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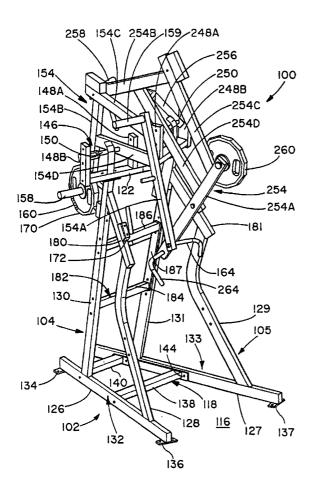
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(54) Title: COMBINATION DECLINE EXERCISE MACHINE



(57) Abstract: A combination decline exercise machine (100) includes a base structure (102) that defines an exercise position (116). A lever (154, 254) is provided on the base structure (102) for pivotal movement about an axis (150, 250). The axis (150, 250) is located between opposite end portions of the lever (154, 254). A handle (164, 264) is associated with the lever (154, 254) so as to be engaged by an exerciser to move the handle (164, 264) about the axis (150, 250) in an upward direction to a raised position and in a downward direction toward to a lowered position. A first connector (159, 259) is provided on one end portion of the lever (154, 254) to apply selectively a first resistance against movement of the handle (154, 264) in the upward direction. A second connector (158, 258) is provided on the opposite end portion of the lever (154, 254) to apply selectively a second resistance against movement of the handle (164, 264) in the downward direction.



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C. DOCUMENTS CONSIDERED TO BE RELEVANT				
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