FORM 2

THE PATENTS ACT, 1970
(39 of 1970)
AND
THE PATENTS RULES, 2003

COMPLETE SPECIFICATION

(See Section 10; rule 13)

TITLE OF THE INVENTION

"BED-MOUNTABLE EXERCISE APPARATUS"

APPLICANT

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The following specification particularly describes
the invention and the manner in which
it is to be performed

We Claim:

1. An exercise bed assembly comprising:

a) a bed comprising a mattress and/or a support frame; and

b) an exercise assembly fitted around the circumference of the mattress and/or the support frame, the exercise assembly comprising a horizontal band having a length at least equal to the circumference of the mattress and/or support frame, respectively.

2. The exercise bed assembly of claim 1, wherein the exercise assembly further comprises a reinforcement piece connected to the horizontal band, wherein in use the reinforcement piece extends from a first connection point on the horizontal band under the mattress to a second connection point opposite the first connection point.

3. The exercise bed assembly of claim 1, wherein the exercise assembly further comprises at least one exercise band connected to the horizontal band.

4. The exercise bed assembly of claim 1, wherein the exercise assembly further comprises at least one exercise loop connected to the horizontal band.

5. The exercise bed assembly of claim 2, wherein the reinforcement piece comprises at least one reinforcement strap.

6. The exercise bed assembly of claim 5, wherein the at least one reinforcement strap further comprises a plurality of adjustment loops, wherein the horizontal band extends through one of the plurality of adjustment loops.

7. The exercise bed assembly of claim 2, wherein the reinforcement piece comprises:

a reinforcement sheet affixed to the horizontal band.

8. The exercise bed assembly of any of claims 1, wherein the horizontal band further comprises fastening means at each end of the horizontal band.

9. The exercise bed assembly of claim 8, wherein the fastening means comprises a catch and a buckle.

10. The exercise bed assembly of claim 1, wherein the exercise assembly further comprises at least one hole within the horizontal band.

11. The exercise assembly of claim 10, wherein the at least one hole comprises a grommet.

12. The exercise bed assembly of claim 1, wherein the horizontal band has a length in use at least equal to the circumference of the mattress and/or support frame, respectively.

13. An exercise assembly comprising:

a) a horizontal band configured to be fitted around the circumference of a bed mattress and/or a bed support frame and having a length at least equal to the circumference of the bed mattress and/or bed support frame, respectively; and

b) one or more features on the band configured to receive an exercise device.

14. The exercise assembly of claim 13, further comprising a reinforcement piece connected to the horizontal band, wherein the reinforcement piece is configured to extend from a first connection point on the horizontal band under a bed mattress or bed support frame to a second connection point opposite the first connection point.

15. The exercise assembly of claim 14, wherein the reinforcement piece comprises at least one reinforcement strap.

16. An exercise kit, comprising in a suitable container:

a) the exercise assembly of claim 15; and

b) one or more exercise devices configured to be attachable to the features on the horizontal band configured to receive an exercise device.

17. The exercise kit of claim 16, wherein the one or more exercise devices comprise at least one exercise band.

18. The exercise assembly of claim 13, wherein the one or more features on the band comprise at least one hole within the horizontal band.

19. The exercise assembly of claim 13, wherein the at least one hole comprises a grommet.

20. The exercise assembly of claim 13, wherein the horizontal band has a length at least equal to the circumference of the bed mattress and/or bed support frame, respectively.

dated this 22 day of April 2014.

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