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(54) Title: QUANTITATIVE PROFILING OF PROGESTERONE METABOLITES FOR THE PREDICTION OF SPONTANEOUS PRETERM DELIVERY

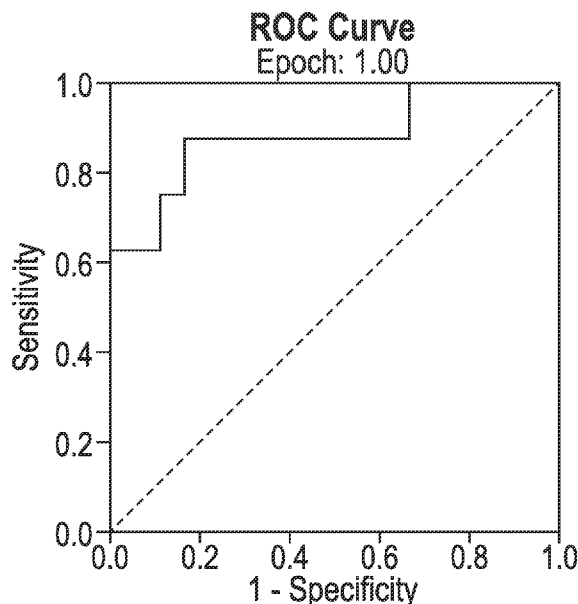


FIG. 2A

(57) Abstract: Disclosed are methods for identifying a pregnant female who is susceptible to spontaneous preterm delivery. In particular, disclosed are methods for identifying a pregnant female who is susceptible to spontaneous preterm delivery based on ratios of steroids in samples obtained from the pregnant female.



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QUANTITATIVE PROFILING OF PROGESTERONE METABOLITES FOR THE  
PREDICTION OF SPONTANEOUS PRETERM DELIVERY

CROSS-REFERENCE TO RELATED APPLICATION

[0001] This application claims priority from U.S. Patent Application Serial No. 62/332,174, filed May 5, 2016, which is incorporated herein by reference in its entirety.

BACKGROUND OF THE DISCLOSURE

[0001] The present disclosure relates generally to the risk assessment of preterm delivery in a pregnant female. More particularly, the present disclosure relates to the prediction of spontaneous preterm delivery in a pregnant female using ratios of endogenous steroids in samples obtained from a pregnant female.

[0002] Preterm birth is a major public health problem, leading to lifelong morbidities in premature newborns and high expenditures for health care systems and insurance companies. Each year, an estimated 15 million babies are born preterm (before 37 weeks gestation) according to the World Health Organization. Globally, preterm birth is the leading cause of newborn deaths (babies in the first four weeks of life) and the second leading cause of death in children under five years. Complications arising from preterm birth include acute respiratory, gastrointestinal, immunologic, central nervous system, hearing, and vision problems, as well as longer-term motor, cognitive, visual, hearing, behavioral, social-emotional, health, and growth problems. Many survivors face a lifetime of disability, including learning disabilities and visual and hearing problems.

[0003] If a pregnant woman is determined to be at risk for preterm birth, health care providers can implement various clinical strategies that may include surgical procedures such as cervical cerclage and cervical pessaries, preventive medications, restrictions on sexual activity and/or other physical activities, and alterations of treatments for chronic conditions that increase the risk of preterm labor.

[0004] Women identified as high-risk can be scheduled for more intensive surveillance and interventions. Very few technologies exist to identify women at risk for preterm birth who could benefit from additional interventions. The tools that are currently available have limited sensitivity/specificity or identify molecular changes associated with preterm labor without

offering any interventions to mitigate this process. Current strategies for risk assessment are based on the obstetric and medical history and clinical examination, but these strategies are only able to identify a small percentage of women who are at risk for preterm delivery. Clinically available tools for risk assessment are available in the mid-second trimester, after the period of maximal benefit from interventions. Reliable early identification of risk for preterm birth would allow for appropriate monitoring and clinical management to prevent preterm delivery.

[0005] Accordingly, there exists a need for alternative tools for assessing risk factors in the occurrence of spontaneous preterm delivery.

#### BRIEF DESCRIPTION OF THE DISCLOSURE

[0006] The present disclosure is generally directed to methods for identifying whether a pregnant female is susceptible to spontaneous preterm delivery. More particularly, the present disclosure is directed to methods for identifying whether a pregnant female is susceptible to spontaneous preterm delivery based on ratios of DOC/16 $\alpha$ OHP and ratios of DOC/11-deoxycortisol.

[0007] In one aspect, the present disclosure is directed to a method for identifying a pregnant female who is susceptible to spontaneous preterm delivery, the method comprising: obtaining a sample from the pregnant female; determining a concentration of a first steroid; determining a concentration of at least one additional steroid; calculating a ratio of the first steroid and at least one additional steroid; and identifying the pregnant female as being susceptible to spontaneous preterm delivery when the ratio in the sample is reduced below a threshold value.

[0008] In one aspect, the present disclosure is directed to a method for identifying a pregnant female who is susceptible to spontaneous preterm delivery, the method comprising: obtaining a sample from the pregnant female; determining a concentration of deoxycorticosterone (DOC); determining a concentration of 16 $\alpha$ -hydroxyprogesterone (16 $\alpha$ OHP); calculating a ratio of DOC/16 $\alpha$ OHP; and identifying the pregnant female as being susceptible to spontaneous preterm delivery when the DOC/16 $\alpha$ OHP ratio in the sample is reduced below a threshold value.

[0009] In another aspect, the present disclosure is directed to a method for identifying a pregnant female who is susceptible to spontaneous preterm delivery, the method comprising:

obtaining a sample from the pregnant female; determining a concentration of deoxycorticosterone (DOC); determining a concentration of 11-deoxycortisol; calculating a ratio of DOC/11-deoxycortisol; and identifying the pregnant female as being susceptible to spontaneous preterm delivery when the DOC/11-deoxycortisol ratio in the sample is reduced below a threshold value.

[0010] In accordance with the present disclosure, methods have been discovered that surprisingly allow for identifying a pregnant female who is susceptible to spontaneous preterm delivery. Significantly, the methods of the present disclosure allow for determining whether a pregnant female is susceptible to having a spontaneous preterm delivery based on samples obtained weeks, and even months, prior to delivery. The methods of the present disclosure significantly allow for the identification of a pregnant female as being susceptible for spontaneous preterm birth allowing for appropriate monitoring and clinical management to prevent spontaneous preterm delivery.

#### BRIEF DESCRIPTION OF THE DRAWINGS

[0011] The disclosure will be better understood, and features, aspects and advantages other than those set forth above will become apparent when consideration is given to the following detailed description thereof. Such detailed description makes reference to the following drawings, wherein:

[0012] FIG. 1 is a flowchart of the metabolism of progesterone. Briefly, progesterone is metabolized into several derivatives, including 16 $\alpha$ -hydroxyprogesterone (16 $\alpha$ -OHP), deoxycorticosterone (DOC), and 11-deoxycortisone.

[0013] FIGS. 2A and 2B are ROC graphs depicting the DOC/16 $\alpha$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 30 weeks in Epoch 1 and Epoch 2.

[0014] FIGS. 3A and 3B are ROC graphs depicting the DOC/16 $\alpha$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 32 weeks in Epoch 1 and Epoch 2.

[0015] FIGS. 4A and 4B are ROC graphs depicting the DOC/16 $\alpha$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 34 weeks in Epoch 1 and Epoch 2.

[0016] FIGS. 5A and 5B are ROC graphs depicting the DOC/6 $\beta$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 32 weeks and less than 34 weeks in Epoch 2.

[0017] FIGS. 6A and 6B are ROC graphs depicting the DOC/11-deoxycortisol ratio and spontaneous preterm birth (sPTB) at less than 30 weeks and less than 32 weeks in Epoch 2.

[0018] FIGS. 7A and 7B are ROC graphs depicting the DOC/(16 $\alpha$ -OHP + 6 $\beta$ -OHP) and spontaneous preterm birth (sPTB) at less than 30 weeks in Epoch 1 and Epoch 2.

[0019] FIGS. 8A and 8B are ROC graphs depicting the DOC/(16 $\alpha$ -OHP + 6 $\beta$ -OHP) and spontaneous preterm birth (sPTB) at less than 32 weeks in Epoch 1 and Epoch 2.

[0020] FIGS. 9A and 9B are ROC graphs depicting the DOC/(16 $\alpha$ -OHP + 6 $\beta$ -OHP) and spontaneous preterm birth (sPTB) at less than 34 weeks in Epoch 1 and Epoch 2.

[0021] While the disclosure is susceptible to various modifications and alternative forms, specific embodiments thereof have been shown by way of example in the drawings and are herein described below in detail. It should be understood, however, that the description of specific embodiments is not intended to limit the disclosure to cover all modifications, equivalents and alternatives falling within the spirit and scope of the disclosure as defined by the appended claims.

#### DETAILED DESCRIPTION OF THE DISCLOSURE

[0022] Unless defined otherwise, all technical and scientific terms used herein have the same meaning as commonly understood by one of ordinary skill in the art to which the disclosure belongs. Although any methods and materials similar to or equivalent to those described herein can be used in the practice or testing of the present disclosure, the preferred methods and materials are described below.

[0023] As used in this application, including the appended claims, the singular forms "a," "an," and "the" include plural references, unless the content clearly dictates otherwise, and are used interchangeably with "at least one" and "one or more."

[0024] As used herein, "spontaneous preterm delivery" and "spontaneous preterm birth" are used interchangeably herein to refer to delivery or birth at a gestational age less than 37 completed weeks. Other commonly used subcategories of spontaneous preterm birth delineate moderately preterm (birth at 33 to 37 weeks of gestation), very preterm (birth at less than 33 weeks of gestation), and extremely preterm (birth at less than 28 weeks of gestation).

[0025] A number of methods can be used to determine the amount of a biomarker, including mass spectrometry approaches, such as MS/MS, LC-MS/MS, multiple reaction monitoring (MRM) or SRM and product-ion monitoring (PIM) and also including antibody based methods such as immunoassays such as Western blots, enzyme-linked immunosorbant assay (ELISA), immunoprecipitation, immunohistochemistry, immunofluorescence, radioimmunoassay, dot blotting, and FACS.

[0026] A detectable label can be used in the assays described herein for direct or indirect detection of the biomarkers in the methods of the invention. A wide variety of detectable labels can be used, with the choice of label depending on the sensitivity required, ease of conjugation with the antibody, stability requirements, and available instrumentation and disposal provisions. Those skilled in the art are familiar with selection of a suitable detectable label based on the assay detection of the biomarkers in the methods of the invention. Suitable detectable labels include, but are not limited to, fluorescent dyes (e.g., fluorescein, fluorescein isothiocyanate (FITC), Oregon Green™, rhodamine, Texas red, tetrahydroxymethyl rhodamine isothiocyanate (TRITC), Cy3, Cy5, etc.), fluorescent markers (e.g., green fluorescent protein (GFP), phycoerythrin, etc.), enzymes (e.g., luciferase, horseradish peroxidase, alkaline phosphatase, etc.), nanoparticles, biotin, digoxigenin, metals, and the like.

[0027] The predictive ability of a model can be evaluated according to its ability to provide a quality metric, e.g. AUROC (area under the ROC curve) or accuracy, of a particular value, or range of values. Area under the curve measures are useful for comparing the accuracy of a classifier across the complete data range.

[0028] Classifiers with a greater AUC have a greater capacity to classify unknowns correctly between two groups of interest. In some embodiments, a desired quality threshold is a predictive model that will classify a sample with an accuracy of at least about 0.5, at least about 0.55, at least about 0.6, at least about 0.7, at least about 0.75, at least about 0.8, at least about 0.85, at least about 0.9, at least about 0.95, or higher. As an alternative measure, a desired quality threshold can refer to a predictive model that will classify a sample with an AUC of at least about 0.7, at least about 0.75, at least about 0.8, at least about 0.85, at least about 0.9, or higher.

[0029] The term “measurement” preferably comprises a qualitative, semi-qualitative or a quantitative measurement of ratios of steroids selected from progesterone, 16 $\alpha$ -hydroxyprogesterone, 6 $\beta$ -hydroxyprogesterone, 6 $\alpha$ -hydroxyprogesterone, 17-

hydroxyprogesterone, 11-deoxycortisol, cortisol, 11-deoxycorticosterone, 17-deoxycortisol, androstenedione, testosterone, estradiol, 20 $\alpha$ -dihydroprogesterone, 17 $\alpha$ ,20 $\alpha$ -dihydroxyprogesterone, and isopregnanolone in a sample. In a preferred embodiment the measurement is a semi-quantitative measurement, i.e., it is determined whether the ratios of steroids selected from progesterone, 16 $\alpha$ -hydroxyprogesterone, 6 $\beta$ -hydroxyprogesterone, 6 $\alpha$ -hydroxyprogesterone, 17-hydroxyprogesterone, 11-deoxycortisol, cortisol, 11-deoxycorticosterone, 17-deoxycortisol, androstenedione, testosterone, estradiol, 20 $\alpha$ -dihydroprogesterone, 17 $\alpha$ ,20 $\alpha$ -dihydroxyprogesterone, isopregnanolone are above or below a cut-off (threshold) value. As the skilled artisan will appreciate, in a Yes-(presence) or No-(absence) assay, the assay sensitivity is usually set to match the cut-off value. A cut-off value can for example be determined from the testing of a group of healthy individuals. Preferably the cut-off is set to result in a specificity of 90%, also preferred the cut-off is set to result in a specificity of 95%, or also preferred the cut-off is set to result in a specificity of 98%. A value below the cut-off value can for example be indicative for spontaneous preterm delivery. In particular, a value below the cut-off value can for example be indicative for spontaneous preterm delivery at less than 37 weeks gestation. In particular, a value below the cut-off value can for example be indicative for spontaneous preterm delivery at less than 34 weeks gestation. In particular, a value below the cut-off value can for example be indicative for spontaneous preterm delivery at less than 32 weeks gestation. In particular, a value below the cut-off value can for example be indicative for spontaneous preterm delivery at less than 30 weeks gestation. Alternatively, a value above the cut-off value can for example be indicative for less susceptibility to spontaneous preterm delivery. In particular, a value above the cut-off value can for example be indicative for less susceptibility to spontaneous preterm delivery at less than 37 weeks gestation. In particular, a value above the cut-off value can for example be indicative for less susceptibility to spontaneous preterm delivery at less than 34 weeks gestation. In particular, a value above the cut-off value can for example be indicative for less susceptibility to spontaneous preterm delivery at less than 32 weeks gestation. In particular, a value above the cut-off value can for example be indicative for less susceptibility to spontaneous preterm delivery at less than 30 weeks gestation.

[0030] In another preferred embodiment, the cut-off is set to result in a sensitivity of 90%, also preferred the cut-off is set to result in a sensitivity of 95%, or also preferred the cut-off is set to result in a sensitivity of 98%.

[0031] It has surprisingly been determined that ratios of steroids selected from combinations of progesterone, 16 $\alpha$ -hydroxyprogesterone, 6 $\beta$ -hydroxyprogesterone, 6 $\alpha$ -hydroxyprogesterone, 17-hydroxyprogesterone, 11-deoxycortisol, cortisol, 11-deoxycorticosterone, 17-deoxycortisol, androstenedione, testosterone, estradiol, 20 $\alpha$ -dihydroprogesterone, 17 $\alpha$ ,20 $\alpha$ -dihydroxyprogesterone, and isopregnanolone measured in samples obtained from patients can be used to identify whether a subject is susceptible to spontaneous preterm delivery. Statistical models permit ROC curve analysis of the multi marker assay, and the results confirm the diagnostic accuracy. Significantly, none of the compounds when analyzed alone indicates spontaneous preterm delivery.

[0032] Well-known mathematical methods for analyzing the ratios of combinations of progesterone, 16 $\alpha$ -hydroxyprogesterone, 6 $\beta$ -hydroxyprogesterone, 6 $\alpha$ -hydroxyprogesterone, 17-hydroxyprogesterone, 11-deoxycortisol, cortisol, 11-deoxycorticosterone, 17-deoxycortisol, androstenedione, testosterone, estradiol, 20 $\alpha$ -dihydroprogesterone, 17 $\alpha$ ,20 $\alpha$ -dihydroxyprogesterone, and isopregnanolone employ methods like, discriminant analysis (DA) (i.e., linear-, quadratic-, regularized-DA), Kernel Methods (i.e., SVM), Nonparametric Methods (i.e., k-Nearest-Neighbor Classifiers), PLS (Partial Least Squares), Tree-Based Methods (i.e., Logic Regression, CART, Random Forest Methods, Boosting/Bagging Methods), Generalized Linear Models (i.e., Logistic Regression), Principal Components based Methods (i.e., SIMCA), Generalized Additive Models, Fuzzy Logic based Methods, Neural Networks and Genetic Algorithms based Methods.

[0033] Accuracy of a risk assessment method is best described by its receiver-operating characteristics (ROC). The ROC graph is a plot of all of the sensitivity/specificity pairs resulting from continuously varying the decision threshold over the entire range of data observed. Diagnostic accuracy measures the test's ability to correctly distinguish two different conditions of the subjects being investigated such as, for example, health and disease. The ROC plot depicts the overlap between the two distributions by plotting the sensitivity versus 1-specificity for the complete range of decision thresholds. On the y-axis is sensitivity, or the true-positive fraction [defined as (number of true-positive test results)/(number of true-positive+number of false-negative test results)]. This has also been referred to as positivity in the presence of a disease or condition. It is calculated solely from the affected subgroup. On the x-axis is the false-positive fraction, or 1-specificity [defined as (number of false-positive results)/(number of true-negative+number of false-positive results)]. It is an index of specificity and is calculated entirely

from the unaffected subgroup. Because the true- and false-positive fractions are calculated entirely separately using the test results from two different subgroups, the ROC plot is independent of the prevalence of disease in the sample.

[0034] Each point on the ROC plot represents a sensitivity/1-specificity pair corresponding to a particular decision threshold. A test with perfect discrimination (no overlap in the two distributions of results) has a ROC plot that passes through the upper left corner, where the true-positive fraction is 1.0, or 100% (perfect sensitivity), and the false-positive fraction is 0 (perfect specificity). The theoretical plot for a test with no discrimination (identical distributions of results for the two groups) is a 45° diagonal line from the lower left corner to the upper right corner. Most plots fall in between these two extremes. (If the ROC plot falls completely below the 45° diagonal, this is remedied by reversing the criterion for “positivity” from “greater than” to “less than” or vice versa.) Qualitatively, the closer the plot is to the upper left corner, the higher the overall accuracy of the test. One preferred way to quantify the diagnostic accuracy of a laboratory test is to express its performance by a single number. Such an overall parameter, e.g., is the so-called “total error” or alternatively the “area under the curve=AUC”. The most common global measure is the area under the ROC plot. By convention, this area is always  $\geq 0.5$  (if it is not, one can reverse the decision rule to make it so). Values range between 1.0 (perfect separation of the test values of the two groups) and 0.5 (no apparent distributional difference between the two groups of test values). The area does not depend only on a particular portion of the plot such as the point closest to the diagonal or the sensitivity at 90% specificity, but on the entire plot. This is a quantitative, descriptive expression of how close the ROC plot is to the perfect one (area=1.0).

[0035] In accordance with the present disclosure, novel methods for identifying pregnant female subjects susceptible to spontaneous preterm delivery are disclosed. In particular, ratios of steroids selected from progesterone, 16 $\alpha$ -hydroxyprogesterone, 6 $\beta$ -hydroxyprogesterone, 6 $\alpha$ -hydroxyprogesterone, 17-hydroxyprogesterone, 11-deoxycortisol, cortisol, 11-deoxycorticosterone, 17-deoxycortisol, androstenedione, testosterone, estradiol, 20 $\alpha$ -dihydroprogesterone, 17 $\alpha$ ,20 $\alpha$ -dihydroxyprogesterone, isopregnanolone, and combinations thereof, allow for identifying whether a pregnant female is susceptible to spontaneous preterm delivery. In one particular embodiment, the corticosterone (11-Deoxycorticosterone)/ 16 $\alpha$ -hydroxyprogesterone ratio in the second trimester is predictive of spontaneous preterm delivery.

In another particular embodiment, the cortexone (11-deoxycorticosterone)/cortexolone (11-deoxycortisol) ratio in the third trimester is predictive of spontaneous preterm delivery.

[0036] In one aspect, the present disclosure is directed to a method for identifying a pregnant female who is susceptible to spontaneous preterm delivery. The method includes obtaining a sample from the pregnant female; determining a concentration of a first steroid; determining a concentration of at least one additional steroid; calculating a ratio of the first steroid and the at least one additional steroid; and identifying the pregnant female as being susceptible to spontaneous preterm delivery when the ratio in the sample is reduced below a threshold value.

[0037] By way of example, a pregnant female can be identified as being susceptible to spontaneous preterm delivery if a ratio of DOC/16 $\alpha$ OHP is reduced below a threshold value of 0.2. In another example, a pregnant female can be identified as being susceptible to spontaneous preterm delivery if a ratio of DOC/11-deoxycortisol is reduced below a threshold value of 0.18.

[0038] As used herein, "at least one additional steroid" refers to a second steroid, a third steroid, a fourth steroid, and so-forth, including combinations of the second steroid, the third steroid, the fourth steroid, and so-forth. Thus, in one embodiment, the ratio can be calculated between the first steroid and the second steroid, for example. In another embodiment, the ratio can be calculated between the first steroid and the second steroid and the third steroid, for example. In another embodiment, the ratio can be calculated between the first steroid and the second steroid, the third steroid, the fourth steroid, and so-forth.

[0039] Particularly suitable steroids include progesterone, 16 $\alpha$ -hydroxyprogesterone, 6 $\beta$ -hydroxyprogesterone, 6 $\alpha$ -hydroxyprogesterone, 17-hydroxyprogesterone, 11-deoxycortisol, cortisol, 11-deoxycorticosterone, 17-deoxycortisol, androstenedione, testosterone, estradiol, 20 $\alpha$ -dihydroprogesterone, 17 $\alpha$ ,20 $\alpha$ -dihydroxyprogesterone, and isopregnanolone.

[0040] The method can further include determining a change in a concentration of at least one additional biomarker selected from insulin-like growth factor binding protein 4, sex-hormone binding globulin (SHBG), lipopolysaccharide-binding protein (LBP), lipopolysaccharide-binding protein (LBP) precursor, prothrombin (THRB), complement component C5 (C5 or CO5), plasminogen (PLMN), complement component C8 gamma chain (C8G or CO8G), Complement factor B, Ectonucleotide pyrophosphatase/phosphodiesterase

family member 2, Gelsolin, N-acetylmuramoyl-L-alanine amidase, N-acetylmuramoyl-L-alanine amidase precursor, Hyaluronan-binding protein 2, BPI fold-containing family B member 1, complement component C8 alpha chain, apolipoprotein A-II, Ectonucleotide pyrophosphatase/phosphodiesterase family member 2, profiling-1, pro-neuropeptide Y, complement component C8 beta chain, coagulation factor XIII B chain, N-acetylmuramoyl-L-alanine amidase, inter-alpha-trypsin inhibitor heavy chain H4, inter-alpha-trypsin inhibitor heavy chain H3 preproprotein, leucyl-cystinyl aminopeptidase, alpha-2-HS-glycoprotein, 5'-AMP-activated protein kinase subunit gamma-3, afamin precursor, alpha-1-antichymotrypsin precursor, alpha-1B-glycoprotein precursor, alpha-2-antiplasmin isoform a precursor, alpha-2-HS-glycoprotein preproprotein, alpha-2-HS-macroglobulin precursor, angiotensinogen preproprotein, antithrombin-III precursor, apolipoprotein A-II preproprotein, apolipoprotein A-IV precursor, apolipoprotein B-100 precursor, apolipoprotein C-I precursor, apolipoprotein C-II precursor, apolipoprotein C-III precursor, apolipoprotein E precursor, ATP-binding cassette sub-family D member 4, ATP-binding cassette sub-family F member 3, beta-2-glycoprotein 1 precursor, beta-Ala-His dipeptidase precursor, biotinidase precursor, carboxypeptidase B2 preproprotein, carboxypeptidase N catalytic chain precursor, carboxypeptidase N subunit 2 precursor, catalase, ceruloplasmin precursor, cholinesterase precursor, clusterin preproprotein, coagulation factor IX preproprotein, coagulation factor VII isoform a, coagulation factor VII isoform a preproprotein, coagulation factor X preproprotein, coagulation factor XIII B chain, coiled-coil domain-containing protein 13, complement C1q subcomponent subunit A precursor, complement C1q subcomponent subunit B precursor, complement C1q subcomponent subunit C precursor, complement C1r subcomponent precursor, complement C1s subcomponent precursor, complement C2 isoform 3, complement C3 precursor, complement C4-A isoform 1, complement C5 preproprotein, component C6 precursor, component C7 precursor, component C8 alpha chain precursor, complement component C9 precursor, complement factor B preproprotein, complement factor H isoform a precursor, complement factor H isoform b precursor, complement factor H H-related protein 1 precursor, complement factor I preproprotein, conserved oligomeric Golgi complex subunit 6 isoform, corticosteroid-binding globulin precursor, C-reactive protein precursor, dopamine beta-hydroxylase precursor, double-stranded RNA-specific editase B2, dual oxidase 2 precursor, FERM domain-containing protein 8, fetuin-B precursor, ficolin-3 isoform 1 precursor, gastric intrinsic factor precursor, gelsolin isoform d, glutathione peroxidase 3 precursor, hemopexin precursor, heparin cofactor 2 precursor, hepatocyte cell adhesion molecule precursor, hepatocyte growth factor activator preproprotein,

histidine-rich glycoprotein precursor, hyaluronan-binding protein 2 isoform 1 preproprotein, inactive caspase-12 insulin-degrading enzyme isoform 1, insulin-like growth factor-binding protein complex acid labile subunit isoform 2 precursor, inter-alpha-trypsin inhibitor heavy chain H1 isoform a precursor, inter-alpha-trypsin inhibitor heavy chain H2 precursor, inter-alpha-trypsin inhibitor heavy chain H4 isoform 1 precursor, kallistatin precursor, kininogen-1 isoform 2 precursor, leucine-rich alpha-2-glycoprotein precursor, lumican precursor, m7GpppX diphosphatase, matrix metalloproteinase-19 isoform 1 preproprotein, MBT domain-containing protein 1, monocyte differentiation antigen CD14 precursor, pappalysin-1 preproprotein, phosphatidylinositol-glycan-specific phospholipase D precursor, pigment epithelium-derived factor precursor, plasma kallikrein preproprotein, plasma protease C1 inhibitor precursor, plasminogen isoform 1 precursor, platelet basic protein preproprotein, platelet glycoprotein V precursor, pregnancy zone protein precursor, pregnancy-specific beta-1-glycoprotein 5, pregnancy-specific beta-1-glycoprotein 5 precursor, pregnancy-specific beta-1-glycoprotein 6, pregnancy-specific beta-1-glycoprotein 6 precursor, pregnancy-specific beta-1-glycoprotein 7, pregnancy-specific beta-1-glycoprotein 8, pregnancy-specific beta-1-glycoprotein 9, pregnancy-specific beta-1-glycoprotein 11, pregnancy-specific beta-1-glycoprotein 2, pregnancy-specific beta-1-glycoprotein 3, pregnancy-specific beta-1-glycoprotein 4, progesterone-induced-blocking factor 1, protein AMBP preproprotein, protein CBFA2T2 isoform MTGR1b, protein FAM98C, protein NLRC3, protein Z-dependent protease inhibitor precursor, prothrombin preproprotein, putative hydroxypyruvate isomerase isoform 1, ras-like protein family member 10A precursor, ras-related GTP-binding protein A, retinol-binding protein 4 precursor, sex hormone-binding globulin isoform 1 precursor, sex hormone-binding globulin isoform 4 precursor, signal transducer and activator of transcription 2, spectrin beta chain non-erythrocytic 1, stabilin-1 precursor, succinate semialdehyde dehydrogenase mitochondrial, tetranectin precursor, THAP domain-containing protein 6, thyroxine-binding globulin precursor, tripartite motif-containing protein 5, vitamin D-binding protein isoform 1 precursor, vitronectin precursor, zinc finger protein 142, attractin isoform 2 preproprotein, transforming growth factor-beta-induced protein ig-h3 precursor, transthyretin precursor, uncharacterized protein C3orf20, beta-2-microglobulin precursor, bone marrow proteoglycan isoform 1 preproprotein, chorionic gonadotropin beta polypeptide 8 precursor, chorionic somatomammotropin hormone 2 isoform 2 precursor, macrophage colony-stimulating factor 1 receptor precursor, zinc-alpha-2-glycoprotein precursor, PAN-PSG, complement component C6 precursor, EGF-containing fibulin-like extracellular matrix protein 1, and disintegrin and metalloproteinase domain-containing protein 12. Ratios

can be obtained by pairing these biomarkers with the steroids described above. Methods of measuring concentrations of these biomarkers in pregnant females are described Saade et al., *Am J of Obstetrics & Gynecology*, May 2016 633e1-633e24, which is incorporated by reference to the extent it is consistent herewith.

[0041] The method can further include determining a change in nucleic acids of the pregnant female. More particularly, nucleic acids for combinatorial use in the methods of the present disclosure can include nucleic acid primers and/or probes that bind with specific nucleic acid sequences as well as the nucleic acids that are increased or decreased in concentration in pregnant females that are susceptible to preterm delivery. In suitable embodiments, the nucleic acids can include cell free plasma (CFP) RNA such as disclosed in U.S. Publication No. 2015/0376709 to Dong et al. (September 11, 2015), which is incorporated by reference to the extent it is consistent herewith.

[0042] The sample can be obtained at gestational times ranging from about 8 weeks to about 41 weeks. In one embodiment, the sample is obtained at a gestational age ranging from about 8 weeks to about 24 weeks. In another embodiment, the sample is obtained at a gestational age ranging from about 25 weeks to about 35 weeks. In one embodiment, the sample is obtained at less than 34 weeks gestation. In another embodiment, the sample is obtained at less than 32 weeks gestation. In another embodiment, the sample is obtained at less than 30 weeks.

[0043] In one embodiment, the sample is obtained from the pregnant female in the first trimester, generally considered from the date of the last menstrual period to 13 weeks. In one embodiment, the sample is obtained from the pregnant female in the second trimester, generally considered from about the 14<sup>th</sup> week to about the 27<sup>th</sup> week. In one embodiment, the sample is obtained from the pregnant female in the third trimester, generally considered from about the 28<sup>th</sup> week to about the 42<sup>nd</sup> week.

[0044] Suitable samples include a plasma sample, a serum sample, a whole blood sample, and a urine sample. Plasma samples and urine samples are particularly suitable.

[0045] The method can further include analyzing at least one pregnancy risk factor. Suitable risk factors include, for example, age, prior pregnancy, history of previous low birth weight or preterm delivery, multiple 2nd trimester spontaneous abortion, prior first trimester induced abortion, preeclampsia, familial and intergenerational factors, history of infertility,

nulliparity, placental abnormalities, cervical and uterine anomalies, gestational bleeding, intrauterine growth restriction, in utero diethylstilbestrol exposure, multiple gestations, infant sex, short stature, low prepregnancy weight/low body mass index, diabetes, hypertension, hypothyroidism, asthma, education level, tobacco use, and urogenital infections.

[0046] Suitable methods for determining concentrations of steroids and biomarkers can be, for example, immunoassays, chromatography, mass spectrometry, amplification, microarray analysis, and combinations thereof. A particularly suitable chromatography-mass spectrometry method includes ultraperformance liquid chromatography-tandem mass spectrometry (UPLC/MS-MS). Particularly suitable immunoassay methods include, for example, enzyme-linked immunosorbent assay (ELISA), Western blot, sandwich immunoassay. Other suitable methods for determining concentrations of steroids and biomarkers include, for example, electrospray ionization mass spectrometry (ESI-MS), ESI-MS/MS, ESI-MS/(MS)<sub>n</sub>, matrix-assisted laser desorption ionization time-of-flight mass spectrometry (MALDI-TOF-MS), surface-enhanced laser desorption/ionization time-of-flight mass spectrometry (SELDI-TOF-MS), desorption/ionization on silicon (DIOS), secondary ion mass spectrometry (SIMS), quadrupole time-of-flight (Q-TOF), atmospheric pressure chemical ionization mass spectrometry (APCI-MS), APCI-MS/MS, APCI-(MS)<sub>n</sub>, atmospheric pressure photoionization mass spectrometry (APPI-MS), APPI-MS/MS, and APPI-(MS)<sub>n</sub>, quadrupole mass spectrometry, fourier transform mass spectrometry (FTMS), and ion trap mass spectrometry.

[0047] In one particularly suitable embodiment, the present disclosure is directed to a method for identifying a pregnant female who is susceptible to spontaneous preterm delivery. The method includes obtaining a sample from the pregnant female; determining a concentration of deoxycorticosterone (DOC); determining a concentration of 16 $\alpha$ -hydroxyprogesterone (16 $\alpha$ OHP); calculating a ratio of DOC/16 $\alpha$ OHP; and identifying the pregnant female as being susceptible to spontaneous preterm delivery when the DOC/16 $\alpha$ OHP ratio in the sample is reduced below a threshold value.

[0048] The sample can be obtained at gestational times ranging from about 8 weeks to about 41 weeks. In one embodiment, the sample is obtained at a gestational age ranging from about 8 weeks to about 24 weeks. In another embodiment, the sample is obtained at a gestational age ranging from about 25 weeks to about 35 weeks. In one embodiment, the sample is obtained at less than 34 weeks gestation. In another embodiment, the sample is obtained at less than 32 weeks gestation. In another embodiment, the sample is obtained at less than 30 weeks.

[0049] In one embodiment, the sample is obtained from the pregnant female in the first trimester. In one embodiment, the sample is obtained from the pregnant female in the second trimester. In one embodiment, the sample is obtained from the pregnant female in the third trimester.

[0050] Suitable samples include a plasma sample, a serum sample, a whole blood sample, and a urine sample. Plasma samples and urine samples are particularly suitable.

[0051] The concentration of DOC is determined using an assay that contacts the sample with an antibody that specifically binds to DOC.

[0052] The concentration of  $16\alpha$ OHP is determined using an assay that contacts the sample with an antibody that specifically binds to  $16\alpha$ OHP.

[0053] Suitable assays for contacting antibodies that specifically bind to DOC and for contacting antibodies that specifically bind to  $16\alpha$ OHP include enzyme immunoassay (EIA), enzyme-linked immunosorbent assay (ELISA), and radioimmunoassay (RIA).

[0054] The method can further include analyzing at least one pregnancy risk factor. Suitable risk factors include, for example, age, race, medication exposure (e.g., administration or previous administration to (e.g., 17 hydroxyprogesterone, progesterone), prior pregnancy, history of previous low birth weight or preterm delivery, multiple 2nd trimester spontaneous abortion, prior first trimester induced abortion, preeclampsia, familial and intergenerational factors, history of infertility, nulliparity, placental abnormalities, cervical and uterine anomalies, gestational bleeding, intrauterine growth restriction, in utero diethylstilbestrol exposure, multiple gestations, infant sex, short stature, low prepregnancy weight/low body mass index, diabetes, hypertension, hypothyroidism, asthma, education level, tobacco use, and urogenital infections.

[0055] The method can further include determining a concentration of at least one additional biomarker as described herein.

[0056] In another particularly suitable embodiment, the present disclosure is directed to a method for identifying a pregnant female who is susceptible to spontaneous preterm delivery. The method includes obtaining a sample from the pregnant female; determining a concentration of deoxycorticosterone (DOC); determining a concentration of 11-deoxycortisol; calculating a ratio of DOC/11-deoxycortisol; and identifying the pregnant female as being susceptible to

spontaneous preterm delivery when the DOC/11-deoxycortisol ratio in the sample is reduced below a threshold value.

[0057] The sample can be obtained at gestational times ranging from about 8 weeks to about 41 weeks. In one embodiment, the sample is obtained at a gestational age ranging from about 8 weeks to about 24 weeks. In another embodiment, the sample is obtained at a gestational age ranging from about 25 weeks to about 35 weeks. In one embodiment, the sample is obtained at less than 34 weeks gestation. In another embodiment, the sample is obtained at less than 32 weeks. In another embodiment, the sample is obtained at less than 30 weeks.

[0058] In one embodiment, the sample is obtained from the pregnant female in the first trimester. In one embodiment, the sample is obtained from the pregnant female in the second trimester. In one embodiment, the sample is obtained from the pregnant female in the third trimester.

[0059] Suitable samples include a plasma sample, a serum sample, a whole blood sample, and a urine sample. Plasma samples and urine samples are particularly suitable.

[0060] The concentration of DOC is determined using an assay that contacts the sample with an antibody that specifically binds to DOC.

[0061] The concentration of  $16\alpha\text{OHP}$  is determined using an assay that contacts the sample with an antibody that specifically binds to  $16\alpha\text{OHP}$ .

[0062] Suitable assays for contacting antibodies that specifically bind to DOC and for contacting antibodies that specifically bind to  $16\alpha\text{OHP}$  include enzyme immunoassay (EIA), enzyme-linked immunosorbent assay (ELISA), and radioimmunoassay (RIA).

[0063] The method can further include analyzing at least one pregnancy risk factor. Suitable risk factors include, for example, age, prior pregnancy, history of previous low birth weight or preterm delivery, multiple 2nd trimester spontaneous abortion, prior first trimester induced abortion, familial and intergenerational factors, history of infertility, nulliparity, placental abnormalities, cervical and uterine anomalies, gestational bleeding, intrauterine growth restriction, in utero diethylstilbestrol exposure, multiple gestations, infant sex, short stature, low prepregnancy weight/low body mass index, diabetes, hypertension, hypothyroidism, asthma, education level, tobacco use, and urogenital infections.

[0064] The method can further include determining a concentration of at least one additional biomarker as described herein.

[0065] In another particularly suitable embodiment, the present disclosure is directed to a method for identifying a pregnant female who is susceptible to spontaneous preterm delivery. The method includes obtaining a sample from the pregnant female; determining a concentration of deoxycorticosterone (DOC); determining a concentration of  $16\alpha$ OHP; determining a concentration of  $6\beta$ OHP; calculating a ratio of DOC/ $16\alpha$ OHP and  $6\beta$ OHP; and identifying the pregnant female as being susceptible to spontaneous preterm delivery when the DOC/ $16\alpha$ OHP and  $6\beta$ OHP ratio in the sample is reduced below a threshold value.

[0066] The sample can be obtained at gestational times ranging from about 8 weeks to about 41 weeks. In one embodiment, the sample is obtained at a gestational age ranging from about 8 weeks to about 24 weeks. In another embodiment, the sample is obtained at a gestational age ranging from about 25 weeks to about 35 weeks. In one embodiment, the sample is obtained at less than 34 weeks gestation. In another embodiment, the sample is obtained at less than 32 weeks. In another embodiment, the sample is obtained at less than 30 weeks.

[0067] In one embodiment, the sample is obtained from the pregnant female in the first trimester. In one embodiment, the sample is obtained from the pregnant female in the second trimester. In one embodiment, the sample is obtained from the pregnant female in the third trimester.

[0068] Suitable samples include a plasma sample, a serum sample, a whole blood sample, and a urine sample. Plasma samples and urine samples are particularly suitable.

[0069] The method can further include analyzing at least one pregnancy risk factor. Suitable risk factors include, for example, age, prior pregnancy, history of previous low birth weight or preterm delivery, multiple 2nd trimester spontaneous abortion, prior first trimester induced abortion, familial and intergenerational factors, history of infertility, nulliparity, placental abnormalities, cervical and uterine anomalies, gestational bleeding, intrauterine growth restriction, in utero diethylstilbestrol exposure, multiple gestations, infant sex, short stature, low prepregnancy weight/low body mass index, diabetes, hypertension, hypothyroidism, asthma, education level, tobacco use, and urogenital infections.

[0070] The method can further include determining a concentration of at least one additional biomarker as described herein.

[0071] The disclosure will be more fully understood upon consideration of the following non-limiting Examples.

### EXAMPLES

#### EXAMPLE 1

[0072] In this Example, the relationship between CYP3A-mediated progesterone metabolites (16 $\alpha$ -hydroxyprogesterone [16 $\alpha$ OHP], 6 $\beta$ -hydroxyprogesterone [6 $\beta$ OHP]) and major endogenous steroids for the timing of preterm birth.

[0073] Methods: Analysis was performed on prospectively collected specimens from a cohort of women enrolled in a pregnancy registry who delivered preterm (<36 weeks gestation). Plasma samples were divided into 2 epochs for analysis: epoch 1 (second trimester) and epoch 2 (third trimester, within 2 weeks of delivery). A targeted metabolomics approach was used to quantify 15 endogenous steroids using ultraperformance liquid chromatography-tandem mass spectrometry (UPLC/MS-MS) analysis: progesterone, 16 $\alpha$ -hydroxyprogesterone, 6 $\beta$ -hydroxyprogesterone, 6 $\alpha$ -hydroxyprogesterone, 17-hydroxyprogesterone, 11-deoxycortisol, cortisol, 11-deoxycorticosterone, 17-deoxycortisol, androstenedione, testosterone, estradiol, 20 $\alpha$ -dihydroprogesterone, 17 $\alpha$ ,20 $\alpha$ -dihydroxyprogesterone, and isopregnanolone. Levels of the progesterone metabolites 16 $\alpha$ OHP and 6 $\beta$ OHP were compared to gestational age at birth alone and in combination with other endogenous steroid levels using standard statistical methods (ROC curves, two tail t-test, principal component analysis).

Sample collection Epochs were as follows:	
N=39 total subjects	
Epoch 1	N=26
Mean	15.0385 weeks gestational age
Median	16.0000
Std. Deviation	4.02473
Range	16.00
Minimum	8.00
Maximum	24.00

Epoch 2	N-27
Mean	29.1111 weeks gestational age
Median	27.0000
Std. Deviation	3.21455
Range	10.00
Minimum	25.00
Maximum	35.00

[0074] FIG. 2A is a ROC graph depicting the DOC/16 $\alpha$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 30 weeks in Epoch 1. AUC 0.882, 95% CI 0.720-1.00 (p=0.002), 88% sensitivity, 83% specificity (threshold  $\leq$  0.17). FIG. 2B is a ROC graph depicting the DOC/16 $\alpha$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 30 weeks in Epoch 2. AUC 0.738, 95% CI 0.537-0.939 (p=0.08), 83% sensitivity, 67% specificity (threshold  $\leq$  0.25).

[0075] FIG. 3A is a ROC graph depicting the DOC/16 $\alpha$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 32 weeks in Epoch 1. AUC 0.869, 95% CI 0.717-1.00 (p=0.002), 89% sensitivity, 77% specificity (threshold  $\leq$  0.20). FIG. 3B is a ROC graph depicting the DOC/16 $\alpha$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 32 weeks in Epoch 2. AUC 0.741, 95% CI 0.553-0.929 (p=0.045), 89% sensitivity, 67% specificity (threshold  $\leq$  0.29).

[0076] FIG. 4A is a ROC graph depicting the DOC/16 $\alpha$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 34 weeks in Epoch 1. AUC 0.702, 95% CI 0.487-0.918 (p=0.08), 67% sensitivity, 71% specificity (threshold  $\leq$  0.20). FIG. 4B is a ROC graph depicting the DOC/16 $\alpha$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 34 weeks in Epoch 2. AUC 0.756, 95% CI 0.557-0.954 (p=0.025), 83% sensitivity, 73% specificity (threshold  $\leq$  0.29).

[0077] FIG. 5A is a ROC graph depicting the DOC/6 $\beta$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 32 weeks in Epoch 2. AUC 0.789, 95% CI 0.580-0.998 (p=0.02), 88% sensitivity, 75% specificity (threshold  $\leq$  0.19). FIG. 5B is a ROC graph depicting the DOC/6 $\beta$ -OHP ratio and spontaneous preterm birth (sPTB) at less than 34 weeks in Epoch 2. AUC 0.822, 95% CI 0.628-1.00 (p=0.009), 89% sensitivity, 80% specificity (threshold  $\leq$  0.19).

[0078] FIG. 6A is a ROC graph depicting the DOC/11-deoxycortisol ratio and spontaneous preterm birth (sPTB) at less than 30 weeks in Epoch 2. AUC 0.825, 95% CI 0.658-0.992 ( $p=0.018$ ), 83% sensitivity, 80% specificity (threshold  $\leq 0.16$ ). FIG. 6B is a ROC graph depicting the DOC/11-deoxycortisol ratio and spontaneous preterm birth (sPTB) at less than 32 weeks in Epoch 2. AUC 0.843, 95% CI 0.688-0.999 ( $p=0.005$ ), 89% sensitivity, 82% specificity (threshold  $\leq 0.18$ ).

[0079] FIG. 7A is a ROC graph depicting the DOC/(16 $\alpha$ -OHP + 6 $\beta$ -OHP) and spontaneous preterm birth (sPTB) at less than 30 weeks in Epoch 1. AUC 0.840, 95% CI 0.648-1.00 ( $p=0.006$ ), 75% sensitivity, 94% specificity (threshold  $\leq 0.05$ ). FIG. 7B is a ROC graph depicting the DOC/(16 $\alpha$ -OHP + 6 $\beta$ -OHP) and spontaneous preterm birth (sPTB) at less than 30 weeks in Epoch 2. AUC 0.825, 95% CI 0.638-1.00 ( $p=0.017$ ), 67% sensitivity, 95% specificity (threshold  $\leq 0.058$ ).

[0080] FIG. 8A is a ROC graph depicting the DOC/(16 $\alpha$ -OHP + 6 $\beta$ -OHP) and spontaneous preterm birth (sPTB) at less than 32 weeks in Epoch 1. AUC 0.830, 95% CI 0.651-1.00 ( $p=0.006$ ), 89% sensitivity, 71% specificity (threshold  $\leq 0.12$ ). FIG. 8B is a ROC graph depicting the DOC/(16 $\alpha$ -OHP + 6 $\beta$ -OHP) and spontaneous preterm birth (sPTB) at less than 32 weeks in Epoch 2. AUC 0.815, 95% CI 0.656-0.974 ( $p=0.009$ ), 100% sensitivity, 61% specificity (threshold  $\leq 0.13$ ).

[0081] FIG. 9A is a ROC graph depicting the DOC/(16 $\alpha$ -OHP + 6 $\beta$ -OHP) and spontaneous preterm birth (sPTB) at less than 34 weeks in Epoch 1. AUC 0.744, 95% CI 0.547-0.941 ( $p=0.035$ ), 75% sensitivity, 71% specificity (threshold  $\leq 0.12$ ). FIG. 9B is a ROC graph depicting the DOC/(16 $\alpha$ -OHP + 6 $\beta$ -OHP) and spontaneous preterm birth (sPTB) at less than 34 weeks in Epoch 2. AUC 0.794, 95% CI 0.606-0.983 ( $p=0.01$ ), 92% sensitivity, 67% specificity (threshold  $\leq 0.13$ ).

[0082] Observations: Based on analyzing concentrations of a broad range of endogenous steroids, the most significant results were related to derivatives of progesterone along the glucocorticoid/mineralocorticoid pathways.

[0083] The pairing of cortexone with either 16 $\alpha$ OHP or cortexolone obtained from samples from subjects in the second or third trimesters was the most promising indicator of spontaneous preterm delivery (using cutoffs of less than 32 or less than 30 weeks). ROC values

using the ratio of these molecules were high, indicating risk of spontaneous preterm delivery. Notably, none of the steroids alone were indicative of spontaneous preterm birth. Comparison of the sensitivity and specificity values for these compounds is equal to or above the performance of currently available screening tools for spontaneous preterm birth risk.

[0084] The present disclosure improves upon the current technologies in several ways: (1) the sensitivity/specificity of the algorithm is equal to or better than the existing diagnostic tools; (2) the algorithm was able to predict the occurrence of spontaneous preterm delivery in the early second trimester, a complete month before the earliest of the current serologic testing options; (3) the algorithm is associated with a specific pathway that is presumed to be dysfunctional in women who go on to delivery spontaneous preterm – this opens the possibility of developing a therapeutic agent that can be paired with the diagnostic algorithm; (4) the invention allows for a single blood draw early in pregnancy to determine risk, which is an improvement upon the multi-step assessments that have traditionally been used; and (5) the timing of these methods at the beginning of the second trimester allow for timely implementation of clinical interventions for maximal benefit. The ideal service that would develop from this invention is a serologic test that could be offered to all pregnant women in the late first trimester or early second trimester to determine their risk of spontaneous preterm delivery. The development of a paired therapeutic option makes it more likely that clinicians would choose to use this invention over other existing diagnostic options.

CLAIMS

What is claimed is:

1. A method of detecting a ratio of at least two steroids in a pregnant female, the method comprising:

obtaining a sample from the pregnant female;

detecting a concentration of a first steroid selected from the group consisting of deoxycorticosterone, corticosterone, 18-hydroxycorticosterone, aldosterone, deoxycortisol, cortisol and combinations thereof in the sample;

detecting a concentration of at least a second steroid in the sample, wherein the second steroid is different from the first steroid; and

detecting a ratio of the first steroid to the at least second steroid.

2. The method of claim 1, wherein the second steroid is selected from the group consisting of progesterone, 16 $\alpha$ -hydroxyprogesterone, 6 $\beta$ -hydroxyprogesterone, 6 $\alpha$ -hydroxyprogesterone, 17-hydroxyprogesterone, 11-deoxycortisol, cortisol, 11-deoxycorticosterone, 17-deoxycortisol, androstenedione, testosterone, estradiol, 20 $\alpha$ -dihydroprogesterone, 17 $\alpha$ ,20 $\alpha$ -dihydroxyprogesterone, isopregnanolone, and combinations thereof.

3. The method of claim 1, further comprising determining a concentration of a biomarker selected from the group consisting of insulin-like growth factor binding protein 4, sex-hormone binding globulin, lipopolysaccharide-binding protein (LBP), lipopolysaccharide-binding protein (LBP) precursor, prothrombin (THRB), complement component C5 (C5 or CO5), plasminogen (PLMN), complement component C8 gamma chain (C8G or CO8G), Complement factor B, Ectonucleotide pyrophosphatase/phosphodiesterase family member 2, Gelsolin, N-acetylmuramoyl-L-alanine amidase, N-acetylmuramoyl-L-alanine amidase precursor, Hyaluronan-binding protein 2, BPI fold-containing family B member 1, complement component C8 alpha chain, apolipoprotein A-II, Ectonucleotide pyrophosphatase/phosphodiesterase family member 2, profiling-1, pro-neuropeptide Y, complement component C8 beta chain, coagulation factor XIII B chain, N-acetylmuramoyl-L-alanine amidase, inter-alpha-trypsin inhibitor heavy chain H4, inter-alpha-trypsin inhibitor heavy chain H3 preproprotein, leucyl-cystinyl aminopeptidase, alpha-2-HS-glycoprotein, 5'-AMP-activated protein kinase subunit gamma-3, afamin precursor, alpha-1-antichymotrypsin

precursor, alpha-1B-glycoprotein precursor, alpha-2-antiplasmin isoform a precursor, alpha-2-HS-glycoprotein preproprotein, alpha-2-HS-macroglobulin precursor, angiotensinogen preproprotein, antithrombin-III precursor, apolipoprotein A-II preproprotein, apolipoprotein A-IV precursor, apolipoprotein B-100 precursor, apolipoprotein C-I precursor, apolipoprotein C-II precursor, apolipoprotein C-III precursor, apolipoprotein E precursor, ATP-binding cassette sub-family D member 4, ATP-binding cassette sub-family F member 3, beta-2-glycoprotein 1 precursor, beta-Ala-His dipeptidase precursor, biotinidase precursor, carboxypeptidase B2 preproprotein, carboxypeptidase N catalytic chain precursor, carboxypeptidase N subunit 2 precursor, catalase, ceruloplasmin precursor, cholinesterase precursor, clusterin preproprotein, coagulation factor IX preproprotein, coagulation factor VII isoform a, coagulation factor VII isoform a preproprotein, coagulation factor X preproprotein, coagulation factor XIII B chain, coiled-coil domain-containing protein 13, complement C1q subcomponent subunit A precursor, complement C1q subcomponent subunit B precursor, complement C1q subcomponent subunit C precursor, complement C1r subcomponent precursor, complement C1s subcomponent precursor, complement C2 isoform 3, complement C3 precursor, complement C4-A isoform 1, complement C5 preproprotein, component C6 precursor, component C7 precursor, component C8 alpha chain precursor, complement component C9 precursor, complement factor B preproprotein, complement factor H isoform a precursor, complement factor H isoform b precursor, complement factor H H-related protein 1 precursor, complement factor I preproprotein, conserved oligomeric Golgi complex subunit 6 isoform, corticosteroid-binding globulin precursor, C-reactive protein precursor, dopamine beta-hydroxylase precursor, double-stranded RNA-specific editase B2, dual oxidase 2 precursor, FERM domain-containing protein 8, fetuin-B precursor, ficolin-3 isoform 1 precursor, gastric intrinsic factor precursor, gelsolin isoform d, glutathione peroxidase 3 precursor, hemopexin precursor, heparin cofactor 2 precursor, hepatocyte cell adhesion molecule precursor, hepatocyte growth factor activator preproprotein, histidine-rich glycoprotein precursor, hyaluronan-binding protein 2 isoform 1 preproprotein, inactive caspase-12 insulin-degrading enzyme isoform 1, insulin-like growth factor-binding protein complex acid labile subunit isoform 2 precursor, inter-alpha-trypsin inhibitor heavy chain H1 isoform a precursor, inter-alpha-trypsin inhibitor heavy chain H2 precursor, inter-alpha-trypsin inhibitor heavy chain H4 isoform 1 precursor, kallistatin precursor, kininogen-1 isoform 2 precursor, leucine-rich alpha-2-glycoprotein precursor, lumican precursor, m7GpppX diphosphatase, matrix metalloproteinase-19 isoform 1 preproprotein, MBT domain-containing protein 1, monocyte differentiation antigen CD14 precursor, pappalysin-1 preproprotein,

phosphatidylinositol-glycan-specific phospholipase D precursor, pigment epithelium-derived factor precursor, plasma kallikrein preproprotein, plasma protease C1 inhibitor precursor, plasminogen isoform 1 precursor, platelet basic protein preproprotein, platelet glycoprotein V precursor, pregnancy zone protein precursor, pregnancy-specific beta-1-glycoprotein 5, pregnancy-specific beta-1-glycoprotein 5 precursor, pregnancy-specific beta-1-glycoprotein 6, pregnancy-specific beta-1-glycoprotein 6 precursor, pregnancy-specific beta-1-glycoprotein 7, pregnancy-specific beta-1-glycoprotein 8, pregnancy-specific beta-1-glycoprotein 9, pregnancy-specific beta-1-glycoprotein 11, pregnancy-specific beta-1-glycoprotein 2, pregnancy-specific beta-1-glycoprotein 3, pregnancy-specific beta-1-glycoprotein 4, progesterone-induced-blocking factor 1, protein AMBP preproprotein, protein CBFA2T2 isoform MTGR1b, protein FAM98C, protein NLRC3, protein Z-dependent protease inhibitor precursor, prothrombin preproprotein, putative hydroxypyruvate isomerase isoform 1, ras-like protein family member 10A precursor, ras-related GTP-binding protein A, retinol-binding protein 4 precursor, sex hormone-binding globulin isoform 1 precursor, sex hormone-binding globulin isoform 4 precursor, signal transducer and activator of transcription 2, spectrin beta chain non-erythrocytic 1, stabilin-1 precursor, succinate semialdehyde dehydrogenase mitochondrial, tetranectin precursor, THAP domain-containing protein 6, thyroxine-binding globulin precursor, tripartite motif-containing protein 5, vitamin D-binding protein isoform 1 precursor, vitronectin precursor, zinc finger protein 142, attractin isoform 2 preproprotein, transforming growth factor-beta-induced protein ig-h3 precursor, transthyretin precursor, uncharacterized protein C3orf20, beta-2-microglobulin precursor, bone marrow proteoglycan isoform 1 preproprotein, chorionic gonadotropin beta polypeptide 8 precursor, chorionic somatomammotropin hormone 2 isoform 2 precursor, macrophage colony-stimulating factor 1 receptor precursor, zinc-alpha-2-glycoprotein precursor, PAN-PSG, complement component C6 precursor, EGF-containing fibulin-like extracellular matrix protein 1, disintegrin and metalloproteinase domain-containing protein 12, and combinations thereof.

4. The method of claim 1, further comprising determining a change in a concentration of cell free plasma (CFP) RNA.

5. The method of claim 1, wherein the concentration is determined by ultraperformance liquid chromatography-tandem mass spectrometry (UPLC/MS-MS).

6. A method of detecting a ratio of deoxycorticosterone (DOC) to 16 $\alpha$ -hydroxyprogesterone (16 $\alpha$ OHP) in a pregnant female, the method comprising:

obtaining a sample from the pregnant female;  
detecting a concentration of DOC in the sample;  
detecting a concentration of 16 $\alpha$ OHP; and  
detecting a ratio of DOC/16 $\alpha$ OHP.

7. A method of detecting a ratio of deoxycorticosterone (DOC) to 11-deoxycortisol in a pregnant female, the method comprising:

obtaining a sample from the pregnant female;  
detecting a concentration of DOC in the sample;  
detecting a concentration of 11-deoxycortisol; and  
detecting a ratio of DOC/11-deoxycortisol.

8. A method for identifying a pregnant female as being susceptible to spontaneous preterm delivery, the method comprising:

obtaining a sample from the pregnant female;  
determining a concentration of a first steroid selected from the group consisting of deoxycorticosterone, corticosterone, 18-hydroxycorticosterone, aldosterone, deoxycortisol, cortisol and combinations thereof in the sample;  
determining a concentration of at least a second steroid, wherein the second steroid is different from the first steroid;  
calculating a ratio of the first steroid and the at least second steroid; and  
identifying the pregnant female as being susceptible to spontaneous preterm delivery when the ratio in the sample is reduced below a threshold value.

9. The method of claim 8, wherein the second steroid is selected from the group consisting of progesterone, 16 $\alpha$ -hydroxyprogesterone, 6 $\beta$ -hydroxyprogesterone, 6 $\alpha$ -hydroxyprogesterone, 17-hydroxyprogesterone, 11-deoxycortisol, cortisol, 11-deoxycorticosterone, 17-deoxycortisol, androstenedione, testosterone, estradiol, 20 $\alpha$ -dihydroprogesterone, 17 $\alpha$ ,20 $\alpha$ -dihydroxyprogesterone, isopregnanolone, and combinations thereof.

10. The method of claim 8, further comprising determining a concentration of a biomarker selected from the group consisting of insulin-like growth factor binding protein 4, sex-hormone binding globulin, lipopolysaccharide-binding protein (LBP), lipopolysaccharide-binding protein (LBP) precursor, prothrombin (THRB), complement component C5 (C5 or

CO5), plasminogen (PLMN), complement component C8 gamma chain (C8G or CO8G), Complement factor B, Ectonucleotide pyrophosphatase/phosphodiesterase family member 2, Gelsolin, N-acetylmuramoyl-L-alanine amidase, N-acetylmuramoyl-L-alanine amidase precursor, Hyaluronan-binding protein 2, BPI fold-containing family B member 1, complement component C8 alpha chain, apolipoprotein A-II, Ectonucleotide pyrophosphatase/phosphodiesterase family member 2, profiling-1, pro-neuropeptide Y, complement component C8 beta chain, coagulation factor XIII B chain, N-acetylmuramoyl-L-alanine amidase, inter-alpha-trypsin inhibitor heavy chain H4, inter-alpha-trypsin inhibitor heavy chain H3 preproprotein, leucyl-cystinyl aminopeptidase, alpha-2-HS-glycoprotein, 5'-AMP-activated protein kinase subunit gamma-3, afamin precursor, alpha-1-antichymotrypsin precursor, alpha-1B-glycoprotein precursor, alpha-2-antiplasmin isoform a precursor, alpha-2-HS-glycoprotein preproprotein, alpha-2-HS-macroglobulin precursor, angiotensinogen preproprotein, antithrombin-III precursor, apolipoprotein A-II preproprotein, apolipoprotein A-IV precursor, apolipoprotein B-100 precursor, apolipoprotein C-I precursor, apolipoprotein C-II precursor, apolipoprotein C-III precursor, apolipoprotein E precursor, ATP-binding cassette sub-family D member 4, ATP-binding cassette sub-family F member 3, beta-2-glycoprotein 1 precursor, beta-Ala-His dipeptidase precursor, biotinidase precursor, carboxypeptidase B2 preproprotein, carboxypeptidase N catalytic chain precursor, carboxypeptidase N subunit 2 precursor, catalase, ceruloplasmin precursor, cholinesterase precursor, clusterin preproprotein, coagulation factor IX preproprotein, coagulation factor VII isoform a, coagulation factor VII isoform a preproprotein, coagulation factor X preproprotein, coagulation factor XIII B chain, coiled-coil domain-containing protein 13, complement C1q subcomponent subunit A precursor, complement C1q subcomponent subunit B precursor, complement C1q subcomponent subunit C precursor, complement C1r subcomponent precursor, complement C1s subcomponent precursor, complement C2 isoform 3, complement C3 precursor, complement C4-A isoform 1, complement C5 preproprotein, component C6 precursor, component C7 precursor, component C8 alpha chain precursor, complement component C9 precursor, complement factor B preproprotein, complement factor H isoform a precursor, complement factor H isoform b precursor, complement factor H H-related protein 1 precursor, complement factor I preproprotein, conserved oligomeric Golgi complex subunit 6 isoform, corticosteroid-binding globulin precursor, C-reactive protein precursor, dopamine beta-hydroxylase precursor, double-stranded RNA-specific editase B2, dual oxidase 2 precursor, FERM domain-containing protein 8, fetuin-B precursor, ficolin-3 isoform 1 precursor, gastric intrinsic factor precursor, gelsolin isoform d,

glutathione peroxidase 3 precursor, hemopexin precursor, heparin cofactor 2 precursor, hepatocyte cell adhesion molecule precursor, hepatocyte growth factor activator preproprotein, histidine-rich glycoprotein precursor, hyaluronan-binding protein 2 isoform 1 preproprotein, inactive caspase-12 insulin-degrading enzyme isoform 1, insulin-like growth factor-binding protein complex acid labile subunit isoform 2 precursor, inter-alpha-trypsin inhibitor heavy chain H1 isoform a precursor, inter-alpha-trypsin inhibitor heavy chain H2 precursor, inter-alpha-trypsin inhibitor heavy chain H4 isoform 1 precursor, kallistatin precursor, kininogen-1 isoform 2 precursor, leucine-rich alpha-2-glycoprotein precursor, lumican precursor, m7GpppX diphosphatase, matrix metalloproteinase-19 isoform 1 preproprotein, MBT domain-containing protein 1, monocyte differentiation antigen CD14 precursor, pappalysin-1 preproprotein, phosphatidylinositol-glycan-specific phospholipase D precursor, pigment epithelium-derived factor precursor, plasma kallikrein preproprotein, plasma protease C1 inhibitor precursor, plasminogen isoform 1 precursor, platelet basic protein preproprotein, platelet glycoprotein V precursor, pregnancy zone protein precursor, pregnancy-specific beta-1-glycoprotein 5, pregnancy-specific beta-1-glycoprotein 5 precursor, pregnancy-specific beta-1-glycoprotein 6, pregnancy-specific beta-1-glycoprotein 6 precursor, pregnancy-specific beta-1-glycoprotein 7, pregnancy-specific beta-1-glycoprotein 8, pregnancy-specific beta-1-glycoprotein 9, pregnancy-specific beta-1-glycoprotein 11, pregnancy-specific beta-1-glycoprotein 2, pregnancy-specific beta-1-glycoprotein 3, pregnancy-specific beta-1-glycoprotein 4, progesterone-induced-blocking factor 1, protein AMBP preproprotein, protein CBFA2T2 isoform MTGR1b, protein FAM98C, protein NLRC3, protein Z-dependent protease inhibitor precursor, prothrombin preproprotein, putative hydroxypyruvate isomerase isoform 1, ras-like protein family member 10A precursor, ras-related GTP-binding protein A, retinol-binding protein 4 precursor, sex hormone-binding globulin isoform 1 precursor, sex hormone-binding globulin isoform 4 precursor, signal transducer and activator of transcription 2, spectrin beta chain non-erythrocytic 1, stabilin-1 precursor, succinate semialdehyde dehydrogenase mitochondrial, tetranectin precursor, THAP domain-containing protein 6, thyroxine-binding globulin precursor, tripartite motif-containing protein 5, vitamin D-binding protein isoform 1 precursor, vitronectin precursor, zinc finger protein 142, attractin isoform 2 preproprotein, transforming growth factor-beta-induced protein ig-h3 precursor, transthyretin precursor, uncharacterized protein C3orf20, beta-2-microglobulin precursor, bone marrow proteoglycan isoform 1 preproprotein, chorionic gonadotropin beta polypeptide 8 precursor, chorionic somatomammotropin hormone 2 isoform 2 precursor, macrophage colony-stimulating factor 1 receptor precursor, zinc-alpha-2-glycoprotein precursor,

PAN-PSG, complement component C6 precursor, EGF-containing fibulin-like extracellular matrix protein 1, disintegrin and metalloproteinase domain-containing protein 12, and combinations thereof.

11. The method of claim 8, further comprising determining a change in a concentration of cell free plasma (CFP) RNA.
12. The method of claim 8, wherein the concentration is determined by ultraperformance liquid chromatography-tandem mass spectrometry (UPLC/MS-MS).
13. The method of claim 8, wherein the first steroid is deoxycorticosterone (DOC) and the second steroid is 16 $\alpha$ -hydroxyprogesterone (16 $\alpha$ OHP).
14. The method of claim 13, wherein the DOC/16 $\alpha$ OHP ratio is reduced below 0.2.
15. The method of claim 8, wherein the sample is obtained at less than 32 weeks.
16. The method of claim 8, wherein the sample is obtained at less than 30 weeks.
17. The method of claim 8, wherein the sample is obtained from the pregnant female in the second trimester.
18. The method of claim 8, wherein the sample is obtained from the pregnant female in the first trimester.
19. The method of claim 8, wherein the sample is selected from a plasma sample, a serum sample, a whole blood sample and a urine sample.
20. The method of claim 8, wherein the concentration of DOC is determined using an assay that contacts the sample with an antibody that specifically binds to DOC, and the concentration of 16 $\alpha$ OHP is determined using an assay that contacts the sample with an antibody that specifically binds to 16 $\alpha$ OHP.
21. The method of claim 20, wherein said assay is selected from the group consisting of enzyme immunoassay (EIA), enzyme-linked immunosorbent assay (ELISA), and radioimmunoassay (RIA).

22. The method of claim 8, wherein the concentration is determined by ultraperformance liquid chromatography-tandem mass spectrometry (UPLC/MS-MS).

23. The method of claim 8, further comprising analyzing at least one risk factor selected from the group consisting of: age, race, medication exposure, prior pregnancy, history of previous low birth weight or preterm delivery, multiple 2nd trimester spontaneous abortion, prior first trimester induced abortion, preeclampsia, familial and intergenerational factors, history of infertility, nulliparity, placental abnormalities, cervical and uterine anomalies, gestational bleeding, intrauterine growth restriction, in utero diethylstilbestrol exposure, multiple gestations, infant sex, short stature, low prepregnancy weight/low body mass index, diabetes, hypertension, hypothyroidism, asthma, education level, tobacco use, urogenital infections and combinations thereof.

24. The method of claim 8, wherein the first steroid is deoxycorticosterone (DOC) and the second steroid is 11-deoxycortisol.

25. The method of claim 24, wherein the DOC/11-deoxycortisol ratio is reduced below 0.18.

26. The method of claim 24, wherein the concentration of DOC is determined using an assay that contacts the sample with an antibody that specifically binds to DOC, and the concentration of 11-deoxycortisol is determined using an assay that contacts the sample with an antibody that specifically binds to 11-deoxycortisol.

27. The method of claim 26, wherein said assay is selected from the group consisting of enzyme immunoassay (EIA), enzyme-linked immunosorbent assay (ELISA), and radioimmunoassay (RIA).

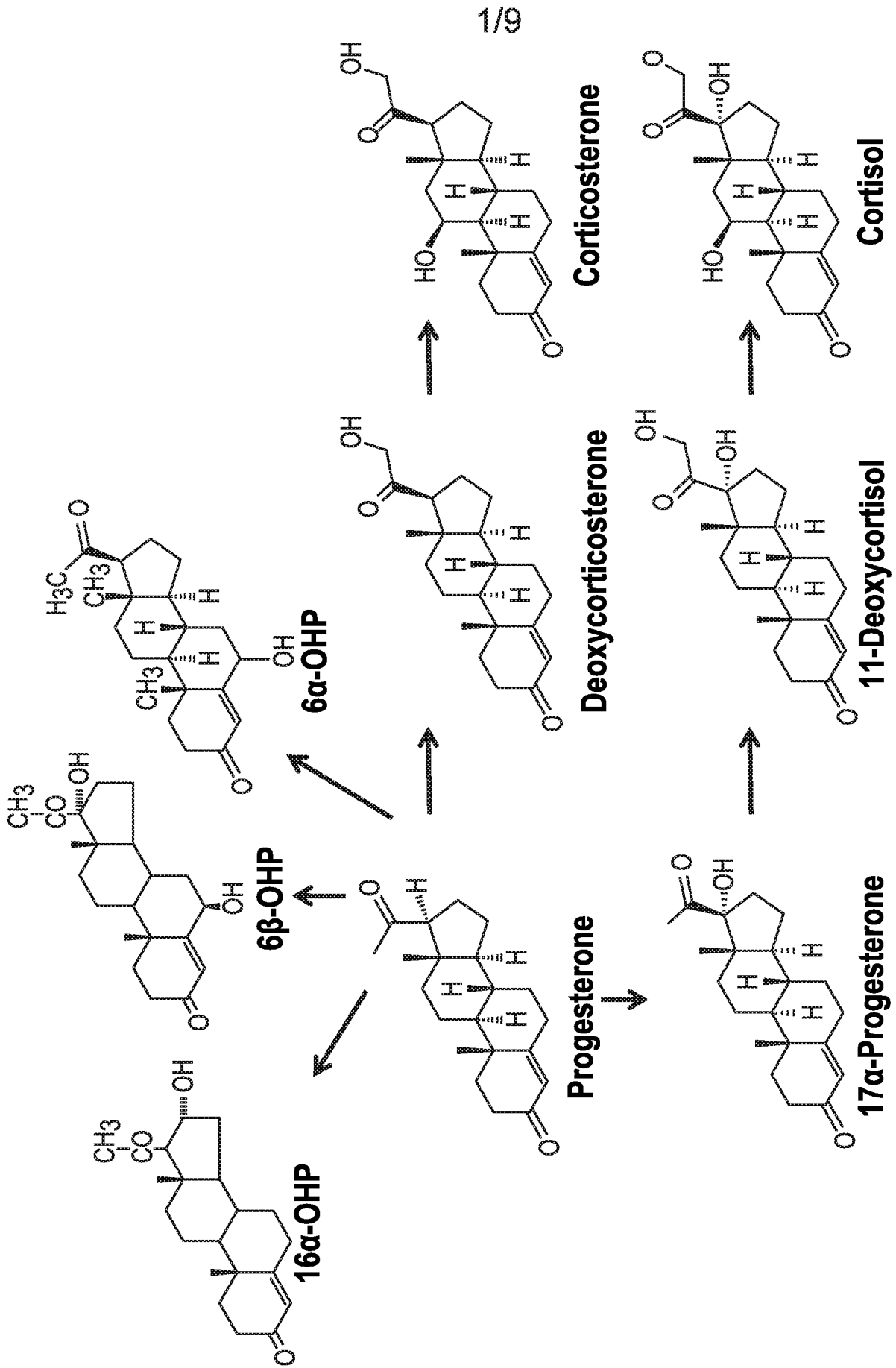
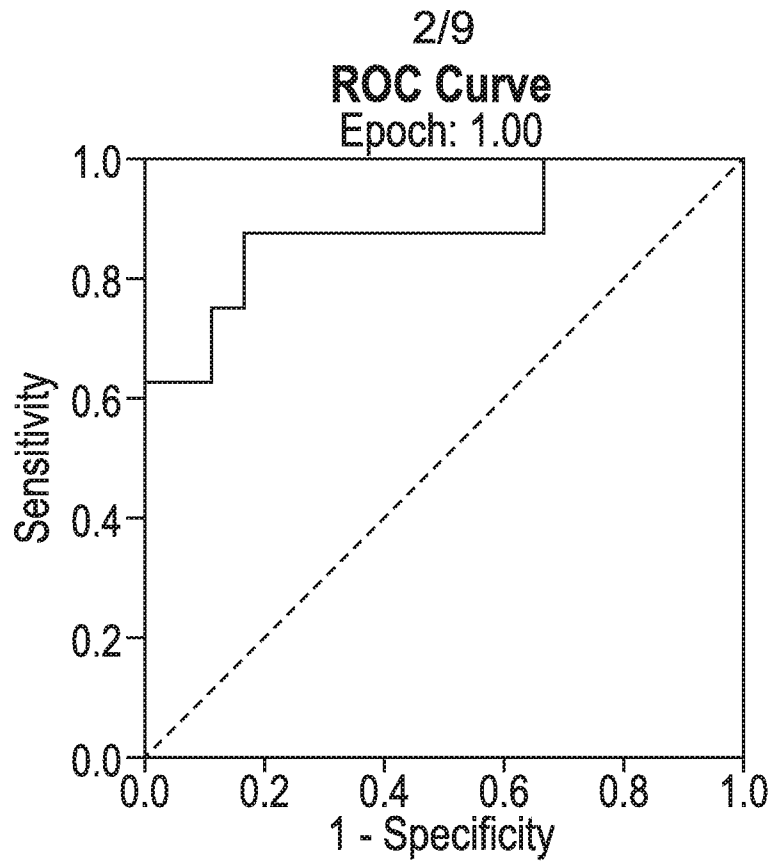
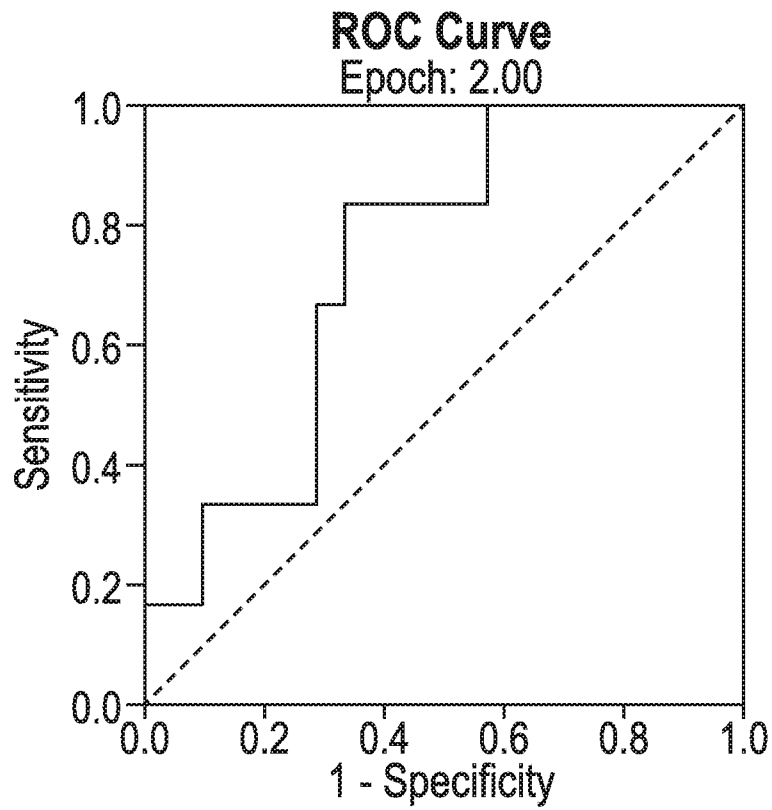


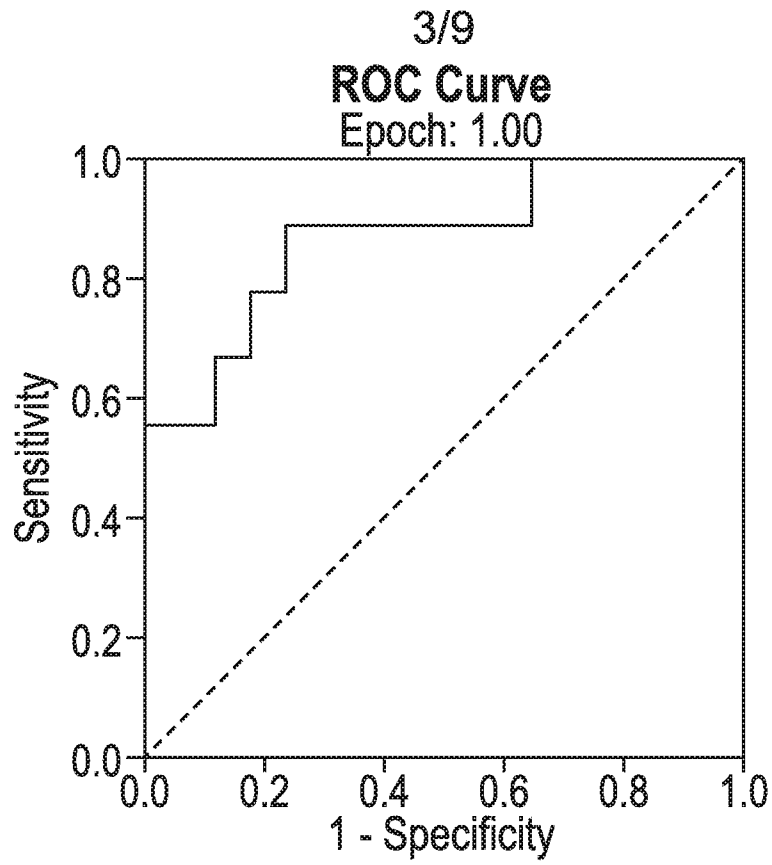
FIG. 1



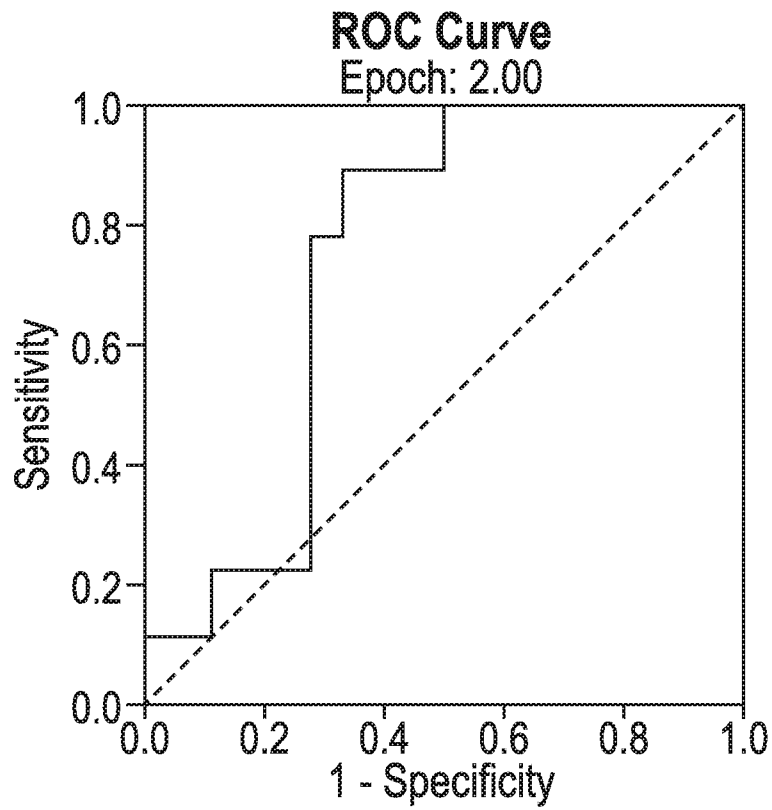
**FIG. 2A**



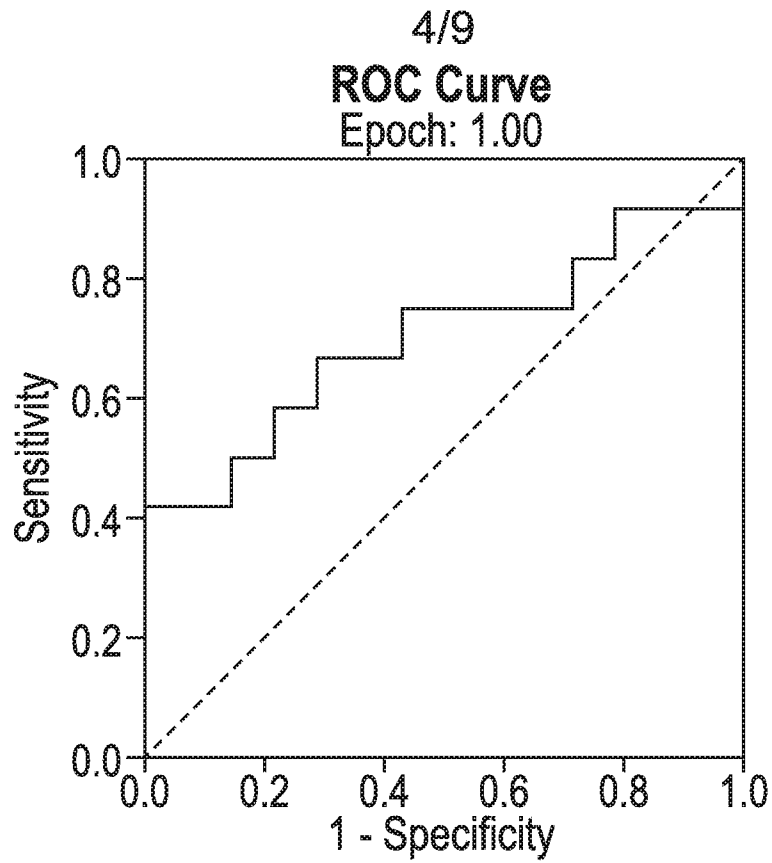
**FIG. 2B**



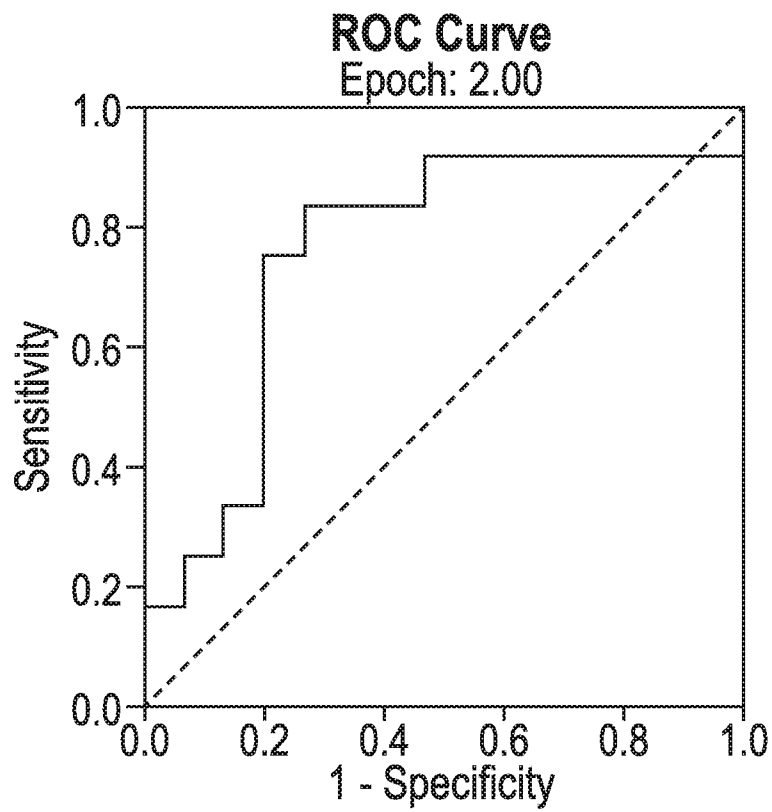
**FIG. 3A**



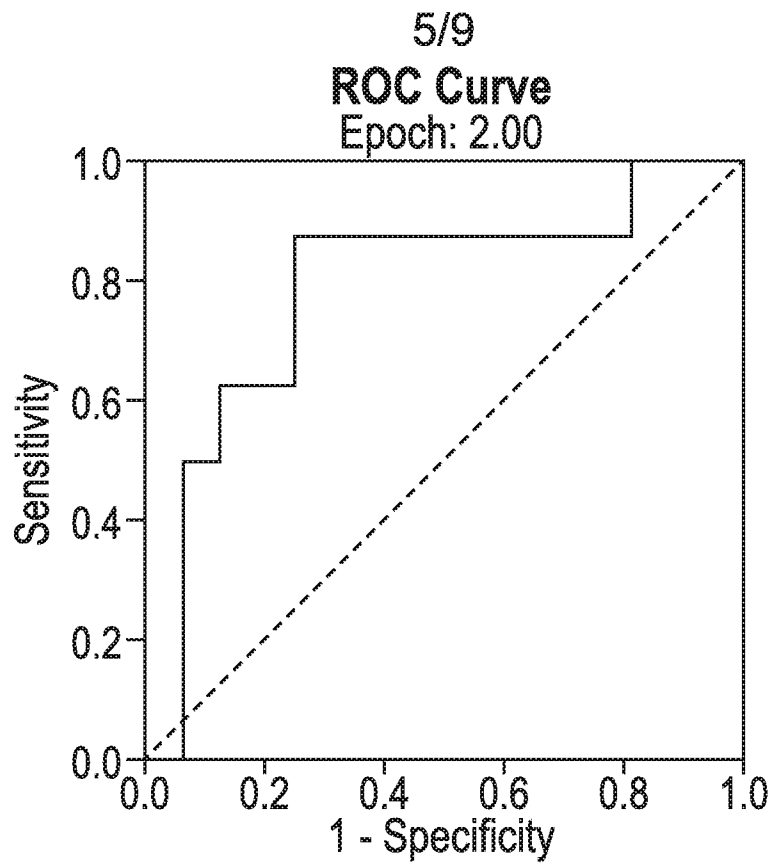
**FIG. 3B**



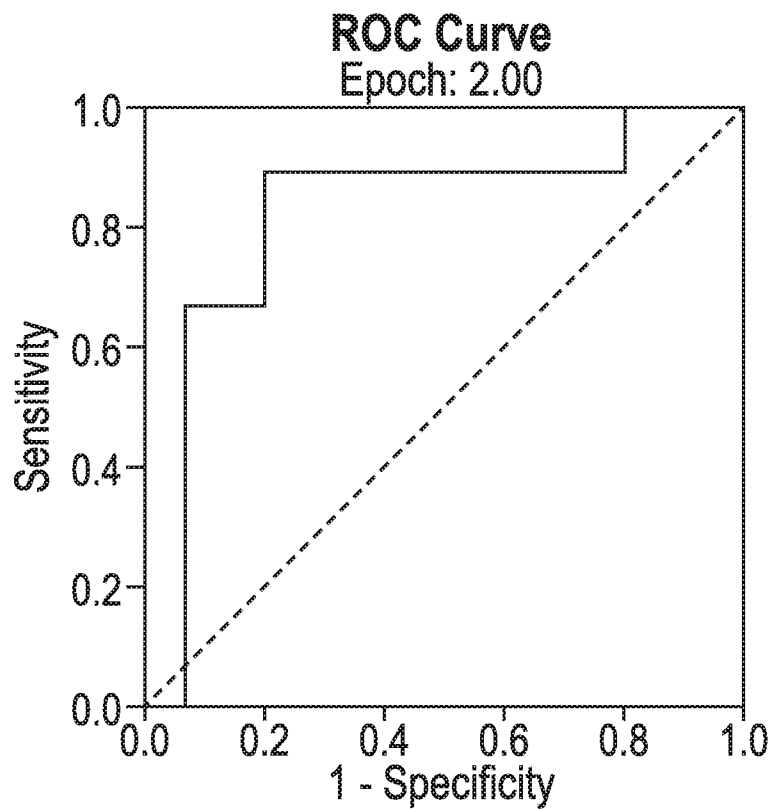
**FIG. 4A**



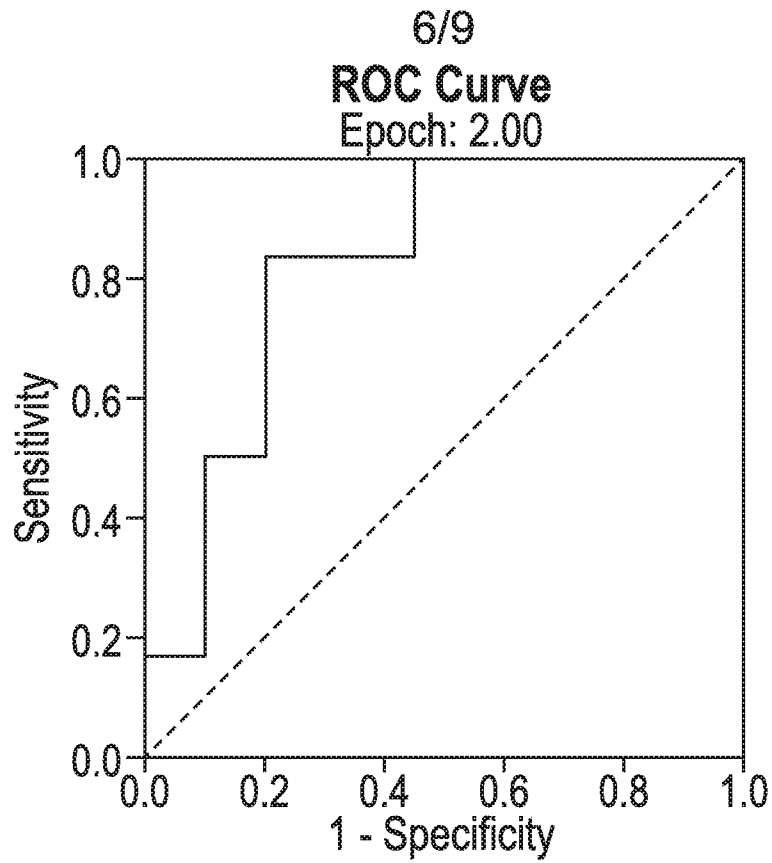
**FIG. 4B**



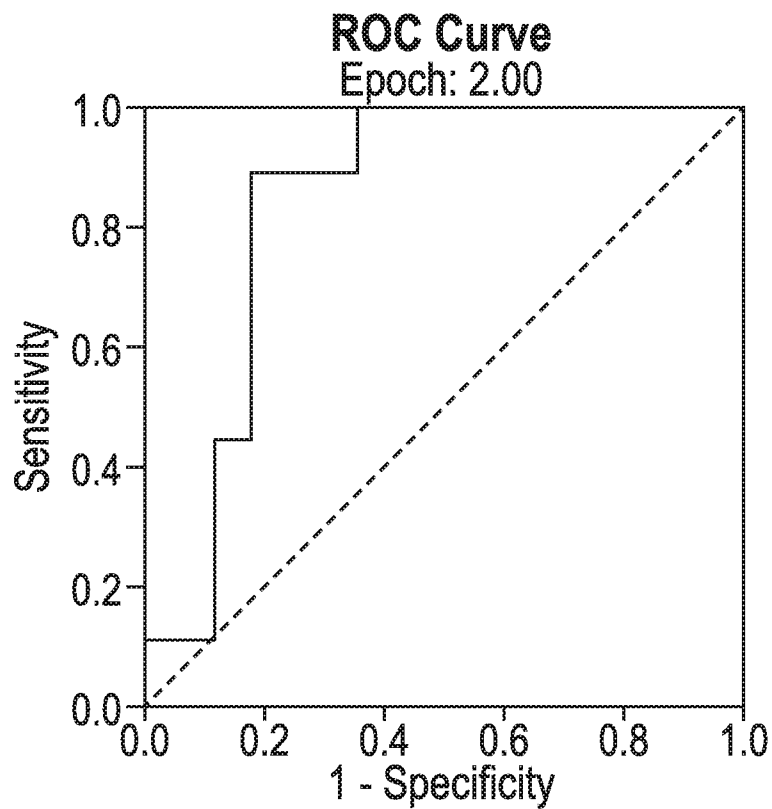
**FIG. 5A**



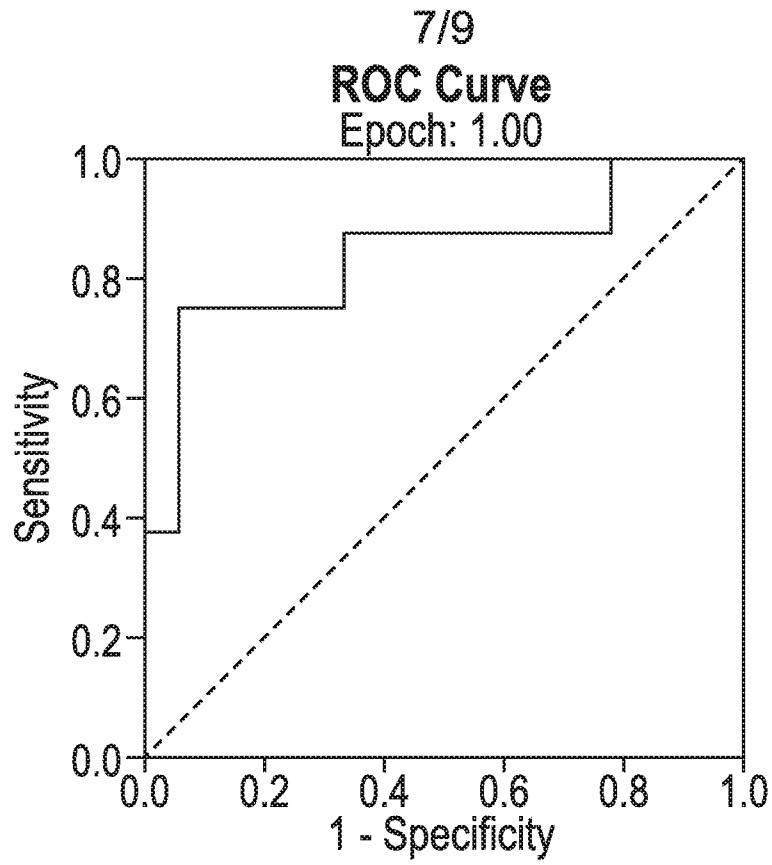
**FIG. 5B**



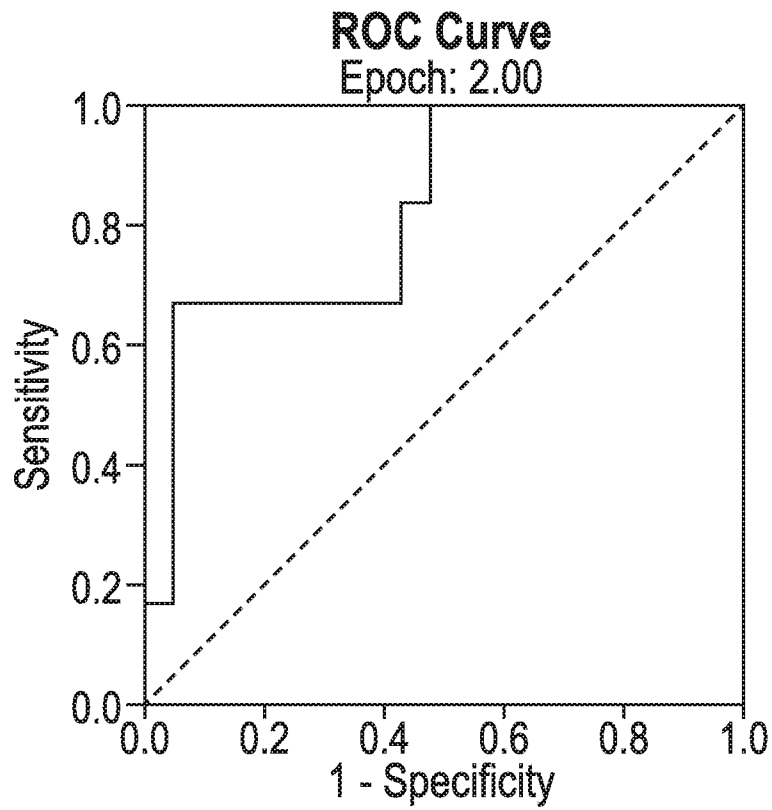
**FIG. 6A**



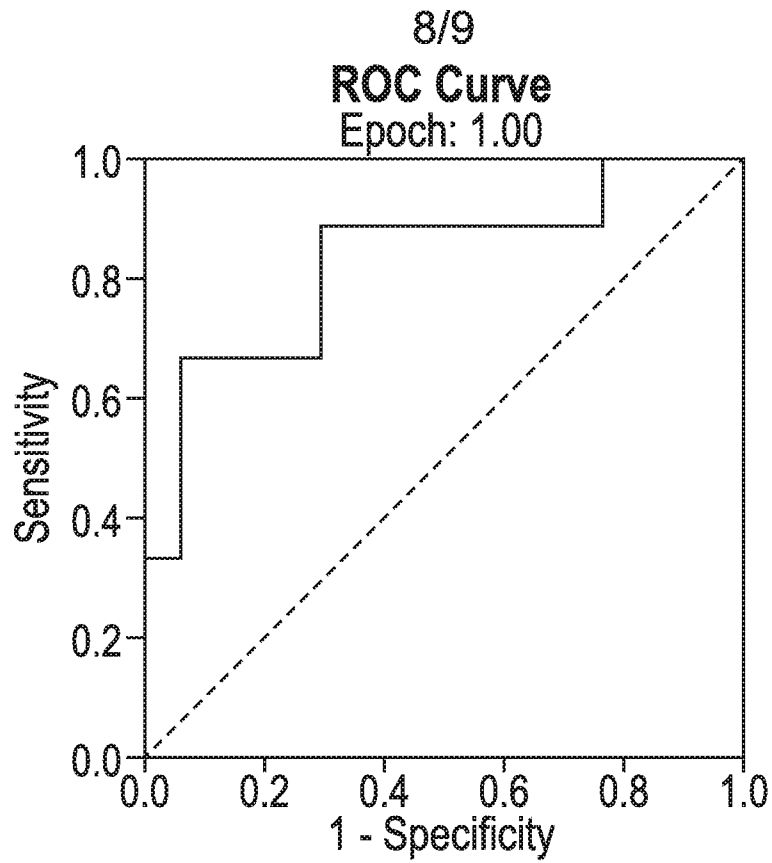
**FIG. 6B**



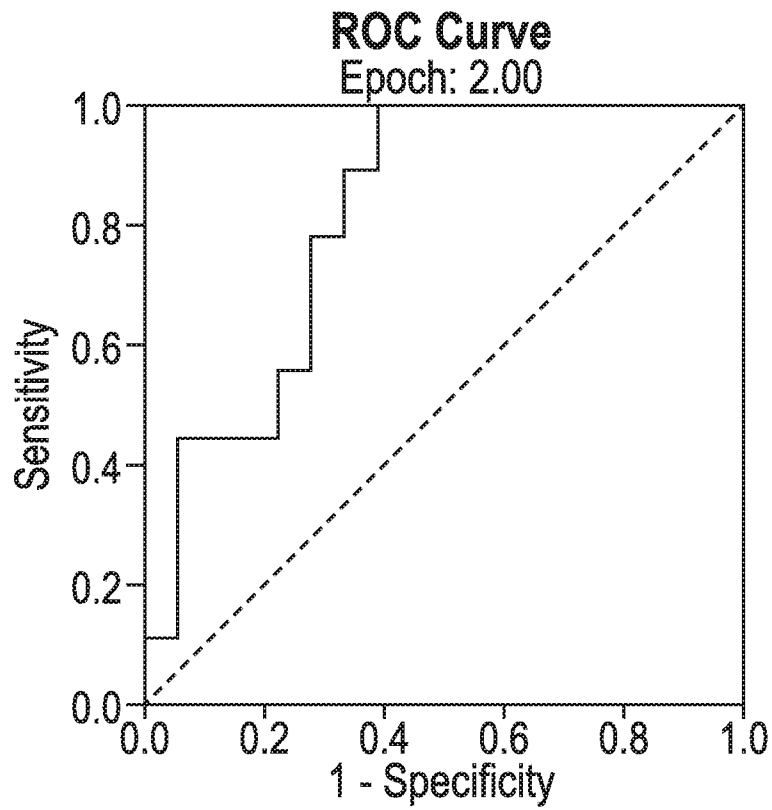
**FIG. 7A**



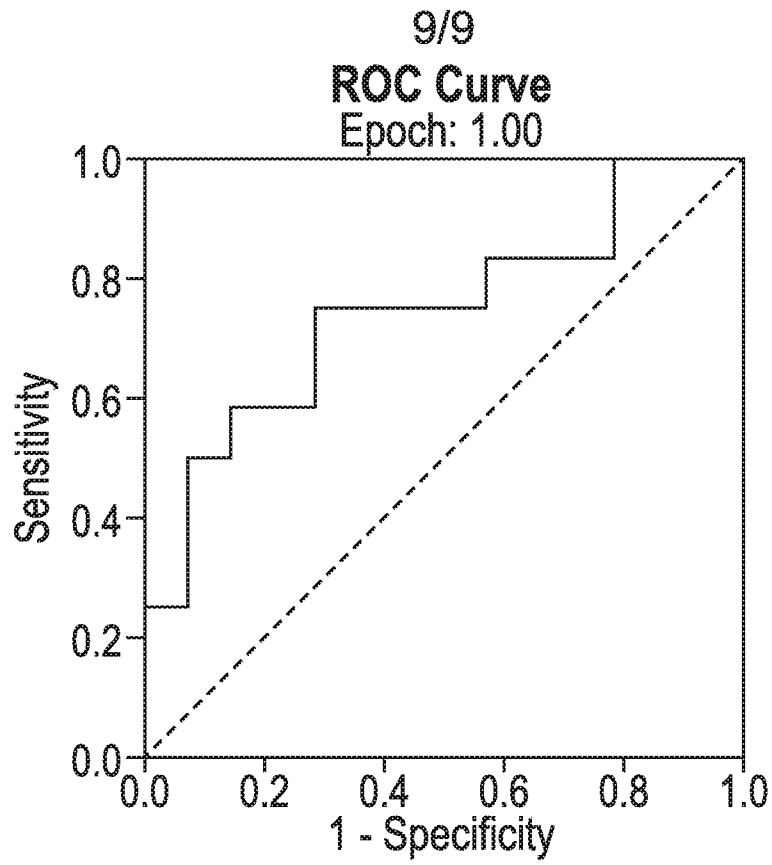
**FIG. 7B**



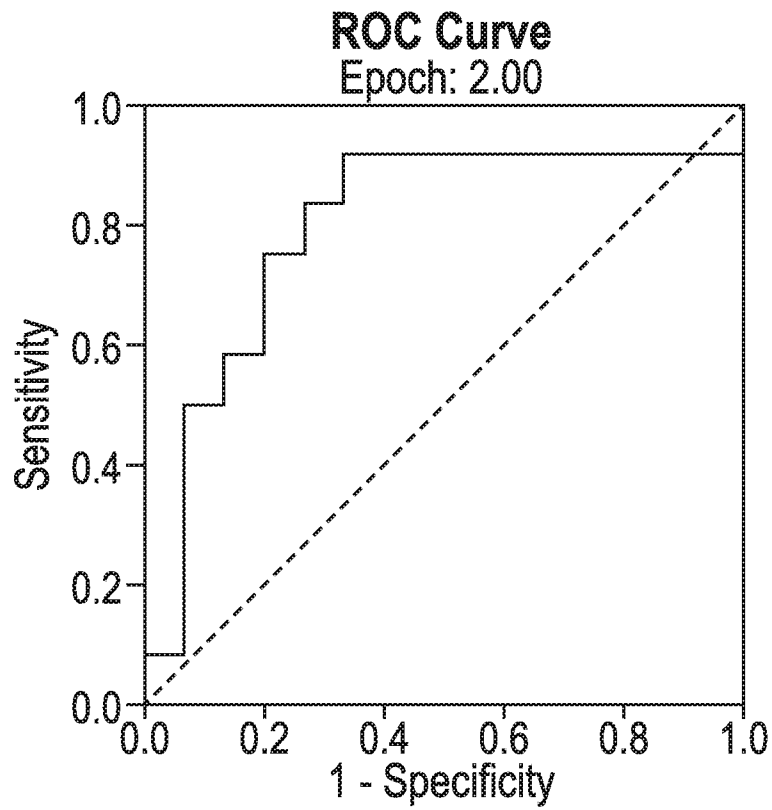
**FIG. 8A**



**FIG. 8B**



**FIG. 9A**



**FIG. 9B**

## INTERNATIONAL SEARCH REPORT

International application No.

PCT/US17/30759

A. CLASSIFICATION OF SUBJECT MATTER  
 IPC - C07J 1/00, 5/00, 51/00; G01N 33/48, 33/53, 33/74 (2017.01)  
 CPC - A61B 5/4343, A61K 31/56; C07J 1/00, 5/00, 51/00; G01N 33/48, 33/50, 33/53, 33/743, 2501/39

According to International Patent Classification (IPC) or to both national classification and IPC

## B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

See Search History document

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

See Search History document

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

See Search History document

## C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X --- Y	US 2014/0093900 A1 (KUSHNIR, MM et al.) 3 April 2014; figures 8B and 8C; paragraphs [0009]-[0010], [0087]; table 12	1-2 ---- 3-5
Y	WO 2014/144129 A2 (SERA PROGNOSTICS, INC) 18 September 2014; paragraphs [0009], [0013], [0021]	3
Y	WO 2012/075150 A2 (THE UNIVERSITY OF KANSAS) 07 June 2012; paragraphs [0015], [0018], [0023], [0030], [0052]	4
Y	(GAIKWAD, NW) "Ultra Performance Liquid Chromatography-Tandem Mass Spectrometry Method for Profiling of Steroid Metabolome in Human Tissue" Anal. Chem. 2013, vol. 85, no. 10, pagos 4951-4960 (abstract); abstract	5
A	WO 2015/091591 A1 (UNIVERSITEIT GENT) 25 June 2015; page 4, lines 23-28	6-7
A	(BROWN, RD et al.) "Plasma Deoxycorticosterone in Normal and Abnormal Human Pregnancy" Journal of Clinical Endocrinology and Metabolism 1972, vol. 35, no. 5 pages 736-742 (abstract)	6-7
A	(PARKER, CR et al.) "Hormone Production During Pregnancy in the Primigravid Patient" American Journal of Obstetrics and Gynecology 1980, vol. 138, no. 6, pages 626-631 (abstract); abstract	6-7

Further documents are listed in the continuation of Box C.  See patent family annex.

* Special categories of cited documents:	"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention
"A" document defining the general state of the art which is not considered to be of particular relevance	"X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone
"E" earlier application or patent but published on or after the international filing date	"Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art
"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)	"&" document member of the same patent family
"O" document referring to an oral disclosure, use, exhibition or other means	
"P" document published prior to the international filing date but later than the priority date claimed	

Date of the actual completion of the international search

04 July 2017 (04.07.2016)

Date of mailing of the international search report

25 AUG 2017

Name and mailing address of the ISA/

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 P.O. Box 1450, Alexandria, Virginia 22313-1450  
 Facsimile No. 571-273-8300

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Shane Thomas

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 PCT OSP: 571-272-7774

**INTERNATIONAL SEARCH REPORT**

International application No.

PCT/US17/30759

C (Continuation). DOCUMENTS CONSIDERED TO BE RELEVANT		
Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	US 2016/0069891 A1 (CEDARS-SINAI MEDICAL CENTER) 10 March 2016; paragraph [0004]	8-27