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C. W. FULLER

ARM GUIDE FOR GOLF PLAYERS

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CLARENCE W. FULLER, OF YONKERS, NEW YORK.

ARM GUIDE FOR GOLF PLAYERS.

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My invention relates to a device for the use of golf players in practicing the golf stroke. More particularly, my invention relates to a means for guiding one arm while the arm is being brought into the proper position to commence the stroke. It is well known that the success obtained by a golf player depends, in a large measure, on his ability to bring his arm into the proper position when he is about to make a stroke. It is necessary to form certain habits of movement and it is quite essential that these habits should be of the proper sort. The principal object of my invention is to provide a simple device which will enable the player to assume the proper position for making a stroke. In general, this device comprises means for guiding one arm, ordinarily the right arm, while it is being brought back into the raised position. Experience has shown that if the right arm is once trained to execute the proper movement, the left arm will automatically execute the desired movement.

My improved device provides a guiding surface adapted to engage the inside of the right arm just above the elbow. A device is provided for securing the guiding member to the body above the waist-line and I prefer to arrange the guiding member so that it will engage substantially the same spot on the arm throughout the movement of the arm along the guide.

In using the improved device, it is merely necessary to attach the device to the body and then swing the arm back in the usual manner to commence the golf stroke, care being taken to make sure that the right arm lightly engages the guiding member while the arm is being brought back. This ensures bringing the arm back into the proper position. My improved device can be used in connection with an ordinary belt or a separate belt permanently connected to the guiding member can be employed. Furthermore, if it is so desired, a fastening device can be used for the purpose of connecting the guiding member or its support to a belt loop so as to prevent accidental displacement of the guiding member while it is in use.

The various objects and advantages of my invention can be best understood by considering the following detailed description which is to be taken in conjunction with the accompanying drawings, in which—

Figure 1 is an elevation of a golf player using my invention.

Figure 2 is an enlarged elevation corresponding with that shown in Figure 1, showing the arms in the correct position at the top of the swing.

Figure 3 is a plan view of one embodiment of my invention.

Figure 4 is an elevation of the embodiment of my invention shown in Figure 3.

Figure 5 is an elevation of another embodiment of my invention.

Figure 6 is a side elevation of the embodiment shown in Figure 5.

Figure 7 is a vertical section view of a modified form of the device shown in Figures 5 and 6.

Figure 8 is an elevation of still another embodiment of my invention and illustrates the manner in which it is attached to the body.

Figure 9 is a plan view of the embodiment shown in Figure 8.

Figure 10 is an elevation of the device shown in Figures 8 and 9.

Figure 11 is a plan view of another embodiment of my invention and

Figure 12 is an elevation of the device shown in Figure 11.

Upon referring to Figures 1 to 4, it will be noted that my invention includes a guiding member 1 adapted to be secured to the body and constructed and arranged so as to engage the inside of one arm of a golf player as illustrated in Figures 1 and 2. The particular guiding member illustrated in these figures comprises a flexible strip of suitable material such as metal, having one or both ends adapted to be fastened to a support and having the portion intermediate the ends bent so as to form a guiding surface shown at 2. The ends 3 and 4 can be fastened to a supporting member 5 by means of rivets 6 or other suitable fastening devices. The support 5 may consist of leather, metal or other suitable material which will conform to the contour of the body and provide a fairly substantial support for the
guiding member 2. The lower portion of the support 5 can be fastened to a belt 6 by an suitable means, the belt being of the ordinary form adapted to encircle the body. This belt serves to hold the support 5 against the body and it will be noted that the portion of the support 5 to which the guiding member 2 is attached projects above the belt. This is desirable because it insures engagement of the guiding member with the inside of the arm above the elbow. It will be noted that the guiding member 2 extends at an angle to the waist-line as represented by the center line of the belt 6. I prefer this arrangement because it is desirable to have the guiding member engage substantially the same spot on the arm throughout the movement of the arm along the guiding member. The guiding member could, of course, be arranged substantially parallel to the belt or waistline but this would necessitate considerable movement of the arm across the guiding member while the arm is being moved from one end of this member to the other.

Upon referring to Figure 3, it will be noted that the strip of material which constitutes the guiding member is bent back upon itself to form a fold shown at 7. I prefer to construct the guiding member of this device so that the position of the guiding surface 2 can be adjusted with respect to the body. By compressing the sides of the fold 7, the guiding surface 2 can be brought closer to the body and the surface can be moved farther away from the support 5 by simply spreading out this fold the desired extent. The shape of the guiding surface 2 is determined by the movement of the right arm while bringing it back in proper form into the correct position for making a stroke and when the guide is in use, the player can be certain of bringing his arm back in the proper manner provided he keeps his arm in contact with the guiding surface.

If it is so desired, a fastening device of any suitable form such as that illustrated at 8 can be fastened to some part connected with the guiding member such as the support 5 for the purpose of attaching this part to an ordinary belt loop such as I have illustrated at 9 in Figure 2. This prevents accidental displacement of the guiding member.

It will be appreciated that my invention can be utilized in various forms and in Figures 5 to 12, inclusive, I have illustrated several embodiments of my invention which differ in certain details from the form shown in Figures 1 to 4, inclusive.

In Figures 5 and 6, I have shown a guiding member 2 and a support 5 similar to the corresponding parts of the device shown in Figures 1 to 4. A plurality of loops 10 are fastened to the support 5 so that an ordinary belt 11 can be passed through these loops for the purpose of holding the support 5 firmly against the body. The support 5 carries a fastening device 8 like that described above.

Figure 7 shows an embodiment of the device just like that shown in Figures 5 and 6 except that the loops 10 are omitted and one or more clasps 10' are provided on the support 5. These clasps may be slipped over the belt 11 so as to secure the support 5 to the belt.

In Figures 8 to 10, inclusive, I have illustrated a form of my invention which includes a guiding member 12 and a belt 13 adapted to be fastened to the body above the waist-line. The ends of the guiding member 12 are fastened to supporting plates 14 and 15 carried by the belt 13. These plates are preferably made of separate pieces of material so that they will conform readily to the contour of the body when the belt is secured in place.

In Figures 11 to 12 I have illustrated an embodiment of my invention comprising a guiding member 16 and a belt 17. This guiding member 16 consists of a plate or web of material such as wood, cut to provide the guiding surface 2. A plurality of tackles or other fastening devices 18 can be used for the purpose of securing the guiding member 16 to the belt 17.

As pointed out in connection with Figures 1 to 4, inclusive, I prefer to arrange the guiding member at such an angle as to cause this member to engage substantially the same spot on the arm while the arm is being moved along the guide. Figures 10 and 12 show the angular relation of the guiding members 12 and 16 with respect to the belts 13 and 17, respectively.

My invention can be made in large quantities at low cost because all of the parts are inexpensive and can be readily assembled. The several parts of the device would seldom, if ever, become disarranged, and the position of the guiding surface with respect to the body can be easily adjusted to suit any given set of conditions.

It will be understood that my invention is not limited to the particular construction illustrated and described but includes such modifications thereof as fall within the scope of the appended claims. The advantages of my invention can be enjoyed even though some of the details are altered or even omitted; the modifications shown in Figures 5 to 19, inclusive, illustrate a few of the many variations which can be employed without departing from the spirit of my invention.

I claim:

1. An arm guide for golf players, comprising a support adapted to be secured
to the body and means carried by said support for guiding one arm during rearward movement thereof, the said means being adapted to permit unrestricted forward movement of the arm.

2. An arm guide for golf players, comprising a support adapted to be secured to the body and means carried by said support for guiding one arm, said means having a guiding surface adapted to engage the inside of the arm above the elbow.

3. An arm guide for golf players, comprising a support adapted to be secured to the body and means carried by said support for guiding one arm, said means having a guiding surface adapted to engage the inside of the arm above the elbow, and arranged so as to engage substantially the same spot on the arm when the arm is moved along the guide from one end thereof to the other.

4. An arm guide for golf players, comprising a support adapted to be secured to the body and means carried by said support for guiding one arm, said means having a guiding surface adapted to engage the inside of the arm above the elbow, and arranged so as to extend at an angle to the waist-line whereby it engages substantially the same spot on the arm when the arm is moved along the guide from one end thereof to the other.

5. An arm guide for golf players, comprising a support adapted to be secured to the body, a guide member, and means for fixing said member to said support, the said member having a guiding surface for engaging one arm and means for adjusting the position of this surface with respect to the body.

6. An arm guide for golf players comprising a support adapted to be secured to the body, a resilient member having at least one end fixed to said support and having the portion intermediate the ends bent to form a guiding surface adapted to engage one arm.

7. An arm guide for golf players, comprising a support adapted to be secured to the body, a flexible strip of material, and means for fixing both ends of said strip to said support, the said strip being bent to provide a guiding surface adapted to engage the inside of one arm and to provide an adjusting fold whereby the position of the guiding surface with respect to the body can be changed.

8. An arm guide for golf players, comprising a belt adapted to encircle the body, a supporting member carried by the belt and projecting above the belt, and a member carried by said supporting member, adapted to engage the inside of one arm and form a guide therefor.

9. An arm guide for golf players, comprising a belt adapted to encircle the body, a support of greater width than the belt, means for fixing said support to the belt with a portion of the support projecting above the belt, and a strip of flexible material arranged at an angle to the belt and fixed to the projecting portion of said support, said strip of material having a guiding surface adapted to engage the inside of one arm.

10. An arm guide for golf players, comprising a belt adapted to encircle the body, a support of greater width than the belt, means for fixing said support to the belt with a portion of the support projecting above the belt, a strip of flexible material carried by the projecting portion of said support, said strip having a guiding surface adapted to engage the inside of one arm, and means secured to said support, adapted to be fastened to a belt loop to prevent displacement of said support.

In testimony whereof I affix my signature.

CLARENCE W. FULLER.