compaction.

In a particularly preferred embodiment, the fat particles contain at least 70 wt.% of triglycerides, even more preferably at least 80 wt.% of triglycerides, most preferably at least 90 wt.% of triglycerides.

Triglycerides and diglycerides preferably represent the bulk of the fat particles of the present invention. Typically, the fat particles contain at least 90 wt.%, more preferably at least 93 wt.% and most preferably at least 95 wt.% of glycerides selected from triglycerides, diglycerides and combinations thereof.

5 In an advantageous embodiment of the present invention the fat particles have a solid fat content  $N_{25}$  of more than 30%, more preferably a solid fat content  $N_{25}$  of more than 60%, most preferably a solid fat content  $N_{25}$  of more than 80% .

The N-value  $N_t$  equals the solid fat content of a fat at a temperature of  $t$  °C as measured by means of ISO 8292 – Animal and vegetable fats and oils – Determination of  
10 solid fat content – Pulsed nuclear magnetic resonance method.

In another preferred embodiment of the present invention, the fat contained in the fat particles has a solid fat profile of:

- $N_{20} \geq 40\%$ ; preferably  $N_{20} \geq 70\%$ ; more preferably  $N_{20} \geq 85\%$ ;
- $N_{30} \geq 20\%$ ; preferably  $N_{30} \geq 40\%$ ; more preferably  $N_{30} \geq 70\%$ ;
- 15 •  $N_{40} \geq 5\%$ ; preferably  $N_{40} \geq 30\%$ ; more preferably  $N_{40} \geq 60\%$ .

According to a particularly preferred embodiment, the fat particles are completely made up of fat.

The fat particles of the present invention may contain small quantities of dispersed particles of non-lipophilic material. Preferably, the fat particles do not contain dispersed  
20 material. In other words, the fat particles are preferably monophasic fat particles.

In a preferred embodiment, at least 50 vol.% of the fat particles has a diameter less than 40  $\mu\text{m}$ . More preferably, at least 50 vol.% of said fat particles has diameter of less than 35  $\mu\text{m}$ , even more preferably at least 50 vol.% of the fat particles has a diameter in the range of 3-30  $\mu\text{m}$ . Most preferably, at least 50 vol.% of the fat particles has a diameter in the range  
25 of 5-25  $\mu\text{m}$ .

In another preferred embodiment at least 75 vol.% of the fat particles has a diameter less than 80  $\mu\text{m}$ . More preferably, at least 75 vol.% of said fat particles has a diameter less than 60  $\mu\text{m}$ , most preferably a diameter in the range of 1-50  $\mu\text{m}$ .

The use of fat particles having a very small diameter offers the advantage vis-à-vis  
30 larger particles that the same concentration of fat particles can be achieved in the farinaceous mixture using much smaller quantities. Although the inventors do not wish to be bound by theory it is believed that the benefits provided by the fat particles in accordance with the present invention are more dependent on the number of fat particles per volume of farinaceous mixture than on the total mass of fat particles per volume of farinaceous mixture.

In another preferred embodiment, the fat particles have a volume-weighted average diameter of less than 50  $\mu\text{m}$ , more preferably in the range of 5-40  $\mu\text{m}$  and most preferably of in the range 7-30  $\mu\text{m}$ .

5 Particularly good results can be achieved by the present method if the fat particles are applied in an amount of 0.02-2 % by weight, more preferably 0.05-1.5 % by weight and most preferably 0.1-0.5 % by weight of the farinaceous component.

10 Expressed differently, the fat particles are advantageously employed in an amount of 0.01-1.5% by weight of the farinaceous mixture. More preferably, the fat particles are employed in an amount of 0.02-0.8%, most preferably 0.06-0.3 % by weight of the farinaceous mixture.

The fat content of the farinaceous mixture that is produced in the present method typically lies in the range of 0.02-30 wt.%, more preferably of 0.05-25 wt.% and most preferably of 0.1-5 wt.%.

15 The fat particles according to the present invention advantageously comprises a high melting fat component. High-melting fats may be prepared by hydrogenating (hardening) a vegetable oil or by fractionating the oil into a high melting fraction (stearin) and a low melting fraction (olein). An undesirable side-effect of partial hydrogenation is the formation of substantial levels of trans-unsaturated fatty acids. Trans-unsaturated fatty acids, unlike the naturally occurring cis-unsaturated fatty acids, have been associated with health risks.  
20 Accordingly, the fat particles according to the present invention advantageously do not comprise partially hydrogenated vegetable oils. In another preferred embodiment, the fat particles comprise less than 3 wt. %, more preferably less than 2 wt. %, even more preferably less than 1 wt. % of trans-fatty acids based on the total amount of fatty acids present in the fat particles.

25 As explained herein before, the fat particles of the present invention provide beneficial properties to farinaceous products, similar to those achieved by emulsifiers. Hence, the use of the fat particles allows for a reduction or even the complete removal of emulsifier without impairing the required properties of farinaceous products. Accordingly, in a preferred embodiment, the fat particles contain less than 20 wt.%, more preferably less than 10 wt.% of  
30 emulsifier selected from diacetyl tartaric acid ester of mono- and diglycerides (DATEM), citric acid ester of mono- and diglycerides (CITREM), lactic acid ester mono- and diglycerides (LACTEM), acetic acid ester of mono- and diglycerides (ACETEM), calcium stearoyl-2-lactylate (CSL), sodium stearoyl-2-lactylate (SSL) and combinations thereof. Most preferably, the fat particles do not contain the aforementioned emulsifier.

It is noted that the fat particles of the present invention will usually contain small amounts of mono- and diglycerides as these glycerides are naturally present in refined vegetable oils.

The present method preferably employs one or more aqueous ingredients to provide  
5 50-100 % water, more preferably 55-75 % water and most preferably 60-70% water by weight of the farinaceous component. Examples of aqueous ingredients that may be used include water, milk and aqueous solutions or emulsions containing dissolved or dispersed bakery ingredients.

The aqueous ingredients employed in the present method typically contain at least 60  
10 wt.% water. More preferably, the aqueous ingredients contain at least 75 wt.% and most preferably at least 80 wt.% water. Milk is an example of aqueous liquid that may be employed in the present method.

In a preferred embodiment of the present method the fat particles are mixed with the farinaceous component before the one or more aqueous ingredients are introduced. By first  
15 dry mixing the fat particles and farinaceous component it can be ensured that the fat particles will be homogeneously dispersed throughout the farinaceous mixtures when the one or more aqueous ingredients are admixed.

The farinaceous mixture used to prepare the farinaceous product may comprise 0-70 parts by weight, preferably 5-50 parts by weight, of one or more other ingredients, i.e.  
20 ingredients other than flour, starch, fat particles or aqueous ingredients. Examples of these one or more other ingredients include leavening agents, salt, sugars, enzymes, oxidants (e.g. ascorbic acid), hydrocolloids, emulsifiers and combinations thereof.

In a preferred embodiment, the one or more other ingredients of the farinaceous mixture prepared in the method according to the invention comprise a leavening agent.  
25 Leavening agents in the context of the present invention encompass baker's yeast (*Saccharomyces cerevisiae*) and chemical leavening agents, such as baking powder.

In another preferred embodiment, the one or more other ingredients of the farinaceous mixture prepared in the method according to the invention comprise one or more enzymes. Enzymes that may advantageously be added to the farinaceous products according to the  
30 invention are selected from the group consisting of alpha-amylases, maltogenic amylases, G4 amylases, amyloglucosidases, oxidases (e.g. glucose oxidase), hemicellulases (xylanases), lipases, proteolytic enzymes and combinations thereof. The choice of a suitable enzyme is specific to the function to be fulfilled and to the intended product and is within the skills of a skilled baker.

Examples of emulsifiers that can be added to the farinaceous mixture include mono- and diglycerides, lecithin, DATEM, CITREM, LACTEM, ACETEM, CSL and SSL. The emulsifier employed is preferably selected from the group consisting of mono- and diglycerides, DATEM, SSL, CSL, lecithin and combinations thereof.

5 The fat particles of the present invention can be used to partially or completely replace emulsifier that is used in the preparation of farinaceous products without impairing the required properties of farinaceous products. In a preferred embodiment of the present method, emulsifier is added to the farinaceous mixture in a concentration of 0-100%, more preferably 0-50% by weight of the fat particles. Most preferably, no emulsifier is added to the  
10 farinaceous mixture.

In still another preferred embodiment, the farinaceous mixture does not comprise an emulsifier selected from the group consisting of DATEM, CITREM, LACTEM, ACETEM, polysorbate, SSL, CSL, succinylated monoglyceride, sucrose esters of fatty acids, polyoxyethylene sorbitan esters, polyglycerol polyricinoleate, polyglycerol esters of fatty  
15 acids, propane-1,2-diol esters of fatty acids and sorbitan esters of fatty acids.

The farinaceous mixture obtained in the present method preferably is a dough or a batter, most preferably a dough. The preparation of a farinaceous mixture in the form of a dough preferably includes kneading of the dough.

As indicated herein before, the one or more other ingredients of the farinaceous  
20 mixture prepared in the method according to the invention preferably comprise a leavening agent. Hence, in an advantageous embodiment, the method of the invention further comprises a step of leavening the farinaceous mixture to produce a leavened (uncooked) farinaceous mixture. In a preferred embodiment, the step of leavening the farinaceous mixture results in a leavened farinaceous mixture having a specific volume of at least 1.2 ml/g, more preferably of  
25 1.4-3 ml/g and most preferably of 1.5-2.8 ml/g.

In a particularly preferred embodiment of the present method the farinaceous mixture is cooked by baking, frying or boiling the farinaceous mixture. The cooking of the farinaceous mixture occurs after the optional kneading and proofing of the farinaceous mixture. Most preferably, the farinaceous mixture is cooked by means of baking.

30 Examples of cooked farinaceous products that may suitably be prepared by the present method include bread, pizza, cake, doughnuts, Berliner, muffins, pastry, croissants, brioches, pannetones, pies, tarts, quiches, cookies, scones, crackers, pretzels, rusk and tortillas. More preferably, the present method is employed to prepare bread, cake or pastry. Most preferably the method is used to prepare bread.

In a second aspect, the invention provides a particulate bakery ingredient mix comprising:

- 0.5-50 wt.% of fat particles containing at least 65 wt.% of;
- 60-98 wt.% of one or more bulk ingredients selected from flour, polysaccharide, sugar, oil and combinations thereof; and
- 0.2-39 wt.% of one or more functional ingredients selected from enzymes, ascorbic acid, chemical leavening agent, baker's yeast, active lactic acid bacteria and combinations thereof;

wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50  $\mu\text{m}$ ; and wherein the combination of fat particles, the one or more bulk ingredients and the one or more functional ingredients represents at least 60 wt.%, preferably at least 80 wt.% and most preferably at least 90 wt.% of the bakery ingredient mix.

The term 'sugar' as used herein refers to monosaccharides, disaccharides and combinations thereof.

The term 'polysaccharide' as used herein refers to polymeric carbohydrate molecules composed of long chains of monosaccharide units bound together by glycosidic linkages.

The term 'oil' in the context of the present invention refers to a fat that is liquid at 20°C.

In a preferred embodiment, the bakery ingredient mix comprises one or more enzymes. Preferred enzymes are as defined herein before.

In a preferred embodiment, the particulate bakery ingredient mix contains 70-97 wt.% and most preferably 90-96 wt.% of the one or more bulk ingredients selected from flour, polysaccharide, sugar, and combinations thereof. The particulate bakery ingredient mix preferably has free-flowing properties at ambient temperature to facilitate processing. The amount of the fat particles in the particulate bakery ingredient mix preferably is in the range of 0.2-40 wt.%, more preferably of 1-30 wt.% and most preferably of 2-10 wt.%.

In a third aspect, the invention provides an uncooked farinaceous product comprising:

- 40-70 wt.% of a farinaceous component selected from flour, starch and combinations thereof;
- 10-50 wt.% water;
- 0.01-5 wt.% fat particles containing at least 65 wt.% of triglycerides; and
- 0-48 wt.% of one or more other ingredients;

wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50  $\mu\text{m}$  and wherein the uncooked farinaceous product is obtained by a method of preparing a farinaceous product as defined herein before.

In a preferred embodiment according to the invention, the farinaceous product is an uncooked dough, even more preferably a leavened uncooked dough.

The farinaceous product of the present invention may suitably be distributed in frozen form. Accordingly, in a preferred embodiment the farinaceous product is frozen product.

In a further aspect, the invention relates to the use of fat particles in the form of a fat powder as an emulsifier in the preparation of a farinaceous product, wherein the fat particles contain at least 65 wt.%; and wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50  $\mu\text{m}$ .

In a preferred embodiment, the fat particles are used as an emulsifier in a farinaceous product in a concentration of 0.03 to 2%, more preferably of 0.05 to 1.5% and most preferably of 0.1 to 0.5% by weight of the farinaceous product.

The farinaceous product in which the fat particles are applied in accordance with the aforementioned use preferably is a dough, more preferably a leavened dough and most preferably a leavened bread dough.

In a fourth aspect, the invention provides a process of preparing a bakery ingredient mix in the form of a paste or a pourable liquid, said process comprising combining:

- 1-50 wt.% of fat particles in the form of fat powder, said fat particles containing at least 65 wt.% of triglycerides;
- 40-98 wt.% of one or more bulk ingredients selected from flour, polysaccharide, sugar, oil and combinations thereof, including 30-96% oil by weight of the bakery ingredient mix ; and
- 0.2-50 wt.% of one or more functional ingredients selected from enzymes, ascorbic acid, chemical leavening agent, baker's yeast, active lactic acid bacteria and combinations thereof;

wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50  $\mu\text{m}$ ; and wherein the combination of fat powder, the one or more bulk ingredients and the one or more functional ingredients represents at least 60 wt.% of the bakery ingredient mix.

In one preferred embodiment, the aforementioned method is used to prepare a bakery ingredient mix in the form of a scoopable paste containing 10-70 wt.%, more preferably 20-60 wt.% and most preferably 30-50 wt.% of fat particles.

In another preferred embodiment the method is used to prepare a bakery ingredient mix in the form of a pumpable oil based liquid. The amount of fat particles contained in the pumpable bakery ingredient mix preferably lies in the range of 1-40 wt.%, more preferably in the range of 1.5-30 wt.% and most preferably in the range of 2-10 wt.%.

- 5 The following examples are meant to further illustrate the invention and some of its preferred embodiments without intending to limit its scope.

## EXAMPLES

### 10 Example 1

Micronised fat was prepared from flakes having the following specification.

Type of fat	Double fractionated palm stearin
Iodine value	12
Saturated fatty acids	88%
Monounsaturated fatty acids	10%
Polyunsaturated fatty acids	2%
Melting point	62°C
N <sub>20</sub>	94%
N <sub>30</sub>	89%
N <sub>35</sub>	84%
N <sub>40</sub>	78%

- 15 The fat flakes were melted in an oven (80°C) and the melted fat was inserted, after having dispersed 1% of water throughout the molten fat, into a high pressure autoclave equipped with an automatic stirrer. Pressurized CO<sub>2</sub> was introduced into the autoclave (see Figure 1) to a pressure of 300 bar and 55°C. The system was kept under the designated conditions for 10 minutes under continuous mixing. Then the material was sprayed over a nozzle into a which was pre-cooled by injecting liquid CO<sub>2</sub> that expanded and cooled down as a consequence,  
 20 cooling down the vessel. During the spraying, CO<sub>2</sub> was continuously fed into the autoclave to maintain constant spraying conditions. After 3minutes spraying was stopped and the micronized fat powder was removed from the drum.

Bulk density of the micronized fat powder was 76 g/L.

The particle size distribution of the fat particles in the micronized fat was analysed by Powder Laser Diffraction Technology (Microtrac). The powder had the following particle size distribution:

- 95% volume < 45  $\mu\text{m}$
  - 5 • 90% volume < 40  $\mu\text{m}$
  - 85% volume < 30  $\mu\text{m}$
  - 65% volume < 20  $\mu\text{m}$
  - 30% volume < 10  $\mu\text{m}$
- 10 The volume weighed mean particle size was 15  $\mu\text{m}$ . The distribution was trimodal having maxima at 4  $\mu\text{m}$ , 22  $\mu\text{m}$  and 105  $\mu\text{m}$ . (SEM analysis showed that larger particles, e.g. 80  $\mu\text{m}$ , were generally agglomerates of smaller particles).

### Example 2

- 15 Crusty bread rolls were prepared on the basis of the recipes shown in Table 1 (concentrations in baker's percentage).

Table 1

	Product A	Product B	Product C	Control
Standard German flour T550	100%	100%	100%	100%
Water	58%	58%	58%	58%
Cream yeast	3.5%	3.5%	3.5%	3.5%
Bread improver <sup>1</sup>	3.5%	3.5%	3.5%	3.5%
DATEM	0.4%			
Fat (non-micronised) <sup>2</sup>		0.4%		
Micronised fat <sup>3</sup>			0.4%	

<sup>1</sup> Bread improver did not contain emulsifier

- 20 <sup>2</sup> Fat flakes used in the preparation of the micronized fat in Example 1

<sup>3</sup> Micronised fat described in Example 1

- The bread dough was prepared by kneading the dough in a conventional spiral mixer at 2 minutes slow and 6 minutes fast speed, followed by resting for 5 minutes. Next, the dough
- 25 was fed to an automatic line (dough extruder Fortuna KM, shaping/cutting Kövy KA/S) where the dough pieces were scaled to 60 g, rounded and rolled, cut and then placed on a tray with textile cover with the cut on the bottom side. The trays were put into a retarder, where the following temperature regime was applied: 5°C for 5 hours at 70% relative humidity (RH), 15°C for 5 hours at 90% RH and 5°C for 3 hours at 80% RH. The dough pieces were

taken out of the retarder, turned around, proofed at 25 °C and 85% RH for 60 or 75 minutes, put on a tray and baked in the oven at 230°C for 18 minutes with steam.

The doughs were evaluated by expert bakers for firmness, elasticity, extensibility and stickiness. Using a scoring scale from -5 till +5, wherein 0 represented the score obtained for the control product. Furthermore, the specific volume of the doughs was determined after 60 minutes and 75 minutes of proofing. The results of these evaluations are shown in Table 2.

Table 2

	Firmness	Elasticity	Extensibility	Stickiness	SV% after 60 min.	SV% after 75 min.
Control	0	0	0	0	100	100
Product A	+2	+2	-1	+2	119	122
Product B	0	0	0	0	102	101
Product C	+2	+1	+1	+1	116	119

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From Table 2 it is clear that addition of 0.4% non-micronised fat (Product B) had no impact on dough properties and specific volume. Addition of 0.4% DATEM (Product A) clearly improved dough properties and specific volume. A similar improvement was realized by the addition of 0.4% micronised fat (Product C).

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### Example 2

Tin bread was prepared on the basis of the recipes shown in Table 3 (concentrations in baker's percentage).

20 Table 3

	Product A	Product B	Product C	Control
Standard German flour T550	100%	100%	100%	100%
Water	58%	58%	58%	58%
Cream yeast	4%	4%	4%	4%
Bread improver <sup>1</sup>	1%	1%	1%	1%
DATEM	0.3%			
Fat (non-micronised) <sup>2</sup>		0.3%		
Micronised fat <sup>3</sup>			0.3%	

<sup>1</sup> Bread improver did not contain emulsifier

<sup>2</sup> Fat flakes used in the preparation of the micronized fat in Example 1  
<sup>3</sup> Micronised fat described in Example 1

The bread dough was prepared by kneading the dough in a conventional spiral mixer at 2 minutes slow and 5 minutes fast speed, followed by resting for 5 minutes. After dough rest the dough was moulded, and placed in a baking tin. Subsequently, the doughs were proofed for 45 minutes or 65 minutes at 33 °C at 85% RH. The doughs were baked in an oven with steam at 240°C for 35 minutes.

The doughs were evaluated by expert bakers for firmness, elasticity, extensibility and stickiness, using a scoring scale from -5 till +5, wherein 0 represented the score obtained for a control product. Furthermore, the specific volume of the doughs was determined after 60 minutes and 75 minutes of proofing. The results of these evaluations are shown in Table 4.

Table 4

	Firmness	Elasticity	Extensibility	Stickiness	SV% after 60 min.	SV% after 75 min.
Control	0	0	0	0	100	100
Product A	+2	+2	-1	+2	109	116
Product B	0	0	0	0	99	101
Product C	+2	+1	+1	+1	107	114

From Table 4 it is clear that addition of 0.4% non-micronised fat (Product B) had no impact on dough properties and specific volume. Addition of 0.4% DATEM (Product A) clearly improved dough properties and loaf volume. A similar improvement was realized by the addition of 0.4% micronised fat (Product C).

**CLAIMS**

1. A method of preparing a farinaceous product, said method comprising the preparation of a farinaceous mixture by mixing together the following ingredients:
  - 5 • 100 parts by weight of a farinaceous component selected from flour, cereals, starch and combinations thereof;
  - 0.05-1.5 parts by weight of fat particles in the form of powder with a bulk density in the range of 0.02-0.5 g/ml, said fat particles containing at least 65 wt.% of triglycerides;
  - at least 30 parts by weight of one or more aqueous ingredients to provide 10-50% water  
10 by weight of the farinaceous mixture; and
  - 0-100 parts by weight of one or more other ingredients;wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50  $\mu\text{m}$  as determined by means of dry powder laser diffraction.
- 15 2. Method according to claim 1, wherein the fat contained in the fat particles has a solid fat content at 25 °C of more than 30%.
3. Method according to claim 1, wherein the fat contained in the fat particles has a solid fat content at 25 °C of more than 60%.
- 20 4. Method according to claim 1 or 2, wherein at least 75 vol.% of the fat particles has a diameter less than 80  $\mu\text{m}$ .
5. Method according to any one of the claims 1-4, wherein the fat particles contain at least 90  
25 wt.% of glycerides selected from triglycerides, diglycerides and combinations thereof.
6. Method according to any one of the claims 1-5, wherein the fat particles have a volume weighted average diameter of less than 50  $\mu\text{m}$ .
- 30 7. Method according to any one of the claims 1-6, wherein the one or more other ingredients include a leavening agent.

8. Method according to claim 7, wherein the method comprises leavening of the farinaceous mixture to produce a leavened farinaceous mixture having a specific volume of at least 2 ml/g.
- 5 9. Method according to any one of the claims 1-8, wherein the method comprises baking of the farinaceous mixture.
10. Method according to claim 9, wherein the baking of the farinaceous mixture produces a farinaceous product selected from bread, pizza, cakes, pastries, croissants, brioches, pannetones, pies, tarts, doughnuts, Berliner, muffins, quiches, cookies, scones, crackers, pretzels, rusk and tortillas.
- 10 11. A particulate bakery ingredient mix comprising:
- at least 1 wt.% of fat particles containing at least 65 wt.% of triglycerides;
  - 15 • 60-98 wt.% of one or more bulk ingredients selected from flour, polysaccharide, sugar, oil and combinations thereof; and
  - 0.2-39 wt.% of one or more functional ingredients selected from enzymes, ascorbic acid, chemical leavening agent, baker's yeast, active lactic acid bacteria and combinations thereof;
- 20 wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50  $\mu\text{m}$  as determined by means of dry powder laser diffraction.
12. Bakery ingredient mix according to claim 11, wherein the fat particles are in the form of fat powder with a bulk density in the range of 0.02-0.5 g/mL.
- 25 13. Bakery ingredient mix according to claim 11, wherein the ingredient mix contains 79-97 wt.% of the one or more bulk ingredients.
14. An uncooked farinaceous product comprising:
- 30 • 40-70 wt.% of a farinaceous component selected from flour, starch and combinations thereof;
  - 10-50 wt.% water;
  - 0.05-1.5 wt.% fat particles containing at least 65 wt.% of triglycerides; and

- 0-48 wt.% of one or more other ingredients;

wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50  $\mu\text{m}$  as determined by means of dry powder laser diffraction and wherein the uncooked farinaceous product is obtained by a method according to any one of claims 1-9.

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15. Farinaceous product according claim 14, wherein the farinaceous product is a dough.

16. A process of preparing a bakery ingredient mix in the form of a paste or a pourable liquid, said process comprising combining:

- 10 • 1-50 wt.% of fat particles in the form of fat powder with a bulk density in the range of 0.02-0.5 g/ml, said fat particles containing at least 65 wt.% of triglycerides;
- 40-98 wt.% of one or more bulk ingredients selected from flour, polysaccharide, sugar, oil and combinations thereof, including 30-96% oil by weight of the bakery ingredient mix; and
- 15 • 0.2-50 wt.% of one or more functional ingredients selected from enzymes, ascorbic acid, chemical leavening agent, baker's yeast, active lactic acid bacteria and combinations thereof;

wherein at least 50 vol.% of the fat particles has a diameter in the range of 1-50  $\mu\text{m}$  as determined by means of dry powder laser diffraction; and wherein the combination of fat  
20 powder, the one or more bulk ingredients and the one or more functional ingredients represents at least 60 wt.% of the bakery ingredient mix.

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