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(71) Applicants and

(72) Inventors: **TERWILLIGER, Richard, A.** [US/US];  
604 Old Field Road, Southbury, CT 06488 (US). **LAM-  
OUREUX, Gary, A.** [US/US]; 373 Old Sherman Hill  
Road, Woodbury, CT 06798 (US).

(74) Agents: **MEYER, Sheldon, R.** et al.; Fliesler Dubb Meyer  
& Lovejoy LLP, Suite 400, Four Embarcadero Center, San  
Francisco, CA 94111-4156 (US).

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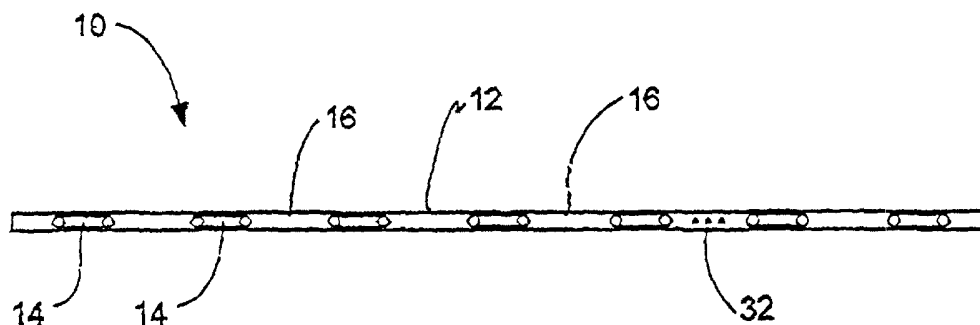
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(54) Title: DELIVERY SYSTEM AND METHOD FOR INTERSTITIAL RADIATION THERAPY



(57) Abstract: A delivery system and method for interstitial radiation therapy comprising a substantially axially stiff and longi-  
tudinally flexible elongated member made of material, which is bio-absorbable in living tissue and a plurality of radioactive seeds  
dispersed in a predetermined array within the member. The delivery system and method further customize the member based on a  
prescription.



WO 03/039655 A2

## **DELIVERY SYSTEM AND METHOD FOR INTERSTITIAL RADIATION THERAPY**

### **CLAIM OF PRIORITY**

5           This application claims priority to U.S. Provisional Patent Application  
No. 60/336,329, filed November 2, 2001 under 35 U.S.C. § 119(e).

### **FIELD OF INVENTION**

10           The present invention relates to systems and methods for delivering a  
plurality of radioactive sources to a treatment site.

### **BACKGROUND**

15           In interstitial radiation therapy, one method for treating tumors is to  
permanently place small, radioactive seeds into the tumor site. This method is  
currently accomplished by one of the following two procedures: (a) loose seeds  
are implanted in the target tissue, and/or (b) seeds are contained within a woven  
or braided absorbable carrier such as braided suture material and implanted in  
the target tissue. The loose seeds, however, are dependent on the tissue itself to  
hold each individual seed in place during treatment, and the woven or braided  
20           sutures do not assist in the placement of the seeds relative to the target tissue.

25           There have been many developments in brachytherapy (i.e. therapy  
relating to treating malignant tumors for handling such radioactive seeds). In  
one technique, hollow metal needles are inserted into the tumor and the seeds are  
thereafter inserted into the needles, while the needles are being retracted to  
deposit the seeds in the tumor. Such devices are shown in U.S. Pat. No.  
4,402,308 which is incorporated herein by reference. The most commonly used  
instruments are the Henschke and Mick devices. The use of such devices has  
distinct disadvantages. The overall length of such devices is over 20 cm and  
such devices have significant weight making them difficult to manipulate.

Another disadvantage of the above technique is that the seeds are deposited in a track made by the needle. When the needle is withdrawn, there is a tendency for the seeds to migrate in that track resulting in a poor distribution of the seeds. Because the energy levels are low, distribution between centers of adjacent seeds should be on the order of about 1 cm for certain treatments. Poor distribution of seeds can result in undesirable concentrations of seeds resulting in either an over-dosage or under-dosage of radiation. Further, over time, the seeds tend to migrate along the needle track, away from the tumor, and accordingly patients commonly must repeat the procedure within a couple months to have seeds re-implanted near the tumor.

Further complicating the procedure is the fact that the seeds are small, because they need to fit in small bore needles to prevent excessive tissue damage. Due to their small size and high seed surface dose, the seeds are difficult to handle and to label, and can easily be lost. In addition, the technique of implantation of individual seeds is time consuming.

One preferred method of introducing seeds into the tumor site is using a pre-manufactured elongated assembly or implant that contains seeds spaced at 1 cm increments. This assembly is capable of being loaded into an introducer needle just prior to the procedure. What is desired in using an elongated assembly of seeds and spacers is the ability to insert such an assembly into a tumor site to provide controlled and precise placement of the radioactive seeds.

While assemblies with bio-absorbable materials and spaced radioactive seeds are known for use as interstitial implants, such assemblies are not entirely satisfactory. In one instance, the elongated implant is made using a bio-absorbable material consisting of an Ethicon Vicryl.RTM. This material is commonly known as PGA. Radioactive seeds and teflon spacers are inserted into the material. Needles loaded with the seeds in the carrier bio-absorbable material are sterilized or autoclaved causing contraction of the carrier material and resulting in a rigid column of seeds and spacers. This technique was

reported in "Ultrasonically Guided Transperineal Seed Implantation of the Prostate: Modification of the Technique and Qualitative Assessment of Implants" by Van't Riet, et al., International Journal of Radiation Oncology, Biology and Physics, Vol. 24, No. 3, pp. 555-558, 1992 which is incorporated  
5 herein by reference. Such rigid implants have many drawbacks, including not having the ability to flex with the tissue over the time that the bio-absorbable material dissolves.

As the tissue or glands shrink back to pre-operative size, and thus as the tissue recedes, a rigid elongated implant does not move with the tissue, but  
10 remain stationary relative to the patient. The final location relative to the tumor is thus not maintained and the dosage of the radioactive seeds does not meet the preoperative therapy plan.

Another system for providing an elongated implant having radioactive seeds disposed therein is disclosed in U.S. Pat. No. 4,697,575 which is  
15 incorporated herein by reference. In this reference, a plurality of encapsulated radioactive seeds are positioned in a predetermined array. The seeds are encapsulated in individual capsules, with each capsule having a projection on one capsule end and a complementary recess on the remaining capsule end. A  
20 projection in one capsule is engageable with a recess in an adjacent capsule such that the desired number of seeds can be plugged together to form a column of rigid, bio-absorbable and elongated material. This implant is not entirely satisfactory inasmuch as it is time consuming and inefficient to carry out the manipulative steps of assembling such a strand of elongated material. Further the implant is quite rigid as it is inserted into a patient without the use of an  
25 introduction needle, as the implant itself acts as a rigid needle that is undesirably left in place.

In another embodiment disclosed in the above patent, a rigid needle implant containing radioactive segments, with break points, is inserted into the tumor. The needle implant is made of a bio-absorbable polymer that is rigid

enough to be driven into the tumor without deflection and without the use of a separate hollow needle. When the proper depth is reached with the rigid polymer needle, the remaining, uninserted portion of the needle is broken off. This embodiment has the disadvantage of the above embodiment, in that being  
5 too rigid, the implant does not follow the tumor as it shrinks back to its normal size.

In U.S. Patent 6,163,947, Coniglione, issued Dec. 26, 2000, and incorporated herein by reference, a string of hollow seeds described in U.S. Patent No. 5,713,828, issued Feb. 3, 1998, also incorporated herein by reference,  
10 are strung onto a thin strand of suture material to form an array of seeds. This string of seeds is delivered into the tumor site placed within a hollow needle. Since the hollow lumen of the seeds are substantially smaller in diameter in relation to the outside diameter of the seed body, the string of suture material must be substantially smaller in diameter than the seeds themselves. The  
15 resulting diameter of the suture makes the suture axially weak and the suture can fold up between the seeds within the needle lumen as pressure is applied on the proximal end of the strand within the needle. Thus the difference in diameter between the seed and the thin suture material makes the assembly susceptible to collapse from axial force applied on the proximal end, resulting in jamming of  
20 the assembly within the needle lumen and/or the assembly not maintaining the proper desired spacing between radioactive seeds as the assembly is expelled into the treatment site.

One relevant reference discloses modification of the needle structure to include a reloadable cartridge. In such reference the needle is inserted and as a  
25 cartridge of seeds is emptied, the plunger of the device is withdrawn and a new cartridge containing radioactive seeds is loaded into the syringe (Moore, U.S. Patent No. 4,086,914, issued May 2, 1978). Another reference offers a device for implanting individual seeds in a planar dispensing device with multiple needles to ensure accurate placement of the seeds relative to one another and the

treatment site (Kirsch, U.S. Patent No. 4,167,179 issued Sep. 1979). Another reference disclosed a shielding devices for bead strands which prevents radiation exposure for health care personnel performing treatment with the radioactive seeds (Windarski, U.S. Patent No. 4,509,506 issued Apr. 1985). All of the above  
5 references are incorporated herein by reference.

In another technique for treating tumors disclosed in U.S. Patent No. 5,460,592 and incorporated herein by reference, seeds are held in a woven or braided bio-absorbable carrier such as a braided suture. The carrier with the seeds laced therein is then secured in place to form a suitable implant. This  
10 braided assembly exhibits many drawbacks, as and when the braided assembly is placed into the tumor. The needle that carries the braided assembly must be blocked at the distal end to prevent body fluids from entering the lumen. If body fluid reaches the braided assembly while the assembly is still in the lumen of the needle, the braided assembly can swell and jam in the lumen. Because the  
15 assembly is made of a braided tubular material, it is difficult to push the assembly out of the needle. As the needle is withdrawn from the tumor, pressure on the proximal end of the braided assembly causes the braid to expand and jam inside the lumen of the needle. Finally, if the braided strand is successfully expelled from the needle, the relative spacing of the seeds may not be  
20 maintained, if the braided material has collapsed.

Other references that address such implants and materials include the following, all of which are incorporated herein by reference.

U.S. Patent Documents

1,578,945 issued Jan. 1923 to Withers

2,067,589 issued Jan. 1937 to Antrim

3,351,049 issued Nov. 1967 to Lawrence

Medi-Physics brochure entitled "I-125 Seeds.RTM. In Carrier", Model 6711".

Martinez et al., Int. J. Radiation Oncology Biol. Phys., vol. 5, No. 3,

Mar. 1979, pp. 411-413.

### DISCLOSURE OF THE INVENTION

Accordingly, the present invention cures and addresses the disadvantages  
5 exhibited in the prior art devices and implants. What is desired is to provide a  
bio-absorbable carrier material having seeds disposed within the material, with  
the seeds being accurately spaced a predetermined distance from one another,  
with the seeds repeatably maintaining that spacing, even after being introduced  
into the body.

10 It is further desired that an elongated member with seeds be sufficiently  
rigid axially to allow expulsion of the member while maintaining the spacing  
between seeds, and that the member be flexible and pliable enough to move with  
the tissue as the tissue shrinks back to pre-operative size.

Accordingly, some of the objectives of the present invention include  
15 providing an elongated member with seeds dispersed throughout, which obviates  
the aforementioned disadvantages and allows placement of the seeds in accurate  
positions to provide the desired interstitial radiation dose to the location derived  
from a preoperative dosimeter plan.

A further object of the present invention is to provide a delivery system  
20 for interstitial radiation therapy, which is faster and easier to use than prior art  
systems.

Another object of the present invention is a delivery system that causes a  
minimum of trauma to tissue.

Yet another object of the present invention is a delivery system that  
25 allows for control of the radiation dosage given the tissue. Still further objects of  
the present invention is a delivery system that can be used and placed with  
precision, and that maintains the position of the implant after the implantation,  
until the bio-compatible material dissolves and the seeds have become inert. In

another aspect the bio-compatible material is selected to absorb about when the half-life of the radioactive seeds is reached.

A further aspect is to have the implant be echogenic.

5 In accordance with an embodiment of the invention, the delivery system comprises a substantially axially stiff and longitudinally flexible elongated member that is bio-absorbable in living tissue. The member has a length that greatly exceeds its width or diameter. The elongated member has a plurality of radioactive seeds dispersed therein in a predetermined array.

10 In another embodiment, the substantially axially stiff and longitudinally flexible elongated member comprises a single continuous monofilament element of bio-compatible material that has a plurality of seed sources molded therein. The bio-compatible material can be preferably a bio-absorbable polymer or copolymer material that encapsulates the plurality of radioactive seeds.

15 A further embodiment of the invention is characterized as a substantially constant diameter solid elongated matrix member of a bio-absorbable polymer with seeds positioned therein at predetermined spacing along its length, whose diameter is a close fit to the needle lumen, thus preventing collapse as axial force is applied on the proximal end of the elongated matrix member. The space between the seed sources is maintained throughout the insertion and expulsion of  
20 the elongated matrix member. The diameter of the polymer between the seeds may be slightly reduced in diameter in relation to the overall diameter of the elongated matrix member, but is of sufficient diameter so as to not allow collapse of the matrix member within the needle lumen.

25 The present embodiment of the invention further allows for variation in any spacing between seeds, as the semi-rigid, deflecting elongate member could be produced under a doctor's prescription for each patient, with optimal seed distribution for a particular patient's treatment program.

This one object of the invention is to provide an implant that can be custom made as specified by a prescription for an individual patient.



Further aspects, objects, advantage and embodiment of the invention can be understood from the specification, the figures and the claims.

### DESCRIPTION OF THE DRAWINGS

5 Figure 1 is an enlarged side view of an embodiment of the therapeutic implant of the invention.

Figure 2 is an enlarged view of a cross section of an embodiment of the therapeutic implant of the invention of Fig. 1.

10 Figure 3 is an enlarged side view of the brachytherapy device including the implant of Fig. 1.

### BEST MODE FOR CARRYING OUT THE INVENTION

In accordance with an embodiment of the invention, a substantially axially, semi-rigid and longitudinally flexible elongated member made of  
15 material, which is bio-absorbable in living tissue, is provided for insertion in tumors. A plurality of radioactive seeds are encapsulated and positioned in a predetermined array in the member in the desired spaced relationships.

The seeds can be of various types having low energy and low half-life such as Iodine seeds, known as I-125 seeds, consisting of a welded titanium  
20 capsule containing iodine 125 absorbed on a silver rod, or Palladium 103 seeds. Examples of radioactive seeds used to manufacture the therapeutic element appear in Table 1 below.

PART NUMBER	MANUFACTURER	SEED NAME
<b>IODINE <sup>125</sup></b>		
80040-A	Amersham 6702	OncoSeed
80040-B	Amersham 6711	RAPID Strand
80040-C	North American Scientific	IoGold
80040-D	Best Industries	BEST Iodine-125

80040-E	Bebig	Symmetra
80040-F	Mills Biopharmaceuticals	ProstaSeed
80040-G	Syncor	PharmaSeed
80040-H	International Isotopes	IsoStar
80040-I	Implant Sciences	I-Plant
80040-J	International Brachytherapy	InterSource-125
80040-K	Source Tech	STM1251
80040-L	DRAXIMAGE, Inc.	BrachySeed
<b>PALLADIUM <sup>103</sup></b>		
80035-A	North American Scientific	Pd Gold
80035-B	Theragenics	Theraseed 200
80035-C	Best Industries	BEST Palladium-103
80035-D	International Brachytherapy	InterSource 103

**Table 1.** Seed Manufacturers and Common Types of Seeds.

Additionally, seeds can be manufactured using iridium 192, cesium 131, gold 198, yttrium 90 and phosphorus 32. Further radioactive isotopes used to manufacture seeds are not limited to these examples, but can include other sources of different types of radiation. In addition it is to be understood that other types of seeds can be used. In particular, seeds such as those described in U.S. Patent No. 6,248,057, which patent is incorporated herein by reference and which is entitled Absorbable Brachytherapy and Chemotherapy Delivery Devices and Methods, can be used with the present invention. These seeds include radiation delivery devices, drug delivery devices, and combinations of radiation and drug delivery devices in the form of beads, seeds, particles, rods, gels, and the like. These particular seeds are absorbable wherein the radiation element or drug delivery element is contained within, for example, absorbable polymers such as those listed below or in the above-referenced patent. In such seeds, the bio-absorbable structure can have a predefined persistence which is the same as

or substantially longer than a half life of the radioactive element contained in the bio-absorbable structure. These above bio-absorbable seeds can be used in the same manner as the seeds described herein with respect to the invention.

The substantially axially, semi-rigid, and longitudinally flexible elongated member may be made of any of the natural and/or synthetic bio-compatible and bio-absorbable materials. Natural and synthetic polymers and copolymers can be used. Examples of synthetic bio-absorbable polymer materials are the polymers and copolymers of glycolide and lactide, polydioxanone and the like. Such polymeric materials are more fully described in U.S. Pat. Nos. 3,565,869, 3,636,956, 4,052,988 and European Patent Application 30822 all of which are incorporated herein by reference. Specific examples of bio-absorbable polymeric materials that can be used to produce the substantially axially stiff and longitudinally flexible elongated member of embodiment of the present invention are polymers made by ETHICON, Inc., Somerville, N.J., under the trademarks "MONOCRYL" and "MAXON" which material is incorporated herein by reference.

Table 2 below provides examples of polymers (and manufacturers) suitable for use in producing embodiments the therapeutic member of the invention. A further discussion of such biodegradable polymers can be found in an article by John C. Middleton and Arthur J. Tipton entitled "Synthetic Biodegradable Polymers as Medical Devices," published March 1998 in Medical Plastics and Bio-materials which article is incorporated herein by reference.

POLYMER	MELTING POINT (°C)	GLASS- TRANSITION TEMP (°C)	MODULUS (Gpa) <sup>a</sup>	DEGRADATI ON TIME (MONTHS) <sup>b</sup>
PGA	225-230	35-40	7.0	6 to 12
LPLA	173-178	60-65	2.7	>24
DLPLA	Amorphous	55-60	1.9	12 to 16

PCL	58-63	(-65)- (-60)	0.4	>24
PDO	N/A	(-10) - 0	1.5	6 to 12
PGA-TMC	N/A	N/A	2.4	6 to 12
85/15 DLPLG	Amorphous	50-55	2.0	5 to 6
75/25 DLPLG	Amorphous	50-55	2.0	4 to 5
65/35 DLPLG	Amorphous	45-50	2.0	3 to 4
50/50 DLPLG	Amorphous	45-50	2.0	1 to 2
a Tensile or flexural modulus.				
b Time to complete mass loss. Rate also depends on part geometry.				

**Table 2.** Biodegradable polymers, properties and degradation time.

The final hardness of the polymer of elongate member should preferably be in a range from 20 to 80 durometer and more preferably in the range of 20-40 durometer. The bio-absorbable material should preferably be absorbed in living tissue in a period of time of from about 70 to about 120 days, but can be manufactured to be absorbed anywhere in a range from 1 week to 1 year, depending on the therapeutic plan for each specific patient. Preferably the bio-absorbable material is selected to absorb about when the half-life of the radioactive seeds is reached.

The member or strand is fashioned with a manufacturing method known as insert or compression molding. The radioactive seeds are placed into a fixture that spaces the seeds at the appropriate intervals in a cavity that is shaped to the desired final dimensions of the elongated member. All the spacings can be of different lengths, if the preoperative therapeutic plan so specifies. The synthetic

polymer is introduced into the mold at a temperature that is above the melt point of the polymer. The polymer flows around the seeds within the cavity, surrounds the seeds and fills in the spaces between the seeds. After the mold has cooled, it is disassembled, and the finished elongated member is removed. Because the  
5 polymer flows at temperatures significantly greater than 250°F, the therapeutic element can easily be steam sterilized before implantation.

As specified above, the elongated member encapsulating radioactive seeds may be fashioned using compression molding techniques. Compression molding forms the molded piece in a two part mold where the polymer material  
10 is placed within the cavities of the mold in a liquid state. The seeds are placed in position within the cavities filled with the polymer and the mold is closed and compressed, then cooled to form a piece that conforms to the shape of the closed cavity.

The manufacturing process also can make the member echogenic. In the  
15 case of the molding of the elongated member, air can be entrapped in the polymer material. During the cooling stage of the molding process, the mold is placed in a vacuum chamber and the air in the chamber is evacuated. This causes the entrapped air in the mold to come out of solution from the polymer, and as the mold cools, this air is entrapped within the cooling polymer in the  
20 form of minute bubbles suspended in the plastic.

Air is a strong reflector of ultrasound energy, since the inherent impedance of air is many times greater than body tissue. When the elongated member is introduced into the body and imaged with ultrasound, the elongated member is clearly visible in the resulting image, and is thus echogenic.

25 The resulting elongated member is now a single solid monofilament of the polymer with the seeds spaced within the monofilament and encapsulated at the appropriate intervals. The member is generally very axially flexible such that it can be bent back upon itself in a circle without kinking. However, the member has sufficient column strength along its longitudinal axis so that the member can

be urged out of a hollow needle without the member folding upon itself. Again, the intervals can be selected to be any distance or combination of distances that are optimal for the treatment plan of the patient.

5 In Figure 1, the therapeutic elongated element or member or matrix or strand 10 is displayed having the semi-rigid, radially flexible polymer 12 and the radioactive seeds 14. As can be seen in Figure 1, the polymer fills the spacing segments 16 in a contiguous manner to fashion the total elongate member.

Figure 3 shows a side view of the brachytherapy device 20. The needle 22 is shown partially broken away and has a sheath component 24, and is loaded 10 with the therapeutic element or member 10. The beveled end 26 of the needle 22 is plugged with a bio-compatible substance 28. The plug prevents fluids and tissue from entering the needle and coming in contact with the member 10 prior to the placement of the member or strand 10 adjacent the tumor. The plug 28 can be made out of a bone wax or can be made of one of the bio-absorbable 15 polymers or copolymers listed herein. Further the plug can be the end of the member or strand 10 that is heated and reflowed after the strand or member is inserted into the needle. A stylet or stylus 30 is inserted into the needle until it meets the therapeutic element or member 10. Then the needle 22 is inserted into the site and the therapeutic member 10 is gradually extruded from the needle via 20 the static force of the stationary stylus 30, as the needle 22 is pulled back.

Based on the above it is evident that the present invention provides for an embodiment having an elongated member which is comprised of a biodegradable polymer which encapsulates a plurality of spaced radioactive therapeutic seeds. The seeds can be spaced in custom manner so that each member or strand is 25 designed for the particular patient. That is to say that the spacing between each seed pair in a strand or member can be different for each seed pair. Further each individual strand can have an entirely different seed spacing pattern than the next strand or member. Characteristically or typically for a surgical procedure, up to

twenty-five of such strands or members are used to encircle the organ or tumor that is affected.

Further such an arrangement provides for a strand or member that is stiff along its longitudinal axis. That is to say that the strand or member has column strength or stiffness while the strand or member is flexible in the direction which is radial or substantially perpendicular to the longitudinal axis. Accordingly the strand or member in a preferred embodiment is able to bend back upon and touch itself, when formed in a characteristic length.

In other embodiments, the strand or member can be made with the incorporation of drugs and/or hormones and/or other therapeutics which are embedded in or formed in the polymer and/or seeds. Thus the embodiment of the invention can deliver not only radioactive seeds, but such therapeutic drugs, hormones and other therapeutic devices. In addition the strand or member can deliver heated seeds such as provided by ATI Medical. Then seeds can be preferably heated to from about six (6) degrees centigrade to about seventy (70) degrees centigrade prior to being inserted into a patient in a preferred embodiment. ATI Medical is located at ([www.ATImedical.com](http://www.ATImedical.com)), and reference to such heated seeds is incorporated herein by reference.

It should be understood that other seed types can be used with the present invention. Thus for example in addition to the above encapsulated seeds, seeds which are made of radioactive or coiled wires can be embedded in the polymer and be within the spirit and scope of the invention. These seeds can be individual seeds which are spaced within a polymer or a continuous seed which extends the length of the strand or member.

Further to the invention, as discussed above, it should be understood that the strand or member can be made echogenic by the incorporation of, for example, air bubbles 32 in the polymer spaces between the seeds, as can be seen in Figure 1 and 3. These air bubbles or pockets can be formed in the polymer in ways identified above and other ways known to one of skill in the art.

According to the above, the advantages of the improved delivery system submitted of the present invention are:

1. The substantially axially stiff and longitudinally flexible elongated member allows controlled placement of the plurality of radioactive seeds that are encapsulated and positioned in a predetermined array in the member without migration of the individual radioactive seeds during the time the seeds are treating the tumor.
2. The fixed linear positioning of the seeds minimizes "hot" and "cold" radiation spots due to undesirable movement of the seeds.
3. The normal tissue is spaced away from the seed surface by the thickness of the body of polymer, to decrease necrosis from a high local dose.
4. The axial stiffness of the elongated member allows the elongated member to be urged out of the needle as the needle is withdrawn, without the member jamming in the needle, by collapsing or expanding as the needle is withdrawn from the tumor site.
5. The longitudinal flexibility of the elongated member allows locational accuracy to be maintained as the gland shrinks to pre-procedural size, as the swelling that occurs during tissue disruption and needle manipulation recedes.
6. Increased speed of implant resulting in reduced surgical time and health care provider radiation exposure.

#### Method of Delivering Customized Strands and/or Members Per A Therapeutic Prescription

As is known in the industry, there is software which can be used to provide brachytherapy treatment planning guides which are customized for each individual patient. Such software is provided by Rossmed which is located at Ross Medical, 7100 Columbia Gateway Drive, Suite 160, Columbia, MD 21046. This particular software, which is incorporated herein by reference, is known as the Strata suite, which software helps physicians to develop and



visualize low dose rate brachytherapy treatment plans for treating malignant tumors in human tissue. The treatments entail the use of radioactive seed sources which are implanted adjacent to the malignant tissue. The Strata software uses imaging to create a three dimensional reconstruction of the patient's anatomy. The software is able to plan the placement of the seeds within the target. The radiation dose that is delivered to the target can be computerized and visualized using the software. The software can then specify an optimal number of strands or members along with optimal seed dosages and spaces between seeds. At times the loading plans so specified cannot be optimized by the physician in preparing the seed and spacer loads for the needles, as the spacers come in only predefined lengths.

Accordingly with the present invention, the software can be used to prepare a prescription which optimizes the number of members or strands, and placement and spacing of seeds for each of the strands or members. This optimization plan can then be sent to a manufacturing site. By using the techniques of an embodiment of the present invention, an optimized strand or member can be created with the specified number of seeds and the specified distances between each seed pair. Once this prescription is filled at the manufacturing site, the custom strand or member can be sent back to the physician for treatment of the patient. With such an arrangement, radiation patterns can be optimally established for the treatment of each patient. Further the preparation time for the physician is greatly diminished as the physician does not have to hand assemble and hand load the seeds and spacers into the needle.

Further even if the physician were to use a prescription provided by the above software, with prior manufacturing techniques, the physician would only receive from the manufacturing facility a strand or member which has seeds spaced at predefined intervals, which are the lengths or the pre-manufactured spacers. Accordingly optimal treatment as provided by the custom strands or members manufactured according to the present invention could not be realized.

Additional aspects, objects and advantages of the invention can be obtained through a review of the appendant claims and figures. It is to be understood that other embodiments can be fabricated and come within the spirit and scope of the claims and the invention.

## CLAIMS

We claim:

1. A therapeutic element comprising:  
an elongate solid member;  
radioactive seed elements;  
said radioactive seed elements dispersed within said elongate  
solid member.
2. The therapeutic element set forth in claim 1 wherein said elongate  
solid member is axially rigid and radially flexible.
3. The therapeutic element set forth in claim 1 wherein said elongate  
solid member is sufficiently axially rigid to prevent jamming or collapsing while  
being pushed out of a needle.
4. The therapeutic element set forth in claim 1 wherein said elongate  
solid member has sufficient radial flexibility to maintain locational accuracy  
relative to a tumor target as said tumor target shrinks in size.
5. The therapeutic element set forth in claim 1 wherein the thickness  
of said elongate solid member around said radioactive seeds is sufficient to  
decrease normal tissue necrosis from a high local dose of radiation.
6. The therapeutic element set forth in claim 1 wherein said elongate  
solid member is longitudinally flexible.
7. The therapeutic element set forth in claim 1 wherein said elongate  
solid member is impregnated with a hormone.
8. The therapeutic element set forth in claim 1 wherein said elongate  
solid member is impregnated with a drug.
9. The therapeutic element set forth in claim 1 wherein said  
radioactive seed elements are positioned at various intervals along the length of  
said elongate solid member.
10. The therapeutic element set forth in claim 1 wherein said  
radioactive seed elements contain a hormone.

11. The therapeutic element set forth in claim 1 wherein said radioactive seed elements contain a drug.

12. The therapeutic element set forth in claim 1 wherein said radioactive seeds contain a compound or element that emits photonic radiation having a low energy and a short half-life.

13. The therapeutic element set forth in claim 1 wherein said radioactive seeds contain an isotope consisting of the group iodine 125, palladium 103, iridium 192, cesium 131, gold 198 yttrium 90 and phosphorus 32.

14. The therapeutic element set forth in claim 1 wherein said elongate member is composed of a bio-absorbable material.

15. The therapeutic element set forth in claim 1 wherein said elongate member is composed of a bio-absorbable material absorbed by living tissue within about 70 to 120 days.

16. The therapeutic element set forth in claim 1 wherein said elongate member is composed of a bio-absorbable material is selected from the group consisting of polymers and copolymers of glycolide, lactide and polydiacoxane.

17. The therapeutic element set forth in claim 1 wherein said elongate solid member is echogenic.

18. The therapeutic element set forth in claim 1 wherein said elongate solid member has air bubbles.

19. The therapeutic element set forth in claim 1 wherein said elongate solid member is laterally flexible.

20. A therapeutic element comprising:  
an elongate, axially rigid and radially flexible member;  
radioactive seed elements;  
said radioactive seed elements dispersed within said elongate member.

21. The therapeutic element set forth in claim 20 wherein said axially rigid and radially flexible member is continuous.

22. A therapeutic element comprising:  
an elongate axially rigid and radially flexible member;  
radioactive seed elements;  
hormone impregnated seed elements;  
said radioactive seed elements and said hormone impregnated seed elements dispersed within said elongate axially rigid and radially flexible member.

23. The therapeutic element set forth in claim 22 wherein said axially rigid and radially flexible member is continuous.

24. A therapeutic element comprising:  
an elongate axially rigid and radially flexible member;  
radioactive seed elements;  
drug impregnated seed elements;  
said radioactive seed elements and said drug impregnated seed elements dispersed within said elongate axially rigid and radially flexible member.

25. The therapeutic element set forth in claim 24 wherein said axially rigid and radially flexible member is continuous.

26. A therapeutic element comprising:  
an elongate, axially rigid and radially flexible member;  
one of a hormone and a drug;  
said one of hormone and said drug implanted in the elongate axially rigid and radially flexible member.

27. The therapeutic element set forth in claim 26 wherein said one of a hormone and a drug is dispersed along the length of said elongate, axially rigid and radially flexible member.

28. A therapeutic element comprising:

- an elongate axially rigid member;  
said elongate axially rigid member not having sufficient rigidity  
to be driven into a tumor without deflection;  
radioactive seed elements;  
5        said radioactive seed elements dispersed within said elongate  
solid member.
29.    A brachytherapy device comprising:  
a therapeutic element, including an elongate, axially rigid and  
radially flexible member;  
10        a needle with a lumen;  
a plug in the end of said needle;  
wherein said therapeutic element is positioned inside said lumen  
of said needle.
30.    The brachytherapy device set forth in claim 29 wherein said  
15        elongate, axially rigid and radially flexible member is continuous.
31.    The brachytherapy device set forth in claim 29 wherein said  
elongate solid member is a close fit to the needle lumen.
32.    The brachytherapy device set forth in claim 29 wherein the fit  
between said elongate solid member and said needle prevents collapse of said  
20        therapeutic element as said therapeutic element is passed through said needle.
33.    The brachytherapy device set forth in claim 29 wherein said plug  
is bio-compatible.
34.    A method for making a therapeutic element comprising, in any  
order:  
25        dispersing radioactive seed elements within a molding cavity; and  
filling the molding cavity with a bio-absorbable polymer;
35.    The method for making a therapeutic element set forth in  
claim 34 wherein said molding cavity is shaped to the desired final dimensions  
of said therapeutic element.

36. The method for making a therapeutic element set forth in claim 34 wherein said molding cavity spaces said radioactive seeds at appropriate intervals.

5 37. The method for making a therapeutic element set forth in claim 34 wherein said polymer is introduced into said mold at a temperature greater than the melt point of said polymer.

38. The method for making a therapeutic element set forth in claim 34 wherein said polymer surrounds said radioactive seeds.

10 39. The method for making a therapeutic element set forth in claim 34 wherein said polymer fills the spaces between said seeds.

40. The method for making a therapeutic element set forth in claim 34 wherein said bio-absorbable polymer is impregnated with a hormone.

41. The method for making a therapeutic element set forth in claim 34 wherein said bio-absorbable polymer is impregnated with a drug.

15 42. A method of brachytherapy comprising:  
loading a needle with a therapeutic device;  
inserting said needle into the therapeutic site into the most distal location from the insertion point;  
inserting a stylet into said needle;  
20 gradually pulling on said needle while maintaining the stylet stationary relative to the axial movement of said needle;  
and dispensing said therapeutic device.

25 43. The method of brachytherapy set forth in claim 42 wherein the overall diameter of said therapeutic element is sufficient to prevent collapse within the needle lumen.

44. The method of claim 43 wherein said therapeutic device is an elongated solid member having spaced radioactive seeds.

45. The method of claim 43 wherein said therapeutic device is an elongated axially rigid and radially flexible member having spaced apart radioactive seeds.

5 46. The method of claim 43 wherein said therapeutic device is an elongated member formed of a bio-absorbable material into which are positioned a plurality of spaced apart radioactive seeds.

47. The method of claim 43 wherein said therapeutic device is an elongated member is comprised of a plurality of spaced apart radioactive seeds which are encapsulated in a bio-absorbable material.

10 48. The method of claim 47 wherein said bio-absorbable material is a polymer.

49. The therapeutic element of claim 1 wherein said member has a durometer in the range of about 20 to about 80.

15 50. The therapeutic element of claim 1 wherein said member has a durometer in the range of about 20 to about 40.

51. The therapeutic element of claim 20 wherein said member has a durometer in the range of about 20 to about 80.

52. The therapeutic element of claim 20 wherein said member has a durometer in the range of about 20 to about 40.

20 53. The therapeutic element of claim 28 wherein said member has a durometer in the range of about 20 to about 80.

54. The therapeutic element of claim 28 wherein said member has a durometer in the range of about 20 to about 40.

25 55. A prescription method of treating tissue comprising the steps of:  
first creating a tissue treatment plan for the tissue to be treated,  
which treatment plan specifies a number and spacing of treatment seeds to be provided in a strand; and

second creating a treatment strand by molding treatment seeds in a material.



56. The method of claim 55 wherein:  
said first creating step is performed by a person treating a patient; and  
said second creating step is performed by an entity that fills prescriptions  
by forming the strand, which entity fills prescriptions from a plurality of patients.

5 57. The method of claim 55 wherein:  
wherein said first creating step specifies radioactive seeds and optimal  
spacings between each pair of seeds; and  
wherein said second creating step creates strands to the specified optimal  
spacings prescribed.

10 58. The method of claim 57 wherein:  
said second creating step is performed positioning radioactive seeds in a  
mold at the optimal spaces and pouring in a material to mold the radioactive  
seeds in place.

15 59. The method of claim 58 wherein:  
said material that is poured is a bio-absorbable material.

60. The method of claim 59 wherein:  
said material that is poured in is a polymer material.

61. The method of claim 55 wherein:  
said first creating step uses an imaging device to create a treatment plan.

20 62. The method of claim 55 including:  
receiving said treatment strand and implanting the treatment strand  
adjacent to the tissue to be treated.

63. The method of claim 55 including the step of using heated  
treatment seeds.

25 64. The method of claim 42 including the step of using heated  
treatment seeds.

65. The therapeutic element set forth in claim 1 wherein said  
elongated member is composed of a bio-absorbable material which is absorbed  
when the half-life of the radioactive seed elements is reached.

66. The therapeutic element set forth in claim 20 wherein said elongated member is composed of a bio-absorbable material that is absorbed when the half-life of the radioactive seed elements is reached.

5 67. The therapeutic element set forth in claim 28 wherein said elongated member is composed of a bio-absorbable material that is absorbed when the half-life of the radioactive seed elements is reached.

68. The therapeutic element of claim 1 wherein said therapeutic element is steam sterilizable.

10 69. The therapeutic element of claim 20 wherein said therapeutic element is steam sterilizable.

70. The therapeutic element of claim 22 wherein said therapeutic element is steam sterilizable.

71. The therapeutic element of claim 24 wherein said therapeutic element is steam sterilizable.

15 72. The method of claim 42 wherein the therapeutic device is steam sterilized prior to usage.

73. The therapeutic element of claim 1 wherein the radioactive seed element is bio-absorbable.

20 74. The therapeutic element of claim 20 wherein the radioactive seed element is bio-absorbable.

75. The therapeutic element of claim 1 wherein the radioactive seed element also contains a drug and wherein the seed element is bio-absorbable.

76. The therapeutic element of claim 20 wherein the radioactive seed element also contains a drug and wherein the seed element is bio-absorbable.

25 77. The therapeutic element of claim 26 wherein said one of said hormone and said drug is encapsulated in a biodegradable seed.

78. The therapeutic element of claim 26 wherein said one of said hormone and said drug is encapsulated in a biodegradable seed along with radioactive elements.

79. A prescription method of treating tissue comprising the steps of:  
first accepting a tissue treatment plan for the tissue to be treated,  
which treatment plan specifies the spacing of treatment seeds to be provided in a  
strand; and

5 second, creating a treatment strand during which second step the  
spacing between treatment seeds can be independently set.

80. The method of claim 79 wherein said creating step creates a  
treatment strand by molding treatment seeds in a material.

81. The method of claim 79 wherein said treatment plan specifies the  
10 treatment seed type.

82. The method of claim 79 wherein said creating step creates a  
strand to the optimal spacing prescribed in the treatment plan.

83. The method of claim 79 wherein said accepting step accepts a  
treatment plan created using an imaging device to image the tissue for which the  
15 treatment plan is prescribed.

84. The method of claim 79 wherein the first accepting step accepts a  
tissue treatment plan created by a computer program.

85. A prescription method of treating tissue comprising the steps of:  
first accepting a tissue treatment plan for the tissue to be treated,  
20 which treatment plan specifies a number and spacing of treatment seeds to be  
provided in a strand; and

second creating a treatment strand by molding treatment seeds in  
a material.

86. The method of claim 85 wherein:  
25 said first accepting step accepts a tissue treatment plan created by  
a computer program.

87. The method of claim 85 wherein:  
wherein said first accepting step accepts a treatment plan that  
specifies radioactive seeds and optimal spacings between each pair of seeds; and

wherein said second creating step creates strands to the specified optimal spacings prescribed.

88. The method of claim 87 wherein:

5 said second creating step is performed positioning radioactive seeds in a mold at the optimal spaces and pouring in a material to mold the radioactive seeds in place.

89. The method of claim 88 wherein:

said material that is poured is a bio-absorbable material.

90. The method of claim 89 wherein:

10 said material that is poured in is a polymer material.

91. The method of claim 85 wherein:

said first accepting step uses a tissue treatment plan created using an imaging device.

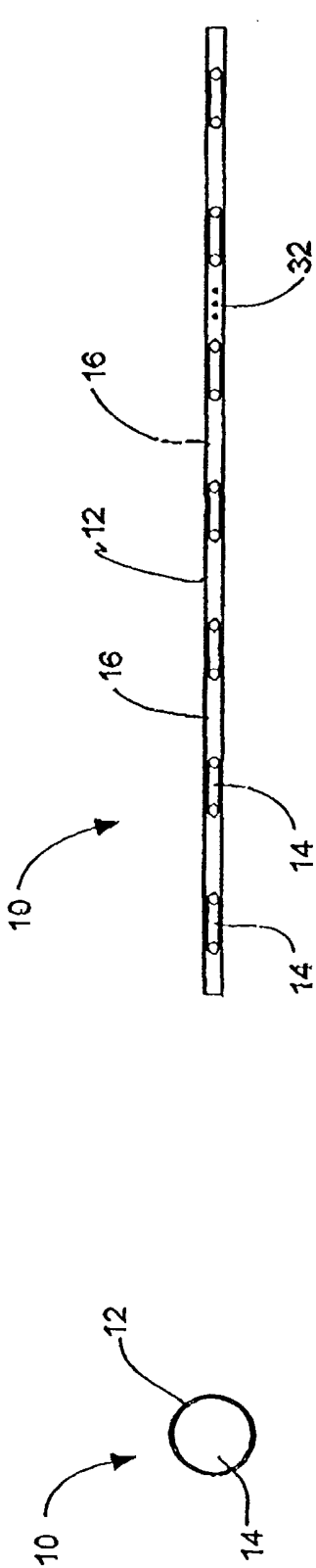


FIG. - 1

FIG. - 2

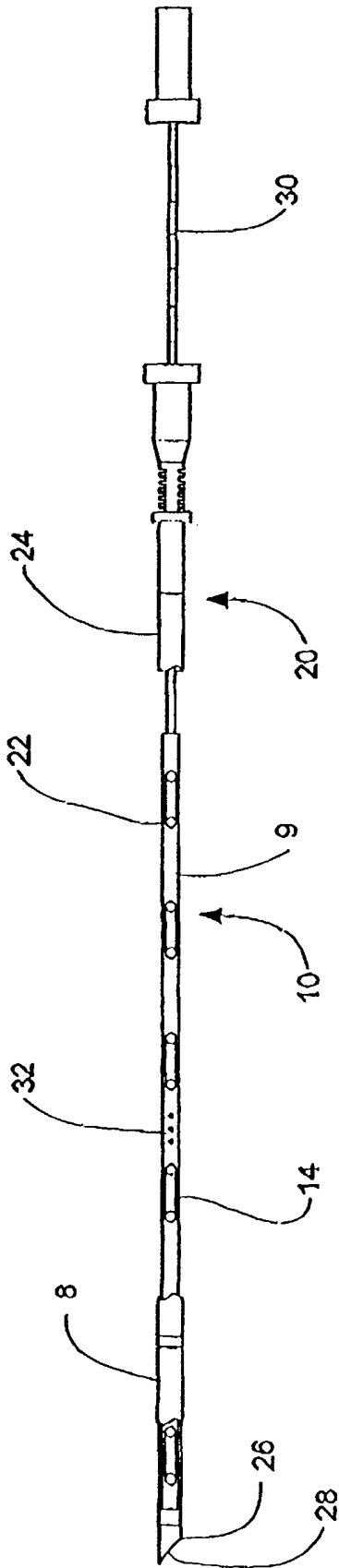


FIG. - 3