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(71) Applicant(s)
Phenolics, LLC

(72) Inventor(s)
Tempesta, Michael S., Gourdin, Gerald T., Nichols, Rebecca, Freeberg, Delano R., Bailey, David T., Richheimer, Steven L., Daugherty, F. Joseph

(74) Agent/Attorney
Wrays, Ground Floor 56 Ord Street, West Perth, WA, 6005

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(51) International Patent Classification⁷: A61K 31/7048, (74) Agents: BURTON, Carol, W. et al.; Hogan & Hartson
35/78, 47/00 I.L.P., 1200 17th Street, Suite 1500, Denver, CO 80202 (US).

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(71) Applicant: HAUSER, INC. [US/US]; 4161 Specialty
Place, Longmont, CO 80504 (US).

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(54) Title: EFFICIENT METHOD FOR PRODUCING COMPOSITIONS ENRICHED IN TOTAL PHENOLS

(57) Abstract: This invention provides a process for the preparation of compositions enriched in total phenols from a crude plant extract. The process includes a novel column purification step using a brominated polystyrene resin. This invention also includes compositions enriched in total phenols. The enriched compositions are characterized as containing monomeric, oligomeric and polymeric phenols and having HPLC chromatograms substantially as set forth in Figures 10-13. This invention encompasses methods of using the total phenol-enriched compositions for treating warm-blooded animals, including humans, infected with paramyxoviridae such as respiratory syncytial virus, orthomyxoviridae such as influenza A, B, and C, parainfluenza, Herpes viruses such as HSV-1 and HSV-2, and Flaviviruses such as West Nile Virus, and for treating inflammation such as caused by arthritis, stress and digestive disease.

EFFICIENT METHOD FOR PRODUCING COMPOSITIONS
ENRICHED IN TOTAL PHENOLS

RELATED APPLICATIONS

This application claims priority of U.S. Patent Application Serial No.

5 10/302,264 filed November 22, 2002 and entitled "Efficient Method for
Producing Compositions Enriched in Total Phenols", which contains subject
matter related to U.S. Patent Application Serial No. 09/943,158, filed August
30, 2001, and entitled "Efficient Method for Producing Compositions Enriched
in Anthocyanins," and U.S. Provisional Application No. 60/229,205, filed
10 August 31, 2000, and entitled "Efficient Method for Producing Compositions
Enriched in Anthocyanins," all of which are incorporated herein by this
reference in their entirety.

BACKGROUND OF THE INVENTION

Field of the Invention.

15 The present invention relates to the extraction and purification of
flavonoid compounds from plant material, and more specifically to the
production of compositions enriched in total phenols.

Description of the Prior Art.

20 Flavonoid compounds are present in all aerial parts of plants, with high
concentrations found in the skin, bark, and seeds. Such compounds are also
found in numerous beverages of botanical origin, such as tea, cocoa, and
wine. The flavonoids are a member of a larger family of compounds called
polyphenols. That is, these compounds contain more than one hydroxyl
group (OH) on one or more aromatic rings. The physical and chemical
25 properties, analysis, and biological activities of polyphenols and particularly
flavonoids have been studied for many years.

Anthocyanins are a particular class of naturally occurring flavonoid
30 compounds that are responsible for the red, purple, and blue colors of many
fruits, vegetables, cereal grains, and flowers. For example, the colors of fruits
such as blueberries, bilberries, strawberries, raspberries, boysenberries,
marionberries, cranberries, elderberries, etc. are due to many different

anthocyanins. Over 300 structurally distinct anthocyanins have been identified in nature. Because anthocyanins are naturally occurring, they have attracted much interest for use as colorants for foods and beverages.

Recently, the interest in anthocyanin pigments has intensified because 5 of their possible health benefits as dietary antioxidants. For example, anthocyanin pigments of bilberries (*Vaccinium myrtillus*) have long been used for improving visual acuity and treating circulatory disorders. There is experimental evidence that certain anthocyanins and other flavonoids have anti-inflammatory properties. In addition, there are reports that orally 10 administered anthocyanins are beneficial for treating diabetes and ulcers and may have antiviral and antimicrobial activities. The chemical basis for these desirable properties of flavonoids is believed to be related to their antioxidant capacity. Thus, the antioxidant characteristics associated with berries and other fruits and vegetables have been attributed to their anthocyanin content.

15 Proanthocyanidins, also known as "oligomeric proanthocyanidins," "OPCs," or "procyanidins," are another class of naturally occurring flavonoid compounds widely available in fruits, vegetables, nuts, seeds, flowers, and barks. Proanthocyanidins belong to the category known as condensed tannins. They are the most common type of tannins found in fruits and 20 vegetables, and are present in large quantities in the seeds and skins. In nature, mixtures of different proanthocyanidins are commonly found together, ranging from individual units to complex molecules (oligomers or polymers) of many linked units. The general chemical structure of a polymeric proanthocyanidin comprises linear chains of flavonoid 3-ol units linked 25 together through common C(4)-C(6) and/or C(4)-C(8) bonds. ¹³C NMR has been useful in identifying the structures of polymeric proanthocyanidins, and recent work has elucidated the chemistry of di-, tri-, and tetrameric proanthocyanidins. Larger oligomers of the flavonoid 3-ol units are predominant in most plants and are found with average molecular weights 30 above 2,000 Daltons and containing 6 or more monomer units (Newman, et al., *Mag. Res. Chem.*, 25:118 (1987)).

Considerable recent research has explored the therapeutic applications

of proanthocyanidins, which are primarily known for their antioxidant activity. However, these compounds have also been reported to demonstrate antibacterial, antiviral, anticarcinogenic, anti-inflammatory, anti-allergic, and vasodilatory actions. In addition, they have been found to inhibit lipid peroxidation, platelet aggregation, capillary permeability and fragility, and to affect enzyme systems including phospholipase A2, cyclooxygenase, and lipoxygenase. For example, proanthocyanidin monomers (i.e., anthocyanins) and dimers have been used in the treatment of diseases associated with increased capillary fragility and have also been shown to have anti-inflammatory effects in animals (Beladi, *et al.*, *Ann. N.Y. Acad. Sci.*, 284:358 (1977)). Based on these reported findings, oligomeric proanthocyanidins (OPCs) may be useful components in the treatment of a number of conditions (*Altern. Med. Rev.* 5(2):144-151 (2000)).

Proanthocyanidins may also protect against viruses. In *in vitro* studies, proanthocyanidins from witch hazel (*Hamamelis virginiana*) killed the Herpes simplex 1 (HSV-1) virus (Erdelmeier, C. A., Cinatl, J., *Plant Med.* June: 62(3):241-5 (1996); DeBruyne, T., Pieters, L., *J. Nat. Prod.* Jul: 62(7):954-8 (1999)). Another study was carried out to determine the structure-activity relationships of the antiviral activity of various tannins. It was found that the more condensed the chemical structure, the greater the antiviral effect (Takechi, M., *et al.*, *Phytochemistry*, 24:2245-50 (1985)). In another study, proanthocyanidins were shown to have anti-Herpes simplex activity in which the 50 percent effective doses needed to reduce herpes simplex plaque formation were two to three orders of magnitude less than the 50 percent cytotoxic doses (Fukuchi, K., *et al.*, *Antiviral Res.*, 11:285-298 (1989)).

Cyclooxygenase (COX-1, COX-2) or prostaglandin endoperoxide H synthase (PGHS-1, PGHS-2) enzymes are widely used to measure the anti-inflammatory effects of plant products (Bayer, T., *et al.*, *Phytochemistry*, 28:2373-2378 (1989); and Goda, Y., *et al.*, *Chem. Pharm. Bull.*, 40:2452-2457 (1992)). COX enzymes are the pharmacological target sites for nonsteroidal anti-inflammatory drugs (Humes, J. L., *et al.*, *Proc. Natl. Acad. Sci. U.S.A.*, 78:2053-2056 (1981); and Rome, L. H., *et al.*, *Proc. Natl. Acad. Sci. U.S.A.*,

72:4863-4865 (1975)). Two isozymes of cyclooxygenase involved in prostaglandin synthesis are cyclooxygenase-1 (COX-1) and cyclooxygenase-2 (COX-2) (Hemler, M., et al., *J. Biol. Chem.*, 25:251, 5575-5579 (1976)). It is hypothesized that selective COX-2 inhibitors are mainly responsible for anti-
5 inflammatory activity (Masferrer, J. L., et al., *Proc. Natl. Acad. Sci. U.S.A.*, 91:3228-3232 (1994)). Flavonoids are now being investigated as anti-inflammatory substances, as well as for their structural features for cyclooxygenase (COX) inhibition activity.

Due to the above characteristics and benefits of anthocyanins and
10 proanthocyanidins, much effort has been put forth toward extracting these compounds from fruits, vegetables, and other plant sources. In addition to proanthocyanidins and anthocyanins, plants, fruits, and vegetables also contain other compounds such as mineral salts, common organic acids such as citric or tartaric acid, carbohydrates, flavonoid glycosides and catechins. It
15 is often desirable to separate the anthocyanins and proanthocyanidins from other naturally occurring compounds. Anthocyanins have been extracted from plants and fruits by various procedures. One method of extracting anthocyanins employs the addition of bisulfate to form zwitterionic species. The extract is passed through an ion exchange column which adsorbs the
20 zwitterionic anthocyanin adducts, and the adsorbed anthocyanins are eluted from the resin with acetone, alkali, or dimethylformamide (DMF). Disadvantages of this process include the presence of bisulfate, which
25 interferes with adsorption of anthocyanins, thereby requiring multiple column adsorptions. Elution with alkali degrades the anthocyanins considerably, while DMF is not a recognized food additive and therefore must be completely removed before the anthocyanins can be added to any food products.

In order to capture these flavonoid compounds, well-defined and precise processing and separation techniques are needed. Nafisi-Movaghah, et al. in U.S. Patent No. 5,912,363 describe a method for the extraction and
30 purification of proanthocyanidins from plant material comprising heating an aqueous mixture of plant material, filtering the aqueous solution through an ultrafiltration membrane to remove larger molecular weight polymers and

particulates to produce a permeate containing extracted proanthocyanidins, separating the proanthocyanidins from the liquid by contacting the permeate with an adsorbent material which is capable of releasably retaining the proanthocyanidins, and eluting the retained proanthocyanidins with a polar solvent. However, this method uses a very hot extraction temperature, which can cause degradation of the proanthocyanidins. Further, the ultrafiltration removes some of the low molecular weight polyphenolic material from the final product.

Many processes known in the art for extracting and isolating proanthocyanidins and/or anthocyanins from various plant materials use toxic and/or environmentally hazardous materials. Consequently, the current methods available for isolating and purifying proanthocyanidins are not easily scaled up to an efficient commercial process where disposal considerations of various chemicals and solvents play an important role in the overall feasibility of the process. Further, proanthocyanidins and anthocyanins must be isolated in a manner that minimizes their natural tendency toward degradation.

There is still a need, therefore, for an efficient process for isolating and purifying compositions containing phenolic compounds such as proanthocyanidins for uses in nutraceuticals and pharmaceuticals that is cost-effective, scalable, economically sound, does not require the use of toxic solvents or reagents, and isolates the phenolic compounds from plant material in a manner that minimizes their tendency toward degradation.

SUMMARY OF THE INVENTION

The present invention provides simplified and economic methods for the extraction, isolation, and purification of compositions enriched in total phenols. More specifically, one aspect of this invention provides a method of preparing compositions enriched in total phenols comprising: (a) providing a crude extract of one or more plant materials that contain phenolic compounds, said extract comprising proanthocyanidins, anthocyanins, other small phenolics and non-phenolic compounds; (b) filtering the crude extract; (c) contacting the crude extract with a brominated polystyrene resin which

releasably adsorbs said phenols but does not substantially retain the non-phenolic compounds; (d) washing said resin with a wash eluent to elute said non-phenolic compounds; (e) eluting the resin with a first eluent and collecting a first fraction containing phenols; (f) eluting the resin with a second eluent 5 and collecting a second fraction containing phenols; and (g) isolating the fractions from step (e) or from step (f) or combining said fractions from steps (e) and (f) to obtain a composition enriched in total phenols and substantially depleted of said non-phenolic compounds. This invention further provides total phenol-enriched compositions isolated by the methods of this invention.

10 This invention further provides methods of fractionating the total phenol-enriched compositions to separate polar proanthocyanidins from non-polar proanthocyanidins. This invention further provides compositions enriched in polar proanthocyanidins and compositions enriched in non-polar proanthocyanidins. The polar proanthocyanidins were found to have 15 biological activities that are different than the non-polar proanthocyanidins.

When the total phenol-enriched compositions of this invention are analyzed by reversed-phase HPLC on a C-18 lipophilic column, characteristic sets of elution peaks of compounds absorbing at 280 nm and 510 nm are observed. More specifically, the total phenol-enriched compositions of this 20 invention are characterized as having a characteristic set of elution peaks in the region between 60 and 75 minutes in an HPLC trace substantially as illustrated in Figures 10-13 when the HPLC analysis is performed as described herein.

When the total phenol-enriched compositions of this invention are 25 analyzed by IR spectrometry, characteristic absorption peaks of compounds substantially as shown in Figures 33-40 are observed. The compositions of this invention are useful as nutraceuticals and pharmaceuticals. For example, the compositions of this invention are useful as anti-infective (e.g., antiviral, anti-UTI and antimicrobial) agents and as anti-inflammatory agents.

30 The foregoing and other features, utilities and advantages of the invention will be apparent from the following more particular descriptions of preferred embodiments of the invention and as illustrated in the

accompanying drawings and as particularly pointed out in the appended claims.

In one preferred embodiment, the invention is a method of preparing a composition enriched in total phenols, comprising:

- a) extracting a plant material known to contain phenolic compounds with an extraction solvent without adding bisulfate ions to form a crude extract comprising proanthocyanidins, anthocyanins, and non-phenolic compounds;
- b) filtering said crude extract;
- c) contacting said filtered extract with a brominated polystyrene resin, wherein said resin releasably adsorbs said phenols but does not retain said non-phenolic compounds;
- d) washing said resin with a wash eluent to elute said non-phenolic compounds;
- e) eluting the resin with a second eluent and collecting a first fraction containing phenols;
- f) eluting the resin with a second eluent and collecting a second fraction containing phenols; and
- g) isolating the fraction from step e) or step f) or combining said fractions from step e) or f) to obtain a composition enriched in total phenols, wherein said composition has depleted levels of said non-phenolic compounds.

Preferably, the crude extract is prepared by extracting dried or fresh plant material(s) with an acidified extraction solvent. More preferably, the acidified extraction solvent comprises an aqueous solution having between about 0-95% ethanol and between about 0-3% acid. Preferably, the acid is sulfuric acid, acetic acid or hydrochloric acid. Preferably, the acidified extraction solvent

comprises an aqueous solution having between about 0-100% methanol and between about 0-3% acid. Preferably, the acid is sulfuric acid, acetic acid or hydrochloric acid. Preferably, the wash eluent contains at least 0.003% acid. Preferably, the said acid is acetic acid, hydrochloric acid or sulfuric acid.

Preferably, the wherein said first eluent comprises between about 50 and 70% ethanol in water and 0.003% acid. More preferably, the said acid is acetic acid, hydrochloric acid or sulfuric acid.

Preferably, the second eluent comprises between about 70 to 90% ethanol in water.

Preferably, the composition comprises between about 10 – 80% total phenols. More preferably, the wherein said composition comprises at least 12% total phenols. Preferably, the composition comprises at least 25% total phenols.

Preferably, the plant material is fruits and/or berries. More preferably, the fruits and/or berries are selected from the group consisting of elderberries, blueberries, bilberries, blackberries, strawberries, cranberries, raspberries, plums, red currants, black currants, cherries and grapes.

Preferably, step (a) further comprises adding pectinase to said crude extract. More preferably, the pectinase is present in an amount between about 0 and 0.12% by weight of said plant material.

Preferably, the method further comprises adding an excipient to said composition. Preferably, the excipients are selected from the group consisting of preservatives, carriers, buffering agents, thickening agents, suspending agents, stabilizing agents, wetting agents, emulsifying agents, coloring agents and flavoring agents.

Preferably, the method further comprises:

- a) loading said composition from step e), said composition from step f), or said composition from step g), onto a low pressure vacuum liquid chromatography column packed with a reversed-phase lipophilic resin and collecting fractions that elute during said loading;
- b) eluting said resin with water;

c) combining fractions from steps h) and i) to obtain a first composition enriched in polar proanthocyanidins; and

d) eluting said resin with increasing amounts of a polar organic solvent to obtain a second composition enriched in non-polar proanthocyanidins.

Preferably, the method further comprises further purifying said first composition by reversed-phase preparative HPLC.

Preferably, the method further comprises further purifying said second composition by gel filtration or preparative HPLC.

In a second preferred embodiment, the invention comprises a composition enriched in total phenols prepared without the addition of bisulfate ions from plant material comprising fruits and berries selected from the group comprising blueberries, blackberries, strawberries, cranberries, raspberries, plums, red currants, black currants and cherries, wherein said composition has an enriched total phenol concentration greater than 12.5% and said composition exhibits *in vitro* COX-2 activity enhanced by a factor of at least 2.5 over a standard aspirin dose of 660 µg/ml.

In a third preferred embodiment the invention comprises a composition enriched in total phenols prepared without the addition of bisulfate ions from plant materials comprising fruits and berries selected from the group comprising blueberries, blackberries, strawberries, cranberries, raspberries, plums, red currants, black currants and cherries, wherein said composition has an enriched total phenol concentration greater than 12.5% and said composition exhibits *in vitro* antiviral activity more potent than an ED₅₀ value of 100 µg/ML.

BRIEF DESCRIPTION OF THE DRAWINGS

The accompanying drawings, which are incorporated herein and form a part of the specification, illustrate non-limiting embodiments of the present invention, and together with the description, serve to explain the principles of the invention.

In the Drawings:

Figure 1 is a flow chart of a method for preparing a total phenol-enriched composition according to the method of this invention.

Figure 2 is an HPLC chromatogram at 510 nm of a total phenol-enriched composition ("fraction 3") prepared from bilberries.

Figure 3 is an HPLC chromatogram at 280 nm of a total phenol-enriched composition ("fraction 3") prepared from bilberries.

Figure 4 is an HPLC chromatogram at 510 nm of a total phenol-enriched composition ("fraction 3") prepared from blueberries.

Figure 5 is an HPLC chromatogram at 280 nm of a total phenol-enriched composition ("fraction 3") prepared from blueberries.

Figure 6 is an HPLC chromatogram at 280 nm of a filtered elderberry extract.

Figure 7 is an HPLC chromatogram at 510 nm of a filtered elderberry extract.

Figure 8 is an HPLC chromatogram at 280 nm of a first fraction eluted during column loading of a filtered elderberry extract.

Figure 9 is an HPLC chromatogram at 510 nm of a first fraction eluted during column loading of a filtered elderberry extract.

Figure 10 is an HPLC chromatogram at 280 nm of a third fraction eluted with 70% ethanol during column purification of an elderberry extract on a brominated polystyrene resin.

Figure 11 is an HPLC chromatogram at 510 nm of a third fraction eluted with 70% ethanol during column purification of an elderberry extract on a brominated polystyrene resin.

5 Figure 12 is an HPLC chromatogram at 280 nm of a fourth fraction eluted with 90% ethanol during column purification of an elderberry extract on a brominated polystyrene resin.

Figure 13 is an HPLC chromatogram at 510 nm of a fourth fraction eluted with 90% ethanol during column purification of an elderberry extract on a brominated polystyrene resin.

10 Figure 14 is an HPLC chromatogram using an alternate HPLC method of the proanthocyanidins standard prepared as described in Example 10.

Figure 15 is a flow chart of a method for separating polar proanthocyanidins from non-polar proanthocyanidins.

15 Figure 16 is an HPLC chromatogram at 280 nm of a filtered elderberry extract.

Figure 17 is an HPLC chromatogram at 280 nm of an elderberry polar proanthocyanidin composition ("fraction 5") isolated from the combined flow-through and wash fractions from a VLC C-18 column.

20 Figure 18 is an HPLC chromatogram at 280 nm of an elderberry non-polar proanthocyanidin composition ("fraction 6") isolated in the 60% methanol eluent from a VLC C-18 column.

Figure 19 is an HPLC chromatogram at 280 nm of an elderberry polar proanthocyanidin composition ("fraction 7") isolated after semi-preparative HPLC purification.

25 Figure 20 is a ^{13}C NMR spectrum of an elderberry polar proanthocyanidin composition ("fraction 7") after purification by semi-preparative HPLC.

Figure 21 is an HPLC chromatogram at 280 nm of an elderberry non-polar proanthocyanidin composition ("fraction 6") isolated during VLC 30 chromatography on C-18 media and before purification on a Sephadex LH-20

column, in which the non-proanthocyanidin peaks are marked with an asterisk.

Figure 22 is an HPLC chromatogram at 280 nm of the elderberry non-polar proanthocyanidin composition ("fraction 8") after purification on a 5 Sephadex LH-20 column.

Figure 23 is an HPLC chromatogram at 368 nm of an elderberry non-polar proanthocyanidin composition ("fraction 6") isolated during VLC chromatography on C-18 media and before purification on a Sephadex LH-20 column.

10 Figure 24 is an HPLC chromatogram at 368 nm of an elderberry non-polar proanthocyanidin composition ("fraction 8") after purification on a Sephadex LH-20 column.

15 Figure 25 is a ^{13}C NMR spectrum of an elderberry non-polar proanthocyanidin composition ("fraction 8") after purification on a Sephadex LH-20 column.

Figure 26 is an HPLC chromatogram at 280 nm of a blueberry polar proanthocyanidin composition ("fraction 5") isolated during VLC chromatography on C-18 media and before semi-preparative HPLC purification.

20 Figure 27 is an HPLC chromatogram at 280 nm of a blueberry polar proanthocyanidin composition ("fraction 7") after purification by semi-preparative HPLC.

25 Figure 28 is an HPLC chromatogram at 280 nm of a blueberry non-polar proanthocyanidin composition ("fraction 6") isolated during VLC chromatography on C-18 media and before semi-preparative HPLC purification.

Figure 29 is an HPLC chromatogram at 280 nm of a blueberry non-polar proanthocyanidin composition ("fraction 8") after purification by semi-preparative HPLC.

30 Figure 30 is an HPLC chromatogram at 280 nm of a plum polar

proanthocyanidin composition ("fraction 5") isolated during VLC chromatography on C-18 media and before semi-preparative HPLC purification.

Figure 31 is an HPLC chromatogram at 280 nm of a plum polar 5 proanthocyanidin composition ("fraction 7") after purification by semi-preparative HPLC.

Figure 32 is an HPLC chromatogram at 280 nm of a plum non-polar proanthocyanidin composition ("fraction 6") isolated during the 40% and 70% methanol elution from a VLC C-18 column.

10 Figure 33 is an IR spectrum of a purified elderberry polar proanthocyanidin composition ("fraction 7").

Figure 34 is an IR spectrum of a purified elderberry non-polar proanthocyanidin composition ("fraction 8").

15 Figure 35 is an IR spectrum of a purified cranberry non-polar proanthocyanidin composition ("fraction 8").

Figure 36 is an IR spectrum of a purified cranberry polar proanthocyanidin composition ("fraction 7").

Figure 37 is an IR spectrum of a purified blueberry polar proanthocyanidin composition ("fraction 7").

20 Figure 38 is an IR spectrum of a purified blueberry non-polar proanthocyanidin composition ("fraction 8").

Figure 39 is an IR spectrum of a purified plum polar proanthocyanidin composition ("fraction 7").

25 Figure 40 is an IR spectrum of a purified plum non-polar proanthocyanidin composition ("fraction 6").

Figure 41 is an HPLC chromatogram at 280 nm of a cranberry polar proanthocyanidin composition ("fraction 5") before semi-preparative HPLC purification.

Figure 42 is an HPLC chromatogram at 280 nm of a cranberry polar

proanthocyanidin composition ("fraction 7") after semi-preparative HPLC purification.

Figure 43 is an HPLC chromatogram at 280 nm of a cranberry non-polar proanthocyanidin composition ("fraction 6").

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DETAILED DESCRIPTION OF THE INVENTION

This invention provides methods for preparing compositions enriched in total phenols from plant materials that naturally contain phenolic compounds such as anthocyanins and proanthocyanidins. The method of this invention further provides compositions enriched in total phenols.

10 As used herein, the term "extract" refers to a substance derived from a plant source that naturally contains phenolic compounds, including extracts prepared from the whole plant or from various parts of the plant, such as the fruits, leaves, stems, roots, bark, etc. Thus, the method of this invention is not limited to the particular part of the plant used to prepare the extract. The 15 present method can use any source of anthocyanins and proanthocyanidins, most typically from botanically derived plant material such as seeds, fruits, skins, vegetables, nuts, tree barks, and other plant materials that contain phenolic compounds. Most colored fruits, berries, and vegetables are known to contain phenolic compounds. Examples of plants, fruits, berries, and 20 vegetables that contain phenolic compounds include, but are not limited to, blueberries, bilberries, elderberries, plums, blackberries, strawberries, red currants, black currants, cranberries, cherries, raspberries, grapes, currants, hibiscus flowers, bell peppers, beans, peas, red cabbage, purple corn, and violet sweet potatoes. The raw plant material may be used either as is (wet) 25 or may be dried prior to extraction. Optionally, the raw plant material may be presorted by separating and removing the components low in anthocyanins and proanthocyanidins prior to extraction.

In one embodiment, the phenolic-enriched compositions of the present invention are obtained by extracting and purifying one or more berries and/or 30 fruits containing phenolic compounds including, but not limited to, blueberries, bilberries, elderberries, plums, blackberries, strawberries, red currants, black

currants, cranberries, cherries, raspberries, and grapes.

As used herein, the terms "phenols" and "phenolic compounds" are used interchangeably and include monomeric, oligomeric and polymeric compounds having one or more phenolic groups, and include, but are not limited to, anthocyanins, proanthocyanidins, and flavonoids.

As used herein, the term "total phenol-enriched composition" refers to a composition enriched in one or more phenolic compounds and having substantially depleted levels of non-phenolic compounds present in crude extracts of plants, fruits, berries, and vegetables. Examples of such non-phenolic compounds include, but are not limited to, sugars, cellulose, pectin, amino acids, proteins, nucleic acids, plant sterols, fatty acids, and triglycerides.

The method of this invention is based on the discovery that purifying an extract containing phenols on a brominated polystyrene resin rather than on a conventional polystyrene resin or other resins used in the art provides total phenol-enriched compositions having higher purities, as discussed below in detail.

Figure 1 is a flowchart showing the steps of one embodiment of the process of this invention in which a composition enriched in total phenols may be prepared. The process of this invention provides an economical and efficient method of obtaining compositions enriched in total phenols by eliminating several process steps and by reducing the amount of reagents needed in the process, thereby reducing production costs and waste disposal issues.

In one embodiment of the process of this invention, as illustrated in steps 10-70 in Figure 1, phenolic compounds (e.g., proanthocyanidins and anthocyanins) and non-phenolic compounds are extracted from a fresh or dried plant material (step 10). Those skilled in the art will recognize that a variety of extraction methods are available in the literature, such as vat extraction, percolation, countercurrent extraction, etc. The particular method of extraction employed is not essential to the process of the present invention.

The degree of comminution of the plant material prior to the extraction process should provide sufficient particulate surface area for the extraction solvent to contact.

In one embodiment of the process shown in Figure 1, the extraction 5 step (step 10) is accomplished by placing fresh or dried plant material in an appropriate amount of extraction solvent. In one embodiment, the extraction solvent comprises an acidified alcohol solution having about 0-95% ethanol in water and a suitable acid in an amount of about 0-3%, more preferably about 0.006-0.012% by weight. In another embodiment, the extraction solvent 10 comprises an acidified alcohol solution having between about 0-100% methanol in water and between about 0-3% by weight of a suitable acid. Suitable acids that may be used in the extraction step include, but are not limited to, sulfuric acid (H_2SO_4), acetic acid ($HOAc$) or hydrochloric acid (HCl). The addition of an acid to the extraction solvent prevents degradation of the 15 proanthocyanidins and anthocyanins. Thus, in one embodiment the acidic conditions are maintained throughout most of the steps of the process of this invention as illustrated in Figure 1. The plant material is contacted with the extraction solution for an appropriate amount of time at a temperature between about room temperature and 75°C, preferably at 40°C, to form the 20 crude extract. The amount of plant material to extraction solvent used in the extraction process varies between about 2:1 to about 1:20 on a gram to milliliter basis. In one embodiment, the ratio of plant material to extraction solvent is between about 1:4 and 1:8.

The crude extract contains phenolic compounds such as 25 proanthocyanidins, anthocyanins and other phenolics, as well as undesired non-phenolic materials such as sugars, pectin, plant sterols, fatty acids, triglycerides, and other compounds. Solid residue contained in the crude extract is separated from the liquid portion, and the solids are either re-extracted as described above or discarded.

30 In one embodiment of step 10 (Figure 1), pectinase is added either to the plant material or to the extraction solvent before or during the extraction process. Alternatively, the pectinase can be added to the crude extract after

the extraction process is complete. The pectinase serves to prevent the extract from gelling at any point during or after the extraction process so that it will remain flowable during the column purification. The amount of pectinase added will depend, of course, on the amount of plant material used to prepare 5 the extract. Typically, the pectinase is added in an amount between about 0 and 0.12% by weight of the plant material.

With continued reference to Figure 1, if either an ethanolic or methanolic extraction solvent was used to prepare the crude extract in step 10, the crude extract is concentrated (step 20) until the crude extract contains 10 less than 6% ethanol or methanol, preferably maintaining a temperature of 40°C or less during concentration. Water is added to dilute the concentrated crude extract, and the diluted crude extract is either concentrated and diluted again with water prior to step 30, or is carried on directly to step 30 without performing a second dilution. Of course, if water was used as the extraction 15 solution in the preparation of the crude extract, step 20 is not necessary, and in this case the crude extract from step 10 is taken directly on to step 30 as shown by the dashed arrow in Figure 1.

Step 30 of the process shown in Figure 1 comprises filtering the crude extract from step 10 or 20 to remove solids that may have precipitated from 20 the crude extract. The inventors discovered that by adjusting the extraction conditions as described for step 10, the amount of undesirable non-phenolic compounds that precipitate from the crude extract by filtration in step 30 is increased. Various filtration methods may be employed in filtration step 30 of the process of this invention. One filtration method that may be employed in 25 step 30 comprises adding a measured amount of a filter aid such as diatomaceous earth or cellulose to the crude extract. The mixture of crude extract and filter aid is preferably shaken or stirred until homogeneous and filtered through a bed of filter aid. The bed is washed with an aqueous acidic solution, preferably about 0.006% aqueous sulfuric acid.

30 Other filtration methods that may be used in step 30 of Figure 1 include filtering the crude extract through a bed of sand or a 30 micron polypropylene filter that is preferably covered with glass wool. Yet another filtration method

comprises using a bag filter (a bag-shaped cloth filter composed of polyethylene or polypropylene), which may advantageously be placed in-line with the purification column of step 40 described below. The filters described above are used to remove precipitated solids and are not size exclusion filters.

5 To isolate the phenolic compounds according to the method shown in Figure 1, the filtered extract isolated in step 30 is contacted with a brominated polystyrene adsorbent material capable of releasably adsorbing the phenolic compounds such as proanthocyanidins and anthocyanins, but which retains less of the undesired non-phenolic materials that were present in the filtered
10 extract. The present inventors discovered that a high purity composition enriched in total phenols could be obtained by purifying the filtered extract isolated in step 30 on a brominated polystyrene resin, such as SP-207 (Supelco; Bellafonte, PA), manufactured by Mitsubishi Chemical America. SP-207 resin is a macroporous, brominated styrenic polymeric bead type
15 resin designed for reversed-phase chromatographic applications, and has a particle size distribution between about 250-600 microns and a pore size range between about 100-300 Angstroms. The bromination of the aromatic rings provides increased hydrophobicity to the polystyrene resin, and is designed to provide a resin having increased selectivity for hydrophobic
20 molecules relative to conventional styrene-divinylbenzene polymeric reversed-phase supports. Because of its tight binding properties, brominated polystyrene resin is not typically used in the purification of natural products.

Thus, since it was known that conventional polystyrene resins tend to bind phenolic compounds such as proanthocyanidins and anthocyanins so
25 tightly that it is very difficult to elute such compounds from the polystyrene resin, it was expected that the brominated polystyrene resin would bind phenolic compounds even tighter. Therefore, it was not expected that a brominated polystyrene resin would be suitable for the purification of phenolic compounds. However, the inventors surprisingly and unexpectedly
30 discovered that the brominated polystyrene resin binds phenolic compounds such as proanthocyanidins and anthocyanins less tightly than non-brominated polystyrene resins, but still allows for the separation of phenolic compounds

from undesired non-phenolic compounds.

In one embodiment of the method shown in Figure 1, the filtered extract isolated in step 30 is loaded onto a column packed with brominated polystyrene resin having a particle size distribution between about 250-600 5 microns and a pore size range between about 100-300 Angstroms (step 40). However, while step 40 is described herein in terms of contacting the extract with a resin packed into a column, such a description is merely for ease of explanation. Thus, the resin need not be packed into a column in order to perform the method of this invention. The amount of filtered extract that is 10 loaded onto the column depends on the plant material used to prepare the crude extract. For example, when the crude extract is prepared from bilberries, about 16-30 grams of total phenols may be loaded per liter of resin. As another example, when the crude extract is prepared from blueberries, about 15-45 grams of total phenols may be loaded per liter of resin. When the 15 crude extract is prepared from elderberries, about 15-40 grams of total phenols may be loaded per liter of resin. The filtered extract may be diluted with water prior to loading if the solids concentration in the concentrated crude extract exceeds 200 grams per liter. The fractions eluting during column loading in step 40 (Figure 1) are collected as "fraction 1."

20 Subsequent to loading the filtered crude extract onto the resin, undesired non-phenolic materials (e.g., sugars, salts, organic acids, etc.) which have little or no affinity for the adsorbent are eluted from the resin with an aqueous wash solvent comprising at least 0.003% acid such as aqueous sulfuric acid, aqueous acetic acid or aqueous hydrochloric acid (Figure 1, step 25 50). For example, about three column volumes of 0.006% aqueous sulfuric acid or 0.1% aqueous acetic acid can be used to elute the extraneous materials. The eluent is collected as "fraction 2."

With continued reference to Figure 1, the column is next eluted with a 30 first eluent comprising a polar organic solvent such as about 50 to 70% ethanol/water or about 50 to 90% methanol/water (step 60). Typically about 2 to 12 column volumes of eluting solvent are used in Step 60. In one embodiment, the first eluent contains about 0.003% of an acid such as sulfuric

acid, hydrochloric acid or acetic acid. The fraction(s) collected during elution step 60 are collected as "fraction 3." "Fraction 3" contains a portion of the phenolic compounds contained in the crude extract and is particularly enriched in anthocyanins and contains proanthocyanidins.

5 After the majority of the anthocyanins have been eluted from the column, as determined by UV-VIS spectroscopy, the column is eluted with a second eluent (step 70; Figure 1) comprising a polar organic solvent comprising a greater percentage of ethanol or methanol than the solvent used to elute the anthocyanins (step 60). For example, the second eluent may 10 comprise about 50 to 90% ethanol/water or about 75 to 100% methanol/water. The fraction(s) collected during elution step 70 are collected as "fraction 4." "Fraction 4" contains an additional portion of the phenolic compounds originally contained in the crude extract and is typically enriched in proanthocyanidins. "Fraction 4" may also contain anthocyanins not isolated 15 during elution step 60.

Recovery of the phenolic compounds in "fraction 3" and "fraction 4" can be accomplished in any convenient manner such as by evaporation, distillation, freeze-drying, and the like, to provide a total phenol-enriched composition of this invention.

20 The above-described process is suitable for preparing compositions sufficiently enriched in total phenols for use as nutraceuticals from a variety of plant materials that contain phenolic compounds including, but not limited to, elderberries, plums, blueberries, bilberries, blackberries, strawberries, red currants, black currants, cranberries, cherries, raspberries, grapes, hibiscus 25 flowers, bell peppers, beans, peas, red cabbage, purple corn, and violet sweet potatoes. In one embodiment, the enriched compositions of this invention contain at least 10-80% total phenols. In another embodiment, the compositions contain at least 12% total phenols. In yet another embodiment, the compositions contain at least 25% total phenols.

30 It was discovered that the total phenol-enriched compositions, and in particular the compositions isolated from "fraction 3," "fraction 4," or a combination thereof, prepared from fruits and berries in particular produce

similar HPLC chromatograms having the characteristic peaks such as those shown in Figures 12 and 13 that are not contained in HPLC chromatograms of compositions prepared from plant material other than fruits and berries. For example, the HPLC chromatograms of all total phenol-enriched compositions 5 prepared from fruits and berries according to the method illustrated in Figure 1 and isolated from "fraction 4" were found to contain characteristic peaks between 60 and 75 minutes similar to peaks in the chromatogram shown in Figures 12 and 13 for a "fraction 4" composition isolated from elderberries. The total phenol-enriched compositions of this invention, isolated either from 10 "fraction 3," "fraction 4," or a combination thereof, and prepared specifically from fruits and berries have anti-infective (e.g., antiviral) and anti-inflammatory activity, as described below in detail.

When the total phenol-enriched compositions of this invention are analyzed by IR spectrometry, characteristic peaks from the phenolic 15 compounds are also observed. More specifically, the total phenol-enriched compositions of this invention are characterized as having IR absorption peaks substantially as illustrated in Figures 33-40.

It was also discovered that the total phenol-enriched compositions (e.g., "fraction 3," "fraction 4," or a combination thereof) could be further 20 partitioned into a "polar" proanthocyanidin-enriched fraction and a "non-polar" proanthocyanidin-enriched fraction using low pressure Vacuum Liquid Chromatography (VLC) on a reversed-phase lipophilic column, such as a C-18 column as described in detail in Example 11 and as shown in Figure 15. For example, a "fraction 3" composition isolated from an elderberry extract 25 was dissolved in water and loaded onto a C-18 column. The column was washed with 100% water to collect materials that are not strongly retained by the C-18 media. The flow through and wash fractions were combined as "fraction 5" and contained the more polar proanthocyanidins. Thus, "fraction 5" is referred to herein as the "polar" proanthocyanidin-enriched fraction 30 (Figure 15). The polar proanthocyanidin-enriched "fraction 5" from elderberry typically has some purple color, suggesting that the polymers in this fraction contain at least one or more cationic anthocyanidin subunits within the

oligomeric proanthocyanidin chains. The VLC column was then eluted with 30 to 100% methanol to collect the proanthocyanidins that are more strongly retained by the C-18 media used in the low-pressure column. The methanol fractions were combined as "fraction 6" and contained proanthocyanidins that

5 are less polar than those collected in "fraction 5." Thus, "fraction 6" is referred to herein as the "non-polar" proanthocyanidin-enriched fraction (Figure 15). The non-polar proanthocyanidin-enriched "fraction 6" has little if any color, suggesting that the oligomeric proanthocyanidin chains in this fraction do not contain cationic anthocyanidin subunits.

10 Thus, the present invention provides a method of conveniently separating the polar proanthocyanidins from the non-polar proanthocyanidins contained in either "fraction 3," "fraction 4," or a combination thereof. It was also found that a polar proanthocyanidin-enriched "fraction 5" and non-polar proanthocyanidin-enriched "fraction 6" could be isolated directly by loading a

15 crude filtered aqueous extract (Figure 1, step 30) onto a C-18 VLC column. It is to be understood that the terms "polar" and "non-polar" when used to describe the isolated proanthocyanidin-enriched fractions 5 and 6, respectively, refer to the polarity of the proanthocyanidins in fractions 5 and 6 relative to one another, that is, how the particular fractions behave on a C-18

20 VLC column. The polar proanthocyanidin-enriched compositions (fraction 5) and the non-polar proanthocyanidin-enriched compositions ("fraction 6") of this invention have substantially reduced levels of anthocyanins, as discussed in the Examples.

The polar and non-polar proanthocyanidin-enriched fractions ("fraction 5" and "fraction 6," respectively) were found to have different biological activities, and the non-polar fraction was found to have greater antiviral activity than the polar fraction in certain assays as described in Example 17.

Each of the polar and non-polar proanthocyanidin-enriched fractions 5 and 6, respectively, can be purified further as shown in Figure 15 and as

30 described in Examples 12-14. For example, the polar proanthocyanidin-enriched "fraction 5" isolated during the VLC separation can be loaded onto a semi-preparative C-18 HPLC column that releasably retains the polar

proanthocyanidins. The column is then washed with a solvent gradient comprising increasing percentages of acetonitrile, methanol or ethanol to elute most of the anthocyanins and other polar compounds, and then with at least 60% acetonitrile, methanol or ethanol to elute "fraction 7" containing the

5 purified polar proanthocyanidins (Figure 15). Additionally, the non-polar proanthocyanidin-enriched "fraction 6" isolated during the VLC separation can be further purified by gel filtration or reversed-phase semi-preparative HPLC. Gel filtration, also called size exclusion or gel permeation chromatography, is a liquid chromatography technique that separates molecules according to

10 their size. This type of media retains smaller compounds, while the larger non-polar proanthocyanidin-enriched "fraction 8" (Figure 15) elute with the flow-through eluent. The purified polar and non-polar proanthocyanidin-enriched fractions 7 and 8, respectively, of this invention have substantially reduced levels of anthocyanins and flavonoids, and also have substantially

15 reduced levels of non-phenolic compounds. It was further observed that the purified polar and non-polar proanthocyanidin-enriched "fraction 7" and "fraction 8", respectively, have different biological activities.

The total phenol-enriched compositions ("fraction 3," "fraction 4," or a combination thereof), polar proanthocyanidin-enriched compositions (fractions 20 5 and 7), and non-polar proanthocyanidin-enriched compositions (fractions 6 and 8) of this invention possess a range of biological activities. For example, the compositions of this invention were found to have antiviral activities, as described in Examples 15 and 16. The compositions of this invention can be used either alone or in combination with other antiviral agents to prevent

25 and/or treat diseases induced by or complicated with viral infections from viruses including, but not limited to, influenza A, B, and C, parainfluenza virus, adenovirus type 1, Punta Toro Virus A, Herpes simplex virus I and II, rhinovirus, West Nile virus, Varicella-zoster virus and measles virus. Accordingly, the total phenol-enriched compositions, polar proanthocyanidin-

30 enriched compositions, and non-polar proanthocyanidin-enriched compositions of this invention can be advantageously used in prophylactic and therapeutic applications against diseases induced by such viruses by administering a therapeutically effective amount of a composition of this invention.

Proanthocyanidins have also been investigated as anti-inflammatory substances due to their inhibition of cyclooxygenase (COX) activity. It has been shown that it is desirable for anti-inflammatory substances to be selective for COX-2 inhibition rather than COX-1 inhibition. Accordingly, 5 another aspect of this invention comprises a method of treating inflammatory diseases in mammals comprising administering a therapeutically effective amount of a total phenol-enriched composition, polar proanthocyanidin-enriched composition, or a non-polar proanthocyanidin-enriched composition of this invention. For example, total phenol-enriched compositions isolated as 10 fractions 3 and 4 during purification of a blueberry extract were found to have high COX-2/COX-1 inhibition selectivity and an IC₅₀ of 108 µg/mL (Example 17). The compositions of this invention can be used either alone or in combination with other anti-inflammatory agents to prevent or inhibit 15 inflammatory responses. Such responses may be caused by conditions or diseases including, but not limited to, osteoarthritis, allergic rhinitis, cardiovascular disease, upper respiratory diseases, wound infections, neuritis and hepatitis.

It is known that proanthocyanidins isolated from cranberries and blueberries inhibit bacteria from attaching to the bladder wall, thereby 20 reducing the potential for maladies such as urinary tract infections (Howell, et al., *New England J. Medicine*, 339:1085-1086 (1998)). It has been postulated that proanthocyanidins exert their effect by inhibiting the adhesion of bacteria. Accordingly, another aspect of this invention comprises a method of preventing or treating urogenital infections in a mammal comprising 25 administering an effective amount of a total phenol-enriched composition, polar proanthocyanidin-enriched composition, or a non-polar proanthocyanidin-enriched composition of this invention in an amount sufficient to prevent, reduce, or eliminate the symptoms associated with such infections. The compositions of this invention can be used either alone or in 30 combination with other antimicrobial agents.

It is further known that proanthocyanidins are potent antioxidants. For example, the antioxidant effects of proanthocyanidins are presumed to

account for many of their benefits on the cardiovascular and immune systems. Accordingly, the total phenol-enriched compositions, polar proanthocyanidin-enriched compositions, and non-polar proanthocyanidin-enriched compositions of this invention may be used as dietary supplements (e.g., 5 dietary antioxidants) and for the treatment of disorders in humans and mammals. For example, the compositions of this invention may be used for improving visual acuity and for treating circulatory disorders, diabetes, and ulcers.

The total phenol-enriched compositions, polar proanthocyanidin-enriched compositions, and non-polar proanthocyanidin-enriched compositions of this invention can also be combined with immunoactive agents, including but not limited to, arabinogalactan, species of Echinacea, 10 vitamins, minerals, polysaccharides and astragalus.

The total phenol-enriched compositions, polar proanthocyanidin-enriched compositions, and non-polar proanthocyanidin-enriched compositions of this invention can also be combined with antimutagenic agents including, but not limited to, green tea extracts, catechins, 15 epicatechins, epigallocatechins, gallicatechins, and flavonoids.

The total phenol-enriched compositions, polar proanthocyanidin-enriched compositions, and non-polar proanthocyanidin-enriched compositions of this invention may be formulated as pills, capsules, liquids, or tinctures. In formulating compositions according to this invention, a wide range of excipients may be used, the nature of which will depend, of course, 20 on the intended mode of application of the composition. Examples of excipients include preservatives, carriers, and buffering, thickening, suspending, stabilizing, wetting, emulsifying, coloring and flavoring agents, and in particular carboxy vinyl polymers, propylene glycol, ethyl alcohol, 25 water, cetyl alcohol, saturated vegetable triglycerides, fatty acid esters or propylene glycol, triethanolamine, glycerol, starch, sorbitol, carboxymethyl cellulose, lauryl sulphate, dicalcium phosphate, lecithin, etc.

The foregoing description is considered as illustrative only of the principles of the invention. Further, since numerous modifications and

changes will readily occur to those skilled in the art, it is not desired to limit the invention to the exact construction and process shown as described above. Accordingly, all suitable modifications and equivalents may be resorted to falling within the scope of the invention as defined by the claims that follow.

5 The words "comprise," "comprising," "include," "including," and "includes" when used in this specification and in the following claims are intended to specify the presence of stated features, integers, components, or steps, but they do not preclude the presence or addition of one or more other features, integers, components, steps, or groups thereof.

10

EXAMPLES

Example 1

Purification of bilberry using a water extraction

Three extractions were performed on 1 kg of dried bilberry raw material. The first extraction used 6 L of water and the other two extractions 15 used 4 L of water. All extractions were acidified with concentrated sulfuric acid to an acid concentration of 5 g/L. There was approximately an 88% recovery of anthocyanins into the crude extract. Exactly 2.3 L of the crude extract were filtered through a 30 micron polypropylene filter with a layer of glass wool over the filter. The glass wool was changed once and the filter 20 rinsed with deionized water. The final volume of the filtrate was 2.43 L with a 90.9% recovery of anthocyanins in the filtrate.

A column was packed with brominated polystyrene resin SP-207 (Supelco; Bellefonte, PA) and equilibrated with 0.1% acetic acid. The column 25 was loaded with 2.24 L of the filtrate at a solids concentration of 29.8 g/L using a flow rate of 2.2 mL/min. The loading bleed was less than 0.9% of the loaded anthocyanins with an overall loss of 4.07% of the anthocyanins in the loading and first two column washes. There was an 88.4% recovery of the anthocyanins in the elution step and an anthocyanins mass balance of 92.5%. A few hundred milliliters of elution product were evaporated to dryness on a 30 rotary evaporator and then lyophilized. Final assay of the dried product was by standard spectrophotometric determination of absorbance at 535 nm

against a delphinidin chloride standard (102 absorbance units/g/L at 1.0 cm). The enriched composition contained 43% total anthocyanins by weight.

Example 2

Purification of bilberry using a 70% ethanol extraction

5 Dried bilberry raw material (667 g), assayed at 2.0% anthocyanins, was extracted by percolation using 70% ethanol/water containing 3% sulfuric acid by volume. The solids in the crude extract contained 3.9% by weight total anthocyanins. One liter of the first extraction volume was mixed with 100 mL deionized water and evaporated *in vacuo* to about 460 mL to remove the
10 alcohol. Deionized water (300 mL) was added to the mixture, and an additional 170 mL of liquid were evaporated. Deionized water (210 mL) was added to make the final volume 800 mL. To the aqueous mixture was added 150 g of Celite 512 (0.5 to 0.9 g of Celite per gram of solids). The mixture was shaken until homogeneous. The Celite/extract mixture was poured over
15 a 30 g bed of damp Celite 512 under vacuum. Upon completion of filtration, the bed was washed with 1.20 L of 1% aqueous sulfuric acid in 200 mL increments. The filtrate volume was 1855 mL. To the filtrate was added 145 mL of deionized water to give a final volume of 2.0 L.

20 A portion of the filtrate (695 mL) was loaded at 2.2 mL/minute (1.3 mL/min/cm²) onto a column loaded with 170 mL brominated polystyrene resin (SP-207). This gave a load value of 17 g of anthocyanins per liter of column media. The column was washed with one column volume of 0.1% aqueous acetic acid followed by 2.5 column volumes of 0.1% HOAc/10% ethanol/90% water. The column was then eluted with 10 column volumes of 70%
25 ethanol/water, and the 70% ethanol fractions were combined and concentrated *in vacuo* at 60° C and 50 mbar to provide a dark, dry, shiny amorphous solid ("fraction 3"). Final assay of the dried product was by standard spectrophotometric determination of absorbance at 535 nm against a delphinidin chloride standard (102 absorbance units/g/L at 1.0 cm). The
30 enriched composition contained 32% total anthocyanins by weight.

Figures 2 and 3 are HPLC chromatograms at 510 nm and 280 nm, respectively, of a total phenol-enriched composition ("fraction 3") prepared

from bilberries according to the process of this invention.

Table 1 summarizes the percent of each anthocyanin in a typical anthocyanin-enriched composition ("fraction 3").

TABLE 1

5 Identification and content of each anthocyanin present in a bilberry "fraction 3"

Name	Elution order	% composition
Delphinidin-3-O-galactoside	1	3.3
Delphinidin-3-O-glucoside	2	3.9
Cyanidin-3-O-galactoside	3	2.1
Delphinidin-3-O-arabinoside	4	2.6
Cyanidin-3-O-glucoside	5	2.8
Petunidin-3-O-galactoside	6	1.0
Petunidin-3-O-glucoside	7	2.5
Cyanidin-3-O-arabinoside	8	1.7
Peonidin-3-O-galactoside	9	0.3
Petunidin-3-O-arabinoside	10	0.8
Malvidin-3-O-galactoside		
Peonidin-3-O-glucoside (co-elute)	11	2.1
Malvidin-3-O-glucoside	12	2.5
Peonidin-3-O-arabinose	13	0.1
Malvidin-3-O-arabinose	14	0.6
Total		26.3

Example 3

Total phenol-enriched compositions from blueberries

To 940 g of dried and ground blueberry (Van Drunen FutureCeuticals; 10 Momence, IL) were added 4.0 liters of extraction solvent (1.0% w/v sulfuric acid in 70% ethanol) in a 10 L round bottom flask. The flask was rotated in a constant temperature water bath held at 40° C for two hours. The mixture was swirled and filtered through a 150 g bed of Celite 512 under vacuum. The blueberry biomass cake was washed with 500 mL of extraction solvent. 15 The cake was carefully scraped away from the Celite bed, poured into a round bottom flask, and re-extracted following the above-described procedure. A third extraction was then performed. The three crude extracts were combined.

A portion of the combined extracts (2.00 L) was concentrated *in vacuo*

to 175 mL at a water bath temperature of 40° C. The evaporated extract was diluted with deionized water to give 675 mL of crude blueberry extract. The crude extract was loaded without filtration onto a previously conditioned (i.e., washed with acetone) and equilibrated column loaded with 170 mL of 5 brominated polystyrene resin (SP-207). The column was washed with 0.1% acetic acid and with 0.1% HOAc/10% ethanol. The anthocyanins were eluted with 70% ethanol. The product pool was evaporated *in vacuo* at 60° C and 50 mbar. Final product assay was by standard spectrophotometric determination of absorbance at 535 nm against a delphinidin chloride standard (102 10 absorbance units/g/L at 1.0 cm). The purified blueberry composition ("fraction 3") contained 18% total anthocyanins by weight, with an overall recovery of anthocyanins of 95%.

Figures 4 and 5 are HPLC chromatograms at 510 nm and 280 nm, respectively, of a total phenol-enriched composition ("fraction 3") prepared 15 from blueberries according to the method of this invention.

Example 4

Higher purity total phenol-enriched composition from blueberries

In this example, a portion of a total phenol-enriched composition prepared from blueberries and having 18% total anthocyanins by weight, 20 prepared as described in Example 3, was passed through either a strong or a weak anion exchange resin to remove residual acids in order to increase the purity of the enriched composition.

Approximately 1.0 g of the total phenol-enriched blueberry composition was dissolved in 50 mL of water and passed through a 9 mL column containing 25 either a strong anion exchange resin (Super Q-650 M; TosoHaas; Montgomery, PA) or a weak anion exchange resin (DEM-63; Whatman). The column was washed with 30-35 mL of water. In the case of the strong anion exchange resin column, the resin was further washed with 25 mL of 20% ethanol, followed by 40% ethanol. The composition isolated from the strong 30 anion exchange column contained 28.3% total anthocyanins by weight, and the recovery was 88%. The composition isolated from the weak anion exchange column contained 30.6% total anthocyanins by weight, and the

recovery was 88%.

Example 5

Total phenol-enriched compositions from bilberry using pectinase treatment

Warm water (548 g) was added to 1024 g of frozen bilberries. The
5 mixture was pureed in a blender and then heated to 40° C. Next, 150 μ L of
pectinase (Quest Super 7x; Quest International, Norwich, N.Y.) were added
for a 30 minute treatment at 40° C with stirring. Approximately 4 mL of
concentrated sulfuric acid were added to the slurry to achieve an acid
concentration of 0.5% (w/w). The mixture was then heated to 45° C and
10 extracted for 15 minutes with very slow stirring. Dicalite (164 g) was added to
the extracted mixture, which was then filtered over a 26 g Dicalite bed. The
resulting cake was washed three times with 400 mL of warm 0.1% aqueous
sulfuric acid. This extract was filtered through a 25 μ m pressure filter. All of
the filtered extract (2.4 L) was loaded onto a 170 mL SP-207 column. After
15 loading, the column was washed with 0.1% aqueous acetic acid and eluted
with 70% aqueous ethanol to provide "fraction 3". "Fraction 3" was
evaporated to dryness and then placed on a lyophilizer for 48 hours. The final
product was assayed for total anthocyanins by standard spectrophotometric
determination of absorbance at 535 nm. The total phenol-enriched
20 composition contained 40% total anthocyanins by weight. The overall
recovery of anthocyanins was approximately 79%.

Example 6

Enriched compositions from elderberry biomass powder

Approximately 190 g of dried elderberry biomass powder (BI)
25 Nutraceuticals, Long Beach, CA) assayed at 1.88% anthocyanins and 5.31 %
total phenols were added to 1000 g of warm water. The solution was mixed
thoroughly and transferred to a hot water bath at 45° C. To the solution was
added 190 μ L of pectinase (Super 7X, Quest), and then the mixture was
allowed to sit for 30 minutes. The mixture was acidified to a pH of 2.5 using
30 2.5 mL of concentrated H₂SO₄ and gently mixed for ten minutes. To this
acidified mixture was added 164 g of Celite, and then the acidified mixture
was filtered over a 26 g Celite bed. The filter cake was washed three times

with 400 mL of acidified warm water, for a total of 1200 mL. The filtrate was then filtered through a 25 μ m pressure filter to provide an elderberry extract.

The elderberry extract was loaded onto 170 mL of SP-207 (Mitsubishi Chemical) brominated polystyrene column at a rate of 2.3 mL/min (1.3 mL/min/cm²). The eluent collected off the column during loading was collected as "fraction 1." After loading, the column was washed with 3 column volumes (3 x 170 mL) of 0.006% aqueous sulfuric acid. The eluent from this wash was collected as "fraction 2." The column was then eluted with 8-10 column volumes of 70% aqueous ethanol, which were collected as "fraction 3." The column was then washed with 3 column volumes of 90% aqueous ethanol, which were collected as "fraction 4." The column was re-equilibrated with 8 column volumes of 0.006% aqueous sulfuric acid. Fractions 3 and 4 were evaporated to dryness and then lyophilized until dry. Several of the fractions isolated during elution from the brominated polystyrene resin were analyzed for anthocyanins and total phenols as described in Examples 7 and 8. Table 2 summarizes the column data.

TABLE 2.

Analysis and recovery of anthocyanins and polyphenols in elderberry fractions

	Anthocyanins		Polyphenols	
	% Purity	% Recovery	% Purity	% Recovery
"fraction 1"	0.05	2.79	1.37	24.4
"fraction 2"	1.68	7.79	5.57	8.5
"fraction 3"	18.7	99.4	42.8	74.7
"fraction 4"	0.67	0.49	2.61	0.6

Figures 6-13 show the HPLC chromatograms of the filtered elderberry extract and of certain fractions isolated during column purification. The HPLC conditions used are those described in Example 9.

Figures 6 and 7 show the HPLC chromatograms at 280 nm and 510 nm, respectively, of the filtered elderberry extract.

Figures 8 and 9 show the HPLC chromatograms at 280 nm and 510 nm, respectively, of "fraction 1" collected during column loading of the filtered elderberry extract onto the brominated polystyrene resin.

Figures 10 and 11 show the HPLC chromatograms at 280 nm and 510 nm, respectively, of "fraction 3" collected during column elution of the filtered elderberry extract using 70% ethanol from the brominated polystyrene resin.

Figures 12 and 13 show the HPLC chromatograms at 280 nm and 510 nm, respectively, of "fraction 4" collected during column elution of the filtered elderberry extract using 90% ethanol from the brominated polystyrene resin.

The total phenol-enriched compositions of this invention comprise the compounds showing peaks in the region between 60 and 75 minutes in the standard HPLC chromatograms substantially as shown in Figures 10-13.

10

Example 7

Quantitative determination of anthocyanins

This method is used to determine the total anthocyanins in various biomass samples and dried purified total phenol-enriched compositions by UV-VIS spectrophotometry, using an external standard. Each sample tested 15 (e.g., a concentrated total phenol-enriched composition, dried biomass, or fresh/frozen biomass) requires a different preparation procedure as described below.

Total phenol-enriched compositions – Accurately weigh 75-100 mg of the purified total phenol-enriched composition into a 100 mL volumetric flask 20 and dilute to volume with 2% HCl/MeOH. Mix well and dilute 0.40-1.6 mL of this sample to 10.0 mL with 2% HCl/ MeOH.

Dry Biomass – Into a coffee grinder place an amount of dry biomass sufficient to cover the blades of the grinder. Grind for about 1 minute or until finely ground. Alternatively use a mortar and pestle to finely grind the raw 25 material. Accurately weigh about 50-100 mg of finely ground biomass into a 100 mL volumetric flask and then add about 80 mL of 2% HCl/MeOH and cap. Place the flask into a 50° C oil bath or forced air oven for 30-60 minutes, shake gently for 30 seconds, and sonicate for 5 minutes. Allow the solution to cool to room temperature. Add 2% HCl/MeOH to the mark and mix. Filter 30 a portion of the sample through a 0.45 μ m PTFE syringe filter into a vial. Dilute 1.0 mL of the filtrate to 10.0 mL with 2% HCl/MeOH. The dilution factor

would be 10 mL/1 mL or 10.

Frozen/Fresh Biomass – Weigh 400.0 g frozen/fresh biomass into a 1000 mL polypropylene beaker. Add 400 g of near boiling water into the beaker. Puree using a mechanical blender (Waring or other). Using a wide-bore polyethylene dropper, remove a representative 0.5-1.5 g sample and transfer into a tared 100 mL volumetric flask. Add 80 mL of 2% HCl/MeOH and cap. Place the flask into a 50° C oil bath or forced air oven for 60-120 minutes, shake gently for 30 seconds and then sonicate for 5 minutes. Allow the solution to cool to room temperature. Add 2% HCl/MeOH to the mark and mix. Filter a portion through a 0.45 μ m PTFE syringe filter into a vial. The dilution factor would be the total weight of the biomass and water divided by the weight of the biomass [e.g., (400 g + 400 g)/400 g = 2].

Loss on Drying - The calculation to obtain the total anthocyanins content in the above samples requires the determination of the moisture content, or % LOD (loss on drying), of the material. To determine the % LOD, transfer and distribute evenly 0.5 – 3.0 g of sample into an accurately weighed aluminum weigh pan, and record the weight to the nearest 0.1 mg. Place the sample in an oven at 105° C \pm 3° C for 2 hours (do not exceed 2 hrs 15 min). After the sample has cooled to room temperature (a dessicator may be used), weigh the sample and record the weight to the nearest 0.1 mg. The % LOD is determined to the nearest 0.1% using Equation 1:

$$\% \text{ LOD} = 1 - \frac{W_D - W_P}{W_{SP} - W_P} \times 100 \quad \text{Eq. 1}$$

where % LOD = percentage loss on drying; W_D = dry weight of the pan and sample (g); W_P = weight of the pan (g); and W_{SP} = initial weight of the pan and sample (g).

Assay Procedures – The UV/VIS spectrophotometer is set to read in photometry mode with the visible lamp on. The instrument is zeroed at 535 nm using 2% HCl/MeOH in a 1 cm pathlength glass, quartz, or disposable polystyrene cuvette. The absorbance of the prepared sample is measured at 535 nm in the same or matched 1 cm cuvettes.

Calculations - The concentration of total anthocyanins is calculated as shown in Equation 2:

$$C_{ANTHOS} = \frac{ABS_{SAMP} \times DF}{E_S} \quad \text{Eq. 2}$$

where C_{ANTHOS} = concentration of the total anthocyanins in the sample (mg/mL); ABS_{SAMP} = absorbance of the sample at 535 nm; DF = dilution factor, as described below; and E_S = absorptivity (absorbance of a 1 mg/mL solution at 535 nm in 2% HCl/MeOH using a 1 cm cuvette) of the appropriate external standard, either cyanidin chloride (101.1; for cherry, cranberry, elderberry, and plum) or delphinidin chloride (102.0; for bilberry and blueberry). The dilution factor (DF) for a dry biomass is 1, and the dilution factor for fresh/frozen biomass is the total weight of the biomass and water divided by the weight of the biomass (e.g., (400 g + 400 g)/400 g). The dilution factor for a purified extract is the final dilution volume divided by the volume of the extract solution (e.g., 10 mL/0.40 mL).

15 The percent total anthocyanins is calculated as shown in Equation 3:

$$\% \text{ Anthos} = \frac{C_{ANTHOS} \times \text{Volume} \times 100}{W_S \times S_{LOD}} \quad \text{Eq. 3}$$

where % Anthos = percentage of total anthocyanins in the sample; C_{ANTHOS} = concentration of total anthocyanins (mg/mL); Volume = initial volume of the sample preparation (usually 100 mL); W_S = weight of the biomass or total phenol-enriched compositions used in the preparation (usually 50-100 mg for dry biomass, 500-1500 mg for fresh/frozen biomass, or 75-100 mg for purified extracts); and $S_{LOD} = [(100 - \% \text{ LOD})/100]$ for dry or fresh biomass or purified extract (for fresh or frozen biomass this factor does not apply).

Example 8

Quantitative Determination of Total Polyphenols

This method is used to quantitatively determine the total polyphenols in various biomass samples and dried purified enriched compositions by UV-VIS spectrophotometry, using gallic acid as the external standard.

The procedure requires a 20% Na_2CO_3 solution and 2% HCl/MeOH.

To prepare the Na₂CO₃ solution, weigh approximately 100 g of Na₂CO₃ into a 500 mL volumetric flask containing about 350 mL deionized water. Sonicate for 10 minutes; shake to mix. Dilute to volume using deionized water and agitate until homogeneous. To prepare the 2% HCl/MeOH, transfer about 5 350 mL of methanol into a 500 mL volumetric flask. Pipet into the flask 10.0 mL of HCl. Dilute to volume using methanol and mix until homogeneous.

To prepare the gallic acid stock standard, accurately weigh 100 mg of gallic acid (Sigma; St. Louis, MO) into a 100 mL volumetric flask. Add 70 mL of deionized water and sonicate for 5 minutes until dissolved. Dilute to 10 volume using deionized water, cap, and mix until homogeneous.

Each sample tested (e.g., total phenol-enriched composition, dry biomass, or fresh/frozen biomass) requires a different preparation procedure and was prepared as described in Example 7.

Loss on Drying - The calculation to obtain the total polyphenols content 15 in the above samples requires the determination of the moisture content, or % LOD, of the material. To determine the % LOD, transfer and distribute evenly 0.5 – 3.0 g of sample into an accurately weighed aluminum weigh pan, and record the weight to the nearest 0.1 mg. Place the sample in an oven at 105° C ± 3° C for 2 hours (do not exceed 2 hrs 15 min). After the sample has 20 cooled to room temperature (a dessicator may be used), weigh the sample and record the weight to the nearest 0.1 mg. The % LOD is determined to the nearest 0.1% using Equation 1 above.

Colorimetric Development Procedures - A clean 100 mL volumetric flask is set aside to serve as the reagent blank. Two 100 mL volumetric flasks 25 are labeled "high" standard and "low" standard. Using the gallic acid stock solution, pipet 800 µL into the "high" standard flask and 200 µL into the "low" standard flask. For dry biomass samples, pipet 20 mL of the filtered solution into a 100 mL volumetric flask. For fresh/frozen biomass samples, pipet 10 mL of the filtered solution into a 100 mL volumetric flask. For purified 30 samples, pipet 0.80 – 2.0 mL into a 100 mL volumetric flask. The following are added to each of the volumetric flasks (including the reagent blank) prepared above:

1. Add sufficient deionized water to each flask to bring the total volume to approximately 65 mL.
2. Pipet 5.0 mL of the FC Phenol Reagent (Sigma) into each flask, agitate gently.
- 5 3. Pipet 15 ± 2 mL of the 20% Na_2CO_3 solution into each flask.
4. Mix the solutions in each flask with gentle swirling, dilute to volume with deionized water, cap, and invert.
5. Allow the solutions to develop for at least three but not more than four hours.
- 10 6. Filter 10 mL aliquots of samples requiring filtration through $0.45 \mu\text{m}$ PVDF syringe filters into suitable containers.

Assay Procedure - The UV-VIS spectrophotometer is set to read in photometry mode with the visible lamp on. The analysis is carried out in 1 cm pathlength glass, quartz, or disposable polystyrene cuvettes. The instrument 15 is zeroed at 760 nm using the reagent blank. The absorbance of each solution is measured at 760 nm in the same or matched 1 cm cuvettes.

Calculations - To calculate the concentration of total polyphenols the absorptivity of gallic acid must first be determined. This value is obtained as described in Equation 4:

$$E_R = \frac{A_R \times D_R}{C_R \times (1 - E_{LOD})} \quad \text{Eq. 4}$$

20 where E_R = absorptivity of the reference standard (gallic acid) at 760 nm in absorbance units/g/L; A_R = absorbance of the reference standard solution; C_R = concentration of gallic acid in the stock standard solution, D_R = dilution factor for the gallic acid standard (125 for "high" standard or 500 for "low" standard); and E_{LOD} = loss on drying of the gallic acid solids as a percent.

The absorptivities for the "high" and "low" standards are averaged for use in Equation 5 below. The concentration of total polyphenols in the color development sample preparations is calculated as shown in Equation 5:

$$C_P = \frac{A_S \times D_{FC}}{E_R} \quad \text{Eq. 5}$$

where C_P = concentration of total polyphenols in the FC sample preparation

(mg/mL); A_{FS} = absorbance of the FC sample preparation; D_{FC} = sample dilution factor, where DF is typically 5 for dry biomass, 10 for fresh/frozen biomass, and 50-125 for purified enriched composition; and E_R = average absorptivity of the gallic acid standards.

5 The percent total polyphenols is calculated as shown in Equation 6:

$$\% P = \frac{C_P \times V_S \times D_S \times 100}{W_S \times S_{LOD}} \quad \text{Eq. 6}$$

where $\% P$ = percentage of total polyphenols in the sample; C_P = the concentration of total polyphenols (mg/mL); V_S = volume of original sample preparation (usually 100 mL); W_S = weight of the biomass or purified

10 composition used in the original sample preparation (usually 50-100 mg for dry biomass, 500-1500 mg for fresh/frozen biomass, and 75-100 mg for purified extracts); D_S = original sample dilution factor, where D_S is 1 for dry biomass, 2 for fresh/frozen biomass, or 1 for purified extract; and $S_{LOD} = [(100 - \% LOD)/100]$ for biomass or purified extracts. For fresh or frozen

15 biomass this factor does not apply.

Example 9
HPLC Qualitative Assay

This method is used to qualify compounds in various biomasses and purified enriched compositions by high performance liquid chromatography (HPLC). Each type of sample requires a different preparation procedure as described below.

Dry Biomass: The dry biomass, if not already powdered, is ground through a 1 mm screen using the Wiley mill. Using an appropriately sized extraction thimble and a soxhlet extraction apparatus, weigh out approximately 12 g of powdered biomass into the thimble and extract using 200 mL of methanol. Extract through at least 20 cycles or until the extraction solvent is clear. Transfer the extract quantitatively to a 250 mL volumetric flask using methanol, dilute to volume and mix. Filter the extract through a 0.45 μm PTFE syringe filter into an HPLC vial.

30 Frozen/Fresh Biomass: Weigh 400 g frozen/fresh biomass into a 1000

mL polypropylene beaker. Add 400 g of near boiling water into the beaker. Puree using a mechanical blender (Waring or other). Using a wide-bore polyethylene dropper, remove a representative 0.5-1.5 g sample and transfer into a tared 100 mL volumetric flask. Add 80 mL MeOH, cap, and heat at 50° 5 C for 30 minutes. Allow the solution to cool to room temperature, adjust to volume with methanol, and then sonicate until homogeneous. Filter a portion through a 0.45 µm PTFE syringe filter into an HPLC vial.

Purified Enriched Composition: Accurately weigh 50-100 mg of the enriched composition into a glass scintillation vial and add 10.0 mL of 50% 10 MeOH/H₂O. Sonicate for 5 minutes. Filter through a 0.45 µm PTFE syringe filter into an HPLC vial.

The HPLC is set up as required. In one embodiment of this invention, the aqueous mobile phase was prepared by mixing 5 mL of trifluoroacetic acid (TFA) into 1000 mL of high purity, Type 1 water. A 20 µL sample was injected 15 at ambient temperature. A 280 nm wavelength was used for detection, the flow rate was 1.0 mL/min, and the run time was 105 minutes. A Zorbax column was packed with 5 µm SBC-18 in a 150 x 4.6 mm ID column. In this embodiment, the mobile phase was set up as follows: channel A: 100% acetonitrile; channel B: 0.5% TFA in H₂O; and channel C: 100% methanol. 20 Table 3 summarizes the HPLC gradient for this embodiment of the invention.

If available, standard preparations of compounds known to exist in the sample may be prepared at concentrations of approximately 1 mg/mL. These standard preparations can be used to determine the approximate retention times and thus identify those compounds in the sample chromatograms. As 25 this method is used for qualification purposes only, no calculations are required.

TABLE 3
HPLC gradient for qualitative analysis

Time (min)	%A	%B	%C
0.0	0	95	5
7.0	5	90	5
32.1	8	84	8
33.0	9	83	8
63.0	14	78	8
91.5	27	65	8
99.0	72	20	8
104.0	72	20	8
104.1	0	95	5
112.0	0	95	5

Example 10

5 Quantitative HPLC method for determination of percent proanthocyanidins

This HPLC method is used to determine the amount of proanthocyanidins in various fractions and enriched compositions. Each type of sample requires a different preparation and is prepared as described in Example 9. The method uses a 5 μ m Zorbax column packed with Stablebond 10 SBC-18 in a 150 x 4.6 mm column. The flow rate was 1.5 mL/min, the detector was set at 280 nm, the injection volume was 10 μ L, and the run time was 24 min. The mobile phase was: channel A = 100% acetonitrile; channel B = 0.1% trifluoroacetic acid in water; channel C = 100% methanol. The gradient employed is provided in Table 4. The proanthocyanidins typically eluted as a group of broad peaks in the HPLC chromatogram at elution times between 11-22 minutes.

TABLE 4.
HPLC gradient for % analysis for proanthocyanidins

Time (min.)	%A	%B	%C
0	14	78	8
9	14	78	8
17	34	58	8
22	34	58	8
22.1	14	78	8
26	14	78	8

To quantitate the proanthocyanidins, a previously prepared in-house proanthocyanidin standard is utilized with a purity greater than 90%. A sample of this is prepared at 5.5mg/mL in 70% ethanol and analyzed using the HPLC method described in this Example. The chromatogram for this 5 standard includes a large, broad peak in the 11-22 minute retention time range (as seen in Figure 14) which is due to the proanthocyanidins. Manually integrate the entire 11-22 minute peak. The peak area response factor for the standard is then determined by dividing the entire 11-22 minute peak area by the product of the standard's concentration and its purity as shown in

10 Equation 7:

$$RF = \frac{PA}{C_{std} \times P_{std}} \quad \text{Eq. 7}$$

where RF = peak area response factor for the standard (area units/mg/mL); PA = peak area of the proanthocyanidins in the standard; C_{std} = concentration of the standard solution in mg/mL; and P_{std} = standard purity as a percent (usually 0.90).

The percent proanthocyanidins in a sample can be determined using the sample preparation and HPLC analysis method described above. The total peak area in the 11-22 minute retention time range is determined for the sample in question. Before any calculation can be made, however, the peak 20 areas of non-proanthocyanidin compounds in the proanthocyanidin retention time range must be subtracted from the overall total peak area. Non-proanthocyanidin compounds often appear as sharp peaks co-eluting with or on top of the broad proanthocyanidins' peak, and their UV spectrum by diode array is often different from the bulk of the proanthocyanidin peak. To 25 determine the peak area of non-proanthocyanidin peaks, manually integrate these peaks, total their peak area and subtract this area from the total 11-22 minute peak area. Once the net area of the proanthocyanidins' peak in the sample has been determined, divide this value by the peak area response factor for the in-house standard to obtain the concentration of 30 proanthocyanidins in the sample as shown in Equation 8:

$$C_{\text{proanthos}} = \frac{PA_{\text{sample}} \times DF}{RF} \quad \text{Eq. 8}$$

where $C_{\text{proanthos}}$ = concentration of total proanthocyanidins in the sample (mg/mL); PA_{sample} = corrected total peak area for the sample; DF = dilution factor (1 for dry biomass, 2 for fresh/frozen biomass, and 1 for an enriched composition); and RF = peak area response factor calculated using Equation 7.

5 The percent total proanthocyanidins is calculated as shown in Equation 9:

$$\% \text{ Proanthocyanidins} = \frac{C_{\text{proanthos}} \times V \times 100}{W_s} \quad \text{Eq. 9}$$

where $\% \text{ Proanthocyanidins}$ = percent of total proanthocyanidins in the sample; $C_{\text{proanthos}}$ = concentration of total proanthocyanidins (mg/mL); V = 10 volume of the sample preparation (usually 250 mL for dry biomass, 100 mL for fresh/frozen biomass, or 10 mL for enriched compositions); and W_s = weight of the biomass or enriched composition used in the sample preparation (usually 12,000 mg for dry biomass, 500-1500 mg for fresh/frozen biomass, or 50-100 mg for enriched compositions).

15 Example 11

Partitioning polar and non-polar proanthocyanidins directly from a filtered elderberry extract

In this example, a filtered elderberry extract was prepared and, rather than being purified on a brominated polystyrene resin, was instead loaded 20 directly onto a vacuum liquid chromatography (VLC) column to partition polar proanthocyanidins and non-polar proanthocyanidins directly from a filtered extract according to the method illustrated in Figure 15.

A 50 mL C-18 VLC column was prepared by filtering a 50 mL slurry of Bakerbond 40 μm flash chromatography C-18 media in methanol through a 60 25 mL fritted glass filter. The column was conditioned by washing with methanol and then with water. A 300 mL portion of the filtered elderberry extract, containing 12.0 g of solids, 74 mg of anthocyanins and about 780 mg of proanthocyanidins, was loaded onto the column. An HPLC chromatogram of the filtered extract using the HPLC method described in Example 10 is shown

in Figure 16. The flow-through eluent (about 300 mL) and a 100 mL wash (0.1% trifluoroacetic acid (TFA)) were combined to provide the polar proanthocyanidin "fraction 5." An HPLC chromatogram at 280 nm of "fraction 5" is shown in Figure 17. The column was then eluted with 100 mL each of 30, 5 40, 50, 60, 70, and 100% methanol containing 0.1% TFA. An HPLC chromatogram at 280 nm of the non-polar proanthocyanidin "fraction 6" isolated in the 60% methanol eluent is shown in Figure 18. The fractions were assayed for anthocyanins and proanthocyanidins by the methods described in Examples 7 and 10. Table 5 summarizes the results for this experiment.

10

TABLE 5:
Partitioning of Elderberry

Elution Fraction	Anthocyanins (mg)	Proanthocyanidins (mg)	% Proanthocyanidin purity
Flow-Through + Wash	54	554	4.7
30% MeOH	11	10	1.1
40% MeOH	3	20	12
50% MeOH	1	92	92
60% MeOH	0.2	46	92
70% MeOH	0.1	41	100
100% MeOH	N/A	21	

The results indicate that 71% (558 mg) of the proanthocyanidins in the filtered extract were collected during the loading and wash. These 15 proanthocyanidins were the more polar proanthocyanidins. The non-polar proanthocyanidins eluted when the methanol concentration was increased to at least 40%. The purity of the proanthocyanidins eluting in the 50-70% methanol fractions was high due to the fact that the majority of the solids contained in the filtered elderberry extract eluted in the loading eluent, water wash, and 30% methanol wash.

20
Example 12
Partitioning elderberry proanthocyanidins by VLC followed by purification by gel permeation chromatography or semi-preparative HPLC

A total phenol-enriched composition was prepared from elderberry dried 25 biomass (Martin Bauer; Germany) by collecting the 70% ethanol fraction

("fraction 3") during elution from a brominated polystyrene resin using the procedure as described in Example 6. A portion (2.00 g) of this total phenol-enriched composition was dissolved in 50 mL of water and loaded onto a 15 mL C-18 VLC column prepared with Bakerbond 40 μ m C-18 media. The flow-through eluent and the 25 mL water wash were combined and freeze-dried, yielding 733 mg of the polar proanthocyanidins fraction ("fraction 5"). The column was then washed with 25 mL of 50% methanol. The non-polar proanthocyanidins ("fraction 6") were eluted with 25 mL of 70% methanol. The methanol in this fraction was removed and the resulting water suspension was freeze-dried, yielding 192 mg of the non-polar proanthocyanidin fraction ("fraction 6"), which by HPLC assay was 100% proanthocyanidins. This fraction had little if any color, suggesting that the oligomeric proanthocyanidins chains in this fraction do not contain cationic anthocyanin units.

The polar proanthocyanidins fraction ("fraction 5") was further purified by semi-preparative HPLC to remove residual anthocyanins and other more polar impurities. The conditions for the semi-preparative HPLC purification of these solids are described below.

The semi-preparative HPLC method used a 2.5 x 10 cm Waters PrepPak cartridge filled with 6 μ m, 60 Angstrom, Nova-Pak HR C-18 media (Waters; Milford, MA). The mobile phase was: channel A = 100% acetonitrile; channel B = 0.1% trifluoroacetic acid; channel C = 100% methanol. The gradient employed in this embodiment was as provided in Table 6. The flow rate was 30 mL/min, the detector was set at 280 nm, and the injection volume was typically 3-5 mL of a solution containing 50-125 mg of solids. The run time was 30 minutes. The proanthocyanidins were collected in a broad peak that eluted between 13-20 minutes.

TABLE 6:
HPLC gradient for Elderberry proanthocyanidin purification

Time (min.)	%A	%B	%C
0.0	11	81	8
11.0	11	81	8
19.0	34	58	8
24.0	34	58	8
25.0	82	10	8
30.0	82	10	8
30.1	11	81	8

About 600 mg of the polar proanthocyanidins fraction ("fraction 5")
5 were dissolved in 25 mL of water. Approximately 3 mL (75 mg) were injected
in each of eight runs. The proanthocyanidin peaks eluting between about 12-
18 minutes in each run were collected, pooled, and evaporated on a rotary
evaporator, and the residual aqueous solution freeze-dried. Approximately
100 mg of purified polar elderberry proanthocyanidins ("fraction 7") were
10 obtained from 600 mg of the polar proanthocyanidin solids ("fraction 5") after
VLC separation. An HPLC chromatogram at 280 nm for the VLC-isolated
polar proanthocyanidins after semi-preparative HPLC purification is shown in
Figure 19. The polar front, comprising sugars, amino acids, anthocyanins,
organic acids, and small flavonoid compounds, was removed by the semi-
15 preparative HPLC purification, as evidenced by the absence of these peaks in
Figure 19. A ¹³C NMR spectrum of the purified polar proanthocyanidins
("fraction 7") is shown in Figure 20.

The non-polar proanthocyanidins fraction ("fraction 6") was further
purified by gel filtration chromatography. A portion (48 mg) of the non-polar
20 proanthocyanidin fraction ("fraction 6") isolated during the VLC separation was
dissolved in 20 mL of warm water and loaded onto a 14 mL Sephadex LH-20
column that had previously been equilibrated with water. The loading eluent
was collected and combined with a 40 mL column water wash. Most of the
non-polar proanthocyanidins eluted from the column at this point while most of
25 the smaller flavonoid impurities were retained. The combined loading and
wash eluents were freeze-dried to provide 32 mg of the purified non-polar
proanthocyanidins "fraction 8." These solids possessed strong antiviral

activity. Figures 21 and 23 show the HPLC chromatograms at 280 nm and 368 nm, respectively, of the non-polar proanthocyanidins ("fraction 6") before the Sephadex LH-20 column purification. Figures 22 and 24 show the HPLC chromatograms at 280 nm and 368 nm, respectively, of the purified non-polar proanthocyanidins ("fraction 8"). The peaks in Figure 21 marked with asterisks are non-proanthocyanidin flavonoid compounds based on their UV spectra. These compounds are reduced in the purified non-polar product ("fraction 8") isolated after Sephadex LH-20 column as shown HPLC chromatogram at 280 nm in Figure 22. The effect of the gel purification can be better seen by comparing the HPLC chromatogram at 368 nm of the non-polar proanthocyanidins before purification (Figure 23). The non-proanthocyanidin impurities appear in Figures 23 at 4-6 minutes and 15-17 minutes. Except for a small amount of the flavonoid compound eluting at 5.8 minutes, there is no trace of flavonoid compounds in the purified sample as shown in Figure 24. A ¹³C NMR spectrum of the purified non-polar proanthocyanidin "fraction 8" is shown in Figure 25. Figure 33 shows an IR spectrum of fraction 7, and Figure 34 shows an IR spectrum of "fraction 8."

Example 13

Purification of blueberry polar and non-polar proanthocyanidins by VLC followed by semi-preparative HPLC

The starting material for this example was a total phenol-enriched "fraction 3" prepared from blueberries and isolated during the 70% ethanol elution from a brominated polystyrene resin. A portion (6.00 g) of "fraction 3" was dissolved in 80 mL of water and loaded onto a 30 mL C-18 VLC column as described previously. The loading eluent was collected and combined with 100 mL of a 0.1% TFA wash eluent ("fraction 5"). Next, the column was washed with 80 mL of 40% methanol to remove residual polar compounds ("fraction 5") and then with 80 mL of 70% methanol to give the non-polar proanthocyanidin fraction ("fraction 6"). Table 7 summarizes the results of this experiment.

TABLE 7:
Purification of blueberry proanthocyanidins

Sample	Solids (g)	Proanthocyanidins (mg)	% Proanthocyanidins purity
"fraction 3"	6.00	1614	27
Loading Eluent + Wash	2.11	899	43
40% MeOH fraction	2.46	580	24
70% MeOH fraction	0.67	323	48

The polar proanthocyanidins "fraction 5" (loading eluent + wash) and
5 the non-polar proanthocyanidins fraction 6 (70% methanol elution) were each
further purified by semi-preparative HPLC by the method described in
Example 12 to provide "fraction 7" and "fraction 8", respectively. The HPLC
chromatograms at 280 nm of the blueberry polar proanthocyanidins fraction
before and after the semi-preparative purification (i.e., "fraction 5" and
10 "fraction 7") are shown in Figures 26 and 27, respectively. The HPLC
chromatograms at 280 nm of the blueberry non-polar proanthocyanidins
fraction before and after the semi-preparative purification (i.e., "fraction 6" and
"fraction 8") are shown in Figures 28 and 29, respectively. The semi-
preparative purifications of both the polar and non-polar fractions removed
15 undesired anthocyanins and polar flavonoid compounds from the
proanthocyanidins, as evidenced by the absence of peaks between about 0
and 8 minutes in Figures 27 and 29. Figure 37 shows an IR spectrum of
"fraction 7," and Figure 38 shows an IR spectrum of "fraction 8."

Example 14

20 Purification of plum polar and non-polar proanthocyanidins
by VLC followed by semi-preparative HPLC

The starting material for this example was a combination of "fraction 3"
and "fraction 4" isolated from plums and containing approximately 17% total
proanthocyanidins, of which 61% were designated as polar and 39% as non-
25 polar. A portion (8.00 g) of this composition was dissolved in 100 mL of water
containing 0.5% TFA and loaded onto a 45 mL C-18 VLC column as
described previously. The loading eluent was collected, and the column was
washed with 50 mL of 0.1% TFA. The loading eluent and wash fractions were

combined to provide the polar proanthocyanidins fraction ("fraction 5"). An HPLC of the polar proanthocyanidin "fraction 5" is shown in Figure 30. The column was eluted with 100 mL of 40% methanol containing 0.5% TFA followed by 100 mL of 70% methanol containing 0.5% TFA. All methanol fractions were combined to provide the non-polar proanthocyanidin fraction ("fraction 6"). Table 8 summarizes the results of this experiment.

TABLE 8:
Purification of plum proanthocyanidins

Sample	Solids (g)	Proanthocyanidins (mg)	% Proanthocyanidins purity
Plum fractions 3 and 4	8.00	1328	17
Loading Eluent + Wash	4.32	651	15
40% MeOH fraction	3.76	486	13
70% MeOH fraction	0.45	300	67

10 The polar proanthocyanidin "fraction 5" (combined loading eluent and wash eluent) was further purified by semi-preparative HPLC by the method described in Example 12 to provide "fraction 7." Removal of anthocyanins and other more polar impurities increased the proanthocyanidin purity of the sample from 15% to 100%. The HPLC chromatogram at 280 nm of the
15 purified polar proanthocyanidin "fraction 7" is shown in Figure 31. The non-polar "fraction 6" (combined 40% and 70% methanol washes) was not purified further. The HPLC chromatogram at 280 nm of the non-polar proanthocyanidin "fraction 6" is shown in Figure 32. Figure 39 is an IR spectrum of "fraction 7" and figure 40 is an IR spectrum of "fraction 6".

20 Example 15

Purification of proanthocyanidins fraction from elderberry VLC fraction

A VLC column was prepared using Amberchrom CG-71cd resin (30-160 μ m particle size, TosoHaas; Philadelphia, PA). A water extract of elderberry was prepared and a portion of this extract was loaded onto the
25 VLC column. The column was then washed with water and eluted using 30%, 40%, 50%, 60%, 70%, and 100% methanol. All fractions eluted with methanol were retained separately. The VLC fraction eluted with 50% methanol was evaporated on a rotary evaporator to remove the methanol and then

lyophilized to remove the water. The dried material was ground to a powder using a mortar and pestle. The dried sample was assayed by HPLC using the method as described in Example 10. Using the results of this assay, a semi-preparative HPLC method was derived from the analytical HPLC method to 5 isolate the proanthocyanidins. The mobile phase was: channel A = 100% acetonitrile; channel B = 0.5% trifluoroacetic acid in water; channel C = 100% methanol. The flow rate was set at 30 mL/min. The gradient employed is provided in Table 9.

10 TABLE 9.
HPLC gradient for purification of elderberry proanthocyanidins

Time (min)	% A	% B	% C
0.0	11.0	81.0	8.0
9.0	11.0	81.0	8.0
17.0	34.0	58.0	8.0
22.0	34.0	58.0	8.0
23.0	92.0	0.0	8.0
28.0	92.0	0.0	8.0
28.1	11.0	81.0	8.0
36.0	11.0	81.0	8.0

Approximately 500 mg of the dried material was dissolved in water at a 15 solids concentration of approximately 50 mg/mL. A very small injection was made to determine the retention time of the relevant peaks. Based on this initial injection, two peaks were collected: Peak A, which eluted between 14 and 22 minutes and Peak B, which eluted between 26 and 28 minutes. Five injections of the concentrated solution were made, and the appropriate collections of each peak were pooled from each injection. The sample obtained by the collection of Peak A was determined to contain the 20 proanthocyanidins and was evaporated to remove the organic solvents and a portion of the water. The concentrated sample was assayed using the HPLC method as described in Example 10. The chromatographic purity of the sample was determined to be 93.9%. The sample was then lyophilized to obtain the dry material. Once dry, a small portion of the sample was brought 25 up in 70% ethanol at a concentration of 1.918 mg/mL and re-assayed by the same HPLC method. Using the results of this analysis and the previously

obtained chromatographic purity, a peak area response factor was determined. This information was used to determine the proanthocyanidins concentration in other purified fractions. The HPLC chromatogram at 280 nm of the proanthocyanidin "standard" is shown in Figure 14.

5

Example 16

Purification of cranberry proanthocyanidins by VLC
followed by semi-preparative HPLC

The starting material for this example was 8.00 g of purified cranberry extract ("fraction 3" + "fraction 4") comprising 14% total proanthocyanidins.

10 This material was dissolved in 100 mL of water containing 1 mL of trifluoroacetic acid and loaded onto a 50 mL C-18 VLC column as described previously. The loading eluent (100 mL) was collected and combined with 50 mL of 0.1% TFA wash eluent to obtain "fraction 5". Next the column was washed with 100 mL of 40% methanol to remove residual polar compounds and eluted with 100 mL of

15 70% methanol to give the non-polar proanthocyanidins "fraction 6". Table 10 summarizes the results of this experiment.

TABLE 10.
Purification of cranberry proanthocyanidins

Sample	Solid s (g)	Proanthocyanidins (mg)	% Proanthocyanidins purity
Cranberry fractions 3 + 4	8.00	1514	14.3
Loading Eluent + Wash	3.60	748	20.8
40% MeOH fraction	3.39	677	20.0
70% MeOH fraction	0.44	93	21.1

20 The polar proanthocyanidins fraction (loading eluent + wash) was further purified by semi-preparative HPLC by the method described in Example 12 to obtain "fraction 7". Figure 41 is an HPLC chromatogram of the polar proanthocyanidins fraction before semi-preparative purification, and Figure 42 is an HPLC chromatogram of the polar proanthocyanidins fraction 25 after purification. Figure 43 is an HPLC chromatogram of the non-polar proanthocyanidins fraction. Polar non-proanthocyanidin compounds such as anthocyanins that eluted before the proanthocyanidins were removed in this process.

Example 17Herpes simplex virus 2 assay of elderberry fractions

10 The antiviral activities of a crude elderberry extract and fractions 1, 3 and 4 isolated as described in Example 6 were determined using the viral 5 cytopathic effect (CPE) assay. This assay has previously been described (Wyde, et al., *Drug Develop. Res.* 28:467-472 (1993)). All antiviral activities are reported as 50% effective dose (ED₅₀).

Table 11 summarizes the ED₅₀ for CPE inhibition for the four compositions tested.

10

TABLE 11.
ED₅₀ for CPE inhibition of elderberry fractions

Composition	CPE Inhibition (ED ₅₀)
Crude extract	> 100 µg/mL
"fraction 1"	> 100 µg/mL
"fraction 3"	> 100 µg/mL
"fraction 4"	< 0.03 µg/mL

Example 18Viral Assays

15 Total phenol-enriched compositions of this invention prepared from fruits and berries have demonstrated broad activity against a variety of DNA and RNA viruses and are suitable as active ingredients useful in treating inflammation in humans and animals. In cell culture, the enriched compositions exhibit potent activity against isolates and laboratory strains of 20 respiratory syncytial virus (RSV), influenza A and B virus, parainfluenza virus (PIV), as well as other respiratory and Herpes simplex viruses. Total phenol-enriched compositions are suitable as active ingredients useful in treating a wide range of viral infections in humans and animals.

25 Assays used to measure activity against each virus are well known to those skilled in the art. Minced specific target tissue was exposed to the desired virus and the rate of growth of the virus was measured in the presence and in the absence of the test materials. The antiviral activities of

purified proanthocyanidin-enriched compositions prepared from various fruits and berries were determined.

Cell lines: The viral assays used the following cells/cell lines in determining relative ED₅₀ (50% effective dose) or 50% inhibitory endpoints:

5 RSV (respiratory syncytial virus) and PIV (parainfluenza virus) assays used MA-104 cells originating from African green monkey kidneys; Influenza A and B assays used MDCK cells originating from canine kidneys; Rhinovirus assays used HeLa and KB cells; Herpes simplex viruses 1 and 2 used HHF cells taken from human foreskin fibroblasts; West Nile viral assays used Vero 10 cells taken from African green monkey kidneys; Adenovirus type 1 assays used A549 cells originating from human lung carcinoma; and Punta Toro A assays used LLC-MK2 cells originating from Rhesus monkey kidneys.

The assays used known drug standards (ribavarin or acyclovir) as positive controls. The ED₅₀s for ribavarin in the assays used in this Example are 15 as follows: RSV (respiratory syncytial virus) assay ED₅₀ = 20 µg/mL; PVI (parainfluenza virus) assay ED₅₀ = 20 µg/mL; Influenza A and B assays ED₅₀ = 2-3 µg/mL; Rhinovirus assay ED₅₀ <1 µg/mL; West Nile viral assay ED₅₀ = 20 µg/mL; Adenovirus type 1 assay ED₅₀ = 10 µg/mL; and Punta Toro A assay 20 ED₅₀ = 20 µg/mL. Herpes simplex 1 and 2 assays used acyclovir as a positive control, which has an ED₅₀ of 1-2 µg/mL in the HSV1 and HSV2 assays.

The data obtained in the viral assays for certain compositions of this invention are provided in Table 12. In cell cultures, the compositions exhibited potent activity against isolates and laboratory strains of influenza A virus (strains H1N1 and H3N3), influenza B virus, adenovirus type 1, Punta 25 Toro A virus, and Rhinovirus type 2. Comparison of the bioactivity data in Table 12 to acyclovir and ribavirin in the antiviral screenings clearly shows that the compositions of this invention are biologically active in these assays and compete favorably with the well-established pharmaceuticals used to treat these viral diseases.

TABLE 12: ED₅₀'s (μg/mL) of various fractions in a COX-2 assay

Source	Fraction	Virus									
		Influenza A (H1N1)	Influenza A (H3N2)	Influenza B	Adenovirus Type 1	Punta Toro A	Rhinovirus Type 2	West Nile Virus	Varicella-zoster virus	HSV-1	HSV-2
Cranberry	4	3.2	3.2	3.2	20			5.6		61	15
Plum	4	32	32	32	25			70		70	32
Blueberry	4	32	32	32	30	25		30	31	45	11.4
Elderberry	4	28.55	28.55						88	45	11
Elderberry	6						15				
Elderberry	7										
Elderberry	8							inactive			
Elderberry	Fig 14								28	35	
Grape *	NA	4	6	3.2			20		6.8		

* (Nature's Plus; Melville, NY)

Example 19Evaluation of COX-2 activity of total phenol-enriched compositions

Cyclooxygenase enzymes (COX-1 and COX-2) catalyze the conversion of arachidonic acid and other essential fatty acids into various prostaglandins. Prostaglandins are hormone-like substances responsible for inflammation in mammals. Inhibition of the COX-2 enzymes can reduce inflammation in tissue with minimal side effects. On the other hand, inhibition of COX-1 causes gastric ulceration and other undesirable side effects in the body. Complete inhibition of the COX-1 enzyme is not desirable.

Compounds that selectively inhibit COX-2 enzyme are better anti-inflammatory agents. Total phenol-enriched compositions of this invention prepared from fruits and berries have been shown to inhibit the COX-2 enzyme, and are suitable as active ingredients useful in treating inflammation in humans and animals.

In this assay the material to be assayed was mixed with minced specific murine or bovine organ tissues that are known to contain the desired enzyme. Arachidonic acid was added to this mixture. The rate of uptake of oxygen is measured and compared with the rate of uptake observed with known COX inhibitors. The COX-2 assay is based on quantitative production of PGE₂ from arachidonic acid using human recombinant COX-2 positive cells.

The results for several compositions are shown in Table 13. Comparison of the data for the compositions shown in Table 13 with determined COX-2 bioactivities of known drug standards (aspirin and indomethacin) clearly shows that the purified proanthocyanidin-enriched compositions of this invention are biologically active in the COX-2 assay. Aspirin is active against COX-2 at 660 μ g/mL and against COX-1 at 240 μ g/mL. Indomethacin is active against COX-2 at 10 μ g/mL. The compositions in Table 13 therefore show a 2.5 to 6 fold increase in potency in the COX-2 assay over the most commonly used treatment for inflammation (i.e., aspirin), and are indicative of the utility of the purified proanthocyanidin-enriched compositions of this invention in treating inflammation in mammals.

TABLE 13
COX-2 activities for proanthocyanidin enriched compositions

Source	Fraction	IC ₅₀ (μg/ML)
Blueberry	3	108
Cranberry	4	218
Grape	N/A	275
Elderberry	4	>1000
Plum	4	>1000

(Nature's Plus; Melville, NY)

The foregoing description is considered as illustrative only of the principles of the invention. Further, since numerous modifications and changes will readily occur to those skilled in the art, it is not desired to limit the invention to the exact construction and process shown as described above. Accordingly, all suitable modifications and equivalents may be resorted to falling within the scope of the invention as defined by the claims that follow.

The words "comprise," "comprising," "include," "including," and "includes" when used in this specification and in the following claims are intended to specify the presence of stated features, integers, components or steps, but they do not preclude the presence or addition of one more other features, integers, components, steps, or groups thereof.

The entire disclosures of all publications (including patents, patent applications, journal articles, laboratory manuals, books, or other documents) cited herein are hereby incorporated by reference. No admission is made that any of the references constitute prior art or are part of the common general knowledge of those working in the field to which this invention relates.

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1. A method of preparing a composition enriched in total phenols, comprising:

- a) extracting a plant material known to contain phenolic compounds with an extraction solvent without adding bisulfite ions to form a crude extract comprising proanthocyanidins, anthocyanins, and non-phenolic compounds;
- b) filtering said crude extract;
- c) contacting said filtered extract with a brominated polystyrene resin, wherein said resin releasably adsorbs said phenols but does not retain said non-phenolic compounds;
- d) washing said resin with a wash eluent to elute said non-phenolic compounds;
- e) eluting the resin with a first eluent and collecting a first fraction containing phenols;
- f) eluting the resin with a second eluent and collecting a second fraction containing phenols; and
- g) isolating the fraction from step e) or step f) or combining said fractions from steps e) and f) to obtain a composition enriched in total phenols, wherein said composition has depleted levels of said non-phenolic compounds.

2. The method of claim 1, wherein said crude extract is prepared by extracting dried or fresh plant material(s) with an acidified extraction solvent.

3. The method of claim 2, wherein said acidified extraction solvent comprises an aqueous solution having between about 0-95% ethanol and between about 0-3% acid.

4. The method of claim 3, wherein said acid is sulfuric acid, acetic acid or hydrochloric acid.

5. The method of claim 2, wherein said acidified extraction solvent comprises an aqueous solution having between about 0-100% methanol and between about 0-3% acid.

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6. The method of claim 5, wherein said acid is sulfuric acid, acetic acid or hydrochloric acid.

7. The method of claim 1, wherein said wash eluent contains at least 0.003% acid.

8. The method of claim 7, wherein said acid is acetic acid, hydrochloric acid or sulfuric acid.

9. The method of claim 1, wherein said first eluent comprises between about 50 and 70% ethanol in water and 0.003% acid.

10. The method of claim 9, wherein said acid is acetic acid, hydrochloric acid or sulfuric acid.

11. The method of claim 1, wherein said second eluent comprises between about 70 and 90% ethanol in water.

12. The method of claim 1, wherein said composition comprises between about 10-80% total phenols.

13. The method of claim 12, wherein said composition comprises at least 12% total phenols.

14. The method of claim 12, wherein said composition comprises at least 25% total phenols.

15. The method of claim 1, wherein said plant material is fruits and/or berries.

16. The method of claim 15, wherein said fruits and/or berries are selected from the group consisting of elderberries, blueberries, bilberries, blackberries, strawberries, cranberries, raspberries, plums, red currants, black currants, cherries, and grapes.

17. The method of claim 1, wherein step (a) further comprises adding pectinase to said crude extract.

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18. The method of claim 17, wherein said pectinase is present in an amount between about 0 and 0.12% by weight of said plant material.

19. The method of claim 1, further comprising adding an excipient to said composition.

20. The method of claim 19, wherein said excipient is selected from the group consisting of preservatives, carriers, buffering agents, thickening agents, suspending agents, stabilizing agents, wetting agents, emulsifying agents, coloring agents and flavoring agents.

21. The method of claim 1, further comprising:

- h) loading said composition from step e), said composition from step f), or said composition from step g) onto a low pressure vacuum liquid chromatography column packed with a reversed-phase lipophilic resin and collecting fractions that elute during said loading;
- i) eluting said resin with water;
- j) combining fractions from steps h) and i) to obtain a first composition enriched in polar proanthocyanidins; and
- k) eluting said resin with increasing amounts of a polar organic solvent to obtain a second composition enriched in non-polar proanthocyanidins.

22. The method of claim 21, further comprising further purifying said first composition by reversed-phase preparative HPLC.

23. The method of claim 21, further comprising further purifying said second composition by gel filtration or preparative HPLC.

24. A composition enriched in total phenols prepared without the addition of bisulfite ions from plant material comprising fruits and berries selected from the group comprising blueberries, blackberries, strawberries, cranberries, raspberries, plums, red currants, black currants and cherries, wherein said composition has an enriched total phenol concentration greater than 12.5% and said composition exhibits *in vitro* COX-2 activity enhanced by a factor of at least 2.5 over a standard aspirin dose of 660 μ g/mL.

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PAGE 78* RCVD AT 7/8/2005 5:52:17 PM [Eastern Daylight Time]* SVR:USPTO-EFXRF-15* DNIS:8729306* CSID:1* DURATION (min:ss):02:00

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25. A composition enriched in total phenols prepared without the addition of bisulfite ions from plant material comprising fruits and berries selected from the group comprising blueberries, blackberries, strawberries, cranberries, raspberries, plums, red currants, black currants and cherries, wherein said composition has an enriched total phenol concentration greater than 12.5% and said composition exhibits *in vitro* antiviral activity more potent than an ED₅₀ value of 100 µg/ML.

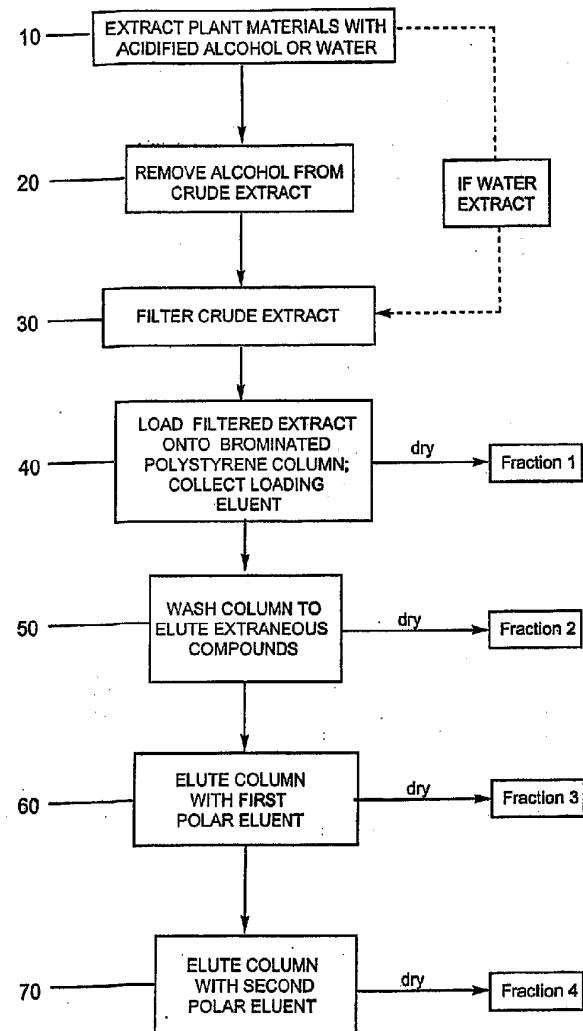


FIG. 1

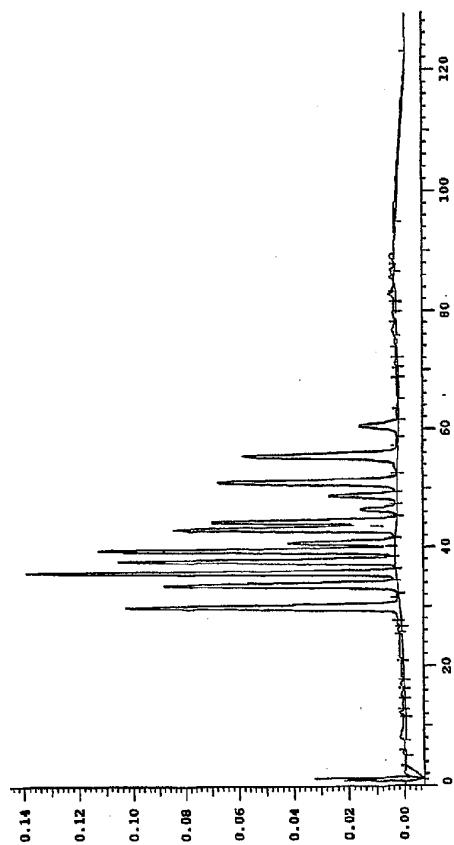


FIG. 2

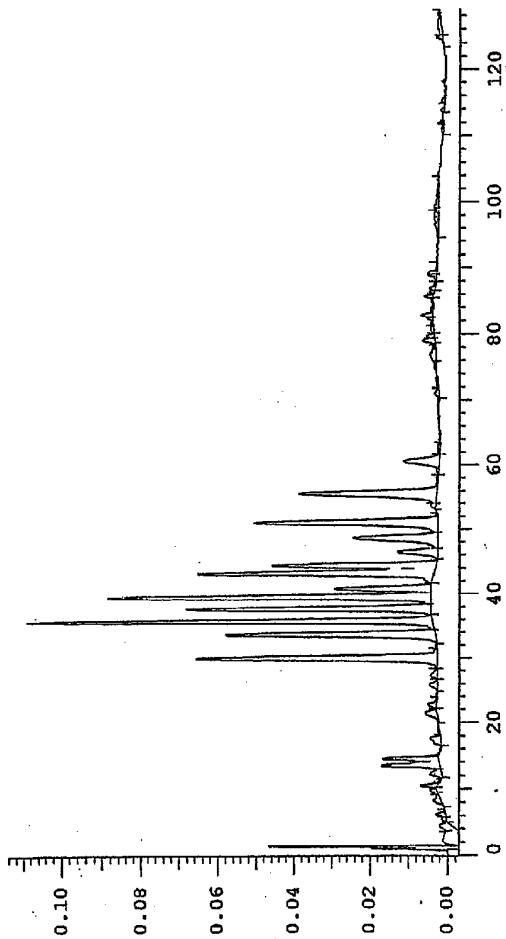


FIG. 3

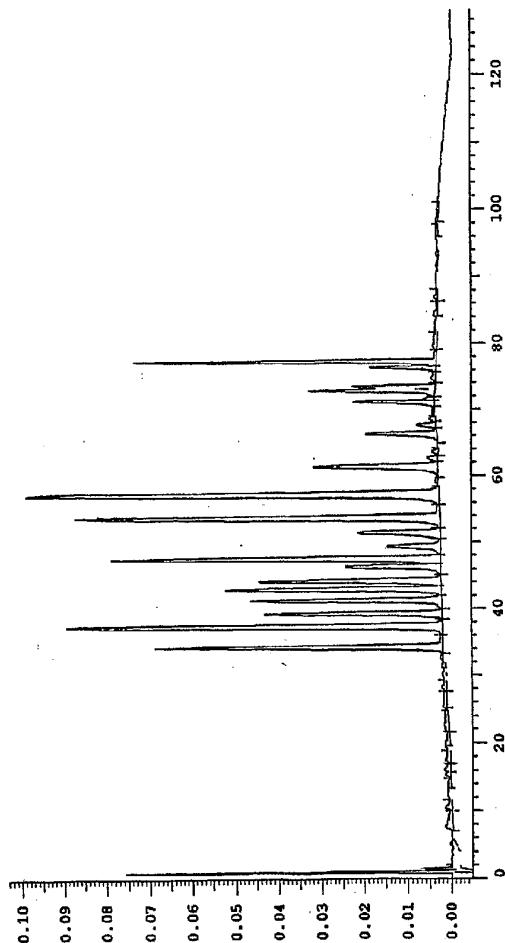


FIG. 4

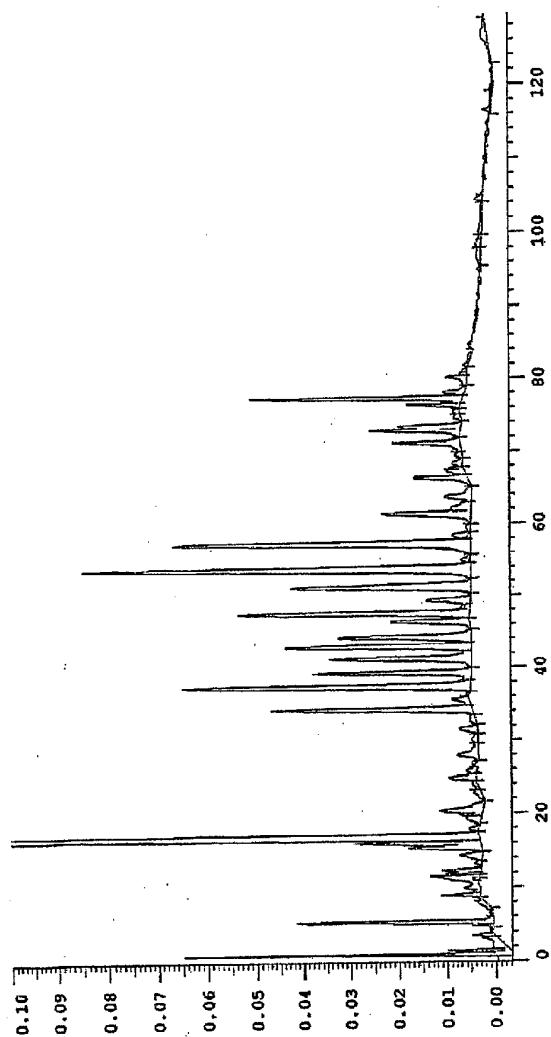
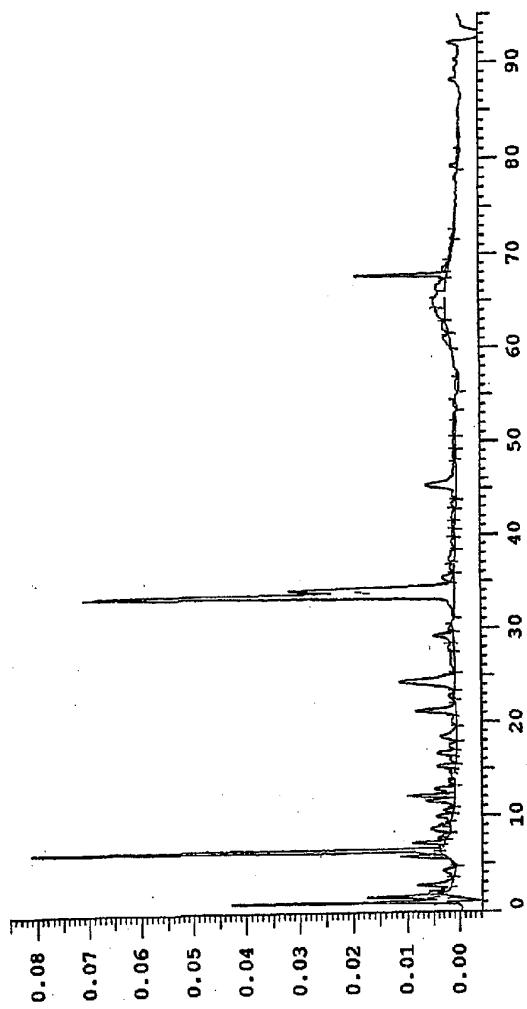


FIG. 5



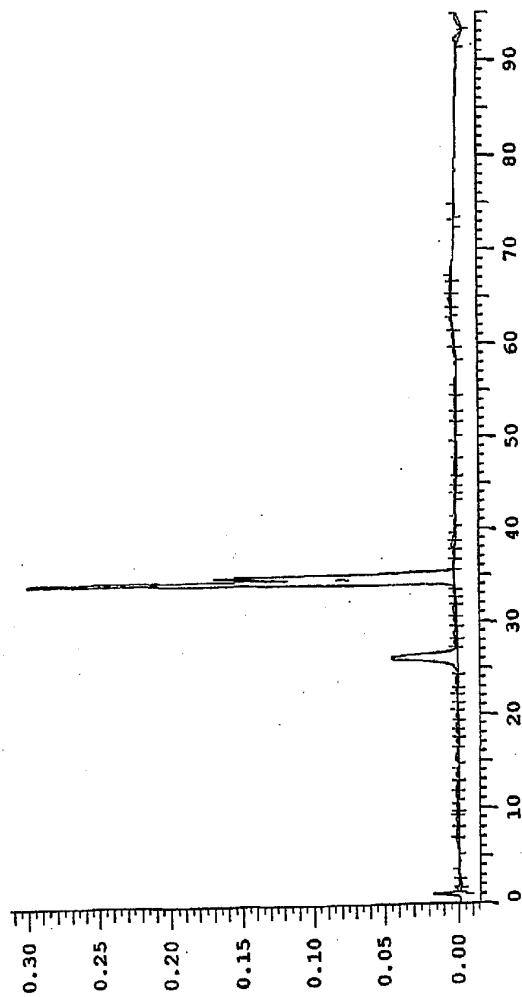


FIG. 7

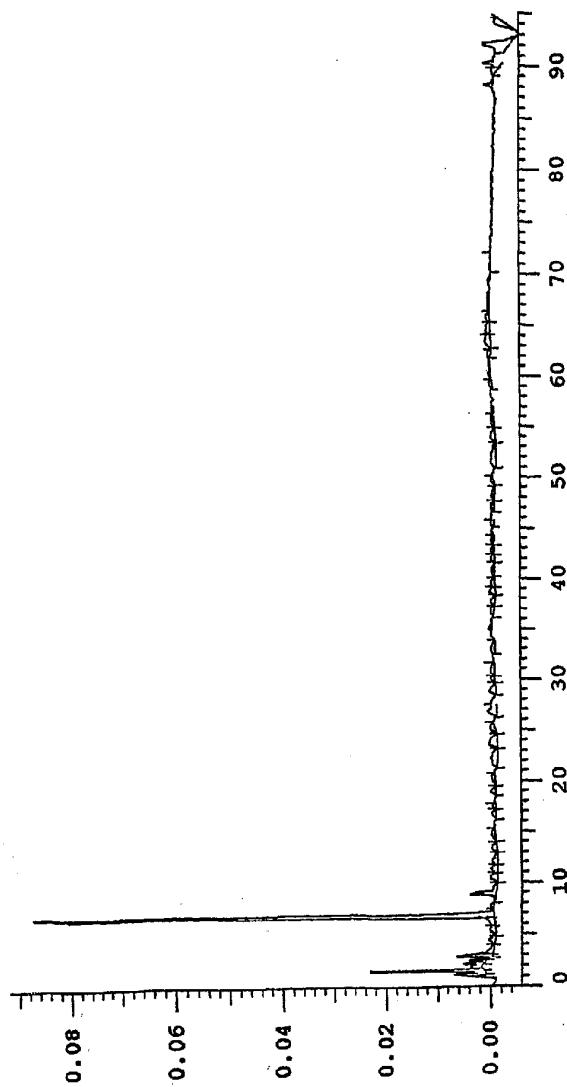


FIG. 8

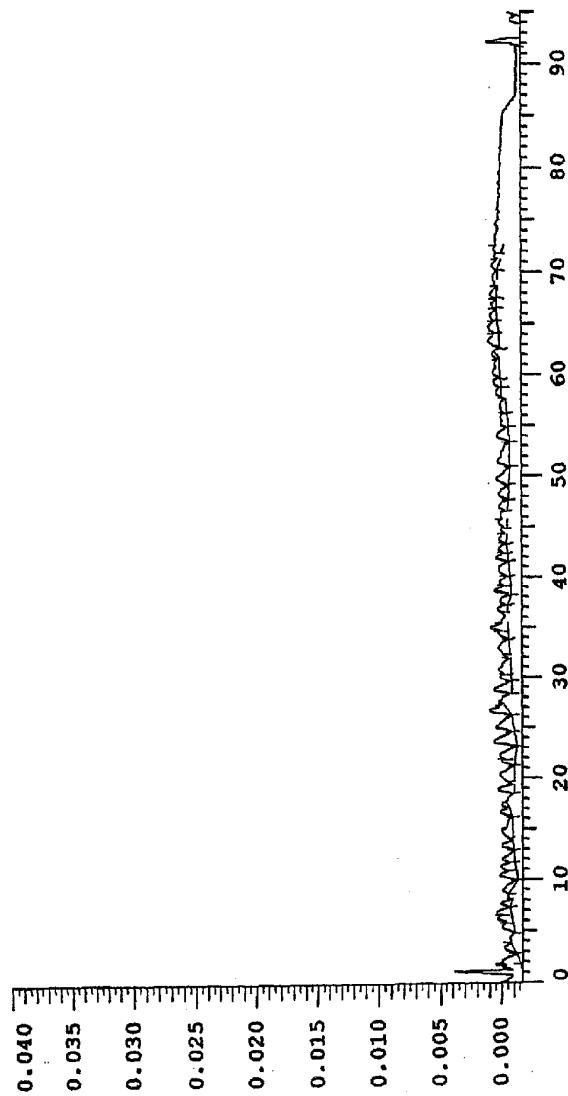


FIG. 9

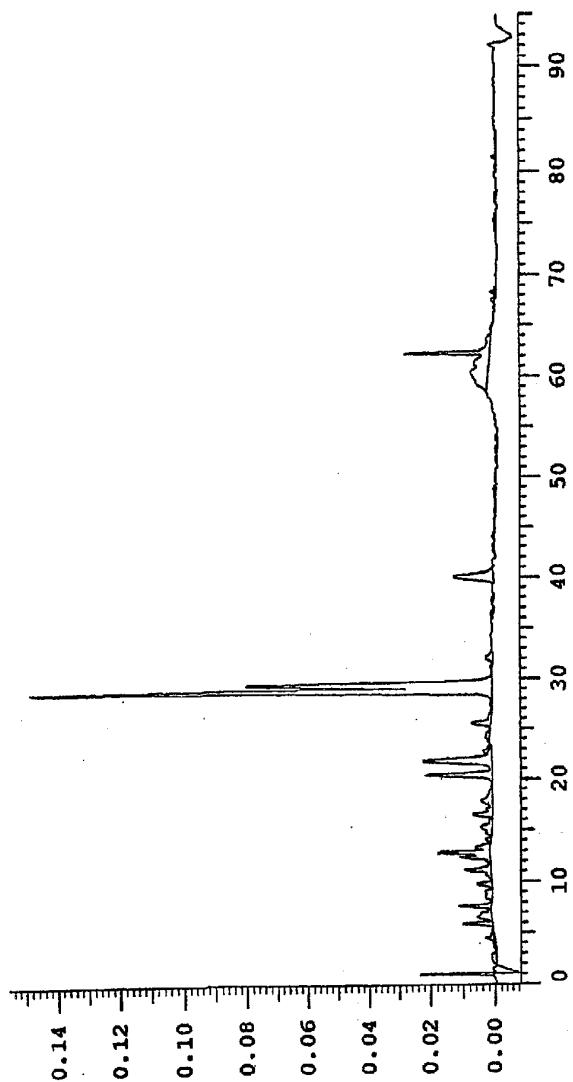


FIG. 10

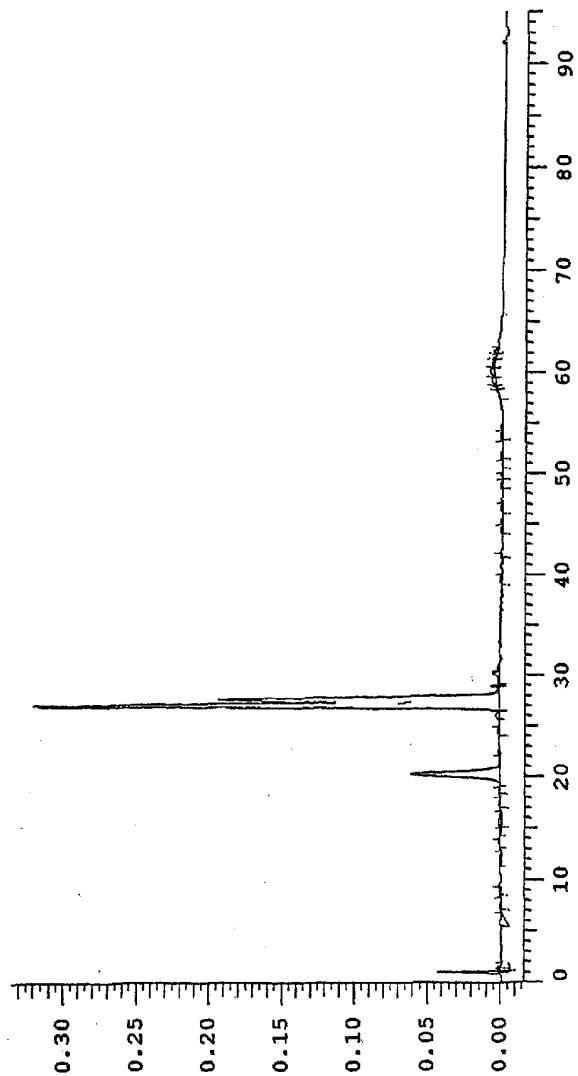


FIG. 11

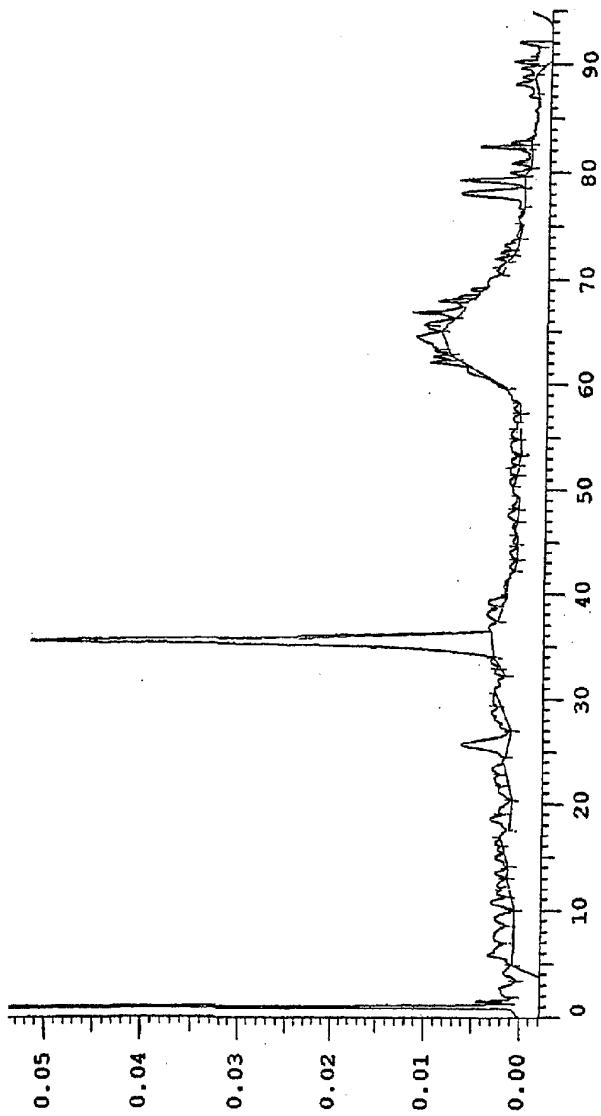


FIG. 12

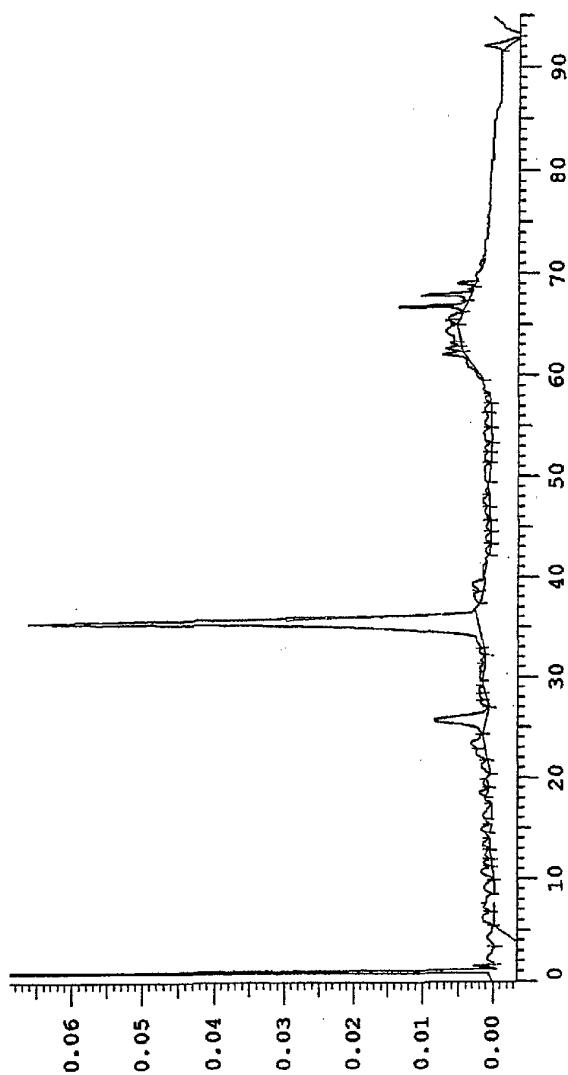


FIG. 13

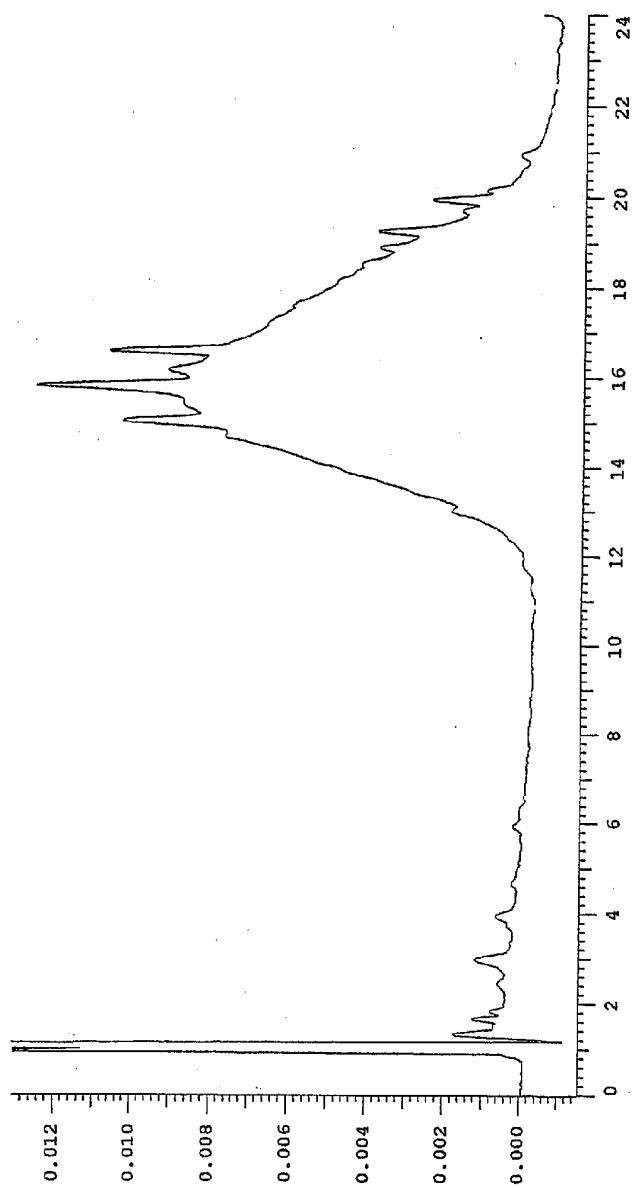


FIG. 14

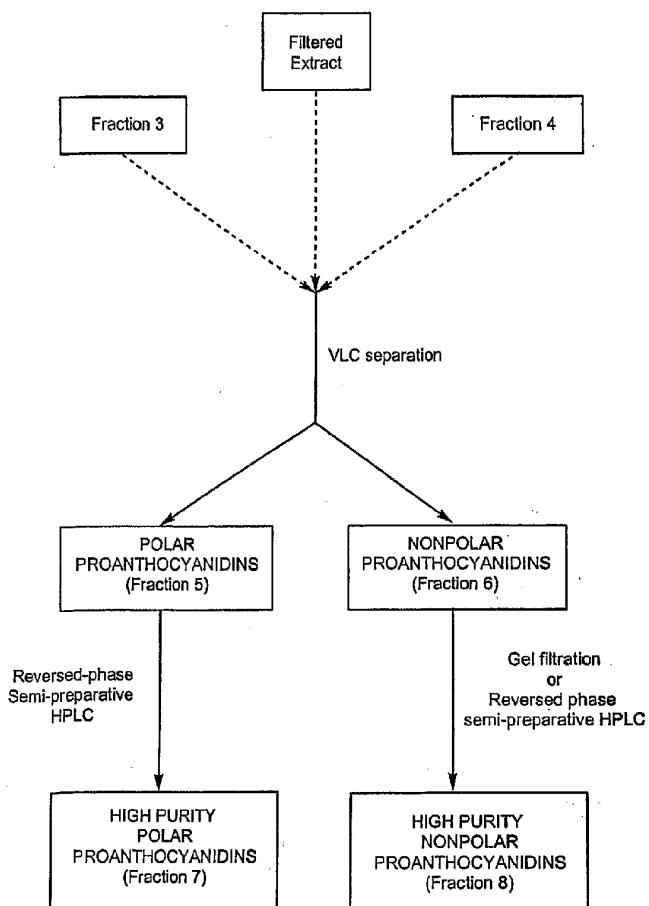


FIG. 15

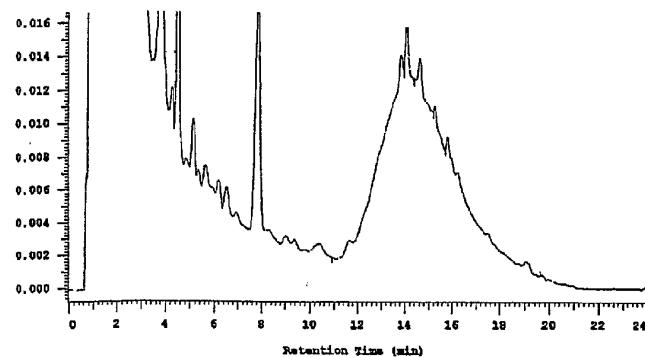
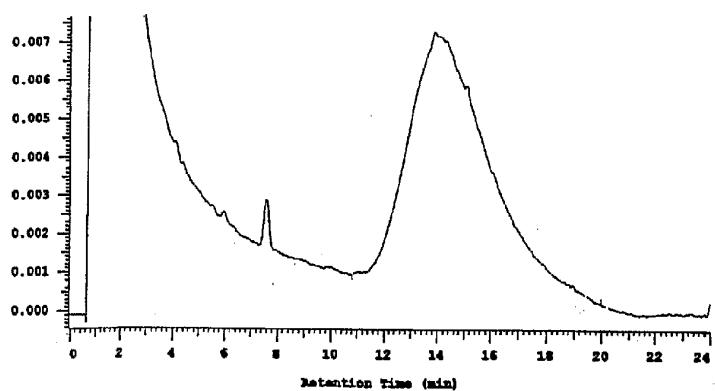
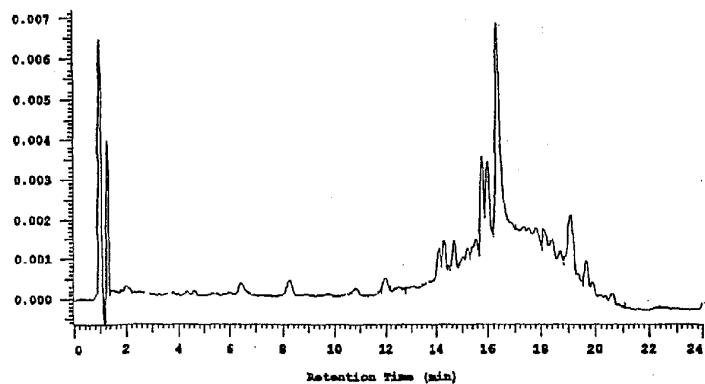
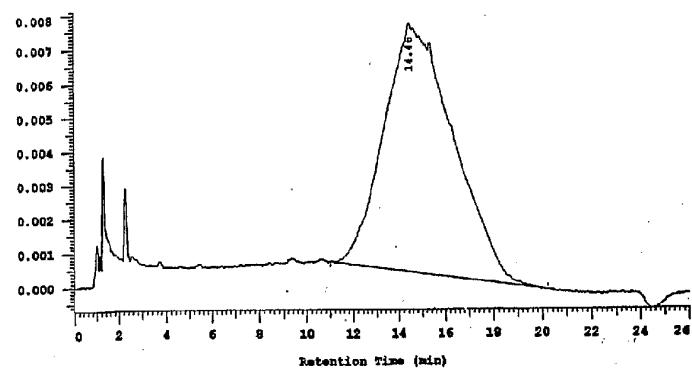
FIGURE 16**FIGURE 17**

FIGURE 18**FIGURE 19**

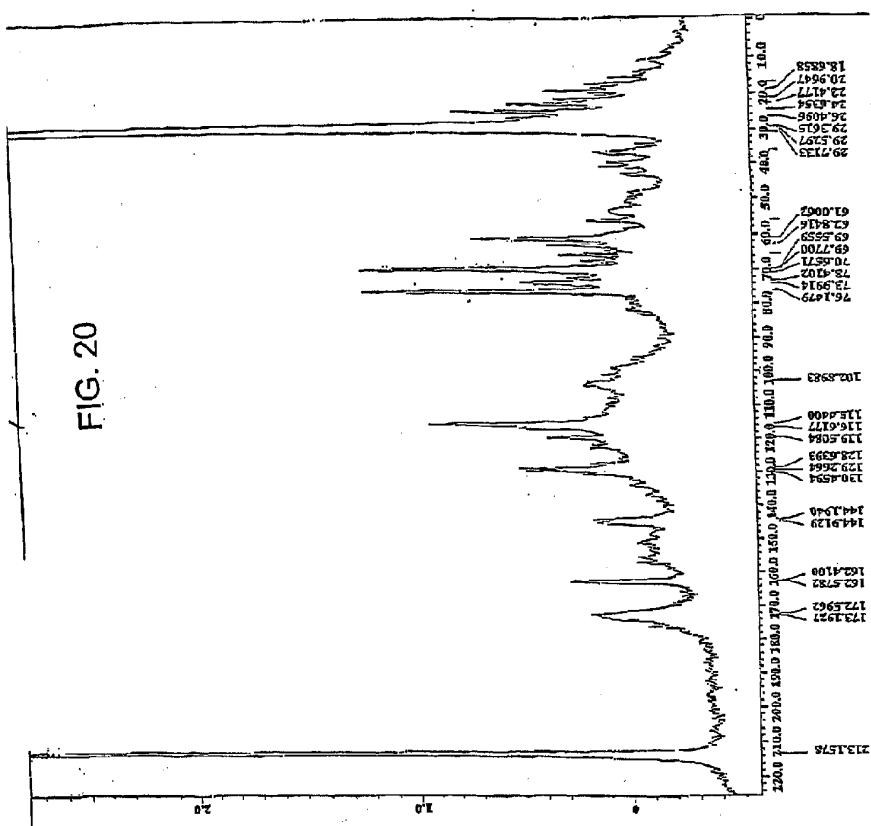


FIGURE 21

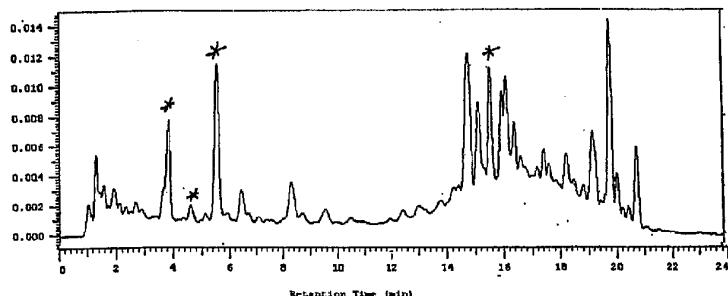


FIGURE 22

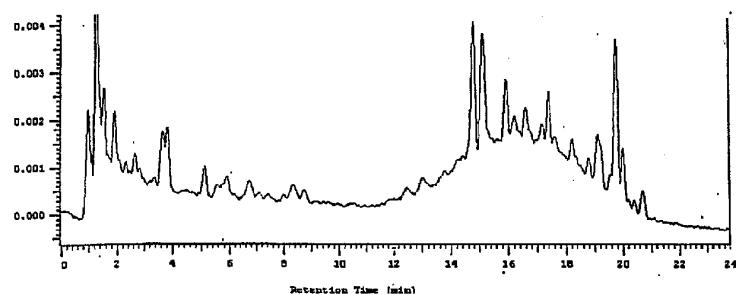


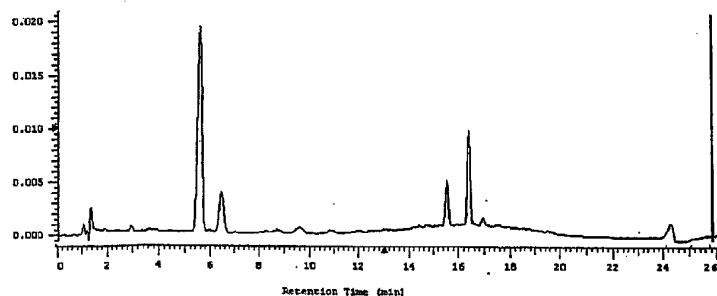
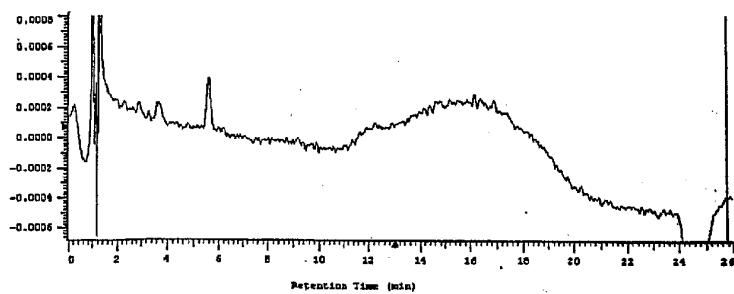
FIGURE 23**FIGURE 24**

FIG. 25

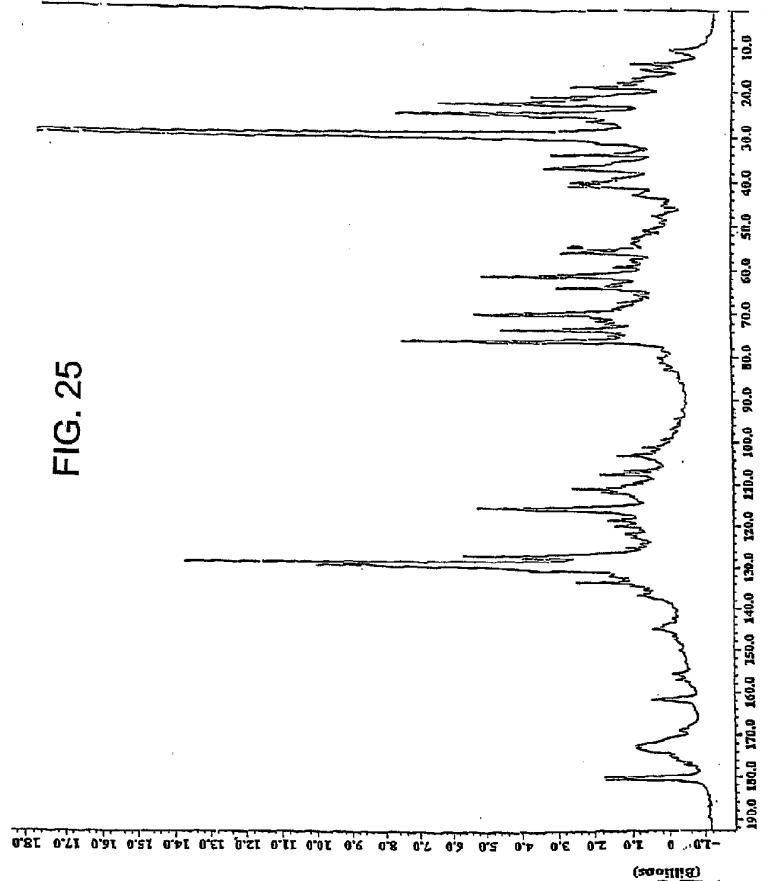


FIGURE 26

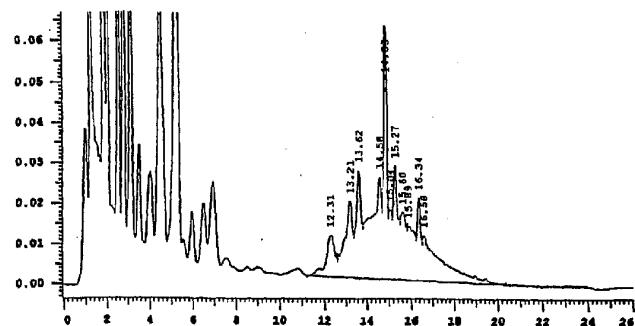


FIGURE 27

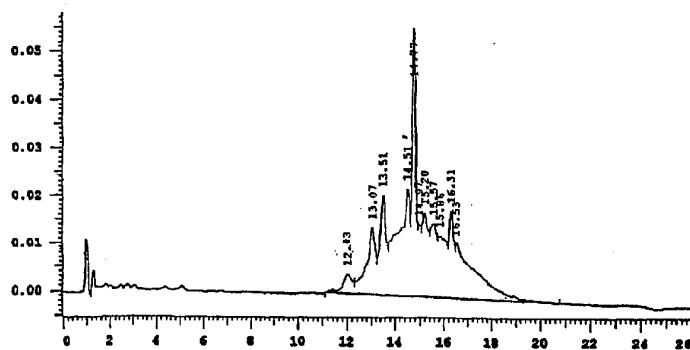


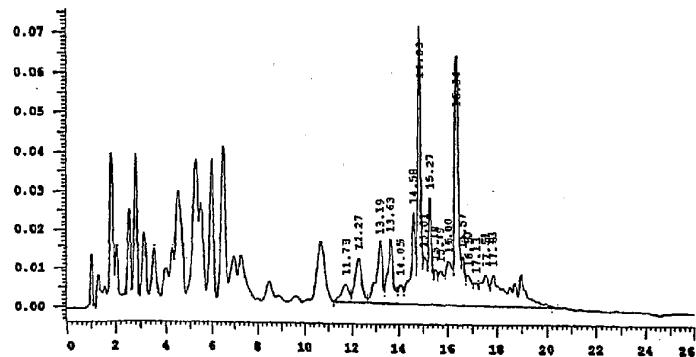
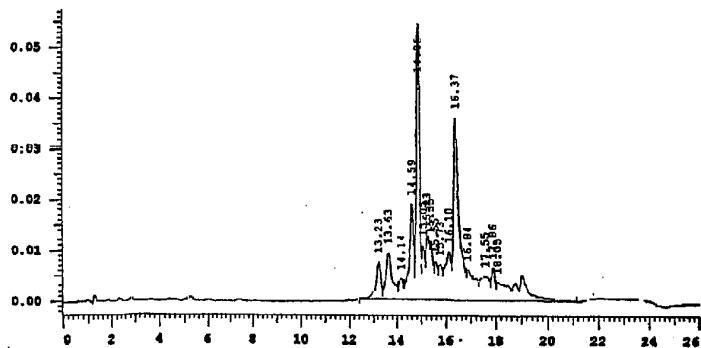
FIGURE 28**FIGURE 29**

FIGURE 30

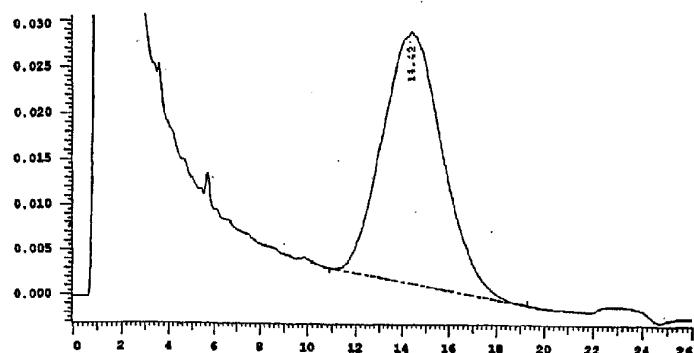


FIGURE 31

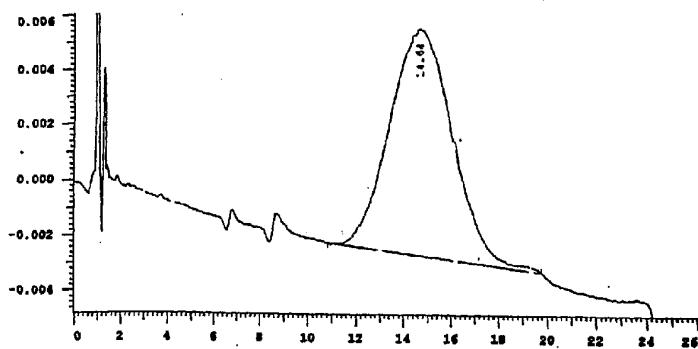


FIGURE 32

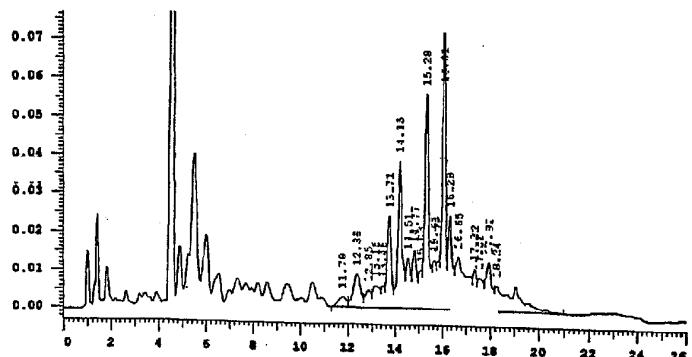


FIG. 33

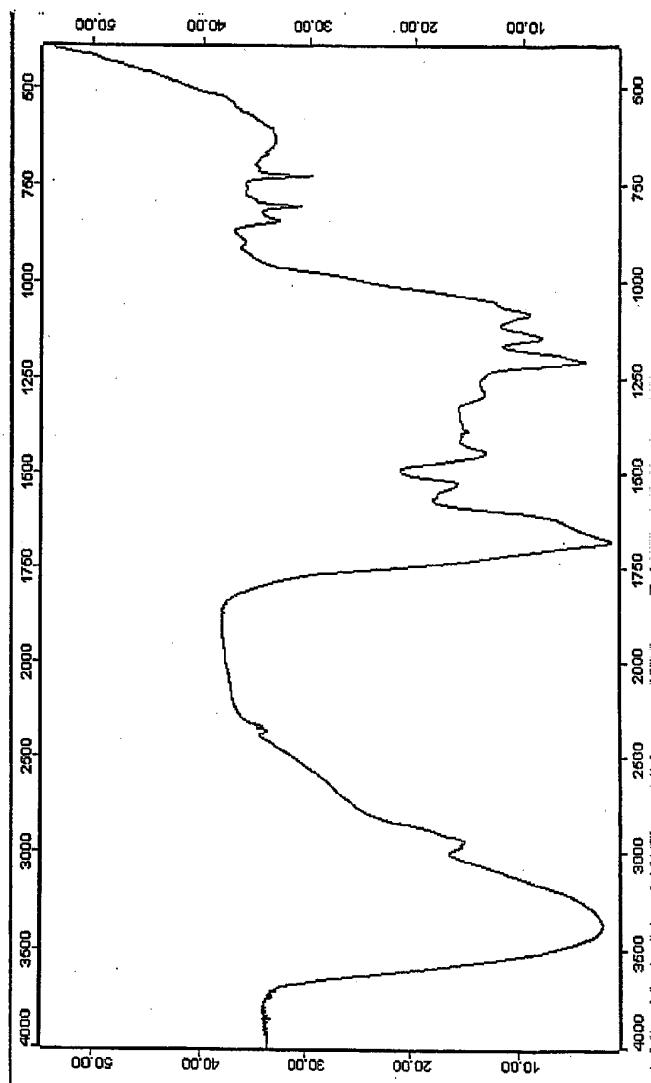


FIG. 34

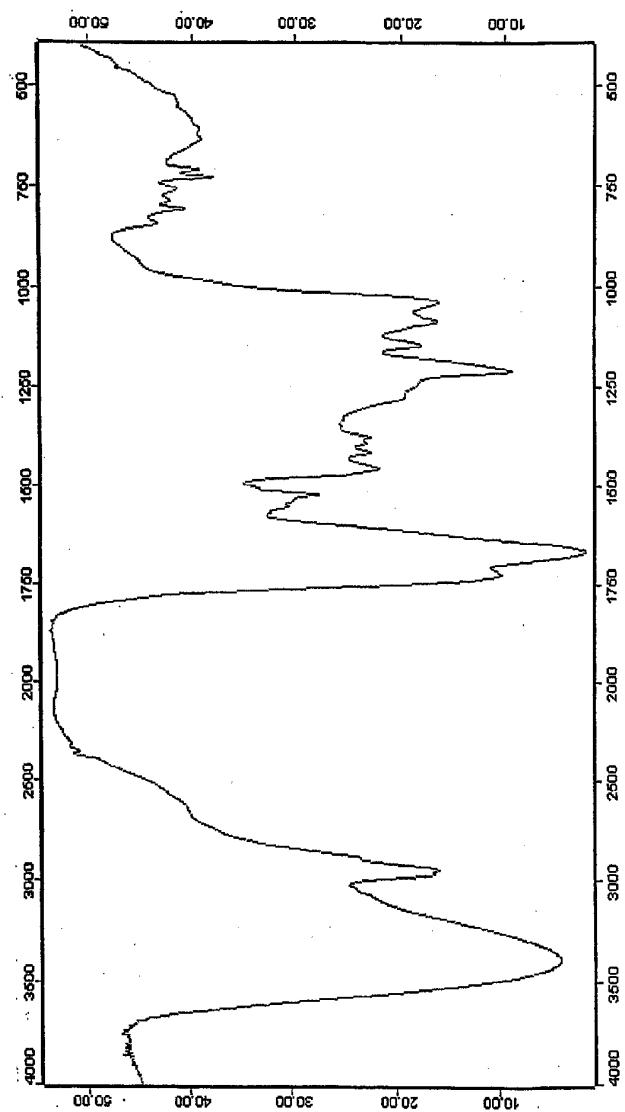


FIG.35

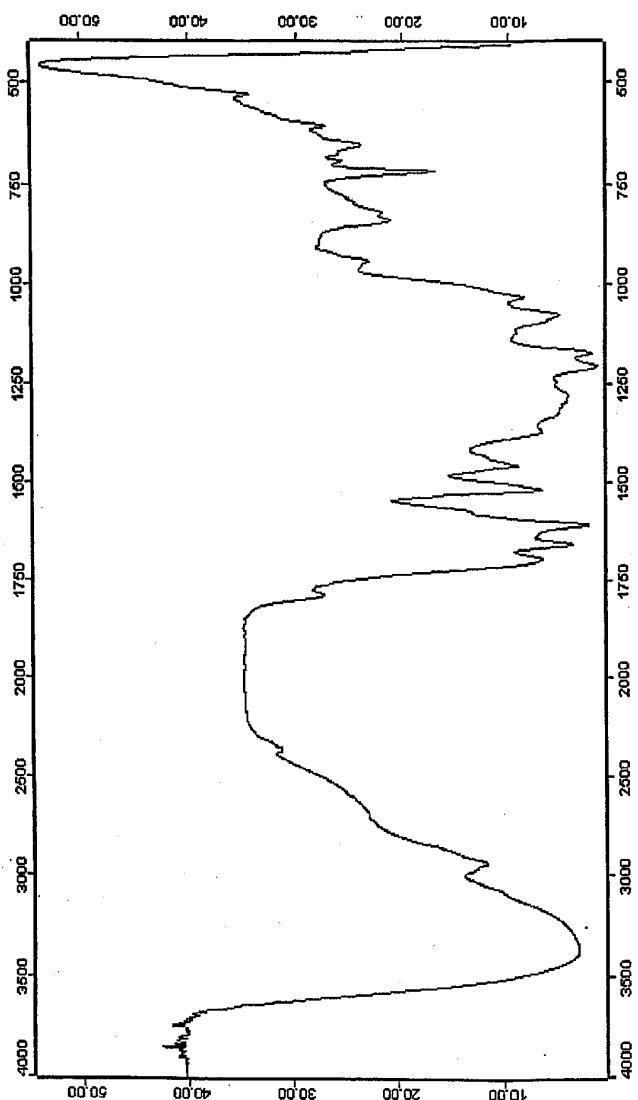


FIG.36

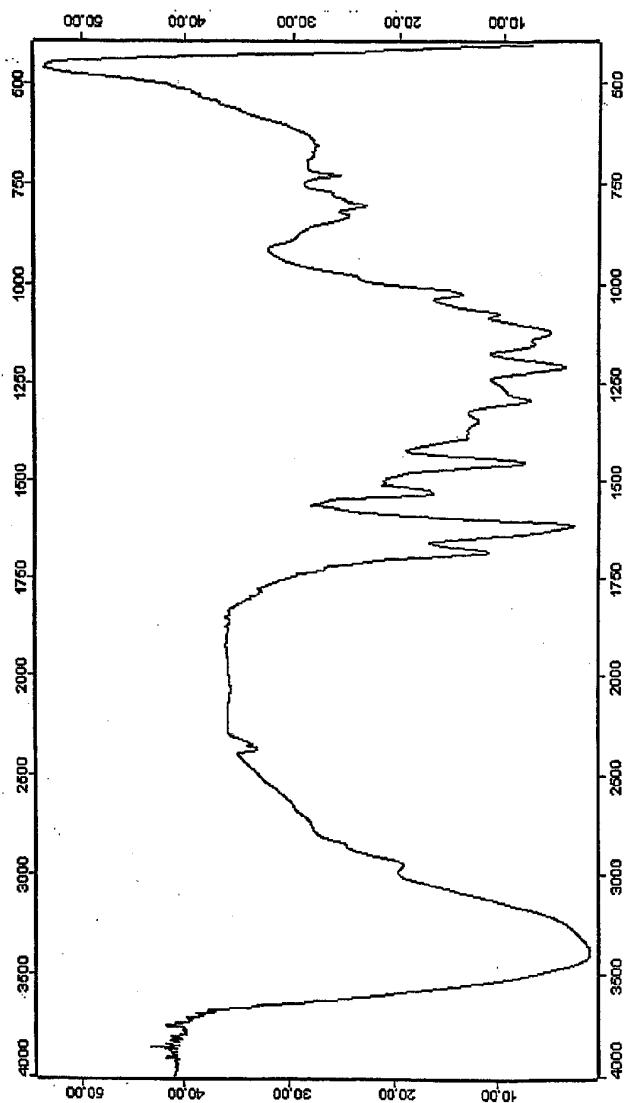
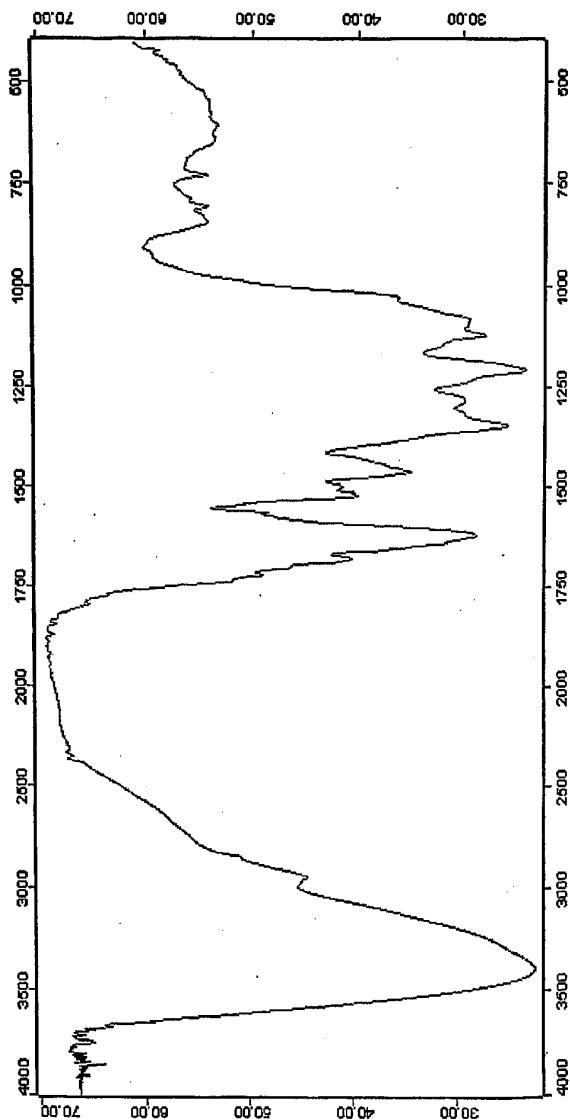


FIG.37



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FIG.38

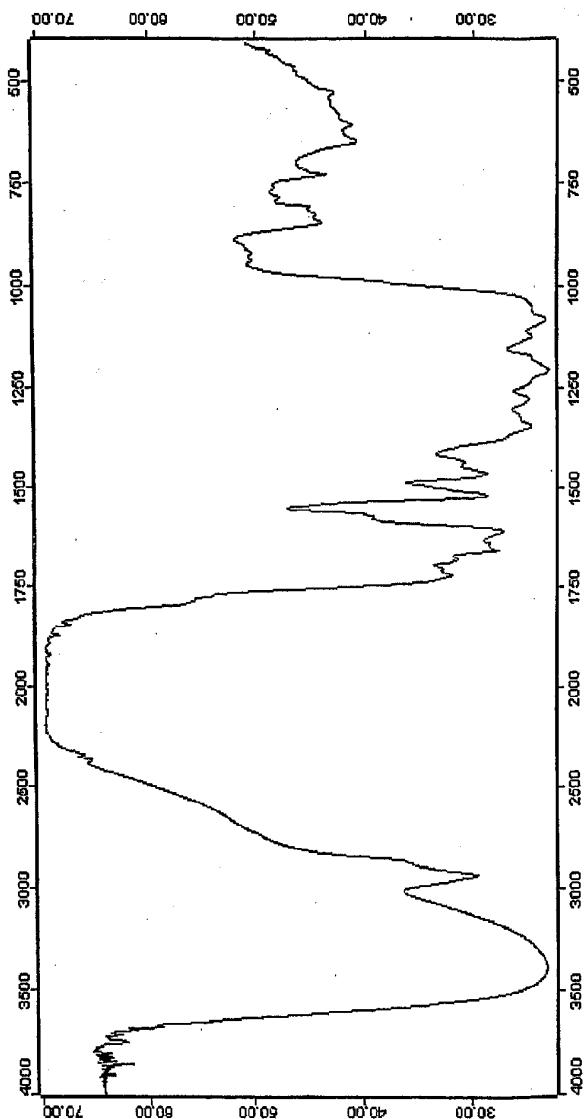


FIG.39

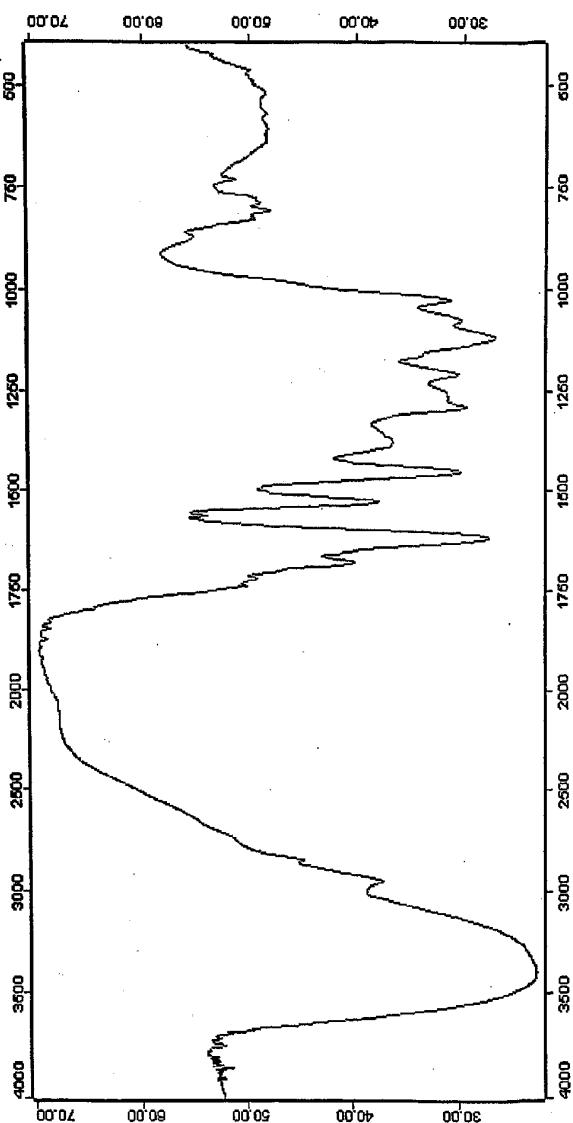
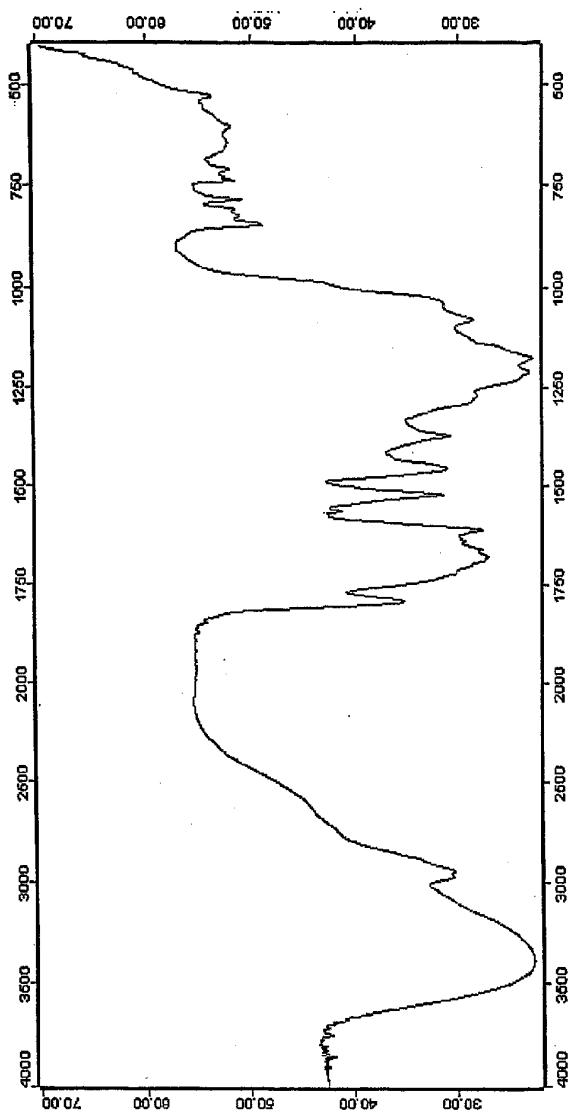


FIG.40



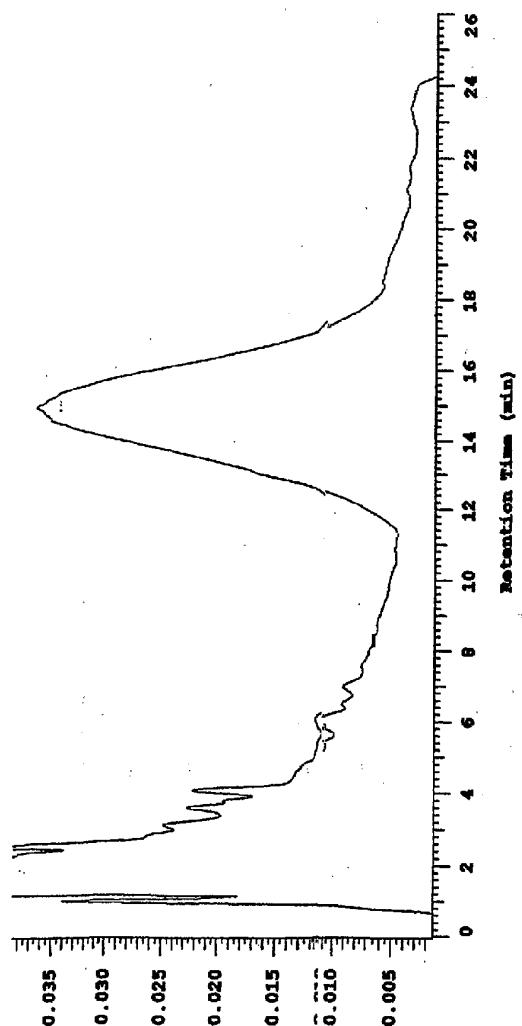


FIG. 41

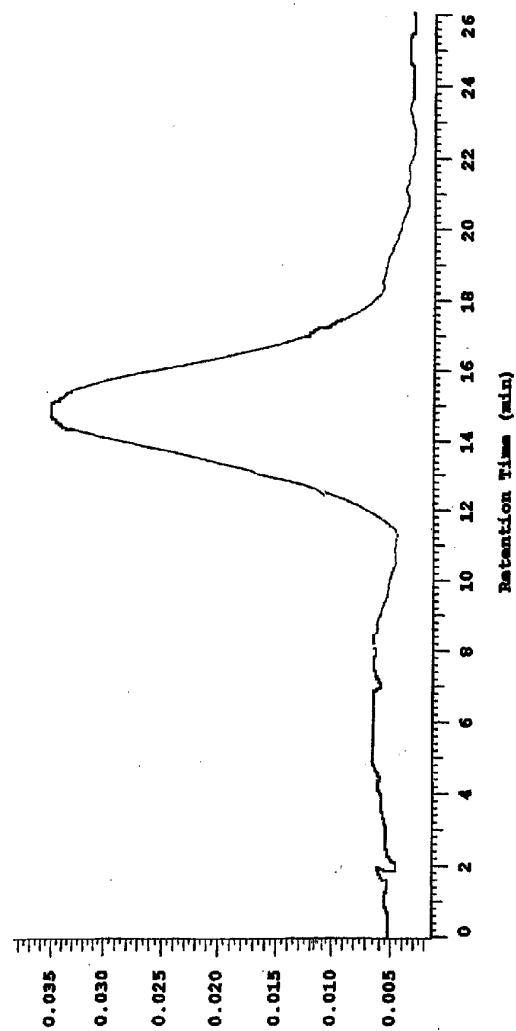


FIG. 42

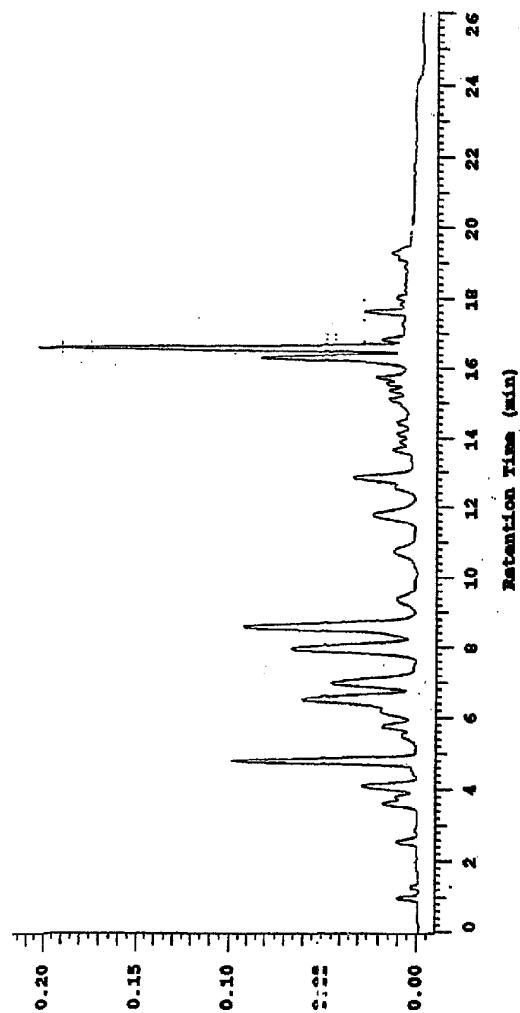


FIG. 43