

[19] Patents Registry
The Hong Kong Special Administrative Region
香港特別行政區
專利註冊處

[11] 40016632 B
EP 3559838 B1

[12] **STANDARD PATENT (R) SPECIFICATION**
轉錄標準專利說明書

[21] Application no. 申請編號
62020006385.2

[51] Int. Cl.
G16H 20/17 (2018.01) G16H 40/63 (2018.01)

[22] Date of filing 提交日期
23.04.2020

G16H 50/20 (2018.01) G16H 50/30 (2018.01)

[54] DATA MANAGEMENT UNIT FOR SUPPORTING HEALTH CONTROL
用於支持健康控制的數據管理單元

[30] Priority 優先權
23.12.2016 EP 16206706.0

[43] Date of publication of application 申請發表日期
11.09.2020

[45] Date of publication of grant of patent 批予專利的發表日期
30.08.2024

[86] International application no. 國際申請編號
PCT/EP2017/084150

[87] International publication no. and date 國際申請發表編號及日期
WO2018/115316 28.06.2018

EP Application no. & date 歐洲專利申請編號及日期
EP 17829646.3 21.12.2017

EP Publication no. & date 歐洲專利申請發表編號及日期
EP 3559838 30.10.2019

Date of grant in designated patent office 指定專利當局批予專利日期
03.07.2024

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(11) **EP 3 559 838 B1**

(12) **EUROPEAN PATENT SPECIFICATION**

(45) Date of publication and mention
of the grant of the patent:
03.07.2024 Bulletin 2024/27

(51) International Patent Classification (IPC):
G16H 20/17 (2018.01) G16H 40/63 (2018.01)
G16H 50/20 (2018.01) G16H 50/30 (2018.01)

(21) Application number: **17829646.3**

(52) Cooperative Patent Classification (CPC):
G16H 20/17; G16H 40/63; G16H 50/20;
G16H 50/30

(22) Date of filing: **21.12.2017**

(86) International application number:
PCT/EP2017/084150

(87) International publication number:
WO 2018/115316 (28.06.2018 Gazette 2018/26)

(54) **DATA MANAGEMENT UNIT FOR SUPPORTING HEALTH CONTROL**

DATENVERWALTUNGSEINHEIT ZUR UNTERSTÜTZUNG DER GESUNDHEITSÜBERWACHUNG
UNITÉ DE GESTION DE DONNÉES PRENANT EN CHARGE LE CONTRÔLE SANITAIRE

(84) Designated Contracting States:
AL AT BE BG CH CY CZ DE DK EE ES FI FR GB
GR HR HU IE IS IT LI LT LU LV MC MK MT NL NO
PL PT RO RS SE SI SK SM TR

(30) Priority: **23.12.2016 EP 16206706**

(43) Date of publication of application:
30.10.2019 Bulletin 2019/44

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US-A1- 2011 077 493 US-A1- 2015 161 339
US-A1- 2016 239 628

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Description

[0001] The present invention relates to a data management unit, a medical device, a method for operating such unit, a respective computer program and a computer program product.

[0002] The following description of the invention mainly refers to diabetes as a health problem and the blood glucose level as the physiological parameter to be controlled in order to assess the effectiveness of the prescribed treatment. However, the invention may also be used with regard to other health problems and for management of other physiological parameter data like (a) blood pressure in hypertensive heart disease, (b) cholesterol or lipoprotein profile in patients with risk factors for heart disease and stroke, (c) peak flow in asthmatic patients, or (d) coagulation in patients treated for hemophilia.

[0003] Diabetes mellitus is a group of metabolic diseases in which a person has high blood sugar, either because the pancreas does not produce enough insulin, or because cells do not respond to the insulin that is produced. The treatment of diabetes concentrates on keeping blood sugar levels as close to normal ("euglycemia") as possible, without causing hypoglycemia. This can usually be accomplished with diet, exercise, and use of appropriate medications (insulin in the case of type 1 diabetes; oral medications, as well as possibly insulin, in type 2 diabetes).

[0004] Essential elements of the management of diabetes with insulin are periodic checks of the glucose concentration in the blood performed by the patients themselves, in order to obtain regular information on the progress and success of the prescribed treatment. This understanding, and patient participation is vital, since the complications of diabetes are far less common and less severe in patients who have well-managed blood sugar levels. With regard to this it has to be considered that the blood glucose level fluctuates throughout the day and is directly influenced by the amount of insulin administered, as well as lifestyle factors such as the amount and kind of food that is consumed, the exercise level and stress.

[0005] Therefore, the monitoring of the sugar level in the blood with a data management unit serves a dual purpose: on the one hand it provides the patient with information about the current status of glycemic control. On the other hand can the measured values serve as information for the patient or a healthcare professional (HCP) to determine whether an adjustment in the medication, namely the amount of insulin to be taken, is indicated.

[0006] In order to achieve these goals or to get as close as possible to the desired glycemic control, it is common practice that blood glucose measurement (BGM) values are monitored by a data management unit or a blood glucose meter comprising such data management unit once or several times during the day, following a testing regime normally prescribed by an HCP. Additionally, some data management units provide suggestions for doses of the medicament to be administered or for dose changes for example based on the present blood glucose value and ingested carbohydrates.

[0007] A special role is played by the so-called fasting blood glucose measurement value (FBG). A fasting blood glucose measurement value is derived after several hours without eating (6 to 8 hours). The fasting blood glucose measurement value is typically taken in the morning before breakfast and is the most commonly performed test among insulin treated patients as it is used to assess the quality of the titration of long-acting basal insulin or analogs such as insulin glargine.

[0008] In order to adjust or to adapt the therapy it is helpful to record the results of all blood glucose measurements and to analyze these results with the data management unit. Additionally, the administered doses and / or the ingested carbohydrates may be recorded. Therefore, typically a portable monitor is used which may be able to measure the blood glucose level as well or which receives the measurement values from a blood glucose measurement device. A wireless or wired data transfer can be used to transport the results from the measurement device to the data management unit. The administered doses or other data may be provided by the user input, for example using a keyboard.

[0009] In addition to the mere monitoring of the blood glucose level diabetic individuals often have to maintain tight control over their lifestyle so that they are not adversely effected by, for example, irregular food consumption or exercise. Further the HCP needs detailed information on the lifestyle of the patient to provide effective treatment or modification of treatment for controlling the disease. In former times, one of the ways of monitoring the lifestyle of a patient with diabetes has been for the individual to keep a paper logbook of their lifestyle. Currently, a number of portable electronic devices exists that can measure glucose levels in an individual and store the levels for recalling and uploading to another computer for analysis. Further, they provide functionality for storing lifestyle data for example by using a tag or flag associated to the individual measurement value.

[0010] Document EP 2 085 029 A1 refers to a method of operating an analyte measurement device having a display, user interface, processor, memory and user interface buttons. After measuring an analyte with the analyte measurement device the measurement value is displayed and the user is prompted to select a flag to associate the flag with the value. By pressing only one of the user interface buttons once the flag with the value of the device is stored. In particular, the user is prompted whenever a measuring step indicates that an analyte value is outside a predetermined range.

[0011] Document US 7,570,980 B2 discloses blood glucose measurement data stored in an array comprising associated time code information for each measurement and various other flags. These flags may correspond to specific time frames, date information, calibration check information etc. From the measured and flagged values the so called

effective meal average value is calculated encompassing the measurement values that occur at specific times, for example one hour before and one hour after a specified meal time.

[0012] US 2015/161339 A1 discloses a medical device for supporting health control that provides a safe access to a dose helper functionality. EP 2 851 821 A1 describes a data management system which addresses the automatic adaption of (pre-defined) time ranges for tagging preselection in order to adapt tagging to the change in habits of the patient. US 2016/239628 A1 discloses a data management unit which addresses the automatic tagging of blood glucose measurements while ensuring that the fasting tag is assigned only once per day.

[0013] As flags or tags are effective means in order to make the life of a diabetes patient easier they are nowadays widely used for data management. However, providing one measurement value with an associated tag or flag information is sometimes too difficult and/or time consuming for the patient. Further, it is important to make sure that the correct tag information is stored with the associated measurement value because if the information is confused the additional information which is provided with the tag to the measurement value is worthless.

[0014] For the insulin therapy long-acting basal insulin or insulin glargine, which are long-acting basal insulin analogues, are used. These insulin or insulin analogues are usually given once daily to help control the blood sugar level of patients with diabetes. The advantage of long-acting basal insulin or insulin glargine is that they have a duration of action of more than 24 hours or even more with a less peaked profile than NPH insulins. Thus, the profile more closely resembles the basal insulin secretion of the normal pancreatic β -cells.

[0015] For good or perfect glycemic control the dose of basal insulin or insulin glargine has to be adjusted for each individual in accordance with a blood glucose level to be achieved. Usually, the dose of insulin or insulin glargine is increased from an initial dose to a final dose over a certain time period until the specific blood glucose value, typically the fasting blood glucose (FBG) value has reached the target range. In practice, such titration can be done by the health care professionals (HCPs). However, the patient may be empowered and trained by the HCPs to do their own titration. Such a self-titration can be supported by an intervention from a third party support or service or some intermediate combination.

[0016] In every day use, basal insulin or insulin glargine is typically under-dosed. Thus, there remains a gap between the initial dosing and an optimal dosing for achieving perfect or almost perfect glycemic control. This has a number of negative effects which better titration could help to eliminate. For example, if patients are not titrated, their blood sugar does not come down and as a result they do not feel better in the short term. Moreover, in the long term their HbA1c remains high and their health suffers. Thus, the patients may feel that their treatment is not working, and they may lose interest in the therapy or discontinue treatment.

[0017] Due to the almost peakless profile, basal insulin and insulin glargine are simple to titrate. Meanwhile, there is an array of approaches that physicians use for titration. Generally, these approaches suggest a specific dose adjustment within a specific time period until the target FBG is achieved. Each of these algorithms comes with specific rules, e.g. that the dose should not be increased if the blood glucose value (BG value) was below 70 mg/dl (low blood sugar) in the last week.

[0018] Document EP 1 281 351 A2 describes a diabetes management system which enables glycemic control for a subject. The described system includes an insulin delivery unit, a glucose sensor and a control unit. The control unit includes a processor unit that receives glucose value readings from the glucose sensor, executes an algorithm that predicts a glucose value at a predetermined time in the future, compares the predicted glucose value with the predetermined glucose value range, and determines a corrective amount of insulin to be administered when the predicted glucose value lies outside of the predetermined glucose value range. The glucose unit also includes a communication unit that transmits the corrective amount to the delivery unit.

[0019] In the document WO 2010/089304 A1 a medical device for providing information for glycemic control is described. The device comprises storage means arranged to store data, receiving means arranged to receive blood glucose value data and security data, data processing means arranged to execute a first processing function for modifying data retrieved from the storage means and to execute a second processing function for providing information for glycemic control based on the blood glucose value data and data retrieved from the storage means, validating means arranged to validate the received security data and to provide validation data corresponding to the validation of the received security data, and safety means arranged to control an execution of at least a predetermined function out of the first and second processing functions based on the validation data. The first processing function is a processing function for adjusting the profile parameters for a selected dose adjustment profile. The second processing function is a processing function for stepwise adapting a dose of insulin based at least on the selected dose adjustment profile and thereby determining the value for the dose of insulin to be set.

[0020] Considering the above medical devices, in particular the above mentioned processing functions, the problem arises that it is necessary to provide a safe access to a dose helper functionality which determines and recommends an insulin dose value or a dose value of another medicament to be administered by the patient in order to reduce the probability of harm which might be caused by a wrong dose suggestion to the patient. Further, tagging of measurement values shall be made easier for the user with less probability of wrong tagging. If wrong tagging could be avoided, dose

suggestion would be more precise as the assign tag of a measurement value is considered in dose calculation.

[0021] Hence, the object of the present invention consists therein to enhance precision of dose calculation and to ease tagging for the user/patient.

[0022] The above problem is solved by a data management unit for supporting health control according to claim 1.

[0023] The unit comprises, inter alia:

a processor,

a data input adapted to input data and/or requests and connected to the processor,

a data storage connected to the processor,

wherein the processor is adapted to assign a tag referring to an event chosen from a group of tags comprising the fasting tag and at least one other event tag to a new data received from the data input or a measurement unit, wherein the tag is assigned automatically by the processor, wherein the fasting tag can only be assigned to the new data if a time stamp of the new data is within a predefined fasting window, wherein the predefined fasting window is stored in the data storage.

[0024] Therein, new data is a recent measurement value of a body parameter, e.g. a blood glucose measurement value. Tagging makes data evaluation easier and more specific.

[0025] With the tag referring to a predefined event (event tag) additional information associated with the measurement value is provided as explained above. The event tag is provided automatically by the processor.

[0026] Preferably, the event tag for blood glucose measurement values comprises the fasting tag and at least one other tag referring to one of the following events: the event nil (no-tag), pre-meal, post-meal, pre-meal breakfast, post-meal breakfast, pre-meal lunch, post-meal lunch, pre-meal supper, post-meal supper, night time and exercise.

[0027] The time stamp associated to each new data value, by a clock unit connected to the processor, comprises date and time information of a certain time point during the measurement process resulting in the respective measurement value, for example the completion of the measurement process or receipt of the new measurement value by the data management unit. Usually the time stamp is associated by the measurement unit and is transferred to the processor with the respective measurement value. In case the new measurement value is not associated with a respective time stamp by the measurement unit the time stamp is assigned by the processor after receipt of the measurement value.

[0028] For example the following time ranges for tagging preselection may be defined:

pre-meal breakfast: 5:00 a.m. to 8:59 a.m.

fasting: 4:00 a.m. to 9:59 a.m.

post-meal breakfast: 9:00 a.m. to 10:59 a.m.

pre-meal lunch: 11:00 a.m. to 11:59 a.m.

post-meal lunch: 12:00 p.m. to 3:59 p.m.

pre-meal supper: 4:00 p.m. to 6:59 p.m.

post-meal supper: 7:00 p.m. to 8:59 p.m.

night time or bedtime: 9:00 p.m. to 11:59 p.m.

exercise: 3:00 p.m. to 8:00 p.m.

[0029] At least part of the time ranges for tagging preselection may be set and changed by the user and / or HCP using for example the settings menu of the data management unit.

[0030] The time range for tagging preselection for the at least one predefined event refers to a time range which is used to support the user during tagging as follows. After receipt of a new measurement value of the physiological parameter and assignment of an associated time stamp, if necessary, the processor compares the time information of the associated time stamp with the time range for tagging pre-selection. If the time information lies within the time range, the corresponding tag of the predefined event is automatically selected and provided at the display for user confirmation. For example, if the current time range for the fasting blood glucose tag comprises the range between 4:00 a.m. and 9:59 a.m. as indicated above, then for each measurement value measured within this time range the fasting tag is automatically selected (preferably if no other measurement value of that day comprises the fasting tag) and may be confirmed by the user afterwards as described below in detail. It is further possible for the user to change the automatically selected tag or to select the no-tag.

[0031] Hence, as a tag is automatically selected and only needs to be confirmed by the user the inventive data management unit reduces the number of steps for tag selection. Accordingly, it is easier for the user to assign a tag with the measurement value. Further, as the most probable tag according to the time stamp of the measurement value is automatically selected the inventive data management unit reduces the possibility for incorrect tagging.

[0032] In an alternative embodiment the processor is adapted to automatically select the tag of one of the at least one meal event or the fasting tag after one of the tags "before meal" or "after meal" was selected by the user. In this

embodiment the data storage comprises the time ranges for tagging preselection of the meals, only, for example "breakfast", "lunch" and "dinner". Preferably, the "fasting" time range for tagging preselection is also provided. This embodiment also supports the user during tagging and reduces the risk of erroneous tagging as well. Additionally, the number of time ranges for tagging preselection is reduced so that it is less time consuming to pre-set these time ranges and to choose the correct tag. In this case the tag is a composite tag with a first component "before meal" or "after meal" and a second component referring to the particular meal. In a further embodiment the confirmation of the second component referring to the particular meal may not be requested by the user. The processor selects the meal component of the tag without user confirmation. In this case only a query for user input of the corresponding selection (i.e. a user confirmation) of the first tag component "before meal" or "after meal" is provided.

[0033] In an embodiment the time range for tagging preselection of a certain event may be different for working days and non-working days. In this case the determination whether the associated time stamp of the new measurement value is within the time range for tagging preselection is based not only on the time information of the time stamp but also on the date information.

[0034] According to the invention, the fasting tag can only be assigned (automatically) to the new data if the time stamp of the new data is within a predefined fasting window (at a predefined time range around a predefined usual fasting time), wherein the predefined fasting window (and also the predefined usual fasting time) is stored in the data storage. This means that it is not allowed to assign the fasting tag for a new data value with a time stamp outside the fasting window. In this case, for example, the fasting tag is not shown in the menu at the display where the user can choose the suitable tag. Thereby the risk for wrong dose helper guidance is reduced as the dose helper is based on fasting measurements (mainly or only). The risk mitigation measure aims at reducing the possibility for incorrect use of the fasting tag and reducing the number of user steps so that the usability of the device is enhanced.

[0035] For example, the fasting window may be + and - 3 hours around the usual predefined fasting time (e.g. 7 a.m.), wherein the predefined fasting time and predefined fasting window are preferably stored in the data storage. The advantage of this embodiment is that the number of steps and/or button presses for tagging is reduced as in the time range outside the fasting window the fasting tag is not an option. In another example, the fasting tag is assigned via data input, only. Preferably, the predefined usual fasting time can be adjusted by the user at any time. Additionally, in one embodiment the meal time ranges for tagging preselection have to be confirmed by the user when the predefined usual fasting time is changed as it is expected that with a change in fasting time also the meal times may change according to a change in user's habits.

[0036] The display displays a predefined definition screen when at the first time the fasting tag is to be assigned to a new data via the data input, wherein the user has to confirm the definition screen before the assignment of the fasting tag to the new data is completed. This makes the user understand what to tag a reading as "fasting", thereby avoids incorrectly tagged fasting readings and leads to further risk mitigation. Therein the screen may be shown if the reading is tagged at a minimum of a predefined time range from the usual fasting time (e.g. 4 hours from the usual fasting time) or outside the predefined fasting window (e.g. minimum of 1 hour outside the fasting window). Additionally or alternatively, the screen is shown if "fasting reading shortly after an after-meal reading". In this case, for example, if at the same day a measurement value was already marked as e.g. "after breakfast" two hours ago and the user attempts to mark the new data value now as "fasting" this is unlikely. Since fasting should be no glucose for at least last 8 hours, the after-meal tag suggests that the last meal was approximately 4 hours ago.

[0037] The processor further comprises a dose helper adapted to provide a dose helper functionality with regard to a predefined medicament,

wherein the data storage adapted to store a usual dose time and/or a dose time window, a predefined recommendation message, a time of a dose helper request, a predefined criterion, wherein the clock unit is adapted to determine the absolute time of a dose helper request received by the data input,

wherein the processor is adapted to initiate storing at least the time of a dose helper request that is outside the time range around the usual dose time in the data storage,

wherein the processor is further adapted to execute the dose helper functionality only if the time of the most recent dose helper request is within the dose time window around the usual dose time,

wherein the processor is further adapted to initiate sending a recommendation message for change of usual dose time and/or dose time window to the display if the time distribution of most recent dose helper requests within a predefined time period corresponds to the predefined criterion.

[0038] The advantage of this embodiment of a data management unit consists therein that the use of dose helper restricted to a period around 'usual dose time' when it is safe and in compliance with the therapy. Hence, the risk of inappropriate use of the dose helper is reduced. The absolute time is the local time at the current location of the user/patient who is going to execute the dose helper by inputting the dose helper request. Preferably, the predefined time period and the data regarding the criterion are stored in the data storage.

[0039] The dose helper functionality according to the present invention refers to a titration method which determines and/or recommends a medicament dose value or its corrective amount, preferably a basal long-acting insulin dose value, to be administered by the patient, based on a measured physiological parameter, preferably based on measured blood glucose values, more preferably based on measured FBG values, and/or information about hypoglycemic and/or hyperglycemic events and/or other data which starts at a starting dose and guides the patient step by step to a final dose of basal long-acting insulin that keeps the patient in a predefined target glucose level. Preferably, the dose helper functionality is realized as a computer program unit fully separate, for example, from a unit that determines a blood glucose value. The dose helper functionality may be terminated by the user and/or the HCP and/or the program itself, for example if the program detects missing compliance of the patient. After termination the dose helper functionality may be reinitialized and reactivated again by an initialization and activation procedure.

[0040] The term "medicament", as used herein, means a pharmaceutical formulation containing at least one pharmaceutically active compound,

wherein in one embodiment the pharmaceutically active compound has a molecular weight up to 1500 Da and/or is a peptide, a protein, a polysaccharide, a vaccine, a DNA, a RNA, an enzyme, an antibody or a fragment thereof, a hormone or an oligonucleotide, or a mixture of the above-mentioned pharmaceutically active compound,

wherein in a further embodiment the pharmaceutically active compound is useful for the treatment and/or prophylaxis of diabetes mellitus or complications associated with diabetes mellitus such as diabetic retinopathy, thromboembolism disorders such as deep vein or pulmonary thromboembolism, acute coronary syndrome (ACS), angina, myocardial infarction, cancer, macular degeneration, inflammation, hay fever, atherosclerosis and/or rheumatoid arthritis,

wherein in a further embodiment the pharmaceutically active compound comprises at least one peptide for the treatment and/or prophylaxis of diabetes mellitus or complications associated with diabetes mellitus such as diabetic retinopathy,

wherein in a further embodiment the pharmaceutically active compound comprises at least one human insulin or a human insulin analogue or derivative, glucagon-like peptide (GLP-1) or an analogue or derivative thereof, or exendin-3 or exendin-4 or an analogue or derivative of exendin-3 or exendin-4.

[0041] Insulin analogues are for example Gly(A21), Arg(B31), Arg(B32) human insulin; Lys(B3), Glu(B29) human insulin; Lys(B28), Pro(B29) human insulin; Asp(B28) human insulin; human insulin, wherein proline in position B28 is replaced by Asp, Lys, Leu, Val or Ala and wherein in position B29 Lys may be replaced by Pro; Ala(B26) human insulin; Des(B28-B30) human insulin; Des(B27) human insulin and Des(B30) human insulin.

[0042] Insulin derivatives are for example B29-N-myristoyl-des(B30) human insulin; B29-N-palmitoyl-des(B30) human insulin; B29-N-myristoyl human insulin; B29-N-palmitoyl human insulin; B28-N-myristoyl LysB28ProB29 human insulin; B28-N-palmitoyl-LysB28ProB29 human insulin; B30-N-myristoyl-ThrB29LysB30 human insulin; B30-N-palmitoyl-ThrB29LysB30 human insulin; B29-N-(N-palmitoyl-Y-glutamyl)-des(B30) human insulin; B29-N-(N-lithocholyl-Y-glutamyl)-des(B30) human insulin; B29-N-(ω -carboxyheptadecanoyl)-des(B30) human insulin and B29-N-(ω -carboxyheptadecanoyl) human insulin.

[0043] Exendin-4 for example means Exendin-4(1-39), a peptide of the sequence H-His-Gly-Glu-Gly-Thr-Phe-Thr-Ser-Asp-Leu-Ser-Lys-Gln-Met-Glu-Glu-Glu-Ala-Val-Arg-Leu-Phe-Ile-Glu-Trp-Leu-Lys-Asn-Gly-Gly-Pro-Ser-Ser-Gly-Ala-Pro-Pro-Pro-Ser-NH₂.

[0044] Exendin-4 derivatives are for example selected from the following list of compounds:

H-(Lys)4-des Pro36, des Pro37 Exendin-4(1-39)-NH₂,
H-(Lys)5-des Pro36, des Pro37 Exendin-4(1-39)-NH₂,
des Pro36 Exendin-4(1-39),
des Pro36 [Asp28] Exendin-4(1-39),
des Pro36 [IsoAsp28] Exendin-4(1-39),
des Pro36 [Met(O)14, Asp28] Exendin-4(1-39),
des Pro36 [Met(O)14, IsoAsp28] Exendin-4(1-39),
des Pro36 [Trp(O2)25, Asp28] Exendin-4(1-39),
des Pro36 [Trp(O2)25, IsoAsp28] Exendin-4(1-39),
des Pro36 [Met(O)14 Trp(O2)25, Asp28] Exendin-4(1-39),
des Pro36 [Met(O)14 Trp(O2)25, IsoAsp28] Exendin-4(1-39); or
des Pro36 [Asp28] Exendin-4(1-39),
des Pro36 [IsoAsp28] Exendin-4(1-39),

des Pro36 [Met(O)14, Asp28] Exendin-4(1-39),
 des Pro36 [Met(O)14, IsoAsp28] Exendin-4(1-39),
 des Pro36 [Trp(O2)25, Asp28] Exendin-4(1-39),
 des Pro36 [Trp(O2)25, IsoAsp28] Exendin-4(1-39),
 des Pro36 [Met(O)14 Trp(O2)25, Asp28] Exendin-4(1-39),
 des Pro36 [Met(O)14 Trp(O2)25, IsoAsp28] Exendin-4(1-39),
 wherein the group -Lys6-NH2 may be bound to the C-terminus of the Exendin-4 derivative;
 or an Exendin-4 derivative of the sequence
 des Pro36 Exendin-4(1-39)-Lys6-NH2 (AVE0010),
 H-(Lys)6-des Pro36 [Asp28] Exendin-4(1-39)-Lys6-NH2,
 des Asp28 Pro36, Pro37, Pro38 Exendin-4(1-39)-NH2,
 H-(Lys)6-des Pro36, Pro38 [Asp28] Exendin-4(1-39)-NH2,
 H-Asn-(Glu)5-des Pro36, Pro37, Pro38 [Asp28] Exendin-4(1-39)-NH2,
 des Pro36, Pro37, Pro38 [Asp28] Exendin-4(1-39)-(Lys)6-NH2,
 H-(Lys)6-des Pro36, Pro37, Pro38 [Asp28] Exendin-4(1-39)-(Lys)6-NH2,
 H-Asn-(Glu)5-des Pro36, Pro37, Pro38 [Asp28] Exendin-4(1-39)-(Lys)6-NH2,
 H-(Lys)6-des Pro36 [Trp(O2)25, Asp28] Exendin-4(1-39)-Lys6-NH2,
 H-des Asp28 Pro36, Pro37, Pro38 [Trp(O2)25] Exendin-4(1-39)-NH2,
 H-(Lys)6-des Pro36, Pro37, Pro38 [Trp(O2)25, Asp28] Exendin-4(1-39)-NH2,
 H-Asn-(Glu)5-des Pro36, Pro37, Pro38 [Trp(O2)25, Asp28] Exendin-4(1-39)-NH2,
 des Pro36, Pro37, Pro38 [Trp(O2)25, Asp28] Exendin-4(1-39)-(Lys)6-NH2,
 H-(Lys)6-des Pro36, Pro37, Pro38 [Trp(O2)25, Asp28] Exendin-4(1-39)-(Lys)6-NH2,
 H-Asn-(Glu)5-des Pro36, Pro37, Pro38 [Trp(O2)25, Asp28] Exendin-4(1-39)-(Lys)6-NH2,
 H-(Lys)6-des Pro36 [Met(O)14, Asp28] Exendin-4(1-39)-Lys6-NH2,
 des Met(O)14 Asp28 Pro36, Pro37, Pro38 Exendin-4(1-39)-NH2,
 H-(Lys)6-des Pro36, Pro37, Pro38 [Met(O)14, Asp28] Exendin-4(1-39)-NH2,
 H-Asn-(Glu)5-des Pro36, Pro37, Pro38 [Met(O)14, Asp28] Exendin-4(1-39)-NH2,
 des Pro36, Pro37, Pro38 [Met(O)14, Asp28] Exendin-4(1-39)-(Lys)6-NH2,
 H-(Lys)6-des Pro36, Pro37, Pro38 [Met(O)14, Asp28] Exendin-4(1-39)-(Lys)6-NH2,
 H-Asn-(Glu)5-des Pro36, Pro37, Pro38 [Met(O)14, Asp28] Exendin-4(1-39)-(Lys)6-NH2,
 H-Lys6-des Pro36 [Met(O)14, Trp(O2)25, Asp28] Exendin-4(1-39)-Lys6-NH2,
 H-des Asp28 Pro36, Pro37, Pro38 [Met(O)14, Trp(O2)25] Exendin-4(1-39)-NH2,
 H-(Lys)6-des Pro36, Pro37, Pro38 [Met(O)14, Asp28] Exendin-4(1-39)-NH2,
 H-Asn-(Glu)5-des Pro36, Pro37, Pro38 [Met(O)14, Trp(O2)25, Asp28] Exendin-4(1-39)-NH2,
 des Pro36, Pro37, Pro38 [Met(O)14, Trp(O2)25, Asp28] Exendin-4(1-39)-(Lys)6-NH2,
 H-(Lys)6-des Pro36, Pro37, Pro38 [Met(O)14, Trp(O2)25, Asp28] Exendin-4(S1-39)-(Lys)6-NH2,
 H-Asn-(Glu)5-des Pro36, Pro37, Pro38 [Met(O)14, Trp(O2)25, Asp28] Exendin-4(1-39)-(Lys)6-NH2;
 or a pharmaceutically acceptable salt or solvate of any one of the afore-mentioned Exendin-4 derivative.

[0045] Hormones are for example hypophysis hormones or hypothalamus hormones or regulatory active peptides and their antagonists as listed in Rote Liste, ed. 2008, Chapter 50, such as Gonadotropine (Follitropin, Lutropin, Choriongonadotropin, Menotropin), Somatotropine (Somatotropin), Desmopressin, Terlipressin, Gonadorelin, Triptorelin, Leuprorelin, Buserelin, Nafarelin, Goserelin.

[0046] A polysaccharide is for example a glucosaminoglycane, a hyaluronic acid, a heparin, a low molecular weight heparin or an ultra low molecular weight heparin or a derivative thereof, or a sulphated, e.g. a poly-sulphated form of the above-mentioned polysaccharides, and/or a pharmaceutically acceptable salt thereof. An example of a pharmaceutically acceptable salt of a poly-sulphated low molecular weight heparin is enoxaparin sodium.

[0047] Antibodies are globular plasma proteins (~150 kDa) that are also known as immunoglobulins which share a basic structure. As they have sugar chains added to amino acid residues, they are glycoproteins. The basic functional unit of each antibody is an immunoglobulin (Ig) monomer (containing only one Ig unit); secreted antibodies can also be dimeric with two Ig units as with IgA, tetrameric with four Ig units like teleost fish IgM, or pentameric with five Ig units, like mammalian IgM.

[0048] The Ig monomer is a "Y"-shaped molecule that consists of four polypeptide chains; two identical heavy chains and two identical light chains connected by disulfide bonds between cysteine residues. Each heavy chain is about 440 amino acids long; each light chain is about 220 amino acids long. Heavy and light chains each contain intrachain disulfide bonds which stabilize their folding. Each chain is composed of structural domains called Ig domains. These domains contain about 70-110 amino acids and are classified into different categories (for example, variable or V, and constant or C) according to their size and function. They have a characteristic immunoglobulin fold in which two β sheets create

a "sandwich" shape, held together by interactions between conserved cysteines and other charged amino acids.

[0049] There are five types of mammalian Ig heavy chain denoted by α , δ , ϵ , γ , and μ . The type of heavy chain present defines the isotype of antibody; these chains are found in IgA, IgD, IgE, IgG, and IgM antibodies, respectively.

[0050] Distinct heavy chains differ in size and composition; α and γ contain approximately 450 amino acids and δ approximately 500 amino acids, while μ and ϵ have approximately 550 amino acids. Each heavy chain has two regions, the constant region (CH) and the variable region (VH). In one species, the constant region is essentially identical in all antibodies of the same isotype, but differs in antibodies of different isotypes. Heavy chains γ , α and δ have a constant region composed of three tandem Ig domains, and a hinge region for added flexibility; heavy chains μ and ϵ have a constant region composed of four immunoglobulin domains. The variable region of the heavy chain differs in antibodies produced by different B cells, but is the same for all antibodies produced by a single B cell or B cell clone. The variable region of each heavy chain is approximately 110 amino acids long and is composed of a single Ig domain.

[0051] In mammals, there are two types of immunoglobulin light chain denoted by λ and κ . A light chain has two successive domains: one constant domain (CL) and one variable domain (VL). The approximate length of a light chain is 211 to 217 amino acids. Each antibody contains two light chains that are always identical; only one type of light chain, κ or λ , is present per antibody in mammals.

[0052] Although the general structure of all antibodies is very similar, the unique property of a given antibody is determined by the variable (V) regions, as detailed above. More specifically, variable loops, three each the light (VL) and three on the heavy (VH) chain, are responsible for binding to the antigen, i.e. for its antigen specificity. These loops are referred to as the Complementarity Determining Regions (CDRs). Because CDRs from both VH and VL domains contribute to the antigen-binding site, it is the combination of the heavy and the light chains, and not either alone, that determines the final antigen specificity.

[0053] An "antibody fragment" contains at least one antigen binding fragment as defined above, and exhibits essentially the same function and specificity as the complete antibody of which the fragment is derived from. Limited proteolytic digestion with papain cleaves the Ig prototype into three fragments. Two identical amino terminal fragments, each containing one entire L chain and about half an H chain, are the antigen binding fragments (Fab). The third fragment, similar in size but containing the carboxyl terminal half of both heavy chains with their interchain disulfide bond, is the crystalizable fragment (Fc). The Fc contains carbohydrates, complement-binding, and FcR-binding sites. Limited pepsin digestion yields a single F(ab')₂ fragment containing both Fab pieces and the hinge region, including the H-H interchain disulfide bond. F(ab')₂ is divalent for antigen binding. The disulfide bond of F(ab')₂ may be cleaved in order to obtain Fab'. Moreover, the variable regions of the heavy and light chains can be fused together to form a single chain variable fragment (scFv).

[0054] Pharmaceutically acceptable salts are for example acid addition salts and basic salts. Acid addition salts are e.g. HCl or HBr salts. Basic salts are e.g. salts having a cation selected from alkali or alkaline, e.g. Na⁺, or K⁺, or Ca²⁺, or an ammonium ion N⁺(R1)(R2)(R3)(R4), wherein R1 to R4 independently of each other mean: hydrogen, an optionally substituted C1-C6-alkyl group, an optionally substituted C2-C6-alkenyl group, an optionally substituted C6-C10-aryl group, or an optionally substituted C6-C10-heteroaryl group. Further examples of pharmaceutically acceptable salts are described in "Remington's Pharmaceutical Sciences" 17. ed. Alfonso R. Gennaro (Ed.), Mark Publishing Company, Easton, Pa., U.S.A., 1985 and in Encyclopedia of Pharmaceutical Technology.

[0055] Pharmaceutically acceptable solvates are for example hydrates.

[0056] In an embodiment the processor is further adapted to check as the above mentioned criterion whether the number of most recent dose helper requests outside the dose time window is higher than the predefined maximum number during the predefined time period, wherein the predefined number is stored in the data storage. Therein, a predefined number is for example 3, 5, or 7, a predefined time period is for example 1 month. If the number of most recent dose helper requests outside the dose time window is higher than the predefined maximum number, a respective warning information (see below) is generated by the display and/or its sound generator and/or its vibration generator and provided to the user.

[0057] In another embodiment the processor is further adapted to generate and send a predefined warning information for further risk mitigation, preferably to the display, if it receives a dose helper request from the data input that is outside the dose time window, wherein the predefined warning information is stored in the data storage. Therein, the warning information may be a message and/or a sound and/or a tactile signal.

[0058] In another embodiment the processor is further adapted to automatically calculate a modified value of a usual dose time and/or dose time window based on the time of at least a part of the most recent dose helper requests, preferably within the predefined time period, wherein the recommendation message recommends to change the usual dose time and/or the dose time window according to the respective calculated modified value. This allows easier handling and saver change of the usual dose time and/or dose time window.

[0059] In a further embodiment the processor is further adapted to send a predefined reminder message to the display if a predefined part of the dose time window is passed at the current day without input of a dose helper request or finishing the requested dose helper functionality, wherein the received reminder message is displayed at the display. The reminder

message may be an audible signal and/or a visual signal and/or a tactile signal (vibration). Further, the predefined part of the dose time window may be for example 50%, 70% or 90% of the dose time window. Additionally, if the dose helper was run already on the same day no reminder message is sent to the display. The advantage of this embodiment consists therein, that the user is further supported in using the dose helper.

[0060] In a further embodiment the processor is further adapted to receive a data input from the user related to the physiological parameter, wherein the data input comprises at least one of the following parameters:

- occurrence or number of hypoglycemic events after a predetermined point in time, e.g. a last use of the medical device or the time stamp of the last (previous) measurement value,
- occurrence or number of hyperglycemic events after a predetermined point in time, e.g. the last use of the medical device or the time stamp of the last (previous) measurement value,
- size of the injected medicament dose after a predetermined point in time, e.g. the last use of the medical device or the time stamp of the last (previous) measurement value, wherein preferably the injected medicament dose is automatically selected as the dose of the last (previous) suggested dose.

[0061] The above mentioned data input may be facilitated after tagging or during titration.

[0062] These additional parameters may be used for further calculations, data display, for the assessment of the disease or for the titration algorithm. Additionally, the preselection of the dose as the last suggested dose reduces the risk for erroneous dose data.

[0063] In another embodiment, in particular in the case in which the dose helper functionality (titration method) is realized as an app within a smartphone, an internet connection, a GSM connection, a GPS receiver or other means for determining the actual location and / or the time-zone of the device may be provided. Hence, the device comprises for example a GSM receiver, a GPS receiver or module, a radio broadcast receiver capable of interpreting an RDS signal and/or a radio clock receiver like DCF 77 in order to determine the local time. Further, in case that the method is realized as an app within a smartphone a built-in GPS module may determine its location using public hotspots. The dose helper functionality of the device may provide a warning display and/or may not calculate a dose suggestion or dose increase in case that these means for determining the location of the device assess that the location of the device has changed to a time zone, where the time change is more than a predefined maximum time change value, for example more than three hours. A patient facing a time change larger than the predefined maximum time change is assumed to have difficulties meeting the requirements of dose administration intervals for long-acting insulin and fasting time for determining correct FBG values and the patient may be locked out from the dose helper functionality.

[0064] The data management unit may therefore keep track of the time, e.g. by implementing an electronic timer, or a first clock and calendar function. To enable tagging of a glucose measurement as a fasting glucose measurement, the device may have to determine, whether the last blood glucose measurement that was related to a meal, such as the "after dinner" glucose measurement, dates back at least, for example, eight hours. In order to determine this time difference correctly without influence of time change because of travelling, the device may have to account for time shifts that may occur for example when travelling to a different time zone. For this purpose, the device may comprise a separate second clock which is separate from the clock showing the actual time to the user. In order to determine a time difference reliably, the second clock may not be adjustable by the user. The second clock may derive its energy from a separate battery (for example a coin cell) which is separate from the battery or other energy source of the device and in particular separate from the energy source of the first clock.

[0065] In another embodiment, the data storage stores at least one predefined primary information and at least one predefined secondary information assigned to the at least one predefined primary information, wherein the processor is further adapted to send the one of the at least one predefined primary information and additionally the at least one predefined secondary information to the display, wherein the at least one predefined primary information and the at least one predefined secondary information are displayed on one screen of the display. The advantage of this embodiment consists therein that it is avoided to confuse the user and to save time for the user in reading information (error) messages, in particular if several conditions for information messages apply, the user is provided with a single message giving one instruction and all reasons for this instruction.

[0066] The primary information and the secondary information belong to each other in the way that the secondary information depends on the primary information. For example, the primary information contains an instruction to the patient, whereas the secondary information contains a reason or cause for this instruction. The secondary information is not displayed if the primary information is not displayed. Preferably, there is more than one secondary information belonging to one specific primary information. All predefined primary and secondary information is stored in the data storage.

[0067] In a further embodiment of the above, if more than one predefined secondary information is assigned to the primary information, each secondary information applicable is displayed with the predefined primary information displayed only once. The information could be an instruction to the user, a suggestion to the user or a description of a cause for

a distinctive behavior of the unit. Further, the user may be asked for confirmation of the primary and secondary information.

[0068] In another embodiment, if two or more secondary information is displayed on the one screen of the display the secondary information is displayed according to its priority with regard to importance for the respective user or the user type. Therein, a user type could be e.g. patient or HCP. Further, an importance level is predefined and stored in connection with each secondary information, in a preferred embodiment the importance level is defined and stored for each user type.

[0069] Analogously, the above problem is also solved by a medical device comprising the above explained data management unit with the same advantages.

[0070] For the same reason as explained above the problem is solved by a method for operating a data management unit for supporting health control according to claim 10, wherein the unit inter alia comprises:

a data input adapted to input data and/or requests and connected to the processor,
a data storage connected to the processor,
wherein the processor assigns a tag referring to an event chosen from a group of tags comprising the fasting tag and at least one other tag to a new data received from the data input or a measurement unit, wherein the tag is assigned automatically by the processor, wherein the fasting tag can only be assigned to the new data if a time stamp of the new data is within a predefined fasting window, wherein the predefined fasting window is stored in the data storage.

[0071] And the above problem is solved by a computer program for operating a data management unit according to claim 11, wherein the unit inter alia comprises:

a data input adapted to input data and/or requests and connected to the processor,
a data storage connected to the processor,
wherein the program is adapted to execute the step that a tag referring to an event chosen from a group of tags comprising the fasting tag and at least one other tag is assigned to a new data received from the data input or a measurement unit by the processor, wherein the tag is assigned automatically by the processor, wherein the fasting tag can only be assigned to the new data if a time stamp of the new data is within a predefined fasting window around a predefined usual fasting time, wherein the predefined fasting window and the predefined usual fasting time is stored in the data storage.

[0072] The above method and computer program may be realized with the embodiments as mentioned above with regard to the above inventive data management unit.

[0073] The above problem is further solved by computer program product comprising a computer-readable medium bearing computer program code embodied therein for use with a computer, wherein the computer program code comprises the above mentioned computer program.

[0074] The above-mentioned advantages as well as other advantages of various aspects of the present invention will become apparent to those of ordinary skill in the art by reading the following detailed description with the explanation of the accompanying drawings. All features described above and below and / or illustrated per se or in any combination form the subject-matter of the invention, independent of their inclusion in the claims or their back-reference.

[0075] Exemplary embodiments of the present invention are described herein with reference to schematic drawings, in which

Figure 1 shows a medical device according to a preferred embodiment of the invention in a perspective view;

Figure 2 shows a diagram of the medical device as shown in Figure 1;

Figure 3 depicts an example of the display of the medical device as shown in Figure 1 in a "Logbook" mode;

Figure 4 shows further examples of tag signs as they are displayed on a display of the medical device as shown in Figure 1;

Figure 5 depicts a flow diagram of a method realized by the inventive medical device in the "Measure BG" mode;

Figure 6 shows a flow diagram of a method realized by the inventive medical device in the "Titration" mode;

Figure 7 depicts three different screens at the display of a conventional medical device; and

Figure 8 depicts one screen at the display of the inventive medical device.

[0076] The following paragraphs will describe various embodiments of the invention. For exemplary purpose only, the embodiments are outlined in relation to a medical device with regard to blood glucose level measurement. However, the used terminology and the description of the embodiments with respect to the medical device or the method are not intended to limit the principles and ideas of the invention to such a single device or method and may be adapted to other physiological values accordingly.

[0077] Figure 1 is a schematic drawing and Figure 2 is a schematic diagram of the medical device 100 according to a preferred embodiment of the invention. Preferably, the medical device 100 comprises a blood glucose measurement unit 110, which is arranged to measure the blood glucose level. Further, the measurement unit 110 comprises an interface and a slot 112 for inserting a test strip.

[0078] The blood glucose measurement unit 110 is connected to a receiving unit 120, which is arranged to forward e.g. blood glucose measurement data received from blood glucose measurement unit 110 to a data storage 130 (storage unit or means) or memory, such as a Flash memory. Alternatively, the receiving unit 120 may retrieve stored data such as e.g. blood glucose value data from the data storage 130 and forward it to a processor 140 (processing unit or means), such as a microcontroller or microprocessor or any other functional unit capable of processing data, a digital signal processor, and / or the like. Alternatively, the receiving unit 120 directly forwards the blood glucose value data received from the blood glucose measurement unit 110 to the processor 140.

[0079] Receiving unit 120 is further connected to a user input unit 150 of a user interface. The user input unit 150 is arranged to receive input from the user of the medical device 100 for example by key 151, confirmation key (OK button) 152, key 153 for scrolling down (downward button) and key 154 for scrolling up (upward button). The user input data are forwarded from the user input unit 150 to the receiving unit 120, which either forwards it to the processor 140 or to the data storage 130.

[0080] Furthermore, the user interface of medical device 100 comprises a display unit 160 with a display 162, which is connected to the receiving unit 120 as well. Preferably, the display unit 160 receives data to be displayed by the display 162 from the receiving unit 120 or the processor 140.

[0081] Preferably, the medical device 100 additionally comprises a further interface 170, for example a wired interface such as a serial port, a Universal Serial Bus (USB) interface, a mini-USB interface, or a wireless interface such as an infrared (e.g. an IRDA) interface, a Bluetooth™ interface, and / or the like, in order to receive data and / or to transmit data. The interface 170 is preferably connected to the receiving unit 120 in order to receive data from the receiving unit 120 and / or to forward data to the receiving unit 120.

[0082] Additionally, the medical device 100 comprises a clock unit 180 which provides a date and time information, preferably based on a clock generator, which may be displayed at the display 162. Further, the clock unit 180 provides date and time information in particular for generating a time stamp for an associated blood glucose measurement.

[0083] The receiving unit 120, the data storage 130, the processor 140, the input unit 150, the display unit 160, the clock unit 180, and optionally the interface 170 form the data management unit according to the invention.

[0084] As outlined above, the medical device 100 preferably comprises the blood glucose measurement unit 110. Preferably, the blood glucose measurement unit 110 is arranged to measure the blood glucose level in the blood of e.g. the user by testing a drop of blood on a test strip that is inserted into the slot 112. The measurement may be conducted using e.g. a well-known electrochemical method. Full insertion of the test strip in the slot 112 may be detected by a respective sensor. The measured blood glucose value is transformed to blood glucose value data and forwarded preferably immediately or on demand to the receiving unit 120. Alternatively, the blood glucose measurement unit 110 is arranged to measure the blood glucose level of the user via infrared diagnosis or an alternative contactless measurement method.

[0085] According to a further alternative (not depicted in Figure 1) the blood glucose measurement unit 110 is implanted in the body of the user of the medical device and forwards the data to the receiving unit 120 either via a wired connection or via a wireless connection. In an embodiment, such an implanted blood glucose measurement unit 110 is a continuous measurement sensor e.g. based on a chip which may allow a continuous closed loop control. In the latter case the medical device comprises two parts, one part contains the measurement unit 110 and the other part the remaining units of the medical device, i.e. the data management unit. The blood glucose measurement unit 110 preferably forwards the blood glucose measurement value data to the receiving unit 120 via interface 170. According to a further alternative the medical device does not comprise a blood glucose measurement unit which measures the blood glucose values but only the data management unit, and receives blood glucose value data from an external unit.

[0086] The measurement of the blood glucose measurement is preferably triggered by the receiving unit 120 which sends a respective signal to the blood glucose measurement unit 110. According to one preferred alternative the receiving unit 120 receives a trigger signal generated by user input which is received via user input unit 150 or based on a signal from the slot 112 detecting a test strip. Alternatively, the trigger signal is generated automatically by the clock unit 180 or by the processor 140. Further alternatively, only the transmission of measurement values is triggered by the user input or the processor 140 via the user input 150.

[0087] Preferably, the receiving unit 120 is represented e.g. by the input ports and output ports of a microprocessor

or a bus system managing the data handling between several functional units.

[0088] This includes bus systems, such as e.g. Advanced Microprocessor Bus Architecture bus systems implemented in a microprocessor or external bus systems connected to a microprocessor. Via the receiving unit 120, data are retrieved from the data storage 130 on demand and forwarded to the processor 140, to the display unit 160 or to the interface 170. Moreover, the receiving unit 120 forwards control signals, such as trigger signals or control signals e.g. to the blood glucose measurement unit 110, the display unit 160 or the interface 170.

[0089] The data storage 130 is arranged to store data entered via the user input unit 150, a plurality of blood glucose measurement data received from the blood glucose measurement unit 110 together with the time stamp and / or at least one event tag associated to each measurement data, data calculated from the plurality of blood glucose measurement values processed by the processor 140 and / or data received via interface 170.

[0090] Further the data storage 130 stores parameter data like an associated time range for tagging preselection regarding for example a fasting tag. Preferably such a time range is defined using a center time and a duration, wherein the time range comprises the time around the center time with the size of the duration in both directions. For example, the predefined fasting window for assigning the fasting tag is defined with a duration of 3 hours and a predefined usual fasting time at 7 a.m., so that the time range for fasting tagging preselection encompasses the time between 4:00 a.m. and 9:59 a.m.

[0091] Additionally, for example the data storage 130 stores the following preset time ranges for pre- and post-meal times for tagging preselection:

pre-meal breakfast: 5:00 a.m. to 8:59 a.m.
 post-meal breakfast: 9:00 a.m. to 10:59 a.m.
 pre-meal lunch: 11:00 a.m. to 11:59 a.m.
 post-meal lunch: 12:00 p.m. to 3:59 p.m.
 pre-meal supper: 4:00 p.m. to 6:59 p.m.
 post-meal supper: 7:00 p.m. to 8:59 p.m.
 night time or bedtime: 9:00 p.m. to 11:59 p.m.

[0092] Predefined mealtime time ranges, the usual fasting time and the fasting window may be set by the user "Settings" mode of the medical device 100 at any time.

[0093] Alternatively, the data storage 130 stores the following user-settable time ranges for tagging preselection with regard to meal times:

breakfast: 5:00 a.m. to 10:59 a.m.
 lunch: 11:00 a.m. to 3:59 p.m.
 supper: 4:00 p.m. to 8:59 p.m.

[0094] Furthermore, data storage 130 is arranged to provide the stored data to the processor 140, to the display unit 160 and / or to the interface 170. The data storage 130 is preferably implemented as a semiconductor memory such as a Flash memory. Alternatively, it is implemented as a hard disk memory or an on-chip memory of the processor 140.

[0095] The data storage 130 also stores predefined data, which at least partly may be changed by the user, such as above mentioned time ranges for tagging preselection for a number of pre-set events, a usual dose time, a dose time window, a maximum number of dose helper requests outside the dose time window, a time period for dose helper request check, warning messages for the user, e.g. a warning message if the dose helper request is received outside the dose time window, a dose helper reminder message, a value determining the part of the dose time window after its passing the dose helper reminder message is displayed, data for a definition screen for the fasting tag, at least one primary information such as an instruction to the user, a suggestion to the user, a description of a cause for a distinctive behavior of the device, and secondary information associated with at least one primary information.

[0096] The user input unit 150 is preferably implemented as a keyboard comprising one or more push buttons 151, 152, 153, 154. The keyboard may comprise one or more soft keys, wherein the function of the soft keys may be displayed on the display 162. Alternatively, the user input unit 150 is a key board or a touch screen. Alternatively, the user input unit 150 comprises a microphone for receiving speech input so that data can be entered via speech input.

[0097] After facilitating a blood glucose measurement a tag may be automatically associated to the measurement value referring to lifestyle data as explained below in detail. The automatically selected tag may be changed by pressing the up or down keys 153, 154 scrolling upwards or downwards through the different tags which are for example the fasting tag, pre-meal tag, post-meal tag and no-tag, respectively, referring to a measurement value which is a fasting blood glucose value, a pre-meal blood glucose value, a post-meal blood glucose value and a blood glucose value that cannot be associated to one of the previous lifestyle parameter.

[0098] The display unit 160 preferably comprises an LCD or LED display 162. Preferably, the display displays a number

of alphanumeric characters so that e.g. the presently measured blood glucose value can be displayed together with additional instructions for the user. Alternatively or additionally, the display unit 160 comprises a graphic display in order to display graphs or graphics such as icons. Further the display of the display unit 160 may comprise a touchscreen.

[0099] The interface 170 is preferably a wireless interface, such as IRDA, Bluetooth™, GSM, UMTS, ZigBee, or WI-FI, etc. Alternatively, the interface is a wired interface, such as a USB port, mini-USB port, serial data port, parallel data port, etc., for receiving and transmitting data. In a further alternative embodiment the medical device 100 does not comprise an interface 170.

[0100] According to another alternative embodiment, medical device 100 comprises a memory card reader or a memory card reader interface. The memory card reader is preferably adapted to read information from a memory card, such as a Flash memory card, or any type of SIM card. For this purpose, the memory card comprises a memory, wherein at least one of a selected algorithms together with corresponding parameters, a history of the blood glucose values and / or insulin doses administered, etc. is stored. Thus, in the case that the medical device 100 has a defect, the relevant data may still be stored on the memory card which can be easily removed from the memory card reader of the medical device 100 and transferred to a new medical device 100. Moreover, the memory card 100 may be used in order to provide information on the history of the treatment to e.g. an HCP.

[0101] In the case that the memory card is a SIM card providing subscriber identification for a mobile communication network and the interface unit 170 is additionally a mobile communication interface, additional functions of the medical device 100 can be unlocked by the provider of the SIM card via a telecommunication channel. This offers the possibility that the medical device 100 can communicate with other telecommunication devices via predefined channels, such as UMTS or GSM. Via the international mobile subscriber identity, also called IMSI, stored in the SIM card, the medical device 100 identifies itself within the network and, thus, can be addressed via the network. In such a case the medical device 100 can be easily checked, remote controlled, updated, monitored, etc., via interface unit 170, e.g. by addressing the mobile communication unit with a phone number.

[0102] Furthermore, the medical device 100 is able to transmit data via SMS, e-mail or via mobile internet connection. Moreover, this offers the possibility to locate the medical device 100 in an emergency case.

[0103] In the case that the blood glucose measurement unit 110 is a sensor which is e.g. implanted a dose delivery unit with an insulin pump forming an automatic delivery system may be additionally provided.

[0104] As shown in Figure 5, the medical device 100 or the data management unit is capable to perform a number of process steps. According to one embodiment after switching on, e.g. by pressing a key 151, 152, 153 or 154, preferably the confirmation key 152 for a predetermined time, or detection of a test strip within the slot 112, the medical device 100 performs initialization step 310 for initializing the functional components of the medical device 100. After this, the different operation modes which are implemented in the medical device 100, are displayed in the display step 320, preferably operation modes such as "Measure BG", "Logbook", "Settings" and / or "Titration".

[0105] In step 330 the user selects one of the displayed operation modes via the user input unit 150, for example by means of the keys 153, 154 for scrolling down or up, and confirms the selection using the confirmation key 152.

[0106] In step 340 the selected operation mode is executed. As an example the mode "Measure BG" is selected for executing a blood glucose measurement. Upon execution of this mode the user/ patient is requested to provide a test strip with a blood sample.

[0107] In the "Logbook" mode the history of previous measurements and statistical results may be calculated and displayed.

[0108] The "Settings" mode allows the user to define and change some parameters of the medical device 100 stored in the data storage 130, e.g. time ranges for tagging preselection for a number of pre-set events, the usual dose time, the dose time window, the maximum number of dose helper requests outside the dose time window, the time period for dose helper request check, the value determining the part of the dose time window after its passing the dose helper reminder message is displayed, the usual fasting time, and/or the fasting window.

[0109] In the "Titration" mode a dose suggestion may be provided by the medical device 10 for basal insulin or analogue by using the dose helper functionality.

[0110] After selecting the mode "Measure BG", in step 350 a drop of blood is applied to the test portion of the test strip which is inserted in slot 112 of the medical device 100.

[0111] According to an alternative version of the operation process steps 310 to 340 may be skipped in the case that a specific operation mode is preselected. In this case, after initialization, the preselected operation mode, which is either preselected by the user or automatically selected in accordance with a specific event, for example the detection of a fully inserted test strip in slot 112, the operating process proceeds with the following step 350 and asks the user to apply a drop of blood. In step 360 it executes the preselected one or more operation modes, for example the mode "Measure BG".

[0112] Now in step 360 the measurement unit 110 determines e. g. by a known electrochemical or an optical method the blood glucose level and displays the respective new measurement value at the display 162.

[0113] In the next step 370 the clock unit 180 generates a time stamp of the present measurement comprising a date and time information of the absolute time of the measurement (e.g. its finishing) determined by the clock unit 180. The

time stamp is also displayed in display 162 and both, the present blood glucose measurement value and the associated time stamp is transferred by receiving unit 120 to the data storage 130.

[0114] In the next step 380 the processor 140 compares the absolute time of the time stamp of the present blood glucose measurement value with the time ranges for tagging preselection of the events stored in the data storage 130. If the time stamp of the present measurement value (new measurement value), in particular the time information of the time stamp, lies within the current time range of e. g. the fasting window around the usual fasting time or the post-meal lunch event automatically the fasting tag or the post-meal lunch tag, respectively, is provided for confirmation by the user and displayed with a respective sign 168, for example a struck out, empty apple or a bitten apple, respectively, at display 162 (see Fig. 3).

[0115] Alternatively in step 380, the user selects one of the event tags "pre-meal" and "post-meal" represented by a full apple as shown in Figure 4b) in case of the pre-meal tag and represented by a bitten apple as shown in Figure 4c) in case of the post-meal tag and confirms the tag. Then, the processor 140 automatically selects the associated meal according to the above time range for meal times according to the time information of the time stamp, preferably without further user confirmation. For example, the processor selects "supper" if the time information of the present time stamp is 7:35 p.m. Accordingly the tag comprises the information "pre-meal" or "post-meal" and "supper" and forms a composite tag which is then stored in the data storage 130 initiated by the processor 140.

[0116] In order to show that a confirmation is necessary the tag sign 168 displayed on display 162 is blinking / flashing. Now, the user may confirm the fasting tag for example by pressing the confirmation key 152. Alternatively, the user may change the tag using the up and down keys 153, 154 into the pre-meal tag, the post-meal tag or the no-tag (nil). If the correct tag is chosen the user confirms the tag by pressing the confirmation key 152. By confirmation of the tag with the confirmation key 152 the flashing of the displayed tag sign is stopped and the tag sign is displayed continuously without blinking. In this state, pressing the up / down keys 153, 154 will not change the tag. Then, the processor 140 initiates storage of the associated, confirmed tag with regard to the recent measurement value in the data storage 130 via receiving unit 120.

[0117] If in step 380 the processor 140 cannot find any range for tagging pre-selection or the fasting window which refers to the time information of the time stamp of the present measurement value, the no-tag is automatically selected.

[0118] After pressing the confirmation key 152, if the user presses the confirmation key again, the tag will start flashing again and pressing the up / down key will again allow the user to change the tag as explained above.

[0119] Further, in the "Logbook" mode the user is allowed to change the tag in the above explained manner but only within a predefined time range from the associated time stamp of the blood glucose measurement value, for example within 10 days. In case of the fasting tag, the user is allowed to change the tag into the fasting tag only within the predefined fasting window around the predefined usual fasting time at the same day.

[0120] If the time stamp of the recent measurement value falls within the fasting window around the usual fasting time and there is already a measurement value of that day marked as fasting the user is asked which measurement value shall be associated to the fasting tag. After selection of one of the measurement values as the fasting value the selection is confirmed by the user.

[0121] Further, if, for example the fasting window around the usual fasting time overlaps with, for example the time range for (pre-meal) breakfast, the fasting tag has priority over the (pre-meal) breakfast tag. Hence, in this case, if no fasting value is recorded for that day, the fasting tag is automatically selected if the time stamp of the present measurement value lies within the fasting window around the usual fasting time and the time range for pre-meal breakfast.

[0122] In another embodiment a flashing tag may not only be confirmed by the user by pressing the confirmation key 152 but also by removal of the strip from the port 112 after a blood glucose test, or when the medical device goes into sleep mode.

[0123] In the next optional step 390 a comment to the present measurement value may be selected by the user using the up and down keys 153, 154. The comment may then be confirmed with the confirmation key 152, wherein the chosen comment is then stored in the data storage 130 associated to the present measurement value as well.

[0124] Alternatively or additionally, the user may be asked in step 390 whether there are hypoglycemic events (hypos) are occurred and, if yes, which number, and / or whether there are hyperglycemic events (hypers) are occurred and, if yes, which number, since last measurement or last use of the medical device 100. Alternatively or additionally the user has to provide the information about the size of the injected medicament dose after a predetermined point in time, e.g. last use of the medical device or the time stamp of the last (previous) measurement value, wherein preferably the injected medicament dose is automatically selected as the dose of the last (previous) suggested dose by a titration method.

[0125] When the medical device 100 is in the "Measure BG" mode, the device may then turn into the sleep state (step 400) automatically after for example 120 seconds without any new action. Once the device has returned a new measurement value, the device turns to the sleep state automatically after for example 60 seconds without any user interaction.

[0126] As explained above the medical device 100 provides at least one memory review mode which is called "Logbook" mode. The respective display and calculations are explained in the following.

[0127] The "Logbook" mode is entered when the user activates the medical device 100 by pressing e.g. the confirmation

button 152. Then a display as depicted in Fig. 3 is shown.

[0128] In the "Logbook" the measurement values are preferably displayed in the order in which the entries are entered into the device, or alternatively according to the time and date assigned to the measurement values. In particular the most recent blood glucose measurement value is shown upon entry into the "Logbook" mode. Pressing the up and down keys 153, 154 the user may scroll through the records, for example by pressing the down key 153 the user may scroll backwards in time and by pressing the up key 154 the user scrolls forward in time.

[0129] One Example of a display 162 showing a measurement value is depicted in Fig. 3. The user knows from the "Book" sign 165 in the lower left corner of the display that he / she has entered the "Logbook" mode.

[0130] The display 162 in the "Logbook" mode further shows the blood glucose measurement value 166 as biggest number in the center of the screen. Above the measurement value 166 the associated time stamp 167 including date and time is displayed. On the right side the associated tag as a sign 168 is provided, wherein the sign may show for example an empty, struck out apple as shown at reference number 168 in Fig. 3 in case of an associated fasting tag, a full apple as shown in Figure 4b) in case of an associated pre-meal tag, a bitten apple as shown in Figure 4c) in case of an associated post-meal tag or a struck out circle as shown in Figure 4a) in case of an associated no-tag. Additionally, in the lower right corner of the display 162 the measurement unit 169 for the blood glucose value is provided. A trend information may be provided by an arrow as shown at reference number 201 at the upper left corner of the display 162 in Fig. 3.

[0131] In the "Titration" or "Dose Helper" mode the user is provided with a dose suggestion preferably for basal insulin or analog if some of predefined conditions are fulfilled. The method used in this mode is based on at least the most recent fasting glucose value and other information like number of hypers and hypos and / or previous doses. Hence, in this mode the user is asked, in case there are two fasting measurement values within one single day tagged with the fasting tag, which fasting blood glucose measurement value has to be used for the titration algorithm. Further, additional data are requested from the user like

- occurrence or number of hypoglycemic events after a predetermined point in time, e.g. a last use of the medical device or the time stamp of the last (previous) measurement value,
- occurrence or number of hyperglycemic events after a predetermined point in time, e.g. the last use of the medical device or the time stamp of the last (previous) measurement value,
- size of the injected medicament dose after a predetermined point in time, e.g. the last use of the medical device or the time stamp of the last (previous) measurement value, wherein preferably the injected medicament dose is automatically selected as the dose of the last (previous) suggested dose.

[0132] From these data the "Dose Helper" determines whether the actual dose must be changed and provides the user with a proposal of a dose change or of a new dose, if applicable.

[0133] The dose helper functionality may be started by choosing the mode "Titration" by means of the confirmation key 152. This functionality is described by means of the diagram as depicted in Figure 6. After starting the functionality displays an initial screen in step 410 using display unit 160. After that in the next step 420 the user is asked at least one question regarding for example hypoglycemia symptoms, low blood sugar measurements (e.g. lower than 70 mg/dl) and/or taken insulin doses. Therein, the total number of questions depends on the answer to certain questions. After finishing questioning, in step 430 the device determines an insulin dose, preferably a dose of long-acting insulin, wherein the dose is determined by the processor 140, and displays the determined dose suggestion in the display of the display unit 160. Alternatively, in step 430 a message is displayed that no dose suggestion can be given to the user at this time.

[0134] The dose suggestion is determined by the processor 140 preferably based on previous fasting FBG values and/or other measured blood glucose values, previous administered insulin doses and/or other lifestyle information like hypoglycemia symptoms or low blood sugar values. Additionally, exercise information, nutrition facts and additional fast-acting insulin doses as well as stress information may be considered. In particular, it is determined whether a single value of FBG or a mean value FBG is within a target blood glucose range which was previously defined for the certain user. If the single or mean FBG value is above the target range, usually a dose increase is suggested, if the single or mean FBG value is below the target range, a dose decrease may be suggested.

[0135] The display 162 of display unit 160 in step 430 may provide the possibility that the proposed insulin dose is confirmed and saved in case the user immediately administers the suggested dose. In this case the suggested and administered dose is saved in data storage 130. Alternatively, the user may change the suggested dose and save it after administration.

[0136] Additionally, in step 410 it may be checked whether the current time is within a predefined time interval from the last known dose or the last dose is entered with a time less than the predefined time interval, preferably 18 hours, from the current time. In this case, the step 420 may be skipped and the display of display unit 160 may show the message that dose helper is unavailable because it is too close to the last insulin dose, or the dose helper may ask another question regarding the time of the last dose. In this embodiment it is assumed that the dose helper functionality

is only used in close temporal proximity of dose administration.

[0137] Additionally or alternatively, for dose administration / using the dose helper a certain time or time range of day may be predefined. For example, the usual dose time may be predefined at 7 p.m. and the dose time window at +/- 3 hours (i.e. between 4 p.m. and 10 p.m.). In this case, another check whether the current time is between 4 p.m. and 10 p.m. may be performed using clock unit 180 during step 410. If the current time is outside this range, again, step 420 may be skipped and the display of display unit 160 may show the message that dose helper is unavailable because it can only be run at the usual dose time. Additionally, a warning message is sent to the user that the dose helper is run outside the dose time window around the usual dose time. In a preferred embodiment the time and date at which the user requested the dose helper outside the dose time window or for all requests, are stored in the data storage 130.

[0138] In the settings mode the usual dose time and the dose time window may be changed by the user at any time.

[0139] The processor 140 checks how many dose helper requests (requests to run the dose helper in the titration mode) were executed during a predefined time period (stored in data storage 130, e.g. 1 month) outside the dose time window around the usual dose time. If the number of such dose helper requests exceeds a predefined maximum number (e.g. 7), the processor 140 initiates that the display 162 shows a message to the user suggesting a shift of the usual dose time. That means, if the user consistently runs the dose helper outside the dose time window a change of the usual dose time is proposed. Therein, the processor may calculate a new usual dose time value based on the previous data regarding the time of dose helper requests, preferable within the predefined time period, for example as a mean (Arithmetic mean value) value of the times of all dose helper requests within the predefined time period and shows this new usual dose time at the display 162 for user confirmation. If the user confirms this new usual dose time value he/she thereby automatically changes this value. Thereby, the usual dose time is adjusted based on the use pattern of the dose helper.

[0140] In a further preferred embodiment, the processor initiates the display 162 to show a dose reminder which reminds the user to run the dose helper and to take the daily (long-acting) insulin dose. The reminder is triggered after a predefined part, for example half, of the dose time window around the usual dose time has passed if the dose helper has not been used within the preset dose time window on the current day. The displayed message may be accompanied by a sound or tactile information (like vibration). In case the dose helper was run at the same day, the reminder will appear only if the dose helper was not finished at the same day. The reminder only appears within the predefined dose window around the usual dose time.

[0141] In order to run the dose helper functionality correctly and successfully it is preferred that the blood glucose measurement values which are FBG values are identified. Therefore these blood glucose measurement values may be tagged by the user. In order to make the tagging easier for the patient the tagging may be realized by defining a usual fasting time (e.g. 7:00 a. m.) and a certain fasting window (e.g. +/- 3 hours around the usual fasting time, e.g. 4:00 a.m. to 9:59 a.m.) which are stored in the data storage 130 and may be changed by the user in the settings mode at any time. If the usual fasting time is changed in the settings mode, the predefined usual meal times stored in the data storage 130 may be changed as well. Therefore, the usual meal times are shown to the user at the display 162 for confirmation or adaption by the user.

[0142] A blood glucose measurement value detected within this time interval receives the pre-tagging "FBG value". The user now only needs to confirm this tag, for example by using the soft key 152. Now, the measured blood glucose measurement value is stored in the data storage 130 as a FBG value along with the date and time of the measurement. If the user does not confirm this pre-tagging, no tag is stored along with this value. Preferably, the user may choose other tags such as "pre meal" or "after meal", for example by using the keys 153, 154.

[0143] In a preferred embodiment at the display 162 a predefined fasting definition screen is shown at first time the user confirms a fasting tag with regard to a measurement value. The fasting definition screen provides information to the user that the user understands what to tag a reading as "fasting". This avoids incorrectly tagged fasting readings and more reliable dose suggestion. The data for the fasting definition screen may be stored in the data storage 130. Additionally, the fasting definition screen may be shown if a reading is tagged at a minimum of a predefined outside fasting time interval (e.g. two hours outside the predefined fasting window around the usual fasting time) or from the usual fasting time (e.g. 6 hours from the usual fasting time). The user has to confirm that he/she has read and understood the fasting definition screen. This may be also a necessary condition for receiving a dose suggestion in the "Titration" mode. For further explanation and possibilities with regard to the dose helper functionality and the blood glucose measurement the disclosure of WO 2010/89304 A1.

[0144] In cases where the data set is not sufficient or inadequate to calculate an insulin dose because, for instance, the patient does not take measurements regularly or does not store the administered insulin doses, the dose helper functionality of the device may display the message that no recommendation can be provided until an adequate data set is established. Further, a dose recommendation cannot be given if the patient is in a situation where a preemptive dose change is required based on other factors (e.g. illness, change of other diabetes medication, change in lifestyle, exercise, vacation) and time changes due to travelling of more than a predefined time range, for example more than three hours.

[0145] It shall be emphasized that in a preferred embodiment the patient makes the final decision on a dosing. The

result of the processor 140 may only be a suggestion in this case. The patient may confirm this dose or change it. The inventive device is seen as a support similar to the on-paper treatment algorithms for self-titration that may provide a direction. Still, the patient is taught to observe other rules for taking into account other factors like health, activity etc. in order to safely manage the insulin dosing, which may lead to the patient overruling the dose suggestion or calling their HCP if they are unsure.

[0146] Regarding the information displayed to the user by the display 162 initiated by the processor 140 within all above modi of the device or processor 140 there are certain cases when specific conditions apply two or more secondary information 502 is displayed to the user together with the same primary information (e.g. "Call your HCP for assistance", 501, see Fig. 7) describing several reasons for that or circumstances. This is cumbersome for the patient causing that the user does not read all messages well enough since the instruction in the primary information is the same for all these messages. Therefore according to the invention, if there is one primary information 501 and at least one secondary information 502 assigned thereto to be displayed, the processor 140 sends this information to the display 162 such that the primary information 501 and the secondary information 502 is displayed on the same screen. If there is two or more (different) secondary information 502 assigned with the primary information 501 to be displayed, the different secondary information 502 is collected and assembled and the primary information 501 is displayed only once with the at least two secondary information 502 at one screen (see Fig. 8).

[0147] In case more than two secondary information 502 are assigned to one primary information 501 and to be displayed the secondary information 502 may be displayed according to its priority with regard to importance for the user or user type. As user type for example the patient and the HCP may be distinguished. Therefore to each secondary information an importance level (1, 2, 3, etc.) may be assigned in the data storage 130, and in a preferred embodiment, an importance level for each user type may be assigned in form of a respective importance level matrix. For example the following may be assigned in the data storage:

Secondary information	Importance level for patient	Importance level for HCP
CAUSE 1	2	1
CAUSE 2	3	2
CAUSE 3	1	3

[0148] In the display the secondary information is displayed according to its assigned importance level for the respective user type. If a patient uses the inventive device CAUSE 2 is displayed in the list on one display at first, then CAUSE 1 and after that CAUSE 3. In case an HCP uses the device, CAUSE 3 is displayed first (after the primary information), then CAUSE 2 and at least CAUSE 3. In case a secondary information 502 has the same importance level as another secondary information the information is displayed in alphabetical order.

[0149] As explained above in an example embodiment, device 100 may be realized as a two-part device, wherein the data storage 130, the receiving unit 120, the processor 140, the user input unit 150, the display unit 160 with the display 162, the interface unit 170, and the clock unit 180 form the data management unit and are realized in first part of the device like a smartphone or another computer separate from the measurement unit 110 forming the second part of the device. The inventive method runs as a software program (application or "app") on the hardware of the device. The keys 151, 152, 153 and 154 are realized in this case as button fields on the display of a touchscreen.

Claims

1. A data management unit for supporting health control, the unit comprising:

a processor (140), wherein the processor (140) further comprises a dose helper adapted to provide a dose helper functionality with regard to a predefined medicament,
a data input (150) adapted to input data and/or requests and connected to the processor (140),
a data storage (130) connected to the processor (140), wherein the data storage (130) is adapted to store a usual dose time and/or a dose time window, a predefined recommendation message, a time of a dose helper request, and a predefined criterion,
wherein the processor (140) is adapted to receive new data from the data input or a measurement unit, wherein the new data is a recent measurement value of a body parameter,
wherein the unit further comprises a clock unit (180) connected to the processor (140), wherein the clock unit (180) is adapted to determine the absolute time of a dose helper request received by the data input (150),

wherein the clock unit (180) assigns a time stamp to the new data,
 wherein the processor (140) is adapted to initiate storing at least the time of a dose helper request that is outside
 the usual dose time and/or dose time window around the usual dose time in the data storage,
 wherein the processor (140) is further adapted to execute the dose helper functionality only if the time of the
 5 most recent dose helper request is within the dose time window around the usual dose time,
 wherein the processor (140) is further adapted to assign a tag referring to an event chosen from a group of tags
 comprising a fasting tag and at least one other event tag to the new data, wherein the processor is further
 adapted to assign the tag automatically, wherein the processor is further adapted to assign the fasting tag only
 10 to the new data if the time stamp of the new data is within a predefined fasting window around a predefined
 usual fasting time, wherein the predefined fasting window and the predefined usual fasting time are stored in
 the data storage (130),
 wherein the data management unit further comprises a display (162) connected to the processor (140) and
 adapted to visibly and/or audibly and/or tangibly display received messages or information, and
 wherein the data management unit is configured to, if the time stamp of the recent measurement value falls
 15 within the fasting time window around the usual fasting time and if there is already a measurement value of that
 day marked as fastening, ask the user which of said measurement values shall be associated to the fasting
 tag, wherein, after selection of one of said measurement values as the fastening value, the selection is confirmed
 by the user,

characterized in that the processor (140) is further adapted to:

- initiate sending a recommendation message for change of usual dose time and/or dose time window to
 the display (162) if the time distribution of most recent dose helper requests within a predefined time period
 corresponds to the predefined criterion,
- check as the predefined criterion whether the number of most recent dose helper requests outside the
 25 dose time window is higher than a predefined maximum number during the predefined time period, wherein
 the predefined number and predefined time period is stored in the data storage (130),
- calculate a modified value of a usual dose time and/or dose time window based on the time of at least a
 part of the most recent dose helper requests within the predefined time period, wherein the recommendation
 message recommends to change the usual dose time and/or the dose time window according to the re-
 30 spective calculated modified value.

2. The data management unit according to claim 1, wherein the display (162) displays a predefined definition screen
 when at the first time the fasting tag is to be assigned to a new data via the data input.
- 35 3. The data management unit according to claim 1 or 2, wherein the processor (140) is further adapted to generate
 and send a predefined warning message to the display (162) if it receives a dose helper request from the data input
 that is outside the dose time window, wherein the predefined warning message is stored in the data storage (130).
4. The data management unit according to any of the previous claims, wherein the processor (140) is further adapted
 40 to send a predefined reminder message to the display (162) if a predefined part of the dose time window is passed
 at the current day without input of a dose helper request or finishing the requested dose helper functionality, wherein
 the received reminder message is displayed at the display (162).
5. The data management unit according to any of the previous claims, wherein the data storage stores (130) at least
 45 one predefined primary information (501) and at least one predefined secondary information (502) assigned to the
 at least one predefined primary information (501), wherein the processor (140) is further adapted to send one of the
 at least one predefined primary information (501) and additionally the at least one predefined secondary information
 (502) to the display, wherein the at least one predefined primary information (501) and the at least one predefined
 50 secondary information (502) are displayed on one screen of the display (162).
6. The data management unit according to claim 5, wherein if two or more secondary information (502) is displayed
 on the one screen of the display (162) the secondary information (502) is displayed according to its priority with
 regard to importance for the respective user or the user type.
- 55 7. A medical device (100) comprising the data management unit according to any of the previous claims.
8. A method for operating a data management unit for supporting health control, the unit comprising:

a processor (140), wherein the processor (140) further comprises a dose helper adapted to provide a dose helper functionality with regard to a predefined medicament,
 a data input (150) adapted to input data and/or requests and connected to the processor (140),
 a data storage (130) connected to the processor (140), wherein the data storage (130) is adapted to store a
 5 usual dose time and/or a dose time window, a predefined recommendation message, a time of a dose helper request, and a predefined criterion,
 wherein the processor (140) receives new data from the data input or a measurement unit, wherein the new data is a recent measurement value of a body parameter,
 wherein the unit further comprises a clock unit (180) connected to the processor (140), wherein the clock unit
 10 (180) is adapted to determine the absolute time of a dose helper request received by the data input (150),
 wherein the clock unit (180) assigns a time stamp to the new data,
 wherein the processor (140) initiates storing at least the time of a dose helper request that is outside the usual dose time and/or dose time window around the usual dose time in the data storage,
 wherein the processor (140) executes the dose helper functionality only if the time of the most recent dose
 15 helper request is within the dose time window around the usual dose time,
 wherein the processor (140) assigns a tag referring to an event chosen from a group of tags comprising the fasting tag and at least one other tag to the new data, wherein the tag is assigned automatically by the processor,
 wherein the fasting tag can only be assigned to the new data if the time stamp of the new data is within a predefined fasting window around a predefined usual fasting time, wherein the predefined fasting window and
 20 the predefined usual fasting time are stored in the data storage (130),
 wherein the data management unit further comprises a display (162) connected to the processor (140) and adapted to visibly and/or audibly and/or tangibly display received messages or information, and
 wherein the data management unit, if the time stamp of the recent measurement value falls within the fasting time window around the usual fasting time and if there is already a measurement value of that day marked as fastening, asks the user which of said measurement values shall be associated to the fasting tag, wherein, after
 25 selection of one of said measurement values as the fastening value, the selection is confirmed by the user,
characterized in that the processor (140) further

- initiates sending a recommendation message for change of usual dose time and/or dose time window to the display (162) if the time distribution of most recent dose helper requests within a predefined time period corresponds to the predefined criterion,
- checks as the predefined criterion whether the number of most recent dose helper requests outside the dose time window is higher than a predefined maximum number during the predefined time period, wherein the predefined number and predefined time period is stored in the data storage (130),
- calculates a modified value of a usual dose time and/or dose time window based on the time of at least a part of the most recent dose helper requests within the predefined time period, wherein the recommendation message recommends to change the usual dose time and/or the dose time window according to the respective calculated modified value.

9. The method according to claim 8, wherein the display (162) displays a pre-defined definition screen when at the first time the fasting tag is to be assigned to a new data via the data input.

10. A computer program for operating a data management unit, the unit comprising:

a processor (140), wherein the processor (140) further comprises a dose helper adapted to provide a dose helper functionality with regard to a predefined medicament,
 a data input (150) adapted to input data and/or requests and connected to the processor (140),
 a data storage (130) connected to the processor (140), wherein the data storage (130) is adapted to store a
 45 usual dose time and/or a dose time window, a predefined recommendation message, a time of a dose helper request, and a predefined criterion,
 wherein the program is adapted to execute the step that the processor (140) receives new data from the data input or a measurement unit, wherein the new data is a recent measurement value of a body parameter,
 wherein the unit further comprises a clock unit (180) connected to the processor (140), wherein the clock unit
 50 (180) is adapted to determine the absolute time of a dose helper request received by the data input (150),
 wherein the program is adapted to execute the step that the clock unit (180) assigns a time stamp to the new data,
 wherein the program is adapted such that the processor (140) initiates storing at least the time of a dose helper request that is outside the usual dose time and/or dose time window around the usual dose time in the data storage,

wherein the program is adapted such that the processor (140) executes the dose helper functionality only if the time of the most recent dose helper request is within the dose time window around the usual dose time, wherein the program is further adapted to execute the step that a tag referring to an event chosen from a group of tags comprising the fasting tag and at least one other tag is assigned to the new data, wherein the tag is assigned automatically by the processor (140), wherein the fasting tag can only be assigned to the new data if the time stamp of the new data is within a predefined fasting window around a predefined usual fasting time, wherein the predefined fasting window and the predefined usual fasting time are stored in the data storage (130), wherein the data management unit further comprises a display (162) connected to the processor (140) and adapted to visibly and/or audibly and/or tangibly display received messages or information, and wherein the data management unit is configured to, if the time stamp of the recent measurement value falls within the fasting time window around the usual fasting time and if there is already a measurement value of that day marked as fastening, ask the user which of said measurement values shall be associated to the fasting tag, wherein, after selection of one of said measurement values as the fastening value, the selection is confirmed by the user,

characterized in that the computer program is adapted such that the processor (140)

- initiates sending a recommendation message for change of usual dose time and/or dose time window to the display (162) if the time distribution of most recent dose helper requests within a predefined time period corresponds to the predefined criterion,

- checks as the predefined criterion whether the number of most recent dose helper requests outside the dose time window is higher than a predefined maximum number during the predefined time period, wherein the predefined number and predefined time period is stored in the data storage (130),

- calculates a modified value of a usual dose time and/or dose time window based on the time of at least a part of the most recent dose helper requests within the predefined time period, wherein the recommendation message recommends to change the usual dose time and/or the dose time window according to the respective calculated modified value.

11. The computer program according to claim 10, **characterized in** the computer program is adapted to further execute the following step: the display (162) displays a predefined definition screen when at the first time the fasting tag is to be assigned to a new data via the data input.

12. A computer program product comprising a computer-readable medium bearing computer program code embodied therein for use with a data management unit, wherein the computer program code comprises the computer program according to claim 10 or 11.

Patentansprüche

1. Datenverwaltungseinheit zum Unterstützen der Gesundheitsüberwachung, wobei die Einheit umfasst:

- einen Prozessor (140), wobei der Prozessor (140) ferner einen Dosierhelfer umfasst, der zum Bereitstellen einer Dosierhelferfunktionalität bezüglich eines vordefinierten Arzneimittels ausgelegt ist, eine Dateneingabe (150), die zum Eingeben von Daten und/oder Anforderungen ausgelegt und mit dem Prozessor (140) verbunden ist,

- einen Datenspeicher (130), der mit dem Prozessor (140) verbunden ist, wobei der Datenspeicher (130) zum Speichern einer üblichen Dosierzeit und/oder eines Dosierzeitfensters, einer vordefinierten Empfehlungsnachricht, einer Zeit einer Dosierhelferanforderung und eines vordefinierten Kriteriums ausgelegt ist,

- wobei der Prozessor (140) zum Empfangen neuer Daten von der Dateneingabe oder einer Messeinheit ausgelegt ist, wobei es sich bei den neuen Daten um einen letzten Messwert eines Körperparameters handelt,

- wobei die Einheit ferner eine Zeitgebereinheit (180) umfasst, die mit dem Prozessor (140) verbunden ist, wobei die Zeitgebereinheit (180) zum Bestimmen der absoluten Zeit einer Dosierhelferanforderung ausgelegt ist, die durch die Dateneingabe (150) empfangen wird,

- wobei die Zeitgebereinheit (180) den neuen Daten einen Zeitstempel zuordnet,

- wobei der Prozessor (140) so ausgelegt ist, dass er das Speichern zumindest der Zeit einer Dosierhelferanforderung, die außerhalb der üblichen Dosierzeit und/oder des Dosierzeitfensters um die übliche Dosierzeit liegt, im Datenspeicher initiiert,

- wobei der Prozessor (140) ferner so ausgelegt ist, dass er die Dosierhelferfunktionalität nur dann ausführt, wenn die Zeit der allerletzten Dosierhelferanforderung innerhalb des Dosierzeitfensters um die übliche Dosierzeit

liegt,

wobei der Prozessor (140) ferner so ausgelegt ist, dass er den neuen Daten ein Etikett zuordnet, das sich auf ein Ereignis bezieht und aus einer Gruppe von Etiketten ausgewählt wird, die ein Nahrungskarenz-Etikett und mindestens ein weiteres Ereignis-Etikett umfasst, wobei der Prozessor ferner so ausgelegt ist, dass er das Etikett automatisch zuordnet, wobei der Prozessor ferner so ausgelegt ist, dass er das Nahrungskarenz-Etikett den neuen Daten nur dann zuordnet, wenn der Zeitstempel der neuen Daten innerhalb eines vordefinierten Nahrungskarenzfensters um eine vordefinierte übliche Nahrungskarenzzeit liegt, wobei das vordefinierte Nahrungskarenzfenster und die vordefinierte übliche Nahrungskarenzzeit im Datenspeicher (130) gespeichert sind, wobei die Datenverwaltungseinheit ferner eine Anzeige (162) umfasst, die mit dem Prozessor (140) verbunden und zum sichtbaren und/oder hörbaren und/oder berührbaren Anzeigen empfangener Nachrichten oder Informationen ausgelegt ist, und

wobei die Datenverwaltungseinheit so konfiguriert ist, dass sie, wenn der Zeitstempel des letzten Messwerts in das Nahrungskarenzzeitfenster um die übliche Nahrungskarenzzeit fällt und wenn es bereits einen Messwert dieses als Nahrungskarenz gekennzeichneten Tages gibt, den Benutzer fragt, welcher der Messwerte mit dem Nahrungskarenz-Etikett assoziiert werden soll, wobei nach der Auswahl eines der Messwerte als den Nahrungskarenzwert die Auswahl vom Benutzer bestätigt wird,

dadurch gekennzeichnet, dass der Prozessor (140) ferner ausgelegt ist zum:

- Initiieren des Sendens einer Empfehlungsnachricht zur Änderung der üblichen Dosierzeit und/oder des Dosierzeitfensters an die Anzeige (162), wenn die Zeitverteilung der allerletzten Dosierhelferanforderungen innerhalb eines vordefinierten Zeitraums dem vordefinierten Kriterium entspricht,
- Überprüfen als das vordefinierte Kriterium, ob die Anzahl allerletzter Dosierhelferanforderungen außerhalb des Dosierzeitfensters höher als eine vordefinierte maximale Anzahl während des vordefinierten Zeitraums ist, wobei die vordefinierte Anzahl und der vordefinierte Zeitraum im Datenspeicher (130) gespeichert sind,
- Berechnen eines modifizierten Wertes einer üblichen Dosierzeit und/oder eines Dosierzeitfensters basierend auf der Zeit mindestens eines Teils der allerletzten Dosierhelferanforderungen innerhalb des vordefinierten Zeitraums, wobei die Empfehlungsnachricht empfiehlt, die übliche Dosierzeit und/oder das Dosierzeitfenster gemäß dem jeweiligen berechneten modifizierten Wert zu ändern.

2. Datenverwaltungseinheit nach Anspruch 1, wobei die Anzeige (162) einen vordefinierten Definitionsbildschirm anzeigt, wenn das Nahrungskarenz-Etikett zum ersten Mal neuen Daten über die Dateneingabe zugeordnet werden soll.
3. Datenverwaltungseinheit nach Anspruch 1 oder 2, wobei der Prozessor (140) ferner so ausgelegt ist, dass er eine vordefinierte Warnnachricht erzeugt und an die Anzeige (162) sendet, wenn er eine Dosierhelferanforderung von der Dateneingabe empfängt, die außerhalb des Dosierzeitfensters liegt, wobei die vordefinierte Warnnachricht im Datenspeicher (130) gespeichert ist.
4. Datenverwaltungseinheit nach einem der vorhergehenden Ansprüche, wobei der Prozessor (140) ferner so ausgelegt ist, dass er eine vordefinierte Erinnerungsnachricht an die Anzeige (162) sendet, wenn ein vordefinierter Teil des Dosierzeitfensters an dem aktuellen Tag ohne Eingabe einer Dosierhelferanforderung oder Beendigung der angeforderten Dosierhelferfunktionalität vergangen ist, wobei die empfangene Erinnerungsnachricht auf der Anzeige (162) angezeigt wird.
5. Datenverwaltungseinheit nach einem der vorhergehenden Ansprüche, wobei der Datenspeicher (130) mindestens eine vordefinierte primäre Information (501) und mindestens eine vordefinierte sekundäre Information (502) speichert, die der mindestens einen vordefinierten primären Information (501) zugeordnet ist, wobei der Prozessor (140) ferner so ausgelegt ist, dass er eine der mindestens einen vordefinierten primären Information (501) und zusätzlich der mindestens einen vordefinierten sekundären Information (502) an die Anzeige sendet, wobei die mindestens eine vordefinierte primäre Information (501) und die mindestens eine vordefinierte sekundäre Information (502) auf einem Bildschirm der Anzeige (162) angezeigt werden.
6. Datenverwaltungseinheit nach Anspruch 5, wobei, wenn zwei oder mehr sekundäre Informationen (502) auf dem einen Bildschirm der Anzeige (162) angezeigt werden, die sekundären Informationen (502) gemäß ihrer Priorität bezüglich der Wichtigkeit für den jeweiligen Benutzer oder den Benutzertyp angezeigt werden.
7. Medizinische Vorrichtung (100), umfassend die Datenverwaltungseinheit nach einem der vorhergehenden Ansprüche.

8. Verfahren zum Betreiben einer Datenverwaltungseinheit zum Unterstützen der Gesundheitsüberwachung, wobei die Einheit umfasst:

einen Prozessor (140), wobei der Prozessor (140) ferner einen Dosierhelfer umfasst, der zum Bereitstellen einer Dosierhelferfunktionalität bezüglich eines vordefinierten Arzneimittels ausgelegt ist,
 eine Dateneingabe (150), die zum Eingeben von Daten und/oder Anforderungen ausgelegt und mit dem Prozessor (140) verbunden ist,
 einen Datenspeicher (130), der mit dem Prozessor (140) verbunden ist, wobei der Datenspeicher (130) zum Speichern einer üblichen Dosierzeit und/oder eines Dosierzeitfensters, einer vordefinierten Empfehlungsnachricht, einer Zeit einer Dosierhelferanforderung und eines vordefinierten Kriteriums ausgelegt ist,
 wobei der Prozessor (140) neue Daten von der Dateneingabe oder einer Messeinheit empfängt, wobei es sich bei den neuen Daten um einen letzten Messwert eines Körperparameters handelt,
 wobei die Einheit ferner eine Zeitgebereinheit (180) umfasst, die mit dem Prozessor (140) verbunden ist, wobei die Zeitgebereinheit (180) zum Bestimmen der absoluten Zeit einer Dosierhelferanforderung ausgelegt ist, die durch die Dateneingabe (150) empfangen wird,
 wobei die Zeitgebereinheit (180) den neuen Daten einen Zeitstempel zuordnet,
 wobei der Prozessor (140) das Speichern zumindest der Zeit einer Dosierhelferanforderung, die außerhalb der üblichen Dosierzeit und/oder des Dosierzeitfensters um die übliche Dosierzeit liegt, im Datenspeicher initiiert,
 wobei der Prozessor (140) die Dosierhelferfunktionalität nur dann ausführt, wenn die Zeit der allerletzten Dosierhelferanforderung innerhalb des Dosierzeitfensters um die übliche Dosierzeit liegt,
 wobei der Prozessor (140) den neuen Daten ein Etikett zuordnet, das sich auf ein Ereignis bezieht und aus einer Gruppe von Etiketten ausgewählt wird, die das Nahrungskarenz-Etikett und mindestens ein weiteres Etikett umfasst, wobei das Etikett vom Prozessor automatisch zugeordnet wird, wobei das Nahrungskarenz-Etikett den neuen Daten nur dann zugeordnet werden kann, wenn der Zeitstempel der neuen Daten innerhalb eines vordefinierten Nahrungskarenzfensters um eine vordefinierte übliche Nahrungskarenzzeit liegt, wobei das vordefinierte Nahrungskarenzfenster und die vordefinierte übliche Nahrungskarenzzeit im Datenspeicher (130) gespeichert sind,
 wobei die Datenverwaltungseinheit ferner eine Anzeige (162) umfasst, die mit dem Prozessor (140) verbunden und zum sichtbaren und/oder hörbaren und/oder berührbaren Anzeigen empfangener Nachrichten oder Informationen ausgelegt ist, und
 wobei die Datenverwaltungseinheit, wenn der Zeitstempel des letzten Messwerts in das Nahrungskarenzzeitfenster um die übliche Nahrungskarenzzeit fällt und wenn es bereits einen Messwert dieses als Nahrungskarenz gekennzeichneten Tages gibt, den Benutzer fragt, welcher der Messwerte mit dem Nahrungskarenz-Etikett assoziiert werden soll, wobei nach der Auswahl eines der Messwerte als den Nahrungskarenzwert die Auswahl vom Benutzer bestätigt wird,
dadurch gekennzeichnet, dass der Prozessor (140) ferner

- das Senden einer Empfehlungsnachricht zur Änderung der üblichen Dosierzeit und/oder des Dosierzeitfensters an die Anzeige (162) initiiert, wenn die Zeitverteilung der allerletzten Dosierhelferanforderungen innerhalb eines vordefinierten Zeitraums dem vordefinierten Kriterium entspricht,
- als das vordefinierte Kriterium überprüft, ob die Anzahl der allerletzten Dosierhelferanforderungen außerhalb des Dosierzeitfensters höher als eine vordefinierte maximale Anzahl während des vordefinierten Zeitraums ist, wobei die vordefinierte Anzahl und der vordefinierte Zeitraum im Datenspeicher (130) gespeichert sind,
- einen modifizierten Wert einer üblichen Dosierzeit und/oder eines Dosierzeitfensters basierend auf der Zeit mindestens eines Teils der allerletzten Dosierhelferanforderungen innerhalb des vordefinierten Zeitraums berechnet, wobei die Empfehlungsnachricht empfiehlt, die übliche Dosierzeit und/oder das Dosierzeitfenster gemäß dem jeweiligen berechneten modifizierten Wert zu ändern.

9. Verfahren nach Anspruch 8, wobei die Anzeige (162) einen vordefinierten Definitionsbildschirm anzeigt, wenn das Nahrungskarenz-Etikett zum ersten Mal neuen Daten über die Dateneingabe zugeordnet werden soll.

10. Computerprogramm zum Betreiben einer Datenverwaltungseinheit, wobei die Einheit umfasst:

einen Prozessor (140), wobei der Prozessor (140) ferner einen Dosierhelfer umfasst, der zum Bereitstellen einer Dosierhelferfunktionalität bezüglich eines vordefinierten Arzneimittels ausgelegt ist,
 eine Dateneingabe (150), die zum Eingeben von Daten und/oder Anforderungen ausgelegt und mit dem Prozessor (140) verbunden ist,

einen Datenspeicher (130), der mit dem Prozessor (140) verbunden ist, wobei der Datenspeicher (130) zum Speichern einer üblichen Dosierzeit und/oder eines Dosierzeitfensters, einer vordefinierten Empfehlungsnachricht, einer Zeit einer Dosierhelferanforderung und eines vordefinierten Kriteriums ausgelegt ist, wobei das Programm zum Ausführen des Schrittes ausgelegt ist, dass der Prozessor (140) neue Daten von der Dateneingabe oder einer Messeinheit empfängt, wobei es sich bei den neuen Daten um einen letzten Messwert eines Körperparameters handelt, wobei die Einheit ferner eine Zeitgebereinheit (180) umfasst, die mit dem Prozessor (140) verbunden ist, wobei die Zeitgebereinheit (180) zum Bestimmen der absoluten Zeit einer Dosierhelferanforderung ausgelegt ist, die durch die Dateneingabe (150) empfangen wird, wobei das Programm zum Ausführen des Schrittes ausgelegt ist, dass die Zeitgebereinheit (180) den neuen Daten einen Zeitstempel zuordnet, wobei das Programm so ausgelegt ist, dass der Prozessor (140) das Speichern zumindest der Zeit einer Dosierhelferanforderung, die außerhalb der üblichen Dosierzeit und/oder des Dosierzeitfensters um die übliche Dosierzeit liegt, im Datenspeicher initiiert, wobei das Programm so ausgelegt ist, dass der Prozessor (140) die Dosierhelferfunktionalität nur dann ausführt, wenn die Zeit der allerletzten Dosierhelferanforderung innerhalb des Dosierzeitfensters um die übliche Dosierzeit liegt, wobei das Programm ferner zum Ausführen des Schrittes ausgelegt ist, dass neuen Daten ein Etikett zugeordnet wird, das sich auf ein Ereignis bezieht und aus einer Gruppe von Etiketten ausgewählt wird, die das Nahrungskarenz-Etikett und mindestens ein weiteres Etikett umfasst, wobei das Etikett vom Prozessor (140) automatisch zugeordnet wird, wobei das Nahrungskarenz-Etikett den neuen Daten nur dann zugeordnet werden kann, wenn der Zeitstempel der neuen Daten innerhalb eines vordefinierten Nahrungskarenzfensters um eine vordefinierte übliche Nahrungskarenzzeit liegt, wobei das vordefinierte Nahrungskarenzfenster und die vordefinierte übliche Nahrungskarenzzeit im Datenspeicher (130) gespeichert sind, wobei die Datenverwaltungseinheit ferner eine Anzeige (162) umfasst, die mit dem Prozessor (140) verbunden und zum sichtbaren und/oder hörbaren und/oder berührbaren Anzeigen empfangener Nachrichten oder Informationen ausgelegt ist, und wobei die Datenverwaltungseinheit so konfiguriert ist, dass sie, wenn der Zeitstempel des letzten Messwerts in das Nahrungskarenzzeitfenster um die übliche Nahrungskarenzzeit fällt und wenn es bereits einen Messwert dieses als Nahrungskarenz gekennzeichneten Tages gibt, den Benutzer fragt, welcher der Messwerte mit dem Nahrungskarenz-Etikett assoziiert werden soll, wobei nach der Auswahl eines der Messwerte als den Nahrungskarenzwert die Auswahl vom Benutzer bestätigt wird, **dadurch gekennzeichnet, dass** das Computerprogramm so ausgelegt ist, dass der Prozessor (140)

- das Senden einer Empfehlungsnachricht zur Änderung der üblichen Dosierzeit und/oder des Dosierzeitfensters an die Anzeige (162) initiiert, wenn die Zeitverteilung der allerletzten Dosierhelferanforderungen innerhalb eines vordefinierten Zeitraums dem vordefinierten Kriterium entspricht,
- als das vordefinierte Kriterium überprüft, ob die Anzahl der allerletzten Dosierhelferanforderungen außerhalb des Dosierzeitfensters höher als eine vordefinierte maximale Anzahl während des vordefinierten Zeitraums ist, wobei die vordefinierte Anzahl und der vordefinierte Zeitraum im Datenspeicher (130) gespeichert sind,
- einen modifizierten Wert einer üblichen Dosierzeit und/oder eines Dosierzeitfensters basierend auf der Zeit mindestens eines Teils der allerletzten Dosierhelferanforderungen innerhalb des vordefinierten Zeitraums berechnet, wobei die Empfehlungsnachricht empfiehlt, die übliche Dosierzeit und/oder das Dosierzeitfenster gemäß dem jeweiligen berechneten modifizierten Wert zu ändern.

11. Computerprogramm nach Anspruch 10, **dadurch gekennzeichnet, dass** das Computerprogramm ferner zum Ausführen des folgenden Schrittes ausgelegt ist: die Anzeige (162) zeigt einen vordefinierten Definitionsbildschirm an, wenn das Nahrungskarenz-Etikett zum ersten Mal neuen Daten über die Dateneingabe zugeordnet werden soll.

12. Computerprogrammprodukt, umfassend ein computerlesbares Medium, das darin enthaltenen Computerprogrammcode zur Verwendung mit einer Datenverwaltungseinheit trägt, wobei der Computerprogrammcode das Computerprogramm nach Anspruch 10 oder 11 umfasst.

Revendications

1. Unité de gestion de données prenant en charge le contrôle sanitaire, l'unité comprenant :

un processeur (140), le processeur (140) comprenant en outre un assistant d'administration de dose adapté pour fournir une fonctionnalité d'assistant d'administration de dose relatif à un médicament prédéfini, une entrée de données (150) adaptée à la saisie de données et/ou de demandes, et connectée au processeur (140),

une mémoire de stockage de données (130) connectée au processeur (140), la mémoire de stockage de données (130) étant adaptée pour stocker un temps de dose habituel et/ou une fenêtre de temps de dose, un message de recommandation prédéfini, un temps de demande d'assistant d'administration de dose et un critère prédéfini,

le processeur (140) étant adapté pour recevoir de nouvelles données provenant de l'entrée de données ou d'une unité de mesure, les nouvelles données étant une valeur de mesure récente d'un paramètre corporel, l'unité comprenant en outre une unité d'horloge (180) connectée au processeur (140), l'unité d'horloge (180) étant adaptée pour déterminer le temps absolu d'une demande d'assistant d'administration de dose reçue par l'entrée de données (150),

l'unité d'horloge (180) assignant un horodatage aux nouvelles données,

le processeur (140) étant adapté pour commencer à stocker au moins le temps d'une demande d'assistant d'administration de dose qui est en dehors de la fenêtre de temps de dose habituelle et/ou de la fenêtre de temps de dose autour du temps de dose habituel dans la mémoire de stockage de données,

le processeur (140) étant en outre adapté pour exécuter la fonctionnalité d'assistant d'administration de dose le plus récent se situe dans la fenêtre de temps de dose autour du temps de dose habituel, le processeur (140) étant en outre adapté pour

assigner aux nouvelles données une étiquette faisant référence à un événement choisi dans un groupe d'étiquettes comprenant une étiquette de jeûne et au moins une autre étiquette d'événement, dans lequel le processeur est en outre adapté pour assigner l'étiquette automatiquement, le processeur étant en outre adapté pour assigner l'étiquette de jeûne uniquement aux nouvelles données si l'horodatage des nouvelles données se situe dans une fenêtre de jeûne prédéfinie autour d'un temps de jeûne habituel prédéfini, la fenêtre de jeûne prédéfinie et le temps de jeûne habituel prédéfini étant stockés dans la mémoire de stockage de données (130), l'unité de gestion de données comprenant en outre un écran d'affichage (162) connecté au processeur (140) et adapté pour afficher de manière visible et/ou de manière audible et/ou de manière tangible les messages ou les informations reçus, et

l'unité de gestion de données étant configurée pour, si l'horodatage de la valeur de mesure récente se situe dans la fenêtre de temps de jeûne autour du temps de jeûne habituel et s'il y a déjà une valeur de mesure de ce jour marquée comme valeur de jeûne, demander à l'utilisateur laquelle desdites valeurs de mesure doit être associée à l'étiquette de jeûne, dans laquelle, après la sélection de l'une desdites valeurs de mesure comme valeur de jeûne, la sélection est confirmée par l'utilisateur,

caractérisée en ce que le processeur (140) est en outre adapté pour :

- initier l'envoi d'un message de recommandation pour la modification du temps de dose habituel et/ou de la fenêtre de temps de dose à l'écran d'affichage (162) si la distribution temporelle des demandes d'assistant d'administration de dose les plus récentes dans une période de temps prédéfinie correspond au critère prédéfini,

- vérifier comme critère prédéfini si le nombre de demandes d'assistant d'administration de dose les plus récentes en dehors de la fenêtre de temps de dose est supérieur à un nombre maximal prédéfini pendant la période de temps prédéfinie, le nombre prédéfini et la période de temps prédéfinie étant stockés dans la mémoire de stockage de données (130),

- calculer une valeur modifiée du temps de dose habituel et/ou de la fenêtre de temps de dose sur la base du temps d'au moins une partie des demandes d'assistant d'administration de dose les plus récentes dans la période de temps prédéfinie, le message de recommandation recommandant de modifier le temps de dose habituel et/ou la fenêtre de temps de dose en fonction de la valeur modifiée respective calculée.

2. Unité de gestion de données selon la revendication 1, dans laquelle l'écran d'affichage (162) affiche un écran de définition prédéfini lorsque, pour la première fois, l'étiquette de jeûne doit être assignée à une nouvelle donnée par l'intermédiaire de l'entrée de données.

3. Unité de gestion de données selon la revendication 1 ou la revendication 2, dans laquelle le processeur (140) est en outre adapté pour générer et envoyer un message d'avertissement prédéfini à l'écran d'affichage (162) s'il reçoit une demande d'assistant d'administration de dose depuis l'entrée de données qui est en dehors de la fenêtre de temps de dose, le message d'avertissement prédéfini étant stocké dans la mémoire de stockage de données (130).

4. Unité de gestion de données selon l'une quelconque des revendications précédentes, dans laquelle le processeur (140) est en outre adapté pour envoyer un message de rappel prédéfini à l'écran d'affichage (162) si une partie prédéfinie de la fenêtre de temps de dose est dépassée le jour en cours sans saisie d'une demande d'assistant d'administration de dose ou sans avoir terminé la fonctionnalité d'assistant d'administration de dose demandée, le message de rappel reçu étant affiché à l'écran d'affichage (162).
5. Unité de gestion de données selon l'une quelconque des revendications précédentes, dans laquelle la mémoire de stockage de données stocke (130) au moins une information principale prédéfinie (501) et au moins une information secondaire prédéfinie (502) affectée à l'au moins une information principale prédéfinie (501), le processeur (140) étant en outre adapté pour envoyer l'une de l'au moins une information principale prédéfinie (501) et en outre l'au moins une information secondaire prédéfinie (502) à l'écran d'affichage, l'au moins une information principale prédéfinie (501) et l'au moins une information secondaire prédéfinie (502) étant affichées sur un écran de l'écran d'affichage (162).
6. Unité de gestion de données selon la revendication 5, dans laquelle, si deux, ou davantage, informations secondaires (502) sont affichées sur l'écran d'affichage (162), l'information secondaire (502) est affichée en fonction de sa priorité en ce qui concerne l'importance pour l'utilisateur respectif ou le type d'utilisateur.
7. Dispositif médical (100) comprenant l'unité de gestion de données selon l'une quelconque des revendications précédentes.
8. Procédé d'exploitation d'une unité de gestion de données pour la prise en charge du contrôle sanitaire, l'unité comprenant :
 - un processeur (140), le processeur (140) comprenant en outre un assistant d'administration de dose adapté pour fournir une fonctionnalité d'assistant d'administration de dose relatif à un médicament prédéfini, une entrée de données (150) adaptée à la saisie de données et/ou de demandes, et connectée au processeur (140),
 - une mémoire de stockage de données (130) connectée au processeur (140), la mémoire de stockage de données (130) étant adaptée pour stocker un temps de dose habituel et/ou une fenêtre de temps de dose, un message de recommandation prédéfini, un temps de demande d'assistant d'administration de dose et un critère prédéfini,
 - dans lequel le processeur (140) reçoit de nouvelles données provenant de l'entrée de données ou d'une unité de mesure, les nouvelles données étant une valeur de mesure récente d'un paramètre corporel,
 - l'unité comprenant en outre une unité d'horloge (180) connectée au processeur (140), l'unité d'horloge (180) étant adaptée pour déterminer le temps absolu d'une demande d'assistant d'administration de dose reçue par l'entrée de données (150),
 - l'unité d'horloge (180) assignant un horodatage aux nouvelles données,
 - dans lequel le processeur (140) commence à stocker au moins le temps d'une demande d'assistant d'administration de dose qui est en dehors du temps de dose habituel et/ou de la fenêtre de temps de dose autour du temps de dose habituel dans la mémoire de stockage de données,
 - le processeur (140) exécutant la fonctionnalité d'assistant d'administration de dose uniquement si le temps de la demande d'assistant d'administration de dose le plus récent se situe dans la fenêtre de temps de dose autour du temps de dose habituel,
 - dans lequel le processeur (140) assigne aux nouvelles données une étiquette faisant référence à un événement choisi dans un groupe d'étiquettes comprenant l'étiquette de jeûne et au moins une autre étiquette, l'étiquette étant assignée automatiquement par le processeur, l'étiquette de jeûne ne pouvant être assignée aux nouvelles données que si l'horodatage des nouvelles données se situe dans une fenêtre de jeûne prédéfinie autour d'un temps de jeûne habituel prédéfini, la fenêtre de jeûne prédéfinie et le temps de jeûne habituel prédéfini étant stockés dans la mémoire de stockage de données (130),
 - l'unité de gestion de données comprenant en outre un écran d'affichage (162) connecté au processeur (140) et adapté pour afficher de manière visible et/ou donner à entendre et/ou afficher de manière tangible les messages ou les informations reçus, et
 - dans lequel l'unité de gestion de données, si l'horodatage de la valeur de mesure récente se situe dans la fenêtre de temps de jeûne autour du temps de jeûne habituel et s'il y a déjà une valeur de mesure de ce jour marquée comme valeur de jeûne, demande à l'utilisateur laquelle desdites valeurs de mesure doit être associée à l'étiquette de jeûne, dans lequel, après la sélection de l'une desdites valeurs de mesure comme valeur de jeûne, la sélection est confirmée par l'utilisateur,

caractérisé en ce que le processeur (140), en outre

- initie l'envoi d'un message de recommandation pour la modification du temps de dose habituel et/ou de la fenêtre de temps de dose à l'écran d'affichage (162) si la distribution temporelle des demandes d'assistant d'administration de dose les plus récentes dans une période de temps prédéfinie correspond au critère prédéfini,
- vérifie comme critère prédéfini si le nombre de demandes d'assistant d'administration de dose les plus récentes en dehors de la fenêtre de temps de dose est supérieur à un nombre maximal prédéfini pendant la période de temps prédéfinie, le nombre prédéfini et la période de temps prédéfinie étant stockés dans la mémoire de stockage de données (130),
- calcule une valeur modifiée du temps de dose habituel et/ou de la fenêtre de temps de dose sur la base du temps d'au moins une partie des demandes d'assistant d'administration de dose les plus récentes dans la période de temps prédéfinie, le message de recommandation recommandant de modifier le temps de dose habituel et/ou la fenêtre de temps de dose en fonction de la valeur modifiée respective calculée.

9. Procédé selon la revendication 8, dans lequel l'écran d'affichage (162) affiche un écran de définition prédéfini lorsque, pour la première fois, l'étiquette de jeûne doit être assignée à une nouvelle donnée par l'intermédiaire de l'entrée de données.

10. Programme informatique pour l'exploitation d'une unité de gestion de données, l'unité comprenant :

un processeur (140), le processeur (140) comprenant en outre un assistant d'administration de dose adapté pour fournir une fonctionnalité d'assistant d'administration de dose relatif à un médicament prédéfini, une entrée de données (150) adaptée à la saisie de données et/ou de demandes, et connectée au processeur (140),

une mémoire de stockage de données (130) connectée au processeur (140), la mémoire de stockage de données (130) étant adaptée pour stocker un temps de dose habituel et/ou une fenêtre de temps de dose, un message de recommandation prédéfini, un temps de demande d'assistant d'administration de dose et un critère prédéfini,

dans lequel le programme est adapté pour exécuter l'étape selon laquelle le processeur (140) reçoit de nouvelles données provenant de l'entrée de données ou d'une unité de mesure, les nouvelles données étant une valeur de mesure récente d'un paramètre corporel,

l'unité comprenant en outre une unité d'horloge (180) connectée au processeur (140), l'unité d'horloge (180) étant adaptée pour déterminer le temps absolu d'une demande d'assistant d'administration de dose reçue par l'entrée de données (150),

dans lequel le programme est adapté pour exécuter l'étape selon laquelle l'unité d'horloge (180) assigne un horodatage aux nouvelles données,

dans lequel le programme est adapté pour que le processeur (140) commence à stocker dans la mémoire de stockage de données au moins le temps d'une demande d'assistant d'administration de dose qui est en dehors du temps de dose habituel et/ou de la fenêtre de temps de dose autour du temps de dose habituel,

dans lequel le programme est adapté pour que le processeur (140) n'exécute la fonctionnalité d'assistance d'administration de dose que si le temps de la demande d'assistance d'administration de dose le plus récent se situe dans la fenêtre de temps de dose autour du temps de dose habituel,

dans lequel le programme est en outre adapté pour exécuter l'étape selon laquelle une étiquette faisant référence à un événement choisi dans un groupe d'étiquettes comprenant l'étiquette de jeûne et au moins une autre étiquette est assignée aux nouvelles données, l'étiquette étant assignée automatiquement par le processeur (140), l'étiquette de jeûne ne pouvant être assignée aux nouvelles données que si l'horodatage des nouvelles données se situe dans une fenêtre de jeûne prédéfinie autour d'un temps de jeûne habituel prédéfini, la fenêtre de jeûne prédéfinie et le temps de jeûne habituel prédéfini étant stockés dans la mémoire de stockage de données (130),

l'unité de gestion de données comprenant en outre un écran d'affichage (162) connecté au processeur (140) et adapté pour afficher de manière visible et/ou donner à entendre et/ou afficher de manière tangible les messages ou les informations reçus, et

l'unité de gestion de données étant configurée pour, si l'horodatage de la valeur de mesure récente se situe dans la fenêtre de temps de jeûne autour du temps de jeûne habituel et s'il y a déjà une valeur de mesure de ce jour marquée comme valeur de jeûne, demander à l'utilisateur laquelle desdites valeurs de mesure doit être associée à l'étiquette de jeûne, dans lequel, après la sélection de l'une desdites valeurs de mesure comme valeur de jeûne, la sélection est confirmée par l'utilisateur, caractérisé en ce que le programme informatique

est adapté de sorte que le processeur (140)

- initie l'envoi d'un message de recommandation pour la modification du temps de dose habituel et/ou de la fenêtre de temps de dose à l'écran d'affichage (162) si la distribution temporelle des demandes d'assistant d'administration de dose les plus récentes dans une période de temps prédéfinie correspond au critère prédéfini,
- vérifie comme critère prédéfini si le nombre de demandes d'assistant d'administration de dose les plus récentes en dehors de la fenêtre de temps de dose est supérieur à un nombre maximal prédéfini pendant la période de temps prédéfinie, le nombre prédéfini et la période de temps prédéfinie étant stockés dans la mémoire de stockage de données (130),
- calcule une valeur modifiée du temps de dose habituel et/ou de la fenêtre de temps de dose sur la base du temps d'au moins une partie des demandes d'assistant d'administration de dose les plus récentes dans la période de temps prédéfinie, le message de recommandation recommandant de modifier le temps de dose habituel et/ou la fenêtre de temps de dose en fonction de la valeur modifiée respective calculée.

11. Programme informatique selon la revendication 10, **caractérisé en ce que** le programme informatique est adapté pour exécuter en outre l'étape suivante : l'écran d'affichage (162) affiche un écran de définition prédéfini lorsque, pour la première fois, l'étiquette de jeûne doit être assignée à une nouvelle donnée par l'intermédiaire de l'entrée de données.

12. Produit programme informatique comprenant un support lisible par ordinateur sur lequel est incorporé un code de programme informatique destiné à une utilisation avec une unité de gestion de données, dans lequel le code de programme informatique comprend le programme informatique selon la revendication 10 ou 11.

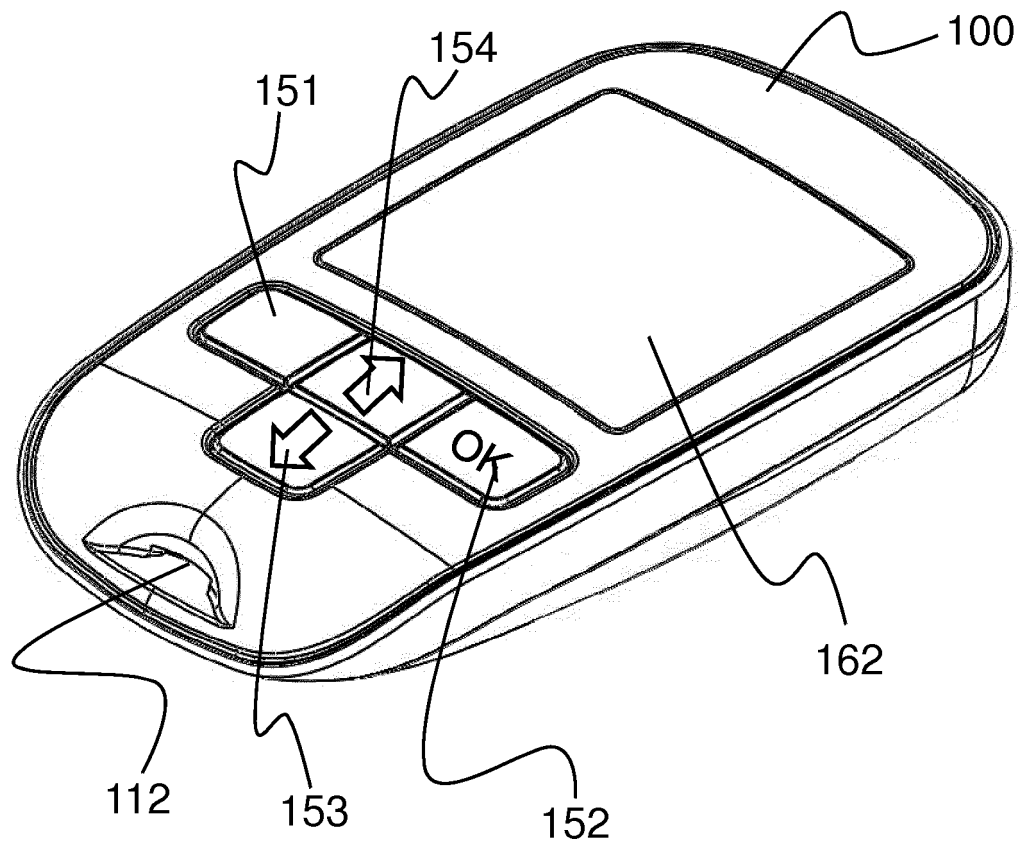


Fig. 1

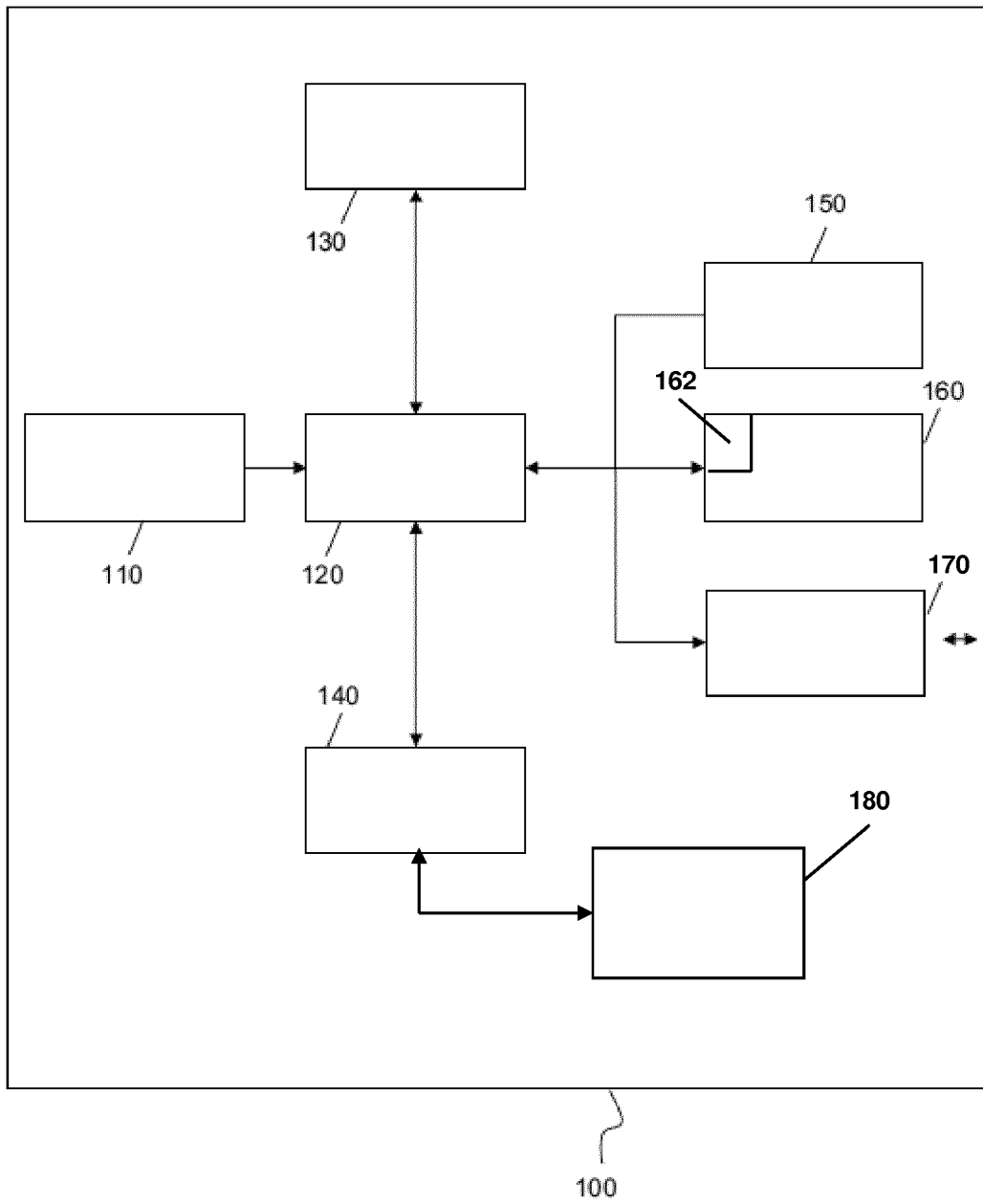


Fig. 2

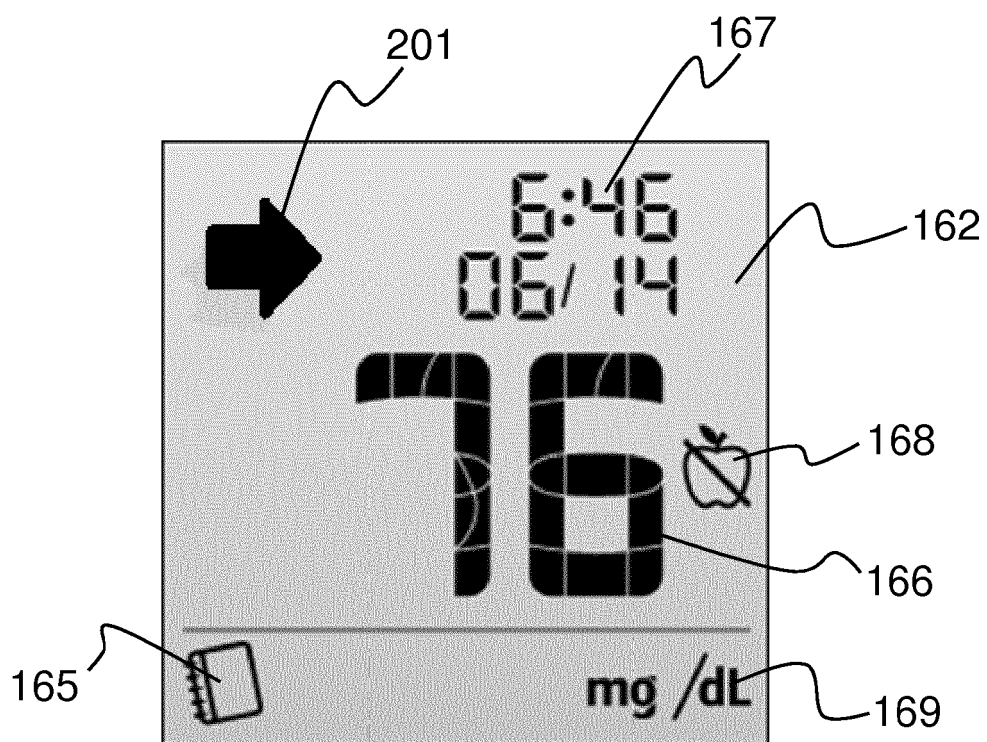


Fig. 3

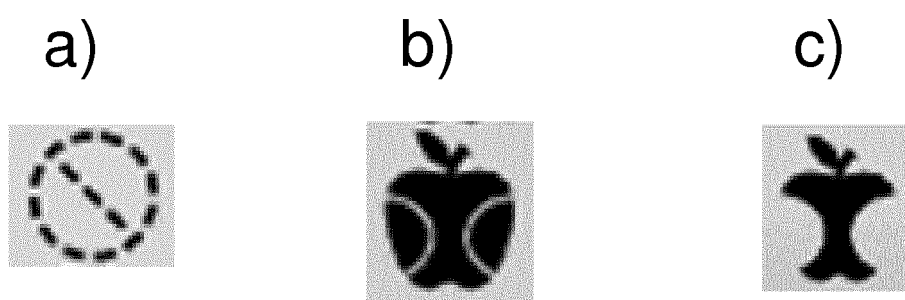


Fig. 4

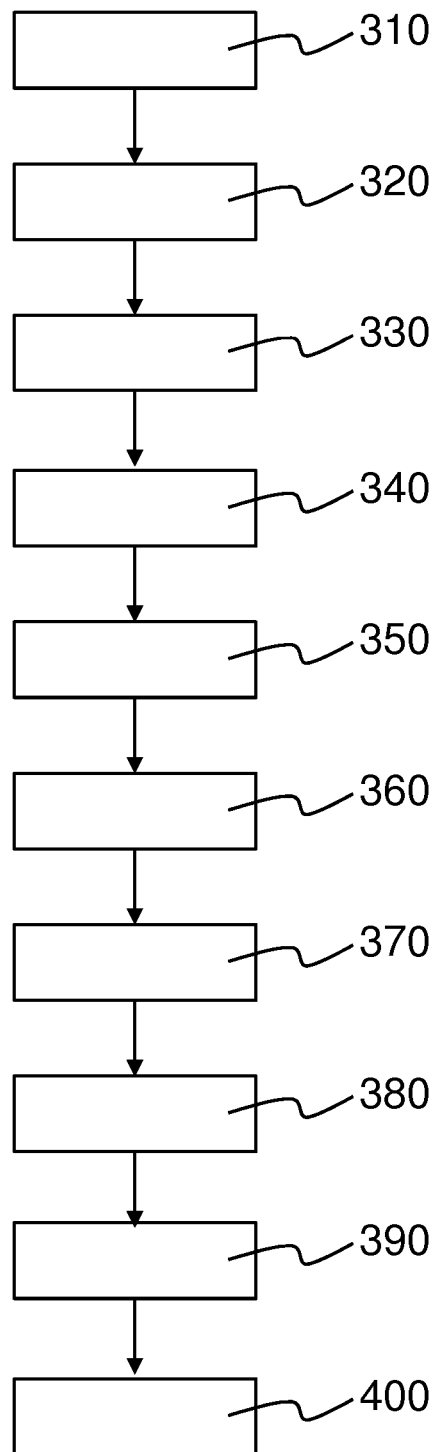


Fig. 5

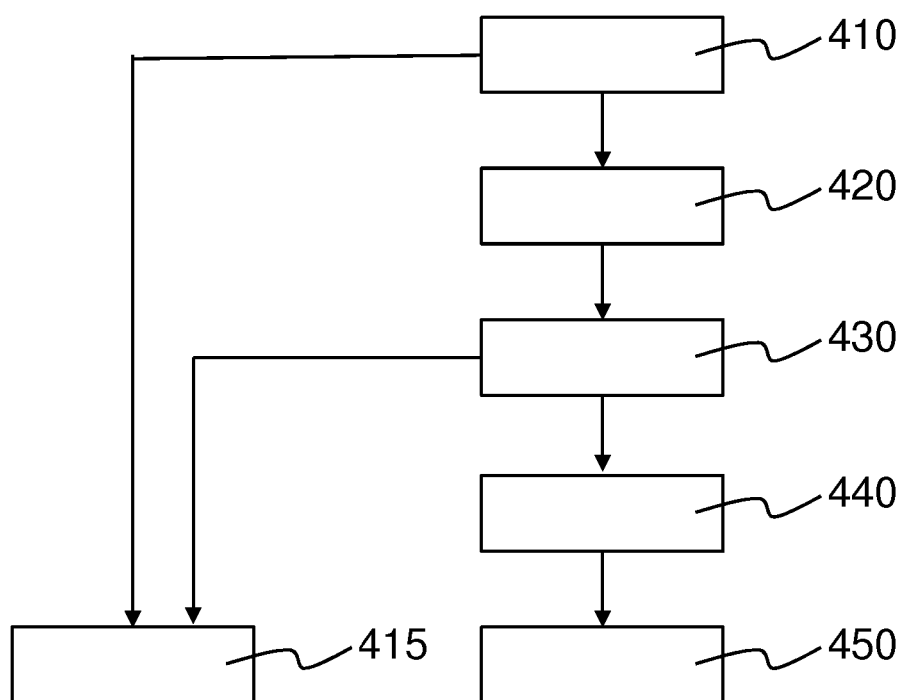


Fig. 6

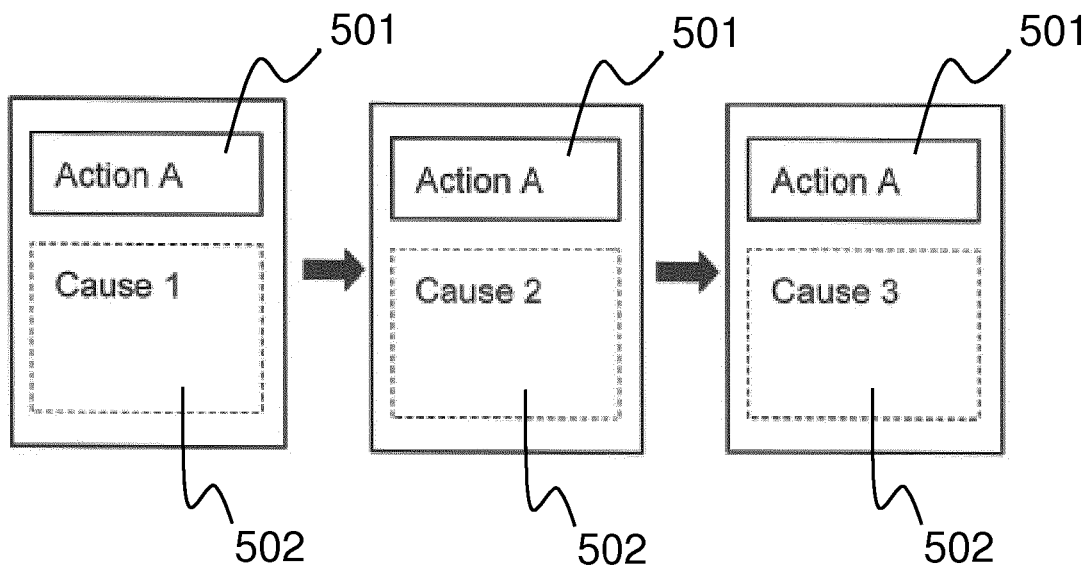


Fig. 7

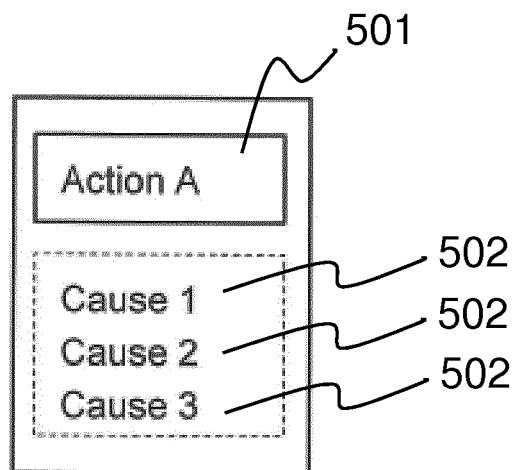


Fig. 8

REFERENCES CITED IN THE DESCRIPTION

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