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(54) Title: PHARMACEUTICAL COMBINATION FOR THE TREATMENT OF LUTS

(57) Abstract: This invention relates to the combined use of a PDE5 inhibitor and a muscarinic antagonist in the treatment of lower urinary tract symptoms (LUTS), such as urgency, frequency, nocturia and urge incontinence.



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## **Pharmaceutical combination for the treatment of LUTS**

This invention relates to the combined use of a PDE5 inhibitor and a muscarinic antagonist in the treatment of lower urinary tract symptoms (LUTS).

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LUTS comprise three groups of urinary symptoms, which may be defined as storage (irritative), voiding (obstructive) and post-micturition symptoms. Storage symptoms comprise urgency, frequency, nocturia, urgency incontinence and stress incontinence, which can be associated with overactive bladder (OAB) and benign prostatic hyperplasia (BPH). Voiding symptoms comprise hesitancy, poor flow, intermittency, straining and dysuria. Post-micturition symptoms comprise terminal dribbling, post-void dribbling and a sense of incomplete emptying.

Over Active Bladder (OAB) is defined as urgency, with or without urge incontinence, usually with frequency and nocturia [Abrams et al., *Neurourology and Urodynamics* 21:167-178 (2002)]. Prevalence of OAB in men and women is similar, with approximately 16% of the population of the USA suffering from the condition [Stewart et al, *Prevalence of Overactive Bladder in the United States: Results from the NOBLE Program*; Abstract Presented at the 2<sup>nd</sup> International Consultation on Incontinence, July 20 2001, Paris, France].

The terms OAB Wet and OAB Dry describe OAB patients with or without urinary incontinence respectively. Until recently, the cardinal symptom of OAB was believed to be urinary incontinence. However, with the advent of the new terms this is clearly not meaningful for the large number of sufferers who are not incontinent (i.e. OAB Dry patients). Thus, a recent study from Liberman et al [‘Health Related Quality of Life Among Adults with Symptoms of Overactive Bladder: Results From A US Community-Based Survey’; *Urology* 57(6), 1044-1050, 2001] examined the impact of all OAB symptoms on the quality of life of a community-based sample of the US population. This study demonstrated that individuals suffering from OAB without any demonstrable loss of urine have an impaired quality of life when compared with controls.

BPH is a chronically progressive disease that can lead to complications such as acute urinary retention, recurrent urinary tract infections, bladder stones and renal dysfunction. The prevalence and average severity of LUTS associated with BPH in men increases with age.

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BPH leads to an increase in prostate volume, creating urethral and bladder outflow obstruction as well as secondary changes in bladder function. The effects of this are manifested by both storage (irritative) and voiding (obstructive) symptoms.

10 Devan *et al* [‘Phosphodiesterase inhibition by sildenafil citrate attenuates the learning impairment induced by blockade of cholinergic muscarinic receptors in rats’, Pharmacology, Biochemistry and Behaviour, vol 79, No 4, December 2004, pages 691-699] disclose a study to examine whether sildenafil citrate (a PDE5 inhibitor) would reverse the learning impairment induced by scopolamine (a muscarinic receptor  
15 antagonist). However, as is clear from the paragraph bridging pages 694 and 695, the two compounds were administered in separate injections, and were not present in the same formulation.

WO 99/02161 discloses the use of selective inhibitors of PDE1, PDE4 and PDE5 in the  
20 treatment of prostatic diseases.

EP 1020190 discloses the use of PDE5 inhibitors in the treatment of BPH and their combination with  $\alpha$ -antagonists for this purpose.

25 WO 01/27112 and WO 01/27113 each disclose a series of pyrazolo[4,3-d]pyrimidin-7-ones which are PDE5 inhibitors. The compounds are indicated, amongst other things, in the treatment of BPH, bladder outlet obstruction and incontinence.

WO 99/58478 and its priority document EP 0957073 disclose derivatives of 3,3-  
30 diphenylpropylamines, including fesoterodine [R-(+)-isobutyric acid 2-(3-diisopropylamino-1-phenylpropyl)-4-hydroxymethylphenyl ester, see page 62 lines 15-16 of WO 99/58478]. The compounds are indicated in the treatment of urinary incontinence, amongst other things.

- US 2001/0044438 discloses the combined use of an alpha-adrenoceptor antagonist and a muscarinic antagonist in the treatment of LUTS associated with BPH.
- 5 US 2004/0180958 (and its equivalent WO 2004/054560) discloses the use of alpha-2-delta ligands in the treatment of LUTS, other than urinary incontinence, associated with OAB and/or BPH. Their combined use with PDE5 inhibitors is also disclosed in the treatment of LUTS associated with OAB and/or BPH.
- 10 WO 89/06644 and its equivalent EP 325571 discloses a group of 3,3-diphenylpropylamines, including tolterodine [(+)-*N,N*-diisopropyl-3-(2-hydroxy-5-methylphenyl)-3-phenylpropylamine, see Example 22]. The compounds are indicated in the treatment of urinary incontinence.
- 15 WO 94/11337 discloses a group of 3,3-diphenylpropylamines, including (+)-*N,N*-diisopropyl-3-(2-hydroxy-5-hydroxymethylphenyl)-3-phenylpropylamine (see Example 1), which is also formed by metabolism of tolterodine. The compounds are indicated in the treatment of urinary incontinence.
- 20 The use of muscarinic antagonists in the treatment of overactive bladder is described in a meeting report by Gopalakrishnan *et al*, 'Directions in urological research and drug therapies', Drug News and Perspectives, vol 9, No 14, November 2001 (2001-11) pages 544-550.
- 25 US 6,642,274 discloses a method of treating prostate disorders comprising administering various medicaments directly to the mucosal membranes of the lower urinary tract. Seven classes of therapeutic compounds are suggested for use in the method, including phosphodiesterase inhibitors and anticholinergic agents (a term often used interchangeably with the term "muscarinic antagonists"). There is also a suggestion that such compounds
- 30 can be used alone or in combination in the disclosed method, but there is no explicit mention of a combination of a PDE5 inhibitor and an anticholinergic agent.

WO 99/65228 relates to the treatment of testosterone deficiency in men while simultaneously protecting the prostate. The combinations contain a natural or synthetic androgen; and a compound selected from various classes of compound including testosterone 5-alpha reductase inhibitors and phosphodiesterase inhibitors.

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WO 01/17480 discloses the treatment of urinary disorders in a mammal comprising administering therapeutic compounds directly to the mucosal membranes of the lower urinary tract. Preferred groups of compounds are stated to be autocooids, cytokines, chemotherapeutic agents, alpha-receptor antagonists, prostaglandin dehydrogenase inhibitors, phosphodiesterase inhibitors, anticholinergic and antispasmodic agents.

It has now been found that PDE5 inhibitors and muscarinic antagonists are particularly useful when used together in the treatment of LUTS.

15 Thus, in accordance with a first aspect of the present invention there is provided a pharmaceutical formulation comprising:  
a PDE5 inhibitor; and  
a muscarinic antagonist.

20 In accordance with a second aspect of the invention, there is provided the use of a PDE5 inhibitor and a muscarinic antagonist in the manufacture of a medicament for the treatment of LUTS.

In accordance with a third aspect of the invention, there is provided a method of treatment  
25 of LUTS, comprising simultaneous, separate or sequential administration of a PDE5 inhibitor and a muscarinic antagonist to a patient in need of such treatment.

In accordance with a fourth aspect of the invention, there are provided pharmaceutical products comprising a PDE5 inhibitor and a muscarinic antagonist as a combined  
30 preparation for simultaneous, separate or sequential use in the treatment of LUTS.

The various aspects of the invention are referred to together herein as "the combinations of the invention".

The lower urinary tract symptoms of greatest interest are urgency, frequency, nocturia and urge incontinence, especially urgency.

- 5 The combinations of the invention are suitable for treating both men and women, although LUTS associated with BPH will only be found in men.

Men suffering from both LUTS and male erectile dysfunction (MED) may also gain relief from MED symptoms through receiving the combinations of the invention.

10

PDE5 inhibitors suitable for use in the invention include, but are not limited to:

- (i) the PDE5 inhibitors mentioned in International Patent Applications WO 03/000691; WO 02/64590; WO 02/28865; WO 02/28859; WO 02/38563; WO 02/36593; WO 02/28858; WO 02/00657; WO 02/00656; WO 02/10166; WO 15 02/00658; WO 01/94347; WO 01/94345; WO 00/15639 and WO 00/15228;
- (ii) the PDE5 inhibitors mentioned in US Patents 6,143,746; 6,143,747 and 6,043,252;
- (iii) the pyrazolo [4,3-d]pyrimidin-7-ones disclosed in EP 0463756; the pyrazolo [4,3-d]pyrimidin-7-ones disclosed in EP 0526004; the pyrazolo [4,3-d]pyrimidin-7-ones disclosed in WO 93/06104; the isomeric pyrazolo [3,4-d]pyrimidin-4-ones disclosed in WO 93/07149; the quinazolin-4-ones disclosed in WO 93/12095; the pyrido[3,2-d]pyrimidin-4-ones disclosed in WO 94/05661; the purin-6-ones disclosed in WO 94/00453; the pyrazolo [4,3-d]pyrimidin-7-ones disclosed in WO 98/49166; the pyrazolo [4,3-d]pyrimidin-7-ones disclosed in WO 99/54333; the pyrazolo [4,3-d]pyrimidin-4-ones disclosed in EP 0995751; the pyrazolo [4,3-d]pyrimidin-7-ones disclosed in WO 00/24745; the pyrazolo [4,3-d]pyrimidin-4-ones disclosed in EP 0995750; the hexahydropyrazino [2',1':6,1]pyrido [3,4-b]indole-1,4-diones disclosed in WO95/19978; the pyrazolo [4,3-d]pyrimidin-4-ones disclosed in WO 20 00/27848; the imidazo[5,1-f][1,2,4]triazin-ones disclosed in EP 1092719 and WO 99/24433; the bicyclic compounds disclosed in WO 93/07124; the pyrazolo[4,3-d]pyrimidin-7-ones disclosed in WO 01/27112; the pyrazolo [4,3-d]pyrimidin-7-ones disclosed in WO 01/27113; the compounds disclosed in EP 25 30

1092718; the compounds disclosed in EP 1092719; the tricyclic compounds disclosed in EP 1241170; the alkyl sulphone compounds disclosed in WO 02/074774; the compounds disclosed in WO 02/072586; the compounds disclosed in WO 02/079203; and the compounds disclosed in WO 02/074312;

5 (iv) 5-[2-ethoxy-5-(4-methyl-1-piperazinylsulphonyl)phenyl]-1-methyl-3-n-propyl-1,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one (sildenafil) also known as 1-[[3-(6,7-dihydro-1-methyl-7-oxo-3-propyl-1H-pyrazolo[4,3-d]pyrimidin-5-yl)-4-ethoxyphenyl]sulphonyl]-4-methylpiperazine (see EP 0463756); 5-(2-ethoxy-5-morpholinoacetylphenyl)-1-methyl-3-n-propyl-1,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one (see EP 0526004); 3-ethyl-5-[5-(4-ethylpiperazin-1-ylsulphonyl)-2-n-propoxyphenyl]-2-(pyridin-2-yl)methyl-2,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one (see WO 98/49166); 3-ethyl-5-[5-(4-ethylpiperazin-1-ylsulphonyl)-2-(2-methoxyethoxy)pyridin-3-yl]-2-(pyridin-2-yl)methyl-2,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one (see WO99/54333),

10 (+)-3-ethyl-5-[5-(4-ethylpiperazin-1-ylsulphonyl)-2-(2-methoxy-1(R)-methylethoxy)pyridin-3-yl]-2-methyl-2,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one, also known as 3-ethyl-5-{5-[4-ethylpiperazin-1-ylsulphonyl]-2-[(1R)-2-methoxy-1-methylethyl]oxy}pyridin-3-yl}-2-methyl-2,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one (see WO 99/54333); 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxyethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one, also known as 1-{6-ethoxy-5-[3-ethyl-6,7-dihydro-2-(2-methoxyethyl)-7-oxo-2H-pyrazolo[4,3-d]pyrimidin-5-yl]-3-pyridylsulphonyl}-4-ethylpiperazine (see WO 01/27113, Example 8) [the free base and besylate salt are of particular interest]; 5-[2-*iso*-butoxy-5-(4-ethylpiperazin-1-ylsulphonyl)pyridin-3-yl]-3-ethyl-2-(1-

15 methylpiperidin-4-yl)-2,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one (see WO 01/27113, Example 15); 5-[2-Ethoxy-5-(4-ethylpiperazin-1-ylsulphonyl)pyridin-3-yl]-3-ethyl-2-phenyl-2,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one (see WO 01/27113, Example 66); 5-(5-Acetyl-2-propoxy-3-pyridinyl)-3-ethyl-2-(1-isopropyl-3-azetidiny)-2,6-dihydro-7H-pyrazolo[4,3-

20 d]pyrimidin-7-one (see WO 01/27112, Example 124); 5-(5-Acetyl-2-butoxy-3-pyridinyl)-3-ethyl-2-(1-ethyl-3-azetidiny)-2,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one (see WO 01/27112, Example 132); (6R,12aR)-

2,3,6,7,12,12a-hexahydro-2-methyl-6-(3,4-methylenedioxyphenyl)pyrazino[2',1':6,1]pyrido[3,4-b]indole-1,4-dione (tadalafil, IC-351, Cialis®), i.e. the compound of examples 78 and 95 of WO95/19978, as well as the compound of examples 1, 3, 7 and 8; 2-[2-ethoxy-5-(4-ethyl-piperazin-1-yl-1-sulphonyl)-phenyl]-5-methyl-7-propyl-3H-imidazo[5,1-f][1,2,4]triazin-4-one (vardenafil, LEVITRA ®) also known as 1-[[3-(3,4-dihydro-5-methyl-4-oxo-7-propylimidazo[5,1-f]-as-triazin-2-yl)-4-ethoxyphenyl]sulphonyl]-4-ethylpiperazine, i.e. the compound of examples 20, 19, 337 and 336 of WO99/24433; the compound of example 11 of WO93/07124 (EISAI); compounds 3 and 14 from Rotella D P, *J. Med. Chem.*, 2000, 43, 1257; 4-(4-chlorobenzyl)amino-6,7,8-trimethoxyquinazoline; N-[[3-(4,7-dihydro-1-methyl-7-oxo-3-propyl-1H-pyrazolo[4,3-d]-pyrimidin-5-yl)-4-propoxyphenyl]sulfonyl]-1-methyl-2-pyrrolidinepropanamide [“DA-8159” (Example 68 of WO00/27848)]; and 7,8-dihydro-8-oxo-6-[2-propoxyphenyl]-1H-imidazo[4,5-g]quinazoline and 1-[3-[1-[(4-fluorophenyl)methyl]-7,8-dihydro-8-oxo-1H-imidazo[4,5-g]quinazolin-6-yl]-4-propoxyphenyl]carboxamide;

(v) 4-bromo-5-(pyridylmethylamino)-6-[3-(4-chlorophenyl)-propoxy]-3(2H)pyridazinone; 1-[4-[(1,3-benzodioxol-5-ylmethyl)amino]-6-chloro-2-quinazoliny]-4-piperidine-carboxylic acid, monosodium salt; (+)-cis-5,6a,7,9,9a-hexahydro-2-[4-(trifluoromethyl)-phenylmethyl-5-methyl-cyclopent-4,5]imidazo[2,1-b]purin-4(3H)one; furazlocillin; cis-2-hexyl-5-methyl-3,4,5,6a,7,8,9,9a-octahydrocyclopent[4,5]-imidazo[2,1-b]purin-4-one; 3-acetyl-1-(2-chlorobenzyl)-2-propylindole-6-carboxylate; 3-acetyl-1-(2-chlorobenzyl)-2-propylindole-6-carboxylate; 4-bromo-5-(3-pyridylmethylamino)-6-(3-(4-chlorophenyl) propoxy)-3-(2H)pyridazinone; 1-methyl-5(5-morpholinoacetyl-2-n-propoxyphenyl)-3-n-propyl-1,6-dihydro-7H-pyrazolo(4,3-d)pyrimidin-7-one; 1-[4-[(1,3-benzodioxol-5-ylmethyl)amino]-6-chloro-2-quinazoliny]-4-piperidinecarboxylic acid, monosodium salt; Pharmaprojects No. 4516 (Glaxo Wellcome); Pharmaprojects No. 5051 (Bayer); Pharmaprojects No. 5064 (Kyowa Hakko; see WO 96/26940); Pharmaprojects No. 5069 (Schering Plough); GF-196960 (Glaxo Wellcome);

E-8010 and E-4010 (Eisai); Bay-38-3045 & 38-9456 (Bayer); FR229934 and FR226807 (Fujisawa); and Sch-51866;

and pharmaceutically acceptable salts thereof.

5 Preferred PDE5 inhibitors include: 5-[2-ethoxy-5-(4-methyl-1-piperazinylsulphonyl)phenyl]-1-methyl-3-n-propyl-1,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one (sildenafil), particularly sildenafil citrate; (6R,12aR)-2,3,6,7,12,12a-hexahydro-2-methyl-6-(3,4-methylenedioxyphenyl)-pyrazino[2',1':6,1]pyrido[3,4-b]indole-1,4-dione (IC-351 or tadalafil); 2-[2-ethoxy-5-(4-ethyl-piperazin-1-yl-1-sulphonyl)-phenyl]-5-methyl-7-propyl-3H-imidazo[5,1-f][1,2,4]triazin-4-one (vardenafil); 10 5-(5-Acetyl-2-butoxy-3-pyridinyl)-3-ethyl-2-(1-ethyl-3-azetidiny)-2,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one; 5-(5-Acetyl-2-propoxy-3-pyridinyl)-3-ethyl-2-(1-isopropyl-3-azetidiny)-2,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one; 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-15 pyrazolo[4,3-d]pyrimidin-7-one; 4-[(3-chloro-4-methoxybenzyl)amino]-2-[(2S)-2-(hydroxymethyl)pyrrolidin-1-yl]-N-(pyrimidin-2-ylmethyl)pyrimidine-5-carboxamide (TA-1790); 3-(1-methyl-7-oxo-3-propyl-6,7-dihydro-1H-pyrazolo[4,3-d]pyrimidin-5-yl)-N-[2-(1-methylpyrrolidin-2-yl)ethyl]-4-propoxybenzenesulfonamide (DA 8159); and pharmaceutically acceptable salts thereof.

20

More preferably, the PDE5 inhibitor is selected from sildenafil, tadalafil, vardenafil, DA-8159 and 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one, and pharmaceutically acceptable salts thereof.

25

Most preferably the PDE5 inhibitor is selected from sildenafil, 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one, and pharmaceutically acceptable salts thereof. Sildenafil citrate is a preferred salt of sildenafil. The besylate salt is a preferred salt of 5-[2-ethoxy-30 5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one.

Muscarinic antagonists suitable for use in the invention can be selective for M<sub>3</sub> receptors or they can be non-selective, exhibiting antagonism at M<sub>1</sub>, M<sub>2</sub> and M<sub>3</sub>. Antagonists selective for the M<sub>3</sub> receptor are preferred.

- 5 Specific muscarinic antagonists include:  
atropine  
fluvoxate;  
hyoscine;  
oxybutynin;  
10 darifenacin;  
tolterodine and the other compounds disclosed in International Patent Application WO 89/06644;  
(+)-*N,N*-diisopropyl-3-(2-hydroxy-5-hydroxymethylphenyl)-3-phenylpropylamine and the other compounds disclosed in WO 94/11337;  
15 propantheline  
propiverine  
trospium;  
solifenacin;  
fesoterodine and the other compounds disclosed in WO 99/58478;  
20 the compounds disclosed in WO 98/05641;  
and pharmaceutically acceptable salts thereof.

Especially preferred are:

- darifenacin;  
25 oxybutynin;  
tolterodine;  
(+)-*N,N*-diisopropyl-3-(2-hydroxy-5-hydroxymethylphenyl)-3-phenylpropylamine;  
solifenacin;  
fesoterodine;  
30 and pharmaceutically acceptable salts thereof.

Tolterodine (especially in the form of its tartrate salt) and fesoterodine (or a pharmaceutically acceptable salt thereof, such as the hydrogen fumarate salt) are of particular interest.

- 5 According to a further aspect of the invention, there is provided a pharmaceutical formulation comprising:  
a PDE5 inhibitor; and  
a muscarinic antagonist;  
provided that the PDE5 inhibitor is not sildenafil or a salt thereof when the muscarinic  
10 antagonist is scopolamine or a salt thereof.

The combinations of the invention may have the advantage that the two components act synergistically to produce an unexpectedly potent effect and/or an unexpectedly favourable level of side-effects in comparison with the corresponding total dosage of one  
15 of the components on its own. In addition, the combinations of the invention may have a longer duration of action, improved selectivity, or other more useful properties compared with the prior art.

The component compounds of the combinations of the present invention are prepared by  
20 methods well known to those skilled in the art. Specifically, the patents, patent applications and publications, mentioned above, each of which is hereby incorporated by reference, exemplify compounds which can be used in combinations, pharmaceutical compositions, methods and kits in accordance with the present inventions, and refer to methods of preparing those compounds.

25

Pharmaceutically acceptable salts of the compounds suitable for use in the invention include the acid addition and base salts thereof.

For a review on suitable salts, see "Handbook of Pharmaceutical Salts: Properties, Selection, and Use" by Stahl and Wermuth (Wiley-VCH, Weinheim, Germany, 2002).  
30

A pharmaceutically acceptable salt of a compound suitable for use in the present invention may be readily prepared by mixing together solutions of the compound and the

desired acid or base, as appropriate. The salt may precipitate from solution and be collected by filtration or may be recovered by evaporation of the solvent. The degree of ionisation in the salt may vary from completely ionised to almost non-ionised.

- 5 The compounds suitable for use in the combinations of the present invention include the compounds as hereinbefore defined, polymorphs, prodrugs, and isomers thereof (including optical, geometric and tautomeric isomers).

10 Usually, compounds for use in the invention will be administered as a formulation in association with one or more pharmaceutically acceptable excipients. The choice of excipient will to a large extent depend on factors such as the particular mode of administration, the effect of the excipient on solubility and stability, and the nature of the dosage form. The compounds may be present in the same dosage form in accordance with the first aspect of the invention, or they may be present in separate dosage forms, for  
15 example as encompassed by the fourth aspect of the invention.

Pharmaceutical compositions suitable for delivering the compounds suitable for use in the combinations of the present invention and methods for their preparation will be readily apparent to those skilled in the art. Such compositions and methods for their preparation  
20 may be found, for example, in 'Remington's Pharmaceutical Sciences', 19th Edition (Mack Publishing Company, 1995).

Preferably, the compounds suitable for use in the combinations of the invention are administered orally, and therefore the formulations, uses, methods and products of the  
25 invention will be suitable for, or involve, oral administration. Oral administration may involve swallowing, so that the compound enters the gastrointestinal tract, or buccal or sublingual administration may be employed by which the compound enters the blood stream directly from the mouth.

30 Formulations suitable for oral administration include solid formulations such as tablets, capsules containing particulates, liquids, or powders, lozenges (including liquid-filled), chews, multi- and nano-particulates, gels, solid solution, liposome, films (including

muco-adhesive), ovules, sprays and liquid formulations. Tablets and capsules are preferred.

Liquid formulations include suspensions, solutions, syrups and elixirs. Such formulations  
5 may be employed as fillers in soft or hard capsules and typically comprise a carrier, for example, water, ethanol, polyethylene glycol, propylene glycol, methylcellulose, or a suitable oil, and one or more emulsifying agents and/or suspending agents. Liquid formulations may also be prepared by the reconstitution of a solid, for example, from a sachet.

10

The compounds suitable for use in the combinations of the invention may also be used in fast-dissolving, fast-disintegrating dosage forms such as those described in Expert Opinion in Therapeutic Patents, 11 (6), 981-986 by Liang and Chen (2001).

15 For tablet dosage forms, depending on dose, the drug may make up from 1 wt% to 80 wt% of the dosage form, more typically from 5 wt% to 60 wt% of the dosage form. In addition to the drug, tablets generally contain a disintegrant. Examples of disintegrants include sodium starch glycolate, sodium carboxymethyl cellulose, calcium carboxymethyl cellulose, croscarmellose sodium, crospovidone, polyvinylpyrrolidone, methyl cellulose,  
20 microcrystalline cellulose, lower alkyl-substituted hydroxypropyl cellulose, starch, pregelatinised starch and sodium alginate. Generally, the disintegrant will comprise from 1 wt% to 25 wt%, preferably from 5 wt% to 20 wt% of the dosage form.

Binders are generally used to impart cohesive qualities to a tablet formulation. Suitable  
25 binders include microcrystalline cellulose, gelatin, sugars, polyethylene glycol, natural and synthetic gums, polyvinylpyrrolidone, pregelatinised starch, hydroxypropyl cellulose and hydroxypropyl methylcellulose. Tablets may also contain diluents, such as lactose (monohydrate, spray-dried monohydrate, anhydrous and the like), mannitol, xylitol, dextrose, sucrose, sorbitol, microcrystalline cellulose, starch and dibasic calcium  
30 phosphate dihydrate.

Tablets may also optionally comprise surface active agents, such as sodium lauryl sulfate and polysorbate 80, and glidants such as silicon dioxide and talc. When present, surface

active agents may comprise from 0.2 wt% to 5 wt% of the tablet, and glidants may comprise from 0.2 wt% to 1 wt% of the tablet.

Tablets also generally contain lubricants such as magnesium stearate, calcium stearate,  
5 zinc stearate, sodium stearyl fumarate, and mixtures of magnesium stearate with sodium lauryl sulphate. Lubricants generally comprise from 0.25 wt% to 10 wt%, preferably from 0.5 wt% to 3 wt% of the tablet.

Other possible ingredients include anti-oxidants, colourants, flavouring agents,  
10 preservatives and taste-masking agents.

Exemplary tablets contain up to about 80% drug, from about 10 wt% to about 90 wt% binder, from about 0 wt% to about 85 wt% diluent, from about 2 wt% to about 10 wt% disintegrant, and from about 0.25 wt% to about 10 wt% lubricant.

15

Tablet blends may be compressed directly or by roller to form tablets. Tablet blends or portions of blends may alternatively be wet-, dry-, or melt-granulated, melt congealed, or extruded before tableting. The final formulation may comprise one or more layers and may be coated or uncoated; it may even be encapsulated.

20

The formulation of tablets is discussed in "Pharmaceutical Dosage Forms: Tablets, Vol. 1", by H. Lieberman and L. Lachman, Marcel Dekker, N.Y., N.Y., 1980 (ISBN 0-8247-6918-X).

25 Solid formulations for oral administration may be formulated to be immediate and/or modified release. Modified release formulations include delayed-, sustained-, pulsed-, controlled-, targeted and programmed release.

Suitable modified release formulations for the purposes of the invention are described in  
30 US Patent No. 6,106,864 when the muscarinic antagonist is darifenacin. Suitable modified release formulations of tolterodine are described in WO 00/12069, WO 00/27364, and WO 01/34139. These formulations may be adapted to include the second

active ingredient of a combination according to the invention. Such modified release capsules for oral administration are preferred.

5 Details of other suitable release technologies such as high energy dispersions and osmotic and coated particles are to be found in Verma *et al*, Pharmaceutical Technology On-line, 25(2), 1-14 (2001). The use of chewing gum to achieve controlled release is described in WO 00/35298.

10 The compounds suitable for use in the combinations of the invention may also be administered directly into the blood stream, into muscle, or into an internal organ. Suitable means for parenteral administration include intravenous, intraarterial, intraperitoneal, intrathecal, intraventricular, intraurethral, intrasternal, intracranial, intramuscular and subcutaneous. Suitable devices for parenteral administration include needle (including microneedle) injectors, needle-free injectors and infusion techniques.

15 Parenteral formulations are typically aqueous solutions which may contain excipients such as salts, carbohydrates and buffering agents (preferably to a pH of from 3 to 9), but, for some applications, they may be more suitably formulated as a sterile non-aqueous solution or as a dried form to be used in conjunction with a suitable vehicle such as  
20 sterile, pyrogen-free water.

The preparation of parenteral formulations under sterile conditions, for example, by lyophilisation, may readily be accomplished using standard pharmaceutical techniques well known to those skilled in the art.

25 The solubility of compounds used in the preparation of parenteral solutions may be increased by the use of appropriate formulation techniques, such as the incorporation of solubility-enhancing agents.

30 Formulations for parenteral administration may be formulated to be immediate and/or modified release. Modified release formulations include delayed-, sustained-, pulsed-, controlled-, targeted and programmed release. Thus compounds of the invention may be formulated as a solid, semi-solid, or thixotropic liquid for administration as an implanted

depot providing modified release of the active compound. Examples of such formulations include drug-coated stents and PGLA microspheres.

The compounds suitable for use in the combinations of the invention may also be administered topically to the skin or mucosa, that is, dermally or transdermally. Typical formulations for this purpose include gels, hydrogels, lotions, solutions, creams, ointments, dusting powders, dressings, foams, films, skin patches, wafers, implants, sponges, fibres, bandages and microemulsions. Liposomes may also be used. Typical carriers include alcohol, water, mineral oil, liquid petrolatum, white petrolatum, glycerin, polyethylene glycol and propylene glycol. Penetration enhancers may be incorporated - see, for example, J Pharm Sci, 88 (10), 955-958 by Finnin and Morgan (October 1999).

Other means of topical administration include delivery by electroporation, iontophoresis, phonophoresis, sonophoresis and microneedle or needle-free (*e.g.* Powderject™, Bioject™, *etc.*) injection.

Formulations for topical administration may be formulated to be immediate and/or modified release. Modified release formulations include delayed-, sustained-, pulsed-, controlled-, targeted and programmed release.

The compounds suitable for use in the combinations of the invention can also be administered intranasally or by inhalation, typically in the form of a dry powder (either alone, as a mixture, for example, in a dry blend with lactose, or as a mixed component particle, for example, mixed with phospholipids, such as phosphatidylcholine) from a dry powder inhaler or as an aerosol spray from a pressurised container, pump, spray, atomiser (preferably an atomiser using electrohydrodynamics to produce a fine mist), or nebuliser, with or without the use of a suitable propellant, such as 1,1,1,2-tetrafluoroethane or 1,1,1,2,3,3,3-heptafluoropropane. For intranasal use, the powder may comprise a bioadhesive agent, for example, chitosan or cyclodextrin.

The pressurised container, pump, spray, atomizer, or nebuliser contains a solution or suspension of the compound(s) of the invention comprising, for example, ethanol, aqueous ethanol, or a suitable alternative agent for dispersing, solubilising, or extending

release of the active, a propellant(s) as solvent and an optional surfactant, such as sorbitan trioleate, oleic acid, or an oligolactic acid.

Prior to use in a dry powder or suspension formulation, the drug product is micronised to  
5 a size suitable for delivery by inhalation (typically less than 5 microns). This may be achieved by any appropriate comminuting method, such as spiral jet milling, fluid bed jet milling, supercritical fluid processing to form nanoparticles, high pressure homogenisation, or spray drying.

10 Capsules (made, for example, from gelatin or HPMC), blisters and cartridges for use in an inhaler or insufflator may be formulated to contain a powder mix of the compound of the invention, a suitable powder base such as lactose or starch and a performance modifier such as *l*-leucine, mannitol, or magnesium stearate. The lactose may be anhydrous or in the form of the monohydrate, preferably the latter. Other suitable excipients include  
15 dextran, glucose, maltose, sorbitol, xylitol, fructose, sucrose and trehalose.

A suitable solution formulation for use in an atomiser using electrohydrodynamics to produce a fine mist may contain from 1µg to 20mg of the compound of the invention per actuation and the actuation volume may vary from 1µl to 100µl. A typical formulation  
20 may comprise a compound of the invention, propylene glycol, sterile water, ethanol and sodium chloride. Alternative solvents which may be used instead of propylene glycol include glycerol and polyethylene glycol.

Suitable flavours, such as menthol and levomenthol, or sweeteners, such as saccharin or  
25 saccharin sodium, may be added to those formulations of the invention intended for inhaled/intranasal administration.

Formulations for inhaled/intranasal administration may be formulated to be immediate and/or modified release using, for example, poly(DL-lactic-coglycolic acid (PGLA)).  
30 Modified release formulations include delayed-, sustained-, pulsed-, controlled-, targeted and programmed release.

The compounds suitable for use in the combinations of the invention may be administered rectally or vaginally, for example, in the form of a suppository, pessary, or enema. Cocoa butter is a traditional suppository base, but various alternatives may be used as appropriate.

5

Formulations for rectal/vaginal administration may be formulated to be immediate and/or modified release. Modified release formulations include delayed-, sustained-, pulsed-, controlled-, targeted and programmed release.

10 The compounds suitable for use in the combinations of the invention may be combined with soluble macromolecular entities, such as cyclodextrin and suitable derivatives thereof or polyethylene glycol-containing polymers, in order to improve their solubility, dissolution rate, taste-masking, bioavailability and/or stability for use in any of the aforementioned modes of administration.

15

Drug-cyclodextrin complexes, for example, are found to be generally useful for most dosage forms and administration routes. Both inclusion and non-inclusion complexes may be used. As an alternative to direct complexation with the drug, the cyclodextrin may be used as an auxiliary additive, *i.e.* as a carrier, diluent, or solubiliser. Most  
20 commonly used for these purposes are alpha-, beta- and gamma-cyclodextrins, examples of which may be found in International Patent Applications Nos. WO 91/11172, WO 94/02518 and WO 98/55148.

In accordance with the fourth aspect of the invention, two or more pharmaceutical  
25 compositions may conveniently be combined in the form of a kit suitable for co-administration of the compositions.

Thus the kit of the invention comprises two or more separate pharmaceutical compositions, at least one of which contains a compound as hereinbefore described in  
30 accordance with the invention, and means for separately retaining said compositions, such as a container, divided bottle, or divided foil packet. An example of such a kit is the familiar blister pack used for the packaging of tablets, capsules and the like.

The kit of the invention is particularly suitable for administering different dosage forms, for example, oral and parenteral, for administering the separate compositions at different dosage intervals, or for titrating the separate compositions against one another. To assist compliance, the kit typically comprises directions for administration and may be provided  
5 with a so-called memory aid.

For the avoidance of doubt, references herein to "treatment" include references to curative, palliative and prophylactic treatment.

10 Suitable dosages of the compounds for use in the combinations of the invention will depend on the compound concerned, the condition to be treated and the weight of the patient. However, in general, a suitable daily dose of muscarinic antagonist is in the range 0.1-100 mg: for example 0.1-4 mg for tolterodine tartrate; and 0.2-8mg for fesoterodine, or a pharmaceutically acceptable salt thereof. In general, a suitable daily dose of PDE5  
15 inhibitor is in the range 0.1-120 mg: for example 2.5-100 mg for sildenafil citrate; 0.5-200 mg for 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one, or a pharmaceutically acceptable salt thereof; and 0.5-20 mg for vardenafil, tadalafil, and pharmaceutically acceptable salts thereof.

20

Specific preferred combinations of the invention are:

- sildenafil, or a pharmaceutically acceptable salt thereof + tolterodine, or a pharmaceutically acceptable salt thereof;
- 25 • sildenafil, or a pharmaceutically acceptable salt thereof + fesoterodine, or a pharmaceutically acceptable salt thereof;
- 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one, or a pharmaceutically acceptable salt thereof + tolterodine, or a pharmaceutically acceptable salt thereof; and
- 30 • 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one, or a

pharmaceutically acceptable salt thereof + fesoterodine, or a pharmaceutically acceptable salt thereof.

The typical weight ratio of active ingredients [PDE5 inhibitor: muscarinic antagonist] in these specific preferred combinations may vary from 1:10 to 10:1, for example 1:4 to 4:1, 1:3 to 3:1, 1:2 to 2:1, and includes 1:1.

### Example 1

#### Immediate release tablet containing tolterodine and sildenafil

10

Tablets having the following composition are prepared using conventional methods:

#### Core

	Tolterodine L-tartrate	2.0 mg
15	Sildenafil citrate	25.0 mg
	cellulose, microcrystalline	53.4 mg
	calcium hydrogen phosphate dihydrate	18.0 mg
	sodium starch glycollate	6.0 mg
	magnesium stearate	0.4 mg
20	colloidal anhydrous silica	0.2 mg

#### Coating

	Methylhydroxypropyl cellulose	1.5 mg
	cellulose, microcrystalline	0.3 mg
25	stearic acid	0.6 mg
	titanium dioxide E 171	0.6 mg

### Example 2

Immediate release tablet containing tolterodine and 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one

30

Tablets having the following composition are prepared using conventional methods:

Core

	Tolterodine L-tartrate	2.0 mg
5	5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one	5.0 mg
	cellulose, microcrystalline	53.4 mg
	calcium hydrogen phosphate dihydrate	18.0 mg
10	sodium starch glycollate	6.0 mg
	magnesium stearate	0.4 mg
	colloidal anhydrous silica	0.2 mg

Coating

15	Methylhydroxypropyl cellulose	1.5 mg
	cellulose, microcrystalline	0.3 mg
	stearic acid	0.6 mg
	titanium dioxide E 171	0.6 mg

20 **Example 3**

**Immediate release tablet containing fesoterodine and 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one**

25 Tablets having the following composition are prepared using conventional methods:

Core

	Fesoterodine hydrogen fumarate	2.0 mg
30	5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one, besylate salt	5.0 mg

	cellulose, microcrystalline	53.4 mg
	calcium hydrogen phosphate dihydrate	18.0 mg
	sodium starch glycollate	6.0 mg
	magnesium stearate	0.4 mg
5	colloidal anhydrous silica	0.2 mg

Coating

	Methylhydroxypropyl cellulose	1.5 mg
	cellulose, microcrystalline	0.3 mg
10	stearic acid	0.6 mg
	titanium dioxide E 171	0.6 mg

**Example 4****Controlled release capsule containing tolterodine and sildenafil**

15

Based on Example 1 of WO 00/27364, controlled release beads containing tolterodine tartrate are produced having the following structure:

Core: Starch-containing sugar sphere of about 0.8 mm diameter (commercially  
20 available); comprises 73 % w/w of the final bead;  
purpose: coating substrate;

First layer: Surelease™ "sealcoat" (Surelease™ is an aqueous film-coating dispersion,  
about 25% solids, consisting primarily of ethylcellulose plasticized with fractionated  
25 coconut oil, and manufactured by Colorcon, Inc, USA); comprises about 12 % w/w of the  
final bead;  
purpose: to provide more consistent core surface; during drug release phase maximize  
time that drug is saturated inside bead and minimize osmotic effects; control drug release  
rate together with the third layer;

30

Second layer: Tolterodine L-tartrate/hydroxypropylmethylcellulose (HPMC); comprises  
about 3 % w/w of the final bead; ratio of Tolterodine:HPMC is 5:1;  
purpose: drug supply;

Third layer: Surelease™/HPMC; comprises about 12 % w/w of the final bead; ratio of Surelease™:HPMC is 6:1;

purpose: drug release rate control;

5

The beads with a three-layer coating having the above characteristics were prepared as follows:

1200 g of sugar spheres, 20-25 mesh, were charged into a Wurster fluid bed and sequentially coated at a nominal product temperature of 36 to 40°C with the following

10 three coating liquids:

-(1) a Surelease™ sealcoating liquid prepared by mixing 788 g of Surelease™ with 563 g of purified water;

-(2) a drug-containing solution prepared by first dissolving 35.0 g of tolterodine L-tartrate in 2190 g of purified water, and then mixing the solution with 6.6 g of  
15 hydroxypropylmethyl cellulose (HPMC) 5 cP; and

-(3) a sustained release coating liquid prepared by mixing 29 g of HPMC 5 cP with 375 g of purified water, and then mixing with 695 g of Surelease™.

Controlled release beads containing sildenafil citrate are prepared in an analogous  
20 manner, but substituting the 35 g of tolterodine tartrate in coating liquid (2) with 70 mg sildenafil tartrate.

After tray drying for 3 hours at 70°C, the coated spheres are filled into size #4 or size #3 hard gelatin capsules to obtain capsules containing 2 mg tolterodine L-tartrate and 4 mg  
25 sildenafil citrate of the composition:

Tolterodine L-tartrate	2.0 mg
Sildenafil citrate	4.0 mg
sugar spheres, 20-25 mesh	137.2 mg
Surelease™	42.4 mg
30 HPMC 5cP	4.0 mg

Optionally, a fourth layer may be applied to the beads before drying by Wurster coating.

Fourth layer: HPMC; comprises about 1 % w/w of the final bead;

purpose: decrease tackiness of beads for subsequent processing (curing and capsule filling).

- 5 In the case of the above described beads such a fourth layer may be applied with a coating solution prepared by dissolving 16.4 g of HPMC in 234 g of water.

### **Biological Example A**

- 10 Experimental models of BPH involving bladder outflow obstruction have been developed in a number of animal species. These models, which involve the placement of a ligature or disc around the urethra, mimic prostatic occlusion of the urethra and result in the appearance of non-voiding or unstable contractions of the bladder on cystometrical evaluation [Levin *et al* (2000) In: *Prostatic Diseases* (eds Lepor and Oesterling), WB  
15 Saunders & Co.]. In addition these models reproduce many of the LUT symptoms associated with multiple forms of OAB including increased voiding frequency and decreased functional voiding capacity.

- The beneficial effects of the combinations of the invention may be demonstrated in the  
20 following mouse model of LUTS associated with BPH.

- A mouse model of short term urethral obstruction has been characterised and demonstrated to show increased voiding frequency and the presence of non-voiding contractions, coupled with a reduced bladder capacity (Schroder *et al.* (2003) *J.Urol.* 170,  
25 1017-1021). The advantage of this model is that it closely mimics the bladder dysfunction observed in BPH patients and LUTS associated with other overactive bladder conditions.

### **Materials and Methods**

30

*Animals*: DBA/1LacJ mice are used for the studies, available from Charles River Laboratories, UK. After arrival, the mice are housed for 6 weeks under identical

conditions under a 12 hours light/dark photocycle, food and water are provided *ad libitum*.

The mice are randomly divided into 3 groups each. One third receives bladder outlet  
5 obstruction (BOO) as described below, one third receives sham surgery. The remaining  
mice serve as unoperated controls.

*Surgical procedure:* The mice in the BOO group are anaesthetized with ketamine  
(Ketalar®, Parke Davis, Barcelona, Spain; 100 mg/kg IP) and xylazine (Rompun®, Bayer,  
10 Leverkusen, Germany, 15 mg/kg IP). The obstruction is created by a standardized method  
as described in Schroder et al 2003 J.Urol 170, 1017-1021. Sham operated animals  
receive surgery similarly, without tying the obstruction.

At day 5 after the obstruction a polyethylene catheter (PE, ID 0.38 mm, OD 0.61 mm)  
15 with a small cuff is inserted in the bladder dome and secured with a purse-string suture (7-  
0 silk). The obstructing ligature remains in place. The catheter is tunneled  
subcutaneously, led out on the back of the neck, and surgically secured. Control animals  
receive the bladder catheter 2 days prior to cystometry.

20 *Cystometry:* Two days after insertion of the catheter (7 days after creation of the  
obstruction), the cystometric investigation is performed without any anaesthesia or  
restraint. The mice are placed into a metabolic cage (Gazzada, Buguggiatade, Italy). The  
bladder catheter is connected to a pressure transducer, which in turn is connected to a  
Grass® 7E Polygraph recorder. The bladder is continuously filled with saline at room  
25 temperature by means of a microinjector pump (CMA 100, Carnegie Medicine, Solna,  
Sweden), at a filling speed of 25µl/min.

The amount of voided urine is measured by means of a fluid collector, connected to a  
force displacement transducer (FT 03 D; Grass instrument Co., MA, USA). After a  
30 stabilization period of 60–80 minutes, in which the bladder is continuously filled,  
reproducible voiding patterns are achieved and recorded over a period of 30 minutes. The  
following parameters are measured: Micturition interval (time between 2 voids), baseline  
pressure (lowest pressure between 2 voids), threshold pressure (pressure immediately

before micturition was initiated), micturition pressure (maximum voiding pressure), and micturition volume. Residual urine is emptied manually 3 times at the end of the cystometry and measured. Bladder capacity is calculated as the amount of saline infused into the bladder between 2 voids, plus the average amount of residual urine.

5

The animals are continuously observed in order to distinguish between moving artifacts and non-voiding bladder contractions. The surface of the collecting-funnel under the grid of the metabolic cage was sprayed with a thin layer of silicone.

## 10 **Biological Example B**

The beneficial effects of the combinations of the invention may be demonstrated in the following experimental model which evaluates the effects of test substances on lower urinary tract function in the guinea-pig adapted from Doe et al (Eur J Pharmacol. 383: 15 137-303, 1999).

### **Materials and Methods**

*Animals:* Female Hartley guinea pigs (body weight 300-350 grams).

20

*Surgical procedure:* The animals are anaesthetized with urethane (1.5 g/kg intraperitoneally) given as a divided dose of 80% initially and 20% 15 min later. Body temperature is maintained at  $37\pm 2^{\circ}\text{C}$  throughout the experiment. The bladder is exposed through a lower abdominal incision and a polyethylene catheter with a small cuff is 25 inserted in the bladder dome and secured with a purse-string suture. The ureters are then ligatured. The bladder is replaced under the abdominal wall and the catheter is connected via a T-tube to a pressure transducer in order to measure intravesical pressure. The trachea is cannulated. The jugular vein is cannulated to allow administration of test compounds and the femoral artery is cannulated in order to collect plasma sample.

30

*Cystometry:* A series of filling cystometry cycles are performed throughout the experimental measurement period to establish baseline parameters and determine drug effect. Before each cystometry cycle, the bladder is emptied manually. Saline at room

temperature is then infused continuously into the bladder via the catheter at a flow rate of 600  $\mu$ L/min until a micturition occurs. The following micturition parameters are measured during each cystometry cycle:- Micturition Pressure (MP, the pressure in the bladder during voiding) and Threshold Volume (ThV, volume at which micturition occurs, mL).

*Evaluation of drug effect:* After the determination of baseline parameters (mean of 3 micturition cycles), test substance or vehicle is administered continuously for 60 minutes. At the end of the drug infusion period, the effect of drug on cystometry parameters is determined by taking an average of the measurements made in two micturition cycles. For combination studies, the respective doses of the test compounds are infused together over a 60 min period following the measurement of baseline parameters.

#### Results:

15

The muscarinic antagonist, oxybutynin (3.18 mg/kg) produced a small increase in micturition pressure, whereas the PDE5 inhibitor, 3-ethyl-5-[5-(4-ethylpiperazin-1-ylsulphonyl)-2-n-propoxyphenyl]-1-(pyridin-2-yl)methyl-1,6-dihydro-7H-pyrazolo[4,3-d]pyrimidin-7-one (referred to herein as "Compound A", see Example 2, WO 98/49166, 0.11 mg/kg, 0.32 mg/kg) produced a small reduction in micturition pressure. The combination of oxybutynin (3.18 mg/kg) plus Compound A (0.32 mg/kg) produced a greater reduction in micturition pressure than observed with Compound A (0.32 mg/kg) alone. Thus these data appear to imply a synergistic effect of oxybutynin and the higher dose of Compound A tested on micturition pressure.

25

The effects of oxybutynin (3.18 mg/kg) and Compound A (0.11 mg/kg, 0.32 mg/kg) alone and in combination on threshold volume are shown in the Table 1.

**Table 1: Effects of Oxybutynin and Compound A on Cystometry Parameters in the Anaesthetized Guinea-pig**

30

<b>Treatment</b>	<b>% Change in Micturition Pressure</b>	<b>% Change in Threshold Volume</b>
<b>Oxybutynin (3.18 mg/kg)</b>	<b>+ 3.2</b>	<b>+ 18.9</b>
<b>Compound A (0.11 mg/kg)</b>	<b>-6.7</b>	<b>-2.7</b>
<b>Compound A (0.32 mg/kg)</b>	<b>-6</b>	<b>+ 11.4</b>
<b>Oxybutynin (3.18 mg/kg) + Compound A (0.11 mg/kg)</b>	<b>+1.5</b>	<b>+10.4</b>
<b>Oxybutynin (3.18 mg/kg) + Compound A (0.32 mg/kg)</b>	<b>-13.3</b>	<b>-4</b>

**Claims:**

1. A pharmaceutical formulation comprising:  
a PDE5 inhibitor; and  
5 a muscarinic antagonist.
  
2. A formulation as claimed in claim 1, wherein the PDE5 inhibitor is selected from:  
sildenafil;  
tadalafil;  
10 vardenafil;  
5-(5-Acetyl-2-butoxy-3-pyridinyl)-3-ethyl-2-(1-ethyl-3-azetidiny)-2,6-dihydro-7*H*-  
pyrazolo[4,3-*d*]pyrimidin-7-one;  
5-(5-Acetyl-2-propoxy-3-pyridinyl)-3-ethyl-2-(1-isopropyl-3-azetidiny)-2,6-dihydro-7*H*-  
pyrazolo[4,3-*d*]pyrimidin-7-one;  
15 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-  
ethyl]-2,6-dihydro-pyrazolo[4,3-*d*]pyrimidin-7-one;  
4-[(3-chloro-4-methoxybenzyl)amino]-2-[(2*S*)-2-(hydroxymethyl)pyrrolidin-1-yl]-N-  
(pyrimidin-2-ylmethyl)pyrimidine-5-carboxamide (TA-1790);  
3-(1-methyl-7-oxo-3-propyl-6,7-dihydro-1*H*-pyrazolo[4,3-*d*]pyrimidin-5-yl)-N-[2-(1-  
20 methylpyrrolidin-2-yl)ethyl]-4-propoxybenzenesulfonamide (DA 8159);  
and pharmaceutically acceptable salts thereof.
  
3. A formulation as claimed in claim 1 or claim 2, wherein the PDE5 inhibitor is  
selected from:  
25 sildenafil;  
tadalafil;  
vardenafil;  
DA-8159; and  
5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-  
30 2,6-dihydro-pyrazolo[4,3-*d*]pyrimidin-7-one;  
and pharmaceutically acceptable salts thereof.

4. A formulation as claimed in any one of the preceding claims, wherein the PDE5 inhibitor is selected from:

sildenafil;

5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-

5 ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one;

and pharmaceutically acceptable salts thereof.

5. A formulation as claimed in any one of the preceding claims, wherein the muscarinic antagonist is selected from:

10 atropine;

fluvoxate;

hyoscine;

oxybutynin;

darifenacin;

15 tolterodine;

(+)-*N,N*-diisopropyl-3-(2-hydroxy-5-hydroxymethylphenyl)-3-phenylpropylamine;

propantheline;

propiverine;

trospium;

20 solifenacin;

fesoterodine;

and pharmaceutically acceptable salts thereof.

6. A formulation as claimed in any one of the preceding claims, wherein the  
25 muscarinic antagonist is selected from:

darifenacin;

oxybutynin;

tolterodine;

(+)-*N,N*-diisopropyl-3-(2-hydroxy-5-hydroxymethylphenyl)-3-phenylpropylamine;

30 solifenacin;

fesoterodine;

and pharmaceutically acceptable salts thereof.

7. A formulation as claimed in any one of the preceding claims, wherein the muscarinic antagonist is selected from tolterodine, fesoterodine, and their pharmaceutically acceptable salts.
- 5 8. Use of a PDE5 inhibitor and a muscarinic antagonist, as defined in any one of claims 1 to 7, in the manufacture of a medicament for the treatment of LUTS.
9. A method of treatment of LUTS, comprising simultaneous, separate or sequential administration of a PDE5 inhibitor and a muscarinic antagonist, as defined in any one of  
10 claims 1 to 7, to a patient in need of such treatment.
10. Pharmaceutical products comprising a PDE5 inhibitor and a muscarinic antagonist, as defined in any one of claims 1-7, as a combined preparation for simultaneous, separate or sequential use in the treatment of LUTS.
- 15 11. The use, method or products as claimed in any one of claims 8 to 10, wherein the LUTS is urgency, frequency, nocturia or urge incontinence.
12. The formulations, use, method or products as claimed in any one of the preceding  
20 claims, wherein the PDE5 inhibitor is sildenafil, or a pharmaceutically acceptable salt thereof, and the muscarinic antagonist is tolterodine, or a pharmaceutically acceptable salt thereof.
13. The formulations, use, method or products as claimed in any one of claims 1 to 12,  
25 wherein the PDE5 inhibitor is sildenafil, or a pharmaceutically acceptable salt thereof, and the muscarinic antagonist is fesoterodine, or a pharmaceutically acceptable salt thereof.
14. The formulations, use, method or products as claimed in any one of claims 1 to 12,  
30 wherein the PDE5 inhibitor is 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one, or a pharmaceutically acceptable salt thereof, and the muscarinic antagonist is tolterodine, or a pharmaceutically acceptable salt thereof.

15. The formulations, use, method or products as claimed in any one of claims 1 to 12, wherein the PDE5 inhibitor is 5-[2-ethoxy-5-(4-ethyl-piperazine-1-sulphonyl)-pyridin-3-yl]-3-ethyl-2-[2-methoxy-ethyl]-2,6-dihydro-pyrazolo[4,3-d]pyrimidin-7-one, or a pharmaceutically acceptable salt thereof, and the muscarinic antagonist is fesoterodine, or
- 5 a pharmaceutically acceptable salt thereof.