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Meeker

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(54) **PRESSURE RESISTANT CONDUCTIVE FLUID CONTAINMENT**

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This patent is subject to a terminal disclaimer.

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A61N 1/04 (2006.01)

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CPC **A61N 1/3968** (2013.01); **A61N 1/046** (2013.01); **A61N 1/0492** (2013.01)

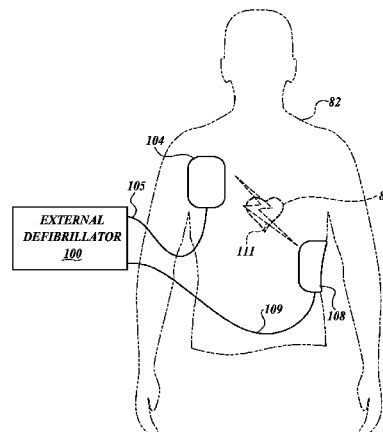
(58) **Field of Classification Search**
CPC A61N 1/3968; A61N 1/395; A61N 1/3956; A61N 1/3625

See application file for complete search history.

(57) **ABSTRACT**

A conductive fluid reservoir can be used to dispense conductive fluid to increase electrical connectivity between an electrode of a defibrillator and a patient. The reservoir includes a container that holds the conductive fluid, one or more outlets on the container, and an inflatable pouch located at least partially within the container. The inflatable pouch is capable of being inflated from a deflated state to an inflated state. In the deflated state, a free end of the inflatable pouch covers the one or more outlets. In the inflated state, the free end of the inflatable pouch is removed from the one or more outlets such that the conductive fluid is allowed to flow out of the container via the one or more outlets. Inflating the inflatable pouch causes the conductive fluid to be dispensed from the reservoir.

21 Claims, 11 Drawing Sheets



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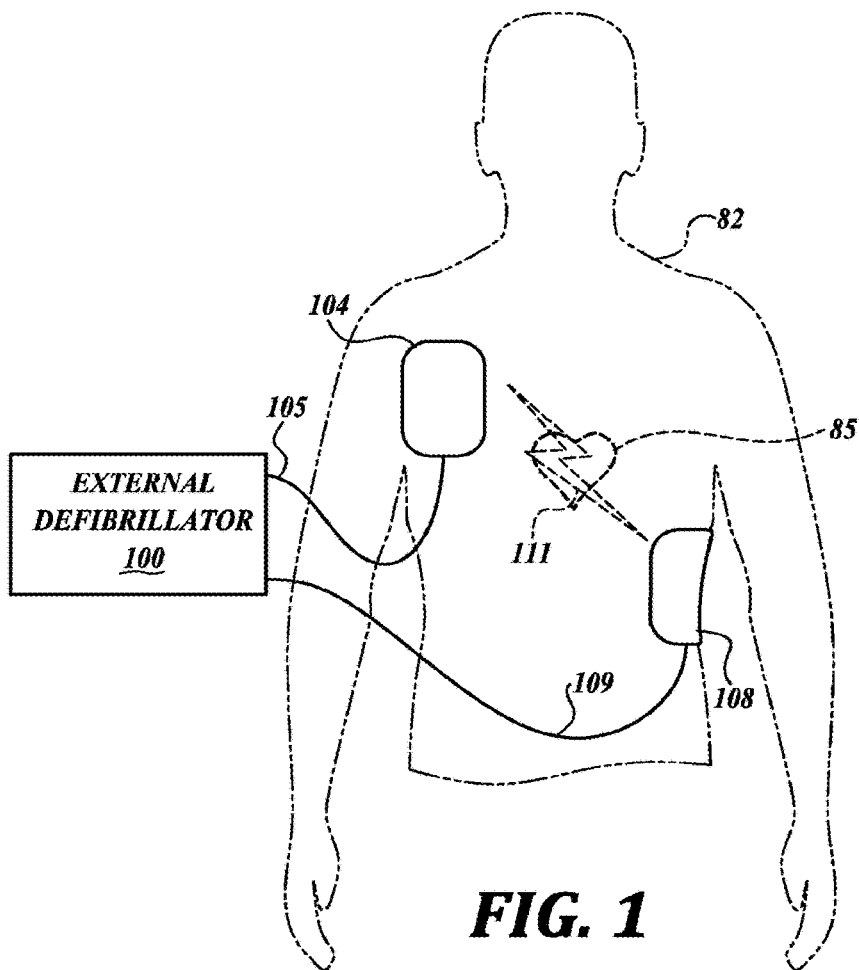
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TYPE OF EXTERNAL DEFIBRILLATOR	INTENDED TO BE USED BY PERSONS:	
	IN THE MEDICAL PROFESSIONS	NOT IN THE MEDICAL PROFESSIONS
DEFIBRILLATOR – MONITOR	✓	
AED	✓	✓

FIG. 2

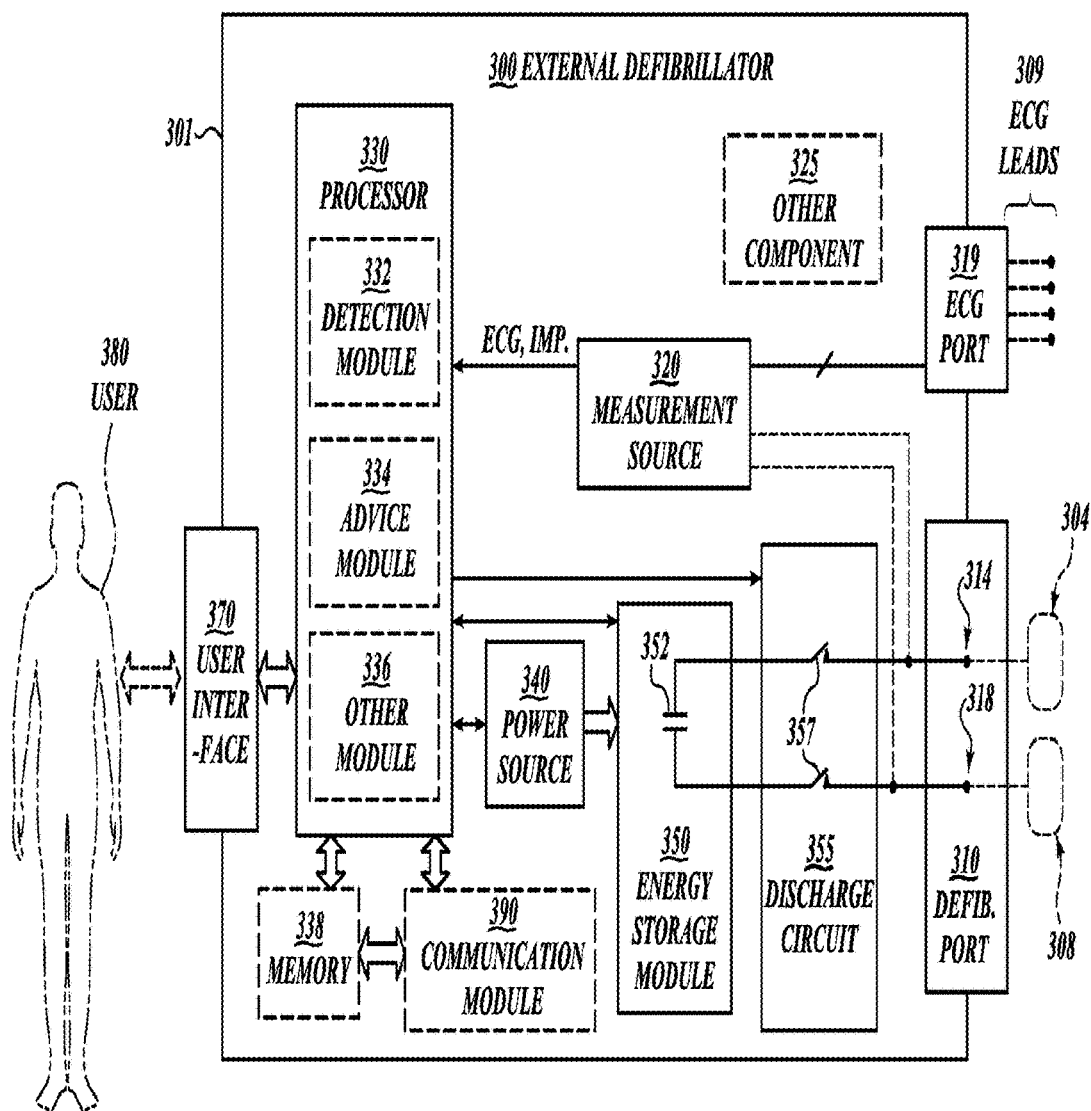
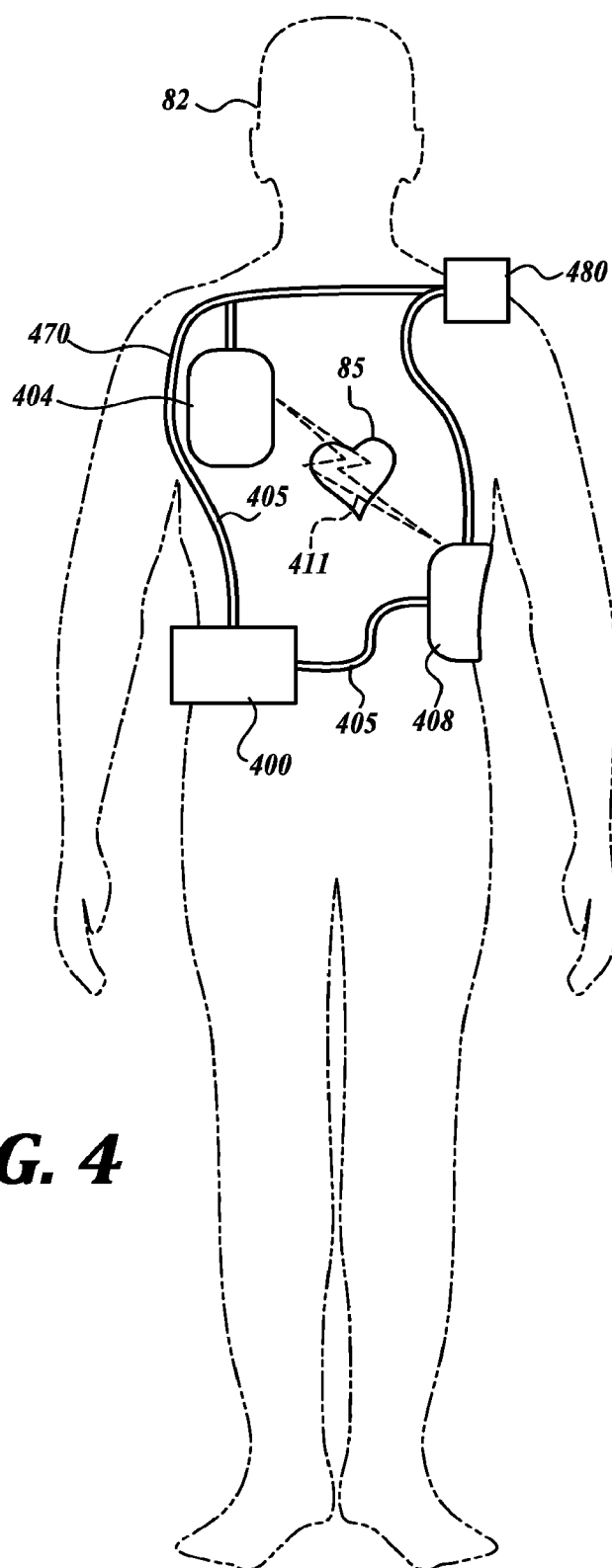
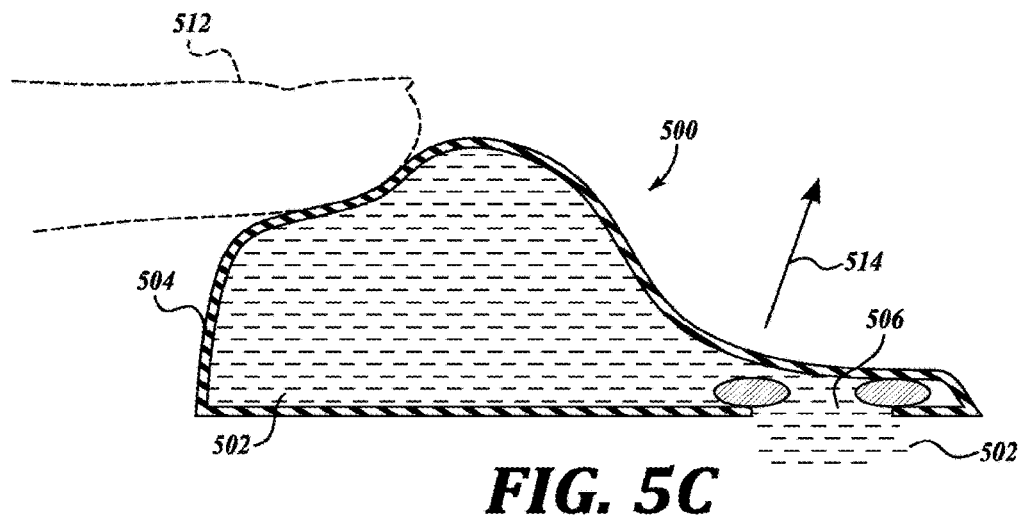
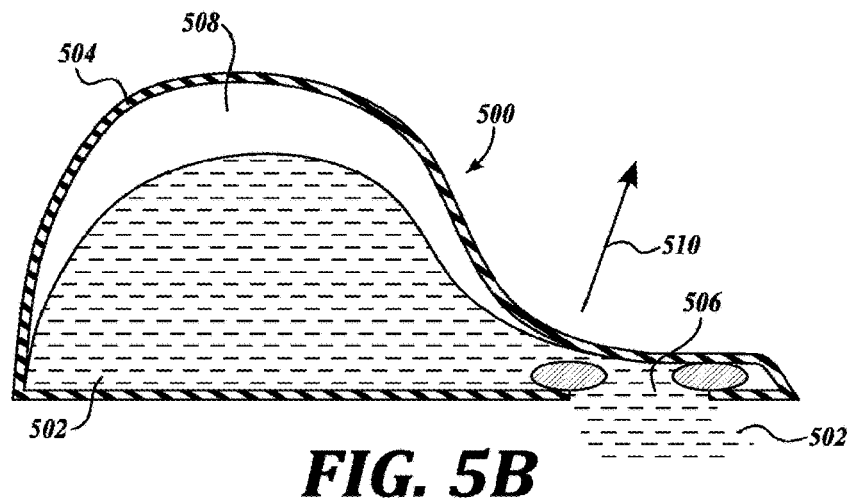
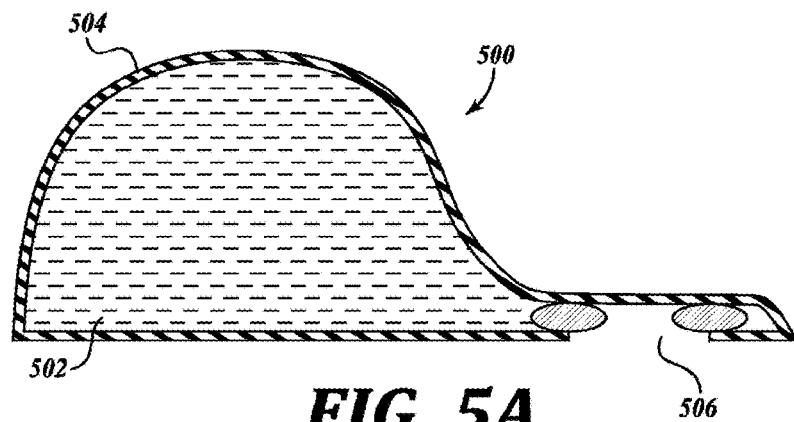


FIG. 3

**FIG. 4**



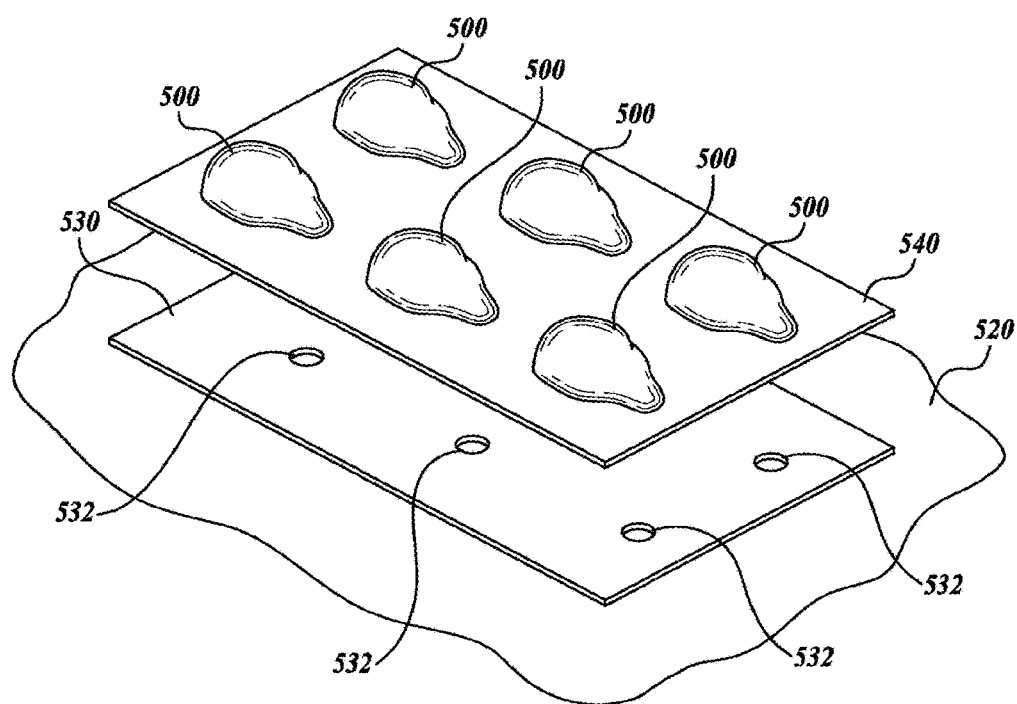
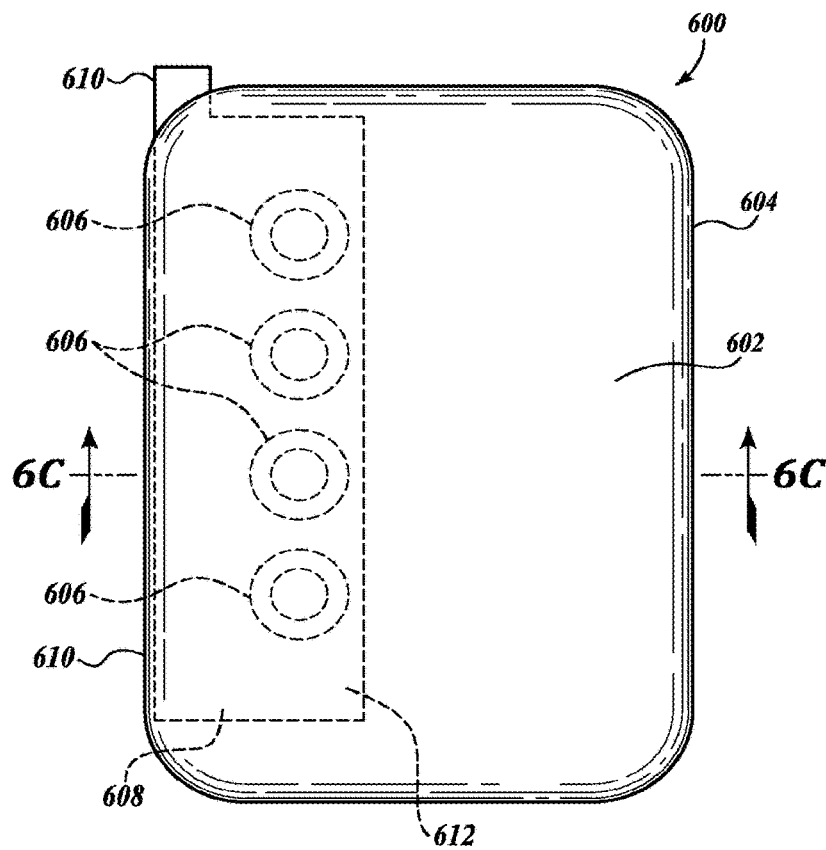
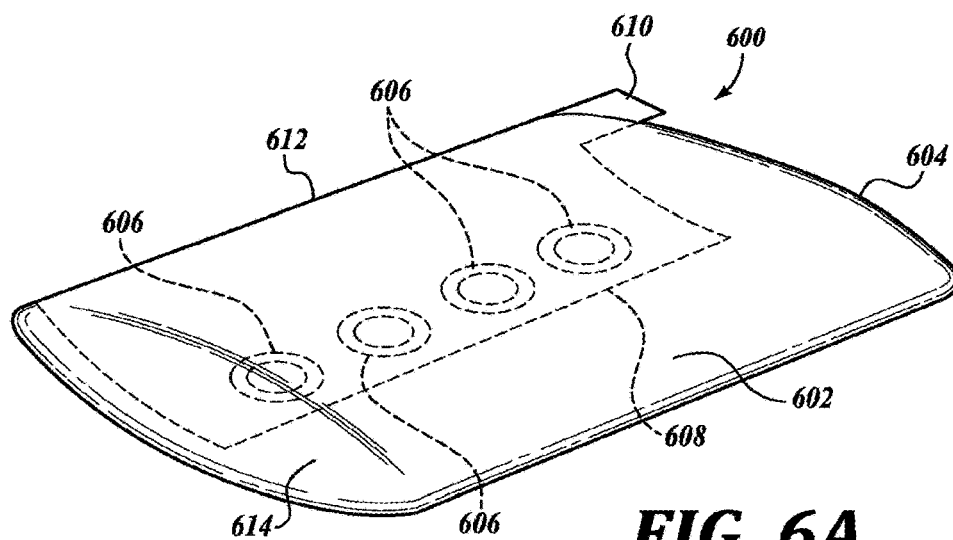


FIG. 5D



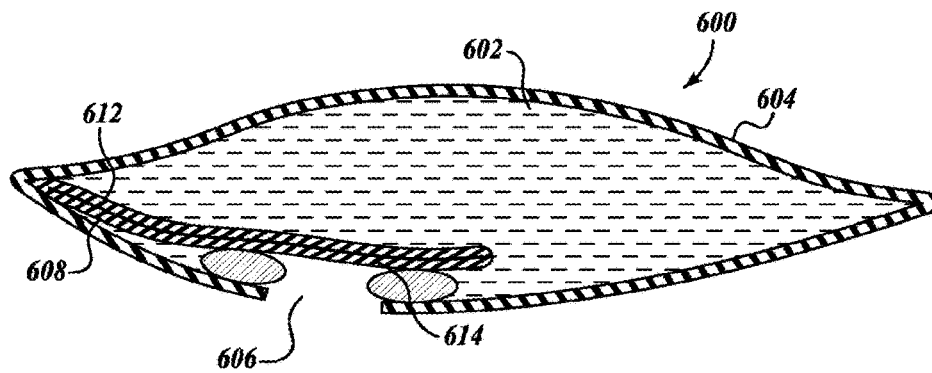


FIG. 6C

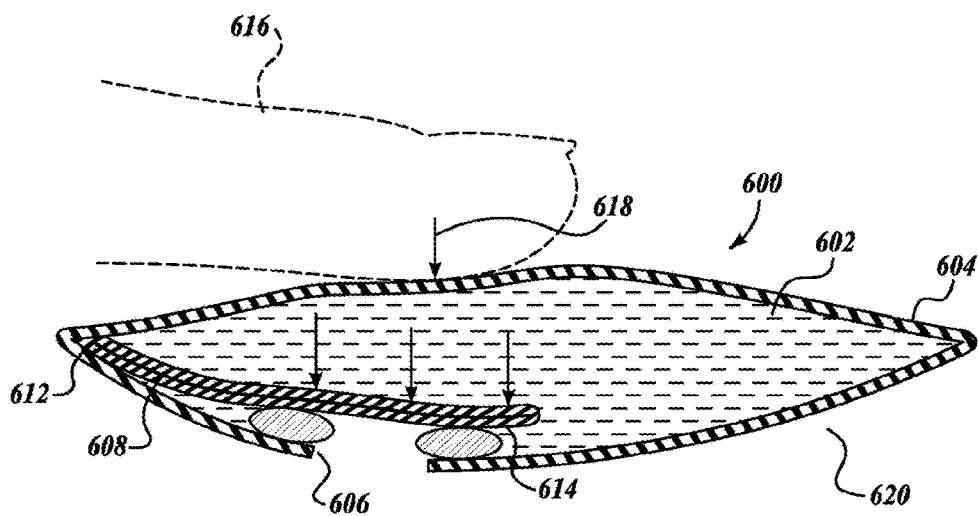


FIG. 6D

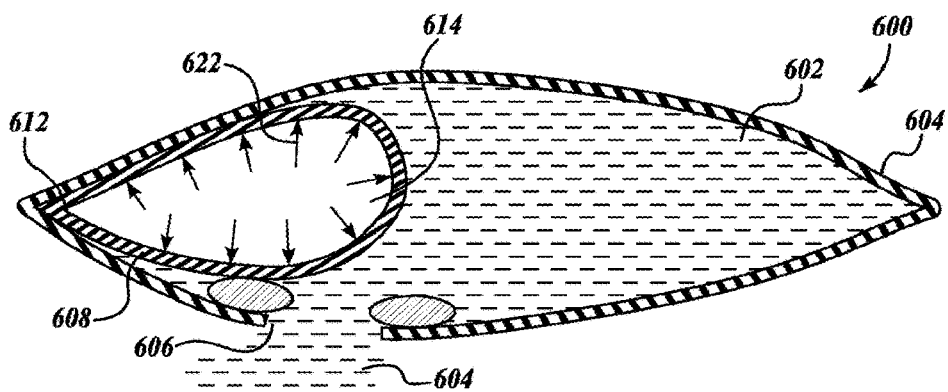


FIG. 6E

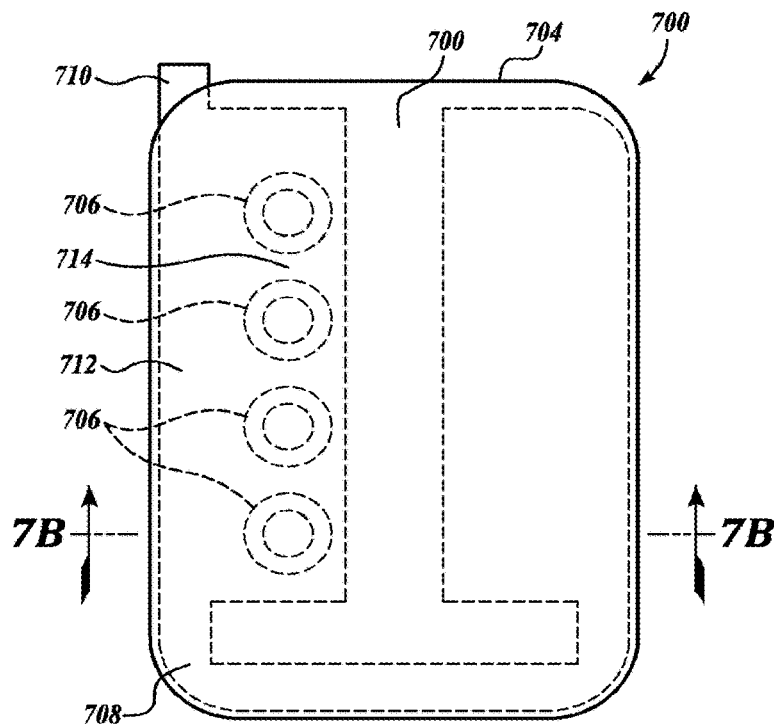


FIG. 7A

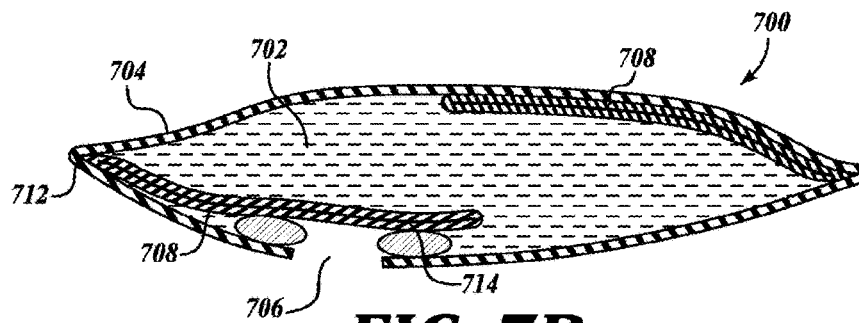


FIG. 7B

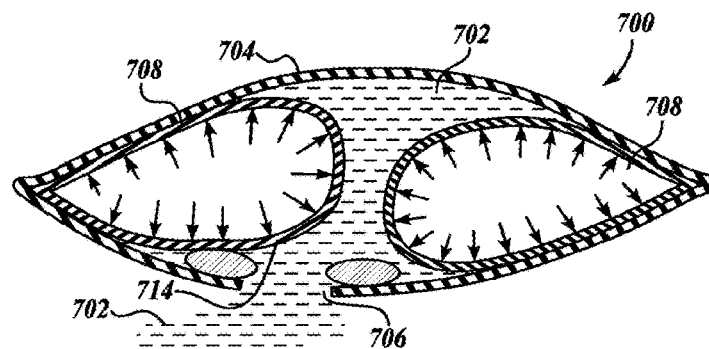


FIG. 7C

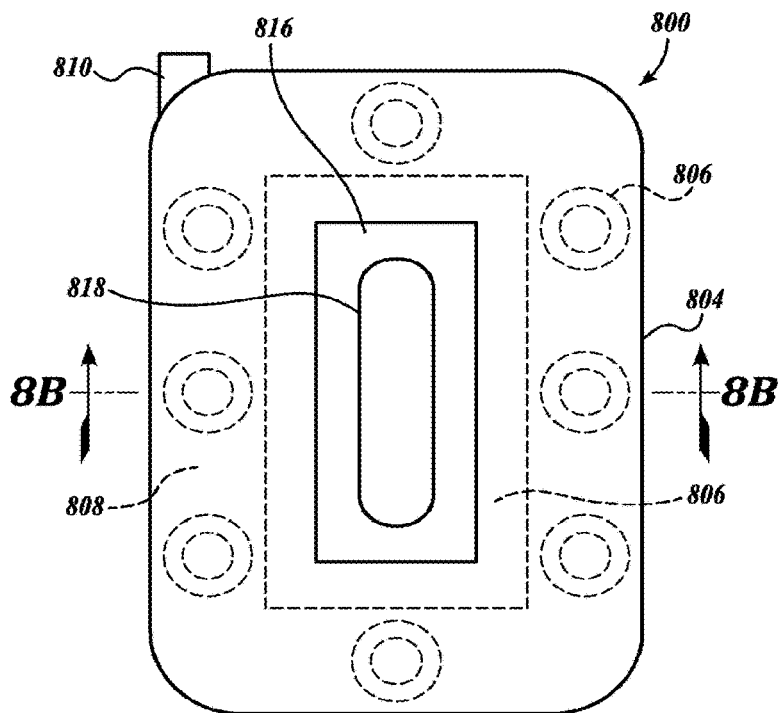


FIG. 8A

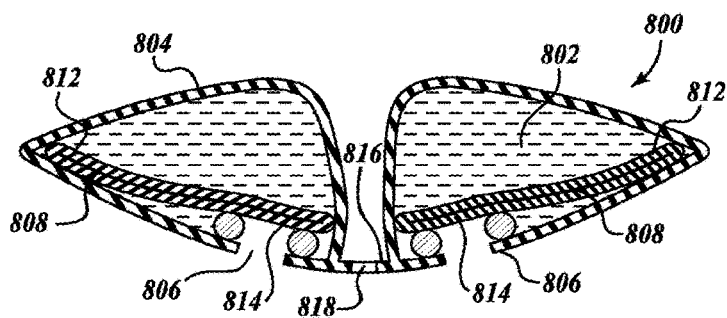


FIG. 8B

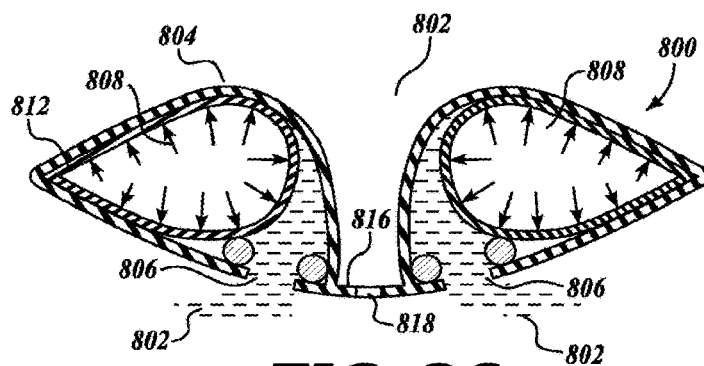
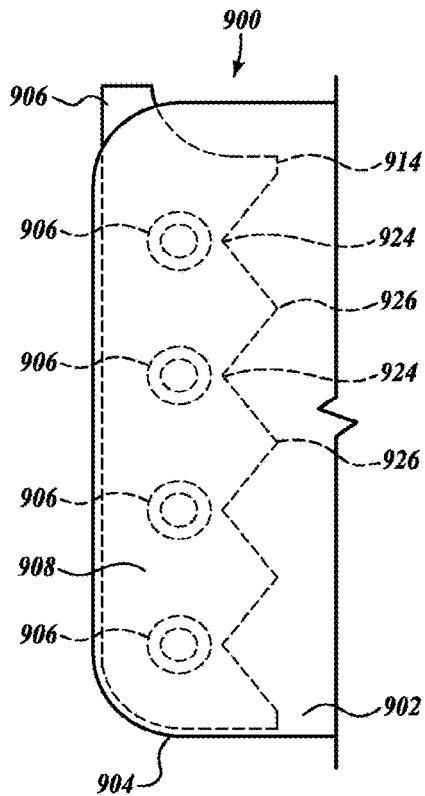
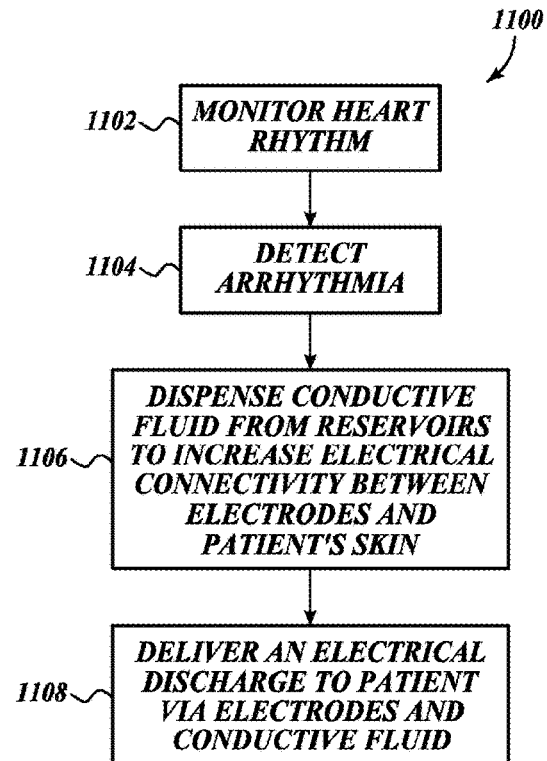
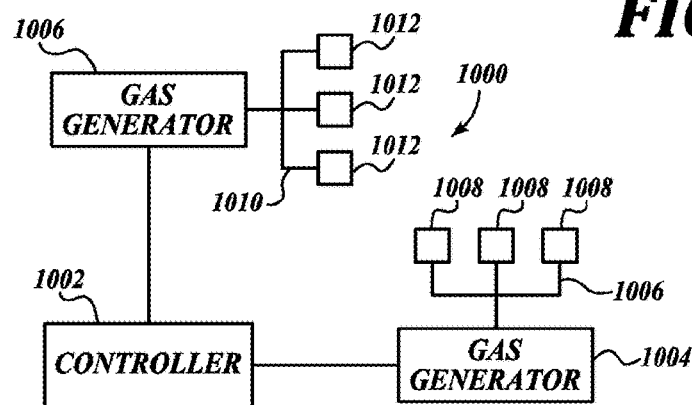


FIG. 8C

**FIG. 9****FIG. 11****FIG. 10**

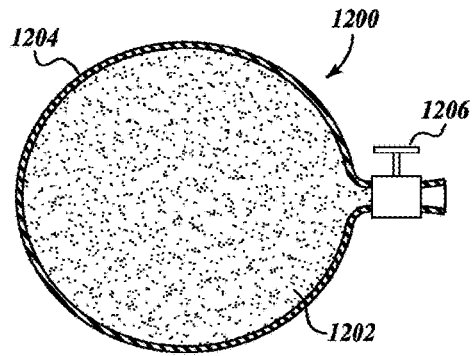


FIG. 12A

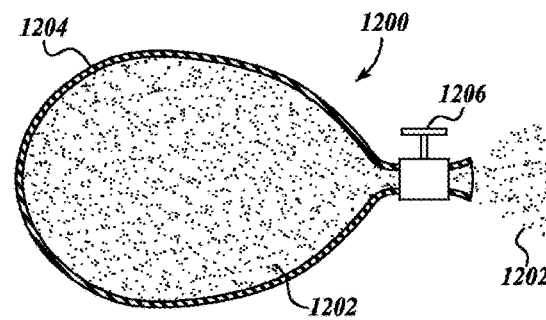


FIG. 12B

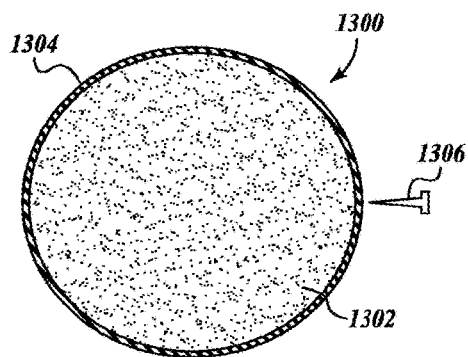


FIG. 13A

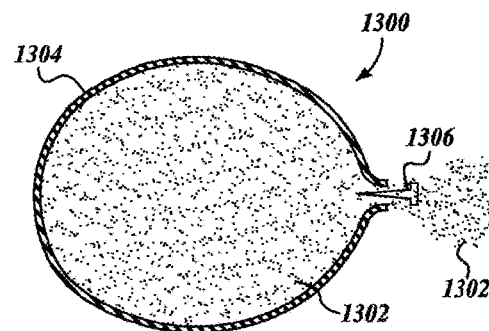


FIG. 13B

1

PRESSURE RESISTANT CONDUCTIVE FLUID CONTAINMENT

CROSS-REFERENCE TO RELATED APPLICATION

This application is a continuation of U.S. patent application Ser. No. 15/213,247 filed on Jul. 18, 2016, which in turn is a continuation of U.S. patent application Ser. No. 14/523,488, filed Oct. 24, 2014, and since issued as U.S. Pat. No. 9,393,437 B2 on Jul. 19, 2016, which in turn claims the benefit of U.S. Provisional Patent Application No. 61/974,070, filed Apr. 2, 2014, the contents of which are hereby incorporated by reference in their entirety.

BACKGROUND

External defibrillators are electronic devices that can be used to automatically diagnose and treat patients with particular cardiac problems. External defibrillators typically treat patients through defibrillation, which is a process that delivers an electrical discharge to a patient's heart to stop cardiac arrhythmias. The defibrillation can allow the patient's heart to reestablish an effective rhythm.

Many cardiac conditions that are treatable by external defibrillators can lead to death or serious injury (e.g., brain damage) within minutes of the onset of symptoms if defibrillation is not delivered to the patient. The patient's chances for avoiding death or permanent injury increase as the time between the onset of symptoms and defibrillation treatment decreases. In some cases, the survival rate of patients suffering from cardiac arrhythmia decreases by about 10% for each minute the administration of treatment is delayed, and the survival rate of some patients can be less than 2% after about 10 minutes without treatment.

Some patients have medical conditions that make the patients especially susceptible to needing defibrillation treatment. For example, patients that have recently suffered a heart attack or undergone a heart procedure, such as bypass surgery, may have a higher risk for a life-threatening arrhythmia. Those patients may benefit from the use of a wearable defibrillator. A wearable defibrillator includes a garment that can be worn beneath the patient's clothing. The wearable defibrillator also includes a monitor-defibrillator that constantly monitors the patient's heart for life-threatening heart rhythms and automatically delivers defibrillation treatment to the patient's heart if a life-threatening heart rhythm is detected.

In order to take most advantage of a wearable defibrillator, the components of a wearable defibrillator need to be effective for the time that the patient wears the wearable defibrillator. Making a wearable defibrillator comfortable for the patient to wear and usable for the length of time that the patient wears the wearable defibrillator increases the likelihood that the patient will be wearing the wearable defibrillator when an arrhythmia develops and that the patient will receive effective treatment for the arrhythmia.

SUMMARY

The following summary is provided to introduce a selection of concepts in a simplified form that are further described below in the Detailed Description. This summary is not intended to identify key features of the claimed subject matter, nor is it intended to be used as an aid in determining the scope of the claimed subject matter.

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In at least one embodiment, a system for use with a wearable defibrillator worn by a patient includes an electrode, a source of pressurized fluid (e.g., a pressurized liquid or a pressurized gas), a conductive fluid reservoir, and a controller. The conductive fluid reservoir contains a conductive fluid. The conductive fluid reservoir includes one or more outlets and an inflatable pouch. The controller is configured to control selective delivery of pressurized fluid from the source of pressurized fluid to the inflatable pouch. The inflatable pouch is configured to be inflated from a deflated state to an inflated state in response to pressurized fluid being delivered from the source of pressurized fluid. In the deflated state, a free end of the inflatable pouch covers the one or more outlets. In the inflated state, the free end of the inflatable pouch is removed from the one or more outlets such that the conductive fluid is allowed to flow from the conductive fluid reservoir through the one or more outlets to increase electrical connectivity between the electrode and the patient.

In one example, the conductive fluid reservoir is one of a plurality of conductive fluid reservoirs. The source of pressurized fluid can be coupled to each of the plurality of conductive fluid reservoirs via fluid channels. In another example, the system includes a monitor configured to monitor a heart rhythm of the patient. The controller can be configured to cause pressurized fluid to be delivered from the source of pressurized fluid to the inflatable pouch in response to the monitor detecting an arrhythmia while monitoring the heart rhythm of the patient. In another example, the system includes a defibrillator configured to deliver an electrical discharge to the patient via the electrode and the conductive fluid. In another example, the source of pressurized fluid comprises a gas generator. In yet another example, the system also includes a second electrode, a second source of pressurized fluid, and a second conductive fluid reservoir comprising an inflatable pouch, where the controller is configured to control selective delivery of pressurized fluid from the second source of pressurized fluid to the inflatable pouch of the second conductive fluid reservoir.

In another embodiment, a conductive fluid reservoir includes a container configured to hold a conductive fluid, one or more outlets on the container, and an inflatable pouch located at least partially within the container. The inflatable pouch is capable of being inflated from a deflated state to an inflated state. In the deflated state, a free end of the inflatable pouch covers the one or more outlets. In the inflated state, the free end of the inflatable pouch is removed from the one or more outlets such that the conductive fluid is allowed to flow out of the container via the one or more outlets.

In at least one example, the conductive fluid reservoir includes a seal between the inflatable pouch and the one or more outlets when the inflatable pouch is in the deflated state. The seal between the inflatable pouch and the one or more outlets is broken when the inflatable pouch is inflated from the deflated state to the inflated state. In another example, the inflatable pouch has a U-shape that includes a first side and a second side. The free end of the inflatable pouch can cover the one or more outlets on the first side of the U-shape. In another example, the inflatable pouch has a ring shape. In another example, the inflatable pouch includes an inlet that protrudes outside of the container, and the inlet is configured to receive pressurized fluid from a source of pressurized fluid. In yet another example, the free end of the inflatable pouch has a saw-tooth shape that includes peaks and valleys, and at least one of the valleys is located near the one or more outlets.

In another embodiment, a method of preparing a patient for defibrillation treatment includes monitoring a heart rhythm of a patient by a monitor, detecting an arrhythmia by the monitor while monitoring the heart rhythm of the patient, and dispensing conductive fluid from a reservoir in response to the monitor detecting the arrhythmia. Dispensing the conductive fluid includes causing pressurized fluid to inflate an inflatable pouch in the reservoir from a deflated state to an inflated state. Inflation of the inflatable pouch from the deflated state to the inflated state causes a free end of the inflatable pouch to be removed from one or more outlets in the reservoir to permit the conductive fluid to flow out of the reservoir via the one or more outlets.

In at least one example, the method further includes delivering, by a defibrillator, an electric charge to the patient via the first electrode and the conductive fluid. In another example, the monitoring includes monitoring the heart rhythm of the patient using a second electrode that is different from the first electrode. In yet another example, causing the pressurized fluid to inflate the inflatable pouch includes one or more of causing a gas generator to generate the pressurized fluid or opening a valve between a source of pressurized fluid and the inflatable pouch.

DESCRIPTION OF THE DRAWINGS

FIG. 1 depicts a diagram of a defibrillation scene.

FIG. 2 depicts a table listing two main types of external defibrillators.

FIG. 3 depicts a diagram showing components of an example of an external defibrillator.

FIG. 4 depicts an embodiment of components of a wearable defibrillator system.

FIGS. 5A to 5C depict cross-sectional views of an embodiment of a traditional conductive fluid reservoir.

FIG. 5D depicts an exploded view of a system for use in dispensing conductive fluid from one or more reservoirs to increase electrical connectivity between a patient's skin and an electrode.

FIGS. 6A to 6E depict various views of an embodiment of a reservoir with an inflatable pouch that addresses drawbacks in the reservoir described in FIGS. 5A to 5C.

FIGS. 7A to 7C depict another embodiment of a reservoir with another embodiment of an inflatable pouch.

FIGS. 8A to 8C depict another embodiment of a reservoir with another arrangement of outlets and another embodiment of an inflatable pouch.

FIG. 9 depicts an embodiment of a free end of an inflatable pouch that can be used with any of the embodiments of inflatable pouches described herein.

FIG. 10 depicts an embodiment of a system that can be used with any of the conductive fluid reservoirs described herein.

FIG. 11 depicts an embodiment of a method for using any of the conductive fluid reservoirs described herein.

FIGS. 12A and 12B depict an embodiment of a conductive fluid reservoir that includes a pressurized balloon and a release valve.

FIGS. 13A and 13B depict an embodiment of a conductive fluid reservoir that includes a pressurized balloon that can be punctured using a puncturing device.

DETAILED DESCRIPTION

Wearable defibrillators have electrode pads that can be placed on a patient's skin and deliver an electrical discharge through the patient's skin to the patient's heart. To improve

delivery of the electrical discharge through the patient's skin, a conductive fluid (e.g., an electrolyte gel) can be dispensed to increase electrical connectivity between the electrode pads and the patient's skin. Electrolyte gels are typically water-based solutions that include salts (e.g., electrolytes) for electrical conductivity. With non-wearable defibrillators, such as with an automated external defibrillator (AED), an electrode pad can include an adhesive gel that both adheres the electrical pad to the patient's skin and improves electrical connectivity between the electrode pad and the patient's skin.

However, adhesive gel electrode pads are not ideal for use with wearable defibrillators. Over time, the adhesive properties of an adhesive gel electrode pad can deteriorate as the patient wears the electrode pad. The deteriorating adhesive properties of the adhesive gel electrode pad can cause the electrode pad to peel off of the patient's skin, rendering the electrode pad unusable since the electrode pad is no longer properly adhered to the patient. In addition, after the adhesive gel electrode pad had been removed once, the adhesive gel electrode pad will not adhere to the patient's skin as effectively a subsequent time. The contact of an adhesive gel electrode pad to a patient's skin can also cause skin irritation and discomfort over time. Thus, adhesive gel electrode pads are not ideal for wearable defibrillators that are worn by patients over longer periods of time.

Instead of applying a conductive fluid between an electrode and the patient's skin when the patient begins wearing a wearable defibrillator, a conductive fluid can be stored in a reservoir and dispensed to increase electrical connectivity between an electrode of the wearable defibrillator and the patient's skin as needed when the wearable defibrillator prepares to deliver an electrical discharge to the patient. In some wearable defibrillators, the garment portion of the wearable defibrillator includes a conductive material that is positioned between an electrode and the patient's skin. Before the electrode will be used to deliver an electrical discharge to the patient's heart, a conductive fluid can be dispensed to increase electrical connectivity from the electrode through the conductive material to the patient's skin. The conductive fluid can be stored in one or more fluid reservoirs and then be automatically dispensed from the fluid reservoirs by the wearable defibrillator before the wearable defibrillator delivers an electrical discharge to the patient's heart.

Depicted in FIG. 1 is a diagram of a defibrillation scene. A patient 82 is experiencing a condition in his or her heart 85, which could be, for example, ventricular fibrillation (VF). An external defibrillator 100 has at least two defibrillation electrode pads 104, 108. The electrode pads 104, 108 are coupled to the external defibrillator 100 via respective electrode leads 105, 109. The electrode pads 104, 108 are adhered to the skin of the patient 82. The defibrillator 100 can administer, via the electrode leads 105, 109 and the electrode pads 104, 108, a brief, strong electric discharge 111 through the body of the patient 82. The discharge 111, also known as a defibrillation shock, goes through the patient's heart 85, in an attempt to restart it, for saving the life of the patient 82.

The defibrillator 100 can be one of many different types of defibrillators, each with different sets of features and capabilities. The set of capabilities of the defibrillator 100 is determined by planning who is likely to use it and what training they would likely have. Examples are now described.

FIG. 2 is a table listing two main types of external defibrillators and who they are primarily intended to be used

by. A first type of defibrillator **100** is generally called a defibrillator-monitor, because it is typically formed as a single unit in combination with a patient monitor. A defibrillator-monitor is also sometimes called a monitor-defibrillator. A defibrillator-monitor is generally intended to be used by persons in the medical professions, such as doctors, nurses, paramedics, emergency medical technicians, etc. Such a defibrillator-monitor is intended to be used in a pre-hospital or hospital scenario. In the case of a wearable defibrillator-monitor, a medical professional can fit the wearable defibrillator-monitor on the patient and/or instruct the patient how to wear the wearable defibrillator-monitor such that the patient can have the benefit of the wearable defibrillator-monitor while having the freedom to leave a medical treatment facility.

As a defibrillator, the device **100** can be one of different varieties, or even versatile enough to be able to switch among different modes that individually correspond to the different varieties. One variety is that of an automated defibrillator that can determine whether treatment by way of an electrical discharge is needed and, if so, charge to a predetermined energy level and instruct the user to administer the discharge.

As a patient monitor, the device **100** has features that are additional to what is minimally needed for mere operation as a defibrillator. These features can be used for monitoring physiological indicators of a person in an emergency scenario. These physiological indicators are typically monitored as signals. For example, these signals can include a person's full electrocardiogram (ECG) signals, a subset of the ECG signals, and/or an impedance between two electrodes placed on a person. Additionally, the monitored signals can represent the person's temperature, a noninvasive blood pressure (NIBP), an arterial oxygen saturation through pulse oximetry (SpO₂), a concentration or partial pressure of carbon dioxide in the respiratory gases (capnography), and so on. These signals can be further stored and/or transmitted as patient data.

There are additional types of external defibrillators that are not listed in the table in FIG. 2. For example, hybrid defibrillators and/or wearable defibrillators are not listed. Hybrid defibrillators can have aspects of an AED and a defibrillator-monitor. A usual such aspect is additional ECG monitoring capability.

FIG. 3 is a diagram showing components of an external defibrillator **300** made according to embodiments of the present disclosure. These components can be employed, for example, in the external defibrillator **100** of FIG. 1. The components of FIG. 3 can be provided in a housing **301**, which is also known as a casing.

The external defibrillator **300** typically includes a defibrillation port **310**, such as a socket in housing **301**. The defibrillation port **310** includes nodes **314**, **318**. Defibrillation electrode pads **304**, **308**, which can be similar to the electrode pads **104**, **108** shown in FIG. 1, can be plugged into the defibrillation port **310** so as to make electrical contact with nodes **314**, **318**, respectively. It is also possible that the electrode pads **304**, **308** can be connected continuously to the defibrillation port **310**. Either way, the defibrillation port **310** can be used for providing a discharge of electrical energy that has been stored in the defibrillator **300** to the patient **82** via the electrode pads **304**, **308**, as will be discussed later herein.

If the defibrillator **300** is a defibrillator-monitor, as described with reference to FIG. 2, then it can also have an ECG port **319** in the housing **301** for plugging in ECG leads **309**. The ECG leads **309** are usable to sense an ECG signal,

e.g., a 12-lead signal, or an ECG signal from a different number of leads. A defibrillator-monitor could have additional ports (not shown) and another component **325**. In at least one embodiment, the other component **325** may be structured to filter the ECG signal, e.g., by applying at least one filter to the ECG signal so as to remove chest compression artifacts resulting from chest compressions being delivered to the patient **82**.

The defibrillator **300** may also include a measurement source **320** that could be a circuit. The measurement source **320** receives physiological signals from the ECG port **319**, and also from other ports, if provided. These physiological signals are sensed and information about the physiological signals is rendered by measurement source **320** as data or other signals.

If the defibrillator **300** is an AED, it may lack the ECG port **319**. In such an embodiment however, the measurement source **320** can obtain physiological signals through the nodes **314**, **318** instead, when the defibrillation electrode pads **304**, **308** are attached to the patient **82**. In this case, a person's ECG signal can be sensed as a voltage difference between the electrode pads **304**, **308**. Additionally, impedance between the electrode pads **304**, **308** can be sensed for detecting, among other things, whether the electrode pads **304**, **308** have been inadvertently disconnected from the person.

The defibrillator **300** also includes a processor **330**. Processor **330** may be implemented in any number of ways for causing actions and operations to be performed. The processor **330** may include, by way of example and not of limitation, digital and/or analog processors such as microprocessors and digital-signal processors (DSPs); controllers such as microcontrollers; software running in a programmable machine; programmable circuits such as Field Programmable Gate Arrays (FPGAs), Field-Programmable Analog Arrays (FPAAs), Programmable Logic Devices (PLDs), Application Specific Integrated Circuits (ASICs), or any combination of one or more of these.

The processor **330** can be considered to have a number of modules. One such module can be a detection module **332** configured to sense outputs of the measurement source **320**. The detection module **332** can include a VF detector, for example. Thus, the patient's sensed ECG can be used by the detection module **332** to determine whether the patient is experiencing VF.

Another such module in the processor **330** can be an advice module **334** configured to determine and provide advice based on outputs of the detection module **332**. The advice module **334** can include a Shock Advisory Algorithm, implement decision rules, and so on. The advice can be to shock, to not shock, to administer other forms of therapy, and so on. If the advice is to shock, some external defibrillator embodiments merely report that to a user **380** and prompt the user **380** to initiate the shock. Other embodiments automatically execute the advice, by administering the shock. If the advice is to administer CPR, the defibrillator **300** may further issue prompts to the user **380**, and so on.

The processor **330** can include additional modules, such as module **336** that provide other functions. In addition, if one or more other components **325** are indeed provided, the component(s) **325** may be operated in part by the processor **330**.

The defibrillator **300** optionally further includes a memory **338** that can work together with the processor **330**. The memory **338** may be implemented in any number of ways. The memory **338** may include, by way of example and

not of limitation, nonvolatile memories (NVM), read-only memories (ROM), random access memories (RAM), any combination of these, and so on. The memory 338, if provided, can include programs to be executed by the processor 330 or the modules therein. The programs can be operational for the inherent needs of the processor 330, and can also include protocols and algorithms for modules such as the advice module 334 to make decisions. In addition, the memory 338 can store prompts for the user 380, etc. Moreover, the memory 338 can store patient data.

The defibrillator 300 may also include a power source 340. To enable portability of the defibrillator 300, the power source 340 typically includes a battery. Such a battery is typically implemented as a battery pack that can be rechargeable or non-rechargeable. Sometimes, a combination of rechargeable and non-rechargeable battery packs is used. Other embodiments of the power source 340 can include an AC power override, for instances where AC power will be available, and so on. In some embodiments, the power source 340 is controlled by the processor 330.

The defibrillator 300 additionally includes an energy storage module 350. The energy storage module 350 is where electrical energy is stored when the defibrillator 300 is preparing to administer a shock through a sudden discharge of energy. The energy storage module 350 can be charged from power source 340 to hold a desired amount of energy, as controlled by the processor 330. In typical implementations, the energy storage module 350 includes one or more capacitors 352 to store and discharge the energy.

The defibrillator 300 further includes a discharge circuit 355. The discharge circuit 355 can be controlled by the processor 330 to permit the energy stored in the energy storage module 350 to be discharged through the nodes 314, 318 to the defibrillation electrode pads 304, 308. The discharge circuit 355 can include one or more switches 357 to control the discharge. The switches 357 can be implemented in a number of ways, such as by an H-bridge circuit, and so on.

The defibrillator 300 further includes a user interface 370 for the user 380. The user 380 can be a rescuer or a patient. The user interface 370 can be implemented in any number of ways. For example, the user interface 370 may include a screen to display what is detected and measured, provide visual feedback or prompts to a rescuer to aid their resuscitation attempts, and so on. The user interface 370 may also include a speaker to issue voice prompts, and various controls, such as pushbuttons, keyboards, and so on. CPR prompts, for example, can be issued, visually or by sound, to the rescuer to help the user administer CPR to the patient. Examples of CPR-prompting technology are taught in U.S. Pat. Nos. 6,334,070 and 6,356,785. In addition, the discharge circuit 355 can be controlled by the processor 330.

The defibrillator 300 can optionally include other components. For example, a communication module 390 may be provided for communicating with other machines or devices. Such communication can be performed wirelessly (e.g., by RF or infrared communication), or via wire connections. Data can be communicated, such as patient data, incident information, therapy attempted, CPR performance, and so on, to other machines or devices for further evaluation and/or processing.

FIG. 4 depicts an embodiment of components of a wearable defibrillator system as might be worn by the patient 82 depicted in FIG. 1. Patient 82 may also be referred to as person 82 and/or wearer 82 since he or she wears components of the wearable defibrillator system.

In FIG. 4, a generic support structure 470 is shown relative to the body of person 82, and thus also relative to his or her heart 85. Structure 470 could be a harness, a vest, one or more belts, or a garment as per the above, and could be implemented in a single component or multiple components, and so on. Structure 470 is wearable by person 82, but the manner of wearing it is not depicted, as structure 470 is depicted only generally in FIG. 4.

A wearable defibrillator system is configured to provide a therapy to a patient by delivering electrical energy to the patient's body in the form of an electric discharge that may be conveyed in one or more pulses. FIG. 4 shows one example of an external defibrillator 400 and defibrillation electrodes 404, 408 that are coupled to the external defibrillator 400 via electrode leads 405. Alternative to the electrode positioning shown in FIG. 4, the electrodes 404, 408 can be positioned anterior and posterior about the body, substantially parallel to each other, and superimposing the heart. Defibrillator 400 and defibrillation electrodes 404, 408 are coupled to support structure 470. As such, all components of defibrillator 400 can therefore be coupled to support structure 470. When defibrillation electrodes 404, 408 make good electrical contact with the body of person 82, defibrillator 400 can administer, via electrodes 404, 408, a brief, strong electric discharge 411 through the body. Discharge 411, also known as a defibrillation shock or therapy shock, is intended to go through the heart 85 and restart the heart 85 in an effort to save the life of person 82. Discharge 411 can also be one or more pacing pulses, and so on.

The wearable defibrillator system may optionally include an outside monitoring device 480. Device 480 is called an "outside" device because it is provided as a standalone device not within the housing of defibrillator 400. Device 480 is configured to monitor at least one local parameter. A local parameter can be a parameter of patient 82, or a parameter of the wearable defibrillation system, or a parameter of the environment, as will be described later herein. Optionally, device 480 is physically coupled to support structure 470. In addition, device 480 can be communicatively coupled with other components that are coupled to support structure 470. Such a component can be a communication module, as will be deemed applicable by a person skilled in the art in view of this disclosure.

FIGS. 5A to 5C depict cross-sectional views of an embodiment of a traditional conductive fluid reservoir 500 that is usable in a wearable defibrillator system as shown in FIG. 4. The reservoir 500 contains a conductive fluid 502 within a flexible container 504. The reservoir 500 includes one or more outlets 506 through which the conductive fluid 502 can flow. As shown in FIG. 5A, a portion of the flexible container 504 can be normally positioned to cover the one or more outlets 506. In this configuration, the flexible container 504 seals the one or more outlets 506 to hold the conductive fluid 502 within the reservoir 500.

Some or all of the conductive fluid 502 can be dispensed from the reservoir 500 by inflating an inflatable pocket 508 of the flexible container 504. As shown in FIG. 5B, as the inflatable pocket 508 is inflated, and an upward force 510 lifts a portion of the flexible container 504 above the one or more outlets 506. The upward force 510 on the flexible container 504 lifts the flexible container 504 and uncovers the one or more outlets 506, allowing the some or all of the conductive fluid 502 to flow out of the reservoir 500 via the one or more outlets 506. The inflation of the inflatable pocket 508 also exerts a pressure on the conductive fluid 502 to force the conductive fluid 502 out of the one or more outlets 506.

One drawback to the reservoir **500** is depicted in FIG. **5C**. As shown in FIG. **5C**, an object **512** (e.g., a person's finger) can apply a force to the flexible container **504**. The force from the object **512** can be inadvertent, such when a user accidentally pushes on the flexible container **504** or when the patient wearing the wearable defibrillator accidentally bumps into an object. The force caused by the object **512** on the flexible container **504** results in an upward force **514** lifting the flexible container **504** away from the one or more outlets **506**. The upward force **514** uncovers the flexible container **504** from the one or more outlets **506** and allows the some or all of the conductive fluid **502** to flow out of the reservoir **500** via the one or more outlets **506**.

If the force **512** is an unintended force, the result is unintended dispensing of the conductive fluid **502** via the one or more outlets **506**. To a patient wearing the wearable defibrillator, the unintended dispensing of the conductive fluid **502** can cause the patient to think that the wearable defibrillator is defective (e.g., it has a leak). In addition, such unintended dispensing of the conductive fluid **502** is at best an annoyance to the user because of the mess of the dispensed conductive fluid **502**, and at worst renders the wearable defibrillator incapable of effectively applying an electrical charge to the patient's skin. Some efforts to address this issue have been made by surrounding the pouch **500** in a rigid container (e.g., a stiff foam); however, such rigid housings make the wearable defibrillator less comfortable to the patient and decrease patient compliance in wearing the defibrillator. Moreover, a rigid housing may not permit the electrode to bend along a contour of the patient's skin, reducing the contact area between the electrode and the patient's skin.

FIG. **5D** depicts an exploded view of one example of a system for use in dispensing conductive fluid from one or more reservoirs **500** to increase electrical connectivity between a patient's skin **520** and an electrode **530**. FIG. **5D** depicts the electrode **530** located between the patient's skin **520** and a reservoir layer **540**. Examples of the electrode **530** include the defibrillation electrodes **404**, **408** described above with respect to FIG. **4**. The electrode **530** can include a conductive fabric or other conductive material that is configured to help conduct an electric discharge from a defibrillator. In a case where the electrode **530** includes a conductive fabric, the electrode **530** can be sewn into a support structure (e.g., support structure **470**) worn by the patient.

In this example, the reservoir layer **540** includes a number of reservoirs **500**. The number of reservoirs **500** used in reservoir layer **540** can be any number of reservoirs. The number of reservoirs **500** can be selected based on one or more of an amount of conductive fluid contained in each reservoir **500**, a size of the electrode **530**, an absorption rate of the electrode **530**, or any other factor. While the reservoir layer **540** depicted in FIG. **5D** includes reservoirs **500**, any of the other reservoirs described herein can be used in the reservoir layer **540** in place of the reservoirs **500**.

As shown in FIG. **5D**, the electrode **530** can be positioned between the patient's skin **520** and the reservoir layer **540**. Depending on the materials used to construct the electrode **530**, when conductive fluid is released from the reservoirs **500**, the conductive fluid can permeate the electrode **530** up to the point of saturating the electrode **530**. Some of the conductive fluid that has passed through the electrode layer **530** can contact the patient's skin **520**, thereby increasing electrical connectivity between the electrode **530** and the patient's skin **520**. The electrode **530** can optionally include

one or more holes **532** that permit passage of the conductive fluid from one side of the electrode **530** to the other side of the electrode **530**.

FIGS. **6A** to **6E** depict various views of an embodiment of a reservoir **600** that addresses drawbacks in the reservoir **500** described in FIGS. **5A** to **5C**. More specifically, FIGS. **6A** and **6B** depict perspective and top views, respectively, of the reservoir **600**, and FIGS. **6C** to **6E** depict cross-sectional views of the reservoir **600**. The reservoir **600** contains a conductive fluid **602** within a container **604**. The container **604** can be a flexible container or, alternatively, a rigid or semi-rigid container. The container **604** includes one or more outlets **606** through which the conductive fluid **602** can flow. In the particular embodiment shown in FIGS. **6A** and **6B**, the one or more outlets **606** include four outlets arranged linearly. However, other numbers of outlets and arrangement of outlets are possible. The reservoir **600** also includes an inflatable pouch **608**, at least a portion of which is located inside the container **604**. The inflatable pouch **608** includes an inlet **610** through which a pressurized fluid can be forced to inflate the inflatable pouch **608**. As shown in FIGS. **6A** and **6B**, the inlet **610** can protrude from the container **604**.

The inflatable pouch **608** is depicted in a deflated state in FIGS. **6C** and **6D**. The inflatable pouch **608** includes a connected end **612** that is directly connected to the container **604** and a free end **614** that is not directly connected to the container **604**. As shown, when the inflatable pouch **608** is in the deflated state, the free end **614** of the inflatable pouch **608** covers the one or more outlets **606**. When the inflatable pouch **608** covers the one or more outlets **606**, the inflatable pouch **608** prevents the conductive fluid **602** from flowing out of the container **604** via the one or more outlets **606**. In at least one embodiment, the inflatable pouch **608** is sealed to the one or more outlets **606** while in the deflated state. The seal between the inflatable pouch **608** and the one or more outlets **606** can include one or more of an adhesive, a heat weld, or any other type of seal.

As shown in FIG. **6D**, an object **616**, such as a person's finger, can press on the container **604** causing a force **618** on the container **604**. The force **618** causes a pressure **620** in the conductive fluid **602** that is exerted on the free end **614** of the inflatable pouch **608**. Unlike the force from the object **512** on the flexible container **504** in FIG. **5C**, the force **618** from the object **616** does not cause the free end **614** of the inflatable pouch **608** to be uncovered from the one or more outlets **606**. To the contrary, the pressure **620** pushes the free end **614** of the inflatable pouch **608** toward the one or more outlets **606**. In this way, the force **618** of the object **616** helps to prevent the conductive fluid **602** from leaking out of the reservoir **600**.

The inflatable pouch **608** is depicted in an inflated state in FIG. **6E**. To transition the inflatable pouch **608** from the deflated state depicted in FIGS. **6C** and **6D** to the inflated state depicted in FIG. **6E**, pressurized fluid is forced into the inflatable pouch **608** via the inlet **610**. The pressurized fluid can be introduced into the inlet **610** from a fluid source, such as a gas generator (e.g., a nitrogen generator) or a pressurized fluid container (e.g., a gas cylinder). As the inflatable pouch **608** inflates from the deflated state to the inflated state; the shape of the inflatable pouch **608** transitions from flat to round. The change in shape of the inflatable pouch **608** from flat to round breaks the seal between the free end **614** of the inflatable pouch **608** and the one or more outlets **606** and removes the free end **614** of the inflatable pouch **608** from the one or more outlets **606**. Once the free end **614** of the inflatable pouch **608** is removed from the one or more outlets **606**, the conductive fluid **602** is allowed to flow out

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of the container 604 via the one or more outlets 606. In the inflated state, the inflatable pouch 608 also occupies more of the volume of the container 604 than the inflatable pouch 608 takes up in the deflated state. By occupying more volume of the container 604 in the inflated state, the inflatable pouch 608 exerts a force on the conductive fluid 602 to push the conductive fluid 602 out of the container 604 via the one or more outlets 606.

In the inflated state, the pressure of the gas in the inflatable pouch 608 can be in a particular range, such as a range from about 5 psi to about 30 psi. The pressure of the gas in the inflatable pouch 608 can be selected based on one or more of a strength of the seal between the free end 614 of the inflatable pouch 608 and the one or more outlets 606, a strength of the material of the inflatable pouch 608, a strength of the material of the container 604, a viscosity of the conductive fluid 602, a size of the one or more outlets 606, and so on.

The reservoir 600 can be positioned with respect to the wearable defibrillator such that, when the conductive fluid 602 is dispensed from the one or more outlets 606, the conductive fluid is directed toward a location that will increase electrical connectivity between an electrode and the patient's skin. For example, in the case where the garment of the wearable defibrillator includes a conductive fabric between the reservoir and the patient's skin, the one or more outlets 606 can be oriented to dispense the conductive fluid 602 toward the conductive fabric. When the one or more outlets 606 are properly oriented and the pouch 608 is inflated, the conductive fluid 602 is dispensed from the container 604 such that the conductive fluid 602 will increase electrical connectivity between the electrode and the patient's skin.

The wearable defibrillator can include a monitor that monitors the patient's heart rhythms. If the wearable defibrillator determines that the patient's heart should be treated with an electrical discharge, the wearable defibrillator can cause pressurized fluid to be delivered from a source of pressurized fluid to the inflatable pouch 608 such that the inflatable pouch 608 inflates and the conductive fluid 602 is dispensed to increase electrical connectivity between the electrode and the patient's skin. After the conductive fluid 602 has been dispensed, the wearable defibrillator can deliver an electrical discharge to the patient for treatment.

With the reservoir 600 depicted in FIGS. 6A to 6E, the electrode does not need to be housed in a rigid structure to prevent accidental dispensing of conductive fluid 602 from reservoir 600. Because no additional rigid structure is needed for the reservoir 600, an electrode with the reservoir 600 can be made compliant, flexible, thin, and light weight. This leads to easier wear underneath a patient's clothing without visible bulk and with greater comfort to the patient wearing the wearable defibrillator. Such benefits lead to better compliance in patients wearing the wearable defibrillators. The ability to make the electrode and reservoir 600 compliant also leads to better contour of the electrode along the patient's skin, resulting in better contact between the electrode and any contours of the patient's skin.

FIGS. 7A to 7C depict another embodiment of a reservoir 700 with another embodiment of an inflatable pouch 708. FIG. 7A depicts a top view of the reservoir 700 and FIGS. 7B and 7C depict cross-sectional view of the reservoir 700. The reservoir 700 contains a conductive fluid 702 within a container 704. The container 704 includes one or more outlets 706 through which the conductive fluid 702 can flow. The reservoir 700 also includes the inflatable pouch 708, at least a portion of which is located inside the container 704.

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In the embodiment shown in FIG. 7A, the inflatable pouch 708 has a U-shape where the inflatable pouch 708 is located along the left side of the container 704, along the bottom side of the container 704, and along the right side of the container 704. The inflatable pouch 708 includes an inlet 710 through which a pressurized fluid can be forced to inflate the inflatable pouch 708. As shown in FIG. 7A, the inlet 710 can protrude from the container 704.

The inflatable pouch 708 is depicted in a deflated state and in an inflated state in FIGS. 7B and 7C, respectively. The inflatable pouch 708 includes a connected end 712 that is directly connected to the container 704 and a free end 714 that is not directly connected to the container 704. The cross-sectional views of the reservoir 700 in FIGS. 7B and 7C include cross-sectional views of the inflatable pouch 708 in two locations corresponding to the two sides of the U-shape of the inflatable pouch 708.

As shown in FIG. 7B, when the inflatable pouch 708 is in the deflated state, the free end 714 of the left side of the inflatable pouch 708 covers the one or more outlets 706. When the inflatable pouch 708 covers the one or more outlets 706, the inflatable pouch 708 prevents the conductive fluid 702 from flowing out of the container 704 via the one or more outlets 706. The right side of the inflatable pouch 708 is located near the top of the container 704 to provide a clear path for the conductive fluid 702 between the left and right sides of the inflatable pouch 708. In other embodiments, the right side of the inflatable pouch 708 can be located in other locations. If an object exerted a force on the top of the container 704, the left side of the inflatable pouch 708 would not be forced up and off of the one or more outlets 706.

The inflatable pouch 708 is depicted in an inflated state in FIG. 7C. To transition the inflatable pouch 708 from the deflated state depicted in FIG. 7B to the inflated state depicted in FIG. 7C, a pressurized fluid is forced into the inflatable pouch 708 via the inlet 710. The fluid can be introduced into the inlet 710 from a fluid source, such as a fluid generator (e.g., a nitrogen generator) or a pressurized fluid container (e.g., a gas cylinder). As the inflatable pouch 708 is inflated from the deflated state to the inflated state; the shape of the inflatable pouch 708 transitions from flat to round. The change in shape of the left side of the inflatable pouch 708 from flat to round breaks the seal between the free end 714 of the left side of the inflatable pouch 708 and the one or more outlets 706 and removes the free end 714 of the left side of the inflatable pouch 708 from the one or more outlets 706. Once the free end 714 of the left side of the inflatable pouch 708 is removed from the one or more outlets 706, the conductive fluid 702 is allowed to flow out of the container 704 via the one or more outlets 706.

In the inflated state depicted in FIG. 7C, the inflatable pouch 708 occupies more of the volume of the container 704 than the inflatable pouch 708 occupies in the deflated state. The U-shape of the inflatable pouch 708 also occupies more volume of the container 704 than the inflatable pouch 608 occupies in the container 604 depicted in FIG. 6E. By occupying more volume of the container 704 in the inflated state, the inflatable pouch 708 exerts a greater force on the conductive fluid 702 to push the conductive fluid 702 out of the container 704 via the one or more outlets 706. The left and right sides of the inflatable pouch 708 are arranged such that, when the inflatable pouch is in the inflated state, there is a path for most or all of the conductive fluid 702 to flow to the one or more outlets 706.

FIGS. 8A to 8C depict another embodiment of a reservoir 800 with another an arrangement of outlets 806 and another

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embodiment of an inflatable pouch **808**. FIG. **8A** depicts a top view of the reservoir **800** and FIGS. **8B** and **8C** depict cross-sectional views of the reservoir **800**. The reservoir **800** contains a conductive fluid **802** within a container **804**. The container **804** includes one or more outlets **806** through which the conductive fluid **802** can flow. In the particular embodiment shown in FIG. **8A**, the one or more outlets **806** include eight outlets arranged with at least one outlet near each of the left, bottom, right, and top sides. However, other numbers of outlets and arrangement of outlets are possible. The reservoir **800** also includes the inflatable pouch **808**, at least a portion of which is located inside the container **804**.

The container **804** has a ring shape with a central attachment portion **816**. The central attachment portion can include a hole **818**. The hole can permit air to flow through the center of the container **804**, making the container **804** more breathable. The inflatable pouch **808** also has a ring shape. In the particular embodiment depicted in FIG. **8A**, the inflatable pouch **808** has a rectangular ring shape where the inflatable pouch **808** has sides located along the left, bottom, right, and top sides of the container **804**. The inflatable pouch **808** includes an inlet **810** through which pressurized fluid can be forced to inflate the inflatable pouch **808**. As shown in FIG. **8A**, the inlet **810** can protrude out from the container **804**.

The inflatable pouch **808** is depicted in a deflated state and in an inflated state in FIGS. **8B** and **8C**, respectively. The inflatable pouch **808** includes a connected end **812** that is directly connected to the container **804** and a free end **814** that is not directly connected to the container **804**. The cross-sectional views of the reservoir **800** in FIGS. **8B** and **8C** include cross-sectional views of the inflatable pouch **808** in two locations corresponding to two sides of the rectangular ring shape of the inflatable pouch **808**.

As shown in FIG. **8B**, when the inflatable pouch **808** is in the deflated state, the free ends **814** of the inflatable pouch **808** covers the outlets **806**. When the inflatable pouch **808** covers the outlets **806**, the inflatable pouch **808** prevents the conductive fluid **802** from flowing out of the container **804** via the one or more outlets **806**. The inflatable pouch **808** is depicted in an inflated state in FIG. **8C**. To inflate the inflatable pouch **808** from the deflated state depicted in FIG. **8B** to the inflated state depicted in FIG. **8C**, a pressurized fluid is forced into the inflatable pouch **808** via the inlet **810**. The fluid can be introduced into the inlet **810** from a fluid source. As the inflatable pouch **808** is inflated from the deflated state to the inflated state; the shape of the inflatable pouch **808** transitions from flat to round. The change in shape of the inflatable pouch **808** from flat to round breaks the seal between the free ends **814** of the inflatable pouch **808** and the outlets **806** and removes the free ends **814** of the inflatable pouch **808** from the outlets **806**. Once the free ends **814** of the inflatable pouch **808** are removed from the one or more outlets **806**, the conductive fluid **802** is allowed to flow out of the container **804** via the outlets **806**.

One advantage to the reservoir **800** is depicted in FIG. **8C**. When the inflatable pouch **808** is in the inflated state, both inflated sides of the inflatable pouch **808** cause the bottom of the container **804** to be pulled taught. This increases the likelihood that the sides of the inflatable pouch **808** will peel away from the outlets **806** as the inflatable pouch **808** is inflated, increasing the likelihood that the seal between the sides of the inflatable pouch **808** and the outlets **806** will break. Another advantage to the reservoir **800** is that the container **804** includes more outlets **806** than other embodiments, and that more of the conductive fluid **802** is likely to be dispensed from the reservoir with a greater the number of

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outlets **806**. Another advantage depicted in FIG. **8C** is that the central attachment portion **816** eliminates volume of the reservoir **800** that would be located in the center of the reservoir **800** if the reservoir **800** did not include the central attachment portion **816**. Because of this reduced volume, the inflatable pouch **808** takes up a greater portion of the volume of the reservoir **800** in the inflated state. Because the inflatable pouch **808** takes up a greater portion of the volume of the reservoir **800** in the inflated state, inflation of the inflatable pouch **808** will cause more of the conductive fluid **802** to flow out of the outlets **806** than if the reservoir **800** did not include the central attachment portion **816**.

FIG. **9** depicts an embodiment of a free end **914** of an inflatable pouch **908** that can be used with any of the embodiments of inflatable pouches described herein. FIG. **9** depicts a reservoir **900** that contains a conductive fluid **902** within a container **904**. The container **904** includes outlets **906**. The reservoir **900** also includes the inflatable pouch **908**, at least a portion of which is located inside the container **904**. In the embodiment shown in FIG. **9**, the inflatable pouch **908** has free end **914** with a saw-tooth shape. The inflatable pouch **908** includes an inlet **910** through which fluid can be forced to inflate the inflatable pouch **908**.

The saw-tooth shape of the free end **914** of the inflatable pouch **908** includes valleys **924** and peaks **926**. Individual valleys **924** are located near individual outlets **906** and individual peaks **926** are located between two of the outlets **906**. As the inflatable pouch **908** is inflated, the portion of the free end near the valleys **924** is more likely to pull away from the container **904**. Thus, the free end **914** of the inflatable pouch **908** is more likely to peel away from the outlets **906** when the valleys **924** of the free end **914** are located near the outlets **906**.

FIG. **10** depicts an embodiment of a system **1000** that can be used with any of the conductive fluid reservoirs described herein. The system **1000** includes a controller **1002** that is communicatively coupled to a first gas generator **1004** and a second gas generator **1006**. While gas generators **1004**, **1006** generating pressurized gas are shown in this embodiment, alternatively other forms of fluid generators or fluid sources may be used to supply pressurized fluid to pouches disposed within the conductive fluid reservoirs **1008**, **1012**. The first gas generator **1004** is configured to selectively provide a pressurized gas via fluid channels **1006** to each of one or more conductive fluid reservoirs **1008** that are associated with a first electrode (not shown). The second gas generator **1006** is configured to selectively provide a pressurized gas via fluid channels **1010** to each of one or more conductive fluid reservoirs **1012** that are associated with a second electrode (not shown). In the embodiment shown in FIG. **10**, the conductive fluid reservoirs **1008** include three conductive fluid reservoirs and the conductive fluid reservoirs **1012** include three conductive fluid reservoirs. However, the conductive fluid reservoirs **1008** and **1012** can have other numbers of conductive fluid reservoirs. For example, without limitation, a group of four or five conductive fluid reservoirs can be associated with each electrode. Moreover, the conductive fluid reservoirs **1008** and **1012** can have different numbers of conductive fluid reservoirs, such as conductive fluid reservoirs **1008** having four conductive fluid reservoirs and conductive fluid reservoirs **1012** having five conductive fluid reservoirs.

As noted above, in at least one embodiment, the first gas generator **1004** and the conductive fluid reservoirs **1008** are associated with a first electrode, and the second gas generator **1006** and the conductive fluid reservoirs **1012** are associated with a second electrode. For example, the first elec-

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trode, the first gas generator **1004**, and the conductive fluid reservoirs **1008** can be part of a first electrode assembly, and the second electrode, the second gas generator **1006**, and the conductive fluid reservoirs **1012** can be part of a second electrode assembly. The first and second electrodes can be positioned in a wearable defibrillator to be able to deliver an electric charge to a patient's heart. The controller **1002** can be a part of or coupled to a monitor (e.g., monitoring device **480** shown in FIG. **4**) that monitors the rhythm of the patient's heart.

The monitor can monitor the patient's heart using electrodes on the patient that are different from the first and second electrodes (e.g., using monitoring electrodes that do not require a conductive fluid to effectively monitor the patient's heart rhythm). When the monitor detects an arrhythmia, the controller **1002** can send signals to the first gas generator **1004** and the second gas generator **1006** indicating that conductive fluid should be dispensed from the conductive fluid reservoirs **1008** and **1012**. In response to receiving the signals from the controller **1002**, the first gas generator **1004** can deliver pressurized gas via the fluid channels **1006** to the conductive fluid reservoirs **1008** and the second gas generator **1006** can deliver pressurized gas via the fluid channels **1010** to the conductive fluid reservoirs **1012**. The pressurized gas delivered to the conductive fluid reservoirs **1008** and **1012** can inflate inflatable pouches within the conductive fluid reservoirs **1008** and **1012** to remove free ends of the inflatable pouches from outlets such that conductive fluid flows out of the conductive fluid reservoirs **1008** and **1012**. The conductive fluid from the conductive fluid reservoirs **1008** can be directed to increase electrical connectivity between the first electrode and the patient's skin, and the conductive fluid from the conductive fluid reservoirs **1012** can be directed to increase electrical connectivity between the second electrode and the patient's skin. Once the conductive fluid flows out of the conductive fluid reservoirs **1008** and **1012**, the wearable defibrillator can effectively deliver an electrical discharge to the patient's heart between the first and second electrodes to treat the arrhythmia.

FIG. **11** depicts an embodiment of a method **1100** for preparing a patient for defibrillation treatment using any of the conductive fluid reservoirs describe herein. At block **1102**, a patient's heart rhythm is monitored. The patient's heart rhythm can be monitored by a monitor in a wearable defibrillator-monitor. The patient's heart rhythm can be monitored using electrodes that are different from electrodes that will be used to deliver an electric charge to treat any arrhythmia of the patient's heart. At block **1104**, an arrhythmia of the patient's heart can be detected. Detecting the arrhythmia can include making a determination that the arrhythmia requires delivery of an electric charge to the patient's heart for treatment of the arrhythmia.

At block **1106**, conductive fluid is dispensed from conductive fluid reservoirs to increase electrical connectivity between one or more electrodes and the patient's skin. The conductive fluid can be dispensed from the conductive fluid reservoirs by causing pressurized fluid to inflate inflatable pouches in the conductive fluid reservoirs such that free ends of the inflatable pouches are removed from outlets of the conductive fluid reservoirs and the conductive fluid is permitted to flow out of the conductive fluid reservoirs via the outlets. The pressurized fluid can be caused to inflate inflatable pouches in the conductive fluid reservoirs by a controller sending a signal to one or more gas generators that are configured to deliver the pressurized fluid to the conductive fluid reservoirs. The pressurized fluid can be delivered to

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inflate inflatable pouches in the conductive fluid reservoirs in other ways, such as by opening a valve between a source of pressurized fluid and the conductive fluid reservoirs. At block **1108**, an electrical discharge is delivered to the patient's heart via the one or more electrodes and the dispensed conductive fluid.

FIGS. **12A**, **12B**, **13A**, and **13B** depict embodiments of conductive fluid reservoirs in the form of pressurized balloons. The pressurized balloons can be used to dispense a conductive fluid to increase electrical connectivity between an electrode and the patient's skin. The conductive fluid can be stored under pressure in the balloon such that, when the balloon is opened, the conductive fluid automatically dispenses out of the balloon. The balloon can be located and/or oriented such that the conductive fluid is directed to increase electrical connectivity between an electrode and the patient's skin when the balloon is opened.

FIGS. **12A** and **12B** depict an embodiment of a conductive fluid reservoir **1200** that includes a pressurized balloon **1204**. The pressurized balloon **1204** contains a conductive fluid **1202**. The pressurized balloon **1204** includes a release valve **1206** that can be selectively opened to allow some or all of the conductive fluid **1202** out of the pressurized balloon **1204**. FIG. **12A** depicts the release valve **1206** in a closed position and FIG. **12B** depicts the release valve **1206** in an open position with the conductive fluid **1202** flowing out of the pressurized balloon **1204**.

The release valve **1206** can be controlled by the wearable defibrillator such that the release valve **1206** is opened automatically before the wearable defibrillator delivers an electrical discharge to the patient's body. Furthermore, using the release valve **1206** with the pressurized balloon **1204** may allow the pressurized balloon **1204** to be refilled with additional conductive fluid and reused. The release valve **1206** can be oriented such that the conductive fluid **1202** is directed to increase electrical connectivity between an electrode of the wearable defibrillator and the patient's skin when the release valve **1206** is opened.

FIGS. **13A** and **13B** depict an embodiment of a conductive fluid reservoir **1300** that includes pressurized balloon **1304**. The pressurized balloon **1304** contains a conductive fluid **1302**. The pressurized balloon **1304** can be opened by puncturing the pressurized balloon **1304**. The pressurized balloon **1304** can be punctured using a puncturing device **1306**, such as a pin, a blade, and the like. FIG. **13A** depicts the pressurized balloon **1304** before being punctured by the puncturing device **1306** and FIG. **13B** depicts the pressurized balloon **1304** after being punctured by the puncturing device **1306** with the conductive fluid **1302** flowing out of the pressurized balloon **1304**.

The puncturing device **1306** can be controlled by the wearable defibrillator such that the pressurized balloon **1304** is punctured automatically before the wearable defibrillator delivers an electrical discharge to the patient's body. The puncturing device **1306** can be oriented such that the conductive fluid **1302** is directed to increase electrical connectivity between an electrode of the wearable defibrillator and the patient's skin when the pressurized balloon **1304** is punctured.

Any of the pressurized balloon embodiments described herein can be contained in a rigid container in the wearable defibrillator. The rigid container can prevent inadvertent rupturing of the balloon while the patient wears the wearable defibrillator.

It should be noted that for purposes of this disclosure, the use of "including," "comprising," or "having" and variations thereof herein is meant to encompass the items listed there-

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after and equivalents thereof as well as additional items. Unless limited otherwise, the terms “connected” and “coupled” and variations thereof herein are used broadly and encompass direct and indirect connections and couplings.

The principles, representative embodiments, and modes of operation of the present disclosure have been described in the foregoing description. However, aspects of the present disclosure which are intended to be protected are not to be construed as limited to the particular embodiments disclosed. Further, the embodiments described herein are to be regarded as illustrative rather than restrictive. It will be appreciated that variations and changes may be made by others, and equivalents employed, without departing from the spirit of the present disclosure. Accordingly, it is expressly intended that all such variations, changes, and equivalents fall within the spirit and scope of the present disclosure, as claimed.

The invention claimed is:

1. A system for use with a wearable defibrillator worn by a patient, the system comprising:
 - an electrode;
 - a source of pressurized fluid;
 - a container configured to contain a conductive fluid, the container having an outlet;
 - an inflatable pouch, at least a portion of the pouch being located within the container, the pouch located within the container such that when the pouch is in a deflated state the pouch covers the outlet, the pouch in the deflated state thus preventing the conductive fluid contained by the container from flowing out of the container through the outlet; and
 - a controller configured to control selective delivery of the pressurized fluid from the source of pressurized fluid to the inflatable pouch, and in which
 - the pouch is configured to become inflated from the deflated state responsive to the pressurized fluid being thus delivered from the source of pressurized fluid, and
 - when the pouch becomes thus inflated, the pouch changes shape such that the pouch no longer covers the outlet and the contained conductive fluid is thus no longer prevented from thus flowing out of the container through the outlet near the electrode.
2. The system of claim 1, in which the container is flexible or semi-rigid, and
 - when the pouch is in the deflated state, pressing on the container causes a pressure in the contained conductive fluid, the caused pressure exerted on the portion of the pouch and pushing the portion of the pouch toward the outlet, the caused pressure thus helping prevent the contained conductive fluid from leaking out of the reservoir through the outlet.
3. The system of claim 1, in which
 - the pouch includes an inlet that protrudes through the container, and
 - the pouch is configured to become thus inflated in response to receiving the pressurized fluid through the inlet.
4. The system of claim 1, in which the pouch has a U-shape.
5. The system of claim 1, in which the pouch has a ring shape.
6. The system of claim 1, in which
 - as the pouch becomes thus inflated, the pouch exerts a force on the contained conductive fluid, the force pushing the contained conductive fluid out of the container via the outlet.

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7. The system of claim 1, in which
 - while the pouch is in a deflated state, the pouch is sealed to the outlet that the pouch covers, and
 - the pouch becomes no longer sealed to the outlet responsive to the pouch thus changing shape.
8. The system of claim 7, in which
 - the pouch is thus sealed to the outlet by an adhesive.
9. The system of claim 7, in which
 - the pouch is thus sealed to the outlet by a heat weld.
10. The system of claim 1, in which
 - when the pouch is in the deflated state, the pouch is flat and has a connected end and a free end, the free end having a saw-tooth shape that includes a valley between two peaks, and
 - the outlet is located closer to the valley than to the peaks.
11. The system of claim 1, in which the container further has an other outlet,
 - the contained conductive fluid is initially prevented from flowing out of the container through the other outlet, but
 - when the pouch becomes thus inflated, the contained conductive fluid is no longer prevented from flowing out of the container through the other outlet near the electrode.
12. A system for use with a wearable device configured to provide external defibrillation and/or external pacing therapy to a patient wearing the device, the system comprising:
 - an electrode configured to be coupled to the wearable device,
 - a source of pressurized fluid;
 - a container containing a conductive fluid, the container having an outlet configured to allow at least a portion of the conductive fluid to flow toward the electrode;
 - a pouch having at least a portion located within the container such that when the pouch is in a deflated state the pouch covers the outlet preventing the conductive fluid contained by the container from flowing out of the container through the outlet; and
 - a controller configured to control the source of pressurized fluid to deliver pressurized fluid to inflate the pouch and cause the pouch to change shape such that the outlet is uncovered and at least a portion of the conductive fluid is no longer prevented from flowing out of the container through the outlet.
13. The system of claim 12, in which the container is flexible or semi-rigid, and
 - when the pouch is in the deflated state, pressing on the container causes a pressure in the contained conductive fluid that exerts against the portion of the pouch, the caused pressure thus helping prevent the contained conductive fluid from leaking out of the reservoir through the outlet.
14. The system of claim 12, in which
 - the pouch includes an inlet that protrudes through the container, and
 - the pouch is configured to become thus inflated in response to receiving the pressurized fluid through the inlet.
15. The system of claim 12, in which
 - as the pouch becomes inflated, the pouch exerts a force on the contained conductive fluid, the force pushing the contained conductive fluid out of the container via the outlet.
16. The system of claim 12, in which
 - while the pouch is in the deflated state, the pouch is sealed to the outlet that the pouch covers, and

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the pouch becomes no longer sealed to the outlet responsive to the pouch thus changing shape.

17. The system of claim 16, in which the pouch is thus sealed to the outlet by an adhesive.

18. The system of claim 16, in which the pouch is thus sealed to the outlet by a heat weld.

19. The system of claim 12, in which when the pouch is in the deflated state, the pouch has a connected end and a free end, the free end having a saw-tooth shape that includes a valley between two peaks, and

the outlet is located closer to the valley than to the peaks.

20. The system of claim 12, in which the container further has an other outlet,

the contained conductive fluid is initially prevented from flowing out of the container through the other outlet, but

when the pouch becomes thus inflated, the contained conductive fluid is no longer prevented from flowing out of the container through the other outlet near the electrode.

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21. A system for use with a wearable device configured to provide external defibrillation and/or external pacing therapy to a patient wearing the wearable device, the system comprising:

an electrode configured to be coupled to the wearable device;

means for providing pressurized fluid;

container means for containing a conductive fluid, the container means having an outlet for allowing at least a portion of the conductive fluid to flow toward the electrode;

pouch means, having at least a portion located within the container means, for covering an outlet of the container means when the pouch means is in a deflated state and uncovering the outlet when the pouch means is in an inflated state; and

control means for causing the means for providing pressurized fluid to deliver pressurized fluid to inflate the pouch means and enable at least a portion of the conductive fluid to flow out of the container means through the outlet.

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