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(54) Title: ALPHA-KETOGLUTARATES OF ACTIVE INGREDIENTS AND COMPOSITIONS CONTAINING SAME

(57) Abstract: Novel stable and pharmacologically acceptable salts of L-carnitine and lower alkanoyl L-carnitines with alpha-ketoglutaric acid are disclosed as well as the compositions useful as dietary and dietetic supplements, nutraceuticals or drugs containing same.

Alpha-ketoglutarates of active ingredients and compositions containing same

The present invention relates to novel, stable and pharmacologically acceptable salts of L-carnitine and lower alkanoyl L-carnitines which favourably lend themselves to the preparation of orally, parenterally or sublingually administrable compositions which can be both solid or, thanks to the salt water solubility, liquid as well. The compositions are useful in the field of dietary and dietetic supplements, health foods, and nutraceutical in addition to the strict pharmaceutical field.

The invention also relates to the compositions thus obtained.

It has long since been known that L-carnitine and lower L-carnitines lend themselves to various therapeutic utilizations.

For instance, L-carnitine is used in the cardiovascular field as a support drug for the treatment of acute and chronic myocardial ischaemia, angina pectoris, heart failure and cardiac arrhythmias.

In the nephrological field, L-carnitine is administered to chronic uraemics undergoing regular haemodialytic treatment to combat myasthenia and the onset of muscular cramps.

Acetyl L-carnitine is used in the neurologic field for the treatment of both central nervous system disturbances and peripheral neuropathies, particularly diabetic peripherial neuropathy. Propionyl L-carnitine is used for the treatment of chronic arteriosclerosis obliterans, particularly in patients showing the symptom of severely disabling intermittent claudication.

Herehinbelow, reference shall be exclusively made, for semplicity's sake, to L-carnitine, it being understood, however, that all disclosures apply to the lower alkanoyl L-carnitines as well.

A widespread promotion of carnitine and derivatives thereof has rapidly been taking place towards utilizations other than those purely therapeutical, ever though allied to them.

It has, in fact, been widely recognized that in professional athletas as well as in any subject practising sport at amateur level, L-carnitine supplies energy to the skeletal musculature and increases the resistance to prolonged, intense stress, enhancing the performance capability of such individuals.

In addition, L(-)-carnitine or its lower alkanoyl derivatives constitute indispensable nutritional supplements for both vegetarians, whose diet have a low carnitine content as well as a low content of the two amino acids, lysine and methionine (the precursors of the biosynthesis of L(-)-carnitine in the kidneys and liver) and for those subjects who have to live on a diet poor in protein for prolonged periods of time.

Consequently, various compositions containing L-carnitine alone or in combination with other active ingredients (see e.g. the combination composition carnitine/coenzyme Q₁₀) have recently reached the market of the health foods, dietary supplements, energy foods and similar products, i.e. those compositions which sold as OTCs are not addressed to purely therapeutic purposes, but are aimed to the well-being and at producing a general improvement in fitness and performances on the part of the consumer and which have recently termed "nutraceuticals".

Of growing interest, moreover, is the use of L(-)-carnitine in the veterinary field and as animal feed supplements in the breeding of valuable animals such as racehorses and thoroughbreds.

In all the aforesaid both "ethical" and "non ethical" applications, L-carnitine is not generally used in the form of its inner salt, owing to the extremely high hygroscopicity thereof.

Indeed, L-carnitine inner salt's hygroscopicity brings about complex problems of processing, stability and storage both of the raw materials and of the finished products. For example, L(-)-carnitine tablets have to be packaged in blisters to keep them out of contact with the air, since, otherwise, even in the presence of normal humidity conditions, they would undergo alterations, swelling up and becoming pasty and sticky. Moreover, owing to the inadequate stability, traces of trimethylamine are released which give the products as unpleasant fishy odour.

The problem of the hygroscopicity of L-carnitine inner salt has substantially been solved by converting it to salts of "pharmacologically acceptable acids" on the assumption that these salts maintain the same therapeutic/nutritional activities as those of the inner salt and do not present unwanted toxic or side effects.

There is now an extensive body of literature, particularly patents, disclosing the production of stable, non-hygroscopic salts of L(-)-carnitine.

With specific reference to the two only salts which have been actually marketed to-date as nutritional supplements, US 4,602,039 (Sigma-Tau) discloses L(-)-carnitine acid fumarate (1:1) as a non-hygroscopic, pharmacologically acceptable L(-)-carnitine salt. EP 0 434 088 (Lonza) discloses the use of L(-)-carnitine tartrate (2:1), the preparation and physico-chemical characterization of which were, on the other hand, already described by D. Müller and E. Strack in Hoppe Seyler's Z. Physiol. Chem. 353, 618-622, April 1972, for the preparation of solid forms suitable for the oral administration, such as tablets, capsules, powders or granulates, as said salts are capable of resisting at about 60% relative humidity.

The solution of the purely technological problem of hygroscopicity of L-carnitine inner salt has confined so far to the background the consideration of more substantial pharmacological aspects, such as the finding of L-carnitine salts, whose anion moiety itself be endowed with

interesting pharmacological characteristics and, furthermore, be apt to enhance, if possible in a synergic way, the therapeutical and/or nutritional properties of L-carnitine inner salt.

The object of the present invention is to provide such novel, stable pharmacologically acceptable salts of L-carnitine and lower alkanoyl L-carnitines which not only possess an enhanced therapeutical and/or nutritional efficacy with respect to the corresponding inner salts, but also, owing to their water solubility, are more easily absorbable resulting in higher haematic concentration of L-carnitine in shorter times with respect to those achievable with L-carnitine inner salt or its pharmacologically acceptable salts known to-date.

According to the invention, the aforesaid object is achieved via the L-carnitine and lower alkanoyl L-carnitines alpha-ketoglutarates having the formula:

wherein:

- A is the alpha-ketoglutarate anion; and
- R is hydrogen or a straight- or branched-chain lower alkanoyl having 2-5 carbon atoms.

When R is alkanoyl, it is preferably selected from the group consisting of acetyl, propionyl, valeryl and isovaleryl.

Particularly preferred alpha-ketoglutarates of the invention are the following:

- L-carnitine alpha-ketoglutarate;
- acetyl L-carnitine alpha-ketoglutarate;
- propionyl L-carnitine alpha-ketoglutarate:
- valeryl L-carnitine alpha-ketoglutarate; and
- isovaleryl L-carnitine alpha-ketoglutarate.

The alpha-ketoglutarate of the invention present the favourable metabolic properties of both L-carnitine or alkanoyl L-carnitine and alpha-ketoglutaric acid with a synergistic effect.

As known, alpha-ketoglutaric acid plays an important metabolic role, which is correlated to that played by L-carnitine.

For instance, in phenylketokuria carnitine synthesis is hindered and the resulting decrease is correlated to the lowering of alphaketoglutaric acid concentration, whose presence is critical for restoring carnitine basal values insofar as it acts as coenzyme of butyrobetaine hydroxylase.

It is, furthermore, known the glutamine role in maintaining muscle functional capacity and that a glutamine decrease can be detected in several pathological conditions or muscular stress. Since alphaketoglutaric acid is a glutamine precursor, its administration was shown to improve a number of muscle pathologies such as those occurring in muscular injuries.

Alpha-ketoglutarate administration has been also successfully adopted in cardiac surgery owing to the important role played by alphaketoglutaric acid in the Krebs cycle and, hence, in myocardial metabolism. Consequently, its use as cardioprotective agent has been suggested. Since alpha-ketoglutaric acid can act as mitochondrial carrier, just as carnitine does, and can, therefore, similarly to so-called mitochondriocytopathies, carnitine, correct some favourable metabolic effects not only at the cardiac level but also at the level of other organs such as the renal tract can be accounted for.

Moreover, in uremics undergoing regular haemodialytic treatment calcium ketoglutarate was shown to be effective in preventing hyperphosphataemia.

Example of preparation of L-carnitine alpha-ketoglutarate

0.1 moles of L-carnitine inner salt (16.2 g) were dissolved in distilled water (200 mL). 0.1 moles of alpha-ketoglutaric acid (16.6 g) were added under stirring to the solution. The addition was carried out portionwise taking care that, when the addition was over, the solution remained clear.

The excess of water was evaporated under reduced pressure until a thick honey-like pasty mass was obtained composed of the hydrated form of L-carnitine alpha-ketoglutarate. The salt, whose molecular weight is 389, was completely water soluble at 25°C. Its IR spectrum was consistent with the salt structure of the compound.

Preparation of solid compositions

Example 1

15.2 g of L-carnitine inner salt, 16.6 g of alpha-ketoglutaric acid, 2g of METHOCEL E50L and 70 g of glucose were dissolved in 300 mL of distilled water.

The resulting solution was filtered, the filtrate brought to -40°C and lyophilized.

112 g of a flowable cream-colored powder which remained unchanged over time, were obtained.

Example 2

The procedures of Example 1 were repeated, substituting mannitol for glucose.

Example 3

The procedures of Example 1 were repeated, substituting lactose for glucose.

Example 4

The procedures of Example 1 were repeated, substituting fructose for glucose.

The product obtained simply by water evaporation can be manufactured as capsules which rapidly dissolve when placed under the tongue or in the oral cavity.

As an alternate route, L-carnitine alpha-ketoglutarate can be stabilized by adding thereto glucose, fructose, lactose or mannitol or other sugars, as shown in Examples 1-4.

In this case, L-carnitine alpha-ketoglutarate spreads evenly, infact, on the solid base consisting of lactose, fructose, glucose or mannitol, resulting in a well preservable powder.

As apparent to any expert in pharmaceutical technology, the end product can be supplemented with stabilizers and preservatives currently used in pharmaceutical preparations or dietary/nutritional supplements, or with other active ingredients selected from drugs, nutrients and dietetic agents such as vitamins, amino acids, mineral salts or products of vegetable origin.

Further additional substances comprise binders, lubricants, mold-release agents, flow-regulating agents, dispersing agents, colorants and flavoring agents.

Absorption tests on L-carnitine alpha-ketoglutarate

For these tests a batch of male Sprague Dawley rats with a mean body weight of 250 g was used. After fasting for 24 hours, the rats were divided into three groups which were administered orally 1 g/kg of L-carnitine alpha-ketoglutarate and equimolar doses of L-carnitine and alpha-ketoglutaric acid, respectively. The L-carnitine assay was conducted on blood samples taken from the animals 1, 2 and 4 hours after administration using the spectrophotometric method described by Schafer (Schafer Y., Reichmann E., Clin. Chim., Acta, 182, 87, 1989).

The results of these tests demonstrate that L-carnitine alphaketoglutarate is well absorbed and yelds higher blood concentrations in shorter periods of time than those achieved after administration of equivalent doses of L-carnitine. Whereas, in fact, with L-carnitine alpha-ketoglutarate the L-carnitine concentrations reached their peak after as little as 1 hour (166.5±20.1 nmol/l), with the administration of equimolecular doses of L-carnitine, the peak concentration was obtained only after 2 hours (128.8±18.8 nmol/l) and was in any case lower than that obtainable with L-carnitine alpha-ketoglutarate.

Metabolic tests

For the purposes of demonstrating the favourable metabolic action of the new compound, tests were conducted on rabbit heart papillary muscle subjected to hypoxia, evaluating the reduction in ATP energy reserves after treatment with L-carnitine alpha-ketoglutarate (1 g/kg by mouth) or with equimolecular doses of L-carnitine or alpha-ketoglutaric acid or combination of these.

After three consecutive days of treatment, sections of papillary muscle were isolated from the rabbit hearts and were perfused in a thermostatized bath with a saturated solution of 100% O_2 . On replacing the O_2 in the bath with 100% Na, a condition of hypoxia was induced which caused a reduction in ATP concentrations in the muscle.

ATP concentrations were monitored according to the method described by Strehler (Strehler B.L., Methods in Enzymology 111, N.Y. Acad. Press. 879, 1957) on tissue samples held in the anoxic state for a period of 90 minutes.

The results of these tests show that the administration of L-carnitine alpha-ketoglutarate is capable of affording much more marked protection than either L-carnitine or alpha-ketoglutaric acid alone against the lowering of ATP concentrations in papillary muscle caused by anoxia.

The protection afforded by L-carnitine alpha-ketoglutarate also proved to be unexpectedly greater than the sum of the effects of L-carnitine and alpha-ketoglutaric acid alone.

Whereas, in fact, in the untreated controls, the hypoxia reduced the ATP concentrations (mol/g tissue) from 1.70±0.68 to 0.46±0.071, in the rats treated with L-carnitine alpha-ketoglutarate the ATP concentrations were reduced to only 1.48±0.72. In the rats treated with L-carnitine or with alpha-ketoglutaric acid, the ATP concentrations were 0.59±0.31 and 0.75±0.80, respectively, whereas with the combination of the two compounds the concentration was 0.91±0.64.

Presentation forms of the compositions of the present invention include tablets, chewable tablets, pills, troches, lozenges, capsules, powders, granulates, phials, solutions, elixirs or drops.

In unit dosage form, the compositions comprise an amount of a ketoglutarate of L-carnitine or alkanoyl L-carnitine corresponding to about 50-1000 mg, preferably about 100-500 mg, of L-carnitine or alkanoyl L-carnitine as inner salts.

By way of example, one of such a composition comprises

L-carnitine alpha-ketoglutarate	mg	500
Cocarboxylase	mg	2
Vit. B ₆	$\mathbf{m}\mathbf{g}$	5
Vit. E	$\mathbf{m}\mathbf{g}$	5
Vit. PP	$\mathbf{m}\mathbf{g}$	20
Vit. C	$\mathbf{m}\mathbf{g}$	50
Coenzyme Q_{10}	mg	25
Selenomethionine	μg	50
Magnesium	mg	25
Calcium	mg	25
Zinc	mg	3

A mixture of L-carnitine alpha-ketoglutarate with one or more alkanoyl L-carnitine alpha-ketoglutarate may suitably substitute for L-carnitine alpha-ketoglutarate alone; for example (with reference to the previous composition):

L-carnitine alpha-ketoglutarate	$\mathbf{m}\mathbf{g}$	200
Acetyl L-carnitine alpha-ketoglutarate	mg	200
Propionyl L-carnitine alpha-ketoglutarate	mg	200

The present invention also relates to the use of the aforesaid alphaketoglutarate for preparing an orally, parenterally or sublingually administrable composition for the prevention or treatment of organic or tissue disorders brought about by anoxia or inadequate energy supply or metabolic dysfunctions such as those occurring during strenuous physical exercise, in post-infarction states, cardiopathies or neuropathies, in subjects suffering from phenylketonuria and in chronic uremic patients undergoing regular haemodialytic treatment.

Claims

1. L-carnitine and lower alkanoyl L-carnitine alpha-ketoglutarate of formula

wherein:

- A is the alpha-ketoglutarate anion; and
- R is hydrogen or a straight- or branched-chain lower alkanoyl having 2-5 carbon atoms.
- 2. The alpha-ketoglutarate of claim 1, wherein R is an alkanoyl selected from the group consisting of acetyl, propionyl, valeryl and isovaleryl.
- 3. L-carnitine alpha-ketoglutarate.
- 4. Acetyl L-carnitine alpha-ketoglutarate.
- 5. Propionyl L-carnitine alpha-ketoglutarate.
- 6. Valeryl L-carnitine alpha-ketoglutarate.
- 7. Isovaleryl L-carnitine alpha-ketoglutarate.
- 8. An orally parenterally or sublingually administrable composition comprising:
- (a) an L-carnitine or a lower alkanoyl L-carnitine alphaketoglutarate of formula:

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wherein:

- A is the alpha-ketoglutarate anion; and
- R is hydrogen or a straight- or branched-chain lower alkanovl having 2-5 carbon atoms; and
- (b) a pharmacologically acceptable excipient.
- 9. The composition of claim 8, wherein the alpha-ketoglutarate is selected from the group consisting of:
- L-carnitine alpha-ketoglutarate;
- acetyl L-carnitine alpha-ketoglutarate;
- propionyl L-carnitine alpha-ketoglutarate;
- valeryl L-carnitine alpha-ketoglutarate; and
- isovaleryl L-carnitine alpha-ketoglutarate.
- 10. The composition of claims 8 or 9 as a pharmaceutical composition, OTC composition, nutritional supplement, dietary supplement, health food, nutraceutical, veterinary product or fodder.
- 11. The composition of any one of claims 8-10 which further comprises nutritional or pharmacological active ingredients, fillers, binders, lubricants, mold-release agents, flow-regulating agents, dispersing agents, colorants and flavoring agents.
- 12. The composition of claim 11 wherein the further nutritional or pharmacological active ingredients are selected from vitamins, amino acids, proteins mineral salts antioxidants and coenzymes.
- 13. The composition of any one of claims 8-12 in the form of tablets, chewable tablets, pills, troches, lozenges, capsules, powders, granulates, phials, solutions, elixirs or drops.
- 14. The composition of any one of claims 8-13, in unit dosage form, comprising an amount of a ketoglutarate of claims 1-7 corresponding to about 50-1000 mg, preferably about 100-500 mg, of L-carnitine or alkanoyl L-carnitine as inner salts.

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15.	The composition of claim 14, comprising:		
	L-carnitine alpha-ketoglutarate	mg	500
	Cocarboxylase	$\mathbf{m}\mathbf{g}$	2
	Vit. B ₆	$\mathbf{m}\mathbf{g}$	5
	Vit. E	mg	5
	Vit. PP	$\mathbf{m}\mathbf{g}$	20
	Vit. C	mg	50
	Coenzyme Q_{10}	mg	25
	Selenomethionine	μg	50
	Magnesium	mg	25
	Calcium	mg	25
	Zinc	mg	3
16.	The composition of claim 14, comprising:		
	L-carnitine alpha-ketoglutarate	mg	200
	Acetyl L-carnitine alpha-ketoglutarate	mg	200
	Propionyl L-carnitine alpha-ketoglutarate	mg	200
	Cocarboxylase	mg	2
	Vit. B ₆	mg	5
	Vit. E	mg	5
	Vit. PP	mg	20
	Vit. C	mg	50
	$\operatorname{Coenzyme} \operatorname{Q}_{10}$	mg	25
	Selenomethionine	μg	50
	Magnesium	mg	25
	Calcium	mg	25
	Zinc	mg	3
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Use of an alpha-ketoglutarate of claims 1-7 for preparing an 17. orally, parenterally or sublingually administrable composition for the prevention or treatment of organic or tissue disorders brought about by anoxia or inadequate energy supply or metabolic dysfunctions such as those occurring during strenuous physical exercise, in post-infarction states, cardiopathies or neuropathies, in subjects suffering from phenylketonuria and chronic uremic patients undergoing regular

haemodialytic treatment.

Summary

Novel stable and pharmacologically acceptable salts of L-carnitine and lower alkanoyl L-carnitines with alpha-ketoglutaric acid are disclosed as well as the compositions useful as dietary and dietetic supplements, nutraceuticals or drugs containing same.

INTERNATIONAL SEARCH REPORT

International Application No PCT/IT 01/00549

A. CLASSIFICATION OF SUBJECT MATTER IPC 7 C07C229/22 C07C59/76

A61P7/00

C. DOCUMENTS CONSIDERED TO BE RELEVANT

A61K31/205

A23L1/30

A61P9/00

Relevant to claim No.

According to International Patent Classification (IPC) or to both national classification and IPC

A61P25/00

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

IPC 7 CO7C A23L

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

EPO-Internal, WPI Data, PAJ, CHEM ABS Data, BEILSTEIN Data

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X Furth	ner documents are listed in the continuation of box C.	χ Patent family members are listed	in annex.
"A" docume consid "E" earlier difiling d "L" docume which i citation "O" docume other n	nt which may throw doubts on priority claim(s) or is cited to establish the publication date of another or other special reason (as specified) entreferring to an oral disclosure, use, exhibition or	 'T' later document published after the inte or priority date and not in conflict with cited to understand the principle or the invention 'X' document of particular relevance; the cannot be considered novel or cannot involve an inventive step when the do 'Y' document of particular relevance; the cannot be considered to involve an indocument is combined with one or moments, such combination being obvious in the art. '&' document member of the same patent 	the application but sory underlying the laimed invention be considered to current is taken alone laimed invention ventive step when the ore other such docuus to a person skilled
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International Application No
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